

New Health attitude sparks hope

- Health Ministry meets local groups

Last Wednesday's meeting with a Ministry of Health representative brought hope for a more agreeable relationship between local citizens and the Ministry and Regional Health Board.

Health Administrator Marily Harkness said the round table discussion in Princeton was "a great meeting."

Dina Slowikowski-Campbell, who has led the Action Committee dedicated to preserving health services in Princeton, echoed Harkness' views of the meeting.

"We agreed, in my view on three different issues," Slowikowski-Campbell "We agreed we would settle the issue of Continued on Page 5..

Local women plan park project

Jim Stolth was guest speaker at the October 24 meeting of Princeton Business and Professional Women's Club. Stolth is Secretary of Vermilion Trails Society and owner of a bicycle sales and repair shop. He gave some statistics on the impact of the TransCanada Trail this year. He noted there were 57 people passing through the tunnel in one day, and during the course of the summer months, 419 visitors had come to his business for parts or repairs to their bicycles. They came from as far away as Australia and Europe, and he served people from six different states of the U.S.A. He learned 486 bicyclists had spent a night in the local area. These were his own statistics, not an official survey.

Stolth told of improvements done to the trail in the past year, between Osprey Lake and Tulameen, and the total was impressive.

The club discussed with Stolth their proposal to create a park alongside the trail, between the trail and the Similkameen River, within Town boundaries. They learned the land is Crown land, and a permit for use must be secured before any work can be done. Vermilion Trails Society has no claim on that area, but would support its development as a park. The club wants to turn it into a riverside picnic site dedicated to the memory of Cindy Corlett-Parolin. Stolth said Vermilion Trails Society had discussed Continued on Page 3.....

Vandals paint wall

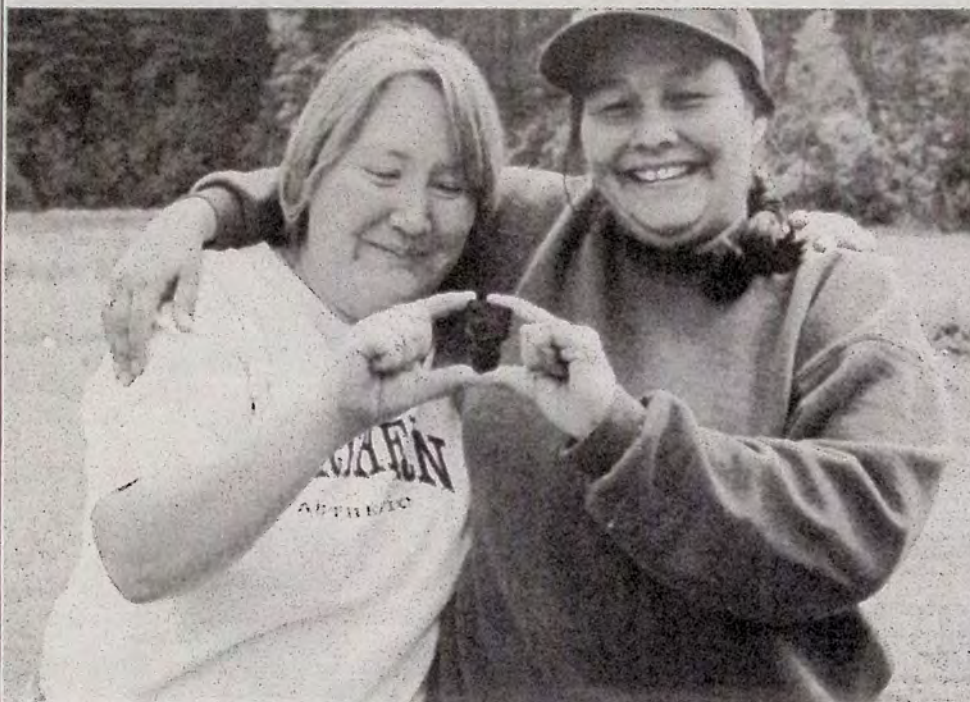
Princeton - Police received a report of vandalism on Halloween night to the Seniors' Centre located on Angela Avenue. An unidentified person took what appears to have been a cigarette lighter and scorched numerous areas of the vinyl siding. Orange spray paint was used to mark the north side of the building with the words "Chris Party." There were no major Halloween incidents reported.

"Several streets resembled scrambled eggs in a frypan," according to RCMP Cst. Chris Newel, referring to the number of eggs thrown.

Several police, aided by Citizens on Patrol, were on duty during the evening and set up surveillance in many locations.

She found it!

Similkameen artifact may change archaeology



Charlene Allison, left, congratulates Danette Whitney on the remarkable Ice Age artifact found at a mid-elevation site in the upper Similkameen watershed. For more information on the significance of the discovery, turn to page 5.

Back to the '50's is the theme for the future

Princeton - Presidents of local clubs, Mayor Randy McLean, Recreation Director Lyle Thomas, and Chamber Manager Lori Thomas met at the Legion Hall on November 1 to talk about future plans for organizations, particularly special events. Special guest was Amber Thomas, Lyle's daughter, as father and daughter were involved in "Take your child to work" day. Mayor McLean joked that Amber was a secret agent of Town Council, hired to find out just what Lyle does all day.

The turnout for the meeting was not as good as usual, but some of the people at the meeting represented more than one organization. Paula Pateman, of Pinewood Expeditions, introduced her new partner, Laurie de Ste. Croix, and explained they form the nucleus of a group trying to start dogsled racing in the Princeton area. Pateman added she would resume her Pinewood Art and Music Festival in 2001, to be held the second weekend in July.

Keith Olsen said the Fall Fair would like to add a trade show component to the fair in 2001, and expressed the Fair Board's appreciation for the contributions made by so many people in

Princeton, not only the volunteers, but those who entered exhibits in the fair.

John Sandness talked about Vermilion Artists' wooden quilt of carvings, saying they were waiting for only two artists to complete their portion of the project, and it would be ready to place in Town Hall. He also represented the International Fly Tiers Guild, of which a number of local people are members.

Eleanor Sinclair spoke of Senior Citizens meetings and events. Dawn Johnson represented Princeton Business and Professional Women's Club, and outlined a park project they are planning.

Willie Nix, Lions Club President, gave a brief update on Lions' projects, and said he hoped the club would be part of the skateboard project.

Ruth McLeod, President of the Hospital Auxiliary, announced a growing membership, and a new meeting date, the first Wednesday of the month, in the hospital board room. Continued on Page 3.....

Keremeos bazaar winners and pool tournament see page 4

Police warn of Yellow Directory scam

Similkameen Valley - On November 1, Keremeos RCMP Detachment was alerted to the possible fraud of a local business.

Several weeks prior to this report, the business had received an invoice from Yellow Business Directory.com, reportedly for advertising with the company. The local business had not secured any such advertising and spoke with their head office regarding the invoice. At that point, they were advised that other businesses had received similar invoices which were being falsely submitted by unknown persons.

Following the report of the incident and possible scam, Sgt. D.J. Bauhuis of the Keremeos RCMP issued an alert to Similkameen Valley business owners regarding this scam, and request business owners who have had similar invoices to notify the Keremeos Detachment. The number to call in Keremeos is 1-250-499-5511. Princeton and Hedley business owners who may have received false invoices may call Princeton RCMP Detachment at 1-250-295-6911.

Weather Watch

Oct.	Princeton area			Keremeos area		
	High	Low	Precip	High	Low	Precip
30	10.4	0.9	0.2 ml. rain	12	2	
31	8.5	-2.3	0.2 ml snow	8	0	
Nov 1	8.9	-5		10	0	
2	7.2	-3		7	0	
3	11.5	-0.3	1.8 ml rain	10	1	
4	8.1	0.0	3 ml rain	10	7	2 mm rain
5	4.8	-4.6	0.4 ml rain	10	3	

FORECAST:

Wed - Mainly cloudy, 70% chance rain, low -1, high 8

Thurs- Mainly cloudy, 30% chance rain, low -2, high 7

Fri.- Mainly sunny, low -2, high 7

Normals: low -1, high 7.

November 10 - Sunrise 6:55 a.m. Sunset: 4:38 p.m.

Daylight: 9:43 hrs. equal to Feb.1 Pacific Standard time

The Similkameen News Leader

encourages everyone to remember the sacrifices made by Canadians in all Wars

- attend a local ceremony
- wear a Poppy
- think of our Veterans
- take time to Remember



Remembrance Day



Princeton Legion Branch #56 REMEMBRANCE DAY CEREMONY SCHEDULE

Saturday, November 11th, 2000

- 10:40 am - Form together at the Old School Grounds
- 10:45 am - Parade departs for Cenotaph
- 10:55 am - Singing of O'Canada by all
- 11:00 am - Playing of Last Post followed by a (2 Minute Silence)
- 11:02 am - Reveille
- 11:04 am - Prayer
- 11:07 am - Roll Call of Fallen Comrades
- 11:10 am - Laying of Wreaths
- 11:15 am - Living Legacy
- 11:25 am - Poppies may be placed on the Cenotaph
- 11:27 am - Colour Party rejoins the parade
- 11:29 am - Act of Remembrance
- 11:30 am - The Queen (singing of God Save the Queen)
- 11:35 am - Parade of Veterans to the Legion.



Dismissal of the Parade

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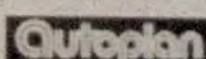
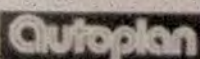


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Princeton



He recalls ships in war

You will not see Vic Moore at Remembrance Day services.

"Too much emotion for me," he says. He stays at home and has a few beers and remembers "his" war and the ships he sailed on, especially a ship called *Greenhill Park*.

For Vic, Remembrance Day is tied to the memory of the day he joined the Merchant Marines on November 16, 1943. He was 15 years old.

The war in the Pacific was in full swing, and that is where he went on his first voyage on the *Kitsilano Park*. He travelled the North Atlantic where his ship was pursued by submarines and bombed. He saw the bombing in London, England.

On one voyage, he caught pneumonia, and was paid off in Adelaide, Australia. When he was well enough, he joined the crew of the *Greenhill Park* for a voyage to India, Capetown, the Belgian Congo and back again to San Francisco, where he spent time in hospital, suffering from malaria. He took a bus to Vancouver when he was well, and rejoined the *Greenhill Park*. Once more, he set out on a voyage. Vic says he sailed around the world twice during World War 2.

The *Greenhill Park* was a 10,000 ton freighter registered out of Vancouver, and on March 6, 1945, in its home port, the *Greenhill Park* blew up. It was the only Canadian ship to blow up in a Canadian port during the Second World War.

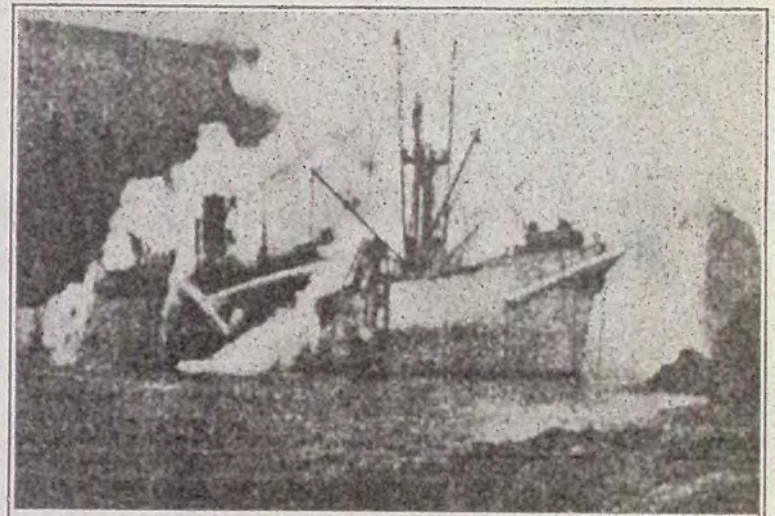
Vic Moore was just sitting down to have a bowl of soup for lunch when the first of six explosions began. The ship was moored at the Canadian Pacific docks and the explosions blew the windows out of the Marine Building. Three crew members were killed and five longshoremen. Moore does not recall ever having learned why the explosions occurred.

The war continued, and Moore was soon on another ship, going across the Atlantic. By that stage of the war, the North Atlantic was not so bad, except for the storms. In February, 1946, Moore was paid off in St. John and the war was finally over for him. He was 18 years old.

Vic Moore has resided in Princeton for many years. His is just one of the many stories from World War 2 about living in the danger zone.



Vic Moore remembers an exploding ship in 1945.



The *Greenhill Park* after the explosions that killed eight men at the Vancouver dock.

