

Similkameen News Leader

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News Leader**
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**Spring
has
sprung?**

The first Buttercup of the season has been identified.

As hard as it may be to believe, Dennis LeComte came into the News Leader office to report his find.

The buttercup was located in the 1100-block of Old Hedley Road...on January 31st!

**Website
records
over
22,000 hits!**

The Similkameen News Leader's online website has become a very popular site for many in cyberspace.

For the month of January 2005 a total of 23,772 hits were recorded.

The site was established in late December 2004.

Most of the visits are from North America, but there were a number of internet users who hit the site from Malaysia, Norway, Japan and Netherlands.

The website provides Princeton area news, updated weekly, as well as local sports.

Other information provided includes online classifieds, a calendar of events as well as weather and road reports.

To find out more log on to www.thenewsleader.ca.

Riding gear goes missing



Helen Bibby cuddles a hamster during the 4H Open House held last Thursday afternoon in the Arena-Mezzanine. There were numerous displays, plus information available to attract new members.

**\$10,000
worth
stolen
from
PXA**

Princeton RCMP are looking for assistance from the community in regard to a break and enter at the Princeton Exhibition Grounds.

Sometime during the evening hours of February 3rd unknown suspect(s) broke into the Princeton riding arena and made off with over \$10-thousand worth of riding equipment.

"This includes saddles, bridles and blankets," says Princeton RCMP Detachment Sgt. Kurt Lozinski.

"The thieves must have utilized a vehicle during the commission of this offence and we are hoping someone may have noticed something suspicious some time that evening."

The Princeton Exhibition Grounds is a regular target for thieves and vandals.

The property was last hit by vandals on August 5, 2004 when early that morning ATV tracks were discovered on the horse race track surface.

There was also damage to a storage room on top of the grandstand.

Small pieces of furniture and other equipment, including roofing screws, were tossed from the roof of the grandstand onto the race track below.

The most recent break in at the site was restricted to the covered indoor arena building, which contains an office and a number of stalls.

The office has been broken into before and thieves have made off with riding equipment in the past from the site.

Sgt. Lozinski says anyone with information about last week's incident is asked to contact local police at (250) 295-6911 or CrimeStoppers at 1-800-222-8477 (TIPS).

Princeton Fairgrounds sit on property owned by the Town of Princeton and are managed by a dedicated group of volunteers.

Kung Hay Fat Choi - Chinese New Year!

It is that time of year again - Chinese New Year. It begins February 9, and this year hails the Year of the Rooster. Each Chinese New Year begins with the new moon in the sign of Aquarius. Those born in 1933, 1945, 1957, 1969, 1981 and 1993 were born in the Year of the Rooster.

Rooster years are years in which we must go back to our skills, our work, and our productive activities. Rooster years are noted for inventions and creativity. Disorder is cleared up, military success may take place, and people may buy a broken-down house in the country and fix it up.

Sometimes, people unite in projects that involve solutions to homelessness, or improvement of slums. The downside of Rooster years is the urge to have everyone think the same way.

Rooster people are resourceful, and they develop many skills. They try to keep everyone and everything organized and productive. They need to keep their feet on the ground. When they are not involved in self-improvement, they are likely involved in fixing something or fixing up something that has been neglected.

These are the kind of people who can take over a bankrupt business and turn it into a success, or buy that broken-down house in the country and turn it into a showplace.

Their single most obvious flaw is their need to be right about what they are doing, and their need to

have others see they are right. Consequently, we may hear these Rooster people doing some "crowing" this year. In Chinese astrology, what do Rooster years mean to the rest of us?

Year of the Rat (1924, '36, '48, '60, '72, '84, '96) - This year, get rid of all the junk you have been collecting. Clean your basement, shop, closets, shed. Somebody is going to come around and inspect your premises, so clean up, and get organized.

Year of the Ox (1925, '37, '49, '61, '73, '85, '97) - You will be pleased with how things go this year. You like times when everything is organized and people get to work. You will enjoy your work this year, and you will be happy to be alive.

Year of the Tiger (1926, '38, '50, '62, '74, '86) - Tiger people who want to rebel against authority can do it successfully this year. They may lead a revolution of some kind. If Tiger people want to make big changes, this is the year to do it.

Year of the Cat (Rabbit) (1927, '39, '51, '63, '75, '87) - This is not a good year for Cat people. They like peaceful times and they do not take kindly to the orderliness Rooster years demand. It is a good year to lay low and wait.

Year of the Dragon (1928, '40, '52, '64, '76, '88) - Dragon people are the most powerful of the Chinese signs, and Roosters who want to get the job done will call on Dragon people. However, Dragon people are more liberal in their outlook and

may run into conservative opposition this year. Dragon folk, if you can't go along with the Roosters, wait until next year!

Year of the Snake (1929, '41, '53, '65, '77, '89) - Take cover and lay low. Work on staying happy and avoiding all the uproar. Things may move too fast for you this year and you will feel depressed if you join the action.

Year of the Horse (1930, '42, '54, '66, '78, '90) - Keep your mind focused on your work, and stay out of the fray. Make provisions for the difficulties and live prudently this year.

Year of the Goat (1931, '43, '55, '67, '79, '91) - You may feel a need to escape all of the turmoil. Goat people like an elegant, gracious life filled with peaceful relationships. Don't let this year get you down.

Year of the Monkey (1932, '44, '56, '68, '80, '92) - Monkey people are a source of amusement for Rooster people. This year, the Monkey people should just keep smiling and adapt to situations. They are in no real danger.

Year of the Dog (1934, '46, '58, '70, '82) - Do not be quick to express your free-thinker ideas this year. Be patient. Do not feel discouraged, because next year is your year! Guard what's yours.

Year of the Pig (Boar) (1935, '47, '59, '71, '83) - You like to work hard, and you like things kept in order. You will develop a strong feeling you should be industrious this year, and it will work for you.



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Donna Rossum admires the wonderful Valentine's gift display at Pharmasave Princeton.

January shows increase in real estate sales

The South Okanagan Real Estate Board (SOREB) reports that MLS sales increased by 8% to 138 units sold in January 2005 compared to 127 sold during the same period in 2004. This is down from last month's 163 units sold (December 2004). All indications remain in place for the market to continue to be robust throughout in 2005.

In sales units, Osoyoos again leads the way with a substantial 84% increase, 24 units sold compared to 13 last January. Kaleden/Okanagan Falls sales units

are up slightly 12% at 9 this January compared to 8 last year. Penticton units sold are up 16%, at 70 sales this month compared to 60 last January. Naramata sales units are down 40%, 3 sales compared to 5 last January. Summerland units sold total 7, which is down 30% from 10 last January. Oliver sales units at month-end are down 6%, 14 sales compared to last January's 15. In the Similkameen, Keremeos sales are down 40% with 6 units this January compared to last year. Princeton shows a decrease of 16% in units sold over last year, 5 compared to 6 in January 2004.

The Board Listing's total inventory increased by 6%, for a total of 1,296 active listings, compared to 1,217 last January. Actual Listings taken in January 2005 are up slightly by 1%, 262 compared to 257 in January 2004.

Total Sales volume for the entire Board is up significantly by 25% at

month-end, \$28,658,350 compared to January 2004 at \$22,879,692. The sales volume record-breaking trend of 2004 appears to be continuing.

The South Okanagan Real Estate Board is comprised of 248 member REALTORS and 28 real estate offices in the southern interior of BC. For the most comprehensive source of all residential real estate listings, home buying and selling information, visit our national websites at: www.mls.ca <<http://www.mls.ca>> and www.icx.ca <<http://www.icx.ca>> under "Thompson/Okanagan". Our new public website is available at: www.soreb.org <<http://www.soreb.org>>. All SOREB listings are published in our realtySEARCH magazine available at all real estate offices and various locations in South Okanagan/Similkameen communities.



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Racing Days meets again.

Racing Days President John Bey says Princeton Racing Days is still a go, regardless of what others may be saying.

Bey says there has been a lot of negative talk about whether or not the group can pull off another day of live horse racing at Sunflower Downs.

Bey says they can and will. A public meeting is planned for

Thursday, February 10th at 7:00 PM in Town Hall.

The meeting will be to form committees.

"We need to get all local community groups involved," Bey says.

"There are two words that aren't in my vocabulary. There are 'can't' and 'impossible.' With 'can't' you work around it and 'impossible' just takes a little longer."



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PUTTING HEART INTO OUR COMMUNITY



Flower shops get very busy this time of year! Tracy Obey, owner/operator/designer at Heart To Heart Flowers & Gifts at 213 Bridge Street is already prepared for the increase in traffic at her door with Valentine's Day approaching. Don't forget to order your out-of-town deliveries early!

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Forman says thank you for the support

Lloyd Forman is very happy to announce that he has won the nomination as Liberal Candidate for Yale-Lillooet, with a very strong result at all six polling stations.

"I am looking forward to listening and serving Princeton over the next four years," Forman says.

The new Liberal Candidate for Yale-Lillooet will replace Dave

Chutter, who will not be seeking re-election in the upcoming Provincial Election.

Forman, who lives in Boston Bar, was challenged for the nomination by David Laird.

Laird currently sits as Mayor of Merritt.

Forman says he plans to use his form of 'creative common sense'

when dealing with issues concerning Yale-Lillooet residents.

Forman has operated a successful family-owned logging business in the Boston Bar area.

He has met casually a few times with Princeton area BC Liberal members in the past and plans to be more visible at the election date draws near.

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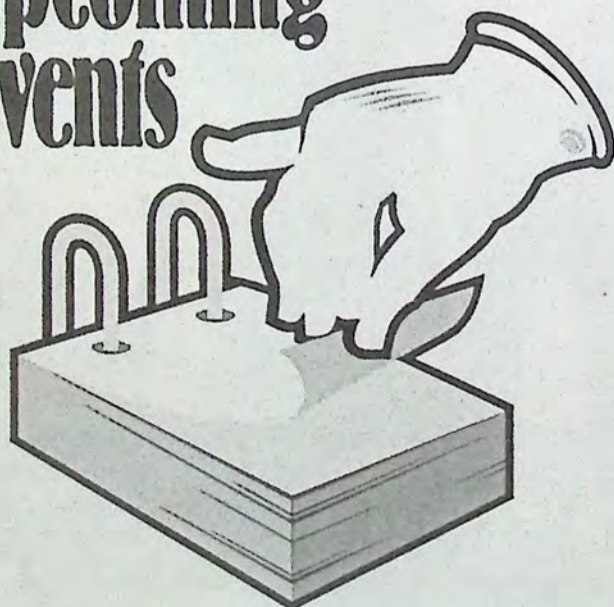
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keremeos and area news



Keremeos OAPO hosted a sing-along last Wednesday afternoon.

Village readies for more growth

The provincial government has approved the Village of Keremeos application to remove several properties from the Agricultural Land Reserve. The Village prepared a new community plan last year and submitted a blanket application for the removal, but the owners of properties included in the application had to agree to develop the properties in the event the application was approved. The effect of the approval frees 33 new lots for development.

At this point, Village Council has received five applications for subdivision. The process leading to final subdivision approval takes approximately 10 weeks. The Village must advertise the proposed subdivision, hold a public meeting, draft and present a rezoning bylaw, and the Lot Plan must

be registered with the Land Office. The registration of the Lot Plan may take longer than the rest of the process, as there are now only two Land Offices in B.C., both of which have a backlog.

Despite these delays, construction of new residences should be possi-

ble by late spring or early summer, and there seems little doubt that there will be developers ready to expand the number of residences in Keremeos. The Village of Keremeos ranks as one of the fastest growing small towns in B.C.

Council expects lively meeting

The Monday, February 7, 2005, Village Council meeting is likely to be lively. There are a lot of business matters to cover, including a permissive tax exemption bylaw. This bylaw would allow for reduction in property taxes for business property owners who improve either the structure or appearance of the premises, or who restore/improve buildings Council designates as "Heritage Buildings".

Perhaps the most contentious of all of the issues addressed by Council during the past few months is the proposed new parking bylaw. A committee comprised of Council members and local business people has submitted 10 recommendations for amendments to the existing bylaw.

The bylaw calls for a one-time fee of \$500 per parking space, but the number of spaces required is reduced, and Council will be flexible in terms of collecting the fee. The Village may choose to lease parking spaces to a business so it can meet the parking requirements.

One recommendation to be con-

sidered is that existing businesses which do not have the required number of spaces be grandfathered.

Mayor Walter Despot met with OAPO members to advise them that Council wishes to have them park on Veterans Avenue on Thursdays (dance afternoon) and use the back entrance to the OAPO Hall in order to free up parking on the main thoroughfare.

Council will vote on whether to use general revenue to pay for capital costs of creating extra parking and not a specified area of commercial owners.

Some businesses have more spaces than required. Council will consider a recommendation that these businesses share or lease extra spaces to other businesses lacking the required number of parking spaces.

Another recommendation is that paving and fencing requirements in Section 5 of the Village zoning bylaw should apply to new businesses only.

The committee has worked hard on solving the problem of lack of downtown, main street parking spaces.

Senior's action never stops

Members of Keremeos Old Age Pensioners Organization need never feel they have nothing to do. Keremeos Seniors Centre (499-2977) is constantly in use, filled with sports, exercises, crafts, card games and music.

There is dancing every Thursday afternoon, line dancing every Monday evening, card games three nights a week, exercise sessions three mornings a week, singing every Wednesday morning, a Jam Session one Sunday a month, crafts once a week, carpet bowling six days a month and shuffleboard and pool two days a week.

In case anyone has time, there is a membership meeting the first Wednesday of the month, and the Garden Club meets the evening of the second Wednesday.

Hourly Weather?
Daily Road Reports?

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CUFA/BC executive director to speak in Princeton



Robert Clift, the Executive Director of the Confederation of University Faculty Associations of British Columbia (CUFA/BC), will be in Princeton February 10th at 7:00 PM in the Legion Hall.

Robert Clift is the Executive Director of the Confederation of University Faculty Associations of British Columbia (CUFA/BC), where he is responsible for research, communications, and lobbying on behalf of the province's 3,700 public university professors. He is also the Coordinator of the Coalition for Public Education's Opening Doors for Every Student project.

Clift has long been interested in access to post-secondary education. He served on B.C. government reviews of student financial assistance and barriers to access under Social Credit (1987) and NDP (1992) governments.

He has written and presented on the effects of tuition and student aid policies on student decisions to pursue post-secondary education. His master's thesis was a history of the Canadian Union of Students (1963-1969), with an emphasis on the development of the organization's policies on access to post-secondary education.

Clift holds a B.Sc. in Computing Science and Mathematics from SFU, a Certificate of Liberal Arts from SFU, and an MA in Higher Education from UBC.

He is the first person in his family to earn a university degree, but that doesn't get him out of doing the dishes when he visits his parents for dinner.

Robert Clift will be in Princeton on Thursday, February 10th at 7:00 PM in the Princeton Legion.

The presentation is sponsored by Princeton District Teachers Union, Hospital Employees Union, CUPE

Locals 847 & 608, Steelworkers Local 1-423, British Columbia Nurses Union and Princeton Secondary School Parents Advisory Committee.

