Similkameen News Leader YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

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Thieves hit local homes

Princeton RCMP are investigating several break-ins and thefts at private residences. Around 3:00 a.m. Tuesday, July 13, thieves broke into two garages, one shed, and two homes in the Panorama Crescent area of Princeton. They stole chainsaws, tools, golf clubs and electronic equipment.

Access to the garages and homes was gained through unlocked windows and/or doors, and the homeowners were in residence when the thieves entered.

An all-terrain vehicle was removed from one garage and witnesses described them unsuccessfully attempting to load it into a white or light grey mini-van. The thieves left the ATV behind. In order to make room for more stolen items, the thieves discarded one of the bench seats from the rear of the van. Police are investigating the possibility that the van was also stolen.

Anyone who has any information about these thefts is asked to call Princeton RCMP at 295-6911.



A young man from Surrey was lucky last Monday afternoon, July 12th. He fell asleep at the wheel while heading westbound on Highway 3 and left the roadway approximately 30km East of Princeton. He suffered only cuts to his arm from a barbed wire fence he climbed through to get back on the highway for help. Photo - Brenda Engel

PXA praises Harkness' organization

Princeton Exhibition Association (PXA) praised Ron Harkness, who organized and backed "Princeton Rocks" concert on the July long weekend. At the July 13 PXA meeting, Peter Ruoss reported on the concert's use of the fairgrounds, and said Harkness did a great job of organizing the event. Everything was kept very clean, and some minor improvements were made to one of the buildings. In addition, Harkness has obtained a donation of 40 gallons of paint from Penticton Home Hardware to freshen the "Similkameen facade of Hotel"(the back of the grandstand).

In other concerns about the grounds, three windows were broken on the grounds, one in the concession stand was vandalism. The other two were accidental breakages. All have been repaired.

The Moto-X track was completed to everyone's satisfaction, and Princeton Motorsports members thanked John Bey for his help in putting in the irrigasystem. tion Princeton Motorsports Association recommended replacing the steel horse racing track rails with white plastic plumbing pipe when repairs are necessary. Vern Preston said this is the new standard for race tracks, as the plastic causes fewer injuries to jockeys and horses when mishaps occur.

MotorWorld magazine. Lane Carter showed the article to PXA members, saying last weekend's event received advance publicity. Moto-X received starting gates from Chilliwack, on loan.

Motorsports members passed Continued page 2

Princeton's new Moto-X track around some brochures and a has been written up in magazine from ATV-BC. The magazine contained a nice article about their visit to Princeton in June and their barbeque at the PXA grounds.

Princeton Rodeo Club had no report to make to PXA, and Fall

months of work worth the effort

Princeton MotorSports Association (PMA) hosted their first MotoX Event last weekend at Princeton Fairgrounds.

A total of 30 racers entered, including two locals - Cody Wharton (80cc 7-12 year old Class) and Garrett Preston (50cc 6 and Under Class).

Saturday was a practice day with Sunday race day with a total of 14 races (two per Class).

Susan Harris and Maggie Bourikou, both of Ladner, are volunteers from the Canadian MotorSports Racing Club (CMRC). They were on hand to lend their support of the new race facility and the local club behind the event.

"We're here to teach these guys how to do their own race," Harris says, "That's what motorsports is all about - helping each other."

A shortage of tracks means Princeton's new facility is important to the sport.

Continued page 8

Local girl has a Dandy of a time at the Calgary Stampede

Princeton's Renee Rae Willis had a great time at this year's Calgary Stampede.

The 16-year old barrel racer riding a horse named Dandy - finished her first event on Friday, July 9th in second place with a time of 17.69 seconds.

Her second day of barrels, Saturday, July 10th, saw Willis finish again in second with a time of 17.57 seconds.

The two second place finishes put her in contention for the \$50,000 showdown, which paid out \$25,000 for second place.

ended up one of five Canadians in

the Top Ten. The ten ladies ran the barrels on Sunday afternoon with the fastest four moving on to the \$50,000 showdown later in the day.

By the end of the week, Willis

Willis had a flawless run, but her time of 17.92 seconds was shy by only hundredths of a second.

She went up against World Champions much older than herself, and did extremely well!

Congratulations **Renee Willis** on your great performance at the Calgary Stampede!

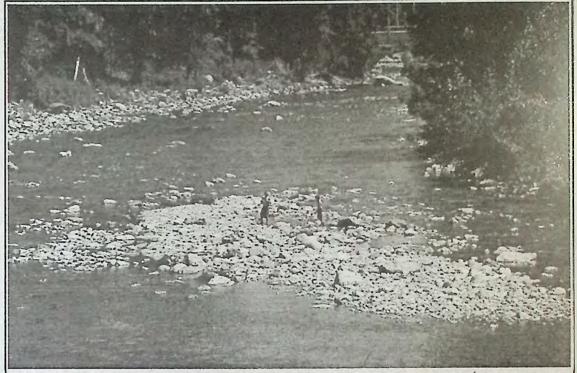


Princeton businesses signed for Renee Willis on Friday. The flag was personally delivered to her at the Calgary Stampede by Dave and Lol Anderson to show support from home.

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Similkameen News Leader





The Tulameen River is one of the natural features of Princeton which always attracts the young at heart to explore the sandbars and paddle in the water, right in the downtown core.

Yale-Lillooet Parks expand

Thank you Princeton Lions Club for your donation towards our new N.I.F. Grant stretcher with wheel purchase.

Your group's dedication to helping others is to be commended!

Thank you also to all participants who walked for Princeton Ground Search & Rescue Society in the Otter Valley Fish & Game Club's annual Walk For Wildlife.

- Princeton GSAR Society

After years of criticizing the New Democrats for expanding the protected areas of the province, the Liberal government has expanded four new parks in Yale-Lillooet. The Parks Act and Protected Areas of British Columbia Act created 37 new Class A parks and expanded 34 located in nearly every region in B.C. The four provincial parks in Yale-Lillooet, new and expanded are: Coquihalla Canyon Park, Edge Hills Park, Pennask Creek Park and Trepanier Park. Together, these add 16,082 hectares in Yale-Lillooet.

Yale-Lillooet MLA Dave Chutter commented, "Preserving these areas of our province is important and I'm glad to see we're taking steps to ensure they're protected. They provide a home for our local

wildlife and a place for people to take in the scenery."

B.C. has the largest provincial park system in Canada, comprising 12.5 percent of the province and covering nearly 11.9 million hectares. The wilderness parks attract visitors from all over the world.

The creation and expansion of the parks came as a result of land acquisitions and the success of three Land Resource Management Plans, Chutter said.

RCMP nab one more

On Tuesday, July 13, Princeton RCMP arrested and charged another driver for being impaired by alcohol.

At approximately 10:30 p.m., RCMP followed a truck dragging the exhaust system in a shower of sparks. The driver stopped and exhibited extreme signs of having consumed alcohol. He was brought to the RCMP Princeton Detachment office where he provided samples of his breath that were well over twice the legal limit. The 58 year old Winfield man faces charges of impaired driving, driving over .08 blood alcohol level and assault of a police officer. He was issued a 24 hour driving prohibition and will be prohibited from driving for an additional 90 days.



Employment Services * Training and Skills Development

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RCMP check story

On July 9, Princeton RCMP arrested a 41 year old male from Westbank for impaired driving. During the investigation, this individual alleged that earlier in the evening he had been at a residence and forcibly confined. When investigators attempted to obtain further information, the man was uncooperative and would provide no further details.

On July 11, Princeton RCMP executed a search warrant on a residence on Highway 3 in Princeton. A local resident was taken into custody for questioning but released with no charges. At this time, no evidence was found to support the allegations.

PXA praises Harkness

continued from front page

Fair reported they are continuing to work on their fair, which takes place September 11.

Secretary Carol Ruoss reported she had received a letter from Katimavik assuring the PXA there will be Katimavik participants arriving in Princeton on September 1. Fall Fair members will be pleased to have the help setting up the fair.

John Bey reported the area where the showers will be built has been staked and the project will go forward after he finishes bringing in his hay crop.

President Jody Woodford has been discussing insurance for the grounds with various companies, and selected one with whom to make an agreement. However, the increase in the number of activities on the grounds has resulted in an increase in the cost of insurance.

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Princeton tourist stats hold steady

The number of visitors at the Princeton Tourist Information Centre is much the same this month as it was last year. For the early months of 2004, the number increased, but levelled for April, May and June. June saw 2,325 visitors stop at the Tourist Information Centre. This month an average of 150 visitors per day stop for information.

Princeton's numbers are better than the numbers for Penticton, Summerland, Kamloops and Kelowna, where visitors numbers have dropped dramatically this year compared with last, or other years.

Churches plan camp

The Olympic games is the theme for the Princeton summer Bible camp this year. Son Games will begin on August 16 for children age 4 to 12. They will enjoy Bible stories, crafts, skits, songs, and their own Olympic games until August 20.

The free camp will take place at the United Church and Pentecostal Church from 9:30 a.m. to 12:30 p.m. daily. For more information, call 295-7951.



This huge chair is a movie prop owned by Shelley Carlson, who loaned it to the Tourist Information Centre. A lot of tourists have their photos taken in this chair. Above, staff members Meagan and Tammy show you just how big this chair is!



Meet a newcomer

Cheryl Winters is the new clerk at the Government Agent's office in the courthouse in Princeton. She replaces Charlene Longdo, who retired earlier this year. Winters has been a provincial civil servant for 20 years, beginning with court services in Port Alberni. She comes to Princeton from Courtenay. Winters has purchased a home in the rural area and looks forward to enjoying her garden.



Watch This Space During August And Win!!! Each Copy of the Similkameen News Leader will be stamped with a WINNING NUMBER. Five Issues will contain WINNING NUMBERS: August 3, 10, 17, 24 and 31, 2004. Keep your NEWS LEADER each week as the WINNING NUMBER will be announced the week after each issue is published. If your paper contains the WINNING NUMBER, you will win \$100.00 CASH. A total of \$500.00 to be won!!!

Tuesday, July 20, 2004

Similikameen News Leader



"We're also in a land squeeze as

we're running out of lots fast."

are doing their best to be good

neighbours.

lumber for log homes and participates in firefighting in the region,



This group of farmers from New Zealand, Australia and the United States stopped to tour Happy Hollow Farms, just 12 km East of Princeton last Monday night. Some of them will be in Quebec City this week to attend the World Sheep and Wool Congress, others will vacation in Toronto.

Sheep farmers talk shop at local ranch

Bev Greenwell and Charlie Weber moved to Princeton in 2003 from the Fraser Valley.

Greenwell, who represents western purebred sheep breeders in the B. C. Sheep Federation, says their ranch - Happy Hollow Farms - contains, "one of the top suffolk flocks in B. C."

They were given a chance to show off their sheep, and their 320 acre hay operation, to a delegation of visiting farmers from the Southern Hemisphere last Monday night.

According to Kristie MacMillan of Farm To Farm New Zealand Tours, the group had an interesting itinerary.

"Sort of sightseeing mixed with farming," she explained.

The 27 New Zealanders, along with three Australians and two Americans, were on their way across Canada with stops in Kelowna, Banff and Calgary.

A delegation from the bus tour will be at the World Sheep and Wool Congress in Quebec City, scheduled for this week.

Snow Hellyer, Marketing and Sales Manager for Kelso Ltd., a sheep breeding business based in Marton, New Zealand, says the purpose of the Congress is varied. "We swap and talk about ideas

each country has in the sheep industry."

New technology, DNA recording and disease control are top concerns.

"In New Zealand we supply about 30 percent of lamb meat to the world market."

Hellyer says advances made in DNA research has proven to be valuable for farmers in isolating disease resistant genes.

It has also helped in identifying genes that possess other desired qualities related to health and quality of meat.

"Hopefully we'll one day end up with a super sheep." Science is a key element for present sheep farmers, or as Hellyer puts it, "We call ourselves farmers working with scientists."

The New Zealanders - or kiwis as they jokingly refer to themselves - found farming quite different in Canada.

Ken McKenzie, one of the farmers on the Farm To Farm tour, found it interesting that farmers here have to deal with bears and cougars.

"Predators are not an issue for us."

However, one Australian farmer says it's very different where he's from as predators threatening his ranch include foxes and dingoes. Ranch sizes were also an inter-

esting difference. "I have 18,000 sheep on my place and 1,200 cattle," says Bill Nichol, also from New Zealand.

The farms they have toured in Canada were what the kiwis called hobby farms.

Regulations and guidelines related to land use and forestry concerns are unheard of in New Zealand.

"We are regulated only by pro-

duction," says McKenzie. "Basically we can run any stock we want on any field we want."

The kiwis also state their ranching operations seemed far more advanced than what they've seen touring in Canada.

But a lot of Canadian farming issues are the same Down Under and they include health concerns, disease prevention and exports.

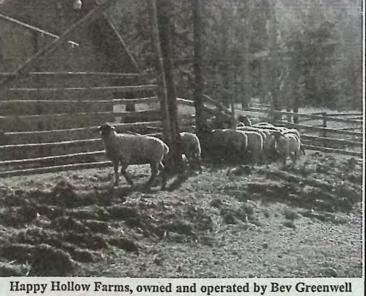
While market prices are described as reasonable, McKenzie states the amount of paperwork added on to the farmers' responsibility in recent years has been increasing.

"We've got to have traceability," he says, "and only one person pays and its the producer."

The bus load of visitors followed their tour of Happy Hollow Farms with a dinner hosted by Greenwell and Weber and prepared by Eileen Walsh.

Doug's Homestead, St. Laszlo's Estate Winery, Parson's Fruit Stand and Schoolside Suffolks of Keremeos all provided something to the meal.

Following a little social time and dessert, the bus loaded up and headed for Kelowna.



and Charlie Weber, produces purebred suffolk sheep.



mailed. If you have not received a Tax Notice please contact the Town Office at 169 Bridge Street, Princeton or telephone 295-3135. Owners are responsible for 2004 Taxes and applicable penalties, regardless of whether or not a Tax Notice is received. If there is any doubt, check with the Town Office.

If you are eligible for the *Provincial Home Owner Grant*, please ensure that the application on the bottom of the Tax Notice is completed, *signed* and returned to the Town Office before the due date. The Home Owner Grant may be claimed even if payment on the outstanding taxes is not made. This will avoid the penalty on the amount of the Home Owner Grant.

Please Note the Home Owner Grant Application must be completed for each and every year in which you are eligible for the Grant.

Payments and/or Provincial Home Owner Grant applications must be in the hands of the Collector at the Town Office by close of business on August 3, 2004 to avoid the Penalty of 10%.

Post marks are <u>NOT</u> accepted as date of payment. Receipts will be issued only on request.

PLEASE NOTE: PAYMENT MUST BE RECEIVED IN THE TOWN OFFICE BY 4:30 PM ON AUGUST 3, 2004.

Collector Town of Princeton

Simlikameen News Leader



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Weyerhaeuser helps student

Thanks to Weyerhaeuser Canada, Princeton Tourist Information Centre has been able to hire Meagan Thomas for the summer. The Weyerhaeuser grant is for a student who has never been employed. This is Meagan's first job. She began on June 29 and will continue to August 31. She works three days a week as a Junior Travel Counsellor, and is training to be a travel counsellor. She does visitor reception and general office duties, such as sending out brochures and information about Princeton.

The student employment grant from Weyerhaeuser not only benefits the student, but provides valuable assistants to the employer. Weyerhaeuser has provided an employee, Shelby Carlson, to Princeton Museum, in addition to providing help at the Tourist Information Centre.

Museum website will look great!

Princeton Museum has had a website for a number of years, but the site is undergoing an upgrade this summer, thanks to Philip LePoidevin. He has put new photos into the site, added more information, and corrected some of the information on the earlier site. It is beginning to look really good. LePoidevin expects the new site to be up in another week or 10 days. Look for it at http://town.princeton.bc.ca/museum

If you have not visited Princeton's museum this year, you can do so any day of the week from 10:00 a.m. to 7:00 p.m. Either Philip LePoidevin or Shelby Carlson will give you the full tour.



Meagan Thomas is training to be a travel counsellor at the Princeton Tourist Information Centre. This is her first job, and she was hired thanks to a grant from Weyerhaeuser.

Be careful with campfires!

A dry lightning storm passed over the Thompson Plateau on July 15, sparking 20 lightning fires in the Kamloops District. Air tankers, helicopters, crews and heavy equipment worked to contain these fires.

The Spuis Creek fire southwest of Merritt grew to 10 hectares. This fire is burning at the top of a mountain in a remote area and no homes or structures are threatened. Twenty-five fire fighters and two pieces of heavy equipment worked to establish control

lines on this fire. Three groups of air tankers provided support throughout the afternoon. The fire is burning in open timber. Visibility was poor due to thick smoke that drifted over the Nicola Valley into Merritt.

Hot dry weather was expected for the weekend and several days. The fire risk was moderate but could climb quickly to extreme. Use caution with campfires, and if you spot a wildfire, contact 1-800-663-5555 or *5555 on most cellular phones.

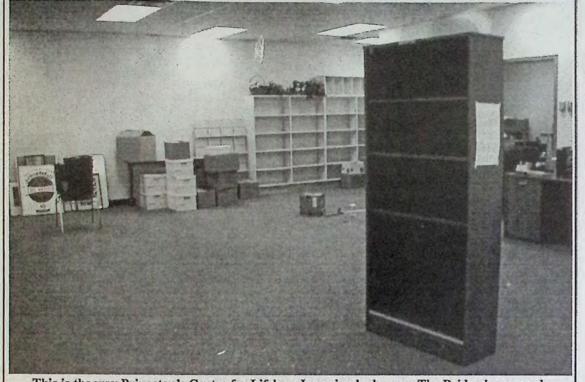
Living Past 100 Avoid stress in heat

This is one of the times of year when people tend to overdo a lot of things. When the days are bright and sunny, people have a tendency to overdo enjoying the sunshine hours, but this can be dangerous in many ways. We can eat too much, drink too much, stay up too late and stay in the sun too long. We can become over-heated and over-stressed. We can be so keen on getting things done, we over-work in the heat.

In countries where the weather is hot and sunny most of the year, people adapt to the heat and learn to live with it by having a sensible schedule. They work hard in the morning, have a siesta in the afternoon, then go back to work in the evening. This is not likely to happen in Canada, even if you live in the South Okanagan or Similkameen. Our schedules remain the same. Still, we can adapt what we do to the temperatures in which we have to work.

