

Similkameen News Leader

YOUR INDEPENDENT SOURCE FOR VALLEY NEWS & INFORMATION

Volume 8 Issue 29 ISSN 1712-090X

Tuesday, July 19, 2005

75¢ each

Canadian Publications Mail Agreement No. (1299263)

Published Weekly in Princeton, B. C. by Bengel Publishing Inc.

includes GST

**Similkameen
News Leader**
This Week

Page 2
Local artist
wins

Page 3
PXA
examines future

Page 4
KEREMEOS NEWS
Pages 11-18
TV GUIDE

Phone: (250) 295-4149
1-888-350-9969
Fax: (250) 295-4103

CIBC rich in history

The Canadian Bank of Commerce opened a branch in Princeton on July 17, 1905.

Eastern Townships Bank opened a branch in Princeton in 1909, but closed it after the bank amalgamates with The Commerce in 1912.

A sub-agency at Copper Mountain operated periodically between 1920 and the 1950s. This outlet reported to the Princeton branch when it was in operation.

Princeton's bank became a branch of the Canadian Imperial Bank of Commerce (later re-branded CIBC) on June 1, 1961 after a merger of the Imperial Bank of Canada and the Canadian Bank of Commerce.

Princeton's CIBC occupied three different buildings on Bridge Street before moving to their current location in September 1988.

There have been a total of 18 Branch Managers at Princeton's CIBC.

1905: W. H. Switzer, 1906: A. E. P. Jackson, 1907: J. J. Hunter, 1908: A. J. Marlow, 1910: J. D. Andras, 1918: H. C. B. Lucas, 1924: S. S. Petrie, 1925: F. C. O. Edwards, 1929: G. M. M. Harman, 1952: J. O. Pennington, 1956: T. E. Wittman, 1963: R. B. McArthur, 1975: C. G. Graf, 1986: A. C. Bruce, 1990: G. A. P. Stene, 1990: W. H. Lott, 1994: B. Dobell.

The current Branch Manager is Lynn Holland.

CIBC donates \$5,000



Similkameen Valley Economic Development Officer Michael McLaughlin, left, accepted a \$5,000 cheque on behalf of the Regional District last Friday afternoon from Princeton CIBC Branch Manager Lynn Holland, Wendy Slavin, Senior Vice-President (Branch & Small Business Banking BC & Northern Territories) and John Egyed (District Vice President South Okanagan-Kootenay).

100th
anniversary
gift to
Princeton

Talk about giving back to the community!

Princeton's CIBC Branch marked a century of service last Friday with an open house where clients and residents were invited to enjoy cake and goodies during the entire business day.

In the afternoon the branch presented the Regional District of Okanagan Similkameen with a cheque for \$5,000 to help fund renovations of the former Riverside School into a new community centre.

The community centre will serve the Princeton area, and will offer services from local non-profit groups that can be incorporated into the theme of 'Family Wellness.'

The centre will use a mall concept layout to offer space to these groups, as well as an addition of a performing arts centre.

"As we celebrate our anniversary, we think it is important to recognize the important role this community has played to help CIBC grow over the last 100 years," said Wendy Slavin, senior vice-president, branch and small business banking, BC and Northern Territories, CIBC.

"That is why we're honouring the commitment we have to Princeton, by giving back to its residents and helping support the new Family Wellness Centre."

The Princeton CIBC branch opened on July 17th, 1905 as the Canadian Bank of Commerce.

Miracle Fund supports Youth Park

The dream of a youth park in the Lower Similkameen Valley has moved one step closer to coming true.

Standard Radio's Sun FM Miracle Fund has donated \$15,000 to the Lower Similkameen Youth Park Committee and the Village of Keremeos.

Youth Park Committee member Michelle Freeman says committee members were overjoyed when they heard the news.

"We have been working on the youth park for two years, and with a donation like this we're all sure it is going to be built by next spring."

The Youth Committee has worked with young people in the Similkameen Valley to design the

park and to raise funds.

The Village of Keremeos is donating \$80,000 in labour and machine costs.

Local businesses have pledged \$20,000 worth of labour and machine costs.

Village of Keremeos Councillor Terry Zeller is the village's representative on the Youth Park Committee.

"It's nice, really nice when you see a group of people who have done bottle drives, sold hot dogs, cleaned up around the landfill, donated their time and skills get a reward. We are very grateful to the Miracle Fund. You can say they made our day. No, our year."

It was Community Foundation of

the South Okanagan's Deb O'Mara who alerted the Youth Park Committee to the Miracle Fund and prompted their application.

"We think they saw the need here in Keremeos for a facility for youth," explains committee member Cindy Vikner.

"Kids just don't have much to do here. They don't have what kids in Penticton take for granted. We are very grateful for this grant."

What is the reaction of the young people? Vikner smiles when she says, "This tells them this community cares for them."

Total cost for Youth Park construction is \$153,000.

Only an additional \$35,000 is needed.

Goldcliff begins exploration

Goldcliff Resource Corporation is pleased to announce that the 2005 exploration work has commenced at Panorama Ridge in the Hedley Gold Basin.

Based on the Success of the 2004 exploration program, Goldcliff is continuing with trenching and drilling in 2005.

Goldcliff's mineral claim holdings in the Hedley Gold basin are 10,528 hectares. Goldcliff's 100%-owned claims are free and clear of royalties and cash payments.

The Panorama Ridge claims (4,275 hectares) contain the Panorama and Epic exploration targets.

In 2000, Goldcliff staked the Panorama Ridge property and discovered gold skarn sedex-strata-

bound mineralization.

The Panorama Ridge property is located to the east of the previously-mined Nickel Plate-Mascot gold mine (1904-1996) that once produced 2.5 million ounces of gold.

The gold grade values discovered at Panorama Ridge are comparable to those gold values mined from the Nickel Plate-Mascot gold mine ore-bodies.

In 2004, Goldcliff's drilling intersected high-grade values (34.30 grams/tonne gold) within the skarn sedex-strata-bound mineralization zone area that is referred to as the GMZ (gold mineralized zone).

At Panorama Ridge, the GMZ has been drilled to a depth of 100 metres.

The extent of the skarn sedex-strata-bound mineralization (GMZ) has not been fully explored at Panorama Ridge.

At the Nickel Plate-Mascot gold mine, the skarn sedex-strata-bound gold ores zones (GMZ) extended for over 300 metres.

In 2005, exploration trenching and drilling is scheduled.

The work is to focus on the high-grade gold potential of the sedex-strata-bound gold skarn mineralization on the property.

Leonard W. Saleken, PGeo, is the qualified person as defined by National Instrument 43-101 who supervised the preparation and verification of the technical information in this release.

Visit Us Online At:
www.thenewsleader.ca

Local News
Local Sports
Court News
Calendar of Events
Classifieds
Weather & Roads

**CLASSIFIED ADS
FOR ONLY A
DOLLAR A MONTH?**

www.thenewsleader.ca

Town of Princeton

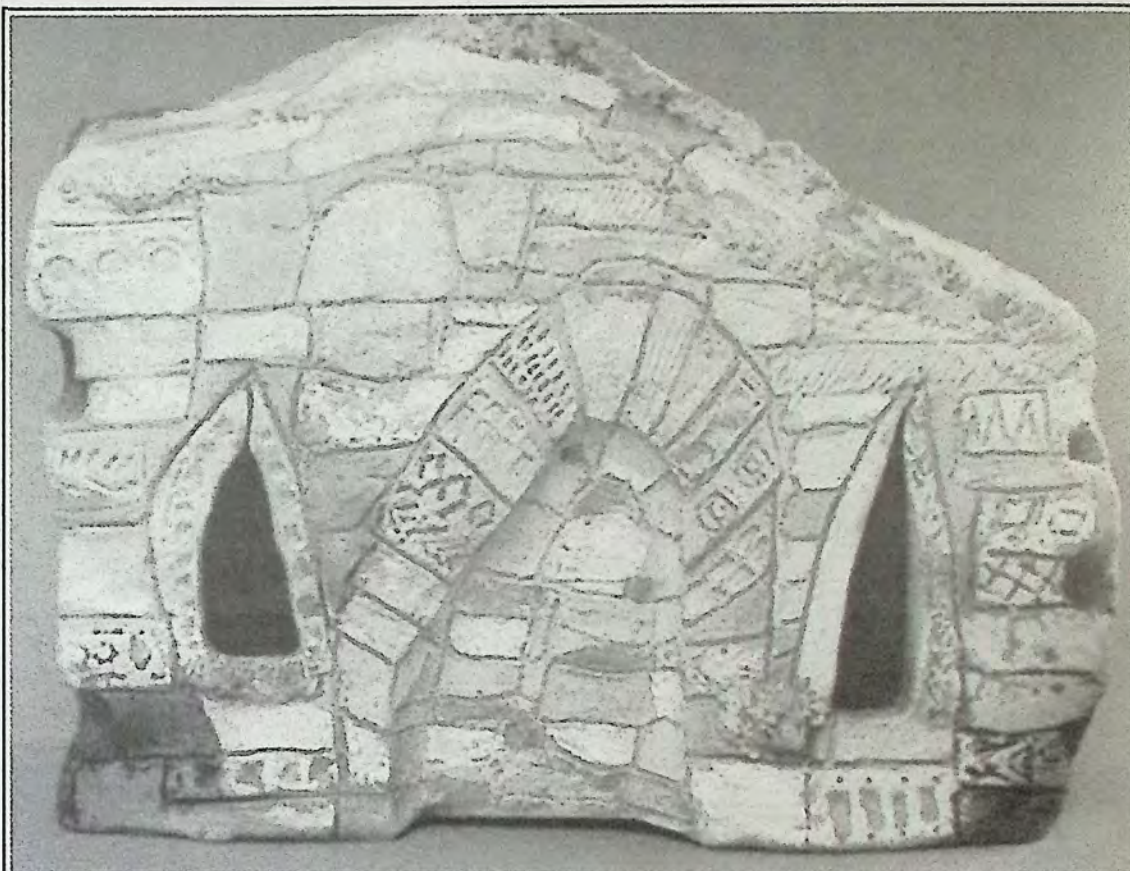
NOTICE TO TAXPAYERS

Due date for 2005 Property Taxes is August 2, 2005 before 4:30 PM. Payments are to be received at the Town of Princeton Office at 169 Bridge Street, Princeton, BC prior to 4:30 PM August 2, 2005.

POSTMARKS will **NOT** be considered as date of payment.

A 10% penalty will be applied after due date.

Collector
Town of Princeton



Sue Le Poidevin's sculpture 'Kilneuir Oratory on Loch Awe.'

Local artist wins competition

Susan Delatour Le Poidevin has had her ceramic sculpture accepted into a very prestigious show in

South Korea.

The 3rd World Ceramic Biennale 2005 Korea International Competition awarded Le Poidevin an Honourable Mention for her submitted piece entitled "Kilneuir Oratory on Loch Awe" in the Ceramics as Expression category.

The number of entries from around the world was truly staggering. 1,430 artists from 67 countries submitted 2,475 works in an exceptionally competitive selection. In the end, 186 pieces were chosen, with 26 prize winners and the rest honourable mentions.

Le Poidevin's was the only Canadian chosen in her category. Three other Canadians were chosen in the Ceramic for Use category. A total of 85 Canadians applied.

Each person selected had their work on display in an exhibition for the duration of The 3rd World Ceramic Biennale, a huge ceramic conference that is attended by thousands of people worldwide and goes on for over a month. Susan also received a beautiful catalogue with full colour photos of all the participants' works and a

certificate bound in a velveteen case.

Some of Le Poidevin's ceramic work as well as her popular water-colour and ink greeting cards can be viewed at Leftovers Studio on Vermilion Avenue. Her cards are scenes of BC's many landscapes including some local sites as well.

Le Poidevin is also active in the community, teaching pottery classes in the fall and spring and most recently, attending weekly meetings on the Arts Now committee.

Arts Now is a group of local artists and community members who are interested in gaining funding from the 2010 Olympic Legacy in order to facilitate a major art project for our town, coinciding with Princeton's 150th birthday in 2010.

Le Poidevin will be hosting a sketching workshop at the Grist Mill on July 23rd. If anyone is interested they can contact Sue at (250) 295-0527.

She also has her own website, www.susanclayart.com and is featured on one of BD's travel destination websites, www.gobc.ca.

www.thenewsleader.ca

www.vermilionforks.ca

www.keremeos.net

**OPENING
JULY 18**



YOUR OWN PHARMACIST
Patrick Mehta

**PEOPLES
PHARMACY**

Helping People Live Better Lives

- FREE Prescription Delivery

Committed To Providing:

- Quick and Friendly, Courteous Service
- Very Reasonable AND Competitive Prices
- Quality Service...Quality Care

Served Princeton and Area while working with
Real Canadian Wholesale Club, Penticton
NOW Locally Owned & Operated Family Business

Princeton Plaza Mall, Tapton Avenue

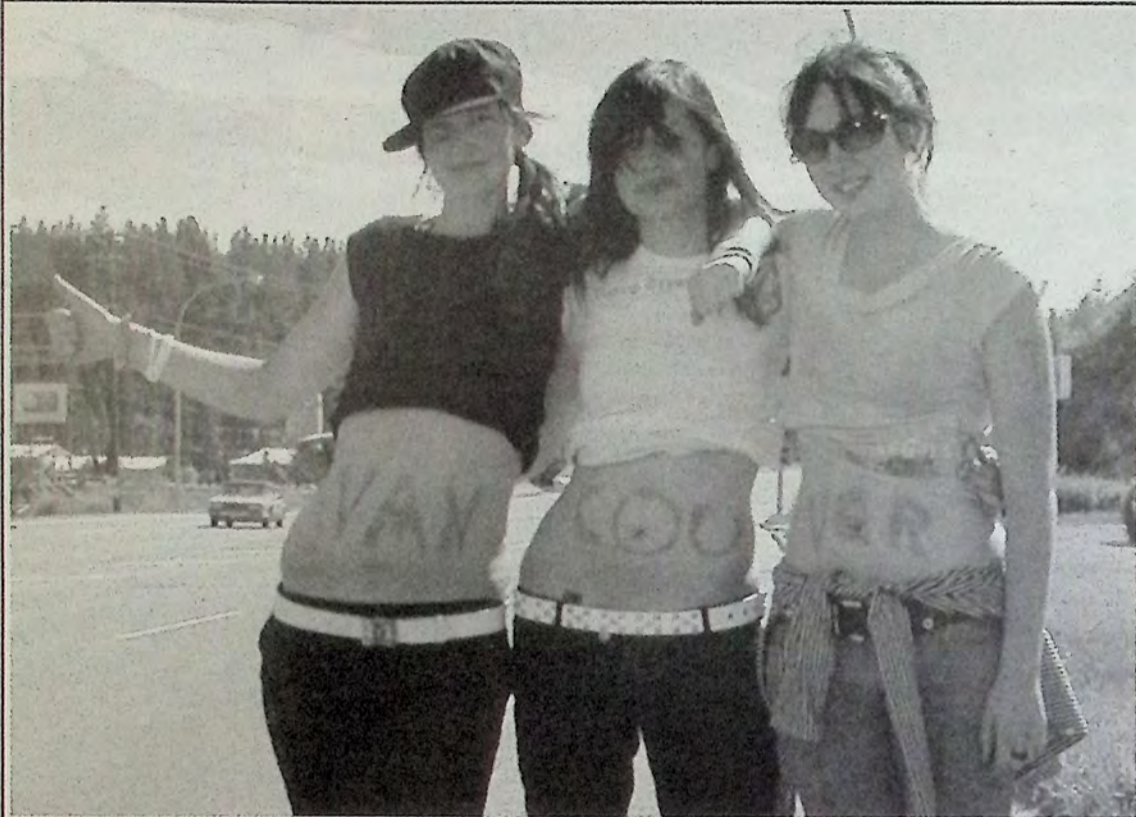
(250) 295-0104

Monday - Saturday 9:00 AM - 7:00 PM / Sunday 10:00 AM - 4:00 PM

Help Us Fill The Need!
Mens Clothing - All Seasons

Each Month RE/MAX country will ask for your help in aiding Princeton Crisis Assistance Society with a particular need. If you can help, please drop your items off at our office on Bridge Street.





This trio of girls from Montreal wasted no time in making it clear where they were going. They passed through Princeton on Monday afternoon with a male companion. We were impressed with their creativity!

PXA takes a look at future

The arrival of an insurance bill sparked a discussion among members of Princeton Exhibition Association. The bill, amounting to \$2,600, was another increase in the cost of providing minimum basic coverage for the grounds, but for none of the special events which take place on the grounds. The Town of Princeton's municipal insurance covers the buildings, but none of the special events.

Members noted that groups putting on events pay thousands of dollars for event coverage. Members tried looking at ways in which they could buy blanket coverage or come under the municipal insurance. They did not come to any conclusions.

The Town gives the PXA a \$3,000 grant each year which is supposed to cover the cost of insurance and maintenance. Thanks to people renting the grounds and barn space, the PXA is able to cover the cost of maintenance, as little grant money remains after the insurance is paid.

Discussion turned to PXA achievements for the past year, and plans for the future. Representatives of user groups will put together a combined package after this year's annual general meetings, and make a presentation to Town Council with the PXA to show the value of the grounds to the community, and express plans for the future.

Motorsports members had some concerns about rumours they heard that the Fall Fair does not want Motorsports Association in the PXA. This notion was quickly dispelled. Fall Fair wishes to reduce Motorsports participation in the fair this year to allow time for the Jim Lind Memorial Team Roping event. President Jody Woodford explained that this event is important to the Rodeo Club and will help bring in funds to that club to repair some fencing around the

rodeo arena. The Motorsports group was pleased to learn they are still welcomed as part of the fair, and will organize the demolition derby.

Motorsports President Vern Preston advised the PXA that out of town dune buggy and tough truck contestants are hoping to come to Princeton for an event in the fall. Dates available in September are the 17 and 18, or Motorsports could look at October 1 and 2. They will get back to the PXA with a firm date. Motorsports has book the weekend of September 25 for Moto-X.

Racing Days members received a vote of congratulations for their success in reviving horse racing in Princeton. PXA members had nothing but praise for the Racing Days Association. President John Bey said there is seed money for next year, and commented on the excellent coverage of the races by the media, including a video showing the grounds and horses in Princeton. Gerri Swanson said she taped the show from television and would have it to show anyone interested.

