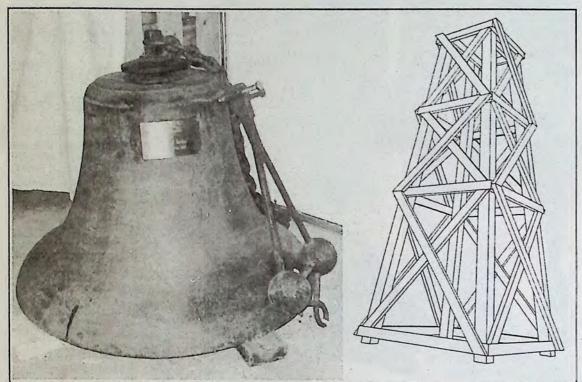
Similkameen News Leader

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Council wants no UBC in OUC



Hedley Heritage Museum Society is working on a project to reconstruct an exact replica of the old fire department bell tower. The original bell, left, currently sits in the Museum basement. The sketch at the right is what the 22-foot tall tower will look like. The tower is expected to be completed in time for the 100th Hedley Stamp Mill Days Celebration in May. Total cost of the project is around \$2,400 and donations can be sent to the Bell Tower Fund, c/o Hedley Heritage Museum Society, Box 218, Hedley.

Economic Development Officer reports to Princeton Town Council

Michael McLaughlin, hired by Similkameen Valley Planning Society, made his first public report to Town Council on March 1. McLaughlin began by explaining the basic concepts of rural economic development in today's world.

McLaughlin showed the economy depends on money into the community and money out of the community.

Money in comes from goods exported from the community, such as the posts and lumber manufactured in the Similkameen and sent out. Money in includes investment income, government Resource base income declines

sources such as pensions, EI and social assistance. He noted Princeton receives \$2.5 million in social assistance annually. Employees of major corporations who work here but are paid from an outside source are included in "money in".

Money out, which McLaughlin called "leakages" is made up of shoppers going elsewhere to make purchases and businesses buying goods and services from outside sources. To improve the local economy, we need to reduce "money out" and increase "money in".

The importance of manufacturing as a source of income is decreasing, not only in the Similkameen, but in North America generally. Resource industry is not a growth sector of the economy on this continent. Tourism, which was once the top growth industry, is not growing anymore.

Investment income is on the rise across North America. Baby boomers are retiring earlier, and want to live in an area with clean air, clean water, and an appealing landscape. McLaughlin said this source holds the best hope for the Similkameen Valley for economic growth. The proximity to the Lower Mainland will make the Similkameen Valley appealing for those who want to invest in a home in an area where they can enjoy the natural environing, fishing, and other outdoor activities.

Coalbed methane may have negative impact

McLaughlin told Council the potential for investment income could be spoiled by the development of coalbed methane, as the number of well-heads and service roads have a major impact on the landscape. He expressed concern that this development would drive away investment Continued on page 2

University of BC is not welcome in Okanagan College takeover talk

Princeton Town Council does not want UBC running OUC.

In response to a letter from Penticton City Councillor Rory McIvor, Town Council is sending a letter to Dave Chutter, MLA, to Premier Campbell and to the Minister for Advanced Education expressing Council's opposition to a proposal that the University of British Columbia take over the operation of Okanagan University College.

At a meeting held in Vancouver recently, the idea of having UBC as the parent and controller of OUC was presented to elected officials from the Okanagan and Similkameen Valleys. OUC is seeking university status, having been consistently underfunded as a university college.

Council expressed objections in terms of the unique contribution of OUC due to its location in the Okanagan. Further, Council does not want to see UBC's high tuition costs imposed on OUC, nor its elitist entrance requirements and its policy of selling high numbers of seats to foreign students. What elected officials are pushing for is a regional university accessible to the people of the region.

75¢ each

includes GST

Police seize pot plants in Princeton

On Wednesday, March 3, Princeton RCMP executed a Search Warrant for a mobile home trailer in Princeton. A 44 year old male Princeton resident faces charges of production of marijuana after a total of 64 marijuana plants were seized. The plants were in two stages of growth, ranging from adult plants, close to harvesting, and smaller plants in the seedling, starter stage.

"Police will continue to investigate and crack down on all illegal drug activity throughout Princeton and the surrounding area," says Sgt. K. Lozinski, officer in charge at Princeton's RCMP Detachment.

Okanagan Nation Alliance plans river basin fishery meeting in Princeton

On March 17, Okanagan Nation Alliance will hold a meeting in Princeton to hear presentations and comments from local residents in the development and implementation of a Watershed-based Fish Sustainability Plan.

Some of the Okanagan and Similkameen Basin's most significant fisheries are in decline or threatened. The Fisheries Plan will identify high priority fish stocks and habitat in individual watersheds, lakes and river stretches that are in need of protection and/or restoration. Although a considerable amount of such work has been undertaken by First Nations, government, stewardship groups and industry, there is still a great deal more to do.

The Watershed-based Fish Sustainability Plan is a co-opera-

tive effort of the Okanagan Nation Alliance and the Ministries of Sustainable Resource Management, Water Land and Air Protection, and Fisheries and Oceans Canada. Eventually, the plan will be combined with its counterpart for the Okanogan Basin in the United States. The result will be one of the most comprehensive inland fish protection and restoration plans in North America.

The Princeton meeting will take place at the Arena Mezzanine at 6:30 p.m. Anyone interested in fishing, habitat in the watershed, or riverbed restoration will find this meeting informative. The community information and input session will be facilitated by Neils Christiansen ARCH of Consultants.

Council puts airport phone on hold again

fund a phone to respond to able for the Town to become a inquiries about Princeton Airport, member before making other Councillor Ray Jarvis put the arrangements. phone issue on hold until the next RCACC represents small airports Council meeting.

slowed Council originally, The organization tries to provide Councillor Jarvis learned new information important and pertiinformation he wants to explore nent to small airports and lobbies before taking another step. He specifically on issues affecting learned there is an organization small airports. Councillor Jarvis called Regional Community wants time to contact and liaise Airports Coalition of Canada with this organization.

Despite his ongoing and persis- (RCACC) and he wants to find out ment for recreation - golf, hunttent efforts to have Town Council whether it would be more reason-

at a national level including regula-Although concerns about liability tory, financial and security issues.

STARLE ISTRES THE SIMILKAMEEN NEWS LEADER



You Won't Want To Miss This!

2

year as compared with last, but down. Other communities in the \$77,900, down 15 percent.

\$121,193, up 63 percent. The Princeton's February sales were average in Princeton area was Mayor Keith Olsen said

are "excellent assets to our communi-In addition, Council will send a

letter to Katimavik regional headquarters to ask that Princeton be considered for another Katimavik project.



The Mayor

a.m. on Saturday, May 1.



Posse loses favourite lady

The Posse Hockey Club is about to lose the lady who kept them organized, answered phones, made and sold programs and lucky pucks, kept tabs on the players, and generally kept everybody informed. Michelle Williams is moving to Fraser Lake where, she told the News Leader, "I have a life waiting for me there."

While everyone wishes Michelle the very best, everyone wishes she would stay.

One of the great things about the way Michelle works is she is unfailingly gracious no matter how stressful her job became. When we consider the huge number of hours of work she put in for the Posse, we tend to forget she is a volunteer! She put in seven or eight hours a night when the Posse played at home, and on weekdays, she was in the Posse office at the arena in the afternoon to do paperwork and answer phones.

At the final Posse game, announcer Dean Stinson gave a muchdeserved special tribute to Michelle, and the fans enthusiastically applauded their appreciation for her efforts.

Local resident asks about insurance in forest fires

In the wake of the disastrous fires of last summer, the B.C. government has made 42 recommendations regarding forest fires in parks and fringe areas. At the March 1 Town Council meeting, during question period, local resident Don Fleming asked Council about the impact on home insurance of brush or forest fires within the town. He remarked there is a lot near his residence that should be burnt off, and asked if Council has any plans for a controlled burning program this spring

Mayor Keith Olsen said the Town has not made any plans at this point. As to the impact on insurance, Council was not aware of any impact at this time.

The News Leader asked Council if, in the event of a fire in Town forested areas this year, after the recommendations have been published, would failure to implement the recommendations result in lack of coverage?

Council said they did not know, and would check into the matter

What's 5 bucks get you these days? A 25 word classified ad in this paper! Pay for 2 weeks, third week free.



Princeton Pro Rodeo is soliciting Platinum, Gold and Silver Sponsorships. Anyone interested in becoming a Sponsor for this years event can contact Ernie at 295-7345 or Stan at 295-6173 for more information. The Princeton Canadian Professional Rodeo will take place the weekend of May 15 & 16, 2004!

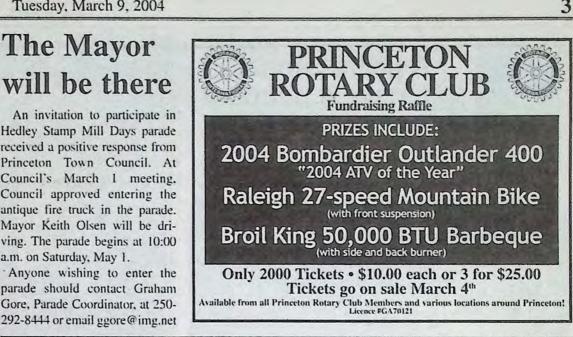
Stressless Chair (Visit any branch of Valley First Credit Union)

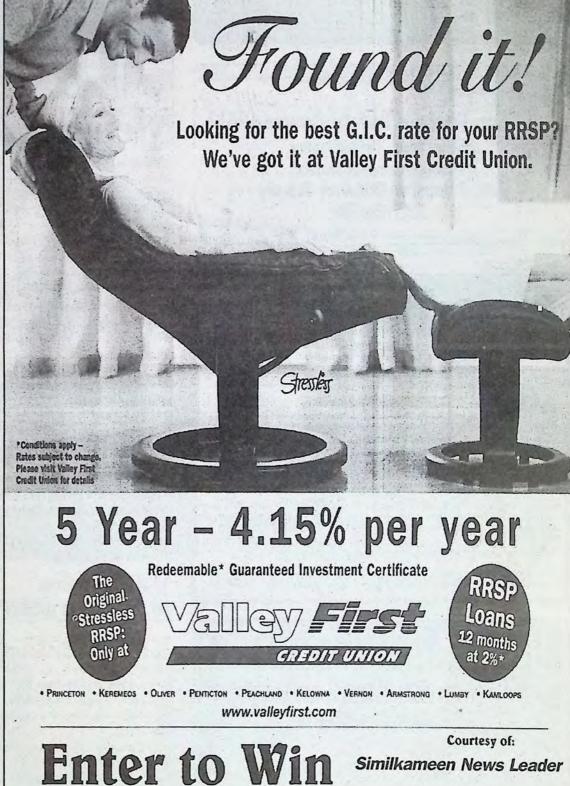
Similkameen News Leader

BEST SEATS IN TOWN

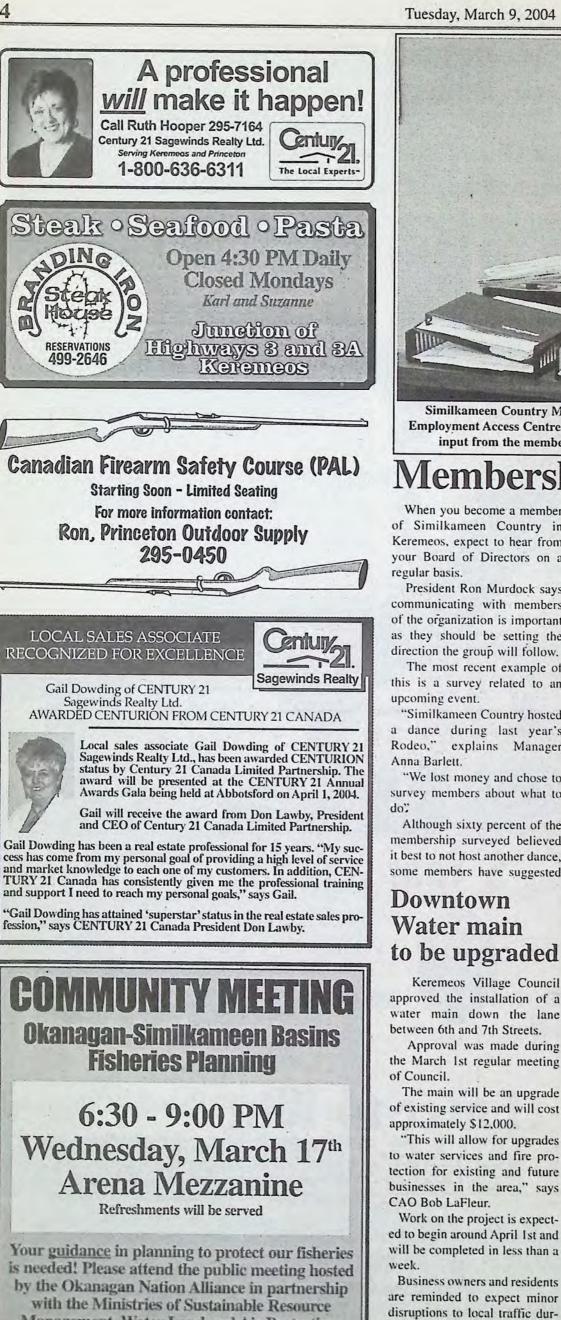
Valley First

CONDITIONION





THE SIMILKAMEEN NEWS LEADER



Management, Water Land and Air Protection, and Fisheries and Oceans Canada.



Similkameen Country Manager Anna Bartlett hard at work in her office in the Keremeos Employment Access Centre. Similkameen Country has a total of 92 members and actively seeks input from the membership on a variety of issues concerning local business interests.

voice always

When you become a member of Similkameen Country in Keremeos, expect to hear from your Board of Directors on a

President Ron Murdock says communicating with members of the organization is important as they should be setting the direction the group will follow.

The most recent example of this is a survey related to an upcoming event.

"Similkameen Country hosted a dance during last year's Rodeo," explains Manager

"We lost money and chose to survey members about what to

Although sixty percent of the membership surveyed believed it best to not host another dance, some members have suggested

Downtown Water main to be upgraded

Keremeos Village Council approved the installation of a water main down the lane between 6th and 7th Streets.

Approval was made during the March 1st regular meeting

The main will be an upgrade of existing service and will cost approximately \$12,000.

"This will allow for upgrades to water services and fire protection for existing and future businesses in the area," says CAO Bob LaFleur.

Work on the project is expected to begin around April 1st and will be completed in less than a

are reminded to expect minor disruptions to local traffic during the installation.

Keremeos Public Works Department will do the work.

possible alternatives.

One of the suggestions was to change the date of the dance from the Saturday to Sunday night of Rodeo weekend.

"That's one of the things we're looking at," Murdock says.

The final decision will be made March 30th and Similkameen Country members are reminded to contact their Manager with their comments and suggestions.

Each and every comment will be considered.

InfoCentre opens soon

Similkameen Country's Tourist InfoCentre will open May 15th.

The early opening is to coincide with the Keremeos Kruncher Ultra Runs.

"It will be open mostly weekends until the middle of June," says Similkameen Country President Ron Murdock.

The InfoCentre, which is locat-

ed in downtown Keremeos at Memorial Park, will be manned by volunteers to start.

Summer students will allow the group to extend hours of operation to seven days a week during July and August.

"We hope to have it open until the middle of October this year," Murdock adds.

Group addresses foot traffic

Similkameen Country is looking at establishing a network of trails in and around Keremeos.

"One of the things we are looking at is developing some hiking/walking trails," explains Ron Murdock, Similkameen Country President.

The plan is to put trails of various lengths around the area to provide a pleasant distraction to visitors.

"With three or four different hikes in place, it will encourage people to come here and give

them a reason to stop." These trails would vary in

length from one to eight hours and allow visitors to relax and explore the region.