More on Clift's presentation

Are our kids getting the educational opportunities they need?

According to provincial estimates, 73% of job openings will require some form of post-secondary education. Are we doing enough to ensure that our kids can successfully complete high school and make the transition to post-secondary education?

Educational policy researcher and advocate, Robert Clift, will be at the Royal Canadian Legion Hall in Princeton on February 10th to make a public presentation about the need to ensure that all young British Columbians can get the educational opportunities they require.

Clift's presentation is part of the "Opening Doors for Every Student" project. This project, sponsored by the Coalition for Public Education, has been collecting information about school dis-

tricts around the province and making presentations to community groups about their findings.

The goal of the project is to raise the awareness of parents of secondary school students about the educational challenges their kids face in completing high school and obtaining a post-secondary education.

Interested in learning more? Everyone is welcome to attend the public meeting on Thursday, February 10 at 7:00pm in the Royal Canadian Legion George Parkes Branch, 172 Bridge Street, Princeton

For more information contact Robert Clift: Office Phone : (604) 646-4677, Executive Director Office FAX: (604) 646-4676 E-Mail: cufabc@sfu.ca Confederation of University Faculty Associations of British Columbia www.cufa.bc.ca

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news leader health page

Tips on keeping germs away

How susceptible are you to catching an infectious disease? It really depends on where you live, your age, your general health and your lifestyle. But we do know that your risk of catching a headline grabbing infectious disease is relatively low. You are much more likely to become ill from a contaminated surface in your home than to acquire a serious illness from a mosquito.

There are two main types of germs that cause most infections. These are viruses and bacteria.

- Viruses cause:
- all colds and flu
 - most coughs
 - most sore throats
- Bacteria cause:
- most ear infections
 - some sinus infections
 - strep throat
 - urinary tract infections
 - most wound infections

Antibiotics CANNOT KILL viruses. Antibiotics DO KILL specific bacteria. You need to take antibiotics appropriately, exactly as they are prescribed and not expect to take them every time you are sick.

Common sense goes a long way in protecting you against most infectious diseases. Most germs are spread by droplets through sneezing or coughing or through body fluids, like saliva, semen, vaginal fluids or blood. Consider these basic precautions:

Immunizations: Get the appropriate immunizations for both you and your children. This is your best defense against many infectious diseases.

Proper Hygiene: Wash your hands often, especially after using the bathroom or when preparing food. If soap and water isn't available, use an alcohol-based disposable hand wipe or gel sanitizer. Cover your mouth when you sneeze or cough and throw your tissue away after its been used and then wash your hands again.

Common Sense: Don't participate in behaviour that puts you at risk. For example, don't handle an animal that looks ill or appears to have an infection. Avoid sharing a drinking glass or utensils with other people. Avoid sexual contact or use condoms if you're unsure of your partners sexual history.

Awareness: Stay up to date on the types of infectious diseases that are making the rounds in your community. Know the warning signs and take extra precautions to avoid becoming ill.

Clean or disinfect? There is a difference! In most cases, cleaning with soap and water is adequate. But you should disinfect in areas where there are both a high concentration of dangerous germs and a possibility that they will spread to others.

Know the hot zones in your home:

The kitchen is one of the most dangerous places in the house because of the infectious bacteria that are sometimes found in raw food such as chicken. Another potential hot zone is the bathroom and your child's changing table and diaper pail.

Have good health habits: Get plenty of sleep, be physically active,

manage your stress, drink plenty of fluids and eat nutritious foods are all healthy habits that will help you to stay well.

With a little prevention, you can keep harmful germs at bay!
- Jill Rhynard BScN, MPH, Coordinator of Health Promotion Interior Health, Okanagan Health Service Area

we beat those cravings

by George Elliott

Have you ever wondered how far you walked in an average day? I'm talking about your ordinary walking around the house, yard and office.

I never put much thought into it until the other day.

Brenda had indicated we have what are considered sedentary lifestyles as our work days are mostly spent in front of a computer.

Well, I got curious last week and put on a pedometer (a small battery-operated gadget that measures your steps) and did my normal day of work.

By the end of the day I had taken just about 4,000 steps!

I calculated each stride to measure

an average of three feet, which gives me a total of 12,000 feet travelled in one day.

To put this into perspective, a kilometre is 3,280 feet, so I walked 3.7 kilometres on a normal day!

That would be 18.5 kilometres in an average work week...which now makes me wonder what distance I'd cover if I didn't have a 'sedentary' lifestyle.

It really opened our eyes to the fact that we may not be following a regular exercise routine at the moment, but we are far from inactive.

The milder weather has caused us to shift our diet a little more, as we

.....continued on Page 27

living past 100

Here's more about power and blood pressure

Last week, this column dealt with the relationship between frustrated power needs and high blood pressure. First, not everyone with high blood pressure has frustrated power needs. Second, 60 percent of men with high blood pressure do seek power and do not get it. This week, let's look at why people think they need power.

Our society is built on the "pyramid" ideal in which the person at the top is boss over all of the people below, and those who form the base of the pyramid have little or no power. Dictatorship is the best example of how this works in politics, but we see it in the family situation in which the man of the house is boss and the woman and children do as they are told.

Power in our society is expressed through money, possessions, sexual domination, influence over others, and aggression. As children, we are trained to seek those expressions of power, and those children who do not seek it are considered "losers" or "unmotivated". Often, these are young people who seek to help others, and they may live longer than those whose goals involve power.

Surprisingly, those who acquire prestige in the form of money, status (boss), expensive possessions, or some kind of social influence, are not necessarily happy.

A longterm study of what makes people happy was described by Mihalyi Csikszentmihalyi in his book, *Flow, The Psychology of Optimal Experience*, in which he describes "peak" experiences which give happiness. The happiest people in the world are those who achieve. These people work on projects and follow them through to completion, and derive great satisfaction within themselves for what they achieve. They may work individually or with groups, but their goal is to achieve an objective. They are not concerned with what others think or how much power they have, and they do not care whether society sees them as having status or prestige.

One of the main characteristics of happy people, in addition to achieving goals, is their enjoyment of work. They fit into their environment harmoniously because of their enjoyment of work and the satisfaction they feel from the work they do.

Not only does the pursuit of power lead to high blood pressure, it blinds people to the way to real happiness. Perhaps changing one's view of the world from seeking power to finding happiness through work and achievement would lower blood pressure. Unfortunately, no studies have been done on this aspect of high blood pressure.

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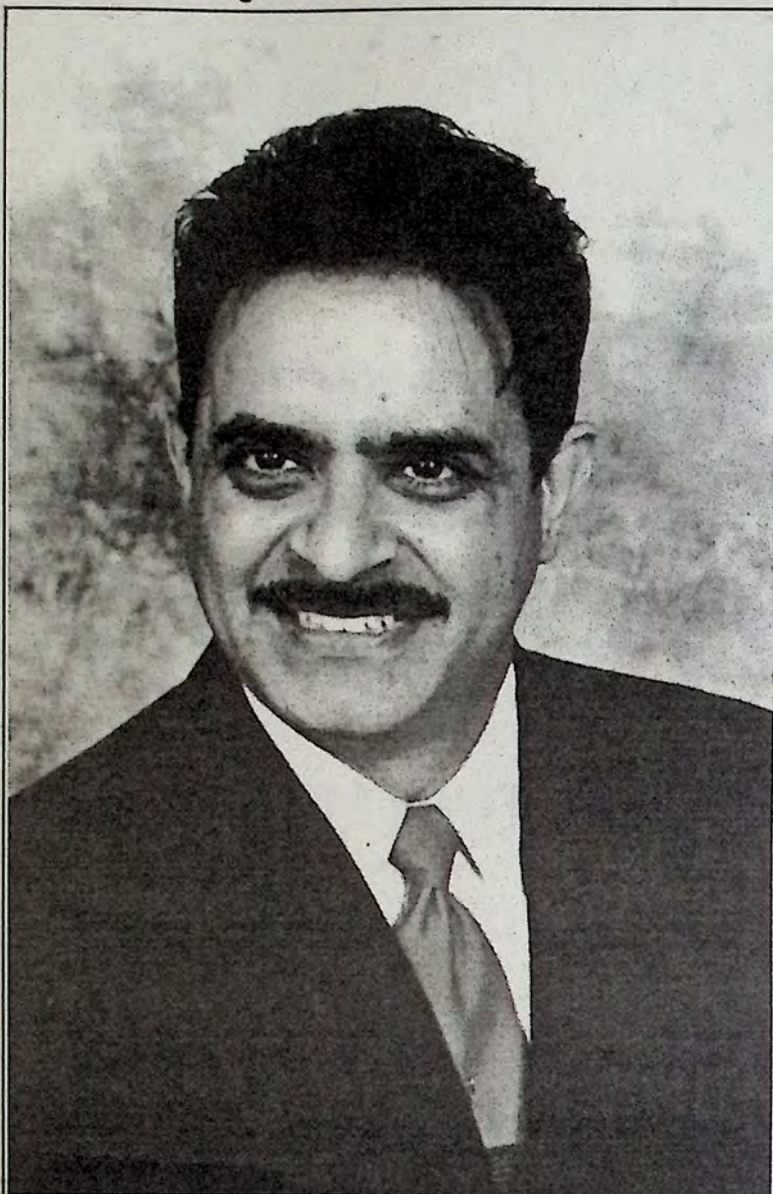
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Lali says Liberals chose a Campbell loyalist as candidate



Yale-Lillooet NDP Candidate Harry Lali

Harry Lali, the local NDP candidate and former B.C. highways minister, says the Yale-Lillooet Liberals have chosen die-hard Gordon Campbell loyalist, Lloyd Forman, to be their flag-bearer in the upcoming general election.

"This is the third provincial election in a row that the local Liberals have managed to field a relic from the old Social Credit to run against me," says Lali. "It's Back to the Future: Part III."

"Except this time," continues Lali, "the Liberals have nominated an opponent who is even more extreme than Mr. Campbell. Like Gordon Campbell the Liberal candidate cannot be trusted to stand up for the interests of ordinary British Columbians."

Lali said, "My Liberal opponent supported the massive tax giveaway to Big Business and those individuals making over \$125,000 per year. To pay for those tax cuts for rich Liberal friends my opponent supported Mr. Campbell in the closing of schools, hospitals, courthouses and government services in rural B.C., including Yale-Lillooet. My opponent also supported the privatization of B.C. Rail."

"While I spent the better part of 10 years keeping the Boston Bar sawmill operating in my opponent's own community," pointed Lali, "Mr. Forman was completely

silent when the mean-spirited Gordon Campbell allowed the same mill to shut down after only six months of Liberal rule. Like Mr. Campbell, my opponent cannot be trusted to represent small-town British Columbia."

"What the people of Yale-Lillooet and I worked together diligently on to build over my 10-year tenure as MLA and cabinet minister the Campbell Liberals managed to destroy in less than four years with their politics of division and conflict," charged Lali.

"It is time to clean up the mess left by the B.C. Liberals and rebuild this constituency again."

"It is time to elect a representative who will, once again, put the priorities of constituents before those of Victoria," stated Lali. "The people

of this constituency are looking for a representative who is experienced and one who they can trust to stand up for them when they need."

"I have proven in the past that I am that individual," said Lali, twice-elected MLA in Yale-Lillooet.

"I take great pride in my record of achievement delivering projects and services on behalf of small communities like Hope, Boston Bar, Lytton, Lillooet, Logan Lake, Merritt, Princeton, and Keremeos."

Lali says, "On May 17th the voters of Yale-Lillooet will have a clear choice between my record of re-building and hope for the future versus the Gordon Campbell record of destruction and despair."

- submitted

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Thank You!

For your overwhelming support
in electing me to be your next
Yale-Lillooet Liberal Candidate.

I am committed, with your help,
to working for the communities.

Lloyd Forman

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN) BUDGET INFORMATION MEETINGS

In conjunction with the School District's desire to provide information regarding the budget planning process, there will be a budget and enrollment projection presentation for interested stakeholders, including all members of the public.

This meeting will review provincial funding, district projections for enrollment and general information relating to the 2005/06 Operating Budget.

Meetings have been scheduled as follows:

- PRINCETON - 6:00pm, Tuesday, February 15, 2005
Princeton Secondary School Cafeteria
- MERRITT - 6:30pm, Thursday, February 17, 2005
Merritt School Board Office

All interested members of the public
are invited to attend.

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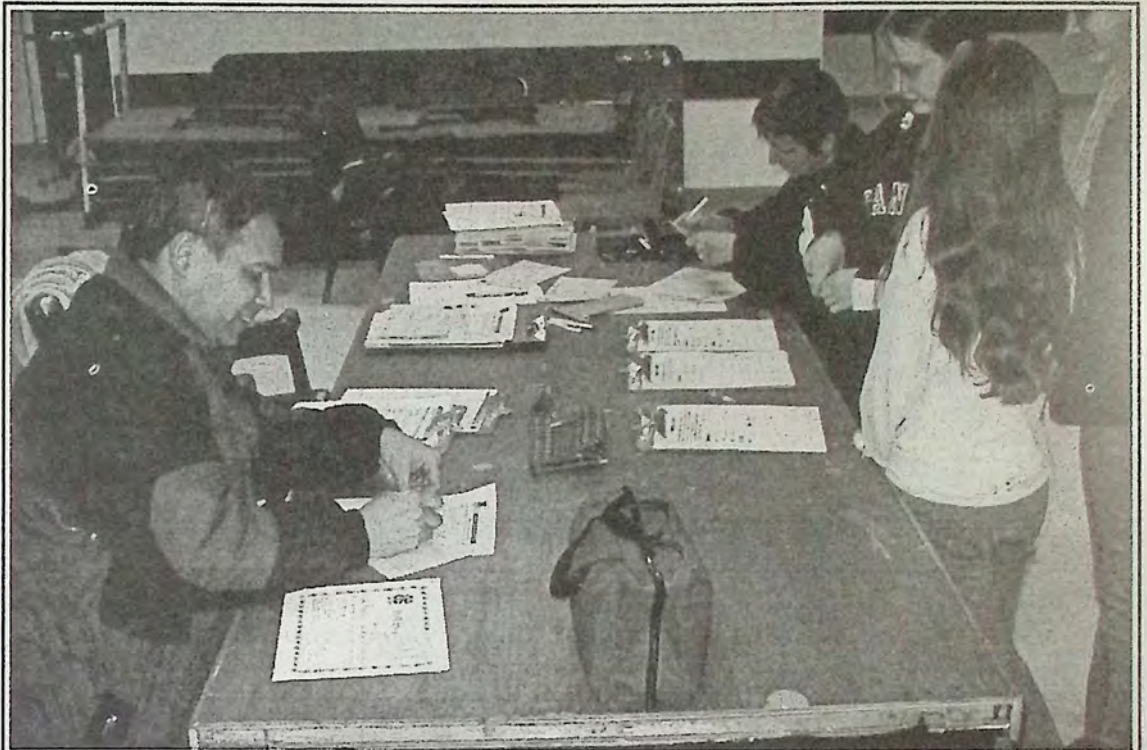
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Lawrence Newman fills out paperwork as another 4-H member registers. The 4-H Club hosted an Open House last Thursday afternoon at the Arena Mezzanine.

