

Residents fear slaughter house

- Joan Bush wins Cawston By-Election
See page 4.....

New hunting regulations set for 2000-2001

Victoria - B.C.'s 2000-2001 hunting and trapping regulations, published in the BC Hunting and Trapping Regulations Synopsis, are now available on the Internet at www.elp.gov.bc.ca/wld/ and will be available later this week at the ministry's regional offices, government agent offices, and stores where hunting licences are sold.

Most provincewide regulations remain unchanged. Regional hunting regulations change every year to address conservation and safety concerns, and to allow more hunting where wildlife populations have grown. The 2000-2001 changes were discussed with hunters, guide outfitters, trappers, First Nations and other interest groups.

Highlights of changes include:

- All people applying for a B.C. hunter number for the first time must produce proof that they have completed a hunter safety training course in B.C. or elsewhere in North America, as well as proof of B.C. residency.

- Motor vehicles will be restricted in four new areas, including a high-altitude area of the Monashee and Selkirk mountains to protect threatened mountain caribou.

- Waterfowler Heritage Days is a federal program proposed by the Canadian Wildlife Service to allow youth to hunt ducks and geese for one to two days to practise skills learned in safety courses without purchasing a migratory game bird hunting permit. The program is open to hunters from age 10 to 18 who meet provincial requirements and are accompanied by a licensed adult hunter.

- Due to dramatic population declines from disease, the California bighorn sheep season

Continued on page 2.....



Cst. Bryce Peterson of South Okanagan Highway Patrol writes a violation ticket in downtown Princeton. He says he is the only motorcycle policeman on Highway 3 this summer but he will be in Princeton and watching for people parked on yellow lines, and he will ticket them.

- Allison Creek area people are concerned about water pollution

Rural residents living on land along Allison Creek have expressed concerns regarding a septic system permit application that would see 2,000 gallons per day of effluent from a slaughter house. A 12,000 square foot slaughter house is proposed for Medallion Farms (formerly Fallow Deer Farm). Residents fear E. Coli contamination of the creek and/or the water table. They feel the property is too narrow and too close to the creek, and note that Continued on page 5...

Contract awarded for Hwy. 3

Work has started to upgrade sections of Highway 3 in the Keremeos and Cawston areas and to pave sections of side roads in Naramata, Penticton, Summerland and Osoyoos. Transportation and Highways Minister Harry Lali announced on July 20.

"The paving and shoulder widening projects on Highway are part of this year's highway preservation and replacement program which is designed to maintain the investment the people of British Columbia have made in their highway system," said Lali. "The result will be a long-lasting highway with a safer, smoother ride for motorists."

"I encourage motorists to drive
Continued on page 3.....

"Community to Community" meets with success at Apex resort

On Wednesday, July 19, 2000, over 25 federal, provincial Regional District and municipal representatives from the Penticton and Summerland areas held a "Community to Community" Forum, with Penticton Indian Band (Okanagan Nation) representatives at Apex Mountain Resort. The forum was organized to increase understanding among the communities, build relationships and share information in areas of mutual interest.

The participants agreed that Penticton is indeed "a place to stay forever" and they established a working group to draft and Accord or Protocol Agreement to further harmonious relations among the communities. The Accord will highlight each community's commitment and interest in protecting water quality and the environment while co-operatively pursuing ways to improve the sub-regional economy. Equally important, the Accord would define a mechanism for communication among the communities, emphasizing trust and joint

action.

The forum focused on the need for joint regional economic development and land use strategies, sharing expertise in building facilities and infrastructure, and emphasizing the co-operative aspects of community relationships in the media.

During the Apex meeting, participants noted that the Community to Community Forum was the first time, outside a crisis, that all levels of government and the Penticton Indian Band had met together to discuss matters of mutual interest.

Considering the forum a suc-

Two matters are subject to hearing

Two applications for re-zoning in the Princeton rural area will be subject to public hearing on August 9 at Town Hall. One application is for a subdivision on Copper Mountain Road, and the other is an application to construct a slaughter house on a property located along Highway 5A. See notice on page 23 for details.

cess, the participants closed the one day session with a strong commitment to continue working together, with a follow-up meeting planned in September.

The Union of British Columbia Municipalities helped fund the Forum and the Regional District of Okanagan-Similkameen, District of Summerland, City of Penticton and Penticton Indian Band organized the event.

Weather Watch

July	Princeton area			Keremeos area		
	High	Low	Precip	High	Low	Precip
17	29.8	7.6		34	15	
18	28.6	8.6		34	17	
19	32.5	8.9		35	15	
20	33	11.5		34	19	
21	33.5	10.5	0.6 mm rain	36	18	
22	23.5	12.9	13.2 mm rain	32	20	8 mm rain
23	20.3	6.5	0.6 mm rain	28	14	

FORECAST:

Wed- Mixed sun & cloud, 30% chance rain, low 13, high 28

Thurs- Sunny with cloudy periods, low 12, high 29

Fri- Sunny with cloudy periods, low 13, high 29

Normals: low 12, high 29.

July 28- Sunrise 5: 43 a.m. Sunset: 8:35 p.m.

Daylight: 14:52 hrs. equal to May 15

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Town of Princeton

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Alliance leader seeks riding approval

Similkameen - Stockwell Day, recently elected leader of the Canadian Alliance, visited throughout Okanagan-Coquihalla federal riding on Tuesday. Day is seeking voter support in a by-election for the seat in the House of Commons vacated when Jim Hart resigned. Hart's resignation was designed to give Day a place to run, as Day does not have a seat in the House of Commons.

Jim Hart accompanied Day, as did Darryl Stinson, Member of Parliament in North Okanagan.

In Princeton, Day had lunch with the Rotary Club, and was the guest speaker.

Throughout his travels, Day was followed by television, radio and print media reporters, but when he spoke in Princeton, reporters were not allowed a seat at the luncheon as space was inadequate. However, the News Leader reporter stayed and heard most of his speech.

Day talked about Alberta's approach to solving economic problems.

"Any jurisdiction that lowers taxes experiences an invigorated economy," Day told Rotarians.

He gave numerous examples of how Alberta reduced taxes, thus stimulating the economy and attracting investment. He bragged about how Alberta lured business and industry out of B.C., along with skilled workers, and grinned as he said, "Of course, it was a fair exchange - we sent our welfare people to B.C."

Day said the Alliance would do the same for Canada as the Alberta government and Ontario governments had done in those provinces. The Alliance Party, if it forms the next federal government, would cut down government cost to business, reduce the debt and would do more to keep young people in Canada.

Reporters had little opportunity to question Day when he left the restaurant. With TV cameras, microphones and tapedecks in his face, Day answered questions from a few reporters, then called a halt and headed for Merritt.

The report from the Merritt News was brief, and noted no native people and only two Indo-Canadians attended, indicating disaffection by two major voting blocs in Merritt.

In Hope, Day was, according to the Hope Standard, "greeted with nothing but support" by a crowd of 150 people. This was in contrast to protesters in Penticton, Hope Standard reported.

Day was introduced everywhere as a former resident of the Okanagan. He moved to Kelowna 30 years ago, and stayed two years before moving on. He has lived in a number of locations in Canada, most of them in Alberta. His family has been interested in politics, and were strongly Social Credit. In 1972, Stockwell Day, Senior, ran for the federal Social Credit Party in Vancouver against Tommy Douglas. Day Sr. later joined the Western Concept Party founded by Doug Christie.

Stockwell Day, Jr. was born in Barrie, Ontario, but grew up in Montreal, where he learned to speak French, then attended secondary school in Ottawa. He has lived and worked in the Maritimes, North West Territories, and B.C., where he attended the University of Victoria.

From 1978 to 1984, Stockwell Day Jr. was assistant pastor and school administrator at Bentley Christian Centre, in Bentley, Alberta. It was a strong Christian fundamentalist school whose curriculum came under the inspection of Alberta Senator Ron Ghitter in the 1980's. The school was using a curriculum imported from

Texas' School of Tomorrow. The curriculum, called Accelerated Christian Education, was found by the commission to be insensitive toward non-whites and other religions. Day defended the curriculum in 1984, but changes were made.

In 1986, Stockwell Day moved to Red Deer, and was elected to the Alberta Legislature where he has served the Progressive Conservative government in a number of senior positions including Chief Whip, House Leader, Minister of Labour, Minister of Social Services, and since 1997, as Provincial Treasurer.

Day has a reputation for criticizing "judge-made law" says his official biography circulated by the Canadian Alliance Party. The bio says he is seen as "someone willing to take on the forces of political correctness in speaking for the silent majority on a range of issues. In addition, he has been identified as one of Canada's leading voices for reform of the federation through the recognition of provincial sovereignty."

Hunting regulations from front page

in the Vaseux Lake and Skaha Lake areas will be closed for at least three years.

Deer

- New youth and bow seasons in the southern Interior have been established. In region 8, the bow season for mule deer is restrict to bucks only.

Moose

- Due to healthy bull moose populations in Region 3 of the southern interior, the immature (two points or less) bull moose general open season is lengthened to run from September 20 to October 31 in region 3 and 8.

Black bear

The fall season from black bears opens nine days earlier due to an increasing bear population in the southern interior. The earlier season allows ministry staff to direct hunters to areas with bear problems. The opening date for black bear in both regions 3 and 8 is September 1. There is no bow-only season.

RCMP shelter lost bikes

On July 19, 2000, a yellow and black Precision 15 speed mountain bike was reported stolen from Asp Street in Princeton. The bike disappeared overnight. If anyone has located the bike, or sees it, please advice local RCMP.

Princeton RCMP have bikes in their possession which have been found in the Princeton area. Anyone missing a bike should contact Princeton RCMP to see if the bike is at the detachment. Call 295-6911.



Stockwell Day, leader of the Canadian Alliance Party, was in Princeton July 18 to speak to Rotarians. Day is seeking a seat in Parliament to represent Okanagan-Coquihalla riding in a by-election expected to be called this week. He was followed by major news media as he made a sweep through the riding.



This group wants electric doors for better access to the Post Office for people using wheelchairs or walkers. Left to right, Candace Fraser-Beswick, Darlene Montgomery, Teresa Malone, Tabitha Freeman, and Briar Pinch. See story.

Student group asks for electric doors on Post Office

Members of the Okanagan University College Home Support/Resident Care Aide program, which is being taught at the Community Skills Centre, have an assignment to identify a project that would improve the quality of life in Princeton. The class is split into groups and each group must find a project. The group pictured above identified a need for electric doors for the Post Office in Princeton.

To prove the need, they had a class member use a wheelchair, go up the ramp, through three sets of doors, to open a Post Office box. None of the doors are electric, and leaning forward to push open the heavy doors is difficult. The group notes the same difficulty would be encountered by a person using a

walker, pushing a baby stroller or carriage, or having an armful of packages.

On weekends, a person in a wheelchair could not enter the building. A person using a walker might be able to climb the stairs.

The group has written to Canada Post, which will send out an inquiry team. The owner of the

building, who lives in Kelowna, has been sent a letter about the situation.

The group believes having easy access to the Post Office by having electric doors installed will add a great deal to the quality of life in Princeton, particularly for the elderly and disabled.

Council looks at committee

Princeton's Save Princeton General Hospital Action Committee asked if Town Council would make a health action sub-committee to Council.

Council noted there are just two kinds of committee - standing committees of Council members,

or a select committee which must have Council members on it.

Mayor Randy McLean was sympathetic to the position of the Action Committee.

"The problem is that people on the CHAC (Community Health Advisory Committee) have to be approved by Regional Health Board, and the CHAC receives limited authority and seems to have limited information. They're not really happy," Mayor McLean stated.

Highways improvements

Continued from front page.....

with caution in the construction zones and to obey the posted speed limit, signs and flagpersons," Lali added.

Highway work includes upgrading and paving 3.5 km. of shoulders on Highway 3 in the Cawston area, 400 metres of highway in downtown Keremeos, a 2.1 km. section west of Keremeos and the rest area near the intersection of highways 3 and 97 in Osoyoos.

Side road work includes two kilometres of the Princeton-

Summerland Road west from its junction with Fish Lake Road, and work in Naramata, Apex Mountain Road, and Haynes Point Road in Osoyoos.

Peter's Bros. Construction Ltd. of Penticton submitted the lowest of four tenders and has been awarded a \$460,000 contract. Overall project costs of \$819,000 includes engineering, materials and supervision supplied by the ministry. Work is scheduled to finish by September 9.

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Joan Bush wins Cawston by-election

Karl Newholm, Chief Election Officer for Regional District, announced, after 10:00 p.m. Saturday night, that Joan Bush is the new Director for Area "B", Cawston, on the Board of

Directors for Regional District of Okanagan-Similkameen.

A by-election to fill the vacancy resulting from the death of Bill Bush, who served the area for more than 20 years, was held Saturday, July 22, 2000, at Cawston Community Hall. Joan Bush, widow of the former Area "B" Director, had filled the vacancy on temporary appointment to the Board, as she had been the Alternate for her late husband.

Bush received 228 votes to Andrea Turner's 99 votes, indicating a good turnout for voting on Saturday.

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This farmer's field along Highway 3 in Cawston has been stooked the old-fashioned way and is ready for a "good threshing." Rollie Bilodeau has been keeping the old ways alive in the Similkameen.

Similkameen Country welcomes interim President Bartlett

by Susan Alton

The interim President of Similkameen Country Society is Anna Bartlett after Joan McMurray stepped down to pursue other society matters.

McMurray will remain Chair of the Economic Development Committee and stay on as a Director of the society until the November Annual General Meeting. It was decided at the last General Meeting that McMurray would approach each Director individually to get approval for a grant application she is making on behalf of Economic Development.

Voting occurs at each AGM in

November for the positions whose terms have expired or have become vacant. Currently Chuck Bennet is the Vice-President, Linda Lee is the Secretary and Gordon Stamp-Vincent is the Treasurer.

Directors and Executive as well as individual members of

Similkameen Country are encouraged to attend the general meetings. The attendance has been very low and consequently, the

number of people actually volunteering to run events and the ongoing business of the society has been few.

Police issue warning

On July 11, Keremeos police received a report of a theft from an unlocked refrigerator outside a residence in the 400 block of 11th Avenue. A small amount of pop and liquor was removed from the refrigerator. This theft was believed to be related to a theft from a vehicle early in the morning. A thief smashed the vehicle window with a rock and ran-

sacked the vehicle, stealing a number of items.

