

Plan to cut beds angers Council, doctors

PRINCETON - Following a report by two Kelowna doctors, Princeton residents are alarmed by the apparent intent to cut eight acute care beds at Princeton General Hospital, reducing the current 18 to 10. Princeton physicians and Town Council have reacted strongly to the plan. (see page 7 for the physicians' letter to the editor).

The problem seems to be that Princeton health area generates more days in hospital than should be expected from the size of the population. This translates into a utilization rate of over 100 per cent of what is considered the provincial norm, and has forced Princeton General Hospital into a deficit position every year for many years.

The solution suggested by a report prepared by Doctors White and Mantle is to reduce the number of acute care beds (beds used for medical and surgical cases).

The plan for this reduction seems to follow this line of reasoning: if there are fewer beds, then fewer people can be admitted, and then Princeton General Hospital will stop running a deficit.

Town Council met to discuss the matter and made the following news release:

"After a meeting with Town Council, the Hospital Administrator, the Community Health Advisory Committee, the Okanagan Similkameen Regional Health Appointee for this area, doctors and nurses, it was very apparent that Hospital Administration feels that the only way to ensure a balanced budget is to cut eight acute care beds. Unfortunately, administration could not recommend any other options or solutions.

We are extremely concerned that the community was not consulted and that the health needs and requirements are not met by the elimination of these
Continued on page 2



This is a real cliff hanger!

On the morning of January 25th, Glen Wilkinson's logging truck had a close encounter with a pick-up truck at 1.5 km on the Whipsaw Creek Forestry Road. On the slippery surface, the little truck managed to knock the big truck off the road. Wilkie took a very deep breath when he opened his door and looked down over hundreds of feet of air. Fortunately, there were no serious injuries. When these situations occur it is a reminder to the public to proceed with caution when driving on an active logging road. Glen & Michelle send out their thanks to Tri Valley Construction and Mac Lind Logging for the two skidders and the loader required to put the truck back on the road, and Ken Hanson, Mac Lind, Roy Harker, Don Taylor, Dave McLean, Kirk McInroy, Mike Neilson, Jim Emmons, Dean from Haul-Rite, Tri Valley Construction, Mac Lind Logging, and all the truckers who were inconvenienced by having to wait 3 to 4 hours while the road was being cleared.

Stranart rejects mayor race

KEREMEOS - Mayor J.C. Stranart will not seek re-election in civic elections to be held this fall. Some people have stated their desire to have him seek another term of office, but Mayor Stranart has had enough of politics.

"I have said again and again, I'm not a politician," Stranart told the News Leader.

Three years ago, Stranart felt the direction Keremeos was taking had to be turned around. He decided to run for mayor and was

elected.

"I like to think I've made a difference. To make improvements, it had to be hands-on, putting in a lot of hours. If it had been a two-year term, I would have run again, but two three-year terms - I don't think I've got the energy for it."

He does not want to leave the impression he did it alone. He and Council made the effort. They cut property taxes, and are now doing more with less money.

"We've proven it can be done," Stranart says.

Despite feelings of satisfaction over the job he has been doing, he rejects running again.

"It's not in my nature," he says with a laugh.

"I have absolutely no intentions to run again. I'm not being coy."

Stranart says he announced it early to provide time.

"If there are people out there who are willing to do their civic duty and put in some hard work for three years, do it!"

Stranart believes each person must put something into the community.

"It's now time for somebody else," Stranart says.

Vermilion Trails Society releases proposal

PRINCETON - The Vermilion Trails Society has released the latest proposal to the province concerning the management of the section of the Kettle Valley Railway rail bed between Osprey Lake and Brookmere.

The proposal consists of a Memorandum of Agreement detailing how the society will pro-

vide stewardship for the future development of what should eventually become part of the Trans Canada Trail. Items such as safety and ethics, conflict resolution, non-authorized motorized control, facilities, signs, fencing, noxious weeds, and a maintenance plan are addressed.

Continued on page 2

Weather Watch

Princeton area Keremeos area

	High	Low	Precip	High	Low	Precip
Jan 25	-3.2	-10.8	2.2 cm snow	-2	-4	
Jan 26	1.1	-6.8	2.2 " "	5	-4	
Jan 27	0.6	-11	3 " "	3	-8	
Jan 28	4.3	-5.6	5 " "	3	-3	2 cm snow
Jan 29	7.7	-1.8	1.8 " "	8	1	3 mm rain
Jan 30	1.2	-3.2	9 " "	6	0	
Jan 31	1.7	-2.5	2 " "	6	0	1 mm rain/snow

FORECAST:

Wed- Mainly cloudy, 60% showers, windy, low 0, high 5

Thurs- Mainly cloudy, 60% showers, windy, low 2, high 5

Fri.- Mainly cloudy, flurries/showers, VERY windy, low -2, high 4

Normals: low -6, high 2. February 5 - Sunrise 7:19 a.m. Sunset:

5:15 p.m. Daylight: 9:57 hrs. equal to November 5. January

Averages: high 1, low -4, a very warm January!

PGH bed cut ... from front page

beds, and is, therefore, unacceptable to the residents of this area. Public meetings will be held in the near future to ensure all options are pursued."

The Okanagan Similkameen Regional Health appointee, Raymond Huey, did not wish to make a public statement. He referred the News Leader to Hospital Administrator Dorothy Cobb, an employee of the Regional Health Board. Cobb was not available due to illness. In her place, the News Leader received a press release from a Mr. Skodyn of Regional, who stated, "This is what Dorothy Cobb would say if she were able."

"The plans for Princeton General Hospital are part of a larger goal to have a truly integrated network of health services in Princeton. This means that acute care and community health, such as long term care services at Ridgewood Lodge, are working together for the whole community of Princeton. The communication of our plans began with a group of our staff, physicians and elected officials but will continue to include the entire community of Princeton. In the near future, Dr. Philip White and Dr. Michelle Mantle will visit Princeton to talk about their utilization study of Princeton hospital. Arrangements for this meeting will be communicated as soon as they are finalized."

One of the problem areas identified in the study is the use of acute care beds for Alternative Level of Care patients. These patients might be kept at home if there were home support services avail-

able. However, recommendation #14 of the White/Mantle report states: "Review Homemaker and Direct Care Services to determine if the number of visits/hours can be reduced, freeing up resources to direct at a greater number of patients now not being admitted to hospital."

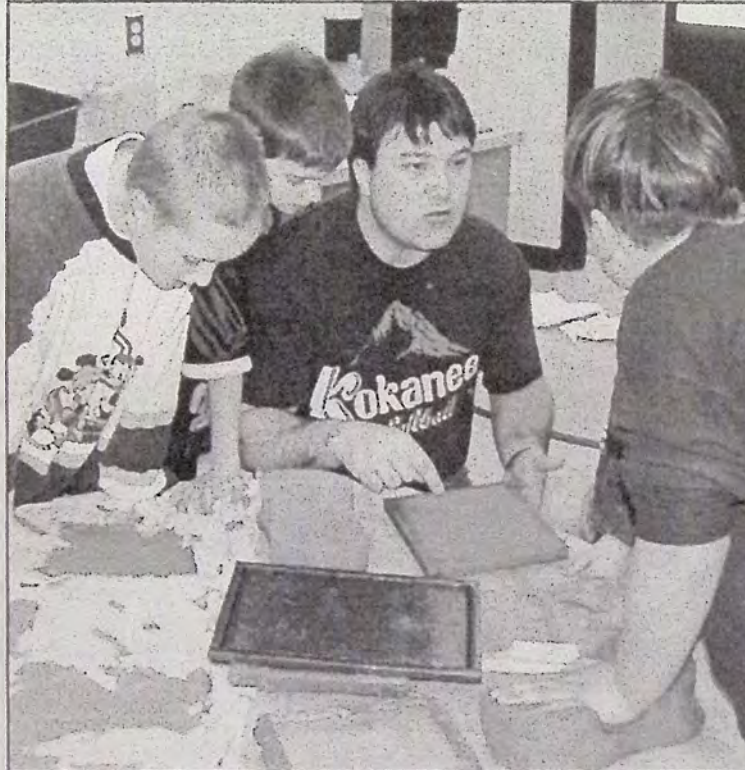
Homemaker and home support hours were drastically reduced this year by budget cuts, to the point where Community Services Administrator Joyce Fraser has reduced her own hours to save money for use for home support.

There are a substantial number of non-local cases listed in the statistics given for Princeton General. Many of these will be Hedley residents, who are not considered within Princeton health area, as well as persons off the highway, summer residents, and elective

surgeries done for people from outside our area. These are added to Princeton's number of patient days versus population.

There is not one recommendation that recognizes that continued increased utilization may describe a hospital serving its function to more than capacity, nor one recommendation that recognizes that cutbacks in hours for home support may contribute to patient numbers.

Not one recommendation suggests increased funding for the hospital which is accused of being over-used. The problem boils down to more patient time than Regional Health Board is willing to fund for Princeton, despite the fact that approximately 20 percent of all cases are transferred to Penticton!



Mark Beaupré demonstrates paper-making at John Allison Elementary School Science and Technology days, last Thursday and Friday. Students learned about air pressure, underwater machines, fingerprinting, and communications technology from community resource people like Mark, the RCMP and others.

Trails proposal

.....from front page

An agreement between BC Asset and Land Corporation and the Trails Society must be approved before work can begin on projects identified by the society.

Development of the Trans Canada Trail network offers Princeton and district with considerable economic development through expansion of tourism.

The next meeting of Vermilion Trails Society will be Wednesday, February 10, 7:00 p.m. at Town Hall. Membership costs \$10 per person, and can be mailed to Box 248, Princeton or presented at the meeting.

*The early bird gets
the worm but the
second mouse gets
the cheese.*

Anonymous

New officers elected for Centre

PRINCETON - At the January 28 Community Skills Centre meeting, a new Board of Directors was elected. Four incumbents were elected by acclamation: Charlie Brooks, Glen Glowinski, Ron Armstrong, and Jaymie Atkinson. Two new members were elected: Deb Willis and Sharon Elko. Jim Manion was chosen as President, with Brooks as Vice-President and Atkinson as Secretary-Treasurer.

Retiring President Ken Heuser made a number of recommendations for future change. He asked future directors to investigate accreditation, and investigate the

"core funding" issue. He advised having Okanagan University College more involved in the Skills Centre, and having outlying offices in Tulameen, Merritt and Keremeos, as well as sub-letting space to government, charitable or industry organizations in order to stabilize funding.

Heuser praised the executive and employees of the Skills Centre for what they have achieved in the past year.

Three more director positions need to be filled. The board has the option of appointing people to those positions.

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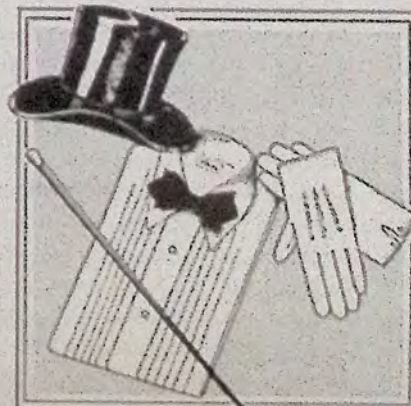
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She's headed for World Series Softball '99

PRINCETON - Erica Timms is going to the World Series of Softball in Charlotte, North Carolina, U.S.A. She was identified by scout Charlie Green as a candidate after seeing her play at District 9 finals in Kelowna. Green is an Olympic softball competitor who scouted players for Calgary Thunder, one of the three girls' softball teams representing Canada on July 25 to August 1, 1999.

Six girls from District 9 the B.C. Interior, will be joined by one pitcher from Saskatchewan and one from Dallas, Texas, to make up the Calgary Thunder team. In addition to Erica Timms, the team has enlisted Lindsay Lynch (Vernon), Kelsey Haggard (Enderby), Christine Haggland, Ali Fagali and Lindsay Gomme (Rutland), Christy Lode (Summerland), and Jaime Thomas, Alyssa Vogt and Joni Frei (Westside).

Erica credits her coaches and Princeton Minor Ball Association for helping her go this far. The team sponsor, Jebway (Jim and Debbie Byrne) kept the BRATS team on the road for years.

Erica is registered with a private scholarship search company, College Prospects. She hopes to win a full scholarship when scouts see her in North Carolina. Green has told her he will promote her to prospective colleges.

To qualify, Erica must keep her marks high, and must travel back and forth to Kelowna and Vernon for practices, a real burden due to the distance. Practices are every Tuesday, Thursday and Sunday, and Erica tries to go to as many as she can. Her father, Barry Timms,

Timms hopes Erica receives a scholarship, as he feels he would not be able to fund a good education for her, considering his circumstances. He will find it difficult funding Erica's trip to North Carolina.

has always encouraged her to play and to achieve.

"I think it's great," says Timms, a single parent who works at the sawmill. "It's a chance of a lifetime."



Princeton's Erica Timms has been selected to play in the World Series of Softball. Above, she is shown in her Jebway B.R.A.T.S. uniform.

Look for Heart Fund Canvassers

February is Heart Month. Look for canvassers in your neighbourhood. The annual Heart Fund dinner, held January 28, in Princeton, brought out 44 people to hear Lori Pierson, Community Development Co-ordinator for South Okanagan Similkameen, talk about starting a Walking Club, and ask for teams for the Big Bike, booked for May 20 in Princeton. If not enough teams sign up, it will be cancelled.

André Trotter, Health Advocate, talked about the Heart Smart program for kids, and showed a video on the impact of a stroke on one couple and how it changed their lives.

More volunteers are needed to canvass. If your home is missed, send a donation to Box 1766, Princeton. For more information, contact Maria Walman at 295-6247.

This is Toastmasters Week

January 31 to February 6, 1999

PRINCETON - As District 21 of the Toastmasters International Organization, Toastmasters Clubs in British Columbia offer members an opportunity to develop communication and leadership skills in a positive and up-beat environment which fosters self-confidence and personal growth. Members work at their own speed through the communication program designed to provide support and achievement in various aspects of communication.

In addition to helping members develop the ability to comfortably prepare and make effective presentations, members practice impromptu speaking. This provides them with the skills to actively participate in meetings, answer interview questions, and feel more comfortable in social situations. Effective listening is an important part of the

Toastmasters program.

Toastmasters learn to run meetings in an orderly way and stay within pre-determined time-lines, all part of effective communication. Another important aspect of the Toastmasters program is developing the ability to give and accept constructive evaluations.

In Princeton, we have a very active club with 10 members. Our club functions as an arena for developing leadership skills.

Members learn to utilize parliamentary procedure, to accept and delegate responsibility, and to exercise the fundamentals of planning and leadership.

There are many Toastmasters clubs throughout the Okanagan and B.C. Anyone interested in attending a Toastmasters meeting in Princeton can call 295-6683.

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Multi-age groups at John Allison Elementary School learned to work together building ice castles. Coloured shapes were prepared at home, then assembled to create a castle. The group above, the Tower Castle Team, created an interesting fortification with a high tower.

Kids say they like their teachers

PRINCETON - Vermilion Forks Elementary School is having teacher appreciation week Feb. 1 - 5. As part of appreciation week, many of the students' parents have volunteered to do supervisor duty, a big **thank you!** from the PAC.

Many of us, at times, take for granted the teachers who educate our children. These people are caring educators who not only put in class and prep time, but participate in the Christmas concert, school sports and school clubs, to name a few. These don't just happen. Many extra hours go into these events. So - thank you Mr. Clark, teachers and support staff.

Blaine: I like the fun fair and I love my teacher!!!
Chantelle: I appreciate my teacher for teaching us.

B.C., Feds apply for biosphere

VICTORIA - Clayoquot Sound will become the first international biosphere reserve in B.C. if the provincial and federal joint application to UNESCO is successful. The formal application was signed in Victoria January 28. First Nations and local government have supported the application to conserve the area's biodiversity, economic sustainability and cultural values.

Corbin: teacher is the best
Jennifer: why I appreciate my teacher: because she is nice.
Terence: my teacher is the best
Britts: I love the fun fair
Madison: math, handwriting. She is very helpful
Allana: thanks for teaching us math

Julia: she's helped me a lot with things. I like my teacher. I like all about her and I like all the things we do.
Ashlee: My teacher is fantastic
Jesse: My teacher is very nice. That's why I like my teacher.
Unsigned: Mr. Braun is nice and fair.

Little Scoop: It's too much

I think of myself as a pretty liberal person, open to new ideas and freedom of speech but even I can't believe some of the things I am hearing. I can't believe how open our society has become with the topic of sex. I remember a time on television when people didn't even allude to sex, let alone talk about some of the things they do now. Some of the words they are now allowed to use on television, I know they'd make my grandparents blush. So what am I getting at with this? Why am I bringing up this over-used topic?

Well I think that our society's openness with the topic of sex is one of the reasons kids are having sex at a younger age. Think about it, kids watch their nightly sitcoms and hear the characters talking about their healthy sex lives and hoping to "get lucky" (I am using old yet suitable phrases here, trust me there is worse on TV nowadays) and then they relate the characters to their lives. They talk about sex at a younger age, although they may not really be aware of what they are talking about. Their lack of awareness is not due to lack of education, as

sexual education begins in grade eight, but the way they are educated does not do a good enough job of deterring them from having sex at an early age. We have become so open about the subject that I think we have taken away some of the importance of the act itself, not only for adolescents but adults as well. It is meant to be something private and special and by society treating it as "no big deal" we take that status away from it.

Don't think I am going to become really conservative in my views from now on. This is one article and one opinion I have. For the most part I see myself as very open minded, but even the most liberal person has to see fault in certain parts of our society. I may be taking this argument a little far, but I truly believe that we are going too far, too fast with our openness about sex as a society, and I feel that it may lead to our kids going too far too fast as well.

Remember agree or not, I'd love to hear some feedback, email me.

little_scoop@hotmail.com

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Sarah Van Heeswyck demonstrates care of a lamb at the Open House presented by the 4-H Lamb, Rabbit, Dog, Cavey and Horse Clubs on Friday evening at Princeton Secondary School. 4-H members put on demonstrations involving live animals, educational displays, and their own experiences.

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Youth Business Exchange welcomes youth to show at Penticton Trade Centre

PENTICTON - Want to run your own business? Young people wishing to become their own employers may find plenty to think about at the Youth Business Exchange. Community Futures offers a day of training sessions for young people wanting to start their own businesses. The seminar will take place at the Penticton Trade and Convention Centre on February 10 from 8:30 a.m. to 5:30 p.m. Cost for the day is \$10, and includes lunch.

The morning session offers four 30-minute training sessions on marketing, financing sources, business diversification and emerging technologies. Following a buffet lunch, keynote speakers from the wine, film, tourism and technology industries will share success stories and talk about entrepreneurial opportunities in their fields.

A Trade Show in the afternoon will showcase local youth (between 16 and 30) who are successfully self-employed in a variety of businesses ranging from boat building to digital imagery printing, to residential and commercial water filtration.

Self-employment is the fastest-growing component of the small business sector. Self-employed British Columbians now account for 20 per cent of the province's total workforce, up from 16 per

cent in 1990.

In addition to Youth Business Exchange, Community Futures offers potential entrepreneurs one- and four-week Self-Employment Programs designed to teach business planning and management skills. Business funding is also available through grants and loans.

Sponsored by Human Resources Development Canada, these programs are intended to help young people in today's difficult and ever-changing job market. As outlined in a BC Stats handout, "One reason why this generation of young are finding it so difficult to obtain work is demographics. They are the children of the early baby boomers and constitute a bulge flowing into the labour market that far exceeds the outflow of retirees. This, coupled with downsizing in the public sector, which had traditionally been an important source of employment for the well-educated young, has resulted in a lack of job opportunities for youth.

On the bright side, their plight will be reversed over the next 10 to 15 years as the baby boomers themselves retire and labour shortages occur.

If you plan to attend, or need more information, call 250-493-2566. Those planning to attend should confirm early.

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POINTS OF VIEW

OUR VIEW

Should we change to theme?

Times are tough. The big resource industry payrolls have faded away, downtown merchants are having serious problems making a living. The economy seems to be shrinking. In desperation, local business people have started talking about changing the town's theme.

In 1987, Princeton went with a theme, after years of arguing. The first theme, arrived at during the recession of the early 1980's, was "wood and minerals". It was later changed to a turn of the century theme called Victorian or Edwardian. The townspeople borrowed \$600,000, which will be paid off at the end of this year. Now, some people want a western or frontier theme.

Theme towns appear to work well in places like Leavenworth where the community has the will to adopt the theme and the will to carry it out. The theme established in 1987 has not worked as well as people would like. Recent objections to signage bylaws are proof of the ineffectiveness of trying to adhere one hundred percent to the theme even after the building has been changed to conform to the theme. Some businesses, such as service stations and franchises, will never conform to any style but their own: they have a trademark building style people look for. For the franchises and service stations, the trademark style makes them money, and money is what they want from business.

Our question is this: do we need to change our theme, or do we just need to change how we look? Do we need to give our town some personality and some upkeep?

In our opinion, people will stop here if we give them a reason to stop. They stop for hockey tournaments, snowmobiling, fishing, softball and other activities, despite poor signage and the Vermilion Avenue "slingshot". People manage to find their way into town, if they have a reason to come here. We need to make stopping here easy and attractive.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute inappropriate language.