Peter Ruoss outlined several maintenance jobs that need doing in the immediate future. He was urged to proceed.

The showers are finished except for a few small items, and have been used. The showers are coin operated.

New tenants are moving onto the trailer pad north of the ag barn, and will be a welcome addition to security on the grounds.

Gerry Vinthers and Pete Ruoss agreed there should be paving in the area designated for antique farm equipment. John Bey suggested other improvements to the building before the equipment is moved in and secured. President Woodford will make arrangements. The meeting concluded with a

lively discussion about attracting new members to the PXA and user groups. Some suggestions were made regarding a unified get-together for volunteers, and there will be further discussion on this in the future.

The next PXA meeting will be held at the fairgrounds office at 7:00 p.m. August 9.

**CLASSIFIED ADS
FOR ONLY A
DOLLAR A MONTH?**

www.thenewsleader.ca

**Spaghetti Dinner
&
Dessert Auction**

TO BENEFIT
"THE WEEKEND TO END BREAST CANCER"

Saturday, July 23

Cocktails: 5:30 PM

Dinner: 6:30 PM

PRINCETON LEGION HALL

Door Prizes - Raffles - 50/50 Draw

ENTERTAINMENT BY VARIOUS ARTISTS

Tickets \$20.00 Each

Leftovers Studios

Ridgewood Lodge Recreation Dept.

Limited Seating - Call 295-4050

"Each step brings us closer to a cure."



**Princeton
Husky**

Attendants on Duty

8:00 AM - 6:00 PM Daily

To Assist With All Your Needs!

CHEVRON LUBRICANTS - MARKED DIESEL - PROPANE

FULL SERVE/SELF SERVE GAS

POP - CHIPS - SNACKS - LOTTERY CENTRE

Featured Specials: July 18 - August 14

Aquafina

Bottled Water - \$2.99

6 x 710 ml bottles (+ taxes + deposit)

Old Dutch Potato Chips - 2 for \$4.⁰⁰

235 gram size

HIGHWAY 3 WEST
OPEN 24 HOURS



PHONE
250 295-3121

Hourly Weather? Daily Road Reports?
Weekly News? Online Classifieds?
Events Calendar?
www.thenewsleader.ca
Always there, when you need it!

Steak • Seafood • Pasta



Open 4:30 PM Daily
Closed Mondays
Karl and Suzanne

Junction of
Highways 3 and 3A
Keremeos

Keremeos.net

(Keremeos on the web)

Web page design • POP3 e-mail accounts
Desktop publishing • Computer repair and servicing
Computer tutoring • CD creation
Custom graphic artwork and logos • photographic services

Bryan (250) 499-5143 webmaster@Keremeos.net

M&M Parsons Fruit & Vegetables



cherries • hot house tomatoes • peaches
sweet onions • beans • apricots • cukes
blueberries • summer squash

GROWER OWNED - RR 1, Highway 3 West, Keremeos
(250) 499-2312 - After Hours 499-5865

Harker's Fruit Ranch

3 Miles South of Keremeos on Highway 3



Cherries
(SECONDS)
50¢/lb.

(250) 499-2751



Don & Anna's
Greenhouses
and GARDEN CENTRE

- GROWER OWNED AND OPERATED -

"The greatest selection of flowers
and vegetable plants, perennials,
hanging baskets, shrubs and water
plants in the Similkameen Valley"

4 KM West of Keremeos on Highway 3 at the Historic Red Bridge
RR 1, Keremeos, B. C., V0X 1N0
Starting July 15th we will be OPEN from 10:30 AM to 4:00 PM Daily
*** Check out our list of Plants at: www.keremeos.com/don&annas ***

Phone: (250) 499-5785 e-mail: don_anna@nethop.net

keremeos and area news



It was 'all hands on deck' last Wednesday at Harker's Fruit Ranch with everyone sorting lapin cherries. Bruce Harker says the lapin crop was excellent with most of the fruit above destined for export markets. Harker's Fruit Ranch opened for the season only three weeks ago.

Council keeps pace with plan

Keremeos Village Council has been keeping pace with the third year of their Three Year Plan.

CAO Bob Lafleur says Council has done well with the plan. "We're a bit behind on establish-

ing a RV Park and a bit ahead on the pool and skateboard park so we're about even."

Sizzle unveils new design

The fourth annual Pepperfest, "Similkameen Sizzle," will have a new look - on t-shirts at least.

Committee Chair Judy Egli circulated a new t-shirt design to those in attendance at the regular monthly meeting of the organizing committee last Wednesday.

The design, created by Karen Beaupre at Southern Ridge Trading Company in Princeton, has a giant pepper with stylized letters in a box design announcing the name of the event and where it

is being held.

The committee decided to go ahead with the new logo expecting it to be very attractive with orange and red colours on a black t-shirt.

"We have a new menu, so it's good to have a new look," Egli said after the motion to proceed with the new design passed.

A total of 100 t-shirts with the new design will be ordered for August 1st and sold at Valu-Plus Foods in Keremeos.

Village Council had put together the Three Year Plan in order to keep a schedule of tasks during the current term in office.

The Plan, basically in point form, highlights a few goals or tasks each month.

For example, the plan has four items slated for July including 'Boundary Expansion Research,' 'Pool,' 'Power Lines on 10th,' and 'Rails To Trails.'

Lafleur says there are other points of interest in the plan where Council is ahead.

"We're on track with KID and the Revitalization Tax Exemption Bylaw has been adopted."

The review of Keremeos Irrigation District was laid out to take place in August followed in October with implementation of the plan. The Revitalization Bylaw was set for implementation in September.

Sizzle needs vendors

The organizing committee for Similkameen Sizzle needs vendors for Memorial Park during the event on Saturday, September 17th.

Artisans are also welcome to participate.

Space will go for \$25 and vendors are responsible for their own chairs, tables and display.

For more information and a registration form, contact Committee Chair Judy Egli at (250) 499-5681 or e-mail eglidj@telus.net.

Vendor space is being booked already for the event.



Colleen Christensen is the Office Manager and Tourist Coordinator for Similkameen Country.



CUSTOMER



APPRECIATION DAY

Thursday, July 21st

10% OFF

All Regular Priced Items

(except RX, Lotto, Stamps, Phone Cards, Gift Certificates, Sale Items)

Prize Draws - Cookies - Coffee - Pepper Jam

Proud to be locally owned and providing employment for local families!

BUY 10 PHARMASAVE PRODUCTS, GET ONE FREE!

PHARMASAVE BRAND FAMILY member

Meet our Pharmasave Brand Family and Save
National Brand quality and everyday low prices!

BUY 10 GET 1 FREE!

Live well with
PHARMASAVE

Live well with

PHARMASAVE®



232 Bridge Street (250) 295-3353 "We're here to give you the advice you need to meet your need."



vote@vermillionforks.ca



Cornel Hanson - 101-7th Avenue, Keremeos - (250) 499-2068



PRINCETON PLAZA PARKING LOT

ATTENTION PRINCETON AREA RESIDENTS

We're looking for Volunteers in this area.
Think you'd like to join our Team?Contact Fundraising Manager
Alan Sanders

(250) 374-8307

e-mail: a_sanders@ducks.ca

Ducks Unlimited Canada
CANADA'S CONSERVATION COMPANYCapsule
Comments

by your Pharmasave Pharmacist Wen Wong

From the new medical dictionary: *Cosmeceuticals* are ingredients in cosmetic preparations that contain chemicals that are biologically active. Anti-wrinkle creams, anti-baldness preparations and sunscreens are examples of products containing cosmeceuticals.

It's interesting that two of the most famous soft drinks in the world were given life through the efforts of pharmacists. Coca Cola was invented by a pharmacist in the US. And Canada Dry Ginger Ale was patented by Canadian pharmacist, John McLaughlin back in 1907. Pharmacists were also involved with the origin of Hires Root Beer and Dr. Pepper. Why pharmacists? They knew a lot about flavours and how to carbonate liquids at their pharmacy soda fountains.

Do you have trouble being open and inviting with people you meet? Here are a few tips: Smile; keep an open posture (no crossed arms); lean forward *toward* the person not away; touch the person if it feels natural to do so; maintain eye contact; and nod your head in agreement while listening.

There are many unproven "cures" out there. One in ten people try these products to get relief from arthritis. Before you try something like this check on it with your doctor and pharmacist. It could save you a lot of money.

We do our best to keep up to date on the latest in proven and unproven relief for arthritis. We'd be happy to help you with information. Just ask!

"We're here to give you the advice you need to meet your need."

Live well with

PHARMASAVE

Front Store Open Monday - Friday 9:00 AM - 7:00 PM
Saturday 9:00 AM - 5:30 PM / Sunday 10:00 AM - 5:00 PM

Pharmacy Open Monday - Saturday 9:00 AM - 5:30 PM

232 Bridge Street, Princeton (250) 295-3353

news leader health page

Health Canada issues warning

Health Canada is advising Canadians about important safety-information for all cholesterol-lowering drugs known as statins. These medications include Lipitor (atorvastatin), Zocor (simvastatin), Mevacor (lovastatin), Lescol and Lescol XL (fluvastatin), Pravachol (pravastatin) and Crestor (rosuvastatin).

Some patients using statins who have pre-existing medical conditions might cause them to have a greater risk of developing muscle-related problems, including serious muscle damage - a serious condition called rhabdomyolysis. Rare reports of rhabdomyolysis have been seen worldwide and in Canada with the use of these drugs.

Health Canada had requested that all manufacturers of these drugs include a warning and description

of this risk in the safety information sheet for each drug. All safety information for these medications now contains this safety update.

Before taking a statin, patients should tell their doctor or pharmacist if they:

- are pregnant, intend to become pregnant, are breast-feeding or intend to breast-feed;
- have thyroid problems;
- regularly drink three or more alcoholic drinks daily;
- are taking other cholesterol lowering medication such as fibrates (gemfibrozil, fenofibrate) or niacin;
- are taking other medications, including prescription, non-prescription and natural health products, as drug interactions are possible;
- have a family history of muscular disorders;

- had any past problems with the muscles (pain, tenderness), after using a statin;

- have kidney or liver problems;
- have diabetes;
- have undergone surgery or other tissue injury;
- do excessive physical exercise.

Patients are advised to contact their physician promptly if they experience any of the following while on statin therapy:

- muscle pain they cannot explain;
- muscle tenderness or muscle weakness;
- generalized weakness, especially if they do not feel well (i.e. fever or fatigue);
- brownish or discoloured urine.

Patients should continue to take their medication as prescribed and should contact their physician if they have any concerns.

Health Canada issues another

Health Canada is warning consumers not to use certain Ayurvedic medicinal products because they contain high levels of heavy metals such as lead, mercury and/or arsenic. Health Canada is taking action to remove these products from the market and to prevent further importation into Canada.

Ayurvedic medicinal products are used in traditional Indian healing and are often imported from India.

According to the principles of Ayurvedic medicine, heavy metals may be used because of their reputed therapeutic properties. However, improper manufacturing processes may result in dangerously high levels of heavy metals remaining in the final product.

Heavy metals pose a particular health risk because they may accumulate in vital organs. Children are most susceptible to the toxic effects of heavy metal poisoning.

For example, arsenic poisoning can cause nausea, abdominal pain, vomiting, muscle cramps, heart abnormalities, liver damage, anaemia and reduced motor nerve function. Lead poisoning can cause weight loss, insomnia, dizziness, swelling of the brain and paralysis.

Mercury poisoning can cause tremors, insomnia, memory loss, slowed sensory and motor nerve function, and reduced mental function.

The following is a list of the unapproved Ayurvedic medicinal products found on the Canadian market thus far, which have been analyzed by Health Canada and found to contain high levels of lead, mercury and/or arsenic:

- Karela tablets, produced by Shriji Herbal Products, India
- Karela capsules, produced by Himalaya Drug Co, India
- Karela capsules, produced by

Charantia, UK (specifically batch #12011)

- Maha Sudarshan Churna powder, produced by Zandu Pharmaceuticals, Mumbai, India

- Maha Sudarshan Churna powder, D & K Pharmacy, Bhavnagar, India

- Maha Sudarshan Churna powder, produced by Chhatrishia, Lalpur, India

- Maha Sudarshan Churna powder, produced by Dabur India Ltd, New Delhi, India

- SAFI liquid, produced by Hamdard-WAKF-Pakistan

- SAFI liquid, produced by Hamdard-WAKF-India

- Yograj Guggul tablets, produced by Zandu Pharmaceuticals, Mumbai, India

- Sudarshan tablets, produced by Zandu Pharmaceuticals, Mumbai, India

- Shilajit capsules, produced by Dabur India Ltd, New Delhi, India

As a precaution, Health Canada advises Canadians not to use any other Karela, Safi, Maha Sudarshan Churna, Yograj Guggul, Sudarshan or Shilajit products unless they have the required market authorization. Health Canada will be working with the importers and distributors of these products to remove them from the market.

Canadians should only use Ayurvedic medicinal products that have been authorized for sale by Health Canada.

Authorized natural health products will either bear an eight-digit Drug Identification Number (DIN), a Natural Product Number (NPN) or a Homeopathic Drug Number (DIN-HM).

This authorization indicates that the product has been assessed by Health Canada for safety, efficacy and quality.

living past 100

Fat is an economic burden

The latest information on Canadian's health is that one in every three Canadians is obese, and of these, 30 percent are dangerously obese. This is very bad news for our economy.

What has obesity to do with our economy?

Obesity is one of the chief factors in serious disease. Obesity is connected to diabetes, heart disease, and cancer - the big three killers in our society. These diseases are the most expensive in our health care system.

Being overweight contributes to other health problems, such as damage to hips, knees and feet from bearing excess weight. Many older people complain of these problems, and one of the ways to relieve these sore joints is to lose weight. Our health system bears the burden of hip and knee replacement surgeries.

This is the best time of year to correct obesity problems. It is easier to avoid fat-producing foods, and switch to salads, plenty of fruit and vegetables. Avoid cakes, cookies, and bread products if possible (an occasional hot dog is okay). The low-carb diet really works, and helps you lose weight quickly.

Exercise might be a four-letter word in a fat person's vocabulary, but it is necessary. When exercising, start with easy things, but be sure to work up a sweat. If you are not pushing yourself a little, you are not getting the benefits.

Let's Make Some History Of Our Own!

www.vermilionforks.ca

Club plans childrens fishing derby

Tulameen Community Club welcomes all children 15-years of age and younger to enter their annual fishing derby.

Trophies and prizes will be awarded.

The rules are as follows:

- the fish have to be caught in the local area.

- leave head on, not cleaned and dead

- All types of local fish are eligible.

The Childrens Fishing Derby will take place between Friday, July 29th and Sunday, July 31st.

Final Weigh-in is set for 3:00 PM on the Sunday at 2605 Otter Avenue, across from the Tulameen Trading Post in Tulameen.

ArtsNow builds survey

The 2010 Legacy Now Arts/Now committee met July 13 to complete the process of developing a community survey. The survey will discover what people think of as "art", how aware they are of what arts activities are available in the Princeton area, and what they feel is lacking in the arts and cultural environment of the area.

The draft survey warranted a lot of discussion, and a number of revisions were made.

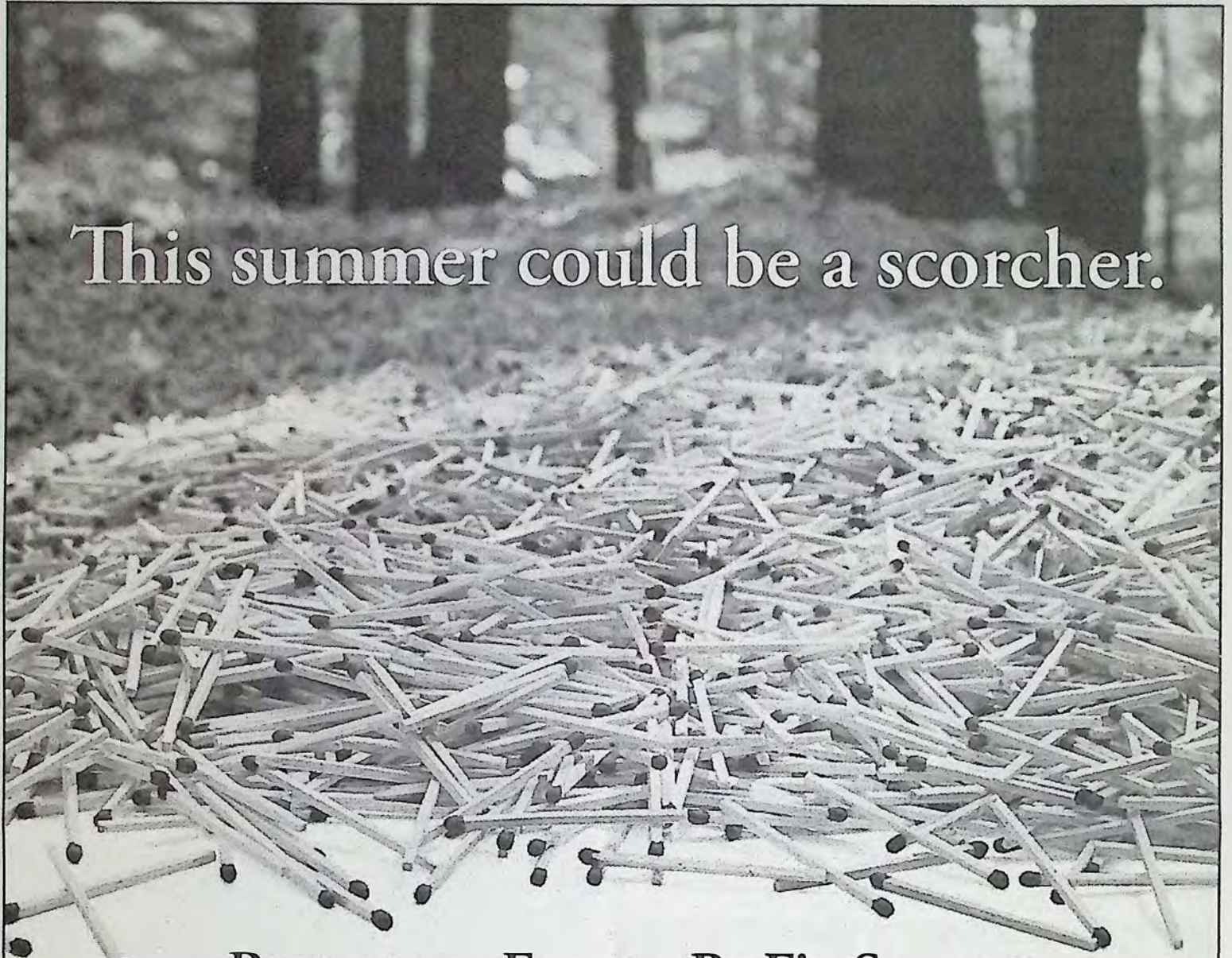
The revised survey form will be presented to people not involved in the process of forming it, so the committee can discover whether the document yields the information sought.

