

Thunderbirds seize Posse's Gunn

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Posse captain goes to WHL

Tyler Gunn, Captain of Princeton Posse Junior B hockey team until January 3, was called up to the Seattle Thunderbirds January 4. It is a big jump from Junior B to Western Hockey League, and a great opportunity for Gunn, who has come up through Princeton Minor Hockey Association. He played three games with the Thunderbirds, and was back on home ice to cheering fans on January 12. He may play a few more games with the Thunderbirds.

So, Tyler, how was it?
"It was awesome! It was the best hockey I ever played," Gunn told the News Leader.

He loved the big crowds.
"Instead of playing in front of 500 people, you're playing in front of 5,000 or more. I love the big crowds. They make you want to play better."

He said he "played good" in Kelowna, although the Thunderbirds lost that game, and took note of the hometown crowd that went to cheer him on in the January 7 game in Kelowna. Princeton fans travelled to Kelowna in a school bus to see Gunn play, and made their presence obvious with posters.

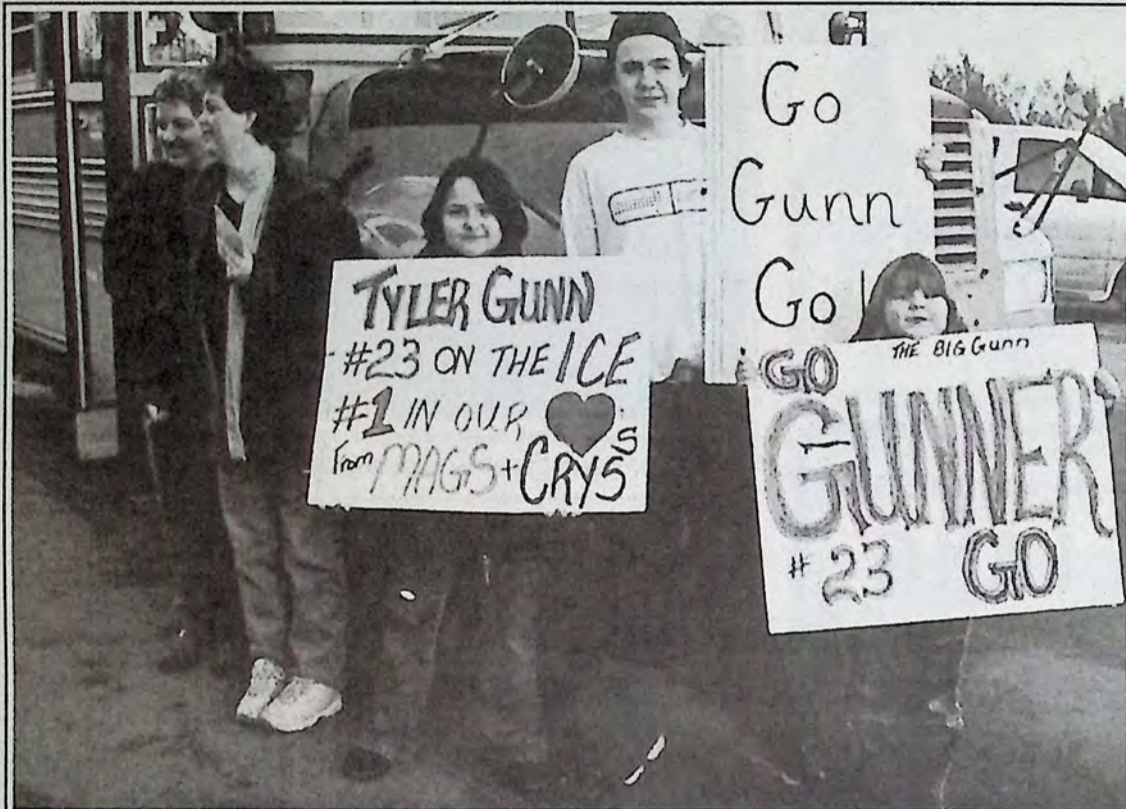
This summer, Tyler Gunn will go to hockey camp with the Thunderbirds. This is the same team Tyler Willis played for, and one of the trainers remembered Willis and had some good things to say about him, which made Tyler Gunn feel good. He had a warm welcome from the Thunderbirds. See the Posse play at home Wednesday evening, January 22.

Council holds the line on Town utility rates

Princeton residents will have no increase this year in their water and sewer bills.

At the January 7 meeting of Town Council, members voted to keep water and sewer rates the same as they were in 2002.

Residents will receive their water and sewer bills by mail later this month.



Tyler Gunn's supporters prepare to board a bus for Kelowna to cheer him on.

Buy the Coquihalla!

Okanagan Mainline municipalities are thinking of buying the Coquihalla Highway. All members of Okanagan Mainline Municipal Association will meet on January 24 to decide whether the municipalities should assume ownership and control of the Coquihalla Highway and collect the tolls from it.

The argument in favour of ownership goes like this: the toll money would be used to maintain the highway, and the money would remain in the region.

Resident blames tipping fees for illegal dump

A local resident who attended the January 7 Town Council meeting pointed at tipping fees being responsible for illegal dumping of garbage along the Trans Canada Trail. During question period, he asked when tipping fees began, then said the garbage had been dumped along the trail.

Council said they do not have a bylaw under which they could charge the person responsible for illegal dumping, but the Conservation Officer could enforce environmental laws. B.C. has an anti-littering law with a minimum fine of \$500 for the first violation.

At the same time, the resident asked about tipping fees for Christmas trees.

"There are no tipping fees for Christmas trees," Mayor Keith Olsen said. Shaking his head, he added, "We held a public meeting to explain all of this."

A mail-out brochure explained details to every householder.

Help save the Posse!

The Posse will go to another community by the end of this month if Princeton does not buy the franchise and keep the team here.

The final price will be between \$30,000 and \$40,000, but the Posse Association has only \$5,000 (a grant from the Town) and is asking the community to come forward with donations to buy the franchise for Princeton. An account has been set up at Valley First Credit Union. The money will be held in trust for the purchase of the franchise. Donations can be dropped off at the arena with Lyle Thomas or at the Posse office during games. Cheques should be made out to The Princeton Posse Junior Hockey Club. This is not considered a charity donation so personal dona-

tions are not tax deductible. Corporate donors should check with their accountants to establish eligibility for deductions.

Posse Club President Clayton Hamilton says, "This is our chance to secure the franchise and ensure that it remains in Princeton for years to come."

What are the direct benefits to Princeton? Motels, restaurants, and service stations are assured more business due to Posse parents and visiting teams' parents staying in town.

Another direct benefit is a chance for local minor hockey players to move up without leaving home, which means a saving.

Indirect benefits include regular mention of Princeton in radio and television sports reports, putting Princeton on the map.

RCMP deal with theft, impaired drivers

SBC Firemaster fell victim to thieves sometime between the evening of Tuesday, January 7 and the morning of Wednesday, January 8.

The suspect or suspects stole two First Aid kits, a Dewalt cordless drill, a Wagner cordless drill, a Johnsons chainsaw and a Milwaukee angle grinder. Anyone with any information about this crime is asked to contact Princeton RCMP at 295-6911.

South Okanagan Highway Patrol, along with RCMP Detachments

of the South Okanagan, have targeted impaired drivers aggressively during the past month. An increase of police personnel have been used to specifically target impaired drivers through road checks and roving police patrols. Police have used both marked and unmarked vehicles. There were 30 24 hour suspensions, 10 impaired driving charges, and three charges of refusing to provide a breath sample. These figures do not include daily enforcement by local detachments.



Funeral services were held Friday, January 10, for Harold Nishihara, who passed away on January 6. He was an ardent fisherman, a master carpenter and builder, and in his younger days, one of the best ballplayers anywhere. He was a perfectionist at whatever he did, whether tying tiny fishing flies or building beautiful homes. Harold inspired others with his enthusiasm for life and his good humour.

Council raises rates

When Councillors or administrator travel out of town, they are compensated for automobile costs and meals. Princeton Town Council voted on January 7 to raise the compensation from \$.35/km to \$.40/km. Breakfast rate is \$10, lunch is \$15, and dinner is \$24.

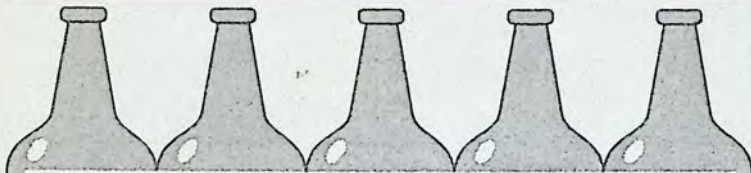
Council said the new rate is a little less than the provincial rate and an average of what other municipalities pay.

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Princeton Air Cadets Bill Parolin, left, and Chris Newman are part of the best squadron in B.C. See story.

Local Air Cadets helped win squadron award

Princeton Air Cadets have been travelling to Penticton to be part of Panther Squadron 259. On December 10, Bill Parolin and Chris Newman were part of a special parade at the Penticton Trade and Convention Centre. The squadron received the award for Top Urban Squadron of British Columbia.

Every year, more than 50 squadrons compete for this recognition of achievement. Marks are given throughout the year to all squadrons on their performance and efficiency, with the culmination of their training being their Annual Inspection. The British Columbia Provincial

Committee scorns not only each cadet's performance but that of their sponsoring committee and the Cadet staff and officers. This is the first time in their 44 year history that Penticton has achieved this honour.

CHBC-TV was on hand to film the parade and awards, and Newman and Parolin appeared in the televised film.

Ray Jarvis, on behalf of Princeton's sponsor, the Royal Canadian Legion, has been actively recruiting cadets, and now has enough to reinstate a squadron in Princeton. They are awaiting approval from Air Cadet headquarters.

Town pays tribute to Sulentich



Former Councillor Dan Sulentich, left, accepts the tribute from Mayor Keith Olsen and Council for his 27 years of service to the town. See story.

Sno-X is postponed

The snowmobile races which were scheduled for this coming weekend have been postponed to the weekend of February 15 and 16, if there is sufficient snow at that time. Last year, the same situation arose, and by mid-February, there was still not enough snow to hold Snow Cross in Princeton. Timberline Cruisers Snowmobile Club hosts Sno-X as a club fundraiser, and they hoped for more snow this past weekend.

Kamloops is having the same problem and had to postpone their races, which were scheduled for the weekend after Princeton's.

Mayors share same problem

Mayor Keith Olsen found he was not alone in complaining about the lack of communication by Interior Health Authority. He reported to Town Council at the January 7 meeting that he had raised the issue at a Regional District meeting after Dina Slowikowski-Campbell and Monty Raine had complained to Council in December.

Mayor Olsen said other mayors responded by saying they have the same problem and find communication by Interior Health "extremely poor".

Mayor Olsen will attend a meeting with Interior Health Authority and will raise the issue with them.

Dan Sulentich received a gift, a certificate of appreciation, and his former chair at the Council table in recognition to his service to Princeton. He was called forward at the January 7 Town Council meeting by Mayor Keith Olsen to receive the tribute of his peers.

Sulentich, who served on Town Council for 27 years, and never failed to give his outspoken opinion, remained true to form as he accepted the tribute.

"What I want is a picture on that wall," he said, pointing to a location in Council chambers, "with my name and the number of years I spent on Council."

He went on to say he hopes this Council is sensible and reasonable when asked for grants and support.

The former Councillor would not confirm he has retired from municipal politics. He left open his option to run in the 2005 civic elections by saying, "We'll see."



Legion Zone Commander John Cawthorne, (at right holding book) swears in President Bob Paterson at the Legion Branch #56 Installation held Saturday at the Legion Hall. In the background, left to right: Sgt.-at-Arms Bud Sadegur, First Vice-President John Haayer, Executive Chuck Whitlock, Executive Mary Ann Slager, Chaplain Chris Haugland, Service Officer Maria Sadegur, and far right, at the table, Ladies Auxiliary Zone Commander Merna Wicker. Not shown in photo are Second Vice-President Glen Scott and Past President Ray Jarvis.



Legion Ladies Auxiliary members installed are, left to right: Past President Edith Carlson, Treasurer Ann Bauder, Executive members Dorothy Monkman, Audrey Salter, and Norma Kraetor, Vice-President Anita Drees and Sgt. - at - Arms Lilia Tilburt. President Sharon Beausoleil and Secretary Barb Ryan were unable to attend the Installation.

