

Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

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HOROSCOPES & CALENDAR OF EVENTS

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Fair Board begins hard work

This year's Fall Fair will be held September 11 and 12. With only a month to go, the hard work of organizing and carrying out the fair activities begins now.

To augment funds, Fall Fair welcomes the help of Princeton's Fire Department volunteers in putting on a car wash and bake sale at Princeton Plaza on August 21 from 10 a.m. to 2 p.m. This was well-received last year, and the baking sold out by noon.

Several volunteers have come forward to help with the fair. Shirley Campbell will do registrations, and gate or other duties will be done by Gerry and Patti Vinthers, Emmy and Daryl Posein, Pauline and Dick Neufeld and Betty and John Golovin. Members count on Arnold Schroeder to run Crown & Anchor again. Susy Johnson has volunteered to run the bingo, with proceeds going to Princeton

Continued on page 22

Tulameen's great weekend



Tulameen Family Fun Days mean fun for the whole family! Saturday afternoon included childrens games at Tulameen School. Above, girls compete against boys in a bean bag toss.

Warm weather attracts hundreds

Tulameen Family Fun Days 2004 will probably be remembered as being one of the best celebrations hosted in the Otter Valley in recent years.

Slo-Pitch teams came from all over to participate in the annual mixed event as did those who tackled the fifth annual Tulameen Triathlon.

Saturday morning's parade may have been a little shorter than normal, but the crowd it drew was amazing.

Street vendors on Otter Avenue and downtown businesses were kept busy throughout the weekend.

Campgrounds were at capacity and Otter Lake beach was packed with hundreds of swimmers, sun-bathers and boaters.

Childrens activities were well supported and the barbeque Saturday afternoon was a huge success.

The Tulameen Community Club did another great job!

Forest fire hazard is at high level now

Throughout the Thompson, Okanagan and Similkameen areas, the potential for major forest fires remains high due to the hot dry weather of the past 10 days. Residents and visitors should be aware of the hazard and take every precaution to prevent starting a forest fire. Along with the heat, gusting winds have added to the potential for fires spreading rapidly.

The majority of B.C.'s forest

fires have been caused by lightning strikes, but approximately 60 were caused by humans. Anyone enjoying recreational sites in forested areas must make sure any campfires are doused completely. How can you be sure? When you have poured water over the campfire repeatedly, stir the ashes with your bare hand. If the ashes are cool to the touch, the fire is out. Do not assume that wet wood will not continue to smoulder just because you

poured some water on it. In this hot weather, the wood dries quickly and any remaining hot spots will flare up again.

If you see a column of smoke or a wildfire, call 1 800-663-5555 or, on most cellular phones, *5555. This will put you in contact with the provincial forest fire protection service.

River float planned

A couple of local businesses are organizing the first annual Princeton River Float.

Cones & Dogs, along with Similkameen News Leader are encouraging area residents and visitors to join us in a fun float down Similkameen River.

The guidelines are very basic: entries in the float must use an inflatable means of transportation (inner tube, air mattress, etc.) and no motorized means of propellant.

No paddles, either.

The idea of the float is to let only the current pull participants downstream.

As it is not a timed event, prizes

will be awarded to the best dressed floaters and the most creative design of floating apparatus.

The float event is scheduled to take place on Saturday, August 28th with a 10:00 AM start.

The course is easy to follow: float Similkameen River from the Brown Bridge (technically the Tulameen River at that point) to Bromley Rock.

There is a \$10 entry fee which will go towards the purchase of prizes.

For more information, or an entry form, contact Ed at Cones & Dogs at 295-3479 or George at Similkameen News Leader (295-4149).

Mascot Mine tours are popular

Derek Lilly, Director of Operations at USIB's Mascot Gold Mine Tours in Hedley says response to the new attraction has been excellent.

Lilly told the News Leader a total of 221 people had taken the tour up to Thursday, July 29th after only a week and a half in business.

"We hope to maintain and improve the site," Lilly says.

The plan is to keep the site evolving so visitors never see the same thing two years in a row.

"Imagination is our only limit,"

Lilly says about the additional elements that will be incorporated in the attraction.

Tour buses leave hourly from the former Hedley School and take visitors to the Mascot Mine site on Nickle Plate Mountain.

"It is a spectacular view and pretty much sells itself," Lilly says.

The rate schedule is set at \$20 for adults and \$12 for children and students with student cards.

To find out more, contact the Mine Tour office at (250) 292-8733.

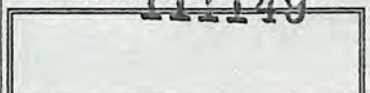
Watch This Space During August And Win!!!

Each Copy of the Similkameen News Leader will be stamped with a WINNING NUMBER.

Five Issues will contain WINNING NUMBERS: August 3, 10, 17, 24 and 31, 2004.

Keep your NEWS LEADER each week as the WINNING NUMBER will be announced the week after each issue is published. If your paper contains the WINNING NUMBER, you will win \$100.00 CASH. A total of \$500.00 to be won!!!

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NOTICE TO: BC TRANSIT CUSTOMERS

A reminder to Princeton residents that everyone is permitted to use the Transit service. It is not only for elderly or disabled persons. Persons needing transportation to the new location of the Health Unit are invited to call 295-6666 to book rides. Advance booking is encouraged.

The Transit bus operates in Princeton Tuesday, Thursday and Friday; 8:30 to 4:00 (closed 12-1); Cost \$1.50 one-way; car seats are not provided for children and must be provided by parent/caregiver for all children. We can pick up at your home or at a central location. Pre-booking is suggested as we do experience busy periods.



Representing Princeton's Ministerial Association are, standing from left, Tony Essex (Princeton Pentecostal Tabernacle) and Chris Haugland (St. Paul's-St. Cuthbert United Anglican Church). Seated, from left are Gordon Walker (St. Peter's Catholic Church) and Mike Stoltz (Living Water Foursquare Church). They remind you Love Princeton Day is August 14th.

Love Princeton Day coming soon

SPECIAL TO THE NEWS LEADER
BY W. GEORGE ELLIOTT, PUBLISHER

How much do you love Princeton?

The Christian Churches of Princeton hope you love it enough to celebrate "Love Princeton Day" on August 14th.

Activities will take place from 10:00 AM to 2:00 PM at Princeton Plaza Parking lot and will include a free car wash, free hot dogs and pop.

Children will have a chance to have their faces painted and registration will be taken for the upcoming Vacation Bible School - VBS session.

Love Princeton Day, in its third year, is a celebration for all residents of the Princeton area to enjoy.

It is being put on by Living Water Foursquare Church, Baptist Church of Princeton, St. Peter's Catholic Church, Princeton Pentecostal Tabernacle and St. Paul's-St. Cuthbert United Anglican Church.

Peggy Stoltz of Living Water Foursquare Church, explains the purpose behind Love Princeton Day, "This is an opportunity for the Christian Churches to express their love to the Town of Princeton in a very tangible

way."

The event starts Friday, August 13th for all organizing parties.

"We are looking at kicking this years event off with a corporate time of worship where all the members involved in this years event will come together in one place to worship together."

The worship time will be followed by a prayer walk throughout the downtown core with Love Princeton Day the following day.

Stoltz points out the free hot dogs and pop are, "various acts of kindness shown to the citizens of Princeton."

The event is not intended to raise money in any way for any cause.

A popular youth group "The Station Praise Band" from the Prineville, Oregon Foursquare Church will be involved in the group worship, and help with the car wash during Love

Princeton Day.

They will also be performing in a concert scheduled for Wednesday, August 18th at 7:00 PM at Living Water Foursquare Church.

The band says they are preparing high-energy music, dramas, a short word from one of their interns and some free door prizes will be given away.

Vacation Bible School is scheduled for August 16th to 20th from 9:00 AM to 12 Noon each day.

Registration information will be available during Love Princeton Day.

Princeton Pentecostal Tabernacle and St. Paul's-St. Cuthbert United Anglican Church are hosting VBS.

Stoltz says she hopes to see all Princeton area residents taking part in Love Princeton Day, as all the offerings are free of charge!

RDOS investigates fuel costs

At the July 15 meeting of the Board of Directors of Regional District of Okanagan Similkameen (RDOS), the Board decided to invite a representative from the petroleum marketing industry to advise the

Board on pricing practices of fuel.

Concerns about the rising cost of fuel and its impact on the social and economic well-being of Regional District residents were first consideration.

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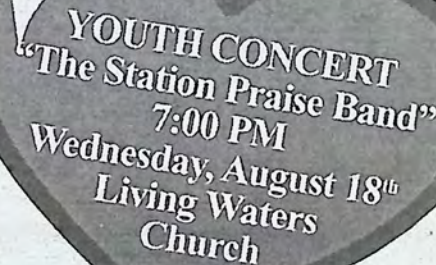
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Princeton Day**
Saturday, August 14th
Princeton Plaza
10:00 AM - 2:00 PM



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Vacation Bible School
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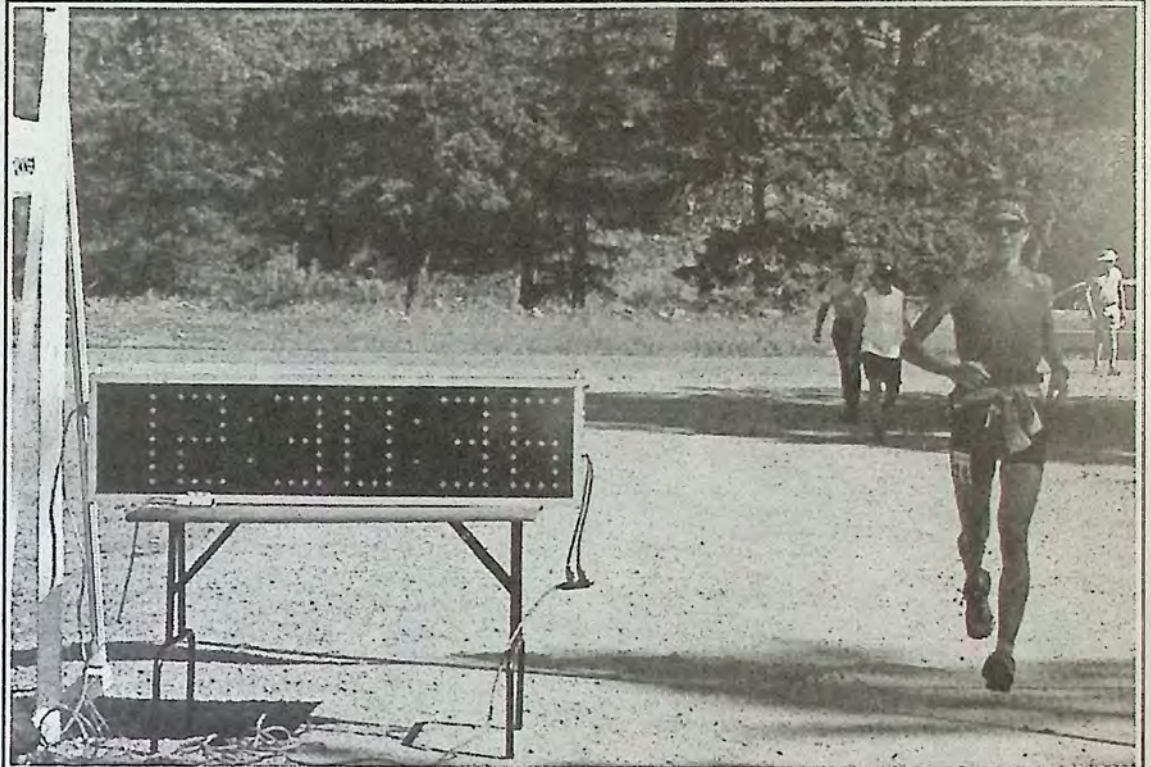
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keremeos and area news



Donna Mazurkewich of Penticton took Second Place overall and was the first woman to complete the 50-Mile Eagle Ultra-Marathon on July 24th in Keremeos. Photo: Bryan Smith

Eagle ultra-marathons set pace for more

An ultra-marathon is a tough race run on pavement and trails through country and bush.

Keremeos hosted the first annual 50-mile and 100-mile Eagle Ultra-Marathons July 24th and 25th.

The best long distance runners in North America took part in the events with a total of 30 starters in the 50-mile run and 20 starters in the 100-mile run.

Chad Ulansky of Kelowna finished the 50-mile event with a time of 9 hours, 40 minutes and 37 seconds to claim First Place.

Second overall, and the first woman to cross the finish line was Donna Mazurkewich of Penticton with a time of 12:30:37.

Rob Smith of Victoria was third with his time of 12:37:10 and Logan Beaulieu, from Edmonton, the son of Race Director Moe 'The Eagle' Beaulieu, took fourth with 13:05:59.

In the 100-mile event, First Place went to Judson Rowse of Prince Rupert with a time of 27 hours, 45 minutes and 11 seconds.

Second Place was awarded to Clarence Wiens of Chilliwack with a time of 29:05:29.

Only three other runners completed the 100-mile course under the 33-hour time limit.

The first women to cross the Finish Line were Kelowna's Shirlee Ross and Janice Page, who shared a time of 33:10:18.

Plans are already in motion for the second annual Eagle ultra-marathons.

Moe 'The Eagle' Beaulieu says he could not have done it without the support of many sponsors, including Peach City Runners, Valu-Plus Foods, Similkameen Country, LSIB, Gorman Bros. Lumber, Village of Keremeos, Culligan, Ron Sherk of Okanagan

GPS and Canadian Helicopters.

Volunteers were also a key element in the success of the event

Kars needs some help

Where can you go to enjoy music, refreshments, a day in the park, and one of the best show and shine events anywhere?

The place is Keremeos this Sunday, August 8. Kars Under the K is one of the best events Keremeos offers. It has proven its success two years in a row, using the magic combination of Similkameen in the summertime, a good band, a pleasant park, and every kind of car, truck, tractor or motorcycle you can imagine. This event has grown into a great time for fun in the sun.

Originally begun through the efforts of Buzz Henshaw three years ago, the event grew

and organizers have planned a thank you barbeque for sponsors and volunteers for mid-month.

beyond what he was capable of handling on his own with a few friends. He appealed for help from the public, and in its second year, help was desperately needed as the event had grown beyond even Buzz's wildest dreams. Volunteers showed up for the planning and organizing, and the actual day of work. Last year, vehicles completely surrounded Memorial Park and it took the News Leader more than an hour just to take a look at all of the vintage cars, hot rods, street bikes and antique tractors. What a show! Organizers are still seeking a few more volunteers. If you can help, contact Similkameen Country.

Sizzle chili rules released

The third annual Similkameen Sizzle Pepperfest is set for September 18th in Keremeos.

This year's event will include the first ever Chili Cook Off following a People's Choice Format.

Rules were discussed at the monthly meeting of the Sizzle Committee on July 28th.

Ron Murdock, organizing the Chili Cook Off, says the entries must be a minimum of one gallon.

The chili can have beans or filler (rice, pasta) and can be prepared prior to the event but must be ready to serve hot at the event.

Entry fee is \$20 with prizes set at \$100 for First Place, and \$25 each to Second and Third Place.

An additional \$25 prize will be awarded to the Best-Decorated booth and or any skits performed

by the entered team.

Booth space is set at ten feet by ten feet with a limited number of tables.

Each team is responsible for their own decorations, coverings and cook stove.

To register your team in the Chili Cook Off, contact Murdock, who is Similkameen Country President, at (250) 499-5225.

Murdock says he expects to have a total of 20 entries in the Chili Cook Off and all Sizzle Committee members were pleased with his report.

T-shirts and aprons will also be available for purchase at this year's Pepperfest.

Princeton's Southern Ridge Trading Company will be designing the products.

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Back pain? Think of your mattress!



Dr. Duane Drobot

The right mattress can significantly contribute to a good night's sleep and feeling rested and refreshed. Sleeping on the wrong mattress can cause sleeplessness, aches and back pain. For people with a back condition, sleep can aggravate the pain if the mattress is not a good fit for them.

When searching for the best mattress, perhaps the most important thing to remember is that mattress selection is largely a matter of personal preference. There is no single type of bed that works well for all people, and there is no best mattress for back problems. Likewise, there is no single sleep position known to be best for all people. Sleep position will be discussed in more depth in a future article.

The diversity in mattress preference is due to several factors:

* There are many causes of back problems. Different back conditions may respond better to specific types of beds, mattresses and sleep positions.

* Mattress selection involves a high degree of personal preference and what works well for one person may not work well for another.

* There is very limited scientific study published on mattresses and back pain.

* The cause of back pain can be quite complex and often represent only a symptom of a larger health problem.

It is important to remember that

the type of bed is not the only factor affecting back pain and sleep quality. Many other factors need to be considered, including irregular sleep patterns, caffeine, alcohol and stress. If comfort is the only thing making sleep difficult, perhaps it is time to look at a new bed. If not, it is advisable to consult a health care provider to discuss other possible causes and treatments for sleeplessness. If someone experiences significant or persistent back pain, there may be an underlying back condition that has nothing to do with the bed. It is always advisable for people with back problems to consult with a health care provider such as a chiropractic physician for a thorough examination, diagnosis and treatment program.

