

Health Advisory wants election

**Fall Fair
ribbon
winners**
Pages 12 & 13

Vandals deface war dead memorial

Vandals damaged the Honour Rolls of fallen soldiers from the Princeton area. The plaques, which were attached to the cenotaph monument to remember those who gave their lives in two world wars and the Korean war, had been covered with a protective coat of lacquer. The vandals scraped the lacquer away and drew an obscene picture on one of the plaques.

The plaques have been removed and sent to a factory to be covered again with the protective coating, which prevents deterioration of the plaques. The town has been assured the plaques will be returned in time for Remembrance Day.

Some disgusted citizens would like the Town of Princeton to put up a video cameras installed in locations where the cameras could record activity around Cenotaph Park and perhaps catch some of these vandals in action.



Acting Deputy Mayor Kathy Clement signs a proclamation declaring October is Community Living Month in Princeton. Left to right, standing, are Ruth Murphy, Carol Loucks, Joyce Fraser and Barbara McIntosh, advocates of Community Living.

Community Services assesses future plans

Princeton and District Community Services Society faces tough financial decisions in the near future. The demand for a new kind of housing for aging residents of Mary Ann Apartments is putting pressure on a budget which has little room for flexibility. Two properties are for sale, and should these sell for a price reasonable in today's market, they should sell for approximately \$200,000. Property is the only area of flexibility for the society, as it has \$2,535,610 in capital assets (most of the capital value is in Vermilion Court). Accountant D. Schreurs of Cunliffe Schreurs Tupper Chartered Accountants presented a review of the financial statement of the society on September 25. He praised Lynn Pelly for the excellent job she had done in preparing financial information, and praised the society for spending no more than 15 per cent on administrative functions, especially considering the number of programs operated under the society's umbrella of services.

This was the second year Schreurs had come to the annual general meeting to review the financial statements. Last year, he stated the society is "cash poor, property rich." This year, he was well-versed in the programs, and once again reminded the Board of Directors that cuts in programs mean cuts in revenue, which the society can ill afford. At the same time he praised the society for its ability to provide so many services with the low budget it has. Revenues total \$1,305,659 to cover the costs of seven services plus administration. The society is responsible for BC Transit service, home support, adult day centre, Vermilion Court, Aspen Court management, residential care for developmentally challenged residents, and New Beginnings, a learning environment for developmentally challenged residents.

President Joanne Gabriel reviewed the problems of the past year, and the many staff changes. She noted 27 years have passed since Community Services Society began operation, but changes never stop.

Executive Director Joyce Fraser talked about the increase in workloads for staff, as more information is required by various ministries. The Provincial Monitoring Team gave a good report on residential care, overall, but required a lot of work and reporting, along with the recommendations for new reporting systems. Continued on page 5

Community Health Advisory wants more power and more say

People representing the community's health needs and concerns should be elected say the members of the Community Health Advisory Committee (CHAC). Others attending the September 25 meeting agreed. The way things are now, people from the community can apply to be on the CHAC, but they are appointed, not elected. Further, everyone agreed the local representative to Regional Health Board should be elected, not appointed by the Minister of Health.

Members of the CHAC and audience did not hesitate to say CHACs Continued on page 2

Grizzly release prompts meeting

by Anne Passey,

Tulameen correspondent

Tulameen - After many letters from concerned citizens to the Ministry of Environment, Lands and Parks, Wildlife Management branch, regarding the release of grizzly bears in the Tulameen-Coalmont area, the Wildlife Management Branch has agreed to hold a hearing.

The hearing will take place on October 11, 2000, in Tulameen Community Club Hall at 7:00 p.m.

All concerned residents of the Tulameen-Coalmont-Blakeburn area, as well as all people using these areas for hunting, fishing, logging and recreation, are urged to attend this meeting.

This meeting is to discuss the Access Management Proposals advertised in local papers in August. (*News Leader August 1 issue*) The North Cascades Grizzly Bear Recovery Plan will be addressed at a later date when the Recovery Plan is available for public viewing.

Douglas Lake locked gate is painfully legal

Residents of the Missessoula Lake area have been accustomed to using a short cut to the Coquihalla Connector through Douglas Lake Cattle Company property, but the road is closed. The company put gates at either end of the road, locked the gates, and it is completely legal. The land belongs to Douglas Lake, and the company built the private road. They can do what they want with it.

There is another road, one that winds around, or residents can use Highway 5A and join the Connector at Aspen Grove, adding an hour to their former time. Many residents are irate about the locked gates and have talked to owner Joe Gardner. Douglas Lake's position is that hunters and campers abuse the land and the gates will stay locked.

Residents at Missessoula Lake say there is no land to abuse, it is all trees, and nobody could drive a vehicle between them to do any damage to the property or the cattle. Nevertheless, there is nothing illegal about what Douglas Lake Cattle Company has done.

Weather Watch

Sept.	Princeton area			Keremeos area		
	High	Low	Precip	High	Low	Precip
25	23.6	0.3		24	6	
26	24.3	0.5		25	8	
27	25.5	0.1		25	8	
28	21.6	0.2	0.2 ml rain	24	10	
29	19.5	8.1	1.2 ml rain	20	13	
30	19.7	8.1		25	12	
Oct 1	14.9	-0.5		21	6	

30FORECAST:

Wed - Sunny with cloud, low 2, high 16

Thurs - Sunny with cloud, low 4, high 18

Fri - Sunny with cloud, low 4, high 17

Normals: low 4, high 17.

October 6 - Sunrise 7:08 a.m. Sunset: 6:33 p.m.

Daylight: 11:425 hrs. equal to March 6

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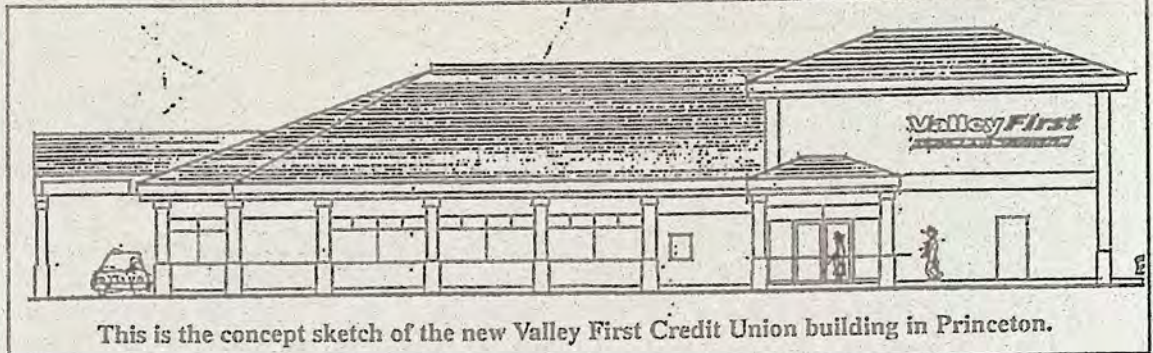


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This is the concept sketch of the new Valley First Credit Union building in Princeton.

Valley First plans new building

Princeton - Valley First Credit Union announce plans on September 27 for the construction of larger premises in downtown Princeton. The new 6,200 square foot branch which will be located at the corner of Highway 3 and Bridge Street, will provide much needed space for the growing credit union, in addition to the added services of a resident financial planner and a Valley First owned insurance office, offering Autoplan, general and private insurance services.

Valley First Credit Union first acquired the Princeton Branch of Yale District Credit Union in 1982, more than doubling its membership in Princeton from 1500 to over 3200 members today.

President and Chief Executive Officer, Harley Biddlecombe, stated, "Our Princeton Branch has continued to grow and prosper despite changes in the local economy, to the point where the need for additional space to serve our membership is becoming a necessity."

In reference to the addition of a new insurance office, Biddlecombe added, "From the time we first started offering financial planning and insurance services to our member/customers, there has been a significant demand from the Princeton

area, to the extent that a resident financial planner and an insurance branch are now needed on a full-time basis to meet our members' needs in this community."

Construction of the new facility is scheduled to start early in the

new year. Grand opening of the new Valley First Credit Union branch and adjacent Valley First Insurance Services office is expected late July or early August, 2001.

Valley First ends merger talks with Interior

Valley First Credit Union and Interior Savings Credit Union announced that they ended discussions September 27, following a four-month analysis of a potential merger of the two credit unions.

In a joint statement, Liz Goodison, Chair of the Board of Valley First, and Don Grant, Chair of Interior Savings stated that "after completing an in-depth review of the potential for a merger between our two credit unions, the Board of Directors of both credit unions have concluded that while they fully recognize the potential such a union could bring, it was determined that it would not be beneficial at this time."

Having made this statement, the Chairs added, "The decision not to

recently ranked as the eleventh and twelfth largest credit unions, respectively, in the province. They have established a good working understanding of each other's operations and where appropriate, will continue to cooperate in the future. merge was made based on our credit unions' operations and positioning as they exist today, and does not preclude a future amalgamation."

Interior Savings Credit Union and Valley First Credit Union are cur-

CHAC from front page

a stronger, more vocal role in community health care decisions.

There were many more recommendations, including higher visibility in the community, which led to a decision to hold future meetings at Town Hall rather than in the board room at Princeton General Hospital.

Members of the CHAC see their role as bringing the health needs of the community to the Regional Health Board. They felt they need more input from Town Council, Area H and G Directors, and local citizens. They want more input and feedback from the community, and better representation and communication from agencies and care givers, especially physicians. They want full membership on the CHAC with representatives from all agencies related to health, and they want more say in the budget process.

This is a new stance for the CHAC, and it should prove interesting.

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SURPLUS GOODS SALE

Offers are invited for the purchase of used surplus goods including wood lathe, piano, cupboards, sump pump, lockers, chairs, thickness planer, hand planes, drill press, metal lathe, sliding glass door, a/c unit, 10 x 40 storage trailer, and various misc. items

Items will be on display at the Merritt School Board Warehouse, 1550 Chapman Street, Merritt, on **THURSDAY, OCTOBER 12TH** from 12:00 to 8:00 pm & **FRIDAY, OCTOBER 13TH** from 10:00 am to 1:00 pm.

Tender forms, which will be available at that time, must be completed and returned to the School Board Office in sealed envelopes by **2:00 pm FRIDAY, OCTOBER 13TH**. Goods are to be picked up and paid for by **4:00 pm MONDAY, OCTOBER 16, 2000.**

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Joanne Gabriel, left, President of Princeton & District Community Services Society, and Joyce Fraser, center, Executive Director, present a gift of appreciation to Donna Wilson in appreciation for her 22 years of service to the society as a home support worker. Wilson has left due to health problems and shed a few tears, saying, "If it weren't for my health, I'd still be working here."

October is Community Living month

by Joyce Fraser

Princeton & District Community Services is celebrating Community Living Month!

Throughout this month, Princeton & District Community Services will be taking this opportunity to host Community Living celebrations for our clients. We are inviting the community to really get to know our people, who in the past were often hidden behind the *disability* label.

Community Services will be bringing you stories of challenge and acceptance, reflecting the experiences of people who have been included in Princeton's Community

Living for 25 years. Their presence and contributions have enriched many community members' lives as we celebrate their diversity whether in school, workplace, church, shopping, or community events.

Our vision has always been one of inclusion and welcome. A vision that guided us for 25 years, providing these often forgotten people the best possible opportunities to grow and develop their talents, skills, and enjoy the quality of life that many of us take for granted.

Princeton & District Community Services celebrates the diverse contributions of these persons. Our

experiences so far have shown that it is possible to develop meaningful, innovative and imaginative partnerships between the agency, individuals and community at large. In every instance, friendships have emerged from the experiences, learning more about the "intrinsic other." Many of us find our lives have been enhanced by watching these people take their rightful place in a society that once denied them.

I am often reminded of John Winthrop's words written in 1630, "We must delight each other, make other's conditions our own, rejoice together, mourn together, labour and suffer together, always have before our own eyes our community as members of the same body."

We will end the month long celebration of their lives with a fair at the New Beginnings Day Program, so plan to attend, I promise you will be pleasantly surprised. More on Community Living Month next week. Peace and Happiness.

Vermilion Court news

by E.B., the Court jester

Where did September go? I almost lost it in the amount of activities, like the armchair trip to Budapest, Prague, Vienna and Istanbul via travel video. That's gotta be my next trip. What a hope!

Bonnie P. was on vacation at the coast and did a fair amount of fishing for rock cod and rock crab. They took 15 of the latter on one day, and lots on other days, but!! the highlight was being about 12 feet away, in a 15 foot skiff with a two horsepower motor, when an Orca whale surfaced right in from of them.

Eileen P., one of our cooks, was in Chilliwack for her youngest daughter's wedding. Eileen had spent many previous weeks making the bride's bouquet and many flower arrangements, including an arch. She and helpers made about 400 chocolates as well.

Olive W. was away in Langley for a grandson's wedding on the same weekend. Terrible weather - she thought she was travelling in a submarine on the way home to Princeton.

Our head cook, Tina K., had vaca-

tion time that she spent painting her house.

Our new resident, Maisie W., moved in and we are looking forward to her pleasant company.

Tom J. took a nasty fall on the sidewalk and was helped back to the Court suffering a few bruises and aches and pains but was too tough to have a doctor.

Our hospital visitation lady saw Pat B., Edith G. and Ruth V. one day, and found them all in good form and glad to see her.

We've had student care givers off and on during the month and they all seem to be well-suited for the career they are entering.

And last, but not worst - our night care giver George H. is leaving us and we are all very unhappy about it. However, we all wish him good health, good living, and beg him to follow through on his promise to visit us, his extended family, who have enjoyed his presence and care he has so kindly and carefully shown us.