Legion, L.A. install 2003 officers

Members of Royal Canadian Legion Branch #56 and Legion Ladies Auxiliary of Princeton gathered at the Legion Hall on January 11 to enjoy a potluck supper and visiting before the official installation of this year's officers.

The numbers attending were down from previous years. It appeared the current flu/cold had

taken its toll. Ladies Auxiliary President Sharon Beausoleil and Secretary Barb Ryan were not in attendance and will be installed at a regular meeting of the Ladies Auxiliary.

Awards Chairman Ray Jarvis presented past service pins to Mary Ann Slager, Don Slager, John Haayer, Maria Sadegur and announced pins for Roberta

Baron and Keith Robinson, who were not present.

Before closing the evening's ceremonies, President Bob Paterson thanked the outgoing officers of the Legion and Ladies Auxiliary for the service they gave, and thanked the new officers for being willing to serve.

He added, "We can't be resting on our laurels - we have a lot to do."



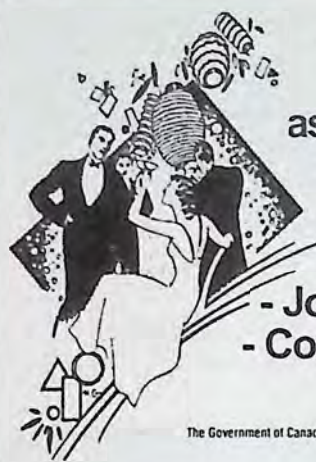
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10:00 AM

Princeton & District Community Skills Centre
206 Vermilion Avenue, Princeton

2:00 PM

South Similkameen Health Centre
700-3rd Street, Keremeos

- Meetings will be facilitated by Joyce Preston, Retired Youth and Family Advocate for British Columbia
- Every day the Ministry of Children and Family Development helps hundreds of children who have been abused, who have mental health issues and who are on probation. Over the next year the Ministry is transferring responsibility for these services to a local Authority similar to the Health Authority.
- This is your opportunity to tell the people who are responsible for setting up this new authority what you think is needed.

Other information available at:

www.mcf.gov.bc.ca/change/regions_i_questionnaire.asp

THESE MEETINGS HAVE BEEN ORGANIZED BY:
The Lower Similkameen Community Services Society and the Princeton Childcare Services Society.

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Overview Of The LLP

Certain conditions must exist before you can withdraw RRSP funds under the LLP. You can withdraw funds only from RRSPs in which you are the annuitant. When you withdraw funds using the LLP, you have to be a resident of Canada. Furthermore, the LLP does not allow you to withdraw funds from plans which are considered inaccessible. For example, funds from locked-in RRSPs cannot be withdrawn using the LLP, and funds in non-redemptible Guaranteed Investment Certificates (GICs) cannot be accessed until the GICs mature.

Before you withdraw an amount from your RRSP under the LLP, one of the following conditions must apply:

- the LLP student must be enrolled in a qualifying program at a designated educational institution, or
- the LLP student has to have received a written offer to enroll before March of the following year in a qualifying educational program at a designated institution.

In order for an educational program to qualify under the LLP, the student must spend at least 10 hours a week on courses or course work in the program for at least three consecutive months or more. Designated educational institutions include universities, colleges, or other educational institutions that qualify for the education tax credit. Enrollment must be on a full-time basis unless the student meets one of the disability conditions.

To repay the LLP, an RRSP contribution must be made to an RRSP in which you are the annuitant. Contributions to a Spousal RRSP are not considered repayments to the LLP. Your repayment begins the earlier of:

- the second year after the last year the LLP student was entitled to claim the education amount on line 323 of the student's tax return;
- the fifth year after your first withdrawal under the LLP.

The minimum repayment is 1/10th of the total amount withdrawn, and the first payment is 60 days after the following year your payment period begins. Once you begin repaying the LLP, you can no longer make further withdrawals. Furthermore, you must file a tax return every year until you have either repaid all your LLP withdrawals or included them in your income.

Who Should Use The LLP?

There are many benefits to using the LLP. If you do not have any other sources of income to fund your education, and by pursuing further education, there is a potential to increase your current levels, then it may be appropriate to use the LLP. However, consider the opportunity cost outlined in the following example:

You withdraw \$20,000 over the next two years to pay for an MBA program which ends in 2004. You are allowed to claim a tax deduction in 2004, so your repayment year begins in 2006. You then decide to repay your LLP over the next 10 years.

At a rate of 6 percent, once you have repaid your LLP, your original \$20,000 that you borrowed and paid back would be worth just over \$26,000. If you never used the LLP, your \$20,000 could have grown in an RRSP for 14 years. At a rate of 6 percent, your investment would now be worth just over \$45,000.

Using the LLP has cost you almost \$20,000 in 14 years. However, the education you completed and opportunities you now have, may outweigh that cost. Before considering the LLP, be sure that the costs of using the program are outweighed by the potential benefits.

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Flor chairs new executive

Leah Flor was re-elected to her second term as President of Similkameen Country. She is joined by newcomer Gary Ackerman as Vice President and long-time volunteer Glynne Wheeler is Secretary/Treasurer.

Returning Directors are John Sladen, Charlotte Vreinds and Arden Holley. New Directors include Greg Masson, Kelly Kerr, Shirley Wieland, Jeff Rowe and Steve Venables.

Following their first executive meeting January 9th, Flor stated, "I received a very strong feeling from our executive that we are moving forward to building a stronger organization and solidifying our position in the community."

To cement that concept, Similkameen Country will be hosting a four-hour workshop on January 18th for all current and recent past executive members.

The goal of the workshop is to develop a mandate and mission statement. Flor says the exercise will serve to define the group and its roles.

"We are an organized organization, and we are here for the community."

Future plans for Similkameen Country include a Member To Member Plan, work on the Tourist InfoCentre building, the further development of existing

Provisional budget announced

The Village of Keremeos 2003 General Fund Budget totals \$1,392,600. Up only slightly from the 2002 Final Budget of \$1,340,726.

The 2003 Sewer Fund Budget totals \$135,735 with the Water Fund Budget coming in at \$41,820.

The provisional budget allows the Village to conduct business until the final budget for the year is approved in a few months.

Bridge committee to be formed

A valuable piece of railway history in the Similkameen Valley will be preserved forever.

Similkameen Country is hosting a meeting to form a formal committee to address the historic red bridge.

"We are the catalyst," says Similkameen Country President Leah Flor, "we're starting the ball rolling."

The meeting, set for 8:00 AM on Thursday, January 30th in the Employment Access Centre, is to bring together interested parties.

Flor hopes there is enough interest to form a society to pur-



Similkameen Country President Leah Flor.

sue federal heritage designation for the structure.

"It'll open up the door to funding which would allow work to be done on the bridge."

The group, identifying itself at this point as the Red Bridge Heritage and Preservation Committee, has already generated interest from as far away as Princeton.

Flor says the project would likely see the bridge undergo some repairs and signage indicating its historic significance in the Valley.

"First, we need to prove it's

that to build community spirit."

The accomplishments of the group in 2002 are many, with the establishment of the Employment Access Centre probably being the biggest.

It opened for business last February and to date has 658 members and brought \$159,000 into Keremeos.

"One of our goals is to become membership strong," Flor says.

With close to 70 members already in place, Similkameen Country is well on its way to making 2003 another memorable year.



Keremeos Senior Centre hosts a dance each Thursday afternoon. A total of 95 attended the event last week.

actual date, but it is believed to be one-hundred years old this year."

A preservation project on the bridge could take years, creating some employment but mostly providing an important educational tool.

Flor says museums from throughout the Similkameen are interested in following the progress of the project.

Tourism potential is also factors into the project.

For more information on how to get involved, contact Flor at 499-5300 or 499-0248.

Run a good meeting

Presented by Princeton Toastmasters' Club

Dear Nephew;

This letter will tie up a few loose ends, then I've taught you more than I know.

Someone may say to you "What in the world does this word mean: quorum?"

A quorum is the minimum number of members required to be present at a meeting in order for business to be acted upon. If for instance you have 40 members but because of a flu epidemic only five show up, it's just not reasonable for them to assume they can make decisions that affect all the members. Usually, when a quorum is spelled out in a club's by-laws, it is expressed as this example: "50 percent of the membership or 10 members, whichever is the lesser." No quorum, no business.

To repeat what I wrote to you a few weeks ago - be as sure as you can be that members know what they're voting on. It's your duty to state the motion, in full, one last time before you ask "all in favour" and "those opposed". If a motion is not understood, it might be voted down.

And then, after all the business has been attended to, you can think about adjournment, the closing of the meeting.

At this point, ask "Is there any further business?" Wait several seconds, making brief eye contact with a few members.

Then you can say, "If not, I declare the meeting adjourned." OR

you can ask for a motion to adjourn, which must be seconded and voted on. If it is carried, you then declare the meeting adjourned.

For further information, join your local Toastmasters' Club, get books from your library, or search the Internet.

Best of luck to you, Aunt Em.

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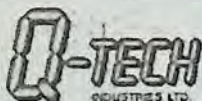
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Are you thinking of going vegetarian?by **Dr. Duane Drobot, Chiropractor**

Last week, I discussed lifestyle and dietary options for a healthy new year. This week I will discuss vegetarian and supplementation options. The previous article is available at www.meritchiro.com

Vegetarian diets

For those who are planning on going veggie in the new year, research shows that a good vegetarian diet as part of a compre-

Lifestyles are changing

It is unusual to find proof of changing food habits by watching stock market reports, but that is exactly where the proof lies now.

McDonald's, the Golden Arches company, has never before lost money, until the third quarter of 2002. The giant fast food chain has expanded to most countries in the world, and has made money hand over fist for decades, until now. What is happening?

To find out what is making a difference, we need to look at another company on the market: Subway. Subway has expanded faster than almost any other fast food company except Wendy's, and Subway is making money. This is unusual, because Subway is an upstart company whose stores are not as prominently located in most communities as McDonald's, nor has Subway had the big-budget advertising campaign of McDonald's.

The difference is in the product sold by these two companies. McDonald's image is that of a hamburger and fries business, whereas Subway has been promoting low-fat, super-fresh sandwiches with loads of good stuff in them and plenty of taste. McDonald's has added salads and tacos, but is still losing sales. Wendy's added salads a long time ago, and is still holding on, but not growing like Subway.

Why the difference?

The difference is the baby boomer generation. They are older, more conscious of cholesterol, and much more conscious of good nutrition. Along with an escalating population over age 60, and a declining population under age 25, the McDonald's target market is shrinking while Subway's target market is growing. Along with aging and dietary changes, the other options of Mexican food and salad bars provide strong competition among all fast food outlets, which means a smaller market share for each. Subway succeeds by showing customers the food value in a Subway sandwich, the low-fat value, and the freshness of the product.

hensive health program can help prevent heart disease, cancer and other diseases. However, only consume moderate amounts of fried foods, hydrogenated fats and commercial meat substitutes. It's possible for a vegetarian to eat even more sugar and fat than a meat-eater by overloading on junk food. I enjoy vegetarian dishes because they tend to diversify the diet and provide food options you may never have considered.

If you are considering a vegetarian diet, keep the following tips in mind:

* Don't rely on fruits and vegetables at the expense of grains and legumes. The repetition of fruits and vegetables can narrow your food choices, thus narrowing the variety of nutrients you consume.
* Consume fortified foods or take supplements to obtain the nutrients you no longer get from animal-based products. The biggest problem with vegetarian diets and others is that you no longer consume important nutrients found in animal protein. Alternatives to animal protein include soy products, legume dishes and a mixture of whole grains.

Before eliminating animal products from the diet, it is important to get information about how to do it right. Children, pregnant and breast-feeding women, and people recovering from illness should consult their doctor (e.g. DC, MD, DO).

Supplements

Dietary supplements are not perfect substitutes for conventional or even fortified foods. Nor can a person sustain good health just taking vitamin and mineral supplements. When taken properly, nutritional supplements can play an important role in achieving maximum health. If you are considering nutritional supplements, keep these important tips in mind:

* Don't overlook nutrition. Since supplements are just that, an added source of nutrients, it is important to consume dark green vegetables, oils, nuts and seeds, which are sources of magnesium, fatty acids, and many other vitamins and minerals. Supplements are not an excuse to forget about eating right.

