

Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

Volume 8 Issue 26 ISSN 1712-090X

Tuesday, June 28, 2005

75¢ each
includes GST

Canadian Publications Mail Agreement No. (1299263)

Published Weekly in Princeton, B. C. by Bengel Publishing Inc.

**Similkameen
News Leader**
This Week

Page 2
Lions honour
their own
Page 10
Arena explores
expansion
Page 4
KEREMEOS NEWS
Pages 11-18
TV GUIDE

Phone: (250) 295-4149
1-888-350-9969
Fax: (250) 295-4103

School District appoints McRae

School District No. 58 (Nicola-Similkameen) announced last week the appointment of Susan McRae as the Vice-Principal of the South Central Interior Distance Education School.

McRae has been an integral part of the School District since 1977.

She began teaching at Princeton Secondary School in 1977 and throughout her career she has fulfilled many roles and responsibilities as a teacher, Faculty Counselor, Student Services Department Head and Network Administrator.

In 2004 she joined the South Central Interior Distance Education School.

She believes that new technologies are enabling Distance Education Schools to create meaningful communities of learning and practice.

McRae is currently enrolled in a Master of Education, specializing in Educational Technology, through the University of Calgary.

RockRidge opens arms



Hal Merwald, Assistant to the Director of Young Life of Canada, after addressing the crowd of Princeton area residents who attended an open house at RockRidge Canyon last Saturday.

Young Life says thank you

After only a year in operation, Young Life's RockRidge Canyon has attracted between two and three-thousand people to its youth camp facilities near Princeton.

As a thank you to Princeton and area, RockRidge hosted an open house Saturday afternoon where residents were given guided tours of the facility followed by a light lunch.

Office Administrator Linda Rytkonen says the popular site will be very busy this year, "Our Summer Camp figures are up about 500 from last year."

New activities offered at RockRidge include an 'extreme sports' area with a ropes course adding to the field hockey, sand volleyball, mountain biking, swimming, basketball, skateboarding and lake water sports already available on site.

Plans are in place to raise Lorne Lake this year with topsoil removal in the Fall, which will be sold off to generate revenue to finance the project.

As RockRidge is Young Life's only camp in Canada, it attracts visiting youth groups from all over and has become one of the most popular camps in Young Life's stable.

Hal Merwald, Assistant to the National Director says the Princeton area has been very supportive.

"We're grateful for the way the Town of Princeton has been gracious and kind to us as we came here as outsiders and they've accepted us and worked with us."

There are only four paid staff on site with 37 university-aged volunteers. An additional 30 high school-aged volunteers will join them before the Summer season.

RockRidge will host its first ever Young Life skateboard camp next week, then the weekly Summer camps will begin and run into September.

A Women's Retreat is planned for September 22nd to 25th.

Neighbours object to splash park

Two Lime Street residents object to the splash park being situated at Rotary Park.

Don Coyle and Georgina Tarswell attended the June 20 Town Council meeting to express their dismay at Council's decision to locate the splash park in Rotary Park. Both asked why Council had made the decision without consulting people from the immediate neighbourhood.

Coyle said he wondered why Council would choose to put a children's play facility in a neighbourhood which is made up predominantly of seniors.

Tarswell said there are already too many unsupervised children playing in the park, and she feels the splash park will simply attract more unsupervised children.

Both Coyle and Tarswell felt the 10

metre by 17 metre splash area would spoil Rotary Park.

Mayor Keith Olsen reviewed all of the reasons Rotary Park was chosen. He said Council could consider the objections.

Dan Sulentic challenged that remark, saying Council had already made the decision, to which Mayor Olsen replied, "Items can be brought back to Council table."

ArtsNow takes a short break

The ArtsNow Committee will meet again on July 13 at the Skills Centre after a three-week break.

At the June 22 meeting, planning continued for a survey to be done during the summer.

The survey will try to identify what local people would like to see in arts and cultural endeavors in Princeton. Many people believe art is painting, but ArtsNow will be looking at the entire spectrum of arts in the community.

Potters, quilters, people who love drama, musicians, carvers, writers, storytellers, dancers and craftspeople may want to have their say in

what could be improved in the arts environment in the Princeton area.

The committee will make an announcement when the survey form is completed and ready for public input, which is likely to be in August.

Council supports school resolution

Mayor Keith Olsen and members of Town Council will support a resolution asking for better funding for schools. The resolution will be voted on at the Union of BC Municipalities convention in September.

The resolution originates from the

When the results of the survey are tabulated, the committee will review suggested projects and will present those projects for public approval prior to submitting an application for a Legacy Now grant.

District of Central Saanich (Vancouver Island) and asks that the Minister of Education re-instate base funding to support school administration, library and clerical services, and supplies and equipment for each school, as well as more support for rural schools.

Have You Visited Us Online?

www.thenewsleader.ca

TOPSOIL

(250) 295-4386

Town of Princeton

PUBLIC NOTICE

The Regular Council Meetings on Monday, July 4, 2005 and Tuesday, August 2, 2005 have been cancelled.

The Regular Council Meetings will resume on Monday, July 18, 2005 and Monday, August 15, 2005.



New Lions Club members were installed on June 18th. From left, Keith Olsen and Paulette Boyd (with their sponsor Penny Lott), Wayne Harrop, who sponsored Anne and Wayne Passey.

Lions honour their own

Princeton Lions Club hosted their annual Installation Night June 18th at the Legion Hall.

Mayor Keith Olsen, who was later installed as a new Lion, brought greetings from the Town of Princeton.

"The Princeton Lions Club goes out of its way to do good things for the community and on behalf of the people of Princeton I thank you for that."

Guest Speaker for the evening was Zone Chairman RoseAnne Oliver of Penticton.

Oliver, a Lion for over 15 years, has filled most positions in her local club and at the District level. She reviewed her role and reminded local members of what it means to be a Lion.

Oliver also presented Lions Club President Penny Lott with the Excellence In Club Growth Award.

A total of four new members were inducted. Keith Olsen, Paulette Boyd, Anne Passey and Wayne Passey became the newest members of Princeton's Lions Club.

The 2005-2006 Club Executive was also sworn in.

They include Penny Lott - President, Sandy Harrop - Secretary, Nancy Houben -

Treasurer, George Judd - 1st Vice, Matt Delaram - 2 Year Director, Connie Davis - 2 Year Director, Joe Houben - 1 Year Director, Keith Olsen - 1 Year Director, Doris Hamilton - Tail Twister, Wayne Harrop - Lion Tamer and Willi Miks - Past President.

A variety of awards were presented to Lions Club members for their hard work over the past year.

Sandy Harrop, Fern Cote-Goudreau and Doris Hamilton were honoured for their work at the annual Auction with Ed Goudreau thanked for his work during the Flea Market.

All male members of the club received Lions Hats personalized with their names with President's Appreciation Awards to other members.

A special award went to John Sandness (a gift basket of cookies and other goodies), on behalf of other club members.

George Judd and Wayne Harrop also received special awards.

The Lion of the Year Award went to Sandy Harrop and members presented President Penny Lott with a Club Appreciation Award.

Following the award presentations, members and guests retired to the Legion Lounge for some social activities.

CELEBRATE 40 YEARS IN THE

Princeton Rotary Club Racing Days Parade



Friday, July 1st

Parade Starts At 6:30 PM Sharp

The Rotary Club of Princeton
invites all organizations, businesses and
individuals to take part in this Annual Event!

This Year's Theme Is:

"Cool To Be Canadian!"

ENTRIES MUST ARRIVE BY 5:30 PM AT THE MARSHALLING AREA
(in Front of Mac's Auto Parts, Vermilion Avenue)

All Entries Are \$10.00 Children FREE!

To Enter or for More Information Call:
Judy Short (250) 295-0217 or Dennis Loepky (250) 295-3038

Copper Mountain
Bar & Grill



Open Daily
Til Late

Happy Canada Day!
Welcome '85 Grads!

"Blackbirds"

FREE ADMISSION

Friday, July 1st and Saturday, July 2nd

Copper Mountain Golf Tourney

4:00 PM Monday, July 25th

SIGN UP NOW AT THE BAR - PRIZES TO BE WON!

www.coppermntnbar.com

Open July 1st
CANADA DAY!



Rams Head Restaurant
OPEN 5:00 PM - 9:00 PM
Fridays & Saturdays
Families welcome!
Call 295-7628 for Reservations



Princeton Lions Club 2005-2006 Executive, from left, Nancy Houben (Treasurer), Joe Houben (1 Year Director), Sandy Harrop (Secretary), George Judd (1st Vice), Penny Lott (President), Connie Davis (2 Year Director), Keith Olsen (1 Year Director), Doris Hamilton (Tail Twister), Matt Delaram (2 Year Director), Wayne Harrop (Lion Tamer). Missing from photo: Willi Miks (Past President). Standing in back: Zone Chairman RoseAnne Oliver.

RCMP seize more drugs

RCMP stopped a vehicle for speeding just East of town on the evening of June 10th.

Inside the vehicle were four male occupants who were consuming alcohol in the vehicle. Police also detected the odour of marijuana coming from inside the vehicle.

The occupants were arrested and a search of the vehicle yielded a quantity of packaged illicit drugs inside a larger ziploc bag.

One male was taken into custody and faces charges of possession for the purpose of trafficking under the Controlled Drug & Substances

Act.

The 20-year old male facing charges is from Port Moody, BC.

Princeton RCMP also report issuing three 24-hour prohibitions. Two during the evening of June 10th and one the following afternoon. All vehicles were towed and impounded for 24 hours.

Recently a number of bicycles have been recovered by the Princeton RCMP.

If you have been the victim of a bicycle theft or otherwise lost your bicycle, you are requested to contact the local police detachment to

see if your bicycle has been recovered.

Owners may claim recovered bicycles by description. Unclaimed property will be disposed of upon 90 days post recovery.

Princeton RCMP can be reached at (250) 295-6911 for further details.

Stag party looks to new idea

by Tom Shields, Giant-FM

When Tim Hassel's buddies planned a Stag Party for their friend, they came up with a great idea.

Hassel spent his last Saturday of freedom, June 11th, on the asphalt oval at the Penticton Speedway.

He and four of his buddies decided they would all go to the track and use the rental cars at Penticton Speedway and race the

cars to celebrate Tim's marriage.

So when the final Hit To Pass 25-lap feature came up, Tim and the Stag Party all poured into the station wagon and decided to compete, but they only made it to the third lap before they got nailed and were unable to move until the tow truck came and towed them off the track.

Tim was able to boast that he got 'hitched' twice within one week!

Coffee House returns

Princeton Coffee House Productions will be hosting another event.

Their next 'Coffee House' will be July 9th at Billy's Family Restaurant. Doors open at 7:30 PM with admission by donation.

Music and entertainment will fill

the evening from 8:00 PM to 10:00 PM.

Princeton Coffee House Productions has already hosted successful evenings of entertainment at Billy's Restaurant with plans in place to continue to provide regular 'coffee house' events.



HONDA
Power
Equipment



Mac's Auto Parts Ltd.

193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344

HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS

ARTS & CRAFT SALE

TO BENEFIT BREAST CANCER WALK

10:00 AM - 2:00 PM
Saturday, July 2nd

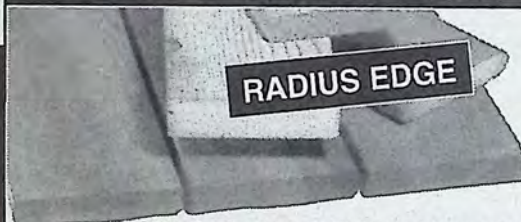
LEFTOVERS STUDIOS
VERMILION AVENUE

WE HOPE TO INVOLVE AS MANY LOCAL ARTISANS AS POSSIBLE! RENT A TABLE TO SELL YOUR PRODUCTS (TABLE RENTAL TO OUR CHARITY) OR DONATE SOMETHING TO OUR RESERVE AUCTION WHERE ALL PROCEEDS WILL GO TO OUR CHARITY.

FOR MORE INFORMATION CALL
295-3173

Windsor Plywood's HOME RENOVATOR EVENT!

NOW'S THE TIME TO GET DECKING!



DECKING LUMBER

Windsor's got a huge selection of decking. You're sure to find the type to suit your needs.

5/4" x 6" PRESSURE TREATED GREEN DECKING

Pressure treated for long lasting life.
12' - 16' lengths
Priced Right!

.79
Lin. Ft.

5/4" CEDAR DECKING LUMBER

Cedar is naturally resistant to moisture and insect attack.
5/4" x 6"
8', 10' & 12' lengths

.99
Lin. Ft.

PRESSURE TREATED GREEN FENCE POSTS

These will be around for many years to come.

Pressure treated for long lasting life!

4" x 4" x 8'	4" x 4" x 10'	4" x 4" x 12'
7⁹⁹	9⁹⁹	11⁹⁹
Each	Each	Each

See Windsor for all your exterior needs!
Shell Busey, Host of the Home Discovery Radio Show - Western Canada



YOUR CHOICE! FENCE BOARDS

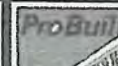
PRESSURE TREATED or CEDAR BOARDS

1" x 6" x 5'	1" x 6" x 6'
2²⁹	2⁶⁹
Ea	Ea

WHITE VINYL LATTICE

Never needs paint.

Standard 4' x 8' panel	Privacy - Square 4' x 8' panel
22⁹⁹	32⁹⁹
Ea	Ea



WHITE ALUMINUM RAIL SYSTEM

Finished & your choice of styles. Perfect for your new sundeck or balcony.

Off reg price **10%**

ALL IN-STOCK BEHR PAINTS & STAINS
Come in & see our great selection!
Off reg price **10%**

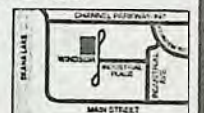
Windsor Plywood

PENTICTON • 174 INDUSTRIAL PL.

492-8646 • TOLL FREE: 1-888-905-2255

Mon - Fri: 7:30am - 5:30pm • Sat: 8:30 - 5:00

Closed Sundays • E-mail: windsorplywood@shaw.ca



Prices in effect til July 9, 2005 or while stocks last! Visit us on line windsorplywood.com

CLASSIFIED ADS FOR ONLY A DOLLAR A MONTH?
www.thenewsleader.ca

www.thenewsleader.ca
www.keremeos.net

Steak • Seafood • Pasta



Open 4:30 PM Daily
Closed Mondays
Karl and Suzanne

Junction of
Highways 3 and 3A
Keremeos

Keremeos.net
(Keremeos on the web)

Web page design • POP3 e-mail accounts
Desktop publishing • Computer repair and servicing
Computer tutoring • CD creation
Custom graphic artwork and logos • photographic services

Bryan (250) 499-5143 webmastex@keremeos.net



**Don & Anna's
Greenhouses**
and GARDEN CENTRE

- GROWER OWNED AND OPERATED -

**"The greatest selection of flowers
and vegetable plants, perennials,
hanging baskets, shrubs and water
plants in the Similkameen Valley"**

4 KM West of Keremeos on Highway 3 at the Historic Red Bridge
RR 1, Keremeos, B. C., V0X 1N0

OPEN: 9 AM - 6 PM Monday - Saturday/10:30 AM - 5 PM Sundays
*** Check out our list of Plants at: www.keremeos.com/don&annas ***

Phone: (250) 499-5785 e-mail: don_anna@nethop.net

**SUBSCRIBE TO
THE NEWS LEADER -
GET 6 MONTHS FREE**

SUBSCRIPTION RATES

(ALL PRICES INCLUDE GST)

Princeton Local - Pick-Up, Regular \$ 26.75
Princeton Local - Pick-Up, Senior \$ 21.75

Similkameen Mail, Regular \$ 35.75
Similkameen Mail, Senior \$ 31.75

(Princeton, Cawston, Keremeos, Hedley, Orlia, Tulameen, Coalmont)

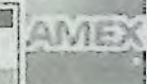
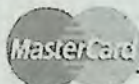
Out-of-Valley, British Columbia
Rural or Box (VO), Regular \$ 40.90
Rural or Box (VO), Senior \$ 35.90
Delivery to Door, Regular \$ 53.80
Delivery to Door, Senior \$ 48.80

Out-of-Valley, Alberta, Rest of Canada
Regular \$ 53.80
Senior \$ 48.80

NEW ONE YEAR SUBSCRIPTION PURCHASES MADE
WITH VISA, MASTERCARD, AMERICAN EXPRESS OR
DEBIT CARD WILL RECEIVE AN EXTRA 6 MONTHS
FREE!



(250) 295-4149



keremeos and area news



WorkZone in Keremeos hosted an Open House on June 20th complete with cake. Standing from left are Employment Facilitators Maria MacKenzie and Ken Randle, Myrna Tischer - Case Manager and Lisa Fraser - Employment Facilitator.

Eagle run replaced with Crater

The infamous Eagle 50-mile Run, which was scheduled for July 16th, has been replaced by the Crater Mountain 'Double Trouble' 52.4 mile Run.

This will take place a week later on July 23rd with a 6:00 AM start from the Ashnola Pow Wow Campgrounds.

There will also be a marathon (Single Trouble) and a half marathon which Race Director Moe "The Eagle" Beaulieu says could be called Half the Trouble or Hardly and Trouble. These events have an 8:00 AM start on the same day.

"The reason for the change was for overall runner safety," Moe says.

"The Eagle was just too difficult logistically to get enough volunteers into Cathedral Park to operate the event."

Emergency access was another concern.

"There is no course in any provincial, federal or even US State Parks with this little access by four-by-four roads for rescue if that ever became necessary."

Moe says not enough help makes the event dangerous.

"We have always had great volunteers in Keremeos Search and Rescue and other locals and out of towners but not enough for a venue at Cathedral."

The finish rate was also a deciding factor in the change.

"When the Eagle was a 100-miler in 1996, 97, 98 and last year only 20 percent finished. Really too low, in fact, North America's lowest finish rate. But bear in mind, a lot of non-finishers at the Eagle finished many other 100-

milers in the US and overseas."

Don't think the Crater Mountain Double Trouble 52.4 mile Run with two repeats from Ashnola Pow Wow campgrounds to the top of Crater Mountain will be a cake walk.

Race Director Moe "The Eagle" figures it will be just as tough - but safer.

"You climb 6-thousand feet then back down 6-thousand and do it again if that wasn't enough fun."

That's nine miles uphill twice for a total of over 12-thousand feet of climb.

"The total of 12-thousand feet of descent may knacker your legs up

as well. Add heat or possibly cold or rain and it could even be tougher."

The brochure Moe sent out to the states says 'No Weenies, No Whiners or Wimps' and may or may not have been meant as a joke.

"We have BC Athletics sanction and BC Forests letter of approval. The Lower Similkameen Indian Band and Search and Rescue are on side but we still need a four-by-four, a quad or two, a few more folks for aid stations and directionals, first aiders."

If you can lend a hand give Moe a call at (250) 499-2680.

Fruit season begins now

The cherries are ripe now. The first Bing cherries are on the stands, and in the next two weeks, the other types, such as Vann and Lamberts, will follow.

Much of the Bing cherry crop in Keremeos and Cawston was lost due to hail, rain and wind during the stormy weeks just past, but the later cherries should fare well.

Last week, Work Zone reported several postings for cherry pickers, and several thinning jobs open. People willing to work in fruit stands should contact Work Zone, as well as those interested in farm labour jobs. Job listings change from day to day. Check frequently during the week to find where the work is.

Mascot tours open weekends

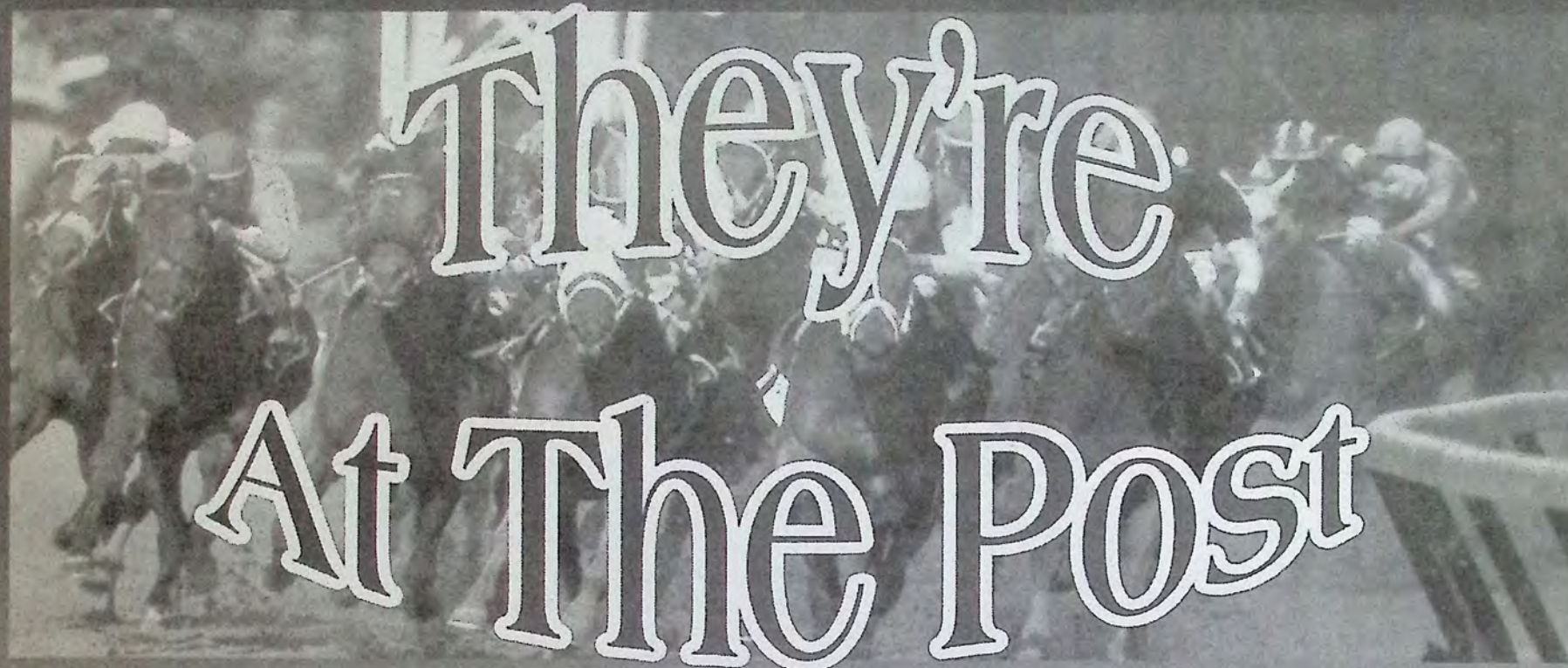
Beginning this Friday, tours of Mascot Mines do not have to be pre-booked on weekdays. Tours of the old mine site will go all day

long, with short waits until the buses are full. Interested parties can check at the big red building at the west end of Hedley.