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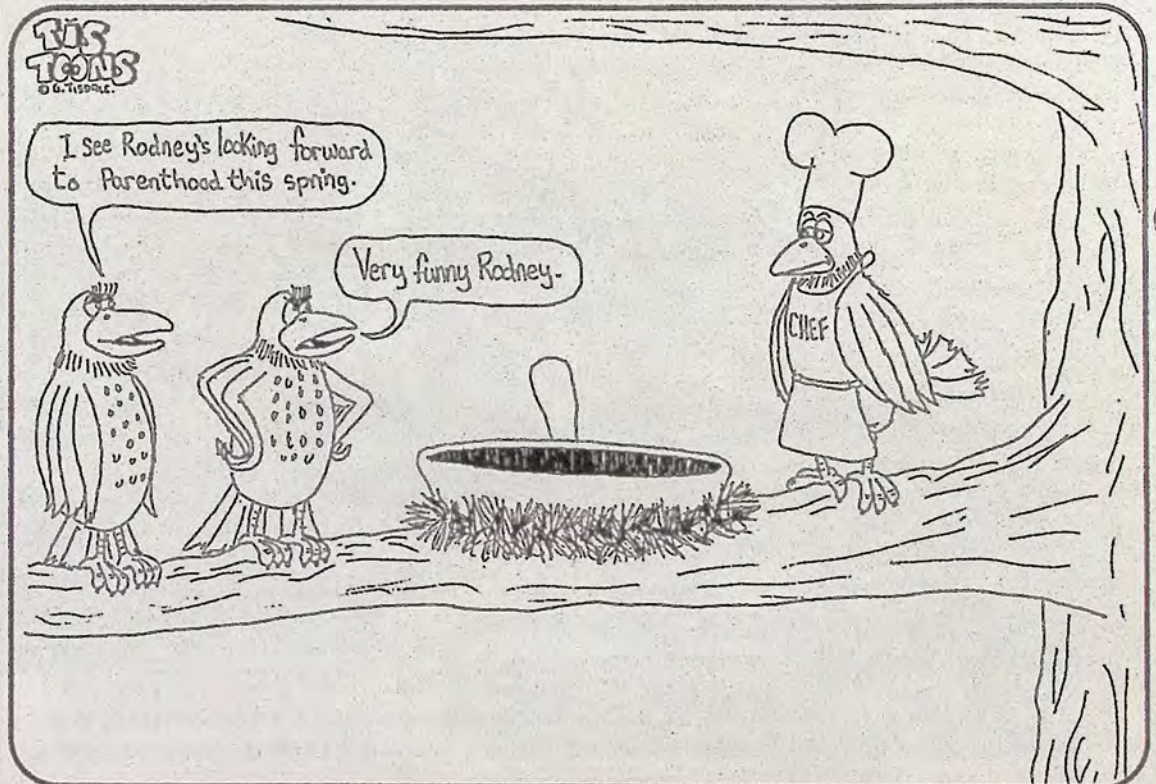
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YOUR VIEW

Letter to the Editor

Mayor asks "Whose trees are these?"

The recent restructuring announcement by Weyerhaeuser Canada will include the reduction of the operation in Merritt to a planer mill and increase the production in the Princeton mill. Lumber manufacturers around the province have been increasing production to lower unit costs and to compete, it seemed inevitable that Weyerhaeuser would do the same. The decision to reduce Weyerhaeuser's Merritt operation would seem to be unfortunate at first glance, but the remaining Merritt sawmills will find that one less competitor may well be an advantage. Our MLA, Harry Lali, and Weyerhaeuser are working diligently to access a variety of secondary industries to help diversify the economy in Merritt. I believe the assistance, (severance pay, early retirement and alternate employment) Weyerhaeuser is providing the employees in Merritt and Lumby is exemplary. They are demonstrating a loyalty to their workers to make the transition as painless as possible.

Increasing production will improve the viability of the existing Princeton mill and this increase is dependent on the stability of Weyerhaeuser's wood supply in the Merritt TSA. In the past, when large quantities of wood were taken out of the Princeton area, it was always the explanation of the Forest Ministry that the wood belongs

to all of the people of B.C. Now that the supply to Princeton's mill stands to increase, the position that the Ministry of Forests should take is to ensure that the supply supports the continued operation of the Princeton mill. Any review of Weyerhaeuser's timber supply must take into consideration the jobs and economy supported by the Princeton mill and there must be a commitment to continue milling wood at the Princeton mill.

Assistance, in every form, to benefit the community of Merritt and to ensure the continued viability of Weyerhaeuser Canada is welcome, but it must be made clear to those whose responsibility it is to safeguard our interests, that this must not come at the expense of the mill operation in Princeton. Our MLA and the Minister of Forests must defend our position and that position is that some of the people of B.C. who own those forests live in Princeton. I

believe it is incumbent upon our council and the people of Princeton make sure that message is received.

On February 12, 1999, the Merritt Weyerhaeuser operation will be reduced and for one year following that date, the government will be able to enact any wood supply changes it deems necessary. Prior to that date, a delegation from Town Council will travel to Victoria to meet with the Minister of Forests, David Zirnheldt, and our MLA, Harry Lali.

If you share our concern, please take time to express your thoughts in a letter addressed to the Mayor and drop it off at Town Hall. We will forward them to the people responsible for the decisions which affect us. The more we do in Princeton to create an environment in which business and industry can prosper, the more business and industry jobs we will attract.

Mayor Randy McLean

What are your priorities?

Council and the Chamber of Commerce have been consulting groups to ask what should be done to improve the economy of Princeton.

We want to know what the average citizen thinks is most important. How about a letter? Or, just give us a couple of your ideas and drop this off at the News Leader by February 13.

My priorities would be:

Physicians oppose bed cuts

Dear Editor:

Several of us, as local physicians, were invited to attend a meeting of Town Council and interested parties recently to consider anticipated changes at our local hospital. We were surprised to learn that our elected local government officials had been given very little information on a matter which will soon have a major impact on our community. We thought that perhaps members of the community should share this information. The beds available to acutely ill patients are soon to be cut from the present level of 20, to 10.

In a recent report done in December, 1998, by Dr. P.A. White and Dr. M. Mantle, the suggestion is made that Princeton physicians and health care workers are over-utilizing acute care beds by a factor of two. Our utilization rate for 1996/97 is said to be 1,164 per 1000 as compared with the provincial average of 645 per 1000. Curiously, the more current 1997/98 rates are not made available to us. A few reasons for this community requiring higher utilization are acknowledged, and all of us could add several dozen more reasons. It is arbitrarily suggested, however, that we should be able to reduce our utilization to 900 per 1000. We are to learn how to do this by becoming educated on techniques of efficient utilization, but primarily we will comply because we have no beds in which to treat sick people.

The skeptical among us might wonder whether we are going to save money by closing beds as we really can't do with fewer staff unless we close all the beds. We might even wonder whether the alleged over-utilization simply reflects adequate care which has been long gone after closure of beds in other areas of the province. Some of us perhaps still feel that the outcome which should be measured is the impact of our efforts on the health of the community, rather than the impact of community illness on our budget.

There may, however, be some instructive information to be gained from the statistics presented, even if we accept them without criticism:

- projected population served by the hospital is 5141 by year 2003 (Vallery report, 1996)
- suggested occupancy in patient days per 1000 population = 900 (White/Mantle report, December 1998)
- suggested average acute bed occupancy: 70% (Klippert report, June 1998)
- suggested number of acute beds after cuts: 10 (White/Mantle report, December 1998)

Now we do the math: 10 beds times 365 days divided by 5.1 (population) times 70 per cent equals 500.98 patient days.

This falls far short of suggested required occupancy of 900 patient days. If we had occupancy of 900 patient days in 10 beds, we would be at 125% occupancy.

• To achieve the 900 patient days as suggested: 18 beds times 365 days divided by 5.1 times 70 occupancy equals 901.76 patient days.

Sounds like 18 beds should just about do it by the figures in the various reports. Of course we can all do whatever we want with figures, but there is nothing in these various reports to support a cut to 10 beds.

As this letter is written, there are two patients lying in our emergency department with no place to go. This is an occasional event at our present complement of 20 acute care beds. It is possible, more with manipulation of statistics than with education, that we might be able to make do with 18 acute beds. This will be a major challenge, but will be perhaps achievable. The proposed cut to 10 beds will not be a challenge - it will be a disaster. It is not clear whether local, regional or provincial administration is responsible for this decision. Only the local MLA is elected and accountable. They are appointed or hired, and driven by their budgets.

Public outrage may not be sufficient to change the way beans are counted in our health care system.

Public outrage has, however, worked in the past. Local physicians are extremely grateful to the people of Princeton for their support in the rural doctors' initiative to obtain incentives to attract new physicians to work in rural areas. We now find it somewhat more

easy to obtain help for coverage for call and holidays. We feel that our present complement of physicians has become more stable as a result of having the prospect of some time off at more predictable intervals. Thus far, the new incentives have not been sufficient to attract another full time physician, but we are hopeful that this will change. It will make a very large difference to be able to offer a new physician an adequately-sized 18 - 20 bed acute facility in which to work. The adequacy of our health care facility is one of the reasons we all live and work in this wonderful area.

Local citizens are encouraged to make their views known repeated to local, regional and provincial officials if they have an opinion. Past actions have already made a large difference and we still have hope for the future.

Yours sincerely,

Dr. J. M. Adams, Dr. M.R. Whittle, Dr. N.J. Bosomworth, Dr. D.B. Reid.

Hope for Princeton

Dear Editor:

As one of the local business owners who attended the breakfast meeting at the Legion last Friday morning, I would like to point out that, along with the greatly publicized negativity which arose, there was also a great deal of positive.

It was exciting to first of all see so many business owners attend such a meeting. What I witnessed was a lot of people who are eager and excited to move forward and

Continued on page 8.....

Heart Food

by Dave Machin



The scripture says in Hosea 4:6 "My people are destroyed for lack of knowledge." The word destroyed means "put out of existence". People are put out of existence every day. That does not necessarily mean they are killed but it can mean that expectations fail or fall apart, dreams die, hopes vanish and life ceases to have meaning for them. God is good and the source of all good things and if the above verse were turned around it would imply that if I had correct knowledge I would not be destroyed (put out of existence), for I would know that He would work on my behalf. God is not in the business of putting anybody out of existence in any way but He is in the process of freely giving you new hope, new desires, new dreams, in short, a reason for living. He absolutely does not want one human being to perish (out of existence). For He is a gentleman, and as a gentleman, He is waiting for you to come to Him with your limited knowledge of Him so He can pour out His goodness personally into your life. He has a way for every problem, disappointment, broken dream, or disillusionment to be turned around through His son Jesus Christ. I am not saying instantly, because you don't usually get into a mess overnight and it does take time to get out. But He can get you out, if you will but give him the chance. Some things are instant and some are not, but He is faithful. I challenge you to put Him to the test. He will never fail you for His grace (His willingness to use His power and ability on your behalf even though we don't deserve it) is available to you to give you a reason for existence. God is good all the time.

Pastor: Dave Machin, Similkameen Christian Center, 219 Vermilion Avenue, Princeton, B.C.
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GOD IS GOOD ALL THE TIME

Hope for Princeton..... from page 7

to make some positive changes for our town. Yes, there were some grievances aired, but this is a vital first step toward doing this a different way.

Indeed, some of the negative statements were valid and very much reality. I believe we can acknowledge these points as an opportunity to turn things around as a community. We also need to acknowledge that there is a lot of good in Princeton. Much of this good was verbalized and shared during this meeting.

I felt that what Council intended here was to provide a platform for input and suggestions from the business community, and a will-

Breast check van arrives next month

SIMILKAMEEN - The Mammogram Van will arrive in the Similkameen Valley on March 12, 13 and 15. The van is a service for women to provide early detection of breast cancer.

The Mammogram Van will be in Princeton March 12 and the morning of March 13. It moves to Keremeos for the afternoon of March 13.

Keremeos and Cawston area women will be able to use the service on March 15 for a full day, following a day off duty for van staff.

To use the service, call 1-800-663-9203 to make an appointment.

ingness to listen to and to work with these ideas. In any such format will arise complaints and dissatisfaction. There were also a lot of good ideas and enthusiasm brought forward, and a lot of people who are ready to do whatever it takes to see Princeton grow and prosper. I got a sense of the business community coming together to work as a team in this effort. I believe that this is the key to our

Liars and Thieves, citizen says of photo radar

Dear Editor;

For the B.C. gov't to say that photo radar is not a cash grab, but a method to reduce speeding and save lives is almost as bad a lie as the one "we've balanced the budget".

For the NDP gov't to think that we are so gullible to believe that an unmarked police van, parked off the roadside and snapping photos of passing vehicle. Then allowing the speeders to carry on speeding (possibly intoxicated) opposed to a "well known" "well marked" police car parked at the same spot displaying its presence. Will have an instant affect on the pace of passing traffic, immediately removing the risk of a "speeding accident" without ripping off the motorist at a \$115 a pop.

This NDP method to save lives, involved a hidden unmarked police van, taking a photo of a

Fishing derby makes kids fishers

Dear Editor;

First you take a young child, a body of water, a hook, a bit of line and some bait. You mix in a little encouragement. The child may think he or she is going to catch a fish, but as we old fishermen know, it is not the fish that is going to get hooked, but the child, and a fisherman is made.

My wife and I have had the pleasure of running the Kids' Fishin' Derby on Tulameen Daze on the August long weekend for the last seven or eight years. We don't know who had more fun, the kids catching fish or us watching them come running across the lawn with their big smiles to get their catch weighed in. We even had one young boy go running home to dig up his fish because he did not know you could enter squaw fish in the derby. He ended up winning the first prize for coarse fish that year.

All things must come to an end, my wife and I have made other plans for this year I hope the community club can another volunteer to take over the fishing derby as the children look forward to it. A. Kent Westerman

success as a town, and I, for one, left this meeting feeling a little more hopeful for Princeton.

Sincerely,

Karen Allen, co-owner of Garden Fresh Farmers Market (formerly Garden Pride)

Editor's Note: This letter refers to last week's front page article "Business meeting draws negative, positive"

passing vehicle which the driver becomes a victim of random discrimination via unsolicited mail with a written threat that if the ransom is not paid or disputed, then the driver is automatically guilty and will not be able to renew his/her license. If the victim chooses to dispute the allegation on the violation ticket (that does not even have the recorded speed on it) the driver will have the inconvenient bureaucracy at a court house a 100 miles away or perhaps 100's of miles away (designed for the discouraged victim to pay instead of disputing).

In my view, it appears if the government ICBC are using the similar desperate tactics like some shady town policia in some Mexican border town.

I'm not saying that the next party in power will be any better, because they won't be. This is why our parliamentary system needs to be overhauled, as liars and thieves are of the same breed.

Mike Bunn

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Princeton's Marilyn Lawrence, volunteer president of British Columbia Lung Association, met last week with Senator Colin Kenney at the Lung Association office in Vancouver. Kenney was the author and proponent of Bill S-13, a piece of legislation which died on the order table in the House of Commons last fall due to a technicality. The bill would put a levy on tobacco products to be used for programs designed to stop young people from smoking. Kenney plans to redesign the legislation for tabling this year, and is touring the country to garner support for the new bill.

Chamber sets priority projects for 1999

PRINCETON - Chamber projects for 1999 were decided on through a priority selection process at a meeting held January 25 at the Skills Centre. A good turnout of approximately 40 members looked at a list of projects, added some new ideas, then selected their preferences through a numbering system.

The list of projects included beautification with hanging baskets, but Steve Brodie presented photos of the highway entrances to Princeton and pushed for a project to clean up these areas along the highway. Brodie asked for a bylaw to have boarded up buildings improved in appearance. He added a plea for support for the golf course expansion.

Bud Sadegur presented the concept of a curling "grand match" to take place on a lake. Everybody brings their own rocks and teams play down to a final winner. He suggested putting such a plan on internet would attract hundreds, and Allison Lake would be an ideal site.

Chris Pond urged members to focus on what they wanted and move ahead for the future.

Jaymie Atkinson wants to see a paved walkway around the town to the tunnel, a circle route. She added that it would be easy to put maps on the website and let people print them out if they wanted them.

Glenn Weissbach asked for Chamber support for a grant under the Job Strategy program to assist with costs of the golf course expansion.

Karen Allen asked for the area near Princeton Plaza to be included in the beautification project.

Patti Harrower suggested local business people should be reminded, and they should remind their staff, to be courteous.

Jim Manion wants to see more promotion of snowmobiling. He brought up the Trans Canada Trail, and there was some discussion of possible advantages of the trail.

Jim Stolph remarked on how shocked he is that so few business people have become involved in the trail project. He would like to see more business people supporting it.

The final selection established a brochure as top priority, followed by beautification. Third priority was the calendar of events, then expansion of the historic walk project and an advertising kiosk. Sixth priority was the Chamber's biggest annual project, the trade show, followed by highway signage improvements and a community video (continuous loop for trade shows). Moonlight Madness, interest-free shopping, members supporting members, and preparation and sale of an audio cassette to describe points of interest.

Another idea was to change the theme of the town to "western" as opposed to Victorian, the theme chosen for downtown revitalization in 1987. This was not an option to choose for priorities, but presented as something to think about.

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Dr. Warren Gage

Water is the best thirst quencher

With all of the various sports drinks on the market today, many athletes have forgotten about the simple, old-fashioned fluid replacement...water. Plain old water is more important than you may think.

Water is a basic nutrient which is essential for your survival and proper functioning of your body. You can survive for weeks without food, but only a few days without water. This is due to the fact that 60-70% of your body weight is water. Muscle is 70-75% water while fat is 10-15% water.

Water plays a number of very important roles in your body: Water plays a number of very important roles in your body:

- In body fluids, it helps lubricate joints and cushion organs.

- In body fluids, it helps lubricate joints and cushion organs.

- In saliva and stomach secretions, it helps digest food.

- In saliva and stomach secretions, it helps digest food.

- In blood, it transports carbohydrates, proteins, fats, and hormones, and carries away wastes such as carbon dioxide, ammonia, and lactic acid.

- In blood, it transports carbohydrates, proteins, fats, and hormones, and carries away wastes

such as carbon dioxide, ammonia, and lactic acid.

- In urine, it carries waste products out of your body.

- In urine, it carries waste products out of your body.



Dr. Warren Gage

- In sweat, it removes the body heat you generate during exercise.

From the few above examples of the importance of water in your body, a lack of water (dehydration) can severely interfere with your body's ability to function. To prevent dehydration, our natural defense is the sensation of thirst.

One should drink enough water to replace the amounts we naturally lose through breathing, urine, sweat, and feces. How much water you need each day depends on how many calories you burn. A simple equation for

figuring your water requirements is that your body requires 1 milliliter of water per calorie you burn. So, for example, an active individual who may burn up to 4000-5000 calories per day requires 4000-5000 milliliters (4-5 liters) of water daily. If you are inactive and burn only 1500 calories per day, you must drink 1.5 liters of water per day. No matter what your activity level, it is best to constantly drink water; before you feel thirsty, to ensure a healthy level of fluids in your body.

We are lucky in this region to have a good water supply, thus everyone should ensure they drink adequate amounts every day.

If you have any further questions, ask your chiropractor or family doctor. Dr. Warren Gage is a chiropractor practicing in Princeton Tuesdays and Thursdays. His phone number is 295-7015.

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Mentat's

Basic Business Laws: #9

by M. Edward Muckle

Readers who follow this column will find immediate business benefits by applying the principles outlined to an existing or proposed business.

LAW NINE SURVEY TO FIND WHAT IS WANTED AND NEEDED

Make an assumption and you stand a 99% chance of being wrong.

I will always remember the saying drilled in by my dad, "When you assume something you make an ass of you and me". Over the years I have proven this right on countless occasions.

We all have a viewpoint on the world created by our life experiences. Unfortunately none of us have exactly the same viewpoint. Who would have ever believed North America would go nuts over Pet Rocks. When you have a 'good idea', take the time to get

out and survey the proposed market. If the process didn't work then there would be far fewer national companies in that business and politicians would never know when to change faces.

The process is simple. You draw up a list of questions. You get in direct touch with those you believe will be the market for the new product or service and ask them the questions. You review the answers to see if you are getting the information you need. If not you revise the list of questions and do it all again. An important aspect is to ensure that you are not tailoring the questions to get the answers you want to hear. A well designed survey will ensure the final product or service is appropriate to the market and will tell you exactly how to promote it.

