

# Similkameen News Leader

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## Similkameen News Leader This Week

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## Lions announce winners

The Princeton Lions Club thanks the following volunteers for their assistance with the annual Duck Race and Pancake Breakfast.

Larry Smith and 4-year olds Payton and Zea, Richelle and Sarah Mysynuk and Emily Sheperd.

From Princeton Ground Search & Rescue: Peter Rytkenon, Brian Hurd, Devin Huff, Erika Leschert, Lorraine Stubbins, Arnie Powell, Britt Frasier and AnnaRose Powell.

Also Tami and Gord Daw, owners of Riverside Motel and Joe Beausoleil for the use of his boat and manpower.

The Princeton Lions Club Duck Race Winners were:

1st Duck - Randy McLean (\$500).

2nd Duck - Inez Herrick (\$200).

3rd Duck - Tracey Krenn (\$100).

Six Random Duck Winners were: Cathy Orser, Bill Findler, Marilyn McKenzie, Stan Turner, Jim Bottenfield and Domini Powell.

Last Duck Winner was Olga Judd.

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# Challenge attracts 200+



Emergency Medical Services and Princeton RCMP responded to a single vehicle accident July 6th on Highway 3 West of Sunday Summit. The lone occupant of the vehicle, a 43-year old female from West Vancouver escaped injury. At the scene police entered into an investigation of impaired driving, and the female provided samples of her breath that were 280 and 260 milligrams of alcohol per 100 millilitres of blood (blood to breath ratio alcohol readings). She was issued a 24-hour prohibition, a 90-day automatic driving prohibition from the Superintendent of Motor Vehicles and faces Criminal Code charges of Impaired Driving and Driving While Over .08, the first appearance for Court is set for October 13th.

## Weather cooperates for event

With Budget Rental Trucks loaded with bicycles and Lynch Bus Lines school buses loaded with people, the Trans Canada Trail Challenge 2005 hit the road.

The event - billed as not a race but an opportunity to enjoy the Trans Canada Trail - was hosted by Trails BC in partnership with Princeton's Vermilion Trails Society.

Over 200 people registered last Sunday morning for the chance to run, walk or cycle a portion of the Trans Canada Trail between Brookmere and Princeton.

Designated starting points included Brookmere, Frembd Lake, Tulameen and Coalmont.

Princeton marathoner/triathlete Jim Hardin ran the stretch from Coalmont to Princeton. He told the News Leader he finished the distance in about an hour and 45 minutes.

"It's mostly flat with a slight downhill grade at times."

Princeton's Rotary Club set up a hot dog stand in front of Phifer's Fountain and provided hot dogs and pop as a fundraiser for the club.

Live entertainment in the form of the duo Patty and Allan provided music into the afternoon.

The local organizing committee also received heaps of praise from many on the attention to detail and planning put into the event.

There were a total of five checkpoints out on the trail (not counting the finish area at Phifer's Fountain) on the 52-kilometres stretch between Aspen Grove Stage Road (the Brookmere start location) and the Princeton Gateway at Burton Avenue.

Participants had a warm sunny day to enjoy their time on the Trans Canada Trail and souvenir t-shirts were available for purchase at Phifer's Fountain for the duration of the challenge.

## Local Art Show winners announced

Vermilion Artists hosted their annual Art Show during Canada Day Weekend.

People's Choice Award went to Norma Kraetor's water colour "Boy In The Rain" with 26 votes.

Honourable Mentions went to: "Cal" by Kathy Schneider, "Still Waters" by Susan Crompton, "Sunflowers" by Kelly Reichert,

"Girl In A Blue Dress" by Pamela Lampi, "Autumn Leaves" by Kathy Schneider.

They were followed in the voting by "Snowy" by Pamela Lampi, "Navaho Elder" by John Sandness, "Untitled" by Ruth Kavanaugh and "Poppies" by Susan Crompton.

A total of 205 people visited the show and were delighted with the

high quality of the work in the exhibition and the professional way in which it was presented.

All agreed it was hard to narrow the choices down to a single selection for People's Choice.

The top winning entries can be viewed in the window at RE/MAX country on Bridge Street, downtown.

## Weyerhaeuser gives to trail

Weyerhaeuser has given a grant of \$28,000 to the Vermilion Trails Society.

The grant will be used to build a plaza and a round house at the site where the last spike was driven on the Kettle Valley Railway. The grant will also be used for landscaping and other improvements along the trail.

The Executive committee of the trails society and Recreation Director Lyle Thomas created a plan for enhancing the portion of the KVR trail that runs through town. The plan includes a kiosk, plaza, landscaping, mural and a park at Vermilion Forks.

Similkameen Valley Economic Development Officer, Michael McLaughlin, was asked to make the application for funding.

McLaughlin took the completed application to Fred Kuhn, Manager of Weyerhaeuser's Princeton operations.

The initial request was for \$14,000 to build the plaza.

Kuhn returned the application, recommending the request be doubled

to \$28,000 to extend Weyerhaeuser's funding to include landscaping. Mr. McLaughlin did not argue.

"When Fred recommended we apply for double I realized how much he personally supports community improvements and I felt pretty certain our request for funds would be approved. My guess is Fred made a few phone calls in support of our application."

Mayor Keith Olsen said, "I am pleased to see Weyerhaeuser's continuing support of community projects. Their generous contribution will be felt for years as residents enjoyed the trail and the park. The project will add beauty to the community and attract tourists."

Area H Director Gerri Logan echoed Mayor Olsen's gratitude for Weyerhaeuser's generosity. "The KVR trail is one of our most valuable recreation assets. There are many businesses in Area H that depend on it for income."

The Weyerhaeuser grant will join contributions from Princeton Rotary and the Town of Princeton.

Princeton Rotary has worked with Vermilion Trails Society to make the trail head project a reality.

Total funding currently stands at \$38,000.

Estimated cost of the project is \$44,000, but with volunteer labour and in-kind support from the Town, the project will be completed this summer.

There are plans to pave the trail from the tunnel to the Old Hedley Road and to add lights.

More funding is required and the EDO is currently looking for funding sources.

Funds from Weyerhaeuser can be "leveraged" to apply for matching Provincial funding.

Vermilion Trails Society is organizing an event for some time in August to thank donors and to show the trail improvements to the community.

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Princeton & District Community Skills Centre, in partnership with Princeton Light & Power, successfully held a Traffic Control Person Training Course on June 29th and 30th. Seeking to create a labour pool of qualified TCP road personnel for their own use, PLP generously supplemented the tuition fees for qualified registrants enabling the high quality services of Master Trainer Vicki Skjejie to be offered in Princeton. The Skills Centre coordinated the training, instruction and learning materials with thanks to PLP for enabling the success of the program and for its support of job skills training in Princeton. Pictured above are Don Johnson (Plant Supervisor, PLP), Alexandra Smith, Erika Leschert, Samantha Cromarty, Sandra Gabor, Wolfgang Schmidt and Linda Pudsy (all Certified Traffic Control Persons). Kneeling in front, Vicki Skjejie (Road Rules Traffic Control & Consulting, Master Trainer).

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## Arts Council returns executive

The annual general meeting of Princeton Community Arts Council was held July 6. Councillor Ray Jarvis conducted the election of officers. President Dawn Johnson, Vice-President Fred Leard, Secretary Cathie Orser and Treasurer Nick Mills were returned to office, with Directors Joan Kelly, Del Hall, Mary Bedford, Joseph Dubé, and Christine Simpson.

Following the Treasurer's report, there were many questions about ArtsNow, a project in which several Arts Council members are involved. Cathie Orser said some people believe ArtsNow is a second Arts Council, and a few are miffed that a second group has formed. Those involved in ArtsNow were quick to point out it is not an Arts Council, it is an ad hoc committee formed by the community to identify an arts project under the provincial government Legacy Now program.

Nick Mills explained that the Healthy Eating group will begin using the cultural centre to distribute food the day after the Arts

Council lease is ended. He asked whether the Arts Council would consider leaving their tables for the use of the new group. Members agreed.

President Johnson congratulated member groups on excellent events during the year. She thanked the past executive for their assistance to her during the year, and special thanks to Joseph Dubé for his diligence in caring for the cultural centre.

There was a lot of discussion about relocating in September, and members have pinned their hopes on the Riverside wellness centre project. In the meantime, they have been inquiring about the availability of other premises on a rental basis as need arises.

Member groups have been asked to submit their reports in writing by

the first of September, along with their applications for grants. The grants are available through the Town of Princeton and BC Arts Council. Princeton Community Arts Council submits a major report and application on behalf of member groups.

President Johnson suggested it is time for more frequent meetings of the Arts Council to maintain communication between groups and to share plans for future activities. Members agreed the third Wednesday of the month seems to suit everyone.

The next regular meeting will be held in September. Nick Mills stated member groups can pick up their grant application forms from him and leave their reports with him during weekdays at the museum.

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Some of the gear worn by paintballer Spencer Coyne. Clockwise from top right: V-Force Shield Mask (made of ballistic plastic) - \$70, Refillable CO2 Tank (20 oz.) - \$60, Tippmann A-5 Marker (with electronic trigger for different modes of firing) - \$700, 4-And-1 Pod Pack (which carries 4 pods filled with paintballs and an extra CO2 Tank) - \$40.

## Paintball - more than a game

Did you know that 140 people were in town over Canada Day Weekend to participate in "Battle In The Wilderness 5" - a paintball scenario game?

Spencer Coyne is the Event Coordinator and Spokesman for the Princeton Paintball Group - an informal gathering of friends who enjoy the sport.

"It's one of the fastest growing sports in North America. Over 9-million people played in the US last year alone - yet we're a relatively young sport," says Coyne.

The "Battle In The Wilderness" event, which took place off Snowpatch Road attracted people between the ages of 16 and 55 from all over the province. Coyne estimates each person would have spent around \$200 in Princeton that weekend - or \$28,000 pumped into the local economy as fast as you can fire off ten rounds of paintballs.

"A scenario game is where you are given missions and objectives and lasts more than an hour," Coyne explains.

So, for example, over the Canada Day Weekend two teams of 50 or more would be battling against each other to achieve objectives.

The missions could be to eliminate the oppositions General or capture and hold a specific position on the playing field. The mission

## Museum setting record

Visitor numbers continue to soar at Princeton Museum.

There were a record 293 visitors to the facility on Vermilion Avenue last week (July 2-8), up from 222 the same period a year ago.

Museum President Nick Mills

could be to locate and return a cache from the field all while trying to capture the opposing teams flag - often the primary objective.

Coyne says these multiple objectives per game forces a lot of elements in play in order to win. These include teamwork and strategy.

"The strategy and tactics involved are a draw as many video gamers are also paintballers. There's a lot of overlap there."

Coyne, who has been a paintballer for close to ten years, was introduced to the sport by friends.

"I played one day and that was it, I was hooked."

New paintballers can get into the sport with as little as \$200, which would cover the cost of a paintball gun (called a marker), mask and CO2 tank.

"Paintball is universal - the players police themselves - the rules are always the same."

The rules are all based on common sense and address safety issues.

Anyone can be a paintballer.

"Every walk of life can be a paintballer. A lot of people think it's a military type game but its more than that. It's a team game."

There are currently ten different commercial fields of play in the lower mainland with another five

on Vancouver Island. Penticton, Westbank and Vernon each have one. The local field is a club-designed and operated field.

"It's a real stress reliever where you can clear your mind. It's that or get shot."

The Princeton Paintball Group has been together for close to six years and currently plays every Saturday at 10:00 AM at a location found at the Allenby turn-off. There are signs to direct you, or if you'd like to find out more give Spencer a call at (250) 295-3563.

Or visit their website at: [www.freewebs.com/princeton-paintball](http://www.freewebs.com/princeton-paintball) or e-mail: [princetonpaintball@yahoo.ca](mailto:princetonpaintball@yahoo.ca).

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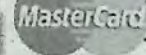
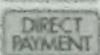
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## keremeos and area news



Ralph Ramsay of Summerland performs his best 'Elvis' in downtown Keremeos.

## Chief dances to Elvis' tune

The big question was: what has Elvis got to do with ducks?

"Elvis" visited Keremeos last Wednesday and put on a good show in front of the Lower Similkameen Indian Band offices. This main street performance was

very good, bringing applause from the small audience gathered on the sidewalk. Chief Barbara Allison found a partner and began jiving, while others just sang along.

"Elvis" was Ralph Ramsay, of

Summerland, who does regular performances in Penticton on Friday and Saturday at his hot dog stand called Hound Dog.

He was in Keremeos to promote the Riparian Duck Race to be held July 16 on Penticton River Channel.

The duck race supports The Locatee Project formed under a partnership between En'owkin Centre and The Land Conservancy of BC.

The project will provide funding for protection of South Okanagan wetlands which have lost up to 87 percent of the cottonwood/water birch and water/birch / red osier dogwood ecosystems, and the Shingle Creek oxbow which is the spawning ground for Kokanee salmon.

Two birds on the endangered species list, the Yellow-breasted Chat and the Western Screech Owl, make Locatee project lands their home.

The project is a hands-on community endeavour involving local residents, and will serve as an educational site for youth, community organizations and visitors.

Tickets sell at \$10 each, with top prize \$6,000, second \$2,500, and third \$1,000.

Organizers hope to have 10,000 ducks on the channel. For more information, call the duck race hotline at 1-250-493-6529.

## Land rush slows

Several applications for subdivisions are in process, waiting for government approvals, but the big rush to put building sites on the market has slowed to a crawl.

The Village of Keremeos has held meetings with developers and most recently, utility companies, to prepare for the subdivision, but no lots are expected to be on the market before autumn.

## Kars Under the K goes under

Kars Under the K, one of the best show 'n' shine events in the South Okanagan region, will not be held this year. This August event, which drew hundreds of participants and visitors to Keremeos, has been cancelled due to lack of

volunteers.

Kars Under the K held two meetings hoping to attract at least a dozen volunteers so the event could proceed. Only three people showed up to each meeting, so the event will not happen this year.

## Pathways pass through Valley

There is a new program to attract immigrants to the Okanagan.

A regional immigration program co-ordinated by the United Chinese Community Enrichment Services Society and the Okanagan Community Futures is helping Chinese immigrants make connections and take advantage of job opportunities in the Okanagan.

They met with the Community Futures representatives from

Vernon to Osoyoos and Princeton and Keremeos.

In April they met with 200 immigrants in Vancouver and they recently hosted a tour of 45 immigrants who showed a strong desire to relocate to the Okanagan area.

They had a 3-day whirlwind tour to look at business, cultural and lifestyle opportunities that the Okanagan and Similkameen have to offer.

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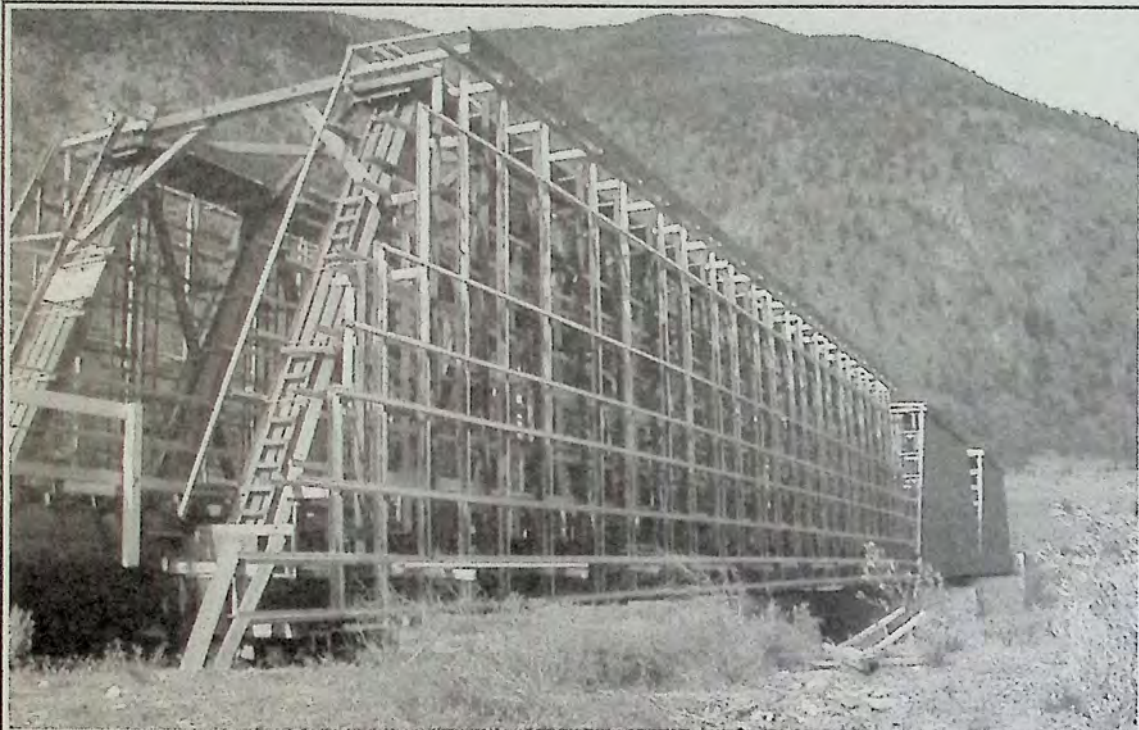
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Progress continues on replacing the cladding on the historic Red Bridge near Keremeos. Although the new siding is all made of metal, it will greatly extend the life of the structure.

