

Similkameen News Leader

Locally owned & operated by people you know in your Community!

Volume 7 Issue 8

Published Weekly in Princeton, B. C. by Bengel Publishing Inc.

February 24, 2004

75¢ each
includes GST

Canadian Publications Mail Agreement No. (1299263)



Princeton Posse Team Captain Nick Stermer was named Most Valuable Player at Friday night's awards banquet. Stermer is presented his trophy by Coach Craig Einfeld, left, and General Manager Blair Noel. Stermer also took Best Defensive Player honours. Story and more photos on Pages 2 & 3.

Business likes Moto-X

Local group supports motorsports planning

Local business people like the plan to expand motor sports in Princeton.

At the February 17 meeting of Princeton Area Business Enhancement Association, George Elliott introduced Lane Carter, President of Princeton Motorsports Club, who presented the business plan of the club to build a motocross track at Princeton Exhibition grounds.

Carter said motorsports provide a place for young people to learn safe driving skills and life skills. Money raised from events can be returned to the community, and the events build community pride.

The club's objective for 2004 is to raise enough money to pay for the events. They asked the Town for \$25,000 which would make the club self-sufficient. The plan is to build a multi-use track, and Carter stressed how the Princeton fairgrounds are an excellent place to have these events. He showed where other tracks are located and explained they do not have the facilities Princeton fairgrounds offer. The club hopes to host a regional event in July which would attract around 70 competitors. As most competitors are in their teens, their families and pit crew come with them, for an average of four people per competitor. Add spectators to this, and it is an event drawing a good crowd.

These events receive a lot of media coverage, and eventually the club would like to see championship off-road racing. The club has a logo to put on tee shirts and hats, and plans advertising on radio and television in the future. Carter introduced Doug Grigg, Mike Baines and Tophy Hanna as members in attendance.

In discussion following Carter's presentation, Jim Manion said money can be made after the track is built by user fees for competitors to practice on the track. He said he had done some studying and found competitors and their families will travel to tracks and stay in those communities for weeks in order to get the practice time. They pay for use of the track.

Manion said the community must get behind this group and they need the whole community. He asked about membership. Carter said a membership cost \$5.00 for the year and anyone can join. (At the end of the meeting, several people filled out membership forms and paid their dues.) The meetings are the first Tuesday of the month at the arena mezzanine.

Following Carter's presentation, BEA members decided to write a letter to Town Council encouraging Council to support the Motorsports Club because of the economic benefits their plans will bring to Princeton.

Local schools receive high-speed net upgrade

Schools in School District #58 (Nicola Similkameen) will receive a government-sponsored upgrade to high-speed internet. Yale-Lillooet MLA Dave Chutter made the announcement last week, saying, "The Internet is a great educational resource for students everywhere, but particularly in small communities. Hooking up these schools with high-speed Internet puts them on a level playing field with urban schools."

Upgrades will result in better, faster connections through the

Provincial Learning Network (PLNet), a secure, high-speed network connecting all of B.C.'s public schools and colleges with each other in a centrally managed intranet.

In exchange for a three-year contract renewal and \$250,000 to cover installation costs, the province will receive a group price for PLNet circuits resulting in savings of \$6.6 million over three years. All remaining low-speed PLNet schools are expected to be upgraded by March 2005.

Jarvis asks for airport cell phone

Councillor Ray Jarvis wants a cell phone number so pilots and others can contact a local committee to inquire about Princeton Airport. He made the request at the February 16 meeting of Council, and ran into a dead line when Councillor Kathy Clement would not agree to it pending determination of municipal liability if wrong information was given.

Councillor Jarvis repeated his request for the appointment by Council of a committee to oversee

the airport. This committee would be comprised of two Councillors, Dave Ecott and Dave Woodruff. Council took no action on Jarvis' request during this same meeting.

The concept of having a committee and a phone number would encourage people to use the airport, and the number would be included in pilots' information bulletins published

throughout the year.

Dave Woodruff, who attended the meeting, added there has been a person interested in providing fuel at Princeton Airport. All of this information would be available to pilots, and would encourage local economic development.

This issue has been before Council for more than a month without any action taken.

Rodeo asks for grant

Stan Thompson, President of Princeton Rodeo Club, made an appeal to Town Council at the February 16 Council meeting. He reminded Council they had committed to a five-year support for the Canadian Pro Rodeo, beginning with a \$5,000 grant, reduced by \$1,000 per year.

Thompson further reminded Council they had given the club only \$3,000 last year, instead of \$4,000, and asked Council to make this year's grant \$3,000 to make up for the missing thousand last year. This brought a

chuckle from everyone.

The Rodeo Club is going after sponsorships for this year's Canadian Pro Rodeo, which takes place May 15 and 16.

"Sponsorship from the Town makes it easier to get corporate sponsorships when they see the Town is behind us," Thompson told Council.

Mayor Keith Olsen told Thompson, "We're working on the budget and it's looking very good for the rodeo."

Thompson then promised them free tickets to the rodeo.

Hedley sets dates for Stamp Mill Day centenary

What is a stamp mill? If you live in Hedley, you know the answer. It is a device used to crush the gold ore to extract the gold for which Hedley became famous.

The first stamp dropped at the Hedley mill in 1904, and to commemorate the 100th anniversary of that day, Hedley will celebrate on May 1 and 2 this year. Mark this on your calendar and look

for a schedule and kinds of events in coming issues of the News Leader.

Stamp Mill Day was celebrated in Hedley from 1905 to 1984. It was a special community day during which the townsfolk celebrated their heritage of gold.

For further information, contact Harry Alton, at 250-292-8422 or e-mail wildgoat@img.net

Minor Ball asks for help

Princeton Minor Ball Association needs umpires, but becoming an umpire is costly for anyone considering training. The biggest cost is umpire equipment.

Lorie Dodds and Susy Johnson attended the Town Council meeting on February 16 to ask for assistance to purchasing masks, chest protectors and shin pads for two umpires.

Johnson explained there are only two certified umpires in Princeton, and if there are not more by ball season, there will be no minor fastball in Princeton. She told Council the Association is willing to pay half the \$95 course fee for anyone wishing to become an umpire, but the cost of equipment for each umpire is \$294. If equipment was purchased by the Town, it would remain Town property after the ball season is over. Johnson said having the equipment available may assist men's fastball, as they anticipate bringing ball games to Princeton this summer.

Council agreed to consider the matter in budget.



Tuesdays Wing Night! - \$ 3.99 lb.

Copper Mountain Bar & Grill - Highway 3 West



Why Not Pick-Up the News Leader at the News Leader?

Similkameen News Leader purchased weekly at a news stand costs \$ 38.25 a year.

Pick it up weekly at our office and pay only \$ 26.75!

Seniors pay only \$ 21.75!

See us for details at 226A Bridge Street, Princeton

Princeton Auto Wreckers

Canada-Wide FREE Parts Location Service (On-line March 1st)
FREE Pick-Up of your Scrap Vehicles

NEW ARRIVALS: 1986 Cierra / 1986 Century



599 Granby Way, Princeton

(250) 295-6224

ICBC Licenced to dispose of your vehicle!



BACKROADS

Bike Shop

**SEASON
OPENING**

March 2, 2004

Check out our new look!

308 Bridge Street, Princeton (250) 295-3722

SD

FIFTY-EIGHT
Nicola Similkameen

SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)

**RELIEF SECRETARIAL
EMPLOYEES**

School District No. 58 is accepting applications for relief secretarial employees. A minimum typing speed of 55 w. p. m. is required.

Application forms are available at The Bridge, 206 Vermilion Avenue, Princeton, and must be returned by February 27, 2004.

Please forward to:

Attn: Secretary-Treasurer
School District No. 58 (Nicola-Similkameen)
P. O. Box 4100, 1550 Chapman Street,
Merritt, B. C., V1K 1B8
Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.

Posse awards top team players

The second annual Princeton Posse Awards Banquet was a satisfying evening of food, entertainment and celebration for all in attendance.

Prior to the dinner portion of the evening, MC Dean Stinson introduced the Posse players individually along with the teams coaching staff.

Club Directors and volunteers were also recognized.

Guest Speaker Andy Oakes, who was raised in Princeton, discussed what it takes to move on in hockey and in life stating, "both of which go hand in hand in my opinion."

Oakes outlined the career path he took through his hockey years, which eventually led him to his present position as a partner in the Okanagan Hockey School in Penticton.

With particular emphasis on stimulating ones mind through continued education, Oakes made it clear he would not be where he is today if he had not chosen to follow a path which included school studies.

"I'm very pleased to have grown up in Princeton as the people here were always very supportive of me and my endeavors," he said.

Oakes gave Princeton native Chance Lintick special mention and congratulated him on having the rare experience of playing for his home team.

The Doctors Reid performed a couple of skits during the evening and an auction of numerous prizes collected from local businesses generated \$2,394 for the hockey club.

A total of nine awards were presented to Posse players - five members of the team were also named to the Honour Roll at Princeton Secondary School.

Nick Stermer received Most Valuable Player and Best Defensive Player Awards.

Top Offensive Player was Sandy Tyler with Mike Rosett named Hardest Working Player.

J. J. Holmes was presented

Most Improved Player honours and Tony Johnston the Fan Favorite.

Most Sportsmanlike Player went to Seth Armitage with Rookie of the Year going to Brandon Ingraham.

In presenting the Unsung Hero Award, Coach Einfeld got emotional in describing a game where one player broke a skate and another player gave up his skates - along with a chance to play in that game - to the first player.

Einfeld was visible impressed with the action and proudly named Steven Brush the recipient of the award.

Throughout the evening

members of the hockey club pointed out the importance of fan support at games, both home and away.

Team Captain Nick Stermer and Volunteer Michelle Williams described how Princeton's team was able to draw crowds other teams could not and how the dedication of fans encourages players, coaches and volunteers.

The Most Dedicated Fan of the Year Award, a new honour, was presented to Al and Vivian Dubuc.

They were presented Princeton Posse jackets in appreciation of their continued support.



Posse Rookie of the Year Brandon Ingraham, centre, is flanked by Coach Craig Einfeld and GM Blair Noel.



Sandy Tyler, centre, was named Top Offensive Player. He is seen here with Coach Craig Einfeld, left, and GM Blair Noel.

Rodeo Profiles

PRESENTED BY MODEL TRANSFER

Septic Tank / Drainfield Installation
Lot Clearing / Culverts / Water Lines / Basements

Phone / Fax: (250) 295-6173

Stan Cell: (250) 295-8377 / Glen Cell: (250) 295-8398

Mutton Bustin' is returning to Princeton during the Pro Rodeo. Mutton Bustin' is an exciting childrens event open to participants 6 years of age and younger. Entries are limited to the first ten each day of the rodeo. The Princeton Canadian Professional Rodeo will take place the weekend of May 15 & 16, 2004!



Tony Johnston, left, was named Posse Fan Favorite. He was presented his award by Dr. David Reid.



Posse Unsung Hero Steven Brush, centre. The award was presented by Coach Colin Einfeld and GM Blair Noel.



Coach Colin Einfeld, left, and GM Blair Noel present Nick Stermer with Best Defensive Player honours.

Princeton Rocks with Canadian talent

The large rock concert planned for Canada Day weekend in Princeton will feature well known Canadian musicians.

Randy Bachman, who performed with Guess Who and later Bachman-Turner Overdrive, will join Doug and the Slugs, April Wine and Gerry Doucette for performances scheduled to take place July 2, 3 and 4.

The concert, identified as, Princeton Rocks, will include a Christian music element for shows planned on the Sunday of the holiday weekend.

Katimavik

Katimavik Needs You!

Are you interested in having the Katimavik program in Princeton for another year?

We need your input!

Wednesday, February 25th
12:00 Noon
Music Room, John Allison Elementary School

We invite ALL community members, prospective work sponsors, and billet families to a meeting to discuss Katimavik's future in Princeton.

Hope to see you there!

Found it!

Looking for the best G.I.C. rate for your RRSP?
We've got it at Valley First Credit Union.



*Conditions apply - Rates subject to change. Please visit Valley First Credit Union for details.

5 Year - 4.15% per year

Redeemable* Guaranteed Investment Certificate

The Original Stressless RRSP: Only at

Valley First CREDIT UNION

RRSP Loans 12 months at 2%*

• PRINCETON • KEREMEOS • OLIVER • PENTICTON • PEACHLAND • KELOWNA • VERNON • ARMSTRONG • LUMBY • KAMLOOPS

www.valleyfirst.com

Enter to Win

Courtesy of: Similkameen News Leader

A Stressless® chair (Visit any branch of Valley First Credit Union)

BEST SEATS IN TOWN

Valley First CREDIT UNION

Country Chapel offers help

Beginning on March 6th The Country Chapel, located at 38 Kenley Avenue in Princeton, will serve soup and coffee at noon to those who are in need. This service, called The Father's Table, is an extension of the church's love to those in the community who are less fortunate than others.

Every Saturday, except the last Saturday of the month, the church will open its doors to serve a hot meal. In addition, workers will be available to sit with people and offer assistance through various

community organizations offering a variety of solutions to problems, for example, the job club at the Skills Centre, possible retraining, life skills training, family counselling, etc.

The motto of the program is "A leg up, not at hand-out" and this connection over a hot meal is the "leg up".

Donations to this program will be gratefully accepted. For information, call The Country Chapel at 295-7733 and ask for Pastor Mike or Dave.

Thirsty Thursdays! Canadian & Coors Light \$2.89 a Pint

Copper Mountain Bar & Grill - Highway 3 West

All You Can Eat Tacos, Beans & Rice \$6.95

KARAOKE STARTS AT 9:00 PM!!!

All You Can Eat Tacos, Beans & Rice \$6.95

Steak • Seafood • Pasta

BRANDING IRON
Steak House
RESERVATIONS
499-2646

Open 4:30 PM Daily
Closed Mondays
Karl and Suzanne

Junction of
Highways 3 and 3A
Keremeos

SIMILKAMEEN EMERGENCY SERVICES
SPRING 2004 TRAINING SCHEDULE
LARRY MCINTOSH - INSTRUCTOR

S100R - Annual Wildland Fire Suppression Recertification
Sunday, March 14

WHMIS Work Place Material Identification System
Sunday, March 14

S100 - Basic Wildland Fire Suppression Training
Monday, March 15

Expanded Wildland Fire Training
March 16-19

FOR REGISTRATION OR FURTHER INFORMATION: 295-7506
*** PLEASE LEAVE YOUR NAME AND PHONE NUMBER SO WE CAN RETURN YOUR CALLS!

Imperial Books & Office Supplies
PO Box 510, 8510 Main Street, Osoyoos, BC V0H 1V0

"Your office store with more Since 1979"

Sales - Service - Stationery - Furniture
Printing - Copying - Fax - Art Supplies
FREE DELIVERY EVERY WEDNESDAY

Phone: (250) 495-2510 Fax: (250) 495-3440

BACK BY POPULAR DEMAND...
"Yes You Can"
Gardening Classes
PRESENTED BY: "Gardens By George"

Classes start 7:00 PM Monday, February 23rd - Fee \$ 45
Chamber of Commerce Meeting Room
Novice to Experienced Gardeners / Drop-Ins Welcome
To Register Call: 295-0415

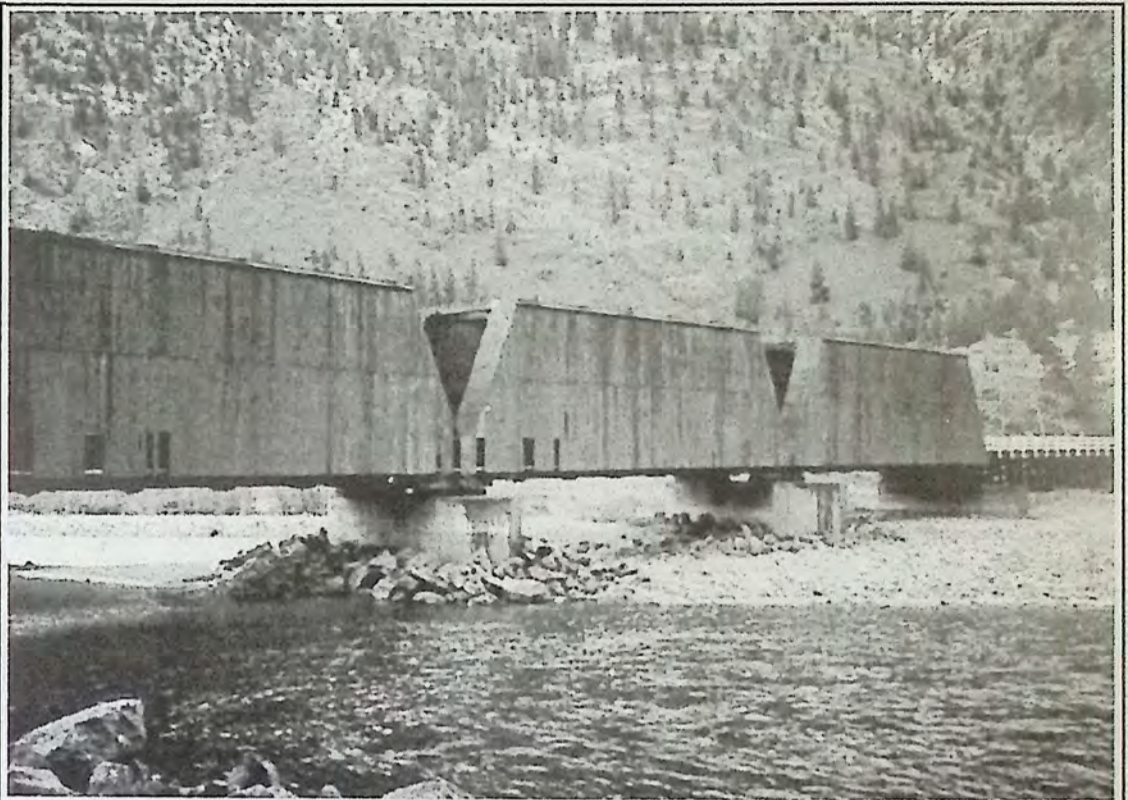
Otter Valley Fish & Game Club
ICE FISHING DERBY

Saturday, February 28th
9:00 AM - 2:00 PM
Summit Lakes / Prosser Lake
Highway 5A North

Entry Fee: \$25.00 per Person
Children Under 16 FREE!

Registration / Weigh-in On-Site
1st Prize: Power Auger
Cash Prizes • Prizes for Children • 50/50 Draw
Hot Dogs • Coffee • Hot Chocolate

For more information call:
Ron White 295-7384



The historic Red Bridge in Keremeos will be restored. Similkameen Country's Red Bridge Committee invites your suggestions on how best to complete the project.

Report presents three repair options

The shiplap cladding on the historic red bridge will have to be replaced.

Regular maintenance of the existing cladding and the framing system supporting it is no longer viable so Similkameen Country's Red Bridge Committee had a consultant review the situation.

Three different options have been proposed by Dillon Consulting of Calgary as well as a review of materials for the project.

The first option is to replace the existing system with the same configuration with cladding on both interior and exterior walls with a cap across the top of the truss.

Option number two would see cladding on both interior and exterior walls with a roofing system across the whole bridge.

The final option is for cladding on the exterior walls only with a roofing system across the whole bridge.

Pre-finished metal was considered the best material for a number of reasons including cost.

Similkameen Country says the preferred repair would be the first option using pre-finished metal which would address vandalism and weather protection for the rest of the structure.

The estimated cost to supply and install would be \$240,000 for metal sheets as opposed to \$310,000 for wood with a further \$100,000 for removal and disposal of the existing cladding.

Replacing the cladding with metal would take away from the historic value of the bridge, which Similkameen Country understands.

The Red Bridge Committee is now requesting input from area

residents on what should be done about the historic structure spanning the Similkameen River.

The bridge is nearly 100 years old, and is recognized as a local landmark with significant ties to the railway.

Business survey moves into upper Similkameen

At the end of last week a total of 244 businesses had completed copies of the Similkameen Valley Planning Society's business survey.

Melanie Bagley of Cawston, was hired by the group to collect data from businesses throughout the Similkameen.

"The survey is not only to promote outside the Valley, but to help us promote within by identifying what we have available here," she explains.

"This is like doing a huge inventory of the Valley."

Bagley has spent most of the first four weeks of her three month contract surveying businesses in the Keremeos and Cawston area.

The past week has been spent in Princeton with a total of 66 surveys completed between Princeton and Hedley.

"Hedley was a delightful surprise," Bagley says, "there are a lot of little businesses there."

Ranchers should note that farms of five acres or more are considered a business for the purpose of the survey, and they should be included in the data being collected.

During her visits with business owners, Bagley has made a number of observations regarding small business in the region.

Similkameen Country invites your comments. They can be dropped off at the Similkameen Country Employment Access Centre, e-mailed to siminfo@nethop.net, or mailed to Red Bridge Committee, RR #1, Keremeos, B. C., V0X 1N0.

"The majority of local businesses are owned locally and that helps the local economy as revenue generated mostly stays local," she explains, "and those business that are not locally owned provide a service as they employ local people."

The business survey asks for general comments and Bagley says the concerns in the Keremeos area are very close to those in Princeton.

"In Keremeos the common thread in comments is how beautiful the valley is, but that it needs to be better promoted and there is a need for more clean industry."

Princeton-area comments include, "a need for more industry, eco-tourism, a rec centre, more childrens activities and the desire for more residents to shop local."

Bagley has been completing twelve to fourteen surveys daily and finds most business operators are doing well.

"I'm surprised how many small businesses there are around and I'm pleased with how upbeat the people are about their business."

The survey will continue in Princeton this week, with time shifting to concentrate on farms and businesses outside of the downtown core of Princeton and Keremeos.

BALANCED BUDGET 2004

BRINGING OUT THE BEST IN BRITISH COLUMBIA

The 2004-05 provincial budget is forecast to be balanced. This is a result of the Province's three-year plan, announced in February 2002, to restore sound fiscal management.

