

Similkameen News Leader

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News Leader**
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Princeton man killed helping motorist

RCMP have released the name of the man who died Wednesday on Highway 97 near Kelowna while he was helping another motorist.

Ernst Juli, 44, of Princeton was outside his vehicle helping a woman whose car was stuck in the snow, when he was struck and killed by an oncoming SUV.

The sport utility vehicle had lost control on the icy pavement.

RCMP Traffic Services Officers are still investigating the fatal accident.

They are hoping witnesses to the incident will come forward with additional information.

Poulsen will announce rodeo

Princeton Rodeo Club announced at their January 14th meeting that Dave Poulsen will be the 2005 Rodeo Announcer.

Poulsen - who has 25 years experience - is a three-time CFR announcer and has made sixteen consecutive appearances at the Calgary Stampede and will provide all rodeo announcing for two days of rodeo and any slack.

Poulsen's fee is \$600 + GST per day, plus a hotel room for two nights.

"I've heard good things about your rodeo and would certainly be excited about the possibility of working with you," Poulsen said in an e-mail to the club.

Falcon swoops into town



Minister of Highways Kevin Falcon was entertaining and an interesting speaker. He was in Princeton last Wednesday night where he met with members of Princeton and Keremeos Councils, Chamber of Commerce members and representatives of Princeton's Business Enhancement Association.

Highways Minister paves way for change

A total of 35 people attended an informal gathering with Provincial Highways Minister Kevin Falcon last Wednesday night at the Goldion Restaurant.

Yale-Lillooet MLA Dave Chutter introduced Falcon, who lives in Cloverdale, with an indorsement.

"I'm impressed with the importance he puts on good roads and good transportation around Yale-Lillooet."

Falcon, who entered politics in 2001, detailed the economic and transportation plans developed by the Province.

"When your Province is running a deficit, it's very easy to turn off the transportation tap," Falcon said.

"We often forget how closely connected transportation is to economic growth."

Falcon stated there were a total of four areas of transportation his ministry has focused on since the BC Liberals came to power.

Ports were first.

"Our port situation is just exploding," Falcon said.

Airports were next.

"We think small community airports are important economic generators."

Railways followed.

"They are such a critical part of rural resource development."

The final element of the transportation plan is Highways, Roads and Bridges.

"Over a three year period we are investing \$1.3-billion on road rehabilitation and repairs throughout the province."

Falcon explained a total of 82 percent of that figure was going to be spent outside the lower mainland and did not include major capital projects.

.....continued on Page 5

Early school fun makes a difference

Tiny tots go to school in Princeton. Once a month, on the last Wednesday of the month, preschoolers attend John Allison Elementary School for a morning of fun.

Teachers Lorna Gregson and Kathy Froese, who began the program several years ago at Vermilion Forks Elementary, gave school trustees a brief review of the program at the January 12 School Board meeting. They showed photographs of children involved in activities, and described the many things the older children do to involve the little ones. The regular students become "buddies" to the visiting pre-schoolers.

The older children read stories to the tots, play games with them, help them in gym activities and teach them songs to sing with the rest of the class. There is always a snack time and lots of socializing.

Parents are not left out of the fun. They attend with their children, and there are professionals, such as Public Health Nurse Beatrice Bibby, who can offer parents a lot of information.

Why have this program?

One of the weaknesses identified in a survey of local children was lack of readiness to attend school. The program helps children overcome fears of joining in activities at school, and helps parents move the children toward readiness to learn. Although the activities are seen as "fun" by all of the chil-

dren, each activity is planned to develop a skill, whether it is speech development, listening skills, or social skills.

Older students benefit from the program, too. They are responsible for helping their "buddy", and they learn skills in reading, speaking, and socializing. The parents benefit in many ways, including coming together with other parents who have pre-school age children. The school benefits by having the community involved in school activities.

The best benefit comes when a

Rodeo Club thanks 'rep'

Princeton Rodeo Club met last Friday night to discuss plans for the 2005 CPRA Rodeo, planned for May 14th and 15th.

Acting as Rodeo Rep for the past year was Colby Whelpton and Club President Stan Thompson thanked her for her dedication.

"We would like to thank Colby for all the time and effort she put into being our rodeo rep."

Thompson presented Whelpton with a plaque and a head stall.

The Princeton youth was visibly touched by the gesture.

The Rodeo Club also decided at the meeting to name Nadine Price as their Rodeo Queen.

The job of Rodeo Rep/Queen involves travelling to area rodeos and parades to act as an ambassador from the Princeton Rodeo Club.

The Club also thanked Bob Lind

child from the program goes to kindergarten for the first day of regular school. The child is not afraid, is eager to join in classroom activities, knows what behaviour is expected and is ready to learn.

Although the program could use a few more pieces of gym equipment, and more money for snacks and books, very little has been spent on the program. Gregson and Froese had a long list of people and groups to thank for participating in the program. It is a real community effort.

for his help in transporting Whelpton to the various activities she attended on behalf of the Rodeo Club.

Whelpton will also act as a consultant on the Rodeo Queen Committee to advise the club on how to improve on the role filled by Price in 2005.

Princeton Rodeo Club will meet again on February 18th.

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Town of Princeton

Public Notice

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For any Animal and Pest Control Concerns/Complaints please contact the Animal Control Officer at 295-0333 or at the Town of Princeton Office at 169 Bridge Street, phone 295-3135.



This display contains items produced in parts of Indonesia hit by the December 26th tsunami. The display was part of a presentation made at a meeting of Vermilion Forks Field Naturalists.

Field Naturalists visit Sumatra and Java

EXCLUSIVE TO THE NEWS LEADER
BY W. GEORGE ELLIOTT, PUBLISHER

Vermilion Forks Field Naturalists were treated last Monday night to a two-hour detailed slide presentation by club President Madelon Schouten on the country of her birth: Indonesia.

Schouten, who last visited the area in a five-week tour in 1988, shared many slides and details of Sumatra and Java, places that were hit hard during the December 26th tsunami.

Indonesia, a very large country spread out over 30-thousand small islands, has a population of over 210-million people.

Schouten's presentation centred on her tour, which took her back to the tea estates and landscape that filled most of her childhood.

She shared many details on the interesting lifestyle and architecture of the country where customs and beliefs often directed how their homes were built.

Buildings featured very high sloping peaks - which Schouten referred to as sweeps - that met at a very high point in the roofline, and were constructed from a single piece of wood.

"The belief is that the sweeps indicate wealth."

Schouten's tour took her back to

tea estates, the primary source of income for many of the people there.

"West Java has a lot of tea estates. I was raised on a tea estate - our tea estate was the largest one in Western Java."

Tea, coffee and rubber were the normal crops on such a tea estate.

Schouten's slides of farms and field crops in the area were made all that more interesting with her comments related to the tsunami.

"It'll probably be a long time before anything grows there again because of the salt water."

The Indonesian lifestyle includes fishing and the selling of cattle, and goats at large outdoor markets.

"In Indonesia carp is eaten as a

normal fish," she explained.

"Carp is not considered a garbage fish."

As most of the people in the country are followers of the muslim faith, there are also a lot of temples.

The front doors of many temples, as well as private homes, all feature intricate hand carved designs. The designs often include numerous small mirrors.

"The mirrors are used to ward off evil spirits."

Over thirty people attended the presentation in Princeton's Skills Centre.

The next meeting for the Field Naturalists will be February 21st, their Annual General Meeting.

Rotary adds to relief fund

The Rotary Club of Princeton has donated \$1000.00 CDN to a Rotary disaster relief fund. The affected countries that were hit by the tsunami have approximately 3,000 Rotary Clubs with about 125,000 members.

Rotary Clubs in Canada will work with these clubs to bring relief and long term development assistance to the disaster areas.

Rotary in Canada will concentrate on the supply of fresh water

and water cleaning additives - chlorine tablets for example - to areas of need for immediate response.

In Canada, Rotary has established a tentative budget of \$3-million to be matched by federal CIDA funds.

The total of \$6-million will go a long way to address both immediate needs to purchase water in affected areas and money in reserve for development programs.

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THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR



This became a familiar scene to many over the past week. RCMP continue to remind motorists to SLOW DOWN when road conditions are less than ideal. This driver ended up in the ditch, just West of the Princeton RCMP Detachment, early Tuesday morning.

French immersion - yes or no?

A group of parents has lobbied the school board for French Immersion in Princeton. As a result, a great deal of information has been gathered, but it must be reviewed to establish how or if such a program can be implemented in Princeton.

At the January 12 School Board

meeting, Board Chair Gordon Comeau announced the formation of a committee to review the information and make a recommendation to the Board. The committee will be comprised of district administrative and teaching staff, and representation from the parents' lobby group.

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Interior Health

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Caregivers Group**

Are you caring for a family member or friend in your home?

To Register or for More Information Call:

Come out and meet with others
who are doing the same thing!

It is an confidential opportunity to share ideas, find out what resources are available that you can take advantage of, and learn new ways to cope with the limitations that caregiving can impose on you.

Respite care may be arranged for your loved one through the community nurses. Princeton meetings will be every second Wednesday at 1:30 PM to 3:00 PM in the Education Room of PGH. Next meeting is January 12th. Keremeos meetings are every second Tuesdays at 1:30 PM to 3:00 PM in the Activity Room of Orchard Haven. Next meeting is January 11th. Refreshments will be provided.

Please call Sylvia Bailey, community Social Worker at (250) 295-4464 or 1-800-663-7867 and ask for 295-4464 for more information.

keremeos and area news



A trio of mountain goats on Highway 3A last week near Olalla looking for an early morning snack.
Photo: Brenda Engel

Organic growers plan institute

by Dennis Walker, Giant-FM

A group of organic growers in the Lower Similkameen Valley are working to establish an Organic Growers Institute in Keremeos.

The Institute would enable those wanting to learn the techniques used in organic growing to actually take courses online.

Graham Gore, who lives in Hedley, is head of the steering committee.

"What we're doing right now is building a business plan, and we've got an application into Western Economic Diversification for 25 thousand dollars in order to build that plan," Gore says.

"We're also building an educational module we hope to have up and running by September."

The internet would bring an interesting element to the service.

"It will be an e-learning university, or e-learning college, teaching organic farming," Gore says.

"There will be three components to it. They'll be learning, e-learning/classroom, and hands on learning using organic farmers and orchardists in the Similkameen Valley."

The total budget for the proposed program is set at \$80-thousand.

Gore says they will draw from local organic farmers in the Keremeos and Cawston area as resource people.

"We'll have to teach some of those organic farmers how to teach so they can become teachers in the institute."

The institute will also be a stand alone facility.

"The other thing we're looking forward to is having a brick and mortar building. We're talking at this point with School District 53, who's letting us use the old school

board building in Keremeos."

The Organic Growing Institute of BC will likely be the name of the facility.

Approximately forty percent of

Moe the Eagle flying high

Moe the Eagle says January 13th was lucky 13 as that was the day he secured his first major sponsor for all his upcoming 2005 runs.

Jeff Rowe, owner of Keremeos Valu Plus Foods, is that sponsor.

Valu Plus Foods will be sponsoring the existing Runs Keremeos Kruncher 50/25 Run and Eagle Ultramarathon plus two new events, Logan's Run - a 20 miler at Apex Mountain Resort - and the Crater Mountain Marathon (26.2 miles) also in the Similkameen.

Other Sponsors include Peach City Runners, Similkameen Country, Lower Similkameen

Council visits Princeton

The visit to Princeton last week by Provincial Highways Minister Kevin Falcon attracted invited guests from Keremeos.

Village Mayor Walter Despot, Regional District Director Roger Mayer and Councillors Ed Minshull and Jeremy Evans travelled to Princeton to speak private-

farms and orchards in the Lower Similkameen are worked organically. The region is recognized worldwide for its growing methods.

Indian Band, Okanagan GPS, Gorman Brothers Lumber, Hammer Nutrition, Runners World Magazine and Trail Runner Magazine.

Moe would like to thank all the folks who helped or supported last year including local Ranchers, townspeople, Keremeos Search & Rescue, BC Ambulance, Village of Keremeos, etc.

Moe the Eagle is still short of volunteers for the 2005 race season !!

If you can help in any way call Moe the Eagle at 499-2680 or e-mail eaglemoe@nethop.net.

ly with the Minister.

The foursome also attended an informal dinner meeting with Princeton Town Council members, members of Princeton's Chamber of Commerce and representatives of the Princeton Area Business Enhancement Association.

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Local News, Sports,
Weather, Road Reports,
Events Calendar, Classifieds.



Nick Goreas, left, accepts \$400 cheque on behalf of Princeton Highway Extrication Society. Stan Thompson, Rodeo Club President, says both Highway Extrication and BC Ambulance help out each year during the Rodeo and Goreas' group, being non-profit, received this donation as thanks.

Highways Minister talks about local roads

..... continued from Front Page

A short question and answer period followed where Falcon addressed a few local concerns.

The paving of Osprey Lake Road will likely have to wait for a little while longer.

Falcon explained such a project would incur a huge capital cost and vehicle volume would determine whether or not the road would be paved to Summerland.

He did say he'd look into the matter.

As for a traffic light at the intersection of Highway 3 and Burton Avenue, Falcon said the intersection would be addressed.

Again, traffic volume counts did not produce figures needed to justify any major changes, but Falcon explained the Trans-Canada Trail crossing could be combined into a pedestrian controlled crossing where traffic on Highway 3 would stop for flashing lights.

An underpass crossing of Highway 3 near the PetroCan will


not happen.

