

B-13 wins \$10,000 for Princeton Resident

Sharon Usher of Princeton won \$10,000 on a BONUS BINGO Scratch and Win lottery ticket.

Ushers explains, "I was watching TV when I scratched my ticket. All I needed for \$10,000 was B-13... it was the last number I scratched. I've never won anything on my own before, it was a nice surprise."

The news was shared with her husband, Arnie and many friends and relatives.

Plans for the windfall include purchasing a computer.

The lucky ticket was purchased at the Quick Pick Grocery in Princeton.

CRASH KILLS ONE, INJURES TWO MORE

Larry Allison was pronounced dead at the scene of a motor vehicle accident in Cawston on Saturday, March 14. Keremeos police were called to the crash site at the junction of Barcelo Road and Highway 3 at 3:25 p.m. Three men were found outside the vehicle.

Dean Terbasket of Hedley and Shaun Turcotte of Keremeos were taken by ambulance to Penticton Regional Hospital for treatment. Their injuries were not believed to be life-threatening.

Vandals hit news stand, car wash

On Sunday, March 15, at 8:00 a.m., police received a complaint that two young males were attempting to break into a news stand at the bus depot. They were unsuccessful, but damaged the stand. The males appeared to be late teens. One wore a dark hooded sweatshirt with a dark ball cap. They were seen driving a red hatchback.

An hour later, police received a report of vandalism at Willy's Car Wash on Bridge Street. Cash boxes were stolen. The same type of tool appears to have been used and police believe the two incidents may be related. Anyone having information related to these events, please contact Princeton RCMP or Crimestoppers.



The reconstruction of the collapsed area near Peterson Bluffs on the Tulameen Road is well under way. Above, Linda English flags traffic as Jim Thomas pushes road - building material to be loaded into dump trucks. Controlled traffic will continue until the project is complete.

Thomas predicts Trade Show success

Lyle Thomas, Chair of the Princeton Trade Show committee, predicts this year's show will be jam-packed and sold out.

"The secret of the success of this show is the professionalism," Thomas says.

Vancouver Display is a company dealing in trade show organization. For the past two local trade shows, Vancouver Display has set up the arena floor like a convention centre, and Thomas is pleased with their work.

This year, floor space will be organized to provide more corner booths. The stage will be in a dif-

ferent location, diagonally opposite the entrance.

"This is better for the exhibitors," Thomas says, "We want our show to be exhibitor-friendly."

Making exhibitors feel at home includes a courtesy cart service before and during the show, offering exhibitors coffee, juice, donuts and other snacks as they work their booths.

The Trade Show is a fundraiser for the Chamber of Commerce, and a rental for the arena, but it provides a forum for local busi-

nesses to present their products.

Chamber members pay a reduced fee for floor space. For members, the fee for a 10'X 10' booth is \$225, or \$250 for a corner, and a discount for multiple booths.

Non-members pay \$235 for an inside booth, \$260 for a corner booth, and receive a discount for multiple booths. Space outside the arena is available for \$110 per vendor, regardless of the space required.

The show provides 24 hour security service.

Potential trade show participants receive a package that tells about the show and promotes Princeton. Prior exhibitors will receive their packages first. A week later, packages go out to potential new participants.

The deadline for booking space is April 15. Anyone interested in participating in the trade show may obtain a package at the Chamber of Commerce office in Princeton, visit or call 295-3103, or fax 295-3255, or write to Box 540, Princeton, B.C. VOX 1W0.

Weather Watch

	High	Low	Precip
Mar 9	8.2	-5.2	
Mar 10	4.7	-5.6	
Mar 11	12.8	-1	
Mar 12	14.4	-2.8	
Mar 13	9.5	0.6	
Mar 14	13.4	-0.6	
Mar 15	12.5	0.1	
Wed	Cloud, sun low -1, high 12		
Thurs	Cloud, sun, low -2, hi 11		
Fri	Cloudy, low 0, high 12		
Mar 20	Sunrise-6:06 a.m.		
	Sunset: 6:15p.m.		
	Daylight equal to Sept. 23		

School District budget hike is a bonus

Nicola-Similkameen Board Chair Gordon Comeau says the new funding for education is a bonus.

Premier Glen Clark announced March 12 that education in B.C. would receive a \$93 per pupil increase in funding over last year.

"I think it's good news, a good news budget for education. As school boards, we've been pushing the point of view that when you have increased enrolment, inflation, and contractual obligation costs, you can't sustain the level of funding that was there before," Comeau stated.

While the news is good, it sounds better than it really is. Last year, the government allocation per pupil was cut \$43 per pupil. The



Gordon Comeau

\$93 increase makes up for the loss, with a little extra, but the district expects to lose further money on a special education grant as a result of amalgamation.

"We still anticipate some increase," Comeau says, "We shouldn't see any reduction in services, and there could be more flexibility."

The increase amounts to \$270,000, but the amalgamation reductions knock back the budget gain to \$180,000, not a big gain in a multi-million dollar school district budget.

Local Man Loves wood

Reg Linder loves the smell and feel of wood. He has done wood-working for 50 years and has gained some fame due to his clock with wooden gears, featured in B.C. Report Magazine in January.

Linder started building his first wooden clock six months ago. He has another started. The timing needs careful adjustment, as wooden gears do not work quite the same way as metal gears. Linder says he must adjust the clock regularly, and has been fine-tuning the clockworks.

Linder knows of only one other person who makes clocks with wooden gears, an American man who lives in the midwest.

Annual Fair set for April

Education is the goal of the 47th Family Fair. The annual fair raises bursary money for Princeton Secondary School graduates who plan to continue their education.

The Family Fair is a community event, a huge flea market featuring games, bake sales, white elephant tables, plant sales, books, and recordings. Students sell hot dogs, popcorn, drinks, and goodies in a tea in the cafeteria.

There will be a baking contest in the schools, and the products will be sold at the bake table. A Mystery Table offers prizes in sealed bottles.

Sometimes there is money bread (bread baked with money in it) if volunteer bakers can be found.

Convenor Lynn Willis says, "In the past, we have had wonderful support from community members who no longer have students in the schools."

Willis is referring to numerous people who volunteer to set up tables, sort goods, pick up goods for delivery to the school, and who act as salespeople during the fair.

The fair begins in PSS gym at 1:00 p.m., Thursday, April 30, and goes on until 4:00 p.m.

For the fifth year, the Family Fair will feature a "Taste of Princeton" raffle. The winner receives gift certificates to most of the eating establishments in Princeton.

Games for youngsters include a "cake walk", which is something like musical chairs. Winners receive a cake! Other games are geared to elementary and intermediate age groups.

There is one item not sold at the Family Fair: old clothes. All other items people wish to donate will be gladly accepted.

Anyone wishing to volunteer their help for the fair may contact Lynn Willis, evenings, 295-7345.



Reg Linder displays some of his woodwork, a shelf and a clock with wooden gears on display at Happy Crafters.

Honour Roll Riverside Intermediate School

Congratulations go out to Honour Roll students at Riverside Intermediate School. In order to achieve an honour roll standing, students must achieve a B average standing in the core academic subjects.

The following students who have achieved this term's honour roll status have shown great attitude and work ethic:

GRADE SIX

Keith MacWhirter, Luke O'Connor, Jillian Pelly, Keri Petschl, Matthew Rykers, Chris Stewart, Jared Tarswell, Ricki Weissbach, Jennifer Barth, Nicole Bertrand, Monica Burnstad, Katie Howarth, Jonathan Howe, Sheila Lam, Marco Mladenovic, Aimie

Sommerfeld, Chantelle Vermette, Lynn Smart, Kailee Smith, Amber Thomas, Christine Small, Tiffany Tessier, Chris Morphy, George Allen, Becky Howarth, Jacob Gibson, Dana Luchsinger, Sarah Banks, Stephanie Andrews, Noah Naylor, Cole Bicknell, and Ashlee Robbins.

GRADE SEVEN

Colby Huff, Jessica McLeod, Hunter Bond, Aaron Kavanaugh, Christopher Newman, David Pattison, Katie Pattison, Nykayla Stevens, Clayton Vermette, Ryan Brewer, Zach Brown, Anna Joyner, Stacey Lay, Kaili Smart, Manny Stewart, Chrissy Witt, Cynthia Ogrinc, Talia Tillotson, and Rikki-Lee Tremblay.

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Paris comes to Princeton

The fashion runways in Paris have discovered the beauty of the "western" look. Fashions for spring and summer in Paris will include cowboy shirts and jeans. The designers in New Mexico and Arizona anticipate making more money this year as demand for their products soars.

Most of the New York designers have gone for the slim, simple styles of the 1970s, although one New York designer has identified the Paris trend with a cowboy shirt styled dress.

In the real west, designers like the tiered skirt of broomstick cotton, in southwest colours such as sand, straw, stone, ochre, and rust, as well as Aztec colours: pure reds, purples, yellows, indigo, and every shade of orange.

Both Paris and the real west like the yoke shirt, but Paris has discovered fringes, silver jewelry, and all of the traditional decorative touches that make western fashion so interesting.

In our little corner of the world, we can say world fashion has finally caught up with us. As the Europeans go western, we can enjoy the idea of high fashion on the jeans scene.

Cowboy fashion has always been exciting, colourful, and comfortable. The appeal of western fashion is its durability. Western wear grew out of the need for common sense clothing that looks good but is practical, durable and meant to be worn to work in any weather.

With Princeton Rodeo Club promoting a "western pride" week in May, perhaps we will see some real western pride in the high fashion look out of Paris.

School Trustees hear Proposal

Connor Clarke, a retired teacher working on behalf of Gold Trail School District, presented a new concept to school trustees on March 12. Clarke has been working on the idea of mobile learning laboratories for small secondary schools. The mobile labs could be used at one school one part of the year, then go on to another school.

The goal is to equalize opportunities for students in schools where course choices are limited.

"We cannot have equality of opportunity in schools in B.C.," Clarke said, "Big city schools have an advantage."

To do a feasibility study would require \$20,000. Clarke hoped to raise \$5,000 from each of four school districts.

Trustees did not give an immediate response, saying they would prefer to study the proposal, have their questions discussed, and give it further consideration.



The latest look from Paris, France, can be found throughout the West. Locally it can be found at Southern Ridge Trading Company. Karen Beaupre (Left) and Charlene Ferguson model outfits that would be the envy of women in Europe.

Gala promises elegance

An evening of elegance is in store for Princeton and district residents on April 25 when the Princeton General Hospital and Ridgewood Lodge Foundation presents its second annual Spring Gala.

Refreshments will be served, Dave and Lol Anderson will be making a return engagement; this year working their magic with hors d'oeuvres to delight every palate.

During the evening, donations from local artists, businesses, and individuals will be auctioned, with proceeds going to the

Foundation. Donations for the auction will be most gratefully accepted at the Princeton Community Skills Centre, 206 Vermilion Avenue, or by telephone to Kim Fraser-Beswick at 295-3467, Jaymie Atkinson at 295-6800, or Sandy Spring at 295-7104.

Tickets, at \$50.00 per person, go on sale March 25 and can be purchased at Larry Stevens Notary Public office, 195 Bridge Street.

The "Spring Gala" commences at 6:00 p.m. at the Legion Hall, 170 Bridge Street. Dress is "black tie" optional. Why not attend an evening to remember.

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Historic building ages gracefully

Located next to the Court House, the mine rescue building was constructed as a storage place for mine rescue equipment, a place to train mine rescue crews, and a location for information on local mines. It was built in the 1920's, and had a long, busy career right into the 1950's.

As mines closed, and the nature of mining changed, the old mine rescue crews were not needed.

The building fell into disuse.

Boy Scouts, Cubs, and Air Cadets soon found a use for the building as a meeting place.

The provincial government owned the building, but spent almost nothing on maintenance. The floors were sturdy, but were of oiled wood. The structure was strong, but paint peeled, plumbing did not work well, and deterioration continued.

In 1974, the building became The Activity Centre, under a Local Initiatives Program. Volunteer labour and donated furniture, as

well as a small grant, turned the building into a more attractive, more usable space.

In December, 1974, Princeton and District Community Services Society was chartered to continue

the work begun on the grant. The building was further improved to include a kitchen, and Meals on Wheels were prepared from that facility. Money came from bazaars, craft sales, contract bak-

ing, and catering. The building was a training centre for developmentally impaired adults. Eventually, Community Services bought the old mine rescue building from the government.

During the 1980's, The Achievement Centre operated as a restaurant, and further renovations turned it into the Mini-Chef, Home of the Magic Muffins. The workers in the Mini-Chef became the fond friends of habitual customers.

The renovations included construction of a patio porch under a shade tree, and a quiet dining room adjacent to the patio, along with a conference room for the staff.

