

Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

Volume 8 Issue 14 ISSN 1712-090X
Canadian Publications Mail Agreement No. (1299263)

Tuesday, April 5, 2005 75¢ each
Published Weekly in Princeton, B. C. by Bengel Publishing Inc. includes GST

**Similkameen
News Leader**
This Week

Page 2

**SVPS hosts
public meeting**

Page 24

**Green Party
picks McLean**

Page 4

KEREMEOS NEWS

Pages 11-18
TV GUIDE

**Phone: (250) 295-4149
1-888-350-9969
Fax: (250) 295-4103**

Hedley

**plans Stamp
Mill Days**

Hedley, a small village of 460 people, was once a thriving mining town.

Gold mines were once synonymous with Hedley, providing a rich heritage of community and social resources and events.

In May 1904 the Stamp Mill began to crush the ore from Nickel Plate Gold Mine and continued to do so until 1955.

Once a year the community celebrated Stamp Mill Day in order to commemorate the dropping of the first stamp and the retrieval of vast tons of gold from the mine high above the town, historically this included a parade, games for children, a picnic and competitions.

In 2003 Hedley's Heritage Museum Society, with the help of other Hedley community clubs and individuals, revived the traditional Stamp Mill Day celebration and it will be celebrated again this year.

The celebration will be on May 7th and will begin with the ringing of the old fire bell, a hearty pancake breakfast, followed by the crowning of the Hedley May Queen, a parade, an outhouse race and wagon rides.

Other activities include gold panning, entertainment and old fashioned contests for all ages.

Community clubs, businesses and home owners will drape their buildings and homes with red and white bunting and volunteers dressed in vintage clothing will add to the heritage feel of the day.

Good crowd attends meeting



BC Nurses Union President Debra McPherson discussed health care issues at a meeting last week.

Health Care and Seniors' issues discussed

More than 100 people attended the health care "revelations" meeting held at the Legion Hall in Princeton on March 31. Although the meeting was non-partisan, it was clearly a meeting to urge seniors to go out and vote. Harry Lali, the New Democrat candidate for this riding, and his assistant, Millie Mitchell, arrived toward the end of the meeting, but Lali was not introduced or invited to speak.

Robert Tarswell, head of Princeton Teachers' Union, organized the meeting, explaining it was supported by all local unions, and a number of union people were represented in the audience, which was made up primarily of seniors.

Councillor Ray Jarvis read a message from Mayor Keith Olsen which said the issues are concerns of every citizen of B.C. It was a good letter and received a good round of applause.

There were two speakers, Debra McPherson, President of the B.C. nurses' union, and Rudy Lawrence, President of the Council of Senior Citizens' Organizations of B.C., which represents 65,000 seniors.

McPherson spoke first, reviewing "overwhelming" cuts in health care since 2001. She cited hospital bed closures, lay-off of 1,000 nurses in a shortage of nurses, the closure of 4,000 longterm care beds when the number of seniors is increasing. She cited severe reductions of home support, and noted the impact has been hardest on rural communities.

"The 'heartland' has been treated in a heartless fashion," McPherson said.

She gave Princeton as an example. The former physiotherapist is now manager of Ridgewood Lodge, and when hip replacement patients are returned to Princeton, they need physiotherapy, which is not available now. This means these seniors may not mend well.

McPherson talked about "racking and stacking" patients in one area, while empty beds are in a locked area of the same hospital, and nurses are overworked. She spoke of the contracting out of food services, and

.....continued on Page 5

Fall Fair plans take shape

Fall Fair members met at the fair-grounds office on March 29 to begin the long process of putting together Fall Fair 2005.

Lisa White, who is convening the Junior Fair, asked that times for the registration of Junior Fair exhibits be changed. She said most of the exhibits arrive after school. Members agreed to change the registration times to 5 to 8 p.m. on Thursday, September 8, and from 3 to 5 p.m. on Friday, September 9. These times will be for Junior Fair items only. White will be looking for volunteers to help her take registrations and set up exhibits.

White said the Fall Fair should consider using the Girl Guide tent instead of buying or renting one. She said she would find out the dimensions of the tent, but said it is quite large. Members agreed it sounds like a good idea. White will report back.

Vendors booked

Ross Chaston is in charge of vendors this year. Anyone interested in a booth or major exhibit space should contact Chaston. Three booths have been reserved already: Princeton Hospital Auxiliary, Creations by Jan, and Princeton Lions Club. The Lions Club is providing candy floss, snocones and popcorn at the fair this year.

Ross Chaston will take charge of the auction of donated goods. He would like the auction to begin no later than 3:30 p.m. Sunday.

Volunteers & Prizes

Princeton Garden Club will take charge of the vegetable and fruit displays, and is giving a \$20 prize for the heaviest potato.

Kevin Acres is awarding a garden basket of goodies to the top exhibitor in flowers, and Princeton U-Brew is giving a \$35 gift certificate to the top exhibitor in wines.

Luke Girouard will take care of security for the fair. He will round up his own crew, but a number of fair members hope to be able to spend nights on the grounds and will help.

Fall Fair members will run the concession for the rodeo May 14 and 15. They will open the concession on Friday afternoon and evening for incoming contestants and for workers. The concession opens to the

"Let's Play" website now working

The "Let's Play" Princeton Country Music Concert website is now online.

To find out more about the event planned for the weekend of May 13th and 14th at Princeton Airport, just log on to <http://letsplay.townof-princeton.com>.

The website contains some information on the bands coming to town, including Emerson Drive, Ken

general public on Saturday and Sunday, beginning with a pancake breakfast in the morning, followed by the usual concession fare, but there will be chili on the menu this year.

Many volunteers will be needed, as usual. Anyone wishing to help out in some way may contact Secretary Dawn Johnson at 295-6063.

BC Fairs offers grant

The provincial fairs association is offering an \$800 grant to the Fall Fair for a new project of educational and agricultural interest. The fair is considering building an information kiosk, and will apply for the grant. Fair judges will evaluate the project during the fair and decide whether the project lives up to the guidelines.

McCoy, Tracy James, Duane Steele, Cruzeros and Justine Stewart.

Tickets for the concert are available at a few local locations, including the News Leader office or can be ordered online through TicketMasters.

Additional information on the Concert and Princeton Pro Rodeo can be found at the News Leader's website, www.thenewsleader.ca.

Visit Us Online At:
www.thenewsleader.ca

SMI Computers
 221 Bridge Street (next to V&S Stedman's)
 Sales & Service
 Selected Accessories
 Customized Orders
 10:00 AM - 5:00 PM Monday - Friday
 (250) 295-6622 • Shawn Milner

**CLASSIFIED ADS
 FOR ONLY A
 DOLLAR A MONTH?**
 www.thenewsleader.ca

**Town of Princeton
 NOTICE**
 Burning is not permitted in Town limits from April 15th to October 15th unless authorization is received by the Fire Chief and a special permit is issued to ensure burning takes place under strict supervision as per Municipal Bylaws No. 393 and Bylaw No. 418.
 Eric Gregson
 Fire Chief

Desert Connections
 The South Okanagan Community Information Paper
 Phone: (250) 495-6681
 Fax: (250) 495-0477
 Box 422, Bag 4500, 8513 Main Street
 Osoyoos, B. C., V0H 1V0
 www.desertconnections.ca
 ads@desertconnections.ca
 Full coverage of Oliver and Osoyoos.
 Circulation 5,000.



Gerri Logan, centre gives her report at Tuesday's SVPS public meeting. She is flanked by George Hanson (Regional District Director Area B Cawston) and Ron Mitchell, LSIB Manger.

Planning society hosts public meeting

A total of fifteen interested residents attended a public meeting of the Similkameen Valley Planning Society in Princeton's Skills Centre last Tuesday night.

The society, which contains representation from seven governing bodies from the Keremeos and Princeton areas, used the meeting to review what they have been doing over the past few months.

First to speak was George Hanson, Regional Director for Area "B" Cawston.

"My area of the valley is quite agricultural so I've been working in the agricultural section."

Hanson says the SVPS is trying to trade market the area as the Organic Capital of Canada by creating a Similkameen Valley brand for food products.

The establishment of an Organic Farming Institute based in Cawston will also aid in achieving that goal.

"We want to bring people to a clean and healthy environment."

Roger Mayer, Regional Director for Area "G" Keremeos Rural, says the biggest achievement of the SVPS in his area was the introduction of broadband wireless internet to the Lower Similkameen.

"Everyone from West of Hedley to the US Border now has access to high speed wireless internet as a result."

Mayer says the service has been a real benefit to the region and will

aid in economic development.

"It's been in the past couple of years we've been trying to bring forward the profile of the Similkameen Valley."

Gerri Logan, Regional Director for Area "H" Princeton Rural, says growth is taking place in her district.

"I've got the second highest number of Building Permits in the Okanagan."

Land use issues are starting to pop up, but Logan is confident they will be resolved.

Other projects going on in her district include work on the 2010 Trail program.

"I would like to see more businesses in and around the Trail."

Logan shared her optimism with a reminder, "There are an awful lot of things coming down the pike and we better be ready."

Ron Mitchell, Manager of the Lower Similkameen Indian Band, shared a First Nations perspective on the concept of the SVPS.

"We're here to work together for economic development for all of us."

Mitchell added, "First Nations bring opportunities to the table that may not have been available without First Nations involvement."

Mitchell also reviewed projects including eco-tourism opportunities with European visitors who are seeking a First Nations experience,

a 300-acre vineyard business and continued support of value-added products.

Keremeos Mayor Walter Despot described the Similkameen Valley as a single unit concept in understandable terms.

"Tourism and economic development is a Valley project. You really can't look at it any other way."

Despot says there are between 11 and 12-thousand people living in the Similkameen.

The seven jurisdictions that make up the SVPS first met in January 2003.

Despot says it's been a valuable experience right from the beginning.

"We all get along and work together. We help each other and we're going to get ahead."

Projects in the Keremeos area include an outdoor historic mural program and a focus on the Similkameen River.

"We do not utilize or promote the Similkameen River enough."

Princeton Mayor Keith Olsen, who chaired the meeting, said the SVPS has taught him some interesting things.

"You have a very broad look at the Valley and the main thing the society wants to keep is our quality of life. We don't want to lose it to something for short term gain."

Olsen went on to explain the maincontinued on Page 3

Copper Mountain Bar & Grill

 Open Daily
 'Til Late

Rams Head Restaurant

 OPEN 5:00 PM - 9:00 PM
 Fridays & Saturdays
 Book your private parties!
 Families welcome!
Coming Soon...World Class IIHF Hockey to the BIG Screen

Copper Mountain Bar & Grill

 Open Daily
 'Til Late



Keremeos Mayor Walter Despot, centre, gives his report at the SVPS public meeting last week. He is joined by Economic Development Officer Michael McLaughlin and Roger Mayer (Regional District Director Area G Keremeos Rural).

SVPS shares valley-wide vision

Continued from Page 2.....
reason why the group formed was to raise the profile of the Similkameen.

"What we want to see is the next time you say you are from here that people say its their destination rather than a place they are going through to get somewhere else."

The SVPS hired the services of Economic Development Officer Michael McLaughlin, who has been involved in each of the group's projects.

McLaughlin says he is working on an area marketing strategy.

"It's not just for tourism, but also to attract new residents. The marketing strategy for the Valley could very well be new residents/busi-

ness."

McLaughlin later told the News Leader how the marketing strategy would work.

"The most effective way of raising the profile of the Valley is to create a brand image - which we have done - and market the Valley to specific regions and specific types of tourists."

McLaughlin went on.

"This is the standard practice, but anything that creates publicity brings attention to the Similkameen Valley."

He points to two examples of where the Valley will benefit with current projects.

"We got huge amounts of free publicity when we held the Agri-

Economics Workshop in Cawston. I was asked to speak at the Pacific Agriculture Show in February and spoke to 150 people about agritourism and the Organic Farming Institute of BC. Those people will never forget where our Valley is."

Princeton's focus is in a slightly different direction to attract a different type of visitor.

"Development of the Princeton KVR trailhead will bring attention from across the Province because we are part of a provincial trails system. That kind of publicity makes a better and stronger impression than a brochure and its free."

Sister City loses landmark

by Dennis Walker, Giant-FM News

A Tonasket landmark was destroyed by fire Sunday evening, March 27th, causing Highway 97 through Tonasket to be closed.

Around 8:15 p.m. Sunday a call came into authorities reporting a fire at Lee Frank's Inc.

Fire crews from Tonasket, Oroville, and Loomis arrived at the scene to begin battling the blaze,

and were still at the scene the following day.

Fire crews were able to keep the fire from spreading to the adjoining businesses; however both Grant's Market and Roy's Pharmacy did suffer smoke damage.

According to officials, an investigation into the cause of the fire will be conducted, but cannot begin until the fire crews have completed their work.

www.thenewsleader.ca

YOU ARE INVITED TO THE
**Official Opening
Princeton NDP Office**

**4:00 PM
Thursday, April 7th**



MEET
**NDP CANDIDATE
Harry Lali**



Unit 2, 195 Bridge Street

NDP Neighbour to Neighbour Campaign
For Information Call 295-7582



SENIORS & FRAUD

What you don't know about fraud could hurt you!

Get the facts about fraud at:

**St. Paul's United Church
1:00 PM Wednesday, April 13
Christian Education Hall**

This ABC of Fraud presentation is FREE to seniors and friends. It's a joint effort of Scotia Bank Retired Employees, BC Coalition to Eliminate Abuse of Seniors, United Church Womens Group, and the Princeton Hospital Auxiliary.

We are pleased to present this seniors and fraud program with help from the RCMP. Don't miss this valuable information session. Be alert to fraud and scams. Almost 52,000 seniors in BC experience financial abuse by a family member or friend.

SENIORS & FRAUD

TOPSOIL - TOPSOIL - TOPSOIL

Rich, Black, Organic, weed-free, rock-free - \$25 PER YARD

The same "GOOD STUFF" we have been providing to Princeton folks these past 30 Years!

Better Yet! "RICH MIX" - It's back! - \$30 PER YARD

Our Black Organic Soil blended with old Mushroom Compost
Make your plants and flowers come up smilin'

DELIVERED IN PRINCETON (Minimum Order 4 Yards)



Old Style Disposal & Bin Service



Front Loaders 4, 6 & 8 yard - Household and Commercial waste
Roll-Off Bins 13 and 20 yard

We take all kinds of waste - construction - wood - plastic - brush, etc.

WE DROP 'EM, YOU FILL 'EM, WE PICK 'EM UP

We also rent portable storage units

Princeton Rentals

Phone (250) 295-6545 Fax (250) 295-6922

TOLL FREE 1-800-253-0233 CELL: 295-8488 e-mail: oldstyle@nethop.net
OUR 30TH YEAR IN BUSINESS

We're first and that's why we're the

Similkameen News Leader

otherwise we'd just be news later.

100% Locally Owned & Operated...

www.thenewsleader.ca

Keremeos.net

(Keremeos on the web)

Web page design • POP3 e-mail accounts
 Desktop publishing • Computer repair and servicing
 Computer tutoring • CD creation
 Custom graphic artwork and logos • photographic services

Bryan (250) 499-5143 webmaster@Keremeos.net

Steak • Seafood • Pasta



Open 4:30 PM Daily
 Closed Mondays
 Karl and Suzanne

Junction of
 Highways 3 and 3A
 Keremeos

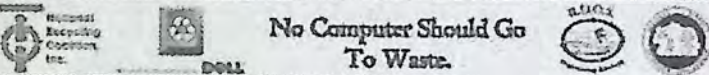


RECYCLE YOUR OLD COMPUTER EQUIPMENT AND CELL PHONES

One Day Computer Recycling Event
 City of Penticton Yards Parking Lot
 Corner of Okanagan Ave E. and Dartmouth Rd.

Saturday April 16th, 2005
 9 am to 3 pm

Grad Councils or Community Groups want to make money? Questions about the event? Contact the Regional District at 490-4129, toll free 1-877-610-3737 ext. 4129 or by e-mail at info@RDOS.bc.ca



No Computer Should Go To Waste.

SUBSCRIBE TO THE NEWS LEADER - GET 6 MONTHS FREE

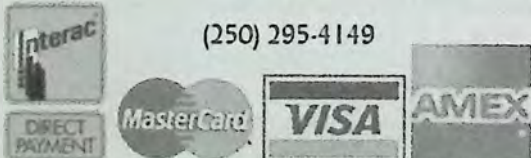
SUBSCRIPTION RATES

(ALL PRICES INCLUDE GST)

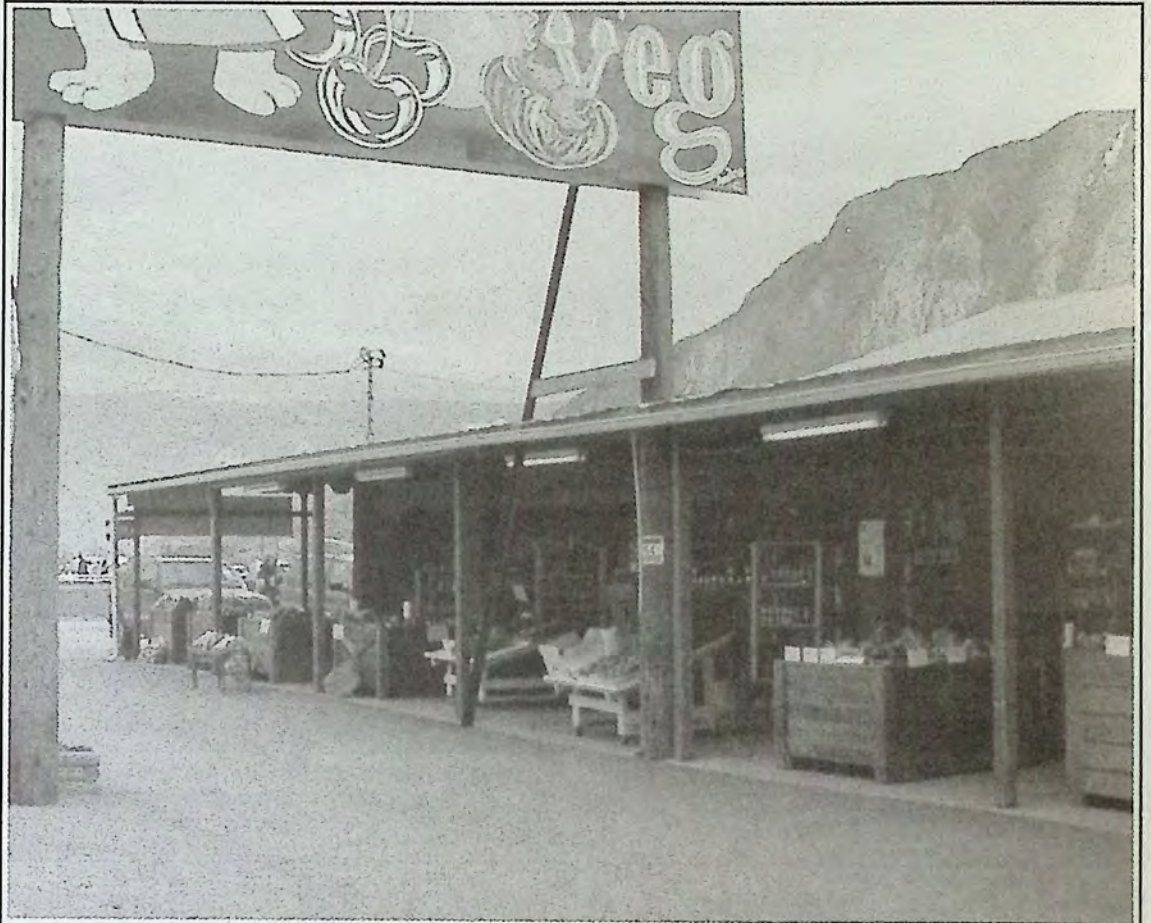
Princeton Local - Pick-Up, Regular	\$ 26.75
Princeton Local - Pick-Up, Senior	\$ 21.75
Similkameen Mail, Regular	\$ 35.75
Similkameen Mail, Senior	\$ 31.75
<small>(Princeton, Cawston, Keremeos, Hedley, Orlia, Talamone, Coalmont)</small>	
Out-of-Valley, British Columbia	
Rural or Box (VO), Regular	\$ 40.90
Rural or Box (VO), Senior	\$ 35.90
Delivery to Door, Regular	\$ 53.80
Delivery to Door, Senior	\$ 48.80
Out-of-Valley, Alberta, Rest of Canada	
Regular	\$ 53.80
Senior	\$ 48.80

NEW ONE YEAR SUBSCRIPTION PURCHASES MADE WITH VISA, MASTERCARD, AMERICAN EXPRESS OR DEBIT CARD WILL RECEIVE AN EXTRA 6 MONTHS!