Hourly Weather? Daily Road Reports?
Weekly News? Online Classifieds?
Events Calendar?

www.thenewsleader.ca

Always there, when you need it!



PRINCETON RACING DAYS 2005

Celebrate 100 Years of
Racing History in Princeton



Photo Courtesy
Edie Currie

POST TIME 4 P.M.
Thursday JUNE 30, 2005
\$40,000.00 in purse money

Horse Racing with Pari-Mutuel Betting contacts John Bey 295-3970 : Carol Ruoss 295-7891

July 1st Weekend 2005
Is going to be a celebration for the whole family

CROWNING OF THE AMBASSADORS

PARADE

Rotary Club July 1, 2005
Rob Marshall 295-3319

DANCE

At the Princeton Arena
July 2, 2005
John Haayer 295-6566

Pancake BREAKFAST & Duck Race

Lions Club July 2, 2005
Penny Lott 295-7088

GOLF TOURNAMENT

Mixed Golf Tournament
July 2 & 3, 2005
Sharleen Martini 295-6876

www.thenewsleader.ca
www.keremeos.net

news leader health page

Put the bite on West Nile

June 21st marked the first day of Summer and with it comes the hotter temperatures best loved by the type of mosquitoes that can carry West Nile Virus. Interior Health is looking to the community to help to reduce the threat of West Nile Virus this summer. Last year, the West Nile Virus was found in almost every Canadian province and in all of mainland United States. The Virus may make an appearance in the Interior of BC this year.

"West Nile Virus activity in California is already more advanced at this time compared to last year, increasing the likelihood that we will see the Virus in BC this year," reports Dr. Paul Hasselback, Senior Medical Health Officer.

If you are travelling to areas where it exists, we recommend you take precautions, such as using a mosquito repellent to prevent bites. Locally, you can also help by reporting any dead corvid-family birds (crow, raven, magpie or jay - Stellars Jay, Clarks Nutcracker, Whisky Jack and Blue Jay), which can help identify when the Virus is beginning to circulate in the area.

If you find a dead crow, raven, magpie or jay (all members of the corvid bird family), we would like to hear from you. We are interested in testing fresh, undamaged (not injured and not decaying) carcasses. For specific information on dealing with dead birds and collection for testing, please call our toll free number at 1-866-300-0520. For

reporting dead birds, you can also go on line at the BC Center for Disease Control web site at: www.bccdc.org.

Although transmission of West Nile Virus is through the bite of a mosquito, its not advisable to handle any dead animal with bare hands. Wear gloves and double-bag any dead corvid bird you may find and store it in a freezer until it can be collected.

The Virus, which is spread by mosquitoes, was first identified in the West Nile Valley region of Uganda in 1937. The first North American cases appeared in 1999, affecting several individuals in New York. It has spread west from there and north into Canada. Its spread into British Columbia is expected and BC has the advantage of being able to better prepare for the arrival of the Virus.

While the risk is low, eighty percent of people who contract the West Nile Virus have no symptoms. Symptoms, when they occur, include headache, tiredness, a rash, fever, sore joints and muscles, and sometimes stomach upset. About 1 in 150 people who are infected will get a serious illness that can include inflammation of the brain

(encephalitis), inflammation of the lining of the brain and spinal cord (meningitis), or even paralysis. Some people can be left with long lasting disability, and about 1 in 1000 will die.

Interior Health offers these simple tips to avoid mosquito bites when travelling and at home:

- Wear long sleeves and pants (weather permitting) with light colour and tight weave, and a hat when outdoors
- Avoid mosquito infested areas, and avoid being outside at dawn or dusk if possible
- Wear mosquito repellent containing DEET (follow label precautions)
- Screen your windows and doors
- To keep mosquito numbers down, remove breeding sites from your property:
 - Dump water out of containers and from pool covers, tires, eaves, etc.
 - Drain standing water
 - Aerate ornamental ponds and/or add fish
 - Drain, clean and fill bird baths twice a week

For more information, visit your local Public Health office or visit our website at www.interiorhealth.ca.

living past 100

MSG affects kidneys, heart and headaches

Many people suffer from water retention due to kidney and/or heart problems. One of the food additives which affect water retention is monosodium glutamate (MSG), which can cause many people to bloat, and is especially a problem to people with kidney disorders.

MSG has long been known to cause migraine headaches, but people with heart and kidney disorders claim MSG makes them retain fluids.

Staying away from MSG can be really difficult, as it is used as a flavour enhancer in a multitude of processed foods, from soups to flavourings. Specialists claim migraine sufferers can avoid migraines completely by avoiding foods containing MSG.

Avoiding MSG is not easy, and demands reading the labels on every can or package of soup, processed broth, Chinese foods, and canned meats. Your best bet is to buy everything fresh and make your own soups and stews.

The addition of MSG to processed foods may raise an issue for parents of small children, especially toddlers. If an adult has a reaction to MSG, how does it affect a child? What disruptive behaviours could be traced to MSG? There is little information available, but when a food additive causes problems in adults, parents should consider removing it entirely from a child's diet.

As to the longterm effects of MSG on lifespan, no information is available. We are left to draw our own conclusions: if it does not have good effects, avoid it.

vote@vermillionforks.ca



Dr. Jack Sabey, CHIROPRACTOR
240 Bridge Street (Re/Max Country)

Booking Appointments:
1:00 - 5:00 PM Wednesdays

295-3222

MEDICAL ACUPUNCTURE

AND ALTERNATIVE MEDICINE
Guadalupe Gutierrez, DDS, RAc

BY APPOINTMENT ONLY
Princeton: (250) 295-7406 / Merritt: (250) 378-0878

PS Capsule Comments

by your Pharmasave Pharmacist Wen Wong



As well as protecting your skin during the sunny days of summer, protect your eyes too. Good sunglasses should block 99-100% of both UVA and UVB rays. However, even with good sunglasses, about 50% of the harmful rays come in from above the glasses. So wearing a broad-brimmed hat will prevent this.

Did you know that cold sores are contagious? So don't kiss people if you have one. A virus causes cold sores and there are good antiviral medicines available on prescription from your doctor. Applying an ice cube to the cold sore will help relieve the discomfort. If you use an over the counter medicine to treat the cold sore, discard it after your cold sore has healed, so you won't contaminate a future site.

Herbal remedies often act just like drugs. We encourage all our customers to carry a list with them at all times of all medications they take regularly. That includes prescribed drugs, over-the-counter drugs and herbal remedies.

When you are in hospital and have some medication changes while there, be sure to ask questions about the medications you had before you went into hospital. Often, changes are made and a drug with a different name may be prescribed which could be similar to one you took at home. To avoid doubling up on the same kind of drug, ask questions of your doctor and pharmacist.

Our job as your pharmacist is to look after your medication needs. Let us be part of your healthcare team.

"We're here to give you the advice you need to meet your need."

Live well with

PHARMASAVE

Front Store Open Monday - Friday 9:00 AM - 7:00 PM
Saturday 9:00 AM - 5:30 PM / Sunday 10:00 AM - 5:00 PM

Pharmacy Open Monday - Saturday 9:00 AM - 5:30 PM

232 Bridge Street, Princeton (250) 295-3353



We're celebrating
100 years in Princeton!



Open House
Customer Appreciation Day
9:30 AM - 4:00 PM
Friday, July 15th
Hot Dogs - Popcorn - Cake - Prizes



SENIORS

55+



APPRECIATION DAY

Wednesday, June 29th

10% OFF

All Regular Priced Items

(except RX, Lotto, Stamps, Phone Cards, Gift Certificates, Sale Items)

Prize Draws - Cookies - Tea - Pepper Jam

Proud to be locally owned and providing employment for local families!

Watch For Us In The Rotary Parade

FREE CAKE - IN STORE

All Day Canada Day

Meet the "Be Well Bee"
and watch for her
in the Rotary Parade



CANADA DAY

Live well with

PHARMASAVE®



232 Bridge Street (250) 295-3353 "We're here to give you the advice you need to meet your need."



www.thenewsleader.ca



MODEL TRANSFER
 Stan Thompson
 35 YEARS IN BUSINESS
 WE HAVE THE EXPERIENCE
 SEPTIC TANK AND DRAINFIELD INSTALLATION
 LOT CLEARING - CULVERTS - EXCAVATION
 WATER LINES - BASEMENTS - ETC
 Phone/Fax: (250) 295-6173 Cell: (250) 295-8377
 OR Glen: (250) 295-8398



Princeton Rotary Club presented a \$300 cheque to the Princeton Community Band at their June 21st luncheon meeting. Standing from left are Club Treasurer Kurt Lozinski, Christine Simpson of the Community Band and Rotary Club President Rob Marshall.

\$284/month*
BUYS



✓ 2005 Honda Civic SE
 ✓ 2005 Ford Ranger Super Cab XL
 ✓ 2005 GMC Jimmy/ Chevrolet Blazer 2-dr 4x4

Valley First
CREDIT UNION

OAC for qualifying new 2005 and 2006 vehicles.
 Advertised loan is based on total vehicle purchase price, including taxes, of \$24,000.
 Contact Valley First Credit Union for terms and conditions.
 Vehicles other than those illustrated may qualify. Visit a motor vehicle dealer of your choice for vehicle pricing and purchase.

CONTACT YOUR NEAREST VALLEY FIRST CREDIT UNION BRANCH FOR DETAILS.

Council donates to TCT Challenge

Princeton taxpayers will support the TransCanada Trail Challenge. Council has agreed to donate \$500 to the event to be held July 10. Approximately 300 people are expected to participate in the event,

which calls for individuals to challenge themselves to a jaunt along the trail from Princeton to Brookmere.

Participants may ride a bicycle, walk, or ride a horse in this event.

The Challenge is hosted by Vermilion Trails Society (local) and Trails BC Okanagan Region.

Thanks to Town Council's donation, Peter Pine will go on every tee shirt commemorating this event.

our economy

BY MICHAEL MCLAUHLIN, SIMILKAMEEN VALLEY EDO

We all know the value to our communities of volunteers. They do so many visible and invisible things

for the community. They coach kids, sports, visit at hospitals, plant public gardens, maintain trails, raise money for local causes, and manage non-profit societies. And that is only a few of the ways volunteers serve their community.

Here's my opinion based on working in half-a-dozen rural communities in BC and Ontario.

The quality of life in a community is directly proportional to the vigour of its volunteer community. Okay. Everyone knows that. What's this got to do with our economy?

The Princeton and District Museum is drawing record numbers of tourists because of the dedication of a full time volunteer manager and loads of service from volunteer Board members.

Our two visitor information outlets are able to keep regular hours partially because of volunteers. Similkameen Country is a tidy ship doing great things for the economy in the Lower Valley and can because it has a full time volunteer president and hard working volunteer Board.

It would take a very long column

to list all of the organizations and people whose volunteer efforts bring economic benefits to the Similkameen Valley. The beautification work of Gardening Clubs makes our communities more attractive to visit.

Events organized by volunteer groups bring new dollars into our communities. The network of volunteer groups provides social, cultural, and recreational services that make communities desirable places to live. Employers look at the strength of these volunteer services when deciding where to locate their business.

Major employers such as Weyerhaeuser support volunteer organizations because the work they do makes it easier for them to attract employees.

I spend a fair chunk of my time supporting the efforts of volunteer organizations.

I justify it because these groups are essential parts of our economy and quality of life.

I am told Princeton had a volunteer appreciation event until recently.

Is it time to get one going again?

TOPSOIL - TOPSOIL - TOPSOIL

Rich, Black, Organic, weed-free, rock-free - \$25 PER YARD

The same "GOOD STUFF" we have been providing to Princeton folks these past 30 Years!

Better Yet! "RICH MIX" - It's back! - \$30 PER YARD

Our Black Organic Soil blended with old Mushroom Compost
 Make your plants and flowers come up smilin'

DELIVERED IN PRINCETON (Minimum Order 4 Yards)



Old Style Disposal & Bin Service



Front Loaders 4, 6 & 8 yard - Household and Commercial waste
 Roll-Off Bins 13 and 20 yard

We take all kinds of waste - construction - wood - plastic - brush, etc.

WE DROP 'EM, YOU FILL 'EM, WE PICK 'EM UP

We also rent portable storage units

Princeton Rentals

Phone (250) 295-6545 Fax (250) 295-6922

TOLL FREE 1-800-253-0233 CELL: 295-8488 e-mail: oldstyle@nethop.net
 OUR 30TH YEAR IN BUSINESS

vote@vermilionforks.ca

Councils meet to share plans

Members of Upper Similkameen Indian Band Council and Princeton Town Council met June 10 to discuss plans for the future. The two councils met several years ago to create a Memorandum of Understanding to facilitate working together. The relationship has been friendly and the two Councils continue to work well together.

The two Councils are among the very few in B.C. to establish this kind of relationship. Commenting on it at the June 20 Town Council meeting, Councillor Spencer Coyne said the relationship appears to be unique. The two Councils plan to meet together more frequently in the future to share plans.

Mayor praises students

Mayor Keith Olsen praised the efforts of this year's Environmental Mind Grind team who won the grand prize, defeating other schools in two regional Mind Grind competitions, and winning top spot in their age group in the finals. Environmental Mind Grind is a competition in which schools compete to see which students are most knowledgeable about environmental issues. Princeton's students have been winners since the competitions began.

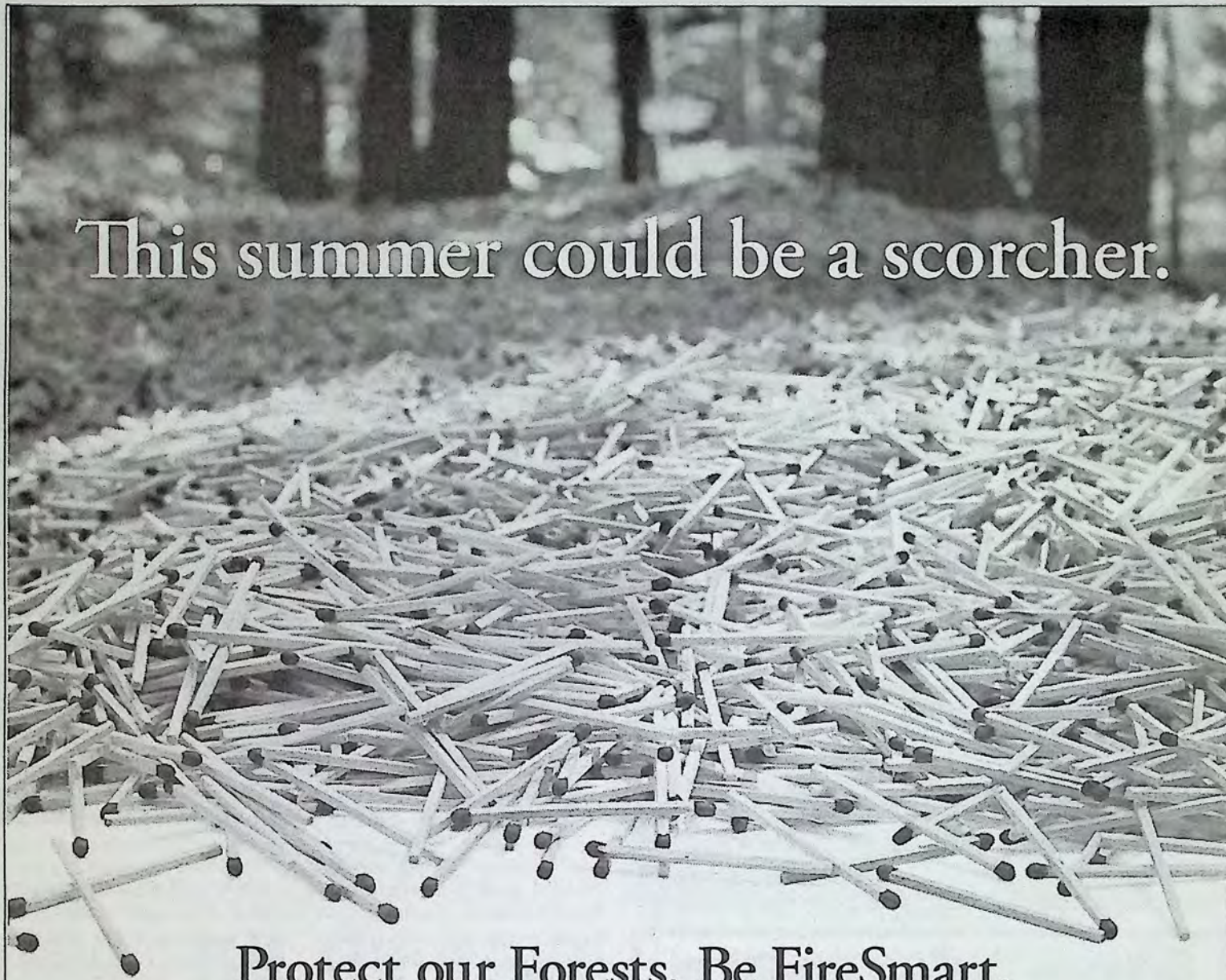
Mayor Olsen commented that these students put to shame the comments made by certain people that education standards at local schools are low.

Visit Us Online At:

www.thenewsleader.ca

Local News
Local Sports
Court News
Calendar of Events
Classifieds
Weather & Roads

www.thenewsleader.ca



This summer could be a scorcher.

Protect our Forests. Be FireSmart.

Our forests are a source of pride for British Columbians. Tourists and residents alike marvel at their grandeur. Working families, forest communities and our parklands rely on our forests. Yet every year, an average of 2,000 forest fires put it all at risk.

People cause about half of all forest fires, endangering lives, damaging real estate, and having a negative impact on tourism. Last year there were fewer fires caused by people. Do your part.

Protect yourselves and our forests. Be FireSmart.

Campfire Safety

- Encircle campfires with rocks to stop fire spreading.
- Don't build campfires less than 3 metres from trees, brush or wood structures.
- Keep a shovel and pail of water near your campfire.

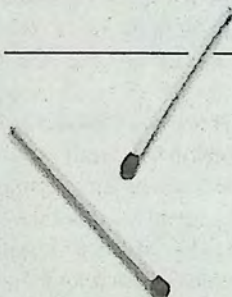
Homeowner Safety

- Keep trees, shrubs, branches and other flammable material at least 10 metres from your home.
- Trees near your home should be no more than 2 metres in height and at least 3 metres apart.
- Remember to clean your gutters and chimney.

General Fire Safety

- When smoking outside, dispose of cigarettes and matches safely.
- Never toss a lit match or a cigarette out of your car.
- Don't burn grass or yard waste on windy days.
- To report a wildfire call 1-800-663-5555 or *5555 from a cellphone.

For more information on how you can prevent forest fires, visit www.gov.bc.ca.



Let's Make Some History Of Our Own!

www.vermilionforks.ca

CLASSIFIED ADS FOR ONLY A DOLLAR A MONTH?

www.thenewsleader.ca

HAYES CREEK ELECTRIC & REFRIGERATION RR 33771



Jim Barnes
Electrical Contractor

87 Angela Avenue, Princeton

Phone: (250) 295-7440 OR CELL: (250) 295-5021

Toll Free 1-866-999-7440

PLP approved installer for:

ELECTRIC THERMAL
STORAGE HEATERS



C.J.M. Plumbing

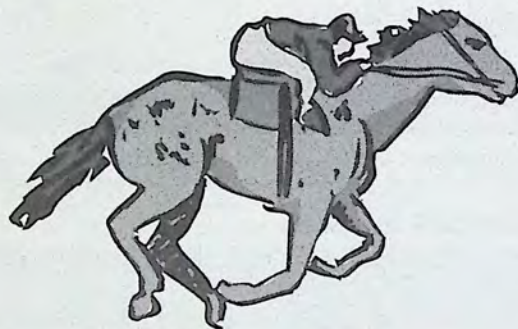
COMPETITIVE SALES AND SERVICE

New Fixtures Supplied and Installed
Drain and Sewer Cleaning - Service Repair
Hot Water Tanks - Hot Water Heating

Emergency Service
Fully Licensed

295-7085
Dave Mack

Bringing Back A Tradition!



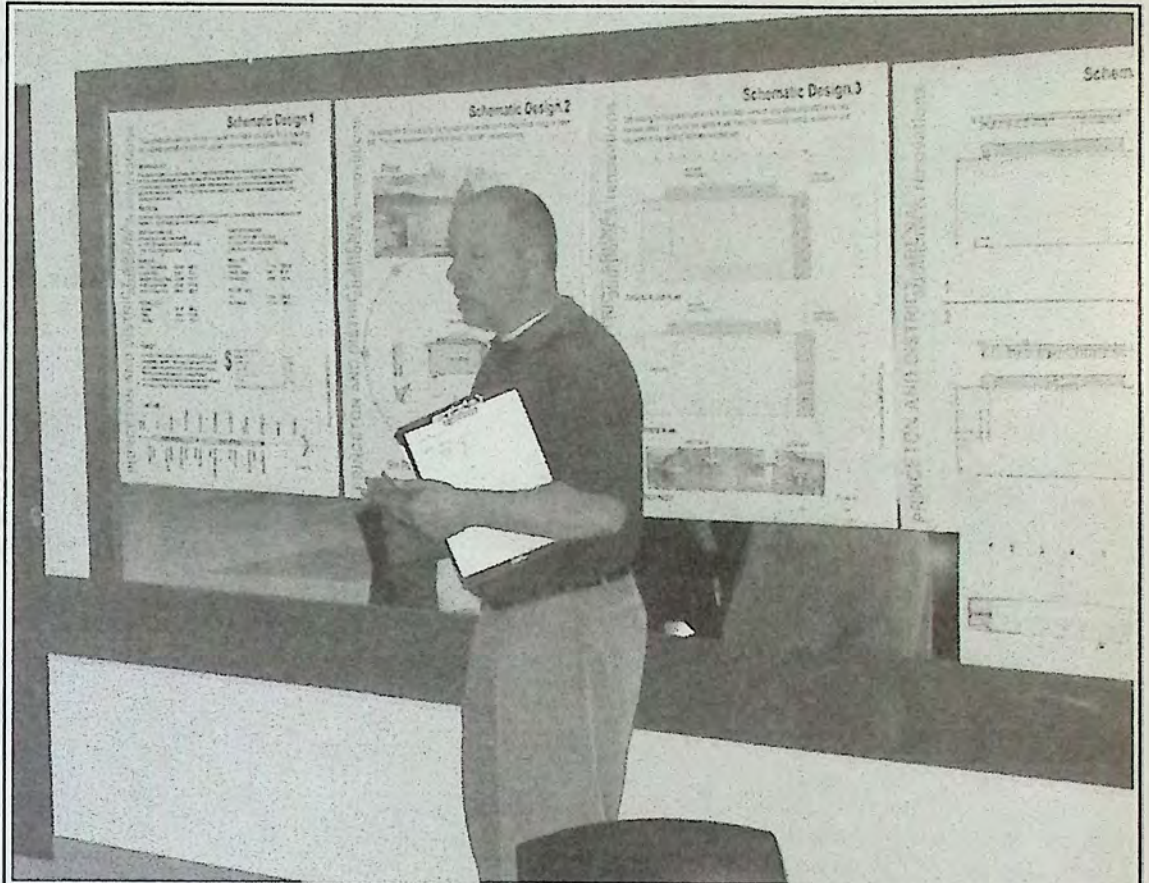
Racing Days Dance

Saturday, July 2nd
Princeton Arena
Doors Open 8:00 PM
Admission \$5.00

Music By:
John Allison Productions

NO MINORS

Proceeds to Legion Charities



Architect Bruce Carscadden discusses the Arena Expansion Project at a public meeting last Wednesday night in the Arena Mezzanine.