The workers in the Mini-Chef were becoming tired. The Society decided the time had come to retire them, and the restaurant

which had been their training ground, their activity, and their achievement. The Mini-Chef closed its doors on May 31, 1997.

Dave and Lol Anderson saw possibilities for the restaurant. They leased it from Community Services and operated it as it was until January, when they closed the doors and began renovations.

The latest round of renovations removed the wall between the dining room and the staff room, making the dining room much larger. A fireplace has been installed in the dining room and the kitchen has been streamlined.

The old mine rescue building is the new Belaire Restaurant. In many ways, the old building is like most people of that age: it has seen a lot, lived through some tough times, but came through looking good.



The original Mine Rescue Building was constructed during the 1920s to provide storage for first-aid equipment used in mine accidents and as a training site for the development of mine rescue skills. The persons in this photo have not been identified.



The historic mine rescue building on Vermilion Avenue has gone through many changes and has become an attractive restaurant featuring a summer patio under a shade tree.



The old mine rescue building takes on a brand new look as the Bel Aire Restaurant converts the dining area to a larger, brighter atmosphere with renovations including a fireplace.



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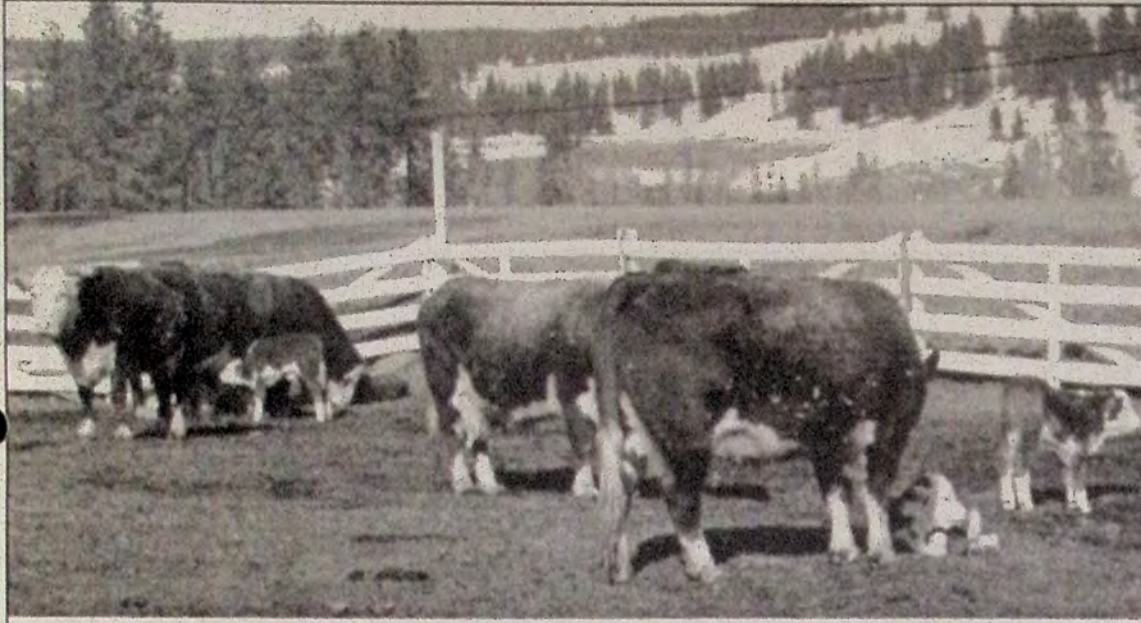
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The newborn calves are the first farm crop of the Similkameen Valley. A drive through the countryside in springtime presents hundreds of cute examples of the new crop.

Hospice volunteers meet

by Patti Harrower

The Princeton and District Hospice Society volunteers met Tuesday evening at the Sandman.

Hospice is an organization of volunteers, together with hospital staff, with the purpose of helping patients and their families cope with terminal illness.

The Hospice Society have decided to purchase a rack of information pamphlets describing what Hospice is and how the services can be accessed. The pamphlets will be kept at the hospital for use by family and patients with terminal illness as well as

anyone else interested in learning more about Hospice.

Hospice volunteers discussed acquiring videos relating to the impact death and impending death has on children and how parents can help children cope.

Anyone wishing to learn more about Hospice or is interested in volunteering is welcome to attend any meeting. There is a training session scheduled for next September.

The next scheduled meeting of the Princeton Hospice Society is 5:00 p.m. Tuesday, April 28th.

For women only:

The mobile breast screening unit will be in Princeton March 24, 25, 26 at the Town Hall parking lot. Women age 40-49 should have a yearly mammogram, while women age 50-59 should be screened every 2 years. All women in these age groups are eligible if they: live in B.C., have no obvious breast problem, have not had breast cancer, do not have breast implants, and are not pregnant or breast feeding. For your appointment, call 1-800-663-9203.

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POINTS OF VIEW

OUR VIEW

What happened?

Anyone over age fifty will remember a time when British Columbia was a "have not" province. Our lives could be measured in terms of what we did not have. We did not have paved roads, hospital and medical insurance, central schools, good wages, water and sewer service, garbage pick-up, and rural electrification. Most rural people did not have telephones.

During the 1950's, we changed. We went from a "have not" province to a "have" province. We built new roads and paved them. We built schools, municipal infrastructure, set up a health care system with medical insurance, our pay scale increased, and rural people began to enjoy electrical power. Rural people were able to hook up to telephone service. We built dams to produce more electrical power. We lived in a booming economy.

We became a "have" province. We had so much that we had to fork over tax dollars to other provinces for "equalization".

The people who are the "experts" told us we must stop being resource-based "hewers of wood and drawers of water". We had to be better-educated and work in jobs where education is important. Other experts told us we had to stop doing megaprojects like dams. Union people told us we were underpaid, and we had strikes, known as "job action" (why do we not call them "job inaction"?). Other experts said we have too many government employees, and the government began contracting out "for greater efficiency" (meaning we would save money).

All this advice went to our heads, and we took a pro-active approach. We did everything the experts said we ought to do. Look at us now.

We cannot have more, and we may have to have less. As we approach the 21st century, it seems we had our cake, ate it, and forgot how to bake another.



YOUR VIEW

Doctor's wife talks back on doctor issues

Dear Editor;
"What is the Real Rural Doctor Issue?". Fourteen years of extensive and intimate observation persuade me that the real issues are extreme physician exhaustion and an unrelenting system that has entirely failed our medical practitioners and ultimately will fail our community.

Nostalgia for the old rural practitioner will neither address today's realities nor help us work together for tomorrow's solutions. The idealized view of the 'old time country doctor' fails to reflect our uncomfortable irony: those very physicians who committed a lifetime of service to the health care of our community, too often, in the process, were deprived of their personal health and well-being.

Today, rural practitioners have the added pressures of a colossal amount of paperwork, ever present threats of litigation, and the rapidly advancing frontiers of medical knowledge, which require constant study and upgrading.

I share, whole-heartedly, your deep respect for the dedicated team of individuals who work together in providing Princeton's health care and other essential services. You intimate that doctors do not realize that they are part of a team. In fact, nobody knows this better than doctors do! Without the support of skillful nurses, ambulance crews, and other ancillary helpers, doctors could not succeed in their hospi-

tal work. But, this skillful and indispensable support team have rules which regulate their hours, as do various other members of our community. When driving along the Hope-Princeton, no one wants to meet a truck driver

who has exceeded his legally limited hours! No one wants to be flown across the Atlantic by a pilot suffering from sleep deprivation! Yet, in Princeton, one may have to be treated for a heart attack Continued on Page 7.....

Electoral system needs reform

Dear Editor;

It is almost past time we reformed our electoral system in Canada, so our future governments will always represent the will of the majority of the people, not necessarily that of the political party holding the majority of the seats in the House of Commons.

It can be accomplished with the single alternative ballot. Under our present system we have international finance manoeuvring our elections and ruling our country, with their foreign investments.

As a result, we have no debt-free Canadian money employing our people. Instead, we have tremendous unemployment, a large increase in crime, excessive taxation, hunger-driven immortality and dope in our municipalities, etc. etc. etc.

Our blind but wealthy leaders are conspiring in lavish international meetings trying to find remedies to our bitter economic troubles.

In my opinion, the solution is creating, evaluating, owning and distributing our domestic money and using it at home.

The purpose of foreign trade is not to create local or foreign mil-

lionaires but to satisfy human needs. Local employment and industry will do a better job and will not leave the nation in debt to any other country.

There is no doubt we are giving away our sovereignty in United Nations meetings, in multilateral agreements on investments, world bank meetings, foreign trade seminars, etc.

It grieves me to see us giving away our national authority to these monopolistic international pirates.

The internationally owned liberal and conservative political parties perfected world monopoly when they gave away our parliament's power to create and control the nation's money supply to private interests in 1913. We have been living in repeated fluctuations of economic poverty and war ever since.

Yours respectfully,
Roy Thomas

Sure signs of spring

Western Meadowlarks are back, and so are Western Bluebirds. Naturalist Jerry Herzig spotted them last week. The gaggle of local Canada geese arrived on the weekend. Spring is springing.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense.

The Editor reserves the right to condense any letter or to substitute inappropriate language.

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Doctor's wife talks back

attack by a doctor who is doing his third night on call and has been working every day in between! Heavy weekends on call, followed by busy offices and continued hospital care, on a daily basis, wears down even the strongest person. It is inhumane to expect anyone to carry this burden year in, year out.

Dawn, you liken your own "on call" to that of a busy rural practitioner. I sympathize with you. As a mother of five, grandmother of six, full-time teacher and youth group co-ordinator, I know what it is to be busy and always on call. It is hard, very hard and very wearing. However, I also know that this type of "on call" cannot be compared to that of a rural practitioner. They are called out to terminally ill patients; to mangled bodies; to violently psychotic patients; to abusive drunks and to young people attempting self-annihilation with drugs, etc.!

All of these traumas can occur during one night on call! This type of on-call responsibility is in a realm of its own, and creates its own unique exhaustion!

The Similkameen News Leader printout of the government document entitled "Help for Rural Doctors" may help doctors in the future. It does, however, fail to resolve the present crisis. Despite your wistful hopes, Dawn, adequately trained doctors (young or otherwise), do not appear to want to come to Princeton. The advent of walk-in clinics where many doctors can earn the same money, without the stress and exhaustion of on-call/the trauma of emergency medicine, appears to be taking away young applicants.

Competition among rural practices for young applicants is fierce. Almost every rural community is trying to find new doc-

Continued from Page 6

tors. Many doctors are leaving, or are about to leave, rural practice because the lifestyle is so hard.

What is needed is adequate provision for reasonable on-call duty, study leave and holidays. If more money is needed to create a fair differential between walk-in clinics and rural practice, then so be it. We are not a dictatorship. We have to attract, not commandeer, doctors into Princeton.

Dawn, you ask whether young doctors have been told of the benefits of rural practice. The answer is that enormous amounts of time and money have been put into advertising, introducing new doctors to the community and taking in student doctors for training. To all these individuals the virtues of rural medicine are extolled: the satisfaction of practicing a very demanding and complete form of medicine; the self-fulfillment of trying to be a true healer; and as you point out Dawn, the feeling that the enormous personal sacrifices which are made are truly appreciated by the community.

Young doctors need further convincing to relocate to Princeton. Perhaps rural practice opportunities that address the health and well-being of its rural physicians might be a more attractive proposition. Such a solution would ultimately secure better care for us all.

Yours truly,
Sylvia Adams

(Editor's note: Thank you, Sylvia, for making the issue abundantly clear. All of us need to learn more about what is really happening here.)

Doctor says our hospital could be the best rural hospital in B.C. 'if'...

Dear Editor;

I would like to make it clear that my stance on the standards of care at Princeton General Hospital are not a personal attack on anyone. I have been very proud to make Princeton my home. I have great respect for the nurses at our local hospital and for all they have to endure under their present working conditions. All the staff at Princeton General Hospital are dedicated, caring and long suffering. I am extremely grateful to our community for giving so much in the way of personal time, equipment and money to the hospital (without these generous donations the situation at the hospital would be much worse!).

I firmly believe that if you are faced with entering our hospital having been involved in a motor vehicle accident, are pregnant or requiring surgery, the staff attending you (including doctors) should have the same level of training and skills as those in urban centres, e.g. Kelowna.

If you enter Kelowna General Hospital, the physicians and nurses who assist you are required to be trained in Advanced Cardiac and Trauma Life Support (neonatal resuscitative medicine and other courses where applicable). At Princeton General Hospital, the nurses who assist you are only required to have basic level C.P.R. and the doctors are not required to have any upgrades to their basic education.