(250) 295-4149



keremeos and area news



Is this a sure sign of spring? Gerry's fruitstand opened its doors to welcome the public last week, and customers began to pull off the highway to shop for fruit and other products.

Subdivision process begins now

Thirty-three parcels of land have been removed from the Agricultural Land Reserve within the Village of Keremeos. Four applications to subdivide have been received at the Village Office already, and the subdivision process has begun.

One proposal involves 20 future lots. The old lot lines are being removed and new lot lines will be redrawn. A road "exchange" will facilitate development of the lots.

Another application is for subdivision of a four-acre parcel which will result in 13 new lots. The two remaining applications will create another 24 lots.

None of the subdivision applications are tied to construction

Website popular

Bryan Smith's information website (www.keremeos.net) continues to be a popular spot for those searching for information online about the Keremeos area.

"For the month of March we had 494,653 hits, translating to 69,501 pages viewed and 22,622 unique visitors. That's an average 10% increase over February stats and a 240% increase over the same period last year."

Why the sudden increase in traffic? Smith says it has to do with the ice jam in January.

"That disaster appears to have piqued interest in the area as February and March visits to keremeos.net have doubled pre-flood averages."

The website has been online since January 1998 and used to average 80,000 hits per month.

permits, but eight building permits have been approved for construction on the remaining vacant lots available in town.

According to Bob Lafleur, Village administrator, the new

LSIB tightens purse strings

Lower Similkameen Indian Band will not be hosting their customary Cathedral Lakes Powwow. This event is a favourite with those who enjoy powwows, as the Ashnola Campground and circle have a special ambience.

The reason the Band gives for not hosting the powwow is lack of money. Due to the inclement weather last year, the Band lost money. It takes approximately \$30,000 up front to host a pow-

Growers' meeting invites everyone

The meeting for Similkameen Valley farmers and ranchers will take place on Tuesday, April 5, at the Cawston church, at 7:30 p.m. This meeting had been postponed twice, but must go ahead this week.

The meeting is for every producer of agricultural products in the Similkameen Valley. The objective is to discover how

lots will be in high demand as soon as the subdivision process is completed. Real estate agencies in Keremeos have assured him there will be no shortage of lot sales in the near future.

wow, and the money is not available this year. The Band depends on sponsorships and donations from supporters to create a cash basis for hosting the event.

In other Band news, there is no word yet of funding for the new administration office and conference center planned for the reserve land south of Cawston. Plans are complete and approved by the Band, and construction will commence as soon as funding is available.

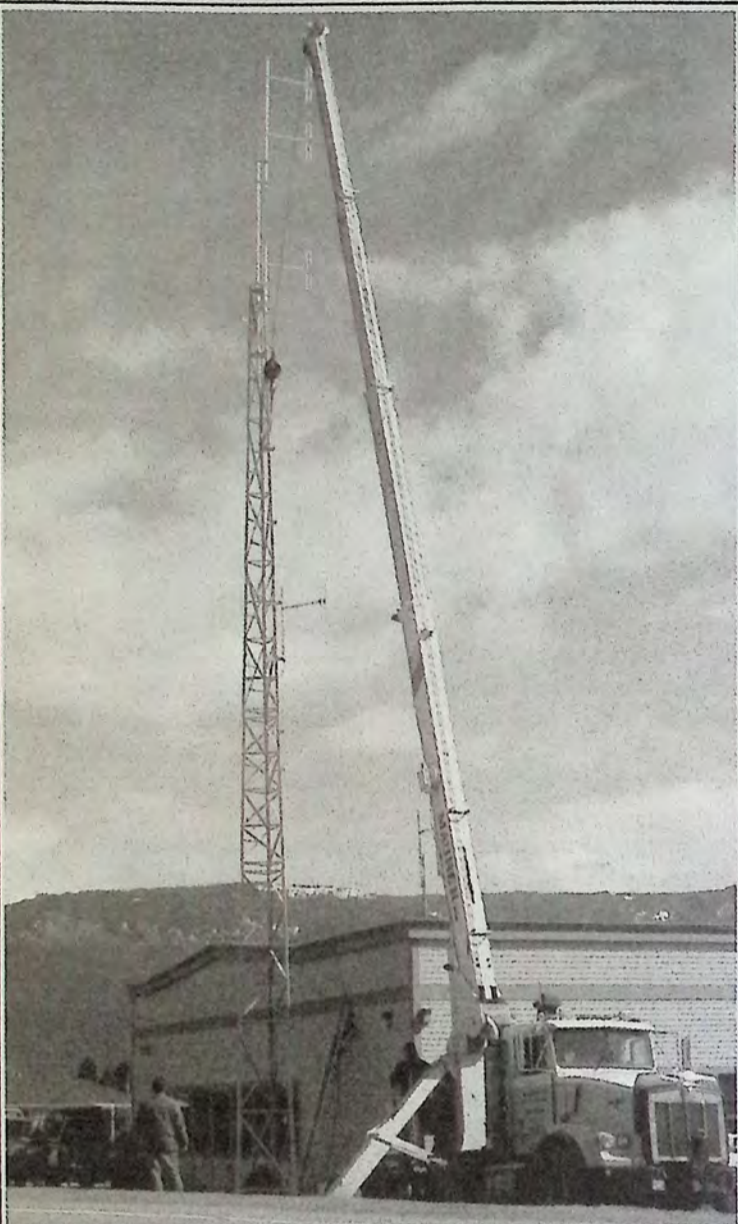
many products could be featured at the 2010 Olympics, and whether or not Similkameen producers should put in a bid to have their products used.

The meeting is organized by farmers and will be facilitated by Michael McLaughlin, economic development officer for Similkameen Valley Planning Society.

Hourly Weather? Daily Road Reports?
 Weekly News? Online Classifieds?

www.thenewsleader.ca

Always there, when you need it!



Health Care and Seniors' issued discussed

Continued from Front Page..... the poor nutritional quality of the food. She said hospitals are dirtier due to contracting out of cleaning services, and hospitals are not being kept in good repair due to lack of money.

Then she announced Interior Health has a \$50 million surplus! McPherson said 95 percent of new money coming into B.C.'s health care budget comes from the federal government.

She talked about NAFTA, and shifting health care to foreign companies, and said, we never gave any politicians license to sell Medicare to private corporations. The danger of privatization is the lack of accountability of private corporations.

They can hire unqualified people and do not have to reveal any specific financial transactions.

Telehealth, the phone-in service, is now up for bids, and three American companies are the bidders. She warned the next plan is to turn auto insurance over to private corporations.

High cost of drugs

Both McPherson and Lawrence talked about the high cost of drugs. The federal government regulates pharmaceuticals, and gave a 20-year patent protection to drug companies. McPherson said drug costs and technology are driving up the cost of health care.

No ear for seniors

Rudy Lawrence talked about not only the high cost of medications, but the loss of massage and physiotherapy coverage, and the severe reduction of home support. He said his organization has a problem gaining access to government since the Seniors Advisory Council was cancelled and the Seniors Office was closed in Victoria. Seniors' organizations can submit written briefs, and will receive a polite letter, but there is no longer any real consultation from government.

"Government hasn't paid attention to seniors' issues," Lawrence said.

He read from the BC Liberal Party's 2001 campaign promises pamphlet which said good health

care was a priority.

He noted the attack on seniors was done because of the deficit and the need to cut costs, but the big tax breaks were the cause, not the high cost of health care.

"They created the deficit," Lawrence said, referring to the Liberals in government.

Lawrence, a former accountant, pointed out the sale of B.C.'s assets to private corporations has had the effect of reducing government revenues, thereby shifting more of the costs to individuals or to taxation.

He urged everyone to review the list of what has happened to seniors since 2001, and urged every senior to go out and vote on May 17.

Wednesday was moving day at the new Keremeos RCMP Detachment. Above, the new communications tower is gently set in place. Photo: Bryan Smith, www.keremeos.net

Similkameen News Leader

AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!

100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax: (250) 295-4103
www.thenewsleader.ca

www.thenewsleader.ca

LIVE WELL WITH PHARMASAVE

Your Local Health and Wellness Connection

ALLERGY RELIEF IS CLOSE AT HAND...IN YOUR PHARMASAVE FLYER



6.49
24 Pack with Bonus

TYLENOL Extra Strength Allergy or Sinus Relief

PHARMASAVE IS 100% LOCAL!

We ARE your local Pharmasave...local people, serving local residents.

April is National Oral Health Month

Pharmasave has all you need to take care of your teeth



Colgate Simply White Night Gel 10 ml. **16.99** Each

Listerine Cool Mint, Fresh Burst or Original 1 L **6.49** Each

Remember, Pharmasave Princeton Is 100% Locally-Owned...Locally-Operated



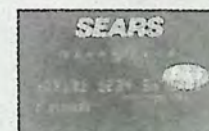
Live well with

PHARMASAVE

Princeton

232 Bridge Street (250) 295-3353

"We're here to give you the advice you need to meet your need."



ALL MAJOR CREDIT CARDS ACCEPTED!



TY FRENCH HEATING

SPECIALIZING IN
SHEET METAL FABRICATING
 • HEATING • AIR CONDITIONING
 • FIREPLACES • GAS FITTING
 NATURAL GAS • ELECTRIC • PROPANE • OIL • WOOD
(250) 295-8341
 FULLY LICENCED • INSURED • BONDED

SIMILKAMEEN CHIROPRACTIC & REHABILITATION



Chiropractic Health Care
 Rehabilitation and Sports Care
 Custom Orthotics and Supports
 Work and Motor Vehicle Injuries

"A Natural Approach To Health"

(250) 295-0533
 www.thinkchiropractic.com
 Princeton General Hospital

SINCE 1973

ROBERT R. WICKS

BARRISTER & SOLICITOR
 213 Vermilion Avenue, P.O. Box 760
 Princeton, B.C., V0X 1W0
 Fax: 295-7000 Phone: 295-3123

Pitch-In Canada Clean-up

Get Eco-Active and Clean up Your Community!

April 16-24, 2005

VOLUNTEERS WANTED from communities throughout the Regional District to participate in cleaning up garbage at illegal dumpsites during **PITCH-IN CANADA WEEK**, a national campaign to clean up the environment.

For more information, please call 490-4129 or toll-free 1-877-610-3737.

Proudly brought to you by the
 Regional District of Okanagan-Similkameen,
 Working With You To Reduce Waste!
 www.rdos.bc.ca



CHIROPRACTIC KEY TO HEALTH

Dr. Jack Sabey, CHIROPRACTOR
 240 Bridge Street (Re/Max Country)

Booking Appointments:
 1:00 - 5:00 PM Wednesdays **295-3222**

Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest Entry

Name _____
 Address _____
 Phone _____
 Week # _____ **LIMIT 2 ENTRIES PER WEEK**
 Answer Red Zone Green Zone

Princeton Light & Power Co. Ltd.
 231 Bridge Street, Princeton
 Phone (250) 295-3244 Fax (250) 295-3811

news leader health page

You can have healthy gums for life!

Periodontal diseases (gum disease) are among the most prevalent in the world with 70 per cent of the world population thought to be affected by some form of the disease. Of those, 10 to 15 per cent are suffering from severe gum disease, which is considered a potential risk factor for several serious health conditions. Who would have thought?

Gum disease starts with the formation of hard and soft deposits on the surface of the teeth. Over time, this build up of bacteria, called plaque, collects at the gum line and eventually settles onto the teeth as calcium deposits, called tartar. Recent studies have shown that live bacteria attached to the tartar, can enter the blood stream and travel throughout the body causing serious health problems.

New research suggests that gum disease may put you at increased risk for heart disease and stroke. Bacteria travel through the blood-stream potentially contributing to clogging of arteries.

Traditionally we have thought of smoking and advanced age as being risk factors for lung disease but scientists now believe that gum disease is a risk. Inhaling germs from the mouth and throat into the lungs causes bacterial respiratory infections. When these germs reach the lower respiratory tract, they may cause infections or worsen existing lung conditions.

If you have diabetes and gum disease it might be more difficult to control your blood sugar and that may put you at increased risk for complications that are associated with diabetes. You need to receive regular treatment from your dental office to reduce inflammation of the gums.

Smoking also has been established as a significant risk factor for gum disease. Tobacco decreases blood flow to the gums, depriving them of oxygen and nutrients, which leave them vulnerable to bacterial infection.

And if all of this isn't enough, if you are pregnant the bacteria from gum disease may boost a hormone that encourages labour! This puts you at risk for having a low-birth weight baby and a baby born before its due date.

If you are at risk for any of these health conditions, it is particularly important to pay attention to your oral health.

- Using a pea-sized amount of fluoride toothpaste, brush your teeth twice a day for three minutes.
- Floss every day.
- Visit your dental office at last once a year.
- Eat a well balanced diet.
- Check your mouth regularly for warning signs of gum disease (gums that bleed when brushing or flossing; teeth overly sensitive to hot or cold; bright, red, swollen or tender gums; and loose teeth.)

- Don't smoke.
 The good news is that with regular, proper oral care, gum disease can be controlled or even reversed.
 April is Oral Health Month. For more information, check Interior

Health's website at: www.interiorhealth.ca
 Jill Rhynard, BScN, MPH,
 Coordinator of Health Promotion
 Interior Health, Okanagan Health Service Area

grey matters SENIOR CITIZENS BRANCH #30

Princeton Seniors Branch 30 membership so far in 2005 is 177.

Monthly General Meetings are on the second Wednesday of each month at 1:30 PM. At the March 9th meeting it was arranged that the delegates to attend the Regional Meeting in Kelowna would be President Ron MacDonald, Secretary Isabella Johnson and Carol Seaman. Also to attend would be John and Elenor Sinclair. We are allowed two delegates at the Provincial Convention in Houston, BC on April 28th, 29th and 30th. Ron and Barb MacDonald were chosen to attend. So, as you can gather, our Branch 30 has the potential to be influential beyond the Princeton scene.

The March 25th Pot Luck (last Friday of each month) was well attended and the Movers and Shakers, in recognition of the Easter celebration, sang appropriate songs including Easter Parade, Peter Cottontail, plus many more of both a fun and serious nature. The group will be practicing 50's songs in the next little while with titles such as Rock and Roll Waltz, Singing the Blues, It Is No Secret, and Love Letters In The Sand. How's that for nostalgia?

The George Lind Memorial Pool Tournament was held on Saturday, March 26th. Ten two-person teams each played six games and the eventual winners were Ray Jarvis and Howard Johnston with four wins, one loss and a tie for a total of nine points. Willy Drees cooked his scrumptious Willy-Chili for the lunch break.

Janet Middleton has advised that the Wednesday morning Quilters are interested in having new members. The group is also wanting to add to their knowledge of the craft and hope someone might be available to teach or advise.

Upcoming events include a Western Dinner on May 15th for members and guests. Advance ticket sales will start around April 25th for \$6.00 each.

Don't forget that Seniors Branch 30 is open at 9:00 AM to not later than 4:00 PM weekdays. Lunches are served from 11:00 AM to 1:00 PM. The hall is not open until 1:00 PM on Saturdays and Sundays. Anyone knowing someone who would like to visit the Seniors but needs assistance, should enquire and possibly help can be arranged.

Remember, grey does matter!
 - submitted

www.thenewsleader.ca

living past 100

Fighting high cholesterol? Heed warning.

The majority of people fighting high cholesterol are being treated with drugs called statins (such as Lipitor). What you may not know is that the American College of Cardiology has issued a warning about statins. Although statins are good at reducing blood cholesterol levels, by blocking cholesterol production in the liver, these drugs also block production of Co-enzyme Q10.

The result of years of use of statins, heart specialists say, is a deficiency of Co-enzyme Q10. This deficiency can cause wasting of the heart muscle, resulting in heart failure.

The same deficiency can result from the fenofibrate class of cholesterol-lowering drugs. Diuretics can have the same adverse effect.

Beta-blockers, antihypertension drugs and anti-diabetic drugs have also been identified as causing Q10 deficiency with the same risks as stated above.

While this information may be alarming, Co-enzyme Q10 can be taken as a daily supplement. Anyone using statins and fenofibrates should consider taking Q10 daily supplements. People who are taking two of these medications are in double risk and should be taking the Q10 supplement. If you are concerned, talk to your doctor.

Many people fighting cholesterol take aspirin daily. This medicine depletes folic acid, iron, potassium, sodium and Vitamin C. Many medications result in vitamin and/or mineral deficiencies. These can easily be replaced by a daily multi-vitamin tablet. However, Q10, even if included in the tablet, is not in sufficient dosage to counteract anti-cholesterol drugs.

Town of Princeton and Area "H" PUBLIC NOTICE Princeton & District Landfill

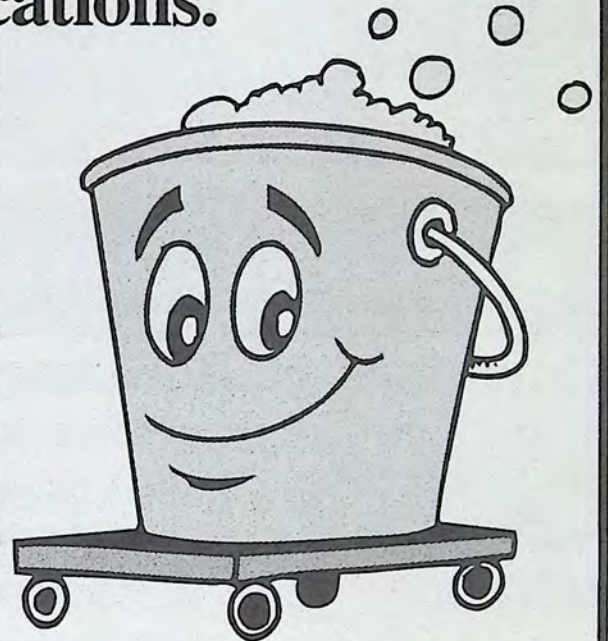
The Town WILL NOT be picking up any items from residential or commercial locations.

FREE DUMPING

is offered at the LANDFILL

APRIL 29, 30 & MAY 1, 2005
for Town of Princeton and Area "H" residents only.

Commercial and residential building demolition
must still pay tipping fees.



**ALL RECYCLABLES MUST BE DROPPED OFF AT THE RECYCLING
DEPOT PRIOR TO ENTERING THE LANDFILL AREA
OR TIPPING FEES WILL BE CHARGED.**

(Example of recyclables: batteries, paint cans, No. 2 plastics and film plastics, papers,
cardboard, tin cans, glass, etc.)

We are now accepting oil containers (1L, 4L, 20L),
anti-freeze and window wash containers (in the oil drop off area).

To avoid congestion, please ensure metals, re-useable salvage items, clean wood,
debris and household garbage are separated.

**THE GARBAGE COLLECTION CONTRACTOR WILL ONLY
PICK UP THE TWO BAG LIMIT OF HOUSEHOLD GARBAGE AND
RECYCLABLE MATERIALS ON YOUR REGULAR COLLECTION DAY.**

THREE DAYS ONLY

April 29, 30 & May 1, 2005

www.thenewsleader.ca

HAYES CREEK ELECTRIC
& REFRIGERATION RR 33771

Jim Barnes
Electrical Contractor
87 Angela Avenue, Princeton
Phone: (250) 295-7440 OR CELL: (250) 295-5021
Toll Free 1-866-999-7440


PLP approved installer for:  **STEFFES CORPORATION**
ELECTRIC THERMAL STORAGE HEATERS

SIGNZ.CA

Cornel Hanson - 101-7th Avenue, Keremeos - (250) 499-2068

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services

 **226A Bridge Street
Princeton
(250) 295-6905**

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES


Valley First
CREDIT UNION

**58th
Annual General
Meeting**

Wednesday, April 6, 2005 at 7:30 pm
Penticton Lakeside Resort
21 Lakeshore Drive

- Director Election Results
- Highlights of Annual Report
- President's Report
Harley Biddlecombe
President and Chief Executive Officer

Meet Your Directors!

