



Wearing breathing apparatus, Princeton firemen smash the glass door to Bridge Street 1 Hour Photo shortly after 4:00 p.m. Saturday, not knowing what they will find. The photo business was owned by Vince and Audrey Flynn of Hedley, the building by Graham Gould, of Princeton.

## Fire hits photo shop

At 4:00 p.m. Saturday, August 4, Princeton Fire Department was called to Bridge Street 1 Hour Photo, following a report of an alarm sounding and smoke coming from the building located at the corner of Bridge Street and Harold Avenue.

Smoke was pouring out the chimney, seeping out of the roof, and some out the front and back. Firemen approached with great caution due to a strong chemical smell. Using an axe, they smashed the glass door at front and crawled into the smoke-filled

store.

The major problem was located at the rear of the building, and after the fire was doused, firemen went to investigate the basement. The cause of the fire has not been officially determined.

Vince and Audrey Flynn, of Hedley, owners of the photo shop business, had closed the shop at 3:00 p.m., hoping for a holiday weekend. Graham Gould, owner of the building, was at a family reunion in Tulameen. Both were located and cut their activities short to return to Princeton.

## Peachy accident holds up holiday traffic

Holiday traffic slowed to a crawl near Princeton as one lane was closed due to an accident. Shortly after 6:00 p.m. Friday, August 3, a westbound freight truck loaded with peaches failed to negotiate a curve on Highway 3, at the mine hill 15 km west of Princeton, and flopped on its side in the

oncoming lane.

A collision analyst attended the scene of the accident and determined speed was definitely a factor and charges are pending.

The driver, a 43 year old Merritt man, was taken to Princeton General Hospital, then transferred to Kelowna Hospital for treatment of several fractures.

## Harrower will compete at P.N.E.



Patty Harrower will be on stage at the Pacific National Exhibition Shaw Star Discovery talent show on September 1.

hundreds of entertainers who sent videos of their performances to be auditioned for a spot in the PNE Shaw Star Discovery talent show.

The PNE has "discovered" a number of talented B.C. performers, including Michael Buble and recording artist Lisa Brokop.

Harrower sings at church, and has participated in musical benefits organized by local doctors and Princeton Rotary, as well as in the annual Christmas Carol Fest and at the Fall Fair. She has entertained on one occasion at a campground, using battery-operated equipment.

During her 10 years in the Princeton area, Harrower has become a valuable asset to the community for more than her vocal talent. In addition to being a Fall Fair member, Harrower has an active role in her church, and is a member of Princeton Rodeo Club. For many years, she assisted Racing Days by volunteering at the pari-mutuel wickets. She has worked as a member of Princeton Hospice Society to bring comfort to terminally ill patients. Harrower and her husband own a printing business, where she does layout work, and does the accounting.

The News Leader welcomed her this year as our South Similkameen reporter, and she has become a familiar face in many locations in Keremeos and Cawston, and drops in to visit friends in Hedley.

If any of our readers are at the PNE on September 1, be sure to make some time that afternoon for Shaw Star Discovery and give Patty Harrower cheers from back home.

## Take your CareCard to hospital

Every time you go to Princeton General Hospital, you must take your CareCard with you. Starting August 13, hospital green cards will no longer be used. A new computerized patient registration system is being introduced.

CareCards will be required for lab tests, x-rays, emergency and outpatient services of all kinds, in addition to admissions.

Hospital staff is asking the public to be patient while they become familiar with the new equipment and new processes.

## Tulameen Days earns praise from RCMP

"Organizers did a good job of running things," said Sgt. Warren Dosko about Tulameen Family Fun Days.

Sgt. Dosko stated there were a number of charges laid for youths drinking in public, some minor drug seizures, and several motor vehicle violations, but no major incidents.

Tulameen's annual festival was a

great deal of fun for everyone, and a larger crowd than usual turned out for the parade, barbecue and triathlon (see pages 7 & 23). There was plenty for children to do and some great slop-itch games.

Princeton weekend crimes:

There was an attempt to break into Princeton Builders Mart, where continued on back page

### Weather Watch

	Princeton area			Keremeos area		
	High	Low	Precip	High	Low	Precip
July 30	23.2	5.6		26	12	
July 31	24.4	4.9		29	13	
Aug 1	25.6	8.4		29	14	
2	26.2	11	0.2 mm rain	31	14	
3	22.4	12.8	trace rain	26	16	
4	23.5	9.1		27	15	
5	23.5	6.7	0.2 mm rain	28	11	

#### FORECAST:

Wed - Mainly sunny, low 13, high 32

Thurs - Sunny with cloud, 30% chance showers, low 14, high 30

Fri - Sunny. Low 13, high 29.

Normals: low 12, high 29

August 9 - Sunrise 5:37 a.m. Sunset: 8:30 p.m. Daylight Saving Daylight: 14:01 hrs. equal to May 9.

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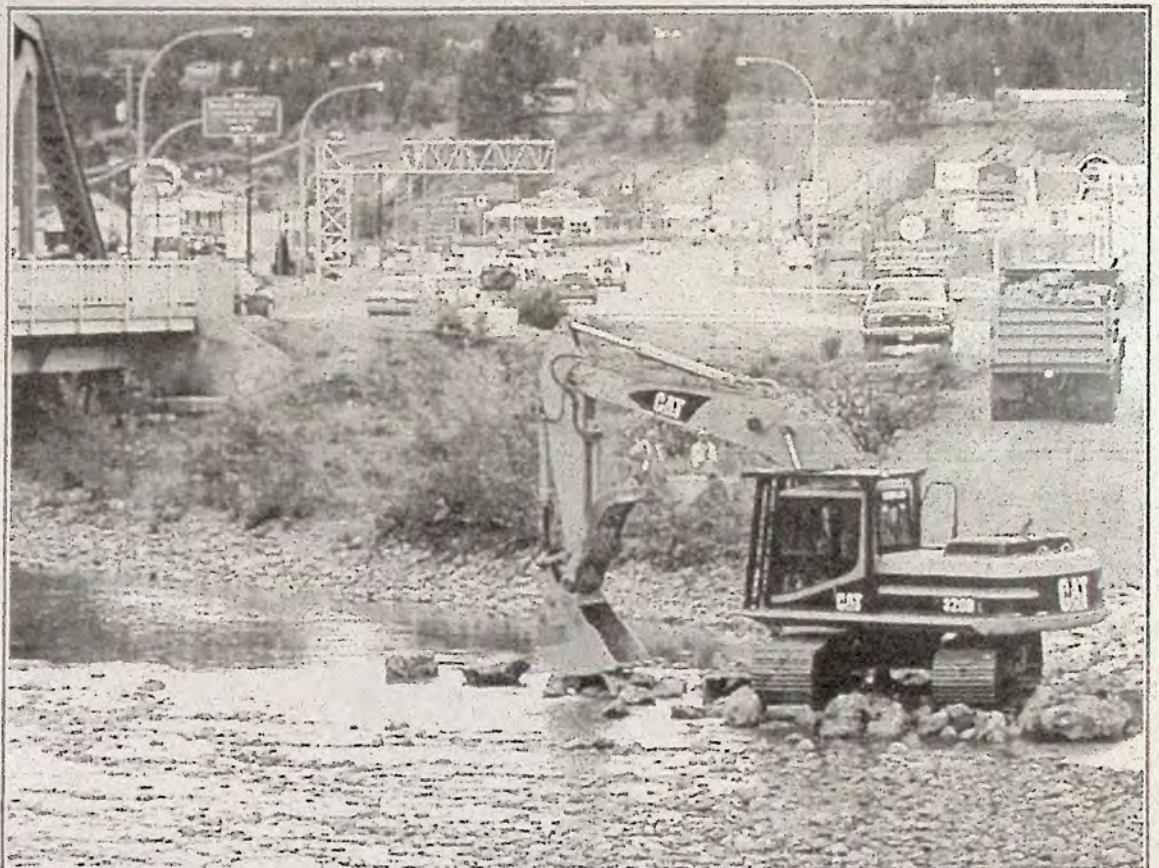
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Building a working surface in Similkameen River was the first step in constructing the new bridge on Highway 3 in Princeton. Above, K&M Trucking equipment began work last week.

## Liberal government hands out tax cuts

"Only a province with a vital, vibrant economy can afford high-quality public health and education," said Finance Minister Gary Collins after announcing major tax cuts on July 30.

Tax cuts are designed "to increase investment, revitalize industries like logging, mining and transportation and strengthen emerging sectors like high tech," Collins said.

Collins says the following tax cuts will inject \$248 million back into the economy this year:

- \* Effective July 31, production machinery and equipment bought by eligible manufacturers - and by logging, mining and energy-sector businesses - will be exempt from provincial sales tax. This will replace the existing investment tax credit for an overall saving to business of \$87 million this year.

- \* The corporate capital tax rate on non-financial institutions will be cut in half on September 1, saving

- businesses \$100 million this year. This tax will be eliminated one year later.

- \* The corporation income tax rate falls to 13.5 per cent from 16.5 per cent on January 1, 2002, and the government will strive to keep the rate competitive in the future.

- \* To help the province's airports, on August 1 the domestic jet fuel tax rate will fall to two cents a litre from five and the aviation fuel rate, two cents a litre from three.

- \* On August 1, the seven per cent tax on bunker fuel will be eliminated, which will make British Columbia ports more attractive to cruise ships and other large vessels.

- \* To encourage exploration for new mines, on July 31, British Columbia will introduce a 20 per cent flow-through share credit modeled on a similar federal credit. The existing mineral exploration tax credit will remain for those who do not use flow-through shares.

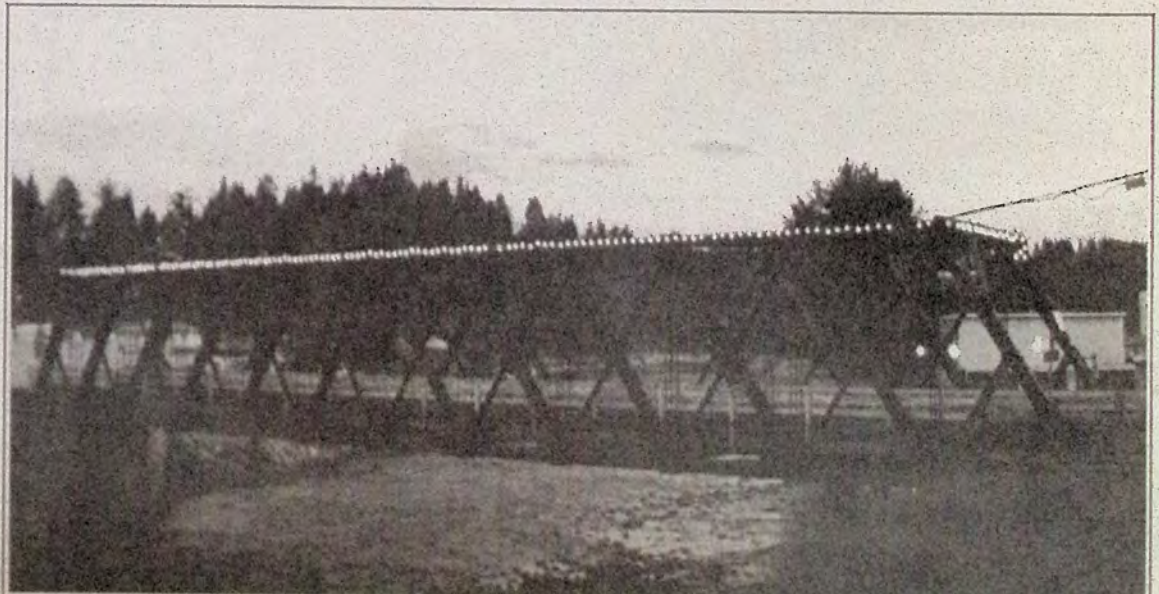
- \* As of July 31 the threshold at which the passenger vehicle surtax is introduced will be \$47,000 - up from \$32,000.

The government has announced that the 25 per cent cut in personal income tax has resulted in a 20 per cent increase in the B.C. consumer confidence index compared with a three per cent national rise.

### Balanced budget:

Legislation introduced with the tax cuts includes the Balanced Budget and Ministerial Accountability Act, which ties ministerial salaries to budget targets and requires a balanced budget by 2005-2005. The amended Budget Transparency and Accountability Act will see the province move to implement generally accepted accounting principles and will ban the use of special warrants in all cases but natural disasters and post-election periods.

Collins predicts the changes will result in B.C. leading Canada in economic growth.



## It's all lit up!

Thanks to a string of lights across the top beam, the old wooden bridge across the Tulameen River in Princeton has a new look after dark.



The 4-H contingent prepares to depart to Florida where they received a warm welcome from the Seminole tribe 4-H members.

## Seminole tribe welcomes local 4-H reps to Florida

"There were alligators everywhere," Sarah Van Heeswijk told the News Leader after her stay in Florida.

Nine 4-H members and three chaperones returned from Florida last week after spending eight days at Seminole reservations. The visit to Florida was part of a 4-H exchange program. Next year, the Florida members will come here.

The chaperones were Sue Coyne, Lawrence Newman and Yvonne Price, and the 4-H Princeton members were Sarah Van Heeswijk, Chris and Peter Newman, Clara Coyne, Nadine Price, Evan Esdale and Cullen Smart. Two 4-H members came from Oliver, Julia Bonnet and David Winters.

To save money, the group travelled to Spokane to take the flight to Florida. Their first event occurred on the way to Spokane, when they arrived at Grand Coulee Dam to catch the light show.

From Spokane, they flew to Salt Lake City, Utah, and then went on to Orlando, Florida, where they were greeted by humidity they had never before experienced. At the Orlando airport, they were picked up by the Seminole 4-H co-ordinator and were taken to Bahia Beach to a resort, where they were paired with Seminole tribe 4-H members. The Seminoles own the resort. In the evening, they attended a welcoming dinner hosted by the tribe.

The following day, they toured Kennedy Space Center.

On their fifth day away from home, they went to the beach, but not to swim. They looked at the beach wildlife, the seashore creatures common to the Florida coast, which was present in abundance. To swim, they jumped into the resort pool.

Walt Disney World was on their agenda the next day, and they

enjoyed themselves.

After seeing the city sights, they travelled to the Seminole Reservations and Okechobee Lake. Big Cypress Reservation is isolated from city life. On the reservation, the tribe grows sugar cane and operates a sugar refinery. They raise cattle and have orange groves. The 4-H facilities are "massive", Van Heeswijk said. There is a rodeo arena, barns, and bunkhouses. The tribe hires people to help 4-H members with their programs. This is where the 4-H members stayed while on the reservation.

Van Heeswijk says the Seminoles are a wealthy tribe. There are 2800 tribal members, each of whom receives \$2,000 a month from birth. University costs are paid by the tribe. All members of the tribe work hard.

The day after settling in at Big Cypress Reservation, local 4-H delegates were taken on an airboat tour of Billy Swamp. Airboats have big fans at the back to propel the boats through the shallow swamp water. They saw razorback hogs (wild), alligators, gar fish, and turtles.

After the tour, they went to the tribal museum, where they learned the history of the tribe. In addition, they were told how the tribe makes its money. The resources, in addition to agriculture, include the manufacture of small boats and airplanes, the operation of casino yachts, and two resorts.

In the evening, they attended a rodeo at Hollywood Reservation, located near Fort Lauderdale, to see Seminole 4-H members compete in rodeo events.

On their last full day at the reservation, 4-H members climbed up into a huge swamp buggy to visit the traditional lands of the very early Seminoles. This was land six feet above sea level, and it had been the only land not under water

before the swamps were drained by European settlers. They saw plants that grow nowhere else in Florida. They were shown the largest alligator in captivity (14 feet long) and heard a lecture on the differences between alligators, Cayman, and crocodiles.

The following day, they said good-bye to their hosts. They expressed appreciation for the great deal of work the tribe had put into organizing the exchange and making it a great learning experience for the Similkameen contingent.

The exchange was not all one-sided. Local members showed a video done by Beautiful British Columbia and the award-winning pictograph video done by Princeton students.


Next year, when the Seminoles come to the Similkameen Valley, Princeton's 4-H Club (and their tribe!) will show the Seminoles around the Similkameen area as well as other parts of British Columbia, where local agriculture will be on display.