The next meeting of the Arts/Now committee will be at the Skills Centre at 7:00 p.m. Wednesday, July 27.

A number of committee members were absent at the last meeting, due to holidays and other obligations.

An assessment of community arts and cultural assets has been done, and several projects have been proposed.

The survey will be presented to the public in August and will help define the project the committee will submit to 2010 Legacy Now for funding.



This summer could be a scorcher.

Protect our Forests. Be FireSmart.

Our forests are a source of pride for British Columbians. Tourists and residents alike marvel at their grandeur. Working families, forest communities and our parklands rely on our forests. Yet every year, an average of 2,000 forest fires put it all at risk.

People cause about half of all forest fires, endangering lives, damaging real estate, and having a negative impact on tourism. Last year there were fewer fires caused by people. Do your part.

Protect yourselves and our forests. Be FireSmart.

Campfire Safety

- Encircle campfires with rocks to stop fire spreading.
- Don't build campfires less than 3 metres from trees, brush or wood structures.
- Keep a shovel and pail of water near your campfire.

Homeowner Safety

- Keep trees, shrubs, branches and other flammable material at least 10 metres from your home.
- Trees near your home should be no more than 2 metres in height and at least 3 metres apart.
- Remember to clean your gutters and chimney.

General Fire Safety

- When smoking outside, dispose of cigarettes and matches safely.
- Never toss a lit match or a cigarette out of your car.
- Don't burn grass or yard waste on windy days.
- To report a wildfire call 1-800-663-5555 or *5555 from a cellphone.

For more information on how you can prevent forest fires, visit www.gov.bc.ca.

Weather?
Updated Hourly...
Road Reports?
Updated Daily...
www.thenewsleader.ca



www.thenewsleader.ca
www.vermillionforks.ca

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
 Princeton
 (250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING,
 FAX, SCANNING AND COPYING SERVICES

226A Bridge Street

Similkameen News Leader

LOCALLY OWNED & OPERATED WEEKLY NEWSPAPER
 Phone: (250) 295-4149 • Fax: (250) 295-4103

McConnell, Voelkl

Chartered Accountants
 Phone: (250) 295-5205 • Toll Free: 1-877-869-5634

Princeton Family Eyecare

EYE EXAMS • EYE GLASSES • CONTACT LENSES
 Phone: (250) 295-6640 • Toll Free: 1-877-222-2020

Cover2Cover Bookkeeping & Office Services

Phone: (250) 295-6905 • Fax: (250) 295-6905

4 Services...1 Location!

SUBSCRIBE TO THE NEWS LEADER. GET 6 MONTHS FREE!

SUBSCRIPTION RATES

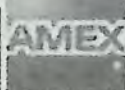
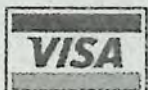
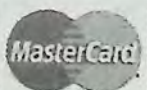
(ALL PRICES INCLUDE GST)

Princeton Local - Pick-Up, Regular	\$ 26.75
Princeton Local - Pick-Up, Senior	\$ 21.75
Similkameen Mail, Regular	\$ 35.75
Similkameen Mail, Senior	\$ 31.75
<small>(Princeton, Cranston, Keremeos, Hesley, Oklatla, Tadmoran, Coalton)</small>	
Out-of-Valley, British Columbia	
Rural or Box (VO), Regular	\$ 40.90
Rural or Box (VO), Senior	\$ 35.90
Delivery to Door, Regular	\$ 53.80
Delivery to Door, Senior	\$ 48.80
Out-of-Valley, Alberta, Rest of Canada	
Regular	\$ 53.80
Senior	\$ 48.80

NEW ONE YEAR SUBSCRIPTION PURCHASES MADE WITH VISA, MASTERCARD, AMERICAN EXPRESS OR DEBIT CARD WILL RECEIVE AN EXTRA 6 MONTHS FREE!



(250) 295-4149



Ernie Lawrence, right, presents Rotary Exchange Student Cyrielle Bon with a parting gift at her last Rotary Club meeting on Tuesday. She left for her home in France later in the week.



John Brain, of Round 2 Coins & Stamps, gives the News Leader's Brenda Engel a lesson in gold-panning. Brain was set up at Princeton Plaza Saturday and will be on Bridge Street across from the News Leader office this Wednesday. He also sells gold nuggets, coins and collectibles.



There's more than just a little flake of gold in there! For \$10.00 a pan, John Brain will let you pan concentrates from one of his claims. He guarantees you'll get more than your ten bucks back.



Artist and Senior Rotary Club member Bob Cormack shares a moment with Exchange Student Cyrielle Bon. Bon was presented with a framed print of Cormack's titled "Silver Bridge and The Tulameen River" last Tuesday. "Thank you everyone," she said. "I had the greatest year of my life."

Man faces big fine, four years

Michael Wilson, age 45, of New Westminster, was on the move from Oliver to his present residence on November 18, 2003, when he was arrested for driving under the influence of alcohol.

At his trial on July 14 in Provincial Court in Princeton,

Wilson's lawyer argued for dismissal based on the length of time it had taken to go to trial, and on prejudice against his client by waiting so long and some complex issues with the Motor Vehicle Branch.

Judge Sinclair did not buy into

this argument, and left Wilson with the option of continuing the trial.

Wilson opted to change his "not guilty" plea to admitting guilt.

He was ordered to pay a \$1,000 fine, serve two years probation, and is prohibited from driving for the next four years.

www.thenewsleader.ca
www.vermilionforks.ca
www.keremeos.net
www.hedleybc.com

\$284/month*

BUYS

✓ 2005 Honda Civic SE
✓ 2005 Ford Ranger Super Cab XL
✓ 2005 GMC Jimmy/Chevrolet Blazer 2-dr 4x4

Valley First
CREDIT UNION

OAC for qualifying new 2005 and 2006 vehicles.
Advertised loan is based on total vehicle purchase price, including taxes, of \$24,000.
Contact Valley First Credit Union for terms and conditions.
Vehicles other than those illustrated may qualify. Visit a motor vehicle dealer of your choice for vehicle pricing and purchase.

CONTACT YOUR NEAREST VALLEY FIRST CREDIT UNION BRANCH FOR DETAILS.

Riverside Centre "A Family Wellness Concept" Tenant Invitation

The mandate of the wellness centre is as follows: "Any service provider, club or organization that strengthens or supports families and youth". If you feel that you meet the guidelines of this mandate, we invite you to become apart of this exciting project by submitting an application for space in this facility.

Each space will be rented for \$1.00 per year with a contribution to the overall operating cost of the facility, ie power, gas, janitorial etc. We ask that all applications be returned by August 1st 2005 to allow us sufficient time to prepare. Applications can be returned by:

Mail- Box 278, Princeton B.C. V0X 1W0
Fax- 295-4000

If you require further information or would like to request a personal guided tour, please don't hesitate to call Lyle Thomas at 295-7222.

Sincerely,

Gerri Logan
R.D.O.S. Director

Riverside Centre Application for Space

- ◆ Name of Organization _____
- ◆ Contact information, (name, address, email):

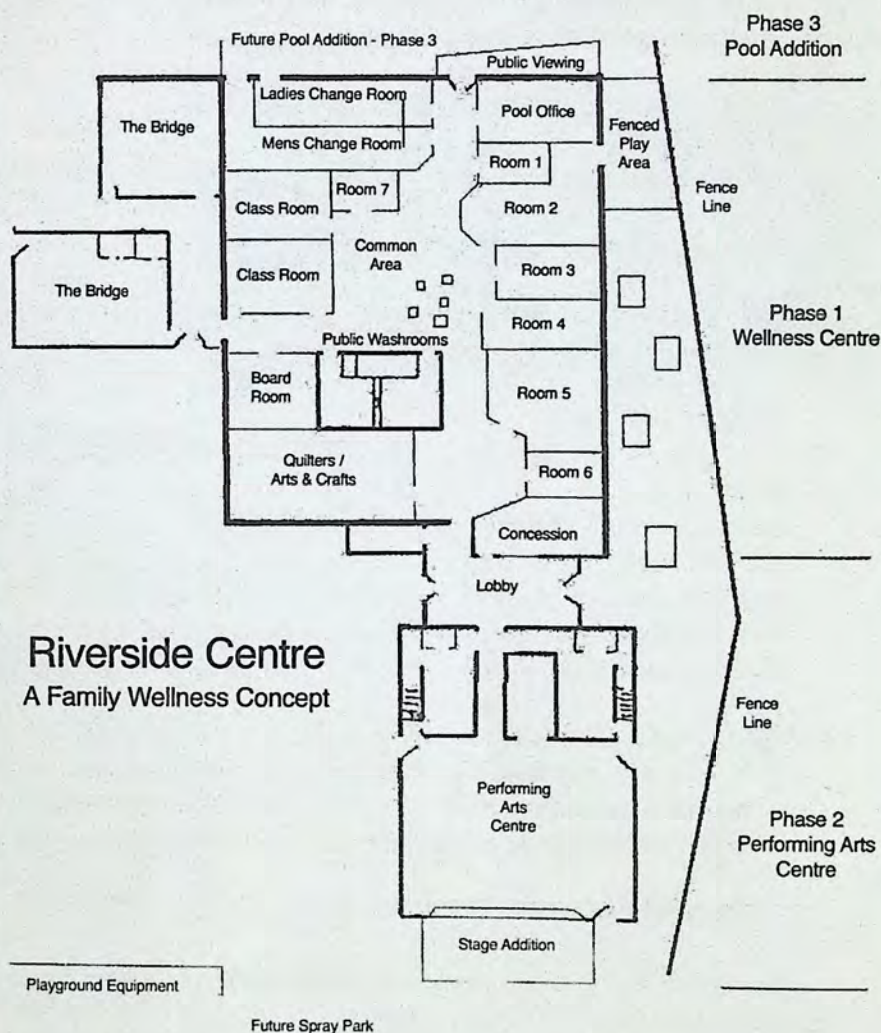
- ◆ Type of service provided

- ◆ Amount of space required (sq. ft) _____
- ◆ Amount you are able to contribute to operating cost \$ _____ per month.
- ◆ Special requirements: _____
- ◆ Comments: _____

Please submit all applications by August 1st 2005 to:

Box 278
Princeton B.C. OR Fax 295-4000
V0X 1W0

Stay tuned for future public meetings and updates on this exciting community project!



SIXTH FLOOR, 900 HOWE STREET, BOX 250
VANCOUVER, B.C. V6Z 2N3 CANADA
web site: <http://www.bcuc.com>



TELEPHONE: 604-660-4700
BC TOLL FREE: 1-800-663-1385
FACSIMILE: 604-660-1102

Terasen Gas Inc. ("TGI") and Terasen Gas (Vancouver Island) Inc. ("TGVI") ("the Companies")
Application
To Determine the Appropriate Return on Equity and Capital Structure to be Used in Setting the
Rates of the Companies Commencing January 1, 2006
and
To Review and Revise the Automatic Adjustment Mechanism Used in Calculating the ROE
Allowed in Rates for Public Utilities Regulated by the BC Utilities Commission

NOTICE OF PROCEDURAL CONFERENCE

Date: Wednesday, August 3, 2005
Time: 9:00 a.m.
Location: BC Utilities Commission Hearing Room
Sixth Floor
900 Howe Street
Vancouver, B.C.

THE APPLICATION

By Application dated June 30, 2005, the Companies submit that: 1) the allowed returns on equity of both Companies should be increased to an appropriate level, 2) the common equity component in the capital structure of both Companies should be increased to properly reflect the risks of the Companies, and 3) the current ROE adjustment mechanism should be reviewed and revised to provide the Companies with a fair and adequate return on equity in future years.

THE REGULATORY PROCESS

The Commission will hold a Procedural Conference regarding the regulatory process for the review of the TGI and TGVI Application on Wednesday, August 3, 2005, commencing at 9:00 a.m. in the Commission Hearing Room on the Sixth Floor, 900 Howe Street, Vancouver, B.C.

Following the Procedural Conference, the Commission will issue a further procedural order and regulatory agenda to registered parties.

PUBLIC INSPECTION OF THE DOCUMENTS

The Application and supporting material will be made available for inspection at the TGI Head Office at 16705 Fraser Highway, Surrey, B.C., V3S 2X7 and the British Columbia Utilities Commission office: Sixth Floor, 900 Howe Street, Vancouver, B.C., V6Z 2N3.

The Application will also be available for viewing on the TGI website at www.terasengas.com and on the Commission's website at www.bcuc.com.

INTERVENTIONS

Persons who expect to actively participate in this proceeding should register as Intervenor with the Commission, in writing, by July 29, 2005, identifying their interest in the TGI and TGVI Application and indicating whether they plan to attend the Procedural Conference. Intervenor should identify the issues that they intend to pursue and the nature and extent of their anticipated involvement in the review process. Intervenor will each receive a copy of the Application and all correspondence and filed documentation. Intervenor should provide an e-mail address if available.

Persons not expecting to actively participate, but who have an interest in the proceeding should register as Interested Parties with the Commission, in writing, by July 29, 2005, identifying their interest in the Application and indicating whether they plan to attend the Procedural Conference. Interested Parties will each receive a copy of the cover letter to the Application, and all Orders and Decisions issued.

FURTHER INFORMATION

For further information, please contact Mr. Robert J. Pellatt, Commission Secretary, or Mr. Jim Fraser, Director, Strategic Services, as follows:

Telephone: 604-660-4700 E-Mail: Commission.Secretary@bcuc.com
Facsimile: 604-660-1102 Telephone: (B.C. Toll Free) 1-800-663-1385

RDOS reviews sites

The Regional District of Okanagan-Similkameen (RDOS) intends to identify a heavy industrial site for the region in 2005.

The review of potential sites for future heavy industrial use in the Regional District will commence this Summer.

The broader objective for this initiative is to promote and encourage economic development within the RDOS. The Regional Board set its priorities for the coming year, including the industrial site review, when it released its Objectives and Action Plans on April 21st.

"The public will be given an opportunity to review the site selection criteria and potential sites as part of the review," says RDOS Chair Dan Ashton.

"The Regional Board will be considering a broad range of possibilities and looks forward to receiving public input to assist in making the best possible selection."

For more information about the review of potential industrial sites, please contact the Regional District at info@rdos.bc.ca or by calling (250) 492-0237 or toll free at 1-877-610-3737.

Open house features arena

Jane and Michael Anderson of Keremeos will be hosting an open house on July 23rd and 24th.

They will be using the occasion to show off their brand new riding arena.

The Legend Series Cover-All building, which measures 62 feet by 120 feet, is the only one of its kind in the region and will become a welcome addition to the horse community.

The open house will also feature local vendors as well as representatives from Cover-All Buildings, the manufacturers and suppliers of the riding arena materials.

Hundreds of invitations have been sent and organizers are expecting a good turn out.

"We believe this will be a banner event for the Keremeos area," says Mary Schabile of the Cover-All Building Marketing Division.

The open house will run from 10:00 AM to 3:00 PM both days.

weekly entertainment guide

TUESDAY, JULY 19, 2005 THROUGH MONDAY, JULY 25, 2005



Overall Low Net Winner Beryl Mullin and Overall Low Gross Winner Helen Rogers.

Golf Club hosts Ladies Championship

The Eleanor Hicks Senior Ladies Club Championship was played July 14th at Princeton Golf Club.

A total of 16 golfers participated in the event, which included lunch.

The winners were: Overall Low Gross - Helen Rogers, Overall Low Net - Beryl Mullin.

Flight #1: 1st Low Gross - Annette Dixon, 1st Low Net - Sharon Blower.

Flight #1: 2nd Low Gross - Carol

Wharton, 2nd Low Net - Betty Jarvis.

Flight #2: 1st Low Gross - Phyllis Conway-Brown, 1st Low Net - Lorraine Kirby.

Flight #2: 2nd Low Gross - Georgina Longstaff, 2nd Low Net - Marg Masson, 3rd Low Gross - Myrt McLaren.

Flight #3: 1st Low Gross - Beth Norman, 1st Low Net - Diane Rodewoldt, 2nd Low Gross -

Sheila Young, 2nd Low Net - Cathy Orser, 3rd Low Gross - Joann Gabriel.

Proximity Drive #9: Carol Wharton.

KP Flight #1 (#17): Sharon Blower. #2 (#7): Phyllis Conway-Brown.

Deuce and Chip-In: Helen Rogers, Annette Dixon, Sheila Young, Phyllis Conway-Brown and Marg Masson.

www.thenewsleader.ca
www.vermilionforks.ca

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton
(250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING, FAX, SCANNING AND COPYING SERVICES

Similkameen News Leader

AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!

100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Phone: (250) 295-4149 • Fax: (250) 295-4103

www.thenewsleader.ca



On a hot Summer day there's no better place to cool down than at Centennial Pool, in Memorial Park. Public Swim times are 2:00 - 4:00 PM daily and from 7:00 - 8:30 PM Mondays, Wednesdays and Fridays. For Swim Lesson information call the pool at (250) 295-6535.

SUBSCRIBE TO THE NEWS LEADER - GET 6 MONTHS FREE

SUBSCRIPTION RATES

(ALL PRICES INCLUDE GST)

Princeton Local - Pick-Up, Regular \$ 26.75
Princeton Local - Pick-Up, Senior \$ 21.75

Similkameen Mail, Regular \$ 35.75
Similkameen Mail, Senior \$ 31.75

(Princeton, Carleton Place, Merrimack, Haskay, Orlia, Tulameen, Coalmont)

Out-of-Valley, British Columbia
Rural or Box (VO), Regular \$ 40.90
Rural or Box (VO), Senior \$ 35.90
Delivery to Door, Regular \$ 53.80
Delivery to Door, Senior \$ 48.80

Out-of-Valley, Alberta, Rest of Canada
Regular \$ 53.80
Senior \$ 48.80

NEW ONE YEAR SUBSCRIPTION PURCHASES MADE WITH VISA, MASTERCARD, AMERICAN EXPRESS OR DEBIT CARD WILL RECEIVE AN EXTRA 6 MONTHS!