Very hot days combined with heavy work can result in more than heat exhaustion. Over-stressing the body could result in a heart attack in the heat, with a high potential for death. The heart is over-stressed in the heat because the internal body temperature soars. There is very little leeway for body temperature - an increase of 2.5 degrees in internal organs will probably bring on a fatal heart attack. Even young athletes can die of this.

While heart attacks are the extreme, the majority of us will push ourselves too much in the heat, especially if we are having a lot of fun or working hard. We place ourselves in stress, and stress does damage. If you want to live a long, healthy life, you need to use good common sense about your activity on hot days.



This is the way Princeton's Centre for Lifelong Learning looks now. The Bridge has moved.

The Bridge leaves Skills Centre

Princeton's Centre for Lifelong Learning, better known as The Bridge, has been moved to the former Riverside Intermediate School. Riverside's potential students have been divided between John Allison and Vermilion Forks Elementary Schools. The Bridge, begun as a storefront school for adults, will share the new location with students in alternate education programs.

The move has left Princeton & District Community Skills Centre short the \$25,000 a year rent paid by the school district (although the district does own the building anyway).

Skills Centre Society Chair Jim

Manion commented to the News Leader, "I don't know why they would move it (The Bridge) from downtown when it's been so successful in that location."

Manion was quite open in

assessing the impact of the

move on the Skills Centre.

Although the Skills Centre does

B.C.'s forest laws are among toughest

An independent study comparing international forest policy regulations shows British Columbia has some of the most stringent forest sustainability requirements in the world.

Forests Minister Michael de Jong said, "The detailed data in this ground-breaking study reinforces that B.C. has some of the toughest forest regulations on earth. This kind of academic analysis is important and shows the world B.C. cares about its forests and is taking the necessary steps to manage them responsibly and sustainably."

The BC Market Outreach Network and the Forest Products Association of Canada commissioned Yale University professor Benjamin Cashore to conduct the independent study. Cashore is an associate professor of sustainable forest policy and chair of the Program on Forest Certification at the Yale School of Forestry and Environmental Studies in New Haven, Connecticut.

For the study, Cashore, in collaboration with postdoctoral research associate Constance McDermott, chose key environmental forest practices criteria in 38 jurisdictions around the world, using Canada and four Canadian provinces, including B.C., as the constant case comparison. The resulting report, Global Environmental Forest Policies, found that B.C.'s stringent, mandatory approach to forest policy regulation development was near the top of all the jurisdictions studied. Forest policy areas included in the study were riparian zone management, clearcutting regulations, road building and reforestation requirements.

"Customers expect the highest environmental standards when they buy forest products," said Avrim Lazar, President and CEO of the Forest Products Association of Canada. "This study confirms that Canada's forest products industry meets those expectations – it is among the most advanced nations in the world and its performance is improving every year."

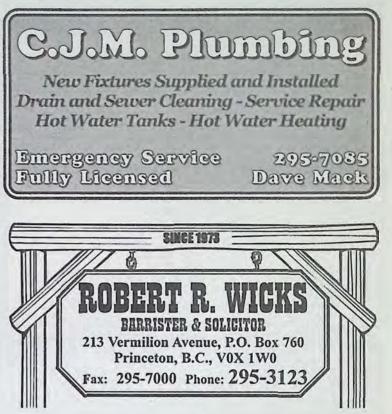
Customer approval counts for a great deal in today's consumer market where the buyers want to be sure forests are not being decimated to make lumber. Due to the activities of environmentalist lobbying during the past 10 years, British Columbia's forest industry has suffered the effects of buyers believing B.C. was killing off all of its forest land in an effort to bring in export dollars. The new study may help reverse some of the market damage done in the past.

have some reserve money from the Community Forest, it is being cut back \$60,000 by the federal government as well as losing the rent from The Bridge. As a result, employees of the Skills Centre have been notified of lay-offs in order to save money to keep operating. The Skills Centre helps people find jobs through teaching resume writing, handling job applications and interviews, putting them in contact with potential employers and helping them with Employment Insurance. As well, the Skills Centre has offered a number of programs to assist people in developing technical skills.

The community has benefited from the Skills Centre's function as a public access to Internet.

Manion says the cutback in employee hours is being done in a manner that will safeguard the services offered. "Our staff has been very resourceful," Manion says. They have operated at a deficit in the past, and will now operate at an even bigger deficit while looking for more sources of funding and more ways to provide education and training for Princeton residents. They intend to budget to keep the Skills Centre open for the next four years.

"We're one of the very few Community Skills Centres still in operation out of the 25 that were established," Manion says. "We will look at every avenue we can find to keep it open."



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Protect And Preserve The Value Of Your RRSP An important part of estate planning is considered the use of insurance to offset the future tax liability that will be incurred from Registered Retirement Savings Plans (RRSPs) and Registered Retirement Income Funds (RRIFs). RRSP/RRIF insurance answers the frequently asked question:

How do you protect your hard earned savings from taxes upon death? - It's simple. An insurance contract is purchased to offset the projected tax liability on the registered savings, be it RRSPs or RRIFs. Generally, the total cost of the accumulated insurance premiums are less than the cost of taxes upon death. Insurance represents a cost effective means of ensuring that the lump sum amount necessary to pay the tax will be available at the appropriate time. Even if the funds are transferred to a spouse using the rollover provisions upon death, the tax liability cannot be avoided indefinitely. How do you decide the policy value?

How do you decide the policy value?

A projection of your savings is used, based on an interest rate assumption and savings plan, to determine the value of the policy. You would typically insure half of the total of the growth potential or peak of the value of your plan (based on a 50 percent marginal tax rate). The insurance proceeds are then used to preserve the value of the estate and provide a gift to your designated beneficiary. Since life insurance proceeds are not subject to tax, any beneficiary can be named, not just your spouse or dependent children.

Remember, paying tax on your RRSP/RRIF at death cannot be avoided, but this estate planning strategy allows you to preserve the value of your savings. The insurance proceeds are used to offset the tax liability, at a reasonable cost. By designating a beneficiary on the insurance policy, the proceeds can by-pass probate and pass directly to your heir, without legal and executor fees. Insurance provides a quick transfer of assets and settlement of the estate as well as ensuring that the necessary funds available when required. Life insurance allows you to plan today, and provide for tomorrow.

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105-399 Main Street, Penticton, B. C., V2A 5B7 Phone: (250) 770-2101 Toll Free: 1-877-896-1313 GREG STEWART IS IN PRINCETON EVERY SECOND AND FOURTHINERSDAY PLEASE CALL FOR VOLRAPPOINTMENT

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Tuesday, July 20, 2004





This is MotoX Racing 'up close and personal' at Princeton Fairgrounds last Sunday morning.

p 'n' Save Lunch Coupon



\$3.99 (+ taxes) with this Coupon

COUPON VALID DURING LUNCH (11 AM - 3 PM) DAILY AT COPPER MTN BAR & GRILL SENIORS 55 AND OLDER - COUPON EXPIRES JULY 30, 2004



Copper Mountain Bar & Grill Highway 3 West

MotoX....

"We want to get more tracks running in B. C. and we'll do whatever it takes," Harris says.

PMA Vice President Vern Preston says the track took just over four months to build with help from CMRC.

"They provided specs for the track from jump heights and distances," Preston explained, "We even had an ex-pro racer here helping with layout."

PMA Secretary Doug Grigg, who also helped with track construction, says the racers like the facility.

"They are really happy with the track and say it flows really smoothly."

The racers have also provided some helpful suggestions to improve the facility. "Some of them want more radical lifts to the jumps," Grigg says.

.....from Front Page

Similkameen

News Leader

Race Announcer Jim Manion compared MotoX to SnoCross, an event he has spent many years around.

"MotoX is a timed event and timed events are a little different than SnoCross as the first across the finish line is not necessarily the winner."

Manion also praised the site.

"The facility here is very nice and the viewing of the track (from the tower) is excellent."

PMA will host another event, part of the CMRC Fall Series, on October 2nd and 3rd.

To learn more about MotoX and the CMRC, check them out on the web at www.cmrcracing.com.

Another MotoX racer sailing over the 'tabletop' jump.



See The Local Experts For <u>All</u> Your Real Estate Needs

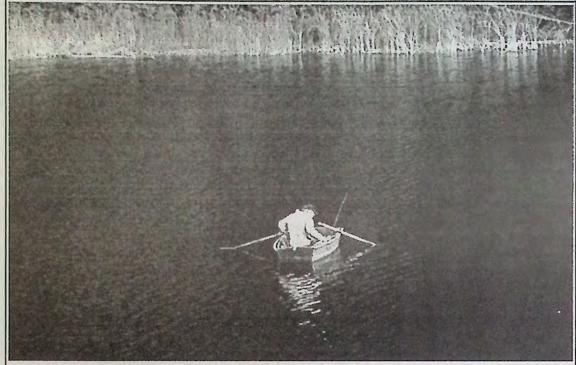
View Our Picture Boards at 224 Bridge Street, Princeton

View Our Pictures Online at www.princetonbc.com

THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR

weekly entertainment guide

TUESDAY, JULY 20, 2004 THROUGH MONDAY, JULY 26, 2004



Some people have plans on a Friday night that include a lot more people and a lot more activity. This lone fisherman was spotted doing what he planned on doing last Friday night on McCaffrey Lake. Given the choice, we would have been on the lake trolling, too!

Eagle ultra marathons this weekend

By: Moe 'The Eagle' Beaulieu In the 50 miler there will be 24 men and 6 women competing. I doubt the first place runner will break 10 hours, unusual as 50 mile trail races some runners can do in 8 to 9 hours.

In fact, a lot of the competitors coming to the Keremeos Eagle Runs regularly do. There is a 16 hour cut-off for the 50 miler, the longest allowed time limit in any North American 50-mile run.

This is a reflection of how tough this course will be!

It has some of the longest sustained climbs anywhere. You stay at or near 8,000 to 8,500 feet for about 11 of 14 miles at one point. It can hail, rain, snow or be unbearably hot all in one day.

With over 10,000 feet of climb and nearly that in descent this is one super test of character!

Watch for top finishers like Rob Grant, Rob Smith from Victoria, Michael Wardas from North Vancouver to name a few.

Also, the Race Director's son, Logan Beaulieu from Edmonton will likely have a strong race.

Then there is always a dark horse that can surprise.

For the women, I would say Lorraine Lees from Kelowna and Donna Mazurewich from Penticton are top contenders.

Canadian Helicopters has donated a delivery of Culligan's water on the bare rock at approximately Mile 30 at 8,400 feet on Lakeview Mountain. This is a first for an Eagle run!

Race starts at 4:00 AM Saturday, July 24th at the Ashnola Pow Wow Campgrounds 5 miles from the Red Bridge, down the Ashnola towards Cathedral Park. Carbo Dinner is at Victory Hall the night before in Keremeos. Tickets available at the door and everyone is welcome! For the 100-miler, there are 16

men and 6 women entered. This D will be an almost staggeringly E impossible feat in the terrain. de No one in the field would ever ye

admit that, however. The first two finishers will win

a 24-hour Eagle Buckle. The rest will fight it out for a 33-hour Buckle or just to finish in the time limit.

At the 50-mile turnaround, any runner not having left for the second loop before 16-hours (15:59:59) will be scratched.

This is a safety precaution and the Race Director's much thought out decision.

Anyone scratched will be noted as DNF - Did Not Finish. No three words in the English language are more offensive and hurtful to these folks.

Each DNF becomes a nightmare of memories over riding 20 good races or finishes.

Even runners with only ONE DNF are likely to not forget it EVER and give you step-by-step descriptions and reasons why years later!

Look for Matt Sessions of Port Moody to do well and perhaps Jeff Heasley from Gunnison, Colorado.

Also Clarence Wiens from Chilliwack - with family in Keremeos - should do well.

Surprises could come from Christopher Larouche of Kamloops, Jeff Mike Sell of Kent, Washington; Peter Zubick of Port Moody and Tim Doyle of Edinburgh, Scotland (just emigrated to Penticton two weeks ago). Tim's 40th birthday is race day - how fun is that?

Continued next page.....

Local student joins B.C. rodeo team in Wyoming

Jeremy Buhler, a Grade 10 student at Princeton Secondary School, has qualified to join the B.C. high school rodeo team competing in the 56th annual National High School Finals Rodeo in calf roping and team roping. The rodeo is held this week in Gillette, Wyoming.

Competitors included 1,500 contestants from 39 American states and five Canadian provinces and Australia. Prizes total \$125,000 and students will compete as well for more than \$225,000 in college scholarships. The best competitors will be named National High School Rodeo Champion. To earn this title, contestants must finish in the top 20 after two rounds of intense competition before advancing to Sunday's final championship performance. The Sunday championship round will be televised on Outdoor Life Network as part of the weekly "American Horse" series. It will air August 15 at 6:00 p.m. EST and August 22 at 8:00 p.m. EST. Check www.rodeohigh.com for possible schedule changes.

This championship rodeo is more than just sports in the rodeo arena. Contestants will compete in basketball and volleyball Continued next page

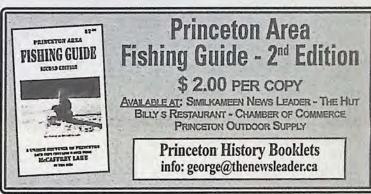
Weekly News Leader Fishing Report

THALIA LAKE - Ron at Princeton Outdoor Supply says there are some good sized fish in this lake, but not near the surface.

"They gotta go real deep for them!" Ron suggests using a gang troll and caddis flies at sunset. He says in order to be successful at Thalia this year, anglers must fish deep.

The Weekly Fishing Report is brought to you by: PRINCETON OUTDOOR SUPPLY and PRINCETON HISTORY BOOKLETS









This young Moto-X racer was competing Sunday morning in the 80cc Class for participants aged 7-12 years. Princeton MotorSports Association received heaps of praise on the race track from racers and representatives from the Canadian MotorSport Racing Club (CMRC), which sanctioned the event. Another MotoX event is planned at Princeton Fairgrounds on October 2nd and 3rd.

"The Eagle" talks about ultra marathons Continued from previous page......

For the ladies it should be an American show with Barbara Bellows from Fayetteville, Arkansas perhaps in the lead role.

Barbara turns 50 at the Carbo Dinner at Victory Hall on Friday the 23rd.

WHAT? THEY ARE ALL COMING HERE FOR THEIR BIRTHDAYS?

Look for a challenge from fellow American Kristina Irvin of Saratoga, California.

Don't count out the Canadians! Jane Ballantyne of Winnipeg and Janice Page of Kelowna will do well.

Everything in the 100-miler is

A drive down Old Hedley Road uncovers many mysteries. This

log is perfectly balanced on a rock about 15km from Princeton.

basically doubled. Double the climb, double cold, double heat, double fatigue. Seeing double!!??

Perhaps after 20hours reasons why you "shouldn't have done this?"

Other NORMAL folks are home in bed, fishing, out having dinner, etc.

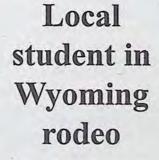
Same 4:00 AM start at Ashnola Pow Wow Campgrounds, courtesy of Lower Similkameen Indian Band.

Race Announcer will be Steve King of Penticton, the Voice of Ironman Canada!

Eagle Run Sponsors include Peach City Runners (Major Sponsor) and the following Local Sponsors: Keremeos Valu-Plus Foods, Similkameen Country, Lower Similkameen Indian Band, Gorman Bros. Lumber and Village of Keremeos.

Other Sponsors are: Culligan (the water people!), Ron Sherk of Okanagan GPS, Canadian Helicopters.

USA Product Suppliers are: Hammer Nutrition-Gel / E-Load Montana, and Trail Runner Magazine, Colorado.



Continued from previous page

tournaments, enjoy nightly contestant dances including a Cowboy Prom, participate in a talent contest, compete in a rifle shooting contest, test their skills in a Knowledge Bowl competition, shop at the western trade show, and visit the historical attractions of Wyoming, Montana and South Dakota. Gillette, Wyoming, is within easy driving distance of the Black Hills attraction of Deadwood and Mount Rushmore in South Dakota, the Badlands and Devil's Tower on the Wyoming-Montana border.

If you want to check in daily on how the B.C. team is doing, go to the website at www.nhsra.org

tuesday movies

MORNING

- 10:00 am CITY [29] ****"Jaws" (1975, Horror) Roy Scheider. Steven Spielberg's box-office blockbuster about a great white shark hunting human prey off the coast of New England.
- coast of New England. 11:00 am A&E (9) * * "Helen of Troy" (2003, Adventure) (Part 2 of 2) Sienna Guillory. The forbidden love affair of Helen and Paris sparks a war between Greece and Troy that lasts 10 years. [6]

AFTERNOON

5:00 pm WGN 38 ★ "Gone Fishin" (1997, Comedy) Joe Pesci. Mishaps abound when two working-class buddies win a contest that takes them to the Everglades on a free fishing trip. (In Stereo) [6]

EVENING

6:00 pm CITY 29"Monster Island" (2004, Science Fiction) Carmen Electra. Premiere. Teens must save actress Carmen Electra from a horde of giant beasts in this homage to creature features of the 1950s. [6]

- 9:00 pm WTBS ③ ★★%"GuardIng Tess" (1994, Comedy) Shirley MacLaine. An ambitious Secret Service agent meets his match in the defiant presidential widow he is assigned to protect. @
- FAM 20 *** "Free Willy" (1993, Drama) Jason James Richter. A young misfit pledges to help a captive killer whale escape the clutches of an amusement park's evil owner. (In Stereo)
- 10:06 pm CITY (29) "Two Golden Balls" (1994, Comedy) Kim Cattrall. A woman has a series of unexpected encounters after she is jailed for burning pornographic magazines.
- magazines. 11:00 pm WTBS ③ ★★★"Baby Boom" (1987, Comedy) Diane Keaton. A high-powered executive's lifestyle is severely cramped when she takes on the care of a distantly related baby girl. (E)



Clubs, Groups and Organizations: Looking for an affordable way to recognize your members or athletic achievements?

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wednesday movies

MORNING

- 10:00 am CITY 29 ***"La Bamba" (1987, Biography) Lou Diamond Phillips. A fact-based account of Ritchie Valens' (1941-59) rise to musical stardom before his death in a plane crash.
- his death in a plane crash. 11:00 am A&E (9) * * * %"The Spy Who Came in From the Cold" (1965, Drama) Richard Burton. A British agent in the twilight of his career is sent to East Germany as an unwitting pawn in a high-level plot. (6)

AFTERNOON

5:00 pm WGN (38) * * %"The Man Who Knew Too Little" (1997, Comedy) Bill Murray. A fourist in London wrongly believes that the spies and assassins in his path are part of an elaborate game. (In Stereo) (69)

EVENING

6:00 pm CITY 29 *4"The Fan" (1996, Suspense) Robert De Niro. An obsessed baseball fan resorts to murder and mayhem to help his team's new superstar break out of a slump.