Anyone who is involved in agriculture in the Similkameen area and would like to host a tour next year, please call Sue Coyne at 295-3569, and any other group who would like to make a presentation or host a tour may call.

### Three sectors okay Richardson

Miles Richardson has been supported by the governments of B.C. and Canada, and the B.C. First Nations Summit, for re-appointment as Chief Commissioner of the British Columbia Treaty Commission.

Robert Nault, Minister of Indian Affairs and Northern Development said, on July 25, he looks forward to continuing to work with Richardson and "I too am pleased with the work Miles Richardson has done as Chief Commissioner."



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**ADVANCE COURSES**  
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## Museum looks for family histories



The yard around Keremeos Museum displays an interesting assortment of antique farm equipment.

by Patty Harrower

A project to compile local area family histories has begun at the Keremeos museum. Student Coordinator Leanne Stewart is busy looking up data about early pioneers in the Keremeos, Cawston and Olalla areas, during the late 1800's to the early 1900's.

Stewart has been immersed in vital statistics, finding out dates of marriages, births and deaths in order to trace pioneer families' growth.

Current area residents are asked to come forward with any information they may have about their ancestors and what sort of contributions they made in the valley.

When the data is compiled to date a document will be made available to the public through the library. There are no plans at present to mass produce a book for sale. The project will continue for the foreseeable future. Current events become history as they occur.

The museum, which averages eight visitors daily, showcases exhibits of period dress, furniture and household items among other treasures. Outside in the courtyard visitors will find an assortment of old farm equipment donated by local families.

## Economy study is underway

by Patty Harrower

The Ministry of Community Development Cooperatives and Volunteers has approved funding to enable Similkameen Country, an amalgamation of the Keremeos and District Chamber of Commerce and the Keremeos and South Similkameen Economic Development committee, to conduct a one year project called "Opportunities in Agriculture," covering the areas of Cawston, Keremeos, Olalla and Hedley.

They will soon begin contacting ranchers and agricultural businesses to gather information and data for a catalogue of agricultural producers and Agri-tourism operators. The catalogue will identify services and supplies not yet available in the valley, and make the general public aware of how vital the agriculture industry is to our valley and beyond.

It is hoped that this project will help sustain and improve the economy of the valley by attracting new agriculturally related businesses and providing jobs, particularly for the youth. For more information, contact either Ken or Lisa at the Infocentre in Memorial Park, Keremeos or phone them at 499-5525.



Keremeos Volunteer Fire Department rushed to the Soul Harbor bush fire in record time, stopping it before it spread.

## KVFD rushes to rural bush fire

by Patty Harrower

At approximately 1:45 p.m. Tuesday July 31 the Keremeos Volunteer Fire Department responded to a bush fire at the Soul Harbor Ranch located on Highway 3 near the wildlife lookout west of Keremeos.

Chris Larsen of the Princeton Unit Crew of the BC Forest Service spotted the blaze on his way back to Princeton, called in to the GPS (Global Positioning System) to alert firefighters to the exact location of the fire, and stayed to assist the KVFD who arrived at the scene within seven

minutes of the call. The fire was brought under control by 2:15 p.m. though firefighters continued to work the area until approximately 5:00 p.m.

The cause of the fire has not been determined, though some firefighters at the scene said it may have been caused by spontaneous combustion of materials at the point of origin. There was a good bit of wood waste and the ground had been quite disturbed. Arson is not suspected at this time.



The Health Centre garden is a beautiful place, with its flowers and fountain, for residents to enjoy the outdoors.

## Health Centre runs at capacity

by Patty Harrower

The new 25 bed Long Term Care/Diagnostic Health Care Centre which opened June 4 is now running at full capacity. The last resident was admitted July 9 and all staff positions are currently filled. Residents have access to a doctor on staff in the diagnostic wing daily, Monday through Friday, and on call 24 hours.

Many scheduled activities keep the residents busy through a typical month, from bingo games on Mondays to exercise periods, scheduled most Mondays, Wednesdays and Fridays. Residents may enjoy baking every Tuesday morning, then in the afternoon,

attend church services provided by a different local denomination each week. Arts and crafts can be enjoyed on Thursdays, and Fridays will find residents joining in a sing-a-long. Throughout the month several speakers and entertainers are scheduled as well.

The Centre is a lovely, comfortable place for persons requiring long term care. Residents and visitors may enjoy a breath of fresh air in their beautiful courtyard garden. Flowers planted by Mrs Anne Singh, wife of 40-year resident Isaac Singh are in full bloom. The courtyard also features a fountain donated by Mrs. Frances Peck.

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### FINANCIAL FOCUS

#### What To Do When Bad News Hits Your Stock Portfolio

Bad news is never welcome. A consumer alert, accounting irregularities, a lawsuit or a host of other possibilities - bad news may cause an investor to hit the panic button, particularly if share value drops.

The best response is to take a deep breath and calm down. The worst thing you can do is take rash action based on the day's headlines. If a company is in the unpleasant glare of the media, chances are its stock price has taken a major dip. To sell at that moment would be to ignore one of the principal rules of investing -- to buy low and sell high.

Don't forget that defective products can be corrected or pulled from shelves, and shifts in management can bring positive change. As for lawsuits, remember the old adage about being innocent until proven otherwise. Time may brighten the picture considerably and restore the value of the stock.

If you are uncomfortable with a company facing turbulence, talk to your investment representative to ensure that the stock still fits your investment objectives. If the company's products have kept a competitive advantage and the business remains poised for significant growth, then you may want to maintain your buy-and-hold strategy.

Bumpy times within the market can be a good opportunity to buy more shares. A good mix of stocks, bonds, securities and reasonably liquid investments such as money market funds, will help temper the effects that bad news may have on a single stock.

Don't be unnecessarily troubled when a stock takes a knock. Instead, remember your long-term investment plan and how your diversified portfolio can ride out the storm. And remember that it's time in the market, not timing the market that counts.

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# Local realtors join Century 21

Century 21 is the new company which has gained the confidence of realtors at the former Realty World office. Neil McHaffie, owner, stated Century 21 was able to provide the services, input and online technological tools realtors need to compete.

Local realtors receive more inquiries online from lower mainland urban dwellers.

"It's a huge percentage," McHaffie says.

Lower mainland people look at online listings, then inquire online or phone, McHaffie told the News Leader.

Century 21 is a franchise with 6600 offices world-wide. Century 21 provides services to offices working under the Century 21 umbrella.

"It's essentially a common pooling of resources," McHaffie explained. "They have huge resources we can make use of."

McHaffie feels the more resources he can provide to the office and its realtors, the more resources they have to give to their clients.

All of the realtors in the office heard a presentation from Century 21, and all agreed to make the change.

"This allows us to keep up with what our customers expect," McHaffie said. "We think Century 21 is going to assist us in doing that."



Neil McHaffie, Century 21

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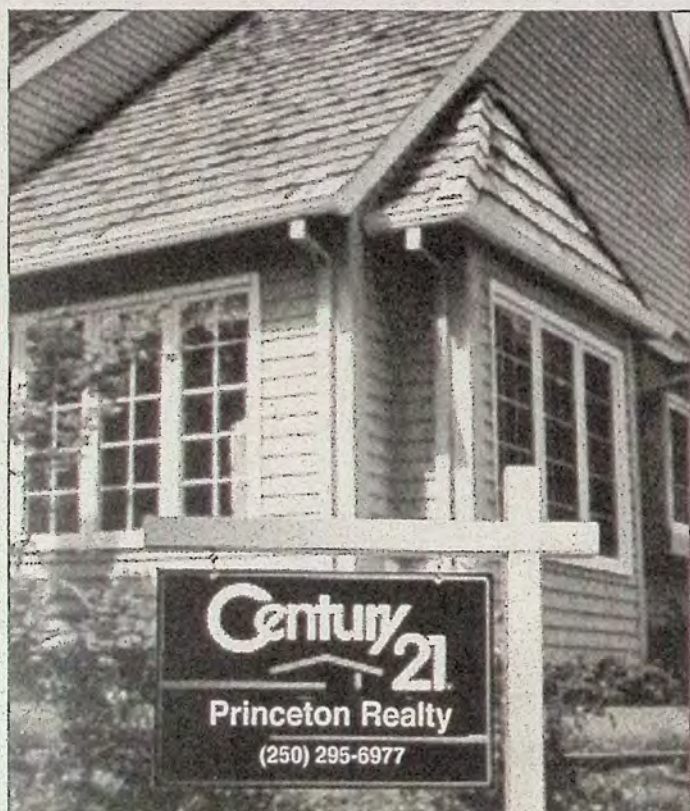
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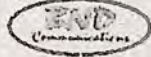


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Allergies can be to food, pollen, dust, dust mites mold, mildew, chemicals, pets and plants. If you suspect your child has an allergy, there are tests that can identify the source of an allergy. A food allergy may cause hives, rashes, or gastric upsets, but pollen, dust and pet dander may cause wheezing, sneezing, runny nose, itchy eyes and a short-tempered child.

Children with allergies often perform poorly in school, and often the poor performance is related to lack of sleep and the feelings generally associated with chronic illness.

Allergies cannot be cured, but they can be controlled. One of the ways of controlling allergies is an antihistamine medication. Parents should not diagnose the child as having an allergy and should not administer medication without consulting a specialist. Antihistamines are heavy-duty medicine which should be prescribed for a child by a doctor specializing in pediatrics or allergy treatment.

The thing parents can do to help is remove allergens (things triggering allergy reactions) from the home. Parents can make the home a no smoking zone, remove carpeting from play

areas and replace with wood or tile, wash floors, woodwork and all washable surfaces frequently with unscented cleaning products.

Perfumes, cleaning products and laundry powder may trigger an allergic reaction.

Purchase a quality vacuum cleaner with High Efficiency Particulate Air (HEPA) ratings for the machine and/or the vacuum bags, and use the machine frequently.

Feather pillows and wool blankets can trigger allergic reactions. Replace these with non-allergenic synthetic products. For extra protection, put zippered dust-proof covers on pillow, mattresses and box springs.

Wash sheets, pillow cases, comforters and other bedding in hot water at least once a week, using scent-free laundry detergent.

Keep the home and automobile

very clean, free of dust, mold and mildew. Mold and mildew are commonly found in bathrooms, especially on tile grout, around and under sinks and toilet tanks, and on shower curtains and shower doors. Mold and mildew can be found in any area of the home which is damp, such as in cupboards under sinks, around laundry equipment, and on porches. To remove mold and mildew, use diluted bleach.

Pet animals and birds may have to be removed from the home. Often, this is very upsetting to a child. The child needs to understand there is a connection between feeling sick and having the pet close by.

Some children will grow out of having allergies, and others will benefit from allergy shots and/or medication. The effort parents make for the child will result in a healthy, happy child.



Anything your child touches or breathes may trigger an allergy.

## Coping with COPD

Too often with smokers, lung function abnormalities go unreported. Even if you have stopped smoking, emphysema can set in or chronic bronchitis. By age 60, the airflow to your lungs might be so obstructed you would stop several times simply getting dressed. This is COPD, known medically as Chronic Obstructive Pulmonary Disease.

Everyone who smokes worries about lung cancer, but COPD covers a number of continual and irreversible lung disorders that obstruct the air passages. COPD is permanent.

COPD is the fourth most common cause of death in North America today, and it is the only leading cause of death that is on the rise.

As people in Canadian society are growing older, the need for treatment may increase rapidly. Present therapies include the use of an inhaler four times a day. Anyone who has smoked should report any breathing problems to the family doctor immediately.

## Living past 100

### It's true - carrots really can save your eyesight

Remember the old saying about carrots being good for your eyes? Well, science has proven it is true. Carrots can save you from blindness that often comes from old age. This form of blindness is called "macular degeneration" and carrots are one of the foods that help prevent this disability. If you are planning to live more than 100 years, then you want to live a quality lifestyle.

Many people believe blindness and deafness go with advanced age, but that belief does not add up to fact in today's world. Now that we know a lot more about nutrition and what it can do for quality of life, we can prevent a lot of the diseases and disabilities commonly associated with living a long life.

Macular degeneration is the degeneration of a tiny part of the back wall of the eye called the macula. This part of the eye controls straight-ahead vision. Light-sensing cells slowly break down and the world of the person with macular degeneration becomes more and more grey.

Two plant pigments seem to stop macular degeneration. Yellow fruits and vegetables contain these pigments, which are called lutein and zeaxanthin. Lutein is present in the eye and gives it a lemony coloration. To ensure the level of lutein remains high, you should be eating five or more servings of fruit and vegetables daily.

When you go looking for these yellow pigments, remember they may occur in green vegetables and red vegetables as well as in orange and yellow. Of course, carrots are a great source of yellow pigments, but so are kale, green beans, broccoli, cranberries, tomatoes, sweet red peppers, squash, pumpkins, turnips (rutabaga or Swede), apricots, peaches, watermelon, corn and cantaloupe. With so much good food to choose from, eating five or more servings per day should be fun!

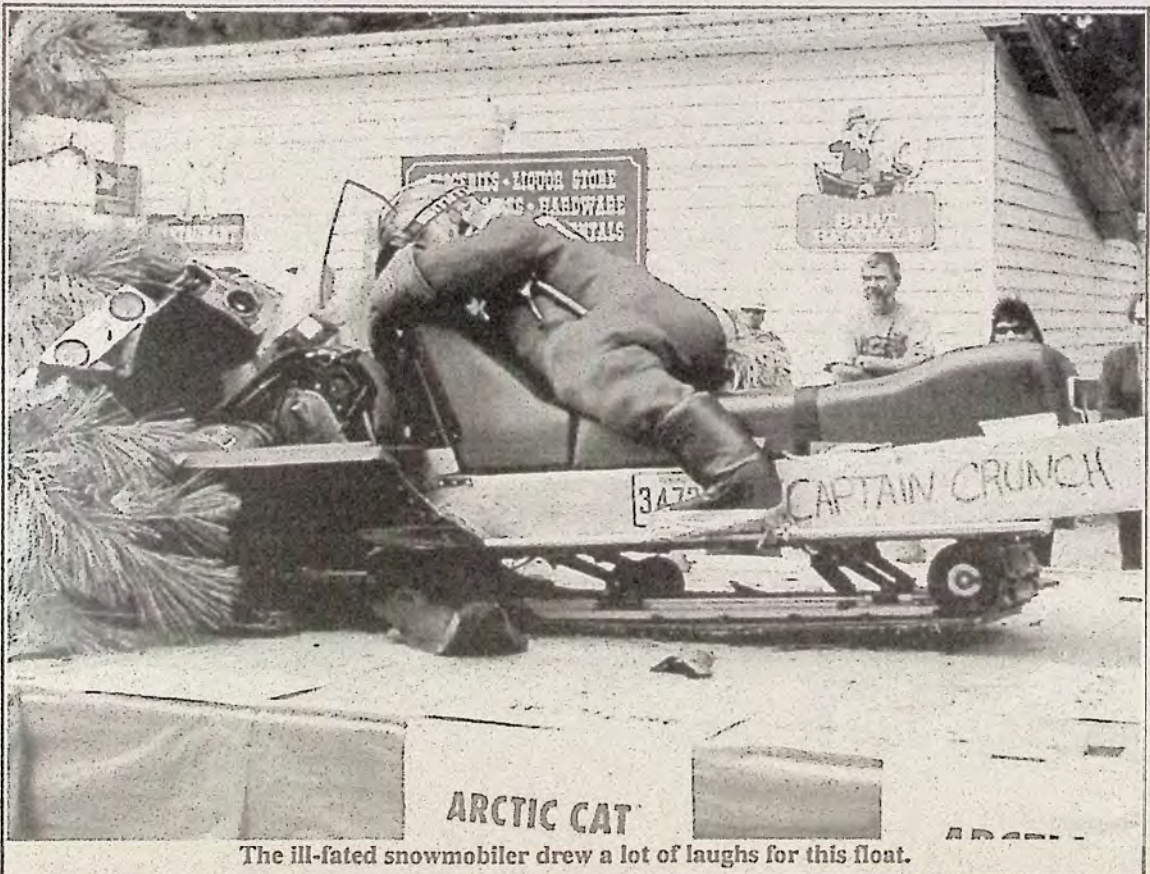
# Tulameen parade highlights



These floozies from Billy's Place in Granite City came out of the past and went to the Tulameen parade to advertise they will take cash or gold. Some bore a striking resemblance to people we know today! They hung around for the barbecue, returned to Granite City to join the ghosts of prospectors and miners.