This is no fault of the nurses or doctors of Princeton. In Kelowna, the hospital requires, organizes, and pays for these courses. Is money the problem in Princeton? If so, why did the Princeton Hospital Administration recently spend \$50,000 on a management course?

Time constraints and exhaustion are obviously factors when it

comes to studying and under the present working conditions neither doctors or nurses could be expected to be able to achieve necessary training. This does not mean that we shouldn't demand that our work load is lightened to ensure that our hospital staff have time to acquire essential skills.

Princeton General Hospital has the potential to become the best rural hospital in B.C. or it can fade into obscurity. The administration have active plans to cut our acute beds by 20% which in practice means that, when busy, you or your loved ones will end up in beds in the corridors, visitors' room or emergency room with commodes but no washrooms. Our hospital has, to date, escaped this fate, but it is about to become reality!

We cannot allow exhaustion, complacency and apathy to overwhelm us!

Yours sincerely,
Dr. John M. Adams

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We live in a "Stroke Zone"

Princeton is situated in an area called, by some medical researchers, a "stroke" zone. The name means there is an excessive number of strokes among long-time residents of the area, but to researchers, the name means a lack of selenium in the soil.

Princeton is in a geological area called 'the copper triangle' due to the high concentration of copper in the area. There is no selenium in usable form in the soil, and the presence of copper makes the situation worse, as copper prevents the beneficial action of selenium.

Since 1973, when Dr. John Rotruck of the University of Wisconsin discovered how selenium works in the body, more research has been done on the effects of selenium deficiency.

Locally, selenium is used as a supplement in block salt for live-

stock, to keep cattle strong and healthy. Selenium is considered especially helpful to livestock during the birth process, as lack of selenium contributes to muscle weakness. Animal research has also indicated lack of selenium in pregnant livestock contributes to poor immune systems in their offspring. Ranchers know selenium is essential for a healthy herd.

In the 'stroke' zones of the world, such as the Carolinas and Georgia in the United States, Zaire in Africa, and one of the central provinces of China, heart disease and strokes are a common cause of death or disability.

Selenium-rich soils seem to offer more than healthy hearts. Rapid City, South Dakota, has the lowest overall cancer death rate in the United States, and it has one of the highest levels of selenium in the soil. Is this coincidence? Not likely, as selenium is a trace element in water that seeps through the soil.

Selenium prevents the body from transforming LDL cholesterol into a more harmful substance in the arteries. It also protects

against the damaging oxidizing effects of copper, which hastens the change of LDL into harmful fats. In combination with vitamin E, the benefits are three times greater than with selenium alone.

Selenium has been used successfully to prevent arthritic inflammation, to treat hypothyroidism, fibrocystic breast disease.

Researchers at the University of Georgia, U.S.A., are exploring the link between the strong HIV1 and Ebola fever viruses and a lack of selenium in Zaire, where these diseases kill quickly. They speculate that Zaire may be a virus 'hot zone' because of the low levels of selenium. Researcher E. Will Taylor believes that when a virus exhausts the selenium in a cell, it breaks out to feed on another cell. He feels availability of dietary selenium may account for why some people can live a long time with HIV and others die rapidly.

Living in a selenium-poor area poses certain health hazards of which we were unaware 25 years ago. However, dietary supplements of selenium are readily available and inexpensive.

Looking Back

by Leona Brewer

Wednesday, February 20, was a day of reflection as we made our way to St. Patrick's Church to bid our farewell to Agnes Catherine (Rice) Bourque.

Agnes was born in Princeton on March 19, 1917. She was the daughter of Euphemia and Ernest Rice.

Being the eldest child, Agnes was given a lot of responsibility. She learned the art of milking cows, feeding cattle, helping collect eggs, weeding the garden, cooking, and housekeeping. To most young people today, it would seem she was an abused child, but these chores were to prepare her for the future.

A great deal of her schooling was by correspondence - another plus for Agnes. At age 16, one of her first positions was tutoring a couple of children in the Douglas Lake area.

Agnes married young. She took her vocation as a mother very seriously, and her sons, daughters, and grandchildren attribute to that.

Agnes was raised on a mixed farm in the serene Tulameen River valley. Agnes had a family of eight children, twenty-one grandchildren, thirteen great-grandchildren, and two great-great-grandchildren.

Besides raising her family, Agnes took a great interest in politics. She was proud of her heritage. She was a founding member of the Native Friendship Centre in Canada.

She had a deep faith, she loved music, and encouraged any young hopeful in his or her endeavours.

To quote Agnes: "Every life is a bucket, and we each fill ours with the treasures that life gives us. Mine are filled with tears of joy and pain, and although I willingly share my bucket of tears with you, I would not give up a single drop."



Darla Biagioni shows off certificate she was awarded on completion of her travel counsellor instructor training program.

Biagioni becomes teacher

Darla Biagioni, a travel counsellor at Princeton's Tourist Information Centre, has qualified as an instructor to teach others how to become travel counsellors. Biagioni attended a course held in Vancouver on March 6 and 7. The course was presented by Pacific Rim Institute of Tourism at the Simon Fraser University Downtown Campus.

Biagioni is now certified in B.C.

to teach those who have never worked in a Tourist Information Centre, and she is eligible for certification as a travel counsellor recognized across Canada. If she challenges the federal exam and passes, she will be certified to teach travel counselling anywhere in Canada. Biagioni has not decided whether she wants to challenge the exam.

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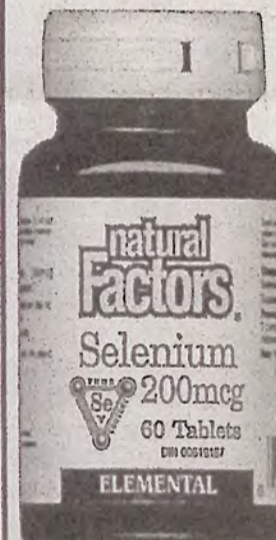
About the speaker: Rob Bruce has worked as a counselor since 1994, after pastoring for 11 years. He, his wife Ardella and three children live in Port Coquitlam.

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TUESDAY, MARCH 17, 1998

	WTBS (3)	CHBC (4)	KNOW (5)	WTVS (6)	WDIV (7)	WTOL (8)	A&E (9)	WXYZ (10)	BCTV (11)	CITY (12)	TLC (14)	YTV (18)	TSN (19)	CHCH (22)	DISC (24)	FOX (25)	FAM (26)	CITY (29)	WGN (32)
6 AM	Little House	(Off Air)	Open Learning	Sesame Street	Maury (R)	Medicine Woman	McCloud	Regis & Kaitlynn	(5:30) News	(5:00) News	Big Garage	Maya-Bee	Sportsdesk	The View	Bay, 2000	Love Boat	Busy World	Maury (R)	BugsDaffy
7 AM	Mama	Body	Dudley	Barney & Friends	Montel Williams	Little House		Martha	(7:10) Canada AM		Pappyland	Rupert	Sportsdesk	Rosie	Foodstuff	Paid Prog.	Chip-Dale	Cityline	PinkyBrain
8 AM	Hillbillies	Care Bears	Wishbone	Mr Rogers	Jenny	Price Is Right	Quincy	Gayle King	People's Court	David	Ghostbusters	Wishbone	Sportsdesk	O'Donnell	Homeworks	Computer	Katie-Orbie	Ziggy	Batman
9 AM	Matlock (In Stereo)	Robison	Fireman	Charlie	News	News	Northern Exposure	Regis & Kaitlynn	Dinner	Work In Progress	Hamster	Balloon	Off-Record	News	Discover-y.ca (R)	Judge Judy	Wonderland	News	Geraldo
10 AM	Movie: "The Quiet Man"	Street	Saluti	Sesame Street	Days of Our Lives	Restless	Law & Order	All My Children	Movie Show	Dave Rutherford	OnInside	Bananas	Flex Appeal	Neon Rider	House-smarti (R)	Martha	Busy World	Movie: "The Green Berets" (1968)	News (In Stereo)
11 AM	(1952, Drama) John Wayne.	Young-Restless	Earth	Couch	World	Turns	McCloud	One Life to Live	Coach	Movie Show	Intimate	Couch	Auto Racing: Australian Grand Prix	Turns	Foodstuff	Paid Prog.	Van Dyke	Orama John Wayne.	Empty Nest
12 PM	Looney Dreams	News	Can. Theatre	Sandiego	Jerry Springer (R)	Oprah Winfrey (R)		Oprah Winfrey (R)	Another World	General Hospital	Furniture	Tell-A-Tale	WWF Raw (R)	Real TV	Behaving Animi	Rangers	Ham Holden.	Cityline (R)	Beverly Hills, 90210
1 PM	Saved-Bell	WonderYr	Science	News	News	News	Quincy	News	Bold & Living	Mad-You	Home Again	Bugs	Hockey	Wings	Discover-y.ca	Simpsons	Aladdin	Friends	Fam. Mat.
2 PM	Fam. Mat.	Fam. Mat.	Connexions	Lehrer	NBC News	CBS News	Exposure	ABC News	Ent. Tonight	Home Imp.	News	News	Trauma: Mummies	Chavez vs. Gonzalez	Houseful of Survival	Kingdoms of Survival	American Comedy Awards	Flash	Deep Space
3 PM	Griffith	Rosie	Creatures	Business	Fortune	Fortune	Law & Order	ABC News	Ent. Tonight	Home Imp.	News	News	Trauma: Mummies	Chavez vs. Gonzalez	Houseful of Survival	Kingdoms of Survival	American Comedy Awards	Flash	Deep Space
4 PM	Griffith	O'Donnell	Jupiler	Riverdance: A Journey	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!	Jeopardy!
5 PM	(5:05) Movie:	News	French	French	(In Stereo)	Fraser	Public Eye	Michael Bolton: Live by Request	NYPD Blue	Fortune	Mad-You	Forces of Nature (R)	You Rule	Sportsdesk	News	Discover-y.ca (R)	Keenen Ivory	Gnome-Mobile	News (In Stereo)
6 PM	"Raiders of the Lost Ark"	Friends	Everest-Parties	Live From New York City	News	News	Law & Order	News	Spin City	NYPD Blue	NYPD Blue	NYPD Blue	NYPD Blue	NYPD Blue	NYPD Blue	NYPD Blue	NYPD Blue	NYPD Blue	NYPD Blue
7 PM	(1981) (7:35)	Extra	Mom	Dance (In Stereo)	(8:35) Tonight Show	(8:35) Late Show	Biography: Co.	Am.Journal	Just Shoot	3rd Rock	Forces of Nature (R)	You Rule	Sportsdesk	News	Discover-y.ca (R)	Keenen Ivory	Gnome-Mobile	News (In Stereo)	Honeyman
8 PM	"Wargames"	Venture	Steam	Dance (In Stereo)	(8:35) Tonight Show	(8:35) Late Show	Biography: Co.	Am.Journal	Just Shoot	3rd Rock	Forces of Nature (R)	You Rule	Sportsdesk	News	Discover-y.ca (R)	Keenen Ivory	Gnome-Mobile	News (In Stereo)	Honeyman
9 PM	Matthew Broderick.	Fifth Estate	Cars	Don Sergio	(9:37) Jenny	(9:37) Late Show	Biography: Co.	Am.Journal	Just Shoot	3rd Rock	Forces of Nature (R)	You Rule	Sportsdesk	News	Discover-y.ca (R)	Keenen Ivory	Gnome-Mobile	News (In Stereo)	Honeyman
10 PM	(9:55) Movie: "Carrie"	National/CBC News	Motorcycle	Riverdance: A Journey	Jones	Late Show	Michael Bolton: Live by Request	Ent. Tonight	News	News	News	News	News	News	News	News	News	News	News
11 PM	Sissy Spacek.	News	Mark and Image	Over Ireland	Night	America's Store	Michael Bolton: Live by Request	Ent. Tonight	News	News	News	News	News	News	News	News	News	News	News

TUESDAY
MARCH 17, 1998

10:00 am WTBS (3) **** "The Quiet Man" (1952, Drama) John Wayne. John Ford's classic about an Irish-American prizefighter's return to Ireland in search of peace.

CITY (2) *** "The Green Berets" (1968, Drama) John Wayne. A cynical anti-Vietnam War newsman travels on assignment to the front lines with a bold team of American commandos.

12:00 pm FAM (26) *** "Texas" (1941, Western) William Holden. A Confederate veteran refuses to let his former friend, now a wanted outlaw, rustle the cattle entrusted to his care.

1:30 pm YTV (18) ** "The Land Before Time II: The Great Valley Adventure" (1994, Adventure) Voices of Jeff Bennett. Animated. A young Tyrannosaurus rex wants to join baby brontosaurus Littlefoot and his buddies. (In Stereo)

5:00 pm WGN (32) ** "Firewalker" (1986, Adventure) Chuck Norris. Two soldiers of fortune head to Central America in search of a priceless Aztec treasure.