Arena history includes progress

Although only twelve people attended an information meeting June 22nd on the upcoming Arena expansion plan, they were enthusiastic and offered valuable feedback on the project.

Princeton Recreation Director Lyle Thomas started the session with a short history lesson.

The first Princeton 'ice rink' dates back to 1917 and sat where the Overwaita building is currently located downtown. That facility burned down and was replaced by the second ice rink. This one was built where the CIBC is now located on Bridge Street. It was demolished to make room for retail space in the downtown core.

The third ice rink was located at the old Princeton High School complex, where Princeton Plaza now sits.

A fourth facility was built in 1961 at Riverside School. It had heated seating for 400 and was demolished when the current arena complex was being built.

The existing building officially opened on July 8, 1974 and cost \$330,000 to build. Of that cost \$100,000 came from a Recreation Grant, Newmont Mines and Weyerhaeuser both contributed \$15,000 each and the remaining \$200,000 was borrowed through a referendum.

"The current building is overall good. There have been many upgrades over the past ten years including a new sound system, new compressor, a new office and a new resurfacer."

The arena expansion project originally started as a quest to repair a leaky roof. At the time the Arena Board also decided to look to future needs while addressing the roof repair.

"The expansion plan has been on the table for the past six years,"

Thomas said.

The Arena Board started to build reserve funds and eventually set their sights on 50/50 matching funds through Olympic funding programs.

Thomas credits Similkameen Valley EDO Michael McLaughlin as being instrumental in pushing the Board to the direction of an under-utilized Infrastructure Grant Program which features a two-thirds to one-third matching fund formula.

Following a short time line to qualify for the program, Princeton was granted a total of \$352,000 in the form of the two-thirds grant. The Regional District kicked in \$100,000 and Town of Princeton added \$76,000 for the balance of the one-third matching amount. That left a total of \$528,000 available for the roof repair which became a roof repair and arena expansion.

"It's way above me and above the Arena Board so we decided to enlist on some outside help," Thomas explained and introduced Architect Bruce Carscadden and Bill Webster of Provincial Environmental Recreation Consultants.

Carscadden outlined a variety of steps required to follow in the development of the project.

The projected timeline contains two parts. The design and drawing part started this month with the project definition. Design development will take place in August with permit applications in September. The tendering phase starts in October.

The second part of the timeline is the construction phase which will begin in November with the pre-engineered stage. Interior Fit-up will be in December with occupancy beginning in January 2006 and

completion of the project set for February 2006.

Carscadden also explained budgeting for costs estimated at between \$175 and \$200 per square foot would depend on the extent of the project (the details of what will actually be done) and the quality of products used.

"With community support, limited finishes, pre-engineered sheet building compounds, and salvaged materials a cost of \$50 per square foot is being targeted."

Bill Webster then facilitated a short session where priorities were set and the expansion project was more clearly defined.

Thomas pointed out the existing design was a 'shoot for the stars' concept and was basically a guideline to start.

"If we have to give and take, what are we willing to give?" He asked.

Webster addressed issues of concern for the Princeton Posse hockey club as well as Princeton Figure Skating Club and the overall project ended up being scaled down slightly.

Priorities were set which will see the leaky roof the first issue addressed.

Second priority is the first level addition which would see new change rooms (Posse, female hockey players, referees) and a new ice resurfacer garage.

The expansion out behind the current press box and penalty boxes would be the next move to include extra bleacher space.

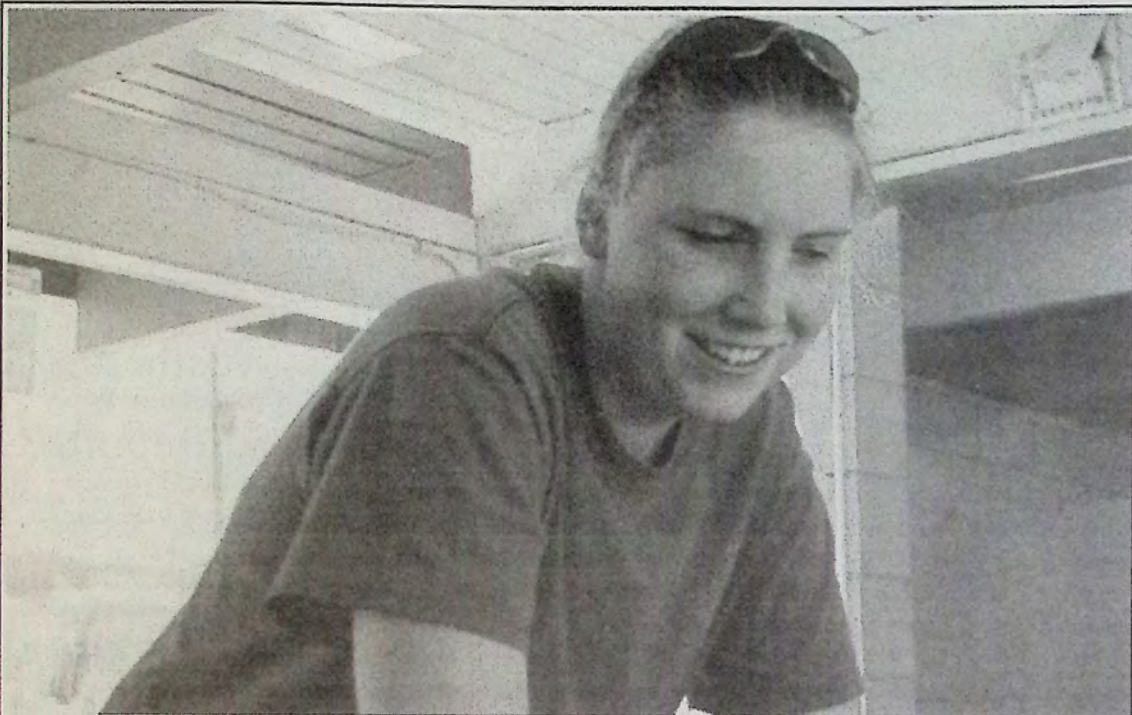
The fourth priority would be the new press box and audio/visual room above the new bleachers.

The final step, if possible, would be the second floor over the new change rooms and ice resurfacer garage.

Future public meetings will be held to keep residents updated.

weekly entertainment guide

TUESDAY, JUNE 28, 2005 THROUGH MONDAY, JULY 4, 2005



Recreation Employee of the Week is Fiona Rowe, who works this Summer at Princeton Centennial Pool. Rowe graduated from Princeton Secondary School with honours and is entering her third year at University of Calgary where she is taking Sciences. She hopes to become a Forensic Scientist. Rowe has been a Swim Instructor Life Guard for three Summers and is actively involved with the Kokanee Swim Club. Pool Manager Carol Mack says, "Fiona is an excellent role model for all of us." Upcoming events at the Pool include School's Out Swim June 30th from 1:00 to 3:00 PM; Red, White and True July 1st from 2:00 to 4:00 PM (FREE SWIM); and Bronze Star and Session C Swim Lessons starting on July 4th.

www.thenewsleader.ca
www.vermilionforks.ca

**CLASSIFIED ADS
FOR ONLY A
DOLLAR A MONTH?**

www.thenewsleader.ca

**ARTS &
CRAFT SALE**
TO BENEFIT BREAST CANCER WALK

10:00 AM - 2:00 PM
Saturday, July 2nd

LEFTOVERS STUDIOS
VERMILION AVENUE

**WE HOPE TO INVOLVE AS MANY LOCAL
ARTISANS AS POSSIBLE! RENT A TABLE TO
SELL YOUR PRODUCTS (TABLE RENTAL TO
OUR CHARITY) OR DONATE SOMETHING
TO OUR RESERVE AUCTION WHERE ALL
PROCEEDS WILL GO TO OUR CHARITY.**

FOR MORE INFORMATION CALL
295-3173

Local golfers hit the road

A total of 225 golfers from southern BC and the US, including four locals converged on the scenic Christina Lake Golf Course north of Grand Forks.

All were vying for the right to have their name engraved on the coveted J. B. Goffinet Memorial Trophy.

Clint Clifton, Ryan O'Neil, Glenn Weissbach and Bob Wicks were the four local golfers involved in this annual Father's Day weekend event.

Heavy rains hampered play Saturday but didn't dampen the spirits. Sunday weather improved enough to see the real beauty of this championship golf course in its pristine location.

When the smoke had cleared seven time winner Kent Brown of Colville, Washington emerged victorious with rounds of 70 and 72 for a 2-under par 142 total.

Princeton's own Clint Clifton gave valiant effort but could only close to within 4 strokes to take

third while Glenn Weissbach put together twin 80's and Ryan O'Neil back to back 81's to place in the middle of the Championship Flight. Bob Wicks had a strong first day in his flight but didn't fair as well on Sunday, still put respectable net rounds of 71 and 77.

Clifton also won the Putting Competition for the third consecutive year. If you golf and you're going through the Kootenays, this is a definite golfing destination.

- submitted

Visit Us Online At:
www.thenewsleader.ca

- Local News
- Local Sports
- Court News
- Letters To Editor
- Calendar of Events
- Classifieds
- Weather
- Road Reports
- Archives

www.thenewsleader.ca

Here's A Reminder From:

Princeton Light & Power's PASS Division

P.A.S.S.
Energy Management
Services

**LEGEND TO THE TV LISTINGS
Summer Months
July / August
"Power By The Hour" Rates**

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.

Off Peak
Green Zones

On Peak
Red Zones

**Princeton
Light & Power**
231 Bridge Street, Princeton
Phone (250) 295-3244
Fax (250) 295-3611

P.A.S.S.
Energy Management
Services

Time-of-use Schedule for TOU * SUMMER MONTHS
JULY - AUGUST

Month/Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

Time-Of-Use Summer Rates

Are In Effect From July 1st to August 31st!



This photo only shows a few of the bikes that arrived Friday afternoon as part of the week long Can Pro Rally. About 100 motorcyclists stopped in Princeton as part of the event, many of them having lunch at Dairy Queen - one of the Can Pro Rally sponsors.

Cycling team brings motivation

The journey itinerary is impressive: a bicycling tour from Victoria to St. John's in 74 days (20 of them designated as rest days).

Covering a distance of 7,690 kilometres at an average rate of 139.8 kilometres per day.

Think it can be done? The 'Unleash Your Potential' cycling team left Victoria on June 17th, passed through Princeton on June 20th and should be in Lake Louise by the time you read this.

The whole point of the tour is explained quite simply. Unleash Your Potential is an original awareness campaign designed to motivate Canadians to integrate physical activity, proper nutrition, and stress management into daily life.

Five chiropractic students are cycling across Canada this Summer to deliver this message at a series of interactive educational events.

What an amazing way to deliver a message!

The team includes Kristian Dorken, who was raised in Victoria. He is a second year chiropractic student in Toronto.

Lorenza Aldea was born, raised and educated in Toronto. She is currently a second year student at the Canadian Memorial Chiropractic College in Toronto.

Ali Amiri was born in Iran and raised in Vancouver. His many interests lead him to enter the chiropractic profession.

Katrin Grenacher was born and

raised in Switzerland. She studied medicine for two years at the University of Berne before deciding to study Chiropractic in Toronto.

The last member of the team is Jody Freedman who was born in California and raised in Winnipeg. He first completed a Bachelor of Science degree at University of Winnipeg then went to Toronto's CMCC to become a Doctor of Chiropractic.

The group were hosted at the home of Duane Drobot while in Princeton.

For more information on the 'Unleash Your Potential' program visit their website, where you can track the progress of their cycling tour, at www.unleashcanada.com.



The 'Unleash Your Potential' cycling team passed through Princeton last week. From left, Ali Amiri, Katrin Grenacher, Kristian Dorken, Lorenza Aldea and Jody Freedman.

vote@vermillionforks.ca

tuesday movies

MORNING

10:00 am CITY 29 ★★½ "Wild America" (1997, Adventure) Jonathan Taylor Thomas. In 1967, young Marty Stouffer and his brothers embark on a road trip to capture endangered species on film. [E]

11:30 am A&E 9 ★★½ "Chocolat" (2000, Fantasy) Juliette Binoche. A single mother and her magical chocolates sweeten the sour residents of a picturesque French village. [E]

AFTERNOON

5:00 pm WGN 38 ★★½ "Clash of the Titans" (1981, Fantasy) Laurence Olivier. Ray Harryhausen's special effects highlight this account of Greek hero Perseus' quest to win Andromeda's hand.

EVENING

6:00 pm CITY 29 ★ "Gone in Sixty Seconds" (2000, Action) Nicolas Cage. A retired thief and his new team must steal 50 high-profile cars or a gangster will kill his brother. [E]

9:00 pm FAM 26 ★★ "Wind" (1992, Adventure) Matthew Modine. A fictional account of the United States' first-ever loss of the coveted America's Cup sailing championship. (In Stereo) [E]

10:00 pm WTBS 3 ★½ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. [E]

10:06 pm CITY 29 ★ "Gone in Sixty Seconds" (2000, Action) Nicolas Cage. A retired thief and his new team must steal 50 high-profile cars or a gangster will kill his brother. [E]

10:06 pm CITY 29 ★ "Gone in Sixty Seconds" (2000, Action) Nicolas Cage. A retired thief and his new team must steal 50 high-profile cars or a gangster will kill his brother. [E]

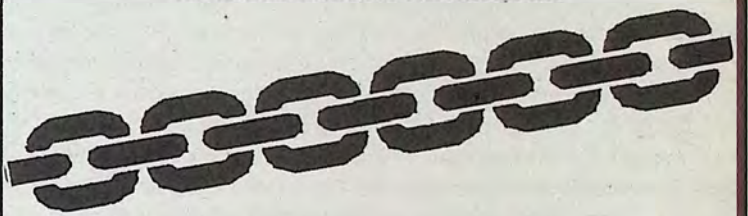
Weather?
Updated Hourly...

Road Reports?
Updated Daily...

www.thenewsleader.ca

Similkameen News Leader

AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!

100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Phone: (250) 295-4149 • Fax: (250) 295-4103

www.thenewsleader.ca

wednesday movies

MORNING

10:00 am CITY 29 ★★½ "Selena" (1997, Biography) Jennifer Lopez. Based on the life and brief career of the young singer who was shot to death by the trusted leader of her fan club. [E]

11:00 am A&E 9 ★★½ "Guinevere" (1999, Drama) Stephen Rea. A 20-year-old woman falls under the spell of a much older photographer who promises to unlock her creativity. [E]

AFTERNOON

5:00 pm A&E 9 ★★½ "Superman: The Movie" (1978) Christopher Reeve. Clark Kent uses his superhuman powers to thwart Lex Luthor's nefarious plot to destroy the West Coast. [E]

WGN 38 ★★½ "Rambo III" (1988, Adventure) Sylvester Stallone. Former Special Forces agent John Rambo blasts through Soviet-occupied Afghanistan in search of his captive mentor.

EVENING

6:00 pm CITY 29 ★★½ "Bring It On" (2000, Comedy) Kirsten Dunst. Well-heeled cheerleaders compete with a squad from an inner-city high school for a coveted national title. [E]

9:00 pm A&E 9 ★★½ "Superman: The Movie" (1978) Christopher Reeve. Clark Kent uses his superhuman powers to thwart Lex Luthor's nefarious plot to destroy the West Coast. [E]

FAM 26 ★★½ "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. A stuffy executive reluctantly shares travel accommodations with a perky salesman in a cross-country comedy of errors. (In Stereo)

10:00 pm WTBS 3 ★★½ "National Lampoon's Loaded Weapon 1" (1993, Comedy) Emilio Estevez. A loose cannon and his strait-laced partner battle bad guys and bad puns in this send-up of action flicks. [E]

10:06 pm CITY 29 ★★½ "Oscar and Lucinda" (1997, Drama) Ralph Fiennes. A mutual love of gambling draws an aspiring missionary and an heiress into an unusual friendship.

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton

(250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

TUESDAY, JUNE 28, 2005

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM	(5:00) "Nothing to Lose" (PA)	News	(Off Air)	Stretch Dragon	News	News	Movie: "Chocolat" (2000)	(5:00) News	News (Live)	(5:00) News (Live)	Monsters Hamtaro	Tennis: Wimbledon	News	Daily Planet	Paid Prog.	Something Hoze	News Calvin, Miller.	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Juliette Binoche.	Good Morning America			Stickin George S.	Tennis: Wimbledon - Women's Quarterfinal s. (Live)	Canada AM	Blue Realm "Tentacles"	Sabrina Charles	Aladdin Kim	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street	Dora	Barney			Third Watch			100 Huntley Street	SpongeBob LazyTown		Monster Garage	Paid Prog.	Lilo Stitch	Mermald		In Fashion	Rockford Files
9 AM	Cosby	Save-Ums!	Magic Bus	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Mona		Regis and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline Little Bear	Reading Lions	Tennis: Wimbledon - Women's Quarterfinal s. (Same-day Tape)	The Price Is Right	American Justice	The View (N)	World Vision	Antique MoneyWs	Rupert	Tennis: Wimbledon - Women's Quarterfinal s. (Live)	The View (N)	Ultimate Strike Planes	The Larry Elder Show	Higglytown Henrys	Jerry Springer	Movie: "Wild America" (1997), Devon Sawa	News
11 AM	Harvey	Coronatn	Caller	Yoga	Young and the Restless	Airline UK	Paid Prog.	The Insider	News (Live)	News (Live)	Hamtaro		Balance-TV	Blue Realm	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM	Drew	News	Ministers	Charlie Rose	Bold & B.	Movie: "Chocolat" (2000) Juliette Binoche, Lena Olin.	All My Children	News (Live)	Days of our Lives	Days of our Lives	Jacob		Daily	Victorian Way of Death	Perry Mason	Hercules	Maury	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	SportFish Planet	Wonderful Planet	Days of our Lives	As the World Turns	One Life to Live	As the World Turns	As the World Turns	As the World Turns	George S.		Vicki G.	Fear Fighters	Fam. Feud	Mermald	Jerry Springer	Relic Hunter	Funniest Home Videos
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona	Burning	General Hospital	How-Made	Pat Croce	Dalmatian	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	City Confidential	Paid Prog. Home Imp.	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Building	Starting Over	Fillmore!	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	Koala Bro	Cyber	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	2005 NBA Draft From Madison Square Garden in New York. (Live)	Frasier	Daily Planet	Little House	Recess	Xiaolin	Sex & City	Will-Grace
5 PM	Friends	News	George S.	BBC World	News	News	Cold Case Files	News	News	News	Oddparent	Phantom	News	How-Made	Malcolm King of Hill	Proud	Sabrina	Smallville	Movie: "Clash of the Titans" (1981), Fantasy
6 PM	Sex & City	Will-Grace	Planet	News-Lehrer	News	News	Dog	News	News (Live)	Train 48	SpongeBob		News	American Chopper	'70s Show	Darcy	Friends	Movie: "Gone in Sixty Seconds" (2000) Nicolas Cage	Becker
7 PM	Real Gilligan	Fortune	Safe Pass	The New Heroes (N)	Jeopardy!	Seinfeld	Knivel's Wild Ride	Entertain	Entertain	I Want to Be a Hilton	Mystery	SportsCenter (Live)	eTalk Daily	American Hot Rod	Will-Grace	Even	Raymond	Raymond	WGN News at Nine
8 PM	Real Gilligan	Doctor Who	Organ C Woods	The New Heroes (N)	Average Joe	NCIS "Witness"	Crossing Jordan	My Wife Lopez	Average Joe	The Outer Limits	ReBoot		Canadian Idol Top 32	Daily Planet	Trading Spouses	Boy World	Gilmore Girls	News	Becker
9 PM	Friends	Da Vinci's Inquest	Kaldor	Globe Trekker (N)	I Want to Be a Hilton	Fire Me... Please (N)	Cold Case Files	Empire (Premiere) (Part 1 of 5)	House "Detox"	House "Detox"	Mystery	Golf	Empire (Premiere) (Part 1 of 5)	American Chopper	House "Detox"	Movie: "Wind" (1992)	One Tree Hill	Jimmy Kimmel Live	Home Delivery
10 PM	Movie: "Three to Tango" (1999)	News	Reach-Top	Charlie Rose (N)	News	News	Knivel's Wild Ride	News	News (Live)	(11:03) Fear Factor	Ready-Not My Family	SportsCenter (Live)	News	How-Made	Becker	My So-Called Life	Will-Grace	Justice	Street
11 PM	Matthew Perry	Sports Pg.	Dotto Tech	Wimbledon	Late Show			Nightline					News	How-Made	Just Shoot			Will-Grace	Elimdate