"Hopefully they will enjoy the beauty most of us take for granted," says Murdock.

Plans are very preliminary at this point, but the idea is meeting with favourable response.

"Not having a lake here, we have to use something and we have a beautiful area we'd like to promote."

Business survey expands

A total of 348 businesses have been surveyed so far as part of the Similkameen Valley Planning Society's Business Survey.

Melanie Bagley and EDO Michael McLaughlin have been sharing the duties in gathering data to be used in identifying what the Similkameen has to offer and what it needs.

Bagley says, "In the Lower Similkameen the emphasis is agriculture with organic farming being especially important."

Of the 177 farms identified in the Keremeos/Cawston area in a survey conducted two years ago by Similkameen Country, 44 percent were organic.

"That's a huge number given that the average number of organic farms in Canada is under two percent," Bagley points out.

The business survey will shift to focus on Upper Similkameen businesses this week.



Royal Purple welcomes B.C. President

Princeton members of Royal Purple welcomed Lynda Nolan, President of BC Royal Purple Association, to dinner on March 2, at the Elks Hall. Elks members were invited to join Royal Purple for the occasion. President Nolan visited to answer questions and give encouragement, as well as to meet members. District Deputy Joan Popovich, of Keremeos Royal Purple, attended with Nolan.

Nolan told the News Leader the Princeton Royal Purple members are "fantastic, beautiful people, full of vim and vigour." In an after din-

ner address, Nolan talked about the four Royal Purple and Elks camps for children, and the fifth, now under construction. She spoke of the new Hearing Resource Centre in Surrey and the work going on to assist hearing impaired British Columbians. From Prince George, Nolan was pleased to invite Princeton members to attend the June conference to be held in her home town.

Nolan's theme is TEAM (Together Everyone Achieves More), and she asked Princeton members to keep TEAM in mind.

Princeton members asked Nolan to present long service pins. Two members were absent: Margaret Stoneberg (40 years) and Roberta Johnsten (10 years).

Nolan was pleased to present the pins. Two members, at 55 years each, were Grace Lawrence, a Princeton Charter Member, and Adele Macdonald.

Others receiving pins were Dorothy Monkman (5 years), Rosemary Aiken (10 years), Pearl Driver (15 years), Barbara Milde and Doris Driver (25 years) and Evelyn McCallum (45 years).

Find property online

Regional District of Okanagan Similkameen (RDOS) has officially launched its Internet Parcel Mapping.

Parcel Maps located at www.rdos.bc.ca allows users access to current, detailed civic. legal and zoning information on an aerial photo base.

Users will be able to access specific information on a parcel of land through their internet browser either by typing in a civic address or interactively by clicking on a map in their internet browser.

This mapping application demonstrates RDOS commitment to enhancing their services through internet. These services are available to the public 24 hours a day, seven days a week, from the convenience of home or office.

There is now no need to travel all the way to Penticton for basic civil, legal or zoning information.

To check out the new service, browse to www.rdos.bc.ca and click on the Parcel Maps button.

Fall Fair offers new exhibits categories

How would you like to submit an entry to Princeton's Fall Fair that would be judged against entries from other B.C. fall fairs?

These entries would be donated to the 2004 BC Fairs Association Convention, and would be judged at the convention.

The new categories will be included in the prize book for Princeton and District Fall Fair.

1. Gift basket for any occasion -Design and build a gift basket for any occasion (special holiday, thank you, care package, etc.) Basket may contain homemade or purchased items.

2. Hand made table centerpiece -A hand made themed table center for a special event - wedding, convention, graduation, etc. Table centerpiece must be appropriate for a round table seating eight people.

3. "My Family Heritage" scrapbook - (this will be returned to the owner after judging at convention) Design a scrapbook depicting your family heritage. Scrapbook can contain photos, newspaper articles, memorabilia, crafting supplies, etc.

Neil McHaffie, owner and manager of CENTURY 21 Princeton Realty, is proud to announce the following achievements for 2003 have been recognized by CENTURY 21 Canada.



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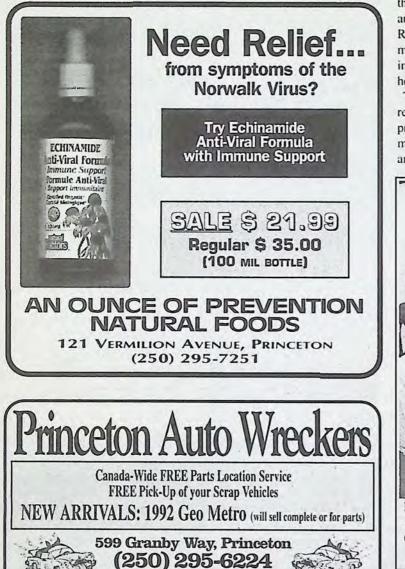
In addition, CENTURY 21 Princeton Realty has been recognized as a Gold Medallion Office by

CENTURY 21 Canada for its achievements in sales production.

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Take this Prescription: Laughter!

by Jill Rhynard, IH Health Promotion Coordinator

We've all heard that laughter is the best medicine, but is it really? For a long time we've known that the ability to laugh is helpful to those coping with major illness and the stress of life's problems. Researchers are saying much more – laughing helps to keep the immune system in balance, which helps us fight off diseases.

There is evidence that laughter relaxes tense muscles, reduces production of stress-causing hormones, lowers blood pressure, and helps increase the oxygen absorption in the blood. These studies have show that when we laugh, there is an actual chemical change in our bodies that helps to ease pain and release stress. Laughing is a way of coping with the normal stress of life.

Laughing helps you burn calories! How great is that? Laughing 100 times is equivalent to 10 minutes on a rowing machine or 15 minutes on an exercise bike. You can use up to 400 muscles in your body when you laugh. No wonder you feel exhausted after a good laugh – you've had an aerobic workout!

Pull tabs saved by a local youth are donated to Princeton Lions Club. Left to right: Dan Shenton, Krystle Quaedvlieg and lion George Judd. The tabs can be donated at the B.C. Government Liquor Store in Princeton.

Tabs go to good cause

by Krystle Quaedvlieg

I remember being at my grandparents' house in the morning every once in awhile. I would sit at the kitchen table and watch my Grandpa come in the house with his daily box of beer tabs. I was only five years old, but I understood why he was saving them. It was so the Lions could donate wheelchairs to the hospital.

I didn't quite understand how they got wheelchairs out of beer tabs, but that didn't matter. The only thing that mattered was Grandpa was going to give the hospital a wheelchair. My Mom told me that when I was three or four years old, I would take one tab off a pop can and I would ask her to take me to see Grandpa to give him the tab.

My Grandpa passed away in 1997 when I was nine years old. I thought it was only right to try to carry on his tradition, to collect tabs. I started my own collection shortly after he died and I haven't stopped for over six years. So far, I have about 13 pounds and I'm still collecting.

I donated my tabs to the Princeton Lions Club in memory of my grandfather, Ole Lindquist. I would like to thank Rick van Heeswijk and my Dad for helping me with my collection. You can donate tabs at the Liquor Store for Camp Winfield, where Lions send them these days. Research being done in the States finds that laughing and having a good sense of humour can protect against heart disease. As Dr. Miller, from the University of Maryland, says, "The recommendations for a healthy heart may one day be exercise, eat right, and laugh a few times a day."

The psychological aspects of laughter are amazing. People often hold in negative emotions like anger, sadness or fear, instead of expressing them. Laughter provides an easy way of releasing those emotions. That's why, when you are under stress, it is good for you to go to a funny movie or a comedy club. Here are some tips to help you put more laughter in your life:

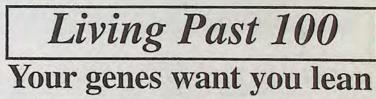
* figure out what makes you laugh and do it, read it, or watch it more often

* associate with funny people and be with them as often as you can

* develop your own sense of humour – be funny every chance you get (as long as it's not at somebody else's expense).

Take time to include laughter and humour in your life. You will notice changes in your physical health and a sense of optimism and hope will move right in. While most medical therapies have risks associated with them, as you have probably guessed there are no negative side effects to laughter.

I recently attended a laughter workshop and through a highly sophisticated process (chuckle, chuckle) we came up with new names for ourselves. So, until next time, I sign off as "Booger Waffle Chunks".



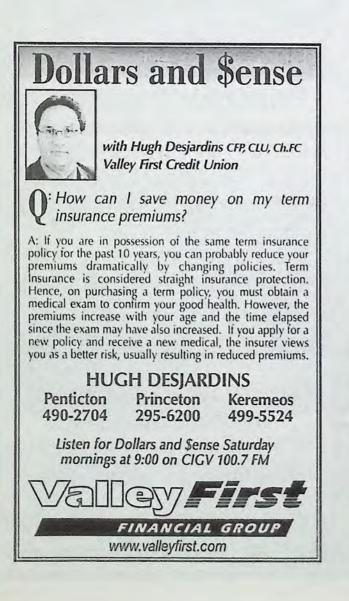
The recent identification of obesity as our Number One health problem mentions the potential for cancer, heart disease and diabetes. No mention is made of obesity taking years off your life but that factor should be included.

Even if you do not develop cancer, heart disease or diabetes, obesity will reduce your lifespan. The reason is in your genetic structure. Researchers have found the original DNA of animals, which is located in our genes as a sort of piggyback element, probably controls how we age and how long we live. This genetic element is called mitochondrial DNA, and is passed from mother to child. We can trace ancestral female groups through mitochondrial DNA as it remains the same forever.

The discovery of the function of mitochondrial DNA made it more significant to how long we live. The mitochondria is the powerhouse of the cell. When the mitochondria dies, the cell dies. When a whole host of mitochondria die, we are dying.

We need to look after our mitochondria if we want to live long. The best way to protect and encourage the mitochondria to stay alive is by being slim. Mitochondria like a lean machine. Obesity opposes life at the cellular level.

Obese people may feel the world has turned against them and they may feel it is not fair. The arguments against obesity are no longer about appearance, they are about health and a long life. Just as excessively thin people may not be healthy, excessively fat people have been identified as ' at risk' of many diseases, and a shorter life.





Princeton Museum volunteers discovered four inches of water in the basement of the building last monday afternoon. President Nick Mills, above, works on clean up at the back door, where an estimated 500 gallons of water seeped in from the alley. Damage was considered light but costly to the Town, which covered clean up costs. On-site sump pumps failed to activate.

Museum workers sweat to ready for spring

Princeton's museum has been a hectic place during the past two weeks. On top of all of the efforts to put out new displays, the basement had a flood! There was no real damage done, but it meant a lot of added work.

Many displays are undergoing change. A fabulous doll house donated by the Dunsmore family is now part of the doll display.

One of the mannequins is now dressed as Nurse Warburton to go with the Podunk Davis display, which includes Podunk's whiskey still.

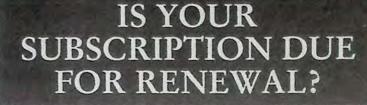
From whiskey to temperance might be this year's theme, as one of the big displays is the church exhibit which is located by the organ and beneath the stained glass windows.

Changes have been made to the First Nations exhibits. The spear and arrow points have been removed from the Pollard wing and will be shown in conjunction with other First Nation artifacts and information.

The Princeton beer display remains in place, with its beer keg, bottles, labels, and so-forth. Changing the front entry hall leading to the museum displays is in the plans this year. Rumour has it that there will be a Mountie in the front entrance to greet every visitor. On a visit to the museum last week, the News Leader did see a Mountie dressed in red serge standing in the center of the museum.

As the lively activity continued, Lou Smyth came in with a television set which was to be mounted on the wall. This set will run videos of Princeton area throughout the tourist season. There are a number of videotapes available.

President Nick Mills, who has worked hard on all these displays as well as doing water mop-up, wants the museum to be an attraction for Princeton people as well as tourists. Mills hopes to have the museum open every day of the week during the summer months, but he wants it open from 10 a.m. to 5 p.m. during April and May. This is not confirmed yet.



If your newspaper is mailed to you, check the date on your address label. Due to higher Canada Post rates, the cost of subscriptions by mail have increased.

By Mail in Similkameen Valley Regular - \$ 35.75

Regular - \$ 35.75 Senior - \$ 31.75

Out-Of-Valley British Columbia and Alberta

Rural or Box Regular - \$ 40.90 Senior - \$ 35.90 Delivered To Door Regular - \$ 53.80 Senior - \$ 48.80

Similkameen News Leader 226A Bridge Street, P. O. Box 956 Princeton, B. C., VOX 1W0

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Above left, Don Coyle discovers the bulb behind the stained glass window is burnt out. At right, Katimavik volunteer Chris places United Church artifacts in a display case for the church exhibit.

You Won't Want To Miss This!

Free Coffee

Cookies - Doughnuts

THE SIMILKAMEEN NEWS LEADER



4 Services...1 Location!

8



Above, members of Katimavik, their sponsors and friends line up at the buffet table to enjoy a potluck supper as part of their farewell to Princeton. It was a partly happy, partly sad, occasion.

Katimavik goes to St. Catherine's

The most recent contingent of Katimavik held a farewell evening on March 4 to spend time with sponsors and friends. The occasion was a potluck supper at New Beginnings.

Entertainment was provided by the Katimavik members, who put

Vermilion Rebekah news

by D. Stenvold

Although many of our members were absent due to illness, we held an interesting, happy meeting. Sister Nancy did a very nice job as Chaplain - her first time at this station.

We hope our Sisters make a good, quick recovery from their present health problems.

Plans for our District Association meeting are beginning to take shape. It will be a busy time for us that day and well worth our efforts.

Tea was enjoyed with refreshments provided by Sister Adelle. No table prize this time - sorry!

Local man charged in stabbing attack

On Thursday, March 4, 2004, at approximately 11:06 p.m., Princeton RCMP responded to a report of a stabbing which had occurred near the intersection of Bridge Street and Angela Avenue. A 21 year old Princeton man was taken to Princeton General Hospital for treatment of a stab wound to the leg.

A 44 year old Princeton man was taken into custody a short time later and will be appearing in court on a charge of assault with a weapon.

RCMP continue to investigate the incident.

together a video presentation outlining their many jobs and activities during their stay in Princeton. Many worked in schools, helping teachers in a number of ways. One individual worked with speech pathologist Jackie Rowe. Another helped compile a history of the United Church and cooperated with the Museum Society members in making a display of the United Church for visitors to view. One worked with the tiny tots at Little Folks Nursery School.

They showed some of the things they did at their residence

Asset Development

'Katima-house', which included a lot of music, ill-fated kitchen experiences, and tripping over chairs, as well as an impromptu "murder" caught on film.

Activities in the area included skiing, snowboarding, and trips to Vancouver and Kelowna.

This group arrives in St. Catherine's Ontario on Wednesday, March 10. They bid farewell with emotion, and repeatedly thanked Princeton people for their "open arms" and support.

The new group arrives on Wednesday for a three-month stay.

Love and support: the heartbeat of the family

by Nadine McEwen, Asset **Development Coordinator**

Children are never too old to hear 'I love you'. It is such a simple thing to say and do we say it enough to our kids?

Love and support. It sounds so easy. We know we do it. Everyone does it, right?

Giving your child consistent love and support can be tricky. How often does your child feel supported when you come home from an exhausting day and he or she wants to talk, but you want a break?

What about when you're struggling with a difficult personal issue and your child wants your attention?

Young people know your body language. They list to what we say - and don't say. They notice when our words and our actions don't match.

Supporting and loving our children refer to the many ways we affirm, love and accept them, both verbally and non-verbally. When we hug them or say those three magic words, 'I love you', the expression is obvious. Paying attention to them, listening to them, and taking an interest in what they're doing, are less obvious ways of giving support, but they're just as important.