5:05 pm WTBS (3) **** "Raiders of the Lost Ark" (1981, Adventure) Harrison Ford. Globe-trotting archaeologist Indiana Jones races the Nazis for possession of a legendary religious artifact.

6:00 pm FAM (26) *** "Darby O'Gill and the Little People" (1959, Fantasy) Albert Sharpe. An old Irish caretaker captures the king of the leprechauns and forces him to grant three wishes.

CITY (2) ** 1/2 "Judge Dredd" (1995, Sci-

ence Fiction) Sylvester Stallone. A gun-toting dispenser of law and order faces a former nemesis intent on pushing their futuristic society into chaos.

7:30 pm FAM (26) *** "The Gnome-Mobile" (1967, Fantasy) Walter Brennan. Two children and their uncle get caught in a madcap race to save two forest gnomes and reunite them with their clan.

7:35 pm WTBS (3) *** "Wargames" (1983, Drama) Matthew Broderick. A teen computer whiz unwittingly challenges the Defense Department's war-simulations computer to a game of nuclear war.

9:05 pm CITY (29) ** 1/2 "Deep Red" (1994, Science Fiction) Michael Biehn. A private detective becomes the reluctant guardian of a girl whose blood can heal wounds and reverse the aging process.

9:55 pm WTBS (3) *** "Carrie" (1976, Horror) Sissy Spacek. A teen becomes the butt of a cruel prom-night prank and retaliates against her classmates with a supernatural fury.

10:00 pm FAM (26) **** "The Informer" (1935, Drama) Victor McLaglen. Irish rebels track down a slow-witted countryman who turned a friend in for reward money during the Irish Rebellion.

11:10 pm CITY (29) **** "The Quiet Man" (1952, Drama) John Wayne. John Ford's classic about an Irish-American prizefighter's return to Ireland in search of peace.

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PRINCETON'S ONLY

LOCALLY OWNED NEWSPAPER



WEDNESDAY, MARCH 18, 1998

Table with 20 columns (WTBS, CHBC, KNOW, WTVS, WDIV, WTOL, A&E, WXYZ, BCTV, CITY, TLC, YTV, TSN, CHCH, DISC, FOX, FAM, CITY, WGN) and 12 rows of program listings for Wednesday, March 18, 1998.

WEDNESDAY MARCH 18, 1998

THURSDAY MARCH 19, 1998

10:00 am WTBS (3) *** "The Naked Spur" (1953, Western) James Stewart. A bounty hunter, a prospector and an ex-Army officer are turned against one another by the outlaw they are escorting.

8:00 pm WTBS (3) **** "Glory" (1989, Drama) Matthew Broderick. A Union officer leads America's first all-black regiment in this Oscar-winning account of the Civil War.

10:00 am WTBS (3) **** "The Adventures of Robin Hood" (1939, Adventure) Errol Flynn. Sherwood Forest's legendary swash-buckler leads his Merry Men in a battle to restore King Richard to the English throne.

a confused earthing into the center of an intergalactic conspiracy. 7:35 pm FAM (2) ** "The Apple Dumpling Gang Rides Again" (1979, Comedy) Tim Conway. Confusion abounds when two bumbling outlaws are mistakenly identified as bank-robbing desperados.

8:30 pm BCTV (1) *** "Pretty Woman" (1990, Comedy-Drama) Richard Gere. A business executive attempts to transform a vulgar streetwalker into a sophisticated female companion. (In Stereo)

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THURSDAY, MARCH 19, 1998

Table with 20 columns (WTBS, CHBC, KNOW, WTVS, WDIV, WTOL, A&E, WXYZ, BCTV, CITY, TLC, YTV, TSN, CHCH, DISC, FOX, FAM, CITY, WGN) and 12 rows of program listings for Thursday, March 19, 1998.

NEW PHONE BOOKS ARE OUT RECYCLE THE OLD ONES! Please keep Phone Books separate from newspapers. DO NOT BUNDLE WITH THE NEWSPAPERS.

FRIDAY, MARCH 20, 1998

	WTBS (3)	CHBC (4)	KNOW (5)	WTVS (6)	WTVS (7)	WTOL (8)	A&E (9)	WXYZ (10)	BCTV (11)	CITY (12)	TLC (14)	YTV (15)	TSN (16)	CHCH (22)	DISC (24)	FOX (25)	FAM (26)	CITY (29)	WGN (32)
6 AM	Little House	(Off Air)	Open	Sesame	Mauri (R)	Medicine	McMillan	Regis & Ka-	(3:30) News	(5:00) News	Big Garage	Maya-Bee	Sportsdesk	The View	Bay, 2000	Love Boat	Busy World	Mauri (R)	Antennas
7 AM	Mama	Body	Dudley	Learning	Street 00	Woman	and Wife	Martha	(7:10) Can-	Martha	King	Rupert 00	Sportsdesk	Foodstuff	Foodstuff	Foodstuff	Chip-Dale	Cyline	Belmont
8 AM	Hillbillys	Care Bears	Bus	Mr. Rogers	Jenny	Price Is	Quincy	People's	(Joined in	100 Huntley	Whitbone	Sportsdesk	Price Is	Travelers	Travelers	Travelers	Franklin 00	Quincy	Griffith
9 AM	Matlock	100 Huntley	Kitty Cats	Theodore	Jeopardy!	Young-	Exposure 00	PL Charles	Movie Show	Dave Roth-	Orlando	Baranas	Fix Appeal	Neon Rider	House-	Martha	Busy World	Movie: "Er-	News 00
10 AM	African	Mr. Dressup	KidZone	Street 00	Lives 00	Bold & B.	der 00	All My Child-	Home	erford	Great Ins	Katie	Be a Player	As World	Kitchen	Patrol	Almost	Agel's Jim	Empty Nest
11 AM	Cuson	Young-	Destino	Barney	Another	As World	McMillan	One Life to	Travel	News 00	Intimate	Dudley	Rinkside	As World	Kitchen	Patrol	Almost	Agel's Jim	Empty Nest
12 PM	Flintstones	All My Child-	Justice	Arthur (In	Sally 00	Guiding	"Man With-	General	Days of Our	Lives 00	Wedding	Woody	Fishing (R)	People's	Hollywood	Sam & Max	Movie: "An	Cyline (R)	Prevention
1 PM	Looney	News 00	Out of the	Sandiego	Jerry Sprin-	Oprah Win-	Equalizer	Oprah Win-	Another	General	Furniture	Tell-A-Tale	PGA Golf:	Real TV 00	Track	Rangers	Movie: "An	Baywatch	Cyline
2 PM	Saved-Bell	Reflections	Cybernation	Bill Nye	News 00	News 00	Quincy	News	Bold & B.	Mad-You	HomeTime	Movie: "All	Bay Hill Invit.	Extra 00	Travelers	Beverly	Mermaid	Keenen	Chicago
3 PM	Family Mat.	BugsDuffy	Digital	News-	News 00	NBC News	Exposure 00	News	Oprah Win-	Young-	Renovation	Uh Oh! 00	Sportsdesk	News 00	Movie	Cops 00	Darkwing	Friends 00	Fam. Mat.
4 PM	Griffith	Roost	Business	Fortune	Fortune	Law & Or-	der 00	ABC News	Fortune	Real Amer-	Home Again	Bugs	Hockey	Wings 00	Discover-	Simpsons	Bookers 00	Friends 00	Fam. Mat.
5 PM	Dinner	News 00	Destina-	Americans	Players (In	Basketball:	Biography:	Sabrina	Hockey:	News 00	Real Amer-	Uh Oh! 00	NBA Bas-	Planet	Discover-	Simpsons	Aladdin 00	Seinfeld 00	Coach 00
6 PM	Movie: "Ed-	Friends 00	Profiles	Frank Sina-	Dateline (In	Team TBA	America's	Sabrina	Canucks at	Fire (R)	Uh Oh! 00	cover Griz-	JAG "The	Discover	Millennium	Movie: "She	Stood	NBA Bas-	NBA Bas-
7 PM	Movie: "Ed-	Friends 00	Profiles	Frank Sina-	Dateline (In	Team TBA	America's	Sabrina	Canucks at	Fire (R)	Uh Oh! 00	cover Griz-	JAG "The	Discover	Millennium	Movie: "She	Stood	NBA Bas-	NBA Bas-
8 PM	Movie: "Ed-	Friends 00	Profiles	Frank Sina-	Dateline (In	Team TBA	America's	Sabrina	Canucks at	Fire (R)	Uh Oh! 00	cover Griz-	JAG "The	Discover	Millennium	Movie: "She	Stood	NBA Bas-	NBA Bas-
9 PM	Movie: "Ed-	Friends 00	Profiles	Frank Sina-	Dateline (In	Team TBA	America's	Sabrina	Canucks at	Fire (R)	Uh Oh! 00	cover Griz-	JAG "The	Discover	Millennium	Movie: "She	Stood	NBA Bas-	NBA Bas-
10 PM	Movie: "Ed-	Friends 00	Profiles	Frank Sina-	Dateline (In	Team TBA	America's	Sabrina	Canucks at	Fire (R)	Uh Oh! 00	cover Griz-	JAG "The	Discover	Millennium	Movie: "She	Stood	NBA Bas-	NBA Bas-
11 PM	Movie: "Ed-	Friends 00	Profiles	Frank Sina-	Dateline (In	Team TBA	America's	Sabrina	Canucks at	Fire (R)	Uh Oh! 00	cover Griz-	JAG "The	Discover	Millennium	Movie: "She	Stood	NBA Bas-	NBA Bas-

SATURDAY

MARCH 21, 1998

FRIDAY

MARCH 20, 1998

10:00 am WTBS (3) **** "The African Queen" (1951, Adventure) Humphrey Bogart. A missionary persuades a gin-swilling riverboat captain to destroy a World War I German gunboat in the Congo.

CITY (2) ** "Ernest Rides Again" (1993, Comedy) Jim Varney. Ernest and a college professor try to evade an evil antiquities collector who is after a Revolutionary War-era cannon.

12:00 pm FAM (26) *** "An Affair to Remember" (1957, Drama) Cary Grant. A shipboard romance blooms between a playboy and an ex-nightclub singer, both on their way to meet their lovers.

1:30 pm YTV (15) ** 1/2 "All Dogs Go to Heaven" (1989, Fantasy) Voices of Burt Reynolds. A cute little orphan befriends a group of race-fixing dogs in 1939 New Orleans. (In Stereo) 00

5:35 pm WTBS (3) *** "Edward Scissorhands" (1990, Fantasy) Johnny Depp. A deceased inventor's unfinished creation becomes the center of suburban attention. Directed by Tim Burton.

6:00 pm FAM (26) ** 1/2 "She Stood Alone" (1991, Drama) Mare Winningham. An 1830s teacher risks her career and personal safety by admitting black girls to her all-white New England school.

7:50 pm WTBS (3) *** 1/2 "Back to the Future" (1985, Fantasy) Michael J. Fox. A modern-day teen-ager is transported back to

the 1950s, where he encounters the teens who will become his parents.

8:05 pm FAM (26) ** 1/2 "Nightjohn" (1996, Drama) Carl Lumbly. In the pre-Civil War South, a slave courageously defies the law and teaches plantation workers how to read and write. (In Stereo) 00

9:00 pm BCTV (11) ** 1/2 "First Knight" (1995, Adventure) Sean Connery. Lancelot's passion for Guinevere and the evil Malagant's desire for power threaten to tear King Arthur's Camelot apart.

9:05 pm CITY (12) ** "Judgment Night" (1993, Drama) Emilio Estevez. Four friends fight for their lives after a wrong turn in a bad neighborhood leads to a run-in with murderous thugs.

10:00 pm FAM (26) *** "Room Service" (1938, Comedy) The Marx Brothers. Penniless entertainers try to stay in a hotel for free by convincing the management they have the measles.

10:35 pm WTBS (3) *** "Midnight Express" (1978, Drama) Brad Davis. Based on the true story of an American who endured the horrors of a Turkish prison after his arrest on drug charges.

11:00 pm CITY (12) ** 1/2 "Juice" (1992, Drama) Omar Epps. Paranoia grips three ghetto youths after their gun-happy accomplice in a bungled robbery turns his anger toward them.

9:00 am FAM (26) *** 1/2 "The Muppet Movie" (1978, Comedy) Charles Durning. An ambitious emphyliant named Kermit goes to Hollywood in search of fame and fortune in this star-studded extravaganza.

9:05 am WTBS (3) *** 1/2 "Poltergeist" (1982, Horror) JoBeth Williams. Steven Spielberg produced this supernatural extravaganza about a suburban family's battle with vengeful spirits.

