

Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

Volume 7 Issue 39 ISSN 1712-090X
Canadian Publications Mail Agreement No. (1299263)

September 28, 2004 75¢ each
Published Weekly in Princeton, B. C. by Bengel Publishing Inc. includes GST

**Similkameen
News Leader**
This Week

Page 3

**Karl Lang
Park plans
Page 24
e-learning
launched**

Page 4
KEREMEOS NEWS
Pages 9-16
TV GUIDE

Phone: (250) 295-4149
1-888-350-9969
Fax: (250) 295-4103

**Station gives
away fuel**

Princeton PetroCan gave away a lot of fuel September 21st.

The News Leader's Brenda Engel made the draw pulling five names.

Congratulations to Sharon Bamford, Carla M. Clark, Karen Ladd of Grand Forks, Ian Kinsey and Gordon Webster.

All winner will receive \$50.00 in fuel at PetroCan.

**RDOS
gives photo
contest prizes**

Two of the four Regional District photo contest winners were present at the September 16 Board meeting to receive their prizes.

First place went to Frank Martens for "Cartwright Mountain Summerland".

RDOS Vice-Chair George Hansen presented Martens with a Regional District shirt.

Joe Hewer took second place with "Old Hedley - Mining Town", and received a Regional District hat. Bill Boyd and James Burrell were the other photo contest winners.

The winning photos can be seen at *photo contest results* on www.rdos.bc.ca

**Nobody
claimed the prize**

The Fall Fair Sunday 50/50 prize remains unclaimed. Did you keep your ticket? The winning number is 665287. If you have that number, please contact Ruby Bey at 295-3970 to arrange claiming your prize.

Twins homicide still unsolved



This marker, in Princeton Cemetery, identifies the grave site of Princeton's Twin Angels.

*Mysterious
deaths
approach
tenth
anniversary*

SPECIAL REPORT TO THE NEWS LEADER
BY W. GEORGE ELLIOTT, PUBLISHER

It was at 8:30 PM on October 9th, 1994 when Princeton RCMP were dispatched to Allison Lake Provincial Campground, 29-kilometres North of Princeton on Highway 5A.

A young boy, armed with a flashlight, was retracing his steps in an attempt to locate a missing knife. When he searched the outhouses, he made a shocking discovery.

By 9:25 that evening police discovered a garbage bag containing the bodies of two twin infants had been stuffed down the pit toilet.

The bag containing the bodies was recovered early the next morning with the aid of a backhoe.

The bodies were transported to Vancouver for autopsy and then returned to Princeton General Hospital morgue on October 12th with the hopes of being claimed by family members.

Autopsy preliminary findings stated the pregnant mother of the female twin infants would have been nearly full term.

There was no apparent signs of trauma, injury or malfunction or disease process that would have interfered with life.

In other words, had the babies been born in a proper medical facility, they would be alive today.

Suddenly, Princeton RCMP had confirmation they were dealing with a double homicide.

While the racial origins of the twins was not positively determined, they were believed to have been caucasian and there was concern for the mother, who may have been suffering the effects of the hasty child birth and required medical attention shortly after she left Allison Lake Campground.

The initial police investigation produced many tips, including descriptions of vehicles and people seen at or around the campground at the time of the incident.

A survey of all area hotels and motels that had pregnant women visiting was taken and any expectant mothers seen in the region noted.

.....continued next page

Hunters reminded to be careful

Princeton area Conservation Officer Al Lay has some helpful advice for hunters this season.

"Never underestimate the value of a good pair of binoculars. I want to stress to hunters the importance of being sure of their target."

Lay says mistakes do happen when hunters misidentify an animal in season.

"If mistakes are made, correct the mistake by calling it in and leave the animal as is."

Lay says this is the proper procedure to follow and hunters will not be penalized for shooting the wrong animal.

"Ninety-nine percent of the time a warning will be issued and the animal will be salvaged."

Hunter safety is another matter of concern to the Conservation Officer.

"Hunters are reminded to keep their guns unloaded in their vehicles, wear their seatbelts and watch for logging trucks remembering to give

them the right of way."

Lay says so far it's been a good hunting season with not too many problems.

"I wish all hunters a lucky and safe hunting season."

Lay, along with support staff, will be conducting spot checks during the hunting season to make sure regulations are being followed.

"If anyone sees a hunting violation they are asked to call 1-800-663-WILD (9453)."

Local groups help purchase devices

Princeton RCMP have some new tools to combat those who drink and drive.

After making a presentation to Princeton Town Council, other local community clubs and non-profit organizations have donated funds towards the purchase of additional Alcosensor IV units.

Tulameen Community Club, Princeton Drug & Alcohol, Royal Canadian Legion Branch 56 and Princeton Rotary Club provided funding sponsorship for the purchase.

The Alcosensor IV units will be utilized at Road Check stops, on drivers suspected of having consumed alcohol as well as on new drivers who are to have Zero Alcohol in their system as part of the graduated licencing program.

Sgt. Kurt Lozinski of Princeton Detachment says, "This tool is a tremendous asset in detecting those drivers who are not showing gross symptoms of impairment, but may be over the legal limit regardless."

Since January, Princeton RCMP have investigated over thirty impaired drivers.

Lozinski says that figure does not include those drivers issued a 24-hour suspension.

"Princeton RCMP would like to publicly thank the Clubs, Organizations and Town Council for the overwhelming support we've received in our request for sponsorship," Lozinski says.



Sgt. Kurt Lozinski and son, Nicholas, wear matching outfits at the FourSquare Church tribute to RCMP/COPS. More on Page 8.

www.thenewsleader.ca
www.thenewsleader.ca



HONDA

Power

Equipment



Mac's Auto Parts Ltd.
193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344
HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

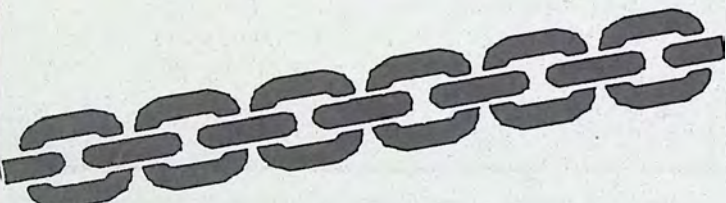
**LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS**

C.J.M. Plumbing

*New Fixtures Supplied and Installed
Drain and Sewer Cleaning - Service Repair
Hot Water Tanks - Hot Water Heating*

Emergency Service 295-7085
Fully Licensed Dave Mack

Similkameen News Leader
AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!
100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax: (250) 295-4103
www.thenewsleader.ca





MODEL TRANSFER

Stan Thompson
34 YEARS IN BUSINESS
WE HAVE THE EXPERIENCE

septic tank and drainfield installation
lot clearing - culverts
water lines - basements - etc

Phone/Fax: (250) 295-6173 Cell: (250) 295-8377
OR Glen: (250) 295-8398

Why pay over \$10.00 for a single plate of food...
when you can get all you can eat at our huge
buffet for under \$10.00?

The next time you think about dining out...
think healthy, think fresh, think CHAPS!

NEW AND IMPROVED BUFFET!
INCLUDING FRIED CHICKEN AND MINI PORK RIBS



CHAPS 245 Vermilion Avenue
Princeton
FAMILY RESTAURANT (250) 295-7838



Princeton's Twin Angels were laid to rest between two pine trees in a service that took place at 11:00 AM on November 24, 1994. Princeton RCMP instigated the funeral service attended by fifty local residents. The 28-inch white brocade casket, burial arrangements and grave marker were all donated. Princeton RCMP Detachment officers acted as pallbearers.

Hedley club announces events

The Hedley Community Club has been quiet over the summer but with fall coming we are gearing up for a busy time. The Club exists to serve our community and to provide recreation and entertainment for all ages.

Our fall schedule is now almost full and the hall will be in use almost every day of the week. If you have a community function you would like to have in the facility it is available for a donation. We have had family reunions and private gatherings.

Our fall schedule is as follows:

Calanetics (exercise classes) for women of all ages on Monday and Thursday evenings at 6:30. Call Susan Collins at 292-8430 for information.

Teen night every Tuesday evening at 6:30PM starting on September 28th for teens 12 and up. Call Phaedra at 292-8600

Playtime for pre-school 9:00AM till 12:00PM every Wednesday morning. Call Phaedra 292-8600

Karaoke night October 2nd.

Darts League every Friday night at 8:00PM starting October 22nd.

Call Bill Clark at 292-8277

Loonie Auction October 23rd including dinner and bar. Time to be announced.

The Community club hosts or sponsors activities for all ages. We encourage members of our community to be a part of these and also to support our club so that Hedley will be a fun place to live. If you would like to become a member of the Club, volunteer your time to help or would like more information about our Club, please call Graham at 292-8444 or Phaedra at 292-8600.

- Submitted by Graham Gore

From Front Page.....

Twins remain unsolved mystery

Police investigation continued to fan out from the region uncovering details including:

- there were 40,000 pregnant women in British Columbia at the time of the discovery of the infant twins.

- all British Columbia hospitals were contacted that November, producing no further information.

- neighbourhood interviews conducted up and down Highway 5A produced no further leads.

- a Crimestoppers re-enactment was recorded at the campground on April 5, 1995 with hopes of generating more tips on the second-degree murder case. CHBC-TV still airs the re-enactment to this day.

- A search of BC Medical records in January 1996 revealed all women in the province seeking medical attention related to pregnancy at about the time of the incident could account for their babies.

- Neighbourhood interviews were again conducted in June 1997, producing no further information.

The file housed at Princeton's

RCMP Detachment contains information gathered through the interviews of over 500 people, over 50 vehicle descriptions and volumes of files related to the incident.

It is likely the largest active file at the detachment.

If anyone has information they'd like to offer regarding this decade

old homicide, they are asked to contact Crimestoppers at 1-800-222-8477 or the local RCMP at (250) 295-6911.

Reference material used by permission. Copyright 1999 Mungam Ventures. "Princeton Area Unsolved Mysteries" available at the News Leader office.

Game Club likes success

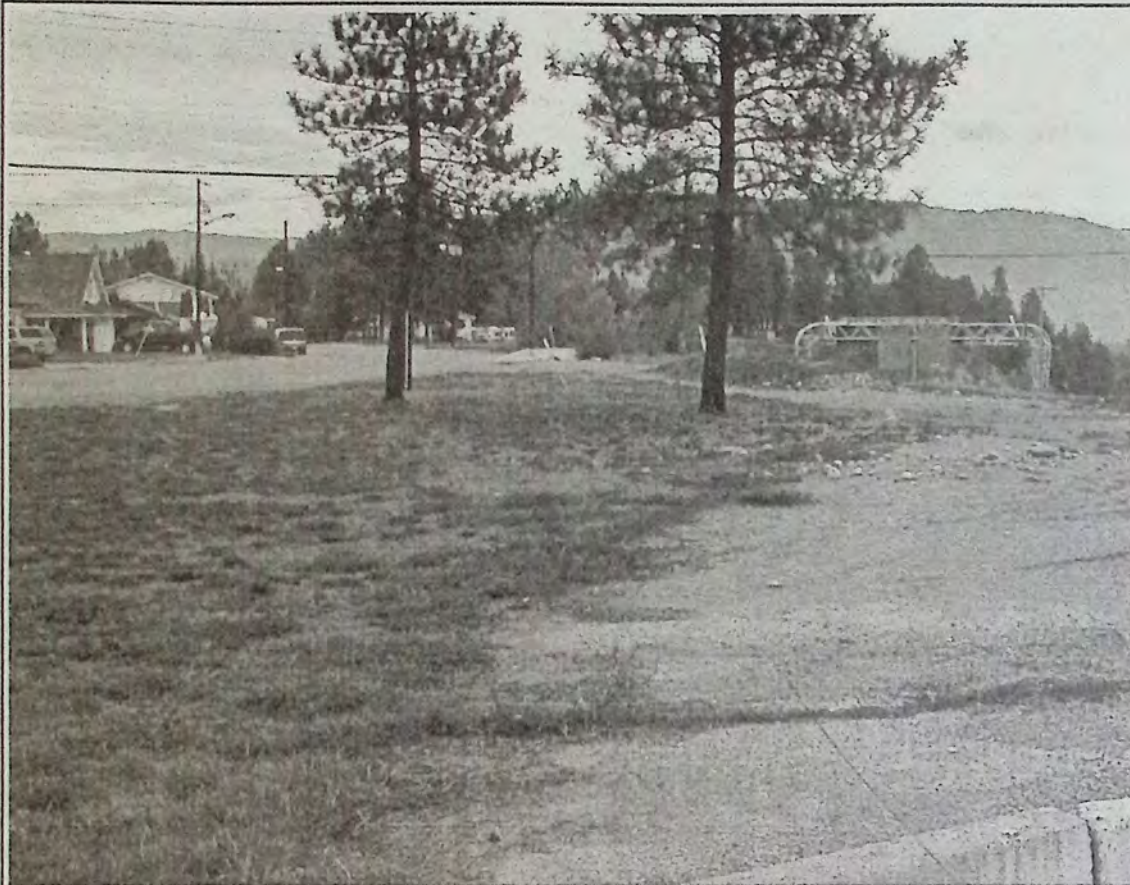
Princeton Fish and Game Club held their annual "garage sale" this month. Salesmen were Shane O'Malley, Jerrid Lay, Fred Ayling, Bryan Blank and Rocky Roche. The sale was a success despite inclement weather. Community support was great, and many thanks went to Ron Harkness for the use of the mall parking lot.

The club's fund raising goals are: a) to work with the CORE program, b) Fish and Wildlife enhancement projects, c) Martin's Lake aeration and d) insurance for rifle and trap range.

The club will hold a Turkey

Shoot this fall (look for announcement). This will include rim fire, shotgun and centre fire. The club has a monthly planning and reporting meeting and shoots are often held on Tuesday evenings.

Anyone is welcome to join the club, and membership fees (\$40) for 2005 are being taken now. For further information, contact Shane O'Malley at 295-7583 (evenings). Membership includes two turkey shoots per year, access to the rifle range and trap shooting, and entitlement to the B.C. Fish and Wildlife insurance policy.



Karl Lang Park as it appears today. Soon work will begin to prep the site for Winter.

BEA park project to start soon

EXCLUSIVE TO THE NEWS LEADER
BY W. GEORGE ELLIOTT, PUBLISHER

Horticulturalist George Harry spoke to Princeton Area Business Enhancement Association members at a meeting last Tuesday night.

Harry was there to present a plan for preparing the property at Highway 3 and Ridgewood Drive for the development of Karl Lang Park.

The multi-phased plan will take the site from its present state to a low maintenance park which would become an attractive welcoming sight at the West entrance to Princeton.

Harry told BEA members the park site is a location which is

susceptible to a four season climate reaction on itself and what it is to hold and contain.

"The landscape design must be readily acceptable to those climate reactions," Harry said.

"The landscape plant materials and structures must be capable of withstanding those four seasons."

Harry says consideration must be given to plant hardiness, in-ground freeze and frost heaves - each having an affect on footings in place for plant life and other park features.

He strongly recommended a cleaning up of the site prior to Winter in order to prep the park for early Spring planting and

design work.

Harry suggested a levelling out of the ground with a six-inch peel of the surface.

The job could easily be done with a tractor equipped with a blade or bucket.

A soaking of the exposed soil would be required and a soil treatment followed by a more vigorous watering of the site prior to Winter.

Harry indicated at the meeting a willingness to provide his expertise, advise and guidance on the project.

BEA members were impressed with the report and started following up on his recommendations.

BEA plans calendar symposium

EXCLUSIVE TO THE NEWS LEADER
BY W. GEORGE ELLIOTT, PUBLISHER

All local non-profit organizations, clubs, groups, churches and event planners will be invited to an event next month hosted by Princeton Area Business Enhancement Association.

The Princeton Events Calendar Development Symposium is planned for Wednesday, October 20th beginning at 6:30 PM in the Skills Centre.

The purpose of the symposium, which organizers hope will become an annual event, is to gather as many local groups together to collectively plot their upcoming events.

Once all the events are posted on a calendar, conflicts and combinations will be identified.

Similkameen Valley Planning Society Economic Development Officer Michael McLaughlin will facilitate a calendar debrief where obvious areas of duplication will be addressed.

The BEA says a possible cou-

pling of smaller groups may aid in each of them gaining more momentum for their events through shared resources.

Many of the clubs and groups in the area have limited budgets and manpower.

The Princeton Events Calendar Development Symposium could help some of these smaller groups by forming partnerships.

Part of the evening symposium will deal directly with marketing and outlining what kinds of partnerships work and why as well as what partnerships fail.

The event will wrap up with a review of the symposium, plans for 2005 and a general discussion followed by a social time with refreshments being served.

Any non-profit group, club, organization, church group, youth group, sports, lifestyle and leisure activity event planners are invited to attend the symposium.

For more information contact Skills Centre Manager Sharan

Jung at (250) 295-4051.

There is no fee to participate in the calendar symposium exercise.

www.thenewsleader.ca

Similkameen Sprinkler Service

"Your Underground Irrigation Specialist"



It's Time To Start Thinking About
Winterizing Your Irrigation Systems.
Call To Book Your Appointment Today!

Nick Goreas (250) 295-8177
P. O. Box 1628, Princeton, B. C., VOX 1W0

We're first and that's why we're the

Similkameen News Leader

otherwise we'd just be news later.

100% Locally Owned & Operated...

AND PROUD OF IT!

Drop by our Head Office anytime, 226A Bridge Street

Congratulations!

Ray Michaud & The Gang at
Roofing Specialists



They have excellently and
efficiently roofed all the roofs on
THOMAS AVENUE

Thanks, R. Burke

K & M Trucking

Good Quality Screened

TOPSOIL

\$17.50 per yard

Driveway Crush • Drain Rock • Screened Sand • Beach Sand

Clearing • Road Building

Water Lines • Septic Fields

Excavators • Loaders • Dump Trucks

(250) 295-6760

OPEN HOUSE

1:30 - 3:00 PM
Saturday, October 2nd

Princeton Baptist Church

CELEBRATING OUR 50th ANNIVERSARY

Music • Memories • Refreshments



**A professional
will make it happen!**

Call Ruth Hooper 295-7164
Century 21 Sagewinds Realty Ltd.
Serving Keremeos and Princeton
1-800-636-6311

Century 21
The Local Experts™

Steak • Seafood • Pasta



Open 4:30 PM Daily
Closed Mondays
Karl and Suzanne

Junction of
Highways 3 and 3A
Keremeos

Keremeos.net
(Keremeos on the web)

Web page design • POP3 e-mail accounts
Desktop publishing • Computer repair and servicing
Computer tutoring • CD creation
Custom graphic artwork and logos • photographic services

Bryan (250) 499-5143 webmaster@Keremeos.net

M&M Parsons Fruit & Vegetables

prunes • plums • apples • Freestone peaches
pears • pumpkins • beets • peppers • melons
potatoes • squash • corn • nectarines

GROWER OWNED - RR 1, Highway 3 West, Keremeos
(250) 499-2312 - After Hours 499-5865

THANK YOU

Similkameen Sizzle

For Making Our Wedding Day Such A Special Occasion!

Special thanks to Bryan Smith for the photos; Alysha Harker & Jeff Lahey for sharing your wonderful talents; Legion Branch 192 for the venue; all our friends from Princeton & area for attending; Goldwater Florists for the chili pepper creations; Jan for the chili pepper jewellery; Dave & Judy Egli, Bruce & Kathy Harker and all Similkameen Sizzle Committee members for making everything just right!

Our apologies if we missed someone!

George & Brenda

Harker's Fruit Ranch

3 Miles South of Keremeos on Highway 3



NOW AVAILABLE:
Peppers,
Squash, Pumpkins

Open 8:00 AM - 6:00 PM Daily
(250) 499-2751

keremeos and area news



Similkameen Sizzle Committee members gathered for a pot luck dinner last Wednesday at the home of Dave and Judy Egli. It was the first social event for the organizing committee.

Drizzle helped Sizzle success

The heavy rain did little to affect the success of the third annual Similkameen Sizzle.

Committee members reviewed the event at a meeting held last Wednesday afternoon.

The Mexican breakfast, a first-time offering at Sizzle, was quite successful, even in the rain.

A total of 52 people braved the elements in support of Keremeos Volunteer Fire Department, who hosted the breakfast. They are considering doing it again next year.

The change in venue, from the large outdoor Memorial Park to the interior of Keremeos Legion Hall, presented many challenges.

Some vendors chose to go home rather than make the move indoors.

Those vendors who stayed report good sales figures considering the weather.

Entertainment was discussed and all agreed the evening performers, Edwin Martinez and La Formula of Vancouver, be booked right away for next year.

Afternoon performers, Pancho

& Sal, will be booked for 2006.

A total of 163 people attended the evening dinner and dance at Victory Hall, a good turn out considering the weather.

Committee members discussed small changes to next year's event with advance promotion of an alternate location, in case of rain, be included in all advertising.

All committee members were

in agreement that more volunteers are required to help in future years.

Judy Egli will continue as Event Coordinator for the 4th annual Similkameen Sizzle, set for September 2005.

Members gathered later in the evening for a casual pot luck dinner at Dave and Judy Egli's.

It was the first time the committee met together socially.

Sizzle prize winners announced

There were a number of prize winners as part of Similkameen Sizzle.

David Egli won First Place in the People's Choice Chili Cook-Off. His prize was \$100.

Second Prize, \$25.00, went to Leslie Morris with Jeannie Randle earning \$25.00 for Third Place. Randle also took the Best Decorated Booth Award, worth \$25.00.

Sear Factor Pepper Eating Contest Winners were:

First Place, Kelly Dennis, Keremeos. The defending

Champion earned a First Place medal and a Gift Certificate to Saddleback Lodge for his efforts.