Keremeos RCMP wish to remind area residents that, with transient traffic through the area increasing, it is likely there will be an increase in thefts. People should not leave valuable items unattended in their yards or readily visible in vehicles as visibility makes them an easy target for thieves.

We are sorry

In last week's News Leader, we reported the farm belonging to Joan Bush as the site of a sewerage recycling experiment. Joan tells us this is not true. Although her late husband, Bill, did apply for a permit to use Nutrifor, objections from neighbours caused him to change his mind about using the product.

We apologize for any embarrassment this may have caused Joan Bush as that was certainly not our intention.

Police seek cherry thief

On July 11, Keremeos RCMP received a report of a theft from an orchard on Upper Bench Road in Keremeos. Overnight a thief or thieves removed 13 boxes of cherries which had been stacked within the orchard. The loss is estimated at \$400 worth of cherries.



Well-known artist and instructor, Linda Anderson of the Hitching Post in Hedley, shows some of the art work featured at "Artisans on the Move" during The Golden Days of Hedley Festival on August 26. Anderson says, "We will start at the park across from Nickelplate Restaurant - Wanderer's Rest - and then move throughout the town."



Myleen Hawkes, of OSR radio, (left) presents the winning prize to Elly and Frank Korpan. Elly won a two-day package for Kumsheen Raft Adventures in Lytton, worth \$700, sponsored by OSR, Princeton Dairy Queen, Buy-Low Foods and Southwinds in Oliver, and regional Your Dollar Store with More. The prize package includes two nights accomodation for two, including meals, a day of whitewater rafting, and an extra day of adventure either Kayaking, mountain climbing or mountain biking.

Residents fear slaughter house from front page

the sub-soil material is made up of gravel and boulders, through which water moves rapidly. Another concern is the fluctuation of creek water levels during the course of the year. During spring freshet the water comes to the top of the bank and saturates the sub-soil. The permit application asks for septic tanks, septic fields and dry wells. They fear the heavy load of effluent will percolate through to the water table and to the creek.

Ed and Pam Ottas are seen by neighbours as leaders of a campaign to block the permit, but Pam says it is only because they were the first to contact the Ministry of Environment, Lands and Parks regarding their concerns. They were visited by representatives of the Ministry and the project manager, Wolfgang Adenstedt of Aldergrove, regarding their concerns.

Others in the area are writing letters to the Ministry expressing similar concerns.

Medallion Farms plant manager, Gary Cleggett, says the septic system plan has been changed. It will be moved to a location on the other side of the creek, 800 feet from the creek at the base of the hill, to prevent any remote possibility of pollution.

Cleggett says the slaughter house will be a small operation, employing only 20 people, and will do only small volumes. A federal inspector will be on site daily, and can shut the plant down in a

minute if Agriculture Canada standards are not met. These standards were upgraded last year and are very stringent, Cleggett says.

The volume of water comes from the standards. Only one species of animal can be slaughtered before the place must be washed down completely. For example, if the plant slaughters 50 fallow deer and can then take five beef, the place will be washed down thoroughly between the deer and the beef.

Cleggett says, "We had hoped to have it up and running by May next year, but we have a 15-day delay now with the re-application to change the location of the septic field."

He is hoping there are no more delays.

A re-zoning hearing will be held at Princeton Town Hall at 7:00 p.m. on August 9 to hear any citizens' objections to allowing a slaughter house on that property. Anyone in favour of having the slaughter house may also submit a brief.

Ministry will meet with "Save PGH"

Princeton - The Save Princeton General Hospital Action committee received a call on July 18 from Suzanne MacLellan, aide to Health Minister Mike Farnworth, saying she will set up a meeting between the Ministry of Health and Okanagan-Similkameen Regional Health Board and the Action Committee. The meeting will take place sometime shortly after August 14, when Murray Ramsden, CEO for the Health Board, returns from his vacation.

In the meantime, there will be an executive meeting of the Action Committee on Monday, July 24, at the home of Shirley Haker, to discuss pending issues.

Greens throw hat in election

Cawston - Dave Cursons, representing the Green Party in the Similkameen Valley, says the Green Party intends to challenge the Canadian Alliance bid for a seat in the House of Commons for Stockwell Day, new leader of the Alliance.

Joan Russow, Green Party leader, says she will run opposite Day if no Green Party candidate from Okanagan-Coquihalla wants the nomination.

A constituency meeting is planned for Wednesday evening at Leir House in Penticton to decide the next move for the Green Party.

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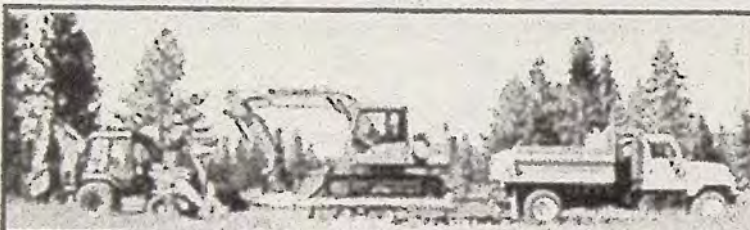
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OAPO President speaks out

Genetic engineering: good or bad

by Wil Holland, President, B.C. Old Age Pensioners Organization
Mankind has been using biotechnology for thousands of years: e.g. to bake bread, brew beer, and make cheese. Biotechnology involves harnessing the natural processes of microbes, plant and animal cells for the benefit of mankind.

Early selection of genes was done by cross-breeding of animals, or cross-pollination of plants, and by selection or seed or animals of superior quality. Hence, the development over many years of dairy cattle, beef cattle, race horses and draft horses, innumerable varieties of dogs, wheat with a short enough growing season for the prairies, and so on down through the ages.

However, using the old methods has been a slow, tedious business, and still is. Genetic engineering is faster.

Genetic engineering, or manipulation, involves taking genes from their normal location in one organism and either transferring them elsewhere or putting them back into the original organism in different combinations.

There are advantages to modern genetic engineering techniques.

First, scientists can take useful genes from plant and animal cells and transfer them to micro-organisms such as yeasts and bacteria that are easy to grow in large quantities. Products that once were available only in small amounts from an animal or plant are then available in large quantities from rapidly growing microbes. One example is the use of genetically engineered bacteria to produce insulin for treating diabetes.

The second benefit holds particular promise for plant and animal breeders. Genetic engineering allows desirable genes from one plant, animal, or micro-organism

to be incorporated into unrelated species, thus avoiding the constraints of cross-breeding. A wider range of traits is available to the breeder and these traits can be incorporated more quickly and more reliably into target species than is possible with conventional methods.

The disadvantages are many.

Even the old methods of gene selection by cross-breeding and hybridization of plants has flaws. Some beef cattle breeds like Aberdeen Angus are not well suited to extreme cold weather range conditions because their urinary tracts freeze and death occurs because they cannot urinate.

Turkeys have been bred to be large-breasted birds with lots of white meat for traditional Christmas feasting, but with eyesight so weak that they may become extinct soon after hatching. Gene pools have been seriously depleted for plants such as wheat, corn, potatoes, etc.

However, genetic engineering is not like the breeding programs of old. According to Braxton M. Alfred, Emeritus, UBC, "removing one (or a few) genes from this set and putting it into another organism places it into an unfamiliar genetic environment where there are no constraints at all on its action. It is impossible to know in advance the outcome. It is near criminal hubris to claim, without very good evidence, that it is safe for humans."

Alfred's article, in the May 24, 1999, edition of the Vancouver Sun, contains some extremely worrisome details; e.g. "one of the most disgusting things the United States has ever done was to allow patents to be taken out on life forms."

No wonder then that he follows with "The use of these technologies will kill subsistence farming around the world, will eliminate

biodiversity, will make farmers totally dependent on the large corporations (or their government agents), will greatly increase the cost of farming by forcing farmers to buy new seed and pesticide every year."

The Pure Food Campaign in its article *What's Wrong with Genetic Engineering?* cites a report published by 100 top American scientists warning that the release of gene-spliced organisms "... could lead to irreversible devastating damage to ecology." You cannot recall a new form of life.

In addition, "Genetic engineering of plants and animals will almost certainly endanger species and reduce biological diversity."

"The genetic engineering of crops and food-producing animals can produce toxic and allergic reactions in humans. Someone allergic to peanuts or shellfish, for example, would have no way of knowing if a tomato or other food had been altered with proteins from these substances, and could have a fatal reaction by eating such genetically altered food."

"The patenting of genetically engineered food means that farmers would have to lease their plants and animals from biotech conglomerates and pay royalties on seeds and offspring. Farmers would become tenants to large corporations."

Obviously, genetic engineering has advantages and many problems and disadvantages. The fact remains that no one is adequately regulating genetically engineered organisms or properly testing them for safety.

Surely we, the public, must become better informed about the entire subject of genetic engineering. Research is necessary, but its application is the responsibility of everyone, including physicians, scientists, politicians, and voters.



The old swimming hole is irresistible on a hot summer day. Above, swimmers enjoy the Tulameen River under the wooden bridge.

Town Works boss reports to Council

Princeton - Lloyd Salsbury attended the July 17 Town Council Meeting to report on progress made by the Town works crew. Salsbury, who was Town Works Superintendent in earlier years, has been hired for six months.

"I think we get exemplary work done considering the money we spend," Mayor Randy McLean stated.

He explained there is an overload due to the small size of the crew, and additional staff can address some of the initiatives.

"Tremendous ideas are brought forward by members of Council and staff and they don't get done," Mayor McLean added. "Lloyd can take some of the load off and we can get to initiatives."

Despite these statements, when the mayor called for a motion to employ two students for six weeks this summer to remove weeds

from the edge of Highway 3, Councillor Dan Sulentic moved to employ just one.

Salsbury recommended hiring the students in order to meet the



Lloyd Salsbury is back at work for the Town of Princeton as Works Superintendent for six months.

requirements of the agreement with Highways, who plow some Town roads in winter in exchange for summer maintenance on the highway. The weeds would be cleared from the edge of the highway from Kal Tire to Mohawk.

Sulentic's motion was supported by Councillor Lorne Esselink, and the remainder of Council voted against it. The next motion was to hire two students, and both Sulentic and Esselink voted against the motion, and it passed.

Generosity cares for homeless pets

BCSPCA relies heavily on individual donations generated through fundraising activities. The generosity of animal lovers helps provide food, shelter and veterinary care for thousands of animals every year - and most donations are tax deductible.

Fundraising ranges from community events, like Walkathons and bake sales, to annual household mailers, to leaving a bequest. Without these critical programs and the commitment of hundreds of fundraising volunteers, the SPCA would not be able to provide the level of care it does.

Trout Talk

What happens when no fish are caught at a derby

by John Sandness

Last column, What Happens When No Fish Are Caught at a Derby, described the events, or perhaps better said, non-events of Day One of the Annual Lions Club Fishing Derby. The less-than-remarkable results of the day were three bites - one on an Idaho Nymph, and two on garden hackle (worms).

One remarkable event should be mentioned. A young couple had come from Washington State to Dry Lake and were fishing. He had fished Dry many times and she was fishing for the first time ever. Her husband caught none, but she caught two! Isn't that the way it happens? Often, we are so busy changing lures that those greenhorn fishermen who stick with a lure and keep their lines in the water end up winning a derby. Too bad she isn't a Lion.

Back to Sunday, Day Two of the derby. I was up early and in my boat by six a.m. I thought I would surely catch my big one today. Using an Idaho Nymph, Ed Goudreau's and my favourite fly for Dry Lake, I cast and trolled for an hour with no bites. Undaunted, I changed to a method I had read about in *BC Outdoors Magazine*. The method, vertical jigging, uses a heavy spoon with a juicy garden hackle. This rig is dropped to the bottom of the lake and jigged up and down. It is like ice fishing in the summer. After what seemed a thousand jigs, and having drifted halfway down the lake in the process, I gave up on the method.

Desperate now, as the 11:00 a.m. deadline for the derby was only two hours away, I searched my equipment for a solution. No fish were jumping, so I decided to go deep. I put on another garden hackle. This time, no spoon, no spinner, just a hook and one 3/0 buckshot for weight. I anchored off a favourite point halfway down the lake and

"soaked the worm." This almost always works! However, not today.

After another hour, enough was enough, and I landed on the point, hiked up into the shade and leaned against a log. I awoke to hear banging and clatter. The husband of the Washington State couple was landing a nice 17 inch or so trout for the greenhorn. Sure enough, she had done it again!

"What lure?" I called to her. "The same Rooster Tail spinner," she answered. "I have been using it right along. It is great!"

When I got back to the dock, after trolling a spinner down the lake, I found the derby had ended. The final tally: Lions - 0, 16 year old boy - 1, greenhorn - 3.

I said earlier I would mention why I felt the fish weren't biting - in other words, excuses!

1. Greenhorn had the only brown Rooster Tail lure available on the lake.
2. There was too much natural food in the lake, why should they bite our lures?
3. Too much fishing pressure last year, not enough fish stocked.
4. Too windy in the morning.
5. Too calm in the afternoon.
6. Low barometric pressure.
7. Fish were in a spawning mood (we did see dark trout cruising the channels).
8. The sunshine was too bright and drove the fish deep.

Take your pick - one excuse is as good as another. However, the greenhorn did catch three fish. I personally think I took two naps too many!

An optimist is a person who makes the best of it when he gets the worst of it.

BC SPCA ADOPT A PET

Hi! My name is Hershey. I am a 2 year old spayed female doberman cross. I need a home with a high fence because I love to jump! I get along well with cats and dogs and would be a great family pet.	Hi! My name is Lizzy. I am a spayed female domestic medium hair cat. I am 2 years old. I would love to be a new addition to your family. I am housebroken.
Hi! My name is Marcus. I am a 1 year old shepherd/husky cross. I am a male and still need to be neutered. I'm looking for a good home with a fenced yard for me to run and play!	Hi! My name is Oodles. I am a spayed female domestic short hair cat. I am 8 months old and am looking for a good home where I can be a loving indoor pet.
Hi! My name is Ralph. I am a male shepherd cross. I am 4 months old. I am a playful pup and love people. I'm waiting here for a loving family to come and take me home.	Hi! My name is Tirt. I am a spayed female domestic short hair tort. I am 1 year old and am a sweetheart. I am current on all my vaccinations and have a tattoo for identification.