* As choosing the right nutritional supplements to suit your individual needs can be a complicated endeavour, consult a nutritional practitioner, such as a doctor of chiropractic, to determine what kinds of supplements are best for you.

* Don't try to "self-prescribe". If you have symptoms such as headaches, chronic fatigue or cardiac problems, you need to seek professional advice, not the advice of a supplement store clerk.

Chiropractic can help

As part of their training, doctors of chiropractic learn overall wellness and healing, with proper nutrition playing a significant part in that approach. If you have questions, consult your doctor of chiropractic.

Living past 100**Chase colds away with good nutrition**

This is the time of year when you find out how good your immune system is. You are exposed to flu and cold infections, and how your body deals with them will tell you whether or not you need to boost your immune system.

When you come into contact with an infection, your body should react quickly and fight it out fast. If the infection seems to linger on for a long time, that is your signal you need to beef up your immune system.

Older folks always expect their immune systems to be less successful, but that assumption can be wrong. Just being over 60 does not mean a failing immune system. Many people in their 80's can heal faster, and fight off colds better than some people much younger. The immune system is dependent on many factors, but the most fundamental factor is good nutrition.

Good nutrition, in a dark, northern country like ours, often depends on nutritional supplements in winter. Those who poke fun at taking Vitamin C and cod liver oil may be those who take longer to shake off a cold or flu. Vitamin C and Vitamin D (from cod liver oil) can make the immune system much stronger. Vitamin C is like eating lots of oranges, green peppers or strawberries, and Vitamin D is like sitting out in the sunshine. Nobody disputes the benefits of fruit and sunshine for the immune system.

Good nutrition provides resistance against infection, but there is no overnight cure for a cold or flu by suddenly improving nutrition. Good nutrition must be a year-round effort, and it takes planning as well as awareness. Good well-balanced meals do not happen by accident. Often, people today sacrifice good nutrition to convenience, because people work hard and are in a hurry. Planning ahead solves the problem.



China Ridge Cross-Country Ski Association put up a new covered sign at the trailhead. Left to right, Basil Bottenfield, Dr. John Bosomworth, Myrna Bosomworth and Lisa Loeppky.

China Ridge beckons to skiers

by Lisa Loeppky

Come and explore the magic of winter wonderland. China Ridge Cross-Country Ski Association welcomes you to ski scenic China Ridge, located seven kilometres from Princeton. Follow the signs to Bear Mountain recreation area.

Challenging new trails have been developed (Henry's Run) but most of the ski trails are geared to beginner or intermediate skiers. There are three shelters stocked with wood, offering opportunity for a cozy open fire.

Trails are now groomed by our newly acquired equipment, purchased from money raised by our skilled, hard-working volunteer members. Thanks to them, we are now the proud owners of this reliable, easy to handle equipment.

A group of members celebrated the first day of 2003 on the ski trails. It was a beautiful day with blue skies, sunshine and close to perfect snow conditions. The group stopped at the Reuben Jones shelter to admire the newly installed stove. Here you can make billycan tea and toast a sandwich while solving the world's problems. If you haven't solved all of them, you can con-

Tykes are back!

by Sharan Jung

Without practice following a Christmas break, Princeton A&W Tykes Flyers were back in the game, hosting Oliver.

Tykes players demonstrated good energy even though they had been off ice for two weeks. Tykes range in age from 6 to 8 years, some learning to skate for the first time. The game ended 5-1 for Oliver, with Lindsay McLennan scoring the single Princeton goal, assisted by Connor Dosko.

tinue to the warming hut, a further 20 minutes down the trail. The sanctuary-like setting at the hut has a spectacular view of the mountain peaks in the Tulameen Area.

The group of skiers, after a splendid day, returned to the parking lot. There they admired the beautiful new trailhead sign, created by Shelly Carlson. A newly constructed roof, donated by Basil Bottenfield, protects the sign. A special thanks goes to Basil, Dr. John Bosomworth for assisting, and Kelley Cook for

Christmas Bird Count proved unusual this year

by Madelon Schouten

The Princeton Christmas Bird Count dawned on January 4, 2003, under an overcast sky, mild temperatures and very little snow underfoot, vast change for previous years, which affected species numbers. Thirteen birders were out from dawn to dusk combing the Christmas Bird Count circle 15 miles in diameter. They covered 151 km on foot and 359 by car. Bushes had to be shaken, literally, to "get birds"! The field observers were backed by feeder watchers, but even there the activity was low.

Total number of species was 50, the lowest in years.

Although it is not the aim of this census to get "good birds", some fairly unusual sightings were recorded.

A Northern Goshawk on was seen Baldy, same as previous years, or maybe the one released in September? A Merlin, a three-toed woodpecker, a small flock of Common Redpolls, three Northern Pygmy Owls, three Golden Eagles (always exciting to see those) and a good number of Evening Grosbeaks were spot-

her expertise in coordinating the project.

New members are always welcome. Membership forms are available at the trailhead or at Ounce of Prevention health food store. For further information, call Myrna Bosomworth at 295-3374.

Upcoming social events include a Moonlight Ski on January 19, and a Lantern Ski at Charlotte and Glen Sellers' on February 1, followed by a Moonlight Ski and potluck at China Ridge on February 15.

Princeton beat the other five Okanagan-Similkameen counts with the latter. They had only one between them, we had 95! Apparently the Interior has not seen this species for a number of years.

It is well-known that weather affects bird activity, as does availability of food, but Princeton has carried out this survey in much more adverse weather conditions with higher numbers at the end. The cone crop was good also, rosehips, a favoured food for a number of species, were also available.

So is it El Nino, global warming, changes in habitat, or just an errant phenomenon that gave such a disappointing result?

During coming months, Christmas Bird Counts, Breeding Bird Surveys, Eagle Counts and Nest Record Schemes will tell us what is happening to our feathered friends on the North American continent.

As co-ordinator of the count, I thank all field and feeder watchers - your help is much appreciated.

Bantams battle Kelowna

by Deb Scarpelli

On December 15, Princeton K&M Trucking Bantams travelled to Rutland to play Kelowna Heat #1.

Kelowna came out for revenge in this game. They played a very unsportsmanlike game of hockey right from the drop of the puck. This game should have been called because it was so penalty-filled it was pathetic. The refereeing was appalling and the refs were basically non-existent.

I will say Princeton Minor Hockey has fantastic refs and linesmen and we are so grateful for that. I'd like to mention that, as parents, we are to set good examples for our children to follow. Princeton fans were totally appalled by Kelowna parents' conduct. Kelowna parents swore at our players, applauded when one of our players was hurt or taken out by being cross-checked from behind, boarded, elbowed, etc. If this was a good example to set for their children, then the Kelowna players lived up to their parents' expectations. This whole game disgusted Princeton fans to no end. Kelowna was out to win in any way or fashion. Princeton parents are very sportsmanlike. When watching the game, they never degrade any player and applaud both teams for excellent plays and great saves.

Kelowna opened the scoring in first period. Cheap shots were given out by Kelowna to get our boys to retaliate, but our Bantams kept their cool. Princeton's only goal that period was by Josh Scarpelli unassisted. This goal tied the game, then Kelowna scored their second goal to put them ahead by one at the end of first period. Second period was all Kelowna. They scored two goals and kept dishing out the cheap shots. Kelowna parents seemed proud of their boys' conduct. Kelowna opened the scoring in third period. Princeton rebounded and Jason Johnson took a great pass from Daniel Wanner to score Princeton's second goal. This period, our boys had taken enough from the Kelowna team and started to fight back and stand up for themselves. By this time, the game was totally out of hand. The final score was Princeton - 2, Kelowna - 7.

Don't miss our tournament this weekend in Princeton!

TUESDAY MOVIES

MORNING

10:00 am CITY 29 ★★½ "The Preppie Murder" (1989, Drama) Danny Aiello. A sensationalistic murder trial follows the death of a young woman in New York's Central Park. Based on a true story.

11:00 am A&E 9 ★★½ "The Tin Star" (1957, Western) Henry Fonda. A young sheriff enlists the aid of a seasoned bounty hunter to combat the outlaws preying on his town.

AFTERNOON

5:00 pm WTBS 3 ★★★★★ "L.A. Confidential" (1997, Mystery) (PA) Kevin Spacey. A young police officer witnesses Hollywood's dark side in the 1950s as he battles police corruption and crime. [CC] (DVS)

WGN 38 ★½ "Best of the Best 4: Without Warning" (1998, Action) Phillip Rhee. A martial-arts instructor goes on the lam after finding a computer disk containing top-secret information. (In Stereo) [CC]

EVENING

6:00 pm CITY 29 ★★½ "Full Metal Jacket" (1987, Drama) Matthew Modine. Premiere. Stanley Kubrick's portrait of the Vietnam War from the perspective of Marines in basic training and on the battlefield.

8:05 pm WTBS 3 ★★ "Heaven's Prisoners" (1996, Drama) (PA) Alec Baldwin. An alcoholic ex-cop faces murderous enemies after a suspicious plane crash leads him into the New Orleans underworld. [CC]

9:00 pm FAM 26 ★★★★★ "Private Benjamin" (1980, Comedy) Goldie Hawn. A pampered young woman is conned into joining the Army after her husband dies on their wedding night. [CC]

10:20 pm WTBS 3 ★★★★★ "L.A. Confidential" (1997, Mystery) (PA) Kevin Spacey. A young police officer witnesses Hollywood's dark side in the 1950s as he battles police corruption and crime. [CC] (DVS)

10:35 pm CITY 29 ★★ "Nick of Time" (1995, Suspense) Johnny Depp. A widower is given 90 minutes to assassinate the governor of California or his young daughter will be killed. [CC]

WEDNESDAY MOVIES

MORNING

10:00 am CITY 29 ★★ "Nick of Time" (1995, Suspense) Johnny Depp. A widower is given 90 minutes to assassinate the governor of California or his young daughter will be killed. [CC]

11:00 am A&E 9 ★★½ "A Minute to Pray, a Second to Die" (1968, Western) Alex Cord. The territorial governor of New Mexico offers amnesty to a gunman with a large bounty on his head.

AFTERNOON

5:00 pm WGN 38 ★★ "The Marrying Man" (1991, Comedy) Alec Baldwin. A playboy gets more than he bargained for when he sets his sights on a gangster's girlfriend in Las Vegas. (In Stereo) [CC]

EVENING

7:00 pm WTBS 3 ★★½ "Above the Law" (1988, Drama) (PA) Steven Seagal. A renegade cop bucks the system after he uncovers a covert CIA drug-running operation in Chicago.

9:00 pm FAM 26 ★★ "Reality Bites" (1994, Comedy-Drama) Winona Ryder. An auto accident leads to a romantic triangle as a television intern and her friends grapple with post-college life. (In Stereo) [CC]

10:05 pm CITY 29 ★★½ "Romeo Is Bleeding" (1993, Drama) Gary Oldman. A corrupt New York policeman falls under the spell of a seductive member of a Moscow crime family. [CC]

TUESDAY, JANUARY 14, 2003

Grid showing TV schedules for Tuesday, January 14, 2003. Columns represent time slots (6:30 AM to 11:30 PM) and stations (WTBS 3, CHBC 4, KNOW 5, KSPS 6, KHQ 7, KREM 8, A&E 9, KXLY 10, BCTV 11, CITY 12, YTV 18, TSN 19, VTV 22, DISC 24, FOX 41, FAM 26, KTLA 27, CITY 29, WGN 38). Rows list programs such as Matlock, News, George S. Clifford, and various sports events.

WEDNESDAY, JANUARY 15, 2003

Grid showing TV schedules for Wednesday, January 15, 2003. Columns represent time slots (6:30 AM to 11:30 PM) and stations (WTBS 3, CHBC 4, KNOW 5, KSPS 6, KHQ 7, KREM 8, A&E 9, KXLY 10, BCTV 11, CITY 12, YTV 18, TSN 19, VTV 22, DISC 24, FOX 41, FAM 26, KTLA 27, CITY 29, WGN 38). Rows list programs such as Matlock, News, George S. Clifford, and various sports events.