Falcon explained the flood plain guidelines would never be met, but admitted there were other ways of addressing the issue. Suggestions from those in attendance included an overhead foot bridge.

"We're going to do something that'll work," he said.

As for the local airport, Falcon encouraged development.

"If you feel that the airport can benefit Princeton I encourage you to get an application in."



SCHOOL DISTRICT NO. 58
(Nicola-Similkameen)
Property in Princeton

REQUEST FOR OFFERS TO PURCHASE OR LEASE

The Board of School Trustees of School District No. 58 (Nicola-Similkameen) is requesting offers to purchase or lease the School Board office building and property located within the municipal boundaries of Princeton, BC and having a civic address of 170 Vermillion Avenue, Princeton, BC.

This property is legally described as:

PID 003-214-958, Lot B, District Lot 706 Yale (formerly Osoyoos) Division Yale District Plan 33345 EXCEPT: (1) Coal See AFB Vol 18 Fol 123 No. 9729D (2) Plan M18345

In order to view the property and improvements, please contact:

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Interested parties are asked to submit written offers by January 21, 2005, although offers received after that date may be considered and any offer received before that date may be negotiated and accepted before that date.

The School District may reject any or all offers and may negotiate with any one or more offerors to the exclusion of other offerors. The School District may negotiate and accept an offer it considers to be in its best interests.



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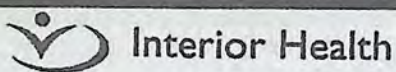
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Monday, February 14th - Princeton Legion Hall
6:00pm Dinner
Tickets are \$10.00 each
Available at:
Sears and at the Legion Office

For more information, contact
Maria Sadegur @ 295-6247



Confidential Grief and Loss Support Group

Will be offered FREE, every second week, for 6-8 weeks

- Starting Tuesday, January 18th in Keremeos
- Starting Wednesday, January 19th in Princeton

To Register or for More Information Call:

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(1-800-663-7867 will reach either of these numbers if you ask for them)
You MUST register for the first day - after that it will be a closed group -
this service will be offered again in the Fall.

If you have lost a loved one come and
get support from others in the same situation.

Refreshments will be provided.

news leader health page

Teens win by choosing milk at school

Teens should drink milk as part of a healthy lifestyle, and BC Dairy Foundation has developed a program to encourage teens to pick milk as their beverage of choice. The program takes the program into secondary schools and rewards both the student and the school with prizes.

School trustees have approved the program for use in district secondary schools, at the discretion of principals.

The program will run during April. The student who purchases milk in the cafeteria will be given two cards. One card makes the student eligible to win a prize, and one card gives the school the opportunity to win a prize.

This program has been successful

Loss of a parent hits students hard

Many students have suffered the loss of a parent and are grieving. They may have lost the parent through death or most often, through divorce or separation of the parents, but the grief is much the same for the child. Twenty percent of single parent families are the result of the death of a parent.

To deal with the grief resulting from the loss of a parent, two local teachers have trained for the Rainbow Program, and will begin group counselling in February. One teacher will help younger children, and one will help at the secondary school. Pastor Chris Haugland will be available to counsel the parents of these children.

Children and teens who lose a parent may have unexpressed feelings of anger, guilt, and low self-esteem. The grief process is the same regardless of age, and people suffering grief may not have appropriate coping skills to deal with the situation. This is what the counselling sessions deal with, and the fact that youngsters discover they are not alone in their feelings often helps the healing begin.

All information divulged will be kept confidential. Councillors will invite children or teens to join the group, and the student will make the decision.

The program begins in February. There will be one session a week for 12 weeks. For further information about the program for your child, contact your child's school principal.

in other provinces during the past 10 years. The BC Dairy Foundation provides participating schools with all of the posters and

cards needed, along with the prize list and instructions on running the program. The program is endorsed by BC School Sports.

we beat those cravings

by Brenda Engel

I thought why not stock our cupboards and freezer with the low-carb shopping list out of my book "Smart Low-Carb Living" by Prevention. We needed the groceries anyway so what better timing to go low-carb.

The list is divided into sections and we started with breads (finding a whole wheat bread without enriched flour took some studying of labels) next produce, meats, dairy, canned goods, etc. and worked our way around the aisles. We checked out whole grain cereals and scanned down to the sugars line on the Nutrition Facts label and divided the grams of sugar by 4 to get the teaspoons of sugar per serving. I also noticed that sugar isn't always listed by itself so you can't calculate on every product. We finally decided on Special K. I'm not going to bore you with a shopping trip so on to better things.

According to my book George and I are sedentary, which means we have a job or lifestyle that involves mostly sitting, standing, or light walking, and we exercise less than once a week. From that description we get an activity factor which is multiplied by our weight in pounds which gives us our current calorie needs. Rather than choosing a goal weight, simply decrease your calorie consumption. If you follow the book you can safely lose 1 to 2 pounds a week. For example if you currently take in 2,300 to 2,500

calories a day, try decreasing to 1,800 to 2,000 calories per day. All this information is in this book, along with what a serving looks like and how many servings per day to reduce your calories, and a guide to serving sizes.

One of the most important factors in losing weight is some sort of exercise. I have chosen Yoga, since it is mostly stretching (no impact) and safe for me. More on that next time, I need time to study it and practice it a little. I also plan on walking more once it warms up a bit.

We made a "Frittata with Scallops and Green Pepper" this morning for breakfast. George was the main chopper of vegetables and I was in charge of pans, heat, blending and the watcher of the pan so the food wouldn't burn. The recipe is as follows:

- preheat oven to 250F
 - heat 1 tbsp of olive oil in oven proof pan
 - the original recipe said to use 6 oz total of ham, but I used 3/4 cup scallops...toss into pan first to ensure doneness
 - chop 1 small onion
 - chop 1 green bell pepper
 - slice thickly 6 large mushrooms (mushrooms weren't in the recipe either, my own addition)
 - add onion, pepper and mushrooms to the pan and add 1/2 tsp salt and 1/2 tsp black pepper. Cook, stirring occasionally until slightly cooked.
-continued on Page 10

living past 100

Help comes for the hefty

Studies done last year have shown there is real help for overweight people. This is not a new diet but a new product. The product is conjugated linoleic acid, or CLA. A study done in the United States in 2004 indicated CLA will help overweight adults decrease body fat mass and increase lean body mass by up to nine percent. The study subjects used 4.5 grams per day, and did not go on a diet or do extra exercise.

If you are finding your weight clings to you despite dieting and exercise, CLA may be what you need to kick-start the weight loss. While a nine percent loss may not seem like much, it is 9 kg. (18 pounds) on a 97 kg. (200 pound) person, and that is very good!

What is linoleic acid? First, it is an essential fatty acid found in most vegetable oils (not coconut or palm kernel oil). When heated, these become the deadly trans fatty acids, so you want to be sure you use the fresh oil or health food supplements. Primrose oil and black currant oil contain high amounts of linoleic acid, along with Omega-3 supplements. Cod liver oil is another good source, especially in winter, but you cannot take much of it. However, you can eat salmon, cod, and mackerel, which have good amounts of linoleic acid.

For best sources, talk to your health food store salesperson.

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Princeton Ground Search and Rescue (GSAR) Society elected their 2005 executive last Tuesday night. Seated from left, Secretary Randy Rorvik, President Arnie Powell and Treasurer Dawn Gartner. Standing, from left, Directors Trina Adams, Brian Hurd and Joe Houben. Missing from photo: Vice President Peter Rytkenon and Director Lorraine Stubbins.

GSAR reviews 2004, sets goals for 2005

EXCLUSIVE TO THE NEWS LEADER
BY W. GEORGE ELLIOTT, PUBLISHER

Princeton's Ground Search and Rescue Society held their annual general meeting last Tuesday night. President Arnie Powell read a review of the previous year.

The GSAR crew had a total of

seven calls for the year, which included a general search in August following the mudslides near Hedley; providing mutual aid in Armstrong in September and the search for a missing hunter in October.

Highlights for 2004 included the

Realtors support tsunami relief

On behalf of its' member realtors, the South Okanagan Real Estate Board is contributing \$5 per member for a total of \$1,230.00 to the Canadian Red Cross directed to the Tsunami Relief Effort.

SOREB President Ann Hayes states, "All of us have been moved by the devastation and human suffering caused by this horrific disaster. As realtors, we care deeply about the communities we live in. Even though we are far from the stricken region, to see others faced with such significant loss and years of community rebuilding efforts, SOREB felt it appropriate to contribute to relief efforts and do it as quickly as possible. Our contribution will be matched by the federal government which doubles the impact of our donation. As well,

we know our members are contributing on an individual and office level, and this will supplement their efforts."

Realtors across Canada responded generously to assist with donations to help the victims of the forest fires through the BC Forest Fire Relief Fund in 2003.

"Our members like to help in any way they can, whether it is in our community or half way around the world," says SOREB President Ann Hayes.

The South Okanagan Real Estate Board represents approximately 246 members from eight sub-areas of the South Okanagan and the Similkameen, stretching from Summerland in the north to Osoyoos in the south and Princeton in the southwest.

GSAR certification of six local members and the Ground Search Team Leader certification of one member.

Large equipment purchases in the past year included a wheel stretcher and the completion of the Mobile Command Centre.

In addition to other personal achievements from within the group, members received training in swift water rescue, rope training, worked with an RCMP K-9 unit, hosted a presentation from the BC Coroners Service and participated in a helicopter orientation program and search.

Ground Search and Rescue Society Secretary Randy Rorvik outlined goals set out for the coming year.

The group will work on a pre-plan, conduct a mock search, add more equipment to their mobile command centre as well as provide more training opportunities for their members.

Rorvik says he would also like to see more GSAR members and establish a sponsor membership program.

To learn more about Princeton Ground Search and Rescue, drop into one of their meetings.

The group meets the first three Tuesdays of each month at 7:00 PM. The meetings are held in the Boardroom located in the basement of Princeton General Hospital.



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Have You Received Your
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2005 Property Assessment Notices were mailed to all property owners in British Columbia on December 31, 2004.

If you own property and did not receive your notice by January 14, please contact your local BC Assessment office.

Contact information is available in the white pages of the telephone book or on-line at www.bcassessment.bc.ca.

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The Board of Directors of Princeton & District Museum and Archives Society, left to right: Director Brenda Gould, President Nick Mills, Director Jim Pincock, Secretary Evelyn McCallum, Treasurer Sandra Kinsey, Directors Freda Schroeder and Dave Caughlin. Missing from photo: Vice-President Don Coyle.

Museum elects new executive for 2005

Nick Mills begins his second term as President of Princeton & District Museum and Archives Society. The forty-seventh annual general meeting of the society was held Tuesday, January 11, at the museum.

Don Coyle is Vice-President, Evelyn McCallum is Secretary,

and Sandra Kinsey is the Treasurer. Directors are Dave Caughlin, Brenda Gould, Freda Schroeder and Jim Pincock.

President Mills gave a full year-end report showing 2004 was an excellent year for the museum. The bank balance was down slightly

from 2003, but was considered good as there was a lot of capital spending in 2004 for computer equipment and museum supplies. Thanks to grants for student help from Weyerhaeuser, Arts Council and Human Resources Development Canada, as well as donations to the museum, spending exceeded revenue by only \$1,000. (For further information, see the President's report.)

The number of visitors to the museum last year was more than double that of the previous year. This year, many more visitors are expected, especially in consideration of World War II displays. This is the Year of the Veteran, designated in recognition of the sixtieth anniversary of the end of World War II.

The museum would appreciate loans of World War II memorabilia. They hope to be able to show uniforms from that era. Anyone who is able to contribute to the World War II displays should contact the museum at 295-7588. If nobody answers, leave your name and phone number.

President Mills praised the work of Katimavik volunteers during 2004, and welcomed a new Katimavik member, T.J. Wood from Barrie, Ontario.

Due to illness, four of the Museum Society "elders" were unable to attend: Gloria Stout (founder), Carl and Dorothy Stenvold and Eric Jacobson.

Princeton has a fascinating history. It is one of the oldest continuing settlements in western Canada. New residents to the area will find plenty of interesting involvement on becoming a member, from planning displays to digging into the archives to welcoming visitors. Most of the work has been done by volunteers who spend the early months of the year putting up new displays and organizing the collection, which expands constantly. Meetings are held monthly at 2:30 p.m. at the museum.

thoughts on education



EXCLUSIVE TO THE NEWS LEADER
 BY JINNY SIMS - BCTF PRESIDENT

The provincial government's move to close and consolidate rural schools is based on a false economy. Studies have shown that the dollar amount saved by consolidating rural schools is in many cases, negligible. In some cases, as U.S.-based researcher James Streifel points out, consolidation has actually ended up costing more. Reports out of the state of Virginia, where over 300 schools have been closed, show taxpayers did not save money. The money that might have otherwise been saved went to pay for increased administration, costs associated with the consolidation itself, and transportation costs.

Closer to home, Helen Parker, Saanich school board chair, told Times Colonist reporter Sandra McCulloch that she was surprised at how little money would be saved by closing schools in her district, and that what was needed was more money from the province. Gary Champagne, a parent

involved with the Wells Save our Schools Committee, put together a one-year expense projection showing that closing the Wells Barkerville School would save only \$430. Despite these relatively small cost savings, the provincial government has closed 113 neighbourhood schools since 2001.

Even if closing and consolidating rural schools did lead to significant savings in dollars, we need to ask about the long-term social and economic costs to students, families, and communities. Surely, it is not worth subjecting children to long bus rides that not only leave them exhausted and unable to participate in extracurricular activities, but also put them at increased risk of serious motor vehicle accidents.