WEDNESDAY, JUNE 29, 2005

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM	Real Gilligan	News	(Off Air)	Body Elec. Dragon	News	News	(5:00) Movie: "Guinevere"	(5:00) News	News (Live)	(5:00) News (Live)	Monsters Hamtaro	Tennis: Wimbledon	News	Daily Planet	Paid Prog.	Something Hoze	News Calvin, Miller.	Maury	Hillbillies
7 AM	Real Gilligan	Life Today	BluesClues	Cliff Pup	Today	The Early Show	Investigati ve Reports	Good Morning America			Stickin George S.	Tennis: Wimbledon - Men's Quarterfinal s. (Live)	Canada AM	Bears of Sun and Moon	Sabrina Charles	Aladdin Kim	News	CityLine	Matlock
8 AM	Real Gilligan	100 Huntley Street	Dora	Barney	Julian McMahon; Dan Zanes; summer feasts.		Third Watch			100 Huntley Street	SpongeBob LazyTown		American Chopper	Paid Prog.	Lilo Stitch	Mermald		INSIDE	Rockford Files
9 AM	Real Gilligan	Save-Ums!	Magic Bus	Sesame Street (EI)	Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Mona			Regis and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Real Gilligan	The Price Is Right	Madeline Little Bear	Reading Lions	Tennis: Wimbledon - Men's Quarterfinal s. (Same-day Tape)	The Price Is Right	American Justice	The View (N)	World Vision	Diva Dime MoneyWs	Rupert	Tennis: Wimbledon - Men's Quarterfinal s. (Live)	The View (N)	How-Made	The Larry Elder Show	Stanley Henrys	Jerry Springer	Movie: "Selena" (1997)	News
11 AM	Real Gilligan	Coronatn	Parks	Yoga	Young and the Restless	Movie: "Guinevere" (1999)	Paid Prog.	The Insider	News (Live)	News (Live)	Hamtaro		Balance-TV	Sahara-Palin	Montel Williams	King	Jerry Springer	Jennifer Lopez, Edward James Olmos	Rockford Files
12 PM	Drew	News	Realm "Tentacles" Sew Fun	Charlie Rose (N)	Bold & B.	Stephen Rea	All My Children	News (Live)	Just Shoot	Reba	Jacob		Daily	Gr. Hotels	Perry Mason	Hercules	Maury	Magnum, P.I.	
1 PM	Home Imp.	Days of our Lives	Thimbles Planet	Simply Sewing	Days of our Lives	As the World Turns	Investigati ve Reports	One Life to Live	As the World Turns	As the World Turns	George S.		Vicki G.	Monster Garage	Fam. Feud	Mermald	Jerry Springer	CityLine	Funniest Home Videos
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona	Burning	General Hospital	Biker Build-Off	Pat Croce	Dalmatian	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	City Confidential	Paid Prog. Home Imp.	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	How-Made	Starting Over	Fillmore!	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	Koala Bro	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	Fight Sports Knockouts!	Frasier	Daily Planet	Little House	Recess	Xiaolin	Sex & City	Will-Grace
5 PM	Raymond	News	George S.	BBC World	News	News	Movie: "Superman: The Movie" (1978) Christopher Reeve.	News	News	News	Oddparent	Grown Up	News	Unsolved History	Malcolm King of Hill	Proud	Sabrina	Supernann y	Movie: "Rambo III" (1988)
6 PM	Real Gilligan	Will-Grace	Imprint	News-Lehrer	News	News	Christopher Reeve.	News	News (Live)	Train 48	SpongeBob		News	Unsolved History	Simpsons	Darcy	Friends	Movie: "Bring It On" (2000) Kirsten Dunst	WGN News at Nine
7 PM	Real Gilligan	Fortune	Wildness	AR FYI	Jeopardy!	Seinfeld		Entertain	Entertain	Gay Wedding	Mystery	SportsCenter (Live)	eTalk Daily	MythBusters	Will-Grace	Even	Raymond	Raymond	WGN News at Nine
8 PM	Sex & City	Antiques Roadshow	The Shape of Life	American Masters (N)	Psychic Detectives (N)	60 Minutes Wednesday	Crossing Jordan	Supernann y	'70s Show	'70s Show	ReBoot		Can. Idol	Daily Planet	'70s Show	Boy World	Beauty and the Geek	News	Becker
9 PM	Seinfeld	the fifth estate	Space Horizons	Blind Boys of Alabama: Go Tell	Law & Order	Yes, Dear	Movie: "Superman: The Movie" (1978) Christopher Reeve.	Dancing With the Stars	The Inside (N) (PA)	The Inside (N) (PA)	Mystery	Boxing: Felix Trinidad vs. Ronald Wright.	Dancing With the Stars	MythBusters	The Inside (N) (PA)	"Planes, Trains and Automobile s"	Smallville "Gone"	Jimmy Kimmel Live	Home Delivery
10 PM	Movie: "National Lampoon's Loaded Weapon 1"	News	Second	Charlie Rose (N)	News	News		News	News (Live)	(11:03) Fear Factor	Ready-Not My Family	SportsCenter (Live)	News	Unsolved History	Becker	(11:03) My So-Called Life	Will-Grace	Justice	Street
11 PM		Sportspage	Moving On	Wimbledon	Late Show			Nightline					News	How-Made	Just Shoot			Will-Grace	Elimdate

Regular Meetings

* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
 * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
 * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
 * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
 * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
 * Hedley Library open 2-7pm Thursdays
 * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
 * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
 * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
 * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
 * Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
 * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
 * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
 * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
 * Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
 * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
 * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

Similkameen News Leader Community Calendar

JUNE

28 - Princeton WorkZone Open House, 1-3pm
 30 - Princeton Racing Days, Fairgrounds

JULY

1 - Canada Day Celebrations
 1, 2, 3 - Young Life AGM, RockRidge Canyon
 2 - Princeton Paintball Scenario Weekend
 2, 3 - Mixed Open, Princeton Golf Club
 8 - Senior Mens Open, Princeton Golf Club
 10 - Trans Canada Trail Challenge
 12, 13 - Lions Club Carnival, Keremeos
 16 - Eagle Ultra Marathon, Keremeos
 30, 31 - Tulameen Family Days

AUGUST

1 - Tulameen Family Days
 13 - Love Princeton Day
 15-19 - Vacation Bible School
 27 - Princeton Posse Youth Hockey Camp

SEPTEMBER

4, 5 - Gold Wing Riders Ride of Lights, Princeton
 10 - Childrens Festival - Keremeos
 10, 11 - Princeton Fall Fair

OCTOBER

Check our 'Events Calendar' at www.thenewsleader.ca for more events and meetings in the Similkameen!

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

thursday movies

AFTERNOON

4:00 pm FOX (25) ★★ "Little House: Look Back to Yesterday" (1983, Drama) Michael Landon. After learning Albert has an incurable blood disease, Charles tries to make his final weeks as happy as possible.
 5:00 pm WGN (38) ★★ "Chain of Command" (2000, Action) Michael Biehn. The U.S. president is kidnapped along with a portable command center capable of launching nuclear missiles.

EVENING

6:00 pm CITY (29) ★★ "Eight Legged Freaks" (2002, Science Fiction) David Arquette. Residents of an Arizona mining town are preyed upon by hordes of giant, mutated spiders. (TV)
 7:00 pm WTBS (3) ★★ "The Fifth Element" (1997, Science Fiction) (PA) Bruce Willis. Luc Besson directed this tale about a futuristic cab driver whose latest passenger may save Earth from impending doom. (TV)
 9:00 pm FAM (26) ★★ "Bugsy" (1991, Drama) Warren Beatty. The Oscar-winning account of Benjamin "Bugsy" Siegel, the gangster who built a gambling oasis in the Las Vegas desert. (In Stereo) (TV)
 9:40 pm WTBS (3) ★★ "Striking

Distance" (1993, Drama) (PA) Bruce Willis. A vengeful serial killer turns his deadly attentions to women connected in some way to an outcast ex-cop. (TV)
 11:35 pm CITY (29) ★★ "Oscar and Lucinda" (1997, Drama) Ralph Fiennes. A mutual love of gambling draws an aspiring missionary and an heiress into an unusual friendship. (TV)
 11:40 pm WTBS (3) ★★ "Double Team" (1997, Adventure) (PA) Jean-Claude Van Damme. A spy joins forces with a flamboyant arms dealer to rescue his wife and baby from a vengeful terrorist.

Weather?
 Updated Hourly...

Road Reports?
 Updated Daily...
www.thenewsleader.ca

friday movies

MORNING

10:00 am CITY (29) ★★ "Eight Legged Freaks" (2002, Science Fiction) David Arquette. Residents of an Arizona mining town are preyed upon by hordes of giant, mutated spiders. (TV)

AFTERNOON

12:00 pm CHBC (4) ★★ "Alegria" (1999, Fantasy) René Bazinet. A depressed mime learns to live and love again after he becomes enchanted by a beautiful circus performer. (TV)
 5:00 pm CITY (29) ★★ "Cats & Dogs" (2001, Comedy) Jeff Goldblum. An eager beagle joins undercover canines on a mission to foil a feline plot to make all people allergic to dogs. (TV)
 WGN (38) ★★ "Taking Back Our Town" (2001, Drama) Laura Innes. Two women join forces to prevent a new chemical plant from being built in a neighborhood already ravaged by toxic waste.

EVENING

7:30 pm FAM (26) ★★ "Air Bud Spikes Back" (2003, Adventure) Katija Pevec. A teenager and her athletic dog help get a struggling volleyball team into championship shape. (In Stereo) (TV)
 8:00 pm WTBS (3) ★★ "Summer Rental" (1985, Comedy) John Candy. An overworked air traffic controller and his family head for Florida for a restful

vacation that turns calamitous. (TV)
 FOX (25) ★★ "Cats & Dogs" (2001, Comedy) Jeff Goldblum. Premiere. An eager beagle joins undercover canines on a mission to foil a feline plot to make all people allergic to dogs. (In Stereo) (TV)
 9:00 pm FAM (26) ★★ "Crocodile Dundee" (1986, Comedy) Paul Hogan. An American reporter persuades a legendary Australian hunter to return with her to the wilds of Manhattan. (In Stereo)
 10:06 pm CITY (29) "Voyeur 6: Come On" (2002, Adult) Premiere. Lusty women enjoy a variety of sizzling encounters.
 10:36 pm FAM (26) ★★ "Crocodile Dundee II" (1988, Comedy) Paul Hogan. The adventurer and his girlfriend seek refuge in Australia after they run afoul of drug dealers. (In Stereo) (TV)
 11:00 pm KSPS (6) ★★ "Sweet Smell of Success" (1957, Drama) Burt Lancaster. A ruthless New York columnist uses a pandering press agent to ruin his sister's romance with a jazz musician.

Online Classified Ads:
www.thenewsleader.ca

Horoscopes

June 29 - July 6, 2005

Aries - The last thing you want to do this week is work, and sticking to work will be a challenge. You want to have fun, and you talk about going places for fun. You may use your energy to be creative.
Taurus - You want your home to look good now, and you may spend more time than usual making your home attractive. This is a good week to do a lot of little chores to meet goals with good health, high energy.
Gemini - You enjoy a lot of visiting and happy conversation this week. Plans related to young people and fun may keep you hopping. Money is in short supply, be conservative. It's a good week.
Cancer - You will be tempted to spend money on foolishness this week, or on improving your own appearance, which is better. Pretty things attract you. Career presents challenges now, meet commitments.
Leo - Things you had churning in your mind now come to the surface and you express your ideas well. You really have a strong desire to travel and learn, but this will demand a lot of energy.
Virgo - Very creative ideas pop into your mind this week, but you may not be able to act on them now. Write them down, opportunity comes soon. Make plans now. Debts, money shortages, affect present plans.
Libra - You are full of bright ideas and plans to make things better. Now is a good time to take action on those plans. Do it now. Opportunity fades in the near future. Career opportunity looms.
Scorpio - Career demands a lot of action this week. At the same time, you will find opportunity to enjoy the activity. Continue to be cautious about health and safety. Conserve money - career change in two weeks.
Sagittarius - Action and more action comes your way this week! You will be able to enjoy the time, but watch your spending. You may be asked to teach others - do so with goodwill and charm.
Capricorn - Career action picks up, but you may not feel energetic. Do not overdo activity - use energy wisely. This is not your best time. Good news comes in regard to shared resources, taxes, debts, investments.
Aquarius - Spending continues to be a problem - too much temptation! You would like to travel, but plans can change suddenly. Guard against accidents. Good news comes from friend, partner.
Pisces - You have a strong urge to spend money on things to make you feel better. Your energy level climbs, and you want to improve your environment. Job activity goes smoothly, and brings rewards. Enjoy!

Similkameen News Leader Recipe Corner (Recipe #70)

Tuna Bites
 (FOR DOGS OR CATS)

- 1 can tuna in water (include water)
- 1 cup rice flour
- 1 cup cornmeal
- 3/4 cup whole wheat flour
- 1/4 cup hemp seed oil
- 1/2 cup water

Preheat oven to 350 degrees. Blend tuna, water and hemp seed oil. Combine dry ingredients and mix together, then add the blended liquid ingredients to the dry ingredients and mix. Knead dough and add more flour or water if necessary. With a rolling pin, roll dough on a flat surface, cut into small pieces and place on a cookie sheet. Bake for 10-15 minutes then shut off heat and let cool in oven. Freeze any portions you won't use within a week to 10 days.

reprinted with permission from Puppy Love Gourmet Bakery Inc.
<http://www.puppylovegourmetbakery.com>

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

THURSDAY, JUNE 30, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"National Lamp."	News	(Off Air)	Stretch	News	News	Blo.: Home Imp	(5:00) News	News (Live)	(5:00) News (Live)	Monsters	(5:00) Tennis: Wimbledon -- Women's Semifinals. (Live)	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller.	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Biography "Cheers"	Good Morning America	News (Live)	(5:00) News (Live)	Stickin	Wimbledon -- Women's Semifinals. (Live)	Canada AM	Young-Wild	Libertys	Aladdin	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street	Dora	Barney	Today's Kitchen	The Early Show	Biography "Cheers"	Good Morning America	News (Live)	(5:00) News (Live)	George S.	Wimbledon -- Women's Semifinals. (Live)	Canada AM	Nature	Charles	Kim	News	CityLine	Matlock
9 AM	Cosby	Save-Ums!	Magic Bus	Sesame Street (EI)	Discover	Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Mona	Tennis: Wimbledon -- Women's Semifinals. (Live)	Regis and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madellne	Reading	Ellen DeGeneres Show	The Price Is Right	American Justice	The View July 4 party.	World Vision	Room	Rupert	Tennis: Wimbledon -- Women's Semifinals. (Live)	The View July 4 party.	How-Made	The Larry Elder Show	Higglytown	Jerry Springer	Citizenship	News
11 AM	Harvey	Coronatin	Fetal Alcohol Syndrome	Yoga	Frasier	Young and the Restless	Blo.: Wonder Yrs	Paid Prog.	The Insider	News (Live)	Hamtaro	Tennis: Wimbledon -- Women's Semifinals. (Live)	Balance-TV	Triumph of Life	Montel Williams	King	Jerry Springer	Chum Chart	MLB Baseball: Milwaukee Brewers at Chicago Cubs. (Live)
12 PM	Drew	News	Reach-Top	Charlie Rose	Tennis: Wimbledon -- Women's Semifinals.	News	Blo.: Home Imp	All My Children	News (Live)	Step in It	Jacob	Fishing	Daily	Tornado: Survival	Perry Mason	Hercules	Maury	CityLine	Chicago Cubs. (Live)
1 PM	Yes, Dear	Life & Times	Journal	Painting	As the World Turns	As the World Turns	Biography "Cheers"	One Life to Live	As the World Turns	As the World Turns	George S.	PGA Golf: Ciallis Western	Vicki G.	Unsolved History	Fam. Feud	Mermaid	Jerry Springer	Relic Hunter	Inning
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Guiding Light	Guiding Light	Third Watch	General Hospital	To Be Announced	Genius: Ray Charles	Mona	Open -- First Round.	General Hospital	Unsolved History	Pat Croce	Dalmatian	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Dr. Phil	Dr. Phil	City Confidential	Paid Prog.	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	How-Made	Starting Over	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM	MLB Baseball: Atlanta	Simpsons	Koala Bro	Cyberchas	Oprah Winfrey	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	Burning	Frasier	Daily Planet	"Little House"	Recess	Xiaolin	Sex & City	Will-Grace
5 PM	Braves at Florida Marlins.	News	George S.	BBC World	News	News	Cold Case Files (N)	News	News	News	Oddparent	Pregame	News	Frontiers of	Malcolm King of Hill	Proud	Sabrina	Hunters	Movie: "Chain of Command" (2000)
6 PM	(Live)	Will-Grace	Edge	News-Lehrer	News	News	News	News	News	News	SpongeBob	Football: Edmonton Eskimos at Winnipeg Blue Bombers. (Live)	News	Extreme Engineering	Simpsons	Darcy	Friends	Movie: "Eight Legged Freaks" (2002)	WGN News at Nine
7 PM	Movie: "The Fifth Element" (1997) (PA)	Fortune	Blitter Harvest	Ask the Governor	Jeopardy!	Seinfeld	The First 48	Entertain	Entertain	Without a Trace	Endurance	Trading	eTalk Daily	Destroyer Down	Will-Grace	Even	Raymond	News	Becker
8 PM	Bruce Willis.	Stargate SG-1	Ministers	Jonathan Creek	Will & Grace	The Cut (N)	Crossing Jordan	Extreme Makeover	Will & Grace	Will & Grace	ReBoot	SportsCentre (Live)	Veronica Mars (N)	Daily Planet	The O.C. "The Test"	Boy World	Blue Coll	SexTV	Becker
9 PM	Movie: "Striking Distance" (1993)	Largo Winch	Dispatches - Frnt	Battlefield	Hit Me Baby	CSI: Crime Scn	Cold Case Files	70s Show	Will-Grace	Will-Grace	Hit List	In Corner	CSI: Crime Scn	Extreme Engineering	70s Show	Movie: "Bugsy" (1991)	Beauty and the Geek	Jimmy Kimmel Live	Home Delivery
10 PM	Bruce Willis.	The National	Lost Treasures	Soundstage (N)	(9:59) ER "Middleman"	Without a Trace	PrimeTime Live	Without a Trace	News	News	Inuyasha	Boxing	(9:59) ER "Middleman"	Destroyer Down	News	Warren Beatty.	KTLA Prime News	Dream Tower (N)	Justice Street
11 PM	"Double"	Sportspage	Perspectives	Charlie Rose (N)	News	News	The First 48	News	News	(11:03) Fear Factor	Ready-Not My Family	SportsCentre (Live)	News	Frontiers of	Becker	(11:14) My So-Called Life	Will-Grace	"Oscar"	Elimidate

FRIDAY, JULY 1, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Saved-Bell	News	(Off Air)	Body Elec.	News	News	Murder, She Wrote	(5:00) News	News (Live)	Ultimate Team	Monsters	(5:00) Tennis: Wimbledon -- Men's Semifinals. (Live)	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller.	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today Earth, Wind & Fire; Chicago; princess camping.	The Early Show	Murder, She Wrote	Good Morning America	News (Live)	Woman of Vision	Stickin	Wimbledon -- Men's Semifinals. (Live)	Canada AM	Nature	Libertys	Aladdin	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street	Dora	Barney	Today Earth, Wind & Fire; Chicago; princess camping.	The Early Show	Murder, She Wrote	Good Morning America	News (Live)	100 Huntley Street	SpongeBob	Wimbledon -- Men's Semifinals. (Live)	Canada AM	Nature	Charles	Kim	News	CityLine	Matlock
9 AM	Becker	CBC News Sp.: Canada	Magic Bus	Sesame Street (EI)	Discover	Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Mona	Tennis: Wimbledon -- Men's Semifinals. (Live)	Regis and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	Day	Madellne	Reading	Ellen DeGeneres Show	The Price Is Right	American Justice	The View (N)	World Vision	Homes	Rupert	Tennis: Wimbledon -- Men's Semifinals. (Live)	The View (N)	How-Made	The Larry Elder Show	Stanley Henrys	Jerry Springer	Movie: "Eight Legged Freaks" (2002)	News
11 AM	Harvey	Coronatin	CG Kids	Yoga	Frasier	Young and the Restless	Murder, She Wrote	Paid Prog.	The Insider	Alexandra's Echo	Hamtaro	Tennis: Wimbledon -- Men's Semifinals. (Live)	Balance-TV	Super Ships	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM	Drew	Movie: "Alegria" (1999)	Edge	Charlie Rose	Tennis: Wimbledon -- Men's Semifinals.	News	Murder, She Wrote	All My Children	News (Live)	Days of our Lives	Jacob	Billiards: UPA Pro Tour	Daily	Frontiers of	Perry Mason	Fillmore	Maury	Hunters	Magnum, P.I.
1 PM	Yes, Dear	René Bazinet.	Safe Pass	Painting	As the World Turns	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	George S.	PGA Golf: Ciallis Western	Vicki G.	Extreme Engineering	Fam. Feud	Recess	Jerry Springer	Citizenship	Funniest Home Videos
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Guiding Light	Guiding Light	Third Watch	General Hospital	To Be Announced	Just Shoot	Mona	Open -- Second Round.	General Hospital	Destroyer Down	Pat Croce	Proud	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Diva Dime	Timothy	Postcards	Dr. Phil	Dr. Phil	City Confidential	Paid Prog.	Young and the Restless	Young and the Restless	Jacob	CFL Football: Montreal Alouettes at Ottawa Renegades. (Live)	Dr. Phil	Super Ships	Starting Over	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	Koala Bro	Cyberchas	Oprah Winfrey	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	Alouettes at Ottawa Renegades. (Live)	Frasier	Daily Planet	Little House	Recess	Xiaolin	Sex & City	Will-Grace
5 PM	Friends	News	George S.	BBC World	News	News	Biography	News	News	News	Oddparent	Football: Toronto Argonauts at Calgary Stampeders. (Live)	News	Fear Fighters (N)	Malcolm King of Hill	Proud	Sabrina	Hunters	Movie: "Cats & Dogs" (2001) Jeff Goldblum. (2001, Drama)
6 PM	Friends	Will-Grace	Safe Pass	News-Lehrer	News	News	Biography	News	News	Homes	Being Ian	Football: Toronto Argonauts at Calgary Stampeders. (Live)	News	Canadian Geographic	Simpsons	Zoey 101	Friends	WGN News at Nine	
7 PM	Raymond	Fortune	Blue Realm "Tentacles"	Wash Wk	Jeopardy!	Seinfeld	Biography: Wuornos	Entertain	Entertain	Andromeda (DVS)	Being Ian	Argonauts at Calgary Stampeders. (Live)	Beauty and the Geek	Mega Storms (N)	Will-Grace	School	Raymond	Star Trek: Enterprise	
8 PM	Movie: "Summer Rental" (1985)	Legacy-Survive	Jewel on Hill	NOW (N)	Dateline NBC	Child Prodglies	Amer. Justice	8 Rules	Gilmore Girls	Gilmore Girls	Dragonball	Sports	Beauty and the Geek	Thunder and Mist	Movie: "Cats & Dogs" (2001) Jeff Goldblum. (1986)	Movie: "Air Bud Spikes Back" (2001)	What I Like	News	Becker
9 PM	John Candy.	Just for Laughs	Jewel on the Hill	Remembered	JAG (DVS)	JAG (DVS)	Biography	Hope	The Outer Limits	The Outer Limits	Justice	Boxing: Abdullaev vs. Cotto	Punk'd (N)	Pet Awards III	Malcolm	Movie: "Crocodile Dundee" (1986)	Reba	Jimmy Kimmel Live	Home Delivery
10 PM	Family Guy	The National	A Flag for Canada	Remembered	Trial by Jury	NUMB3RS	Biography	20/20	20/20	News	Inuyasha	Boxing: Abdullaev vs. Cotto	Osbourne	MythBusters	News	Movie: "Voyeur 6" (2002) Premiere.	Prime News	News	Justice Street
11 PM	Oblongs	News	Canada-History	"Sweet Smell"	News	News	Biography: Wuornos	News	News	(11:03) Fear Factor	ReBoot	SportsCentre (Live)	News	American Chopper	Becker	(11:14) My So-Called Life	Will-Grace	"Oscar"	Elimidate

saturday movies

MORNING

8:00 am WTBS (3) ★★½ "Jumanji" (1995, Fantasy) Robin Williams. Based on Chris Van Allsburg's tale of a board game that unleashes a stampede of jungle dangers against its players. (DVS)