The next time you're exhausted, say so. If you're angry, be honest. If you don't tell your child what you feel, the child reads one message from your body and hear the opposite. Children interpret inconsistent messages as meaning they have done something wrong. Do "stuff" together as a family. Go for a walk. Have a leaf fight. Eat together at least once a day. Read a book together as a family. Ask your child about the day. Let the child know what happened in your day. Turn off the TV. Frame your child's art work and hang it on the wall. Give your child space to think, rest and rejuvenate. Lie under the stars together and just dream and talk.

Be consistent. Be loving. Develop an openness so your child always knows you are available and you will love him or her no matter what.

The above information was taken from the Ideas for Parents newsletter from the Search Institute.

weekly entertainment guide

TUESDAY, MARCH 9, 2004 THROUGH MONDAY, MARCH 15, 2004



Posse struggles for a win

Above, the Posse players put pressure on the Rockies during third period of the fourth play-off game. They wanted a win, but lost by one goal. Princeton fans were extremely upset with officiating during the third play-off game

!*&@# ciating ruins third game

Game three of the first round of playoffs for the Posse was an interesting match of mostly poor refereeing and angry fans.

The game of hockey itself was something else completely.

Both Columbia Valley Rockies and Princeton Posse played an exciting, fast first period Monday night.

Posse netminder Tony Johnston was spectacular in goal making some incredible saves in what was probably one of the best periods of hockey ever played in the arena.

Neither team scored in the opening frame.

Columbia Valley broke the scoreless tie at 3:19 of the second period and followed it three minutes later with goal number two.

The game then shifted to the officiating, where the period was marred by numerous questionable calls which generated loud objections from spectators.

A game ejection of Sandy Tyler for his third stick violation of the night and many missed or ignored - Rockies' penalties whipped the crowd into an angry frenzy.

Columbia Valley capitalized on the disturbance and scored two more times in the last five minutes of play putting them ahead 4 to 0.

Disgusted fans made their feeling known when the officials skated out at the beginning of the final frame.

A few water bottles were throw onto the ice - the first time anyone could remember such a dis-

play. Hockey did eventually become the focus of the evening and Alex McPhee put one in the net for the Posse at 1:56, but they could not beat the Rockies.

Final score 4 - 1 for Columbia Valley in a well played game by both teams.

Game 4 Summary on Page 10

25.43

Keep It In The Green Zone! PLP's "Power-By-The-Hour" Contest Entry Name Address Phone Week # Red Zone Answer Green Zone Princeton Light & Power Co. Ltd. 1.6.22 Ep 231 Bridge Street, Princeton Phone (250) 295-3244 Fax (250) 295-3611 Services

March 31 st

"The Day Before April Fool's Day **April Fool's Day Celebration'**

Giveaways - Door Prizes In-Store Specials Free Coffee Cookies - Doughnuts

You Won't Want To Miss This!

P.A.S.S



The Quiz - Week 6

Naturalists hike old KVR railbed near Coalmont

by Jim Smart

On the morning of February 28, enthusiastic seven highly Forks Vermilion Field Naturalists hiked out of Coalmont eastward, heading along the Kettle Valley Railroad bed along the meandering Tulameen River.

The sounds of nature, mingled with the flowing river, was refreshing, filling our hearts with tranquil peace and joy. Shadows of trees were displayed upon the golden, sparkling, sun-bathed winter landscape.

At the five kilometre mark, the naturalists left the KVR and strode down to a masterfully crafted beach on the pristine river's shore. Here, there is a placid pool acting as a painter's canvas, reflecting Mother Nature's winter solitude. It is enhanced by a bluff of red, which skirts the river's shore. Completing the picture is the winter-graced skyline holding this master piece in its center.

line. Hotdogs were roasted and stories unfolded of yester-year. In sharing Nature with others, these prolific nature-lovers are thrilled. The fire died down and was kicked out into the snow. Then the seven rosy-cheeked. smiling hikers strolled along the KVR back to the peaceful little village of Coalmont.

A campfire was lit on the snow

Today's Date is Friday, July 9th, 2004 - the Time is 2:00 PM. According to PLP's Time Of Use Schedule, would this be in a "RED ZONE" time period or would it be in the "GREEN ZONE"? The Gear Winners! You will need "Power-By-The-Hour" Charts. They are available at both the Princeton Light 6 Power office and at the News Leader. You will require these to art the compare to many the second se 13 Weekly Draws - February 6th to April 30th, 2004 \$ 25.00 Credit to the PLP Power Bill of your choice! The Loot 3 Monthly Draws - February 27th, March 26th, April 30th 100.00 Credit to the PLP Power Bill of your choice! Week 5 Winner of \$25 PLP Power Bill Credit: inal Grand Prize Uraw - Way 1", 2004 K. Goglin \$500.00 Credit to the PLP Power Gill of your choice! Week 6 Prize: \$25 PLP Power Bill Credit The Routine 1) Get Weekly Question from News Leader...2) Determine Answer from PLP Charts... 3) Fill out Entry Form from PLP or News Leader...4) Drop Off Entry at PLP or News Leader... 5) Win if Entry is Drawn...6) Enter Weekly and Enter Often...7) Have Fun! Princeton Light & Power Co. Ltd.

231 Bridge Street, Princeton

e (250) 295-3244 Fax (250) 295-3611 www.pipowerco

Fans treated to excellence in Game 4

Princeton's Junior B Hockey Team gave fans, volunteers and supporters an amazing final game in their playoff series against Columbia Valley Tuesday night.

The team only had twelve skaters dressed and they played an intense 20-minute first period with solid action throughout.

Columbia Valley opened the scoring with a goal at 10:10 in a 5-on-3 situation.

Tony Johnston, who just turned 16 a week ago, continued to make incredible saves and snatched pucks out of the air with his glove hand. When Johnston wasn't stopping the Rockies, it was the goal posts keeping the puck out of the net.

The first period ended with Columbia Valley ahead 1 - 0. Princeton put pressure on the

Rockie goal from the start of the second frame and Seth Armitage tied the game at 1:00. The boys played their hearts out

digging and scrambling after pucks in corners and behind the net.

It was as if someone told them the Rockies had not spent a night in Princeton during the series, opting to support hotels and

- 38

restaurants in Penticton instead. At 6:41, Steve Brush hammered one in, assisted by Chance Lintick, giving Princeton a 2 - 1 lead.

Columbia Valley tied the game at 17:11. By this time it was obvious both teams were getting tired.

The 15-minute break revived both teams and the Posse played hard in the third period.

Hopes of an overtime period were dashed at 14:02 when Columbia Valley scored.

Final score: Rockies 3, Posse 2, Fans 1 (wonderful year of excellent hockey).

 Filter
 Filter

Kaylie Gibb, left, participated in a Lower Mainland Kyokushin Tournament on February 28th representing the Princeton Kyokushin Karate Club. She placed 2nd earning the Silver in the Womens 15 - 16 year old Full Contact Knockdown Division. Sempai Lyle Zimmerman, right, will be training his students at the Princeton and Cawston Dojos over the next 4 weeks to prepare them for a March 27th Tournament in Penticton.

2003-04 Princeton Arena Schedule

SUN	MON	TUE	WED	THU	FRI	SAT
Hockey Game	9 - 11:00 AM School Rentals	9 AM - 12 PM School Rentals	9 AM - 12 PM School Rentals	9 AM - 12 PM School Rentals	9 AM - 12 PM School Rentals	Hockey Game
Hockey Game	11 AM - 12 PM Adult / Tot / Seniors	1:15 - 2:30 PM Stick & Puck	1:15 - 2:30 PM Adult / Tot / Seniors	1:00 - 2:25 PM Stick & Puck	1:15 - 2:30 PM Stick & Puck	Hockey Game
Hockey Game	1:15 - 2:30 PM Stick & Puck	4:00 - 4:45 PM Tykes Practice	Concerns and the Concerns of the		3:15 - 5:15 PM Figure Skating	Hockey Game
Hockey Game		4:45 - 5:30 PM Novice Practice			5:15 - 6:00 PM Jr Girls Hockey	Hockey Game
4:45 - 6:00 PM FREE Public Skating	8:00 - 9:00 PM Posse Practice	5:30 - 6:30 PM Atoms Practice		4:45 - 5:30 PM Novice Practice		Hockey Game
Girls Drop-In Hockey	9:15-10:45 PM Oldtimers Hockey	6:45 - 7:45 PM Pee Wee Practice		5:30 - 6:30 PM Atoms Practice	7:15 - 8:15 PM Public Skating	5:00 - 6:30 PM Public Skating
7:30 - 9:00 PM Adult Rec Hockey		7:45 - 8:45 PM Bantams Practice		Pee Wee	8:15 - 8:45 PM Teen Stick & Puck	Hockey Game
		9:00 - 10:15 PM Posse Practice		8:00 - 9:00 PM Bantam Practice	9:00 - 10:30 PM Pumpkins Hockey	
		10:30 - 11:30 PM OPEN FOR RENTALS		9:15-10:45 PM Adult Rec Hockey		

tuesday movies

MORNING

- 11:00 am A&E (9) ****"Bad Influence" (1990, Suspense) Rob Lowe. A workaholic's casual relationship with a hedonistic stranger leads him into an increasingly violent world of crime.

AFTERNOON

5:00 pm WTBS 3 *%"Blue Streak" (1999, Comedy) (PA) Martin Lawrence. A recently paroled thief poses as a cop in order to retrieve a gem he hid in an under-construction police station [60] (DVS)

EVENING

6:00 pm CITY 29 ★%"Deuce Bigalow: Male Gigolo" (1999, Comedy) Rob Schneider. After destroying an expensive fish tank, an aquarium cleaner becomes a luckless gigolo to raise some quick cash.

- 7:10 pm WTBS 3 */2"U-Turn" (1997, Mystery) (PA) Sean Penn. Oliver Stone directed this tale of a stranded hood in Arizona who becomes involved with a woman he was hired to kill. [5]
- 9:00 pm FAM (26) * * * * "Terms of Endearment" (1983, Drama) Shirley MacLaine. An Oscarwinning chronicle of 30 years in the often turbulent relationship between a mother and daughter.
- 9:10 pm WTBS 3 *½"Blue Streak" (1999, Comedy) (PA) Martin Lawrence. A recently paroled thief poses as a cop in order to retrieve a gem he hid in an under-construction police station. [6] (DVS)
- paroled the poses as a cop in order to retrieve a gem he hid in an under-construction police station. [12] (DVS)
 10:06 pm CITY [29] *%"The Scarlet Letter" (1995, Drama) Demi Moore. After her husband is reported dead, a Puritan woman gives in to temptation and has an affair with the local minister. [16]

11:10 pm WTBS ③ ★%"U-Turn" (1997, Mystery) (PA) Sean Penn. Oliver Stone directed this tale of a stranded hood in Arizona who becomes involved with a woman he was hired to kill. [6]

wednesday movies

MORNING

- 10:00 am CITY 29 ★%"Deuce Bigalow: Male Gigolo" (1999, Comedy) Rob Schneider. After destroying an expensive fish tank, an aquarium cleaner becomes a luckless gigolo to raise some quick cash. [€]_____
- 11:00 am A&E (9) * * "The Lies Boys Tell" (1994, Drama) Kirk Douglas. Renewed respect emerges from a man's cross-country journey to take his dying father to the place where he was born. (0)

AFTERNOON

5:00 pm WGN 38 ** "Best Men" (1998, Comedy-Drama) Dean Cain. A media circus erupts when a group of friends stops to rob a bank on their way to a wedding. (In Stereo)

EVENING

6:00 pm WTBS (3) * * "The Craft" (1996, Horror) (PA) Robin Tunney. A teenager grows alarmed when her and her new friends' involvement with witchcraft gets dangerously out of hand. (E) CITY 29 * * "The Wedding Planner" (2001, Comedy) Jennifer Lopez. A wedding planner is shocked to learn that the man with whom she shared a romantic date is her biggest client's fiance.

8:00 pm WTBS (3) * "The In Crowd" (2000, Drama) (PA) Susan Ward. A former mental patient is given a job at a ritzy country club, where a sinister debutante takes her under her wing. [6] 9:00 pm FAM (26)

9:00 pm FAM (26) ***"Days of Thunder" (1990, Drama) Tom Cruise. A hotshot rookie stock-car driver sets his sights on the professional NASCAR circuit and the prestigious Daytona 500. (In Stereo) (1985) **" "Fletch" (1985)

10:00 pm WTBS ③ ★★%"Fletch" (1985, Comedy) Chevy Chase. A reporter with an array of disguises unravels a plot involving a wealthy businessman who contracts his own murder. [€]

10:06 pm CITY 29 ★ "The Tie That Binds" (1995, Suspense) Daryl Hannah. A couple incur the wrath of their foster child's biological parents, who will stop at nothing to take her back.

Similkameen News Leader WEEKLY OPINION POLL

THIS WEEK:

Do you think Princeton RCMP are winning the War Against Drugs?

LAST WEEK:

100% of respondents said they kept eating Canadian beef during the Mad Cow scare... a few even said they ate more!

We want to hear your thoughts. Results will appear here next week.

editor@thenewsleader.ca

THE SIMILKAMEEN

TUESDAY, MARCH 9, 2004

1	WTBS 3	CHBC 4	KNOW	KSPS	KHQ (7)	KREM	A&E	KXLY (10)	BCTV	CITV (12)	YTV (18)	TSN 19	VTV 22	DISC 24	FOX 41	FAM (26)	KTLA (27)	CITY	WGN 38
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7 ^{AN} :3	Dawson's Creek II	Life Today 100	Zoboo Magic Bus	Boohbah Teletubbs		The Early Show 3	Murder, She Wrote	Good Morning America			George S. Woody	Curling: Nokia Brier –	AM 3E	Last Wild Mustangs	Sabrina's GRC	Martin -	News 30	CityLine 30	Matlock "The
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10 :3	Cosby (C) Cosby	The Price Is Right 30	Wumpa The Hoobs	Reading Lions		The Price Is Right 3	American	The View (N) 33		Body MoneyWs	Monsters Monster	TradeCent re Coverage	The View (N) 30	How'd They Do That?	Starting	JoJo Henrys	Jerry Springer	Movie: "Powder"	News 30
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	A Fresh Pr. O Harvey	News 📧	Train	Europe Antiques	Shop Shop	News Bold & B.	(1990) HOD	All My Children	News 30	Days of Our Lives	SpongeBob Hamtaro	(Live)	Balance-TV Bold & B.	Smart Sharks	Perry Mason	Fillmore Goof Troop		en, 38) CityLine Huntley	Street
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WEDNESDAY, MARCH 10, 2004

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8		"The In Crowd"	Ladders (N)	cting Supper		Graham Special	11 20	Watch I	My Wife	Will-Grace	Will-Grace		Hockey:	American	Planet III	American	Heartbeat	up 11 11	Millennium	
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NEWS LEADER