In terms of communities, school closures can lead to decreasing population, plummeting housing values, and increasing unemployment and poverty, thus yielding neither social nor economic benefits.

Closing rural schools also raises significant equity issues, including systemic discrimination against aboriginal youth, who generally comprise a larger population of rural-school students. But for all youth, the neighbourhood school is the heart of the community. The Ministry of Education has a responsibility to ensure that every student in B.C. has access to a quality public education.

Jinny Sims is President of the B.C. Teachers' Federation representing 42,000 public school teachers in B.C.

weekly entertainment guide

TUESDAY, JANUARY 18, 2005 THROUGH MONDAY, JANUARY 24, 2005



Princeton's Chance Lintick (#17) waiting for a pass last Saturday night against Summerland. The game was Lintick's first since suffering injuries in a hunting accident. He also scored a goal!

Three local boys join the Posse

Princeton Posse fans were thrilled to see Chance Lintick return to the line up for Saturday night's game against Summerland Sting.

Lintick was joined by two more Princeton boys, Clifford Mare and Tyler Hogg.

Summerland owned the first period scoring five unanswered goals in the 20-minutes.

In the second period, Princeton's Chance Lintick scored at 3:34 and the arena exploded with noise. It was very obvious Lintick was back in the OK Corral.

Summerland added another goal at 4:08. The second period ended with Summerland leading 6 to 1.

The third period saw Summerland continue to dominate the game with fast skating and extremely accurate passing. They added another goal at 7:08.

Princeton's Tony Bertuzzi scored

Princeton's second goal of the night at 7:29.

Summerland scored #8 at 8:21 and rookie Clifford Mare made his first game in a Posse jersey memorable with his first goal at 8:09.

Princeton had a two man advantage with only five minutes left in the game, but could not score although they had applied intense pressure at the Sting goal.

With 2:15 left to play,

Youth auxiliary draws attention

Royal Canadian Legion BC/Yukon Command President Bud Alcorn was in Princeton Saturday night to install new executives for Princeton Branch 56.

One of the executives installed was the Princeton branch of the Youth Auxiliary.

Alcorn, from Osoyoos, said the Youth Auxiliary is such a new part of the Legion there is no procedure

Summerland's Justin Giroux challenged Lintick and the two went at it with Lintick clearing winning the brawl. It was very obvious Lintick was back in the OK Corral.

With only seven seconds left in the game two more fights broke out, the strangest of which saw both goalies taking on each other at centre ice.

Final score: Summerland 8, Princeton 3.

developed to address their installation.

There are only two Youth Auxiliaries in BC, and there are only two other regions in Canada with them. Princeton's Youth Auxiliary is already into their second year.

Youth Auxiliaries are made up of young men and women betweenContinued on Page 10



Legion Branch 56 2005 Executive includes John Haayer (President), Bud Sadegur (1st Vice), Sharon Paterson (2nd Vice), Directors Chuck Whitlock, Glen Scott, Peggy Quaedvlieg, Roberta Baron and Hans DeVos, Past President Bob Paterson and Sgt. at Arms Laurance Yuille.

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Legion Branch 56 Ladies Auxiliary was installed last Saturday night. The Auxiliary includes Charlene Longdo (President), Ann Bauder (Secretary/Treasurer), Barb Ryan (Sgt. at Arms), and Directors Norma Kraetor, Betty Golovin, Dorothy Monkman and Evelyn Cook. Missing from photo: Elizabeth Kightley (Vice) and Sharon Beausoleil (Past President).

Princeton Hospital Auxiliary news

As the new year begins our executive will remain the same with the exception of Rose Fluegal who was elected as Second Vice President and also in charge of the Hospital Auxiliary Thrift Shop. Rose started filling in for Faye Clarke who took a leave of absence in 2004 and has done an incredible

job.

Under Rose's guidance and flair for retail the Thrift Shop topped all numbers in previous years. Congratulations, Rose and all your volunteers! Hope the year 2005 will be that much better. Let's tip the scales all the way!

We are pleased that our auxiliary

has donated \$1,000.00 to the Tsunami Relief Fund by way of the Canadian Red Cross. Our thoughts and prayers go out to all the victims.

At this time we have committed \$24,000.00 to our hospital wish list for three items to be purchased: a bed pan sanitizer; a medi-man lift and a re-agent lab refrigerator.

With that our President Maureen Turner gave us her final thought for the day: Never put both feet in your mouth at the same time, as you won't have a leg to stand on.

Next month's speaker will be Rosemary Doughty, and we look forward to her visit.

See you then.
- submitted

We beat those cravings

.....continued from Page 6
-level ingredients in pan and top with 1/2 cup shredded cheddar cheese

-beat up 6 large or 8 medium eggs and pour over top of ingredients. Bake in the oven until set, about 25 to 30 minutes.

It tasted good with my side of salsa

and it's now 1:00 pm and I'm still not hungry for anything. It is delicious with a side of salsa.

4 servings and only 5 carbs per serving.

We are discovering that many people are reading and following this column, hopefully we are all learning something together.

More on Princeton's Legion Youth Auxiliary

.....continued from Page 9
the ages of 12 and 19.

"The future of this organization most assuredly will be inherited by the youth and what a better way to learn what the organization is all about," says Alcorn.

The Command President was also visibly moved by the interest shown by area youth and his involvement in conducting installation ceremonies.

"I'm probably more excited than

the young people to be doing this."

Alcorn was also encouraged in the fact that young people were finding something interesting in becoming part of the Legion.

"This is an organization that is best known for supporting war veterans, their families and seniors but we have been supporting youth in communities for years."

The Youth Auxiliaries are basically an extension of the Legion.

"We're giving the young people

an organization they can run themselves."

Youth Auxiliaries have always been a concept within the Legion structure but in recent years there has been more interest by young people to get involved in their local Legion and explore the opportunities available.

"We will encourage them to become more active in the community from a Legion perspective."



Legion Branch 56 Youth Auxiliary includes Mike Date (President), Tara Plecas (Vice President), Nick Obey (Secretary/Treasurer), Directors Kelsey-Lee MacDonald and Hannah Donohoe, Matthew Donohoe (Sgt. at Arms) and Rebecca Donohoe (Past President).

tuesday movies

MORNING

10:00 am CITY 29 ★★½ "In His Father's Shoes" (1997, Fantasy) Robert Ri'chard. A pair of magic shoes allows a child to experience the life and memories of his deceased father. [E] (DVS)

11:00 am A&E 9 "Storm Chasers: Revenge of the Twister" (1998, Adventure) Kelly McGillis. A woman obsessed with the deadly weather that took her husband's life uses his theory to predict a violent tornado. [E]

AFTERNOON

4:30 pm WGN 38 ★★½ "In the Heat of the Night" (1967, Mystery) Sidney Poitier. Tensions rise when a black detective from Philadelphia arrives in a small Mississippi town to help solve a murder case. (In Stereo) [E]

EVENING

6:00 pm CITY 29 ★ "Deuce Bigalow: Male Gigolo" (1999, Comedy) Rob Schneider. After destroying an expensive fish tank, an aquarium cleaner becomes a

luckless gigolo to raise some quick cash.

7:10 pm WTBS 3 ★★½ "Save the Last Dance" (2001, Drama) Julia Stiles. A former ballet student gets a dose of hip-hop culture after she enrolls in an urban Chicago high school. [E]

9:00 pm FAM 26 ★★½ "Mr. Destiny" (1990, Comedy) James Belushi. A mysterious stranger helps a man redirect his mediocre existence by altering the outcome of a long-ago baseball game. (In Stereo)

9:10 pm WTBS 3 ★★½ "Save the Last Dance" (2001, Drama) Julia Stiles. A former ballet student gets a dose of hip-hop culture after she enrolls in an urban Chicago high school. [E]

10:06 pm CITY 29 ★★½ "Money Talks" (1997, Comedy) Chris Tucker. A fast-talking con artist asks a TV reporter for help in evading the cops and robbers who are hot on his trail. [E]

11:10 pm WTBS 3 ★ "The In Crowd" (2000, Drama) (PA) Susan Ward. A former mental patient is given a job at a ritzy country club, where a sinister debutante takes her under her wing. [E]

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wednesday movies

MORNING

10:00 am CITY 29 ★ "Deuce Bigalow: Male Gigolo" (1999, Comedy) Rob Schneider. After destroying an expensive fish tank, an aquarium cleaner becomes a luckless gigolo to raise some quick cash. [E]

11:00 am A&E 9 ★★½ "Pride" (2004, Drama) Voices of Helen Mirren. A young lion faces feelings of rebellion and divided loyalties as she and her brother learn to survive in the wild. [E]

AFTERNOON

5:00 pm WGN 38 ★★½ "She's So Lovely" (1997, Drama) Sean Penn. A suburban mother receives an unwelcome jolt when her mentally disturbed ex-husband suddenly re-enters her life. (In Stereo) [E]

EVENING

6:00 pm CITY 29 ★ "Tomcats" (2001, Comedy) Jerry O'Connell. Premiere. A cartoonist conspires to get a womanizing buddy married so that he can collect on a lucrative

wager. [E]

8:10 pm WTBS 3 ★★½ "You've Got Mail" (1998, Comedy) Tom Hanks. Two rival bookstore owners are unaware that they are conducting a secret romance with each other on the Internet. [E]

9:00 pm FAM 26 ★★½ "Dragonslayer" (1981, Fantasy) Peter MacNicol. An inexperienced sorcerer's apprentice is called upon to save a village from the wrath of a fire-breathing dragon.

10:05 pm CITY 29 ★★½ "Spawn" (1997, Fantasy) Michael Jai White. A murdered government operative is endowed with superhuman powers after he cuts a deadly deal with the forces of hell. [E]

10:40 pm WTBS 3 ★★ "Three Wishes" (1995, Drama) Patrick Swayze. In 1955, a mysterious vagrant helps transform a young misfit into the star of a Little League Baseball team. [E]

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6 AM	"Prince Charming" Body	News	(Off Air)	Stretch Dragon	News	News	"Storm Chasers"	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	SportsCenter Canada AM	News	Daily Planet	Paid Prog.	Something Hoze	News	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today 100 Huntley Street Poko	BluesClues Dora HI-5 Timothy	Clifford Arthur (EI)	Today Laurence Fishburne; the Newberry Caldecott Book Awards.	The Early Show	Murder, She Wrote Third Watch	Good Morning America				SportsCenter George S.		Dinosaur Planet	Sabrina Charles	Aladdin Kim	News	CityLine	Matlock
8 AM	Dawson's Creek	Save-Ums! Nanalan'	Little Bear Daniel	Sesame Street (EI)	Book Awards.	Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Mona Monster	Off-Record Lumberjacks	Regis and Kelly	Daily Planet	Good Day Live (N)	Pooh JoJo	Maury	News	In the Heat of the Night
9 AM	Cosby	The Price Is Right	Madelline Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View (N)	World Vision	Canada MoneyWs	Rupert Monsters	2004 Winter X	The View (N)	Monster House	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "In His Father's Shoes" (1997) (DVS)	News
10 AM	Cosby	Judge J. Coronatin	Hockey Math Shop	Yoga Sit-Be Fit	Frasier M*A*S*H	Young and the Restless	Movie: "Storm Chasers: Revenge of the Twister"	News	The Insider	News (Live)	Hamtaro Fly Rhino	Tennis: Australian Open - Early Round - Day 2. (Taped)	Balance-TV Balance-TV	Jaws of the Pacific	Montel Williams	King Jason	Jerry Springer (N)	Rockford Files	
11 AM	Harvey	Judge J. Coronatin	Hockey Math Shop	Yoga Sit-Be Fit	Frasier M*A*S*H	Young and the Restless	Movie: "Storm Chasers: Revenge of the Twister"	News	The Insider	News (Live)	Hamtaro Fly Rhino	Tennis: Australian Open - Early Round - Day 2. (Taped)	Balance-TV Balance-TV	Jaws of the Pacific	Montel Williams	King Jason	Jerry Springer (N)	Rockford Files	
12 PM	Drew	News	Odysseys Imprint	Charlie Rose	Shop	News	Bold & B.	News	Days of our Lives	Days of our Lives	D'Myna Jacob	Early Round - Day 2. (Taped)	Daily Bold & B.	More Extremes	Perry Mason	Hercules Goof Troop	Maury	CityLine	Magnum, P.I. "I Do?"
1 PM	Yes, Dear	Days of our Lives	SportFish Planet	Art Quilting	Days of our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	George S. Care Bears		Vicki G.	Monster Garage	Fam. Feud	Mermaid Aladdin	Jerry Springer	Relic Hunter	Funnest Home Videos
2 PM	Home Imp.	Starting Over (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona Fly Rhino	Winter X Interruption	General Hospital	Great Biker Build-Off 2	Pat Croce	Dalmatian Mouse	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Dora Peep	Postcards Arthur (EI)	Brown	Dr. Phil	City Confidential	The Jane Pauley Show	Young and the Restless	Young and the Restless	Jacob Mischief	Off-Record Sports	Dr. Phil	Dangerous Animals	Starting Over (N)	Fillmore Weekend	Pokémon Mucha	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	George S. Cyberchas	Judge J. Oprah Winfrey	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	News	Neutron Tn-Titans	2004 Poker Million	Frasier Friends	Daily Planet	Little House Barbarian	Recess Yu-Gi-Oh!	Yu-Gi-Oh!	Sex & City	Will-Grace
5 PM	Friends	News	Babar Arthur	BBC World Business	News NBC News	News CBS News	Cold Case Files	ABC News	News	News	Global Global	Phantom	Hockey: Worldstars vs.	How-Made How-Made	Malcolm King of Hill	Proud Lizzie	Sabrina Fresh Pr.	Smallville "Run"	Movie: "In the Heat of the Night" (1967) Sidney Poitier
6 PM	Sex & City	Will-Grace 70s Show	Planet Wine	News- Lehrer	News Raymond	News Hollywood	Cold Case Files	News	News	Train 48 Entertain	SpongeBob Being Ian	Russian All-Stars. (Taped)	News	American Chopper	Simpsons 70s Show	So Raven Even	Raymond Will-Grace	Movie: "Duce Bigalow: Male Gigolo" (1999)	WGN News at Nine
7 PM	Movie: "Save the Last Dance"	Fortune Jeopardy!	Parks Rivers	Nova (N) (DVS)	Jeopardy! Fortune	Seinfeld Friends	Dog Dog	Entertain The Insider	Entertain Train 48	Judging Amy (N) 70s Show	Mystery Yu-Gi-Oh!	SportsCenter (Live)	eTalk Daily Hollywood	American Hot Rod	Will-Grace 70s Show	Brotherly Radio Free	Friends Raymond	Male Gigolo" (1999)	WGN News at Nine
8 PM	Dance" (2001) Julia Stiles.	Canada's War in Colour	George Eliot	Globe Trekker	The Biggest Loser (N)	NCIS "Doppelgänger"	Crossing Jordan	My Wife Lopez	70s Show 70s Show	70s Show 70s Show	Dragon Inuyasha	Tennis: Australian Open - Early Round - Day 3. (Live)	American Idol (N)	Daily Planet	American Idol (N)	Boy World Radio Free	Gilmore Girls	Battlestar	Becker
9 PM	Movie: "Save the Last Dance"	Da Vinci's Inquest (N)	Notes Imprint	Unforgivable Blackness:	Scrubs (N) Committed	The Amazing Race 6	Cold Case Files	Jim Rodney (N)	House (N)	House	Mystery Fries That?	Early Round - Day 3. (Live)	American Chopper	News	News	Movie: "Mr. Destiny" (1990)	High School Reunion	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Dance" (2001) Julia Stiles.	The National	Canada-History	Jack Johnson	Law & Order: SVU	Judging Amy (N)	Cold Case Files	NYPD Blue (N)	Judging Amy (N)	News	Radio Act Fries That?	(Live)	The Amazing Race 6	American Hot Rod	Malcolm Boy World	News	News	Movie: "Money Talks" (1997)	Street
11 PM	Movie: "The In Crowd"	News Sports Pg.	Reach Top Dotto Tech	Charlie Rose (N)	News Tonight	News Late Show	Dog Dog	News Nightline	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCenter (Live)	News	How-Made Just Shoot	Becker My So-Called Life	Friends Will-Grace	Chris Tucker	Eliminate