10:00 am A&E (9) ★★½ "Midnight Run" (1988, Comedy-Drama) Robert De Niro. A bounty hunter and his quarry, an accountant accused of embezzlement, try to stay one step ahead of the mob. (DVS)

10:20 am WTBS (3) ★★ "Summer Rental" (1985, Comedy) John Candy. An overworked air traffic controller and his family head for Florida for a restful vacation that turns calamitous. (DVS)

11:00 am WGN (38) ★★½ "Grand Canyon" (1991, Drama) Danny Glover. Racial tensions and societal differences complicate a white lawyer's friendship with a black tow-truck driver. (In Stereo) (DVS)

AFTERNOON

12:00 pm FAM (26) ★★ "Air Bud"

Spikes Back (2003, Adventure) Katija Pevec. A teenager and her athletic dog help get a struggling volleyball team into championship shape. (In Stereo) (DVS)

12:35 pm WTBS (3) ★★ "Rat Race" (2001, Comedy) Rowan Atkinson. A casino owner sends assorted vacationers dashing toward New Mexico to retrieve a bag stuffed with cash. (DVS)

1:00 pm CITY (29) ★★½ "Fast Times at Ridgemont High" (1982, Comedy) Sean Penn. Students in a Southern California town divide their time between high school and the neighborhood shopping mall. (DVS)

1:30 pm FAM (26) ★★ "Genius" (1999, Comedy) Trevor Morgan. A brilliant 14-year-old maintains a double life in junior high school and college in an attempt to fit in. (In Stereo) (DVS)

3:00 pm WTBS (3) ★★½ "Jumanji" (1995, Fantasy) Robin Williams. Based on Chris Van Allsburg's tale of a board game that unleashes a stampede of jungle dangers against its players. (DVS)

4:00 pm YTV (18) ★★ "All Dogs Go

to Heaven 2" (1996, Fantasy) Voices of Charlie Sheen. Animated. A demonic kitty tricks two angelic canines into helping him obtain Gabriel's horn. (In Stereo) (DVS)

KTTLA (27) ★★½ "Meet the Deedles" (1998, Comedy) Steve Van Wormer. Two sibling surfers from Hawaii take Yellowstone Park by storm when they are mistaken for park ranger recruits. (In Stereo) (DVS)

5:00 pm WTBS (3) ★★½ "Addams Family Values" (1993, Comedy) (PA) Anjelica Huston. With Wednesday and Pugsley off to summer camp, a greedy nanny plots to marry and murder wealthy Uncle Fester. (DVS)

EVENING

6:00 pm CITY (29) ★★ "Universal Soldier III: Unfinished Business" (1998, Action) Matt Battaglia. A powerful supersoldier is designed to pull off a billion-dollar gold heist. (DVS)

7:00 pm CITY (12) ★★½ "Forces of Nature" (1999, Romance) Sandra Bullock. Premiere. A groom-to-be has second thoughts about his upcoming nuptials during a detour-laden journey with a free-spirited woman. (DVS)

7:10 pm WTBS (3) ★★ "Rat Race" (2001, Comedy) Rowan Atkinson. A

casino owner sends assorted vacationers dashing toward New Mexico to retrieve a bag stuffed with cash. (DVS)

8:00 pm KXLY (10) ★★½ "Toy Story" (1995, Adventure) Voices of Tom Hanks. State-of-the-art computer animation propels this tale about toys that spring to life when their young owner is absent. (In Stereo) (DVS)

9:00 pm CHBC (4) "Voyage of the Unicorn" (2001, Fantasy) (Part 2 of 2) Beau Bridges. Mythical creatures join a human family on a quest to restore a magical dragon to the realm of the fairies. (DVS)

YTV (18) ★★½ "The Karate Kid" (1984, Drama) Ralph Macchio. After several violent clashes with his new schoolmates, a transplanted teen seeks help from a karate master.

FAM (26) ★★½ "Top Gun" (1986, Drama) Tom Cruise. A maverick Navy pilot is forced to grow up during the course of a specialized training program in California. (DVS)

CITY (29) ★★½ "Last Tango in Paris" (1973, Drama) Marlon Brando. A middle-aged widower and an uninhibited woman begin an affair throughout which they remain nameless to each other. (DVS)

9:30 pm WGN (38) ★★½ "Porky's II: The Next Day" (1983, Comedy) Dan Monahan. High-school students try

to thwart the plans of a preacher and the Ku Klux Klan to censor a Shakespeare festival. (DVS)

9:35 pm WTBS (3) ★★½ "Addams Family Values" (1993, Comedy) (PA) Anjelica Huston. With Wednesday and Pugsley off to summer camp, a greedy nanny plots to marry and murder wealthy Uncle Fester. (DVS)

10:33 pm FAM (26) ★★½ "Spaceballs" (1987, Comedy) Mel Brooks. Spacefarers come to the rescue of a planet threatened by the evil Dark Helmet in Mel Brooks' spoof of sci-fi movies. (In Stereo) (DVS)

11:35 pm WTBS (3) ★★½ "Mars Attacks!" (1996, Comedy) (PA) Jack Nicholson. Malevolent martians take delight in incinerating humans in director Tim Burton's sendup of 1950s sci-fi classics. (DVS)

Weather?
Updated Hourly...

Road Reports?
Updated Daily...

www.thenewsleader.ca

Similkameen News Leader
Community Events Cruiser



CALL US TO COVER YOUR EVENT - (250) 295-4149

LEGEND TO THE TV LISTINGS
Summer Months
July / August
"Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.

PLP Off Peak Green Zones
P.A.S.S. On Peak Red Zones Energy Management Services

Princeton Light & Power
231 Bridge Street, Princeton
Phone (250) 295-3244
Fax (250) 295-3611

Time-of-use Schedule for TOU * SUMMER MONTHS
JULY - AUGUST

Hour	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

6:45 am WTBS (3) ★★½ "Mars Attacks!" (1996, Comedy) (PA) Jack Nicholson. Malevolent martians take delight in incinerating humans in director Tim Burton's sendup of 1950s sci-fi classics. (DVS)

9:00 am WTBS (3) ★★½ "Nothing to Lose" (1997, Comedy) (PA) Martin Lawrence. After his wife betrays him, an ad executive becomes a smart-mouthed carjacker's unlikely partner in crime. (DVS)

10:00 am CHBC (4) ★★½ "New Waterford Girl" (1999, Comedy) Liane Balaban. A boxer's spunky daughter brightens the mood of an unhappy teen who dreams of escaping her dreary Canadian mining town. (DVS)

A&E (9) ★★½ "This Boy's Life" (1993, Drama) Robert De Niro. In 1950s Seattle, a rebellious youth locks horns with his new stepfather. Based on Tobias Wolff's book. (DVS)

11:00 am WTBS (3) ★★½ "The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (DVS)

CITY (29) ★★½ "October Sky" (1999, Drama) Jake Gyllenhaal. The 1957 launch of Sputnik 1 inspires a coal miner's teenage son to reach for the stars. Based on a true story. (DVS)

AFTERNOON

12:00 pm FAM (26) ★★ "The Cheetah Girls" (2003, Comedy-Drama) Raven. Four teens hold on to their dream of musical fame while navigating the twists and turns of their normal lives. (In Stereo)

1:00 pm WTBS (3) ★★½ "Cool Runnings" (1993, Comedy) Leon. An American former Olympian trains a team of bobsledders from Jamaica for the 1988 Winter Olympics in Calgary. (DVS)

KTTLA (27) "Time to Say Goodbye?" (1997, Drama) Eva Marie Saint. A doctor diagnosed with Alzheimer's disease asks his wife to assist in his suicide, much to their son's disapproval. (In Stereo)

1:30 pm FAM (26) ★★ "Rip Girls" (2000, Adventure) Camilla Belle. A teenage heiress gains new confidence and inner strength while learning to surf in Hawaii.

2:00 pm VTV (22) "Murder Most

Likely (1999, Drama) Paul Gross. Former undercover drug agent Patrick Kelly is charged with the murder of his wife. (In Stereo) (DVS)

3:00 pm WTBS (3) ★★½ "Beverly Hills Ninja" (1997, Comedy) Chris Farley. A bumbling warrior-in-training agrees to help a beautiful woman investigate her boyfriend's suspicious activities. (DVS)

KTTLA (27) ★★ "Take My Advice: The Ann and Abby Story" (1999, Drama) Wendie Malick. Twin sisters Esther and Pauline Friedman become successful advice columnists Ann Landers and Abigail Van Buren. (In Stereo)

4:00 pm YTV (18) ★★ "Beethoven" (1992, Comedy) Charles Grodin. A suburban family rallies to the rescue when an evil veterinarian kidnaps its Saint Bernard. (In Stereo) (DVS)

5:00 pm WTBS (3) ★★ "Tommy Boy" (1995, Comedy) Chris Farley. A hefty underachiever becomes a traveling salesman to save his father's auto-parts company from financial ruin. (DVS)

WGN (38) ★★½ "Cadillac Man" (1990, Comedy) Robin Williams. A car salesman's womanizing ways get the better of him when an armed husband lays siege to his dealership. (In Stereo) (DVS)

EVENING

6:00 pm CITY (29) ★★ "Where the Heart Is" (2000, Drama) Natalie Portman. Premiere. Kindhearted townspeople become a surrogate family for a young mother who was abandoned in a Wal-Mart by her lover. (DVS)

7:00 pm WTBS (3) ★★ "Tommy Boy" (1995, Comedy) Chris Farley. A hefty underachiever becomes a traveling salesman to save his father's auto-parts company from financial ruin. (DVS)

FOX (23) ★★½ "The Lost World: Jurassic Park" (1997, Science Fiction) Jeff Goldblum. Ian Malcolm reluctantly returns to an island off Costa Rica's coast where cloned dinosaurs are flourishing. (In Stereo) (DVS)

8:00 pm CHBC (4) ★★½ "About Schmidt" (2002, Comedy-Drama) Jack Nicholson. A retired widower reflects on his wasted life as he drives to Colorado to derail his daughter's wedding to a loser. (DVS)

KTTLA (27) ★★ "Summer Catch" (2001, Comedy-Drama) Freddie Prinze Jr. A baseball player's blue-collar roots may keep him from scoring with an upper-class beauty vacationing in Cape Cod. (In Stereo)

9:00 pm WTBS (3) ★★½ "Nothing to Lose" (1997, Comedy) (PA) Martin Lawrence. After his wife betrays him, an ad executive becomes a smart-mouthed carjacker's unlikely partner in crime. (DVS)

KREM (8) ★★½ "Shanghai Noon" (2000, Comedy) Jackie Chan. In 1881, an imperial guard from China joins forces with a mellow outlaw to rescue a kidnapped princess. (In Stereo) (DVS)

FAM (26) ★★½ "The Naked Gun: From the Files of Police Squad!" (1988) Leslie Nielsen. Lt. Frank Drebin ("Police Squad!") attempts to thwart a drug kingpin's plot to assassinate the Queen of England. (DVS)


10:32 pm FAM (26) ★★½ "Rudy" (1993, Drama) Sean Astin. A working-class Illinois teen overcomes physical and educational hurdles to fulfill his dream of attending Notre Dame. (In Stereo) (DVS)

11:00 pm WTBS (3) ★★½ "The Naked Gun 2 1/2: The Smell of Fear" (1991, Comedy) Leslie Nielsen. Lt. Frank Drebin creates chaos on Capitol Hill when an evil industrialist kidnaps the president's chief of energy expert. (DVS)

11:30 pm CITY (29) ★★ "Phantoms" (1998, Horror) Peter O'Toole. Two skiers discover a Colorado resort town under attack by creatures from beneath the ground. (DVS)

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton
(250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

www.thenewsleader.ca

LOCAL WEATHER - UPDATED HOURLY
ROAD REPORTS - UPDATED DAILY
ONLINE CLASSIFIEDS
CALENDAR OF EVENTS
WEEKLY NEWS & SPORTS

www.thenewsleader.ca

SATURDAY, JULY 2, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Real Gilligan	News	(Off Air)	Globe Trekker	Tennis: Wimbledon -- Women's	Saturday Early Show	Ask This	Good Morning America	Tennis: Wimbledon -- Women's	Tennis: Wimbledon -- Women's	Monsters	SportsCentre	OWLTV Kingdom	Ultimate Strike Planes	Paid Prog.	Dalgunder	Paid Prog.	Caribbean	Paid Prog.
7 AM :30	Dawson's Creek	Pet Guys	BluesClues	MotorWeek	Final. From the All-England Lawn	LazyTown	Bio.: Wozniak	Good Morning Northwest	Final. (Live)	Final. (Live)	Transform	Fishing	Katie-Orbie	Canadian Geographic	Mew Mew	Rangers	Jackie	Eye on Asia	Paid Prog.
8 AM :30	Movie: "Jumanji" (1995)	MyBoat TV	George S.	Router	Tennis and Croquet Club in Wimbledon, England. (Live)	Backyard	Biography: Jeff Bezos	Saturday	News (Live)	News (Live)	Yu-Gi-Oh!	Score Golf: 25 Years	Good Morning Canada	Mega Storms	Winx Club	Lizzie	Xiaolin	Polish Studio	Paid Prog.
9 AM :30	Fantasy Robin Williams	Edgemont	Arthur	Workshop	Discover	Discover	Biography: Gates	Even	Pet Guys	Jackie	Bowling: Men's 10 Pin.	Forensic Factor	Turtles	So Raven	Pokémon	Arts	Paid Prog.		
10 AM :30	Movie: "Summer Rental" (1985)	Canadian Experience	Madeline	Ask This	Celebrity Justice (N)	Movie: "Midnight Run" (1988)	Phill	GetUpGrow	Strange	Phantom	Track and Field	Daily Planet	Exhibit A	Shaman	Even	Yu-Gi-Oh!	Soul Train Fantasia		
11 AM :30	John Candy	Track and Field: IAAF	MacPhee	Food	2005 NASCAR Preview	Discover	Lilo Stitch	Antique	Motorcycle Racing	Tn-Titans	Boxing (Taped)	Animal Planet	Mayday	Paid Prog.	School	Libertys	Starville	Movie: "Grand Canyon" (1991)	
12 PM :30	Movie: "Rat Race" (2001)	Beach Volleyball	Moving On	Family K	Paid Prog.	Discover	Proud	Canada	News (Live)	Malcolm	Pokémon	Inside Travel	Ultimate Strike Planes	Paid Prog.	Movie: "Air Bud Spikes Back" (2000)	Libertys	Chum Chart	Danny Glover	
1 PM :30	Rowan Atkinson, John Cleese	World Cup Mountain Biking (Taped)	Journal	Painting	Paid Prog.	Match Play Champions hip	Caesars	Caesars	Motorcycle: Motocross (Live)	Malcolm	Academy	Eagle	American Chopper	MLB Baseball: Diamondbacks at Dodgers or Rangers at Mariners	Smart Guy	Andromeda	News	MLB Baseball: "Fast Times at Ridgmont High" (1982)	
2 PM :30	Movie: "Jumanji" (1995)	Pregame	Dora	Barbecue	Time Warp	Discover	Investigati	Inside Stuff	70s Show	Transform	SportsCentre (Live)	Exhibit A	How-Made	Angel	So Raven	Movie: "Meet the Deedles" (1998), Paul Walker	MovieTV	Funnlest Home Videos	
3 PM :30	Fantasy Robin Williams	CFL Football: Saskatchewan	Arthur	Train	NASCAR Racing: Nextel Cup Series -- Pepsi 400. (Live)	The West Wing	City Confidential	Paid Prog.	Simpsons	Simpsons	Movie: "All Dogs Go to Heaven 2" (1996)	NASCAR Racing: Nextel Cup Series -- Pepsi 400. (Live)	Sue Thomas: F.B. Eye	Ultimate Ten Inventions	Paid Prog.	Dragon	Star Wknd	Born American	
4 PM :30	Movie: "Addams Family Values" (1993) (PA)	Roughriders at Hamilton Tiger-Cats.	Art Attack	Summer	CBS News	News	City Confidential	ABC News	Global	Global	Mystery	News	American Chopper	Simpsons	Naturally	Will-Grace	"Universal Soldier III: Unfinished Business" (Live)	MLB Baseball: Chicago White Sox at Oakland Athletics. (Live)	
5 PM :30	Movie: "Rat Race" (2001)	Chilly	National Geographic	Time Goes	Chilly	Chilly	Entertainment Tonight	Body & Health (N)	Movie: "Forces of Nature" (1999)	Yvon	Funpak	W-FIVE	Biker Build-Off	Will-Grace	Radio Free	On Star	Miss-Tropic	News	
6 PM :30	Rowan Atkinson, John Cleese	Doc	Heartbeat	Evening at Pops	News	48 Hours Mystery	American Justice	Movie: "Toy Story" (1995)	Zoe Buesle: Wild Card	Blue Murder (DVS)	Entert'nt	Smallville	Sue Thomas: F.B. Eye	American Hot Rod	Cops (N)	Knock First	SexTV	WGN News	
7 PM :30	Movie: "Voyage of the Unicorn" (2001, Fantasy)	A Touch of Frost "True Confessions"	Battlefield Britain	Raymond	NCIS	City Confidential	Voices of Tom Hanks.	Blue Murder (DVS)	Entert'nt	MoneyWs	Driving TV	SportsCentre (Live)	American Hot Rod	America's Most Wanted	Movie: "Top Gun" (1986)	Bikini Dest.	Movie: "Last Tango in Paris" (1973)	Movie: "Porky's II: The Next Day" (1983)	
8 PM :30	Movie: "Addams Family Values" (1993) (PA)	Family Values	Red Green	Newsroom	CSI: Crime Scn	48 Hours Mystery	Cold Case Files	Funnlest Home Videos	News	News	Driving TV	News	News	Mad TV	Movie: "Spaceballs" (1987)	Movie: "Cheaters" (2000)	Movie: "Phan	Exposure	
9 PM :30	Movie: "Mars Attacks!" (1996) (PA)	Jack Nicholson.	Van Impe	George S.	Maya	Dragonfly	Tennis and Croquet Club in Wimbledon, England. (Live)	Discover	Discover	Discover	Discover	Discover	Discover	Discover	Discover	Discover	Discover	Discover	Discover
10 PM :30	Movie: "Nothing to Lose" (1997) (PA)	Movie: "New Waterford Girl" (1999)	Router	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign
11 PM :30	Movie: "Naked Gun 2 1/2"	MacDonald	SportFish	Train	Sports	Backroads	Interventio	Van Impe	Yes, Dear	Paid Prog.	Ready-Not	SportsCentre (Live)	MythBuste	Exposure	Sean Astin.	Just Shoot	"Phan	Justice (N)	