THE SIMILKAMEEN 12 Tuesday, March 9, 2004 Regular Similkameen News Leader thursday movies Meetings **Community Calendar** MORNING Drama) Rod Steiger. A young boxer who hopes to become a champion who hopes to become a champion keeps his activities a secret from his disapproving parents. (DVS)
7:10 pm WTBS (3) * 3"Home Alone 3" (1997, Comedy) (PA) Alex D. Linz. A quick-witted 8-year-old makes life miserable for four high-tech spies trying to recover a top-secret computer chip. (E)
9:00 pm FAM (26) * * 3"Spaceballs" (1987, Comedy) Mel Brooks. Spacefarers come to the rescue of a planet threatened by the evil Dark Helmet in Mel Brooks' spoof of sci-fi movies. (E) * Otter Valley Fish & Game 10:00 am CITY 29 * * "The Wedding Planner" (2001, Comedy) Jennifer Lopez. A wedding planner is shocked Club regular meetings 3rd MARCH Saturday of month, noon, at 8 - Hospital Auxiliary meeting to learn that the man with whom she clubhouse shared a romantic date is her biggest 9 - PXA meeting 7 pm Town Hall Similkameen Christian client's fiance. Man" (1990, Comedy) Robin Williams. A car salesman's womaniz-**15 - SPRING BREAK** Riders meet at the A&W every **Town Council meeting** Wednesday evening at 6 pm for 27 - Hedley Talent Night and supper Community Hall 5 pm a ride. To join, show up ing ways get the better of him when Country Chapel Gospel Hour 7 pm Gospel hymns an armed husband lays siege to his dealership. * Princeton Writers Group APRIL meets every second and fourth 9 - GOOD FRIDAY AFTERNOON movies. [C] Thursday 7pm at Br 30 Sr 9:10 pm WTBS (3) ***5"Funny Farm" (1988, Comedy) Chevy Chase. A sportswriter leaves the big-11 - EASTER SUNDAY Citizens Hall 162 Angela Avenue 5:00 pm WTBS ③ ★★★"Home Alone" (1990, Comedy) (PA) Macaulay Culkin. A precocious 8-year-old stands off two bumbling bur-Chopaka Rodeo * Hospital Auxiliary meets 2nd Monday each month at 2 pm Easter Fun Day at Don & Anna's Greenhouse city life for what he hopes will be a bucolic existence in small-town New Hospital board room Hampshire. (E) 10:66 pm CITY (29) * * * "About Last Night..." (1986, Comedy-Drama) Rob Lowe. Two Chicago singles try to build a more meaningful relationship with each other following a one-night stand (E) MAY glars after his vacationing parents accidentally leave him behind. * PGH/Ridgewood Lodge 1 & 2 - Hedley Stamp Mill Days 100th anniversary (DVS) WGN 38 Foundation meets 2nd Monday. WGN 38 *** Dirty Rotten Scoundrels" (1988, Comedy) Steve 3 - Council meeting 12:15 Hospital Boardroom 9 - Mother's Day at the Grist Mill * Hedley Library open 2-7pm Martin. Two con artists zero in on a wealthy woman in a contest to deter-Thursdays stand. [CC] 15 - KEREMEOS "KRUNCHER" 50 km run 11:10 pm WTBS (3) * * "Father and Scout" (1994, Comedy-Drama) Bob Saget. A man gets a chance to demon-strate his total lack of athleticism when mine who will lay claim to the French Riviera. (In Stereo) * Princeton Paintball Club Otter Valley club clean-up meets every Sunday at 10 a.m. 15, 16 - Princeton Canadian Pro Rodeo EVENING Contact 295-0673 22,23, 24 - Keremeos Elks Rodeo he joins his son on a weekend camping trip. * Princeton Rifle and Revolver **Cathedral Lake Powwow** 6:00 pm CITY 29"The Kid" (1997, Club meets every Thursday at 7 Hedley slowpitch tournament 29 - Otter Valley Pike Mtn. clean-up p.m. from October 1 to May 30 friday movies Princeton Grad ceremonies at the indoor range in the 29,30 - Music Under the K at Keremeos Cultural Centre. 295-6150. * Princeton Fish & Game Club MORNING Comedy) Cole Sprouse. Premiere. A stranger tries to help twin brothers who play for a winless soccer team. (In Stereo) JUNE 10:00 am CITY 29"The Kid" (1997, Drama) Rod Steiger. A young boxer who hopes to become a champion keeps his activities a secret from his disapproving meets first Monday of month at 5,6 - Spring Motorsports Festival play for a winless soccer team. (In Stereo)
8:00 pm KNOW (5) ****"The Age of Innocence" (1993, Drama) Daniel Day-Lewis. An engaged lawyer and a free-thinking woman are torn between their leelings for each other and the laws of propriety. (6)
9:00 pm WTBS (3) ***"Stripes" (1981, Comedy) Bill Murray. A perennial loser and his pal join the Army, creating an international incident by crossing the Czechoslovakian border. (6)
FAM (26) ***"Indian Summer" (1993, Comedy-Drama) Alan Arkin. Premiere. Friendships and romances pick up where they left off when friends reunite at their summer camp after 20 years. (In Stereo) (6)
10:00 pm KSPS (6) ****"Mrs. Miniver" (1942, Drama) Greer Garson. William Wyler's Oscar-winning classic about the tensions faced by a family of hard-working Brits in war-torn England. (6)
10:05 pm CITY (29"Killer Sex" (2001) 7 p.m. at Weyerhaeuser training 12,13 - Otter Valley Pike Mtn. Fishing Derby building Call Ray 295-7508. **Rotary Golf Tournament** activities a secret from his disapproving parents. 11:00 am A&E (9) "Deadly Summer" (1997, Comedy) Pauline Quirke. Betrayal and fatal consequences arise when two families share a holiday cot-tage in France for the summer. * Princeton Chamber of 20 - Coalmont-Princeton Run Commerce meets every 3rd Father's Day at the Grist Mill Thursday at Chamber office 7 pm JULY * Legion Branch 56 meets 3rd 1 - CANADA DAY Thursday of month 7:30 p.m. AFTERNOON Legion Hall 12, 13 - Keremeos Lions Carnival Princeton Motor Sports meets 4:30 pm WGN (38) ** "Oliver Twist" (1997, Drama) Richard Dreyfuss. Based on Charles Dickens' tale of an orphan in 19th-century London and his adventures 24,25 - Keremeos Eagle Ultramarathon the first Tuesday of month 5:30 30,31 - Keremeos High School Reunion, Rodeo grounds pm Arena Mezzanine AUGUST with a gang of young thieves. (In Stereo) 1, 2 - Keremeos High School Reunion, Rodeo grounds 5:00 pm WTBS 3 * * "Sister Act 2: Back in the Habit" (1993, Comedy) Whoopi Goldberg. Lounge singer Deloris and her nun friends try to turn neighborhood youths into a choir to save a school from closing. [£] Horoscopes **VELCOME** .06 pm CITY 29 "Killer Sex" (2001, Adult) Staci Noel. Premiere. Two attrac-10:06 EVENING AGON Adult) Staci Noel. Premiere. Two attrac-live women provide tantalizing tempta-tions for a lonely doctor. 10:38 pm FAM (26) * * * "Benny & Joon" (1993, Drama) Aidan Quinn. The brother of a mentally ill young woman becomes concerned when an eccentric newcomer and his sister fall in love. 11:15 pm WTBS (3) * * "Bogus" (1996, Fantasy) Whoopi Goldberg. An imaginary friend helps a youngster cope with his mother's death and forge a bond with his new guardian. (6) 6:00 pm CITY (29) *** "Beyond the Mat" (1999, Documentary) Premiere. Personal stories underscore the raucous public personas of the men and women in the professional wrestling scene. (32) 7:00 pm WTBS (3) ** "Jumpin' Jack Flash" (1986, Comedy) (PA) Whoopi Goldberg. A computer operator's life is turned upside down when a trapped British spy sends messages through her terminal. March 9 to March 16, 2004 ARIES - Eat a healthy diet now. You are likely to have health problems now due to eating the wrong foods and developing a level of cellular toxicity. You continue at risk for colds and flu. Caution! • new in town? TAURUS - You feel much better now, and you feel happier. Plans you make now are more like daydreaming than real plans. Re-think your recently married? terminal ideas and delay until you are certain your plans make sense. Use sense! 7:30 pm FAM (26)"Just 4 Kicks" (2003, GEMINI - Things seem to be crossed up this week. Too many • new baby? opposing factors happening at once create tension. There will be Similkameen News Leader time to resolve some issues on the weekend. Focus on career. CANCER - Groups you belong to, and their plans and activities, keep **Recipe Corner** you very busy. Be cautious about spending your money on these plans Linda as there may be an element of unreality about them, or even deception. **OLD-FASHIONED RICE PUDDING** LEO - Your financial situation remains good, but your focus this 295-0456 week should be on resources you share with others, and getting the In the top of a double boiler, over hot water, right paperwork done before the weekend. Protect investment. put 5 cups of water and 2 cups instant milk VIRGO - Your focus is still on partnership matters this week, but you crystals, or use 5 cups whole milk for richer need to clear up details related to partnership. You are more relaxed pudding. As this heats, add 1/3 cup raw rice, now. You could enjoy a pleasant short trip this weekend. Firm up plans If so...a warm 1/2 cup sugar, 1/3 cup seedless raisins, 1 LIBRA - Pay attention to your partner or spouse this weekend. He welcome awaits tablespoon margarine, 1/2 teaspoon salt, 1/4 or she has something important to tell you. Money matters may you from your cause problems, or you could be using money for wrong reasons. teaspoon nutmeg. Stir a few times to sepa-SCORPIO - Partner or spouse becomes more amenable this week. Your rate the rice and continue cooking until rice hostess. begins to swell. Then pour into casserole or health is better, too. Financial change takes place - could be good or We are looking baking pan that fits in the skillet. With vent bad. Be cautious. Children, youngsters or pets need weekend care. forward to SAGITTARIUS - Double check everything around home and famiclosed and temperature just above simmermeeting you

soon.

ly this week. There is indication of permanent change, and it could be good or not. Opportunity knocks this week - keep ears open! CAPRICORN - Activities such as errands, correspondence, accounts, keep you busy. You may want to be creative now. Stay home this weekend - don't drive! Home redecoration plans can move ahead now. AQUARIUS - Family and financial matters occupy your mind now. Your home is a place of great activity. This weekend, you could enjoy a short trip, or you could spend quality time with a sibling. PISCES - Your financial picture looks quite good by the weekend. A career matter undergoes a challenge and perhaps some change. Spend

time in pleasant activities related to errands, reading, or accounts.

ing, let it cook for at least 2 hours, stirring 2 - 3 times. When creamy but not thick, open the vent in cover, turn temperature up for ten minutes until skin forms on top. This is a delicious creamy pudding, nice served with a little jelly on top.

If you have a favourite recipe you would like to share, contact us for details! 226A Bridge Street, Princeton

THURSDAY, MARCH 11, 2004

		TBS 3	CHBC (4)	KNOW	KSPS	KHQ (7)	KREM (B)	A&E	KXLY	BCTV	CITV [12]	YTV 13	TSN 19	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY 29	WGN 38
	M "Fat	ther	News	(Off Air)	Caillou (EI)		News	Movie:	(5:00) News		(5:00) News	A COLOR OF THE OWNER	SportsCen	and the second se	Daily	GRC	Ripley	News IE	Maury I	Hillbillies
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10	M Cosl	10 March 10	The Price Is Right 30	Wumpa	Concert	Ellen	The Price	American	The View	World	Vision	Monsters	Golf	The View	Prehistrc	Starting	JoJo	Jerry		News I
10 ;	30 Cos	by	is rugin au	The Hoobs	Lions	Show	Is Right @	Justice	(N) @	Vision III	MoneyWs	Monster	SnowTrax	(N) 35	Beast	Over 📧	Henrys	Springer	"The Wedding	
44 ⁴	M Cos	by	Hollywood	Millennium	Dragon	Frasier	Young and		Paid Prog.	Crossing	News 3	Stickin	Motoring	Balance-TV	Oceans of	Montel	Chip-Dale	Jerry	Planner"	In the Heat
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10	M Fres	sh Pr.	News 🕮	Caller	Europe	Shop	News	(1990)	All My	News 30	Days of	SpongeBob	Nokia Brier –	Balance-TV	Profiles of	Perry	Fillmore	Maury III	CityLine	Street
12	30 Harv	vey		Health	Antiques	Shop	Bold & B.	Robin Williams.	Children		Our Lives	Hamtaro	Draw 16.	Bold & B.	Nature 📧	Mason	GoofTroop		I	Street
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FRIDAY, MARCH 12, 2004

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0	:30	Alone 3"	Gold Trails		Berenstain			Summer"	Œ		(Live) I	Stickin	tre 🖭	Canada	Planet 3	Paid Prog.	Hoze			Hap Days
7		Dawson's Creek 📧	Life Today 100		Boohbah Teletubbs	Today Anne Heche;	The Early Show	Murder, She Wrote				George S. Woody	SportsCen tre 📧	AM @	Profiles of Nature III	The Littles Paid Prog.	Mon Colle Rangers	News 📧	CityLine III	Matlock "The
8		Dawson's Creek 🕮	Sueer (N)	BluesClues		water fil- ters. 30		Murder, She Wrote	America 	1.1	100 Huntley	Rugrats	SportsCen tre :		Beyond Invention	Paid Prog.	Gadget	1	Seinfeld	Target" In the Heat
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9	:30	Saveo-Bell	Clifford- Red	Little Bear Bear	Sesame Street (EI)		Discover Discover	City Confidenti al (10)	Regis and Kelly	100 Huntley Street (N)	World Vision: Orphans	Rupert Care Bears	Record Bowling:	Regis and Kelly	Daily Planet 📧	Fam. Feud Fam. Feud		Maury 🖭	News 📧 City	Rockford Files
10	AM	Cosby 🖭	The Price	Wumpa	Reading	Ellen	The Price	American	The View	World	Body	Monsters	Men's 10- Pin.	The View	Ultimate	Starting	JoJo	Jerry	Movie:	News (
10	:30	Cosby	Is Right 🖭	The Hoobs	Lions	DeGeneres Show	Is Right 📧	Justice	Tim Robbins.	Vision @	MoneyWs	Monster	Firefighter	Tim Robbins.	Ten: Military	Over 📧	Henrys	Springer Racist.	"The Kid"	
44	AM	Cosby	Hollywood	Fitness	Dragon	Frasier	Young and		Paid Prog.	Crossing	News (Stickin	Challenge	Balance-TV		Montel	Chip-Dale	Jerry	(1997, Drama)	In the Heat
00	:30	Fresh Pr.	Brown	Math Shop	Sit-Be Fit	M*A*S*H	the Restless	"Deadly Summer"	Paid Prog.	MoneyWs	Train 48	Fly Rhino	Curling:	Daily	Fighters	Williams	Art Attack	Springer	Rod Steiger.	of the Night
10	PM	Fresh Pr.	News 30	Parks	Europe	Shop	News	(1997)	All My	News 🖭	Days of	SpongeBob	Nokia Brier –	Balance-TV	Rocket	Perry	Fillmore	Maury @	CityLine	Street
12	:30	Harvey		Undersea	Find! 3	Shop	Bold & B.	Pauline Quirke,	Children		Our Lives	Hamtaro	Playoffs.	Bold & B.	Science	Mason	GoofTroop		T	Street
4	PM	Harvey	Days of	Home	Secrets to		As the	Murder,	One Life to		As the	Care Bears	From Saskatche	Vicki G.	Freak	Justice	Teamo	Osbourne	Relic	Cosby
1	:30	Drew	Our Lives	Pan Asia	Great Watercolor		World Turns	She Wrote		World Turns	World Turns	George S.	wan Place	Vicki G.	Accidents	Justice	Dalmatian	Show	Hunter 30	Cosby
0	PM	Drew	Total Home	Gaslight	matereolor	Passions	Guiding	Murder,	General	Passions	Passions	Mona	in Saskatoon.	General	Ultimate	Hughleys	Chip-Dale	Griffith	Maury 30	Fresh Pr.
2	:30	Home Imp.	Body	Avventura	Sagwa	E	Light III	She Wrote	Hospital	E	3	D'Myna	PGA Golf:	Hospital	Ten: Military	Dharma	House	Griffith		Fresh Pr.
2	PM	Home Imp.	Red Green	Sagwa	Arthur (EI)	Brown	Dr. Phil	City	Martha	Young and	Crossing	Thornberr	Honda Classic –	Dr. Phil	Going to	Montel	Timon	Jackie	News	Home Imp.
3	:30	Seinfeld	Starting	Creatures	Libertys	Brown		Confidenti	Stewart	the Restless	Young and	Jackie	Second		Extreme "Hot"	Williams	Lilo Stitch	Static	(Live) I	Will-Grace
A	PM	Seinfeld	Over 📧	George S.	Cyberchas	Judy	Oprah	American	Home Imp.	Oprah	the Restless	Oddparent	Round.	Friends	Daily	On Air	Weekend	Pokémon	Blind Date	Will-Grace
4	:30	Friends	Reba 📧	Babar 📧	Zoom (EI)	Judy	Winfrey 🗷	Justice	News 30	Winfrey 3	News I	Robot	Curling:	Friends	Planet 📧	Ryan	Recess	Yu-Gi-Oh!	Friends	Movie:
100			News 🖭	Jakers	News	News 30	News		News 30	News 3	News 📧	Yu-Gi-Oh!	Nokia Brier	News 30	Forensic	Simpsons	Proud	Sabrina	Relic	"Oliver Twist" (1997,
9	:30	"Sister Act 2: Back in		Art Attack	Business	NBC News	CBS News	Garner	ABC News	Global	Global	Beyblade	Playoffs.		Factor :	King of Hill	Lizzie	Fresh Pr.	Hunter 📧	Drama)
G	PM		Will-Grace	My Home	News-	News 📧	News	Biography:	News 🖭	News 30	Entert'nt	SpongeBob	From Saskatche	News 3	Exhibit A	Simpsons	Amanda	Raymond	Movie:	Richard
6	:30	(1993)	'70s Show	Pan Asia	Lehrer	Raymond	Hollywood	Burnett			Entertain	Transform	wan Place		Exhibit A	'70s Show	Even	Will-Grace	"Beyond the Mat"	Dreyfuss.
7	PM	Movie:	Fortune	Gaslight	Josh	Jeopardy!	Seinfeld	Biography:	Entertain	Entertain	Gilmore	Yu-Gi-Oh!	in Saskatoon.	eTalk Daily	The FBI	Will-Grace	Teen Angel	Friends	(1999)	News 3
1	:30	"Jumpin' Jack	Jeopardy!	Avventura	Groban in Concert	Fortune	Friends	Alan Alda	Drew	Train 48	Girls 🖭	Zixx	SportsCen	Hollywood	Files	'70s Show	Movie:	Raymond	Premiere.	
0	PM	Flash"	Air Farce	Movie:	363	Dateline	Joan of	Third	Lopez	Playing It	Playing It	Dragon	tre (Live)	Joan of	Daily	Playing It	"Just 4 Kicks"	Reba 📧	News I	Becker
8	:30	(1900) (PA)	22 Minutes	"The Age of	Wash Wk	NBC I	Arcadia (N)	Watch 3	maineu	Straight (N)	Straight (N)	Dragonball		Arcadia (N)	Planet 30	Straight (N)		What I Like	Night Party	Becker
9	PM :30	Movie: "Stripes" (1981) Bill	Red Green Just-Gags	(1993)	Now With Bill Moyers		JAG "What If?" (N)	Biography: Garner	Hope Life-Bonnie	Wonderfall s (N) 30	Wonderfall s (N) 30	Spider-Man Samurai	PGA Golf: Honda Classic –	Charmed 3			Movie: "Indian	Grounded The Help	Jimmy Kimmel	Elimidate 5th Wheel
10	PM :30		The National		Movie: "Mrs.	Crossing Jordan (N)	48 Hours Investigate	Biography: Burnett	20/20 (N) 30	20/20 (N) 33	News II Sports II	lnuyasha Inuyasha	Second Round.	CSI: Miami @	Factor T	News	Summer" (1993) 📧	News 📧	Live (N) Movie: "Killer	Osbourne
	100	Movie:	News 3	Wycliffe	Miniver" (1942)	News 30	s News	Biography:	News TD	News 30	The Mike		SportsCen	1		and the second	Movie: "Benny &	F-1	Sex"	
11	:30	"Bogus" (1996)	Sports Pg.	Jointo	Greer Garson. (1)	Tonight	Late Show	Alan Alda	Nightline	news an	Bullard	ReBoot	tre (Live)	News 📧	Exhibit A Exhibit A	Becker Just Shoot	Joon"	Friends Will-Grace	(2001) Staci Noel. Premiere.	Rockford Files