(250) 295-4149





New Beginnings Club welcomed the community to their new home during an open house last Friday. The group has relocated to the former Health Unit building on Lime Street.



New Beginnings Club has some new neighbours. Four-legged ones that locals know as yellow-bellied marmots. This critter came out to see what was going on during the open house on Friday.

tuesday movies

MORNING

10:00 am CITY (29) ★★ "28 Days" (2000, Drama) Sandra Bullock. After ruining her sister's wedding, a boozy New York writer is sent to rehab to come to terms with her substance abuse. (In Stereo) (DVS)

he assumes the identity of an old friend. (DVS)
10:06 pm CITY (29) ★★ "Femme Fatale" (2002, Suspense) Rebecca Romijn-Stamos. Brian De Palma wrote and directed this tale about a jewel thief who double-crosses her partners and flees to Paris. (DVS)

EVENING

6:00 pm CITY (29) ★★ "Femme Fatale" (2002, Suspense) Rebecca Romijn-Stamos. Premiere. Brian De Palma wrote and directed this tale about a jewel thief who double-crosses her partners and flees to Paris. (DVS)

8:00 pm WTBS (3) ★★ "Tommy Boy" (1995, Comedy) Chris Farley. A hefty underachiever becomes a traveling salesman to save his father's auto-parts company from financial ruin. (DVS)

9:00 pm FAM (29) ★★ "Top Gun" (1986, Drama) Tom Cruise. A maverick Navy pilot is forced to grow up during the course of a specialized training program in California. (In Stereo) (DVS)

10:00 pm WTBS (3) ★★ "Houseguest" (1995, Comedy) (PA) Sinbad. A con artist brings normalcy to a dysfunctional family after

Visit Us Online At:

www.thenewsleader.ca

- Local News
- Local Sports
- Court News
- Letters To Editor
- Calendar of Events
- Classifieds
- Weather
- Road Reports



NEW LOCATION!
600 Martin St., Penticton

Phone (250) 490-8744

Fax (250) 492-8741

e-mail: trovao@telus.net

FULL LINE OF SOCCER & RUGBY APPAREL

- Awards - Ribbons
- Promo Items
- Sublimation
- Custom Medals



wednesday movies

MORNING

10:00 am CITY (29) ★★ "Poetry In Motion" (1982, Documentary) Allen Ginsberg. Two dozen poets present their works in live audience presentations, studio recitations and readings within their homes. (DVS)

Supreme Court justices.
FAM (29) ★★ "Fluke" (1995, Adventure) Matthew Modine. A man is reincarnated as a dog after a fatal car accident and sets out to find his former family.

10:06 pm CITY (29) ★★ "The Devil's Own" (1997, Drama) Harrison Ford. A New York cop faces a crisis of conscience when he learns that his houseguest is an Irish Republican Army terrorist. (DVS)

AFTERNOON

5:00 pm WGN (39) ★★ "American Gigolo" (1980, Drama) Richard Gere. A male prostitute's only hope of vindication in a murder case rests with his client, a politician's wife.

11:30 pm WTBS (3) ★★ "The Pelican Brief" (1993, Suspense) (PA) Julia Roberts. A law student is marked for murder after she writes a brief concerning the deaths of two Supreme Court justices.

EVENING

6:00 pm CITY (29) ★★ "The Devil's Own" (1997, Drama) Harrison Ford. A New York cop faces a crisis of conscience when he learns that his houseguest is an Irish Republican Army terrorist. (DVS)

9:00 pm WTBS (3) ★★ "The Pelican Brief" (1993, Suspense) (PA) Julia Roberts. A law student is marked for murder after she writes a brief concerning the deaths of two

Weather?

Updated Hourly...

Road Reports?

Updated Daily...

www.thenewsleader.ca

Should Princeton go back to being Vermilion Forks?

www.vermilionforks.ca

Tell Us What You Think.

YES

NO

Clip Out This Official 'Vermilion Forks' Ballot
and Deposit in the Ballot Box at
226A Bridge Street, Princeton

vote@vermilionforks.ca

Just The Fax, Ma'am!

Cover2Cover Bookkeeping

& Office Services



226A Bridge Street
Princeton

(250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

TUESDAY, JULY 19, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Movie: "Houseguest"	News	(Off Air)	Stretch	News	News	Design	(5:00) News	News (Live)	(5:00) News (Live)	Monsters	SportsCentre	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today Greg Kinnear; landscaping.	The Early Show	Sell House	Good Morning America	News (Live)	(5:00) News (Live)	Stickin George S.	SportsCentre	Canada AM	Catching-Killer	Sabrina	Aladdin	News	CityLine	Matlock
8 AM	Dawson's Creek	100 Huntley Street	Dora	Barney			Investigative Reports		100 Huntley Street		Jacob Boy	SportsCentre		Monster Garage	Paid Prog.	Lilo Stitch		In Fashion	Rockford Files
9 AM	Cosby	Save-Ums!	Magic Bus	Sesame Street (EI)		Discover	City Confidential	Regs and Kelly	100 Huntley Street	World Vision	Mona	Off-Record	Regs and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline	Reading	Ellen DeGeneres Show	The Price Is Right	American Justice	The View Tom Arnold	World Vision	Antique MoneyW	Rupert	Triathlon: ITU	The View Tom Arnold	The Bull Shark	The Larry Elder Show	Higglytown Henrys	Jerry Springer (N)	Movie: "28 Days" (2000, Drama)	News
11 AM	Harvey	Coronatn	CG Kids	Yoga	Frasler	Young and the Restless	Thrd Watch	Paid Prog.	The Insider	News (Live)	D'Myna	In Corner	Balance-TV	Catching-Killer	Montel Williams	King	Jerry Springer	Sandra Bullock	Rockford Files
12 PM	Drew	News	Ministers	Charlie Rose	Paid Prog.	News	Design	All My Children	News (Live)	Days of our Lives	SpongeBob	Boxing: Litau vs. Nolasco	Daily	Joined-Twins	Perry Mason	Fillmore	Maury	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	SportFish	Wonderful Planet	Days of our Lives	As the World Turns	Sell House	One Life to Live	As the World Turns	As the World Turns	George S.	Fight Sports Knockouts	Vicki G.	Fear Fighters	Fam. Feud	Recess	Jerry Springer	Relic Hunter	Funnest Home Videos
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Passions	Gulding Light	Investigative Reports	General Hospital	Passions	Passions	Mona	Burning	General Hospital	How-Made	Pat Croce	Proud	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	City Confidential	Paid Prog.	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Building	Starting Over	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	Explorer	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	MLB	Frasier	Daily Planet	Little House	Recess	Xiaolin	Sex & City	MLB
5 PM	Friends	News	George S.	BBC World	News	News	Cold Case Files	News	News	News	Oddparent	Mariners at Toronto Blue Jays	News	Shark Bite	Malcolm	Proud	Sabrina	Smallville	Chicago Cubs at Cincinnati Reds
6 PM	Sex & City	Will-Grace	Planet	News-Lehrer	News	News	Dog	News	News	Past Lives	SpongeBob	(Live)	News	American Chopper	Simpsons	Darcy	Friends	Movie: "Femme Fatale" (2002)	WGN News at Nine
7 PM	Raymond	Fortune	Safe Pass	Nova	Jeopardy!	Seinfeld	Dog	Entertain	Entertain	I Want to Be a Hillton	Drake	SportsCentre (Live)	eTalk Daily	American Hot Rod	Will-Grace	Even	Raymond	Premiere	Becker
8 PM	Movie: "Tommy Boy" (1995)	Coronatn	Choir	Globe Trekker	Average Joe	NCIS "Pop Life"	Crossing Jordan	My Wife Lopez	Average Joe	House	ReBoot	Off-Record	Canadian Idol Top 10 perform.	Daily Planet	Trading Spouses	Boy World	Gilmore Girls	News	Becker
9 PM	Chris Farley	Da Vinci's Inquest	Kaldor	Wide Angle (N)	I Want to Be a Hillton	Big Brother 6 (N)	Cold Case Files	Jim Rodney	House	Big Brother 6 (N)	Mystery	Boxing: Lamont Peterson vs. Manuel Torresillas	Comedy	Shark Bite	House	Movie: "Top Gun" (1986)	One Tree Hill	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Movie: "Houseguest" (PA) (1995)	The National	Adven.-English	P.O.V. (N)	Law & Order: SVU	Rock Star: INXS (N)	Dog	Empire (N)	I Want to Be a Hillton	Sports	Inuyasha	Gundam	Empire (N)	American Hot Rod	News	Malcolm	Boy World	KTLA Prime News	Justice
11 PM	Sinbad	Sports Pg.	Dotto Tech	Charilo Rose (N)	Tonight	Late Show	Dog	News	News (Live)	(11:03) Fear Factor	Yvon	SportsCentre (Live)	News	How-Made	Becker	My So-Called Life	Friends	Movie: "Femme Fatale" (2002, Suspense)	Street

WEDNESDAY, JULY 20, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Movie: "Tommy Boy"	News	(Off Air)	Body Elec.	News	News	The Unreal Story of Professional Wrestling	(5:00) News	News (Live)	(5:00) News (Live)	Monsters	SportsCentre	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Cliff Pup	Today Scarlett Johansson; Marcia Gay Harden.	The Early Show	at Wrestling	Good Morning America	News (Live)	(5:00) News (Live)	Stickin George S.	SportsCentre	Canada AM	Monster Shark	Sabrina	Aladdin	News	CityLine	Matlock
8 AM	Dawson's Creek	100 Huntley Street	Dora	Barney			Cold Case Files		100 Huntley Street		Jacob Boy	SportsCentre		American Chopper	Paid Prog.	Lilo Stitch		Star! Inside	Rockford Files
9 AM	Cosby	Save-Ums!	Magic Bus	Sesame Street (EI)		Discover	Cold Case Files	Regs and Kelly	100 Huntley Street	World Vision	Mona	Off-Record	Regs and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline	Reading	Ellen DeGeneres Show	The Price Is Right	Cold Case Files	The View (N)	World Vision	Diva Dime MoneyW	Rupert	Drag Racing: Mile-High Nationals - Final	The View (N)	Shark Bite	The Larry Elder Show	Stanley Henrys	Jerry Springer (N)	Movie: "Poetry in Motion" (1982)	News
11 AM	Harvey	Judge J.	CG Kids	Yoga	Frasler	Young and the Restless	Thrd Watch	Paid Prog.	The Insider	News (Live)	D'Myna	In Corner	Balance-TV	Tiger Shark Attack	Montel Williams	King	Jerry Springer	Allen Ginsberg.	Rockford Files
12 PM	Drew	News	Realm	Charlie Rose (N)	Paid Prog.	News	The Unreal Story of Professional Wrestling	All My Children	News (Live)	Days of our Lives	SpongeBob	Boxing: Lamont Peterson vs. Manuel Torresillas	Daily	David Hockney's	Perry Mason	Fillmore	Maury	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	Thimble	Simply	Days of our Lives	As the World Turns	at Wrestling	One Life to Live	As the World Turns	As the World Turns	George S.	vs. Manuel Torresillas	Vicki G.	Monster Garage	Fam. Feud	Recess	Jerry Springer	Relic Hunter	Funnest Home Videos
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Passions	Gulding Light	Cold Case Files	General Hospital	Passions	Passions	Mona	Burning	General Hospital	Biker Build-Off	Pat Croce	Proud	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	Cold Case Files	Paid Prog.	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	How-Made	Starting Over	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	Explorer	Cyberchas	Judge J.	Oprah Winfrey	Cold Case Files	Millionaire	Oprah Winfrey	News	Tn-Titans	MLB	Frasier	Daily Planet	Little House	Recess	Xiaolin	Sex & City	Will-Grace
5 PM	Raymond	News	George S.	BBC World	News	News	Dog	News	News	News	Oddparent	Mariners at Toronto Blue Jays	News	Shark	Malcolm	Proud	Sabrina	Supernanny	Movie: "American Gigolo" (1980)
6 PM	Seinfeld	Will-Grace	Imprint	News-Lehrer	News	News	Inked (N)	News	News	2nd Chnce	SpongeBob	(Live)	News	Simpsons	Darcy	Friends	Movie: "The Devil's Own" (1997, Drama)	WGN News at Nine	Richard Gere.
7 PM	Sex & City	Fortune	Wildness	American Masters (N)	Jeopardy!	Seinfeld	Angel	Entertain	Entertain	Queer Eye-Guy	Mystery	SportsCentre (Live)	eTalk Daily	MythBusters	Will-Grace	Even	Raymond	News	Becker
8 PM	Friends	Coronatn	The Shape of Life	Northwest Profiles	Outrageous Live TV	The Cut (N)	Crossing Jordan	Supernanny	70s Show	70s Show	ReBoot	Off-Record	So You Think You Can Dance	Daily Planet	So You Think You Can Dance	Brotherly	One Tree Hill	News	Becker
9 PM	Movie: "The Pelican Brief" (1993) (PA)	Antiques Roadshow	Space Horizons	Horatio's Drive: America's First	Law & Order	King	Dog	Brat Camp	Will-Grace	Will-Grace	Mystery	I'd Do Anything	Shark	Shark	Malcolm	Travis	Smallville "Pariah"	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Julia Roberts	The National	Ministers	America's First	Law & Order	CS: NY "Night, Mother"	Inked	Lost "Confidence Man"	Queer Eye-Guy	News	Inuyasha	Poker: 2004	Brat Camp (N)	Malcolm	Boy World	News	KTLA Prime News	Movie: "The Devil's Own" (1997)	Street
11 PM	"Pelican"	Sportspage	Moving On	Charilo Rose (N)	Tonight	Late Show	Angel	News	News (Live)	(11:03) Fear Factor	Yvon	SportsCentre (Live)	News	MythBusters	Becker	My So-Called Life	Friends	Movie: "The Devil's Own" (1997)	Street

Regular Meetings

* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
 * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
 * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
 * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
 * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
 * Hedley Library open 2-7pm Thursdays
 * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
 * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
 * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
 * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
 * Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
 * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
 * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
 * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
 * Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
 * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
 * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

Similkameen News Leader Community Calendar

JULY

23 - Crater Mountain Ultra-Marathon, Keremeos
 30, 31 - Tulameen Family Days

AUGUST

1 - Tulameen Family Days
 7 - Kars Under the K, Memorial Park, Keremeos
 13 - Hedley Family Fun Day, Hedley
 13 - Love Princeton Day
 15-19 - Vacation Bible School
 27 - Princeton Posse Youth Hockey Camp

SEPTEMBER

4, 5 - Gold Wing Riders Ride of Lights, Princeton
 10 - Childrens Festival - Keremeos
 10, 11 - Princeton Fall Fair
 17 - Similkameen Sizzle, Keremeos
 18 - George & Brenda's 1st Wedding Anniversary
 24, 25 - Keremeos Elks High School Rodeo, Keremeos

OCTOBER

22 - Taste of Our Valley, Keremeos
 31 - Halloween Spook House, Princeton Fairgrounds

NOVEMBER

Check our 'Events Calendar' at www.thenewsleader.ca for more events and meetings in the Similkameen!

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

thursday movies

MORNING

10:00 am CITY 29 ★★"Same Time, Next Year" (1978, Comedy-Drama) Ellen Burstyn. Based on the long-running Broadway play about the 26-year relationship of an adulterous couple who meet only once a year. [E]

AFTERNOON

5:00 pm WGN 38 ★★"Split Decision" (2000, Documentary) Boxer Jesus Chavez's promising career is threatened by his deportation to Mexico for a crime committed in his youth.

EVENING

6:00 pm CITY 29 ★★"XChange" (2000, Science Fiction) Stephen Baldwin. In a future where people travel by exchanging bodies, an executive's corporeal form is stolen by an assassin. (DVS)

7:00 pm WTBS 3 ★★"Bad Boys" (1995, Drama) (PA) Martin Lawrence. Two Miami cops must switch identities while searching for a large quantity of heroin stolen from police headquarters. [E]

9:00 pm FAM 26 ★★"Beverly Hills Cop II" (1987, Comedy) Eddie

Murphy. Axel Foley returns to California when his friend is critically wounded while investigating a series of robberies. (In Stereo) [E]

9:10 pm WTBS 3 ★★"Bad Boys" (1995, Drama) (PA) Martin Lawrence. Two Miami cops must switch identities while searching for a large quantity of heroin stolen from police headquarters. [E]

10:06 pm CITY 29 ★★"American Pimp" (1999, Documentary) Purveyors of the world's oldest profession discuss their trade and how they came to be part of it. [E]

11:10 pm WTBS 3 ★★"Most Wanted" (1997, Suspense) (PA) Keenen Ivory Wayans. A former military hero becomes the object of a manhunt when he is set up to take the fall in a botched assassination. [E]

Weather?
 Updated Hourly...
Road Reports?
 Updated Daily...
www.thenewsleader.ca

friday movies

MORNING

10:00 am CITY 29 ★★"Cop and a Half" (1993, Comedy) Burt Reynolds. An 8-year-old murder witness forms an alliance with a misanthropic police detective. [E]

AFTERNOON

5:00 pm WTBS 3 ★★"Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Dr. Evil and a new ally named Goldmember kidnap Austin's father and plot to take over the world. [E]

EVENING

6:00 pm CITY 29 ★★"Addicted to Love" (1997, Comedy-Drama) Meg Ryan. An astronomer and a woman who broke into his loft join forces to spy on their ex-lovers and plot their revenge. [E]

7:00 pm WTBS 3 ★★"Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Dr. Evil and a new ally named Goldmember kidnap Austin's father and plot to take over the world. [E]

7:30 pm FAM 26 ★★"Eddie's Million Dollar Cook-Off" (2003, Comedy) Taylor Ball. A baseball prodigy puts his teammates in a pickle when he enters a cooking contest that interferes with the playoffs. (In Stereo)

8:00 pm KNOW 5

★★★"Housekeeping" (1987, Comedy-Drama) Christine Lahti. Adapted from Marilynne Robinson's novel. An eccentric woman moves in with her two orphaned nieces in the 1950s.