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<p>New three bedroom home on quiet no-thru road. Similkameen River just across the road. Large partially fenced yard. \$139,900. MLS</p>	<p>Exceptionally maintained 3 bedroom, 2 full bathroom, full basement home. Partially finished basement. New roof on house. Single car garage. Landscaped double lot on dead end street. \$87,900. MLS</p>	<p>Renovated 3 bdrm home with large fenced yard. Walking distance to Elem. & Sec. schools as well as the downtown core. Just down the street from playground & store. \$79,900. MLS</p>	<p>REDUCED Large home with full, finished basement on over 13 fenced and crossfenced acres. Great location just out of town, this is definitely a horse-lovers home. \$274,000. REDUCED. \$262,000. MLS.</p>
<p>Level 50'x125' building lot in the south end of town. Fully serviced and zoned to allow the placement of a doublewide mobile home. Quiet area. \$19,900. MLS</p>	<p>Just the perfect size. 3 bdrm home in quiet neighbourhood. Paved driveway with lane & street access, large 16' x 10' sundeck. 6 years old, very well cared for. Bang offer! \$99,000. MLS.</p>	<p>Very nicely remodeled older mobile home with well thought out addition in Allison Flats. Landscaped yard which backs onto elementary school playground. \$22,500. MLS.</p>	<p>1,380 square foot three bedroom home with full basement on over two acres. Close to town and the golf course. Too many features to list. \$179,500. MLS.</p>
<p>Charming 4 bdrm home extensively remodelled & updated. Landscaped yard, modern kitchen, workshop & R.V. parking. All this and a magnificent view of the mountains. \$89,900. MLS</p>	<p>2 bedroom mobile home on 5 park-like acres close to town. Property is partly fenced, has underground sprinklers, and is within the fire-protection area. \$118,500. MLS.</p>	<p>Two bedroom home with full finished basement located on Fenchurch Avenue in the downtown area. Fenced back yard with large sundeck and hot tub. \$79,000. Exclusive</p>	<p>Two bedroom home located at end of quiet no through road. Level and partly fenced yard. 24' x 24' garage and workshop with concrete floor. Close to shopping. House needs some work. \$55,000. MLS.</p>
<p>Well looked after 3 + 1 bedroom home with full basement on cul-de-sac in quiet neighbourhood. Features include built-in vacuum & covered deck. \$112,900. MLS.</p>	<p>Well maintained 14 wide on double lot. Great covered deck for all weather use. A very affordable Mobile home at this price. \$19,900. MLS.</p>	<p>3 year old 2980 sq. ft. home on 1.48 ac, very secluded, 400' of Similkameen River frontage, just 5 mins. from town. Lg country kitchen w/ antique reproduction stove, spacious greatroom & bonus room above garage. \$259,000. MLS.</p>	<p>3 bedroom home on over 5 private ac. only 20 min from Princeton. New granulated roof & both bathrooms have been remodelled. Partly treed & backs onto Hayes Creek. Great for recreational use or year-round living \$125,900. MLS.</p>

Let us show you how you can own a home with monthly payments less than what you would pay for rent.

Keremeos Public Library

features a monthly draw for all children up to age 12
 Read a book based on our theme display and when you return the book, write a sentence saying why you liked the book, along with your name and phone number. We will be drawing the winning name on the last Saturday of the month.
 February's theme: **Valentines, Love and Friendship**

THIS WEEK ON T.V.

TUESDAY JANUARY 26TH THRU MONDAY FEBRUARY 1ST 1999

DIMENSIONS HAIR DESIGN

Valentine's Specials

Book Now for Icon (Gel) Nails
We do nails, tips, manicures & pedicures
Ask for Linda

20% OFF COLOURS

Effective: Feb 1st to 14th

10% OFF HAIRCUTS SHAMPOO & SETS

295-7211

Princeton Light & Power's

LEGEND
TO THE TV LISTINGS
"POWER BY THE HOUR" RATES
(WINTER SEASON)

HIGH COST HOURS (RED ZONE)

LOOK FOR **TIMES - WHITE ON BLACK**

LOW COST HOURS (GREEN ZONE)

LOOK FOR **TIMES - BLACK ON WHITE**

Power by the Hour
Tips

Fans stabilize temperatures



TUESDAY, FEBRUARY 2, 1999

RED ZONES - HIGH COST

GREEN ZONES - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	WTVS (6)	WDIV (7)	WTOL (8)	A&E (9)	WXYZ (10)	BCTV (11)	CITY (12)	TLC (14)	YTV (18)	TSN (19)	CHCH (22)	DISC (24)	FOX (25)	FAM (26)	CITY (29)	WGN (38)
6 AM	Little House	(Off Air) Okanagan	Open Learning Annex	Sesame Street (R)	Maury	Cosby	Quincy "Speed Trap"	Regis & Kathie	(5:30) News	(5:00) News	Bingo	Kitty Cats	Sportsdesk (R)	Style	Hmewrks	Love Boat	Buy World	Maury	PinkyBrain
6:30 AM	Little House	Care Bears	Teletubbs	Mr Rogers	Jerry Springer	Donny & Marie	Equalizer	Martha Stewart Living	Canada AM (Joined in Progress)		Salty's	Hamster		Body Brk	Gardener		Franklin		Histerial
7 AM	Little House	100	Magic Bus	Barney							Big Garage	Lassie	Sportsdesk (R)	Rosie O'Donnell	AlienEmp	Paid Prog.	Good Troop	Cityline	Batman
7:30 AM	Little House	Huntley Street	Art Attack	Zoboo	Jenny Jones	Price Is Right	Murder, She Wrote	Roseanne Show			Jay Jay	Stickin			Tracks	Hollywood	Chip-Dale	Therapy day.	Batman
8 AM	Griffith	Griffith	Air Farce	Teletubbs	Wimzies						Pappyland	Histerial	Sportsdesk (R)	Price Is Right	Travelers (R)	Paid Prog.	Babar	Star Trek: Next Gener.	Griffith
8:30 AM	Griffith	Griffith	Air Farce	Teletubbs	Wimzies						Skinmrk	Rupert				Match	Kleo		Griffith
9 AM	Matlock	Regis & Kathie	Mountain	Teletubbs	News	News	Northern Exposure	News	Hollywood	Dinner	Wedding	Couch	Off-Record	News	Discovery.ca (R)	Judy	Busy World	News	Matlock
9:30 AM	Matlock	Regis & Kathie	Mountain	Teletubbs	News	News	Northern Exposure	News	Hollywood	Dinner	Wedding	Couch	Off-Record	News	Discovery.ca (R)	Judy	Busy World	News	Matlock
10 AM	Hunter	Roblson	Snoops	Sesame Street (R)	Days of Our Lives	Young and the Restless Bold & B.	Law & Order	All My Children	Movie	Dave Rutherford	Reunion	Kitty Cats	Workout	Movie	Treasures of the Earth	Maury	Franklin	Movie: "Sarafinal" (1992)	News
10:30 AM	Hunter	Roblson	Snoops	Sesame Street (R)	Days of Our Lives	Young and the Restless Bold & B.	Law & Order	All My Children	Movie	Dave Rutherford	Reunion	Kitty Cats	Workout	Movie	Treasures of the Earth	Maury	Franklin	Movie: "Sarafinal" (1992)	News
11 AM	Movie: "Vigilante Force"	Young and the Restless	Drug Use	Creatures	Another World	As the World Turns	Quincy	One Life to Live	Highlander: The Series	News	Baby Story	Bananas	Warren M.	As the World Turns	Design (R)	Martha Stewart Living	Dinosaurs	Leleli	Emp. Nest
11:30 AM	Movie: "Vigilante Force"	Young and the Restless	Drug Use	Creatures	Another World	As the World Turns	Quincy	One Life to Live	Highlander: The Series	News	Baby Story	Bananas	Warren M.	As the World Turns	Design (R)	Martha Stewart Living	Dinosaurs	Leleli	Emp. Nest
12 PM	(1976, Adventure)	News	Cinema Europe: H'wood	Zoom (R)	Montel Williams	Guiding Light	Quincy "Speed Trap"	General Hospital	News	Days of Our Lives	Wedding	Dragon	Roseanne Show	Danger	Spider-Man	Art Attack	Howle	Coach	
12:30 PM	(1976, Adventure)	News	Cinema Europe: H'wood	Zoom (R)	Montel Williams	Guiding Light	Quincy "Speed Trap"	General Hospital	News	Days of Our Lives	Wedding	Dragon	Roseanne Show	Danger	Spider-Man	Art Attack	Howle	Coach	
1 PM	Mama	Pamela Wallin	Voices of Change	Arthur (R)	Sally	Oprah Winfrey	Equalizer	Oprah Winfrey	Another World	Roseanne Show	Home Sav	Couch	World Wrestling Federation: Raw is War (R)	Rosie O'Donnell	EXN TV (R)	Rangers	Darkwing	Cityline	Webster
1:30 PM	Mama	Pamela Wallin	Voices of Change	Arthur (R)	Sally	Oprah Winfrey	Equalizer	Oprah Winfrey	Another World	Roseanne Show	Home Sav	Couch	World Wrestling Federation: Raw is War (R)	Rosie O'Donnell	EXN TV (R)	Rangers	Darkwing	Cityline	Webster
2 PM	Full House	Coronat'n	Gaining	Couch	News	News	Murder, She Wrote	News	Bold & B.	Nanny	Hometime	Kitty Cats	Judy	Invention	BoyWorld	Tale Spin	Cityline	Saved-Bell	
2:30 PM	Full House	Coronat'n	Gaining	Couch	News	News	Murder, She Wrote	News	Bold & B.	Nanny	Hometime	Kitty Cats	Judy	Invention	BoyWorld	Tale Spin	Cityline	Saved-Bell	
3 PM	Fam. Mat.	Babar	20 Minutes	News-Lehrer	News	News	Northern Exposure	News	Roseanne Show	Young and the Restless	Hm. Again	Uh Oh!	Sportsdesk	News	Forbidden Places (R)	Judy	Mad Libs	News	Full House
3:30 PM	Fam. Mat.	Babar	20 Minutes	News-Lehrer	News	News	Northern Exposure	News	Roseanne Show	Young and the Restless	Hm. Again	Uh Oh!	Sportsdesk	News	Forbidden Places (R)	Judy	Mad Libs	News	Full House
4 PM	Roseanne	Rosie O'Donnell	Creatures	Business	Fortune	Fortune	Law & Order	ABC News	Oprah Winfrey	48 Hours (R)	Pokemon	Hockey	Love	Discovery.ca (R)	Home Imp.	Clarissa	Seinfeld	Fam. Mat.	
4:30 PM	Roseanne	Rosie O'Donnell	Creatures	Business	Fortune	Fortune	Law & Order	ABC News	Oprah Winfrey	48 Hours (R)	Pokemon	Hockey	Love	Discovery.ca (R)	Home Imp.	Clarissa	Seinfeld	Fam. Mat.	
5 PM	Movie: "Marked for Death"	News	Place Business	Nova "Surviving AIDS"	3rd Rock	JAG "Act of Terror" (R)	Biography: Dr. Ruth	Home Imp.	News	News	Trauma: Life in the ER	Rugrats	Figure Skating: Professional	Maggie	Kingdoms of Survival	King of Hill	Little Lulu	Deep Space 9	Buffy Vampire
5:30 PM	Movie: "Marked for Death"	News	Place Business	Nova "Surviving AIDS"	3rd Rock	JAG "Act of Terror" (R)	Biography: Dr. Ruth	Home Imp.	News	News	Trauma: Life in the ER	Rugrats	Figure Skating: Professional	Maggie	Kingdoms of Survival	King of Hill	Little Lulu	Deep Space 9	Buffy Vampire
6 PM	Steven Seagal	W.A.G. Bennett	I'll Make Me a World	Just Shoot!	Movie: "Family Blessings"	American Justice (R)	Spin City	Chicago Hope	UFO/Apollo 13 (R)	Addams Odyssey	Just Shoot!	Strange Science: Weirld	Animorphs	Off-Record	Total Recall 2070	RFK-Memoir	Fox Report	Movie: "From Disney, With Love"	MacGyver
6:30 PM	Steven Seagal	W.A.G. Bennett	I'll Make Me a World	Just Shoot!	Movie: "Family Blessings"	American Justice (R)	Spin City	Chicago Hope	UFO/Apollo 13 (R)	Addams Odyssey	Just Shoot!	Strange Science: Weirld	Animorphs	Off-Record	Total Recall 2070	RFK-Memoir	Fox Report	Movie: "From Disney, With Love"	MacGyver
7 PM	Movie: "A Force of One"	Friends	Opening	Served	News	News	Law & Order "Trophy"	News	Maggie	3rd Rock	Trauma: Life in the ER	Goosebump	Reboot	Sportsdesk	News	Discovery.ca (R)	Cops	Flash	News
7:30 PM	Movie: "A Force of One"	Friends	Opening	Served	News	News	Law & Order "Trophy"	News	Maggie	3rd Rock	Trauma: Life in the ER	Goosebump	Reboot	Sportsdesk	News	Discovery.ca (R)	Cops	Flash	News
8 PM	Jennifer O'Neill	Venture	Natural	Chefl	Tonight Show	(Late Show)	Biography: Dr. Ruth	Entertain	Just Shoot!	NYPD Blue (R)	UFO/Apollo 13 (R)	Addams Breaker	Dave Hodge (R)	Real TV	Kingdoms of Survival	Hollywood	Blossom	StarTV	In the Heat of the Night
8:30 PM	Jennifer O'Neill	Venture	Natural	Chefl	Tonight Show	(Late Show)	Biography: Dr. Ruth	Entertain	Just Shoot!	NYPD Blue (R)	UFO/Apollo 13 (R)	Addams Breaker	Dave Hodge (R)	Real TV	Kingdoms of Survival	Hollywood	Blossom	StarTV	In the Heat of the Night
9 PM	Movie: "Breakout"	National/CBC News	Masks-Madness	I'll Make Me a World (Part 2 of 3)	Late Night	America's Store (Joined in Progress)	Movie: "Fat Chance"	Politically	Fifties	News	Strange Science: Weirld	Student Odyssey	NBA In the Paint (R)	Brown	Exhibit A	Xena: Warrior Princess	Movie: "On Promised Land" (1994)	Diane Ladd	Paid Prog.
9:30 PM	Movie: "Breakout"	National/CBC News	Masks-Madness	I'll Make Me a World (Part 2 of 3)	Late Night	America's Store (Joined in Progress)	Movie: "Fat Chance"	Politically	Fifties	News	Strange Science: Weirld	Student Odyssey	NBA In the Paint (R)	Brown	Exhibit A	Xena: Warrior Princess	Movie: "On Promised Land" (1994)	Diane Ladd	Paid Prog.
10 PM	Charles Bronson, Robert Duvall	News	Down Here																
10:30 PM	Charles Bronson, Robert Duvall	News	Down Here																
11 PM	"High																		
11:30 PM	"High																		

10:00 am CITY (29) ***"Sarafinal" (1992, Musical) Leleli Khumalo. A black teen-ager in Soweto witnesses the inequities of apartheid in this adaptation of the Broadway hit. (E)

11:00 am WTBS (3) ***"Vigilante Force" (1976, Adventure) Kris Kristofferson. The citizens of a crime-ridden California community ask a young Vietnam veteran to organize a vigilante squad.

5:05 pm WTBS (3) ***"Marked for Death" (1990, Drama) Steven Seagal. A two-fisted DEA agent's retirement is shattered when

Jamaican drug dealers invade his suburban Chicago neighborhood.

6:00 pm WTOL (8) "Family Blessings" (1999, Drama) Lynda Carter. Premiere. After her eldest son is killed, a grieving mother looks for love and support from his friend and roommate. (In Stereo) (E)

CITY (29) ***"Courage Under Fire" (1996, Drama) Denzel Washington. An officer has trouble uncovering the truth about a female pilot and Medal of Honor candidate killed in the Gulf War.

7:00 pm A&E (9) "Fat Chance" (1991, Mystery) (Part 1 of 2) John Thaw. Inspector Morse becomes

attracted to a deaconess as he investigates the suspicious death of her colleague.

FAM (26) ***"From Disney, With Love" (1984, Fantasy) The spotlight shines on twosomes and romantic scenes compiled from Disney's classic animated feature films. (In Stereo) (E)

7:10 pm WTBS (3) ***"A Force of One" (1979, Drama) Jennifer O'Neill. A master of the martial arts embarks on a revenge-motivated search for the killers of his adopted son.

9:15 pm WTBS (3) ***"Breakout" (1975, Adventure) Charles Bronson. A

Texas bush pilot stages a daring helicopter raid on the Mexican prison where his client's husband is imprisoned.

9:35 pm CITY (29) ***"Mrs. Muncy" (1996, Comedy-Drama) Diane Ladd. A widow's decision to care for her ailing father-in-law brings back old memories of an illicit affair.

10:00 pm FAM (26) ***"On Promised Land" (1994, Drama) Joan Plowright. A tragic accident gives rise to friendship between a black youngster and a wealthy white widow in the 1950s South. (In Stereo) (E)

11:00 pm A&E (9) "Fat Chance"

(1991, Mystery) (Part 1 of 2) John Thaw. Inspector Morse becomes attracted to a deaconess as he investigates the suspicious death of her colleague.

11:20 pm WTBS (3) ***"High Risk" (1981, Adventure) James Brolin. A trio of greedy friends plots the robbery of a million dollars from a South American drug dealer.

11:35 pm CITY (29) ***"Demon Hunter" (1987, Horror) Rafael Sanchez Navarro. A famous occultist is called upon when a hell-spawned creature enters the land of the living.

WEDNESDAY, FEBRUARY 3, 1999

RED ZONES - HIGH COST

GREEN ZONES - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	WTVS (6)	WDIV (7)	WTOL (8)	A&E (9)	WXYZ (10)	BCTV (11)	CITY (12)	TLC (14)	YTV (16)	TSN (19)	CHCH (22)	DISC (23)	FOX (25)	FAM (26)	CITY (29)	WGN (38)
6 AM	Little House	(Off Air) Okanagan	Open Learning Annex	Sesame Street (R)	Maury	Cosby	(5:00) McCloud	Regis & Kathie	(5:30) News	(5:00) News	Bingo	Kitty Cats	Sportsdesk (R)	Company	Hmawrke	Love Boat	Busy	Maury	PinkyBral
7 AM	Little House	Care Bears	Teletubbies	Mr Rogers	Jerry Springer	Donny & Marle	Equalizer	Martha Stewart Living	Canada AM (Joined in Progress)		Sally's	Hamster		Table-Two	Gardener		Franklin		Hlsterlat
8 AM	Griffith	100 Huntley Street	Art Attack	Zoboo	Jenny Jones	Price Is Right	Murder, She Wrote	Roseanne Show		100 Huntley Street	Big Garage	Lesale	Sportsdesk (R)	Rosle O'Donnell	Danger	Paid Prog.	Goof Troop	Cityline	Batman
9 AM	Matlock "The Star"	Regis & Kathie	Mountain	Teletubbies	News	News	Northern Exposure	News	Hollywood	Dinner	Pappyland	Hlsterlat	Sportsdesk (R)	Price Is Right	Travelers (R)	Paid Prog.	Babar	Star Trek: Next Gener.	Griffith
10 AM	Hunter	Robison	Inquiring	Sesame Street (R)	Jeopardy!	Young and the Restless Bold & B.	Law & Order "Switch"	All My Children	Movie Home	Dave Rutherford	Reunlon	Anthony	Workout	Movie	Treasures of the Earth	Maury	Franklin	Movie: "Edward Scissorhands" (1990)	News
11 AM	Movie: "Tank" (1983, Drama)	Young and the Restless	Mathematics	Creatures	Another World	As the World Turns	McCloud "Butch Cassidy Rides Again"	One Life to Live	Highlands r: The Series	News	Baby Story	Bananas	Billiards: Snooker (R)	As the World Turns	Design (R)	Martha Stewart Living	Dinosaurs Quack		Emp. Nest
12 PM	Drama James Garner	News	World at War	Zoom (R) Wishbone	Montel Williams	Guiding Light	Rides Again	General Hospital	News	Days of Our Lives	Wedding	Dragon	WCW Nitro	Roseanne Show	Trails	Spider-Man	Art Attack	Howie Mandel	Coach
1 PM	Mama	Pamela Wallin	Writers	Arthur (R)	Sally	Oprah Winfrey	Equalizer	Oprah Winfrey	Another World	Roseanne Show	Home Sav	Couch		Rosle O'Donnell	EXN TV(R)	Rangers	Darkwing	Cityline (R)	Webster
2 PM	Full House	Coronat'n	English	Couch	News	News	Murder, She Wrote	News	Bold & B.	Nanny	Home Time	Kitty Cats		Judy	Invention	BoyWorld	Tale Spin	Cityline at Five	Saved-Bell
3 PM	Fam. Mat.	Babar	Science	Newshour -Lehrer	News	News	Northern Exposure	News	Roseanne Show	Young and the Restless	Hm. Again	My Home	Off-Record	News	Forbidden Places (R)	Judy	Mad Libs	News	Full House
4 PM	Roseanne	Rosle O'Donnell	Creatures	Business	Fortune	Fortune	Law & Order "Switch"	ABC News	Oprah Winfrey	News	48 Hours "Animal ER"	Pokemon	Hockey	Love	Discovery.ca	Home Imp.	Clarissa	Seinfeld	Fam. Mat.
5 PM	National Geographic Explorer	News	English	Performa nce	Dateline	Nanny	Biography	Dharma	News	News	Extreme Machines (R)	Rugrats	Figure Skating: Professional	Nanny	Profiles of Nature	Beverly Hills, 90210	Little Lulu	Star Trek: Voyager	Dawson's Creek
6 PM		Seinfeld	Developin g Stories	I'll Make Me a World (Part 3 of 3)	Movie: "Exiled: A Law & Order Movie" (1999)	60 Minutes II (ESP)	American Justice (R)	Carey	News	Beverly Hills, 90210	Pearl Harbor/D-Day (R)	Addams Brats-Lost	Champion ship	Providence "Sisters"	Wings "Air Dominanc e"	Party of Five	Timon	Movie: "Exiled: A Law & Order Movie" (1999)	Charmed
7 PM	Wildi Life Adventures	Friends	Hamilton					20/20	Fortune	Dawson's Creek	Reboot	Off-Record	Gallagher	7 Days "Last Card Up"	Moon Shot (R)	Fox Report	Movie: "Greyfriars Bobby" (1991)	News	
8 PM	Movie: "Tank" (1983, Drama)	22 Minutes	Studio BC (Live)	Served	News	News	Law & Order "Savior"	News	Nanny	Dharma	Extreme Machines (R)	Beasties	Sportsdesk	News	Discovery .ca (R)	Cops	Flash	Movie: "Eminent Domain" (1990)	MacGyver
9 PM	Drama James Garner, GD	Da Vinci's Inquest	High Risk Offenders	Performa nce			Biography	Entertain Edition	Stargate SG-1 (R)	Party of Five	Pearl Harbor/D-Day (R)	Addams Breaker	WCW Nitro (R)	Real TV	Profiles of Nature (R)	Hollywood	Blossom	Movie: "The Monkey's Uncle"	In the Heat of the Night
10 PM	National Geographic Explorer (R)	National/BC News	Black Man's Houses	I'll Make Me a World (Part 3 of 3)	Late Night	America's Store (Joined in Progress)	American Justice (R)	Politically	Total Recall 2070	News	Strange Science-Skies	Student		Brown	Wings "Air Dominanc e"	Alr America	Movie: "The Monkey's Uncle"	Movie: "Edward Scissorhands"	Matlock
11 PM		News	Inform (Part 4 of 8)		Later		Movie: "Fat Chance"	Howle Mandel	CTV News	Married... Dr. Katz	48 Hours "Animal ER"	Ocean Girl	Sportsdesk	Stewart	Moon Shot (R)	Paid Prog. i Spy	Romances		Paid Prog.

