Similkameen News Leader YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

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interfest is comi Similkameen **News Leader** This Week

Pages 5-8 Celebrating Winterfest Page 26 **Racing Days** revived

Page 4 **KEREMEOS NEWS** Pages 11-18 TV GUIDE

Phone: (250) 295-4149 1-888-350-9969 Fax: (250) 295-4103

400 pounds of marijuana seized

On November 22nd, 2004 at about 9:00 pm, Princeton RCMP stopped a camper style pickup travelling on Highway 3.

When they approached the vehicle, they discovered 9 large duffel bags containing almost 400 pounds of marijuana.

The lone occupant of the vehicle, a 47 year old Surrey male, was arrested.

He has been charged with Possession for the Purpose of Trafficking and is due to appear in Princeton court April 14, 2005.

Princeton RCMP Sgt. Kurt Lozinski says, "This is a significant seizure and is the largest in recent Princeton RCMP Detachment histoгу."

He added, "This seizure effectively prevented almost 7 million joints from reaching the streets."

Deer bylaw takes more time

A bylaw to prohibit feeding deer within Town boundaries is still in the rough draft stage. The bylaw was requested two months ago by local citizens fed up with the high population of deer within the town and the problems the deer have presented. including property damage and aggressive behaviour.

At the November 15 Town Council meeting, Council said they hoped to have the bylaw ready for presentation at the first meeting in December.



Princeton Light & Power provided the lift for Princeton Works Crew. The Christmas decorations went up in time for Winterfest celebrations, planned for this weekend.

B/Petrobank reach agreement

Band (USIB) and Petrobank Energy and Resources Ltd. (Petrobank) are pleased to announce they have Understanding concerning Petrobank's natural gas from coal

development in the Princeton area. The agreement guarantees that members of USIB will be thoroughly consulted with during each phase of Petrobank's NGC project in Princeton and moreover, that the

The Upper Similkameen Indian company will work jointly with the Band and local community to build strong working relationships.

"This agreement is about commusigned a Memorandum of nication and working together. Petrobank is committed to working closely with all individuals and groups living adjacent to its operations to ensure they are fully informed about our activities," said Gregg Smith, Vice-President, Canada, Petrobank.

exploratory test well outside of Princeton on Wednesday, November 10, 2004 and expected to complete the well within ten days. Once drilling is concluded, Petrobank will assess the potential of the NGC field and determine if natural gas reserves are sufficient to warrant further development.

"If the project feasibility evaluation shows that a commercial operation is viable, the agreement with the USIB ensures an effective voice with the company leading to potential employment and business opportunities for the Band and the local community," concluded Chief Richard Holmes of The Upper Similkameen Indian Band.

RCMP close another grow-op

Princeton resident Roland Meier has been charged with production of a controlled substance after police executed a search warrant on his Princeton residence on November 24th and seized 10 marijuana plants.

Meier appeared in Penticton Provincial Court on November 25th, and has been remanded in custody until November 29th.

Meier was convicted of production of a controlled substance in August of 2004, and at the time of this most recent offence he was serving a conditional sentence.

Full weekend planned

Everyone can join in the fun! How about helping Mom or Grandma make a holiday candy house. Use graham wafers, rice crispies, sugar or whatever your imagination comes up with.

Ice sculptures are also fun and easy to make - you can make a sculpture using various moulds or if you are artistic, you could carve one.

Ice candles are the easiest to make and I am sure some of you have made them without even knowing it. All you do is put a bucket of water outside and let it freeze - dump out that bit of water in the very middle that never seems to freeze, let it firm up and put a candle in it. You can put a tin or a rock inside the bucket to leave room for the candle if you want to make it in a deep freeze. Food colouring in the water can also add some fun.

Wouldn't a lot of ice candles lit up at the Cenotaph be beautiful! For great ideas, tips, recipes or patterns see Diane at Leftovers Studio, 121 Vermilion Street.

If ice or candy do not appeal to you, how about joining in the carolling. One group of carollers will be going from the Brown Bridge and another from Kevin Acres, they will be singing in sync and will meet at the Cenotaph where they will be joined by the Princeton Community Band and will continue carolling until we light up our tree.

There will be a Silent Auction Saturday at the Cultural Centre. You'll be able to find great Christmas Gift Ideas there! Check out the sales at the stores in Town and get in on the draw for a whole lot of prizes. The catch is you have to be there to win the prize.

On Friday night at 8:00, we will be drawing for youth prizes including a VIP night with the Posse where they will receive a signed jersey and will be the VIP at the game. On Saturday afternoon, we have lots of gifts and gift certificates to draw for, but remember you have to be there to win.

The parade will start at the Seniors Citizens Centre on Angela, go down Bridge to Fenchurch and go past the Vermilion Court Seniors Home on Fenchurch; we will continue around on Thomas Street to Lime, up Lime to Bridge Street and come back to the Cenotaph where Santa will go into the Legion Hall to visit the children.

We have something for everyone!! Come out and take part in Winter - submitted Fest 2004!!!

Petrobank began drilling an local man to present signatures to Council

Ed Goudreau is a man with a mis-

He wants to see a pedestrian-controlled stop light at the intersection of Highway 3 and Burton Avenue.

Goudreau spoke to Town Council 'in August about his concern for the safety issues he identified at that intersection.

sion.

Council told him at the time they had met with Highways Ministry officials and had sent letters to the Ministry and their request for a light had been turned down.

The News Leader contacted Southern Interior MP Jim Gouk for advice on the issue.

Gouk suggested a petition would give Town Council some concrete support from within the community to make a change at the intersection.

Goudreau posted petitions at the Hut, Golden Hills Deli, both Doctor's Offices, the Senior's Drop-In Centre and at the News Leader.

Hundreds of signatures have been collected and Goudreau plans to present them to Princeton Town Council at their December 6th regular meeting.

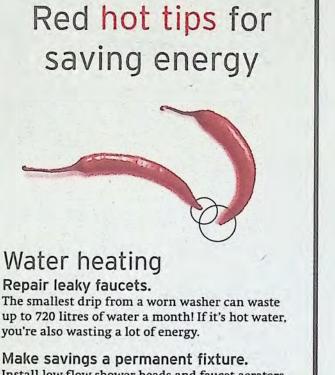
It will then be left up to Town Council to take the issue up again with the Provincial Highways Ministry.

Anyone who has not yet signed the petition, requesting a traffic light at the intersection of Highway 3 and Burton Avenue, can do so this week.

Previous Town Councils have dealt with this very issue for well over a decade.

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similkameen News Leader



Install low-flow shower heads and faucet aerators. Efficient showerheads can cut water use by 60% compared to conventional fixtures.

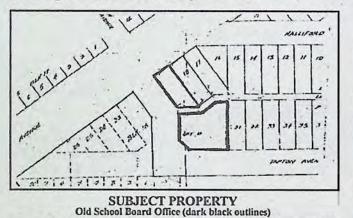
For more energy saving tips and ideas, visit www.terasengas.com or call 1-888-224-2710 for the complete Hot Tips booklet.

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Zoning Amendment Bylaw No. 757, 2004



Proposed Bylaw No. 757, 2004 from Institutional (11) to Central Business (C2) Legal: Lot B, Plan 33345, DL 706, YDYD Except Plan M183345, PID #003-214-958

Pursuant to the provisions of Section 890 of the Local Government Act, notice is hereby given, that a Public Hearing will be held in the Council Chambers of the Town Hall on Monday, December 6, 2004 at 7:00 PM, to consider amending the Town of Princeton Zoning Bylaw No. 646.

The proposed Amendment is as follows:

a) "That Lot B, Plan 33345, District Lot 706, Yale Division of Yale Land District Except Plan M183345, PID #003-214-958 be changed from Institutional (11) to Central Business (C2)."

At the Hearing all persons who deem their interest in the proposed Bylaw, shall be given an opportunity to be heard on matters contained within the Bylaw. Council will accept submissions and discussions up to and including the Public Hearing. No submissions accepted after Public Hearing.

A copy of the subject Bylaw No. 757, 2004 is available for examination during normal business hours 8:30 AM to 4:30 PM, Monday to Friday inclusive in the Town Office, 169 Bridge Street, Princeton, BC.

Given under my hand this 15th day of November, 2004.

Cornie Froese, CAO Town of Princeton



An Eastbound lane of Highway 3 was closed to traffic in front of Husky this week to allow for the drilling and extraction of soil samples from the location.

Our Brenda fights those cravings

by Brenda Engel

I have decided to go on a cravingreducing foods eating plan, and of course George is coming along for the ride.

It turns out I have strong carbohydrate addiction and have been craving starches, snack foods and sweets because I eat starches, snack foods and sweets. For example yesterday I had a hot chocolate at lunch, then I had to have a choco-

The Mayor is the marshal

Mayor Keith Olsen has taken the job of Marshal of the Christmas Parade to be held December 4. He says he has received a lot of support for the parade, with approximately 25 groups interested in putting a float in the parade. Anyone interested should contact Princeton and District Chamber of Commerce for details.

Group looks at Health unit

The former health unit premises, owned by the Town of Princeton, is being considered for use by Princeton & District Community Service Society. At the November 15 public meeting, members of Town Council revealed they are negotiating with the society to establish leasing terms. Council was not willing to say what the offers are to date pending the outcome of negotiations. late bar and then around 3:30 pm I could hardly keep my eyes open. In the evening I fought an urge for 3 hours to make pudding, I eventually did win that battle.

This is what happens...when you eat lots of carbohydrate rich foods, your body expects that each meal will contain lots of carb rich foods and release lots of insulin to handle the carb-rich foods. Insulin will cause you to crave carbohydraterich food; then the food energy is stored and locked into your fat cells.

I have a book called The Carbohydrate Addicts Lifespan

Council rezones Board office

The lot across the street from Dairy Queen is owned by School District #58 and has been zoned "institutional" since it was built. At the November 15 Town Council meeting, a new bylaw to change zoning to "commercial" received first and second reading.

Properties zoned "institutional" are exempt from taxation by the Town.

Bid goes local

Town Hall will be carpeted this year to cover the badly worn floors in the building. Bids were requested to do the job, and Laska's Floors bid was accepted at \$5,300 including installation. The other bid came from United Carpet, who bid \$7,600. Program and was amazed which foods are also carb-rich. I haven't had a lot of time to study the contents, however, I wanted something for breakfast so went looking for a loaf of carb-reduced bread and they cost more than I was willing to pay. I have a recipe anyway. Then I walked around the aisles and ended up with some smoked chicken breast, romaine hearts and salad dressing (sugar wasn't listed in the first 4 ingredients), so this was acceptable. I was happy, I had a healthy breakfast according to my craving-reduced foods eating plan. When I opened the chicken I noticed the 4th ingredient was glucose solids, does that mean I shouldn't be eating it? I have to study further.

It's 2:00 pm and I don't have any cravings so far today. This may be working.

BEA AGM November 30

Princeton Area Business Enhancement Association will host their Annual General Meeting on Tuesday, November 30th.

The meeting will begin at 6:30 PM in the Skills Centre.

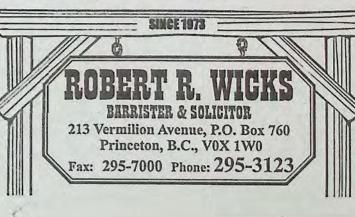
Guest Speaker for the evening is Yale-Lillooet MLA Dave Chutter.

Chutter will present his "Facts on the Future" look at changes at the Provincial level.

Council sets closure dates

Town office will close at noon on Christmas Eve and will be closed December 29, 30 and 31. these days were approved at the request of Town Hall staff who will forfeit pay for the time off. Statutory holidays will be taken as usual.

Due to the number of days of closure, the regular public meeting of Council, which would have taken place January 3, 2005, is cancelled.







Princeton Realty

The Local Experts*

224 Bridge St., Box 880, Princeton, BC VOX 1WO

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Princeton Agricultural Fall Fair elected a new executive at their AGM held last Tuesday night. Standing, from left, Carol Ruoss, Don Mare, Ruby Bey, Andrew Nordquist, Maryanne Woodford, Wade Nordquist, Jenn Bernard and Linda Pudsey. Seated in front is Jody Woodford.

Fair members elect Woodford

Councillor Spencer Coyne did the honours of conducting the election at the Fall Fair annual general meeting held November 23.

Jody Woodford was elected President again, by acclamation. Serving with her are VicePresident Carol Ruoss, Treasurer Ruby Bey, Secretary Dawn Johnson, and Directors Wade Nordquist, Andrew Nordquist, Don Mare, John Bey, Linda Pudsey, Maryanne Woodford and Jenn Bernard.

Director Don Mare remarked humourously to the two new Directors, "When you join the Fall Fair, it's like getting married – it's a longterm commitment."

Jody Woodford gave a report summarizing the activities of the Fall Fair during 2004. She praised the efforts of all of the members, with special mention of two new members, Linda Pudsey and Jenn Bernard.

OUC team competes in worldwide contest

OUC Business students are once again proving that they are amongst the best in the world. The local team, comprised of Steve Rossett, Victor Darel, and Leslie Shen, are three of 36,300 students who recently entered an international simulated business competition sponsored by world-renowned L'oreal cosmetics.

The OUC team passed the initial cut that saw the 12,100 teams from 125 countries around the world reduced to 1,500 teams.

The remaining teams were selected upon their ability to respond to a number of qualifying questions on their knowledge and skill in Strategic Management/Marketing.

"These Bachelor of Business Administration students are excited about taking the knowledge and skills gained in their degree program into this international cosmetics industry challenge," says coach and faculty advisor Norm Letnick.

The OUC students are up against some stiff competition with teams from Harvard, Yale, Stanford, University of Toronto, UBC, Simon Fraser University, the Schulich School of Business [University of Calgary], and the Richard Ivey School of Business [University of Western Ontario], taking part.

"The students are up to the challenge," says Letnick. "This is a new simulation area for us and it's a long road ahead. But I'm proud of their initial results. They show the strength of our students and the quality of the education in the BBA program. We look forward to seeing their success in the weeks ahead."

"After the first week's decisions, our team is ranked 55 in the world," says Letnick. "Only the top 16 teams, including one undergraduate and one graduate team from each of the eight geographic regions, will go on to Paris to present and defend their strategy to an international panel of judges."

Between now and Dec. 21, the remaining qualifying teams will compete electronically in a simulated cosmetics business scenario to see who can obtain the highest share price in six years.

Each week the teams are required to submit their decisions electronically to a central computer in Paris that represents the world-wide cosmetics industry. Only the top 300 teams will advance to the semifinals after the Christmas break.

Students will be selected in the next few weeks to represent OUC for these competitions in 2005.

For further weekly updates or addition competition/ team/program information, please contact Norm Letnick, Faculty of Business, at 762-5445, local 4683 or nletnick @ouc.bc.ca. She commented on their enthusiasm and commitment, and added, "We are pleased to have you in our association, although we have offered you a steep learning curve which will continue as long as you stay members. We can all testify to that!"

Woodford offered special praise to Carol Ruoss for stepping in as Treasurer on sudden notice, to John Bey for his work with Princeton Motorsports Association and to Don Mare for his continuing good job as announcer. She thanked Spencer Coyne for his interest as Town Council liaison (he regularly attends Fall Fair meetings) and thanked Council for their ongoing support of the Fall Fair.

Ruby Bey presented the year-end financial report showing a total revenue of \$43,402.10 and total expenses of \$43,229.14, for a profit of \$172.96. Added to reserve funds, the closing balance for October 31 was \$7,786.99. Since that time, there have been more expenses and a \$2,500 grant from the Town of Princeton, leaving a balance of \$8,974.10 on November 23. During 2004, Fall Fair spent \$2,600 on the fairgrounds (capital costs) for improvements specific to the fair.

The Fall Fair Association will recess until January 25, 2005, when the first meeting of the year will be held at the Bey residence. Routine business will be conducted by the executive during the recess.

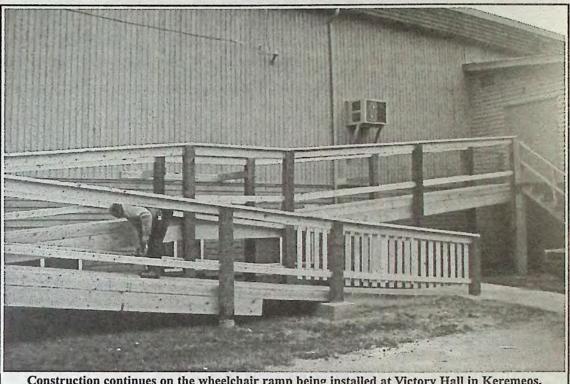




Similkameen News Leader



keremeos and area news



Construction continues on the wheelchair ramp being installed at Victory Hall in Keremeos.

Agricultural seminar schedule released

The Visions for Agricultural Advancement in the Similkameen Valley seminar will take place Tuesday, November 30 to Thursday, December 2 in Cawston

Thursday will feature a discussion on Branding The Similkameen at 8:45 AM and one on Supplying The Olympics at 10:45 AM. The afternoon will include a Branding Similkameen Agricultural Products at 1:15 PM.

The day will wrap up with a presentation by Michael McLaughlin on a proposed Similkameen Valley Organic Farming Institute. Friday will see a discussion on

Keremeos is 'blah' about fifty years

Several months ago, Village Council decided to approve a committee to plan celebrations for the fiftieth anniversary of the incorporation of the Village of Keremeos. Councillor Ed Minshull and former Councillor Frances Peck volunteered to serve on this committee.

Council ran an advertisement asking for volunteers. Nobody came forward.

Mayor Walter Despot has asked each Councillor to go to the next Council meeting with a potential Chairperson for the 50th Anniversary Committee.

It will be interesting to see whether anybody in Keremeos gives two hoots whether the village has been incorporated for 50

While there seems to be a dearth of volunteers to serve on the committee, Council appears confident somebody will come forward. Council passed the question of a Coat of Arms for Keremeos on to the 50th Anniversary Committee.

Agri-Tourism An Economic Opportunity at 8:30 AM. The Value of Value-Added will be presented at 10:45 AM.

The afternoon will feature workshops on both subjects at 1:30 PM with The Value of Value-Added being held at Cawston Ecumenical Church.

A Wine and Cheese reception and Trade Show will finish the day at 3:15 PM.

Thursday will feature Farm Tours all day with busses to leave Cawston Hall at 9:00 AM.

To register for this event call 1-877-493-5566 or visit www.cfdcokanagan.com.

Canada (HRDC) has awarded

Vertek, a private company, man-

agement of job access centres

throughout the Okanagan and

Similkameen. HRDC will no

longer manage any of the employ-

The tentative plan for Keremeos

is to open on March 1 as

WorkZone in the same premises with the same staff. Watch for

future announcements from the

Employment Access Centre.

ment centres.

Employment Access Centre shifts gears in March

The Employment Access Centre will become WorkZone in March. Currently, Similkameen Country is continuing to sponsor the Access Centre and is negotiating a two month extension to the present contract.

The Centre will be closed the last week of February to clean the place and to remove the Similkameen Country office from the premises.

Human Resources Development

Christmas Hamper Drive begins

Pastor Don Bowden is Chair of the Christmas Hamper committee this year.

This annual fundraiser helps needy families by providing a food and toy hamper for Christmas. Local citizens are asked to donate non-perishables and cash to the fund.

Are you ready for Santa?