There are two things to consider when selecting a bed - proper support and comfort. Ideally, a bed should equally support the body and help maintain a neutral spinal alignment. Support is provided by the underlying structural framework of the mattress and box spring. When shopping for a mattress, try a soft, medium, firm, pocket coil, continuous coil and foam mattress. Find the one

which feels right to you.

Based on the most recent scientific data, this should be the best choice for those both with and without back problems. Comfort is largely dependent on proper body support. However, additional comfort will depend on the amount of padding in the mattress, often called the "pillow top". Generally, a thicker padding allows greater weight distribution and thus preventing the development of pressure points.

As a final reminder, sleep comfort is first and foremost a matter of personal preference. No one should expect that switching beds will cure their back pain. Therefore, changes in bed selection should be made solely for the purpose of personal comfort and proper support. Persistent or recurrent back problems should be assessed and treated by a health care professional prior to making the decision to purchase a bed.

(Dr. Drobot can be reached at Similkameen Chiropractic and Rehabilitation located at Princeton General Hospital. For more information, consult www.thinkchiropractic.com

Living Past 100

Help your sun-drenched skin

Everyone knows the sun is hard on skin. Even if you have worn sunscreen daily, your skin may still suffer the effects of the intense heat and dry weather of the Similkameen Valley. There are plenty of things you can do to reverse some of the effects of all the sun and dry weather we have experienced in July. Your skin is your body's largest organ. It is important to keep this organ healthy.

Evening primrose oil (2 capsules three times daily) will heal most skin problems by providing linoleic acid, which is needed by your skin. Vitamin A, found in carrots, cantaloupe, broccoli, tomatoes and squash, is essential for skin health. You can take it in capsule form, too, and if you eat a healthy diet, you need only 15,000 IU daily. Vitamin B complex with extra B12 is an anti-stress and anti-aging group of vitamins, good for skin health.

For good skin tone, take five capsules of kelp daily. Back up all of these with Vitamin E, which is found abundantly in green leafy vegetables. You can take extra in capsule form.

For use on the skin, there are a lot of good, inexpensive products on the market. Check your pharmacy shelves for a good moisturizing lotion containing Vitamin E and Vitamin A. Your skin will thank you for it. A night cream containing elastin and collagen will be of great help, too.

Remember: your skin is an organ exposed to everything. It is capable of absorbing vitamins, but it absorbs all sorts of other things, too, such as pollutants. Keep your skin clean and protect it with sunscreen and moisturizer. In addition, when the sun is intense, wear a hat to shade your face and neck.

A word of caution: do not take Vitamin D in the Similkameen summer. You will be producing all the Vitamin D you need just from the sunshine.

*The News Leader
congratulates all of
the volunteers who
made Tulameen
Family Fun Days
such a great
success. Bravo!*



Got the munchies? Our kitchen is open late!

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Ask Us For
Details!



Lorraine Lance shows Hedley youngsters a number of the artifacts loaned from Princeton Museum's Joe Pollard Wing. The Joe Pollard Fossil collection has attracted visitors from around the world to Princeton's Museum.

Young Hedley Readers Enjoy Hand-On Dinosaurs

submitted by Janice Winter, community librarian

Hedley's youngsters who joined their library's Summer Reading Club thoroughly enjoyed items loaned to them from Princeton Museum's Joe Pollard Wing.

There were dinosaur bone fossils and even coprolite (fossilized dinosaur poop!). The dinosaur artifacts are from the Red Deer area of Alberta and were about 100 million years old. The children looked through

magnifying glasses at fossils from the Princeton Museum collection. These birch and sequoia fossils were about 50 million years old.

The children were fascinated by a plaster cast of the footprint of a Tyrannosaurus Rex dinosaur. This cast was made at the Hudson Hope region of B.C. and showed to perfection the three-toed hind foot of the ferocious dinosaur.

All the little hands were placed

inside the footprint with room to spare.

The children asked many questions, ranging from Jurassic Park commentaries to queries about dinosaur ghosts.

This interactive session was followed by the reading by assistant community librarian Linda Cheeseman of several excellent fiction books centered around dinosaurs. The books are available from Okanagan Regional Library.

AgAware suspends program

On July 23, Dick Klein Geltink, Chair of the BC Agricultural Council, and Steve Thomson, Executive Director, announced that AgAware BC has been suspended with immediate effect. AgAware BC was an agricultural awareness program which promoted BC agriculture to the general population, and held contests annually for art, poetry and writings about agriculture in B.C. Winners received Golden Rooster awards.

"We simply do not have any funding left," Thomson said.

"Although we still believe that the program is serving a big need, we simply do not have the resources to continue. Without a secure funding base, we have no choice but to suspend."

Thomson added, "It should be borne in mind that this is a suspension, not a termination. If we can get funding in place, the work will continue."

Disappointment was widespread among members of the BC Agriculture Council, who say the program was one of the best of its kind in North America, and won

an award for being the best agricultural awareness program in Canada, and for having the best website.

As part of a suspension strategy, notices will be placed on the website and sent to people making enquires about agriculture in B.C.

"What we can keep in place, we will," said Nico Human, AgAware BC Coordinator.

Locally, Princeton resident Helene Ramsay has been an AgAware BC volunteer contact person, as well as a poetry contest winner.

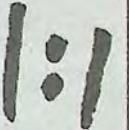
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By John Vaccaro Investment Advisor with CIBC Wood Gundy and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy

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Understanding Risk Investing - Part 1

Risk is one of those four-letter words that most investors try to avoid, particularly when it comes to their portfolios. Because although risk does not necessarily mean that you're going to lose all your money, it's this image that often springs to mind when the subject is first broached. Having said that, it's impossible to completely eliminate risk since all investments carry some degree of it.

The key to being a successful investor is to determine the level of risk that you are prepared to tolerate, and then invest accordingly. But before doing this, you need to understand risk and the various forms in which it can appear.

Broadly speaking, risk is the possibility that the expected return on your investment may not be fully realized. This includes the possibility that you may lose some principal. However, there are five categories of risk you need to consider when assessing an investment.

INFLATION RISK: The danger that rising prices will reduce the purchasing power and real rate of return on your investment over time.

INTEREST RATE RISK: The possibility that a rise in interest rates may dictate a drop in the value of your investments.

For an explanation of the remaining three categories of risk, **ECONOMIC RISK, MARKET RISK, and SPECIFIC RISK** see "Understanding Risk Investing - Part 2" in the next "Investment Insights."

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John Vaccaro is an Investment Advisor and Greg Stewart is an Associate Investment Advisor with CIBC Wood Gundy in Penticton. Comments and opinions expressed herein are the result of work done by John Vaccaro. They may differ from the opinions of CIBC World Markets Inc. Research Department and should not be considered representative of CIBC World Markets Inc.'s beliefs, opinions or recommendations.



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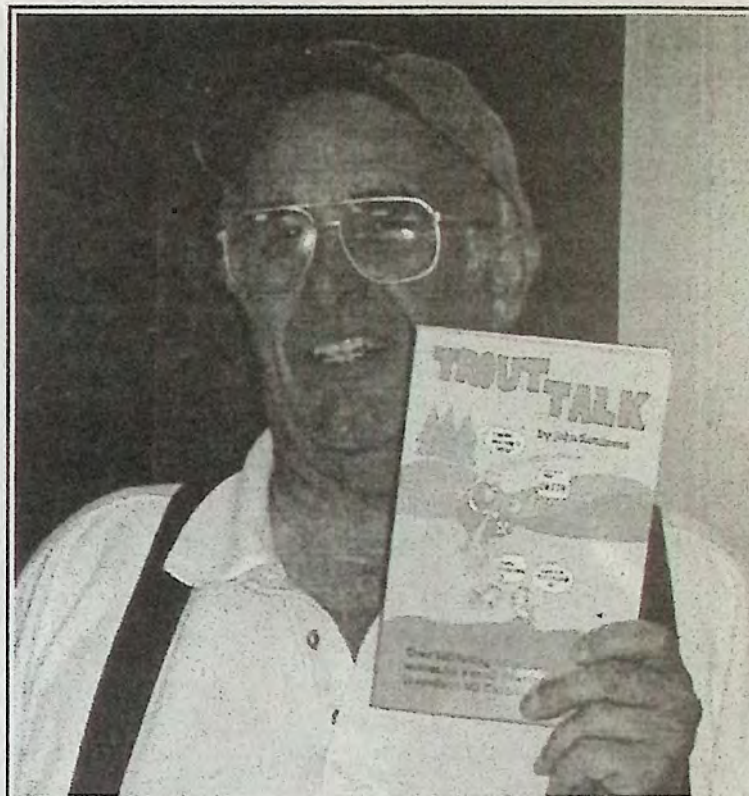
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WORKING FARM - PLEASE CALL AHEAD

Fair-goers will see more chuckwagons

Members of Princeton & District Fall Fair Association met July 27 at the fairgrounds to discuss what kind of events will take place during the fair this year. The fair, which will be held September 11 and 12, will feature chuckwagon races. The chuckwagon racers have put Princeton on their circuit, right up there with the Calgary Stampede, where they appeared in July.

This year, there will be 18 chuckwagons, as well as the chariots. There will be both chuckwagon and chariot races each day of the fair. Already, two sponsors of chuckwagons have come on board - Reichert Sales & Service of Tulameen, and Douglas Lake Equipment. A & W is sponsoring a chariot, and the climbing wall. Movie Gallery has given 50 free movie rentals to give as prizes. To sign up to sponsor an event, or prizes for an event, contact Ruby Bey or Maryanne Woodford.



John Sandness dreamed of publishing his writings on how to catch fish in the Princeton area. Here's his book!

Angler fulfills dream

Six years ago, John Sandness, a retired biologist and teacher, came to the News Leader suggested he do a column on fishing. An ardent, knowledgeable angler, Sandness proposed a column which would inform and entertain through sharing his trout fishing experiences. Thus, the column "Trout Talk" was born. It continued to run weekly for five years. The News Leader owner and editor of that time said to Sandness one day, "John, there's a book in here."

Sandness thought about it, and began to dream of the day when he could publish his writings in book form. His book, Trout Talk, came out in July. It is a treasure

trove of advice, knowledge and humour on everything you ever wanted to know about anything connected with fishing for trout. It is an important book for Princeton area anglers, as pertinent information about various lakes and the river is included in the book. A local artist, Chris Nordquist, designed the cover.

Trout Talk can be purchased for \$20 at Pharmasave, Princeton Outdoor Supply, Golden Hills Deli (where John hangs out for coffee with his buddies), and in Hedley at Gold House Bed & Breakfast. In Keremeos, Trout Talk can be purchased at Home Hardware. This book makes an excellent gift for any angler.

Fair limits motor sports

Due to time constraints within scheduling, the Fall Fair Association will limit motor sports activities at the fair.

At the July 27 Fall Fair meeting, members voted to have the annual demolition derby but no formal competitions for tuff truck or mud bog. Geri Swanson is in charge of the demolition derby. Anyone wishing to enter a vehicle should contact Geri soon to confirm. There will be mud bog and tuff truck demonstrations between heats of the demolition derby.

Some interest has been expressed in having lawnmower races, but the Fair organizers have been unable to ascertain

whether there are enough machines to make a competition. If any of the News Leader readers have a lawnmower they would enter in a race on September 11 or 12, please leave your name and phone number at the News Leader, attention Dawn Johnson.

Chuckwagon races, chariot races and possible gymkhana events, along with stage shows and other activities, limit the time.

This year, the fruit and vegetable auction will take place on Sunday afternoon BEFORE the demolition derby. The derby will be the last scheduled event on the last day of the fair.

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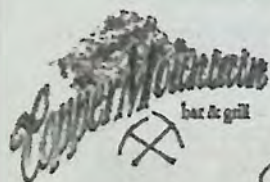


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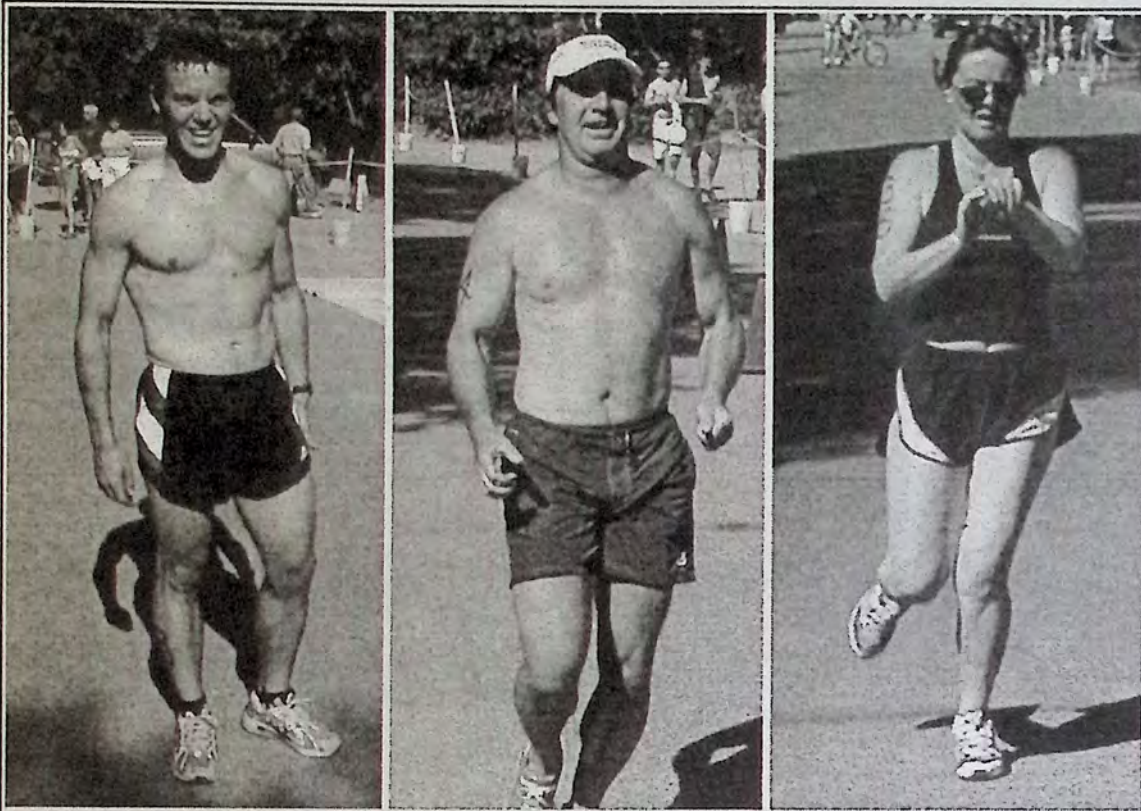
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weekly entertainment guide

TUESDAY, AUGUST 3, 2004 THROUGH MONDAY, AUGUST 9, 2004



Tulameen Triathlon Winner and Men's Individual First Place finisher Ryan Quinn, left. Princeton's Jim Hardin, centre and Tulameen's Leslie Hassell, right, finishing their races.

Arena installs ice early for Posse

Princeton Arena will have ice by mid-August this year to accommodate hockey camps.

Before the Posse came to town, the Arena did not have ice until mid-September.

Ice has been in place the past two seasons by September 1st for the Junior "B" Hockey Team.

This year, the Posse will conduct a Rookie Camp from August 18th to 22nd.

Applications for the camp are coming in steady, according to Posse Society President, Clayton Hamilton.

"We've had quite a few applicants already. I'm picking up one or two daily."

The Posse will also host a Junior Hockey School from August 23rd

to 27th.

This camp is for players between the ages of 6 and 13 years.

The Princeton Posse Main Camp will run from August 28th to 30th.

Outstanding players from the Rookie Camp will be invited to the Main Camp, along with returning players.

"We have about eight players from last year coming back," Hamilton says.

Applications for the camps are coming from all over, including California and Manitoba on the day Hamilton spoke with the News Leader.

The Posse office has also announced it's hours of operation to allow for Season Ticket sales.

The office, located in Princeton Arena, will be open Tuesdays from 1 - 3:00 PM and Thursdays from 6 - 8:00 PM, effective August 5th.

To contact the Posse office, the phone number is (250) 295-6544.

Tulameen Triathlon Results

There were a total of 19 entries in Saturday morning's 5th annual Tulameen Triathlon.

They included four men and one woman entered as individual racers with eight mixed, four mens and two ladies relay teams.

The event started with a chilly 1-kilometre swim in Otter Lake, followed by a 16-kilometre bike race on Tulameen Road from Otter Lake beach to downtown Coalmont and back.

The final leg of the journey is a 9-kilometre run on Otter Lake Road.

The first person to cross the Finish Line was Ryan Quinn with a time of 1 hour, 28 minutes and 55 seconds.