FOX 25 ★★"Barbershop" (2002, Comedy) Ice Cube. Premiere. The owner of a popular barbershop considers selling the place to a loan shark who wants to convert it into a strip club. (In Stereo) [E]

9:00 pm FAM 26 ★★"Jury Duty" (1995, Comedy) Pauly Shore. An aimless loafer creates disorder in the court when he is assigned as a juror on a high-profile murder trial. (In Stereo)

10:06 pm CITY 29 "Beverly Hills Bordello 9" (1998, Adult) A collection of erotic tales.

10:30 pm FAM 26 ★★"Mick & Maude" (1984, Comedy) Dudley Moore. A married TV personality falls in love with a concert musician and decides that two wives are better than one.

11:10 pm KSPS 5 ★★"The Fortune Cookie" (1966, Comedy) Jack Lemmon. A TV cameraman hurt while covering a football game is told by his brother-in-law how to get a big insurance settlement.

Online Classified Ads:
www.thenewsleader.ca

Horoscopes

July 18-24, 2005

Aries - You begin a new phase in your life, starting now. You see life in a far more serious vein, and you are more concerned about the future. You may feel angry, frustrated, even thwarted. Patience!
Taurus - Your enthusiasm about home improvement begins to wane this week, and may even seem like a burden this weekend. You will want to indulge yourself, have fun, and go places. Sorry! Wait a bit.
Gemini - If you have been thinking of a vacation, this weekend would be a good time to start. Things have settled down for you, and you can relax for a week. Forget plans that didn't work out.
Cancer - You receive some pleasant messages and visits this week. Be cautious about spending, and take your finances more seriously. You are entering a phase when money will be in short supply. Conserve.
Leo - This is the beginning of a very challenging time for you. Spouse or parents could become a burden, or perhaps it is you who feel in need of care. Your tired feeling can alter to determination.
Virgo - You now begin a phase in which you see life quite differently. You could become your own worst enemy. Stick within the letter of the law and good ethics. Guard your health, settle down to job demands.
Libra - This is a time for serious planning, as well as a time to look closely at groups you belong to. You may feel lonely, especially if separated from your children and young folk. Communicate.
Scorpio - Career demands become heavier this weekend. Plan to mix it with fun, if possible. Young people bring joy. You can have happy times with groups of friends. Guard against cuts, burns, infections.
Sagittarius - Review your tax picture, debts, mortgages, and put them on a reasonable balance. Apply all of your skills and planning ability to learning everything you need to know for your career.
Capricorn - You might heave a sigh of relief this week as some burden is lifted. Your problems shift to different area. You will deal with debts, mortgages, investments. Use determined effort, make changes, plan.
Aquarius - Somebody will bring you a gift, or a pleasant surprise, this weekend. It could be a visit, or just an opportunity to have fun. Take time to share ideas, activities, one on one. You feel good now.
Pisces - Partner, spouse and friends treat you to some fun this weekend. You are still bogged down with work, but you could take some time to enjoy a rest and socializing. Watch for errors in information this week.

Similkameen News Leader Recipe Corner (Recipe #73)

Rice With Chicken

- 1/4 lb. fresh mushrooms, sliced
- 2 1/2 lbs. chicken
- 2 tbsp. butter
- 1/2 cup sliced onions
- 1/4 cup sliced green pepper
- 1/2 clove garlic
- 1 1/4 cups chicken broth
- 1 lb. can whole tomatoes
- 1/4 cup tomato paste
- 1 tsp. salt
- 1/2 bay leaf
- 1 1/3 cups instant rice

Arrange chicken in an ungreased shallow pan. Bake at 400 degrees for 30 minutes. Saute mushrooms in butter until tender. Add remaining ingredients to mushrooms. Simmer for about 20 minutes. Push chicken to one side of baking pan. After removing bay leaf and garlic, mix tomato mixture and rice. Pour into same pan as chicken and bake for 20 minutes longer. Serves 4.

If you have a favourite recipe you would like to share, contact us for details!
 226A Bridge Street, Princeton

THURSDAY, JULY 21, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Movie: "The 6th Day"	News	(Off Air)	Stretch	News	News	Biography "Michael Landon"	(5:00) News	News (Live)	(5:00) News (Live)	Monsters	SportsCentre	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Best Intentions	Good Morning America			Stickin	SportsCentre	Canada AM	Gods and Demons (N)	Libertys	Aladdin	News	CityLine	Matlock "The Haunted"
8 AM	Dawson's Creek	100 Huntley Street	Hi-5	Arthur (EI)			Investigative Reports			100 Huntley Street	Jacob	SportsCentre		MythBusters	Paid Prog.	Lilo Stitch		Close-Up	Rockford Files
9 AM	Cosby	Save-Ums!	Magic Bus	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Mona	Off-Record	Regis and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline	Reading	Ellen DeGeneres Show	The Price Is Right	American Justice	The View	World Vision	Room	Rupert	I'd Do Anything	The View	Shark Roulette	The Larry Elder Show	Higglytown	Jerry Springer (N)	Movie: "Same Time, Next Year" (1978)	News
11 AM	Harvey	Judge J.	CG Kids	Yoga	Frasier	Young and the Restless	Third Watch	Paid Prog.	The Insider	News (Live)	D'Myna	Golf: Senior British	Balance-TV	Planet of the Clones	Montel Williams	King	Jerry Springer	Ellen	Rockford Files
12 PM	Drew	News	Reach-Top	Charlie Rose	Paid Prog.	News	Biography "Michael Landon"	All My Children	News (Live)	Days of our Lives	SpongeBob	Open -- First Round	Daily	Planet of the Clones	Perry Mason	Fillmore	Maury	Burslyn	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	Journal	Painting	Days of our Lives	As the World Turns	Best Intentions	One Life to Live	As the World Turns	As the World Turns	George S.	PGA Golf: U.S. Bank	Vicki G.	Animal Face-Off	Fam. Feud	Recess	Jerry Springer	Starville	Funnest Home Videos
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Passions	Guiding Light	Investigative Reports	General Hospital	Passions	Passions	Mona	hip in Milwaukee	General Hospital	Canadian Geographic	Pat Croce	Proud	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	City Confidential	Paid Prog.	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	How-Made	Starting Over	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	Dora the Explorer	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	Pregame	Frasier	Daily Planet	Little House	Recess	Xiaolin	Sex & City	Will-Grace
5 PM	Friends	News	George S.	BBC World	News	News	Cold Case Files "The Killer's"	ABC News	Global	Global	Oddparent	Pregame	Friends	American Shark (N)	Malcolm	Proud	Sabrina	Hey Joel	Movie: "Split Decision"
6 PM	Friends	Will-Grace	Edge	News-Lehrer	News	News	Tattoo & 92"	News	News (Live)	Summit	SpongeBob	Esquimos at Ottawa Renegades (Live)	News	Extreme Engineering	Simpsons	Darcy	Friends	Movie: "XChange" (2000)	Documentary
7 PM	Movie: "Bad Boys" (1995) (PA)	Fortune	Modern Meat	History Detectives (N)	Jeopardy!	Seinfeld	The First 48 (N)	Entertain	Entertain	Without a Trace	Endurance		eTalk Daily	Death-Torpedo	Will-Grace	Even	Raymond	Stephen Baldwin	WGN News at Nine
8 PM	Martin Lawrence	Stargate SG-1	Ministers	Jonathan Creek	Joey	Big Brother 6	Inked	Extreme Makeover	Joey	Big Brother 6	ReBoot	SportsCentre (Live)	Veronica Mars (N)	Daily Planet	70s Show	Boy World	Smallville "Sacred"	News	Becker
9 PM	Movie: "Bad Boys" (1995) (PA)	Largo Winch (DVS)	Northern Legacy	Battlefield	Joey	CSI: Crime Scn	Cold Case Files "The Killer's"	Hooking Up (N)	Will-Grace	Will-Grace	Mystery	World Muscle Power II	CSI: Crime Scn	American Shark	The O.C.	Movie: "Beverly Hills Cop II" (1987)	Everwood	Jimmy Kimmel Live	Home Delivery
10 PM	Martin Lawrence	The National	Lost Treasures	Soundstage (N)	Will-Grace	Without a Trace	Tattoo & 92"	PrimeTime Live	Without a Trace	News	Inuyasha	Billiards: Border	CSI: NY "Outside Man"	Death-Torpedo	News	Boy World	KTLA Prime News	Movie: "American Pimp" (1999)	Justice
11 PM	Movie: "Most Wanted"	News	Perspectives	Charlie Rose (N)	News	News	The First 48	News	News (Live)	(11:03) Fear Factor	Yvon	SportsCentre (Live)	News	Frontiers of	Becker	My So-Called Life	Will-Grace		Elimidate

FRIDAY, JULY 22, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Saved-Bell	News	(Off Air)	Body Elec.	News	News	Murder, She Wrote	(5:00) News	News (Live)	(5:00) News (Live)	Monsters	SportsCentre	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today Ice cream extravaganza	The Early Show	Murder, She Wrote	Good Morning America			Stickin	SportsCentre	Canada AM	American Shark	Libertys	Aladdin	News	CityLine	Matlock "The Haunted"
8 AM	Dawson's Creek	100 Huntley Street	Hi-5	Arthur (EI)			Investigative Reports			100 Huntley Street	Jacob	SportsCentre		American Hot Rod	Paid Prog.	Lilo Stitch		At Movies	Rockford Files
9 AM	Cosby	Save-Ums!	Magic Bus	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street	World Vision	Mona	Off-Record	Regis and Kelly	Daily Planet	Dharma	Pooh	Maury	News	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline	Reading	Ellen DeGeneres Show	The Price Is Right	American Justice	The View	World Vision	Homes	Rupert	I'd Do Anything	The View	How-Made	The Larry Elder Show	Stanley	Jerry Springer (N)	Movie: "Cop and a Half" (1993)	News
11 AM	Harvey	Judge J.	CG Kids	Yoga	Frasier	Young and the Restless	Third Watch	Paid Prog.	The Insider	News (Live)	D'Myna	Golf: Senior British	Balance-TV	Planet of the Clones	Montel Williams	King	Jerry Springer	Burt Reynolds	Rockford Files
12 PM	Drew	News	Edge	Charlie Rose	Paid Prog.	News	Murder, She Wrote	All My Children	News (Live)	Days of our Lives	SpongeBob	Open -- Second Round	Daily	Frontiers of	Perry Mason	Fillmore	Maury	CityLine	Magnum, P.I.
1 PM	Yes, Dear	Days of our Lives	Safe Pass	Painting	Days of our Lives	As the World Turns	Murder, She Wrote	One Life to Live	As the World Turns	As the World Turns	George S.	PGA Golf: U.S. Bank	Vicki G.	Extreme Engineering	Fam. Feud	Recess	Jerry Springer	Relic Hunter	Funnest Home Videos
2 PM	Home Imp.	The Outer Limits	Gaslight	Mr Rogers	Passions	Guiding Light	Investigative Reports	General Hospital	Passions	Passions	Mona	hip in Milwaukee	General Hospital	Death-Torpedo	Pat Croce	Proud	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Diva Dime	Timothy	Postcards	Brown	Dr. Phil	City Confidential	Paid Prog.	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Super Ships "Top Ten"	Starting Over	Fillmore	Pokémon	News (Live)	Home Imp.
4 PM	Raymond	Simpsons	Dora the Explorer	Cyberchas	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	Billiards: Mosconi Cup	Frasier	Daily Planet	Little House	Recess	Xiaolin	Sex & City	Will-Grace
5 PM	Movie: "Austin Powers in International Man of Mystery" (2002)	News	George S.	BBC World	News	News	Biography: J.K. Rowling	ABC News	Global	Global	SpongeBob	Pregame	News	Last Shark Hunter (N)	Malcolm	Proud	Sabrina	Star Trek: Enterprise	MLB Baseball: Chicago Cubs at St. Louis Cardinals
6 PM	Goldmember (2002)	Will-Grace	Safe Pass	News-Lehrer	News	News	Angel	News	News (Live)	Homes	Yu-Gi-Oh!	Football: Montreal Alouettes at Winnipeg Blue Bombers (Live)	News	Bermuda-Sold	Simpsons	Zoey 101	Friends	Movie: "Addicted to Love" (1997) Meg Ryan	WGN News
7 PM	Movie: "Austin Powers in International Man of Mystery" (2002)	Fortune	Oceans: Quest	Wash Wk	Jeopardy!	Seinfeld	Biography "Al Qaeda"	Entertain	Entertain	The Outer Limits	Gundam		eTalk Daily for Hollywood	Blueprint for Disaster	Will-Grace	School	Raymond		
8 PM	Goldmember (2002)	Air Farce	Movie: "Housekeeping" (1987) Christine Lahti	NOW (N)	Dateline NBC	60 Minutes II	Amer. Justice	8 Rules	Gilmore Girls	Gilmore Girls	One Piece	SportsCentre (Live)	Beauty and the Geek	Daily Planet	Movie: "Barbershop" (2002) Ice Cube. Premiere.	Movie: "Jury Duty" (1995, Comedy)	Reba	Jimmy Kimmel Live (N)	Home Delivery
9 PM	Store	Just for Laughs	Great Performances		JAG "The Sixth Juror"	Biography: J.K. Rowling	Angel	20/20	20/20	News	Inuyasha	K1 Canada	Robson	MythBusters	News	Movie: "Micki & Maude" (1984)	Will-Grace		Elimidate
10 PM	Family Guy	The National	Sherlock Holmes	Vicar-Dbly	Trial by Jury	NUMB3RS	Angel			(11:03) Fear Factor	ReBoot	SportsCentre (Live)	News	American Chopper	Becker	Just Shoot			
11 PM	Oblongs	News	Canada-History	"The Fortune Cookie"	News	News	Biography "Al Qaeda"	News	News (Live)		Beasties		News						

saturday movies

MORNING

7:00 am WTBS (3) ★★ "Sister Act 2: Back in the Habit" (1993, Comedy) Whoopi Goldberg. Lounge singer Deloris and her nun friends try to turn neighborhood youths into a choir to save a school from closing. (E)

9:05 am WTBS (3) ★★ "Serendipity" (2001, Romance) John Cusack. Years after they tempted fate once too often, two destined lovers return to New York to find each other once again. (E)

11:00 am WGN (38) ★★ "Meet the Deedles" (1998, Comedy) Steve Van Wormer. Two sibling surfers from Hawaii take Yellowstone Park by storm when they are mistaken for park ranger recruits. (In Stereo) (E)

11:20 am WTBS (3) ★★ "Only You" (1994, Comedy) Marisa Tomei. A fateful phone call sends a bride-to-be on a journey to Italy to find her destined true love. (E)

AFTERNOON

12:00 pm FAM (26) "Zenon: Girl of the

21st Century" (1999, Science Fiction) Kirsten Storms. A mischievous youngster who has spent her whole life in space has a lot of adjusting to do on Earth.

1:00 pm CITY (29) ★★ "In God's Hands" (1998, Action) Patrick Shane Dorian. Three professional surfers travel together on a global quest for the ultimate wave. Directed by Zalman King. (E)

1:30 pm FAM (26) ★★ "The Cheetah Girls" (2003, Comedy-Drama) Raven. Four teens hold on to their dream of musical fame while navigating the twists and turns of their normal lives. (In Stereo)

1:45 pm WTBS (3) ★★ "Sister Act 2: Back in the Habit" (1993, Comedy) Whoopi Goldberg. Lounge singer Deloris and her nun friends try to turn neighborhood youths into a choir to save a school from closing. (E)

3:45 pm WTBS (3) ★★ "You've Got Mail" (1998, Comedy) Tom Hanks. Two rival bookstore owners are unaware that they are conducting a secret romance with each other on the Internet. (E)

4:00 pm YTV (18) "Balto III: Wings of Change" (2004, Adventure) Voices of Sean Astin. Animated. Sled dogs and mushers challenge a pilot to a race when it appears that they will lose their mail duties. (In Stereo) (E)

KTLA (27) ★★ "Iron Eagle II" (1988, Adventure) Louis Gossett Jr. A general is assigned the task of organizing an American-Soviet air strike against a Middle Eastern missile silo. (In Stereo) (E)

EVENING

8:00 pm KXLY (10) ★★ "Notting Hill" (1999, Romance) Julia Roberts. A minor mishap leads to an episodic romance between a London bookseller and a glamorous American movie queen. (In Stereo) (E) (DVS)

8:30 pm WGN (38) ★★ "Stigmata" (1999, Horror) Patricia Arquette. A priest is called in to investigate when a young woman begins having strange visions and suffers Christlike wounds.

9:00 pm CHBC (4) "Distant Drumming: A North of 60 Mystery" (2005, Mystery) Tina Keeper. RCMP Officer Michelle Kenid's investigation of a tourist's murder puts her on a collision course with Teevee Tenia. (E) (DVS)

YTV (18) ★★ "Lucas" (1986,

Drama) Corey Haim. A precocious student befriends the new girl in town, not realizing she doesn't want to pursue a romantic relationship. (In Stereo) (E)

FAM (26) ★★ "The Thomas Crown Affair" (1999, Adventure) Pierce Brosnan. An insurance investigator finds herself falling in love with the suave tycoon she suspects masterminded an art theft. (In Stereo) (E)

CITY (29) ★★ "National Lampoon's Animal House" (1978, Comedy) John Belushi. In the early 1960s, the repulsive Delta House frat brothers battle the suave Omega House and the college dean.

9:30 pm WTBS (3) ★★ "The Negotiator" (1998, Action) (PA) Samuel L. Jackson. Two Chicago police negotiators face each other when one takes desperate action after being falsely accused of murder. (E) (DVS)

11:01 pm FAM (26) ★★ "Armed and Dangerous" (1986, Comedy) John Candy. An ex-cop and a former lawyer uncover corruption within their union after taking jobs as security guards.