Santa is coming to visit Keremeos this Friday, and to celebrate his visit, there will be a big parade on the main street, and all of the Christmas lights will go on in Keremeos and Cawston.

The parade starts at 5:30 p.m. (If you are in the parade, be at Valley First Credit Union by 5:00 p.m.)

The theme of this year's parade is "Cultural Unity", a theme expressing the concept that people of all cultures can get together and

Valu Plus is promoting the Christmas Hamper Campaign with a freezer raffle. Find details

in the store this week. The Christmas Hamper Campaign is a combined effort of all local churches and businesses. Opportunities to donate are available throughout the community.

enjoy a visit from Santa and an evening of fun. The parade starts at Valley First, goes up the main street and ends at Village office.

Thanks to the Village of Keremeos, Similkameen Country, Area G and Area B for covering the cost of insurance for the parade.

Children may visit with Santa at Victory Hall after the parade. Giant FM will advertise details of the parade this week.

Similkameen News Leader

Tuesday, November 30, 2004

5



A Silent Auction will take place Saturday from 9:00 AM to 3:00 PM in the Cultural Centre. After bidding closes at 3:00 PM, prizes will be awarded at 3:30 PM to the highest bidders.

The Silent Auction will raise money for the Princeton Crisis Assistance Society's Christmas Hamper Drive and Living Water Foursquare Church.

Items donated for the Auction include a Hardwood Floor Cleaning Kit from King of Floors; a portable radio from Radio Shack; 1,200 pounds of Firewood from SBC Firemasters Ltd.; a ton of Wood Pellets from Princeton Co-Gen; an indoor/outdoor Timer from Princeton Light & Power; A Winterizing Special from On-Time Auto Service; a \$50.00 Gift Certificate from Kevin Acres; tshirts and a \$25.00 Gift Certificate from Copper Mountain Bar & Grill; a 20-lb Propane Tank and first fill free from Husky; A bread maker and 16-pc Dishware set from Bridge Street Family Pawn; A painting from Jackie Chaston; 1-hr of Reflexology from Pathways to Wellness; Mason Bee Boxes and painted rocks from Murv & Riita Baker; Luggage and Cheese Fondue from Pharmasave; a collection of fishing flies from Princeton Outdoor Supply; a tackle tote from Home Hardware; a 1hour service call from Princeton Technology Solutions; a \$20.00 Gift Certificate from Belaire Restaurant; Dinner for Two from Chap's Restaurant; 2 Gift Certificates from Mikado Japanese Restaurant; three 1-month memberships from Curves; a cement lawn ornament from Paul & Linda Doré and a set of four coffee mugs from the News Leader.

A special donation of a one night stay in a mid-sized Chalet from Princeton Castle will be auctioned off with proceeds going to the Christmas Hamper Fund only.

SAVE DURING WINTERFEST

Friday, December 3

NO GST, PST

Saturday, December 4

IN-STORE SPECIALS ADULT& CHILDRENS DRAWS

Forget-Me-Not Antiques 248 Bridge Street, Princeton (250) 295-7275



Looking down on a couple of Grace Kukler's hand-made buildings in the window of SMI Computers on Bridge Street.



Similkameen News Leader



Vinterfest 2004

PRESENTED BY THE CHAMBER OF COMMERCE AND PARTICIPATED PRINCETON BUSINESSES







left, Barb, Kelsey, Kim and Alicia. Seated in front, Dianne.

Leftovers Studio celebrates first anniversary!

Within a year we have seen a lot of changes evolving the Studio into what it is today!

It has been a lot of fun meeting such talented people within our small town. Artists are coming out of the shadows and showing us their incredible work. It is a great opportunity to be able to showcase our local artists in all mediums. We hope to attract more!

The back of our Studio is constantly being used for all kinds of activities, kid's crafts, birthday parties, painting, beading, sewing, mosaics, you name it. Come on in and see what we are up to.

We now have drop-in Folk Art painting on Tuesday mornings with our instructor Kim Johnston, to help you with whatever project you may be working on. If you have a 'secret' project that is a gift, come on in and work on it, you can leave it in the Studio until you are finished.

During the week we also have

evening Folk Art painting classes with Kim, Kelsey Keglovic and Barb Dotten. Some of our classes are introductory to Folk Art, allowing you to give it a try without investing a lot of money and time.

Alicia Hargrave has introduced us to the world of beading and is available for classes. She has a great selection of her work on sale at the Studio. We are getting a good selection of beads, findings, craft wire, fimo clay, hemp, bead books and more to help you create whatever your heart desires.

Every month the Studio puts out a calendar setting our class times and variety of classes, which are free for you to come and pick up. To celebrate Winterfest 2004, we

have invited some of our local clubs and artists to the Studio on the evening of December 3, between 6 and 9 PM. We will also have in-store sales and a draw. Come on in and see the displays and get some great gift ideas.



Keith Olsen has decorated his business, Kevin Acres, with inflatables including snowmen and a Christmas Tree. The Mayor of Princeton invites you to drop into his store on Vermilion Avenue.

Candy House Contest details

Santa's Saving

Stocking Stuffers

Christmas Games & Toys

NOW AVAILABLE

259 Bridge Street, Princeton (250) 295-6848

ladioShack

Did you know there is a Candy House Contest as part of Winterfest this year?

Contest entries are to be completed and delivered to Town Hall for judging purposes by 4:00 PM on Friday, December 3rd.

New Beginnings clients have already made entries for this contest including Nicole Dorvault, Jessica McIvor, Mary Sol, Dana Slatten, Brian Liberatore, Pat Reid, Diane Driscole and Bonnie Hill.

Some of these candy houses will be displayed in downtown businesses this week.

Then all Candy Houses will be on public display at Town Hall Saturday, December 4th from 12:00 PM. Residents will be able to cast their vote at that time for the "People's Choice Award."

For more information on how to enter this contest contact Dianne at 295-3173 (Leftovers Studio) or Cyndy at 295-3157.

WINTERFEST 2004 SCHEDULE

Friday, December 3 5:30 PM Ice Candles, Cenotaph 6:00 PM Parade of Carollers 6:30 PM Light-Up, Cenotaph 7:00 PM Ice Candle Judging 7:30 PM

Skating, Arena 8:00 PM **Childrens Prize Draw**

Saturday, December 4 9:00 AM Silent Auction, Cultural Cent. 9:00 AM Day Camp, 4Square Church 12:00 PM Candy Houses, Town Hall Line Dancers, Downtown Ice Sculptures, Cenotaph 12:30 PM Parade 1:00 PM Santa, Legion 3:00 PM Shopping Draw, Cenotaph

nterfest Christmas Gift Silent Auction 9:00 AM - 3:30 PM Saturday, December 4th Princeton Cultural Centre BIDDING CLOSES AT 3:00 PM WITH ITEMS BEING AWARDED TO THE HIGHEST BIDDERS AT 3:30 PM







Winterfest 2004

PRESENTED BY THE CHAMBER OF COMMERCE AND PARTICIPATED PRINCETON BUSINESSES





Students at John Allison Elementary School created these baskets. They are being raffled off as a fundraiser for the school. Photo: Brenda Engel

Winterfest schedule full of fun for all!

Princeton's Downtown Christmas Celebration - Winterfest, as it is being called this year - promises to provide entertainment for all ages.

The official first event of the weekend is the 'Parade of Carollers' which will take place at 6:00 PM on Friday, December 3rd.

The Princeton & District Chamber of Commerce has hopes that two groups of carollers will form, one at the wooden bridge at the end of Bridge Street, and another on Vermilion Avenue in front of Kevin Acres.

The sets of carollers will start singing and walking towards the centre of town. Radio communications will keep the groups in pace to meet at Cenotaph Park at about 6:30 PM.

Businesses located down the two main streets are being encouraged to decorate their store fronts and turn their lights on as the carollers pass by.

Timing will be crucial as the carollers could be singing the same song as is being played by the Princeton Community Band as they arrive in Cenotaph Park. Mayor Keith Olsen, along with

other important dignitaries, will speak briefly welcoming all to Winterfest. Following their greetings will be the Official Light-Up of the Town Christmas Tree.

Downtown businesses will be providing late night shopping opportunities by staying open until 9:00 PM.

Local businesses will also be providing in-store prize draws as an incentive for downtown shoppers.

Children will also have much to do as part of the Friday night portion of Winterfest.

Their Ice Candle creations, which should be at Cenotaph Park between 5:30 and 6:00 PM for display, will be judged at 7:00 PM.

Princeton Arena will be providing free skating from 7:30 PM.

The Children's Prize Draw Winner will be announced at 8:00 PM and the winner must be present at the time of the draw to claim their prize.

On Saturday, December 4th, Winterfest activities will run from 9:00 AM to 5:00 PM with downtown merchants providing shopping specials.

From 9:00 AM to 12 Noon, Living Water FourSquare Church will be hosting a Childrens Day Camp.

Parents are invited to drop their children off at the church, on Kenley Avenue, so they can complete their Christmas Shopping downtown. For a small fee, their children will be entertained and will create a

small Christmas Gift. At 12 Noon, the Candy Houses created by local bakers - will be on

display in Town Hall. Line Dancers will also perform downtown and Ice Sculpture entries will be displayed at Cenotaph Park.

......continued on Page 8



Winterizing Special - \$44.88 INCLUDES: LUBE, OIL & FILTER PLUS CHECKS OF ALL FLUIDS, HOSES, BELTS, LIGHTS, WIPERS, BRAKES, FRONT END, ANTI-FREEZE, EXHAUST AND TIRE PRESSURES.

297 Bridge Street, Princeton (250) 295-6924

Come See Where Santa Does His Shopping! WINTERFEST SPECIALS ON NEW CLOTHING! 25% OF INTRODUCING **OPEN LATE** MWG Western Shirts, Jackets MWG Clothing and Vests TI 9:00 PM Friday December 3 8.4 AND OTHER IN-STORE SPECIALS! IN ACP **Kevin** Acres Farm, Garden & Pet Supply 233 Vermilion Avenue, Princeton (250) 295-0255

Winterfest Christmas Gift Silent Auction DENEFITING PRINCETON CRISIS ASSISTANCE SOCIETY AND LIVING WATER FOURSQUARE CHURCH 9:00 AM - 3:30 PM Saturday, December 4th Princeton Cultural Centre BIDDING CLOSES AT 3:00 PM WITH ITEMS BEING AWARDED TO THE HIGHEST BIDDERS AT 3:30 PM

Similkameen News Leader



Winterfest 2004

PRESENTED BY THE CHAMBER OF COMMERCE AND PARTICIPATED PRINCETON BUSINESSES



Winterfest 2004 CLIP N SAVE SCHEDULE Brought To You By:

> SIMILKAMEEN NEWS LEADER COVER2COVER BOOKKEEPING

<u>FRIDAY, DECEMBER 3</u>

5:30 - 6:00 PM Ice Candles Entries, Cenotaph 6:00 - 9:00 PM Downtown Shopping Specials 6:00 - 6:30 PM Parade of Carollers (Down Bridge & Vermilion to to meet at Cenotaph with Princeton Community Band)

6:30 - 6:45 PM Light-Up, Greetings from VIPs

7:00 PM Ice Candle Judging

7:30 PM Skating at Arena

8:00 PM Childrens Prize Draw, Cenotaph (Winner must be present)

FOR MORE INFORMATION CONTACT THE CHAMBER OF COMMERCE 295-3103

SATURDAY, DECEMBER 4

9:00 AM - 5:00 PM Downtown Shopping

9:00 AM - 3:00 PM Silent Auction, Cultural Centre (Proceeds benefit Crisis Assistance Society & Living Water Foursquare Church) 9:00 AM - 12:00 PM Childrens Day Camp, Living Water FourSquare Church

12:00 PM Candy Houses, Town Hall Line Dancers, Downtown Ice Sculpture Entries, Cenotaph

12:30 PM Winterfest Parade (Entry Information at Kevin Acres)

1:00 - 3:00 PM Santa at Legion Hall 3:00 PM Shopping Draw, Cenotaph

(Winner must be present) 3:30 PM Silent Auction Winners announced

Winterfest - a celebration for everyone!

town merchants, Princeton Arts

Council, Princeton Line Dancers,

Princeton Community Band,

.....continued from Page 7 A Silent Auction, hosted by Living Water FourSquare Church, will take place in Princeton's Cultural Centre between 9:00 AM and 3:00 PM.

A number of local businesses generously donated items for this event with all proceeds collected being split between Princeton Crisis Assistance Society and Living Water Church.

There will be hot chocolate and cookies available for all bidders with bidding to close at 3:00 PM.

All winning bidders will be announced at 3:30 PM and must be present to claim their prizes.

The Winterfest Parade will take place at 12:30 PM. For entry information, visit Kevin Acres.

Children will be able to visit with Santa Claus this year during the afternoon from 1:00 to 3:00 PM in the Legion Hall. Be sure to have your list ready!

Hot chocolate and popcorn will be provided for parents and children waiting for their turn with Santa.

The final Winterfest activity will be the Shopping Draw, which will take place at 3:00 PM in Cenotaph Park.

To claim their prize, the winner must be present.

This year's Winterfest is being organized by a small group of volunteers including members of the Princeton & District Chamber of Commerce, members of Princeton Town Council, a handful of down-

Everybody loves a parade, even at Winterfest!

The importance of a parade during Winterfest is so great, a committee was formed to handle all the organizing and logistics.

The purpose of the parade is to

welcome Santa Claus to Princeton and give him an opportunity to meet with all the good little boys and girls in the Princeton area.

"In order to make this, the First Annual Princeton Winterfest, a resounding success we are personally inviting all businesses, organizations and citizens to participate in this fun event on December 3rd and 4th," says the Committee.

The parade is open to all entries with a Christmas or Winterfest theme.

"Let your imagination go wild and enter it in the parade. We need floats, groups of carollers, music, sleds, costumes and anything that you can imagine of a Winter nature."

Entry fees will consist of a donation to the Princeton Christmas Hamper Fund and can be in the form of a non-perishable food item, an unwrapped gift for a child or Princeton Legion, Living Water FourSquare Church and other community minded groups.



Dairy Queen Management and Staff invite you to give this year by participating in the annual "Angels Anonymous" program. In photo above, John Bouvette and David Parolin join DQ owners Lorraine and John Babiak around their Christmas tree.

cash.

Donations will be collected at the parade marshalling area and will be displayed as part of a parade entry.

There are Prizes to be awarded in a variety of entry classes and a "Best In Parade" trophy will also be presented.

"This is our chance to put Princeton on the map and start a tradition that we can grow on each year," according to the Committee.

"Imagine the pride of seeing a televised report on the Princeton Winterfest on the television evening news!"

Entry forms have been distributed to local businesses, but more information is available by contacting Mayor Keith Olsen at 295-0255 or 295-0277.

Marshalling time for the parade is 12:00 Noon on December 4th near the former Health Unit building on Lime Street.



Santa arrives 1:00 PM Saturday, December 4th

8

news leader health page

Flu Shots now available for all eligible clients

If you were in one of the healthier groups that were asked to hold off on getting your flu shot, you can now get back in line. This years flu shot has been more popular than ever.

So popular, that given the increase, public health officials across Canada wanted to ensure that high-risk patients receive their shots first.

Effective Monday, November .22nd, all high risk clients and healthy contacts of high risk clients are again eligible for free influenza vaccines.

"Health authorities across Canada and the provinces have been able to assess the supply and demand and ensure an adequate supply for all eligible groups", reports Medical Health Officer Dr. Marian Hutcheon.

"This means we can continue to immunize all of our high risk clients, and their healthier contacts effective immediately."

Those eligible for the free flu shot include people at highest risk including infants, people with chronic illnesses and long-term care residents, people capable of transmitting influenza to high-risk individuals such as health care workers and household contacts, and people who provide essential community services, such as police, fire fighters and ambulance attendants.

Those who do not qualify for the free flu shot may wish to purchase one through pharmacies and private clinics that may offer vaccines for sale.

Interior Health will to continue to defer the sales of pay vaccines at Interior Health Travels clinics.

Flu shots for those eligible are available at Interior Health Flu

clinics or by appointment. For schedules, visit our web site at www.interiorhealth.ca or contact your local Public Health office. Information on the flu is also available by calling the British Columbia Nurse Line toll-free at 1-866 215-4700.

Stopping the Violence

Just a little update!

I wish to announce to you and your colleagues that I have taken the position of counselor for the Stop The Violence Program, the office of which is located in the basement counselling suite at the Princeton General Hospital. I am replacing Patricia Kristie who held this position effectively for nine years but has now retired from the Princeton office.

I welcome all referrals from community resources pertaining to women experiencing difficulties of current or childhood abuse and/or acts of violence.

In the past ten years, I have been taking extensive and specialized training in Emotional Freedom Techniques, originated by Gary Craig of Southern California. This therapeutic treatment involves tapping on specific acupuncture points in a particular sequence which has the effect of neutralizing the emotional intensity relating to the trauma(s). The ultimate result for the client is a new feeling of "release" from the heavy burden of the emotions attached to past offences, traumas, and/or abuse scenarios. E.F.T.has been practiced since the mid-1980's and has a proven high percentage of success, and is now being researched at a scientific level which further validates its impressive and consistent levels of client satisfaction.

For sure, I look forward to your co-operation in assisting women's need for support and treatment in overcoming the serious problems relating to abuse and violence.

Susan Patry Office hours: Tuesday each week



www.thenewsleader.ca



Tips on keeping motivated

Need a little "pick-me-up" to keep yourself motivated towards participating in daily physical activity? Some of the following tips take just seconds to do, while others might require you to make minor adjustments to what you are already doing. They can help make it a little easier to keep your motivation at an all-time high. Use a few or use them all!

- Schedule your day to include some physical activity. Set aside the time and guard it religiously. Let your friends and co-workers know when that special time is.

- Try to be physically active at roughly the same time each day. Your body will respond favourably

living past 100 Help children live longer

Are your children going to live past 100?

Every parent wishes their children a long life filled with happiness, yet few parents really take the time to look at their children and ask, "Is this child going to live past 100?

If we Canadians look at our pioneers, then look at our children, we will note some big differences between them and us. In pioneer days, most children died from infectious diseases ranging from pneumonia to whooping cough and scarlet fever. Most adults died from accidental injuries or, in the case of women, too many children one after another.

At the same time, those who survived the rigours of pioneer life, and the children of pioneers, appear to live longer, healthier lives than what we can expect for many Canadian children now. The difference is physical work. Canada's early rural people, fed on beef, pork and chicken, with eggs for breakfast nearly every day, seem to be living long lives compared with city dwellers. They tend to be more fit, although a high number of them smoke, and consume alcohol on a regular basis.

The key difference is physical activity. They grew up physically active, helping do the work at home. They tended to stay active and many continued a rural lifestyle.

Today, most Canadian children are unhealthy. They do little physical work and most do not get enough exercise. They eat too much junk food and spend too much time in front of television or computer screens. They will not live past 100. to habit.

- Take a look at how you exercise. Over time, you can stray from good technique and forget the right way to do things. Have a friend analyze you as you exercise and then work at correcting the bad habits that may have set in.

- If you're in a rut try something different! This can keep things fresh and your attitude about physical activity will remain positive.

- Keep a progress chart of your activities. Reminding yourself of what you've done is great motivation to keep at it. It also helps you establish a pattern.