Frank P. has joined the staff to spell off Larry C., who really has more than he can properly handle.

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FLOWERS IN MOTION

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Keremeos Society receives HIV/AIDS funding

The Lower Similkameen Services Society will receive a \$200 training grant to help educate local women and dispel myths about women infected with or in danger of becoming infected with HIV/AIDS. Yale-Lillooet MLA Harry Lali made the announcement September 22.

"This contribution will help provide education and awareness about the different ways HIV/Aids can manifest in women," Lali said. "The project will decrease the stigma and

myths associated with the disease."

Lower Similkameen Services Society will use the funding to host an information session to improve the level of awareness of local women.

"The provincial government is committed to providing education and services for people with HIV/Aids," Farnworth said. "British Columbia has led the way in supporting people who have this disease and continues to do so by funding projects like this one."

"Through leadership, partnership and programs, our communities are helping in the battle against HIV/Aids," Smallwood added.

Lower Similkameen Society was one of 13 agencies and organizations throughout the province to receive funding, a joint effort between the Ministry of Health and the Ministry of Women's Equality.

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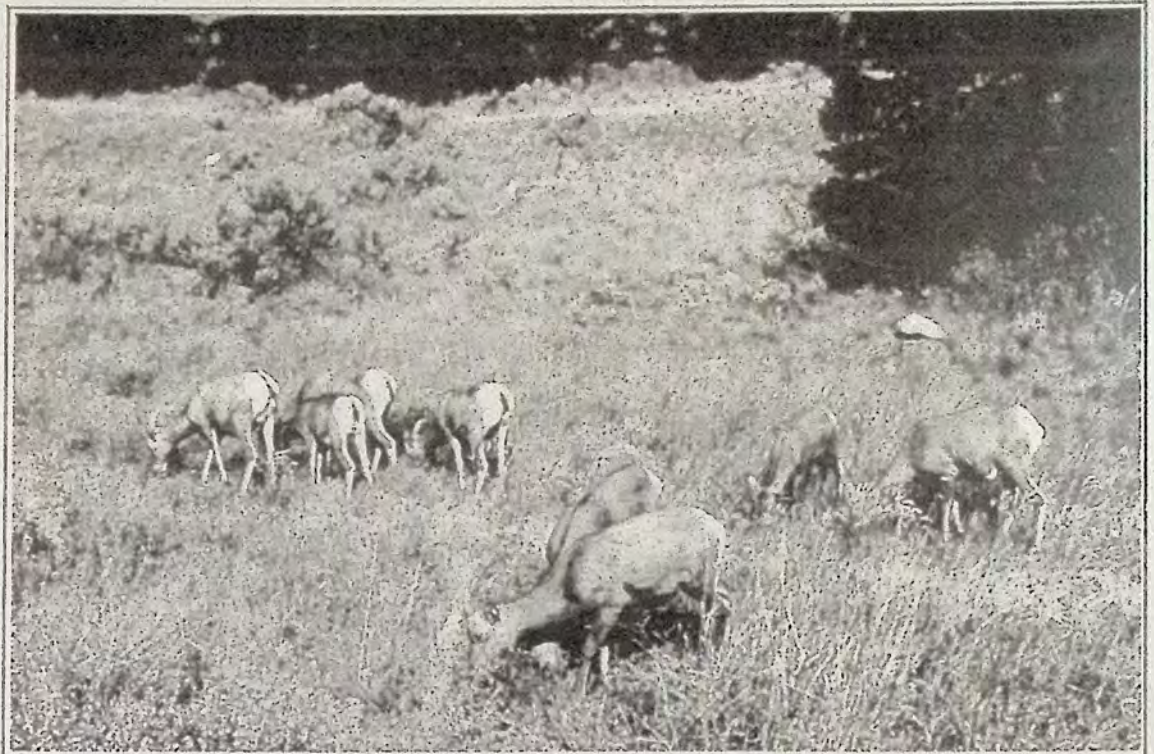
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Mountain sheep graze alongside Highway 3 near Keremeos, ignoring tourists and cameras.

Riparian Park is a treasure for Keremeos residents

At 11:00 O'clock on Thursday, October 14, Keremeos Riparian Nature Park will be officially opened. It will be one of the major achievements of Keremeos residents who had the vision, and the volunteers who did the work, and the Village Council of Keremeos, who co-operated fully in the development of the park.

A riparian park is a riverbank park. The Keremeos Riparian Nature Park will be a park for people, but is designed to conserve and preserve a portion of riverbank to show what an interesting habitat a riverbank can be. In view of the devastating natural incidents on the Similkameen River during the past 20 years, during which a great deal of riverbank habitat was destroyed, the

Friends raise money for desk

Friends of the Keremeos Library thank everyone who bought or donated books to our latest booksale. We earned \$461. We now have \$3,000 towards our Library's new Circulation desk. We were informed that our new desk could cost as much as \$5,000. The longer we take, the higher the cost will be. We have not given up yet! With your great response, we know we will reach this magic total!

Winners of our Door Prizes: book "Bunchgrass Country" donated by Similkameen News Leader, went to Linda Lawrence. She also won Nutchos Chocolates, donated by "The Friends". Our book "Weather" went to D. Poloway. Jody Jackson won the book, "Vitamins and Minerals". Louise Legacy walked away with two books, "Easy Home Cooking" by Campbells and "Everyday Health tips". Our big winner was Betty Hansen. She won three prizes: "Live Longer Cookbook", "Practical Problem Solver", and a 3-volume set of "Health and Healing". Congratulations to all! Special thanks goes to Mr. & Mrs. Fred Cattermole for their kind donation and the Similkameen News Leader. Thank you one and all!

Keremeos Riparian Nature Park will demonstrate why riverbanks should be preserved.

Visitors to the park can expect to see birds in the park and along the river, some only during migration, some during breeding season and some all year round. Osprey, bald eagle, pileated woodpecker, Lewis' woodpecker, catbird, yellow warbler, California quail, northern oriole, tree swallows, killdeer, spotted towhee, white-crowned sparrows and the yellow breasted chat are part of the park's

natural habitat.

Plants in the park include black cottonwood, trembling aspen, ponderosa pine, snowberry, wild rose, Indian hemp, saskatoon, red osier dogwood, showy aster, Star Solomon's Seal and goldenrod.

Since the previous Village Council, under Mayor J.C. Stranart, approved the project, the area has been cleaned and pathways constructed. Local volunteers were assisted financially and through other means by a number of agencies.

Katimavik kids need community's help

The young people of Katimavik start to arrive here on Wednesday. Ken Randle is concerned that they will have a poor welcome to Keremeos. Following is a list of items they still need.

Randle says, "Some of the things are not needed right now, but.... if we do not get them some bedding, tools, curtains and towels, they will be sleeping in a fish bowl, on bare beds, and not even have a towel to wash with. With no tools they can not even put their beds together."

"They are going to be working for our community for the next eight months", Randle notes, "Let's make them welcome. Spread the word, make copies of the list and pass it around. These items do not have to be new, just clean."

If you have things to drop off, Ken Randle has a key to the house. Just call him! If you have things he can pick up in the van, he will do that, too.

Katimavik House needs....
Lamps - table/floor; toaster; rain gear; long curtains; flashlight; sheets for beds, 12 sets; blankets 12; 5 pillows; pillow cases flip-flops; measure cups, 3 alarm clocks, 1 desk for computer, 5

chairs, 2 benches, pots/pans, games, cot, playing cards, end or coffee tables, tupperware power bar, buckets/rags, oven mitts, puzzles, lawn chairs, flip chart, cookbooks (eng/Fr) dry-erase board, dresser popcorn popper, pen/pencils/paper, books (Eng&French)

Tools - hammers, screwdrivers, pliers, nails
Sports stuff: balls, rackets
Call Ken for pick-up 499-5225 or 499-7864

Make time for your 'flu' shots

The Seniors Drop-in Centre is the location for this year's Public Health 'flu' clinic. All persons over 65, and those with chronic illnesses, are urged to attend and receive their free flu shot. Clinics will be held October 16 from 9 to 11:45 a.m. and 1:15 to 3:30 p.m. and again on October 30 from 9 to 11:45 a.m.



Joyce Fraser, left, places a pin on Pauline Neufield, while Joanne Gabriel, right, places a pin on Connie Howe. The two women were awarded ten-year pins for service to Princeton & District Community Services Society.

Community Services from front page

All of the programs reported highlights of the year, including maintenance.

Home support served 23,658 hours from April 1, 1999 to March 31, 2000. The society employed 19 home support workers, of whom 15 are certified, so they can go into any home where a client needs specialized medical help. Many clients are still having a hard time with the cutbacks received in the past two years. Four home support workers are employed at Vermilion Court.

All personnel received upgrading through a number of workshops, and all home support workers were upgraded to WCB 1 First Aid level.

New administrator takes health care reins

Marilyn Harkness is responsible for all of the health needs for the entire Similkameen watershed. Her title is Similkameen Community Health Services Administrator, and she divides her time between Princeton and Keremeos, working with health care professionals throughout the valley and region.

Harkness says it is a busy time to start in a new position with both Princeton and Keremeos health facilities under construction.

"It's very exciting but a lot of work," Harkness says.

At the same time, she says it is "nice to work in new facilities."

"It's a huge job staying on top of

Meals on Wheels delivered 2,529 individual meals during the 1999/2000 fiscal year.

Adult Day Care is a program to enhance the lives of elderly people in the community. During the year, there were many musical gatherings, often with exercises as part of the program. Guest speakers, arts and crafts, outings, and games add variety and activity to lives of older members of the community.

Connie Howe and Pauline Neufield receive 10-year pins in recognition of long service, and Donna Wilson, who has left due to health problems, received a gift and many thanks for her 22 years of service. She shed a few tears,

saying she would not have left for any other reason. New Beginnings has added a couple of people to the ongoing program, and two local "drop-ins" have been part of some activities.

things." Harkness admits, but she has a lot of sympathy for the communities in the valley, and understands their personal involvement with their facilities, as they have invested so much from the community.

Harkness feels people are happy to work with her, and sees a lot of talent in the health care professionals in both Keremeos and Princeton. As for difficulties in recruiting doctors and nurses, she sees that small communities are at a disadvantage, as shortages are world-wide. She feels it is important to work with the community to recruit the people we need.

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Defining Sustainable Forestry

An invitation to participate in a public dialogue

Forest companies, woodlot licensees and the Small Business Forest Enterprise Program operating within the Merritt Timber Supply Area are jointly seeking public participation in the development of a Sustainable Forest Management Plan, a key requirement of Canada's national forest certification standard. The standard is set by the Canadian Standards Association (CSA).

This is an opportunity to further define the economic, social and environmental criteria that comprise sustainable forestry at a local level. Your first step in this process will be to attend a public open house, which will include a presentation and discussion session.

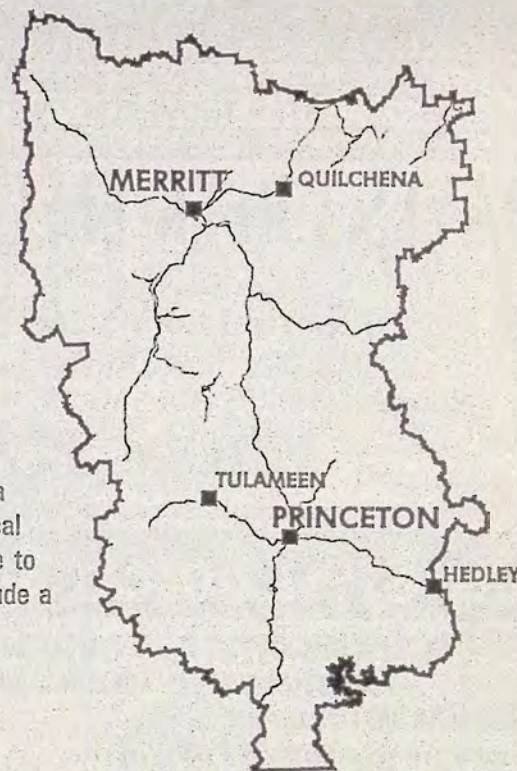
Place: Merritt Civic Center (Room 3)

Time: Tuesday, October 17, 7:00 p.m.

Place: Princeton Best Western

Time: Wednesday, October 18, 7:00 p.m.

For further information, please contact Jason Ladyman at Weyerhaeuser's Kamloops office (250-828-7774).



Merritt TSA

Participating organizations:

Ardew Wood Products • Aspen Planer Ltd. • Mego Wood Products • Merritt Woodlot Licensee Association • Ministry of Forests • Nicola-Pacific Forest Products • NMV Lumber • Princeton & District Community Forest • Princeton Forest Products • Princeton Wood Preservers/Hu'kwa Resources Inc. • Owa'et Forest Products • Riverside Forest Products • Small Business Forest Enterprise Program • Tolko Industries Ltd. • Weyerhaeuser Company Ltd.

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OPEN

MON. - WED: 8 A.M. - 1 P.M.
THURSDAY: 8:30 A.M. - 5 P.M.
FRIDAY: 9 A.M. - 11 A.M.

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Travel calls for immunization

by Joanne Smrek, Public Health Nurse, OSHR

You're heading off to an exotic destination. You've visited the travel agent and the bank and your bags are packed. But, what about a visit to our Travel Clinic? Your health

Flu shot campaign begins

Every year the Okanagan Similkameen Health Region launches an influenza immunization program for seniors. This year, as well as free immunizations for those over 65, the health region is offering free vaccine to all employees, and is encouraging RCMP, ambulance paramedics and other first responders to have a free flu shot, too.