Second Place went to Baljet Dhaliwal, Keremeos. He won a Second Place medal, a Gift Certificate to Mascot Mine Tours and two limited edition coffee mugs from Similkameen News Leader.

Third Prize was won by Tom Robinson of Richmond who received a Third Place medal and \$50 from Parson's Fruit Stand.

Raffle Prize Winners were: Mary Sol, Princeton winning a Caper's Gift Basket valued at \$200.

Jenine Mylymok, Summerland won a \$100 Gift Certificate from Valu-Plus Foods.

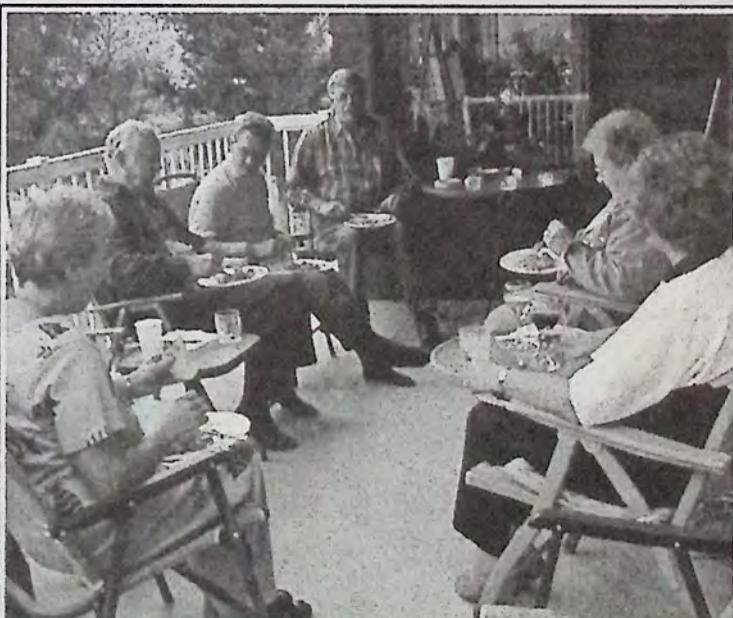
Melanie Bagley, Cawston won a \$50 Gift Certificate from Branding Iron Restaurant.

Charlene Cowling, Keremeos won a \$50 Gift Basket from Harker's Fruit Ranch.

A Pepper Jar valued at \$15 was won by Bob McAtammey of Cawston.

All prizes were donated to Similkameen Sizzle for giveaways or awards.

Organizers say support of these businesses helped a great deal in ensuring the success of the annual event designed to celebrate the season and all things spicy and hot.



Similkameen Sizzle Committee members, and spouses, swap ideas and suggestions Wednesday night at the Egli's.

Suggestions for building assets together

In a time when adults are struggling to address the pressing concerns of young people, the asset building approach offers renewed hope and energy for a positive future. By being connected to young people, adults can provide guidance, involvement and positive relationships.

Developmental Assets are at the heart to helping young people grow up into healthy, caring and principled individuals. Young people, who have positive relationships, search our positive opportunities, make commitments, and build values.

As people learn more about the

asset-building framework they discover a need to be inspired, energized and challenged. Parents and guardians take their parenting task in new ways. Educators think about school and their work differently. Government leaders are rethinking how they provide service.

People around Princeton have asked, So, how do we build assets? What can we do to make a difference for our own youth in our community?

Assets building can be as simple as saying hello and recognizing a young persons worth to sitting down to do homework each night with a

child or youth to volunteering your time in a youth organization. Asset building is providing a young person a safe place to be. Open and honest communication with a young person goes far. Empowering young people to make choices and give their opinions is valuable.

How can young people learn about assets? How can they give back to others?

There are many different simple activities children and youth can do. They can make Helping Coupons to give to three people they would like to help.

Their coupons could read: Dad-Help do the dishes or Susan-Tutor her in math one hour this week.

Create positive bumper stickers about doing well in school. Send a postcard to someone to tell him or her how important he or she is to them. Draw a diagram of your neighborhood and have them mark places they feel welcomed and safe, and name those places they do not. Ask them why and what could be done to improve on them being welcomed.

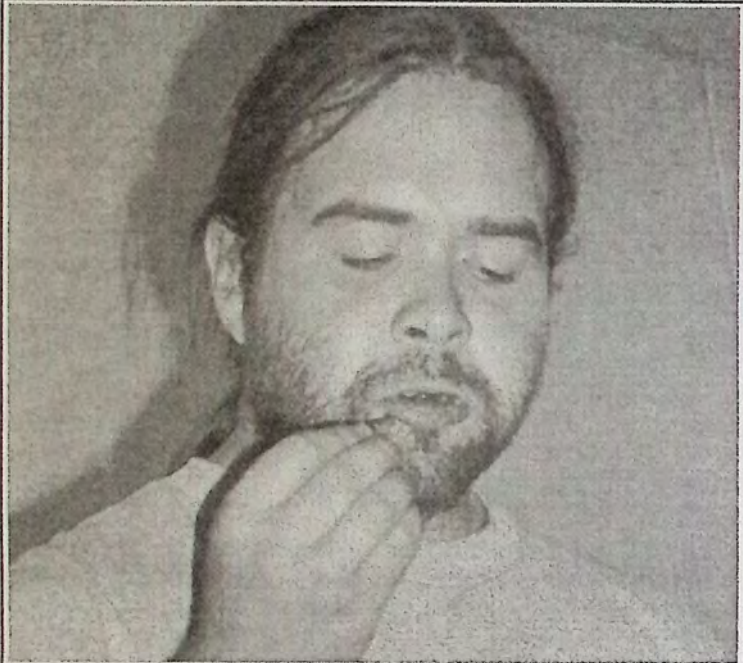
There are so many simple ways to develop assets. If you would like to learn more just give Nadine a call at 295-7222. She has so much to share.

Remember it does take a community to raise a child.

Submitted by Nadine McEwen, CYC Asset Development Coordinator



Competition was fierce as many sampled the home-made chili of ten entrants in the Chili Cook-Off at Similkameen Sizzle in Keremeos Legion Hall. Photo: Bryan Smith, keremeos.net



Pepper eating Champion Kelly Dennis. Photo: Bryan Smith

www.thenewsleader.ca
www.thenewsleader.ca
www.thenewsleader.ca

Similkameen Sizzle

Thank You To All Our Sponsors.....Without You, We Couldn't Do This!

- Similkameen Country • Fortis BC • Princeton Light & Power • Gorman Brothers Lumber • Princeton Wood Preservers • Thrifty Foods • Capers • Valu-Plus Foods • T. L. Timber • Branding Iron Steak House • Gehringer Wines • Crowsnest Winery • Keremeos Review • Harker's Organic Fruit Ranch • Valley First Credit Union • Gerry's Fruits & Vegetables • Mariposa Orchards • M & M Parsons Fruit Stand • Lasser Produce • Barry Beecroft Fuel Distributors • Royal Canadian Legion Branch 192, Keremeos • Keremeos Elks Club • Royal Purple • Similkameen Agencies • Similkameen News Leader • Bengel Publishing Inc. • Sierra Trophies • Harris & Son Transport • Vesper Transport • Saddleback Lodge • Upper Similkameen Indian Band • Communities For Kids • Keremeos Pharmasave • Keremeos & District Fire Department • Village of Keremeos Office & Staff • Girl Guides of Canada • K-Cafe • High Spot Restaurant • Arleigh's Restaurant • Hilltop Esso • Subway • Similkameen Country InfoCentre Staff • BC Ambulance Service, Keremeos • Giant-FM, Penticton • SUM-FM • The Western, Penticton • CHBC-TV • Similkameen Rec Centre • Cawston Primary • Valu-Plus Staff • Jeff Lakey • Alysha Harker • Eric & L. A. Pierce • Roger Mennell • Ray Preston • Mike Rushton • Bob Stanley • Art Nugteren • Bob Lafleur • All Contestants & Volunteers!





TY FRENCH HEATING
SPECIALIZING IN
SHEET METAL FABRICATING
• HEATING • AIR CONDITIONING
• FIREPLACES • GAS FITTING
NATURAL GAS • ELECTRIC • PROPANE • OIL • WOOD
295-8341
FULLY LICENCED • INSURED • BONDED


Creations by Jan

Open 8:30 AM - 4:00 PM
Thursday - Sunday
GEMSTONE JEWELRY - CRAFTS

64 Billiter Avenue (beside OAP Hall) 295-7242

HAYES CREEK ELECTRIC

Jim Barnes RR 33771
Electrical Contractor
1752 Princeton-Summerland Road
Phone: (250) 295-7440 OR CELL: (250) 295-5021
Toll Free 1-866-999-7440

PLP approved installer for:  **STEFFES CORPORATION**
ELECTRIC THERMAL STORAGE HEATERS

Princeton Light & Power
"I Am In Control Contest"
Week 2 (\$25 PLP Credit) Winner
Mrs. K. Martin

I AM IN CONTROL CONTEST

Princeton Light & Power Customers
ENTER AND WIN!

You can win up to \$150.00 Credit on your PLP Account.
Mail, fax, e-mail or drop a note off at the office explaining how you are taking control of your electricity.
Remember shifting electricity "OFF PEAK" means we all win!
Come into the PLP Office and pick up your Resource Kit explaining how you too can take control.
Four Draws of \$25.00 PLP Credit will be made September 3rd, 10th, 17th and 24th.
A Grand Prize of a \$150.00 PLP Credit will be awarded on October 1st.

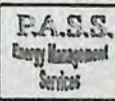
USE THIS HANDY FORM TO ENTER


NAME: _____ ADDRESS: _____ PHONE: _____

Mark one of the following - or - tell us how "YOU TAKE CONTROL"

I try to run my electric clothes dryer during "OFF PEAK" hours.
 I try to run my electric clothes washer during "OFF PEAK" hours.
 I try to run my dishwasher during "OFF PEAK" hours.
 I try to run my car's block heater during "OFF PEAK" hours.
 I water my garden and lawn during "OFF PEAK" hours.

Or tell us what YOU do to "TAKE CONTROL"
I take control by: _____

 **P.A.S.S. Energy Management Services**

 "I'm in control...are you?"
"Princeton Light & Power shows you how!"

Princeton Light and Power Co. Ltd., 231 Bridge Street, Box 700, Princeton, B. C., V0X 1W0
Fax : 295-3611 e-mail : pass@plpower.com

Pack your kids a 'power' lunch

By the time your child graduates, they will have eaten about 7000 meals at school - meals that will have a strong impact on how they feel, learn, make friends, grow, sleep and play. Most of these will be ones you have carefully packed in your own kitchen, while many will be those offered at the school. The trick is in how parents and schools can make lunches that their kids will actually look forward to eating, while making sure that the lunches are healthy and affordable.

No question, its a challenge to make healthy food fun for kids, especially with all the fad foods that are advertised on TV, admits Tori Pereverzoff, mother of two active boys. It is hard to compete with the convenience and the fancy packaging, but we try to make it fun.

Every parent knows healthy bodies need veggies and fruits to grow, yet only about 1 in 5 Canadian children gets the recommended 5 daily servings of veggies and fruits. And most children don't get enough calcium to keep their bones strong while growing.

Added to this lack of good food, is the surplus of not-so-great foods and drinks, which has contributed to the growing obesity rate in children. Obesity in Canadian children has tripled since the 80s and one third are either overweight or obese, mostly due to decrease in activity and a diet high in sugary and fatty junk foods. This can lead to serious health complications later in life - or even now. Diabetes and heart diseases that used to be associated with older Canadians are

now being seen in teenagers.

Children need to eat well in order to grow - both physically and mentally, advises Sheryl Giudici one of Interior Healths Community Nutritionists. What is in your childs lunch bag can directly affect your childs ability to learn and feel fuller longer. For example, foods high in sugars make it harder for children to stay alert, to concentrate and to learn. They contribute empty calories, robbing children of tummy room for real food and increasing their disease risk.

Getting the right stuff into your childs lunch bag isn't always easy, but there are ways to make it work. Pereverzoff shares some of her ideas. The boys are encouraged to make a lot of decisions about healthy choices - choosing from the four food groups - like what flavour of yogurt, type of fruit or sandwich filling to make. I also take a bit of time to talk with them about why these are better choices than sugar laden snacks and how they will feel better without the after-sugar crash, as we call it, she adds. I cant control what they eat forever, that's why its so crucial to teach them how to make good food choices from an early age.

Involving your school and community also helps to support the practices you are developing at home.

I also believe that we as a community need to support these healthier choices at the ice arena and playing fields, Pereverzoff adds. The best part about playing hockey shouldn't be the candy bag or chips and pop that they can buy there!

Interior Health offers these helpful tips for packing a power lunch for your child:

- While convenient, avoid or limit processed, salty or sweetened foods high in sugars and fats. They can leave your child hungry or tired in as little as an hour after they've eaten.
- Involve your kids in making a grocery list of lunch choices from the four food groups. They can help you shop for them, put them in the

fridge, and then toss them in their lunch bag. Kids eat more when they have this sense of ownership.

- Clear a separate space in the fridge that is just for their lunch items. It fosters their sense of ownership, and helps you cut down on the time it takes to make lunches!

- Healthy lunches are usually based around sandwiches, but being creative about the meat/bread combo can prevent boredom. Try some cheese and ham biscuits, send rolled up deli meats with a blueberry muffin, or use a wide mouth thermos to send stews and hot pastas from time to time. Three bean salad with crackers, a hard-boiled egg with half a bagel, hummus with pita wedges, nuts mixed with cereal pieces and raisins, or leftover chicken drumstick and rice dinner are other options.

- Don't forget to eat your veggies! Cut up a bunch of carrot sticks, red pepper sticks, broccoli and cauliflower chunks, or radishes, to name a few, and prepackage them on Sunday night in snack bags for the week. A small container of salad dressing makes a quick dip that helps guarantee the veggies are eaten.

- Growing bones need lots of calcium. Cut cheese slices with cookie cutters into fun shapes for young children, grate some cheddar cheese and carrots and mix with a little ranch dressing to serve on crackers, freeze yogurt tubes, and keep a variety of flavours of puddings available to toss in the bag.

- Sign a healthy choices pledge with your child to eat better and be more active. It can help keep both of you on track!

- Share your ideas and your challenges with other parents - like a food support network.

- Help your child grow as a leader by packing and making healthy choices at school. Often once one child takes the first step, others will follow.

- Even just talking helps. Talk about healthy eating with your child - especially what worked and what was hard for your child in making

.....continued on Page 8

Living Past 100

It's the start of SAD season

The autumn equinox has passed and we now face the shorter days of the year until next March. The lack of sunlight can disrupt the body's natural rhythms. The reason for this change is a hormone manufactured by the pituitary gland called melatonin. Adequate melatonin is essential for restoring the body's sleep/wake pattern. Melatonin is used to beat jet lag because it restores the body's rhythm of sleep and waking. Some insomniacs have found relief by taking melatonin. The artificial hormone in capsules is not expensive, and may do some good.

At approximately age 30, melatonin levels begin to drop, and the body begins to suffer from some degenerative problems which we loosely call "aging".

Men require more melatonin than women, as reduced amounts of melatonin have been associated with hardening of the prostate gland, frequent night urination, and loss of sex drive over age 60.

In both sexes, the chronic low levels of melatonin promote depression, and low melatonin is suspect in Alzheimer patients.

If you are more than 50 years old, ask your doctor about melatonin.



We've been asked by many of our friends and readers to include another wedding photo, so here it is! We thank Bryan Smith for his excellent work in capturing the special moments of our day!

Highway Extrication crew says thanks

Princeton Highway Extrication (formerly known as Princeton Highway Rescue) would like to recognize and thank Tri-Valley Construction for helping us when

we needed a hand this Summer. Princeton Highway Extrication Society assists the BC Ambulance Service with helping people who have gotten into an accident while

travelling on our local highways and roads.

We are an all volunteer organization that depends on donations and volunteer effort to serve our community.

During the Summer, we needed to send our Rescue truck off to Skaha Ford in Penticton for some regular maintenance and repairs. In order to make sure that we could continue our work without any interruptions, we needed to borrow a truck to carry our equipment and crew.

Tri-Valley Construction Limited, owned by Delrane Bothe and Kim McKenzie, stepped right up and volunteered to lend us an expensive Chevy Suburban 4x4.

We only needed it for a week, but during that time, we responded to a car accident on the Old Hedley Road. We really appreciate their generosity. Tri-Valley's kindness demonstrates the kind of community spirit in Princeton that makes this town a great place to live and work.

Thank you from all of us at Princeton Rescue.

- submitted by Gordon Craigie



Cawston's Alysha Harker performed during Similkameen Sizzle in Keremeos. Photo: Bryan Smith, keremeos.net

25 WORDS
\$5.00 + GST
PAY FOR TWO WEEKS
GET THE THIRD FREE!!!
News Leader Classified Ads
ads@thenewsleader.ca
(250) 295-4149

Speed
Limit
90

**Bring Your Resumé
Up To Speed**



**Cover2Cover
Bookkeeping**
& OFFICE SERVICES
226A Bridge Street, Princeton
(250) 295-6905

PROVIDING RESUMÉ AND WORD PROCESSING SERVICES

IS YOUR SUBSCRIPTION DUE FOR RENEWAL?

If your newspaper is mailed to you, check the date on your address label. Due to higher Canada Post rates, the cost of subscriptions by mail have increased.

By Mail in Similkameen Valley

Regular - \$ 35.75
Senior - \$ 31.75

Out-Of-Valley British Columbia and Alberta

Rural or Box (VO)	Delivered To Door
Regular - \$ 40.90	Regular - \$ 53.80
Senior - \$ 35.90	Senior - \$ 48.80

Similkameen News Leader
226A Bridge Street, P. O. Box 956
Princeton, B. C., V0X 1W0

Your Independent Source For Valley News and Information
100% Locally Owned and Operated

Century 21
The Local Experts™

Princeton Realty
224 Bridge Street, Princeton
Phone (250) 295-6977
Fax (250) 295-3411

See The Local Experts For All Your Real Estate Needs

View Our Picture Boards at
224 Bridge Street, Princeton

View Our Pictures Online at
www.princetonbc.com

THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR

SEAFOOD PASTA • PIZZA • STEAK
APPETIZERS • ENTREES • MAIN COURSES • DESSERTS

HITCHING POST RESTAURANT

OPEN 7 DAYS A WEEK • OPEN FOR BRUNCH WED-MON
916 Scott Avenue, Hedley (250) 292-8413



Happy Hollow Farm

PURE BRED SUFFOLK SHEEP • LAMB • ALFALFA HAY
1193 Highway 3 East, Box 2356, Princeton, BC V0X 1W0
OWNERS/OPERATORS Bev Greenwell & Charles Weber

Locally Produced Lamb For Sale

Raised in Princeton on open pasture, no hormones, antibiotic-free, naturally produced, freezer lamb available.

Available cut and wrapped, whole or half lambs.
Lambs dress approx. 55 - 65 lbs. each. \$ 4.10/lb.


To order your lamb phone or fax Happy Hollow Farms at (250) 295-6419

"Pre-Planned Funeral Arrangements"  "Cemetery Memorials"

FRED NETHERTON
295-3335

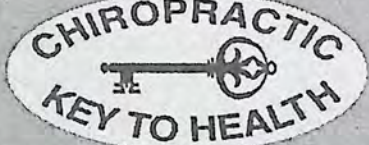
Funeral Service
133 BRIDGE STREET, PRINCETON

GIL BERTRAND
Realtor



Princeton Realty
The Local Experts™

224 Bridge St., Box 880, Princeton, BC V0X 1W0
BUS: (250) 295-6977 FAX: (250) 295-3411
CELL: (250) 295-5340 RES: (250) 295-7279
gil_bertrand@princetonbc.com
www.princetonbc.com



Dr. Jack Sabey, CHIROPRACTOR
240 Bridge Street (Re/Max Country)

Booking Appointments:
1:00 - 5:00 PM Wednesdays **295-3222**



FLOWERS IN MOTION
ROLLS INTO PRINCETON
8:00 AM - 3:00 PM EVERY SATURDAY

FLOWERS • BOUQUETS
BEDDING PLANTS

PRINCETON PLAZA PARKING LOT

Church honours RCMP/COPS

Living Water FourSquare Church hosted their annual RCMP/COPS Appreciation Day last Sunday.

Guest Speaker Mayor Keith Olsen suggested all in attendance should be thankful for the RCMP and Citizens On Patrol and brought this message on behalf of the citizens of Princeton:

"It's an honour to recognize the contribution made by the RCMP and the volunteers who make up Citizens On Patrol."

Olsen thanked Princeton's RCMP members for their continuing work in the crackdown on drugs, a directive Town Council placed on the local Detachment a few years ago.

"You are fast turning Princeton into Canada's number one dumbest place to deal drugs."

He also thanked them for making Princeton a safer place for it's residents, visitors and motorists.

Olsen then turned his attention to the Citizens On Patrol pro-

gram. "I say thank you for being the many and many extra pairs of eyes and ears supporting the RCMP and aiding them in their duties."

Sgt. Kurt Lozinski, Commander of Princeton Detachment, spoke briefly and introduced each of the members currently serving in Princeton RCMP office.

Lozinski then echoed the words of Mayor Olsen regarding the COPS program.

"These guys are setting the standard of all Citizens On Patrol organizations in the province."

Living Water FourSquare Church Pastor Mike Stoltz presented Sgt. Lozinski and COPS Coordinator Jim Turner each with a plaque to show appreciation for the work both groups do in the community.

Stoltz went on to preach in his sermon for the day the importance of controlling lawlessness stating the job of the Church was to eliminate the demand while the RCMP/COPS were in place to eliminate the supply.