Lillooet airport receives grant

Yale-Lillooet MLA Dave Chutter says \$24,150 in provincial funds will be invested into the Lillooet Airport for runway and small structural upgrades.

"Our airport is an important part of this community's transportation structure," says Chutter.

"This funding will help improve the current runway and fix any

unsealed areas in the building."

The province announced \$2.3-million will be split between 15 small communities across British Columbia to revitalize community airports.

Investing in small airport infrastructure upgrades will ensure critical air services can be safely maintained in these communities and

promote local airports as economic drivers.

"It is important to maintain and build on our current transportation infrastructure as we grow so we can continue to offer accessible options to our local attractions and businesses," says Chutter.

The province will pay 75 per cent of the project's total cost.

When Chutter and Highways Minister Kevin Falcon were in Princeton last month, they outlined the four part transportation upgrade program the province was working on.

At an informal dinner on the evening of January 12th, Falcon urged development of the Princeton airport stating, "If you feel that the airport can benefit Princeton, I encourage you to get an application in."

thoughts on education



EXCLUSIVE TO THE NEWS LEADER
BY JINNY SIMS - BCTF PRESIDENT

"Students need services not promises" - Sims

Teachers certainly welcome the provincial government's recent promise of \$150 million in additional funding to the B.C. school system. It is long overdue and desperately needed.

However, it does not even come close to restoring funding to the 2002 level. Given the amounts that have been downloaded onto school boards including salary increases, MSP premiums, hydro and other costs, it would now take more than \$300 million just to get back to 2002 funding levels.

The \$150 million promised by Premier Gordon Campbell is certainly no magic eraser. It won't erase the damage already done to our students, schools, and communities. It is the Liberal government

actions that have resulted in 113 schools being closed, 2,500 fewer teachers, 25% fewer librarians, and less support for students with special needs.

Furthermore, the \$150 million promise may not be new money since the Campbell government said back in March 2004 that it would spend \$170 million extra on education through 2005-06.

It appears they have simply chosen to move the funding ahead one year for obvious political reasons. Political analyst David Schreck notes that the \$150 million promised by the Liberals in their recent announcement is less than the figure given in the Ministry of Education Service Plan which was released at the same time as the 2004-05 provincial budget (see www.strategithoughts.com).

The money promised by the Liberals may go part way in restoring services but there is only one way to guarantee a basic level of services to students, and that is to restore collective agreement provisions guaranteeing equal access and quality public education for all.

If the province is doing so well economically, as Campbell claims, then now would be the ideal time to invest in our future generation by fully restoring education funding.

Jinny Sims is President of the B.C. Teachers' Federation representing 42,000 public school teachers in B.C.

25 Words

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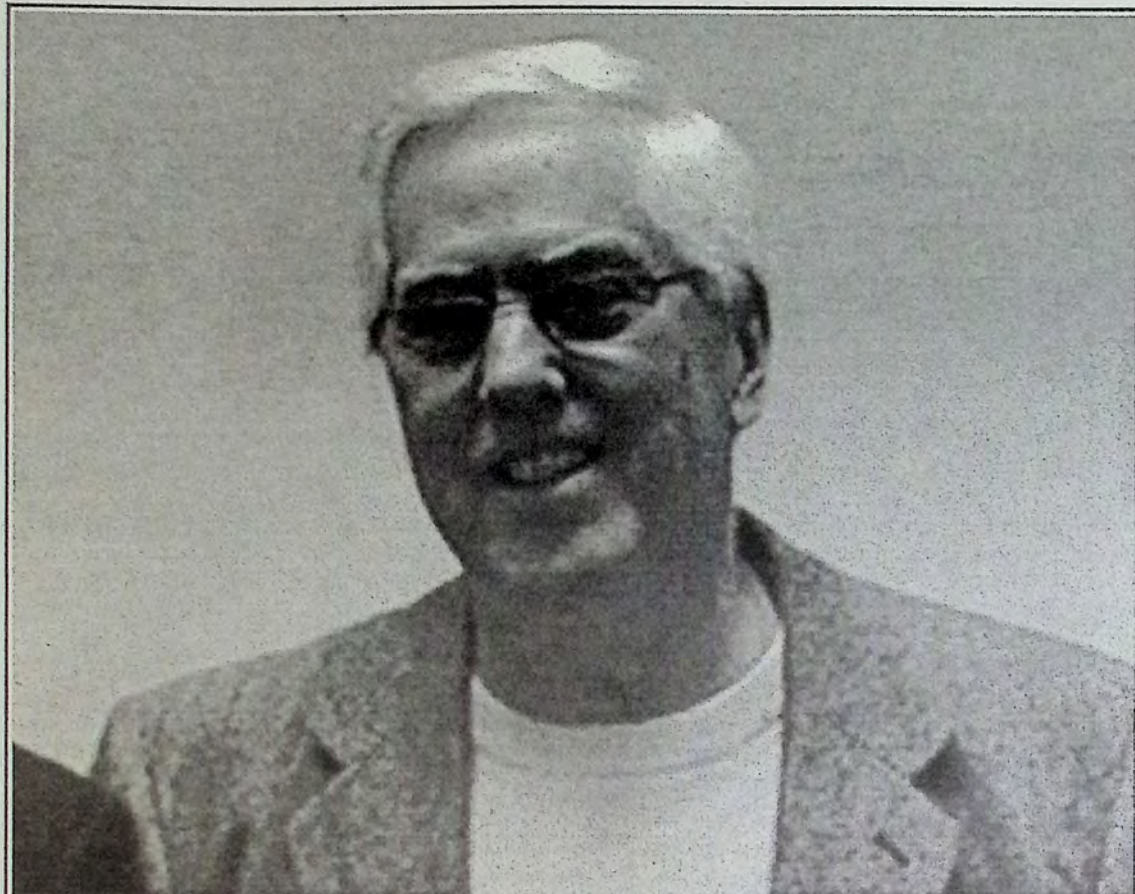
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EVENTS AND
MORE!!!



Lloyd Forman, a resident of Boston Bar, won the nomination last weekend and will represent the BC Liberal Party as their candidate in Yale-Lillooet in the upcoming Provincial Election.

John Allison offers empathy training

John Allison Elementary School teachers have been conducting Empathy Training in their classrooms.

This is all part of the Social and Emotional Development compo-

ment of the school curriculum.

A child with healthy empathy can be identified as having the following traits:

- is socially sensitive; has a lot of feeling for others,

- shows sensitivity towards the needs and feelings of others,

- correctly reads others' non-verbal cues (gestures, body language, facial expressions, tone of voice),

- readily picks up others' facial expressions and reacts appropriately,

- recognizes when someone is distressed and responds appropriately,

- shows he or she understands another person's feelings,

- has tears in their eyes or looks upset when someone else is distressed,

- acts concerned when someone is treated unfairly or unkindly,

- shows a willingness to understand someone else's point of view,

- can talk about how someone else is feeling.

The school will feature ways parents can develop empathy with their children in their news letter.

Speed, road conditions to blame

On Sunday, February 6th at approximately 2:45 PM, Princeton RCMP Detachment and the South Okanagan Traffic Services responded to a single vehicle accident.

"A 1999 black Dodge Dakota pick up truck was travelling Westbound on Highway 3 just before Whipsaw outside of Princeton," says Cst. J. R. C. Fortin of SOTS.

"The vehicle lost control coming around a corner on the slick road conditions and subsequently continued off road right into the ditch."

At the time of the collision the road conditions were icy and snow was falling.

BC Ambulance Services and Princeton Ground Search & Rescue (GSAR) were quick to respond to the collision as there were reports that the driver was trapped.

Vermilion

Rebekah report

After the lodge was declared open Sister Pam P. R. A. together with Sister Betty D. D. P. installed Sister Freda.

As Sister Marion was absent, Sister Pam acted as Secretary.

Sister Terri N. G. did very well as a first time Noble Grand.

The tea was great, cheese and crackers and chocolate covered marshmallow cookies. The draw was won by Sister Dorothy - a \$10 gift certificate.

- submitted by Dorothy Stenvold

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Hired Equipment Registration

Okanagan Shuswap Highway District - Okanagan Area

The Okanagan Shuswap District Office, Okanagan Area, geographically covers the area from the US Borders and Osoyoos area in the South, East to Big White Road on Highway 33 and Craigellachie on Highway No. 1, North to Sicamous, Salmon Arm and Falkland, and West to Princeton on Highway No. 3.

All individuals or companies who WERE registered this past year through the District Office in Kelowna will be receiving invitations to re-register their equipment for the coming fiscal year by mail by the end of February.

Any individuals or companies who were NOT registered in 2004, but who wish to have their equipment listed, are hereby invited to contact the District Office either in person or by phone to obtain the appropriate registration forms. The District Office is located at #300-1358 St. Paul Street, Kelowna, V1Y 2E1. You can also phone 712-3660 to have the forms mailed or faxed to you.

Note that while you do not need to have Commercial (Comprehensive) General Liability insurance, or up-to-date WCB coverage to register, you will have to meet these requirements prior to working on any ministry projects. Only owned or lease-to-own equipment is eligible for registration. Equipment can only be registered in one area in any given year. Seniority is not transferable from area to area.

The deadline for new registrations for fiscal year 2005/2006 is 4:30 p.m. on Monday, March 21, 2005. Late registrations will be accepted, but may appear at the bottom of the Open List. Note that there is no charge for registering new equipment, or for changing or deleting equipment already listed.

Grant Lachmuth,
District Manager, Transportation,
Okanagan Shuswap District



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Princeton's 4-H Club contains a small engine division. From left, Tom Smyth and Evan Esdale pose with their projects during the 4-H open house last week in the Arena Mezzanine. Both young men are proud of their accomplishments and credit their time with 4-H as contributing to their goals.

Princeton 4-H hosts open house

Princeton's 4-H Club hosted an open house last Thursday afternoon in the Arena Mezzanine.

The local club is one of over 200 4-H Club's in the province and has

ongoing projects including rabbit, dog, lamb, poultry, dairy goat and small engines.

They are also involved in the Cloverbud program, which is a 4-H

discovery project for 6 to 8 year olds.

What is 4-H?

The 4-H program provides young people with an opportunity to learn how to become productive, self-assured adults who can make their community and country a good place in which to live.

This is fostered through project and program work, experiences with their 4-H club members and leaders and their participation in district, regional and even provincial programs.

The goal of the 4-H program is youth development. The objectives of 4-H clubs are knowledge, leadership, citizenship and personal development.

4-H is an organization dedicated to young people. The purpose of the 4-H program is to prepare girls and boys for their future as adult citizens.

4-H stands for head, heart, hands and health. The 4-H pledge describes the significance of the four H's:

I pledge:
 My HEAD to clearer thinking,
 My HEART to greater loyalty,
 My HANDS to larger service,
 My HEALTH to better living,
 For my Club, my Community and My Country.

The philosophy of the 4-H program is explained by the 4-H motto: "Learn to do by Doing!"



They may not be fast, but they know hockey! The Tykes played a 'mini-game' during Saturday's Posse game at the Arena.

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7:30 PM

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PUTTING HEART INTO OUR COMMUNITY

weekly entertainment guide

TUESDAY, FEBRUARY 8, 2005 THROUGH MONDAY, FEBRUARY 14, 2005



Princeton's Mike Salter slows down Revelstoke's Ben Okumura during Saturday's game.

Zebras ruin another hockey game

Princeton Posse played another great game of hockey last Saturday night when they hosted Revelstoke Grizzlies.

For a change the worse team on the ice that night wore striped shirts.

The officials were - in a word - bad.

In the first period there was a lot of action, most of it behind the play and seemingly invisible to the officials.

It was a fast, hard hitting and exciting twenty minutes of action, even though Revelstoke scored the only goal at 3:05.

The first intermission featured a 7-minute 'mini-game' where play-

ers from Princeton's Tykes took to the ice and played their hearts out.

In the second period of the KIJHL contest, Princeton tied the game at 11:59 when Seth Armitage scored for the home team.

Assists went to Brad Davis and Eric Lilley.

Revelstoke took the lead at 16:13 when a rebound found it's way into the net while Princeton's Brad Fraser was sprawled out on the ice.

Fraser had just finished stopping a rapid fire succession of shots and rebounds as the Grizzlies pounced on the net.

The final 4-minutes of the period saw the officials receive the brunt

of a verbal barrage of insults and complaints from the stands.

It was obvious there were a number of bad calls and missed infractions for which the officials had no explanation.

Princeton tied the game at 2-all 19-seconds into the third period when Seth Armitage passed the puck to Dave Wyman who's wrist shot slowly passed between the legs of the Revelstoke netminder when he was on his knees.

By this time the officials seemed confused about what they were doing and often had to consult with each other on delayed penalties.

.....continued on next page



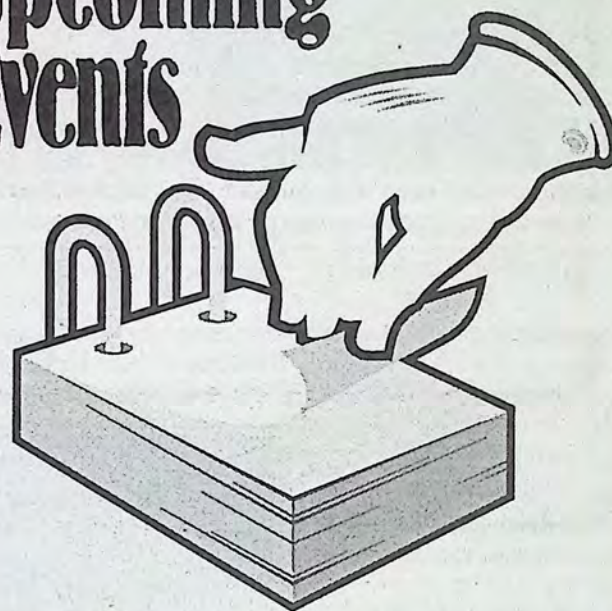
The officials knew how to drop the puck during Saturday's Posse/Grizzlies game.

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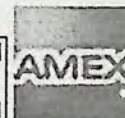
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Princeton's Brad Fraser butts gloves with Princeton Tyke's following their 'mini-game' as part of Saturday night's Princeton Posse game at Princeton Arena.

.....continued from Page 11
 At 12:57, members of the crowd had had enough and started tossing trash onto the ice in response to another missed infraction behind the play.

It appeared that tripping, cross-checking and players spearing one another was allowed, especially if it occurred in plain view of an official.

Icing and high sticking did warrant a whistle.

Revelstoke scored their third goal of the evening at 14:39 with a shot on Fraser's glove side when he was down on his knees.

The Posse pulled Fraser for an extra man in the final minute of play and a time out was called with 20.2 seconds left on the clock.

Revelstoke needed three tries to score their fourth goal in the empty net having hit the post once and

shot wide on their second attempt.
 Final score: Revelstoke 4, Princeton 2. Shots on goal: Princeton 13, Revelstoke 26.
 Princeton plays their final two

home games this weekend.
 They will take on Osoyoos Saturday night at 7:30 PM and Sicamous Sunday afternoon at 2:30 PM.