Visit Us Online:

- LOCAL NEWS
- LOCAL WEATHER
- COURT NEWS
- LETTERS TO THE EDITOR
- CALENDAR OF EVENTS
- CLASSIFIEDS
- WEATHER
- ROAD REPORTS

WWW.
thenewsleader.ca

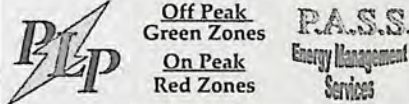
Similkameen News Leader Community Events Cruiser



CALL US TO COVER YOUR EVENT - (250) 295-4149

LEGEND TO THE TV LISTINGS Summer Months July / August "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.



Princeton Light & Power

231 Bridge Street, Princeton
Phone (250) 295-3244
Fax (250) 295-3611

Time-of-use Schedule for TOU - SUMMER MONTHS JULY - AUGUST

Hour	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

6:15 am WTBS (3) ★★ "The Replacements" (2000, Comedy) Keanu Reeves. A motley crew of aspiring athletes gets a chance to play professional football when league players go on strike. (E)

8:45 am WTBS (3) ★★ "A Night at the Roxbury" (1998, Comedy) Will Ferrell. Two sorry siblings dance their way through the Los Angeles club scene while trying to open up their own establishment. (E)

10:00 am CHBC (4) "The Piano Man's Daughter" (2000, Drama) Christian Campbell. A charismatic musician tickles both the ivories and women's hearts as a piano player with a 1930s swing band. (E)

A&E (9) ★★ "The Riverman" (2004, Mystery) Cary Elwes. Convicted serial killer Ted Bundy agrees to help detectives solve a series of grisly murders in Washington state. (E)

WGN (38) ★★ "Double Whammy" (2001, Comedy) Denis Leary. A troubled police officer begins a tentative romance with his chiropractor.

10:30 am WTBS (3) ★★ "Austin Powers: International Man of

Mystery" (1997, Comedy) Mike Myers. A swinging spy from the '60s finds that all is not groovy when he is brought out of cryogenic freeze to nab an old foe. (E)

11:00 am CITY (29) ★★ "The Second Jungle Book: Mowgli and Baloo" (1997, Adventure) Jamie Williams. Premiere. Mowgli and his animal friends must evade a circus scout and the Indian guide who may be Mowgli's uncle. (E)

AFTERNOON

12:00 pm FAM (26) ★★ "Monkey Trouble" (1994, Adventure) Thora Birch. A 9-year-old girl adopts a capuchin monkey whose previous owner taught it thievery, among other tricks.

12:30 pm WTBS (3) ★★ "Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Dr. Evil and a new ally named Goldmember kidnap Austin's father and plot to take over the world. (E)

1:00 pm CITY (12) ★★ "A Stranger In Town" (1995, Suspense) Jean Smart. A woman's hidden past returns to haunt her when a mystery man arrives at her doorstep on a

stormy night. (E)

KTLA (27) ★★ "In the Eyes of a Stranger" (1992, Suspense) Richard Dean Anderson. An innocent woman becomes the target of thieves who mistakenly believe she knows the location of their lost loot. (In Stereo)

1:30 pm FAM (26) ★★ "Pixel Perfect" (2004, Comedy) Ricky Ullman. A technical wizard creates a hologram that becomes a singer for his friend's struggling band. (In Stereo)

2:00 pm VTV (22) "Deadly Appearances" (2000, Mystery) Wendy Crewson. A university professor suspects foul play when her politician friend drops dead at a victory celebration. (In Stereo) (E)

2:30 pm WTBS (3) ★★ "The Replacements" (2000, Comedy) Keanu Reeves. A motley crew of aspiring athletes gets a chance to play professional football when league players go on strike. (E)

3:00 pm KTLA (27) ★★ "Faithful" (1996, Comedy) Cher. A hit man gets more than he bargained for when he is hired to murder the wife of a wealthy businessman. (In Stereo)

4:00 pm YTV (18) ★★ "Beethoven's 4th" (2001, Comedy) Judge Reinhold. An unusual quiet takes over the Newton household after Beethoven is accidentally switched with a more mannerly show dog. (In

Stereo) (E)

5:00 pm WTBS (3) ★★ "The Waterboy" (1998, Comedy) Adam Sandler. A football coach harnesses a simpleton's powerful anger to help lead his downtrodden team to victory. WGN (38) ★★ "Meet the Deedles" (1998, Comedy) Steve Van Wormer. Two sibling surfers from Hawaii take Yellowstone Park by storm when they are mistaken for park ranger recruits. (In Stereo) (E)

EVENING

6:00 pm CITY (29) ★★ "The Gift" (2000, Suspense) Cate Blanchett. Sam Raimi directed this atmospheric thriller about a psychic who is drawn into a murder case in the rural South.

8:00 pm WTBS (3) ★★ "The Waterboy" (1998, Comedy) Adam Sandler. A football coach harnesses a simpleton's powerful anger to help lead his downtrodden team to victory. CHBC (4) ★★ "Star Wars: Episode I - The Phantom Menace" (1999, Science Fiction) (Part 1 of 2) Liam Neeson. A Jedi master and an apprentice named Obi-Wan Kenobi meet a slave boy who may be the fulfillment of an ancient prophecy. (E) KSPS (6) ★★ "Whale Rider" (2002, Drama) Keisha Castle-Hughes. A Maori girl defies her grandfather and 1,000 years of tradi-

tion to prove she can lead their tribe. KTLA (27) ★★ "Tuck Everlasting" (2002, Fantasy) Alexis Bledel. A teenager must make a difficult choice after she meets a family of immortals who drank from a magical spring. (In Stereo) (E)

9:00 pm KREM (3) ★★ "Martin and Lewis" (2002, Drama) Sean Hayes. Jerry Lewis and Dean Martin endure a tumultuous partnership while enjoying great success as a comedy duo. (In Stereo) (E) (DVS)

FAM (26) ★★ "Walk Like a Man" (1987, Comedy) Howie Mandel. A man raised by wolves returns to civilization, where greedy relatives are pawing at his inheritance.

10:00 pm WTBS (3) ★★ "Ready to Rumble" (2000, Comedy) David Arquette. Two wrestling fanatics vow to help their vanquished hero regain his former status as king of the ring. (E)

10:15 pm CHBC (4) ★★ "Star Wars: Episode I - The Phantom Menace" (1999, Science Fiction) (Part 2 of 2) Liam Neeson. A Jedi master and an apprentice named Obi-Wan Kenobi meet a slave boy who may be the fulfillment of an ancient prophecy. (E)

10:44 pm FAM (26) ★★ "Bebe's Kids" (1992, Comedy) Voices of Faizon Love. Animated. Three lonely latchkey kids vent their frustrations. Based on late comic Robin Harris' stand-up routine.

Just The Fax, Ma'am!

Cover2Cover Bookkeeping & Office Services



226A Bridge Street
Princeton

(250) 295-6905

PROVIDING RESUMÉ, WORD PROCESSING,
FAX, SCANNING AND COPYING SERVICES

www.thenewsleader.ca

LOCAL WEATHER - UPDATED HOURLY
ROAD REPORTS - UPDATED DAILY
ONLINE CLASSIFIEDS
CALENDAR OF EVENTS
WEEKLY NEWS & SPORTS

www.thenewsleader.ca

MONDAY, JULY 25, 2005

Table with 19 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 12 rows (6 AM to 11 PM) listing TV programs and their corresponding channels.

monday movies

MORNING

6:30 am A&E (9) ***"Escape From Alcatraz" (1979, Adventure) Clint Eastwood. Based on the true story of a hardened convict who engineered an elaborate plan to bust out of the famed prison in 1962. (E)
10:00 am CITY (29) **"The Second Jungle Book: Mowgli and Baloo" (1997, Adventure) Jamie Williams. Mowgli and his animal friends must evade a circus scout and the Indian guide who may be Mowgli's uncle. (E)

AFTERNOON

12:30 pm A&E (9) ***"Escape From Alcatraz" (1979, Adventure) Clint Eastwood. Based on the true story of a hardened convict who engineered an elaborate plan to bust out of the famed prison in 1962. (E)
5:00 pm WGN (38) **"Just Ask My Children" (2001, Drama) Virginia Madsen. A couple are imprisoned after being wrongfully accused of molesting their children. Based on a true story. (In Stereo) (E)

EVENING

6:00 pm CITY (29) **"The Rich Man's Wife" (1996, Suspense) Halle Berry.

The unhappy wife of a wealthy television executive meets a sinister stranger with a murderous proposition. (E)
8:00 pm CHBC (4) ***"Clueless" (1995, Comedy) Alicia Silverstone. The social make-over of a fellow student forces a pampered Beverly Hills teen to re-examine her life and relationships. (E)
9:00 pm WTBS (3) **"Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend. (E)
10:06 pm CITY (29) **"The Rich Man's Wife" (1996, Suspense) Halle Berry. The unhappy wife of a wealthy television executive meets a sinister stranger with a murderous proposition. (E)
11:00 pm WTBS (3) **"In the Army Now" (1994, Comedy) Pauly Shore. A free-spirited slacker leads his group of misfit soldiers against Libyan troops when they wind up behind enemy lines. (E)

THE NEWS LEADER WORD SEARCH

Word search grid containing letters arranged in a 15x15 grid for a word search puzzle.

LET'S TALK ABOUT "SIMILKAMEEN PRODUCTS"

- BEEF, HAY, WOOL, FRUIT, VEGETABLES, TREES, LUMBER, FLOWERS, FIREWOOD, PELLETS, ZEOLITE, POTTERY, POSTS, RAILS, HONEY, LAMB, GOAT, TURKEYS, TRAILS, RECREATION, ART, NEWSPAPERS, GOLD, COAL

Let's Play Princeton Trivia!

Question:

Who were the Gordon Brothers?

Last Week:

The Hope-Princeton Highway was officially opened on November 2, 1949 by Premier Johnson.

www.princetonmuseum.com

Brought to you courtesy of: PRINCETON MUSEUM

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

Classified Advertising Rates



25 words \$5.00 + GST
Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)



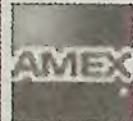
All Classified Ads *must* be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



wanted

BUY - SELL - TRADE

Stamps, Coins, Gold, Silver
Raw Gold and Platinum
Beads, Trinkets.

(250) 295-6650

Jun 07-Oct 04

Learn to speed read in 457 weeks! My "Fast Learning - Slow Working" patented method will get the job done! To find out more, just contact "Swift McBride" at 1-888-350-9969. Don't delay!

Sep 28-tfn

Limited edition Jim-Jam Flatter. Appraised value at \$1,500. Must sell for the giveaway price of \$250. Call (250) 295-1960.

Sep 14-tfn

wanted

Tomato vendor in Keremeos.
Cecil Cropley (250) 499-5506.

Jul 19-Aug 02

Cover2Cover Bookkeeping & Office Services

Fax Services
Scanning
Word Processing
Resumes - Letters

(250) 295-6905
226A Bridge Street

lost

Male, neutered chocolate point Siamese cat with blue eyes on Saturday, May 7th in A&W parking lot. "Squirt" is people shy. If you have located this cat please call (250) 442-3489 Collect. Reward offered for return.

Female black lab with blue collar. 'Jenny' went missing 23km Osprey Lake Road. (250) 295-0569.

Advertising? Call Similkameen News Leader (250) 295-4149 or 1-888-350-9969 Toll Free. We may not have a closet full of trophies and awards, but we do know what we're doing. Try us, you'll see!

services

services

services



PRINCETON & DISTRICT COMMUNITY SKILLS CENTRE

206 Vermilion Avenue, P. O. Box 69, Princeton, B. C., V0X 1W0
Phone: (250) 295-4051 • Fax: (250) 295-4052
Web: www.princetoncsc.com www.ed2go.com/princetoncsc

Start Training Anytime For An Exciting Career!

Office Administration - Pharmacy Technician - Social Service Worker
Animal Welfare Worker - Dental Assistant - Early Childhood Education
Practical Nursing - and many more certifications, diploma's and complete degrees.

Explore Distance Education

www.bccampus.com to connect with any BC College or University
www.athabascau.ca to connect with Canada's best known distance university

Or Drop Into The Princeton Skills Centre

"There's so much more inside"

CENTRE FOR INNOVATIVE COMMUNITY DEVELOPMENT

Employment Assistance and Coaching • Training and Skills Development Access
Student Support Services • Online Education Access • Community Internet Access
Rooms and Equipment Rentals • Office Services

notice

WANTED TO BUY
PRE-OWNED RIFLES.
FOR MORE
INFORMATION CALL RON
AT PRINCETON
OUTDOOR SUPPLY
295-0450 OR 295-0319

help wanted

COMPUTER TRAINING

INDIVIDUAL COURSES START 4 X DAILY

- WordPerfect
- Keyboarding
- Bookkeeping
- Office Procedures
- Intro to Computers
- Simply Accounting
- Punctuation and Writing Skills
- MICROSOFT
- Office
- Access
- Internet
- Outlook
- ACCPAC
- Data Entry
- Networking
- Quickbooks
- Windows
- Publisher
- PowerPoint

Over 180 Lessons!

ACADEMY OF LEARNING
LOCAL CALL 310-JOBS (5627)

services

Ray's Prop Repair - Winfield

New and reconditioned props.
Repair drop-off: Princeton Hydraulics & Machine Shop.

Friday to Friday turnaround.
(250) 766-2482

June 28-July 26

Cover2Cover Bookkeeping & Office Services

Fax Services
Scanning
Word Processing
Resumes - Letters

(250) 295-6905
226A Bridge Street

for sale

Troy-Bilt Roto Tiller in excellent condition. Asking \$650.00 OBO.
(250) 295-7302. Jul 19

1985 Plymouth Caravelle. Auto., 4-door, new tires on front, well-maintained. Lady driven. \$1,200 OBO. (250) 492-7315. Jul 19-Aug 02

Talk to my Machine! New service for those who can't get off the phone. Special introductory offer, call now and save later! 1-877-295-7754 Oct 26-tfn

services

TIN MAN

METAL ROOFING
Sales • Installations

295-3743
1-888-647-3377

Jul 06-tfn

notices

DAIRY QUEEN

Hiring for full & part-time positions. Front of the house, back of the house. Experience not necessary. Drop off resume in Person at the Princeton Dairy Queen.

Jan 25-tfn

ALL NATURAL
NO ANIMAL BY-PRODUCTS
100% ALL VEGETABLE
GRAINED

ROASTING CHICKENS

BARBEQUE PIGS

PORK BY THE SIDE OR POUND
ORDER SOON FOR BABY BEEF

MELODYE HOPE
(250) 295-3739

May 10 - tfn

for sale

WOOD PELLET SALES & DELIVERY

Call
Princeton Rentals
(250) 295-6545

Fridge, washer, dryer. Call (250) 295-3258 or 295-3992. Jul 12-26

real estate

Tulameen House For Sale. 160 George Street. 2 story, 8 year old custom designed home, 3-bedroom, 2-bath on large lot, vaulted pine ceiling, hardwood floors, tile, kitchen has oak cabinets, attached garage, 2 sheds and underground sprinkling system. Moments from river and Otter Lake. \$259,000. Phone Rod Dixon to view at (250) 295-3357.

Jul 12-26

Classified Advertising Rates



25 words \$5.00 + GST
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)



All Classified Ads must be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
 MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



for rent

FOR RENT

• UPPER DUPLEX, 2 BDRM,
 LARGE LIVINGROOM,
 \$500/MO INCLUSIVE DRIVE
 BY 1088-7 MILE RD. TO
 VIEW.

Drive by then call Neil at
 295-6977 Mar 23-tfn

for rent

VERY CLEAN

One Bedroom Apartments.
 - 2-minute walk to
 downtown Princeton.
 - Some suites overlook
 Tulameen River!
 - Start at only
 \$325/month.

Contact new resident manager
 (250) 295-4805

Mar 08-tfn

for sale

WATKINS PRODUCTS

For all your Watkins needs, call
 Yvette at 295-3735 or drop by the
 Backroads Bike Shop.

for sale

12' aluminum boat and boat
 trailer and Johnson 4HP motor.
 \$1,400.00. (250) 295-6855.

Jul 05-19

notices

notices

for rent

**DID YOU KNOW THAT ONE CAT AND IT'S
 OFFSPRING CAN PRODUCE APPROXIMATELY
 420,000 KITTENS IN 7 YEARS?**

**SHOCKED? SO WAS I BECAUSE MANY OF THESE
 CATS AND KITTENS DON'T FIND HOMES AND
 BECOME A NUISANCE IN OUR COMMUNITY.**

I think a start to solving this problem is to fix our cats.
 So I'm offering to help people with a donation of \$50 for a
 female and \$25 for a male cat...if you get your pet fixed.
 Contact Dawn at Princeton Bakery (295-6670) before
 your vet appointment so we can make arrangements.

Silver Crest Housing

For Seniors 55 & Older
 Bachelor Suites, \$225/mo
 1-bedroom, \$300/mo

Contact: Alice Cook
 (250) 295-6136

Or Helen Gallagher
 (250) 295-3825

Jan 18-tfn (b)

12 foot aluminum boat and trailer
 with 6HP outboard. All in
 good condition. \$1,250 OBO.
 Call (250) 295-3099 after 6:00
 PM.

Jun 28 - Aug 02 (tfn)

12-Volt self boat loader \$500
 OBO...9 1/2 foot Camper in
 good shape. \$800 OBO. (250)
 295-0201. Jul 12-26

Electric lawn mower and catcher,
 \$80.00...Antique rocking
 chair - 90 years old. Upright
 Phantom vacuum cleaner,
 \$80.00...all in prime condition.
 (250) 295-6875 after 6:00 PM..

Jul 12-26

services

Online classifieds for only \$1.00 +
 GST per month. Contact us for all
 the details! (250) 295-4149.

RENT THIS SPACE
\$5.00+ GST per Week
(250) 295-4149

www.thenewsleader.ca

help wanted

help wanted

Princeton & District Community Services is accepting applications
 for the position of Maintenance Supervisor.

The successful applicant will possess superior skills in a variety of
 areas: property management; mechanical repairs; grounds and building
 maintenance; safety procedures; communications (written and
 verbal). We are looking for a self-motivated, reliable and personable
 individual interested in working with a progressive, service based
 organization. This is currently a full-time position. Application forms
 are available at the Community Services office, 154 Halliford Street,
 Princeton, BC.

Please submit completed applications, resume and a covering letter to
 the above address or to Box 1960, Princeton, BC V0X 1W0. Closing
 date for applications is August 19, 2005.

