

Similkameen News Leader

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Envirogreen solves problems



Princeton Bantam Flyers, winners of A Division South Okanagan Superleague show off their banner. Members of the team are Kyle Markin, Beau Wilkinson, Shelby Mack, Steve Schwarz, Brandon Campbell, Devon Lilley, Adam Dunford, Jay Bell, Luke Pusell, Cody Leonard, Bianca Maritz and Josh and Braydon Scarpelli. Derek Lilley is Coach, Ray Pusell is assistant and Gordon Bell is trainer.

Sick chickens pose no danger to local residents

Envirogreen Technologies was established in 1995.

Similco Facility Manager John Cullen describes the site as, "a special waste facility that cleans contaminated materials and the only thermal treatment facility in the Province."

In defense of the diseased chicken shipments that created a level of controversy and concern from some citizens Cullen says, "we were asked by the government to help them out of a deep spot."

He is also quick to point out it was a carefully conducted process with all local and regional agencies fully aware of what was going on. "I know the government was happy with what we did."

Plans were made to decontaminate another load of infected chickens this week.

The list of contaminates cleaned by Envirogreen is lengthy.

Chlorinated contaminates, which would include such things as PCP's, is not on that list.

For example, gas station, refinery and industrial site wastes are more along the line of contami-

nants shipped for processing at Envirogreen.

There is a strictly regulated process the products go through which first removes all the contaminants from the soil.

An intense burning cycle turns the contaminants into gas. The gas is then drawn into the heaters as fuel. **continued on page 2**

More pot plants seized

Princeton RCMP executed a Controlled Drug and Substance Act search warrant on a residence on Taylor Mill Way, on the outskirts of Princeton, on March 9, 2004. A marihuana grow operation was located inside the residence. The two residents of the home were arrested and taken into custody. Both are now facing charges of Production of a Controlled Substance. If found guilty, they can be subject to imprisonment for a term not exceeding seven years. They will appear in court on June 10, 2004.

PXA makes rules for ATV weekend

At the March 9 meeting of Princeton Exhibition Association (PXA), Princeton ATV Club President Otto Coers expressed some concerns about the PXA renting the grounds to an ATV group from the Lower Mainland. Coers said this is the same group who were partners in arranging the ATV Jamboree last year, and there had been problems with this group.

Members of the PXA said they had no knowledge of problems last year,

as the rent was paid and the grounds were left in good condition.

Coers told members there were other issues relating to rules agreed to by both Princeton ATV and other groups and which the Lower Mainland group violated. These were rules about trespassing on private property and allowing children under age 16 to drive on public roads. Coers said there is no driver insurance for children under age 16.

The question of insurance did raise some concerns with PXA members. The ATV group had requested using the track and holding an ATV mud bog during the weekend. PXA members passed a motion to inform the ATV group that children under age 16 could not drive an ATV anywhere on the PXA grounds unless they had insurance. The question of the mud bog required consultation with Motorsports Association, and would include an additional cost to the ATV group, as water would have to be transported to create the bog and there would be a clean-up cost.

Tophey Hanna reported that the Motorsports Association wanted to tentatively book the weekend of July 17, but was not sure if they would hold a regional motorcross meet here at that time. The track will be under construction in two weeks. There will be a meeting at the PXA grounds on March 23 to map out the track and make a decision about the July dates. Hanna said one of the problems with hosting a meet is the lack of working members in the Motorsports Association. They feared lack of expertise at the organizational level. Some PXA members suggested they find out if a knowledgeable person could be hired to organize and supervise the meet so local members could learn how it is done.

Rock slide closes road to Tulameen

A huge rock slide late Friday closed Tulameen Road to all traffic over the weekend.

The hillside, located about 3km from Princeton, is just past the Peterson Bluffs - a regular trouble spot known for rock slide activity.

Argo Road Maintenance crews worked steady throughout the weekend to clear away debris in an attempt to re-open the route.

This is the second time this Spring that a rock slide has closed the road.

Friday's closure was the longest one recorded so far this year.

There were reports the road was buried with rock and debris up to a depth of 20-feet in places.

Tulameen and Coalmont resi-

dents were told crews would attempt to have one lane open sometime over the weekend.

The site would then be subject to a monitoring phase, which would last 48-hours.

Monitoring the hillside would determine the stability of the site, the likelihood of another slide and safety related concerns.

Once the road was considered safe, regular traffic would be allowed.

Estimates indicated regular traffic flow could be in place by early this week, depending on how long clean-up would take.

Motorists are advised to watch for rocks on all area roads and highways this Spring.

Harkness gives PXA a concert update

Ron Harkness attended the March 9 meeting of Princeton Exhibition Association (PXA) to talk about the Grubstake Productions concert scheduled for the July 1 weekend. The concert, called Princeton Rocks, is negotiating bookings with five major acts. Harkness told the PXA there is no problem finding bands, as he receives calls from many up and coming bands who want to play between major acts and off-times.

Tickets will be sold through Ticketmaster. There are approximately 500 "early bird" tickets at a reduced rate, and 100 tickets to be given as prizes. These will be awarded through Okanagan radio stations with affiliates in the Vancouver area.

Harkness showed appreciation for Princeton Castle management, which has offered space on Castle

Resort highway signs, including the big one near Hope.

He informed the PXA he has contracted with Penticton Security for the weekend. He assured the PXA that he has an agreement for garbage pick-up, and there is a "no glass" policy to prevent broken glass on site, and there will be no smoking except in designated areas. The PXA had expressed some concerns about glass and smoking.

After discussion with member about ground rental payment, Harkness agreed to pay the \$2,000 rental up front. Harkness was eager to go over the grounds and find locations of water, power and review sites for the main stage. He arranged with Peter Ruoss to do a tour of the grounds. The meeting with Harkness was amicable, and members wished him success in his concert enterprise.

ads@thenewsleader.ca
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ads@thenewsleader.ca
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SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

CHANGE IN MEETING LOCATION

Please note that the Regular Meeting of the Board of School Trustees has been changed as follows:



Wednesday, March 24, 2004
Princeton Secondary School Library
7:00 pm

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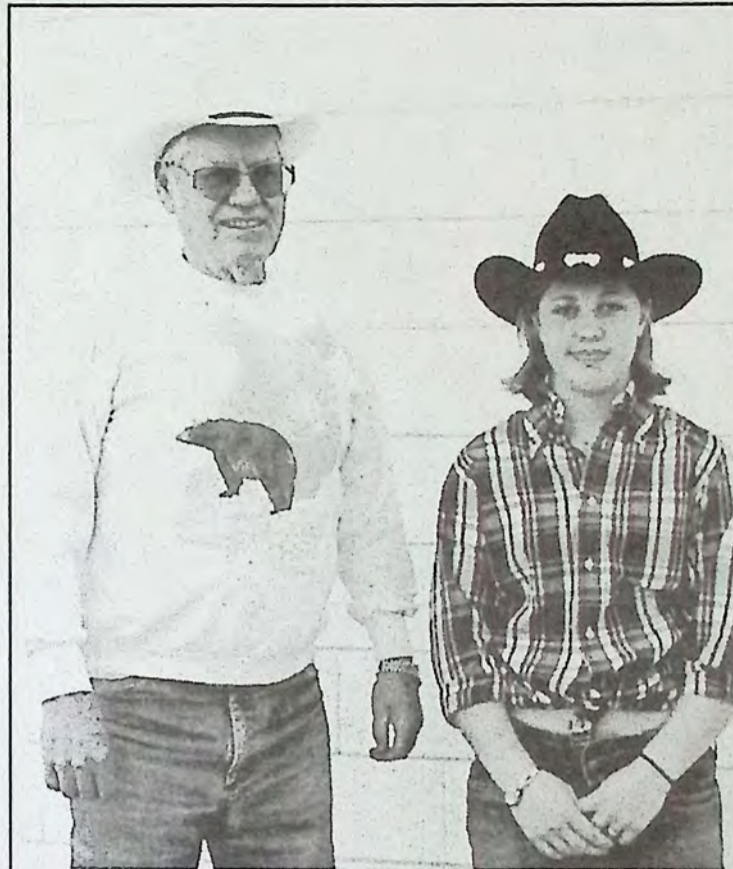
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Stan Thompson, President of Princeton Rodeo Club, welcomes Colby Whelpton, Princeton Rodeo Rep for 2004-05. Colby is age 15, has been riding for five years and has done some barrel racing. Her name was drawn from girls who submitted their names to the Rodeo Club. She has the full support of her parents. She will be appearing at several rodeos, beginning with Chopaka Easter Sunday Rodeo, and will ride in the Hedley Stamp Mill parade May 1, as her first two duties.

Envirogreen - continued from front page

"The soil looks like a black top soil when it finishes getting processed," Cullen explains.

"It's inert - contains no nutrients."

A government regulated testing protocol follows all processed soil with independent labs producing the results.

If the soil passes the testing, it moves on to the second stage. If it does not pass, it gets fed through the processing plant again.

"We've only had two loads re-run in the history of the company," Cullen says.

Stage two sees the soil spread over the overburden at the Similco mine site and covered with Nutrifor, a product produced by GVRD and well-known in this area.

The Nutrifor feeds the processed soil its nutrients and then the mixture is seeded with grass seed.

All of the processed product ends up as the Similco Mine Reclamation project. None of it is shipped away from the area.

With the use of thermal tech-

nology there are air emissions and those are carefully regulated.

Certain levels must be met to be considered safe to release.

Levels achieved by Envirogreen sit at less than one part per million of hydrocarbons emitted.

When asked what the industry standard is, Cullen explains, "since we're the only guys in the industry, I guess we're the standard."

When the plant is processing a total of five people work at the Envirogreen site and three at the Similco site. When volume is high, a second shift is used which doubles the number at the Envirogreen site.

Envirogreen is also looking to turn the site into a multi-use facility and has recently leased a portion of the mine site to another company.

"We purchased the mine a year ago as we needed a home for ourselves and it's all part of the big picture," says Cullen from his office in Burnaby.

"We're looking at environmentally friendly things here."

New laws speed earth clean-up

The provincial government passed a law last week to speed up rehabilitation of contaminated sites making them suitable for redevelopment and investment.

"We are modernizing outdated waste management legislation," said Bill Barisoff, Minister of Water, Land and Air Protection. "These amendments will accelerate the redevelopment of low risk contaminated sites, returning them to productive use and restoring opportunities in communities that need them. The changes will allow communities to rehabilitate contaminated sites, creating new jobs and investment."

This new legislation continues the process begun last year of updating the provincial Waste Management Act. Further amendments, expected for 2006, will address contaminated site liability, dispute resolution, appeals and cost benefit analysis.

For details on changes to the act, go to www.gov.bc.ca/wlap

Cullen summed up the company's position with, "if it's not a sound environmental thing, we're not interested in doing it anyway."

With an estimated 75 square kilometres of disturbed property at the Similco Mine site, Envirogreen Technologies will be working there for many years reclaiming a site scarred from years of mining.

Gouk wins Conservative nomination

Jim Gouk, MP for Kootenay-Okanagan-Boundary, won the nomination to represent the Conservative Party of Canada for the southern Interior riding in the next federal election, expected to be called in April.

Seven nomination meetings were held throughout the riding during two weekends, with the final meeting on March 7 in Castlegar. Gouk received 73.9 percent of ballots cast.

Rodeo Profiles

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Stan Cell: (250) 295-8377 / Glen Cell: (250) 295-8398

Princeton Pro Rodeo is soliciting Platinum, Gold and Silver Sponsorships. Anyone interested in becoming a Sponsor for this years event can contact Ernie at 295-7345 or Stan at 295-6173 for more information. The Princeton Canadian Professional Rodeo will take place the weekend of May 15 & 16, 2004!



Welcome to Katimavik

Mayor Keith Olsen gave his customary warm "welcome to Princeton" speech on March 10 to the latest, and maybe last, Katimavik group. They are, left to right, seated: Megan Lindmark of Spruce Grove, Alberta; James O'Marra of Brampton, Ontario; Jonathan Tremblay of Alma, P.Q.; Petra Jacobi of Porter Lake, N.B.; Amy Fisher of Alvinston, Ontario and Jennilee Austria of Sarnia, Ontario. Standing: Morgan Bentley of Saskatoon; Rachel Harrison, local project leader; Edith Kocklas of Quebec City and Remi Pépin of St. Pierre Les Becquets, P.Q. They were greeted by representatives of sponsors who have agreed to set up work programs, and Friday was selection day. This week, the group is on the job in Princeton.

Museum Society plans new hours

Princeton Museum Society members met March 9 to firm up the hours the museum would be open during spring and summer. Nick Mills, President, outlined the potential for opening the museum in mid-April and keeping it open into the autumn. The museum has a full-time Katimavik volunteer this week, and is applying for a student through the Weyerhaeuser Jobs for Youth program, as well as applying for two students through the government summer student program. Mills said Katimavik would like to see one

of their volunteers receive training on how to greet the public and guide them through the museum. With this in mind, he suggested the museum stay open from 10 am to 5 pm until mid-June, then go to longer hours, 10 am to 7 pm, for the summer, then revert to shorter hours in September. Everyone voted in favour of the plan. The hours will be advertised through a brochure and other advertising. Members looked at a major overhaul of the museum's historical side. Although half-

completed, the new arrangement and new displays will offer a different perspective to visitors locally. With approximately one month left before opening day, there is still a great deal to be done, but it looks very promising.



This is a view of the rockslide near Peterson Bluffs which closed Tulameen Road over the weekend. Photo: Kevin Kunderman

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COMMUNITY MEETING
Okanagan-Similkameen Basins
Fisheries Planning

6:30 - 9:00 PM
Wednesday, March 17th
Arena Mezzanine

Refreshments will be served

Your guidance in planning to protect our fisheries is needed! Please attend the public meeting hosted by the Okanagan Nation Alliance in partnership with the Ministries of Sustainable Resource Management, Water Land and Air Protection, and Fisheries and Oceans Canada.

Weyerhaeuser Safety Poster Contest

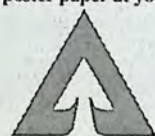
Starts: March 22, 2004
Deadline Finish: May 3, 2004
Judged On: May 13, 2004

THE THEME OF THE POSTER CONTEST IS:
"FINGERS, HANDS AND ARMS. HOW DO YOU WORK AND PLAY SAFELY,
WITH YOUR FINGERS, HANDS AND ARMS."