The vaccination rate for seniors in BC is about 60 per cent. Public health officials would like to see that rate rise to about 80-90 per cent.

There is a need to keep seniors healthy this winter for many reasons:

* First, the flu can have nasty complications in older people.

* Second, it is a preventable illness and the health region's goal is to have the healthiest population possible.

* Third, it relieves the strain on the region's hospitals. With a healthier senior population the region hopes to avoid crowding hospital emergency rooms and wards with flu patients during the peak flu season between January and March.

* We are due for a flu pandemic at any time. It is important to have as many vulnerable people vaccinated early in case this proves to be the pandemic year.

People living in the health region who are over 65, or who have chronic disease, may obtain a free flu shot. In Princeton, clinics will be held on October 11 and 18 in the Senior Citizens Hall. In Hedley, a clinic will be held on November 1, 12:30 to 2:30 in the afternoon.

during your travels will play a big part in your ability to enjoy and carry out your travel plans and return back home healthy.

It seems many travellers are aware of the Travel Clinic, judging by how very busy we have been lately. What many travellers don't know is that they have to book an appointment with us early - ideally at least two months before travel. We really hate to disappoint travellers who call at the last minute and there are no appointments available or the appropriate vaccines cannot be given because there is not enough time.

You may wonder what goes on in a Travel Clinic. A Public Health Nurse specially trained in travel health will provide counselling specific to your nature of travel, level of risk, activities and destination. Appropriate immunizations are given based on the nurse's recommendations and the traveler's decision. It would be a shame to have a trip spoiled by "Montezuma's Revenge" or "Dehli belly," develop

malaria, typhoid fever or hepatitis A to name but a few. Did you know that some countries can prevent you from entering if you do not have a Yellow Fever vaccination?

It is much safer to receive your travel vaccinations in Canada as we have very strict vaccine transport, storage, and usage policies to assure that you are receiving the best product possible. Also, it takes approximately two weeks for your immune system to develop protective antibodies so you are primed and ready to fight off foreign nasties.

Western immune systems are challenged by travel to exotic, developing nations. Diseases not endemic to Canada can pose serious health risks to the traveler. Remember, when you are making your travel plans, add a visit to the Travel Clinic to your list. These clinics are held by appointment every Tuesday and Thursday afternoon at the Penticton Health Centre. Book early to avoid disappointment. Bon voyage!

Living past 100

Give yourself anti-aging points

There is a simple test you can do to find out whether you are doing what you need to do to fight aging. Give yourself three points if you eat a good, healthy diet with plenty of fruit and vegetables and lean meat. If you do aerobic exercise, give yourself two more points. If you do things to stimulate your brain, such as learning new skills, reading and watching documentaries, give yourself two more points. If you ignore the "old wives tales" about how aging is inevitable and you can't do anything about it, give yourself another point. Give yourself one point each for drinking adequate water and having adequate rest. Full points add up to ten.

Now, subtract two points if you consume a lot of fatty foods. Take off two more points if you drink to excess. Smoking calls for the subtraction of two more points. If you stress out all the time, subtract one more point. Subtract one point for each of the following: a) too much sun b) irregular meals and junk food 3) inattention to health care needs.

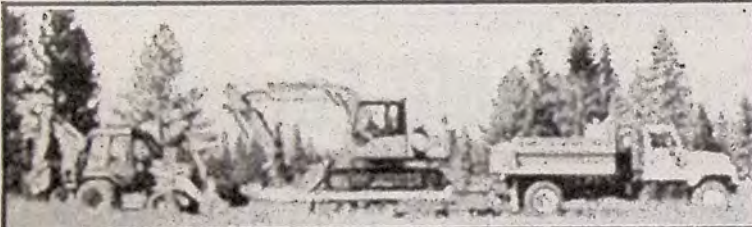
If you finish with a score of 9-10, you are slowing the aging process. If you scored 7 or 8, you are a health-conscious person. A score of 5 or 6 means there is need for improvement, and a score of 0 to 4 means your body needs help!

If your final score is less than zero, and into the minus numbers, make sure your life insurance policies are up to date and paid.

If your score is lower than you would like, do not feel depressed. Look at where you lost points and resolve to do something about it. There is no time like the present to start.

If you are reading this column and you are over 65 years old, you may think, "It's too late for me."

You would be dead wrong! A study done of 80 year olds residing in a care facility showed that, when they were hypnotized and told they would live much longer, they did just that. Another group of residents of the same facility who did not undergo hypnosis died two years sooner than the hypnotized group! This happened without any change in diet or exercise. Just imagine what they could have done if they started at age 65 or 70! It's never too late to start.



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What to expect from a full-service financial professional

There was a time when managing your money was simple. Savings were kept in the local bank and stockbrokers sold securities.

Today, investors have access to a wide variety of financial professionals offering all kinds of services. There are more than 30,000 stocks worldwide, thousands of different corporate and government bonds, and more than 3,000 different mutual funds available in Canada.

All of your investments should be coordinated to work in harmony toward your financial objectives. That's why it's important to find a full-service financial professional who not only can help you establish sound financial goals, but also has the training and expertise to implement a proper investment plan.

Choosing that person is no simple task. It demands the same attention as hiring an accountant or lawyer with whom you plan to establish a long and successful business relationship. You should only consider qualified investment professionals who offer product knowledge, convenience and commitment to continue working with you as your financial objectives change.

The media is filled with advertising about investments, many of which may or may not be right for you. An investment professional who knows about a variety of investment products can help you to select investments that meet your financial objectives and your need for safety. Sales people with access to only a limited selection of investments cannot offer this level of service.

In addition, because successful investing is a long-term undertaking, your investment advisor should be eager to establish a long-term relationship. This means helping you build a customized plan to meet your objectives. When you speak with your investment professional, he or she should have your records

available, understand your long-term objectives, and be able to act quickly on your behalf.

Given today's global economy, changing tax laws and the tremendous number of investment choices, a competent, full-service professional can be the key to meeting your financial goals.

Help choose Student of the Month

The Parent Advisory Council (PAC) invites the community to participate in their "Student of the Month" nomination process.

Each month the PAC recognizes a student from Princeton Secondary School for outstanding effort and/or achievement within the school or the community.

The criteria are as follows:

- * Any outstanding effort or achievement, not necessarily academic or sports related, but can be.
- * Good role modeling.
- * Good citizenship.
- * Helping another student, or member of the community.
- * Good school spirit.
- * Community involvement.
- * Mentoring, or leadership.
- * Personal growth or achievement.

Please submit your choice, with a brief explanation of why you feel this person should receive this recognition, by the 20th of each month. Ballot boxes are placed at the office of Princeton Secondary School, The News Leader, and the Spotlight.

Anyone who would like to sponsor one month of this program is asked to call Shelley Smith at 295-6605 or Karen Allen at 295-3615 for details. The sponsor's name will appear on

the plaque received by each student and placed on display at the school for the entire month.

The Parents Advisory Committee thanks the community in advance for participating in this very worthwhile, empowering program for our youth program

Simmons receives award

Clay Simmons, of Princeton, has received athletic and academic recognition at Bemidji State University, where he is in his second year on a hockey scholarship. Simmons received the school letter awards for all-round athletic and academic excellence.

He and another student were tied for fourth best top defensemen in the College Hockey Association. This year, the Bemidji State University team, the Beavers, is rated number one coming into their division. The opening home game is October 12 against the University of Minnesota. Murray and Debbie Simmons, Clay's parents, plan to attend the first game and opening ceremonies.

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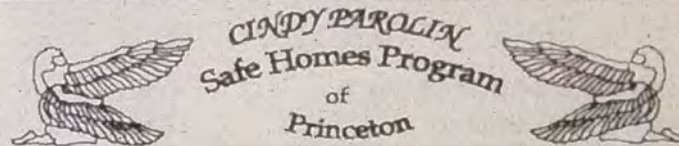


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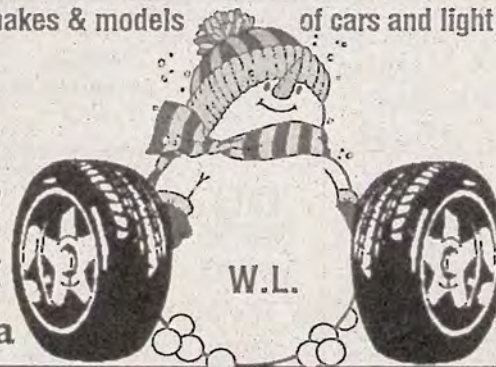
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FLU CLINICS

For those who are:

- 65 years and older
- Under 65 years with diabetes, chronic lung, kidney or heart conditions, cancer, severe anemia, or immune suppression
- Health care workers
- Emergency workers (police, fire, ambulance, etc.)
- Family members living in the same household as the person with the chronic health condition.

NO APPOINTMENT NECESSARY

PLACE: Princeton Senior Citizens' Hall, 162 Angela Avenue
DATE: Wednesday, October 11
Wednesday, October 18
TIME: 9:00 A.M. - NOON 1:00 - 3:30 P.M.

HEDLEY CLINIC:

PLACE: Hedley Elementary School
DATE: Wednesday, November 1
TIME: 12:30 - 2:30 P.M.

For more information please contact the Health Unit at 295-3133

Visitors enjoyed BPW surprise

A loonie auction was a real surprise to visitors to the Fall Regional Conference of Business and Professional Women. The Princeton Club showed the others how to raise more money through loonie auctions rather than through regular auctions. The visiting BPW members discovered it is a lot of fun! Princeton members donated items for auction, and raised a tidy sum in the process.

On the serious side, a number of reports were given from the national and provincial level. Regional Director Sandra Gould welcomed First Vice President Jill Worobec of the national Federation, and Marge Donovan, national Secretary, as well as provincial President Barbara Hall and her Second Vice-President Barbara Ezart.

All of those attending were from either Penticton or Princeton, and Hall said these clubs are "the driving force in B.C."

Issues raised provincially were on women's economic security and pay equity. BPW Clubs are represented on a committee struck by the Ministry of Women's Equality, as well as on a public advisory committee to ICBC and a committee called Pharmacare Coalition.

Worobec said she had met the Ministers of Women's Equality from all provinces at a conference, and said they want to hear from BPW because "this is our job - we're an advocacy group."

Worobec said women must speak up and ask to meet with the Ministers to tell them what is important to BPW clubs and to women. Hall echoed those words, saying BPW Clubs have credibility when they lobby.

"They know we have a voice, and it is a very sensible voice," Hall said.

Donovan reported that the Federation has issued its strategic planning document and is making positive changes in a positive direction. She added that the national federation has formed a partnership with The Canadian Osteoporosis Society and will be doing joint fundraisers with that

group at some point in the future. Princeton women raised the issue of a resolution they are drafting on income taxation, pointing out that people living below the poverty level are nevertheless required to pay income taxes, sometimes over \$1,000 a year.

The resolution will call for abolition of taxes for people living under the poverty line.



A small trash fire behind the Princeton Plaza Mall caught the attention of residents of Tapton Avenue around 5:30 pm Friday night. The fire was quickly extinguished by buckets of water and a garden hose provided by a neighbour.

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OUR THANKSGIVING DAY DINNER

In The Legion Lounge at 6:00 pm (\$6.00 per plate)

Sunday, October 7th

Menu

Roast Ham, scalloped potatoes, mixed carrots & peas, oriental cabbage salad, ceasar salad & desert

All members and bonafide guests are welcome

PRINCETON LEGION BRANCH #56 ACTIVITIES SCHEDULE

OCTOBER 2 TO OCTOBER 31ST

SUN	MON	TUES	WED	THURS	FRI	SAT
1 A BOUNTY OF GOOD WISHES	2 CRIB TODAY 12:30 Sharp	3 COME IN & ENJOY OUR SPECIAL	4 FREE BINGO TODAY	5 Member Appreciation Day	6 Win Win Win Between 4-7	7 Thanksgiving Dinner 6 pm Music By ???
8 FREE BINGO 2 PM	9 LOUNGE CLOSED TODAY	10 Ladies Auxiliary MTG. 7:30 p.m.	11 FREE BINGO TODAY	12 Member Appreciation Day	13 Executive Meeting	14 MEAT DRAW 3 PM
15 Jean Smith Memorial Crib Tournament	16 CRIB TODAY 12:30 Sharp	17 COME IN & ENJOY OUR SPECIAL	18 FREE BINGO TODAY	19 GENERAL MEETING 7:30 PM	20 Win Win Win Between 4-7	21 Honors & Awards 75TH Anniversary Meat Draw 3 pm
22 Zone Mtg Br#69 Peachland FREE BINGO	23 CRIB TODAY 12:30 Sharp	24 COME IN & ENJOY OUR SPECIAL	25 FREE BINGO TODAY	26 Member Appreciation Day	27 Win Win Win Between 4-7	28 PRIZES FOR BOWLING today during MEAT DRAW 3 PM
29 FREE BINGO 2 PM	30 CRIB TODAY 12:30 Sharp	31 COME IN & TRY OUR SPECIAL HALLOWEEN	HAPPY HALLOWEEN			

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RECREATION & TV GUIDE

TUESDAY, OCTOBER 3 THROUGH MONDAY, OCTOBER 9, 2000

Legion derby winners

Overall winner - Bill Weller
 Two day most weight (F) - Elaine Cook
 Two day most weight (M) - Norm Cook
 Two day most weight (C) - Dillon Jensen
 Most Weight Saturday - Albert Very
 Most Weight Sunday - Keith Frankland
 Biggest Fish Saturday - Marg Obey
 Biggest Fish Sunday - Jim Powell
 Smallest Fish - Charlie Weatherbie
 Skunked - Wilf Obey
 Hidden Weight - Beryl Mullin, Ted Trevor, Bob Huckle, Flossie Parsons, Ena Weller, Elaine Bouvette, Al Russell.
 Raffle Draw winners:
 First - Trinu Adams
 Second - J. Bev
 Third - Mike Carlson
 Home Security System - Bob Morrison
 50/50 - Amanda Anderson
 Turkey - Judy Robinson
 The Sports Committee of the Royal Canadian Legion Branch 56 is grateful to the merchants and citizens of Princeton, far too many to list, who donated items to our prize tables during the past year. Legion functions would not be the successes that they are without the generosity of the community.
 The Legion expects to see everyone there next year!