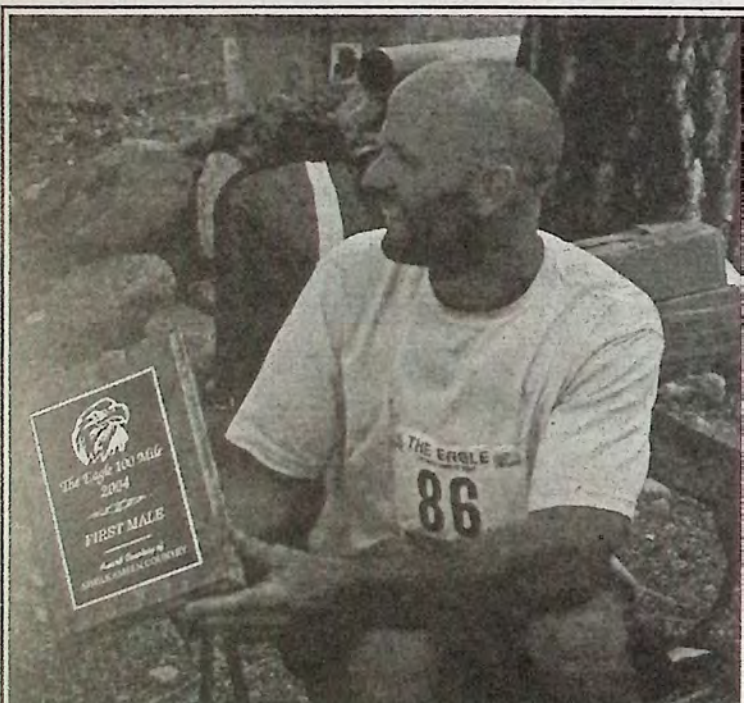
He had started the final leg of the triathlon in fourth place.

The second place finisher was Dale Mumford with a time of 1:30:34.

Mumford was part of a Men's Relay team which included Keaton Brown (swim) and Chris Camphed (Bike).

Third to cross the Finish Line was Dick Quinn with a time of 1:36:17.

.....continued next page



Prince Rupert's Judson Rowse, first place finisher in the Eagle 100-mile Ultra-Marathon in Keremeos, accepts his winning plaque. His time was 27:45:11. Photo: Bryan Smith

Weekly News Leader Fishing Report

PROSSER LAKE - Ron at Princeton Outdoor Supply says this lake has started to produce well. He and some buddies were there last week and Ron says, "Man, those fish are deep!"

Ron suggests using full sinking, heavy fly lines and says anglers will be pleased. "There's good, solid fish there."

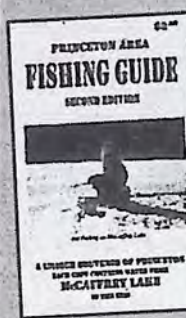
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2004 SUMMER SCHEDULE (JUNE 28 - SEPTEMBER 6)

Public Swims

2:00 - 4:00 PM Daily

7:00 - 8:30 PM Monday - Wednesday - Friday

Swim Lessons

9:00 AM - 12 Noon Monday to Friday

Seniors Hour

1:00 - 2:00 PM Monday - Wednesday - Friday

Aquasize / Lane Swim

7:15 - 8:30 PM Tuesday - Thursday

Swim Club

5:00 - 7:00 PM Monday to Friday

Parent & Tot

1:00 - 2:00 PM Tuesday - Thursday - Friday



This was the start of the 5th annual Tulameen Triathlon Saturday morning. A total of 19 swimmers entered the chilly water of Otter Lake to complete the 1km swim portion of the event. Team and individual entries went on to tackle a 16km bike ride and a 9km run.

More Tulameen Triathlon Results

Quinn was part of a Mixed Relay team which included Rod Dixen (bike) and Biana Martz (swim).

Two of the triathlon race organizers also did well. Jim Hardin, running in the Mens Individual category, finished 5th overall with a time of 1:41:27.

Leslie Hassell, as part of a Mixed Relay team, brought her team in 10th place overall with a time of 1:52:33.

Hassell's 9km run time was 50:25.

The Ladies Relay winners were impressive with a time of 2:15:25.

The team was made up of three 12-year old girls! MacKenzie Johnson (swim), Katie Liberatore (bike) and Kiel Liberatore (run).

In the Ladies Individual category, Bobby Krause finished with a time of 2:27:15.

The pace of the racers was

impressive with swimmers finishing their leg of the race between 20 and 35 minutes.

Cyclists hit the bike portion between 21 minutes and 1:20 into the race with runners hitting the pavement starting at 47 minutes into the event.

It was also interesting to note that Princeton's Doug Rebagliati had turned 65 the day before the triathlon. He ran the entire course and finished with a time of 2:06:28.

The Tulameen Sports Club organizes the annual triathlon and could not do it with the support of sponsors and volunteers, including Backroads Bike Shop, An Ounce of Prevention, Princeton Highway Rescue, Princeton Red-Mix, Mac's Auto Parts, Lifeguards and the Town of Princeton.

Race announcer for the third year in a row was the News Leader's very own George Elliott.

Thursday Men's Night Golf

by Monty Raine

Playing off the Ladies tees wasn't as easy as most golfers thought it would be, except for Ian Elko who busted the ball and used the finesse of a champion to shoot a hot 31.

Darrell Smith was Low Net winner with a fine 30.

Other scores by handicap:

First Low Gross: (0-12) Monty Raine - 37, (13-19) Brian Bertrand - 41, (20 -Up) Aaron Gould - 42.

Second Low Gross: (0-12) Tony Ylirausi - 38, (13-19) Dinny Mullin - 42, (20-Up) Mark Jones - 44.

First Low Net: (0-12) Bob Wicks - 32.5, (13-19) Shane O'Malley - 32.5, (20-Up) Jim Martindale - 32.

Second Low Net: (0-12) Wally Wallace - 34, (13-19) Mike Carlson - 33.5, (20-Up) Frank Kettner - 33.5.

Long Drives on hole 5 were: Ian Elko, Gil Bertrand, Frank Kettner, Monty Montgomery and Don Porter.

Closest to the pin on hole 7 were Glenn Weissbach, Gil Bertrand and Norm Morrison.

Closest on hole 8 for all handicap divisions was Wally Wallace.

Proximity after two shots on hole 2 was Ian Elko.

Paul Pavich's net 42.5 gives him bragging rights for Most Honest Golfer.

Dinny Mullin was laughing all the way to the bank by having the only deuce.



Chad Ulansky, from Kelowna, crosses the finish line at 9:40:37 to claim First Place in the Eagle 50-Mile Ultra-Marathon. The event was held July 24 & 25 in Keremeos. Photo: Bryan Smith

tuesday movies

MORNING

10:00 am CITY (29) ★½ "Billy Madison" (1995, Comedy) Adam Sandler. A hotel magnate's loutish son must go back to grade school or lose his legacy to his father's sneaky aide. (E)

11:00 am A&E (9) ★★½ "The Terminal Man" (1974, Science Fiction) George Segal. A man becomes a guinea pig involving electrode implanting when he suffers from blackouts which make him violent. (E)

EVENING

6:00 pm CITY (29) ★★★ "The Portrait" (1992, Drama) Alan Scarfe. Premiere. A self-indulgent artist clashes with his wealthy patron when he decides to paint her true to his own personal vision. (E) (DVS)

9:00 pm WTBS (3) ★★★ "Boys on the Side" (1995, Comedy-Drama) Whoopi

Goldberg. A strong bond forms among three diverse women as they share adventures on a cross-country drive to California. (E)

FAM (26) ★½ "Theodore Rex" (1996, Comedy) Whoopi Goldberg. A wisecracking detective is saddled with a talking dinosaur partner to help her solve a high-profile murder case.

10:06 pm CITY (29) ★★½ "ffolkes" (1980, Adventure) Roger Moore. An eccentric frogman is called in to thwart the plans of extortionists threatening to destroy North Sea oil rigs.

11:00 pm WTBS (3) ★ "The In Crowd" (2000, Drama) (PA) Susan Ward. A former mental patient is given a job at a ritzy country club, where a sinister debutante takes her under her wing. (E)

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wednesday movies

MORNING

10:00 am CITY (29) "Passport to Murder" (1993, Suspense) Connie Sellecca. Premiere. A Park Avenue socialite's trip to Paris turns dangerous when she learns that mysterious strangers are following her. (E)

11:00 am A&E (9) ★★ "Frank Nitti: The Enforcer" (1988, Drama) Anthony LaPaglia. The story of mobster Frank Nitti, the man who became the king of Chicago's underworld during Al Capone's imprisonment. (E)

AFTERNOON

5:00 pm WGN (38) ★★½ "Chaplin" (1992, Biography) Robert Downey Jr. Richard Attenborough's epic portrait of comic Charles Chaplin, from his London childhood to silent film superstardom. (In Stereo)

EVENING

6:00 pm CITY (29) ★★½ "Conan the Barbarian" (1982, Fantasy) Arnold Schwarzenegger. Robert E.

Howard's barbaric swordsman seeks revenge against Thulsa Doom, the snake-worshipping murderer of his parents. (E)

8:00 pm WTBS (3) ★★½ "Something to Talk About" (1995, Comedy-Drama) Julia Roberts. A betrayed wife disrupts the lives of all around her when she retreats to her family's horse farm. (E)

9:00 pm FAM (26) ★★½ "Awakenings" (1990, Drama) Robin Williams. A neurologist uses an experimental drug to treat a group of hospital patients suffering from sleeping sickness. (In Stereo) (E)

10:00 pm WTBS (3) ★★½ "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A teen perpetrates a series of elaborate deceptions to ensure that he and two friends spend a carefree day in Chicago. (E)

10:06 pm CITY (29) ★★½ "Conan the Barbarian" (1982, Fantasy) Arnold Schwarzenegger. Robert E. Howard's barbaric swordsman seeks revenge against Thulsa Doom, the snake-worshipping murderer of his parents. (E)

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6 AM	Movie: "Bed of Roses"	News	(Off Air)	George S. Dragon	News (E)	News	(5:00) "The Terminal Man"	(5:00) News	News (E)	(5:00) News (Live)	Uh Oh! Stickin	SportsCentre (E)	News (E)	Daily Planet (E)	Teach Me	Something	News (E)	Maury (E)	Hillbillies
7 AM	Dawson's Creek (E)	Life Today	Zoboo	Clifford	Today K.d. lang; David Burke. (E)	The Early Show (E)	Murder, She Wrote (E)	Good Morning America (E)	News (E)	(5:00) News (Live)	George S. Fly Rhino	SportsCentre (E)	Canada AM (E)	Wilderness Journeys	Sabrina's	Mon Colle	News (E)	CityLine (E)	Matlock (E)
8 AM	Dawson's Creek (E)	Huntley Street (N) Poko (E)	BluesClues	Barney			Third Watch (E)			100 Huntley Street (N)	D'Myna	WTA Tennis: Rogers	News (E)	Monster Garage	Teach Me	Gadget		Seinfeld	In the Heat of the Night
9 AM	Saved-Bell	Save-Ums!	Little Bear	Sesame Street (E)		Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (N)	World Vision (E)	Rupert	Cup - Day 2. From Montreal. (Live)	Regis and Kelly	Daily Planet (E)	Fam. Feud	Franklin	Maury (E)	News (E)	Rockford Files
10 AM	Fresh Pr.	The Price Is Right (E)	Wumpa	Reading	Ellen DeGeneres Show	The Price Is Right (E)	American Justice	The View (E)	World Vision (E)	Crossing	Monsters		The View (E)	Monster House (E)	Starting Over (N) (E)	JoJo Henrys	Jerry Springer (N) (E)	Movie: "Billy Madison" (1995)	News (E)
11 AM	Harvey	Hollywood	Religions of the World	Caillou (E)	Frasier	Young and the Restless	Movie: "The Terminal Man" (1974)	GRC	Crossing	News (Live) (E)	Jacob		Balance-TV	Dinosaur Planet (E)	Montel Williams (E)	Chip-Dale	Jerry Springer (E)	Movie: "Billy Madison" (1995)	In the Heat of the Night
12 PM	Drew	News (E)	Cosmic Odyssey (E)	Charlie Rose (E)	Shop	Shop	George Segal.	All My Children (E)	News (E)	Days of Our Lives (E)	SpongeBob		Balance-TV	Mysterious Worlds (E)	Perry Mason	Fillmore	Maury (E)	CityLine	Street
1 PM	Yes, Dear	Days of Our Lives (E)	They've Got Game (E)	Art	Days of Our Lives (E)	As the World Turns	Murder, She Wrote (E)	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears		Vicki G.	Monster Garage (E)	Justice	Teamo	Osbourne Show	Relic Hunter (E)	Cosby
2 PM	Friends	Judy	Dotto Tech	Mr Rogers	Passions (E)	Guiding Light (E)	Thrd Watch (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona	ATP Tennis: Tennis Masters Series	General Hospital (E)	Mega Machines (E)	Hughleys	Chip-Dale	Griffith	Maury (E)	Fresh Pr.
3 PM	Raymond	Coronatn	Leading Edge (E)	Arthur (E)	Brown	Dr. Phil	City Confidential (E)	Martha Stewart Living	Young and the Restless	Young and the Restless	Cramp	Sports	Dr. Phil	How'd They Do That?	Montel Williams (E)	Timon	Jackie	News (Live) (E)	Home Imp.
4 PM	Seinfeld	Starting Over (N) (E)	George S.	Cyberchas	Judy	Oprah Winfrey (E)	American Justice	Home Imp.	Oprah Winfrey (E)	News (E)	Beyblade	Interruption	Frasier	Daily Planet (E)	On Air Ryan	Weekend	Pokémon	Blind Date	Will-Grace
5 PM	Friends	News (E)	Paddington	BBC World	News (E)	News	Biography "Carmen"	News (E)	News (E)	News (E)	Oddparent		News (E)	How-Made	Simpsons	Proud	Sabrina	Smallville	Becker
6 PM	Outback Jack (N)	Will-Grace	Reinventin g the World	News-Lehrer	News (E)	News	Cold Case Files (N) (E)	News (E)	News (E)	Train 48	SpongeBob		News (E)	American Chopper (E)	Simpsons	All That	Raymond	Movie: "The Portrait" (1992)	MLB Baseball: Chicago Cubs at Colorado Rockies. (Live) (E)
7 PM	Sex & City	Fortune	Dotto Tech	Nova (E)	Jeopardy!	Seinfeld		Entertain	Entertain	Last Comic Standing	Mystery	SportsCentre (Live) (E)	eTalk Daily	American Hot Rod (E)	Will-Grace	Even	Friends	Drama	Cubs at Colorado Rockies. (Live) (E)
8 PM	Outback Jack	This Is Wonderland	Champions Gardens	Real Olympics	Last Comic Standing	Navy NCIS "Enigma"	Crossing Jordan (E)	Makeover: Home	Trading Spouses	Trading Spouses	Dragon		Next Action Star (N)	Daily Planet (E)	Trading Spouses	Boy World	Gilmore Girls (E)	News (E)	Review
9 PM	Movie: "Boys on the Side" (1995) (E)	Da Vinci's Inquest (E)	Canada O Canada	Marx Brothers	Last Comic Standing	Blg Brother 5 (N) (E)	Biography "Carmen"	Jim	Last Comic Standing	Big Brother 5 (N) (E)	Mystery	Boxing: Tuesday - Jones vs. Wilson	Law & Order	American Chopper (E)	'70s Show	Movie: "Theodore Rex" (1996)	Summerla nd (N) (E)	Jimmy Kimmel Live	WGN News
10 PM	Movie: "The In Crowd" (1996) (E)	The National (E)	Halda Art Imprint	P.O.V. (N) (E)	Law & Order	The Amazing Race 5	Cold Case Files (E)	NYPD 24/7 (N) (E)	Ultimate Team	News (E)	Fries That?	Golf	The Amazing Race 5	American Hot Rod (E)	Will-Grace	Boy World	News (E)	Movie: "folkes" (1990)	Osbourne Show
11 PM	Movie: "The In Crowd" (1996) (E)	News (E)	Planet	Charlie Rose (N) (E)	News (E)	News		News (E)	News (E)	(11:03) Saturday Night Live	Weird	SportsCentre (Live) (E)	News (E)	How-Made	Becker	B. Leonard	Friends	Adventure	Rockford Files