John Babiak puts a little 'Dairy Queen curl' on his attempt in the Lucky Puck Toss during Saturday's Posse game.

Lynch Bus Lines Atom Flyers report

The Lynch Bus Lines Atom Flyers travelled to Westside on January 30th to battle it out for 1st place position overall in the Super Series league play.

The team came out determined to win that 1st place spot.

Kraig Leochko scored a natural hat trick and 1 assist.

Brandt Fenrick - 2 goals and 1 assist

Colby Williams - 1 goal and 1 assist

Justin Gill - 1 goal

Drayden Larsen - 1 goal

The defensemen Jordan Palumbo, Justin Gill and Austin Thibert played a stand up game clearing the puck out of their zone and keeping it in.

The forwards, Brady Johnson, Joshua Coyne, Drayden Larsen, Nathan Garton, Clayton Obee, Rhett Ortwein, Kraig Leochko, Colby Williams and Brandt Fenrick also played strong offensively.

The whole team set themselves up

and did some wonderful passing. Great job teams and coaches!! Playoff games should be starting soon! Good luck to all the Minor hockey teams.
 Submitted - Danny Leochko

Princeton Figure Skating Club "Skater of the Week"



Samantha Lozinski
 6 Years Old - Can Skate B
 Skater of the Week is brought to you by Similkameen News Leader

tuesday movies

MORNING

10:00 am CITY 29 ★★ "For Love or Money" (1993, Comedy) Michael J. Fox. A concierge who dreams of opening his own luxury hotel must chaperon a potential investor's mistress. [E]
 11:00 am A&E 9 ★★ "Charles & Diana: A Palace Divided" (1992, Drama) Roger Rees. A dramatized account of the rocky marriage of England's Prince and Princess of Wales. [E]

AFTERNOON

5:00 pm WGN 38 ★★ "King" (1978, Biography) (Part 2 of 3) Paul Winfield. Based on the life, accomplishments and assassination of Nobel Peace Prize winner, the Rev. Martin Luther King, Jr. [E]

EVENING

6:00 pm CITY 29 ★★ "Down to Earth" (2001, Comedy) Chris Rock. A black comic who met an untimely death is sent back to Earth and given the body of an older white tycoon.
 7:10 pm WTBS 3 ★★ "Pleasantville" (1998, Comedy) Tobey Maguire. A shy

suburban teen and his sister are transported into the black-and-white world of a 1950s TV sitcom. [E]

9:00 pm FAM 26 ★★ "Weekend at Bernie's II" (1993, Comedy) Andrew McCarthy. The search for dead Bernie's stolen cash prompts a voodoo queen to send two inept lackeys to revivify the late CEO.

9:40 pm WTBS 3 ★★ "Midnight in the Garden of Good and Evil" (1997, Drama) Kevin Spacey. A society reporter investigates a scandalous murder involving a wealthy bachelor while on assignment in Savannah, Ga. [E]

10:06 pm CITY 29 ★★ "If Lucy Fell" (1996, Comedy) Sarah Jessica Parker. Two roommates must find true love before they turn 30 or honor their previous pact to leap off the Brooklyn Bridge. [E]

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Road Reports?

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wednesday movies

MORNING

10:00 am CITY 29 ★★ "Down to Earth" (2001, Comedy) Chris Rock. A black comic who met an untimely death is sent back to Earth and given the body of an older white tycoon. [E]
 11:00 am A&E 9 ★★ "Shamus" (1973, Mystery) Burt Reynolds. An offbeat private eye, hired to track down some missing diamonds, gets involved with the mob, a woman and a smuggler. [E]

AFTERNOON

5:00 pm CITY 29 ★★ "America's Sweethearts" (2001, Comedy) Julia Roberts. A studio lackey turns to a star's sister for support in a publicity stunt to reunite her with her estranged husband.
 WGN 38 ★★ "King" (1978, Biography) (Part 3 of 3) Paul Winfield. Based on the life, accomplishments and assassination of Nobel Peace Prize winner, the Rev. Martin Luther King, Jr. [E]

EVENING

8:10 pm WTBS 3 ★★ "Pretty in Pink" (1986, Drama) Molly

Ringwald. A teenager worries that her low-income roots might affect her budding relationship with a wealthy classmate. [E]

9:00 pm FAM 26 ★★ "Immediate Family" (1989, Drama) Glenn Close. A childless couple become better acquainted with the pregnant teenager whose baby they plan to adopt.

10:06 pm CITY 29 ★★ "America's Sweethearts" (2001, Comedy) Julia Roberts. A studio lackey turns to a star's sister for support in a publicity stunt to reunite her with her estranged husband.

10:10 pm WTBS 3 ★★ "Only You" (1994, Comedy) Marisa Tomei. A fateful phone call sends a bride-to-be on a journey to Italy to find her destined true love. [E]

Weather?

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Road Reports?

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6 AM	"Field of Dreams"	News Body	(Off Air)	Stretch Dragon	News	News	"Charles & Diana"	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	SportsCentre	News	Daily Planet	Paid Prog.	Something	News	Maury Paternity tests.	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today Mariska Hargitay; Chris Meloni.	The Early Show	Murder, She Wrote	Good Morning America			Care Bears George S.	SportsCentre	Canada AM	Blue Realm "Tentacles"	Sabrina	Aladdin	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street (N) Poko	Hi-5	Barney			Third Watch "Blackout"			100 Huntley Street (N)	SpongeBob LazyTown	SportsCentre		Monster Garage	Paid Prog. GRC	Lilo Stitch		In Fashion Spin City	In the Heat of the Night
9 AM	Cosby	Save-Ums!	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Mona	Off-Record	Regis and Kelly	Daily Planet	Good Day Live (N)	Pooh	Maury Paternity tests.	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View	World Vision	Canada MoneyWs	Rupert		The View	Monster House	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "For Love or Money" (1993)	News
11 AM	Harvey	Judge J.	Order	Yoga	Fraser	Young and the Restless	Movie: "Charles & Diana: A Palace Divided"	News	The Insider	News (Live)	Hamtaro	Detroit Dog Show	Balance-TV	Smart Sharks	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM	Drew	News	Odysseys	Charlie Rose	Shop	News	All My Children	News	News	Days of our Lives	D'Myna		Daily	Shipwrecked	Perry Mason	Hercules	Maury Overweight	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	SportFish Planet	Art Quilting	Days of our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	George S.	Motoring	Vicki G.	Monster Garage	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter "Flag Day"	Funniest Home Videos
2 PM	Home Imp.	Starting Over (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona	Poker Million Interruption	General Hospital	World Biker Build-Off	Pat Croce	Dalmatian	Home Delivery (N)	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Dora	Postcards	Brown	Dr. Phil	City Confidential	The Jane Pauley Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Monster Machines	Starting Over (N)	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	George S.	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Neutron	Strongman	Frasier	Daily Planet	Little House	Recess	Yu-Gi-Oh!	Sex & City	Will-Grace
5 PM	Friends	News	Babar	BBC World	News	News	Cold Case Files	News	News	News	Oddparent	Anything (N)	News	How-Made	Malcolm	Proud	Sabrina	Smallville "Pariah" (N)	Movie: "King" (1978)
6 PM	Sex & City	Will-Grace	Planet Parent "Fertility"	News-Lehrer	News	News	Cold Case Files	News	News	Train 48	SpongeBob	Igor Larionov	News	American Chopper	Simpsons	So Raven	Raymond	Movie: "Down to Earth" (2001)	WGN News at Nine
7 PM	Movie: "Pleasantville" (1998)	Fortune	Parks	Nova (N) (DVS)	Jeopardy!	Seinfeld	Dog	Entertain	Entertain	Judging Amy	Martin	SportsCentre (Live)	eTalk Daily Hollywood	American Hot Rod	Will-Grace	Brotherly	Friends	Chris Rock	WGN News at Nine
8 PM	Comedy: Tobey Maguire.	Legendary Sin Cities	Search Brontes	Globe Trekker	Moments	NCIS (N)	Crossing Jordan	My Wife Lopez	'70s Show	'70s Show	Dragon	Boxing	American Idol (N)	Daily Planet	American Idol (N)	Boy World	Gilmore Girls (N)	News	Becker
9 PM	Movie: "Midnight in the Garden of Good and Evil" (1997)	This Is Wonderland (N)	Notes Imprint	Frontline "The House of Saud" (N)	Scrubs (N) Committed	The Amazing Race 6 (Season Finale) (N)	Cold Case Files	Jim Rodney (N)	House "Histories" (N)	House "Histories" (N)	Hunters Funpak	Canadian Strongman	The Amazing Race 6 (Season Finale) (N)	American Chopper	House "Histories" (N)	Movie: "Weekend at Bernie's II"	News	One Tree Hill (N)	Justice
10 PM	News	Reach Top	Charlie Rose (N)	News	News	News	Dog	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCentre (Live)	News	How-Made	Becker	My So-Called Life	Friends	Eric Schaeffer	Street
11 PM	News	Sports Pg.	Dotto Tech	Tonight	Late Show	Dog	Nightline						News	How-Made	Just Shoot	Will-Grace		Elimidate	

WEDNESDAY, FEBRUARY 9, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Movie: "Guilty as Sin"	News Body	(Off Air)	Body Elec. Dragon	News	News	Movie: "Shamus"	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	SportsCentre	News	Daily Planet	Paid Prog.	Something	News	Maury Crimes; cheaters.	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today Today's Family.	The Early Show	Murder, She Wrote	Good Morning America			Care Bears George S.	SportsCentre	Canada AM	Insectia	Sabrina	Aladdin	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street (N) Poko	Hi-5	Barney			Third Watch			100 Huntley Street (N)	SpongeBob LazyTown	SportsCentre		American Chopper	Paid Prog.	Lilo Stitch		INSIDE Spin City	In the Heat of the Night
9 AM	Cosby	Save-Ums!	Little Bear	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Mona	Off-Record	Regis and Kelly	Daily Planet	Good Day Live (N)	Pooh	Maury Crimes; cheaters.	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Zoboo	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View	World Vision	Diva Dime	Rupert	Bowling: Men's Five-Pjn	The View	How-Made	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "Down to Earth" (2001)	News
11 AM	Harvey	Judge J.	Mathematics	Yoga	Fraser	Young and the Restless	Movie: "Shamus" (1973) Burt Reynolds.	News	The Insider	News (Live)	Hamtaro	SnowTrax	Balance-TV	The Most Extreme	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM	Drew	News	Gardens	Charlie Rose (N)	Shop	News	All My Children	News	News	Days of our Lives	D'Myna		Daily	Conquering the Arctic	Perry Mason	Hercules	Maury Paternity test.	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	Thimbles Planet	Painting	Days of our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	George S.	2004 Poker Million	Vicki G.	What's That About?	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter	Funniest Home Videos
2 PM	Home Imp.	Starting Over (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona	Poker Million Interruption	General Hospital	How-Made	Pat Croce	Dalmatian	Home Delivery (N)	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Dora	Postcards	Brown	Dr. Phil	City Confidential	The Jane Pauley Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	How-Made	Starting Over (N)	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	George S.	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Neutron	Hockey	Frasier	Daily Planet	Little House	Recess	Yu-Gi-Oh!	Sex & City	Will & Grace
5 PM	Friends	News	Creatures	BBC World	News	News	Amer. Justice	News	News	News	Oddparent		News	MythBusters	Malcolm	Proud	Sabrina	Movie: "America's Sweethearts" (2001, Comedy)	WGN News at Nine
6 PM	Family Guy	Will-Grace	Imprint	News-Lehrer	News	News	The Dark Side of Parole	News	News	Train 48	SpongeBob	Oddparent	News	MythBusters	Simpsons	So Raven	Raymond	Will-Grace	Movie: "King" (1978)
7 PM	Sex & City	Fortune	Wildness	Roadshow	Jeopardy!	Seinfeld	Airline	Entertain	Entertain	Queer Eye-Guy	Martin	SportsCentre (Live)	eTalk Daily Hollywood	MythBusters	Will-Grace	Brotherly	Friends	Scandal! Sex	WGN News at Nine
8 PM	Movie: "Pretty in Pink" (1986)	Antiques Roadshow	What Science	Icons "Eiffel Tower"	Model Search	60 Minutes Wednesday	Crossing Jordan	Lost "Homcoming" (N)	Model Search	Model Search	Dragon	Off-Record	Lost "Homcoming" (N)	Daily Planet	'70s Show	Boy World	Smallville "Recruit" (N)	News	Becker
9 PM	Molly Ringwald	the fifth estate (N)	Past Gene Hnr	Slavery and the Making of America (N)	The West Wing (N)	King	Amer. Justice	(9:01) Alias "Nocturne" (N)	Gilmore Girls (N)	King	Hunters	Motorcycle	American Idol (N)	MythBusters	American Idol (N)	Movie: "Immediate Family" (1999)	Jack & Bobby (N)	Jimmy Kimmel Live (N)	Home Delivery (N)
10 PM	Movie: "Only You" (1994)	The National	With Glowing Hearts	America (N)	Law & Order (N)	CSI: NY (N)	The Dark Side of Parole	(10:02) Wife Swap (N)	Queer Eye-Guy	News	Radio	Moto	CSI: NY (N)	MythBusters	Malcolm	Boy World	News	Movie: "America's Sweethearts" (2001, Comedy)	Street
11 PM	Marica Tomel.	News	Second Moving On	Charlie Rose (N)	News	News	Airline	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCentre (Live)	News	MythBusters	Becker	My So-Called Life	Friends	Sweethearts	Street
		Sportspage			Tonight	Late Show	Airline	Nightline					News	MythBusters	Just Shoot	Will & Grace		Elimidate	

Regular Meetings

- * Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- * Hedley Library open 2-7pm Thursdays
- * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- * Legion Branch 56 meets 3rd Thursday of month 7:30 p.m. Legion Hall
- * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- * Living Water Church hosts Ladies Aerobics, Tuesdays/Thursdays, 6:00 - 7:00 PM, \$2 drop-in fee. POSTPONED 'TIL NEW YEAR
- * Living Water Church hosts "Country Gospel Hour" 7:00 PM the last Saturday of each month
- * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- * Just For Me Ladies Group meets 1st Monday of the month, 7:00 PM Living Water Church.
- * Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

**Similkameen News Leader
Community Calendar**

FEBRUARY

- 9 - Vermilion Trails Society meeting, 7:00 PM, Chamber
- 10 - Jr Girls Basketball, Osoyoos @ Princeton, 4:30 PM, PSS
- 11, 12, 13 - Mens Bonspiel, Curling Club
- 12 - Princeton Posse host Osoyoos, 7:30 pm, Arena
- 13 - Princeton Posse host Sicamous, 2:00 pm, Arena
- 14 - Valentine's Day
- 14 - Comedy Night/Dessert Auction, LivingWater Church
- 14 - 17th annual Heart Fund Dinner, 6:00 PM, Legion Hall
- 18, 19, 20 - Ladies Bonspiel, Curling Club
- 21 - V. F. Field Naturalists AGM, 7 PM, Skills Centre
- 26, 27 - Princeton Hockey Adult Draft, Arena

MARCH

- 4, 5, 6 - Mixed Open Bonspiel, Curling Club
- 12 - Princeton Figure Skating Club Carnival, Arena
- 17 - St. Patrick's Day
- 21 - FIRST DAY OF SPRING!!!