Valley First Credit Union *The Home of* 



Shaeman Pauls of Princeton won a plush bunny as part of Pharmasave Princeton's Easter Colouring Contest. Shaeman was entered in the 3 to 5 year old age category.

Valley First reviews 2004 performance

Following a year of exceptional growth, Valley First Credit Union is hosting its 58th Annual General Meeting beginning at 7:30 p.m. on Wednesday, April 6th at the Penticton Lakeside Resort.

Harley Biddlecombe, President & Chief Executive Officer, will review Valley First's fiscal performance, and highlight the past years activities and achievements. Members will be informed of the results of the recent director election.

John Robertson, Chair of the board, said, Valley First's success during 2004 in strengthening member relationships, enhancing our products and services, and building market share has been very satisfying.

According to the 2004 Annual Report, the credit union recorded net income of \$3.3 million after taxes and dividends, and paid \$685,000 in dividends to member-owners of Valley First equity shares.

Valley First Financial Group offers a full range of financial services

through its 15 credit union branches and wealth management locations, and nine insurance offices in the Similkameen, Okanagan and

Thompson regions of British Columbia. Valley First has \$1 billion in assets, 45,000 members and more than 400 employees.

thoughts on education



EXCLUSIVE TO THE NEWS LEADER
BY JINNY SIMS - BCTF PRESIDENT

"A Tale of Two Countries" - Jinny Sims

Last month, teachers who attended the 89th BCTF Annual General Meeting, were fortunate to hear Professor Jukka Sarjala talk about what makes Finland number one in terms of education. He discussed how the principle of equity is integral to Finnish culture, how students' health and welfare needs are of primary consideration, how learning is student-centred, and how teachers are highly-respected and given extensive autonomy. He also informed the audience that private schools are virtually non-existent in Finland and that students do not take any national exams. These are some of the key factors that place Finland at the top.

Compare this to the educational system of the United States where the focus is on high-stakes testing and school accountability. A recent article in the Minneapolis Star Tribune pointed out that under the

No Child Left Behind Act, kids who need help are not getting it because the law focuses only on schools that are 'underperforming', not on the students themselves.

Therefore, if a school 'passes' there still may be many students who are not doing well, but they don't receive help. In Minnesota for example, almost 100,000 students scored below grade level but only slightly more than 16,000 received help.

A recent report from the University of Arizona's Education Policy Studies Laboratory points out that the high-stakes testing system in the U.S. is not achieving the desired accountability; it is merely forcing people to use whatever means possible to achieve favorable results.

Authors David Berliner and Sharon Nichols document the many failures inherent in the system, highlighting a few of the most nefarious. One particularly poignant case involved a 14-year old student who was not allowed to be excused from a test even though his brother was recently murdered.

Placing Finland's ranking as a world leader in education against the harsh reality of the U.S. educational system where so many students are falling through the cracks, we feel that the only morally responsible course of action would be to ignore the rhetoric emanating from the U.S. and to follow the lead of Finland in making public education a number one priority.

- Jinny Sims is President of the B.C. Teachers' Federation representing 42,000 public school teachers in B.C.

**Classified
Advertising
For A
Dollar A
Month?**

www.thenewsleader.ca

**A Dollar
A Month!**



Tracy James will be performing as part of the "Let's Play Princeton" concert set for May 13 and 14.

Let's Play Princeton Guidelines released

General RV Camping & Parking

- FREE Camping at Princeton Airport.
- Campground will open Wednesday, May 11, 2005.
- All Camping patrons will park as directed.
- General Camping is on a "First Come, First Serve" basis.
- Groups wishing to Camp together MUST enter together.
- All Campers are allowed to reserve only ONE additional Camp site. It is your responsibility to save the campsite. We are unable to allow reserving of additional sites in the Handicap Parking areas of the campgrounds.
- You MUST make arrangements to have your friends pick up their Camping Pass prior to their entry.
- The Gate will NOT be responsible to hold or distribute Stickers.
- ALL campers arriving earlier than Wednesday (or prior to their single day event) are subject to pay a \$6.00 ecological fee, exclusive of all taxes, for each day prior to Thursday. Campers may arrive as early as Wednesday at 10:00 AM.
- ALL campers arriving earlier than Wednesday must find alternate parking.
- No ATVs or off road vehicles are allowed on the Princeton airport site.
- There is handicap parking at the front of each campground. These are on first come first served basis. The saving of additional sites is not allowed in the handicap camping areas.
- For the safety of your pets please leave them home. It gets HOT in the campgrounds. Pets are not allowed on the Show Site and must be on leash when in the campsites. All pet owners MUST clean up after their pets. Failure to comply with these rules can result in removal from the site.
- Please do not block any roadways in front or behind your campsite. The roads and lanes must be kept open for fire and safety reasons.
- Please clean up your site before leaving.

- There are 5 general camping areas. Areas 'A', 'B' and 'C' are on the lower level. Area 'D'- Tent City as well as 'Day Parking' are located on the upper plateau.

For general camping inquiries contact us at: dq@nethop.net

FAQ'S

- Q) Can we have campfires?
A) Campfires are not allowed on the Princeton site.
- Q) Why do we see tents in Campgrounds A, B, C and D?
A) Each RV is allowed to have one tent set up in their campsites. Also, On occasion there are 'holes' that can only be filled by tents. These Spots are filled at the discretion of the Supervisor.
- Q) Are there hookups (power and water) or sewer dumps?
A) There are no hookups. Water and sewer trucks are on site and available for a fee. Please check with the tent for cost.
- Q) Once camped an in possession of our wrist bands, can we leave and drive into town?
A) Yes you can leave the site whenever you please. However, we urge you to take advantage of our shuttle service to help ease traffic congestion.
- Q) How late can we stay off site and still be able to return to our camp?
A) You may return at any time as long as you are in possession of your wristband and your vehicle has a camping decal attached to the window. Please assist our Security by showing your wristband and having your camping decal clearly displayed.
- Q) Would you please tell me why, when I have arrived at 10:00 PM, I have not been able to be assigned to a camping spot, even though

friends have saved me one?
A) We cannot safely park RV's after 10:00 PM as it is dark and a risk to our staff and patrons.

Q) Can we purchase an additional campsite just to use as additional parking?
A) All additional campsites must be filled with an RV by Friday. If the Site is still not filled on Friday - we reserve the right to use it for new arrivals.

Q) Why can't I just camp anywhere I want?
A) We have to ensure that emergency vehicles have access to all campsites. In order to achieve this, we need to have all patrons camp as directed.....continued on Page 10

www.thenewsleader.ca
www.thenewsleader.ca



PRINCETON PLAZA PARKING LOT

226A Bridge Street

Similkameen News Leader

LOCALLY OWNED & OPERATED WEEKLY NEWSPAPER
Phone: (250) 295-4149 • Fax: (250) 295-4103

McConnell, Voelkl

Chartered Accountants
Phone: (250) 295-5205 • Toll Free: 1-866-869-5634

Princeton Optometry Clinic

EYE EXAMS • EYE GLASSES • CONTACT LENSES
Phone: (250) 295-6640 • Toll Free: 1-877-222-2020

Cover2Cover Bookkeeping & Office Services

Phone: (250) 295-6905 • Fax: (250) 295-6905

4 Services...1 Location!

Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest teaches you how...

The Quiz - Week 10

Today's Date is Sunday, June 26th, 2005 - the Time is 11:00 PM.
According to PLP's Time Of Use Schedule, would this be in a "RED ZONE" time period or would it be in the "GREEN ZONE"?

Winners!

- 13 Weekly Draws - to April 29th, 2005
- ± \$25.00 Credit to the PLP Power Bill of your choice!
- Monthly Draws
- ± \$100.00 Credit to the PLP Power Bill of your choice!
- Final Grand Prize Draw - May 6th, 2005
- ± \$500.00 Credit to the PLP Power Bill of your choice!

The Gear

You will need a "Power-By-The-Hour" Resource Kit. They are available at both the Princeton Light & Power office and at the News Leader. You will require this kit to get the correct answers to the weekly questions.

The Loot Goes To

WEEK 9 \$25.00 WINNER - Keith Parsons

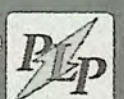
The Routine

- 1) Get Weekly Question from News Leader.
- 2) Determine Answer from Resource Kit.
- 3) Fill out Entry Form from PLP or News Leader.
- 4) Drop Off Entry at PLP or News Leader.
- 5) Win if Entry is Drawn.
- 6) Enter Weekly.
- 7) Have Fun!



Princeton Light & Power Co. Ltd.

231 Bridge Street, Princeton
Phone (250) 295-3244 Fax (250) 295-3611



www.thenewsleader.ca
www.thenewsleader.ca

Princeton Museum

SUMMER STUDENT URGENTLY REQUIRED

Museum Assistant

MAY - AUGUST 2005

\$10.00 per Hour/40 per Week

10:00 AM - 5:00 PM May - June 10:00 AM - 7:00 PM July - August
Some Weekend Shifts

Further Details from:

Nick Mills,

Princeton & District Museum & Archives Society

P O Box 281, Princeton, BC, V0X 1W0

(To whom applications should be made)

Phone: (250) 295-7588

e-mail: info@princetonmuseum.com

226A Bridge Street

Similkameen News Leader

LOCALLY OWNED & OPERATED WEEKLY NEWSPAPER

Phone: (250) 295-4149 • Fax: (250) 295-4103

McConnell, Voelkl

Chartered Accountants

Phone: (250) 295-5205 • Toll Free: 1-866-869-5634

Princeton Optometry Clinic

EYE EXAMS • EYE GLASSES • CONTACT LENSES

Phone: (250) 295-6640 • Toll Free: 1-877-222-2020

Cover2Cover Bookkeeping

& Office Services

Phone: (250) 295-6905 • Fax: (250) 295-6905

4 Services...1 Location!

Princeton Light & Power

AND

FortisBC

TOWN HALL MEETING

7:00 PM April 12

PLP Office

231 Bridge Street

Discussion of Sale of Shares of PLP to Fortis Inc.

Representatives from both companies will be present to answer questions regarding the sale.

This meeting is open to the public.

Let's Play Princeton guidelines

CAMPSITE SIZES

- All campsites are 20 ft. wide and approximately as long as your vehicle.

- The campsites in the Physically Challenged areas may be smaller in size in order to accommodate as many campers as possible.

RESERVED CAMPING

- Reserved camping was designed for those who may want to camp with their friends and may not be arriving at the same time.

- The advantage of reserved camping is to avoid having to arrive early and line up. A sticker, map and instructions along with your location are mailed to you in advance.

- When arriving you will find a numbered stake indicating your campsite which will match your sticker. Our camping attendant will be there to greet you and assist you to your location.

RESERVED CAMPING COST:

- Reserved camping costs are \$6.00 Eco charge on location assigned.

- ALL areas: \$6.00 eco charge inclusive of GST.

CAMPSITE SIZES AND RULES OF THUMB

- The size of your vehicle will determine your location and area which you are camped.

- Maximum site size is 20' wide by 48' in length.

- You are allowed one steering wheel per site, any vehicle being towed must fit within the area allowed (check size above).

- If you do not fit in the area allowed you would be required to park the towed vehicle in our day parking area, or arrange for a second site.

- Day parking is located at the gate of entry at a cost of \$1.00.

- All stickers must be placed on the vehicle, which is used to go on and off site only.

- All campers may have tents on their sites providing they fit within the area you are assigned to.

- Water/sewage trucks are available for a fee, please check with your reserved camping attendant for daily times.

- You may reserve your campsite in the following ways:

CONTACT US

Contact Tokn Productions

Phone: 250-295-7599

Fax: 250-295-7699

e-mail: dq@nethop.net

RESERVED CAMPING AREAS

CORRAL CAMPING AREA:

- Corral camping is our exclusive area because of it's location.

- Corral camping area is located 50 yards from the actual show site, directly in front of the administration building.

PHYSICALLY CHALLENGED

- There is a physically challenged camping area.

- This camp site is like all general camping areas and the same rules apply, (check general camping for details).

- Reservations are not taken for these campsites.

- Patrons must display their handicap stickers at the gate accompanied by a government letter matching name and ID number of the patron that the sticker is registered to.

- Friends accompanying this patron are allowed to share the camper but are not allowed to bring any other vehicle without their own legal sticker.

SERVICES

WATER

Although camp grounds are not available with hook-ups, we do provide fresh water fill and pumping services throughout the camping areas. This service can be arranged on site and will cost market value.

ONSITE SHUTTLE

An on-site 'SHUTTLE' will be accessible during the show days, this shuttle will connect downtown Princeton to the show grounds. Patrons with wristbands or tickets will access this service at no charge.

- May 13 10:00 am to 11:00 pm

- May 14 10:00 am to 11:00 pm

From downtown area, all hotels and motels to the airport.

To downtown area, all hotels and motels from the airport.

Saturday we will have a shuttle running to the P.X.A.Grounds where the rodeo will be (1:00-4:00 PM) and back.

OTHER SERVICES

- There are fully outfitted and manned First Aid Services on site.

- A special seating area for the physically challenged has been arranged. Ask any of our staff for directions.

- A one way road system is in effect this year on the north-west side of the festival grounds to assist in the service operations and ease the entrance and exit areas.

POLICIES

NO GLASS

The Let's Play Princeton organizers have established a 'NO GLASS' policy.

The Security Staff will ask that all glass containers be left at the patron's individual camp site(s). Patrons wishing to have refreshments are asked to do so in 'PLASTIC OR ALUMINUM' containers only. ACT RESPONSIBLY.

LAWN CHAIRS

Bring your own lawn chairs or any other form of seating.

NO VIDEO CAMERAS

At the request of the performing artists, there are to be NO VIDEO CAMERAS allowed on the site.

NO ATV'S

No personal ATV's will be permitted on the premises this year due to insurance problems.

PETS

Out of respect and courtesy to the artists and patrons, no pets will be permitted on the show grounds. We strongly recommend that you leave your pets to the care of a friend during your time at Let's Play Princeton; however, pets will be permitted on the camping grounds.

We strongly recommend that any pets left alone in RV's are to be properly fed and checked at regular intervals. We also recommend that all RV's be sufficiently ventilated and that water be provided for their pets. We ask that all patrons supervise their pets at all times while on the camping grounds. We require all pet owners to leash their pets at all times on camping grounds.

TIDBITS

JOIN THE FUN

We have a 'meet and greet' at the Princeton Arena. Doors will be open at 9:30 PM May 14, 2005.

There will be autographs, souvenirs, a cold buffet, refreshments and live entertainment featuring Russell Brewer on stage.

VOLUNTEERING

Volunteering is the fuel that drives the festival's engine. And so the time has come for us to seek eager volunteers for the 2005 Let's Play Princeton Music Festival. As a volunteer you will be part of a diverse team, with one common goal, to make this year's festival phenomenal.

PRE-REQUISITES:

- To volunteer is both a great privilege and responsibility, so to qualify you must meet several certain requirements.

- Register with the festival's volunteer coordinator by completing the volunteer registration form.

- To complete a minimum of 4 shifts over 4 days assigned by the volunteer coordinator.

We Provide:

Volunteers will receive one on site wristband, allowing them onto the show-grounds (May 13 & 14), per shift worked.

- Appropriate parking passes for camping.

- Map of concert site.

- Job descriptions.

- volunteer shirts.

- Confirmation of schedule for the weekend.

weekly entertainment guide

TUESDAY, APRIL 5, 2005 THROUGH MONDAY, APRIL 11, 2005



Kruncher coming soon to Keremeos

by Moe "The Eagle" Beaulieu
The Second Annual Keremeos Kruncher 50 km Run - to which a 25 km has been added for 2005 - is off and running on Saturday, May 14th.

The 8:00 AM Start/Finish is set for Liddicoat Road (at Highway 3A) near the graveyard, two miles North of Keremeos.

It's what I like to call "The Running Capital of Canada!!!"

The 50-kilometre course, although not as technical as most trail runs being 98% dirt ranch roads, is still one of the few TOUGHEST in the Pacific Northwest.

What makes this course so challenging is it's 8,514 feet of climb which will wear down the 'veterans' as well as 'newbies.'

The sport is called ULTRA Running...ULTRA meaning MORE THAN a MARATHON !!! Most of these folks run on and on and on....from 50-kilometre events to 40, 50 and even 100 miles races SOLO....not team relays but by themselves.

For the most part they are allergic to pavement!

Think Ultra running is for you? Here's what has been said about the 'off road antics' of these folks over the years: "ULTRA-RUNNERS....OR DO CRAZY PEOPLE KNOW THEY'RE CRAZY???"

I invite you to come out and watch, or run it if you are trained or join our dedicated crew of volunteers as we still need help.

Call me at (250) 499-2680 and tell me you are into this wild and crazy world of ULTRA-RUNNING...Tell me you want to run or

help!!!
Want to learn more?
Visit us on the worldwide web at www.eagleruns.com and that's where I'll teach you more about the sport and the events we are planning for this coming run season.

Now I'd like to pop in a plug thanking our "Major Sponsor" Keremeos Valu -Plus Foods as well as Sponsors such as Penticton's

Peach City Runners store.
I can't forget Similkameen Country, local ranchers for access, Keremeos Search & Rescue and our dedicated Crew of Volunteers.
Mark Saturday, May 14th on your calendar and remember Moe the Eagle said you'll enjoy Ultra-Running as much as the rest of us!!!

www.thenewsleader.ca
www.thenewsleader.ca

Upcoming Events

**Planning An Upcoming Event?
Advertise It FREE On Our Website...**
www.thenewsleader.ca

www.thenewsleader.ca
www.thenewsleader.ca

CLASSIFIED ADS FOR ONLY A DOLLAR A MONTH?

www.thenewsleader.ca

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services
226A Bridge Street
Princeton
(250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

SUBSCRIBE TO THE NEWS LEADER - GET 6 MONTHS FREE!

SUBSCRIPTION RATES

(ALL PRICES INCLUDE GST)

Princeton Local - Pick-Up, Regular	\$ 26.75
Princeton Local - Pick-Up, Senior	\$ 21.75
Similkameen Mail, Regular	\$ 35.75
Similkameen Mail, Senior	\$ 31.75
<small>(Princeton, Carleton Place, Keremeos, Healy, Ocala, Tulameen, Coalmont)</small>	
Out-of-Valley, British Columbia	
Rural or Box (VO), Regular	\$ 40.90
Rural or Box (VO), Senior	\$ 35.90
Delivery to Door, Regular	\$ 53.80
Delivery to Door, Senior	\$ 48.80
Out-of-Valley, Alberta, Rest of Canada	
Regular	\$ 53.80
Senior	\$ 48.80

NEW ONE YEAR SUBSCRIPTION PURCHASES MADE WITH VISA, MASTERCARD, AMERICAN EXPRESS OR DEBIT CARD WILL RECEIVE AN EXTRA 6 MONTHS!

(250) 295-4149



Stick Horse Races were fun for children at Princeton's Pro Rodeo!

Learn more about the sport of Rodeo

How much do rodeo pros pay?

Every competitor pays an entry fee up front or is disqualified from the competition. Many a young cowboy has slept in his pick-up and gone hungry to make sure the entry fee is paid. Hockey players, football players, and baseball or basketball players do not have to pay, as individuals, an entry fee to enable them to compete.

As individuals, rodeo pros spend more money on their sport than most other sports pros. The high cost of being involved in pro rodeo is comparable to the cost of snowmobile or yacht racing. The travel and equipment costs are huge. For those who must bring a horse to the competition, winnings rarely compensate for the costs unless the competitor is among the top 10 finalists in the world.

The cost of horse sense

Let's talk about the rodeo pros who travel with a horse. Barrel racers, tie-down ropers (calf ropers), steer wrestlers and team ropers compete on horseback. In no other sport does the competitor have to train an animal to assist in the sport. This means the competitor spends hundreds of hours in feeding, grooming and training the horse to do the job. Then there are the costs of transporting the horse to rodeos. This means having a pick-up truck to haul a horse trailer. In addition, there are often veterinarian costs involved in keeping the horse healthy, and farrier costs for shoeing the horse and filing its teeth when needed. Finally, the competitor must have a saddle and all the other tack. None of this comes cheap.

Hospital time costs money

Becoming a broken-down rodeo cowboy costs a lot. For the bronc and bull riders, one of the big costs may be due to personal injury. Most of these riders go to hospitals

regularly, not only during their learning years, but while they are competing. The animals they ride are basically wild, and some of these animals will not only buck off the rider, but will go after him when he hits the ground. At least one bull rider is killed every year.