Do activities with friends and try to match their total participation time. Don't measure who is stronger or faster, but establish a friendly rivalry over commitment.
If you're intimidated about joining in a group activity, go watch a class first, and even meet with the instructor.

- Plan social gatherings around physical activity. Catch up on your friend's news while rollerblading, playing tennis, or hiking.

- Rest your muscles! The optimum rest period for one muscle group is approximately 48 hours. Try not to use the same muscles two days in a row.

- Set realistic goals. Pencil in three to five times per week rather that an absolute five times per week. Having a fixed goal can discourage you if you miss it.

- Playing music that keeps pace with your body can be very helpful. You can think of other things rather than only the activity you are undertaking.

- If your day is so hectic that you can't get in your standard block ofcontinued Next Page



Ihank You!

Dandy & I would like to thank all of those who offered words of encouragement and support throughout this year's rodeo season. Thanks to Jaymie Atkinson fir being so thoughtful. Lynda Hodgson for going around town to have the BC Flag signed and everyone who signed it. It was an unexpected surprise and made the Calgary Stampede that much more memorable. Dean Johnson thank you for supplying Dandy with bedding pellets for our horse trailer. I know having your product in the trailer makes his travel more comfortable! Gramma & Pappa, Cramma & Bumpy, Mom & Dad, Belaire Restaurant, Dean Stinson, Belaire "Coffee Crew," Cool Creek Agencies, West of the Rockies Rodeo Finals, Douglas Lake Ranch, 4 Horses Formulas, Mike Turner of Dearborne Ford and Advanced Bedding Management: Thank you for your generous donation for prizes presented at the Canadian Rodeo Finals for the Barrel Racers.

Renee & Dandy



Princeton Volunteer Fire Department responded to a garbage fire at lunchtime on Saturday. The fire was on a lot on Tulameen Road near the wooden bridge and was visible downtown.

Helpful tips for staying motivated...... continued from Page 9

activity time, try splitting it into smaller and more frequent portions of time. You will still receive many benefits.

- Don't lie down when you can sit; don't sit when you can stand; don't stand when you can walk.

Little, normal day to day activities you take for granted can actually provide you with a day chock-full of physical activity!

- Take occasional stretch breaks to

relieve muscle tightness and portive of your efforts and forgiving recharge your batteries.

- When you are out for a walk, put the wind in your favour.

Try to start out by having the wind at your back, when you're not as warmed up. Return facing the wind when you're feeling stronger and more flexible.

of your errors. Never criticize yourself for failing to meet all your physical activity goals.

Jill Rhynard,

Coordinator of Health Promotion Interior Health, Okanagan Health Service Area

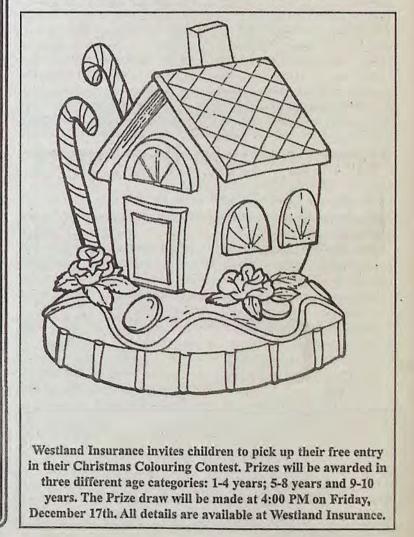
- Be your own best friend. Be sup-**Church offers 12-step program**

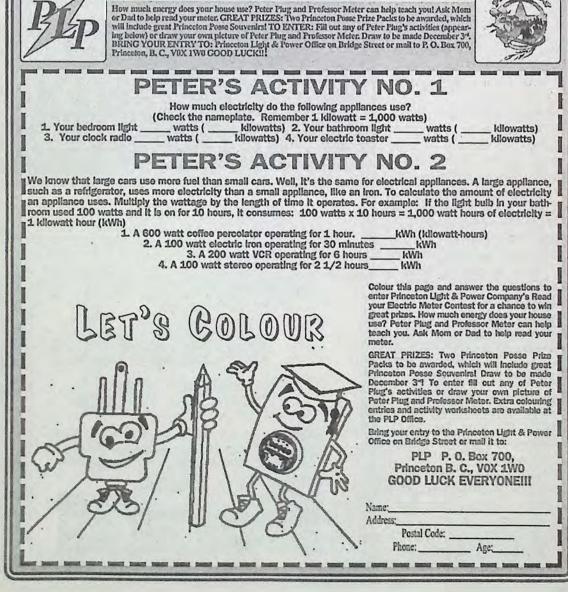
January 5th Higher Ground 12 Step Ministries - an outreach of Living Water Foursquare Church 7-9PM. Higher Ground is a Christ centered 12 Step Course that takes place over a 26 week period.

Anyone wishing to work through root issues in their lives are encouraged to participate. This ministry

will be life changing for those who see it through to the end. Patrick and Cyndy Malyea will be the facilitators.

Group remains open for 5 weeks then closes for remainder of course. Please contact Living Water Foursquare Church for further details at 295-7733.



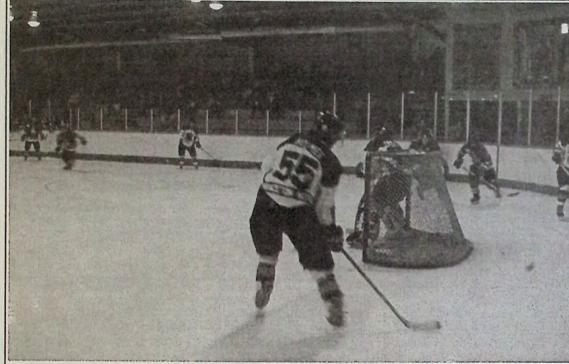


Hey Kids! Meet Your Meter...

And Win Great Princeton Posse Prizes!

weekly entertainment guide

TUESDAY, NOVEMBER 30, 2004 THROUGH MONDAY, DECEMBER 6, 2004



Princeton's J. J. Holmes (#55) receives a pass from behind the net in Wednesday nights game.

Posse returns to coachless status

Princeton Posse is once again a team without a coach.

After only three games, new coach Sue MacDonald was let go Wednesday morning.

Team General Manager Blair Noel told the News Leader, "We gave her a try out and things just didn't pan out. So we are not going to sign her to a contract."

MacDonald did attend Wednesday night's game against Osoyoos Storm and spent the length of the game in the stands taking notes on the action.

Noel says the team will stay as is for the remaining games in the schedule. "We're probably going to let (Assistant Coaches) Peter (McDonald) and Kevin (Robillard) finish out the season."

As for the choices of coaches at this time of year, Noel told the News Leader, "The people available mid-season are available midseason for a reason."

As for details on Wednesday nights game, Osoyoos was all over Princeton from the opening face off scoring their first goal at 2:23.

Princeton replied at 5:58 with a goal by David Wyman, with assists from Kevin Flather and Nick Stermer.

The Storm added two more at Princeton 33.

10:49 and 18:14 to finish the first period leading 3-1.

Second period action saw only one goal scored - by Osoyoos - at 14:47. Brad Fraser was excellent in goal for Princeton having stopped two of three rebound shots before the Osoyoos goal.

The final period saw Osoyoos score two more times, at 7:27 and 11:50.

A total of three fights broke out in the last 11-minutes of play and a number of game misconducts were issued.

Final score: Osoyoos 6, Princeton 1. Shots on goal: Osoyoos 59, Princeton 33.

Posse sign new coach a few days later

What a difference a few days can make!

After Princeton Posse General Manager Blair Noel stated on Wednesday night that the team would likely play out the season under the direction of their Assistant Coaches, the team made an announcement at Saturday night's game that they had signed Dale Hladun of Comox to the Head Coaches position.

As for Saturday night's game against Castlegar, the Posse played one of their better games, but

The new coach will be in town for

couldn't back it up with goals. The first period was a fast, scoreless 20-minutes of hockey.

The Rebels scored their first goal at 3:22 and added a second marker

at 3:55.

Monday's practice.

Princeton's Nick Stermer demonstrated an amazing amount of self control at 9:25 when he chose to skate away from a Castlegar player who had dropped his gloves in anticipation of a scrap.

The crowd applauded Stermer's classy move.

After two periods the Rebels led 2-0.

In the third period Castlegar scored goals #3 and #4 at 4:58 and 10:02.

Princeton's Kevin Flather put one in the net at 18:22, but that was all the team could score.

The Posse played a great game and their fans enjoyed it.

Final score was 4-1 for Castlegar.

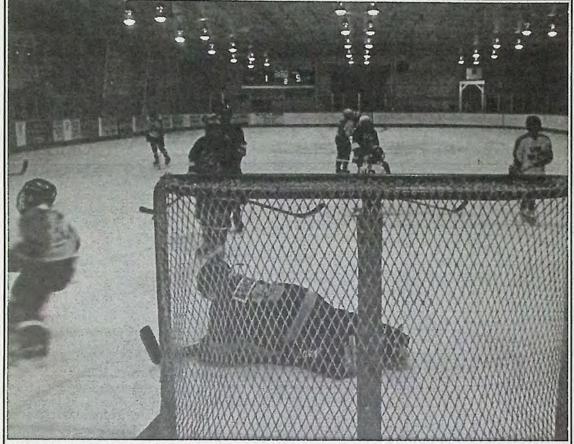




4 1/2 Years Old - Can Skate B

Skater of the Week is brought to you by

Similkameen News Leader



Princeton's Lynch Bus Lines Atom Flyers nearly score a goal against Kamloops during the Atoms tournament over the weekend. The host team won all their games during the tournament and tied one (against Langley) in the event that included a total of six teams. Photo: Brenda Engel.

turnout for curling clinic jreat

Over thirty percent of Princeton Curling Club members, and some brand new curlers, turned out at the weekend of November 20th & 21st for the opportunity to work on improving their curling skills.

Curlers were fortunate to have the opportunity of attending the curling clinic free of charge, with the program being funded at the Regional level. The coach was Jock Tyre, manager of the Kelowna Curling Club and coach for the Jay Peachey team (2004 Men's Provincial Champions).

The Saturday session, running from 11:00 am to 5:00 pm, was attended by 16 intermediate curlers and curlers with some previous experience.

Tyre provided valuable informa-

tion throughout the day, even whilst everyone enjoyed their soup! (which Shauna had prepared-thanks) as well as plenty of on-ice practice.

Tyre stressed the importance of a good delivery and focused on each of the 4 elements: BALANCE, TIMING, LINE OF DELIVERY & RELEASE.

The day concluded with each participant's curling delivery being videotaped and reviewed two-gripper sweeping was recommended, though style could be individualized, with optimum brushing power coming from a combination of downward pressure on the broom and speed of movement of the broom across the path of the rock.

Twenty, mainly new and beginning curlers, turned out for the Sunday session from 9:00 am to noon.

Tyre was assisted by Shauna and Rosemary in providing some very basic skills and drills. The use of an extension to deliver the rock has enabled people to continue curling, or start curling, even though their bodies will not allow them to bend down in the hack for a normal delivery position.

Curling provides a wonderful opportunity for people of all ages and abilities to mix and socialize.

Princeton Curling Club is also available for rent for private functions. Contact Shauna at 295-0112 or Rosemary at 295-3706. - submitted

tuesday movies

MORNING

- 10:00 am CITY 29 **%"Good Burger" (1997, Comedy) Kel Mitchell. Two friends cook up a scheme to save their local ham-burger joint when a fast-food chain threatens to gobble it up.
- 11:00 am A&E (9) ***"Iris" (2001, Drama) Judi Dench. Flashbacks reveal the fascinating life of Iris Murdoch as the British author battles the ravages of Alzheimer's disease.

AFTERNOON

:00 pm WGN 38 ★★★½"Arthur" (1981, Comedy) Dudley Moore. A drunken young millionaire faces disinheritance if he doesn't break 5:00 off his relationship with a poor waitress.

EVENING

6:00 pm CITY 29 *** Blood

Work" (2002, Mystery) Clint Eastwood. Premiere. A federal agent comes out of retirement to solve the murder of the woman whose transplanted heart beats in his chest. 9:00 pm FAM 26 ***"The

Similkameen

News Leader

- 1:00 pm FAM [26] ***The Thomas Crown Affair" (1999, Adventure) Pierce Brosnan. An insurance investigator finds herself falling in love with the suave
- tycoon she suspects master-minded an art theit. 10:06 pm CiTY 29 ★★%"Blood Work" (2002, Mystery) Clint Eastwood. A federal agent comes out of retirement to solve the murder of the woman whose transplanted heart beats in his chest. 📧
- to:15 pm WTBS 3 * * "Captain Ron" (1992, Comedy) Kurt Russell. A Chicago businessman unwittingly hires a boozing lecher to pilot his boat across the Caribbean

across the Caribbean. [6]

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wednesday movies

MORNING

- 10:00 am CITY 29 **%"A Mother's Prayer" (1995, Drama) Linda Hamilton, A woman with AIDS finds
- Hamilton. A woman with AIDS tinds hope and encouragement while trying to locate a family willing to adopt her son after she dies. (E)
 11:00 am A&E (9) * * * "The Lords of Discipline" (1983, Drama) David Keith. A military cadet is determined to expose the group responsible for the brutal hazing of cadets deemed undesirable. (E)

AFTERNOON

EVENING

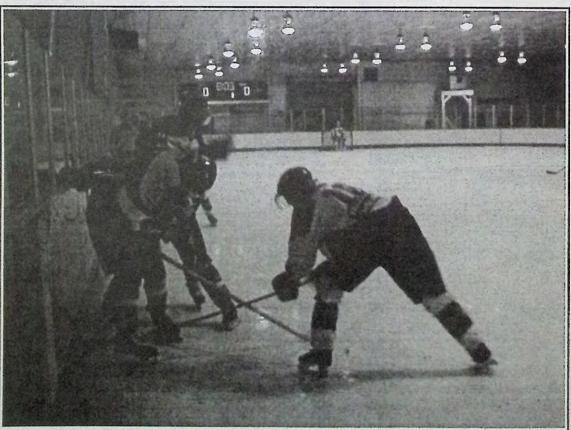
5:00 pm WGN 38 ** ** To Sleep With Anger" (1990, Drama) Danny Glover. A Los Angeles family is brought to a dangerous crossroads by an unexpected meddler from the past. (In Stereo)

6:00 pm CITY 29 ** *"Mission: Impossible 2" (2000, Action) Tom Cruise. Ethan Hunt and a sultry thief join forces to retrieve a deadly virus

- Join forces to retrieve a deadly virus from a renegade agent. Directed by John Woo. [12] (DVS) 9:00 pm FAM [26] * * %"Ernest Saves Christmas" (1988, Comedy) Jim Varney. While searching for a successor, Santa Claus and a cab driver help a cynical teen discover the meaning of Christmas. 9:15 pm WTBS [3]
- the meaning of Christmas. 9:15 pm WTBS ③ ★★½"Heartbreakers" (2001, Comedy) Sigourney Weaver. A con woman's daughter jeopardizes their latest scam when she falls in love with her mark. 10:06 pm CITY ② ★★★"Mission: Impossible 2" (2000, Action) Tom Cruise. Ethan Hunt and a sultry thief ioin forces to retrieve a deadly virus
- Join forces to retrieve a deadly virus from a renegade agent. Directed by John Woo. (E) (DVS)

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Two Posse players fight for the puck with two Castlegar players during Saturday night's game.

TUESDAY, NOVEMBER 30, 2004

		WTBS 3	CHBC 4	KNOW 5	KSPS	KHQ (Z)	KREM	A&E 9	KXLY	BCTV	CITV 12	YTV 18	TSN (19)	VTV 22	DISC 24	FOX 41	FAM (28)	KTLA 27	CITY	WGN 68
6	:30	Movie: "Captain Ron"	News Body	(Off Air)	Body Elec. Dragon	News (E)	News	Movie: "Iris" (2001)	(5:00) News	News (82)	(5:00) News	Monsters Hamtaro	SportsCen tre III	News 🖃 Ganada	Daily Planet (15)	GRC Paid Prog.	Something Dalgunder	and the second sec	Maury (E)	Hillbillies Hillbillies
1	:30	Dawson's Creek (III)	Life Today 100 Huntley	Dora	Clifford Arthur (EI)	Today Jimmy Buffett;	The Early Show III	Murder, She Wrote	Good Morning America			Woody Rugrats	SportsCen tre @	AM @	Births, Death	Sabrina Charles	Rangers Rangers	News to	CityLine 00	Matlock G
8	:30	Dawson's Creek @	Street (c) Poko (c)	(8:05) Hi-5 Timothy	Barney Boohbah	Mary Higgins Clark;		Third Watch @	E -		100 Huntley Street (III)	SpongeBob Mona	SportsCen tre @		Monster Garage III		Hoze Henrys		Fashlon Spin City	In the Heat of the Night
9	:30	Saved-Bell Home Imp.	Nanalan'	Bear		Carol Higgins Clark, 163	Discover Discover	City Confidenti al (63)	Regis and Kelly	100 Huntley Street (m)	World Vision		Off-Record SportsPag	Regis and Kelly	Dally Planet @	Good Day Live (N) 💷	Pooh JoJo	Maury (@	News [1] City	Magnum, P.I. @
10	:30	Home Imp. Yes, Dear	Is Right @	1	Lions	Show	The Price is Right @		The View (N) (E)	World Vision @	Antique MoneyWs	Rupert Monsters	TSN 20th	The View (N) @	Monster House BE	Cidea	Stanley Art Attack	Jerry Springer (N) (6)	Movie: "Good Burger"	News 00
11	:30	Yes, Dear Yes, Dear	Judy Coronatn	g the World	Sit-Be Fit	Frasler M*A*S*H	Young and the Restless	Movie: "iris" (2001,	News (III) Pald Prog.	The Insider MoneyWs	News (Live) @	Hamtaro Fly Rhino	Anniversar y Special	Balance-TV Balance-TV	Mildife		King 📾 Jason	Jerry Springer	(1997) Kel Mitchell.	Rockford Files
12	:30	Drew Drew		Imprint	Rose @	Shop Shop	News Bold & B.	Drama) Judi Dench. 📧	All My Children	News (12)	Days of our Lives	Neutron Jacob		Daily Bold & B.	Egypt Egypt	Manan	Hercules Goof Troop	Maury (8)	CityLine @	Magnum, P.I. 00
1	:30	Drew Drew	Days of our Lives	Planet	QuiltIng		As the World Turns	Murder, She Wrote	One Life to Live III	As the World Turns	As the World Turns	A CONTRACTOR OF		Vicki G. Vicki G.	Monster Garage	Contraction of the second	Mermald Aladdin	Jerry Springer	Relic Hunter 🖾	Funnlest Home Videos
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3	:30	Seinfeld Seinfeld	Emmerdale Caitlin		Postcards Arthur (EI)	Brown Brown	Dr. Phil	City Confidenti al (6)	Pauley	the	Young and the Restless	A CONTRACTOR OF	Off-Record Sports	Dr. Phil	Military Clash	Starting Over (N)	Fillmore Weekend	MegaMan Pokémon	News (E)	Home Imp. Will-Grace
	_	Raymond Raymond	Simpsons Malcolm		Cyberchas Zoom (EI)	Judy Judy	Oprah Winfrey 📾	American Justice		Oprah	News [Tn-Titans	NHL Canada Cup	Frasler Friends	Dally Planet (N)	Little	Recess Barbarian	Yu-Gl-Oh! Yu-Gl-Oh!	Sex & City Friends	Will-Grace Home Imp.
	РМ :30	Real Gilligan	News 📼	Paddington	BBC World Business	News (E) NBC News	News CBS News	Biography "Joel Rifkin"	A CARDON AND AND	News 🖾 Global		Odupatent	Classic: 1981 Round-	News 🕮	How-Made How-Made	Malcolm King of Hill	Proud Lizzie	Sabrina Fresh Pr.	Smallville ©	Movie: "Arthur" (1981,
6	:30	Gilligan	Will-Grace '70s Show	Planet Wine	News- Lehrer	News (2) Raymond	News Hollywood		News 🖾	News 📼	Train 48 Entertain	SpongeBob Neutron	Robin – Canada vs. USSR.	News 🕮	American Chopper (N)	Simpsons '70s Show	So Raven Even	Raymond Will-Grace	"Blood	Comedy) Dudley Moore,
7	:30		Contraction of the second second	Rivers	(DVS)	Jeopardyl Fortune	Seinfeld Friends	Dog Dog	INCOMPOSED OF	Entertain Train 48	. /***	Mystery Yu-Gi-Oh!		eTalk Daily Hollywood	Ult Cars		Brotherly Radio Free	Friends Raymond	(2002) Clint	WGN News at Nine
8	:30	Gilligan	Cut (N) @	Christophe r Plummer	King George	Christmas- Rock		Crossing Jordan @		Billionaire: Best	Billionaire: Best	Dragon Inuyasha		Corner Gas Degrassi	Daily Planet @	F1	Boy World Radio Free	Gilmore Girls (N)	œ	Becker Becker
9	:30	Gilligan	Da Vinci's Inquest (N)	Imprint	"Diet Wars"	The Biggest Loser (N)	The Amazing	Biography "Joel Rifkin"	Rodney (N)	œ		Edan That?		The Amazing Race 6	American Chopper		Movie: "The Thomas	One Tree	Jimmy Kimmel Live (N)	Home Delivery (N)
10	30	Movie: "Captain Ron"	(cc)	Canada-	Independe nt Lens (N)	Law &	Judging	Cold Case Files @	NYPD Blue (N) (ED)	Judging Amy (N)	Section 2 1	Radio	Fights.	Law &	Ult Cars Ult Cars	News	Crown Affair" (1999)	News 💷	Movie:	Justice Street
		(1992) Kurt Russell.	News III Sports Pg.	Reach Top Dotto Tech	Testilion Tol	News 🕮 Tonight	Part and	Dog Dog	News 🖾 Nightline	News 📼	F	Ready-Not My Family	SportsCen	News (C) News (C)		Becker	(11:09) My So-Called	Friends Will-Grace	(2002) Clint Eastwood.	Street Elimidate