And the Province's plan is working. Budget 2004 delivers on the commitment to eliminate the deficit by this year, and forecasts a \$100-million surplus. For the year just ending, the provincial debt is forecast to be \$3.6 billion less than expected.

As the economy grows and spending is kept under control, British Columbians can look forward to future budget surpluses to support the critical public services they depend upon. By 2006-07, the provincial budget is forecast to have a \$300-million surplus.

Economy on the Rise

B.C. is now leading the country in key economic indicators:

B.C. is #1 in job growth.

B.C. is #1 in new housing growth.

B.C. is #1 in small-business confidence.

B.C. is the #1 destination for investor immigrants.

Health and Education Funding Is Up

An important part of the Province's fiscal plan is a commitment to protect health care and education funding. For the third year in a row, it's delivering on that commitment.

- By 2006-07, the Ministry of Health budget will have risen to \$11.3 billion, a \$3-billion increase – or 36 per cent – since 2000-01.
- Spending on K-12 education is also up, by \$313 million over the next three years. Combined with declining enrolment, this will result in record funding of \$6,748 per student next year, an increase of \$532 since 2000-01.

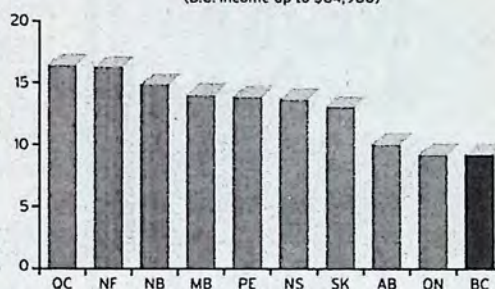
- By 2006-07, post-secondary funding will increase by \$105 million and help to create 25,000 more post-secondary spaces by 2010.
- The Province will launch a new initiative to foster literacy by enhancing reading, writing, numeracy, computer literacy and proficiency in English for British Columbians.
- The budget also outlines over \$30 million in initiatives to bring out the best in sport, music, arts, culture, literacy and volunteerism.

Income Taxes Are Down

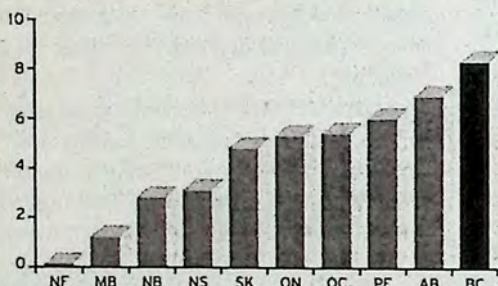
The Province's plan includes making it more affordable to live and do business in B.C. To date, 31 tax-relief measures have been introduced for individuals and businesses.

Personal income tax rates are now 25 per cent lower than just four years ago. B.C. now has the lowest base personal income tax rate and the second-lowest top marginal rate in Canada.

2004 Personal Income Tax Rates
(B.C. income up to \$64,900)



#1 in Job Growth – 2001 to 2003
(Per cent change in employment; Dec. 2001 to Dec. 2003)



Leading in Job Growth

Lower income taxes mean British Columbians now have more money to invest in our economy and to create new jobs.

Since December 2001, B.C. has created 158,900 new jobs. That's an 8.3 per cent increase in employment – the strongest gain of all provinces and well ahead of the 5.5 per cent national gain.

And that's just the beginning. Between now and 2010, half a million new jobs are expected to be created in B.C. In addition, the 2010 Winter Olympics will generate 132,000 person-years of employment.

B.C.'s budget plan is working today to ensure a brighter tomorrow.
For more information visit: www.gov.bc.ca

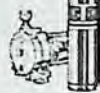


Princeton Plumbing & Gas

Residential and Commercial
Service and New Installations

GOULDS
WATER
SYSTEMS

- Goulds Pumps Distributor
- Water Softeners and Treatment
- Complete Plumbing and Gas
- Power Drain Cleaning



* All Work Guaranteed *
DOUG GRIGG (250) 295-3966

TY FRENCH HEATING

SPECIALIZING IN

SHEET METAL FABRICATING

- HEATING • AIR CONDITIONING
- FIREPLACES • GAS FITTING

NATURAL GAS • ELECTRIC • PROPANE • OIL • WOOD

295-8341

FULLY LICENCED • INSURED • BONDED



SINCE 1973

ROBERT R. WICKS

BARRISTER & SOLICITOR

213 Vermilion Avenue, P.O. Box 760
Princeton, B.C., V0X 1W0

Fax: 295-7000 Phone: 295-3123



Meril's Hair Care

For Appointment Call
295-3391

Merilyn Adam, formerly of The Cut Above,
is opening March 1st at
495 Auburn Crescent (Tunnel).

To book your March appointment
please call 295-3391.

Need Calcium?

Calcium & Magnesium Citrate with D



This combination of Calcium
and Magnesium Citrate
provides vital skeletal and
bone support for anyone at
risk of osteoporosis or suffering
from bone density loss.

SALE \$ 21.99

Regular \$ 27.00

(BONUS SIZE 240 CAPSULES)

AN OUNCE OF PREVENTION
NATURAL FOODS

121 VERMILION AVENUE, PRINCETON
(250) 295-7251

Harkness reports to Town Council

Marilyn Harkness, Health Administrator for the Similkameen, attended the February 16 Town Council meeting to report on the health of Princeton General Hospital. She addressed a number of issues.

Harkness talked about the initiative to bring training to doctors and nurses at PGH. The first session was Advanced Cardiac Life support. Harkness told Council the joint medical education was to create a better working team and improve morale. Twelve nurses and four physicians attend the sessions. The next session will be on different emergency scenarios and a review of present emergency equipment.

The sessions are funded through Interior Health, the physician's own educational fund, and the Foundation.

PGH has a new Nurse Manager, Rachel Donohoe who is coordinator for infection control for Similkameen Health Services. Ridgewood Lodge has a new Nurse Manager, Jane Muller.

The new emergency room ultrasound machine is on order. When it arrives, physicians must take training in how to use it. Harkness told Council that training may be lengthy as recognized educators for the equipment are based in Ontario.

Several surveys and audits are taking place in Interior Health region and locally. An emergency room survey, a resident satisfaction survey, an infection control audit, a security audit and an energy (conservation) audit are in the package.

The Health Centre may move to the hospital in July, depending on the availability of money in the health care budget. When it moves, transportation to the hospital location may be an issue, and Harkness said she is prepared to issue transportation vouchers if required, and is hoping to make arrangements for volunteer drivers or urban transit.

The occupancy rate for the six acute care beds has averaged 76 percent for the past six months, but occasionally the number of patients has exceeded the six beds. Council asked Harkness where additional patients were placed when this occurs. She said they find beds for them in ER or

other areas.

Harkness said Penticton Regional Hospital is operating at more than 100 percent occupancy, and some patients may be transferred back to Princeton as soon as possible to relieve the pressure on Penticton.

Sixty percent of staff at PGH

have had two Service in Healthcare training sessions. This course is based on the tourism service SuperHost training. The training will improve customer service.

Some new paint is being applied in the hospital and at Ridgewood Lodge.



Rachel Donohoe, left, is the new Nurse Manager at Princeton General Hospital. Trained in England, she and her husband, Peter, came to Canada in 1991. They have lived in Princeton 2.5 years. At right is Jane Muller, Nurse Manager at Ridgewood Lodge. She was raised in Princeton, trained in B.C. and has many years experience.

Living Past 100

Look for hidden causes of excess weight

The big push by the Heart and Stroke Foundation to have Canadians lose weight may seem too much for people who are obese. The usual causes of obesity are listed as excess fat intake, excess food intake and lack of physical activity. This may be an over-simplification of the problem.

Consider the fact that many obese people are physically very active and eat what is considered a healthy diet. Even when they starve themselves and suffer through pangs of hunger, they cannot lose much fat. When this occurs, these people should look for other causes.

It is well-known that the body will isolate toxic substances in fat cells to prevent damage to active cells. When we think about food, we do not think in terms of poisons, but there are many kinds of foods that may contain substances that are poisonous to many people. The average person has no idea what kind of chemicals they may be consuming in processed foods, nor what kind of effect these chemicals are having on their bodies.

A return to healthier eating means going back to unprocessed foods, or foods such as oatmeal which are minimally processed. It means, instead of potato chips, eating a snack of popcorn, which is a good natural product.

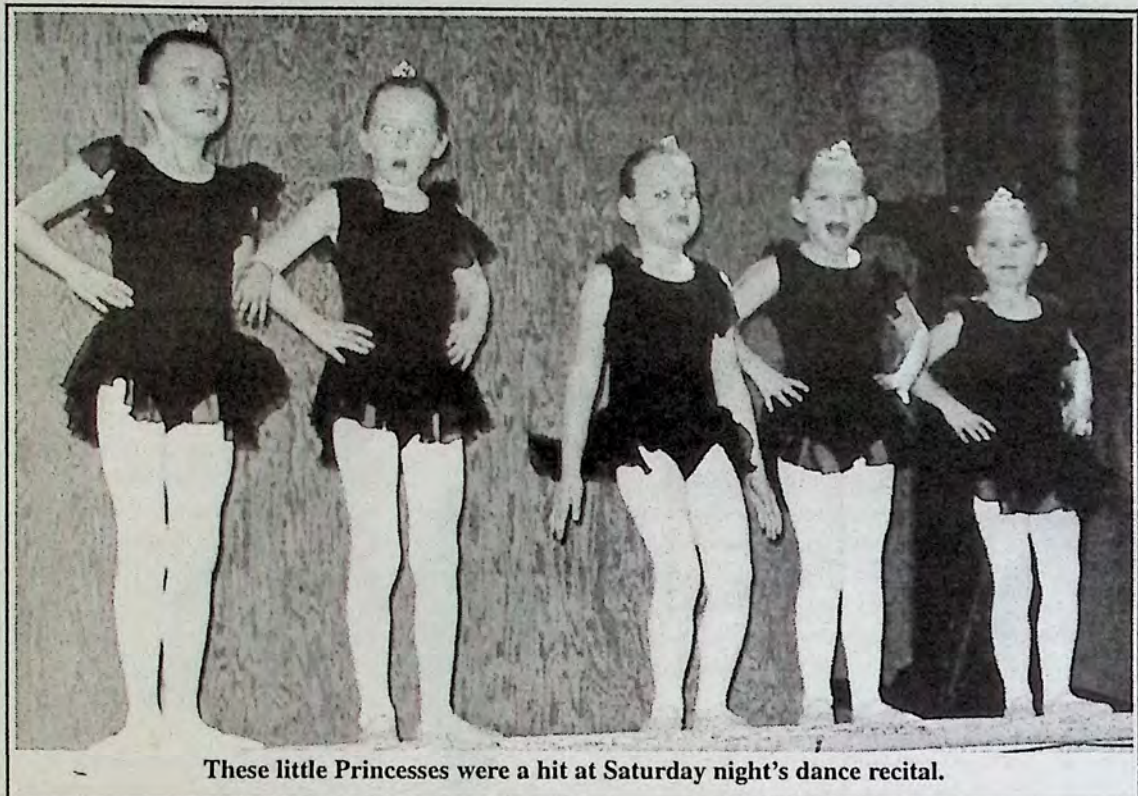
When we consider the difficulties experienced by people carrying excess weight, it makes sense to lose weight, but often the obese person begins to feel guilty when the weight will not go away. When this occurs, it is time to look for other causes. The answer could be as simple as going to a diet of pure foods that have had no chemical treatment. As a general rule, when people go to a diet of pure foods, the body is able to risk breaking down the fat cells containing chemicals. It is a slow process, but it works.

For further information, read books on pure foods and good nutrition.

News Leader Classified Advertising

25 words
\$5.00 per week

PAY FOR TWO WEEKS
AND
THE THIRD ONE IS FREE!



These little Princesses were a hit at Saturday night's dance recital.

From hip hop to ballet, dancers drew great applause

Angela Quinn and Jacklin Vloedbeld have been teaching dance in Princeton for several months. On Saturday night, they held their first dance recital. The Christian Education Building was packed full of parents and friends of the dancers, eager to see how far they have come.

Titled "Showtime", the recital featured all kinds of dance and all ages of dancers.

The first performance was a Jazz/hip hop number by girls age nine and 10: Kirsten Haayer, Meagan Haayer, Shelby Wallin, Alecia Doré and Jessica Coers. The energetic "stage show" style set a good atmosphere for the evening.

Nadya Corscadden danced an interpretive solo called "Slave Girl", a gentle entrancing performance.

Taylor Robillard brought her Highland dancing skills to the stage in a solo Seantrubeas.

Show stealers are always the littlest performers. In a ballet for dancers age 3-5, little girls dressed in pink had a helper with them on stage. These delightful tykes were Samantha Lozinski, Katja Johnson, Alexia Boyd, Shayna

Krenn and Kate-Lynn Bartlett.

A jazz performance by 6-8 year olds showed another energetic form of dance where it was a challenge to have everyone make the same move at the same time. Dancers were Paige Wallin, Brynn Johnson, Danielle MacLellan and Cassidy McCutcheon.

Jacklin Vloedbeld did two solo numbers. The first, called "Give Love to All" utilized her ballet skills well, despite the small stage. The second number, "The Sphinx", included some moves associated with oriental dance, and some arm gestures often seen in belly dancing.

Two little girls in red dresses and white aprons, Roya Lawrence-Massoudi and Kaitlin Marshall, did a great job of dancing an Irish jig.

Nadya Corscadden performed a cute little "story" dance called "The Butterfly Hunt" which received a hearty round of applause.

There is nothing like a group of Princesses age 6-8 to inspire an audience. Dressed in black and white, Kayla Doré, Kendra Krenn, Kyla Coyne, Zoe Douglas

and Shaylyn Douglas showed they have learned a lot in ballet classes.

Teen hip hop, performed by Annalyn McWhirter, Mary Ann Campbell, Jessie Beaupré and Meagan Thomas demonstrated how dancing fits any age and style and music. The adults showed they could make the moves, too. Shelly Lozinski, Jane Johnson, Karen Beaupré and Crystal Larsen looked ready to challenge the youngsters any day.

At the end of the show, each group was called to the stage to receive certificates of achievement for successful completion of their second session of dance.

Coalbed drilling resumes in spring

Town Council met with Petrobank representatives last week to hear about coalbed methane exploration this year. Petrobank stated they will re-examine previous test wells and do drilling this summer.

During late autumn, the company did seismic testing of a large area around Princeton to map underground coal deposits.

ads@thenewsleader.ca



A professional **will** make it happen!

Call Ruth Hooper 295-7164
Century 21 Sagewinds Realty Ltd.
Serving Keremeos and Princeton
1-800-636-6311



THE TIN MAN METAL ROOFING



Sales and/or Installations

Call: (250) 295-3743

Toll Free: 1-888-647-3377 Fax: (250) 295-3716 P O Box 1444, Princeton, B. C., VOX 1W0

Dollars and \$ense



with Hugh Desjardins CFP, CLU, Ch.FC
Valley First Credit Union

Q: What are the advantages of contributing to a spousal RRSP plan?

A: The main advantage of contributing to a spousal plan is to split income in retirement years. For example, if one spouse has a pension and the other does not, it is usually advantageous for the spouse that possesses the pension to contribute to the other spouse's RRSP. On receiving pension benefits in retirement years, the spouse without the pension will be in an obviously lower tax-bracket, hence RRSP withdrawals will be taxed at a lower rate.

Another advantage of spousal RRSP contributions arises when there is a significant difference in tax-brackets of the spouses. The higher-income spouse gains a larger tax benefit from the RRSP deduction than the lower-income spouse. In addition, utilizing spousal RRSP contributions ensures the retired couple will be able to claim the \$1000 pension income tax credit twice.

HUGH DESJARDINS

Penticton 490-2704 Princeton 295-6200 Keremeos 499-5524

Listen for Dollars and \$ense Saturday mornings at 9:00 on CIGV 100.7 FM

Valley First FINANCIAL GROUP

www.valleyfirst.com

When Gambling Stops Being a Game

For most people, going to a casino, racetrack or bingo hall or buying a lottery ticket is entertainment. But for some, gambling can be a serious problem. Problem gambling can lead to financial and legal problems, loss of career and family, and other serious issues.

Help Is Available

Problem gambling is treatable. If you, or someone you know, require assistance with a gambling problem, free confidential help is available 24 hours a day by phoning:



1-888-795-6111



For more information on problem gambling visit: www.bcreponsiblegambling.ca

Play Smart. Gamble Responsibly.

C.J.M. Plumbing

New Fixtures Supplied and Installed
Drain and Sewer Cleaning - Service Repair
Hot Water Tanks - Hot Water Heating

Emergency Service 295-7085
Fully Licensed Dave Mack



HONDA
Power
Equipment



Mac's Auto Parts Ltd.

193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344

HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS

HAYES CREEK ELECTRIC



Jim Barnes
Electrical Contractor

RR 33771

1752 Princeton-Summerland Road
Phone: (250) 295-3865 OR CELL: (250) 295-5021

PLP approved
installer for:



SECURITY SYSTEMS

ELECTRIC THERMAL STORAGE HEATERS

What's Up At LEFTOVERS STUDIO

- after school craft classes
- "quilting on a shoestring" classes starting March 24
- weekly beading projects / bead sales
- folk art painting classes for beginners and advanced
- kids craft camp March 5 (Pro-D Day)
- folk art painting projects for kids



Book studio for your Craft Birthday Party!
LEAVE THE MESS FOR US...

Monthly Class Calendar Available
Craft Supplies, Books, Magazines Available

121 Vermilion Avenue
Call 295-3173 to reserve your class seats!



In play-off final on Saturday, South Okanagan (white jerseys) could not hold Princeton back.

Bantams win Super League!

On Saturday afternoon Princeton Bantams met South Okanagan in a game to decide the winner of the Super League. A good crowd turned out for both sides, both expecting to win. Princeton fans were treated to a great show that started slow and ended with a display of high action.

First period was a disappointment for Princeton fans. South Okanagan opened the scoring five minutes into the period. Princeton did not

answer back until second period.

Second period began with Princeton in the penalty box, and the Bantams did a great job of penalty killing. Then South Okanagan took a penalty. Suddenly, Princeton came alive and Josh Scarpelli put one in the South Okanagan net with an assist from Beau Wilkinson.

Princeton put the pressure on, and fans were exuberant when Wilkinson made a spectacular shot

from the point to put Princeton one goal ahead. Steven Schwarz made the assist. Second period ended 2-1 for Princeton.

Third period began with two South Okanagan players in the penalty box, but Princeton could not make it past the goalie in this two-man advantage power play. When the two were out of the box, the action heated up.

Persistence paid off when Adam Dunford took a shot at the South Okanagan goal, missed, hit the rebound and missed again, then lifted the second rebound past the goalie to score Princeton's third goal. It was an awesome demonstration of never giving up.

Princeton took two penalties, one after another, and two players sat in the box together while Princeton did penalty killing that shut out South Okanagan.

With four minutes left in play, Princeton's Bantams put strategy to work and moved the puck up the ice. Dunford, ducking opposition, moved right in and put Princeton's fourth goal on the scoreboard, ending the play-off game 4-1 for Princeton.

The team will receive their banner at a later date.

Leon and Thea Koerner Foundation offers big grants

In 1939, a couple came from Germany to British Columbia and prospered. To give back their good fortune, Leon and Thea Koerner set up a foundation to give grants to charitable organizations.

This year, a special \$50,000 grant is available for either social services or cultural and creative arts. The successful project is expected to leave a lasting legacy for the winning organization, its community, or both.

It is a one-time grant to celebrate the fiftieth anniversary of the

creation of the Koerner Foundation.

Eligible organizations are invited to submit a Letter of Intent by May 28, 2004.

Criteria and Guidelines for the special grant can be found at www.koernerfoundation.ca

A short list of projects will be selected from those submissions to undergo a more detailed application process.

Town Council is advising as many local service organizations as possible of this opportunity.

Century 21
The Local Experts™

Princeton Realty
224 Bridge Street, Princeton
Phone (250) 295-6977
Fax (250) 295-3411

See The Local Experts For All Your Real Estate Needs

View Our Picture Boards at
224 Bridge Street, Princeton

View Our Pictures Online at
www.princetonbc.com

THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR

weekly entertainment guide

TUESDAY, FEBRUARY 24, 2004 THROUGH MONDAY, MARCH 1, 2004

Posse beat in last regular season game

The regular season ended for Princeton Posse with an afternoon game Sunday against Sicamous Eagles.

Sicamous applied pressure on the Princeton net from the opening face-off and kept the puck in Princeton's zone for most of the first period.

Clayton Bauer put the Eagles on the scoreboard with a goal at 7:48.

Princeton started to put pressure on the Eagle's net in the last five minutes of the frame but could not produce.

After one period, Sicamous was leading 1-0.

The Posse looked like a different team in the second period. They came on strong and hard and opened the period with a goal by Sandy Tyler just 11-seconds after the first face-off.

Sicamous responded at 2:45 and less than a minute later the Posse tied it at 3 with Sandy Tyler's second goal of the afternoon.

Then it started to look bad for the Posse when Sicamous scored goals 3, 4 and 5 in five minutes of play.

Nick Stermer put some life into the team with a wrist shot goal at 18:56, then the Eagles hammered

in goals 6 and 7, both in the last minute of the period.

After two periods of play it was Sicamous leading the Posse by a score of 7 - 3.

In the third period, there was more inconsistent play mixed with a strange combination of exciting action.

Sicamous scored at 4:44, and Princeton's Chance Lintick got one for the home team at 7:44 and 30-seconds later Josh Lund added another for the Posse.

The goals provided the spark to ignite the players, and they made some great plays and did their best to give their fans a win to finish the season.