## High School reunions planned

The PSS Grad Classes of 1939 - 51 are at it again. The parting comment after previous gatherings "When's the next one? We'll be here!"

Since 2003, when most of us hit the 70th mark, we've lost a few, thus this is Survivors 1.

Instead of Racing Days, this year we're circling the wagons August 29-31. (This will allow us to be off the roads for Labour Day Weekend). We hope all our local classmates will join those

who are coming from afar: South of the Border, across Canada, even Down Under.

Bring your pictures, cameras, memories and sense of humour.

Program: Pre-registration - Peggy Coyne (295-6180 or PO Box 704, Princeton, BC VOX 1W0).

August 29 - Seniors Centre until 3:00 PM, followed by supper at the Pub.

August 30 - Return tour of Coalmont/Tulameen / Lunch en

route. Dinner: Bellaire.

August 31 - Afternoon gathering at River's Edge RV/Campground.

Bring your own meat, liquid, deck chair, etc.

We the organizers, and you the attendees, look forward to sharing our Potluck Supper with all our friends. Will there be any huckleberries from Dornberg?

Let's have a "Good Old Days" time.

- submitted by Mollie Hedley, White Rock, BC.

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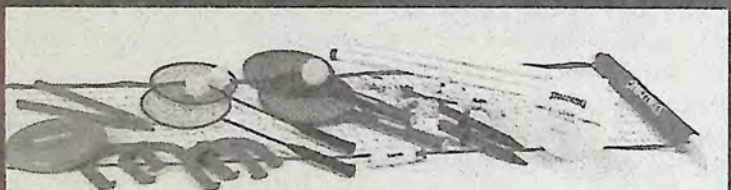


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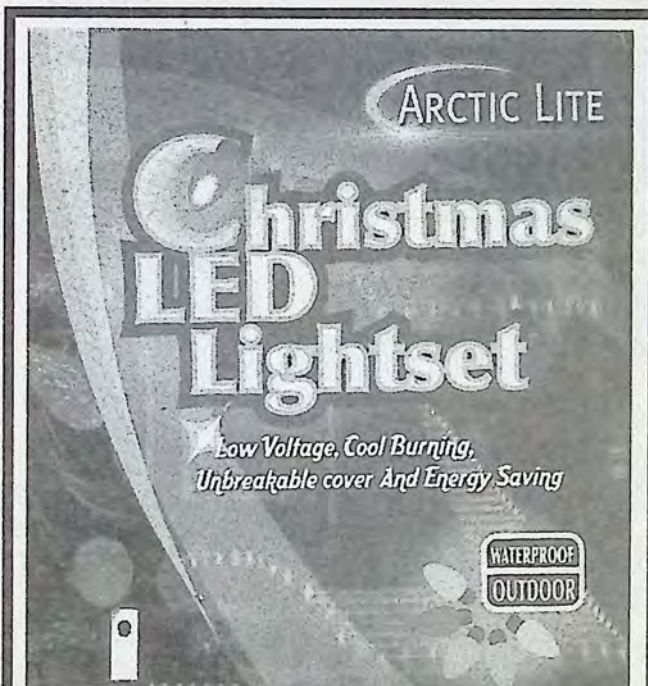


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by your Pharmasave Pharmacist Wen Wong

It's good advice not to take antibiotics left over from another infection. If you feel the old infection has returned, see your doctor for an assessment. You need the right number of doses to do the job. Too few does can contribute to the problem of antibiotic resistance.

Some chest pains are diagnosed as non-cardiac chest pain (NCCP). This means the heart isn't involved and it can be due to an intestinal problem like gastric-esophageal reflux disease (GERD), the most common form of NCCP. When you do have chest pain, get it checked right away. It could be GERD, then again it might not be.

It's quite interesting that stopping underarm odour really wasn't much of an issue prior to 1919. Body odour wasn't necessarily a bad thing. Then, in that year, a product called 'Odo-Ro-No' arrived on the scene. In 1930, 'Arid-Roll-On Deodorant' came on the market, followed five years later by 'Arid Antiperspirant.' And the rest is history.

A simple solution to bad breath might be eating yogurt daily. It should be the yogurt with active bacterial culture in it. If you have a breath problem, try eating 3 ounces of yogurt twice a day for a couple weeks. It just might work.

There are so many ideas out there to help you with your health. Let our pharmacists help you separate the wheat from the chaff.

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## news leader health page

# If in doubt, throw it out!

My visitor arrived unannounced. He was neither wanted nor welcomed. He totally interfered with my natural order of things and my nice schedule went right out the window. When he finally decided it was time to move on, he left me feeling depleted, violated, and with barely enough energy to face the day.

A human visitor? No, my unwanted guest went by the name of "food poisoning". It was my first experience with this nasty bug, and I hope that it will be my last.

It is estimated that hundreds of British Columbians get sick from food poisoning EVERY DAY! The symptoms are very unpleasant (stomach cramps, nausea, vomiting, diarrhea) but usually go away after one to three days. The young and elderly are particularly vulnerable to serious consequences. Here are some simple safety rules to help you avoid food poisoning.

### Cook it!

Meats, poultry, fish and eggs are the worst offenders for containing harmful bacteria, viruses and parasites. Anything made with these foods should be well cooked.

### Cool it!

Don't leave food to cool on the counter for longer than two hours. If you want to freeze a large item, like a soup, separate into portions no more than three inches thick and freeze within two hours.

### Reheating food.

Not all harmful bacteria is killed by cooking and so all food should reach at least 74 degrees Celsius when re-heating. Do not reheat your leftovers more than once.

### Microwave cooking.

While cooking in the microwave is fast, the heat distribution is uneven. Microwaved foods need to be covered, stirred, or rotated at least once to improve heat distribution. Allow your food to stand for two minutes after heating.

### Avoid the danger zone.

Harmful bacteria grow rapidly between 4 degrees C and 60 degrees C, so potentially hazardous foods should be kept either colder or hotter. Don't leave food to thaw on the counter. If you are going somewhere with food - like a picnic or potluck - transport the food appropriately. Use an insulated bag to keep cold food cold, and hot food hot.

### Protect your foods.

Ensure that ready-to-eat foods are protected from contamination. Wrap raw meat so it doesn't drip on other foods. Transport and refrigerate your perishable food as quickly as possible to limit the growth time of bacteria. Ready-to-eat food should be stored in the fridge above uncooked foods. Always read the label for storage directions.

### Wash your hands.

Proper handwashing practices are

essential after using the washroom, before putting anything in your mouth, and before handling ALL food.

### Sanitize food contact surfaces.

To avoid cross-contamination, cutting boards, plates, and utensils must always be washed and sanitized before ready-to-eat foods are placed on them. (Sanitizing solution: 1 teaspoon of bleach to 1 litre of water). Dish cloths are a breeding ground for bacteria and should be well washed and sanitized between uses.

### Always wash fresh fruits and vegetables.

Wash fresh fruits and vegetables thoroughly, paying close attention to vegetables that will be served raw, and fruits that don't have their skin removed.

### Exclude sick people.

Harmful bacteria and viruses can be spread from food handlers to the food they are preparing. Any person who has diarrhea, is nauseated, or has infected cuts or sores, should not be allowed to handle food AT ALL. And please, don't go to school, work, daycare, etc.

Don't take chances with your food. Contaminated foods don't always look or smell bad so if in doubt, throw it out! If you suspect you have food poisoning, see your doctor so a diagnosis can be made, and the health unit notified. (Information taken from the BC Health Files).

- Jill Rhynard, BScN, MPH, Coordinator of Health Promotion Interior Health, Okanagan Health Service Area.

## Mobile van coming

The Screening Mammography Van is coming to the Similkameen.

It will be in Princeton, at the Hospital, on July 15th to 18th and in Keremeos at South Similkameen Health Centre from July 22nd to 23rd.

### SMPBC Eligibility Criteria:

- BC residents ages 40 to 79 (outside of this age group women are accepted with a doctors referral).
- Have no breast changes (new lumps, thickening or discharge).
- Can provide the name of a doctor to receive the results.
- Have not had a mammogram within 12 months.

- Have not had breast cancer.

- Do not have breast implants.

- Are not pregnant or breast feeding.

To arrange an appointment, call this number: 1-800-663-9203.

This is a free service funded by the Ministry of Health Services through the Provincial Health Services Authority.

The Screening Mammography Mobile Van is accredited by the Canadian Association of Radiologists.

For more information you can go online and visit this website: [www.bccancer.bc.ca/breastscreening](http://www.bccancer.bc.ca/breastscreening).

[www.thenewsleader.ca](http://www.thenewsleader.ca)  
[www.keremeos.net](http://www.keremeos.net)

## living past 100

### Keep up with health news

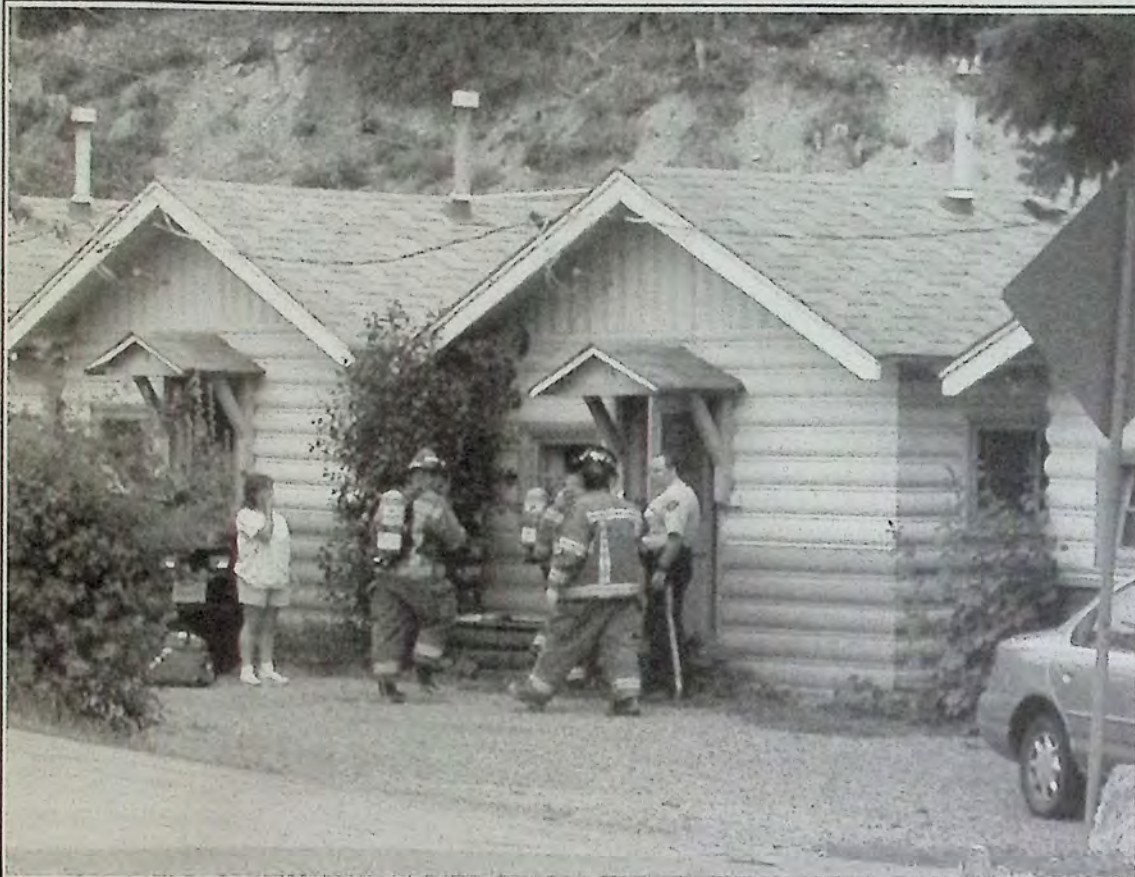
These days, there are more breakthroughs in health than we can keep track of, but it is important to know what is going on. New medications come on the market, others are taken out of production, and still others are restricted. New treatments are available. Do not rely on your doctor to tell you all of the ways things are changing. Even your doctor finds it hard to keep up to the high level of change.

One of the areas changing most rapidly is alternative treatment for ongoing conditions. There is more information than ever before on vitamins, minerals, and drug-free ways to treat common disorders.

Another fact you need to know is how important it is for you to take responsibility for improving your own health. In an aging society, more and more people have serious problems which occupy more health care professionals for longer periods of time. The more you can do for yourself, the better off you will be. Don't wait for something serious to hit you before you take your health seriously. Prevention of disease is a lot less painful than most cures.

You will hear much more about dangerous diseases, such as avian flu, being a threat to your health. Do watch the news, and do be conscious of good personal hygiene. A clean body and a clean home are two good defences against contracting disease. You cannot avoid every germ, but you can minimize contact by controlling the number in your home and your workplace.

Be knowledgeable about your own health. It may not make you a millionaire, but it may keep you alive!



On July 7th, at approximately 9:30 AM, a home care worker attended one of the cabins at Riverside Motel to find the odor of natural gas, and called 9-1-1. Police, EMS, Fire & Terasen Gas attended the scene. Gas readings were extremely high, luckily nothing ignited in the area. Lime Street/Thomas Street was blocked off for over an hour while Princeton Volunteer Fire Department was on scene to air out the cabins with fans. No one was home at the cabin, and nearby cabins were evacuated.

## Strong sales activity continues

The South Okanagan Real Estate Board (SOREB) reports that MLS sales increased by 8% to 238 units sold in June 2005 compared to 261 sold during the same period in 2004. The trend of increased sales continues from last month's record of 308 sales and April's 284 sales. These spring totals are the highest since 1993! The strong market activity continues, still buoyed up by the attractive mortgage rates and ever-rising property values in Vancouver and the lower mainland.

In sales units, Osoyoos leads the way with a 36% increase, 64 units sold compared to 47 last June. Next, Summerland units sold are up by 35%, at 27 sales this month compared to 20 last June. Kaleden/Okanagan Falls sales units are up 25%, 20 sales compared to 16 last June. Penticton units sold total 102, which is down slightly -6% from 109 last June. Oliver sales units at month-end are down -12%, 21 sales the same as last June's 24. Naramata's sales units are down -28%, compared to 7 sales last year. In the

Similkameen, Keremeos sales are up 17% with 20 units this June compared to 17 last year. Princeton shows an increase of 14% in units sold this month, compared to 21 in June 2004.

The Board Listing's total inventory decreased by -6%, for a total of 1,405 active listings, compared to 1,498 last June. Actual Listings taken in June 2005 are up 3%, 439 compared to 392 in May 2004.

Total Sales volume for the entire Board is up again by 31% at month-end, \$66,477,979 compared to June 2004 at \$50,481,835. The 2005 spring sales volume records have been surpassed every month since April. Year-to-date volume is also up 39%, totalling \$333,805,074 this year compared to \$238,993,453.

The South Okanagan Real Estate Board is comprised of 247 member REALTORS and 29 real estate offices in the southern interior of BC. For the most comprehensive source of all real estate listings, home buying and selling informa-

tion, visit our national websites at: [www.mls.ca](http://www.mls.ca) and [www.icx.ca](http://www.icx.ca) under "Thompson/Okanagan". Our public website is available at: [www.soreb.org](http://www.soreb.org) All SOREB listings are published in our realtySEARCH magazine available at all real estate offices and various locations in South Okanagan/Similkameen communities.