Town of Princeton

November 11th is a day of remembrance, of mourning, and of hope not only for veterans of the battles that have marked the history of our century, but also for all those who wish to honour the courage and idealism that sent so many into danger.

Canadians can take great pride in the dedication of the members of our Armed Forces, who were a strong presence in both world wars, the Korean War, and the Persian Gulf War; our Peacekeepers have also shown their commitment to global peace in numerous operations. No one could have asked for more.

On Remembrance Day, we pay tribute to all those who fought to preserve the values that we hold close.

In recognition of the achievements and sacrifices of Canadians at home and overseas during wartime and in peacekeeping operations around the world, The Town of Princeton hereby proclaims that the week beginning November 5th and ending November 11th, 2000, shall be known as VETERANS' WEEK, "A Legacy of Peace".

[Signature]
Mayor
Town of Princeton

[Signature]
Royal Canadian Legion



Seventeen year old Vic Moore, after the explosion.

President's club meeting from front page.....

Lori Thomas reviewed the Small Business Week project and said there are still informational materials available at the Chamber of Commerce office for those who did not attend the workshop on how to identify counterfeit money. The Chamber is working on the Community Calendar and Moonlight Madness.

Lori Thomas added that she is the only person on the Ambassador Committee, and she would like to start the program soon. She is looking for volunteers to help with the Ambassador program for next year.

Colleen Kunderman represented five groups: Girl Guides, Cancer Society, Princeton Highland Dancers, Princeton Bike Club and China Ridge Cross-Country Ski Club. She said the ski club now has a website. The bike club meets at the Bike Shop at 10:00 a.m. every Sunday while there is no snow, and anyone is welcome to come with them. Princeton Highland Dancers are planning a trip to Scotland to compete in 2003.

Kathy Cook reported on Youth Soccer, saying they are bringing their organization up in numbers. They operate from mid-April to mid-June and hope to have a fall season. She pointed out this is an inexpensive sport, as all of the equipment is supplied and there are no big fees.

Bob Wicks represented both the Golf Club and the Rodeo Club. He noted the success of the Rodeo Club this year, adding their end of season dinner in the agricultural building was a great event. The Golf Club will open the "back 9" in May 2001, and he thanked the people of Princeton for the half million dollars worth of donated labour and equipment time.

Sharon Beausoleil wore the hats for Legion Ladies Auxiliary and the Curling Club. She reminded people the Auxiliary would be

catering Remembrance Day, and would do the opening ceremonies for the conference to be held in Penticton next year. She reported a new curling program in co-operation with Riverside Intermediate School. Youngsters will be taught how to curl, first using the gym for basics and etiquette training, then moving to the rink.

Mayor McLean thanked all of the members of all of the clubs for their efforts.

Colleen Kunderman raised the issue of the Tulameen Triathlon, and wondered why that group was not at the meeting. She wanted some assurance that their next

triathlon would receive the promotion it deserves.

Lyle Thomas asked what people would like to do next year to celebrate the fiftieth anniversary of the incorporation of Princeton.

The consensus of opinion was that it should be celebrated as a theme for next year's events, such as Racing Days, with a "back to the 50's" flavour.

No date was set for a future meeting, but there was some discussion about whether 7:00 a.m. was a good time for a meeting. Most of the people present voted in favour of an evening meeting.



Diane Huey presents the embossed First Copy of *Princeton - Our Valley* to Paul Huycke, winner of the draw. The book has been on display at Valley First Credit Union in Princeton, and a draw was held to determine who would receive the book, which is in a velvet-lined gold box. Paul intends to keep it for himself and display it in his home. He was thrilled to be the winner. The draw raised over \$400 for the committee which put the family histories together. Over half the books have sold, but the committee must still sell many more to meet the cost of production. Diane Huey says many people think the book is very expensive, but it is a bargain considering the contents. There are 664 pages, larger than originally planned, and there are 1126 photos in the book. These are historic photos, most never published anywhere before. Families telling their own histories is so unique that the book is being considered for an award by the B.C. Historical Society. None of the committee members was paid anything for their two years of work, so the cost is strictly to the company which printed the book. It is still on sale at the Chamber of Commerce office on Highway 3 and many people have come back for second copies to give as Christmas presents.



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Park plan

from front page.....

Further discussion focused on a plan drawn up some time ago by Princeton Recreation Commission, who plan to ask the Town to apply for a land use permit.

Stolth said the Land Use Commission Office (LUCO), the authority for the Trans Canada Trail, would likely support the project and expedite the permit application. The site might be available by April.

Club members thanked Stolth for the input from Vermilion Trails Society. The club has decided to write to Princeton Recreation Commission to ask for support and to ask them to request the Town to apply for a land use permit. A letter was sent to Vermilion Trails Society to thank Stolth for his talk, and to ask for a formal letter of support for the club project.

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Project leader praises community

The Katimavik group is working hard around Keremeos and Cawston. At Cawston Community Hall, they are doing concrete work and building a chain link fence. At the Elks Rodeo grounds, they are making repairs and improvements for the future. The Lower Similkameen Indian Band has a team working on a variety of projects.

"It is going quite well," says project leader Rebecca Rothgeb.

"The community is so sweet here. It's a pleasure to help them out."

Katimavik is an organization for Canadian youth funded by the federal Department of Canadian Heritage. Their task is to do work projects in a community at the request of the community. The purpose of the funding is to teach young people an appreciation of community life, which will benefit them as Canadian citizens.

REMEMBRANCE DAY Program
Legion Branch 192 Keremeos

10:30 AM - Meet at Legion, 510 Veterans Avenue (8th Avenue)
 10:45 AM - March Off - Cenotaph Ceremonies to follow
 11:00 AM - Minute of Silence - Laying of Wreaths to follow
 - Church Services at Victory Hall following Cenotaph Ceremonies
 12 Noon - Lunch at Keremeos Legion Hall for Participants, Veterans and Members
 - Snacks for Youth Participants at Keremeos Elks Hall (provided by Ladies of the Royal Purple)
 Afternoon - Comradship and Music in Legion Canteen




This is the Cawston Bowling Club, who meet at Cawston Community Hall for carpet bowling. Left to right, standing: Harry Croft, Lois Hale, Helen Basmatt, Heidi Burekhardt, Ray Basmatt. Seated: Jose Griding, Gerry Patenaude, Frances Patterson and Gerry Burekhardt. They spend a great afternoon of exercise and being friends.

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Lots of goodies and prizes spell success

Keremeos Ecumenical Church bazaar was as successful as always. Rev. David Hughesman opened the bazaar on November 2 at Victory Hall and welcomed a good crowd. Everybody enjoyed the social evening, especially the scrumptious dessert.

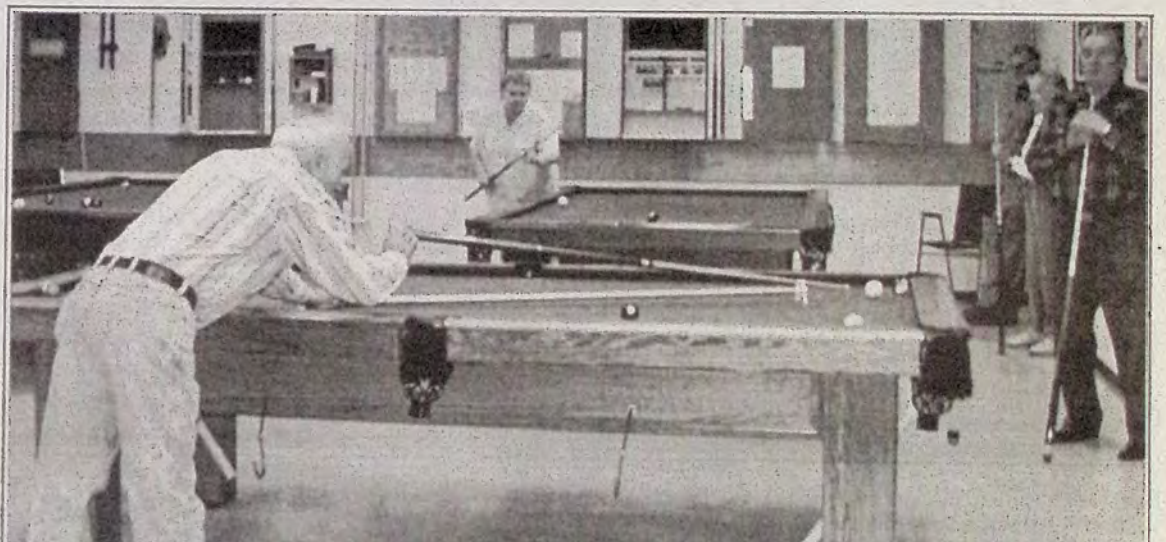
Crafts, candy, baking, jewelry,

games, toys, books, white elephants, a fish pond and raffles tempted shoppers.

All draw prize winners were from the Keremeos and Cawston area. Elaine Mantle won the door prize, Connie Forner won the money tree, Gwen Selcer won the IGA

hamper (it was most generous - Gwen had help to carry it), Jean Bell won the \$25 IGA gift certificate, Jean Nazarov won the "quillo", and Florence Kyle won the two well-dressed teddy bears.

Funds raised by this annual event go to Ecumenical Parish projects.



John Golovin makes a tricky shot in a friendly pool tournament in Keremeos between Keremeos seniors and Princeton seniors. Each person played three games, each game with a different person. The return match will be held in Princeton Senior Citizens Hall in a few months. Keremeos O.A.P. ladies put on a great lunch for players and spectators.



There is nothing like a pool tournament to draw a crowd of spectators and cheers for the home team.

The News Leader will be closed for Remembrance Day

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Similkameen artifact is significant

Upper Similkameen Indian Band archaeological team has been out exploring middle elevation sites in the upper Similkameen watershed during September and October. The team consisted of Charlene Allison, Danette Whitney, Mason Squakin and Brenda Gould. Each has B.C. Resource Inventory Certification and a sophisticated GPS. They went to likely locations between Aspen Grove and Copper Mountain, and hit 'pay dirt' at one site. (The team will not reveal site locations, as they intend to go back and do more work in the future.)

If what they think they found is confirmed by the "experts", their find pushes human habitation in

the Similkameen Valley back 12,000 years, into the Ice Age. They found half a spear point with the stem end intact. In comparing it with other points of known age, from other sites, they found what they believe is a "match", a point called Windust after a find in southern Oregon dating back 12,000 years. They are excited.

Danette Whitney found the artifact, and recognizing it as extremely significant, burst into tears!

They found many artifacts at the same site, but this large-stemmed Lancelot-type spear point base puts a whole new picture together, not only for the Similkameen Valley, but for western North

America. If it is what they think it is, they are making archaeological history right here in the Similkameen Valley. These ancient objects are not supposed to be here. The spear point, if validated, will prove there were people in this valley 12,000 years ago.

The team plans to work with Princeton Museum and may invite public participation at a future date. Right now, they wonder if anyone has a similar point in a private collection. If so, contact the Band Office at 499-2221 and leave your phone number.



This is the spear point used as a comparison for the point found in the upper Similkameen watershed. The bottom half is the determining factor.



Bruce Strand, center, of Okanagan Similkameen Radio (OSR), presents tickets to Matthew Dunn, of Princeton, (left) for the Canadian Rodeo Finals in Edmonton November 11 and 12. He was the winner of a contest sponsored by Dairy Queen and OSR. John Babiak, right, held the draw in Princeton Dairy Queen. The \$329.70 raised in the contest goes to the Christmas hamper fund.

New Health attitude brings hope

Continued from front page

utilization and nursing shortages locally."

Dr. John Bosomworth attended the meeting to make a presentation on behalf of physicians and the community, to make a fair comparison among small hospitals.

Dean Stinson, Bob Wicks, Dorothy Gallagher, Kathy Clement, Dr. M. Whittle, Lila Tilburt, Kathie Orser, Mayor Randy McLean, RHB Chair Ellen McRae, Dr. Hardwick (RHB Medical Director), and Shirley Haker were there to discuss problems with Suzanne MacLellan, Acting Regional Director for the

Ministry of Health.

MacLellan told them the Ministry looks for explanations about utilization rates. She indicated the Ministry is looking at a different formula for funding hospitals according to community needs. However, she made it clear that the Ministry leaves the Regional Health Board with the responsibility of deciding how the funds are spent.

Slowikowski-Campbell said it was her understanding, from the meeting, that the White/Mantle report on utilization is "dead and buried."