It is a tradition of Tulameen Days that slopitch teams dress for the parade. Above, the cave people.



ARCTIC CAT

The ill-fated snowmobiler drew a lot of laughs for this float.

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Thursday August 9th - 1:00 PM

Kids Cake Decorating (Ages 7 and Up) - \$ 750 Fee

Friday August 10th - 5:30 PM

Our Backyard Jungle Interpretive Walk (All Ages)

Tuesday August 14th to Thursday August 16th

Sports Week (Ages 8 and Up) - \$ 5.00 Fee

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## UPCOMING COURSES

### SESSION F

RED CROSS SWIMMING AQUAQUEST  
- all levels / August 13th - 24th

### LIFE SAVING SOCIETY OF CANADA

SWIM PATROL - ROOKIE

- ages 8 - 12 / August 13th - 24th

### ADVANCE COURSES

BRONZE STAR

- ages 11 and older / August 13th - 24th

BRONZE CROSS

- prerequisite: minimum age 14 (with Bronze Medallion Award)  
August 13th - 24th

RED CROSS AQUA LEADERS

- ages 15 and older / August 20th - 30th (tentative)

- prerequisite for Red Cross Water Safety Instructor  
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## Asset Development is for young kids, too!

by Nadine McEwen, Youth Asset  
Co-ordinator

What do children need in order  
to grow up and succeed?

They all need the 40 key building blocks that will help any child succeed - they need assets! The more assets young people have, the *more* likely it is they will do *positive things*, such as succeed in school, be healthy and strong enough to make independent choices. The more assets young people have, the *less* likely it is that they will engage in risky behaviours, such as smoking, drinking alcohol, using drugs and acting in violent ways. Each person has had a different experience growing up, but everyone can remember someone who touched her or his life and influenced it in a positive way.

Take a moment to think of someone who had an influence on you.

Was this individual a parent, a relative, team coach, teacher, your neighbour or grandparent? Whoever they were and whatever they did for you, they were a

special caring individual who made a difference in your life. That is what Asset Development is all about. It is a way for a child to feel cherished and acknowledged for the qualities that make him or her unique.

Are you wondering how you can start to be an asset-building adult for kids? Well, you can start with the ABCs and XYZs of building children's assets.

Amaze children with extraordinary and every day experiences. Boost children's enthusiasm for learning.

Comment on children's new skills and appropriate behaviour. Delight in children's discoveries. Ease children into new situations and challenges.

Fascinate children with memorable stories.

Giggle and laugh together.

Hang out with kids.

Inspire children's activities.

Join children in their adventures.

Keep children safe.

Love children - no matter what.

Magnify children's magnificence (their accomplishments and kind acts) with encourage-

ment and praise.

Notice children.

Open up possibilities for children.

Pamper children when they're sick, sad or crabby.

Quote children's remarkable sayings.

Recognize the incredible, and the commonplace, things children do.

Surround children with caring, inspiring people.

Thank children when they act in kind or generous ways.

Understand children's points of view by listening to what they say.

Value who children are and what they want to do.

Wonder at children's ideas and insights.

EXplore new places and activities with children.

Yodel with children - sing, chant and make up songs together.

Zero in on what makes each child unique - and terrific!

It doesn't take much to make a difference in a child's life. All you have to do is give the gift of yourself!

## A Scottish emigrant to Canada

A prizewinning story by June  
Kolbe with Alexandria Smith

I was born and raised in the borders of Scotland and educated at an all-girls school in Edinburgh from kindergarten to grade 13, graduating at the age of 17 years. World War II had already started in 1936 and, being an eager beaver, I could not wait until I was old enough to join the Royal Air Force as a shorthand typist - having switched from Academics to Commercial subjects in 1939.

I worked the necessary six months until I was 17 1/2 years old, then being old enough to volunteer. In the United Kingdom, we were what they called up for whatever service they wanted to put you in. I wanted the Air Force. My life in the service consisted of one big, happy family wherever I was stationed. Happy times and some sad times but we all learned to cope. We all grew up in a hurry and became better persons for the experience.

After working for awhile in Edinburgh, I emigrated to Canada in August of 1948, complete with tweed suit and fur coat - not knowing there would be a blistering heat of 90 degrees. Lesson learned. Within two days, I got a job as secretary and, within two years, managed to buy my own car from the Studebaker Corporation where I was employed - you young people know what excitement that caused - I watch our PSS students and grads when they get their own cars!

After that, I worked for many years with a steel company until

my boss went to the head office in Pittsburgh to head up the U.S. Company. Due to the ill health of my mother, I was unable to go but still keep in touch with him and his family at Christmas and birthday times - great friends to have but too far away.

After losing my mother, I wound up as a Personal Secretary to a Cabinet Minister in Ottawa, and lost my job when the Diefenbaker government was thrown out! So - down to Toronto and time to move again. Spending several years there, I got a great job on a newspaper in Montreal - a city I had grown to enjoy on my numerous visits - and, having learned French at school, it was not difficult to meld into Quebec French patois but, Alex, Do not quote me on that one!

Some friends had moved to Vancouver, B.C. and I came out to visit them on a long holiday weekend and fell in love with the snow-capped mountains - back to the east, packed up my job and apartment and moved to Vancouver. It was a bit difficult to start with, as there were no large head offices at the time - 1970.

Now, of course, things are very different. I was told I was over-qualified - you can never be over-qualified, Alex. One can never stop learning - I am still learning, at my age!

On my move to Vancouver, I met my husband - we decided to buy a property on one of the lakes, about 28 km from Princeton - where, together, we built our country home.

We studied plans, instructions for plumbing, building, electrical wiring and who knows what else - it was great - and, the added bonus - the fishing was good.

In 1980, my husband's health broke and he could no longer work in the city but I carried on in the law firm until May 1983 - we moved literally overnight to the lake - what a culture shock. Thank goodness for a Honda generator and propane. I had it all - except the paved road to the lake. When health really started to deteriorate, we bought a small property in Princeton and put a Moduline home in it - I still am there but alone, as I was widowed in 1993.

However, life goes on and, having almost adopted and almost being adopted, I am in the lucky position of having young friends around me who make my life very interesting and they help me to keep thinking young.

There are many great people, young and old, in this town and I have elected to remain here - to move back to Vancouver would be too stressful and I would not find myself capable of driving through all that traffic - Penticton suits me fine except when a young legal friend (like a daughter) comes up and we take off for parts unknown. There is still a lot to see out here. Some day, when you are older, I hope you will go on the European trip, Alex. In 1962, after the passing of my mother, I took a 6-month Eurorail Pass and traveled all over - I have cousins in England, Scotland, and France and the visits were great.



# RECREATION & TV GUIDE

TUESDAY, AUGUST 7 THROUGH MONDAY, AUGUST 13, 2001



The crew at Centennial Pool took some Life Saving examinations. They are, left to right, Brittany Antonick, Ashley Folk, Hunter Bond, Greg Wiebe, examiner Carol Mack, Nigel Mack and Instructor Shawn Landriault. See story below.

## Five take Life Saving exams

On July 28, Princeton Centennial Pool examined five candidates for Bronze Medallion/Senior Res Awards. Those examined were Brittany Antonick, Ashley Folk, Hunter Bond, Greg Wiebe and Nigel Mack. Examiner Carol Mack was pleased with their achievements.

This course is part of the Life Saving Society of Canada's Life

Saving Program which includes Swim Patrol (three levels for younger skilled swimmers age 8-12), Bronze Star (ages 11 and 12), Bronze Cross (ages 14 and up) and Professional Training for Lifeguarding.

Bronze Cross is worth two credits for Grade 11 and NLS (Lifeguard Certificate) is worth two credits for Grade 12. Life Saving Society

(formerly known as Royal Life Saving Society of Canada) has trained over two million Canadians in life saving skills.

Bronze Star and Bronze Cross are being offered starting August 13 at Centennial Pool, along with Rookie Patrol (first of three levels of the Swim Patrol Program). Call 295-6535 to register.

### Trout Talk

## Keep your catch fresh for flavour

by John Sandness, Similkameen outdoorsman

Trout are delicious eating. When cooked right after being taken from the lake or stream, they are a gourmet's delight, but most gourmets don't have the opportunity to eat them often. We are fortunate here in Princeton to be able to have these fresh trout available year round.

I remember a trip my friend Mel Schauer and I made on the Sun River watershed of the Rocky Mountains. We were fishing a beaver pond and the Brook trout were really biting. We decided to

eat some right then and there. My camping cook gear was in the food box in my station wagon. I always carry a cast iron frying pan and an old one-burner Coleman camp stove tucked in one corner of the box. Setting up right beside that pond, we took turns fishing and frying trout. How many we ate is history. I did not keep count. Perhaps Mel remembers. The fish were eight to 10 inches long and they went down like popcorn. Cleaned and popped into the melted butter in the frying pan only minutes after coming out of the icy water, the delicious flavour I

remember almost makes me drool now, and that trip took place 38 years ago!

Most often we fishermen/women must wait until we get home to fry our catch. This may well be hours later and the flavour of trout deteriorates rapidly if they are not cared for properly. I have learned some good ways to help keep that flavour. These methods are from my own experience and from fellow anglers.

First, do not let your fish flop around on the ground or in the bottom of your boat slowly suffocating. Unkind and even cruel as Continued on page ... 10



Keeping the catch fresh improves flavour.



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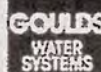
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### LEGEND TO THE TV LISTINGS Summer Months July / August "Power By The Hour" Rates

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Midnight	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Noon	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
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9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

TUESDAY, AUGUST 7, 2001

ON PEAK - HIGH COST

OFF PEAK - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (14)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (30)
6 AM	Little House	News (E) Babar (E)	(Off Air)	Body Elec. Clifford	News (E)	News	L.A. Law (E)	(5:00) News (E)	(5:30) News (E)	(5:00) News (E)	Hamster Turtle Isle	Sportsdes k (E)	VTV Breakfast	Discoveryca How-Made	Paid Prog. Underdog	Big Garage PatePete	News (ESP) (E)	Maury (N) (E)	Parent Wayans
7 AM	Little House	Arthur (E) 100 Huntley Street (E)	Kitty Cats Elliot	Dragon	Today (Left in Progress) (N) (E)	Early Show (N) (E)	Murder, She Wrote (E)	Good Morning America (N) (E)			Fuzzpaws Elliot	Sportsdes k (E)		Champions Rivers	Garfield Tex Avery	Franklin Pooh	Morning News (ESP) (E)	Cityline Therapy day.	MacGyver
8 AM	Mama	Cosby (E) Life Today	Zoboo	Dragon	Dragon Tales (E) (E)	Regis and Kelly	Brown	Magnum, P.I. (E)	Canada AM (Left in Progress) (N) (E)	100 Huntley Street (E)	Mona Anatole	Sportsdes k (E)		San Diego Zoo	Bus Sister, Sis.	Art Attack Little Lulu		Money Mornings	In the Heat of the Night
9 AM	Matlock (E)	Dressup	Magic Bus	Dragon	Dragon	Brown	Night Court	Martha Stewart Living		World Vision (E)	Rupert	Off-Record	Hegls and Kelly	Discoveryca How-Made	Paid Prog. Renker	PB J Otter	Sally (E)	News (E) City	Matlock (E)
10 AM	Hunter "Brotherly Love"	Price Is Right (E)	Creatures Dudley	Dragon	Today (N) (E)	Price Is Right (E)	Law & Order "Profile"	The View (E)	Curtis	Sabrina	Kitty Cats	ATP Tennis: Masters Series - Early Rounds	The View (E)	Crocodile Hunter (E)	Jeffersons Benson	Busy World Madeline	Sally (E)	Movie: "Dinner at Fred's" (1997) Gil Bellows.	News (E)
11 AM	Movie: "The Spider and the Fly" (1994, Mystery)	Young and the Restless	Decades-Steam	Clifford	Divorce Attorney	Young and the Restless	Northern Exposure (E)	Renker	Travel	News (E)	Fuzzpaws Elliot	Series - Early Rounds	Vicki Gabereau (E)	Exhibit A Planes	Montel Williams (N)	Out of Bx Aladdin	Lane	Cityline Therapy day.	Change Street
12 PM	the Fly (1994, Mystery)	News (E)	Japanese Cosmic	Travels	Paid Prog.	News	L.A. Law (E)	All My Children (E)	News (E)	Days of Our Lives (E)	Sallr Moon	Business	ER "Motherhood" (E)	Zoo Bables (E)	Men Are From Mars	ALF (E) Franklin	Little House	Cityline Therapy day.	Cosby
1 PM	Cosby	Track and Field	Living Router	Art Quilting	Days of Our Lives (E)	As the World Turns	Murder, She Wrote (E)	One Life to Live (E)	House Bold & B.	Bynon (N) (E)	Kitty Cats Babar (E)	Golf: Fred Meyer Challenge - Final Round.	Marriage Passions	Frontiers of	People's Court (E)	PB J Otter	Parent	Star Trek: Next Gener.	Fam. Mat. Clueless
2 PM	Full House	Passions (E)	Gaslight	Sit-Be Fit	Passions (E)	Guiding Light (E)	Magnum, P.I. (E)	General Hospital (E)	Rosie O'Donnell (E)	Passions (E)	Beezoo		General Hospital (E)	Forbidden Places (E)	Paid Prog. Out of Bx	Busy World	Histeria! MenInBlick	Blind Date	7th Heaven (E)
3 PM	Roseanne	Coronat'n	Garden	Mr Rogers	Extra (E)	Lane	Night Court	Pt Charles	As the World Turns	Grace	Mona	Off-Record	Vicki Gabereau (E)	Crocodile Hunter (E)	Action Man Big Guy	Goof Troop	Batman	News (E)	Full House
4 PM	Fresh Pr.	Clueless	Mechanics	Lions	Rosie O'Donnell (E)	Oprah Winfrey (E)	Law & Order "Profile"	News (E)	News (E)	Young and the Restless	Uh Oh! Rugrats	Sportsdesk	Ellen (E)	Discoveryca	Digimon	Doug	Pokemon	Seinfeld	Fam. Mat.
5 PM	Major League Baseball: Houston Astros at Atlanta Braves. (Live) (E)	News (E)	Art Attack	News	News (E)	News	Biography: Andre	News (E)	News (E)	News (E)	Mummies!	St. Louis Cardinals at Montreal Expos. (Live)	News (E)	Wild Discovery	Cosby (E)	Recess	7th Heaven (E)	Star Trek: Voyager (E)	Major League Baseball: Colorado Rockies at Chicago Cubs. (Live) (E)
6 PM	Friends	Asia	News-Lehrer	News	News (E)	News	Next: The Future Just	Entertain	Entertain	Entertain	Sallr Moon		News (E)	Penguin Baywatch (N)	3rd Rock	Timon	Sabrina	Movie: "French Silk" (1994)	Susan Lucci (E)
7 PM	Movie: "The Horse Soldiers" (1959, Adventure) John Wayne.	Track and Field: IAAF World Champion ships.	Champion Water	Doo Wop 51 (E)	Spy TV (N)	Big Brother (N) (E)	Law & Order (E)	Be a Millionaire	Lone Gunmen (N) (E)	'70s Show	Dragon-Z		Be a Millionaire	Discoveryca	'70s Show	Honey	Gilmore Girls (E)	News (E)	News (E)
8 PM	Adventure John Wayne.	World Champion ships.	Mind Travellers	Frasier Sisters	JAG "Iron Coffin" (E)	Biography: Andre	Dharma Spin City	JAG "Iron Coffin" (E)	Frasier Sisters	Big Wolf Student		Boxing: Tuesday - Crayton vs. Diaz	Murder In Small Town X	Crocodile Hunter (E)	Murder in Small Town X	Movie: "Midnight Madness" (1980, Comedy)	Gilmore Girls (E)	Movie: "Act" (1984, Drama) Robert Ginty.	Matlock "The Legacy"
9 PM	Movie: "Walking Tall" (1973)	National (E)	Cosmic	Servants of Evil	Dateline (N) (E)	Judging Amy (E)	Next: The Future Just	NYPD Blue (PA) (E)	Associates (E)	News (E)	Freaky		Cut to Pieces (E)	Wild Discovery	Cosby (E)	News (ESP) (E)	News (E)	Movie: "French Silk"	Caroline
10 PM	Joe Don Baker.	News (E)	Ecce Homo	Short Cuts	News (E)	News	Happened (E)	News (E)	CITY News	Cheers	Witch	Sportsdes k (E)	News (E)	Penguin Baywatch (E)	Cops (E)	"Gargoyle s, the Movie"	Fresh Pr. Wayans	Movie: "French Silk"	Wayans
11 PM		NYPD Blue			Tonight	Late Show		Nightline	News	Nanny (E)	Incredible		Open Mike		Jenny J.			Paid Prog.	