Wednesday Movies

10:00 am CITY 29 ★★"Edward Scissorhands" (1990, Fantasy) Johnny Depp. A deceased inventor's unfinished creation becomes the center of suburban attention. Directed by Tim Burton. [E]

11:00 am WTBS 3 ★★"Tank" (1983, Drama) James Garner. An Army sergeant uses his private Sherman tank to rescue his son from a Southern labor camp.

6:00 pm WDIV 7 CITY 29 "Exiled: A Law & Order Movie" (1998, Drama) Chris Noth. A homicide detective investigates the murder of a prostitute in the hopes of rejoining his former department. (In Stereo) [E]

7:00 pm A&E 9 "Fat Chance" (1991, Mystery) (Part 2 of 2) John Thaw. Inspector Morse becomes attracted to a deaconess as he investigates the suspicious death of her colleague.

FAM 26 ★★"Greyfriars Bobby" (1961, Drama) Donald Crisp. A Skye terrier's vigil at its master's grave becomes the center of controversy in 1865 Edinburgh. Based on a true story.

8:05 pm WTBS 3 ★★"Tank" (1983, Drama) James Garner. An Army sergeant uses his private Sherman tank to rescue his son from a Southern labor camp.

8:35 pm CITY 29 ★★"Eminent Domain" (1990, Drama) Donald

Sutherland. A faithful Politburo chief is forced to consider a flight to freedom after he is mysteriously ostracized in 1979 Poland.

10:00 pm FAM 26 ★★"The Monkey's Uncle" (1965, Comedy) Tommy Kirk. A campus genius is called upon to save the college football team and to invent a man-powered flying machine. [E]

10:45 pm CITY 29 ★★"Edward Scissorhands" (1990, Fantasy) Johnny Depp. A deceased inventor's unfinished creation becomes the center of suburban attention. Directed by Tim Burton. [E]

11:00 pm A&E 9 "Fat Chance" (1991, Mystery) (Part 2 of 2) John Thaw. Inspector Morse becomes attracted to a deaconess as he investigates the suspicious death of her colleague.

The straight and narrow path would not be so narrow if more people walked it.

1998-99 PRINCETON ARENA SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 - 10:00 Minor H. Game	9:00 - 12:00 School Rentals	9:00 - 12:00 School Rentals	9:00 - 12:00 School Rentals	9:00 - 12:00 School Rentals	9:00 - 12:00 School Rentals	9:00 - 10:00 Minor H. Game
10:15 - 12:30 Minor H. Game	11:00 - 12:00 Adult/ Tot/ Senior	1:15 - 3:00 Stick & Puck	1:15-2:30 Adult/ Tot/ Senior	1:15 - 3:00 Stick & Puck	1:15 - 3:00 Stick & Puck	10:15 - 11:30 Minor H. Game
12:45 - 2:30 Minor H. Game	1:15 - 3:00 Stick & Puck	3:00 - 4:00 Loonie Public Skate	3:20-7:45 Figure Skating	4:00 - 5:00 Atom Practice	3:45 - 4:45 Novice Practice	11:45 - 1:15 Minor H. Game
2:45 - 4:45 Minor H. Game	3:20-7:00 Figure Skating	4:15 - 5:15 P.W. 1 Practice	7:45 - 8:45 Bantam Practice	5:15 - 6:15 P.W. 2 Practice	4:15 - 5:45 P.W. 1 Practice	1:30 - 3:30 Minor H. Game
4:45 - 6:00 Free Public Skate	7:15 - 8:15 Pumpkins Hockey	5:30 - 6:30 Novice Practice	9:00 - 10:00 Midget Practice	6:30 - 7:30 Open	6:00 - 7:00 Ladies Hockey	3:45 - 5:45 Minor H. Game
6:15 - 8:45 Figure Skating	9:00 - 10:00 Midget Practice	6:30 - 7:30 Atom Practice		7:45 - 8:45 Bantam Practice	7:00 - 8:15 Public Skate	6:00 - 7:30 Public Skate
9:00 - 10:30 Adult Drop - In Hockey		7:45 - 8:45 P.W. 2 Practice		9:00 - 10:30 Gents Hockey	8:15 - 8:45 Teen Stick & Puck	7:45 - 10:00 Minor H. Game
		9:00 - 10:30 Oldtimers Practice			9:00 - 10:30 Pumpkins Hockey	10:15 - 11:30 Open For Rent

Notes
Minor Hockey Bantams Tournament February 5,6, and 7

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THURSDAY, FEBRUARY 4, 1999

RED ZONES - HIGH COST

GREEN ZONES - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	WTVS (6)	WDIV (7)	WTOL (8)	A&E (9)	WXYZ (10)	BCTV (11)	CITY (12)	TLC (14)	YTV (16)	TSN (17)	CHCH (22)	DISC (24)	FOX (25)	FAM (26)	CITY (29)	WGN (38)
6 AM	Little House	(Off Air) Okanagan	Open Learning Annex	Sesame Street (R)	Maury	Cosby	McMillan and Wife	Regis & Kathie	News	News	Bingo	Kitty Cats	Sportsdesk (R)	Home	Hmewrks	Love Boat	BayWorld	Maury	PinkyBrain
7 AM	Little House	Care Bears	Teletubbs	Mr Rogers	Jerry Springer	Donny & Marie	Equalizer	Martha Stewart Living	Canada AM (Joined in Progress)		Salty's	Hamster	Sportsdesk (R)	Rosie O'Donnell	Trails	Paid Prog.	Goof Troop	Cityline	Batman
8 AM	Griffith	Huntley Street	Art Attack	Zoboo	Jenny Jones	Price Is Right	Murder, She Wrote	Roseanne Show	100	Pappyland	Histerial	Sportsdesk (R)	Price Is Right	Travelers	Paid Prog.	Babar	Star Trek: Next Gener.	Griffith	
9 AM	Matlock	Regis & Kathie	Mountain Kitty Cats	Sesame Street (R)	Jeopardy!	Young and the Restless	Northern Exposure	News	Hollywood	Dinner	Wedding	Big Comfy Couch (R)	Off-Record	News	Discovery.ca (R)	Judy	BayWorld	News	Matlock
10 AM	Hunter	Robison	French	Reading	Days of Our Lives	Bold & B.	Law & Order	All My Children	Movie	Dave Rutherford	Reunion	Kitty Cats	Workout	Movie	Explore Your World (R)	Maury	Franklin	CHUM FM 30	News
11 AM	Movie: "Running Scared" (1986) Gregory Hines	Young and the Restless	Japanese Fish	Bill Nye	Another World	As the World Turns	McMillan and Wife "Point of Law"	One Life to Live	Highlander: The Series	News	Baby Story	Bananas	Billiards: Snooker (R)	As the World Turns	Design (R)	Martha Stewart Living	Dinosaurs	StarTV	Emp. Nest
12 PM	Mama	Pamela Wallin	Learning Profiles	Arthur (R)	Sally	Oprah Winfrey	Equalizer	Oprah Winfrey	Another World	Roseanne Show	Home Sav	Couch	Rosie O'Donnell	EXN TV (R)	Rangers	Darkwing	Cityline	Webster	
1 PM	Full House	Corona'n	Science	Couch	News	News	Murder, She Wrote	News	Bold & B.	Nanny	Home Sav	Groundling	PBA Bowling: Albuquerque Open (R)	Judy	Invention	BoyWorld	Tale Spin	Citylive at Five	Saved-Bell
2 PM	Fam. Mat.	Babar	Literature	News-Lehrer	News	News	Northern Exposure	News	Roseanne Show	Young and the Restless	48 Hours "Hospital" (R)	Pokemon	Hockey	Love	Discovery.ca	Home Imp.	Clarissa	Seinfeld	Fam. Mat.
3 PM	Fam. Mat.	Knights	Literature	ITN News	Jeopardy!	Jeopardy!	Law & Order	ABC News	Oprah Winfrey	News	News	Medical	Rugrats	Stargate SG-1	Tracks	Robbie	Little Lulu	Media	Wayans
4 PM	Roseanne	Rosie O'Donnell	Creatures	Business	Fortune	Fortune	Law & Order	ABC News	Oprah Winfrey	News	News	Medical	Rugrats	Stargate SG-1	Tracks	Robbie	Little Lulu	Media	Wayans
5 PM	WCW Thunder	Seinfeld	Studio BC (R)	Sportsman	Frasler	Turks "Hearts of Fire"	Unexplained (R)	Movie: "Netforce" (1999)	News	Star Trek: Voyager	What Happened?	Addams	Timber	Turks "Hearts of Fire"	Cosmic	Shocking Mom.	Timon	Movie: "South of Wawa"	Harvey
6 PM	WCW Thunder	Frasler	Studio BC (R)	Sportsman	Frasler	Turks "Hearts of Fire"	Unexplained (R)	Movie: "Netforce" (1999)	News	Star Trek: Voyager	What Happened?	Addams	Timber	Turks "Hearts of Fire"	Cosmic	Shocking Mom.	Timon	Movie: "South of Wawa"	Harvey
7 PM	Movie: "The Punisher" (1990) Dolph Lundgren	Friends	Guerilla	Mystery: Heat	ER	48 Hours "Choosing Jo"	Sherlock Holmes	Scott Bakula	Fortune	Stargate SG-1	Strange Sci.	System	3 Friends	Gallagher	Fermat's Last Theorem	Fox Report	Movie: "Newsies" (1991)	News	MacGyver
8 PM	Movie: "The Punisher" (1990) Dolph Lundgren	Friends	Man of Hour	Served	News	News	Law & Order	News	Movie: "Netforce" (1999)	Friends	Medical	A20	Sportsdesk	News	Discovery.ca (R)	Cops	Christian Bale	News	MacGyver
9 PM	WCW Thunder	Frasler	Snow Sense	Workshop	Old House	Jenny Jones	Pro-Am	Late Late Show	Unexplained (R)	Politically	ER	News	Strange Sci.	Student	Be-Player	Brown	Cosmic	S.O.F. Special	Movie: "Return to Oz" (1985)
10 PM	WCW Thunder	National/CBC News	Inform: Generations	Sportsman	Michigan	Late Night	America's Store	Sherlock Holmes	Howe Mandel	CTV News	Married... Dr. Katz	48 Hours "Hospital" (R)	Ocean Grl	Sportsdesk	SPM Media	Fermat's Last Theorem	Paid Prog.	I Spy	Paid Prog.
11 PM	Movie: "Rush" (1991)	News	Westland Money	Mystery: Heat	Later	America's Store	Sherlock Holmes	Howe Mandel	CTV News	Married... Dr. Katz	48 Hours "Hospital" (R)	Ocean Grl	Sportsdesk	SPM Media	Fermat's Last Theorem	Paid Prog.	I Spy	Paid Prog.	

Thursday Movies

11:00 am WTBS (3) ***"Running Scared" (1986, Comedy) Gregory Hines. Two detectives with retirement and a life of leisure on their minds are given 30 days to nab a drug-smuggling mobster.

6:00 pm WXYZ (10) "Netforce" (1999, Drama) (Part 2 of 2) Scott Bakula. Premiere. Members of a special FBI unit that delves into computer crimes are thrown into chaos after their commander is murdered. (In Stereo) (CC)

7:00 pm FAM (26) ***"Newsies" (1991, Musical) Christian Bale. A brave young newsboy rallies his cohorts against penny-pinching Joseph Pulitzer in turn-of-the-century New York. (In Stereo) (CC)

7:05 pm WTBS (3) **"The Punisher" (1990, Adventure) Dolph Lundgren. A presumed-dead police officer returns to act as judge, jury and executioner in a one-man war on crime.

8:00 pm BCTV (11) "Netforce" (1999, Drama) (Part 2 of 2) Scott Bakula. Premiere. Members of a special FBI unit that delves into computer crimes are thrown into chaos after their commander is murdered. (In Stereo) (CC)

9:05 pm CITY (29) ***"Jumpin' Jack Flash" (1986, Comedy) Whoopi Goldberg. A computer operator's life is turned upside down when a trapped British spy sends messages through her terminal.

10:00 pm FAM (26) ***"Return to Oz" (1985, Fantasy) Fairuza Balk. L. Frank Baum's novels inspired this tale of Dorothy's second visit to Oz, where she finds the Emerald City in ruins. (In Stereo) (CC)

11:05 pm WTBS (3) ***"Rush" (1991, Drama) Jason Patric. An undercover narcotics investigation leads a seasoned cop and his rookie partner into an abyss of drugs and danger.

CITY (29) ***"Island in the Sun" (1957, Drama) James Mason. Five tales are interwoven in this adaptation of Alec Waugh's novel of interracial relations in the West Indies.

Phone news tips to 295-4149 or fax 295-4103

Please tell us your favourite channels....

We cannot make our TV Guide bigger. New channels have been added to our television service. We want to find out whether we should change our TV listings by dropping some and adding others. Please use station call letters (such as WGN or CHBC) when you answer.

- Which TV stations do you watch most? _____
- Which TV stations do you watch least? _____
- Which TV stations do you NEVER watch? _____
- If you had to make the decision, which TV stations would you drop and which would you add? _____

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Please RETURN YOUR ANSWERS TO THE NEWS LEADER by February 26/99

* The majority rules.

FRIDAY, FEBRUARY 5, 1999

'RED ZONES' - HIGH COST

'GREEN ZONES' - LOW COST

Table with 20 columns (WTBS, CHBC, KNOW, WTBS, WDIV, WTOL, A&E, WXYZ, BCTV, CITY, TLC, YTV, TSN, CHCH, DISC, FOX, FAM, CITY, WGN) and 24 rows (6 AM to 11:30 PM) listing TV programs and their corresponding channels.

Friday Movies

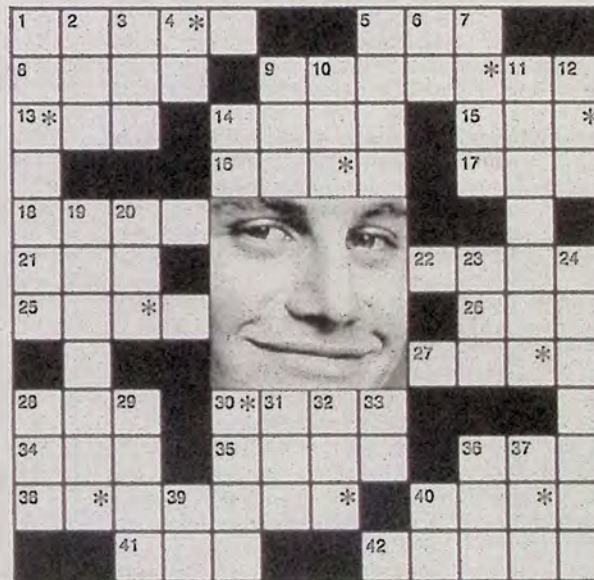
10:00 am CITY 29 ***"South of Wawa" (1991, Comedy-Drama) Rebecca Jenkins. A Canadian waitress and her friends embark on a wild weekend trip to Toronto.

Drama) John Candy. A 38-year-old Chicago patrolman is torn between his mother's possessiveness and his newfound romance with a beautician.

ACROSS

- 1. ___ Anthony Higgins of The Army Show
5. Actress Thompson
8. Final notice, for short
9. 1998 series for Shannen Doherty
13. Half of DC
14. Position for Florence on The Jeffersons
15. Hullabaloo
16. Character on The Flintstones
17. McKeon, to friends
18. Acting award
21. Host of The Twilight Zone
22. Chastity, for one
25. Cheryl Ladd's state of birth: abbr.
26. The ___; 1994 Kevin Spacey movie
27. ___ Miles
28. You ___ There (1953-57)
30. Actress on Cosby
34. Old Testament bk.
35. Middle ___; 1992 Maria Pillo series
36. Fragrant accessory
38. Red ___
40. The ___ Blows at Midnight; '45 Jack Benny film
41. Actress Charlotte
42. Huckleberry, for one

TV CROSSWORD



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

Every day is a good day when you are having fun!

Have fun with the News Leader crossword puzzle, a TV Guide special service for the pleasure of our readers!

DOWN

- 1. See 39 Down
2. Hugh Downs' employer
3. The ___ Damone Show (1956-57)
4. ___ Takes Two (1982-83)
5. Actor Alan
6. Kellie Martin's series
7. ___ for All Seasons; '88 Oscar winner
9. 54, for Toody and Muldoon
10. Go quickly
11. 1972 supporting role Emmy winner (2)
12. Star of Cheech's series
14. Initials for B. J. Hunnicutt's portrayal on

M*A*S*H

- 19. Star of the 1979 movie 10 (2)
20. Rhoda's ma
23. Uranium or gold
24. Two ___
28. Molinaro and Michaels
29. Word in the title of Pierson's series
30. ___ Mulgrew
31. In the past
32. Egg producer
33. Monogram for playwright Simon
36. ___ Grant (1977-82)
37. Harbor bird
39. With 1 Down, series for Matt Craven (2)
40. Don ___

LAST WEEK'S SOLUTION JANUARY 26

A crossword puzzle grid with the solution from the previous week. The grid contains words like BRIGHTEN, OURS, YES, STE, SAHL, ADE, MATT, STREETS, SUP, TETON, THEHUGHLEYS.