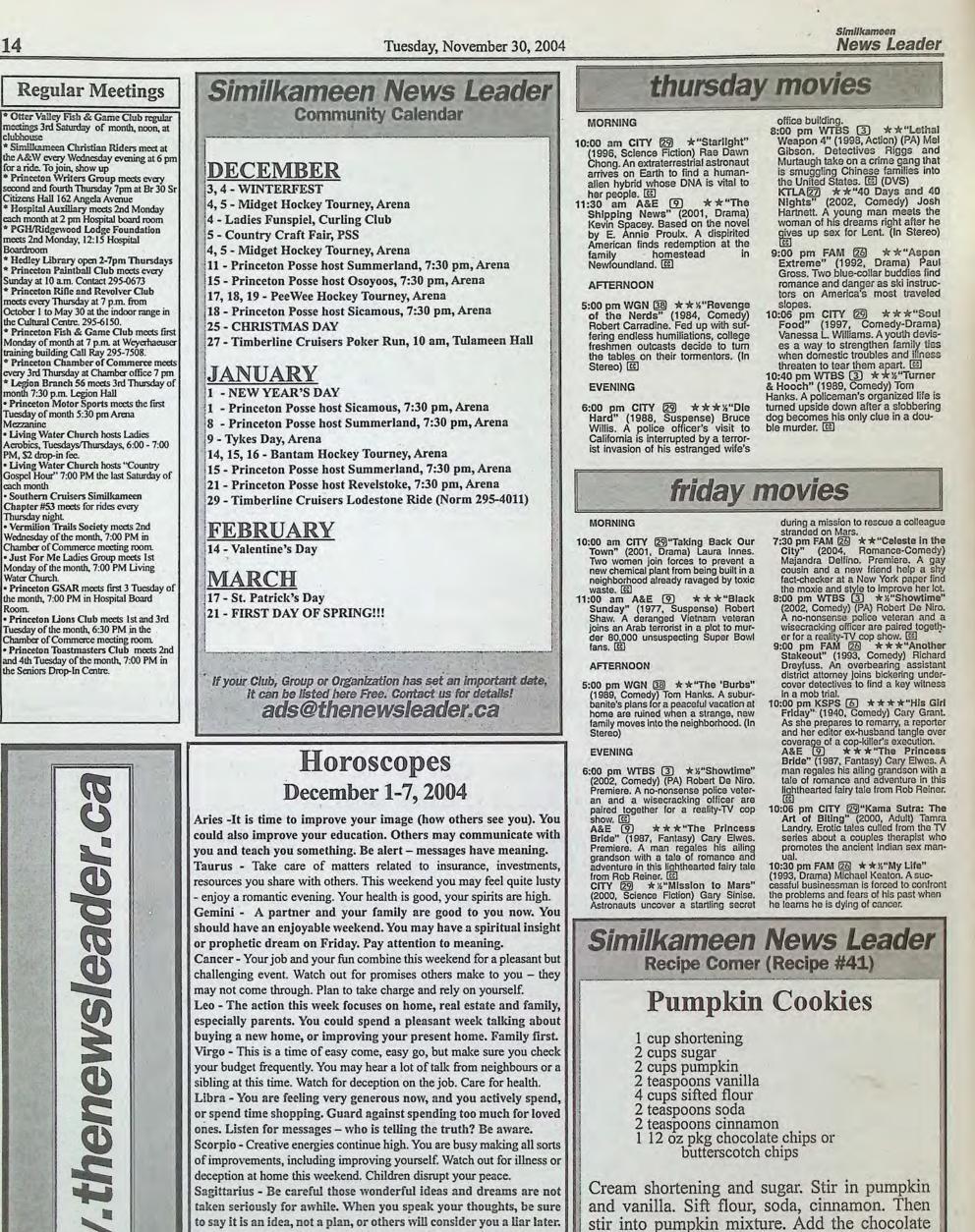
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WEDNESDAY, DECEMBER 1, 2004

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6	AM :30	"Stop! Or Mom"	News Body	(Off Air)	Body Elec. Dragon	News 📧	News	"Lords- Discipine"	(5:00) News		(5:00) News		SportsCen tre @		Daily Planet @		Something Daigunder		Maury @	Hillbillies
7		Dawson's Creek @	and the second second	BluesClues Dora	Contract and and		The Early Show @	Murder, She Wrote				Woody Rugrats	SportsCen tre @	AM @	Awesome Opossum	Sabrina Charles	Rangers Rangers	News (EC)	CityLine	Matlock @
Q	AM :30	Dawson's Creek (12)	Linaline	(8:05) Hi-5 Timothy		Heldi Klum; Today's		(III) Third Watch (IIII)	America ©	. 1	100 Huntley	-	SportsCen tre @		American Chopper	Paid Prog.	Hoze		INSIDE	In the Heat of the
0	AM	Saved-Bell Saved-Bell	Save-Ums!	Little Bear	Sesame Street (EI)	Holiday Kitchen.	Discover	City Confidenti		100 Huntley	Street (c) World Vision (c)	Care Bears	Off-Record	Regis and Kelly	CCC Daily Planet CCC	GRC Good Day Live (N) (C)	Henrys Pooh	Maury @	Spin City News III	Night Magnum, P.I. 00
10	AM	Cosby	Contraction of the	Bear Elliot Moose	Reading	Ellen DeGeneres	Discover The Price Is Right (@)	al (a) American Justice	The View (N) @	Street (c) World Vision (c)	Diva Dime	10000	Fishing Billiards	The View (N) ©	How-Made	The Larry Elder	JoJo Stanley	Jerry Springer	City Movie: "A Mother's	News (33)
11	AM	Harvey	Judy	Fighting Their	Yoga	Show_ Frasler	Young and the		News 📧	The Insider	MoneyWs News (Live) (77)	Monsters Hamtaro	Strongman	Balance-TV	How-Made Wildernes	Show Montel Williams	Art Attack King 🖽	(N) (III) Jerry	Prayer" (1995,	Rockford Files
		Home Imp. Drew	Coronatn News @	Fears Gardens	Charlie	Shop	Restless News	Lords of Discipline"	GRC All My	MoneyWs News (B)	(Live) (C) Days of	Fly Rhino Neutron	Boxing:	Balance Daily	s Journeys Mysterious	(s) Perry	Jason Hercules	Springer (C) Maury (C)	Drama) @ CityLine	Magnum,
		Drew Yes, Dear	Days of	Sew Fun . Thimbles	Rose (N) (E) Simp Paint	Days of	Bold & B. As the	(1983) @ Murder,	Children (et) One Life to		our Lives (G) As the	Jacob George S.	rhuay Night	Bold & B. Vicki G.	Journeys Beyond	Mason Fam. Feud	Goof Troop Mermaid	Jerry	Relic	P.I. @ Funnlest
	-	Yes, Dear Home Imp.	our Lives (E) Starting	Planet Gaslight	Sewing Mr Rogers	(1)	World Turns Guiding	She Wrote (et) Third	Live @ General	World Turns Passions	World Turns Passions	Care Bears Mona	Dakar	Vicki G. General	Invention (ct) How-Made	Fam. Feud Pat Croce	Aladdin Dalmatian	Springer (III) Home	Hunter (19) Ellen	Home Videos Cosby
		Friends Selnfeld	Over (N) (E) Emmerdale	Health Zoboo	Dragon Postcards	R	Light Dr. Phil	Watch @	Hospital (c) The Jane	(E) Young and	(E) Young and	Fly Rhino Jacob	Interruption Off-Record	Hospital	How-Made Ult Cars	Pat Croce Starting	Mouse	Delivery (N) MegaMan	DeGeneres Show News (@)	Cosby Home Imp.
3	:30	Seinfeld Raymond	Direct Buy Simpsons			Brown	Oprah	Confidenti al (E) American	Pauley Show	the	the Restless News @		Sports Hockey	Frasier	Ult Cars Daily	Over (N)	Weekend Recess	Pokémon Yu-Gi-Oh!		Will-Grace
4	:30	Raymond	Malcolm	Babar 📧		Judy	Winfrey 🖻	Justice	Millionaire	Winfrey @	News 📾	Tn-Titans	AHL Hockey: St.	Friends	Planet (N)	House	Barbarian	Yu-Gl-Oh!	Sex & City Friends	Will-Grace Home Imp.
5	:30	Real GillIgan	News 🖾	Jakers	Business	Basketball	News CBS News	Justice: Wife	Contraction (Street)		News 📾 Global	Grown Up	John's Maple Leafs	News 📾	The Roswell Crash: Startling	Malcolm King of Hill	Proud Lizzie	Sabrina Fresh Pr.	Next Top Model	Movie: "To Sleep With Anger"
(P.	100	Seinfeld Seinfeld	Will-Grace 70s Show	Imprint Flavors		Washingto n at Gonzaga.	Hollywood	Blography: Pet	News 🖾	News 📼	Train 48 Entertain		Binghamton Senators.	News 📼	New Evidence	Simpsons '70s Show	So Raven Even	Raymond Will-Grace	Movie: "Mission: Impossible	(1990), Paul Butler
71		Sex & City Sex & City		Champions BC	National Geographi c	Jeopardyl Fortune	Selnfeld Friends	Biography "Jeopardy	Entertain The Insider		Queer Eye-Guy	and the second		eTalk Daily Hollywood			Brotherly Radio Free	Friends Raymond	2" (2000,	WGN News at Nine
0		Real Gilligan	Red-Nosed Reindeer	Industri Rough Sci		The Apprentice (N) (60)	Red-Nosed Reindeer	Crossing Jordan (III)	Lost (N) @	70s Show Will-Grace	70s Show 70s Show	Dragon Inuyasha	· · ·		Daily Planet @		Boy World Radio Free	Smallville "Scare" (N)	Cruise. News 🗊	Becker Becker
0			the fifth estate @	Chasing the Cure		The West	King Universe	Justice: Wife		Gilmore Girls 🖭	King Universe					Nanny 911 (N) @	"Ernest	Jack &	Jimmy Kimmel	Home Delivery (N)
10	PM	kers" (2001)		Growing Up Canadian	Cher: Farewell	Order		Blography: Pet	(10:02) Wife Swap (N)	Euro Cune	News @ Sports @	and the second se	ITU	"Officer	The Roswell Crash: Startling	News			Live (N) (10:05) Movie: "Mission:	Justice Street
eff 148	PM	Weaver.		Second	National Geographi			Blography "Jeopardy	Sill	News 🕮	(11:03) Fear Factor III		SportsCen	News (E)		Becker	My So-	Friends Will-Grace	Impossible 2" (2000, Action)	Service Provenue of Province

13

14



Capricorn - Financial gain could be yours this week, but don't count

what is not in the bank yet. Money, plans, groups and your own ideas

can work together. Your energy is good, and so is your health. Enjoy!

Aquarius - Career matters are busy but fun. Your dreams are challenged by plans of others, and by demands of the more practical side of life. You dream of travelling to distant places, but stay home.

Pisces - A hazy, lazy mood may dominate your week, but there is a mes-

sage for you from somebody who wants you to learn something. Listen

carefully to everyone and you hear the message. Sweet dreams!

(or butterscotch) chips. Drop by spoonfuls on greased cookie sheet. Bake in 375-degree oven for 12 to 15 minutes. They also freeze well.

If you have a favourite recipe you would like to share, contact us for details! 226A Bridge Street, Princeton

THURSDAY, DECEMBER 2, 2004

-		WTBS	CHBC (4)	KNOW 5	KSPS 6	KHQ 7	KREM	A&E 9	KXLY	BCTV	CITV 12	YTV	TSN	VTV 22	DISC 24	FOX 41	FAM (26)	KTLA (27)	CITY	WGN
6	:30	TOOLIT IN	News Body	(Off Air)	Body Elec. Dragon	News @	News	Movie: "The Shipping	(5:00) News	News IE	(5:00) News	Monsters Hamtaro	SportsCen tre III	News (E) Canada	Dally Planet 05	Paid Prog. Paid Prog.	Something Daigunder	News IIE	Maury 📧	Hilibililes Hilibililes
7		Dawson's Creek @	Life Today	BluesClues Dora	Clifford Arthur (El)	Today Kathy Lee Gifford, (E)	The Early Show @	News" (2001, Drama) (c)	Good Morning America			Woody Rugrats	SportsCen tre III	AM DE	Champions	Libertys Charles	Rangers Rangers	News (IE)	CityLine	Matlock I
8	AM :30	Dawson's Creek 💷	Huntley Street @ Poko @	(8:05) Hi-5 Timothy	Barney Boohbah			Third Watch "Ohio"	Ē		100 Huntley Street (6)	SpongeBob Mona	SportsCen tre 🖭		MythBuste rs @	Paid Prog. Paid Prog.	Hoze Henrys		Close-Up Spin City	In the Heat of the
9			Save-Umsl Nanalan'	Little Bear Bear	Sesame Street (EI)		Discover Discover	City	Regis and Kelly	100 Huntley Street (8)	World Vision @	Care Bears Monster	Off-Record SpoSense	Regis and Kelly	Dally Planet @	Good Day Live (N) (E)	Pooh JoJo	Maury IIC	News III City	Night Magnum, P.I. (III)
10		Cosby Cosby	The Price Is Right @	Elliot Moose	Reading Lions	Ellen DeGeneres Show	The Price Is Right @	American	The View (N) @	World Vision @	Room MoneyWs	Rupert Monsters	Billards	The View (N) 📧	Mysteries Mysteries	The Larry Elder Show	Stanley Art Attack	Jerry Springer	Movie: "Starlight"	News 110
11		Harvey Home Imp.	Judy Coronatn	Walk on the Wild Side	Yoga Sit-Be Fit	Frasier M*A*S*H	Young and the Restless	Movie:	News (E) Pald Prog.	The Insider MoneyWs	News (Live) 783	Hamtaro Fly Rhino	Strongman Football:	Balance-TV Balance-TV	Wolverine- Devl	Montel Williams	King 📾 Jason	Jerry Springer		Rockford Files
12	PM :30	Drew Drew	News 🖽	Scattering Home Biz	Charlie Rose @	Shop Shop	News Bold & B.	"The Shipping News"	All My Children	News 🕮	Days of our Lives	Neutron Jacob	Quebec Jr. Manson Cup	Daily Bold & B.	Flight: En Route	Perry Mason	Hercules Goof Troop	Maury (E)	CityLine (ff)	Magnum, P.I. "Forty"
1	No. of the	Yes, Dear Yes, Dear	Days of our Lives	Journal Planet	Painting Needle Art	Days of our Lives	As the World Turns	(2001) Kevin Spacey. (E)	One Life to		As the	George S. Care Bears	Champ. Series-	Vicki G. Vicki G.	The Roswell Crash: Startling	Fam. Feud Fam. Feud	Mermald Aladdin	Jerry Springer	Relic Hunter @	Funnlest Home
2			Starting Over (N)	Gaslight Health	Mr Rogers Dragon		Guiding Light @	Third Watch "Ohio"	General Hospital	Passions	Passions	Mona Fly Rhino	Poker	General Hospital	New Evidence (18)	Pat Croce Pat Croce	Dalmatian Mouse	Home Delivery	Ellen DeGeneres	Videos Cosby Cosby
2		Seinfeld Seinfeld	Emmerdale Caitlin	A REAL PROPERTY AND INCOME.	Postcards Arthur (EI)	Brown Brown	Dr. Phil	City Confidenti	The Jane Pauley		the	Jacob Mystery	Off-Record Sports	Dr. Phil	Ultimate Ten	Starting Over (N)	Fillmore Weekend	MegaMan Pokémon	Show News @	Home Imp. Will-Grace
		Raymond Raymond	Simpsons Malcolm		Cyberchas	Judy Judy	Oprah Winfrey 📾	al (G) American Justice		Restless Oprah Winfrey @	Restless News (2) News (2)	Neutron Tn-Titans	Strongman	Frasler Friends	Daily Planet (N)	Little House	Recess Barbarian	Yu-Gi-Oh! Yu-Gi-Oh!	Sex & City Friends	Will-Grace Home Imp.
5	PM	Friends Friends	Card Control 1	Magic Bus Paddington	BBC World		News CBS News	Cold Case Files @	News 🕮	News 🖭 Global		Oddparent	Football: Mid- American	News 🖽	GC Seven Wonders	Malcolm King of Hill	Proud	Sabrina Fresh Pr.	And Go! At Movies	Movie: "Revenge
6		riends riends	Will-Grace	Home Biz Journal	News-	News	News Hollywood		News (33)	News 🖭	Color Color	SpongeBob	Conferenc e Final – Teams	News 🐵	Of Frontiers of	and the second se	So Raven Even	Raymond Will-Grace	Movie: "Die Hard"	of the Nerds" (1984) @
7		amily Guy amily Guy	leonardul	Walk on the Wild Side	Andre		Seinfeld Friends	The First 48 @	Entertain The Insider	Entertain Joey (N)	Will-Grace Joey (N)	Mystery Yu-Gi-Oh!		eTalk Daily Hollywood		Will-Grace		Friends	(1988) Bruce WillIs,	WGN News at
8	PM :30	Movie: 'Lethal Weapon 4''	NCIS "Heart	Growing Up Canadian	(II)	Joey (N) Will-Grace	Survivor: Vanuatu	Crossing Jordan 🖭	Extreme Makeover (N)	Survivor: Vanuatu	Survivor:	Dragon Inuyasha	Area /I treat	The O.C.	g Daily Planet @	The O.C. (N) (13)	Boy World	Movie: "40 Days and	Bonnie Bedelia. News 📾	Nine Becker Becker
0	-20	1998) (PA)	North Shore (N)	Adven		The Apprentice (N) (CSI: Crime Scn	Cold Case Files @	life as we know it (N)	The Apprentice (N) (6)	The	Mystery Fries That?	Motoring Moto	CSI: Crime Scn		North Shore (N)			Jimmy	Home Delivery
	PM	DVS) Novie:	The National	Life of Mammals		(9:59) ER	Without a Trace 📧		PrimeTime	Without a	News (G)	Radio Fries That?	Series- Poker	(9:59) ER (N) ©	Extreme Engineerin		(1992) Paul Gross.		Movie:	Justice Street
11		'Turner & looch'' 1989)	All and a second	Season of	III NW Profi	News 🖾 Tonight	News Late Show	19 100	News @ Nightline		Eactor Fill	Ready-Not My Family	SportsCen tre (Live)	News @ News @	Seven Wonders Of	Becker Just Shoot	0 11 11 11	Friends Will-Grace	(1997)	Street Elimidate