For more information on adopting one of these pets please call:
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Ron and Wilma McKelvie	Brian Bertrand
Wet Willies	Okanagan Springs (Brent Watie)
Riddell Bay Studios	Coorslight, Canadian,
Tulameen Trading Post	Tulameen Adventure Tours
Coalmont Hotel	Princeton Golf Course
Cubby Addison, Seagrams T-Shirts	Kathi Koller (decorations)

To everyone who helped organize & last but not least to all of you who came out and made it a great success.
Thank you !!

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Chiropractic by Dr. Warren Gage

Be injury conscious at work or play

Now we are finally seeing some summer weather, many of us are spending more time in the garden. This is a great activity to assist us in reducing our emotional stresses we face on a daily basis; however, we must ensure we are not causing ourselves excess physical stress.

All too often, we work away in the yard or garden without paying enough attention to whether our bodies are able to keep up with the pace or tasks involved. The key to safely doing such activities is to simply take some extra time and be constantly thinking of possible ways of achieving the desired effect with the least amount of physical stress on the body.

A few suggestions are to not

work beyond your ability and stamina. Taking perhaps a few extra hours to complete weeding that garden may not sit well with the boss (whoever that may be), but



Dr. Warren Gage

it will ensure you are then able to enjoy the fruits of your labor, without suffering a bunch of new aches and pains.

Another important bit of advice concerns your posture. If you must work in one area for an extended period, try to do so in a posture that is best suited to your physical ability. As most work is at ground level, some sort of easily movable seat/stool works well to avoid constantly kneeling or extreme bending. If kneeling is unavoidable, use a cushion under your knees.

If there is a lot of work to be done in one position, it is also important to not do it all at once. Doing a few tasks at once will force you to constantly change your posture. Our bodies work well when they are constantly moving, and we get ourselves into trouble when one movement or posture is done in excess.

Keeping these few suggestions in mind, and staying aware of any warning signs (pain) our body is sending, will prevent many physical problems from arising. This will ensure we are able to enjoy the garden for the duration of whatever nice weather we may get.

For any other tips on health and wellness, Dr. Warren Gage is a chiropractor practicing in Princeton Tuesdays and Thursdays. His phone number is 295-7015.

B.C. exports rise – investment forecast improves

Statistics Canada forecast investment in B.C. for 2000 has been revised to a 5.3 per cent increase over 1999. This is more than double the 2.6 per cent increase predicted by Statistics Canada in February.

The upgraded forecast reflects the largest increase so far this year in B.C.'s exports, an overall gain of 11.9 per cent over 1999 during the first five months of this year.

Goods valued at more than \$12.7 billion were exported from B.C. from January through May this year, compared with \$11.4 billion for the same period in 1999. Exports of agricultural and fishing products showed the greatest

increase, up 13.5 per cent for the first five months of the year. Forestry exports increased 13.2 per cent and exports of energy products were up 11.1 per cent. Exports of industrial goods grew 12.8 per cent from January to May and machinery and equipment exports increased 12.2 per cent.

Be aware of wildfire hazards

Victoria has sent out a warning of the threat of wildfire to B.C. residents who have homes bordering on forest or grasslands. Forest fire danger rating has increased from high to extreme during the past week.

B.C. Forest Service recommends a general yard clean-up to remove tree needles, branches and underbrush that could fuel a fire. Woodpiles and other flammable materials should be moved away from your house and outbuildings. Any branches that overhang roofs should be cut.

The most important warning to residents is to make sure they have fire insurance.

Neighbours are encouraged to join forces to talk about a fire protection plan and an evacuation plan for high-risk residential areas. A lightning strike, a carelessly discarded cigarette or an abandoned campfire could start a wildfire.

To report a wildfire, call 1-800-663-5555.

Living past 100

Diabetes may have hidden factor for O's

When the Indian chiefs gathered at Little Bighorn and fought General Custer, these chiefs were old men. A photo taken in Canada not long after the battle gives their ages as age 50 to age 80. All look much younger. In those days, the native people who survived white man's diseases (smallpox, measles, chicken pox, diphtheria) went on to live very long lives if they were not murdered or killed in battle.

Today, native people of North America are dying much younger due to diabetes, a disease unheard of among their ancestors. This new "plague" could be the result of two foods introduced by Europeans – wheat and alcohol.

Type O blood is common to the vast majority of First Nations people of the United States and southern Canada. Type A is the most common European blood type, but there are a high percentage of Europeans with Type O blood. A doctor, Peter d'Adamo, is an expert on blood types and diet. He says Type O people cannot tolerate alcohol at all, and wheat inhibits the production of insulin in Type O people.

An Internet network for people living on Indian Reserves gave a warning against wheat products two years ago. This warning was never given to people of European descent who have Type O blood. According to Dr. d'Adamo, anyone with Type O blood should be avoiding both alcohol and wheat products.

D'Adamo says Type O people do not handle any grain well, but can tolerate rice, spelt and barley.

For people with Type O blood, living a long life may include giving up wheat products, which is not easy to do, as it means giving up most kinds of bread, crackers, cakes, and snack foods. On the other hand, Type O people thrive on meat and fish, and plenty of vegetables and fruit. What is healthy eating for Type O people may not be great for other types, but everybody to their own taste!

Many First Nations people can speak of ancestors who lived well past 100 years of age, were very healthy, but those were the days before First Nations people began to eat bread.

WHAT'S ON TV

TUESDAY, JULY 25 THROUGH MONDAY, JULY 31, 2000



The Aaron Heuser Memorial Basketball Camp drew a good number of participants last week. Lined up in front of Aaron Heuser's retired Princeton Rebels jersey, and the Heuser Memorial plaque, are, left to right: back row: Jesse McLean and Mike Bertram, instructors; Matt, Keri, Nicole, Cory and Jim. Front row: Troy, Graham, Rob and Dana. Each participant received an Aaron Heuser Memorial tee shirt. The camp was part of the ongoing summer recreation program and was highly successful. Princeton Secondary School gym was used for the camp.

Tulameen Triathlon attracts athletes

The first Tulameen Triathlon has attracted 14 teams of three persons each, and eight individual contestants. The Triathlon will be held in conjunction with Tulameen Family Fun Days, starting at 7:30 a.m. Saturday, August 5. There is a good representation of local teams, as well as teams from

Nevada, Prince George and Vancouver.

Prizes will be awarded after the Triathlon at Tulameen Community Hall. Jim Hardin, one of the organizers, says Tulameen Community Club has offered every assistance.

Leslie Hassel of Tulameen has

worked really hard putting together a schedule, finding sponsors, and confirming registrations. Sponsors for this first-time event are Molson Brewery, Overwaitea (donating food), Coalmont Hotel, Ounce of Prevention and Princeton Redi-Mix.

Princeton Search and Rescue will be on hand for the event, and two Princeton lifeguards, Carol Mack and Shawn Landriault, have volunteered their time for the event.

Registration forms are still available at Ounce of Prevention, at 121 Vermilion Avenue in Princeton, and registrations will be accepted right up to the morning of the triathlon, but "sooner is better" says Jim Hardin.

If anyone wants to be on a team, Jim Hardin will help the person find team mates. Call 295-6175 or 295-7620.

Men's golf July 13

Low Gross:

0 to 10 - Clint Clifton, Glenn Weissbach

11 to 16 - Gord Comeau and Dave Roberts tied for first, Jean Ancil placed second.

17 to 21 - Keith Later, John Welde, Jim Jackson and Jim Riederer tied for first

22 and up - Harold Walsh and Barry Luchsinger tied for first.

Low net:

0 to 10 - Bob Wicks, Kory Krenn

11 to 16 - Guppy, Dave Mack

17 to 21 - R. Carpenter and Aaron Gould tied for first, Paul Pavich was second.

22 and up - Lloyd Hooper, Glen Glowinsky

Long Drive:

0 to 10 - Jan Elko

11 to 16 - Guppy

17 to 21 - Aaron Gould

22 and up - Dennis Cook

Seniors - Paul Tavich

Proximity on #2:

0 to 10 - Ryan O'Neil

11 to 16 - Dinny Mullin

17 to 21 - Aaron Gould

22 and up - Terry Greeley

KP on #7:

0 to 10 - Glenn Weissbach

11 to 16 - Barry Montgomery

17 to 21 - John Welde

22 and up - Lloyd Hooper

KP #8:

0 to 10 - Clint Clifton

11 to 16 - Sam Costa

Fewest Putts:

0 to 10 - Calvin Haw/John

Schneider, Clint Clifton

11 to 16 - Bob Montgomery

17 to 21 - Keith Later

22 and up - Ron Graf

Summer Recreation

G.E.T.T. ~ Session #1-Aug.8th-11th, Session #2-Aug.14th-18th, Session #3-Aug.21st-25th

Place: Princeton Arena & Princeton and District Community Skills Centre

Cost: "Free!!!" Times: 9:00 a.m. - 4:00 p.m.

Once again this year, Summer Recreation 2000 has secured a grant to run three weeks of the highly successful G.E.T.T. Camp. In this course girls learn skills in carpentry, auto mechanics, drafting and more to build go-karts... and race them!!! The live-day long sessions (except for session!) are held in the summer and any girls in grades 6 to 8 are eligible. This type of camp has been very successful in introducing girls to many skills and occupations in many parts of the country. The course will be instructed by a woman who is competent in the trades field. As the course is still in the works, more details will be available in the weeks to come. This program is first come first serve so hurry and register today!

CRAFTS WITH TRISTEN: Dates: July 31st and August 1st Time: 10:00 a.m. - 12:00 p.m.

Place: Princeton Arena Mezzanine Instructor: Tristen Pederson

Cost: \$10.00 Ages: 5 to 14

Come and join local elementary education student Tristen Pederson for this fun and inexpensive crafts program. The participants will make fun and easy crafts that they can take home. This is sure to be a lot of fun for the kids and we will be sure to make a big mess!! Register early to allow for supply ordering.

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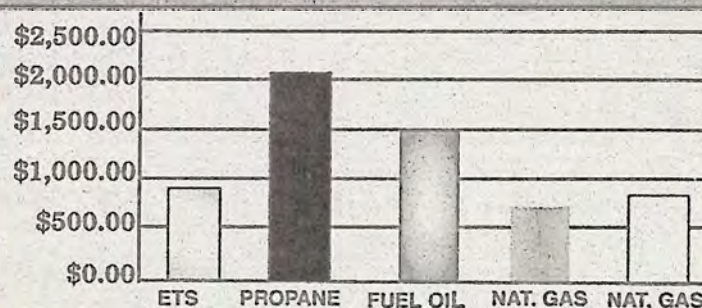
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Wednesday Movies

MORNING

10:00 am CITY 29 ★★ "Strictly Business" (1991, Comedy) Tommy Davidson. A mail clerk agrees to introduce his friend to the woman of his dreams in exchange for a boost up the corporate ladder. [E]

11:00 am WTBS 3 ★★ "The Great Outdoors" (1988, Comedy) Dan Aykroyd. The unannounced arrival of obnoxious relatives turns a Chicago family's idyllic country vacation into a nightmare.

AFTERNOON

5:00 pm WGN 38 ★★ "Nuns on the Run" (1990, Comedy) Eric Idle. Two petty gangsters try to avoid the mobsters on their trail by masquerading as nuns at a British convent school.

EVENING

6:00 pm CITY 29 "How to Murder a Millionaire" (1990, Comedy) Joan Rivers. A con woman and a string of accidents convince a housewife that her recently retired husband is trying to kill her.

8:00 pm CITY 12 ★★ "The Vanishing" (1993, Suspense) Jeff Bridges. An obsessed young man embarks on a nerve-racking three-year search for his abducted girlfriend.

FAM 26 ★★ "Address Unknown" (1997, Drama) Kyle Howard. A 10-year-old letter prompts a youth and his friend to investigate the truth behind their fathers' long-ago deaths.

9:00 pm BCTV 11 ★★ "The Vanishing" (1993, Suspense) Jeff Bridges. An obsessed young man embarks on a nerve-racking three-year search for his abducted girlfriend.

9:05 pm CITY 29 ★★ "Even

Cowgirls Get the Blues (1994, Drama) Uma Thurman. A misfit with oversized thumbs hitchhikes through a journey of self-discovery in this adaptation of Tom Robbins' novel.

9:30 pm FAM 26 ★★ "My Girl" (1991, Comedy-Drama) Macaulay Culkin. An 11-year-old hypochondriac faces emotional confusion when her single father falls in love. (In Stereo) [E]

11:05 pm WTBS 3 ★★ "The Adventures of Ford Fairlane" (1990, Comedy) Andrew Dice Clay. An obnoxious private eye leaves a trail of crude remarks behind him as he investigates a heavy-metal rock star's murder.

CITY 29 ★★ "A Part of the Family" (1994, Drama) Robert Carradine. A tabloid journalist discovers that his wife's father had sexually molested his daughter for years.

THE NEWS LEADER DISPLAY ADVERTISING DEADLINE IS NOON FRIDAY

Swim safely - be cautious this summer!

by Elaine Wilson, PHN, OSHR

Hot weather has finally arrived and with it comes swimming in lakes and outdoor pools. Along with the fun

comes a need for caution. B.C. has one of the highest drowning rates in Canada, between 130 and 150 a year. A surprising number of these happen

in private swimming pools, where about half of all drownings of children under 12 occur. 1. Fence off your pool - enclose your pool with a fence which has a childproof gate.

You may be legally liable if a drowning takes place in your swimming pool and it is not properly fenced.

2. Read the signs - follow important safety messages to avoid accidents and to keep the pool germ-free.
3. Walk, don't run - a slip on wet cement can cause serious injury.

4. Look before you leap - one of the most common causes of being paralyzed for life is a broken spine.
5. Don't go beyond your abilities and at beaches, swim parallel to the shore and stay inside of roped-off areas.