When they were playing hard, the players created some thrilling hockey, but Sicamous proved to be a little tougher scoring two more times before the end of the game.

...story continued on page 10.

POSSE PLAYOFF DETAILS ALSO ON PAGE 10.



One of those intimate moments in any hockey game.

Peewees lose 'A' banner, play to win for 'B' banner

On February 7, Mac Lind Logging Peewees hosted their second play-off game against South Okanagan. This was a tough battle with both teams trying desperately to get the upper hand.

South Okanagan opened the scoring 10 minutes into the game but Nicholas Yee tied it up two minutes later. Princeton dominated the play throughout the period.

Hitting the post six times, they

could manage only one more goal by Britts Clifton. Second period ended 2-2.

In last period, Princeton once again dominated the offensive end but struggled defensively. The got themselves into penalty trouble as well. With nine minutes left, South Okanagan took the lead, and during the short-handed situation, managed to score their insurance goal. The game ended 5-2 for South Okanagan, continued next page

Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest Entry

Name _____
 Address _____
 Phone _____
 Week # _____
 Answer Red Zone Green Zone

PLP Princeton Light & Power Co. Ltd. **P.A.S.S.**
 231 Bridge Street, Princeton
 Phone (250) 295-3244 Fax (250) 295-3611
 Energy Management Services

Princeton Area Fishing Guide - 2nd Edition
\$ 2.00 PER COPY
 AVAILABLE AT: SIMILKAMEEN NEWS LEADER - THE HUT
 BILLY'S RESTAURANT - CHAMBER OF COMMERCE
 PRINCETON OUTDOOR SUPPLY

Princeton History Booklets
 info: george@thenewsleader.ca

Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest teaches you how...

The Quiz - Week 4

Today's Date is Monday, September 6th, 2004 - the Time is 7:30 PM.
 According to PLP's Time Of Use Schedule, would this be in a "RED ZONE" time period or would it be in the "GREEN ZONE"?

Winners!

13 Weekly Draws - February 6th to April 30th, 2004
 \$ 25.00 Credit to the PLP Power Bill of your choice!
 3 Monthly Draws - February 27th, March 26th, April 30th
 \$100.00 Credit to the PLP Power Bill of your choice!
 Final Grand Prize Draw - May 7th, 2004
 \$500.00 Credit to the PLP Power Bill of your choice!

The Gear

You will need "Power-By-The-Hour" Charts. They are available at both the Princeton Light & Power office and at the News Leader. You will require these to get the correct answers to the weekly questions.

The Loot

Week 3 Winner of \$25 PLP Power Bill Credit:
 Allen Tremblay
 Week 4 Prize: \$ 25 PLP Power Bill Credit & Monthly Prize of \$100 PLP Power Bill Credit

The Routine

- 1) Get Weekly Question from News Leader.
- 2) Determine Answer from PLP Charts.
- 3) Fill out Entry Form from PLP or News Leader.
- 4) Drop Off Entry at PLP or News Leader.
- 5) Win if Entry is Drawn.
- 6) Enter Weekly and Enter Often.
- 7) Have Fun!

PLP Princeton Light & Power Co. Ltd. **P.A.S.S.**
 231 Bridge Street, Princeton
 Phone (250) 295-3244 Fax (250) 295-3611 www.plpower.com
 Energy Management Services

Hockey Pub Crawl - See Kelowna Rockets vs Prince George Cougars

Tickets \$15.00

Start at: Copper Mountain Bar & Grill - Highway 3 West

Tickets \$15.00

BUS LEAVES PUB 3:00 PM Thursday, March 4th

Peewees go for banner continued from page 9 ...

putting Princeton down into the B division title hunt.

The team played a strong game offensively, but just could not get the bounces they needed, and although they lost a tough game, the coaches are proud of their effort.

'B' Play-off game

On February 15, Mac Lind Peewees kept their play-off hopes alive with a 5-1 win over Summerland. Princeton came out sluggish once again in first period, with Summerland dominating the game. Summerland opened scoring with five minutes left in first period.

Princeton finally got on the score board midway through second period to tie the game. The team came alive for the second half when they realized that if they lost this game, they are out of the play-offs and their season would be over.

Going into third period, Princeton took a two goal lead and it was all Princeton, having ample scoring opportunities and just out-playing Summerland. Princeton managed two more to end the game.

The team needs to play a whole game like they did the last half or it will be out of the running

for the 'B' banner.

"Buckle down, players, and try hard from the start and there won't be a team that can beat us," says Coach Kevin Williams. "We finished first overall because we can play a very strong offensive and defensive game, and we skate for the whole 60 minutes and not the last 30 minutes."

Points for this game went to Bryce Markin - 1 goal 2 assists, Colton Williams - 1 goal 1 assist, Nicholas Yee - 1 goal 1 assist, Mathew Feiffer - 1 goal 1 assist, Britts Clifton - 1 goal and Jessie Cook had an assist.

Posse enter playoffs this weekend

...continued from Page 9.

Missed opportunities hampered the game which saw a total of 24 penalties called, 12 per team.

Sicamous took to win with a score of 10 - 5.

First round playoffs begin for Princeton Posse this weekend with two away games in Invermere against the Columbia Valley Rockies.

Those games will be played Friday and Saturday, February 27th and 28th.

Games three and four will be played in Princeton on Monday and Tuesday, March 1st and 2nd.

Season ticket holders are

reminded that their Season Passes will not be valid for post-season games and that tickets

will have to be purchased for all playoff games.

Princeton Posse Playoffs

VS.

Columbia Valley Rockies

GAME 1 - February 27 @ Invermere
GAME 2 - February 28 @ Invermere
GAME 3 - March 1 @ Princeton
GAME 4 March 2 @ Princeton

2003-04 Princeton Arena Schedule

SUN	MON	TUE	WED	THU	FRI	SAT
Hockey Game	9 - 11:00 AM School Rentals	9 AM - 12 PM School Rentals	9 AM - 12 PM School Rentals	9 AM - 12 PM School Rentals	9 AM - 12 PM School Rentals	Hockey Game
Hockey Game	11 AM - 12 PM Adult / Tot / Seniors	1:15 - 2:30 PM Stick & Puck	1:15 - 2:30 PM Adult / Tot / Seniors	1:00 - 2:25 PM Stick & Puck	1:15 - 2:30 PM Stick & Puck	Hockey Game
Hockey Game	1:15 - 2:30 PM Stick & Puck	4:00 - 4:45 PM Tykes Practice	3:15 - 8:00 PM Figure Skating	2:15 - 3:30 PM Posse Practice	3:15 - 5:15 PM Figure Skating	Hockey Game
Hockey Game	3:15 - 7:45 PM Figure Skating	4:45 - 5:30 PM Novice Practice	8:15 - 9:30 PM Posse Practice	4:00 - 4:45 PM Tykes Practice	5:15 - 6:00 PM Jr Girls Hockey	Hockey Game
4:45 - 6:00 PM FREE Public Skating	8:00 - 9:00 PM Posse Practice	5:30 - 6:30 PM Atoms Practice	9:45-11:15 PM OPEN FOR RENTALS	4:45 - 5:30 PM Novice Practice	6:15 - 7:15 PM Ladies Hockey	Hockey Game
6:15 - 7:15 PM Girls Drop-In Hockey	9:15-10:45 PM Oldtimers Hockey	6:45 - 7:45 PM Pee Wee Practice		5:30 - 6:30 PM Atoms Practice	7:15 - 8:15 PM Public Skating	5:00 - 6:30 PM Public Skating
7:30 - 9:00 PM Adult Rec Hockey		7:45 - 8:45 PM Bantams Practice		6:45 - 7:45 PM Pee Wee Practice	8:15 - 8:45 PM Teen Stick & Puck	Hockey Game
		9:00 - 10:15 PM Posse Practice		8:00 - 9:00 PM Bantam Practice	9:00 - 10:30 PM Pumpkins Hockey	
		10:30 - 11:30 PM OPEN FOR RENTALS		9:15-10:45 PM Adult Rec Hockey		

Tournament Dates:

NOTE: Public Skating Is CANCELLED or CHANGED on Tournament Weekends

February 28/29: Adult Draft tournament
 March 6: Figure Skating show

For More Information Contact Princeton Arena at 295-7222

tuesday movies

MORNING

10:00 am CITY (29) "Parkland" (1999, Science Fiction) Rick Rossovich. A 21st-century cop investigates organ harvesters who are tricking poverty-stricken people into selling their body parts.
 11:00 am A&E (9) ★★½ "The Chase" (1991, Drama) Casey Siemaszko. A fact-based account of the 1988 pursuit of bank robber Mark Taylor, a perilous high-speed chase that made national news. (CC)

AFTERNOON

5:00 pm WTBS (3) ★★ "U.S. Marshals" (1998, Suspense) (PA) Tommy Lee Jones. Chief deputy marshal Sam Gerard attempts to capture an escaped convict who allegedly killed two federal agents. (CC) (DVS)
 WGN (38) ★★½ "Basic Instinct" (1992, Suspense) Michael Douglas. A woman suspected of murdering her lover with an ice pick ensnares a San Francisco cop in a web of lust and deceit. (In Stereo) (CC)

EVENING

6:00 pm CITY (29) ★★ "Lara Croft: Tomb Raider" (2001, Adventure) Angelina Jolie. Premiere. The virtual heroine seeks an ancient artifact that can control time in this adaptation of the popular computer game. (In Stereo) (CC)
 7:40 pm WTBS (3) ★★ "Ronin" (1998, Suspense) (PA) Robert De Niro. A hired gang of international crime specialists battles Irish terrorists and Russian mobsters to find a briefcase. (CC) (DVS)
 9:00 pm FAM (26) ★★ "Mad Love" (1995, Drama) Chris O'Donnell. Fiery passion consumes a responsible high-school senior and a free-spirited classmate.
 10:06 pm CITY (29) ★★ "Lara Croft: Tomb Raider" (2001, Adventure) Angelina Jolie. The virtual heroine seeks an ancient artifact that can control time in this adaptation of the popular computer game. (In Stereo) (CC)
 10:10 pm WTBS (3) ★★ "U.S. Marshals" (1998, Suspense) (PA) Tommy Lee Jones. Chief deputy marshal Sam Gerard attempts to capture an escaped convict who allegedly killed two federal agents. (CC) (DVS)

wednesday movies

MORNING

10:00 am CITY (29) ★★½ "The Man Who Knew Too Little" (1997, Comedy) Bill Murray. A tourist in London wrongly believes that the spies and assassins in his path are part of an elaborate game. (CC)
 11:00 am A&E (9) ★★½ "Murder Without Motive: The Edmund Perry Story" (1992, Drama) Anna Maria Horsford. Based on Robert Sam Anson's book about the 1985 death of a black honor student at the hands of police. (CC)

AFTERNOON

5:00 pm WGN (38) ★★½ "The Man in the Moon" (1991, Drama) Sam Waterston. A 14-year-old's envy of her older sister takes on a new slant when the neighbor she has a crush on prefers her sibling. (In Stereo) (CC)

EVENING

7:00 pm WTBS (3) ★★ "Grosse Pointe Blank" (1997, Comedy) (PA) John Cusack. An assassin is reunited with the prom date he stood up years ago when he returns home for his high-school reunion. (CC)
 9:00 pm WTBS (3) ★★ "Major League: Back to the Minors" (1998, Comedy) Scott Bakula. A retiring player takes the helm of a misfit team of minor-leaguers to prepare them to play the Minnesota Twins. (CC)
 FAM (26) ★★ "Dirty Rotten Scoundrels" (1988, Comedy) Steve Martin. Two con artists zero in on a wealthy woman in a contest to determine who will lay claim to the French Riviera.
 10:06 pm CITY (29) ★★ "Rosewood" (1997, Drama) Jon Voight. In 1923 Florida, vigilantes launch a brutal attack against a mostly black community after a white woman's rape claim.

Similkameen News Leader WEEKLY OPINION POLL

THIS WEEK:
 Do you feel Riverside School is a good location for a Community Centre?

LAST WEEK:
 100% of respondents said they would attend a Princeton Posse playoff game.

We want to hear your thoughts. Results will appear here next week.

editor@thenewsleader.ca

TUESDAY, FEBRUARY 24, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)	
6 AM	Movie: "Bird on a Wire"	News	(Off Air)	Caillou (EI)	News	News	Movie: "The Chase"	(5.00) News	News	(5.00) News (Live)	Uh Oh!	Sports	News	Daily Planet	GRC	Ripley	News	Maury	Hillbillies	
:30		Gold Trails		Berenstein							Stickin	SportsCentre	Canada AM	Paid Prog.	Paid Prog.	Hoze			Hap Days	
7 AM	Dawson's Creek	Life Today	Zoboo	Boohbah	Today	Early Show	Murder, She Wrote	Good Morning America			George S.			Polar Safari	Sabrina's	Mon Colle	News	CityLine	Matlock	
:30		100 Huntley Street (N)	Bus	Teletubbs	"Average Joe 2: Hawaii"						Woody	Curling: Scott Tournament of Hearts - Draw 9. (Live)		Paid Prog.	Paid Prog.	Rangers				
8 AM	Dawson's Creek	BluesClues	Barney	Hawaii	castoffs; casual dressing tips.					100 Huntley Street (N)	Rugrats			Monster House	GRC	Gadget		The John Walsh Show	In the Heat of the Night	
:30		Nanalan'	(8.25) HI-5	Clifford							Mona			GRC	Dalmatian					
9 AM	Saved-Bell	Clifford	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Rupert		Regis and Kelly	Daily Planet	Fam. Feud	Franklin	Maury	News	Rockford Files	
:30	Saved-Bell	Little Bear	Bear			Discover					Care Bears				Fam. Feud	Pooh		City		
10 AM	Cosby	The Price Is Right	Wumpa	Reading	Ellen DeGeneres Show	The Price Is Right	American Justice	The View (N)	World Vision	Body	Monsters		The View (N)	How'd They Do That?	Starting Over	JoJo Henrys	Jerry Springer (N)	Movie: "Parkland" (1999) Rick	News	
:30	Cosby		The Hoobs	Lions						MoneyWs	Monster	Match Play								
11 AM	Cosby	Hollywood	Mathematics	Dragon	Frasier	Young and the Restless	Movie: "The Chase" (1991)	GRC	Crossing	News	Stickin	SnowTrax	Balance-TV	Giant Cranes	Montel Williams (N)	Chip-Dale Art Attack	Jerry Springer (N)	Rossovich	In the Heat of the Night	
:30	Fresh Pr.	Brown		Sit-Be Fit	M*A*S*H			Paid Prog.	MoneyWs	Train 48	Fly Rhino	Motoring	Daily							
12 PM	Fresh Pr.	News	Great Train Stories	Travels	Shop	News	Casey Siemaszko	All My Children	News	Days of Our Lives	SpongeBob Hamtaro	Curling: Scott Tournament of Hearts - Draw 10. (Live)	Balance-TV	Sharks-North	Perry Mason	Fillmore	Maury Paternity tests.	CityLine	Street	
:30	Harvey			Antiques	Shop	Bold & B.							Bold & B.			Goof Troop		Huntley	Street	
1 PM	Harvey	Days of Our Lives	Legend of Grey Owl	Art Quilting	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	Care Bears	nt of Hearts - Draw 10. (Live)	Vicki G.	Monster Garage	Justice	Teamo Osbourne Show	Relic Hunter	Cosby	Cosby	
:30	Drew										George S.		Vicki G.		Justice	Dalmatian				
2 PM	Drew	Judy	Dotto Tech	Mr Rogers	Passions	Guiding Light	Murder, She Wrote	General Hospital	Passions	Passions	Mona		General Hospital	Frontiers of	Hughleys	Chip-Dale	Griffith	Nominees	Fresh Pr.	
:30	Home Imp.	Body	Leading	Sagwa							D'Myna				Dharma	House	Sabrina's	Blind Date	Fresh Pr.	
3 PM	Home Imp.	Coronatn	Sagwa	Arthur (EI)	Brown	Dr. Phil	City Confidential	Martha Stewart Living	Young and the Restless	Crossing	Pokemon	Off-Record	Dr. Phil	How'd They Do That?	Montel Williams	Timon	Jackie	News (Live)	Home Imp.	
:30	Seinfeld	Starting Over	Creatures	Libertys	Brown					Young and the Restless	Jackie	Sports				Lilo Stitch	Static		Will-Grace	
4 PM	Seinfeld	George S.	Cyberchas	Judy	Oprah Winfrey		American Justice	Home Imp.	Oprah Winfrey	News	ChalkZone	NHL Hockey: Ottawa	Friends	Daily Planet	On Air Ryan	Weekend Recess	Pokemon	Seinfeld	Will-Grace	
:30	Friends	Just Shoot	Babar	Zoom (EI)	Judy			News				Friends	Friends			Yu-Gi-Oh!	Friends	Home Imp.		
5 PM	Movie: "U.S. Marshals" (1998) (PA)	News	Paddington	News	News	News	Biography: Eastwood	News	News	News	Yu-Gi-Oh!	Senators at Montreal Canadiens. (Live)	News	How-Made	Simpsons	Proud	Sabrina	Smallville	Movie: "Basic Instinct" (1992) Michael Douglas.	
:30	Tommy Lee Jones.	Will-Grace	Art Attack	Business	NBC News	CBS News		ABC News	Global	Global	Beyblade		News	How-Made	King-Hill	Lizzie	NBA Basketball: Los Angeles Clippers at Dallas Mavericks. (2001)	News	Becker	
7 PM	Movie: "Ronin" (1998) (PA)	70s Show	Louis Cyr: Strength	News-Lehrer	News	News	Cold Case Files	News	News	Train 48	SpongeBob	Curling: Scott Tournament of Hearts - Draw 11. (Live)	News	American Chopper	Simpsons	All That	So Raven	Review	Becker	
:30	Robert De Niro. (DVS)	Fortune	Dotto Tech	Health Matters	Jeopardy!	Seinfeld		Entertain	Entertain	Judging Amy (N)	Mental BI		eTalk Daily	American Hot Rod	Will-Grace	Even				
8 PM	Movie: "Ronin" (1998) (PA)	Jeopardy!	Leading		Fortune	Friends	Third Watch	8 Rules	Frasier (N)	Big Fat Fiance	Dragon		American Idol (N)	Daily Planet	American Idol (N)	Boy World	Gilmore Girls (N)	News	Becker	
:30	Robert De Niro. (DVS)	Marketpic	Country	Innovation (N)	Whoopi (N)	Navy NCIS "Enigma"		Im With	Happy		Dragon-Z					Heartbeat				
9 PM	Movie: "Major League"	Disclosure	Auction	Nova "Spies That Fly"	Frasier (N)	The Guardian "Sparkle"	Biography: Eastwood	Jim	24 (N)	24 (N)	Goosebmp		Jim	How'd They Do That?	24 (N)	Movie: "Mad Love" (1995, Drama)	One Tree Hill (N)	Jimmy Kimmel Live (N)	Elimidate	
:30			Craftsman		Scrubs (N)			Less Than			Radio	WWE Raw	Scrubs (N)						5th Wheel	
10 PM	Movie: "U.S. Marshals" (1998) (PA)	The National	Britain From the Air	Health Matters	Law & Order	Judging Amy (N)	Cold Case Files	Super Millionaire (N)	Judging Amy (N)	News	Ready-Not		Law & Order	How-Made	News	Boy World	News	Movie: "Lara Croft: Tomb Raider" (2001)	Osbourne Show	
:30		News	Remittanc e Men	Charlie Rose (N)	News	News		News	News	The Mike Bullard Show	Addams		News	American Chopper	Becker	B. Leonard	Friends	Rockford Files		
11 PM	Movie: "U.S. Marshals" (1998) (PA)	Sports Pg.			Tonight	Late Show		Nightline			2 Point 4	Sports	News	Just Shoot	Smart Guy	Will-Grace				