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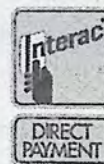
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Rural or Box (VO), Senior \$ 35.90  
Delivery to Door, Regular \$ 53.80  
Delivery to Door, Senior \$ 48.80

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Regular \$ 53.80  
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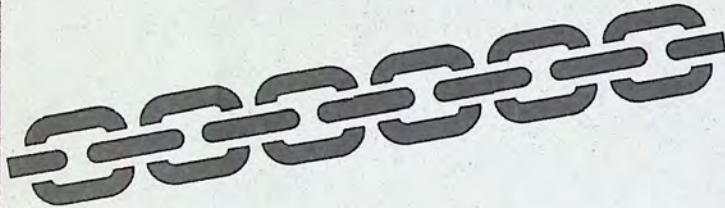
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Now that the mural is complete, have you taken a close look at it? There are many landmarks hidden in the artwork. Local artist Herb Castle told the News Leader last week that he spent around 200 hours on the project. The final piece, a bicyclist, was added late last week. The bicyclist bears more than just a little resemblance to Jim Stolth, a strong supporter of the Trans-Canada Trail.

## RCMP issue weekly report

On July 1st, Princeton RCMP recovered a Ford F-350 pickup truck which had been stolen earlier in the Chilliwack area.

A subsequent search of the vehicle revealed that the occupants were in possession of 200 lbs. of marijuana.

A male and female from the Chilliwack area were arrested and have been detained in custody on charges under the Controlled Drugs and Substances Act and the Criminal Code.

On Monday, July 4th, Princeton RCMP and EHS responded to a male in the river near the fish farm who was thought to be involved a drowning. The 40 yr old male was found to be uncooperative and fighting with bystanders clad only in his underwear, he was in a cocaine induced state. EHS transported the male to the hospital for treatment.

Later on in the afternoon, a male on a motorcycle east of Princeton failed to stop when he was clocked going 120 km/hr in a 90 km/hr zone. A second police unit blocked off the ridge near the InfoCentre and when the motorcyclist drove up, he attempted to evade police yet again.

Subsequently, the motorcyclist and the first police unit "embraced" momentarily and he was taken into custody (without serious injury). The 25 yr old male from Vancouver

faces charges under the Criminal Code for: Flight from Police, and Dangerous Driving, he did not hold a valid drivers license. The motorcycle was seized and towed to a compound.

While there was lots of traffic this weekend, there were no major accidents, there were over 60 violation tickets issued to motorists, most for speeding.

Police also conducted road checks in the area, although there were no impaired drivers over .08, two 24 hours were issued to motorists, one for alcohol and one for being under the influence of marijuana. Police also seized and poured out a substantial amount of alcohol this weekend, most from people drinking in public.

On July 4th, at 10:30 pm, Princeton RCMP members were conducted a road-check near the Information Centre on Hwy 3. At this time, the officer checked a westbound vehicle and engaged the driver in typical questioning related to travel, etc. Within several minutes, the officer entered into

a drug trafficking investigation and subsequently took 4 individuals into custody.

A search of the vehicle recovered 3 lbs. of marijuana packaged in a manner consistent with trafficking.

One of the individuals arrested was also found to be wanted on outstanding warrants out of Surrey. Another was found to be in violation of house arrest conditions and is expected to spend the next 6 to 9 months in prison for violating his probation requirements (this is separate from the new Princeton charge).

Both of these individuals were held in custody and transported to Penticton court by the sheriff. The other 2 individuals were later released on \$500 bail with several conditions imposed by the Princeton RCMP.

All 4 are facing charges of possession of a controlled substance for the purpose of trafficking and if convicted, could each face a prison term up to a maximum of 5 years less one day. All 4 individuals are from the Lower Mainland.

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PUTTING HEART INTO OUR COMMUNITY

# YES WE CAN!

## Non-Perishable Food Items

RE/MAX country asks you to help the Princeton Crisis Assistance Society  
by dropping off non-perishable food items at our office at 240 Bridge Street or at Overwaitea.



PUTTING HEART INTO OUR COMMUNITY





Plans are in motion to convert the former Riverside Intermediate School into the Riverside Wellness Centre. Plans are noted below.

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## Rotary Club Parade Winners list

The Princeton Rotary Club Racing Days Parade Winners are as follows:

Business Category: First Place - Valley First Credit Union, Second Place - Princeton Light & Power, Third Place - Princeton Castle Resort.

Place - Ridgewood Lodge, Second Place - Princeton Community Band, Third Place (tie) Royal Canadian Legion, Similkameen Christian School and Princeton Recreation Commission.

Oldest & Youngest Category: First Place - Canada Kids, Second Place - Old Age Pensioners Branch

30, Third Place - Red Hat Society.

"The Rotary Club and Parade Organizers thank everyone for such a wonderful turn out of entries and for everyone who came out to watch the parade," says Judy Short of the committee.

The 2005 Parade marked the 40th year of the event.

### Riverside Centre "A Family Wellness Concept" Tenant Invitation

The mandate of the wellness centre is as follows: "Any service provider, club or organization that strengthens or supports families and youth". If you feel that you meet the guidelines of this mandate, we invite you to become part of this exciting project by submitting an application for space in this facility.

Each space will be rented for \$1.00 per year with a contribution to the overall operating cost of the facility, ie power, gas, janitorial etc. We ask that all applications be returned by August 1<sup>st</sup> 2005 to allow us sufficient time to prepare. Applications can be returned by:

Mail- Box 278, Princeton B.C. V0X 1W0  
Fax- 295-4000

If you require further information or would like to request a personal guided tour, please don't hesitate to call Lyle Thomas at 295-7222.

Sincerely,

Gerri Logan  
R.D.O.S. Director

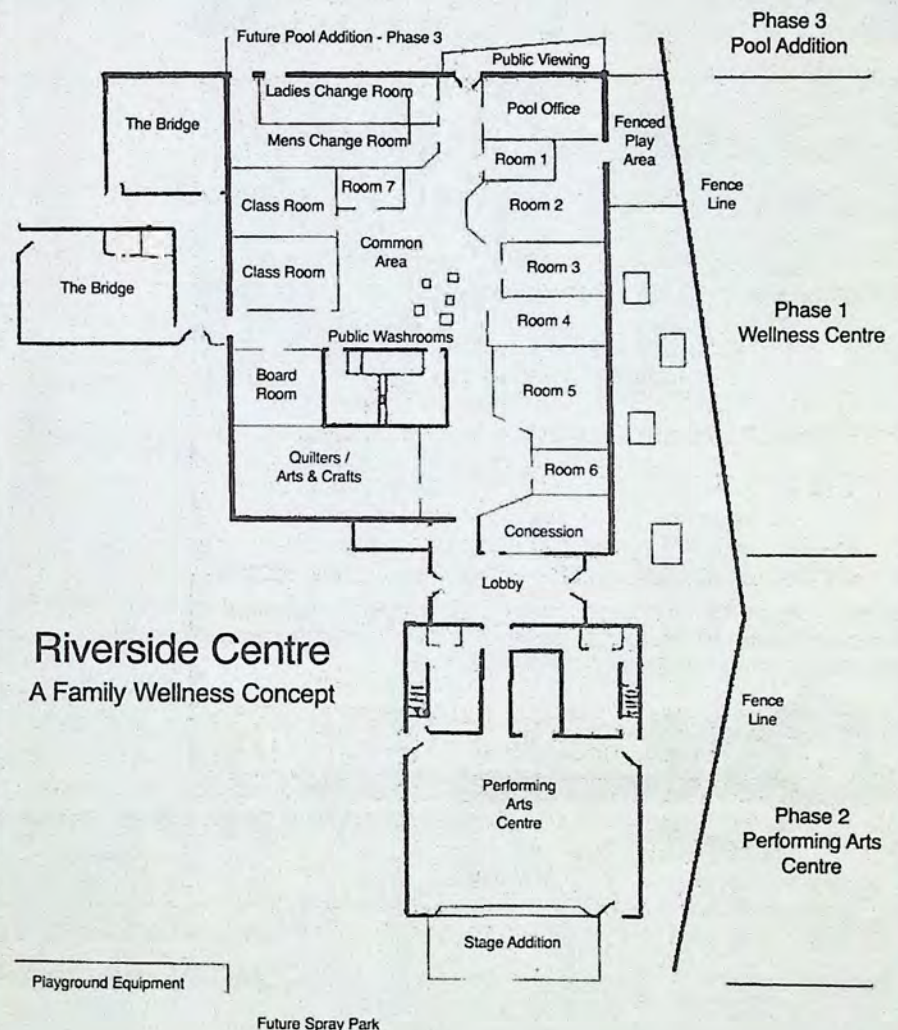
### Riverside Centre Application for Space

- ❖ Name of Organization \_\_\_\_\_
- ❖ Contact information, (name, address, email):  
\_\_\_\_\_
- ❖ Type of service provided  
\_\_\_\_\_
- ❖ Amount of space required (sq. ft) \_\_\_\_\_
- ❖ Amount you are able to contribute to operating cost \$ \_\_\_\_\_ per month.
- ❖ Special requirements: \_\_\_\_\_
- ❖ Comments: \_\_\_\_\_

Please submit all applications by August 1<sup>st</sup> 2005 to:

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Stay tuned for future public meetings and updates on this exciting community project!



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Princeton Rotary Club served up hot dogs and pop at Phifer's Fountain during Sunday's Trans Canada Trail Challenge. Rotarian Harold Walsh manned the grill for a shift.

## How to spot a grow-op

The summer months are perfect times for some marijuana growers to start taking their product outside to grow naturally in areas that are isolated or hard to get at. Starter plants are grown indoors and then transplanted outside, please note any unusual activity or vehicles in areas around logging roads, dirt roads, paths, etc. Sometimes the growers need to water and tend to their crop and will make visits a few times a week.

The RCMP are offering the following tips on what people should look for to help identify indoor marijuana grow operations in their neighbourhood;

- Residents that are only at the home occasionally and usually for short periods of time. Homes that don't appear to be lived in (may have little or no furniture in the main living areas) but have occasional visitors (1 or 2 times weekly) at unusual hours.

- Equipment, such as large fans, lights, plastic plant containers and soils, are carried in at odd hours. Extra vents may be installed and ventilation fans can sometimes be heard.

- New tenants are unfriendly and keep to themselves, do not like vis-

itors at their home, and sometimes have one or more dogs to deter visitors, usually breeds that are known to be aggressive or have that reputation such as bull mastiffs, rottweillers or pitbulls, sometimes there is more than one dog.

- The exterior appearance of the property, such as the lawn, might be untidy; garbage may not be put out on pick-up days.

- Windows are often covered with heavy blinds, boarded up or otherwise blacked out. Bright light may be seen around the edge of the window.

- Hydro meters may be tampered with.

The growing of marijuana produces a strong skunk-like odour that may be detected outside the home.

Please call the Princeton RCMP Detachment at (250)295-6911 if you have any questions or suspect a grow-op in your neighbourhood. Note any licence plates for the individuals that live at or visit the residence, keep a log-time/date and activity at the residence.

We appreciate the support that the community gives us to make it safer and defer criminals from deciding to live in our community.

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THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR\*

\* MLS statistics 1990-2004

# weekly entertainment guide

TUESDAY, JULY 12, 2005 THROUGH MONDAY, JULY 18, 2005



Jaswinder and Pindy Gill pose in front of Princeton Mixed Slo-Pitch Trophies for Male MVP (Pindy) and Most Sportsmanlike. The Gill's own and operate Quick-Pick Grocery on Bridge Street.

## Jebway wins Mixed Slo-Pitch Wind-Up

The Princeton Slo-Pitch League held their annual Wind-Up Tournament on June 25th.

With a total of four teams participating, Jebway and Krenny's Krew ended up in the finals.

For the second year in a row, Jebway won the Wind-Up

Tournament.

Most Sportsmanlike Team went to Quick-Pick. The Mens MVP for the Tournament was presented to Pindy Gill with Holly Baker taking the Ladies MVP.

For fun at the end of the Wind-Up, a home run hitting contest was

held.

Teresa Krause was the ladies winner with Brandon Young taking the mens category.

"I hope everyone had a great season," said Kevin Williams of the league. "I hope to see everyone come out again next year."



Jebway took First Place.

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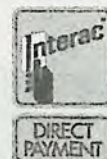
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Holly Baker with her MVP Trophy.



Quick-Pick Grocery was the Most Sportsmanlike Team.

## tuesday movies

### MORNING

10:00 am CITY 29 ★★ "Crossing the Line" (2002, Drama) Terry Farrell. A girls basketball coach contends with overzealous parents who push their teenage daughters to win at all costs. [E]

woman becomes a murder suspect when her husband dies in a freak boating accident.  
11:05 pm WTBS 3 ★½ "Hardball" (2001, Drama) Keanu Reeves. A selfish gambler works off his debt by coaching a baseball team comprised of underprivileged youths. [E]

### EVENING

6:00 pm CITY 29 ★★ "Final Fantasy: The Spirits Within" (2001, Science Fiction) Voices of Ming-Na. Premiere. Animated. A scientist and her team of commandos attempt to harness eight Earth spirits against deadly alien phantoms. [E]

8:35 pm WTBS 3 ★★ "Parenthood" (1989, Comedy-Drama) Steve Martin. Ron Howard directed this look at the joys and headaches that come with the responsibility of raising children. [E]

9:00 pm FAM 26 ★★½ "Crocodile Dundee II" (1988, Comedy) Paul Hogan. The adventurer and his girlfriend seek refuge in Australia after they run afoul of drug dealers. (In Stereo) [E]

10:06 pm CITY 29 ★★½ "Cold Heaven" (1992, Suspense) Theresa Russell. An unfaithful

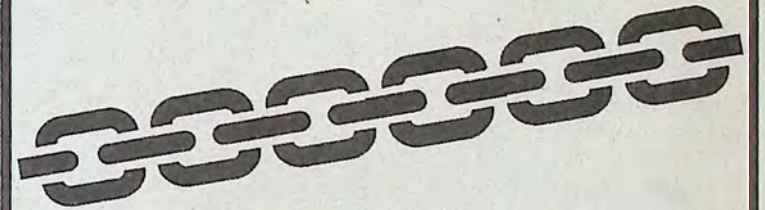
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## wednesday movies

### MORNING

10:00 am CITY 29 ★★ "Final Fantasy: The Spirits Within" (2001, Science Fiction) Voices of Ming-Na. Animated. A scientist and her team of commandos attempt to harness eight Earth spirits against deadly alien phantoms. [E]

10:00 pm A&E 9 ★★½ "Good Will Hunting" (1997, Drama) Matt Damon. A young janitor with a high intellect goes through a battle of wills with a therapist over his true feelings. [E]

9:00 pm FAM 26 ★★ "Wind" (1992, Adventure) Matthew Modine. A fictional account of the United States' first-ever loss of the coveted America's Cup sailing championship. (In Stereo) [E]

### AFTERNOON

5:00 pm CITY 29 ★★ "Hercules" (2005, Adventure) Paul Teller. Premiere. The mythical strongman must perform 12 heroic labors to purify himself of the murder of his family. [E]

10:00 pm A&E 9 ★★½ "Good Will Hunting" (1997, Drama) Matt Damon. A young janitor with a high intellect goes through a battle of wills with a therapist over his true feelings. [E]

10:05 pm WTBS 3 ★★½ "Made in America" (1993, Comedy) Whoopi Goldberg. An unlikely bond forms between a black woman and the white man who fathered her daughter via a sperm bank deposit. [E]

### EVENING

6:00 pm A&E 9 ★★½ "Good Will Hunting" (1997, Drama) Matt Damon. A young janitor with a high intellect goes through a battle of wills with a therapist over his true feelings. [E]

10:06 pm CITY 29 ★★ "Phantoms" (1998, Horror) Peter O'Toole. Two skiers discover a Colorado resort town under attack by creatures from beneath the ground. [E]

8:05 pm WTBS 3 ★½ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an archi-

Should Princeton go back to being Vermilion Forks?

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Tell Us What You Think.

YES

NO

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and Deposit in the Ballot Box at  
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TUESDAY, JULY 12, 2005

Table with 20 columns representing channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM 26, KTLA, CITY 29, WGN) and rows for various times of day (6:30 AM to 11:30 PM) listing program titles.

WEDNESDAY, JULY 13, 2005

Table with 20 columns representing channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM 26, KTLA, CITY 29, WGN) and rows for various times of day (6:30 AM to 11:30 PM) listing program titles.