The Contest is open to all Children between the ages of 6 - 17.
The Age Groups are as follows: 6 - 8, 9 - 10, 11 - 13, 14 - 17.

The Winners will be notified by telephone, following with their pictures in the paper. There will be 1st, 2nd, 3rd and 4th Place Winners in each Age Group. Winners will receive a Gift Certificate.

Weyerhaeuser will be using ALL of the Posters at the worksite. So everyone sharpen your pencils and think SAFETY! READY, SET, START DRAWING...GOOD LUCK!!! Pick up poster paper at your school and put your first name on the front, last name and phone number on the back.



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Lisa Fraser stands beside the Job Finding Club poster at the Employment Access Centre in Keremeos.

Job hunting? Find out how to do it right!

The Job Finding Club is a no-cost three-week course funded by Human Resources Development Canada. To secure a place in the course, you must be referred by Connections, which is in Keremeos at the Employment Access Centre on Mondays. There will be two information sessions, on March 25 and April 1 at the Centre. These will explain the Job Finding Club program. The course given in the Job Finding Club are comprehensive and designed to increase an individual's ability to secure a job. It is open to those forced to change career, and to those trying to enter or re-enter the workforce. Candidates do not have to be eligible for EI nor have to be receiving social assistance. For further information, talk to Lisa Fraser at the Employment Access Centre.

Similkameen Country offers SuperHost

"To me, it is like taking a First Aid course, a reminder of how you should treat your customers," says Anna Bartlett, Similkameen Country Manager. On March 27, Similkameen Country presents SuperHost training at the Employment Access Centre. This full day course is a customer service seminar dedicated to improving employees' relationship with customers. SuperHost was developed in 1985 by Tourism British Columbia to improve quality of service in tourism business in preparation for Expo '86. Since

that year, thousands of British Columbians have taken the course. It is no longer limited to the tourism industry, but is used to train anybody working with customers of any kind (even in Princeton General Hospital to deal with patients). The purpose of the course is to generate more business. Happy customers come back, and customers who feel they have been treated rudely or inadequately, or even coldly, are likely to go somewhere else. Worse still, dissatisfied customers tell their

friends to stay away from a business. SuperHost is no longer a "B.C. thing". The course is given around the world, and has five different presentation methods. Employers and employees who take SuperHost training become more confident, give higher quality service to ALL customers, and improve business within their community. For further information, or to register, email siminfo@nethop.net or call 499-5225.

Cawston hosts kids' event

Grown-ups and their pre-schooler children two years and older are invited to attend a special learning event at Cawston Primary School on April 2, 2004. From 8:30 a.m. to noon, the school gymnasium will be given over to tables, booths and activity areas all to do with child development, including speech and language, vision, child safety, family literacy and nutrition. A kindergarten teacher will discuss school readiness with small groups of parents and caregivers. There will be health professionals on hand to answer individual questions and make referrals for grown-ups with concerns about how their young ones are doing. The day coincides with a book fair with the popular storybook character, Clifford the Big Red Dog attending in person for Scholastic Canada. This event is called Building a Foundation, Your Developing Child and is co-sponsored by Keremeos Health Unit and School District #53. Communities for Kids is orga-

nizing the event through a local committee working with facilitator Dave Cursons. Cursons has been contracted to work with communities in The Similkameen Valley through the Make Children First initiatives funded jointly through the federal and provincial governments. "Communities for Kids aims to improve the health and development of children from conception to age 6 in the South Okanagan and Similkameen and the effort is guided by the latest research which shows that we all make the most brain gain very early in our lives," says Cursons. The April 2 event at Cawston Primary School will include refreshments for everyone and a take-home bag for the kids. Anyone who needs transportation to this event should contact Cursons at 250-499-5417. Register beforehand by calling Cawston Primary School at 499-5617 before March 12 or after March 29 as schools are closed for spring break from March 13 to March 28.

Spring Showcase 2004

Garden, Gift & Craft Show



**10:00 AM - 4:00 PM
 Sunday, March 21, 2004
 (THE FIRST DAY OF SPRING!)**

**Penticton Lakeside Resort & Casino
 21 Lakeshore Drive, Penticton**

Participants are from Vancouver and throughout the Okanagan Valley with exceptional talent including garden decor, fine home decor, birdhouses, gifts and much more.

DOOR PRIZES - SILENT AUCTION - DAFFODIL TEA ROOM

This is one of Penticton's projects to support the local Cancer Society. Daffodils will be everywhere. Knapp's will feature the latest for Spring 2004. Daffodils are sold this day to kick-off the Canadian Cancer Society's April Campaign.

ADMISSION \$ 3.00
 with portion of proceeds to Cancer Society.

INFO: M. Noble (250) 492-8577

Coalbed methane has critics

From a variety of sources, the News Leader has obtained differing points of view on coalbed methane development.

A source in Calgary, a man who knows our local area well, says the development will be good for our area and bring strong economic benefits. Another source says the benefits will be small and will not make a significant impact on our local economy.

Another source quoted problems in the Powder River Basin of Wyoming, where coalbed methane extraction is well advanced. The News Leader checked into the information from the group opposing the development, and their primary objections stem from alteration of the "pristine" landscape of range grasses and sagebrush by intrusion of roads, water reservoirs and pumping stations. People living near pumping stations complain they are too noisy. Other than those complaints, the group's primary concern appears to be changing the mineral rights and surface rights laws of Wyoming, which is not our concern.

The Powder River Basin situation is like comparing apples to oranges, as their surface terrain is gently rolling prairie and ours is mountainous terrain. The water reservoirs are formed from the need to extract the underground water from the coal beds in order to extract the methane. There was no indication of the alkaline or other content of the water and why it could not be used as irrigation water.

British Columbia's representatives have toured the Powder River Basin as well as the coalbed methane projects in Colorado, and have learned a lot about any special considerations to be covered by legislation.

The other side of the issue of should we or should we not have coalbed methane extraction is our growing need for the gas. There is not enough petroleum-source natural gas to meet our needs. We in British Columbia may comfortably switch to electricity or wood to heat our homes and businesses, and in our sunny areas, we might make good use of solar energy, but these are not options for many locations across North America. The alternatives are NOT options for city dwellers. Either we change our lifestyles completely, and make cities obsolete, or we tap into coalbed methane, a source of heating fuel which is abundant and will last for decades.

Alternative energy sources will not

be merely "optional" by 2015, they will be essential. Forecasts of petroleum shortages show a distinct convergence on 2015 as the critical year. Although there will still be an oil supply, it will undoubtedly be reserved for those vehicle which can use no other sources - aircraft.

While many environmental groups may complain about the development of coalbed methane energy sources, the reality is this: without coalbed methane, the ability to keep

functioning in city environments will disappear, creating huge disruptions in population and in business. Coalbed methane may be just a temporary solution to the problem of fuelling cities, but it will allow for a more orderly move to alternative energy sources such as wind and solar. There is absolutely no way any sane government cannot address the heating fuel shortages. There is no way city dwellers will freeze in the dark peacefully.



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Deadline to Sign Up: March 23 - Pre-Payment Required





These women plan to carry \$10,000 to the BC Cancer Agency for research into breast cancer. They call themselves Breast Buddies for Life. Left to right, they are Cathy Montgomery, Betty O'Hara, Candice Fraser-Beswick, Dawn Kastor and Darlene Montgomery. See story below.

Women walk to end breast cancer

Five Princeton women, who call themselves Breast Buddies for Life, plan to raise \$10,000 and join in a 60 km. walk in Vancouver on August 20. It is the Weekend to

end Breast Cancer walk. The local women, Dawn Kastor, Cathy Montgomery, Betty O'Hara and Candice Fraser-Beswick, have already started their training.

The walk rules demand that each participant raise \$2,000 for breast cancer research. The funds will go to BC Cancer Agency, earmarked for genetic studies on breast cancer.

To raise the funds, these women will not go looking for hand-outs but will engage in a number of fundraising events and will do yard work or housework to earn the money. Donations can be made in their names at Valley First Credit Union.

For more details on Weekend to End Breast Cancer, go to www.endcancer.ca

Hospital Auxiliary news

by Betty Gauvin

What a beautiful day for a March meeting. Spring is in the air with lots of enthusiasm from our members. There is a lot of exciting news coming up for our annual Florence Nightingale Tea and Fashion Show. Be sure to watch for upcoming advertisements by Robin Degerness.

Cathie Orser skillfully brought our President's plaque up to date and did an excellent job.

There were many handcrafted items donated this month by Maureen Turner, Christine Dalen, Rosemary Woodruff and Gladys Webster. These items will be on display and for sale at the hospital gift shop.

Maureen Turner closed the meeting with her thought for the day, "The reason volunteers are

not paid is not because they are worthless but because they are priceless."

So on this note, we are still open for new memberships. Join us at our next meeting on April 12 in the hospital board room at 2:00 p.m. Everyone is welcome.

Living Past 100

Feed your muscles!

Spring is springing, and it pays to remember the pitfalls of spring chores. It is so good to be able to go out into the garden or the playing field and do what you love to do, but you could overdo, simply because you are out of shape for the new activities. Yes, they are new, because what you did last year does not necessarily carry over to this year. Your muscles need time to adjust.

One of the best things to protect your muscles is selenium, which strengthens muscle tissue. Vitamin E is essential to prevent cramping, and so is calcium and magnesium. Potassium can help a lot, especially if you are on diuretics.

If you are lacking in these essentials, you will soon know it due to muscular cramps. Everyone has the occasional sore or stiff muscles after a hard day's exercise, but continued muscle cramping is an indication of a lack.

What can you eat that can help? First, drink plenty of milk. If you have children with muscle cramps, it is an indication they need more calcium, and milk is the best source for children. Second, eat plenty of green, leafy vegetables, which will provide Vitamin E and calcium. Broccoli, beet greens, kale, and spinach are great sources of these essentials.

Some helpful herbs are ginkgo biloba extract, horsetail, elderberry extract, dong quai and chaparral.

Pace yourself with your springtime chores. Do not become the "week-end warrior" who tries to do everything in one weekend! you may pay for it dearly with more than muscle cramps.

Most muscle cramping is during the night, when your body is at rest. If it occurs during the day and while you are exercising the muscles, then you should see a physician. This is often a sign of hardening of the arteries or lack of oxygen to the muscle tissue, and it is serious.



Jackie Byle, 16, is Pharmasave's Teen Club Winner for February. She won her prize as part of a Bonnie Belle/Starburst Contest hosted by Princeton Pharmasave.



Kelsey Rice, 16, is Pharmasave's Teen Club Second Place Winner for February. She won her prize as part of a Bonnie Belle/Starburst Contest hosted by Princeton Pharmasave.

Fair offers new category

How would you like to submit an entry to Princeton's Fall Fair that would be judged against entries from other B.C. fall fairs?

These entries would be donated to the 2004 BC Fairs Association Convention, and would be judged at the convention.

The new categories will be included in the prize book for Princeton and District Fall Fair.

1. **Gift basket for any occasion** - Design and build a gift basket for any occasion (special holiday, thank you, care package, etc.) Basket may contain homemade or purchased items.

2. **Hand made table centerpiece** - A hand made themed table center for a special event - wedding, convention, graduation, etc. Table centerpiece must be appropriate for a round table seating eight people.

3. **"My Family Heritage" scrapbook** - (this will be returned to the owner after judging at convention)

Design a scrapbook depicting your family heritage. Scrapbook can contain photos, newspaper articles, memorabilia, crafting supplies, etc.

Council denies rezoning

Reginald and Karin Green, owners of a residential property located at 461 Corina Avenue, submitted a request to Council to have the property rezoned from Single Family Residential to Two Family Residential. Council denied the request based on opposition to spot rezoning in residential areas.

Chutter says safety is top priority

Yale-Lillooet MLA Dave Chutter says the BC Forest Safety Task Force has released a report detailing a call for immediate changes for safety in the forest sector. These changes are important for forest dependent families, says Chutter.

Logging has a long history of severe accidents and hazards and has the highest fatality rate of all industries in B.C. Forestry employs 90,000 people directly, including more than 28,000 who work in the woods. Between 1993 and 2002, there were 250 fatalities. The task force, comprised of senior representation from large forestry employers, contractors, fallers and IWA-Canada, made 20 recommendations including:

- * developing a sector-wide safety accord that will guide changes in attitude, procedure, and operation, resulting in a new safety culture
- * creating an industry-owned and operated health and safety infra-

structure that would include pre-qualification and certification of forest companies, contractors and independent operators

- * developing uniform training and certification standards for workers
- * providing financial incentives for firms that adopt and operate according to a sector safety model.

"A change of attitude toward the protection of the workers will prevent needless deaths of those out there logging in our forests," Chutter states. "This needs to be our top priority. The report is the first step to applying a solid safety plan for the workers."

To make the task force recommendations a reality, industry will now form an operational team. It will develop a plan of action with the larger forest community to gather feedback, work through the recommendations and implement changes to make BC's forests safer.



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Rick Hansen Wheels In Motion

Should we host this event in Princeton?

50% of the Funds raised stay in Princeton and District

An Information Meeting will be held to see if there is any interest in hosting this fund raising event.

7:00 PM Wednesday, March 24
Arena Mezzanine

Rick Hansen Wheels In Motion raises awareness and funds to improve the quality of life for people with spinal cord injury and supports research, ultimately leading to a cure.

Questions or comments?
Contact Lyle at 295-7222 - Princeton Recreation

The Princeton Glass Co. Ltd.

89 Halliford Street, Princeton
(250) 295-3025



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Princeton Golf Club Fundraiser

Saturday, March 27th

Dinner • Dance

COCKTAILS 6:00 PM - DINNER 7:00 PM - Legion Hall

Live Auction • Silent Auction

You Could WIN a FREE Golf MEMBERSHIP!

Lots of Prizes • Raffles • Door Prizes

Everybody Welcome!