8th Annual Country Christmas Craft Fair

Sunday, November 26th
9:00 am - 3:00 pm
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Vermilion Trails reports on 2000

by Jim Stollh

The year started off with clearing and restoring the railbed between Coalmont and Princeton, thanks to a tremendous contribution and effort from Ed Forde. The next step was placing of the compacted surface from Burton Avenue to the School District works yard. This was funded by the Town of Princeton. Also in town, the tunnel surface was repaired, replacing the large loose rock with a new compacted surface. Funding for this came from the Trails BC organization.

Timber delineators and planter boxes were manufactured from logs donated by Weyerhaeuser, custom cutting by John Byatt at Ed Forde's mill, followed by assembly by a dedicated group of volunteers.

Another major project undertaken this year was the restoration of the railbed at the Ochre Bluffs. This involved widening the trail to its former width and stabilizing the riverbank. This was a cooperative effort involving the Province of B.C. Land Use Coordination Office (LUCO) in Victoria, the Upper Similkameen Indian Band, the Town of Princeton, and Vermilion Trails Society.

Weyerhaeuser Princeton, through their youth program "Making Waves", cleaned the trail from the blue bridge to the castle and planted 450 yellow pine seedlings. The eight youths who volunteered their time for this

community project were rewarded with Weyerhaeuser paying their way to the forestry camp at Silver Lake.

John Allison Elementary School students, who have adopted the trail from the tunnel to the silver bridge, for the second year spent earth day cleaning up their portion of trail and providing and planting flowers in the boxes. They also planted 900 yellow pine seedlings along the trail.

Through a generous donation from Princeton Light and Power, the tunnel is having lighting installed which we hope to have completed this fall and have a "lighting up ceremony."

Currently, the three trestles between Coalmont and Princeton are being restored to provide safe recreational passage for trail users. Funding for this is again provided by LUCO. The trestle just through the tunnel is already completed, go down and have a look. I am sure you will be impressed, as will our many visitors.

Out at Osprey Lake, portions of the trail were closed off to automobiles and an archway was

installed near the Three Lakes store marking the TransCanada Trail.

In Tulameen, the Princeton-Brookmere Rails to Trails Society engaged in a project with many volunteers to install eleven log benches along Otter Lake.

The LUCO TransCanada Trail Project Office provided a tremendous infusion of effort and funding for improvements in Princeton.

It's been a busy year! These accomplishments are thanks to the efforts of those mentioned above and many other Princeton businesses and individuals. There is room for more! The trail is coming here! With your help we can have more people come sooner. Please get involved and help us help ourselves. Our next meeting is November 15 at 7:00 p.m. at the Arena Mezzanine. Any contribution of time, funds or items is greatly appreciated. Drop by Backroads Bike Shop any time, call 295-3722 or contact Vermilion Trails Society, Box 3D, Comp 2, Tulameen, B.C. VOX 1L0



Trudy Kotzian, of Tulameen, has been a major promoter of turning railbeds into trails. She worked for years on Brookmere/Princeton Rails to Trails Society. Above, she is shown with part of the year 2000 bench project, which was fully supported by a lot of people in the Tulameen/Coalmont area.

BETTER OPPORTUNITIES FOR TODAY'S FAMILIES



MAKING CHILD CARE MORE AFFORDABLE FOR BC PARENTS

BC's new child care program will save parents up to \$1,100 per child.

Today's families need affordable child care. That's why the Government of British Columbia is moving to cut child care costs for many BC parents.

Beginning in January, families with children from kindergarten to age 12 who are enrolled in participating before- and after-school licensed group care will

save about \$1,100 per child each year.

This first step towards more affordable child care choices in BC will benefit over 19,000 children. And, like our new, higher minimum wage, it is part of the provincial government's plan to provide better opportunities for today's families.

For more information on the BC government's new child care program, please call 1-800-663-7867.



INFORMATION SESSION FOR PARENTS

presented by:

Princeton Drug and Alcohol Counselling Service

GUEST SPEAKERS

FEATURED

Cst. Hiscox,
Drug Recognition Expert
Keremeos RCMP

Paul Huycke,
Princeton Drug and Alcohol
Counselling Service

Cst. Tracy Ross,
Princeton RCMP

**ALL PARENTS
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PROGRAM**

Bring your questions
Share your concerns

Learn to identify the signs of
substance abuse

**DON'T
DO
DRUGS**

**Tuesday, November 14th
7:00 pm - 9:00 pm
Princeton Secondary School**

Gospel star comes to Princeton

Canadian singer and songwriter Denis Grady is hitting the international music circuit. Named Gospel Musician of the Year in 1999 by the Alberta Recording Industry Association, Grady will do a three-week tour of Italy in August performing his distinct brand of Gospel music. Grady won the award for his first CD, *Running Too Long*, released in April 1998. It is a mix of country and pop styles featuring some of the finest musicians from Grady's home city of Calgary, on the edge of the Canadian Rockies. With its release, a critic said that Grady is now at the forefront of Gospel/Country music in Canada.

"I truly feel that there is a huge responsibility doing Gospel music," says Grady who has toured Canada and the United States in recent year. "There is a lot of work to be done in sending

out a message of hope and promise to counter the confusion that seems rampant in the world. My deepest belief is that God generously makes His wisdom available to all people. The beau-



Gospel singer Denis Grady will entertain in Princeton

ty of this wisdom is the amazing peace it brings."

Grady's walk as a Christian has not always been a faithful one, but as he came to believe in God's promises to restore brokenness and offer strength in weakness, he gained confidence in going forth into the world with his music.

"It is a wonderful vocation to sing for God and to minister to the Body of Christ," says Grady, whose music and performances cross all denominations. "Why the Father would choose a lowly vessel as myself is simply testament to His rich mercy."

Grady's journey is one which he does not mind talking about and one whose example, he hopes, will help others find the joy and peace that characterizes his life today.

Together with his wife, Wendy Lee, he provides a home to three mentally challenged men. While regularly performing on the concert circuit in Canada and the U.S., Grady is just as often found playing prisons, soup kitchens and Alzheimer's wards as auditoriums and church halls.

"The more I read Scripture, the more I understand about God's love and compassion for the poor," he says. "He had an amazing love for the poor, broken and lost. They were his friends. God wants us to go out and love like Jesus. Our responsibility is not to judge, but to belong and at the same time we can boast in Christ and stand up for what we believe in."


See Denis Grady at the O.A.P. Hall on November 8 at 7:00 p.m.



Scott Witt is October Student of the Month at Princeton Secondary School. He was selected because of his citizenship and leadership activities and assistance to other students through tutoring. His award was sponsored by Dr. Douglas and Jenny Reid.

Alberta Recording Industry Association
"Gospel Artist of the Year - 1998"

DENIS GRADY IN CONCERT



Wednesday
November
8th
7:00 PM
O. A. P. Hall
68 Billiter

For More Information Contact :
Living Water Four Square Church
295-7733

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For more information call Vickie Marr 295-7674

Lions Club pumpkin carving prize winners

The Princeton Lions Club annual pumpkin carving contest brought out the artist in a lot of children. Winners received \$10 for first place, \$7.50 for second place, and \$5.00 for third place in each category. The winners were:

Age 4 to 8:
 1. Jorden LaPierre
 2. Cori White
 3. Colton Williams

Age 9 to 11:
 1. Cody Leonard
 2. David Ashley
 3. Meagan Thomas

Age 12 to 14:
 1. Stephanie Boyce
 2. J-Lee White
 3. Rosalie Brodie



Princeton Lions Club sponsored their annual pumpkin carving contest and local children responded by bringing back some fancy Jack o' Lanterns. Nine children received cash prizes.

Tractor unit crashes

The only major incident for the RCMP on Halloween night was not related to Halloween at all. A semi truck unit lost control of his rig on a curve in Manning Park and ended up on the opposite side of the road. Fortunately, there was no oncoming traffic at the time of the accident, around 9:00 p.m.

The driver was uninjured in the crash. He received a violation ticket for Speed Too Fast for Conditions. The tractor unit sustained moderate damage.

Elks and Royal Purple at Halloween

by HRL Dorothy Monkman

The Elks and Royal Purple held their yearly Halloween social. We put this even on every year for the occupants of Mary-Ann apartments and members of the New Beginnings. There was socializing with all and dancing. All enjoyed a variety of music, including the Elks, Royal Purple, their children and grandchildren. We enjoy this event very much, and are glad we can do something like this every Halloween.

All wore Halloween costumes and prizes were given out. There was lots of stuff to snack on, and it was enjoyed by all. Everyone had a great evening. We all hope to be able to do it again next year.

Anyone interested in joining the Elks or Royal Purple, this is just one of the events we put on each year. We do a few events like this through the year. If you are interested in belonging to something that helps others, please give us a call and ask questions. We will gladly answer them. For the Elks, phone Earl Driver at 295-3518. For the Royal Purple, phone Dorothy Monkman at 295-7921.

INVESTMENT INSIGHTS

By John Vaccaro Financial Consultant for Merrill Lynch and Greg Stewart Associate Financial Consultant for Merrill Lynch
 The Science Behind Diversification

The following is an excerpt from *Merrill Lynch Global Investment Strategy*.

Most often, Diversification is simply described as not putting all of your eggs in one basket. Yet this overused metaphor gives little indication of the complexity and sophistication of the theories that are at the heart of a well-diversified portfolio.

Today, investors know that in order to minimize risk and maximize returns they must diversify. But this wasn't always common knowledge.

A 1952 thesis of then graduate student Harry Markowitz laid the foundation for Modern Portfolio Theory and the Efficient Frontier - groundbreaking developments for which he would later win a Nobel Prize.

A New Take On Risk

What made Markowitz work so revolutionary was his view of risk. He proposed that the risk of individual securities could be defined using the standard deviation of returns (that is, the degree to which returns vary from the security's historical average).

He reasoned that if the returns of all securities moved together, no amount of diversification would reduce risk. On the other hand, if returns moved independently, then diversification could completely eliminate risk.

Markowitz asserted that the real behavior of securities was between these two extremes. To reduce risk, investors needed a portfolio of securities with a low correlation of returns.

The idea of matching investments that behave differently at different points in time is the basis for asset allocation. Historically the three major asset classes - cash, fixed-income, and equity investments - have not performed alike. By developing a portfolio with a mix of these asset classes, an investor can reduce risk since the gains from one asset class can offset losses from another.

Discovering Efficient Portfolios

Markowitz took this idea one step further. He showed that when portfolios were developed to represent every possible combination of a given number of securities, an optimum combination emerged that delivered the highest return for each level of risk. These "efficient" portfolios provided maximum potential returns for a defined amount of risk.

The computing power needed to perform the calculations wasn't readily available until the 1980s. Today, sophisticated software plays a large role in developing efficient portfolios using a number of variables - asset mix, geography, sector, and investment management style.

Call us today if you would like to review your investments to better understand how your investments can benefit from the science behind diversification.

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 (City Centre Bldg.)
 Penticton, B. C., V2A 5C2
 1-800-694-0212

John Vaccaro is a financial Consultant and Greg Stewart is an Associate Financial Consultant at the Penticton and Grand Forks Offices of Merrill Lynch Canada Inc. A member of the Canadian Investor Protection Fund

Greg Stewart is in Princeton Every Second and Fourth Thursday of the month

The information contained in this report was obtained from sources believed to be reliable; however, we cannot represent that it is accurate or complete. The views expressed are those of the authors and not necessarily those of Merrill Lynch Canada Inc. Member - CIPF.

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RECREATION & TV GUIDE

TUESDAY, NOVEMBER 7 THROUGH MONDAY, NOVEMBER 13, 2000

Naturalists enjoy Fall spectacle

by Madelon Schouten

Five members of Vermillion Forks Field Naturalists travelled to the Vaseux Lake Wildlife Refuge, where they were joined by their friends from the Penticton and Oliver/Osoyoos groups.

The board walk led the group through marsh and riparian habitat to the bird blind, which is constructed with two levels. The second story opened up a vista of the lake teeming with waterfowl.

A large flock of tundra swans were busily feeding, with a number of the young of the year among them.

Canada Geese, American Coots, Canvasbacks, Redheads, Lesser Scaup, Mallard, American Wigeon and Ring-necked Ducks joined the big, white swans. Scoping the lake, we found an immature Common Loon and Pied-billed Grebe.

Two Bald Eagles flying overhead briefly caused a panic among the ducks, but as the eagles did not appear to be bent on harassing the waterfowl, they settled back to feeding.

For lunch, the naturalists retired to a large rock in the hill above the lake. To their delight, they were able to observe a small herd of Bighorn Sheep, 10 females, attended by two large rams in rut. This summer, due to a bacterial pneumonia, a large die-off of the sheep took place. The die-off is thought to be due to stress, weakening the animals. The stress is believed to be caused by encroaching urbanization, being chased by ATVs travelling off-road and in some cases, chasing the animals. It was wonderful to see this small surviving herd in apparent good health.