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:00 pm WTBS 3 *** "Analyze This" (1999, Comedy) (PA) Robert De Niro. A psychiatrist cannot refuse to help one of New York's most-feared mobsters get over his anxiety attacks. [1] KXLY 10 * * "Dr. Dolittle" (1998, Comedy) Eddie Murphy. A surgeon becomes a better doctor when he rediscovers his long-forgotten talent of communicating with animals. (In Stereo) [C]

(DVS)

YTV 18 "Getting There" (2002, Adventure) Mary-Kate Olsen. Teenage twin sisters hop in clas-sic convertible and take off on their very first road trip. KTLA[27] ★★"A Walk on the Moon" (1999, Drama) Diane Lane. In 1969, a wife and mother sheds her inhibitions for a weekend of free love and frolic at

Woodstock. (In Stereo) 8:30 pm WGN 38 ★★★"Night and the City" (1992, Drama) Robert De Niro. A small-time hustler's plan to launch a boxing extravaganza puts him in jeopardy with a no-nonsense promot-

er. (In Stereo) (C) 9:00 pm FAM (26) * * "Aspen Extreme" (1992, Drama) Paul Gross. Premiere. Two blue-collar buddies find romance and danger as ski instructors on America's

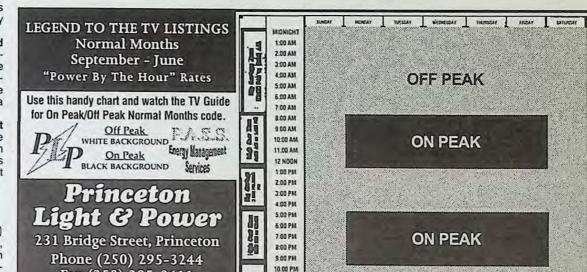
THE SIMILKAMEEN NEWS LEADER

most traveled slopes. (In Stereo)

9:30 pm CITY 29 **"The Craft" (1996, Horror) Robin Tunney. A teenager grows alarmed when her and her new friends' involvement with witchcraft gets dangerously out of hand.

:00 pm WTBS 3 ***"Running Scared" (1986, Comedy) (PA) Gregory 10:00 Hines. Two detectives with retirement and a life of leisure on their

minds are given 30 days to nab a drug-smuggling mobster. 11:13 pm FAM 26 * * * %"Moonstruck" (1987, Comedy) Cher. Three Oscars went to this tale of a widowed Brooklyn bookkeeper who falls in love with her fiance's brother.



saturday movies

MORNING

6:00 am WTBS 3 **"Camp Nowhere" (1994, Comedy) (PA) Jonathan Jackson. An ex-drama coach helps a band of misfit children realize their dream of creating their very own secret summer camp. CC

8:00 :00 am WTBS 3 ***"Dave" (1993, Comedy) Kevin Kline. A look-alike changes political policies for the better when he impersonates the United States' ailing president. CC

10:15 am WTBS 3 * * ½"Turner & Hooch" (1989, Comedy) Tom. Hanks. A policeman's organized life is turned upside down after a slobbering dog becomes his only clue in a double murder. CC

AFTERNOON

12:00 FAM pm 26 * * %"Captains Courageous" (1996, Adventure) Robert Urich. A spoiled rich boy is rescued from the sea by a fisherman who teaches him the value of hard work and friendship. (In Stereo) CC

12:15 :15 pm WTBS ③ ★★½"Jumpin' Jack Flash' 3 (1986, Comedy) (PA) Whoopi Goldberg. A computer operator's life is turned upside down when a trapped British spy sends mes-

sages through her terminal. 1:00 pm FOX 25 ★%"Picture Perfect" (1997, Comedy) Perfect" (1997, Comedy) Jennifer Aniston. Complications arise when a young man falls in

WTBS

am WTBS 3

*** "Father of the Bride" (1991, Comedy) Steve Martin. A harried

patriarch faces separation

anxiety, exorbitant costs and more as he prepares

for his daughter's wedding.

★★½"Turner & Hooch" (1989, Comedy) Tom

Hanks. A policeman's organized life is turned

upside down after a slob-

bering dog becomes his

only clue in a double mur-der. @

A&E 9 ★★★½"The Usual Suspects" (1995,

Baldwin. Life spins out of

control for five criminals after a successful heist

draws them into the grip of

am WGN

* * * "Black Rain" (1989, Drama) Michael

Douglas. A detective clash-

es with the Japanese police and the brutal Osaka underworld when

he searches for a fugitive

* "Three to Tango" (1999, Comedy) Matthew

Perry. A wealthy man hires

an architect who he wrong-

ly believes is gay to keep

tabs on his pretty mistress.

CITY 29 ** "Airplane II: The Sequel" (1982, Comedy) Robert Hays. A commercial space-shuttle

company attempts to keep

a pilot from disclosing the

craft's technical problems.

mobster. (In Stereo) CC 11:00 am WTBS 3

an unknown nemesis. [CC]

Suspense)

10:00

CC

Stephen

38

MORNING

am

6:45

CC

9:00

13

Comedy) Richard Karn. Dreams of skateboarding stardom come true for a homeless boy and the fugitive chimpanzee he befriends. (In Stereo) [C] 4:00 pm WTBS 3 * * "Sister Act 2: Back in the Habit" (1993, Comedy) Whoopi Goldberg. Lounge singer Deloris and her nun friends try to turn neighborhood youths into a choir to save a school from closing. @ YTV 18 ****An American

love with the ad executive who hired him to pose as her fiance. 1:33 pm FAM (26) ★%"MVP2: Most Vertical Primate" (2002,

Tail: Fievel Goes West" (1991, Adventure) Voices of Phillip Glasser. Animated. Fievel the mouse encounters a villainous feline when he and his family move to the untamed West. [C]

5:00 pm KTLA 27 ***"Mad Dog and Glory" (1993, Comedy-Drama) Robert De Niro. Love enters the life of a lonely photographer when the gangster whose life he saved rewards him with a woman. (In Stereo) WGN 38 ★★%"Amongst Friends" (1993, Drama) Steve

Parlavecchio. Three teens from wealthy Long Island families choose to live as common street punks.

EVENING

6:00 pm WTBS 3 ★ ★ %"Overboard" (1987, Comedy) Goldie Hawn. An Oregon carpenter takes advantage of an amnesiac millionairess

Fax (250) 295-3611 ★ ★ *** * Analyze** (1999, Comedy) Robert De Niro. A psychiatrist cannot refuse to help one of New York's mostfeared mobsters get over 26

his anxiety attacks. VTV22 ★★★ "The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Darth Vader launches an obsessive quest to crush the rebellion in the second chapter of

This"

(PA)

the "Star Wars" trilogy. KTLA 27 "Blue Valley Songbird" (1999, Drama) Dolly Parton. An abused woman leaves her husband to follow her dream of becoming a country-western singer.

4:00 pm YTV 18 "Getting There" (2002, Adventure) Mary-Kate Olsen. Teenage twin sisters hop in classic convertible and take off on their very first road trip. 5:00 pm WTBS ★★½"Mickey Blue Eyes" (1999, Comedy) 5:00 (PA) Hugh Grant. An awkward British auctioneer tries to feel like one of the family when he becomes engaged to a mobster's daughter. [C]

EVENING

★★½"American Pie 2" (2001 Company Pie 2" 6:00 (2001, Comedy) Jason Premiere. Jim, 4/2-Biggs. Stifler, Michelle and the rest of the gang continue their sexual misadventures during summer vacation. CC

7:00 pm WTBS ③ ★★½"Mickey Blue Eyes" (1999, Comedy) (PA) Hugh Grant. An awk-7:00 Blue ward British auctioneer tries to feel like one of the family when he becomes engaged to a mobster's

11:00 PM

daughter. ... 9:00 pm WTBS ③ ★%"Three to Tango" 9:00 (1999, Comedy) Matthew Perry A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. CC

KREM (8 "Family Sins" (2004, Drama) Kirstie Alley. Premiere. An assistant attorney general probes allegations that a model citizen committed heinous crimes. Based on a true story. (In Stereo) [C] (DVS)

FAM 26 ★ ★ "National Lampoon's European Vacation" (1985, Comedy) Chevy Chase. After winning a European holiday on a TV game show, the Griswold clan goes on a chaotic tour of Old World capitals.

1:50 pm FAM (1985, Fantasy) Matthew Broderick. A young thief aids a 13th-century 10:50 Spanish knight and his lady, who are under the curse of an insanely jeal-ous bishop. (In Stereo) 1:00 pm WTBS ★★½"I Love Trouble" 11:00 (1994, Suspense) Julia Roberts. Rival reporters are forced to team up when an investigative piece involving corporate intrigue turns dangerous. CC

11:30 pm CITY 29 * * "If Lucy Fell" (1996, Comedy) Sarah Jessica Parker. Two roommates must find true love before they turn 30 or honor their previous pact to leap off the Brooklyn Bridge.

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AFTERNOON

sunday movies

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2:00 pm FAM ★ * "D.A.R.Y.L." 12:00 (1985, Science Fiction) Mary Beth Hurt. Army officials descend on a suburban home to retrieve a laboratory escapee with a computerized brain. (In Stereo) CC

1:00 pm WTBS ③ ★★½"I Love Trouble" (1994, Suspense) Julia 1:00 Roberts. Rival reporters are forced to team up when an investigative piece involving corporate intrigue turns dangerous. CC

VTV22 * * "Big Momma's House" (2000, Comedy) Martin Lawrence. A federal agent masquerades as an oversize grandmother to nail a dangerous

KTLA[27] ★★★½"Lady Sings the Blues" (1972, Biography) Diana Ross. Based on the life of singer Billie Holiday, whose rise to fame was accompanied by an increasing addiction to drugs.