TICKETS: \$ 20.⁰⁰ Each

Available at: Sears, Stevens & Stevens, Notaries Public, Bridge Street, Princeton
Valley First Credit Union, Insurance Office, Tipton Avenue, Princeton

INFO: Bill 295-7664 or 295-4247



Meri's Hair Care
For Appointment Call
295-3391

Great Competitive Prices
Mens Cuts from \$8.00 / Perms from \$45.00
495 Auburn Crescent (Tunnel).

THANK YOU!

The Princeton Posse sends a huge THANK YOU to all Billet Families who generously opened their homes to a Player (or 2, or 3) and made them a part of their Family for this past Hockey Season.

Clint Clifton, Stan & Arlene Turner, Debbie Scarpelli, Cathy & Kevin Robillard, Bob & Marilyn Aitchison, Shar Martini, Gup & Trina Douglas, Char Ferguson, Clay & Lorrie Clifton, Myra & Roy Harker, Red & Carol Lawes, Heather Meyers, Bob & Sue Coyne, Michelle Williams, Jim & Edith LaPierre. Thank you all!



Princeton's girl hockey players will have funds for equipment next year. (See story below). Left to right: hockey players Katie, Britts, Milen, with Nadine McEwen presenting check to Al Anderson (Jessie between them) and Kiel, Makenzie and Shelby.

Legacy honours Al Anderson

Recently, Nadine McEwen nominated Alan Anderson for his dedication to the Girls Intro Into Hockey program during the past winter. Through the Bobbie Steen Legacy Fund, Anderson was awarded an \$1,000 grant to be utilized for the development of the program introducing girls to hockey next season.

On November 12, 1995, amateur sports and recreation in B.C. lost a dear friend and colleague, Bobbie Steen. She was dedicated to advancing girls and women in physical activity and sport. The Bobbie Steen Legacy Foundation acknowledges Alan Anderson as an individual who promotes the healthy development of girls

through the sport of hockey. The grant money will be utilized for the purchase of equipment needed to help girls in Princeton participate in Girls Intro Into Hockey. The Town of Princeton Recreation Department will help Anderson develop this program, and will be responsible for the disbursement of the grant.

Princeton rocks online with website

To find out more about the upcoming concert on Canada Day Weekend, log on to www.princetonrocks.com - a website dedicated to the promotion of the event.

Princeton Rocks is being billed as the first annual Contemporary Rock Music Festival on the website which includes links to details surrounding the concert.

One link contains the schedule of confirmed artists, including Randy Bachman, Jerry Doucette, Doug & the Slugs, Drentch and the Classic Rock All-Stars.

Ticket and camping information as well as details on how to locate Princeton by land or air are outlined.

The concert will take place July

2nd to 4th at Princeton Fairgrounds.

Volunteers are needed to help Grubstake Productions, the local host of the concert.

The website contains a form for anyone to sign-up to help. Volunteers will receive tickets at half price, a t-shirt, a detailed job

Listeners patience appreciated

CIGV (Giant) FM General Manager James Robinson says his radio station will soon be heard again in the Similkameen.

All new equipment is in Penticton to replace the transmitter lost during the Okanagan Mountain Forest Fire last Summer.

"I'm hoping for the end of the

description and work schedule along with parking passes.

To find out more, visit the website or e-mail volunteer@princetonrocks.com.

Grubstake Productions, a company owned by local businessman Ron Harkness, can also be reached by faxing (250) 295-3318.

month at the latest," says Robinson.

The only delay at this point involves coordinating the crews needed to haul and install the equipment at the transmitter site.

CIGV-FM appreciates concern extended from listeners in the Princeton and Keremeos areas.

March 31st

"The Day Before April Fool's Day
April Fool's Day Celebration"

Giveaways - Door Prizes

Business Owners
Enter the Draw for FREE Advertising!!!

Dairy Queen Gift Certificates
Tickets to Princeton Rocks Rock Concert

In-Store Specials

News Leader Free Subscription Draw

Free Coffee
Cookies - Doughnuts

More details next week!

9:00 AM - 5:00 PM
You Won't Want To Miss This!

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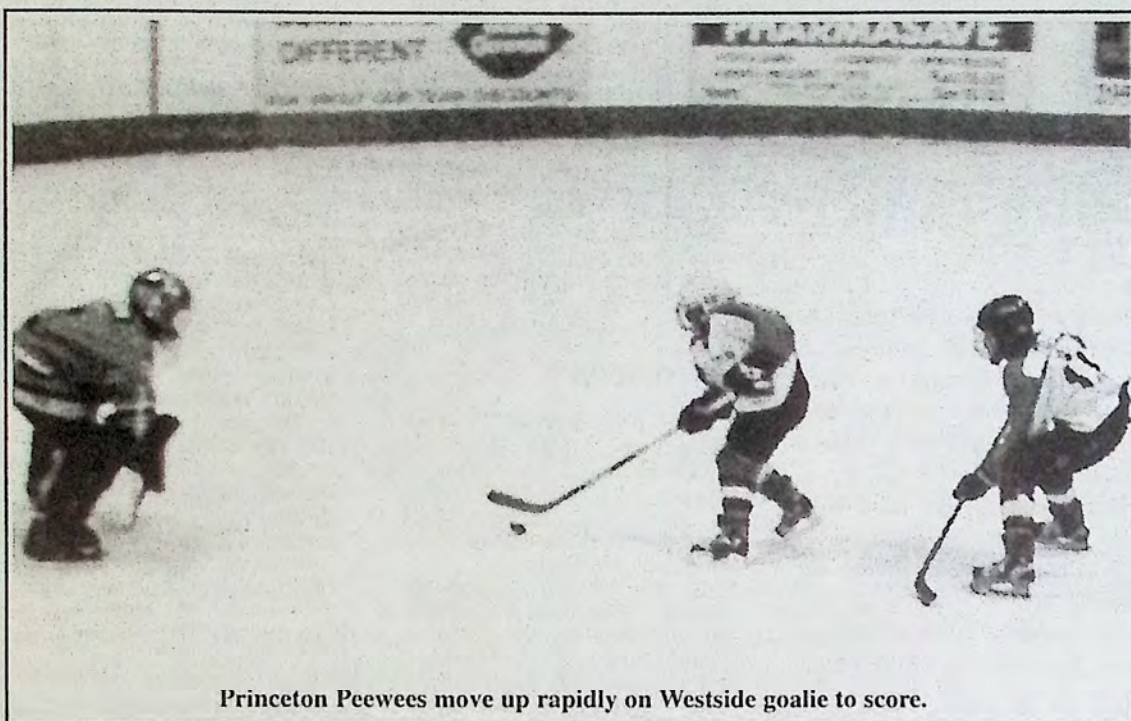
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THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR

weekly entertainment guide

TUESDAY, MARCH 16, 2004 THROUGH MONDAY, MARCH 22, 2004



Princeton Peewees move up rapidly on Westside goalie to score.

Peewees lose banner to Westside

Princeton's Peewee Flyers faced Westside Saturday morning in the game to decide who would win the Superleague banner. Everyone who had seen the Peewees play before expected Princeton to win. Although Princeton dominated first period, ending it 1-0 for Princeton, the second period was all Westside.

Westside opened second period with their first goal, and followed with their second goal two minutes later. About two minutes after scoring their second goal, Westside backed it up with a third goal, and picked up their fourth goal five minutes later on a rebound shot at the Flyers's goal.

Princeton Flyers seemed to have lost their customary zest for the game after a great season, but Westside was working harder than ever. At one point, Westside took two penalties, leaving Princeton

with a five on three power play, but still Princeton could not put the puck into Westside's net.

Second period ended 4-1 for Westside.

In third period, Princeton began to show a little more energy, but not enough to stop Westside scoring their fifth goal. Princeton kept in the game and actually built up some steam in the last seven minutes, and managed to score a second goal with only four minutes left in the game. This was not enough time to make up the difference, and Westside won 5-2. Kevin Williams, President of Princeton Minor Hockey, presented the Westside team with their banner at the end of the game, and made their triumphant tour around the ice while fans cheered and spectators applauded.

This is the final Peewees game for the season.

Wind-up events for Princeton Minor Hockey take place in the next two weeks, with the awards on March 31. It has been an excellent season for Princeton.

See golf story, naturalists' hike to Snowpatch, next page

Atoms Flyers win big!

by Gordon Bibby

The March 6-7 weekend capped off a very successful season for Princeton Atoms Flyers, coached by Tyson French and Neil Guardiero and sponsored by Lynch Bus Lines. The team went through the entire regular season without a loss, which included four exhibition games against Abbotsford teams. Unfortunately, in the playoffs, the Princeton squad lost the final game against Westside, 3-2. Although the team was unhappy with losing the pennant, they looked to the Logan Lake tournament as a way to "set the record straight".

Game 1: Princeton 5 - Sicamous 1

The game was close for the first two periods. Jesse Murray made some key stops early on to keep

the score close. Scoring for Princeton were Jonas Montgomery, Taylor Esselink and McKenzie Guardiero. There were some good passing plays leading up to the goals. Kyle Liberatore deserved to be recognized for her solid play on the line, while Jordan "Jovo" Palumbo made a spectacular play to break up a dangerous 2 on 1. Late in the game, Jessie caught a wrist shot that was hard enough to be heard throughout the arena. Player of the Game award, selected by the other team, went deservedly to Jonas. Game 2: Princeton 12 - Lillooet 1

This game demonstrated the offensive power of the Flyers. Although leading 10-0 after 2 periods, continued next page ..

Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest Entry

Name _____
 Address _____
 Phone _____
 Week # _____
 Answer Red Zone Green Zone

PLP Princeton Light & Power Co. Ltd.
 231 Bridge Street, Princeton
 Phone (250) 295-3244 Fax (250) 295-3611

March 31st

"The Day Before April Fool's Day
 April Fool's Day Celebration"

Giveaways - Door Prizes
 In-Store Specials
 Free Coffee
 Cookies - Doughnuts

You Won't Want To Miss This!

Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest teaches you how...

The Quiz - Week 7

Today's Date is Tuesday, January 26th, 2004 - the Time is 1:00 PM.
 According to PLP's Time Of Use Schedule, would this be in a "RED ZONE" time period or would it be in the "GREEN ZONE"?

Winners!

13 Weekly Draws - February 6th to April 30th, 2004
 \$25.00 Credit to the PLP Power Bill of your choice!
 3 Monthly Draws - February 27th, March 26th, April 30th
 \$100.00 Credit to the PLP Power Bill of your choice!
 Final Grand Prize Draw - May 7th, 2004
 \$500.00 Credit to the PLP Power Bill of your choice!

The Gear

You will need "Power-By-The-Hour" Charts. They are available at both the Princeton Light & Power office and at the News Leader. You will require these to get the correct answers to the weekly questions.

The Loot

Week 6 Winner of \$25 PLP Power Bill Credit:
R. Marshall
 Week 7 Prize: \$25 PLP Power Bill Credit

The Routine

- 1) Get Weekly Question from News Leader.
- 2) Determine Answer from PLP Charts.
- 3) Fill out Entry Form from PLP or News Leader.
- 4) Drop Off Entry at PLP or News Leader.
- 5) Win if Entry is Drawn.
- 6) Enter Weekly and Enter Often.
- 7) Have Fun!

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Naturalists hike Snowpatch

Crusty snow, firm snow, soft snow, snow more like soft ice, snow just like ice, snow that sparkles, snow that blinds – we lack, in English, defining words to describe the range of snow conditions we are likely to encounter, particularly at this time of year and particularly if we go off trail, and it was off trail Vermilion Forks Field Naturalists went on March 7 for the Mystery Hike on Snowpatch. They had glorious views of Baldy to the east and the peaks of Three Brothers to the west, an a sky constantly changing the arrangement of fluffy white clouds that parted to reveal the blue sky. The temperature was ideal, warm but not too warm, for some fairly strenuous climbing. Periodically, hikers stopped to catch their breath and admire the surroundings, to visually follow the pattern of grouse prints across the snow, to listen to and then spot a pileated woodpecker signalling its presence by loud hammering on a tall Ponderosa.

The hike concluded with a slippery, slidey walk (snowshoes abandoned) to the banks of West China Creek where beavers in abundance seem to have returned. Surely one or two can't have done that sawing and gnawing? The beaver and nature – a fallen tree or two – seemed determined to re-route the creek. The spring thaw and waters that flow from higher up will no doubt further change the course. It was a wonderful hike, well worth repeating as the season

changes and the sunflowers bloom. The next hike is on Sunday, April 3, on the Belfort Loop. If you will do the hike, contact Madelon Schouten at 295-7078.

Golfers plan second big spring dance

Bill Montgomery told the News Leader that Princeton Golf Club is issuing an invitation to everyone in the community to come to the best social evenings of the year. It is the second annual dinner and dance fundraiser at the Legion Hall on March 27. Cocktails are at six and dinner will be served at seven, with a dance to follow.

Those who buy tickets to this special evening (tickets are \$20 each) will have a chance to win a free membership to the club.

Montgomery advises everyone to buy their tickets early, as the dinner and dance was sold out

last year.

There will be many prizes to be won, a great meal, and a dance. Tickets will be sold at Valley First Insurance, Stevens and Stevens Notary Public and at Sears.

Designated drivers have been arranged to take people home (or drive their vehicles home for them).

Montgomery assures everyone they need not be a member in order to enjoy this evening out.

"This party is going to be a lot of fun and a good chance for people to bring in the golf season on a great note," says Montgomery.

So you think you know Princeton?

Six Mini-Trivia questions to test your local knowledge.

1. Who died in the year 1897?
2. In which year was the first Court House built in Princeton?
3. The Welby Stage operated between Princeton, and for a short while Allenby, and which other local communities?
4. What arrived first, and where, in Princeton during the year 1909 and Coalmont in 1911?
5. Why was 1926 a good year for certain Princeton inhabitants and who were they?

Bonus question: The News Leader newspaper began in which year?

Answers:

1. John Fall Allison, Princeton's first white settler.
2. 1900
3. Penticton, Ollala, Keremeos and Hedley
4. The Great Northern Railway – depot is now the site of Subway
5. Nurse Warburton was rescued after being lost for six weeks in the Hope-Princeton mountains. After all others had given up, "Podunk" Davis rescued her. 6. 1998.