WEDNESDAY, AUGUST 4, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	(5:00) "Boys on the Side" (E)	News	(Off Air)	George S. Dragon	News (E)	News	"Frank-Enforcer"	(5:00) News	News (E)	(5:00) News (Live)	Uh Oh! Stickin	SportsCentre (E)	News (E)	Daily Planet (E)	Teach Me	Something	News (E)	Maury (E)	Hillbillies
7 AM	Dawson's Creek (E)	Life Today	Zoboo	Clifford	Today Seth Green; Matthew Lillard; Dax	The Early Show (E)	Murder, She Wrote (E)	Good Morning America (E)	News (E)	(5:00) News (Live)	George S. Fly Rhino	SportsCentre (E)	Canada AM (E)	Champions	Sabrina's	Mon Colle	News (E)	CityLine (E)	Matlock (E)
8 AM	Dawson's Creek (E)	Huntley Street (N) Poko (E)	BluesClues	Barney			Third Watch (E)			100 Huntley Street (N)	D'Myna	WTA Tennis: Rogers	News (E)	American Chopper	Teach Me	Gadget		Seinfeld	In the Heat of the Night
9 AM	Saved-Bell	Save-Ums!	Little Bear	Sesame Street (E)	Shepherd; Today's Fitness. (E)	Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (N)	World Vision (E)	Rupert	Cup - Day 3. From Montreal. (Live)	Regis and Kelly	Daily Planet (E)	Fam. Feud	Franklin	Maury (E)	News (E)	Rockford Files
10 AM	Fresh Pr.	The Price Is Right (E)	Wumpa	Reading	Ellen DeGeneres Show	The Price Is Right (E)	Amér. Justice	The View (N) (E)	World Vision (E)	Crossing	Monsters		The View (N) (E)	How-Made	Starting Over (N) (E)	JoJo Henrys	Jerry Springer (N) (E)	Movie: "Passport to Murder" (1993)	News (E)
11 AM	Harvey	Hollywood	Organ	Caillou (E)	Frasier	Young and the Restless	Movie: "Frank Nitti: The Enforcer" (1988) (E)	Paid Prog.	Crossing	News (Live) (E)	Jacob		Balance-TV	Profiles of Nature (E)	Montel Williams (E)	Chip-Dale	Jerry Springer (E)	Movie: "Passport to Murder" (1993)	In the Heat of the Night
12 PM	Drew	News (E)	Reach-Top	Charlie Rose (N) (E)	Shop	Shop	George Segal.	All My Children (E)	News (E)	Days of Our Lives (E)	SpongeBob		Balance-TV	Accidents in Space	Perry Mason	Fillmore	Maury (E)	CityLine	Street
1 PM	Yes, Dear	Days of Our Lives (E)	Thimble	Simp Paint	Days of Our Lives (E)	As the World Turns	Murder, She Wrote (E)	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears		Vicki G.	Rocket Science (E)	Justice	Teamo	Osbourne Show	Relic Hunter (E)	Cosby
2 PM	Friends	Judy	Artists	Mr Rogers	Passions (E)	Guiding Light (E)	Thrd Watch (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona	ATP Tennis: Tennis Masters Series	General Hospital (E)	Fear Fighters (E)	Hughleys	Chip-Dale	Griffith	Maury (E)	Fresh Pr.
3 PM	Raymond	Coronatn	Imprint (E)	Arthur (E)	Brown	Dr. Phil	City Confidential (E)	Martha Stewart Living	Young and the Restless	Young and the Restless	Cramp	Sports	Dr. Phil	Daring Rescues	Montel Williams (E)	Timon	Jackie	News (Live) (E)	Home Imp.
4 PM	Seinfeld	Starting Over (N) (E)	George S.	Cyberchas	Judy	Oprah Winfrey (E)	Amer. Justice	Home Imp.	Oprah Winfrey (E)	News (E)	Beyblade	Interruption	Frasier	Daily Planet (E)	On Air Ryan	Weekend	Pokémon	Blind Date	Will-Grace
5 PM	Family Guy	News (E)	Jakers!	BBC World	News (E)	News	Biography: Onassis	News (E)	News (E)	News (E)	Oddparent		News (E)	Mysterles	Simpsons	Proud	Sabrina	Relic Hunter (E)	Movie: "Chaplin" (1992)
6 PM	Seinfeld	Will-Grace	CG Kids	News-Lehrer	News (E)	News	Amer. Justice	News (E)	News (E)	Train 48	SpongeBob		News (E)	Supernatural Science	Simpsons	All That	Raymond	Movie: "Conan the Barbarian" (1982) (E)	WGN News at Nine
7 PM	Sex & City	Fortune	Reach-Top	Secrets of the Dead (N)	Jeopardy!	Seinfeld	City Confidential (E)	Entertain	Entertain	One Tree Hill (N) (E)	Mystery	SportsCentre (Live) (E)	eTalk Daily	Mayday: Flying	Will-Grace	Even	Friends	Barbarian" (1982) (E)	Becker
8 PM	Movie: "Something to Talk About" (1995) (E)	Makin' Noise	Surviving the Wild	Real Olympics	Next Action Star "Bet Your Life" (N) (E)	60 Minutes (E)	Crossing Jordan (E)	My Wife	'70s Show	'70s Show	Dragon	Boxing (E)	Canadian Idol (E)	Daily Planet (E)	'70s Show	Boy World	Smallville	News (E)	Becker
9 PM	Movie: "Ferris Bueller's Day Off" (1986) (E)	Oil-World Over	Space Horizons (E)	Great Performances	Law & Order (E)	King	Biography: Onassis	Drew	One Tree Hill (N) (E)	King	Mystery		Simple	Supernatural Science	Simple	Movie: "Awakenings" (1990)	Smallville	Jimmy Kimmel Live	Elimidate
10 PM	Movie: "Ferris Bueller's Day Off" (1986) (E)	The National (E)	Cosmic Odyssey (E)	NW Prof	Law & Order (E)	48 Hours Mystery (E)	Amer. Justice	Jesus, Mary	Gilmore Girls (E)	News (E)	Fries That?	Motoring	Law & Order (E)	Mayday: Flying	Will-Grace	Robin Williams.	News (E)	Movie: "Conan the Barbarian" (1982) (E)	Osbourne Show
11 PM	Movie: "Ferris Bueller's Day Off" (1986) (E)	News (E)	Undefend d Border	Charlie Rose (N) (E)	News (E)	News	City Confidential (E)	News (E)	News (E)	(11:03) Saturday Night Live	Weird	SportsCentre (Live) (E)	News (E)	Mysterles	Becker	B. Leonard	Friends	the Barbarian" (1982) (E)	Rockford Files

Regular Meetings

- * Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- * Hedley Library open 2-7pm Thursdays
- * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- * Legion Branch 56 meets 3rd Thursday of month 7:30 p.m. Legion Hall
- * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- * The Country Church hosts a Free Community Lunch the third Saturday of each month at 12 Noon.
- * The Country Church hosts "Country Gospel Hour" 7:00 PM the last Saturday of each month
- * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Arena Mezzanine.

Similkameen News Leader
Community Calendar

AUGUST

1, 2 - Keremeos High School Reunion, Rodeo grounds

8 - Kars Under the K

14 - Hedley Fun Day

SEPTEMBER

4,5 - Ashnola Powwow

6 - LABOUR DAY

7 - SCHOOL OPENS AGAIN!

11 - Keremeos Children's Festival

11, 12 - PRINCETON FALL FAIR

17, 18, 19 - Jet rally Princeton Airport

18 - Similkameen Sizzle Keremeos

19 - Fall Apple Day festival at Grist Mill Keremeos

21 - Business Enhancement Assoc. 7 pm Copper Mtn. Pub

OCTOBER

11 - Thanksgiving

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!

ads@thenewsleader.ca

Horoscopes

August 4 to 11, 2004

Aries - Your concerns this week focus on children, sports, and/or fun. This will be an active week for you, and one in which you may learn some of your limitations - there is only so much you can do!

Taurus - This week will be challenging on the home front especially where family and parents are concerned. Plans you make this week may have to be revised in weeks to come. Clarify your position re money.

Gemini - Activity with family keeps you busy, but you may find there are subconscious lessons happening. Big changes for the better are in progress in home and family matters. Be observant.

Cancer - Burdens ease a little this weekend and this trend continues until Labour Day. Be cautious when driving - accidents are possible. Major action occurs regarding siblings, information, communication.

Leo - Your energy level continues high until next week. Complete projects now. Changes in your money situation occur this week which should put you in a position to gain long term benefits. Wait.

Virgo - Your career plans are subconscious right now but very active. You can bring them to the surface next week. You want to make permanent plans re home and family. Do it this week for best results.

Libra - There is a lot of stuff going on just under the surface of your mind. Pay attention to it. You do much active planning re long distance travel. Misgivings about shared resources, debt, bother you.

Scorpio - Career matters are demanding now. Plans for the future will undergo delays. You may think about the pleasures of travel, but you can only travel for business now. Make beneficial changes re money.

Sagittarius - Your career undergoes a beneficial change this week. You have an opportunity to increase your public image through some action with your partner or spouse. Change occurs in friends.

Capricorn - Public image undergoes a positive change this week. Take care of bills, old financial matters. Health improves dramatically, changes occur in regard to attitude. You are more optimistic, creative.

Aquarius - You consult a lot of people this week. On the weekend, you begin to feel much better, but your health must be guarded. Plans change to bring you increased financial benefits. Try to relax.

Pisces - Your partner or spouse, and your career, undergo positive change to your benefit. You feel healthier, and your energy begins to climb. Make changes in work load at home. startling news excites you.

thursday movies

MORNING

10:00 am CITY (29) "The Devil's Bed" (1994, Drama) Nicollette Sheridan. A woman cannot decide between the new love she feels for one man and the renewed passion she feels for his brother. (E)

11:00 am A&E (9) "Hearts on Fire" (1992, Drama) Lesley Ann Warren. Relations become strained when a woman discovers that her husband and her nurse have fallen in love with each other. (E)

AFTERNOON

5:00 pm WGN (38) "Cheats" (2002, Comedy) Trevor Fehrman. A new principal hampers the plans of four seniors who have thus far lied and cheated their way through high school. (In Stereo) (E)

EVENING

6:00 pm CITY (29) "Speed" (1994, Suspense) Keanu Reeves. Premiere. A police officer on a city transit bus must defuse a bomb set to explode if the vehicle drops below 50 mph. (E)

8:00 pm WTBS (3) "Mickey Blue Eyes" (1999, Comedy) (PA) Hugh Grant. An awkward British auctioneer tries to feel like one of the family when he becomes engaged to a mobster's daughter. (E)

FOX (25) "Little Nicky" (2000, Comedy) Adam Sandler. The devil's kindhearted son is sent to retrieve his two evil brothers before they raise hell on Earth. (In Stereo) (E)

9:00 pm FAM (25) "Right on Track" (2003, Drama) Beverley Mitchell, Erica Enders and her sister Courtney become forces to be reckoned with in the male-dominated world of drag racing. (In Stereo) (E)

10:06 pm CITY (29) "Speed" (1994, Suspense) Keanu Reeves. A police officer on a city transit bus must defuse a bomb set to explode if the vehicle drops below 50 mph. (E)

10:10 pm WTBS (3) "Fletch" (1985, Comedy) Chevy Chase. A reporter with an array of disguises unravels a plot involving a wealthy businessman who contracts his own murder. (E)

friday movies

MORNING

8:30 am CHBC (4) "Rolie Polie Olie: The Baby Bot Chase" (2003, Adventure) Voices of Kristen Bone. Animated. Olie and Zowie find two lost baby bots while out searching for a present to give their parents. (E)

10:00 am CITY (29) "Daydream Believers: The Monkees Story" (2000, Drama) Wallace Langham. The story of the hit '60s TV series and the problems that arose during its production. (E)

11:00 am A&E (9) "Side by Side" (1988, Comedy-Drama) Milton Berle. Three senior citizens face resistance from the garment industry when they attempt to produce clothing for the elderly. (E)

AFTERNOON

5:00 pm WTBS (3) "Lara Croft: Tomb Raider" (2001, Adventure) (PA) Angelina Jolie. Premiere. The virtual heroine seeks an ancient artifact that can control time in this adaptation of the popular computer game. (E)

WGN (38) "Exception to the Rule" (1997, Suspense) Kim Cattrall. A gem merchant leads a sordid life filled with expensive jewelry and sultry women. (In Stereo) (E)

EVENING

6:00 pm CITY (29) "Next Friday" (2000, Comedy) Ice Cube. Premiere. An urban slacker encounters a wild assortment of characters while hiding out at his rich uncle's suburban home. (E)

7:00 pm WTBS (3) "Lara Croft: Tomb Raider" (2001, Adventure) (PA)

Angelina Jolie. The virtual heroine seeks an ancient artifact that can control time in this adaptation of the popular computer game. (E)

7:30 pm FAM (25) "Larger Than Life" (1996, Comedy) Bill Murray. Premiere. A man embarks on a troublesome cross-country journey accompanied by the pesky pachyderm he inherited from his father. (In Stereo) (E)

8:00 pm KNOW (5) "The Four Minute Mile" (1988, Drama) (Part 1 of 2) Richard Huus. Four athletes attempt the impossible when they set out to run a mile in under four minutes. Based on a true story.

9:00 pm WTBS (3) "Blade" (1999, Action) (PA) Wesley Snipes. A half-human, half-vampire superhero hunts down the brutal bloodsucking creature who infected his mother. (E) (DVS) FAM (25) "The One" (2003, Romance) Richard Ruccolo. A caterer is torn between confessing his secret love for a client and letting her marry her fiancé as planned. (In Stereo)

10:06 pm CITY (29) "Intimate Nights" (1998, Adult) J. Cynthia Brooks. A detective engages in a steamy affair with a nightclub dancer he is protecting from a wealthy criminal.

10:30 pm FAM (25) "Dangerous Minds" (1995, Drama) Michelle Pfeiffer. A dedicated English teacher at an inner-city school works to challenge and inspire her class of underachievers. (In Stereo)

11:00 pm WTBS (3) "I Know What You Did Last Summer" (1997, Horror) (PA) Jennifer Love Hewitt. Four North Carolina teens face the dire consequences when a killer discovers their dark summer secret. (E)

Similkameen News Leader
Recipe Corner (Recipe #24)

Bread & Butter Pickles

(STOLEN FROM MOM'S COLLECTION)

- 1 gallon firm cukes
- 2 seeded green peppers
- 8 small onions
- 1 quart crushed ice or very cold water.

Place all ingredients in crock in layers, with 1/2 cup of salt. Cover with weighted lid and place in refrigerator over night or for a few hours. Drain.

- Syrup:
- 5 cups vinegar
 - 5 cups sugar
 - 1 1/2 tsp. turmeric
 - 1/2 tsp. ground cloves
 - 2 tsp. mustard seed
 - 1 tsp celery seed

Add vegetables, heat slowly with very little stirring, scald, DO NOT BOIL. Place in sterilized jars and seal.

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

WELCOME
WAGON
SINCE 1930

- new in town?
- recently married?
- new baby?

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Christine Simpson

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welcome awaits
you from your
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We are looking
forward to
meeting you
soon.



THURSDAY, AUGUST 5, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"Something Talk"	News	(Off Air)	George S. Dragon	News	News	Movie: "Hearts on Fire"	(5:00) News	News	(5:00) News (Live)	Uh Oh! Stickin	SportsCentre	News	Daily Planet	Teach Me GRC	Something Hoze	News	Maury	Hillbillies Hap Days
7 AM	Dawson's Creek	Life Today	Zoboo	Clifford	Today Entertainment Report; It's Cojo Time.	The Early Show	Murder, She Wrote	Good Morning America			George S. Fly Rhino	SportsCentre	Canada AM	Profiles of Nature	Libertys Paid Prog.	Mon Colle Rangers	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street (N) Poko	BluesClues	Barney			Third Watch			100 Huntley Street (N)	D'Myna	WTA Tennis: Rogers Cup - Day 4. From Montreal. (Live)	Mayday: Flying	Teach Me Paid Prog.	Gadget		Seinfeld MovieTV	In the Heat of the Night	
9 AM	Saved-Bell	Save-Ums!	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	Listen Up	Rupert	Regis and Kelly	Daily Planet	Fam. Feud	Franklin	Maury	News	Rockford Files	
10 AM	Fresh Pr.	The Price Is Right	Wumpa	Reading Lions	Ellen DeGeneres Show	The Price Is Right	Amer. Justice	The View (N)	World Vision	MoneyWs	Monsters	The View (N)	Mysterles	Starting Over (N)	JoJo Henrys	Jerry Springer (N)	Movie: "The Devil's Bed" (1994), Joe Lando	News	
11 AM	Harvey	Hollywood	Caller	Caillou (EI)	Frasier	Young and the Restless	Movie: "Hearts on Fire" (1992), Tom Skerritt	Paid Prog. Paid Prog.	Crossing	News (Live)	Jacob		Balance-TV Daily	Dangerous Migration	Montel Williams	Chip-Dale Art Attack	Jerry Springer	In the Heat of the Night	
12 PM	Drew	News	Home Biz Health	Charlie Rose	Shop	News	Shop	News	News	Days of Our Lives	SpongeBob Hamtaro		Balance-TV Bold & B.	Moments In Time	Perry Mason	Fillmore	Maury	CityLine	MLB Baseball: Chicago Cubs at Colorado Rockies. (Live)
1 PM	Yes, Dear	Days of Our Lives	Leading Small Spc	One Stroke Sews	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	Care Bears	PGA Golf: The International - First Round. (Live)	Vicki G.	Canadian Geographic	Justice	Teamo	Osbourne Show	Relic Hunter	Cubs at Colorado Rockies. (Live)
2 PM	Friends	Judy	Designer	Mr Rogers	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona	General Hospital	Mayday: Flying	Hughleys	Chip-Dale	Griffith	Maury		
3 PM	Raymond	Coronatn	Boo	Arthur (EI)	Brown	Dr. Phil	City Confidential	Martha Stewart Living	Young and the Restless	Young and the Restless	Cramp	Record	Dr. Phil	Beyond Invention	Montel Williams	Timon	Jackie	News (Live)	Home Imp.
4 PM	Seinfeld	Starting Over (N)	Dora	Libertys	Brown		Amer. Justice	Home Imp. News	Oprah Winfrey	Oprah Winfrey	Beyblade	CFL Football: Saskatchewan Roughriders at Montreal Alouettes. (Live)	Frasier	Daily Planet	On Air Ryan	Weekend Recess	Pokémon Yu-Gi-Oh!	Blind Date	Will-Grace
5 PM	MLB Baseball: Atlanta Braves at Houston Astros. (Live)	News	Paddington Creatures	BBC World Business	News	News	Cold Case Files	News	News	News	Oddparent	News	Frontiers of	Simpsons King of Hill	Proud	Sabrina	BeastMaster "Xinca"	Movie: "Cheats" (2002)	
6 PM	Braves at Houston Astros. (Live)	Will-Grace '70s Show	Leading Flavors	News-Lehrer	News	News	News	News	News	Train 48	SpongeBob	News	Building	Simpsons	All That	Raymond	Movie: "Speed" (1994)	Trevor Fehrman.	
7 PM	Fortune	Reach-Top	Daniel O'Donnell: Songs of Faith	Jeopardy!	Seinfeld	The First 48 (N)	Entertain	Entertain	Will-Grace	Will-Grace	Mystery	SportsCentre (Live)	eTalk Daily	Building	Will-Grace	Even	Friends	Keanu Reeves. Premiere.	WGN News at Nine
8 PM	Movie: "Mickey Blue Eyes" (1999)	Doc "Full Disclosure"	Sockeye Red Run	Will-Grace	Big Brother 5	Crossing Jordan	Extreme Makeover	Will-Grace	Big Brother 5	Will-Grace	Dragon	WTA Tennis: Rogers Cup - Day 4.	Can. Idol	Daily Planet	Movie: "Little Nicky" (2000)	Radio Free	Blue Coll	News	Becker
9 PM	Hugh Grant	Stargate SG-1	Wayson Choy	Josh Groban In Concert	Last Comic Scrubs	CSI: Crime Scn	Cold Case Files	Extreme Makeover	Last Comic	Will-Grace	Ready-Not	CSI: Crime Scn	Building	Building	News	Movie: "Right on Track" (2003)	Studio 7 (N)	Jimmy Kimmel Live	Elimdate 5th Wheel
10 PM	Movie: "Fletch" (1985)	The National	Great Train Stories	(9:59) ER	Without a Trace	Without a Trace	Primetime Thursday	Without a Trace	News	Sports	Fries That? Mental BI	ATP Tennis	Nip/Tuck (N)	Building	Will-Grace	Boy World	News	(10:05) Movie: "Speed" (1994)	Osbourne Show
11 PM	Chevy Chase	News	Tree That Remember	Soundstage (N)	News	News	The First 48	News	News	(11:03) Saturday Night Live	Weird My Family	SportsCentre (Live)	News	Frontiers of	Becker	B. Leonard	Friends	Will-Grace	Rockford Files