A few screws loose?

What makes rodeo pros keep doing the sport?

Some people say it is because rodeo pros have a few screws loose, but the pros will tell you it is for the thrill. Every rodeo event holds the potential for personal injury, even barrel racing and tie-down roping. A calf can break the roper's ribs, a horse can trample

him, a bull can gore him, a fall can break bones. Every event demands skill, personal discipline and excellence, and when the competitor makes the best time, it is a thrill.

Riding for a dream

At the beginning of the season, there is the dream of being the national or world best, the dream of going to Edmonton for the Canadian finals and maybe to Las Vegas for the world finals. That's where the rainbow ends and the pot of gold waits.

First of the season:

Princeton Canadian Pro Rodeo: May 14 and 15, 2005, Princeton Fairgrounds.

More programs coming

The winter Princeton & District CYC Community Recreation Programs were a hit. Parents, children and youth attended a variety of programs over the winter months.

Children learned to cook, dance, play basketball, act, and just had a great time participating in recreational programs. The CYC Community Recreation Programs hire and train young adults and PSS students to lead a variety of activities in the community.

Our next Community Recreation Guide is out this week. The Spring 2005 CYC Community Recreation Guide hosts a variety of Asset Building activities for children, youth and adults. The Spring Guide includes activities happening throughout our community on

a daily basis.

Upcoming special events include the Traveling Movie Theatre at PSS on Friday, April 8 showcasing 'Two Brothers' at 6:30 pm and 'Lemony Snicket's A Series of Unfortunate Events' at 8:30 pm, Family Fun Dance - In Memory of Jim Boyce - at PSS on Friday April 15 from 6:30 - 8:30 pm, and SWAP & SHOP for KIDS items only on May 7th at the Arena from 9am-1pm (Table Rentals are \$10.00).

Thank you to the Town of Princeton, SD#58, local Schools, RDOS, Spotlight, and participants for sponsoring this program. For more information contact Nadine at 295-7222.

submitted by
Nadine McEwen CYC Asset Development Coordinator

www.thenewsleader.ca
www.thenewsleader.ca

tuesday movies

MORNING

10:00 am CITY (29) ★★½ "Buck Rogers in the 25th Century" (1979, Science Fiction) Gil Gerard. After passing through a time warp, a U.S. astronaut awakens 500 years later in the midst of a plot to conquer Earth. (E)

11:30 am A&E (9) ★★½ "Unlawful Entry" (1992, Suspense) Kurt Russell. A demented patrolman develops a fatal obsession with a happily married woman. (E)

AFTERNOON

5:00 pm WGN (38) "Robocop: The Future of Law Enforcement" (1994, Science Fiction) Richard Eden. A crime-fighting cyborg investigates a nefarious plot to create a computer that will control the entire city. (In Stereo)

EVENING

6:00 pm CITY (29) ★★½ "Unfaithful" (2002, Drama) Richard Gere. Premiere. An affluent housewife succumbs to the sexual spell of a charming Frenchman she met by chance in New York. (E)

9:00 pm FAM (26) ★★ "Summer Rental" (1985, Comedy) John Candy. An overworked air traffic

controller and his family head for Florida for a restful vacation that turns calamitous. (E)

9:10 pm WTBS (3) ★½ "Small Soldiers" (1998, Action) (PA) Kirsten Dunst. A teenage boy and his family get caught in a war between evil toy soldiers and nonhuman action figures. (E)

10:06 pm CITY (29) ★★½ "Unfaithful" (2002, Drama) Richard Gere. An affluent housewife succumbs to the sexual spell of a charming Frenchman she met by chance in New York. (E)

11:10 pm WTBS (3) ★★ "Osmosis Jones" (2001, Comedy) Bill Murray. Live action and animation mix in this tale of a white corpuscle and a cold pill who unite against a malevolent microbe. (E)

Weather?
Updated Hourly...
Road Reports?
Updated Daily...
www.thenewsleader.ca

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton

(250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

wednesday movies

MORNING

10:00 am CITY (29) ★★½ "Coneheads" (1993, Comedy) Dan Aykroyd. The stranded aliens from "Saturday Night Live" set up house in suburbia and evade immigration agents. (E)

11:00 am A&E (9) ★★ "Shades of Fear" (1994, Mystery) Vanessa Redgrave. A would-be aviator and a pair of suspected lesbian missionaries are among the passengers on a ship bound for England. (E)

EVENING

6:00 pm CITY (29) ★★½ "Red Dragon" (2002, Suspense) Anthony Hopkins. Premiere. The FBI agent who captured Hannibal Lecter asks for the jailed killer's help in nailing another murderous psychopath. (E)

9:00 pm FAM (26) ★★ "Funny About Love" (1990, Comedy) Gene Wilder. A romantic merry-go-round ensues when the issue of parenthood sends

a married man into the arms of an uninhibited woman. (E)

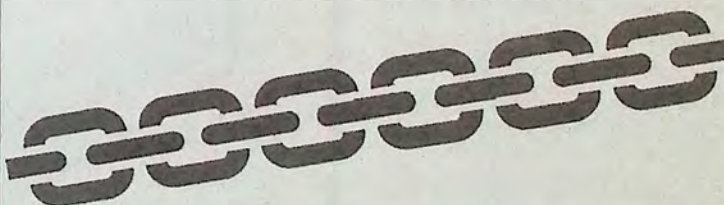
9:10 pm WTBS (3) ★½ "Blue Streak" (1999, Comedy) (PA) Martin Lawrence. A recently paroled thief poses as a cop in order to retrieve a gem he hid in an under-construction police station. (DVS)

10:06 pm CITY (29) ★★½ "Red Dragon" (2002, Suspense) Anthony Hopkins. Premiere. The FBI agent who captured Hannibal Lecter asks for the jailed killer's help in nailing another murderous psychopath. (E)

11:10 pm WTBS (3) ★★½ "Highlander II: The Quickening" (1991, Fantasy) (PA) Christopher Lambert. Alien assassins and environmental terrorists converge on the sword-wielding immortal in this sequel to the 1986 film. (E)

Similkameen News Leader

AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!

100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax: (250) 295-4103

www.thenewsleader.ca

TUESDAY, APRIL 5, 2005

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM	(5:00) Movie: "Mr. Nanny"	News	(Off Air)	Stretch Dragon	News	News	(5:30) Movie: "Unlawful Entry"	(5:00) News	News (Live)	(5:00) News (Live)	Monsters Hamtaro	SportsCentre	News	Daily Planet	Paid Prog.	Something	News	Maury Makeovers (N)	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Entry (1992) Kurt Russell	Good Morning America			Stickin Jacob	SportsCentre	Canada AM	Biker Build-Off	Sabrina	Aladdin	News	CityLine	Matlock "The Legacy"
8 AM	Dawson's Creek	100 Huntley Street (N) Judge J.	HI-5	Barney	Thomas Haden Church	Discover	Third Watch			100 Huntley Street (N)	SpongeBob LazyTown	SportsCentre		Monster Garage	Paid Prog.	Lilo Stitch		In Fashion	In the Heat of the Night
9 AM	Cosby	Curling: Ford World Champions	Little Bear	Sesame Street (E)	Linda Armstrong Kelly	Discover	Cold Case Files	Regs and Kelly	100 Huntley Street (N)	World Vision	Mona	Off-Record	Regs and Kelly	Daily Planet	Dharma	Pooh	Maury Makeovers (N)	News	Magnum, P.I.
10 AM	Home Imp.	Hips. From Victoria. (Live)	Madeline	Reading	Ellen DeGeneres Show	The Price Is Right	Cold Case Files	The View (N)	World Vision	Antique	Rupert	Augusta Mstrs.	The View (N)	Biker Build-Off	The Larry Elder Show	Higglytown	Jerry Springer (N)	Movie: "Buck Rogers in the 25th Century" (1979)	News
11 AM	Yes, Dear		Home Biz	Yoga	Frasier	Young and the Restless	Airline UK	News	The Insider	News (Live)	Hamtaro	UEFA	Balance	Beastly Countdown	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM	Drew		Math Shop	Sit-Be Fit	M*A*S*H	Movie: "Unlawful Entry" (1992) Kurt Russell, Ray Liotta.	One Life to Live	As the World Turns	As the World Turns	Days of our Lives	Neutron	Champion's League Soccer: Quarterfinal	Daily	Egypt	Perry Mason	Hercules	Maury	CityLine	Magnum, P.I.
1 PM	MLB Baseball: Atlanta Braves at Florida Marlins. (Live)	Days of our Lives	SportFish Planet	Art	Days of our Lives	As the World Turns	General Hospital	Passions	Passions	Passions	George S. Care Bears	Burning	General Hospital	Motorcycle Mania	Fam. Feud	Mermald	Jerry Springer	Relic Hunter	Funnest Home Videos
2 PM	Braves at Florida Marlins. (Live)	Starting Over (N)	Gaslight Health	Mr Rogers	Passions	Guiding Light	Third Watch	General Hospital	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Super Ships	Starting Over (N)	Fillmore	MegaMan	News (Live)	Home Imp.
3 PM		Just-Gags	Dora	Postcards	Brown	Dr. Phil	Cold Case Files	The Jane Pauley Show	Young and the Restless	Young and the Restless	Mischief	Sports							Will-Grace
4 PM	Raymond	Simpsons	George S.	Cyberchas	Judge J.	Oprah Winfrey	Cold Case Files	Millionaire	Oprah Winfrey	News	Neutron	MLB Baseball: Toronto Blue Jays at Tampa Bay Devil Rays. (Live)	Frasier	Daily Planet	Little House	Recess	Pokémon	Sex & City	Will-Grace
5 PM	Friends	News	Babar	BBC World	News	News	Cold Case Files (N)	News	News	News	Oddparent	Blue Jays at Tampa Bay Devil Rays. (Live)	News	American Chopper	Malcolm King of Hill	Proud	Sabrina	Smallville	"Robocop: The Future of Law Enforcement"
6 PM	Sex & City	Will-Grace	Planet	News-Lehrer	News	News	Dog	News	News	Train 48	SpongeBob		News	American Chopper (N)	Simpsons	So Raven	Friends	Movie: "Unfaithful" (2002)	WGN News at Nine
7 PM	Seinfeld	Fortune	Parks	Nova "Great Escape"	Jeopardy!	Seinfeld	Knivel's Wild Ride (N)	Entertain	Entertain	Judging Amy (N)	Mystery	SportsCentre (Live)	eTalk Daily	American Hot Rod	Will-Grace	Brotherly	Raymond	Richard Gere. Premiere.	
8 PM	Raymond	Doctor Who (N)	Shakespeare	Globe Trekker	Will-Grace	NCIS "Chained"	Intervention	My Wife Lopez	The Outer Limits	The Outer Limits	Dragon		American Idol	Daily Planet	American Idol	Boy World	Gilmore Girls	News	Becker
9 PM	Movie: "Small Soldiers" (1998)	This Is Wonderland (N)	Notes Imprint	Frontline (N)	Scrubs (N)	The Office	The Amazing Race 7	Jim Rodney (N)	House "Fidelity"	House "Fidelity"	Mystery Funpak	UEFA Champions League Soccer: Quarterfinal	The Amazing Race 7	American Chopper	House "Fidelity"	Movie: "Summer Rental" (1985)	The Starlet (N)	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Kirsten Dunst.	The National	Canada-History	Dust to Dust	Law & Order: SVU	Judging Amy (N)	Dog	Blind Justice (N)	Judging Amy (N)	News	Gn. Jones	Soccer: Quarterfinal	Law & Order: SVU	American Hot Rod	Malcolm	Boy World	Prime News	Movie: "Unfaithful" (2002)	Street
11 PM	(11:10) "Osmosis Jones"	News	Reach Top	News	News	News	Knivel's Wild Ride	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCentre (Live)	News	American Chopper	Becker	My So-Called Life	Will-Grace	Elimidate	

WEDNESDAY, APRIL 6, 2005

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM	Movie: "Small Soldiers"	News	(Off Air)	Body Elec. Dragon	News	News	(5:00) "Shades of Fear"	(5:00) News	News (Live)	(5:00) News (Live)	Monsters Hamtaro	SportsCentre	News	Daily Planet	Paid Prog.	Something	News	Maury Lie-detector test.	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Investigative Reports	Good Morning America			Stickin Jacob	SportsCentre	Canada AM	American Chopper	Sabrina	Aladdin	News	CityLine	Matlock "The Legacy"
8 AM	Dawson's Creek	100 Huntley Street (N) Judge J.	HI-5	Barney	Bobby Farrelly; ice dancers;	Discover	Third Watch			100 Huntley Street (N)	SpongeBob LazyTown	SportsCentre		American Chopper	Paid Prog.	Lilo Stitch		Star! Inside	In the Heat of the Night
9 AM	Cosby	Curling: Ford World Champions	Little Bear	Sesame Street (E)	Jacquelyn Mitchard.	Discover	City Confidential	Regs and Kelly	100 Huntley Street (N)	World Vision	Mona	Off-Record	Regs and Kelly	Daily Planet	Dharma	Pooh	Maury Lie-detector test.	News	Magnum, P.I.
10 AM	Home Imp.	Hips. From Victoria. (Live)	Zoboo	Reading	Ellen DeGeneres Show	The Price Is Right	American Justice	The View (N)	World Vision	Diva Dime	Rupert	Augusta Mstrs.	The View (N)	American Chopper	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "Coneheads" (1993)	News
11 AM	Harvey		Caller's Choice	Yoga	Frasier	Young and the Restless	Movie: "Shades of Fear" (1994), John Hurt	News	The Insider	News (Live)	Hamtaro	Women's Hockey: IIHF World Champ. -- Canada vs. Sweden	Balance	Nature of the Beast (N)	Montel Williams	King	Jerry Springer	Dan Aykroyd.	MLB Baseball: Cleveland Indians at Chicago White Sox. (Live)
12 PM	Drew		Gardens	Charlie Rose (N)	Shop	Shop	Bold & B.	All My Children	News (Live)	Days of our Lives	Neutron	Champion's League Soccer: Quarterfinal	Daily	Natri Wonders	Perry Mason	Hercules	Maury	CityLine	Indians at Chicago White Sox. (Live)
1 PM	Yes, Dear	Days of our Lives	Thimbles Planet	Painting	Days of our Lives	As the World Turns	Investigative Reports	One Life to Live	As the World Turns	As the World Turns	George S. Care Bears	UEFA	Vicki G.	What's That About?	Fam. Feud	Mermald	Jerry Springer	Relic Hunter	
2 PM	Home Imp.	Starting Over (N)	Gaslight Health	Mr Rogers	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona	Champion's League Soccer: Quarterfinal	General Hospital	How-Made	Pat Croce	Dalmatian	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Just-Gags	Dora	Postcards	Brown	Dr. Phil	City Confidential	The Jane Pauley Show	Young and the Restless	Young and the Restless	Jacob	Sports	Dr. Phil	How-Made	Starting Over (N)	Fillmore	MegaMan	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	George S.	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Neutron	UEFA Champions League Soccer: Quarterfinal	Frasier	Daily Planet (N)	Little House	Recess	Pokémon	Sex & City	Will-Grace
5 PM	Raymond	News	Creatures	BBC World	News	News	American Justice	News	News	News	Oddparent	Blue Jays at Tampa Bay Devil Rays. (Live)	News	Southern Chopper	Malcolm King of Hill	Proud	Sabrina	Next Top Model	Matlock "The Diner"
6 PM	Seinfeld	Will-Grace	Imprint	News-Lehrer	News	News	Knivel's Wild Ride	News	News	RONA	SpongeBob	Women's Hockey	News	Simpsons	So Raven	Friends	Movie: "Red Dragon" (2002)	WGN News at Nine	
7 PM	Sex & City	Fortune	Wildness	AR FYI	Jeopardy!	Seinfeld	Monster Hoax	Entertain	Entertain	Queer Eye-Guy	Mystery	SportsCentre (Live)	eTalk Daily	MythBusters	Will-Grace	Brotherly	Raymond	Anthony Hopkins. Premiere.	
8 PM	Friends	Antiques Roadshow	Stuarts	Great Performances (N)	Dateline NBC	60 Minutes Wednesday	Crossing Jordan	Lost "Do No Harm" (N)	"70s Show	"70s Show	Dragon	UEFA Champions League Soccer: Quarterfinal	Lost "Do No Harm" (N)	Daily Planet	"70s Show	Boy World	Smallville "Pariah"	News	Becker
9 PM	Movie: "Blue Streak" (1999)	Princess Camilla	Wild Move	On Stage at the Kennedy Center	The West Wing (N)	King	American Justice	(9:01) Alias "Nightingale" (N)	Gilmore Girls	King	Mystery	Champion's League Soccer: Quarterfinal	Idol	MythBusters	Idol	Movie: "Funny About Love" (1990)	Smallville "Jinx"	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Martin Lawrence.	The National	With Glowing Hearts	Law & Order	CSI: NY	Knivel's Wild Ride	Eyes "Whereabouts"	Queer Eye-Guy	Queer Eye-Guy	News	Gn. Jones	Soccer: Quarterfinal	CSI: NY	Southern Chopper	Malcolm	Boy World	Prime News	Movie: "Red Dragon" (2002)	Street
11 PM	"Highlander 2"	News	Second	Charlie Rose (N)	News	News	Monster Hoax	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCentre (Live)	News	American Chopper	Becker	My So-Called Life	Will-Grace	Elimidate	

Regular Meetings

- * Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- * Hedley Library open 2-7pm Thursdays
- * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre, 295-6150.
- * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- * Legion Branch 56 meets 3rd Thursday of month 7:30 p.m. Legion Hall
- * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- * Living Water Church hosts Ladies Aerobics, Tuesdays/Thursdays, 6:00 - 7:00 PM. \$2 drop-in fee. POSTPONED 'TIL NEW YEAR
- * Living Water Church hosts "Country Gospel Hour" 7:00 PM the last Saturday of each month
- * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- * Just For Me Ladies Group meets 1st Monday of the month, 7:00 PM Living Water Church.
- * Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

Similkameen News Leader
Community Calendar

APRIL

- 13 - Minor Hockey AGM, 6:30 PM, Arena Mezzanine
- 21 - 54th Annual Family Fair, 1:00 PM, PSS Gym
- 23 - Lions Club Flea Market & Auction, Arena

MAY

- 7 - Stamp Mill Celebration, Hedley
- 10 - Highland Dancers Tea Fundraiser
- 13, 14, 15 - Let's Play Princeton Concert
- 14, 15 - CPRA Rodeo, Princeton Fairgrounds
- 22 - Keremeos Pow Wow, Ashnola Pow Wow Grounds
- 22, 23, 24 - Meadowlark Festival

JUNE

- 4 - Centennial Pool Opens
- 4 - Rotary Club Golf Tournament, Princeton Golf Club
- 5 - Princeton Motor Sports Event, Fairgrounds
- 11 - Annual Country Dinner, Living Water Church
- 17 - Camp Tulahead opens for Summer
- 30 - Princeton Racing Days, Fairgrounds

JULY

- 1 - Canada Day Celebrations
- 1, 2, 3 - Young Life AGM, RockRidge Canyon
- 2 - Princeton Paintball Scenario Weekend
- 10 - Trans Canada Trail Challenge
- 30, 31 - Tulameen Family Days

AUGUST

- 1 - Tulameen Family Days

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

thursday movies

MORNING

10:00 am CITY 29 ★½ "For Richer or Poorer" (1997, Comedy) Tim Allen. Culture shock knocks two pampered Manhattanites for a loop when they pose as an Amish couple to evade the IRS.

AFTERNOON

5:00 pm WGN 38 ★ "The Wash" (2001, Comedy) Dr. Dre. A young man alienates his lazy pals after he becomes the new assistant manager at a car wash. (In Stereo) [E]

EVENING

6:00 pm CITY 29 ★★½ "Fubar" (2002, Comedy) Paul Spence. Premiere. A documentary filmmaker chronicles the daily activities of two hard-drinking fans of heavy-metal music. [E] (DVS)

7:00 pm WTBS 3 ★★ "The Specialist" (1994, Drama) (PA) Sylvester Stallone. A woman enlists the aid of an explosives expert to take revenge on the Miami gangsters who murdered her parents. [E]

9:00 pm FAM 26 ★★½ "Pretty in Pink" (1986, Drama) Molly Ringwald. A teenager worries that her low-income roots might affect her

budding relationship with a wealthy classmate. [E]

9:10 pm WTBS 3 ★★½ "The Terminator" (1984, Science Fiction) (PA) Arnold Schwarzenegger. A cyborg from the future is sent to present-day L.A. to kill a woman who is destined to give birth to a revolutionary. [E]

10:06 pm CITY 29 ★ "Alien Fury: Countdown to Invasion" (2000, Science Fiction) Chyna. A San Diego police officer suspects that a government agency falsely claimed to have detected an alien invasion force.