11:05 am WTBS (3) *** "Smokey and the Bandit" (1977, Comedy) Burt Reynolds. A man hired to hightail it to Texas for an illegal beer run picks up a runaway bride and angers a stubborn sheriff.

1:05 pm WTBS (3) *** "Rocky III" (1982, Drama) Sylvester Stallone. Dehoned boxing champ Rocky Balboa joins forces with Apollo Creed in a herculean effort to regain his title.

5:00 pm WGN (32) ** 1/2 "Where the Heart Is" (1990, Comedy) Dabney Coleman. A rich contractor cuts off the cash to his shiftless offspring, forcing them to do for themselves in a run-down tenement. (In Stereo) 00

5:05 pm WTBS (3) *** "Rain Man" (1988, Drama) Dustin Hoffman. A greedy hustler bonds with the brother he never knew, an autistic savant who inherited most of their father's estate.

6:00 pm FAM (26) ** 1/2 "D2: The Mighty Ducks" (1994, Comedy) Emilio Estevez. The young hockey players and their coach face stiff opposition from the Icelandic team in the Junior Goodwill Games. (In Stereo) 00

CITY (12) ** 1/2 "What's Eating Gilbert Grape" (1993, Drama) Johnny Depp. A self-sacrificing grocery worker is pushed to his breaking point by the constant demands of his dysfunctional family.

8:05 pm WTBS (3) *** "Saturday Night Fever" (1977, Drama) John Travolta. A Brooklyn disco dancer develops doubts about his lifestyle when he teams up with an ambitious woman for a big contest.

8:30 pm WXYZ (10) ** 1/2 "Crash: The Mystery of Flight 1501" (1990, Drama) Cheryl Ladd. While her husband recuperates, a pilot's wife struggles to clear him of recklessness in a fatal crash.

WGN (32) ** 1/2 "The Final Countdown" (1980, Science Fiction) Kirk Douglas. An atomic-powered aircraft carrier is transported back to the Pacific Ocean hours before the attack on Pearl Harbor.

9:00 pm CITY (12) ** 1/2 "Fast Times at Ridgemont High" (1982, Comedy) Sean Penn. Students in a Southern California town divide their time between high school and the neighborhood shopping mall.

10:00 pm KNOW (5) *** "The Purple Rose of Cairo" (1985, Comedy) Mia Farrow. A Depression-era moviegoer embarks on a whirlwind adventure when a matinee idol steps off the screen and into her life.

FAM (26) ** 1/2 "The Black Swan" (1942, Adventure) Tyrone Power. A sea captain sails the Caribbean in search of two renegade pirates who have refused to give up their plundering ways.

10:30 pm WXYZ (10) *** "Butch Cassidy and the Sundance Kid" (1969, Western) Paul Newman. George Roy Hill's account of two legendary outlaws who refused to alter their ways and surrender to a changing America.

10:40 pm WTBS (3) *** "Thunderbolt and Lightfoot" (1974, Adventure) Clint Eastwood. A thief and his former partner work out a plan to rob the same bank they held up years ago, but later lost the loot.

11:00 pm CITY (12) ** 1/2 "What's Eating Gilbert Grape" (1993, Drama) Johnny Depp.

THE NEWS LEADER
THE AUTHENTIC
VOICE
OF
PRINCETON

SATURDAY, MARCH 21, 1998

	WTBS (3)	CHBC (4)	KNOW (5)	WTVS (6)	WTVS (7)	WTOL (8)	A&E (9)	WXYZ (10)	BCTV (11)	CITY (12)	TLC (14)	YTV (15)	TSN (16)	CHCH (22)	DISC (24)	FOX (25)	FAM (26)	CITY (29)	WGN (32)
6 AM	Videos	(Off Air)	Open	Red Green	Newsbeat	(5:00) News	Biography	New Doug	For Better	101 Dalms	Under-	Maya-Bee	Fishing	Wildlife	House-	Goosebump	Nitrus	Indo	Paid Prog.
7 AM	National	Timin	Dudley	Saved-Bell	Zoo Today	Sea Tales	Pepper Ann	News 00	101 Dalms	Under-	Dragon Ball	Soccer Sat-	Movie Show	Foodstuff	Goosebump	Chip-Dale	Eye on Asia	Fishing	
8 AM	Explorer (R)	Batman	Magie Bus	Superman	Hang Time	Sports III	New Explor-	Jungle	New Doug	Under-	Mummies	Announced.	Rainbow	Travelers	Eerie Ind.	Darkwing	Polish Stu-	Polish Stu-	Paid Prog.
9 AM	Movie: "Pol-	Bugs & T.	Jupiter	9 Steps to	Inside Stuff	College	Home Again	Science	Investors	Investors	standing (R)	NHL Shots	Fishing	Investors	Terra X (R)	Conan (R)	Movie	Cityline (R)	Highlander:
10 AM	Movie: "Pol-	Bugs & T.	Jupiter	9 Steps to	Inside Stuff	College	Home Again	Science	Investors	Investors	standing (R)	NHL Shots	Fishing	Investors	Terra X (R)	Conan (R)	Movie	Cityline (R)	Highlander:
11 AM	Movie: "Pol-	Bugs & T.	Jupiter	9 Steps to	Inside Stuff	College	Home Again	Science	Investors	Investors	standing (R)	NHL Shots	Fishing	Investors	Terra X (R)	Conan (R)	Movie	Cityline (R)	Highlander:
12 PM	Movie: "Smokey-	World Cup	Woman	Roadshow	PGA Golf:	Final Four	Investiga-	Mutual Leg-	News 00	Car Guys	Under-	Turtles	Counter-	Oceans of	NHL	Amazing	Animal	Cityline (R)	Soul Train
1 PM	Movie: "Smokey-	World Cup	Woman	Roadshow	PGA Golf:	Final Four	Investiga-	Mutual Leg-	News 00	Car Guys	Under-	Turtles	Counter-	Oceans of	NHL	Amazing	Animal	Cityline (R)	Soul Train
2 PM	Movie: "Rocky III"	Bowling:	Murder in	Helmut Lotfi	College	Tourn. Re-	American	Champion-	Champion-	Champion-	standing (R)	Hill List (In	Movie Show	Flightpath	Goof Troop	Goof Troop	Goof Troop	Goof Troop	Goof Troop
3 PM	Movie: "Rocky III"	Bowling:	Murder in	Helmut Lotfi	College	Tourn. Re-	American	Champion-	Champion-	Champion-	standing (R)	Hill List (In	Movie Show	Flightpath	Goof Troop	Goof Troop	Goof Troop	Goof Troop	Goof Troop
4 PM	Movie: "Rocky III"	Bowling:	Murder in	Helmut Lotfi	College	Tourn. Re-	American	Champion-	Champion-	Champion-	standing (R)	Hill List (In	Movie Show	Flightpath	Goof Troop	Goof Troop	Goof Troop	Goof Troop	Goof Troop
5 PM	Movie: "Rain Man"	Canucks at	Art Attack	Yanni: The	Pretender	Magnificent	Investiga-	Nothing Sa-	Nothing Sa-	Nothing Sa-	standing (R)	Reboot 00	Bloopers	Pretender	"San Jose"	Most	Movie: "D2:	Movie: "D2:	Movie: "D2:
6 PM	Movie: "Rain Man"	Canucks at	Art Attack	Yanni: The	Pretender	Magnificent	Investiga-	Nothing Sa-	Nothing Sa-	Nothing Sa-	standing (R)	Reboot 00	Bloopers	Pretender	"San Jose"	Most	Movie: "D2:	Movie: "D2:	Movie: "D2:
7 PM	Movie: "Rain Man"	Canucks at	Art Attack	Yanni: The	Pretender	Magnificent	Investiga-	Nothing Sa-	Nothing Sa-	Nothing Sa-	standing (R)	Reboot 00	Bloopers	Pretender	"San Jose"	Most	Movie: "D2:	Movie: "D2:	Movie: "D2:
8 PM	Movie: "Rain Man"	Canucks at	Art Attack	Yanni: The	Pretender	Magnificent	Investiga-	Nothing Sa-	Nothing Sa-	Nothing Sa-	standing (R)	Reboot 00	Bloopers	Pretender	"San Jose"	Most	Movie: "D2:	Movie: "D2:	Movie: "D2:
9 PM	Movie: "Rain Man"	Canucks at	Art Attack	Yanni: The	Pretender	Magnificent	Investiga-	Nothing Sa-	Nothing Sa-	Nothing Sa-	standing (R)	Reboot 00	Bloopers	Pretender	"San Jose"	Most	Movie: "D2:	Movie: "D2:	Movie: "D2:
10 PM	Movie: "Rain Man"	Canucks at	Art Attack	Yanni: The	Pretender	Magnificent	Investiga-	Nothing Sa-	Nothing Sa-	Nothing Sa-	standing (R)	Reboot 00	Bloopers	Pretender	"San Jose"	Most	Movie: "D2:	Movie: "D2:	Movie: "D2:
11 PM	Movie: "Rain Man"	Canucks at	Art Attack	Yanni: The	Pretender	Magnificent	Investiga-	Nothing Sa-	Nothing Sa-	Nothing Sa-	standing (R)	Reboot 00	Bloopers	Pretender	"San Jose"	Most	Movie: "D2:	Movie: "D2:	Movie: "D2:

SUNDAY, MARCH 22, 1998

Grid of TV channels (WTBS, CHBC, KNOW, WTVS, WDIV, WTOL, A&E, WXYZ, BCTV, CITY, TLC, YTV, TSN, CHCH, DISC, FOX, FAM, CITY, WGN) and their respective programs for Sunday, March 22, 1998.

SUNDAY

MARCH 22, 1998

7:35 am WTBS (3) **1/2 "Rocky V" (1990, Drama) Sylvester Stallone. The former heavyweight champ puts his personal life on the ropes to train a promising young fighter.

FOX (25) ** "The Jerky Boys" (1995, Comedy) Johnny Brennan. Two telephone pranksters land in hot water with a local crime boss when they pretend to be a pair of fugitive hit men.

FAM (26) ** "The Apple Dumpling Gang Rides Again" (1979, Comedy) Tim Conway. Confusion abounds when two bumbling outlaws are mistakenly identified as bank-robbing desperadoes.

10:00 am WTBS (3) **1/2 "Arrowhead" (1953, Western) Charlton Heston. Trouble brews in the Southwest when a cavalry unit attempts to sign a peace treaty with the Apaches.

sure of the Lost Lamp" (1990, Fantasy) Voices of Alan Yung. An evil shape-shifting sorcerer turns a town topsy-turvy when he comes to retrieve a magical lamp. (In Stereo)

MONDAY, MARCH 23, 1998

Grid of TV channels (WTBS, CHBC, KNOW, WTVS, WDIV, WTOL, A&E, WXYZ, BCTV, CITY, TLC, YTV, TSN, CHCH, DISC, FOX, FAM, CITY, WGN) and their respective programs for Monday, March 23, 1998.

MONDAY

MARCH 23, 1998

10:00 am WTBS (3) **1/2 "Arrowhead" (1953, Western) Charlton Heston. Trouble brews in the Southwest when a cavalry unit attempts to sign a peace treaty with the Apaches.

THE SIMILKAMEEN NEWS LEADER 100% LOCALLY OWNED AND OPERATED. OPEN MON. THRU SAT.



Rosemary Woodruff, new employee at the Chamber of Commerce office.

Chamber gives a hand

Rosemary Woodruff is a new resident of the Princeton area, although she and her husband have been coming here for the past ten years. They purchased property here, and decided to leave the lower mainland last fall. Woodruff has attended a course at the Community Skills Centre to learn about office computer skills. Under a job creation program, she is gaining practical

experience at the Chamber of Commerce office, helping with the work of preparing for the Trade Show and making an inventory of local businesses.

"We are very glad to have her here," says Christiane Gosselin, Chamber manager, "She is going to be a big help to us."

At the same time, the experience the Chamber offers will be a big help to Woodruff.

PXA looks for money

Money and how to raise it was a major topic at the March 10 meeting of Princeton Exhibition Association. The bills for maintenance and capital improvements totalled \$9,455 last year, including a bill for \$609.90 to clean concession.

PXA President George Elliott suggested a letter be sent to groups using the concession kitchen to share the cost of cleaning. The problem is not the ordinary cleaning, but the special cleaning done to the vents twice a year. Members agreed to send out a letter.

The issue of clean-up after events brought a variety of ideas. Members offered the idea of a refundable deposit to ensure clean-up would be done. This met with agreement because it seemed fair to everyone. If a group leaves a mess, then that group would forfeit the deposit, and the deposit would pay for a worker to do the job.