1:30° pm CHBC ④ ★★"The Mighty Ducks" 1:30 (1992, Comedy) Emilio Estevez. An arrogant young lawyer is forced to transform a bunch of unruly youths into a championship-caliber hockey team. [cc]

1:45 pm FAM 26 "Right on Track" (2003, Drama) Beverley Mitchell. Erica Enders and her sister Courtney become forces to be reckoned with in the male-dominated world of drag racing. (In Stereo) [15] 3:00 pm WTBS [3] 3:00 pm

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SATURDAY, MARCH 13, 2004

		WTBS 3	CHBC 4	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	YTV	TSN	VTV	DISC	FOX	FAM	KTLA	CITY	WGN
	AM	Movie:	News	(Off Air)	6 Globe	(5.00)	(8) Saturday	9	10		12	(18) Uh Oh!	19	22	24	41	(26)	27	29	38
6	:30	"Camp	Body	(on Any	Trekker 30		Early	(4:30) "The Russia	Morning	Real Kids Mechanics	Prairie	Monster	SportsCen tre 30	OWL/TV Kingdom	Planet (6)	Cosby I	and the second se		Indo	Paid Prog. GRC
-	AM		Prairie	Elliot	Field Guide	Nowe 72	Show	House" Old House	Northwest Saturday	News ID	Body News	Beasties	Fishing	Katie-Orbie	Deskat	Cosby III		Paid Prog. Jackie	Dharti	Paid Prog.
7	:30	E	Gadget	1	Fly Tying	a contraction of the second	ChalkZone	And the second second second	B	News 10	(Live) I	Medabots	Motoring	Leaps	Science	Cubix 🖭 Sonic X	Rangers King III	Static	Eye on Asla (In	Paid Prog.
-	AM	Movie:	Outdoor	BluesClues	Router	-	Grown Up		Lilo Stitch			Yu-Gi-Oh!	SnowTrax	Good	Forensic	Kirby	Lizzie		Hindi) Polish	GRC GRC
8	:30	"Dave" (1993,	Power	Magic Bus	Hometime		College	Sell House				Transform	Golf	Morning	Factor E	Turtles	Amanda	Xiaolin	Studio	Walgreens
	AM	Comedy)	POV Sport	Zoboo	Workshop		Basketball	Makeover	Fillmore		Body	Jackie	Bowling:	Canada 🗷	Daily	Sonic X		Pokémon	Arts	Soul Train
9	:30	Kevin Kline. 38	Hero 🗊	Madeline	Old House		Conferenc	Makeover	Proud		and the second second	Zodiac	Men's 10-		Planet 🕮	Shaman	Even	Pokémon	CityLine	(N) II
10	AM	(10:15)	Richardso	Little Bear	Ask This	Shark	e USA Final	Smucker's	Lizzie	Pet Guys	Taste-Life	Titans	Pin. Winter X-	Daily	Going to	Ult. Muscle	11-22-201	Yu-Gi-Oh!	E	St.
10	:30	Movie: "Turner &	ns	Bear	Americas	Pald Prog.	College	Stars on Ice 2004	Rangers	Strange	Strange	X Men	Games: Day 1 -	Planet 30	Extreme "Hot"	Kirby	Boy World	Mucha	CHUM FM	Patrick's
11	AM		Curling:	Macphee	Ming	Curling	Basketball Big Ten	33]	Rangers	Skiercross	Xtreme	Justice	Part 1.	Nikon	Exhibit A	Paid Prog.	Teen Angel	The Littles	30 30	Day Parade
11	:30	Hanks.	Nokia Brier	Quilting	America's	(Taped) 3	Tourname		Inside Stuff	World Vsn	Pet Guys	He-Man	(Taped)	Tracks	Exhibit A	Paid Prog.	You Wish	Wild Am.	NewMusic	(Live)
12		Movie: "Jumpin'	Semifinal. From	Thimbles	Home Cooking:	PGA Golf:	Semifinal	With	NHL	News 30	Teens	Pokémon	Timberspt	Belief	The FBI	Dharma	Movie:	Soul Train	Fashion	MLB
14	:30	Jack	Saskatche	Planet	Casserole s and	Honda Classic -		Malice 📧	Hockey: Stars at		Sacred	Digimon	TSN Profile	Travel	Files	Dharma	Courageou	(N)	Review	Preseason Baseball:
1	PM	Flash" (1986) (PA)		Health	Covered	Third Round.	College Basketball	Detective Beat 30	Red Wings,	Teens	Ride Guide	Top 10	Figure	Eagle	American	Movie:	s" 📧	and the second	World	Chicago
-	:30	Whoopi	Saskatoon	Designer	Dishes 30	(Live) 3	: Big Ten		Devils at	Sacred	Miller	Zixx	Skating: Canadian	First Story	Chopper	"Picture Perfect"	"MVP2: Most	er 🔟	Music Awards	White Sox at Chicago
2		A Day of the part of the second	Contraction of the Contraction of the	Gaslight			Tourname	Investigati ve Reports	Flyers or Kings at	Ride Guide			Champion ships	Balance-TV	American Hot Rod	(1997) Jennifer	Vertical	The Lost World C		Cubs.
-		Home Imp.	and the state of the local division of the l	NEW YORK AND A VERY L	Suze Orman:.	-			Sharks	Miller	Will-Grace	All and a second second second		Balance-TV	3	Aniston.	Primate"			(Live) 📧
3	:30	Home Imp. Friends	Hockey		The Laws	Fortune	College Basketball	Parole Board		Will-Grace	'70s Show		SportsCen tre (Live)	Mysterious Ways	How-Made	Livin' Large	Teamo	Mutant X "No Exit"	News 10	Home Imp.
-	1000	Carl Content	NHL	Mechanics Babar @	of Money	Tutenstein	: Pac-10		Bun .	Will-Grace	'70s Show		[37]	"19A"	How-Made		Lilo Stitch		FashionTe	and the second
4	:30	"Sister Act	Hockey:	George S.	Ernie	Trading Endurance	Final – Teams	City Confidenti	Ab Connecting	Just Shoot Simpsons	Simpsons	"An American	Strong Man	Mysterious Ways :	of	The Outer Limits 30	A State of the second s	Andromed	A CONTRACTOR STRATEGY	Fresh Pr.
-	PM			CG Kids	Ford's	News	TBA News	al 30 Amer.	News 3	Simpsons	Simpsons News 30	Tail"	-		Manatas	Che Cales	Fillmore		StarTV	Fresh Pr.
5			Leafs at	Creatures	Favorite Hymns	NBC News	CBS News	Justice	ABC News	Simpsons	Entert'nt	Jacob	Strong Man Strong Man		Monster House 30	She Spies	Lizzie So Raven	Movie: "Mad Dog	Media. Speakers	Movie: "Amongst
-	-	Movle:	Montreal Canadlens	Parks	From	News	News	Cold Case	News (2)	News IE	Billy	Zixx	Strong Man	and the second second	Monster	Simpsons		and Glory" (1993), Bill		Friends" (1993,
6	:30	"Overboar d" (1987)	. (Live) 30	Undersea	Lawrence	Raymond	Hollywood	Files @	Ebert	includ 20	Graham	Freaky	Strong Man	the second se	Garage I	Just Shoot		Murray	"Diagnosis	
1	PM		NHL	National	Welk: To America	Billy	King	City	Entertainm	Billy	Special Body &	Mystery		W-Five (N)	American	Just Shoot		Friends	Murder: Without	News 3
17	:30	Hawn. 30	Hockey: Ottawa	Geographi	With Love	Graham Special	Friends		ent	Graham	Health (N)	Spider-Man	tre (Live)	E	Chopper	'70s Show	King 3	Raymond	Warning"	ine ine
0	PM	Movie:	Senators at	Heartbeat	American	Morgan	Star	Crossing	Tonight Movie: "Dr.	Special Body &	Andromed	Movie:		Sue	World	Cops (N)	Honey	Movie: "A	News (Fresh Pr.
0	:30	"Analyze This"	Vancouver Canucks.		Soundtrac k: Red.	Whoopi	Search (ITV) 30	Jordan 😨	Dolittle" (1998)	Health (N)	a (N)	"Getting There"	Boxing	Thomas: F.B.Eve	Records	Cops 📧	Afraid?	Walk on the Moon"	SexTV (N)	Movie:
0	PM	(1999)		A Touch of	White &	Frasler	Hack	Amer.	Eddie	Andromed		(2002)	Mixed	Law &	Monster	America's	Movie:	(1999)	E	"Night and the City"
3	:30	Robert De Niro.	Hockey	Frost "A Minority of	Rock 3	Нарру	"Reckonin q" (N)	Justice	Murphy.	a 📧 (DVS)	Limits	Mary-Kate Olsen.	Martial Arts:	Order "Smoke"	Garage 📧	Most Wanted	"Aspen Extreme"	Diane Lane.	Movie:	(1992,
10	PM	Movie:	The	One"		Law &	The	Cold Case	Funniest	The	India:	Hit List I	Ultimate	Law &	American	Unexplain	(1992) Paul	News I	"The Craft"	Drama) 🕮
10	:30	"Running Scared"	District @	hand	NW Profi	Order	District @	Files @	Home Videos	Apprentice	Giant		Fighting	Order	Chopper	ed Mysteries	Gross. III		(1996)	Rockford
11	PM		News	Canvas of Conflict	Austin City Limits	News III	News	City	News 3	News 30	J.R. Digs	Breaker	SportsCen	News 📧	Frontiers	Mad TV (N)		Cheaters	Robin Tunney, T	Files
-	:30	Gregory Hines.	Sports	Connict	ony Linits	Sat. Night	Seinfeld	Confidenti	Paid Prog.	Sat. Night	Sat. Night	Ready-Not	tre (Live)	News. 3	of _	E	"Moonstru ck"	æ	5th Wheel	Rockford

SUNDAY, MARCH 14, 2004

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		WTBS	CHBC	KNOW 5	KSPS	KHQ [7]	KREM 8	A&E (9)	KXLY (10)	BCTV	CITV (12)	YTV (18)	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN (38)
0	AM	"Dave"	News	(Off Air)	Jakers!	Today 📧	CBS News	Breakfast	Hour of		Adventure			Acorn	Frontiers	Paid Prog.	Ripley	-	Mix TV (In	Hillbillies
6	:30	(6:45)	Body		Jay Jay		Sunday	With the	Power 3	MoneyWs	Fishermen	Monsters	tre 🖭	Kids	of	Paid Prog.	Power	Success	Russian)	Hap Days
-	AM	Movie: "Father of		Elliot	Big Comfy	Strange	Morning	Arts America's	News TC	A starting and shares and	Fishing	Dexter	Reporters	Good	American	The Littles		Paid Prog.	Eye on	Home Imp.
1	:30	the Bride"	Ministries	Hi-5 30	Angelina	Safari	Nation	Castles 3		ent	Is Written	Woody	Reporters	Morning	Chopper	Business	King TE	Believers	Asia (In	Cosby
0	AM	(1991) Steve	Impe	BluesClues	Real	Meet the	Discover	Star		Tonight News 📧	TribalTrail	Stu Little	King-	Canada 📧	American	Fox News	Lizzie	Amazing	Hindi) Eye-Asia	The Lost
0	:30	Martin. 33	Is Written	Magic Bus	Dragonfly	Press 📧	Discover	Treatment	-		Farm Rpt	ChalkZone	Mount.		Chopper	Sunday	Amanda	Church	Chin Chin	World 📧
0	AM	Movie:	Powerboat	Zoboo	College	Arena	Road to	Movie:	Flavorwave		Hour of	Arnold	The	Eagle	Daily	Paid Prog.	All That	Feed	Johnny	BeastMast
9	:30	"Turner & Hooch"	Faith	Madeline	European	Football: Avengers	the Final Four	"The Usual	Hangtime		Power 3	Neutron	Season	Communic	Planet 📧	Paid Prog.	Even	Changing	Lombardi' s Festival	er 📧
10	AM	(1989) Tom		Little Bear		at	College	Suspects"	NBA	MoneyWs	MoneyWs	SpongeBob		Eagle	How-Made	NASCAR	So Raven	Paid Prog.	Italiano (In	Movie:
10	:30	Hanks.	Night (N)	Bear	Desert	Rampage or	Basketball : SEC	(1995) 🐷	Basketball: Philadelphi	Scully	Firestation	Oddparent	University Hockey:	World	Wildlife	Racing: Nextel Cup	Boy World	The Littles	Italian)	"Black Rain"
11	AM	Movie: "Three to		-	Nature (DVS)	Dragons at Storm	Tourname	House of	a 76ers at	Hour of	Scully	Grown Up	CIS	Vision	Most	Series -	Teen Angel	Mysteries	Movie:	(1989)
8 2	:30	Tango"		SportFish	(003)		nt Final - Teams	Dreams 📧	Pistons. 3	Power I	Score Golf	Jacob	Champion ship -	Eagle	Dangerous Animal	Golden Corral 500.	You Wish	Mysteries	"Airplane II: The	Michael Douglas.
12	1000	(1999) - Matthew	and an and an	Dotto Tech		It and a	TBA	House of		News 30	PGA Golf:	Yvon	Teams TBA		Tornado	(Live) 🖭	Movie:	Sabrina's	Sequel"	MLB
14	:30	Perry.	Total Home		e	Classic -	College Basketball	Dreams 🖭	NBA Basketball		Honda Classic -	Stuff	Women's	Period 🖭	Alley		"D.A.R.Y.L. " (1985)	Sabrina's	(1982, Comedy)	Preseason Baseball:
1		Movie: "I Love	1	Champions	Dr. Wayne Dyer: The		: Big Ten	Old House	: San	Same and the second	Final Round.	Mystery	University Basketball	Movie: "Big	American			Movie:	World	San
-	:30	Trouble"	Movie: "The Mighty	Can. Rivers	Power of	(Live) .	Tourname nt-Final -	Ask This	Antonio Spurs at	Without Warning	(Live) I	Boy 📧	: CIS Champion	Momma's	Chopper [tt]		Movie: "Right on	"Lady Sings the	Poker Tour	Francisco Giants at
2	PM	(1994) Julia	Ducks"	Canada- History	Intention		Teams	Ask This	Sacrament	35		Moville	ship	House" (2000), Nia	American Chopper	Angel 📧	Track"	Blues" (1972,	Foxwoods,	Chicago
-	:30	Roberts.	(1992,			Common and	TBA	Sell House		Heart City		Freaky		Long	11		(2003) Beverley	Biography)	Conn. 🖭	White Sox.
3	PM	Movie: "Analyze	35	Swap TV		Andromed	NCAA Basket	Sell House	This Week With	Heart City	Driving TV		SportsCen tre (Live)	Movie: "The	Frontiers	Paid Prog.	Mitchell.	Movie: "Blue	News 🖭	NightMan
-	:30	This"		Mechanics	2			Makeover	George	Weekend	National	Timeblazr	10	Empire		Paid Prog.	Lilo Stitch	Valley	FashionTel	E
4	PM	(1999) Robert De	Curling: Nokia	Babar 🖭		Providenc e 🐼	Wing C	Crossing Jordan 30	Matthews	Contraction of the second	Simpsons	Movie: "Getting	NHL Hockey:	Strikes Back"	Daily Planet c	Columbia	Proud	Songbird" (1999),	MovieTV	Mutant X "No Exit"
-	:30 PM	Niro. Movie:	Brier Final. From	George S. CG Kids	Play Piano	Manua 20	Backroads	Disasahu	Contraction of the local section of the local secti		Simpsons	There"	Nashville	(1980) Mark		Columbia	Fillmore	John Terry	StarTV	
5	:30	"Mickey	Saskatche	Creatures	in a Flash	2 1	CBS News	Biography: Andy	ABC News	Simpsons	News 33	(2002) Mary-Kate	Predators at Detroit	Hamill, Harrison	Tornado Alley	Autovision		One Tree Hill (1)	Girls-Badly	10 70
-	1.00	Blue Eyes" (1999)	wan Place	Heartbeat	Œ	News 30	News	Griffith Biography:		News 30	Ext.	Olsen. Jacob	Red Wings.		Cladiatas	3rd Rock	So Raven		Experiment	1.1.1
6	:30	Hugh	Saskatoon	nourabeat		Success	incurs .	Don	Ebert	News IL	Makeover	Mental BI	(Live) Women's	News III	Gladiator Story	Paid Prog. Paid Prog.		Everwood	Movie: "American	The X- Files
	1992	Grant. Movie:	. (Live) 📧	Monarch	Daniel		60 Minutes	Knotts Biography:		King of Hill	King of Hill		Hockey:	Alias	True	King of Hill	Hoze	Smallville	Pie 2"	"Roland"
7	:30	"Mickey	News	of the Glen	O'Donnell:		E	Ron	Home	King of Hill	-		2004 ESSO National	"Facade"	Gladiators	Oliver	King @	"Vortex"	(2001) Jason	News T
	PM	Blue Eyes" (1999)	American	The Royal	Songs of Faith 30	American	Cold Case	Howard Airline 📧	Videos Ext.	Simpsons	Simpsons	Trading	Champion	(N) tel Cold Case	Daily		Honey	Charmed	Biggs, News (2)	Replay Matlock 30
8	:30	Hugh	Dreams (N)	"Crash" @		Dreams (N)	(N) 30	Airline 📧	Makeover	Two Men	Two Men	Trading	ship Final.	(N) II	Planet III	Bernie Mac	110 March 11	(M) 77	SexTV I	Matiocit E
-	PM	Grant. Movie:	Stargate	Wycliffe	Play Plano	Law Order	Movie:	Biography:	Alias	Malcolm	Malcolm	Girlz TV	Sports	Law Order	Gladiator	Malcolm		High	World	In the Heat
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MONDAY, MARCH 15, 2004

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- :30	Cable	Sports Pg.	Stories	[tt]	Tonight	Late Show	Airline @	Nightline		Show	2 Point 4	(C)	News 36	uarage	Just Shoot	Smart Guy	Will-Grace	(1999) Tom Hanks, '@	riles