**Regular Meetings**

- \* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- \* Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- \* Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- \* Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- \* PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- \* Hedley Library open 2-7pm Thursdays
- \* Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- \* Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- \* Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- \* Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- \* Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- \* Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- \* Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- \* Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- \* Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- \* Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- \* Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

**Similkameen News Leader  
Community Calendar**

**JULY**

- 12, 13 - Lions Club Carnival, Keremeos
- 23 - Crater Mountain Ultra-Marathon, Keremeos
- 30, 31 - Tulameen Family Days

**AUGUST**

- 1 - Tulameen Family Days
- 7 - Kars Under the K, Memorial Park, Keremeos
- 13 - Hedley Family Fun Day, Hedley
- 13 - Love Princeton Day
- 15-19 - Vacation Bible School
- 27 - Princeton Posse Youth Hockey Camp

**SEPTEMBER**

- 4, 5 - Gold Wing Riders Ride of Lights, Princeton
- 10 - Childrens Festival - Keremeos
- 10, 11 - Princeton Fall Fair
- 17 - Similkameen Sizzle, Keremeos
- 18 - George & Brenda's 1st Wedding Anniversary
- 24, 25 - Keremeos Elks High School Rodeo, Keremeos

**OCTOBER**

- 22 - Taste of Our Valley, Keremeos
- 31 - Halloween Spook House, Princeton Fairgrounds

**NOVEMBER**

Check our 'Events Calendar' at [www.thenewsleader.ca](http://www.thenewsleader.ca) for more events and meetings in the Similkameen!

*If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!*  
**[ads@thenewsleader.ca](mailto:ads@thenewsleader.ca)**

**thursday movies**

**MORNING**

10:00 am CITY (29) ★★½ "Wild America" (1997, Adventure) Jonathan Taylor Thomas. In 1967, young Marty Stouffer and his brothers embark on a road trip to capture endangered species on film. [E]

**EVENING**

6:00 pm CITY (29) "Blacktop" (2000, Suspense) Lochlyn Munro. A comic engages in a high-speed chase down a lonely highway in pursuit of the maniac who kidnapped his girlfriend. [E] (DVS)

7:00 pm WTBS (3) ★★½ "The Mask" (1994, Fantasy) (PA) Jim Carrey. A mild-mannered loser is transformed into a being of charisma, color and confidence when he dons a strange mask. [E]

9:00 pm KNOW (5) "Forgotten Warriors" (1997, Documentary) Filmmaker Loretta Todd's tale of Canadian Indians who were denied equality after risking their lives in World War II. [E]

FAM (26) ★★½ "Spaceballs" (1987, Comedy) Mel Brooks. Spacefarers come to the rescue of a planet threatened by the evil Dark Helmet in Mel Brooks' spoof of sci-fi movies. (In Stereo) [E]

9:10 pm WTBS (3) ★★½ "The Cable

Guy" (1996, Comedy) Jim Carrey. An architect pays a heavy price when he begins a friendship with an unhinged employee of a cable television company. [E]

10:06 pm CITY (29) ★★½ "The Pest" (1997, Comedy) John Leguizamo. A cash debt to the mob puts a gleefully obnoxious con artist in the crosshairs of a German big-game hunter's gun. [E]

11:10 pm WTBS (3) ★★½ "The Mask" (1994, Fantasy) (PA) Jim Carrey. A mild-mannered loser is transformed into a being of charisma, color and confidence when he dons a strange mask. [E]

**Weather?**  
Updated Hourly...  
**Road Reports?**  
Updated Daily...  
[www.thenewsleader.ca](http://www.thenewsleader.ca)

**friday movies**

**AFTERNOON**

5:00 pm CITY (29) ★★½ "Undercover Brother" (2002, Comedy) Eddie Griffin. Premiere. An ultra-cool black agent and his cohorts defend their culture from the evil plots of a white villain known as The Man. (In Stereo) [E]

**EVENING**

6:00 pm WTBS (3) ★★ "Tommy Boy" (1995, Comedy) Chris Farley. A hefty underachiever becomes a traveling salesman to save his father's auto-parts company from financial ruin. [E]

7:00 pm A&E (9) ★★½ "The Brooke Ellison Story" (2004, Docudrama) Mary Elizabeth Mastrantonio. A youth vows to lead as normal a life as possible after she is hit by a car and left paralyzed from the neck down. [E]

7:30 pm FAM (26) ★★½ "MVP2: Most Vertical Primate" (2002, Comedy) Richard Karn. Dreams of skateboarding stardom come true for a homeless boy and the fugitive chimpanzee he befriends. (In Stereo) [E]

8:00 pm KNOW (5) "The Peacock Spring" (1995, Drama) Peter Egan. A diplomat sends for his daughters to provide a respectable cover for his affair with a beautiful Eurasian.

FOX (29) ★★½ "Undercover Brother" (2002, Comedy) Eddie Griffin. Premiere. An ultra-cool black agent and his cohorts defend their culture from the evil plots of a white villain known as The Man. (In Stereo) [E]

8:10 pm WTBS (3) ★★½ "Crocodille

Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Australian adventurer Mick Dundee uncovers a link between smugglers and moviemakers during a visit to Los Angeles. [E]

9:00 pm FAM (26) ★★ "Drop Dead Fred" (1991, Comedy) Phoebe Cates. An imaginary friend returns to help a woman out of her melancholy state by wreaking havoc on an unsuspecting public. (In Stereo) [E]

10:06 pm CITY (29) "Beverly Hills Bordello Volume 8" (1996, Adult) Nicole Gian. A collection of steamy tales culled from the erotic TV series.

10:39 pm FAM (26) ★★½ "Radio Flyer" (1992, Drama) Elijah Wood. The power of imagination propels this tale of two adolescents planning a fanciful escape from their abusive stepfather. [E]

11:00 pm KSPS (6) ★★½ "The Apartment" (1960, Comedy) Jack Lemmon. Three Oscars went to this tale about a man who lends his flat to philandering executives in exchange for a promotion.

A&E (9) ★★½ "The Brooke Ellison Story" (2004, Docudrama) Mary Elizabeth Mastrantonio. A youth vows to lead as normal a life as possible after she is hit by a car and left paralyzed from the neck down. [E]

**Horoscopes**

July 13-20, 2005

- Aries** - A bad mood, or too much to do around home, may challenge your emotional balance all week. Be extremely cautious and safety conscious, as you tend to be impatient and heavy on the gas peddle.
- Taurus** - Home is where you want to be this week, as it is a great place, but watch out for health problems or hazards while you work. Pressure on the job or worries may make you less alert. Get plenty of rest.
- Gemini** - Money, children, and endless places to go and things to do may make you feel really tired by the end of this week. You may be struggling to make plans work but there is lots of interference.
- Cancer** - By the end of this week, you are going to change. A new phase of your life begins this weekend, and although you may not be conscious of it now, when you look back a month from now, you'll see.
- Leo** - If the pace became any faster, you couldn't stand it. Watch out for health, job problems coming to a head this week. You could suddenly feel very tired and old this weekend. Guard your health.
- Virgo** - From this weekend, and for the next couple of years, you may feel depressed or downhearted, or just very reserved. You are changing how you think, and you are maturing in your ideas. Don't knock it!
- Libra** - Settle down and make concrete plans for the future. Write them down in a journal and review them. This weekend is the time to start. Children may come to you with problems. Be wise, real.
- Scorpio** - Career change begins this weekend and may signal more restrictive conditions for the next couple of years. More responsibility may be put on your shoulders. Don't worry, you are rewarded.
- Sagittarius** - All systems are go for you now, with just one problem. Resources shared with others, or debts, mortgages, or investments, may require attention. Focus shifts to learning, beliefs, discipline.
- Capricorn** - Home and family life are very challenging at this time. Others expect you to carry a heavier load of responsibility regarding shared resources. Partner may have problems around home, family.
- Aquarius** - You hear news that challenges you in ways related to your health and employment. The news could be good or bad, but demands action. Partner, friend, may be cold or burdensome.
- Pisces** - Health problems may stem from too much of a good thing, so be moderate in all you do and all you eat. Young people may be a source of concern, especially in regard to money. Plans are challenged.

**Similkameen News Leader  
Recipe Corner (Recipe #72)**

**Breathe Fresh Meal**

(FOR DOGS)

- 6 cups white or brown rice
- 2 pounds lean ground beef
- 5 tbsp. mint
- 5 tbsp. parsley
- 4 tbsp. hemp seed oil or flax oil
- 4 tsp. human-grade bone meal  
(optional - found in health food stores)

Cook rice and ground beef and let cool to room temperature. Mix together in a large bowl and add remaining ingredients. Mix well. Serve 1 cup of mixture for every 15 lbs. of body weight. Freeze the remainder for future use.

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*If you have a favourite recipe you would like to share, contact us for details!*  
**226A Bridge Street, Princeton**

Online Classified Ads:

**[www.thenewsleader.ca](http://www.thenewsleader.ca)**

THURSDAY, JULY 14, 2005

Table with 20 columns (WTBS to WGN) and 24 rows (6 AM to 11 PM) showing TV program schedules for Thursday, July 14, 2005.

FRIDAY, JULY 15, 2005

Table with 20 columns (WTBS to WGN) and 24 rows (6 AM to 11 PM) showing TV program schedules for Friday, July 15, 2005.

**saturday movies**

MORNING

7:00 am WTBS (3) ★½ "Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Australian adventurer Mick Dundee uncovers a link between smugglers and moviemakers during a visit to Los Angeles. (E)  
 9:05 am WTBS (3) ★★ "What About Bob?" (1991, Comedy) Bill Murray. A pompous psychiatrist's vacation is disrupted by the arrival of his new patient, a lovable but aggravating neurotic. (E)  
 11:00 am WGN (38) ★ "Gone Fishin'" (1997, Comedy) Joe Pesci. Mishaps abound when two working-class buddies win a contest that takes them to the Everglades on a free fishing trip. (In Stereo) (E)  
 11:25 am WTBS (3) ★½ "Major League II" (1994, Comedy) (PA) Charlie Sheen. The Cleveland Indians gear up for another chance at the pennant in this sequel to the 1989 hit. (E)

AFTERNOON

12:00 pm FAM (26) ★★ "Father and Scout" (1994, Comedy-Drama) Bob Saget. A man gets a chance to demonstrate his total lack of athleticism when he joins his son on a weekend camping trip. (In Stereo) (E)  
 1:00 pm CITY (29) ★★½ "Free Willy 3: The Rescue" (1997, Adventure) Jason James Richter. Premiere. Willy and his human friends square off against whale poachers in the waters of the Pacific Northwest. (E)  
 1:30 pm WTBS (3) ★★½ "Little Nicky" (2000, Comedy) Adam Sandler. The devil's kindhearted son is sent to retrieve his two evil brothers before they raise hell on Earth. (E)  
 1:35 pm FAM (26) ★★ "A Friendship in Vienna" (1988, Drama) Ed Asner. Vienna is the setting for this account of how two girls' friendship is tested by the persecution of Austrian Jews. (In Stereo)  
 3:00 pm WTBS (3) ★½ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California

friend. (E)  
 4:00 pm YTV (18) ★★ "Balto II: Wolf Quest" (2001, Adventure) Voices of Mark Hamill. Animated. Balto sets out in search of his runaway daughter, who soon faces a test of courage. (E)  
 KTLA (27) ★★ "Extreme Measures" (1996, Suspense) Hugh Grant. An ER doctor puts his own life in jeopardy when he refuses to stop investigating a homeless man's strange death. (In Stereo) (E)  
 5:00 pm WTBS (3) ★★ "Tommy Boy" (1995, Comedy) Chris Farley. A hefty underachiever becomes a traveling salesman to save his father's auto-parts company from financial ruin. (E)  
 CITY (29) ★½ "Godzilla" (1998, Science Fiction) Matthew Broderick. A giant lizard reduces Manhattan to rubble in this effects-laden reconstruction of the famous Japanese monster tale.  
**EVENING**  
 7:00 pm WTBS (3) ★★½ "Austin Powers: International Man of Mystery" (1997, Comedy) Mike Myers. A swinging spy from the '60s finds that all is not groovy when he is brought out of cryogenic freeze to nab an old foe. (E)  
 8:00 pm KHQ (7) ★½ "Godzilla"

(1998, Science Fiction) Matthew Broderick. A giant lizard reduces Manhattan to rubble in this effects-laden reconstruction of the famous Japanese monster tale.  
 KXLY (10) ★★½ "The Princess Diaries" (2001, Comedy) Julie Andrews. The queen of a small European country instructs her awkward American granddaughter in the ways of royalty. (In Stereo) (E) (DVS)  
 8:30 pm WGN (38) ★ "The Pawn" (1999, Drama) Greg Evigan. After transferring to a new precinct, a veteran police officer draws a bead on corruption within the department. (In Stereo) (E)  
 9:00 pm WTBS (3) ★★ "What About Bob?" (1991, Comedy) Bill Murray. A pompous psychiatrist's vacation is disrupted by the arrival of his new patient, a lovable but aggravating neurotic. (E)  
 CHBC (4) ★★ "The Arrow" (1997, Adventure) (Part 2 of 2) Dan Aykroyd. In 1950s Canada, a design team faces unprecedented challenges in their quest to develop a radical new jet fighter. (E) (DVS)  
 YTV (18) ★★ "Rudy" (1993, Drama) Sean Astin. A working-class Illinois teen overcomes physical and educational hurdles to fulfill his dream of attending Notre Dame. (E)  
 FAM (26) ★★½ "Pie in the Sky" (1995, Comedy) Josh Charles. An

aspiring radio traffic reporter conducts a stop-and-go relationship with a childhood sweetheart. (In Stereo) (E)  
 CITY (29) ★½ "Half Baked" (1998, Comedy) Dave Chappelle. New York potheads become drug dealers so that they can make enough money to bail their pal out of jail. (E)  
 10:46 pm FAM (26) ★★ "Bugsy" (1991, Drama) Warren Beatty. The Oscar-winning account of Benjamin "Bugsy" Siegel, the gangster who built a gambling oasis in the Las Vegas desert. (In Stereo) (E)  
 11:00 pm WTBS (3) ★★½ "Jumpin' Jack Flash" (1986, Comedy) (PA) Whoopi Goldberg. A computer operator's life is turned upside down when a trapped British spy sends messages through her terminal. (E)  
 CITY (29) ★½ "Godzilla" (1998, Science Fiction) Matthew Broderick. A giant lizard reduces Manhattan to rubble in this effects-laden reconstruction of the famous Japanese monster tale.

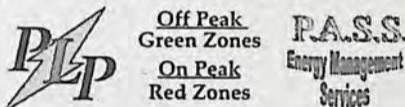
**Similkameen News Leader Community Events Cruiser**



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**LEGEND TO THE TV LISTINGS Summer Months July / August "Power By The Hour" Rates**

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.