FRIDAY, AUGUST 6, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"Mickey Blue Eyes"	News	(Off Air)	George S. Dragon	News	News	Movie: "Side by Side"	(5:00) News	News	(5:00) News (Live)	Uh Oh! Stickin	SportsCentre	News	Daily Planet	Teach Me Paid Prog.	Something Hoze	News	Maury	Hillbillies Hap Days
7 AM	Dawson's Creek	Life Today	Zoboo	Clifford	Today Today's Style; LL Cool J.	The Early Show	Murder, She Wrote	Good Morning America			George S. Fly Rhino	SportsCentre	Canada AM	Dangerous Migration	Libertys Paid Prog.	Mon Colle Rangers	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street (N) "Rolie Polle Olie"	BluesClues	Barney			Third Watch			100 Huntley Street (N)	D'Myna	WTA Tennis: Rogers Cup - Day 5. From Montreal. (Live)	Supernatural Science	Teach Me Paid Prog.	Gadget		Seinfeld Listed	In the Heat of the Night	
9 AM	Saved-Bell	Save-Ums!	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Rupert	Regis and Kelly	Daily Planet	Fam. Feud	Franklin	Maury	News	Rockford Files	
10 AM	Fresh Pr.	The Price Is Right	Wumpa	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View Tom Cruise.	World Vision	Crossing	Monsters	The View Tom Cruise.	Fear Fighters	Starting Over (N)	JoJo Henrys	Jerry Springer Steve.	Movie: "Daydream Believers: The Monkees Story" (2001)	News	
11 AM	Harvey	Hollywood	Living Hist	Caillou (EI)	Frasier	Young and the Restless	Movie: "Side by Side" (1988)	Paid Prog. Paid Prog.	Crossing	News (Live)	Jacob		Balance-TV Daily	Beyond Invention	Montel Williams	Chip-Dale Art Attack	Jerry Springer	In the Heat of the Night	
12 PM	Drew	News	Parks Westland	Charlie Rose	Shop	News	Shop	News	News	Days of Our Lives	SpongeBob Hamtaro		Balance-TV Bold & B.	Frontiers of	Perry Mason	Fillmore	Maury	CityLine	Street
1 PM	Yes, Dear	Days of Our Lives	Home Pan Asia	Wonderful Quilt	Days of Our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	Care Bears	PGA Golf: The International - Second Round.	Vicki G.	Building	Justice	Teamo	Osbourne Show	Relic Hunter	Cosby
2 PM	Friends	Judy	Gaslight	Mr Rogers	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona	General Hospital	General Hospital	Building	Hughleys	Chip-Dale	Griffith	Maury	Fresh Pr.
3 PM	Raymond	Red Green	Boo	Arthur (EI)	Brown	Dr. Phil	City Confidential	Martha Stewart Living	Young and the Restless	Young and the Restless	Cramp	Record	Dr. Phil	Forensic Factor: Nature	Montel Williams	Timon	Jackie	News (Live)	Home Imp.
4 PM	Seinfeld	Starting Over (N)	Dora	Libertys	Brown		Amer. Justice	Home Imp. News	Oprah Winfrey	Oprah Winfrey	Beyblade	WTA Tennis: Rogers Cup - Day 5. From Montreal. (Live)	Frasier	Time	On Air Ryan	Weekend Recess	Pokémon Yu-Gi-Oh!	Blind Date	Will-Grace
5 PM	Movie: "Lara Croft: Tomb Raider" (2001)	News	Jakers! Creatures	BBC World Business	News	News	Biography	News	News	News	Oddparent	News	Super Ships "Top Ten"	Simpsons King of Hill	Proud	Sabrina	Star Trek: Enterprise	Movie: "Exception to the Rule" (1997)	
6 PM	Tomb Raider (2001)	Will-Grace '70s Show	Ports to Pan Asia	News-Lehrer	News	News	Biography	News	News	Cirque	SpongeBob	News	Mega Machines	Simpsons '70s Show	Amanda Even	Raymond	Movie: "Next Friday" (2000)	MLB Baseball: Chicago Cubs at San Francisco Giants. (Live)	
7 PM	Fortune	Gaslight	Joseph Campbell and the Power of Myth	Jeopardy!	Seinfeld	Friends	Biography	Entertain	Entertain	Gilmore Girls	Yu-Gi-Oh! Zixx	CFL Football: Ottawa Renegades at B.C. Lions.	eTalk Daily	MythBusters	Will-Grace	Teen Angel	Friends	Raymond	Chicago Cubs at San Francisco Giants. (Live)
8 PM	Movie: "Lara Croft: Tomb Raider" (2001) (PA)	Jeopardy!	Avventura	Dateline NBC	Joan of Arcadia	Amer. Justice	Lopez 8 Rules	Simpsons Malcolm	Ultimate Team	Dragon	Dragon-Z	(Subject to Blackout) (Live)	Joan of Arcadia	Forensic Factor: Nature	Bernie Mac Method	Movie: "Larger Than Life" (1996)	What I Like	News	Night Party
9 PM	Movie: "Blade" (1998) (PA)	ZeD "ZeD Prime Trax"	Mile (1988, Drama)	Miss Teen USA 2004 (Same-day Tape)	JAG "What If?"	Biography	Hope Less Than	The Jury (N)	Zoe Busiek: Wild Card	Dragonball	Spider-Man	ATP Tennis	Degrassi	Mega Machines	The Jury (N)	Movie: "The One" (2003, Romance)	Reba	Jimmy Kimmel Live	WGN News
10 PM	Wesley Snipes.	The National	Darling Buds of May	48 Hours	Biography	20/20	20/20	News	News	(11:03) Saturday Night Live	ReBoot	SportsCentre (Live)	Law & Order	MythBusters	Will-Grace	Movie: "Dangerous Minds" (1995)	Friends	Nights (1995, Adult)	Rockford Files
11 PM	"I Know What"	News	Wycliffe Four	McLaughlin Wash Wk	News	News	Biography	News	News	Nightline	ReBoot	ReBoot	News	Super Ships "Top Ten"	Becker	Just Shoot	Will-Grace	Rockford Files	

saturday movies

MORNING

7:25 am WTBS (3) ★★½ "Pleasantville" (1998, Comedy) Tobey Maguire. A shy suburban teen and his sister are transported into the black-and-white world of a 1950s TV sitcom. (D)

10:00 am WTBS (3) ★★½ "As Good as It Gets" (1997, Comedy-Drama) Jack Nicholson. A crusty New York writer who suffers from obsessive-compulsive disorder finds romance with a waitress. (D) A&E (9) ★★ "Captain Corelli's Mandolin" (2001, Romance) Nicolas Cage. During World War II, a love of music leads to romance between an Italian officer and a beautiful Greek villager. (D) WGN (38) ★★½ "The Shawshank Redemption" (1994, Drama) Tim Robbins. A mid-mannered banker and a seasoned convict forge an unlikely friendship behind bars at a maximum security prison. (In Stereo) (D)

AFTERNOON

12:00 pm FAM (26) ★ "Clifford" (1991, Comedy) Martin Short. An evil-minded 10-year-old exacts revenge when his uncle refuses to take him to an amusement park. (D)

1:00 pm WTBS (3) ★★½ "Deep Blue Sea" (1999, Suspense) (PA) Thomas Jane. A marine biologist and her staff become the prey of scientifically altered sharks with a hunger for human flesh. (D) (DVS) CITY (29) ★★ "The Blue Lagoon" (1980, Drama) Brooke Shields. Two castaway children grow to adolescence on a remote South Pacific island and experience the pangs of first love. (D)

1:30 pm FAM (26) ★★½ "Teenage Mutant Ninja Turtles" (1990, Adventure) Judith Hoag. Four wise-cracking superturtles battle martial artists terrorizing New York. Based on the comic-book characters. (D)

3:00 pm WTBS (3) ★★½ "The Matrix" (1999, Science Fiction) (PA) Keanu Reeves. A computer hacker discovers his world is actually a computer simulation created by an evil cyberintelligence. (D)

4:00 pm YTV (18) ★★½ "Digimon: The Movie" (2000, Fantasy) Voices of Lara Jill Miller. Animated. Children and friendly Digimon join forces to save the World Wide Web from an Internet-eating monster. (D)

5:00 pm KTLA (27) ★★ "A Chorus Line" (1985, Musical) Michael Douglas. Dancers auditioning for a musical reveal their innermost thoughts and desires in this adaptation of the Broadway show. (In Stereo) (D)

CITY (29) ★★½ "The Replacements" (2000, Comedy) Keanu Reeves. A motley crew of aspiring athletes gets a chance to play professional football when league players go on strike. WGN (38) ★★ "Blame It on Rio" (1983, Comedy) Michael Caine. A businessman vacationing in Rio de Janeiro succumbs to an affair with his best friend's teenage daughter. (D)

EVENING

6:00 pm WTBS (3) ★★ "Lara Croft: Tomb Raider" (2001, Adventure) (PA) Angelina Jolie. The virtual heroine seeks an ancient artifact that can control time in this adaptation of the popular computer game. (D)

8:00 pm WTBS (3)

★★★½ "Allens" (1986, Science Fiction) (PA) Sigourney Weaver. Futuristic marines are sent to eradicate the creatures responsible for the destruction of the spacecraft Nostromo. (D) KHQ (7) ★★½ "The Replacements" (2000, Comedy) Keanu Reeves. A motley crew of aspiring athletes gets a chance to play professional football when league players go on strike. KXLY (10) ★★½ "Mystic Pizza" (1988, Comedy-Drama) Annabeth Gish. As summer draws to a close, three Connecticut pizza waitresses cope with the trials and tribulations of modern romance. (In Stereo) (D) KTLA (27) ★★½ "Wishful Thinking" (1998, Suspense) William McNamara. Mystery and murder result when two spa installers plot to kidnap the daughter of one's rich wife spins out of control. (In Stereo) (D)

8:30 pm WGN (38) ★★½ "Night and the City" (1992, Drama) Robert De Niro. A small-time hustler's plan to launch a boxing extravaganza puts him in jeopardy with a no-nonsense promoter. (In Stereo) (D)

9:00 pm YTV (18) ★★½ "Lucas" (1986, Drama) Corey Haim. A precocious student befriends the new girl in town, not realizing she doesn't want to pursue a romantic relationship. (D)

FAM (26) ★★½ "Crimson Tide" (1995, Suspense) Denzel Washington. Premiere. A submarine officer mutinies when his captain insists on executing a nuclear attack order that may have been rescinded. (In Stereo) (D)

CITY (29) ★★½ "About Last Night..." (1986, Comedy-Drama) Rob Lowe. Two Chicago singles try to build a more meaningful relationship with each other following a one-night stand. (D)

11:00 pm WTBS (3) ★★½ "Batman & Robin" (1997, Adventure) (PA) Arnold Schwarzenegger. The Caped Crusader and his sidekick face off against the coldblooded Mr. Freeze and his cohort in crime, Poison Ivy. (D)

11:05 pm FAM (26) ★★½ "Roxanne" (1987, Comedy) Steve Martin. A fireman with an oversized nose acts as a mouthpiece for a shy compatriot in this updated "Cyrano de Bergerac." (In Stereo) (D)

11:30 pm CITY (29) ★★½ "The Replacements" (2000, Comedy) Keanu Reeves. A motley crew of aspiring athletes gets a chance to play professional football when league players go on strike. (D)

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Meatloaf							
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sunday movies

MORNING

7:00 am WTBS (3) ★★½ "The Mummy" (1999, Horror) (PA) Brendan Fraser. A cursed Egyptian priest is roused from his 3,000-year slumber by foolhardy fortune hunters searching for gold. (D) (DVS)

8:00 am A&E (9) ★★½ "Finding Forrester" (2000, Drama) Sean Connery. A Bronx youth with an uncommon gift for the written word finds an unlikely mentor in a reclusive novelist. (D)

9:30 am WTBS (3) ★★½ "Deep Blue Sea" (1999, Suspense) (PA) Thomas Jane. A marine biologist and her staff become the prey of scientifically altered sharks with a hunger for human flesh. (D) (DVS)

10:00 am FOX (25) ★★½ "Mad Max" (1979, Adventure) Mel Gibson. In an Australia of the not-too-distant future, a police officer strikes back against motorized menaces to society. (D)

11:00 am A&E (9) ★★ "Mary Reilly" (1996, Horror) Julia Roberts. Dr. Jekyll's loyal housemaid is seduced by the dark charm

of the doctor's evil alter ego. (D)

11:30 am WTBS (3) ★★½ "Romeo Must Die" (2000, Action) (PA) Jet Li. The son and daughter of warring gangsters strike up a romance while investigating the murder of one's brother. (D)

AFTERNOON

12:00 pm FOX (25) ★★½ "Skin Deep" (1989, Comedy-Drama) John Ritter. A Los Angeles novelist with a knack for womanizing and drinking finds his critically acclaimed life beginning to spiral. (D)

FAM (26) ★★½ "A Ring of Endless Light" (2002, Drama) Mischa Barton. Based on the novel by Madeleine L'Engle. A teenager who can communicate with dolphins has an extraordinary summer. (In Stereo) (D)

CITY (29) ★★ "I'm Not Rappaport" (1996, Comedy-Drama) Walter Matthau. Premiere. Two elderly men take on the modern world and its threats, which include forced retirement and senior citizens homes. (D)

1:00 pm KTLA (27) ★★½ "The

Jesse Owens Story" (1984, Biography) Dorian Harewood. A chronicle of the track star's life, including his record-breaking performance at the 1936 Berlin Olympics. (D)

1:30 pm FAM (26) ★★½ "Gotta Kick It Up" (2002, Drama) Susan Egan. A teacher inspires a group of Latina schoolgirls to reach for their full potential and become a championship dance team. (In Stereo) (D)

2:00 pm WTBS (3) ★★½ "The Matrix" (1999, Science Fiction) (PA) Keanu Reeves. A computer hacker discovers his world is actually a computer simulation created by an evil cyberintelligence. (D)

YTV (22) "Murder Most Likely" (1999, Drama) Paul Gross. Former undercover drug agent Patrick Kelly is charged with the murder of his wife. (In Stereo) (D)

4:00 pm YTV (18) ★★½ "Au Pair II" (2001, Comedy-Drama) Gregory Harrison. Two heirs try to wrest control of a corporation by dashing the merger between an American tycoon and his girlfriend. (D)

5:00 pm WTBS (3) ★★ "Lara Croft: Tomb Raider" (2001, Adventure) (PA) Angelina Jolie. The virtual heroine seeks an ancient artifact that can control time in this adaptation of the popular computer game. (D)