6. Never swim alone - make sure you're with a person watching out for you and watch out for him/her.

7. No rough-housing - hitting your head against pool walls or floors, or rocks in the lake, can knock you unconscious.

8. Don't drink and dive - alcohol not only causes accidents, it slows your reaction time when you do have trouble.

9. Look for hidden hazards - long hair, arms or legs can be pulled into suction lines.

10. Parents must provide constant supervision to young children IN or NEAR water.

Swimming Pool Schedule July 1 to Sept. 4, 2000

Monday to Friday

9 to noon - Red Cross Learn to Swim Lessons
Seniors, parents & tots - 1 to 2 p.m.
Public swim - 2 to 4 p.m.

5 to 6 p.m. Mon., Wed., Fri. - Swim Club
5 to 6 p.m. Tues., Thurs. - Evening lessons
6 to 7 p.m. - all week - swim club
7 - 8:30 p.m. - all week - Public Swim

Saturday and Sunday

Public Swim 2 to 4 p.m.
Pool rentals - call 295-6535 for weekend fun

Public Swim Admission Rates

Senior (50+) - \$2.00 (or 10 gate pass \$15.00)
Adult (18+) - \$3.00 (or \$25.00 10 gate pass)
Student (6-17 yrs.) - \$2.00 (or \$15.00)
Child (5 and under) FREE (with adult 16 or older)
Family - \$6.50
Rainy day special - 1/2 price admission

LESSON COSTS:

Preschool - 30 min. - 4/class, 10 lessons \$35.00
Aquaquest levels 1 - 4 : 30 min., 6/8 in class, 10 lessons for \$30.00
Aquaquest levels 5 - 12: 45 min., 8/10 in class, 10 lessons for \$35.00

Schedule is subject to changes.

WEDNESDAY, JULY 26, 2000

RED ZONES - HIGH COST

GREEN ZONES - LOW COST

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 13	TSN 14	VTV 22	DISC 24	FOX 25	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM	Little House	News	(Off Air)	Body Elec.	News	News	Night Court	(5:00) News	(5:30) News	(5:00) News	Kitty Cats	Sportsdesk	VTV Breakfast (N)	Discovery	Underdog	Hello	News (ESP)	Maury (Part 2 of 2)	Wayans
7 AM	Little House	Dressup	Dudley	Dragon	Today (N)	Early Show (N)	Murder, She Wrote	Good Morning America			Kleo	Sportsdesk		Country	Tex Avery	Gummi	Morning News (ESP)	Cityline	Knight Rider
8 AM	Mama	Huntley Street	Zoboo	Barney			Magnum, P.I.	Canada AM (Left in Progress)	100 Huntley Street		Kitty Cats	Sportsdesk		Wild Discovery	Sister, Sis.	Art Attack		Star Trek: Next Gener.	Matlock
9 AM	Matlock "The D.A."	Martin Short	Elliot	Sesame Street (E)	Regis & Kathie	Brown	L.A. Law	Martha Stewart Living	Dinner	Bananas	Off-Record	Regis & Kathie	Design	Guthy	Babar	Sally (N)	News	Matlock "The Narc"	
10 AM	Hunter "Payback"	Price Is Right	Apollo	Zoboo	Later Today (N)	Price Is Right	Law & Order "Blood"	The View	Movie	Dave Rutherford	Stickin' Anthony	Fit Kick	The View	Country	Forgive or Forget	Billy Cat	Sally	Movie: "Strictly Business"	News
11 AM	Movie: "The Great Outdoors" (1988), John Candy	Young and the Restless	Americas	Sit-Be Fit	People's Court	Young and the Restless	Northern Exposure	Paid Prog.	Hollywood	News	Kleo	Hodge	Vicki Gabereau	Discovery	Montel Williams	Out of Bx	Lane	Movie: "Strictly Business"	MacGyver
12 PM	Cosby	Movie	Dotto on Data Live	Lawrence Welk Show	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	House	Movie	Batman	Billiards: WPBA	3rd Rock	Inquiring	Jerry Springer (N)	Flash	Little House	Cityline	Caroline
1 PM	Cosby	Wallin							Bold & B.	Grace	Country Mouse	Billiards: WPBA	Vicki Gabereau	Wild Discovery	Paid Prog.	Art Attack	Pokemon	Enquirer	Cosby
2 PM	Full House	Coronat'n	Router	Sewing	Passions	Guiding Light	Magnum, P.I.	General Hospital	City	Koolatron	Rosie O'Donnell	Kipper	Dini	How'd They Do That?	Magic Bus	Goof Troop	Cartoonie	News	Wayans
3 PM	Roseanne	Edilton	Horses	Mr Rogers	Divorce	Judy	L.A. Law	Hollywood	Martin Short	Young and the Restless	Uh Oh!	Sportsdesk	ER	Discovery	Beast	Timon	Pokemon	Seinfeld	Full House
4 PM	Fresh Pr.	Rosie O'Donnell	Mechanics	Lions	News	Oprah Winfrey (N)	Law & Order "Blood"	Maury (Part 2 of 2)	Oprah Winfrey (N)	News	Rugrats	Equestrian: Blainville Int'l	ER	Living Sea	Digimon	Hercules	Batman	Friends	Full House
5 PM	Ripley-Believe	News	Gregg	News	News	NBC News	CBS News	ABC News	Canada	Tonight	Dragon-Z	Boxing	Carey	Arctic Tundra	Griffith	Doug	Sister, Sis.	Star Trek: Voyager	Movie: "Nuns on the Run"
6 PM	(6:05) WCW Thunder	Friends	Planet Education	News-Lehrer	News	News	American Justice	News	News	Young Americans (N)	Addams	Boxing: Mamadou Thiam vs. Felix Trinidad.	News	Flightpath	3rd Rock	Little Lulu	Fresh Pr.	Movie: "How to Murder a Millionaire" (1990)	Eric Idle.
7 PM	(7:05) WCW Thunder	News	Renovator	Hidden Worlds (N)	Jeopardy!	Seinfeld	Investigative Reports	Carey	Fortune	Survivor (N)	Beast	Shadow	Friends	Forbidden Places	Star Trek: Voyager	Gargoyles	Friends	"A Part of the Family"	News
8 PM	Ripley-Believe	Witness	All Native Tournamen	Railway Adventure	Dateline (N)	Survivor (N)	Law & Order	Two Guys	Charmed	Movie: "The Vanishing"	Farscape	Sportsdesk	Buffy Vampire	Discovery	King of Hill	Movie: "Address Unknown"	Dawson's Creek	News	MacGyver
9 PM	(9:05) WCW Thunder	Da Vinci's Inquest	Streetcity	Sustralia (N)	West Wing	Judging Amy	Biography: Lana Turner	Carey	Spin City	Movie: "The Vanishing"	System	Motoring	Carey	Arctic Tundra	World Records	Young Americans (N)	Movie: "Even Cowgirls Get the Blues" (1994)	Matlock	In the Heat of the Night
10 PM	(10:05) WCW Thunder	National	Ignatieff	Hidden Worlds	Law & Order	60 Minutes II (ESP)	American Justice	20/20 (N)	(1993) Jeff Bridges.	News	Student	Golf	Law & Order	Flightpath	News	Movie: "My Girl" (1991)	News (ESP)	"A Part of the Family"	Paid Prog.
11 PM	"Advent-Ford"	News	Dotto on Data Live	Charlie Rose	News	News	Investigative Reports	News	CTV News	All-Family	Addams	Sportsdesk	News	Forbidden Places	Partridge	Gargoyles	Friends	Caroline	Paid Prog.

Sunday Movies

MORNING

7:10 am WTBS (3) ★★★ "The Prince of Tides" (1991, Drama) Nick Nolte. Repressed passions draw a New York psychiatrist into an unethical affair with her patient's brother.

10:00 am FAM (26) ★★★ "Adventures in Babysitting" (1987, Comedy) Elizabeth Shue. Mishaps turn a routine sitting assignment into a hair-raising evening for three youths and their teen-age guardian. (In Stereo) (M)

11:00 am FOX (25) ★ "Cannonball Run II" (1984, Comedy) Burt Reynolds. Hal Needham's madcap sequel to his 1981 cross-country car-race spectacular, featuring all-star cameo appearances.

11:30 am A&E (7) ★★★ "Revenge" (1990, Drama) Kevin Costner. A former Navy pilot's affair with the wife of a wealthy Mexican leads to betrayal and violence south of the border.

AFTERNOON

12:15 pm FAM (26) ★★★ "Rover Dangerfield" (1991, Comedy) Voices of Rodney Dangerfield. A carefree canine gets a taste of the rough life after his owner's boyfriend throws him out of the house. (In Stereo) (M)

1:00 pm FOX (25) ★★★ "Project A" (1983, Action) Jackie Chan. A coast guard officer leads his men against pirates in 19th-century Hong Kong. (Dubbed) CITY (29) ★★★ "Nick of Time" (1995, Suspense) Johnny Depp. A widower is given 90 minutes to assassinate the governor of California or his young daughter will be killed. (In Stereo) (M)

2:00 pm A&E (7) ★★★ "Tom Horn" (1980, Western) Steve McQueen. A bounty hunter hired by a group of ranchers to track

down rustlers is set up for a hanging by his employers.

2:50 pm WTBS (3) ★★★ "Red Heat" (1988, Drama) Arnold Schwarzenegger. A Soviet policeman and an American cop tear up the streets of Chicago in pursuit of a Russian drug smuggler.

3:00 pm VTV (22) "Blood of the Hunter" (1995, Drama) Michael Biehn. A trapper in Canada's wilderness races to keep an Indian's prophecy at bay and save his wife from a psychotic killer. KTLA (27) ★★★ "Fled" (1996, Adventure) Laurence Fishburne. Two handcuffed prison escapees, with gangsters and police in hot pursuit, race to recover an incriminating computer disk.

4:00 pm WGN (33) ★★★ "The Parent Trap" (1961, Comedy) Hayley Mills. After meeting by chance, separated twin sisters scheme to bring their divorced parents back together.

5:00 pm WTBS (3) ★ "Last Action Hero" (1993, Adventure) Arnold Schwarzenegger. A young filmgoer finds himself battling villains with his screen idol after a magic ticket catapults him into a movie. FOX (25) ★★★ "Memphis Belle" (1990, Drama) Matthew Modine. An account of the courageous B-17 bomber crew that flew more than two dozen perilous missions over Nazi-occupied Europe.

EVENING

6:00 pm CITY (29) ★★★ "Demolition Man" (1993, Adventure) (PA) Sylvester Stallone. A cryogenically frozen policeman is thawed out in the year 2032 to recapture a maniacal nemesis from the past. (In Stereo) (M)

7:00 pm KXLY (10) ★★★ "Homeward Bound II: Lost in San Francisco" (1996,

Adventure) Robert Hays. Two dogs and a cat are forced to make their way across an unfamiliar city after being separated from their owners. (In Stereo) (M)

7:45 pm WTBS (3) ★ "Last Action Hero" (1993, Adventure) Arnold Schwarzenegger. A young filmgoer finds himself battling villains with his screen idol after a magic ticket catapults him into a movie.

8:00 pm CHBC (4) ★ "Everyone Says I Love You" (1996, Musical) Alan Alda. New Yorkers deal with life and love in director Woody Allen's salute to the classic Hollywood musical. KSPS (6) "Anne of Green Gables: The Continuing Story" (2000, Drama) (Part 2 of 2) Megan Follows. Anne leaves the comforts of Prince Edward Island to look for Gilbert in New York and war-torn Europe. (In Stereo) (M)

9:00 pm KHQ (7) ★ "Demolition Man" (1993, Adventure) (PA) Sylvester Stallone. A cryogenically frozen policeman is thawed out in the year 2032 to recapture a maniacal nemesis from the past. (In Stereo) (M) KREM (8) "The Inheritance" (1997, Drama) Meredith Baxter. A young woman living with an aristocratic family experiences romance in this adaptation of the Louisa May Alcott story. (In Stereo) (M) BCTV (11) "Loving Evangeline" (1998, Romance) Nick Mancuso. The president of a computer software company returns to his hometown to deal with his brother's fatal boating accident. (In Stereo) (M) VTV (22) ★ "Baby's Day Out" (1994, Comedy) Joe Mantegna. Worried parents, the police and a trio of bumbling kidnappers race to catch an infant crawling his way across Chicago. FAM (26) ★ "National

Velvet" (1944, Drama) Elizabeth Taylor. An English girl's dream of racing her horse in the Grand National thunders to reality with the help of a former jockey.

10:30 pm WTBS (3) ★ "Shakedown" (1988, Drama) Peter Weller. A lawyer joins forces with an undercover

cop to sleuth the drug-related murder of a police officer.

11:05 pm FAM (26) ★ "Suddenly, Last Summer" (1959, Drama) Elizabeth Taylor. A neurosurgeon becomes involved in the lives of a wealthy New Orleans matron and her institutionalized niece.