This kitten was abandoned at the rest stop on Highway 3 near the red bridge west of Keremeos. Two Princeton people tried to capture it, but it was too skittish. They reported it to Willy Barth, who works for the SPCA out of Princeton, so the kitten could be trapped and taken to a safe location. Abandonment of unwanted pets is a problem The SPCA faces continually.

Lady golfers end season with awards

by Linda Angstadt

On Tuesday, September 26, lady golf members gathered at the clubhouse to bring the "official" golf season to an end. We quickly went to the business of the evening, setting important dates for 2001 events. We decided to sponsor a "Hole Sign" for our new 18 hole course. Quite a few ladies volunteered to join our quilting bee over the winter, as we create the much coveted quilt for top prize at the ladies open tournament. This has become tradition and visiting golfers look forward to it every year. Barb Gould won the quilt for 2000. Anyone who was not at the meeting who would like to join our "stitch and yak" sessions should mention it to Linda Angstadt or Elaine Harwood before January - we'll welcome you with open arms.
 Members heard the report on the recent visit of provincial and district course raters. They were here to set the rating for the new expanded 18 hole golf course. The raters were absolutely delighted with what they

saw. In the words of Jane Coombes of Penticton, "the par 3's on the back nine are "fabulous." We can't wait to get a crack at it in the spring. Fair warning though - handicaps will be going up, for awhile at least. The fun part of the evening was recognizing all of our winners from the club events of the season. Personal achievement pins were awarded this year to Lorretto Emmons and Georgina Longstaff for breaking 100. Wanda Marshall received her break 90 pin and Sharleen Clifton received a pin for her eagle on #6.
 Match play: 18 hole winner - Beryl Mullin, runner up - Betty Jarvis
 18 hole team winners - Beryl Mullin and Helen Rogers, runners up - Linda Angstadt and Joann Roberts.
 9 hole match - winner Barb Gould, runner-up - Debbie Sicker
 Most Improved Golfer - Diane Rodewoldt, runner up - Muriel Peterson
 Pin Round winner - Lorraine Kirby.
 Continued on page 11.....

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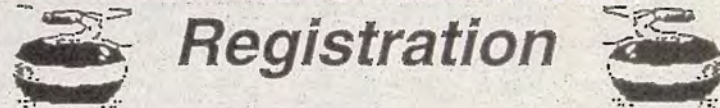
CONTROL CONTEST



Throughout the month of September, Princeton Light & Power Customers were invited to Mail, Fax, E-mail, or drop a note off at the office explaining how they were taking control of their electricity. Four draws were made with Winners receiving \$25.00 credits to their P. L. P. Account. The final Draw, for a \$150.00 credit, was made on September 29th. Remember shifting electricity "Off Peak" means we all win. Come into the office and pick up your resource kit explaining how you too can take control.

The GRAND PRIZE Winner of a \$150.00 Credit to their P. L. P. Account is : KAY GOGLIN
 Princeton Light and Power Co. Ltd., 231 Bridge Street, Box 700, Princeton, BC, V0X 1W0, Fax 295-3611, E-mail us at pass@plpower.com

CURLING SEASON



Registration

October 7th and 21st

10:00 AM - 4:00 PM

at Princeton Curling Rink

- Ladies League

Monday	Mary (295-3719)
Wednesday	Loretta (295-7987)
- Men's League

Tuesday	Bob (295-3205)
Thursday	Ron (295-7890)
- Mixed League

Tuesday	Shauna (295-0112)
Friday	Shauna (295-0112)
- Seniors League

Thursday Aft.	Lila (295-3502)
---------------	-----------------

UPCOMING EVENTS

- Curling Clinic

October 7th	10 AM - 4 PM
October 21st	10 AM - 4 PM
- League Play Starts

October 10, 2000	
------------------	--
- Mini Spiel

October 14 and 15	
-------------------	--
- A G M / Pot Luck Supper

October 14	
------------	--
- Mixed Open Bonspiel

November 24, 25 and 26	
------------------------	--
- Junior District Playdowns

December 2 and 3	
------------------	--

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 (GREEN HOURS)

LOOK FOR: **TIMES - BLACK ON WHITE**

Tips

Do your laundry and cleaning during the "GREEN ZONES"



ATTENTION:
 Shoulder Season runs:
 September 1st to October 31st

Tuesday Movies

MORNING

10:00 am CITY (29) ★★½ "Meeting Venus" (1991, Comedy) Glenn Close. A Swedish diva's icy heart melts for her conductor amid the backstage turbulence of an international production.

11:00 am WTBS (3) ★★½ "Matlock: The Witness Killings" (1992, Mystery) Andy Griffith. On a hometown visit, Ben Matlock is retained to defend a man charged with two homicides linked to a 15-year-old crime.

AFTERNOON

5:00 pm WGN (33) ★★½ "Delta Force 2" (1990, Adventure) Chuck Norris. An American colonel and his elite Marine unit head to South America to bring a sadistic drug czar to justice. (In Stereo) (2)

5:05 pm WTBS (3) ★★½ "For Your Eyes Only" (1981, Adventure) Roger Moore. Secret agent James Bond tracks a criminal who has pilfered a top-secret defense device from the waters off Greece.

EVENING

6:00 pm CITY (29) ★★½ "Copycat" (1995, Suspense) Sigourney Weaver. A criminal psychologist and two homicide detectives pursue a psychopath who is imitating infamous

serial killers.

7:55 pm WTBS (3) ★★½ "Octopussy" (1983, Adventure) Roger Moore. A Russian general plans an attack against Western Europe, and it's up to British agent James Bond to stop him.

9:00 pm FAM (26) ★★½ "Summer of the Monkeys" (1998, Adventure) Michael Ontkean. A boy hopes to use reward money from capturing escaped monkeys to buy a horse, but he befriends the creatures instead. (In Stereo) (2)

9:05 pm CITY (29) ★★½ "This Boy's Life" (1993, Drama) Robert De Niro. In 1950s Seattle, a rebellious youth locks horns with his new stepfather. Based on Tobias Wolff's book. (2)

10:40 pm FAM (26) ★★½ "The Flight of the Grey Wolf" (1976, Adventure) Jeff East. A teenager and his pet wolf seek sanctuary in the wilderness after the animal is wrongly branded a killer. (In Stereo) (2)

10:45 pm WTBS (3) ★½ "Poison Ivy II: Lily" (1996, Drama) Alyssa Milano. When a beautiful young art student unearths an old diary, its passages sweep her away into a world of obsession.

11:30 pm CITY (29) ★★ "Stepping Out" (1991, Comedy) Liza Minnelli. A dance teacher puts her students on the road to self-discovery as she teaches them tap. Based on Richard Harris' play. (2)

Fall Fair ribbon winners

Open Sheep

yearling ewe: 1. Sarah Van Heeswijk 2. Peter Newman 3. Vince Milligan

Ewe lamb - Hampshire: 1. Clara Coyne 2. Chris Newman 3. Sarah Van Heeswijk

Southdowns: 1. Vince Milligan 2. Sarah Van Heeswijk

Overall ewe lamb: 1. Clara Coyne showing for Judy Lee 2. Vince Milligan 3. Chris Newman showing for Judy Lee

Market lamb: 1. Judy Lee 2. Chris Newman 3. Vince Milligan

4-H sheep pre-club: Jessie Cook and Miranda Newman - firsts

Junior: Clara Coyne - Grand Champion; Peter Newman - Reserve Champion

Senior: Sarah van Heeswijk - Grand Champion and Reserve Champion

Yearling ewe: Sarah van Heeswijk, Peter Newman, Clara Coyne

ewe lamb: Sarah van Heeswijk

Market lamb: Chris Newman, Jessie Cook, Miranda Newman

Turkeys: Toms: 1. Bill Gabour 2. Vince Milligan 3. Vince Milligan

Hens: 1. Vince Milligan 2. Bill Gabour 3. Vince Milligan

Pair: 1. Bill Gabour 2. & 3. Vince Milligan

Rooster: 1. Glen Esdale (Buff

Orpington 2. Vince Milligan (Araucanas) 3. Vince Milligan (Polish)

Rabbits: Doe: Firsts awarded to Peter Newman, Jessie Cook, Cullen Smart, Chris Newman. Seconds awarded to Miranda Newman, Julia Darel.

Fancy Doe: 1. Miranda Newman 2. Jessie Cook 3. Cullen Smart

Commercial Doe: 1. Fran Lepp 2. Chris Newman 3. Julia Darel

Junior Commercial Doe: 1,2 & 3: Fran Lepp

Fancy Buck: 1. Peter Newman 2. Miranda Newman 3. Jessie Cook

Commercial Buck: 1 & 3 - Fran Lepp 2. Chris Newman

Bucks: Grand Champion - Peter Newman

Reserve Champion - Miranda Newman

Rating blue ribbon: Jessie Cook, Chris Newman, Cullen Smart

Cavy (Guinea pig): Sows: 1. Danielle Temple 2. Evan Esdale 3. Evan Esdale

Boars: 1 & 2 - Evan Esdale

Breed: Sows: Grand Champion - Danielle Temple

Reserve Champion - Evan Esdale

vidual awards .Noreen Barkley - needlecraft, canning, hobby

Mary Bell - needlecraft

Debbie Boyce - Canning, baking, Handicrafts, flowers

Diana Cavalier - photography

Ross Chaston - photography, vegetables, flowers

Jackie Chaston - Leisure Craft, art

Coombs - vegetables, plants

Carol Copeland - handicrafts, needlecraft

Denis Clement - vegetables

Joan Chunk - Leisurecraft

Donna Currie - photography

Grant Davies - photography

Joseph Dube - art

Sandra Earle - Canning, baking, flowers, vegetables, art, needlecraft, leisurecraft

George Elliott - Photography

Marg Eyre - Baking, canning, Leisure Craft, plants, art.

Cheryl Ferguson - native art, needlework, sewing

Guadalupe Guterrez - Art

Sue Gubbels - needlecraft

Kay Goglin - LeisureCraft, art

Patty Harrower - Art

Nancy Holt - needlecraft

Ellen Hiback - needlecraft, baking

Vi Hill - needlecraft

Heather Irvine - needlecraft

Walter Hogg - plants

The following is a list of individuals who received ribbons for their exhibits. The categories they entered are listed, but not the indi-

Shop Locally THE SIMILKAMEEN NEWS LEADER Owned by a LOCAL COMPANY Operated by LOCAL PEOPLE PHONE 295-4149 FAX: 295-4103

TUESDAY, OCTOBER 3, 2000

YELLOW ZONES - MOD COST GREEN ZONES - LOW COST

Channel schedule table with columns for WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN and rows for time slots from 6 AM to 11 PM.

Wednesday Movies

MORNING

10:00 am CITY (29) ***"Trapped in Space" (1995, Science Fiction) Jack Wagner. Crewmembers must resort to suicide or murder when a meteor strike leaves their spaceship without enough oxygen for all.

9:05 pm CITY (29) ***"Trapped in Space" (1995, Science Fiction) Jack Wagner. Crewmembers must resort to suicide or murder when a meteor strike leaves their spaceship without enough oxygen for all.

AFTERNOON

5:00 pm WGN (38) ***"Hero and the Terror" (1988, Suspense) Chuck Norris. A Los Angeles police officer launches an obsessive search for a serial killer preying on local women. (In Stereo)

10:35 pm WTBS (3) ***"Hostile Waters" (1997, Suspense) Rutger Hauer. An allegedly fact-based story about a collision between American and Soviet submarines and the crisis that followed.

EVENING

8:00 pm FOX (25) ***"Father of the Bride" (1991, Comedy) Steve Martin. A harried patriarch faces separation anxiety, exorbi-

11:00 pm CITY (29) ***"Malcolm X" (1992, Biography) Denzel Washington. Spike Lee's portrait of the small-time Harlem criminal who became an internationally known civil rights advocate.

Fall Fair ribbon winners from page 10....

Olive Howarth - Baking, Decorated flowers, Canning, vegetables, Plants and Needlecraft
Terry Jantzen - Crochet, vegetables
Dawn & Barry Johnson - Vegetables, Leisure Craft
Ellie Korpan - Needlecraft, Handicraft, Baking, Canning
Colleen Kunderman - Baking, Art, Handicraft, vegetables, canning, plants and flowers.

photography
Michele Megrath - Needlecraft
Norm McGivern - Leisure Craft
Barb Milde - Needlecraft
Gann Noppe - Photography
Ben Mazzearella - vegetables, fruit, jam.
Janet Middleton - needlecraft, jam
June Marchant - needlecraft
Vince Milligan - Handicraft

Linda Neuman - art
Carol Ruoss - canning, baking
Sharon Rose - needlecraft
Tom Ryan - handicraft, wood-work
Helen Sheppard - baking
Freda Shroeder - canning, vegetables
Donna Slatten - collection, ceramics
Mary Storey - Canning

Ladies golf from page 9

runner up - Faye Knowler
The "Ringer" Board - Most strokes off her game - Muriel Peterson
Low Round - Jean Trewella
Jean Trewella won the Birdie Tree. Par Tree winners were Beth Norman, Georgina Longstaff and Dierra Musselman.
The evening ladies league was for-

fortunate in having these sponsors: Labatt's, Bacardi, Pacific Western Brewing, Valley First Credit Union and Wanda Marshall.
Ladies will continue to golf as long as the good weather holds out. Thanks for a good season. We have much to look forward to next year. See you in the spring.