WEDNESDAY, JANUARY 19, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (30)
6 AM	(5:00) Movie: "My Dog Skip"	News	(Off Air)	Body Elec. Dragon	News	News	Movie: "Pride" (2004)	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	SportsCenter Canada AM	News	Daily Planet	Paid Prog.	Something Hoze	News	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today 100 Huntley Street Poko	BluesClues Dora HI-5 Timothy	Clifford Arthur (EI)	Today Donald Trump; portable heaters.	The Early Show	Murder, She Wrote Third Watch	Good Morning America				SportsCenter George S.		Insectia	Sabrina Paid Prog.	Aladdin Kim	News	CityLine	Matlock "The Ex"
8 AM	Dawson's Creek	Save-Ums! Nanalan'	Little Bear Elliot	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Mona Monster	Off-Record Jump Rope	Regis and Kelly	Daily Planet	Good Day Live (N)	Pooh JoJo	Maury	News	In the Heat of the Night
9 AM	Cosby	The Price Is Right	Zoboo Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View (N)	World Vision	Diva Dime MoneyWs	Rupert Monsters	Action Sports	The View (N)	How-Made How-Made	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "Duce Bigalow: Male Gigolo" (1999)	News
10 AM	Cosby	Judge J. Coronatin	Map of the Mind Fields	Yoga Sit-Be Fit	Frasier M*A*S*H	Young and the Restless	Movie: "Pride" (2004)	News	The Insider	News (Live)	Hamtaro Fly Rhino	Tennis: Australian Open - Early Round - Day 3. (Taped)	Balance-TV Balance-TV	The Most Extreme	Montel Williams	King Jason	Jerry Springer	Rockford Files	
11 AM	Harvey	Judge J. Coronatin	Map of the Mind Fields	Yoga Sit-Be Fit	Frasier M*A*S*H	Young and the Restless	Movie: "Pride" (2004)	News	The Insider	News (Live)	Hamtaro Fly Rhino	Tennis: Australian Open - Early Round - Day 3. (Taped)	Balance-TV Balance-TV	The Most Extreme	Montel Williams	King Jason	Jerry Springer	Rockford Files	
12 PM	Drew	News	Gardens Sew Fun	Charlie Rose (N)	Shop	News	Bold & B.	News	Reba	Reba	D'Myna Jacob	Early Round - Day 3. (Taped)	Daily Bold & B.	Heart of Ice	Perry Mason	Hercules Goof Troop	Maury	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	Thimbles Planet	Simp Paint Sewing	Days of our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	George S. Care Bears		Vicki G.	What's That About?	Fam. Feud	Mermaid Aladdin	Jerry Springer	Relic Hunter	Funnest Home Videos
2 PM	Home Imp.	Starting Over (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona Fly Rhino	In Corner Interruption	General Hospital	How-Made How-Made	Pat Croce	Dalmatian Mouse	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Dora Peep	Postcards Arthur (EI)	Brown	Dr. Phil	City Confidential	The Jane Pauley Show	To Be Announced	Reba	Jacob Mystery	Off-Record Sports	Dr. Phil	How-Made How-Made	Starting Over (N)	Fillmore Weekend	Pokémon Mucha	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	George S. Cyberchas	Judge J. Oprah Winfrey	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	News	Neutron Tn-Titans	Hockey	Frasier Friends	Daily Planet	Little House Barbarian	Recess Yu-Gi-Oh!	Yu-Gi-Oh!	Sex & City	Will-Grace
5 PM	Raymond	News	Creatures Arthur	BBC World Business	News NBC News	News CBS News	American Justice	ABC News	News	News	Global Global	Oddparent Grown Up	News	Dive to the Bermuda Triangle	Malcolm King of Hill	Proud Lizzie	Sabrina Fresh Pr.	25-Teen Mov.	Movie: "She's So Lovely" (1997) Sean Penn.
6 PM	Seinfeld	Will-Grace 70s Show	Imprint Della Smith	News- Lehrer	News Raymond	News Hollywood	The Mystery of I-45	News	News	Train 48 Entertain	SpongeBob Oddparent	Tennis: Australian Open - Early Round - Day 4. From Melbourne, Australia. (Live)	News	Simpsons 70s Show	So Raven Even	Raymond Will-Grace	Movie: "Tomcats" (2001)	WGN News at Nine	
7 PM	Sex & City	Fortune Jeopardy!	Champions BC	Antiques Frontiers	Jeopardy! Fortune	Seinfeld Friends	Biography: Manson	Entertain The Insider	Entertain Train 48	To Be Announced	Mystery Yu-Gi-Oh!	Round - Day 4. From Melbourne, Australia. (Live)	eTalk Daily Hollywood	MythBusters	Will-Grace 70s Show	Brotherly Radio Free	Friends Raymond	Smallville "Obsession"	WGN News at Nine
8 PM	Movie: "You've Got Mail"	Antiques Roadshow	What Science	Auschwitz: Inside the Nazi State	Model Search	60 Minutes	Crossing Jordan	Lost "Special" (N)	Model Search	Model Search	Dragon Inuyasha	Round - Day 4. From Melbourne, Australia. (Live)	Lost "Special" (N)	American Idol (N)	Boy World Radio Free	Smallville "Obsession"	NewMusic	Becker	
9 PM	(1998) Tom Hanks, Meg Ryan.	the fifth estate (N)	Past Gene Hntr	(N) (DVS)	The West Wing (N)	King Universe	American Justice	(9:03) Alias "Ice" (N)	Gilmore Girls	King Universe	Mystery 15/Love	American Idol (N)	MythBusters	Point Pleasant "Pilot"	Movie: "Dragonslayer" (1981) Peter MacNicol.	Big Man on Campus (N)	Jimmy Kimmel Live (N)	Home Delivery	
10 PM	Movie: "Three Wishes" (1995)	The National	With Glowing Hearts	Hitler: In His	Law & Order "Fluency"	CSI: NY "Officer Blue"	The Mystery of I-45	(10:02) Wife Swap (N)	Queer Eye-Guy	News	Radio Act Fries That?	In Corner	Law & Order "Fluency"	Dive to the Bermuda Triangle	Malcolm Becker	News	Movie: "Spawn" (1997)	Street	
11 PM	Movie: "Three Wishes" (1995)	News Sportspage	Reach Top Moving On	Charlie Rose (N)	News Tonight	News Late Show	Biography: Manson	News Nightline	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCenter (Live)	News	How-Made Just Shoot	Becker My So-Called Life	Friends Will-Grace	Michael Jai White	Eliminate

Regular Meetings

- * Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- * Hedley Library open 2-7pm Thursdays
- * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- * Legion Branch 56 meets 3rd Thursday of month 7:30 p.m. Legion Hall
- * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- * Living Water Church hosts Ladies Aerobics, Tuesdays/Thursdays, 6:00 - 7:00 PM, \$2 drop-in fee. POSTPONED 'TIL NEW YEAR
- * Living Water Church hosts "Country Gospel Hour" 7:00 PM the last Saturday of each month
- * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- * Just For Me Ladies Group meets 1st Monday of the month, 7:00 PM Living Water Church.
- * Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

Similkameen News Leader Community Calendar

JANUARY

21 - Princeton Posse host Revelstoke, 7:30 pm, Arena
 26 - Posse host Summerland, 7:30 PM, Arena
 29 - Timberline Cruisers Lodestone Ride (Norm 295-4011)

FEBRUARY

4,5, 6 - Mens Open Bonspiel, Curling Club
 5 - Princeton Posse host Revelstoke, 7:30 pm, Arena
 10 - Jr Girls Basketball, Osoyoos @ Princeton, 4:30 PM, PSS
 11, 12, 13 - Mens Bonspiel, Curling Club
 12 - Princeton Posse host Osoyoos, 7:30 pm, Arena
 13 - Princeton Posse host Sicamous, 2:00 pm, Arena
 14 - Valentine's Day
 14 - 17th annual Heart Fund Dinner, 6:00 PM, Legion Hall
 18, 19, 20 - Ladies Bonspiel, Curling Club
 21 - V. F. Field Naturalists AGM, 7 PM, Skills Centre
 26, 27 - Princeton Hockey Adult Draft, Arena

MARCH

4, 5, 6 - Mixed Open Bonspiel, Curling Club
 12 - Princeton Figure Skating Club Carnival, Arena
 17 - St. Patrick's Day
 21 - FIRST DAY OF SPRING!!!

APRIL

1 - April Fool's Day

Check our 'Events Calendar' at www.thenewsleader.ca for more events and meetings in the Similkameen!

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

thursday movies

MORNING

10:00 am CITY 29 ★★½ "Her Best Friend's Husband" (2002, Drama) Bess Armstrong. A woman faces a moral dilemma when she tries to save her friend's marriage but falls in love with the woman's husband.
 11:00 am A&E 9 ★★ "Children of the Revolution" (1996, Comedy-Drama) Judy Davis. A fervent Australian communist bears Joseph Stalin's illegitimate son, who grows up to become a politician. [E]

AFTERNOON

5:00 pm WGN 38 ★★ "Red Sonja" (1985, Adventure) Brigitte Nielsen. A sword-swinging heroine assembles a motley entourage en route to an evil queen's remote castle. (In Stereo) [E]

EVENING

6:00 pm WTBS 3 ★★½ "You've Got Mail" (1998, Comedy) Tom Hanks. Two rival bookstore owners are unaware that they are conducting a secret romance with each other on the Internet. [E]

CITY 29 ★★½ "Redemption" (2004, Biography) Jamie Foxx. Crips co-founder Stan "Tookie" Williams winds up on death row and subsequently becomes a Nobel Peace Prize nominee.

8:00 pm KTLA 27 ★★½ "Bring It On" (2000, Comedy) Kirsten Dunst. Well-heeled cheerleaders compete with a squad from an inner-city high school for a coveted national title. (In Stereo) [E]
 8:40 pm WTBS 3 ★★½ "Fried Green Tomatoes" (1991, Comedy-Drama) Kathy Bates. A nursing-home resident regales a visitor with tales of a unique relationship between two women in 1930s Alabama. [E]

9:00 pm FAM 26 ★★ "Calendar Girl" (1993, Comedy-Drama) Jason Priestley. Three friends fulfill their fantasy when they drive to Hollywood and attempt to get a dream date with Marilyn Monroe. (In Stereo)

10:06 pm CITY 29 ★★½ "Redemption" (2004, Biography) Jamie Foxx. Crips co-founder Stan "Tookie" Williams winds up on death row and subsequently becomes a Nobel Peace Prize nominee.

friday movies

MORNING

10:00 am CITY 29 ★★½ "A Mother's Prayer" (1995, Drama) Linda Hamilton. A woman with AIDS finds hope and encouragement while trying to locate a family willing to adopt her son after she dies. [E]

AFTERNOON

4:30 pm WGN 38 ★★ "Raging Bull" (1980, Biography) Robert De Niro. Former boxing champ Jake LaMotta's penchant for violence serves him in the ring, but disrupts his personal life.