Atoms win bigcontinued from page 9

Lillooet did not give up and held the Princeton team to only two goals in third period. Scoring for the Flyers were Jonas, McKenzie, Kyle, Craig, Jordan, Keaton Ashley (hat trick), Taylor and Graham Bibby. Craig demonstrated on more than one occasion his powerful wrist shot and his quick breakout speed. Joel MacDonald and Nathan Garton showed how they could skate with the best getting back to stop some two on one situations, and Milen Wilkinson made some nifty moves to keep the puck inside the blue line. Late in the game, Graham had a pretty breakaway in which he lifted one over the goalie. This, and some gritty two-way play, earned Graham the Player of the Game honours.

Game 3: Princeton 5 – Osoyoos 1

The Osoyoos team scored first with a shot from the back which banked off of Jessie's stick. Princeton didn't wait long to return the compliment, when Keaton made a personal 1 against 3-man effort to put one in the net. Later he received a high stick and

in the resulting power play, Taylor released a bullet which found the mark. Near the end of second period, a great three-way play involving Graham, Keaton and McKenzie resulted in Princeton's third goal. Jonas added a fourth with a breakaway deke and Keaton completed the scoring with a wrist shot from the high slot. For the most part, Princeton controlled the neutral zone, thanks to the large contributions made by wingers Colby Williams and Craig. After the first goal, Jessie, with the help of some solid stay-at-home work by Nathan and Milen, shut the door on Osoyoos. Jessie received Player of the Game honours.

Game 4: A-side final Princeton 7, Vernon 1

The team had a 6 1/2 hour wait before the 6:00 p.m. final. Putting their fatigue and supper time hunger on the shelf, the young players and their coaches pulled it together for the final contest. From the first shift until the final buzzer, defensemen Milen, Kyle, Jordan, Joel and Nathan kept the puck out of harm's way by mov-

ing it safely out of the zone and keeping the pressure on with the puck inside Vernon's blue line. When the opposition did find a way through this stalwart defense, Jesse was there to close the door. The strong defense allowed the big goal scorers to move the puck around and they didn't let the team down. Keaton, Jonas, McKenzie, Colby and Taylor all scored markers. Supporting scoring with some great efforts to keep the puck in play and making some nifty passes were Craig Leochko and Graham Bibby. Taylor went upstairs three times to earn a hat trick and Player of the Game honours.

The Flyers' first game was at 9:00 a.m. Saturday and the last ended at 7:17 p.m. Sunday. In between, the team outscored the opposition 27-4, won the first place plaque, had a hoot of a time at the Maverick's pool and slide, ate a great supper at Montana's, and even found time to check out the shops in Kamloops. Over all, the tournament was a smash hit and a suitable conclusion to a great year.

tuesday movies

MORNING

10:00 am CITY "The Silver Stallion: King of the Wild Brumbies" (1993, Adventure) Caroline Goodall. In 1950s Australia, a single mother regales her daughter with tales of a magnificent stallion that roams the mountains.

11:00 am A&E "Poirot: Lord Edgware Dies" (2000, Mystery) David Suchet. Suspects with airtight alibis test Poirot's sleuthing skills as he investigates the death of an actress's husband. %

AFTERNOON

4:30 pm WGN "The Birdcage" (1996, Comedy) Robin Williams. The arrival of his son's future in-laws forces a gay nightclub owner and his lover to pose as husband and wife. (In Stereo)

5:00 pm WTBS "Gone in Sixty Seconds" (2000, Action) (PA) Nicolas Cage. A retired thief and his new team must steal 50 high-profile cars or a gangster will kill his brother.

EVENING

6:00 pm CITY "Nurse Betty"

(2000, Comedy-Drama) Renée Zellweger. Premiere. A delusional waitress sets out on a cross-country journey to reunite with a TV doctor she believes was once her lover.

7:40 pm WTBS "Gone in Sixty Seconds" (2000, Action) (PA) Nicolas Cage. A retired thief and his new team must steal 50 high-profile cars or a gangster will kill his brother.

9:00 pm FAM "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A teen perpetrates a series of elaborate deceptions to ensure that he and two friends spend a carefree day in Chicago.

10:06 pm CITY "Nurse Betty" (2000, Comedy-Drama) Renée Zellweger. A delusional waitress sets out on a cross-country journey to reunite with a TV doctor she believes was once her lover.

10:10 pm WTBS "Sniper" (1993, Drama) (PA) Tom Berenger. A veteran Army assassin and his inexperienced partner set their sights on a drug lord in the jungles of Panama.

wednesday movies

MORNING

10:00 am CITY [29] ★★ "Regarding Henry" (1991, Drama) Harrison Ford. An unscrupulous attorney ironically receives a new lease on life after an assailant's bullet leaves him brain-damaged. [CC]

AFTERNOON

4:30 pm WGN [38] ★★ "City Slickers II: The Legend of Curly's Gold" (1994, Comedy) Billy Crystal. The late Curly's twin brother joins Mitch and friends for a rough-and-tumble horseback search for hidden treasure. (In Stereo) [CC]

EVENING

6:00 pm WTBS [3] ★★ "Crocodile Dundee II" (1988, Comedy) (PA) Paul Hogan. The adventurer and his girlfriend seek refuge in Australia after they run afoul of drug

dealers. [CC] CITY [29] ★ "Gone in Sixty Seconds" (2000, Action) Nicolas Cage. A retired thief and his new team must steal 50 high-profile cars or a gangster will kill his brother. [CC]

9:00 pm WTBS [3] ★★ "National Lampoon's Vacation" (1983, Comedy) Chevy Chase. A Chicago family sets out for a two-week road trip to California and encounters every conceivable mishap along the way. [CC]

FAM [26] ★★ "The Even Stevens Movie" (2003, Comedy) Shia LaBeouf. The Stevens family's free vacation turns out to be a TV producer's secret ploy to get them on a reality series. (In Stereo)

10:06 pm CITY [29] ★★ "The Van" (1996, Comedy) Colm Meaney. In Ireland, two unemployed friends hope to restart their cash flow by operating a food service out of a decrepit van. [CC]

Similkameen News Leader WEEKLY OPINION POLL

THIS WEEK:
Do you support the proposed methane gas project?

LAST WEEK:
100% of respondents said believe the RCMP are winning the war against drugs in Princeton!

We want to hear your thoughts. Results will appear here next week.

editor@thenewsleader.ca

TUESDAY, MARCH 16, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"Three Fugitives" (PA)	News	(Off Air)	Caillou (EI)	News	News	"Poitot: Lord"	(5.00) News	News	(5.00) News (Live)	Uh Oh! Stickin	SportsCentre	News	Daily Planet	GRC	Something	News	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	Zoboo	Boohbah	Today Angelina Jolie; George Weigel	The Early Show	Murder, She Wrote	Good Morning America			George S. Woody	SportsCentre	Canada AM	Canadian Geographic	Sabrina's	Mon Colle	News	CityLine	Matlock "The Accused"
8 AM	Dawson's Creek	100 Huntley Street (N) Nanalan'	BluesClues	Barney			Murder, She Wrote			100 Huntley Street (N)	Rugrats	SportsCentre		Monster House	Paid Prog.	Lizzie		Seinfeld	In the Heat of the Night
9 AM	Saved-Bell	Clifford-Red	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Rupert	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	All That	Maury	News	Rockford Files
10 AM	Cosby	The Price Is Right	Wumpa	Reading Lions	Ellen DeGeneres Show	The Price Is Right	Amer. Justice	The View	World Vision	Body	Monsters	Winter X-Games: Day 1 - Part 2. (Taped)	The View	How'd They Do That?	Starting Over (N)	So Raven	Jerry Springer (N)	"The Silver Stallion"	News
11 AM	Cosby	Hollywood	Mathematics	Dragon	Frasier	Young and the Restless	Movie: "Poitot: Lord"	Paid Prog.	Crossing	News	Stickin		Balance-TV	Lost Empire	Montel Williams	Smart Guy	Jerry Springer	King of the Wild Brumbies	In the Heat of the Night
12 PM	Fresh Pr.	News	Great Train Stories	Europe	Shop	News	Edgeware Dies (2000)	All My Children	News	Days of Our Lives	SpongeBob Hamtaro	Winter X-Games: Day 2 - Part 1. (Taped)	Balance-TV	Stings, Fangs	Perry Mason	You Wish	Maury	CityLine	Street
1 PM	Harvey	Days of Our Lives	Canada-History	Art	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	Care Bears		Vicki G.	Monster Garage	Justice	Teamo	Osbourne Show	Relic Hunter	Cosby
2 PM	Drew	Judy	Dotto Tech	Mr Rogers	Passions	Guiding Light	Murder, She Wrote	General Hospital	Passions	Passions	Mona	Strong Man	General Hospital	Frontiers of	Hughleys	Chip-Dale	Griffith	Maury	Fresh Pr.
3 PM	Home Imp.	Coronatn	Sagwa	Arthur (EI)	Brown	Dr. Phil	City Confidential	Martha Stewart Living	Young and the Restless	Crossing	Thornberr	Off-Record	Dr. Phil	How'd They Do That?	Montel Williams	Timon	Jackie	News	Home Imp.
4 PM	Seinfeld	Starting Over (N)	George S.	Cyberchas	Judy	Oprah Winfrey	Amer. Justice	Home Imp.	Oprah Winfrey	Young and the Restless	Oddparent	Hockey	Friends	Daily Planet	On Air Ryan	Weekend	Pokémon	Blind Date	Will-Grace
5 PM	Movie: "Gone in Sixty"	News	Paddington	News	News	News	Biography	News	News	News	Yu-Gi-Oh!		News	Unsolved History	Simpsons	Proud	Sabrina	Smallville "Relic"	Movie: "The Birdcage" (1996, Comedy)
6 PM	Seconds (2000) (PA) Nicolas Cage.	Will-Grace '70s Show	Canada-History	News-Lehrer	News	News	Cold Case Files	News	News	Train 48	SpongeBob		News	American Chopper	Simpsons	All That (N)	Raymond	Movie: "Nurse Betty" (2000)	Robin Williams.
7 PM	Jeopardy!	Fortune	Dotto Tech	Eight Weeks to Optimum Health	Jeopardy!	Seinfeld		Entertain	Entertain	Judging Amy (N)	Mental BI	SportsCentre (Live)	eTalk Daily	American Hot Rod	Will-Grace	Even	Friends	Renée Zellweger. Premiere.	News
8 PM	Movie: "Gone in Sixty"	Jeopardy!	Leading	Whoopi (N)	Navy NCIS (N)	House of Dreams (N)		8 Rules	RONA	RONA	Dragon		American Idol (ITV)	Daily Planet	American Idol (ITV) (Live)	Boy World	Gilmore Girls	News	Becker
9 PM	Seconds (2000) (PA) Nicolas Cage.	Marketpic	Secret	Spontaneous Healing	Happy			Im With	Happy	Happy	Dragon-Z	ATP Tennis: Pacific Life Open	How'd They Do That?		Movie: "Ferris Bueller's Day Off"	High School Reunion	Jimmy Kimmel Live (N)	Eliminate	
10 PM	Movie: "Sniper" (1993) (PA) Tom Berenger.	The National	Haida Art	To Be Announced	Law & Order	Judging Amy (N)	Cold Case Files	NYPD Blue (N)	Judging Amy (N)	News	Ready-Not		Law & Order	Unsolved History	Will-Grace	Boy World	Movie: "Nurse Betty" (2000)	Osbourne Show	
11 PM	Tom Berenger.	News	Planet	Charlie Rose (N)	News	News		News	News	The Mike Bullard Show	Addams	SportsCentre (Live)	News	American Chopper	Becker	B. Leonard	Friends	Rockford Files	

WEDNESDAY, MARCH 17, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"National Lamp."	News	(Off Air)	Caillou (EI)	News	News	Poirtot	News	News	(5.00) News (Live)	Uh Oh! Stickin	SportsCentre	News	Daily Planet	Paid Prog.	Something	News	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	Zoboo	Boohbah	Today Donald Trump; St. Patrick's Day food.	The Early Show	Murder, She Wrote	Good Morning America			George S. Woody	SportsCentre	Canada AM	Stings, Fangs	Mysteries	Mon Colle	News	CityLine	Matlock "The Accused"
8 AM	Dawson's Creek	100 Huntley Street (N) Nanalan'	BluesClues	Barney			Murder, She Wrote			100 Huntley Street (N)	Rugrats	SportsCentre		Unsolved History	Paid Prog.	Lizzie		Seinfeld	In the Heat of the Night
9 AM	Saved-Bell	Clifford-Red	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Rupert	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	All That	Maury	News	Rockford Files
10 AM	Cosby	The Price Is Right	Wumpa	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View	World Vision	Body	Monsters	Winter X-Games: Day 2 - Part 2. (Taped)	The View	How'd They Do That?	Starting Over (N)	So Raven	Jerry Springer (N)	Movie: "Regarding Henry" (1991)	News
11 AM	Cosby	Hollywood	Japanese	Dragon	Frasier	Young and the Restless	Poirtot An archaeological dig in Mesopotamia.	Paid Prog.	Crossing	News	Stickin		Balance-TV	Fire Mummies	Montel Williams	Smart Guy	Jerry Springer	Harrison Ford.	In the Heat of the Night
12 PM	Fresh Pr.	News	Shakespeare Sessions	Europe	Shop	News	All My Children	News	Days of Our Lives	SpongeBob Hamtaro	WTA Tennis: Pacific Life		Balance-TV	Kingdoms of Survival	Perry Mason	You Wish	Maury	CityLine	Street
1 PM	Harvey	Days of Our Lives	Thimbles	Painting	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	Care Bears	Open - Quarterfinals.	Vicki G.	Storm Warning!	Justice	Teamo	Osbourne Show	Relic Hunter	Cosby
2 PM	Drew	Judy	Fork Fork	Mr Rogers	Passions	Guiding Light	Murder, She Wrote	General Hospital	Passions	Passions	Mona	Strong Man	General Hospital	Fear Fighters	Hughleys	Chip-Dale	Griffith	Maury	Fresh Pr.
3 PM	Home Imp.	Coronatn	Sagwa	Arthur (EI)	Brown	Dr. Phil	City Confidential	Martha Stewart Living	Happy	Crossing	Thornberr	Off-Record	Dr. Phil	Air Jaws II	Montel Williams	Timon	Jackie	News	Home Imp.
4 PM	Seinfeld	Starting Over (N)	George S.	Cyber	Judy	Oprah Winfrey	Amer. Justice	Home Imp.	Oprah Winfrey	The Nanny	Oddparent	Hockey	Friends	Daily Planet	On Air Ryan	Weekend	Pokémon	Blind Date	Will-Grace
5 PM	Seinfeld	News	Jakers	News	News	News	Biography: Gacy	News	News	News	Yu-Gi-Oh!		News	Ancient Rome	Simpsons	Proud	Sabrina	Star Trek: Enterprise	
6 PM	Movie: "Crocodile Dundee II" (1988) Paul Hogan.	Will-Grace '70s Show	CG Kids	News-Lehrer	News	News	Amer. Justice	News	News	Train 48	SpongeBob		News	Killed Caesar	Simpsons	All That (N)	Raymond	Movie: "Gone in Sixty" (1994)	
7 PM	Ripley-Believe	Fortune	Fork Fork	Andre Rieu Live From Dublin	Jeopardy!	Seinfeld	City Confidential	Entertain	Entertain	Zoe Busiek: Wild Card	Mystery	SportsCentre (Live)	eTalk Daily	When Planes Go Down	Will-Grace	Even	Friends	News	Becker
8 PM	Ripley-Believe	Snakes & Ladders (N)	Bitter Harvest	The Apprentice	Survivor: All-Stars (N)	Survivor: All-Stars (N)	My Wife	Survivor: All-Stars (N)	Survivor: All-Stars (N)	Dragon-Z	Dragon		Comer Gas	Daily Planet	American Idol (ITV)	Mentors	Angels Lakers at Los Angeles	News	Becker
9 PM	Movie: "National Lampoon's Vacation" (1983)	the fifth estate	Tudors Did Science	Nature (DVS)	Law & Order "Floater"	King	Biography: Gacy	Extreme Makeover (N)	Gilmore Girls	King	Radio	ATP Tennis: Pacific Life Open	American Idol (ITV)	Air Jaws II	Arrested	Movie: "The Even Stevens Movie"	News	Jimmy Kimmel Live (N)	Eliminate
10 PM	Ripley-Believe	The National	Ghosts on the Land	Animals	Law & Order	48 Hours Investigate	Amer. Justice	Kingdom Hospital	Zoe Busiek: Wild Card	News	Ready-Not		Law & Order	Ancient Rome	Will-Grace	Boy World	Movie: "The Van" (1996)	Osbourne Show	
11 PM	Ripley-Believe	News	Canada-History	Charlie Rose (N)	News	News	City Confidential	News	News	The Mike Bullard Show	Addams	SportsCentre (Live)	News	Killed Caesar	Becker	B. Leonard	Friends	Rockford Files	