Princeton & District Community Services is anticipating an opening
 for a RN Supervisor in their Home Support Program.

The preferred applicant will be a practicing RN with a comprehensive
 background in the geriatric and mental health fields; possess strong
 supervisory skills; be computer literate; be highly motivated and self-
 directed; a strong team member and an empathetic caregiver.
 Consideration may be extended to include persons with alternate cer-
 tification and related experience in the health care sector. This is cur-
 rently a .75 FTE position but could be adjusted up or down to meet
 the needs of the applicant. The current position requires both nursing
 and administrative skills. Community Services is a multi-service
 agency, providing services to the elderly, persons with disabilities and
 the disadvantaged within the Princeton area. Application forms are
 available at 154 Halliford Avenue, Princeton.

Interested persons should submit their application, resume and a cover-
 ing letter to the attention of Lynn Pelly, Box 1960, Princeton, BC
 V0X 1W0. Closing date for application is July 29, 2005.

Stewart Murkin, MSW RSW

SIMILKAMEEN COUNSELLING

Individual - Couple - Family Sessions
 Appointments in Princeton or Penticton

(250) 809-8808 or (250) 490-8860

NICAR LAWN CARE

YOUR LAWN CUT AND
 TRIMMED THE WAY YOU
 LIKE IT DONE!



We Also Thatch

(250) 295-7480

LEAVE MESSAGE

LICENCED

MAR 15-JUN 28

ROYAL LEPAGE

INDEPENDENTLY OWNED AND OPERATED

LOCATIONS WEST REALTY

HEAD OFFICE:

484 Main Street, Penticton, B. C., V2A 5C5



HEINZ EBNAU

SALES REPRESENTATIVE
 2004 Individual Residential Sales Leader

Princeton Office
 105 Vermillion Avenue

Phone: (250) 295-7427

1-866-562-8855

Fax: (250) 295-7417

e-mail:

heinzsells@cablerocket.com

www.royallepage.ca/princeton

**Remember:
 Heinz Sells!**

WAREHOUSEMAN'S LIEN ACT

Attention: Greg Martin
 c/o 135 Skyline Cres. N. E.
 Calgary, Alberta
 T2K 5X2

The contents of Unit 85 at Dewdney Trail Self Storage
 Ltd. have accumulated storage costs amounting to Six
 Hundred, Twenty Four Dollars and Seventy Cents
 (\$624.70). If you have not paid this outstanding account
 by July 18th, the contents will be sold by auction on
 Sunday, July 24th, to cover storage costs.

Cover2Cover Bookkeeping & Office Services

Fax Services
 Scanning
 Word Processing
 Resumes - Letters

(250) 295-6905
 226A Bridge Street

RENT THIS SPACE
\$5.00+ GST per Week
(250) 295-4149

RENT THIS SPACE
\$5.00+ GST per Week
(250) 295-4149

Classified Advertising Rates



25 words \$5.00 + GST
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)



All Classified Ads *must* be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
 MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



notices

Town of Princeton NOTICE
 For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Avenue.

BINGO HEDLEY OAPO #64
 Thursdays 5:30 PM
 Play Safe - Gamble Responsibly
 Lic. # 855423

ALCOHOLICS ANONYMOUS
 former Health Centre Building
 SUNDAY OPEN MEETINGS - 8 PM (295-7931 / 295-7229)
 WEDNESDAY CLOSED - 8 PM (295-7931 / 295-7229)
 SATURDAY OPEN - 7:30 PM (295-3571)
 TULAMEEN LIBRARY
 FRIDAY OPEN - 8 PM (295-7005)
 ALANON - HEALTH CENTRE
 MONDAY 12 NOON
 ARBOR HOUSE
 WEDNESDAY 7:30 PM (295-7005 / 295-3784)

notices

Puppies & Kittens Available For You To Adopt
 6-8 weeks old
 South Okanagan Similkameen SPCA
 (250) 493-0136
 Mar 01-tfn

SHOULD PRINCETON CHANGE BACK TO VERMILION FORKS IN TIME FOR THE 2010 GAMES -- THE 150TH ANNIVERSARY OF THE NAME PRINCETON? WE WANT TO KNOW WHAT YOUR THOUGHTS ARE ON THIS SUBJECT. VISIT OUR WEBSITE AT www.vermilionforks.ca

Narcotics Anonymous
OPEN MEETINGS
 Thursdays 7:30 PM
 160 Old Hedley Road
 Baptist Church Basement
 (USE BACK DOOR)
 Info: (250) 295-0542

notices

MONDAY NIGHT BINGO IN PRINCETON SENIOR CITIZENS BR. #30
 162 Angela Avenue
 4:30 PM Sales Start
 5:30 PM 1st 47 Bonanza #'s
 SPECIALS, REGULAR GAMES, ODD & EVEN, PROGRESSIVE SNOWBALL & LOONIE POT, "LUCKY 7" WON EVERY MONDAY (MIN. \$50.00 GUARANTEED)
 BC Gaming License #860290
 "PLAY SMART GAMBLE RESPONSIBLY"

KEREMEOS ELK'S & ROYAL PURPLE
 Every Friday
 Doors Open 5:30 PM
 Elks Hall Keremeos
SMOKE FREE BINGO

SUNDAY AFTERNON BINGO
 In Hedley at the Chuchwayha Hall
 \$25, GUARANTEED MINIMUM PAYOUT ON REGULAR GAMES (\$50, DOUBLE-UP CARD)
 PROGRESSIVE JACKPOT
 MINIMUM \$1,000! PROGRESSIVE POT OF GOLD MINIMUM \$500!
 PROGRESSIVE LOONIE POT MINIMUM \$100.
 DOORS OPEN AT 9:00 AM
 1st NUMBER CALLED AT 11:30 AM
 FOLLOWED BY EARLY BIRDS, REGULAR GAMES, SPECIALS & CONCESSION
SEE YOU IN HEDLEY!

real estate

Century 21 The Local Experts™
Princeton Realty
 224 Bridge Street, Princeton
 Phone (250) 295-6977
 Fax (250) 295-3411
 www.princetonbc.com
Property Management
 John Henry - Licensed Property Manager
 Residential & Commercial Renting and Leasing
 FULL-SERVICE PROPERTY MANAGEMENT
CALL JOHN HENRY - 295-7142
 1) Desirable commercial property on Vermillion Avenue.
Property Owners!
 Do you have a house, apartment or commercial space for rent? Call me!

real estate

Looking for an affordable way to market your product or service to your local market? Our marketing experts can show you the way. Call the Similkameen News Leader Advertising & Marketing Department at (250) 295-4149 or Toll Free at 1-888-350-9969. It's a lot cheaper than you think to advertise. What have you got to lose?
 Inventors! Got a average idea that may become a flop the day it's produced and hits the market? I want to talk to you. I'm looking for failed ideas to highlight in my upcoming book, "It Didn't Work After All." My intention is to focus on the people behind the ideas. Call me at (250) 295-1960.



Regional District of Okanagan-Similkameen PUBLIC NOTICE

Pursuant to the provisions of Section 892 of the Local Government Act, the Regional District of Okanagan-Similkameen will conduct a Public Hearing on the following Bylaws commencing at 6:30 PM on Tuesday, July 26, 2005 at the Princeton Town Hall Council Chambers, 169 Bridge Street, Princeton, B. C.

SECOND PUBLIC HEARING AMENDMENT BYLAW NO. 1725.03, 2005

That the Official Rural Land Use Bylaw Map, being Schedule 'B', Index Map of the Electoral Area 'H' Rural Land Use Bylaw No. 1725 be amended by changing the designation of the property described as District Lot 902, Portion EX NE 1/4, Except Plan 11780, 14305, 19449, 20717, H17630 (located in the community of Eastgate, adjacent to Manning Provincial Park) from RA (Resource Area) and PF (Public Facilities) to SH3 (Small Holdings 3).

The applicant is proposing a subdivision of nine (9) 0.404 ha lots. The Regional District Board has requested that a restrictive covenant to protect the public access and public use area be registered on title.

Permitted uses within the proposed SH3 (Small Holdings 3) designation include agriculture; single family dwellings, or mobile homes, or travel trailers; home occupation; care centre; public parks; and buildings and structures auxiliary to the aforementioned uses.

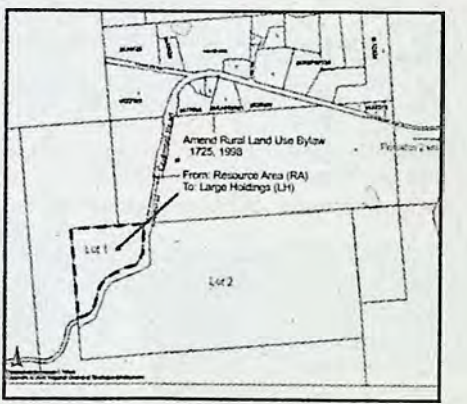


AMENDMENT BYLAW NO. 1725.05, 2005

That the Official Rural Land Use Bylaw Map, being Schedule 'B', Index Map of the Electoral Area 'H' Rural Land Use Bylaw No. 1725 be amended by changing the designation of the property described as Lot 1, Plan KAP72121, District Lot 1133, YDYD (located west of Princeton along the west side of Coalmont Road) from RA (Resource Area) to LH (Large Holdings).

The applicant is proposing to subdivide the property into two 4 ha lots.

Permitted uses within the proposed LH (Large Holdings) designation include agriculture; forestry; stables, commercial or private kennels, and animal hospitals; mineral and aggregate exploration; single family dwellings, or mobile homes, or gravel trailers; cemeteries; home occupation; home industry; auxiliary dwellings or mobile homes to accommodate farm help; secondary suite; fruit and vegetable stand; guest ranch, guide camp; and buildings and structures auxiliary to the aforementioned uses.



Copies of the above Bylaws are available for inspection between the hours of 8:30 AM and 4:30 PM Monday through Friday, excluding holidays, from July 13, 2005 to July 26, 2005, both inclusive, in the office of the Regional District of Okanagan-Similkameen, 101 Martin Street, Penticton, B. C. and at the Princeton Town Hall, 169 Bridge Street, Princeton, B. C.

Written comments regarding these applications will be received at the Regional District office up to and including July 25, 2005. At the Hearing, all persons who deem their interest in property affected by the proposed Bylaws shall be given an opportunity to present written information or to speak to matters contained within the Bylaws.

Pursuant to Section 891 of the Local Government Act, this Public Hearing has been delegated to the Director of Electoral Area 'H'.

Susanne Theurer, MCIP
 Acting Director of Planning & Building Inspection

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

When a little does a lot

We are pretty amazed at this.

Dawn from the Bakery approached us weeks ago with a plan of hers. She's a HUGE supporter of the SPCA and all things related to Animal Welfare.

Anyway, her idea was to provide a donation to anyone planning on 'fixing' their pet. The donation amount is \$50 for a female cat and \$25 for a male.

While we admit at first we thought she was far too generous in her donation amount, it also showed to us how committed she is to trying to reduce the number of unwanted cats.

What really got our attention was facts and figures she shared with us. One cat and it's offspring can produce around 420,000 kittens in seven years.

You do the math.

As you can imagine, many of these kittens don't find homes and eventually become a nuisance in the community.

It's enough to make you shake your head in amazement, and that's what makes us so happy to be able to help Dawn get the word out about her generous offer of providing financial assistance to cat owners.

There are some guidelines that have to be met, which can be discussed with Dawn.

We are pleased to report is that so far - in the past month - a total of three cats have been 'fixed' through this program of Dawn's.

It may not sound like much, but we subscribe to the thought that every little bit counts and for someone to offer to pay for a portion of the cost of having a cat neutered or fixed, we think that deserves a little more than just a pat on the back.

So the next time you stop into Princeton Bakery for your daily - or weekly - doughnut or bread fix, remember you are helping a local business operator (and animal lover) do something good for the four-legged animals who can't speak for themselves.

As animal lovers ourselves, we deeply appreciate Dawn's contribution to controlling the pet population. We hope many more people take her up on her offer and have their kittens fixed or neutered.

Way to go, Dawn!

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.
 The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!
 The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

ISSN 1712-090X

Your Independent Source for Valley News & Information
 Published weekly by Bengel Publishing Inc.
 226A Bridge Street, P.O. Box 956,
 Princeton, B.C., V0X 1W0
 Phone (250) 295-4149 • Fax (250) 295-4103
 www.thenewsleader.ca

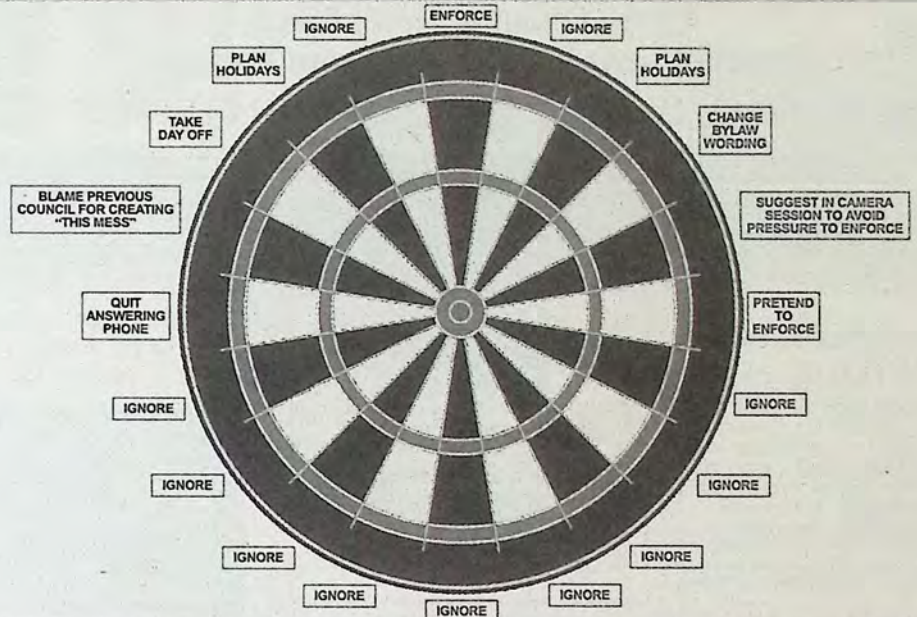
MEMBER

Princeton Area Business Enhancement Association
 Princeton & District Chamber of Commerce
 Similkameen Country, Keremeos
 Canadian Association of Journalists

Publisher:
 Office Administrator:
 Reporter:

George Elliott
 Brenda Engel
 Dawn Johnson

Town of Princeton Bylaw Enforcement Procedure



your turn

Reader takes on bylaw issue

Dear Editor:

Re: By-Law Editorial

As the article was written with a little humour, it also points out a real amount of Truth. The truth being the bylaws are written in black and white.

Almost all of the current bylaws were adopted by past councils. They were well thought out and put into law for very good reasons.

From time to time, revisions and updates are good policy. Now the problem, for some untold reason the past and present councils have relinquished the power of enforcement to the front office.

Until council does what they swore to do when they took the oath of office and take back the power of enforcement and enforce the bylaws fairly, nothing will change.

The way it works now is: A taxpayer will be notified of a bylaw violation, told to correct it or the town will do it and charge them.

Half a block or a block down the street, the same violation, that taxpayer walks away without even a warning.

These two bylaw violations are a fact that are still going as I write this letter.

Lottery you bet. One taxpayer pays to keep his property in accordance with the bylaws, while the other taxpayer walks away without a word.

There are bylaw violations that were sent to this council signed by 10 - 12 property owners, which to this day have never been resolved. Lottery you bet.

So until the mayor and council take their oath of office seriously and review all bylaw violations as a council, and as a council direct the front office to correct all such violations forthwith, fairly and equitably across the board nothing will change.

Letter To The Editor

Participant says thanks

To the Editor;

Hi, my name is Kathie Dunn from Kamloops and I participated in the Trans-Canada Trail Challenge.

I was wondering if you could send me a copy of your paper if you have done an article on it.

My friends and I were on the

A very good start would be for the mayor and council members to read and understand the bylaws.

We already had a sad case of a councilor answering a question put to him by reporter Dawn Johnson a couple of years ago. That councilor by not knowing the bylaws gave out totally wrong and misleading information to the News Leader, which when pointed out to the News Leader was quickly corrected.

Writers Note: There should absolutely no reason for a bylaw written in black and white, easy to understand, take five months to resolve. Lottery you bet!
 Yours truly, Don & Julie Fleming

horses, and can't say enough about the ride.

We thoroughly enjoyed ourselves and all the volunteers really made it special.

Thanks and again, we really enjoyed the town and people in your area.

- Kathie Dunn, Kamloops

Should Princeton go back to being Vermilion Forks?
www.vermilionforks.ca

Tell Us What You Think.

YES

NO

Please visit our friends:
www.keremeos.net
www.hedleybc.com
www.vermilionforks.ca

This year,
 summer is our treat.



Join Now
 Rest of Summer
FREE*

©2005 Curves International

Join Curves, where over four million women are succeeding at losing weight, and we'll give you the rest of the summer for free. Just 30 minutes, three times a week is all it takes to see real results. This summer, it's your time to shine.

Curves

The power to amaze yourself.™

Over 9,000 locations worldwide.

295-7372
 255 Bridge St.
 Princeton, BC V0X 1W0

curves.com

*Offer based on first visit enrollment, minimum 12 mo. C.d. program. Service fee paid at time of enrollment. Not valid with any other offer. Valid only at participating locations through 8/21/05.



Nikolaos Nasz won the Pharmasave draw held during the Show 'n' Shine on July 9th. The 8-year old won a Skittles folding chair.

Letter To The Editor

Toews examines radio stats

Dear Editor;

Those who would denounce Canada's public broadcaster have received yet another blow from Statistics Canada. I won't break down the statistics but I will say that we are told the CBC audience is the second largest listener segment in all of Canada, closely behind the so-called 'adult contemporary music' stations. I believe that the reasons for this disparity are few and simple. Privately owned stations greatly outnumber CBC outlets and therefore cover a larger area. There are many people, like me, who live beyond the range of the nearest CBC transmitter but can readily access private radio. We resort to satellite and short wave radio to get our daily fix of mostly neutral news and talk shows where everyone's opinion is heard without being shouted down by the host. Our situation is probably due to the fact that the under-funded CBC is unable to fulfill its mandate of broadcasting to all of Canada.