FRIDAY, DECEMBER 3, 2004

		WTBS 3	CHBC 4	KNOW 5	KSPS	KHQ (7)	KREM B	A&E	KXLY (10)	BCTV	CITV 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27)	CITY 29	WGN 38
6	AM :30	Movie; "WarGames"	News Body	(Off Air)	Body Elec. Dragon		News	Movie: "Black Sunday"	(5:00) News		(5:00) News		SportsCen tre @	News 🖽 Canada	Daily Planet @	Paid Prog. Paid Prog.	Something		Maury @	Hillbillies Hillbillies
7	:30	Dawson's Creek 🖽	Life Today 100 Huntley	Dora	Clifford Arthur (EI)	Today Mike Nichols;	The Early Show @	(1977) Robert Shaw. (c)	Good Morning America			Woody Rugrats	SportsCen tre @	AMœ	Immortals of the Arctic	Libertys Charles	Rangers Rangers	News (9)	CityLine III	Matlock 🖽
8	:30	Dawson's Creek @	Street (E) Poko (E)	(8:05) HI-5 Timothy	Barney Teletubbs	it's CojoTime. @		Third Watch "Men"	(E)	-	100 Huntley Street ()	Mona	SportsCen tre ග		Ult Cars Ult Cars	Paid Prog. Paid Prog.	Hoze Henrys		At Movies Spin City	In the Heat of the Night
9	:30	Saved-Bell	Contraction of the second	Bear	Sesame Street (EI)		Discover Discover	City Confidenti al (2)	Kelly	100 Huntley Street ()	World Vision @	Monster	Off-Record SpoSense	Kelly		Good Day Live (N) (9)	0000 5 01	Maury Œ	News (G) City	Magnum, P.I. @
10	:30	Cosby Cosby	is Right @	Painting.	Reading Lions	Ellen DeGeneres Show			(N) (EE)	World Vision 📧	Homes MoneyWs	Rupert Monsters	Billiards	The View (N) @	Frontiers of	The Larry Elder Show	Stanley Art Attack	Jerry Springer (ct)	Movie: "Taking Back Our	News @
11	:30	1	Coronatn	Great Train Stories	An other states and the state of the state o	Frasier M*A*S*H	Young and the Restless	"Black Sunday"		The Insider MoneyWs	(Live) @	Hamtaro Fly Rhino	Strongman Karate	Balance-TV Balance	Ships "Top Ten"	(7)	King 🖭 Jason	Jerry Springer	Town" (2001) Laura	Rockford Files
	:30	Drew Drew		Parks Haida Art	Rose @	Shop	News Bold & B.	(1977, Suspense) Robert	All My Children		Days of our Lives	Neutron Jacob	Football Hall	Daily Bold & B.	Seven Wonders Of	Perry Mason	Hercules Goof Troop		Innes. @ CityLine @	Magnum, P.I. "Laura"
1	:30	Yes, Dear	our Lives	Reach Top Planet	MacPhee	our Lives	As the World Turns	Shaw, Bruce Dern. (6)	-	World Turns	As the World Turns	George S. Care Bears	Skiing Series- Poker	Vicki G. Vicki G.	Frontiers	Fam. Feud Fam. Feud	Aladdin	Jerry Springer	At Movies	Funniest Home Videos
2	:30	Home Imp. Friends	Over (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light @	Third Watch "Men"	Hospital	Passions	Passions	Mona Fly Rhino	Interruption	General Hospital	Engineerin q	Pat Croce Pat Croce	Dalmatian Mouse	Delivery	Ellen DeGeneres Show	Cosby
3	:30	Seinfeld Seinfeld	Caitlin	Zoboo Arthur	Postcards Arthur (EI)	Brown Brown	Dr. Phil	City Confidenti al (6)	Show	the Restless	Young and the Restless	Mystery	Off-Record Sports		Invention	Starting Over (N)	Fillmore Weekend	Pokémon Pokémon		Home Imp. Will-Grace
	:30	Raymond Raymond	Malcolm	Babar 🖾	Cyber Zoom (El)	Judy Judy	Oprah Winfrey (2)		Millionaire	Oprah Winfrey @	News 📾	Neutron Tn-Titans	Strongman AHL Hockey: St.	Frasier Friends	[2]	(1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.	Recess Barbarian	Yu-Gi-Oh!	Sex & City Friends	Will-Grace Home Imp.
5	:30	Friends Friends	News @	Maglc Bus Jakers	BBC World Business	News III NBC News	News CBS News	Biography: Rein.	News (E) ABC News	News 🖭 Global	News 🖭 Global	Oddparent SpongeBob	John's	News @	Mysteries Mysteries	Malcolm King of Hill	Proud Lizzie	Sabrina Fresh Pr.	Star Trek: Enterprise	Movie: "The 'Burbs" (1989,
6	:30	Movie: "Showtime " (2002)	'70s Show	Reach Top Pan Asia	Lehrer	News @ Raymond	News Hollywood	Movie: "The Princess	News 🖻	News 🖭	Homes Entertain	Martin and American	Binghamton Senators.	News (2)	Noah's Ark	Simpsons 70s Show	All That Even	Raymond Will-Grace	Movie: "Mission to Mars"	Cornedy) Tom Hanks,
7	:30	Robert De Niro. 🖾	Fortune Jeopardyl	Life of Mammals	Europe McLaughlin	Fortune	Seinfeld Friends	Bride" (1987) Cary Elwes.	Entertain The Insider	Entertain Train 48	One Tree Hill (N) @	Transform	SportsCen tre (Live)	eTalk Daily Hollywood	Factor (N)	Will-Grace 70s Show	Teddy Movie: "Celeste in	Raymond	(2000) Gary Sinise,	Feed the Children
8	:30	"Showtime "(2002)	22 Minutes	le Trade (Part 1 of	Wash Wk Wali	A second second second	Frosty Frosty	Premiere. Justice	comproto		Gilmore Girls (N)		Off-Record		Planet @	Quintuplets	the City" (2004)		Night Party	Becker Becker
9	:30	Robert De Niro.	Red Green Comedy		Now With Bill Moyers Movie:	(E)	Ice Wars 2004: USA vs. The World (N)	Blography: Rein. Movie:	Less Than	Renovate My Family	Renovate My Family	Justice Gundam	Friday Night	Watch (N)	Sex Files	Bernie Mac Bernie Mac	"Another Stakeout"	Reba (E) Blue Coll	Kimmel Live (N)	Home Delivery
10	:30	Family Guy Futurama	National ()	Ashenden (Part 2 of 4)	"His Girl Friday" (1940)	investigati on	@)	"The Princess Bride"		20/20 m	News @ Sports @	Hunter	Events Special.	on	Ark	Malcolm	(1993) Movie: "My Life"	News 🖻	"Kama Sutra: The	Justice Street
-		Mission Hill Mr. Show	Sportspage	Canada- History	Short List	Tonight	News Late Show	14007 Com	News (E) Nightline	News 🖻	(11:03) Fear Factor @		SportsCen tre (Live)	News 🖾 News 🖾	Faster	Becker Just Shoot	(1993.		D141 11	Street Elimidate

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Similkameen News Leader

saturday movies

MORNING

16

3.04

-55

8:00 am WTBS ③
* ★ ★ % "Sleepless in Seattle" (1993, Comedy-Drama) Tom Hanks. A recently engaged woman becomes obsessed with meeting the grieving widower she heard on a late night radio show. (£)
9:30 am A&E ③ ★ ★ "The Princess Bride" (1987, Fantasy) Cary Elwes. A man regales his ailing grandson with a tale of romance and adventure in this lighthearted fairy tale from Rob Reiner. (£)
10:30 am WTBS ③
* ★ % "Serendipity" (2001, Romance) John Cusack. Years after they tempted fate once too often,

they tempted fate once too often, two destined lovers return to New Wo destined lovers return to New York to find each other once again.
11:00 am WGN 38 ★★%"Hoodlum" (1997, Drama) Laurence Fishburne. A Harlem gangster finds it impossible to maintain his oath of nonviolence in the face of war with Dutch Schultz. (In Stereo) EE

AFTERNOON

12:00 pm FAM ⁽²⁶⁾ "Once Upon a Christmas" (2000, Comedy-Drama) Kathy Ireland. Santa's daughter must infuse a spoiled fam-ily with holiday spirit or Christmas

ily with holiday spirit or Christmas will be gone forever.
12:45 pm WTBS (3) ***"Bad Boys" (1995, Drama) (PA) Martin Lawrence. Two Miami cops must switch identities while searching for a large quantity of heroin stolen from police headquarters. (E)
1:00 pm FOX (2) ****"James and the Glant Peach" (1996, Fantasy) Voices of Simon Callow. Animated. An abused orphan and his insect pals travel to New York aboard a maoic fruit. Based on

his insect pals travel to New York aboard a magic fruit. Based on Roald Dahl's tale. CITY (29) **"Mission to Mars" (2000, Science Fiction) Gary Sinise. Astronauts uncover a startling secret during a mission to rescue a col-league stranded on Mars. [E] 1:30 pm FAM (26) **"Bingo" (1991, Comedy) Cindy Williams. A clever canine embarks on a cross-country search for the family who left

country search for the family who left him behind on the move to Wisconsin.

3:00 pm WTBS (3) *** "Galaxy Quest" (1999, Comedy) (PA) Tim Allen. Allens kidnap actors from a long-cancelled TV series in the mistaken hope that they can defend them from their enemies. (5)
4:00 pm VTV (18) ** "Rudolph the Red-Nosed Reindeer: The Movie" (1998, Fantasy) Voices of John Goodman. Animated. It's up to Santa's most famous reindeer to save the day when an evil queen

save the day when an evil queen conjures up a storm on Christmas. E 5:00 pm WTBS (3) **%"The Replacements" (2000, Comedy) Keanu Reeves. A molley crew of aspiring athletes gets a chance to play professional football when league players go on strike. E WGN (38) **%"Code of Silence" (1985, Adventure) Chuck Norris. A Chicago vice cop must battle the mob as well as his own depart-ment's corruption. (In Stereo) (E) 5:00

EVENING

6:00 pm CITY 29 "The Man Who Saved Christmas" (2002, Drama) Jason Alexander, During World War I, a toymaker rediscovers his holiday spirit and urges the U.S. Congress not to cancel Christmas. EE (DVS) 7:00 pm CHBC ④ ★★* "Lilo & Stitch" (2002, Comedy) Voices of

LEGEND TO THE TV LISTINGS Normal Months

September - June

"Power By The Hour" Rates

Use this handy chart and watch the TV Guide

for On Peak/Off Peak Normal Months code.

On Peak

BLACK BACKGROUND

Princeton

Light & Power

231 Bridge Street, Princeton

Phone (250) 295-3244

Fax (250) 295-3611

Off Peak P.A.S.S.

Energy Management

Services

Daveigh Chase. Animated. A lonely Hawaiian orphan finds an unusual friend in a toothsome extraterrestrial with a destructive streak. [2] 7:30 pm WTBS [3] * * %"The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. [2] (DVS) 8:00 pm KHQ [7] * * * "The Perfect Storm" (2000, Drama) George Clooney. Based on Sebastian Junger's account of a Massachusetts fishing boat's encounter with a devastating storm at sea. (In Stereo) [2] YTV [8] * * "Call Me Claus" (2001, Comedy-Drama) Whoopi Goldberg. A cynical TV producer is Santa Claus' choice to replace him on his annual mission to bring toys

santa Claus choice to replace him on his annual mission to bring toys to good girls and boys. [6] 8:30 pm WGN [38] **%"Code of Silence" (1985, Adventure) Chuck Norris. A Chicago vice cop must bat-tle the mob as well as his own department's comunicon. (In Starpa) department's corruption. (In Stereo)

9:00 pm CHBC (4) *** "Legally Blonde" (2001, Comedy) Reese Witherspoon. A golden-haired soror-ity queen vows to win back her ex-boyfriend by gaining admission to Harvard Law School. (5) FAM (25) *** "It Could Happen to You" (1994, Comedy-Drama)

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9:00 PM

10:00 PM

11:00 PM

Nicolas Cage. Premiere. A patrolman draws fire from his greedy wife when he honors his promise to a waitress to split a lottery jackpot. CITY (2) ** **Last Dance" (1995, Drama) Sharon Stone. Premiere. A Clemency Board rookie races to win a stay of execution for a female inmate convicted of double murder.
9:30 pm WTBS (3) ****Bad Boys" (1995, Drama) (PA) Martin Lawrence. Two Miami cops must switch identities while searching for a large quantity of heroin stolen from police headquarters. (1983, Drama) Jennifer Beals. A young woman who works as a welder by day and an exotic dancer by night aspires to join the Pittsburgh Ballet. (2)
11:00 pm CITY (2) ** * Almost Heroes" (1998, Comedy) Chris Farley. A vain explorer and a hard-drinking tracker attempt to beat Lewis and Clark to the Pacific Ocean in 1804. (2)
11:30 pm WTBS (3) ** ** "Running Scared" (1986, Comedy) (PA) Gregory Hines. Two detectives with retirement and a life of leisure on their minds are given 30 days to nab a drug-smuggling mobster. (2)

FRIDAY

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sunday movies

MORNING

- 6:30 am WTBS 3 ** 5"Beverly Hills Cop II" (1987, Comedy) (PA) Eddie Murphy. Axel Foley returns to California when his friend is critically

- Eddie Murphy. Axel Foley returns to California when his friend is critically wounded while investigating a series of robberies. (E)
 8:30 am WTBS (3) **"Blue Streak" (1999, Comedy) (PA) Martin Lawrence. A recently paroled thief poses as a cop in order to retrieve a gem he hid in an under-construction police station. (E) (DVS)
 10:00 am WGN (3) ** "The 'Burbs" (1939, Comedy) Tom Hanks. A subur-banite's plans for a peaceful vacation at home are ruined when a strange, new family moves into the neighbor-hood. (In Stereo)
 10:30 am WTBS (3) ** *Galaxy Guest" (1999, Comedy) (PA) Tim Alten. Aliens kidnap actors from a long-cancelled TV series in the mis-taken hope that they can defend them from their enemies. (E)
 11:00 am CITY (29) ** *Almost Herces" (1998, Comedy) Chris Farley, A vain explorer and a hard-drinking tracker attempt to beat Lewis and Clark to the Pacific Ocean in

1804. [[]

- AFTERNOON 2:00 pm A&E ⑨ ★★%"The Outsiders" (1983, Drama) Matt Dillon. Teenage gang life is seen through the eyes of a sensitive youth. Based on S.E. Hinton's best-selling novel. [6] FAM ② "The Ultimate Christmas Present" (2000, Comedy) Hallee Hirsh. After their plan to make it snow in L.A. goes awry, two youngsters join forces with Santa Claus to set things right. [6] 12:00
- WGN 38 **%"Ernest Saves Christmas" (1988, Comedy) Jim Varney. While searching for a succes-sor, Santa Claus and a cab driver help
- sof, Santa Claus and a cab onver help a cynical teen discover the meaning of Christmas. (In Stereo) (E) 12:30 pm WTBS (3) * * %"The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (E) (OVS) (DVS)

1:00 pm KTLA(27) * * "The 'Burbs" (1989, Comedy) Tom Hanks. A subur-banite's plans for a peaceful vacation

at home are ruined when a strange, new family moves into the neighbor-hood. (in Stereo) [E] 1:30 pm FAM [26] **"Genlus" (1999, Comedy) Trevor Morgan. A brilliant 14-year-old maintains a dou-ble life in junior high school and col-lege in an attempt to fit in. [E] 2:00 pm A&E [9] ***"Clear and Present Danger" (1994, Drama) Harrison Ford. CIA agent Ryan comes up against a duplicitous American government during his quest to nab a Colombian drug lord. [E] VTV[22]"Loving Evangeline" (1998, Romance) Nick Mancuso. The presi-dent of a computer software company returns to his hometown to deal with

dent of a computer software company returns to his hometown to deal with his brother's fatal boating accident. (In Stereo) [E]
2:30 pm WTBS (3) ***"The Replacements" (2000, Comedy) Keanu Reeves. A motley crew of aspiring athletes gets a chance to play professional football when league players go on strike. [E]
CHBC (4) ****"Toy Story" (1995, Adventure) Voices of Tom Hanks. State-of-the-art computer animation propels this tale about toys that spring to life when their young owner is absent. [E]
4:00 pm YTV [B] **"Babes In Toyland" (1986, Fantasy) Drew Barrymore. An 11-year-old girl is transported to Toyland, a magical

kingdom threatened by the evil Mr. Barnaby. 5:00 pm WTBS (3) *%"Showtime" (2002, Comedy) (PA) Robert De Niro. A no-nonsense police veteran and a wisecracking officer are paired together for a reality-TV cop show. (6) CITY (2)"Mitch Albom's The Five People You Meet in Heaven" (2004, Drama) Jon Voight. Premiere. An aging maintenance worker dies and awakens in heaven, where strangers and loved ones take him back through his life. (In Stereo) (6)

EVENING

7:00 pm WTBS (3) *#"Showtime" (2002, Comedy) (PA) Robert De Niro. A no-nonsense police veteran and a wisecracking officer are paired together for a reality-TV cop show. [6]
8:00 pm CHBC (4) * *"National Lampoon's Christmas Vacation" (1989, Comedy) Chevy Chase.
Wisiting relatives and troublesome holiday preparations complicate Clark Griswold's plans for an old-fashioned Christmas. [6]
KHQ (7) *** "The Family Man" (2000, Comedy-Drama) Nicolas Cage. A supernatural stranger shows a Wall Street whiz what his life would've been like if he'd married his former sweetheart. (In Steree) [6] former sweetheart. (In Stereo) 🕅 KXLY 10 "Mitch Albom's The Five