APRIL

- 1 - April Fool's Day
- 23 - Lions Club Flea Market & Auction, Arena

MAY

- 10 - Highland Dancers Tea Fundraiser
- 14, 15 - CPRA Rodeo, Princeton Fairgrounds
- 21 - Young Life AGM, RockRidge Canyon
- 22 - Keremeos Pow Wow, Ashnola Pow Wow Grounds
- 22, 23, 24 - Meadowlark Festival

*If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca*

thursday movies

MORNING

- 10:00 am CITY 29 "Hijacked: Flight 285" (1996, Drama) Casey Sander. Holiday passengers face a nightmarish ordeal when a convicted killer and his accomplices take over their aircraft.
- 11:00 am A&E 9 "Vanished Without a Trace" (1993, Suspense) Karl Malden. Based on the true story of a school-bus driver who risked his life to save a group of kidnapped children.

EVENING

- 6:00 pm WTBS 3 "Bad Boys" (1995, Drama) (PA) Martin Lawrence. Two Miami cops must switch identities while searching for a large quantity of heroin stolen from police headquarters.
- CITY 29 "Fools Rush In" (1997, Comedy) Matthew Perry. A fateful one-night stand leads to a rocky marriage between a WASPish New Yorker and a lively Latina.
- 8:00 pm KTLA 27 "Sugar & Spice" (2001, Comedy) Marley Shelton. Members of a cheerleading squad decide to rob a bank to

- raise some quick cash for a pregnant cohort. (In Stereo)
- 8:10 pm WTBS 3 "Bad Boys" (1995, Drama) (PA) Martin Lawrence. Two Miami cops must switch identities while searching for a large quantity of heroin stolen from police headquarters.
- 9:00 pm FAM 26 "The Pelican Brief" (1993, Suspense) Julia Roberts. A law student is marked for murder after she writes a brief concerning the deaths of two Supreme Court justices.
- 10:06 pm CITY 29 "The Edge" (1997, Suspense) Anthony Hopkins. An erudite billionaire and a possible romantic rival must rely on each other to survive after a wilderness plane crash.
- 10:10 pm WTBS 3 "Fletch" (1985, Comedy) Chevy Chase. A reporter with an array of disguises unravels a plot involving a wealthy businessman who contracts his own murder.

friday movies

MORNING

- 10:00 am CITY 29 "Fools Rush In" (1997, Comedy) Matthew Perry. A fateful one-night stand leads to a rocky marriage between a WASPish New Yorker and a lively Latina.

AFTERNOON

- 5:00 pm WGN 38 "Lord of the Flies" (1990, Drama) Balthazar Getty. Adolescent military cadets struggle for superiority after becoming stranded on a deserted island. (In Stereo)

EVENING

- 6:00 pm WTBS 3 "A Night at the Roxbury" (1998, Comedy) Will Ferrell. Two sorry siblings dance their way through the Los Angeles club scene while trying to open up their own establishment.
- CITY 29 "Undercover Brother" (2002, Comedy) Eddie Griffin. Premiere. An ultra-cool black agent and his cohorts defend their culture from the evil plots of a white villain known as The Man.
- 7:30 pm FAM 26 "A Ring of Endless Light" (2002, Drama) Mischa Barton. Based on the novel by Madeleine L'Engle. A teenager who can communicate with dolphins has an extraordinary summer.
- 7:55 pm WTBS 3 "A Night at

- the Roxbury" (1998, Comedy) Will Ferrell. Two sorry siblings dance their way through the Los Angeles club scene while trying to open up their own establishment.
- 9:00 pm FAM 26 "Love Rules!" (2004, Romance-Comedy) Joseph Lawrence. Premiere. Meddling friends and family make a couple miserable by trying to turn their simple nuptials into an extravagant affair.
- 10:06 pm CITY 29 "Mistress of Seduction" (1998, Suspense) Kristine Carlson. A phone-sex operator steals her abusive husband's cash and manipulates a new lover into a murderous scheme.
- 10:30 pm FAM 26 "Baby Boom" (1987, Comedy) Diane Keaton. A high-powered executive's lifestyle is severely cramped when she takes on the care of a distantly related baby girl.

Weather?
Updated Hourly...
Road Reports?
Updated Daily...
www.thenewsleader.ca

**Horoscopes
February 8-14, 2005**

- Aries** - This week holds a high potential of turning your plans into day-dreams, in effect lying to yourself. Change your focus to career matters, because that is where the action takes place suddenly.
- Taurus** - Be very cautious about expressing your ideas now, as they are probably unrealistic. Instead, look for an opportunity to further your knowledge through training or other means. Friends are unpredictable.
- Gemini** - You may feel like you have your head in the clouds as the week starts. Double check travel plans. Change takes place in partner's plans this weekend. Career change could be in store. Slow!
- Cancer** - Stay at home and lay low this weekend, as it holds the potential for disaster. News signals permanent change. Make sure insurance is current, taxes are paid. You run into opposition from partner, friends.
- Leo** - Romance turns to plans of home improvement this weekend, and planning for longterm changes is a good way to express your need to work. Action is in job, health. Watch out for cuts, burns.
- Virgo** - Double check your work for errors, as you are not as focused as usual. Job change takes place this week. Change is longterm. Home, family create tension with job. Stress may affect health. Be careful.
- Libra** - Do not act on any plans you make before this weekend. They are not practical and will have to be changed. You receive news from children, young people, siblings. Prepare for changes.
- Scorpio** - The week begins with confusion about news regarding parents, home, property. Action takes place around siblings, neighbours. Financial change takes place this weekend. Drive cautiously Monday.
- Sagittarius** - This is your last week of the high energy cycle. Use this weekend to clear out personal files, private matters. Short trips for business, errands, and friendly communications prove beneficial.
- Capricorn** - Your energy climbs this week, and you should be able to achieve a great deal. Longterm change in your thinking and opinions takes place this weekend. Guard health, keep alert on the job. Luck!
- Aquarius** - Friends, associates, and plans undergo longterm change this week. Try not to delude yourself about yourself on Sunday. Health is still an issue. Worries affect peace of mind this month.
- Pisces** - Your mind is full of plans, but be cautious about acting on them this week. You could be closer to daydreams than reality. Change takes place in career this week. Work at home is demanding, but clear it out.

**Similkameen News Leader
Recipe Corner (Recipe #50)**

Sweet & Sour Turkey Meatballs

- 1 lb. ground turkey
- 1/3 cup quick cooking oats
- 1/2 cup finely chopped onions
- 2 tbsp soya sauce
- 1 19-oz can crushed pineapple w/juice
- 1 1/3 tbsp cornstarch
- 1/3 cup water
- 1/3 cup vinegar
- 1/3 cup ketchup
- 1/3 cup brown sugar
- 2 tsp Worcestershire sauce
- 1 large carrot, cut into thin coins
- 1 medium green pepper, slivered

In a large bowl, combine turkey, oats, onion and soy sauce. Shape into 20-24 meatballs. Place on a greased cookie sheet and bake at 350F for 20-25 minutes, until turkey is no longer pink in the centre. While meatballs are baking, combine pineapple juice with cornstarch in a medium saucepan. Add all other sauce ingredients except pineapple and green pepper and cook, stirring constantly, over medium-high heat until sauce thickens and starts to boil. Reduce heat to low, then add pineapple and green pepper. Cover and let sauce heat through while meatballs are cooking. Place cooked meatballs in a serving dish and pour hot sauce on top.

Used by permission of Manitoba Turkey Producers. For more great turkey recipes check <http://www.turkey.mb.ca>

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

**Online Classified Ads:
www.thenewsleader.ca**

THURSDAY, FEBRUARY 10, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Movie: "Pretty in Pink"	News Body	(Off Air)	Stretch Dragon	News	News	"Vanished-Trace"	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	SportsCentre	News	Daily Planet	Paid Prog.	Something	News	Maury (N)	Hillbillies
7 AM :30	Dawson's Creek "Kiss"	Life Today	BluesClues	Clifford	Today The 2006 Olympics;	The Early Show	Murder, She Wrote	Good Morning America			Care Bears George S.	SportsCentre	Canada AM	Of Pigs and Men	Libertys	Aladdin	News	CityLine	Matlock "The Mother"
8 AM :30	Dawson's Creek	Huntley Street (N) Poko	Hi-5	Barney	Valentine's Day candy.	Third Watch				100 Huntley Street (N)	SpongeBob LazyTown	SportsCentre	MythBusters	Paid Prog.	Lilo Stitch			Close-Up	In the Heat of the Night
9 AM :30	Cosby	Save-Ums! Doodlebob	Little Bear Daniel	Sesame Street (E)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Mona	Off-Record	Regis and Kelly	Daily Planet	Good Day Live (N)	Pooh	Maury (N)	News	Magnum, P.I.
10 AM :30	Cosby	The Price Is Right	Madeline Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right	Amer. Justice	The View	World Vision	Room	Rupert		The View	Beyond Invention	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "Hijacked: Flight 285" (1995, Drama)	News
11 AM :30	Harvey	Judge J. Coronatn	Walk on the Wild Side	Yoga Sit-Be Fit	Frasier	Young and the Restless	Movie: "Vanished Without a Trace" (1993)	News GRC	The Insider	News (Live)	Hamtaro Fly Rhino		Balance-TV	Of Pigs and Men	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM :30	Drew	News	Scattering Animals	Charlie Rose	Shop	Shop	Bold & B.	All My Children	News	Days of our Lives	D'Myna Jacob	PGA Golf: AT&T Pebble Beach National Pro-Am	Daily Bold & B.	Bigfootville	Perry Mason	Hercules	Maury Paternity test.	CityLine	Magnum, P.I. "Rapture"
1 PM :30	Yes, Dear	Days of our Lives	Journal Planet	Painting Needle Art	Days of our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	George S. Care Bears		Vicki G.	MythBusters	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter	Funniest Home Videos
2 PM :30	Home Imp. Friends	Starting Over (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona Fly Rhino		General Hospital	MythBusters	Pat Croce	Dalmatian	Home Delivery (N)	Ellen DeGeneres Show	Cosby
3 PM :30	Seinfeld	Emmerdale	Dora	Postcards	Brown	Dr. Phil	City Confidential	The Jane Pauley Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Super Ships	Starting Over (N)	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM :30	Raymond	Simpsons	George S.	Cyberchas	Judge J.	Oprah Winfrey	Amer. Justice	Millionaire	Oprah Winfrey	News	Neutron	Interruption	Frasier	Daily Planet	Little House	Recess	Yu-Gi-Oh!	Sex & City	Will-Grace
5 PM :30	Friends	News	Babar	BBC World	News	News	Cold Case Files	News	News	News	Oddparent	Billiards: Pool	Friends	Frontiers-Const	Malcolm King of Hill	Proud	Sabrina	And Go!	TV in Black-Fifty
6 PM :30	Movie: "Bad Boys"	Will-Grace '70s Show	Edge	News-Lehrer	News	News		News	News	Train 48	SpongeBob		News	Blueprint for Disaster	Simpsons '70s Show	So Raven	Raymond	Movie: "Fools Rush In" (1997)	Oscar's Black Odyssey
7 PM :30	(1995) PA Martin Lawrence.	Fortune Jeopardy!	Walk on the Wild Side	Unwanted Companion	Jeopardy!	Seinfeld	The First 48	Entertain	Entertain	Andromeda (DVS)	Martin Funpak	SportsCentre (Live)	eTalk Daily Hollywood	Death of the Baltic	Will-Grace '70s Show	Brotherly	Friends	Matthew Perry.	WGN News at Nine
8 PM :30	Movie: "Bad Boys"	Wickedly Perfect	With Glowing Hearts	Health Matters	Joey (N)	CSI: Crime Scn	Crossing Jordan	Extreme Makeover (N)	Joey (N)	Joey (N)	Dragon		The O.C. (N)	Daily Planet	The O.C. (N)	Boy World Radio Free	Movie: "Sugar & Spice" (2001)	News	Becker
9 PM :30	(1995) PA Martin Lawrence.	24 (N)	Bollywood Bound	Miss Marple	The Apprentice (N)	CSI: Crime Scn	Cold Case Files		The Apprentice (N)	The Apprentice (N)	Hunters Academy	In Corner Boxing	CSI: Crime Scn	Blueprint for Disaster	Point Pleasant (N)	Movie: "The Pelican Brief" (1993, Suspense)	Julia Roberts.	Friends	Home Delivery (N)
10 PM :30	(10:10) Movie: "Fletch"	The National	Trouble Masterpcs	Soundstage	(9:59) ER (N)	Without a Trace (N)		PrimeTime Live	Without a Trace (N)	News	Radio	Motorcycle	(9:59) ER (N)	Death of the Baltic	Malcolm		News	Justice	Street
11 PM :30	(1985) Chevy Chase.	News Sportspage	Perspectives	Charlie Rose (N)	News	News	The First 48	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCentre (Live)	News	Frontiers-Const	Becker	Just Shoot	Life	Will-Grace	Anthony Hopkins.