THURSDAY MOVIES

MORNING

10:00 am CITY 29 ★★½ "Milk Money" (1994, Comedy) Melanie Griffith. A suburban widower winds up with a kindhearted hooker in his home after his young son's excursion in the city. [CC]

11:00 am A&E 9 ★★½ "Marathon Man" (1976, Suspense) Dustin Hoffman. An innocent graduate student encounters a fugitive Nazi war criminal searching for a hidden cache of diamonds. [CC]

AFTERNOON

5:00 pm WTBS 3 ★★½ "Money Talks" (1997, Comedy) (PA) Chris Tucker. A fast-talking con artist asks a TV reporter for help in evading the cops and robbers who are hot on his trail. [CC]

WGN 38 ★★½ "Nightmare on Elm Street 5: The Dream Child" (1989, Horror) Robert Englund. A young woman wages a desperate battle to protect the soul of her unborn child from dream stalker Freddy Krueger.

EVENING

6:00 pm CITY 29 ★★ "Mission: Impossible 2" (2000, Action) Tom Cruise. Ethan Hunt and a sultry thief join forces to retrieve a deadly virus from a renegade agent. Directed by John Woo.

7:15 pm WTBS 3 ★★½ "Red Heat" (1988, Drama) (PA) Arnold Schwarzenegger. A Soviet policeman and an American cop tear up the streets of Chicago in pursuit of a Russian drug smuggler. [CC]

8:00 pm FOX 41 ★★ "Scream" (1996, Horror) Neve Campbell. Small-town teens become the victims of a psychotic killer in director Wes Craven's parody of slasher films. (In Stereo) [CC] (DVS)

9:00 pm FAM 26 ★★ "D.O.A." (1988, Suspense) Dennis Quaid. A dying English professor races to find the killer responsible for poisoning him with a slow-acting drug. (In Stereo)

9:15 pm WTBS 3 ★★ "House Party" (1990, Comedy) Christopher Reid. Two rap artists face countless obstacles while trying to stage a neighborhood bash at their parents' vacant home. [CC]

10:35 pm CITY 29 ★½ "Milk Money" (1994, Comedy) Melanie Griffith. A suburban widower winds up with a kindhearted hooker in his home after his young son's excursion in the city. [CC]

11:30 pm WTBS 3 ★★½ "Another 48 HRS." (1990, Comedy-Drama) (PA) Eddie Murphy. A fast-talking convict is grudgingly reunited with a brash police detective when a drug kingpin threatens their lives. [CC]

Shots" (1999, Drama) Sean Patrick Flanery. Premiere. The possible date rape of an acquaintance frames this look at several L.A. friends and their views on sex.

7:00 pm WTBS 3 "America's Prince: The John F. Kennedy Jr. Story" (2003, Drama) Kristoffer Polaha. The son of JFK grows up in the public eye and dies in a tragic plane accident. Based on a book by Christopher Andersen. [CC]

7:30 pm FAM 26 ★★½ "The Little Rascals" (1994, Comedy) Travis Tedford. Girl-hater Spanky is angry when Alfalfa falls for Darla in this feature-length adaptation of the "Our Gang" comedies. (In Stereo) [CC]

8:00 pm KNOW 5 ★★ "Silas Marner" (1985, Drama) Ben Kingsley. An adaptation of George Eliot's novel of a simple weaver forced into seclusion after he is unjustly accused of theft.

9:00 pm WTBS 3 ★★½ "When a Man Loves a Woman" (1994, Drama) Andy Garcia. A San Francisco couple's seemingly idyllic marriage threatens to collapse under the strain of the wife's alcoholism. [CC]

FAM 26 ★★ "Meatballs Part II" (1984, Comedy) Richard Mulligan. Premiere. A wayward alien and paramilitary campers complicate summer activities for campers and counselors at Camp Sasquatch.

9:05 pm CITY 29 ★ "Intimate Obsession" (1992, Drama) Jodie Fisher. Premiere. An ambitious lawyer and his neglected wife are drawn into a deadly game of seduction.

10:25 pm FAM 26 ★★ "The Doctor" (1991, Drama) William Hurt. A physician learns about medicine from the patient's perspective after he is diagnosed with throat cancer.

11:00 pm KSPS 6 ★★ "Bedazzled" (1967, Fantasy) Peter Cook. A lovestruck short-order cook is granted seven wishes by Satan in exchange for his soul.

CITY 29 ★ "The Bawdy Adventures of Tom Jones" (1975, Comedy) Nicky Jones.

Community Datebook

JANUARY 2003

- 14 - PXA meets at Town Hall 7 pm
- Vermilion 4-Wheelers meet 6 pm arena mezzanine
- 17, 18, 19 - Bantam hockey Tournament Princeton arena
- 18, 19 - SnoCross 2003
- 22 - Wednesday POSSE GAME vs Summerland Sting
- 20 - Council meeting 7:30 p.m.
- 22 - School Board meeting Princeton 7 pm
- 23 - Junior boys basketball PSS 4:30 pm
- Fall Fair meets 7 pm Town Hall
- Princeton Writers Group meets 7 pm Sr. Citizens Hall
- 24, 25, 26 - Pumpkins hockey tournament Princeton arena

FEBRUARY

- 1 - POSSE GAME vs Creston
- 2 - POSSE GAME vs Spokane
- 3 - Council meets 7:30 p.m.
- 4 - Junior Girls basketball PSS 4:30 pm
- 6 - Junior Girls basketball PSS 4:30 pm
- 7 - Princeton Area Business Enhancement meeting 7 pm arena
- 7,8,9 - Gents Hockey tournament Princeton arena
- 8, 9 - Dogsled races at Tulameen
- 11 - PXA meeting Council Chambers 7 pm
- Vermilion 4-Wheelers meet arena mezzanine 6 pm
- 12 - Wednesday - POSSE GAME vs Summerland
- 14 - VALENTINES DAY
- 14, 15, 16 - Atoms hockey tournament Princeton arena
- 17 - Council meets 7:30 p.m.

MARCH

- 8 - Figure Skating Show Princeton arena
- 18 - 22 - SPRING BREAK FOR ALL SCHOOLS

APRIL

- 18 - GOOD FRIDAY
- 20 - EASTER SUNDAY

MAY

- 2, 3 - Princeton Trade Show - arena
- 10, 11 - Canadian Pro Rodeo, Princeton Exhibition grounds
- 17, 18, 19 - VICTORIA Day long weekend
- ***** If your organization has set an important date, you may have it listed here at no cost.

WELCOME WAGON SINCE 1930

- new in town?
- recently married?
- new baby?

Linda
295-0456

If so...a warm welcome awaits you from your hostess. We are looking forward to meeting you soon.



FRIDAY MOVIES

MORNING

7:00 am A&E 9 ★★½ "Spellbound" (1945, Suspense) Ingrid Bergman. An amnesia victim accused of murder is helped by the female psychiatrist who loves him.

9:00 am A&E 9 ★★ "Notorious" (1946, Suspense) Cary Grant. An American undercover agent persuades the daughter of a traitor to infiltrate a gang of Nazis living in South America.

10:00 am CITY 29 ★★ "Steel" (1997, Fantasy) Shaquille O'Neal. A former weapons developer for the Army dons a suit of armor to battle an ex-colleague who has turned to evil. [CC]

11:00 am A&E 9 ★★ "The Paradine Case" (1948, Mystery) Gregory Peck. An attorney falls in love with the woman he is defending against a murder charge. [CC]

AFTERNOON

1:00 pm A&E 9 ★★½ "Spellbound" (1945, Suspense) Ingrid Bergman. An amnesia victim accused of murder is helped by the female psychiatrist who loves him.

3:00 pm A&E 9 ★★ "Notorious" (1946, Suspense) Cary Grant. An American undercover agent persuades the daughter of a traitor to infiltrate a gang of Nazis living in South America.

5:00 pm WTBS 3 "America's Prince: The John F. Kennedy Jr. Story" (2003, Drama) Kristoffer Polaha. The son of JFK grows up in the public eye and dies in a tragic plane accident. Based on a book by Christopher Andersen. [CC]

WGN 38 ★★½ "The Hunt for Red October" (1990, Adventure) Sean Connery. Soviet and American forces give chase when the captain of a Soviet nuclear submarine sets a course for the Maine coast. (In Stereo) [CC]

EVENING

6:00 pm CITY 29 ★★ "Body

Arena Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 am	Minor hockey games	School rentals	School rentals	School rentals	School rentals	School rentals	Minor hockey games
10	9 a.m. to 4:45 p.m.	Adult/tot senior					
11							
Noon							
1:15	hockey game	Stick and puck	Stick and puck	Adult/tot senior 3 - 4:45	Stick and puck 2:30 - 3:45	Stick and puck	
2			Posse practice 3 - 4:15	Posse Practice 4:30 - 9:30	Posse Practice		
3:20		Figure Skating	Posse practice 4:30 - 5:15	Figure Skating			
4			Tykes practice 5:15		4 - 4:45 Novice practice		
4:30	4:45 - 6:00		Novice practice 6:15		4:45 - 5:35 Atom practice		
4:45	Free Public Skate		Atom practice 6:15		5:35 - 6:30 PeeWee practice		
5			Atom practice 9:45 - 11 open for rent		7 - 8:15 Public skating		
6							
6:15	6:15 to 7:15 open for rent	7:15 - 8:45 Pumpkins hockey					
6:30		9 - 10 midget practice					
7							
7:30							
8							
8:45							
9							
10:45							

***** NOTE: Public Skating is CANCELLED or changed on tournament dates

TOURNAMENT DATES: NOV. 15, 16, 17 PEEWEE AAA TRYOUTS NOV 30 - DEC 3 - MIDGET DEC. 7, 8 - NOVICE JAN 17, 18, 19 BANTAM	JAN. 24, 25, 26 - PUMPKIN FEB. 7, 8, 9 - GENTS FEB. 14, 15, 16 - ATOMS MAR. 2 - TYKES MAR. 8 - FIGURE SKATING CARNIVAL	MAR. 15, 16 - ADULT DRAFT MAR. 20, 21, 22 - PEE WEE FREE Sunday public skating 4:45 p.m. to 6:00 p.m. sponsored by The Posse and Weyerhaeuser.
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THURSDAY, JANUARY 16, 2003