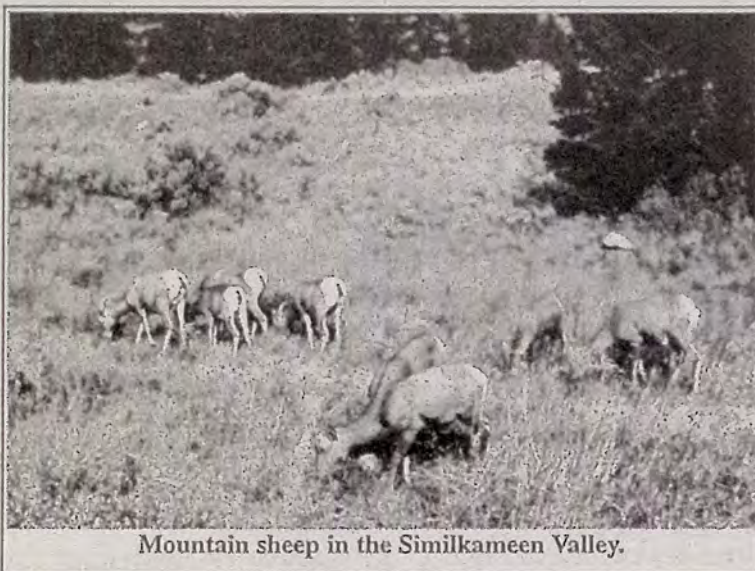
After lunch, the group hiked along the road further into the hills to see and hear some of the forest birds. A loud clamouring of swans calling directed our eyes

back to the lake and the entire flock of swans had taken off, heading south. We were lucky to have seen the beautiful birds.

In a dense thicket, where a cattle trough was filled with water, Black-capped Chickadees, two species of nuthatches and Golden-crowned Kinglets foraged among the yellowing leaves.

In the distance, a Northern Flicker called and the voice of a Downy Woodpecker could be heard.

On return to the cars, we said good-bye to our friends from Penticton and Oliver. We journeyed home happy with the 23 species of bird seen and the sight of the Bighorns.



Mountain sheep in the Similkameen Valley.

Princeton Bowling

Sunday mixed: Oct. 29
 Men's hi single - Bill Brook 272
 High triple - Bill Brook 787
 High Ave. - Ron White 212
 Ladies Hi single-Deanna Krenn 267
 High triple - Claire Proulx 632
 High Ave. Claire-Proulx 200
 Team Hi Single and Hi triple - Duzzen Madder 1337, 3693
Tuesday Golden Agers: Oct 31
 Men's Hi single - Bill Horrex 226
 High triple - Bill Horrex 563
 High Ave. - Bill Horrex 188
 Ladies Hi single - Billie McKinnon 287
 Hi triple - Billie McKinnon 687
 Hi Ave. - Billie McKinnon 191
 Team hi single - Dreamers 1190
 Hi triple - Slowpokes 3404
Monday Mixed: Oct. 30
 Men's Hi single - Shane Heasman 281
 Hi four - Shane Heasman - 938
 Hi Ave. - Barrie Wright 241
 Ladies Hi single - SherryWright 281
 Hi four - Sherry Wright 883
 Hi Ave. - Sherry Wright
 Team Hi single - Who Cares 1333

Team Hi four - Who Cares - 4594
Tuesday non-smoking: Oct. 31
 Men's Hi single - Paul Gabriel 221
 Hi triple - Paul Gabriel 610
 Hi Ave. - Mike Gallichan
 Ladies Hi single-Virginia Brock 227
 Hi triple - Kay Carpenter 510
 Hi Ave. - Virginia Brock 166
 Team Hi single - Gutter Snipes 1109
 Team Hi triple - Deer Lane 3173
Wednesday Mixed Nov. 1
 Men's Hi single - Glen Stadler 286
 Hi triple - Glen Stadler 684
 Hi Ave. Ron Graff 217
 Ladies Hi single - Lyn Graff 319
 Hi triple - Nat Young 704
 Hi Ave. Lyn Graff 219
 Team Hi single - 4 Rights and a Wrong - 1242
 Team Hi triple - Headers 3457
Thursday bantams Nov 2
 Boys Hi single - Terence Stadler 150
 Hi triple - Terence Stadler 360
 Hi Ave. Terence Stadler 116
 Girls Hi single - Jennifer Walton 195
 Hi triple - Jennifer Walton 417
 Continued next page.....

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FALL 2000 TRAINING SCHEDULE

- | | |
|--------------------------------|--|
| WCB LEVEL 3 FIRST AID | 2 Week Day Program : November 6 to November 17 |
| WCB LEVEL 1 FIRST AID | 1 Day Program : November 4 |
| WCB TRANSPORTATION ENDORSEMENT | 1 Day Program : November 5 |
| RED CROSS CPR HEART SAVER PLUS | 1 Day Program : November 25 |

INSTRUCTOR - LARRY MCINTOSH

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Wednesday Movies

MORNING

10:00 am CITY 29 *** "Guilty by Suspicion" (1991, Drama) Robert De Niro. A film director's career and personal life begin crumbling after he is accused of Communist ties and blacklisted.

FAM 26 *** "The Rescue" (1988, Adventure) Kevin Dillon. The children of captured Navy SEALs embark on a daring mission to rescue their fathers from a North Korean POW camp. (In Stereo) [E]

AFTERNOON

5:00 pm WGN 33 *** "Terminator 2: Judgment Day" (1991, Science Fiction) Arnold Schwarzenegger. A reprogrammed killer cyborg arrives in Los Angeles to protect a future leader from a shape-shifting assassin. (In Stereo)

9:05 pm CITY 29 *** "Guilty by Suspicion" (1991, Drama) Robert De Niro. A film director's career and personal life begin crumbling after he is accused of Communist ties and blacklisted. [E]

10:40 pm FAM 26 *** "Arachnophobia" (1990, Horror) Jeff Daniels. A doctor's fear of arachnids becomes a terrifying reality when an army of Venezuelan spiders invades his community. (In Stereo)

EVENING

6:00 pm CITY 29 "Balls Up" (1997, Comedy) Albert Schultz. The director of a TV station's lottery program and a script assistant attempt to beat the lottery. [E]

11:00 pm WTBS 3 *** "Braddock: Missing in Action III" (1988, Drama) Chuck Norris. Col. James Braddock returns to Southeast Asia to rescue his Vietnamese wife and their son from the sadistic Gen. Quoc.

9:00 pm KREM 8 "Jackie Bouvier Kennedy Onassis" (2000, Biography) (Part 2 of 2) Joanne Whalley. Premiere. Following the assassination of John F. Kennedy, Jackie becomes involved with and eventually marries Aristotle Onassis. (In Stereo)

11:20 pm CITY 29 *** "Finian's Rainbow" (1968, Musical) Fred Astaire. An angry leprechaun heads to America to reclaim the pot of gold a simple-minded Irish immigrant stole from him.

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The News Leader will be closed for Remembrance Day. Advertising DEADLINE is NOON. FRIDAY for all ads.

Community Datebook



- NOVEMBER
7 - Hospital Auxiliary meeting PGH Board Room
8 - CHAC meeting Town Hall 7:00 p.m.
DECEMBER
2,3 - Novice Hockey tournament

WEDNESDAY, NOVEMBER 8, 2000

RED ZONES - HIGH COST GREEN ZONES - LOW COST

Television schedule table with columns for time slots (6 AM to 11 PM) and station call letters (WTBS to WGN). Includes program titles and cost zone indicators.


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WINTER MONTHS
November - December - January - February

SUMMER MONTHS
July and August

SHOULDER MONTHS
March - April - May - June - September - October

Hi! I'm Peter the Plug and this is my friend Professor Meter. We're here to tell you about electricity - where it comes from how we use it and how we measure it. Let's start by asking:




What is Energy?
Energy is what makes things work. Every minute of every day we use energy in one way or another. When you ride your bicycle, you're using your own physical energy to turn the pedals. Whenever your Dad or Mom drive the family car, they're using the energy in gasoline. When you turn on a light, you're using electric energy.

There are two types of energy:

Renewable
Renewable energy comes from resources which will always be with us. Some renewable energy resources are water, sun and wind.

Non-Renewable
Energy resources that we will eventually use up are non-renewable. Non-renewable energy resources include coal, oil and natural gas.

Non-renewable energy resources are created over millions of years from the remains of animals and plants. The gasoline your parents use when driving your family car will take millions of years to replace.

Time-of-use SCHEDULE

November

For Information 295-3244

Statutory Holidays in this period are:

	Sunday	Monday	Tuesday	Wednesday	Thursday
Midnight					
1:00 AM					
2:00 AM					
3:00 AM					
4:00 AM					
5:00 AM					
6:00 AM					
7:00 AM					
8:00 AM					
9:00 AM					
10:00 AM					
11:00 AM					
12 Noon					
1:00 PM					
2:00 PM					
3:00 PM					
4:00 PM					
5:00 PM					
6:00 PM					
7:00 PM					
8:00 PM					
9:00 PM					
10:00 PM					
11:00 PM					

Power by the Hour Rates

- Big Savings Zone 10:00 PM to 7:00 PM
- High Cost Zone 7:00 AM - 10:00 AM
- Big Savings Zone Noon - 4:00 PM
- High Cost Zone 4:00 PM to 10:00 PM

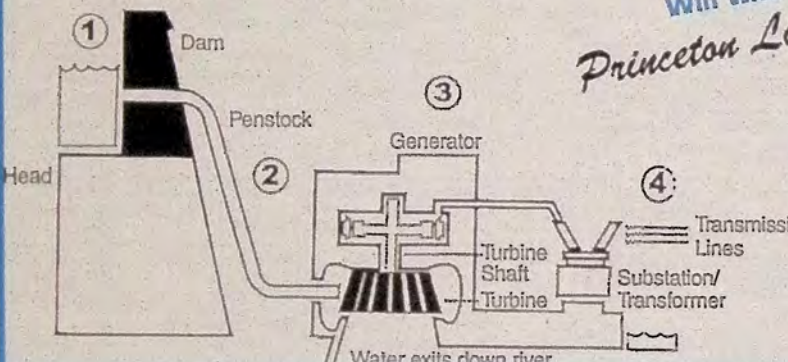
OFF PEAK
ON PEAK
OFF PEAK
ON PEAK

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Hydro electric plants use the energy in rivers, a renewable resource, to generate electricity.

- A large amount of water is held by a dam in a reservoir.
- Rapidly moving water is directed through tunnels to turn turbine blades, creating mechanical energy.
- The mechanical energy is then turned into electric energy by a generator.
- The electricity is transported to your home or farm through high-voltage transmission lines. (Those big metal towers).
- Smaller distribution lines carry the electricity throughout your home or farm buildings to electrical outlets.



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PETER'S ACT

How much electricity do the following appliances use? (C)

- Your bedroom light _____ watts (_____ kilowatts)
- _____
- Your clock radio _____ watts (_____ kilowatts)
- _____

PETER'S ACT

We know that large cars use more fuel than small cars. Well, it's the refrigerator, uses more electricity than a small appliance, like an iron. the wattage by the length of time it operates. For example: If the light consumes: 100 watts x 10 hours = 1,000 watt hours of electricity = 1 kilowatt-hour


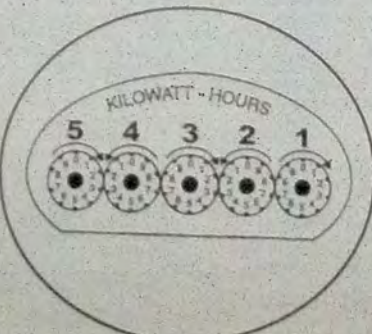
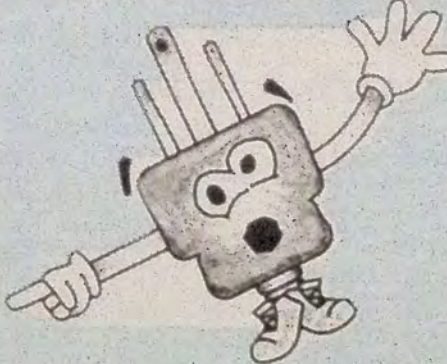
- A 600 watt coffee percolator operating for 1 hour. _____
- A 100 watt electric iron operating for 30 minutes _____
- A 200 watt VCR operating for 6 hours _____
- A 100 watt stereo operating for 2 1/2 hours _____

Just How Much Electricity Do Things Use?