Regular Meetings

* **Otter Valley Fish & Game Club** regular meetings 3rd Saturday of month, noon, at clubhouse
 * **Similkameen Christian Riders** meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
 * **Princeton Writers Group** meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
 * **Hospital Auxiliary** meets 2nd Monday each month at 2 pm Hospital board room
 * **PGH/Ridgewood Lodge Foundation** meets 2nd Monday, 12:15 Hospital Boardroom
 * **Hedley Library** open 2-7pm Thursdays
 * **Princeton Paintball Club** meets every Sunday at 10 a.m. Contact 295-0673
 * **Princeton Rifle and Revolver Club** meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
 * **Princeton Fish & Game Club** meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
 * **Princeton Chamber of Commerce** meets every 3rd Thursday at Chamber office 7 pm
 * **Legion Branch 56** meets 3rd Thursday of month 7:30 p.m. Legion Hall
 * **Princeton Motor Sports** meets the first Tuesday of month 5:30 pm Arena Mezzanine

Similkameen News Leader Community Calendar

MARCH

27 - Hedley Talent Night and supper Community Hall 5 pm
 Country Chapel Gospel Hour 7 pm Gospel hymns

APRIL

9 - GOOD FRIDAY
 11 - EASTER SUNDAY
 Chopaka Rodeo
 Easter Fun Day at Don & Anna's Greenhouse

MAY

1 & 2 - Hedley Stamp Mill Days 100th anniversary
 3 - Council meeting
 9 - Mother's Day at the Grist Mill
 15 - KEREMEOS "KRUNCHER" 50 km run
 Otter Valley club clean-up
 15, 16 - Princeton Canadian Pro Rodeo
 22,23, 24 - Keremeos Elks Rodeo
 Cathedral Lake Powwow
 Hedley slowpitch tournament
 29 - Otter Valley Pike Mtn. clean-up
 Princeton Grad ceremonies
 29,30 - Music Under the K at Keremeos

JUNE

5,6 - Spring Motorsports Festival
 12,13 - Otter Valley Pike Mtn. Fishing Derby
 Rotary Golf Tournament
 20 - Coalmont-Princeton Run
 Father's Day at the Grist Mill

JULY

1 - CANADA DAY
 12, 13 - Keremeos Lions Carnival
 24,25 - Keremeos Eagle Ultramarathon
 30,31 - Keremeos High School Reunion, Rodeo grounds

AUGUST

1, 2 - Keremeos High School Reunion, Rodeo grounds
 8 - Kars Under the K
 14 - Hedley Fun Day

SEPTEMBER

thursday movies

MORNING

10:00 am CITY (29) ★★½ "Multiplicity" (1996, Comedy) Michael Keaton. A stressed-out construction supervisor clones himself in an ill-fated attempt to streamline his hectic life. (E)

AFTERNOON

5:00 pm WTBS (3) ★ "Wild Wild West" (1999, Western) Will Smith. A pair of 19th-century secret agents uses a wide array of gadgets and disguises as they battle a criminal genius. (E)
 WGN (38) ★★ "Mad Dog and Glory" (1993, Comedy-Drama) Robert De Niro. Love enters the life of a lonely photographer when the gangster whose life he saved rewards him with a woman. (In Stereo) (E)

EVENING

6:00 pm CITY (29) ★★½ "Perpetrators of the Crime" (1999, Suspense) Sean Devine. Premiere. Three students plan to earn tuition money via kidnapping spins out of control when they abduct the wrong victim. (E) (DVS)
 7:10 pm WTBS (3) ★★½ "Money Talks" (1997, Comedy) (PA) Chris Tucker. A

fast-talking con artist asks a TV reporter for help in evading the cops and robbers who are hot on his trail. (E)

9:00 pm FAM (26) ★★ "The Real Macaw" (1998, Adventure) Jamie Croft. A talking bird who once belonged to a pirate leads his new owner's grandson on a search for buried treasure. (In Stereo) (E)

9:10 pm WTBS (3) ★ "Wild Wild West" (1999, Western) Will Smith. A pair of 19th-century secret agents uses a wide array of gadgets and disguises as they battle a criminal genius. (E)

10:06 pm CITY (29) ★★ "Surviving Picasso" (1996, Drama) Anthony Hopkins. Brilliant but willful artist Pablo Picasso meets his match in a self-assured art student who becomes his lover. (E)

11:10 pm WTBS (3) ★★ "Amos & Andrew" (1993, Comedy) Nicolas Cage. A famous black writer is pinned down by gunfire after neighbors mistake him for a burglar in his newly purchased home. (E)

friday movies

MORNING

10:00 am CITY (29) ★★ "Lies Before Kisses" (1991, Drama) Jaclyn Smith. A woman's idyllic marriage to a wealthy publisher is shattered when she learns that he was involved with a prostitute. (E)

AFTERNOON

4:00 pm FAM (26) "Kim Possible: A Sitch in Time" (2003, Adventure) Voices of Christy Carlson Romano. Premiere. Animated. A teenager and her clumsy friend travel through time to stop villains from wreaking havoc. (In Stereo)

5:00 pm WTBS (3) ★ "What's the Worst That Could Happen?" (2001, Comedy) Martin Lawrence. Premiere. A battle of wits erupts between a wealthy businessman and the professional thief he caught in the midst of a robbery. (E)

A&E (9) ★★ "Dirty Harry" (1971, Drama) Clint Eastwood. A police detective defies his superiors and gambles with innocent lives to capture a sniper terrorizing San Francisco. (E)

WGN (38) ★★ "A Walk on the Moon" (1999, Drama) Diane Lane. In 1969, a wife and mother sheds her inhibitions for a weekend of free love and frolic at Woodstock. (In Stereo) (E)

EVENING

6:00 pm CITY (29) ★★½ "Battlestar Galactica" (2003, Science Fiction) (Part 1 of 2) Edward James Olmos. Premiere. Forty years after the Cylon wars, humanity's deadliest enemies re-emerge with a vengeance. Based on the TV series. (E)

7:00 pm WTBS (3) ★ "What's the Worst That Could Happen?" (2001, Comedy) Martin Lawrence. A battle of wits erupts between a wealthy businessman and the professional thief he caught in the midst of a robbery. (E)

7:30 pm FAM (26) "MXP: Most Xtreme Primate" (2003, Comedy) Devin Drewitz. Premiere. Two brothers must rescue a snowboarding chimp from kidnappers and return him to his rightful owner. (In Stereo) (E)

8:00 pm KNOW (5) "The Peacock Spring" (1995, Drama) Peter Egan. A diplomat sends for his daughters to provide a respectable cover for his affair with a beautiful Eurasian.

9:00 pm WTBS (3) ★★ "High School High" (1996, Comedy) Jon Lovitz. An idealistic teacher leaves a comfortable position at a private school to turn inner-city hoodlums into scholars. (E)

A&E (9) ★★ "Dirty Harry" (1971, Drama) Clint Eastwood. A police detective defies his superiors and gambles with innocent lives to capture a sniper terrorizing San Francisco. (E)

FAM (26) ★★ "Jack" (1996, Comedy-Drama) Robin Williams. A boy who physically ages at four times the normal rate takes his first steps into a strange and wonderful world. (In Stereo)

10:00 pm KSPS (6) ★★½ "That's Dancing!" (1985, Musical) Fred Astaire. A star-studded compilation featuring more than five decades of Hollywood's greatest dance sequences. (E)

10:06 pm CITY (29) "Illlicit Sensations" (2001, Adult) John Drew. A woman embarks on an affair with the private investigator she hired to gather evidence of her husband's infidelity.

10:52 pm FAM (26) ★★ "In Love and War" (1996, Drama) Sandra Bullock. The biographical account of author Ernest Hemingway's pivotal romance with a Red Cross nurse in World War I Italy. (In Stereo) (E)

11:00 pm WTBS (3) ★★ "In the Army Now" (1994, Comedy) Pauly Shore. A free-spirited slacker leads his group of misfit soldiers against Libyan troops when they wind up behind enemy lines. (E)

Similkameen News Leader Recipe Corner

SEAFOOD CRUNCH CASSEROLE

- 1-10 oz can frozen shrimp soup
(or celery or mushroom)
- 1 soup can fresh milk
- 1/2 cup crushed potato chips
- 1-7 oz can crab meat or tuna fish
- 1-4 1/2 oz can medium size shrimp
- 1 cup diced celery
- 3/4 cup diced onion
- 3/4 cup diced green pepper
- 1 tbsp Worcestershire sauce

Mix all together, turn into a buttered shallow casserole. Top with 1/2 cup crushed potato chips. Bake 45 minutes.

This can be baked in two foil pans and one frozen for later.

If you have a favourite recipe you would like to share, contact us for details!

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 9:00 AM - 3:00 PM
 Saturday

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Horoscopes

March 16 to 23, 2004

ARIES - Your focus shifts to your personal interests now, and to your financial needs. This weekend signals the change. You feel a need to do more, communicate more, and become more active.

TAURUS - You feel good this week, and your mind is more at rest. Your energy picks up. On the weekend, you become concerned with what you value. You may want to work around home at improvements..

GEMINI - You shift gears this weekend. Your energy climbs, and you are full of plans. Groups you associate with are your focus. Your mind is more active. Do not nurse an old hurt, move on.

CANCER - Challenges in your career keep you hopping. A parent may cause concerns this weekend. By the end of the week, you begin to worry. Be cautious about venting your worries - silence is golden now.

LEO - Plans for travel can go ahead now. This weekend proves to be a good time to promote your plans. Career problems continue to the end of the week, but change is coming. Matters ease then.

VIRGO - This weekend, you go into a new phase. You need to look after matters related to shared resources, along with insurance. Your focus shifts to career at the end of the week. Parents cause concern.

LIBRA - Your partner moves into a new mode as energy increases. By the end of the week, your partner may engage in a lot of ego-oriented self promotion. Take it with a grain of salt. Be patient.

SCORPIO - Your focus shifts this week to health and employment matters. At the end of the week, start taking care of mutual business, like taxes, insurance, loans, mortgages, and other debts. Plan future.

SAGITTARIUS - This weekend, you may be tempted to play. Keep nose to grindstone. At the end of the week, partner becomes more aggressive. Friends may have beefs with you. Focus on health.

CAPRICORN - Hard work around home is where your mind is focused this week. You have some problems connected with a young person, which will come to a head this week. Watch your health.

AQUARIUS - Communicating with others, doing errands, taking short trips, will keep you busy all week. You are in a phase in which you receive benefits from others. This weekend, guard your words.

PISCES - Your financial picture continues to look good, and what you value takes precedence now. This weekend, you go into a new phase in regard to financial matters. After the weekend, tend to home, family.

THURSDAY, MARCH 18, 2004

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) listing TV programs and their corresponding channels.