EVENING

6:00 pm WTBS 3 ★★ "Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Premiere. Based on the book by Rebecca Wells. Old friends share stories of their youth to mend a mother and daughter's rift. [E]
 CITY 29 ★★½ "Beverly Hills Cop II" (1987, Comedy) Eddie Murphy. Axel Foley returns to California when his friend is critically wounded while investigating a series of robberies. [E]
 7:30 pm FAM 26 ★★½ "Gotta Kick

It Up" (2002, Drama) Susan Egan. A teacher inspires a group of Latina schoolgirls to reach for their full potential and become a championship dance team.

8:30 pm WTBS 3 ★★ "Stepmom" (1998, Drama) Julia Roberts. An adversarial ex-wife complicates a photographer's desire to make her boyfriend's children accept and love her. [E] (DVS)
 9:00 pm FAM 26 ★ "The Stupids" (1996, Comedy) Tom Arnold. The head of a dimwitted suburban family stumbles onto a secret plot involving arms sales to international terrorists. [E]

10:06 pm CITY 29 "Exposed" (2001, Adult) Julia Kruis. A lingerie designer gets help from an unexpected source as she plots revenge on a thiefing rival.

10:42 pm FAM 26 ★★ "Beetlejuice" (1988, Comedy) Michael Keaton. Two recently deceased newlyweds hire a vulgar ghost to frighten obnoxious new tenants out of their New England home. [E]

Horoscopes
January 18-24, 2005

Aries - Pleasant news about career presents opportunity and challenge. News may come from employer, teacher or parent. Partner is in good spirits on weekend. Friends, spouse may give you presents.
Taurus - This week presents challenges in your career or with parents. You can handle this easily by discussing it with your employer. Health is mostly good, but stay away from sweets. You could put on weight.
Gemini - Friends, partner become very active this weekend. You could benefit by changing public image, studying, or going on a long trip. Young people, partner, friends create a lot of fun. Enjoy.
Cancer - Most of the action this week comes on the weekend with family and friends stirring up some fun at home. Change takes place in your inner self, and you begin to see a need for change. Think about it.
Leo - Your partner begins to rev up this week and is raring to go by the weekend. You do some travelling for business and pleasure this weekend, and make the most of finishing errands on short trips.
Virgo - Money, family, news from children are highlighted this week. Family activity is likely fun for kids, young people. Job, health face problems, but you can resolve them with high energy. Contact parents.
Libra - If you must be active this weekend, do it on foot. You will tend to drive too fast Friday through Sunday. News from family is good, and your optimism rises. Be cautious about what you say.
Scorpio - News is good this week, and driving will be a pleasure but may cost you more than you planned to spend. Challenges come from family, parents. Focus on property, real estate. Conscience is clear.
Sagittarius - You receive good news about money. A short trip mid-week proves beneficial. Take charge of information flow now. Your energy level remains high, and planning pays off this weekend.
Capricorn - If you have a speaking engagement this week, focus on humour, be gracious. You have great powers of persuasion now. Focus shifts to money, possessions. Career opportunities remain excellent.
Aquarius - You go into your element this week as your birthday sign begins. You will have a good year if you can focus on clean living and being realistic. Health continues to be an area of concern.
Pisces - This week, your mind shifts to deep inner concerns. This is usually a problem for you, but your excellent plans for enjoying the weekend take care of most of your worries. You do not have to worry!

Online Classified Ads:
www.thenewsleader.ca

Similkameen News Leader
Recipe Corner (Recipe #47)

Turkey Chili and Cheddar Melt

- 1 tbsp vegetable oil
- 1 lb ground turkey
- 1 large onion, chopped
- 1/2 cup chopped celery
- 1 clove garlic, minced
- 1 tbsp chili powder
- pinch cayenne pepper
- 1 28 oz can tomatoes
- 1 5 1/2 oz can tomato paste
- 1 19 oz can kidney beans, drained
- 1 cup chopped cheddar cheese chunks
- 2 cups shredded lettuce

In a large skillet or dutch oven, heat oil. Brown ground turkey with onion, celery and garlic; drain if necessary. Add chili powder, cayenne, tomatoes and tomato paste; breaking up tomatoes. Bring to a boil, reduce heat; cover and simmer 20 minutes. Stir in kidney beans, cover and simmer 10 minutes longer. Add cheddar cheese chunks; simmer 3 minutes longer until cheese begins to melt. Spoon chili into soup bowls; top each serving with lettuce.

Used by permission of Manitoba Turkey Producers. For more great turkey recipes check <http://www.turkey.mb.ca>

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

THURSDAY, JANUARY 20, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Movie: "Powder" (1995)	News Body	(Off Air)	Stretch Dragon	News	The Early Show	"Children-Rev."	(4:00) Good Morning America	News	(5:00) News (Live)	Monsters Hamtaro	SportsCentre	News Canada AM	Daily Planet	Paid Prog. Paid Prog.	Something Hoza	News	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Presidential Inaugural on George W. Bush takes the oath of office in Washington, D.C. (Live)	Presidential Inaugural on (Live)	Murder, She Wrote	Presidential Inaugural on George W. Bush takes the oath of office in Washington, D.C. (Live)	World Vision	World Vision	Care Bears George S.	SportsCentre	SportsCentre	Keell and Ivy	Libertys Charles	Aladdin Kim	News	CityLine	Matlock "The Clown"
8 AM	Dawson's Creek	Huntley Street	Hi-5	Barney	Boohbah	City Confidential	Movie: "Children of the Revolution" (1996)	100 Huntley Street	World Vision	Mona Monster	Tennis: Australian Open - Early Round - Day 4.	Regis and Kelly	Daily Planet	Good Day Live (N)	JoJo	Maury	News	Close-Up Spin City	In the Heat of the Night
9 AM	Cosby	Save-Ums!	Little Bear	Sesame Street (EI)	To Be Announced	American Justice	Movie: "Children of the Revolution" (1996)	100 Huntley Street	World Vision	Rupert	Early Round - Day 4.	Valerie Pringle Has Left	Beyond Invention	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "Her Best Friend's Husband" (2002)	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline Bear	Reading Lions	News	Revolution	Movie: "Children of the Revolution" (1996)	100 Huntley Street	World Vision	News (Live)	Hamtaro Fly Rhino	PGA Golf: Buick Invitational - First Round. (Live)	Daily Degrassi	Dead Sea Scrolls	Perry Mason	Hercules	Maury	CityLine	Magnum, P.I.
11 AM	Harvey	Judge J.	Walk on the Wild Side	Yoga	As the World Turns	Murder, She Wrote	All My Children	As the World Turns	As the World Turns	George S. Care Bears	Vicki G.	Dive to the Bermuda Triangle	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter	Funnest Home Videos		
12 PM	Drew	News	Scattering Animals	Charlie Rose	Guiding Light	Third Watch	To Be Announced	To Be Announced	To Be Announced	Mona Fly Rhino	To Be Announced	Pat Croce	Dalmatian	Home Delivery (N)	Ellen DeGeneres Show	Cosby			
1 PM	Yes, Dear	Cirque-Soleil	Journal Planet	Painting Needle Art	Dr. Phil	City Confidential	The Jane Pauley Show	Young and the Restless	Young and the Restless	Jacob Mischief	Off-Record Sports	Dr. Phil	Super Ships	Starting Over (N)	Weekend	Pokémon	News (Live)	Home Imp.	Will-Grace
2 PM	Home Imp.	Starting Over (N)	Gaslight Health	Mr Rogers Dragon	Ellen DeGeneres Show	Guiding Light	Third Watch	To Be Announced	To Be Announced	Mona Fly Rhino	To Be Announced	Pat Croce	Dalmatian	Home Delivery (N)	Ellen DeGeneres Show	Cosby			
3 PM	Seinfeld	Emmerdale	Dora	Postcards	Brown	Dr. Phil	City Confidential	The Jane Pauley Show	Young and the Restless	Jacob Mischief	Off-Record Sports	Dr. Phil	Super Ships	Starting Over (N)	Weekend	Pokémon	News (Live)	Home Imp.	Will-Grace
4 PM	Raymond	Simpsons	George S.	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	Neutron	Figure Skating: BMO	Fraser	Daily Planet	Little House	Recess	Yu-Gi-Oh!	Sex & City	Will-Grace	
5 PM	Friends	News	Babar	BBC World	News	News	Cold Case Files	News	News	News	Oddparent	Financial Group Canadian	Frontiers of	Malcolm King of Hill	Proud	Sabrina	And Go!	Movie: "Red Sonja" (1985)	
6 PM	Movie: "You've Got Mail"	Will-Grace	Leading News-Lehrer	News	News	News	News	News	News	News	SpongeBob	Champion ships. (Live)	News	Blueprint for Disaster	Simpsons	So Raven	NBA Basketball: Los Angeles Clippers at Dallas Mavericks.	Movie: "Redemption" (2004)	WGN News at Nine
7 PM	(1998) Tom Hanks, Meg Ryan.	Fortune	Walk on the Wild Side	Educating Spokane	Jeopardy!	Seinfeld	The First 48 (N)	Entertain The Insider	Entertain Design	Andromeda	Mystery Yu-Gi-Oh!	SportsCentre (Live)	eTalk Daily Hollywood	Japanese Sub	College Basketball: Gonzaga at San Francisco.	Brotherly Radio Free	Movie: "Bring It On" (2000)	News	Becker
8 PM	Movie: "Fried Green Tomatoes" (1991) Kathy Bates.	Wickedly Perfect (N)	With Glowing Hearts	Christie's Miss Marple	Joey (N)	Wickedly Perfect (N)	Crossing Jordan	life as we know it (N)	Joey (N)	Joey (N)	Dragon	Tennis: Australian Open - Early Round - Day 5. (Live)	The O.C. (N)	Daily Planet	Point Pleasant (N)	Movie: "Calendar Girl" (1993)	Kirsten Dunst	News	Street
9 PM	Movie: "Fried Green Tomatoes" (1991) Kathy Bates.	24 (N)	Postc.-Canada	One Man's Journey	The Apprentice "Whopper 101" (N)	CSI: Crime Scn	Cold Case Files	Extreme Makeover (N)	Without a Trace	Without a Trace	Radio Act	ER "Only Connect" (N)	Japanese Sub	The O.C. (N)	Boy World	My So-Called Life	Friends	Will-Grace	Street
10 PM	Movie: "Diabolique"	News	Perspectives	Charlie Rose (N)	News	News	The First 48	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCentre (Live)	News	Frontiers of	Just Shoot	Friends	Will-Grace	Street	Eliminate