EVENING

6:00 pm CITY (29) ★★ "Entrapment" (1999, Suspense) Sean Connery. A veteran thief is wary of his nubile young partner as they plan a Y2K heist that will yield them billions of dollars. (D)

7:00 pm WTBS (3) ★★½ "Romeo Must Die" (2000, Action) (PA) Jet Li. The son and daughter of warring gangsters strike up a romance while investigating the murder of one's brother. (D)

8:00 pm CHBC (4) ★★½ "A Beautiful Mind" (2001, Drama) (Part 1 of 2) Russell Crowe. Mathematical genius John Nash battles schizophrenia and wins the Nobel Prize. Winner of four Academy Awards. (D)

9:00 pm KREM (8) "Personally Yours" (2000, Romance) Valerie Bertinelli. A restaurateur and her ex-husband begin a tentative romance again thanks to a scheme engineered by their children. (In Stereo) (D) (DVS)

FAM (26) ★★½ "The Accidental Tourist" (1988, Comedy-Drama) William Hurt. A travel-book writer living a closed lifestyle after his son's death finds his life disrupted by a quirky dog trainer. (In Stereo) (D)

9:15 pm WTBS (3) ★★½ "The Mummy" (1999, Horror) (PA) Brendan Fraser. A cursed Egyptian priest is roused from his 3,000-year slumber by foolhardy fortune hunters searching for gold. (D) (DVS)

9:30 pm CITY (29) ★★ "Entrapment" (1999, Suspense) Sean Connery. A veteran thief is wary of his nubile young partner as they plan a Y2K heist that will yield them billions of dollars. (D)

10:10 pm CHBC (4) ★★½ "A Beautiful Mind" (2001, Drama) (Part 2 of 2) Russell Crowe. Mathematical genius John Nash battles schizophrenia and wins the Nobel Prize. Winner of four Academy Awards. (D)

11:30 pm CITY (29) ★★ "I'm Not Rappaport" (1996, Comedy-Drama) Walter Matthau. Two elderly men take on the modern world and its threats, which include forced retirement and senior citizens homes. (D)

11:45 pm WTBS (3) ★★½ "Batman" (1989, Adventure) (PA) Michael Keaton. Tim Burton's adaptation of the Caped Crusader and his vendetta against the Joker, a disfigured criminal mastermind. (D)

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SATURDAY, AUGUST 7, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41 (25)	FAM (26)	KTLA (27)	CITY (29)	WGN (38)	
6 AM	Saved-Bell Saved-Bell	News Gadget	(Off Air)	Globe Trekker "Peru"	(5:00) Today Boz Scaggs.	Saturday Early Show	(5:00) "Gardens of Stone"	Good Morning Northwest Saturday	Real Kids Prairie	Heart City Fish'n	Uh Oh! Monster	SportsCen tre	OWL/TV Kingdom	Dangerous Migration	Cosby Cosby	Ripley Rangers	Paid Prog. Paid Prog.	Indo Dharti	Paid Prog. Paid Prog.	
7 AM	Fresh Pr. Movie: "Pleasantville" (1998, Comedy) Tobey Maguire.	Prairie Fish'n	Mechanics Hi-5	MotorWeek Fly Tying	News	Arnold ChalkZone	Old House	Saturday Saturday	News News	News (Live)	Yu-Gi-Oh! Yu-Gi-Oh!	Fitness Motoring	Kingdom Leaps	Frontiers of	Winx Club Shaman	Rangers Lizzie	Jackie Mucha	Eye on Asla (In Hindi)	Paid Prog. Paid Prog.	
8 AM	Outdoor Pet Guys	BluesClues Magic Bus	Router Hometime			Grown Up Garcia	Ask This Sell House	Lilo Stitch Recess (EI)			Yu-Gi-Oh! Yu-Gi-Oh!	Fishing: Bassmaste r. (N)	Good Morning Canada	Building Building	Shaman Turtles	Radio Free Amanda	Titans Xtaolin	Polish Studio	Paid Prog. Walgreens	
9 AM	POV Sport Sports	Zoboo Madeline	Workshop Old House			Discover Discover	Makeover Makeover	Fillmore Proud		Body Ag Vision	Yu-Gi-Oh! Yu-Gi-Oh!			Last Maneater	Sonic X Winx Club	All That Even	Pokémon Stallc	Arts CityLine	Soul Train	
10 AM	Movie: "As Good as It Gets" (1997) Jack Nicholson, Helen Hunt.	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Little Bear Bear	Ask This Cooking With Friends: Comfort Food	Shark Shop	PGA Champ. Prev.	Movie: "Captain Corelli's Mandolin" (2001, Romance)	Lizzie So Raven	Pet Guys Popstars	Popstars Strange	Yu-Gi-Oh! Yu-Gi-Oh!	Motorcycle M'cycles	Daily Planet	Exhibit A Exhibit A	The Menu Kirby	So Raven Boy World	Yu-Gi-Oh! MegaMan	Chum Chart	Movie: "The Shawshank Redemptio n" (1994, Drama) Tim Robbins.	
11 AM	Track and Field: Golden League	Macphee Quilting	Planet Health	World of Adventure Sports (N)	Skateboard ing	PGA Golf: The Internat ional - Third Round. (Live)	Behind Closed Doors Investigati ve Reports	X Games From Los Angeles. (Live)	Teens Ride Guide	Mtn. Biking Mtn. Biking	Top 10 Zixx	MLB Baseball: Toronto Blue Jays at New York Yankees. (Live)	Eagle First Story	American Chopper	MLB Baseball: Braves at Diamond backs or Cubs at Giants	Smart Guy Lilo Stitch	Movie: "Clifford" (1991, Comedy)	BestMast er "Sisters"	Movie: "The Blue Lagoon" (1980, Drama)	Mutant X Andromed a
12 PM	Movie: "Deep Blue Sea" (1999) Thomas Jane.	A Fighting Chance (N)	Gaslight Avventura																	
1 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	My Boat Red Green	Creatures Dora	Spectacula r One Stroke Painting	Fortune Tutenstein	Discover Discover	Investigati ve Reports	Paid Prog. Paid Prog.	Will-Grace Will-Grace	70s Show 70s Show	Boy Astro Boy	Yankees. (Live)	Mysterious Ways	How-Made How-Made						
2 PM	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Art Attack CG Kids	Improving Your Memory- Gordon	News NBC News	News CBS News	News CBS News	News ABC News	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons
3 PM	Movie: "Lara Croft: Tomb Raider" (2001) (PA) CFL Football: Winnipeg Blue Bombers at Calgary Stampeders. (Live)	Pregame Undersea	The Glenn Miller Spectacula r	News Raymond	News Hollywood	News Hollywood	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert
4 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Art Attack CG Kids	Improving Your Memory- Gordon	News NBC News	News CBS News	News ABC News	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons
5 PM	Movie: "Lara Croft: Tomb Raider" (2001) (PA) CFL Football: Winnipeg Blue Bombers at Calgary Stampeders. (Live)	Pregame Undersea	The Glenn Miller Spectacula r	News Raymond	News Hollywood	News Hollywood	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert	News Ebert
6 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Art Attack CG Kids	Improving Your Memory- Gordon	News NBC News	News CBS News	News ABC News	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons
7 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Art Attack CG Kids	Improving Your Memory- Gordon	News NBC News	News CBS News	News ABC News	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons
8 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Art Attack CG Kids	Improving Your Memory- Gordon	News NBC News	News CBS News	News ABC News	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons
9 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Art Attack CG Kids	Improving Your Memory- Gordon	News NBC News	News CBS News	News ABC News	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons
10 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Art Attack CG Kids	Improving Your Memory- Gordon	News NBC News	News CBS News	News ABC News	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons
11 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Art Attack CG Kids	Improving Your Memory- Gordon	News NBC News	News CBS News	News ABC News	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons	News Simpsons

SUNDAY, AUGUST 8, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41 (25)	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Movie: "Batman" (1989)	News Gadget	(Off Air)	Jakers Jay Jay	Today	Discover Discover	Breakfast- Arts	Hour of Power	Prairie MoneyWz	Adventure Fishermen	Uh Oh! Monsters	SportsCen tre	Acorn Kids	Frontiers of	Teach Me Paid Prog.	Ripley Rangers	Pacesetter Success	Mix TV (In Russian)	Hillbillies Hap Days
7 AM	Movie: "The Mummy" (1999) (PA) Brendan Fraser.	In Touch Ministries	Mechanics Hi-5	Big Comfy Angelina	Strange Safari	Dora BluesClues	Blo 79	News	Entertainm ent Tonight	Fishing Is Written	Just Jamie Boy	Reporters Fishing	Good Morning Canada	Canadian Geographi c	Libertys Business	Rangers Lizzie	Facts Believers	Eye on Asla (In Hindi)	Home Imp. Cosby
8 AM	Movie: "The Mummy" (1999) (PA) Brendan Fraser.	Impe Is Written	BluesClues Magic Bus	Real Dragonfly	Meet the Press	CBS News Sunday Morning	Movie: "Finding Forrester" (2000, Drama)	This Week With George	News	TribalTrail Farm Rpt	Stu Little ChalkZone	Fishing: Bassmaste r. (N)		Canadian Geographi c	Fox News Sunday	Radio Free Amanda	J. Osteen Chin Chin	Eye-Asla Chin Chin	Fresh Pr. Fresh Pr.
9 AM	Movie: "The Mummy" (1999) (PA) Brendan Fraser.	My Boat Faith	Zoboo Madeline	College Shop	Shop Topsplin (N)				News	Hour of Power	Arnold Neutron		Eagle Eagle	How-Made Animals	Paid Prog. Paid Prog.	All That Even	Changing of the Guard	Johnny Lombardi 's Festival	BeastMast er "Sisters"
10 AM	Movie: "Deep Blue Sea" (1999) Thomas Jane.	Tom Stone "Deal"	Little Bear Bear	Carlson Desert	Shop Shop	Auto Racing: American Le Mans	Connelly, Rob Brown.	Matthews Old House	GetUpGrow GetUpGrow	Golf Firestation	SpongeBob Oddparent	MLB Baseball: Toronto Blue Jays at New York Yankees. (Live)	Eagle World Vision	Dinosaur Planet	Movie: "Mad Max" (1979, Adventure)	So Raven Boy World	Paid Prog. Sabrina's	Italiano (In Italian)	The Lost World
11 AM	WTA Tennis: Rogers Cup - Semifinal. From Montreal.	Router SportFish	Wash Wk Wall	NASCAR Racing: Nextel Cup Series - Brickyard 400. (Live)	NASCAR Racing: Nextel Cup Series - Brickyard 400. (Live)	PGA Golf: The Internat ional - Final Round. (Live)	Old House Ask This Sell House	X Games From Los Angeles. (Live)	News	PGA Golf: The Internat ional - Final Round. (Live)	Monster Boy	CFL Player Pregame	The Fifties (N)	Canadian Geographi c	Movie: "Skin Deep" (1989) John Ritter.	Movie: "A Ring of Endless Light" Movie: "Gotta Kick It Up" (2002)	Sabrina's Sabrina's	Movie: "The Jesse Owens Story" (1984, Biography)	MLB Baseball: Cleveland Indians at Chicago White Sox. (Live)
12 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Just Shoot Just Shoot	Shape of Life	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
1 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
2 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
3 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
4 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
5 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
6 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
7 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
8 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
9 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
10 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"
11 PM	Movie: "The Matrix" (1999) (PA) Keanu Reeves, Laurence Fishburne.	Neverend ing Story	Creatures Dora	Dr. Wayne Dyer: The Power of Intention	Shop Shop	Discover Discover	Design Makeover	Paid Prog. Paid Prog.	Just Shoot Just Shoot	Driving TV National	Mystery New Life	Mystery Argonauts. (Live)	Movie: "Murder Most Likely" (1999) Paul Gross.	Frontiers of	Paid Prog. Paid Prog.	Smart Guy Lilo Stitch	Harewood, Georg Stanford Brown.	News FashionTel	NightMan "Dust"

MONDAY, AUGUST 9, 2004

Table with 19 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN) and 12 rows of programming schedules.

monday movies

MORNING

10:00 am CITY (29) ★★½ "Fly Away Home" (1996, Drama) Jeff Daniels. A Canadian sculptor's young daughter must lead the geese she raised from birth on a migratory flight to North Carolina.

11:00 am A&E (9) ★★½ "The Lords of Discipline" (1983, Drama) David Keith. A military cadet is determined to expose the group responsible for the brutal hazing of cadets deemed undesirable.

EVENING

6:00 pm WTBS (3) ★½ "Excess Baggage" (1997, Adventure) Alicia Silverstone. A teen's fake kidnapping scheme backfires when a thief steals her car while she is locked in the trunk.

CITY (29) ★★ "The Saint" (1997, Adventure) Val Kilmer. A master of disguise falls in love with the brilliant scientist who developed a valuable formula he was hired to steal.

8:00 pm CHBC (4) ★★½ "Batman Forever" (1995, Adventure) Val Kilmer. A seductive psychologist seeks a hold on Batman's heart while the Riddler and Harvey Two-Face threaten Gotham City.

8:10 pm WTBS (3) ★★½ "Austin Powers: International Man of Mystery" (1997, Comedy) Mike Myers. A swinging spy from the '60s finds that all is not groovy when he is brought out of cryogenic freeze to nab an old foe.

9:00 pm FAM (26) ★★ "Earth Star Voyager" (1988, Science Fiction) Duncan Regehr. A 21st-century crew of space cadets finds its mission to explore a distant planet threatened by traitors and saboteurs.

10:06 pm CITY (29) ★★ "The Saint" (1997, Adventure) Val Kilmer. A master of disguise falls in love with the brilliant scientist who developed a valuable formula he was hired to steal.

10:15 pm WTBS (3) ★★½ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress.

THE NEWS LEADER WORD SEARCH

Word search grid with letters arranged in a 15x20 grid.

LET'S TALK ABOUT "MUSICAL INSTRUMENTS"

- DRUM, TRUMPET, CASTANETS, BUGLE, PICCOLO, TRIANGLE, HARP, BAGPIPES, FIDDLE, CYMBAL, SITAR, TUBA, TROMBONE, BANJO, SYNTHESIZER, OBOE, FLUTE, GUITAR, VOICE, HARMONICA, PIANO, CLARINET, ORGAN, ZITHER

Let's Play Princeton Trivia!

Question:

Who was Hugh Hunter, and why is he an important figure in Princeton History?

Last Week:

Princeton Light & Power Company Limited was founded in March 1922!

Brought to you courtesy of: PRINCETON MUSEUM

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Classified Advertising Rates

25 words \$5.00 + GST.

Pay for 2 weeks and get the third week FREE!

(.5¢ for each additional word)

**All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.**

obituary

MACKAY, George Allan

Born in Blairmore, Alberta on November 15, 1914. George passed away peacefully in Calgary on July 25, 2004 after visiting relatives and his birthplace with family. Predeceased by his loving wife Mona and brothers Jack and Gordon MacKay, he will be greatly missed by his family and friends. George is survived by sisters-in-law: Eileen MacKay of Chilliwack, BC and Dorothy Knott of England; nieces: Leslie MacKay (Mel Saari) and family of Kelowna, BC and Elizabeth Gunter of England; nephews: Dean MacKay (Titia) and family of Richmond, BC, Ian MacKay of Fort MacMurray, Alberta, John MacKay (Yan) and family of Toronto, Ontario, Hugh MacKay (Allyson) and family of Barrie, Ontario, Andrew Knott of England, Paul Herbert of the Channel Islands and Simon Herbert. George served in the Royal Canadian Air Force during the war and was a long time employee of Canadian Pacific Airlines in Vancouver. He and Mona retired to Princeton and then Kelowna, where they were active supporters of the SPCA. A Member of the Canadian Airline Retirees Association, George was a recent resident of the Dorchester Retirement Residence in Kelowna. By request, no service will be held. Donations in memoriam may be made to the Kelowna branch of the SPCA. Condolences may be sent to the family by visiting www.firstmemorialkelowna.com. Arrangements entrusted to First Memorial Funeral Services, Kelowna, BC.

obituary

in memoriam

In Memory of Ted Gee

June 4, 1954 - August 2, 1994

There will always be this heartache, and often a silent tear. We shall cherish those precious memories, of the days when you were here. Remembering you is easy, We do it every day. But missing you is a heartache, That never goes away.

Forever in our hearts
Therese, Tasha & Justin

Edward James Gee

In loving memory of our son, Ted who passed away August 2, 1994.

"Although you were called away so suddenly, you are forever in our hearts."

Sadly missed by his Mom and Dad

for sale

9 Foot, 4 Inch x 55 Foot flat-deck rail car. Excellent for bridge! (250) 295-3044, leave a message.

Jul 20-Aug 02

1991 Geo Metro

4-Door, Hatchback, 5-Speed Standard.

105,000 Km. Excellent Gas Mileage!