ON PEAK - HIGH COST

OFF PEAK - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41 (26)	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Matlock "P.I." Body	News	(Off Air)	George S. Clifford	News	News	Movie: "Marathon Man"	(5:00) News	News	(5:00) News (Live)	Mona Monster	Sportscenter	News	Daily Planet	Paid Prog.	Hoze	News	Maury	Fresh Pr.
7 AM	Matlock	Life Today	Bear	Dragon	Today	Early Show	Movie: "Murder, She Wrote"	Good Morning America			Sailr Moon	Sportscenter	Canada AM	Reptiles-Desert	News	Buzz Light	News	Cityline	Beyond
8 AM	Little House	100 Huntley Street	BluesClues	Barney	Arthur (EI)	Today	Movie: "Murder, She Wrote"				Hamtaro	Sportscenter	100 Huntley Street	Return of the Caribou	Business	Power	News	Cityline	Beyond
9 AM	Little House	Dragon Tales	Magic Bus	Teletubbs	Barney	"Confessions of a Dangerous Mind"	Discovery	Regis and Kelly	100 Huntley Street	World Vision	Rugrats	Sportscenter	Regis and Kelly	Daily Planet	AgDay	House	Maury	News	Rockford Files
10 AM	Cosby	Price Is Right	"Smells"	Reading	Caroline Rhea Show (N)	Price Is Right	American Justice	The View	World Vision	Body	Rupert	Workout	The View	World Records	Other Half	Pooh	Jerry Springer	Movie: "Milk Money" (1994)	News
11 AM	Fresh Pr.	Sabrina	Japanese	Clifford	Life Moments (N)	Young and the Restless	Movie: "Marathon Man" (1976)	Maury	Crossing	News	George	Cheerleading	Daily Planet	Rumble in the Jungle	Montel Williams	Ducktales	Jenny Jones	Movie: "Melanie Griffith" (1994)	Eliminate
12 PM	Roseanne	News	Death	Europe	Paid Prog.	News	Dustin Hoffman	All My Children	News	Days of Our Lives	Sailr Moon	Tennis: Australian Open - Early Rounds.	E Talk	Storm Warning!	People's Court (N)	Smart Guy	Maury	Cityline	Change
1 PM	Roseanne	Days of Our Lives	Oceans: Frontier	Painting	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	Monster	Mouse	Vicki Gabereau	Ghost Detectives	Justice	Katie-Orbie	Beyond	Relic Hunter	HappyDay
2 PM	Drew	Hollywood	Designer	Mr Rogers	Passions	Guiding Light	Murder, She Wrote	General Hospital	Passions	Passions	Mona	X Games	General Hospital	Ultimate Ten	Suddenly	Out of Bx	Full House	John Walsh Show	Fresh Pr.
3 PM	Home Imp.	Coronatn	Timothy	Arthur (EI)	Judy	Dr. Phil	City Confidential	Pt Charles	Young and the Restless	Crossing	Medabots	Off-Record	Dr. Phil	Crocodile Hunter	Mysteries	Hoze	Scooby	News (Live)	Home Imp.
4 PM	Friends	Judy	George S.	Cyberchas	Judy	Oprah Winfrey	American Justice	Martha Stewart Living	Oprah Winfrey	Young and the Restless	Pokemon	PGA Golf: Sony Open - First Round. (Live)	Caroline Rhea Show (N)	Daily Planet (N)	Full House	Pepper	Pokemon	Seinfeld	Home Imp.
5 PM	Movie: "Money Talks"	News	Art Attack	News	News	News	Biography	News	News	News	Dexter		News	Ghosts-Rain.	Dharma	Recess	Sabrina	Beastmaster	"Nightmare on Elm Street 5: The Dream Child"
6 PM	(1997) PA Chris Tucker	Will-Grace	Oceans: Frontier	News-Lehrer	News	News	Cosmic Journey: Voyager	News	News	Bob	Sponge	NHL Hockey: Detroit Red	News	Secret (N)	Simpsons	Amanda	Raymond	Movie: "Mission: Impossible 2" (2000, Action)	News
7 PM	Movie: "Red Heat"	Fortune	Designer	Globe Trekker "India"	Jeopardy!	Seinfeld	Interstellar	Drew	Entertain	'70s Show	Yvon	Wings at Colorado Avalanche. (Live)	Frasier	Afghanistan	Will-Grace	Even	Friends	Raymond	News
8 PM	(1988, Drama) (PA)	JAG (DVS)	Parks	Miss Marple	Friends (N)	Star Search (ITV)	Third Watch	Disco Ball (N)	Friends (N)	Friends (N)	Dragon-Z	Tennis: Australian Open - Early Rounds.	Laughs	Daily Planet	Movie: "Scream" (1996, Horror)	Boy World	High School Reunion	Blind Date	Rockford Files
9 PM	Movie: "House Party" (1990, Comedy)	24 (N)	Art-Paul Kane	Frontline/World (N)	Will-Grace	Good Mm	Cosmic Journey: Voyager	Primitime Thursday	Without a Trace (N)	News	Breaker	Hockey	ER "A Saint in the City"	Secret	News	Meg Ryan	News (ESP)	Movie: "Milk Money" (1994)	Jenny Jones
10 PM	Chris Reid	News	Dottos	Charlie Rose (N)	Tonight	Late Show	Interstellar	News	News	Entertain	My Family	Sportscenter	News	Afghanistan	Star Trek: Voyager	Nowhere Man	Friends	Will-Grace	Paternity.
11 PM	"Anothr48"	Sports Pg.	Leading																

FRIDAY, JANUARY 17, 2003

ON PEAK - HIGH COST

OFF PEAK - LOW COST

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41 (26)	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Matlock "The Scandal"	News	(Off Air)	George S. Clifford	News	News	(5:00) "The Paradine Case"	(5:00) News	News	(5:00) News (Live)	Mona	Sportscenter	News	Daily Planet	Paid Prog.	Hoze	News	Maury	Fresh Pr.
7 AM	Matlock	Life Today	Bear	Dragon	Today	Early Show	Movie: "Spellbound" (1945)	Good Morning America			Sailr Moon	Sportscenter	Canada AM	How Animals Tell Time	News	Buzz Light	News	Cityline	Beyond
8 AM	Little House	100 Huntley Street	BluesClues	Barney	Arthur (EI)	Today	Movie: "Spellbound" (1945)				Hamtaro	Sportscenter	100 Huntley Street	Ghosts-Rain.	Business	Power	News	Cityline	Beyond
9 AM	Little House	Dragon Tales	Magic Bus	Teletubbs	Barney	"Confessions of a Dangerous Mind"	Discovery	Regis and Kelly	100 Huntley Street	World Vision	Rugrats	Sportscenter	Regis and Kelly	Return of the Caribou	Business	Power	News	Cityline	Beyond
10 AM	Cosby	Price Is Right	"Combs"	Reading	Caroline Rhea Show (N)	Price Is Right	Suspense) Cary Grant	The View	World Vision	Body	Rupert	Workout	The View	Crocodile Hunter	Other Half	Pooh	Jerry Springer	Movie: "Steel" (1997)	News
11 AM	Fresh Pr.	Sabrina	Fitness	Clifford	Life Moments (N)	Young and the Restless	Movie: "The Paradine Case" (1948)	Maury	Crossing	News	Monsters	Tennis: Australian Open - Early Rounds.	Daily Planet	Secret World of Sharks	Montel Williams	Ducktales	Jenny Jones	Shaquille O'Neal	Eliminate
12 PM	Roseanne	News	Cake Night	Europe	Paid Prog.	News	Case" (1948)	All My Children	News	Days of Our Lives	Sailr Moon	From	E Talk	Storm Warning!	People's Court (N)	Smart Guy	Maury	Cityline	Change
1 PM	Roseanne	Days of Our Lives	Scattering	Watercolor	Days of Our Lives	As the World Turns	Movie: "Spellbound" (1945)	One Life to Live	As the World Turns	As the World Turns	Spells	Melbourne, Australia.	Vicki Gabereau	Secret	Justice	Katie-Orbie	Beyond	Relic Hunter	HappyDay
2 PM	Drew	Hollywood	Gaslight	Mr Rogers	Passions	Guiding Light	Ingrid Bergman.	General Hospital	Passions	Passions	Mona	X Games	General Hospital	Afghanistan	Suddenly	Out of Bx	Full House	John Walsh Show	Fresh Pr.
3 PM	Home Imp.	Red Green	Timothy	Arthur (EI)	Judy	Dr. Phil	Movie: "Notorious" (1946, Suspense)	Pt Charles	Young and the Restless	Crossing	Digimon	Off-Record	Dr. Phil	Crocodile Hunter	Mysteries	Hoze	Scooby	News (Live)	Home Imp.
4 PM	Friends	Judy	George S.	Cyberchas	Judy	Oprah Winfrey	Suspense) Cary Grant	Martha Stewart Living	Oprah Winfrey	Young and the Restless	The Zone	PGA Golf: Sony Open - Second Round. (Live)	Caroline Rhea Show (N)	Daily Planet (N)	Full House	Pepper	Pokemon	Seinfeld	Home Imp.
5 PM	"America's Prince: John F. Kennedy Jr."	News	Art Attack	News	News	News	Expedition Egypt	News	News	News	News	News	News	Into Wild	Dharma	Recess	Sabrina	Lex "The Key"	Movie: "The Hunt for Red October" (1990)
6 PM	"America's Prince: John F. Kennedy Jr."	Will-Grace	Scattering	News-Lehrer	News	News	Hauntings	News	News	Bob	Stuff	One Hit	News	Crop Circles	Simpsons	Amanda	Raymond	Movie: "Body Shots" (1999, Drama)	News
7 PM	"America's Prince: John F. Kennedy Jr."	Fortune	Gaslight	Spokane	Jeopardy!	Seinfeld	Best of Both Worlds (N)	Drew	Entertain	American Dreams (N)	What I Like	Sportscenter	Frasier	Parks	Will-Grace	Even	Friends	Raymond	News
8 PM	"America's Prince: John F. Kennedy Jr."	Jeopardy!	Entrada	McLaughlin	Fortune	Friends	Third Watch	Funnest Home Videos	Andromeda (N)	Mister Sterling (N)	Mystery	Australian Open - Early Rounds. (Live)	Hollywood	Rivers	'70s Show	Movie: "The Little Rascals" (1994)	What I Like	Ed Sock	Rockford Files
9 PM	Movie: "When a Man Loves a Woman" (1994)	Air Farce	Movie: "Silas Marner"	Wash Wk Wall	Mister Sterling (N)	Presidio Med (N)	Hack (N)	Expedition Egypt	Hack (N)	Hack (N)	Mystery	Goosebump	W-Five (N)	Crocodile Hunter	John Doe	Movie: "Meatballs Part II" (1984)	Reba (N)	Movie: "Intimate Obsession" (1992)	In the Heat of the Night
10 PM	Andy Garcia	Cullen	(1985) Ben Kingsley	Now With Bill Moyers	Dateline	Hack (N)	Hauntings	20/20	Blue Murder (N)	News	Addams	Hockey	Law & Order	Crop Circles	News	Meg Ryan	News (ESP)	Jodie Fisher	Suddenly
11 PM	"Big"	News	Ruth Rendell	Movie: "Bedazzled"	News	News	Best of Both Worlds	News	News	Entertain	Vampire	Sportscenter	News	Parks	Star Trek: Voyager	Nowhere Man	Friends	Will-Grace	Jenny Jones (N)

SATURDAY, JANUARY 18, 2003

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) listing TV programs and their corresponding channels.

SATURDAY MOVIES

MORNING

8:00 am WTBS (3) ★★½ "When a Man Loves a Woman" (1994, Drama) Andy Garcia. A San Francisco couple's seemingly idyllic marriage threatens to collapse under the strain of the wife's alcoholism. (E)

AFTERNOON

12:00 pm FAM (26) ★★ "Jumping Ship" (2001, Adventure) Andy Lawrence. Two cousins and a fishing-boat captain are marooned on a desert island following an encounter with modern-day pirates. (In Stereo) (E)

3:00 pm VTV (22) "The Hound of the Baskervilles" (2000, Mystery) Matt Frewer. A mysterious death leads Sherlock Holmes to investigate the legend of a vicious canine roaming the English moors. (E)

EVENING

6:00 pm WTBS (3) ★★½ "Uncle Buck" (1989, Comedy) John Candy. A bumbling relative gets the chance to redeem himself when he's called upon to look after his brother's three children. (E)

8:30 pm WGN (38) "No Code of Conduct" (1998, Action) Charlie Sheen. Two undercover cops trying to crack a Phoenix drug ring battle smugglers and crooked officials. (In Stereo) (E)

Things Really Move In the Classifieds! Advertisement featuring an image of a van.

Horoscopes January 14 to 21

ARIES - You may have dreams of travelling to a distant place, but the resources you need are not in place until this weekend. Make plans now, but you will not be able to carry them out til next week. TAURUS - Staying at home is the best thing for you this week. A partner's activities will make you feel irritable, but try not to blow up. You are the one who is unpredictable and upset. Others are good to you.

SUNDAY, JANUARY 19, 2003

Table with 20 columns (WTBS to WGN) and 24 rows (6 AM to 11 PM) listing TV programs and movies for each time slot.