There was some discussion of the need to present a budget to Town Council and Regional District to justify the need for an annual grant. The grounds belong to the Town of Princeton but the PXA does the maintenance and pays the utilities, unlike other public-use land in Princeton. The Town crew does assist with major

Continued on Page 14

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Princeton & District LADIES FASTBALL MEETING

Tuesday, March 24
7:00 pm
High School Gym



This meeting is for anyone interested in joining the Ladies Fastball team. If you can't make the meeting but would like to join, call

Stacey @ 295-7918 or Denise @ 295-7959

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ATTENTION SNOWMOBILE OPERATORS

While operating your snowmobile in the forests please remember the following:

A PERSON MUST NOT OPERATE A SNOWMOBILE ON A FOREST ACCESS ROAD IF IT APPEARS THAT THE ROAD HAS BEEN SNOWPLOWED, OR THAT THE ROAD IS OTHERWISE FIT FOR TRAVEL BY MOTOR VEHICLES OTHER THAN SNOWMOBILES.

Forest roads that are not currently being used for timber harvesting operations may have been deactivated. Without road deactivation, unmaintained roads may suffer serious erosion and contribute to forest, stream and wildlife habitat degradation.

The objective of road deactivation is to control water flow, prevent washouts and, wherever possible, maintain limited vehicle access. Road deactivation is a stabilization process, not necessarily a closure. Deactivation techniques such as cross ditching and waterbarring may significantly alter the road surface making the road impassable for some vehicles and creating a driving hazard for the unwary road user.

TO ENSURE YOUR VISIT TO THE FORESTS IS A SAFE AND ENJOYABLE EXPERIENCE IT IS ESSENTIAL THAT SNOWMOBILE OPERATORS EXERCISE THE UTMOST CARE AND CAUTION WHEN USING UNPLOWED FOREST ACCESS ROADS.

For more information contact the Merritt Forest District Office.

Petter leads Year 2000 Trans-Canada Trail project for B.C.

British Columbia's first millennium project is the completion of the B.C. portion of the Trans-Canada Trail.

Premier Glen Clark has appointed Andrew Petter minister responsible for planning B.C.'s millennium celebrations.

Clark said that, as the Year 2000 approaches, people across the country and around the world are starting the millennium countdown.

"With less than 700 days left before the year 2000, we want to encourage British Columbians to come together to celebrate in ways that express our history and leave a lasting legacy for the future," Premier Clark.

B.C.'s section of the Trans-Canada Trail will establish a multi-use corridor across the province as part of the 15,000 km. trail stretching across Canada. It is expected that the trail will pass through Princeton, Coalmont and Tulameen as a result of the abandoned Kettle Valley Railway site being designated for use as a trail.

The vision behind the Trans Canada Trail is to build a trail from Newfoundland to Vancouver Island, linking Canadian communities, parks and wilderness areas.

PXA continued from page 13

events, but most of the work is done by volunteers.

Money for capital projects was one of the considerations on the budget. Some of the stables must be replaced, as the supporting posts are rotten. Raymond Huey said he had a list of repair projects that would eat up the budget in no time. George Elliott offered another few items, and Stan Thompson reminded members of possible utilities problems.

Ruby Bey brought insurance problems to the table. She outlined the situation in which each user group pays insurance for an event, the Town and PXA have insurance on the property, and it

The idea to build the trail came forward in 1992 during Canada's 125th anniversary celebrations.

The vision sees this new symbol of Canadian unity connecting Canada's regions and serving as a tremendous recreation and

tourism resource.

The Trans Canada Trail will be the world's longest trail. It will follow abandoned railway lines, federal and provincial parks, existing rail lines, private land that grants rights of way, and

wherever possible, existing trails.

The Trans Canada Trail will be a shared-use trail accommodating five main activities: walking, cycling, horseback riding, cross-country skiing, and snowmobiling where that is possible and desired.

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 <p>Two bedroom bungalow-style home with fenced yard, located in quiet part of Allison Flats. Walking distance to downtown, and is across road from playground. \$99,900. MLS.</p>	 <p>Two bedroom strata unit on Kenley Avenue behind the Post office. Fully self-contained and within walking distance of all services and shopping. \$79,900. MLS.</p>	 <p>Large 5 bedroom home on cul-de-sac in quiet residential area of town. Close to hospital and elementary school. Large yard, hot tub, plus more. \$159,900. Exclusive.</p>	 <p>Older 1 1/2 story three bdrm home on 100' x 100' lot in the South end of town. Property has two road frontages and a detached garage. \$67,500. MLS.</p>
 <p>Renovated doublewide with addition and covered porch. Extra large corner yard backs onto elementary school, and is completely fenced. Ideal starter home at \$39,500. MLS.</p>	 <p>Large home on full basement on 6+ acres on the Similkameen river. Huge heated shop with 18' doors. Natural gas heat to both house and shop. \$175,000. MLS.</p>	 <p>Five bedroom, three bathroom split-level home on China Creek. Full finished basement, landscaped yard, large sundeck, natural gas hot water radiant heat. \$134,900. MLS.</p>	 <p>Two bedroom remodelled mobile home with addition in quiet park close to town. New roof & pellet stove, country setting with lots of peace & quiet. \$26,900. MLS.</p>
 <p>Two bedroom home with full finished basement located on Fenschurch Ave. in the downtown area. Fenced back yard with large sundeck and hot tub. \$86,500. MLS.</p>	 <p>Completely remodelled older mobile in park next to elementary school. Price includes all appliances, window coverings, and has natural gas heat. \$25,000. MLS.</p>	 <p>One bedroom home on five acres nestled in the hills overlooking Link and Osprey Lakes. Full basement. Property backs onto Crown Land. \$132,000. MLS.</p>	 <p>Near-new 3 bedroom home with guest cabin, garage, and covered RV parking, on 1/2 acre of Allison Lake waterfront. Very private and quiet setting. \$298,000. MLS.</p>
 <p>Large country home with full finished basement on 27 acres. Property backs onto Crown Land, and has Shensh Creek running through it. \$209,000. MLS.</p>	 <p>Three bedroom manufactured home in quiet, clean park on the Similkameen River. Master bedroom has ensuite, some features modern, open floorplan. \$59,900. MLS.</p>	 <p>1,380 square foot three bedroom home with full basement on over two acres. Close to town and the golf course. Too many features to list. \$178,500. MLS.</p>	 <p>Very nicely remodelled older mobile home with well thought out addition in Allison Flats. Landscaped yard which backs onto elementary school playground. \$22,500. MLS.</p>



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 Community Skills Centre** **295-4051**
 PO Box 69, 206 Vermilion Ave.
 Princeton, BC VOX 1W0

OPEN HOUSE

The "Community Access Program" is a federally funded program designed to assist in effective community access to information technology.

A "Princeton Online" Web Site has been created with a variety of community information, which may be accessed world-wide.

You are invited to a presentation of the Web Site and to meet the CAP Committee, Webmaster and Students who have created this Project. Coffee/Tea and donuts will be provided.

Time: 7:00 pm Tuesday, March 31
 Place: Princeton Community Skills Centre
 206 Vermilion Ave.

NEWS LEADER CLASSIFIEDS

RATES

- \$3.75 First 20 words, 5¢ for each additional word.
 - Display Classifieds \$3.75 per column inch.
- DEADLINE FOR CLASSIFIEDS 12 NOON
SATURDAY**

01 WELCOME TO THE WORLD!



It's a Girl!

Watch out Kate Pace! Canada's next Olympic Skier Teagan Dion Ligtenberg came racing in Saturday, February 28, 1998, crossing the Finish Line at 2:36 p.m., weighing 8 lbs. 8 oz. Proud first time parents are John and Stacey Ligtenberg (nee Beausoleil). Proud Grandparents are Joe and Sharon Beausoleil, and John and Dene Ligtenberg. Special thanks to Dr. Bosomworth, Anne Malone and the Ambulance Crew.

It's a girl!

I'm here!! Born March 2, 1998 at Princeton General Hospital, to Meredith Williams, a little sister for Ellen, Olivia Grace Yvonne Williams, 8lbs, 3-ozs.. Happy grandparents are Ron and Lorna Williams of Princeton, and Dave and Lynn Chase of Summerland.

7 APPRECIATION

Thank you, To Charlie Brooks of Key west Motors, who opened his heart and his shop on a Sunday afternoon, to provide us with a color printer and his time to produce our memorial cards. His outstanding kindness and patience, made it all possible. To Nola and Andy for their persistence and diligence in getting our memorial cards designed. To Earl and Doris Driver with the ladies of the Royal Purple, for all their work putting on the tea at the Elks Hall for friends and family. To Pastor Bob Stewart for walking on eggshells, we appreciated it. To Fred Netherton of Princeton Funeral Home, thank you. A special thanks to Cal, Kema, Cora, and Earl for their support and hard work making it all happen. To all the staff at Ridgewood Lodge for their wonderful care, support and never ending compassion in their care of our father, Stu Seaman. Nichols Grimald wrote: Of all the Heavenly gifts That Mortal men command What trusty treasure in the world Can countervail a friend? Sincere thanks to each and everyone of you. Dan Seaman.

7 APPRECIATION

A sincere thank you to the Doctors, nurses, and staff of PGH. Your thoughtfulness, compassion and kindness while I was in and out of the hospital during the past two months, is truly appreciated. We are all very lucky to have such wonderful care available to us. Thank you from the bottom of my heart. Fawn Small. Thank you does not describe how to express my appreciation to all of you who have visited me in the hospital here and in Penticton, and those of you who sent cards, flowers, gifts, and well wishes. I was truly stunned by the amount of love sent to me when I was needing it. My heartfelt appreciation to you all. Fawn Small. Many thanks to Dr. Bosomworth, Dr. Doug Reid, & staff at PGH who helped me with the delivery of Olivia Williams. You made us feel very welcome. Olivia, Ellen, Meredith.

16 YARD SALE

Handyman stuff, kitchen colonial set, garden items, etc. etc.. Saturday, March 21st, 10 a.m. to 3 p.m.. No early birds please! 9 West Place. M17

9 IN MEMORIAM

IN LOVING MEMORY
of
Archie McLean Allan
March 14, 1996

Deep in the heart lies a picture
Of a loved one laid to rest;
In memory's frame we shall keep it,
Because He was one of the best.

Love Always,
Bill, Candace, Tia.

IN LOVING MEMORY
of
Archie McLean Allan
March 14, 1996

While you, dear parent,
rest and sleep,
Your loving memory
we'll always keep.

Missing you,
Ross & Iris

ARCHIE ALLAN

Missed but not forgotten.
Always in our hearts.
Love Gary, Karen, Kyle

8 PERSONALS

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need. To you I have recourse from the depth of my heart and and humbly beg of you, to whom God has given such great power, to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause your name to be invoked. Say three Our Fathers, Hail Marys, and Glory Be. Publication must be promised. St. Jude pray of us and all who invoke your aid. Amen. This novena must be said 9 consecutive days and has never been known to fail.

10 RÉSUMÉS

Student, 15, seeks work. Short term or long term, after school, weekends, any work, ie; yard, shovelling. Call Steven at 295-0171 RTS

WANTED

Pete Burnett, grandson of H.H. Avery (deceased) would like to acquire a few keepsakes. Would you be willing to part with an icescraper, calendar or ashtray monogrammed with the name Avery & Avery Ins. or any personal items of Mr. Avery? Contact Bob at 295-7733 to leave a message. 17/24/31

15 FOR SALE

AIR HOCKEY TABLE in excellent condition. Must sell - asking \$250.. Phone: 295-6760 M10-31

22 BROWNING take apart rifle \$200., 306 BSA with scope \$500.. Phone: 295-3093 M10-31

Moving Sale! Loveseat, kitchen colonial set, large house plants. Phone: 295-7142 M17

Electric Range, self cleaning. Phone: 295-7186. RTS

Kenmore vacuum cleaner, one year old. \$225. Phone: 6251 RTS

22 RECREATIONAL VEHICLES



93 Formula Plus Red Bombardier 583 Ski-doo, fully loaded, reverse, excellent condition. \$5,000. OBO. Cell # (250) 315-9050 Missezula Lake, B.C.