Bumper stickers you'll remember

- I just had skylights put in my place - the people above me are furious.
You're so boring, if you threw a boomerang it wouldn't come back to you.
Chilli's like sex - when it's good it's great and when it's bad, it's not so bad.
Politicians and diapers should be changed regularly and for the same reason.
Life is sexually transmitted.

Why does everybody read THE NEWS LEADER? Because NEWS is our business. Includes illustration of a woman reading a newspaper.

This Week ONLY! Deadline for display ads NOON THURSDAY. The News Leader staff thinks they earned a weekend off!

WEDNESDAY, OCTOBER 4, 2000

YELLOW ZONES - MOD COST GREEN ZONES - LOW COST

Grid of TV channels and programs for Wednesday, October 4, 2000. Columns include channel numbers and program titles. Rows represent time slots from 6 AM to 11 PM.

Thursday Movies

MORNING

10:00 am CITY 29 ★★★"Samuel Lount" (1985, Drama) R.H. Thomson. After an encounter with a journalist, a religious pacifist becomes involved in a rebellion against colonialism in 1837.

11:00 am WTBS 3 ★★★"Matlock: Nowhere to Turn" (1990, Mystery) Andy Griffith. Matlock is accused of murdering the Los Angeles judge who was presiding over his latest case. From the TV series.

AFTERNOON

5:00 pm WGN 28 ★★★"Missing in Action" (1984, Adventure) Chuck Norris. An American colonel trying to convince the world that MIAs are still imprisoned in Vietnam travels to Ho Chi Minh City. (In Stereo)

5:05 pm WTBS 3 ★★★"Live and Let Die" (1973, Adventure) Roger Moore. Secret agent James Bond dodges sharks, crocodiles and voodoo spells while searching for a Caribbean drug operation.

EVENING

7:50 pm WTBS 3 ★★★"The Man With the Golden Gun" (1974, Adventure) Roger Moore.

James Bond must retrieve a solar device from a high-priced hit man who uses golden bullets to dispatch his victims.

8:00 pm FOX 25 ★★★"Air America" (1990, Adventure) Mel Gibson. During the Vietnam War, a co-pilot has a sobering effect on his partner, a CIA-sanctioned drug smuggler.

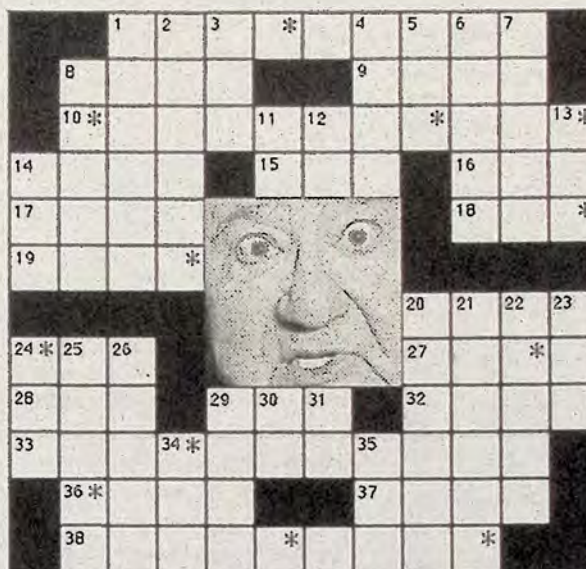
9:00 pm FAM 26 "Don't Look Under the Bed" (1999, Fantasy) Erin Chambers. A girl calls on her brother's imaginary friend to banish a mischievous boogeyman who has framed her for his pranks. (In Stereo) 28

9:35 pm CITY 29 ★★★"The Getaway" (1972, Adventure) Ali MacGraw. A parolee and his wife take part in an ill-fated bank heist engineered by a corrupt prison official.

10:35 pm WTBS 3 ★★★"Kelly's Heroes" (1970, Comedy) Clint Eastwood. An American Army lieutenant sets his sights on swiping \$16 million worth of Nazi gold from behind enemy lines.

FAM 26 ★★★"In Search of the Castaways" (1962, Adventure) Maurice Chevalier. An elderly professor takes two children on a globe-trotting expedition to find their missing father. 28

TV CROSSWORD



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

ACROSS

- Role on *Providence* (2)
- Actress Skye
- Explosive peak
- Morning personality (2)
- Ms. Meara
- Howard, for one
- Eggs, in Latin
- Cut of meat
- ... *There Be Stars*; '49 musical variety series
- Astonished
- Neat as ...
- 1989 Sammy Davis Jr. movie
- ... *in the Whirlwind*; '65 Jack Nicholson film
- Give ... try
- ... *the People*; '65 William Shatner series
- Make eyes at

DOWN

- Role on *Happy Days*
- Mean
- "... sick, and you visited ..."; was in prison ... (Matthew 25:36)
- ... *Rider* (1990-94)
- Erwin, for one
- Sign up
- Like *Georgette on the Mary Tyler Moore Show*
- ... *Why the Caged Bird Sings*; '79 TV movie

LAST WEEK'S SOLUTION

SEPTEMBER 26

JANECURTIN
WIT MIMI DID
EFREM TELLA
S ALANHALE N
TV K M AN
WIG ACE ALF
SE G A SO
W GOLDBERG R
OLIVE AFACE
NAN APAR YAK
PAT PAULSEN

Solution
Lindsay Wagner
© TV Data Features Syndicate

This Week's solution will be in the next Issue of

NEWS LEADER
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CROSSWORD

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THURSDAY, OCTOBER 5, 2000

YELLOW ZONES - MOD COST

GREEN ZONES - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (14)	VTV (15)	DISC (16)	FOX 4 1 (17)	FAM (18)	KTAL (19)	CITY (20)	WGN (21)
6 AM	Little House	News	(Off Air)	Body Elec. News	News	News	L.A. Law "Pigmalion"	(5:00) News	(5:00) News	(5:00) News	Hamster	Sportsdesk	VTV Breakfast (N)	Discovery.ca	4 1 Underdog	Little Lulu	News (ESP)	Maury	Parent
7 AM	Little House	Mechanics	Teletubbs	Dragon	Today Vice-presidential debate preview. (N)	Early Show (N)	Murder, She Wrote	Good Morning America			Fuzzpaws	Sportsdesk		Forbidden Places	Garfield	Franklin	Morning News (ESP)	Cityline Home day.	Cosby
8 AM	Mama	Huntley Street	BluesClues	Barney			Magnum, P.I.	Actress Minnie Driver. (N)	Canada AM (Left In Progress)	100 Huntley Street	Jetsons	Sportsdesk		Wild Disc	Magic Bus	Art Attack		Money Mornings	MacGyver
9 AM	Matlock	Dressup	Rainbow	Sesame Street (El)	Live With Regis (N)	Brown	Night Court	Martha Stewart Living	World Vision	Rupert	Off-Record	Live With Regis (N)	Discovery.ca	Paid Prog.	PB J Otter	Sally	News		Matlock
10 AM	Hunter	Price Is Right	Elliot	Lions	Today (N)	Price Is Right	Law & Order "Mayhem"	The View (N)	Travel	Distant Rd	Mouse	Fit Kick	The View (N)	Crocodile Hunter	Jenny Jones (N)	Madeline	Sally	Movie: "Samuel Lount"	News
11 AM	Movie: "Matlock: Nowhere to Turn" (1990)	Young and the Restless	English	Clifford	Divorce	Young and the Restless	Northern Exposure	Paid Prog.	Curtis	News	Fuzzpaws	PGA Golf: Michelob Champion	Vicki Gabereau	Devil's Playground	Montel Williams	Goof Troop	Lane	(1985) R.H. Thomson.	Caroline
12 PM		News	World at War	Europe	Extra	News	L.A. Law "Pigmalion"	All My Children	News	Days of Our Lives	Rugrats	Ship -- First Round.	ER "Ambush"	Storm Warning!	Men Are From Mars	ALF	Little House	Cityline Home day.	Change Street
1 PM	Cosby	As the World Turns	Country Artists	My Studio	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	House	Bynon	Country Mouse	Women's Golf: Lorie Kane	Marriage Passions	Storm Warning!	People's Court (N)	PB J Otter	Sister, Sis.	Star Trek: Next Gener.	Fam. Mat.
2 PM	Full House	North of 60 "Limbo"	Career	Sit-Be Fit	Passions	Gulding Light	Magnum, P.I.	General Hospital	Rosie O'Donnell	Passions	George	General Hospital	Beyond 2000	Paid Prog.	Madeline	Histerial	Sexwars	7th Heaven	
3 PM	Roseanne	Corona'n	Biologix	Mr Rogers	Divorce	Judy	Night Court	Maury	Dr. Laura (N)	Arrest	Magic Bus	Off-Record	Vicki Gabereau	Crocodile Hunter	Dungeons	Goof Troop	Sylvester	News	
4 PM	Fresh Pr.	Clueless	Mechanics	Lions			Oprah Winfrey	Law & Order "Mayhem"	Dr. Laura (N)	Oprah Winfrey	Rugrats	Hockey	NHL Hockey: Vancouver Canucks	Discovery.ca (N)	X-Men	Doug	Pokemon	Seinfeld	
5 PM	Movie: "Live and Let Die"	News	Art Attack	News	News	News	Biography "Jack Webb"	ABC News	News	News	Pokemon	Dog Show	Philadelph in Flyers. (Live)	Wild Disc	Major League Baseball Playoffs: Division Series Game 2 -- Teams TBA	Recess	7th Heaven	Media	
6 PM	Adventure Roger Moore, Jane Seymour.	Friends	Changing	News-Lehrer	Political Debate (Live)	Political Debate (Live)	Murder One	Political Debate (Live)	News	Ready-Not Entertain	Two-Kind	Women's Golf: Lorie Kane	ER "Pilot" (N)	Sky's the Limit (N)	Little Lulu	Sabrina	RoboCop: Prime Directives	Chuck Norris	
7 PM		Entertain	Country	Richest Little Girl			Investigative Reports		Fortune	Dawson's Creek (N)	Action Man	Friends	Future	News	Movie: "Don't Look Under the Bed"	Friends	News	In the Heat of the Night	
8 PM	Movie: "The Man With the Golden Gun" (1974)	Friends	Shadowmaker	Mystery/ "Lady Audrey's Secret"	Friends	48 Hours (N)	Law & Order "I.D."	Be a Millionaire	Be a Millionaire	Friends	Beast	Sportsdesk	Madigan	Discovery.ca	Movie: "Air America" (1990) Mel Gibson.	Honey, I Shrunk	Gilmore Girls "Pilot" (N)	News	
9 PM		Will-Grace	War of 1812	News	To Be Announced		Biography "Jack Webb"	Entertain	Who's?	Will-Grace	Opposite Sex	Motoring	Who's?	Discovery.ca	News	Movie: "In Search of the Castaways"	News	MacGyver	
10 PM	Movie: "Kelly's Heroes" (1970)	Magazine	Sacred Journey	Idaho	Fortune		Murder One	Home Imp.	ER	News	Gamerz	Dave Hodge	Power Play	Wild Disc	News	Friends	News	MacGyver, Steve McQueen.	
11 PM		News	Dotto's	Charlie Rose	News	News	Investigative Reports	News	CTV News	Cheers	Action Man	Sportsdesk	News	Sky's the Limit	Cops	Friends	Suddenly	Paid Prog.	

Saturday Movies

MORNING

7:00 am WTBS ③ ★★½ "On Her Majesty's Secret Service" (1969, Adventure) George Lazenby. James Bond finds love with a mobster's daughter while attempting to thwart arch-villain Blofeld's latest plot.

10:00 am WGN ③ ★★ "House Party" (1990, Comedy) Christopher Reid. Two rap artists face countless obstacles while trying to stage a neighborhood bash at their parents' vacant home. (In Stereo)

AFTERNOON

12:00 pm FAM ② "Under Wraps" (1997, Adventure) Adam Wylie. While three children come to the aid of a 3,000-year-old mummy on Halloween, a criminal has plans of his own. (In Stereo)

1:00 pm CITY ② ★★½ "The Man Who Knew Too Little" (1997, Comedy) Bill Murray. A tourist in London wrongly believes that the spies and assassins in his path are part of an elaborate game.

1:30 pm FAM ② ★★½ "Pufnstuf" (1970, Fantasy) Jack Wild. Talking animals and bumbling witches await a boy with a magic flute in this adaptation of the "H.R. Pufnstuf" series.

2:35 pm WTBS ③ ★★½ "Air America" (1990, Adventure) Mel Gibson. During the Vietnam War, a co-pilot has a sobering effect on his partner, a CIA-sanctioned drug smuggler.

5:00 pm CITY ② ★★ "Ransom" (1996, Suspense) (PA) Mel Gibson. A wealthy executive puts a bounty on the head of his son's kidnapper after FBI agents botch a chance to rescue the boy. (In Stereo)

WGN ③ ★★½ "Red Heat" (1988, Drama) Arnold Schwarzenegger. A Soviet policeman and an American cop tear up

the streets of Chicago in pursuit of a Russian drug smuggler.