- 8:00 pm WTBS 3 *** "Analyze This" (1999, Comedy) (PA) Robert De Niro. A psychiatrist cannot refuse to help one of New York's most-feared mobsters get over his anxiety attacks. [6]
- one of New York's most-feared mobsters get over his anxiety attacks. [6] 9:00 pm FAM [26] **"Air Bud: World Pup" (2000, Comedy) Kevin Zegers. Josh and his amazing golden retriever join the local soccer team just in time for the champlonship playoff. (In Stereo) [6]
- 10:00 pm WTBS 3 ***"Mr. Destiny" (1990, Comedy) James Belushi. A mysterious stranger helps a man redirect his mediocre existence by altering the outcome of a long-ago baseball game. [1] 10:06 pm CITY [2] *%"The Fan" (1996, Suspense) Robert De Niro. An obsessed baseball fan resorts to murder and mayhem to help his team's new superstar break out of a slump. [1]



News Leader

Similkameen

TUESDAY, JULY 20, 2004

		WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ ⑦	KREM	A&E	KXLY 10	BCTV	CITV 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6	AM :30	Movie: "Cocktail" (PA)	News Gold Trails	(Off Air)	George S. Dragon	News 💷	News	Movie: "Helen of Troy"	(5:00) News (11)	and the second s	(5:00) News (Live) (6)		SportsCen tre @	News 🖭 Canada	Daily Planet 🕮	GRC GRC	Something Hoze		Maury (N) CE	Hillbilles Hap Days
7	:30	Creek @	Life Today 100 Huntley	Zoboo Magic Bus	Clifford Arthur (El)	Today The history of Catwoman	The Early Show III	Murder, She Wrote	Good Morning America			George S. Fly Rhino	SportsCen tre @	AM œ	Most Dangerous Animal	Contraction of the second second	Mon Colle Rangers	News (6)	CityLine Rel	Matlock @
8	:30	Dawson's Creek @	Street (N)	BluesClues HI-5 (E)	Barney Boohbah	; Mena Suvari ("Six Feet		Third Watch @	Œ		100 Huntley Street (N)	D'Myna Mona	SportsCen tre @	-	Monster Garage 🖽	and the second s	Gadget Dalmatian		Seinfeld Fashion	In the Heat of the Night
9	:30	Cosby	Save-Umsl Nanalan'	Little Bear Bear	Sesame Street (EI)	Ünder."). @	Discover Discover	City Confidenti al (183)	Kelly	100 Huntley Street (N)	World Vision	Rupert Care Bears	Off-Record Bowling:	Regis and Kelly	Daily Planet @		Franklin Pooh	Maury (N) ©	News (E) City	Rockford Files
10	:30	Cosby Fresh Pr.	The Price Is Right @	Wumpa The Hoobs	Reading Lions	Show	The Price Is Right @	Amer. Justice	The View Mena Suvari.	World Vision	Crossing MoneyWs	Monsters Monster	10-Pin NHRA Drag	The View Mena Suvari.	Monster House III	Starting Over (N)	JoJo Henrys	Jerry Springer (N) (6)	Movie: "Jaws" (1975,	News 📧
11	:30	Fresh Pr. Harvey	Brown	of the World	Caillou (EI) Sit-Be Fit	M*A*S*H		"Helen of Troy"	Paid Prog. Paid Prog.	MoneyWs	News (Live) @	Fly Rhino	Racing: Mopar Mile-High Nationals.	Balance-TV Daily	Beast	Williams (N)	Chip-Dale Art Attack	Jerry Springer	Horror) Roy Scheider, Robert	(11:10) MLB Baseball: St. Louis
12	:30	Harvey Drew		Cosmic Odyssey (ff)	Charlie Rose III	Shop Shop	News Bold & B.	(2003) Sienna Guillory.	All My Children	News 📧	Days of Our Lives	SpongeBob Hamtaro	From Denver.	Balance-TV Bold & B.	Combustio n		Fillmore Goof Troop	Maury 🕮	Shaw. CityLine	Cardinals at Chicago Cubs.
1	:30	Drew Home Imp.	Days of Our Lives	Caller's Choice	Quilting	Days of Our Lives	As the World Turns	Murder, She Wrote		World Turns	As the World Turns	Care Bears George S.	Motoring Canadian Strongman	Vicki G. Vicki G.	Monster Garage 🕮		Teamo Dalmatian	Osbourne Show	Huntley MovieTV	(Live) 📧
2	:30	Home Imp. Raymond	Judy Body		Dragon	œ	Guiding Light (E)	Third Watch (1930)	General Hospital	Passions ©	Passions	Mona D'Myna	Interruption	General Hospital	Frontiers of	Hughleys Dharma	Chip-Dale House	Griffith Griffith	Maury (N) ©	Inning Fresh Pr.
	:30	Raymond Seinfeld	Coronatn Starting	Dora	100 A 4 1 1 4 4 1	Brown Brown	Dr. Phil	City Confidenti al (cc)	Martha Stewart Living	the	Young and the Restless	Cramp Jacob	Off-Record Sports	Dr. Phil	How'd They Do That?	Montel Williams	Timon Lilo Stitch	Static Ozzy	News (Live) @	Home Imp. Will-Grace
4		Seinfeld Friends	Over (N) Just Shoot	George S. Babar @	Cyberchas Dragonfly	Judy Judy	Oprah Winfrey @	Amer. Justice	Home Imp. News 🖽	Oprah Winfrey @	News (C) News (C)	Beyblade Yu-Gi-Oh!	Billiards: BCA	Friends Friends	Daily Planet @	On Air Ryan	Weekend Récess	Pokémon Pokémon	Blind Date Friends	Will-Grace Home Imp.
5	1.00	Friends Friends	News 🖽	Paddington Creatures	News Business	News (#) NBC News	News CBS News	Biography "Ed Gein"	News EE ABC News	News 🕮 Global	News 📧 Global	Oddparent Mystery	Billiards: BCA	News 🖽	How-Made How-Made	Simpsons King of Hill	Proud Lizzie	Sabrina Fresh Pr.	Smallville "Extinctio n"	Movie: "Gone Fishin"
6		Outback Jack (N)	70c Show	Reinventin g the World	Labore	News 🖭 Raymond	News Hollywood	Cold Case Files @	News 🖽	News 📧	Train 48 Entertain	SpongeBob Grown Up	Billiards: BCA	News 📧	American Chopper		All That So Raven	Raymond Will-Grace	Movie: "Monster Island"	(1997) Joe Pesci. @
7	:30		Jeopardy!	Dotto Tech Leading	(DVS)	Fortune	Seinfeld Friends		Entertain Drew	Entertain Train 48	Last Comic Standing	Mystery Yvon	SportsCen tre (Live)	eTalk Daily Hollywood	American Hot Rod	Will-Grace '70s Show	Even Radio Free	Friends Raymond	(2004) Carmen Electra.	WGN News at Nine
8	:30	Outback Jack	0	Champions Gardens	Frontiers	Comic Standing	Navy NCIS	Crossing Jordan (@	8 Rules Im With	Last Comic Standing	'70s Show Quintuplets	Dragon Dragon-Z	Boxing:	Next Action Star (N)	Daily Planet (3)	Trading Spou -ses	Boy World Mentors	Gilmore Girls @	News 📧 Review	Becker Becker
9	:30	"Guarding Tess"	Da Vinci's Inquest @	of Thyme	P.O.V. (N)		Big Brother 5 (N) (R)	"Ed Gein"	Jim Less Than	Last	Big Brother 5 (N) (C)	Mystery Timeblazr	Lacierva vs. Joe	Law & Order	American Chopper	'70s Show Quintuplets	Movie: "Free Willy" (1993,	Summerla nd (N) @	Live (N)	Elimidate 5th Wheel
10	:30	MacLaine,	The National	Haida Art Imprint	E	Law & Order	The Amazing Race 5	Cold Case Files @		The Outer Limits	Sports 🖾	Fries That? Mental Bl	Morales Boxing	The Amazing Race 5	American Hot Rod	CONTRACT OF A	Drama) Boy World	News 📧	Movie: "Two Golden	Osbourne Show
11	.20	Movie: "Baby Boom"	News III Sports Pg.	Planet Health	Charlie Rose (N)	News @ Tonight	News Late Show		News 📧 Nightline	News 📾	(11:03) Saturday Night Live	Weird My Family	SportsCen tre (Live)	News 🕮	How-Made How-Made		B. Leonard Smart Guy	() - Carlo and the second	Balls" (1994) Kim Cattrall.	Rockford Files

WEDNESDAY, JULY 21, 2004

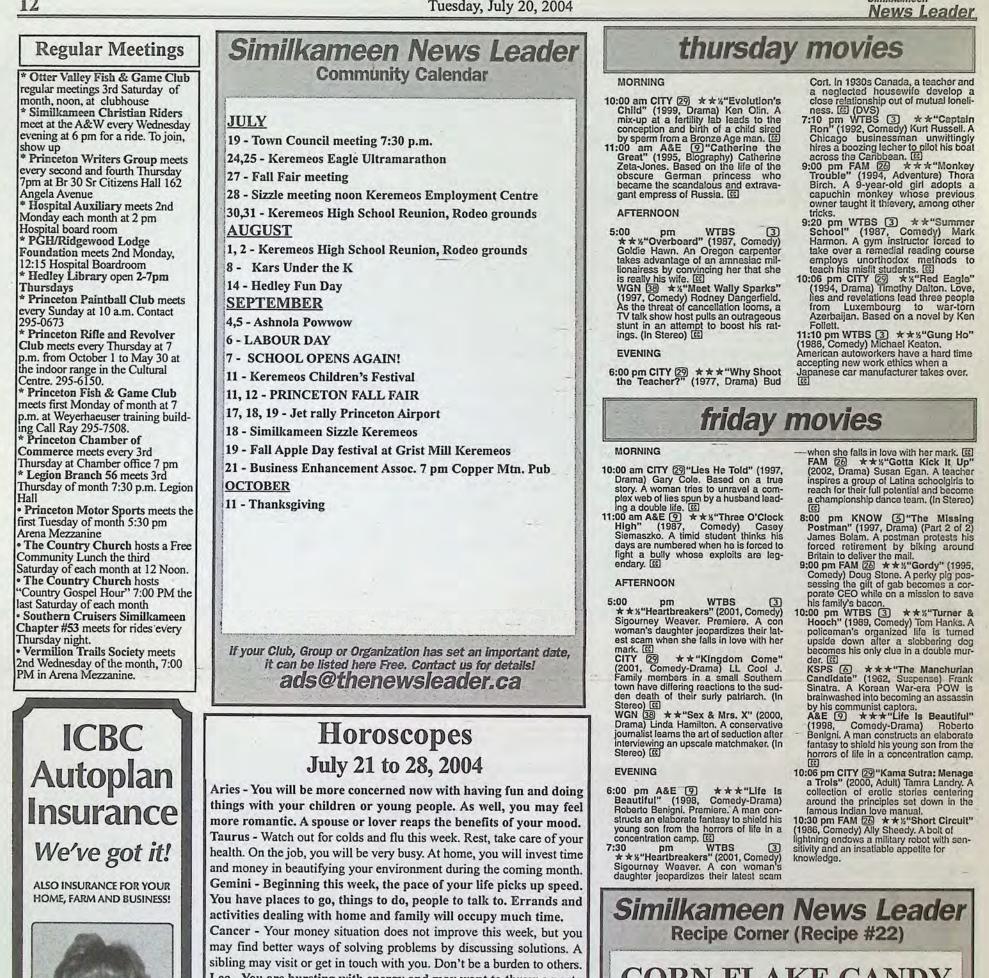
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	AM	and the second	News		George S.	News CC	News		(5:00) News		(5:00) News		SportsCen		Daily	GRC	Something		Maury (N)	Hillbillies
6	:30	Tess" (1994)	Gold Trails	-	Dragon			Cold"			(Live) 🕮	Stickin	tre 🖭	Canada	Planet @	Paid Prog.	Hoze		œ	Hap Days
- 1		Dawson's	Life Today	a second reason of the	Clifford	Today	The Early	Murder,	Good			George S.	SportsCen	AM छ	Champions		Mon Colle	News 🖽	CityLine	Matlock B
1	:30	Creek @	100	Magic Bus	Arthur (EI)	Sharon Stone:	Show C	She Wrote	Morning America			Fly Rhino	tre 🚾		Champions	Paid Prog.	Rangers		Œ	
0		Dawson's	Huntley Street (N)	BluesClues	Barney	Alan Kopit.		Third	G		100	D'Myna	SportsCen		American	Paid Prog.	Gadget	1	Seinfeld	In the Hea
8	:30	Creek @	Poko 🕮	HI-5 📧	Teletubbs	Œ		Watch "History"		1	Huntley Street (N)	Mona	tre 📼		Chopper	Paid Prog.	Dalmatian	1	Media.	of the Night
0	AM	Saved-Bell	Save-Ums!	Little Bear	Sesame		Discover	City	Regis and		World	Rupert	Off-Record		Daily	Fam. Feud	Franklin	Maury (N)	News @	Rockford
Э	:30	Cosby	Nanalan'	Bear	Street (EI)		Discover	Confidenti al (c)	Kelly	Huntley Street (N)	Vision	Care Bears	Bowling:	Kelly	Planet @	Fam. Feud	Pooh	Œ	City	Files
		Cosby	I. DI. LA me	Wumpa	Reading	Ellen	The Price	American	The View	World	Crossing	Monsters	10-Pin	The View	How-Made	Starting	JoJo	Jerry	Movie: "La	News 🖽
		Fresh Pr.	tore	The Hoobs	Lions	Show	Is Right 📼		(N) 🖭	Vision 🖭	MoneyWs	Monster	Bowling:	(N)	How-Made	Over (N)	Henrys	Springer (N) @	Bamba" (1987) Lou	
11	100		Hollywood		Caillou (EI)	A BREAK STOLEN OF A SUBSECT	Young and the		GRC	Crossing	News (Live) (Jacob	10-Pin	Balance-TV	Blue Realm @	Montel Williams	Chip-Dale	Jerry	Diamond Phillips.	In the Heat
		NEW -	Brown	Math Shop	and the second factor	M*A*S*H	Restless	Who Came		MoneyWs		Fly Rhino	Contraction of the second	Daily	nealin @	(CC)	Art Attack	Springer		Night
12		Harvey	News 🖽	Reach-Top	Dana (TT)	Shop	News	in From the Cold"	All My Children	News G	Days of Our Lives	SpongeBob	in the second	Balance-TV	Twenty	Perry Mason	Fillmore	Maury 🖭	CityLine	Street
	2001	Drew		Reach-Top		Shop	Bold & B.		(cc)		[75]	Hamtaro	and the second se	Bold & B.	Seven		GoofTroop			Street
1	100	Drew	Days of Our Lives	Thimbles	Painting	Days of Our Lives	As the World	Murder, She Wrote	One Life to	As the World	As the World	Care Bears		Vicki G.	Rocket	Justice	Teamo	Osbourne Show	Relic Hunter III	Cosby
	(AA234)	Home Imp.	(#)	Odysseys	Sewing	[33]	Turns	(3)		Turns	Turns	George S.	Canadian Strongman	Vicki G.	(CE)	Justice	Dalmatian		The second second	Cosby
-)	1000	Home Imp. Raymond	Judy Body	Artists Imprint (6)	Mr Rogers	Passions	Guiding Light III	Third Watch	General Hospital	Passions	Passions	Mona		General Hospital	Fear Fighters	Hughleys	Chip-Dale	Griffith	Maury (N)	Fresh Pr.
1000	100	Raymond	Coronatn	mpmit @	-	Brown		"History"	(cc) Martha	Voung and	Young and	D'Myna Cramp	Interruption Off-Record	[#]	Ultimates	Dharma Montel	House Timon	Griffith Static	News	Fresh Pr. Home Imp
(a)		Seinfeld	Starting	Dora	Arthur (EI) Libertys	Brown		City Confidenti	Stewart	the	the	Jacob	Sports	DI. FIII	G	Williams		Ozzy	(Live) I	Will-Grace
	1000	Seinfeld	Over (N)	George S.	Cyberchas	which is shared in the second	Oprah	al (0) American	Living Home Imp.	Restless Oprah	Restless News III	Beyblade	MLB	Friends	Daily	CC On Air	Weekend	Pokémon	Blind Date	Will-Grace
11		Friends	King	Babar @	Zoom (EI)	Judy	Winfrey @	and a second second second	News G	Winfrey @	News G	Yu-Gi-Oh!	Baseball:	Friends		Ryan	Recess	Pokémon	Friends	Home Imp
		Family Guy	Concernance -	Jakers	News	News (News	Biography	News 🖾	News 🖽	News III	The second second	Toronto Blue Jays	News G	Mysteries	Simpsons	Proud	Sabrina	Star Trek:	Movie:
165	1000	Family Guy		Creatures	Business		CBS News	"Catwoma	ABC News	Global	Global	Mystery	at New		Mysteries	CONCERCIONS OF	Lizzie	Fresh Pr.	Enterprise	"The Man
	-	Seinfeld	Will-Grace	CG Kids	News-	News III	News	Amer.	News G	News III	Train 48	SpongeBob	York Yankees.	News 🗊	Secrets III	Simpsons	All That	Raymond	Movie:	Who Kney Too Little
6	:30	Seinfeld	70s Show	Odysseys	Lehrer	Raymond	Hollywood	Justice			Entertain	Oddparent	(Live) 🗊			70s Show	So Raven	Will-Grace	"The Fan" (1996)	(1997)
	PM	Sex & City	Fortune	Reach-Top		Jeopardy!	Seinfeld	City	Entertain	Entertain	One Tree	Mystery	SportsCen	eTalk Daily	Mayday 📧	Will-Grace	Even	Friends	Robert De	
ų	:30	Sex & City	Jeopardy!	Imprint	Lodges- Canadian	Fortune	Friends	0 01 11	Drew	Train 48	Hill (N) 📼	Yvon	tre (Live)	Hollywood		70s Show	Radio Free	Raymond	Niro, Wesley	News at Nine
0	PM	Movie:	Witness	Surviving	1421: The	Next	60 Minutes	Crossing	My Wife	70s Show	'70s Show	Dragon		Canadian	Daily	A COMPANY OF A DESCRIPTION OF	Boy World		Snipes. (Becker
8	:30	"Analyze This"	"Gray Matter"	the Wild	Year China Discovere	Star (N)	Œ	Jordan 📧	My Wife	Girls Don't	Girls Don't	Dragon-Z	Boxing	Idol Top 10. III	Planet @	Quintuplets	Mentors	"Rush" 🖭	News 📧	Becker
0		(1999)	the fifth	Space Horizons	d America?	Law & Order III		Biography	Drew	One Tree	King	Mystery	Boxing:		Secrets @	and the second se	Movie: "Air		Jimmy	Elimidate
9	:30	Niro.	estate @	(15)	(N)		Two Men	"Catwoma	Drew	Hill (N) 🕮	Two Men	Radio	VS. Lavna	Simple		Method	Bud: World Pup"	Suspect"	Kimmel Live (N)	5th Wheel
		Movie: "Mr. Destiny"	The National	Cosmic Odyssey	Fight to Finish	Law & Order	48 Hours Investigate	Amer.	The	Gilmore	News 🖽	Fries That?		Law & Order	Mayday 📾	News	(2000)	News 🖽	(10:06) Movie:	Osbourne
	:30	(1990)	(1)	(13)		"Galiln"	8		Ultimate Love Test	Girls 🖾	Carden Carl	Constant of the second		"Galjin"		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Boy World		"The Fan"	Show
11	100	James Belushi. @	News 🖾	Undefende d Border	Charlie Rose (N)	News (News	City Confidenti	News 🖽	News 🖭	(11:03) Saturday			News 🖽	The respect of		B. Leonard	Contraction of the local distance of the loc	(1996) Robert De	Rockford Files
	:30	Serverin (1)	Sports Pg.	a bondor	(III)	Tonight	Late Show	al (Nightline	· · · · ·	Night Live	My Family		News 🖽	Mysteries	Just Shoot	Smart Guy	Will-Grace	Niro. (E)	rilea

12

Tuesday, July 20, 2004

Similkameen



CORN FLAKE CANDY (STOLEN FROM MOM'S COLLECTION)

> 2 cups brown sugar 1/2 cup milk 2 tbsp. corn syrup 2 tbsp. butter 6 cups corn flakes pinch of salt

Mix all ingredients - except corn flakes - in a sauce pan over medium heat until it turns to a 'taffy' consistency. Pour over corn flakes in a mixing bowl and toss around coating the corn flakes evenly. Spread mixture over a greased pan and let cool. Cut and eat!