11:10 pm WTBS 3 ★★ "The Specialist" (1994, Drama) (PA) Sylvester Stallone. A woman enlists the aid of an explosives expert to take revenge on the Miami gangsters who murdered her parents. [E]

friday movies

MORNING

10:00 am CITY 29 ★★½ "Murder Without Motive: The Edmund Perry Story" (1992, Drama) Anna Maria Horsford. Based on Robert Sam Anson's book about the 1985 death of a black honor student at the hands of police.

AFTERNOON

5:00 pm WGN 38 "The Void" (2001, Science Fiction) Adrian Paul. A corporation's new process of generating cheap and unlimited energy may bring about the Earth's destruction. (In Stereo) [E]

EVENING

6:00 pm WTBS 3 ★★½ "The American President" (1995, Comedy-Drama) Michael Douglas. America's commander in chief places his political future at risk when he starts dating a dynamic lobbyist. [E] CITY 29 ★★ "Summer Catch" (2001, Comedy-Drama) Freddie Prinze Jr. A baseball player's blue-collar roots may keep him from scoring with an upper-class beauty vacationing in Cape Cod.

7:30 pm FAM 26 ★★½ "Cadet Kelly" (2002, Comedy-Drama) Hilary Duff. A new cadet at a military academy must prove that she is stronger than the upperclassman who wants to break her. [E]

8:00 pm CHBC 4 ★★½ "Splash" (1984, Comedy) Tom Hanks. A New York bachelor falls in love with a woman who just happens to be the mermaid who saved him as a child. [E]

KNOW 5 "A Respectable Trade" (1998, Drama) (Part 1 of 2) Warren Clarke. A slave merchant deals with his deeply ambivalent wife, who is attracted to one of his captives.

8:40 pm WTBS 3 ★½ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. [E]

9:10 pm FAM 26 ★★½ "The Addams Family" (1991, Comedy) Anjelica Huston. Long-lost Uncle Fester returns home under suspicious circumstances in this big-screen adaptation of the cult TV series. [E]

10:06 pm CITY 29 "Pleasures of Sin" (2001, Adult) Chloe Nicole. Romantic sparks fly between a police officer and the madam who was blackmailed into helping nail a drug lord.

10:50 pm FAM 26 ★★½ "Just One of the Guys" (1985, Comedy) Joyce Hyser. When sexism causes her to be passed over as a journalism intern, a teenager disguises herself as a male.

Similkameen News Leader
Recipe Corner (Recipe #58)

Over Night Buns

(STOLEN FROM MOM'S COLLECTION))

- 1 pkg. yeast
- (soaked in 1/4 cup warm water)
- Beat 3 eggs with 3/4 cup sugar
- 2 tsp. salt and 1/2 cup oil
- Add 2 1/2 cups warm water
- Add flour until stiff

Let rise three times (1 hour apart) and the fourth time put in pans and leave overnight.

reprinted with permission. Copyright 1934, 1943, 1955, 1967, 1975, 1988, 1992, 2000, 2001, 2002 and 2005 Audrey W. Elliott.

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

ICBC
Autoplan
Insurance
We've got it!

ALSO INSURANCE FOR YOUR
HOME, FARM AND BUSINESS!



Cathy Montgomery
has the details!

ValleyFirst
INSURANCE SERVICES

8:30 AM - 5:00 PM
Monday - Friday

9:00 AM - 3:00 PM
Saturday

114 Tipton Avenue
Princeton
(250) 295-6200

Horoscopes

April 6 - 13, 2005

Aries - This week, you feel like you're blossoming along with springtime. You're full of plans, and you want to take action on them right now. Slow down! Be practical. There are restrictions.

Taurus - You are happy this week, and may feel lazy, but your career is too active for you to slow down. You get health and job benefits.

Gemini - You really want to get away from your humdrum routine now and you can do it this weekend. Children, young people keep you busy and having fun. Listen to your inner self talking, teaching.

Cancer - Good times with family, job, overcome problems this weekend, and you can change your employment to your benefit if you wish.

On Monday, go back to original career plan in early March, start fresh.

Leo - You have itchy feet this weekend and want to go places, but duty will call you. Take care of chores and make Sunday your day for action. Partner will go along with your plans now. Have fun!

Virgo - You receive good news this week about health and job, but situation may challenge your plans. This is a good weekend to stay home and do your taxes. Review financial picture, try to make life better.

Libra - Partner is loving, full of fun, but parents, family may make demands. Take care of problems first, then enjoy the weekend. Adjust your attitude, show consideration. Your head is too swelled.

Scorpio - Job and health are good, but you face challenges from long distance travel, education demands. You will probably spend weekend sorting out priorities. Family fun disrupts short-term plans. Enjoy!

Sagittarius - Success in one area is challenged by demands to keep working hard. This is the time to send in your tax return, do the chores, take care of business. Avoid driving this weekend.

Capricorn - Partner, spouse, continues a problem, which may be solved this weekend by having some fun. Money problems will not last forever! Career requires short trips, but brings profits this weekend.

Aquarius - You are in for a lot of action this weekend, although health may put a dent in the fun. Long distance travel plans may go into action this week. You take information from a lot of sources.

Pisces - Your worry level is pushed up a notch by concerns about taxes, investments. You can take fortunate action now in regard to personal finances. Double check all information. Save weekend for short trip.

THURSDAY, APRIL 7, 2005

Grid of TV programming for Thursday, April 7, 2005. Columns represent channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows represent time slots from 6 AM to 11 PM. Each cell contains the program title and channel number.

FRIDAY, APRIL 8, 2005

Grid of TV programming for Friday, April 8, 2005. Columns represent channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows represent time slots from 6 AM to 11 PM. Each cell contains the program title and channel number.

saturday movies

MORNING

7:00 am WTBS (3) ★★ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. (DVS)

9:15 am WTBS (3) ★★ "Back to the Future Part II" (1989, Fantasy) (PA) Michael J. Fox. A teenager and a wacky inventor travel both forward and backward in time to alter a disastrous series of events. (DVS)

10:00 am A&E (9) ★★ "Chocolat" (2000, Fantasy) Juliette Binoche. A single mother and her magical chocolates sweeten the sour residents of a picturesque French village. (DVS)

11:00 am WGN (38) ★★ "Meet Wally Sparks" (1997, Comedy) Rodney Dangerfield. As the threat of cancellation looms, a TV talk show host pulls an outrageous stunt in an attempt to boost his ratings. (In Stereo) (DVS)

11:35 am WTBS (3) ★★ "Ghostbusters" (1984, Comedy) (PA) Bill Murray. Free-

lance ghost fighters meet big-time poltergeists when a demon tries to reach Earth through a Manhattan high-rise. (DVS)

AFTERNOON

12:00 pm FAM (26) "Zenon: Z3" (2004, Science Fiction) Kirsten Storms. As Zenon prepares for an important contest, an activist seeks her help in a quest to prevent the moon's colonization. (DVS)

12:30 pm A&E (9) ★★ "Monster's Ball" (2001, Drama) Billy Bob Thornton. A prison guard begins a tentative romance with the unsuspecting widow of a man whose execution he presided over. (DVS)

1:30 pm FAM (26) "Magic in the Mirror" (1996, Fantasy) Jamie Renee Smith. A little girl discovers a magical world inside her grandmother's mirror where her imaginary friends come alive.

2:00 pm WTBS (3) ★★ "Blast From the Past" (1999, Comedy) Brendan Fraser. A young man experiences culture shock as he navigates 1998 suburbia after spending his whole life

in a bomb shelter. (DVS)

4:00 pm KTLA (27) ★★ "The Wings of the Dove" (1997, Drama) Helena Bonham Carter. A British socialite and her destitute lover befriend a wealthy American woman with a terminal illness. (In Stereo)

EVENING

6:00 pm CITY (29) ★★ "About a Boy" (2002, Comedy-Drama) Hugh Grant. Premiere. An irresponsible bachelor learns maturity and compassion through his friendship with a lonely boy. (In Stereo) (DVS)

7:00 pm WTBS (3) ★★ "Road Trip" (2000, Comedy) Tom Green. Four college buddies take time out to party as they travel from New York to Texas to retrieve an incriminating video. (DVS)

CHBC (4) ★★ "102 Dalmatians" (2000, Adventure) Glenn Close. A reformed Cruella De Vil reverts back to her evil self and resumes her plans to make a fur coat out of spotted puppies. (DVS)

8:00 pm KSPS (6) ★★ "55 Days at Peking" (1963, Adventure) Charlton Heston. In 1900 China, an American major tries to protect Westerners from the violence of Chinese nationalists.

KHQ (7) ★★ "Bowfinger" (1999, Comedy) Steve Martin. A

failed filmmaker tries one last shot at success by shooting a movie around an unwitting and paranoid action star. (In Stereo) (DVS)

8:30 pm WGN (38) ★★ "Chain of Command" (2000, Action) Michael Biehn. The U.S. president is kidnapped along with a portable command center capable of launching nuclear missiles. (In Stereo)

9:00 pm WTBS (3) ★★ "Money Talks" (1997, Comedy) (PA) Chris Tucker. A fast-talking con artist asks a TV reporter for help in evading the cops and robbers who are hot on his trail. (DVS)

CHBC (4) ★★ "Emma" (1996, Comedy) Gwyneth Paltrow. Based on Jane Austen's novel of the romantic disasters that ensue when a young Englishwoman decides to play matchmaker. (DVS)

KXLY (10) ★★ "About a Boy" (2002, Comedy-Drama) Hugh Grant. Premiere. An irresponsible bachelor learns maturity and compassion through his friendship with a lonely boy. (In Stereo) (DVS)

YTV (18) ★★ "Mr. Mom" (1983, Comedy) Michael Keaton. A rising young executive gets an on-the-job education in housekeeping after he loses his job and his wife goes to work.

FAM (26) ★★ "Chaplin" (1992, Biography) Robert Downey Jr. Richard Attenborough's epic portrait

of comic Charles Chaplin, from his London childhood to silent film superstardom. (N)

CITY (29) ★★ "The Jackal" (1997, Suspense) Bruce Willis. An imprisoned Irishman accepts an FBI offer to find and stop a chameleonlike assassin in exchange for clemency.

11:00 pm WTBS (3) ★★ "Back to the Future Part II" (1989, Fantasy) (PA) Michael J. Fox. A teenager and a wacky inventor travel both forward and backward in time to alter a disastrous series of events. (DVS)

11:22 pm FAM (26) ★★ "Dirty Rotten Scoundrels" (1988, Comedy) Steve Martin. Two con artists zero in on a wealthy woman in a contest to determine who will lay claim to the French Riviera.

11:30 pm CITY (29) ★★ "About a Boy" (2002, Comedy-Drama) Hugh Grant. Premiere. An irresponsible bachelor learns maturity and compassion through his friendship with a lonely boy. (In Stereo) (DVS)

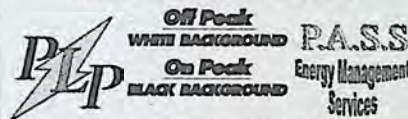
Similkameen News Leader Community Events Cruiser



CALL US TO COVER YOUR EVENT - (250) 295-4149

LEGEND TO THE TV LISTINGS Normal Months September - June "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Normal Months code.



Princeton Light & Power
231 Bridge Street, Princeton
Phone (250) 295-3244
Fax (250) 295-3611

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12 NOON	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

8:00 am WTBS (3) ★★ "Road Trip" (2000, Comedy) Tom Green. Four college buddies take time out to party as they travel from New York to Texas to retrieve an incriminating video. (DVS)

8:30 am A&E (9) ★★ "The Outsiders" (1983, Drama) Matt Dillon. Teenage gang life is seen through the eyes of a sensitive youth. Based on S.E. Hinton's best-selling novel. (DVS)

10:30 am A&E (9) ★★ "No Way Out" (1987, Drama) Kevin Costner. A Navy officer becomes involved in political and romantic intrigue of the highest order after taking a Pentagon job. (DVS)

11:00 am CITY (29) ★★ "Romy and Michele's High School Reunion" (1997, Comedy) Mira Sorvino. With their 10-year class reunion approaching, two brainless buddies decide to pose as successful businesswomen. (DVS)

12:00 pm FAM (26) ★★ "Prehysteria" (1993, Fantasy) Austin O'Brien. Five diminutive dinosaurs wreak havoc after hatching in a suburban family's basement. (DVS)

1:00 pm WTBS (3) ★★ "Analyze This" (1999, Comedy) (PA) Robert De Niro. A psychiatrist cannot refuse to help one of New York's most-feared mobsters get over his anxiety attacks. (DVS)

KTLA (27) ★★ "RocketMan" (1997, Comedy) Harland Williams. Real astronauts react with trepidation when a klutzy scientist wins a berth on the first manned mission to Mars.

1:30 pm FAM (26) ★★ "Explorers" (1985, Science Fiction) Ethan Hawke. Three boys -- a dreamer, a whiz kid and a social misfit -- combine their talents and construct a homemade spaceship.

2:00 pm VTV (22) "The Hound of the Baskervilles" (2000, Mystery) Matt Frewer. A mysterious death leads Sherlock Holmes to investigate the legend of a vicious canine roaming the English moors. (In Stereo) (DVS)

AFTERNOON

2:30 pm CHBC (4) ★★ "A Wrinkle in Time" (2003, Adventure) Alfre Woodard. Premiere. Three celestial beings help two children travel through time to find their father and his lab partner. (DVS)

3:00 pm WTBS (3) ★★ "The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (DVS)

KTLA (27) ★★ "Whispers: An Elephant's Tale" (2000, Drama) Voices of Angela Bassett. Nature filmmaker Dereck Joubert directed this fictionalized account of an orphaned elephant's adventures.

4:00 pm YTV (18) ★★ "Charlotte's Web 2: Wilbur's Great Adventure" (2003, Adventure) Voices of David Beron. Animated. Wilbur the pig sets out to find his new friend, a lamb who has been sold to another farmer.

5:00 pm WTBS (3) ★★ "Space Cowboys" (2000, Adventure) Clint Eastwood. Premiere. Four aging Air Force buddies get a long-overdue opportunity for space travel when NASA taps them for an urgent mission. (DVS)

WGN (38) ★★ "Fantastic Voyage" (1966, Science Fiction) Stephen Boyd. A surgical task force is reduced to microbe size to perform

a delicate operation inside the brain of a dying scientist.

EVENING

6:00 pm CITY (29) ★★ "High Crimes" (2002, Suspense) Ashley Judd. Premiere. A lawyer faces the fight of her life when she must defend her ex-Marine husband against murder charges. (In Stereo) (DVS)

7:30 pm WTBS (3) ★★ "Space Cowboys" (2000, Adventure) Clint Eastwood. Four aging Air Force buddies get a long-overdue opportunity for space travel when NASA taps them for an urgent mission. (DVS)

8:00 pm CHBC (4) "H2O" (2004, Suspense) (Part 1 of 2) Paul Gross. The possible assassination of his predecessor and a plot to sell a valuable resource surround Canada's prime minister. (DVS)

9:00 pm KREM (8) ★★ "High Crimes" (2002, Suspense) Ashley Judd. Premiere. A lawyer faces the fight of her life when she must defend her ex-Marine husband against murder charges. (In Stereo) (DVS)

FAM (26) ★★ "A Fine Mess" (1986, Comedy) Ted Danson. An aspiring actor and a roller-skating waiter become entangled in a race-fixing racket.

10:00 pm WTBS (3) ★★ "Tin Cup" (1996, Comedy-Drama) Kevin Costner. An attractive psychologist and a smarmy rival inspire an undisciplined golfer to swing for the professional ranks. (DVS)

10:30 pm FAM (26) ★★ "8 Heads In a Duffel Bag" (1997, Comedy) Joe Pesci. A mob messenger's luggage containing grisly contents is mistakenly switched with a med student's bag at an airport.

11:00 pm CITY (29) ★★ "High Crimes" (2002, Suspense) Ashley Judd. Premiere. A lawyer faces the fight of her life when she must defend her ex-Marine husband against murder charges. (In Stereo) (DVS)

Weather?
Updated Hourly...

Road Reports?
Updated Daily...

www.thenewsleader.ca

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton
(250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

www.thenewsleader.ca

LOCAL WEATHER - UPDATED HOURLY
ROAD REPORTS - UPDATED DAILY
ONLINE CLASSIFIEDS
CALENDAR OF EVENTS
WEEKLY NEWS & SPORTS

www.thenewsleader.ca

MONDAY, APRIL 11, 2005

Television schedule grid with columns for channel (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

10:00 am CITY (29) ★★½ "Romy and Michele's High School Reunion" (1997, Comedy) Mira Sorvino. With their 10-year class reunion approaching, two brainless buddies decide to pose as successful businesswomen.

11:30 am A&E (9) ★★½ "Gung Ho" (1986, Comedy) Michael Keaton. American autoworkers have a hard time accepting new work ethics when a Japanese car manufacturer takes over.

EVENING

8:00 pm WTBS (3) ★★½ "Kingpin" (1996, Comedy) Woody Harrelson. An ex-professional bowler and his talented Amish protegee hustle their way across the country to a big-money tournament.

CHBC (4) "H20" (2004, Suspense) (Part 2 of 2) Paul Gross. The possible assassination of his predecessor and a plot to sell a valuable resource surround Canada's prime minister.

9:00 pm FAM (26) ★★½ "Adventures in Babysitting" (1987, Comedy) Elisabeth Shue. Mishaps turn a rou-

tine sitting assignment into a hair-raising evening for three youths and their teenage guardian.

10:00 pm WTBS (3) ★★½ "National Lampoon's Loaded Weapon 1" (1993, Comedy) Emilio Estevez. A loose cannon and his strait-laced partner battle bad guys and bad puns in this send-up of action flicks.

10:06 pm CITY (29) ★★ "The Jackal" (1997, Suspense) Bruce Willis. An imprisoned Irishman accepts an FBI offer to find and stop a chameleonlike assassin in exchange for clemency.

Weather?

Updated Hourly...

Road Reports?

Updated Daily...

www.thenewsleader.ca

Let's Play Princeton Trivia!

Question:

Which newspaper claimed to be 'The largest newspaper in the Province outside of Kamloops, Vernon and Vancouver?'

Last Week:

Garnet Sootheran struck it rich at Eagle Creek.

www.princetonmuseum.com

Brought to you courtesy of: PRINCETON MUSEUM

THE NEWS LEADER WORD SEARCH

Word search grid containing letters arranged in a 15x15 grid.