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Head Office located:
 #1, 195 Bridge St. Princeton, B. C. V0X 1W0

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SUNDAY, JULY 30, 2000

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (23)	FOX (25)	FAM (26)	KTLA (27)	CITY (29)	WGN (30)	
6:30 AM	Movie: "Baby Boom"	Raccoons Gadget	(Off Air)	Wimzles Couch	Today (N) (M)	Paid Prog.	Breakfast With the Arts "Bach Cycle" (N)	Hour of Power (M)	Pigasso Stallion	WineTour Fishing	Dog City Pippi	Auto Racing	Kingdom Hobo	Discovery Seas	Paid Prog.	PB J Otter	Pacesetter Success	Mix TV (In Russian) Charles	Charles	
7:30 AM	Movie: "The Prince of Tides" (1991, Drama)	Kenneth C. Van Impe	Dudley Elliot	Arthur (El) Mechanics	Meet the Press (N) (M)	Cryptkeep Warriors		News (M)	Monster Stallion	World Vision "Say '97"	Anthony Fuzzpaws	Sportsdesk Extra	Poetree OWL-TV	Ultimate Guide (M)	Paid Prog.	Clarissa Aladdin	Creflo Kenneth C.	Eye on Asia (In Hindi) Full House	Malibu, CA Full House	
8:30 AM	Nick Nolte, Barbra Streisand	Discovery Miracles	Creatures Kitty Cats	Nature (DVS)	City Guys One World	Nation	Top 10 (M)	This Week (N) (M)	News (M)	TribalTrail Kicks	Tiny Toon Charlie Br.	Football	Katie-Orble Roadcrew	Joined at Birth (M)	Paid Prog.	Med Libs PetePete	Facts Children	Eye-Asia Chin Chin	Fam. Mat. Fresh Pr.	
9:30 AM	(10:05) Major League	Faith Is Written	Cosmic Router	Ribbons Money	City Guys Inside Stuff	Paid Prog.	Unexplained	Stewart Old House	Hour of Power (M)	60 Minutes More Huck Hd	Bullwinkle Huck Hd		World Vision: Sing Out Profiles	Discovery Seas	Griffith	Movie: "Adventures in Babysitting"	Parent Parent	Italiano Jack	Cleopatra Jack	
11:30 AM	Baseball: Houston Astros at Atlanta Braves. (Live) (M)	Sharks-Gold. On Road	Renovator Dotto on Data Live	Parks Both Sides of the River	City Guys WNBA Special (M)	Backroads Topspin (N)	Justice Movie: "Revenge" (1990) Kevin Costner, Anthony Quinn.	Paid Prog.	World Vision: Sing Out News (M)	Fishing Fisherman	Garfield Woody	Golf: Senior British Open	Golf: Senior British Open	Vicki Gabereau (M)	Forbidden Places (M)	Movie: "Cannonball Run II" (1984) Burt Reynolds.	Pluto Movie: "Rover Dangerfield" (1991) Bill Nye	Full House Full House	Media. V.I.P.	Major League Baseball: San Francisco Giants at Chicago Cubs. (Live) Inning Coach (M)
1:30 PM	Fam. Mat. Fam. Mat.	Secret Major League Baseball: Toronto Blue Jays at Seattle Mariners. (Live) (M)	Spaceship Scattering	The Grand Antiques Roadshow	WNBA Basketball: Monarchs at Mercury	Classic - Final Round. (Live) (M)	Movie: "Tom Horn" (1980) Steve McQueen.	Auto Racing: CART FedEx Series - Target G.P.	Computer Pet Guys	Golf: Wayne Gretzky Friends Invitational	Rocko Yaa!	Auto Racing: CART	Edge First Story	Ultimate Guide (M)	Movie: "Project A" (1983) Jackie Chan. (Dubbed)	Aladdin Timon	Movie: "Final Conflict" (1995) Johnny Depp, (M)	News (M) FashionTV	Movie: "Nick of Time" (1995) Johnny Depp, (M) Coach (M)	
3:30 PM	Movie: "Red Heat" (1988, Drama), James Belushi	Pit Pony	Drovers' Gold	Ballykissangel Ancestors	Paid Prog. Fraser	Backroads Pensacola-Wing	Steve Lawrence & Order (M)	Golf: Senior British Open Children	Computer Pet Guys	Golf: Wayne Gretzky Friends Invitational	Rocko Yaa!	Auto Racing: CART FedEx Series - Target G.P.	Edge First Story	How'd They Do That? Discovery Encounters	Psi Factor: Chronicles Seahawks Preview	Aladdin Goof Troop	Movie: "Fled" (1996) Laurence Fishburne.	News (M) Ooh La La Speakers	Movie: "The Parent Trap" (1961) Hayley Mills.	
5:30 PM	Movie: "Last Action Hero" (1993)	News Okanagan	Heartbeat	Workshop Old House	News (M) NBC News	Stargate SG-1 (M)	More Haunted Houses: Tortured Souls	News (M)	Pensacola-Wing ABC News	News (M)	Monster LPGA Golf: Giant Eagle Classic - Final Round.	LPGA Golf: Giant Eagle Classic - Final Round.	7th Heaven (M) News (M)	Extinction Files (N) Nature's Death Trans	Movie: "Memphis Belle" (1990) Matthew Modine.	Afraid? Sherlock	Parent Fresh Pr.	Media. N3iv	Movie: "Total Recall 2070" (M) Replay	
7:30 PM	Movie: "Last Action Hero" (1993)	News Okanagan	Heartbeat	Workshop Old House	News (M) NBC News	Stargate SG-1 (M)	More Haunted Houses: Tortured Souls	News (M)	Pensacola-Wing ABC News	News (M)	Monster LPGA Golf: Giant Eagle Classic - Final Round.	LPGA Golf: Giant Eagle Classic - Final Round.	7th Heaven (M) News (M)	Extinction Files (N) Nature's Death Trans	Movie: "Memphis Belle" (1990) Matthew Modine.	Afraid? Sherlock	Parent Fresh Pr.	Media. N3iv	Movie: "Total Recall 2070" (M) Replay	
8:30 PM	Arnold Schwarzenegger.	King Raymond	Dudley Art Attack	All Creatures Success	News (M)	News (M)	Tortured Souls	Carey	News (M)	Touched by an Angel Caitlin	BoyWorld Caitlin	Sportsdesk Classic - Final Round.	Edge Edge	Nature's Death Trans King of Hill	So Weird Mentors	Buffy Vampire M2M & BB Mak	Harvey For-Love	News (M) SexTV (M)	Xena: Warrior Princess Beastmaster	
9:30 PM	Arnold Schwarzenegger, Austin O'Brien.	Jules Verne Movie: "American Cinema" (M)	Creatures Milk	Nature "Eagles"	Gymnastics	60 Minutes (ESP) (M)	Beyond Death (M)	"Homeward Bound II: Lost in San Francisco"	60 Minutes (ESP) (M)	60 Minutes (ESP) (M)	Incredible Holmes	Billiards: WPBA	Popular (M)	Tidal Wave (M)	Futurama Shrunken King of Hill	Honey, I Shrank 7th Heaven "Cutters"	Parent Fresh Pr.	Media. N3iv	Movie: "The Parent Trap" (1961) Hayley Mills.	
10:30 PM	Arnold Schwarzenegger, Austin O'Brien.	Jules Verne Movie: "American Cinema" (M)	Creatures Milk	Nature "Eagles"	Gymnastics	60 Minutes (ESP) (M)	Beyond Death (M)	"Homeward Bound II: Lost in San Francisco"	60 Minutes (ESP) (M)	60 Minutes (ESP) (M)	Incredible Holmes	Billiards: WPBA	Popular (M)	Tidal Wave (M)	Futurama Shrunken King of Hill	Honey, I Shrank 7th Heaven "Cutters"	Parent Fresh Pr.	Media. N3iv	Movie: "The Parent Trap" (1961) Hayley Mills.	
11:30 PM	Arnold Schwarzenegger, Austin O'Brien.	Jules Verne Movie: "American Cinema" (M)	Creatures Milk	Nature "Eagles"	Gymnastics	60 Minutes (ESP) (M)	Beyond Death (M)	"Homeward Bound II: Lost in San Francisco"	60 Minutes (ESP) (M)	60 Minutes (ESP) (M)	Incredible Holmes	Billiards: WPBA	Popular (M)	Tidal Wave (M)	Futurama Shrunken King of Hill	Honey, I Shrank 7th Heaven "Cutters"	Parent Fresh Pr.	Media. N3iv	Movie: "The Parent Trap" (1961) Hayley Mills.	

Monday Movies

MORNING

10:00 am CITY 29 ★★"Police Academy" (1984, Comedy) Steve Guttenberg. Misfits realize their dreams of becoming cops when a mayoral decree forces the police academy to open its doors to all.

them into the grip of an unknown nemesis. 9:30 pm FAM 23 ★★"The Karate Kid" (1984, Drama) Ralph Macchio. After several violent clashes with his new schoolmates, a transplanted teen seeks help from a karate master. (In Stereo)

11:00 am WTBS 3 ★★"Perry Mason: The Case of the Fatal Fashion" (1991, Mystery) Raymond Burr. Mason investigates the murder of a fashion-magazine editor who had threatened to expose her colleague's darkest secret.

9:50 pm WTBS 3 ★★"Thunderbolt and Lightfoot" (1974, Adventure) Clint Eastwood. A thief and his former partners work out a plan to rob the same bank they held up years ago, but later lost the loot.

AFTERNOON

5:05 pm WTBS 3 ★★"Hang 'Em High" (1968, Western) Clint Eastwood. A man carries out his own agenda for justice after a judge encourages him to round up the men who tried to lynch him.

11:35 pm CITY 29 ★★"Police Academy" (1984, Comedy) Steve Guttenberg. Misfits realize their dreams of becoming cops when a mayoral decree forces the police academy to open its doors to all.

EVENING

6:00 pm CITY 29 ★★"The Usual Suspects" (1995, Suspense) Stephen Baldwin. Life spins out of control for five criminals after a successful heist draws them into the grip of an unknown nemesis.

7:35 pm WTBS 3 ★★"The Gauntlet" (1977, Drama) Clint Eastwood. A determined detective attempts to survive a setup while delivering an uncooperative key witness to a syndicate trial.

8:00 pm FAM 23 "You Lucky Dog" (1998, Comedy) Kirk Cameron. Angry relatives try to get rid of the pet psychic and dog to whom a deceased family member bequeathed his fortune. (In Stereo)

9:20 pm CITY 29 ★★"The Usual Suspects" (1995, Suspense) Stephen Baldwin. Life spins out of control for five criminals after a successful heist draws

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LET'S TALK ABOUT "SUMMER SIZZLE"

- HOT HEAT BURN FIRE SWIM ICE WATER SPRINKLER SHADE LAKE RIVER BEACH LTIRE D UMBRELLA SUNNY SUNGLASSES LOTION TAN POPSICLE WATERMELON SANDALS SHORTS FAN DRINKS

MONDAY, JULY 31, 2000

"RED ZONES" - HIGH COST "GREEN ZONES" - LOW COST

Channel schedule table with columns for time and channel (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN) and rows for time slots from 6 AM to 11 PM.

They saw Old World by bicycle

Neil and Sharon Anderson, of Coalmont, did what most people dream of doing but never do: they sold their house and went on a bicycle tour. As unemployed people seeking the 'simple' life, they toured Europe on a bicycle, their adventures in Sardinia gave Neil, a local school teacher, the idea for a book. It is now available locally at Backroads Bike Shop.

The title, *The Lead Goat Veered Off - A Bicycling Adventure on Sardinia*, gives no hint of the humour and human interest between the covers of this delightfully funny book.

Anderson has a wry sense of humour and shares his shortcomings for the amusement of his readers.

This is an adult book reflecting Sardinia very well (The Editor of the News Leader lived in Sardinia three years). Anderson has that same blunt, unadorned humour as the Sardo shepherds with whom he established a rapport.

The book will be a must for anyone thinking about a long bicycle tour. There are all kinds of situations to deal with on a bicycle tour, and Neil and Sharon certainly encountered most of them on

the island of Sardinia. They toured it in January and February, which is cyclone season in a place that is otherwise comparable to most southern Italian provinces - quite balmy. Howling winds, rain, snow, and some fine days without water were part of their story, and even their misfortunes seem funny.

Neil Anderson was born and raised in Princeton, son of Gerald 'Tip' Anderson and the late Marianne Anderson. He received his teaching credentials in Edmonton, where he and Sharon lived when they decided to tour the world on two wheels. They now live in Coalmont, and copies of the book can be obtained by writing to Box 2B, Comp 8, Coalmont VOX 1G0 or email cyclologicpress@Canada.com



Neil Anderson with his touring bike in Sardinia

Non-timber resource use

For an example of the priority recreation has become, consider the recently proposed land swap on Vancouver Island. People overwhelmingly criticized this transfer because of the potential loss of access to their recreational opportunities.

At present, one of the government's highest priorities is to create jobs and generate revenue. Eco-tourism and commercial recreation throughout British Columbia is seen as one way to achieve this goal.

Just a few years ago, who would have thought that swimming with salmon, llama trekking, heli-hiking, bear viewing and whale watching would be prevalent recreational activities in this province. These activities are enjoyed by non-residents with little knowledge or tolerance of the importance the forest industry plays to the economic well being of the province.

Where do we draw the line for commercial recreation tenures? These activities are usually seasonal and only continue to exist by attracting large numbers of clients. Yet too many visitors to one area will definitely impact the wildlife and habitat, the very values that draw the people there in the first place.

Clearly, the challenge is to manage for all these uses. There has to be a place for fish and wildlife, logging and recreation. Incorporating more alternative harvesting methods,

rather than simply clearcutting, has to continue for the well being of the province.

At present there are multiple ministries and agencies tasked with the responsibility of administering and monitoring these various resource uses. Issues frequently fall through the cracks. The residents of British Columbia need to be assured that government can maintain the resources and resulting uses in a sustainable manner.

Non-timber resource uses and harvesting or exploration should be able to co-exist, but it will take planning and co-operation between opposing interests -- hunters, anglers, loggers, naturalists and environmentalists -- to make that happen. It starts with protecting critical habitat, which may include whole ecosystems. Protected habitat then conserves and ensures a place for our province's diverse fish and wildlife species, which are the basis for most of the resource, and recreational uses today.

It is no longer acceptable to simply maximize the extraction of wood fibre at the expense of other equally important resources. The public expects that these other values will be addressed.

For more information on this and other topics call our toll free number, 1-800-533-2293, or visit our web site at www.bcwf.bc.ca.

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Family history book now ready to go to print

Princeton - The family history book is ready to go to print. It has 662 pages and 1127 photographs. A minimum of 1,000 copies must be printed, according to the agreement of the company. Because the minimum has not been presold, the committee is without sufficient funds. At 1,000 copies, each book will cost \$70. If more people had subscribed, the cost of the book would have been less because more could have been printed. However, the draft book has been shown to a select few for a sneak preview, and they did not think \$70 was too much.

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POINTS OF VIEW

OUR VIEW

Creating the "contrast corridor"

Our communities continue to have problems with image, as noted by letters to the editor and articles about economic development. In discussions with business people, a theme begins to emerge: all of us have been wrestling as individuals with the same kinds of problems. Is it time we joined our efforts to make best use of our assets as a valley?

We live in a traffic corridor between the Coast and the Okanagan. We need to see ourselves as a corridor and make it pay off for us. How can we do it? How about one theme for the whole valley? How about working together?

If you visualize travelling from the coastline urban center to the Similkameen, you will pass through the Fraser Valley greenery to the wilderness of Manning Park's alpine vistas. Suddenly, as you leave Whipsaw Bridge, you see Ponderosa pine, bunchgrass and sagebrush. What image springs to mind? The West, of course! The contrast is startling. People suddenly enter a new, different landscape.