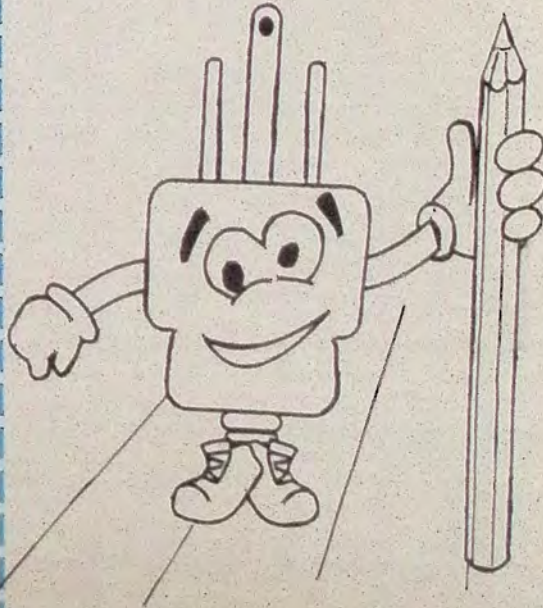

Cars and appliances have one thing in common - they both need energy to work. A car uses the energy in gasoline while an appliance uses electric energy.

The amount of gasoline a car uses is measured by a gas pump in litres. The amount of electric energy an appliance uses is measured by the energy meter in your home in kilowatt-hours.

Just as the speed of a car at a point in time is measured in kilometres per hour, the amount of electricity an appliance needs to work is measured in watts or kilowatts (1 kilowatt = 1,000 watts) and is called wattage. Every electrical appliance has a nameplate which indicates wattage (how many watts of electricity it uses) of the appliance.

LET'S COLOUR

your Electric Meter and you could "Win" some Great Prizes

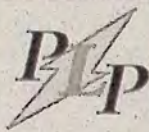
METER AND WIN!

Lakers Basketball
Fishing Rod
Skateboards

PLP FOR WINTER MONTHS

November - December - January - February

November 11th - December 25th - January 1st



Day	Friday	Saturday	Statutory Holiday
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

Princeton Light & Power and Princeton Automation and Security Systems wants to remind everyone we entered the "Winter Season" November 1st with our "Time of Use Rates." The purpose of this system is to save you money and conserve energy. PLP has outlined 3 new rating schedules which consist of the winter month schedule, (November, December, January and February), the summer month schedule, (July and August), and the shoulder month schedule (March, April, May, June, September and October). The customer benefits when he/she uses electricity in the non peak periods. The plan is very effective as it does allow for cheap KWH rates in convenient time slots. This is just another way PLP is helping the residents of the Similkameen Valley. If you would like a Resource Kit or to know how you can benefit, drop by the PLP office or call Sam Costa at 295-3244, at PLP's Energy Management Services, P.A.S.S. division.

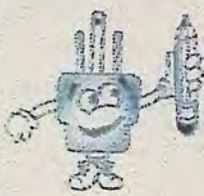
ACTIVITY NO. 1

- Check the nameplate. Remember 1 kilowatt = 1,000 watts
- Your bathroom light _____ watts (_____ kilowatts)
- Your electric toaster _____ watts (_____ kilowatts)

ACTIVITY NO. 2

the same for electrical appliances. A large appliance, such as a _____ To calculate the amount of electricity an appliance uses, multiply _____ light bulb in your bathroom used 100 watts and it is on for 10 hours, it _____ kilowatt hour (kWh)

- _____ kWh (kilowatt-hours)
- _____ kWh (kilowatt-hours)
- _____ kWh (kilowatt-hours)
- _____ kWh (kilowatt-hours)



Thanks for joining me and my friend, Professor Meter. We hope you've had fun learning about electricity.

HEY KIDS!

Princeton Light & Power presents

Meet Your Meter and Win Great Prizes!

Colour this page and answer the questions to enter Princeton Light & Power Company's Read your Electric Meter Contest for a chance to win great prizes. How much energy does your house use? Peter Plug and Professor Meter can help teach you. Ask Mom or Dad to help read your meter. GREAT PRIZES: An Official NBA Lakers Basketball (awarded November 10th), A Spin Casting Fishing Rod (awarded November 17th) and two Skateboards (awarded November 24th). To enter fill out any of Peter Plug's activities or draw your own picture of Peter Plug and Professor Meter. Bring your entry to the Princeton Light & Power Office or mail it to:

PLP Box 700 Princeton BC V0X 1W0.

GOOD LUCK EVERYONE!!

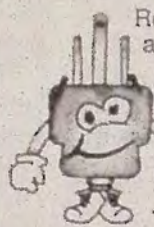
Name: _____
Address: _____
Postal Code: _____
Phone: _____ Age: _____



TIME OF USE TIPS

Meet Your Meter!

My friend, Professor Meter, can help measure how much electricity your family uses.



Reading your electric meter is as easy as telling time. By reading the dials on the face of your meter, you can figure out the amount of electrical energy (kWh) you use. Once you understand the instructions, you can do the exercise.

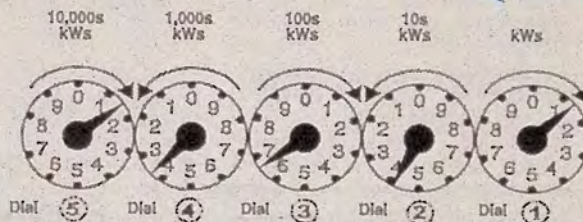
The example below is a close-up of the dials on your electrical energy meter. Most meters in homes have five dials, but some of the older models may have four. Reading and writing down how many kWh you use is the same for both types.

Each dial turns in the opposite direction from the one beside it. Dial 1 turns clockwise; dial 2 counter-clockwise; dial 3 clockwise, etc... As dial 1 goes around completely, dial 2 will move 1/10 of a full turn. When dial 2 goes around completely, dial 3 will turn 1/10 of a full turn. In other words, dial 1 must go around 10 times before dial 2 will go around once. Read the dials from right to left, and write the figures in the same order - from right to left. When the pointer on the dial is between two numbers, write down the smaller number.



← READ DIALS RIGHT TO LEFT

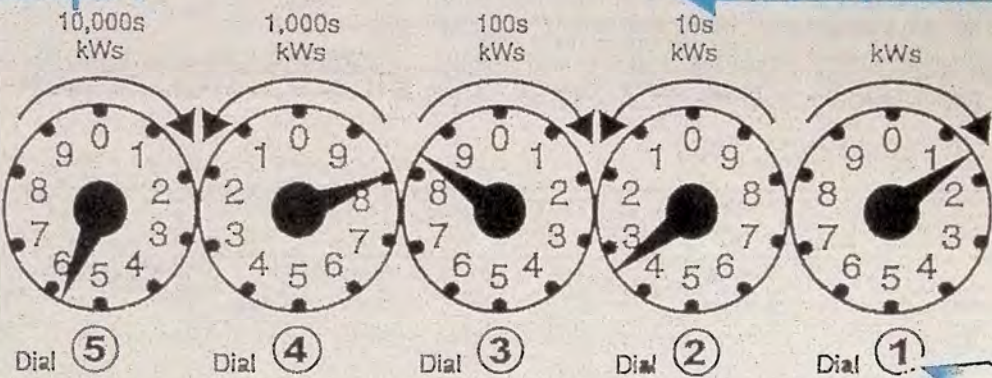
Example 1



The meter reading in example 1 is 13641.

Try this example.

Example 1



- Dial 1 reads 1.
- Dial 2 reads 3.
- Dial 3 reads 8.
- Dial 4 reads 7. (The pointer appears to be on 8, but the actual reading is 7 as dial 3 has not completed a full revolution.)
- Dial 5 reads 5.

The actual reading is 57831.



How Much Electricity Do You Use?

Peter's Activity

This exercise will help you find out how much electricity you and your family use. It has to be done every day for five days, at the same time each day.

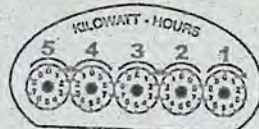
* NOTE: Some meters may have four dials.

- Draw the position of the pointers on your electric meter dials
- Write the number for your reading in the space provided for each dial,
- Subtract the meter reading for each day previous.
- Record in a notebook the electrical appliances and equipment that were used each day.

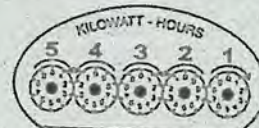
Example:

Tuesday Reading =	51470
Monday Reading =	51451
Difference =	19
TOTAL	19 kWh

used between Monday and Tuesday



Monday Reading = _____

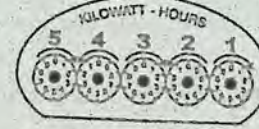


Tuesday Reading = _____

Monday Reading = _____

Difference = _____

TOTAL = _____ kWh



Wednesday Reading = _____

Tuesday Reading = _____

Difference = _____

TOTAL = _____ kWh

Name: _____
Address: _____
Phone: _____ Age: _____

Saturday Movies

MORNING

9:00 am WTBS (3)
***"Dangerous Ground" (1997, Drama) Ice Cube. A South African returns home after 12 years of exile to find the streets of Johannesburg infested with crime.
10:00 am WGN (33) ***"Over the Top" (1987, Drama) Sylvester Stallone. A trucker tries to renew his relationship with his estranged son while preparing for an important arm-wrestling contest. (In Stereo)
11:00 am WTBS (3)
***"Surviving the Game" (1994, Suspense) Ice-T. A homeless man believes he is being used as a guide for six hunters until he discovers that he is to be the quarry.

AFTERNOON

12:00 pm FAM (26) ***"Sesame Street Presents: Follow That Bird" (1985, Comedy) Voices of Jim Henson. Big Bird, whisked away to Illinois by a misguided social worker, sets out to rejoin his friends in New York.
1:00 pm WTBS (3)
***"Universal Soldier" (1992, Adventure) Jean-Claude Van Damme. Two genetically engineered supersoldiers relive the Vietnam War-era horrors that turned them against each other.
FOX (25) ***"Alien 3" (1992, Science Fiction) Sigourney Weaver. Ripley rallies a group of weaponless convicts in a desperate attempt to kill the alien stalking them.
CITY (29) ***"The Companion" (1994, Science Fiction) Kathryn Harrold. An android develops a deadly jealous streak when a lonely novelist programs it to act as her human lover.
1:30 pm FAM (26) ***"The Wizard of Oz" (1939, Fantasy)

Judy Garland. A tornado whisks a Kansas farm girl to the land of Oz, where she and three companions journey to the Emerald City. (In Stereo)
3:00 pm WTBS (3)
***"Spawn" (1997, Fantasy) Michael Jai White. A murdered government operative is endowed with superhuman powers after he cuts a deadly deal with the forces of hell.
5:00 pm WTBS (3) ***"Murder at 1600" (1997, Suspense) Wesley Snipes. A homicide detective uncovers a far-reaching conspiracy as he investigates a murder at the White House.
CITY (29) ***"G.I. Jane" (1997, Drama) Demi Moore. A woman is determined to prove that she can withstand the rigors of Navy SEALs training and join their elite ranks. (In Stereo)

EVENING

7:15 pm WTBS (3) ***"The Devil's Advocate" (1997, Horror) Keanu Reeves. A young attorney unknowingly hops on the fast track to hell when he accepts a position at a law firm run by Satan.
8:00 pm KHQ (7) ***"Eraser" (1996, Adventure) (PA) Arnold Schwarzenegger. An agent for the Witness Protection Program uncovers a mole in his own department while guarding a young woman. (In Stereo)
KXLY (10) ***"G.I. Jane" (1997, Drama) Demi Moore. A woman is determined to prove that she can withstand the rigors of Navy SEALs training and join their elite ranks. (In Stereo)
KTLA (27) ***"Sister Act" (1992, Comedy) Whoopi Goldberg. A Reno lounge singer-turned-murder witness transforms a group of singing nuns into an unconventional convent choir.
8:30 pm WGN (33) ***"Star Wars" (1977, Science Fiction)

Mark Hamill. George Lucas' revamped version of his space opera about rebels and robots united against the evil Galactic Empire. (In Stereo)
9:00 pm FAM (26) ***"Doctor Zhivago" (1965, Drama) Omar Sharif. David Lean's adaptation of the Boris Pasternak novel about the Bolshevik Revolution as seen by a sensitive physician.

10:00 pm CITY (29) ***"G.I. Jane" (1997, Drama) Demi Moore. A woman is determined to prove that she can withstand the rigors of Navy SEALs training and join their elite ranks. (In Stereo)
10:20 pm WTBS (3) ***"Raising Cain" (1992, Suspense) John Lithgow. A scientist with multiple personalities sets out to complete his late father's experiments in child development.