LET'S TALK ABOUT "FEMALE SINGING STARS"

GARLAND HOUSTON DAY HOLIDAY ANDREWS WARWICK

STREISAND JOPLIN TWAIN BUFFY CLOONEY ROSS

CARROLL ANDERSON GOLDBERG FONDA PIAF GOURMET

WYNETTE PARTON JACKSON HORNE MADONNA JONES

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Classified Advertising Rates



25 words \$5.00 + GST
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)



All Classified Ads *must* be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



obituary

JOHNSON, Mary Josephine (nee Raab) passed away at Princeton General Hospital on March 25, 2005 at the age of 74. Mary was born in St. Gregor, Saskatchewan on April 19, 1930. She moved to Princeton in 1954 where she met Ed. They were married on April 11, 1955. Mary is survived by her husband Ed, sons Ken (Margaret), Gordon (Valerie) and Rick (Susie), 4 grandchildren - Jeff, Brad, Alissa and Brady, brothers Andy and Larry and sister Betty. Mary will be remembered for her many acts of kindness, compassion and caring. Prayers were held Wednesday, March 30 at 7:00 PM at St. Peter's Catholic Church. Funeral service was on Thursday, March 31, 2005 at 10:00 AM at St. Peter's Catholic Church. In lieu of flowers donations may be made to the Canadian Diabetes Association.

obituary

for sale

1978 Dodge Diplomat motorhome. 318, sleeps 6, very clean, runs great. \$6,500. (250) 295-6700. Mar 29-Apr 12

1992 GMC 4x4 X-Cab. Good condition, new brakes. \$10,000 OBO. (250) 295-7480. Mar 29-Apr 12

1990 3/4 ton 4x4 7.3 Turbo Diesel. \$7,000 OBO. (250) 498-2421 or 498-7550. Mar 22-Apr 05

*****BIG SPECIAL*****
Edging Pyramid Cedars
4' 10 for \$165
5' 10 for \$225
6' 10 for \$300
Also, Emerald Cedars Avail.
FREE DELIVERY
Call Budget Nursery
TOLL FREE 1-866-498-2189
Mar 14th (b)

WOOD PELLET SALES & DELIVERY
Call
Princeton Rentals
(250) 295-6545

for rent

4 bedroom house, available immediately. (250) 295-4095. Mar 29

Quiet, furnished kitchen units. Cable TV and utilities included. Centrally located. Weekly, monthly rates. (250) 295-3237.. Dec 14-15th (b-mc)

2 bedroom house in Hedley. \$475/month plus utilities and damage deposit. Call Ed (250) 292-8330. Mar 22-Apr 05

notice

WANTED TO BUY
PRE-OWNED RIFLES.
FOR MORE
INFORMATION CALL RON
AT PRINCETON
OUTDOOR SUPPLY
295-0450 OR 295-0319

help wanted

COMPUTER TRAINING
INDIVIDUAL COURSES
START 4 X DAILY

- WordPerfect • Internet
- Keyboarding • Outlook
- Bookkeeping • ACCPAC
- Office Procedures • Data Entry
- Intro to Computers • Networking
- Simple Accounting • Quickbooks
- Punctuation and Writing Skills

MICROSOFT • Windows
• Office • Word • Publisher
• Access • Excel • PowerPoint

ACADEMY OF LEARNING
LOCAL 310-JOBS (5627)
CALL

Class 1 Driver (BC, Alberta, 8 Western States), minimum 3 years experience. Must have clean abstract. For information contact Mike at SBC Firemaster. (250) 295-7686, ext. 201. Jan 18-19th (b)

Hauling needed for large 5th wheel RV from Manning Park to Tulameen from early to mid-April. Call (250) 840-0032 or (604) 858-1868.

Princeton & District Minor Hockey Association
AGM & Election of Officers
Wednesday, April 13
6:30 PM
Arena Mezzanine
Mar 08-Apr 12

services

TIN MAN
METAL ROOFING
Sales • Installations
295-3743
1-888-647-3377
Jul 06-tfn

notices

DAIRY QUEEN
Hiring for full & part-time positions. Front of the house, back of the house. Experience not necessary. Drop off resume in Person at the Princeton Dairy Queen.
Jan 25-tfn

VEGETABLE AND FRUIT
RAISED PORK BY THE POUND
BACON - SAUSAGES
CHOPS - HAMS
ROASTS
ALSO
ROASTING CHICKENS,
PORK (BY THE SIDE)
ORDERS TAKEN NOW FOR
BARBEQUE PIGS
MELODYE HOPE
(250) 295-3739

Gel Tax
Tax Preparation
E-Filing
295-3196
Feb 15-Apr 25

in memoriam

In memory of:
LOUIS ALEXANDER CAPPOS
who passed away April 5, 2001

We think of you most every day,
Of things you did or what you'd say,
We often reminisce about the past,
And our memories of you will always last.

Lovingly remembered
Ruby, Debbie, Linnea and families.

card of thanks

Thank you to all the doctors, nurses and hospital staff for the wonderful care given to Mary Johnson during her brief stay. We are so lucky to have such wonderful, caring people here in Princeton.

Ed Johnson and family.

yard sale

Saturday, April 9th
9:00 AM
Princeton Plaza Parking Lot

House Stuff, Lots & Lots More
Baking/Hot Dogs/Coffee

Support Local Pre-School

for sale

10-foot folding Port-A-Boat in good shape. Hangs on side of RV. \$700 OBO. Call (250) 7814. Apr 5-19

2002 Kia Rio RX, 63,000 km, hatchback, stereo - 2 year warranty. Asking \$10,300 OBO. Phone (250) 295-6483. Apr 5-19

1972 GMC Flat Deck. Rebuilt motor (on propane since), runs good, good ranch truck or farm vehicle. \$2,000 OBO. (250) 295-4351. Mar 29-Apr 12

Older 31-foot Vanguard 5th wheel excellent condition. 3-way fridge, large canopy, great furnace, air cond., 4-burner stove, oven, full bath, lots of cupboards and closets, new tires. See to believe! Travels very well or good for cottage. \$6,000 OBO. (250) 295-7814.
Mar 29-Apr 12

for rent

LONG TERM RESPONSIBLE RENTERS WANTED
We are taking APPLICATIONS:
For a small 3-bedroom house. Recently renovated, very clean. Large lot, near park.
NO PETS, NO SMOKING
Damage Deposit, References required.
\$450/month
(250) 295-7843 after 5:00 PM
Mar 29-Apr 12

Century 21
The Local Experts™
Princeton Realty
224 Bridge Street, Princeton
Phone (250) 295-6977
Fax (250) 295-3411
www.princetonbc.com

Property Management
John Henry - Licensed Property Manager

Residential & Commercial Renting and Leasing
FULL-SERVICE PROPERTY MANAGEMENT
CALL JOHN HENRY - 295-7142

1) Two 2-bedroom apartments downtown - \$395
2) Desirable commercial property on Vermilion Avenue.
3) deluxe lower floor duplex, new, 5 appliances - \$700
4) Cozy 1-bedroom, 1/2 bath, large yard, downtown
RENTED
\$400/month
I have qualified tenants looking for houses and apartments. Call me for details!

Classified Advertising Rates



25 words \$5.00 + GST
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)



All Classified Ads must be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
 MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



for rent

1-bedroom house on Second Bench. No fence, 1-storey, fridge/stove. Call (250) 295-6611. Apr 05-19

for sale

Yellow Labs \$500.00 includes 1st shots, deworming. Call 295-3201 or 295-3061. Mar 22-Apr 5

Did you know advertising works? If it didn't, you wouldn't be reading this. For details call (250) 295-4149 or 1-888-350-9969 Toll Free. Fax us at (250) 295-4103. Nov 23-tfn

Have trouble sleeping? If you moved here from the city, it's because you aren't used to the quiet of country living! My new revolutionary "Sound Sleeper" sends sounds into your bedroom that will lull you to sleep. Choose from "Sounds of Rioting Youth" or "Sirens, Horns and Industrial Noises." Each tape contains 56 hours of continuous sounds you are accustomed to falling asleep to. For a FREE demo call 1-877-295-7754. Ask for Operator 57X. Nov 23-tfn

The August/September meeting for "Procrastinators Anonymous" has been cancelled until further notice. Nov 23-tfn

Wednesday night meetings for members of "Those Addicted to Football" have been postponed until the end of the current NFL season. We apologize for the inconvenience. Nov 23-tfn

INDIVIDUALLY PREPARED HOROSCOPE

Natural character chart - \$25.

Basic chart plus predictive -\$50.

Phone 295-6063

Completely confidential

for rent

Silver Crest Housing

For Seniors 55 & Older
 Bachelor Suites, \$225/mo
 1-bedroom, \$300/mo

Contact:
 Alice Cook
 (250) 295-6136

Or
 Helen Gallagher
 (250) 295-3825

Jan 18-tfn (b)

NICAR LAWN CARE

YOUR LAWN CUT AND TRIMMED THE WAY YOU LIKE IT DONE!



We Also Thatch

(250) 295-7480
 LEAVE MESSAGE LICENCED
MAR 15-JUN 28

business services

ROYAL LEPAGE

INDEPENDENTLY OWNED AND OPERATED
 LOCATIONS WEST REALTY

HEAD OFFICE:
 484 Main Street, Penticton, B. C., V2A 5C5



HEINZ EBENAU
 SALES REPRESENTATIVE
 2004 Individual Residential Sales Leader

Princeton Office
 105 Vermilion Avenue
 Phone: (250) 295-7427
 1-866-562-8855
 Fax: (250) 295-7417

e-mail:
 heinzsells@cablerocket.com
 www.royallepage.ca/princeton

Remember: Heinz Sells!

for sale

WESTERN RAWHIDE 15 1/2 inch CARIBOU SADDLE

Model 1746
 New \$ 900.⁰⁰ in 1996
 Used Twice Asking \$700.⁰⁰ FIRM
(250) 295-6905

1991 Geo Metro

White 4-Door Hatchback,
 5-Speed Standard,
 Has grey interior,
 Some rust spots,
 120,000 Km.
 Excellent Gas Mileage!

\$2,500.⁰⁰ OBO
 (250) 295-7754
Sep 28-tfn

for rent

Deblyn Mobile Home Park PADS FOR RENT
 Close to school and other amenities. First 3 months FREE. Call Mickey at
(250) 295-7862
Feb 01-tfn

FOR RENT

• UPPER DUPLEX, 2 BDRM, LARGE LIVINGROOM, \$500/MO INCLUSIVE DRIVE BY 1088-7 MILE RD. TO VIEW.

Drive by then call Neil at 295-6977 Mar 23-tfn

RENT THIS SPACE
 \$5.00+ GST per Week
 (250) 295-4149

RENT THIS SPACE
 \$5.00+ GST per Week
 (250) 295-4149

wanted

A person with a tractor mounted rottotiller to turn my garden. Please call Randy at 295-3868. Mar 22-Apr 05

300 Quad, preferably Arctic Cat, earlier model (for my wife). Have cash. (250) 292-8065. Mar 08-Apr 05

Cover2Cover Bookkeeping & Office Services

Fax Services
 Scanning
 Word Processing
 Resumes - Letters

(250) 295-6905
 226A Bridge Street

Examine your relationship with God. Free. Every Sunday. At the place of worship of your choice. Nov 23-tfn

The Earth is square and I have proof! Call for your "Complete Rubik's Cube of Earth." \$123.80 + GST per copy. Each copy contains 12 pages of details, 2 of them in FULL COLOUR! 1-877-295-7754. Ask for Operator 123. Offer good for a limited time!

for rent

Princeton Manor

Centrally located, clean and quiet, adults only.

Bachelor Apartment - \$325 plus security deposit. Available now!

Two Bedroom Apartment - \$500 plus security deposit. Available May 1st.

Sorry, NO PETS!
 Phone (250) 295-6408
Mar 08-tfn

VERY CLEAN

One Bedroom Apartments.

2-minute walk to downtown Princeton.

Some suites overlook Tulameen River!

Start at only \$325/month.

Contact new resident manager (250) 295-4805 Mar 08-tfn

Examine your relationship with God. Free. Every Sunday. At the place of worship of your choice. Nov 23-tfn

Magic Beans! They are the newest craze! \$476.98 (GST included) for your package of three. 1-877-295-7754. Feb 01-tfn

Need today's Road Report?

www.thenewsleader.ca

Always there, when you need it.

help wanted

help wanted

RE/MAX[®] country

We are looking for a special person to join our Team.

We have a part-time position available May 1st. You must be able to work Saturdays, have office experience, including switchboard, computer skills and reception.

We will be accepting resumes with references at our office only: 240 Bridge Street, between 10:00 AM and 2:00 PM, April 4 to 6 only.

Are you outgoing and able to work independently? Join the RE/MAX Administration Team!



RE/MAX[®] Licenced Property Management Services
 country Serving Princeton and Area since 1992
 240 Bridge Street, Princeton

FOR RENT

\$850/month - 4 bedroom executive home, 2 car garage, ensuite, 1/2 acre, hardwood floors, 3 baths.

\$600/month **RENTED** on 2nd Bench.

\$600/month + utilities - Large, clean 2 bedroom downtown, 5 appliances, fenced yard, wheelchair ramp, carport.

FOR DETAILS CALL:

RE/MAX country - (250) 295-3222
 9:00 AM - 4:00 PM Monday to Friday

Classified Advertising Rates



25 words \$5.00 + GST
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)



All Classified Ads *must* be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
 MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



notices

notices

FREE AND CONFIDENTIAL COUNSELLING SERVICE

IS AVAILABLE TO ANY WOMAN WHO HAS EXPERIENCED SEXUAL ABUSE AS A CHILD OR ADULT OR ARE PRESENTLY LIVING IN AN EMOTIONALLY OR PHYSICALLY VIOLENT RELATIONSHIP.

Funded by the Ministry of Women's Equality
 Office hours 8:30 AM - 4:30 PM

MONDAYS, FRIDAYS - KEREMEOS (250) 499-5928
 TUESDAYS, THURSDAYS - PRINCETON (250) 295-4453

notices

notices

notices

Puppies & Kittens Available For You To Adopt

6-8 weeks old
 South Okanagan Similkameen SPCA
 (250) 493-0136
Mar 01-tfn

Town of Princeton NOTICE

For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Avenue.

HEDLEY OAPO THURSDAY NIGHT BINGO

5:30 PM Sharp
 Speedo, Drop-ins, Early Birds, Regular Games, Progressive, Odd & Even, 7-Up, G-Ball
 NON-SMOKING GLASS-DIVIDED SECTION
 Licence #855423
 Play Smart. Gamble Responsibly.

SUNDAY AFTERNOON BINGO

In Hedley at the Chuchuwayha Hall
 \$25. GUARANTEED MINIMUM PAYOUT ON REGULAR GAMES (\$50. DOUBLE - UP CARD)
 PROGRESSIVE JACKPOT MINIMUM \$1,000! PROGRESSIVE POT OF GOLD MINIMUM \$500!
 PROGRESSIVE LOONIE POT MINIMUM \$100.
 DOORS OPEN AT 9:00 AM
 1st NUMBER CALLED AT 11:30 AM
 FOLLOWED BY EARLY BIRDS, REGULAR GAMES, SPECIALS & CONCESSION

SEE YOU IN HEDLEY!

1991 Geo Metro

SAME MOTOR AS FIREFLY

White 4-Door Hatchback, 5-Speed Standard. Has grey interior. Some rust spots. 120,000 Km. Excellent Gas Mileage!

\$2,500.⁰⁰ OBO

(250) 295-7754

ALCOHOLICS ANONYMOUS

former Health Centre Building

SUNDAY OPEN MEETINGS - 8 PM (295-7931 / 295-7229)
 WEDNESDAY CLOSED - 8 PM (295-7931 / 295-7229)
 SATURDAY OPEN - 7:30 PM (295-3571)

TULAMEEN LIBRARY FRIDAY OPEN - 8 PM (295-7005)

ALANON - HEALTH CENTRE MONDAY 12 NOON
 ARBOR HOUSE WEDNESDAY 7:30 PM (295-7005 / 295-3784)

KEREMEOS ELK'S & ROYAL PURPLE

Every Friday
 Doors Open 5:30 PM
 Elks Hall Keremeos

SMOKE FREE BINGO

MONDAY NIGHT BINGO IN PRINCETON SENIOR CITIZENS BR. #30

162 Angela Avenue
 4:30 PM Sales Start
 5:30 PM 1st 47 Bonanza #'s SPECIALS, REGULAR GAMES, ODD & EVEN, PROGRESSIVE SNOWBALL & LOONIE POT, "LUCKY 7" WON EVERY MONDAY (MIN. \$50.00 GUARANTEED)
 BC Gaming License #854326
 "PLAY SMART GAMBLE RESPONSIBLY"

Grain-Fed Beef

\$1.25/lb. +
 Cut, Wrap, Hanging

Contact:

ERNIE WILLIS (250) 295-7345
 TERRY WRIGHT (250) 295-6583
Feb 1-tfn

Narcotics Anonymous

OPEN MEETINGS
 Thursdays 7:30 PM

IN THE FORMER HEALTH CENTRE CORNER OF HAROLD AND LIME

Info: (250) 295-0542

Have something to sell? Move it fast in Similkameen News Leader Classifieds! \$5.00 + GST per week for a 25 word ad. Pay for 2 weeks and the third one is FREE! Call 295-4149 for details. DEADLINE for Classifieds is 12 Noon Fridays.

Need today's Weather Forecast?
www.thenewsleader.ca
 Always there, when you need it.

www.thenewsleader.ca

LOCAL WEATHER - UPDATED HOURLY
 ROAD REPORTS - UPDATED DAILY
 ONLINE CLASSIFIEDS
 CALENDAR OF EVENTS
 WEEKLY NEWS & SPORTS

www.thenewsleader.ca

Magic Beans!

NOT TO BE CONFUSED WITH MAGIC BEANIES



Order Yours Today! \$345.98 + GST for 12
(250) 293-6500

Time Travellers Inc.

WHERE EXPIRATION DATES REALLY MEAN NOTHING!

THREE DAY SEMINAR

"You Really Can't Get There From Here"
 June 23, 24 & 25, 2105

RESERVE YOUR SEAT TODAY TO AVOID DISAPPOINTMENT

Time Travellers Inc.

1-877-295-7754 1-888-350-9969

Girl Guide Cookies

A great recipe for growing girls



Coming Soon!

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

Cast your ballot today!

The upcoming Municipal Election is a regular topic of discussion in our office these days. By our count, there are only 7 1/2 months before we get to pick our new Mayor and Town Councillors.

Discussion in the office the other day revolved around the way election campaigns are conducted.

You know, where nobody says anything about running and rumours start flying about who may or may not run and nobody really knows for sure until after Nomination Papers are filed. Then we are subjected to three weeks of promises and mudslinging in All-Candidates Forums which are normally poorly attended.

We are in the business of marketing, so maybe we see things differently. Candidates wishing for a seat on Town Council should be on the streets now talking up voters and doing their best to win us over.

New Candidates to this political game should have been pounding the streets yesterday.

So far, only one current member of Council has publicly announced he is seeking re-election. Good for him and we hope local voters remember he wasn't afraid to make the call so early in the game.

We wonder what's holding the balance of Council back. If they were truly proud of their accomplishments in the past 2 1/2 years, they should be telling us now that they want to be re-elected to finish the job.

Or at least tell us you plan to step aside so someone else can step up to the plate and do what needs to be done.

Does anyone remember what the current members of Town Council used as campaign promises to get elected in 2002?

Here's a refresher:

Ray Jarvis stated his primary goal was an indoor swimming pool, community centre, BMX track and more low-cost housing for disabled residents.

Kathy Clement said her goals were to move the community forward and continue to do things to benefit youth, like a BMX track. She also wanted to bring more jobs here through the industrial park.

Lorne Esselink had goals of bringing more employment to Princeton and improve existing facilities by adding a BMX track and acting on the need for more opportunities for local youth.

Spencer Coyne said he wanted a strong Community Plan, more openness and accountability from Council and justice from the Provincial Government.

Keith Olsen focused on the need to "make growth happen" and "it's time for thinking outside the box" in order to "get our share of the prosperity of other communities."

We need some time to ponder who we plan to support. Maybe a couple laps at the BMX Track will help us make that decision.



your turn

'Outsider' shares view of Princeton

Dear Editor and people of Princeton,

What am I doing writing to the editor of the Similkameen News Leader? Don't I have enough on my hands to dabble with other peoples concerns! I'm an outsider what could I know about a cowgirl down on her luck, threadbare clothes with worn boots? Maybe though, just a little more than that meets the eye of the average reader.

I have traveled through 30 plus countries and worked in seven but was born on a farm in South Africa, love the outdoors (especially yours) and know what a one horse town is all about. After 30 years of being in Canada we decided that Princeton was the perfect site for a future world wide attraction hmmm that was a joke! Or maybe not!!

Anyway we dated Princeton and came up there for meeting after meeting until we realized that all we were doing was dating and there was just no way that the mere thought of actual marriage for our business could be possible.

God works in wondrous ways and it seems it was not meant for us to relocate our small factory to your lovely little town. We saw all the needs and had the vision to comply with the growth of the town but soon realized that the doom & gloom was just too much for our small company to financially handle. No matter how much time we spent, who we entertained or who we brought up there, when we got into a real meeting it was like talking to those who looked after a morgue.