If you have a favourite recipe you would like to share, contact us for details! 226A Bridge Street, Princeton

Leo - You are bursting with energy and may want to throw a party or be involved in major activity. Discussions about money will be surprising and unpredictable. Partner or spouse is not doing well. Virgo - A phase of your life comes to an end, and you begin to make some progress by taking action, running errands, and discussing how to solve problems. Partner is creative, encourage doing new things now. Libra - The burdens of career ease up now, and you can devote your time to planning. Your mind becomes very active, and a spirit of goodwill combined with determination can make plans real. Scorpio - Career matters are both fun and hard work this week. Continue to pay attention to finances, review mortgage, investments, insurance. This is a good week to start long-term planning. Organize! Sagittarius - Short trips will keep you very busy this week. Be cautious while driving. Communicate career plans, focus on information sources, and make a lot of contacts for greatest benefits. Capricorn - Your energy level improves, job matters go well, and you have trouble controlling money flow. Your public image improves through what you say. Be cautious while driving - check vehicle. Aquarius - Health matters and shared resources are your big concerns this week. Your health could improve in the near future. Partner or friend is busy but kind. Try to be open and honest. Pisces - Before this week is done, a lot of people will begin to confide in you or provide you with information you need. Pay close attention to what others tell you now. You will be busy with friends, partner, spouse.



Cathy Montgomery has the details!



THURSDAY, JULY 22, 2004

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM	A&E	KXLY 10	BCTV	CITV 12	YTV 1B	TSN 17	VTV (22)	DISC 24	FOX 41	FAM (26)	KTLA (27)	CITY	WGN
6 _{:3}	Inis	News Gold Trails	the second second	George S. Dragon	News 🖾	News	(5:00) "Catherine the Great"	(5:00) News @	News 🖭	(5:00) News (Live) (19)	Stickin	SportsCen tre III	Canada	Daily Planet (6)	GRC GRC	Something Hoze		Maury Paternity, (N)	Hillbillies Hap Days
7 :3		Life Today 100 Huntley	Magic Bus	Clifford Arthur (El)	Damon;	The Early Show ()	Murder, She Wrote	America			Fly Rhino	SportsCen tre 🖻	AM Œ	Blue Realm 📼	Libertys Pald Prog.	Rangers	News (16)	CityLine na	Matiock "The Idol"
8 .3	Creek @	Street (N) Poko @	BluesClues HI-5 Little Bear	Boohbah	Halle Berry; "It's Cojotime."		Third Watch @	œ		Huntley Street (N)	D'Myna Mona	SportsCen tre @	=	Mayday 📼	Paid Prog. GRC	Gadget Dalmatian		Seinfeld MovieTV	In the Heat of the Night
9 _{:3}	Cosby	Nanalan' The Price	Bear Wumpa	Sesame Street (EI)		Discover	City Confidenti al	Kelly	100 Huntley Street (N)	Klondike Days Parade	De la companya	Off-Record Bowling: 10-Pin	Regis and Kelly	Daily Planet @	Fam. Feud Fam. Feud	Franklin Pooh	11441	News III City	Rockford Files
10 _{:3}	Baseball: Pittsburgh	In Diable m	The Hoobs	Reading Lions	Show	The Price Is Right @	Gacy	The View (N) IEI	World Vision 📧	(Live)	Monsters Monster	Golf	The View (N) @	Mysteries Mysteries	Levi	Henrys	Springer (N) (III)	Movie: "Evolution 's Child"	News (C)
77 :31 PA	Atlanta Braves,	Brown News (G)	Japanese Water Home Biz	Caillou (El) Sit-Be Fit Charlie	M*A*S*H Shop	Young and the Restless News	"Catherine the Great"	Paid Prog. Paid Prog.	Crossing MoneyWs	News (Live) @	Jacob Fly Rhino	Golf: Senior British	Balance-TV Daily	Language of Wolves	Montel Williams (N)	Chip-Dale Art Attack	(11)	(1999) Ken Olin. (8)	(11:10) MLB Baseball: Cincinnati
12 :3	1	Days of	Health	Deen TO	Shop	Bold & B. As the	(1995) @	All My Children	News (Days of Our Lives	Hamtaro	Open – First Round.	Balance-TV Bold & B.	Moments in Time @	Perry Mason	Fillmore Goof Troop			Reds at Chicago Cubs.
1 :3	Home Imp	Our Lives	Small Spc Designer	Sews Mr Rogers	Our Lives	World Turns Gulding	Murder, She Wrote (@) Third		World Turns	As the World Turns Passions	Care Bears George S.	PGA Golf: U.S. Bank Champion	Vicki G. Vicki G.	Secrets @	Justice Justice	Teamo Dalmatian		Relic Hunter 00	(Live) III
2 :3	Raymond	Body Coronatn	Gardener's	Dragon		Light I	Watch City	General Hospital (6) Martha	Passions	the second s	D'Myna	ship in Milwaukee Off-Record	[29]	Mayday 📼	Hughleys Dharma Montel	Chip-Dale House Timon	Griffith	Maury Paternity. (N) News	Inning Fresh Pr.
3 ;3	Seinfeld	Starting Over (N)	Dora George S.	Libertys Cyberchas	Brown	Oprah		Stewart Living	the Restless	the Restless News (E)	Jacob	Sports Night-	Friends	Beyond Invention Daily	Williams		Ozzy	(Live) 💷	Home Imp. Will-Grace Will-Grace
4 :3	Friends	Still News (C)	Babar (E) Paddington	COLUMN STREET	Judy News (E)	Winfrey I		Home Imp. News (E)	Oprah Winfrey @	News 🖾	Beyblade Yu-Gi-Oh!	Fights	Friends	Planet @	On Air Ryan	Recess	Pokémon	Blind Date Friends	Home Imp.
5 _{:3}	"Overboar d" (1987) Goldie	Will-Grace	Creatures	274 M.C.	NBC News	CBS News News	Files @	ABC News	News 🖾 Global	News () Global	Mystery	Pregame CFL Football:	News @	Test Flights @	Simpsons King of Hill	Proud Lizzie	Fresh Pr.	BeastMast er "Seer"	Movie: "Meet Wally
6 :3	Hawn De	'70s Show	Flavors Reach-Top	Lehrer	Raymond	Hollywood Seinfeld	Washinste	News III	News 🖾	Train 48 Entertain	SpongeBob Neutron	B.C. Lions at Winnipeg		Test Flights @	Simpsons 70s Show	So Raven	Raymond Will-Grace	Movie: "Why Shoot the	Sparks" (1997) (63)
7 :3	"Cantain	Jeopardyl	Journal Lives-	ngel @	Jeopardy! Fortune Scrubs	Friends	Washingto n Wives (N) @	Drew	Entertain Train 48	Friends @	Constant and the second		eTalk Daily Hollywood	Flights @	Will-Grace 70s Show		Friends Raymond	Teacher?" (1977, Drama)	WGN News at Nine
8 :3	Russell, Martin	Moon Rising"		Marple	Scrubs	Big Brother 5 (tt)	Cald Case	Whose? Whose?	Friends @	Brother 5	Dragon Dragon-Z	SportsCen tre (Live)	Corner Gas	Daily Planet @	North Shore @	Mentors	Reba 💷 Reba 😳	NewMusic	Becker Becker
9 :3	Movie: "Summer	Stargate SG-1	From Home	Angle (N)	Scrubs Scrubs	CSI: Crime Scn	Files @	Primetime Thursday "The Stair	Will-Grace Will-Grace	Reba 💷	and the second	(t) PGA Golf: U.S. Bank		Flights @	Tru Calling "Two Pair"	Movie: "Monkey Trouble"	Studio 7 (N) @	Kimmel Live (N)	Elimidate 5th Wheel
	School" (1987)	The National	Stories		Normal"	Without a Trace (E)		œ	Without a Trace @	Sports @		Champion ship	"Joel Gideon"	Test Flights @		Boy World		"Red Eagle"	Osbourne Show
11 :3	(Movie: Gung Ho'	News 📧 Sports Pg.	Tribe of His Own	Charile Rose (N)	News 📾 Tonight	News Late Show	Washingto n Wives (@)	News @ Nightline	News 🖭	Saturday	Weird My Family	SportsCen tre (Live)	News 🖭	Test Flights @	Becker Just Shoot	B. Leonard Smart Guy	1		Rockford Files

FRIDAY, JULY 23, 2004

		WTBS 3	CHBC (4)	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY 10	BCTV	CITV 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM (26)	KTLA 27	CITY 29	WGN 38
1	AM	Movie:	News	(Off Alr)	George S.	News [6]	News	"Three	(5:00) News	a strategy and	(5:00) News	and the second se	SportsCen	News (G)	Daily	Paid Prog.			Maury (N)	Hillbillies
6	:30	"Captain	Gold Trails		Dragon			O'Clock	Œ		(Live) @	Stickin	tre 🖭	Canada	Planet @	Paid Prog.	Hoze		((()	Hap Days
	201	Ron" Dawson's			Clifford	Today The	The Early	High" Murder,	Good	11		George S.	SportsCen	AM G	Language	Libertys	Mon Colle	News TE	CityLine	Matlock
7	:30	Creek 📖	100	printing and	Arthur (El)	Corrs;	Show @	She Wrote	Morning			Fly Rhino	tre @	1000	of Wolves	Paid Prog.	Rangers	inena les	Œ	"The Idol"
		Dawson's	Huntley	BluesClues		Frances Conroy. @		(cc) Third	America		100	D'Myna	SportsCen		Secrets @	Paid Prog.	Gadget		Seinfeld	(C) In the Heat
8	:30	Creek 🖾	Street (N) Poko @	HI-5 G	Teletubbs	oomoy. a		Watch @	CEU .		Huntley	Mona	tre 🕮		Secrets (1)	Paid Prog.	Dalmatian		Review	of the
152.00		Saved-Bell			Sesame		Discover	City	Regis and	100	Street (N) World		OH Desert	Denis and	Daily		The All States	Mours (NI)	The Court of the I	Night Rockford
9		Fresh Pr.	Nanalan'	Bear	Street (EI)		Discover		Kelly	Huntley	Vision:	Rupert	I CALL MARKS MARK	Regis and Kelly	Daily Planet G	Fam. Feud Fam. Feud		Maury (N)	News I	Files
		Fresh Pr.	The Price	1997 March 1997	Reading	Ellen	The Price	al [tt]	The Weens	Street (N)	Orphans	Care Bears	Bowling: 10 Pin	-				1	City	No.
10		Fresh Pr.	Is Right @	The Hoobs		DeGeneres		Amer. Justice	The View	World Vision @	Crossing	Monsters		The View	Fear Fighters	Starting Over (N)	JoJo	Jerry Springer	Movie: "Lies He	News 🖽
	_				LIUNS	Show		Mauday	Deld Dese	0	MoneyWs	Monster	Equestrian		11	[3]	Henrys	(N) (#	Told"	
11		Fresh Pr.		Living Hist	A COLUMN TO A COLUMN	Frasier	Young and the	"Three	1	Crossing	News (Live) (C)	Jacob	Golf: Senior	Balance-TV	Beyond	Montel Williams	Chip-Dale	Jerry Springer	(1997) Gary Cole.	In the Heat of the
		Harvey	Total Home		A CONTRACTOR OF	M*A*S*H	Restless	O'Clock		MoneyWs		Fly Rhino	British	Daily	[13]	[1]	Art Attack	[13]	[39]	Night
12		Harvey	News 🕮	Parks	Charlie Rose 📧	Shop ·	News	High" (1987) @	All My Children	News 🖾	Days of Our Lives	SpongeBob	Open - Second	Balance-TV	Flights G	Perry Mason	Fillmore!	Maury Updates.	CityLine	Street
I Ges	:30	Drew	-	Westland		Shop	Bold & B.		[33]	la include	[47]	Hamtaro	Round.	Bold & B.			GoofTroop	(ff)	T. com	Street
1	PM	100000000	Days of Our Lives	Home	Watercolor	Days of Our Lives	As the World	Murder, She Wrote	One Life to	As the World	As the World	Harry Course	PGA Golf: U.S. Bank	Vicki G.	Flights G	Justice	Teamo	Osbourne Show	Relic Hunter III	Cosby
	:30	Home Imp.	(3)	Pan Asia	Quilt	(7)	Turns	[#]		Turns	Turns	George S.	Champion	Vicki G.	Fights the	Justice	Dalmatian	SHOW	numer m	Cosby
2			Judy	Gaslight	1.000	Passions	Guilding Light @	Third Watch 🖭	General Hospital	Passions	Passions	Mona	ship in	General	Test	Hughleys	Chip-Dale	Griffith	Maury (N)	Fresh Pr.
4	:30	Raymond	Body	Avventura "Maremma	Dragon	1			(III)	Œ	G	D'Myna	Milwaukee	C	Flights @	Dharma	House	Griffith	Œ	Fresh Pr.
3	PM	Raymond	Autoshop	naichana	Arthur (EI)	Brown	Dr. Phil	City	Martha		Young and	Cramp	Off-Record		Forensic	Montel	Timon	Static	News	Home Imp.
0		Seinfeld	Starting	Dora	Libertys	Brown		Confidenti al (63)	Stewart Living	the Restless	the Restless	Jacob	Sports		Factor: Nature	Williams	Lilo Stitch	Ozzy	(Live) @	Will-Grace
A	PM	Seinfeld	Over (N)	George S.	Cyber	Judy	Oprah	Amer.	Home Imp.	Oprah	News 🖻	Beyblade	Pregame	Friends	Time	On Air	Weekend	Pokémon	Blind Date	Will-Grace
4;	:30	Friends	Reba 🖾	Babar 🖾	Zoom (El)	Judy	Winfrey @	Justice	News 🖽	Winfrey @	News 🖽	Yu-Gi-Oh!	CFL	Friends	Wildness	Ryan	Recess	Pokémon	Friends	Home Imp.
E	PM	Movie:	News 🕮	Jakers	News	News III	News	Nazi's	News 📼	News 📾	News 🖽	Oddparent	Football: Montreal	News 📾	Super	Simpsons	Proud	Sabrina	Movie:	Movie:
9	:30	"Heartbrea kers"		Creatures	Business	NBC News	CBS News	Secret	ABC News	Global	Global	Mystery	Alouettes	1	Ships @	King of Hill	Lizzie	Fresh Pr.	"Kingdom Come"	"Sex & Mrs. X"
C		(2001)	Will-Grace	Ports to	News-	News @	News	Movie:	News 🖾	News 📖	Klondike	SpongeBob	at Hamilton	News 🖽	Frontiers	Simpsons	Amanda	Raymond	(2001) LL	(2000)
0	:30	Sigourney Weaver.	70s Show	Pan Asla	Lehrer	Raymond	Hollywood	"Life Is Beautiful"			Days Parade	Transform	Tiger-Cats.		of	70s Show	Even	Will-Grace	Cool J. I	Linda Hamilton,
	PM	Premiere.	Fortune	Gaslight	Europe	Jeopardy!	Seinfeld	(1998)	Entertain	Entertain	unuuu	Yu-Gi-Oh!	(Live)	eTalk Daily	MythBuste	Will-Grace	Teen Angel	Friends	Relic	WGN
1	:30	Movie:	Jeopardy!	Avventura	McLaughlin	Fortune	Friends	Roberto Benigni.	Drew	Raymond		Zixx	SportsCen	Hollywood	rs (III)	70s Show	Movie:	Raymond	Hunter 🖻	News at Nine
	PM	"Heartbrea kers"	Air Farce	Movie:	Wash Wk	Dateline	Joan of	Premiere.	Lopez	Simpsons	Las Vegas	Dragon	tre (Live)	Joan of	Forensic	Bernie Mac	"Gotta Kick It Up"	What I Like	News (E)	Becker
8	:30	(2001)	22 Minutes	"The Missing	Wall	NBC I	Arcadia "Pilot"	Justice	Married	Malcolm	œ	Dragon-Z	TEL	Arcadia "Pilot"	Factor: Nature	Method	(2002)	Grounded	Night Party	Becker
1	PM	Sigourney Weaver.	Just for	Postman"	Now With		JAG	Nazi's	Норе	The Jury	Zoe	Dragonball	PGA Golf:	Degrassi	Frontiers	The Jury	Movie:	Reba 🖽		Elimidate
9	:30	weaver. Co	Laughs	Gwaii	BIII Movers		"Persian Gulf"	Secret	Life-Bonnie	"Pilot" (N)	Busiek:	Spider-Man	U.S. Bank	Degrassi	of	"Pilot" (N)	"Gordy"	Reba 🗊	Kimmel	5th Wheel
	PM	Movle:	The	Darling		Las Vegas		Movie:	20/20 @	20/20 @	Wild Card News (60)		Champion ship in	Law &	MythBuste	News	(1995) Doug Stone.	News 🖽	LIVE (N)	Osbourne
10	:30	"Turner &	National	Buds of	"The		œ	"Life Is		100 M 100 M	A designed of the second	A REAL PROPERTY OF A REAL PROPER	Milwaukee	Order	rs 🖭	Will-Grace	Movie:		"Kama	Show
		Hooch" (1989) Tom	News (c)	May Wycliffe	Manchuria n	News @	News	Beautiful" (1998)	News 🖽	News ((11:03)		SportsCen	"City Hall" News (c)	Super	Becker	"Short	Friends	Sutra: Menage a	Rockford
11	:30	Hanks.	Sports Pg.	"Strangers	Candidate	Tonight	Late Show	Roberto	Nightline		Saturday	ReBoot	tre (Live)	News (6)	Ships @	Just Shoot	Circuit" (1986)	Will-Grace	Trois"	Files
			-barran St		" (1952)			Benlani.	inginanio		Night Live	100001	[6]	none m		and onoul	(1900)	war-drace	(2000)	

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Tuesday, July 20, 2004

Similkameen News Leader

saturday movies

MORNING

14

- 7:15 am WTBS ③ ★★%"King Ralph" (1991, Comedy) John Goodman. The future of Britain's monarchy is in a Las Vegas lounge lizard's hands when an accident wipes out the royal family. (£) 9:15 am WTBS ③ ★★%"Mickey Blue Eyes" (1999, Comedy) (PA) Hugh Grant. An awkward British auctioneer tries to feel like one of the family when he becomes engaged to a mobster's daughter. (£)
- 11:00 am WGN 38 ★★"Harlem Nights" (1989, Comedy-Drama) Eddie Murphy. The owners of an elegant 1930s nightclub are pitted against a local gangster threaten-ing to move in on their business. (In Stereo)
- Stereo) 11:30 am WTBS ③ ★★%"Sugar & Spice" (2001, Comedy) Marley Shelton. Members of a cheerlead-ing squad decide to rob a bank to raise some quick cash for a preg-control ophort nant cohort.