Many members of RCMP/COPS nodded in agreement with Stoltz's message.

The program, which also included a short review of the history of the RCMP, has been an annual fixture at the FourSquare Church.

Stoltz admitted to the congregation that a day to honour the RCMP and Citizens On Patrol struck him as an excellent way of giving back to the community.

The special service not only honoured the uniformed members, but also their families.

Following a short break, the Church provided a potluck lunch for all in attendance.

Packing A Power Lunch

.....continued from Page 6

the healthier choices. Help them feel comfortable telling you what they like and what they don't like. This can help avoid children tossing out the well-intentioned lunch and heading for the vending machine or corner store.

- And don't stop with just lunch bags. Get involved in your school. Encourage the school adopt a healthy food policy so that children have healthy options to choose from instead of pop and chips! Make healthy eating a normal part of everyday with all your family.

For more information on packing a power lunch, healthy eating and on how you can help your school provide healthier options, visit our web site at www.interiorhealth.ca (choose health/school health/nutrition), call Dial-a-Dietitian (1-800-667-3438) or contact your local public health office.



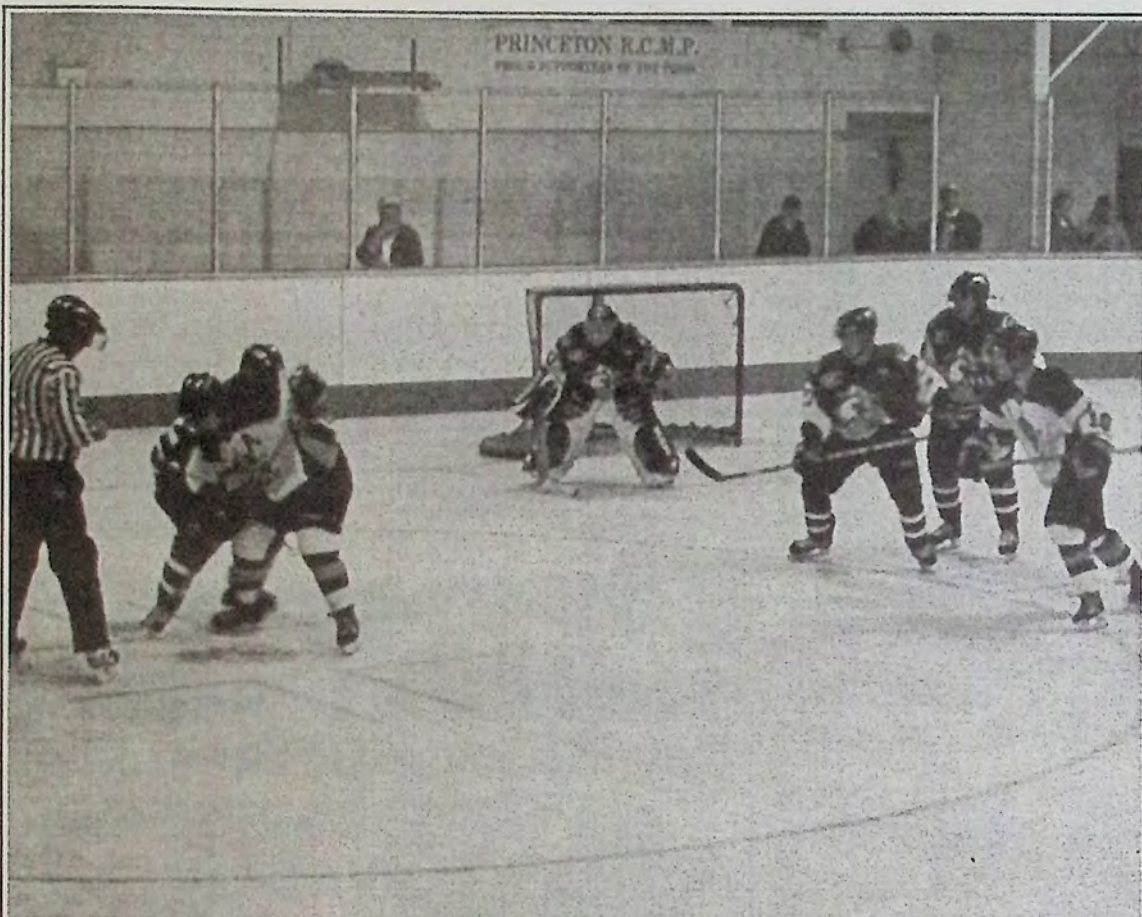
Sgt. Kurt Lozinski accepts plaque from Pastor Mike Stoltz.



Princeton Citizens On Patrol Coordinator Jim Turner accepts plaque from Living Water FourSquare Church Pastor Mike Stoltz.

weekly entertainment guide

TUESDAY, SEPTEMBER 28, 2004 THROUGH MONDAY, OCTOBER 4, 2004



Players scramble for the puck following a face off in the Sicamous zone during a game Saturday night against the Eagles. The Posse played well in what ended up being the first of two nail biters over the weekend. The Posse play at home again Saturday, October 2nd at 7:30 PM.

Summer rec year end report

Alisdair Reid, Summer Recreation Coordinator, has submitted a report on the success of some programs and the failures of others.

Canada Day at Cenotaph Park proved to be a huge success with face painting, balloon toss, free hotdogs, souvenir flags and temporary tattoos. Two cakes and 200 hotdogs met the needs of everyone who attended.

The Young Life Skate Jam was delayed, but when it finally got going it was a lot of fun for everyone. Little Sneakers Tots Sport Program had moderate success, and Reid recommends it continue next year.

Jewelry making and babysitter training were highly successful programs, along with Science camp, which actually turned a profit.

Aaron Heuser Basketball Camp for grades 4 - 7 was a success, but the camp for older youth failed to attract any participants. Drop-in beach volleyball attracted older teens and Reid recommends it for next year.

The Funds for Fit Kids Day Camp, which ran on weekdays all summer, proved to be a needed service again this summer.

This year's GETT camp was not as successful as in past years, but did attract a good number of participants. Reid suggests building a different kind of item each year as some of the people did not want to come back to build another go-cart. He also

recommends the program be open to boys.

Unsuccessful programs

Among the programs failing to attract participants, Theater camp and Kinderdance topped Reid's list, along with Time Travelers.

Soccer and Volleyball camps did not attract enough participants to put on a camp.

Spanish language classes were cancelled due to lack of interest, but Reid suggests it might be successful in autumn.

High fees for rental space at the school was the reason Photography and Web Page Design programs were cancelled.

Campfire Chefs was cancelled because Reid could not find a firefighter willing to teach the participants about campfire safety.

Finally, tennis was a failure because the instructor could not give specific dates until August, so it was not possible to attract registrations.



Princeton Posse hometown boy Chance Lintick watches the play develop in Sunday's game against Revelstoke.

Weekly News Leader Fishing Report

OSPREY LAKE - Ron at Princeton Outdoor Supply says this is his pick of the week. "Anglers are doing extremely well here. This is the best lake right now."

CHAIN LAKE - Ron says the fishing derby here last week made this lake come alive. Another good bet this time of year.

The Weekly Fishing Report is brought to you by:
PRINCETON OUTDOOR SUPPLY and PRINCETON HISTORY BOOKLETS

Princeton Outdoor Supply



Fishing Supplies

- Licences
- Rods • Reels • Tackle
- Locally-tied Flies

Hunting/Camping Gear

295-0450 • 295-0319
259 Vermillion Avenue, Princeton



Princeton Area Fishing Guide - 2nd Edition

\$ 2.00 PER COPY

AVAILABLE AT: SIMILKAMEEN NEWS LEADER - THE HUT
BILLY'S RESTAURANT - CHAMBER OF COMMERCE
PRINCETON OUTDOOR SUPPLY

Princeton History Booklets
info: george@thenewsleader.ca

25 WORDS
\$5.00 + GST
PAY FOR TWO WEEKS
GET THE THIRD FREE!!!
News Leader Classified Ads
ads@thenewsleader.ca
(250) 295-4149

The Princeton Posse Junior "B" Hockey Club need a variety of volunteers for this season. Security Guards, Score Keepers, Time Clock, Announcers, Merchandise Salespeople, Game Night Organizer...and more!

The future success of our club in this community depends upon all of us. If you think you can help us out in any way please phone 295-6432 or 295-6544 or e-mail mba76@uniserve.com



Princeton Posse played Revelstoke Grizzlies Sunday afternoon at Princeton Arena. Above, players battle over a puck in the Posse zone.

Posse still looking for first win of season

The 2004/05 Princeton Posse played two tight games over the weekend.

Saturday night they hosted Sicamous Eagles and Sunday afternoon Revelstoke Grizzlies were in town.

Princeton's Junior B team looked sharp in their new uniforms and contains a solid nucleus of returning players from last year including Brandon Ingraham, Nick Stermer, Colin Einfeld, Tony Bertuzzi, J. J. Holmes, Steve Brush, Tony Johnston and Chance Lintick, to name a few.

Princeton opened the scoring in Saturday night's game at 6:02 with a goal by Tony Bertuzzi, who was assisted by Nick Stermer and Chance Lintick.

Sicamous tied the game at 7:06.

A fire alarm at 12:47 brought a delay in the game and once everything was back to normal, Sicamous added another marker at 15:32 finishing the first period with a 2-1 lead.

The second period saw both teams swapping goals as Posse players put in long shifts on ice.

By the end of the period, Sicamous led 4-3.

In the third period, Princeton tied the game at 2:02 with a goal by Seth Armitage. Sicamous replied at 2:43 to once again take the lead.

Steve Bilic tied the game with a goal for Princeton at 4:43 and the Posse got a go ahead goal at 7:12 from Tony Bertuzzi, with assistance from Chance Lintick.

It looked as though the Posse

had a win until Sicamous tied it at 6-all with 7 seconds left in regulation time.

Both teams looked tired in overtime and after 1:23 Sicamous sealed a win with a goal from Tyler Muis.

On Sunday afternoon both Princeton and the visiting Grizzlies from Revelstoke came on strong.

A delay in the game occurred at 2:18 when the metal frame holding two pieces of plexiglass together broke free. It was quickly repaired and play resumed.

Revelstoke scored first at 7:03 and Princeton tied it up at 1-all with an unassisted goal by Kevin Flather at 9:04.

The Grizzlies added two more fast goals at 15:32 and 15:54 to close the first period with a 3-1 lead.

Princeton scored their second goal at 1:56 of the second period. They tied the game at 7:00 on the power play with a goal by David Wyman.

Revelstoke went ahead again with a goal at 10:39 and another at 11:46.

Nick Stermer popped one in for the home team at 12:54. Revelstoke led 5-4 after two.

Princeton tied the game at 15:04 of the third with a 2 on 1 where Seth Armitage beat the Grizzlie goalie.

Revelstoke's Rob Thomas scored a fluke at 16:15 after firing a shot at Princeton's goalie Brad Fraser.

The save popped the puck up and off Fraser's shoulder which was then flipped into the net.

Princeton pulled it's goalie for an extra man in the last minute of play but could not tie the game to force overtime.

Final score: Grizzlies 6, Posse 5.

tuesday movies

MORNING

10:00 am CITY (29) ★★★ "Dragon: The Bruce Lee Story" (1993, Biography) Jason Scott Lee. The martial arts legend overcomes racism and finds love during his swift rise to stardom. (E)

11:30 am A&E (9) ★★★ "Rocky II" (1979, Drama) Sylvester Stallone. Heavyweight contender Rocky Balboa signs for a rematch with Apollo Creed, the champion he attempted to dethrone. (E)

EVENING

6:00 pm CITY (29) ★★★ "Shallow Hal" (2001, Comedy) Gwyneth Paltrow. A lumpen Lothario unknowingly sees only an obese woman's inner beauty after his encounter with a self-help guru. (E)

9:00 pm FAM (26) ★★★ "Fly Away Home" (1996, Drama) Jeff Daniels. A Canadian sculptor's young daughter must lead the geese she raised from birth on a

migratory flight to North Carolina. (In Stereo)

9:10 pm WTBS (3) ★★★ "Bird on a Wire" (1990, Adventure) (PA) Mel Gibson. The prison release of an old nemesis puts a federal witness on the run, with his girlfriend of 15 years earlier in tow. (E)

10:00 pm KSPS (6) ★★★ "Lost Boys of Sudan" (2003, Documentary) Premiere. Filmmakers John Shenk and Megan Mylan follow some Sudanese refugees as they try to make new lives in the United States. (In Stereo) (E)

10:06 pm CITY (29) ★★★ "Shallow Hal" (2001, Comedy) Gwyneth Paltrow. A lumpen Lothario unknowingly sees only an obese woman's inner beauty after his encounter with a self-help guru. (E)

11:10 pm WTBS (3) ★★★ "Outrageous Fortune" (1987, Comedy) Bette Midler. Two aspiring actresses begin a chaotic cross-country search after learning their presumed-dead lover isn't deceased. (E)

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton

(250) 295-6905

"Buy Canadian...Shop Local."

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

wednesday movies

MORNING

10:00 am CITY (29) ★★★ "Cry in the Wild: The Taking of Peggy Ann" (1991, Drama) David Morse. A lovesick recluse leads more than 2,000 police and volunteers on one of the largest manhunts in Pennsylvania history. (E)

11:00 am A&E (9) ★★★ "Ruby" (1992, Drama) Danny Aiello. Based on theories surrounding Texas nightclub owner Jack Ruby's decision to murder Lee Harvey Oswald. (E)

EVENING

8:40 pm WTBS (3) ★★ "Blast From the Past" (1999, Comedy) Brendan Fraser. A young man experiences culture shock as he

navigates 1998 suburbia after spending his whole life in a bomb shelter. (E) (DVS)

9:00 pm FAM (26) ★★ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend.

10:06 pm CITY (29) ★★★ "Changing Habits" (1997, Comedy-Drama) Moira Kelly. While staying at a convent, a promising artist is inspired to paint a mural of painful past memories.

10:40 pm WTBS (3) ★★★ "Private Benjamin" (1980, Comedy) Goldie Hawn. A pampered young woman is conned into joining the Army after her husband dies on their wedding night. (E)

PRINCETON POSSE KIJHL HOME GAME SCHEDULE

- October 2 - 7:30 PM - Spokane
- October 6 - 7:30 PM - Osoyoos
- October 16 - 7:30 PM - Revelstoke
- October 29 - 7:30 PM - Summerland
- November 5 - 7:30 PM - Nelson
- November 6 - 7:30 PM - Beaver Valley
- November 13 - 7:30 PM - Revelstoke
- November 14 - 2:00 PM - Sicamous
- November 20 - 7:30 PM - Grand Forks
- November 24 - 7:30 PM - Osoyoos
- November 27 - 7:30 PM - Castlegar
- December 11 - 7:30 PM - Summerland
- December 15 - 7:30 PM - Osoyoos
- December 18 - 7:30 PM - Sicamous
- January 1 - 7:30 PM - Sicamous
- January 8 - 7:30 PM - Summerland
- January 15 - 7:30 PM - Summerland
- January 21 - 7:30 PM - Revelstoke
- January 26 - 7:30 PM - Summerland
- February 5 - 7:30 PM - Revelstoke
- February 12 - 7:30 PM - Osoyoos
- February 13 - 2:00 PM - Sicamous

www.thenewsleader.ca
www.thenewsleader.ca
www.thenewsleader.ca

Wild Rose Cafe

OPEN 7:30 AM - 9:00 PM DAILY
Breakfast - Lunch - Dinner

CLOSED TUESDAYS
Home Made Baking - Fruit Stand Now Open

TRAVELLERS AND ALL OUR FRIENDS FROM PRINCETON WELCOME!

Just West of Hedley on Highway 3

TUESDAY, SEPTEMBER 28, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	"Outrageous Fortune"	News	(Off Air)	George S. Dragon	News (6)	News	Movie: "Rocky II" (1979)	(5:00) News (6)	News (6)	(5:00) News (Live) (6)	Monsters Hamtaro	SportsCentre (6)	News (6)	Daily Planet (6)	Paid Prog.	Something	News (6)	Maury (6)	Hillbillies
7 AM :30	Dawson's Creek (6)	Life Today	BluesClues	Clifford	Today (6)	The Early Show (6)	Sylvester Stallone (6)	Good Morning America (6)			Woody Rugsrats	SportsCentre (6)	Canada AM (6)	Untamed North America	Sabrina Charles	Mon Colle Rangers	News (6)	CityLine (6)	Matlock "The Dare"
8 AM :30	Dawson's Creek (6)	Huntley Street (6) Poko (6)	(8:05) Hi-5 Timothy	Barney Boohbah			Third Watch "10-13"			100 Huntley Street (6)	SpongeBob Mona	SportsCentre (6)		Monster Garage (6)	Paid Prog.	Hoze		Fashion Spin City	In the Heat of the Night
9 AM :30	Saved-Bell Saved-Bell	Save-Ums! Nanalan'	Little Bear Bear	Sesame Street (EI)		Discover Discover	City Confidential (6)	Regis and Kelly (6)	100 Huntley Street (6)	World Vision	Care Bears Monster	Off-Record 2003 X-Games	Regis and Kelly (6)	Daily Planet (6)	Good Day Live (N) (6)	Pooh JoJo	Maury (6)	News (6)	Magnum, P.I. (6)
10 AM :30	Cosby Cosby	The Price Is Right (6)	Elliot Moose	Reading Lions	Ellen DeGeneres Show	The Price Is Right (6)	Amer. Justice	The View (N) (6)	World Vision	Antique MoneyWs	Rupert Monsters	TbTennis	The View (N) (6)	Monster House (6)	The Larry Elder Show	Stanley Art Attack	Jerry Springer (N) (6)	Movie: "Dragon: The Bruce Lee Story" (1993, Biography)	News (6)
11 AM :30	Harvey Home Imp.	Judy Coronatn	Security Hockey	Caillou (EI) Sit-Be Fit	Frasler M*A*S*H	Young and the Restless	Sell House Movie: "Rocky II" (1979)	News (6) Paid Prog.	Will-Grace MoneyWs	News (Live) (6)	Hamtaro Fly Rhino	UEFA UEFA	Balance Balance	Kingdoms of Survival	Montel Williams (6)	King (6) Jason	Jerry Springer (6)	Rockford Files	
12 PM :30	Drew Drew	News (6)	Odysseys Imprint	Charlie Rose (6)	Shop Shop	Bold & B.	All My Children (6)	News (6)	Days of our Lives (6)	Neutron Jacob	Champion's League Soccer	Daily Bold & B.	Natl Wonders	Perry Mason	Hercules Goof Troop	Home Delivery	CityLine	Magnum, P.I. (6)	
1 PM :30	Yes, Dear Home Imp.	Days of our Lives (6)	Small Spc Planet	Art Quilting	Days of our Lives (6)	As the World Turns	One Life to Live (6)	As the World Turns	As the World Turns	George S. Care Bears	Wrecked	Vicki G. Vicki G.	Monster Garage (6)	Fam. Feud Fam. Feud	Mermaid Aladdin	Jerry Springer (6)	Relic Hunter (6)	Funniest Home Videos	
2 PM :30	Friends Raymond	Starting Over (N) (6)	Gaslight Health	Mr Rogers Dragon	Passions (6)	Guiding Light (6)	Thrd Watch "10-13"	General Hospital (6)	Passions (6)	Passions (6)	Mona Fly Rhino	Motoring Interruption	General Hospital (6)	Great Biker Build-Off 4	Pat Croce Pat Croce	Dalmatian House	Maury (Part 1 of 2) (6)	Ellen DeGeneres Show	Cosby
3 PM :30	Raymond Seinfeld	Emmerdale Fear Factor (6)	Zoboo Arthur	Arthur (EI) Arthur	Brown Brown	Dr. Phil	City Confidential (6)	Home Imp.	Young and the Restless	Young and the Restless	Jacob Mystery	Off-Record Sports	Dr. Phil	Monster Machines	Starting Over (N) (6)	Weekend	Jackie Mucha	News (6)	Home Imp. Will-Grace
4 PM :30	Seinfeld Friends	Malcolm Babar (6)	George S. Cyberchas	Judy Judy	Oprah Winfrey (6)	Amer. Justice	The Jane Pauley Show	Oprah Winfrey (6)	News (6)	News (6)	Neutron Beyblade	Boxing	Frasler Friends	Daily Planet (6)	Little House	Recess Barbarian	Pokémon Yu-Gi-Oh!	Sex & City	Will-Grace Home Imp.
5 PM :30	Seinfeld Seinfeld	News (6)	Magic Bus Paddington	BBC World Business	News (6) NBC News	News (6) CBS News	Biography: Whitman	News (6) ABC News	News (6) Global	News (6) Global	Oddparent Phantom	Boxing: Glencoffe Johnson vs. Roy Jones Jr.	News (6)	How-Made How-Made	Malcolm King of Hill	Proud Lizzie	Sabrina Fresh Pr.	Smallville "Crusade"	Funniest Home Videos
6 PM :30	Friends Friends	Will-Grace '70s Show	Planet Wine	News-Lehrer	News (6) Raymond	News (6) Hollywood	Cold Case Files (6)	News (6)	News (6)	Train 48 Entertain	SpongeBob Neutron	vs. Roy Jones Jr.	News (6)	American Chopper	Simpsons '70s Show	So Raven Even	Raymond Will-Grace	Movie: "Shallow Hal" (2001, Comedy)	Funniest Home Videos
7 PM :30	Sex & City Sex & City	Fortune Jeopardy!	Parks Rivers	Educating Spokane	Jeopardy! Fortune	Seinfeld Friends	Dog Dog	Entertain The Insider	Entertain Train 48	To Be Announced	Mystery Yu-Gi-Oh!	SportsCentre (Live) (6)	eTalk Daily Hollywood	American Hot Rod (6)	Will-Grace '70s Show	Brotherly Radio Free	Friends Raymond	News (6)	WGN News at Nine
8 PM :30	Raymond Raymond	Making the Cut (N) (6)	Changing Stages (6)	Nova "Origins: Earth Is Born; How Life Began"	Last Comic Standing Father Scrubs (N)	NCIS "In the Dark" (N) (6)	Crossing Jordan (6)	My Wife Lopez	Trading Spouses	Trading Spouses	Dragon Dragon-Z	UEFA Champion's League Soccer	Degrassi Degrassi	Daily Planet (6)	Trading Spouses	Boy World Radio Free	Gilmore Girls (N) (6)	News (6)	Becker
9 PM :30	Movie: "Bird on a Wire"	Da Vinci's Inquest (6)	Artists Imprint	Born; How Life Began"	Clubhouse (N) (6)	Biography: Whitman	Jim Rodney (N)	The Next Great Champ	Zoe Buislek: Wild Card	Mystery Fries That?	Champion's League Soccer	Jim Scrubs (N)	American Chopper	The Next Great Champ	Movie: "Fly Away Home" (1996) Jeff Daniels.	One Tree Hill (N) (6)	Jimmy Kimmel Live (N) (6)	Home Delivery	
10 PM :30	(1990) (PA) Mel Gibson.	The National (6)	Canada-History	Movie: "Lost Boys of Sudan" (2003)	Law/Ord SVU	Judging Amy (N) (6)	Cold Case Files (6)	NYPD Blue (N) (6)	Judging Amy (N) (6)	News (6)	Radio Act	In Corner	Law/Ord SVU	American Hot Rod (6)	News (6)	Malcolm	News (6)	(10:05) Movie: "Shallow Hal" (2001)	Justice Street
11 PM :30	"Outrageous Fortune"	News (6) Sports Pg.	Reach Top Dotto Tech	Bigger	News (6) Tonight	News (6) Late Show	Dog Dog	News (6) Nightline	News (6)	(11:03) Saturday Night Live	Ready-Not My Family	SportsCentre (Live) (6)	News (6)	How-Made How-Made	Becker Just Shoot	My So-Called Life	Friends Will-Grace	Street Elimidate	