\$3,000.00 OBO
(250) 295-7754

Jul 13-tfn

yard sale

Saturday, August 7th
8:00 AM - 12 Noon

371 Tulameen Avenue
(near China Creek)

Student desk and supplies, kids stuff, household odds and ends, loads of books (some out of print). You'll be amazed at what you can buy for a buck!

Saturday, August 7th
8:00 AM - 1:00 PM

189 Fenchurch Avenue
(off Warren)

Printers, desk, barbeque and lots more! Come and make us an offer.

Sunday, August 8th
9:00 AM - 1:00 PM

460 Corina Avenue
(Allison Flats)

Kids toys, odds and ends. Make us an offer.

25 Words, \$5.00 + GST per week. Pay for 2 weeks, the third is FREE. Call 295-4149

IN MEMORIAM
DONATIONS TO THE
B.C. & YUKON HEART &
STROKE FOUNDATION
Box 1838, Princeton, B.C.
or contact Maria at 295-6247

1990 Chevrolet Caval

4-door station wagon. White, 6-cylinder, automatic.

\$1,000.00 Firm

(250) 295-3030
Ask for Al.

Jul 20-Aug 03

notice

WANTED TO BUY
PRE-OWNED RIFLES.
FOR MORE
INFORMATION CALL RON
AT PRINCETON
OUTDOOR SUPPLY
295-0450 OR 295-0319

for sale

WOOD PELLET SALES & DELIVERY SERVICE
Ph: 295-6545
Apr 6-tfn

help wanted

COMPUTER TRAINING

INDIVIDUAL COURSES
START 4 X DAILY

- WordPerfect
- Keyboarding
- Bookkeeping
- Office Procedures
- Intro to Computers
- Simply Accounting
- Punctuation and Writing Skills
- Microsoft Office
- Access
- Internet
- Outlook
- AGCPAC
- Data Entry
- Networking
- Quickbooks
- Windows
- Publisher
- PowerPoint

Over 180 Lessons!

ACADEMY OF LEARNING &
LOCAL CALL 310-JOBS (5627)

NICAR LAWN CARE

YOUR LAWN CUT AND TRIMMED THE WAY YOU LIKE IT DONE!

We Also Thatch

(250) 295-7480
LEAVE MESSAGE LICENCED
May 4-Aug 31

announcements

IN MEMORIAM
DONATIONS TO THE
CANADIAN CANCER SOCIETY
CALL DIANNE @ 295-6648
Box 1906, Princeton, B.C.

THIS WEEK'S LUCKY NUMBER

Read the NEWS LEADER for your chance to win \$100.00 a week in August.

Four Weekly Prizes Available!

services

TIN MAN

METAL ROOFING
Sales • Installations

295-3743
1-888-647-3377

Jul 08-tfn

help wanted

DAIRY QUEEN

Hiring for full & part-time positions. Front of the house, back of the house. Experience not necessary. Drop off resume in Person at the Princeton Dairy Queen.

Mar 9-tfn

for sale

VEGETABLE AND FRUIT
RAISED PORK BY
THE POUND

BACON
SAUSAGES
CHOPS
HAMS
ROASTS

ALSO ROASTING
CHICKENS, SPRING LAMB

ORDERS TAKEN NOW FOR
BARBEQUE PIGS

295-3739

Jun 29-Aug 03

found

UNIDEN Cordless Handset Phone on Vernon Avenue between First and Second Benches on Wednesday, July 14th. Call (250) 295-3253 to claim.

NEED EXTRA CASH?
THINK ABOUT
HAVING A

YARD SALE

\$5.00 + GST TO
ADVERTISE IT

for rent

Three bedroom suite upstairs, two bedroom suite downstairs. Rent \$800/month entire house. Available August 15th. References required, damage deposit half month rent. To view phone Rick or Susie 295-3069 or (604) 275-7413. Also, one bedroom suite downtown. Available immediately. \$350/month. (604) 275-7413 or (604) 786-3786 (pager).

Jul 27-Aug 10

Small two bedroom house with fenced yard in downtown area. Includes fridge, stove, washer/dryer and storage shed. \$450/month. References/damage deposit required. Available immediately. Call (250) 295-7687

Jul 27-Aug 03

Classified Advertising Rates

25 words \$5.00 + GST.
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)

All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.

for sale

WESTERN RAWHIDE
15 1/2 inch
CARIBOU SADDLE
Model 1746
New \$ 900.00
Used Twice Asking
\$700.00 FIRM
(250) 295-6905

for rent

2-Bay Shop
(250) 295-3919
Jul 8-tfn

for sale

1991 Geo Metro
4-Door, Hatchback,
5-Speed Standard.
105,000 Km.
Excellent Gas Mileage!
\$3,000.00 OBO
(250) 295-7754
Jul 13-tfn

notice

**Princeton & District
Minor Hockey**

REMINDER

Early Bird SAVINGS of \$50.00
if paid and registered BEFORE
AUGUST 15, 2004

Early August the ice will be in!

For more Information
Contact Linda

(250) 295-7164
Jul 13-Aug 10

business services

**INDIVIDUALLY
PREPARED
HOROSCOPE**

Natural character
chart - \$25.

Basic chart plus
predictive -\$50.

Phone 295-6063

Completely confidential

for rent

FOR RENT

• **DUPLEX, 2 BDRM UP,
3 BDRM DOWN.**
1088-7 MILE RD.

\$500. incl. up / \$550 incl. down
Drive by then call Neil at
295-6977 Mar 23-tfn

for rent

ALLISON COURT

1 BDRM APARTMENTS
\$325. per month & up, security
deposit and references required,
no pets, laundry room. For more
info: 295-6252 Feb3-tfn

lost

**Sapphire &
Diamond Ring**

Lost in Overwaitea May 21.
REWARD OFFERED

(250) 295-6739

notices

Mobile Home Pads

Close to school and includes
water/sewer. Other utilities
available on site.

Pad Rent:
\$200.00

Phone:
(250) 295-6794

Jul 3-tfn

**Cover2Cover
Bookkeeping
& Office
Services**

**226A
Bridge Street
Princeton**

Phone/Fax
(250) 295-6905

**Resume,
fax service.**

**HALL FOR RENT
DOWNTOWN**

68 Bilter Ave.
O.A.P. BRANCH # 185
PHONE: 295-3206

notice

HAM OPERATORS!

If you are a Ham Operator and you live in the
general Princeton area, I would like to talk to
you as I would like to start an Amateur Radio
Club in Princeton. If you are interested, please
call Bud Sadegur, VE7AVA @ 295-6247.

notice

ROYAL LEPAGE

INDEPENDENTLY OWNED AND OPERATED
LOCATIONS WEST REALTY

HEAD OFFICE:
484 Main Street, Penticton, B. C., V2A 5C5



HEINZ EBENAU
SALES REPRESENTATIVE

Princeton Office
105 Vermillion Avenue
Phone: (250) 295-7427
1-866-562-8855
Fax: (250) 295-7417

e-mail:
heinzsells@cablerocket.com
www.royallepage.ca/princeton

**Remember:
Heinz Sells!**

notices

**25 Words
\$5.00 + GST**

Pay for 2 Weeks...
Get the 3rd Week FREE!
News Leader Classified
(250) 295-4149

**Things Really Move
In the Classifieds!**



CLASSIFIED ORDER FORM

Similkameen News Leader

226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0

\$5.00 + GST for the first 25 words for one week.
Pay for 2 weeks and get 3rd week free! DEADLINE : 12 NOON FRIDAYS

Write your Classified Ad in the spaces provided.
Indicate the Dates the Ad should run and drop it into our office with Payment!

Classified Advertising Rates

25 words \$5.00 + GST.
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)

All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.

bingo

**MONDAY NIGHT BINGO
IN PRINCETON**
SENIOR CITIZENS BR. #30
162 Angela Ave.
4:30 P.M. Sales Start
5:30 1st 47 Bonanza #'s
Specials, Regular Games, Odd & Even, PROGRESSIVE Snowball & Loonie Pot, "Lucky 7" won every Monday (min. \$50.00 guaranteed)
BC Gaming License #854326
"Play Smart Gamble Responsibly"

**KEREMEOS ELK'S &
ROYAL PURPLE**
Every Friday
Doors open 5:30 pm
Elks Hall Keremeos
SMOKE FREE BINGO

**HEDLEY OAPO
THURSDAY NIGHT BINGO**
5:30 PM Sharp
Speedo, Drop-ins, Early Birds, Regular Games, O & E, Progressive 7-Up, G-Ball
MIDNIGHT MADNESS
October 28
Licence #855423
Play Smart. Gamble Responsibly.

**SUNDAY AFTERNOON
BINGO**
In Hedley at the Chuchwayha Hall
\$25. Guaranteed min. payout on Regular Games (\$50. double - up card) Progressive Jackpot Min. \$1,000. ! Progressive Pot of Gold Min. \$500. ! Progressive LOONIE POT min. \$100.
DOORS OPEN AT 9:00 AM
1st number called at 11:30 AM followed by Early Birds, Regular Games & Specials & Concession
SEE YOU IN HEDLEY

for sale

Trucks/Vans
2 Cube Vans
1981 & 1989
(250) 295-7900
Jun 15-tfn

25 Words
\$5.00 + GST
295-4149

notices

Have something to sell? Move it fast in Similkameen News Leader Classifieds! \$5.00 + GST per week for a 25 word ad. Pay for 2 weeks and the third one is FREE! Call 295-4149 for details.

for sale

Motorcycle
1981 Honda
400 cc,
Nice Condition
\$ 650.00
(250) 295-7900
Jun 15-tfn

notices

Puppies & Kittens
Available For You
To Adopt
6-8 weeks old
Merritt Humane Society
(250) 378-5500
May 25-tfn

notices

Princeton Area Business Enhancement Association

NEXT
REGULAR MEETING

7:00 PM
TUESDAY
SEPTEMBER 21
MEETING ROOM
COPPER MOUNTAIN
BAR & GRILL

Discuss upcoming Symposium

notices

Have something to sell? Move it fast in Similkameen News Leader Classifieds! \$5.00 + GST per week for a 25 word ad. Pay for 2 weeks and the third one is FREE! Call 295-4149 for details.

notices

Town of Princeton Notice

For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Avenue.

FREE AND CONFIDENTIAL COUNSELLING SERVICE

is available to any woman who has experienced sexual abuse as a child or adult or are presently living in an emotionally or physically violent relationship.

Funded by the Ministry of Women's Equality.

Office hours 8:30 - 4:30

Monday & Friday - Keremeos 499-5928

Tuesday & Thursday - Princeton 295-4453

www.thenewsleader.ca
www.thenewsleader.ca

for sale

RV/Trailer
1998 Mallard
25-foot Travel Trailer
Roof Air,
Front Bed, Rear Bunks

Was \$15,500
Reduced to \$12,500

(250) 295-7900

Jun 15-tfn

for sale

Westinghouse Stove
Older model,
Self-Cleaning, has stove light and one outlet.

Works good.
Asking \$ 75.⁰⁰

(250) 295-6541

Jul 27-Aug 10

www.thenewsleader.ca

notices

notices

Have something to sell? Move it fast in Similkameen News Leader Classifieds! \$5.00 + GST per week for a 25 word ad. Pay for 2 weeks and the third one is FREE! Call 295-4149 for details.

Sign up for the Chili Cook Off as part of Similkameen Sizzle September 18th in Keremeos. Make your best chili and bring it to Memorial Park, Keremeos for your chance to win the People's Choice cash prizes. Entry fee is \$20 per team and there's a cash prize for the best decorated and most entertaining team. To find out more contact Ron Murdock, (250) 499-5225 and ask for your Similkameen Sizzle Chili Cook Off Entry Form!

IS YOUR SUBSCRIPTION DUE FOR RENEWAL?

If your newspaper is mailed to you, check the date on your address label.

By Mail in Similkameen Valley

Regular - \$ 35.75 Senior - \$ 31.75

Out-Of-Valley British Columbia and Alberta

Rural or Box (V0) Delivered To Door
Regular - \$ 40.90 Regular - \$ 53.80
Senior - \$ 35.90 Senior - \$ 48.80

For more information, call our office at (250) 295-4149

100% Locally Owned and Operated

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

The damage of retail drift

We have always been concerned about the trouble some local businesses have when it comes to staying in business.

Rumours have been circulating about at least three local businesses closing their doors as a result of the local economy.

We can confirm that one local clothing store will leave it's Princeton location August 28th and move to Merritt.

The argument supporting the move is the local market is not large enough to support that business any further.

We disagree.

With a trading area of close to 6,000 people (Princeton, plus Area H) we find it hard to believe local businesses are not doing better.

Retail drift - locals shopping out of town - is the cause of a lot of the problems facing local retail businesses.

We admit there are items one cannot purchase in Princeton, therefor a trip to Penticton or Kelowna or Merritt or Vancouver is required.

When businesses suffer to a point they have to close due to lack of local support, it's gets our attention.

Whether or not you support these businesses is your choice, but they do employ local people.

They also depend on local residents to support them throughout the year and not just occasionally.

We are saddened by the news of Workworld leaving town.

Hopefully this is not the beginning of a trend and just part of a cycle that comes to an end soon.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

Your Independent Source for Valley News & Information

Published weekly by Bengel Publishing Inc.

226A Bridge Street, P.O. Box 956,

Princeton, B.C., V0X 1W0

Phone (250) 295-4149 • Fax (250) 295-4103

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editor@thenewsleader.ca

MEMBER

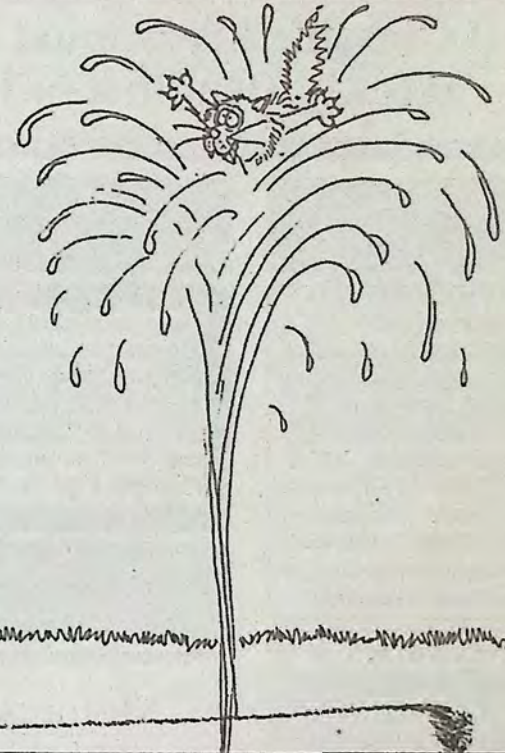
Princeton Area Business Enhancement Association
Princeton & District Chamber of Commerce
Similkameen Country, Keremeos
Canadian Association of Journalists

Publisher:
Office Administrator:
Reporter:

George Elliott
Brenda Engel
Dawn Johnson

THIS TOONS

DON'T THINK OF IT AS POOR TIMING TO BE STANDING OVER THE SPRINKLER SYSTEM, LOOK AT IT AS YOUR OWN OUTDOOR BIDET TO HELP ENHANCE YOUR PERSONAL HYGIENE.



your turn

Dave Chutter decides not to run again

Dear Editor;

I have decided not to run in the next provincial election for a second term as MLA for Yale-Lillooet. Next year I have an opportunity for my three younger children to live with me and my duties as an MLA take me away from home too often. As well, I want and need to return to managing my family ranch business.

I became involved in provincial politics in order to help rid this province of the incompetent NDP government and to ensure

Pet owner warns "stay with pills"

Dear Editor;

About two months ago, a much-loved pet died after receiving a heartworm injection. I now discover that the injection is actually rather deadly and dangerous. Please refer to the below website. It is a list of the TV stations, newspapers, etc. that are carrying the latest updates.

Please! Keep the population of Princeton informed of the dangers of the injections and to stay with the pills. The vaccination is very worthwhile, but please stay with the pills.

<http://www.dogsadversereactions.com/moxidectin/moxidectinpage.html>

Sincerely,
Michele Jenssen,
Princeton, B.C.

that significant changes were made in government to gain the public's trust and return prosperity to BC. Our previous NDP MLA's eagerness to recklessly spend and dig us and our children deeper and deeper in debt for his own political posturing was unacceptable.

I have been a proud member of our government and I am proud that we have fulfilled our commitments to the people of this province.

It has been challenging for us, dealing with the mess left by the NDP. Tough decisions had to be made but we are starting to see the benefits. The BC economy is improving every day. Thousands of new jobs in forestry, mining and other industries are being created every day.

Throughout this term I have been very impressed by the

Premier and my very dedicated colleagues who have been working tirelessly, sticking to their principles, and making tough decision to benefit British Columbia now and into the future. I will leave politics confident with those who will continue the hard work of returning BC to the number one province in Canada again. I will work hard for the new BC Liberal candidate in Yale-Lillooet to ensure that the work continues toward our vision of a prosperous province that provides jobs and a healthy place for families to live. I greatly appreciate the opportunity to serve the people of Yale-Lillooet and I want to thank the people of this riding for their hard work and commitment to make BC a better place to live.

Sincerely,
Dave Chutter, MLA

Museum setting records

Princeton Museum President Nick Mills was very happy last Friday afternoon.