11:00 pm WGN (33) ***"Air America" (1990, Adventure) Mel Gibson. During the Vietnam War, a co-pilot has a sobering effect on his partner, a CIA-sanctioned drug smuggler. (In Stereo)

Call the Leader at 295-4149 or fax 295-4103 e-mail nwsleadr@plpower.com

Horoscopes November 7 to 14

ARIES - You will be in good humour this week, and looking for fun. Money is tight, and friends are contentious. Seek feminine companions - males will be aggressive toward you.
TAURUS - Interaction with others is demanding and you will feel discouraged at the beginning of the week. Guard against infection, colds, burns, cuts and accidents for the next six weeks. Be cautious.
GEMINI - Your energies build and you will feel ready for action and fun. Stay away from alcohol this weekend. Keep a clear head. Sports activities and exercise will be good for you.
CANCER - This week continues the smooth path if you have planned well. Things you planned a month ago can go ahead by Friday. Family matters may be challenging - remain calm and take charge.
LEO - You have plenty of energy this week and you should focus your attention on home and family. You might want some fun with friends this week. Male companions will be most suitable.
VIRGO - You turn your attention to sources of income this week. Money, valuables, resources, home, property need your effort. Siblings, neighbours, your vehicle: pay attention to details in this area.
LIBRA - You feel energetic and want to get ahead in life. Guard against stress on the job. Follow safety rules. Your financial situation requires your full attention and some planning.
SCORPIO - The beginning of the week is confusing. Perhaps somebody at home is not telling the whole truth. Don't let worries upset you - things start to clear up by the weekend.
SAGITTARIUS - After some of your deep concerns are resolved, you can move ahead. Partnership matters become more active and more fun. A sibling may surprise you.
CAPRICORN - Career matters are challenging but not insurmountable. A problem at the beginning of the week is easily resolved. You will calm down on Sunday. Take it easy and relax for a change.
AQUARIUS - Having more energy helps you enjoy this week. After a few days of confusion, you learn more about the situation. This weekend makes you do some deep thinking.
PISCES - Something may cause you sudden worries this week, but it will soon pass if you withhold judgement and look for the truth. Matters pending for the past month are now settled.

SATURDAY, NOVEMBER 11, 2000

Table with 18 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN) and 24 rows of programming details including time slots and program titles.

Volunteers learn fundraising skills

An enthusiastic group of volunteers gathered at the Skills Centre on Saturday, October 21, with one thing in mind: how and where can

we find more money to support our community groups' activities? Volunteers from 4-H, Chamber of Commerce, Figure Skating, First

Nations, Community Skills Centre, Economic Development and many more local and regional clubs and groups were gather to learn the ins and outs of 'The incredible Fund Raising Process.'

Ross and Chris McGinnis from the Kinlochaine Group are fund development experts from many years in the fundraising trenches. They brought along a data base called the BIG Database, which contains over 8,000 foundations and granting organizations that can be targeted for specific funding requests.

In return, Ross and Chris received hospitality and reception in true Princeton style. They were impressed with the quality and commitment of the groups represented. This program was organized and offered by Princeton Community Skills Centre.



Skills Centre hosted a workshop for local fundraiser groups.

Support Christmas seals

Marilyn Lawrence, Princeton director of the British Columbia Lung Association, is looking to the people of Princeton to make the first Christmas Seal Campaign of the new millennium a province-wide success.

"Our fundraising goal is \$3,375, just a little more than the total that we raised last year," says Lawrence, volunteer director of the British Columbia Lung Association. The 1999 campaign raised \$3,338 in Princeton. The province-wide goal for 2000 is \$1.45 million.

"It's the first Christmas Seal

Campaign of the millennium, so we'd like to begin by raising even more money than last year to support vital health programs for the one in five British Columbians with breathing problems," says Lawrence. "Revenue from the Christmas Seal Campaign allows our health programs and research to continue all year long, so we're asking people who can afford to do so to be especially generous in 2000."

Prior B.C. Lung Association supporters will receive their colourful Christmas Seals by the end of October.

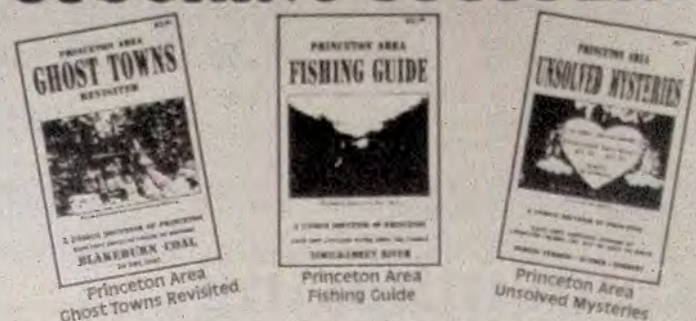
Rebekah news

"Flea Market" was our theme at the meeting. Besides making arrangements for the convening of the table for that day, we participated in forming words from the letters used in FLEA MARKET. One sister found 46 four-letter words with little trouble. Each sister was given small gifts of candy for her effort.

Our Noble Grand Sister White, assisted by Sister Moore P.N.G., will lay a wreath at the Cenotaph on Remembrance Day.

Four Vermilion sisters drove to Oliver for our Presidents' official visit to their lodge. It was perfect weather and all enjoyed their visit with sisters from other lodges. Refreshments provided by Sister Clelland and Sister Stenvold were enjoyed by all. Sister Clelland won the table draw and was delighted with the Santa Claus candle.

CHRISTMAS STOCKING STUFFERS

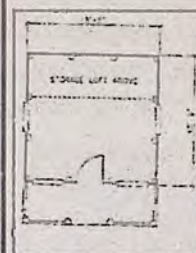


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www.princetonpostandbeam.com *email: ppab@nethop.net

Tel/Fax (250)295-0513



Marilyn Lawrence encourages everyone to support the Year 2000 Christmas Seal Campaign and use Christmas seals.

FIREWOOD SALE

The Grad Class of 2001 and Princeton Athletics would like to thank the following volunteers for this years Firewood Sale:

WEYERHAUSER - PRINCETON
KEN THOMAS TRUCKING
JEBWAY LOGGING

GONZO J. R. KRENN
STEAMER TOM ANTONICK
DOUG WILLIS BRIAN ORTWEIN

All Parents and Students who volunteered time and vehicles for delivery

THANK YOU!

COUNTRY
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All listings are MLS unless otherwise stated.

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\$99,000 Investment Opportunity 4 plex on large lot. Convenient downtown location - Will look at trades for downpayment.

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5 BEDROOM FAMILY HOME. NEARLY ONE ACRE ON YEAR ROUND CREEK, CLOSE TO TOWN. \$159,900

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HOME IS WHERE THE BARGAIN IS! 1 + 2 bdrm home in downtown historic Hedley. \$49,900.

MLS

Rustic Cabin in the woods 6.55 acres, close to Osprey Lake \$45,000.

MLS

2 bdrm, landscaped, fenced yard, detached garage. Asking \$69,900.

MLS

2 Bdrm./lg yd./ Garage ASKING \$65,000

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POINTS OF VIEW

OUR VIEW

Remembering is needed more now

World War II ended fifty-five years ago. The Korean War ended nearly fifty years ago. Many people today will question whether Remembrance Day has any significance. Most of our population has no memories of either war. They have no idea what war is about, nor do they understand the significance of the kind of sacrifices demanded of every person during wartime.

The purpose of Remembrance Day is to remember the sacrifices people made. Ordinary Canadians went to a foreign land prepared to sacrifice their lives to combat what they believed was an evil force. Today, we have groups such as the Aryan Nations trying to tell us it is their right to be racist, to be anti-Semitic, to hate Catholics, and to subvert the Bible into a pro-Nazi document. If we do not remember what the war was about, then we open the door to more and more of the power-hungry "superiority" groups that people gave their lives to stop.

When we go to our war memorial locations and participate in the ceremony of remembrance, we should add the memories of those who did not go overseas, but who made sacrifices at home. We should remember the civilians who lived in the war zone and were bombed, maimed or starved. We should remember that war is an injustice to everyone involved, and it is always about the urge of one group of people to gain power over another group of people. We need to remember that war is the consequence of allowing this urge to gain political or military power.

Remembrance Day is about preserving the peace won at such a high cost to everyday ordinary people, people we might have had as neighbours, friends, or family. Never before have nations had so many "smart" weapons of destruction, and war today would mean the annihilation of nearly every living thing within range. We need to remember this, too.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

THE SIMILKAMEEN NEWS LEADER

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YOUR VIEW

C.O.P.S. speak out for police

Dear Editor:

The following article comes from the Internet, and is a reply from a police officer.

Well, Mr. Citizen, it seems you've figured me out. I seem to fit neatly into the category where you've placed me. I'm stereotyped, standardized, characterized, classified, grouped, and always typical.

Unfortunately, the reverse is true. I can never figure you out.

From birth you teach your children that I'm the bogeyman, then you're shocked when they identify with my traditional enemy - the criminal. You accuse me of coddling criminals..... until I catch your kids doing wrong.

You may take an hour for lunch and several coffee breaks each day, but point me out as a loafer for having one cup.

You pride yourself on your manners, but think nothing of disrupting my meals with your troubles.

You raise hell with the guy who cuts you off in traffic, but let me catch you doing the same thing and I'm picking on you.

You know all the traffic laws but you've never gotten a single ticket you deserve.

You shout "foul!" if you observe me driving fast to a call, but raise the roof if I take more than 10 seconds to respond to your complaint.

You call it part of my job if someone strikes me, but call it police brutality if I strike back.

You wouldn't think of telling your dentist how to pull a

tooth, or your doctor how to take out and appendix, yet you are always willing to give me pointers on the law.

You talk to me in a manner that would get you a bloody nose from anyone else, but expect me to take without batting an eye.

You yell something's got to be done to fight crime, but you can't be bothered to get involved.

You have no use for me at all, but of course it's okay if I change a flat for your wife, deliver your child in the back of the patrol car, or perhaps save your son's life with mouth-to-mouth breathing, or work many hours overtime looking for your lost daughter.

C.O.P.S. make a difference

To the Editor:

For over six months, dedicated volunteers of the community have been patrolling the streets of Princeton, assisting the RCMP. The group, which had a team out almost every night during the summer, are additional eyes and ears for the police. They are in direct communication with the officers on duty and report any incident which may require police involvement.

Currently, the group is looking for additional members to bolster their roster. Volunteers undergo a short training session and are asked to patrol once or twice a month for about four hours. The more teams the group has, the more they can be out and the less time each individual has to commit.

Both the citizens of the community

So, Mr. Citizen, you can stand there on your soapbox and rant and rave about the way I do my work, calling me every name in the book, but never stop to think that your property, family, or maybe even your life depends on me or one of my buddies.

Yes, Mr. Citizen, it's me ... the lousy cop!

The author of this article was Trooper Mitchell Brown of the Virginia State Police. He was killed in the line of duty two months after writing it. As a salute to the men and women police officers who put their lives on the line for us every day, please pass this on.

Courtesy of Princeton Citizens on Patrol.

and police have noticed a decrease in wilful damage and other petty crimes this summer and attribute this to the patrols.

Recently, Cst. Rob McTaggart of the Princeton Police Dog Service attended the group's meeting. He gave a talk and demonstration about his police dog. He also instructed the group on how to work with him if the dog is called to assist in the area.

I appreciate for their effort, members of the group were also presented with "Community Policing" pins.

Should you wish to become involved with this worthwhile group and help out the community, applications can be picked up at City Hall or the RCMP office. A training seminar is expected to be conducted soon.

Yours truly,

Cst. Chris Newel, RCMP Princeton

The Ridge View

Scare the devil out of them

by Joe Schwarz, philosopher and humorist

We will have experienced four elections in nine months, starting with our by-election in September 2000. Not often do we have two federal elections in tandem, as we do now, the U.S. and Canada's.

In Canada, we have a three-tier health care: 1) public 2) private (those patients shipped to the U.S. and those in private care homes and 3) those who are unfortunate and do not get beds or immediate care and die (i.e. trauma patients).

The Canadian economy has done well, primarily on the back of a robust U.S. economy and the provinces of Ontario and Alberta. Whoever wins the U.S. presidential election is of enormous importance to Canada because of trade. Personally, I'd say Mr. Gore is our best bet.

Nader is the most interesting. He has drawn as many as 10,000 paying listeners to his public forums, most under 30 years of age.