- People You Meet in Heaven" (2004, haging maintenance worker dies and awakens in heaven, where strangers and loved ones take him back through is life. (In Stereo) [3]
 9:00 pm WTBS [3] ** "Blue Streak" (1999, Comedy) (PA) Martin poses as a cop in order to retrieve a gem he hid in an under-construction construction. Ed (DVS)
 KREM [3] *A Very Married Christmas" (2004, Drama) Joe managers (2004, Drama) Joe managers (2004, Drama) Joe managers (2004, Drama) doe shaving an affair, wants a divorce. (In Stereo) [6] (DVS)
 FM [3] *A Very Married Christmas" (2004, Drama) Joe managers (2004, Drama) doe managers (2005, Drama) doe managers (

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CALL US TO COVER YOUR EVENT - (250) 295-4149

SATURDAY, DECEMBER 4, 2004

		WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E 9	KXLY	BCTV	CITV 12	YTV	TSN 19	VTV 22	DISC	FOX 41	FAM 26	KTLA 27	CITY	WGN 38
6	AM	Real Gilligan	News	(Off Air)	Globe	(5:00) Today (6)	Saturday	Movie:"The		Fire Station	Diva Dime	Monsters	SportsCen	OWLITV	Daily	Paid Prog.	Hoze	Paid Prog.	Indo	Paid Prog.
		in a new official	Prairie		Trekker 📧		Early Show	Princess Bride"	Morning America	Blackfly	Room	Monster	tre 🖻	Kingdom	Planet I	Paid Prog.	Rangers	Paid Prog.	Dharti	Paid Prog.
7	1 - 1	Real Gilligan	Prairie	BluesClues	MotorWeek	News	Lazy Town	(1987)	Good	News 💷	News 🔳	Transform	Fishing	D'Myna	Noah's	Cramp	Rangers	Pokémon	Eye on	Paid Prog.
	.00		Fishn		Fly Tying		Spider	Old House	Morning Northwest			Gundam	Motoring	Leaps	Ark	Winx Club	Lizzie	Mucha	Asia	Paid Prog.
8		Movie: "Sleepless	Powerboat	Timothy	Router		Backyard	Ask This	Saturday			Yu-GI-Ohl	Moto	Good	Ultimates	Sonic X (N)	Teen Angel	Tn-Titans	Polish	Pald Prog.
-		in Seattie"	Body	Magic Bus	Hometime		Dora	Ask This				Yu-Gi-Ohl	Motorcycle Racing	Morning Canada @	G	One Piece	Amanda	Xiaolin	Studio	Walgreens
9	16.5	(1993) Tom Hanks, 📧	Making the Cut @		Workshop		College Basketball	Design	Proud		Pet Guys	Yu-Gl-Ohl			Forensic Factor	Turtles	All That	Pokémon	Arts	Paid Prog.
-	:30			Zoboo	Old House		: Ind. at	Movie:"The Princess	So Raven		Teens	Yu-Gl-Ohl	Road-Skins		racio	F-Zero	So Raven	Batman	CityLine	Paid Prog.
10	AM	Harden	Bowling: 5-Pin	Madeline	Ask This	Shark	Conn. or Ky. at N.C.	Bride"	College Football:		Strange	Beyblade	Curling: 2004	Dally Planet (6)	The FBI Files (6)	Kirby	Even	Yu-Gl-Oh!		Soul Train
	:30	Movie: "Serendipi		Little Bear	America's Home	Tutenstein	ny. at 11.0.	(1967, Fantasy)	Virginia	Room	World Ski	Beyblade	McCain		ries to	Shaman	Boy World		In Fashion	
11	AM	ty" (2001)	Figure Skating:	Macphee	Cooking:	Adv. Sports		Cary	Tech at Miami.	Antique	Mountain Bildng	Beyblade	TSN Skins Game.	Into Wild	Forensic Evidence	NFL	Smart Guy	Libertys	Hair Wars	Movie: "Hoodlum
	:30	John Cusack,	Grand Prix	Quilting	Appetizers		College Football:	Elwes. @	(Live)	Taste		Beyblade	From	Nikon	E	Paid Prog.	Nestor	Libertys	NewMusic	"(1997)
12	PM		- Skate France.	Moving On		Skiing	Army vs.	Mondo		News E	ALC: NO DECK	Pokémon	Bathurst,	Canad. Wildlife	Exhibit A	Paid Prog.	Movie: "Once	Libertys	Chum Chart 📧	Laurence Fishburne.
		Movie: "Bad Boys"	(Taped) 💷	Small Spc			Navy. From Lincoln	Airline (19)	8 6		Optionetics	Yu-Gl-Oh!	N.B. (Live)		Exhibit A	Animal Atl	Upon a	Sabrina		
1	C m	(1995,	1	Journal		Golf: Office	Financial	The Big House (E)		Santa Parade	Malcolm	Top 10	Boxing (Taped)	Eagle	American Chopper	Movie: "James	Christmas"	Soul Train	Movia: "Mission	Mutant X
	2.6	Drama) (PA) Martin		Designer	Play Piano in a Flash		Field in Philadelphi		College Football:		Malcolm	Academy	(rapeu)	Eagle	[33]	and the	Movie: "Bingo"		to Mars"	un
2	PM	Lawrence.	W. Cup Skiing	Pan Asia	œ	Father/Son Challenge	Philadelphi a. (Live) (E)	Crime Ink	USC at	World Ski	Malcolm	Beyblade		Balance-TV		Giant Peach"	(1991,	Mutant X	(2000) Gary	Andromed a (N) @
-	-	(E)		Entrada					UCLA. (Live)	Entertainm ent	and the second	Duel		Balance	Ult Cars	(1996)	Comedy)		Sinise.	
3		Movie: "Galaxy		Creatures		Toy Awards	College Football:	American Justice	(2110)	Tonight	70s Show	Transform	SportsCen tre (Live)	Mysterious Ways @		Lighting Great Tree	Smart Guy	Andromed a @	News (E)	Home Imp.
		Quest"	Red Green	State -	Yoga for the Rest of		SEC	1		Simpsons	70s Show	Lyoko	23		How-Made		Lizzie		FashionTel	
4			Crastura	Art Attack	Us	and a stranger	Champion ship -	City Confidenti			Simpsons	"Rudolph the Red-	Curling: 2004	Sue Thomas:	Ultimate Trains @	Angel "Ground	So Raven	Hollywood	MovieTV	Funniest Home
	:30		(N)	CG Kids	Visions of Germany:	Endurance	Teams to	al (G)		Simpsons	Simpsons	Nosed	McCain	F.B.Eye	Trains tes	State"	Proud	Parade [6]	StarTV	Videos
5	100	Movie: "The		Babar 🕮	Bavaria	Charles and the second	Be Announce	Cold Case	College Football:	Simpsons	News 🖾	Reindeer: The	TSN Skins Game.	Charmed	Monster Garage @	Just Shoot	Fillmore		Star Wknd	Movie: "Code of
1	:30	Replaceme		Lilly @			d. (6)		Blg 12	National	Entert'nt	Movie"	From			Will-Grace	Kim		Speakers	Silence"
6	0000	nts" (2000) Keanu	Air Farce	/	Daniel O'Donnell	News	News	1 1	Champion ship -	News @	Body & Health (N)	Academy	Bathurst, N.B. (Live)	News 🖽	World Biker	Simpsons	Barbarian	Will-Grace	Movie: "The Man	(1985) Chuck
-	:30	Reeves. @		Swap TV	Live from	Contraction of the second	Access Hollywood		Teams	_	(ff)	Timeblazr	1		Build-Off	Just Shoot		Will-Grace	Who	Norris.
7	PM	Harder		and the second second second second	Branson	CSI: Crime Scn	(N)	City Confidenti	TBA. From Kansas	Body & Health (N)	Billy Graham	Mystery		Sue Thomas:	American Chopper	Will-Grace	And Advertising		Saved Christmas	Funniest Home
-		Movie: "The	Stitch"	c			Friends	al (œ)	City, Mo.	[33]	(N) (CC)	Oracle	Boxing: William	F.B.Eye	(33)	'70s Show	Heartbeat	NBA Basketball	" (2002)	Videos
8	PM :30	Whole Nine		Heartbeat		Movie: "The Perfect Storm"		The First 48 @	(Live) News (G)	Billy Graham	Blue Murder @	Movie: "Call Me	Joppy vs. Jermain	Wife Swap ©	Ult Cars Ult Cars	Cops (N) Cops (II)	Knock First Afraid?	: Timberwol	News CE	Becker Movie:
9	PM :30	Yards" (2000) (PA) Movie:	Movie:	A Touch of Frost "House		(2000) George Clooney,		Cold Case Files @	Ebert The Insider	(N) @ Blue Murder @ (DVS)	(DVS) The Outer Limits	Claus" (2001) Whoopi Goldberg,	Taylor. (Live) Mixed	Cold Squad (N)	Monster Garage @	America's Most Wanted	Movie: "It Could	ves at Clippers	Movie: "Last Dance"	"Code of Silence" (1985)
10	:30	(1995) (PA)		Calls" @	Red Green American		48 Hours Mystery		Entertainm ent Tonight	Andromed a (DVS)	National MoneyWs	Hit List @	Martial Arts: Ultimate Fighting	Eleventh Hour (N)	American Chopper		Happen to You" Movie:	News 🖽	(1996) Sharon Stone,	Chuck Norris. Street
11	PM	Martin Lawrence.	News 🖾		Austin	News 💷	News	City	News 🖾	News 🖾	J.R. Digs	Academy		News 🕮	Ult Cars	Mad TV ("Flashdan ce" (1983)	Cheaters	"Almost	Street
11	:30		Sports		City Limits	Sat. Night	Seinfeld	Confidenti al (स)	Pald Prog.	Sat. Night	Sat. Night	Oracle	tre (Live)	News 🖽	Ult Cars	2	G	EE	Heroes" (1998)	Exposure

SUNDAY, DECEMBER 5, 2004

		WTBS 3	CHBC 4	KNOW 5	KSPS	KHQ (7)	KREM 8	A&E	KXLY (10)	BCTV	CITV 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA [27]	CITY 29	WGN 38
-	AM	"Shaft"	News	(Off Air)	Jakers	Today IE	CBS News	Breakfast	Good	Prairie	Adventure		SportsCen		Extreme	Hour of	Hoze	Pacesetter		
6	:30	Movie:	Prairie		Clifford		Sunday	With the	Morning	MoneyWs	Gold Trails	A REAL PROPERTY OF	tre 🖭	Kids	Engineerin	Power G	Rangers	Success	Russian)	œ
-	AM	"Beverly Hills Cop	In Touch	BluesClues	Couch	Strange	Morning	Arts Bio.:	America News EE	Weekend	Fishing	Mona	Reporters	Good	Human	Libertys	Rangers	Facts	Eye on	Mutant X
17	:30	ll" (1987)	E	Dora	Thomas	Darcy	Nation	Connors		National	Is Written	Winx Club	Reporters	Morning	Mutants	Paid Prog.	Lizzie	Believers	Asla	œ
0	AM	(PA) @	Van Impe	Timothy	Real	Meet the	Little Bill	Old House		News (Trails	Detention	NFL	Canada 🖭	Human	Fox News	Teen Angel	Feed	Eye-Asla	The X-
8	:30	Movie:	Is Written	Magic Bus	Dragonfly	Press 💷	BluesClues	Sell House			World Vsn	ChalkZone	Countdow n (Live) @		Mutants	Sunday	Amanda	J. Osteen	Festival	Files 🖭
0	AM	"Blue Streak"	Listen Up	George S.	College	Shop	NFL Today	Sell House	This Week		Hour of	Robot		Eagle	How-Made	Fox NFL	All That	Pastor	Italiano di Johnny	Andromed
19	:30	(1999)	Faith	Zoboo	European	Shop	(Live) 🖾	Sell House	With George	· · · · · · · · · · · · · · · · · · ·	Power (N)	Neutron	1.	Eagle	Animals	Sunday 🖽	So Raven	Changing	Lombardi	a 💷
10	AM	Martin Lawrence.	NFL	Madeline	Carlson	Skling	Discover	Design		Driving TV	NFL	SpongeBob		Eagle	Most	NFL	Even	Paid Prog.	(In Italian)	Movie: "The
10	:30	Movie:	Football: Teams to	Little Bear	Money		Discover	Design	Old House	Pet Guys	Football: Teams to	Oddparent	Bowling: Denver	Child Fund	Extreme Lovers	Football: Regional	Boy World	Paid Prog.		'Burbs" (1989,
-1-1	AM	"Galaxy Quest"	Be	Router	Nature @	Nextel-	Celebrity	Makeover	Paid Prog.	Hour of	Be	Grown Up		Eagle	Human	Coverage	Smart Guy	Paid Prog.	Movie:	Cornedy)
111	:30	(1999) (PA)	Announce d. @	SportFish	(DVS)	Awards	Justice (N)	Airline 🖾	Paid Prog.	Power (Announce d. (Live)	Jacob	TSN Profile	Eagle	Mutants		Christmas	Sabrina	"Almost Heroes"	Tom Hanks,
10	PM	Tim Allen.		Dotto Tech	Best	Golf:	Snowboar	Movie:	Lilo Stitch	News 🖾	œ	Buzzard	Curling:	Question	Human		"The	Sabrina	(1998)	Movie:
12	:30	Movie:		Undersea	Identity	Office Depot	ding	"The Outsiders"	Fillmore			Mystery	2004 McCain	Period (Mutants		Ultimate Christmas	Wild Am.	Chris Farley, (c)	"Ernest Saves
1	PM	"The Whole	Gold Trails	Champions	Theft: Protecting	Father/Son		(1983) Matt	Phil	NFL	Driving TV			The Fifties	Monster	NFL	Present"		World	Christmas"
1	1.110	Nine Yards"	Nothing Too Good	Gardens	Yourself	- Final	Football: Broncos at	Dillon. @	Lizzie	Football: Teams to	Entert'nt	Rapunzel	Game. From	Œ	Garage	Football: Packers at	Movie:		Poker Tour	College
2	PM	(2000) (PA)		Odysseys	American Soundtrac	Round. (Live) (E)	Chargers or Chlefs	Movie: "Clear and	BCS Selection	Be	Weekend		Bathurst,	Movie:	World Biker	Eagles or	"Genius" (1999) @	(1989) Tom		Basketball : Arizona
14	:30	Movie: "The	Movie:"Toy Story"	Reach Top	k: This		at Raiders	Present		Announce d. @	Ag 21 (N)		N.B. (Live)	"Loving Evangeline	Build-Off	Giants at Redskins		Hanks. 🖽	Mexico"	VS.
2	PM	Replaceme	(1995)	Creatures	Land Is Your Land	Shop		Danger" (1994,	Inside Stuff		National	0 Christmas	SportsCen tre (Live)	" (1998) @	Frontier of			Christman	News 🖾	Mississipp i State
0	:30	nts" (2000) Keanu	Volces of Tom	Arthur		Shop		Drama)	Paid Prog.		Malcolm	Tree (R)	[33]		Constructi on		Lizzie	Parade @	FashionTel	
A	PM	Reeves.	Hanks.	Art Attack	Alone In the	CSI: Crime Scn	The West Wing @	Harrison Ford. (E)	Pald Prog.	TBA	Simpsons	Movie: "Babes in	NFL Films	Less Than	Daily Planet @	NFL	So Raven		MovieTV	College Basketball
	:30			CG Kids	Wildernes				Health	National	Simpsons	Toyland"	NFL Primetime	My Wife		Columbia	Proud		StarTV	: Boston
5	PM	Movie: "Showtime	News	Babar 🕮	s 📧 (DVS)	and the second sec	Dialogue	Biography "MillionHel	News 🖽	Simpsons	News 🖪	(1986, Fantasy)	[33]	8 Rules	Ancient Egypt	Dharma	Fillmore		Movie: "Mitch	College vs. UCLA
10	:30	" (2002)	Okanagan	Rabbit	John Denver:	NBC News	CBS News	rs" (N) 🖾		Global	Global		NFL Football:	Норе		Dharma	Kim	What I Like	Albom's	VS. UCLA
6	PM	(PA) Robert De	American Dreams @	Heartbeat	The Wildlife	News	News	100	News 🖽	News I	Makeover: Home	Drake	Pittsburgh	News 🖽	Ramses: Wrath of	Paid Prog.	Barbarian		The Five People You	
L	:30	Niro,			Concert	Zags			Ebert			15/Love	Steelers at Jacksonvil		God or	Paid Prog.	Mentors		Meet in	Will-Grace
17	033	Movie: "Showtime	Marketplc	National Geo.	Great Performan	Fear Factor @	60 Minutes		Makeover: Home	NFL	King of Hill	The Works of States	le Jaguars.	Shanla's Homecomi	Man? (N)	NFL		Steve Harvey	Heaven" (2004) @	WGN News
-	:30	" (2002)	Venture (N)	Explorer	ces (N) 🗊	Wandar	Oald Case	Dog		Malcolm	Malcolm	Girlz TV	(Live) IEI	ng		Malcolm	Heartbeat			Replay
8	PM	(PA) Robert De	"National Lampoon's	The Royal		Movie: "The	Cold Case	CSI: Miami "Kill Zone"	Movie: "Mitch	Simpsons	Simpsons	Gilmore Girls @	And and a second se	Cold Case	Daily Planet @	Simpsons		Charmed	News @	Maximum Exposure
-	:30	Niro.	Christmas	d _{ii}	Dau	Family Man"	Movle: "A	Diagonalus	Albom's	Arrested	Arrested		SportsCen tre (Live)			Arrested	Afraid?	<u> </u>	World Poker	
9	CERT	Movie: "Blue	Vacation" (1989)	Rosemary	Roy Orbison &	(2000)	Very Married	Blography "MillionHel	The Five People You	Obnox. Boss		Hit List K- Cl and Jo		Desperate Housewive	Ancient Eqypt	Obnox. Boss	Movie: "Jack"	The Mountain	Tour	The Twilight
-	:30	Streak"	000	Thyme	Friends	Nicolas	Married Christmas	rs" 🗊	Meet In			Jo.	Primetime	S	· · · · · · · · · · · · · · · · · · ·	Ileanslate	(1996)	(N) (C)	Undanii Ilawlaa ?	Zone (III)
10	PM	(1999) Martin	CBC News:		Thin Blue	Cage, Tea Leoni. 🖽	"(2004)		Heaven" (2004) @	Crossing Jordan 🖾	To Be Announce	15/Love	13	The Sopranos	Ramses: Wrath of	Unexplain ed	Robin Williams,	News (E)	(E)	Unexplain
-	:30	Lawrence, "Beverly	Sun. News 💷	Ma	They Made	News III	News	Dog	News (E)	News (32)	d Ropo#	Radio	Fins-Skins	(N) @	God or		Diane Lane.			Mysteries
111	PM :30	Hills Cop	Open Book	Murray:	America		ER	Dog	Van Impe	States and the states	Popoff Pald Prog.	A CONTRACTOR OF A CONTRACTOR A	SportsCen tre (Live)		Man?	Maximum Exposure	Movie: "Bugsy	and the second	The Ted Ohlsen	Celebrity Justice (N)
L	:30	11"	Ohen BOOK	llok		oporta		boy	verrinpe	complate	raid Prog.	Ready-Not	[3]	News 🖾			Malone"	JUST Shooti	Story	