1994 SKI DOO SAFARI RALLY E, electric start, 3,500 Km, cover & spare belts. \$3,500. OBO Ph: 250-295-6671 10/17/24

1978 Honda 550 4 cylinder \$600.. 1972 20 foot Winnebago Brave. New battery, new brake. Runs great. \$3,000. Call 295-3420. M17

1984 200 YAMAHA 3-WHEELER with reverse, good condition. \$1000. Phone: 295-3672 M10/17

1995 WESTWIND 5TH WHEEL 23 1/2 Foot, as new, low mileage, many extras. 295-7091 RTS

18 VEHICLE SALES

1992 GMC 4x4, fully loaded, automatic. Excellent condition \$15,400. Phone: 295-7260 RTS

MUST SELL 1981 Chev 1/2 ton. \$960. \$800. Phone after 4 p.m. 295-6608 RTS

1972 Dodge Fargo 1/2 ton with overload springs. Runs great. Good rubber, body has rust. \$600. OBO. Phone: 295-0180 17/24

4 Door 1985 Ford LTD. Automatic. Excellent running condition. New tires. Needs some body work. \$600. FIRM. Phone: 295-6753. 10/17/24

19 ANIMALS

FREE! Healer-Lab X puppies, 6 weeks old, 4 females, ready to go to good homes. Phone: 295-4148 after 6 p.m. M17/24

LIVESTOCK: 20 week old ready-to-lay hens. Iceberg meats is now taking orders for April delivery. Ph: 295-0030 or 295-6341 M10-A7

6 Year old Mare - registered 1/4 horse with papers excellent temperament. \$2000.. Phone: 295-3672 M10/17

21 COMING EVENTS

THE ELKS & ROYAL PURPLE are sponsoring COUNTRY STORE 1st & 3rd SATURDAY of each month Location: Elks Hall behind Mr. Mikes 10:00 a.m. to 3:00 p.m. Table rentals - \$7.00 Contact Doris Driver at 295-3518 or Rose Aiken at 295-7525 RTS

SPRING FLING FLEA MARKET

April 4th
Phone Marion Marsel to reserve your table. 295-6752

SNOWPATCH SKI HILL NOW OPEN

SAT. & SUN.
9:00 A.M. - 3:30 P.M.

THE PRINCETON COMMUNITY HEALTH ADVISORY COMMITTEE

Regular Monthly Meeting will be held on March 23, 1998 at 7 P.M. in the Hospital Board Room

PRINCETON CURLING CLUB

ANNUAL GENERAL MEETING April 4th, 1998
POT LUCK DINNER -- 6:00 P.M.
MEETING -- 8:00 P.M.
MUSIC & DANCING -- 9:00 P.M.
EVERYONE WELCOME TO ATTEND

The Annual Meeting of the PRINCETON CONCERTS SOCIETY

will be held on March the 11th, 1998 at 7:00 p.m. in the basement of the Princeton Museum. "This meeting will be vital to the continuance of the concert series."

14 BUSINESS SERVICES



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14 BUSINESS SERVICES



SIERRA HAIR STUDIO
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TAMMY CLIFTON-SCHNEIDER
13 years experience
HWY #3
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AT DEWDNEY TRAIL
SELF STORAGE

25 FOR RENT

Large 2 bedroom spacey apartment downtown. \$ 475. per month includes heat. Adults preferred. Phone 295-3640 RTS

PRINCETON MANOR: One bedroom, two bedroom and bachelor apartments. Downtown location, adult only building is very clean and quiet, making it ideal for working or retired people. The Safer grant is available to seniors over 60 years who qualify, so the pay no more than 30% of their gross income for rent. For more information or to view, please phone Margaret. 295-6408. RTS

Available March 1, 2 Bedroom mobile home in Deblyn, close to Schools. Phone 295-6139. RTS

1 Bedroom, with partial basement Fridge, stove, gas heat. 2 Bedroom basement suite, rugs throughout, fridge, stove. 2 Bedroom home with basement, carpets through out. Fridge, stove, and gas heat. 295-3248. RTS

THREE BEDROOM, two bathroom, family townhomes with enclosed yards available at Aspen Court for qualified applicants. B. C. housing offers affordable rents based upon 30% of gross income. Please contact Sandy at 295-7410 03/24

4 Bedroom duplex near school. \$500. per month, utilities not included. 1 Bedroom apartment, \$325. per month, utilities extra. Two 2 Bedroom apartments starting at \$350. per month, utilities extra. Call 295-3222. to leave a message. 03

Large 3 bedroom home on acreage, Summers Creek Road. Fridge, stove, washer and dryer. After 6 p.m. 295-6468 RTS

Two bedroom mobile home in park close to elementary school. \$550. per month plus utilities. Call Glen at 295-7077 RTS

Two bedroom house for rent. \$450. per month. Damage deposit required. Natural gas furnace. Phone: 295-7181. 24

2 Bedroom Apartment downtown. No stairs, 4 appliances. Seniors preferred, \$500. per month including heat and electricity. Phone: 250-499-2619 3/10/17

Two bedroom duplex. You choose: \$475. per month, includes utilities, or \$375. per month you pay utilities. 295-3640 RTS

25 FOR RENT

AVAILABLE APRIL 1, 1998
1 Bedroom apartment in downtown Princeton, no stairs, seniors preferred. \$400. per/month, utilities included. 2 Bedroom apartment in downtown Princeton, no stairs, seniors preferred. \$500. per/month, utilities included. 3 Bedroom house in Keremeos \$550. per/month. Ph: 250-499-2619

1 Bedroom Apartment, \$325. per month. MARCH IS RENT FREE.
2 Bedroom Apartment, \$350. per month. MARCH IS RENT FREE.
Leave a message at 295-3222.

FOR SALE OR RENT
3 Plus bedroom rural home available March 15, \$525. per month, reference and deposit required. Ph: 378-9181 RTS

26 PROPERTY SALES

HOUSE FOR SALE
5 BEDROOM HOUSE with a basement suite, on large lot, close to school and hospital. \$140,000.
Phone: 295-3672

3 Bedroom, 2 Bathroom Home for sale in Mine sub-division. Newly renovated, 4 appliances. \$73,000.. 106 Ridgewood Drive. Call 295-7821 RTS

Immaculate four Bedroom home with two bathrooms, finished basement and Rec. Room. Fenced south facing backyard with rock-work patio. Natural gas heating, close to park and schools in a very quiet neighborhood. Includes five appliances, window coverings and shed. Asking \$92,000., negotiable. Phone 295-7855. 02/24

23 HEALTH CARE

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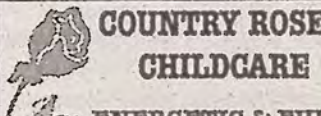
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24 CHILD CARE

Will do babysitting in my home from Monday to Friday. References available. Phone: 295-7609 03/17



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Last Chance.

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Novice Flyers are still flying high

On the weekend of March 1, the Mac's Auto Parts Flyers travelled to Osoyoos for a match against the always big and tough South Okanagan Novice Hockey team. It was evident early that it was going to be a hard-fought battle all the way.

South Okanagan opened the scoring, but Patrick took only three minutes to tie it up. Princeton then took the lead with Captain Lewis' goal. Osoyoos buckled down and tied the game early in the second period but that was as close as they would get. Josh, with a pass from Shaine, made the score 3-2. Tyson's relentless work around the net paid off as he slapped in a rebound of Patrick's. Osoyoos persisted, but Pat took the wind out of their sails when he scored three straight goals (assists to Reid and Lewis). With the game clearly out of red, Tyson notched his second goal to make the score 8-3. Josh rounded out the scoring (assists to Shaine and Tyler). Kyle had a tremendous game in net. Strong defensive games by Beau and Braydon kept Osoyoos at bay for most of the game.

Early in the morning of March 7, the Flyers made their final road trip of the season. They journeyed to Kamloops to play one of their four all nine year old teams. This season Kamloops handed our boys one of their rare losses in an

exciting, close game. Our boys met them in the Oliver tournament and battled back in the last few minutes of the game by scoring three goals and stealing a 4-3 victory from them.

The early morning travel did not deter our young players from doing their best. From the drop of the puck it looked as if Kamloops would have their hands full. Just 17 seconds into the game, Patrick (from Braydon and Lewis) scored on a wrist shot! Princeton then jumped into a 2-0 lead on a goal from Josh (from Tyson and Beau). Kamloops was not going to accept this outcome and quickly evened up the match.

The Princeton boys were slightly stunned by this quick turnaround of events and dug deep within to take their hockey to another level.

Pick-up player, Jake Greening, put Princeton ahead 3-2 with assists from Beau and goalie Mogge. This lead was never relinquished. Lewis went on a rampage and scored four goals, assists to Patrick, Shaine and Clifford. Pat then added another goal on a nice pass across from Lewis. Braydon, Josh and Shaine rounded out the scoring for Princeton with assists going to Josh, Jake, Clifford and Shaine. The final score was 11-3 for Princeton.

The last two seasons this team has proudly worn the Mac's Auto

Parts jerseys. Their stats are an amazing 51 wins, 5 losses, and 2 ties. Some of the Flyers will round off their season on the big hockey jamboree planned for Princeton on March 27, 28, and 29.

ARENA SCHEDULE

Tuesday
 1:15-3:00 p.m. Public Stick and Puck (must wear helmets)
 3:15-4:30 p.m. Loonie Public Skate
 4:45-8:45 p.m. Open for Rent
 9:00-10:30 p.m. Oldtimers Hockey

Wednesday
 1:15-2:30 p.m. Public Skating
 3:30-5:15 p.m. Open for Rent
 5:30-7:00 p.m. Public Skating
 7:15-9:45 p.m. Open for Rent

Thursday
 1:15-3:00 p.m. Public Stick and Puck (must wear helmets)
 3:00-4:30 p.m. Mezzanine rental, dance school
 5:30-7:00 p.m. Public skating
 7:15-8:45 p.m. Open for Rent
 9:00-10:30 p.m. Gents hockey

Friday
 1:15-3:00 p.m. Public Stick and Puck (must wear helmets)
 3:30-6:30 p.m. Open for Rent
 6:45-8:00 p.m. Public Skating
 8:00-8:45 p.m. Teen (Public) Stick and Puck (12-18 years, must wear helmets)
 9:00-10:30 p.m. Pumpkins

Saturday
 8:00 a.m. to 11:00 p.m. GENTS

PROVINCE OF BRITISH COLUMBIA
 MINISTRY OF FORESTS
TIMBER SALE LICENCE A55717
BID PROPOSAL

Take notice that, pursuant to Section 21 of the *Forest Act*, sealed tenders will be received by the District Manager, Merritt Forest District, not later than 2:00 pm March 31, 1998, for the sale of Timber Sale Licence A55717, authorizing the harvest of timber located in the vicinity of Pimainus Lakes and Spukunne Creek.

Standing Volume: 62,076 cubic metres, more or less
 Processing Volume: 62,076 cubic metres (log like finished products) or 13,967 Mfbm (lumber components)
 Term: 4 years
 Species: Lodgepole Pine 66%, Spruce 22%, Balsam 11%, Douglas Fir 1%
 Upset Stumpage: Mark A: \$40.08/cubic metre, Mark B: \$24.60/cubic metre

This is a bid proposal sale. Only tenders from firms and individuals registered, or eligible to register in the Small Business Forest Enterprise Program, Category 2, will be accepted. Applicants must directly own or lease, or propose to construct and own or lease a timber processing facility capable of remanufacturing lumber or producing speciality wood products.

All applicants must meet specified requirements relating to development objectives of the Crown, as determined by the Ministry of Forests. Those objectives are: community stability; support for local employment; value added; support for existing plants, etc. and are represented by the evaluation criteria noted below:

Criteria	Weighting
Employment	30
Proximity	20
Existing Plant	10
New capital investments	5
Labour value-added	10
Change in value-added	20
Revenue	5
TOTAL WEIGHTING	100

All applicants must submit a proposal which contains a business case for lumber remanufacturing or speciality wood products manufacturing and addresses the development objectives of the Crown. Proposals which do not meet these requirements will be rejected. The scoring threshold for the labour remuneration category is \$15,000 per year and for the revenue category \$10.00 per cubic metre. Proposal received for this sale will be evaluated on the basis of the above criteria and weightings.

All applicants must submit a completed data package in accordance with the outline provided in the tender package. Applicants must provide sufficient information for ministry officials to complete a score of each evaluation criteria and an assessment of each tie breaking factor. Leading applicants will be shortlisted by the regional manager.

All applicants within five points of the highest scoring applicant are considered tied. A clearly superior proposal will be determined by applying the following tie breaking factors.

- Integration;
- Industrial Rationalization;
- Utilization;
- Fibre Dependency; and
- Innovation.

An additional tie breaking factor of 'Promotion of Local Employment' has been included for this Timber Sale Licence. This factor will assess the total amount of employment maintained and/or created within the Merritt Timber Supply Area (TSA). This could include, but not limited to:

- direct employment at a plant located in,
- contractors hired from communities within,
- Integration with companies within the Merritt TSA.

The applicant having the timber total score, or if tied, having the clearly superior proposal, will be shortlisted and recommended to the minister. If selected by the minister, the ministry will audit the leading applicant to verify the proposal. Applicants do not have to provide supporting information with the proposal but must retain and be prepared to supply such information within 10 days of notification of selection. Failure to pass the audit may result in disqualification from the SBFEP.