The politicians' fear is much like Canada's. Voters are so disenfranchised, they won't vote. Result - low turnout. Our trust in politicians is negligible. Maybe what we should do is what's being done in documented cases in New York and Ontario.

Then there's the law and order issue. Remember those from Central America who immediately pursued the drug trade in Vancouver and the illegal boat people who trashed the facilities after being fed, clothed and housed at our expense.

Who wants or respects authority to-day? Ask the teacher or cop. Who sets the values? Mr. Mulroney? The Pope? or your cousin's mother-in-law? Some would say the family. Define family today. A married couple, you say - define a marriage today.

These are some of the issues politicians are addressing. If you feel some politicians are getting under your skin, make use of one of technology's most marvelous inventions, the TV remote control.

Letter to the Editor

We have few choices

Dear Editor;

As the election draws closer, we are told the Canadian vote is polarizing. Where we once had the choice of four parties, each able to form a government in case of a radical voter shift, we now have only two.

In the USA, the voter has a choice of Tweedle-dee or Tweedle-dum. It won't matter who is elected as there is no appreciable difference in party policies and voter apathy is rampant.

In Canada, we know that we have our two major parties and one fringe party fighting over the right wing vote. The political center and the left have been completely abandoned by Ottawa's policy makers.

People with a social conscience need to realize that there is a choice for them and that Alexa McDonough has spelled out her platform loud and clear. The NDP is the party of social responsibility, the party that brought us the Old Age Pension, Medicare and the Canada Pension while propping up minority governments.

ality if we elect either of the top two parties to a majority.

The NDP's platform will extend to the coverage of drugs under Medicare, affordable housing such as we used to have and affordable child-care program that we so desperately need.

of all, the tax cuts that the Liberals and Alliance have earmarked for the rich will be used to fund these programs.

Think about it, then, on election day, please vote for yourself! Sincerely, Jeanette Wood, Penticton.

Heart Food by Dave Machin

A good definition for the word "truth" is as follows: "something upon which a person may confidently stake his/her life through recognition by personal experience." By this definition, we know that 2 + 2 = 4. We know this is true by personal experience, as are many others too numerous to mention.

Pastor Dave Machin, Similkameen Christian Center, SUNDAY SERVICES 10:30 a.m. 221 A, Bridge Street, Princeton, B.C. Phone 295-0599

PRINCETON EXHIBITION ASSOCIATION ANNUAL GENERAL MEETING and ELECTION OF OFFICERS 7:00 pm Tuesday, November 14th Council Chambers, Princeton Town Hall

PRINCETON & DISTRICT AGRICULTURAL FALL FAIR ASSOCIATION ANNUAL GENERAL MEETING 7:00 pm Thursday November 23rd Princeton Town Hall Election of 2001 Officers New Members Welcome

The Similkameen News Leader Phone 250-295-4149 Fax 250-295-4103 e-mail nwsleadr@plpower.com Toll free 1-888-350-9969

INVITATION TO WORSHIP

LIVING WATER FOURSQUARE CHURCH Sunday Service: 10:30a.m. OAPO Hall Billiter St. For home caring groups info Phone Pastor Bob Stewart at 295-7733

SIMILKAMEEN CHRISTIAN FELLOWSHIP SUNDAY SCHOOL 9:45 WORSHIP SERVICE 11:00AM Everyone Welcome DON BODDEN - PASTOR 499-2511

BAPTIST CHURCH OF PRINCETON ACROSS FROM ARENA - OLD HEDLEY RD. SERVICE TIMES Sunday School 9:30 am Family Worship 10:30 am Weekly Home Studies & Ladies Study PASTOR PETER RYTKONEN 295-7752

St. Paul's United Church Office Hours Tues & Thurs 9:30 - 12 Noon Worship & Sunday School 10:30 a.m. Minister Chris Haugland Home: 295-7302 Phone: 295-7714 Also serving the Anglican Community

PAOC ELIM TABERNACLE SUNDAY SERVICES 9:45AM SUNDAY SCHOOL 11:00AM MORNING WORSHIP 6:00PM EVENING SERVICE BIBLE STUDY WEDNESDAY 7:00PM YOUTH NIGHT THURSDAY 7:00PM PASTOR MARK BERNARD 312 9TH ST. KEREMEOS PHONE: 499-5847

Similkameen Christian Center GOD IS GOOD Service: Sun 10:30 a.m. Childrens Church - ages 5-11 Office hrs. Mon.-Thurs. 10-4 p.m. Pastors Dave & Tena Machin 221 A BRIDGE ST. PH: 295-0559

CHRIST THE GOOD SHEPHERD LUTHERAN CHURCH The Chapel of the Princeton Funeral Home 133 Bridge St. Sunday Worship Services Nov. 12 & 28 at 11:00 A.M. Bible Study & Sunday School at 10:00 am PHONE 295-7091 CHURCH OF THE LUTHERAN HOUR 7:30 AM SUNDAYS LOCAL RADIO PASTOR L.M. CARLSON

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PHONE NUMBERS TELL VALLEY LOCATION

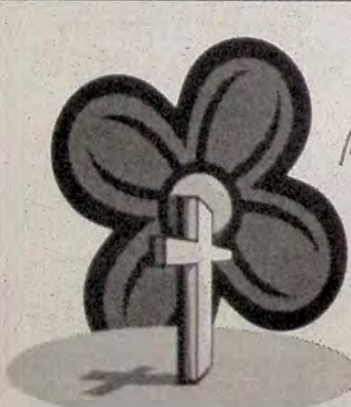
Princeton area phone numbers begin with - 295
Hedley area phone numbers begin with - 292
Keremeos - Cawston - Olalla begin with - 499

APPRECIATION

FRIENDS OF SHARON

A big thank you to all the people and business that helped with our Dinner & Loonie Auction for Sharon & Family. You all truly made it easy to pull off in the week we had to do it. Thank you to High Country Styling, Riddell Bay Studio, Princeton Hotel, essential Massage, Bridge Street One Hour Photo, The Cut Above, Arbor House, Jenny's Antiques, China Creek Internet, An Ounce of Prevention, No. 1 Fitness & Video, Work World, Pharmasave, Studio 137, Touch of Hope, The Maze, Princeton Glass, Southern Ridge Trading Co., Mac's Auto Parts, Home Hardware, Radio Shack, Forget-Me-Not Antiques, Similkameen News Leader, Sunshine Daycare Centre, Brian Bertrand Music, Dean Stinson M/C, Dee Lintyck (Head Chef), Butch & Bridgette Kavanagh (Head Swampers), Cathy Mc Neal & Dennis the carrot man. Burstalls, Kevin Acres/Keith Head Mai-tre d', Muirs, Bernnie, Elizabeth, Pellys, Juds, Musselmens, Classic Decor, Mary Moggee, Maynards, Marg Obey and many others(I don't even know your names). Thank you for making it easy and lots of fun.
Brad, June, Cathy & Shelly

IN MEMORIAM



Remembrance Day
Forever grateful to
the many who served,
and to those who
gave their lives to
protect our freedom.

LEST WE FORGET

IN MEMORIAM
DONATIONS
TO THE CANADIAN
CANCER SOCIETY
DIANNE GRAHAM
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DONATIONS can be made to
Princeton Senior Citizens
Drop-in Centre Society, Box
32, Princeton, B.C.. A plaque
will be placed on the memorial
board. Contact John Sinclair @
295-3947 or Al Hill @ 295-
6635. Income Tax receipt will
be issued. Mar/Oct

11 JOB MARKET

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Just call 295-0102
References provided.

NOTICES

NARCOTICS ANONYMOUS
Meets at the Health Unit every Thursday at 7:30 P.M.
Open Meeting.
Phone: 295-0542

Princeton Auto Wreckers
FREE PICK-UP
Scrap Cars or Trucks
Call 295-6224

WOMEN'S AGLOW
An International Christian Women's Group
7 pm - Wed., Nov., 1st
Princeton Hotel Banquet Room
Coffee & refreshments served
All women are welcome!

ALCOHOLICS ANONYMOUS
Sunday (open meeting) at 8 p.m. in the health centre. Wed. at 8 p.m. in the health centre. Ph: 295-7367, 295-6138. (closed meeting). Fri. at 8 p.m. in the Tulameen Library. Ph: 295-7005. Open Discussion, Sat. 7:30 p.m. Health Unit (closed). Ph: 295-3407.

NOTICES

REMINDER

Christmas
Last Day for Making Wine Premium - Nov. 3
Standard - Nov. 17
Start it now for aged wine
Call 295-3711

PRINCETON BREWING CO.

ANNUAL GENERAL MEETING
CHINA RIDGE CROSS COUNTRY SKI ASSOCIATION
Wed., Nov. 15, at 7 pm
Town Hall
Everyone Welcome! N7

Have 6 tickets for Friday Night DOCTORS SHOW would like to trade with someone who has tickets for Thursday Night Show
Phone: 295-0087

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MORE TABLES AVAILABLE SUNDAY, NOV. 19TH, 2000
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Contact: Jackie @ 295-7060

NEWS TIPS! SPORTS EVENTS!

Ph: 295-4149 or 1-800-350-9969
Fax: (250) 295-4103

NOTICES



VERMILION TRAILS SOCIETY

NOTICE OF ANNUAL GENERAL MEETING
NOV. 15, 2000
7 PM, ARENA MEZZANINE

We need people with administrative skills, and representatives for all areas, come out and be a part of developing the Trans Canada Trail in our area. N7/14

OKANAGAN SIMILKAMEEN HEALTH REGION
will be holding its next Board Meeting at 7:00 p.m. on Wednesday, November 15, 2000
Keremeos Seniors' Centre
Information Packages Available in Advance at the Keremeos Diagnostic & Treatment Centre on Tuesday, November 14, 2000.

19 GARAGE SALE

GARAGE/CARPORT SALE
NOVEMBER 18
AT 9:00 AM
189 FENCHURCH
MISC. ITEMS, TOOLS, FURNITURE, ETC.

NOTICE TO ALL ADVERTISERS

OUR OFFICE WILL BE CLOSED NOVEMBER 11TH REMEMBRANCE DAY
CLASSIFIED ADS MUST BE PAID IN ADVANCE UNLESS YOU HAVE AN ACCOUNT WITH US
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DISPLAY ADS must be booked by FRIDAY AT NOON
All Classified ads must be in by NOON ON FRIDAY.

14 **BUSINESS SERVICES**



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BINGO

**MONDAY NIGHT BINGO
IN PRINCETON**
SENIOR CITIZENS BR. 30
Seniors Hall @ 162 Angela Ave.
5:30 p.m.
47 numbers called 6 p.m. special
(Bonanza & Odds and Evens).
\$20,000. SUPER STAR BINGO!
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**HEDLEY THURSDAY
EVENING BINGO**
Doors open 4:30 p.m.. Drop-ins 6
p.m. Snowball carry over Jack pot
& carry over Loonie Pot Bonanza
& Regular games to follow.

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MORNING!! 9:00 A.M.**
Hard Cards
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Every Friday
Doors open 5:30 pm
Elks Hall Keremeos
SMOKE FREE BINGO

**OAPO HEDLEY
SATURDAY BINGO**
Doors open 4 pm, Drop ins at 6
pm. 1st 45 Bonanza #'s, Early
Birds, 20 Regular Games, 1/2
Time. Bonanza, Loonie pot & G-
Ball, Jumping Jackpot. (min.
consolation \$50.) Lic. # 827175

**SUNDAY AFTERNOON
BINGO!**
In Hedley at the Chuchuwayha Hall
\$25 guaranteed minimum payout on
regular games. (\$50 on double-up).
Progressive Jackpot min. \$1,000.
Progressive Pot O' Gold min. \$500.
Progressive Looniepot
Free Coffee! Doors Open @ 11:30 am
Drop-ins Start at 12:30 PM followed by
Early Birds, Regular Games & Specials.

23 **HEALTH CARE**

**PRINCETON/KEREMEOS
DRUG and ALCOHOL COUNSELLING SERVICES
FREE AND CONFIDENTIAL**
Individual Counselling and Education
Keremeos: Monday & Wednesday 9:30 a.m. to 4:30 p.m.
at the Social Services Office
For appointment phone(250) 295-6776
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Princeton: Tuesday to Friday 8:30 a.m. to 4:30 p.m.
PHONE: 295-6776

Free and confidential counselling service
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Funded by the Ministry of Women's Equality.
Office hours 8:30 - 4:30
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*Eager for your
Leader?*



The News Leader
is in our office by
3:30 p.m. Monday
and in stores by
4:00 p.m. We take the
paper to the Post
Office before 5:00

Missed last week's?
Need an extra?
Back issues are always
available at the News
Leader

**Due to the
long weekend,
Similkameen News Leader
DEADLINE
FOR ADS THIS
WEEK is NOON
THURSDAY!**

PROVINCE OF BRITISH COLUMBIA
MINISTRY OF FORESTS




TIMBER SALE LICENCE A62339

Pursuant to Section 20(1) of the *Forest Act*, a Timber Sale licence is being offered for
sale, authorizing the harvest of Mountain Pine beetle infested timber. This advertise-
ment has been shortened due to the urgency of harvesting beetle prior to flight.