- 12:00 pm FAM 26 *"The Stupids" (1996, Comedy) Tom Arnold. The head of a dimwitted suburban fami-ly stumbles onto a secret plot involving arms sales to internation-al terrorists.
- al terrorists. [E] 1:00 pm WTBS [3] * * %"Turner & Hooch" (1989, Comedy) Tom Hanks. A policeman's organized life is turned upside down after a slob-bering dog becomes his only clue in a double murder. [E] CITY [29] * * "Kingdom Come" (2001, Comedy-Drama) LL Cool J. Family members in a small Southern town have differing reac-tions to the sudden death of their
- 1:34
- Southern town have differing reac-tions to the sudden death of their surly patriarch. (In Stereo) (II) :34 pm FAM (26) ** 4 "Tru Confessions" (2002, Drama) Clara Bryant. A teenager gets clos-er to her developmentally disabled win while producing a document

- series of robberies. 4:00 pm YTV [B] * "Pokémon: Mewtwo Returns" (2000, Adventure) Voices of Veronica Taylor. Animated. Mewtwo estab-

Taylor. Animated. Mewtwo estab-lishes a haven for cloned Pokémon like himself. (E) 5:00 pm WTBS (3) **"Rat Race" (2001, Comedy) Rowan Atkinson. A casino owner sends assorted vacationers dashing toward New Mexico to retrieve a bag stuffed with cash. (E) KTLA(27) **"Iron Eagle II" (1988, Adventure) Louis Gossett Jr. A general is assigned the task of (1988, Adventure) Louis Gossett Jr. A general is assigned the task of organizing an American-Soviet air strike against a Middle Eastern mis-sile silo. (In Stereo) [E] CITY [29] $\star \star$ ""Unbreakable" (2000, Suspense) Bruce Willis. A man with a rare bone disease insists that a disbelieving train-crash survivor is a near-invulnera-ble superhero. (In Stereo) [E]

EVENING

7:15 pm WTBS ③ ★★"Sister Act 2: Back in the Habit" (1993, Comedy) Whoopi Goldberg. Lounge singer Deloris and her nun friends try to turn neighborhood youths into a choir to save a school trom design

Run" (2000, Comedy) Voices of Mel Gibson. Animated. A plucky hen hatches a scheme to liv the coop before she and her flock are turned into chicken pies. (In Stereo)

KXLY (10) ***%"Unbreakable" (2000, Suspense) Bruce Willis. A man with a rare bone disease insists that a disbelieving train-crash survivor is a near-invulnera-ble superhero. (In Stereo) (E) KTLA(27) ***"Navy SEALS" (1990, Adventure) Charlie Sheen. An elite combat unit battles Arab terrorists who have commandeered a shipment of deadly Stinger mis-siles. KXLY 10

8:30 pm WGN 38 **"Harlem Nights" (1989, Comedy-Drama) Eddie Murphy. The owners of an elegant 1930s nightclub are pitted against a local gangster threaten-ing to move in on their business. (In

ing to move in on their business. (In Stereo) 9:00 pm YTV [B] ***"Edward Scissorhands" (1990, Fantasy) Johnny Depp. A deceased inven-tor's unfinished creation becomes the center of suburban attention. Directed by Tim Burton. FAM [26] *%"Walk Like a Man" (1987, Comedy) Howie Mandel. A man raised by wolves returns to civilization, where greedy relatives are pawing at his inheritance.

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12.00 PM

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CITY 29 *** "Unbreakable" (2000, Suspense) Bruce Willis. A man with a rare bone disease insists that a disbelleving train-crash survivor is a near-invulnera-ble superhero. (In Stereo) (E) 9:15 pm WTBS (3 *** "Beverly Hills Cop II" (1987, Comedy) (PA) Eddie Murphy. Axel Foley returns to California when his friend is critical-ly wounded while investigating a series of robberies. (E) 10:45 pm FAM (26) *** * "Hannah and Her

Series of robustles. In FAM (26) **** "Hannah and Her Sisters" (1986, Comedy) Mia Farrow. Three Academy Awards went to Woody Allen's seriocomic portrait of two years in the lives of three Manhattan siblings. (In Storag) 10:45 Stereo)

11:15 pm WTBS 3 **** 4 "National Lampoon's Animal House" (1978, Comedy) John Belushi. In the early 1960s. the repulsive Delta House frat brothers battle the suave Omega

House and the college dean. (2) House and the college dean. (2) 11:30 pm CITY (29) ** "Stranger In the House" (1997, Suspense) Michele Greene. A jewel thief crosses paths with a murderous husband and an insurance adjuster when he comes to rationa big lost comes to retrieve his loot.

SAR ROAD

TUESDAY WEDNESDAY THERSDAY FRIDAY

AFTERNOON

MORNING

7:45 am WTBS 3 * * "Rat Race" (2001, Comedy) Rowan Atkinson. A casino owner sends assorted vaca-

tioners dashing toward New Mexico to retrieve a bag stuffed with cash.

8:00 am WGN 38 **%"The Man Who Knew Too Little" (1997, Comedy) Bill Murray. A tourist in London wrongly believes that the spies and assassins in his path are

part of an elaborate game. (In Stereo) [ff]

9:00 am A&E 9 * * % "My Brother's Wife" (1989, Comedy) John Ritter. A man spends 27 years

chasing the woman of his dreams, despite the fact that she is married

to his brother. (E) 10:00 am FOX (25) **%"Tequila Sunrise" (1988, Drama) Mel Gibson. A federal agent insists that an L.A. detective use his friendship with an exclusion double to the the

with an ex-drug dealer to trap a Colombian smuggler. 11:00 am A&E (9) ** * "Fail Safe" (2000, Suspense) George Clooney. World War III looms when a comput-

ef to her developmentany disabled twin while producing a documen-tary about him. (In Stereo) 3:00 pm WTBS 3 ★ ★ 2"Beverly Hills Cop II" (1987, Comedy) (PA) Eddie Murphy. Axel Foley returns to California when his friend is critical-by wounded while investigating a ly wounded while investigating a Similkameen News Leader

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sunday movies

AFTERNOON

from closing. CC 8:00 pm KHQ (7) ****Chicken LEGEND TO THE TV LISTINGS Summer Months July - August "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Normal Months code. Off Peak WHITE BACKGROUND P.A.S.S. On Peak Energy Management Pelack Background Services 2j **Princeton Light & Power** 231 Bridge Street, Princeton Phone (250) 295-3244 Fax (250) 295-3611

- KTLA② ★★%"The Naked Gun 2 1/2: The Smell of Fear" (1991, Comedy) Leslie Nielsen. Lt. Frank Drebin creates chaos on Capitol Hill when an evil industrialist kidnaps the
- by the initial of the initi have a younger brother, and awak-ens to find that it has come true. (In Stereo) [CC]

mouse as a little brother for their son.

**% "Heartbreakers" (2001, Comedy) Sigourney Weaver. A con woman's daughter jeopardizes their latest scam when she falls in love with her mark. [6] 5:00

EVENING

6:00 pm CITY 29 "Murder on the Orient Express" (2001, Mystery) Alfred Molina. Hercule Poirot attempts to deduce which passen-ger aboard the famous train killed a much-hated American business-man. (In Stereo) 🖾 (DVS)

30 pm WTBS 7:30 (2001,

* * % "Heartbreakers" (2001, Comedy) Sigourney Weaver. A con woman's daughter jeopardizes their latest scam when she falls in love with her mark. [E]
8:00 pm CHBC (4) * * "Pearl Harbor" (2001, Drama) (Part 1 of 2) Ben Affleck. Two pilots and lifelong friends put their differences aside after the Japanese launch a surprise

after the Japanese launch a surprise attack against the U.S. (E) 9:00 pm KREM [3]"Murder on the Orient Express" (2001, Mystery) Alfred Molina. Hercule Poirot attempts to deduce which passen-ger aboard the famous train killed a

much-hated American business-man. (In Stereo) ((DVS) FAM (+ + + Bull Durham" (1988, Comedy-Drama) Kevin Costner. Premiere. A romantic trian-gle develops among a minor-league catcher a brach young nitcher and a catcher, a brash young pitcher and a self-styled baseball groupie. (In Stereo

9:30 pm CITY 29 * * "Stranger in the House" (1997, Suspense) Michele Greene. A jewel thief cross-es paths with a murderous husband and an insurance adjuster when he

- and an insufance adjuster when he comes to retrieve his loot. 10:00 pm WTBS ③ ★ ½"Two If by Sea" (1996, Comedy) Denis Leary. A thief and his girlfriend attempt to iron out their volatile relationship while until to unclear to unclear
- Iron out their volatile relationship while waiting to unload a stolen painting. (E)
 10:48 pm FAM (E) ** "The Gun in Betty Lou's Handbag" (1992, Drama) Penelope Ann Miller. A mousy librarian's decision to spice up her life with a found murder weapon puts a sadistic killer on her trail. (In Stereo) (E)
 11:30 pm CITY (2) ** ** "Mr. Holland's Opus" (1995, Drama) Richard Dreyfuss. A music instructor's failed dreams of composing are replaced by the many joys of a 30-year high-school teaching career. (E)





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er error sends U.S. fighter planes on a mission to drop nuclear warheads on Moscow. 12:00 pm FOX 25 **%"Navy SEALS" (1990, Adventure) Charlie Sheen. An elite combat unit battles Arab terrorists who have comman-deered a shipment of deadly Stinger

- Stereo) [E] 2:00 pm VTV [2] "Nuremberg" (2000, Drama) (Part 2 of 2) Alec Baldwin. Following the fall of the Third Reich, 21 high-ranking Nazis are put on trial for war crimes. (In Stereo) [E] 3:00 pm WTBS [3] * "Sister Act 2: Back in the Habit" (1993, Comedy) Whoopi Goldberg. Lounge singer Deloris and her nun friends try to turn neiohborhood youths into

try to turn neighborhood youths into a choir to save a school from clos-ing. [3] KTLA[27] * * * "Airplane!" (1980, Comedy) Robert Hays. A poundic former war pilot is precedent (1980, Comedy) Robert Hays. A neurotic former war pilot is pressed into service when an airliner's crew

SATURDAY, JULY 24, 2004

	-	WTBS 3	CHBC (4)	KNOW	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV (12)	YTV	TSN	VTV 22	DISC	FOX 41	FAM (23)	KTLA [27]	CITY	WGN 38
-	AM		News	(Off Air)	Globe	Today	Saturday	Movie:	Good	Real Kids	Heart City	Uh Oh!	SportsCan	OWLITY	Language	Cosby IE	Ripley	Paid Prog.	Indo	Paid Prog.
6	:30	Mighty D."	Gadget		Trekker 🖽	Bryan Adams,	Early Show	"The	Morning	Prairie	Fish'n	Monster	tre 💷	Kingdom	of Wolves	Cosby (E)	Rangers	Paid Prog.	Dharti	Paid Prog.
7	AM		Prairie	Mechanics	MotorWeek		Arnold	Innocent" Old House	Northwest Saturday	News (News	Beasties	Fishing	Katie-Orbie	Test	Winx Club	Rangers	Jackie	Eye on	Paid Prog.
1	:30	"King Ralph"	Fish'n	Hi-5 🔞	Fly Tying		ChalkZone	Old House	6		(Live) 📼	Medabots	Motoring	Leaps	Flights @	Sonic X	Lizzle	Mucha	Asla (In Hindi)	Paid Prog.
0	AM	(1991) John	Autoshop	BluesClues	Router		Grown Up	Ask This	Lilo Stitch			Yu-GI-Oh!	Motorcycle	Good	Test	Shaman	Radio Free	Titans	Polish	Paid Prog.
0	:30	Goodman.	Total Home	Magic Bus	Hometime		Garcia	Sell House	Recess (EI)			Transform	M'cycles	Morning Canada 📧	Flights III	Turtles	Amanda	Xiaolin	Studio	Walgreens
0	AM	Movie:	POV Sport	Zoboo	Workshop	17	Discover	Makeover	Fillmore		Body	Jackie	Boxing:	Valiaua 191	Blue Realm	Sonic X	All That	Pokémon	Arts	Soul Train
9	:30	"Mickey Blue	Sports	Madeline	Old House	1	Discover	Makeover	Proud	1	Ag Vision	Duel	Juan Diaz vs. Lavka		"Tentacles"	Winx Club	Even	Static	CityLine	
10	AM		Olympic	Little Bear	Ask This	Shark	Extra (N)	Washingto	Lizzie	Pet Guys	Popstars	Titans	Sim.	Daily	Exhibit A	The Menu	So Raven	Yu-Gi-Oh!	(0)	Fresh Pr.
10	:30	(1999) (PA) Hugh	Cayssey	Bear	Americas	Shop		n Wives	So Raven	Popstars	B	X Men		Planet 00	Exhibit A	Kirby	Boy World	MegaMan	Chum	Fresh Pr.
11	AM	Grant. @	Canoeing: World Cup	Macphee	Barbecue	Shop	Discover		Rangers	œ	Tastel 🐨	Yu-Gi-Oh!	Golf:	Animal	Forensic	Paid Prog.	Teen Angel	Libertys	Chart (11)	Movie:
11	:30	Movie: "Sugar &		Quilting	Graham	ATP	Discover		Inside Stuff	World Vsn	Pet Guys	Pokémon	Senior British	Parade (R)	Factor: Nature	Baseball	You Wish	Wild Am.	NewMusic	"Harlem Nights"
12	PM	Spice"	World Cup Mountain	Thimbles	Garden	INCA	PGA Golf: U.S. Bank	Detective Beat (6)	Direct Buy	News 🖽	Teens	Pokémon	Open	Life of a	The FBI	MLB	Movie:	Soul Train	Fashion	(1989)
14	:30	(2001)	Biking	Planet	Garden	Champion	Champion	Deat (19	Pald Prog.		Ride Guide	Digimon	TSN Profile	City (G)	Files (c)	Baseball: Cubs at	"The Stupids"		Review	Eddie Murphy.
1	PM	Movie: "Turner &	(Taped)	Health	Painting	Seminals.	ship in Milwaukee	Parole Board	Blade	Teens -	Wakestock	Top 10	MLB Baseball:	Eagle	American	Phillies, Yankees at	(1996) 🖽	BeastMast	Movie: "Kingdom	Mutant X "In
	:30	Hooch"	Track and Field:	Designer	Find! ©	AVP Volleyball	- Third	"Illinois"	Big Hurt	Ride Guide	Mtn. Biking		Tampa Bay	First Story	Chopper (3)	Red Sox	Movie: "Tru	er 🔟	Come"	Between"
2	PM	(1989) Tom Hanks.	IAAF	Gaslight	Plano Guy	voncyban	Round. @	Investigati ve Reports		Wakestock	A CARLES AND A CARLES	Zodiac	Devil Rays at Toronto	Balance-TV	Hat Dad	or Giants at	Confessio	The Lost World (c)	(2001) LL Cool J. (6)	Andromed a (@)
-	:30			Avventura	Healthy					Mtn. Biking	-	Beasties	Blue Jays.	Balance-TV	[33]	Cardinals	ns" (2002)			
3	PM	Movie: "Beverly	My Boat	Creatures	Field Guide		Discover	Investigati ve Reports		Will-Grace	70s Show		(Live) @	Mysterious Ways @		Paid Prog.	Smart Guy	Mutant X "The	News 🖽	Home Imp.
	:30	Hills Cop	Pregame CFL	Dora	Great Cars	The second cards	Discover		British	Will-Grace	70s Show	Astro Boy				Paid Prog.	Lilo Stitch	Breed"	FashionTel	Cosby
4	:30		Football:	Art Attack CG Kids	Train	Trading	The West Wing IE	City Confidenti	Open	Just Shoot		Movie: "Pokémon:	Sports	Charmed	Thrill Rides	The Outer Limits @	Proud	Andromed a @	MovieTV	MLB Baseball:
	PM	Movie:	Saskatche wan	the second s	Travels Dinah	Skunked		al	and the second second		Simpsons	Mewtwo	Boxing				Fillmore		StarTV	Detroit
5	:30	"Rat Race"	Roughride	George S. Babar (cc)	Shore	News NBC News	News CBS News	Amer. Justice		Simpsons	News C	Returns" (2000) @	Boxing: Jorge	Charmed ©	Monster House (ff)	She Spies "Love	Lizzie So Raven	Movie: "Iron Eagle	Movie: "Unbreaka	Tigers at Chicago
	PM	(2001) Rowan	rs at Calgary	Parks	Lawrence	News	News	Cold Case		Simpsons News (III)	Champ	Zhox	Lacierva vs. Joe	News III	Hanctor	Kills" Simpsons	Teen Angel	II" (1988)		White Sox.
6	:30	Atkinson.	Stampeder	Undersea	Welk	Contraction and	Hollywood	Files 🖾	Ebert	News LE	Car	Freaky	Morales	News LL	Monster Garage @	Just Shoot	Radio Free	Louis Gossett	Bruce Willis,	(Live) 🖾
	PM	Movie:	S. IC Doc	National	Show Summer		King	City	Entertainm	Champ	Racing Mountain	Yvon	SportsCen	W-Five-	American	Just Shoot	10.000	Jr Friends	Samuel L. Jackson.	WGN
7	:30	"Sister Act	"Nobody"	Geographi	Burns	a 🖽	Friends	Confidenti	ent	Car	Biking-	Fries That?	tre (Live)	Raising	Chopper	70s Show	King @	Raymond	(II)	News at
-	PM		(N) Stargate	c Heartbeat	Evening at	Movie:	The	al (cc) First 48		Racing Mountain	History Taste	Mystery	(CC)	Rover Sue	American	Cops (N)	Honey	Movie:	News (Nine Fresh Pr.
8	:30	(1993)	SG-1 "Hathor"	Œ	Pops 💷	"Chicken	Amazing	1 212-12	"Unbreaka	Biking-	Antique	Girlz TV	Mixed	Thomas:	Hot Rod	Cops E	Afraid?	"Navy	SexTV (Movie:
-	PM		Stargate	Maigret	Sissel-	Run" (2000), Julia	Race 5 Without a	Amer.	ble" (2000) Bruce	Zoe	Las Vegas		Martial	F.B.Eye Comedy	Monster	America's	Movie:	SEALS" (1990)	Movie:	"Harlem
9	:30	Movie: "Beverly	SG-1		Concert	Sawalha 🖾	Trace @	Justice	Willis, Samuel L.	Busiek: Wild Card	œ	"Edward Scissorha	Arts: Ultimate	Now	Garage 🖽	Most Wanted	"Walk Like a Man"	Charlie Sheen.	"Unbreaka ble" (2000,	Nights" (1989)
10	PM	Hills Cop	Navy NCIS	Brideshea	Red Green	Law Order	Without a	Cold Case	Jackson.	Andromed		nds"	Fighting	Eleventh	American		(1987)	News [6]	Suspense)	Eddle Murphy.
10	:30	II" (1987) (PA) @	E	d Revisited	Blckadder	CI	Trace @	Files III	œ	a @ (DVS)	Limits @	(1990, Fantasv)	Karate	Hour	Chopper	ed Mysteries	Movie:		Bruce Willis, @	Rockford
44	PM	"National-	News	Montreal	Austin	News 🖾	News	City	News 📖	News 🖭	J.R. Digs	Hit List @	SportsCen	News @	American	Mad TV JC	"Hannah and Her	Cheaters	17 mile, 021	Files
11	:30	House"	Sports	Jazz Festival	City Limits	Sat. Night	Seinfeld	Confidenti	Paid Prog.	Sat. Night	Sat. Night	4.	tre (Live)	News 🖽	Hot Rod	Chasez.	Sisters"	Œ	"Stranger"	Rockford