We could make the contrast work for us from one end of the valley to another. All of our communities have the same heritage - logging, mining, ranching - very much what the West is about. We have the desert, the ruggedness, and in the south end of the valley, we have an image of California - sagebrush on one side of the road and vineyards on the other. How western!

Our Similkameen Valley communities are already halfway there with our various heritage and western themes.

Let's face it - most traffic comes from the Coast. It flows from west to east, from urban to rural, from rainy to dry. Let's hit them with the contrast and keep them coming!

Imagine Vancouverites on a dull, rainy day dreaming of "somewhere over the mountains" where the skies are bright and clear, and everything is different. We can sell it!



YOUR VIEW

Residents fear pollution

Dear Editor:

This is an open letter to people using water from Allison Creek or living downstream from the deer farm (Medallion Farms) on Highway 5A.

Are you aware that a 12,000 square foot slaughter house is planned for this property? that a permit to build a septic field, septic tanks and dry wells on the narrow strip of land

between the highway and the creek has been filed to serve this slaughter house? that a rezoning application will or has been applied for to remove the area between the highway and the creek from the ALR in order to build the slaughter house?

Does this concern you? Many residents of Highway 5A and adjoining roads from Summers Creek Road to Cedar

Creek Road feel that this is an environmental disaster in the making and have sent letters of concern and/or protest to: E.A. Nield, Ministry of Environment, Lands, and Parks, Pollution Prevention, 201 - 3547 Skaha Lake Road, Penticton, B.C. V2A 7K2.

Two concerned residents, Ed and Pam Ottas

Depot Managers did a great deal of work

Dear Editor:

I want to compliment you on your recent coverage of the landfill and recycling issues - they were good articles.

One small point needs clarification, however. However hard the volunteers have worked over the years - and it is true we are "tired"! - it is not correct that "most of the labour is volunteers labour." With the aid of grants from the Town and Regional District, we have hired some excellent Depot Managers, who have worked very hard doing

the pickups, and the week-to-week duties at the depot. Our most recent Depot Manager, Howard Popiel, is a super worker, and is putting in extra time to get everything ready to be transferred to the new operators. We will be shipping paper, glass, tin cans, oil filters and oil shortly, as part of our effort to leave the depot in good shape.

Again, thanks to everyone for their support! Sincerely, Myrna Bosomworth, President, Princeton Recycling

Majority should rule

Dear Editor:

This letter in regard to the Bankeir community sign is to voice my opinion.

There are many absentee owners as well as residents and in a matter of such importance as naming a community it should be the wishes of all property owners by being sent a letter asking for their input. Our household was never contacted to ask our opinion and when I asked why we were not asked, I was told I should have read the bulletin board.

Though I have my own preferences it is unimportant as the majority must rule at all times.

I feel that the sign was put up without proper input or authority and therefore must be taken down and put on hold until matters are handled properly.

Yours truly, Margaret Dewhurst.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

THE SIMILKAMEEN NEWS LEADER

Locally Owned and Operated
Published Weekly by Qantalqs Ventures Ltd.

P.O. Box 295
Princeton B.C.
VOX 1W0

#1-195 Bridge St.

Phone: (250) 295-4149 Fax: (250) 295-4103
e-mail nwsleadr@plpower.com

Publisher: Dawn Johnson
Advertising Manager: Erica Nix
Sales representative: George Elliott
Office Manager: Sharon Johnson
South Similkameen representative: Sue Alton

Circulation 1400 week of May 29, 2000

The News Leader deadline for advertising for this week will be the usual NOON Friday. Next week, due to the long weekend, the deadline for advertising will be NOON THURSDAY. CLASSIFIED ADS deadline will be noon Friday.

The Search for Spirituality

Industrial nations search for spirit

During the past decade, interest in spirituality has accelerated, going from New Age interests to increasing church attendance by younger people. This phenomenon began in North America as a mass field of interest, but the same interest is evident all over Europe.

The dictionary defines spirituality as "a devotion to spiritual things; spiritual quality." North Americans might best be described as seekers after spiritual quality. Perhaps this search for spiritual quality is a way of balancing the abundance of material things with which North Americans are blessed, or perhaps the search balances the effects of the rat race or the impersonal high-tech environment in which so many of us live. Perhaps it is a broader, less religious, search for the answer to the age-old questions "What is my life about? Does my life have meaning?"

This widespread search for spirituality takes people beyond the traditional limitations of any given religion. People appear to want to find some kernel of truth, some ultimate answer, so they look at all of the religions, and all of the ideas about faith.

A novel called *The Celestine Prophecy* stayed on the best seller list for months, and was the hottest selling book everywhere.

Museum in Tulameen comes together

by Anne M. Passey

Tulameen - With the receipt of the first installment cheque from Project 2000, the Schoolhouse-Museum project is beginning to come together.

Wayne Passey, spokesman for the project, is very happy with the response from local tradesmen and their generous offers of time and expertise in helping this project along. Local businesses, like Princeton Redi-Mix, Morphy's Resaw and Tom Reichert Rentals are helping the dream, of turning the circa 1900, log schoolhouse into a museum behind the library in Tulameen from a dream to reality.

The concrete pad the building will sit on has been poured and work is underway to build the wooden floor on which the log cabin will be reconstructed. It is hoped this platform will be finished by Tulameen Family Fun Days so it can be used as a stage for the presentation of awards after the Triathlon.

After Tulameen Fun Days, the tedious job will begin of cleaning and removing the graffiti from each unique dove-tail log and placing it in its own special place as an integral part of the structure.

This fictional account of a spiritual experience revealed how deep the need North Americans felt for some kind of spiritual revelation that went beyond the traditional religions. *The Celestine Prophecy* was so popular it spawned a workbook and a sequel, but the search continued. After all, a fantasy cannot be a foundation for living.

Every race, every ethnic group, no matter how advanced or primitive, has developed beliefs about why we exist, and has recognized

some great motivating force beyond the material world. Some beliefs have died out, some new beliefs have sprung to life, and the answers to the ultimate questions of life and death are answered by each culture in its own way.

In this column, the News Leader will explore a variety of beliefs; spiritual guidebooks and some of the fringe areas in which spirituality is mixed with some weird manifestations.

PDCS decides to sell property

Princeton - At a special meeting held July 20, Princeton and District Community Services Society members were informed of a pending crisis situation with residents at Mary Anne Apartments. Several of the residents are aging rapidly and a few cannot handle stairs well. Members learned the situation would worsen in the next 18 months.

The first question to answer, for members, was whether or not the society wished to continue to care for these residents, who have lived in Princeton for as long as 25 years. The vote to continue was unanimous.

The second issue to be resolved was how to find the money to construct alternative accommodation for those who have difficulty with stairs. Tory Small had checked into modular housing, working with Princeton's building inspector and with Al Campbell of BC Housing. Campbell said modular

housing is working out well in the Okanagan. The other alternative would be to demolish Mary Anne Apartments and build a structure without stairs. However, the cost of doing this would be double the cost of a modular, and would require temporary housing for the residents, which was out of the question. A third alternative was to consider moving the residents who cannot manage stairs to another location without stairs. This alternative could not be considered due to lack of staff and no funds to hire more staff.

Members decided to sell property owned by Community Services, one of which is under option to purchase and is leased. The other is a house on Fenchurch Avenue. Members voted to put it on the market immediately to fund a down payment on a modular unit to be located adjacent to Mary Anne Apartments.

Heart Food

by Dave Machin

Let's liken ourselves as people unto a receiver which receives signals from a broadcasting station. On this receiver are different bands designed to pick up different signals sent by the station. The f.m. band cannot receive signals intended for the a.m. band and vice versa. People will say they cannot hear God speak, and maybe the reason we cannot catch what God is saying to us is because our receiver needs to be adjusted to a different band. Let's call the a.m. band our mind. Our mind seeks to understand things revealed to it by our senses but God is not a mind. Let's call the f.m. band our heart (also known as our spirit). God is broadcasting to us on this band but we probably very rarely use this band and miss what is being said. So God sent Jesus to get us to change bands so we could hear what He wants to say to us. He said and did many things which were beyond the understanding of the mind but also said and did things which our minds could catch. His purpose was to reveal God and His goodness to a people who were so used to walking only by their understanding. He came so that people would open up their hearts to God and not just their heads. He came so that people could see that God was alive and actually cared about us and what we were going through and wanted to help us. He came with a salvation package of forgiveness, love, deliverance, preservation, healing and soundness of mind. Everywhere He went He kept saying it, endeavouring to get us to change our receiver band. It was available to everyone, just like today. What He is saying and doing is open to all. Possibly you should change your band and consider listening to what He is saying to you. There is a message just for you with your name on it. Make an adjustment on your receiver and you will hear Him talking to you about what He has for you. That adjustment is made by opening your heart to God. If you want to know how, ask me and I will gladly tell you. God is good all the time.

Pastor Dave Machin, Similkameen Christian Center, SUNDAY SERVICES 10:30 a.m. 221 A, Bridge Street, Princeton, B.C. Phone 295-0599

PRINCETON CRISIS ASSISTANCE SOCIETY CLOTHING STORE

Summer Clearance!

OPEN: 10AM - 3PM TUES-THURS. YEAR ROUND
111 VERMILION AVE 295-6881

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Open Tues. - Fri. 9-5, Sat. 9-noon, closed Sun. & Mon.



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INVITATION TO WORSHIP

LIVING WATER FOUR SQUARE CHURCH

Sunday Service:
10:30 a.m. OAPO Hall Billiter St.



For home caring groups info
Phone Pastor Bob Stewart at
295-7733

SIMILKAMEEN CHRISTIAN FELLOWSHIP

SUNDAY SCHOOL
9:45
WORSHIP SERVICE
11:00 AM
Everyone Welcome
DON BODDEN - PASTOR
499-2511

BAPTIST CHURCH OF PRINCETON

ACROSS FROM ARENA - OLD HEDLEY RD.

SERVICE TIMES
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Weekly Home Studies
& Ladies Study

PASTOR
PETER RYTKONEN
295-7752



St. Paul's United Church

Office Hours
Tues & Thurs 9:30 - 12 Noon
Worship &
Sunday School
10:00 a.m. Sundays
Minister Chris Haugland
Home: 295-7302 Phone: 295-7714
Also serving the Anglican Community

PAOC

ELIM TABERNACLE

SUNDAY SERVICES
9:45AM SUNDAY SCHOOL
11:00AM MORNING WORSHIP
6:00PM EVENING SERVICE

BIBLE STUDY

WEDNESDAY 7:00PM

YOUTH NIGHT

THURSDAY 7:00PM

PASTOR
MARK
BERNARD
312 9TH ST.
KEREMEOS
PHONE: 499-5847

Similkameen Christian Center

GOD IS GOOD
Service: Sun 10:30 a.m.
Childrens Church - ages 5-11
Office hrs. Mon.-Thurs. 10-4 p.m.
Pastors Dave & Tena Machin
221 A BRIDGE ST. PH: 295-0559

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The Chapel of the
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Bible Study & Sunday School
at 9:00 am
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OBITUARIES

KRENN, JACK (JOHN) SR.

Passed away at Princeton General Hospital on Thursday, July 13, 2000. Jack was born in Bruno, Sask., August 17, 1914. Predeceased by his wife, Hilda (nee Eberle) January 2, 1995, his infant daughter, Jacqueline (August, 1938 - December, 1938), grandson Kurt (March, 1998), brother Joe (1982). Survived by sons Fred (Norma Jean), Don (Carmen) and Jack Jr. (Lynore) all of Princeton, 10 grandchildren, 22 great-grandchildren, brother Frank of Aldergrove, sisters Elizabeth Neuberger of Weyburn, Sask., Mary Hautzinger of Middlelake, Sask., Kathleen Sullivan of Kimberly, B.C., and many nieces, nephews and cousins. Funeral services were held at Princeton Similkameen Funeral Chapel July 22, conducted by Eric Goodfellow, followed by a tea at the Royal Canadian Legion Hall. Interment at Princeton Cemetery. Funeral Director was Fred Netherton.

Jack will be forever loved and missed.

SPILLET, ELIZABETH, JOAN (nee McMullan)

Passed away July 18, 2000 at the age of 57 after a short battle with cancer. She is survived by her loving husband Dwayne of Merritt, mother Elizabeth McMullan of Langley, Daughter Cathy and her husband Rob Spuls & granddaughters Kristine, Nadine, and Michelle of Maple Ridge, son Steven Ewert, grandson Jordon of Calgary, sisters Margaret Annie (Cliff) Veronica (Rick) Marietta (Dick) & brother Donnie and (Sharon) and nieces, nephews and cousins. Betty has formerly resided in Delta, Armstrong, Nelson, Princeton and lately of Merritt. She made many friends wherever she went. A memorial Service was held Saturday, July 22nd, 2000 in Langley. Donations to the Canadian Cancer Society in lieu of flowers please.

APPRECIATION

We would like to thank Dr. Adams and all the nurses at Princeton General Hospital for the care and support shown to our father and family during his stay in the hospital.
Gratefully yours,
The Krenn family.

We wish to thank Eric and Ruth Goodfellow, Fred Netherton, and all the family and friends who have shown their love and support in so many ways during our time of sorrow.
With our deeply felt gratitude,
the Krenn family.

We would like to extend our gratitude to all the ladies of Princeton Community Services and Princeton Health Unit who have devoted their time to help and support our father through the past few years.
Sincerely yours,
the Krenn family.

Princeton Recycling Society and Telus would like to thank the community for its support in the recent program to recycle telephone books. In particular, a special thanks goes to A & W Restaurant for their donations to the school program.

To Fran Labrash's Grandson Douglas, who was accidentally left out of the Thank you for her Surprise Birthday Dinner at the Castle, our sincerest apologies, your grandmother remembered you, our classified department missed your name in the list.

We would like to thank the Ladies Auxilliary Branch 56 of the Royal Canadian Legion for their attendance and service at Sandra Bedard's Memorial Mass.
Paul Bedard Sr. & Family

ANNIVERSARIES

Friends, please join us for an

OPEN HOUSE
TO CELEBRATE
GLEN & MARTHA
FALLADOWN'S 50TH
WEDDING ANNIVERSARY

1 pm, Saturday, August 5,
2000 at 379 Mayne Ave.
No gifts, please
Lynn, Harriet & Tom Augl

BIRTHDAYS

HAPPY 40TH BIRTHDAY!