WEDNESDAY, FEBRUARY 25, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"Baby Snatcher" (1992)	News	(Off Air)	Caillou (EI)	News	News	"Murder-Motive"	(5.00) News	News	(5.00) News (Live)	Uh Oh!	Sports	News	Daily Planet	Paid Prog.	Ripley	News	Maury	Hillbillies
:30		Gold Trails		Berenstein							Stickin	SportsCentre	Canada AM	Paid Prog.	Paid Prog.	Hoze			Hap Days
7 AM	Dawson's Creek	Life Today	Zoboo	Boohbah	Today Tim Robbins; Susan Shapiro.	Early Show	Murder, She Wrote	Good Morning America			George S.			Sharks-North	Mysteries	Mon Colle	News	CityLine	Matlock
:30		100 Huntley Street (N)	Bus	Teletubbs							Woody	Curling: Scott Tournament of Hearts - Draw 12. (Live)		How-Made	GRC	Gadget		The John Walsh Show	In the Heat of the Night
8 AM	Dawson's Creek	BluesClues	Barney	Hawaii	castoffs; casual dressing tips.					100 Huntley Street (N)	Rugrats			How-Made	Paid Prog.	Dalmatian			
:30		Nanalan'	HI-5	Clifford							Mona								
9 AM	Saved-Bell	Clifford	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Rupert		Regis and Kelly	Daily Planet	Fam. Feud	Franklin	Maury	News	Rockford Files
:30	Saved-Bell	Little Bear	Bear			Discover					Care Bears				Fam. Feud	Pooh		City	
10 AM	Cosby	The Price Is Right	Wumpa	Reading	Ellen DeGeneres Show	The Price Is Right	American Justice	The View (N)	World Vision	Body	Monsters		The View (N)	How'd They Do That?	Starting Over	JoJo Henrys	Jerry Springer (N)	Movie: "The Man Who Knew Too Little" (1997)	News
:30	Cosby		The Hoobs	Lions						MoneyWs	Monster	Pregame							
11 AM	Cosby	Hollywood	Japanese	Dragon	Frasier	Young and the Restless	"Murder Without Motive: Edmund Perry"	GRC	Crossing	News	Stickin	PGA Golf: WGC Accenture Match Play Championship - First Round. (Live)	Balance-TV	Robotech: What's Left	Montel Williams (N)	Chip-Dale Art Attack	Jerry Springer (N)	In the Heat of the Night	
:30	Fresh Pr.	Brown	English	Sit-Be Fit	M*A*S*H			Paid Prog.	MoneyWs	Train 48	Fly Rhino		Daily						
12 PM	Fresh Pr.	News	Surviving the Wild	Travels	Shop	News	Edmund Perry"	All My Children	News	Days of Our Lives	SpongeBob Hamtaro	Curling: Scott Tournament of Hearts - Draw 13. (Same-day Tape)	Balance-TV	Future Is Wild	Perry Mason	Fillmore	Maury	CityLine	Street
:30	Harvey			Antiques	Shop	Bold & B.							Bold & B.			Goof Troop			Street
1 PM	Harvey	Days of Our Lives	Thimbles	Painting	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	Care Bears	First Round. (Live)	Vicki G.	Storm Warning!	Justice	Teamo Osbourne Show	Relic Hunter	Cosby	Cosby
:30	Drew		Odysseys	Sewing							George S.		Vicki G.		Justice	Dalmatian			
2 PM	Drew	Judy	Histories	Mr Rogers	Passions	Guiding Light	Murder, She Wrote	General Hospital	Passions	Passions	Mona		General Hospital	Fear Fighters	Hughleys	Chip-Dale	Griffith	Nominees	Fresh Pr.
:30	Home Imp.	Body	Nonviolent	Sagwa							D'Myna				Dharma	House	Mysteries	Blind Date	Fresh Pr.
3 PM	Home Imp.	Coronatn	Sagwa	Arthur (EI)	Brown	Dr. Phil	City Confidential	Martha Stewart Living	Young and the Restless	Crossing	Pokemon	Sports	Dr. Phil	Prehistr Beast	Montel Williams	Timon	Jackie	News (Live)	Home Imp.
:30	Seinfeld	Starting Over	Creatures	Libertys	Brown					Young and the Restless	Jackie	Curling: Scott Tournament of Hearts - Draw 14. (Live)				Lilo Stitch	Static		Will-Grace
4 PM	Seinfeld	George S.	Cyberchas	Judy	Oprah Winfrey		American Justice	Home Imp.	Oprah Winfrey	News	Neutron	nt of Hearts - Draw 14. (Live)	Friends	Daily Planet	On Air Ryan	Weekend Recess	Pokemon	Seinfeld	Will-Grace
:30	Friends	King	Babar	Zoom (EI)	Judy			News					Friends				Yu-Gi-Oh!	Friends	Home Imp.
5 PM	Seinfeld	News	Jakers	News	News	News	Biography: Wood	News	News	News	Yu-Gi-Oh!	Hearts - Draw 13. (Same-day Tape)	News	Extreme	Simpsons	Proud	Sabrina	Star Trek: Enterprise	Movie: "The Man in the Moon" (1991)
:30			Art Attack	Business	NBC News	CBS News		ABC News	Global	Global	Beyblade		News	Industrial	King of Hill	Lizzie	Fresh Pr.		
6 PM	Ripley-Believe	Will-Grace	CG Kids	News-Lehrer	News	News	Amer. Justice	News	News	Train 48	SpongeBob	Curling: Scott Tournament of Hearts - Draw 14. (Live)	News	Unsolved History	Simpsons	All That	Raymond	The Bachelorette (Season Finale) (N)	News
:30		70s Show	Odysseys		Raymond	Hollywood				Entertain	Oddparent				70s Show	So Raven	Will-Grace		
7 PM	Movie: "Grosse Pointe Blank" (1997) (PA)	Fortune	Brahms Violin Concerto	Shakespeare	Jeopardy!	Seinfeld	City Confidential	Entertain	Entertain	Wild Card (N)	Mystery	Scott Tournament of Hearts - Draw 14. (Live)	eTalk Daily	Tornado Alley	Will-Grace	Even	Friends	News	Becker
:30		Jeopardy!			Fortune	Friends		Drew	Train 48		Yvon		Hollywood		70s Show	Radio Free	Raymond		
8 PM	Movie: "Major League"	Snakes & Ladders (N)	Art of Violin	American Masters "Judy Garland: By Myself" (N)	The Apprentice II	60 Minutes	Third Watch	My Wife	70s Show	70s Show	Dragon		Comer Gas Idol	Daily Planet	70s Show	Boy World	Smallville (N)	News	Becker
:30								Relative	Will-Grace	Will-Grace	Dragon-Z				Idol	Heartbeat			
9 PM	Movie: "Major League"	the fifth estate			The West Wing (N)	King Raymond	Biography: Wood	The Bachelorette (Season Finale) (N)	Wild Card (N)	News	Ready-Not		The West Wing (N)	Prehistr Beast	The O.C. (N)	Movie: "Dirty Rotten Scoundrels"	News	Jimmy Kimmel Live (N)	Elimidate
:30											Big Wolf								5th Wheel
10 PM	Back to the Minors" (DVS)	The National	French Night at the	Vintage Sinatra	(9-59) Law & Order (N)	48 Hours Investigate	Amer. Justice	Finale) (N)	Wild Card (N)	News	Big Wolf		(9-59) Law & Order (N)	Extreme	News	Boy World	News	Movie: "Rosewood" (1997, Drama)	Osbourne Show
:30		News								The Mike Bullard Show	Addams		News	Unsolved History	Becker	B. Leonard	Friends	Rockford Files	
11 PM	Ripley-Believe	Sports Pg.	Waldebuhne	Charlie Rose (N)	News	News	City Confidential	News	News		2 Point 4	SportsCentre (Live)	News	Just Shoot	Smart Guy	Will-Grace			

Regular Meetings

- * **Otter Valley Fish & Game Club** regular meetings 3rd Saturday of month, noon, at clubhouse
- * **Similkameen Christian Riders** meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- * **Princeton Writers Group** meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- * **Hospital Auxiliary** meets 2nd Monday each month at 2 pm Hospital board room
- * **PGH/Ridgewood Lodge Foundation** meets 2nd Monday, 12:15 Hospital Boardroom
- * **Hedley Library** open 2-7pm Thursdays
- * **Princeton Paintball Club** meets every Sunday at 10 a.m. Contact 295-0673
- * **Princeton Rifle and Revolver Club** meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- * **Princeton Fish & Game Club** meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- * **Princeton Chamber of Commerce** meets every 3rd Thursday at Chamber office 7 pm
- * **Legion Branch 56** meets 3rd Thursday of month 7:30 p.m. Legion Hall
- * **Princeton Motor Sports** meets the first Tuesday of month 5:30 pm Arena Mezzanine

Similkameen News Leader Community Calendar

FEBRUARY

- 24 - Fall Fair meeting 7 pm Town Hall
- 28 - Otter Valley ice fishing derby

MARCH

- 1 - Town Council meeting 7:30 pm
- 6 - Country Chapel Father's Table soup and coffee at noon
Princeton Figure Skating Club show
Keremeos/Cawston Sportsmans banquet
- 8 - Hospital Auxiliary meeting
- 9 - PXA meeting 7 pm Town Hall
- 15 - SPRING BREAK
Town Council meeting
- 27 - Hedley Talent Night and supper Community Hall 5 pm

APRIL

- 9 - GOOD FRIDAY
- 11 - EASTER SUNDAY
Chopaka Rodeo
Easter Fun Day at Don & Anna's Greenhouse

MAY

- 1 & 2 - Hedley Stamp Mill Days 100th anniversary
- 3 - Council meeting
- 9 - Mother's Day at the Grist Mill
- 15 - KEREMEOS "KRUNCHER" 50 km run
Otter Valley club clean-up
- 15, 16 - Princeton Canadian Pro Rodeo
- 22,23, 24 - Keremeos Elks Rodeo
Cathedral Lake Powwow
Hedley slowpitch tournament
- 29 - Otter Valley Pike Mtn. clean-up
Princeton Grad ceremonies
- 29,30 - Music Under the K at Keremeos

JUNE

- 5,6 - Spring Motorsports Festival
- 12,13 - Otter Valley Pike Mtn. Fishing Derby
Rotary Golf Tournament
- 20 - Coalmont-Princeton Run
Father's Day at the Grist Mill

JULY

- 1 - CANADA DAY
- 12, 13 - Keremeos Lions Carnival
- 24,25 - Keremeos Eagle Ultramarathon

thursday movies

MORNING

- 10:00 am CITY (29) ★★ ★ "La Bamba" (1987, Biography) Lou Diamond Phillips. A fact-based account of Ritchie Valens' (1941-59) rise to musical stardom before his death in a plane crash.
- 11:00 am A&E (9) ★★ ★ "Hearts on Fire" (1992, Drama) Lesley Ann Warren. Relations become strained when a woman discovers that her husband and her nurse have fallen in love with each other. (E)

AFTERNOON

- 5:00 pm WTBS (3) ★★ ★ "Jerry Maguire" (1996, Comedy-Drama) Tom Cruise. An ousted sports agent attempts to rebuild his career with the help of a loyal accountant and an egotistical athlete. (E)
- WGN (38) ★★ ★ "Taps" (1981, Drama) Timothy Hutton. Cadets take extreme measures to ensure the future of their financially strapped military academy. (E)

EVENING

- 6:00 pm CITY (29) ★★ "Marked Man" (1996, Suspense) Roddy Piper. A jailed auto mechanic must

run for his life after he witnesses the murder of a fellow inmate by two prison guards. (E)

- 8:00 pm FOX 41 ★★ "Lara Croft: Tomb Raider" (2001, Adventure) Angelina Jolie. Premiere. The virtual heroine seeks an ancient artifact that can control time in this adaptation of the popular computer game.
- 8:10 pm WTBS (3) ★★ ★ "It Could Happen to You" (1994, Comedy-Drama) Nicolas Cage. A patrolman draws fire from his greedy wife when he honors his promise to a waitress to split a lottery jackpot. (E)

9:00 pm FAM (26) ★★ ★ "The Ernest Green Story" (1993, Drama) Morris Chestnut. Based on the true story of a 1957 Arkansas teen who defied racism in pursuit of a better education. (In Stereo) (E)

- 10:06 pm CITY (29) ★★ ★ "La Bamba" (1987, Biography) Lou Diamond Phillips. A fact-based account of Ritchie Valens' (1941-59) rise to musical stardom before his death in a plane crash.

10:10 pm WTBS (3) ★★ ★ "Jerry Maguire" (1996, Comedy-Drama) Tom Cruise. An ousted sports agent attempts to rebuild his career with the help of a loyal accountant and an egotistical athlete. (E)

friday movies

- 10:00 am CITY (29) "Against Their Will: Women in Prison" (1994, Drama) Judith Light. An outraged woman decides to take action after she is sent to a prison where guards demand sexual favors from inmates.
- 11:00 am A&E (9) ★★ ★ "Shootdown" (1988, Drama) Angela Lansbury. A woman launches a search for the truth behind her son's death in the 1983 Korean Air Lines disaster. (E)

AFTERNOON

- 4:30 pm WGN (38) ★★ ★ "The Game" (1997, Suspense) Michael Douglas. A San Francisco investment banker experiences a wild ride when he gets involved in a bizarre form of entertainment.
- 5:00 pm WTBS (3) ★★ "Deep Rising" (1998, Horror) (PA) Treat Williams. A gang of looters discovers a deadly sea creature when they board a luxury liner littered with corpses. (E)
- A&E (9) ★★ ★ "Platoon" (1986, Drama) Tom Berenger. Premiere. Oliver Stone's personal experiences inspired this account of a soldier's tour of duty near the Cambodian border. (E)
- CITY (29) ★★ "Mercury Rising" (1998, Suspense) Bruce Willis. Premiere. A maverick FBI agent must protect a 9-year-old autistic child who broke a top-secret government code.

EVENING

- 7:00 pm WTBS (3) ★★ "Ghosts of Mars" (2001, Science Fiction) (PA) Ice Cube. On 2176 Mars, a police squad and their prisoner battle an evil

force that has possessed the workers of a mining colony. (E)

- 7:30 pm FAM (26) ★★ ★ "Spaceballs" (1987, Comedy) Mel Brooks. Premiere. Spacelopers come to the rescue of a planet threatened by the evil Dark Helmet in Mel Brooks' spoof of sci-fi movies.

8:00 pm KNOW (5) ★★ ★ "Young Winston" (1972, Biography) Simon Ward. Recounts Winston Churchill's early private and public life up to his election to the House of Commons in Parliament.

9:00 pm WTBS (3) ★★ "Deep Rising" (1998, Horror) (PA) Treat Williams. A gang of looters discovers a deadly sea creature when they board a luxury liner littered with corpses. (E)

A&E (9) ★★ ★ "Platoon" (1986, Drama) Tom Berenger. Oliver Stone's personal experiences inspired this account of a soldier's tour of duty near the Cambodian border. (E)

FAM (26) ★★ ★ "The Addams Family" (1991, Comedy) Anjelica Huston. Long-lost Uncle Fester returns home under suspicious circumstances in this big-screen adaptation of the cult TV series.

10:00 pm KSPS (6) ★★ ★ "The Yearling" (1946, Drama) Gregory Peck. Marjorie Kinnan Rawlings' poignant tale of a boy's love for his pet fawn and his parents' fight to tame the wilderness.

10:40 pm FAM (26) ★★ ★ "F/X" (1986, Suspense) Bryan Brown. A special-effects whiz becomes involved in espionage and murder after government agents hire him to fake a mob hit.

ICBC Autoplan Insurance

We've got it!

ALSO INSURANCE FOR YOUR HOME, FARM AND BUSINESS!



Pat Krastel
has the details!

ValleyFirst
INSURANCE SERVICES

8:30 AM - 5:00 PM

Monday - Friday

9:00 AM - 3:00 PM

Saturday

114 Tipton Avenue
Princeton
(250) 295-6200

Horoscopes

February 24 to March 2, 2004

ARIES - Although you feel well, you do have concerns about money and possessions. Another element of your mind has been stimulated, and you do some soul-searching about your life.

TAURUS - You may experience some sort of respiratory problem or other physical malaise due to misused energy. You need to be physically active now. As this week ends, you should start feeling much better.

GEMINI - You have a lot of mental agitation, probably in the form of worries. At the same time, your career is highlighted and demands attention. Home life runs smoothly. Watch out for flu.

CANCER - Travel connected with career or parents is still indicated this week. Your personal reputation is an area on which you need to focus. Errands, communications and the way you speak are favoured.

LEO - Matters dealing with property, insurance, investments and debts require your attention now. Be cautious about spending, as the good fortune you see now will not last past September.

VIRGO - You are busy, and your focus is on partnerships, which appear to be going well. Travel is very demanding, with problems.

LIBRA - Your health is good now, and friends and partners are good to you. You need to pay attention to problems which may arise in the area of mortgages, loans, investments, or estate matters.

SCORPIO - Your partner, spouse and close friends are somewhat outspoken and demanding of attention. Be patient. You can enjoy sports, creativity, and writing or communicating. Your health is good.

SAGITTARIUS - Home life is highlighted, along with family and parents. Your job is demanding and keeps you very busy. There is a lot of discussion and activity around home. Career is fine.

CAPRICORN - Communicating, running errands and news keeps you busy this week. Home life runs smoothly, but young people may be demanding. Your reputation is highlighted in a positive way. Enjoy.

AQUARIUS - You enjoy many pleasant short trips and enjoyable conversations. Your finances are where you need to focus your attention. What you own and your values need consideration.

PISCES - You are in your own element now and although you are very busy, your life has stability. Communications and errands demand a lot of energy. You are able to more fully express who you are now.

Similkameen News Leader Recipe Corner

Breath Buster Dog Biscuits

This biscuit is very hard if baked twice. I found it cleans my dog's teeth and has improved their breath to the point I don't melt down when they pant in my face.

- 1 cup uncooked white or brown rice
- 1/2 cup barley
- 4 1/2 cups whole wheat flour
- 2 cups cold water (add more if needed) to make slightly sticky texture (you can add 1 egg but reduce water)
- 2 cups long-cooking oatmeal
- I also add 2 tbsp greens powder (available at health food stores), which turns them green, but the dogs don't care and it's healthy for them.
- Divide into quarters and roll out dough to approximately 1 cm thickness. Cut into rectangles or use your favourite cookie cutter if you like. Be creative.
- Bake on a cookie sheet for 60 minutes at 350 degrees F.
- Cool and bake again at 350 degrees F. for about 35 minutes. Remove from oven when they turn light brown.
- YIELD:** around 100 small biscuits or 50 large biscuits.

If you have a favourite recipe you would like to share,
contact us for details!

226A Bridge Street, Princeton

THURSDAY, FEBRUARY 26, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	"Major League: Minors"	News	(Off Air)	Caillou (EI)	News (E)	News	Movie: "Hearts on Fire"	(5:00) News (E)	News (E)	(5:00) News (Live) (E)	Uh Oh!	SportsCenter (E)	News (E)	Daily Planet (E)	GRC	Ripley	News (E)	Maury (E)	Hillbillies
7 AM :30	Dawson's Creek (E)	Life Today	Zoboo	Boohbah	Today Style-watch (E)	Early Show (E)	Murder, She Wrote (E)	Good Morning America (E)			George S.	SportsCenter (E)	Canada AM (E)	Future Is Wild (E)	Mysteries	Mon Colle	News (E)	CityLine (E)	Matlock (E)
8 AM :30	Dawson's Creek (E)	100 Huntley Street (N)	Magic Bus	Teletubbs			Murder, She Wrote (E)			100 Huntley Street (N)	Rugrats	Curling: Scott Tournament of Hearts - Draw 15. (Live)	Extreme	Paid Prog.	Gadget		The John Walsh Show	In the Heat of the Night	
9 AM :30	Saved-Bell	Clifford	Little Bear	Sesame Street (EI)		Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (N)	Listen Up	Rupert	Record	Regis and Kelly	Daily Planet (E)	Fam. Feud	Franklin	Maury (E)	News (E)	Rockford Files
10 AM :30	Cosby (E)	The Price Is Right (E)	Wumpa	Reading	Ellen DeGeneres Show	The Price Is Right (E)	American Justice	The View (N) (E)	World Vision	MoneyWs	Monsters	Bowling: Men's 10-Pin.	The View (N) (E)	Prehistoric Beast	Starting Over (E)	JoJo	Jerry Springer (N) (E)	Movie: "La Bamba" (1987) Lou Diamond Phillips.	News (E)
11 AM :30	Cosby	Hollywood	Chance	Dragon	Frasier	Young and the Restless	Movie: "Hearts on Fire" (1992), Tom Skerritt (E)	Paid Prog.	Crossing	News (E)	Stickin	Curling: Scott Tournament of Hearts - Draw 16. (Live)	Balance-TV	Thrill Rides	Montel Williams (N)	Chip-Dale	Jerry Springer (E)	In the Heat of the Night	
12 PM :30	Fresh Pr.	News (E)	History	Travels	Shop	News	All My Children	News (E)	Days of Our Lives (E)	SpongeBob	Curling: Scott Tournament of Hearts - Draw 16. (Live)	Balance-TV	Profiles of Nature (E)	Perry Mason	Fillmore	Maury (E)	CityLine (E)	Street	
1 PM :30	Harvey	Days of Our Lives (E)	Leading	One Stroke	Days of Our Lives (E)	As the World Turns	Murder, She Wrote (E)	One Life to Live (E)	As the World Turns	Care Bears	George S.	General Hospital (E)	Vicki G.	Unsolved History (E)	Justice	Teamo	Osbourne Show	Relic Hunter (E)	Cosby
2 PM :30	Drew	Judy	Designer	Mr Rogers	Passions (E)	Guiding Light (E)	Murder, She Wrote (E)	General Hospital (E)	Passions (E)	Mona	D'Myna	General Hospital (E)	General Hospital (E)	Tornado Alley	Hughleys	Chip-Dale	Griffith	Nominees	Fresh Pr.
3 PM :30	Home Imp.	Body	Ports to	Sagwa															
4 PM :30	Home Imp.	Coronatin	Sagwa	Arthur (EI)	Brown	Dr. Phil	City Confidential (E)	Martha Stewart Living	Young and the Restless	Crossing	Pokemon	PGA Golf: WGC Accenture Match Play Championship - Second Round.	Dr. Phil	Ultimate Ten (E)	Montel Williams (E)	Timon	Jackie	News (Live) (E)	Home Imp.
5 PM :30	Movie: "Jerry Maguire"	News (E)	Paddington	News	News (E)	News	Cold Case Files A tool mark solves a murder.	News (E)	News (E)	News (E)	Yu-Gi-Oh!		News (E)	Ultimate Guide	Simpsons	Proud	Sabrina	Movie: "Taps" (1981) Timothy Hutton. (E)	
6 PM :30	(1996) Tom Cruise, Cuba	Will-Grace	Leading	News-Lehrer	News (E)	News		News (E)	News (E)	Train 48	SpongeBob		News (E)	Human Endur.	Simpsons	All That	Raymond	Movie: "Marked Man" (1996) Roddy Piper. (E)	
7 PM :30	Gooding Jr. (E)	Fortune	Wine	Ballykissangel (E)	Jeopardy!	Seinfeld	With Malice "Rubbish"	Entertain	Entertain	Friends (N)	Robot	Curling: Scott Tournament of Hearts - Draw 17. (Live)	eTalk Daily	Beyond Invention (E)	Will-Grace	Even	Friends	Raymond	News (E)
8 PM :30	(8:10) Movie: "It Happen to You" (1994) (E)	Stargate SG-1	Bryn Terfel	Murder in Mind	Friends (N)	Survivor: All-Stars (N)	Third Watch (E)	The Bachelor (E)	Survivor: All-Stars (N)	Survivor: All-Stars (N)	Dragon	Goosebump	Comedy	Daily Planet (E)	Movie: "Lara Croft: Tomb Raider" (2001) (E)	Boy World	Big Time	News (E)	Becker
9 PM :30	Movie: "Jerry Maguire" (1996) Tom Cruise. (E)	Stargate SG-1	Gold and Silver Gala	Frontline "The Invasion of Iraq" (N) (E)	The Apprentice (N) (E)	CSI: Crime Scn	Cold Case Files A tool mark solves a murder.	Extreme Makeover (N)	The Apprentice (N) (E)	The Apprentice (N) (E)	Radio	PGA Golf: Chrysler Clisc.	CSI: Crime Scn	Ultimate Ten (E)	News	Movie: "The Ernest Green Story"	The Surreal Life (E)	Jimmy Kimmel Live (N)	Elimidate
10 PM :30	Movie: "Jerry Maguire" (1996) Tom Cruise. (E)	The National (E)	Jose Cura		(9:59) ER (N) (E)	Without a Trace (N)		Super Millionaire (N)	Without a Trace (N)	Without a Trace (N)	Ready-Not		(9:59) ER (N) (E)	Ultimate Guide	Will-Grace	Boy World	News (E)	Movie: "La Bamba" (1987) Lou Diamond Phillips.	Osbourne Show
11 PM :30	Movie: "Jerry Maguire" (1996) Tom Cruise. (E)	News (E)	Children First	Charlie Rose (N) (E)	News (E)	News	With Malice "Rubbish"	News (E)	News (E)	The Mike Bullard Show	Addams	SportsCenter (Live) (E)	News (E)	Human Endur.	Becker	B. Leonard	Friends	Will-Grace	Rockford Files