FRIDAY, JANUARY 21, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"Man of the House"	News Body	(Off Air)	Body Elec. Dragon	News	News	Take This Job...	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	SportsCentre	News Canada AM	Daily Planet	Paid Prog. Paid Prog.	Something Hoza	News	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today Ethan Hawke; Traylor Howard.	The Early Show	Take This Job...	Good Morning America	World Vision	World Vision	Care Bears George S.	SportsCentre	SportsCentre	Canadian Geographic	Libertys	Aladdin Kim	News	CityLine	Matlock "The Star"
8 AM	Dawson's Creek	Huntley Street	Hi-5	Barney	Teletubbs	Discover	Bio.: Spacey	Regis and Kelly	100 Huntley Street	World Vision	Mona Monster	Tennis: Australian Open - Early Round - Day 5.	Regis and Kelly	Daily Planet	Good Day Live (N)	JoJo	Maury	News	Magnum, P.I.
9 AM	Cosby	Save-Ums!	Little Bear	Sesame Street (EI)	Discover	Bio.: Spacey	Regis and Kelly	100 Huntley Street	World Vision	Mona Monster	Tennis: Australian Open - Early Round - Day 5.	Regis and Kelly	Daily Planet	Good Day Live (N)	JoJo	Maury	News	City	
10 AM	Cosby	The Price Is Right	Zoboo Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View	World Vision	Homes MoneyWys	Rupert Monsters	Early Round - Day 5.	The View	What's That About?	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "A Mother's Prayer" (1995, Drama)	News
11 AM	Harvey	Judge J.	Hope for the Addicted	Yoga	Fraser	Young and the Restless	Take This Job...	News	The Insider	News (Live)	Hamtaro Fly Rhino	PGA Golf: Buick Invitational - Second Round. (Live)	Balance-TV	Canadian Geographic	Montel Williams	King Jason	Jerry Springer	Rockford Files	
12 PM	Drew	News	Leading Haida Art	Charlie Rose	Shop	News	Take This Job...	All My Children	News	Days of our Lives	D'Myna Jacob	PGA Golf: Buick Invitational - Second Round. (Live)	Daily Bold & B.	Frontiers of	Perry Mason	Hercules	Maury	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	Reach Top Planet	Wonderful Quilts	Days of our Lives	As the World Turns	Take This Job...	One Life to Live	As the World Turns	As the World Turns	George S. Care Bears	Vicki G.	Blueprint for Disaster	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter	Funnest Home Videos	
2 PM	Home Imp.	Starting Over (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona Fly Rhino	General Hospital	Japanese Sub	Pat Croce	Dalmatian	Home Delivery	Ellen DeGeneres Show	Cosby	
3 PM	Seinfeld	Diva Dime	Dora	Postcards	Brown	Dr. Phil	Bio.: Spacey	The Jane Pauley Show	Young and the Restless	Young and the Restless	Jacob Mystery	Off-Record Sports	Dr. Phil	What's That About?	Starting Over (N)	Weekend	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	George S.	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	Neutron	Figure Skating: BMO	Fraser	Daily Planet	Little House	Recess	Yu-Gi-Oh!	Sex & City	Will-Grace	
5 PM	Friends	News	Creatures	BBC World	News	News	Biography: Diana	News	News	News	Oddparent	Financial Group Canadian	Frontiers of	Malcolm King of Hill	Proud	Sabrina	Star Trek: Enterprise	Movie: "Raging Bull" (1980)	
6 PM	Movie: "Divine Secrets of the Ya-Ya Sisterhood" (2002)	Will-Grace	Reach Top Animals	News-Lehrer	News	News	Biography	News	News	Design	SpongeBob	Champion ships. (Live)	News	Lost Empire	Simpsons	All That Phil	Raymond Will-Grace	Movie: "Beverly Hills Cop II" (1987)	WGN News at Nine
7 PM	Movie: "Divine Secrets of the Ya-Ya Sisterhood" (2002)	Fortune	Life of Mammals	Wash Wk McLaughlin	Jeopardy!	Seinfeld	Biography: Prince Harry	Entertain The Insider	Entertain Train 48	Makeover: Home	Gundam Transform	Boxing: Friday	eTalk Daily Hollywood	Tornado: Touchdown	Will-Grace	Smart Guy	Friends	Raymond	WGN News at Nine
8 PM	Movie: "Stepmom" (1998, Drama) Julia Roberts. (DVS)	Air Farce	At Bertram's Hotel	NOW (N)	Dateline NBC	Joan of Arcadia	American Justice	8 Rules Complete	The Outer Limits	Gilmore Girls	Dragonball Dragon-Z	Tennis: Australian Open - Early Round - Day 6.	Joan of Arcadia	Daily Planet	Bernie Mac	Movie: "Gotta Kick It Up" (2002)	What I Like	News	Becker
9 PM	Movie: "Stepmom" (1998, Drama) Julia Roberts. (DVS)	22 Minutes	Andrea Bocelli	Third Watch (N)	JAG "The Sixth Juror"	Biography: Diana	Hope Less Than	Jonny Zero (N)	Jonny Zero (N)	Justice	Gundam	Early Round - Day 6.	Third Watch (N)	Sex Files	Jonny Zero (N)	Movie: "The Stupids" (1996)	Reba (N)	Jimmy Kimmel Live	Home Delivery
10 PM	Family Guy	News	Sherlock Holmes	The Boss Vicar-Dby	Medical Investigation	CSI: Crime Scn	Biography	20/20	20/20	News	Inuyasha	From Melbourne, Australia. (Live)	MythBusters	Malcolm	Becker	Movie: "Beetlejuice" (1988)	Friends	Will-Grace	Street
11 PM	Futurama	Sportspage	Canada-History	Wall Journal	News	News	Biography: Prince Harry	News	News	(11:03) Fear Factor	ReBoot	Sports	News	American Chopper	Just Shoot	Friends	Will-Grace	Street	Eliminate

saturday movies

MORNING

7:00 am WTBS (3) ***"Message in a Bottle" (1999, Romance) Kevin Costner. A newspaper researcher seeks the grieving author of a letter that was placed in a bottle and left to float at sea. (D)

9:35 am WTBS (3) ***"Angel Eyes" (2001, Mystery) (PA) Jennifer Lopez. A Chicago policewoman becomes involved with a sad-eyed good Samaritan with a mysterious past. (D)

11:00 am WGN (8) ***"Red Sonja" (1985, Adventure) Brigitte Nielsen. A sword-swinging heroine assembles a motley entourage en route to an evil queen's remote castle. (In Stereo) (D)

11:40 am WTBS (3) ***"The Bodyguard" (1992, Suspense) Kevin Costner. A Secret Service agent-turned-bodyguard finds danger and romance while protecting an entertainer from a stalker. (D)

AFTERNOON

12:00 pm FAM (8) ***"Monkey Trouble" (1994, Adventure) Thora Birch. A 9-year-old girl adopts a capuchin monkey whose previous owner taught it

thievery, among other tricks.

1:00 pm CITY (2) ***"In & Out" (1997, Comedy) Kevin Kline. A high-school English teacher tries to prove to his fiancée that he is not gay after being outed by a former student. (D)

1:37 pm FAM (8) ***"Full-Court Miracle" (2003, Docudrama) Alex D. Linz. The young captain of a Hebrew academy's basketball team convinces an NBA hopeful to coach his winless players. (In Stereo)

2:30 pm WTBS (3) ***"Stepmom" (1998, Drama) Julia Roberts. An adversarial ex-wife complicates a photographer's desire to make her boyfriend's children accept and love her. (DVS)

4:00 pm YTV (8) ***"All Dogs Go to Heaven 2" (1996, Fantasy) Voices of Charlie Sheen. Animated. A demonic kitty tricks two angelic canines into helping him obtain Gabriel's horn. (D)

5:00 pm WTBS (3) ***"Miss Congeniality" (2000, Comedy) (PA) Sandra Bullock. An uncouth FBI agent goes under cover as a beauty pageant contestant to flush out a terrorist. (DVS)

EVENING

6:00 pm CITY (2) ***"Croon" (2003, Romance-Comedy) Alexandra Stewart. Premiere. An aging divorcee deals with family crises and an unexpected romance with a younger man. (DVS)

7:00 pm WTBS (3) ***"Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Based on the book by Rebecca Wells. Old friends share stories of their youth to mend a mother and daughter's rift. (D) CHBC (3) ***"Aladdin" (1992, Fantasy) Voices of Scott Weinger. Animated. Disney's version of a tale about an Arabian thief who finds a magic lamp and tries to win a princess's heart. (D)

7:30 pm KTLA (2) ***"Raging Bull" (1980, Biography) Robert De Niro. Former boxing champ Jake LaMotta's penchant for violence serves him in the ring, but disrupts his personal life. (In Stereo)

8:00 pm KSPS (6) ***"The Inn of the Sixth Happiness" (1958, Drama) Ingrid Bergman. A poorly educated British servant travels to China in hopes of fulfilling her dream of becoming a missionary. KXLY (8) ***"Aladdin" (1992, Fantasy) Voices of Scott Weinger. Premiere. Animated. Disney's version of a tale about an Arabian thief who finds a magic lamp and tries to win a princess's heart. (In Stereo) (D) YTV (8) ***"The Borrowers" (1998, Adventure) John Goodman. Four-inch-

high dwellers of a British house must stop an evil real estate agent from destroying their home.

8:30 pm WGN (8) ***"In the Heat of the Night" (1967, Mystery) Sidney Poitier. Tensions rise when a black detective from Philadelphia arrives in a small Mississippi town to help solve a murder case. (In Stereo) (D)

9:00 pm CHBC (3) ***"The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Darth Vader launches an obsessive quest to crush the rebellion in the second chapter of the "Star Wars" trilogy. (D)

FAM (8) ***"Hero" (1992, Comedy-Drama) Dustin Hoffman. Premiere. A homeless Vietnam veteran poses as the Samaritan who saved passengers from the wreckage of a downed airliner. (In Stereo)

CITY (2) ***"Hammers Over the Anvil" (1993, Drama) Charlotte Rampling. Premiere. A crippled boy observes the lives of friends and neighbors in a turn-of-the-century Australian farm community.

9:30 pm WTBS (3) ***"Angel Eyes" (2001, Mystery) (PA) Jennifer Lopez. A Chicago policewoman becomes involved with a sad-eyed good Samaritan with a mysterious past. (D)

10:34 pm FAM (8) ***"Dirty Rotten Scoundrels" (1988, Comedy) Steve Martin. Two con artists zero in on a wealthy woman in a contest to determine who will lay claim to the French Riviera.

11:00 pm CITY (2) ***"Nixon" (1995,

Drama) Anthony Hopkins. Oliver Stone's portrait of the 37th president and the triumphs, failures and scandal that marked his political career.

WGN (8) ***"Sleep Easy, Hutch Rimes" (2000, Suspense) Steven Weber. An insurance man with a long list of sexual conquests may be in danger from an ex-lover's angry husband. (In Stereo) (D)

11:30 pm WTBS (3) ***"Message in a Bottle" (1999, Romance) Kevin Costner. A newspaper researcher seeks the grieving author of a letter that was placed in a bottle and left to float at sea. (D)

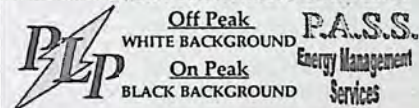
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Use this handy chart and watch the TV Guide for On Peak/Off Peak Normal Months code.



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231 Bridge Street, Princeton
Phone (250) 295-3244
Fax (250) 295-3611

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MIDNIGHT	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
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12 NOON	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
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10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

6:30 am WTBS (3) ***"Forces of Nature" (1999, Romance) Sandra Bullock. A groom-to-be has second thoughts about his upcoming nuptials during a detour-laden journey with a free-spirited woman. (D)

8:30 am WTBS (3) ***"Pretty in Pink" (1986, Drama) Molly Ringwald. A teenager worries that her low-income roots might affect her budding relationship with a wealthy classmate. (D) A&E (9) ***"The Lords of Discipline" (1983, Drama) David Keith. A military cadet is determined to expose the group responsible for the brutal hazing of cadets deemed undesirable. (D)

10:00 am WGN (8) ***"That Darn Cat" (1997, Comedy) Christina Ricci. An eccentric teen teams up with an FBI agent when her pet cat comes home with the wristwatch of a missing housemaid. (In Stereo) (D)

10:30 am WTBS (3) ***"Parenthood" (1989, Comedy-Drama) Steve Martin. Ron Howard directed this look at the joys and headaches that come with the responsibility of raising children. (D) A&E (9) ***"The Man in the Iron

Mask" (1998, Adventure) Leonardo DiCaprio. Ex-musketeers attempt to unseat the tyrannical King Louis XIV by using his imprisoned twin brother in their plan. (D)

11:00 am CHBC (4) ***"Lost in the Barrens" (1990, Adventure) Nicholas Shields. An orphan and a Cree Indian become lost in the frozen Canadian wilderness in this adaptation of Farley Mowat's novel. (D)

CITY (2) ***"The Man Who Knew Too Little" (1997, Comedy) Bill Murray. A tourist in London wrongly believes that the spies and assassins in his path are part of an elaborate game. (D)

AFTERNOON

12:00 pm FAM (8) ***"Lightning - The White Stallion" (1986, Drama) Mickey Rooney. A young woman's chance for a costly eye operation rides on the back of the horse she entered in a jumping championship. WGN (8) ***"Uncle Buck" (1989, Comedy) John Candy. A bumbling relative gets the chance to redeem himself when he's called upon to look after his brother's three children. (In Stereo) (D)

1:00 pm WTBS (3) ***"Something to Talk About" (1995, Comedy-Drama) Julia Roberts. A betrayed wife disrupts the lives of all around her when she retreats to her family's horse farm. (D) KTLA (2) ***"Angels in the Endzone" (1997, Comedy) Christopher Lloyd. A boy solicits help from a celestial source to turn his grieving brother's high-school football team into winners. (In Stereo)

1:32 pm FAM (8) ***"Explorers" (1985, Science Fiction) Ethan Hawke. Three boys -- a dreamer, a whiz kid and a social misfit -- combine their talents and construct a homemade spaceship. (In Stereo) (D)

2:00 pm VTV (2) ***"Broken Lullaby" (1994, Mystery) Mel Harris. A woman's search for her aunt's ancestry brings her face to face with an art expert who may represent love or danger. (In Stereo) (D)

2:30 pm CHBC (3) ***"The Emperor's New Groove" (2000, Comedy) Voices of David Spade. Animated. The tables are turned on a selfish monarch when a bitter adviser transforms him into a llama. (D)

3:00 pm WTBS (3) ***"Miss Congeniality" (2000, Comedy) (PA) Sandra Bullock. An uncouth FBI agent goes under cover as a beauty pageant contestant to flush out a terrorist. (DVS) KTLA (2) ***"That Darn Cat" (1997, Comedy) Christina Ricci. An eccentric teen teams up with an FBI agent when

her pet cat comes home with the wristwatch of a missing housemaid. (In Stereo)

4:00 pm YTV (8) ***"Dragonheart: A New Beginning" (2000, Fantasy) Chris Masterson. An evil nobleman attempts to capture the world's last dragon as part of a scheme to take over the kingdom. (D)

5:00 pm WTBS (3) ***"Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Based on the book by Rebecca Wells. Old friends share stories of their youth to mend a mother and daughter's rift. (D) WGN (8) ***"Sleep Easy, Hutch Rimes" (2000, Suspense) Steven Weber. An insurance man with a long list of sexual conquests may be in danger from an ex-lover's angry husband. (In Stereo) (D)

5:30 pm A&E (9) ***"Monster's Ball" (2001, Drama) Billy Bob Thornton. A prison guard begins a tentative romance with the unsuspecting widow of a man whose execution he presided over. (D)

EVENING

6:00 pm CITY (2) ***"Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Premiere. Dr. Evil and a new ally named Goldmember kidnap Austin's father and plot to take over the world. (D) 7:30 pm WTBS (3) ***"Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Based on the book by Rebecca Wells.