LAURIE QUICK

Love,
Mike, Therese, Tasha
Justin & Ryan

IN MEMORIAM

In Memory of Wm. Petryk
passed away July 30, 1999
Age 81.

*God saw your weary struggle
and strivings to complete
A home on earth, for our and
others future needs.
You suffered agony in silence.
Your Spirit did not bend.
You faced your pain with courage
and determination until the very
end.*

*God saw you getting tired
And knew no earthly cure could be.
He called you from your labours
And caused your pain to cease.
He took you to his heavenly home
And gave you rest and everlasting
peace.*

*Your faith in him was not in vain.
We know through Christ you'll
live again.*

*Sadly missed by wife Elizabeth,
family and friends*

DONATIONS can be made to Princeton Senior Citizens Drop-in Centre Society, Box 32, Princeton, B.C. A plaque will be placed on the memorial board. Contact John Sinclair @ 295-3947 or Al Hill @ 295-6635. Income Tax receipt will be issued. Mar/Oct

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PRINCETON RECREATION COMMISSION

Summer Student Position

The Princeton Recreation Commission is looking to hire two students for two positions.

1) The Girls Exploring Trades Technology camp requires a head instructor. The successful applicant will have a good woodworking background and Knowledge of shop safety. Experience with kids and a drivers licence are also important. The position will last four weeks.

2) The Girls Exploring Trades and Technology camp also requires an instructors assistant. The successful applicant will have some woodworking experience and handle young people well. A drivers licence is a valuable asset.

All resumes should be in to Jesse McLean at the Princeton Arena by Friday, July 28th, at 3:00 p.m. Any questions feel free to call 295-7222 Monday to Friday.

NOTICES

THE NEW BEGINNINGS CLUB

is having an afternoon Coffee Party to celebrate 3rd year of our program.

Drop by 142-3rd St. (old Elks Lounge) for a visit from 2-3 pm
Wednesday, July 26th, 2000

NARCOTICS ANONYMOUS

Meets at the Health Unit every
Thursday at 7:30 P.M.
Open Meeting.

NOTICES

Princeton Auto Wreckers

FREE PICK-UP

Scrap Cars or Trucks

Call 295-6224

ALCOHOLICS ANONYMOUS

Sunday (open meeting) at 8 p.m. in the health centre. Wed. at 8 p.m. in the health centre. Ph: 295-7367, 295-6138. (closed meeting). Fri. at 8 p.m. in the Tulameen Library. Ph: 295-7005. Open Discussion, Sat. 7:30 p.m. Health Unit (closed). Ph: 295-3407.

THRIFT SHOP

SUMMER HOURS

Wednesday, Thursday, Friday

10:00 a.m. - 4:00 p.m.

Closed Saturday

Learn to Gold Pan
then have a delicious lunch
at the

WILD GOAT

GIFT SHOP & TEA ROOM in
the Hedley Heritage Museum

Books on history & nature, local
crafts, Souvenirs & Gifts
Made in Hedley Heritage
Clothing
(250) 292-8422
e-mail: wildgoat@img.net

Historic Hedley
"Famous for Gold"

FOUND: Yamaha Key on
Beaded Key Chain - Left by
hitch hikers in Bronco on Old
Hedley Rd. - can pick up at
News Leader office.

Spring Cleaning?

Too Much

Clutter?

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WOULD LIKE TO RENT A MOTOR-HOME TRAILER OR FIFTH WHEEL FOR AUGUST 4, 5 & 6, 2000
Please call 295-7091 J4/25

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LIGHT 8 FT. FIBREGLAS BOAT, CEMENT MIXER (electric). Camper tie down. Boat roof rack. Roll bar.
Phone: 295-7091 J18/25

1989 26 FT FORD PATHFINDER (Motor Home), 50,000 miles, new tires, mint cond. No GST. View at Penticton Toyota R.V. or Call: 295-4006 offers J11/A8

BOAT TRALER \$150., Camper Boat Rack \$100. For info/to view
Ph: 295-7835 ask for Ken J11/A8

CANOPY - 1 piece seamless, fits ford long box. \$500.
Phone: 295-3696 J25/A2

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Fax: (250) 295-4103

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Call 295-7481

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COPPER TOWN MOTEL
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MOTEL UNITS AND CABINS \$325/MO AND UP
REFERENCES REQUIRED
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PRINCETON MANOR
LOCATED DOWNTOWN.
Close to stores, park and services. Clean & Quiet. Adults only building, one bedroom and bachelor apartments available. Sorry no pets allowed. References and Security Deposit Required.
To view please phone Margaret at 295-6408. RTS

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\$650. per month includes all utilities. Call Merv or Fran @ Princeton Rentals.
Phone: 295-6545 J25/rts

ONE BEDROOM 1000 sq ft
basement suite for rent. Gas fireplace, fridge, stove, washer, dryer. Near hospital and Vermilion Forks School. ref. required. Avail. Aug 1
Ph: 295-7516 days or 295-3915 evenings. J18rts

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\$500. per month.
References Required.
Call Re/max Country 295-3222

FOR LEASE
1200 SQ. FT. OFFICE SPACE NEXT TO SUBWAY PRINCETON
Call: Roy 295-3598
Cell: 295-8094

1 bedroom apartment -from \$325. p/mo. to \$400. p/mo. Hot water incl., laundromat. SAFER GRANT for Seniors 60 and over. 1 month 1/2 price for new tenants. References required.
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2 BEDROOM HOUSE in Tulameen, fenced yard, fridge, stove, wood heat, satellite dish, 1 block from Otter Lake. Longterm renters only. \$475/mo. 295-6313 RTS

NEWLY LANDSCAPED LOTS FOR RENT
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2 BEDROOM DUPLEX F/S, W/D, No smoking, No pets.
\$550/mo. Damage Deposit required. Avail. July 1st.
Ph: 295-7132 RTS

QUIET FURNISHED KITCHEN UNIT. TV, utilities & cable included. Ideal for seniors or working people. Down town location.
Ph: 295-6232 RTS

ONE BEDROOM
\$300. per month. plus utilities
Call Re/max Country 295-3222

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• Bachelor Suites @ \$225. per month
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No pets, adult's only 50 +
To View Appartments Call Sandy Harrop @ (250)295-3343
Helen Gallagher @ (250)295-3825
Alice Cook @ (250)295-6136
Jean Borud (250)295-3983

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4 appliances, washer, dryer, fridge, stove, new hardwood floor. \$360. per month plus utilities.
No Pets.
Ph: 604-888-4297 Jy11/rts

PINES MOBILE HOME PARK LOTS FOR RENT
Apply at Park Office
Call: 295-3532 or 295-3598

Three Bedroom, two bath, family townhomes at Aspen Court. Rent as low as \$199. per month if you qualify.
Phone: 295-6666 M23/rts

Clean one bedroom basement suite, fridge, stove, all utilities. Furnished or unfurnished. Ph: 295-6989 after 5 p.m. J15/rts

FOR RENT

HALL FOR RENT
68 Bilter Ave.
O.A.P. BRANCH # 185
PHONE: 295-3647

TRAILER suitable for one person. Located 9 miles east on the OLD HEDLEY RD. \$275. per month, utilities included.
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\$1,000. - CASH ALLOWANCE! PLUS FREE RENT ON LOT FOR 2 MONTHS
NOW SHOWING AT PINES MOBILE HOME PARK
New SRI M.H., 2 bedroom, 1.5 Bath
L.P. from \$469./mo
For Appointment Call 295-3598 or 295-3532

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SMALL CABIN ON 50'X100' LOT ON 6TH STREET.
\$57,000 Ph: 295-6070 rts

PRIVACY WITH A VIEW!
SINGLE-WIDE MOBILE WITH A LARGE ADDITION.
Interesting scenery of the mtns, river & old quarry works. The two (2) acre property has lots of hidden treasures. There is a large garden area & a cold room for storage. Land is leased. \$37,000
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ONLY MINUTES FROM TOWN
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Privacy with a view. Single-wide mobile with a large addition. Interesting scenery of the mtns, river & old quarry works. The two (2) acre property has lots of hidden treasures. There is a large garden area & a cold room for storage. Land is leased. \$37,000 Ph: 292-8741 j27/j13-10

ONE LOOK WILL DO!
Sparkling clean 3 bedroom mobile on .5 acre lot in San Ang estates. Perfect spot to run a home business or simply enjoy country life, just minutes from town. Home includes 5 appliances & Hot Tub. Many Extras. \$113,000. A MUST SEE!
PHONE: 295-7826 M23J25

DOWNTOWN
3 Bedroom, 2 Bath and much more. By owner. Price \$75,000. Phone: 295-6376 j27/3-18j

TULAMEEN
Small cabin on 50' x 100' lot on 6th street. \$57,000.
Phone: 295-6070

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ARNIE STADLER
AT
295-4113

BINGO

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Seniors Hall @ 162 Angela Ave.
5:30 p.m.
47 numbers called 6 p.m. special
(Bonanza & Odds and Evens).
\$20,000. SUPER STAR BINGO!
EVERY WEEK!
License 813186

HEDLEY THURSDAY EVENING BINGO
Doors open 4:30 p.m.. Drop-ins 6 p.m. Snowball carry over Jack pot & carry over Loonie Pot Bonanza & Regular games to follow.

O.A.P BR. #185 BINGO EVERY FRIDAY MORNING!! 9:00 A.M.
Hard Cards
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KEREMEOS ELK'S & ROYAL PURPLE
Every Friday
Doors open 5:30 pm
Elks Hall Keremeos
SMOKE FREE BINGO

O.A.P. HEDLEY SATURDAY BINGO
Doors open 4 pm, Drop ins at 6 pm. 1st 45 Bonanza #'s, Early Birds, 20 Regular Games, 1/2 Time, Bonanza, Loonie pot & G-Ball, Jumping Jackpot. (min. consolation \$50.) Lic. # 827175

SUNDAY AFTERNOON BINGO!
In Hedley at the Chuchwayha Hall \$25 guaranteed minimum payout on regular games. (\$50 on double-up).
Progressive Jackpot min. \$1,000.
Progressive Pot O' Gold min. \$800.
Progressive Looniepot
Free Coffee! Doors Open @ 11:30 am
Drop-ins Start at 12:30 PM followed by Early Birds, Regular Games & Specials.

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Phone Cliff - 295-6504
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or Fax: - 295-3382


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News Leader keeps back issues. Ask and you shall receive.

23 **HEALTH CARE**

PRINCETON/KEREMEOS DRUG and ALCOHOL COUNSELLING SERVICES
FREE AND CONFIDENTIAL
Individual Counselling and Education
Keremeos: Monday & Wednesday 9:30 a.m. to 4:30 p.m.
at the Social Services Office
For appointment phone(250) 295-6776
(collect if necessary) Tuesday to Friday 8:30 to 4:30
Princeton: Tuesday to Friday 8:30 a.m. to 4:30 p.m.
PHONE: 295-6776

Free and confidential counselling service
is available to any woman who has experienced sexual abuse as a child or adult or are presently living in an emotionally or physically violent relationship.
Funded by the Ministry of Women's Equality.
Office hours 8:30 - 4:30
Monday & Friday - Keremeos 499-5928
Tuesday & Thursday - Princeton 295-4453

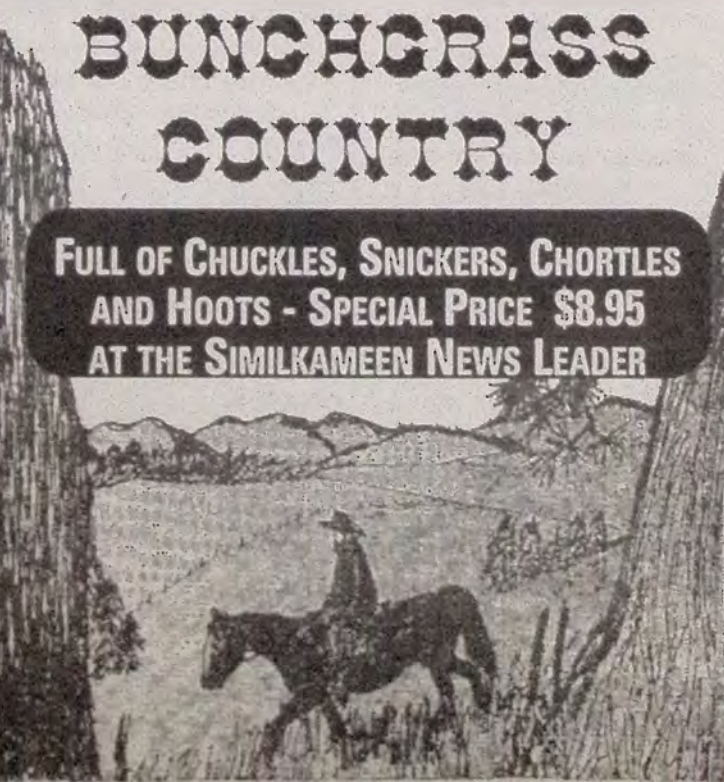
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BY BUCK JAMESON

PROVINCE OF BRITISH COLUMBIA
MINISTRY OF FORESTS

NOTICE TO CONTRACTORS

Sealed tenders for the construction of 2.1 kilometres of the Calcite/Placer Forest Service Road located in the Calcite area approximately 36 kilometers south of Princeton, B.C., will be received by the Ministry of Forests, Merritt Forest District, Hwy. 5A & Airport Road, P.O. Box 4400 Stn. Main, Merritt, B.C. V1K 1B8, up to 11:00 a.m. (local time) on August 7th, 2000, and opened in public at that time. Tenders are invited from qualified contractors only. A qualified contractor is one who has successfully completed work of similar size and nature for the Ministry or Forest Company within the past three (3) years and is in good standing with the Worker's Compensation Board.

Viewing of the project is mandatory. A site tour is scheduled for August 3rd, 2000 @ 09:00 a.m.. Details regarding meeting time and location are included in the tender package. Tender packages will be available at the Ministry of Forests, Merritt Forest District, PO Box 4400 Station Main, Merritt, BC V1K 1B8 and at the Princeton Field Office, 151 Vermilion Avenue, Princeton, BC VOX 1W0.

All inquiries should be made to Rob Clark, Small Business Engineering Technician, Merritt Forest District at phone #(250)378-8400.