He called the News Leader to let us know donation totals were very impressive compared to the same period last year.

"We're up \$1,000 from this time a year ago," Mills says.

While he does say part of the increase will be from the fact the Museum opened earlier this year than in previous years, and has longer daily hours of operation, it also says a lot about the local Museum and it's layout.

"It's something worth seeing,"

Mills says.

"A lot of effort was put into the displays."

Mills also points out the attraction of the Museum has brought in a lot of visitors.

"The donations are basically out-of-town money."

The Princeton Museum opened this season on April 10th and is open daily from 10:00 AM to 7:00 PM.

The hours of operation will be reduced in September and October to 10:00 AM to 5:00 PM.

Admission is by donation.

Current Comment

What are we doing to combat the exploitation of our children?



Dawn Johnson
editor@thenewsleader.ca

Now that I am semi-retired, I watch more daytime television (which is almost uniformly bad). Occasionally there is something worth watching, and what I have seen recently just appalls me. We are not doing a good job of protecting our children, not just in Canada, but everywhere.

A dentist in Toronto was arrested for dealing in child pornography (a.k.a. kiddie porn). He has the biggest collection ever found. I saw some of these photos. They were disgusting. What kind of sick person hoards photos of little girls urinating, or a child screaming in pain as he is sodomized by an adult? What kind of sick people take the photos? What kind of sick people do the acts?

Kiddie porn is big business made profitable by all of the sick people involved in it, from the photographers to those who perform the acts to those who buy the images. I wonder how many kids who disappear are used for kiddie porn.

What does our government do about this? From what I can determine, our government does very little. Those who buy kiddie porn are likely to receive very light sentences. After all, the court reasons, they have done nothing but look at pictures. What is ignored is the whole spectrum of child abuse which makes those pictures possible. Like all businesses, if there were no market, kiddie porn manufacturers would have no sales.

Another aspect of child sexual abuse is in the form of prostitution. Did you know Victoria, B.C., is a world capital in child prostitution? What has our Gordon Campbell said about the child abuse on his front doorstep? I have not heard a word from him, but surely he must know our capital's reputation for taking girls and boys in their early teens and forcing them into prostitution. One of the leaders of the campaign to

stop this was taken into the trade when she was just 13 years old. She says this traffic in child prostitution exists only because adult males want to have sex with children. Is this what happens to our missing teens?

Churches, politicians, and others have been making a lot of noise about same-sex marriages, although such sexual unions are between consenting adults who want to make a public commitment to each other. I do not hear churches, politicians and others screaming about the rampant child abuse taking place every day through prostitution and kiddie porn. We have heard every side of the war on drugs, but who is leading the way to make war on the producers of kiddie porn and the pimps who make sex slaves out of boys and girls?

Where are the parents who do so much to protect their children from nearly everything else? Why aren't they screaming at their politicians? Why aren't they demanding police focus on these industries which mentally, emotionally, sexually and physically abuse children? Do we need another Clifford Olson to remind us that sex involving children is sick?

There is a truth about all pornography that deserves to be stated time and again: pornography is never about sex, it is about power. Child-pornography and child prostitution are about some people having the power to abuse children. Those who do not prosecute the abusers are as guilty of abuse as the pornographers and the pimps? Whose responsibility is it to prosecute the abusers? Ultimately, the responsibility is yours and mine.

Have something to say?
We'd like to hear it!

SEND YOUR LETTERS TO THE EDITOR TO:
P O Box 956, Princeton, B. C., V0X 1W0

Heart Food

by Dave Machin



If you are in some kind of trouble today, take heart. There is definitely a way out. II Chronicles 6:14 says God shows mercy to those who walk before him with all their hearts. So if you are in trouble today, take an honest look at your relationship with God. Notice I did not say at what religion you are practicing. The religion that you practice has very little effect on what God does for you. Allow me to tell you what is important. It's not that God is holding out on you and begrudging you His deliverance. When you aren't living before Him whole-heartedly like you know you should, then your personal faith level is affected. Check I John 3:20-22 and you will see what I mean: "For if our heart condemns us, God is greater than our heart and knows all things, beloved if our heart condemns us not, then we have confidence toward God, and whatsoever we ask, we receive from Him, because we keep His commandments and do those things that are pleasing in His sight." It's not what God knows about you that keeps your prayers from being answered but when you know (and you do) you're not living for God and doing what you know to do, it causes you not to have confidence toward Him. Simply check your heart today. If you're following Him with your whole heart, there is a great and mighty confidence that comes up within you that no one can shake. No one can talk you out of it and no distress - no matter how great - can pressure you into letting go. No matter what happens you remain certain that God will deliver you! Your heart is the determining factor. God is good, His word is good and good all the time.

Pastor Dave Machin,
SUNDAY SERVICES 10:30 A.M.
221 A Bridge Street, Princeton, B.C. 295-0599

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The annual Tulameen Family Fun Days parade is always cause for celebration. This group of slo-pitch players were celebrating their time in 'Tulameenaville' on Saturday morning.

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FINANCIAL FOCUS

Taking Steps To Protect Your Inheritance

At some point in your life, you may inherit a sizable sum of money and what you do with it could have a major impact on your financial future. How should you handle your inheritance? To begin with, don't make any quick decisions, especially if the money is coming from a parent or a particularly close relative. Even as an adult, you need time to recover from a major loss. So, rather than making any emotional choices, you may just want to "park" the inheritance funds in a money market account for a while.

Eventually, though, you will need to decide how to put this money to its best use. Here's one suggestion: If you are carrying a large balance on a high-rate credit card, you may want to pay it off now. Many cards have interest rates of 16 per cent or more; since you would have a hard time finding an investment that paid that kind of return, your decision to get rid of the debt is a smart use of your money.

Once you've paid off any credit card debt, you'll want to look at other ways you can maximize your inheritance. Some people make the mistake of assuming that since they didn't have the money before, they are now free to invest it aggressively. And yet, if their investment goes sour, they end up regretting it just as much as if they'd invested money they had earned. Don't make hasty decisions without considering potential risk, as well as your comfort level with that risk.

If you're a moderate or conservative investor who wouldn't feel comfortable investing aggressively under normal circumstances, there's no way you're going to feel good about putting your inheritance in high-growth, high risk vehicles.


So, before you invest a dime of your new money, ask yourself: "What sort of investor am I?" If you've been investing for a while, it won't take long to come up with the answer. Then, ask yourself some more questions:

- "What are my long-term investment goals?"
- "When will I need this money?"
- "Is my portfolio properly diversified?"

The answers to these questions will help you determine how to invest the money from your inheritance. A qualified investment advisor can make you aware of any family law issues that may be relevant to your situation, and help assess your investment goals to make appropriate recommendations.

You'll want to treat your inheritance with the respect it deserves. So, take the time you need to make the right moves.

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Fall Fair continued from front page

Minor Ball Association. Fall Fair will rent a tent for her. Many people have volunteered their talents for entertainment at the fair: Pat LePoidevin on guitar, Kristy McIvor will sing, and Princeton Highland Dancers will demonstrate their talents. Don Mare has volunteered to do the announcing, which is greatly appreciated, as he has always done a fine job.

Tophey Hanna is looking for volunteers to take care of First Aid. Princeton Fire Department and Rescue crews will run the children's play area, and there will be donations for use of the equipment rather than an admission fee to the area. Convenors are being assembled. Not all convenors are Fall Fair members, but offer their time and efforts as once-a-year volunteers.

Anyone interested in helping should contact Maryanne Woodford. Signs are to be made for downtown and Highway 5A to advertise the fair. The old signs are not in good condition. Exhibits to be entered into the fair should be brought to the fairgrounds on the two afternoons before the fair. The prize list booklet will be on the street in mid-August. Exhibitors are requested to read the rules and the requirements for exhibits. Vendors will be charged for space, but educational exhibits dealing with agriculture will receive space free if it is booked early. Contact Maryanne Woodford. The next Fall Fair meeting will be at the call of the chair and is likely to be a work party. President Jody Woodford anticipates it will be in mid-August.

Quilters make Fair proposal

Bunchgrass Quilters members Sharon Rose and Sharon Davidson attended the July 27 Fall Fair meeting to propose a demonstration and display of quilting of various kinds. Their offer was instantly accepted, along with their recommendation for changes in the quilt categories for judging at the fair. The new categories are:

- a) hand pieced, hand quilted
- b) machine pieced, hand quilted,
- c) machine pieced, machine quilted
- d) machine applique
- e) hand applique
- f) paper pieced

- g) machine pieced, hand tied
- h) baby quilt
- i) clothing, quilted
- j) quilted wall hanging

Bunchgrass Quilters added the suggestion that the expensive ribbons awarded by judges be used only during the fair, and winning quilters receive certificates of merit to keep. This was approved by Fall Fair members.

Rifle Club founder moves to Penticton

After living in Princeton for approximately 70 years, Edith Gill has moved from Vermilion Court to Penticton, where her son, Dr. Carl Gill, resides. With her husband, Allen Gill, a conservation officer, Edith Gill founded Princeton Rifle and Revolver Club, of which she was Secretary up to just a few years ago, when failing sight prompted her resignation. Friends can find Edith at Trinity Lodge in Penticton.



Keri Petschl, seated, sells her handmade jewellery at Tulameen Days. The entrepreneur is saving her earnings for college. She is joined by older sister Cheryl.



Tulameen Family Fun Days plays host to one of the most popular mixed slo-pitch tournaments ever held in the area. This year was no exception. The weather was fabulous and slo-pitch games ran steady from Friday night to Monday morning at Tulameen School field.

SonGames 2004 coming to town

The day has finally arrived! Athletes and spectators from around the world are gathering for the most exciting event of the year, SonGames 2004 - the all-new addition to Gospel Light's "Fun In The Son" VBS series. International teams proudly carry their flags as they march into the stadium. The crowd cheers at the colourful spectacle, anticipating the amazing days to come. Your children will be thrilled to be part of the excitement as they discover they can all be members of God's team: people worldwide who love and obey Him. Kids love being part of a team! That's why every activity at

SonGames 2004 is full of action and camaraderie. Children will cheer each other on as they play outdoor sports just like the Olympians. They'll build team spirit as they design team flags and trade pins with new friends. Through global games, international snacks and gold-medal crafts, kids will learn about Olympic games, past and present. They'll also be fascinated to meet one of God's most valuable players, Paul, who lived during the days of the ancient Olympics. Each day at SonGames, children will come to understand

through Paul's example, what it means to be on God's team. Kids will remember the "Five Daily Symbols" they'll learn for each lesson: Join In! Team Up! Get Strong! Keep On! And Celebrate! They'll learn that God wants everyone to Join In! as they experience the story of Paul's conversion. Children will want to Team Up! with encouraging friends when they hear how Paul's friends helped and encouraged him. They'll find God helps them Get Strong! and do what's right, as they witness Paul's obedience as he travelled through Greece. Your team will be inspired to Keep On! trusting God during tough times, as they watch Paul's perseverance. Lastly, your team will enjoy seeing Paul reach his goal and will Celebrate! the many good things that God does for the members of His team. So begin training now for the biggest event of 2004! Go the distance, give it your best shot, and take a giant leap of faith. Remember Paul's words as you prepare to train and strengthen God's young team: "Thanks be to God! He gives us the victory through our Lord Jesus Christ" (1 Corinthians 15:57). Let the SonGames 2004 begin! SonGames 2004 - the VBS of Champions is for children between the ages of 4 and 12. There is no cost and the games will run from August 16th to 20th from 9:30 AM to 12:30 PM daily. It all takes place at Princeton Pentecostal Tabernacle, 165 Vermilion Avenue, Princeton.

Valley First opens in Peachtree Square

Valley First Credit Union Peachtree branch has relocated to its new, free-standing location on the corner of Skaha Lake Road and Green Avenue in Penticton. "Revitalization of the newly named Peachtree Square Shopping Centre is long overdue, and a great boost for the community," stated Valley First President and CEO Harley Biddlecombe. "The project allowed us to secure a more visible location on the original site and build a larger, more professional branch for our Peachtree members. In addition to the walk-up ATM, the new branch will have a drive-thru ATM, more member sit-down areas and internet banking ter-

minals so members may choose whether to conduct their financial business with a member service representative or on-line." Biddlecombe went on to add, "The Peachtree Square branch will also be expanding its services to include a general insurance office, offering personal and commercial insurance." The Valley First Insurance offices are slated to open in early September beside the credit union branch. Valley First currently serves more than 42,800 members throughout the Okanagan, Similkameen and Thompson areas. It has 375 employees and more than \$838 million in assets.

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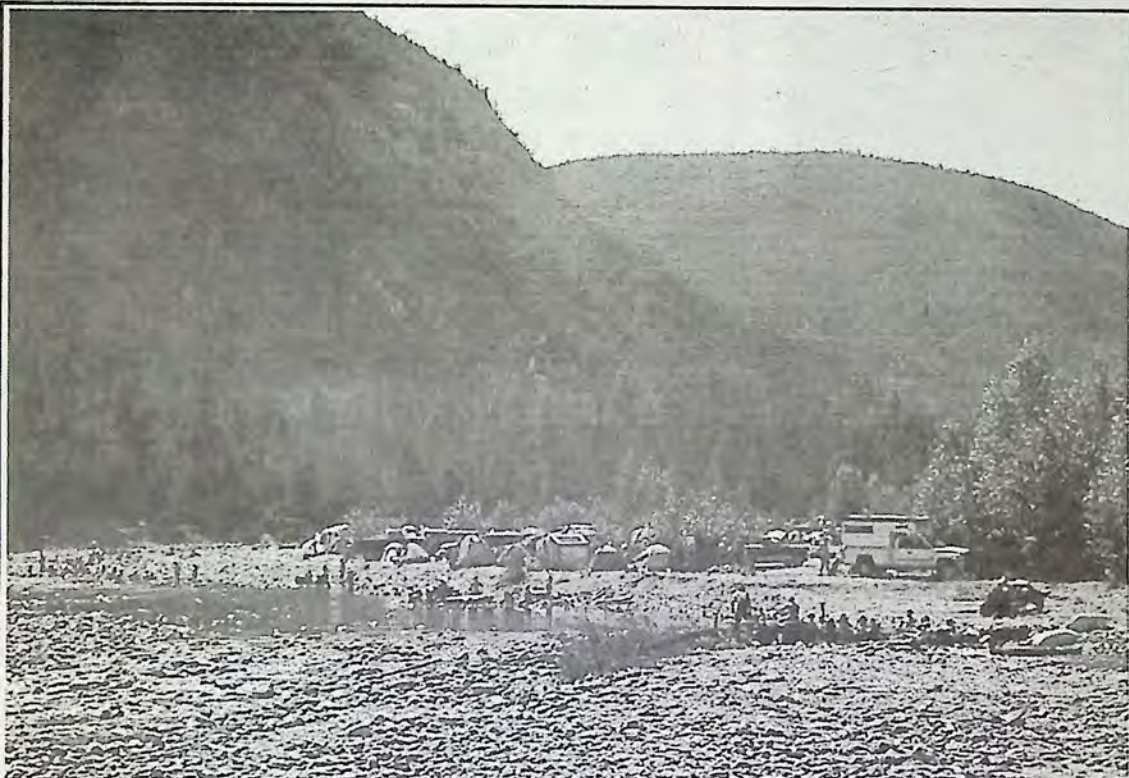
Applicants will have experience and/or training in the areas of community development and group facilitation. Family support and/or early childhood development, degree or diploma will be considered.

Contract rate is \$21.00 per hour for 70 hours per month plus authorized expenses.

Job description and guidelines are available from the Penticton Health Centre at 770-3434.

Please forward your resume to:
Renee Liddicoat
Penticton Health Centre
740 Carmi Avenue
Penticton, B. C., V2A 8P9

Closing date: Friday, August 20, 2004 at 12:00 p. m.



This is just a small portion of the 'tent city' along Tulameen River which was home for hundreds of visitors to last weekend's Tulameen Family Fun Days. Both the river and Otter Lake were busy all weekend long providing welcome relief to anyone looking for a break from the heat.

Princeton GSAR locate missing travellers

Princeton Ground Search & Rescue were called out to search for three adults on the morning of Wednesday, July 21st.

The trio were missing in the Lodestone Mountain area.

Princeton GSAR was notified by the RCMP at 8:30 AM and proceeded to do a team callout.

Members did containment of the area and a team was dispatched on quads up the Whipsaw to travel towards Lodestone Mountain.

A search manager was flown in from South Okanagan SAR and mutual aid teams responded from

Merritt, Keremeos and Kelowna.

The containment team and another search team interviewed people in the area of Lodestone/Blakeburn and determined that the three missing people were on Lodestone Mountain.

The quad team located the missing persons near Lodestone Lake after they walked nearly six miles from the Wells Lake area.

The Blakeburn area team made their way to Lodestone Lake to pick them up and deliver them back to town.

Travelling in the Wells Lake

area the night before, and unable to get their pickup truck unstuck from the road they were on, the three had decided to try to walk out of the area.



They are smiling after completing the 100-Mile Eagle Ultra-Marathon! The first two women to finish were Janice Page and Shirlee Ross, both from Kelowna. Photo: Bryan Smith

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