**Princeton Light & Power**  
 231 Bridge Street, Princeton  
 Phone (250) 295-3244  
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Time of Day	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		SUNDAY	
						OFF PEAK	ON PEAK	OFF PEAK	ON PEAK
12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

**sunday movies**

MORNING

7:00 am WTBS (3) ★½ "Major League II" (1994, Comedy) (PA) Charlie Sheen. The Cleveland Indians gear up for another chance at the pennant in this sequel to the 1989 hit. (E)  
 9:00 am WTBS (3) ★½ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend. (E)  
 11:00 am WTBS (3) ★★ "Road Trip" (2000, Comedy) Tom Green. Four college buddies take time out to party as they travel from New York to Texas to retrieve an incriminating video. (E)  
 CHBC (4) "Society's Child" (2001, Drama) Jessica Steen. A single mother fights for her gravely ill daughter's right to control her own destiny. (E)  
 CITY (29) ★½ "The Odd Couple II" (1998, Comedy) Jack Lemmon. Oscar and Felix experience several misadventures when they reunite in Los Angeles for their children's wedding. (E)

AFTERNOON

12:00 pm FAM (26) ★★ "Genius" (1999, Comedy) Trevor Morgan. A brilliant 14-year-old maintains a double life in junior high school and college in an attempt to fit in. (In Stereo)  
 1:00 pm WTBS (3) ★★½ "Austin Powers: International Man of Mystery" (1997, Comedy) Mike Myers. A swinging spy from the '60s finds that all is not groovy when he is brought out of cryogenic freeze to nab an old foe. (E)  
 KTLA (27) ★ "Gone Fishin'" (1997, Comedy) Joe Pesci. Mishaps abound when two working-class buddies win a contest that takes them to the Everglades on a free fishing trip. (In Stereo)  
 1:30 pm FAM (26) ★★ "Stuck in the Suburbs" (2004, Comedy-Drama) Danielle Panabaker. Two friends set out to reveal the true persona of a pop star whose flashy image was manufactured by his record company.  
 2:00 pm VTV (22) "This Matter of Marriage" (1998, Drama) Michael Nouri. After a number of disappointing dates, an architect comes to the realization that she is in love with her

neighbor. (In Stereo) (E)  
 2:30 pm CHBC (4) ★★½ "Clifford's Really Big Movie" (2004, Adventure) Voices of John Ritter. Animated. A gigantic red dog leaves home and becomes the main attraction at a traveling circus. (E)  
 3:00 pm WTBS (3) ★★½ "Austin Powers: The Spy Who Shagged Me" (1999, Comedy) Mike Myers. The "International Man of Mystery" and a comely American agent attempt to retrieve Austin's stolen mojo from Dr. Evil. (E) (DVS)  
 KTLA (27) ★½ "Meet the Deedles" (1998, Comedy) Steve Van Wormer. Two sibling surfers from Hawaii take Yellowstone Park by storm when they are mistaken for park ranger recruits. (In Stereo)  
 4:00 pm YTV (18) ★★½ "Beethoven's 3rd" (2000, Comedy) Judge Reinhold. The lovable Saint Bernard and his family get caught up in a computer caper during a road trip in their motor home. (In Stereo) (E)  
 5:00 pm WTBS (3) ★★½ "Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Dr. Evil and a new ally named Goldmember kidnap Austin's father and plot to take over the world. (E)  
 WGN (38) ★ "Gone Fishin'" (1997, Comedy) Joe Pesci. Mishaps

abound when two working-class buddies win a contest that takes them to the Everglades on a free fishing trip. (In Stereo) (E)  
**EVENING**  
 6:00 pm CITY (29) ★★½ "Election" (1999, Comedy) Matthew Broderick. A popular teacher's life takes a downward turn as he attempts to ruin a hated student's campaign for class president. (E)  
 7:55 pm WTBS (3) ★★ "Road Trip" (2000, Comedy) Tom Green. Four college buddies take time out to party as they travel from New York to Texas to retrieve an incriminating video. (E)  
 8:00 pm CHBC (4) ★★½ "Mission: Impossible" (1996, Adventure) Tom Cruise. A U.S. intelligence agent searches for the elusive criminal who sabotaged his team's undercover operation in Prague. (E)  
 KTLA (27) ★★ "Like Mike" (2002, Fantasy) Lil' Bow Wow. A teenage orphan's magic sneakers land him a spot on a struggling NBA team. (In Stereo) (E)  
 9:00 pm KREM (8) ★★ "Gleason" (2002, Biography) Brad Garrett. Jackie Gleason rises from a humble beginning in vaudeville to a world-renowned comic and television icon.

(In Stereo) (E) (DVS)  
 FAM (26) ★★½ "Dirty Rotten Scoundrels" (1988, Comedy) Steve Martin. Two con artists zero in on a wealthy woman in a contest to determine who will lay claim to the French Riviera.  
 9:55 pm WTBS (3) ★½ "Bait" (2000, Action) (PA) Jamie Foxx. A small-time crook becomes an unknowing pawn in the government's plan to lure a high-tech criminal out of hiding. (E)  
 10:44 pm FAM (26) ★★½ "Wide Awake" (1998, Drama) Joseph Cross. A grieving boy asks difficult questions about death and the meaning of life after his beloved grandfather dies. (In Stereo) (E)  
 11:00 pm CITY (29) ★½ "Half Baked" (1998, Comedy) Dave Chappelle. New York potheads become drug dealers so that they can make enough money to bail their pal out of jail. (E)  
 11:55 pm WTBS (3) ★★ "In the Army Now" (1994, Comedy) Pauly Shore. A free-spirited slacker leads his group of misfit soldiers against Libyan troops when they wind up behind enemy lines. (E)

Just The Fax, Ma'am!

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 CALENDAR OF EVENTS  
 WEEKLY NEWS & SPORTS

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SATURDAY, JULY 16, 2005

Table with 20 columns (WTBS to WGN) and 24 rows (6:00 AM to 11:30 PM) listing TV programs and channels.

SUNDAY, JULY 17, 2005

Table with 20 columns (WTBS to WGN) and 24 rows (6:00 AM to 11:30 PM) listing TV programs and channels.

MONDAY, JULY 18, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	"Stop! Or Mom"	News	(Off Air)	Body Elec.	News	News	Movie: "Clear and Present"	(5:00) News	News (Live)	(5:00) News (Live)	Monsters	SportsCentre	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller.	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Danger (1994, Drama)	Good Morning America			Stickin' George S.	SportsCentre		Fear Fighters	Sabrina	Aladdin	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street	Dora	Barney			Harrison Ford			100 Huntley Street	Jacob	SportsCentre		How-Made	Paid Prog.	Lilo Stitch		StarTV	Rockford Files
9 AM	Cosby	Save-Ums!	Magic Bus	Sesame Street (E)		Discover	City Confidential	Regs and Kelly	100 Huntley Street	World Vision	Mona	Off-Record	Regs and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline	Reading	Ellen DeGeneres Show	The Price Is Right	Cold Case Files	The View	World Vision	Taste	Rupert	Triathlon: ITU	The View	How-Made	The Larry Elder Show	Stanley	Jerry Springer (N)	Movie: "Free Willy 3: The Rescue"	News
11 AM	Harvey	Coronatn	CG Kids	Yoga	Frasier	Young and the Restless	Third Watch	Paid Prog.	The Insider	News (Live)	D'Myna	Motorcycle Racing	Balance-TV	Frontiers of	Montel Williams	King	Jerry Springer	Rockford Files	
12 PM	Drew	News	Canada-History	Sit-Be Fit	M*A*S*H	News	Movie: "Clear and Present"	All My Children	News (Live)	Days of our Lives	SpongeBob	2002-Poker	Daily	Bio. Weapons	Perry Mason	Fillmore	Maury	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	Moving On	Fine Art	Days of our Lives	As the World Turns	One Life to Live	As the World Turns	As the World Turns	George S.	K1 Canada	Vicki G.	Super Ships	Fam. Feud	Recess	Jerry Springer	Relic Hunter	Funnest Home Videos	
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Passions	Guiding Light	Harrison Ford	General Hospital	Passions	Passions	Mona	Burning	General Hospital	How-Made	Pat Croce	Proud	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	City Confidential	Young and the Restless	Young and the Restless	D'Myna	Off-Record	Dr. Phil	Ultimate Thrill Parks	Starting Over	Fillmore	Pokémon	News (Live)	Home Imp.	
4 PM	Raymond	Simpsons	Cyberchas	Judge J.	Oprah Winfrey	Cold Case Files	Millionaire	Oprah Winfrey	News	Tn-Titans	Boxing: Litzau vs. Nolasco	Frasier	Daily Planet	Little House	Recess	Xiaolin	Sex & City	Will-Grace	
5 PM	Family Guy	News	George S.	BBC World	News	News	The BTK Killer Speaks	ABC News	Global	Global	Robot	In Corner	The Bull Shark	Malcolm King of Hill	Proud	Sabrina	Stargate SG-1	Movie: "After the Storm"	
6 PM	Store	Will-Grace	Entrada	News-Lehrer	News	News	Gotti	News	News (Live)	TBA	SpongeBob	WWE Raw (Live)	Monster Garage	Simpsons	Darcy	Friends	Movie: "28 Days"	Armand Assante.	
7 PM	MLB Baseball: Atlanta	Fortune	Dotto Tech	Served	Jeopardy!	Seinfeld	Airline (N)	Entertain	Entertain	One Tree Hill (N)	15/Love		eTalk Daily	Biker Build-Off	Will-Grace	Even	Raymond	WGN News at Nine	
8 PM	Braves at San Francisco	"Austin Powers: International Man of Mystery"	Edge	Antiques Roadshow	Fear Factor	Still Raymond	Crossing Jordan	The Scholar	Fear Factor "Siblings"	Fear Factor "Siblings"	ReBoot	SportsCentre (Live)	Corner Gas	Daily Planet	Nanny 911	Boy World	7th Heaven	News	Becker
9 PM	Giants (Live)	Perspectiv	History Detectives	Las Vegas	Two Men Rock: INXS	The BTK Killer Speaks	Movie: "28 Days"	Las Vegas	Las Vegas	Mystery	WWE Raw	Medium	The Bull Shark	Hell's Kitchen	Movie: "City of Joy"	Summerland (N)	Jimmy Kimmel Live (N)	Home Delivery	
10 PM	Movie: "Fire Down Below"	The National	Perspectiv	Guns, Germs and Steel	Medium	CSI: Miami "Legal"	Gotti	Drama	One Tree Hill (N)	News	Inuyasha	CSI: Miami "Legal"	Biker Build-Off	News	Malcolm	Boy World	Friends	Movie: "Sneakers"	
11 PM	(1997) Steven Seagal	News	Imprint	Charlie Rose (N)	News	News	Airline	News	News (Live)	(11:03) Fear Factor	Yvon	SportsCentre (Live)	MythBusters	Becker	My So-Called Life	Friends	Redford	Street	

monday movies

MORNING

6:00 am A&E (9) \*\*\*"Clear and Present Danger" (1994, Drama) Harrison Ford. CIA agent Ryan comes up against a duplicitous American government during his quest to nab a Colombian drug lord. (E)

10:00 am CITY (29) \*\*\*"Free Willy 3: The Rescue" (1997, Adventure) Jason James Richter. Willy and his human friends square off against whale poachers in the waters of the Pacific Northwest. (E)

AFTERNOON

12:00 pm A&E (9) \*\*\*"Clear and Present Danger" (1994, Drama) Harrison Ford. CIA agent Ryan comes up against a duplicitous American government during his quest to nab a Colombian drug lord. (E)

5:00 pm WGN (38) "After the Storm" (2001, Adventure) Armand Assante. Two couples will commit the ultimate betrayal as they race to salvage a sunken luxury yacht.

EVENING

6:00 pm CITY (29) \*\*\*"28 Days" (2000, Drama) Sandra Bullock. After ruining her sister's wedding, a boozy New York writer is sent to rehab to come to terms

with her substance abuse. (In Stereo) (E) (DVS)

8:00 pm CHBC (4) \*\*\*"Austin Powers: International Man of Mystery" (1997, Comedy) Mike Myers. A swinging spy from the '60s finds that all is not groovy when he is brought out of cryogenic freeze to nab an old foe. (E)

9:00 pm KXLY (10) \*\*\*"28 Days" (2000, Drama) Sandra Bullock. After ruining her sister's wedding, a boozy New York writer is sent to rehab to come to terms with her substance abuse. (In Stereo) (E) (DVS)

FAM (26) \*\*\*"City of Joy" (1992, Drama) Patrick Swayze. A disenchanted Houston surgeon finds enlightenment and understanding on the impoverished streets of Calcutta, India. (In Stereo)

10:00 pm WTBS (3) \*\*\*"Fire Down Below" (1997, Drama) (PA) Steven Seagal. An environmental protection agent wages a one-man war against industrialists who are dumping toxic waste in Appalachia. (E)

10:06 pm CITY (29) \*\*\*"Sneakers" (1992, Adventure) Robert Redford. Computer hackers learn the device they were hired to retrieve is capable of cracking the nation's security systems. (E)

THE NEWS LEADER WORD SEARCH

T	V	M	L	Q	R	C	J	U	C	U	E	T	G	T	M	G	A	J	S
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LET'S TALK ABOUT "VEHICLES"

- |         |            |            |            |
|---------|------------|------------|------------|
| CART    | LOCOMOTIVE | MOTORCYCLE | FORKLIFT   |
| BICYCLE | WAGON      | LIMOSINE   | LOADER     |
| CAR     | CHARIOT    | TRAM       | HELICOPTER |
| BUS     | SNOWMOBILE | TANK       | ROLLER     |
| TRACTOR | BUCKBOARD  | BACKHOE    | JITNEY     |
| TRUCK   | SCOOTER    | JEEP       | RICKSHAW   |

Let's Play Princeton Trivia!

Question:

What occurred on November 2, 1949?

Last Week:

The Empire Red Triangle was a Princeton area Coal Mine that operated between 1908-1914.

www.princetonmuseum.com

Brought to you courtesy of: PRINCETON MUSEUM

# ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

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**WEEKLY DEADLINE IS 12 NOON FRIDAYS**







**notice**

**WANTED TO BUY**  
 PRE-OWNED RIFLES.  
 FOR MORE  
 INFORMATION CALL RON  
 AT PRINCETON  
 OUTDOOR SUPPLY  
 295-0450 OR 295-0319

**help wanted**

**COMPUTER TRAINING**

**DIPLOMA PROGRAMS**

- Desktop Publishing
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- Computerized Accounting
- Microcomputer Business App.
- MOA-Medical Office Assistant
- PC Troubleshooting and Repair
- AutoCAD-Computer Aided Design

"Job Placement Assistance"

Over 100 Locations!

**ACADEMY OF LEARNING &**  
 LOCAL CALL **310-JOBS (5627)**

**services**

**Ray's Prop Repair - Winfield**  
 New and reconditioned props.  
 Repair drop-off: Princeton Hydraulics  
 & Machine Shop.  
 Friday to Friday turnaround.  
**(250) 766-2482**  
 June 28-July 26

**for rent**

**ACREAGE FOR RENT**  
 Large and Small Acreage  
 12 minutes from Town  
**(250) 295-4123**  
 Jun 28-Jul 12

**for sale**

Fridge, washer, dryer. Call (250)  
 295-3258 or 295-3992. Jul 12-26

**real estate**

**Tulameen House For Sale.** 160  
 George Street. 2 story, 8 year old  
 custom designed home, 3-bed-  
 room, 2-bath on large lot, vaulted  
 pine ceiling, hardwood floors,  
 tile, kitchen has oak cabinets,  
 attached garage, 2 sheds and  
 underground sprinkling system.  
 Moments from river and Otter  
 Lake. \$259,000. Phone Rod  
 Dixon to view at (250) 295-3357.  
 Jul 12-26

**services**

**TIN MAN**  
 METAL ROOFING  
 Sales • Installations  
**295-3743**  
 1-888-647-3377  
 Jul 06-tfn

**notices**

**DAIRY QUEEN**

Hiring for full & part-time positions.  
 Front of the house, back of the  
 house. Experience not necessary.  
 Drop off resume in Person at the  
 Princeton Dairy Queen.  
 Jan 25-tfn

**ALL NATURAL  
 NO ANIMAL BY-PRODUCTS  
 100% ALL VEGETABLE  
 GRAINED**

**ROASTING  
 CHICKENS**

**BARBEQUE PIGS**  
 PORK BY THE SIDE OR POUND  
 ORDER SOON FOR BABY BEEF

**MELODYE HOPE**  
**(250) 295-3739**  
 May 10 - tfn

**for sale**

**WOOD PELLET  
 SALES & DELIVERY**  
 Call  
**Princeton Rentals**  
**(250) 295-6545**

1961 Chevy 4x4. 350, 4-speed,  
 3/4-ton diffs, 35tas with deck,  
 great sled hauler or work truck.  
**(250) 295-7218.** Jun 28-Jul 12

1992 Buick LeSabre Limited  
 Edition. 138,000km, new  
 tires/battery, immaculate condi-  
 tion, leather seats, fully loaded.  
 \$4,500 OBO. (250) 295-0667.  
 Jun 28-Jul 12

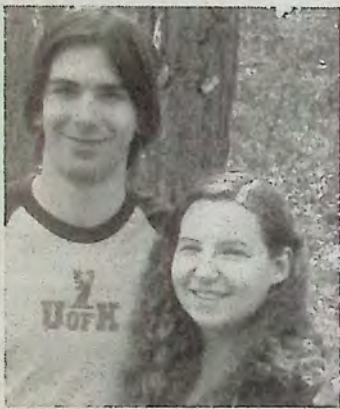
Limited edition Jim-Jam Flatter.  
 Appraised value at \$1,500. Must sell  
 for the giveaway price of \$250. Call  
**(250) 295-1960.** Sep 14-tfn

**engagement**

**engagement**

**lost**

**WESSEL / WETMORE**



Doug and Anita Wessel along with Alan and Nada Wetmore are so pleased to announce the merging of their families accomplished in the engagement of their children, Melanie Anna-Marie Wetmore and Douglas Jeffrey Wessel. Love conquers all! Wedding to be held in Kamloops in August of 2006.

(Anita is especially thrilled to have a daughter at last!)