## Tuesday Movies

## Keep your catch fresh from page 9 .....

### MORNING

10:00 am CITY (29) ★½ "Dinner at Fred's" (1997, Comedy) Gil Bellows. A stranded motorist is forced to spend Christmas with a family of bizarre characters who think they are cursed.

11:00 am WTBS (3) ★★½ "The Spider and the Fly" (1994, Mystery) Mel Harris. Suspicion falls on two novelists when a real murder follows their friendly wager over who could plot the perfect crime.

### EVENING

6:00 pm CITY (29) ★★ "French Silk" (1994, Mystery) Susan Lucci. A homicide detective is torn between suspicion and overwhelming attraction for his murder suspect, a lingerie designer. (E)

7:30 pm WTBS (3) ★★½ "The Horse Soldiers" (1959, Adventure) John Wayne. Time Approximate. A Union cavalry officer leads his men deep into Confederate territory to demolish a strategic railroad junction.

9:00 pm FAM (26) ★½ "Midnight Madness" (1980, Comedy) David Naughton. A collegiate gamerster assembles a diverse group of students to take part in an all-night scavenger hunt in Los Angeles.

9:05 pm CITY (29) ★★ "Act" (1984, Drama) Robert Ginty. A union president's aide uses his previous legal experience to spring an imprisoned labor boss.

10:00 pm WTBS (3) ★★½ "Walking Tall" (1973, Drama) Joe Don Baker. Buford Pusser, a tough Southern sheriff, risks his life against local corruption and vice.

10:50 pm FAM (26) ★★½ "Gargoyles, the Movie: The Heroes Awaken" (1994, Fantasy) Voices of Ed Asner. Animated. Medieval stone creatures are roused from their long slumber to find their castle transported to New York. (In Stereo) (E)

11:05 pm CITY (29) ★★ "French Silk" (1994, Mystery) Susan Lucci. A homicide detective is torn between suspicion and overwhelming attraction for his murder suspect, a lingerie designer. (E)

this is, some people do this, often in a rush to get their line back in the water for the next one. A merciful thump of the back of the head will kill the trout quickly. If possible, bleed the fish by removing the gills and letting the blood drain out. Any hunter or butcher knows that bleeding helps greatly to preserve the flavour of meat. The same holds true for fish. Drop the entrails and gills in deep water or bury them in the water by shore. It is so unsightly, unsanitary and such poor manners to do so. Besides, it's against the law.

Some people think putting a trout on a stringer will keep it fresh. If you think about your past experience with trout and metal clip-type stringers, you will remember as I do, that the trout die in a short time. It may have something to do with the warmer water temperature near the surface where the stringer hangs, or perhaps the inability of the trout to circulate water over its gills and extract oxygen. Regardless, the end result is soft and much less flavorful fish. I have stopped using stringers on trout. A cooler filled with ice is the way to go. A freshly caught and bled trout will remain firm, fresh and flavorful and besides, you can keep your drinks in the cooler.

No cooler, because you forgot the ice or just plain forgot? Well, a

wet gunny sack (burlap bag) kept in a shady part of your boat will cool your fish by evaporation, just as evaporating moisture on our skin helps us keep cool on hot days. Be sure to keep the bag out of the sun!

Once at home, I prefer to eat the trout right away, or at least by the next morning.

You say, "Trout for breakfast?" Try them some day. With fried potatoes and a couple of strips of bacon, it is real good eating.

If you cannot eat them fresh, the

best method I know is to put your trout in water-filled cardboard milk cartons. The two-litre size works well and holds four 1- to 12 inch trout, which around our house is just right for one meal. You could use tall plastic containers, too. When frozen this way, trout do not freezer burn and will remain fresh-tasting.

Writing this column has made me think I had better get out there and catch some trout for supper! I hope you have some trout to fry or barbecue this weekend.

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ON PEAK - HIGH COST

OFF PEAK - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (14)	VTV (22)	DISC (24)	FOX (41)	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Little House	News 3	(Off Air)	Body Elec.	News 3	News	L.A. Law	(5:00) News	(5:30) News	(6:00) News	Hamster	Sportsdes	VTV Breakfast	Discovryca	Paid Prog.	Big Garage	News (ESP)	Maury (N)	Parent
7 AM	Little House	Arthur 3	Kitty Cats	Arthur (E)	Today (Left in Progress)	Early Show (N)	Murder, She Wrote	Good Morning America			Kleo	Sportsdes		Gene Hntr	Underdog	PetePete	Morning News (ESP)	Cityline	MacGyver
8 AM	Mama	Huntley Street	Zoboo	Arthur (E)	(N) 3		Magnum, P.I.	(N) 3	Canada AM (Left in Progress)	100 Huntley Street	Pippi	Sportsdes		Wild Discovery	Magic Bus	Art Attack		Money Mornings	in the Heat of the Night
9 AM	Matlock "The Narc"	Dressup	Magic Bus	Arthur (E)	Regis and Kelly	Brown	Night Court	Martha Stewart Living		World Vision	Rupert	Off-Record	Regis and Kelly	Discovryca	Paid Prog.	PB J Otter	Sally 3	News 3	Matlock "The Haunted"
10 AM	Hunter	Price Is Right	Creatures	Arthur (E)	Today (N)	Price Is Right	Law & Order	The View	Curtis	Sabrina	Kitty Cats	ATP Tennis: Masters	The View	Crocodile Hunter	Jeffersons	Busy World	Sally 3	Movie: "Bullitt" (1968, Drama)	News 3
11 AM	Movie: "Seduced by Evil" (1994), John Vargas	Young and the Restless	Ways-Live Japanese	Clifford	Divorce Attorney	Young and the Restless	Northern Exposure	Renker	Travel	News 3	Kleo	Series - Early Rounds	Vicki Gabereau	Exhibit A	Montel Williams (N)	Out of Bx	Lane	Steve McQueen	Change Street
12 PM	Cosby	Track and Field	Fitness	Painting	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	House	Bynon (N)	Kitty Cats	Great Outdoor Games	Marriage Passions	Glant Squid	People's Court	PB J Otter	Parent	Star Trek: Next Gener.	Fam. Mat.
1 PM	Full House	Passions	Gaslight	Sit-Be Fit	Passions	Guiding Light	Magnum, P.I.	General Hospital	Rosie O'Donnell	Passions	Beezoo	From Lake Placid, N.Y.	General Hospital	Forbidden Places	Paid Prog.	Busy World	Histerial	Sexwars	7th Heaven
2 PM	Roseanne	Coronat'n	Garden	Mr Rogers	Extra 3	Lane	Night Court	Pt Charles	As the World Turns	Grace	Pippi	Off-Record	Vicki Gabereau	Crocodile Hunter	Action Man	Goof Troop	Batman	News 3	Full House
3 PM	Fresh Pr.	Clueless	Mechanics	Lions	Rosie O'Donnell	Oprah Winfrey	Law & Order	Mauri (N)	Oprah Winfrey	Young and the Restless	Uh Oh!	Sportsdesk	Ellen	Discovryca	Digimon	Doug	Pokemon	Seinfeld	Fam. Mat.
4 PM	Ripley-Believe	News 3	Art Attack	News	News 3	News	Biography	News 3	News 3	News 3	Mummies!	St. Louis Cardinals at	News 3	The Tracker	Cosby 3	Recess	7th Heaven	Movie: "Breakout" (1998)	Movie: "Masters of the Universe" (1987)
5 PM	Movie: "Boyz N the Hood" (1991, Drama)	Friends	Foodstuff	News-Lehrer	News 3	News	American Justice	News 3	News 3	Entert'nt	Digimon	Montreal Expos. (Live)	News 3	Baby Animals	3rd Rock	Timon	Sabrina	Robert Carradine	News 3
6 PM	Ripley-Believe	Track and Field: IAAF	Village of Widows	Robert Mirabal-Painted Cave	West Wing	Movie: "The Third Twin" (1997)	Biography	Carey	West Wing	NYPD Blue (PA)	Big Wolf	Great Outdoor Games	Carey	Crocodile Hunter	Titus	"Goldrush: A Real-Life"	Annihilation (1997)	Movie: "Bullitt" (1968)	Movie: "The Legacy"
7 PM	Movie: "Silver Bullet" (1985, Horror) Gary Busey	National	Ways-Live Birth	To Be Announced	Law & Order "Hubris"	McGill's	American Justice	Downtown	Night Visions (N)	Sportsnight	Goosebump	From Lake Placid, N.Y. (Taped)	Law & Order "Hubris"	The Tracker	Cosby 3	Movie: "The Devil and Max Devlin"	Fresh Pr.	Vaughn	Waysans
8 PM	"Buried Secrets" (1996)	News 3	Dotto on Data Live	Charlie Rose	News 3	News	City Confidential	News 3	CTV News	Cheers	Witch	Sportsdes	News 3	Baby Animals	Cops 3	Jenny J.	Wayans	"Song"	Outdoor

## Wednesday Movies

### MORNING

10:00 am CITY (29) ★★½ "Bullitt" (1968, Drama) Steve McQueen. A classic car chase highlights this tale of a detective who uncovers a conspiracy while guarding a government witness.

11:00 am WTBS (3) ★★½ "Seduced by Evil" (1994, Suspense) Suzanne Somers. An unwary journalist falls under the spell of a seductive sorcerer who seeks to join her soul to his.

### AFTERNOON

5:00 pm CITY (29) ★★ "Breakout" (1998, Adventure) Robert Carradine. Greedy oil companies set out to prevent an inventor from marketing a powerful new battery. WGN (38) ★★ "Masters of the Universe" (1987, Fantasy) Dolph Lundgren. He-Man travels to modern-day California to retrieve the Cosmic Key before it falls into the hands of the evil Skeletor. (In Stereo)

### EVENING

6:00 pm WTBS (3) ★★½ "Boyz N the Hood" (1991, Drama) Cuba Gooding Jr. John Singleton's portrait of black youths struggling to survive the poverty and violence of urban Los Angeles.

8:00 pm KTLA (27) ★ "Mortal Kombat Annihilation" (1997, Adventure) Robin Shou. A group of elite warriors has less than a week to prevent Earth from becoming the domain of an evil warlord. (In Stereo)

9:00 pm WTBS (3) ★★ "Silver Bullet" (1985, Horror) Gary Busey. A physically challenged 13-year-old tries to convince his uncle that a werewolf is behind a rash of

grisly killings. KREM (8) "The Third Twin" (1997, Drama) (Part 2 of 2) Kelly McGillis. With help from Steve and Lisa, Jeannie devises a plan to expose Genetico's illegal experiments. (In Stereo)

FAM (26) ★★ "Goldrush: A Real-Life Alaskan Adventure" (1998, Adventure) Alyssa Milano. An intrepid young woman sets out to find her fortune in Alaska, armed only with a new invention called the typewriter. (In Stereo)

9:05 pm CITY (29) ★★½ "Bullitt" (1968, Drama) Steve McQueen. A classic car chase highlights this tale of a detective who uncovers a conspiracy while guarding a government witness.

10:30 pm FAM (26) ★★½ "The Devil and Max Devlin" (1981, Comedy) Elliott Gould. A man condemned to Hades will be sent back to Earth if he convinces three people to swear their souls to the devil.

11:00 pm WTBS (3) "Buried Secrets" (1996, Horror) Tiffani-Amber Thiessen. A resilient spirit asks a young woman to help apprehend the person who sent her mother to her death off a sea-side cliff.

11:20 pm CITY (29) ★★ "The Song Remains the Same" (1976, Documentary) Backstage glimpses, fantasy sequences and concert footage are interwoven in this portrait of rock group Led Zeppelin.

A man who drives like hell is bound to get there soon.

## Centennial Swimming Pool

### July 1 to September 3

Activity Mon. Tues. Wed. Thurs. Fri. Sat. Sun.

Public Swimming - 2 p.m. to 4 p.m. daily - Monday through Saturday

7-8:30 pm 7:15-8:45pm 7-8:30 pm 7:15-8:45 pm 7:15-8:45 pm

Teen Swim 7:30-9 pm

Seniors Hour 1 - 2 pm 1 - 2 pm 1 - 2 pm

Parents and Tots 1 - 2 pm 1 - 2 pm 1 - 2 pm

Swim Lessons 9:00 a.m. to Noon Every Day

Aquasize 8:30 - 9:30 pm 8:30 - 9:30 pm

Lane Swim 1 - 2 pm Every Day

### Public Swim Admission Fee

	Single swim	10 gate pass
Senior (age 50 plus)	\$2.00	\$15.00
Adult (age 18 plus)	\$3.00	\$ 25.00
Students (age 6 to 17)	\$2.00	\$15.00
Family	\$6.50	n/a
Child (age 5 and under)	Free, but must be within arm's reach of an adult 16 years or older.	

Rainy day special - 1/2 price admission single swim rate.

Swim Lessons: Session C: July 2 - 13

Session D: July 16 - 27

Session E: July 30 - August 10

Session F: August 13 - 24

Session G: August 27 - 31 (Catch-up lessons)

For more information call 295-6535  
Public Swim Only: Aug. 6 to Sept. 3

THURSDAY, AUGUST 9, 2001

TV schedule grid with columns for channels (WTBS, CHBC, KNOW, etc.) and times (6 AM, 7 AM, etc.).

Thursday Movies

MORNING

10:00 am CITY (29) ★★ "Breakout" (1998, Adventure) Robert Carradine. Greedy oil companies set out to prevent an inventor from marketing a powerful new battery.
11:00 am WTBS (3) "Buried Secrets" (1996, Horror) Tiffani-Amber Thiessen. A restless spirit asks a young woman to help apprehend the person who sent her mother to her death off a sea-side cliff.

AFTERNOON

5:00 pm WGN (28) ★★ "Supergirl" (1984, Fantasy) Helen Slater. Superman's cousin comes to Earth to recover a precious stone, which has fallen into the clutches of an evil sorceress.

EVENING

6:00 pm CITY (29) ★★ "Cobb" (1994, Drama) Tommy Lee Jones. A sportswriter feels the wrath of an irascible baseball great when he is chosen to pen the official bio of Ty Cobb.
7:30 pm WTBS (3) ★★ "Licence to Kill" (1989, Adventure) Timothy Dalton. Time

Approximate. James Bond quits Her Majesty's Secret Service to launch a one-man assault against the drug lord who maimed his friend.

9:00 pm FAM (25) ★★ "The Karate Kid" (1984, Drama) Ralph Macchio. After several violent clashes with his new schoolmates, a transplanted teen seeks help from a karate master. (In Stereo)
10:05 pm CITY (29) ★★ "Johnny Be Good" (1988, Comedy) Anthony Michael Hall. Conniving football scouts use a variety of tactics in their efforts to sign a hot-shot high-school quarterback.

10:25 pm WTBS (3) ★★ "National Lampoon's Loaded Weapon 1" (1993, Comedy) Emilio Estevez. A loose cannon and his strait-laced partner battle bad guys and bad puns in this send-up of action flicks.

10:35 pm FAM (26) ★★ "The Love Bug" (1997, Comedy) Bruce Campbell. An updated version of Disney's classic about the adventures of a Volkswagen Beetle with a mind of its own.

11:55 pm CITY (29) ★★ "Cobb" (1994, Drama) Tommy Lee Jones. A sportswriter feels the wrath of an irascible baseball great when he is chosen to pen the official bio of Ty Cobb.

TV CROSSWORD



The identity of the featured celebrity is found within the answers in the puzzle. In order to take the TV Challenge, unscramble the letters noted with asterisks within the puzzle.