This Week's solution will be in the next Issue of

NEWS LEADER 295-4149

SATURDAY, FEBRUARY 6, 1999

RED ZONES - HIGH COST

GREEN ZONES - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	WTYS (6)	WDIV (7)	WTOL (8)	A&E (9)	WXYZ (10)	BCTV (11)	CITY (12)	TLC (13)	YTV (14)	TSN (15)	CHCH (16)	DISC (17)	FOX (18)	FAM (19)	CITY (20)	WGN (21)
6 AM	Funnest	(Off Air)	Open Learning Annex	Handy Hometime	Newsbeat Today	5:00 News	Grand Tour (R)	Doug (E)	Birdz (E)	Batman	Furniture	Surf's Up!	World of Soccer (Live)	Guys Inquiring	Inquiring	Godzilla	Beber (E)	Indo	Video Computer Store
6:30 AM	Funnest	Gadget	Bugs & T. Teletubbs	Old House	Saved-Bell	Bunnies	America's Castles (R)	Pepper	News (E)	Animania	Home Sav	Dragn Flyz	Snowtrax	Rider	Movie	Knights	Wuzzles	Eye on Asia (In Hand)	Fishing
7 AM	National Geographic	Bugs & T. Wishbone	Teletubbs	Old House	Saved-Bell	Bunnies	America's Castles (R)	Pepper	News (E)	Animania	Home Sav	Dragn Flyz	Snowtrax	Rider	Movie	Knights	Wuzzles	Eye on Asia (In Hand)	Fishing
7:30 AM	National Geographic	Bugs & T. Wishbone	Teletubbs	Old House	Saved-Bell	Bunnies	America's Castles (R)	Pepper	News (E)	Animania	Home Sav	Dragn Flyz	Snowtrax	Rider	Movie	Knights	Wuzzles	Eye on Asia (In Hand)	Fishing
8 AM	Explorer (R)	Potato	Bus	Michigan	One World	alrdz (E)	Biography International	Bugs & T.	101Dalmis	Potato	HomeTime	ChannUm	Fishing	Rainbow	Behaving Like Animals	Mad Jack	Wish Kid	Pollak Studio	Paid Prog.
8:30 AM	Explorer (R)	Gadget	Creatures	Ports	City Guys	Warriors	Warriors	101Dalmis	101Dalmis	Neverend	HomeTime	Walter M.	ArmWrestl	Money	Money	SpyDogs	Gadget	Gadget	Paid Prog.
9 AM	Movie: "Missing in Action"	Godzilla	Art Attack	Sportsman	Hang Time	TBA	Investigative Reports (R)	College Basketball: Northwest in at Penn State. (Live)	College Basketball: Northwest in at Penn State. (Live)	Godzilla	Hm. Again	Flintstones	Sumo: Champ.	Investmnt	Kids	Honey, I Shrunk	Young Musicians	Travel	Soul Train
9:30 AM	Movie: "Missing in Action"	Cryptkeep.	Teletubbs	Gr. Lakes	Inside Stuff	Auto Racing: NASCAR Winston Cup - Daytona 500 Qualifying.	New Explorers (R)	College Basketball: Northwest in at Penn State. (Live)	College Basketball: Northwest in at Penn State. (Live)	Godzilla	Hm. Again	Flintstones	Sumo: Champ.	Investmnt	Kids	Honey, I Shrunk	Young Musicians	Travel	Soul Train
10 AM	Chuck Norris.	Knights	Sewing	Cars	Paid Prog.	Track and Field	PGA Golf: Pebble Beach	Investors On-Line	Investors On-Line	Toolbelts	Monsters	PBA Bowling: Don Carter Classic. (R)	Investors On-Line	Snakes and Lizards	Student Club Jam	Disney Valentine (R)	Bill Nye	Electric Circus	Movie: "Over the Top" (1987)
10:30 AM	Chuck Norris.	Batman	Quilting	Your Home	Track and Field	PGA Golf: Pebble Beach	PGA Golf: Pebble Beach	Roads	Commodity	Home Sav	Beavers	University Basketball: Brock at Waterloo. (Live)	HMS Brilliant (R)	Discover Magazine (R)	Whoopi Goldberg	Whoopi Goldberg	Timon	Warrior Princess	Movie: "Over the Top" (1987)
11 AM	Movie: "Missing in Action 2: The Beginning"	Heart-Found.	Kundalini Yoga: Course	Antiques Roadshow (R)	Figure Skating	National Pro-Am - Third Round. (Live)	American Justice (R)	College Basketball: Michigan State at Iowa. (Live)	College Basketball: Michigan State at Iowa. (Live)	House	Computer	Home Sav	Rocko	Figure Skating: Professional	Champion ship (R)	Table-Two	Living in Space	Bonkers	Speakers
11:30 AM	Movie: "Missing in Action 2: The Beginning"	World Cup Skiing: Freestyle. (Taped)	Hamilton	Know Fire	Figure Skating	National Pro-Am - Third Round. (Live)	American Justice (R)	College Basketball: Michigan State at Iowa. (Live)	College Basketball: Michigan State at Iowa. (Live)	House	Computer	Home Sav	Rocko	Figure Skating: Professional	Champion ship (R)	Table-Two	Living in Space	Bonkers	Speakers
1 PM	Movie: "Braddock: Missing in Action III" (1988)	Snowboarding: World Cup. (Taped)	Router	Cookin'	World Alpine	Champions Hips. (Taped)	American Justice (R)	Bordertown	Car Guys	Human Comb.	Anatole	Champion ship (R)	Figure Skating: Professional	WineTour	Storm Warning: Science	Alr America	Chlp-Dale	V.I.P. (R)	Crow-Stairway
1:30 PM	Movie: "Braddock: Missing in Action III" (1988)	Snowboarding: World Cup. (Taped)	Router	Cookin'	World Alpine	Champions Hips. (Taped)	American Justice (R)	Bordertown	Car Guys	Human Comb.	Anatole	Champion ship (R)	Figure Skating: Professional	WineTour	Storm Warning: Science	Alr America	Chlp-Dale	V.I.P. (R)	Crow-Stairway
2 PM	WGWSaturday Night (E)	Hockey	Asla	Ballykissangel	Fortune	ER (E)	Mysterles of the Bible	Entertainment Tonight	Blker TV	Bordertown	Extremely Weird (R)	Felix-Cat	Boxing: Andrew Council vs. Mickey Ward. (Taped)	JAG "Act of Terror" (R)	Animal of the Week (R)	Cops (R)	Franklin	Movie: "Basic Instinct" (1992)	Movie: "Basic Instinct" (1992)
2:30 PM	WGWSaturday Night (E)	Hockey	Asla	Ballykissangel	Fortune	ER (E)	Mysterles of the Bible	Entertainment Tonight	Blker TV	Bordertown	Extremely Weird (R)	Felix-Cat	Boxing: Andrew Council vs. Mickey Ward. (Taped)	JAG "Act of Terror" (R)	Animal of the Week (R)	Cops (R)	Franklin	Movie: "Basic Instinct" (1992)	Movie: "Basic Instinct" (1992)
3 PM	Maple Leafs at New Jersey Devils. (Live)	Herbs	Nature "Born to Run"	Pretender "Mr. Lee"	Early Edition (E)	Biography This Week	Movie: "Happy Gilmore" (1996)	Travel	News (E)	Darling Rescues	Radio Worst	Mickey Ward. (Taped)	JAG "Act of Terror" (R)	Animal of the Week (R)	Cops (R)	Franklin	Movie: "Basic Instinct" (1992)	Movie: "Basic Instinct" (1992)	
3:30 PM	Maple Leafs at New Jersey Devils. (Live)	Herbs	Nature "Born to Run"	Pretender "Mr. Lee"	Early Edition (E)	Biography This Week	Movie: "Happy Gilmore" (1996)	Travel	News (E)	Darling Rescues	Radio Worst	Mickey Ward. (Taped)	JAG "Act of Terror" (R)	Animal of the Week (R)	Cops (R)	Franklin	Movie: "Basic Instinct" (1992)	Movie: "Basic Instinct" (1992)	
4 PM	McGillis.	NHL: Hockey: Toronto	Bakers	Herbs	Nature "Born to Run"	Pretender "Mr. Lee"	Early Edition (E)	Biography This Week	Movie: "Happy Gilmore" (1996)	Travel	News (E)	Darling Rescues	Radio Worst	Mickey Ward. (Taped)	JAG "Act of Terror" (R)	Animal of the Week (R)	Cops (R)	Franklin	Movie: "Basic Instinct" (1992)
4:30 PM	McGillis.	NHL: Hockey: Toronto	Bakers	Herbs	Nature "Born to Run"	Pretender "Mr. Lee"	Early Edition (E)	Biography This Week	Movie: "Happy Gilmore" (1996)	Travel	News (E)	Darling Rescues	Radio Worst	Mickey Ward. (Taped)	JAG "Act of Terror" (R)	Animal of the Week (R)	Cops (R)	Franklin	Movie: "Basic Instinct" (1992)
5 PM	Movie: "Top Gun" (1986, Drama)	Jersey Devils. (Live)	Creatures	Performa nce	Pretender (E)	Marital Law "Wild Life" (R)	American Justice (R)	Best Commrcs	Fortune	Practice Jeopardy!	Hole In the Head	Buffy Vampire	Profler "Inheritanc e"	Cocaine Cops (R)	Mountles	Movie: "Tough Guys" (1986)	News (E)	Coach (E)	Movie: "Basic Instinct" (1992)
5:30 PM	Movie: "Top Gun" (1986, Drama)	Jersey Devils. (Live)	Creatures	Performa nce	Pretender (E)	Marital Law "Wild Life" (R)	American Justice (R)	Best Commrcs	Fortune	Practice Jeopardy!	Hole In the Head	Buffy Vampire	Profler "Inheritanc e"	Cocaine Cops (R)	Mountles	Movie: "Tough Guys" (1986)	News (E)	Coach (E)	Movie: "Basic Instinct" (1992)
6 PM	Movie: "Invasion U.S.A." (1985, Adventure)	Senators at Calgary Flames. (Live)	Heartbeat "Brainstorm"	Red Dwarf	News (E)	News (E)	City Confidential (R)	Walker, Texas Ranger	My Life	Figure Skating: Canadian Exhibition. (Taped)	PsI Factor: Chronicles	Hole In the Head (R)	Breaker	Superbout	WCW Thunder	Ultimate Guide	Access Hollywood	Paid Prog.	Movie: "Tokyo Joe" (1949, Drama)
6:30 PM	Movie: "Invasion U.S.A." (1985, Adventure)	Senators at Calgary Flames. (Live)	Heartbeat "Brainstorm"	Red Dwarf	News (E)	News (E)	City Confidential (R)	Walker, Texas Ranger	My Life	Figure Skating: Canadian Exhibition. (Taped)	PsI Factor: Chronicles	Hole In the Head (R)	Breaker	Superbout	WCW Thunder	Ultimate Guide	Access Hollywood	Paid Prog.	Movie: "Tokyo Joe" (1949, Drama)
7 PM	Movie: "White Lightning" (1973, Adventure)	Adventure) Burt Reynolds.	Absolutely	Nature "Born to Run"	Paid Prog.	America's Store	Law & Order (E)	"Chantilly"	News (E)	News (E)	Extreme Machines (R)	Ocean Girl	Sportsdesk	Cocaine Cops (R)	Wild Web	Drama	Movie: "Jesse James"	Xena	Movie: "Tokyo Joe" (1949, Drama)
7:30 PM	Movie: "White Lightning" (1973, Adventure)	Adventure) Burt Reynolds.	Absolutely	Nature "Born to Run"	Paid Prog.	America's Store	Law & Order (E)	"Chantilly"	News (E)	News (E)	Extreme Machines (R)	Ocean Girl	Sportsdesk	Cocaine Cops (R)	Wild Web	Drama	Movie: "Jesse James"	Xena	Movie: "Tokyo Joe" (1949, Drama)

Saturday Movies

9:00 am WTBS (3) ★★½ "Missing in Action" (1984, Adventure) Chuck Norris. An American colonel trying to convince the world that MIAs are still imprisoned in Vietnam travels to Ho Chi Minh City.

10:00 am WGN (3) ★½ "Over the Top" (1987, Drama) Sylvester Stallone. A trucker tries to renew his relationship with his estranged son while preparing for an important arm-wrestling contest. (In Stereo)

11:00 am FOX (25) ★★ "Sister Act" (1992, Comedy) Whoopi Goldberg. A Reno lounge singer-turned-murder witness transforms a group of singing nuns into an unconventional convent choir.

11:05 am WTBS (3) ★★ "Missing in Action 2: The Beginning" (1985, Adventure) Chuck Norris. An American colonel held prisoner by sadistic Vietnamese makes a bid for freedom for himself and his fellow POWs.

1:05 pm WTBS (3) ★★ "Braddock: Missing in Action III" (1988, Drama) Chuck Norris. Col. James Braddock returns to Southeast Asia to rescue his Vietnamese wife and their son from the sadistic Gen. Quoc.

5:00 pm WXYZ (10) CITY (29) ★★ "Happy Gilmore" (1996, Comedy) Adam Sandler. A hockey player finds success when he brings his famous swing and foul temperament to the world of professional golf. (In Stereo) (E)

WGN (38) ★★½ "Basic Instinct" (1992, Suspense) Michael Douglas. A woman suspected of murdering her lover with an ice pick ensnares a San Francisco cop in a web of lust and deceit.

5:05 pm WTBS (3) ★★ "Top Gun" (1986, Drama) Tom Cruise. A maverick Navy pilot is forced to grow up during the course of a specialized training program in California.

7:00 pm FAM (26) ★★½ "Tough Guys" (1986, Comedy) Burt Lancaster. Two small-time criminals unable to adjust to post-prison life return to the line of work they know best -- robbery. (In Stereo)

7:25 pm WTBS (3) ★★ "Invasion U.S.A." (1985, Adventure) Chuck Norris. An ex-U.S. agent's retirement is rudely interrupted by Communist invaders bent on turning Americans against one another.

8:30 pm WGN (38) ★½ "Bloodsport" (1988, Adventure) Jean-Claude Van Damme. The exploits of Maj. Frank Dux inspired this account of his unprecedented victory in Hong Kong's Kumite. (In Stereo)

8:45 pm FAM (26) ★★ "All the King's Men" (1949, Drama) Broderick Crawford. Power and ambition corrupt an idealistic Southern politician. Winner of three Oscars, including best picture. (In Stereo)

9:00 pm CITY (29) ★★ "Posse" (1993, Western) Mario Van Peebles. A band of Spanish-American War vets defends a peaceful black settlement from a neighboring sheriff and his Klansmen. (E)

9:30 pm WXYZ (10) ★★ "Othello" (1995, Drama) Laurence Fishburne. Based on William Shakespeare's tragedy about a Moorish general who is undone by a spurned aide's treachery.

9:40 pm WTBS (3) ★★½ "White Lightning" (1973, Adventure) Burt Reynolds. To gain his release from prison, an expert driver strikes a deal with federal authorities to smash a moonshine ring.

10:00 pm KNOW (5) ★★½ "Hiroshima, Mon Amour" (1959, Drama) Emmanuele Riva. Alain Resnais' haunting account of a French

actress's romance with a Japanese architect in post-World War II Japan. (In French Subtitled)

10:35 pm FAM (26) ★★½ "Tokyo Joe" (1949, Drama) Humphrey Bogart. Upon his return to Japan, a World War II veteran discovers that his presumed-dead wife is alive and remarried.

11:15 pm CITY (29) ★★ "Jesse James" (1939, Western) Tyrone Power. Henry King directed this account of the lives and crimes of the notorious outlaw and his brother, Frank.

11:30 pm WXYZ (10) ★★½ "Chantilly Lace" (1993, Drama) Lindsay Crouse. Seven actresses bring loose character sketches to life in a series of guided improvisation sessions.

11:55 pm WTBS (3) ★★ "Gator" (1976, Adventure) Burt Reynolds. Agents threaten to imprison an ex-con's father if he doesn't help them gather evidence against a corrupt official.

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THE AUTHENTIC VOICE OF THE SIMILKAMEEN
295-4149

Horoscope
February 2 to 9

ARIES - Your mind is more at ease as your life seems to make progress, but you still have to overcome many challenges from those who oppose your goals. Don't expect a smooth week.

TAURUS - The sun shines on your career this week, but your job does not proceed smoothly. You may have opposition from partners or friends whose needs conflict with yours.

GEMINI - This is a strange week of ups and downs. You receive news that changes the pattern of your life and foretells more changes to come. Count on these changes being permanent.

CANCER - A new burst of energy helps you overcome some major challenges and puts you in a position to win. Conflicts in the family may distress you, but you can solve problems by asserting yourself.

LEO - Expect events to catch you by surprise. Change is in the air and the only thing you can do is adapt. Be a diplomat. Kill the opposition with kindness.

VIRGO - Life seems very good, but watch out for events coming out of left field. You cannot control anything but your immediate environment. Be alert and prepared to act quickly.

LIBRA - Sudden changes work in your favour. Grasp the opportunity offered now, and move ahead. The worst two years of your life are over now.

SCORPIO - Events challenge you this week, but you have the drive to take advantage, and the support you need to make progress.

SAGITTARIUS - Overcoming problems and making progress is your strength this week. Devote your skills to advancement. Don't let worries disturb you.

CAPRICORN - A combination of challenges faces you this week. It is a mixed bag, but you have the energy needed to take charge and succeed. 1999 looks promising for Capricorns after the end of this month.

AQUARIUS - You need to focus your energies on career matters and try to avoid upsets this week. Drive carefully, and put your irritability into productive action.

PISCES - You have an abundance of drive this week, and thoughts of faraway places excite you. Money is scarce. Put your energy into making more and forget about travel until late in the year.

SUNDAY, FEBRUARY 7, 1999

'RED ZONES' - HIGH COST

'GREEN ZONES' - LOW COST

Table with 21 columns (WTBS, CHBC, KNOW, WTVS, WDIV, WTOL, A&E, WXYZ, BCTV, CITY, TLC, YTV, TSN, CHCH, DISC, FOX, FAM, CITY, WGN) and 24 rows (6 AM to 11:30 PM) listing various TV programs and their corresponding channels.

Sunday Movies

9:00 am FAM 26 ***"The Misadventures of Merlin Jones" (1964, Comedy) Tommy Kirk. A young college student's invention which allows him to read minds causes more than its share of complications. (S)

4:00 pm WDIV 7 CITY 29 ***"Ace Ventura: When Nature Calls" (1995, Comedy) Jim Carrey. The pet detective is called upon to retrieve a sacred white bat that can stop a war between African tribes. (In Stereo) (S)

7:20 pm WTBS 3 ***"Sriptease" (1996, Comedy-Drama) Demi Moore. A determined mother takes a job at a Miami strip club to raise the necessary funds to regain custody of her daughter. (S)

Community Datebook

- February
2 - Royal Purple potluck supper, Elks invited
13 - Valentine Tea and Art Show, 10 - 3, Senior Citizens Br. 30
14 - Sunday \$50,000 Superstar bingo, Senior Citizens Hall
16 - Royal Purple meeting 8 p.m.
19 - Professional Development Day - schools
21 - Elks, Royal Purple potluck 5:30
28 - Elks meeting 8 p.m.
March
4 - Abracadabra Magic Show PSS
6 - Princeton Figure Skating Carnival
12 & 13 - Princeton Mammogram Van Town Hall parking lot
13 - Keremeos Mammogram Van 1-800-663-9203
15 - Keremeos Mammogram - phone for appointment
15 - Spring Break for schools starts
27 - Youth Ambassador Garage Sale
April
2 - Good Friday
3 - Youth Ambassador/Cancer Society daffodil sale
9 - Celtic Music from Canada's West Coast Princeton Sec. School 8 pm
24 - Lions Auction and Flea Market
April 30, May 1, 1999 - Trade Show Princeton
May
7 - Professional Development Day - schools
13 - Youth Ambassador Fashion Show
22,23,24 - Keremeos Elks Rodeo, Cathedral Lakes Powwow
27 - Youth Ambassador Speech Night
28 - Princeton Graduation ceremonies
***** If your organization has set an important date, you may have it listed here at no cost.

MONDAY, FEBRUARY 8, 1999

RED ZONES - HIGH COST

GREEN ZONES - LOW COST

	WTBS 3	CHBC 4	KNOW 5	WTVS 6	WDIV 7	WTOL 8	A&E 9	WXYZ 10	BCTV 11	CITY 12	TLC 14	YTV 15	TSN 19	CHCH 22	DISC 24	FOX 25	FAM 26	CITY 29	WGN 38
6 AM	Little House	(Off Air)	Open Learning Annex	Sesame Street (E)	Maurice	Cosby	Columbo	Regis & Kathie	News	News	Bingo	Rainmaker	Sportsdesk	Travel	Hmwrks.	Love Boat	BayWorld	Maurice	PinkyBrain
7 AM	Little House	Care Bears	Teletubbs	Mr Rogers	Jerry Springer	Donny & Marie	Equalizer	Martha Stewart Living	Canada AM	News	Big Garage	Lassie	Sportsdesk	Rosie O'Donnell	Profiles of Nature	Paid Prog.	Good Troop	Cityline	Batman
8 AM	Griffith	Huntley Street	Art Attack	Zoboo	Jenny Jones	Price Is Right	Murder, She Wrote	Roseanne Show	(Joined in Progress)	100 Huntley Street	Pappyland	Histeria!	Off-Record	Price Is Right	Travelers	Paid Prog.	Babar	Star Trek: Next Gener.	Griffith
9 AM	Matlock	Regis & Kathie	Magic	Teletubbs	News	News	Northern Exposure	News	Hollywood	Eagle	Wedding	Couch	Auto Racing: Practice	News	Discovery	Judy	BayWorld	News	Matlock
10 AM	Hunter (Part 1 of 2)	Robison	Mathshop	Sesame Street (E)	Jeopardy!	Young and the Restless	Law & Order	All My Children	World Van	Dave Rutherford	Reunion	Kitty Cats	NASCAR: Daytona 500	Movie	Explore Your World	Maurice	Franklin	Movie: "Ace Ventura: When Nature Calls" (1995)	News
11 AM	Perry Mason: The Case of the Fatal Fashion	Young and the Restless	Hammer	Creatures	Another World	As the World Turns	Columbo "Make Me a Perfect Murder"	One Life to Live	Highlands: The Series	News	Baby Story	Bananas	Qualifying	As the World Turns	Design	Martha Stewart Living	Dinosaurs	Nature	Emp. Nest
12 PM	Mama	Pamela Wallin	Medicine	Arthur (R)	Sally	Oprah Winfrey	Equalizer	Oprah Winfrey	Another World	Roseanne Show	Wedding	Couch	Bowling	Rosie O'Donnell	EXNTV (R)	Hangers	Darkwing	Cityline	Webster
1 PM	Full House	Corona'n	Gene	Gouch	News	News	Murder, She Wrote	News	Bold & B.	Nanny	Hometime	Kitty Cats	NBA	Judy	invention	Boy-World	Tale Spin	Cityline at Five	Saved-Bell
2 PM	Fam. Mat.	Babar	Data Cafe	News-Lehrer	News	News	Northern Exposure	News	Roseanne Show	Young and the Restless	48 Hours (R)	Pokemon	Hockey	Love	Discovery	Home Imp.	Clarissa	Seinfeld	Fam. Mat.
3 PM	Fam. Mat.	MeninBlick	Barrier	NBC News	NBC News	CBS News	Law & Order	ABC News	Oprah Winfrey	News	Super Fire (R)	Rugrats	Off the Record	Suddenly	Behaving	Melrose Place	Little Lulu	V.I.P.	7th Heaven
4 PM	Roseanne	Rosie O'Donnell	Magie Bus	ITN News	Jeopardy!	Jeopardy!	Law & Order	Entertain	News	News	Slide (R)	Addams	World Wrestling Federation	Raymond	Danger	Ally McBeal	Timon	Movie: "The '60s" (1999)	Hyperion Bay
5 PM	NBA Basketball: Los	Seinfeld	Profiles	American Experience	Movie: "The '60s" (1999)	Raymond	Investigative Reports	Movie: "Courage Under Fire" (1996, Drama)	News	Deep Space 9	Silde (R)	Holmes	World Wrestling Federation	Raymond	Danger	Ally McBeal	Timon	Movie: "The '60s" (1999)	Hyperion Bay
6 PM	Angels Lakers at San Antonio	Friends	Learning	Black Press-Soldiers	News	News	Law & Order	News	Power Play	Suddenly	Super Fire (R)	Lassie	Sportsdesk	News	Discovery	Cops	Flash	FashionTV	MacGyver
7 PM	Spurs.	Home Imp.	Travels	Black Press-Soldiers	News	News	Law & Order	News	Power Play	Suddenly	Super Fire (R)	Lassie	Sportsdesk	News	Discovery	Cops	Flash	FashionTV	MacGyver
8 PM	Movie: "The Exorcist III" (1990)	Life and Times	Salts and Sinners	Antiques Roadshow	Tonight Show	Late Show	Biography: Regis Philbin	Entertain	Ally McBeal	Raymond	Slide (R)	Addams	World Wrestling Federation	Real TV	Behaving	Hollywood	Blossom	Movie: "The Fly" (1958)	In the Heat of the Night
9 PM	George C. Scott, Jason	National/CBC News	Independent Eye	American Experience	Jenny Jones	Late Late Show	Investigative Reports	Politically	L.A. Doctors	News	It Came-Space	Student	Odyssey	Brown	Danger	Hercules-Jrmys.	"Stolen Memories: Secrets"	Movie: "The Fly II" (1989)	Paid Prog.
10 PM	"Child of Darkness, Child of Light"	News	Data Cafe	Black Press-Soldiers	Late Night (R)	America's Store (Joined in Progress)	Investigative Reports	Howie Mandel	CTV News	Married...	48 Hours (R)	Ocean Girl	Sportsdesk	Northern	Discover Magazine	Paid Prog.	I Spy	Mouse	Paid Prog.
11 PM	"Child of Darkness, Child of Light"	News	Data Cafe	Black Press-Soldiers	Late Night (R)	America's Store (Joined in Progress)	Investigative Reports	Howie Mandel	CTV News	Married...	48 Hours (R)	Ocean Girl	Sportsdesk	Northern	Discover Magazine	Paid Prog.	I Spy	Mouse	Paid Prog.