Male, neutered chocolate point Siamese cat with blue eyes on Saturday, May 7th in A&W parking lot. "Squirt" is people shy. If you have located this cat please call (250) 442-3489 Collect. Reward offered for return.

Female black lab with blue collar. 'Jenny' went missing 23km Osprey Lake Road. (250) 295-0569.

**wanted**

**BUY - SELL - TRADE**  
 Stamps, Coins, Gold, Silver  
 Raw Gold and Platinum  
 Beads, Trinkets.  
**(250) 295-6650**  
 Jun 07-Oct 04

**yard sale**

**YARD SALE FOR ALL AGES!**  
 1078 Old Hedley Road  
 10:00 AM - 4:00 PM  
 July 16th and 17th  
 Early Birds pay DOUBLE!

**notices**

The mammogram van for detection of early breast cancer will be at the Princeton Hospital on July 15, 16 and 18. For an appointment call 1-800-663-9203.

**help wanted**

Chap's Restaurant has openings for a cook and waitress. Please apply in person with resume.

**card of thanks**

**card of thanks**

**MARSHALL SAYS!!!**

A BIG SINCERE THANK YOU to all my kind friends who phoned or sent me their best wishes by letters of support during my recent illness. I can honestly say that such kindness and affection has greatly contributed to my fast recovery.

My dear wife, Isabella and all my family also wish to say THANK YOU ALL!!!

Love, Marshall (Not quite 199% but getting there).

To:

Stan Turner, Dean Stinson, Heather Johnson and Doug Haayer.

Thanks from:

Ron, Lorna and Ellen Williams.

**open house**

**open house**

**OPEN HOUSE  
 NEW BEGINNINGS DAY PROGRAM**

47 Harold Avenue (formerly the Health Unit)

**1:00 PM - 2:00 PM  
 Friday, July 15th**

# Classified Advertising Rates



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MasterCard, Visa or American Express.



**WEEKLY DEADLINE IS 12 NOON FRIDAYS**



**notices**

**notices**

**for rent**

**for sale**

**found**

**DID YOU KNOW THAT ONE CAT AND IT'S OFFSPRING CAN PRODUCE APPROXIMATELY 420,000 KITTENS IN 7 YEARS?**

**SHOCKED? SO WAS I BECAUSE MANY OF THESE CATS AND KITTENS DON'T FIND HOMES AND BECOME A NUISANCE IN OUR COMMUNITY.**

I think a start to solving this problem is to fix our cats. So I'm offering to help people with a donation of \$50 for a female and \$25 for a male cat...if you get your pet fixed. Contact Dawn at Princeton Bakery (295-6670) before your vet appointment so we can make arrangements.

## Silver Crest Housing

For Seniors 55 & Older  
Bachelor Suites, \$225/mo  
1-bedroom, \$300/mo

Contact: Alice Cook  
(250) 295-6136

Or Helen Gallagher  
(250) 295-3825  
Jan 18-tfn (b)

## services

Online classifieds for only \$1.00 + GST per month. Contact us for all the details! (250) 295-4149.

## NICAR LAWN CARE

**YOUR LAWN CUT AND TRIMMED THE WAY YOU LIKE IT DONE!**  
We Also Thatch



(250) 295-7480  
LEAVE MESSAGE LICENCED  
MAR 15-JUN 28

## ROYAL LEPAGE

INDEPENDENTLY OWNED AND OPERATED  
LOCATIONS WEST REALTY  
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www.royallepage.ca/princeton

**Remember:  
Heinz Sells!**

## FOR RENT

• UPPER DUPLEX, 2 BDRM, LARGE LIVINGROOM, \$500/MO INCLUSIVE DRIVE BY 1088-7 MILE RD. TO VIEW.

Drive by then call Neil at 295-6977 Mar 23-tfn

## for sale

## WATKINS PRODUCTS

For all your Watkins needs, call Yvette at 295-3735 or drop by the Backroads Bike Shop.

1991 Pontiac Firefly. 2-door hatchback, 3 cylinder, 5-speed manual transmission, 50+ mpg, no rust, runs great, recent tires/battery/rotors. Asking \$1,000. Call (250) 295-0254 evenings. Jun 28-Jul 12

1994 T-Bird LE, 113,000km, auto, fully loaded, air, moon roof, new tires. \$3,995.00. (250) 295-7843. Jun 28-Jul 12

48" Projection TV. Large bird cage (17" x 17" x 37"). (250) 295-7434. Jul 05-19

1996 Gran Am. 115,000 km. New brakes. Open to offers. (250) 295-0560. Jul 12-Aug02

12-Volt self boat loader \$500 OBO...9 1/2 foot Camper in good shape. \$800 OBO. (250) 295-0201. Jul 12-26

Electric lawn mower and catcher, \$80.00...Antique rocking chair - 90 years old. Upright Phantom vacuum cleaner, \$80.00...all in prime condition. (250) 295-6875 after 6:00 PM. Jul 12-26

## help wanted

Princeton & District Community Services is anticipating an opening for a RN Supervisor in their Home Support Program.

The preferred applicant will be a practicing RN with a comprehensive background in the geriatric and mental health fields; possess strong supervisory skills; be computer literate; be highly motivated and self-directed; a strong team member and an empathetic caregiver. Consideration may be extended to include persons with alternate certification and related experience in the health care sector. This is currently a .75 FTE position but could be adjusted up or down to meet the needs of the applicant. The current position requires both nursing and administrative skills. Community Services is a multi-service agency, providing services to the elderly, persons with disabilities and the disadvantaged within the Princeton area. Application forms are available at 154 Halliford Avenue, Princeton.

Interested persons should submit their application, resume and a covering letter to the attention of Lynn Pelly, Box 1960, Princeton, BC V0X 1W0. Closing date for application is July 29, 2005.

## for rent

## VERY CLEAN

One Bedroom Apartments.  
- 2-minute walk to downtown Princeton.  
- Some suites overlook Tulameen River!  
- Start at only \$325/month.

Contact new resident manager (250) 295-4805  
Mar 08-tfn

## found

Audiovox Bell camera cell phone. Found June 11th at Pike Mountain. (250) 295-6218.

Examine your relationship with God. Free. Every Sunday. At the place of worship of your choice. Nov 23-tfn

## for sale

12' aluminum boat and boat trailer and Johnson 4HP motor. \$1,400.00. (250) 295-6855. Jul 05-19

12 foot aluminum boat and trailer with 6HP outboard. All in good condition. \$1,250 OBO. Call (250) 295-3099 after 6:00 PM. Jun 28 - Aug 02 (tfn)

Full set of apartment sized kitchen cabinets with range top and wall oven. Must be removed by purchaser prior to July 22, 2005. \$1,500. To view or for further information call (250) 295-6666.. Jul 12-19

## MOVING SALE MINT CONDITION

Large Maple Computer Desk, \$175 OBO; Kitchen Table with 4 Swivel Chairs, \$125 OBO; 20" Zenith TV, \$75; Olympic size Weight Bench with supports. Incline/flat with some weights, \$175 OBO.

**(250) 295-0087**

## help wanted

## Cover2Cover Bookkeeping & Office Services

Fax Services  
Scanning  
Word Processing  
Resumes - Letters

(250) 295-6905  
226A Bridge Street

**RENT THIS SPACE**  
\$5.00+ GST per Week  
(250) 295-4149

**RENT THIS SPACE**  
\$5.00+ GST per Week  
(250) 295-4149

# Classified Advertising Rates



**25 words \$5.00 + GST**  
Pay for 2 weeks and get the third week FREE!  
(.5¢ for each additional word)



All Classified Ads **must** be paid in advance!

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Cash, Cheque, Debit Card,  
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



## notices

### Town of Princeton NOTICE

For impounded pets,  
or to adopt pets,  
please see the  
Community Bulletin  
Board at the corner  
of Bridge Street  
and Kenley Avenue.

## notices

### Puppies & Kittens Available For You To Adopt

6-8 weeks old  
South Okanagan  
Similkameen SPCA  
(250) 493-0136  
Mar 01-tfn

## notices

### MONDAY NIGHT BINGO IN PRINCETON SENIOR CITIZENS BR. #30

162 Angela Avenue  
4:30 PM Sales Start  
5:30 PM 1st 47 Bonanza #'s  
SPECIALS, REGULAR GAMES, ODD &  
EVEN, PROGRESSIVE SNOWBALL &  
LOONIE POT, "LUCKY 7" WON EVERY  
MONDAY (MIN. \$50.00 GUARANTEED)  
BC Gaming License #860290  
PLAY SMART GAMBLE RESPONSIBLY

### KEREMEOS ELK'S & ROYAL PURPLE

Every Friday  
Doors Open 5:30 PM  
Elks Hall Keremeos

**SMOKE FREE BINGO**

### SUNDAY AFTERNOON BINGO

In Hedley at the Chuchuwayha Hall

\$25. GUARANTEED MINIMUM  
PAYOUT ON REGULAR GAMES  
(\$50. DOUBLE - UP CARD)  
PROGRESSIVE JACKPOT  
MINIMUM \$1,000! PROGRESSIVE  
POT OF GOLD MINIMUM \$500!  
PROGRESSIVE LOONIE POT  
MINIMUM \$100.  
DOORS OPEN AT 9:00 AM  
1<sup>st</sup> NUMBER CALLED AT 11:30 AM  
FOLLOWED BY EARLY BIRDS,  
REGULAR GAMES,  
SPECIALS & CONCESSION

**SEE YOU IN HEDLEY!**

### Town of Princeton NOTICE

For impounded pets,  
or to adopt pets,  
please see the  
Community Bulletin  
Board at the corner  
of Bridge Street  
and Kenley Avenue.

SHOULD PRINCETON  
CHANGE BACK TO  
VERMILION FORKS IN  
TIME FOR THE 2010  
GAMES -- THE 150TH  
ANNIVERSARY OF THE  
NAME PRINCETON? WE  
WANT TO KNOW WHAT  
YOUR THOUGHTS ARE  
ON THIS SUBJECT.  
VISIT OUR WEBSITE AT  
[www.vermilionforks.ca](http://www.vermilionforks.ca)

### Narcotics Anonymous

#### OPEN MEETINGS Thursdays 7:30 PM

160 Old Hedley Road  
Baptist Church Basement  
(USE BACK DOOR)

Info: (250) 295-0542

## BINGO

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Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## my turn

### Our turn to write one

Kevin Falcon,  
Minister of Pavement, Bridges, Tunnels and Ferries,  
Victoria

Dear Mr. Falcon;

We want to Thank You for the wonderful pedestrian-controlled crossing you had installed on Highway 3 at Burton Avenue in Princeton. We are especially impressed with the expert engineering that went into the project.

Probably our favourite feature is the way the buttons to control the crossing lights cannot be seen by oncoming foot traffic. That must have taken some serious thought. We also like how you designed the crossing to NOT include warning signs on the Highway on either end warning traffic of the crossing. Nothing like having a controlled crossing just appearing out of nowhere. It's made for some interesting near misses - almost as if the crossing lights weren't there!

We also think that designing the islands that the posts sit in (with the control button) so only able-bodied pedestrians can access them was sheer genius! The obstacles in those islands will keep wheelchairs and walker users away from the intersection, which must have been your plan.

We do have a question, though. A number of residents made a lot of noise about the need for the crossing. It was argued and debated about for well over ten years, so we were wondering, did you give us this 'specially-designed' crossing just to shut us up?

We are so proud of the fine job you masterminded on the crossing on Highway 3 that we just had to share this letter with our readers and will post it online for more people to discover the wonders of your Ministry.

Mr. Falcon, you are an amazing man and we hope you and your design team get to create other fabulous projects throughout the Province. Maybe by the 2010 Games we'll be able to turn the crossing on Highway 3 into a Tourist Attraction and charge people just to use it. Or reward those who cross the intersection successfully.

Yours truly,

George Elliott,  
Owner/Publisher, Similkameen News Leader  
(and Burton Avenue resident)

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

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## your turn

### Gouk sets reader straight

Dear Editor:

I am writing in response to the dogmatic letter of Bud Godderis in the June 28th edition. Mr. Godderis begins his letter by complaining about my sending out a letter and survey to constituents. Ironically, it is people like Mr. Godderis who would be the first to claim that I never seek constituents' opinions if I did not do this.

In essence, Mr. Godderis raises two excuses for the NDP not supporting our efforts to protect children. The first implies that the NDP couldn't support our initiative to raise the age of consent from the current 14 years of age to at least 16 because they didn't know what would happen if two 14 year olds became sexually involved. The truth of that issue is that the NDP (and presumably Mr. Godderis as well) know full well that the legislation would be applicable when one participant is above the age of consent and the other is not. He then becomes even more absurd by suggesting that there is no point in seeking to write laws to protect our children because our society is too degenerate to enforce such laws.

Mr. Godderis then moves on to demand full implementation on the United Nations Declaration on the Rights of the Child in Canada. That declaration essentially provides such extensive rights to children that a minor child could reject virtually every decision of their parents on everything from medical treatment to schooling and of course, sexual consent at any age. They could file serious complaints

on how they were treated because of the menu they were served and restrictions on the clothes that they were provided to wear. Discipline of any type could be challenged to the authorities by a six year old.

Next, Mr. Godderis moves to the thorny issue of child poverty and asks why Northern European countries have much lower levels of child poverty than Canada. Presumably, Mr. Godderis is making reference to the Innocenti Report Card on Child Poverty in Rich Nations 2005. The answer in part is that, according to the report's summary, "relative income poverty may tell us very little about actual material standards of living (e.g Poland has lower child poverty rate than Canada) ... 'may be argued, reflects 'only' greater degree of income equality in former communist countries where most children are, in a material sense, obviously poorer." In other words, the more standardized overall income levels are, the lower the most commonly accepted formula for child poverty would show. That formula measures how many children live in households that have an income of less than 40% of the average national income. In Canada, that works out to 7.7%. This reflects what I have always argued, namely that the term "child poverty" would be better served if we recognized that what we are really talking about is family poverty. The real initiatives needed are better job training, better employment opportunities, reduced employment taxes and initiatives to spur the economy in general. Solutions to these prob-

lems require sound economic policies, not socialist rhetoric.

Mr. Godderis ends his letter by suggesting that all would be well if only my party had supported the NDP backroom budget that according to him would move more money and resources to areas specific to his letter, specifically child care, health care and other programs that benefit children. Aside from a vague reference to housing, nothing that Mr. Godderis mentioned is in the NDP's backroom deal. Perhaps Mr. Godderis should have read the legislation before he wrote his letter. It isn't really that difficult, it's only half a page in length! One half of one letter-sized page committing to spend \$4.6 billion of taxpayers' money. Even worse, there is so little detail that, according to on-record statements by the parliamentary secretary to the Minister of Finance, the legislation simply enables the government to spend an additional \$4.6 billion. The government may or may not spend that money as it sees fit within the vague outline of the Bill.

I would suggest that we would be in a much better position to help children and the poor if the NDP had acted more responsibly in working with us to hold the government to account for its corruption, waste of tax dollars and general lack of accountability. Instead, they have simply acted to keep in power the very government that caused the problems they complain about.  
Sincerely,  
Jim Gouk, MP  
British Columbia Southern Interior

Current Comment:

# Community is more than a place



Dawn Johnson  
editor@thenewsleader.ca

The success of horse racing on June 30, and the lack of a turnout to Canada Day festivities, makes me wonder about the sense of community and our willingness to share what we have in common. Let's face it: community is about uniting in what we have in common.

Community is about belonging, and all of us need to belong to some kind of community.

The neat thing about a community is our ability to build on what we have, and to contribute to the well-being of who we are.

Recently, I mentioned to somebody that I would not be available due to volunteering to work in the concession at the fairgrounds.

This person said, "That's awfully good of you."

The remark rankled. I kept tossing it around in the back of my mind during those times when I'm doing things requiring no conscious thought, like when I'm weeding the garden or washing dishes.

I finally decided what rankled: it is my belief about community. I do not believe it is "good" of anybody to volunteer to do things in the community. I believe it is one's duty and pleasure to become involved in keeping our community thriving.

It is all too easy to sit back in our self-important little lives and make sure that whatever we do, we do for money or for our own personal benefit. That attitude is pure hogwash.

What we do for our community is not a sign of our "goodness" but a sign of how the human race survives and thrives. We might watch a TV show called "survivor" and think life is all about competition and winning, but that is just Hollywood making a buck. The human race survives by cooperation, not competition.

If we go back to the pioneer days of our forefathers, we note that the first thing they did was establish their own homes and the second thing they did was build a community. Within community, we educate our children, build highways, foster lawfulness, encourage artists, build hospitals, and provide services to help others who cannot help themselves. It is

through the organization of community that we ensure the best possible chance of survival for all of us.