FRIDAY, FEBRUARY 27, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	"It Could Happen"	News	(Off Air)	Caillou (EI)	News (E)	News	Movie: "Shootdown"	(5:00) News (E)	News (E)	(5:00) News (Live) (E)	Uh Oh!	SportsCenter (E)	News (E)	Daily Planet (E)	Paid Prog.	Ripley	News (E)	Maury (E)	Hillbillies
7 AM :30	Dawson's Creek (E)	Life Today	Zoboo	Boohbah	Today U.S. Women's Gymnastics Team. (E)	Early Show (E)	Murder, She Wrote (E)	Good Morning America (E)			George S.	SportsCenter (E)	Canada AM (E)	Profiles of Nature (E)	The Littles	Mon Colle	News (E)	CityLine (E)	Matlock (E)
8 AM :30	Dawson's Creek (E)	100 Huntley Street (N)	Magic Bus	Teletubbs			Murder, She Wrote (E)			100 Huntley Street (N)	Rugrats	SportsCenter (E)		Invention	Paid Prog.	Gadget		The John Walsh Show	In the Heat of the Night
9 AM :30	Saved-Bell	Clifford	Little Bear	Sesame Street (EI)		Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (N)	World Vision	Rupert	Record	Regis and Kelly	Daily Planet (E)	Fam. Feud	Franklin	Maury (E)	News (E)	Rockford Files
10 AM :30	Cosby (E)	The Price Is Right (E)	Wumpa	Reading	Ellen DeGeneres Show	The Price Is Right (E)	American Justice	The View (N) (E)	World Vision	Body	Monsters	Timberspt	The View (N) (E)	Ultimate Ten (E)	Starting Over (E)	JoJo	Jerry Springer (N) (E)	Movie: "Against Their Will: Women in Prison" (1997) Michael Douglas, Sean Penn. (E)	News (E)
11 AM :30	Cosby	Hollywood	Fitness	Dragon	Frasier	Young and the Restless	Movie: "Shootdown" (1988)	Paid Prog.	Crossing	News (E)	Stickin	Curling: Team Schmirtler	Balance-TV	Fear Fighters (E)	Montel Williams (N)	Chip-Dale	Jerry Springer (E)	In the Heat of the Night	
12 PM :30	Fresh Pr.	News (E)	Parks	Travels	Shop	News	Angela Lansbury	All My Children	News (E)	Days of Our Lives (E)	SpongeBob	Curling: Scott Tournament of Hearts - Playoff. (Live)	Balance-TV	Rocket Science (E)	Perry Mason	Fillmore	Maury (E)	CityLine (E)	Street
1 PM :30	Harvey	Days of Our Lives (E)	Home	Watercolor	Days of Our Lives (E)	As the World Turns	Murder, She Wrote (E)	One Life to Live (E)	As the World Turns	Care Bears	George S.	General Hospital (E)	Vicki G.	Human Endur.	Justice	Teamo	Osbourne Show	Relic Hunter (E)	Cosby
2 PM :30	Drew	Total Home	Gaslight	Mr Rogers	Passions (E)	Guiding Light (E)	Murder, She Wrote (E)	General Hospital (E)	Passions (E)	Mona	D'Myna	General Hospital (E)	General Hospital (E)	Ultimate Guide	Hughleys	Chip-Dale	Griffith	Nominees	Fresh Pr.
3 PM :30	Home Imp.	Red Green	Sagwa	Arthur (EI)	Brown	Dr. Phil	City Confidential (E)	Martha Stewart Living	Young and the Restless	Crossing	Pokemon	PGA Golf: WGC Accenture Match Play Championship - Third Round. (Same-day Tape)	Dr. Phil	More Extremes	Montel Williams (E)	Timon	Jackie	News (Live) (E)	Home Imp.
4 PM :30	Seinfeld	Starting Over (E)	George S.	Cyberchas	Judy	Oprah Winfrey (E)	American Justice	Home Imp.	Oprah Winfrey (E)	Young and the Restless	Oddparent	Match Play Championship - Third Round. (Same-day Tape)	Friends	Daily Planet (E)	On Air Ryan	Weekend	Pokemon	Seinfeld	Will-Grace
5 PM :30	Movie: "Deep Rising" (1998) (PA) Treat Williams.	News (E)	Jakers	News	News (E)	News	Movie: "Platoon" (1986) Tom Berenger. Premiere.	News (E)	News (E)	News (E)	Yu-Gi-Oh!		News (E)	Forensic Evidence (E)	Simpsons	Proud	Sabrina	Movie: "Mercury Rising" (1998) Bruce Willis. (E)	
6 PM :30	Movie: "Ghosts of Mars" (2001) (PA) Ice Cube.	Will-Grace	My Home.	News-Lehrer	News (E)	News		News (E)	News (E)	Entert'n	SpongeBob		News (E)	Exhibit A	Simpsons	Amanda	Raymond	Will-Grace	News (E)
7 PM :30	Movie: "Ghosts of Mars" (2001) (PA) Ice Cube.	Fortune	Gaslight	Wash Wk	Jeopardy!	Seinfeld	Airline (E)	Entertain	Entertain	The Outer Limits	Yu-Gi-Oh!	Curling: Scott Tournament of Hearts - Playoff. (Live)	eTalk Daily	The FBI Files (E)	Will-Grace	Teen Angel	Friends	Relic Hunter (E)	News (E)
8 PM :30	Movie: "Ghosts of Mars" (2001) (PA) Ice Cube.	Air Farce	Movie: "Young Winston" (1972, Biography) Simon Ward, Robert Shaw.	McLaughlin	Dateline NBC (E)	Joan of Arcadia (N)	Third Watch (E)	Lopez	Wild Card (N)	Gilmore Girls (N)	Dragon	Dragonball	Joan of Arcadia (N)	Daily Planet (E)	The Great American Celebrity	"Spaceballs" (1987, Comedy)	Reba (E)	News (E)	Becker
9 PM :30	Movie: "Deep Rising" (1998) (PA) Treat Williams.	Red Green	(1972, Biography) Simon Ward, Robert Shaw.	Now With Bill Moyers		JAG (N) (DVS)	Movie: "Platoon" (1986) Tom Berenger.	Hope	Celebrity Gravesites	Boston Public (E)	Spider-Man	PGA Golf: Chrysler Clisc.	Charmed (E)	Sex Files	Spelling Bee (N)	Movie: "The Addams Family" (1991)	Grounded for Life (N)	Jimmy Kimmel Live (N)	Elimidate
10 PM :30	Movie: "Ghosts of Mars" (2001) (PA) Ice Cube.	The National (E)	Wycliffe "Charades"	Movie: "The Yearling" (1946) Gregory Peck.	Third Watch (N)	48 Hours Investigate		Super Millionaire (N)	The Outer Limits (E)	News (E)	Inuyasha	Chrysler Clisc.	Third Watch (N)	Forensic Evidence (E)	Will-Grace	News	Movie: "FX" (1986) Bryan Brown.	Friends	Osbourne Show
11 PM :30	Movie: "Ghosts of Mars" (2001) (PA) Ice Cube.	News (E)			News (E)	News	Airline (E)	News (E)	News (E)	The Mike Bullard Show	ReBoot	SportsCenter (Live) (E)	News (E)	Exhibit A	Becker	Just Shoot	Will-Grace	Rockford Files	

saturday movies

MORNING

8:00 am WTBS (3) ★★½ "Soapdish" (1991, Comedy) Sally Field. A soap opera queen's personal life falls apart while a devious rival tries to sabotage her career. [CC]

10:15 am WTBS (3) ★★½ "Baby Boom" (1987, Comedy) Diane Keaton. A high-powered executive's lifestyle is severely cramped when she takes on the care of a distantly related baby girl. [CC]

11:00 am WGN (38) ★★½ "Cadillac Man" (1990, Comedy) Robin Williams. A car salesman's womanizing ways get the better of him when an armed husband lays siege to his dealership. (In Stereo) [CC]

AFTERNOON

12:00 pm FAM (26) ★★ "The Cheetah Girls" (2003, Comedy-Drama) Raven. Four teens hold on to their dream of musical fame while navigating the twists and turns of their normal lives.

12:30 pm WTBS (3) ★½ "Home Alone 3" (1997, Comedy) (PA) Alex D. Linz. A quick-witted 8-year-old makes life miserable for four high-tech spies trying to recover a top-secret computer chip. [CC]

CITY (29) ★★½ "Ghostbusters" (1984, Comedy) Bill Murray. Free-lance ghost fighters meet big-time poltergeists when a demon tries to reach Earth through a Manhattan high-rise. [CC]

1:00 pm A&E (9) ★★½ "Platoon" (1986, Drama) Tom Berenger. Oliver

Stone's personal experiences inspired this account of a soldier's tour of duty near the Cambodian border. [CC]

FOX (25) ★★ "Ace Ventura: When Nature Calls" (1995, Comedy) Jim Carrey. The pet detective is called upon to retrieve a sacred white bat that can stop a war between African tribes.

1:33 pm FAM (26) ★½ "Theodore Rex" (1996, Comedy) Whoopi Goldberg. A wisecracking detective is saddled with a talking dinosaur partner to help her solve a high-profile murder case.

4:00 pm WTBS (3) ★★ "Kindergarten Cop" (1990, Comedy) Arnold Schwarzenegger. A tough cop faces an onslaught of children while posing as a teacher to locate a ruthless drug lord's estranged family. [CC]

YTV (18) ★★½ "The Secret of NIMH" (1982, Fantasy) Voices of Dom DeLuise. Animated. A society of genetically altered rats comes to the aid of a mouse whose family is threatened by civilization. [CC]

4:30 pm WGN (38) ★★½ "The Game" (1997, Suspense) Michael Douglas. A San Francisco investment banker experiences a wild ride when he gets involved in a bizarre form of entertainment. (In Stereo) [CC]

5:00 pm KTLA (27) ★★½ "The Birdcage" (1996, Comedy) Robin Williams. The arrival of his son's future in-laws forces a gay nightclub owner and his lover to pose as husband and wife. (In Stereo)

EVENING

6:00 pm WTBS (3) ★★ "Blast From the Past" (1999, Comedy) Brendan Fraser. A young man experiences culture shock as he navigates 1998 suburbia after spending his whole life in a bomb shelter. [CC] (DVS)

7:30 pm KTLA (27) ★★½ "City Slickers II: The Legend of Curly's Gold" (1994, Comedy) Billy Crystal. The late Curly's twin brother joins Mitch and friends for a rough-and-tumble horseback search for hidden treasure. (In Stereo)

8:00 pm WTBS (3) ★½ "Home Alone 3" (1997, Comedy) (PA) Alex D. Linz. A quick-witted 8-year-old makes life miserable for four high-tech spies trying to recover a top-secret computer chip. [CC]

KSPS (6) ★★½ "The Rainmaker" (1956, Drama)

Burt Lancaster. A Southwestern spinster's loveless life is rejuvenated when a con man descends on her father's drought-ridden ranch.

KXLY (10) ★★½ "Forrest Gump" (1994, Comedy-Drama) Tom Hanks. A simple-minded Southern man's innocent nature propels him through major events of recent American history. (In Stereo) [CC]

YTV (18) "Susie Q" (1996, Fantasy) Justin Whalin. After his family moves into an old house, a teenager becomes fast friends with a ghost who needs an important favor. [CC]

9:00 pm FAM (26) ★★½ "Benny & Joon" (1993, Drama) Aidan Quinn. The brother of a mentally ill young woman becomes concerned when an eccentric newcomer and his sister fall in love.

CITY (29) ★★½ "Get Bruce!"

(1999, Documentary) Whoopi Goldberg, Billy Crystal and others pay tribute to the man who has collaborated on some of their best material.

10:00 pm WTBS (3) ★★½ "Funny Farm" (1988, Comedy) Chevy Chase. A sportswriter leaves the big-city life for what he hopes will be a bucolic existence in small-town New Hampshire. [CC]

10:35 pm CITY (29) ★★½ "Ghostbusters" (1984, Comedy) Bill Murray. Free-lance ghost fighters meet big-time poltergeists when a demon tries to reach Earth through a Manhattan high-rise. [CC]

10:45 pm FAM (26) ★★½ "Being There" (1979, Comedy-Drama) Peter Sellers. A simple-minded man, whose only knowledge of the world is from TV, is mistaken for a genius by tycoons and politicians.

LEGEND TO THE TV LISTINGS

Normal Months
September - June

"Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Normal Months code.

Off Peak
WHITE BACKGROUND

On Peak
BLACK BACKGROUND

P.A.S.S. Energy Management Services

Princeton Light & Power
231 Bridge Street, Princeton
Phone (250) 295-3244
Fax (250) 295-3611

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MIDNIGHT							
1:00 AM							
2:00 AM							
3:00 AM							
4:00 AM							
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12 NOON							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							
9:00 PM							
10:00 PM							
11:00 PM							

saturday movies

MORNING

6:30 am WTBS (3) ★★ "Beaches" (1988, Drama) Bette Midler. Two women with different upbringings and lifestyles manage to keep their friendship intact through 30 turbulent years. [CC]

9:00 am A&E (9) ★★½ "Platoon" (1986, Drama) Tom Berenger. Oliver Stone's personal experiences inspired this account of a soldier's tour of duty near the Cambodian border. [CC]

9:15 am WTBS (3) ★ "Wrongfully Accused" (1998, Comedy) Leslie Nielsen. A classical violinist takes the fall for his benefactor's murder and tries to clear his name while on the run. [CC]

10:00 am FOX (25) ★★½ "Michael Collins" (1996, Drama) Liam Neeson. A charismatic Irishman steps up his country's bloody campaign to break the yoke of British rule. Based on a true story.

WGN (38) ★★½ "The Man in the Moon" (1991, Drama) Sam Waterston. A 14-year-old's envy of her older sister takes on a new slant when the neighbor she has a crush on prefers her sibling. (In Stereo) [CC]

11:00 am WTBS (3) ★★½ "Mr. Destiny" (1990, Comedy) James Belushi. A mysterious stranger helps a man redirect his mediocre existence by altering the outcome of a long-ago baseball game. [CC]

VTV (22) ★★½ "Four Weddings and a Funeral" (1994, Comedy) Hugh Grant. A love-struck Brit carries a torch through several ceremonial events for an American woman he met at a wedding.

AFTERNOON

12:00 pm FAM (26) ★★½ "Tru Confessions" (2002, Drama) Clara Bryant. A teenager gets closer to her developmentally disabled twin while producing a documentary about him. (In Stereo) [CC]

WGN (38) "Custody of the Heart" (2000, Drama) Lorraine Bracco. A successful businesswoman is shocked when her stay-at-home husband seeks a divorce and custody of their children. (In Stereo) [CC]

12:05 pm YTV (18) ★★ "The Secret of NIMH 2: Timmy to the Rescue" (1998, Adventure) Voices of Dom DeLuise. Animated. A young field mouse leaves the safety of his home to rescue some captive laboratory mice. [CC]

12:30 pm FOX (25) ★★½ "The Game" (1997, Suspense) Michael Douglas. A San Francisco investment banker experiences a wild ride when he gets involved in a bizarre form of entertainment.

1:00 pm WTBS (3) ★½ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend. [CC]

1:25 pm FAM (26) ★½ "A Ring of Endless Light" (2002, Drama) Mischa Barton. Based on the novel by Madeleine L'Engle. A teenager who can communicate with dolphins has an extraordinary summer. (In Stereo) [CC]

2:00 pm YTV (18) ★★ "Richie Rich" (1994, Comedy) Macaulay Culkin. The world's wealthiest youngster uncovers a villainous executive's scheme to cash in on the Rich family fortune. [CC]

2:30 pm CHBC (4) ★★½ "Tarzan" (1999,

Adventure) Voices of Tony Goldwyn. Disney's animated version of Edgar Rice Burroughs' tale of a human orphan who grows up within a clan of apes. [CC]

3:00 pm WTBS (3) ★★ "Kindergarten Cop" (1990, Comedy) Arnold Schwarzenegger. A tough cop faces an onslaught of children while posing as a teacher to locate a ruthless drug lord's estranged family. [CC]

4:05 pm YTV (18) ★★½ "Stuart Little" (1999, Comedy) Geena Davis. Based on the book by E.B. White. Two human parents adopt a mouse as a little brother for their son.

5:00 pm WTBS (3) ★★½ "Little Nicky" (2000, Comedy) Adam Sandler. The devil's kindhearted son is sent to retrieve his two evil brothers before they raise hell on Earth. [CC]

A&E (9) ★★½ "Dirty Harry" (1971, Drama) Clint Eastwood. Premiere. A police detective defies his superiors and gambles with innocent lives to capture a sniper terrorizing San Francisco. [CC]

EVENING

6:00 pm CITY (29) ★★½ "Rules of Engagement" (2000, Drama) Tommy Lee Jones. An old friend defends a Marine officer accused of ordering his troops to fire on unarmed Arab civilians. (In Stereo) [CC] (DVS)

6:30 pm WTBS (3) ★★½ "The Cable Guy" (1996, Comedy) Jim Carrey. An architect pays a heavy price when he begins a friendship with an unhinged employee of a cable television company. [CC]

7:00 pm FOX (25) ★★ "Star Wars: Episode I -- The Phantom Menace" (1999, Science Fiction) Liam Neeson. A Jedi master and an apprentice named Obi-Wan

Kenobi meet a slave boy who may be the fulfillment of an ancient prophecy. (In Stereo) [CC] (DVS)

8:00 pm KTLA (27) ★★½ "Willy Wonka and the Chocolate Factory" (1971, Fantasy) Gene Wilder. A world-famous confectioner offers a lifetime supply of candy to the five winners of a treasure hunt. (In Stereo) [CC]

8:30 pm WTBS (3) ★½ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend. [CC]

9:00 pm KREM (8) ★★½ "Rules of Engagement" (2000, Drama) Tommy Lee Jones. An old friend defends a Marine officer accused of ordering his troops to fire on unarmed Arab civilians. (In Stereo) [CC] (DVS)

A&E (9) ★★½ "Dirty Harry" (1971, Drama) Clint

Eastwood. A police detective defies his superiors and gambles with innocent lives to capture a sniper terrorizing San Francisco. [CC]

FAM (26) ★★½ "Gone With the Wind" (1939, Drama) Clark Gable. A fiery Southern belle struggles to return her family's estate to its original magnificence after the Civil War.

10:30 pm WTBS (3) ★★½ "The Cable Guy" (1996, Comedy) Jim Carrey. An architect pays a heavy price when he begins a friendship with an unhinged employee of a cable television company. [CC]

11:30 pm CITY (29) ★★½ "Rules of Engagement" (2000, Drama) Tommy Lee Jones. An old friend defends a Marine officer accused of ordering his troops to fire on unarmed Arab civilians. (In Stereo) [CC]

Why Not Pick-Up the News Leader at the News Leader?

Similkameen News Leader purchased weekly at a news stand costs \$ 38.25 a year.

Pick it up weekly at our office and pay only \$ 26.75!

Seniors pay only \$ 21.75!