Monday Movies

10:00 am CITY 29 ★★"Ace Ventura: When Nature Calls" (1995, Comedy) Jim Carrey. The pet detective is called upon to retrieve a sacred white bat that can stop a war between African tribes. (In Stereo) 16

11:00 am WTBS 3 ★★"Perry Mason: The Case of the Fatal Fashion" (1991, Mystery) Raymond Burr. Mason investigates the murder of a fashion-magazine editor who had threatened to expose her colleague's darkest secret.

6:00 pm WDIV 7 CITY 29 "The '60s" (1999, Drama) (Part 2 of 2) Charles S. Dutton. Premiere. Emmet is recruited by the Black Panthers; Brian wins a medal for heroism; Michael is disowned. (In Stereo) 16

WXYZ 10 ★★"Courage Under Fire" (1996, Drama) Denzel Washington. An officer has trouble uncovering the truth about a female pilot and Medal of Honor candidate killed in the Gulf War. (In Stereo) 16

7:00 pm FAM 26 ★★"The Absent-Minded Professor" (1988, Comedy) Harry Anderson. An eccentric college professor accidentally creates flubber, a compound that makes objects bounce to amazing heights. (In Stereo)

8:00 pm WTBS 3 ★★"The Exorcist III" (1990, Horror) George C. Scott. A murder investigation leads a detective to the cell of a presumed-dead priest who performed an exorcism years earlier.

9:05 pm CITY 29 ★★"The Fly" (1958, Science Fiction) Vincent Price. A scientist's genes are mixed with those of a common housefly during a botched teleportation experiment.

10:00 pm FAM 26 ★★"Stolen Memories: Secrets From the Rose Garden" (1996, Drama) Mary Tyler Moore. A childlike woman's long-buried trauma resurfaces when her young nephew comes to visit her and her protective sisters. (In Stereo)

10:25 pm WTBS 3 ★★"Child of Darkness, Child of Light" (1991, Horror) Anthony Denison. A priest investigates two virgin pregnancies to determine which is the world's redeemer and which is a child of demons.

11:05 pm CITY 29 ★★"The Fly II" (1989, Science Fiction) Eric Stoltz. A scientist's accursed son begins to transform into a monstrous insect

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by Franco Moccia

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THIS WEEK, HOSPITALS

- | | | |
|-------------|------------|-----------|
| COMMUNITY | BUDGET | MEDICINE |
| ESSENTIAL | ILLNESS | HEALTH |
| NURSES | WELLNESS | INSURANCE |
| DOCTORS | EMERGENCY | TAXES |
| TECHNICIANS | AMBULANCE | BIRTHS |
| LAUNDRY | RESCUE | DEATHS |
| FOOD | LIFESAVING | SUPPORT |



Your old Christmas trees need not go to waste. Terry Rees, above, chips them to make compost for Alpine Country Landscaping and Recycling, a local business. Rees has chipped many trees in the past year. His chipper can take up to six inch stems. The compost can go for garden mulch to create new soil. This is a good way to use old Christmas trees, but Rees can take care of prunings and other garden waste as well as small trees.

How much should I contribute to my R.R.S.P.?

For many people, deciding how much to invest in an RRSP for retirement seems about as easy as correctly predicting the results of a horse race. In fact, if you have some idea of how you would like to spend in your retirement, then your age, time horizon and value of current investments are the main figures you need for RRSP planning.

RRSP contributions will be constrained by regulated upper limits on your contributions. In 1997, the ceiling is 18% of your previous years earned income up to \$13,500. The maximum contribution will also be lowered if you were a member of a pension plan.

So, how do you calculate what you should contribute? To start, try to envision what you'd like to do when you retire. That may include travel, a condominium in the sunbelt or even a home business. Then, calculate what that lifestyle is likely to cost, including costs for food, shelter, clothing and transportation and some extra for extraordinary costs. If you intend to live much as you have been, as a rule of thumb you'll need at least 70 per cent of your pre-retirement salary to keep up your standard of living - since costs such as house payments tend to disappear.

Use the resulting figures and an inflation estimate to plot annual income you will need in each year you expect to be retired. It's likely that you use a Registered Retirement Income Fund (RRIF)

or annuity to "pay" yourself through retirement. A Financial Consultant can help you calculate the investment required in tax-sheltered and/or non-sheltered plans at retirement to get the annual income you'll need.

To work out your annual contributions to your RRSP, to arrive at the lump sum you'll need at retirement, you need to know how many years you will be making payments and what rate of return you are likely to get on your investments. To determine the rate of return you can expect, look at the past long-term performance of the type of investments you intend to make, and then use this to make a conservative estimate for the future.

With these figures, the actual calculation of your annual RRSP payments can be done easily by

Naturalists plan AGM

by Don Burbidge

SIMILKAMEEN VALLEY - The last hike scheduled by Vermilion Forks Field Naturalists was a non-event (as Bill Clinton might say) as the temperature at the point of departure hovered around -30C, and even the birds were frozen. The next hike, we hope, will be held on Sunday, February 6, when the temperature will be a trifle higher. It will take the form of a Walk to Walt's, a 7 kilometre stroll from Coalmont to Walter Smart's place on Tulameen River. This is an easy hike with a couple

of moderate uphill grades. Bring a sausage to roast at Walt's. Meet at the bus depot in Princeton at 10:00 a.m. and phone Jim Smart at 295-6557 if you wish to come along.

The annual general meeting of Vermilion Forks Naturalist Society will be in Princeton Town Hall on Monday, February 8 at 7:00 p.m. The meeting begins with a slide show and discussion by Neil and Sharon Anderson on their travels in New Zealand and Australia. Election of the 1999 executive will follow.

Although factors such as inflation and investment returns can affect how much you need to invest annually, it is very possible to plan carefully for future security. That way, you will get to the finish line in a winning position - and be able to enjoy a well earned retirement.

Ian Campbell, Financial Consultant-Merrill Lynch Canada Inc. Penticton Branch, 1-800-694-0212. Member - CIPF



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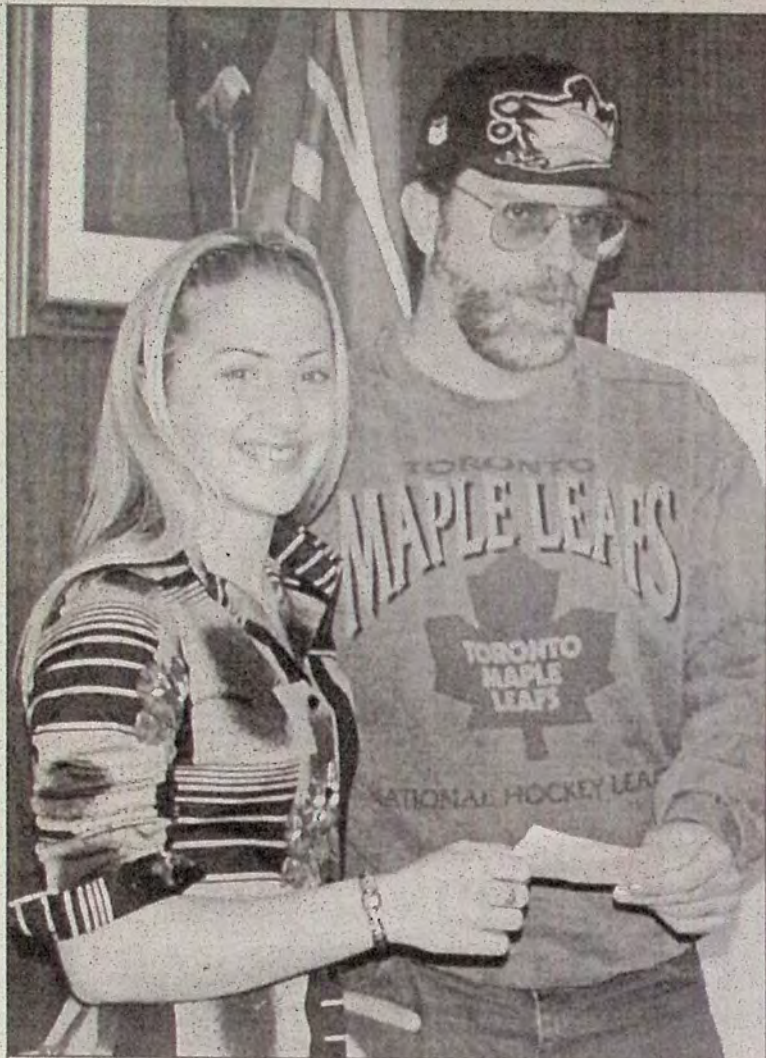
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Princeton Exhibition Association President George Elliott presents a \$100 cheque to Sheryl Petschl, Youth Mayor, in payment for a grounds clean-up done by the youth to earn money for Area 120. Elliott commended the youth on a job well done.

Hate your job?

The San Francisco Zoo has an elephant named Calle who has a chronic illness requiring medication. Zoo workers could not get the elephant to take her dose orally, so a California pharmacologist developed a suppository. The 52 cm. long, 1.5 kg. cocoa-butter bullets are crafted by the good folks at Guittard Chocolates in Burlingame. Administering the DAILY medication takes five zoo workers, including one person to distract the elephants with treats and one person who wears a full-arm glove.

Just think: five people have jobs worse than yours!

Education opportunity

Alternative Health education is available at Okanagan University College. OUC will be offering a number of courses ranging from Aromatherapy to Chinese Herbs and Iridology to Muscle Testing over the next few weeks. Call the OUC Centre nearest you for more information. Penticton 490-3959.

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THE VALLEY'S LOCALLY OWNED AND OPERATED NEWSPAPER

Youth Council hears proposal for club

PRINCETON - Members of the Youth Council have been cleaning up Area 120, a building designated for use by Princeton young people. They are preparing to paint and decorate in a style they feel will suit youth and create an "atmosphere" for fun.

At the January 27 Youth Council meeting, they heard a proposal from Princeton Child Care Services for sharing the building. Penny Schreckenbergh told them the Child Care group would use the building during the day, and would require some storage

space. This use would not interfere with the evening use planned by the committee for Area 120.

The Youth Council is considering the proposal.

A \$100 cheque from Princeton Exhibition Association brought revenues up to \$220, which is not much of a budget for the Youth Council's plans, but they intend to continue their decorating project.

Area 120 has 10 older model computers. Members of the Youth Council are considering how they might link the computers, or designate some for a particular use.

Businesswomen's Club plans seminar partnership with Centre

PRINCETON - Plans for the Abracadabra Magic Show are moving ahead well, with plenty of support from the community in providing family passes and items for Houdini's treasure chest. The project has been undertaken as a fundraiser for a bursary.

A day-long series of workshops is proceeding with the assistance and active co-operation of the Community Skills Centre. Women Moving Forward is the name of the seminar to be held on March 27. Sessions during the day will include Lady Beware (a program put on by the RCMP),

Art and Colour, insurance planning, balancing your career, women in business, stress management, and a keynote speaker, Linda Edgecomb. The \$10 fee will include lunch, and coffee breaks.

International Night will be hosted by Floralee Stewart at her home. The evening will feature a potluck supper of ethnic dishes, and everyone is asked to wear an ethnic costume. This event celebrates the fact that BPW is an international federation of clubs, with members in over 60 nations.



Province of British Columbia
Ministry of Forests
Merritt Forest District

Public Information Meetings

The public is invited to attend information meetings with the Merritt Forest District Manager and staff. The meetings will include a presentation entitled "The Year in Review and Challenges Ahead: A Report Card on the District" featuring topics such as:

- Merritt TSA allowable annual cut uplift
- Mountain pine beetle epidemic
- Tulameen fire overview
- Salvage harvesting: opportunities and challenges

A question and answer session will follow the presentation. Your attendance and participation at these meetings is welcomed!

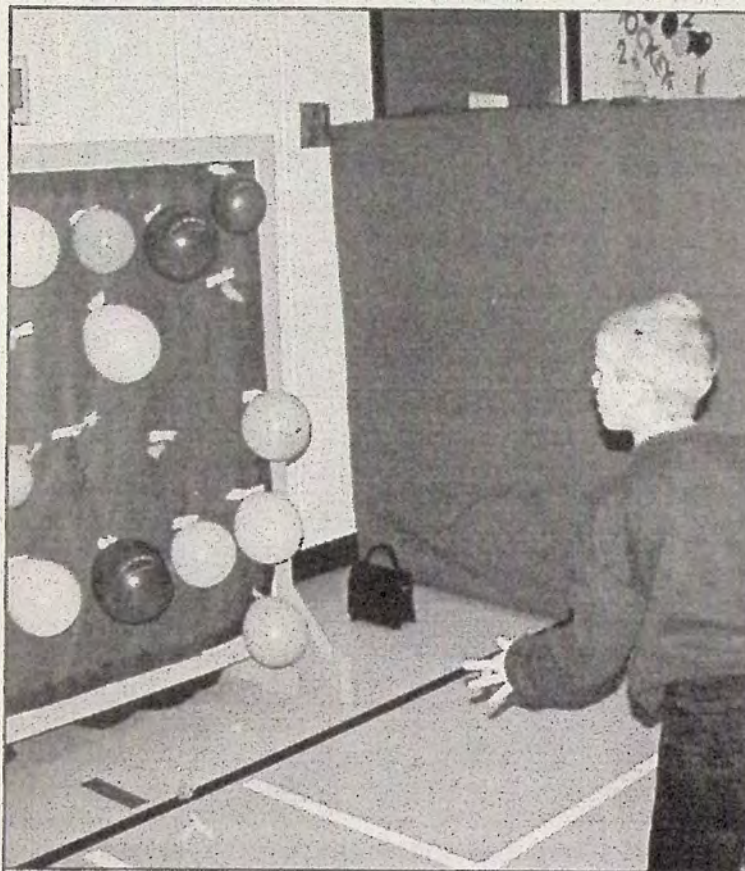
Wednesday, Feb. 3 7:00 - 9:00pm
Merritt Civic Centre

Thursday, Feb. 4 7:00 - 9:00 pm
Princeton Legion Hall

For further information contact:

Merritt Forest District
HWY 5A and Airport Road
Merritt, BC
Phone: 378-8400 or 1-800-665-1511





Fun Day at Vermilion Forks Elementary School included many games for students, such as the balloon dart game above. Students enjoyed a cake walk, hockey challenge, beanbag toss, and loads of nifty things to buy for fun.

Powwow is in the works

KEREMEOS - The annual May long weekend powwow is in the planning stage. Jay Begaye, organizer again this year, wants to see an event as full of fun as last year. "We're looking at a carnival for children over the weekend," Begaye says, "We've been talking to Litefoot, the star of *Indian in the Cupboard*, to do supper and late evening concerts."

These are still open for negotiation, but Begaye is firm on the Wannabe Dance Contest that was so successful last year. This dance is for non-natives, who receive initial instruction on how to do the dances, then the contest begins. Last year, a man from New Zealand won the contest.

Begaye is looking for sponsorships for the traditional dance contests. For further information, or to sponsor a dance, call 1-250-499-7056.

The Cathedral Lakes May Powwow takes place on Ashnola Reserve at the roundhouse campground. Campers are welcome, but no booze, drugs or weapons are permitted on the grounds. Dancing begins with a Grand Entry ceremonial dance on the evening of Friday, May 21. Grand Entry takes place at 1:00 p.m. and 7:00 p.m. Saturday and Sunday, May 22 and 23.

Star stamps out cancer

by Eva Mitravitz

PRINCETON - We wish to extend special thanks to all who saved and donated their used stamps, envelopes, postcards, and computer paper to the Princeton Eastern Star.

Since May 1998, approximately 140 lbs. of computer paper and 300 lbs. of envelopes have been sorted, stamps removed, glassine windows cut out, packed and delivered from us to Grand Chapter Stamp Convenor, Gladys Pierce.

From January 2, 1999, to January 27, 1999, three to five hours per day were spent cutting and sorting the stamps. For years, Sister Freda Hope performed this service for our Chapter, working with Sister Mabel Burr first and

then Sister Margaret Porter and in the past few years working mostly alone, with outside assistance from myself. Sister Freda moved to the coast last May and since then I have been responsible for this committee and can call on other members when needed.

Please continue to save your postcards (leaving stamps intact), computer paper, envelopes and stamps, leaving 3/4" to 1" of paper, where possible, around stamps. They may be left at Princeton Light and Power office, or call 295-3351 or 295-3237.

The money for this work is deposited directly with the B.C. Cancer Clinic for the Chapters' use in purchasing material for bandages and for research. Help us STAMP OUT CANCER!

WEST KOOTENAY POWER OUTAGE

West Kootenay Power customers' in the Cawston area will have an outage Thursday, Feb. 4th from 8:00am to 12:00 noon. This will affect all customers south of the intersection of Barcelo Rd. and Hwy 3 to the Nighthawk Border. This would include the Chopaka area as well. The outage is necessary for maintenance and upgrading. We would like to apologize for any inconveniences this may cause. For more information, please call 1-800-667-9964

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<p>Treat Yourself Spotless home in excellent park. Over 1000 sq ft., 3 bdrms, 2 bath, central heating & air, bright & spacious. New floor, wiring, plumbing, heating, addition, deck & roof. Large yard & shed. Now \$45,000 M.L.S.</p>	<p>HEDLEY Cozy home right downtown. Fenced yard, new roof, appliances included. Double garage with lane access. Good value at \$32,000 but try your offer. M.L.S.</p>	<p>NEW LISTING ONLY \$33,500. 2 bedroom on Allison Flats, near park. M.L.S.</p>	<p>JANICE BARCLAY SERVICE EXCELLENCE 295-6781</p>
<p>LINDA KIRKHAM REGISTERED RELOCATION SPECIALIST 295-7937</p>	<p>READY TO MOVE INTO 3 bdrm full basement home on 8rd bench. Quiet neighbourhood, private fenced yard with swimming pool. Affordably priced @ \$110,000. View today! Call Linda. M.L.S.</p>	<p>AFFORDABLE Only \$27,500 for this nearly 1/2 acre level lot in quiet country setting. Zoning permits mobile. M.L.S. Call Linda for details.</p>	<p>PRIVACY ... and oh! so affordable. 1 bdrm home close to schools and shopping. Large private deck & carport. Fenced yard and more for just \$48,000. Better than renting! Call Linda for details. M.L.S.</p>

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• Display Classifieds \$3.75 per column inch.
DEADLINE FOR CLASSIFIEDS 12 NOON SATURDAY

PHONE NUMBERS TELL VALLEY LOCATION

Princeton area phone numbers begin with - 295
Hedley area phone numbers begin with - 292
Keremeos - Cawston - Olalla area phone numbers begin with - 499

WELCOME TO THE WORLD!