WEDNESDAY, SEPTEMBER 29, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Movie: "Bird on a Wire"	News	(Off Air)	George S. Dragon	News (6)	News	Movie: "Ruby" (1992)	(5:00) News (6)	News (6)	(5:00) News (Live) (6)	Monsters Hamtaro	SportsCentre (6)	News (6)	Daily Planet (6)	Paid Prog.	Something	News (6)	Maury (6)	Hillbillies
7 AM :30	Dawson's Creek (6)	Life Today	BluesClues	Clifford	Today Today Throws a Destination	The Early Show (6)	Murder, She Wrote (6)	Good Morning America (6)			Woody Rugsrats	SportsCentre (6)	Canada AM (6)	World of Baby Animals	Sabrina Charles	Mon Colle Rangers	News (6)	CityLine (6)	Matlock "The Tabloid"
8 AM :30	Dawson's Creek (6)	Huntley Street (6) Poko (6)	(8:05) Hi-5 Timothy	Barney Teletubbs	Wedding; fall fashion. (6)		Third Watch (6)			100 Huntley Street (6)	SpongeBob Mona	SportsCentre (6)		American Chopper (6)	Paid Prog.	Hoze		M3 Spin City	In the Heat of the Night
9 AM :30	Saved-Bell Saved-Bell	Save-Ums! Nanalan'	Little Bear Bear	Sesame Street (EI)		Discover Discover	City Confidential (6)	Regis and Kelly (6)	100 Huntley Street (6)	World Vision	Care Bears Monster	Off-Record 2003 X-Games	Regis and Kelly (6)	Daily Planet (6)	Good Day Live (N) (6)	Pooh JoJo	Maury (6)	News (6)	Magnum, P.I. (6)
10 AM :30	Cosby Cosby	The Price Is Right (6)	Elliot Moose	Reading Lions	Ellen DeGeneres Show	The Price Is Right (6)	American Justice	The View Taya Diggs.	World Vision "Children"	Diva Dime MoneyWs	Rupert Monsters	TbTennis	The View Taya Diggs.	How-Made How-Made	The Larry Elder Show	Stanley Art Attack	Jerry Springer (N) (6)	"Cry in the Wild: The Taking of Peggy Ann" (6)	News (6)
11 AM :30	Harvey Home Imp.	Judy Coronatn	Mathematics Instruction	Caillou (EI) Sit-Be Fit	Frasler M*A*S*H	Young and the Restless	Movie: "Ruby" (1992, Drama) Danny Aiello (6)	News (6) Paid Prog.	Will-Grace MoneyWs	News (Live) (6)	Hamtaro Fly Rhino	Golf UEFA	Balance Balance	Beastly Countdown	Montel Williams (6)	King (6) Jason	Jerry Springer (6)	(11:10) MLB Baseball: Cincinnati Reds at Chicago Cubs. (Live) (6)	
12 PM :30	Drew Drew	News (6)	Living Hist Sew Fun	Charlie Rose (N) (6)	Shop Shop	Bold & B.	All My Children (6)	News (6)	Days of our Lives (6)	Neutron Jacob	Champion's League Soccer	Daily Bold & B.	Going to Extreme	Perry Mason	Hercules Goof Troop	Home Delivery	CityLine	Reds at Chicago Cubs.	
1 PM :30	Yes, Dear Home Imp.	Days of our Lives (6)	Thimbles Planet	Simp Paint Sewing	Days of our Lives (6)	As the World Turns	Murder, She Wrote (6)	One Life to Live (6)	As the World Turns	As the World Turns	George S. Care Bears	Wrecked	Vicki G. Vicki G.	Beyond Invention	Fam. Feud Fam. Feud	Mermaid Aladdin	Jerry Springer (6)	Relic Hunter (6)	
2 PM :30	Friends Raymond	Starting Over (N) (6)	Gaslight Health	Mr Rogers Dragon	Passions (6)	Guiding Light (6)	Thrd Watch (6)	General Hospital (6)	Passions (6)	Passions (6)	Mona Fly Rhino	In Corner Interruption	General Hospital (6)	How-Made How-Made	Pat Croce Pat Croce	Dalmatian House	Maury Paternity results.	Ellen DeGeneres Show	Inning Cosby
3 PM :30	Raymond Seinfeld	Emmerdale Fear Factor (6)	Zoboo Arthur	Arthur (EI) Arthur	Brown Brown	Dr. Phil	City Confidential (6)	GRC Home Imp.	Young and the Restless	Young and the Restless	Jacob Mystery	Off-Record Sports	Dr. Phil	Deadliest Storms	Starting Over (N) (6)	Weekend	Jackie Mucha	News (6)	Home Imp. Will-Grace
4 PM :30	Seinfeld Friends	Malcolm Babar (6)	George S. Cyber	Judy Judy	Oprah Winfrey (6)	Amer. Justice	The Jane Pauley Show	Oprah Winfrey (6)	News (6)	News (6)	Neutron Beyblade	MLB Baseball: Toronto Blue Jays at Baltimore Orioles. (Live) (6)	Frasler Friends	Daily Planet (6)	Little House	Recess Barbarian	Pokémon Yu-Gi-Oh!	Sex & City	Will-Grace Home Imp.
5 PM :30	Family Guy Family Guy	News (6)	Magic Bus Jakers	BBC World Business	News (6) NBC News	News (6) CBS News	Biography: "Don Ad"	News (6) ABC News	News (6) Global	News (6) Global	Oddparent Grown Up	Blue Jays at Baltimore Orioles. (Live) (6)	News (6)	Dive to Bermuda Triangle (6)	Malcolm King of Hill	Proud Lizzie	Sabrina Fresh Pr.	Next Top Model	Funniest Home Videos
6 PM :30	Seinfeld Seinfeld	Will-Grace '70s Show	Imprint Fork Fork	News-Lehrer	News (6) Raymond	News (6) Hollywood	American Justice	News (6)	News (6)	Train 48 Entertain	SpongeBob Oddparent		News (6)	Simpsons '70s Show	So Raven Even	Raymond Will-Grace	The Bachelor (N) (6)	Funniest Home Videos	
7 PM :30	Sex & City Sex & City	Fortune Jeopardy!	Champions On Edge	2004 Fall Preview (N)	Jeopardy! Fortune	Seinfeld Friends	City Confidential (6)	The Insider	Train 48	King Universe	Mystery Yu-Gi-Oh!	SportsCentre (Live) (6)	eTalk Daily Hollywood	MythBusters (6)	Will-Grace '70s Show	Brotherly Radio Free	Friends Raymond	Sex & City	WGN News at Nine
8 PM :30	Seinfeld Movie: "Blast From the Past" (1999) (DVS)	Past Life Investigation Cruelty Call (N) (6)	Victorians Rough Sci	Nova Scientists search for life in the universe. (N)	Hawaii (N) (6)	60 Minutes (N) (6)	Crossing Jordan (6)	Lost "Pilot" (N) (6)	'70s Show Will-Grace	'70s Show '70s Show	Dragon Dragon-Z	Motoring	Wife Swap (6)	Daily Planet (6)	'70s Show Quintuplets	Boy World Radio Free	Smallville "Gone" (N) (6)	(8:15) News (6)	Becker
9 PM :30	Movie: "Private Benjamin" (1980)	The National (6)	Mountain of Gold (6)	Crashing-Partie	Law & Order (N) (6)	CSI: NY (N) (6)	American Justice	Wife Swap (N) (6)	Queer Eye-Guy	News (6)	Radio Act	TbTennis	Law & Order (N) (6)	Dive to Bermuda Triangle (6)	News (6)	Malcolm Boy World	Movie: "Son-in-Law" (1993)	The Mountain Live (N) (6)	Jimmy Kimmel Live (N) (6)
10 PM :30	Movie: "Private Benjamin" (1980)	News (6) Sportspage	Second Moving On	Charlie Rose (N) (6)	News (6) Tonight	News (6) Late Show	City Confidential (6)	News (6) Nightline	News (6)	(11:03) Saturday Night Live	Ready-Not My Family	SportsCentre (Live) (6)	News (6)	Becker Just Shoot	My So-Called Life	Friends Will-Grace	Street Elimidate		

Regular Meetings

* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
 * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
 * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
 * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
 * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
 * Hedley Library open 2-7pm Thursdays
 * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
 * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
 * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
 * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
 * Legion Branch 56 meets 3rd Thursday of month 7:30 p.m. Legion Hall
 * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
 * The Country Church hosts a Free Community Lunch the third Saturday of each month at 12 Noon.
 * The Country Church hosts "Country Gospel Hour" 7:00 PM the last Saturday of each month
 * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
 * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Arena Mezzanine.

Similkameen News Leader Community Calendar

SEPTEMBER

28 - Fall Fair meeting 7 p.m. fairgrounds office
 29 - Ukrainian Quartet, Baptist Church, 7 pm
 31 - (Sunday) Spook Night at the fairgrounds

OCTOBER

2 - Moto-X at Princeton Fairgrounds
 "The Jewels" ensemble 7:30 p.m. United Church Hall
 - Princeton Posse host Spokane, 7:30 pm, Arena
 6 - Princeton Posse host Osoyoos, 7:30 pm, Arena
 11 - Thanksgiving
 12 - Museum meeting 2:30 p.m. at museum
 PXA meeting 7:00 p.m. fairgrounds office
 16 - Princeton Posse host Revelstoke, 7:30 pm, Arena
 19 - Business Enhancement Assn. 7 pm Copper Mtn. Pub
 29 - Princeton Posse host Summerland, 7:30 pm, Arena
 30 - Country Harvest Fest, Living Waters 4Square Church

NOVEMBER

5 - Princeton Posse host Nelson, 7:30 pm, Arena
 6 - Princeton Posse host Beaver Valley, 7:30 pm, Arena
 11 - Remembrance Day
 13 - Princeton Posse host Revelstoke, 7:30 pm, Arena
 14 - Princeton Posse host Sicamous, 2:00 pm, Arena
 16 - Business Enhancement Assn. 7 pm Copper Mtn. Pub
 20 - Princeton Posse host Grand Forks, 7:30 pm, Arena
 24 - Princeton Posse host Osoyoos, 7:30 pm, Arena
 27 - Princeton Posse host Castlegar, 7:30 pm, Arena

DECEMBER

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

thursday movies

MORNING

10:00 am CITY (29) "The Devil's Bed" (1994, Drama) Nicollette Sheridan. A woman cannot decide between the new love she feels for one man and the renewed passion she feels for his brother.
 11:00 am A&E (9) "Brubaker" (1980, Drama) Robert Redford. An idealistic warden sets out to restore justice and a sense of dignity to the brutal prison system.

AFTERNOON

5:00 pm WTBS (3) "The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (DVS)

EVENING

6:00 pm CITY (29) "28 Days" (2000, Drama) Sandra Bullock. After ruining her sister's wedding, a boozy New York writer is sent to rehab to come to terms with her substance abuse.

7:10 pm WTBS (3) "The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (DVS)

9:00 pm FAM (26) "Batman" (1989, Adventure) Michael Keaton. Tim Burton's adaptation of the Caped Crusader and his vendetta against the Joker, a disfigured criminal mastermind. (In Stereo) (DVS)

9:20 pm WTBS (3) "Most Wanted" (1997, Suspense) (PA) Keenen Ivory Wayans. A former military hero becomes the object of a manhunt when he is set up to take the fall in a botched assassination.

10:05 pm CITY (29) "Backdraft" (1991, Drama) Kurt Russell. Spectacular pyrotechnics highlight this story of two quarreling brothers in the Chicago Fire Department.

11:20 pm WTBS (3) "Sniper" (1993, Drama) (PA) Tom Berenger. A veteran Army assassin and his inexperienced partner set their sights on a drug lord in the jungles of Panama.

friday movies

MORNING

10:00 am CITY (29) "28 Days" (2000, Drama) Sandra Bullock. After ruining her sister's wedding, a boozy New York writer is sent to rehab to come to terms with her substance abuse.

11:00 am A&E (9) "Black Sunday" (1977, Suspense) Robert Shaw. A deranged Vietnam veteran joins an Arab terrorist in a plot to murder 80,000 unsuspecting Super Bowl fans.

EVENING

6:00 pm WTBS (3) "Men in Black" (1997, Science Fiction) (PA) Tommy Lee Jones. A streetwise young cop joins a secret government organization that monitors extraterrestrial activity on Earth.
 CITY (29) "Black Mask" (1996, Action) Jet Li. A peaceful librarian's past as a biologically altered commando resurfaces when grisly deaths befall local drug lords.

7:30 pm FAM (26) "Groundhog Day" (1993, Comedy) Bill Murray. An arrogant TV weatherman has an unusual courtship with his sunny producer when he becomes trapped in a time warp.

8:00 pm KNOW (5) "Julia" (1977, Drama) Jane Fonda. Three Oscars went to this account of Lillian Hellman's involvement in the European Resistance movement of World War II.

8:10 pm WTBS (3) "Coneheads" (1993, Comedy) Dan Aykroyd. The stranded aliens from "Saturday Night Live" set up house in suburbia and evade immigration agents.

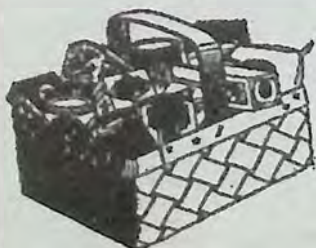
9:11 pm FAM (26) "Marvin's Room" (1996, Drama) Meryl Streep. Illness spurs a reunion between a strong-willed beautician and the selfless sister who sacrificed all for their father.



- new in town?
- recently married?
- new baby?

Call Welcome Wagon!

If so...a warm welcome awaits you from your hostess. We are looking forward to meeting you soon.



Horoscopes
 September 30 - October 6, 2004

Aries - Things are running more smoothly for you now but expect a lot of interaction with your partner, and watch out for ego used against you. At the same time, your partner will be good to you.
Taurus - Turn your attention to your health and your work now. Your health should be good, and you should be full of energy, but watch out for coughs and colds. Employment prospects are excellent. Enjoy!
Gemini - You should be able to have a lot of fun this week, but do not gamble big or you will lose a lot. If you plan to do renovations or some kind of artistic endeavour, you will be very successful now.
Cancer - Home, parents, family - there is a lot of action in this area of your life. Your career seems at odds with your personal obligations. Watch out for family problems. Situation is challenging, maybe critical.
Leo - You are on the move this week, rushing here and there with errands and news. You may feel strung out, but enjoying it to some extent. Watch out for flu, colds, and make sure you drive safely.
Virgo - You will have problems balancing your budget now. Money seems to slip through your fingers fast. At the same time, you may receive some extra cash. You need to do accounting and paperwork.
Libra - You have a lot to say and most of it comes from an inflated opinion of your own worth. You come across as a happy tyrant trying to make others see things your way. Use this energy to achieve.
Scorpio - Your mind is very active now, and you are enjoying the feeling of getting things done. Be cautious about how you express yourself as you may seem arrogant. Health may be good, but you could check.
Sagittarius - You enter a new phase this week, and you will have to work harder in your career to reach success. At the same time, long range plans you make now will pay off well. Do the plans this week.
Capricorn - Your career suddenly becomes hectic. Life is full of action, news, and fun. People full of energy expect a lot from you, and will challenge you in many ways. Try to find time to rest. Good vibes!
Aquarius - You go full tilt into an educational and travel phase this week, but it will not be peaceful. Expect a lot of activity focused on learning new things, running errands, sharing news and talking.
Pisces - Shared resources, insurance, real estate, debts, and so on occupy your thinking this week, and you could make some really fortunate moves. Give information or share information about resources.

FREE MENTAL ILLNESS EDUCATION PROGRAM

IS SOMEONE IN YOUR FAMILY MENTALLY ILL?

A free education program is offered to family members and friends of those suffering from mental illness. The Family-To-Family Education is an educational and support course, covering not only most aspects of serious mental illness and its treatment, but also how best to deal with the challenges of having a loved one stricken by the illness. Participants learn how to solve problems, communicate effectively, handle negative feelings, help their ill family member recover, and advocate for both families and their ill relatives. Call our office to register or for information please call: (250) 493-7338.



British Columbia Schizophrenia Society

A registered BC Non-Profit Society

Similkameen News Leader
 Recipe Corner (Recipe #32)

Date Loaf

(STOLEN FROM MOM'S COLLECTION)

Cream together 1 cup brown sugar and 1/2 cup butter or other shortening

- Add 2 well-beaten eggs
- 1/2 cup sour cream
- 1 tsp. baking soda
- Cinnamon, nutmeg and cloves, to taste
- Pinch of salt
- 1 cup dates (dredge with flour)
- 3/4 cup nut meats
- 1/2 cup flour
- vanilla

Place complete mixture in loaf pan. Bake in oven at 350-degrees until done!