SUNDAY MOVIES

MORNING

7:00 am WTBS (3) ★★½ "My Girl 2" (1993, Comedy-Drama) Dan Aykroyd. Vada learns important lessons about life and love when she visits her uncle in L.A. to find out about her late mother.
9:00 am WTBS (3) "America's Prince: The John F. Kennedy Jr. Story" (2003, Drama) Kristoffer Polaha. The son of JFK grows up in the public eye and dies in a tragic plane accident.
10:00 am A&E (9) "The Cater Street Hangman" (1998, Mystery) Eoin McCarthy. A banker's daughter turns to an uncommon police inspector for comfort when scandal and murder touch her family.
11:00 am WTBS (3) ★★½ "Matilda" (1996, Fantasy) Mara Wilson. A girl blessed with telekinetic powers strikes back against her neglectful parents and her school's cruel headmistress.
KTLA (27) ★★ "True Heart" (1997, Adventure) Kirsten Dunst. A kindly native and his ursine companion come to the aid of two youngsters stranded in the Canadian wilderness. (In Stereo)

AFTERNOON

12:00 pm KREM (8) ★★ "True Heart" (1997, Adventure) Kirsten Dunst. A kindly native and his ursine companion come to the aid of two youngsters stranded in the

Canadian wilderness.
FAM (26) ★★½ "Mary Poppins" (1964, Fantasy) Julie Andrews. Five Academy Awards went to this Disney classic about a magical nanny who breathes new life into a stuffy household.
CITY (29) ★★½ "First Knight" (1995, Adventure) Sean Connery. Lancelot's passion for Guinevere and the evil Malagant's desire for power threaten to tear King Arthur's Camelot apart.
WGN (38) ★★½ "For the Boys" (1991, Comedy-Drama) Bette Midler. Personal and professional complications fail to deter two USO performers in a partnership spanning 50 years. (In Stereo)
1:00 pm WTBS (3) ★★½ "Uncle Buck" (1989, Comedy) John Candy. A bumbling relative gets the chance to redeem himself when he's called upon to look after his brother's three children.
A&E (9) ★★½ "St. Elmo's Fire" (1985, Drama) Rob Lowe. Seven recent college graduates have varying degrees of success confronting adult realities and responsibilities.
KTLA (27) "No Code of Conduct" (1998, Action) Charlie Sheen. Two undercover cops trying to crack a Phoenix drug ring battle smugglers and crooked officials. (In Stereo)
2:00 pm WGN (38) ★★½ "Honkytonk Man" (1982, Drama) Clint Eastwood. An alcoholic country singer takes his nephew to Nashville, Tenn., for a last-chance audition at the Grand Ole Opry. (In Stereo)
2:30 pm CHBC (4) ★★½ "One Hundred and One Dalmatians" (1961, Adventure) Voices of Rod Taylor. Animated. Two British Dalmatians embark on a daring rescue when their puppies are

dognapped by Cruella De Ville.
3:00 pm WTBS (3) ★★½ "Jumanji" (1995, Fantasy) Robin Williams. Based on Chris Van Allsburg's tale of a board game that unleashes a stampede of jungle dangers against its players. (DVS)
A&E (9) ★★½ "Columbo: It's All in the Game" (1993, Mystery) Peter Falk. Columbo is dazzled by the charms of one of two women suspected of murdering their charismatic lover.
VTV (22) "A Colder Kind of Death" (2001, Mystery) Wendy Crewson. Six years after her husband's murder, Joanne Kilbourn is implicated in the death of the prime suspect's wife.
KTLA (27) ★★½ "Best of the Best 4: Without Warning" (1998, Action) Phillip Rhee. A martial-arts instructor goes on the lam after finding a computer disk containing top-secret information. (In Stereo)
4:00 pm YTV (18) ★★ "Balto II: Wolf Quest" (2001, Adventure) Voices of Mark Hamill. Animated. Balto sets out in search of his runaway daughter, who soon faces a test of courage.
5:00 pm WTBS (3) ★★½ "Rush Hour" (1998, Action) (PA) Jackie Chan. A Chinese supercop and a rule-breaking American detective team up to find a Chinese consul's kidnapped daughter.
5:30 pm CITY (29) ★★½ "Rules of Engagement" (2000, Drama) Tommy Lee Jones. Premiere. An old friend defends a Marine officer accused of ordering his troops to fire on unarmed Arab civilians.

EVENING

6:00 pm A&E (9) "Benedict Arnold: A Question of Honor" (2003, Drama) Aidan Quinn. The story of how one of the

(2003, Drama) Aidan Quinn. The story of how one of the Continental Army's most distinguished soldiers came to betray his country.
7:00 pm WTBS (3) ★★½ "Thunderbolt" (1996, Action) Jackie Chan. A psychotic driver kidnaps the sisters of a Hong Kong mechanic who bested him in an impromptu car race.
KXLY (10) "Sounder" (2003, Drama) Carl Lumbly. Premiere. A black sharecropper's son attains manhood during his years-long quest to find his imprisoned father. (In Stereo) (DVS)
7:30 pm FOX 41 ★★½ "There's Something About Mary" (1998, Comedy) Cameron Diaz. A man hires a seedy detective to locate a former high-school classmate he had a crush on 13 years ago. (In Stereo) (DVS)
8:00 pm KREM (8) ★★½ "Groundhog Day" (1993, Comedy) Bill Murray. An arrogant TV weatherman has an unusual courtship with his sunny producer when he becomes trapped in a time warp.
9:00 pm WTBS (3) ★★½ "Rumble in the Bronx" (1995, Adventure) (PA) Jackie Chan. A visitor from Hong Kong fights back when a street gang and diamond thieves brutally welcome him to New York.
FAM (26) ★★½ "Steel Magnolias" (1989, Comedy-Drama) Sally Field. Premiere. Based on the play about six Southern women who become close friends despite their eccentricities and complicated lives. (In Stereo) (DVS)
10:00 pm A&E (9) "Benedict Arnold: A Question of Honor" (2003, Drama) Aidan Quinn. The story of how one of the

Continental Army's most distinguished soldiers came to betray his country.
10:45 pm CITY (29) ★★½ "Rules of Engagement" (2000, Drama) Tommy Lee Jones. An old friend defends a Marine officer accused of ordering his troops to fire on unarmed Arab civilians.
11:00 pm WTBS (3) ★★½ "Mr. Nice Guy" (1997, Comedy) (PA) Jackie Chan. A television chef gets caught up in a gang war when he helps a reporter escape from a crime lord.
11:15 pm FAM (26) ★★½ "The Story of Robin Hood and His Merrie Men" (1952, Adventure) Richard Todd. The dashing rogue embarks on a legendary campaign against the evil Prince John and the Sheriff of Nottingham.

Advertisement for 'COLD FEET' featuring a cartoon of a foot with a cold and text: 'For years, Pat wanted to quit smoking... Then he got COLD FEET. BRITISH COLUMBIA LUNG ASSOCIATION Box 34009, Station D Vancouver, B.C. V6J 4M2 Phone: 1-800-665-LUNG'

MONDAY, JANUARY 20, 2003

ON PEAK - HIGH COST

OFF PEAK - LOW COST

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows of program listings.

MONDAY MOVIES

MORNING
10:00 am CITY (29) ★★½ "First Knight" (1995, Adventure) Sean Connery. Lancelot's passion for Guinevere and the evil Malagant's desire for power threaten to tear King Arthur's Camelot apart. (CC)
11:00 am A&E (9) ★★½ "The Drowning Pool" (1975, Mystery) Paul Newman. A private investigator is hired by a wealthy oil heir to discover the identity of an incriminating letter's author.
AFTERNOON
5:00 pm WTBS (3) ★★ "A League of Their Own" (1992, Comedy) Geena Davis. An account of the women who took to the diamond in 1943 to form the All American Girls Professional Baseball League. (CC)
WGN (38) ★★½ "Jack the Bear" (1991, Drama) Danny DeVito. An alcoholic father and a menacing neighbor become real-life monsters to two young boys after their mother dies. (In Stereo) (CC)
EVENING
7:45 pm WTBS (3) ★★½ "Basic Instinct" (1992, Suspense) (PA) Michael Douglas. A woman suspected of murdering

her lover with an ice pick ensnares a San Francisco cop in a web of lust and deceit.
8:00 pm CHBC (4) "The Many Trials of One Jane Doe" (2003, Drama) Wendy Crewson. Premiere. A long and grueling legal battle ensues when a rape victim takes Toronto's police department to court. (CC)
KXLY (10) ★★ "The Rock" (1996, Adventure) (PA) Sean Connery. A renegade general and his men seize control of Alcatraz Island and threaten to unleash poison gas upon San Francisco. (In Stereo) (CC)
9:00 pm FAM (26) ★★ "Fire in the Sky" (1993, Science Fiction) D.B. Sweeney. Based on the true story of an Arizona lumberjack who claimed to have been abducted by aliens. (In Stereo) (CC)
10:05 pm CITY (29) ★★ "Sirens" (1994, Comedy) Hugh Grant. A British cleric's self-proclaimed liberalism is put to the test by a Bohemian artist with an appetite for scandal. (CC)
10:20 pm WTBS (3) ★★ "Interview With the Vampire" (1994, Horror) (PA) Tom Cruise. A reporter records the tale of a 200-year-old vampire's tormented existence in this adaptation of the Anne Rice novel. (CC)

THE NEWS LEADER WORD SEARCH

Word search grid containing letters for finding words related to health and nutrition.

LET'S TALK ABOUT "GOOD HEALTH"
NUTRITION HAPPINESS PEACE HORMONES
VITAMINS ENERGY SUNSHINE FREEDOM
EXERCISE ENTHUSIASM DIET CARE
LIFE FLUIDS YOUTHFUL HABITS
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NOTICES

PRENATAL CLASSES

The next series of labor and delivery classes offered at the Princeton Health Unit will begin Monday, February 3, 2003 at 7:00 P.M.

These classes will be for women due in March, April, May and June. Classes will cover topics of interest to the group. These often include: signs of labor, stages of labor, comfort measures, breathing, breastfeeding, a tour of Princeton General Hospital and early days of Parenting.

Books and videos are available on a loan basis from the Health Unit. Please register for classes in advance at the Princeton Health Unit. Fee for the classes is \$30.00. Subsidies are available.

Monday, February 3, 10, 17, and 24, 2003

7:00 - 9:00 P.M.

Princeton Health Unit

47 Harold Avenue

Phone: 295-3133

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Open Meeting. Phone: 295-0542

ALCOHOLICS ANONYMOUS

Sunday (open meeting) at 8 p.m. in the health centre. Wed. at 8 p.m. in the health centre.

Ph: 295-7367, 295-6138.

(closed meeting). Ph: 295-7005.

Open Discussion, Sat. 7:30 p.m.

Health Unit (closed).

Ph: 295-3407.

RCMP FUNDRAISING CALENDARS

Are available at the Princeton RCMP Detachment. All proceeds go to the Bruce Denniston Bone Marrow Society. This years Calendar contains the artwork of prominent Canadian Artists. The calendars sell for \$6.00 each.

Thank you
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1. Embracing Chaos: How to shake things up and make things happen by Tom Peters - 6 tapes, 12 sides. 2. The Psychology of Achievement by Brian Tracy - 6 tapes, 12 sides, plus workbook. 3. Positive Attitude Training by Michael Broder - 7 tapes, 13 sides 4. The Seven Basic Habit of Highly Effective People by Steven Covey - 8 tapes, 16 sides, plus workbook. 5. The Awakened Life by Dr. Wayne Dyer - 6 tapes, 12 sides. 6. Creating Miracles Every Day by Dr. Richard Carlson - 6 tapes, 12 sides, plus workbook. TO VIEW, come to the News Leader Office.

OBITUARIES

NISHIHARA, Harold Nagayashi

Born May 25, 1913, Kurayoshi, Japan. Passed away suddenly January 6, 2003 at age 89. He is survived by his wife of 62 years, Fumi, daughter Bernice (Arnie) Bepple, Son Lawrence (Shirley), granddaughters Michele (Steve) Jacklin, Adrienne (Chris) Harris, great-grandsons Andrew, Jacob and Adam, sister Kiyu Yamada, Step-brother Jim (June) Nishihara, and numerous nieces, nephews and many friends. Harold was a longtime resident of Princeton who excelled at many sports, most notably as a baseball player and fisherman. He made his living in Princeton as a builder of quality homes. In his later years, he enjoyed his coffee hour at Keywest Motors and more recently at Kal Tire. He also enjoyed visiting with our RCMP members at their office. Memorial services were held at the Princeton Similkameen Funeral Chapel in Princeton B.C. on January 10, at 1:30 p.m.