BANDAGE

BOOKS

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monday movies

MORNING

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- 10:00 am CITY 29 ★ ★ "Airplane II: The Sequel" (1982, Comedy) Robert Hays. A commercial space-shuttle company attempts to keep a pilot from disclosing the craft's technical problems.
 11:00 am A&E (9) "Poirot: Evil Under the Sun" (2001, Mystery) David Suchet. Hercule Poirot cuts short his holiday to investigate the nurrer of a woman at a
 - investigate the murder of a woman at a stylish beach resort. [ff]

AFTERNOON

4:30 pm WGN 38 ** "Trading Places" (1983, Comedy) Eddie Murphy. An execu-tive and a con man figure in a plan by two tycoons to determine whether heredity or environment makes the man. (In Stereo) [23]

5:00 pm WTBS (3) ** %"Austin Powers: International Man of Mystery" (1997, Comedy) Mike Myers. A swinging spy from the '60s finds that all is not groovy when he is brought out of cryo-genic freeze to nab an old foe. (E) CITY (29) ** ** "The Green Mile" (1999, Drama) Tom Hanks. A prison guard discovers that a condemned man pos-sesses a miraculous healing power. Based on the novel by Stephen King. (In Stereo) (E) (DVS)

EVENING

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- 8:00 pm KXLY (10) * * * * "The Green Mile" (1999, Drama) Tom Hanks. A prison while (1999, Drama) form Hanks. A prison guard discovers that a condemned man possesses a miraculous healing power. Based on the novel by Stephen King. (In Stereo) (∰ (DVS)
 9:00 pm FAM (26) ★ ★ "Father and Scout" (1994, Comedy-Drama) Bob Saget. A man nels a chance to demonstrate his total lack
- gets a chance to demonstrate his total lack of athleticism when he joins his son on a
- of athleticism when he joins his son on a weekend camping trip. (In Stereo) [£] 9:20 pm WTBS [3] ★★%"Spaceballs" (1987, Comedy) Mel Brooks. Spacefarers come to the rescue of a planet threatened by the evil Dark Helmet in Mel Brooks' spoof of sci-fi movies. 10:06 pm CITY [29] ★★★%"The Green Mile" (1999, Drama) Tom Hanks. A prison guard discovers that a condemned man possesses a miraculous healing power. Based on the novel by Stephen King. (In Stereo) [£]
- Based on the novel by Stephen King. (In Stereo) [6] 11:25 pm WTBS [3] **5"The Cable Guy" (1996, Comedy) Jim Carrey. An architect pays a heavy price when he begins a friendship with an unhinged employee of a cable television company. [6]

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TRAINING

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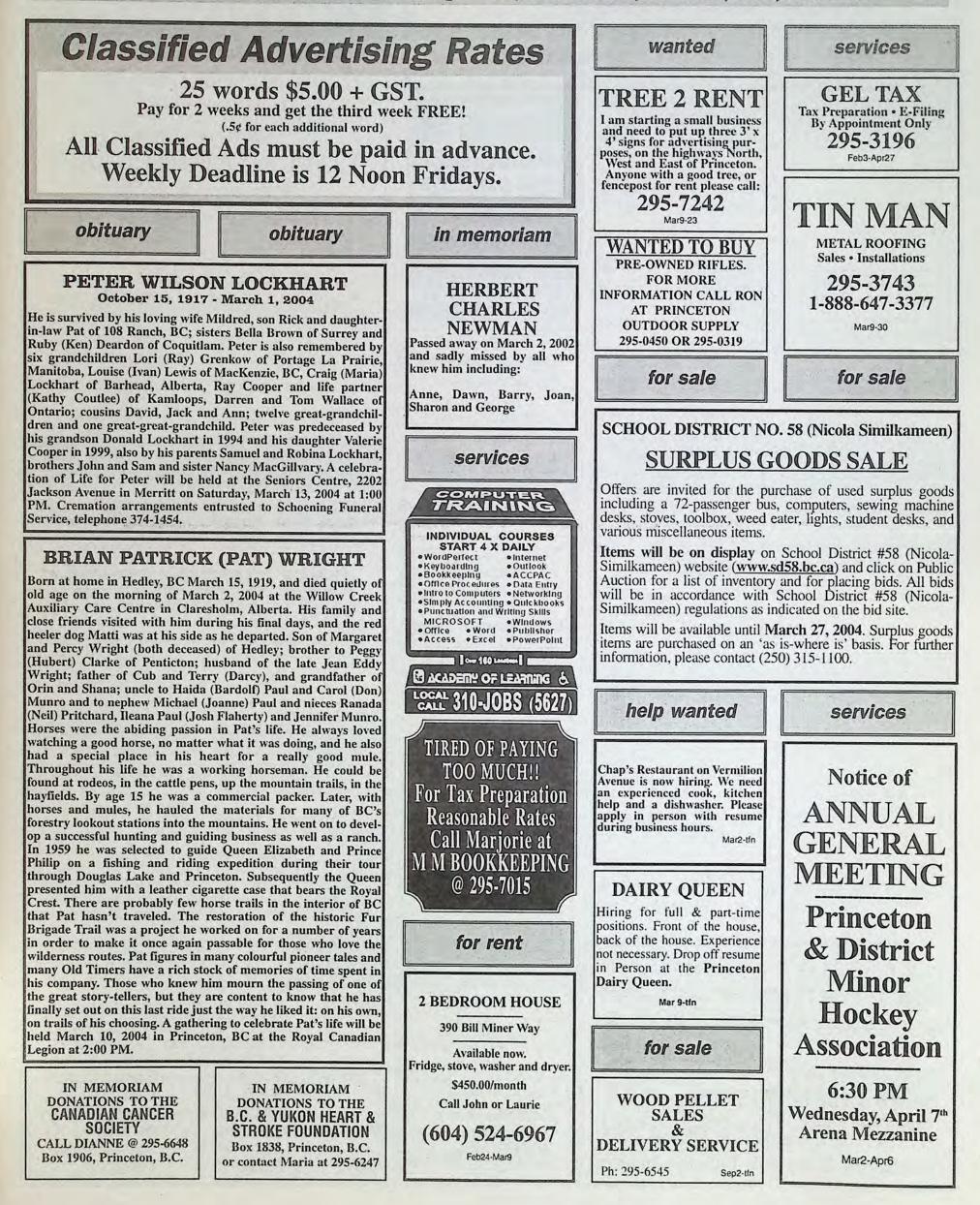
PRESCRIPTION

Let's Play Princeton Trivia! **Question:** What re-opened in Princeton in 1973 and closed again on February 10, 1987? Last week: St. Barbara's Church, Copper Mountain moved to Oliver!

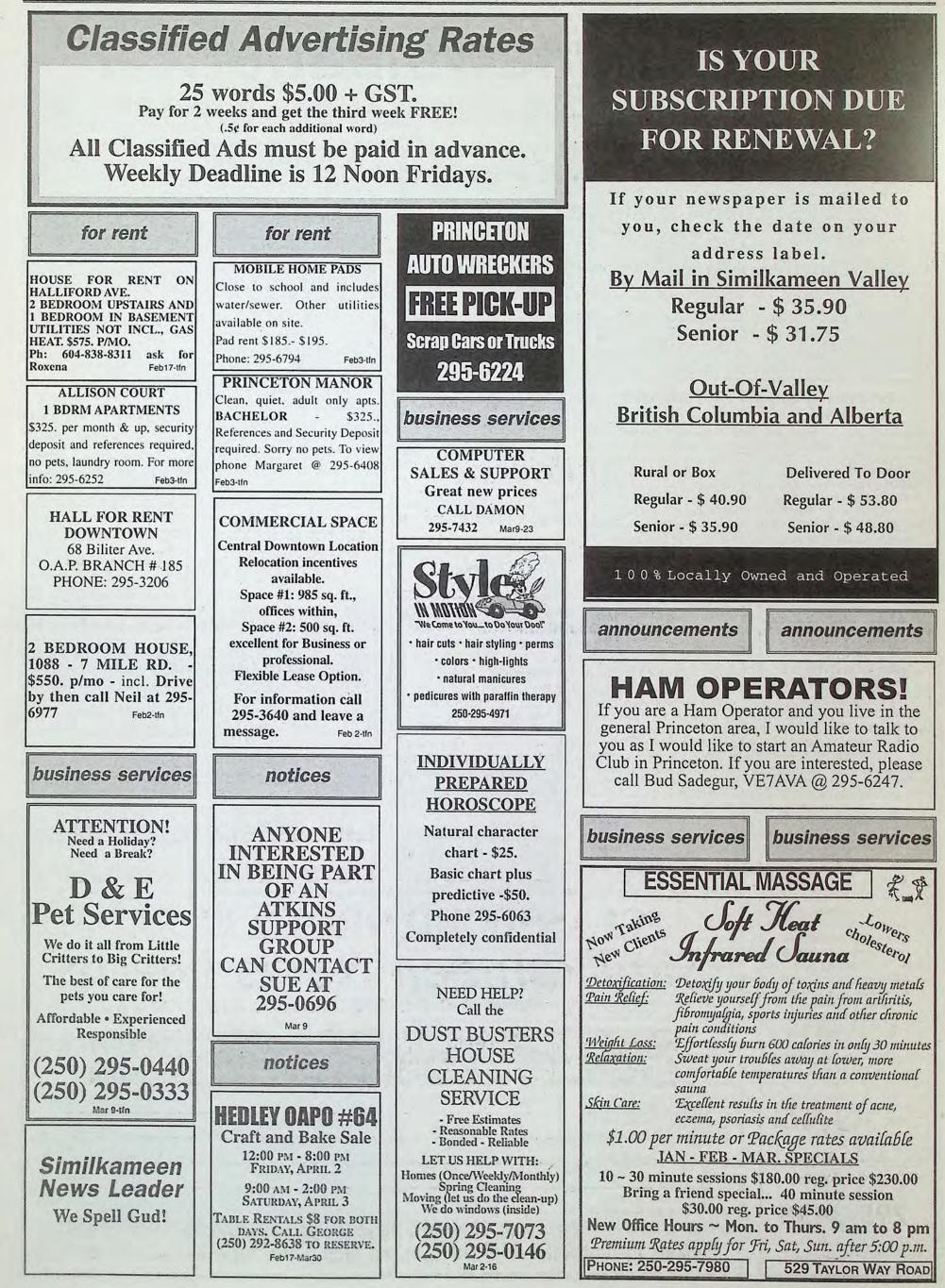
Brought to you courtesy of: PRINCETON MUSEUM



Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0



THE SIMILKAMEEN NEWS LEADER



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THE SIMILKAMEEN TO STATE MAN STATE CALLES NEWS LEADER



editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0

my turn

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19

Police continue to weed out the bad ones

In the past two weeks Princeton RCMP have seized a total of 249 pot plants and a quantity of cocaine from three area residences as the war against drugs continues.

Here's the proof: A total of 22 drug search warrants were issued and executed in 2003 by our local detachment and so far this year there have been four.

It is apparent the police have not let up on their commitment to the safety of our community, which we appreciate greatly.

We can trace the start of it all back to the April 2, 2002 Town Council meeting when former Mayor Randy McLean told local police their top priority should be, "Get rid of the drug trade."

They have listened and acted on that directive.

Drugs and crime are closely linked. You get rid of one, the other will follow.

As citizens of this community we all need to pitch in and help the police with this ongoing battle. If you know something, or suspect something, tell the authorities. They have the means to sort out rumour from fact.

Together we need to get the word out to those involved in the drug trade that we don't want them in our town.

It's time we took back our community and gave the local police thanks for listening to a message Town Council delivered on behalf of it's citizens.

A message Council heard loud and clear.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.



Alright! I don't think this is such a good idea. There's it is don't think this is such a good idea. There's still lots of snow and ice on the ground. Securi B Secur

Help save OUC for our local students!

Dear Editor;

I am writing to you with an urgent plea to all of your readers. The Okanagan University College (OUC) needs your help! OUC is in danger of becoming a satellite campus of UBC. But why should Princeton worry if the B.C. government turns OUC into a second-rate satellite of UBC?

Local students have benefited from OUC since its inception in the 60's. OUC offers trades and university training for students from all economic backgrounds. OUC develops programs that are area-based, increasing the possibilities for students to gain employment in their hometown. For example, OUC's agricultural sciences program focuses on the Okanagan wine industry. If UBC takes over OUC, programs relevant to Vancouver will replace area-based programming.

If it were not for OUC's lower tuition, many local students would not be able to afford the opportunities of post-secondary education. If UBC takes over OUC, tuition will rise, leaving the privilege of higher education to out-of-country and upper-class students exclusively.

OUC's quality of education is superior to larger institutions because of smaller class sizes. As a satellite of UBC, OUC's class sizes will grow, leaving students alienated from their professors. OUC teachers are involved in the everyday lives of their students, whether by attending social events or sharing drinks after a late class. OUC teachers know their students by name, and have an open-door policy, enabling students to come to them outside of class time for advising and tutoring.

If OUC is taken over by UBC, local students will lose a place in their university. Seats will not be held for local students. A satellite campus will be comprised of wealthy and out-of-country students. Local students with straight A's will be turned away for students who can pay higher fees.

If you care about your children or yourself having the opportunity for post-secondary education close to home, with quality teaching, area-based programming, and affordable tuition, take action immediately! The provincial government is poised to make a decision any day now, and without area residents' input, they will make the decision that best suits them. Write, fax, or email your MLA Dave Chutter, Premier Gordon Campbell, Advanced Education Minister Shirley Bond, as well as your RDOS representative and Town Hall.

Visit http://savoucnow.4t.com for links, e-mail addresses and addresses for all appropriate parties. The takeover will happen if you don't stop it. Sincerely,

Spencer Coyne.

See more letters to the Editor next two pages

Did you vote for this?

Dear Editor;

Re: News item: Monday, March 1/04.

UBC mid-term tuition increase for Business Administration students upped 300 percent. Tuition increased from \$7000 to \$21000. Students miffed. "Well, it's not as if they hadn't been told that there might be a slight fee adjustment," says university spokesperson.

Delicious irony, poetic justice, or just deserts? Are the people who helped elect this government reaping what they sowed? Should those who have most to gain from a BC Liberal government pay for the full cost of their education? Are the MBAs getting their first practical lesson in business administration, a lesson showing them how quickly they may expect to recoup their investment after graduation?

If the students didn't know it before, they know now that BC Liberals are not in the education business. Their philosophy is "them who has, gets." Students with a monetary advantage will rise to the top and the ruling class shall perpetuate itself. Sincerely, HP Toews. Current Comment

Winnie warned about modern warfare



editor@thenewsleader.ca

Recently, Knowledge Network featured the movie about the young Winston Churchill. I began watching it because I like history and biographies of people like Winston Churchill help form history. In addition, the young Churchill was the first person to be dubbed a "reporter" due to his work as a war correspondent during the Boer War. For you youngsters, that war took place in Africa about 100 years ago.

The movie ended with a speech from Churchill in the "Mother of Parliaments" as the English Parliament is often called. The young Churchill warned of the folly of shedding British blood

Letter to the Editor Look at the way the parties work

Dear Editor;

I see that the Liberals in our riding held their nomination meeting on Sunday, February 29. There is a glaring difference in how the new Conservative Party is holding its nomination meetings in comparison to the Liberals.

The Liberals held three meetings, two in the West Kootenay and one in the Oliver/Osoyoos area. The only opportunity to hear the candidates speak was at the Trail meeting.

The Conservatives are holding 7 meetings over two weeks in all parts of the new riding. Both candidates will be attending every meeting so that all members in the riding will be able to listen to their speeches and ask questions.

The Liberals provide token representation in the Southern Okanagan and ignore Boundary Similkameen parts of the riding. Either they do not know these areas exist or they have written them off. Either way it does not speak well for the kind of representation the Liberals will provide.

Denise Reed.