In recent times I've read in the local media that the CBC is a relic of the past; that it needs to be shelved in favour of the inanities of

consumerism, assaulting our eardrums and insulting our intelligence, as brought to us by privately owned radio. And that is the main reason for this letter.

On the lighter side, the same statistics also tell us that the higher your education the more likely that you will tune in to the CBC. Another interesting statistic tells us that the least educated segment of the Canadian population listens to country music. I have not yet been able to make a direct connection but would anyone be surprised to hear the twang of Flatt and Scruggs wafting through the halls at the Provincial Ministry of Education? Sincerely, HP Toews

(Editor's note: As short wave listeners, we are aware of the fact that the CBC has a global presence in the form of Radio Canada International, which has been on the air since 1945. RCI broadcasts in nine different languages, including English. In addition to their own broadcasting towers, RCI is broadcast (in partnership) over 350 other radio stations in 70 different countries).

Similkameen News Leader
 AN INDEPENDENT NEWSPAPER



There Are No Chains On Us!

100% LOCALLY OWNED & OPERATED

226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0
 Phone: (250) 295-4149 • Fax: (250) 295-4103
www.thenewsleader.ca



Princeton Rotary Club had committed a total of \$5,000 to the Trails Project and the cheque was presented at last week's Rotary regular Tuesday luncheon meeting. Club Treasurer Kurt Lozinski, left, hands the cheque to Judy Short, President of Vermilion Trails Society. Rotarian Ken Blower joins them.



Princeton's CIBC Branch marked 100 years of service to the community with an open house on Friday. The staff gathered together for a photo before the branch opened for business. From left, Lori Clifton, Myra Harker, Sandra Webster, Lynn Holland, Tammy Simon and Edna Blomme.

CLASSIFIED ADS FOR ONLY A DOLLAR A MONTH?

www.thenewsleader.ca

SMI Computers



Sales & Service
Selected Accessories
Customized Orders

#2-195 Bridge Street (behind Notary Public)

10:00 AM - 5:00 PM Monday - Friday
(250) 295-6622 • Shawn Milner

KING OF FLOORS

Laminate Flooring

\$1.69 SQ. FT.
8.3mm - 25 Year Warranty

Micro-Bevel Flooring

\$2.49 SQ. FT. **NEW!**
8.3mm - 25 Year Warranty
ONE WEEK ONLY - Underpad Included

Natural Slate

\$3.49 SQ. FT.
12 x 12

SPECIAL BUY

Real Oak
Hardwood Flooring
3/8 x 2"
4 Colours
\$2.99 SQ. FT.
25 Year Warranty on Finish

100-197 Warren Avenue East, Penticton (250) 492-2928
Toll Free: 1-877-492-2928
Monday - Friday 9 AM - 5 PM Saturday 10 AM - 4 PM

Desert Connections

The South Okanagan Community Information Paper

Phone: (250) 495-6681
Fax: (250) 495-0477

Box 422, Bag 4500, 8513 Main Street
Osoyoos, B. C., V0H 1V0

www.desertconnections.ca
ads@desertconnections.ca

Full coverage of Oliver and Osoyoos.
Circulation 5,000.

Century 21

The Local Experts™

Princeton Realty
224 Bridge Street, Princeton
Phone (250) 295-6977
Fax (250) 295-3411

See The Local Experts For All Your Real Estate Needs

View Our Picture Boards at
224 Bridge Street, Princeton

View Our Pictures Online at
www.princetonbc.com

THE LEADER IN SALES AND LISTINGS YEAR AFTER YEAR*

* MLS statistics 1990-2004



HONDA

Power Equipment



Mac's Auto Parts Ltd.
193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344

HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS

C.J.M. Plumbing

COMPETITIVE SALES AND SERVICE

New Fixtures Supplied and Installed
Drain and Sewer Cleaning - Service Repair
Hot Water Tanks - Hot Water Heating

Emergency Service
Fully Licensed

295-7085
Dave Mack

CLASSIFIED ADS

FOR ONLY A

DOLLAR A MONTH?

www.thenewsleader.ca





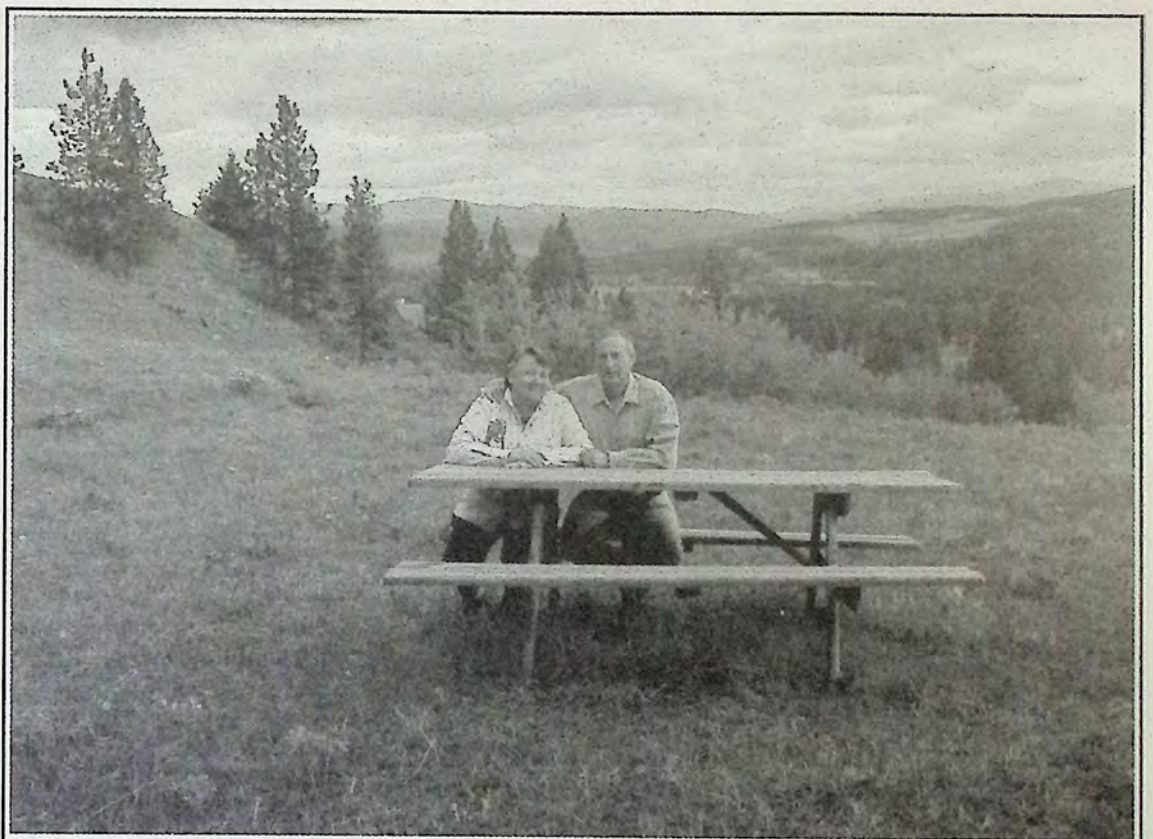
MODEL TRANSFER

STAN THOMPSON
CERTIFIED SEPTIC INSTALLER

35 YEARS IN BUSINESS...WE HAVE THE EXPERIENCE

SEPTIC TANK AND DRAINFIELD INSTALLATION
LOT CLEARING - CULVERTS - EXCAVATION
WATER LINES - BASEMENTS - ETC

Phone/Fax: (250) 295-6173 Cell: (250) 295-8377
OR Glen: (250) 295-8398



June and Brad Hope are featured in an article in the August issue of Harrowsmith Country Life magazine.

News Leader contributes to Harrowsmith

Local ranchers Brad and June Hope and coalbed methane gas exploration are the subject of a one page feature article in the August issue of Harrowsmith Country Life magazine.

The article, titled "What Lies Beneath" includes a photo taken by News Leader owner/publisher George Elliott.

"I got a call right out of the blue two months ago," Elliott says.

"I knew what the story was about

and called the Hope's to arrange for a photo day. I think Harrowsmith was expected all sorts of destruction - which there wasn't - so I decided to emphasize the beauty of the valley in the photo. When I got to the Hope's house on Highway 3 we briefly discussed possible locations and Brad suggested taking a short drive out on their range land. I took about 40 photos under overcast skies and as we got ready to leave I

spotted this weathered picnic table virtually next to where we parked. I got them to sit at it for a couple more photos knowing instantly that that was the shot."

Harrowsmith Editor Tom Cruickshank agreed picking it out of six different photos submitted.

Harrowsmith Country Life magazine, published monthly in Ontario, is available at a few locations in Princeton including Pharmasave.

Highway accident injures two

On Friday, July 15th just after 8:00 AM, Princeton RCMP, BC Ambulance Service and Princeton Rescue attended a single vehicle accident approximately 7km West of Sunday Summit in the 'S' curves.

"The vehicle had entered the curve too fast and went off the road and down a steep embankment,"

says Cst. Myrl Stus of Princeton RCMP.

The 82-year old male driver from Burnaby was injured at the scene with lacerations to his head and arm.

He was extricated by the Rescue

members, a 51-year old female passenger had no serious injuries, both were taken by ambulance to hospital.

The 82-year old male was issued a violation ticket under the Motor Vehicle Act.



This vehicle left Highway 3 just West of Sunday Summit early Friday morning. Photo: Cst. Myrl Stus, Princeton RCMP.

WORKZONE

Employment Services & Resource Centre

Serving the Okanagan & Similkameen Valleys

Drop in Services

- Job Postings
- Computers
- Internet Access
- Resume Software
- Photocopying & Fax
- Message Services
- Workshops
- Employer Presentations
- Guest Speakers
- Networking

FREE EMPLOYMENT SERVICES

Personal consultation ... by appointment

If you are unemployed, or working less than 20 hours per week

- Thinking of furthering your education
- Training funds may be available
- Subsidies for on-the-job training
- Self-employment programs
- Assistance with job search

Penticton
#101, 575 Main St
Ph 493-0225

Summerland
#14, 13604 Victoria Rd N
Ph 404-4256

Oliver
36071 - 97th St
Ph 495-0115

Osoyoos
7611 Spartan Dr
Ph 495-3955

Keremeos
427 - 7th Ave
Ph 499-6300

Princeton
#3, 136 Tipton Ave
Ph 295-8201

Operated by VerTex Diversified Services Ltd

The Government of Canada has contributed funding to this initiative **Canada**

www.thenewsleader.ca
www.vermillionforks.ca



Rotary Exchange Student Cyrielle Bon poses for one last photo with members and guests at the Rotary Club's luncheon meeting last Tuesday. From left, Marilyn Lawrence (guest), Bob Cormack, Bill Huyssoon, Stan Heibert, Peggy Stoltz, Shelley Lozinski (guest), Kurt Lozinski, Kevin Kelbert, Dennis Loeppky, Colleen Stevens, Bon, Larry Stevens, Jr. (hidden), Lawrence Stoochnoff, Ken Blower, George Elliott, Larry Stevens, Sr., Mike Talarico and Ernie Lawrence.

SINCE 1973

ROBERT R. WICKS
BARRISTER & SOLICITOR
213 Vermilion Avenue, P.O. Box 760
Princeton, B.C., V0X 1W0
Fax: 295-7000 Phone: 295-3123

HAYES CREEK ELECTRIC
& REFRIGERATION RR 33771

Jim Barnes
Electrical Contractor
87 Angela Avenue, Princeton
Phone: (250) 295-7440 OR CELL: (250) 295-5021
Toll Free 1-866-999-7440

PLP approved installer for: **STEFFES**
ELECTRIC THERMAL STORAGE HEATERS CORPORATION

Driver loses licence

When Cassidy B. Gilfillen was apprehended on January 10, 2004,

Man agrees to peace bond

On July 14, in Princeton Provincial Court, Keith Peterson agreed to enter into a 12 month peace bond. The lower mainland man agreed to a \$500 peace bond with two conditions: no contact with former spouse, and 12 months of counselling.

Prohibited driver loses more time

Represented by an agent, Vanessa Tronson, of Edmonton, entered a guilty plea to driving while prohibited.

She had been stopped on March 27, then charged when police discovered her driving privileges had been suspended.

On July 14, in Princeton Provincial Court, Judge G. Sinclair ordered Tronson to pay a \$500 fine and revoked her driving privileges for one year.

Man must pay

On July 14, in Provincial Court in Princeton, Blain Morin pled guilty to a breach of probation.

He had been ordered to pay \$600 to Dan and Shannon Martindale, and had not done so. He recently began working, and promised to pay restitution.

He was given a further period of probation which will last as long as it takes to pay what he owes, or one year of \$50 per month beginning in August.

he had no driver's licence and gave a false name.

Police discovered his true identity and the fact that he was driving while prohibited.

On July 14, in Princeton Provincial Court, Gilfillen pled guilty and was ordered to pay a \$500 fine. He faces another year of driving prohibition.

Judge fines driver

A 47 year old Langley man appeared in Provincial Court in Princeton on July 14 to plead guilty to an impaired driving charge.

He was apprehended near Princeton as a result of motorists reporting his erratic driving to police on April 24, 2005.

Ronald McMillan was ordered to pay a \$600 fine plus a \$90 victim surcharge.

He loses his licence for one year and was ordered to abstain from alcohol for six months.

Visit Us Online At:
www.thenewsleader.ca

- Local News
- Local Sports
- Court News
- Letters To Editor
- Calendar of Events
- Classifieds
- Weather
- Road Reports

www.thenewsleader.ca

The Vermilion Trails Society is pleased to announce the overwhelming success of the "Princeton Challenge 2005" on Sunday, July 10th. A total of 212 people registered and their comments were nothing short of spectacular. Our objective was to "SELL" Princeton. It was an easy job once we got them here.

Our Special Thanks to our sponsors:

Town of Princeton - Dr. Dan Dodds - Robert Wicks Law Office - Princeton Light & Power - Jellicoe Station Inn - Princeton Redi Mix - Princeton Shuttle Service - Valley First Financial Services - Princeton Animal Clinic - Villager Motel - The Source By Circuit City - Marg Beattie - Overwaitea - Tulameen Adventure Tours - Backroad Map Books - Home Hardware - Similkameen News Leader - Backroads Bike Shop - Princeton Hotel - Curves - A&W - Billy's Family Restaurant - Copper Mountain Bar & Grill - Sears Canada - Kal Tire - Similkameen Spotlight - Princeton Paint & Deck - Subway - Santo's Greek Taverna - Chap's Family Restaurant - Similkameen Auto Services - Golden Hills Deli - Pharmasave - #1 Video - Mac's Auto Parts - Best Western - Princeton Castle Resort - Skaha Sound - Tulameen School House Museum - Mike Grgich Contracting

And our many outstanding Volunteers, assisted by the Tulameen Community Club, Girl Guides, Rotary Club and Princeton Highway Extraction.

If we missed anyone, please know that you were appreciated and that you were a part of something very special.

TOPSOIL - TOPSOIL - TOPSOIL

Rich, Black, Organic, weed-free, rock-free - \$25 PER YARD

The same "GOOD STUFF" we have been providing to Princeton folks these past 30 Years!

Better Yet! "RICH MIX" - It's back! - \$30 PER YARD

Our Black Organic Soil blended with old Mushroom Compost
Make your plants and flowers come up smilin'

DELIVERED IN PRINCETON (Minimum Order 4 Yards)



Old Style Disposal & Bin Service



Front Loaders 4, 6 & 8 yard - Household and Commercial waste
Roll-Off Bins 13 and 20 yard

We take all kinds of waste - construction - wood - plastic - brush, etc.

WE DROP 'EM, YOU FILL 'EM, WE PICK 'EM UP

We also rent portable storage units

Princeton Rentals

Phone (250) 295-6545 Fax (250) 295-6922

TOLL FREE 1-800-253-0233 CELL: 295-8488 e-mail: oldstyle@nethop.net
OUR 30TH YEAR IN BUSINESS



House not what you were expecting?

It's easy to get lost on the trail to the perfect home. With want-ads sometimes promising more than you actually find, you can waste a lot of time getting nowhere.

Unless you've got RE/MAX.

Experienced RE/MAX agents do the hard work so you don't have to. They know the markets they work in, so they're likely to know the home that's just right for you.

It's a big world out there. Fortunately for you, we've got it covered.

RE/MAX country - 240 Bridge Street, Princeton
Phone (250) 295-3222 - Fax (250) 295-6781

www.PrincetonBCProperties.com

EACH OFFICE INDEPENDENTLY OWNED AND OPERATED



JANICE BARCLAY
 295-3222
 janice@princeton-bc.com



MLS#27735 \$465,000
 47 acres, incredible views. Hot tub room, privacy galore!



MLS#30590 \$235,000
 Immaculate hardly describes this beautifully landscaped 2-bedroom home.



MLS#30376 \$98,000
 Recreational retreat at Link Lake. Great little cabin, renovated.



MLS#27235 \$78,000
 Beautiful lot, Dillard Creek runs through. Has shed and comes with trailer.



BRENDA CRAWFORD
 295-3222
 brendasells@cablerocket.com



MLS#30328 \$169,900
 1 acre of riverfront, spotless home with new laminate flooring.



MLS#27332 \$320,000
 Missezula Lake! Fabulous custom built home. Incredible landscaping.



MLS#25963 \$385,000
 153 acre paradise, hay fields, water rights, 2 small cabins.



MLS#30520 \$190,000
 2.72 acres. Unobstructed views of Chain Lake. Level building site.



DAN PIPPIN
 295-8584
 info@danpippin.com



MLS#26463 \$67,000
 Invited 5-acres on Hayes Creek 22km from town. Good building sites.



MLS#29976 \$90,000
 Get away cabin at Link Lake close to boat launch and Trans-Canada Trail.



MLS#31259 \$139,900
 Very well priced for this large 3-bedroom 1 1/2 bath family home with full basement and pool.



MLS#30597 \$87,500
 Recreation anyone? 3-bedroom log home near Tulameen River in Coalmont.

SHOULDN'T YOU HAVE RE/MAX WORKING FOR YOU?

#1 MARKET LEADER!

Based on publicly available information and on an audit by Arthur Andersen of 1997 RE/MAX residential real estate transaction sides in North America only.