IT'S A BOY!

Jabbar and Rupinder Dhaliwal are pleased to announce the birth of their son Ajeet Dhaliwal, born January 24, 1999 at 7:00 a.m. at Princeton General Hospital and weighing in at 8 lbs. 7 oz.. A little brother for Nithen and Monika.

OBITUARIES

FOLKES - Vera, born October 6th, 1914, died peacefully at Princeton General Hospital on January 30th, 1999. Vera will be sadly missed by her son Ron Reid and wife Joan, and her daughter Linda Angstadt and husband Jack. She also leaves Grandson Wayne Reid & Kelci of Kamloops, Jack Angstadt Jr. of Merritt, Scott Angstadt & Tera of Kamloops as well as three grandchildren, Lori, Danny & Michael Reid of Ontario. Vera lived most of her life in Princeton and Osprey Lake. For the past two years she very much enjoyed being a resident of Vermillion Court. A memorial service for Vera will be held in the Princeton Funeral Chapel at 1 p.m. on Thursday, February 4th. Eric Goodfellow officiating.

APPRECIATION

Thank you to everyone for all your support and kindness during a difficult time. Thank you for all the beautiful cards and flowers. Miyo would have been honoured. John, Bobby, Kelly & Meghan Sano.

The Little Folks Nursery School would like to send a warm "Thank You" to Santo's, Ted's Sign's & Princeton Chevron. Your Generosity, kindness and support to the "Little Folks" is greatly appreciated.

ENGAGEMENTS

Karen Blomme is pleased to announce the Engagement of her eldest daughter Trina Melanson, formerly of Princeton, B.C. to Shawn Theede of Quesnel, B.C.. The date of the wedding will be set later.

IN MEMORIAM

IN MEMORY OF JOHN RAYMOND HARDMAN

Donations can be made to the Canadian Diabetic Association or to Princeton General Hospital & Ridgewood Lodge Foundation.

Thank you.
Edna and Family.

DONATIONS can be made to Princeton Senior Citizens Drop-in Centre Society, Box 32, Princeton, B.C.. A plaque will be placed on the memorial board. Contact John Sinclair @ 295-3947 or Al Hill @ 295-6635. Income Tax receipt will be issued. Sept/Feb

IN MEMORIAM DONATIONS TO THE CANADIAN CANCER SOCIETY. CONTACT DIANNE GRAHAMAT 295-6648

JOB MARKET

PRINCETON PRE-EMPLOYMENT PROGRAM

UNEMPLOYED?
WANT TO FIND FULL TIME EMPLOYMENT?

We can give you the knowledge to be successful in finding a job with a secure future. Plan to attend our next free 14 week program commencing the week of February 1st, 1999.

If you are receiving income assistance, please contact us at 295-0150 for details or come to room #200 - 185 Bridge Street (Post Office Building) on Tuesday or Thursday mornings. A participation allowance will be paid to those attending the program.

Funded by the Ministry of Advanced Education, Training and Technology.

RÉSUMÉS

BABYSITTER AVAILABLE
Has babysitting and First Aid course. Flexible Hours. References available. Ph: 295-3842 or 3637

ANIMALS

OJ ENTERPRISES
ANIMAL LODGING
295-7749

Heated Indoor Facilities and Inside Dog Houses with Outside Runs

PERSONALS

Senior in fair health would like to meet Senior lady. Her age about late 60's to mid 70's. Companionship, coffee, and hobby craft. I am a non smoker and non drinker. Write to: Comp. A, c/o Similkameen News Leader, Box 295, Princeton, B.C., VOX 1W0

NOTICES

PRENATAL CLASSES

The next series of labor and delivery classes offered at the South Okanagan Health Unit will begin Monday, February 1, 1999 at 7:00 p.m. at the Princeton Health Unit.

These classes will be for women due in March, April, May and June. Items discussed include signs of labor, stages of labor, comfort measures, breathing, and breastfeeding and a tour of Princeton General Hospital.

Books and videos are available on a loan basis from the Health unit. Please register for classes in advance at the Princeton Health Unit. Fee for the classes is \$30.00. Subsidies are available.

Monday, February 1, 8, 15, and 22, 1999 - 7:00 - 9:00 p.m. at the PRINCETON HEALTH UNIT.

ALCOHOLICS ANONYMOUS
Sunday (open meeting) at 8 p.m. in the health centre. Wednesday at 8 p.m. in the health centre. Ph: 295-7367, 295-6138. (closed meeting). Friday at 8 p.m. in the Tulameen Library. Phone 295-7383, 295-3296. Open Discussion, Saturday 7:30 p.m. Health Unit (closed). Phone 295-3407.

AL-ANON

Wednesday nights, 7:30 p.m. at the Baptist Church Basement
Contact Phone Numbers
Jenny - 295-7005 Rolie - 295-3784

WANTED

PULP LOGS WANTED
Keremeos Dry Log Sort

Phone: 1-250-747-0430
or 1-250-992-2180

WANTED
BOOK ENTITLED

"Letters and Reflections from the Life & Times of John Fall Allison."

written by Aurelia Angela McDiarmid, or similar books written about the Allisons. Ph: Lori Thomas at 295-7357.

WANTED TO BUY!
Lionel Model Train (3 rail) track and transformer and parts.
Call 295-7490
after 5:00 P.M.

ATTENTION

TUPPERWARE® BRAND PRODUCTS

To buy or for job opportunities call Sandra Elcoate at (250) 862-3679 collect calls accepted. F2

SAVE YOUR INCOME TAX

FOR THE TAX SPECIALISTS

Barry or Sue
195 Moody St.
Offices
Princeton
295-3196
appointments

GEL TAX
Income Tax Prep
and E-Filing

FLEA MARKETS

THE ELKS & ROYAL PURPLE
are sponsoring
COUNTRY STORE

1st & 3rd Saturday
of each month
Loc: Elks Hall behind
Mr. Mikes
10:00 a.m. to 3:00 p.m.
Table rentals - \$7.00
Contact

Doris Driver at 295-3518 or
Rose Aiken at 295-7525 rts



Remember your
Valentine
with a special
wish framed in
a heart!

PHONE NUMBERS TELL VALLEY LOCATION

Princeton area phone numbers begin with - 295
 Hedley area phone numbers begin with - 292
 Keremeos - Cawston - Olalla area phone numbers begin with - 499

15 FOR SALE

FIREWOOD FOR SALE!
 by the cord or 1/2 cord. Discount for Seniors. Phone: 295-3425. F2/9
 2 Large Vertical Blinds, each 90" wide x 84" long, plus 2" metal head rail. Has 3 1/2" firm fabric vanes. Ivory, matching valance. Like new. Asking \$200. each or \$350. the pair. Phone: 250-499-7720 F2
 Ladies size 5 CCM figure skates, new condition, only worn 2 weeks. \$30. Phone: 295-4149 days. rts

ATTENTION HUNTERS!
 Ruger Model 77 MK11, 30.06, bolt action rifle with accessories. Mint Condition. Call Tom at 295-4189 J19/RTS
 Cattle hay under cover \$80 per ton, 1st cut alfalfa/grass mix. Ph: (250) 499-5475 weekends F9

18 VEHICLE SALES

1997 Toyota RAV 4, auto, air, tilt. Take over lease, 2 years left. Phone: 295-6641 J5/RTS
 Rebuilt 74 Ford Pinto Motor, Approximately 2000 miles of use, 4 cylinder standard, \$200. Phone: 295-6408 J19/26
 1981 Malibu Classic 3.8 V6, Auto, 4 dr., power steering, brakes, door locks, new exhaust system, runs well, looks good. \$700. Phone: 295-3025 or 295-7665 J26/F2
 1987 Dodge Caravan, good condition. 1985 Lazer 2-dr, nice shape. Ph: 295-7020 J26/F2

22 RECREATIONAL VEHICLES

1994 SKI-DOO SAFARI RALLY LE, electric start, handwarmers, ski-skins, cover, extra belt & plugs, only 3,621 km. New condition. \$3,500. OBO. Phone: 295-6671 J19/F2
 1988 Travelaire 5th wheel, 28', microwave air conditioning, new tires, excellent condition. \$10,000. Ph: 295-7012 J26/F2
FOR SALE: 1991 Yamaha Phazer ST, 5000 km, Excellent Condition. Ski Skins, New carbide runners, New 1.5 inch paddle, long track. Asking \$2700. or best offer. Phone: 295-6683 F2/F9

Valentine's Day is Sunday February 14th, 1999

24 CHILD CARE

LITTLE LEAGUE DAY CARE
 "BEAUTIFUL COUNTRY SETTING"
 ALL AGES • LICENSED
295-3493
 YVONNE 8th year in the Business
 19 yrs. exp.

COUNTRY ROSE CHILDCARE
ENERGETIC & FUN MINUTES FROM TOWN FLEXIBLE HOURS, LICENSED
 COLLEEN KUNDERMAN 295-3625

SEVEN DWARFS LICENSED FAMILY DAYCARE
 Indoor & outdoor play
 Music & crafts
 For more information Please call 499-5652

26 PROPERTY SALES

MOBILE HOME FOR SALE
 Very well kept mobile home. Skylight in Kitchen, Bay windows, 2 bathrooms, built in Vacuum, Large patio. 5 appliances. Phone: 250-499-5385 J19/26

MOBILE HOME FOR SALE OR RENT!
 Two bedrooms plus 10 X 10 addition, comes with 5 appliances. For sale at \$24,900. or rent for \$550. per month. References a must. Call: 295-7034 RTS

FOR SALE IN TULAMEEN!
 1380 sq. ft. home on double lot with large garage and workshop, one block from lake. \$89,900. Plus 2 adjoining lots Call after 5:00 @ 250-860-3248.

A little bit of paradise in town, view, private, walk to shopping, 2nd bench. 2 bedrooms up, 1 down, full basement, Fire place, gas heat. Terms possible. \$115,000. By appointment only. Phone: 295-7910. O6/RTS

\$5000.00 FOR YOU!
 I'll give you \$5000. cash if you buy my 1/2 Duplex. Use it for the down payment, furniture, improvements or ???
 4 Bedrooms, updated appliances (4), some updated flooring, huge yard, river frontage. \$76,000.00 Firm. Phone: 295-4120 J19/26

26 PROPERTY SALES

2100 sq. ft. home situated on 2 lots. Private, fenced, 2nd bench location. Hardwood floors, N.G. Fireplace. Basement suit, attached covered parking. Asking \$99,000. Offers considered. Phone: 295-6057 J26/RTS

MOBILE HOME FOR SALE!
 2 bedroom, \$7,500. Must be moved. Phone: 295-3326

25 FOR RENT

2 Bedroom Duplex unit, available for rent Dec. 1, 1998. Located on Vansanten Road in Keremeos. \$600. per month. Contact: Nelson Tilbury at 250-499-5200 RTS

1 and 2 Bdrm apartments, downtown, \$300. & \$275., utilities extra. Call Remax Country 295-3222 to leave message RTS
 Keremeos: Bright 2 Bedroom House with yard, close to amenities, includes 5 appliances, heat and power. \$600. per month. Phone: 1-250-499-5360 D29/J5

PINES MOBILE HOME PARK
 Small lot for rent. Clean, quiet park. For information call 295-3532 or apply at Park Office

Newer 3 bedroom home, paved driveway, lane access, NS/NP. \$600. per month. Please phone: 295-6244 or 295-5044 F2/RTS

One bedroom suite for rent. Nice and New, downtown. \$300. per month including utilities.
 Bachelor Suites for rent, downtown, \$250. month Including utilities. Ph: 295-3355 F2/F16

Clean 1 bedroom units available. Cable & utilities included. Laundry on premises. \$425. per month. Ph: 499-5857 S8/RTS

Clean and Cozy 1 bedroom unit available October 1st. \$400. per month. Cable & utilities incl., laundry available. Ph: 499-5247 S22/RTS

KEREMEOS: Updated 2 bedroom house on 3/4 plus acres, 5 appliances, fenced area, fruit trees. \$600. per mo. plus utilities - less for good renters. Ph: 250-395-2681 S22/RTS

STORE & LARGE 2 BDRM APT. IN OLALLA
 Some equipment, excellent location for Business. Store - \$350. Apt. - \$400. Ph: 604-888-4297 F16/M30

25 FOR RENT

HALL FOR RENT
 68 Biliter Ave.
 O.A.P. BRANCH # 185
 PHONE: 295-7193

Princeton Manor- located downtown. Close to stores etc. Clean & Quiet. Adults only two bedroom on second floor with nice view. \$500., One bedroom third floor completely repainted and new carpets, \$450., Bachelor apartment, third floor, separate kitchen, storage room \$350. Utilities not included. Sorry no pets allowed. Ph: Margaret at 295-6408. RTS

3 bedroom home on 3rd bench, \$600. per month including appliances. Remax Country Please call Linda @ 295-3222. RTS

Commercial space available now, 337 square feet., 195 Bridge Street, \$200. per month. One large spacey 2 bedroom, \$375. per month. 96 Biliter. One 2 bedroom Duplex \$375 per month. Phone: 295-3640 RTS

Tulameen: 3 bedroom home with large garage, wood and electric heat, near lake. Non Smokers, no pets. 2 references required. \$400. per month. Ph: 1-250-860-3248 O6/RTS

2 Bedroom basement suite, fridge & stove, on second bench \$325. per month. Phone: 295-3248 J12/RTS

Quiet Furnished Kitchen Unit. TV, utilities & cable included. Ideal for seniors or working people. Down town location. Ph: 295-6232 RTS

Large, bright one bedroom apartment. \$375. per month, utilities included. No Pets! Phone: 295-3691 J19/RTS

2 Bedroom apartment, downtown Princeton. NO STAIRS! \$500. per month, includes heat and electricity. Phone: (250) 499-2619 F2

Stewart Road, Cawston, 3 bedroom mobile home, 2, baths, 4 appliances, 5 stall barn on 5 fenced acres. \$700. Per month. Phone: (250) 499-2554 F2

CUPID'S CONNECTION

 Remember your Valentine with a special wish framed in a heart!

25 FOR RENT

Bachelor apartment - \$300. p/mo. 1 bedroom apartment - single -\$325. p/mo. double \$350. p/mo. 1 bedroom apartment, main floor, remodeled, \$400. p/mo.. Hot water incl., laundromat, within walking distance from town. References. Ph: 295-0110. RTS

2 bedroom trailer \$450. p/mo. includes pad rent. Available now Call Collect @250-630-2319 RTS
 Call Glen at Coldwell Banker Crowsnest Realty for 1 and 2 bedroom rental units. Phone: 295-7077 RTS

Newly landscaped lots for rent at Deblyn Mobile Home Park. Ph: 295-6632 or 6139. RTS
 One Bedroom Duplex house available now! Phone: 499-2951 RTS

14 BUSINESS SERVICES

SAVE YOUR INCOME TAX FOR THE TAX SPECIALISTS
 Barry or Sue 195 Moody St. Offices Princeton 295-3196 appointments
GEL TAX Income Tax Prep and E-Filing

DERAN OFFICE SERVICES
 Bookkeeping & Wordprocessing. Call Carol @ 499-8027 RTS

Gary's Automotive Refinishing Specializing in Lacquer, Metal Fabrication, (Rust Repair) Collision and body work. Open Year Round. Over 23 yrs. experience. All work guaranteed. Competitive Prices, Free Estimates. Open 9 am to 7 pm Monday to Friday. Ph: (250) 292-8596 Days & Evenings 213 Ellis Street, Hedley, B.C. RTS

"HOUSE CLEANING"
 Reliable lady to do house cleaning work. \$10.00 per hour 10% OFF FOR SENIORS. PHONE 295-6230

CERAMICS
 Phone: 295-3077
 Adult Classes 10-3
 Kids Classes 3-5
 Monday to Thursday

STEEN'S HOME CLEANING SERVICES
 Reliable, Efficient, Confidential *References Available Contact: Charlene Steen 295-6052

BUSINESS SERVICES



DAVE'S MOVING

ALL MOVES BIG OR SMALL
IN OR OUT OF TOWN
FOR AN APPOINTMENT CALL:
295-3855
295-8006 CELL

BUSINESS SERVICES

STADLER GYPROCKING & RENOVATIONS

★ FREE ESTIMATES ★
PHONE
ARNIE STADLER
AT
295-4113

BINGO

MONDAY NIGHT BINGO
IN PRINCETON
SENIOR CITIZENS BR. 30
Seniors Hall @ 162 Angela Ave.
5:30 p.m.
47 numbers called 5:30 p.m. special
(Bonanza & Odds and Evens).
\$20,000. SUPER STAR BINGO!
EVERY WEEK!
License 813186

HEALTH CARE

Free and confidential counselling service
is available to any woman who has experienced sexual abuse as a child or adult or are presently living in an emotionally or physically violent relationship.
Funded by the Ministry of Women's Equality.
Office hours 8:30 - 4:30
Monday & Friday - Keremeos 499-5928
Tuesday & Thursday - Princeton 295-4453

SIERRA HAIR STUDIO

MON, TUES & WED.
295-4115
TAMMY CLIFTON-SCHNEIDER
13 years experience
HWY #3
LOG CABIN SALON
AT DEWDNEY TRAIL
SELF STORAGE

POWER WASHING
for trailers
stucco buildings
and driveways
REASONABLE RATES
Phone: **295-3619**
or leave message at
250-836-4713

HEDLEY THURSDAY EVENING BINGO
Doors open 5 p.m.. Drop-ins 6 p.m.
First 45 bonanza numbers.
E.B.'s odd & even bonanza.
Last Chance.

PRINCETON/KEREMEOS DRUG and ALCOHOL COUNSELLING SERVICES
FREE AND CONFIDENTIAL
Individual Counselling and Education
Keremeos: Monday & Wednesday 9:30 a.m. to 4:30 p.m.
at the Social Services Office
For appointment phone(250) 295-6776
(collect if necessary) Tuesday to Friday 8:30 to 4:30
Princeton: Tuesday to Friday 8:30 a.m. to 4:30 p.m.
PHONE: 295-6776

HEDLEY OAPO SATURDAY NIGHT BINGO
Doors open 5 p.m.. Drop-ins 6 p.m.
First 45 bonanza numbers.
E.B.'s half time bonanza.
Progressive Jackpot.

EXPERIENCED FALLER & PRUNER.
PLEASE CALL ARNOLD
499-2894
ANYTIME!

HOUSE CLEANING,
BOOKKEEPING,
YARDWORK, PAINTING
PHONE: 499-7023
N24/D1

ESSENTIAL MASSAGE
STRESS RELIEF - An Alternative Therapy
PHONE: 295-7980 PAMELLA LINDLEY



KEREMEOS ELK'S SMOKE FREE BINGO
Every 2nd & 4th Sunday
Next date Feb 14
Doors open 12:30 pm
games start a 1:30
Elks Hall Keremeos

INSIDE/OUT
housekeeping painting &
decorating, custom
sewing & yardwork.
Call Mandy @ 295-3252

"HANDY MAN"
Fall clean-up.
General yard work.
Dump trips.
Snow Removal
Call Bill at 295-0267
Leave message

O.A.P BR. #185 BINGO EVERY FRIDAY MORNING!!
9:00 A.M.
Hard Cards
License No. 807532A2

ELECTROLYSIS
by Carol
Phone: 295-3508

*Give a man a fish and he will eat for a day.
Teach a man to fish and he will sit in a boat and drink beer all day.*

Question: What happens when you forget to advertise?



Answer: People forget you.
CALL LORI AT THE LEADER
295-4149
FOR THE BEST ADS IN TOWN

WOOD PELLET Delivery Service
We deliver your wood pellets to your door and stack em if Peter Pellet you wish.
Princeton & Area, Keremeos, Cawston, Olalla, OK Falls, Oliver & Osooyos. Ask about rates in your area. Call Peter Pellet at 1-800-253-0233.



Watkins
ID number 1090 191368
FOR PRODUCTS
CALL MARGARET
295-3554

Hayes Creek Electric
Residential • Commercial
Renovations • New Construction
Electric Furnace Repair
Jim Barnes • Anna Barnes
Reg. #33771
Phone: 295-3865 • Fax: 295-3443
Cell: 295-5021

CLASSICS MUSIC STUDIO
Piano • Keyboard • Theory
• Pre-School •
MARIA 295-0120



BACK COUNTRY SERVICES
SMALL ENGINE REPAIR
PHONE: 295-7903

"CUSTOM SAWMILLING"
FINISHED FLOORING
MOULDING
CHANNEL SIDING
CUSTOM PLANING
PHONE: 295-6057
GAVON MCINROY

PROFESSIONAL VCR CLEANING & REPAIRS
Repairs to Microwaves,
CD's, Tape Decks, Small
appliances, & Vacuum
Cleaners.
Drop off at L & S Groceries.
233 Vermilion
Phone: 295-3030
or call Corry @ 295-6587

News Leader Phone 295-4149
Toll free 1-888-350-9969 Fax 295-4103

CLASSIFIED ORDER FORM

\$3.75 + 26¢ GST for the first 20 words for one week.
6.50 + 46¢ GST for 2 weeks
DEADLINE : 12 NOON FRIDAY

CLASSIFIED SUBJECT	RUN DATE		
1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20

ADDRESS _____

THE SIMLKAMEEN NEWS LEADER
BOX 295 PRINCETON B.C.
VOX 1W0

PHONE: 295-4149
1-888-350-9969
FAX: (250) 295-4103

12

CAREER OPPORTUNITIES

Coordinator/Drop-In Centre

The Princeton Mental Health Drop-In Centre Society is seeking an **Auxiliary Coordinator** to provide 'stand alone' coverage on an 'as needed' basis.