SUNDAY, JULY 25, 2004 .

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		WTBS 3	CHBC (4)	KNOW 5	KSPS 6	KHQ (7)	KREM (8)	A&E	KXLY (10)	BCTV	CITV 12	YTV (18)	TSN (19)	VTV 22	DISC 24	FOX 41	FAM 26	KTLA (27)	CITY 29	WGN 38
-	AM	Movie:	News	(Off Air)	Jakers	Today E	Discover	Breakfast	Hour of	Prairie	Adventure	Uh Oh!	Formula	Acom	Frontiers	Paid Prog.	Ripley	Pacesetter	Mix TV (In	Hillbilles
6	:30	"Mickey	Gadget		Jay Jay	and the second of the second sec	Discover	With the	Power @	MoneyWs	Fishermen	Monsters	One	Kids	of	Paid Prog.	Rangers	Success	Russian)	Hap Days
-	AM	Blue Eyes" (1999)	In Touch	Mechanics	Carl Land Land	Strange	Dora	Arts Biography	News (c)	Entertainm	Fishing		Reporters	Good	Δ	Libertys	Rangers	Facts	Eye on	Home Imp.
7	:30	Movie:	Ministries	HI-5 C	Angelina	A CONTRACTOR OF THE OWNER	BluesClues	Diegraphy	nono an	ent	Is Written	Rugrats	Cheerlead	Morning	Haunting	Business	Lizzie	Believers	Asla (In	Cosby
-	AM	"Rat Race"	(cc) Impe	BluesClues	Real	Meet the	CBS News	Airline UK		Tonight News @	TribalTrail	Stu Little	Golf	Canada 🖽	in Connectic	Fox News		Paid Prog.	Hindi) Eye-Asia	Movie:
8	:30	(2001) Rowan		Maglc Bus	Dragonfly	Press 🖾	Sunday	Airline UK			Farm Rpt	Stuff	2004 ESPY		ut 🕮	Sunday	Amanda	J. Osteen	Chin Chin	"The Man
-	AM	Atkinson,	My Boat	Zoboo	College	Shop	Morning	Contraction of the second	This Week		Hour of	Arnold	Awards 🖭	Eagle	How-Made	Paid Prog.	All That	Feed	Johnny	Who Knew Too Little"
9	:30	John Cleese. (()	Faith	Madeline	European	Shop	Nation	Brother's Wife"	With George	1.1	Power I	Neutron		Communic	Animals	Paid Prog.	Even	Changing	Lombardi' s Festival	(1997)
1	AM	MLB	Tom Stone	Little Bear	Carlson	Shop	Discover	(1989)	Matthews	GetUpGrow	Golf	SpongeBob		ations Eagle	Most	Movie:	So Raven	Paid Prog.	Italiano (In	Fresh Pr.
10	:30	Baseball: Atlanta	EE	Bear	Desert	Triathlon:	Topspin (N)	John Bitter.	Old House	Driving TV	Ice-Golf	Grown Up	NASCAR	World	Extreme: Gluttons	"Tequila Sunrise"	Boy World	Sabrina's	Italian)	MLB
100	AM	Braves at	Higher	Router	Nature 🖻	Ironman	Cycling	Movie:	Heartland	Hour of	GetUpGrow	Jacob	NASCAR	Vision	A	(1988) Mel	Teen Angel	Libertys	Chum	Baseball: Chicago
11	:30	New York Mets.	Ground @	SportFish	(DVS)	ATP		"Fail Safe" (2000)	Paid Prog.	Power @	Pure	Jacob	Racing: Nextel Cup	Eagle	Haunting	Gibson.	You Wish	Libertys	Chart @	Cubs at
10	PM	(Live)	PGA Golf:	Dotto Tech		Tennis: RCA	PGA Golf:	George	Pald Prog.	News 🖽	Adventure: Race	Yvon	Series -	The Fifties	Connectic	Movie:	Movie: "Jet	Sabrina's	Movie:	Philadelph ia Phillies.
12	:30		U.S. Bank Champion	Scattering	Detectives	Champion	U.S. Bank Champion	Clooney.	IRL	PreRace	PreRace	Stuff	New England	Œ	ut 🖽	"Navy SEALS"	Jackson: The Movie	Sabrina's	"Mr. Holland's	œ
-1	PM	Movie:	ship in	Champions	and the second	ships - Final. (6)	ship in	Old House	Racing: Menards	Champ	Champ	Monster	300. (Live)	W-Five-	Monster	(1990)		"The	Opus"	Inning
1	:30	"Two if by Sea"	Milwaukee - Final	Rivers	Rogers: America's	AVP	Milwaukee - Final	Ask This-	A.J. Foyt	Car World Series	Car World Series	Воу		Raising Rover	Garage	Charlie Sheen,	Movie: "You	Naked Gun 2 1/2:	(1995) Richard	Fresh Pr.
2	PM	(1996)	Round. @	The Shape of Life ()	Charlie Rose (C)	Volleyball	Round. @	Sell House	(Live) (CI	Racing	Racing	Mystery		Movie:	American	Angel	Wish!"	The Smell of Fear"	Dreyfuss,	Touching the Game:
6	:30	Denis Leary, 🖾		of Life (g)	Hose Ita			Sell House				Moville	NFL Great	"Nurember g" (2000)	G	"Home" @	(2003) @	[17]	Glenne Headly, [6]	Cape Cod
2	PM	Movie: "Sister Act	Neverendi ng Story	Creatures	Great	Shop	Discover	Design	Golf: Senior	Taste-Life	Driving TV	Mystery	SportsCen	Alec Baldwin.	Frontiers	Paid Prog.	Smart Guy	Movie: "Airplane!	News 😨	Baseball
0	:30	2: Back In		Dora	ces	Shop	Discover	Makeover	British	Ice-Golf	National	New Life	tre (Live)	[23]	-	Paid Prog.	Lilo Stitch	"(1980)	FashionTel	League
A	PM	the Habit" (1993)	Gold Trails			Providenc e III	The West Wing @	Sell House		Fishing	Simpsons	Movie: "Stuart	Classic- Fights		Daily Planet c	Columbia	Proud	Robert Hays. @	MovieTV	Mutant X "The
14	:30	(1990)	Okanagan	CG Kids	Hometime		-	Airline 00	Old House	Simpsons	Simpsons	Little"		My Wife		Automotive	Fillmore!		StarTV	Breed"
5	PM	Movie: "Heartbrea	News	George S.	Workshop	News 🖾	Backroads	Cold Case Files @	News (G)	Simpsons	News 📾	(1999) Geena	Boxing: Friday –	8 Rules	Animal Face-Off	Dharma	Lizzie	One Tree Hill @		Andromed
0	:30	kers"	Pioneers	Babar 🖾	Old House	NBC News	CBS News		and the second second	Global	Global	Davis,	Defigabon	Jim	11	3rd Rock	So Raven		Experiment	
6	PM	(2001) Sigourney	Reba "Ring-A-	Heartbeat	Monarch of the Glen	News (E)	News	Cold Case Files (C)	News 📾	News 🕮	Makeover: Home	Jacob	vs. Maskev	News 🖽	Tiger Shark	Unexplain ed	You Wish	What I Like	Movie: "Murder	The X- Files (C)
0	:30	Weaver.	Dina"	1		Fortune	CO 11		Ebert		1000	Fries That?			Attack	Mysteries	Radio Free		on the	
17	PM		60 Minutes	Geographi	Nature (CDVS)	NBC E	60 Minutes	Files C	Funniest Home	King of Hill		Hit List @	SportsCen tre (Live)		MythBuste	Paid Prog.	Franklin	Big Time	Orient Express"	WGN News
-	:30	Movie: "Heartbrea	Movie:	c Middlemar			Cold Case	Alrline (@)	Videos Funniest	Malcolm	Malcolm	Martal DI	æ	Pimp Ride	11-	Malcolm	King 📧	Big Time	(2001)	Replay
8	PM	kers"	"Pearl	ch	Mystery! "Foyle's		Cold Case	Alrine UK	Home	Simpsons	Simpsons	Mental BI Girlz TV	Golf:	Cold Case	Daily Planet @	Simpsons Arrested	Honey At Movies	Charmed	News (E) SexTV (E)	Matlock @
-	:30 PM	(2001) Sigourney	Harbor" (2001) Ben	Wyellffa	War" (N)	Law Order	Movle:	Cold Case	Videos Makeover:	Malcolm	Malcolm	Mystery	Senior	Law Order	Animal	Simple	Movie:	Studio 7		In the Heat
9	:30	Weaver. IE	Affleck. (E)		Back	CI	"Murder	Files G	Home	'70s Show	70s Show	Timeblazr	British Open	CI	Face-Off	Quintuplets	"Bull	CC CC	Movie:	of the
-		Movie:	Sunday R.	Lives-	Open-Hrs.	Crossing	on the Orient	Cold Case	The Days	Crossing	Crossing	Road	Golf	Osbournes	Tiger	Angel III	Durham" (1988)	News ("Stranger	Night Rockford
10	:30	"Two If by	Last	Butteril	Coupling		Express"	Files B	"Day	Jordan 🐨	Jordan @	2030 CE	M'cycles	Osbournes	Shark		At Movies	tions as	in the House"	Files
-	and the second second	Sea" (1996)	Chapter II	A Bunch	Charlie	News [3]	(2001) News	Cold Case	1.403" News @	News (Popoff	Breaker	SportsCen	News III	Attack MythBuste	and services	"Gun in	Raymond	(1997,	BeastMast
111	:30	Denis	News	of Thyme	Rose (N)	Sports	ER	Files 🕮	Impe	Just Shoot	PreRace	Ready-Not	tre (Live)	News (rs 🖪		Handbag"	Just Shoot	Suspense) "MrHol	er 🖽
-		Leary. [6]		(cc)	[[65]							indudy not	[[[]]					and anout	martio	1

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MONDAY, JULY 26, 2004

		WTBS	CHBC 4	KNOW	KSPS 6	KHQ 7	KREM (8)	A&E	KXLY 10	BCTV	CITV 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY	WGN 38
		"batteries						Movie:	(5:00) News		(5:00) News		SportsCen				Something	and the second sec	Maury @	Hillbillies
G			1		George S.	News @	News	"Fail Safe"	(5.00) News	News (g)	(Live) E	Stickin		Canada	mi	Paid Prog.	Hoze	HOHA LE	many to	Hap Days
1	:30		Okanagan		Dragon	7.1	The Frank	[6]	Cond			the second s	SportsCen	AM E			Mon Colle	Neuro (TR	Clind Inc.	Matlock
7		Dawson's Creek @	Life Today		Clifford	Today 🖭	The Early Show (9)	Murder, She Wrote	Good Morning	8		George S. Fly Rhino	tre @		Catching- Killer	P. T.L. OLD STATE		News (D)	CityLine	"Dead Air
	:30		100 Huntley		Arthur (EI)			[23]	America	·	and the second second					Paid Prog.	Rangers		0.1.6.14	
0		Dawson's Creek 🖬	Street [#]		Barney			Third Watch	E		100 Huntley	D'Myna	ATP Tennis:			1 Aug 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Gadget		Seinfeld	In the Heat
200			Poko 🖭	Hi-5 🖭	Teletubbs			"Duty"			Street (cc)	Mona	Tennis	the second se	How-Made		Dalmatian	for a second second	StarTV	Night
(0)		Saved-Bell			Sesame Street (EI)		The second second	City Confidenti	Regis and Kelly	100 Huntley	World Vision 🖽	Rupert	Masters Series -	Regis and Kelly	Daily Planet @	Fam. Feud		Maury 🖽	News (C)	Rockford Files
3	:30	Cosby	Nanalan'	Bear	Street (LI)	1	Discover	al 📧		Street (a)		Care Bears	Canada -	1		Fam. Feud	Pooh		City	
IV o V		Cosby Fresh Pr.	The Price Is Right (C)	Wumpa The Hoobs	Reading Lions	Ellen DeGeneres	The Price Is Right @		The View (N) (C)	World Vision	Crossing MoneyWs	Monsters Monster	From	The View (N) @	Storm Warning!	Starting Over (C)	JoJo Henrys	Jerry Springer (N) (63)	Movie: "Sweetwat	News (0)
	-	Fresh Pr.	Hollywood		Caillou (EI)	Show	Young and	Movie:	Paid Prog.	Crossing	News		Toronto. (Live)	Balance-TV	Air Jaws II			Jerry	er: A True Rock	In the Hea
-		Harvey	Brown	Riches:	Sit-Be Fit	M*A*S*H	the	"Fail Safe"		MoneyWs	HI	Fly Rhino		Daily	An ourion	Williams	Art Attack	Springer	Story" (1999)	of the
		Harvey	10. K. 10.	Clever Brain	Charlie	Shop		(2000)	All My	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Days of	SpongeBob		Balance-TV	Pangar	Perry	Fillmore	Maury	(1999) CityLine	Night Street
2					Rose G		Bold & B.	Clooney.	Children	NEWS IL	Our Lives	Hamtaro		Bold & B.	School @		Goof Troop	(Part 1 of	[G]	Street
	1010	Drew	Dave of	Haanbaa	Fine Art		P.A. S. S. M. David Street	(te) Murder,	One Life to		As the		0		Frontiers	Justice	Teamo	2) (c) Osbourne	Relic	Cosby
1	1		Our Lines			Our Lives		She Wrote	Live C	World	World	Care Bears		Vicki G.	of	and the second second second	Dalmatian	Show	Hunter 📾	Cosby
	1.11	Home Imp.	[00]	Moving On		[3]	Turns	[1]			Turns	George S.		Vicki G.		the second second	and the second second	O altitule		and the second second
2		Home Imp.		10.00		Passions		Third Watch	General Hospital	Passions		Mona			Monster Garage @		Chip-Dale	Griffith	Maury III	Fresh Pr.
	0.000	Raymond	Sector States of		Dragon	1	-	"Duty"	[0]		5	A CONTRACTOR AND	Interruption	[23]		Dharma	House	Griffith		Fresh Pr.
(A)		Raymond	Coronath		Arthur (El)			City Confidenti	Martha Stewart	Young and the	Young and the		Martin Contractor		How'd They Do	Montel Williams	Timon	Static	(Live) (E)	Home Imp
	1000	Seinfeld	Over Tel	Dora	Libertys	Brown		al	Living	Restless	Restless	Jacob	ATP Tennis:		That?	[23]		Ozzy		Will-Grace
41		Seinfeld			Cyberchas	1.	Oprah Winfrey 📧	American		and the second	and the second se	Beyblade	Tennis		Daily Planet (E)	On Air Ryan	Weekend	Pokémon	Blind Date	A CONTRACTOR
4	:30	Friends	Yes, Dear	Babar 🖽	Zoom (EI)	Judy			News 📾	winney m	News 🖽	Yu-Gi-Oh!	Masters Series -	Friends			Recess	Pokémon	Friends	Home Imp
	1000	Raymond	News 🖾	Jakers	Democrati		News		News 🖬			Oddparent	Canada -		Monster House	Simpsons	Proud	Sabrina	Relic Hunter @	Movie: "Delta
5	:30	Raymond	-	Creatures	c National Conventio	NBC News	CBS News	Files 📧	ABC News	Global	Global	Mystery	Day One.		House	King of Hill	Lizzie	Fresh Pr.	numer too	Force 2"
			Will-Grace	Home Biz	n (Live) 📧	News 🖽	News	Family	News 🖽	News 📧	Train 48	SpongeBob	WWE Raw	And and the set of the Art of the	Monster	Simpsons	All That	Raymond	Movie:	(1990)
6	:30	"Blast From the	70s Show	Moving On		Raymond	Hollywood	Family			Entertain	Romeo!	(Live) 🖭	lun in the	Garage 🖾	'70s Show	So Raven	Will-Grace	"Solo" (1996)	Chuck Norris.
-	200	Past	Fortune	Planet		Democratic	Seinfeld	Airline (N)	Democratic	Entertain	North	Mystery		eTalk Daily	Mega	Will-Grace	Even	Friends	Mario Van	WGN
1 :	:30	(1999) Œ (DVS)	Jeopardy!	Health		Convention	Friends	Airline UK	Convention	Train 48	"Pilot"	Yvon		Hollywood	Machines	'70s Show	Radio Free	Raymond	Peebles.	News at Nine
OF	DM	(8:10)		Parks	Antiques	Jeopardy!	Raymond	Crossing	Entertain	Fear	Fear	Dragon			Daily	North	Boy World		News 🖽	Becker
8	:30	'Ferris	"Pearl Harbor"	Rivers	Roadshow	Fortune	Two Men	Jordan 🖽	Drew	"Couples"	Factor "Couples"	Dragon-Z	tre (Live)	or Money (N)	Planet @	"Pilot"	Mentors	Heaven "Gossip"	Speakers	Becker
0	PM	Bueller's Day Off"	(2001) Ben Affleck. @	Bombies	History Detectives	Factor	CSI: Miami ©	Cold Case Files (1)		Raymond Two Men	Raymond Two Men	Mystery New Life	WWE Raw	The Casino (N)	Monster Garage (E)	The Casino (N)	Movie: "A. Ring of	Summeria nd @	Jimmy Kimmel	Elimidate 5th Wheel
:	:30	1986) 📧			(i)	"Couples"	Domesmil	Family	Lopez				1000	[23]		(EE)	Endless	Nous III	Live	Osbourne
(0)		Movie:	The National	Reinventin g Ritual @	Trekker	or Money	Democratic Convention	Family	Jim Hope	Raymond Two Men	News (E) Sports (E)	Fries That? Mental BI		CSI: Miami	Machines	News Will-Grace	Light" Boy World	News 🖽	Movie: "Solo"	Show
. P	PMI	Lampoon's	News (g)	Cosmic	"Nepal" Democratic			Airline (News (News ((11:03)	Weird	SportsCen	News ((tt) Monster	Becker	B. Leonard	Friends	(1996) Mario Van	Rockford
7	30		Sports Pg.		Convention		Late Show		The state of the second second second		A	My Family		News Co	House	Just Shoot	and the second second second		Peebles.	Files