ACROSS

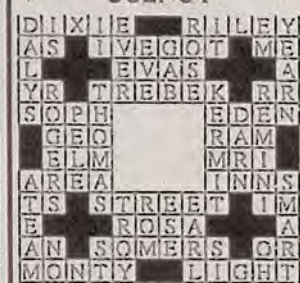
- 1. Dr. Turner's portrayer on City of Angels
8. Approximately: \_\_\_ about
9. The Smothers Brothers Comedy \_\_\_
10. ER role (2)
14. Mr. Strauss
15. Number of seasons for Studio One
16. Ms. Arden
17. City in Utah
18. Barber or Buttons
19. Diminish
20. Word with hard or be
24. Author Fitzgerald's monogram
27. Religious symbol
28. AP nval
29. Part of many e-mail

- 32. Enlisted folks, for short
33. Police drama series set in San Francisco (2)
36. Word to a pest
37. Empty \_\_\_ ('88-'95)
38. '87-'90 series for Paul Reiser (3)

DOWN

- 1. Bumpy
2. \_\_\_ for Sergeants ('64-'65)
3. Rapper Dr. \_\_\_
4. \_\_\_ Things Were Rotten; '75 Dick Van Patten sitcom
5. Suffix for harp or ball
6. The \_\_\_ Limits ('63-'65)
7. "The Night They \_\_\_ Old Dixie Down"; '71 hit

LAST WEEK'S SOLUTION JULY 31



Solution Andy Rooney ©TVData Features Syndicate

This Week's solution will be in the next Issue of

NEWS LEADER 295-4149

CROSSWORD

- 8. Rigoletto or Falstaff
11. Initials for Taylor of The Nanny
12. Word in the title of Regis' hit show
13. \_\_\_ and Stacey ('95-'97)
14. The \_\_\_ Life; '95 Rory Cochrane film
20. \_\_\_ Victory; '44 Edmond O'Brien movie
21. Get to
22. Perch
23. Nav. rank
24. \_\_\_ for the Money; '49 quiz show
25. Muscle contraction
26. Questionable
29. Baby Take \_\_\_; '34 Shirley Temple film
30. Surgeon's spot, for short
31. Martin Short's age
34. \_\_\_ Pursuit; '84 drama series
35. Modern crime evidence



Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN) and 12 rows (6 AM to 11 PM) listing TV programs and their corresponding channels.

Friday Movies

MORNING

10:00 am CITY 29 \*\*\*"Cry in the Wild: The Taking of Peggy Ann" (1991, Drama) David Morse. A lovesick recluse leads more than 2,000 police and volunteers on one of the largest manhunts in Pennsylvania history. [E]

AFTERNOON

5:00 pm CITY 29 \*\*\*"A Perfect World" (1993, Drama) Kevin Costner. An unusual father-son relationship begins to form between a 7-year-old boy and the escaped convict who abducted him. [E]

EVENING

6:00 pm A&E 9 \*\*\*"Revenge" (1990, Drama) Kevin Costner. A former Navy pilot's affair with the wife of a wealthy Mexican leads to betrayal and violence south of the border.

Bond tracks a criminal who has purloined a top-secret defense device from the waters off Greece. 9:00 pm FAM 26 \*\*\*"Three Men and a Baby" (1987, Comedy) Tom Selleck. Three bachelors put their carefree lives on hold when they are left in charge of an infant that one of them fathered. (In Stereo)

9:05 pm CITY 29 \*\*\*"Strike a Pose" (1993, Suspense) Robert Eastwick. Los Angeles detective Nick Carter attempts to protect a model-turned-photographer from a killer.

10:00 pm WTBS 3 \*\*\*"Good Morning, Vietnam" (1987, Comedy-Drama) Robin Williams. In 1965 Saigon, disc jockey Adrian Cronauer turns Armed Forces Radio on its ear with his irreverent brand of humor.

A&E 9 \*\*\*"Revenge" (1990, Drama) Kevin Costner. A former Navy pilot's affair with the wife of a wealthy Mexican leads to betrayal and violence south of the border.

10:40 pm FAM 26 \*\*\*"Death on the Nile" (1978, Mystery) Peter Ustinov. Belgian detective Hercule Poirot encounters a gallery of eccentric suspects when he investigates a cruise ship murder.

11:00 pm CITY 29 \*\*\*"A Perfect World" (1993, Drama) Kevin Costner. An unusual father-son relationship begins to form between a 7-year-old boy and the escaped convict who abducted him. [E]

"Ah yes, divorce ..... from the Latin word meaning to rip out a man's genitals through his wallet." Robin Williams.

My Kind of Exercise Program

Q: I've heard that cardiovascular exercise can prolong life. Is this true?

A: Your heart is only good for so many beats and that's it. Everything wears out eventually. Speeding up your heart will not make you live longer - that's like saying you can extend the life of your car by driving it faster. Want to live longer? Take a nap.

Q: Should I cut down on meat and eat more fruits and vegetables?

A: you must grasp logistical efficiencies. What does a cow eat? Hay and grain. What are these? Vegetables. So a steak is nothing more than an efficient mechanism of delivering vegetables to your system. Need grain? Eat chicken. Beef is also a good source of field grass (green leafy vegetables) and a pork chop can give you 100% of your recommended daily allowance of vegetable slop.

Q: What are some of the advantages of participating in a regular exercise program?

A: Can't think of a single one. My philosophy is: no pain - no gain.

Q: If I stop smoking, will I live longer?

A: Nope. Smoking is an individual expression and peace of mind. If you stop, you'll probably stress yourself to death in record time. (The exercise program above is strictly humour. For reliable information about diet and exercise, consult your physician.)

Horoscopes

August 7 to 13, 2001

ARIES - Energy seems to flow through your arteries this week and you can accomplish a great deal. The best use of your energy would be creative effort, travel to a foreign country or education.

TAURUS - Matters at home might be hectic this week due to news that makes you unhappy. Be cautious around home - accident potential is there. You might be tempted to argue about shared resources. Don't!

GEMINI - Communication between you and a partner/spouse will be very good this week, although it may be heated. You have an opportunity to express your value system in a nice way. Do it.

CANCER - You open up and talk a lot this week, but be cautious about what you say about your work. Be cautious about health matters. You are inclined to over-indulge yourself and put on fat. Eat sensibly.

LEO - You are in the mood for plenty of activity. If you are involved in sports, you have the drive to win now. Otherwise, make sure your energy finds an active outlet or you will be too restless.

VIRGO - Daydreaming and lazy living appeals to you this week, but you will find good fortune smiles on you if you put your energies to work at home. Seek to make your home beautiful.

LIBRA - You may feel a real struggle to do anything in your career this week, as you feel too laid back to do anything effective. You have a lot to say to friends and neighbours, but be cautious.

SCORPIO - Another hectic week hits you, but luck is on your side. You may want to take a long journey this week, and it would be a good time to do so, but it will cost you. Take a training course instead.

SAGITTARIUS - The urge to travel is strong now. Changes are happening all around you. Money may come to you from an unexpected source. Partnership matters stabilize now. Energy is good.

CAPRICORN - Your partner provides you with benefits this week. You will benefit from shared resources. News about taxes and insurance may cause some concern but matters simply need discussion.

AQUARIUS - Health and employment matters are very positive this week, and you may get some good news from somebody you consult. The pace picks up and you are very busy.

PISCES - Your job and career are top priority this week. You may have to deal with major changes, or do some restructuring in regard to making a living. All other matters run smoothly. Children are a joy now.

SATURDAY, AUGUST 11, 2001

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11:30 PM) listing various TV programs and their corresponding channels.

Saturday Movies

MORNING

8:00 am WTBS (3) ★★ "Drop Dead Fred" (1991, Comedy) Phoebe Cates. An imaginary friend returns to help a woman out of her melancholy state by wreaking havoc on an unsuspecting public.

9:00 am A&E (9) ★★ "Columbo: Rest in Peace, Mrs. Columbo" (1990, Mystery) Peter Falk. A widow stalks Columbo's wife, believing that she is one of the people responsible for her husband's death in prison.

9:45 am WTBS (3) ★★ "Good Morning, Vietnam" (1987, Comedy-Drama) Robin Williams. In 1965 Saigon, disc jockey Adrian Cronauer turns Armed Forces Radio on its ear with his irreverent brand of humor.

AFTERNOON

12:00 pm FAM (26) ★★ "Toothless" (1997, Fantasy) Kirstie Alley. A coldhearted dentist dies an untimely death only to return to the world of the living as the tooth fairy. (In Stereo)

12:15 pm WTBS (3) ★★ "Wildcats" (1986, Comedy) Goldie Hawn. A track coach's dream of coaching high-school football comes true when she wins the post at an inner-city school.

1:00 pm CITY (29) ★★ "Big Bully" (1996, Comedy) Rick Moranis. A predatory instinct is reawakened in a former childhood bully when his favorite victim returns to their hometown.

1:25 pm FAM (26) ★★ "Joey" (1997, Drama) Jamie Croft. An Australian youth and an American ambassador's daughter attempt to reunite a baby kangaroo with its kidnapped mother. (In Stereo)

2:15 pm WTBS (3) ★★ "Batman & Robin" (1997, Adventure) Arnold Schwarzenegger. The Caped Crusader and his sidekick face off against the coldblooded Mr. Freeze and his cohort in crime, Poison Ivy.

5:00 pm WTBS (3) ★★ "Fallen" (1997, Suspense) Denzel Washington. A detective believes that an executed serial killer has passed his evil spirit on to other people.

WGN (33) ★★ "Death Wish 4: The Crackdown" (1987, Drama) Charles Bronson. After a friend's daughter falls victim to the deadly drug, vigilante Paul Kersey declares war on crack dealers.

EVENING

6:00 pm CITY (29) ★★ "Blackout Effect" (1998, Suspense) Eric Stoltz. An investigator attempts to prevent a psychotic air traffic controller from causing havoc in the skies. (In Stereo)

7:30 pm WTBS (3) ★★ "The Devil's Advocate" (1997, Horror) Keanu Reeves. A young attorney unknowingly hops on the fast track to hell when he accepts a position at a law firm run by Satan.

8:00 pm KXLY (10) ★★ "Big Bully" (1996, Comedy) Rick Moranis. A predatory instinct is reawakened in a former childhood bully when his favorite victim returns to their hometown. (In Stereo)

VTV (22) "Deadly Appearances" (2000, Mystery) Wendy Crewson. A university professor suspects foul play when her politician friend drops dead at a victory celebration.

9:00 pm KHQ (7) ★★ "Blackout Effect" (1998, Suspense) Eric Stoltz. An investigator attempts to prevent a psy-

chotic air traffic controller from causing havoc in the skies. (In Stereo) FAM (26) ★★ "Black Beauty" (1971, Drama) Mark Lester. Based on Anna Sewell's novel about the life of an ebony horse and its treatment at the hands of different owners.

9:30 pm CITY (29) "Love Matters" (1993, Comedy-Drama) Griffin Dunne. A career-obsessed husband and his withdrawn wife attempt to pull their ailing marriage out of the doldrums.

10:20 pm WTBS (3) ★★ "Fallen" (1997, Suspense) Denzel Washington. A detective believes that an executed serial killer has passed his evil spirit on to other people.

10:30 pm WGN (33) ★★ "Platoon Leader" (1988, Adventure) Michael Dudikoff. An American lieutenant leads a small band of soldiers into the Vietnamese jungle on a relentless search for enemy forces.

10:45 pm FAM (26) ★★ "A Mother's Courage: The Mary Thomas Story" (1989, Drama) Alfre Woodard. Basketball star Isiah Thomas' mother fights to shield her children from gang influence and drugs. Based on a true story. (In Stereo)

11:00 pm KTLA (27) ★★ "The Ninth Configuration" (1980, Suspense) Stacy Keach. The new head psychiatrist at a secret military installation is given charge of the center's eccentric inmates.

11:30 pm CITY (29) ★★ "Big Bully" (1996, Comedy) Rick Moranis. A predatory instinct is reawakened in a former childhood bully when his favorite victim returns to their hometown.

Nobody hates a job well done.

Community Datebook

August

- 11 & 12 - Men's Open Golf Tournament Princeton
14 - PXA meeting, 7 pm, fairgrounds
18-19 - Team Roping Princeton
Old-time Threshing Party and Antique tractors Cawston
19 - Lady's Open Golf Tournament Princeton
20 - Princeton Town Council meeting

September

- Otter Valley Fish & Game Big Buck Contest starts
3 - Labour Day
4 - SCHOOL STARTS
8 - Little Britches Rodeo Princeton fairgrounds
8 & 9 - Princeton Fall Fair
14, 15, 16 - BC Team Roping Finals Princeton fairgrounds
18 - CHAC meeting, Town Hall, 7 p.m.
28 - Senior Citizens pot luck supper
30 - Senior Citizens Pool Tournament

October

- 6 - Senior Citizens card games
8 - Thanksgiving
16 - CHAC meeting, Town Hall, 7 pm
26 - Senior Citizens potluck supper
28 - Senior Citizens Pool Tournament

November

- 3 - Senior Citizens card games
11 - Remembrance Day
25 - Senior Citizens Pool Tournament
30 - Senior Citizens potluck supper

December

- 1 - Senior Citizens card games
25 - Christmas Day
\*\*\*\*\* If your organization has set an important date, you may have it listed here at no cost.

SUNDAY, AUGUST 12, 2001

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN) and 24 rows of program listings.

Sunday Movies

MORNING

8:10 am WTBS 3 \*\*\* "The Devil's Advocate" (1997, Horror) Keanu Reeves. A young attorney unknowingly hops on the fast track to hell when he accepts a position at a law firm run by Satan.

AFTERNOON

12:00 pm A&E 9 \*\*\* "Downhill Racer" (1969, Drama) Robert Redford. An aloof ski bum feels inclined to race in the Olympics when the top-ranked skier is injured on the slopes.

heroic and lovable dog they've adopted on an adventure-packed trip to Athens. 2:00 pm WTBS 3 \*\*\* "A Few Good Men" (1992, Drama) Tom Cruise. A Navy lawyer tries to prove two Marines accused of beating a comrade to death were following their commander's orders.

2:30 pm KTLA 27 \*\*\* "Terminal Velocity" (1994, Adventure) Charlie Sheen. A sky diver is pulled into a deadly game of espionage when he attempts to clear his name in the death of a student.

from anorexia nervosa nearly loses her life trying to attain the "ideal" dancer's body. (In Stereo) 4:00 pm BCTV 11 \*\*\* "The Next Karate Kid" (1994, Drama) Noriyuki "Pat" Morita. Martial arts master Miyagi has an uphill battle on his hands when he takes a troubled girl as his latest apprentice.

5:00 pm WTBS 3 "The Triangle" (2001, Suspense) Luke Perry. Premiere. A fishing trip among friends takes a bizarre turn after they become lost in the Bermuda Triangle.

drug czar. (In Stereo) 9:00 pm WTBS 3 \*\*\* "Jaws" (1975, Horror) Roy Scheider. Steven Spielberg's box-office blockbuster about a great white shark hunting human prey off the coast of New England.

FAM 26 \*\*\* "Those Daring Young Men in Their Jaunty Jalopies" (1969, Comedy) Tony Curtis. Drivers seek victory at all costs in this tale of a wild road race to Monte Carlo in 1920s Europe.

A sense of community begins with a sense of belonging. The News Leader - a local paper run by local people - we belong to you! If it happens to you, it happens to us.

The Similkameen News Leader 195 Bridge Street Phone 295-4149 Fax 295-4103 e-mail nwsleadr@plpower.com

MONDAY, AUGUST 13, 2001

ON PEAK - HIGH COST

OFF PEAK - LOW COST

Table with 20 columns (channels: WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN) and 24 rows (time slots: 6 AM, 7 AM, 8 AM, 9 AM, 10 AM, 11 AM, 12 PM, 1 PM, 2 PM, 3 PM, 4 PM, 5 PM, 6 PM, 7 PM, 8 PM, 9 PM, 10 PM, 11 PM). Each cell contains program titles and channel numbers.