FRIDAY, MARCH 19, 2004

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) listing TV programs and their corresponding channels.

saturday movies

MORNING

8:00 am WTBS (3) "First Target" (2000, Suspense) (PA) Daryl Hannah. A Secret Service agent and a river guide team up to stop an assassin planning to kill the president in a national park. [CC]

10:15 am WTBS (3) "The Game" (1997, Suspense) Michael Douglas. A San Francisco investment banker experiences a wild ride when he gets involved in a bizarre form of entertainment. [CC]

11:00 am WGN (38) "A Walk on the Moon" (1999, Drama) Diane Lane. In 1969, a wife and mother sheds her inhibitions for a weekend of free love and frolic at Woodstock. (In Stereo) [CC]

AFTERNOON

12:00 pm FAM (26) "Belle's Magical World" (1997, Fantasy) Voices of Robby Benson. Premiere. Animated. Three special tales help Belle and her friends learn important lessons of life, love and friendship. (In Stereo)

1:00 pm FOX (25) "F.I.S.T." (1978, Drama) Sylvester Stallone. A gritty laborer rises from local union organizer to national power and prestige in this story inspired by Jimmy Hoffa. CITY (29) "Nick of Time" (1995, Suspense) Johnny Depp. A widower is given 90

minutes to assassinate the governor of California or his young daughter will be killed. [CC]

1:35 pm FAM (26) "Junior" (1994, Comedy) Arnold Schwarzenegger. The boundaries of nature and science are tested when a fertility researcher becomes the world's first pregnant man. (In Stereo) [CC]

3:00 pm WTBS (3) "Jackie Chan's First Strike" (1996, Adventure) (PA) Jackie Chan. A Hong Kong cop encounters double-dealing agents as he tracks a stolen nuclear warhead from the Ukraine to Australia. [CC]

4:00 pm YTV (18) "Rugrats in Paris: The Movie" (2000, Adventure) Voices of E.G. Daily. Animated. The vixenish chief of a French theme park tries to trick Chuckie's widowed father into marriage. [CC]

5:00 pm WTBS (3) "Rush Hour 2" (2001, Action) (PA) Jackie Chan. A vacationing L.A. cop and his Asian partner search for clues in the bombing of the U.S. embassy in Hong Kong. [CC]

EVENING

6:00 pm CITY (29) "Battlestar Galactica" (2003, Science Fiction) (Part 2 of 2) Edward James Olmos. Premiere. With little defense against the Cylons, humanity's last survivors flee in search of

a new home. [CC]

7:00 pm WTBS (3) "Rush Hour" (1998, Action) (PA) Jackie Chan. A Chinese supercop and a rule-breaking American detective team up to find a Chinese consul's kidnapped daughter. [CC]

8:00 pm KXLY (10) "Tarzan" (1999, Adventure) Voices of Tony Goldwyn. Disney's animated version of Edgar Rice Burroughs' tale of a human orphan who grows up within a clan of apes. (In Stereo) [CC] (DVS)

YTV (18) "When in Rome" (2002, Adventure) Mary-Kate Olsen. Twin sisters manage to blend work and play when they land a summer job in Italy with an international tycoon. [CC]

8:30 pm WGN (38) "A Huey P. Newton Story" (2001, Drama)

Roger Guenveur Smith. Spike Lee directed this adaptation of the play about the life of the co-founder of the Black Panther party. (In Stereo) [CC]

9:00 pm WTBS (3) "Money Train" (1995, Suspense) (PA) Wesley Snipes. A new partner and a scheme to rob a subway train put a strain on the relationship between foster brother transit cops. [CC] (DVS)

FAM (26) "The One" (2003, Romance) Richard Ruccolo. A caterer is torn between confessing his secret love for a client and letting her marry her fiancé as planned. (In Stereo)

CITY (29) "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A teen perpetrates a series of elaborate deceptions to ensure that he and two friends spend

a carefree day in Chicago. [CC]

10:45 pm FAM (26) "Big Top Pee-wee" (1988, Comedy) Pee-wee Herman. Pee-wee Herman finds romance and adventure when a storm drops a traveling circus in his backyard. (In Stereo) [CC]

11:00 pm WTBS (3) "The Game" (1997, Suspense) Michael Douglas. A San Francisco investment banker experiences a wild ride when he gets involved in a bizarre form of entertainment. [CC]

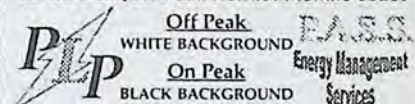
CITY (29) "Sweet Nothing" (1995, Drama) Michael Imperioli. A brokerage worker begins a downward spiral into paranoia and desperation after a buddy introduces him to drugs.

LEGEND TO THE TV LISTINGS

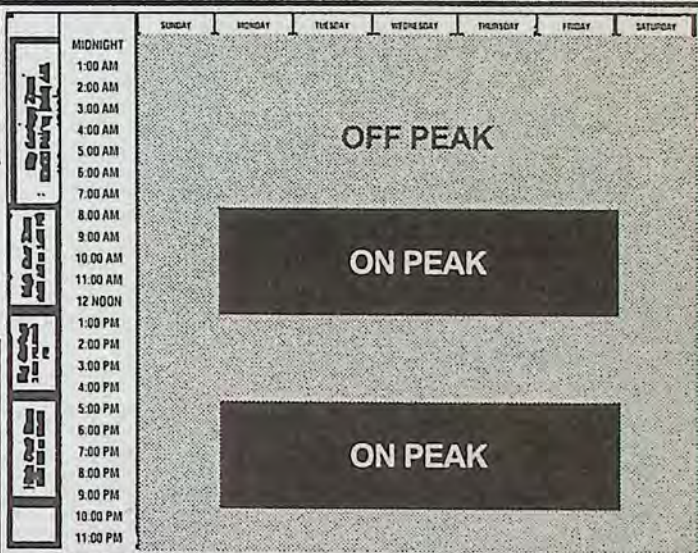
Normal Months
September - June

"Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Normal Months code.



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231 Bridge Street, Princeton
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sunday movies

MORNING

6:40 am WTBS (3) "The Triangle" (2001, Suspense) (PA) Luke Perry. A fishing trip among friends takes a bizarre turn after they become lost in the Bermuda Triangle. [CC]

8:45 am WTBS (3) "Wildcats" (1986, Comedy) Goldie Hawn. A track coach's dream of coaching high-school football comes true when she wins the post at an inner-city school. [CC]

10:00 am WGN (38) "Oliver Twist" (1997, Drama) Richard Dreyfuss. Based on Charles Dickens' tale of an orphan in 19th-century London and his adventures with a gang of young thieves. (In Stereo) [CC]

11:00 am WTBS (3) "Money Train" (1995, Suspense) (PA) Wesley Snipes. A new partner and a scheme to rob a subway train put a strain on the relationship between foster brother transit cops. [CC] (DVS)

CITY (29) "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A teen perpetrates a series of elaborate deceptions to ensure that he and two friends spend a carefree day in Chicago. [CC]

AFTERNOON

12:00 pm FAM (26) "Eddie's Million Dollar Cook-Off" (2003, Comedy) Taylor Ball. A baseball prodigy puts his teammates in a pickle when he enters a cooking contest that interferes with the play-offs. (In Stereo)

1:00 pm WTBS (3)

"Money Talks" (1997, Comedy) (PA) Chris Tucker. A fast-talking con artist asks a TV reporter for help in evading the cops and robbers who are hot on his trail. [CC]

V T V (22) "Moonstruck" (1987, Comedy) Cher. Three Oscars went to this tale of a widowed Brooklyn bookkeeper who falls in love with her fiancé's brother. KTLA (27) "Oliver Twist" (1997, Drama) Richard Dreyfuss. Based on Charles Dickens' tale of an orphan in 19th-century London and his adventures with a gang of young thieves. (In Stereo)

1:25 pm FAM (26) "Free Willy" (1993, Drama) Jason James Richter. A young misfit pledges to help a captive killer whale escape the clutches of an amusement park's evil owner. (In Stereo)

2:30 pm CHBC (4) "Return to Never Land" (2002, Adventure) Voices of Harriet Owen. Animated. Peter must convince Wendy's doubting daughter to believe in "faith, trust and pixie dust." [CC]

3:00 pm WTBS (3) "Rush Hour 2" (2001, Action) (PA) Jackie Chan. A vacationing L.A. cop and his Asian partner search for clues in the bombing of the U.S. embassy in Hong Kong. [CC]

A&E (9) "Columbo: A Bird in the Hand" (1992, Mystery) Peter Falk. Columbo has more than one murder to solve when a debt-ridden gambler plots the death of his wealthy uncle. [CC]

VTV (22) "Return of the Jedi" (1983, Science

Fiction) Mark Hamill. Luke Skywalker and friends prepare for a final battle against the Empire in this installment of the "Star Wars" saga.

KTLA (27) "Navigating the Heart" (2000, Romance) Jaclyn Smith. A career woman shares an unlikely romance with a small-town fisherman. Based on Edith Iglauer's autobiography. (In Stereo)

4:00 pm YTV (18) "When in Rome" (2002, Adventure) Mary-Kate Olsen. Twin sisters manage to blend work and play when they land a summer job in Italy with an international tycoon. [CC]

FAM (26) "Kim Possible: A Sitch in Time" (2003, Adventure) Voices of Christy Carlson Romano. Animated. A teenager and her clumsy friend travel through time to stop villains from wreaking havoc. (In Stereo)

5:00 pm WTBS (3) "What's the Worst That Could Happen?" (2001, Comedy) Martin Lawrence. A battle of wills erupts between a wealthy businessman and the professional thief he caught in the midst of a robbery. [CC]

A&E (9) "The Last King" (2004, Historical Drama) Rufus Sewell. After a decade in exile, Charles II returns to reclaim England's throne and takes Barbara Villiers as his mistress. [CC]

EVENING

6:00 pm CITY (29) "Proof of Life" (2000, Action) Meg Ryan. Premiere. Mutual attraction between a hostage negotiator and a kidnap victim's wife complicates the mission to secure his release. (In Stereo) [CC] (DVS)

7:00 pm WTBS (3) "What's the Worst That

Could Happen?" (2001, Comedy) Martin Lawrence. A battle of wills erupts between a wealthy businessman and the professional thief he caught in the midst of a robbery. [CC]

9:00 pm WTBS (3) "The Rookie" (1990, Drama) (PA) Clint Eastwood. A young detective's promotion leads to a partnership with a tough veteran obsessed with cracking an auto-theft ring. [CC]

KREM (8) "Proof of Life" (2000, Action) Meg Ryan. Premiere. Mutual attraction between a hostage negotiator and a kidnap victim's wife complicates the mission to secure his release. (In Stereo) [CC] (DVS)

A&E (9) "The Last King" (2004, Historical Drama) Rufus Sewell. After a decade in exile, Charles II returns to reclaim England's

throne and takes Barbara Villiers as his mistress. [CC]

FAM (26) "Mystic Pizza" (1988, Comedy-Drama) Annabeth Gish. As summer draws to a close, three Connecticut pizza waitresses cope with the trials and tribulations of modern romance.

10:47 pm FAM (26) "Private Benjamin" (1980, Comedy) Goldie Hawn. A pampered young woman is conned into joining the Army after her husband dies on their wedding night. [CC]

11:30 pm WTBS (3) "Osmosis Jones" (2001, Comedy) Bill Murray. Live action and animation mix in this tale of a white corpuscle and a cold pill who unite against a malevolent microbe. [CC]

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MONDAY, MARCH 22, 2004

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows of TV programming schedules.

monday movies

MORNING

10:00 am CITY (29) ★★ "Steel" (1997, Fantasy) Shaquille O'Neal. A former weapons developer for the Army...

when he becomes engaged to a mobster's daughter. 8:00 pm KXLY (10) "NTSB: The Crash of Flight 323" (2003, Drama) Mandy Patinkin...

AFTERNOON

5:00 pm WTBS (3) ★★ "Austin Powers: The Spy Who Shagged Me" (1999, Comedy) Mike Myers. The "International Man of Mystery"...

8:10 pm WTBS (3) ★★ "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A teen perpetrates a series of elaborate deceptions...

EVENING

6:00 pm CITY (29) ★★ "Mickey Blue Eyes" (1999, Comedy) Hugh Grant. An awkward British auctioneer...

9:00 pm FAM (26) ★★ "Spaceballs" (1987, Comedy) Mel Brooks. Spacefarers come to the rescue of a planet threatened by the evil Dark Helmet...

10:06 pm CITY (29) ★★ "Mickey Blue Eyes" (1999, Comedy) Hugh Grant. An awkward British auctioneer...

10:35 pm WTBS (3) ★★ "Jury Duty" (1995, Comedy) Pauly Shore. An aimless loafer creates disorder in the court...

THE NEWS LEADER WORD SEARCH

Word search grid with letters arranged in a 20x20 grid.

LET'S TALK ABOUT "ST. PATRICK'S DAY"

- IRISH GREEN SHAMROCK LEPRECHAUN POLICE PARADE ANCIENT CELTIC JIG TATIES DRINKS BOG SAINTED BLARNEY PIPE CANE BALLAD RAINBOW GOLD BANSHEE IMMIGRANTS PIG LUCK BROGANS

Let's Play Princeton Trivia!

Question: Who was St. Barbara?

Last week:

The Royal Bank re-opened in 1973 and closed again in 1987. It was located where the CIBC is now located!

Brought to you courtesy of: PRINCETON MUSEUM

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

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yard sale

Saturday
March 20th
7:30 AM - 2:00 PM
396 Burton Avenue

Household items, tools, etc.
Fabric and quilts. Lots of odds
and ends...and FREE stuff!

Mar 16

for rent

Large 4-bedroom,
2-bathroom House.

Yard baking onto China
Creek. Flooring, wood or nat-
ural gas heating. Call for
appointment to view. \$650/mo
+ damage deposit.

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Mar 16-30

for sale

1994 Pontiac Firefly

Equipped for towing behind a
motorhome. New tires, 5-speed
transmission. 97,000kms, eco-
nomical, reliable. \$4,900 OBO

(250) 499-7002

Keremeos

Mar 16-30

announcement

Ha, Orrin!

Sweet #19...Ha!
Way to go.
Keep smiling,
looks good on you!

Love,
Mom, Ed & Cole

Mar 16

for sale

4-burner apartment-
sized electric stove
\$50.00 - 3-piece sec-
tional chesterfield
\$250 OBO. Both in
very good condition.
295-3237

Mar 16 only

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Sep2-1fn

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I am starting a small business
and need to put up three 3' x
4' signs for advertising pur-
poses, on the highways North,
West and East of Princeton.
Anyone with a good tree, or
fencepost for rent please call:

295-7242

Mar9-23

WANTED TO BUY

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FOR MORE
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Feb3-Apr27

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295-3743

1-888-647-3377

Mar9-30

for sale

SCHOOL DISTRICT NO. 58 (Nicola Similkameen)

SURPLUS GOODS SALE

Offers are invited for the purchase of used surplus goods
including a 72-passenger bus, computers, sewing machine
desks, stoves, toolbox, weed eater, lights, student desks, and
various miscellaneous items.