monday movies

MORNING

- 10:00 am CITY 29 * *"Sweetwater: A True Rock Story" (1999, Drama) Amy Jo Johnson. A television producer sets
- Jo Johnson. A television producer sets out to find the surviving members of a rock band that played at the 1969 Woodstock concert. 11:00 am A&E (9) ★★★"Fail Safe" (2000, Suspense) George Clooney. World War III looms when a computer error sends U.S. fighter planes on a mission to drop nuclear warheads on Moscow. (E)

AFTERNOON

5:00 pm WGN 38 **%"Delta Force 2" (1990, Adventure) Chuck Norris. An American colonel and his elite Marine unit head to South America to bring a sadistic drug czar to justice. (In Stereo)

EVENING

6:00 pm WTBS ③ ★★"Blast From the Past" (1999, Comedy) Brendan Fraser. A young man experiences cul-ture shock as he navigates 1998 sub-urbia after spending his whole life in a bomb shelter. ((DVS) CITY ② ★★"Solo" (1996, Science Fiction) Mario Van Peebles. Premiere. An android soldier kicks into a self-

An android soldier kicks into a self-

defensive mode when the military decides that his moral streak must be erased.

- decides that his moral streak must be erased. (E)
 8:00 pm CHBC (4) **"Pearl Harbor" (2001, Drama) (Part 2 of 2) Ben Affleck. Two pilots and lifelong friends put their differences aside after the Japanese launch a surprise attack against the U.S. (E)
 8:10 pm WTBS (3) **"Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A teen perpetrates a series of elaborate deceptions to ensure that he and two friends spend a carefree day in Chicago. (E)
 9:00 pm FAM (20) *%"A Ring of Endless Light" (2002, Drama) Mischa Barton. Based on the novel by Madeleine L'Engle. A teenager who can communicate with dolphins has an extraordinary summer. (In Stereo) (E) extraordinary summer. (In Stereo) (E) 10:06 pm CITY (29) ★★"Solo" (1996, Science Fiction) Mario Van Peebles. An android soldier kicks into a self-
- An android soldier kicks into a self-defensive mode when the military decides that his moral streak must be erased. [E] 10:15 pm WTBS ③ ★★%"National Lampoon's Vacation" (1983, Comedy) Chevy Chase. A Chicago family sets out for a two-week road trip to California and encounters every conceivable mishap along the way. [E]

MILKSHAKE

FISHING

CAMPING

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LAZY

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STORMS

PARKS

WORD SEARCH NEWS LEADER I HE Е S G X G K R н G Z B P υ Q Y н C Y х к P P S X K н R G R R U κ G A D E N I Ν X S G M V G X Y C M В M N A A M J I н J L B R s Α D W U R w U N O Т Α C A V X W S ¢ Z в W M U T R E E R C P ν K A Α M ν S S T S C G G K н R 0 T B 0 K L Т M w J X X Q E γ 0 T R G E U S G N N N J 1 P D Q R K R U B в 0 R Т D J Q M Z E E A J M A M U κ M Z Q 0 S W G U X J G P Z w F S G 1 н Ν G E S X G C W M U E R B R N T N L L M D M M L A в 0 A C D S х Т Ν G Y D N w R Z Ν 0 I В K P U R Q 0 E C Q S F Q E N E M ν N N T G Z U N 1 А C 0 S Y S T н S M T C В G R J N R C K U S J C N C A M U 1 G J J Q Т X E S G C w Т O N А V N U A 0 A Q Z N Q S S N Z D 0 0 E Q Q н L N Т H F S к В D A W X E A н F K L I M Y U 1 M R S D N K L A Z Y N N E C E S Y C 1 н Y IQASNOINUERGVUUYGZCW "SUMMERTIME" LET'S TALK ABOUT HOT BOATING WATERSLIDE REUNIONS BEACHES MOSQUITOES GARDENING ' SWIMMING

DRINKS

TRAVEL

SOCIALIZING

VACATION

CANNING

FREEZING

JAM

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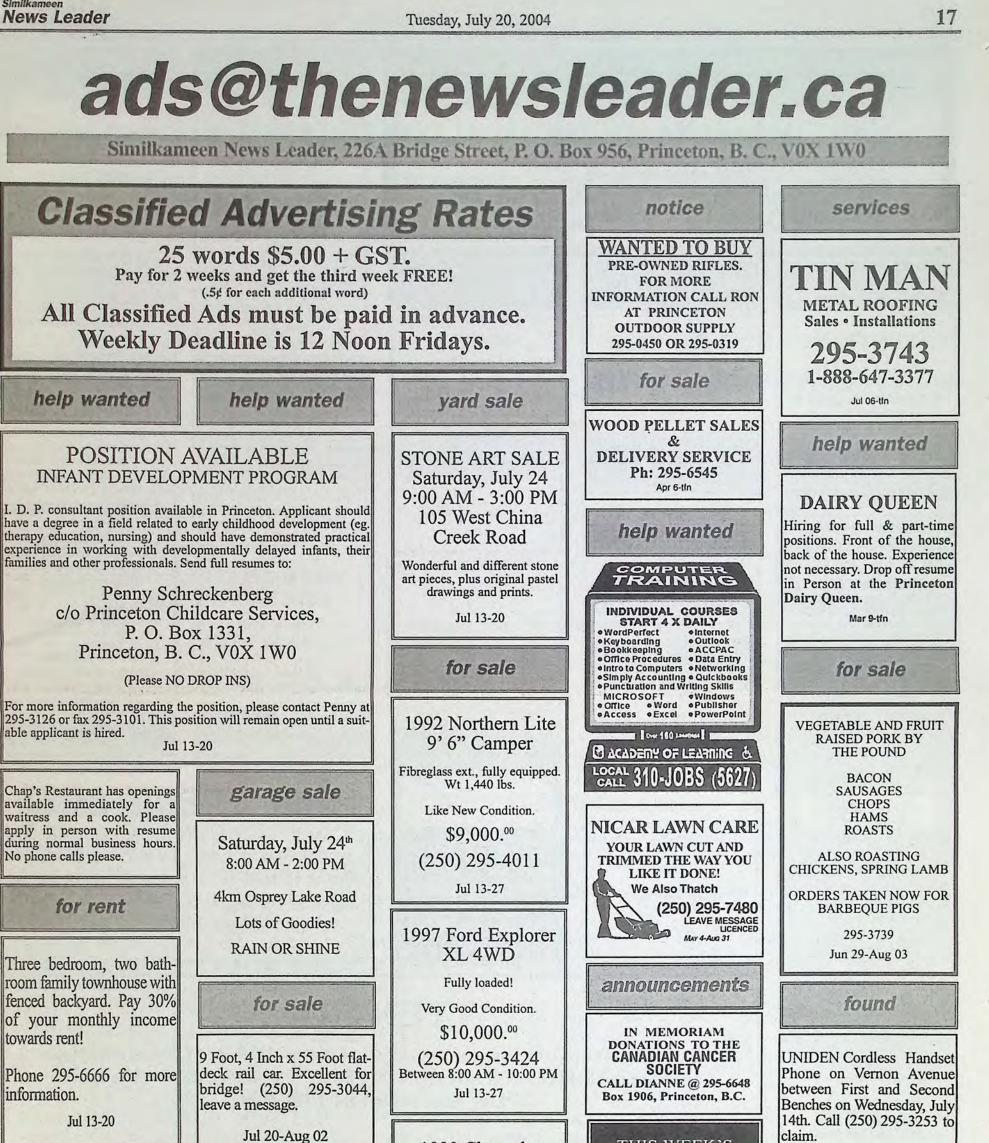
Last Week: The Princeton Ski Club was formed in 1924 and was eventually taken over by the Amber Ski Club in 1941.

Let's Play Princeton Trivia!

Question: How many students usually made up a

graduating class in Princeton in the 1930s?

Brought to you courtesy of: PRINCETON MUSEUM



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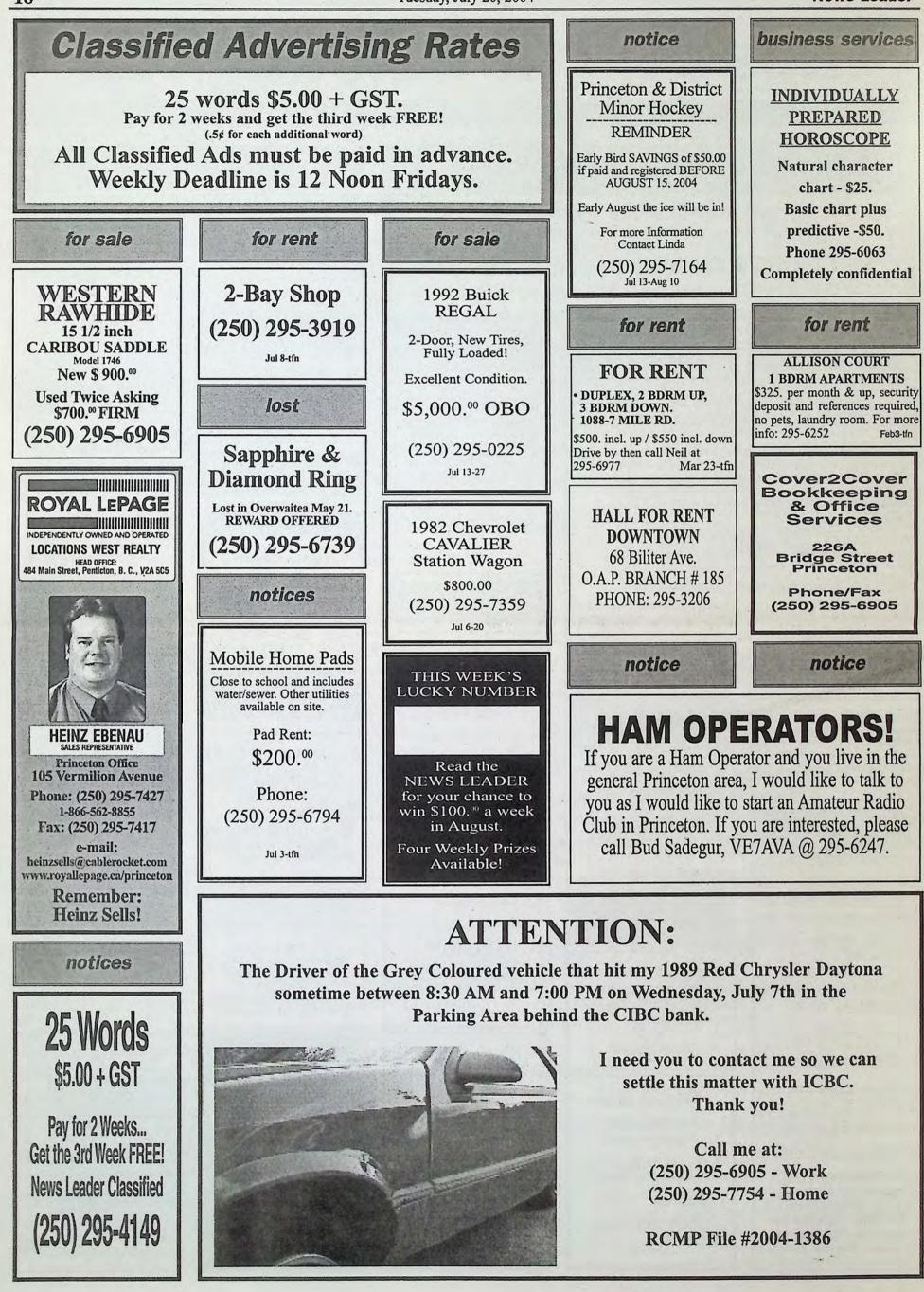
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Tuesday, July 20, 2004

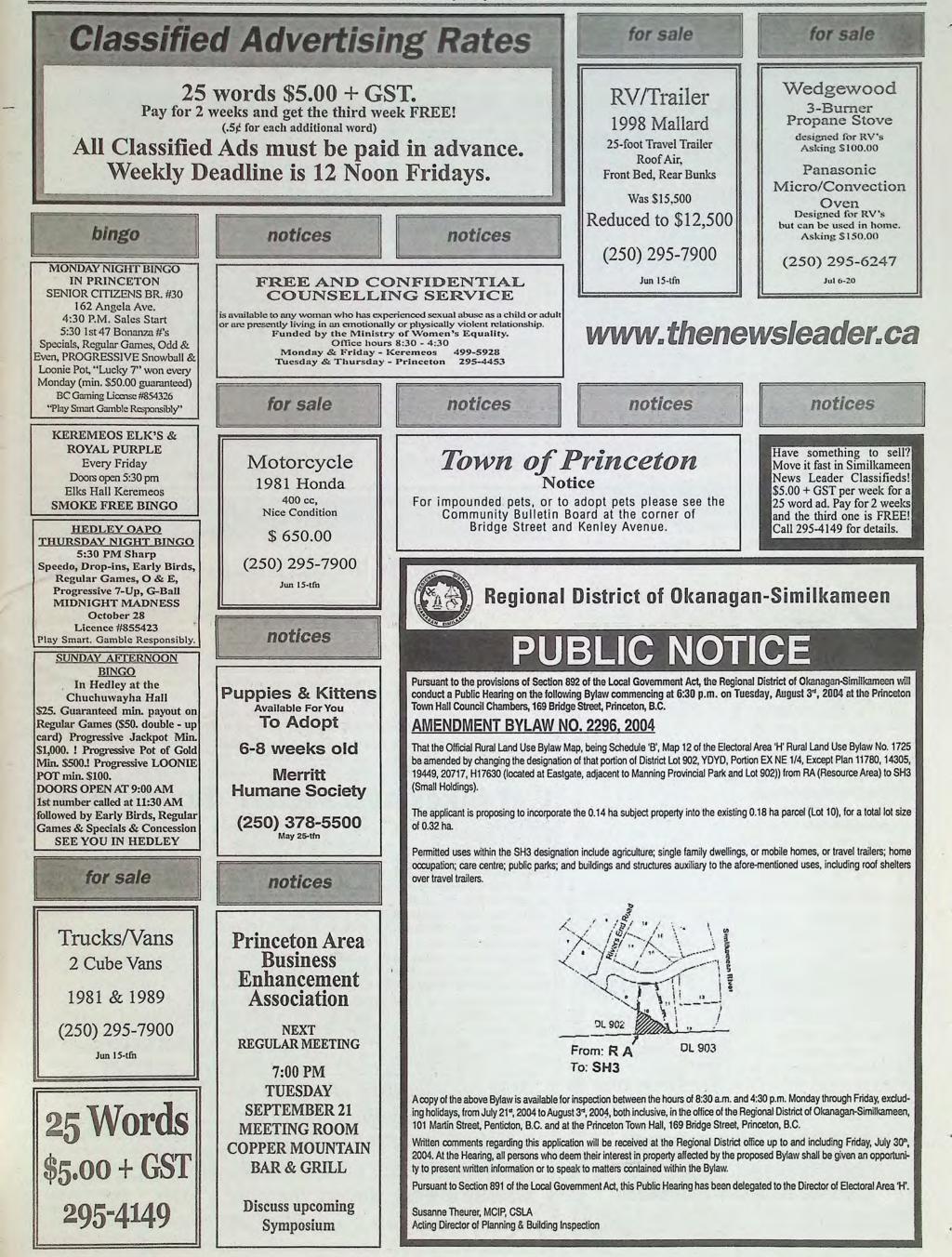
Similkameen News Leader

WHAT IS A MALE



Similkameen News Leader

Tuesday, July 20, 2004



editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0



your turn

'Princeton' is an ugly name, says reader

Dear Editor;

Re Current Comment, July 13/04. Congratulations for pointing out that some people don't know the true history of Canada. Some of us seem to think that this country has always been white, Anglo-Saxon and Protestant. Some people don't realize that we stole Aboriginal land claiming it as our own and we, the tenants, overwhelmed the native popula-

tion. We gave them TB, the Bible, hard liquor, scarlet fever, syphilis and blankets infected with smallpox in exchange for Canada. We, the tenants, put them onto reserves while assuming landlord status. Thank you for pointing out

"My Turn" also merits discussion. Why does our town have such an ugly name? How dare we, the tenants of this fair land, shun the beautiful Aboriginal

"Similkameen" names "Tulameen"? Why, even "Vermilion Forks" has a beautiful and melodic tone: but instead we kissed British butt by giving our town the most phonetically ugly and meaningless name imaginable. Let's honour the original inhabitants of this fair land by using their terminology. Thank you for letting me vent. Sincerely,

this historical accuracy.