SUNDAY, JULY 3, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	"Naked 2"	News	(Off Air)	Noddy	Tennis: Wimbledon -- Men's	Discover	Breakfast With the Arts	Good Morning America	Tennis: Wimbledon -- Men's	Tennis: Wimbledon -- Men's	Monsters	Formula One Racing	Acorn Kids	Destroyer Down	Hour of Power	Dalgunder	Pacesetter	Mix TV	NightMan
7 AM :30	Movie: "Mars Attacks!" (1996) (PA)	In Touch	BluesClues	Bob Build	Final. From the All-England Lawn	Little Bill	What Next	News	Final. (Live)	Final. (Live)	Mona	Reporters	Good Morning Canada	First Canadians	Libertys	Rangers	Facts	Eye on Asia	Mutant X "Wasteland"
8 AM :30	Jack Nicholson.	Van Impe	George S.	Maya	Tennis and Croquet Club in Wimbledon, England. (Live)	BluesClues	Famous	News	News (Live)	News (Live)	Beasts	Golf	ChalkZone	Fishing	Fox News Sunday	Lizzie	Feed	Eye-Asia	The X-Files "Max"
9 AM :30	Movie: "Nothing to Lose" (1997) (PA)	Listen Up!	Arthur	Jakers	Discover	Nation	Movie: "This Boy's Life" (1993)	PGA Tour Special	Hour of Power	Canada	Being Ian	World Muscle Power II	Eagle	How-Made	Paid Prog.	So Raven	Pastor	Festival Italiano di Johnny Lombardi (In Italian)	Andromeda
10 AM :30	Movie: "The Whole Nine Yards" (2000) (PA)	Movie: "New Waterford Girl" (1999)	Router	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign	Foreign
11 AM :30	Movie: "Cool Runnings" (1993)	Open -- Final Round. (Live)	Canada-History	Ballykissangel	Paid Prog.	To Be Announced	Design	Open -- Final Round. (Live)	The Biggest Loser (N)	TBA	Monster	Boxing: Khalid Jones vs. Freddy Moore	W-FIVE	How'd They Do That?	Buffy Vampire	Movie: "Rip Girls" (2000, Adventure)	Movie: "Time to Say Goodbye?" (1997, Drama)	World Poker Tour	Inning
12 PM :30	Movie: "Beverly Hills Ninja" (1997)	Be the Creature (N)	Arthur	Wdwright	CSI: Crime Scn	The West Wing	Crossing Jordan	Ironman	Just Shoot	Simpsons	Movie: "Beethoven" (1992)	Skins	MythBuste	Outtakes.	Paid Prog.	Lizzie	Ann and Abby Story	MovieTV	Will-Grace
1 PM :30	Movie: "Tommy Boy" (1995)	News	Monster's Jungle	Workshop	News	King	The First 48	News	Global	Global	Charles Grodin.	Boxing (Taped)	8 Rules	MythBuste	Andromeda	Dragon	What I Like	The Collector	Movie: "Cadillac Man" (1990)
2 PM :30	Chris Farley.	Makeover: Home	Heartbeat	Monarch of the Glen	News	Fortune	Family	News	News (Live)	News (Live)	Drake	Law Order: CI	MythBuste	MythBuste	Paid Prog.	Naturally	One Tree Hill	Movie: "Where the Heart Is" (2000)	WGN News
3 PM :30	Movie: "Tommy Boy" (1995)	Doctor Who	National Geographic	Forces of the Wild	Dateline NBC	60 Minutes	Interventio	Funnlest Home Videos	Malcolm	Malcolm	Mystery	SportsCentre (Live)	Law Order: CI	MythBuste	Movie: "The Lost World: Jurassic Park" (1997) Jeff Goldblum.	Radio Free	Charmed	(2000) Natalie Portman.	Replay
4 PM :30	Chris Farley.	Movie: "About Schmidt" (2002) Jack Nicholson.	The Royal	Mystery (N) (Part 2 of 4) (DVS)	Cold Case "Discretion"	CSI: Miami	Makeover: Home	Simpsons	Simpsons	Simpsons	Smallville "Rush"	Motoring	The West Wing (N)	MythBuste	Knock First	Afraid?	Movie: "Summer Catch" (2001), Jessica Biel	World Poker Tour	Maximum Exposure
5 PM :30	Movie: "Nothing to Lose" (1997) (PA)	Movie: "Nothing to Lose" (1997) (PA)	Rosemary and Thyme	Sherlock H.	Law Order: CI	Movie: "Shanghai Noon" (2000) Jackie Chan.	The First 48	Makeover: Home	Family Guy	Family Guy	Zixx	Canadian Strongman	Law Order: CI	MythBuste	"The Naked Gun: Police Squad"	Movie: "Rudy" (1993)	Just Shoot	"Phan	Justice (N)
6 PM :30	Chris Farley.	Makeover: Home	Heartbeat	Monarch of the Glen	News	Fortune	Family	News	News (Live)	News (Live)	Drake	Law Order: CI	MythBuste	MythBuste	Paid Prog.	Naturally	One Tree Hill	Movie: "Where the Heart Is" (2000)	WGN News
7 PM :30	Movie: "Tommy Boy" (1995)	Doctor Who	National Geographic	Forces of the Wild	Dateline NBC	60 Minutes	Interventio	Funnlest Home Videos	Malcolm	Malcolm	Mystery	SportsCentre (Live)	Law Order: CI	MythBuste	Movie: "The Lost World: Jurassic Park" (1997) Jeff Goldblum.	Radio Free	Charmed	(2000) Natalie Portman.	Replay
8 PM :30	Chris Farley.	Movie: "About Schmidt" (2002) Jack Nicholson.	The Royal	Mystery (N) (Part 2 of 4) (DVS)	Cold Case "Discretion"	CSI: Miami	Makeover: Home	Simpsons	Simpsons	Simpsons	Smallville "Rush"	Motoring	The West Wing (N)	MythBuste	Knock First	Afraid?	Movie: "Summer Catch" (2001), Jessica Biel	World Poker Tour	Maximum Exposure
9 PM :30	Movie: "Nothing to Lose" (1997) (PA)	Movie: "Nothing to Lose" (1997) (PA)	Rosemary and Thyme	Sherlock H.	Law Order: CI	Movie: "Shanghai Noon" (2000) Jackie Chan.	The First 48	Makeover: Home	Family Guy	Family Guy	Zixx	Canadian Strongman	Law Order: CI	MythBuste	"The Naked Gun: Police Squad"	Movie: "Rudy" (1993)	Just Shoot	"Phan	Justice (N)
10 PM :30	Chris Farley.	Makeover: Home	Heartbeat	Monarch of the Glen	News	Fortune	Family	News	News (Live)	News (Live)	Drake	Law Order: CI	MythBuste	MythBuste	Paid Prog.	Naturally	One Tree Hill	Movie: "Where the Heart Is" (2000)	WGN News
11 PM :30	Movie: "Naked Gun 2 1/2"	MacDonald	SportFish	Train	Sports	Backroads	Interventio	Van Impe	Yes, Dear	Paid Prog.	Ready-Not	SportsCentre (Live)	MythBuste	Exposure	Sean Astin.	Just Shoot	"Phan	Justice (N)	

MONDAY, JULY 4, 2005

Television schedule grid with columns for channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

7:00 am WTBS (3) ***"Cool Runnings" (1993, Comedy) Leon. An American former Olympian trains a team of bobsledders from Jamaica for the 1988 Winter Olympics in Calgary. (E)
9:00 am WTBS (3) ***"The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (E) (DVS)
10:00 am CITY (29) ***"Where the Heart Is" (2000, Drama) Natalie Portman. Kindhearted townspeople become a surrogate family for a young mother who was abandoned in a Walmart by her lover. (E)
11:00 am WTBS (3) ***"Beverly Hills Ninja" (1997, Comedy) Chris Farley. A bumbling warrior-in-training agrees to help a beautiful woman investigate her boyfriend's suspicious activities. (E)

AFTERNOON

1:00 pm WTBS (3) ***"Galaxy Quest" (1999, Comedy) (PA) Tim Allen. Aliens kidnap actors from a long-cancelled TV series in the mistaken hope that they can defend them from their enemies. (E)
5:00 pm A&E (9) ***"Windtalkers" (2002, Action) Nicolas Cage. During World War II, a traumatized Marine is assigned to protect a Navajo code talker. (E)

(2002, Action) Nicolas Cage. During World War II, a traumatized Marine is assigned to protect a Navajo code talker. (E)

EVENING

6:00 pm CITY (29) ***"Great Expectations" (1998, Drama) Ethan Hawke. Premiere. A poor artist falls in love with a wealthy young woman in this modern retelling of the Charles Dickens novel. (E)
8:00 pm WTBS (3) ***"Galaxy Quest" (1999, Comedy) (PA) Tim Allen. Aliens kidnap actors from a long-cancelled TV series in the mistaken hope that they can defend them from their enemies. (E)
CHBC (4) ***"Duct Tape Forever" (2002, Comedy) Steve Smith. Red Green and other members of the Possum Lodge enter a contest in order to save their beloved establishment. (E)
9:00 pm A&E (9) ***"Windtalkers" (2002, Action) Nicolas Cage. During World War II, a traumatized Marine is assigned to protect a Navajo code talker. (E)
FAM (26) ***"Drop Dead Fred" (1991, Comedy) Phoebe Cates. An imaginary friend returns to help a woman out of her melancholy state by wreaking havoc on an unsuspecting public. (In Stereo) (E)

THE NEWS LEADER WORD SEARCH

A H A A V Q G W G U M T C Y C L F R R D
J H I G Y N F O A V K P C S A O V E U N
Q R Z W H M V U W A L I C R C X H U P K
Y D Y K N A U E K P S W S T N V H N A S
F L S S C D P C M E G T L O F S H I N Q
P R O H T U A F B X M O N W M P E O C P
A G P A F A I R G R O U N D O O N N A B
B R B Z B Y Y B N K U R Y Q W N T T K J
K Y Q Y Y Y W S T P W N Q M A S E S E L
A C A W W I H E D B E A P W G O R R S S
E M N D N N S S H F E M H Q E R T Z U W
D B B N I R S O U V K E T O R A A Z S V
A X E A U L R U O O E N R X Y U I S P A
R R D P S S O L O E N T A F P Y N R S V
A O H U E S U H K A D V D L T L M O Y A
P Y W S C N A T J D U D I O R U E T E A
I X H E T K A D A A E T T A A P N I K K
F X H E B I S N O R L H I T C F T S C R
Q A E B S S C S U R O F O L K U F I O B
L R Y B F E I N O I T A N O R O C V J C

LET'S TALK ABOUT "RACING DAYS"

- HORSES TRACK WAGER PARADE TOURNAMENT PANCAKES
DANCE DUCKS FAIRGROUND AMBASSADOR WINNER VOLUNTEER
SPONSOR CORONATION FLOAT VISITORS REUNION AUTHOR
ENTERTAINMENT WEEKEND HOLIDAY JOCKEY PURSE TRADITION

Let's Play Princeton Trivia!

Question:

How long (in feet) was the timber-reinforced Princeton Tunnel and when was it opened?

Last Week:

The Princeton Brewery closed it's doors in 1961.

www.princetonmuseum.com

Brought to you courtesy of: PRINCETON MUSEUM

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Classified Advertising Rates



25 words \$5.00 + GST
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)



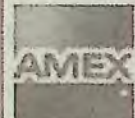
All Classified Ads *must* be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



for sale

1961 Chevy 4x4. 350, 4-speed, 3/4-ton diffs, 35tas with deck, great sled hauler or work truck. (250) 295-7218. Jun 28-Jul 12

1992 Buick LeSabre Limited Edition. 138,000km, new tires/battery, immaculate condition, leather seats, fully loaded. \$4,500 OBO. (250) 295-0667. Jun 28-Jul 12

card of thanks

A huge Thank You to the Princeton Elks from everyone at New Beginnings! You have been a gracious and generous landlord over the last eight years and it is with a degree of sadness that we leave your building. New Beginnings was "born" in the Elk's Hall and the entire group of participants and staff will leave with some wonderful memories. Thank you so much. We'll miss you!

My sincere thanks to my sons Les and Kevin Jenner and the members of Senior Citizens Branch 30 for the lovely surprise 75th birthday party on June 18th. I really do appreciate the effort that went into the planning, the limo was a classy touch Les, the lunch and everything at the Hall was just great. And it really was a "Surprise!" or in my case maybe shock. Thanks again.
- Vi Jenner

yard sale

Multi-Family No Junk Yard Sale. Complete household. New and used items. Excellent prices. You will be sorry if you miss this one. 9:30 AM to 3:00 PM July 1st, 2nd and 3rd. 316 Pine Street, Allison Flats. NO EARLY BIRDS!

Garage Sale July 1st and 2nd. 4072 Lakesyde Road, Osprey Lake. Bike, counter top stove, chairs, misc. kitchen stuff, pool stuff, garage accessories, rugs, etc.

Yard Sale at The Anchorage, 136 Vermilion Avenue, July 2nd 10:00 AM - 2:00 PM. Books, craft supplies, household stuff, bedding, slip covers, free stuff.

Yard Sale - 502 Panorama Crescent. 9:00 AM - 1:00 PM July 2nd. Double for Early Birds. Household items, two matching queen size sofa beds, china cabinet, JennAir stove, two matching burl tables, 1998 Ford Explorer Sport, 67,000km, immaculate condition, \$11,000 OBO. (250) 295-4185.

for rent

ACREAGE FOR RENT

Large and Small Acreage
12 minutes from Town
(250) 295-4123
Jun 28-Jul 12

lost

Male, neutered chocolate point Siamese cat with blue eyes on Saturday, May 7th in A&W parking lot. "Squirt" is people shy. If you have located this cat please call (250) 442-3489 Collect. Reward offered for return.

Female black lab with blue collar. 'Jenny' went missing 23km Osprey Lake Road. (250) 295-0569.

wanted

BUY - SELL - TRADE

Stamps, Coins, Gold, Silver
Raw Gold and Platinum
Beads, Trinkets.
(250) 295-6650
Jun 07-Oct 04

notices

The mammogram van for detection of early breast cancer will be at the Princeton Hospital on July 15, 16 and 18. For an appointment call 1-800-663-9203.

real estate

Home for sale. 138 Edgewood Drive. 4-bedrooms, 2 1/2 bathrooms, family room, well maintained house with large yard. Deck overlooks the Tulameen River. (250) 295-7302 Jun 21-Jul 5

help wanted

MYSTERY SHOPPERS WANTED! Get paid to shop. Assignments available in Princeton and Keremeos. Apply online at www.spotcheckservices.com
Jun 14-28

notice

WANTED TO BUY
PRE-OWNED RIFLES.
FOR MORE
INFORMATION CALL RON
AT PRINCETON
OUTDOOR SUPPLY
295-0450 OR 295-0319

help wanted

COMPUTER TRAINING

INDIVIDUAL COURSES START 4 X DAILY

- WordPerfect
- Keyboarding
- Bookkeeping
- Office Procedures
- Intro to Computers
- Simply Accounting
- Punctuation and Writing Skills
- MICROSOFT
- Office
- Access
- Internet
- Outlook
- ACCPAC
- Data Entry
- Networking
- Quickbooks
- Windows
- Word
- Publisher
- Excel
- PowerPoint

Over 180 Lessons!

ACADEMY OF LEARNING
LOCAL CALL 310-JOBS (5627)

services

Ray's Prop Repair - Winfield
New and reconditioned props.
Repair drop-off: Princeton Hydraulics & Machine Shop.
Friday to Friday turnaround.
(250) 766-2482
June 28-July 26

for sale

1998 Ford Explorer Sport. 67,000 km. Immaculate condition. \$11,000 OBO. (250) 295-4185. Jun 14-28

1995 Ford Taurus GL. One owner. 176,000 kms. Air, tilt, cruise, windows, locks. Very good condition. \$4,500 OBO. (250) 295-7015. Jun 14-28

1992 5th wheel. 21-foot Terry. Immaculate condition. \$10,500 OBO. Must be seen. (250) 295-6041. Jun 14-28

New pine dining table and 8 chairs. Rare G. F. Laidler oak dining table with 8 chairs and more furniture. (250) 295-7982 ask for Pete. Jun 14-28

Do you think Princeton should go back to being Vermilion Forks? Vote at this website:
www.vermilionforks.ca

services

TIN MAN

METAL ROOFING
Sales • Installations

295-3743
1-888-647-3377

Jul 06-1fn

notices

DAIRY QUEEN

Hiring for full & part-time positions. Front of the house, back of the house. Experience not necessary. Drop off resume in Person at the Princeton Dairy Queen.

Jan 25-1fn

ALL NATURAL
NO ANIMAL BY-PRODUCTS
100% ALL VEGETABLE
GRAINED

ROASTING CHICKENS

BARBEQUE PIGS

PORK BY THE SIDE OR POUND
ORDER SOON FOR BABY BEEF

MELODYE HOPE

(250) 295-3739

May10 - 1fn

help wanted

RELIEF MANAGERS

required for large motel chain. Approx. 40 hours/week. Ideal for outgoing retired couple who enjoy dealing with the public.

Apply to Human Resources, PO Box 421, Princeton, BC V0X 1W0.

May 31-Jun 31

KAL TIRE

is looking for energetic young people to join our team. Valid Drivers Licence required.

Send resumes to PO Box 1660, Princeton, BC V0X 1W0.

May 31-Jun 31

for sale

WOOD PELLET SALES & DELIVERY

Call
Princeton Rentals
(250) 295-6545

Classified Advertising Rates



25 words \$5.00 + GST
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)



All Classified Ads must be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
 MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS

for sale

WATERFRONT HOME FOR SALE

3-bedroom, 2-bath, 1,500 sq. foot home. Large bright kitchen, skylights, fenced yard, double-heated garage.

Beautifully landscaped lot on the Tulameen River. Near shopping and school. One owner, well cared for home.

(250) 295-7267 or 295-0315

Jun 14-28

for rent

Silver Crest Housing

For Seniors 55 & Older
 Bachelor Suites, \$225/mo
 1-bedroom, \$300/mo

Contact: Alice Cook
 (250) 295-6136

Or Helen Gallagher
 (250) 295-3825

Jan 18-tfn (b)

for sale

WATKINS PRODUCTS

For all your Watkins needs, call Yvette at 295-3735 or drop by the Backroads Bike Shop.

12 foot aluminum boat and trailer with 6HP outboard. All in good condition. \$1,250 OBO. Call (250) 295-3099 after 6:00 PM.

Jun 28 - Jul 12

1992 GMC X-Cab. Air, cruise, auto., 4WD, new brakes, good condition (no rust) and doesn't burn oil. \$8,000. (250) 295-7480.

Jun 21-Jul 05

notices

notices

for rent

FOR RENT

• UPPER DUPLEX, 2 BDRM, LARGE LIVINGROOM, \$500/MO INCLUSIVE DRIVE BY 1088-7 MILE RD. TO VIEW.

Drive by then call Neil at 295-6977 Mar 23-tfn

for rent

VERY CLEAN

One Bedroom Apartments.
 - 2-minute walk to downtown Princeton.
 - Some suites overlook Tulameen River!
 - Start at only \$325/month.

Contact new resident manager (250) 295-4805

Mar 08-tfn

for sale

1991 Pontiac Firefly. 2-door hatchback, 3 cylinder, 5-speed manual transmission, 50+ mpg, no rust, runs great, recent tires/battery/rotors. Asking \$1,000. Call (250) 295-0254 evenings.

Jun 28-Jul 12

1994 T-Bird LE, 113,000km, auto, fully loaded, air, moon roof, new tires. \$3,995.00. (250) 295-7843..

Jun 28-Jul 12

www.thenewsleader.ca

found

Audiovox Bell camera cell phone. Found June 11th at Pike Mountain. (250) 295-6218.

Have trouble sleeping? If you moved here from the city, it's because you aren't used to the quiet of country living! My new revolutionary "Sound Sleeper" sends sounds into your bedroom that will lull you to sleep. Choose from "Sounds of Rioting Youth" or "Sirens, Horns and Industrial Noises." Each tape contains 56 hours of continuous sounds you are accustomed to falling asleep to. For a FREE demo call 1-877-295-7754. Ask for Operator 57X.

notices

notices

Interested In Becoming A Foster Parent?

If you are interested in helping children and families in crisis please come to an information session on the afternoon of July 6th at 2:00 PM at the Ministry of Children and Family Development Office, 89 Kenley Avenue (behind Princeton Post Office).

For information call Judy Martin (250) 295-7585.

services

NICAR LAWN CARE

YOUR LAWN CUT AND TRIMMED THE WAY YOU LIKE IT DONE!
 We Also Thatch



(250) 295-7480
 LEAVE MESSAGE LICENCED
 MAR 15-JUN 28

INDIVIDUALLY PREPARED HOROSCOPE

Natural character chart - \$25.
 Basic chart plus predictive -\$50.
 Phone 295-6063
 Completely confidential

help wanted

help wanted

Princeton & District Community Services is accepting applications for a part-time Home Support Worker. Preferred applicants will have:

- one year experience in the Health Care Field, Long Term Care Aid Certificate, Home Support Worker Certificate or equivalent certificate.
- must have a valid drivers license, vehicle, and appropriate insurance.
- flexibility to work various hours and days of the week.

Application forms are available at the Community Services office located at 154 Halliford Avenue, Princeton, BC. Following a successful interview and prior to a job offer, applicants must submit a Criminal Record Check and a medical form.

Please submit applications in person at 154 Halliford Avenue, or to Box 1960, Princeton, BC, VOX 1W0.

ROYAL LEPAGE

INDEPENDENTLY OWNED AND OPERATED
 LOCATIONS WEST REALTY

HEAD OFFICE:
 484 Main Street, Penticton, B. C., V2A 5C5



HEINZ EBENAU
 SALES REPRESENTATIVE
 2004 Individual Residential Sales Leader

Princeton Office
 105 Vermilion Avenue
 Phone: (250) 295-7427
 1-866-562-8855
 Fax: (250) 295-7417

e-mail:
 heinzsells@cablerocket.com
 www.royallepage.ca/princeton

Remember:
 Heinz Sells!

SUBSCRIBE TO THE NEWS LEADER - GET 6 MONTHS FREE

SUBSCRIPTION RATES

(ALL PRICES INCLUDE GST)

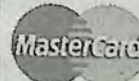
Princeton Local - Pick-Up, Regular \$ 26.75
 Princeton Local - Pick-Up, Senior \$ 21.75

Similkameen Mail, Regular \$ 35.75
 Similkameen Mail, Senior \$ 31.75
(Princeton, Cawston, Keremeos, Hedley, Olalla, Tulameen, Cushman)

Out-of-Valley, British Columbia
 Rural or Box (VO), Regular \$ 40.90
 Rural or Box (VO), Senior \$ 35.90
 Delivery to Door, Regular \$ 53.80
 Delivery to Door, Senior \$ 48.80

Out-of-Valley, Alberta, Rest of Canada
 Regular \$ 53.80
 Senior \$ 48.80

NEW ONE YEAR SUBSCRIPTION PURCHASES MADE WITH VISA, MASTERCARD, AMERICAN EXPRESS OR DEBIT CARD WILL RECEIVE AN EXTRA 6 MONTHS FREE!!
 (250) 295-4149



Classified Advertising Rates



25 words \$5.00 + GST
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)



All Classified Ads **must** be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS

notices

Puppies & Kittens
Available For You
To Adopt
6-8 weeks old
South Okanagan
Similkameen SPCA
(250) 493-0136
Mar 01-1fn

**SHOULD PRINCETON
CHANGE BACK TO
VERMILION FORKS IN
TIME FOR THE 2010
GAMES --- THE 150TH
ANNIVERSARY OF THE
NAME PRINCETON? WE
WANT TO KNOW WHAT
YOUR THOUGHTS ARE
ON THIS SUBJECT.
VISIT OUR WEBSITE AT
www.vermilionforks.ca**

Narcotics Anonymous
OPEN MEETINGS
Thursdays 7:30 PM
160 Old Hedley Road
Baptist Church Basement
(USE BACK DOOR)
Info: (250) 295-0542

lost

Opal ring in downtown Princeton.
Reward offered. (250) 295-6056.

I lost it. Have you found it? I don't
really need it, but I doubt you need
it either. You can give it back or just
keep it. It's up to you to do the right
thing. Don't call me, because you
know where to find me.

Inventors! Got a average idea
that may become a flop the day
it's produced and hits the mar-
ket? I want to talk to you. I'm
looking for failed ideas to high-
light in my upcoming book, "It
Didn't Work After All." My
intention is to focus on the peo-
ple behind the ideas. Call me at
(250) 295-1960.

notices

**Town of Princeton
NOTICE**
For impounded pets,
or to adopt pets,
please see the
Community Bulletin
Board at the corner
of Bridge Street
and Kenley Avenue.

1991 Geo Metro
SAME MOTOR AS FIREFLY

White 4-Door Hatchback,
5-Speed Standard,
Has grey interior.
Some rust spots.
120,000 Km.
Excellent Gas Mileage!