FRIDAY, FEBRUARY 11, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Movie: "Fletch" (1985)	News Body	(Off Air)	Body Elec. Dragon	News	News	MI-5 Arms dealing.	(5:00) News	News	(5:00) News (Live)	Monsters Hamtaro	SportsCentre	News	Daily Planet	Paid Prog.	Something	News	Maury (N)	Hillbillies
7 AM :30	Dawson's Creek	Life Today	BluesClues	Clifford	Today Sesame Street Live;	The Early Show	MI-5	Good Morning America			Care Bears George S.	SportsCentre	Canada AM	Canadian Geographic	Libertys	Aladdin	News	CityLine	Matlock "The Madam"
8 AM :30	Dawson's Creek	Huntley Street (N) Poko	Hi-5	Barney	Teletubbies		Third Watch			100 Huntley Street (N)	SpongeBob LazyTown	SportsCentre	American Hot Rod	Paid Prog.	Lilo Stitch			At Movies	In the Heat of the Night
9 AM :30	Cosby	Save-Ums! Doodlebob	Little Bear Elliot	Sesame Street (E)	Today's Kitchen.	Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	Mona	Off-Record	Regis and Kelly	Daily Planet	Good Day Live (N)	Pooh	Maury (N)	News	Magnum, P.I.
10 AM :30	Cosby	The Price Is Right	Zoboo Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View (N)	World Vision	Homes	Rupert		The View (N)	What's That About?	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "Fools Rush In" (1997)	News
11 AM :30	Harvey	Judge J. Coronatn	English	Yoga	Frasier	Young and the Restless	MI-5 "Traitor's Gate"	News	The Insider	News (Live)	Hamtaro Fly Rhino	In Corner	Balance-TV	Canadian Geographic	Montel Williams	Jason	Jerry Springer	Rockford Files	
12 PM :30	Drew	News	Edge	Charlie Rose	Shop	Shop	MI-5 Arms dealing.	All My Children	News	Days of our Lives	D'Myna Jacob	PGA Golf: AT&T Pebble Beach National Pro-Am - Second Round.	Daily Bold & B.	Frontiers-Const	Perry Mason	Hercules	Maury	CityLine	Magnum, P.I.
1 PM :30	Yes, Dear	Days of our Lives	Home Planet	Painting Quilts	Days of our Lives	As the World Turns	MI-5	One Life to Live	As the World Turns	As the World Turns	George S. Care Bears		Vicki G.	Blueprint for Disaster	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter	Funniest Home Videos
2 PM :30	Home Imp. Friends	Starting Over (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona Fly Rhino		General Hospital	Death of the Baltic	Pat Croce	Dalmatian	Home Delivery (N)	Ellen DeGeneres Show	Cosby
3 PM :30	Seinfeld	Diva Dime	Dora	Postcards	Brown	Dr. Phil	City Confidential	The Jane Pauley Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	What's That About?	Starting Over (N)	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM :30	Raymond	Simpsons	George S.	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Neutron	NBA Basketball: Philadelphia 76ers at Toronto Raptors. (Live)	Frasier	Daily Planet	Little House	Recess	Yu-Gi-Oh!	Sex & City	Will-Grace
5 PM :30	Friends	News	Creatures	BBC World	News	News	Biography "Michael Landon: Best Intentions"	News	News	News	Oddparent		News	Forensic Factor: Nature Inquiry	Malcolm King of Hill	Proud	Sabrina	Star Trek: Enterprise	Movie: "Lord of the Flies" (1990), Chris Furrh
6 PM :30	Movie: "A Night at the Roxbury" (1998)	Will-Grace '70s Show	Home Animals	News-Lehrer	News	News		News	News	Design	SpongeBob		News	Nostradamus: Inquiry	Simpsons '70s Show	All That	Raymond	Movie: "Undercover Brother" (2002)	WGN News at Nine
7 PM :30	Movie: "A Night at the Roxbury" (1998)	Fortune Jeopardy!	Life of Mammals	Wash Wk McLaughlin	Jeopardy!	Seinfeld	Bio.: Gilbert	Entertain	Entertain	Makeover: Home	Gundam Transform		eTalk Daily Hollywood	Mayday II	Will-Grace '70s Show	Smart Guy	Friends	Eddie Griffin.	WGN News at Nine
8 PM :30	Movie: "A Night at the Roxbury" (1998)	Air Farce 22 Minutes	Love in a Cold Climate (Part 1 of 3)	NOW (N) Europe	Dateline NBC	Joan of Arcadia (N)	Amer. Justice	8 Rules	War of the Wheels (N)	Gilmore Girls (N)	Dragonball Dragon-Z	SportsCentre (Live)	Joan of Arcadia (N)	Daily Planet	Bernie Mac	Movie: "A Ring of Endless Light"	Valentine	Night Party	Becker
9 PM :30	Family Guy	Just for Laughs (N)	Country	Prisoners in Paradise	Third Watch (N)	JAG "Fit for Duty" (N)	Biography "Michael Landon: Best Intentions"	Hope Less Than	Jonny Zero (N)	Jonny Zero (N)	Justice Gundam	Boxing	Third Watch (N)	Sex Files	Jonny Zero (N)	Movie: "Love Rules!" (2004)	Reba (N)	Jimmy Kimmel Live (N)	Home Delivery (N)
10 PM :30	Futurama Baby Blues	The National	Sherlock Holmes	Vicar-Dbly	Medical Investigation	NUMB3RS (N)		20/20	20/20	News	Inuyasha		Medical Investigation	MythBusters	Malcolm	Movie: "Baby Boom" (1987)	Friends	Justice	Street
11 PM :30	Mr. Show	News Sportspage	Canada-History	Wall Journal	News	News	Bio.: Gilbert	News	News	(11:03) Fear Factor	Reboot	SportsCentre (Live)	News	American Chopper	Becker	Just Shoot	Will-Grace	Anthony Hopkins.	Elimidate

saturday movies

MORNING

7:50 am WTBS (3) ★★ "Mad Love" (1995, Drama) (PA) Chris O'Donnell. Fiery passion consumes a responsible high-school senior and a free-spirited classmate. [E]

10:00 am A&E (9) ★★ "See Arnold Run" (2005, Docudrama) Jürgen Prochnow. Arnold Schwarzenegger's ambition and charisma help fuel his rise from bodybuilder to actor to governor of California. [E]

10:05 am WTBS (3) ★★ "Ever After" (1998, Romance) (PA) Drew Barrymore. A servant girl's courage and wit win her the heart of a prince in this retelling of the fairy tale "Cinderella." [E]

11:00 am WGN (38) ★★ "Lord of the Flies" (1990, Drama) Balthazar Getty. Adolescent military cadets struggle for superiority after becoming stranded on a deserted island. (In Stereo)

AFTERNOON

12:00 pm FAM (26) ★★ "Going to the Mat" (2004, Drama) Andrew

Lawrence. A blind teenager becomes a high-school wrestler after his family moves from New York to the Midwest. CITY (29) ★★ "Sense and Sensibility" (1995, Drama) Emma Thompson. Two sisters face romantic complications in the financially and socially motivated milieu of late 18th-century England. [E]

12:20 pm WTBS (3) ★★ "Kate & Leopold" (2001, Romance) Meg Ryan. A 19th-century nobleman who fell through a time portal charms his way into the heart of a 21st-century cynic. [E]

1:32 pm FAM (26) ★★ "Just 4 Kicks" (2003, Comedy) Cole Sprouse. A stranger tries to help twin brothers who play for a winless soccer team. [E]

3:00 pm WTBS (3) ★★ "Something to Talk About" (1995, Comedy-Drama) Julia Roberts. A betrayed wife disrupts the lives of all around her when she retreats to her family's horse farm. [E]

4:00 pm YTV (18) ★★ "The King and I" (1959, Musical) Voices of Miranda Richardson. Animated. A British governess arrives in Siam to teach a king's children. Based on the Rodgers and Hammerstein musical.

KTLA (27) ★★ "National Lampoon's Animal House" (1978, Comedy) John Belushi. In the early 1960s, the repulsive Delta House frat brothers battle the suave Omega House and the college dean. [E]

5:00 pm WTBS (3) ★★ "Sleepless in Seattle" (1993, Comedy-Drama) Tom Hanks. A recently engaged woman becomes obsessed with meeting the grieving widower she heard on a late night radio show. [E]

EVENING

6:00 pm CITY (29) "Tornado Warning" (2002, Drama) Gerald McRaney. Two scientists hope to avert disaster for a nearby town by perfecting an early-warning device for tornados. [E] (DVS)

7:00 pm CHBC (4) ★★ "Clueless" (1995, Comedy) Alicia Silverstone. The social make-over of a fellow student forces a pampered Beverly Hills teen to re-examine her life and relationships. [E]

7:15 pm WTBS (3) ★★ "Ever After" (1998, Romance) (PA) Drew Barrymore. A servant girl's courage and wit win her the heart of a prince in this retelling of the fairy tale "Cinderella." [E]

8:00 pm KPSP (6) ★★ "My Darling Clementine" (1946, Western) Henry Fonda. John Ford's

account of the infamous gunfight at the O.K. Corral between the Earps, Doc Holliday and the Clantons. [E]

YTV (18) ★★ "The Mask" (1994, Fantasy) Jim Carrey. A mild-mannered loser is transformed into a being of charisma, color and confidence when he dons a strange mask. KTLA (27) ★★ "Rocky III" (1982, Drama) Sylvester Stallone. Dethroned boxing champ Rocky Balboa joins forces with Apollo Creed in a herculean effort to regain his title. [E]

8:30 pm WGN (38) ★★ "The Hunt for Red October" (1990, Adventure) Sean Connery. Soviet and American forces give chase when the captain of a Soviet nuclear submarine sets a course for the Maine coast. (In Stereo) [E]

9:00 pm CHBC (4) ★★ "Amelie From Montmartre" (2001, Fantasy) Audrey Tautou. The discovery of a long-forgotten treasure sets a Parisian waitress on a quest to alter the lives of those around her. [E]

FAM (26) ★★ "Only You" (1994, Comedy) Marisa Tomei. Premiere. A fateful phone call sends a bride-to-be on a journey to Italy to find her destined true love. [E]

CITY (29) ★★ "Boogie Nights" (1997, Drama) Mark Wahlberg. A well-endowed young man finds fame, fortune and family as a star in the disco era pornography industry. [E]

9:15 pm WTBS (3) ★★ "Mad Love" (1995, Drama) (PA) Chris O'Donnell.

Fiery passion consumes a responsible high-school senior and a free-spirited classmate. [E]

10:48 pm FAM (26) ★★ "Marvin's Room" (1996, Drama) Meryl Streep. Illness spurs a reunion between a strong-willed beautician and the selfless sister who sacrificed all for their father. [E]

11:00 pm WGN (38) "Dark Descent" (2002, Suspense) Dean Cain. An investigator puts his own life in danger as he probes a fatal incident at an underwater mining facility. (In Stereo) [E]

11:15 pm WTBS (3) ★★ "I Love Trouble" (1994, Suspense) Julia Roberts. Rival reporters are forced to team up when an investigative piece involving corporate intrigue turns dangerous. [E]

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MIDNIGHT	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
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11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

7:30 am WTBS (3) ★★ "Something to Talk About" (1995, Comedy-Drama) Julia Roberts. A betrayed wife disrupts the lives of all around her when she retreats to her family's horse farm. [E]

8:30 am A&E (9) ★★ "The Riverman" (2004, Mystery) Cary Elwes. Convicted serial killer Ted Bundy agrees to help detectives solve a series of grisly murders in Washington state. [E]

9:45 am WTBS (3) ★★ "City of Angels" (1998, Romance) Nicolas Cage. An angel must decide between mortality and immortality when he falls for a beautiful heart surgeon in Los Angeles. [E]

10:00 am WGN (38) ★★ "Air America" (1990, Adventure) Mel Gibson. During the Vietnam War, a co-pilot has a sobering effect on his partner, a CIA-sanctioned drug smuggler. (In Stereo)

10:30 am A&E (9) ★★ "The Man In the Iron Mask" (1998, Adventure) Leonardo DiCaprio. Ex-musketeers attempt to unseat the tyrannical King

Louis XIV by using his imprisoned twin brother in their plan. [E]

11:00 am CITY (29) "Tornado Warning" (2002, Drama) Gerald McRaney. Two scientists hope to avert disaster for a nearby town by perfecting an early-warning device for tornados. [E] (DVS)

AFTERNOON

12:00 pm FAM (26) ★★ "A Friendship In Vienna" (1988, Drama) Ed Asner. Vienna is the setting for this account of how two girls' friendship is tested by the persecution of Austrian Jews. [E]

WGN (38) ★★ "Total Recall" (1990, Science Fiction) Arnold Schwarzenegger. Recurring nightmares of the planet Mars lead a confused earthling into the center of an intergalactic conspiracy. (In Stereo)

12:15 pm WTBS (3) ★★ "Kate & Leopold" (2001, Romance) Meg Ryan. A 19th-century nobleman who fell through a time portal charms his way into the heart of a 21st-century cynic. [E]

1:00 pm KTLA (27) ★★ "Larger Than

Life" (1996, Comedy) Bill Murray. A man embarks on a troublesome cross-country journey accompanied by the pesky pachyderm he inherited from his father. (In Stereo)

1:40 pm FAM (26) ★★ "A Ring of Endless Light" (2002, Drama) Mischa Barton. Based on the novel by Madeleine L'Engle. A teenager who can communicate with dolphins has an extraordinary summer. [E]

2:00 pm VTV (22) ★★ "Never Been Kissed" (1999, Comedy) Drew Barrymore. An awkward young woman poses as a high-school student to get the scoop on teenage life for a Chicago newspaper. (In Stereo) [E]

2:30 pm CHBC (4) ★★ "Super Mario Bros." (1993, Fantasy) Bob Hoskins. Based on the popular video game that takes two plumbers on a perilous mission to rescue a parallel-world princess. [E]

2:45 pm WTBS (3) ★★ "Sleepless in Seattle" (1993, Comedy-Drama) Tom Hanks. A recently engaged woman becomes obsessed with meeting the grieving widower she heard on a late night radio show. [E]

3:00 pm KTLA (27) ★★ "Lord of the Flies" (1990, Drama) Balthazar Getty. Adolescent military cadets struggle for superiority after becoming stranded on a deserted island. (In

Life" (1996, Comedy) Bill Murray. A man embarks on a troublesome cross-country journey accompanied by the pesky pachyderm he inherited from his father. (In Stereo)

4:00 pm YTV (18) ★★ "Passport to Paris" (1999, Comedy) Mary-Kate Olsen. A gruff grandfather tries his best to dampen twin sisters' glee as they spend their summer vacation touring Paris. [E]

5:00 pm WTBS (3) ★★ "You've Got Mail" (1998, Comedy) Tom Hanks. Two rival bookstore owners are unaware that they are conducting a secret romance with each other on the Internet. [E]

A&E (9) ★★ "Windtalkers" (2002, Action) Nicolas Cage. During World War II, a traumatized Marine is assigned to protect a Navajo code talker. [E]

WGN (38) ★★ "Alice" (1990, Comedy-Drama) Mia Farrow. A pampered Manhattan housewife embarks upon a mystical odyssey of self-discovery following a visit to a Chinatown healer. (In Stereo) [E]

EVENING

6:00 pm CITY (29) ★★ "Showtime" (2002, Comedy) Robert De Niro. Premiere. A no-nonsense police veteran and a wisecracking officer are paired together for a reality-TV cop show. [E]

7:30 pm WTBS (3) ★★ "You've Got Mail" (1998, Comedy) Tom Hanks. Two rival bookstore owners

are unaware that they are conducting a secret romance with each other on the Internet. [E]

9:00 pm A&E (9) ★★ "Windtalkers" (2002, Action) Nicolas Cage. During World War II, a traumatized Marine is assigned to protect a Navajo code talker. [E]

FAM (26) ★★ "Green Card" (1990, Comedy) Gérard Depardieu. A woman and the French husband she barely knows get acquainted when immigration officials investigate their marriage. [E]


10:00 pm WTBS (3) ★★ "City of Angels" (1998, Romance) Nicolas Cage. An angel must decide between mortality and immortality when he falls for a beautiful heart surgeon in Los Angeles. [E]

10:32 pm FAM (26) ★★ "Hero" (1992, Comedy-Drama) Dustin Hoffman. A homeless Vietnam veteran poses as the Samaritan who saved passengers from the wreckage of a downed airliner. [E]

11:00 pm CITY (29) ★★ "The Basketball Diaries" (1995, Drama) Leonardo DiCaprio. Drugs destroy a high schooler's promising athletic career and lead him into a world of addiction and crime. [E]

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SATURDAY, FEBRUARY 12, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CIVT, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows of program listings for Saturday, February 12, 2005.