HP Toews

Cat takes odd shelter during storm

Dear Editor;

Re: cat's intuition Shortly before 6:00 a.m., my Mama Cat was very upset and started beating my eight month old neutered male cat, "Sushi", and my three month old female kitten "Tiki Kiki", who tried to come into the bedroom.

I got up, thinking something was wrong with her kittens (nine days old). Nothing. So I moved the kittens closer to the bed, thinking this would satisfy her, and went back to bed. But to no avail, she kept up the charade. Then at 6:00 a.m., there

was a big boom and a lightning bolt flashed by my window.

I was out of bed in a flash, put my prosthesis on, got dressed and went to the door. The sky was a beautiful blue colour with a few clouds.

Shortly after 6:00 a.m., Princeton Light and Power arrived.

I inquired as to what happened, as I heard a big bang and saw a lightning bolt. The Princeton Light & Power spokesman said there should have been three bolts. Dead bird.

I went back to the house and

It is the pleasure of the News Leader to recognize the hard work of all of the volunteers who have helped with our community events during the past year. Thank you from all of us! then to my bedroom. Mama Cat and kittens were gone!

How could she disappear? I checked around the house. Guess where I found them under the bed in the mattress. Guess where I'll be sleeping for the next five weeks or so (because of the kittens)? I'll be on the couch! Mary Berekoff

School teacher is remembered

My sister and I watched the local newscast with absolute sympathy for our old school teacher, Mrs. Currie.

I cannot believe that anyone would inflict such pain on an animal. Our hearts went out to her in her obvious grief.

Mrs. Currie taught us both in school and was much loved.

I hope that they catch the culprits that did that to her bull. Helen and Smokey McDermot, Westbank

my turn When there's nothing to do

We don't buy into the attitude that there's nothing to do in Princeton during the Summer.

Last week we listed a number of activities - most of them free - available for young and old.

Another great source of Summer activity is the **Princeton Summer Recreation Program.**

This program of activities has been developed by the Recreation Commission over the course of many years.

It contains activities specifically for parents and tots, preschoolers, children, teens and adults. The offerings are many and are varied.

They cover everything from sports and leisure to crafts and performing arts.

Many of the activities are single session and many are free of charge.

A lot of time and effort has gone into the execution of the Summer Recreation Program with activities designed especially for this market utilizing local resources and local people.

If you have never taken part in any of the Summer **Programs**, why not?

Centennial Pool is another Summer recreation facility that is not used to it's potential.

We admit, living in a community with two rivers and many lakes, an outdoor swimming pool may be a tough sell.

But the pool does something you won't get anywhere else - teach swimming lessons.

You'll never know when those skills learned at the pool may come in handy.

So the next time you hear someone say there's nothing to do in Princeton during Summer remember the Recreation Commission's Summer Program and the Centennial Pool.

They continue to provide us with the gift of Summer activity.

We are ever so grateful for that gift.

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EDITORIAL GUIDE We would like you to write to us, but please remember to abide by anti-discrimination

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous , libelous or of uncommon sense! The Editor reserves the right to condense any letter or to substitute proper language for improper language. Similkameen News Leader Your Independent Source for Valley News & Information Published weekly by Bengel Publishing Inc. 226A Bridge Street, P.O. Box 956, Princeton, B.C., VOX 1W0 Phone (250) 295-4149 • Fax (250) 295-4103 www.thenewsleader.ca editor@thenewsleader.ca



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Manning Park is a tragedy of idealism



Dawn Johnson editor@thenewsleader.ca

People who fight forest fires have looked at Manning Park with dread each summer, wondering "Is this the year it explodes?" According to one fire fighter I spoke with, 60 percent of the trees in Manning Park are dead, and the "duff", or accumulation of forest debris on the ground, is half a metre deep. Manning Park is notorious for being the site of lightning strikes during summer storms. As many as a thousand lightning strikes can occur during one storm. With so many dry trees and deep duff, the fire fighters say, with the right strike, Manning Park will simply explode. They will let it burn because it will be too dangerous to try to fight the fire. They may protect the highway and lodge facilities, but those are the only clearings in the vast deep forest. When Manning Park burns, there is the potential for other fires to start. If the wind blows from the southwest, we will be showered with sparks right down the Similkameen Valley. This is scary.

I remember when a fire consumed an area downhill from Allison Pass. For decades, this area was called "the burn". I was a little girl when this happened, but I have never forgotten the sky filled with smoke, and the sun showing a red glow overhead as the light filtered through the smoke. This went on for days.

Fire fighters tried to make a dent in it, and some were badly burned. Crews of women made coffee, sandwiches, jugs of cold drinks, and all sorts of other foods, to send out to the crews. Crews of men attempted to keep the fire fighters fed and supplied

We feel bad

We (George and Brenda) at the News Leader feel really bad when they have to say "no" to a customer who wants an advertisement.

During the past couple of weeks, we have had to say "no" because people came in on a Monday morning to put the ad in for that day. Sorry, folks, the paper goes to the printers early Monday morning. If you want to be sure your ad goes in, see us Friday. with enough water to prevent heat exhaustion.

Manning Park has been used as a resource for studying the "natural" forest, but this natural forest is the result of a major fire more than 100 years ago. In some ways, it is not a natural forest, because nearly all of the trees are the same age, due to the previous forest having burnt. I remember the old folks of my youth talking about that fire so long ago. It began between Merritt and Aspen Grove as a grass fire ignited by sparks from somebody's campfire. The wind blew the fire southward, and it burned all through the month of August and into September. The fire went here, there and everywhere. Some places were missed, but when the fire reached the big timber, nearly every tree was consumed.

Some people may consider this just a legend, but I recall sharing the old folks stories with the late Laurie Guichon, and he remembered pretty much the same story I had heard.

So these trees at Manning Park are pretty well all the same age. When they burn, they will clear the way for a whole new forest in which all the trees will be the same age, and the cycle of beetle infestation will occur in another century. Naturalists and environmentalists will say that is just "Mother Nature".

I learned a lesson from the burn every living thing within it Heart Food by Dave Machin

It will, in fact, last for eternity. On the day Jesus was raised from the dead, God affirmed every word of this covenant to Him, and we have a copy of it. We call it the New Testament. This covenant God holds out to us is a marvelous thing. Of course, it goes without saying we need to spend time studying it so we can begin to realize how good it really is. This covenant is rooted in the principle of God's grace (God's willingness to show Himself strong and active on my behalf). Even though it is free does not mean it is cheap. Jesus bled, suffered and conquered death through his own death in order to ratify it for us. God's word clearly shows us that being in covenant with Him brings good things to our lives and carries the power to bring us out of any trouble and any form of bondage. However, if we search a little more we will discover there is more to this covenant than appears on the surface. Most Christians are aware it is a covenant of forgiveness while many others know it is a covenant of eternal life, which means a ticket to heaven when they die. There is more to it than that - it is a covenant of peace also. The question is "what does God mean by the term peace?" In the Hebrew language (original Bible language), the word "shalom" literally means prosperity and wholeness. So to the Jewish reader of scripture, peace meant nothing broken or nothing missing in their life. What you may not know is that this Jewish concept of peace and wholeness is at the very heart of our economic system. Think about it. Why do you pay somebody for something? Why do people trade? Anything else is stealing. If I take something from you without compensating you for it, then something is missing. Obviously your peace has been taken away. To restore your peace, I have to replace what I took and I must replace it with something that brings a profit to you so your peace is restored. THIS IS GOD'S WAY OF DOING THINGS. God is not a peace taker but rather a peace giver. Jesus so often said to people, "Be made whole!" He said it all the time because He came to restore peace to people's lives (nothing broken, nothing missing). Think! Stress can come at us from every direction - work, home, friends, relatives, finances, etc. God never intended for you or me to live UNDER the stress of daily pressures and problems. Instead, He offers to us a covenant of peace, but does not force us to take it. It is available because of His grace. God is good, His word is good and good all the time. Pastor Dave Machin,

SUNDAY SERVICES 10:30 A.M. 221 A Bridge Street, Princeton, B.C. 295-0599

that occurred when I was a child. The forest in the high country does not come back as quickly as lower elevation forests. The growing season is too short for rapid regeneration. We could wait 30 or 40 years before we see the forest really begin to grow again. The idealism of environmentalists is such that they love to let Mother Nature take over, but we saw the devastation of a park burning in the Okanagan last year. When a park burns, we lose more than trees. We lose the very reason we set aside parks. We lose our hiking and biking trails, our fishing and boating spots, the birds and animals who made their homes in the park, and we lose the splendid sights, sounds and smells we enjoyed in the park. These are the reasons we paid taxes for years to maintain the parks.

Yellowstone was a lesson in just letting Mother Nature take over. When Yellowstone burned, nobody fought the fire except where buildings needed to be saved. At the end of a documentary on the Yellowstone fire, the Secretary of the Interior stated, "This will never happen again. We will never just let it burn."

This time, we will have to let Manning Park burn, but when the fire is finally out, we can tell our politicians there has to be a better way to make a park and keep it beautiful, healthy, and safe for every living thing within it.

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Similkameen

similikameen News Leader

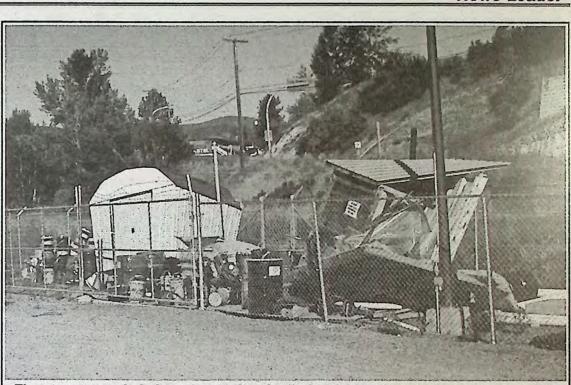




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a,



These two storage sheds, located at the Esso Cardlock on Burton Avenue, were severely damaged by what eyewitnesses called a tornado. A 'swirling cloud of brown dust' travelled down the Trans-Canada Trail late Friday afternoon then hit these sheds, which sit next to the railway right-of-way. The force of the disturbance blew part of the roof of the wooden structure 30 metres away.

ictoria will upgrade parks

B.C. taxpayers will invest \$4.2 million during the coming year to upgrade campsites, trails, water systems and other BC Parks facilities, improving the camping and day-use experience for park visitors.

Water, Land and Air Protection Minister Bill Barisoff made the announcement last week in time to celebrate B.C. Parks Day on July 17. More than 65 Parks Day activities were planned across the province.

"Our government recently created 37 new parks and expanded 34 others," Barisoff said. "I can't think of a better summer to get out and explore our parks. We want people to get out and enjoy our provincial parks, not just on Parks Day, but every day."

Barisoff went on to say, "This government is committed to investing in B.C.'s environment. We are committed to a parks system that is second to none and to restoring fish and wildlife habitat,

RadioSha

259 Bridge Street, Princeton

(250) 295-6848

creating recreational and economic benefits for all British Columbians."

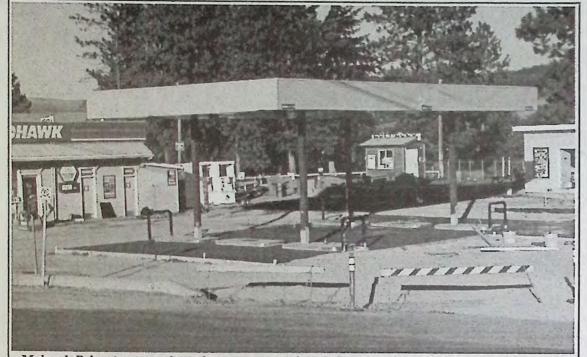
In addition to the funding, BC Parks is partnering with the Canadian Parks and Wilderness Society on a photo contest highlighting the scenic splendour of B.C.'s provincial parks. The Zoom In on BC Parks and Wilderness 2004 Photography Contest offers more than \$3,000 worth of prizes for photos taken in B.C.'s provincial parks.

Each of B.C.'s provincial parks, recreation areas and ecological reserves provides a different experience for visitors and outdoor enthusiasts. Provincial parks in particular offer a range of activities that extend well beyond traditional camping and hiking. Kayaking, horseback riding, rock climbing, bird watching, caving, scuba diving and water skiing are just a few of the adventures found in B.C.'s varied accessible parks.



Bill Barisoff, Minister of Water, Land and Air Protection, celebrates B.C. Parks Day at Lake Cowichan by doing some fishing in the park on Vancouver Island.

1. in .



Mohawk Princeton went through an extreme makeover last week. In addition to new high-speed, multi-product pumps, the upgrade included pay-at-the-pump services in new islands. Commercial customers will have access to high-speed pumps with clear and marked diesel fuels. The Route Commander Cardlock system will also be put in place. Owner Al Knowles says the customer and environmental upgrades give his station the most up-to-date electronic pumps and equipment.

Men golf on thundering rsday

Last Thursday evening found 56 men golfing during variable weather conditions that included humid heat and thunderstorms in close proximity.

Overall Low Gross went to Chris Wahlroth after a fine 37, while Overall Low Net was Matt Sunderland with a 31.

Long Drive on the sixth hole were won by Chris Wahlroth, Rick Gaztel, Daryl Smith, Dave Roberts and Jim Norman.

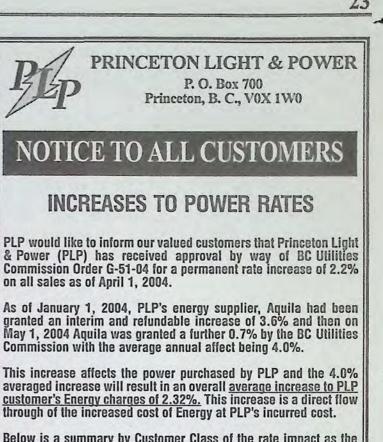
Closest to the pin on the seventh hole were Trevor Thompson, Matt Sunderland and Brad Carter.

Deuce pot winners were Chris Wahlroth, Trevor Thompson, Jim Norman and Bob Brausoleil. Proximity after two shots on hole #2 was Tom McLaren. Other scores by handicap were: First Low Gross: 0-12 - Bob Zerdin 38 13-19 - Rob Marshall 40

20-up - Bill Howe 44 Second Low Gross: 0-12 - Monty Raine 39 13-19 - Brian Bertrand 42 20-up - Aaron Gould 45 First Low Net: 0-12 - Trevor Thompson 34.5 13-19 - Randy McLean 33 20-up - Monty Ross 32 Second Low Net: 0-12 - Ted McEwen 35 13-19 - Ted Bazabash 33.5 20-up - Daryl Smith



One of Shelby Carlson's duties at the Princeton Museum is to read the papers - every single newspaper ever published in the Princeton area dating back to 1900! Shelby is performing a very important role for the museum as she is gathering information to be included in the Cemetery database. Princeton's museum has been very busy this Summer. Figures collected for June show 390 visitors and so far this month there have been 382 visitors.



Below is a summary by Customer Class of the rate impact as the result of these increases.

If you would like to have more information on this increase please drop by the PLP Office or contact us at 295-3244 (local) or 1-888-922-3244 (toll free in BC).

All of us at PLP thank you for being our customers and we look forward to serving you in the future. I thank each and every one of you for working with us to keep us efficient.

As you are aware, through our PASS programs, PLP is continuing to develop several exciting programs, which will continue to keep the cost of power in our area very stable and virtually eliminate the power quality problems that we have suffered in the past.

John Hall, President

Typical Residential Customer Account - AX - AXT - BX

	2003 Rates	2004 Rates	Overall Net Increase
Net Billing GST Total Net Billing	933.15 65.32	977.82 68.45	4.8% 4.8%
Total Net Billing	998.47	1,046.26	4.8% (*)

(*) The exact increase will vary slightly from customer to customer depend-ing on actual usage - but will be very close to 4.8% in all Residential Class cases.

Typical Large General Usage Customer Account - CX2

	2003 Rates	2004 Rates	Overall Net Increase
Net Billing	78,804.83	81,705.08	3.7%
PST	5,910.36		3.7%
GST	5,516.34		3.7%
Total Net Billing	90,231.53		3.7%
Typical Com	mercial Cu	stomer Acc	count - 3 Phase -
	2003 Rates	2004 Rates	Overall Net Increase
Net Billing	6,845.17	7,109.07	3.9%
PST	513.39	533.18	3.9%
GST	479.16	497.64	3.9%
Total Net Billing		8,139.89	3.9%
	2003 Rates	2004 Rates	Overall Net Increase
Net Billing	1,753.04	1.833.37	4.6%
PST	131.48	137,50	4.6%
GST	122.71	128.34	4.6%
Total Net Billing	2,007.23	2,099.21	4.6%
Typical Irriga	ation Custo	mer Accou	int - GX
1	2003 Rates	2004 Rates	Net Increase
Net Billing	1,183.73	1,242.49	5.0%
PST	0.00	0.00	0.0%
GST	82.86	86.97	5.0%
Total Net Billing	1,266.60	1,329.47	5.0%

"Busy Being The Best" Serving Princeton & Vicinity Since 1922

similkameen News Leader

Made some great changes to serve you better!

This week Mohawk Princeton will re-open following renovations to our service islands.

The changes were important for us to make to meet our commitment to our Customers and the environment.

Changes and upgrades include the following:

High-Speed Multi-Product Pumps
 Pay at the Pump Services - New Islands

Commercial Customers will now have access to high-speed pumps with clear and marked diesel fuels along with access to the Route Commander Cardlock System

COMMERCIAL CUSTOMERS APPLY FOR YOUR ROUTE COMMANDER CARDLOCK TODAY!

We apologize for any inconvenience and appreciate your patience.

These changes will give us the most up-to-date electronic pumps and equipment!

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