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

THURSDAY, SEPTEMBER 30, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"Private Benjamin"	News	(Off Air)	George S. Dragon	News	News	Movie: "Brubaker" (1980)	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	PGA Golf: WGC American Express Championship - First Round.	News	Daily Planet	Paid Prog.	Something	News	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Robert Redford	Good Morning America			Woody Rugsrats	PGA Golf: WGC American Express Championship - First Round.	Canada AM	Champions	Libertys	Mon Colle	News	CityLine	Matlock
8 AM	Dawson's Creek	100 Huntley Street	(8:05) Hi-5	Barney	Martin Scorcese		Third Watch "Last Call"			100 Huntley Street	SpongeBob	From Kilkenny, Ireland. (Live)		Champions	Charles	Rangers		Close-Up	In the Heat of the Night
9 AM	Saved-Bell	Save-Ums!	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Care Bears		Regis and Kelly	Daily Planet	Good Day Live (N)	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Elliot Moose	Reading Lions	Ellen DeGeneres Show	The Price Is Right	Amer. Justice	The View (N)	World Vision	Room	Rupert	Lumberjks	The View (N)	What's That About?	The Larry Show	Stanley	Jerry Springer (N)	Movie: "The Devil's Bed" (1994), Joe Lando	News
11 AM	Harvey	Judy	Ratanak's Legacy	Callou (EI)	Frasier	Young and the Restless	Movie: "Brubaker" (1980, Drama)	News	Will-Grace	News (Live)	Hamtaro	Motorcycle	Balance	Adventure	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM	Drew	News	Scattering	Charlie Rose	Shop	News	All My Children	News	MoneyWs	Days of our Lives	Neutron	WGC American Express	Daily	Shipwrecked	Perry Mason	Hercules	Home Delivery	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	Journal Planet	One Stroke	Days of our Lives	As the World Turns	Jane Alexander	As the World Turns	As the World Turns	As the World Turns	George S. Care Bears	Champion ship - First Round.	Vicki G.	Dive to Bermuda Triangle	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter	Funnest Home Videos
2 PM	Friends	Starting Over (N)	Gaslight	Mr Rogers	Passions	Guiding Light	Third Watch "Last Call"	General Hospital	Passions	Passions	Mona	Interruption	General Hospital		Pat Croce	Dalmatian	Maury	Ellen DeGeneres Show	Cosby
3 PM	Raymond	Emmerdale	Zoboo	Arthur (EI)	Brown	Dr. Phil	City Confidential	Ruby Reds	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Ultimates "Explosions"	Starting Over (N)	Fillmore	Jackie	News	Home Imp.
4 PM	Seinfeld	Fear Factor	George S.	Cyberchas	Judy	Oprah Winfrey	Amer. Justice	The Jane Pauley Show	Oprah Winfrey	News	Neutron	MLB Baseball: Toronto	Frasier	Daily Planet	Little House	Recess	Pokémon	Sex & City	Will-Grace
5 PM	Movie: "The Whole Nine Yards"	News	Bus	BBC World	News	News	Cold Case Files	News	News	News	Oddparent	Blue Jays at Baltimore	News	Ultimates	Malcolm	Proud	Sabrina	And Go!	Funnest Home Videos
6 PM	Nine Yards (2000) (PA)	Will-Grace	Leading	Presidential Debate (Live)	Presidential Debate (Live)	News	Hollywood	News	News	Train 48	SpongeBob	Orioles. (Live)	News	Great White	Presidential Debate (Live)	So Raven	Raymond	Movie: "28 Days" (2000)	Funnest Home Videos
7 PM	Movie: "The Whole Nine Yards"	Fortune	Lives-Butterfl		Seinfeld	Friends	First 48	Entertain	Entertain	Will-Grace	Mystery	SportsCentre (Live)	eTalk Daily	Tiger Shark Attack	Totally	Boy World	Blue Coll	Jimmy Kimmel Live (N)	Home Delivery
8 PM	NCIS "In the Dark" (N)	The People of Sointula	Taste for Death	Joey (N)	Survivor: Vanuatu	Crossing Jordan	Extreme Makeover (N)	Survivor: Vanuatu	Survivor: Vanuatu	Survivor: Vanuatu	Dragon	PGA Golf: WGC American Express Championship	Charmed (N)	Daily Planet	Craziest	Radio Free	Blue Coll	(8:15) News	Becker
9 PM	Movie: "Most Wanted" (1997) (PA)	The National	Auction	Soundstage	Raymond	Without a Trace (N)		Without a Trace (N)	Without a Trace (N)	Without a Trace (N)	Radio	Champion ship	CSI: Crime Scn	Great White	Simpsons	Movie: "Batman" (1989)	Michael Keaton	News	Justice
10 PM	Movie: "Most Wanted" (1997) (PA)	The National	Craftsman	Soundstage	Raymond	Without a Trace (N)		Without a Trace (N)	Without a Trace (N)	Without a Trace (N)	Radio	Champion ship	Nip/Tuck "Trudy Nye"	Tiger Shark Attack	Malcolm	Keaton	News	Movie: "Backdraft" (1991)	Street
11 PM	"Sniper"	Sportspage	Season of the Child	Charlie Rose (N)	News	News	First 48	News	News	(11:03) Saturday Night Live	Ready-Not My Family	SportsCentre (Live)	News	Ultimates	Becker	(11:06) My So-Called Life	Friends	Kurt Russell	Street

FRIDAY, OCTOBER 1, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"National-House"	News	(Off Air)	George S. Dragon	News	News	Movie: "Black Sunday"	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	PGA Golf: WGC American Express Championship - Second Round.	News	Daily Planet	Paid Prog.	Something	News	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Robert Redford	Good Morning America			Woody Rugsrats	PGA Golf: WGC American Express Championship - Second Round.	Canada AM	Canadian Geographic	Libertys	Mon Colle	News	CityLine	Matlock
8 AM	Dawson's Creek	100 Huntley Street	(8:05) Hi-5	Barney	Michael Reagan		Third Watch			100 Huntley Street	SpongeBob	From Kilkenny, Ireland. (Live)		American Hot Rod	Paid Prog.	Hoze		At Movies	In the Heat of the Night
9 AM	Friends	Save-Ums!	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Care Bears		Regis and Kelly	Daily Planet	Good Day Live (N)	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Elliot Moose	Reading Lions	Ellen DeGeneres Show	The Price Is Right	Amer. Justice	The View (N)	World Vision	Homes	Rupert	TSN Profile	The View (N)	Frontiers of	The Larry Show	Stanley	Jerry Springer (N)	Movie: "28 Days" (2000)	News
11 AM	Harvey	Judy	Great Train Stories	Callou (EI)	Frasier	Young and the Restless	Movie: "Black Sunday" (1977, Suspense)	News	Just Shoot	News (Live)	Hamtaro	PGA Golf: WGC American Express Championship - Second Round.	Balance	Super Ships	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM	MLB Baseball: Atlanta Braves at Chicago Cubs. (Live)	News	Parks	Charlie Rose	Shop	News	All My Children	News	MoneyWs	Days of our Lives	Neutron	WGC American Express	Daily	Ultimates	Perry Mason	Hercules	Home Delivery	CityLine	(12:10) MLB Baseball: Atlanta Braves at Chicago Cubs. (Live)
1 PM	Atlanta Braves at Chicago Cubs. (Live)	Days of our Lives	Reach Top	Wonderful MacPhee	Days of our Lives	As the World Turns	Shaw, Bruce Dem.	As the World Turns	As the World Turns	As the World Turns	George S. Care Bears	Champion ship - Second Round.	Vicki G.	Great White	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter	Atlanta Braves at Chicago Cubs. (Live)
2 PM	Friends	Starting Over (N)	Gaslight	Mr Rogers	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona	Interruption	General Hospital	Tiger Shark Attack	Pat Croce	Dalmatian	Maury	Ellen DeGeneres Show	Justice
3 PM	Interstitial	Diva Dime	Zoboo	Arthur (EI)	Brown	Dr. Phil	City Confidential	Paid Prog.	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Beyond Invention	Starting Over (N)	Fillmore	Da Boom	News	Inning
4 PM	Seinfeld	Fear Factor	George S.	Cyberchas	Judy	Oprah Winfrey	Amer. Justice	The Jane Pauley Show	Oprah Winfrey	News	Neutron	Pregame	Frasier	Daily Planet	Little House	Recess	Pokémon	Sex & City	Will-Grace
5 PM	Raymond	News	Bus	BBC World	News	News	Biography: Gilmore	News	News	News	Oddparent	Football: Edmonton Eskimos at Hamilton Tiger-Cats. (Live)	News	What's That About?	Malcolm	Proud	Sabrina	Star Trek: Enterprise	Funnest Home Videos
6 PM	Movie: "Men in Black"	Will-Grace	Reach Top	News-Lehrer	News	News	Biography	News	News	Homes	SpongeBob	Hamilton Tiger-Cats. (Live)	News	Dungeons of Alcatraz	Simpsons	All That	Raymond	Movie: "Black Mask" (1996, Action)	WGN
7 PM	Tommy Lee Jones	Fortune	Wilderness Journeys	Europe	Jeopardy!	Seinfeld	Biography	Entertain	Entertain	One Tree Hill (N)	Gundam	SportsCentre (Live)	eTalk Daily	Mayday	Will-Grace	Smart Guy	Friends	News	WGN
8 PM	Movie: "Coneheads" (1993)	Atr Farce	Movie: "Julia" (1977, Drama)	Wash Wk Wall	Dateline NBC	Joan of Arcadia (N)	Amer. Justice	8 Rules Complete	One Tree Hill (N)	Gilmore Girls (N)	Dragonball	SportsCentre (Live)	Joan of Arcadia (N)	Daily Planet	Simpsons	Movie: "Groundhog Day" (1993)	What I Like	Night Party	Becker
9 PM	Dan Aykroyd	Red Green	Now With Bill Moyers	Third Watch (N)	JAG (N) (DVS)	Biography: Gilmore	Hope	Zoe Busiek: Wild Card	The Complex: Malibu	Justice	Gundam	PGA Golf: WGC American Express Championship	Third Watch (N)	Sex Files	The Complex: Malibu	Movie: "Marvin's Room" (1996)	Reba (N)	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Family Guy	The National	Darling Buds of May	Movie: "Cheaper by the Dozen"	Medical Investigation	dr. vegas (N)	Biography	20/20	20/20	News	Hunter	Champion ship	Medical Investigation	Dungeons of Alcatraz	Malcolm	Meryl Streep	News	Movie: "Insatiable Coeds" (2001)	Street
11 PM	Mr. Show-Bob	News	Canada-History	Mike Neun	Tonight	Late Show	Biography	News	News	(11:03) Saturday Night Live	ReBoot	SportsCentre (Live)	News	Just Shoot	Becker	"Distinguished"	Friends	Brandy Miller	Street

saturday movies

MORNING

9:00 am WTBS (3) ★★ ★ "Parenthood" (1989, Comedy-Drama) Steve Martin. Ron Howard directed this look at the joys and headaches that come with the responsibility of raising children. [CC]

11:00 am WGN (38) ★ "The Wash" (2001, Comedy) Dr. Dre. A young man alienates his lazy pals after he becomes the new assistant manager at a car wash. (In Stereo)

11:35 am WTBS (3) ★ ½ "Lost & Found" (1999, Comedy) David Spade. The obnoxious co-owner of a failing restaurant tries to get close to a pretty neighbor by kidnapping her dog. [CC]

AFTERNOON

12:00 pm FAM (26) ★★ "Invisible Dad" (1997, Comedy) Daran Norris. After an inventor turns himself invisible, his son attempts to reverse the procedure.

1:00 pm CITY (29) "Hell on Heels: The Battle of Mary Kay" (2002, Drama) Shirley MacLaine. Rival cosmetics queens Mary Kay Ash and Jinger Heath wage war to win the faces and pocketbooks of women everywhere. [CC] (DVS)

1:30 pm FAM (26) "Magic in the Mirror" (1996, Fantasy) Jamie Renee Smith. A little girl discovers a magical world inside her grandmother's mirror where her imaginary

friends come alive.

1:50 pm WTBS (3) ★★ ★ "Men in Black" (1997, Science Fiction) (PA) Tommy Lee Jones. A street-wise young cop joins a secret government organization that monitors extraterrestrial activity on Earth. [CC]

4:00 pm KTLA (27) ★★ "Rambo: First Blood Part II" (1985, Adventure) Sylvester Stallone. Former Green Beret John Rambo is pulled out of prison to search for American prisoners of war in Southeast Asia. (In Stereo) [CC]

EVENING

6:00 pm CITY (29) ★★ ½ "Home Team" (1999, Comedy-Drama) Steve Guttenberg. Premiere. A former soccer player gives a team comprised of underprivileged children the winning edge. [CC] (DVS)

8:00 pm KSPS (6) ★★ ★★ "The Ox-Bow Incident" (1943, Western) Henry Fonda. Walter Van Tilburg Clark's novel inspired this account of a lynch mob that seeks revenge for a rancher's murder. [CC]

YTV (18) ★★ ★ "Rudy" (1993, Drama) Sean Astin. A working-class Illinois teen overcomes physical and educational hurdles to fulfill his dream of attending Notre Dame. [CC]

KTLA (27) ★★ ½ "Rambo III" (1988, Adventure) Sylvester Stallone. Former Special Forces agent John Rambo blasts through Soviet-occupied Afghanistan in search of his captive mentor. (In Stereo) [CC]

8:30 pm WGN (38) ★★ ★ "The Hand That Rocks the Cradle" (1992, Suspense) Annabella Sciorra. A woman posing as the ideal nanny embarks on a cam-

paign of terror against a family she blames for her husband's death. (In Stereo)

9:00 pm FAM (26) ★★ ½ "Legends of the Fall" (1994, Drama) Brad Pitt. Premiere. A Montana rancher and his three sons experience the devastating tragedies of romance and war in the early 20th century.

CITY (29) ★★ ★ ½ "Barry Lyndon" (1975, Adventure) Ryan O'Neal. Premiere. Stanley Kubrick directed this tale of a handsome soldier who finds action and romance in the 18th-century British army. [CC]

11:12 pm FAM (26) ★★ "Drop Dead Fred" (1991, Comedy) Phoebe Cates. An imaginary friend returns to help a woman out of her melancholy state by wreaking havoc on an unsuspecting public.

Similkameen News Leader Community Events Cruiser

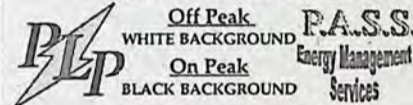


CALL US TO COVER YOUR EVENT - (250) 295-4149

LEGEND TO THE TV LISTINGS

Normal Months
September - June
"Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Normal Months code.



Princeton Light & Power

231 Bridge Street, Princeton
Phone (250) 295-3244
Fax (250) 295-3611

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MIDNIGHT	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12 NOON	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

6:15 am WTBS (3) ★★ ★ "Stand by Me" (1986, Comedy-Drama) Wil Wheaton. Four friends share what could be their last adventure together as they search for a missing boy's body. [CC]

8:00 am WTBS (3) ★★ ★ "Parenthood" (1989, Comedy-Drama) Steve Martin. Ron Howard directed this look at the joys and headaches that come with the responsibility of raising children. [CC]

9:00 am A&E (9) ★★ ½ "The Hard Way" (1991, Comedy) Michael J. Fox. Preparing for a screen test, a pampered actor becomes the unwelcome partner of a detective on the trail of a killer. [CC]

10:30 am WTBS (3) ★ ½ "Lost & Found" (1999, Comedy) David Spade. The obnoxious co-owner of a failing restaurant tries to get close to a pretty neighbor by kidnapping her dog. [CC]

11:00 am CITY (29) ★★ ½ "Operation Condor" (1991, Adventure) Jackie Chan. A Spanish nobleman sends a

high-kicking adventurer on a quest to find and retrieve a fortune in lost Nazi gold. [CC]

11:30 am A&E (9) ★★ "The Presidio" (1988, Suspense) Sean Connery. A grizzled Army provost reluctantly joins forces with a San Francisco detective to solve the murder of a guard. [CC]

AFTERNOON

12:00 pm FAM (26) "When Good Ghouls Go Bad" (2001, Fantasy) Christopher Lloyd. Based on R.L. Stine's tale of a boy and his deceased uncle who battle creepy creatures in a cursed town.

12:30 pm WTBS (3) ★★ ½ "Back to the Future" (1985, Fantasy) Michael J. Fox. A modern-day teenager is transported back to the 1950s, where he encounters the teens who will become his parents. [CC]

1:00 pm KTLA (27) ★★ ½ "87th Precinct: Ice" (1996, Mystery) Dale Midkiff. Two homicide detectives have little evidence and no motive as they try to uncover a link among three murder victims. (In Stereo)

2:00 pm VTV (22) "Recipe for Revenge" (1998, Suspense) Kimberley Huffman. A detective attempts to prove a caterer's innocence in the slaying of a couple. (In Stereo) [CC]

3:00 pm WTBS (3) ★★ ½ "Deep Blue Sea" (1999, Suspense) (PA) Thomas Jane. A marine biologist and her staff become the prey of scientifically altered sharks with a hunger for human flesh. [CC] (DVS)

KTLA (27) "87th Precinct: Heatwave" (1997, Drama) Dale Midkiff. Police detectives intensify their search for a serial rapist after a co-worker is sexually assaulted during a stakeout. (In Stereo)

4:00 pm YTV (18) "I Downloaded a Ghost" (2002, Comedy) Carlos Alazraqui. Two children discover an Internet site from which otherworldly spirits can be downloaded.

5:00 pm WTBS (3) ★★ ★ "Twister" (1996, Drama) Helen Hunt. State-of-the-art special effects stir up this tale of tornado chasers on a perilous quest to test a new sensor device.

A&E (9) ★★ ½ "Good Will Hunting" (1997, Drama) Matt Damon. Premiere. A young janitor with a high intellect goes through a battle of wills with a therapist over his true feelings. [CC]

WGN (38) ★★ "Bad Moon" (1996, Horror) Mariel Hemingway. A lawyer and her child unwittingly put themselves in danger when they admit a lycanthropic relative into their home. (In Stereo) [CC]

EVENING

6:00 pm CITY (29) ★★ ½ "Angel Eyes" (2001, Mystery) Jennifer Lopez. A Chicago policewoman becomes involved with a sad-eyed good Samaritan with a mysterious past.

7:00 pm WTBS (3) ★★ ★ "Twister" (1996, Drama) Helen Hunt. State-of-the-art special effects stir up this tale of tornado chasers on a perilous quest to test a new sensor device.

8:00 pm CHBC (4) ★★ ½ "The Lord of the Rings: The Fellowship of the Ring" (2001, Fantasy) (Part 1 of 2) Elijah Wood. Based on the first installment of J.R.R. Tolkien's epic about the quest to destroy or possess the all-powerful One Ring. [CC]

FOX (25) ★★ "Rush Hour 2" (2001, Action) Jackie Chan. Premiere. A vacationing L.A. cop and his Asian partner search for clues in the bombing of the U.S. embassy in Hong Kong. (In Stereo) [CC]

9:00 pm WTBS (3) ★★ ½ "Deep Blue

Sea" (1999, Suspense) (PA) Thomas Jane. A marine biologist and her staff become the prey of scientifically altered sharks with a hunger for human flesh. [CC] (DVS)

KREM (8) "Suburban Madness" (2004, Docudrama) Sela Ward. Premiere. A Houston orthodontist kills her philandering husband by running him over with her automobile. Based on actual events. (DVS)

A&E (9) ★★ ½ "Good Will Hunting" (1997, Drama) Matt Damon. A young janitor with a high intellect goes through a battle of wills with a therapist over his true feelings. [CC]

FAM (26) ★ ½ "Illegally Yours" (1988, Comedy) Rob Lowe. A juror sets out to prove the innocence of the defendant he had a crush on in grade school.

10:42 pm FAM (26) ★★ ★★ "An American in Paris" (1951, Musical) Gene Kelly. The music of George and Ira Gershwin underscores this tale of an artist caught between two women in postwar Paris.

11:00 pm WTBS (3) ★★ ★ ½ "Back to the Future" (1985, Fantasy) Michael J. Fox. A modern-day teenager is transported back to the 1950s, where he encounters the teens who will become his parents. [CC]

Similkameen News Leader Community Events Cruiser



CALL US TO COVER YOUR EVENT - (250) 295-4149

Cable Channel 2

Put Your Business on Television!

Reach Princeton, Oliver, Osoyoos and 39 more communities!

1-877-210-3293

www.infostation.ca

SATURDAY, OCTOBER 2, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)	
6 AM :30	The Mansion	News	(Off Air)	Globe Trekker	(5:00) Today	Saturday Early Show	Movie: "Pacific Heights" (1990)	Good Morning America	Fire Station	Diva Dime	Monsters	PGA Golf: WGC American	OWLTV Kingdom	Daily Planet	Paid Prog.	Hoze	Paid Prog.	Indo	Paid Prog.	
7 AM :30	The Mansion	Prairie	BluesClues	MotorWeek	News	Lazy Town	Spider	Old House	News	News (Live)	Duel	Express Championship - Third Round. (Live)	D'Myna	Dungeons of Alcatraz	Cramp	Rangers	Jackie	Eye on Asia	Paid Prog.	
8 AM :30	Home Imp.	MyBoat TV	Timothy	Router		Dora	Ask This				Yu-Gi-Oh!		Good Morning Canada	Mayday	Sonic X (N)	Teen Angel	Titans	Polish Studio	Proline	
9 AM :30	Movie: "Parenthood" (1989)	Making the Cut	George S. Zooboo	Workshop Old House		College Football: Arkansas at Florida. (Live)	Makeover	Proud		Pet Guys	Jackie	Polo: Polo for Heart		Forensic Factor: Nature	Turtles	All That	Pokémon	Arts	Paid Prog.	
10 AM :30	Steve Martin, Dianne Wiest	Equestrian: BP Cup	Madeline Little Bear	Ask This Americas	Shark Shop		Biography "John Travolta: Stayin' Alive"	Phil Lizzie	GetUpGrow Taste	Strange Wakestock	Phantom Powerpuff	PGA Golf: WGC American Express Championship	Daily Planet	The FBI Files	Kirby	Even	Yu-Gi-Oh!	Fashion		
11 AM :30	Movie: "Lost & Found" (1999, Comedy)	Paralympics From Athens, Greece. (Same-day Tape)	MacPhee	Barbecue	Shop		Criminal Profiling	College Football: Teams to Be	News	Myster Ink	Pokémon		Unwanted	Forensic Evidence	NFL	Smart Guy	Libertys	Listed	Movie: "The Wash" (2001) Dr. Dre, Snoop Dogg.	
12 PM :30	David Spade	Journal Designer	Small Spc	Garden	College Football: LSU at Georgia. (Live)		Fingerprinting	Investigative Reports	Announced. (Live)	Malcolm	Top 10	MLB Baseball: New York Yankees at Toronto Blue Jays. (Live)	Eagle Communications	American Hot Rod	MLB Baseball: Teams to Be	Movie: "Magic In the Mirror" (1996)	Andromeda (N)	News	Home Imp.	
1 PM :30	Tommy Lee Jones	Pregame	Arthur	Super Chief	Tutenstein		American Justice		Entertainment Tonight	Simpsons	70s Show	70s Show	Mysterious Ways	How-Made	Smart Guy	Andromeda (N)	FashionTel	Will-Grace		
2 PM :30	College Football: Teams to Be	CFL Football: Montreal Alouettes at Saskatchewan Roughriders. (Live)	Art Attack	Travels	Endurance	The West Wing	City Confidential	PGA Golf: WGC American Express Championship	Simpsons	Simpsons	The Archies: Jugman	Sports	Sue Thomas: F.B. Eye	Ultimate Ten	The Outer Limits	So Raven	Movie: "Rambo: First Blood Part II" (1985)	MovieTV	MLB Baseball: Chicago White Sox at Kansas City Royals. (Live)	
3 PM :30	College Football: Teams to Be	CG Kids	Babar	Dinah Shore	News	News	Cold Case Files Actor Bob Crane; Barry Schack.	News	News	National	Enter'tnt	Jacob	Boxing: Laila Ali vs. Gwendolyn O'Neil. (Taped)	Charmed	Monster Garage	She Spies	Fillmore	Star Wknd	White Sox at Kansas City Royals. (Live)	
4 PM :30	College Football: Teams to Be	renewed	Lawrence Welk Show	Raymond	News	News	CSI: Crime Scn	King Friends	Survivor: Vanuatu	The First 48	Lost "Pilot"	The Apprentice	Blue Murder "Heroes"	PGA Golf: WGC American Express Championship	American Hot Rod	Monster Garage	America's Most Wanted	Movie: "Legends of the Fall" (1994) Brad Pitt.	News	WGN News at Nine
5 PM :30	College Football: Teams to Be	Swap TV	National Geographic	Summer Barbara	CSI: Crime Scn	King Friends	Survivor: Vanuatu	The First 48	Lost "Pilot"	The Apprentice	Blue Murder "Heroes"	Sean Astin, Ned Beatty.	Law/Ord SVU	American Chopper	Unexplained Mysteries	Brad Pitt.	News	O'Neal. Premiere.	Street Exposure	
6 PM :30	College Football: Teams to Be	Swap TV	National Geographic	Summer Barbara	CSI: Crime Scn	King Friends	Survivor: Vanuatu	The First 48	Lost "Pilot"	The Apprentice	Blue Murder "Heroes"	Sean Astin, Ned Beatty.	Law/Ord SVU	American Chopper	Unexplained Mysteries	Brad Pitt.	News	O'Neal. Premiere.	Street Exposure	
7 PM :30	College Football: Teams to Be	Swap TV	National Geographic	Summer Barbara	CSI: Crime Scn	King Friends	Survivor: Vanuatu	The First 48	Lost "Pilot"	The Apprentice	Blue Murder "Heroes"	Sean Astin, Ned Beatty.	Law/Ord SVU	American Chopper	Unexplained Mysteries	Brad Pitt.	News	O'Neal. Premiere.	Street Exposure	
8 PM :30	College Football: Teams to Be	Swap TV	National Geographic	Summer Barbara	CSI: Crime Scn	King Friends	Survivor: Vanuatu	The First 48	Lost "Pilot"	The Apprentice	Blue Murder "Heroes"	Sean Astin, Ned Beatty.	Law/Ord SVU	American Chopper	Unexplained Mysteries	Brad Pitt.	News	O'Neal. Premiere.	Street Exposure	
9 PM :30	College Football: Teams to Be	Swap TV	National Geographic	Summer Barbara	CSI: Crime Scn	King Friends	Survivor: Vanuatu	The First 48	Lost "Pilot"	The Apprentice	Blue Murder "Heroes"	Sean Astin, Ned Beatty.	Law/Ord SVU	American Chopper	Unexplained Mysteries	Brad Pitt.	News	O'Neal. Premiere.	Street Exposure	
10 PM :30	College Football: Teams to Be	Swap TV	National Geographic	Summer Barbara	CSI: Crime Scn	King Friends	Survivor: Vanuatu	The First 48	Lost "Pilot"	The Apprentice	Blue Murder "Heroes"	Sean Astin, Ned Beatty.	Law/Ord SVU	American Chopper	Unexplained Mysteries	Brad Pitt.	News	O'Neal. Premiere.	Street Exposure	
11 PM :30	College Football: Teams to Be	Swap TV	National Geographic	Summer Barbara	CSI: Crime Scn	King Friends	Survivor: Vanuatu	The First 48	Lost "Pilot"	The Apprentice	Blue Murder "Heroes"	Sean Astin, Ned Beatty.	Law/Ord SVU	American Chopper	Unexplained Mysteries	Brad Pitt.	News	O'Neal. Premiere.	Street Exposure	