SUNDAY, FEBRUARY 13, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CIVT, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows of program listings for Sunday, February 13, 2005.

MONDAY, FEBRUARY 14, 2005

Television schedule grid with columns for channel (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

10:00 am CITY (29) ★½ "Showtime" (2002, Comedy) Robert De Niro. A no-nonsense police veteran and a wisecracking officer are paired together for a reality-TV cop show.
11:30 am A&E (9) ★★½ "Indecent Proposal" (1993, Drama) Robert Redford. A lonely billionaire offers a financially strapped couple \$1 million for a night with the wife.

AFTERNOON

5:00 pm WGN (38) ★★★ "The Fly" (1986, Science Fiction) Jeff Goldblum. David Cronenberg's remake of the 1958 classic about a botched experiment that transmutes a man into a monstrous insect.

EVENING

8:00 pm WTBS (3) ★★½ "The Distinguished Gentleman" (1992, Comedy) Eddie Murphy. A con man with the same name as a deceased congressman uses political confusion to pave his way to Washington.
9:00 pm FAM (26) ★★ "Love Story" (1970, Drama) Ali MacGraw. Based

on Erich Segal's novel about a pair of deliriously happy college students whose marriage is struck by tragedy.
10:00 pm WTBS (3) ★★ "Amos & Andrew" (1993, Comedy) Nicolas Cage. A famous black writer is pinned down by gunfire after neighbors mistake him for a burglar in his newly purchased home.
10:06 pm CITY (29) ★★ "The Basketball Diaries" (1995, Drama) Leonardo DiCaprio. Drugs destroy a high schooler's promising athletic career and lead him into a world of addiction and crime.

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announcements

announcements

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announcements

Lylla Lawson, Client Service Officer, will be in Princeton speaking on Income Security Programs. 1:00 PM, Monday, February 21st, Princeton Legion. Open to all seniors. Feb 08

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The Teal-Jones Group sawmill operations are offering to purchase D fir (minimum 6 growth rings per inch) for Teal-Jones Sawmills, Surrey, BC. For further information please contact Tom Haker at (250) 295-8508. Jan 18-Feb 08

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Jul 06-tfn

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Love from Mom 'E'

Happy Valentine's Day
BRENDA
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Feb 08-22

notices

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for rent

2-Bay Shop
(250) 295-3919

Jul 8-tfn

for sale

1989 Dodge Spirit, 4-door car. Asking \$1,200 OBO. (250) 295-0079.
Jan 25-Feb 14

1986 2-door Pontiac. (250) 295-3501.
Jan 25-Feb 14

**Lern to spel gud.
I can help ewe
wit yer speling.**

typo@journalist.com

Jan 25-Feb 14

The August/September meeting for "Procrastinators Anonymous" has been cancelled until further notice. Nov 23-tfn

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For Seniors 55 & Older

Bachelor Suites, \$225/mo
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Alice Cook
(250) 295-6136

Or
Helen Gallagher
(250) 295-3825

Jan 18-tfn (b)

Wednesday night meetings for members of "Those Addicted to Football" have been postponed until the end of the current NFL season. We apologize for the inconvenience. Nov 23-tfn

Did you know advertising works? If it didn't, you wouldn't be reading this. For details call (250) 295-4149 or 1-888-350-9969 Toll Free. Fax us at (250) 295-4103. Nov 23-tfn

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1991 Geo Metro

White 4-Door Hatchback,
5-Speed Standard.
Has grey interior.
Some rust spots.
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Sep 28-tfn

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Close to school and other
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Feb 01-tfn

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LARGE LIVINGROOM,
\$500/MO INCLUSIVE DRIVE
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VIEW.

Drive by then call Neil at
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1 BDRM APARTMENTS
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deposit and references required,
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Three bedroom, two bathroom family town-
houses with fenced backyard. Pay 30% of
your monthly income towards rent. Phone
295-6666 for more information. Feb 01-22

help wanted

Coalmont Hotel is now hiring wait staff.
Phone (250) 295-6066 for appointment.

help wanted

Princeton - Little Folks Nursery
School Society is looking for an Early
Childhood Educator to Teach and
manage our yearly April preschool
programme.

Must be certified and have previous
experience creating a yearly pro-
gramme suitable for children aged
three years to Kindergarten entry.

Please mail resume to:

P. O. Box 852,
Princeton, BC, V0X 1W0

Feb 01-08

notices

Hedley Community Club has its first Market
of the year on Sunday, February 6th. Lots of
collectables, vintage clothing, jewellery,
toys, arts and crafts, chocolates, handmade
Valentines cards, baking and and more.
Concession serving lunch. Doors open at
9:00 AM. This market will be held the first
Sunday of each month at the Community
Hall all year long. Feb 01

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Princeton Local - Pick-Up, Senior \$ 21.75

Similkameen Mail, Regular \$ 35.75
Similkameen Mail, Senior \$ 31.75

(Princeton, Castor, Keremeos, Hedley, Osoyoos, Tulameen, Coalmont)

Out-of-Valley, British Columbia

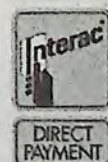
Rural or Box (VO), Regular \$ 40.90
Rural or Box (VO), Senior \$ 35.90
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POT OF GOLD MINIMUM \$500!
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FOLLOWED BY EARLY BIRDS,
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notices

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SUNDAY OPEN MEETINGS - 8 PM
(295-7931 / 295-7229)
WEDNESDAY CLOSED - 8 PM
(295-7931 / 295-7229)
SATURDAY OPEN - 7:30 PM
(295-3571)
TULAMEEN LIBRARY
FRIDAY OPEN - 8 PM (295-7005)
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MONDAY 12 NOON
ARBOR HOUSE
WEDNESDAY 7:30 PM
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Has grey interior.
Some rust spots.
120,000 Km.
Excellent Gas Mileage!
\$2,500.00 OBO
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Town of Princeton NOTICE

For impounded pets,
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Board at the corner
of Bridge Street
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Have something to sell? Move it fast in Similkameen News Leader Classifieds! \$5.00 + GST per week for a 25 word ad. Pay for 2 weeks and the third one is FREE! Call 295-4149 for details. DEADLINE for Classifieds is 12 Noon Fridays.

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notices

Narcotics Anonymous

OPEN MEETINGS
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Feb 1-tfn

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6-8 weeks old
Merritt Humane Society
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May 25-tfn

notices notices



PROVINCE OF BRITISH COLUMBIA
MINISTRY OF FORESTS



TIMBER SALE LICENCE A76158

Take notice that, pursuant to Section 20 of the *Forest Act*, timber sale licence A76158 is being offered for sale by BC Timber Sales, Kamloops Business Area.

Closing Date: March 10, 2005 at 11:00 AM
Geographic Location: Dardenelles Lake
Field Unit: Cascades
Estimated Volume: 17,461 cubic metres, more or less
Term: 18 Months

Logging method: This timber sale licence has been designed for harvest using Conventional Logging System. The use of other systems may be subject to the Forest Practices Code of British Columbia Act and its regulations.

Upset stumpage rate: The upset stumpage rate was determined by the market pricing system and is applicable only to coniferous green sawlog grades.

Upset Stumpage Rate / cubic metre for competitive volumes:

Timber Mark	Product	Volume	Rate
A76158	Sawlog	17,461	\$29.98

Species percent:

Timber Mark	Species	%
A76158	Lodgepole Pine	85%
A76158	Spruce	14%
A76158	Douglas-fir	1%

This timber sale licence is fully developed.

Tenders will only be accepted from individuals or corporations registered as a BC Timber Sales Enterprise in Category Any.

This licence is subject to, among other things, new maximum term limits and extension fee and surrender provisions.

Applicants are advised to carefully consider the impact of these changes when formulating their bids. Further information on these changes may be found in Advisory Bulletin 08/03/04.

Applications will be accepted by the Timber Sales Manager, Kamloops Business Unit, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

There is additional material that the applicant must consider in their application. This material which includes application forms and other information about the TSL can be obtained from the above BC Timber Sales Business Area Office or via the Internet at: <http://www5.for.gov.bc.ca/notices/init.do>.

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editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

So much for the 5-lane dash

Why did it take so long for action to be taken on the need for a traffic signal of some kind on Highway 3 at Burton Avenue?

We have no idea, but we're glad we got involved.

It was our Publisher who asked Southern Interior MP Jim Gouk what could be done about the problem Ed Goudreau went to Town Council about last August.

Goudreau had pressed Town Council to do something about the intersection by requesting a traffic signal be placed there.

The Highway 3/Burton Avenue intersection has been discussed many times before over the course of ten years plus in Princeton Council Chambers.

Gouk told us to instruct Goudreau to start a petition.

We thought at first that was an odd answer until Gouk made it clear to us that names on a petition would give Town Council ammunition to use at the provincial level.

We helped Goudreau word the petition and encouraged his efforts every step of the way.

Once he had gathered enough signatures, Goudreau presented his petition to Town Council asking that they take the next step to ensure the safety of residents and the travelling public.

When Highways Minister Kevin Falcon was in Princeton last month for an informal meeting with Town Council and a number of invited guests, the light at Highway 3 and Burton Avenue was once again discussed.

Falcon said the ministry was going to find some way to address the crossing by combining it with a project for the Trans-Canada Trail.

We suspect Falcon was feeling pressure from more than Princeton's Town Council and trust some of it came from a federal source.

What we are pointing out here is a very simple fact: If you want something bad enough, sometimes you have to make some noise.

We're most impressed to discover that people still make a difference, and the power of people in a small town can still carry some weight when they have a problem that needs solving.

It's about time the intersection on Highway 3 at Burton Avenue had a controlling crossing and we are proud to have been part of that process.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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TIS TOONS

© G. TISDALE



your turn

Gouk applauds 'light brigade'

(The following letter was sent to the News Leader's Brenda Engel, as well as numerous other Princeton area residents who signed the petition circulated by Ed Goudreau regarding a light on Highway 3)

Dear Ms. Engel;

Some time ago, several Princeton residents raised a concern about the need for a controlled pedestrian crossing at Highway 3 and Burton Avenue with me.

I informed them and residents at large through an interview with the Similkameen News Leader that although it wasn't a federal issue, I would do what I could to help.

I suggested that the request for this action must come from the Town Council and that it would greatly aid the council to have a petition from residents demonstrating the level of support for this action.

After my comments appeared in the Similkameen News Leader, perennial antagonist H.P. Toews wrote a letter to the editor suggesting that my comments were a "political brush off" and that I should be using the power of my office to ensure action.

I responded pointing out that my office doesn't have any "power" on issues like this, but that I do have contacts in the provincial government and would do what I could, but first residents must take the initial initiative to back their council.

They have done that and the Mayor sent a copy of the petition for service and of his letter to the provincial government. I in turn

was in touch with my contacts and have been assured that it is being given serious consideration and will probably be approved. It will be justified in part by a re-routing of the Trans Canada Trail to utilize the crossing as part of the Trail.

This issue shows what can be accomplished when citizens are prepared to actively support their Council and speak out on areas of serious concern.

I helped where I could on this provincial issue, but the real credit

goes to the Council and the people of Princeton who were prepared to stand up and be counted.

I am in the middle of my annual town hall meeting series and will be having a meeting in Princeton on Tuesday March 1st, 7:00 pm at the Community Skills Centre. I hope you will be able to attend.

Congratulations,

Jim Gouk, MP

British Columbia Southern Interior

Raine claims new history book recycles known facts

Dear Editor;

I can't help but comment on the article in the News Leader stating that Terry Malanchuk is in the process of publishing a book on Blakeburn because he claims it is the forgotten ghost town of BC.

Is Mr. Malanchuk not aware of Don Blake's book (Blakeburn-From Dust to Dust) that has been in circulation for approximately 20 years?

Blake's book is 264 pages, hardly a pamphlet. His account is a history of the town and includes maps, charts, air photographs, interviews and photographs of past residents, and much more.

In other words, the work is

detailed and comprehensive.

I don't wish to demean the upcoming new history of Blakeburn, but how possible is it to write such a book without copying or regurgitating large sections of Don Blake's publication?

If Terry Malanchuk's new version of Blakeburn history has large tracts of new material, then good luck to him. Otherwise, what's the point?

Yours truly, Monty Raine

(Editor's Note: What we saw of Malanchuk's manuscript impressed us and the detailed GPS map alone makes the book a 'must have' for any local history buff.)

Princeton Posse

Final Game of the Season
2:00 PM Sunday, February 13th

Current Comment:

The Fox Network wants us to kill CBC



Dawn Johnson editor@thenewsleader.ca

The war in Iraq has spread to Canada in the form of a war on CBC.

Frankly, I like CBC. It gives me Canadian viewpoints, and Canadian humour as well as Canadian drama.

I saw the CBC program, The Fifth Estate, that generated the latest attack by the Americans.

For those of you who did not see the program, you should know it was a series of interviews about the right wing bias in American news. One of the people interviewed was a woman named Coulter who works for Fox News. She and the host, O'Reilly, present news laced with their own opinions, and O'Reilly interviews people about their opinions, which they are hard-pressed to express as O'Reilly overwhelms the interviews with his opinions.

I do not mind people having opinions, even when I do not agree with their point of view, but when it comes to broadcasters, I like to think their opinions are based on facts. This Coulter woman proved to me she is not the bright light Fox News seems to think she is.

She had made a comment on one broadcast regarding President Bush's visit to Canada. During his visit, some Canadians held up posters opposing the war in Iraq. Coulter was personally offended by this and said "America should roll over and crush Canada". The Fifth Estate asked her why she had said this, and she began by saying Canada had always been friendly toward the U.S.A., and had helped in the Viet Nam war by sending troops. Naturally, The Fifth Estate host told her Canada had not sent troops to Viet Nam. "You must be mistaken," she told him. "Canada did send troops."

"No, Canada sent no troops to Viet Nam," The Fifth Estate repeated.

Undaunted, Coulter stated her view again, and the interview briefly turned into one of those "I'm right, you're wrong" arguments.

Further, she went on to say that the U.S.A. had found weapons of mass destruction in Iraq, justifying the war. The Fifth Estate reminded her the White House had just announced they had

found no such weapons. This did not slow her down at all, she just stuck to her opinions.

O'Reilly refused to be interviewed, but clips of some of his more extreme behaviour were shown on CBC.

The following day, O'Reilly had seen The Fifth Estate, and went into an attack on it, saying it cost Canadian taxpayers \$1 billion a

year, and CBC should be abolished. There to support him was this woman who has her own talk show in Vancouver (sorry, I can't remember her name). I do not know whether she is any brighter than the Fox News people, but she is certainly right wing.

Watch out, Canada! Fox News does not want us thinking for ourselves.

Letter To The Editor

Reader reminds us about methane

Dear Editor,

On December 1st last year a meeting was held in Princeton on methane issues sponsored by the Concerned Citizens, West Coast Environmental Law and Sierra Legal Defence. A lawyer from each of the latter two spoke.