See letter to the **Editor from** Harry Lali on next page

on foreign soil, saying modern warfare would demand the effort not of a few regiments, but of the entire nation. He warned against building up the military and its weaponry for "adventures" into war. He further reminded Parliament of British "moral force" in the world and suggested they use that moral force to set an example. His opinion was not popular although many agreed with him.

Churchill became famous for his ability to see reality and predict the future based on what he saw in the present. Fresh from the Boer War, he could see the direction weaponry was headed, and knew the old ways of war were becoming obsolete. Never again would valiant cavalry and eager foot soldiers make much difference in war. He was proven right when World War I saw the cavalry men and horses dying in trenches as German artillery pounded them into the ground.

During the Boer War, the cavalry still used swords and pistols! Churchill had the experience of the futility of these weapons against mobile heavy artillery and he saw the handwriting on the wall.

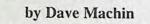
Churchill lived long, and saw his early warning acted out in two world wars. The British shed blood not only on foreign soil during World War II, but on their own soil as well. Again, Churchill warned Parliament about the coming war based on

the build-up of weaponry by Adolf Hitler. Parliament did not believe Germany would attack-England. This time, Churchill was seen as a warmonger while Parliament followed a policy of appeasement.

When I look at the century since the Boer War. I am sure not even Churchill could have forseen the kind of weaponry used today. The "smart" bombs, the missile launchers a man can mount on his shoulder, the stealth bombers, the helicopters with bombs and strafing capabilities, and the laser weapons. Who would have thought night vision instrumentation would have become so advanced? Who would have forseen spy satellites accurate to within a few feet? Churchill lived to see missiles from Germany hit London, and he lived to see nuclear bombs used. Would he have forseen the ELF weapons (Extremely Low Frequency sound waves) which can pulverize large buildings and blow a human to bits?

Look at the advances our industrial society has made in 100 years! We can now kill each other faster, easier, and in greater numbers than ever before, and one nation has the most and best weapons and plans to police the world. What became of the moral force and the American Constitution which forbade offensive warfare? Churchill's speech a century ago is as relevant now as it was then.

Heart Food by Dave Machin



******************************* At the end of every heartfood column you will see these words, "God

is good, His word is good and good all the time." Why do I say His word is good?Simply because God has never and never will do anything apart from His word. This is an everlasting fact. It cannot and will not ever be changed, just as He will never change. Yet we act as if that is not true when we try all kinds of other avenues to contact Him. We never stop and realize the written word of God is just as much God as the Father, Son and Holy Spirit are. John 1:1 says, "In the beginning was the word, and the word was with God and the word was God. All things were made by Him and without Him was not anything made." Possibly we can agree that all things were made by God, but can we see that the God who made all things made them by His WORD? The fact is that the book we call the Holy Bible is not just a book about somebody, it is somebody. It is God Himself, manifested to us. Shortly before Jesus went to the cross, He prayed, not only for His disciples, but for all those who would believe on Him through His word. He has already prayed for you and I two thousand years ago. He likewise said, "He that sent me is God, of He that sent me is the word." He received revelation of who He was through reading God's word and He walked it out in his daily life. Now you and I have the same opportunity. All we have to do is to open up the book and begin to read it. As we do, it will begin to reveal to us who we are. This takes place in a supernatural way, supernatural because it will speak to our hearts. Supernatural is not necessarily spectacular, it is the presence of God, the power of God, which is in His written word, quietly speaking to our hearts telling us what His heart is toward us. God is good, His word is good and good all the time Pastor Dave Machin,

SUNDAY SERVICES 10:30 A.M. 221 A Bridge Street, Princeton, B.C. 295-0599



221 A BRIDGE STREET, PHONE: 295-0599



105-399 Main Street, Penticton, B. C., V2A 5B7 Phone: (250) 770-2101 Toll Free: 1-877-896-1313

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GREG STEWART IS IN PRINCETON EVERY NECOND AND FOL RTH THURDAY PLEASE CALL FOR YOL R APPOINTMENT

d Cliff Warden h

Former minister talks B.C. budget

Dear Editor;

After studying the so-called "balanced" BC budget in some detail, it is clear there is no "good news" and the budget is not "balanced". The B.C. debt will increase \$1.6 billion. The growth figure of \$3.3 is over-inflated. A few years ago, Gordon Campbell and Gary Farrell-Collins (as he was knownback then) called then-Premier Glen Clard and the NDP "liars" for supposedly doing the same thing. What the government tabled in the Legislature in February should more appropriately be called the "Liberal Litany of Lies".

As usual, Yale-Lillooet MLA Dave (who?) Chutter hasn't got the foggiest idea of what he is doing. He says, "It's all good and transparent" when talking about the budget. (Merritt News February 27) because "the B.C. Liberals have made the necessary moves to ensure future prosperity in the province." Hogwash!

Liberal hypocrisy comes through loud and clear as they will be doing exactly the opposite of what Gordon Campbell and the BC Liberals promised they would NOT do in 2001. Remember his swearing-in ceremony when Mr. Campbell cried that the Liberals would not "break the public trust bestowed" upon the B.C. Liberals? Nothing could have been further from the truth!

The last three years of Gordon Campbell's dictatorship have been consistently highlighted by one broken Liberal promise after another. The B.C. Liberals said they would not raise our taxes, yet they have. The B.C. Liberals said they would not cut health, education and social services, yet they have. The B.C. Liberals said they would not hurt ordinary British Columbians, yet they have.

Keeping true to the deceitful Liberal tradition, they say one thing before an election and do completely the opposite afterwards. The 2004-2005 B.C. budget contains no "good news" for British Columbians, especially those living in small rural communities like Merritt, Lillooet, Lytton, Hope, Boston Bar, Princeton, Keremeos and Logan Lake. However, the Campbell Liberals have managed to inflict pain, again and again, on those disadvantaged groups in society who rely the most on government help and protection, i.e. children and families, women, students, seniors, health care recipients, the working poor, the jobless, First Nations and multi-cultural minorities.

Finance Minister Gary Collins' budget is full of spending cuts and tax increases and will hurt the average family. Numbers do not lie. This cruel 2004/05 budget is the third in the line of the Liberals' budget cuts. When the Campbell Liberals took power in 2001, they immediately forked out \$2 billion

dollars in tax breaks to their big corporate buddies and to the wealthiest two percent of British Columbians, the very people who needed it the least. The Liberals said the tax cuts would create jobs and would pay for themselves. Instead, the budget ballooned from a record \$2.2 billion surplus under the NDP to a whopping \$3.4 billion deficit (another record) under the Liberals. The unemployment rate in B.C. immediately jumped from 6.9 percent under the NDP in 2001, the lowest in a generation, to 9.9 percent under the Liberals, the second highest in the country.

The Campbell Liberals have planned cuts to 14 of 20 ministries. You won't hear Chutter talk about that. I'll bet he doesn't even know, just like all the courthouses in the riding that got chopped unbeknownst to the local MLA. That huge increase in health care spending isn't scheduled until the year 2005-06; the only new monies this year will come from the federal government (thank you, Mr. Paul Martin) without which there is actually a slight decrease. Will any Liberal MLA tell the truth about that?

Likewise, very, very little of the bally-hooed "good news" for education will occur in this fiscal year. Colleges and universities will receive \$30 million, not from the government, but from the pockets of the students. That's because in their infinite wisdom to make access to post-secondary education easier for the poorest of the students, the Liberals have killed the grants to student's program. Tuition fees, frozen under the NDP for six years and having gone up nearly 300 percent under the Liberals, are slated, yet again, to increase another 25 percent. It's called "robbing Peter to pay Paul". Pretty darned cruel and perverse. Mr. Chutter says, "It's all good and transparent".

What about all those supposed increases for welfare and for the Ministry of Children and Family Development? Keep dreaming, folks! Instead, Dave Chutter and the Liberals are cutting \$70 million dollars to children and families in 2004 and will spend \$117 million dollars less on single moms on welfare. That's not all: human resources, community, aboriginal and women's services all will be cut in the 2004-05 budget as they are all deemed less important by the heartless Liberals.

Meanwhile, the only thing going up is your taxes. The tax increases, including liquor and tobacco taxes, announced by Mr. Collins in this year's budget, total \$700 million, for a three-year total of \$1.2 billion. Remember the \$2 billion in tax breaks the B.C. Liberals gave to their wealthy friends and big business. In order to pay for those socalled "job-creating" tax cuts, the Campbell Liberals, with the help of gutless MLAs like Chutter, stole \$1.2 billion in tax revenues from the pockets of lower and middle class income earners and gave them to their wealthy political friends. That's called "Robbing Hood in Reverse".

British Columbia's debt is increasing at an alarming rate under the Liberals, a staggering \$9 billion since taking office. The B.C. Liberals have stolen money from the pockets of the poorest members of society totalling \$1.2 billion. These shameless Liberals are continuing to steal \$30 million more from the pockets of students, who will be the stewards of our future. And Mr. Chutter has the gall to say, "I ran to see that one day we will stop stealing from our kids' future."

I always-thought it was selfish to do that (through creating more debt) and I hope Mr. Chutter is mighty hungry, because he'll be eating cowboy boot for a long time.

Harry Lali, Merritt, B.C.

Cull cow program has added time

B.C. farmers and ranchers can apply for federal cull animal funding until March 12, 2004. The proof-of-slaughter requirement has been removed from the federal program which will provide \$192 per eligible animal. The federal program is in addition to the provincial cull animal program announced last fall.

The province is administering both federal and provincial programs. Ranchers who have registered for the provincial program do not need to register again to qualify for the federal program.

The Number One priority is still to get the borders open so B.C. meat and live animals can move back into the U.S. and other markets.

Details, forms and assistance on the cull animal program are available by calling toll-free 1-877-702-5585 or at http://www.agf. gov.bc.ca/ahc/bse/index.htm

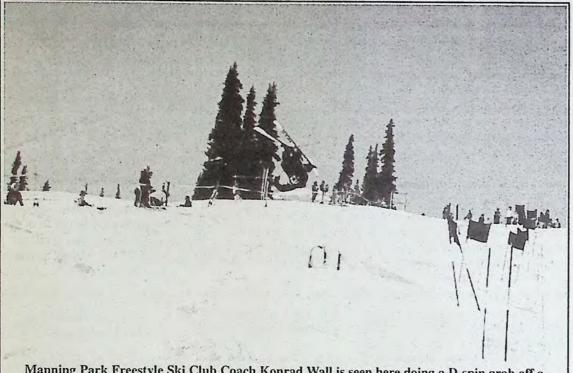
Canada is still the best place to start a business

Canada has topped the list once again as the best country in which to do business. The cost of starting a business in Canada is nine percent lower than in any other country in the world, based on several factors such as land costs, utilities, interest, etc. This is the sixth year Canada has won this distinction.

In comparison, the United States was seventh from the top.



Manning Park Freestyle Ski Club members, from left, Mackenzie Johnston, Madison Johnston, Jenn Dunn, Marcel Lamoureux, Mitchell Lamoureux, Mike Richmond (from Hope), Katie Lamoureux, and Morton Johnston. Missing from photo Kolten Smith and Russ Tjernstrom. Photo provided by Pam Lamoureux.



Manning Park Freestyle Ski Club Coach Konrad Wall is seen here doing a D-spin grab off a mogul jump. Photo provided by Pam Lamoureux.

Ski club enjoys bumps 'n' jumps

The Manning Park Freestyle Ski Club hosted their 5th Annual Bumps and Jumps freestyle competition on February 22nd.

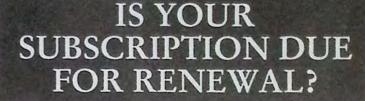
Spring skiing conditions were perfect for the event.

The yearly competition is a

fun introduction to what skiing competitively in moguls is all about.

A total of 28 skiers belong to the Manning Park Freestyle Ski Club, nine of them are from Princeton, and two of the youngest participants are also from Princeton. All members have learned a lot of great skiing techniques and say they have had a lot of fun during the season.

The Club thanks their coaches for giving them the inspiration to ski to the best of their ability.



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More details next week!

You Won't Want To Miss This!



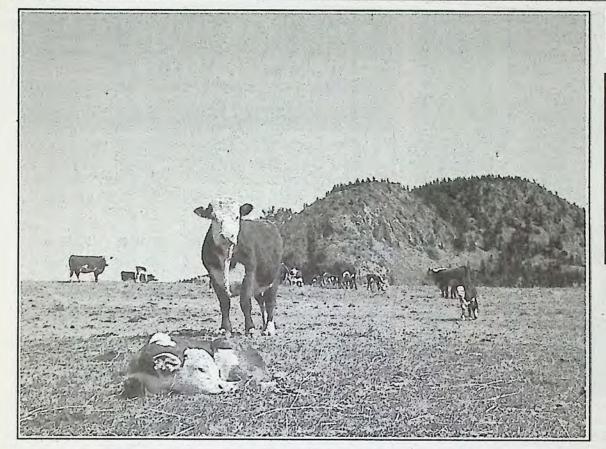
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THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR

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Cattlemen thank consumers

Even the "thank yous" are bigger out west!

British Columbia cattle producers are pooling their resources and organizing a province-wide radio and newspaper campaign to thank consumers for their support during the recent difficulties in the cattle industry.

Since the time of the gold rush, the cattle industry has been building and contributing to rural communities. During the past nine months, Canadian consumers have returned the favour, continuing to enjoy Canadian beef – in fact, consumption has increased. Linda Allison, Princeton rancher, and chair of the industry-wide Council responsible for the beef check-off in B.C. said, "Council saw an opportunity for beef producers to become directly involved in expressing appreciation to their consumer neighbours and offered to match regional organization dollars in an advertising program. Volunteers quickly came forward to do the leg-work in contacting their local media. Print and radio ads will be seen and heard throughout B.C. in the month of March.

Allison pointed out that the support of the consumer is essential for the well-being of cattle producers as the industry continues to struggle.

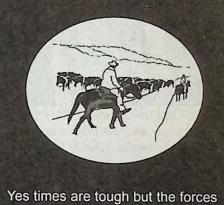
"Cattlemen in B.C. appreciate the support of the consumers and want to thank them, and encourage them to continue to *Make it Canadian beef*, supporting communities across Canada," Allison said.

The provincial campaign is timed to match a national advertising program being carried out by the Beef Information Centre. Make it Canadian Beef for all the Right Reasons features a new consumer booklet "Simple Suppers" with recipes and tips to help families create beef meals in minutes. These booklets will be available from participating meat counters and circulated with the April issue of Reader's Digest. At the April 30 and May 1 Home Show at Princeton Arena, look for more beef recipe booklets next to the PMHA beefon-a-bun concession.

Heinz Ebenau

Sales Representative





ves times are tough but the forces working against BC ranching families will never overshadow the reasons we do business.

Consumers - Thank you

British Columbians have helped the beef industry by continuing to enjoy Canadian beef.

Paid for by local beef producers.

For Enjoying Consultan Boar Wore Offe

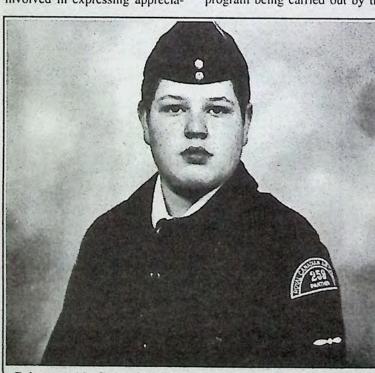
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Thank You for your continued support! Don't forget, Spring is almost here and if you have been thinking about selling, this is a good time to get into the market. Ask us for information on our marketing strategy, and learn more about the no money down program offered through CMHC. Our 2004 SPRING GETAWAY CONTEST Draw is May 22nd and there will be a 2005 Spring Getaway Contest. Ask us for details!



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Princeton Air Cadet Chris Wanner will travel to Newfoundland during Spring Break this year. He is one of 30 members of 259 Panther Squadron (Penticton) who earned the honour of going on this citizenship tour. Chris is 13 years old, son of Diane and Ken Wanner of Princeton.