5:05 pm WTBS ③ ★★ "Dr. No" (1962, Adventure) Sean Connery. Secret agent James Bond uncovers an evil scientist's plans to divert missiles launched by the United States.

EVENING

7:35 pm WTBS ③ ★★½ "From Russia With Love" (1963, Adventure) Sean Connery. Secret agent James Bond battles the deadly forces of SPECTRE as he searches for a Russian coding machine.

8:00 pm KXLY ⑩ ★★ "Ransom" (1996, Suspense) (PA) Mel Gibson. A wealthy executive puts a bounty on the head of his son's kidnapper after FBI agents botch a chance to rescue the boy. (In Stereo)

KTLA ② ★★½ "Life With Mikey" (1993, Comedy) Michael J. Fox. The irresponsible head of a talent agency gains a new perspective when fate pairs him with a streetwise 10-year-old.

8:30 pm WGN ③ ★★ "First Blood" (1982, Drama) Sylvester Stallone. Vietnam veteran John Rambo leads police on a dangerous wilderness hunt after escaping from a brutal sheriff.

9:00 pm FAM ② ★★ "Tower of Terror" (1997, Mystery) Steve Guttenberg. A luckless journalist investigates the disappearance of five people from a hotel elevator 60 years earlier. (In Stereo)

10:00 pm CITY ② ★★ "Police Academy 2: Their First Assignment" (1985, Comedy) Steve Guttenberg. The zany graduates attempt to stop rampant acts of vandalism when they take to the meanest beat on the streets.

10:10 pm WTBS ③ ★★ "The Longest Yard" (1974, Comedy) Burt Reynolds. An imprisoned

quarterback coaches a group of convicts for a no-holds-barred football game against the guards.

10:30 pm FAM ② ★★ "The Sword and the Rose" (1953, Drama) Richard Todd. Mary Tudor attempts to defy her brother King Henry VIII when he insists that she marry the king of France.

WGN ③ ★★ "Billy Bathgate" (1991, Drama) Dustin Hoffman. Based on E.L. Doctorow's novel of 1930s mobster Dutch Schultz, as seen through the eyes of his trusted protege. (In Stereo)

**Please read
Community Datebook
in the TV Guide
before planning your
big events.
Pick a date when
nobody else is having a
big event!**

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nwsleadr@plpower.com**

Community Datebook

- OCTOBER**
- 2 - Princeton Town Council meeting 7 pm
 - 3 - PGH Auxilliary meeting 2 pm Hospital Board room **NOTE DAY CHANGE** For info 295-3971
 - 4 - Save PGH Action Committee meeting 7 pm Elks Hall
 - 5 - Princeton Arts Council meeting 7 pm Old Firehall all welcome
 - 8 - MERRITT CENTENNIALS Princeton arena Elks meeting Princeton 2 pm Elks Hall
 - 9 - Thanksgiving
 - 10 - Annual GREAT ZUCCA FEST & GOURD CRAFTS FAIR Grist Mill, Keremeos
 - 14,15 - Midget Hockey tournament Princeton
 - 15 - Princeton Elks meeting 2 pm Elks Hall
 - 22 - Elks, Royal Purple potluck & meeting 5:30 pm Elks Hall
 - 30 - Community Health Advisory meeting 7 pm Town Hall
- NOVEMBER**
- 1 - Save PGH Action Committee 7 pm Elks Hall
 - 4 - Museum Flea Market
 - 4,5 - Pee wee Hockey tournament
 - 7 - Hospital Auxilliary meeting PGH Board Room
 - 11 - REMEMBRANCE DAY (Saturday)
 - 11,12 - Bantam Hockey tournament
 - 12 - Princeton Elks meeting 2 pm Elks Hall
 - 14 - PXA AGM 7 pm Town Hall
 - 17,18,19 - PW AAA Princeton arena
 - 19 - Princeton Elks, Royal Purple potluck 5:30 pm Elks Hall
 - 26 - Princeton Elks meeting 2 pm Elks Hall
- DECEMBER**
- 2,3 - Novice Hockey tournament
 - 10 - Princeton Elks meeting 2 pm Elks Hall
 - 24 - Christmas Eve (Sunday)
 - 25 - CHRISTMAS DAY (Monday)
 - 26 - Boxing Day - Tuesday
 - 31 - NEW YEAR'S EVE (Sunday)
- JANUARY 2001**
- 12,13,14 - PUMPKINS tournament
- FEBRUARY**
- 2,3,4 - GENTS tournament

SATURDAY, OCTOBER 7, 2000

	WTBS ③	CHBC ④	KNOW ⑤	KSPS ⑥	KHQ ⑦	KREM ⑧	A&E ⑨	KXLY ⑩	BCTV ⑪	CITY ⑫	YTV ⑬	TSN ⑭	VTV ⑮	DISC ⑯	FOX ⑰	FAM ⑱	KTLA ⑲	CITY ⑲	WGN ⑳
6 AM	Fam. Mat.	Clifford	(Off Air)	Trailside	5:30 Today (N)	Saturday Show	America's Castles	Gardening	Acorn	Paid Prog.	Bunnies	Sportsdesk	Good Morning Canada	Discovery.ca	Paid Prog.	Little Lulu	Paid Prog.	Indo	Video
7 AM	Movie: "On Her Majesty's Secret Service" (1969)	Peiswick	Elliot	Aboard	News	BluesClues	House Beautiful (N)	Doug	News	News	Pippi	Fishing	Forbidden Places	Rangers	Microsoap	MeninBlick	Eye on Asia (In Hindi)	Paid Prog.	Paid Prog.
8 AM	George Lazenby.	GetUpGrow	Magic Bus	Router	Little Bear	Travels	Weekend	Weekend	Weekend	Weekend	Digimon	Motoring	Doug	Wild	Digimon	Clarissa	Jackie	Polish Studio	Paid Prog.
9 AM	NHL-Shots	NHL-Shots	SpaceCase	Workshop	College Football: Florida State at Miami (Live)	Night Court	Teachers	Teachers	Teachers	Teachers	Dragon-Z	Bowling: 10 Pin	Weekend	Discovery.ca	Beast	Jersey	Pokemon	Originals	Soul Train (N)
10 AM	Auto Racing: NASCAR Grand National - All Pro	Olympians	Dudley	Yan-Cook	Solheim Cup - Second Day	Northern Exposure	Pepper	Investors	Investors	Thornbert	Equestrian: Thunderbird Show	Teachers	Crocodile Hunter	Escaflwn	Z Games	Batman	Home day.	Movie: "House Party" (1990)	Movie: "House Party" (1990)
11 AM	Bumper to Bumper 300.	Right to Play (N)	Sew Much	TwoFat	College Football: Stanford at Notre Dame (Live)	Love Chronicles	College Football: Regional Coverage - Teams to Be Announced (Live)	Home	Hit Spot	Video	PGA Golf: Michelob Championship	Chatroom	Flight: Arrival	Major League Baseball Playoffs: Division Series	Aladdin	Earth: Final Conflict (N)	News	FashionTV	Beastmaster (N)
12 PM	Auto Racing: NASCAR Happy Hour	Tiger-Cats at Toronto Argonauts (Live)	Artists	Body	City Confidential	Investigative Reports	American Justice	Reel	DV8	Sailr Moon	Legends of Hockey	On the Waterfront	You Asked Timeslot	Storm Warning	Seahawks	Mickey	Xena: Warrior Princess	Relic Hunter (N)	Fresh Pr.
1 PM	Movie: "Air America" (1990) Mel Gibson, Robert Downey Jr.	Renker	Delia's	Wild Europe	Outdoor	Behind Closed Doors V	Biography	College Football: San Diego State at Wyoming (Live)	Fortune	News	Mona	vs. Steve Johnston.	Green Pieces	How'd They Do That?	Queen of Swords (N)	PB J Otter	Andromeda (N)	Movie: "Ransom" (1996)	Movie: "Red Heat" (1988)
2 PM	Movie: "Dr. No" (1962)	Peiswick	Zoboo	MotorWeek	News	CBS News	Miss Marple	Jeopardy!	Bordertown	Freaky	Boxing: Alex Bunema vs. Golden Johnson.	News	Vets	Nash Bridges	Little Lulu	Fresh Pr.	Friends	Seinfeld	News
3 PM	Sean Connery, Ursula Andress.	GetUpGrow	Creatures	Lawrence Welk	Hollywood	Seinfeld	Friends	Higher Ground	Addams Alien	Worst Big Wolf	Boxing: Alex Bunema vs. Golden Johnson.	News	Into the Unknown (N)	NYPD Blue	Roze	Friends	Seinfeld	News	Darkside
4 PM	Movie: "From Russia With Love" (1963)	Renker	Delia's	Wild Europe	Outdoor	Behind Closed Doors V	Biography	Emily of New Moon (N)	Andromeda (N)	Big Wolf	Boxing: Kirk Johnson vs. Oleg Maskaev. (Live)	News	Twice in a Lifetime	Connection	Cops (N)	Jersey	Movie: "Life With Mikey" (1993)	SexTV	Movie: "First Blood" (1982)
5 PM	Sean Connery.	GetUpGrow	Creatures	Lawrence Welk	Hollywood	Seinfeld	Friends	Higher Ground	Addams Alien	Worst Big Wolf	Boxing: Kirk Johnson vs. Oleg Maskaev. (Live)	News	Twice in a Lifetime	Connection	Cops (N)	Jersey	Movie: "Life With Mikey" (1993)	SexTV	Movie: "First Blood" (1982)
6 PM	Movie: "The Longest Yard" (1974)	Renker	Delia's	Wild Europe	Outdoor	Behind Closed Doors V	Biography	Higher Ground	Addams Alien	Worst Big Wolf	Boxing: Kirk Johnson vs. Oleg Maskaev. (Live)	News	Twice in a Lifetime	Connection	Cops (N)	Jersey	Movie: "Life With Mikey" (1993)	SexTV	Movie: "First Blood" (1982)
7 PM	Eddie Albert	Renker	Delia's	Wild Europe	Outdoor	Behind Closed Doors V	Biography	Higher Ground	Addams Alien	Worst Big Wolf	Boxing: Kirk Johnson vs. Oleg Maskaev. (Live)	News	Twice in a Lifetime	Connection	Cops (N)	Jersey	Movie: "Life With Mikey" (1993)	SexTV	Movie: "First Blood" (1982)
8 PM		Renker	Delia's	Wild Europe	Outdoor	Behind Closed Doors V	Biography	Higher Ground	Addams Alien	Worst Big Wolf	Boxing: Kirk Johnson vs. Oleg Maskaev. (Live)	News	Twice in a Lifetime	Connection	Cops (N)	Jersey	Movie: "Life With Mikey" (1993)	SexTV	Movie: "First Blood" (1982)
9 PM		Renker	Delia's	Wild Europe	Outdoor	Behind Closed Doors V	Biography	Higher Ground	Addams Alien	Worst Big Wolf	Boxing: Kirk Johnson vs. Oleg Maskaev. (Live)	News	Twice in a Lifetime	Connection	Cops (N)	Jersey	Movie: "Life With Mikey" (1993)	SexTV	Movie: "First Blood" (1982)
10 PM		Renker	Delia's	Wild Europe	Outdoor	Behind Closed Doors V	Biography	Higher Ground	Addams Alien	Worst Big Wolf	Boxing: Kirk Johnson vs. Oleg Maskaev. (Live)	News	Twice in a Lifetime	Connection	Cops (N)	Jersey	Movie: "Life With Mikey" (1993)	SexTV	Movie: "First Blood" (1982)
11 PM		Renker	Delia's	Wild Europe	Outdoor	Behind Closed Doors V	Biography	Higher Ground	Addams Alien	Worst Big Wolf	Boxing: Kirk Johnson vs. Oleg Maskaev. (Live)	News	Twice in a Lifetime	Connection	Cops (N)	Jersey	Movie: "Life With Mikey" (1993)	SexTV	Movie: "First Blood" (1982)



The old schoolhouse in Tulameen is on the move. Above, the logs are being dismantled and tagged, one by one, for re-assembling at the new site where it will be a museum. The dog took a protective, if puzzled, attitude toward the venture, and watched every move. Photo by Anne Passey.

Tulameen hears land freeze

by Anne Passey, Tulameen correspondent to the News Leader

The hearing for the exclusion and inclusion of properties into the Agricultural Land Freeze was held at the Tulameen Community Club Hall on Monday, September 25. The meeting went well and was very informative for those who came to voice their concerns. They learned that the revision of the boundaries was instigated by

Regional District of Okanagan Similkameen, which many people felt might be a way to increase regional district taxes.

Residents learned that anybody with less than two acres would not be affected tax-wise. However, those with bigger properties not suited to farming might expect an increase as now their properties could be eligible for sub-division. Those who have properties they

are using for farming were urged to write a letter to the Land Reserve Commission and those properties would be looked at again and reconsidered, if the property owners wanted the property to stay in the land freeze.

There was some concern expressed about the Trans Canada Trail property affected by the Land Freeze.

Call the Leader
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e-mail
nwsleadr@plpower.com



Mr. and Mrs. Ron Jickels

Lakeside wedding brings families together

The sun was shining as family and friends gathered at Chain Lake on August 31, 2000, to bless the marriage of Ron Jickels, son of Gordon Jickels, to Sharon Pelly, daughter of George and Olga Judd, all of Princeton.