Town of Princeton
PUBLIC NOTICE

SPRINKLING REGULATIONS

Effective May 15, 2000 and continuing until September 30, 2000 sprinkling regulations will be imposed.

Sprinkling is prohibited between noon and 6:00 p.m.
ODD numbered houses may water on **ODD** numbered days
EVEN numbered houses may water on **EVEN** numbered days.
Regulations will be enforced in accordance with Bylaw No. 356, 1980.
The Town of Princeton thanks you for your cooperation.

12 **CAREER OPPORTUNITIES**

Town of Princeton
ADMINISTRATION CLERK

Applications for the position of Administration Clerk for the Municipal Office of the Town of Princeton will be received until July 28, 2000, 4:30 p.m.

Requirements:

- Provision of all confidential typing (60 WPM) using Word 2000, compulsory
- Responsible for all records management of the Municipality
- Preparation of Agendas and Minutes
- Reception and secretarial duties for the Municipality
- Accounting experience with cash receipting
- Arrangement for all special Municipal Events
- Other duties, as may be assigned from time to time

This full time position is in accordance with the Collective Agreement with CUPE Local 608.

Please reply to the attention of: Clerk/Treasurer
Town of Princeton
169 Bridge Street
P.O. Box 670
Princeton, B.C.
VOX 1W0

LOCATION SCOUTS WANTED

The Okanagan Film Commission is seeking location scouts in the South Okanagan/Similkameen region for HRDC sponsored occasional contract work. Applicants must have extensive knowledge of the area, good communication skills and own a reliable vehicle (4x4 preferred) and a 35 mm camera.

Send or fax resume labeled "location scouting contract" to:
Okanagan Film Commission
1450 KLO Road
Kelowna, BC V1W 3Z4
Fax: 250-868-0512

"NO PHONE CALLS OR DROP-INS PLEASE"



The giant garage sale sponsored by Fall Fair Association did not draw a lot of vendors but there were some terrific buys for smart bargain hunters who took advantage of their good luck.

COMMUNITY NEWSPAPERS ASSOCIATION Network Classifieds 676 - WEEK OF JULY 24/2000

These ads appear in approximately 100 community newspapers in B.C. and Yukon and reach more than 3 million readers. \$290 for 25 words \$6.00 each additional word To place an ad call this paper or the BCYCA at (604) 659-

ACREAGES
40 ACRE FARM 125 km SW of Edmonton, Alberta. All in hay, pasture, fenced and x-fenced w/creek. Comes with 16x80 Mobile Barn, 3 sheds. \$113,500. 1-780-399-2494.

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THE MONEY MACHINE!
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EMPLOYMENT OPPORTUNITIES
ASSISTANT RANCH COOK needed for 4 season Wilderness Guest Ranch. Open Kitchen, Homestyle Cooking, On-Site Accommodations, F/T, available immediately. Cleaning Required. Fax resume to (250) 293-2241.

LICENSED AUTOMOTIVE TECHNICIAN. Ford training and driveability experience preferred. Competitive salary and benefits. Great working environment. Fax resume to James Oancia, Service Manager, Ranchland Ford, High River, 403-652-4993.

AUTOMOTIVE TECHNICIANS required by growing Chrysler dealership. Top wages and benefits. Fax 867-073-6698 or email: yk@chrysler.nt.sympatico.ca.

LICENSED AUTOMOTIVE TECHNICIAN required for very busy auto shop. Excellent wages based on experience, benefits provided. Fax resume to 780-835-3318 or call Warren 780-835-3333.

THE NORTHERN ROCKIES Regional District is seeking a qualified Recreation Facilities Maintenance person. Unionized, term position (Starting Sept 2000 up to April 2001), 40 hours/week, shift work. Salary is \$20.11 (90% for first three months). Closing July 28, 2000. For more info call Tom Sprado 250-774-2088.

JOURNEYMAN HD MECHANIC with diesel engine experience required for field service and shop positions with Kuntz & Kramer Services Inc. Competitive wages and benefits package available. Fax resume 780-450-5969. Email: sales@kuntzandkramer.com. Mail: 7503 Girard Road, Edmonton, AB, T6B 2H2. No phone calls please.

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HELP WANTED
REGISTERED NURSES needed in Canada's newest territory - NUNAVUT. Hospital, Public Health, Home Care and Outpost Health Centre Registered Nursing positions available. Salary ranges from \$51,753- \$71,452 plus Northern Allowance up to \$13,955, recruitment bonus, relocation and housing assistance provided. For more information contact: Government of Nunavut, Health and Social Services: Call today! Baffin: 1-800-663-5738; Kivalliq: (867) 645-2171; Kitikmeot: (867) 983-7342. Fax #'s: Baffin (867) 979-7404; Kivalliq: (867) 645-2409; Kitikmeot: (867) 983-2253.

LIVESTOCK
7TH ANNUAL Horse Sale. Limited Edition "2000". 100 horses including 5 Homozygous Stallions. Coggins tested, 48 hour soundness/blood guarantee, August 26, Lacombe, Alberta. 12 P.M. Catalogues 403-843-6629. Bran/Hazel Street.

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WANTED TO BUY - Diesel trucks. Prefer crew cab or super cab. 250-371-2129.



Regional District of Okanagan-Similkameen

PUBLIC NOTICE

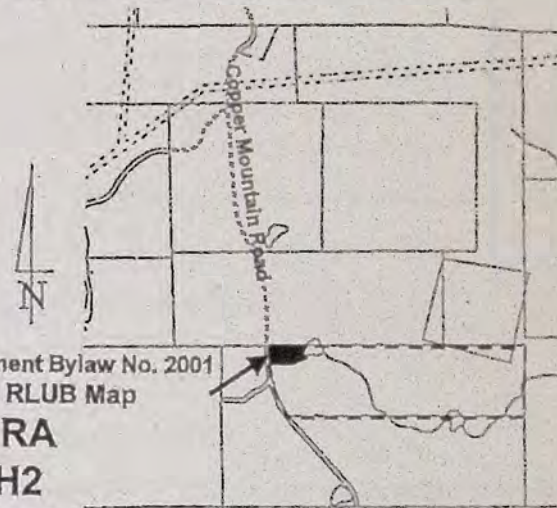
Pursuant to the provisions of Section 892 of the Municipal Act, the Regional District of Okanagan-Similkameen will conduct a Public Hearing on the following Bylaws commencing at 7:00 p.m. on Wednesday, August 9th, 2000 at the Princeton Town Hall Council Chambers, 169 Bridge Street, Princeton, B.C.

AMENDMENT BYLAW NO. 2001, 2000

That the Official Rural Land Use Bylaw Map, being Schedule 'B' Index Map of the Electoral Area 'H' Rural Land Use Bylaw No. 1725 be amended by changing the designation of the property described as part of Lot 2, Plan S1077, District Lot 3264, SDYD, (located approximately 5 km south of the Town of Princeton along Copper Mountain Road) from RA (Resource Area) to SH2 (Small Holdings).

The applicants are proposing to subdivide a 1.2 ha (2.9 acre) portion of the property from the parcel in accordance with approval received from the Land Reserve Commission.

Permitted uses within the SH2 (Small Holdings) designation include agriculture; one single family dwelling or mobile home; home occupation; care centre; public parks; and buildings and structures auxiliary to the aforementioned uses.



Amendment Bylaw No. 2001
Amend RLUB Map
From: RA
To: SH2

AMENDMENT BYLAW NO. 2002, 2000

That Section 7 (Land Use Designations), subsection 7.7 (Industrial Designations) be amended by adding a new land use designation M2-1 (heavy industrial 1); and that the Official Rural Land Use Bylaw Map, being Schedule 'B' Land Use Designation Map 8 of the Electoral Area 'H' Rural Land Use Bylaw No. 1725 be amended by changing the designation of the property described as Part of Lot 1, District Lot 964, KDYD, Plan 2634, except Plan KAP45222 (located approximately 8 km north of Princeton along the Princeton-Merritt Highway No. 5A) from RA (Resource Area) to M2-1 (Heavy Industrial 1).

The applicant is proposing to develop a totally enclosed slaughterhouse facility and holding pen area on the site.

Permitted uses in the M2-1 (Heavy Industrial 1) designation include meat processing, storage, packing and canning, including slaughterhouse and rendering plants; and office buildings and structures auxiliary to the aforementioned uses including one single family dwelling unit or manufactured home.



Amendment Bylaw No. 2002
Amend RLUB Map
From: RA
To: M2-1

Copies of the above Bylaws are available for inspection between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday, excluding holidays, from July 25, 2000

to August 9th, 2000, both inclusive, in the office of the Regional District of Okanagan-Similkameen, 101 Martin Street, Penticton, B.C. and at the Princeton Town Hall, 169 Bridge Street, Princeton, B.C.

Written comments regarding these applications will be received at the Regional District office up to and including Tuesday, August 8th, 2000. At the Hearing, all persons who deem their interest in property affected by the proposed Bylaws shall be given an opportunity to present written information or to speak to matters contained within the Bylaws.

Pursuant to Section 891 of the Municipal Act, this Public Hearing has been delegated to the Director of Electoral Area 'H'.
Andrew Swetliff, MCIP
Director of Planning & Building Inspection



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Skating Club welcomes new Head Coach

Princeton Figure Skating Club extends a warm welcome to Donna Crawford, new Head Coach for the 2000/2001 season.



Donna Crawford

Donna lives in Summerland and has been skating for over 10 years.

She has achieved her Gold Levels in Figures, Dance and Freeski and was competing in the Level II Skills. She also brings to Princeton Figure Skating Club a Level II Qualification as Coach and First Aid.

Donna has been teaching figure skating for over five years as a freelance coach and Canskate instructor. Princeton Figure

Skating Club feels very fortunate to have Donna as Club Coach and she will be available to meet

everyone on registration nights, August 15 and 29 from 6:30-9:00 p.m. at the arena mezzanine. Test Stream and Competitive skaters must be registered by August 25. For further information, call Kim at 295-0175.

June tourist total nears three thousand!

Princeton's Tourist Information Centre is one of the busiest places in town at this time, and has been busy since May. The May total number of visitors was 1,029, but

June was simply outstanding - 2,994 visitors. July is shaping up to be a record month.

Since March 1, 5,410 visitors have stopped to ask for information. Most requests have been about accommodation and attractions, and the majority of visitors were from B.C. European visitors were second, and other Canadian locations (outside B.C.) were third in origins of visitors.

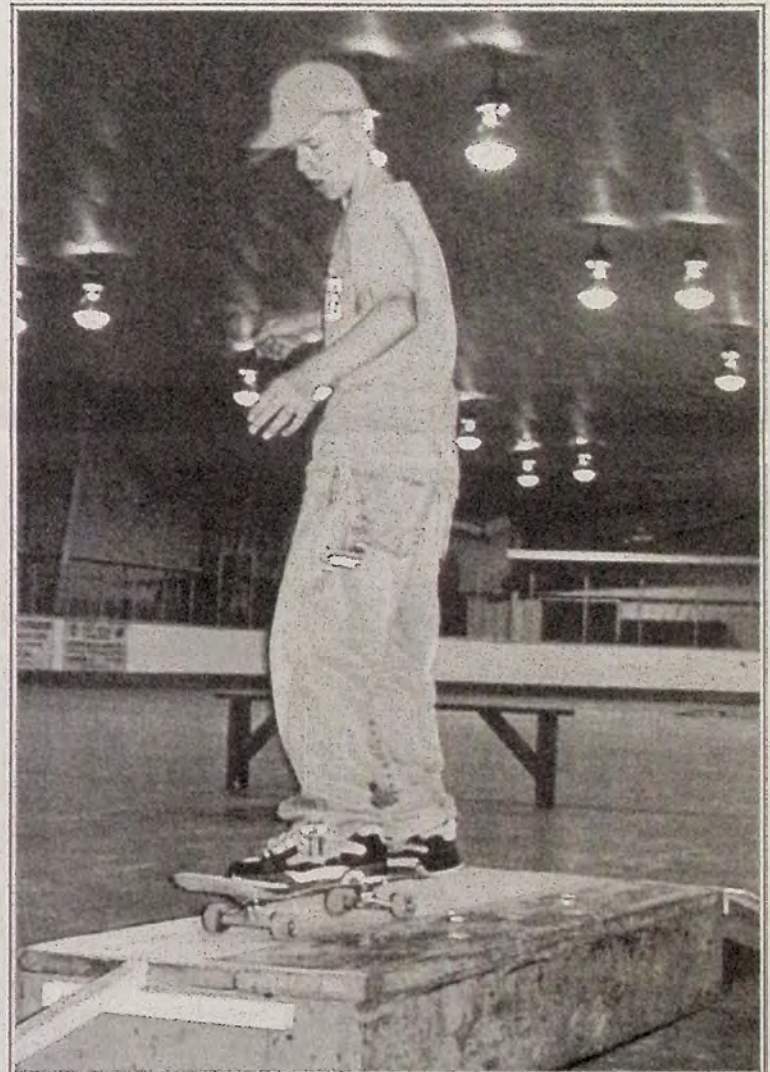
Circle calendar for Tulameen Family Fun Days

by Anne M. Passey
 Tulameen - In keeping with the new image of FAMILY, there are some new attractions at this year's Tulameen Family Fun Days, taking place August 4, 5, 6 and 7. There will be a clown entertaining along the parade route and in front of the Tulameen Community Hall, and there will be several new games at the Kid's Carnival, including a Cake Walk and an old-fashioned "count the jellybeans in the jar" contest.

There will be a Mini-Triathlon to challenge the athletic among us, but for those of us athletically challenged, there will also be a Karaoke so people can see where our real talents lie.

There are many more vendors expected to display their wares, as well as a book sale by the library, a raffle in aid of the museum project, and the ever popular Lion's Snack Wagon, selling popcorn and shaved ice. And who can forget that great baron-of-beef barbecue behind the Community Hall!

The RCMP have promised to intensify their policing of this event and again, there will be zero tolerance of drinking in public places. This is a fun time for families to enjoy. We hope to see you there!



On Sunday, 11 eager young people turned out to a skateboard clinic sponsored by Summer Recreation Program. They had a series of obstacles to challenge their skills, from benches to ramps. Everyone enjoyed the skill training session.

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