Closing Date: November 15, 2000 District: Merritt Forest District
Geographic Location: Calcite Creek
Volume: 14,708 cubic metres, more or less
Upset Stumpage Rate: \$31.77/cubic metre

The upset stumpage rate was determined by the Market Pricing System, and is
applicable only to coniferous green sawlog grades.

Term: 4 months

Tenders will only be accepted from individuals or corporations registered
as a Small Business Forest Enterprise, category 1.

Comments:

1. Species: Douglas fir 1%, Lodgepole pine 99%; more or less
2. Billing method: Scale based
3. Logging system: conventional
4. Logging season: any except break-up
5. Access: Placer Mtn. Forest Service Road, approximately 70 km to Princeton.
6. The licence will be required to construct 1.6 km of temporary road to access portions
of Block 1.
7. The licensee must start harvesting by December 5, 2000.


Applications will be accepted by the District Manager, Merritt Forest
District, Hwy 5A & Airport Rd., P.O. Box 4400, Sim. Main. Merritt, BC,
V1K 1B8 until 2:00 p.m. on November 15, 2000.

There is additional material which the applicant must consider in their application.
This material, application forms, and other information about the Small
Business Program can be obtained from the above Forest District Office.
Specify Timber Sale Licence A62339.

NOTICE
**Princeton General Hospital
and
Ridgewood Lodge Foundation
Annual General Meeting**
Thursday, November 16th
7:00 PM Princeton Hospital Board Room
Everyone Welcome to Attend!

The Similkameen News Leader
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1- 130 HAROLD AVE. (above Liquor Store)
Calls are forwarded to Merritt office when not in Princeton



The Search for Spirituality

Techniques for spiritual searching

Meditation is foremost among the techniques used world-wide for putting the conscious self in touch with the inner self. There are many books on meditation, but the simple way of describing it is to reduce the number of breaths per minute.

The conscious mind operates on what researchers call "beta" waves. The meditating mind operates on "alpha" waves. For a reason as yet unknown, the action of the lungs controls brain waves. To switch from beta to alpha, simply reduce the number of breaths. Inhale slowly to the count of "one thousand, two thousand" up to five thousand, and exhale at the same rate (you will have to take deep breaths). This will give you a rate of six breaths per minute, an ideal rate for meditation.

You will soon find you cannot meditate with the television or radio playing, or with the family at large. A quiet place with no telephones is great. The most difficult part of meditation is to focus your attention away from the distractions of the outer world, which is why a lot of people prefer a guided meditation.

Some people fear their minds

will be so relaxed they will be invaded by demons. To counteract this possibility, they say a protective prayer before meditating.

One Buddhist, Michio Kuchi, stated that North Americans seem to be too active to gain much from traditional meditation practices. Distance runners say they begin to feel a "high" when they are running well. Note the similarity to meditation: deep, smooth breathing at a steady rate. They may be into alpha brain waves, a state of pleasure. Yoga is an exercise of stretching which prepares the mind for meditation.

The goal of meditation is to put your conscious self in touch with your inner self. Of course, if you do not like what you see in your inner self, then you know you

have made a discovery of ways you need to change. As a way of relaxing, meditation is perfect, but as a way to spiritual enlightenment, meditation is merely a beginning, not an end in itself. It will not perform miracles. What you gain from being in touch with your inner self is meant to be put into practice to make you a better person.

"Morning after" pill is now available across counter

Women in British Columbia will be able to obtain emergency contraceptive pills (known as the "morning-after" pills) directly from a pharmacist without a doctor's prescription.

Premier Ujjal Dosanjh made the announcement October 26, saying, "There is no reason any woman in British Columbia should face an unwanted pregnancy when there is a medically safe and effective alternative. We are acting now to prevent the personal and social costs of

unwanted pregnancies."

The emergency contraceptive pill helps prevent pregnancy if it is taken within 72 hours after the suspected failure of a regular form of birth control. Women receiving the pills from their pharmacists will be given detailed information to help them make an informed decision. For the past 30 years, these pills were available for 30 years from nurses, doctors and Planned Parenthood agencies

THE HUT BOTTLE DEPOT

367 HIGHWAY 3 WEST

295-3835



OPEN Daily Noon to 6 pm
CLOSED Tuesdays

LIVING PAST 100

Beating the microbes

Microbes make us sick, but we have learned how to beat them in many ways. If we look back 100 years, we find few people who understood what microbes (germs) do and how to avoid them or protect against them. In those early days of the twentieth century, half of the leading causes of death were from infectious diseases: bronchitis, tuberculosis, diarrhea and diphtheria. Immunization and antibiotics have practically eliminated these sources of disease.

Microbes are everywhere. We cannot escape contact with them. We have to be able to fight them, one way or another. If you plan to live past 100, you have to be smart about fighting them.

The first step in fighting microbes is immunization, not just flu shots, but regular booster shots for childhood diseases. Talk to your public health nurse about what shots you might need.

The second step involves keeping things clean, especially your hands. Your hands touch everything. Keeping your home clean is a great help, and keeping your food clean is essential. Poultry carry microbes that could kill you, and so do most meats. Make sure they are thoroughly cooked and wash your hands if you have been touching the raw meat.

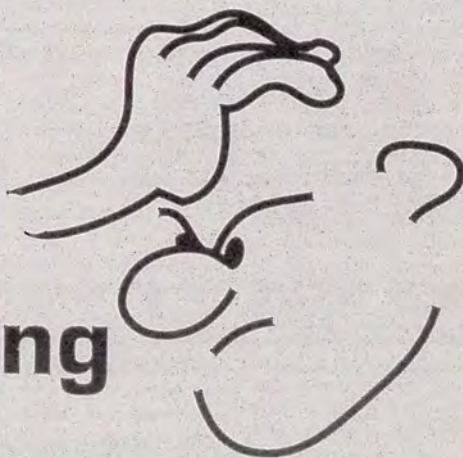
When it comes to disinfectants, you can beat most microbes with bleach. Adding bleach to water you use to scrub surfaces is a good way to kill germs. DO NOT MIX BLEACH WITH AMMONIA. Use one chemical or another, not the two together. Most cleaning products contain ammonia, but bleach and detergent is cheaper and just as effective.

Public buildings should be as clean as your home, and if they are not, complain to the right authorities.

Keep rodents out of your home and your outbuildings. Rodents carry serious diseases. Most permanent kidney damage comes from a disease carried by mice. Mice also carry a more lethal form of the disease which can kill you in days. Trap mice, squirrels, pack rats and chipmunks who may invade your property. Kill them. Do not touch them with your bare hands.

Foods can help you resist microbes. Make sure you eat plenty of carrots, apricots, broccoli, spinach, black-eyed peas, kidney beans, bananas and squash. Vitamin C is a great help, so are onions and garlic, and raw tomatoes. Chicken, crabmeat, liver, cashews, pumpkin seeds and wholegrain foods strengthen resistance to microbes. Add fish oil to your diet for an extra boost.

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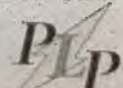
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"Busy being the Best"

Fall Fair suffers gate losses

The financial picture for the Fall Fair is not good. After paying all of the bills, the organization will have approximately \$1,000 left, barely enough to put on another fair. Members agreed to hold off paying the \$1,000 user fee to Princeton Exhibition Association. There is still some money due to come in.

There were 36 bookings and 30 vendors, some of whom did not pay, and vendors next year will have to sign a contract and put a deposit on their spot before the fair begins. Val Kjarsgaard volunteered to take charge of that category.

At the same time, the fair itself received excellent marks from the B.C. Fairs Association judge, who visited the fair and checked all of

the categories. Most of the problems of the fair occurred as a result of not having enough members, but 23 people attended the October 26 meeting, and a couple of the new members volunteered to do promotional jobs.

Poor weather meant fewer people through the gates this year. People attending the fair had an opportunity to have their names drawn for one of 23 gate prizes, a feature begun two years ago. A power outage created serious problems for some vendors and for the concession stand, where revenues were down substantially.

Jody Woodford attended a fundraising workshop and said its purpose seemed to be to sell a \$1,695 CD.

"I felt I was totally misinformed," Woodford said.

At the same time, she said she did gain some valuable tips about organizing for the purpose of fundraising, so did not feel the registration cost was wasted.

Keith Olsen, Fall Fair Board President, reported on the annual B.C. Fairs Association convention held in Vernon. He had a lot of suggestions, such as having a logo for the Fall Fair, one that could be put on pins and letter-head. There were a number of other suggestions for future action, including the selection of a midway company. He said he had talked to West Coast Amusements, and they plan to come back in the spring with the Fair Association as sponsor again.



As always, the emergency services personnel of Princeton put on the Spook House and serve up goodies and hot drinks to children and parents. Above, BC Ambulance personnel man the coffee urn and RCMP Constable Tracy Ross takes care of the cookie table. Over 450 goody bags were prepared this year, and the line-up to the Spook House, in the Fire Hall, seemed to go on forever.



After a trip through the Spook House, this little guy enjoys a visit with the non-threatening fire safety dog.

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 #1, 195 Bridge Street, Box 295, Princeton, BC V0X 1W0

C.O. wants cougar info

Conservation Officer Al Lay wants to know immediately if any cougar are sighted in Princeton. During the day, he is available at his office at 295-6343. If he does not answer, call him on his mobile phone 1-250-371-9904, or at home, 295-0250. If none of these calls brings an answer, call Princeton RCMP at 295-6911 or call 911. The urgency arises from the need to put hounds on the cougar trail within two hours of the sighting.



Laurie de Ste. Croix, left, and Paula Pateman are business partners who plan to bring a new kind of racing to Princeton to enhance the winter economy. See dogsled story.

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There are many ways to succeed in business... Here are eight that work!!!

Special Luncheon Speaker Hal Merwald, National Director of "Young Life of Canada", the Group that has an option to purchase the Princeton Stock Ranch property. He will introduce you to his organization and outline their proposed local project.

Wednesday, November 15th 7:30 AM - 2:30 PM
 Princeton and District Community Skills Centre

Partners want local dogsled racing days

Dogsled racing in Princeton in February? Why not?

Paula Pateman and Laurie de Ste. Croix are business partners who do dogsled racing. Laurie just moved here. Her dogs have been used in movies: Winter Dance, Kevin of the North, Call of the Wild. Paula does ski-joring and racing, and both women work out their dogs on gigs (wheeled carts). There are even cart races.

Between the two, they have 37 dogs - Samoyeds, Siberian huskies, Alaskan huskies. When they go to races, they think about how Princeton would be an ideal location for dogsled races. They have been thinking about it for two years, and now they want to do something about starting the races here.

"It's a good sport," says Paula. "Anybody of any age can enter, and it is non-gender."

There is a race category for children, who use just one or two

dogs. Dogsled racers promote good care of dogs. They do not use whips as are shown in movies, no injured dogs are allowed to run, and there are always veterinarians at the races in case a dog is injured. They follow the International Dogsled Racing Association rules, and no infractions are permitted.

What would they need from Princeton people to start dogsled racing here?

They need the usual - volunteers. They need snowmobilers to help groom trails, and for emergencies during the races. They need volunteers for all kinds of activities connected with putting on any major event. Volunteers do not need any experience with dogs.

Paula and Laurie will welcome anyone interested in the idea of local dogsled racing to a meeting at Pinewood Pottery (km. 28 on Highway 40, Pinewood Drive) at 6:30 p.m. on November 10.

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I'm in the **MOOOOD** for **MEAT**.
 Fresh **MEAT**.

Not that I have anything to **BEEF** about, but have you noticed the **MEAT** Department at **GARDEN FRESH FARMER'S MARKET**? Quality they would **STEAK** their reputation on. No **BULL**. Not that I'm **PORKING** fun... hmmm, that reminds me, there's **PORK**, too. And I'm not **CHICKEN** to say I like my **BREASTS** stuffed. See the **GARDEN FRESH FARMER'S MARKET** Meat Department for all this and more.

It's **BACON** me hungry.
 Open Daily from 9 AM to 6 PM. Lotsa **MEAT**. Friendly folks who can take a little **RIBBING** from a **HAM** like me. No **BULL**.