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MONDAY, DECEMBER 6, 2004

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM (8)	A&E	KXLY 10	BCTV	CITV 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM (26)	KTLA 27	CITY	WGN 38
6	Movie: "Mr. Destiny"	News Okanagan	(Off Air)	Body Elec. Dragon	News 📼	News	"Shades of Fear"	(5:00) News		(5:00) News		SportsCen		Daily Planet (N)		Something Daigunder	and the state of the second	Maury (@	Hillbilles
7 AM :30	Dawson's Creek @	Life Today 100	BluesClues Dora	Clifford Arthur (EI)	Today 🗷	The Early Show (19)	Murder, She Wrote	Good Morning America			Woody Rugrats	SportsCen tre @	AM 🖭	Blue Realm @	Sabrina Charles	Rangers Rangers	News 🖾	CityLine	Matlock "The
8 AM :30	Dawson's Creek 🔃	Huntley Street C Poko C	(8:05) Hi-5 Timothy	Barney Teletubbs		-	Third Watch 💷	G		100 Huntley Street ()	SpongeBob Mona	SportsCen tre 🖭		How-Made How-Made	Paid Prog. Paid Prog.	Hoze Henrys		StarTV Spin City	Body" In the He of the Night
0	Saved-Bell Saved-Bell	and the second second second	Little Bear Bear	Sesame Street (EI)		Discover Discover	City Confidenti al (9)	Regis and Kelly	100 Huntley Street (tt)	World Vision 📾	Lazy Town Monster	Off-Record Fishing	Regis and Kelly	Daily Planet @	Good Day Live (N) (6)	Pooh JoJo	Maury 🔞	News (6) City	Magnum P.I. CE
(0)	Cosby Cosby	The Price Is Right III	Elliot Moose	Reading Lions	Ellen DeGeneres Show	The Price Is Right @	American	The View (N) 📧	World Vision @	Taste MoneyWs	Rupert Monsters		The View (N) 🖽	How-Made How-Made	The Larry Elder Show	Stanley Art Attack	Jerry Springer	Movie: "The Haunting	News (
F Land	Harvey Home Imp.	Judy Body	English Canada-	Yoga Sit-Be Fit	Frasier M*A*S*H	Young and the Restless	401	News (G) Paid Prog.	The Insider MoneyWs	News (Live) @	Hamtaro Fly Rhino	Cnarla	Balance-TV Balance	Ghosts- Rain.	Montel Williams	King 🐵 Jason	Jerry Springer Infidelity.	of Seacliff Inn" (1994)	Rockford
5	Drew Drew	News 📾	History Second	Charlie Rose (N)	Shop Shop	News Bold & B.	(1994),	All My Children	News œ	Days of our Lives	Neutron Jacob	Motorcycle	Daily Bold & B.	Rail- Machine	Perry	Hercules Goof Troop	Maury 📧	CityLine	Magnum P.I. @
-	Yes, Dear Yes, Dear	Days of our Lives	Moving On Planet	Yoga for	Days of our Lives	As the World Turns	Murder, She Wrote	One Life to Live (1)	World	As the World Turns	George S. Care Bears	Series-	Vicki G. Vicki G.	Frontiers of	Fam. Feud Fam. Feud	Mermald . Aladdin	Jerry Springer	Relic Hunter @	Funnies Home Videos
2	Home Imp. Friends	Starting Over (N)	Gaslight Health	the Rest of Us Dragon	Passions ©	Guiding Light (1930)	Third Watch (E)	General Hospital	Passions	Passions	Mona Lazy Town	Poker Interruption	General Hospital	Super Ships @	Pat Croce Pat Croce	Dalmatian Mouse	Home Delivery	Ellen DeGeneres Show	Cosby
2	Seinfeld Seinfeld	Emmerdale Direct Buy	Zoboo Arthur	Postcards Arthur (EI)	Brown Brown	Dr. Phil	City Confidenti al (@)	The Jane Pauley Show	the	Young and the Restless	Jacob Mystery	Off-Record Sports		Frontiers of	Starting Over (N)	Fillmore Weekend	MegaMan Pokémon	News 📧	Home In Will-Gra
1	Raymond Raymond	Simpsons Malcolm	George S. Babar 🕮	Cyberchas Zoom (El)	Judy Judy	Oprah Winfrey @	American	Millionaire ABC News	Oprah	News @	Neutron Tn-Titans	In Corner Monday	Frasier Friends	Dally Planet (N)	Little	Recess Barbarlan	Yu-Gi-Oh! Yu-Gi-Oh!	Sex & City Friends	Will-Gra
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SNOWBOARD

GAMES

FAMILY

SNOWMEN

SLIDING

SKATING

monday movies

MORNING

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2

- 10:00 am CITY 29 **"The Haunting of Seacliff Inn" (1994, Horror) William R. Moses. Premiere.
- Horror) William R. Moses. Premiere. Supernatural occurrences plague a couple who recently bought an old home to convert to a bed-and-break-fast inn. (E)
 11:00 am A&E (?) * * "Shades of Fear" (1994, Mystery) Vanessa Redgrave. A would-be aviator and a pair of suspected lesbian missionar-ies are among the passengers on a ship bound for England. (E)

AFTERNOON

5:00 pm WGN 38 **%"Once Upon a Dead Man" (1971, Mystery) Rock Hudson. Police Commissioner McMillan receives unexpected crime-solving help from his wife in the pilot of "McMillan & Wife."

EVENING

6:00 pm CITY 29 * * * "About a Boy" (2002, Comedy-Drama) Hugh Grant. Premiere. An irresponsible bachelor learns maturity and com-passion through his friendship with a lonely boy.

8:00 pm WTBS 3 * * * "O Brother, Where Art Thou?" (2000, Comedy-Drama) (PA) George Clooney. The Coen brothers wrote and directed this tale of three escaped convicts and their unusual odwsew in the Deen South [E] escaped convicts and their unusual odyssey in the Deep South. [6] CHBC [4] "A Beachcombers' Christmas" (2004, Comedy) Dave Thomas. Premiere. The new owner of Molly's Reach organizes a celebrity hockey game as a fund-raiser. [6] (DVS) 200 pm FAM [75]

raiser. (E) (DVS) 9:00 pm FAM (26) ★★★"Gremlins" (1984, Fantasy) Zach Galligan. A picturesque com-munity is overrun by a lovable little creature's evil brood in this Joe Dante comic thriller. 10:00 pm WTBS (3) ★½"Crocodille Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Australian adventurer Mick Dundee uncovers a link between smugglers and moviemakers during a visit to Los Angeles. (E) 10:06 pm CITY (29) ★★★"About a

Angeles. [t] 10:06 pm CITY [29] *** About a Boy" (2002, Comedy-Drama) Hugh Grant. An irresponsible bachelor learns maturity and compassion through his friendship with a lonely boy. [c]

THE NEWS LEADER WORD SEARCH

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Last Week: The Village of Princeton paid \$10.00 for the purchase of the Granby Tailings Pond.

Let's Play Princeton Trivia!

Question: Which Bank opened a branch in Coalmont in 1911?

Brought to you courtesy of: PRINCETON MUSEUM

SINGING

SANTA

GIVING

FRIENDS

MOVIES

TREATS





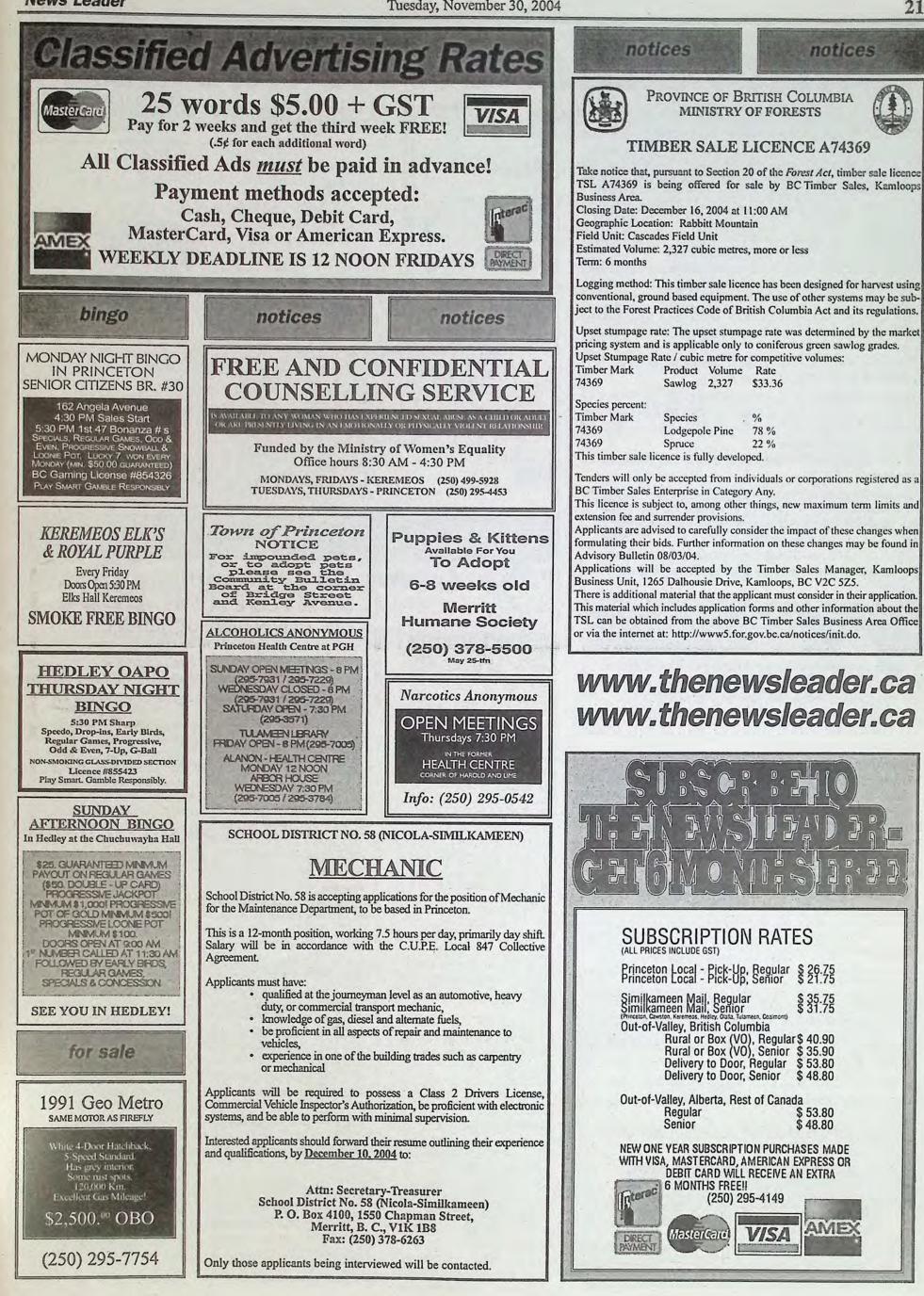
Similkameen teader

Tuesday, November 30, 2004



Similkameen News Leader

Tuesday, November 30, 2004



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editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0



Getting out of the starting gate

22

We applaud the group that has just formed in an attempt to revive Princeton Racing Days.

It's an event most residents will agree has never really been replaced with a celebration of the same size or excitement.

The attempts made by groups to fill the Canada Day Weekend have been great, but not quite as spectacular.

Three and a half years have passed since the last races were held at Sunflower Downs.

At the time there was a severe shortage of horses in the racing circuit which made many of the Interior race tracks either fold or reduce their race meets to only a few racing days.

The spirit of racing has always remained in Princeton.

The proposed plan of a single race meet in early July has us concerned. We do not believe a Friday evening card of five to nine races is going to replace the day long event of years gone by.

Nor do we believe there are enough volunteers available to make the event as successful as it had been before.

We also feel the plan of raising money for purses in the neighbourhood of \$4,000 per race is a nearly impossible goal.

The efforts of previous Racing Days Committees in the purse sponsorship program could only pull in purses averaging \$1,200 per race. That was also at a time when the local economy was stronger.

Don't get us wrong, we believe the return of Racing Days is a wonderful thing and we plan to support the event in whatever way we can.

Speaking from years of experience of dealing with the inner workings and sheer mechanics of the event, we find some of the new groups plans a little hard to swallow.

We hope to be proven wrong and have to admit the group has to start somewhere.

Let's just hope they don't stumble their way out of the starting gate.





Prostate cancer survivor applauds Hagen

Dear Editor;

Today, Stan Hagen MLA for Cowichan, and minister of something in our provincial government, called a news conference. Many reporters and even some employees of the CBC attended. The news is a little too late for Thanksgiving but let us give thanks anyway that Stan Hagen is going to survive Prostate cancer surgery and in a few weeks after this trauma, he will be able to monitor the removal of the name signs on the highway in his constituency. (For those not familiar with this story, a short stretch of the Island Highway was named after an unarmed union organizer who was hunted down near that vicinity and shot in the back of the head by a policeman). Ginger Goodwin's crime was unionizing coal miners. The subject highway was built by the previous administration, on time and within budget, using unionized labour. But I digress.

In 1991 I was told that I had prostate cancer and that if I would undergo minor surgery and if I was willing to endure a few radiation treatments that I would live many more years. Thank you, Tommy Douglas! Some minor complications could arise but the alternative was probably an early and pain-filled exit from this mortal existence. I called a news conference, and no one showed up. I was devastated. I attributed this lack of concern and respect to the fact that I often rattle the chains of the establishment.

Then I thought back to 1977 when a newly elected Bell Bennett government, anxious to make brownie points, cancelled the "illconceived" Dave Barrett paramedic service. When within a few days of the cancellation notice, a Social Credit cabinet minister was rescued from almost certain death by one of these motorized knights, not only the minister but also the service was revived.

Let us pray that MLA Hagen's problems coupled with the leukemia of one of our many health ministers bodes well for our health care system. Let's remind them at the first opportunity that privatizing single mother's jobs from 14 dollars to 8 dollars pr hr in order to give doctors a 60 thousand raise was not a popular move. Let's also remind them that it is time to say good riddance to a government that reduced the wages of the cleaning staff in hospitals in order to give administrators a hefty raise, and added further insult by fining them for picketing to appeal the roll-back. Sincerely, HP Toews

Bunn attacks foreign aid

To The Editor;

We hear it every year at tax time; "Canadians work the first 6 months for the Gov't. before their paycheck is their own." Unquote.

How many taxpayers are aware of the fact that our Federal Gov't. gives \$64.5 million each year in foreign aid to China? These are reasons why both parents in a household have to work to make ends meet!

With shocking facts like this mega give away program, it is quite evident that our Liberal Gov't. is mishandling public funds far beyond the sponsorship scandal.

Is it any wonder that Canada has a \$500 billion debt? Most Canadians today are left with no other option but to purchase products made in China on contract to our CDN. Corporate manufacturers who enjoy Federal tax breaks while taking away employment opportunities from Canada's labour force at the same time.

Does Paul Martin not know that China's economic growth is 3 times that of Canada's? or that Canada's purchases of China's goods are in excess of \$18 billion annually?

Can you imagine the positive effects if \$64 million were injected into towns and communities across Canada each year?

Canada is short of manpower and good equipment in it's armed forces, but would rather give money away and shop for submarines at a WAR SURPLUS auction. There are literally thousands of idle adolescents without guidance across Canada who need to be taught self discipline through inscription.

Canada is short of Law Enforcement because of this same problems, It's all relevant.

Even our regional opposition MP's display their lack of concern for Canada's future by showing more concern for same sex marriage or the throne speech. We definitely need some real people in Ottawa instead of unqualified amateur actors. - Michael Bunn

What has unmanned all our men?



Dawn Johnson editor@thenewsleader.ca

Before I learned about Viagra, I knew very little and cared even less about erectile dysfunction (ED). It was not a topic that came up in any discussions we girls had. From the bragging we heard from most men, it was frigid women who had a problem with sex. That was before Viagra.

Now, if television advertising is to be believed, getting it up and keeping it there is a nationwide problem of some magnitude. Is this why our birthrate has fallen so drastically? You mean it's not the Pill, it's ED?

When I was younger, I thought the major sex problem was preventing pregnancy. Today, you would never know The Pill had been invented. Young women are having babies like The Pill never existed. Are they so concerned the guys' ability to perform will be lost soon that they want an early pregnancy before the guys have to turn to the little blue pill?

It used to be said that sex sells, but now it seems ads are selling sex to young men. The ads say, "Here you go, guys, you can do it now. We know you couldn't before, but now you can, so buy your pill and go to it."

Perhaps most distressing of all is seeing the Viagra sponsor sign at all the big sports events. It looks Lions loss saved

taxpayers money To The Editor;

So the BC Lions lost. It was still a great game and good for the country. Most times someone has to lose. We explain that to the grandkids. Any married Grandpa knows this from personal experience.

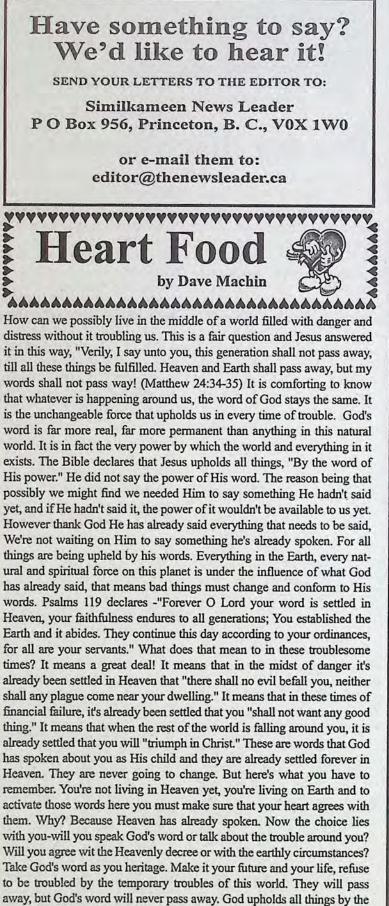
But think positive - a Lions win may have set off over happy fans to rioting and property damage. No win - no damage, no medically high cost bent bruised noses or law suits and no extra police.

The Money saved can go towards the ray overruns and maybe eventually extending the Sky Train to a "Princeton Station" - gateway to "Paradise".

Regards, Joe Schwarz Princeton,BC like even our top athletes, the guys you would think would have the least problem, are in the same dysfunctional condition in bed as the couch potatoes.

To foreigners in less sexually obsessed nations, the Viagra and other ED cures must reassure them of their manhood. India, for example, and China, have national programs to prevent pregnancy, so we know ED is not a problem among their men. Perhaps we'll see an increase in male tourists from those countries, eager to leave their genetic mark in North America. They may even arrive wearing jackets with an embroidered logo that reads "No Viagra needed"This could generate a whole new kind of sex trade! Has anyone told the Minister of Trade and Industry the potential?