SUNDAY, OCTOBER 3, 2004

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Movie: "Stand by Me" (1986)	News	(Off Air)	Jakers Clifford	Today	CBS News Sunday Morning	Breakfast With the Arts	Good Morning America	Prairie	Adventure	Monsters	SportsCentre	Acorn Kids	Tiger Shark Attack	Hour of Power	Hoze	Pacesetter	Mix TV (In Russian)	NightMan (Part 1 of 2)
7 AM :30	Wil Wheaton	In Touch	BluesClues	Couch	Strange	Darcy	Nation	Blo 78	Weekend	Fishing	Mona	Reporters	Good Morning Canada	Dive to Bermuda Triangle	Libertys	Rangers	Facts	Eye on Asia	Mutant X
8 AM :30	Movie: "Parenthood" (1989)	Is Written	Magic Bus	Dragonfly	Meet the Press	Little Bill	Amer. Justice		National	Trails	Detention	NFL Countdown (Live)	Eagle	How-Made	Fox NFL Sunday	Teen Angel	Feed	Eye-Asia	The X-Files "D.P.O."
9 AM :30	Steve Martin, Dianne Wiest	Listen Up!	George S. Zooboo	European	Shop	NFL Today (Live)	Movie: "The Hard Way" (1991, Comedy)	Michael J. Fox	Driving TV	NFL Football: Teams to Be	SpongeBob	Fishing	Eagle	Bermuda Tri.	NFL Football: Giants at Packers, Eagles at Redskins at Browns	Even	Paid Prog.	Festival Italiano di Johnny Lombardi (In Italian)	Andromeda (N)
10 AM :30	Movie: "Lost & Found" (1999)	Football: Teams to Be	Little Bear	Money	NASCAR	Football: Regional Coverage	PGA Golf: WGC American Express Championship - Final Round. From Killkenny, Ireland. (Same-day Tape)	Michael J. Fox	Pet Guys	Hour of Power (N)	Grown Up	Express Championship - Final Round. From Killkenny, Ireland. (Same-day Tape)	Eagle	World Vision	Dive to Bermuda Triangle	Smart Guy	Paid Prog.	Movie: "Operation Condor" (1991) Jackie Chan.	Push for the Playoffs
11 AM :30	David Spade	Dotto Tech	History Detectives	EA Sports 500. (Live)		NFL Football: Regional Coverage	Ask This	Sell House	News	Yvon	Mystery	Round. From Killkenny, Ireland. (Same-day Tape)	Question Period	W-Five Presents	Monster Garage	NFL	Just Shoot	World Poker Tour	(11:10) MLB Baseball: Atlanta Braves at Chicago Cubs. (Live)
12 PM :30	Movie: "Back to the Future" (1985)	Gold Trails	Champions	Russell Watson		NFL Football: Regional Coverage	Ask This	Sell House	NFL Football: Teams to Be	Driving TV	Monster	Round. From Killkenny, Ireland. (Same-day Tape)	W-Five Presents	Monster Garage	NFL	Just Shoot	World Poker Tour	(11:10) MLB Baseball: Atlanta Braves at Chicago Cubs. (Live)	
1 PM :30	Michael J. Fox	Tom Stone	Living Hist	2004 Fall Preview		NFL Football: Regional Coverage	Ask This	Sell House	Weekend	Enter'tnt	Winx Club	Round. From Killkenny, Ireland. (Same-day Tape)	Movie: "Recipe for Revenge" (1998)	Great Biker Build-Off 4	Angel "Dad"	(1:32) Disney Halloween	Dale Midkiff.	Inning	Cosby
2 PM :30	Movie: "Deep Blue Sea" (1999)	Wind at My Back	Creatures	Far East	Shop		Design	Inside Stuff	Ag21	National	Charlie Br	SportsCentre (Live)	Revenge	Frontiers of	Buffy Vampire	Smart Guy	Movie: "87th Precinct: Heatwave" (1997, Drama)	News	Home Imp.
3 PM :30	Thomas Jane	Canadian Experience	Arthur	Extreme Oil (N)	Shop		Design	Old House	National	Malcolm	Cramp	NFL Films	Less Than	Daily Planet	Columbia	So Raven	MovieTV	Funnlest Home Videos	
4 PM :30	Movie: "Twister" (1996)	News	Babar	Workshop	News	Backroads	Movie: "Good Will Hunting" (1997) Matt Damon. Premiere.	ABC News	Simpsons	News	Global	Global	8 Rules	Breaking Vegas	Dharma	Fillmore	What I Like	The Collector	Movie: "Bad Moon" (1996)
5 PM :30	Helen Hunt, Bill Paxton	American Dreams (N)	Heartbeat	Monarch of the Glen	News	News		Ebert	News	News	Makeover: Home	Football: St. Louis Rams at San Francisco 49ers. (Live)	News		Paid Prog.	Barbarian Mentors	The Mountain	Movie: "Angel Eyes" (2001) Jennifer Lopez.	Twilight Z.
6 PM :30	Movie: "Twister" (1996)	Marketplace	National Geographic	Nature (DVS)	Dateline NBC	60 Minutes		Gotti	King of Hill	Simpsons	Simpsons	Girlz TV	Desperate Housewives	MythBusters	King of Hill	Radio Free	Steve Harvey	Replay	WGN News
7 PM :30	Helen Hunt, Bill Paxton	"Lord of the Rings: Fellowship of Ring"	The Royal	Mystery! Death of a college student.	American Dreams (N)	Cold Case (N)	Airline	Makeover: Home	Simpsons	Simpsons	Gilmore Girls	Hit List	Cold Case (N)	Daily Planet	Movie: "Rush Hour 2" (2001) Jackie Chan.	Knock First	Charmed "Charrmed"	World Poker Tour	Maximum Exposure
8 PM :30	Movie: "Deep Blue Sea" (1999)	Rosemary and Thyme	Victorians	Coupling	Crossing Jordan (N)	Movie: "Suburban Madness" (2004) Sela Ward.	Movie: "Good Will Hunting" (1997, Drama) Matt Damon.	Desperate Housewives	Malcolm	Malcolm	Hit List	15/Love	Law Order CI	Breaking Vegas	Jackie Chan.	Movie: "Illegally Yours" (1988)	Jack & Bobby (N)	News	Unexplained Mysteries
9 PM :30	Thomas Jane	Sunday Report	Victorians	Thin Blue					Crossing Jordan (N)	Crossing Jordan (N)	15/Love	Racing: Toyota Indy 400.	The Sopranos	Maximum Exposure	Movie: "An American in Paris"	Raymond	Movie: "Angel Eyes"	Celebrity Justice (N)	
10 PM :30	Movie: "Back to the Future"	Open Book	Dal Vernon	Liberty-Amricn	News	News	Damon.	News	News	Popoff	Fries That?	SportsCentre (Live)	News	MythBusters	Maximum Exposure	Just Shoot	Movie: "Angel Eyes"	Celebrity Justice (N)	
11 PM :30	Movie: "Back to the Future"	Open Book	Dal Vernon	Liberty-Amricn	News	News	Damon.	News	News	Popoff	Fries That?	SportsCentre (Live)	News	MythBusters	Maximum Exposure	Just Shoot	Movie: "Angel Eyes"	Celebrity Justice (N)	

MONDAY, OCTOBER 4, 2004

Television schedule grid with columns for channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

10:00 am CITY (29) ★★ "White Squall" (1996, Drama) Jeff Bridges. A ship's captain finds his reputation called into question after he and his teenage students encounter tragedy at sea. (E)

AFTERNOON

5:00 pm WGN (38) ★★ "The Hand That Rocks the Cradle" (1992, Suspense) Annabella Sciorra. A woman posing as the ideal nanny embarks on a campaign of terror against a family she blames for her husband's death. (In Stereo)

EVENING

6:00 pm CITY (29) ★★ "The Wedding Singer" (1998, Comedy) Adam Sandler. A romantically unlucky wedding singer and a compassionate waitress search for true

love during the 1980s. 8:00 pm WTBS (3) ★★ "Major League II" (1994, Comedy) (PA) Charlie Sheen. The Cleveland Indians gear up for another chance at the pennant in this sequel to the 1989 hit. (E) CHBC (4) ★★ "The Lord of the Rings: The Fellowship of the Ring" (2001, Fantasy) (Part 2 of 2) Elijah Wood. Based on the first installment of J.R.R. Tolkien's epic about the quest to destroy or possess the all-powerful One Ring. (E) 9:00 pm FAM (26) ★★ "Stand by Me" (1986, Comedy-Drama) Wil Wheaton. Four friends share what could be their last adventure together as they search for a missing boy's body. 10:00 pm WTBS (3) ★★ "Tango & Cash" (1989, Drama) (PA) Sylvester Stallone. Two maverick L.A. policemen become reluctant partners after a vengeful drug lord frames them for murder. (E) 10:06 pm CITY (29) ★★ "White Squall" (1996, Drama) Jeff Bridges. A ship's captain finds his reputation called into question after he and his teenage students encounter tragedy at sea. (E)

THE NEWS LEADER WORD SEARCH

Word search grid with letters A-Z arranged in a grid. Below the grid is the text: LET'S TALK ABOUT "FALL APPLE DAY"

- KEREMEOS MILL BENCH HISTORIC FAIR APPLES PIE FRITTERS PEEL CAKE STRUDEL FUN CREEK MUSIC SUN CRAFTS VENDORS EVENT ATTRACTION GARDEN CELEBRATION ANNUAL AUTUMN TRADITION

Let's Play Princeton Trivia!

Question: How much gold and platinum was estimated to have come out of Granite Creek? Last Week: Employees at Coalmont Collieries Limited earned as much as \$25 a day during the Depression, which was considered good pay at the time.

Brought to you courtesy of: PRINCETON MUSEUM

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Classified Advertising Rates

25 words \$5.00 + GST.

Pay for 2 weeks and get the third week FREE!

(.5¢ for each additional word)

All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.

in memoriam

in memoriam

in memoriam

Hardy, Walter Bertram August 24, 1916 - September 20, 2004

Walter, husband of Kay (Violet) Hardy passed away at Ridgewood Lodge, just two months short of their 59th Wedding Anniversary. Their children, Nancy Ayleen, Ralph Hardy, Joyce Chabot and foster daughter, Shanna plus grandsons David, Jeffrey and Darren Chabot were such a blessing during those last difficult days of suffering. Walter and Kay served in the Royal Canadian Navy and had a Naval Wedding in Halifax before being Demobilized in January 1946. A memorial service will be held at Branch 56 Legion Hall in Princeton at 2:00 PM, Sunday, October 3, 2004. This will be followed by the Celebration of Walter's Life led by son Rev. Ralph Hardy who will honour his Dad with playing special renditions on his piano accordion. Refreshments will be served by the Ladies Auxiliary. We are looking forward to having family members, comrades, friends and acquaintances enjoy the tribute to one so loved and respected.

Boyce, James Robert

It is with deep sadness that we announce the passing of James Robert Boyce on Saturday, September 25, 2004 at age 52. As Jim wished, he died at home after a short battle with cancer surrounded by those who loved him. He leaves to mourn his wife Raelene, children Lee, Kristan, Sarah, Amy, Katie and Kiel, his mom Lorette Blows, brothers John (Susan) and Wayne (Karen) and sister Leah (Brian) Clements, also numerous nieces, nephews and dear friends Dean and Carol Johnston and Gil and Carol Bertrand. Jim was a dedicated employee of School District 58 for over 17 years, and an active member of the community, contributing years of service to Princeton Minor Fastball in a number of capacities. Jim also loved to golf, ice fish, curl and had a fine appreciation for fine red wine. Jim truly enriched anyone's life that he touched. A celebration of Jim's life will be held at Princeton Secondary School at 2:00 PM Saturday, October 2nd. In lieu of flowers the family would appreciate donations to Princeton Minor Fastball, Box 1575.

announcements

Lorna!



Looking good at 50!
(on September 30th).
Love Mom & Dad

in memoriam

Terry Waterston

In loving memory of my son, Terry, who passed away September 28, 1997.

I Thank God for having shared 48 years with you, son.

I'll love you forever.

Moma, Doreen Sjolander

birth

Karla Winqvist and Lance Ford of Keremeos are pleased to announce the safe arrival of their son:

Colton James Ford

Born September 15, 2004 at 10:33 PM in Penticton and weighing 6 lbs. 7 oz. Proud grandparents are Dwight and Helen Winqvist of Princeton, Ken and Shirley Ford of Olalla.

card of thanks

The Clement Family would like to extend their sincere thanks for the overwhelming support and well wishes from so many of the wonderful people in this community and afar. We are extremely grateful for your consoling words and thoughtfulness during this sad time.
- Kathy, Dayna, Stephen and Terry (b)

services

House Cleaning. Call (250) 295-6621. References available. Sep 21-Oct 05

Looking for an in-home Babysitter? I'm available to start October 3rd. Call 295-6868 (days) or 292-8283 (evenings). Ask for Tara. Sep 28-Oct 12

wanted

Looking to buy a house as I'm moving to Princeton! I have bank financing pre-approval in place. Phone Chuck (604) 598-1720 or (778) 882-5370. Sep 28-Oct 12

found

Found downtown, camera. Identify to claim, News Leader office. 226A Bridge Street, Princeton.

Recently the New Beginnings Mens Group enjoyed a fun day in Penticton doing the things they enjoy most - being together and having fun. Due in part to the open hearts and minds of Town Council, the Administrator and largely the residents of Princeton who allow this special group of men the contract of building picnic tables which enhances their self esteem knowing they have in a small way contributed back to their community in a productive way.

Sincerely, Paul Gabriel, Brian Liberatore, Ken Quaedvlieg and Mark Howarth (b)

for sale

Super camper for sale. You could live in this one! 4-way fridge, 4 burner gas stove with oven. Toilet and shower. Needs 3/4 or 1-ton truck. Asking \$4,000. (250) 295-6259 Sep 21-Oct 05

notice

WANTED TO BUY PRE-OWNED RIFLES. FOR MORE INFORMATION CALL RON AT PRINCETON OUTDOOR SUPPLY 295-0450 OR 295-0319

help wanted

COMPUTER TRAINING

DIPLOMA PROGRAMS

- Desktop Publishing
 - Office Administration
 - Administrative Assistant
 - Computerized Accounting
 - Microcomputer Business App.
 - MOA-Medical Office Assistant
 - PC Troubleshooting and Repair
 - AutoCAD-Computer Aided Design
- "Job Placement Assistance"

Over 160 Locations

ACADEMY OF LEARNING & LOCAL CALL 310-JOBS (5627)

PRENATAL CLASSES

The next series of labour and delivery classes offered at the Princeton Health Unit will begin Wednesday, October 6, 2004 at 7:00 PM.

These classes will be for women in their second or third trimester and their support person. Class topics will include: signs of labour, stages of labour and delivery, comfort measures, breathing and relaxation, medical and surgical interventions during the labour and delivery, breastfeeding and caring for the newborn.

Please register for classes in advance at the Princeton Health Unit. Fee for the classes is \$30.00. Subsidies are available.

Wednesday, October 6, 13 and 20, 2004, 7:00 - 9:30 PM at the Princeton Health Unit, 98 Ridgewood Drive.

(250) 295-4442

Sep 14-28th

for sale

Berlin Company re-furbished and refinished piano. \$1,000 OBO. (250) 295-6896 Sep 14-Oct 19

wanted

Due to unforeseen circumstances, (soon to be ex-husband) myself and six dogs have been left homeless since July 1st. With Winter coming I am desperately trying to find a home. If you have a suitable place I can rent please contact this newspaper at (250) 295-4149. Thank you! Aug 24-Sep xx

services

TIN MAN

METAL ROOFING Sales • Installations

295-3743
1-888-647-3377

Jul 06-tfn

help wanted

DAIRY QUEEN

Hiring for full & part-time positions. Front of the house, back of the house. Experience not necessary. Drop off resume in Person at the Princeton Dairy Queen.

Sep 28-tfn

for sale

VEGETABLE AND FRUIT RAISED PORK BY THE POUND

BACON - SAUSAGES CHOPS - HAMS ROASTS

ALSO ROASTING CHICKENS, SPRING LAMB

ORDERS TAKEN NOW FOR BARBEQUE PIGS

MELODYE HOPE (250) 295-3739

Jun 29-Sep 30

for sale

1988 Lincoln Continental. 27k on rebuild, every option, too many new parts to list, maint. records. Like new. 30 MPG. Asking \$6,995 REDUCED MUST SELL \$5,495. (250) 295-7061 Sep 14-28

6-foot patio door, \$100...67,000 BTU furnace with electric start, \$350. (250) 295-7607 Sep 14-Oct 05

lost

Yellow budgie on August 28th. (250) 295-7032.

Classified Advertising Rates

25 words \$5.00 + GST.
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)

All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.

for rent

2-Bay Shop
(250) 295-3919

Jul 8-tfn

for sale

WESTERN RAWHIDE
 15 1/2 inch
CARIBOU SADDLE
 Model 1746
 New \$ 900.⁰⁰
 Used Twice Asking
\$700.⁰⁰ FIRM
(250) 295-6905

for sale

ROYAL LEPAGE
 INDEPENDENTLY OWNED AND OPERATED
LOCATIONS WEST REALTY
 HEAD OFFICE:
 484 Main Street, Penticton, B. C., V2A 5C5



HEINZ EBANAU
 SALES REPRESENTATIVE

Princeton Office
 105 Vermillion Avenue
 Phone: (250) 295-7427
 1-866-562-8855
 Fax: (250) 295-7417

e-mail:
 heinzsells@cablerocket.com
 www.royallepage.ca/princeton

**Remember:
 Heinz Sells!**

help wanted

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)



**RELIEF
 BUS DRIVER/JANITOR**

Applications are invited for the position of Relief Bus Driver/Janitor with School District No. 58, (Nicola-Similkameen), in Princeton Schools only.

This is an on-call position. Salary and benefits will be in accordance with the C.U.P.E. Local 847 Collective Agreement.

All Applicants are required to have a minimum Grade 10 education and a valid BC Driver's Licence. Relief Bus Driver/Janitor applicants will be required to have a Class 2 with air or better licence, and provide a Driver's Abstract.