Items will be on display on School District #58 (Nicola-
Similkameen) website (www.sd58.bc.ca) and click on Public
Auction for a list of inventory and for placing bids. All bids
will be in accordance with School District #58 (Nicola-
Similkameen) regulations as indicated on the bid site.

Items will be available until March 27, 2004. Surplus goods
items are purchased on an 'as is-where is' basis. For further
information, please contact (250) 315-1100.

help wanted

DAIRY QUEEN

Hiring for full & part-time
positions. Front of the house,
back of the house. Experience
not necessary. Drop off resume
in Person at the Princeton
Dairy Queen.

Mar 9-1fn

services

Notice of
ANNUAL
GENERAL
MEETING

Princeton
& District
Minor
Hockey
Association

6:30 PM
Wednesday, April 7th
Arena Mezzanine

Mar2-Apr6

notices

IN MEMORIAM
DONATIONS TO THE
B.C. & YUKON HEART &
STROKE FOUNDATION
Box 1838, Princeton, B.C.
or contact Maria at 295-6247

IN MEMORIAM
DONATIONS TO THE
CANADIAN CANCER
SOCIETY
CALL DIANNE @ 295-6648
Box 1906, Princeton, B.C.

wanted

This year, the theme for
the Princeton Youth
Ambassador
Candidates upcoming
Fashion Show is
"Putting On The Ritz
With Glamour And
Glitz." We would like to
know if anyone has any
glamorous or glitzy
clothing we could bor-
row. We would like to
use clothing from all
eras so older glitzy
clothing would be great!
Could you please call
Lori Thomas at 295-
7357 (evenings) or 295-
3103 (work) to arrange
pick up. Thanks for
your contribution! See
you at the show!

services

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- Outlook
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- Windows
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LOCAL CALL 310-JOBS (5627)

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TOO MUCH!!
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Reasonable Rates
Call Marjorie at
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Feb 2-Apr 13

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HOUSE FOR RENT ON HALLIFORD AVE.
 2 BEDROOM UPSTAIRS AND 1 BEDROOM IN BASEMENT
 UTILITIES NOT INCL., GAS HEAT. \$575. P/MO.
 Ph: 604-838-8311 ask for Roxena Feb17-tfn

ALLISON COURT 1 BDRM APARTMENTS
 \$325. per month & up, security deposit and references required, no pets, laundry room. For more info: 295-6252 Feb3-tfn

HALL FOR RENT DOWNTOWN
 68 Biliter Ave.
 O.A.P. BRANCH # 185
 PHONE: 295-3206

2 BEDROOM HOUSE, 1088 - 7 MILE RD. - \$550. p/mo - incl. Drive by then call Neil at 295-6977 Feb2-tfn

business services

ATTENTION!
 Need a Holiday?
 Need a Break?

D & E Pet Services

We do it all from Little Critters to Big Critters!
 The best of care for the pets you care for!
 Affordable • Experienced Responsible
(250) 295-0440
(250) 295-0333
 Mar 9-tfn

Similkameen News Leader
 We Spell Gud!

for rent

MOBILE HOME PADS
 Close to school and includes water/sewer. Other utilities available on site.
 Pad rent \$185.- \$195.
 Phone: 295-6794 Feb3-tfn

COMMERCIAL SPACE
 Central Downtown Location
 Relocation incentives available.
 Space #1: 985 sq. ft., offices within,
 Space #2: 500 sq. ft. excellent for Business or professional.
 Flexible Lease Option.
 For information call 295-3640 and leave a message. Feb 2-tfn

notices

Look who turns 17,168 days (2,452 weeks) old on March 19th!



Happy B-Day
 brenda@thenewsleader.ca
from:
 george@thenewsleader.ca
 mom@kelowna.bc.ca
 others@wherever.ca

notices

HEDLEY OAPO #64
Craft and Bake Sale
 12:00 PM - 8:00 PM
 FRIDAY, APRIL 2
 9:00 AM - 2:00 PM
 SATURDAY, APRIL 3
 TABLE RENTALS \$8 FOR BOTH DAYS. CALL GEORGE (250) 292-8638 TO RESERVE.
 Feb17-Mar30

PRINCETON AUTO WRECKERS
FREE PICK-UP
 Scrap Cars or Trucks
295-6224

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COMPUTER SALES & SUPPORT
 Great new prices
 CALL DAMON
 295-7432 Mar9-23

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 "We Come to You...to Do Your Doo!"
 • hair cuts • hair styling • perms
 • colors • high-lights
 • natural manicures
 • pedicures with paraffin therapy
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INDIVIDUALLY PREPARED HOROSCOPE
 Natural character chart - \$25.
 Basic chart plus predictive - \$50.
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 Completely confidential

NEED HELP?
 Call the
DUST BUSTERS HOUSE CLEANING SERVICE
 - Free Estimates
 - Reasonable Rates
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 LET US HELP WITH:
 Homes (Once/Weekly/Monthly)
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 Moving (let us do the clean-up)
 We do windows (inside)
(250) 295-7073
(250) 295-0146
 Mar 2-16

IS YOUR SUBSCRIPTION DUE FOR RENEWAL?

If your newspaper is mailed to you, check the date on your address label.

By Mail in Similkameen Valley
 Regular - \$ 35.90
 Senior - \$ 31.75

Out-Of-Valley British Columbia and Alberta

Rural or Box	Delivered To Door
Regular - \$ 40.90	Regular - \$ 53.80
Senior - \$ 35.90	Senior - \$ 48.80

100% Locally Owned and Operated

announcements

announcements

HAM OPERATORS!

If you are a Ham Operator and you live in the general Princeton area, I would like to talk to you as I would like to start an Amateur Radio Club in Princeton. If you are interested, please call Bud Sadegur, VE7AVA @ 295-6247.

business services

business services

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Soft Heat Infrared Sauna

Now Taking New Clients

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Detoxification: Detoxify your body of toxins and heavy metals
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\$1.00 per minute or Package rates available
JAN - FEB - MAR. SPECIALS

10 ~ 30 minute sessions \$180.00 reg. price \$230.00
 Bring a friend special... 40 minute session \$30.00 reg. price \$45.00

New Office Hours ~ Mon. to Thurs. 9 am to 8 pm
 Premium Rates apply for Fri, Sat, Sun. after 5:00 p.m.

PHONE: 250-295-7980

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bingo

MONDAY NIGHT BINGO IN PRINCETON
 SENIOR CITIZENS BR. #30
 162 Angela Ave.
 4:30 P.M. Sales Start
 5:30 1st 47 Bonanza #'s
 Specials, Regular Games, Odd & Even, PROGRESSIVE Snowball & Loonie Pot, "Lucky 7" won every Monday (min. \$50.00 guaranteed)
 BC Gaming License #854326
 "Play Smart Gamble Responsibly"

O.A.P BR. #185
BINGO EVERY FRIDAY MORNING!! 9:00 A.M.
 Hard Cards
 License No. 807532A2

KEREMEOS ELK'S & ROYAL PURPLE
 Every Friday
 Doors open 5:30 pm
 Elks Hall Keremeos
SMOKE FREE BINGO

SATURDAY EVENING BINGO!
HEDLEY OAPO HALL
DOORS OPEN 4 PM
BINGO 5:30 SHARP
SPEED/DROP-INS/E.B./
1/2 TIME/BONANZA/
G-BALL/JACKPOT
 License No. 849975
 Play Smart. Gamble Responsibly.

SUNDAY AFTERNOON BINGO
 In Hedley at the Chuchwayha Hall
\$25. Guaranteed min. payout on Regular Games (\$50. double - up card) Progressive Jackpot Min. \$1,000. ! Progressive Pot of Gold Min. \$500.! Progressive LOONIE POT min. \$100.
DOORS OPEN AT 9:00 AM
 1st number called at 11:30 AM followed by Early Birds, Regular Games & Specials & Concession
SEE YOU IN HEDLEY

notices

Can't Find Us?

George Elliott
 Publisher
 george@thenewsleader.ca
 Brenda Engel
 Office Administration
 brenda@thenewsleader.ca
 Dawn Johnson
 Reporter
 editor@thenewsleader.ca
 Advertising Department
 ads@thenewsleader.ca

notices

FOR SALE
 White fibreglass canopy with windows for a small pick-up - \$100
(250) 295-6063 Mar2-tfn

Town of Princeton Notice

For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Ave.

FREE AND CONFIDENTIAL COUNSELLING SERVICE

is available to any woman who has experienced sexual abuse as a child or adult or are presently living in an emotionally or physically violent relationship.
Funded by the Ministry of Women's Equality.
 Office hours 8:30 - 4:30
 Monday & Friday - Keremeos 499-5928
 Tuesday & Thursday - Princeton 295-4453

PRINCETON/KEREMEOS DRUG and ALCOHOL COUNSELLING SERVICES FREE AND CONFIDENTIAL

Individual Counselling and Education
 Keremeos: Monday & Thursday 9:30 a.m. to 4:30 p.m. at 714 - 7th Street
 For appointment ph (250) 295-6776
 (collect if necessary) Tuesday to Friday 8:30 to 4:30
 Princeton: Tuesday, Wednesday & Friday 8:30 a.m. to 4:30 p.m.
PHONE: 295-6776 Mar2-30

notices

notices

March 31st

"The Day Before April Fool's Day April Fool's Day Celebration"

Giveaways - Door Prizes
In-Store Specials
Free Coffee
Cookies - Doughnuts

You Won't Want To Miss This!

business services

business services

PRINCETON TOWING

NOW WRECKING: 1980-96 Fords 1/2 - 3/4 - 2WD and 4WD 302-351. 1980-91 Ford E150-Mini Vans AWD and 2WD. 1993 Blazer 4-Dr 3.4 Auto 4x4. 1992 Cavalier 224. Tempos, Taurus 1988-92. 1992 Hyundai S Coupe. 1992 Chev 1/2 350-700R Trans. 1983-87 Trans Ams. 1988-92 Crown Victoria's.

9:00 AM - 6:00 PM Monday - Saturday
680 Old Mill Road (250) 295-4305 Mar 16-23

help wanted

help wanted

DRIVER REQUIRED

Class 1 driver required.
Coquitlam to Los Angeles.
Week on, week off.
LTL a clean abstract.

(250) 295-6449

Mar2-16

CLASSIFIED ORDER FORM

Similkameen News Leader

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\$5.00 + GST for the first 25 words for one week.
Pay for 2 weeks and get 3rd week free! DEADLINE : 12 NOON FRIDAYS

Write your Classified Ad in the spaces provided.
Indicate the Dates the Ad should run and drop it into our office with Payment!

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

Methane gas slowly turning into hot air

You ever notice how any new project or proposed change to the area is tagged with a negative label before it gets a chance to be fully understood?

Take the proposed methane gas project. The 'bad' side of the debate has already taken a life of it's own.

We've already heard about the supposed evils associated with changes to the landscape. We've also heard about the supposed varying degrees of irreversible damage.

We understand the methods used to extract the gas from underground coalbeds may not be ideal for every location.

But let's at least take a look at it.

Those of us living in the Similkameen Valley sit upon some rich deposits. It would be a shame to not at least see if there is a way our community and local economy could benefit from such a gift from nature.

We don't recall too many people making noise about Newmont (later Similco) Mines reactivating it's copper mining operation to a strip mine in the 1970's.

What makes this different?

All we are saying here is we should examine all the facts, do some homework and make informed decisions.

After all, isn't that how we choose our elected representatives?

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

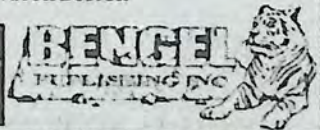
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e-mail: nwsleadr@nethop.net
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MEMBER
Princeton Area Business Enhancement Association
Princeton & District Chamber of Commerce
Similkameen Country, Kereemeos
Canadian Association of Journalists



Publisher:
Office Administrator:
Reporter:

George Elliott
Brenda Engel
Dawn Johnson



your turn

We're still a great nation says Jim Hart

Dear Editor;

The good news is that for the first time in a decade, small 'c' conservatives have a fighting chance of forming government and I am extremely encouraged by this great news.

I still hear rumblings from those who are not happy with the amalgamation of the two parties. And, there are those who would prefer some kind of western sovereignty. A recent poll in Saskatchewan shows a great number of citizens who want to join the United States. I suppose they would like the wheat they produce to have direct access to their largest market without having to go through the Canadian Wheat Board. Everybody wants a better deal - it's human nature. I'm certain that separating or joining the US would not provide us with the Utopia some would think.

Open letter to Canada Post

Canada Post:

Have you mailed a parcel lately? It will be an eye-opener for you. I mailed two parcels and I paid what I thought was the postage, but no, I was charged a surcharge tax, of so much and what for?

It is a gas tax.

I am livid, if there is such a word, am very upset. What is the Postal Service doing to us? Why can't they be up-front and tell the citizens of Canada they will be charging a gas tax on your mailed parcels, just like the telephone company, hydro and natural gas and the banks have done.

We, the public, will pay and

The founding fathers were focused on nation-building and, if you read the confederation debates of 1865, they really did have a handle on how this nation should operate. Clearly, they had a vision that saw the provincial government being responsible for the resources of the province and the federal government would have authority over such things as trade and monetary policy.

British Columbia entered Confederation in 1871 and right from the get-go there was trouble: the railway was 14 years behind schedule. Amor de Cosmos (roughly translated means lover of the universe), our Premier and Member of Parliament, threatened that BC would join the United States. (He apparently loved the beaches of California and had his name changed during a period of enlightenment in his youth.)

Canada has never been an easy country to govern - strong regional tendencies, a diverse and enormous geography and differences in language and culture. The BNA Act of 1867 divided the responsibilities between the federal and provincial governments. It was felt, in principle, that the two levels of government in a federal system could be independent and coordinate powers free from direct influences or interference by the other. On this point, we know from experience, the founding fathers were naive. Or, maybe they thought future generations should have to work some things out over time.

They were spot on because their goal was to build a great nation. And for all its misgivings and foibles, they did just that. They knew there would be problems and, like parents, they left some things for the siblings to figure out as they went along. Canada is a great nation still a work in progress.