Old friends share stories of their youth to mend a mother and daughter's rift. (D)

9:00 pm KHQ (7) ***"Bridget Jones's Diary" (2001, Comedy) Renée Zellweger. Premiere. Based on Helen Fielding's best seller about a diet-obsessed British single and her search for Mr. Right. (In Stereo) (D) FAM (8) ***"Everyone Says I Love You" (1996, Musical) Alan Alda. New Yorkers deal with life and love in director Woody Allen's salute to the classic Hollywood musical. (In Stereo)

9:30 pm A&E (9) ***"Monster's Ball" (2001, Drama) Billy Bob Thornton. A prison guard begins a tentative romance with the unsuspecting widow of a man whose execution he presided over. (D)

10:00 pm WTBS (3) ***"Something to Talk About" (1995, Comedy-Drama) Julia Roberts. A betrayed wife disrupts the lives of all around her when she retreats to her family's horse farm. (D)

10:33 pm FAM (8) ***"An American in Paris" (1951, Musical) Gene Kelly. The music of George and Ira Gershwin underscores this tale of an artist caught between two women in postwar Paris.

11:00 pm CITY (2) ***"Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Dr. Evil and a new ally named Goldmember kidnap Austin's father and plot to take over the world. (D)

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WEEKLY NEWS & SPORTS

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MONDAY, JANUARY 24, 2005

Television schedule grid with columns for channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

10:00 am CITY (29) ★★"Roswell: The Aliens Attack" (1999, Science Fiction) Steven Flynn. Two extraterrestrials descend on the American Southwest on a mission to destroy man's nuclear capability.

Gun 2 1/2: The Smell of Fear" (1991, Comedy) Leslie Nielsen. Lt. Frank Drebin creates chaos on Capitol Hill when an evil industrialist kidnaps the president's chief energy expert. (In Stereo)

10:00 pm WTBS (3) ★★½"Mickey Blue Eyes" (1999, Comedy) (PA) Hugh Grant. An awkward British auctioneer tries to feel like one of the family when he becomes engaged to a mobster's daughter. (E)

10:06 pm CITY (29) ★★½"Bound" (1996, Drama) Jennifer Tilly. A gangster's girlfriend joins her hardened next-door neighbor in a plot to steal \$2 million from the mob. (E)

AFTERNOON

5:00 pm WGN (38) ★★"Cheats" (2002, Comedy) Trevor Fehrman. A new principal hampers the plans of four seniors who have thus far lied and cheated their way through high school. (In Stereo) (E)

EVENING

8:00 pm WTBS (3) ★★½"Grumpier Old Men" (1995, Comedy) Jack Lemmon. Two crotchety seniors resume their bickering ways when marriage plans between their two children go awry. (E)

Weather? Updated Hourly...

Road Reports? Updated Daily...

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Let's Play Princeton Trivia!

Question: Who was Johnny Parchello?

Last Week:

Nurse Warburton got lost hiking from Hope to Princeton in 1926. She was rescued by Podunk Davis.

Brought to you courtesy of: PRINCETON MUSEUM

THE NEWS LEADER WORD SEARCH

Word search grid containing letters arranged in a grid for a word search puzzle.

LET'S TALK ABOUT "MINING"

Table of mining-related terms: DRILL, TRUCK, PROSPECTOR, ENGINEER, ROAD, SHOVEL, MACHINIST, MILLWRIGHT, MILL, CONVEYOR, SECURITY, INVESTMENT, MARKET, CLAIM, MAP, STUDIES, CONCENTRATES, TAILINGS, ORE, EMPLOYEES, LEGISLATION, SYSTEM, RECLAMATION, PROFIT.

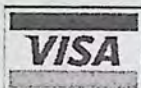
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WEEKLY DEADLINE IS 12 NOON FRIDAYS



announcements

Proud grand parents Liz, Len, Patsy, Ed & Donna are very happy to welcome LONDON CONNER LEOCHKO born on December 13, 2004 weighing 5 lbs. 6 oz. to very proud parents Tim & Sheri

found

Key, downtown. Identify to claim at News Leader office 226A Bridge Street.

help wanted

Class 1 Driver (BC, Alberta, 8 Western States), minimum 3 years experience. Must have clean abstract. For information contact Mike at SBC Firemaster. (250) 295-7686, ext. 201. Jan 18-tfn (b)

The Teal-Jones Group sawmill operations are offering to purchase D fir (minimum 6 growth rings per inch) for Teal-Jones Sawmills, Surrey, BC. For further information please contact Tom Haker at (250) 295-8508. Jan 18-Feb 01

Screening Mammography February 4, 5 and 7 at Princeton General Hospital. Appointments: 1-800-663-9203

announcements

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JANUARY 31, 2005

Gel Tax

Tax Preparation
E-Filing
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Jan 11-Feb 08

for rent

Commercial space available at 114 Vermilion Avenue. Bright and clean. \$500/month. Call (250) 295-4113. Jan 18-Feb 1 (b)

2-3 bedroom 2 storey house. References / Damage Deposit required. \$550/month. (604) 524-6967 Jan 18-Feb 1 (b)

Three bedroom, 2 bathroom family townhouses with fenced backyard. Pay 30% of your monthly income towards rent. Phone (250) 295-6666 for more information. Jan 11-25 (b)

Quiet, furnished kitchen units. Cable TV and utilities included. Centrally located. Weekly, monthly rates. (250) 295-3237. Dec 14-tfn (b-mc)

Available immediately 1-bedroom home, all appliances, fenced yard, centrally located. \$400/month. Damage deposit/references required. Call Dan (250) 642-6078 Oct 05-tfn(b)

Long-Term, responsible Renters Wanted. We are taking Applications for a small 3 bedroom house. Recently renovated, very clean, large lot, near park. NO PETS, NO SMOKING Damage deposit, References Required. \$450 per month. (250) 295-7843 after 5:00 PM. Dec 14-Jan 25

Commercial Space, approx. 500 sq. ft. store space on Bridge Street across from Field's. \$300 per month. Available January 1st. (250) 295-0241 or (250) 293-6057. Dec 14-tfn (b)

notice

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Jul 06-tfn

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Dec 7-20

notices

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Oct 19 - tfn

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FOR RENT

\$550/month. Laundry included. Available Dec 15. **RENTED** Close to downtown.

NEW! \$565/month. 3-bedroom, updated home, tile bathroom, excellent layout, large laundry room, quiet area, very well maintained.

NEW! \$850/month - 2 car garage home, just outside of town, beautiful home, 2 floors, **RENTED** cement, wood floors, dishwasher, 4-burner gas stove and forced air heat. French doors downstairs, large laundry room, 3 bathrooms.*

NEW! \$600/month. 1 bedroom, in town, approx. 1,200 sq. ft. **RENTED** fenced yard, in town.

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- 1 Adult, 2 Children, 1 Cat (indoor/outdoor) looking for a 2 or more Bedroom HOUSE. Prefers Upper Benches.
- 2 Adults, 1 Dog (indoor/outdoor) looking for a HOUSE, In Town or Allison Flats. Prefers Fenced Yard and Laundry Hook-ups.
- 1 Adult, 1 Child, NO PETS, looking for a minimum 2 Bedroom HOUSE, prefers Covered Parking or Garage and would like a Fenced Yard. Would like In Town, Close To Town or Upper Benches.
- 2 Adults, 1 medium-sized Dog, 1 house Cat (both indoor) looking for 2-3 bedroom HOUSE in Town. Prefers Wood Stove and few stairs.

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 Bachelor Suites, \$225/mo
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Contact:
 Alice Cook
 (250) 295-6136

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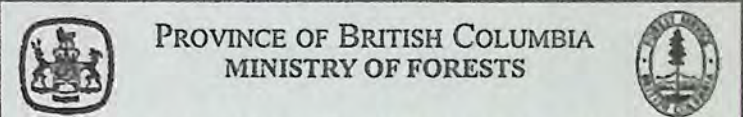
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notices



WOODLOT LICENCE PROGRAM EXPANSION

The Cascade Forest District is anticipating an expansion of the Woodlot Licence Program and is seeking the public's assistance in identifying potential areas for new woodlot licences.

A woodlot licence should be comprised of sufficient Crown land, to a maximum of 1,200 hectares, to enable a viable operation. An ideal woodlot area will have unencumbered public access, have no major management problems, have forest management as its best use and include a suitable mix of tree species and age classes to enable long term sustained management of the area.

For your suggested area to be considered as a future woodlot please submit it to Rod DeBoice, District Manager, Cascades Forest District, PO Box 4400, Station Main, 3840 Airport Road, Merritt, BC, V1K 1B8 no later than **January 31, 2005**. All woodlot licence opportunities will be competitively advertised in accordance with the *Forest Act*.

Please note that suggested areas are **only** being considered for the Merritt Timber Supply Area at this time. Submissions received later than the deadline specified above may be considered during future expansion of the Woodlot Program as it occurs.

If you would like further information on the Woodlot Licence Program, please contact Ralph Kossinn, Tenures Forester, Cascades Forest District (250) 378-8400.

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Similkameen News Leader

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Regional District of Okanagan-Similkameen CONTRACT REFERENCE for ANIMAL CONTROL SERVICES ELECTORAL AREAS "B", "C", "D", "E", "F" and "G"

INVITATION TO TENDER

The Regional District of Okanagan-Similkameen invites tenders for the Provision of Animal Control Services.

The work involves the control of animals within Electoral Areas "B", "C", "D", "E", "F", and "G" of the Regional District of Okanagan-Similkameen, for a three year term, as further described in the contract documents.

Sealed tenders addressed to the Legislative Services/Special Projects Manager, Regional District of Okanagan-Similkameen, 101 Martin Street, Penticton, BC, V2A 5J9, clearly marked "ANIMAL CONTROL SERVICES" will be received by the undersigned, up to and including 2:00 PM, local time, January 31, 2005 and will be opened in public at the Regional District Office immediately thereafter.

Tender documents outlining bonding, insurance and Workers' Compensation Board requirements may be obtained from the office of the Legislative Services/Special Projects Manager, 101 Martin Street, Penticton, BC, V2A 5J9 on or after January 17, 2005. Alternatively, visit our website at www.rdos.bc.ca Click on News & Events.

Each tender shall be accompanied by a bid deposit in the form of a certified cheque, irrevocable letter of credit, or bid bond in the amount of 10% of the tender price for the first year of contract. In addition, if awarded this contract, the tenderer will be required to provide a Performance Security in a form and amount as specified in the Contract Documents.

The lowest or any Tender will not necessarily be accepted. The Regional District of Okanagan-Similkameen reserves the right to waive formalities in or reject any or all Tenders, or accept the Tender deemed most favourable in the interest of the Regional District, having regard to the price, equipment and qualifications offered.

Tracey Batten
 Legislative Services/Special Project Manager

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Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

There's nothing to do here?

We continue to shake our heads when someone says there is nothing to do in Princeton.

So we don't have movie theatres and a huge mall - we do have lots of other things people in the Big City don't have.

For example, deer visit our yard frequently. We can snowmobile/cross-country ski/hike/run right out our front door.

We have a very large - and active - cultural element to our community. Everything from music and the arts are represented. We have an excellent Museum and extremely well organized Recreation Department offering both Summer and Winter programs and activities.

When we hear the comment, "There's nothing to do here," from local youth, we can't help but wonder what they expect.

There's a skateboard park, an active Child and Youth Committee, Minor Sports leagues and one of only two Legion Youth Auxiliaries in British Columbia.

We're only touching on a few of the many opportunities available in the cozy little rural setting we like to call home.

Almost every night of the week there's a club or organization in the area holding a meeting. Each of these clubs are planning activities not only for themselves, but for the enjoyment of others - non-members of their clubs.

Most of these meetings include a guest speaker sharing more information with local groups.

When you really do think about it, there is a lot going on at just about any given moment in and around Princeton.

To those who claim there's nothing to do here, we challenge you to look into some of the local clubs and groups in Princeton.

We can guarantee you new members are always welcome in EVERY club that operates within the region.

We also encourage readers to respond with the same answer the next time they hear someone say there's nothing to do here.

The next time you hear yourself say there's nothing to do in Princeton, remember there really is a lot going on.

You just have to go out and find it yourself.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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George Elliott
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Dawn Johnson



your turn

Reader says relief needed at home

Dear Editor,

I am very proud to be a Canadian at this time in history. Canadians from across the nation have stepped up to show their zeal and help those in need far from our own shores. I am also so proud to be a member of this community because the people here have sent money to help the victims of that terrible event.

The reason I am writing is because I want to appeal to generosity of those who are trying to help. We have all given money to the tsunami relief but how many of us have given to those here in our own community?

There are those here in Princeton and in our own Province also need our help. There are people everyday who go to bed hungry, children who go to school with no lunch or breakfast.

So while everyone is in such a

Forman issues voting challenge

Letter to The Editor,

What is the price? Are we prepared to pay as much as the Ukraine? Standing outside two weeks to enact democracy!

We have a wonderful country, with a simple one person one vote fair count system.

This system is not perfect, but it beats other parts of the world hands down.

Keep our low cost effective system. "Get out and vote!"

Lloyd Forman

generous mood I would like to appeal to them all to donate to local charities to help those who need it at home whether it be helping a child to go to preschool or help a single parent to cloth or feed their child. There are many ways you can help.

You can donate money, food to food banks, clothing to the crisis centre or volunteer with volunteer and service groups who do more

than their fair share to help this community.

The only purpose for which power can be rightfully exercised over any member of civilized community, against his will, is to prevent harm to others. His own good, either physical or moral, is not a sufficient warrant.

Sincerely,
Spencer Coyne

Museum President reports

Dear Editor,

Most of what I report here is positive news, as is good management practice that's the position from which I start - the few negatives that there are follow.

At the beginning of the year much time was spent on revamping our display cases, presentation of artifacts and general renovation of the museum's interior decor. Most of this was carried out by volunteer labour, but for the long overdue coat of paint to the Museum/Library lobby, stable block and new door to the Fire Hall we are indebted to the Town Crew.