GRANGER - Leroy

Of Keremeos, BC passed away at the Moog and Friends Hospice House in Penticton, BC January 5th, 2003 at the age of 85 years. Survived by his two daughters; Pat (Jim) Melville, Arlene (Tom) Hanik, six grandchildren: Cheryl Shea, John Shea, Rhonda (Tim) Louttit, Mike Melville, David (Diana) Hanik, Lisa Hanik (fiance Ryan), seven great grandchildren; Fred, Samantha, Kaitlin, Taylor, Madison Rhiannon, Dyannarah. Predeceased by his wife Jean, daughter Isabel. A memorial service will be held on Saturday, January 11th, 2003 at 1:00 p.m. from the Hedley O.A.P.O. Hall with Eric Goodfellow officiating. Condolences may be directed to the family by email: parkview@vip.net Memorial tributes may be made to the Moog and Friends Hospice House 1701 Government Street, Penticton, BC V2A 8J7. Funeral arrangements entrusted to PARKVIEW FUNERAL HOME (250)493-1774.

IN MEMORIAM

In Memory of DORA ANTONICK
January 17, 1997

Your memory burns brightly in our hearts forever.
Lovingly remembered and missed.

Tim, Theresa, Justin and Britt

IN MEMORIAM DONATIONS TO THE B.C. & YUKON HEART & STROKE FOUNDATION

Box 672, Princeton, B.C. or contact Mari at 295-6247

NOTICES

PRINCETON GROUND SEARCH & RESCUE SOCIETY ANNUAL GENERAL MEETING
7 pm - Tues. Jan. 21, 2003
Hospital Board Room

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NOTICES

FREE LUNCH
JANUARY 18TH, 2003
12:00 - 2:00 PM

Our Christmas turkey dinner held at St. Paul's United Church in December was such a success - but we had some leftovers. Anyone in need is welcome to come to our soup, sandwich, dessert, tea or coffee. Tickets will be available at Crisis Assistance Store or Social Services.

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ANNOUNCEMENTS



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**OUTREACH SERVICES TO PEOPLE
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**Are you needing help to
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Canadian Mental Health Association-South Okanagan Similkameen Branch is available to provide assistance to all individuals with disabilities on DBII who are needing help completing their Disability Designation Review Application Form.
C.H.M.A. will provide practical phone support or in person support towards assisting individuals to complete the review form.
If you are needing help with completing your review form and live in the South Okanagan Similkameen Area including Princeton, Hedley, Keremeos, Cawston, Osoyoos, Oliver, O.K. Falls, Summerland, Naramata or Penticton contact us at (250)493-8999 and ask for Linda.

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**Town of Princeton
Notice**

For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Avenue.

**SIMILKAMEEN EMERGENCY SERVICES
WINTER 2003 TRAINING SCHEDULE**
LARRY McINTOSH - INSTRUCTOR

WCB LEVEL 1 FIRST AID - (1 Day Program) - January 18, 2003
WCB TRANSPORT ENDORSEMENT - (1 Day Program) - January 19, 2003
WCB LEVEL 3 PROGRAM - (2 Week Day Program)
January 20 - January 31, 2003
RED CROSS LEVEL B/C CPR - (1 Day Program) - February 8, 2003
RED CROSS EMERGENCY FIRST AID - (1 Day Program) - February 9, 2003

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For appointment phone(250) 295-6776
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Princeton: Tuesday, Wednesday & Friday 8:30 a.m. to 4:30 p.m.
PHONE: 295-6776

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is available to any woman who has experienced sexual abuse as a child or adult or are presently living in an emotionally or physically violent relationship.

Funded by the Ministry of Women's Equality.
Office hours 8:30 - 4:30
Monday & Friday - Keremeos 499-5928
Tuesday & Thursday - Princeton 295-4453



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MINISTRY OF FORESTS



**TIMBER SALE LICENCE A69537
BID PROPOSAL**

Proposals received for Bid Proposal A69537 will be made available for review between January 20, 2003 and January 24, 2003 during the office hours of 8:30 a.m. to 4:30 p.m. Any interested parties may view the proposals by making an appointment. Comments or concerns expressed by the viewers should be directed in writing to the District Manager at Ministry of Forests, Merritt Forest District, 3840 Airport Road, P.O. Box 4400, STN. MAIN, Merritt, BC, V1K 1B8.

Bid Proposal A69537 can be viewed at the Ministry of Forests office located at 3840 Airport Road, Hwy. 5A, Merritt B.C.

In preparation for a bid to provide Contract Weather Observation services at the Princeton Airport, ATS Services Limited is accepting applications for permanent and part-time positions as:

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Applicants must possess a valid Meteorological Technician Certificate and have experience as Surface Weather Observer.

Positions will be located at the Princeton Airport Weather Station with an anticipated start date of April 1, 2003. Salaries to be negotiated. Comprehensive benefits package.

To apply, submit resumes via:

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For more information contact John Koidhis at (613) 232-1020

**Princeton Area
Business Enhancement
Association**

**Regular Meeting
7:00 PM Thursday, February 6th**

Arena Mezzanine - Everyone Welcome!

Town of Princeton

PUBLIC NOTICE

Please be advised that dogs within the Town of Princeton boundaries must be licenced and the 2003 Dog Tags are now available for sale at the Town of Princeton Office at 169 Bridge Street, Princeton, B.C.

For any Animal and Pest Control Concerns/Complaints please contact the Animal Control Officer at 295-0333 or at the Town of Princeton Office at 169 Bridge Street, phone 295-3135.

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RESTAURANT**

POINTS OF VIEW

OUR VIEW

Why are our assets up for sale?

The most recent form of Victoria's downloading takes on a new twist as the Okanagan Mainline Municipal Association considers buying the Coquihalla Highway.

This is a novel, if ludicrous, situation in which we, the taxpayers of British Columbia, find ourselves. We are going to buy something we bought and paid for fifteen years ago. The reason we are paying for it again is because the people we hired (elected) as caretakers of our property have put it up for sale and there is not a court in the land that will tell them they do not own our property. We are considering buying our own property so the caretakers will not sell it to anybody else.

The present caretakers of British Columbians' properties seem eager to sell off anything worth anything, especially anything that yields an annual income to offset the cost of the caretakers' upkeep in Victoria. Just how much of our assets do they plan to sell, and what is their rationale for selling it?

The most interesting thing about all of these sales, and downloading of responsibilities, is the decreasing number of things the Members of the Legislature will have to be responsible for. Let's look at this decreasing responsibility in its most positive light – the less they are responsible for, the fewer we need of them. This could be a major tax saving for British Columbia!

Visualize it now – we reduce the size of government by fifty percent by reducing the number of MLAs by fifty percent, and along with them, all of their deputies, assistants, and other hangers-on who will not be needed because most of the essential work of governing will be going on right here in our own bailiwicks. We will be responsible for our own highways, our hospitals, our dikes, our electricity, our liquor sales, our police, our courts, and eventually, anything else we can get our hands on. Forget Victoria!

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

THE SIMILKAMEEN **NEWS LEADER**

Locally Owned and Operated

Published weekly by Qantalqs Ventures Ltd.

P.O. Box 295,

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Dawn Johnson

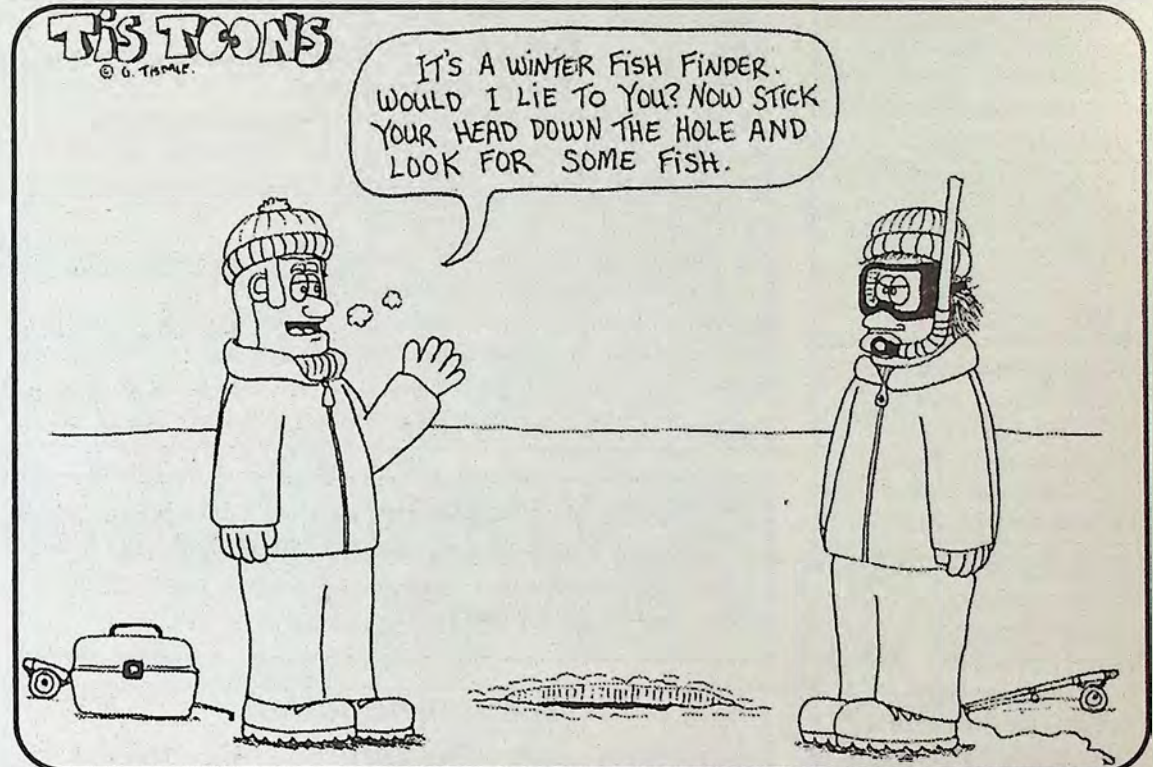
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YOUR VIEW

Forecast: Princeton's 2003 horoscope

The year 2003 marks the beginning of a period of economic expansion for the Princeton area. There will be steady, continual change in Princeton all year. This is a time of positive transformation. Changes are so gradual, most people do not notice. The changes began last year in August, and continue slowly, behind the scenes. Some changes are obvious now – the new bridge, the new Chamber of Commerce building. The autumn of 2003 should bring some great changes continuing through 2004.

Gaining prestige will be a challenge for Princeton, but it can be achieved by Town Council, the district, and the people expressing their identity in a unique, innovative way. A departure from tradition will benefit the people of Princeton area. They can create a new image of their community. The biggest single change will be in mid-June.

The year begins with some very unsettled weather, very unpredictable, a little of this and a little of that. Do not expect very cold weather.

During January, Princeton people will be concerned with values and money, but this is a year in which the right kind of expenditures yield good returns. Last year was a time of very successful events, and this year should be much the same.

In February, people will be doing a lot of talking about local news. People will be in an aggressive or determined mood, and they will be looking for results. By mid-February, they want some issues resolved, and

in March, local government will be obliged to deal with those issues. Some of the issues are likely to be concerned with highways and transportation. Some surprising news may set people on edge. The weather in February is not bad until a storm in mid-month brings disruption due to sudden warmth and rain. Expect abrupt change.

March is a month in which it seems Princeton is just not the place to be, yet under the surface, there are some really favourable initiatives. Princeton residents will have to face some interesting challenges in 2003, but it can be a great learning experience. People are at odds with each other until May, when their will to succeed brings them together.

March is wet and unsettled. Late March is warmer than usual, but don't count on this trend to last. April will be colder, with blustery weather, and maybe even snow in the later weeks of April. May will be a different story, with plenty of good days alternating with days of downpour.

June brings feelings of restlessness and impatience. People want to see more and better things happening. Most certainly, there will be unpredictable things going on.

June is a time in which determination and innovation really pay off for the town and its people. This is a great month to try something new and different, to break through some of the old traditional ways and move on.

Mid-June is likely to be a time of thunderstorms and cooler temperatures. At the same time, the rain will be welcome.

Some major developments in June are definitely on the plus side for Princeton, but will not really evolve until July, when resources shared among groups will prove to be beneficial to the community.

July and August are hot months, but with unsettled weather. The August long weekend is likely to be wet.

August is the month in which we see Princeton moving into a new phase of development, and at the end of the month, there will be a lot of activity to make things come to fruition. The provincial and federal governments will not favour Princeton, so any gains locally must be done by local people.