Monday Movies

MORNING

10:00 am CITY (29) ★★½ "Cooperstown" (1993, Comedy-Drama) Alan Arkin. A retired athlete's odyssey of self-discovery en route to induction ceremonies at the Baseball Hall of Fame. (S)

11:00 am WTBS (3) ★★½ "Matlock: The Ambassador" (1988, Mystery) Andy Griffith. A British ambassador, charged with murder, refuses to hide behind his diplomatic immunity. (S)

AFTERNOON

5:00 pm WTBS (3) ★★½ "The American President" (1995, Comedy-Drama) Michael Douglas. America's commander in chief places his political future at risk when he starts dating a dynamic lobbyist. (S)

EVENING

6:00 pm CITY (29) ★★ "The Newton Boys" (1998, Drama) Matthew McConaughey. Four Texas brothers become bank robbers and end up pulling off a \$3 million train heist in 1924. (In Stereo) (S)

7:20 pm WTBS (3) ★★½ "Basic Instinct" (1992, Suspense) Michael Douglas. A woman suspected of murdering her lover with an ice pick ensnares a San Francisco cop in a web of lust and deceit. (S)

9:00 pm KXLY (10) ★★ "The Newton Boys" (1998, Drama) Matthew McConaughey. Four Texas brothers become bank robbers and end up pulling off a \$3 million train heist in 1924. (In Stereo) (S)

VTV (22) "Sub Down" (1997, Suspense) Stephen Baldwin. (S)

Civilian scientists must find a way to rescue trapped crewmen aboard a crippled submarine beneath the polar icecap. FAM (26) "The Four Diamonds" (1995, Drama) Christine Lahti. A boy weaves fantastic tales populated by people from his real life as a way of coping with a serious illness. (In Stereo) (S)

9:05 pm CITY (29) ★★½ "Traces of Red" (1992, Mystery) James Belushi. Murder ties together the lives of a Palm Beach cop, his politician brother and a mysterious woman. (S)

9:35 pm WTBS (3) ★★½ "The American President" (1995, Comedy-Drama) Michael Douglas. America's commander in chief places his political future at risk when he starts dating a dynamic lobbyist. (S)

10:35 pm FAM (26) ★★½ "Now You See Him, Now You Don't" (1972, Comedy) Kurt Russell. A student becomes the quarry of crooks when he uses his new invisibility serum to raise funds for his university. (In Stereo) (S)

The News Leader logo with text: The RIGHT PLACE for LOCAL news LOCAL flyers LOCAL ads

THE NEWS LEADER WORD SEARCH

Word search grid with letters arranged in a 15x20 grid.

LET'S TALK ABOUT "WILD BIRDS"

- TURKEY SWAN FLICKER EMU GROUSE ROBIN WREN KOOKABURRA PHEASANT GROSBEAK CHICKADEE PARROT BLUEBIRD EAGLE DUCK FLAMINGO FALCON FISHER ORIOLE CRANE HAWK LARK CANARY SANDPIPER



# NEWS LEADER CLASSIFIED

## RATES

## CLASSIFIED ADS

Rate Change beginning August 1, 2001

• \$4.25 First 25 words + 5¢ for each additional word.

**Classified Ads must be paid in advance unless you have a standing account with the News Leader**

Phone: 295-4149

or Fax: 250-295-4103

**Deadline for Display advertising is FRIDAY AT NOON,**

**Deadline for Classified advertising is SATURDAY AT NOON**

## FREE CLASSIFIED ADS

- BIRTH ANNOUNCEMENTS
- LOST & FOUND

## PHONE NUMBERS TELL VALLEY LOCATION

Princeton area phone numbers begin with - 295  
Hedley area phone numbers begin with - 292  
Keremeos - Cawston - Olalla begin with - 499

## 11 JOB MARKET

**COMPUTER TRAINING**

INDIVIDUAL COURSES START 4 X DAILY

- WordPerfect
- Keyboarding
- Bookkeeping
- Office Procedures
- Intro to Computers
- Simply Accounting
- Punctuation and Writing Skills
- Microsoft Office
- Access
- Internet
- Outlook
- ACCPAC
- Data Entry
- Networking
- Quickbooks
- Windows
- Publisher
- PowerPoint

**ACADEMY OF LEARNING**

LOCAL CALL 310-JOBS (5627)

**SANDMAN INN RELIEF MOTEL MANAGERS**  
1 - 2 days per week

Now hiring, reliable mature couple, good public relations an asset, experience not necessary. Must be able to work varied shifts & weekends if required. Bring resume in person to: SANDMAN INN PRINCETON P.O. Box 421 (Hwy 3) Princeton, B.C. A7/14

**CANADIAN 2 FOR 1 PIZZA**  
Canadian 2 for 1 Pizza requires part-time help. Must have a car and a valid driver's license. Apply in person between 1 - 4 pm.

## NOTICES

O Holy St. Jude, Apostle and Martyr, great in virtue and rich in miracles near kinsman of Jesus Christ, faithful intercessor of all who invoke your special patronage in time of need. To you I have recourse from the depth of my heart and humbly beg of you, to whom God has given such great power, to come to my assistance. help me in my present and urgent petition. In return I promise to make your name known and cause your name to be invoked. Say three Our Fathers, Hail Marys and Glory Be. Publication must be promised. St. Jude pray for us and all who invoke your aid. Amen. This novena must be said 9 consecutive days and has never been known to fail. A7/28

**PRINCETON HOSPITAL AUXILIARY THRIFT SHOP**  
OPEN SATURDAYS NOW!  
FROM JUNE 9 TO AUG. 25  
10 AM TO 2 PM  
ALSO OPEN WED., THURS., & FRI ~ 10 - 4 PM

## NOTICES

**NARCOTICS ANONYMOUS**  
Meets at the Health Unit every Thursday at 7:30 P.M.  
Open Meeting. Phone: 295-0542

**THE WILD GOAT GIFT SHOP AND TEA ROOM**  
in the Hedley Heritage Museum

Lots of new books and gifts that are exclusive to our shop! Coffee or tea and home baking everyday  
Open Thurs to Mon  
9 am - 5 pm  
Call (250)292-8422 to book your tour & lunch.  
NEW: Hedley Heritage Museum Thrift Shop  
Thurs 1-4 pm; Sat 10 - 2 pm

**ALCOHOLICS ANONYMOUS**  
Sunday (open meeting) at 3 p.m. in the health centre. Wed. at 8 p.m. in the health centre Ph: 295-7367, 295-6138. (closed meeting). Fri. at 8 p.m. in the Tulameen Library. Ph: 295-7005. Open Discussion, Sat. 7:30 p.m. Health Unit (closed). Ph: 295-3407.

**THE PRINCETON HOSPITAL AUXILIARY**  
Hold their meetings the second Monday of every month, in the hospital board room, at 2 p.m. The board of directors have purposed that the bylaws of the society be cancelled, and that new bylaws be adopted in substitution for existing bylaws. A copy of the purposed bylaws are available by calling the President of the auxiliary, Betty Reheis at 295-7748. A7/14

## 16 YARD SALE

**YARD SALE**  
SATURDAY, AUGUST 11  
10 AM TO ?  
9 KM OSPREY LAKE RD.  
WATCH FOR SIGNS  
LOTS OF MISC. AND HOUSE HOLD ITEMS.

**PRINCETON RODEO CLUB**  
is hosting a Team Roping Event at the Sunflower Downs Rodeo Arena  
August 18 & 19  
Admission is free!  
Everyone is welcome to come out and watch!

## FOR SALE

**VIDEO COLLECTION**  
APROX 350 VHS VIDEOS (as a package). XEROX 610 MEMORYWRITER TYPEWRITER \$40.00 OBO. KENMORE 100 UPRIGHT VACUMN \$75.00 OBO.  
Fore more information please call 295-6043 or leave a message. Ju31/A7

**PRODUCE!**  
Pickling Cukes - 65 cents/lb  
Order now!  
Ph: 499-5506 after 5 pm A7/rts

**GOOD QUALITY TIMOTHY MIX HAY** Big square bales, delivery available. Creston, B.C. Phone: 250-428-8823 or 250-428-2180 A7/28

**RIDER LAWNMOWER** 12.5 HP. Runs excellent \$1,200. TARP SHED, 12' x 24' excellent shape, \$900. OBO  
Phone: 295-3484 A7/rts

**COMPUTER PARTS & SYSTEMS** \$1/Mhz, games: StarTrek new worlds \$25., unreal \$15, quake 2 \$18. Stratego \$12., also older 24" colour console TV \$25. can deliver locally.  
**TWO DODGE TRUCKS**  
1984 4X4 \$3500, 1985 1/2 Ton 6 cyl excl. cond. \$4300., 1978 import size camper \$1100. 1984 toyota tercel 4X4 \$1800.  
Phone: 295-3011 A7

**EXTERIOR GAS FURNACE & AIR CONDITIONER COMBINATION.** 5 years old, used 4 years. \$1,000.  
Phone: 295-7060 A7

## PETS & LIVESTOCK

**HORSE TRAINING!**  
MARION WEISSKOPFF HORSE TRAINING Colt starting, reining, dressage, jumping. Natural Horsemanship, International Showing Experience. Indoor and outdoor Arena available.  
Call 295-4329 Ju24/A14

**FOR SALE!**  
Beautiful American COCKER SPANIEL PUPPIES.  
Cream Color to Buff. We have both parents. \$300. ea. Order now!  
Phone: 499-2881  
Ju24/A7

## 7 APPRECIATION

**CONGRATULATIONS BRIAN LIBERATORE!**  
You continue to make a difference for disabled persons in the community. We are proud of your accomplishments; map and information guide for wheelchair accessible businesses and the recent pool lift which will benefit all disabled persons. All these projects took a lot of time campaigning and effort on your part. this proves that disabled people can make a difference in the lives of others. Joyce Fraser for PDCSS staff and Board of Directors.

## BEST WISHES

We wish George and Joan Armstrong the best of everything in their new home in Keremeos.  
From all the gang at the Similkameen News Leader.

## 7 APPRECIATION

**THANK YOU!**  
Thank you to Suzy (Ruoss) Johnson at Golden Hills Grocery & Deli, the Princeton Fire Department and Abba Towing for all of your assistance when my car was leaking gas in front of the Golden Hills a week ago. Contrary to rumor, the Golden Hills Grocery & Deli did not burn down and my car did not burn up!  
Sharon

## 9 IN MEMORIAM

**IN MEMORIAM DONATIONS TO CANADIAN CANCER SOCIETY**  
DIANNE GRAHAM  
295-6648

**RATES**

**CLASSIFIED ADS NEW RATES BEGINNING AUGUST 1, 2001**

• \$4.25 First 25 words  
 + 5¢ for each additional word.  
 Classified Ads must be paid in advance unless you have a standing account with the News Leader

**DISPLAY CLASSIFIED ADS**

\$4.25 per column inch. + 7% GST  
 Phone: 250-295-4149 or Fax: 250-295-4103

**PHONE NUMBERS TELL VALLEY LOCATION**

Princeton area phone numbers begin with - 295  
 Hedley area phone numbers begin with - 292  
 Keremeos - Cawston - Olalla begin with - 499

**DEADLINE FOR CLASSIFIED ADS**

**NOON FRIDAY - KEREMEOS**

\*\*\*\*\*  
**NOON SATURDAY - PRINCETON**

**VEHICLES**

1985 HONDA PRELUDE  
 \$2,500. OBO  
 Phone: 295-3640 Ju17/rt

MUST SELL 2ND CAR  
 OLDSMOBILE CUTLAS  
 SUPREME, V8, 305, A/C. No  
 rust, 75,000 km. exc. cond.  
 Asking \$3,500.  
 Ph: 295-0507 Ju17/rt

OLDER MODEL FRONT  
 END MICHIGAN LOADER.  
 The handiest machine for your  
 acreage. Digs, loads, lifts, pulls  
 & pushes. GM Diesel, runs well  
 \$3,800. will accept more but not  
 less. Ph: 295-6259 Ju31/A7

1990 DODGE 3/4 TON, CUM-  
 MINS DIESEL 4 wheel drive,  
 3.54 Gears, Std cab, \$1800 PAC  
 BRAKE, \$1300. Maintenance  
 just done, 2 sets mounted  
 tires. \$800. top of the line rear air  
 lift kit ready to install, 10000#  
 receive hitch. \$15,700. firm.  
 Ph: 295-6017 or 499-0132 Ju31/A7

**22 RECREATIONAL VEHICLES**

1982 DODGE VAN CAMPER-  
 IZED, 381 engine rebuilt 12000  
 miles, PS, PB, Auto, awning, 3  
 burner stove, 3 way fridge fur-  
 nace, 6 tires 2years old, inverly  
 good running order, \$4,000.  
 OBO.  
 Phone: 295-3178 Ju31/A7

17 1/2' K & C THERMO-  
 GLASS DEEP V BOAT, 120  
 hp Merc Cruiser stern drive, low  
 hrs. with road runner trailer, ask-  
 ing \$4,950. Open to offers.  
 Phone: 295-7450 119/rt

**SACRIFICE \$2,000.**  
 26' PROWLER TRAVEL  
 TRAILER fully equipped  
 kitchen, bedroom and bath-  
 room, view at the Happy Hut.  
 Phone: Kay at 250-295-0507  
 A7/rt

**25 FOR RENT**

**PINES MOBILE HOME PARK LOTS FOR RENT**  
 Apply at Park Office  
 Call: 295-3532  
 or 295-3598

**DEADLINE FOR CLASSIFIED ADS**  
**NOON FRIDAY**  
 for KEREMEOS,  
 CAWSTON, OLALLA  
 PH: 1-888-350-9969 OR  
 FAX: 295-4103  
**NOON SATURDAY**  
 for PRINCETON

2 BEDROOM HOUSE for  
 rent in town. Four appliances.  
 References Required.  
 Call 295-7516 Mon to Fri or  
 295-3915 nights. Ju17/rt

COMMERCIAL SPACE  
 500 square feet. 195 Bridge  
 Street. Reasonable Rent.  
 Newly Renovated. For more  
 info call 295-3640 Ju3/rt

MOBILE HOME PADS  
 Close to school and includes  
 water/sewer. Other utilities  
 available on site. Pad rent  
 \$165.- \$185.. first month free.  
 Phone: 295-6794 M8/rt

**2 BEDROOM HOMES FOR RENT**  
 Call Penny at  
 RE/MAX Country  
 295-3222

2 BEDROOM BASEMENT  
 SUITE near post office, \$350.  
 per month plus utilities.  
 Phone: 295-6354 Ju17/A7

**25 FOR RENT**

BACHELOR APARTMENT -  
 \$300. p/mo.  
 ONE BEDROOM  
 APARTMENT \$325. single,  
 \$350. for double. Security  
 deposit and references required.  
 Call Randy at 295-6252. F6/rt

PRINCETON SILVERCREST  
 HOUSING CENTRE SOCIETY  
 HAS FOR RENT  
 NEWLY RENOVATED SUITES  
 •Batchelor Suites @  
 \$225. per month  
 •One Bedroom Apartments @  
 \$300. per month  
 No pets, adult's only 50 +  
 To View Apartments Call  
 Helen Gallagher @ (250)295-3825  
 Alice Cook @ (250)295-6136

HOUSE FOR RENT  
 AVAILABLE OCTOBER  
 1ST  
 TWO BEDROOMS, 5  
 ACRES, SET UP FOR  
 HORSES, PETS OKAY.  
 28 km up 5 Mile Road  
 Phone: 295-4329 Au14

CLEAN ONE BEDROOM  
 BASEMENT SUITE, fridge,  
 stove, all utilities. Furnished  
 or unfurnished. Ph: 295-6989  
 after 5 p.m. J15/rt

QUIET FURNISHED  
 KITCHEN UNIT. TV, utilities  
 & cable included. Ideal for  
 seniors or working people.  
 Down town location.  
 Ph: 295-6232 RTS

**25 WANTED TO RENT**

THREE TO FIVE BED-  
 ROOM HOUSE  
 in or out of town. Responsible  
 family with references, will  
 consider rent with option to  
 own.  
 Phone: 295- 7303 A7/14

**25 FOR RENT**

HALL FOR RENT  
 68 Bilter Ave.  
 O.A.P. BRANCH # 185  
 PHONE: 295-0054

*Things Really Move  
 In the Classifieds!*




PRINCETON MANOR  
 LOCATED DOWNTOWN.  
 Quality living in a clean, quiet  
 "Adult Only" building. Located  
 downtown, close to stores, park  
 and health services. Safer Grant  
 available for Seniors 60+ who  
 qualify. Two bedroom \$500.  
 One bedroom \$450. Bachelor  
 \$325. plus Utilities. Sorry no  
 pets allowed. References and  
 Security Deposit Required.  
 To view please phone Margaret  
 at 295-6408. RTS