During the course of 2004 we received many valuable donated items for use in the Museum, including the original bar from the Granite Creek Hotel which Daryl and Judith Tompkins from Tulameen gave us in late March.

Visitor numbers in 2004 were more than double 2003 and at the end of the year had passed 4,500. The financial implications appear in the Treasurer's Annual Report.

Most of the work carried out on the displays targeted the historical past and in the future it is essential that more time be given to the Joe Pollard Collection as many of the visitors from around the world come to to visit the Museum because of the unique legacy that the mineral and fossil collection is.

Our longer and fixed opening hours proved 100% successful. Due to the organization of our staffing schedule most of those hours were covered either by Katimavik, HRDC student grants or the generosity of Weyerhaeuser with their Jobs for Youth Program. In September a person was employed to cover the weekend opening hours. Her salary was more than covered by donations received from visitors during that period. It is due in great part to their time and effort that jobs that have needed doing for a number of years, such as putting our extensive photograph collection in order, have been carried out, besides fresh and young ideas being brought forward. Thank you all.continued on Page 22

Current Comment:

Why are the children hungry?



Dawn Johnson
editor@thenewsleader.ca

Daily, we see advertisements on television asking us to give to hungry children around the world. We are told that thousands of children die every day from malnutrition and disease brought on by poverty. The recent tsunami is a case where the richer nations put money into helping people as soon as the extent of the disaster was known, but I am not referring to the tsunami victims.

One of the advantages of being my age is having a long memory. During the 1970's, my husband and I became members of the Foster Parents Plan and sent money to help a child.

I forget how many years we did this, but we stopped due to financial constraints of our own. Our experience illustrates the many, many years these ads have run on television, but I want you to know that when I was a kid in Sunday School, 60 years ago, I took pennies to the church to feed hungry children.

When I was a kid, World War 2 was in progress, having followed a Great Depression.

During the 1950's, children were starving due to wars and famine. They were still starving from the same reasons during the 1960's, which was a time when poverty in the United States was exposed. The problem continued to our present day.

I believe we should try to solve the problem of starving children, but when I look back on my lifetime, and compare how the world was when I was a kid and how it is now, I believe we need to take a real close look at why those children are still starving to death.

In India and China, the birth rate has been seriously reduced to ensure the children born would not starve to death due to too many mouths to feed. The rich nations are richer than they have ever been, and they have poured aid into poor countries for decades. Advances in agriculture have helped increase crops worldwide.

The single biggest reason kids die of starvation today is war, especially civil war. However, for thousands of children to die of starvation, there must be other reasons as well as war. Our media

sources are remiss in not telling us what the reasons are, and our politicians are remiss in not addressing these problems. In fact, our politicians have made more fuss over substandard military equipment than over the deaths of all of these children. Our churches have made more fuss over same-sex marriage (which doesn't pro-

duce kids) than over thousands of children dying daily from starvation. Our media spend more time telling us how to lose weight than how to solve the problem of starving kids.

How long must children die of starvation in our world before we rise up and demand an end to lethal poverty?

Have something to say? We'd like to hear it!

SEND YOUR LETTERS TO THE EDITOR TO:

Similkameen News Leader
P O Box 956, Princeton, B. C., V0X 1W0

or e-mail them to:
editor@thenewsleader.ca

Heart Food

by Dave Machin



Inner health requires intimacy with God the Father and with His people. A whole heart includes intimate, open relationships with people who are going where you are going. Remember, God said you cannot love the Lord with all your heart without loving your neighbour as yourself (Matthew 22:37-39). You must have intimate relationships with people. Someone said, "I love the Lord, but I hate people." The funny thing is that we are all made in His likeness and image. If you hate people, what are you really saying about God? You don't really love God; you love your fantasy. Some one said, "I'm going to the mountains to get close to the Lord." If you want to get close to God, go to church. That is why God said, "Those who are planted in the house of the Lord shall flourish in the courts of our God." (Ps. 92:13). Relationships with those of like heart build us up and we grow stronger with God. If someone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen, how can he love God whom he has not seen? (1 John 4:20). If you believe you love God but don't love people, don't want to serve, volunteer, or get involved, then you've deceived yourself. You can't love God, whom you haven't seen, if you don't love the people who surround you. It's time to be honest with ourselves about relationships. Many times we do fine in situations where we can keep people at a distance, but a whole heart requires us to open up. Proverbs 13:20 says, "He who walks with wise men will be wise, but the companion of fools will be destroyed." Make a decision to build positive, godly, intimate relationships. The heart affects everything we do as Christians. As mentioned earlier, God works from the inside out, not from the outside in. You cannot deal with debt, sickness, relationship problems, or depression from an outward perspective. You must get to the heart. Out of your heart you will overcome all of the problems in your life. If we view the keys to inner healing as vitamins, we soon realize we have daily minimum requirements in each of these areas. You need to have certain vitamins and minerals each day to be healthy. You cannot go for a year just eating junk and then eat carrots all day for one day. That will not make you healthy. There is no reason why we can't live long, healthy lives if we eat a balanced diet and get the right vitamins. However, without the daily minimum requirements, we become malnourished. We struggle, we are tired, we are not feeling well, and we take medicine to cover up the symptoms. Many times the medicine is needed because we are not doing what is required for daily health. Just as that is true in the natural realm, it is also true in the emotional and spiritual realms. If you will do what is necessary for daily minimum requirements, you will stay whole in your spirit, soul and body. God is good, His word is good and good all the time.

Pastor Dave Machin,
SUNDAY SERVICES 10:30 A.M.
221 A Bridge Street, Princeton, B.C. 295-0599

Similkameen News Leader

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This is just a small sample of the many interesting displays in the Princeton Museum.

making every vote count



CITIZENS' ASSEMBLY
ON ELECTORAL REFORM

BC's CITIZENS' ASSEMBLY ON ELECTORAL REFORM recommends British Columbia adopt a new way of electing our MLAs. Watch for the Assembly's bright blue and yellow Final Report – *Making Every Vote Count: The case for electoral reform in British Columbia*. A copy will be mailed to your home.

On May 17, BC voters will decide in a province-wide referendum between BC's current voting system and the Assembly's recommended BC-STV system. Learn about the options - then vote! The choice is yours.

The Citizens' Assembly
 The ASSEMBLY was an independent, non-partisan group of 160 British Columbians randomly selected from around the province to review the way we elect our MLAs.

For More Information
 For information, visit the Assembly website or your local library – or call Enquiry B.C. at 1-800-663-7867. For French, Chinese or Punjabi translations of the Assembly's Final Report, see our website.

www.citizensassembly.bc.ca

Report from Museum President

.....continued from Page 20

As a result there has been fewer times when we have struggled to find volunteers to man the Museum, but we shouldn't get complacent. To all those members who when called upon did give of their time freely - "Thank You!" I ask the question though, "Could we do better?" The answer has to be "Yes" if we are going to promote and push ourselves forward, more volunteer hours will be essential in future years.

Philip LePoidevin, the 2004 HRDC student, amongst all the other duties he competently carried out, rebuilt our website, the Town of Princeton would do well to see what was achieved at very little expense. With over 500 hits to date it is something that we can build upon for the future. (www.town.princeton.bc.ca/museum).

During the course of the year we have purchased much needed new equipment including computers and TV audio equipment, whilst laminating equipment and photograph scanner are on the way.

Other events have included author Barrie Sanford speaking on "McCulloch's Wonder" at the Princeton Castle, a major flood in our basement and a 24-hour mysterious smell that stank out the whole Museum/Library Building and turned out in the end to be nothing worse than a blocked heating vent!

Work continued on the Cemetery Records and preparation of the History Time Line CD, hopefully both of these will be ongoing in the future.

During the Spring, 6,000 leaflets were produced and distributed, advertising our longer opening hours, they proved very successful. Two-thousand free bookmarks were also produced and circulated. This

form of advertising proved a big hit and should continue in the future. A sponsor will be needed for 2005. Newspaper ads were used to boost the number of visitors and to draw to local people's attention what their Museum had to offer, especially early and late in the season. The names and addresses entered in our Guest Register around those times of the year indicate that this ploy also bore much fruit.

Sadly, during the course of 2004 we had lost the services of archivists Anne Jensen and Lorraine Lance, both of whom have moved to Alberta. In their own ways both will be sorely missed and I would like to record a vote of thanks on behalf of all Society Members for all their efforts and hard work carried out over a number of years.

The Town of Princeton has continued to support us. Additional to the annual cash grant I have full details of other services supplied during the course of 2004 and to which there has been no direct cost to Society members. Our sincere thanks to the Town and to Kathy Clement, who as the Councillor designated to liaise between the Museum and Town Council has on occasions fought our corner as no other could.

Many more things have happened in and around Princeton Museum during the course of 2004. A visit from the Field Naturalists at the time of the Meadowlark Festival, a trip to the top of the Mascot Mine at Hedley with all the Katimavik Crew from Princeton, courtesy of the USIB, and the weekly "Princeton Trivia Quiz" appearing every week in the News Leader entertainment pages and much more besides.

It only remains for me to thank mycontinued on Page 23



Help Us Fill The Need!

Mens Coats & Children's Winter Clothing

Each Month RE/MAX country will ask for your help in aiding Princeton Crisis Assistance Society with a particular need. If you can help, please drop your items off at our office on Bridge Street.





The 2005 Board of Directors for Princeton's Child and Youth Committee. Standing, from left, Directors Ray Jarvis and Spencer Coyne, Asset Development Coordinator Nadine McEwen and Chairman Ken Heuser. Seated, from left, Vice Chair John MacKay, Director Dina Slowikowski-Campbell and Secretary Chris Haugland. Missing: Treasurer Kurt Lozinski.

Youth committee becomes a Society

The Princeton & District Child & Youth Committee (CYC) voted to become a not for profit society at the Annual General Meeting on Thursday, January 13 2005. During this meeting Chairman Ken Heuser took time to thank local organizations for their continued financial and in-kind support of the CYC Asset Development Initiative.

Heuser thanked Town Council for their support of \$15,000 annually and an addition \$2,300 to support community recreation programs in Princeton. Geri Logan, who was unable to attend, was recognized for the RDOS contribution of \$2,000. School District #58 and Princeton Schools were thanked for their dedication to the Asset Development Initiative.

Lyle Thomas was recognized for the Arena contribution of CYC Asset Development office space and the outstanding job he does on a daily basis that contributes to all ages of our community.

Similkameen Spotlight and Similkameen News Leader were recognized for their continued support of weekly asset development articles and support of advertising positive initiatives for children and youth in Princeton.

The Princeton & District Child & Youth Committee is a voluntary advocacy group of representatives from professional agencies, community organizations, concerned citizens and youth who meet once every three months to discuss and plan initiatives for our children and youth aged 0 to 19 years. The Executive Directors are Ken Heuser-chair, John MacKay-Vice-Chair, Chris Haugland-Secretary, Kurt Lozinski-Treasurer, and Spencer Coyne, Ray Jarvis and Dina Slowikowski-Campbell are Directors.

During the past 5 years the CYC has been responsible for the Asset Development Initiative in Princeton and hold a yearly con-

tract with Nadine McEwen, Asset Development Coordinator of Princeton. Over the years they have provided many opportunities for children, youth and families. They raise public awareness of issues concerning our kids, develop and foster partnerships with community agencies and support young people in making healthy choices.

Some, but not all, of the support they have given young people in our community include sending youth to leadership conferences, opportunity to participate with the Youth & Senior Partnership, Princeton Youth Action Team late night programs, link volunteer organizations with youth, coordinated the Princeton Youth Summit, coordinate the Healthy Snacks program at JAE, participated in the National Asset Building

Conference and provide support to our local schools.

Most recently the CYC received \$12,000 funding from the Federal Crime Prevention Centre Community Mobilization Program to begin yearly recreational programs in Princeton. This grant will support youth and adults in training and certification, coordination of the programs, marketing tools and facility rentals.

To learn more about the Princeton & District Child & Youth Committee Society and the Asset Development Initiative please contact Nadine McEwen at 295-7222.

Submitted by
Nadine McEwen
CYC Asset Development
Coordinator

Museum President's report on 2004

.....continued from Page 22 executive for diligently attending our meetings that have in the main been held around the table in the warmth of the Princeton Indian Band Office. Thank you all especially Don Coyle, for being my right hand man (and left most of the time!) and especially Evelyn McCallum for being Secretary to the Society as only Evelyn can. This is our 47th Annual General Meeting and they wouldn't be the same without her!

Thank you all very much!

Yours truly,
Nick Mills
President, Princeton & District
Museum and Archives Society.



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"We're beating the Winter blahs," says Dianne Rainer as she applies a base coat to her tea light box at Leftovers Studio on Vermilion Avenue. She says classes are always taking place, even when it's cold outside! We caught Rainer and Trevor Tory busy working their creative skills last Thursday afternoon.

YES WE CAN!



Earl Driver, Crisis Assistance Society President, accepts non-perishable food items donated by RE/MAX country.
 From left to right: Janice Barclay, Brenda Crawford, Sue Lang and Michele Matthews. Missing: Dan Pippin, Kane Lang, Dean Howard and Ainsley Beauchamp

RE/MAX country recognizes there is a local need - not just at Christmas - but all year long. We invite you to support our partnership with Princeton Crisis Assistance Society by dropping off non-perishable food items at our office (240 Bridge Street) or Overwaitea.

PUTTING HEART INTO OUR COMMUNITY