The first week of September indicates some kind of break with things that have held back Princeton. It is likely there will be a change of consciousness about matters involving industry and jobs. Through September, the situation for Princeton improves dramatically and continues to improve through October and November. One of the interesting things developing in Princeton is a change affecting old people. There will be an influx of younger folk to challenge their customary positions. November and December will solidify the gains made during the year, and any changes taking place during the year will be well-established by Christmas time.

Christmas celebrations this year will take a new form, with younger people playing a stronger role in defining what the town Continued next page...

Resolve to finish your education

As the new year arrives, it is time to think about plans for coming years. One rewarding New Year's resolution, for those adults contemplating such a move, could be to finish high school. For the past several years, The Bridge has provided community members the opportunity to accomplish their educational goals.

The Bridge uses a Computer Managed Learning system. Computers allow students the flexibility to fit school hours into their personal schedules. These unique teaching methods open the doors of education to parents of young children and those who wish to work while furthering their educations. The staff at The Bridge will provide whatever assistance is required to help students make a successful transition to post-secondary education or the world of work.

Students at The Bridge can be divided into three categories: those who have not completed high school and are returning to earn graduation courses; high school graduates returning to upgrade for post-secondary school, and community members interested in taking one or two courses for their own interest, usually computer related.

The Bridge continues to offer a complete high school curriculum for those who are interested in working toward their Dogwood Certificate. Many adults do not realize they can receive an Adult Graduation certificate by completing as few as five courses. With the right choices, this certificate will enable them to enter most college or other post-secondary programs as mature students. Regardless of when a person left the mainstream school system, the staff at The Bridge can put together an individualized educational program to fit a student's needs for the future.

High school graduates are also welcome to upgrade at The Bridge. Courses such as Maths 11 or 12, Chemistry and Biology are three of the more common courses students may need to pursue their goals. For one reason or another, these courses may not have been attempted during previous school years. As job opportunities change, so do the courses required for new career paths.

Finally, The Bridge is a wealth of resources for those who want to take courses for their own interest. Adults have taken courses in Microsoft Office 2000, Simply Accounting, and computer graphics programs such as Adobe Photoshop, Illustrator and PageMaker.

After enrolling at The Bridge, stu-

dents have access to a variety of software, scanners, photo quality printers, and graphic tablets for drawing on the computer screen.

Costs involved for studying at The Bridge are minimal. There is a \$35 annual registration fee that applies to all students. There are no course fees for students who have not graduated from secondary school. Those students who have graduated and wish to upgrade courses or take a course for their own interest must pay a fee of \$200 per course.

For the month of January, The Bridge will be open from Monday through Thursday, 8:30 a.m. to 3:30 p.m. For more information, call 295-3180 or drop in to the school at 206 Vermilion Avenue to talk to The Bridge staff.



John O'Rourke, left, accepts the thanks of Mayor Keith Olsen, who presented O'Rourke with a Certificate of Appreciation and a gift on January 6 in recognition of 44 years of service to the Town as garbage collector. O'Rourke has retired.

Heart Food

by Dave Machin



In the book of Jeremiah 29:11, God spoke this statement while revealing His heart for His people. "For I know the thoughts I think towards you, thoughts of peace and not of trouble, to give you a hopeful future." God, the creator, has spoken this about you and me. He speaks this directly to you and about you. He has divine plans and intentions for your life. Let's dissect this verse. First, God is entertaining thoughts toward you and these thoughts are good ones. He has plans for you and has not lost sight of any of them. Secondly, the thoughts and plans He is thinking are in the realm of goodness and wholeness, they are thoughts of peace - not intended to stir up trouble toward us. It is your welfare that God has in mind - longterm health and prosperity. These words are intended to be therapy to your heart because they are so full of encouragement and goodness. Thirdly, they carry with them the reality of the importance of personal destiny as well as a promise from the one who cannot lie. He is an able keeper of His word. God, in His wisdom, knows the plans and thoughts He has for you - but He hasn't stopped there - He has gone ahead and made a reservation for you. As a benevolent father He has reserved a future that is full of hope and goodness. It has always been the devil's intention to discredit God and His word. God's character and his heart is always toward goodness for His creation. Have the following thoughts ever crossed your mind? "God is just like other people I've met - sooner or later He will abandon me" or "God is a nice guy until you mess up, then He drops the hammer on you" or "God is never around when I need Him the most" or "God always helps other people, but never me." The battleground is always in our mind when it comes to believing in a God who has our best interests at heart. Jesus is a God who cares about you. His desire is for you to get to know Him through His spirit and His word, even as He knows you. There is always hope in God for He is a God of hope, eternal hope. He wants you to get your chin up and lift up your head. You and I do have a choice about our futures - so let me encourage you to choose His plans, which are good and not the deception, lies and religion that the devil wants to feed you. God is good, His word is good and good all the time.

Pastor Dave Machin,
SUNDAY SERVICES 10:30 a.m.,
221 A, Bridge Street, Princeton, B.C. 295-0599



Gerri Logan, Director for Area H begins the year as Vice-Chair of Regional District of Okanagan Similkameen

Horoscope from previous page

should be like for Christmas. This should be very unusual and interesting.

The weather will be more severe than usual in late November and through December. Expect mostly cold, dry weather, especially around Christmas time.

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295-7733

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SUNDAY SCHOOL 9:45 AM

WORSHIP SERVICE 11:00 AM

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10:30 am - Family Worship

Weekly Home Studies and Ladies Study

PASTOR PETER RYTKONEN
295-7752



St. Paul's United Church

Office Hours

Tue / Thu 9:30 AM - 12 NOON

WORSHIP 10:30 AM

Minister Chris Haugland
Home: 295-7302 Phone: 295-7714
Also serving the Anglican Community

CHRIST THE GOOD SHEPHERD LUTHERAN CHURCH

The Chapel of Princeton Funeral Home
133 Bridge Street

Sunday Services

January 26th, February 9th, 23rd

Bible Study/Sunday School 10:00am

Church Service - 11:00am

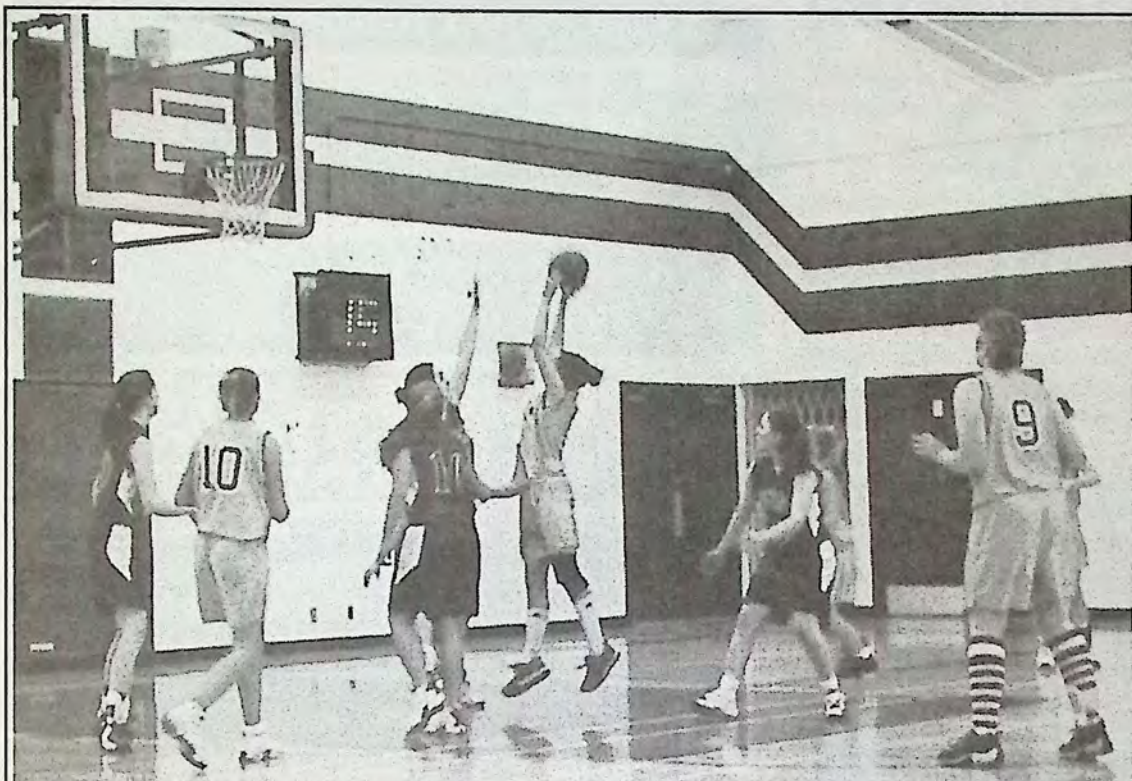
PHONE 295-7091

CHURCH OF THE LUTHERAN HOUR
7:30AM SUNDAYS LOCAL RADIO

PASTOR L.M. CARLSON

Similkameen Christian Center

GOD IS GOOD
Service: Sundays 10:30AM
CHILDRENS CHURCH - (AGES 5-11)
Office Hours: Monday-Thursday 9AM - 1PM
Pastors Dave & Tena Machin
221 A BRIDGE STREET, PHONE: 295-0599



Students at Princeton Secondary School saw a lot of basketball action last week. Above, Senior Girls Rebels play Maggie Mustangs on Wednesday. The Mustangs won 58-32. Junior girls suffered a defeat in their game on Thursday. Senior girls played in a tournament in Kamloops on the weekend and the Junior Girls team played in a weekend tournament in Kelowna. The Junior Boys Rebels played on Thursday evening and unfortunately lost their game.

Lynch Bus Lines

Atoms start 2003 with double win!

by Coach Kevin Williams

On Saturday, January 4, Lynch Bus Lines Atoms hosted one of two Penticton teams. The game was very exciting, with end to end action. With players just coming back from holidays, they were a little sluggish, but as the game progressed they seemed to find their legs and began to pick up the pace. Gage Mitchell was between the pipes, improving with every game. It

was a hard-fought battle with the final score 12-9 for Princeton.

When Sunday rolled around, Lynch Bus Lines played yet another Penticton team, the Winterhawks. This was a very evenly matched team. Penticton took the early 4 to 2 lead into second period, but Princeton came back to take the lead, never to relinquish it. This game ended 10-8 for Princeton.

Points were scored by Colton Williams, who led the way with 8 goals and 9 assists, Bryce Markin - 6 goals, 6 assists; Levi Johnson, 4 goals, 4 assists; Jonas Montgomery, 2 goals, 1 assist; Taylor Esselink, 2 goals, and Milen Wilkinson, 5 assists. Everyone played a spectacular game. Keep up the great work!

Tanglewood revisited

by Joan Kelly

On December 29, 12 lucky people participated in a Vermilion Forks Field Naturalists field trip at Tanglewood Hollow.

Our hosts, Tim and Del Hall, led us through their property along the railway bed, then on a fairly steady climb up the beautiful hills of Allenby. It would have been impossible to conjure up a more magnificent day, one of the few days of fresh snow, blue skies and sunshine.

Along the way, Tim pointed out various signs of the old Copper Mountain mine, such as the remains of the flumes that carried tailings and the concrete remains of the old concentrator.

Few birds were evident, but some chickadees, re-breasted nuthatches, Clark's nutcrackers, and hairy woodpeckers were spotted.

We went back to Tanglewood Hollow for a delicious bowl of soup and much camaraderie.

Ambulance hits the ditch

An ambulance from Keremeos ended up in the ditch while responding to one of the five motor vehicle crashes on the Hope-Princeton Highway on January 5. RCMP say the highway was icy, causing treacherous conditions. Ambulances were kept busy transporting highway casualties to Princeton General Hospital.

The Keremeos Emergency Health Services crew were responding to a call for assistance from near Sunday Summit when the ambulance hit a patch of ice

and went off the road. Personnel were not injured and there were no patients in the vehicle. The ambulance was towed to Princeton then removed to Penticton. It is not known when it will be back in service.

Senior makes perfect crib score

Margaret Rasmussen counted a perfect 29 in cribbage at the Senior Citizens Hall on January 8. This is the highest score a crib player can achieve.

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