Applications, including a detailed resume with a minimum of three references, will be accepted until **October 6, 2004**. Please forward to:

Attn: Secretary-Treasurer
 School District No. 58 (Nicola-Similkameen)
 P. O. Box 4100, 1550 Chapman Street,
 Merritt, B. C., V1K 1B8
 Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.

help wanted



REQUIRE PLOW TRUCK OPERATORS

Argo Road Maintenance operating in the Princeton Area is accepting resumes from drivers experienced in the operation of tandem axle trucks. Experience operating snow removal equipment would be an asset but is not essential. Applicants must hold a valid B. C. driver's licence, minimum Class 3 with air brake endorsement and must provide a current Driver's Abstract with their resume. All work will be on an "On Call, As and When Required" basis. Please submit your resume to Clint Lee, Area Superintendent, 331 Laurie Currie Way, Princeton.

www.thenewsleader.ca
www.thenewsleader.ca
www.thenewsleader.ca
www.thenewsleader.ca

notices

Mobile Home Pads

Close to school and includes water/sewer. Other utilities available on site.

Pad Rent:
\$200.⁰⁰

Phone:
(250) 295-6794

Jul 3-tfn



GET OUT AND SUPPORT THE "POSSE" GREAT HOCKEY ACTION! CHECK TV GUIDE FOR GAME SCHEDULE

**IT'S TIME TO START
 THINKING
 ABOUT HAVING A**

**YARD
 SALE**

business services

**INDIVIDUALLY
 PREPARED
 HOROSCOPE**

Natural character chart - \$25.
 Basic chart plus predictive -\$50.
 Phone 295-6063
 Completely confidential

for sale

**Cover2Cover
 Bookkeeping
 & Office
 Services**

226A
 Bridge Street
 Princeton
 Phone/Fax
(250) 295-6905

for rent

FOR RENT

• UPPER DUPLEX, 2 BDRM, LARGE LIVINGROOM, \$500/MO INCLUSIVE DRIVE BY 1088-7 MILE RD. TO VIEW.

• 2-3 BEDROOM HOUSE, 79 HAROLD AVENUE (NEXT TO OVERWAITEA), \$500/MO EXCLUSIVE.

Drive by then call Neil at 295-6977 Mar 23-tfn

for rent

ALLISON COURT
 1 BDRM APARTMENTS
 \$325. per month & up, security deposit and references required, no pets, laundry room. For more info: 295-6252 Feb3-tfn

for sale

1970 Ford F-100 Sports Custom 1/2-ton pickup. 4-speed manual, \$500....17-foot Thermocraft fibre-glass boat and trailer. No motor. \$500. (250) 295-3364 Sep 28 only

for sale

**1975 31" Vanguard
 5th - Wheel**

New tires in 2002, sink & toilet in 2004, 3-way fridge with new works 2001, TV antenna, air conditioner, microwave, 1-piece aluminum roof resealed in 2003. Full bathroom, large aluminum 3-compartment strong box on back. Well kept and maintained. Needs brake job and one landing leg needs repair. Easy to haul or would be a good 'guest house.' An oldie but a goodie! See to appreciate.

\$ 6,000.⁰⁰ OBO
(250) 295-7814

Sep 21-Oct 05

**HOUSE
 FOR SALE**

1,200 square foot, 5-bedroom home located on the 3rd Bench. Near Hospital and School. Recently finished basement renovations. Features a beautiful fenced backyard. Carport. This is a nice home!

\$ 139,900.⁰⁰
(250) 295-7846

Sep 21-Oct 12

help wanted

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

**RELIEF
 SECRETARIAL EMPLOYEES**

School District No. 58 is accepting applications for relief secretarial employees. A minimum typing speed of 55 w. p. m. is required.

Application forms are available at Princeton Secondary School, Old Merritt Road, Princeton, and must be returned by **October 1, 2004**.

Please forward to:

Attn: Secretary-Treasurer
 School District No. 58 (Nicola-Similkameen)
 P. O. Box 4100, 1550 Chapman Street,
 Merritt, B. C., V1K 1B8
 Fax: (250) 378-6263

Only those applicants being interviewed will be contacted.

help wanted

Classified Advertising Rates

25 words \$5.00 + GST.
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)

All Classified Ads must be paid in advance.
Weekly Deadline is 12 Noon Fridays.

bingo

MONDAY NIGHT BINGO
IN PRINCETON
SENIOR CITIZENS BR. #30

162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #s
SPECIALS, REGULAR GAMES, ODD &
EVEN, PROGRESSIVE SNOWBALL &
LOONIE POT, LUCKY 7 WON EVERY
MONDAY (MIN. \$50.00 GUARANTEED)
BC Gaming License #854326
PLAY SMART GAMBLE RESPONSIBLY

KEREMEOS ELK'S & ROYAL PURPLE

Every Friday
Doors Open 5:30 PM
Elks Hall Keremeos
SMOKE FREE BINGO

HEDLEY OAPO THURSDAY NIGHT BINGO

5:30 PM Sharp
Speedo, Drop-ins, Early Birds,
Regular Games, Progressive,
Odd & Even, 7-Up, G-Ball
Licence #855423
Play Smart. Gamble Responsibly.

SUNDAY AFTERNOON BINGO

In Hedley at the Chuchwayha Hall

\$25. GUARANTEED MINIMUM
PAYOUT ON REGULAR GAMES
(\$50. DOUBLE - UP CARD)
PROGRESSIVE JACKPOT
MINIMUM \$1,000! PROGRESSIVE
POT OF GOLD MINIMUM \$500!
PROGRESSIVE LOONIE POT
MINIMUM \$100.
DOORS OPEN AT 9:00 AM
1st NUMBER CALLED AT 11:30 AM
FOLLOWED BY EARLY BIRDS,
REGULAR GAMES,
SPECIALS & CONCESSION

SEE YOU IN HEDLEY!

for sale

Trucks/Vans

2 Cube Vans

1981 & 1989

(250) 295-7900

Jun 15-tfn

ADVERTISING WORKS

Otherwise you wouldn't be reading
this...to find out more on how News
Leader Advertising can help you and
your business call our Marketing
Department at (250) 295-4149 or Toll
Free at 1-888-350-9969.

ADVERTISING WORKS

notices

Puppies & Kittens
Available For You
To Adopt

6-8 weeks old

**Merritt
Humane Society**

(250) 378-5500
May 25-tfn

for sale

1991 Geo Metro

White 4-Door Hatchback,
5-Speed Standard.
Has grey interior.
Some rust spots.
120,000 Km.
Excellent Gas Mileage!

\$2,500.00 OBO

(250) 295-7754

Sep 28-tfn

Town of Princeton NOTICE

For impounded pets,
or to adopt pets,
please see the
Community Bulletin
Board at the corner
of Bridge Street
and Kenley Avenue.

for sale

RV/Trailer
1998 Mallard

25-foot Travel Trailer
Roof Air, Front Bed, Rear Bunks

Was \$15,500
~~Reduced to \$12,500~~
Reduced again to
\$10,000

(250) 295-7900

Jun 15-tfn

**Tandem
Trailer**

With removable
sides, electric
brakes.

\$ 950.00

(250) 295-7900

Sep 06-tfn

www.thenewsleader.ca
www.thenewsleader.ca

notices

notices



PROVINCE OF BRITISH COLUMBIA
MINISTRY OF FORESTS



TIMBER SALE LICENCE A74389

Take notice that, pursuant to Section 20 of the *Forest Act*, timber sale licence A74389 is being offered for sale by BC Timber Sales, Kamloops Business Area.

Closing Date: October 26, 2004 at 2:00 PM

Geographic Location: OK Lakes/Laura Lakes

Field Unit: Cascades

Estimated Volume: 25,047 cubic metres, more or less

Term: 2 years

Logging method: This timber sale licence has been designed for harvest using conventional ground system. The use of other systems may be subject to the Forest Practices Code of British Columbia Act and its regulations.

Upset stumpage rate: The upset stumpage rate was determined by the market pricing system and is applicable only to coniferous green sawlog grades.

Upset Stumpage Rate / cubic metre for competitive volumes:

Timber Mark	Product	Volume	Rate
74389	Sawlog	25,047	\$32.98

Species percent:

Timber Mark	Species	%
74389	Pine	95
74389	Spruce	5
74389	Fir	<1

This timber sale licence is fully developed.

Tenders will only be accepted from individuals or corporations registered as a BC Timber Sales Enterprise in Category 2.

This licence is subject to, among other things, new maximum term limits and extension fee and surrender provisions.

Applicants are advised to carefully consider the impact of these changes when formulating their bids. Further information on these changes may be found in Advisory Bulletin 08/03/04.

Applications will be accepted by the Timber Sales Manager, Kamloops Business Unit, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

There is additional material that the applicant must consider in their application. This material which includes application forms and other information about the TSL can be obtained from the above BC Timber Sales Business Area Office or via the internet at: <http://www5.for.gov.bc.ca/notices/init.do>.

FREE AND CONFIDENTIAL COUNSELLING SERVICE

IS AVAILABLE TO ANY WOMAN WHO HAS EXPERIENCED SEXUAL ABUSE AS A CHILD OR ADULT OR ARE PRESENTLY LIVING IN AN EMOTIONALLY OR PHYSICALLY VIOLENT RELATIONSHIP

Funded by the Ministry of Women's Equality

Office hours 8:30 AM - 4:30 PM

MONDAYS, FRIDAYS - KEREMEOS (250) 499-5928

TUESDAYS, THURSDAYS - PRINCETON (250) 295-4453

Have something to sell? Move it fast in Similkameen News Leader Classifieds! \$5.00 + GST per week for a 25 word ad. Pay for 2 weeks and the third one is FREE! Call 295-4149 for details. DEADLINE for Classifieds is 12 Noon Fridays.

CLASSIFIED ORDER FORM

Similkameen News Leader

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

\$5.00 + GST for the first 25 words for one week.

Pay for 2 weeks and get 3rd week free! DEADLINE : 12 NOON FRIDAYS

Write your Classified Ad in the spaces provided.
Indicate the Dates the Ad should run and drop it into our office with Payment!

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

The new correspondence course

Remember when post-secondary education meant either moving away from your home town or spending hours involved in a correspondence course?

Princeton's Skills Centre has introduced the newest twist to correspondence courses: e-learning.

E-learning is basically online schooling, using the internet to access programs.

With the aid of the BC Campus portal, all 27 of B. C.'s public post-secondary schools can be accessed.

These educational institutions have provided well over 600 courses online, with more to be added.

Using the computer lab at the Skills Centre students, or learners, can start and finish certificate or diploma courses without having to relocate to a bigger community.

Imagine the savings to students (learners) not having the expense of tuition fees, on-campus living, food, travel costs, etc.

Princeton Skills Centre hosted an open house last week to launch the e-learning program and although response to that event was luke warm, we are sure the e-learning program will be viewed as a sensible alternative for many residents seeking post-secondary schooling.

If it sounds interesting to you, contact the Skills Centre.

They will be more than happy to guide you through the steps to understanding this new technology.

By the way, many of the courses are still available in correspondence format, if you're more comfortable with that medium.

We believe e-learning will be a huge hit in the Princeton area and well worth exploring.



your turn

Reader examines our government

Dear Editor;

The recent announcement by Finance Minister Gary Collins that BC is now expected to post a \$1.2 billion surplus in 2004/5 caught many by surprise. After all, it was only seven months ago that Minister Collins tabled his first balanced budget after sky-high deficits the previous three years. What explains this dramatic shift from red to black?

The minister credits a more robust provincial economy, which he attributes to his government's economic program – the tax cuts, deregulation, privatization. This story would make sense if it were not for the inconvenient fact that it is not true.

The government's projection for economic (real GDP) growth for 2004 was raised by only a tiny amount in the updated forecast – from 2.8 percent to 2.9 percent. This is hardly enough to cause such a major change in the budget's bottom line.

While the B.C. economy has definitely recovered from a recession in 2001, it is not exactly "sizzling" as some recent newspaper headlines have suggested. Economic growth of 2.9 percent is not spectacular by any kind of historical benchmark. It is a middling growth rate that does not pack the kind of punch needed to substantially expand employment or increase wages.

On the employment front, a low interest rate environment has done more for B.C. than tax cuts by stimulating the housing market and residential construction. A hot housing market also

increased Victoria's revenues by \$168 million in property transfer taxes.

Employment growth improved in 2003 and 2004, although it is still middle-of-the-road by historical standards. Other employment indicators are little changed from pre-2001 patterns. On a regional basis, most employment gains have been concentrated in the Lower Mainland and Victoria.

Outside of residential construction, new capital investment in machinery and equipment and new facilities – the harbinger of future productivity growth – has been weak. This is a major indictment of the government's program.

As a result, projections for tax revenues directly linked to economic performance, such as personal income tax and sales tax, have increased only slightly since the budget was tabled in February and do not contribute much to the total revenue gain of \$1.2 billion. Move over, personal income tax revenues are still significantly lower than they were in 2001 before the government introduced its tax cuts – meaning tax cuts have not paid for themselves.

So, where did the big money come from? The budget's bottom line got a huge boost from rising commodity prices. Lumber prices are close to record highs, up about 50 percent since budget time. This has meant an additional \$375 million in revenues for the B.C. government.

Natural gas prices are also high-

er than projected at budget time, for an extra \$203 million in revenues. Higher energy and mineral prices added another \$117 million in revenues. Together, higher resource revenues account for 60 percent of the budget's revenue gain for 2004/5.

Higher revenues have also come as a result of increased federal transfers for health care (up 166 million) and this does not count the new money coming to B.C. as a result of the latest federal-provincial health care summit.

B.C.'s post-secondary students chipped in an additional \$95 million above what was expected at budget time due to higher tuition fees. Revenues from student fees are a jaw-dropping \$350 million above what was collected back in 2001/02 – before the government lifted the tuition freeze.

What is truly alarming is that even though B.C. finds itself flush with cash, the \$350 million in spending cuts announced at budget time in February have not been reversed. (One exception to this is the budget for forest fires, which is \$120 million over its budget of \$5.5 million).

Since 2001/02, ministries outside health care and education have borne a total spending cut of \$1.9 billion. That the government now has a surplus of \$1.2 billion tells us that even with the lost revenues from tax costs, the government could have spared B.C. the pain of two-thirds of these spending cuts and still had a balanced budget this year.

.....continued on Page 21

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

ISSN 1712-090X

Your Independent Source for Valley News & Information

Published weekly by Bengel Publishing Inc.

226A Bridge Street, P.O. Box 956,

Princeton, B.C., V0X 1W0

Phone (250) 295-4149 • Fax (250) 295-4103

www.thenewsleader.ca

MEMBER

Princeton Area Business Enhancement Association
Princeton & District Chamber of Commerce
Similkameen Country, Keremeos
Canadian Association of Journalists

Publisher:
Office Administrator:
Reporter:

George Elliott
Brenda Engel
Dawn Johnson

Current Comment: Ed2go is the way to go!



Dawn Johnson
editor@thenewsleader.ca

Why leave home to study university courses?

Princeton and District Community Skills Centre has a whole lot of educational opportunities open to local residents and anyone within reasonable driving distance of Princeton. The availability of university courses and college courses fulfills a dream some of us had back in the 1970's.

I was a school trustee, and a strong advocate for computer learning for students, not only in secondary school, but for post-secondary. I believe access to education should be easy and inexpensive. With the advent of Internet and e-mail, it is now possible for students to access education without leaving their home towns.

Tuition fees are horrendous these days. The cost of room and board for small town students is horrendous. For people who cannot afford to leave town to pursue education, the Skills Centre is their best and only hope of pursuing their dreams of higher education and/or training.

I wish such a place had existed for me when I was a young wife living in a foreign country and raising two small children. I

Letter To The Editor

.....continued from Page 20
If a large portion of today's surplus is because yesterday's spending cuts were too deep, the people who carried the burdens of the spending cuts should have dibs on the surplus. This means restoring cuts to child welfare, social assistance, child care subsidies and environmental protection to name some of the more pressing needs in the province.

The Finance Minister is right B.C. is now in a position to make choices about how to disburse the expected surplus. But he is wrong about his government's economic program. Most of the explanation for the budget surplus comes from factors - low interest rates, high commodity prices, stronger demand for B.C. exports - that are beyond the control of the provincial government.

Yours truly,
Marc Lee,
economist, CCPA,
Vancouver, B.C.

wish it had been there for me later, when I lived in a remote community in Alberta. Universities offered some "extension" courses (these functioned like correspondence courses), and I took advantage of a couple of courses, but it is difficult to do the work at home when you are raising a family. It is better to have a place to go, and people who can offer counselling.

Open Learning Institute was the first in B.C. to offer many training programs which could be done from home. I remember the second President of OLI, Ron Jeffels, and his vision of a totally accessible education system through electronics. At that time, 25 years ago, we could only dream of the day when what we have now would be our reality.

Jeffels had been President of the newly formed Okanagan College university preparation division. He was not the "ivory tower"

intellectual who felt universities, and the knowledge they imparted, should be like exclusive clubs for the elite. On the contrary, Jeffels felt that universities should be everywhere, and should go to the students. Some programs, such as science, health and engineering, cannot be taught at home, but all of the academic courses can be accessed via computer, and although students pay tuition, it is a fraction of the cost of leaving home and attending university or college.

Thanks to technology, access has increased, but I wonder how many people understand just how much the Skills Centre has to offer. I wonder if parents and their youngsters still in school take time to consider the option of having their kids remain close to home while taking college and university courses. Perhaps they should check it out and do some planning for a more affordable post-secondary education.

Have something to say?
We'd like to hear it!

SEND YOUR LETTERS TO THE EDITOR TO:

Similkameen News Leader
P O Box 956, Princeton, B. C., V0X 1W0

Heart Food

by Dave Machin



Today my subject is broken-heartedness. II Thessalonians says, "And the very God of peace sanctify you wholly; and I pray God your whole spirit, soul, and body be preserved blameless unto the coming of our Lord Jesus Christ." From this verse we can understand that human beings consist of three parts. We are first spirits, created in the image of God. Second, we possess a soul. Last, we live in a body. Over the years, we have interchanged the terms soul and spirit almost at will. However, it should be noted that the soul is one third of our make-up and needs to be dealt with individually. The soul is comprised of three parts - your mind (thinking), your will (choosing), and your emotions (feeling). Many times crushed feelings and bad memories lead us to make wrong decisions because people lack the knowledge given to them by the word of God. They are easily subjected to broken-heartedness. Unfortunately, those who should be able to deal with broken-heartedness (i.e. preachers) and point the broken-hearted to Jesus - the healer, have in times past relied on a limited natural knowledge and failed to help people. Most people with broken hearts and who are suffering from depression and numerous injuries to their soul, try to cover up their pain and hope everything will go away. Some people are suffering with psychosis, which is when their personality is seriously disorganized and contact with reality is impaired. Psychiatry is not based on science. It is a branch of medicine dealing with disorders of the mind. Unfortunately, they can take you apart, but they can't put you back together again. Only Jesus can heal the broken-hearted. Philippians 4 teaches us how to control our thinking. By lining up our thinking with this Scripture, you will not be able to continue in broken-heartedness. Because the pain of a broken heart is outside of the way that the Scripture tells us we are to think. If you are suffering of a broken heart or some of the symptoms that I have described, God has healing and freedom for you! God is good, His word is good and good all the time.

Pastor Dave Machin,
SUNDAY SERVICES 10:30 A.M.
221 A Bridge Street, Princeton, B.C. 295-0599

Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION



Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

George Elliott
PUBLISHER
george@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax (250) 295-4103

Get connected with...



China Creek Internet

WHY NOT GO WIRELESS!!!

- * Blazing Fast Speed 512 KBs and up
- * Direct 24 Hour Access * No More busy signals
- * No More Modem / Phone Hassles
- * No More Overtime Charges



For more information go to... <http://www.nethop.net>
or phone: (250) 295-7944

INVITATION TO WORSHIP



38 Kenley Avenue
Sunday Worship at 10:30 am
(Followed by Coffee)
MIKE STOLTZ 295-7733
www.livingwater4sqchurch.com

SIMILKAMEEN CHRISTIAN FELLOWSHIP

SUNDAY SCHOOL
9:45AM
WORSHIP SERVICE
11:00AM
Everyone Welcome
DON BODDEN - PASTOR
499-2511

BAPTIST CHURCH OF PRINCETON
ACROSS FROM ARENA - OLD HEDLEY ROAD
CELEBRATING 50 YEARS!

Family Worship
10:00 a.m.
COME AND JOIN US!

295-7752



St. Paul's United Church

Office Hours
Tue / Thu 9:30AM - 12 NOON
WORSHIP SERVICE
10:30 AM

Minister Chris Haugland
Home: 295-7302 Phone: 295-7714
Also serving the Anglican Community

Similkameen Christian Center

COD IS GOOD
Service: Sundays 10:30AM
CHILDRENS CHURCH - (AGES 5-11)
Office Hours: Monday-Friday 9AM - 1PM
Pastors Dave & Tena Machin
221 A BRIDGE STREET, PHONE: 295-0599

Is your Church hosting a special event?
Call us to find out how to have it in this space!
(250) 295-4149

The Princeton & District Agricultural Fall Fair would like to thank the following sponsors and volunteers who helped make the 2004 Fall Fair a success!