Upon verifying the proposal, the ministry will offer the licence subject to terms and conditions deemed necessary by the minister and ministry staff.

All applicants are expected to harvest all timber volume in roughly equal annual volumes throughout the term of the licence. Applicants proposing to apply for less than the advertised volume or to vary the expected rate of harvest must receive approval from the district manager prior to submitting a proposal. All applicants must process the volume of timber applied for or the equivalent volume of lumber within the term of this licence.

Sealed tender will be opened at 2:01 p.m. March 31, 1998, at the Merritt Forest District office, Hwy 5A and Airport Road, Merritt, B.C.

Full details for the proposed timber sale licence and application forms may be obtained from the District Manager, Box 4400, Stn. Main, Merritt B.C. V1K 1B8

This sale contains 62,076 m3 of undersold volume.



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295-6781



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1/3 acre lakefront lot at Link Lake close to boat ramp. Great year round recreation spot and priced at just \$80,000. Call Linda for details. MLS.



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Beautiful 5 ac. hobby farm with partially fenced pasture. Includes travel trailer with power, U/G water line. Located in valley with plenty of sunshine. Priced at just \$82,000. Call Linda today. MLS



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Affordably priced solid log home on landscaped & fenced yard in Tulameen. Just a short walk to Otter Lake. Priced at \$82,000. Call Linda for viewing. MLS.

KIDS ZONE

THE TADPOLE CATCHERS

After the long winter, everything was coming back to life. The snow was quickly melting and the frozen ponds had thawed. Grass had begun to grow again, and new leaves were beginning to appear.

Kevin Anderson and his younger brother Michael were at the edge of the pond in back of their home, trying to catch new baby tadpoles. "Can I have some of your tadpoles?" asked Michael. "I can't catch any!"

"I don't know," said his brother, Kevin. "I'll think about it." He squatted down flat-footed, folding his slender legs beneath oversized green shorts, and peered intently into his bucket. Propping his arms upon his knees, he dipped the fingers of one hand into the water in his bucket.

Suddenly, Kevin stood up, jammed both hands into his pockets and, frowning, marched away, kicking at stones as he went, and nearly tripping over the untied shoelace dragging along his left sneaker. He pulled his hands from his pockets and began twisting his long, baggy t-shirt until the dinosaur pictured on the front all but disappeared.

After several moments, Kevin turned toward his brother. "Hey!" he shouted. "I don't want to give you any of my tadpoles, but I'll help you get some of your own!" He bent down to tie his shoelace before walking toward Michael. "I don't have enough tadpoles yet," he said. "Get your bucket. I'll show you the best way to catch them."

Michael grabbed his own bucket and raced toward his brother. At the edge of the pond, Kevin held up his finger. "Watch this," he said.

Kevin crouched down low, the toes of his sneakers dipping into the pond. He waited a few moments for the water to still, then deftly scooped up some tadpole-filled water into his bucket, without spilling a drop of what he already had.

"I can't do that!" said Michael. "It's too hard! They all swim away from me!"

"You have to do it quickly," said Kevin. "Like this." He took Michael's arms, with the bucket, in his own and positioned the bucket just above the surface of the water. "Ready.....Now!" Together the boys scooped water,

By Patty-Ann Peal

sand, and tadpoles into the bucket with one quick, fluid motion. "See? It's easy! Now you try it."

Michael bent down to the water and copied exactly just what he and Kevin had done together moments before. "I did it!" he shouted. "I got some all by myself!"

"I knew you could do it, Mike," said Kevin. "Now let's go show Mom!"

HOROSCOPES

March 17 - 24

ARIES - You're still full of vim and vigour. Life is worth living. A new love may suddenly appear, or a lover may seem twice as good. Enjoy.

TAURUS - Romantic notions light up your life. Look before you leap. It's a challenging relationship that could fizzle out fast.

GEMINI - Your irritability goes away and life seems more fun, but unpredictable forces affect events for both good and bad. You might win or lose.

CANCER - Take care of your health. Eat sensibly. Exercise. Life becomes more challenging. Work demands keep you busy.

LEO - Unexpected things happen to your partner and close friends, but don't let them throw your life out of kilter. Be the steady one.

VIRGO - Good fortune comes to you from others. Guard against colds at this time. You may feel lazy, but this is no time to relax your efforts.

LIBRA - People are still making great demands on your time and energy, and progress seems slower than need be. You need to take charge and run your own life. Look out for number one.

SCORPIO - Nothing is simple anymore. Consolidate your gains, put everything in its place, and plan conservatively.

SAGITTARIUS - Your inner transformation continues as you internalize the lessons you have learned in the past year, and make them help you become who you want to be in the future. Changes are positive.

CAPRICORN - The challenges are still there. Keep plugging away and everything will work out.

AQUARIUS - Don't let unexpected situations disturb you. Your emotions come from your need to be free. Freedom must be defended.

PISCES - Life forces you to change, whether or not you are willing. You will serve yourself better by facing reality.

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MINISTRY OF FORESTS



NOTICE INVITING APPLICATIONS FOR TIMBER SALE LICENCE A56191 (BID PROPOSAL)

Take notice that, pursuant to Section 21 of the *Forest Act*, sealed tenders will be received by the District Manager, Merritt Forest District, not later than 2:00 pm March 31, 1998, for the sale of Timber Sale Licence A56191, authorizing the harvest of timber located in the vicinity of Finnegan and Skuhun Creeks.

Standing Volume: 28,700 cubic metres, more or less

Processing Volume: 28,700 cubic metres or 14,350 cubic metres (log like finished products) or 6,458 M3bm (lumber components)

Term: 4 years

Species: Lodgepole Pine 99%, Spruce 1% more or less

Upset Stumpage: 56191, C.P. A-\$23.61m3 and 56191, C.P. B-\$17.56m3

This is a bid proposal sale. Only tenders from firms and individuals registered, or eligible to register in the Small Business Forest Enterprise Program, Category 2, will be accepted. Applicants must directly own or lease, or propose to construct and own or lease a timber processing facility capable of remanufacturing lumber or producing speciality wood products.

All applicants must meet specified requirements relating to development objectives of the Crown, as determined by the Ministry of Forests. Those objectives are: community stability; support for local employment; value added; support for existing plants, etc. and are represented by the evaluation criteria noted below:

Criteria	Weighting
Employment	30
Proximity	15
Existing Plant	10
New capital investments	10
Labour value-added	10
Change in value-added	20
Revenue	5
TOTAL WEIGHTING	100

All applicants must submit a proposal which contains a business case for lumber remanufacturing or speciality wood products manufacturing and addresses the development objectives of the Crown. Proposals which do not meet these requirements will be rejected. The scoring threshold for the labour remuneration category is \$15,000 per year and for the revenue category \$10.00 per cubic metre.

The proximity scoring criteria will be as follows:

< 25 km	15 points
25-≤ 50 km	10 points
50 - 100 km	5 points

All applicants must submit a completed data package in accordance with the outline provided in the tender package. Applicants must provide sufficient information for ministry officials to complete a score of each evaluation criteria and an assessment of each tie breaking factor. Leading applicants will be short listed by the regional manager.

All applicants within five points of the highest scoring applicant are considered tied. A clearly superior proposal of the tied applicants will be determined by applying the following tie breaking factors.

Promotion of Local Employment;
Integration;
Industrial Rationalization;
Utilization;
Fibre Dependency; and
Innovation.

An additional tie breaking factor of 'Promotion of Local Employment' has been included for this Timber Sale Licence. This factor will assess the total amount of employment maintained and/or created within the Merritt Timber Supply Area (TSA). This could include, but not limited to:

- direct employment at a plant located in,
- contractors hired from communities within,
- integration with companies within; the Merritt TSA.

The applicant having the highest total score, or if tied, having the clearly superior proposal, will be short listed and recommended to the minister. If selected by the minister, the ministry will audit the leading applicant to verify the proposal. Applicants do not have to provide supporting information with the proposal but must retain and be prepared to supply such information within 10 days of notification of selection. Failure to pass the audit may result in disqualification from the SBFEP.

Upon verifying the proposal, the ministry will offer the licence subject to terms and conditions deemed necessary by the minister and ministry staff.

All applicants are expected to harvest all timber volume in roughly equal annual volumes throughout the term of the licence. Applicants proposing to apply for less than the advertised volume or to vary the expected rate of harvest must receive approval from the district manager prior to submitting a proposal. All applicants must process the volume of timber applied for or the equivalent volume of lumber within the term of this licence.

Sealed tender will be opened at 2:01 p.m. March 31, 1998, at the Merritt Forest District Office, Hwy 5A and Airport Road, Merritt, B.C.

Full details for the proposed timber sale licence and application forms may be obtained from the District Manager, Box 4400, Stn. Main, Merritt B.C. V1K 1B8.

Basketball plus fun featured in annual tournament

Somewhere between the alley-poop passes and shot clocks of the NBA and Dr. James Naismith's 1891 peach crate baskets are the home courts of the Rocky Mountain Basketball Championship tournament.

Organized to give mens' basketball teams a chance to play fast clean ball with other competitive teams, this tournament is now into its sixth year, and going strong. Prize lists are growing with more and more sponsors every day. Individuals, businesses and organizations are behind this unique sports event of the Okanagan, to provide excellent prizes for all-stars, most valuable player, high 3 pointers and the tournament's overall winners.

Returning with the sculptured trophy, a Jay Begaye original, are the LTI LOPAS from Nespelem, Washington. As returning Champions, they are automatically in the March 20,21,22, 1998 tournament in Penticton. They will have an opportunity to play by double elimination sudden death rules from Friday afternoon to the Championship game on Sunday at 3:30 p.m.

Look for good sportsmanship and lots of tough moves below the hoops on March 20 to 22nd at the

Rocky Mountain Basketball Tournament. Spectators are welcome, admission fee at the door. Complimentary passes are available for media and sponsors.

For many of the players on the floor, and up and coming young basketball players in the stands, basketball is more than a game. Rocky Mountain basketball fosters the ideal role model of a good player who has always been in sports, does not drink, does not smoke, and believes in good

sportsmanship. It is a lot more than fast breaks and grabbing rebounds. Basketball, for some, is a passion.

Added to the fast-paced action, fans will be further entertained by the Pomai's Hula Halau Dancers from Hawaii. The hula dancers will perform Saturday, March 21 at 6:00 p.m. and Sunday, March 22, at 3:00 p.m. The action takes place in Penticton High School north gym.

Children act fast.....

So do poisons

by Diana Pybus,
Nursing student, OUC

Poison Prevention Week is March 15 - 21. The B.C. Poison Control Centre in co-operation with the B.C. ministry of Health, B.C. Medical Association, and B.C. Pharmacy Association wants to emphasize this year's theme of "Children Act Fast ... So Do Poisons".

People have learned that it is important to lock up poisons and keep them out of the reach of children. Cabinet locks, child-resistant caps, and warning symbols have been developed. However,

over 28,000 poisonings were reported in B.C. in 1997. Part of the reason why unintentional poisonings continue to occur is that children are poisoned while products are being used.

Remember: Children Act Fast ... So Do Poisons. If a poisoning does occur, call the B.C. Poison control Centre immediately at 1-800-567-8911. Keep this number where it can be found easily.

The information above has been obtained from B.C. Drug and Poison Information Centre.

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Case Lot Sale - Starts Thursday, March 19 - Ends Saturday, March 28.

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Government helps Science grads with jobs

Post-secondary graduates will have assistance landing their first jobs thanks to a \$2 million program included in Youth Options B.C. The funding is aimed at graduates obtaining a first full-time job in science and technology. The program provides financial assistance to employers, and gives recent graduates valuable work experience.

"First Job in Science and Technology '98" runs from April 1, 1998 to March 31, 1999. Employers apply directly for program funding to the Information, Science and Technology Agency, Science and Technology Branch, Victoria. Special efforts will be made to ensure regional distribution of projects.

Eligible B.C. employers include industry, school districts, local governments, post-secondary institutions, non-profit organizations, hospitals, health-care institutions, community agencies, government agencies, native bands and tribal councils.

Employers recruit eligible graduates directly. The Premier's Youth Office will assist employers by posting their positions approved for funding on the youth web site (<http://www.youth.gov.bc.ca>).

Employers will be reimbursed 50 per cent of gross wages up to a maximum of \$1300 per month.

The target is 200 new, full-time positions with a science, technology or engineering focus.

Trout tips

by John Sandness

Use the lightest lines and leaders you are confident with. My recommendation is to start with 6# to 8# test. As you gain more experience, you will find more success with 4# or even 3# test. The lighter leader is less visible to the trout, and more importantly, more flexible. This added flexibility will allow a more natural action to your fly or lure.

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