\$2,500.00 OBO

(250) 295-7754

ALCOHOLICS ANONYMOUS
former Health Centre Building
SUNDAY OPEN MEETINGS - 8 PM
(295-7931 / 295-7229)
WEDNESDAY CLOSED - 8 PM
(295-7931 / 295-7229)
SATURDAY OPEN - 7:30 PM
(295-3571)
TULAMEEN LIBRARY
FRIDAY OPEN - 8 PM (295-7005)
ALANON - HEALTH CENTRE
MONDAY 12 NOON
ARBOR HOUSE
WEDNESDAY 7:30 PM
(295-7005 / 295-3784)

lost

Sterling Silver ID Bracelet.
"Grandma" on front, "Love
Miranda" on back. Missing some-
where in Princeton. (250) 295-3061.

notices

**MONDAY NIGHT BINGO
IN PRINCETON
SENIOR CITIZENS BR. #30**

162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s
SPECIALS, REGULAR GAMES, ODD &
EVEN, PROGRESSIVE SNOWBALL &
LOONIE POT, "LUCKY 7" WON EVERY
MONDAY (MIN. \$50.00 GUARANTEED)
BC Gaming License #860290
"PLAY SMART GAMBLE RESPONSIBLY"

**KEREMEOS ELK'S
& ROYAL PURPLE**
Every Friday
Doors Open 5:30 PM
Elks Hall Keremeos
SMOKE FREE BINGO

**SUNDAY
AFTERNOON BINGO**
In Hedley at the Chuchwayha Hall
\$25. GUARANTEED MINIMUM
PAYOUT ON REGULAR GAMES
(\$50. DOUBLE - UP CARD)
PROGRESSIVE JACKPOT
MINIMUM \$1,000! PROGRESSIVE
POT OF GOLD MINIMUM \$500!
PROGRESSIVE LOONIE POT
MINIMUM \$100.
DOORS OPEN AT 9:00 AM
1ST NUMBER CALLED AT 11:30 AM
FOLLOWED BY EARLY BIRDS,
REGULAR GAMES,
SPECIALS & CONCESSION
SEE YOU IN HEDLEY!

**Town of Princeton
NOTICE**

For impounded pets,
or to adopt pets,
please see the
Community Bulletin
Board at the corner
of Bridge Street
and Kenley Avenue.

www.thenewsleader.ca

FREE AND CONFIDENTIAL COUNSELLING SERVICE

IS AVAILABLE TO ANY WOMAN WHO HAS EXPERIENCED
SEXUAL ABUSE AS A CHILD OR ADULT OR ARE PRESENTLY LIVING
IN AN EMOTIONALLY OR PHYSICALLY VIOLENT RELATIONSHIP.

Funded by the Ministry of Women's Equality
Office hours 8:30 AM - 4:30 PM

MONDAYS, FRIDAYS - KEREMEOS (250) 499-5928
TUESDAYS, THURSDAYS - PRINCETON (250) 295-4453

notices

notices



PROVINCE OF BRITISH COLUMBIA
MINISTRY OF FORESTS



Forest Development Plan Amendment BC TIMBER SALES

Notice is hereby given that BC Timber Sales (BCTS) intends to submit an amendment to its currently approved 2001 Forest Development Plan (FDP) for the Merritt TSA. The purpose of these amendments is to add Timber Sale Licences A74367 and A74310. These are an expedited major salvage for Mountain Pine Beetle infested trees and surrounding susceptible timber.

These amendments are necessary to obtain approval for cut blocks, and associated roads, not previously identified on the 2001 Forest Development Plan.

Details of the amendments are as follows:

Amendment #	Geographic Area	# of Blocks	Area (ha)	Volume (m ³)	Length of New Road (km)
31	Ketchikan Creek / Ketchikan Lake	2	2.6	500	0
38	Ketchikan Creek / Ketchikan Lake	8	184.6	64,000	12.0

The proposed cut blocks and roads are laid out as per timber harvesting guidelines under the Forest Practices Code of British Columbia Act.

Public viewing of this amendment is available during normal working hours from 8:30 AM to 4:30 PM at the BC Timber Sales office, Kamloops Business Area, 1265 Dalhousie Drive, Kamloops, BC, V2C 5Z5 until July 27, 2005.

Comments may be made in writing to Bert Middelburg, at the above address, faxed to (250) 828-4627 or e-mailed to BeMiddel@Victoria1.gov.bc.ca. In order to be considered in the final submission, written comments must be received prior to the above date.

Tell Us What You Think!

vote@vermilionforks.ca

Tell Us What You Think!

for rent

For Rent or Lease.
Farmland in Keremeos on
River Road.
Call (403) 547-2404,
evenings only.

Jul 14-28

real estate

for rent

Have Your Say!
Let's Make Some Of
Our Own History!
www.vermilionforks.ca

real estate

Private Estate Sale Home

Corner of Billiter and Warren, 1st Bench. On 4 lots.
4-bedrooms, 3 bathrooms. Swimming pool and separate heated
garage. Modern kitchen. Well-maintained house and yard.

Phone (250) 295-7253

Jun 21-Jul 05



Princeton Realty
224 Bridge Street, Princeton
Phone (250) 295-6977
Fax (250) 295-3411
www.princetonbc.com

Property Management
John Henry - Licensed Property Manager

Residential & Commercial Renting and Leasing
FULL-SERVICE PROPERTY MANAGEMENT
CALL JOHN HENRY - 295-7142

- 1) 3-bedroom home 2km from Town. Great gardening!
- 2) Desirable commercial property on Vermilion Avenue.
- 3) deluxe lower **RENTED** 5 appliances - \$700

Property Owners! Do you have a house, apartment or
commercial space for rent? Call me!

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

When volunteers attack

The Similkameen Valley Economic Development Officer writes elsewhere in this edition of the News Leader about the Volunteer Economy.

It's interesting stuff - how volunteers and the groups/activities they plan actually enhance a community by bringing new money to the community and improving the quality of life for those who already live there.

He did not speak about the other side of being a volunteer. The part about what happens to volunteers who aren't appreciated for their efforts, or what happens to volunteers that turn on other volunteers.

We have seen two examples first hand in the past two months. A church group splintered under attacks from volunteer members and another group saw individual members attack it's organizing committee.

What has resulted in both cases is members left each group (when you feel your efforts aren't appreciated - you leave) and those who remain are faced with rebuilding and refocusing.

This is not always a bad thing. What disturbs us is how some volunteers don't get the fact that EVERY MEMBER of the group is as important; as valuable and is often working as hard as the other.

Then why do volunteers attack?

Usually it has to do with a personal difference of opinion - which, as it turns out, can sometimes tear apart a solid group.

So how do you keep your volunteers happy? The Princeton Lions Club did two weeks ago what they have done for years - hosted a Volunteer Appreciation Night. They call it their Installation Night as new members are officially sworn in, but when you get past the ceremonies and look closely at the core of the event it's easy to see. They celebrate the efforts of their volunteers with a dinner and awards.

It's not a big deal, but to those volunteers you can tell they like being part of a group that doesn't attack them and says 'thank you for your service' - we appreciate you.

Years ago there used to be a Citizen of the Year Awards Banquet. Then it morphed into a Community Volunteer Appreciation Night.

We agree with the EDO that it's time to bring this event back.

It's time the community gave something back to those who work so hard to give something to their church, neighbourhood and community.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

ISSN 1712-090X

Your Independent Source for Valley News & Information

Published weekly by Bengel Publishing Inc.

226A Bridge Street, P.O. Box 956,

Princeton, B.C., V0X 1W0

Phone (250) 295-4149 • Fax (250) 295-4103

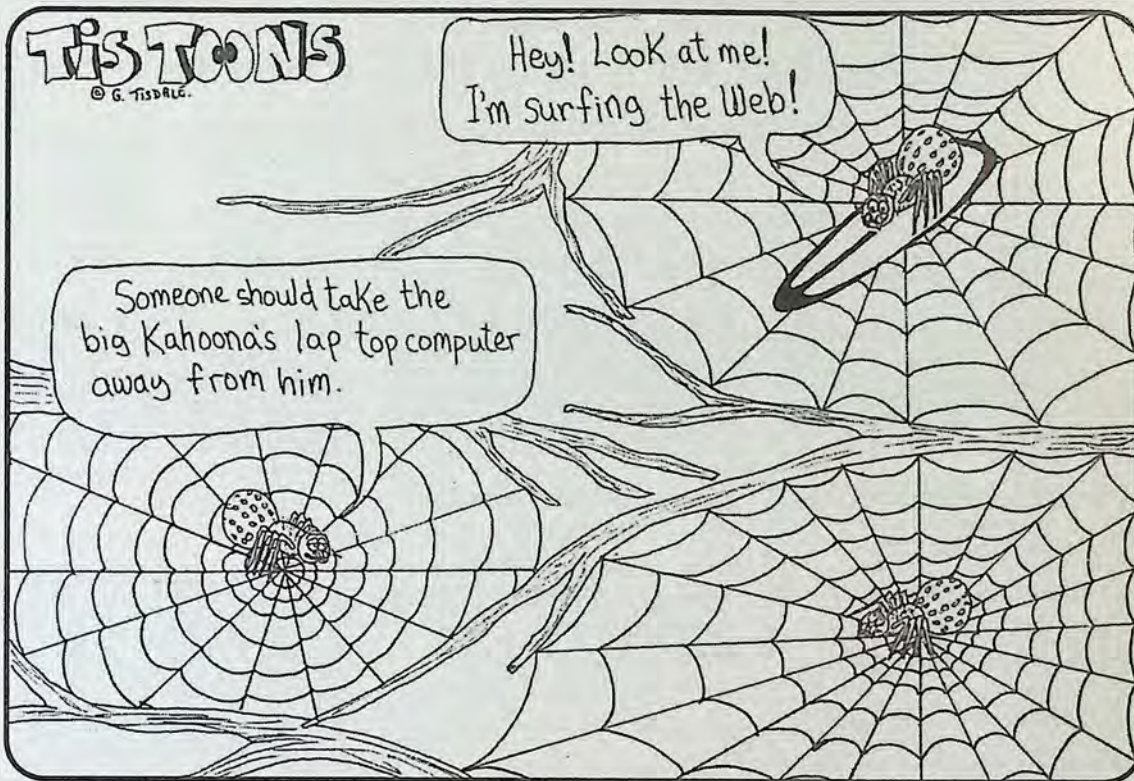
www.thenewsleader.ca

MEMBER

Princeton Area Business Enhancement Association
Princeton & District Chamber of Commerce
Similkameen Country, Keremeos
Canadian Association of Journalists

Publisher:
Office Administrator:
Reporter:

George Elliott
Brenda Engel
Dawn Johnson



your turn

Gouk becomes target for reader

Dear Editor;

I was very disturbed and offended by MP Jim Gouk's recent constituency letter and survey in which he implies that the NDP doesn't care about protecting children because it didn't support Conservative bills on child pornography and raising the age of sexual consent.

While his letter and survey are obviously just warm-ups to the next federal election in which the NDP will strongly challenge Mr. Gouk's tenure in this riding, I am still very offended by the survey's simplistic questions that mask what are quite complex issues.

For example, if the age of consent is changed to 16, what happens to 14 year olds who become sexually involved with each other?

And what good would more laws against child pornography do when enforcement of existing laws is already extremely difficult in a consumer society which objectifies and denigrates children in so many ways?

If Mr. Gouk and his party are really serious about truly protecting children, they would, in my opinion, be demanding immedi-

ate action to fully implement the United Nations Declaration on Rights of the Child in Canada.

They would, for example be putting forth proposals to immediately end the shocking levels of child poverty in this rich country. They would be asking why Northern European countries have child poverty levels of less than 5% while in Canada 20%, or 1 in every 5 children are living without adequate food, shelter, and other resources needed for full emotional, physical and intellectual development.

They would also be taking full advantage of this minority government to fully support the NDP's budget initiatives to move more money and resources into

childcare, housing, health and other programs that benefit children and their families.

I believe that all children have the right to grow up wanted, loved and respected, not only by their immediate family, but also by the whole community and the entire country. Every child needs to feel safe, to have a quality of life that allows them to reach their full potential and to know that adults are doing their best to make this a safe and an environmentally sustainable world for their children's children.

That's my measure of whether or not a person, a party, or a government really cares about protecting children.

- Bud Godderis, Castlegar, BC

Letter To The Editor

Joe takes us on a ride

Sir,

After Mother Nature gave us those dark cold windy rainy days, the sun came out and felt it time to take the little woman for a buggy ride to Merritt (help the female disposition - men have that natural inborn understanding). When talking to your spouse is like talking to a post and she

agrees. We did just that --- attached a happy face to a post in the back yard and named her "Emily". You got it "Emily Post". Conversation with her does wonders. It truly was time for a ride. You want peace not pieces in a long meaningful relationship. Didn't go to Penticton, nice as itcontinued on Page 24

Should Princeton go back to being Vermilion Forks?

vote@vermilionforks.ca

Tell Us What You Think.

YES

NO

Current Comment:

What's so good about Dr. Phil?



Dawn Johnson
editor@thenewsleader.ca

Everybody has a favourite TV show. My top favourite is CSI, and right next to it is Dr. Phil. I try to watch Dr. Phil every day at lunch hour, and I think my husband is becoming a fan.

Dr. Phil McGraw is a breath of fresh air in the world of pop psychology. During the course of my life I have seen the various phases of psychology from Freudian analysis to behavioural science to finding that inner child. What I like most about Dr. Phil is his effort to encourage finding your inner adult.

Some of the people who appear on the show amaze me because they haven't figured out the solution to their own problems. What I really like about Dr. Phil is his down-to-earth, common sense approach to finding solutions. He doesn't waste time moralizing, he just points out the effects of certain behaviours on the person and the person's family. He will also point out what is illegal and dangerous.

My favourite quote is Dr. Phil's statement, repeated on many shows, "You choose the behaviour, you choose the consequences."

That sounds so sensible, and it is, and should make people think before they act. What a great thing to say to your kids!

Dr. Phil does not waste time shaming or blaming. He goes directly to the core of the problem, and often to the core of the person. He wants honesty and has no time for excuses or rose-coloured glasses. At the same time, he is compassionate, and seems to have a genuine desire to go all-out to help people lead happier lives. He will help them get therapy, or counselling. The icing on the cake is his great sense of humour.

He has written a book called "Family First" about how to live as "a phenomenal family". There are a few simple rules and plenty of how-to tips. It's a bit late for me, really, but I hope my grandchildren take heed. It's a great book for young people starting a family, or trying to straighten out a relationship.

We have heard a lot about "dys-functional" families, and very little about how to make a function-

ing family.

One of the things I like best about Dr. Phil's advice is his focus on the well-being of children. The other thing is his insistence that the whole family take responsibility for how the family functions. He advocates parents setting standards and making the kids know what those standards are and why the family benefits by setting standards. Often, he is seen telling parents to grow up and take responsibility for the family. I remember one mother who was trying to live her youth over again, and he wasted no time telling her to quit partying and pay attention to her children.

I have seen too many families in which sticking together has been such a huge priority that they make excuses for members of the family just because it is family. Covering up bad behaviour is no way to reach the goal of having a good family. It is the duty of family to speak out when behaviour is dangerous, or unacceptable according to the standards set by the majority of family members.

I find Dr. Phil's advice is a great source of reassurance to parents. There have been so many books written in psychobabble about how to raise children that it is no wonder we have so many kids

with problems. Dr. Phil's advice is based on love them, protect them, teach them, and set a good example.

He talks about children living what they learn at home. I couldn't agree more. Live in a certain way, and the children learn that way of living. Worse yet, when they grow up, they may live what they learned, repeating the problems from one generation to the next. The boy who sees his father beat his mother will grow up to be the man who beats his wife, unless intervention occurs. We are creatures of habit and training: we learn what we live as children, then, as adults, we live what we learned. Sometimes, what we learn as children is hurtful, and you would think we would try to be different when we grow up, but surprisingly, we become involved in the same kind of hurtful pattern.

Watching the Dr. Phil show gives me great hope that the social environment can change even more than it has when I was a kid. I have seen a lot of changes, and not all of them were bad, nor were all of them good. There's still plenty of room for positive change. I hope Dr. Phil can maintain the pace and doesn't burn out. We've needed his kind of psychology for a long time.

www.thenewsleader.ca
www.keremeos.net

Heart Food

by Dave Machin



"For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them"(Ephesians 2:8-10) Notice that this passage makes it clear that it is by God's grace that we are saved and not by our WORKS. It also makes it clear that we are not saved by good works but FOR good works. That is a big difference. Yet so often we still try to earn our salvation - after we have already freely received it by grace through faith. Oh God, I am doing all these things because I just want You to be pleased with me." Yet the Bible says that we are already accepted in the Beloved; that is, in Christ Jesus. Does that mean that we are not to share the Good News of Jesus with others? Does it mean that we are not to read the Word of God, or pray or worship with others in God's house? NO!! It just means that we are not to do all this because God is standing over us with a big two-by-four in His hands saying, "If you want to be accepted, you'd better do these things!" That's not God. It's not the way He wants us to see Him, and it's not the way He wants us to present Him to others. The Bible says that it was because God so loved the world that He gave His only begotten Son, Jesus Christ, so that the whole world might have eternal and abundant life. (John 3:16, John 10:10) Because God loves the world, He wants us to love it too. He doesn't want to control us, but because he loves us, all of us, each of us, He wants us to love one another and share his Son, Jesus, with one another - freely and truly. God is good, His word is good and good all the time.

Pastor Dave Machin,
SUNDAY SERVICES 10:30 A.M.
Phone 295-0599 9:00 AM - 3:00 PM Monday-Friday
221 A Bridge Street, Princeton, B.C.

Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION



Brenda Engel
OFFICE ADMINISTRATOR
brenda@thenewsleader.ca

George Elliott
PUBLISHER
george@thenewsleader.ca

226A Bridge Street
P. O. Box 956, Princeton, B. C., V0X 1W0
Phone: (250) 295-4149 • Fax (250) 295-4103

Get connected with...

China Creek Internet

WHY NOT GO WIRELESS!!!

- * Blazing Fast Speed 512 KBs and up
- * Direct 24 Hour Access * No More busy signals
- * No More Modem / Phone Hassles
- * No More Overtime Charges



For more information go to... <http://www.nethop.net>
or phone: (250) 295-7944

INVITATION TO WORSHIP

LIVING WATER
FOURSQUARE CHURCH
38 Kenley Avenue
Join Us for a time of Contemporary Worship Sundays at 10:30 AM (FOLLOWED BY COFFEE)
MIKE STOLTZ 295-7733
www.livingwater4sqchurch.com

SIMILKAMEEN CHRISTIAN FELLOWSHIP
SUNDAY SCHOOL 9:45AM
WORSHIP SERVICE 11:00AM
Everyone Welcome
DON BODDEN - PASTOR
499-2511

BAPTIST CHURCH OF PRINCETON
ACROSS FROM ARENA
OLD HEDLEY ROAD
Family Worship 10:40 a.m.
COME AND JOIN US!
295-7752

St. Paul's United Church
Office Hours Tue / Thu 9:30AM - 12 NOON
WORSHIP SERVICE 10:30 AM
Home: 295-7302 Phone: 295-7714
Also serving the Anglican Community

Is your Church hosting a special event?
Call us to find out how to have it in this space!
(250) 295-4149

Similkameen Christian Center
GOD IS GOOD
Service: Sundays 10:30AM
CHILDRENS CHURCH - (AGES 5-11)
Office Hours: Monday-Friday 9AM - 1PM
Pastors Dave & Tena Machin
221 A BRIDGE STREET, PHONE: 295-0599

ATTENTION PRINCETON AREA RESIDENTS

We're looking for Volunteers in this area.
Think you'd like to join our Team?



Contact Fundraising Manager
Alan Sanders

(250) 374-8307

e-mail: a_sanders@ducks.ca

Ducks Unlimited Canada
CANADA'S CONSERVATION COMPANY

Desert Connections

The South Okanagan Community Information Paper

Phone: (250) 495-6681

Fax: (250) 495-0477

Box 422, Bag 4500, 8513 Main Street
Osoyoos, B. C., V0H 1V0

www.desertconnections.ca
ads@desertconnections.ca

Full coverage of Oliver and Osoyoos.
Circulation 5,000.

Town of Princeton

NOTICE

TAXPAYERS

Tax notices for the current year have now been mailed. If you have not received a Tax Notice please contact the Town Office at 169 Bridge Street, Princeton or telephone 295-3135. Owners are responsible for 2005 Taxes and applicable penalties, regardless of whether or not a Tax Notice is received. If there is any doubt, check with the Town Office.

If you are eligible for the *Provincial Home Owner Grant*, please ensure that the application on the bottom of the Tax Notice is completed, signed and returned to the Town Office before the due date. The Home Owner Grant may be claimed even if payment on the outstanding taxes is not made. This will avoid the penalty on the amount of the Home Owner Grant.

Please Note the Home Owner Grant Application must be completed for each and every year in which you are eligible for the Grant.

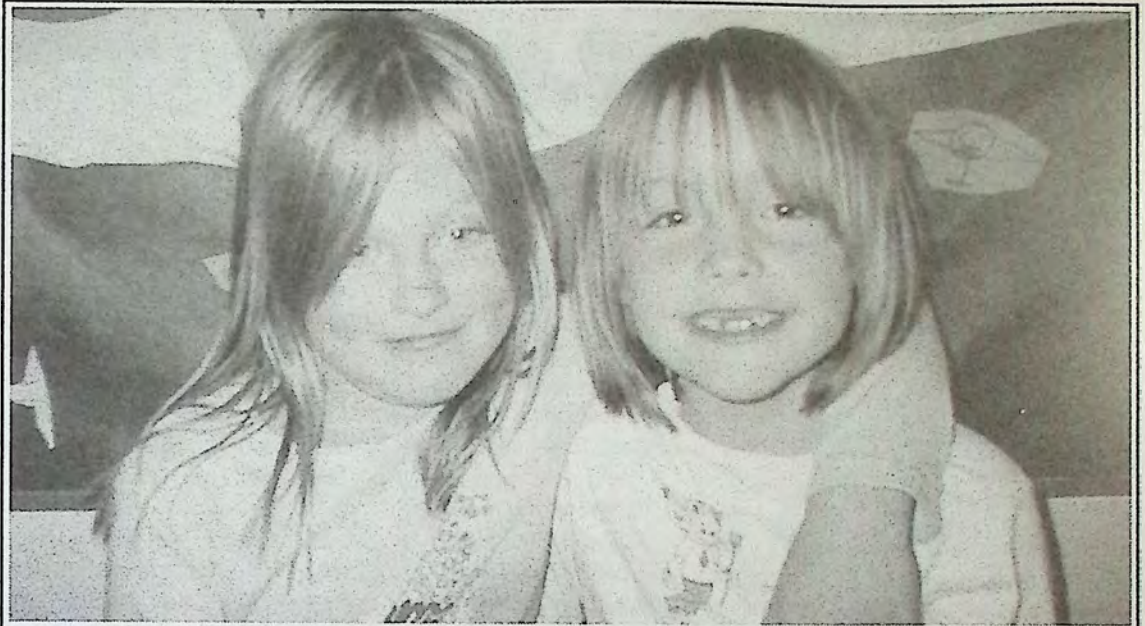
Payments and/or Provincial Home Owner Grant applications must be in the hands of the Collector at the Town Office by close of business on August 2, 2005 to avoid the Penalty of 10%.