Maybe that is a little harsh but honestly for a town so pristine, so well located, on a main highway and not miles off on a beaten track, there should be little to no negativity. There were some who had the gumption to think and speak up like the Karen Green I read about, but they were dowsed like the possibility of a fire outbreak in a BC forest. Dawn Johnson deserves a medal for her open minded outlook and the deep historical love she has for the area, but deaf ears fell on her support for our type of progression. We are company that target youth and could have/would have created a hub of excitement for the neighbouring towns/cities, along with something for the glorious youth cabin camp beyond the golf course but our guess is it would have been far too much of a chance for Princeton to do anything, ANYTHING! different from the status quo!

As a proud Canadian who loves the very air I breathe in this country, it saddens me to think that a place like Princeton with all its beauty can collectively fall into the hands of those who can't see the forest for the trees. There is no single person to throw blame at as in a free democratic Canadian society, any community selects who they wish to lead and run their lives. There was one statement that the previous governing white racists of South Africa ironically miss-used because being selfish they thought it would work for themselves, and that was Een Drag Maak Mag! meaning Unity is Strength! It took the honourable past President Nelson Mandela to

gleefully use it to its full extent, and that is what Princeton needs to do. You may have a great mayor and a great council but if people don't make a stand and work together Princeton will remain the cowgirl out of luck forever! Instead of licking wounds and saying what you don't have!... you all need to wake up and see what you do have that attracts people like our company and other companies that come your way to believe that Princeton is a place of great fortune with a delightful future. People think that if they hire someone of education to bean-count for them that all will come right! Bean counters kill business because they can only see what is in front of them they cannot see the future because it has not been taught to them. Each and every citizen should take a simple self thought suggestion to city hall no matter how stupid they personally think the suggestion may be, get active and use what God gave you. If you love your freedom, your country and your town, BE a part of it! Do something!

As Gandhi quoted, Think about it!
"When you want to be Progressive! When you want to promote new ideas! They first ignore you! Then they laugh at you! Then they fight you! Then YOU WIN!!!!"

If I may, I encourage every one of you to read a little book written by Kent M. Keith called Do it Anyway it has the Paradoxical Commandments with explanations.....continued on Page 23

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

ISSN 1712-090X

Your Independent Source for Valley News & Information

Published weekly by Bengel Publishing Inc.
226A Bridge Street, P.O. Box 956,
Princeton, B.C., V0X 1W0
Phone (250) 295-4149 • Fax (250) 295-4103
www.thenewsleader.ca

MEMBER

Princeton Area Business Enhancement Association
Princeton & District Chamber of Commerce
Similkameen Country, Keremeos
Canadian Association of Journalists

Publisher:
Office Administrator:
Reporter:

George Elliott
Brenda Engel
Dawn Johnson

Current Comment:

How can you detect the "me first" syndrome?



Dawn Johnson
editor@thenewsleader.ca

Do you recall the shocking murder of a pregnant woman whose belly was sliced open and her baby stolen?

For most of us, this was an unimaginable crime, but this was not the first such case. Why would a woman kill another woman to steal her unborn child? Was her longing for a child so great as to driver her insane?

No. A criminal psychologist who was consulted about this crime stated these women have a psychological condition known as "extreme narcissism". Obviously, this condition poses danger for others.

What is narcissism? You could call it the extreme end of "me first" attitudes.

Believe it or not, narcissism emerges from ultimate self-esteem. When you listen to motivational speakers who tell you "there are no limits" or "you can do anything you dream", you are hearing the kind of words narcissists believe applies to them. Narcissism is a case of a good thing going way too far.

The narcissistic disorder can be spotted by certain characteristics of behaviour and belief. First, the person has a grandiose sense of self-importance and expects to be recognized as a superior person without having to do the work and make the achievements to prove superiority.

This individual requires excessive admiration.

In this person's fantasy life, he or she visualizes unlimited success, power, beauty, or ideal love. Not only does the fantasy create a "no limits" dream world, but in the real world, this person expects better treatment than others receive, and expects others to grant those expectations. As a result, this person has no problem taking advantage of others. There is no empathy, no recognition of the feelings and needs of others.

Further, the narcissist firmly believes he or she is "special" and deserving of high status. He or she may be a snob, and may identify only with persons seen as having high status. The narcissist is arrogant in attitude and behaviour, and believes everyone is envious of him or her. In fact, the narcissist is

often envious of others who have what the narcissist wants.

It is important to understand envy: it is a form of anger. Envy is anger that sees others as not deserving of some benefit. The narcissist asks: how is it that so-and-so has a new house and I don't? It's not fair!"

Now, imagine this anger coupled with the narcissist's belief that he or she deserves to have anything he or she dreams of or wants. When the disorder becomes extreme, you have a prescription for just about any kind of criminal behaviour.

All of us encounter everyday nar-

cissists. Often, they are people consumed with their own importance and annoy us with their efforts to always be in the lime-light, but just as often, they are hypochondriacs, or they suffer from depression because they did not get what they wanted, or they have substance abuse problems. They are great manipulators, they are demanding, and they do not meet the emotional needs of others within a relationship. Consequently, most people become fed up with narcissists.

This is how you spot one, but so far, nobody knows how you prevent a child from becoming one.

Letter To The Editor

A different view of Princeton

.....continued from Page 22
fions to be yourself with good intentions Anyway like If you do good, people will accuse you of selfish ulterior motives! Do Good Anyway! If you are successful, you will win false friends and true enemies! Succeed Anyway! The biggest Men and woman with the biggest ideas can be shot down by the smallest men and woman with the smallest minds! Think Big Anyway! Give the world the best you have and you will get kicked in the teeth! Give the world Your Best Anyway!

So by now if your editor prints this, you may wish to give me a good kick in the teeth but I have just given you some of my time which is the best I can do for you Anyway!

God Bless you and your town of Princeton!

When they talk of a good beer they say it is the water! When they

talk about a good town they say it is the people! above all you have what it takes! The glorious mountains! Not One but Two Rivers run through it! Your air is fresh! The trout are huge! You have a great hockey team, a big company like Weyerhaeuser, great restaurants and so much more! Your town is exquisite! And the future is brighter than you may wish to think!

Time to adopt an attitude!
- Brad Bradfield A.G.

Editor's Note: Brad and his partner Jason Bamford were at one time looking to move to Princeton and setting up a manufacturing plant. They have gone on to become quite successful with Brad's invention of a hybrid between a skateboard and a surfboard. On Shore Boards is their business and they have never forgotten the friends they made in our area.

Heart Food
by Dave Machin

"Without faith it is impossible to please Him: for He that comes to God must believe that he is and that he is a rewarder of them that diligently seek Him" Hebrews 11:6
Notice particularly the first part of the above verse: "But without faith it is impossible to please Him"....If God demands that we have faith when it is impossible for us to have faith, then we have a right to challenge his justice. However if he places in our hands the means whereby faith can be produced, the responsibility rests with us not only as to whether or not we have faith. God has told us that without faith it is impossible to please Him, but he has also told us how to obtain faith. In fact he has told us how faith comes." Romans 10:17 so then faith comes by hearing and hearing by the Word of God." Therefore if we don't have faith it is not God's fault. To blame God for our lack of faith is nothing but ignorance., for God has provided the way whereby anyone can have faith. Paul the apostle said that we are "Born Again" by faith. But how do we get the faith to be born again? Well it comes by hearing and hearing by the Word of God. How does faith for healing come? In the very same way that faith to be born again comes-by hearing and believing God's Word. Acts 14:7-10 "And there they (Paul and Bamabas) preached the Gospel, and there sat a certain man lying at Lystra impotent in his feet, being a cripple from his mothers womb, who had never walked: The same heard Paul speak: The same heard Paul speak: who intently observing him perceived that he had faith to be healed, said with a loud voice, stand up straight on your feet", and he leaped and walked. A casual Bible reader might say "Isn't it awesome how Paul healed that man!" But Paul did not heal that man. The man was not healed because Paul was an Apostle, nor was he healed by Paul's faith. The man himself had faith. How did he get it? He received it from what he heard. He heard Paul speak. What did Paul speak? He preached the Gospel. This crippled man at Lystra had faith to be healed. In Mark 5:34 Jesus said to the woman who had just been healed of a blood disease "Daughter your faith has made you whole" Faith has not been done away with. It still comes by hearing and hearing by the Word of God! When we understand how faith comes, acting on our faith and receiving from God become simple. God made faith easy to understand - the answers are all in Hi Word, for He is good, His Word is good and good all the time.

Pastor Dave Machin,
SUNDAY SERVICES 10:30 A.M.
Phone 295-0599 9:00 AM - 3:00 PM Monday-Friday
221 A Bridge Street, Princeton, B.C.

Similkameen News Leader
YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

George Elliott
PUBLISHER
george@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax (250) 295-4103

Get connected with...

China Creek Internet

WHY NOT GO WIRELESS!!!

- * Blazing Fast Speed 512 KBs and up
- * Direct 24 Hour Access * No More busy signals
- * No More Modem / Phone Hassles
- * No More Overtime Charges

BND Communications

For more information go to... <http://www.nethop.net>
or phone: (250) 295-7944

INVITATION TO WORSHIP

LIVING WATER
FOURSQUARE CHURCH
38 Kenley Avenue
Join Us for a time of Contemporary Worship Sundays at 10:30 AM (FOLLOWED BY COFFEE)
MIKE STOLTZ 295-7733
www.livingwater4sqchurch.com

SIMILKAMEEN CHRISTIAN FELLOWSHIP
SUNDAY SCHOOL 9:45AM
WORSHIP SERVICE 11:00AM
Everyone Welcome
DON BODDEN - PASTOR 499-2511

BAPTIST CHURCH OF PRINCETON
ACROSS FROM ARENA
OLD HEDLEY ROAD
Family Worship 10:40 a.m.
COME AND JOIN US!
295-7752

St. Paul's United Church
Office Hours Tue / Thu 9:30AM - 12 NOON
WORSHIP SERVICE 10:30 AM
Minister Chris Haugland
Home: 295-7302 Phone: 295-7714
Also serving the Anglican Community

Is your Church hosting a special event?
Call us to find out how to have it in this space!
(250) 295-4149

Similkameen Christian Center
GOD IS GOOD
Service: Sundays 10:30AM
CHILDRENS CHURCH - (AGES 5-11)
Office Hours: Monday-Friday 9AM - 1PM
Pastors Dave & Tena Machin
221 A BRIDGE STREET, PHONE: 295-0599



HONDA

Power Equipment



Mac's Auto Parts Ltd.
193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344
HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS

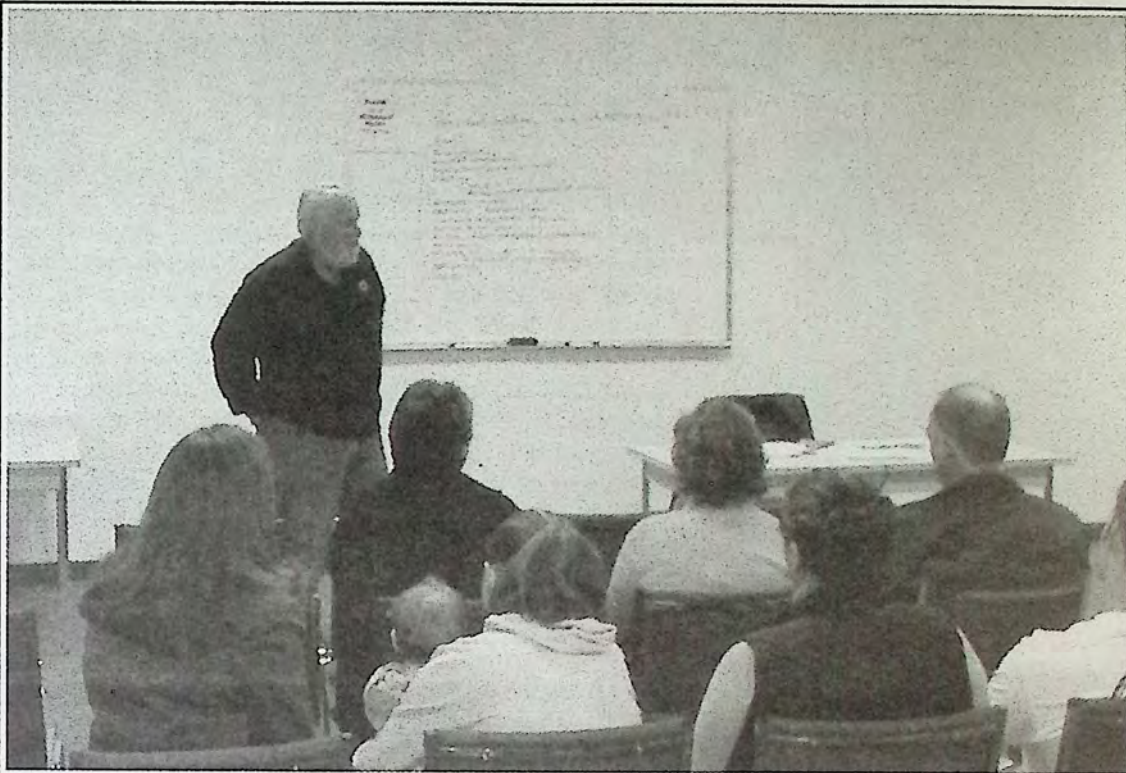


Ace Lawn Care Ltd.

(250) 490-9255 1-800-490-8164

Yard & Acreage Mowing • Hedge Trimming
Leaf Blowing • Tree Thinning & Spacing
Fire Prevention • Yard Waste Removal
Roto-Tilling • Aerating

Reliable • Mature & Honest




Green Party activist Dave Cursons of Cawston, standing, addressed a gathering of party faithful last Tuesday night at Princeton Skills Centre.


Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest Entry

Name	
Address	
Phone	
Week #	LIMIT 2 ENTRIES PER WEEK
Answer	<input type="checkbox"/> Red Zone <input type="checkbox"/> Green Zone



Princeton Light & Power Co. Ltd.
231 Bridge Street, Princeton
Phone (250) 295-3244 Fax (250) 295-3611



226A Bridge Street

Similkameen News Leader

LOCALLY OWNED & OPERATED WEEKLY NEWSPAPER
Phone: (250) 295-4149 • Fax: (250) 295-4103

McConnell, Voelkl

Chartered Accountants
Phone: (250) 295-5205 • Toll Free: 1-866-869-5634

Princeton Optometry Clinic

EYE EXAMS • EYE GLASSES • CONTACT LENSES
Phone: (250) 295-6640 • Toll Free: 1-877-222-2020

Cover2Cover Bookkeeping

& Office Services
Phone: (250) 295-6905 • Fax: (250) 295-6905

4 Services...1 Location!

Local man takes Green Party nomination

My name is Mike McLean, I am 22 years old. I am from an age demographic in which approximately only one in four people even bothered to vote, let alone get involved in the last provincial election. And why? It doesn't seem to matter whether the Liberals or NDP form the government. Nothing ever seems to change.

Is it that we don't care? Well, it's not that we aren't aware. We're aware that unless you live under a sea of oil, if you are of a different colour and live far away, our society doesn't care. We see thousands of people dying needlessly everyday from starvation and HIV/AIDS, and we see a rock star, Bono, of U2, having more concern and ability to affect government decisions than our own elected government officials. We're aware of holes in the ozone layer, global warming, species extinction, and environmental degradation. On a strictly provincial level, we see a Liberal government that has adopted a corporate agenda and divorced itself from humanitarian issues.

If we look next door, we see the premier of one of the richest provinces in this country, intoxicated, throwing loose change at

the homeless. This does nothing to enhance the view of politics for youth. Along with the attitude that it doesn't really matter whether the Liberals or NDP gain office, is a deep sense of alienation and powerlessness. It's very easy to look at the situation and say 'what can I possibly do to make a difference?' In all fairness, before we blame young people for not being involved, we need to stand back and evaluate the message that has been handed to us.

We've been raised on a steady diet of Xboxes, Playstations, computer games, and endless television. We're told what's not cool, and what is cool; consume, consume, consume. If we're depressed about our inability to affect the environment, politics, and much of our life around us, it's not a problem. We've got hundreds of channels with two episodes of Friends every hour, along with 16 minutes of commercial advertising defining our ultimate dream. Having an SUV with a 500 horsepower hemi.

Maybe it was because of my father, who had an interest in politics, having spent many years on Town Council, I saw that he did care, and that he could and did

make a difference. Perhaps not on a global, national, or even provincial scale, but on a municipal level in a small town in rural BC he could make a difference. A number of years ago I took an interest in Political Science, attending Camosun College in Victoria. Along with the required readings, I studied authors such as Michael Moore and Noam Chomsky. I've discovered that these people, along with others such as David Suzuki, whom I greatly admire, refuse to be overwhelmed by the enormity of the problems that face us. They looked for and found solutions. As Noam Chomsky points out, there are two superpowers remaining on the planet today; the United States and public opinion.

A few years ago I developed an interest in the Green Party. In 2004 I joined the federal party and later became involved in the Platform Assembly. I found that many of my ideas were very similar to the party's, but more importantly I found that the party had an interest in my input as well. In the last federal election, I was very concerned about issues such as George Bush's Star Warscontinued on Page 25



The Local Experts™

Princeton Realty

224 Bridge Street, Princeton
Phone (250) 295-6977
Fax (250) 295-3411

See The Local Experts For All Your Real Estate Needs

View Our Picture Boards at
224 Bridge Street, Princeton

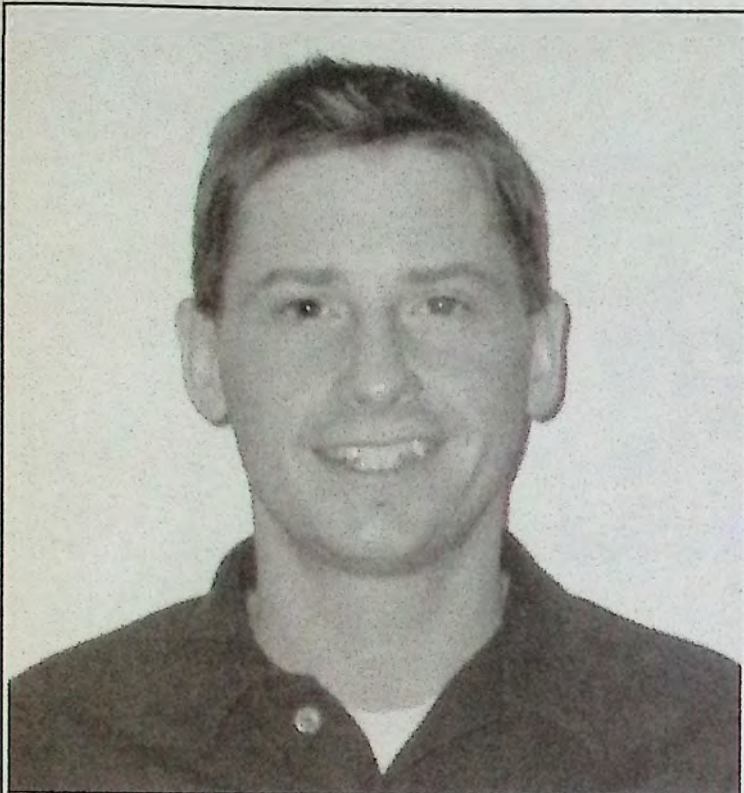
View Our Pictures Online at
www.princetonbc.com

THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR*

* MLS statistics 1990-2004

Princeton man runs in BC Election

www.thenewsleader.ca



Yale-Lillooet Green Party Candidate Mike McLean.

Continued from Page 24.....
program. I was concerned that a conservative member would undoubtedly lead us in that direction, and I didn't want to throw my vote away. As a result, I voted for the NDP. I've now come to realize that in fact I did throw my vote away. I did not send a clear message that at least one more person was dissatisfied with the status quo.

In our upcoming election, I see a Liberal, or rather a conservative government, that is wholly owned by corporate interest. Ecological sustainability, as you know, is not a high priority in any sense of the word. On the other hand, we have the former NDP government, which was mired in

Letter To The Editor

Green reacts to explanations received

The Editor:

I want to thank Michael McLaughlin for explaining the events leading to the now well known Similkameen tourism brochure which omitted Princeton. It was hardly the explanation I expected - or wanted to hear. I am, frankly, astonished. I have recently been told that promotion of tourism is the mandate of the Chamber of Commerce, but - I must ask, to the point of exclusion of all others? If no approval was forthcoming from the Chamber of Commerce, could council itself not have been approached? Surely

scandal and ineffective at bringing about any change other than increasing the deficit. They earned a degree of unpopularity that is unprecedented in this province, and it resulted in a massive majority for the current conservative regime. Neither of these alternatives are acceptable, nor will they provide any of the significant changes that are needed.