See us for details at 226A Bridge Street, Princeton

SATURDAY, FEBRUARY 28, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Movie: "Funny Farm"	News	(Off Air)	Globe Trekker	(5:00) Today	Saturday Early Show	(4:30) "American Gigolo"	Good Morning Northwest	Real Kids	Prairie	Uh Oh!	SportsCentre	OWLTV Kingdom	Daily Planet	Cosby	Ripley	Paid Prog.	Indo	Paid Prog.
7 AM :30	Ripley-Believe	Prairie	Elliot	Field Guide	News	Thornberry	Old House	Saturday	News	News (Live)	Beasties	Fishing	Katie-Orble	Rocket Science	Cubix	Rangers	Jackie	Eye on Asia (In Hindi)	Paid Prog.
8 AM :30	Movie: "Soapdish" (1991)	Outdoor	BluesClues	Router		ChalkZone	Ask This	Lilo Stitch			Medabots	PGA Golf: WGC Accenture Match Play Championship - Quarterfinals (Live)	Good Morning Canada	Forensic Evidence	Kirby	Lizzie	Titans	Polish Studio	Paid Prog.
9 AM :30	Sally Field	POV Sport	Zoboo	Workshop		Dora	Makeover	Fillmore			Jackie		Daily Planet	Daily Planet	Sonic X (N)	All That	Pokemon	Decoys	Soul Train
10 AM :30	Movie: "Baby Boom" (1987) Diane Keaton, Sam Shepard	Bowling	Little Bear	Ask This	Shark	Skating	Love, Hollywood Style	Lizzie	Pet Guys	Games	Titans		Daily Planet	More Extremes	Ult. Muscle	So Raven	Yu-Gi-Oh!		Fresh Pr.
11 AM :30	(1997) Diane Keaton, Sam Shepard	Bobsledding	Sew Fun	Ming	Paid Prog.	College Basketball: Regional Coverage		So Raven	Strange	Strange	X Men		Nikon	Exhibit A	Paid Prog.	Teen Angel	The Littles		Movie: "Cadillac Man" (1990)
12 PM :30	Movie: "Home Alone 3" (1997) (PA) Alex D. Linz	Snowboarding	Thimbles	Garden	Snowboarding	With Malice	PGA Golf: WGC Accenture Match Play Championship - Semifinals (Live)	Rangers	World Vsn	Pet Guys	He-Man	Golf	Discover the World	The FBI Files	Dharma	Movie: "The Cheetah Girls" (2003)			Robin Williams
1 PM :30	Home Imp.	Powerboat	Swap TV	MotorWeek	Athlete	Discover	Parole Board	Teens	Teens	Ride Guide	Top 10	PGA Golf: WGC Accenture Match Play Championship - Semifinals (Live)	Eagle	American Chopper	Movie: "Ace Ventura: When Nature Calls" (1995)				Mutant X (N)
2 PM :30	Friends	Hockey	Mechanics	Great Cars	Tutenstein	Discover		Miller	Will-Grace	'70s Show	Boy		Balance-TV	American Hot Rod	Movie: "Theodore Rex" (1996)			The Lost World	Andromeda (N)
3 PM :30	Movie: "Kindergarten Cop" (1990, Comedy)	NHL Hockey: New Jersey Devils at Toronto	Babar	Vets	Trading	The West Wing	City Confidential	College Basketball: Oregon at Stanford (Live)	Just Shoot	Simpsons	Movie: "The Secret of NIMH" (1982)	Sports	Mysterious Ways	Frontiers of	The Outer Limits	Proud		Andromeda (N)	Movie: "The Game" (1997)
4 PM :30	Maple Leafs (Live)	Parks	Lawrence Welk Show	Undersea	News	News	Cold Case Files	News	News	Body	Zixx	Curling: Scott Tournament of Hearts - Semifinal (Live)	News	Monster Garage	Simpsons	Teen Angel		Robin Williams, Gene Hackman	2004 Screen Actors Guild Awards
5 PM :30	Movie: "Blast From the Past" (1999) (DVS)	NHL Hockey: St. Louis Blues at Vancouver Canucks	Heartbeat	Movie: "The Rainmaker" (1956, Drama)	Morgan	Star Search (ITV)	Whoopi	Andromeda (N)	King	City Confidential	Entertainment Tonight	Andromeda (N)	Sue Thomas: F.B. Eye	World Records	Cops (N)	Honey		"City Slickers II: The Legend of Curly's Gold" (1994)	News
6 PM :30	Movie: "Home Alone 3" (1997) (PA) Alex D. Linz	Hockey	Touch of Frost "Not With Kindness"	Lancaster	Law & Order	The District (N)	Cold Case Files	Body	Andromeda (N)	Andromeda (N)	Mystery	Andromeda (N)	Law & Order	Monster Garage	America's Most Wanted	Movie: "Benny & Joon" (1993)		News	Movie: "Get Bruce!" (1999)
7 PM :30	Movie: "Funny Farm" (1988) Chevy Chase	News	Montreal Jazz	Austin City Limits	News	News	City Confidential	The Shield (N)	The Shield (N)	Hit List		SportsCentre (Live)	Law & Order	American Chopper	Unexplained Mysteries	Movie: "Being There" (1979)			Movie: "Ghostbusters" (1984)
8 PM :30	Movie: "Kindergarten Cop" (1990, Comedy)	NHL Hockey: St. Louis Blues at Vancouver Canucks	Heartbeat	Movie: "The Rainmaker" (1956, Drama)	Morgan	Star Search (ITV)	Whoopi	Andromeda (N)	King	City Confidential	Entertainment Tonight	Andromeda (N)	Sue Thomas: F.B. Eye	World Records	Cops (N)	Honey		"City Slickers II: The Legend of Curly's Gold" (1994)	News
9 PM :30	Movie: "Home Alone 3" (1997) (PA) Alex D. Linz	Hockey	Touch of Frost "Not With Kindness"	Lancaster	Law & Order	The District (N)	Cold Case Files	Body	Andromeda (N)	Andromeda (N)	Mystery	Andromeda (N)	Law & Order	Monster Garage	America's Most Wanted	Movie: "Benny & Joon" (1993)		News	Movie: "Get Bruce!" (1999)
10 PM :30	Movie: "Funny Farm" (1988) Chevy Chase	News	Montreal Jazz	Austin City Limits	News	News	City Confidential	The Shield (N)	The Shield (N)	Hit List		SportsCentre (Live)	Law & Order	American Chopper	Unexplained Mysteries	Movie: "Being There" (1979)			Movie: "Ghostbusters" (1984)
11 PM :30	Movie: "Kindergarten Cop" (1990, Comedy)	NHL Hockey: St. Louis Blues at Vancouver Canucks	Heartbeat	Movie: "The Rainmaker" (1956, Drama)	Morgan	Star Search (ITV)	Whoopi	Andromeda (N)	King	City Confidential	Entertainment Tonight	Andromeda (N)	Sue Thomas: F.B. Eye	World Records	Cops (N)	Honey		"City Slickers II: The Legend of Curly's Gold" (1994)	News

SUNDAY, FEBRUARY 29, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	"Multi"	News	(Off Air)	Jakers	Today	CBS News Sunday Morning	Breakfast With the Arts	Hour of Power	Mechanics	Travel	Uh Oh!	SportsCentre	Acorn Kids	Frontiers of	Paid Prog.	Ripley	Pacesetter	Mix TV (In Russian)	Hillbillies
7 AM :30	Movie: "Beaches" (1988) Bette Midler, Barbara Hershey	In Touch Ministries	Hi-5	Angelina	Safari	Nation	America's Castles	News	Entertainment Tonight	Fishing	Pinky	PGA Golf: WGC Accenture Match Play Championship - Final (Live)	Good Morning Canada	MythBusters	The Littles	Rangers	Key-David	Eye on Asia (In Hindi)	Home Imp.
8 AM :30	Impe	BluesClues	Real	Meet the Press	Discover	Discover	Star Treatment		News	TribalTrail	Powerpuff	PGA Golf: WGC Accenture Match Play Championship - Final (Live)	MythBusters	Fox News Sunday	Lizzie	Amazing	Eye-Asia	Fresh Pr.	
9 AM :30	(9:15) Movie: "Wrongfully Accused" (1998)	Powerboat	Zoboo	College	Paid Prog.	College Basketball: Ohio State at Michigan	Movie: "Platoon" (1986) Tom Berenger	This Week With George		Hour of Power	Neutron	Neutron	Eagle	Daily Planet	Paid Prog.	All That	Feed	Johnny Lombardi's Festival	BeastMaster
10 AM :30	Movie: "Mr. Destiny" (1990) James Belushi	On Road	Little Bear	Spokane	Paid Prog.	State at Michigan	House of Dreams	6 Second	MoneyWs	Nutrition	SpongeBob	Motoring	World Vsn	Animal	Movie: "Michael Collins" (1996) Liam Neeson, Aidan Quinn	So Raven	Paid Prog.	Italiano (In Italian)	Movie: "The Man in the Moon" (1991)
11 AM :30	Movie: "Son-in-Law" (1993) Pauly Shore	Gold Trails	Ma Murray	Golden Apple Awards			Ask This		Hour of Power	Scully	Grown Up	PGA Golf: WGC Accenture Match Play Championship - Final (Live)	Bermuda Tri.	MythBusters	Movie: "The Game" (1997) Michael Douglas, Sean Penn	Movie: "A Ring of Endless Light"		CHUM FM 30	Movie: "Custody of the Heart" (2000)
12 PM :30	Movie: "Kindergarten Cop" (1990, Comedy)	Swamp TV	Health Matters	Shop	To Be Announced	Biography "Oscar" Academy Awards	Old House	Old House	News	To	"The Secret of NIMH 2: Timmy to the Rescue"	PGA Golf: WGC Accenture Match Play Championship - Final (Live)	Tornado Alley	MythBusters	CTV at the Oscars (N)	Michael Douglas, Sean Penn	NBA Basketball: Detroit Pistons at Los Angeles Clippers	World Poker Tour "Casinos Europa: Costa Rica"	Mutant X
1 PM :30	Movie: "Son-in-Law" (1993) Pauly Shore	Gold Trails	Ma Murray	Golden Apple Awards			Ask This		Beer TV	Age Quake	Timmy to the Rescue	PGA Golf: WGC Accenture Match Play Championship - Final (Live)	MythBusters	CTV at the Oscars (N)	Michael Douglas, Sean Penn	NBA Basketball: Detroit Pistons at Los Angeles Clippers	World Poker Tour "Casinos Europa: Costa Rica"	Mutant X	
2 PM :30	Movie: "Kindergarten Cop" (1990, Comedy)	Swamp TV	Health Matters	Shop	To Be Announced	Biography "Oscar" Academy Awards	Old House	Old House	Firestorm	World Vision	Movie: "Richie Rich" (1994) Macaulay Culkin	PGA Golf: WGC Accenture Match Play Championship - Final (Live)	MythBusters	CTV at the Oscars (N)	Michael Douglas, Sean Penn	NBA Basketball: Detroit Pistons at Los Angeles Clippers	World Poker Tour "Casinos Europa: Costa Rica"	Mutant X	
3 PM :30	Movie: "Kindergarten Cop" (1990, Comedy)	Swamp TV	Health Matters	Shop	To Be Announced	Biography "Oscar" Academy Awards	Old House	Old House	World Vision	Ten Crows	Movie: "Stuart Little" (1999) Geena Davis, Jacob	PGA Golf: WGC Accenture Match Play Championship - Final (Live)	MythBusters	CTV at the Oscars (N)	Michael Douglas, Sean Penn	NBA Basketball: Detroit Pistons at Los Angeles Clippers	World Poker Tour "Casinos Europa: Costa Rica"	Mutant X	
4 PM :30	Movie: "Kindergarten Cop" (1990, Comedy)	Swamp TV	Health Matters	Shop	To Be Announced	Biography "Oscar" Academy Awards	Old House	Old House	World Vision	Ten Crows	Movie: "Richie Rich" (1994) Macaulay Culkin	PGA Golf: WGC Accenture Match Play Championship - Final (Live)	MythBusters	CTV at the Oscars (N)	Michael Douglas, Sean Penn	NBA Basketball: Detroit Pistons at Los Angeles Clippers	World Poker Tour "Casinos Europa: Costa Rica"	Mutant X	
5 PM :30	Movie: "Little Nicky" (2000)	News	CG Kids	Workshop	News	Backroads	Movie: "Dirty Harry" (1971) Clint Eastwood	Oscar	Simpsons	News	Global	Global	Oscar	Monster Garage	Autovision	Lizzie	One Tree Hill	MovieTV	Andromeda (N)
6 PM :30	Movie: "The Cable Guy" (1996) Jim Carrey	Ed (N)	Heartbeat	American Family	News	Fortune	News	60 Minutes	News	Extreme Makeover	Mental BI	NHL	Monster Garage	Unexplained Mysteries	You Wish	Everwood	Movie: "Rules of Engagement" (2000)	The X-Files	
7 PM :30	Movie: "The Cable Guy" (1996) Jim Carrey	60 Minutes	Monarch of the Glen	Nature (DVS)	Dateline NBC	60 Minutes	Inside the Playboy Mansion	60 Minutes	News	King of Hill	King of Hill	Hit List	Monster Garage	Movie: "Star Wars: Episode I - The Phantom Menace" (1999) (DVS)	Franklin	Smallville	"Obscure"	Tommy Lee Jones	Replay
8 PM :30	Movie: "Son-in-Law" (1993) Pauly Shore	Cirque-Soleil	The Royal	Masterpiece Theatre "Me and Mrs. Jones"	(9:06) Law & Order	Movie: "Rules of Engagement" (2000) Tommy Lee Jones	Playboy Mnsn.	Playboy Mnsn.	Barbara Walters	Two Men	Two Men	Trading	Monster Garage	Episode I - The Phantom Menace" (1999) (DVS)	Honey	"Willy Wonka and the Chocolate Factory" (1971)	News	World In the Heat of the Night	
9 PM :30	Movie: "Son-in-Law" (1993) Pauly Shore	Cirque-Soleil	Wycliffe "Lost Contact"	Mrs. Jones	(9:06) Law & Order	Movie: "Rules of Engagement" (2000) Tommy Lee Jones	Playboy Mnsn.	Playboy Mnsn.	Academy Awards: Winners	Raymond	Raymond	Mystery	Monster Garage	Angel "Judgement"	Buffy Vampire	Gable, Vivien Leigh	Raymond	5th Wheel	BeastMaster
10 PM :30	Movie: "The Cable Guy" (1996)	Sunday R.	James Galway	Served	Law Order CI	News	News	News	Impe	Reba	Northern	Ready-Not	News	Monster Garage	Buffy Vampire	Gable, Vivien Leigh	Raymond	5th Wheel	BeastMaster
11 PM :30	Movie: "The Cable Guy" (1996)	Open Book	Songs of the Soul	Charlie Rose (N)	Sports	News	News	News	Impe	Reba	Northern	Ready-Not	News	Monster Garage	Buffy Vampire	Gable, Vivien Leigh	Raymond	5th Wheel	BeastMaster

MONDAY, MARCH 1, 2004

Television schedule grid with columns for channel (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

10:00 am CITY (29) ★★ "Baby of the Bride" (1991, Drama) Rue McClanahan. Familial squabbles and a list of potential medical complications greet an older woman who learns that she is pregnant. (E)
11:00 am A&E (9) ★★ "The Beach" (2000, Drama) Leonardo DiCaprio. Trouble soon surfaces in a secret island paradise after an aimless American traveler enters the scene. (E)

AFTERNOON

5:00 pm WTBS (3) ★½ "Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Australian adventurer Mick Dundee uncovers a link between smugglers and moviemakers during a visit to Los Angeles. (E)
7:10 pm WTBS (3) ★½ "Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Australian adventurer Mick Dundee uncovers a link between smugglers and moviemakers during a visit to Los Angeles. (E)

EVENING

7:10 pm WTBS (3) ★★½ "Crocodile Dundee II" (1988, Comedy) (PA) Paul Hogan. The adventurer and his girlfriend seek refuge in Australia after they run afoul of drug dealers. (E)

8:00 pm KXLY (10) "The Mystery of Natalie Wood" (2004, Drama) Justine Waddell. Premiere. Actress Natalie Wood struggles to reconcile her true self with her Hollywood persona. (In Stereo) (E)
9:00 pm FAM (26) ★★½ "Awakenings" (1990, Drama) Robin Williams. A neurologist uses an experimental drug to treat a group of hospital patients suffering from sleeping sickness. (In Stereo) (E)
9:20 pm WTBS (3) ★½ "Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Australian adventurer Mick Dundee uncovers a link between smugglers and moviemakers during a visit to Los Angeles. (E)
10:06 pm CITY (29) ★★ "The Brutal Truth" (1999, Suspense) Christina Applegate. Premiere. A 10-year reunion of high-school friends yields shocking revelations at a remote mountain cabin. (E)
11:20 pm WTBS (3) ★★½ "Car Wash" (1976, Comedy) George Carlin. The loony and chaotic routine of a deluxe Los Angeles car wash is interrupted by several unusual customers. (E)

THE NEWS LEADER WORD SEARCH

Word search grid containing letters arranged in a 15x15 grid for a search puzzle.

LET'S TALK ABOUT "FAMOUS WOMEN CHARACTERS"

- VIRGINIA SCARLETT BABE AMY
DAISY LUCIA EMMA ROSANNE
ANNIE POCAHONTAS LARA CAITLIN
CLEOPATRA ARIEL SUYIN PIGGY
JOAN SAMANTHA MICHELLE BELLE
ELIZABETH ERIN BUFFY JESSICA

Let's Play Princeton Trivia!

Question:

Who was Edgar Dewdney's sister-in-law?

Next week:

Another Princeton Trivia Question and the answer to this week's quiz!

Brought to you courtesy of: PRINCETON MUSEUM

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Classified Advertising Rates

25 words \$5.00 + GST.
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)

All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.

announcement

Marcy and John Sandness are happy to announce that Dorothy and Carl Sandness have given them a grandson, Matthew John, born on Valentine's Day. Grandpa is very proud that Matt is 23" long and weighed over 9 lbs. According to Carl, Matt likes to chew on his fist and is a happy baby!

help wanted

Autobody Technician required for a full-time position in Princeton. Second or third year apprentice or qualified tradesman preferred. Wage will be in accordance with experience level.

Fax resumé only to:
(250) 295-6927

Feb 27-tfn

for sale

WOOD PELLET SALES & DELIVERY SERVICE

Ph: 295-6545 S9/rts

FOR SALE

Limited edition prints. Variety of sizes includes Stephen Lyman, Lew Raffin and others. Must see.

For appointment to view
Call 295-3843
F10/24

vehicle sales

FOR SALE

1987 Toyota Tercel 2-door, with sunroof, 5-speed, Pioneer stereo, new battery, runs good, very clean.

\$900.00
295-4353

Fe21

help wanted

PRINCETON CHILD CARE SERVICES
is accepting applications for 3 positions:

- a) Part time Infant Development Consultant
- b) Child and Youth Care Worker
- c) Child and Youth Care Worker for special needs

Infant Development Consultant

Applicants should have a degree in a field related to early childhood development (therapy, education nursing) and practical experience working with developmentally delayed infants, their families and other professionals. A consultant will provide assessment, treatment, planning and implementation for clients of the program.

Childcare Workers

Applicants should have a degree in child/youth work, social work counselling or a related field or the equivalent of education and experience. This position may require working in a stressful environment dealing with clients in crisis situations.

Special Needs Childcare Worker

Applicants should have a certificate/diploma in special needs education or a related field or the equivalent education and experience medical knowledge would be an asset. The work is not infant focused but is more typically dealing with older children. Preferred applicants for any or all of the positions will have:

- well developed interpersonal, counselling, oral and written communications skills with regard to reporting.
- proficient interviewing and assessment skills
- good organization and time skills
- knowledge of group process and facilitation techniques
- a valid drivers license and reliable vehicle

Working outside normal office hours and doing home visits may be required with any of these positions. Successful applicants must be willing to submit to a criminal record search. More information regarding these positions is available by contacting Penny at 295-3126 or Box 1331, Princeton, B.C. V0X 1W0 Please (no drop-ins)

This position will remain open until a suitable applicant is found. F10/M2

help wanted

COMPUTER TRAINING

INDIVIDUAL COURSES START 4 X DAILY

- WordPerfect
- Keyboarding
- Bookkeeping
- Office Procedures
- Intro to Computers
- Simply Accounting
- Punctuation and Writing Skills
- Microsoft Office
- Access
- Internet
- Outlook
- ACCPAC
- Data Entry
- Networking
- Quikbooks
- Windows
- Publisher
- PowerPoint

Over 160 Lessons!

ACADEMY OF LEARNING & LOCAL CALL 310-JOBS (5627)

wanted

TLC

PRIVATE HOMECARE

Available immediately
Graduate of Resident Care Attendant and Recreational Activities Assistant
Will do private homecare
Call 250-499-2007
Ask for Vickie F17/M2

SQUEAKY-CLEAN HOUSEKEEPING SERVICE

Can't keep up?
Housework getting you down?
Give me a call
250-499-2007
Ask for Vickie
Honest, Reliable & Reasonable
Excellent References F17/M2

notices

NARCOTICS ANONYMOUS
Meets at the Health Unit every Thursday at 7:30 P.M.
Open Meeting. Ph: 295-0542

ALCOHOLICS ANONYMOUS
Big Book Study at the Anchorage (across from No. 1 Video) Tues at 7:30 PM. Closed Meeting. Ph: 295-7272

ALCOHOLICS ANONYMOUS
Sunday (open meeting) at 8 p.m. in the health centre. Wed. at 8 p.m. in the health centre. Ph: 295-7229, 295-6138. (closed meeting). Ph: 295-7005. Open Discussion, Sat. 7:30 p.m. Health Unit (closed). Ph: 295-3407.

notices

notices

EVERYONE WELCOME

GROUP STUDY on issues related to BIOTECHNOLOGY and GENETIC ENGINEERING IN FOOD PRODUCTION from a faith perspective. 3 sessions on Tuesday nights: February 17, 24 and March 2 at 7:00 PM in st. Paul's Church Lounge.

SESSION 1: Understanding Genetic Engineering in food production.
SESSION 2: Issues related to safety, regulations and labeling.
SESSION 3: Issues of justice, patenting, responsibility and control of biotechnology.

Sponsored by St. Paul's United Church, led by Chris and Jean Haugland. Call 295-7714 to pre-register (leave a message) F17/M2

wanted

WANTED TO BUY

PRE-OWNED RIFLES.
FOR MORE INFORMATION CALL RON AT PRINCETON OUTDOOR SUPPLY
295-0450 OR 295-0319

WANTED TO BUY

Local resident wants to buy high quality mandolin made in USA.
Will pay any reasonable price.
Phone: 295-0316 Anytime
F10/24

WANTED

Wanted large set of moose or elk antlers
Also wanted Queen size bed in excellent condition. Must be clean and reasonably priced.
250-295-6694 F17/M2

services

TIRED OF PAYING TOO MUCH!!
For Tax Preparation Reasonable Rates
Call Marjorie at M M BOOKKEEPING @ 295-7015

Cover2Cover Bookkeeping & Office Services

226A Bridge Street, Princeton
(250) 295-6905

Gel Tax

Tax Preparation

E-Filing

By Appointment Only

295-3196

F3/A27

in memoriam

IN MEMORIAM DONATIONS TO THE CANADIAN CANCER SOCIETY
CALL DIANNE @ 295-6648
Box 1906, Princeton, B.C.