Post marks are **NOT** accepted as date of payment.

Receipts will be issued only on request.

PLEASE NOTE: PAYMENT MUST BE RECEIVED IN THE TOWN OFFICE BY 4:30 PM ON AUGUST 2, 2005.

Collector
Town of Princeton



These are 'Camp buddies' Kayla Dore and Shyanne Cosman. They participated in the Princeton Guides Camp Out at Granite Creek June 10th to 12th. Kayla liked the bike ride from Coalmont to Tulameen and back. She was the youngest participant and event organizers say she didn't complain at all! Shyanne liked fetching wash water from the river but disliked taking down the tent. Guides says she also did a great job as Guider Sandy's assistant and will be remembered as the Queen of 'crackers and peanut butter.'

Letter To The Editor

Hall explains why you'll pay more

To the Editor;

A PLP customer has asked me to elaborate on the cost of grow-ops on a customer's power bill. This customer's point was that the rest of the customers should not have to pay more because someone else has stolen power from the utility. This customer also suggested that the power utility should be compensated by way of restitution from the proceeds raised by the sale of goods seized by the Crown during the busts on illegal operations. This is a good idea but at this time not possible in that no one really knows what happens to any proceeds raised in this way other than it is collected by the Crown.

The customer went on to say that they felt that the entire legal/justice system was not taking the illegal production and sale of illicit drugs very seriously. That people everywhere should start writing their MLA and MP complaining about the light sentencing and lack of

serious consequences being administered by our court systems to those who break the law. I certainly agree with them on this point.

Grow-ops are at what we at PLP consider epidemic proportions and our social system generally does not seem to be able to cope with this problem. We are responding to several RCMP requests every week for power disconnections, etc. This does not happen without creating costs for wages and equipment for PLP that are not recoverable directly from the perpetrators or the RCMP. All these extra costs do escalate PLP's operating costs overall and in that way do affect the rates for electricity. It usually takes a year or more for these costs to actually filter into the actual rate tariff structure.

Recently, PLP was successfully sued for damages by an owner of a premises that was used by a marijuana grow operation after PLP tried to recover the estimated cost

of the power stolen. The owner said that by cutting off the power to this premises he had lost his source of income leading to him losing the property to foreclosure. PLP was just following the procedures prescribed within its Tariff as filed with the BC Utilities Commission. PLP appealed this lower court decision to the Court of Appeal and lost its case there as well. Both courts missed the whole point, an illegal operation was going on at this place and the electrical wiring was tampered with and was unsafe according to the electrical codes. PLP could not have legally reconnected this property until the wiring was repaired and inspected.

The Appeal Court even challenged the BC Utilities Commission's jurisdiction over who had authority to direct the utility's behaviour in this sort of event and upheld the lower court's ruling that the utility had treated this customer in a heavy-handed and irresponsible manner by withholding electrical service as it is required to do by following the utility's filed Tariff. So where does the system protect the innocent?

The whole community is responsible for cooperating with the RCMP to help catch those amongst us who choose to grow and deal in illegal drugs. It is not just the electricity rates that are affected by these illegal activities but rather our whole social structure is facing high cost escalation as the result.

I strongly encourage everyone to follow this customer's good advice and start writing their MLA and MP demanding more accountability from our justice system.

The actual answer to the original question is 'Yes, the electricity rates are going up due to stolen power but there are other cost pressures as well due to the light-handed approach used to deal with these offenders.'

- John B. Hall, President
Princeton Light & Power

Letter To The Editor

Joe's trip to Merritt

.....continued from Page 22 is, old folks see it enough on medical and hospital appointments. On a beautiful warm June day there is nothing more breathtaking than wiggle-woggling your way along scenic 5A with its lakes and exceptional ponds.

Did you know that at one of them all manner of frogs from everywhere gather in the evening and hold a "Croak Fest" that makes the Merritt Mountain Fest pale in comparison? So if you want to croak that's the place to be. We almost did. There are mean big potholes on 5A. Where were the highways maintenance people? Obviously they were there first and disappeared in them. Probably ended up in Shanghai. (hence the term "Shanghaied").

Merritt is expanding and bustling — unlike Princeton it has highways

that are a must to prosperity. Princeton is not always cheap to the consumer. Fuel in Merritt was cheaper. Asked the young female gas jockey how she liked her career -- "great but sometimes lonely".

Maybe get a nice companion we suggested, "or a good book" she replied - "I'd opt for the book" she added, "they're less of a pain."

Now there's the typical young female B.C. grad. Not only intelligent, charming and beautiful but also well read. In this month of June the month of brides and meaningful relationships.

Princeton is not Merritt. Each has its own unique personality and like a good marriage — always has to be worked on and always something new to share and enjoy. Helps the disposition.

- Regards, Joe Schwarz



Our friend Tony has expanded! Tony Trovao and Nikki Williamson of Sierra Trophies moved to a bigger location (600 Martin Street, Penticton) three months ago and business has been great. Trovao, who has customers in Keremeos and Princeton, says he now carries the largest line of soccer brand name clothing in the South Okanagan. He also produces awards and ribbons and welcomes large or small orders.

Letter To The Editor

Toews examines legal aid issue

Dear Editor;

If you need legal help and have no money you had better access it quickly, before the next inevitable downturn in the economy.

Today I heard the former Chief Justice Wally Oppal, now the new Liberal Attorney General, tell his radio audience that the resurgent economy will allow him to make more funds available for Legal Aid.

What can thinking people deduce from this statement?

Justice from the Campbell Government is cyclical in nature—to be dispensed to those in need only when politically advantageous. I believe that there is no justice unless it is equally accessible to all always. I therefore find the formerly respected judge's pandering to political ideology extremely offensive. But then what can we

expect to hear from Socred Reform. Alliance Conservatives who have changed their name to "Liberal as a matter of political convenience?"

In retrospect, this latest bit of wisdom comes from the same government that believes; if we cut educational funding (until we can afford it?) that somehow, in some way, BC will benefit. Go figure!
Sincerely, HP Toews

Letter To The Editor

Splash park plan questioned

To the Editor;

It doesn't sound like Princeton to me, when a teacher and her class can make a proposal to Council that goes to "in camera" meetings for approval and \$84,000 funding without any public input.

That is not the way things should be done. There are a number of things in the proposal that should have public input such as: do we need or want the facility, location, funding, etc.

In my days on Town Council the secrecy of an "in camera" meeting was seldom used. The construction of a "wading pool" certainly would not have qualified. Are the present members of Council not concerned that the Town as a whole should have some input? No doubt the

Council should have the final say, but certainly not before hearing the pros and cons from the public. The residents of the area are the ones most affected by it.

Funding should be a major concern. Any asset is a liability if it needs funding. We have many assets now that go without maintenance funding and/or operation funding. To name a few: the airport (either none or very little weed control was done last year); the Arena; Curling Rink; Museum and Library; Race Track, etc. As a member of the museum I am well aware of the need of a full-time Archivist, something volunteers are unable to supply. Will the wading pool need a lifeguard and daily attendants - or volunteers? I do

hope the proposers are prepared to volunteer their time towards it.

Rotary Park was established to help bring people into town - along with their dollars. This proposal will in effect help delete this process. It is the only place that both travellers and locals seem to come together - for shade, picnic tables or washrooms.

I am still unable to see the reason for this project to go to "in camera" meetings. What are they hiding, that the local residents "shouldn't" know?

The use of Rotary Park by the public as a stop and rest area will be far greater than the four weeks a year for the wading pool.

- Eric Jacobson, Princeton

www.thenewsleader.ca

SINCE 1973

ROBERT R. WICKS
BARRISTER & SOLICITOR
213 Vermilion Avenue, P.O. Box 760
Princeton, B.C., V0X 1W0
Fax: 295-7000 Phone: 295-3123

Riverside School - Community Centre Public Meeting

THERE WILL BE AN OPEN HOUSE AND INFORMATION MEETING REGARDING THE POSSIBILITY OF THE CONVERSION OF THE RIVERSIDE SCHOOL BUILDING INTO A COMMUNITY WELLNESS CENTRE/PERFORMING ARTS CENTRE. ALL ARE INVITED TO ATTEND.

7:00 PM Tuesday, June 28
Riverside School

ALL INPUT IS WELCOME!

**SUBSCRIBE TO
THE NEWS LEADER -
GET 6 MONTHS FREE!**

SUBSCRIPTION RATES

(ALL PRICES INCLUDE GST)

Princeton Local - Pick-Up, Regular \$ 26.75
Princeton Local - Pick-Up, Senior \$ 21.75

Similkameen Mail, Regular \$ 35.75
Similkameen Mail, Senior \$ 31.75
(Princeton, Creston, Keremeos, Hedley, Olatia, Tulameen, Coalmont)

Out-of-Valley, British Columbia
Rural or Box (VO), Regular \$ 40.90
Rural or Box (VO), Senior \$ 35.90
Delivery to Door, Regular \$ 53.80
Delivery to Door, Senior \$ 48.80

Out-of-Valley, Alberta, Rest of Canada
Regular \$ 53.80
Senior \$ 48.80

NEW ONE YEAR SUBSCRIPTION PURCHASES MADE WITH VISA, MASTERCARD, AMERICAN EXPRESS OR DEBIT CARD WILL RECEIVE AN EXTRA 6 MONTHS FREE!



(250) 295-4149



YES WE CAN!

Non-Perishable Food Items

RE/MAX country asks you to help the Princeton Crisis Assistance Society

by dropping off non-perishable food items at our office at 240 Bridge Street or at Overwatera



www.thenewsleader.ca

Princeton Arts Council

ANNUAL GENERAL MEETING

7:00 PM Wednesday, July 6th

Princeton Cultural Centre
120 Veterans Way (Kenley Avenue)

PAYMENT OF ANNUAL DUES - ELECTION OF OFFICERS
For Information Call 295-6063

SMI Computers



Sales & Service
Selected Accessories
Customized Orders

#2-195 Bridge Street (behind Notary Public)

10:00 AM - 5:00 PM Monday - Friday

(250) 295-6622 • Shawn Milner

Princeton Lions Club

Annual Pancake Breakfast
and Duck Race

Rotary Park - Saturday, July 2nd
7:00 AM - 11:00 AM

Duck Race to follow Breakfast



Breakfast - \$3.50
Ducks - \$5.00



Summer Recreation

GETT Camp

Session 1 (July 11-15) - Session 2 (July 18-22)

Calling all girls! If you're between the ages of 10 and 13 years, sign up for one of our GETT Camp sessions and build your own go cart with your friends, hear from interesting female speakers in trades and technology, and spend the afternoon swimming at the pool! Weyerhaeuser sponsors this camp so it can be offered FREE to the community! Call Al your Summer Rec Coordinator for all the details.

295-7222 For Info



Sharon Davidson, right, supervises the draw held June 21st by the Westridge Neighbourhood. Davidson had made and donated an Amish Puzzle Quilt raffled off to raise funds for playground equipment for Westridge Lions Park. Her neighbours thank her for helping with the raffle and for making and donating the quilt, which was won by Karen Kendal of Marysville. Mac's Auto Parts also helped by fixing up a ride-on lawn mower for a silent auction. The lawn mower was won by Scott Musgrove. Thanks also to the "Westridge Park Crew" - for their awesome job. We're almost there!

Library offers Summer Reading Club

I spy...a mystery! Join the Summer Reading Club and become an Undercover Reader!

Calling all Spy Kids and Inspector Gadgets (5 to 12 year olds). Secretly tip toe down to the Princeton Library to become an official Summer Reading Club Undercover Reader!

When you join our FREE club, you will receive a top secret reading record and bookmark. At the end of the Summer if you have

completed your reading record, you will be awarded with one of the top Undercover Reader Medals.

The library will be holding seven weekly programs for agents to attend. There will be book draws, contests, mystery guest speakers, prizes, stories and crafts.

The program kicks off with a special event featuring Crime Science author Vivien Bowers from 9:00 to 10:00 AM on Thursday, July 7th.

The other sessions for the Summer Reading Program will be from 10:00 AM to 11:00 AM on Tuesdays July 12, 19 and 26th, August 2nd, 9th and 16th.

A wrap-up party and awards with final draws will take place from 10:00 AM to 11:00 AM on Saturday, September 10th.

Registration for the Summer Reading Club begins June 28th. For more information contact the Princeton Library at 295-6495.

Museum hosts book signing

Princeton Museum will host Terry Malanchuk, author of "Blakeburn - British Columbia's Forgotten Ghost Town" and provide a book signing session from 11:00 AM to 2:00 PM on Saturday, July 2nd.

Malanchuk, who made use of the Museum archives for some of his research, says the book has sold extremely well in the month it has been in print.

Residents are invited to meet the

author and purchase copies of his book for \$39.95.

Malanchuk will also be a guest speaker during the annual Blakeburn Reunion this weekend.

He has spent hundreds of hours visiting the former Blakeburn townsite and turned his interest in the ghost town into more than just a hobby.

Malanchuk's book contains the most detailed scale map of the remains of Blakeburn and careful-

ly documented the over 300 existing building and structure artifacts - with the aid of GPS technology.

For more information on the book "Blakeburn - British Columbia's Forgotten Ghost Town" visit his website www.blakeburn-forgottentown.ca for a virtual tour of Blakeburn or to order a book.

Books are also available in Princeton at Pharmasave, the Image Emporium and at Princeton Museum.

Century
21[®]

The Local Experts™

Princeton Realty
224 Bridge Street, Princeton
Phone (250) 295-6977
Fax (250) 295-3411

See The Local Experts
For All Your Real Estate Needs

View Our Picture Boards at
224 Bridge Street, Princeton

View Our Pictures Online at
www.princetonbc.com

THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR*

* MLS statistics 1990-2004



The Cenotaph Archway Project received a financial shot in the arm Friday afternoon. Les McKenzie, left, of the Mighty Pumpkins Hockey Club and John Haayer of Princeton Legion Branch 56 each presented Mayor Keith Olsen with a cheque worth \$500.

Letter To The Editor

Toews continues to jab at Gouk

Dear Editor,
I can only assume that the letter writer from Keremeos was taking a playful jab at our federal representative. Likely, he was still feeling exuberant from his party's recent provincial success.

It is however very amusing to see how quickly our MP rises to the bait. Once more, he needed a whole page to explain his political ideology. Conversely, I think that his entire political philosophy can be wrapped up in one sentence. "Give the rich more money and they will spend some of it by hiring the peasants." It is even more amusing to read all the tripe that he

expects rational people to believe. He has never stopped telling us that we get nothing for our tax dollars; that our money just vanishes into a black hole and that the Liberals and the NDP are there, shoveling it in. His party's position is that the rich need more money, and the best

way to get it is let the poor fend for themselves.

Once again, I believe that my point has been made in a few simple sentences. Why baffle the public with reams of redundant, boring copy?

Sincerely, HPToews

Letter To The Editor

A Canadian laments

Sir,

Does it mean anything to be Canadian?

Consider what the first Vietnamese Prime Minister might have said to President George W. Bush on his recent historic visit to the U.S.A.

"Pres. Bush, it's 30 years since the U.S.A. invaded and devastated our country resulting in three million deaths of our people. Here we are now, living in peace, buying your Boeing jet airliners and doing business together. But Mr. President Bush -- now Iraq? -- where's the logic"

Did Pres. Bush seek the

Vietnamese Prime Minister's advice on strategy how to exit Iraq? The folly of war?

Hopefully something our young Grads won't have to grapple with.

Does it mean anything to be Canadian? You bet it does. Something to be grateful for and happy about on Canada Day.

- Regards, Joe Schwarz, Princeton

Council forms building group

Town Council has formed a "building" committee which includes all of Council plus Dave Atkinson and Karin Green. The committee has met to discuss parking, zoning and bylaws. To date, no changes to bylaws have been made.

vote@vermillionforks.ca

Council rewards little ballplayers

Princeton Minor Ball will receive 110 free passes to Centennial Pool, thanks to a motion passed by Town Council at the June 20 meeting. The free passes will be distributed as a reward for all minor ball players for participating in the practices and games.

www.thenewsleader.ca
www.keremeos.net
www.hedleybc.com



PRINCETON PLAZA PARKING LOT

Introducing the industry's most powerful investing tool - listening.

At CIBC Wood Gundy, we believe in one to one relationships, because the only way we can invest for your tomorrow is to know you today. That's why we approach every client relationship the way it should be - expertise that's one to one.



JOHN VACCARO, Vice President
Investment Advisor
e-mail: john.vaccaro@cibc.ca

GREG STEWART
Associate Investment Advisor
e-mail: greg.stewart@cibc.ca

CIBC 105-399 Main Street, Penticton, B. C., V2A 5B7
(250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY GREG STEWART IS IN PRINCETON THE SECOND AND FOURTH THURSDAY EACH MONTH
CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of Canadian Imperial Bank of Commerce and Member CIPF.

INVESTMENT INSIGHTS

By John Vaccaro Investment Advisor with CIBC Wood Gundy and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy
Expertise that's one to one.



Currency Matters - Part 2

In the previous Investment Insights Article the statement was made - The benefits of international investing remain intact. In this part of the article we will discuss some of these benefits.

"Even after the recent decline, the S&P 500 has still considerably outperformed the S&P/TSX Composite over the past 20 years. Besides, the purpose of diversification is to smooth the overall volatility of a portfolio by investing in a number of holdings that perform independently. Still, it is frustrating to watch the price of your US holdings rise, while, for example, the Canadian dollar equivalent value does not.

During the past year, the price of 3M Co. has ascended from \$64.85 to \$79.06 on the New York Stock Exchange. Unfortunately, the value of 100 shares has only risen from \$10,200 to \$10,445 in Canadian dollars. While the rise of the Canadian dollar relative to the US dollar has been truly remarkable during the past year, it has reminded us of currency risk. Fluctuating exchange rates are also having a significant impact on the earnings and operations of most Canadian and US companies.

In the near term, several companies have currency hedges or natural hedges such as US-denominated debt on their balance sheets, but sooner or later currency risk will begin to impact the bottom line. Whether the effect is positive or negative becomes a function of relative cost structures, end markets and financing obligations. So who wins from Canadian dollar strength relative to the greenback? Unfortunately, in the Canadian equities market far more companies are hurt by a rising loonie relative to those that benefit. Chief Economist & Chief Strategist for CIBC World Markets Jeffrey Rubin warns of a potential earnings collapse in the Canadian manufacturing sector and high risk to resource profits. Meanwhile, telecommunication companies and select financials are positioned to benefit. One of the clearest beneficiaries of a falling US dollar is the US equity market itself. A weak greenback is a positive catalyst for S&P 500 earnings and the "almighty" Canadian dollar now buys more than it has in over 10 years. Could be time for a little cross-border shopping." - Craig Basinger, CFA, Retail Strategist

CIBC 105-399 Main Street, Penticton, B. C., V2A 5B7
Phone: (250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY GREG STEWART IS IN PRINCETON EVERY SECOND AND FOURTH THURSDAY PLEASE CALL FOR YOUR APPOINTMENT

John Vaccaro is an Investment Advisor and Greg Stewart is an Associate Investment Advisor with CIBC Wood Gundy in Penticton. Comments and opinions expressed herein are the result of work done by John Vaccaro. They may differ from the opinions of CIBC World Markets Inc. Research Department and should not be considered representative of CIBC World Markets Inc.'s beliefs, opinions or recommendations.

Canada Day Celebration - Cenotaph Park

Bring the whole family for some patriotic party action! Games, Prizes, FREE Hot Dogs and Cake

July 1st 11:00 AM to 1:00 PM



“So what can you tell me about this ‘perfect’ real estate agent?”

You don't need a private detective to track down the perfect real estate agent.

All you need is remax.com.

When you visit RE/MAX online, you'll discover the quickest way to find the perfect agent for you - no matter how stringent your qualifications.

RE/MAX agents average more experience and more sales than other agents. They also average more advanced real estate designations, meaning they do what it takes to stay on top of their profession.

Find the agent who's right for you. Visit remax.com, or stop by your nearest RE/MAX office today.

RE/MAX country - 240 Bridge Street, Princeton
Phone (250) 295-3222 - Fax (250) 295-6781
www.PrincetonBCProperties.com

EACH OFFICE INDEPENDENTLY OWNED AND OPERATED



JANICE BARCLAY
 295-3222
 janice@princeton-bc.com



MLS#29407 \$170,000
 Immaculate! New kitchen, hardwood floors, hot tub room.



MLS#27735 \$465,000
 47 acres, incredible views. Hot tub room, privacy galore!



MLS#30154 \$55,000
 Hedley. 2-bedroom, large workshop, fenced yard!



MLS#30590 \$235,000
 Immaculate hardly describes this beautifully landscaped 2 bedroom home.



BRENDA CRAWFORD
 295-3222
 brendasells@cablerocket.com




MLS#30214 \$179,900
 One level new home in adult-oriented subdivision.



MLS#30217 \$159,000
 Riverfront commercial acreage. Excellent high traffic area.



MLS#29235 \$299,000
 7.66 acres backs onto Hayes Creek. 3-bedroom home.



MLS#25977 \$160,900
 Hobby farm. 5 acres with mobile. Private and peaceful.



DAN PIPPIN
 295-8584
 info@danpippin.com



MLS# \$139,900
 Very well priced for this large 3-bedroom 1 1/2 bath family home with full basement and pool.



MLS#25963 \$385,000
 153 acre paradise, hay fields, water rights, 2 small cabins.



MLS#29976 \$99,500
 Get away cabin at Link Lake close to boat launch and Trans-Canada Trail.



MLS#30597 \$87,500
 Recreation anyone? 3-bedroom log home near Tulameen River in Coalmont.

SHOULDN'T YOU HAVE RE/MAX WORKING FOR YOU?

#1 MARKET LEADER!

Based on publically available information and on an audit by Arthur Andersen of 1997 RE/MAX residential real estate transaction sides in North America only.