These lawyers are well trained to deal with and argue cases with environmental protection issues, not private real property rights and the effective expropriation taking place here. They did not question the legality of any of the Government's Methane Laws in the new Coal Bed Gas Act, and various older acts tinkered with.

The lawyers could only advise the landowners to band together and try to get the best deal they could giving them a kit "When the Landman (agent of the methane licensee) Comes."

This will be to negotiate 40-year access lease, which will turn the vale's ranches into polluted forever ruined, industrial wasteland.

If negotiation fails the owners will be left to the mercy of the kangaroo Mediation and Arbitration Board and committees, even single appointees of the minister set up by the government to circumvent courts and law.

All landowners are urged to act at once. Get your "SAVE YOUR LAND" Kit and claim your Lawful Historic Rights both above and below ground.

- John E. Beltz, small landholder, Ex-BC Government Counsel on Expropriation, member Save our Vale Committee.

For more information contact: Ken (295-4802), Brad (295-3512), Joyce (295-3857) or John (604-985-5039).

Heart Food by Dave Machin

Because God loved the world (people), He engineered the substitution of His only begotten Son to redeem man from the curse of satan. Galatians 3:13 says "Christ redeemed us from the curse of the law, being made a curse for us, for it is written, cursed is everyone that hangs on a tree. Jesus was willing to take the curse in His own spirit, soul and body so that you would not have to continue under satan's dominion. There was no sickness before man became one with satan. Sin is the root from which sickness came. As sin is in the manifestation of spiritual death in the heart, sickness is the manifestation of spiritual death in the body of a man. Not only did Jesus pay the price for the new birth of your spirit and the healing of your body, He also bore the chastisement of your peace. Satan has no right to torment you mentally. You have been redeemed from fear, mental anxiety, depression or anything that keeps your mind from enjoying PEACE. You do not have to rely on a tranquilizer. Jesus has already paid the price for you to be whole in your mind and enjoy peace. Jesus came to destroy all the works of the enemy. (John 3:8) He did not destroy sin only to leave sickness in dominion. Partial redemption from the enemies power would not have pleased God nor would it have fulfilled God's plan for man. His plan for man was TOTAL redemption for the whole man, righteousness for his nature, peace for his mind and healing for his body. Jesus' sacrifice completely destroyed the works of the devil in the lives of men. The english word "salvation" does not communicate what the original Greek word "sozo" really means. Salvation is not just the new birth of your spirit. It is also peace for your mind and healing for your body. Vines expository dictionary of biblical words says salvation denotes DELIVERANCE, PRESERVATION, MATERIAL AND TEMPORAL DELIVERANCE FROM DANGER AND APPREHENSION. Mark 16:15-16 says to go into all the world and preach the gospel to every creature. He that believes and is baptized shall be saved. But he that believes not shall be damned. The gospel is the good news of what Jesus did in His substitutionary sacrifice at the cross. That's what the gospel is - good news of what Jesus did for all. Because God is good and good all the time.

Pastor Dave Machin, SUNDAY SERVICES 10:30 A.M. 221 A Bridge Street, Princeton, B.C. 295-0599

Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION



Brenda Engel

OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

George Elliott

PUBLISHER
george@thenewsleader.ca

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We found our favourite artists working on Valentine's Day gifts last Thursday at Leftovers Studio. Dianne Rainer and Trevor Tory construct beaded hearts with ease to give to someone they love.

Letter To The Editor

"Whiner" feeds off of deer letter

Dear Editor;

Re: "quit your whining"

This letter is written by one local whiner, actually, I have been known to stamp my feet and shed a tear or two on occasion. I would like to say hallelujah!

In Princeton we now have a very wise and knowledgeable person in our midst, truly a modern day messiah who will be able to solve all our problems. I think we should have a special celebration to honor Will Patrick.

Finally, we whiners can relax and let Patrick do it! I will respond to two of the topics that he mentions in his article that I have some knowledge of.

Deer-you say, build a "fence".

My neighbor has a seven-foot metal fence that the deer jump over, and then munch on her trees and plants. A neighbor two houses down the hill with a fenced in yard, watched helplessly while his adult daughter was attacked and knocked down by a deer.

That same morning another neighbors dog was attacked through an open front room window. Both cases were unprovoked!!! Several years ago a friend of mine and her small granddaughter were walking on the Tulameen dyke, when they were suddenly confronted with a very aggressive deer that targeted the small girl.

Thank God "Holly" the family dog who was with them, interrupt-

ed and took the hoofs instead. Holly lost an eye and was badly injured. Later the dog was honored as a hero in Ottawa. Our property is on a hill overlooking the Tulameen River. A few years ago a cougar that was stalking deer just a few feet below our home was shot and killed.

Yes it's true I'm fed up with the damage the deer do to my yard, shrubs and trees, but my main concern is for the health and safety of my little grandsons who play outside. We have lived here for nearly 60 years and never saw a deer in or around our property until about 14 years ago when some local people began feeding them. We did not invade their territory.

Letter To The Editor

Joe shares a solution

Sir,

If the media reports are correct that Germany could arrest U.S. Secretary of Defence, [war?] Rumsfeld as a war criminal because of the Iraq torture scandal, will Secretary Rumsfeld be put in the same jug as Saddam to cut costs

on the U.S. budget?

And maybe be an ideal time for the two of them to solve the mystery of Iraq's missing "weapons of mass destruction" problem that set off President Bush's "war for oil program" -- for the American people and the rest of us?
 - Joe Schwarz, Princeton

Snow clearing of our airport runway-This runway must be kept clear for medical emergencies and has nothing to do with one person who has a chip on his shoulder and wanting it kept clear for personal reasons.

Our youngest daughter was air lifted to Vancouver from this airport, sadly, she didn't recover but the local doctors attempted to save her life by this wonderful service, which has saved many lives. I hope that neither you nor a family member would be denied access to a large medical facility because of snow on the runway.

I will not even attempt to talk about the drug problem in Princeton. All I know is it is very serious and complex and to say quit buying and supporting them is one of the most foolish remarks I have ever heard. In closing I would like to say, a prudent person is quick to think and quick to listen, but slow to speak.

Making hasty, rash judgments or remarks with an uninformed mind, will only strain emotions and hurt people.

- Joyce Fraser, a local whiner

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The Ram's Head Restaurant celebrated its grand opening last Thursday night. Standing from left, Nikki Timms, Diane Vandermeulen, Cheryl Foote and Pete Langlois.

Fine dining soars above pub

A total of twenty-five invited couples enjoyed a fine dining experience at Princeton's newest eatery: Ram's Head Restaurant.

The restaurant, located above Copper Mountain Bar & Grill, features a completely different menu to the one available in the pub below.

The choices include soups, salads, appetizers, entrees, pastas and desserts. There's also a section for smaller appetites.

The menu reminds one of choices available at higher end West Coast restaurants and features meals not available anywhere else in Princeton.

Ram's Head Restaurant will operate with restricted hours on week-end evenings and families are welcome.

Reservations are recommended and can be made by calling 295-7628.

John Allison provides training

A mini-workshop will be held on Tuesday, February 22nd from 9:00 AM to 11:00 AM at John Allison Elementary for Book Fair Training.

Anyone interested in helping at Book Fairs held at the school are invited to attend.

Book Fairs are considered a great way to supplement school library books and to raise funds for other activities.

John Allison Elementary appreciates support from within the community for their many activities.

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INVESTMENT INSIGHTS

By John Vaccaro Investment Advisor with CIBC Wood Gundy
and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy
Expertise that's one to one.

1:1

Are You Maximizing Your Retirement Funds?

You've spent much of your working life building your retirement assets, making regular contributions to your RRSPs and maximizing your allowable contribution room each year.

So what's next? The next step is to ensure that those funds are being optimally employed. After all, even an investment return difference of one or two percentage points can have a huge impact on your bottom line. To this end, there are a number of strategies you should consider to optimize the value of your retirement nest egg.

Canada Customs and Revenue Agency (CCRA) permits you to invest up to 30% of your RRSP's book value in foreign holdings. However, thanks to the mutual fund industry's embrace of some recent wrinkles to the RRSP rulebook, Canadians can now gain up to 100% foreign exposure in their retirement portfolios and that means great news for your retirement savings. At just under 3% of world equity market capitalization, Canada provides access to a limited number of the world's best investment opportunities.

To restrict your RRSP's exposure to Canadian markets is to forego the substantial return potential that exists in the remaining 97% of global markets. It also needlessly exposes your portfolio to the market-related risk associated with investing in just one country. In short, increased foreign exposure can translate into increased returns and decreased risk - a combination that obviously bodes well for your retirement funds.

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John Vaccaro is an Investment Advisor and Greg Stewart is an Associate Investment Advisor with CIBC Wood Gundy in Princeton. Comments and opinions expressed herein are the result of work done by John Vaccaro. They may differ from the opinions of CIBC World Markets Inc. Research Department and should not be considered representative of CIBC World Markets Inc.'s beliefs, opinions or recommendations.



We look into the Posse bench during a time out called near the end of the Princeton/Revelstoke game last Saturday night. Team captain J. J. Holmes, centre, listens closely to Coach Dale Hladun.

OUC examines the end of life

Despite indicators that would suggest most people would prefer to die at home, a University of Manitoba researcher is discovering that many Canadians are spending their last days within the healthcare system.

Dr. Verena Menec, Director of the Centre on Aging and a Canada Research Chair in Healthy Aging at the university, will discuss research conducted in Manitoba

that examines place of death and health care use in the last six months of life at a lecture co-sponsored by OUC's Faculty of Health and Social Development and the Centre for Population and Health Services Research (CPHSR).

The lecture, entitled "Patterns of Health Care Use at the End of Life," takes place at the Kelowna General Hospital, Second Floor Conference Room, on Feb. 7 at

10:30 a.m. The public is invited to attend. Admission is free.

Menec is also an Associate Professor in the Dept. of Community Health Sciences at the University of Manitoba and holds a New Investigator Career Award from the Canadian Institutes of Health Research.

Her main research interests lie in the areas of healthy aging, health care utilization, and the relations between health care and population health, particularly in the context of older populations. Her research is designed to lead to the development of more effective programs to enhance seniors' health and independence, as well as potentially reducing health care costs.

"Dr. Menec is a world class health researcher whose focus on aging will be of particular interest within the Okanagan region," says Dr. Colin Reid, Senior Researcher at CPHSR.

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The Princeton Posse caught in practice last Thursday afternoon at the arena. The team has only two home games left this season - Saturday at 7:30 PM and Sunday afternoon at 2:00 PM.

Community for Kids receives grant

The Princeton Community for Kids Table received a \$2,500 grant from the Steering Committee in Penticton. The grant is for the Princeton Early Literacy Project where dollars will be spent on a variety of programs that enhance early literacy for children aged birth to 6 years.

Princeton's Community for Kids (CFK) sponsors a variety of programs. The Early Literacy & Gym Time program happens the last Wednesday of the month at John Allison Elementary from 9:30-10:30 am. The next gathering is February 23. This program links youngsters with the children at JAE for buddy reading, teachers read stories and rhymes, and professionals attend to answer questions or run an activity.

A family literacy night (Bedtime

and Buddies) at John Allison is being offered on Wednesday, February 9 from 6:30-7:30 pm. Parents, Grandparents, and children are invited to attend free of charge. Spend time reading with your child, listen to storytellers and enjoy an evening snack. This program is free.

Coming soon to Princeton are the CFK Book Boxes. This unique program allows children to select books from the box to read, bring home and return at their convenience. Our first CFK Book Box will be introduced at the Bedtime and Buddies Program.

CFK money will be spent to enhance the Princeton Mother Goose program that is currently being offered and for future programs in the community.

Little Folks Nursery School will for families to read together.

Date: Wednesday, February 9th, from 6:30pm - 7:30pm at John Allison Elementary School Gym.

Bedtime snacks will be available. Kids wear your PJ's and bring your family to an evening of stories.

- submitted

receive \$500 for the purchase of literary items for the school.

Lorna Gregson, Susan Hamilton, and Kathy Froese are thanked for all their hard work in making many of these programs happen. If you are interested in learning more about or becoming involved with Princeton's Community for Kids please call our chairperson Shelly at 295-6455.

Submitted by
Nadine McEwen
CYC Asset Development
Coordinator

Celebrate Family Literacy Day

To celebrate Family Literacy Day John Allison Elementary School and Community for Kids is hosting a "Bedtime and Books" night.

Families are invited to come and listen to two guest readers share their favourite books.

As well, books will be available

Beating the cravings

.....continued from Page 6 continue to 'beat those cravings' but add more variety to our food choices.

Mornings now consist of a protein drink during the week. We start with a cup and a half of vanilla flavoured soy milk, add one tablespoon of protein powder, and a whole banana. Mix in a blender for a few seconds, and then enjoy!

I've made a couple variations to the mix to add variety to the drink. One morning I added some orange wedges instead of banana and a handful of whole wheat Shreddies.

The flavour mixture of vanilla and orange was tasty and the Shreddies added some bulk to the drink.

Brenda thought the Shreddies were an odd addition until I explained to her I needed something a little more filling. It did keep me satisfied until lunch!

The cross-country ski machine is still calling my name, and I'm hearing it...I'm just not responding to it.

I'll have to get on it in the next few days. Once I cross that hurdle, it'll be pretty easy from there.

Just The Fax, Ma'am!

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Robert Hager
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Monday, February 14th - Princeton Legion Hall

6:00pm Dinner

Tickets are \$10.00 each

Available at:

Sears and at the Legion Office

For more information, contact
Maria Sadagur @ 295-6247

Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest teaches you how...

The Quiz - Week 2

Today's Date is Sunday, January 30, 2005 - the Time is 4:00 PM.
According to PLP's Time Of Use Schedule, would this be in a
"RED ZONE" time period or would it be in the "GREEN ZONE"?

Winners!

13 Weekly Draws - to April 29th, 2005
† 25.00 Credit to the PLP Power Bill of your choice!

Monthly Draws
† 100.00 Credit to the PLP Power Bill of your choice!

Final Grand Prize Draw - May 6th, 2005
† 500.00 Credit to the PLP Power Bill of your choice!

The Gear

You will need a "Power-By-The-Hour" Resource Kit. They are available at both the Princeton Light & Power office and at the News Leader. You will require this kit to get the correct answers to the weekly questions.

The Loot Goes To

WEEK 1 WINNER: Donna Wilson

The Routine

- 1) Get Weekly Question from News Leader.
- 2) Determine Answer from Resource Kit.
- 3) Fill out Entry Form from PLP or News Leader.
- 4) Drop Off Entry at PLP or News Leader.
- 5) Win if Entry is Drawn.
- 6) Enter Weekly.
- 7) Have Fun!



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Copper Mountain Bar & Grill



Cheryl Foote, standing, presents the News Leader's Brenda Engel with the new menu at Ram's Head Restaurant. A total of twenty-five couples were invited to experience fine dining last Thursday night at the new restaurant. Ram's Head Restaurant is located in the upstairs portion of the building which houses Copper Mountain Bar & Grill. The restaurant will provide fine dining, open to families, only on weekends. Each of the invited couples Thursday night were treated to a free entree from the newly designed Ram's Head Restaurant menu.

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