Psychologists have established three levels of maturity. The least mature are in a stage called "dependence", such as we associate with children. The next step toward maturity is "independence", when we begin to take

responsibility for our own survival. The most advanced stage of maturity is called "interdependence" when we finally recognize we need to depend on others and they depend on us. Community is interdependence, a mature stage of social behaviour.

When we participate in community, we are not being "good", we are being mature.

## Heart Food

by Dave Machin

God is not a liar. This may sound to you like a very basic truth. Yet today many people talk and behave as if were not true. In the church today, we've nodded our heads up and down and said, "Yes, amen, God's word is true." Then we've walked outside and come face to face with sickness or some other kind of problem and we've challenged the truth of the word of God with our thoughts, our words, and our actions. We've followed the course of fear instead of simple expecting God to do what He said He would do for us. Some people would say, "Well, it's not that I thought God was lying, it's just that you never know what He is going to do." God has told us what He is going to do! He's literally given us His word on it. This simply means that men make pledges or contracts in order to settle disputes. In them, responsibilities are clearly defined and obligations made. As long as everyone is true to His word, there's no room for questioning what anyone will do. God gave us His contract. He is true to His word, so there is no room for uncertainty about it. God will do what He said He would do. You can count on it. You might say what about those times when things didn't turn out like the word says? I can tell you this; if something failed, it wasn't the word of God. There's no fault in God. There's no shadow of turning in Him. There's no weakness or shortcoming in His word. You will never catch God in a lie. You will never get in a situation where you exercise faith in God's word and God fails to keep that word. The Bible says that God is active and alert, watching over His word to perform it. (Jeremiah 1:12) It's not enough just to know what the word says. It must be reality to you - more real than the problem you face. That's why Proverbs 4:20-21 says: "My son, attend to my words. Let them not depart from your sight; keep them in the center of your heart." For that reason, we must constantly center ourselves on God's word, because it's the word that produces faith in your heart. In fact, you cannot deepen your faith in God without deepening your trust in His word. One of the mistakes many people fall into is that they just think of God's word as an item or a thing. But the Bible tells us that Jesus and the word are the same. John 1 says, "In the beginning was the Word and the Word was with God, and the Word was God. . . and the Word was made flesh and dwelt among us." Think for a moment about that statement, "The Word was made flesh." The world needed Jesus. He is what man has to have. So God's words and the faith he released in those words became Jesus. This is a fundamental characteristic of the word of God. Mixed with faith, it becomes what you need. God's word will become finances if you are facing shortages. It will become health when you are facing sickness. This point is so important. If you'll go to God's word in faith, the word will become what you need. The reason God's word become one thing for one person and something else for another is because it is alive! The word of God is full of life. Therefore it administers life wherever it is applied. It doesn't matter how dark and deadly your circumstances may be. There's enough life in God's word to totally overwhelm all the death that circumstances can bring you. John 17:17 says, "Your word is truth." Notice it doesn't say, "Your word is fact." Truth goes beyond facts. The fact may be that you have an incurable disease, but what does the truth have to say about it? Truth does not yield or change. Therefore, facts are subject to truth. It can be a fact that you are sick as can be, but God says you are healed by the stripes Jesus took when he died on the cross. That's the truth. Now you have a choice. You can apply the truth of God's word to the fact that you are sick and the fact will change. Or you can agree with the fact and things will stay as they are. I will say this, it will be much easier just to agree with the fact because facts scream a lot louder than God's word does. God's word will be quiet - until it starts coming out of your mouth. But once the word begins to come out of your mouth in faith, it will be the final word. If it's God's word about healing, you will be healed. If it's His word about prosperity, you will be prosperous. If it's His word about deliverance, you'll be delivered. God has given you His contract. When you do your part by believing, speaking, and acting on a heart full of faith, God's word will come to pass. Nothing on earth can stop it. So forget all the stories you've heard about how so-and-so believed and it didn't work for him and settle it once and for all God is not a liar. People will lie. People will change. They'll say one thing today and another thing tomorrow. People will often fail to keep their promises. But God is the same yesterday, today, and forever. He keeps His word always. He is faithful every time without fail. He's the one to trust for He is good, His word is good and good all the time.

Pastor Dave Machin,  
SUNDAY SERVICES 10:30 A.M.  
Phone 295-0599 9:00 AM - 3:00 PM Monday-Friday  
221 A Bridge Street, Princeton, B.C.

# Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

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**Regional District of Okanagan-Similkameen  
 PUBLIC NOTICE**

Pursuant to the provisions of Section 892 of the Local Government Act, the Regional District of Okanagan-Similkameen will conduct a Public Hearing on the following Bylaws commencing at 6:30 PM on Tuesday, July 26, 2005 at the Princeton Town Hall Council Chambers, 169 Bridge Street, Princeton, B. C.

**SECOND PUBLIC HEARING  
 AMENDMENT BYLAW NO. 1725.03, 2005**

That the Official Rural Land Use Bylaw Map, being Schedule 'B', Index Map of the Electoral Area 'H' Rural Land Use Bylaw No. 1725 be amended by changing the designation of the property described as District Lot 902, Portion EX NE 1/4, Except Plan 11780, 14305, 19449, 20717, H17630 (located in the community of Eastgate, adjacent to Manning Provincial Park) from RA (Resource Area) and PF (Public Facilities) to SH3 (Small Holdings 3).

The applicant is proposing a subdivision of nine (9) 0.404 ha lots. The Regional District Board has requested that a restrictive covenant to protect the public access and public use area be registered on title.

Permitted uses within the proposed SH3 (Small Holdings 3) designation include agriculture; single family dwellings, or mobile homes, or travel trailers; home occupation; care centre; public parks; and buildings and structures auxiliary to the aforementioned uses.

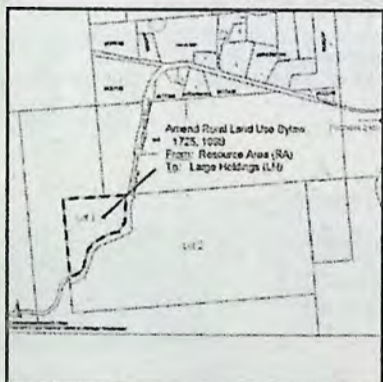


**AMENDMENT BYLAW NO. 1725.05, 2005**

That the Official Rural Land Use Bylaw Map, being Schedule 'B', Index Map of the Electoral Area 'H' Rural Land Use Bylaw No. 1725 be amended by changing the designation of the property described as Lot 1, Plan KAP72121, District Lot 1133, YDYG (located west of Princeton along the west side of Coalmont Road) from RA (Resource Area) to LH (Large Holdings).

The applicant is proposing to subdivide the property into two 4 ha lots.

Permitted uses within the proposed LH (Large Holdings) designation include agriculture; forestry; stables, commercial or private kennels, and animal hospitals; mineral and aggregate exploration; single family dwellings, or mobile homes, or gravel trailers; cemeteries; home occupation; home industry; auxiliary dwellings or mobile homes to accommodate farm help; secondary suite; fruit and vegetable stand; guest ranch, guide camp; and buildings and structures auxiliary to the aforementioned uses.



Copies of the above Bylaws are available for inspection between the hours of 8:30 AM and 4:30 PM Monday through Friday, excluding holidays, from July 13, 2005 to July 26, 2005, both inclusive, in the office of the Regional District of Okanagan-Similkameen, 101 Martin Street, Princeton, B. C. and at the Princeton Town Hall, 169 Bridge Street, Princeton, B. C.

Written comments regarding these applications will be received at the Regional District office up to and including July 25, 2005. At the Hearing, all persons who deem their interest in property affected by the proposed Bylaws shall be given an opportunity to present written information or to speak to matters contained within the Bylaws.

Pursuant to Section 891 of the Local Government Act, this Public Hearing has been delegated to the Director of Electoral Area 'H'.

Susanne Theurer, MCIP  
 Acting Director of Planning & Building Inspection



Centennial Pool 'Employee of the Week' is Zack Brown. Brown was born and raised in Princeton and is currently enrolled at UBC/OUC Bachelor of Science and Nursing in Kelowna. He wants to work in Pediatrics. This is his third year as Lifeguard/Instructor at the pool and he is also Swim Coach for the Kokanee Summer Swim Club. Brown will be instructing Bronze Star Lifesaving Award starting July 18th.

**Letter To The Editor**

**Toews spins another political one**

Dear Editor:

Although I don't subscribe to them, I read the Okanagan newspapers whenever I get the chance. In the same papers, in the last four years, I've read very little criticism of our provincial government so I thought I'd do a short historical review. There's something missing in the Okanagan newspapers. For some years now I've wondered what it was; then recently it all came together for me. There are at least four major items missing from the op/ed pages. Since we know that newspapers are always objective, only reflecting the views of its readers, I assume that the inhabitants of the region are responsible for these missing news items.

1) For the last four years we have stopped worrying about how far our kids walk to school even though they still walk as far as they did back then—however some students may have to walk even farther, due to public school closures.

2) Pre-election 2000, the NDP had a new floating bridge on the drawing board and ready for construction, no doubt largely due to the incessant Kelowna lobby. Today, four years later it still is just a promise, but I read no more lobbying in the media.

3) Four years ago, the biggest newsmaker was the Coquihalla shortcut. Even in Princeton we were asked to sign petitions against the twinning of the Aspen Grove to Merritt section. Yesterday, I drove that section of highway. After a four year delay, highway twinning is going ahead (no shortcut) just as it was under the NDP. The problem is, we have suffered another four year delay and added another three cent per gallon facilitating fee. No complaints in the Okanagan newspapers?

4) In spite of having as many as four health ministers, even one from the Okanagan (not in sequence, but all at once) we have

seen only reductions in health services. We have seen all of BC's doctors rewarded for simply staying in BC and health care administrators rewarded for making service cuts. The last positive health care initiative for Kelowna was the NDP-built cancer clinic. Until that time, we had only Vancouver General to look after cancer patients for all of BC. In a few short years, the NDP built cancer treatment facilities in Surrey, Victoria and Kelowna. Funny, I don't remember the NDP using cancer treatment facilities as election propaganda.

I am willing to concede that I may not be as astute as the voters of the Okanagan and it is also entirely possible that I have overlooked something, but nevertheless I remain puzzled. How can we hate a political party so much that we would rather die than change our vote.

Sincerely, HPToews

**Letter To The Editor**

**Green says 'no' to Vermilion Forks**

The Editor:

You asked your readers to respond to your proposed name change from Princeton to Vermilion Forks - Yes or No. My answer is NO.

Readers - In the theatre of your mind picture the consequences of success for this romantic but utterly impractical suggestion. You would be sending change of address notices to all your friends and family, every credit card you hold, every government service you receive which would include replacing your drivers license, your Gold Card - need I go on?

For local government, service clubs and the business community, all existing stationary, forms, invoices, business cards, informational literature would be obsolete - a bonanza for the printing industry but a huge expense for everyone

else.

Every map in existence anywhere, on a scale small enough to show Princeton, would be incorrect. Maps would take many years to fall in line. In the meantime Vermilion Forks/Princeton would be lost in space.

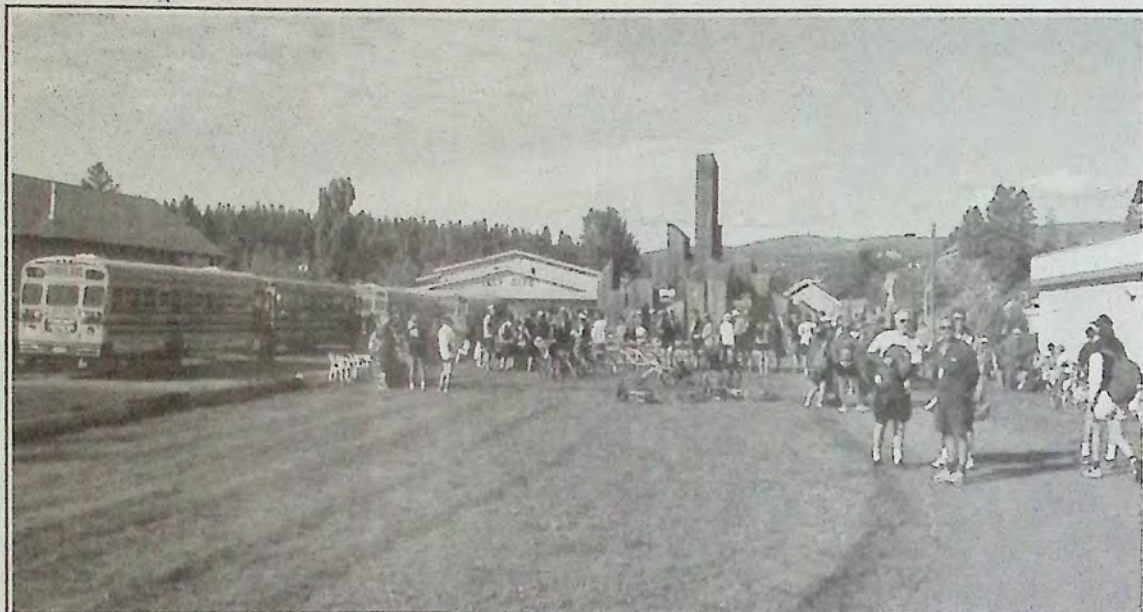
Even if, once upon a time, long ago, this area was known as Vermilion Forks, local folks of the time - for their own sentimental reasons, chose the name Princeton. I am looking at the first known "Map of Princeton" (Princeton, BC, Laurie Currie, 1990, pg. 5) dated 1898 - at least 107 years as Princeton - that's good enough for

me!

Respectfully,  
 Karin Green, Princeton  
 (Editor's Note: Port Arthur/Fort William, Ontario changed their name to become Thunder Bay. More recently, Winfield/Oyama became the District of Lake Country. We still remember having to change paperwork when the then-BC Tel took away our 604 area code and replaced it with 250. However, we got through the change and quite like the 250 in front of our 295 phone number. We still like the idea of our address being PO Box 956, Vermilion Forks, BC.)

[www.vermilionforks.ca](http://www.vermilionforks.ca)





This was the scene early Sunday morning as participants registered for the Trans Canada Trail Challenge, hosted by Trails BC (Okanagan Region) and Vermilion Trails Society.

## Zeisman and Zandee seek candidacy

Political aide and former diplomat Derek Zeisman announced last week he will seek to become the Conservative Party candidate in the next federal election, in the riding of BC Southern Interior.

"I'm honoured to put my name forward as a candidate for the Conservative nomination," said Zeisman. "I see this as an opportunity to contribute my knowledge, experience and energy to the Conservative cause. I do not take this lightly."

Zeisman said his candidacy comes at a time when the Conservatives are experiencing many political opportunities, together with numerous 'growing pains.'

"I believe my fellow Conservatives want a candidate who will face the challenges of our party and our nation head-on, and lead us to victory in the next election. I feel I'm very well qualified to keep Southern Interior in the win column for the Conservatives."

Zeisman's candidacy follows the recent announcement by Conservative MP Jim Gouk that he will not seek a fifth term in Parliament, after 12 years in office. "Since he was first elected in 1993, Jim has been one of hardest working MPs this riding has ever known," said Zeisman. "His retirement leaves a large hole in the local Conservative organization that will be difficult to fill. I intend to build on Jim's legacy by carrying on his tradition of people-driven politics, where local constituents and their needs and concerns always come first. I can think of no better way to build public faith and trust in our national government."

Zeisman, who has worked for two MPs, including Gouk, said he is keenly interested in the major issues facing Parliament today. But he said several topics do stand out in his mind as being of particular importance to both the riding and the nation.

"I'm dedicated to building a strong rural economy, one that keeps our young people at home with good jobs. I believe small business is the heart of our economic engine, and I think tax relief is the oil we need to

keep that engine humming. I also believe in tax relief for individuals, especially low and middle income earners.

"I favour first-class health care for all citizens, regardless of income or ability to pay. I don't favour health premiums or user fees in any form. If our health care system is to be reformed, it must not be done on the backs of average Canadians.

"I believe in the traditional definition of marriage, despite passage of Bill C-38. I also support religious freedom for all faiths including Christianity: no church must be coerced into wedding same-sex partners when its beliefs oppose such unions.

"I favour scrapping the Liberals, bureaucratic and hugely expensive gun registry, which is turning law-abiding gun owners into criminals. I believe Ottawa should be reallocating scarce resources to our badly under-funded law enforcement agencies."