The successful candidate should be a creative motivator and a resourceful problem solver. A well rounded knowledge of mental illness and personality disorders combined with an understanding of applied Group Dynamics would be highly beneficial. Demonstrated ability facilitating group activities in a mental health environment would be ideal.

Please submit a resume outlining related career training and experience no later than the competition closing date of Feb. 15th, 1999 to: The Anchorage
C/O Selection Chair
Box 1771
Princeton, B.C., V0X 1W0

CASUAL REGISTERED NURSES REQUIRED AT PRINCETON GENERAL HOSPITAL

Current RN registration required. Duties to include Acute Care and Extended Care.

For further Job Description contact:

Sharon Goodwin
Head Nurse
Princeton General Hospital
Box 610
Princeton, BC V0X 1W0



POLICE-BASED VICTIM ASSISTANCE PROGRAM PROGRAM MANAGER POSITION

A challenging position involving the administration of support services to crime victims in a police based program. Involves the training and supervision of community volunteers, case management, liaison with police and the community on a regular basis. Desired qualifications include program and volunteer management experience, ability to communicate effectively with police and community groups and empathetically with crime victims.

This is a permanent part time position and the number of scheduled hours per week is yet to be determined. The schedule will be flexible and will include some evening work and call outs.

The educational requirement will include a diploma or university degree in the Social Services, or related field. Inquiries related to this position can be made to the RCMP office at Princeton, phone: 295-6911.

Resumes/applications will be received at the Princeton RCMP office or via P. O. Box 490, Princeton, B.C. V0X 1W0 or by fax to 295-3921.

CLOSING DATE IS FEBRUARY 12TH, 1999.

Town of Princeton

HOMEOWNERS

The 1999 Water and Sewer Bills have now been mailed. If you have **NOT** received your Utility Bill, please come in to the Town Office at 169 Bridge Street.

The 10% discount is only available until 4:30 p.m. Friday, February 26, 1999.



PROVINCE OF BRITISH COLUMBIA
MINISTRY OF FORESTS



TIMBER SALE LICENCE A42380 SMALL SCALE SALVAGE

Pursuant to Section 20(1) of the *Forest Act*, a Timber Sale licence is being offered for sale.

Closing Date: February 15, 1999

District: Merritt

Geographic Location: Junction of Hwy 3 and Deep Gulch Road

Estimated Volume: 1,595 cubic metres, more or less;

Upset Stumpage Rate: \$25.88 / cubic metre

The upset stumpage rate was determined by the Short Form Stumpage Calculation and is applicable only to coniferous sawlog grades. Stumpage rates are fixed.

Term: 6 months

Tenders will only be accepted from individuals or corporations registered as a Small Business Forest Enterprise, category 1.

Comments:

1. Harvesting must be completed by July 15, 1999.
2. Logging system: ground based, small skidding equipment required.
3. Species: Lodgepole Pine - 89%, Spruce - 11%, more or less.
4. Access: East side of Hwy 3 at junction of Deep Gulch road, 25 km south of Princeton

Applications will be accepted by the District Manager, Merritt Forest District, PO Box 4400, Stn. Main, Hwy 5A & Airport Road, Merritt, B.C., V1K 1B8 until 14:00 hrs. on February 15, 1999.

In respect to this proposed timber sale licence, there is additional material which the applicant must consider in their application. This material and application forms may be obtained from the above Forest District Office, be sure to specify Timber Sale Licence A42380.



Princeton & District
Community Skills Centre
PO Box 69, 206 Vermillion Ave.
Princeton, BC V0X 1W0

295-4051

UPCOMING CLASSES FOR 1999

1. **MANUAL BOOKKEEPING** - 12 hrs, no computer application
2. **FLY TYING COURSE** - Will be offered if there is enough interest so register today!
3. **BASIC SUPERVISORY PROGRAM**
Intense course covering the role of the supervisor, situational leadership, teamwork, staff development, delegation of work, communication and interpersonal effectiveness, problem solving, decision making and conflict resolution.
4. **TRAIN THE TRAINER**
Instructional Skills Level One for both full-time training professionals and persons who provide training as part of their overall job.
5. **PROVINCIAL INSTRUCTORS DIPLOMA PROGRAM**
With enough response we will be offering this program which consists of six 30-hour courses (weekends) and a final assignment. You will receive a Vancouver Community College Train the Trainer and Instructor Training certificates. Requirements: BC Grade 12 (or equivalent) proficiency in English. Proof of competency in an area of expertise.

COMPLETE BUSINESS ENTREPRENEURIAL COURSE

Four weeks of comprehensive study on "Small Business". The main focus will be to learn how to develop and prepare your business plan.

A MUST FOR ANYONE CONSIDERING STARTING THEIR OWN BUSINESS.

COMING SOON:

WORD FOR WINDOWS; EXCEL.

For more information or to register call:
THE PRINCETON & DISTRICT COMMUNITY SKILLS CENTRE

Meeting & Conference Rooms Available
with Services and Facilities

SAVE YOUR INCOME TAX

FOR THE TAX SPECIALISTS

Barry or Sue
195 Moody St.
Offices
Princeton
295-3196
appointments

GEL TAX
Income Tax Prep
and E-Filing

ESTATE SALE #55 FENCHURCH, PRINCETON



4 bedroom, 2000+ feet total floor area, 50x100 corner lot, 1 full plus 2 half baths, 5 appliances, gas heat with central air, electric hot water tank. TOTAL INTERIOR RENOVATION (insulation, heating, electricity, plumbing, floors, walls, windows, doors, carpets). New 18x24 garage with remote overhead door, 220 wired, paved parking, covered breezeway. 1999 Assessment value \$86,300. TAKING OFFERS TO VIEW (250) 295-6068 (BY APPT.)



HEART
AND STROKE
FOUNDATION OF
B.C. & YUKON

*In Memoriam Gifts
fund vital heart and
stroke research and
health promotion
programs:*

Please print the name of the deceased or person honoured; the name/address of the next of kin for card; and your name/address for tax receipt (Visa and M/C accepted).

Please mail your
donation to:

Heart & Stroke Foundation
Box 1766, Princeton, B.C.
V0X 1W0



Princeton Junior Girls played Glenfir on Thursday afternoon. Glenfir is an aggressive team from Summerland. Above, a Princeton Rebel defends her net as one of the Glenfir Golden Eagles tries to dodge around her for the basket. Glenfir surged far ahead by game end.

Figure Skating Club

Youngsters win with Skate-a-thon

The Princeton Figure Skating Club had it's Skate-A-Thon on January 25th. Thank you to Overwaitea Foods for supplying juice for the skaters and to everyone who sponsored a skater for the skate-a-thon, your pledges made this event a great success. Please remember to get your pledge money in as soon as possible. Skate-a-thon winners were: Most Laps: Chandra Darel, Keri Petschl, Meagan Thomas, Natasha Gibbons, Nicholas Yee, Jessica Cook, Corbin Clement & Wesley Wong. Most Pledges: Nathan Garton, Meagan Thomas, Chelsea Turner, Mackenzie Johnston, Ashley Goreas & Lindsey Nesbitt.

Most \$\$: Wesley Wong & Deanna Wong tied for the most money. Best Costume: Chelsea Turner.

Our Skaters did well at the Oliver Snowball Competition. In their groups/levels the results were: David Bell - Silver, Lindsey Nesbitt - 7th, Nykayla Stevens - 7th, Deanna Wong - 4th, Ryan Lopes (Keremeos) - Gold, and Kim Houle (Keremeos) - Silver. Way to go Skaters!!

The Figure Skating Club only does a Carnival every second year and this year is Carnival year! We are in full swing practicing for our "Disney Extravaganza" themed Carnival which is March 6th, with shows at 1:00pm and 7:00pm.

The skaters will be selling raffle tickets for the Carnival, please support these skaters and buy a ticket or two. Tickets will also be on sale at the Carnival.

To cover costs of programs and some of the Carnival costumes, the Executive is also asking local businesses to be advertising sponsors for the Carnival Program. At Carnival, be sure to look through your program to see who these sponsors are. The Princeton Figure Skating Club appreciates the support of these Businesses.

We are still looking for volunteers to help with the Carnival. If you would like to help, please contact Theresa Antonick.

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We provide access to information about your legal and financial rights, safety strategies, referrals to community resources, necessary transportation and access to a transition house of your choice.

Call the Princeton 24 Hour Women's Crisis Line
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Confidential free counselling is also available to women experiencing emotional and physical abuse, or who have experienced childhood sexual abuse.

Call Patricia Kristie, RN.MA
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SUNDAY, FEBRUARY 14, SENIOR CITIZENS HALL

BRANCH #30

THREE CARD STRIP FOR \$3⁰⁰ (as many as you wish)
 YOU MUST TAKE PART IN REGULAR GAMES TO BE ELIGIBLE TO PLAY SUPER STAR

4:00^{PM} DOORS OPEN • 5:30^{PM} REG. BINGO STARTS

Senior boys win, lose, in Barriere

by Mike Bertram, coach
 PRINCETON - The Senior Boys basketball team finished sixth at the Barriere tournament the January 22-23 weekend. They finished with one win and two losses. They lost their first game to St. Ann's of Kamloops, a team ranked fifth in the province.

We did not play a very good game. Our defense was poor, our offense was anemic and we had too many turnovers. You cannot

make all these mistakes against a good team.

Princeton won their second game versus Kings Christian from Salmon Arm, 67 - 38. The Salmon Arm team was not very strong, as the score shows. I let a lot of my bench players get a lot of playing time and experience in this game.

The boys lost their third game 48 - 31 to Ogden (100 Mile House). Again, in this game, we committed too many turnovers and our offense was non-existent. We can-

not expect to win games when we score only 30 or 40 points.

Good play for the weekend was the achievement of Dustin Pasco, Curtis Dion, Thoran Smart, Willy Knowles and Scott Witt.

Our next tournament is in Abbotsford on February 5 and 6. It will be a tough tournament as some of the top teams in the province will be there. We play the host school, ranked number one in the province, in our first game.



Cody Robinson is shown loaded down with his prizes for first place in the age 7 - 11 snowmobile races at the Princeton Sno-X.



Bob Reichert was a big winner at the Timberline Snowcruisers Sno-X, winning trophies and money for two firsts and a second.



Tyson Leduc, who is following the SnowCross circuit for the first time this year, won third place in the Semi-Pro 440 in his home town during the Timberline Cruisers Sno-X in Princeton.

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 rosemary potatoes &
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\$45 per couple

We can also buy your favourite wine or champagne.

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Maggie - 295-0196

THE TIMBERLINE CRUISERS "96" SNOWMOBILE CLUB WISH TO THANK ALL THE SPONSORS AND VOLUNTEERS WHO HELPED TO MAKE OUR SNO X 99 A GREAT SUCCESS. WE APOLOGIZE IF WE HAVE FORGOTTEN ANYONE.

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- Similkameen Spotlight
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- Sun FM (Kelowna)
- Princeton Exhibition Assoc.
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Also a great thanks to Rory Mervyn, Mark Nikic, Jamie & Leslie Hassell and the Reicherts for the use of their Mini Z's for our celebrity races.

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Dateline Tulameen

A game plan for the future

by Joe Schwarz, homespun humourist and philosopher.

People will agree the Similkameen-Tulameen Valley has the best fresh air, water, scenic recreation area and in addition, cattle, a variety of wildlife, forests, minerals, and an abundance of fruit and vegetables, primarily from Keremeos-Cawston.

Why have we a problem as pointed out in the News Leader January 26 front page story "Business meeting draws negative, positive"? Probably to partake of the aforementioned, we require an income - a job. A business needs people and vice versa. A long term valley plan or strategy would be a good start. Why should people come here? Why should business invest here?

If they should, advertise it. Go after it. Jealously guard and prevent further erosion of our hospital and health services, our unique and respected Community Services, etc.

How were we attracted to our sweetie? By appearance. If we really care, fix up or improve what we have, even if it's by volunteer our community service.

Vermilion Avenue, with former Mayor Ms. Stout's lady's touch, is about the most beautiful small town boulevard in B.C.

In contrast, Highway 3 through Princeton, to a first time visitor, looks like a gentleman attired in a tuxedo going to the opera with the seat of his pants missing.

We should be very vigilant as to

how our tax dollars are spent and to what end.

I am convinced citizens do not fully realize how misuse of provincial tax expenditures directly affect their livelihood. Two recent examples come to mind. The fast ferry debacle. We get one ferry for the price of two (now there's a deal for you!).

What would you tell the clerk if he/she said "Here we have a turkey (we're being charitable and do not mean government leaders). You can have it for the price of two."

You'd probably rightfully say, "Stuff it!"

The other recent example is a government brochure entitled "1999 Provincial Tax Cuts" which, upon examination, is a

political party election folder that you and I pay for, much like the millions spent advertising the Nisga'a Treaty. Suffice to say we pay interest on the money to pay, print and distribute these, besides, if everything was so good, why have we no jobs and why are people and investment heading east. Worst of all, every time the taxes are misspent, we should remember one of us is losing our job, and another service is being cut, rather than the reverse.

The next possible debacle to watch for is the patch-up widening of the Lion's Gate Bridge (at present highly unpopular). What is a good but unlikely solution? Put those responsible on a one-way trip on the fast ferry and hope it makes it into the sunset.



Bill Reichert won Pro 600 at Timberline Cruisers Sno-X. Above, after accepting his prize money, he thanks all of the volunteers who helped make the races a success.

"Great spirits have always encountered violent opposition from mediocre minds"
Albert Einstein

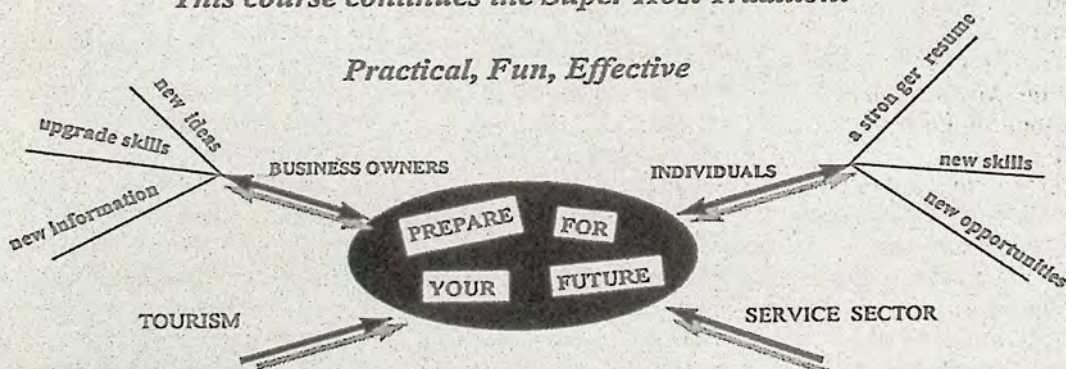


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NOTICE

Hearing Tests Set For Senior Citizens
Thursday, February 4
Best Western Hotel, Princeton

Everyone who has trouble hearing is welcome to have a test.

Everyone should have a hearing test if there is any trouble at all hearing clearly. Most hearing problems gradually get worse. An annual test will help you keep track of a progressive loss.

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Atoms challenge Merritt reps

by S. Clifton

The Princeton Lynch Bus Lines Atom team has met with success this hockey season. They won their league games handily, often with wide scoring margins. At their local tournament held in December, many of the visiting teams count not believe this was just another Atom team. It was explained that, with the small population of our town, only 11 boys had even registered to be in the division. The team borrowed two younger players from the Novice squad to make the team

possible. Although this is just another Atom team, if you have seen them play, you will know that it is not just an ordinary group of boys. The talent, hunger for the game, and teamwork of this group has clicked to create a successful unit. With league wins often coming so easily for the boys, it was decided to challenge a higher division of the Atom level.

Merritt's Atom rep team agreed to come for an exhibition game. With a minute into the game, you could feel the higher energy and

faster pace of the game. The Princeton players showed their spirit and rose to the challenge of the solid, fast-skating Merritt team. Merritt scored the first two goals of the game, but a pass from Rylan Mogge to Jake Greening near the end of first period soon got Princeton on the scoreboard.

By midway point, Jake Greening wove around the Merritt defense and beat the goalie on an unassisted goal to tie up the game. Tanner Gunn was hot in goal, and the defense of Kevin Blank, Reid Bicknell, Beau Wilkinson and Rylan Mogge was remarkable when tested on many Merritt passing plays. The forward lines, consisting of Lewis Smith, Jake Greening, Shaine Clifton, Pat LePoidevin, James Ferguson and Josh Scarpelli worked hard back-checking and were tough along the boards.

Merritt managed to score three unanswered goals in third period to win the game by a 5 - 2 score. This was probably the best the boys played this year, and they certainly rose to the challenge of their opposition.



Tom Reichert accepts his prizes for winning first place in the Masters at Timberline Cruisers Sno-X in Princeton.

Rocky Mountain tourney slated for March

KEREMEOS - Jay Begaye, organizer of the Rocky Mountain Basketball Championships, welcomes 'ladies' as well as men's teams for the first time this year. This is the seventh annual tournament, which brings together teams of adults who love to play basketball.

There was just one slot left to fill last week. Ten men's teams and eight women's teams will play, starting March 19 and playing off through March 21. The tournament takes place at Penticton Secondary School, utilizing both the South and North gyms for the first day.

Saturday night turns from basketball fun to dancing fun as the teams switch to Nite Moves, a dance spot in downtown Penticton. This major social event encourages friendship and good sportsmanship.

First place winners in both men's and women's tournaments take home Navajo textile leather sleeve jackets and special

Navajo sculpture trophy for each team member.

Second place teams receive hooded sweatshirts and plaques, while third place winners receive T-shirts and plaques.

MVP's receive Navajo textile leather sleeve jackets and silver and turquoise necklaces. Mr. and Mrs. Hustle receive duffle bags and silver and turquoise necklaces. Final game 3-pointers win special design basketball and duffle bag, Top Gun wins the same. All-Stars win T-shirts and ribbon shirts, and the most sportsmanlike team wins team T-shirts.

Arts and crafts vendors are invited to set up in an adjacent area for a fee.

The Rocky Mountain Basketball Championship is quite different from the usual basketball tournament. Spectators are invited to drop in and enjoy the event. For further information contact Jay Begaye at 1-250-499-7056 (phone and fax).

Weekend thieves hit home, trailer

PRINCETON - Sometime during the late evening hours of Saturday, January 30, or early morning of January 31, an attempted break and enter occurred. A holiday trailer parked at the rear of a home on Billiter Avenue on second bench was the target.

It is believed that two unidentified persons entered the yard, tore open the tarp covering the trailer, and damage the window in an attempt to gain entry, causing approximately \$300 damage.

If you have information regarding this incident, contact Princeton RCMP at 295-6911 or CRIMESTOPPERS.

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TUESDAY - 2 FOR 1 FAJITAS	\$10 ⁹⁵
WEDNESDAY - 1/2 ROASTED CHICKEN (cup of soup or salad, mashed potatoes & vegetables)	\$9 ⁹⁵
THURSDAY - 2 FOR 1 NEW YORK STEAK (6 oz steak, cup of soup or salad, mashed potatoes & vegetables)	\$12 ⁹⁵
FRIDAY - STEAK AND LOBSTER (baked potatoes & vegetables)	\$17 ⁹⁵
SATURDAY - ALL YOU CAN EAT SPAGHETTI & MEAT BALLS (tossed salad & garlic toast)	\$7 ⁹⁵
SUNDAY - ROAST PORK (cup of soup or salad, mashed potatoes & vegetables)	\$10 ⁹⁵

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PRINCETON VIDEO HIT LIST

175 million - Box Office Hit	THERE'S SOMETHING ABOUT MARY	Feb. 2 - Comedy
120 million - Box Office Hit	MULAN	Feb. 2 - Family
John Carpenter's	VAMPIRES (one of the best Horror Directors ever)	Feb. 9 - Horror
Animated Movie	ANTZ (Sharon Stone, Woody Allen, Sylvester Stallone)	Feb. 9 - Family
Sandra Bullock	PRACTICAL MAGIC	Feb. 6 - Comedy
Nicolas Cage	SNAKE EYES	Feb. 16 - Action
Robert de Niro	RONIN	Feb. 23 - Action/Thriller
Kirk Russell	SOLDIER	Mar. 2 - Action
Drew Barrymore	EVER AFTER	Mar. 2 - Drama
Robin Williams	WHAT DREAMS MAY COME	Mar. 9 - Drama
Adam Sandler	WATER BOY	Mar. 16 - Comedy
COMING SOON!	I STILL KNOW WHAT YOU DID	Thriller
	LAST SUMMER	

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