Woodsmart Designs • Bugnut Toys • Quick-Pick Grocery • Stedman's V&S • Doug's Homestead, Hedley • Sears • Princeton Feed & Pet Supply • Skaha Ford • Don & Anna's Greenhouses, Keremeos • Lordco Auto Parts • Similkameen News Leader • Similkameen Spotlight • On-Time Auto Service • Econo Lodge • Pro Automotive/Tirecraft • Radio Shack • Belaire Restaurant • Kevin Acres • Copper Mountain Bar & Grill • Century 21 Princeton Realty • Growers Press One Hour Photo • Princeton Glass • Princeton Plumbing & Gas • Dairy Queen • Cover2Cover Bookkeeping • Golden Hills Grocery & Deli • Princeton Light & Power • Princeton PetroCan • Westland Insurance • Princeton Husky • Wild Rose Cafe, Hedley • CIBC • Hayes Creek Electric • A&W • Brian Anderson, Vet • Pharmasave • Backroads Bike Shop • Home Hardware • Valley First Credit Union • The Hut • Reichert Sales & Service, Tulameen • Weyerhaeuser • Princeton Stock Ranch • Kal Tire • Jura Stock Ranch • Irly Bird • Princeton Volunteer Fire Department • Douglas Lake Equipment • M. W. P. Cascade Post & Rail • Mac's Auto Parts • Billy's Restaurant • SBC Firemaster • Jay B. Contracting • C. J.'s Daycare • Terralink Feed & Farm Supplies, Keremeos • K & M Trucking • J. Two Contracting • Y. J. Services • Lendale Pine Furniture • Overwaitea • Princeton Motor Sports Association • Katimavik • Karen Smart • Alan Monkman • Betty & John Golovin • Barry Johnson • Gerry & Patty Vinthers • Diane Wanner • Jennifer & Jim Bernard • Lisa White • Sandra Aguillon • Paul Gabriel • Bunchgrass Quilters • June Walker • Arnold & Frieda Schroeder • John Sandness • Bill & Diane MacFarlane • Steve Brodie

At this time we would like to take the opportunity to thank anyone that we have missed. Without your hard work and dedication the Fall Fair wouldn't happen!

- Princeton Fall Fair Board



2004 Grads Britney Antonick and Alex Smith present Karen Hamilton with a cheque for \$400 on behalf of their graduation class. The money is part of the fundraising endeavors of Karen's team "Honey's Breast to Breast" for the BC Cancer Foundation's "Walk For A Cure." We would also like to express our heartfelt thanks to all our friends who generously donated to our walk and to those who donated their time and items for the Trash to Treasure sale and the Benefit Luncheon - thank you, again. A special thank you to Dawn Kastor, Shelley Carlson, June Hope, Jenni Reid, Jan Goss, Fran McHaffie, Del Hall, Lynn Thomas, Kim Walsh, Alistar Reid, Spence Smith, Luke Smith and Clayton Hamilton. 20,101 people participated in the Walk for a Cure August 21-22 raising \$7.1 million.

How to succeed in the film industry

Victoria filmmaker/teacher Barry Casson is bringing his acclaimed free seminar on how to have a successful career in the film industry to Princeton.

Casson has over 60 films and videos to his credit and has received dozens of awards for filmmaking. In addition to being an accomplished speaker, and president of Victoria Motion Picture School, he has just released his first book, "The Power of Visual Selling", (Step by Step Tools for Successful Promotional Video Production).

From Jim Gouk, Southern Interior MP

Stand up for Teck Cominco/Canadian Industry

The Trail smelter has been an important part of our community since 1894.

It has contributed to the welfare of many generations of British Columbians in the Southern Interior and it remains the largest employer in the region today. That is why the issue surrounding Teck Cominco, the U.S. Environmental Protection Agency (EPA), and its stance on Lake Roosevelt is cause for concern for our entire community, indeed for all Canadians.

At issue is the EPA's stubborn insistence on trying to reach across the border to apply U.S. domestic law on Teck Cominco—a Canadian company doing business in Canada under Canadian laws. The EPA is concerned with the benign slag that the smelter deposited into the Columbia River up until 1995. It wants Teck to conduct studies on the slag and clean it up under the regulations of the United States' environmental "superfund" law.

Teck Cominco has stated that it is willing to examine the slag for metals and pay for any clean up that was caused by their operation. To kick-start the process, Teck offered to spend over \$13 million to carry out the necessary research

His 90 minute seminar is laced with factual information and humour that gives the audience a serious look into the world behind the smoke and mirrors. He provides strategies and techniques that can help anyone to succeed in the film and video industry or in any business.

Casson has presented numerous seminars on film which include helping smaller communities attract the film business as well as assisting high school students to break into the film business after graduation. Previous presentations

have been given to business groups, film commissions and employment organizations throughout B.C., Alberta and Manitoba.

Date: Monday, October 4th at 10.30 a.m. to 12 noon.

Location: Princeton and District Skills Centre, 206 Vermilion Ave, Princeton.

For further information contact Misty Douglas or Sharan Jung at 250-295-4051 or email: m_douglas@princetoncsc.com or contact Barry Casson at The Victoria Motion Picture School (toll free) 1-888-522-FILM (3456).

under the supervision of the EPA, to EPA standards within a legally binding agreement. But while Teck is prepared to do the right thing and address the concerns of Washingtonians, it quite properly refuses to recognize the jurisdiction of U.S. law over its operations in Canada.

Accordingly, the company is attempting to block the EPA's strong-arming in U.S. court.

If Teck Cominco were to open itself to the imposition of U.S. law, it would set an ugly precedent in Canada-U.S. relations that could negatively affect other Canadian and U.S. businesses operating near the Canada-U.S. border.

First, if it agreed to be bound by the EPA's superfund law, Teck could be liable for decades of pollution in Lake Roosevelt caused by many other industrial facilities on the shores of the Columbia River, some of which are no longer in existence. This would be patently unfair. Further, because Teck is a Canadian company it would not be given the same legal status and protection accorded to U.S. companies under the superfund law, which can bring in other companies to share in any liability. Second, if the EPA is successful in

imposing U.S. law in Canada, it then opens the door for further EPA encroachment on other companies and even municipalities operating in Canada. The EPA could override Canadian regulation of waste disposal along the border, imposing liability in U.S. courts regardless of whether the activity was regulated by and in compliance with Canadian law.

There is also the potential for the illegitimate use of the EPA's superfund legislation by the U.S. government, or in private lawsuits by U.S. companies, as a type of regulatory tariff to assist American firms in competition with Canadian companies.

Fortunately, American industry organizations are expressing their opposition to the EPA and the U.S. government with regard to this important issue.

Some U.S. industries are aware that an attempt to extend U.S. legislation into Canada could lead to reciprocal action by the Canadian government against neighbouring operations south of the border.

For its part, the Canadian government has issued a strong objection to the U.S. government and is seeking to resolve the issue.

.....continued on Next Page

Speed
Limit
90

**Bring Your Resumé
Up To Speed**



**Cover2Cover
Bookkeeping**
& OFFICE SERVICES
226A Bridge Street, Princeton
(250) 295-6905

PROVIDING RESUMÉ AND WORD PROCESSING SERVICES



Colleen Morrison is enjoying her time in Princeton and at Princeton Museum.

Museum welcomes Katimavik worker

Colleen Morrison comes to Princeton from Charlottetown, Prince Edward Island. This 19 year old applied to become part of Katimavik because she could not decide what to do with her life.

After a year at university, she is part of the newest (fourth) Katimavik contingent to come to work for Princeton.

"I thought this would be a learning experience," Colleen told the News Leader. "I thought it would help me make up my mind and I wanted to travel."

Colleen has no special areas of interest - she is interested in everything.

People warned her she would find it difficult to adjust to a house full of people, but that is not the case. She is enjoying the Katimavik program, sees it as "well-structured."

"They know what they're doing," she says of Katimavik.

What does she think of Princeton?

"Princeton is quaint, cute. I love it. The people are very, very friendly. We felt very welcomed."

Canadian Industry

.....continued from Page 22
Given that our sovereignty is at stake, I have urged the federal government to take this issue head on and resolve it outside of the courts through bilateral negotiations with the U.S. government.

This is not a partisan issue. It could affect Canadian commerce and sour Canada-U.S. relations. We all need to work together to ensure our closest ally and neighbours play fair and respect our sovereignty.

- Jim Gouk, MP British Columbia Southern Interior, Room 545 Confederation Bldg., House of Commons, Ottawa, Ontario, K1A 0A6. Tel: (613) 996-8036 Fax: (613) 943-0922 E-mail: goukj@parl.gc.ca www.jim-goukmp.com

Excursions to date included the pictographs and a hike to the ochre bluffs on the Trans Canada Trail. They hope to go to Penticton and other parts of the South Okanagan and Similkameen.

Museum numbers continue high

A total of 890 people visited Princeton Museum during the month of August, continuing the trend of high visitor numbers this year.

There was an average of 29 vis-

itors per day, the majority from out of town. September has been much the same. The first two weeks showed a total of 211 visitors, or an average of 14 per day.

Forest Service lifts burning ban

Open burning is now permitted in Cascades Forest District (upper Similkameen Valley included). Cooler temperatures and increased precipitation throughout Kamloops Fire Centre resulted in Forest Service allowing open burning to occur for all elevations in Merritt Fire

Centre.

There are requirements within the Forest Fire Prevention and Suppression Regulations and environmental regulations to be followed when carrying out open burning. Municipal and Regional by-laws must be considered as well.

Questions regarding burn categories or open burning can be directed to the open fire reference line at 1-888-797-1717. For municipal or regional, contact those authorities.

W.I. reports Fall Fair Success

by Dorothy Stenvold.

Princeton Women's Institute met this month at the home of Mona Willis with seven members present.

The report from the Fall Fair was favourable. All children enjoyed the draw for the correct count of the candies in the jar. Mira Brewer won the draw. Donna Flatt won the draw for the basket of preserves.

Each member was given a brief resumé of the work and objectives of the B.C. Women's Institute. Members were asked to collect paper for recycling through which we hope to raise a little cash.

We were sorry Billie Vernon could not be with us, but hope she will make an appearance next month.

www.thenewsleader.ca
www.thenewsleader.ca

Introducing the industry's most powerful investing tool - listening.

At CIBC Wood Gundy, we believe in one to one relationships, because the only way we can invest for your tomorrow is to know you today. That's why we approach every client relationship the way it should be - expertise that's one to one.



JOHN VACCARO, Vice President
Investment Advisor
e-mail: john.vaccaro@cibc.ca

GREG STEWART
Associate Investment Advisor
e-mail: greg.stewart@cibc.ca

CIBC 105-399 Main Street, Penticton, B. C., V2A 5B7
(250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY GREG STEWART IS IN PRINCETON THE SECOND AND FOURTH THURSDAY EACH MONTH

CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of Canadian Imperial Bank of Commerce and Member CIPF

INVESTMENT INSIGHTS

By John Vaccaro Investment Advisor with CIBC Wood Gundy and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy

Expertise that's one to one.



Secrets To A Successful Retirement - Part 3

We all know the importance of setting realistic long-term goals, asset allocation, and investing in equities to outpace inflation and taxes. This article will touch upon the mandatory inclusion of growth stocks, the different types of stocks, and the advantages of compounding.

Growth stocks are, quite simply, for growth. You forego income now in favour of superior capital appreciation and enhanced rewards later. A growth stock is usually priced at a higher price/earnings ratio than other stocks or the market generally, because of its superior record and, more importantly, in anticipation of above-average capital appreciation. These attributes usually reflect a combination of high-growth industries and good management. Because growth companies normally require a continuing infusion of fresh capital with which to keep growing, they do not customarily disburse much, if any, of their profits in dividends.

Foregoing immediate income and running the higher risks that accompany stocks for higher long-term rewards can be tempered by conservative growth portfolios that include a selection of highly-regarded, top-quality, blue-chip growth stocks. These top-notch companies have records of rising earnings, out of which meaningful dividends are paid. In fact, growing annual dividend yields and capital appreciation through rising earnings coming together bring very worthwhile overall returns. And, in taxable portfolios, there is the added advantage of tax credit on Canadian dividends and of below-average tax on capital gains when such shares are sold. Blue-chip stocks for growth and total return should be required components of all conservative growth portfolios.

CIBC 105-399 Main Street, Penticton, B. C., V2A 5B7
Phone: (250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY

GREG STEWART IS IN PRINCETON EVERY SECOND AND FOURTH THURSDAY PLEASE CALL FOR YOUR APPOINTMENT

John Vaccaro is an Investment Advisor and Greg Stewart is an Associate Investment Advisor with CIBC Wood Gundy in Penticton. Comments and opinions expressed herein are the result of work done by John Vaccaro. They may differ from the opinions of CIBC World Markets Inc. Research Department and should not be considered representative of CIBC World Markets Inc.'s beliefs, opinions or recommendations.

The Kettle Valley Railway in Princeton

A PRESENTATION BY AUTHOR BARRIE SANFORD

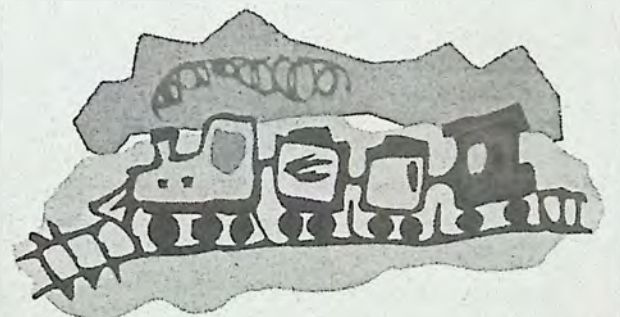
You are invited to attend this presentation on the history of the Kettle Valley Railway in the Princeton area. Barrie Sanford has written two books on the KVR and will present slides and give a one-hour presentation. He will also answer any questions.

There is no admission fee. Donations to the Museum Society will be accepted.

1:00 PM
Saturday, October 16th
Conference Room,
Princeton Castle Resort

HOSTED BY:

Princeton & District Museum and Archive Society,
RDOS Area H, Princeton Castle Resort and
Similkameen Valley Planning Society



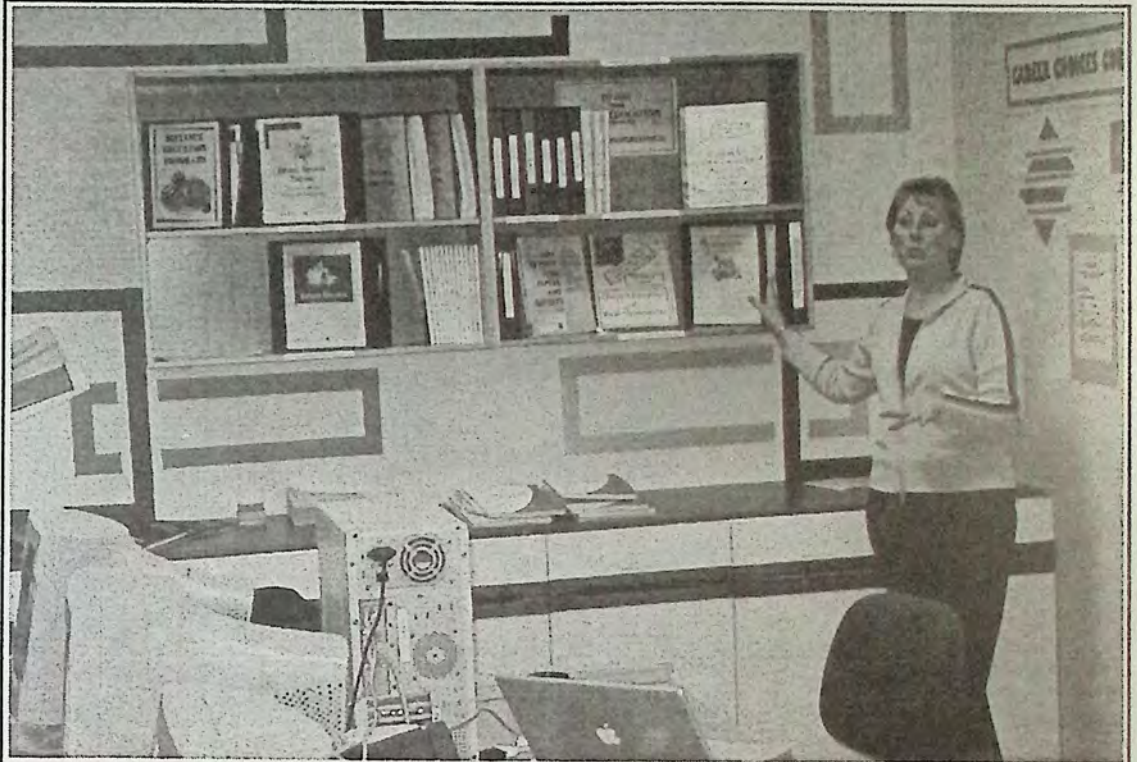
SINCE 1973

ROBERT R. WICKS

BARRISTER & SOLICITOR

213 Vermilion Avenue, P.O. Box 760
Princeton, B.C., V0X 1W0

Fax: 295-7000 Phone: 295-3123



Princeton Community Skills Centre Manager Sharan Jung explains why the site has turned to Distance Education programs and shows the resource material available for local learners.

Skills Centre turns to distance education

Princeton Skills Centre hosted an open house last Thursday night to introduce e-learning through distance education.

"We've been working on this for

two years," explained Manager Sharan Jung.

"We've noticed a gradual decline in the ability to fill a classroom so we turned our attention to what kind of opportunities were out there for distance education."

The desire of the Skills Centre was to be able to provide local students - or learners - with online access to courses they can start and finish to earn certificates or diplomas without having to relocate to a community with a post-secondary school.

The Skills Centre is there to help learners of any age.

"We're a non-profit society," Jung stated. "Nobody funds us so we have to charge for some services."

Many support services are pro-

vided to learners at no charge, or for a nominal fee.

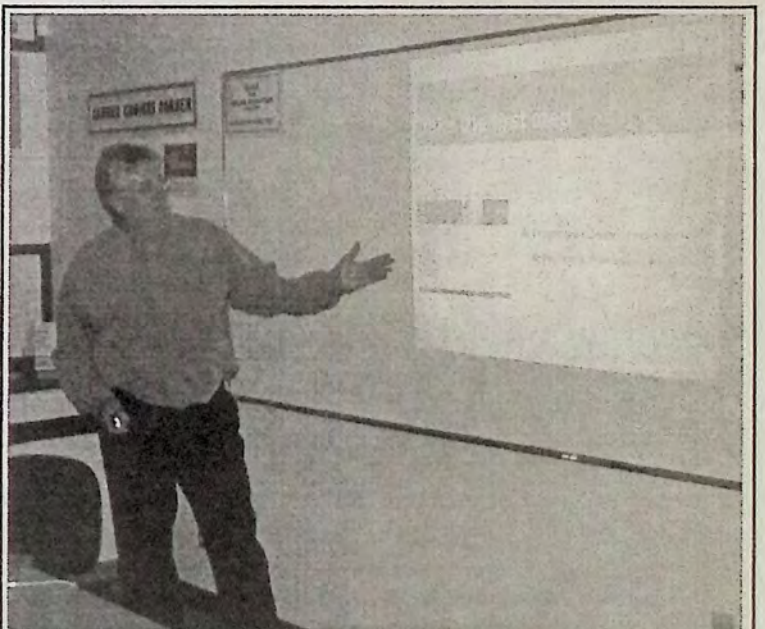
David Porter of BC Campus was on hand to explain the function of his service.

BC Campus is an online portal where students can access all the information they need in one place.

BC Campus provides access to all 27 of the province's public post-secondary schools.

The service currently contains a directory with over 1,332 distance education credit courses offered with over 671 of them available online.

For more information on how e-learning can aid in your education goals, contact the Princeton Community Skills Centre for a demonstration.



David Porter of BC Campus outlines services available online through the BC Campus internet portal.

226A Bridge Street

Similkameen News Leader

LOCALLY OWNED & OPERATED WEEKLY NEWSPAPER
Phone: (250) 295-4149 • Fax: (250) 295-4103

McConnell, Voelkl

Chartered Accountants
Phone: (250) 295-5205 • Toll Free: 1-866-869-5634

Princeton Optometry Clinic

EYE EXAMS • EYE GLASSES • CONTACT LENSES
Phone: (250) 295-6640 • Toll Free: 1-877-222-2020

Cover2Cover Bookkeeping & Office Services

Phone: (250) 295-6905 • Fax: (250) 295-6905

4 Services...1 Location!

Old Style

Disposal & Bin Service

Front Loaders 4, 6 & 8 yard - Household and Commercial waste
Roll-Off Bins 13 and 20 yard

We take all kinds of waste - construction - wood - plastic - brush, etc.

WE DROP EM, YOU FILL EM, WE PICK EM UP

We also rent portable storage units

WOOD PELLET DELIVERY SERVICE!

We deliver your wood pellets to your door (Princeton and area) and stack 'em if you wish!
Ask about our rates in your area.

Call Peter Pellet 1-800-253-0233

IT'S BACK!!! "RICH MIX"

That wonderful blend of our Black Organic Soil - with Old Mushroom Compost.
Hasn't been available since the early 1990's.

Limited Quantities - Call for Details!

TOPSOIL - TOPSOIL - TOPSOIL - TOPSOIL

Rich, Black, Organic, weed-free, rock-free

\$25 PER YARD - DELIVERED IN PRINCETON (Minimum Order 4 Yards)

DRIVER CELL 295-8488
Or our 2 Yard PEANUT TRUCK - Delivered to your Garden - \$60
DRIVER CELL 295-8488

Automotive Repair Service

Call Dean 295-6540

Your OLD STYLE Mechanic with 40 Years Experience

Princeton Rentals

Phone (250) 295-6545 Fax (250) 295-6922

TOLL FREE 1-800-253-0233 e-mail: oldstyle@nethop.net

OUR 30TH YEAR IN BUSINESS

Thirsty Thursdays!

\$10.80 Jugs of Beer

Copper Mountain Bar & Grill, Highway 3 West

Karaoke
Kitchen Open Late