"These agencies must be given the tools to more effectively combat violent crime; child pornography; the illicit drug trade; auto theft; and youth crime. And when convicted, criminals, rights must not be allowed to trump those of innocent victims.

"But most of all, I believe in leading by example. Should I succeed in becoming this riding's next MP, I will work my very hardest to restore honesty, dignity and maturity to our disgraced Parliament. A country as great as ours deserves political leaders who strive to set a good example for their fellow Canadians."

To avoid any perception of conflict of interest, Zeisman said he will take an unpaid leave of absence from Gouk's constituency office, effective immediately.

Local Oliver area businessman Robert Zandee has announced that he will be seeking the nomination for the Conservative Party of Canada in the riding of British Columbia Southern Interior following the announcement by current MP Jim Gouk that he will not be seeking re-election.

"When I decided to run for nomination in the riding of British

Columbia Southern Interior, I did so with the intention of continuing the tradition of openness, accessibility and accountability begun by our current Member of Parliament. It is with his encouragement and the encouragement of many others that I am running for nomination."

"When my parents moved to Oliver in 1958, it was for the promise of a better life for them and their children. They found that Canada and the Canadian dream is about hard work and dedication, honesty and integrity. It was true in 1958 and it is true today. I am running for the same reasons: a better life for all Canadians now, and for future generations."

"We must end corruption in government. The scandal that the Auditor General uncovered and that the Gomery Commission has investigated shows that there needs to be a change in the way that the business of government is transacted."

"Having a family, I believe in being accountable to our children and grandchildren, as they should not have to pay the costs of their forebear's transgressions, but be able to reap the rewards of our progressive policies, innovative solutions and ideas. We need to provide families with real benefits, not expensive, patriarchal programs that provide little flexibility and no choice for working families."

"I believe in open communication. No one person has all of the answers to all of the issues that face us, but together we can resolve these issues and build and define a greater Canada for everyone. This is not the time for partisanship. I hope to bring a higher level of decorum and debate to what has become, in recent years, a fractious parliament.

"With the incredible growth forecast for this region in the next 10-15 years, we must have representation for the riding that has in-depth knowledge of the area and a stable history in the region and can truly speak for all residents, regardless of political affiliation. It is my view that the MP of a constituency must represent the constituents, even if this creates a dissenting vote from a party stance. The MP must work for the riding, not just the party line."

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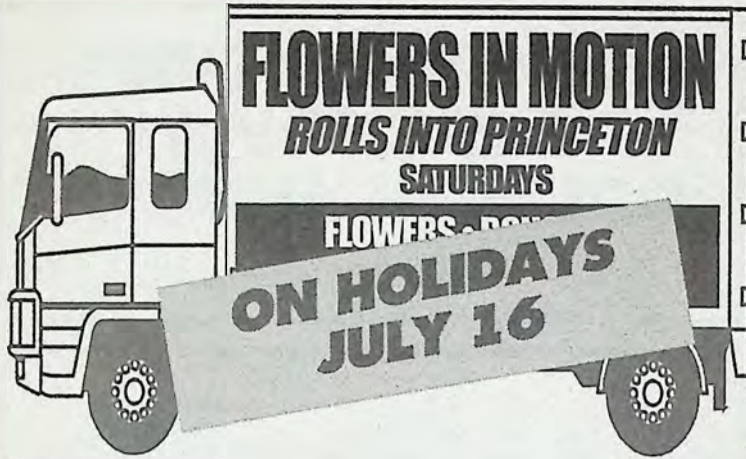
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Norma Kraetor with her watercolour "Boy In The Rain." She won the People's Choice Award as part of the Vermilion Artists Art Show during Canada Day Weekend at the Cultural Centre.



Bridge Street was closed Saturday to allow for the 5th annual Overwaitea/A&W Show 'n' Shine. We got on the roof of Pharmasave (with thanks to Lindsay) for this different view of the activity.

## BEA joins Chamber of Commerce

At the June meeting of the Princeton Area Business Enhancement Association the "Mission Statement" Committee released its final report.

The Committee was formed in May with the mandate of reviewing the Association's Mission Statement and recommending changes to it. The Committee was intent on ensuring that the Mission Statement and the goals of the association are in support of the Chamber of Commerce and not working against it.

The Committee recommended the mission statement be "To Advocate Business Growth in Princeton and Area" the committee also recommended that any correspondence footer should be "Dedicated to the Business Growth in Princeton and Area".

The committee also recommended

the goals of the Association be revised to the following:

- To provide a unifying voice for the Princeton and Area Business Community
- To work with other community groups.
- To know and work with the District and Municipal authorities for the benefit of the Town and Area business community.
- To assist existing and new businesses through mentoring, training and capacity building.

All of these changes were voted on and unanimously accepted.

Another item of importance, which was covered, was to see if the PABEA and the Chamber could form a joint liaison committee to get the two groups working together. The Chamber was open to the concept and it has extended an invitation for the PABEA to

become a member of the Chamber, which would allow the PABEA to have representation at meetings as per the Chamber Charter.

It was decided that the PABEA and the Chamber should get together in an informal setting and have a brainstorming session. This would allow the two groups to identify in which areas each may be able to help the other.

This is a positive step for the Business community in Princeton and area. By working together more accomplishments can be fulfilled.

More positive changes will be happening in the future with the PABEA. We will keep the members and the public informed as they happen.

The PABEA can be contacted at pabea@cablerocket.com.

- submitted

# Local poet recognized by peers

CowboyPoetry.com officially named its twelfth Lariat Laureate last week — and "8 Seconds" — winners in a global competition on the internet's premier Cowboy Poetry site. This popular folk form celebrates and honors ranching and rural life.

Paul Kern of Sandy, Utah was recognized as Lariat Laureate for his poem, "It's a Mostly Quiet Time of Day," inspired by experiences at a wilderness horse camp near the headwaters of the Yellowstone River in the Bridger Teton Wilderness Area. Kern's family "came west to what became Idaho and Utah five generations ago" and his poetry often draws on that history.

Kern calls Cowboy Poetry "a literary sagebrush rebellion" and says Cowboy Poets differ from "the literary elite" by having "two licks of common sense grounded in good western dirt." He contends, "Cowboy poetry is one of the most significant literary and oral traditions in the English language today. It captures time and space in a vernacular that is uniquely fitted to the task.

When our dialect is allowed to describe traditional western life in unbridled and unhobbled language, the result can be either humorous or sentimental but will always have a twist that is unique to the culture of the raw-boned west."

The "8 Seconds" finalists are Don Ayers of Great Falls, Montana; Sue Derksen of Princeton, British Columbia; Dave Fisher of Reno, Nevada; LaVerna B. Johnson of Southern Utah; Janalee Martin of Helmsville, Montana; Bill McKay of Bandera, Texas; Smoke Wade of Lewiston, Idaho; and Paul Hatch of Joseph City, Arizona.

CowboyPoetry.com, a project of the non-profit Center for Western and Cowboy Poetry, serves as a central resource for Cowboy Poetry, with a comprehensive collection of classic and contemporary poetry and numerous other features in an on-going "virtual gathering" of amateur and professional Cowboy poets from around the world. The site has been featured by Parade Magazine, Good Housekeeping, USA Today, and other publications; commercial and National Public Radio; and has received print and internet honors and recognition. "The Big Roundup," an award-winning anthology of poems from the site published by New West Library, received the Will Rogers Medallion Award and the Buck Ramsey Best Poetry Book Award from the Academy of Western Artists.

The book has received widespread praise, including an endorsement from the Honorable Supreme Court Justice Sandra Day O'Connor, who grew up on a ranch and comments, "Cowboy poetry provides an important link to my own rural roots."

The Lariat Laureate finalists share

those rural roots, essential to their poetry. All of the poets have deeply held feelings for their endangered way of life. Some of the winning poems look to the past, others respond to the challenges facing the rural West, and others celebrate the rewards of their lifestyle, its community, and the values it holds.

Texas working cowboy Bill McKay's winning poem, "Waddie," is the portrait of a cowboy, a picture that hasn't changed for over a hundred years. McKay says, "Cowboy poetry IS my life. I live the poems that I write...The real cowpuncher's life is still out there. I'll be chasin' it 'till the day they spread my ashes up in the high country." McKay says that Cowboy Poetry is important "because it is truly an art form practiced by a culture of people slowly dying out."

Dave P. Fisher, novelist and poet, has worked as a cowboy and a packer. His poem, "Dawn Riders," was inspired by a photograph, "Ridin' Out," by rancher and chuck-wagon cook Kent Rollins. The photo was a part of CowboyPoetry.com's "Art Spur" feature, which invites poets to "spur" their imaginations with selections of Western art. Fisher comments, "The photo reminded me of the days when I used to ride out in the predawn light. The cold fingers fumbling with the latigo, and then sliding them under the pad against the warmth of the horse and how good that felt. The world has pulled us too far away from what is important to us, to be with men of our kind and feel history come alive inside of us."

The "Ridin' Out" photograph served also as the 2005 Cowboy Poetry Week poster image. National Cowboy Poetry Week—celebrated during National Poetry Month, in the last full week of April each year—was inaugurated by CowboyPoetry.com and has been officially recognized by The United States Senate.

Smoke Wade, a fourth generation Wallowa County, Oregon, cowboy and range land manager, captures modern history and writes about the end of a way of life in his "A Change of Seasons." The poem tells of the ranches that were forced from Hells Canyon during the 1970's by the formation of a National Recreation Area. He comments, "The message of the poem is timely with the recent Supreme Court ruling that local governments may force the sale of private property for the purpose of financial betterment of a community."

On the importance of Cowboy Poetry, he says, "...it continues to document the memory of western events, people, and the cultural significance of the cowboy way of life that is quickly disappearing from the American West."

LaVerna B. Johnson's poem, "I Don't Look Down on Dust No More," concerns a more personal loss, and the strength that can be

found in enduring that loss. She writes that such reflections are a way of "anchorin' myself in the reality of life long ago." She comments that much poetry today "is so confusing folks don't want to hear it," but that "Cowboy poetry has never lost its soul! It still rings true, and people are so hungry for it they come in droves and gather 'round to celebrate the joy of singing the thoughts and spirit of being alive... just folks who belong to each other.

This gives me hope for the whole world of poetry and for some folks who are still lost, still trying to find their way home."

Many of the poems celebrate Western life. Janalee Martin of Montana describes herself as "a ranch wife of 19 years with four daughters and a barnyard full of four-legged friends." Her song, "The Long Rope" came from a saddle-blanket-making class she taught at the National Cowboy Poetry Gathering, where, "Friendships were formed, lives were touched and it was the real thing. Those things that tie us together as human beings."

Don Ayers, who writes of "Simple Truths," says "Growing up on a ranch smack dab in the middle of Montana teaches you a few things about what is really important in life. Folks who make their living off the land have a real understanding about the simple things that really matter."

Sue Derksen's ranch is nestled in the mountains just outside Princeton, BC. She says that horses are her first passion, followed by "relating, through poetry, what I see and feel living 'life the cowboy way," which she expresses in her poem, "The Cowboy Way." She says Cowboy Poetry is important to her because "I want to pass forward to next generations the stories and poems of this lifestyle so it never fades from life or memory."

Paul Hatch's humorous poem, "Vern and Verg..." is about his father, a legendary cowman, and a cattle trade with a man who "hated the thought of leaving any profit in a cow." Hatch says he doubts that "anyone can attempt to scribble a few lines of Cowboy Poetry without feeling a bit of kinship to a way of life that is fast disappearing... it is perhaps the only true American poetry which can trace its roots to the soil of the West."

More information about each of the poets and more poetry is available at CowboyPoetry.com.

Cowboy Poetry's popularity is celebrated year round at CowboyPoetry.com, in a growing number of publications and recordings, and at hundreds of regional gatherings. No other way of life has spawned so many poets and so many compelling, enduring stories. Cowboy Poetry's stories of the past and present preserves the heritage of an endangered culture, an important part of America and American history.

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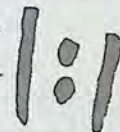


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## INVESTMENT INSIGHTS

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Expertise that's one to one.



### A Global Approach To Investing

As world markets become more integrated and as capitalism expands throughout the globe, the opportunity to invest internationally becomes more significant. And because Canada represents less than 3% of the world's equity market capitalization, investors who take advantage of global equities are taking advantage of a set of richer investment opportunities.

Prudent international investing is based on diversification of a portfolio. International markets do not always react in the same direction, or the same proportion as domestic markets. This lack of connection in market events provides the beneficial effects of diversification, similar to asset allocation in the domestic market.

As global investing increases in importance, the opportunities to enhance your returns may continue to grow. The asset mix decisions that you make will involve not only deciding what percent to allocate among stocks, bonds and cash, but also what percent to devote to international investments.

Five major factors that could affect the performance of international stocks are:  
GEOGRAPHIC AREA - The area of the world the investment comes from (North America, Asia, Latin America, Pacific Rim, etc.)  
COUNTRY SELECTION - Analysis has shown that country selection tends to be the major factor in returns on international investments.  
ASSET ALLOCATION - The proportion of stocks, bonds or cash will affect portfolio returns as it would in a domestic-only portfolio.  
CURRENCY TRANSLATION - The exchange rate between the local currency and your domestic currency can vary, potentially enhancing or reducing return on the stock, regardless of the stock's performance in its local market.  
STOCK SELECTION - Investors should build toward a diversified portfolio of sound companies and industries poised for prosperity. The selection process is similar to that applied in domestic equities.

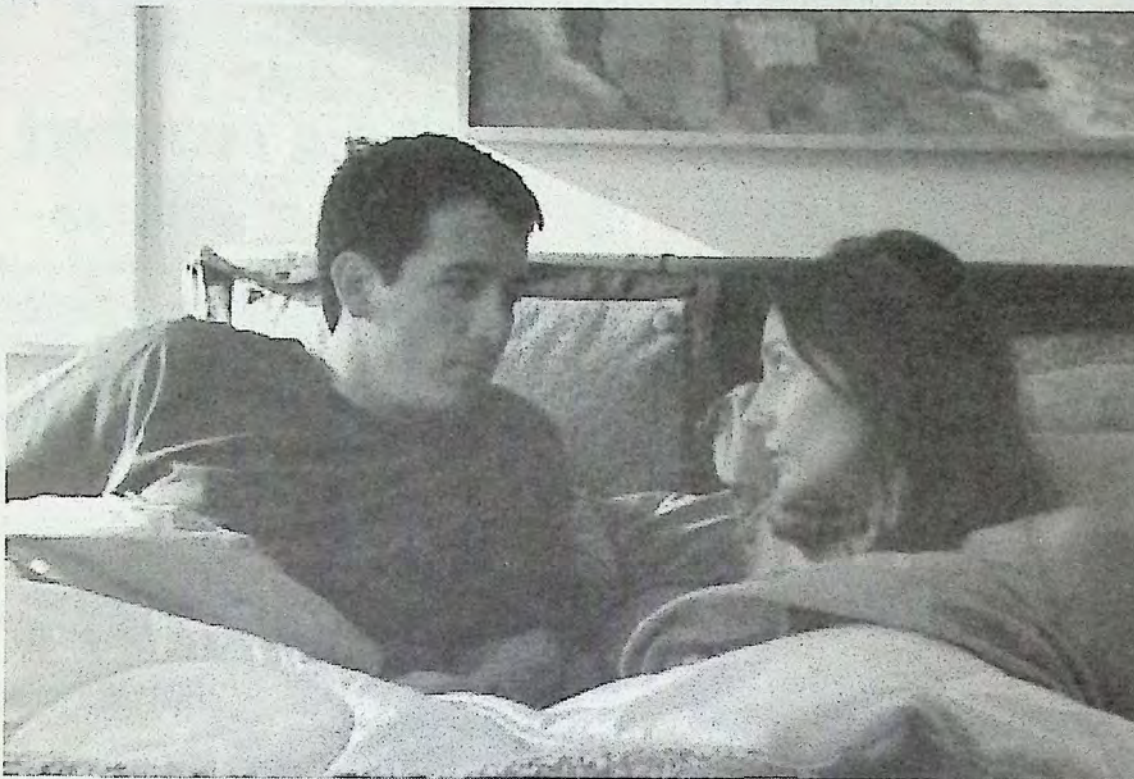
Overall, investing globally provides investors with access to some of the world's most profitable industries and companies. To discuss the benefits of investing in foreign equities, talk to a CIBC Wood Gundy Investment Advisor.

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