2 BEDROOM HOUSE  
 DOWNTOWN - \$400. per  
 month plus utilities.  
 Call Janice Barclay at  
 RE/MAX Country  
 295-3222

**26 REALESTATE WANTED**

WANTED TO  
 PURCHASE  
 WATERFRONT  
 RESIDENCE  
 PRINCETON AREA  
 (AREA H)  
 CASH BUYER!  
 Contact Dan Pippin,  
 Moving Real Estate,  
 Merritt  
 250-378-6166 or  
 250-378-7729  
 A7/14

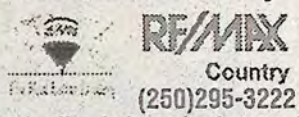
**14 BUSINESS SERVICES**

**ESSENTIAL MASSAGE ETC...**   
**AROMA THERAPY**  
**RELAXATION MASSAGE**  
**REG \$60. AUGUST SPECIAL \$50.**  
 PHONE: 295-7980 LOT 6 SANANGE ESTATES

Looking for a bargain, a  
 new home, another car?  
 Looking for a buyer?  
**The News Leader**  
**Classifieds 295-4149** 

*Country Rose*  
*Childcare*  
 ENERGETIC  
 AND FLEXIBLE  
 ONLY MINUTES FROM TOWN  
 LICENSED  
 COLLEEN  
 KUNDERMAN 295-3625

**26 PROPERTY SALES**

**4 - PLEX DOWNTOWN PRINCETON \$92,000.**  
 Call Janice Barclay  
  
 Country (250)295-3222  
 each office independently owned and operated

**ONE LOOK WILL DO!**  
 Sparkling clean 3 bedroom  
 mobile on .5 acre lot in San  
 Ang Estates. Perfect spot to  
 run a home business or simply  
 enjoy country life, just minutes  
 from town. Home includes 5  
 appliances & hot tub. Many  
 extras, ~~\$112,000.~~ \$108,000.  
 Phone: 295-7826 M22/rt

**1993 GIBRALTOR MOBILE HOME**  
 2 bedroom, 1 bathroom, 8 x  
 20 deck, 8 x 10 addition,  
 sunken livingroom, built in  
 oak hutch, oak kitchen, with  
 skylight. \$46,000. Pad rent  
 lowest in town.  
 Call 295-7391 to view.

**2 BEDROOM HOME FOR SALE**  
 5 appliances, close to  
 town. Good starter  
 home.  
 Phone: 295-3591  
 Ju31/Aug 28

**3 BEDROOM CABIN IN TULAMEEN FOR SALE BY OWNER.**  
 Phone: 295-6449 A24/rt

**CLASSICS MUSIC STUDIO**   
 Piano • Keyboard  
 • Theory • Pre-School  
 • Now Teaching  
 GUITAR!  
 MARIA 295-0120

Enjoy the benefits of magnetic energy

**SU-AA-EE-TAA**

(moon of many gifts)

**MAGNETIC THERAPY PRODUCTS**

Box 564 Princeton, B.C. V0X 1W0  
Phone: (250) 295-6170

**BINGO**

**MONDAY NIGHT BINGO IN PRINCETON**  
SENIOR CITIZENS BR. 30  
Seniors Hall @ 162 Angela Ave.  
5:30 p.m.  
47 numbers called 6 p.m. special (Bonanza & Odds and Evens).  
**\$20,000. SUPER STAR BINGO! EVERY WEEK!**  
License 813186

**HEDLEY THURSDAY EVENING BINGO**  
Doors open 4:30 p.m.. Drop-ins 6 p.m. Snowball carry over Jack pot & carry over Loonie Pot Bonanza & Regular games to follow.

**O.A.P BR. #185 BINGO EVERY FRIDAY MORNING!! 9:00 A.M.**  
Hard Cards  
License No. 807532A2

**KEREMEOS ELK'S & ROYAL PURPLE**  
Every Friday  
Doors open 5:30 pm  
Elks Hall Keremeo  
**SMOKE FREE BINGO**

**OAPO HEDLEY SATURDAY BINGO**  
Doors open 4 pm, Drop ins at 6 pm. 1st 45 Bonanza #'s. Early Birds, 20 Regular Games, 1/2 Time Special, Bonanza, Loonie Pot & G-Ball, JumpingJackpot. (min. consolation \$50.  
Lic. # 3827175

**SUNDAY AFTERNOON BINGO**  
In Hedley at the Chuchuwayha Hall  
\$25. Guaranteed min. payout on Regular Games (\$50. double-up card)  
Progressive Jackpot Min. \$1,000. !  
Progressive Pot of Gold Min. \$500. !  
Progressive LOONIE POT min. \$100.  
DOORS OPEN AT 10:30 AM  
Drop-ins Start at 12:30 pm followed by Early Birds, Regular Games & Specials

**24 Hour Women's crisis line**  
295-8211

**UNITECH**

**TRADE CONTRACT TENDERS**

Sealed trade contract tenders, as detailed below, are requested in regard to the construction of the Lower Nicola Band School, in Merritt, B.C.

The following tenders will be accepted **AT THE OFFICES OF THE CONSTRUCTION MANAGER not later than 2:00 PM local time, Friday, August 24, 2001.**

C-01 Concrete Flatwork - Place & Finish	C-11 Glazing
C-02 Masonry	C-12 Gypsum Wallboard
C-03 Structural Steel & Miscellaneous Metals	C-13 Ceramic Tile
C-04 Glued Laminated Members	C-14 Acoustic Ceilings
C-05 Plywood Web Joists and Parallel Strand Lumber "Parallam"	C-15 Resilient Flooring & Carpeting
C-06 Open Web Trusses	C-16 Sports Floor Surface
C-07 Finish Carpentry & Architectural Millwork	C-17 Painting
C-08 Roofing, Flashings & Sheet Metal	C-18 Whiteboards & Tackboards
C-09 Metal Doors, Frames, Wood Doors, and Finish Hardware	C-19 Toilet Partitions
C-10 Aluminum Frame Windows	C-20 Operable Wall
	C-21 Washroom Accessories
	C-22 Miscellaneous Specialties
	C-23 Gymnasium Equipment
	C-24 Mechanical
	C-25 Electrical

This project consists of the construction of a new 23,300 sq. ft. wood frame School Building. The Gymnasium and Small Hall are built on a slab on grade and the remaining structure is built over a crawl space. The structure consists of reinforced concrete foundations, wood floor joists, wood frame exterior shear walls and interior partitions, and a wood joist/metal truss roof. Interior finishes consist of painted gypsum wallboard, wood siding, and wood paneling. Floor finishes are a combination of a polished concrete, sports floor, ceramic tile, carpet and resilient floor coverings. The roofing consists of an RCABC approved and guaranteed asphalt shingle roof. The site is to be fully serviced, complete with a curbed asphalt paved parking lot, including sidewalks. Tender documents can be viewed at the office of the Construction Manager, and the ACA Plan Rooms in Vancouver, Surrey, Kamloops, Kelowna, Vernon, and Penticton. Single sets of documents are available from the Construction Manager in exchange for a \$100.00 deposit made payable to the Construction Manager. Deposit is refundable on return of the documents, in good condition, within 14 days of tender closing.

**Owner:** LOWER NICOLA INDIAN BAND  
#73 Shulus, Highway 8  
Merritt, B.C.  
V1K 1N2

**Consultant:** LUBOR TRUBKA & ASSOCIATES  
1200 - 1500 West Georgia Street  
Vancouver, B.C.  
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# POINTS OF VIEW

## OUR VIEW

### Liberal mini-budget holds promise for mining and forest industries

The B.C. Liberals brought down their mini-budget last week and it was greeted with applause from the Council of Forest Industries and from the mining sector. Although the budget does not promise a lot for mines in operation at this time, it does offer a twenty percent flow-through benefit, matching the federal flow-through benefit, for exploration costs. This gives existing mines an incentive to develop more mineral resources, but mines are still dependent on the price of metals on the world market.

The forest sector news release expresses enthusiasm for the provincial sales tax exemption for production machinery and equipment. This means a seven percent saving for the companies producing lumber, pulp, paper, plywood and value-added products. In addition, the elimination of the corporate capital tax is good news for all manufacturers, as it removes a barrier to investment in these industries.

The New Democrats say the mini-budget creates a "false fiscal crisis" with the second biggest deficit in history. Their critics say the budget does nothing for small business, which has created most of the jobs in the recent past. They further point out the Asian and American markets are weakening and the mini-budget fails to take into account the market situation. They call the mini-budget an "ideological document."

For those of us who are not economists, this may be very confusing information, but the positive reaction to the tax cuts in sectors of the B.C. economy that have been suffering should tell us there is some reason for optimism. In the meantime, labour disputes continue to affect the functioning of the public sector services and we need to see some action on that front fairly soon, despite this government's assertion that only a healthy economy can pay the bills.

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

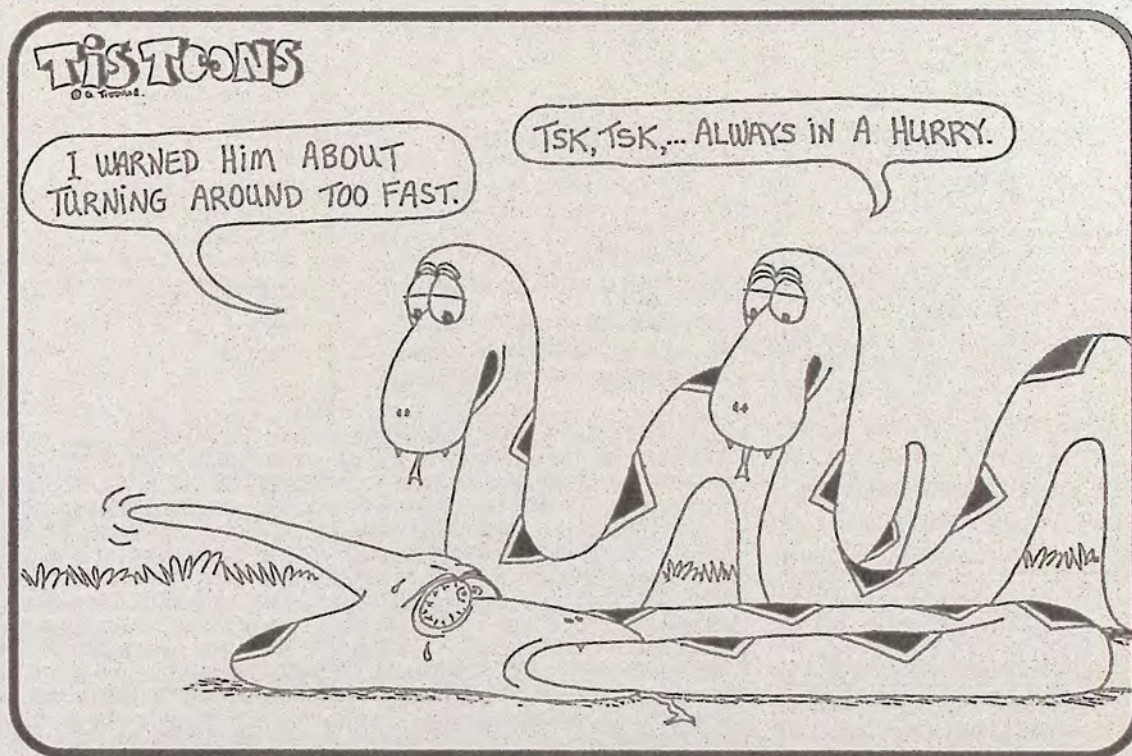
The Editor reserves the right to condense any letter or to substitute proper language for improper language.

#### THE SIMILKAMEEN NEWS LEADER

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Circulation 1400 week of July 17, 2001



## YOUR VIEW

### Mining industry welcomes tax changes

July 31, 2001.

Dear Editor;

If it was the intent of the provincial government to send a message that British Columbia is open for business, then they have succeeded in doing so.

We have been arguing for a

number of years now that eliminating the sales tax on machinery and equipment and the corporation capital tax would improve B.C.'s competitiveness with other mining jurisdictions, preserve mining jobs in the province and help stimulate future growth and

investment in mining here at home.

This government has recognized the merits of those arguments and they are to be congratulated for this dramatic shift in direction from that which was followed by the previous administration.

Mineral exploration, the amount of money spent on finding new mines, is critical to the future of mining. Exploration spending has been at record low levels in B.C. for a number of years. Today's announcement of a new mineral exploration tax credit will help reverse that trend by attracting new risk capital, capital which will undoubtedly aid in the discovery of new mines for British Columbia.

The actions taken today are courageous, particularly in light of the criticisms that some have been advancing with respect to the deficit and debt. The provincial economy has suffered for too long under a punitive tax structure that has discouraged investment and hindered job creation. If we are to get the province moving forward and building again then bold action, such as we have witnessed today, is required. Only then can the debt and deficit be tackled in a manner that preserves vital social programs like health and education.

Yours truly,  
Gary Livingstone,  
President and CEO,  
Mining Association of B.C.

### Is this efficiency?

Dear Editor;

Have you had enough yet? Sixty days have come and gone since the most recent provincial election. Before he was even sworn to office, Gordon Campbell gave his hired guns a 39% wage increase — yet can't find money for nurses.

Why did he go straight to his party membership list to hire his top brass when he promised us that in the "new era" he would hire on merit only?

This morning a legislative reporter told us the budget for the Premier's office has increased by 700 percent and he's not yet finished increasing his staff. What scares me just as much is the reporter was an alarmist two years ago when Dan Miller increased wages for top civil servants by 20 percent but the same reporter does not see at all concerned today.

— Ujjal, \$3 million budget, 40 staffers.

— Gordon, \$21 million budget, 200 staffers. In Liberal politics, this is known as cutting government waste. Well, what can you expect from a government that needs three health ministers to make that ministry more efficient?

Then, to top it all off, in just two months, a record budget surplus of one billion dollars has become a deficit one and a half billion to pay off Liberal executive friends, and no one in the media is pulling out their hair. Where are the David Stockells when we need them?

Well, it wasn't as if he didn't warn us. He told us he'd do it. The worker voted to get an order-in pizza each payday, while the CEO's voted for and got steak and lobster each and every night!

Cheers,  
H.P. Toews,  
Princeton

### Citizen congratulates Town of Princeton

Dear Editor;

I would like to congratulate the Town of Princeton on the improved look with the new pavement and the hanging baskets. I'm sure when tourists drive into Princeton they must be impressed with our lovely little town. Keep up the good work.  
Kay Durand.

The Ridge View

# Big Bang is not thoroughly understood

by Joe Schwarz, local humorist and philosopher

Seems it's the "Protest Era", either in marches, vocal, lock-outs, strikes - you name it. It's Apec, WTO, buses, health care, G7 or Whistler's Premier's conference, etc. Some legitimate, some damaging. Who gets hurt? The taxpayer, the businesses, the cop.

You'd think with all of our experiences since W.W.II, there would be a proven formula to exchange ideas in a civilized manner and resolve our problems, channeling all that lost energy and productivity into many-needed programs. With our modern technology, put our problems in a computer and have it spit out the answers. (Maybe they did, and that's what blew the hi-tech's mind and stock?)

A protest indicates a dissatisfaction and unhappiness in its peculiar field. Many protested the activities of the Christian church of its time hundreds of years ago and the term "Protestant" is commonplace today.

Politically, Premier Vander Zalm - Social Credit - and Premier Clark - Socialist (NDP) - were booted out of power so severely by a protesting electorate both parties may not survive. It's possible both ex-Premiers may jointly put out a handbook titled, "How to single-handedly Wreck Your Political Party While in Power."

On the other hand, the Alliance Party can put out their own book titled "How to Wreck Your Party While Not in Power." Their expertise comes from their shenanigans with their relatively newly elected leader, Mr. Stockwell Day. Protest, they did.

Some people are protesting the use of Canadian currency and feel that, within five years, we'll all be using the U.S. dollar, Mexico included. Picture the U.S. dollar with a Mexican sombrero on one side and a Mountie's stetson on the other side and the motto "In Bush we trust."