I'm sure the problem with ED in North America is really serious and widespread, as I hear no complaints from guys fed up with so much of this advertising. In my opinion, if the problem is so prevalent, men should start looking for a way to prevent it, rather than just taking a pill. Nationwide, we should find out what has unmanned our men!



Pastor Dave Machin, SUNDAY SERVICES 10:30 A.M. 221 A Bridge Street, Princeton, B.C. 295-0599

believe it! God is good, His word is good, and good all the time!

word of His power and that word will come to pass in your life if you will



et.

Similkameen News Leader



Burbidge on forest fire matters

Natives or by lightning, which cre-

them. They appeared to regard parks as expendable because there was a law against logging in parks, but were still concerned about preventing fires where merchantable timber was at risk, and where homes were in jeopardy. This policy of letting fires in parks burn is now being set aside, apparently, because the law has been changed to permit logging in parks. After logging, the accumulated duff and the logging debris can be burned off in 'controlled burns'--just helping nature along. It will be difficult to tell where parks begin and commercial operations end. But of course, the slogan we all endorse these days in British Columbia is surely the only thing that matters is money'. If conservationists whine about the desecration of park land, and the lack of natural forests, that just shows again how unrealistic they are.

I think that British Columbians need to do a good deal of soulsearching about the way they wish their forests to be managed, and their parks and wild spaces preserved, over the long run.. The key, it seems to me, is controlled burning, where the Forest Service plans and controls the burning of selected areas, whether logged or not, so that the fire can be limited to burning in the duff on the ground, without escaping to the tops of the trees, and producing a wall of flame sweeping all before it. This is tricky and very expensive, not a practice likely to find favour in an era when the prime goal is the cutting of taxes. And controlled burning is only possible under certain conditions; if successfully accomplished, it reduces the fuel on the forest floor and creates a good bed for seeds to flourish.

Those conditions vary according to species. Our magnificent grasslands are gradually being invaded by seedlings, primarily because we have prevented the grass fires which periodically cleared out those seedlings so the grass could grow. A controlled ground fire would clear the meadows for grass, but leave those majestic, old Ponderosa Pines, whose thick bark makes them almost impervious to fire. It was ground fires, set by

ated and preserved the grasslands in the past. Parks in grasslands would benefit from controlled fires; the burned grass restores itself the following season, and flourishes beautifully, and seedlings of trees are cleared away. The situation is somewhat different with stands of Douglas Fir, which can regenerate without fire. This species thrives in stands of mixed aged trees, and young ones fill in when the old mature trees die and fall naturally. If a hot ground fire does occur, the thick bark of mature fir usually preserves them to reseed that stand, although the seedlings after such a fire come in with incredible density (called 'dog hair' by foresters), and the forest will take centuries to thin itself out. Selected logging of older trees can greatly benefit the ones that are left, branches and limbs can be piled and burned to reduce the duff layer, and after a generation, a park so treated would look as natural as most could wish. Lodgepole Pine (often called Jack Pine) is the problem species. Its bark is thin and easily destroyed by even a moderate ground fire, and it normally grows in rather dense stands which are susceptible to crown fires which terrify everybody with their speed and destructive capacity. Indeed this pine seems specially adapted by evolution to burn and regenerate, since its cones are so hard and firm that they normally do not release viable seeds unless they are opened by either squirrels or fire. Furthermore, its thin bark makes it much more vulnerable to bark beetles than are Douglas Fir and Ponderosa Pine. The natural cycle for a Lodgepole Pine forest involves 1. mass regeneration after a fire, 2. rapid growth of even-aged trees to maturity in up to one hundred years, 3. then attack by beetles and rot which make the stand vulnerable to fire, 4. and finally a fire to clear all the old debris away and regenerate a new forest. Our warming climate is a real benefit to the beetles, so the cycle is speeding up a bit, as they move into trees that

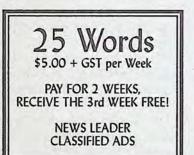
are less than mature. It is not clear to me how this Lodgepole Pine cycle can be accommodated in a park devoted to the preservation of the natural forest. The policy of letting nature take its course will inevitably produce fires, some of volcanic proportions. The alternative is logging, which increases the fuel buildup, unless it is followed by expensive clearing of debris and risky controlled burning. And logged areas, of course, offend the eyes of those who wish to see a natural forest, and make it difficult to distinguish between parks and commercial forest. So the debate about how to manage our parks must continue, although I gather the impetus these days from government and industry is to treat parks as they do the rest of the our forests--as one giant plantation for the production of lumber and pulp.

Of course, the dilemma confronting British Columbians about how best to preserve and renew their forests is complicated by the onset of global warming and the penchant of nature for fire as a restorative. Let no one think that the much heralded build up of fuel in our forests is a new phenomenon. Monumental fires have occurred in the past, fires which swept through the crowns of trees and burned over vast areas of our province.

They will again, at least until we pave over the whole province and turn it into a parking lot. Perhaps we should consider the problem from the perspective of centuries rather than years. But such a view, I suspect is beyond the capacity of humans whose short lives are out of step with the rest of the natural world.

- M. Burbidge

P. S. I make no claim to being an expert on forests, and would appreciate any comments from those who are, and who are good enough to point out any errors I have made.





We're first and that's why we're the

Similkameen

News Leader

otherwise we'd just be news later.

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THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR

10

Similkameen **News Leader**





The new Princeton Racing Days Association was formed Friday night. Seated front left are, John Bey, President and Ed Vermette, Vice President. They are joined by Carol Ruoss and Jody Woodford (Secretaries), and Directors Sandy Gabor, Jack Powell, Abe Willis, John Draper and Barrie Fraser. Missing from photo: Director Brian Anderson and Treasurer Sandra Kinsey.

re at the Post!

EXCLUSIVE TO THE NEWS LEADER BY W. GEORGE ELLIOTT, PUBLISHER

After a three year absence, live horse racing may make a comeback in Princeton's Sunflower Downs.

A meeting held Friday night saw an executive elected and plans set in motion to try to bring horse racing back to the area.

The new board includes John Bey as President, Ed Vermette Vice President, Jody Woodford and Carol Ruoss sharing secretarial duties, Sandy Kinsey as Treasurer and Directors Jack Powell, Brian Anderson, John Draper, Sandy Gabor and Abe Willis.

The drive behind the group is a core of local individuals who met two weeks ago to see if there was any interest in reviving Racing Days.

That informal meeting lead to the organizing meeting Friday.

There is still a bank account, although it was emptied with funds dispersed when the committee dissolved.

There is also pressure from the Interior Horse Racing Association to schedule dates if a meet is to take place locally.

"If we don't reserve dates first, then we have to start all over again," Bey told the group of fourteen in Town Hall.

work on all the other details."

There was much discussion about dates and at one point there was consideration put into a single day of racing coupled with either the CPRA Rodeo in May or Fall Fair in September.

Eventually dates were set for either July 8th or July 1st.

The plan would be to establish a Friday night race card of between five and nine races.

The reasoning behind that decision was that Fridays are non-race days at Exhibition Park and it could be enough to attract horse owners from the Lower Mainland to

Sunflower Downs.

The lack of attendance at the meeting was noted as a sign of lack of interest from within the community.

Workload on volunteers was viewed as a possible reason why attendance at Friday night's meeting was low.

Bey stressed the importance of putting a Board of Directors and proposed dates in place first.

"Then we can worry about the mechanics of running the thing." An informal election was held and

memberships were collected. The Friday night race card would

include purses in the \$4,000 per race range and offer races that aren't being offered at Exhibition Park.

The Interior Racing Association will be planning the entire race

schedule at a meeting on December 12th.

It will be at that time when Princeton's racing committee will know what date will be the one chosen for racing at Sunflower Downs.

As for track prep, the race track has been kept in good shape as there are at least two horse trainers currently using the facilities.

Other concerns discussed at the meeting included volunteers and sponsorships.

Both items were noted as having an affect on the racing event, but the mood in the room was directed more at securing dates and reactivating the bank account.

The next meeting of Princeton Racing Days will be announced once a date is set.

More Letters To The Editor: **Gouk offers information**

Dear Editor:

I can well understand the concerns raised by Lois Funk regarding the justice system in her letter to the editor on November 23, 2004.

This has been one of several very important issues that I have been fighting the Liberal government on. Some time back I did a study for the party on this very subject. A copy of this report is available from my website located at www.jimgoukmp.com.

For those without access to the internet and who are interested in receiving a copy of the report, please call my office at 1-800-667-2393 and they will send it to you.

Sincerely,

Jim Gouk, M.P.

British Columbia Southern Interior

Tarswell says thank you

To the Editor:

Re: Jim Sinclair Presentation November 17

On behalf of the Princeton District Teachers' Union I would like to thank all those who came out last Wednesday November 17 to hear Jim Sinclair, President of BC Federation of Labour, speak. I have heard extremely favourable

comments regarding his presentation.

People tell me they found the presentation informative and useful.

Robert Tarswell, President Princeton District Teachers' Union

(Editor's Note: Thank you, Rob, for your kind words regarding our coverage of Jim Sinclair's visit to Princeton.)

A latter of

<u>FRIDAY, DECEMBER 3</u> 5:30 - 6:00 PM Ice Candles Entries, Cenotaph

6:00 - 6:30 PM Parade of Carollers

6:30 - 6:45 PM Light-Up, Greetings from VIPs

7:00 PM Ice Candle Judging

7:30 PM Skating at Arena

(Winner must be present)

FOR MORE INFORMATION CONTACT THE CHAMBER OF COMMERCE 295-3103

<u>SATURDAY, DECEMBER 4</u>

9:00 AM - 5:00 PM Downtown Shopping 9:00 AM - 3:00 PM Silent Auction, Cultural Centre (Proceeds benefit Crisis Assistance Society &

Living Water Foursquare Church) 9:00 AM - 12:00 PM Childrens Day Camp. Living Water FourSquare Church 12:00 PM Candy Houses, Town Hall Line Dancers, Downtown Ice Sculpture Entries, Cenotaph

12:30 PM Winterfest Parade (Entry Information at Kevin Acres)

1:00 - 3:00 PM Santa at Legion Hall

3:00 PM Shopping Draw, Cenotaph (Winner must be present)

3:30 PM Silent Auction Winners announced

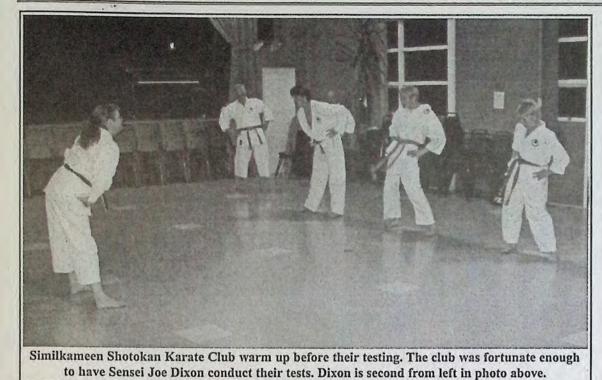
Winterfest 2004 CLIP N SAVE SCHEDULE Brought To You By: SIMILKAMEEN NEWS LEADER COVER2COVER BOOKKEEPING

6:00 - 9:00 PM Downtown Shopping Specials (Down Bridge & Vermilion to to meet at Cenotaph with Princeton Community Band)

8:00 PM Childrens Prize Draw, Cenotaph

"Once dates are reserved we can

More Letters To The Editor:



Sensei offers some inspiration

by Joe Dixon, Technical Director, JKA/BC

I began training in Karate in 1976, in the town of Mackenzie, in northern BC. At the time had just left the Navy and taken a job up there. My wife was the one to first take an interest in Karate of us two, she joined the newly started Karate club taught by Sensei Jim Hamilton from Prince George. His style was Wado ryu, and at the time he was a Sandan. He or his senior student, Sempai John Hallam, came to Mackenzie twice a week to teach. The drive was 250 miles return, they were dedicated!

One day, I went down to the Dojo to pick up my wife and while I was there I watched as Sensei Hamilton did roundhouse kicks to the cement walls. The whole building would ring with each Kick. Immediately I knew this was for me, even at the 'old' age of 29. I joined at the next class and immediately found out how difficult it is to do Karate and smoke two packs of cigarettes a day - after being repeatedly sick at each class, both my wife and I quit smoking. I have never smoked since, perhaps Karate has already saved my life.

After training in Mackenzie for 8 months I moved to Coquitlam and joined the Shotokan club at Port Moody in October, 1977. Sensei Gary Johnson ran a part time club out of Coronation school on Monday and Wednesday as well as another club out of Surrey on Tuesday and Thursday. I trained everyday in Port Moody and tried to make as many as I could in surrey.

In 1979 Sensei Johnson started another club at Maple Ridge, I went as his assistant. At this time I was a purple belt and we had just joined the JKA under Sensei Nishiyama. Under his training I graded up to 1st Kyu. During this time I competed in NKA and open tournaments, doing well in both Kata and Kumite. I received the Gold medal for Kumite during the 1980 BC Winter Games in

Kimberly, BC. However, I left competition in 1984-85, one of my students was getting to be too good. David Takishita went on to become one of the best competitors ever produced in BC.

In 1983 when we joined the ISKF, karate completely changed for me. At this time I was the first Black belt graded by Sensei Yaguchi in BC. We travelled to Denver camp that year where I watched the Black belts in amazement-they were years ahead of me. It was then that I realized I was given my belt to help build up BC, not because I was the same caliber as Sensei's students.

I look back now and realize that I was at the level of a 3 kyu from BC now. But we grew and trained harder and within 4-5 years were equal to the rest of the world and even better then some. This has given me the insight on how to build up a club that is just starting out. Move slow and with a lot of patience.

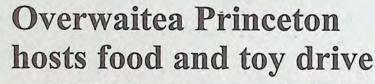
I took over the Port Moody dojo from Sensei Johnson in 1993 with 34 students and \$1800.00 a month rent. We grew quickly and soon averaged 100 students, with an even mix of men, women and juniors. I had some of the best students in BC. Not just for their Karate but also for their organizational abilities. If I wanted to have a tournament or special training my seniors would do the job, and I got all the glory.

In 2002, I became Technical Director of JKA/BC, with Sensei Yaguchi, taking over the job of Chief Instructor from Sensei Johnson. In order to move around BC to do gradings and seminars plus building the organization up, I realized my own dojo would suffer. At this time, Sensei David Takishita and I decided to join the two dojo's together. It was quite the experience for both of us-and no doubt our students wondered if it would work out.

It is due to our different ways of teaching that Port Moody is moving forward and growing. The differences in all the Instructors keeps Karate growing and developing. No one person can truly say that they are the best. We are lucky in that we have an organization with Instructors who come very close to this ideal.

Keep training!

(Editor's Note: Similkameen Shotokan Karate Club is a small group working hard for it's members. The News Leader thanks Paul Bedard for sharing this information.)



Our CHRISTMAS FOOD and Rival Skillet, a Rival Crock Pot or TOY DRIVE is on again and we would like to remind everyone that on FRIDAY, DECEMBER 3rd we will be having our FOOD DRIVE and on FRIDAY, DECEMBER 10th we will be having our TOY DRIVE at OVERWAITEA.

Anyone who puts a NON-PER-ISHABLE FOOD ITEM, TOY OR CASH DONATION in the box will be able to put their name in for a chance to win 1 of 3 great prizes that have been donated by Overwaitea.

This year the prizes include a

a Framed Picture.

So come out and support the FOOD & TOY DRIVE and get your name into the draw for a chance to win one of these great prizes!

25 WORDS

\$5.00 + GST PER WEEK

Pay for Two Weeks, the

Third Week is FREE!

News Leader Classifieds

- submitted



similkameen News Leader

NOTICE OF APPLICATION

For A Water Licence, Water Act (Section 10)

I, Jeffrey M. Bough, 3278 Marvern Way, Abbotsford, BC, V2S 4M9, have applied for a water licence to divert, use, store water out of Summers Creek which discharges into Allison Creek, and give notice of my application to all persons affected. The point of diversion and storage tank will be located at: Lot 2 DL 2421 KDYD Plan 30057, which is 5.5 kilometres off Highway 5A, approximately 10 kilometres North of Princeton, BC. The quantity of water to be diverted or stored is 2,500 gallons per day. The purpose for which the water will be used is irrigation. The land on which the water will be used is Lot 2 DL 2421 KDYD Plan 30057. Anyone having concerns or comments with regard to the above proposal, please contact me at the above address in order that we may discuss the issues and arrive at a mutually acceptable arrangement. Objections to this application may be filed with the Assistant Regional Water Manager at 145-3rd Avenue, 3rd Floor, Kamloops, BC, V2C 3M1, within 30 days of the publication notice.



Hedley OAPO hosted another successful Craft Sale Saturday at their Hall. There were plenty of booths with numerous handmade Christmas Gift ideas for all members of the family.



Forman meets with locals

Liberal nominee for Yale-Lillooet Lloyd Forman met with a handful of a supporters last Tuesday night. The informal meeting was held in the renovated gazebo at Princeton Castle Resort.

Foreman is now up against only one other person seeking the Liberal nomination, David Laird of Merritt. There was a third, but Chris O'Conner recently withdrew his name.

Forman discussed the long wait to settle the Liberal candidate issue as the Yale-Lillooet nomination meeting is not scheduled until February.

Forman admitted the NDP's Harry Lali will be a tough candidate to beat in a Provincial Election.

When it was pointed out that Forman was the likely choice for the Liberal nod, he responded with,

"It's not about me, it's about all of us here getting together and thinking about how are we going to keep the opposition MLA out."

Forman relied on his casual style to carry him through the evening and stated,

"I'll guarantee I'll listen and I'll perform the best job I can."

On government decisions and decision-making in general, Forman shared his views.

"It doesn't matter if we all have different points of view, what matters is that we all agree on the solution."

One of Forman's reoccurring themes is the concept of 'Communities In Control' where he feels the direction should come from within.

"I definitely listen and I think I can do what has to be done and I think the community should drive that. I really believe that."

Forman has spent numerous hours travelling throughout the riding meeting and getting to know people and local issues. It all ties in with his view on choosing a candidate on election day.

"If I'm the best one, I want people to get to know me and make a business decision by picking the right choice."

Forman believes having the power to make decisions is important in the hands of British Columbians.

"I believe the government's role is to give people a choice and it's up to the government to create the climate that gives people choices." Forman is also clear on his goals

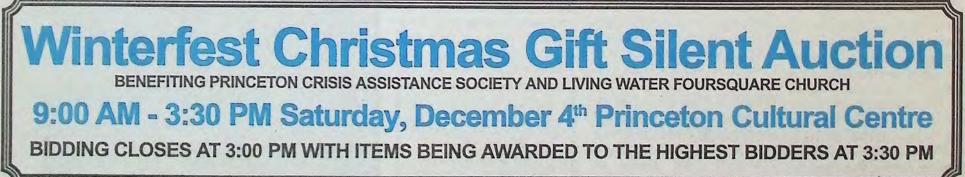
and aspirations.

"If I didn't have a business or wasn't doing this (seeking the Liberal nomination) I'd be at the corner gas station pumping gas so I can keep doing something to give me a reason to get up in the morning and still meet people."

Issues discussed included politics, community forests and tourism.

"We should pursue all the tourism we can, but I feel it's the natural resources in the province that bring us the wealth."

Forman, from Boston Bar, hopes to become the next Yale-Lillooet MLA and has a lot of support locally.



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