IN MEMORIAM DONATIONS TO THE B.C. & YUKON HEART & STROKE FOUNDATION
Box 1838, Princeton, B.C.
or contact Maria at 295-6247

for rent

TWO BEDROOM HOUSE

390 Bill Miner Way
Available now.
Fridge, stove, washer and dryer.

\$450.00/month
Call John or Laurie
(604) 524-6967

Classified Advertising Rates

25 words \$5.00 + GST.
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)

All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.

rec vehicles

Keremeos Auto Sales

This Weeks Special
 1992 Dodge Dakota X-Cab 4x4,
 V6, 5-speed, air, 2-tone blue/gold,
 227,000km, photo online
\$6,900.00
 OPEN 9 AM - 5 PM MON - SAT
 499-6094 OR 499-2611
www.keremeosauto.com

FOR SALE

1989 Polaris 650 Indy 2"
 Mountain Track. Works great
 \$1000.00
 1991 Polaris 340 Indy Lite
 Excellent condition \$1800.00
 OBO
 Call 295-7052
 F17/M2

wanted

BOARDER WANTED
MALE OR FEMALE
 Must have own transportation
 and enjoy the rural lifestyle.
 For particulars please call
 295-0569
 F10/24

for rent

HOUSE FOR RENT ON
HALLIFORD AVE.
 2 BEDROOM UPSTAIRS AND
 1 BEDROOM IN BASEMENT
 UTILITIES NOT INCL., GAS
 HEAT. \$575. P/MO.
 Ph: 604-838-8311 ask for
 Roxena F17-tfn

OFFICE SPACE FOR RENT
DOWNTOWN
 56 Kenley Avenue
 Space available April 2004. For
 information or to view please call
 295-3126 and ask for Penny.
 F10/M2

FOR RENT
 Small cabin suitable for one
 person. 5 minutes from town.
 Available March 1st
 \$300.00/month
 Call Rick or Suzy
 250-295-3069 F17

HALL FOR RENT
DOWNTOWN
 68 Biliter Ave.
 O.A.P. BRANCH # 185
 PHONE: 295-3206

for rent

MOBILE HOME PADS
 Close to school and includes
 water/sewer. Other utilities
 available on site.
 Pad rent \$185.- \$195.
 Phone: 295-6794 M8/rts

ONE BEDROOM HOME
AVAILABLE IMMEDIATELY.
 All appliances, fenced yard, stor-
 age shed, central location, \$400.
 per month plus utilities. Damage
 deposit and references required.
 Ph: Dan @ 250-642-6078 J27/rts

PRINCETON MANOR
 Clean, quiet, adult only apts.
BACHELOR - \$325.
 References and Security Deposit
 required. Sorry no pets. To view
 phone Margaret @ 295-6408
 Feb3/rts

ALLISON COURT
1 BDRM APARTMENTS
 \$325. per month & up, security
 deposit and references required,
 no pets, laundry room. For more
 info: 295-6252 F3/rts

COMMERCIAL SPACE
Central Downtown
Location
 Relocation incentives
 available.
 Space #1: 985 sq. ft.,
 offices within,
 Space #2: 500 sq. ft.
 excellent for Business or
 professional. Flexible
 Lease Option.

For information call
 295-3640 and leave a
 message. M26/rts

1 BEDROOM APARTMENT
CLOSE TO DOWNTOWN.
 \$350. per month, utilities
 included, No Pets, avail now,
 references and security deposit
 required
 Responsible adult preferred.
 Ph: 295-3691 F3/rts

2 BEDROOM HOUSE, 1088
- 7 MILE RD. - \$550. p/mo -
 incl. Drive by then call Neil
 at 295-6977 N25/rts

PRINCETON

AUTO WRECKERS

FREE PICK-UP

Scrap Cars or Trucks

295-6224

business services

COMPUTER
SALES & SUPPORT
 Great new prices
 CALL DAMON
 295-7432 F17/M2

COMPUTER
SUPPORT AND WEB
PAGE DESIGN
 CALL 295-7432
 F10/24



- hair cuts • hair styling • perms
 - colors • high-lights
 - natural manicures
 - pedicures with paraffin therapy
- 250-295-4971

INDIVIDUALLY
PREPARED
HOROSCOPE

Natural character
 chart - \$25.
 Basic chart plus
 predictive - \$50.
 Phone 295-6063
 Completely confidential

notices

HEDLEY OAPO #64
Craft and Bake Sale

12:00 PM - 8:00 PM
 FRIDAY, APRIL 2
 9:00 AM - 2:00 PM
 SATURDAY, APRIL 3
 TABLE RENTALS \$8 FOR BOTH
 DAYS. CALL GEORGE
 (250) 292-8638 TO RESERVE.
 Fe17-Mr30

IS YOUR SUBSCRIPTION DUE FOR RENEWAL?

If your newspaper is mailed to
 you, check the date on your
 address label.

By Mail in Similkameen Valley

Regular - \$ 35.90
 Senior - \$ 31.75

Out-Of-Valley
British Columbia and Alberta

Rural or Box	Delivered To Door
Regular - \$ 40.90	Regular - \$ 53.80
Senior - \$ 35.90	Senior - \$ 48.80

100% Locally Owned and Operated

announcements

announcements

HAM OPERATORS!

If you are a Ham Operator and you live in the
 general Princeton area, I would like to talk to
 you as I would like to start an Amateur Radio
 Club in Princeton. If you are interested, please
 call Bud Sadegur, VE7AVA @ 295-6247.

business services

business services

ESSENTIAL MASSAGE

*Soft Heat
 Infrared Sauna*

Now Taking
 New Clients

Lowers
 cholesterol

- Detoxification:** Detoxify your body of toxins and heavy metals
- Pain Relief:** Relieve yourself from the pain from arthritis, fibromyalgia, sports injuries and other chronic pain conditions
- Weight Loss:** Effortlessly burn 600 calories in only 30 minutes
- Relaxation:** Sweat your troubles away at lower, more comfortable temperatures than a conventional sauna
- Skin Care:** Excellent results in the treatment of acne, eczema, psoriasis and cellulite

\$1.00 per minute or Package rates available
JAN - FEB - MAR. SPECIALS

10 ~ 30 minute sessions \$180.00 reg. price \$230.00
 Bring a friend special... 40 minute session
 \$30.00 reg. price \$45.00

New Office Hours ~ Mon. to Thurs. 9 am to 8 pm
 Premium Rates apply for Fri, Sat, Sun. after 5:00 p.m.

PHONE: 250-295-7980

529 TAYLOR WAY ROAD

Classified Advertising Rates

25 words \$5.00 + GST.
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)

All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.

bingo

MONDAY NIGHT BINGO IN PRINCETON
 SENIOR CITIZENS BR. #30
 162 Angela Ave.
 4:30 P.M. Sales Start
 5:30 1st 47 Bonanza #'s
 Specials, Regular Games, Odd & Even, PROGRESSIVE Snowball & Loonie Pot, "Lucky 7" won every Monday (min. \$50.00 guaranteed)
 BC Gaming License #854326
 "Play Smart Gamble Responsibly"

O.A.P BR. #185
BINGO EVERY FRIDAY MORNING!! 9:00 A.M.
 Hard Cards
 License No. 807532A2

KEREMEOS ELK'S & ROYAL PURPLE
 Every Friday
 Doors open 5:30 pm
 Elks Hall Keremeos
SMOKE FREE BINGO

SATURDAY EVENING BINGO!
HEDLEY OAPO HALL
DOORS OPEN 4 PM
BINGO 5:30 SHARP
SPEED/DROP-INS/E.B./
1/2 TIME/BONANZA/
G-BALL/JACKPOT
 License No. 849975
 Play Smart. Gamble Responsibly.

SUNDAY AFTERNOON BINGO
 In Hedley at the Chuchwayha Hall
 \$25. Guaranteed min. payout on Regular Games (\$50. double - up card) Progressive Jackpot Min. \$1,000. ! Progressive Pot of Gold Min. \$500.! Progressive LOONIE POT min. \$100.
 DOORS OPEN AT 9:00 AM
 1st number called at 11:30 AM followed by Early Birds, Regular Games & Specials & Concession
SEE YOU IN HEDLEY

notices

Vermilion District Girl Guides
AGM
6:00 PM
Wednesday,
March 3
 Legion Hall
 Everyone welcome!
 Fe17/Mr2

notices

How do you like your 'new look' News Leader?
We've made some changes and would like to know what you think.
Call, fax, e-mail or just tell us.
 Thanks for the great suggestions and the feedback!

notices

Town of Princeton Notice

For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Ave.

FREE AND CONFIDENTIAL COUNSELLING SERVICE

is available to any woman who has experienced sexual abuse as a child or adult or are presently living in an emotionally or physically violent relationship.
Funded by the Ministry of Women's Equality.
 Office hours 8:30 - 4:30
 Monday & Friday - Keremeos 499-5928
 Tuesday & Thursday - Princeton 295-4453

PRINCETON/KEREMEOS DRUG and ALCOHOL COUNSELLING SERVICES FREE AND CONFIDENTIAL

Individual Counselling and Education
 Keremeos: Monday & Thursday 9:30 a.m. to 4:30 p.m. at 714 - 7th Street
 For appointment ph (250) 295-6776
 (collect if necessary) Tuesday to Friday 8:30 to 4:30
 Princeton: Tuesday, Wednesday & Friday 8:30 a.m. to 4:30 p.m.
PHONE: 295-6776

notices

notices



PROVINCE OF BRITISH COLUMBIA
 MINISTRY OF FORESTS



TIMBER SALE LICENCE A72875

Take notice that, pursuant to Section 20 of the *Forest Act*, timber sale licence A72875 is being offered for sale by the Kamloops Business Area.

Closing Date: March 9, 2004

Geographic Location: Rabbitt Mountain

Field Unit: Cascades

Estimated Volume: 7,440 cubic metres, more or less

Term: 9 months

Access: From Tulameen via Lawless Creek Road to Rabbitt Mtn. FSR.

Logging method: This timber sale licence has been designed for harvest using conventional ground-based equipment. The use of other systems may be subject to the Forest Practices Code of British Columbia Act and its regulations.

Upset Stumpage Rate: The upset stumpage rate was determined by the market pricing system and is applicable only to coniferous green sawlog grades.

Upset Stumpage Rate / cubic metre for competitive volumes:

Timber Mark	Product	Volume	Rate
72875	Sawlog	7440	33.09

Species percent:

Timber Mark	Species	%
72875	Lodgepole pine	83
72875	Douglas-fir	8
72875	Spruce	6
72875	Balsam	2
72875	Cedar	1

Comments:

1. The licensee will be required to obtain a road use agreement with other road users as per the road use permit.

2. The licensee must complete harvesting operations on Block 3 and portions of block 1 (as directed by the BCTS technician) prior to July 15, 2004.

This timber sale licence is fully developed.

Tenders will only be accepted from individuals or corporations registered as a BC Timber Sales Enterprise in Category Any.

This licence is subject to, among other things, new maximum term limits and extension fee and surrender provisions.

Applicants are advised to carefully consider the impact of these changes when formulating their bids. Further information on these changes may be found in Advisory Bulletin 12/15/03.

Applications will be accepted by the Timber Sales Manager, Kamloops Business Unit, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5 at 2:00 p.m. on March 9, 2004.

There is additional material that the applicant must consider in their application.

This material which includes application forms and other information about the TSL can be obtained from the above BC Timber Sales Business Area Office or via the internet at: <http://www5.for.gov.bc.ca/notices/init.do>.

Karl J. E. Lang Memorial Garden Park Princeton

This Park will be located at the West Entrance to Princeton at the intersection of Highway 3 and Ridgewood Drive. To show your support of this project, cash donations may be made to the "KARL J. LANG - IN TRUST" Account at the Princeton Branch of Valley First Credit Union. Material Donations are also required. To find out how you can help, contact: George Elliott 295-7754 or Penny Lott 295-7088 Karl Lang Park Committee P. O. Box 665 Princeton, BC, V0X 1W0

CLASSIFIED ORDER FORM

Similkameen News Leader

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

\$5.00 + GST for the first 25 words for one week.
Pay for 2 weeks and get 3rd week free! DEADLINE : 12 NOON FRIDAYS

Write your Classified Ad in the spaces provided.
Indicate the Dates the Ad should run and drop it into our office with Payment!

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

My Turn

Are we prepared for Riverside Intermediate Community Centre?

The recent announcement to close Riverside School and the need for a local Community Centre got us thinking the other day.

In order to have a multi-use Community Centre, the facility would require an indoor swimming pool, an indoor gym and a large concert hall complete with stage and seating for 200 or more.

Add a fitness room, raquetball and squash courts, a concession/food court and now you have something.

The facility also has to be centrally located, somewhere downtown easy to access for all citizens, young and old.

We don't think Riverside School is the right location - but we have a suggestion.

Move the Skills Centre and The Bridge into Riverside School and build a Community Centre on Vermilion Avenue.

If that won't work, what about the former Argo Roads Maintenance building?

It's too bad the Old School Grounds are no longer available for such a project.

Maybe it's times like these when we really do need a local community plan with five, ten, fifteen and twenty year plans to direct us for such development.

Otherwise Riverside Intermediate Community Centre may be the one we end up with.



Your Turn

Community Futures seeks artisans

Dear Editor;

Community Futures is currently conducting the Internet Business Development program for Entrepreneurs with Disabilities. Ten Entrepreneurs are taking the online course at (www.ibde.ca) to learn how to create Web stores that will sell products made in the Okanagan Similkameen by local artisans.

Entrepreneurs will be partnered with six artisans whose products they will sell for them on commission. It is a "win-win" partnership where everyone benefits. Entrepreneurs with Disabilities can gain meaningful employment and local artisans can find new markets for their products. Even if you already have a website, this is still a great opportunity get even more attention for your products.

Community Futures is currently looking for artisans, crafters and specialty food producers who have products that could be sold on the Internet. A total of 60 artisans are needed to participate in these brand new web stores that will be featured in the Virtual Mall. The Mall acts as a portal for all web stores made through the IBDE program from around the province.

The project originated in the Kootenays and the Mall was launched in October, 2003. Since that time, www.virtual-mall.ca has received more than 250,000 hits. They have received a great deal of interest from the media and have been featured on Global National Weekend news, BCTV Morning

News, the Vancouver Sun, the Toronto Daily Metro and CBC Radio Daybreak South.

The funders, Western Diversification and Human Resources Development Canada, are very pleased with the project and are looking at possibly funding other areas of the country. There are almost 300 Community Futures offices that could also participate in the IBDE online web design course nationally. This would mean that the Virtual Mall will expand even more and will feature hundreds of stores

made by entrepreneurs with disabilities, selling thousands of Canadian artisans' artwork and handcrafted products.

For more information regarding the IBDE Program or the Artisan Recruitment Program, call or contact me.

Yours truly,
Jennifer Parton,
CFDC Okanagan-Similkameen,
#102 - 3115 Skaha Lake Road,
Penticton, B.C. V2A 6G5
phone 250-493-2566 or fax 250-493-7966 or email Jennifer@cfdc-okanagan.com

What happens when you've got the money

Dear Editor;

It's money, honey!! It can't get involved with politicians and not come up with a bad penny.

Borderline cases: the US mint just might be issuing a coin commemorating Pres. G.W. Bush's accomplishments as President. One side of the coin has an image of Bush with the inscription "G.W. 'Whopper George', President of the USA 2000-2004. The other side of the coin has an image of an oil derrick with the inscription, 'In Iraqi oil we trust'.

In Canada, our less dubious sources tell us all the treasure looted from taxpayers by the federal Liberal trustees was stashed on the Premier Glen Clark fast ferries under the command of admiral of the fleet Governor General Adrienne

Clarkson and sailed away into the setting sun. Prime Ministers Chretien and Martin are said to be in deep, deep depression considering they missed the opportunity to get away as admiral Clarkson's oarsmen. The two of them are changing the old seafaring ditty "If you've got the money, honey, we've got the time" to "You may have the money, honey, but we're going to do the time".

It's gratifying to note that politicians have replaced used car salesmen as the last on the list of least trustworthy. We're told the used car sales people have greatly improve their image by presenting themselves as "pre-owned auto brokers". Any ideas for politicians?

Regards,
Joe Schwarz, Princeton

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

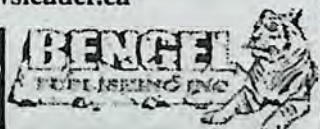
Similkameen News Leader

Locally Owned and Operated

Published weekly by Bengel Publishing Inc.
226A Bridge Street, P.O. Box 956,
Princeton, B.C., V0X 1W0
Phone (250) 295-4149 • Fax (250) 295-4103

e-mail: nwsleadr@nethop.net
editor@thenewsleader.ca

MEMBER
Princeton Area Business Enhancement Association
Princeton & District Chamber of Commerce
Similkameen Country, Keremeos
Canadian Association of Journalists



Publisher:
Office Administrator:
Reporter:

George Elliott
Brenda Engel
Dawn Johnson

Current Comment

Dates give the wrong date!



Dawn Johnson
editor@thenewsleader.ca

I was talking on the phone with my sister, telling her I was reading a book by David Icke called "Alice in Wonderland and the World Trade Center Disaster". This book is about the high probability that the Bush administration engineered the World Trade Center and Pentagon "attacks" as an excuse for everything that has happened since.

My sister began to chuckle. "Have you heard the one about the dates?" she asked.

"Dates?" I'm thinking calendar dates.

"The dates on the trees when Saddam Hussein was captured," she explained.

No, I hadn't heard about the dates.

My sister teaches English to immigrants, and two of her friends are former students from Iraq. They were looking at photos on internet showing the capture of Saddam Hussein. One of the photos showed soldiers standing around a hole in the ground. In the background were

What have churches got to do with agriculture?

Canadian churches play a role in agriculture, but few people are aware of what churches do about our food supply.

Churches belong to the Canadian FoodGrains Bank. In 2002, they were involved in 81 projects in 38 countries around the world. A total of 31,736 tonnes of food and 700 tonnes of seed were shipped. Grain is banked to meet need in disasters such as the food shortage in North Korea. When there are few shortages, grain is banked for the "lean" years.

There are cash projects, too, in which money provides assistance to teach people how to grow more food, or change agricultural methods or products so people can be more self-sufficient. Church congregations and individuals are the primary source for most cash donations.

The Canadian FoodGrain Bank was a project of rural churches, but more urban church congregations are becoming involved.

The Canadian government agency, CIDA, assists in these projects.

date palms.

"Look," they said. "The dates are golden."

They began to laugh.

To you and me, there is no significance to the dates being golden. We are not familiar with date palms and their fruit except for what we buy in the supermarket. To these former Iraqis, who were familiar with the area in which Saddam Hussein was reportedly captured, the golden dates told a different story.

Saddam Hussein was supposedly captured in November. These former Iraqis pointed out that dates are golden in August, turn purple in September, and are either picked or have fallen off the tree by November! There should have been no dates on the palms.

So, what happened? Did the Americans really capture Saddam Hussein in August and hold him secretly until November? Why would they do that? One answer comes to mind: if they did not reveal they had him, they could go on knocking down doors and rounding up people and guns on the excuse they were looking for Saddam.

Another possible explanation is that they faked the circumstances under which he was captured and, being as unfamiliar with date palms as most Americans are, grabbed some photo from a previous action and plunked it into the internet "capture" scenario.

In either case, it is one more example of our being spoon-fed what the American administration wants the public to know.

I am more and more convinced we have probably been hoodwinked beginning with 9/11.

Back to David Icke's book: it is the most complete compilation of facts about the so-called attacks on the World Trade Center and Pentagon that I have ever read, and after reading it, I highly doubt anyone outside the Bush administration could have executed this action. Could it be that what we saw as the unbelievable incompetence of the American military was really a deliberately orchestrated disaster meant to achieve public support for other goals? Read the book and give me your opinion. I borrowed it from Okanagan Regional Library. You can, too.

Heart Food

by Dave Machin

There is nothing – absolutely nothing – more important than understanding how much God loves you. There is a wonderful picture of the God kind of love painted for us by His word. It reads (God speaking), "My love endures long and is very patient and kind. My love is never envious or boastful. It is not jealous, nor is it anxious to impress anybody. It is not arrogant nor is it filled with pride. My love is not rude nor acts unmannerly. My love does not insist on having my own way or right. It is not self-seeking, it is not touchy, fretful nor resentful. It does not keep account of the evil done to me. My love is never glad when others go wrong. It always rejoices when truth prevails. My love is always slow to expose, and eager to believe the best of every person. In My love, hopes are fadeless under all circumstances and it endures everything. My love never fails or comes to an end." (1 Corinthians 13: 4-8). This kind of love is not understandable to the human mind because the mind is basically filled with selfishness. We believe that if we don't look out for number one (self) no one else will. In a sense this is right, because that kind of selfish mindset shuts the door to the love of God, causing you to wind up on your own. If you would dare to accept God's love for yourself, by faith, and refuse to seek your own, you begin to put Him into action on your behalf. He will allow no man to do you wrong. No weapon formed against you shall prosper. No one has the power to hurt your feelings because you are not ruled by your feeling but by God's love. If you ever even began to understand this love that is extending it's hand to you, you would never be the same again. God is good, His word is good and good all the time.