Under the NDP the exports of raw logs leaving this province increased. They've increased again under the Liberals. We continue to use BC as a raw resource base for the United States and other parts of the world while making little or no attempt at creating employment by developing a value-added forest products

council is the highest authority and can be trusted to make such a simple, but important, decision in a timely manner.

As for Hugh Culver; I did not mean in any way to disparage his expertise. I would like to have heard more specifics about his involvement in Osoyoos and Merritt, but since his appointment appears to be water under the bridge - I wait to be impressed.

To Dawn Johnson - I am sorry that Susan Alton found your Current Comments about Hedley insulting. I thought it was wonderfully poignant and beautifully written. It made my point in a meaningful

industry or by developing alternative sources of energy. This is no longer acceptable or sustainable.

In this particular riding there are lots of issues that we can work together on. I call on all of you to help me address urgent issues such as Coalbed Methane, in which our government is determined to move forward with, regardless of the consequences. Adrienne Carr and the Green Party of BC is the only party to call for a ban on Coalbed Methane development until an appropriate environmental assessment is conducted. Other urgent issues include tree farm licenses, which have no relationship between the communities and the local forests that sustain them.

As your candidate I would ask all of you to help me develop these ideas and concepts. It will take a commitment from all of us to make the Green Party everything it can and should be, or rather, can and will be. Let's work together, let's be creative. Obviously I haven't had as much experience in business, public office, or other areas as my opponents, but what I can and will promise you is an unmatched amount of time, energy, and commitment to making the Green Party everything we want it to be, and to truly making a difference in this province. Thank you very much.

- Mike McLean
Green Party of BC candidate for Yale-Lillooet
Phone: (250) 295-6295 - home or cell: (250) 295-2002 or e-mail: invioletlight@hotmail.com.

way that my letters to the editor could never equal.

To S. B. Mitchell - thank you for explaining yourself more fully. While I don't share all your pet peeves (mine is gum on the sidewalk), I think at heart our hopes for Princeton are rather similar - nothing spectacular but enough economic growth to allow the community we already have to prosper. Maybe what Princeton needs is an entirely new group, one without commercial or political aspirations, devoted simply to making Princeton a more pleasant, more attractive, place to inhabit and visit.
- Respectfully, Karin Green

**CLASSIFIED ADS
FOR ONLY A
DOLLAR A MONTH?**

www.thenewsleader.ca

Just The Fax, Ma'am!

**Cover2Cover Bookkeeping
& Office Services**

**226A Bridge Street
Princeton
(250) 295-6905**

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

**SUBSCRIBE TO
THE NEWS LEADER -
GET 6 MONTHS FREE**

SUBSCRIPTION RATES
(ALL PRICES INCLUDE GST)

Princeton Local - Pick-Up, Regular	\$ 26.75
Princeton Local - Pick-Up, Senior	\$ 21.75
Similkameen Mail, Regular	\$ 35.75
Similkameen Mail, Senior	\$ 31.75
<small>(Princeton, Cowston, Keremeos, Hedley, Osoyoos, Tulameen, Coalment)</small>	
Out-of-Valley, British Columbia	
Rural or Box (VO), Regular	\$ 40.90
Rural or Box (VO), Senior	\$ 35.90
Delivery to Door, Regular	\$ 53.80
Delivery to Door, Senior	\$ 48.80
Out-of-Valley, Alberta, Rest of Canada	
Regular	\$ 53.80
Senior	\$ 48.80

NEW ONE YEAR SUBSCRIPTION PURCHASES MADE WITH VISA, MASTERCARD, AMERICAN EXPRESS OR DEBIT CARD WILL RECEIVE AN EXTRA 6 MONTHS!

(250) 295-4149

Interac DIRECT PAYMENT MasterCard VISA AMEX

Century 21
The Local Experts™

Princeton Realty
224 Bridge Street, Princeton
Phone (250) 295-6977
Fax (250) 295-3411

Doug Haayer and Century 21 Princeton Realty

- OVER 60 YEARS OF COMBINED LICENSED EXPERIENCE UNDER ONE ROOF
- PRINCETON AND AREA'S LEADER IN SALES AND LISTINGS YEAR AFTER YEAR
- WHETHER YOU'RE THINKING OF BUYING OR SELLING, CALL ME. I'VE ALWAYS VALUED QUALITY CLIENT SERVICE AND LOOK FORWARD TO WORKING FOR YOU AGAIN!

www.princetonbc.com

DOUG HAAYER
(250) 295-1585

C.J.M. Plumbing
COMPETITIVE SALES AND SERVICE

New Fixtures Supplied and Installed
Drain and Sewer Cleaning - Service Repair
Hot Water Tanks - Hot Water Heating

Emergency Service **295-7085**
Fully Licensed **Dave Mack**

**THE KIDS ARE GONE
WHAT NOW?**

If your children have now ventured on their own, it may be time to rethink your financial priorities. Join us as we talk with personal finance author and expert Gail Vaz-Oxide about adjusting your financial strategies now that the kids are gone.

Our discussion will include:

- Opportunities to springboard your retirement
- Considerations on downsizing your home
- Preparing for the unforeseen

To reserve a seat for you and a relative or friend, please call or stop by. If you are unable to join us for this free video presentation, please ask about other viewing opportunities.

Tuesday, April 19, 2005 - 8:30 AM, 3:30 PM, 5:30 PM
Unit 3 9150 Main Street, Lakeview Plaza, Osoyoos

Edward Jones
Serving Individual Investors
BILL LOTT, CFP INVESTMENT REPRESENTATIVE
9150 MAIN STREET, UNIT #3, OSOYOOS, BC V0H 1V2
PHONE (250) 495-7255 • FAX (250) 495-2745
TOLL FREE 1-877-742-4007 • HOME (250) 295-7088
www.edwardjones.com Member CIPF

Princeton Flying Club

The 12 members of the Princeton Flying Club are proud of the facility they have been able to create at the old Granby Mines tailings Pond. K&M Trucking donated gravel and the club is looking to teach new people interested in the sport how to fly model planes. All they ask is that fuel costs are covered, as they will supply the plane and the training tips. They are hoping to have access to the Princeton Airport runway for some of their training sessions. For more information on the Princeton Flying Club call George White at 295-4057.

FINANCIAL FOCUS

What Elimination Of The Foreign Content Limit Means To You

The Federal government's decision to eliminate foreign content limitations for registered accounts and pensions has many Canadians wondering what that will mean to their current and future holdings.

It is good overall investing policy to have a diversified portfolio, which would include 30-45% investments outside of Canada. Determining long-term investing goals and risk tolerance will verify what foreign content levels are adequate for individual investors. Foreign investments can improve diversification by adding exposure to countries with differing economic prospects. However, these opportunities do not come without additional risks, particularly with currencies.

When choosing which countries to invest in, it is important to determine whether you require income to assist with non-Canadian dollar expenses. Investors should also remember to include more than just U. S. investments.

What will likely be the impact from the new budget ruling?

THE NEED FOR CLONE FUNDS AND EXCHANGEABLE SHARES WILL GO AWAY - Although clone funds were a high margin business for the mutual funds and banks, this was a very small part of their business. The foreign content ruling is not likely to significantly impact their profitability.

CANADIANS WILL LIKELY INVEST MORE MONEY OUTSIDE CANADA OVER TIME, BUT NOT OVERNIGHT - The majority of Canadian investors were far below the foreign content restriction, the number is estimated to be somewhere between 5-10% on average, far below the 30% restricted limit. Therefore, there will not likely be an immediate surge of funds moving outside of Canada.

MORE GLOBAL AND INTERNATIONAL FUNDS WILL BE CREATED - It will be easier for companies to create new funds than change their existing Canadian funds which would require unit holder approval.

A MAJOR SELL-OFF OF CANADIAN ASSETS BY INSTITUTIONAL INVESTORS LIKE MUTUAL FUNDS AND PENSION FUNDS IS UNLIKELY - There are good opportunities in the Canadian market with significant expertise of the individuals running these funds. Furthermore, prospectuses and Investment Policy Statements would have to be changed, which is a slow process.

CANADA REMAINS ONE OF THE MORE ATTRACTIVE PLACES FOR CANADIANS TO INVEST - While the historical returns of some international mutual funds and markets may have been better than the TSX and some Canadian mutual funds over the last 20 years, that may not be the case over the next 20 years. In the last 7 years, the Canadian market has been one of the better performing markets in the developing world. With the budget surplus, low interest rates and low inflation, Canada is much more attractive than it was in the past. In particular, prior to the 1990s, Canada had high inflation, a budget deficit, and a struggling economy.

Your investment representative can give you more information about an investment strategy that will include the correct levels of foreign and domestic holdings for you.

FINANCIAL FOCUS is a presentation of:

Edward Jones
Serving Individual Investors
BILL LOTT, CFP INVESTMENT REPRESENTATIVE
9150 MAIN STREET, UNIT #3, OSOYOOS, BC V0H 1V2
PHONE (250) 495-7255 • FAX (250) 495-2745
TOLL FREE 1-877-742-4007 • HOME (250) 295-7088
Edward Jones is a member CIPF www.edwardjones.com

Decision disappoints retired employees

The Provincial Government has made a new Statement of Defence to the lawsuit brought to win back the retirement benefits of its retired employees.

These were the retirement benefits which pensioners received for decades and which the Provincial Government took away in 2002.

Bill Solberg, BC Government Retired Employees Association Okanagan/Similkameen Branch 900 Chairperson, said last week in Princeton his group is not happy with recent developments.

"What does the Province say now? It says that all the retirement benefits which pensioners thought were theirs, were just given at the whim of the Government."

Solberg says the benefits are discretionary.

"The government did not have to give any retirement benefits to any of the people who worked their lives for them. For the last number of decades, the Government just felt like it but now, times have changed and there is no money to cover retirement benefits despite our being told there is a billion dollar surplus."

Solberg told the News Leader, "Members of our association are insulted by the Government's response and this shows a total lack of respect for former employees of the Provincial Government."

As for decades of statements and documents given to people retiring Solberg says.

"Well, the Provincial Government now says these statements were made without authority and, really never should have been believed."

Solberg points fingers at what he sees as wrongdoing.

"Who made these statements without authority? Outfits like the Superannuation Commission and the staff paid by the Government to give advice to its employees about their retirement."

Solberg invites anyone interested in comparing the Campbell Government Amended Statement of Defence with what was in the claim to contact him at his home in Penticton at (250) 493-0561.

The BC Government Retired Employees Association has about 20 members in the Princeton area.

Letter To The Editor

Schiavo inspires Joe

The the Editor;

Questions from the late Ms. Terri Schiavo's sad ordeal.

A case of erring on the side of life or a case of restraining Terri from paradise?

Surprised --- no questions on the infinite number of Terri Schiavo's produced by President Bush's unleashed scourge --- Iraqi "war for oil program?"

Is President G.W. Bush now President of the U.S.A., Emperor of Iraq and the first Pope of U.S. right wing Christians ?

-Regards, Joe Schwarz, Princeton

www.thenewsleader.ca

YES WE CAN!

Non-Perishable Food Items

RE MAX country asks you to help the Princeton Crisis Assistance Society by dropping off non-perishable food items at our office at 240 Bridge Street or at Overwaitea.



Morgan Grigg of Princeton won a plush bunny as part of Pharmasave Princeton's Easter Colouring Contest. Grigg was entered in the 6 to 8 year old age category.

Letter To The Editor

Outsider praises Chamber of Commerce

Letter to the Editor;

Princeton Chamber of Commerce Provides Valuable Services!

It is with interest that I follow letters and articles concerning your local Chamber of Commerce. Recent articles questioning the work of the Chamber left me shaking my head, enough for me to sit down and write my first ever open letter.

Lori, Doris, other volunteers and the Chamber of Commerce Board do a Wonderful JOB!! They should be congratulated rather than attacked! Here is an outsider's view!

While I do not live in the area, I read the local papers regularly to keep up on the areas happenings. My job provides me the freedom to travel throughout the Okanagan-Similkameen (from Princeton) and once or twice a month Lori Thomas has me come to Princeton to speak with and assist local entrepreneurs seeking to create their own small business. As we all know, successful small business owners earn and spend money locally and help to create the business base of the community.

Since 1994, I would estimate the Princeton Chamber of Commerce has booked over 500 appointments for me to help local would be entrepreneurs seek out self-employment information. This has been done by the Chamber without fanfare. I would estimate that these appointments have resulted in the creation of over 50 new businesses, bringing in excess of one million extra dollars to the community. Many of the businesses you shop at or obtain services from today. With the average dollar having the ability to turn up to 32 times within the community, they have made a difference!

More importantly, the time I have spent at the Chamber of Commerce, has given me the opportunity to watch and listen how the countless streams of visi-

tors are treated. Princeton should be very proud as Lori, Doris and the rest of the volunteers as they make each visitor feel welcome and special, often slipping in a 'plug' for a local business. I see how they promote local businesses

Party unhappy with media

Tom Morino, leader of the Democratic Reform Party expressed his profound disappointment last week at the decision made by a consortium of media not to allow DRBC into the provincial leadership debate.

"The leader of the Green Party, the NDP and the Liberals will all be allowed into the debate and all three have either expressed their opposition to electoral reform and the Citizen's Assembly STV initiative or remain silent on the issue," stated Morino.

"The fact is that unlike the Green Party we have an incumbent MLA, an equal number of nominated candidates, and I predict we will have more nominated candidates than the Greens seeking election on May 17th," noted Morino.

"But I believe that the corporate, union and media elites of this province do not want STV to be implemented so the best way is to ensure that we are not represented in the leadership debate and that our policies and statements are ignored by the media," said Morino.

"Even serious questions asked by MLA Brenzinger in the legislature about the Columbia Basin Trust and an investigation into conflict of interest allegations that are potentially far more serious than even the RCMP raids on the legislature have been met with a deafening silence," said Morino.

"Of course the media are in a position to simply ignore this press release or at best make snide comments about it, but the fact remains that they have done a huge disservice to democratic debate in this

to the point where many visitors chose to stay over, rather than drive through!

I would encourage all residents of Princeton to get behind the Chamber, as they do You!

- Ray D. Holm, Princeton

province. Our constitution guarantees the freedom of the press for good reason, as they are in many ways the protectors of democracy."

"With great power comes great responsibility, if the exercising of that power is influenced by ratings and a good show, clearly the exercise of that power is being abused. The juggernaut DRBC must fight is not the Liberals or the NDP but the systemic bias of the major media outlets," concluded Morino.

For further information contact: Tom Morino at (250) 818-0534.

Introducing the industry's most powerful investing tool - listening.

At CIBC Wood Gundy, we believe in one to one relationships, because the only way we can invest for your tomorrow is to know you today. That's why we approach every client relationship the way it should be - expertise that's one to one.



JOHN VACCARO, Vice President
Investment Advisor
e-mail: john.vaccaro@cibc.ca

GREG STEWART
Associate Investment Advisor
e-mail: greg.stewart@cibc.ca

CIBC 105-399 Main Street, Princeton, B. C., V2A 5B7
(250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY GREG STEWART IS IN PRINCETON THE SECOND AND FOURTH THURSDAY EACH MONTH
CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of Canadian Imperial Bank of Commerce and Member CIPF.

INVESTMENT INSIGHTS

By John Vaccaro Investment Advisor with CIBC Wood Gundy and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy
Expertise that's one to one.



Bringing Your Investments Under One Roof Is Beneficial - Part 2

The previous Investors Insight article explained three good reasons to bring your investments under one roof. The following are additional benefits to consider:

Easier Financial Planning and Administration - Financial planning can be complex at the best of times. And if you have multiple financial advisors, it can get more complicated as you, or your beneficiaries, work out the details of planning and/or administering taxes or your estate. Whether you're trying to simplify matters upfront or alleviate the additional burden on your heirs from having to wade through several separate portfolios, relying on your CIBC Wood Gundy Investment Advisor for investment advice can be advantageous. Including a CIBC Wood Gundy Estate Planning Specialist as a member of the team will provide the special expertise you may need, for estate planning purposes.

Virtual Access to All Your Account Information - As your Investment Advisor, I will always be the main point of contact for investment advice and action. However, CIBC Wood Gundy Online also supports you 24-hours a day, seven days a week. The password-protected portion of our client Web site (<http://cibcwoodgundy.com>) will provide you will access to your account information, research and more.

When your investments are consolidated with one source, you can view all your information from one Web site. And you'll have fewer passwords to remember. Speak to me about getting expertise that's one to one and all the advantages it has to offer.

CIBC 105-399 Main Street, Princeton, B. C., V2A 5B7
Phone: (250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY GREG STEWART IS IN PRINCETON EVERY SECOND AND FOURTH THURSDAY PLEASE CALL FOR YOUR APPOINTMENT

John Vaccaro is an Investment Advisor and Greg Stewart is an Associate Investment Advisor with CIBC Wood Gundy in Princeton. Comments and opinions expressed herein are the result of work done by John Vaccaro. They may differ from the opinions of CIBC World Markets Inc. Research Department and should not be considered representative of CIBC World Markets Inc.'s beliefs, opinions or recommendations.



PRINCETON & DISTRICT COMMUNITY SKILLS CENTRE

206 Vermilion Avenue, P. O. Box 69, Princeton, B. C., V0X 1W0
Phone: (250) 295-4051 • Fax: (250) 295-4052

UPCOMING TRAINING

FoodSafe Level 2	April 14, 15	\$100.00 + GST
Bear Aware	April 20	Drop-In Donation
Red Cross 1st Aid/CPR Level C	May 14, 15	\$150.00 + GST

UNDER DEVELOPMENT

Forklift Operation	TBA
Front Line Supervision	Fall 2005
Home Support Resident Care Aide	September 2006
Education Assistant	January 2006

ON-GOING

FoodSafe Level 1
Serving It Right Study Guide
GED Study Manual



THERE'S SO MUCH MORE INSIDE

CENTRE FOR INNOVATIVE COMMUNITY DEVELOPMENT
Training and Skills Development • Rooms and Equipment Rental • Research and Project Management



Tell us what you want

When you're ready to buy or ready to sell, we're ready to listen.

RE/MAX agents average more experience and more sales than other real estate agents.

That's because we treat every transaction the same way our clients and customers do - like it's the most important transaction in the world.

We're waiting to help make your real estate dreams come true.

Just tell us what you want.

RE/MAX country - 240 Bridge Street, Princeton
Phone (250) 295-3222 - Fax (250) 295-6781
www.PrincetonBCProperties.com

EACH OFFICE INDEPENDENTLY OWNED AND OPERATED



BRENDA CRAWFORD
 295-3222
 brenasells@cablerocket.com



MLS # 29306
 You'll be glad you bought this! 21.78 acres, 2 homes and shop.



RE/MAX country sold by Buyer Agency.



MLS # 29521
 Building only, excellent tenant in place. Prime downtown location.



MLS # 22765
 Mother Nature is the major developer on this incredible 75 acres.



DAN PIPPIN
 295-8584
 info@danpippin.com



MLS # 29235
 7.66 acres backs onto Hayes Creek. 3-bedroom home!



MLS # 28211
 Private 5 acres, incredible log home, hydronic in-floor heating.



MLS # 29276
 106 acres of wide open spaces. Waterfront.



MLS # 29440
 Mobile with 15-acres. Fenced pasture, backs onto Crown Land.



JANICE BARCLAY
 295-3222
 janice@princeton-bc.com



MLS # 29600
 10 acres on Allison Creek. Close to Allison Lake.



MLS # 29905
 Private, peaceful and perfect! Retirement home or growing family.



MLS # 28272
 Executive home in San Ang Estates. Wood floors up & down.



MLS # 28785
 Easy living in exceptional condo. No more yard work!




KANE LANG
 295-3222
 kanesells@cablerocket.com



MLS # 29006
 Very private and only 12-kms from Princeton. 58-acres!



Get-a-way? Hide-a-way! Cabin near boat launch at Link Lake!



MLS # 29755
 Eastgate acreage. Subdividable in three 1-acre parcels.



MLS # 28655
 Unobstructed views of Chain Lake! Rare rec country find.

#1 MARKET LEADER!

Based on publicly available information and on an audit by Arthur Andersen of 1997 RE/MAX residential real estate transaction sides in North America only.