During the 1865 debates, Sir John A. MacDonald said, "If we do not take advantage of the time, if we show ourselves unequal to the occasion, it may never return, and we shall hereafter bitterly and unavailingly regret having failed to embrace the happy opportunity now offered of founding a great nation."

Congratulations to Stockwell Day for a decisive victory, now let's get on with the job that Sir John A. MacDonald had in mind for us all.

Sincerely,
Jim Hart

pay and shrug our shoulders and raise our eyes and do nothing until enough is enough. Why don't we do more reading on what is going on, write our elected officials and tell them what we think and offer some concrete suggestions not just criticism.

Who ever said taxes would not increase? A 2.2 percent cost of living was given in 2004. What an insult to our intelligence. I have one suggestion: invest in gas and oil companies and communication companies and bank stock (if you have any money left). I guess I will just have to grin and blubber.
Cathie Orser

Current Comment

Were there really any hijackers at 9/11?



Dawn Johnson
editor@thenewsleader.ca

There is a growing suspicion among well-informed aeronautics experts that there were no real hijackers in the World Trade Center and Pentagon attacks. They put three facts together and come up with a surprising theory. (Well, I find it surprising, anyway!)

First, they point out that among the 19 hijackers identified as hav-

ing seized four planes on September 11, 2001, seven were found to be still alive and well after all the planes crashed. That leaves 12 who may or may not have died, but it really makes one wonder.

Secondly, NORAD failed to direct fighter planes immediately upon air traffic controllers losing contact with the planes. NORAD has satellites that could track your license plate through the mountains, and would certainly have been aware, in plenty of time, that the planes were not on track even if the air traffic controllers did not tell them. However, as a regular procedure, NORAD is immediately advised, and is supposed to "scramble" the fighters to intercept the wayward plane. Not only did NORAD do nothing about the first plane to hit the World Trade Center, it failed to take any action until after the Pentagon was hit!

This incompetence is unprecedented in NORAD history, yet we have not heard of any major charges or dishonorable discharges of any brass in NORAD.

Third, there is a system of controlling planes from the ground. All of the planes involved were equipped with this system. Examination of the circumstances indicates that the transponders 'failed', a clear indication of the planes being controlled from the ground.

Who could have controlled the planes? There is only one source of control - American government personnel, the only people authorized to take over under hijacking circumstances.

A lot of this kind of information has been transposed through websites at some point. Much of this information is no longer available due to the activity of Echelon, a computer system owned by the U.S. government which scans emails and websites for information the government does not like, then blocks or deletes the information. One Canadian reporter said he tried repeatedly to send an email about 9/11, and it was blocked. He would send a message to the address which read "this is a test". It would go through just fine. Then, he would try again to send his email about 9/11, and it would not go through. That's Echelon at work. There are alternative networks, such as altnet, which is used increasingly to route emails sharing information about 9/11.

More on Cascadia facts

Dear Editor;
Cascadia is once again in the news. For those of us who have not heard of the name, let me explain: essentially, it is comprised of Oregon and Washington in the south with the Alaska Panhandle and British Columbia in the north. The name was adopted some years ago by a group of Pacific Northwest social scientists. Their headquarters is in Seattle and they study international economic and social demographics. Ostensibly, they have no political affiliation and their concerns are the welfare of our region and its inhabitants.

In today's news, we are told of this group's latest findings. What I think most interesting is their observation that as a result of publicly funded health care, British Columbians place second only to Japan in life expectancy. (I believe that Japanese longevity is attributed mainly to a healthy seafood diet.)

Another of this group's revelations is that in the last three years British Columbians have faced an economic decline second only to

the dirty thirties. (Isn't finishing second so typically Canadian?)

As a result of these studies, some questions arise - do the people who sleep in cardboard boxes, over exhaust vents and under bridges appreciate socialized medicine's death-delaying efforts - or should we encourage street people to eat in sushi restaurants thereby increasing our chances of winning the World Longevity Sweepstakes?
HP Toews

Story time for pre-schoolers

Princeton Public Library is offering the spring session of storytime for children ages 3 to 5. This is a free service to the community. The first half-hour sessions begin on March 26 and go through April 2, 16, 23 and 30 for five sessions.

Register by phoning 295-6495 and notify the library if you are not able to attend all of the sessions.

The library will be closed from Friday, April 9 through Monday, April 12. It will re-open on Tuesday, April 13.

Heart Food

by Dave Machin

No matter what your situation in life is, ultimately you make the choice to be upbeat or beat-up. I know in many cases this is difficult to hear, but you determine the attitude you are going to have. Many people, when they find themselves in rough situations, begin to say, "God, look at this mess. Why did you let this happen to me?" Have you ever been there? You've not been physically hurt, but you still feel like you have been through the wringer, so to speak. We cannot stop the feelings from attempting to overwhelm us, but we do have the ability to control them. There's an old saying that goes like this, "When life gives you lemons, make lemonade." This is exactly what God wants to do in your life. He wants to take the bitter and make it sweet. He wants to take what was meant for destruction and do some reconstruction. Do not allow a beat-up attitude to control your life. Many people, when they find themselves in negative circumstances, tend to think they are the only ones who have to deal with the problems they have. This can lead to a "feel sorry for yourself" attitude. It's a process that spirals downward. On the other hand, God does not want you to have a beat-up attitude but desires for you to have an upbeat attitude. The beginning of that process starts with the fact that you know He is good and He loves you and cares for you. He has made provision for you through His word and is ready, willing and able to take care of you and your situation. This is how you change a beat-up attitude to an upbeat attitude. You simply believe that God's provision is more than enough for you. One of God's names is El Shaddai - the God who is more than enough for you. Trouble comes to all of us but it's one thing to have trouble and another for trouble to have you. The choice is up to you. Will you live beat-up or upbeat? My choice is upbeat and yours can be also by making the same choice. God is good, His word is good and good all the time.

Pastor Dave Machin,
SUNDAY SERVICES 10:30 A.M.
221 A Bridge Street, Princeton, B.C. 295-0599

Can't Find Us?

We're @thenewsleader.ca!



George Elliott
Publisher
george@thenewsleader.ca



Brenda Engel
Office Administrator
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YOU ARE WELCOME TO JOIN US AT
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SUNDAY WORSHIP AT 10:30 AM
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SPRING BREAK Public Skating Schedule

Sunday, March 14

4:45 - 6:00 PM - FREE Public Skating
6:15 - 7:15 PM - Girls Drop-In Hockey

Monday, March 15

1:30 - 3:00 PM - Stick & Puck
6:00 PM - 7:30 PM - Stick & Puck

Tuesday, March 16

1:30 - 3:00 PM - Stick & Puck

Wednesday, March 17

1:30 - 3:00 PM - Stick & Puck
6:00 - 7:30 PM - Stick & Puck

Thursday, March 18

1:30 - 3:00 PM - Stick & Puck
5:00 PM - 6:30 PM - Stick & Puck

Friday, March 19

1:30 - 3:00 PM - Stick & Puck
7:15 - 8:15 PM - Public Skating
8:15 - 8:45 PM - Teen Stick & Puck

Saturday, March 20

5:00 - 6:30 PM - Public Skating

**Princeton Arena
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Chutter talks back to Harry Lali

Dear Editor;

Re: March 4, 2004 "It's called Robbing Hood but in Reverse"

Mr. Harry Lali has it all wrong as he clearly showed in his March 4 letter to the editor. As a former MLA, he should be more aware of the issues and deal with fact, not NDP fiction.

We've delivered the first truly balanced budget according to the accounting profession's Generally Accepted Accounting Principles (GAAP). It's the first time any province in Canada has adopted these strict principles and had the NDP done so, taxpayers would have been spared from outlandish spending and record debt increases in the "fudget budgets". A balanced budget means we are no longer passing debt onto our children. Saying this is "bad news" clearly demonstrates Mr. Lali has not diverted from the NDP's policy of deficit budgets and making our children pay our debts. Most people tell me this is unacceptable and we should be paying our own way - which we now are.

Contrary to his false statements that we are not keeping an election promise, the facts prove him wrong. We put our promises in writing and 90 percent of our commitments are either completed or underway.

Circuit courts are now operating in Merritt, Lillooet, and Princeton, saving taxpayers significant funds while providing

local court services.

This year, the health care budget topped \$11.3 billion - a 36 percent increase since 2001-02 when the NDP left the health care system in a disaster. We have reduced the number of health authorities from a whopping 52 to six, and implemented numerous initiatives that have increased the number of nurses and doctors to assure that 24/7 medical attention is available at your regional hospital. Reducing authorities means we saved money on bureaucracy and redirected that to patient care.

All provinces in Canada, except Quebec, exchanged grant programs for expanded student loan services. This government is investing in 25,000 seats for post-secondary institutions and \$105 million will be put into Advanced Education this year alone. We have redirected money from grant programs directly to institutions.

Mr. Lali is also wrong about taxes. Low and middle income British Columbians enjoy the lowest personal income tax in Canada. We're also supporting small businesses in BC by offering them one of the lowest tax rates in the country, encouraging them to set up shop here and create jobs. Children that were forced out of BC because there were no jobs for them are coming back to be reunited with their families as our province is experiencing a substantial increase in job creation.

British Columbia is #1 in Canada in job growth, #1 in new housing growth, #1 in small business confidence and the #1 destination for new investor immigrants. I hear more enthusiasm and optimism in the community about the future than ever before. Mr. Lali's comments are a slap in the face of all the hard working people in British Columbia who are turning this province around.

Mr. Lali was wrong when he did not speak up while an MLA when his government was doubling our debt, stealing from our children's future. He was part of the government that drove jobs and families out of BC and turned it into a "have not" province under a cloud of gloom. Mr. Lali was a member of Cabinet when the NDP gave the Canadian Centre for Policy Alternatives \$200,000 to support their policies. That group recently released a NDP proposed budget that would drive up taxes by 27 percent and not balance the budget until 2010 leaving more debt to our children. It's interesting that Mr. Lali did nothing to distance himself from those policies in his letter.

With Mr. Lali and his NDP government's misguided interpretation of the past, it is not surprising that he is wrong again on the issues that matter to British Columbians.

Yours truly,
Dave Chutter, MLA, Yale-Lillooet.

Skills Centre teaches eager learners

Every Friday for three weeks, a group of learners from New Beginnings went to the Skills Centre to learn about computers. Thanks to the generous donations of Jackie Wales' time and skill, the eager learners mastered basic computer skills, including the internet and email.

New Beginnings initiated these sessions when they received a

donation of six computers for their club. They are still looking for a donation of suitable desks or tables on which to set the computers.

Diane Marshall approached Skills Centre Programmer Gerri Logan to see if there was a way the New Beginnings group could learn computer skills at the Skills Centre. Zero cost was an important factor. Logan

asked Jackie Wales if she would volunteer as the instructor. Wales agreed.

Put together a classroom full of computers, a volunteer instructor and some very eager learners, and you have a recipe for community building success. The Skills Centre is proud to be able to assist New Beginnings with their objective of learning new skills.



The Moi twins, above, learned the basics courtesy of the Skills Centre.



Students gave a demonstration of rock and roll at the "Blast from the Past" pep rally last Friday. The host of the show was Dick Clark (a.k.a. Mr. Carter). Other features of the rally included Pat LePoidevin on drums singing a great rendition of "Louie, Louie" as well as a sneak preview of the Drama Club production to be publicly presented in April.



Surprise guest performer was John Travolta, dressed all in black second from left, who joined the students in "Greased Lightning", a song from Travolta's hit role in "Grease". The guy underneath the black wig, according to informed sources, was not John T. but G. Bibby.

Golden Rooster goes to best artist

Helene Ramsay, Princeton volunteer for AgAware BC, says Princeton artists, age 9 to almost 90, had a magnificent showing of art work in the 2003 AgAware contest for the best art featuring agricultural themes.

The winner was announced at the gala in Abbotsford on January 20. Dennis Hutchins of North Vancouver portrayed a cattle round-up showing ranching is a big part of B.C. agriculture. He was presented with the AgriArt Golden Rooster.

There will be a new contest this year, and entry forms will be available in the autumn.

Ramsay says, "This allows lots of time for new ideas, creativity, imagination and mind's eye of all things agricultural to pop from your artist's palette to paper!"



Two Princeton Secondary School alumni, Monique Carlson (left) and Pam McKenzie, wore their old school sweaters and brought their pom-poms as part of the "Blast from the Past".

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Princeton Irly Bird hosted a free "Burn It Smart" Workshop Monday night at the Fire Hall. Ernie Lawrence, left, and guest speaker Reid Harvey of WETT BC, stand in front of a display showing the new and old ways of heating with wood. A showcase of clean burn stoves was also displayed. Hamburgers and hot dogs were served as a fundraiser for the Junior Firefighters Scholarship.

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Protect your identity from scam artists

Identity theft is the fastest growing type of fraud in North America, and Similkameen Valley residents have been approached by a variety of scam artists. The Council of Better Business Bureaus estimates the cost of identity theft at \$2.5 billion a year to consumers, banks, credit card firms, stores and other businesses. Project Phonebusters (www.phonebusters.com) a national call centre targeting fraud crimes, reported more victims in the first nine months of 2003 than in all of 2002 combined. ID thieves can, and do, use all sorts of tactics to take your personal infor-

mation: by looking through your garbage or recycling box, pretending you need to provide such information in order to claim a prize or lottery winning, stealing your mail, placing bogus newspaper ads for jobs locally and internationally, sending unsolicited e-mails posing as your financial institution, and on and on. It can take a long time to clean up the mess resulting from having your identity stolen. If you suspect you have become a victim, act immediately to stop the thief's further use of your identity. Report the crime to the police. Call your bank and credit card issuers. Contact the fraud unit of the credit

reporting company and request a "fraud alert" be placed in your file, as well as a victim's statement asking creditors to call you before opening any new accounts or changing your existing accounts. You may want to buy a small "at home" paper shredder to shred personal documents before recycling.




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Young at 91

Al Hill, accompanied by his daughter, arrives at Belaire Restaurant for a birthday party arranged for him by his friends from Senior Citizens Branch #30, where Al has continued to be an active member. Following dinner, the group went to the home of Monty and Dot Raine for a birthday cake, refreshments and fun.