Pastor Dave Machin,
SUNDAY SERVICES 10:30 A.M.
221 A Bridge Street, Princeton, B.C. 295-0599

Can't Find Us?

We're @thenewsleader.ca!

George Elliott
Publisher
george@thenewsleader.ca

Brenda Engel
Office Manager
brenda@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax (250) 295-4103

Get connected with...

China Creek Internet

WHY NOT GO WIRELESS!!!

- * Blazing Fast Speed 512 KBs and up
- * Direct 24 Hour Access * No More busy signals
- * No More Modem / Phone Hassles
- * No More Overtime Charges

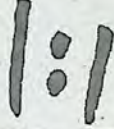
For more information go to... <http://www.nethop.net>
or phone: (250) 295-7944

INVITATION TO WORSHIP

<p>The Country Chapel LIVING WATER FOURSQUARE GOSPEL CHURCH</p> <p>YOU ARE WELCOME TO JOIN US AT 38 KENLEY AVENUE SUNDAY WORSHIP AT 10:30 AM FOLLOWED BY COFFEE</p> <p>BIBLE STUDIES WEEKLY OFFICE OPEN TUESDAY AND THURSDAY 10 AM TO NOON</p> <p>PASTOR MIKE STOLTZ 295-7733</p>	<p>SIMILKAMEEN CHRISTIAN FELLOWSHIP</p> <p>SUNDAY SCHOOL 9:45AM</p> <p>WORSHIP SERVICE 11:00AM</p> <p>Everyone Welcome DON BODDEN - PASTOR 499-2511</p>
<p>BAPTIST CHURCH OF PRINCETON ACROSS FROM ARENA - OLD HEDLEY ROAD</p> <p>Sunday School 9:45 a.m. Family Worship 10:30 a.m.</p> <p>Come and join us "Growing in faith together"</p> <p>PASTOR PETER RYTKONEN 295-7752</p>	<p>St. Paul's United Church</p> <p>Office Hours Tue / Thu 9:30AM - 12 NOON</p> <p>WORSHIP SERVICE 10:30 AM</p> <p>Minister Chris Haugland Home: 295-7302 Phone: 295-7714 Also serving the Anglican Community</p>
<p>Is your Church hosting a special event? Call us to find out how to have it in this space! (250) 295-4149</p>	<p>Similkameen Christian Center</p> <p>GOD IS GOOD Service: Sundays 10:30AM CHILDRENS CHURCH - (AGES 5-11) Office Hours: Monday-Friday 9AM - 1PM Pastors Dave & Tena Machin 221 A BRIDGE STREET, PHONE: 295-0599</p>

Introducing the industry's most powerful investing tool - listening.

At CIBC Wood Gundy, we believe in one to one relationships, because the only way we can invest for your tomorrow is to know you today. That's why we approach every client relationship the way it should be - *expertise that's one to one.*



JOHN VACCARO, Vice President
Investment Advisor
e-mail: john.vaccaro@cibc.ca

GREG STEWART
Associate Investment Advisor
e-mail: greg.stewart@cibc.ca

CIBC 105-399 Main Street, Penticton, B. C., V2A 5B7
(250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY GREG STEWART IS IN PRINCETON THE SECOND AND FOURTH THURSDAY EACH MONTH
CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of Canadian Imperial Bank of Commerce and Member CIPE.

INVESTMENT INSIGHTS

By John Vaccaro Investment Advisor with CIBC Wood Gundy and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy
Expertise that's one to one.



Employ Asset Allocation And Maximize Your RRSP Potential - Part 2

Employ Asset Allocation and Maximize Your RRSP Potential - Part 1 explained how important asset allocation is to your RRSP investments. Below is an outline of some of the strategies that can be used.

The percentage of money you invest in each category is your asset allocation. Based on your findings, you will then be able to determine what mixture of equities, bonds and cash will provide the most suitable risk/reward scenario. For example, if you have 40 years to save and are not risk-averse, you might develop an asset allocation of 70% equities, 20% bonds and 10% cash. On the other hand, if you have 15 years to save and have a more conservative risk posture, you might opt for 25% equities, 60% bonds and 15% cash. You will then need to put that asset allocation into practice.

In other words, you must build a portfolio of specific investments based on that allocation. And finally, you'll need to regularly review your asset allocation to ensure it remains appropriate to your circumstances. Of all three asset classes, equities have historically proven to be one of the best ways to build wealth over the long term.

However, many investors build up the equity portion of their RRSP, one stock at a time without any thought to how each equity relates to the rest of the portfolio. This can result in greater volatility, exposing your portfolio to company and sector-specific risk. The key, therefore, is to ensure your portfolio is sufficiently diversified.

When it comes to making the most of your RRSP, the size and regularity of your contributions are just part of the equation. The other part of the equation involves ensuring that those funds are optimally employed at all times.

CIBC 105-399 Main Street, Penticton, B. C., V2A 5B7
Phone: (250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY GREG STEWART IS IN PRINCETON EVERY SECOND AND FOURTH THURSDAY PLEASE CALL FOR YOUR APPOINTMENT

John Vaccaro is an Investment Advisor and Greg Stewart is an Associate Investment Advisor with CIBC Wood Gundy in Penticton. Comments and opinions expressed herein are the result of work done by John Vaccaro. They may differ from the opinions of CIBC World Markets Inc. Research Department and should not be considered representative of CIBC World Markets Inc.'s beliefs, opinions or recommendations.



Students from John Allison Elementary School enjoyed a 'skate day' Friday at Princeton Arena.

Do you have a sense of purpose in your life?

by Nadine McEwen, Asset Development Coordinator

Joseph Campbell, scholar and professor of mythology, once said, "You may have a success in life, but then just think - what kind of life was it?"

In our lives we have frantic schedules where it is not always easy to take time to find out what really matters. For young people to have a sense of purpose in life, they need to look within. What gives their life meaning? What gets them excited to wake up in the morning? What dreams do they have for the future?

Each person, including a child, gets 168 hours per week to choose what to do with their time. What subjects are they taking in school? Are they meaningful, or easy? what extracurricular activities do they choose? Are they giving your child purpose, or just passing time?

What about family time? Is it meaningful interaction time, or is everybody so tired they all veg out together in front of the TV?

The difference between young people who have a sense of purpose in life and those who don't boils down to one thing: they take charge of their lives. If they don't know what gives them meaning or purpose, they set out to find it. If they know what gives them purpose, they are out there doing it every day.

As a family, you can encourage that journey by giving family members time to reflect, discuss and try new things of interest. Identify areas of interest, talent and curiosity. Encourage them to get involved in activities that will build on those interests and tal-

ents. Cut down on TV, computer and telephone time to give your child time to develop his/her own interests. Spend an afternoon together daydreaming and discussing those dreams. Write down five things you are passionate about and talk about them with your family. Have them do the same. Together you can find purpose as a family, and as individuals.

Families who have the sense of purpose asset are families who will ensure their young people develop healthy lifestyles - and lives with purpose.

The above information was taken with permission from the Search Institute's "Practical Suggestions for Building Assets in Your Child".

Vermilion Rebekah News

by Dorothy Stenvold

The Rebekahs gathered early to do the annual inventory and auditing of books. Then they enjoyed their lunch - brown bag lunch brought by each Sister.

We were sorry Sister Betty had to be taken to the hospital and Sister Shirley had a very sore throat so stayed at home.

The Rebekah Housing Society were grateful for our donation.

Sister Steele writes that she is very comfortable and enjoying her 'outings' in the bus. She also plays bingo once a week and pleased she won 50 cents.

On March 18, Vermilion hosts the District Association meeting where we expect about 60 members to attend.

Sister Moore was named our representative to Assembly in May and Sister Gerri the Alternate.

An invitation has been received to attend the LOBA in April. Several hope to attend.

As Sister Adele had her birthday this month, she was asked to make a donation to our birthday box. If she had her own teeth, she was to pay 25 cents, otherwise 50

cents. We all enjoyed a good laugh.

The draw for the table prize was won by Sister Nellie - a very pretty picture frame. So ended a happy day.

Tonasket sets dates of celebration

The City of Tonasket will celebrate Founders' Day on June 5 and 6 this year. Anyone wishing to enter a float in their Founders' Day parade should contact Princeton Town Hall for an entry form.

The parade will take place at 11:00 a.m. Saturday, June 5, and will be followed by a rodeo in the afternoon hosted by the Tonasket Comancheros Rodeo Club.

Princeton and Tonasket are Sister Cities and for 13 years combined their efforts to put on the International Friendship Pony Express Ride.

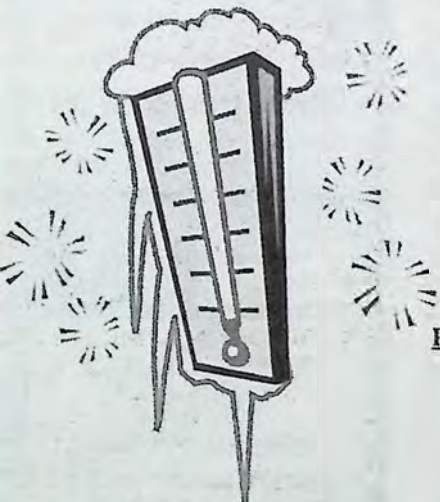
PRINCETON & DISTRICT COMMUNITY SKILLS CENTRE

206 Vermilion Avenue, P. O. Box 69, Princeton, B. C., V0X 1W0
Phone: (250) 295-4051 • Fax: (250) 295-4052

Spring is coming and with it are potential jobs.

Be ready with a top notch resume and cover letter and Job Search Skills.

Call or drop in to your Skills Centre TODAY



BC LABOUR MARKET HOT SHEET

Available weekly on tuesday.

Learn about new developments in BC's economy which affect **YOUR** opportunities.

IT'S ALL ABOUT JOBS!!!

PICK ONE UP EACH WEEK!!!

FREE

The Government of Canada has contributed funding to this initiative
Canada

CENTRE FOR INNOVATIVE COMMUNITY DEVELOPMENT

Employment Services • Training and Skills Development
Rooms and Equipment Rental • Research and Project Management



This Kamloops team pulled off one of those rare triumphs in curling – an 8-ender. Left to right: Elaine Marrington, Stacey Ligtenberg, Jean Mearon and Laurie Upperborn.

Women's Open bonspiel was simply outstanding for fun

Princeton Ladies Curling Club can pat themselves on the back for their great weekend bonspiel. Eighteen teams played. Seven were from out of town.

Fun was the name of the game, both on and off the ice. Teams provided entertainment on Friday night and Saturday night, and the dinner was great. There

Read new books faster and read more

In order to reduce the waiting lists on many popular books and to get these titles to readers more quickly, Okanagan Regional Library has launched a new service called the QuickRead Collection.

The initial collection is funded by Friends of the Library book sales in many parts of the region.

The QuickRead Collection includes extra copies of best-sellers that will be available in 20 participating branches.

Titles can be borrowed for one week only, with a \$1.00 per day overdue fine. No holds can be placed on these books, nor can they be renewed.

Library users are asked to return a QuickRead book to the branch where they borrowed it.

Okanagan Regional Library will continue to purchase copies of high-demand titles for its regular collection. These copies can be reserved and borrowed for the regular three-week loan period.

Ask your local library branch for more details.

was great participation from all of the team members.

The biggest single game was on Saturday, when the Mearon team from Kamloops put all eight rocks in position to count, a rare event in any curling game.

A event winner was the Skinner team from Summerland and the coast. The Mahoney team from Merritt placed second, and The Shauna Jorgenson team from Princeton was third. Fourth place went to the Darcy Willis team, which included Grandma and was all Willis women.

The Mearon team won top spot in the B event, with Princeton's

Grads beat RCMP in annual benefit game

Princeton Secondary School's annual Grad Benefit hockey game provided entertainment for all in attendance.

Saturday night's game got off to a slow start as referee Gordon Bibby arrived late dressed as Elvis Presley.

Scoring started with a goal by the RCMP team in the first minute of play.

By the middle of the first period, the game was tied at 2-all and referee Elvis administered a sobriety test on one of the Grad players. It ended with a cream pie in the face of the player.

Action continued and the score after one was 5 to 4 in favour of the Grads.

The second - and final - period saw more goals, stunts and gags which delighted the crowd.

At one point, the RCMP team had all but one player in the penalty box and the Grads could

Raelene Campana in second place, Betty McCrae's Princeton team third, and Rosemary Clarke's Princeton team in fourth place.

Princeton's Mary Gunn team took first place in the C event, with the Perry team of Summerland second, Princeton's Beausoleil team third, and the Campbell team, also of Princeton, in fourth place.

Local businesses gave great sponsor support for the prizes.

This is the last club-sponsored bonspiel of the season, but there is still curling going on and room for fun spiels.

not score.

A 'costume malfunction' occurred when cans of silly string did not produce for the Grads, and a fitness test on a Grad player ended up with another cream pie.

All players took to the ice in the last minute of play which produced many brawls, scraps and goofy antics.

The final score was Grads 10, RCMP 8, but the Grads of the Class of 2004 were the real winners with all proceeds from the benefit game going to graduation expenses.

Those expenses include costs associated with the annual prom, dinner and decorations.

Anyone wishing to make further donations to help offset costs related to graduation activities can do so by contacting the Princeton Secondary School.

IS YOUR SUBSCRIPTION DUE FOR RENEWAL?

If your newspaper is mailed to you, check the date on your address label. Due to higher Canada Post rates, the cost of subscriptions by mail have increased.

By Mail in Similkameen Valley

Regular - \$ 35.75

Senior - \$ 31.75

Out-Of-Valley British Columbia and Alberta

Rural or Box

Regular - \$ 40.90

Senior - \$ 35.90

Delivered To Door

Regular - \$ 53.80

Senior - \$ 48.80

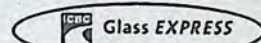
Similkameen News Leader
226A Bridge Street, P. O. Box 956
Princeton, B. C., V0X 1W0

100% Locally Owned and Operated

The Princeton Glass Co. Ltd.

89 Halliford Street, Princeton

(250) 295-3025



Building or Renovating?

See Us For Doors And Windows.

See Us Also For:

mirrors • window screens • tub / shower doors •
solar control products • phantom screens •
vinyl / wood windows • golf cart windshields
• auto glass • interior / exterior doors

226A Bridge Street

Similkameen News Leader

LOCALLY OWNED & OPERATED WEEKLY NEWSPAPER
Phone: (250) 295-4149 • Fax: (250) 295-4103

McConnell, Voelkl

Chartered Accountants
Phone: (250) 295-5205 • Toll Free: 1-877-869-5634

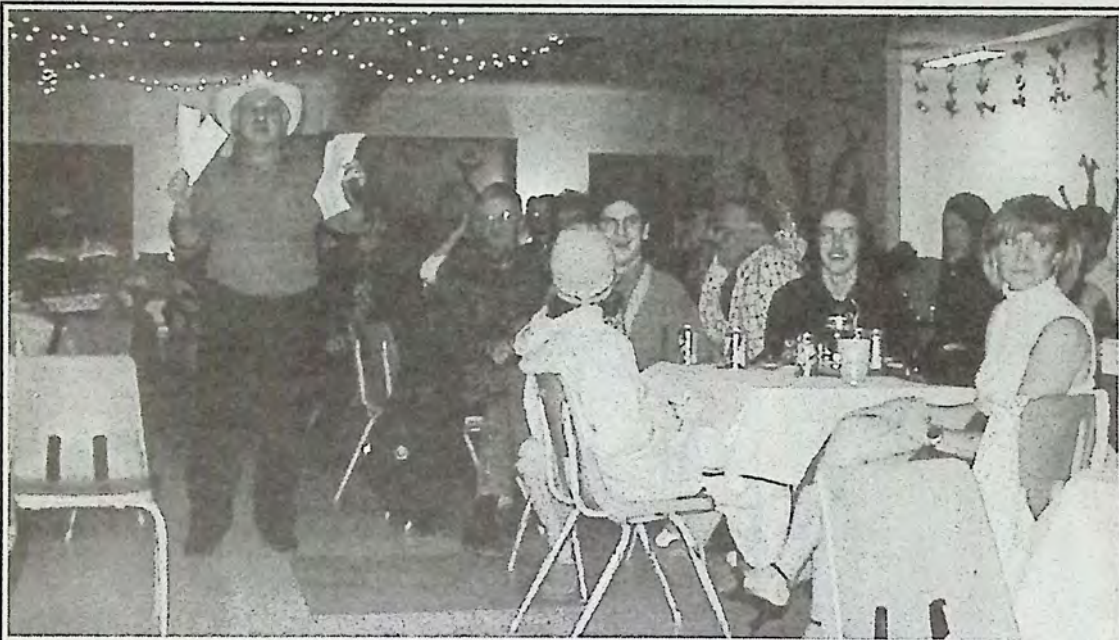
Princeton Family Eyecare

EYE EXAMS • EYE GLASSES • CONTACT LENSES
Phone: (250) 295-6640 • Toll Free: 1-877-222-2020

Cover2Cover Bookkeeping

& Office Services
Phone: (250) 295-6905 • Fax: (250) 295-6905

4 Services...1 Location!



John Babiak, standing, works the crowd during Friday night's auction at the Posse Awards Banquet. With the aid of auctioneer Dean Stinson, a total of \$2,394 was raised using prizes donated by local merchants. The hockey club is grateful for the community support.

Hauling season lasts longer

Industrial hauling on back roads will last longer this year as the province has approved automated tire pressure control systems. The new policy will permit hauling during part of the spring load restriction periods. Forest industry, mining, and oil and gas industries will increase cost savings and product quality as a result of increased access to back

roads during the spring thaw ban. Workers will benefit from an extended employment season. During spring thaw season, back roads are normally closed to large trucks, which can damage the roadbeds. Slight reductions in truck tire air pressure have been found to significantly reduce the impacts on roads while still maintaining safe driving stan-

dards. The tire pressure control system allows truckers to automatically reduce and increase tire pressures to pre-set optimum levels over the course of their trip based on data entered into an on-board computer. Tire pressure control systems cost approximately \$20,000 for a typical truck/trailer combination.

School Board drafts new user rates

The Board of School Trustees for Nicola Similkameen has drafted a new set of rental rates for public use of school facilities.

They propose a \$22/hr. rate for adult use of Princeton Secondary School gym and multi-purpose room, unless it is an all-day use, which will cost \$200 per day. The multi-purpose room will cost \$50 a day for a commercial user.

For John Allison and Vermilion Forks Elementary Schools and Riverside Intermediate School, use of the gym will cost \$15/hour for non-commercial users and \$140/hour for commercial users.

Classrooms and library space will cost \$10 per session for non-commercial users and \$25

per day for commercial users.

Holidays, weekends or after regular hours, users must pay \$27.50 per hour for janitor costs, which increases to \$41.00/hr. after 10 p.m. There are no janitor costs during the evening while there is a janitor regularly on duty.

Persons operating pre-school and after school daycare businesses will be charged a monthly fee. Pre-school will pay \$300 per month, and after school daycare will pay \$500 per month.

As this is just a draft, anyone wishing input may contact the School District to comment.

Rates quoted do not apply to activities related to education of children and youth nor to school-sponsored activities.

Similkameen News Leader

A DIVISION OF BENGEL PUBLISHING INC.

226A Bridge Street, P. O. Box 956
Princeton, B. C., V0X 1W0

Office Hours:
8:30 AM - 5:00 PM Monday - Friday

Advertising Deadline: Noon Fridays

Phone: (250) 295-4149 Fax: (250) 295-4103

e-mail: editor@thenewsleader.ca

TAX PREPARATION
at
THE HUT
Qualified Tax Preparer
Fast Service • Good Rates
---> ONLINE E-FILE SAME PRICE AS PAPER FILE <---
Call Bill 295-3835

Ladies Diamond Dinner
Saturday, March 13th
Hosted by: Princeton Legion - Branch 56

\$1,000 WORTH OF DIAMONDS
Plus Door Prizes to be Won!

LADIES: ENJOY A SEMI-FORMAL CATERED EVENING
Dinner & Refreshments - Served by Men!

TICKETS ARE SELLING FAST!
AVAILABLE at
LEGION OFFICE & LOUNGE
\$25.00
ONLY 100 TICKETS TOTAL

295-6060 or 295-7776

DQ
SOMETHING DIFFERENT

50% Off All Freezer Items
WEDNESDAY
February 25th ONLY
Frozen Cakes, Dilly Bars, Buster Bars, Logs, etc.
(WHILE QUANTITIES LAST)

158 Tipton Avenue, Highway 3, Princeton (250) 295-7599

THE GREAT OKANAGAN WOOD STOVE EXCHANGE PROGRAM

TRADE-IN SAVE 15%

Old belching wood stoves create unhealthy air and smoke that cause health problems for people living in the Okanagan/Similkameen

TRADE-IN your old wood stove or insert for a new CLEAN BURN technology WOOD, PELLET, ELECTRIC or GAS stove or insert and receive a...
REWARD! Visit PRINCETON IRLY BIRD between February 20, 2004 and April 4, 2004. Pick out a new CLEAN BURNING hearth product, freestanding or fireplace insert. Choose from EPA certified WOOD, PELLET, ELECTRIC or GAS burning models. Traded stoves are RECYCLED NOT RESOLD! We will take care of the details.
NO TRADE-IN NECESSARY if you buy an ultra clean pellet, gas or electric insert for your open-hearth fireplace.
RECEIVE A 15% (\$100-\$450) DISCOUNT OFF the price of a new CLEAN BURN Hearth Product.
FACTS: Certified Wood Stoves are very efficient so less wood is burned and \$\$\$ are saved. They burn virtually smoke free so minimum pollution occurs. Less wood = less ash = less cleaning = safer burning. Certified Wood Stoves also help the air quality in our Valley.

IRLY BUILDING CENTRE
Princeton Builders Mart
222 Burton Avenue, Princeton
(250) 295-6938

True Value Hardware