Now why do people protest? Some say it's in their genes (not

Levis). Some say it depends on the alignment of the stars, especially if there's a full moon.

The real answer is the Big Bang Theory - not fully understood or explained. Seems before time began, a certain "Lucifer" protested against his superior and was ejected with a thunderous bang (an echo can still be heard on a stormy night). It's been hell to pay ever since, and we're still having a devil of a time - protest as we might.

Whether or not we support this theory, the story from whence it comes seems to bear it out - the Middle East with Israelis and Palestinians.

Yet, with all the turmoil and protest, people can set the quality of life. B.C. Day long weekend, enjoy the Trans Canada Trail, the Joe Pollard rock collection, the school museum in Tulameen, Granite City Visitor Centre, the Miner's Memorial in Coalmont, and so on.

In this province, there's a lot to be happy about and much not to protest.

Current Comment by Dawn Johnson

# Just what do our youth want?



Dawn Johnson, Editor Similkameen News Leader

Recent efforts by the community to build a skateboard park may result in more success for a certain age of youth.

Asset Development is a costly endeavour launched by the adults of the community, and all of us can hope this initiative results in happier, drug-free youth who do

not commit crimes.

However, I have the feeling there is something missing from the equation, something about it being "cool" to go to bush parties and drink booze and smoke pot. Will we ever stop the bush parties? Will we ever put the drug dealers where they belong?

## Heart Food

by Dave Machin

Because God is a spirit, He is not limited to the physical realm, and His power is present everywhere all the time. As an almighty spirit, He is, in a sense, hovering over the earth, waiting. Waiting for what? you might ask.

He is waiting for someone, anyone, who will cry out to Him in simple faith so He can reveal Himself to them with His power. James 5:16b says that the prayer of a righteous man makes tremendous power available. This tremendous power is in the spirit realm all the time. But just because the power is present does not mean it is in manifestation, much like electricity. God wants you to have His power to help and bless you but He is waiting for you to exercise faith toward Him. For it is by faith that we receive any and everything that comes from God.

If you will take the time to read Mark 5:25-34, you will see there the story of a woman who was sick for twelve years. She had spent all her money on doctors and grew worse. One day she heard of Jesus and decided that if she could get to Him and touch His clothes, she would be made well. She did it, and was healed.

Notice what Jesus said to her. He said, "Your faith has made you whole."

There may be someone reading this today who is in this type of situation. If you will reach out to Him with faith, that same healing power is where you are today to do the exact same thing that it did for that woman then. He is no respecter of persons but is just waiting for someone with some faith to draw upon His power to experience His goodness right now. God is good, His word is good and good all the time.

Pastor Dave Machin, Similkameen Christian Centre, SUNDAY SERVICES 10:30 a.m. 221 A, Bridge Street, Princeton, B.C. 295-0599

Communities in the Similkameen Valley have made a number of efforts to cut down on youth crime and improve the attitude and activities of youth. The D.A.R.E. program is in effect to reach youth in all communities as a means of preventing drug abuse. This would not be a program supported by the communities if youth were not abusing drugs. Obviously, drug abuse is a problem, and not just among youth.

There is another group studying how to keep youth in the South Okanagan and Similkameen Valleys. This study is in response to youth moving out of small towns and heading for the city.

In Princeton, a few years ago, the community asked youth what they would like, and the result was the formation of a Youth Council and the development of a Youth Centre. The community donated furniture, paint and expertise to create a place for youth, but it fizzled out, primarily due to the lack of involvement of youth, who did not use the centre.

## Princeton Exhibition Association

Notice of Meetings - Summer Schedule

The Regular Monthly Meetings of the PXA will now take place at the Office at the Princeton Fairgrounds.

TUESDAY AUGUST 14TH - 7:00 PM

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For more information call:

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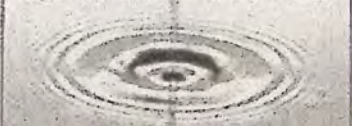
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# Vermilion Court comings and goings for July

by the Court jester

The economic climate is supposed to be improving. One hand giveth, the other hand taketh away - improvement? How can the politicians enjoy such lavish perks

and our health care be in such a shambles? My answer is not printable!

Where did July go? Where did our people go? We lost Anne Gobel and Grace Robinson to Ridgewood Lodge in July. Anne seems very happy there and Grace has settled in well. We have greeted Lil Parkinson, who joined us this week and I believe we're getting a gentleman next week, so now Bob Compton won't be the sole "sultan of the harem".

The month has been an eventful one that started us off with Helen Ramsay and a cowboy party. She read poems of the old west that she had composed herself. Very much enjoyed by all of us. There was one bingo afternoon and one shuffleboard day, both of which were well enjoyed by those in attendance.

We had a delightful spa day when we soaked our hands in warm

wax, wrapped them in plastic and a towel for about fifteen minutes, and when the time was up, we had the softest hands ever, plus a certain amount of arthritis pain was eased.

We took two afternoons to paint small flower pots with pansies or geranium. Very attractive but very tricky - a real steady hand and good eyes were needed.

We went to Leisure Inn for coffee a few times - always a delightful outing.

One of the highlights of the month was the line dancers, who put on a program that enticed at least one of our residents to join their group. It will be interesting to see how that turns out.

Edith's garden party was considered a success - good weather - delicious refreshments, and all but three residents attended. Floralee Stewart brought Edith Geraud and Pat Burstall down from Ridgewood to join us. Edith G. has a very painful back but both she and Pat enjoyed seeing us all and we were glad to see them make the effort to come out and enjoy an afternoon with us. The two Larrys made sure the lawns were perfect, the flowers all in bloom, the sun shone, the breeze cooled us and all was right with the world.

And now for the quote of the month, taken from Ann Dauphinee's column "Be kind."

"Take a day to slow down and purposely look for ways to be kind. Make kindness your primary goal for that day. Too often our fast-paced lives keep us from acting on kind impulses because we 'just don't have the time', however, there are always opportunities to be kind that arise, and we can often create our own. Remember that kind acts include kind words as well as deeds, and sometimes kindness can mean not doing something, such as criticizing, nagging or complaining."

From Anne Landers column "Everyone seems normal til you get to know them."

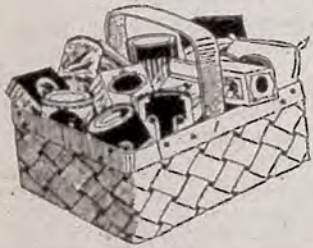
Adieu - be good - be kind. Enjoy life!



- new in town?
- recently married?
- new baby?

Linda  
295-0456

If so...a warm welcome awaits you from your hostess. We are looking forward to meeting you soon.

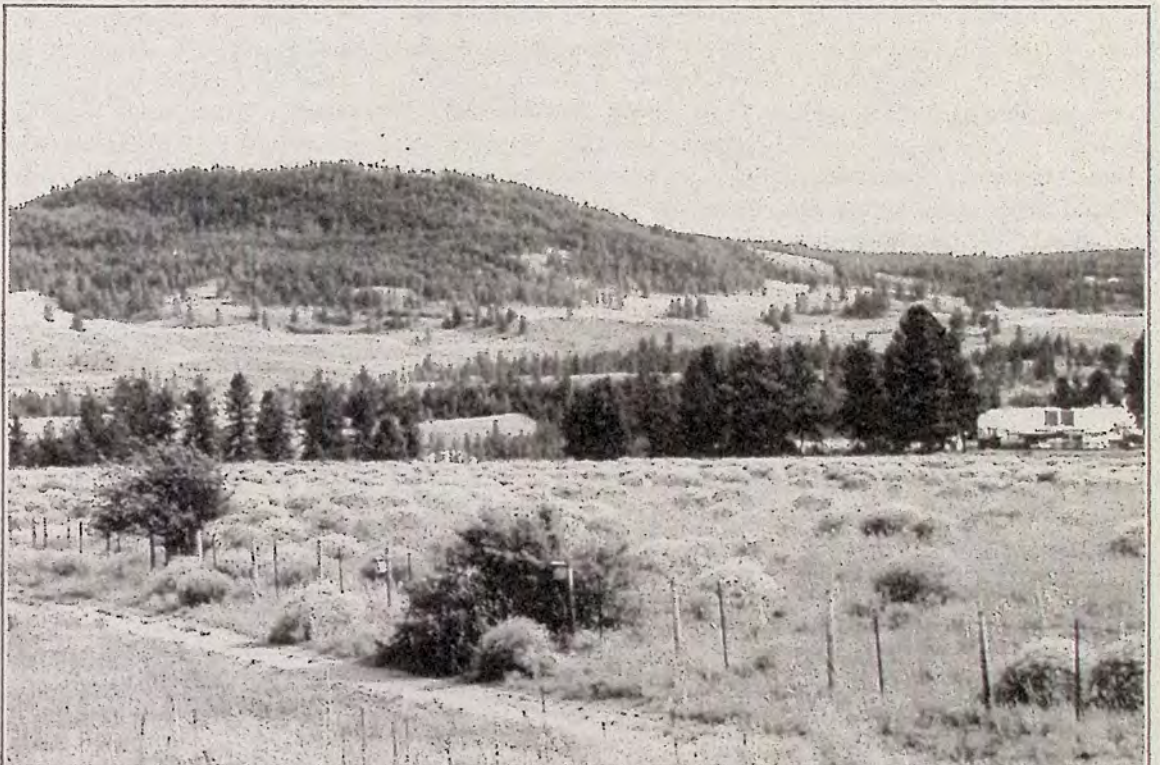


## Traffic speeds for fruit stands

by Patty Harrower

All the produce is ripe and ready in the valley. Hot, sunny days have contributed to some bumper crops and growers are busy harvesting. The peaches are particularly nice this year.

Prices are averaging near the level of last year, although hail damage this year in the valley from Cawston along highway 3-west has contributed to a small price war. However, a smart shopper will look closely and find that, as usual in any competitive market, you get what you pay for.



The humpy-bumpy effect of the field of baby's breath (gypsophillia) at the end of Princeton airport gives an other-world aspect to the view, especially when the wind is blowing and the mounds seem to move slowly along the ground like a Hollywood version of an invasion of space aliens.



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### Help our barometer rise to \$8,000 this week!

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We thank everyone who has helped us raise money for the hospital during our cashier's campaign.





Youngsters received Asset Development certificates in recognition for their participation in the Tulameen Triathlon. They are, left to right: Corbin Clement, Clint Cook, Clark Esselink, Zack Brown (fastest swimmer!) and Michael Duncan. Councillor Kathy Clement made the presentation.

## Tulameen Triathlon winners received cash

Swimmers braved the first trial of the Tulameen Triathlon in a swim across Otter Lake. The water was icy, and the morning was cool. Swimmers in this mini Iron Man contest were extremely cold when they finished the swim. Zack Brown, a longstanding member of Kokanee Summer Swim Club, had the fastest time.

The next test was a bicycle ride to Coalmont and back. Gary Giampa, of Vernon, finished as the fastest biker.

The final challenge was a 9 km. footrace along Otter Lake Road.

The fastest runner was Rob Barber.

Medals, money and prizes were handed out at the Tulameen Days barbecue. Co-organizer Leslie Hassell thanked all of the participants, the volunteers, and the sponsors before announcing the winners.

Suzanne Sharp of Prince George was the only entrant in the women's single category and took the prize money.

Ken Adams placed first in the men's single, with Jim Hardin second and John Shumyk third.

In the mixed relay, first place

went to Bianca Wallbank, Matthew Bond and Chelsea Powell. Second place went to Leslie Hassell, Gary Giampa and Stefanie Giampa. John Bosomworth, Myrna Bosomworth and Shauna Jorgenson took third place.

Scotty McQueen, Harold Williams, and Eliot Anderson won first in the men's relay event, with Brad Cable, Kevin Kunderman and Chris Kunderman taking second place. Third place went to Chris Barlow, Mark Jones and OJ Larson.

In the women's relay, Louise Shumyk, Jane Glenn and Louise Kallhood were the only finishers, and took the money.

Seven competitors were 18 years or younger, and did very well.



Jim Hardin waves the money he won for second place in the men's single in Tulameen Triathlon. Presenting the prizes is his wife, Carol Esselink, at left.



Mixed team winners in the Tulameen Triathlon were Bianca Wallbank, Matthew Bond and Chelsea Powell. Leslie Hassell, of Tulameen, was on the second team.

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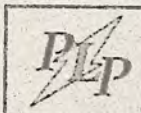
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These are a few of the people who dropped in to the Class of 1955 reunion held at Princeton golf course. Left to right, standing: Myrna Woods (née Minard), Jeanette Sulentich (née Lindsay), Geonell Gurr, Delores Desrosiers (née Solnes), Marion Williamson (née Seaman), Cal Desrosiers. Kneeling: Dan Sulentich and Don Bosnich.

## Classmates renew old friendships

The class who graduated from Princeton High School in 1955 held a reunion at the golf course last weekend and welcomed everyone who had ever been in their class. There was an excellent turnout of old friends, some of whom had not seen each other in over 40 years.

The following is a list of those who attended during the weekend. The maiden names of the women who went to school in Princeton will be in brackets.

Geonell (Gurr) and Art Williams, Bob (Peewee) and Carol Grant, Dave Grant, Dan and Jeanette (Lindsay) Sulentich, Elaine

(Cook) Dirom, Patrick and Susie Haffey, Lois Haffey, Sylvia (Metzler) and Bob Savage, Mae (Stewart) and Harold Wells, Rita (Haffey) and Martin Laan, Tip (Gerald) Anderson, Don Bosnich, Myrna (Minard) and Norm Woods, Anna (Lind) and Leonard Price, Marion (Seaman) Williamson, Shirley (Hambly) and Willie Wilkinson, Beryl (Thomas) and Dinny Mullin, June (Nilsen) and Ernie Greene, Inez (McBee) and Elmer Wilkinson, Don Lind, Shirley (Gordon) Glass, Del (Solnes) and Calvin Desrosiers, George Merrill, Lennie Harker, Moon and George Bosnich, and the bus driver, Austin Fraser with his wife, Joyce.

Many of these former students began their education in Allenby or Copper Mountain schools, and had some fond memories of those days.

## Weekend crime

continued from front page .....

a window pane was smashed in a rear door. The would-be crook did not gain entry. The attempt occurred on Saturday night, and a little later, a thief smashed the drive-thru window at Dairy Queen and gained entry long enough to take a small amount of cash before leaving by the side door. Between \$400 and \$500 damage was done.

The Pentecostal Church was broken into sometime on Saturday night, but church services went ahead as usual. As we go to press, there is no report of the extent of damage done.

Early Saturday morning, a woman returned to her residence

on Palmer Street after working night shift. When she went to bed, she was disturbed by a male leaping from her closet and fleeing her bedroom. He has not been apprehended. The description is as follows: a white male, early twenties, clean shaven, wearing a hooded black sweatshirt and black pants, with a silver chain hanging across the pants. He had some kind of dark fabric covering his shoes. He was last seen fleeing south to Highway 3. Anyone with information as to the identity and/or whereabouts of this home invader is asked to call Princeton RCMP at 295-6911.

## Local writers tell new tales

A new book is on the market featuring stories and poetry by local writers, members of Princeton Writers Club. Simply called "Short Stories and Poetry," The small book presents the work of Joseph Dubé, H.P. Toews, Anita Drees, Penny Holland, Candace Klassen, Margaret Stoneberg, Francis Waldron, Nelson R. Lewis and Monty Raine.

Stories, essays and poetry deal with everything from U.F.O.'s (Flying Saucers are Real - Dubé) to bees (Reflection of a Bee Catcher - Raine). There are all kinds of interesting

tales in this small book, which sells for a mere \$4.00 at various outlets around town, including the News Leader.

Stoneberg recaps some of the local legends. Holland tells the story of an unusual wild bird who made its home with her family. Toews tells a story about logging and a trucker. Drees gives the reader a romance. It is quite a collection!

If you think this is just the work of amateurs and not worth your time, think again, especially if you like short stories and variety.

# Princeton Redneck Tattoo

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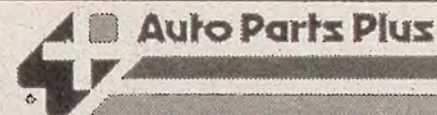
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