Family came from Prince George, Calgary, New Westminster, Langley, Penticton and Salmon Arm. Maid of Honour was Jillian Pelly,

Bridesmaid was Justine Pelly. Best Man was Jordon Jickels. (Thanks to Patty and staff for the awesome hairdos). The ceremony was performed beautifully by Eric and Ruth Goodfellow. Special thanks go to Ron's sisters Patsy, Elaine and Sue - Patsy for arranging the wonderful buffet and cake, sue for her cooking talents, and Elaine for her endless hours of preparation.

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PENNY LOTT

POINTS OF VIEW

OUR VIEW

Have a happy Thanksgiving

Thanksgiving is an ancient festival celebrated in a modern way. There are countries in the world who do not celebrate a day of thanks for the abundance of the annual harvest, but ancient texts, such as the Bible, refer to the harvest festival and the importance of thanking the Creator for the blessings of abundance. The bounty of the land was the key to survival. In North America, the native people, especially those tribes who farmed, gave thanks for the food put away for the winter.

In these modern times, Thanksgiving means more than thankfulness for the harvest. We give thanks for the abundance of all we have, materially and spiritually. We celebrate Thanksgiving as a time for families to be together, to count the blessings of family life as well as the abundance we enjoy.

It is easy to complain about all of the things we do not have and dearly wish we had. It is easy to see the flaws in the economy, to blame politicians, and to resent those who have more. What is not so easy to see is how blessed we are with a social safety net available to everyone. When we complain about our high level of taxation (and we do have cause for complaint!) we must remember that some of the taxes cover the cost of the safety net. Without that safety net, all of us would be poorer — retailers, landlords, manufacturers, restaurants — because there would be less money in circulation. Without sharing the abundance, without Workers' Compensation, Employment Insurance, pensions and social assistance, all of us would be considerably poorer, not just the poor, the old, the ill and the unemployed. When it comes time to count the blessings, think about those nations who have far fewer blessings to count.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

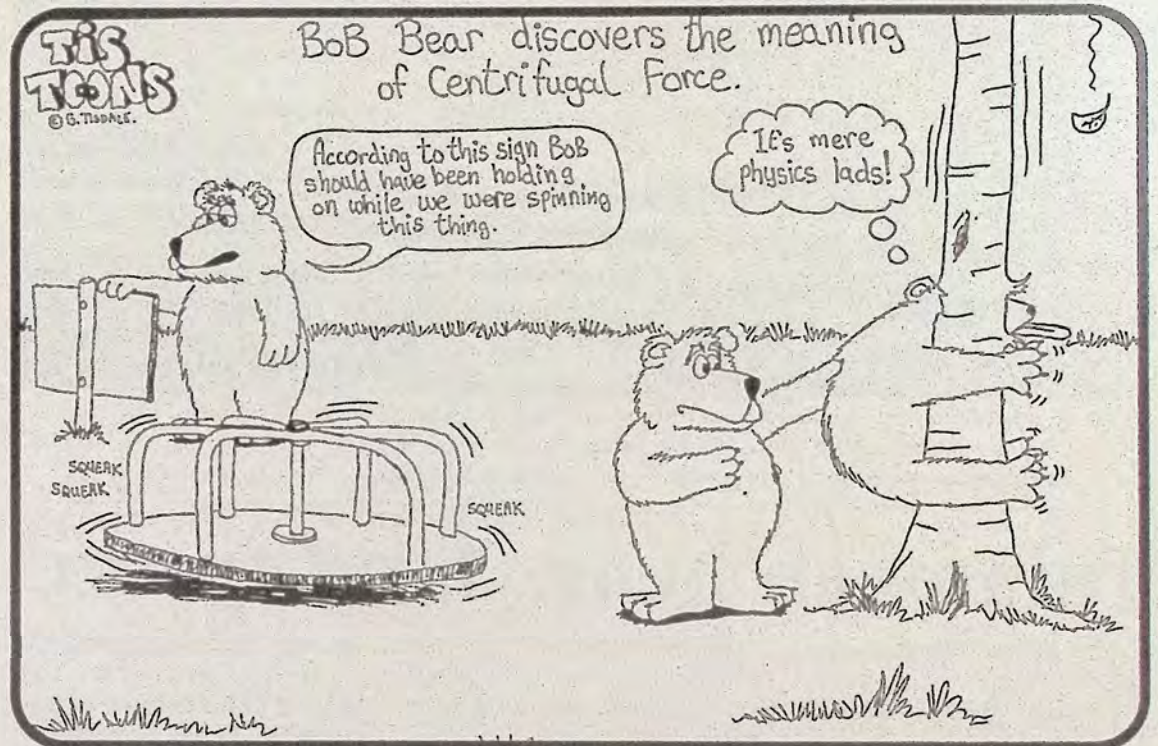
The Editor reserves the right to condense any letter or to substitute proper language for improper language.

THE SIMILKAMEEN NEWS LEADER

Locally Owned and Operated
Published Weekly by Qantalqs Ventures Ltd.
P.O. Box 295
Princeton B.C.
VOX 1W0
#1-195 Bridge St.
Phone: (250) 295-4149 Fax: (250) 295-4103
e-mail nwsleadr@plpower.com

Publisher: Dawn Johnson
Advertising Sales Manager: George Elliott
Office Manager: Sharon Johnson
South Similkameen Reporter: Sue Alton

Circulation 1500 week of August 29, 2000



YOUR VIEW

Citizen says by-election invalid

Dear Editor;

When I received the booklet from Elections Canada, reminding me of my patriotic duty to take part in the election process, I thought of people in some countries who do not have that right, and I felt thankful. I thought about people in some countries where voting is compulsory but they cannot vote for a person or party of their choice, and again, I felt that we are so fortunate. I thought of people in countries where they cherish their voting privileges so much that they have a near perfect voter turnout and I wondered why we think so little of our democratic rights that we have a 40% turnout. It was then that I realized that 20% of the voters in Okanagan-Coquihalla chose our new MP and I felt extremely saddened.

In the past, I rejoiced in the freedoms that we enjoy in Canada. I campaigned for my political

Congratulations on a job well done

Dear Editor:

What an excellent job!

I would like to congratulate Diane Huey, Anna Rose Powell, Evelyn McCallum, Dawn Johnson and Dorothy Stenvold on the fantastic job they did on the Family History Book. These ladies took on a HUGE project and the end result is just outstanding.

Thanks, ladies, this is a book I will read for years to come and treasure forever!

Sincerely,
Lori Thomas

choice, I put up posters, I networked with people I met, I joined phone campaigns, and attended all-candidates forums. Sometimes my candidate would win and sometimes he or she would lose, but I always felt that I had contributed to the electoral process. Most importantly, I felt that I had done my democratic duty..... that is, until the by-election of September 11, 2000.

I believe that the voters of this riding have been scammed. Please allow me to explain: when the election was called, Elections Canada sent an instruction booklet to each candidate. That is standard procedure. At the bottom of page 1, it tells us that there will be a 48-hour advertising and media blackout. It is not until you turn to page 2 where the fine print tells us that we are to ignore the first page because of a ruling by the Alberta Court of Appeal that has overruled Subs. 213(1) and all candidates are free to do as they please. That brings me to my first question: when did it become possible for a provincial court to overturn a federal law?

It would seem that only two of the candidates were aware of the changes and campaigned even on election day. The news media, to their credit, also read the fine print and gained many advertising dollars as a result. Not only did they reap a financial windfall, but used their new-found freedom to run a headline story replete with a picture of the candidate of their choice, proclaiming a landslide victory, even before the polls had opened. (Editor's note: the News

Leader was not the media to whom the writer refers.) My next question is: how many people joined the parade so that they could vote for the winner of this popularity contest? Worse yet, how many people did not bother to vote because of what they had read in their morning newspaper?

Upon phoning Elections Canada for clarification after the by-election, I was told that the Alberta court's decision has also been overturned as of September 1, 2000 but as the election had been called before that date, it was allowed to stand. You may realize that there were 11 days during which all the candidates could have been notified of this second reversal.

Now I am left with many unanswered questions did the federal government's legal advisors work overtime to put the screws to the electorate? Did the little man from Shawinigan see the advantage of having both leaders of the fractured right in the House so that the vote would be split allowing him to come in the back door? Why were the voters saddled with the time and expense of a needless election that was preordained, first by the federal government, then by the prejudiced media? Is it any wonder then that cynicism and apathy abound, resulting in a 40% voter turnout?

I believe the by-election of September 11, 2000, should be declared invalid due to political interference and media bias. What do you think?

Sincerely,
Jeanette T., Penticton.

The Search for Spirituality

Letting go of ego starts the awakening

Behavioural psychologists have identified roles we humans play, all are heroic roles. We spiral through being the victim, the one who blames everyone for everything, and then we move on to be a martyr, brave survivor of everything, or a warrior, brave fighter of all these injustices. We can play the role of seeker, like Jason going to find the golden fleece, or the lone monk living as a hermit in the mountains. All are "hero" roles, and all involve ego. The ego demands an enlarged, heroic view of self.

Behavioural psychologists have another way of describing heroic roles we play. They call them "archetypes", like the gods of Olympus, and we play the role of the banished Poseidon, or the warlike Mars, or the underworld Pluto. Again, all involve ego.

The path to spirituality is through

the absence of ego. First, you have to develop an ego, like a hard shell of a cocoon, then you have to break through the ego, and arrive at the place where the soul sees only itself and the Creator, and sees the link. In the Lord's Prayer, it is best described as "Thy will be done." (Note: thy will, not my will).

Letting go of ego means letting go of an identity bound up in small definitions of self. It does not mean the absence of self, nor the abandonment of morality, it means the absence of definitions that limit the self to roles.

In his book "A Different Drum", psychiatrist M. Scott Peck describes the difficulty of forming a sense of community among people in a group. The problem arises because people do not want to let go of ego and the petty definitions of self. All of the prejudices, opin-

ions and cultural training by which the individuals define themselves must be dissolved before a sense of community can develop.

The *Tao of Power*, the wisdom of letting go of ego is described time and again by the ancient sage, Lao Tsu. To have spiritual power, one must relinquish ego. Lao Tsu says the ego fills up the space and will not allow room for the power to enter. "Medicine" men and women among First Nations people describe a similar condition before spiritual power can enter the soul. (The term "medicine" actually means "spiritual power". Medicine people are power people.)

It is when the ego is dissolved and the power enters that the miracles occur and healing takes place. Those who seek spirituality must take a close look at how ego influences their search, and what they must do to dissolve the ego.

World Teachers' Day

Teacher thanks Town for recognition

Dear Editor;
I would like to express the appreciation of all Princeton teachers for the decision of Princeton Town Council to proclaim October 5 World Teachers' Day in Princeton.

World Teachers' Day was first proclaimed in 1994 by Fredrico Mayer, Director General of the United Nations Education, Scientific and Cultural Organization (UNESCO). He proclaimed the day to honour the teaching profession and to raise public awareness of the value of teachers. On October 5, the 60 teachers in Princeton will join the 4,000 teachers in BC and the 19 million teachers worldwide in a celebration of their contributions to education.

It is not as if teachers don't get recognition - they do, from students and parents who appreciate them, and from being treated as the professionals they are. However, given the new pressures on teachers, and on communities, it is appropriate to take some time to reflect on the critical role and special dedication of teachers. Teachers not only provide children - tomorrow's citizens - with the tools to face the changing world, they also help to provide a source of stability and reassurance.

World Teachers' Day is a way of recognizing and celebrating teachers' commitment to the idea of community. Teachers and par-

ents and other community members working together is an excellent example of community development. It isn't only children who benefit from education. All of society benefits from teachers' preparation of students to take their places as socially responsible citizens.

Princeton teachers wish to thank Princeton Town Council for acknowledging our work and our commitment, and for proclaimed October 5 to be World Teachers' Day in Princeton.

Yours sincerely,
Susan Hamilton, President,
Princeton District Teachers Union

Heart Food

by Dave Machin

"For I know the thoughts that I think towards you," says the Lord, "thoughts of peace and not of evil to give you a future and a hope." (Jeremiah 29:11) God absolutely knows the thoughts that He thinks toward you and get this - they don't change. He is not schizophrenic, thinking one way one day and another way another day, He is always the same. His thoughts are not based upon your actions. You cannot make Him dislike you or turn away from you. His desire is to get you to turn toward Him but He never interferes with your free will. He watches as you go about your busy way, doing the things that you think you must do. Watches as you attempt to deal with the difficulties and challenges that life brings to you. Watches as you ignore His attempts to get involved in your life. But you say "He's never attempted to get involved in my life!" But He has. Every time someone has come across your pathway and tried to talk to you about Jesus, is another attempt by God to get involved in your life. However, with good intentions you say maybe some day but not right now. Then there are times when you in your own innermost thoughts are struggling with questions about life. Questions for which you seemingly have no answers for. All the while this is going on He is waiting watching desiring for you to open your heart to Him so He can begin to reveal the above verse to you. He will do it only when you are ready. Imagine the creator of all the universe waiting on you. You are in His sights so to speak but he will never shoot you with bad things the only thing He will shoot you with is a bullet of love. That bullet will strike your heart and you will never be the same. God is good all the time.

Pastor Dave Machin, Similkameen Christian Center,
SUNDAY SERVICES 10:30 a.m.
221 A, Bridge Street, Princeton, B.C. Phone 295-0599

Minister wants to hear from teenagers

Education Minister Penny Priddy has appointed a Teen Advisory Team consisting of eight teenagers age 15 to 17. The Teen Advisory Team will allow student leaders to advise the minister on issues important to them. Team members are appointed for a one-year term and will meet regularly. The teens come from all regions of B.C. The first meeting was held in Vancouver on Saturday.

Reaching high keeps a man on his toes.

PRINCETON CRISIS ASSISTANCE SOCIETY CLOTHING STORE
WINTER CLOTHING NOW AVAILABLE FOR ALL AGES!
Come check out our good quality Fall & Winter selections for the whole family. Clothing & household donations are always Welcome!
OPEN: 10:00AM - 3:00PM TUES-THURS. YEAR ROUND
111 Vermilion Ave **Everyone Welcome!** 295-6881

SPECIAL INVITATION For The Women of Princeton
Aglow is a new women's group, which offers a safe and caring environment for women to explore their faith in God!
Aglow of Canada
7:00 PM, Wednesday, October 4th in the Conference Room of the Princeton Hotel - 258 Bridge Street
Coffee and Dessert will be served - and there will be no cost to you -

INVITATION TO WORSHIP
LIVING WATER FOURSQUARE CHURCH
Sunday Service: 10:30a.m. OAPO Hall Billiter St.
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SUNDAY SCHOOL 9:45
WORSHIP SERVICE 11:00AM
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SERVICE TIMES
Sunday School 9:30 am
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PASTOR PETER RYTKONEN 295-7752

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Office Hours Tues & Thurs 9:30 - 12 Noon
Worship & Sunday School 10:30 a.m.
Minister Chris Haugland Home: 295-7302 Phone: 295-7714 Also serving the Anglican Community

PAOC ELIM TABERNACLE
SUNDAY SERVICES
9:45AM SUNDAY SCHOOL
11:00AM MORNING WORSHIP
6:00PM EVENING SERVICE
BIBLE STUDY WEDNESDAY 7:00PM
YOUTH NIGHT THURSDAY 7:00PM
PASTOR MARK BERNARD
312 9TH ST. KEREMEOS
PHONE: 499-5847

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GOD IS GOOD
Service: Sun 10:30 a.m.
Childrens Church - ages 5-11
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Pastors Dave & Tena Machin
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Hedley area phone numbers begin with - 292
Keremeos - Cawston - Olalla begin with - 499

7 APPRECIATION

I would like to thank Joyce Fraser, The Board of Directors, and Community Services for the very generous gift they gave me for my Retirement. I am proud to say I have been a part of their "Family" for twenty-two and a half years. I think it's one of the few jobs that you can get a hug and a kiss from your boss. I have enjoyed being part of my clients families and feel like I've made a difference. Thanks to my fellow Home Support Workers for helping to take over my clients, delivering Meals on Wheels, etc., while I have been off work due to health problems. Thanks to my supervisors who helped through the years. I'm going to miss you.

Donna Wilson

9 IN MEMORIAM

DONATIONS can be made to Princeton Senior Citizens Drop-in Centre Society, Box 32, Princeton, B.C.. A plaque will be placed on the memorial board. Contact John Sinclair @ 295-3947 or Al Hill @ 295-6635. Income Tax receipt will be issued. Mar/Oct

IN MEMORIAM DONATIONS
TO THE CANADIAN
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Dianne Graham 295-6648

5 BIRTHDAYS

**ISN'T IT NEFTY SHE'S
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HAPPY BIRTHDAY,
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PRINCETON MINOR HOCKEY MEMBERSHIP MEETING

Wednesday, October 4th
7 pm in the Arena Mezzanine
The purpose of this meeting is to have a reading of the Princeton and District Minor Hockey Bylaws, constitution and policies.

PRINCETON EXHIBITION ASSOCIATION ANNUAL GENERAL MEETING

And Election of Officers
7 pm, Tuesday, Nov. 14th
Council Chambers, Princeton
Town Hall
New Members Welcome!

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Will be closed from
Nov. 1/2000 to April 1/2001
If you need framing done for Christmas, please have your orders in before Oct. 20/2000 so we can accommodate you. Thank you for your patronage.
Tom & Sue Steele
Phone: 295-6683

PRINCETON MUSEUM FLEA MARKET

November 4th, 2000
9 am - 3 pm
LEGION HALL, PRINCETON
Large Table \$7. Small \$5.
Call Ev McCallum 295-3918
Museum Message 295-7588

ALCOHOLICS ANONYMOUS

Sunday (open meeting) at 8 p.m. in the health centre. Wed. at 8 p.m. in the health centre. Ph: 295-7367, 295-6138, (closed meeting). Fri. at 8 p.m. in the Tulameen Library. Ph: 295-7005. Open Discussion, Sat. 7:30 p.m. Health Unit (closed). - Ph: 295-3407.

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We now have 100% cotton batiste and muslin fabrics. Soup and sandwich specials everyday - lots of unique gifts in our shop.
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Open Meeting.
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Call 295-6224

SENIOR CITIZENS BR# 30 NOTICE OF MEETING

The monthly meeting of Senior Citizens Branch # 30 will be held on
October 10th, 2000
at 1:30 pm

this change of date is due to the hall being used for the Flue Clinic that is being held on October 11th as well as on October 18th in the Hall. No other activities will be in the hall on those two dates.

CRAFTERS WANTED

HEDLEY OAPO CHRISTMAS CRAFT FAIR

SUNDAY,
NOVEMBER 19TH, 2000
9 AM UNTIL 3 PM
Table Rental - \$8.00
2 tables for \$15.00
Phone Mickey Bishop
at 292-8548
to book a table.

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**ANNUAL GENERAL
MEETING**
6 PM, SATURDAY
OCTOBER 14TH, 2000
Pot Luck Supper
5:30 pm
Mini-spiel
starts at 10:00 am

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20 LOST & FOUND

FOUND: A black walking cane was found at the Wildlife Viewing Area between Hedley and Keremeos on Thursday, September 28th, 2000.
For further information please call Cynthia at Argo Road Maintenance 1-800-663-7623

15 FOR SALE

C6 TRANSMISSION for 305 to 351 motor. Automatic completely rebuilt. No miles, in A-1 shape \$600. Ph:499-2088 ask for Jim or Barb O3

14 FOOT SMOKERCRAFT Aluminum fishing boat, 4 seats, good cond. \$675. OBO Ph: 295-6562 S26/O17

WANTED FIREWOOD!!
4 CORDS UNSPLIT \$300. must be delivered 295-6850

2 ELECTRIC ADJUSTABLE BEDS, remote control, top quality, many functions \$800. firm ea. \$1,500. for set Ph: 295-6179 to view. O3

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PHONE: 295-7102

18 VEHICLE SALES

86 FORD RANGER EXT. CAB, 2.9 V6 EFI, 150 K, new paint, new brakes, clean interior, good rubber, \$2,400. Firm. John Deere Model 300, 16 hp garden tractor, c/w rototiller & cutting deck with rear bags. runs well \$1,350. Phone: 295-6141 S25/O3

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DEADLINE FOR DISPLAY ADS
Thursday Noon!
DEADLINE FOR CLASSIFIED ADS
Noon Friday!

26 PROPERTY SALES

TULAMEEN
Small cabin on 50' x 100' lot on 6th street. \$57,000. Phone: 295-6070

FOR SALE BY OWNER
Spacious 5 bedroom, wheelchair accessible older family home. Located downtown, 1 1/2 bath, full basement, garage, landscaped, close to all amenities. Excellent opportunity for home business. Asking \$135,000. Phone Princeton & District Community Services at 295-6666 for an appointment to view. A8/rts

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To kill a grizzly bear

I spotted the grizzly on an elk carcass some distance below the road. The elk had been killed on the Trans Canada highway, and the wardens had disposed of the carcass by dropping it down an embankment some 20 miles up the fire road. I stopped the truck and reached for my 16 mm movie camera, put it on a tripod and cautiously made my way toward the bear. The bear in question was a young female, as I was to discover later. She was not too upset with my presence, but did make a move towards me, swatting the ground with her paws. I knew from that behavior that I was not too welcome and withdrew a little towards the truck. She went on feeding on the fresh elk carcass.

A fortnight later, about a mile from the same locality, the district warden and I were standing on a beaver dam, fishing for brook trout. The same grizzly appeared beside us, and instantaneously lunged in our direction, tearing through the water, whose depth soon forced it to swim. We took off down the beaver dam and I managed to reach a tall white spruce and ascend it just as the grizzly reached its base. The grizzly had its attention riveted on me for a while, but then lost interest and sauntered off down the chain of beaver ponds allowing me to descend, pick up the fishing rods and join the district warden who had reached the truck just ahead of me. The grizzly had learned from my actions that she could quickly tree a human, and she learned the lesson well. About two weeks later the same bear again caught up with the same district warden who was accompanied by another park employee and she treed them both. She hung around a

long time while keeping both up in their trees. She was now reinforced in her experience that people can be rushed and treed. She showed no fear of people, quite the contrary.

Another fortnight passed and the grizzly female again made her appearance a few miles down the valley. Boldly and aggressively she entered the district warden station, utterly unafraid of humans. She had learned well! Right there and then she was shot as one of the innumerable "problem bears" that the park disposed of, to make the park safe for humans.

The episode now lies back several decades. I was the cause of that grizzly's death, by helping to habituate it, but above all by climbing a tree when she rushed me, teaching her that humans can be chased up trees. She never tried to climb after, but like any dog that has treed a cat, she sat below looking up at me. Large mammals are notoriously good at one-time learning, and this young grizzly bear female was, clearly, no slouch. Having quickly put one human up a tree, she did not hesitate to repeat the performance at the next opportunity. She apparently did not have the benefit of a mother who considered humans dangerous, who taught her cubs to flee from people. In national parks, there is hardly cause to. In hunted areas armed men step arrogantly and noisily on the land, teaching bears, which are very sensitive and intelligent creatures to back off from humans, to avoid them, to give them a wide berth. My very first encounter with a grizzly was in the backcountry of Welles Gray Provincial Park in 1959, then well hunted, but with abundant grizzly bears. A female

grizzly with two small cubs and I nearly collided in thick bush - and the female instantly fled. In a national park, it is very likely that she would have attacked me. Only here did my students and I have trouble with bears, including being treed. Only here are bears innocently habituated and then killed as "problem bears" driving populations of black bears in particular to very low levels. The result of my approach to film was some worthless 16 mm film footage and a dead young grizzly bear female, who, had she had the benefit of fearing humans might have gone on to bear cubs and carry on the grizzly bear population.

Assault earns probation

Robert Mullin appeared in Provincial Court in Princeton on September 28 to plead guilty to a charge of common assault. The charge was laid as a result in front of the liquor store in Princeton on June 2, when Mullin and his friend accosted a man who had just purchased liquor at the store. Mullin's friend approached the man outside the store and demanded he turn over the liquor as a repayment for money owed. The man refused. Mullin then grabbed him from behind, putting his arm around the man's neck and holding him until he released the bag containing the liquor.

Although Mullin had a criminal record, this was the first instance of assault. The 49 year old Princeton resident was sentenced to a year on probation.



HELP!!!
Princeton RCMP and Penticton ICBC Claim Centre are seeking assistance in locating the person(s) who transported the female driver of a 1996 Dodge Dakota 4x4, white & green in color, to Princeton after she was involved in a single vehicle accident on Highway 5A, 2 km North of Allison Lake after 10:00 pm on Friday, September 15, 2000. Princeton RCMP File #00-2184. If you have any information please call Police at (250) 295-6911 or Penticton ICBC at 1-800-665-9975.

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Enjoy Junior 'A' on Sunday

Merritt Centennials meet the Trail Smoke Eaters on Sunday afternoon in Princeton for a regular season game in Junior 'A' hockey. The game begins at 2:30 p.m. at Princeton Multi-purpose Arena. No admission price has been announced to date.

Junior 'A' games in Princeton are a treat for hockey fans who like to watch a fast, action-packed hockey game. The players in Junior 'A' are out there playing for recognition that will take them to the western and national hockey leagues, and put out maximum effort, game after game. With Trail Smoke Eaters, it will be an exciting game.



Merritt Centennials meet Trail Smoke Eaters this Sunday afternoon in Junior A hockey in Princeton arena.

Famous Nickel Plate sign returns to Hedley after major search

The vintage 1959 Hedley Highway sign is back! Missing for over two years following a mishap where the sign was knocked over, then stolen, a tip led the RCMP to recover it from a property in Surrey.

Realizing that the replacement cost of a sign of this quality would be about \$2500, the Hedley Museum Society offered a \$100 reward for its safe return. Local merchant, Al Johnston of the Mother Lode General Store, received a tip from a supplier, who wishes to remain anonymous, that he had spotted it at a private residence in Surrey. The supplier took a picture of it to verify its identity and the recovery began.

Helen Martens, President of the Hedley Museum Society, phoned her niece in Langley, who is married to a recently retired RCMP member to request assistance. It turned out that he is from a family with nine sons of which six are RCMP so there was more than



It took a lot of effort, but the filched Hedley sign is back home. It is in the Hedley Museum but will go back to the roadside soon.

enough help for this undertaking.

After going to the residence to verify the sign, a police report was filed, although charges will not be pressed, and Cpl. Tanya Brown was dispatched to deal with the resident.

The resident had purchased the sign at a garage sale for \$250 and then built up the decor around it to resemble a shrine. Apparently "this was the last address of every old car that ever was," remarked Cliff Calverley, Marten's brother-in-law when called upon to retrieve and deliver it. His friend Ray Moore assisted and they delivered it to the Museum on September 16th.

"This is one time when it really helped to come from a very large family," Martens remarked as she supervised its safe delivery.

It may take a few months to erect it securely back at the viewpoint, but in the meantime one of the last of the beautiful old highway signs erected under the W.A.C. Bennett government in 1959 now sits proudly in the foyer of Hedley Heritage Museum.

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