

# Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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News Leader**  
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**Semi  
burns  
on  
highway**

A tractor trailer unit crashed into a rock face on Highway 3 45-kilometres West of Princeton late last Thursday night.

"The incident occurred after the driver failed to negotiate a sharp right hand curve," says Cpl. M. J. McVicar of Princeton's RCMP Detachment.

"The driver was able to escape the vehicle with only minor injuries before the truck became engulfed in flames and the load of groceries consumed by fire."

There was no response by fire authorities as the incident occurred outside the fire protection area.

Highway 3 was closed to all traffic for a number of hours following the crash.

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## Council offers solution



Western Command Military Vehicle Historical Society passed through Princeton Friday afternoon. Their impressive collection of war time vehicles were displayed on Kenley Avenue and around the Legion for all to explore and enjoy. The convoy was in honour of the Year of the Veteran.

## Busker to organize events

It started at a Town Council meeting on July 18th when local musician Patty Harrower appealed to Council to allow her to have a licence to play music for money on downtown streets.

After Council denied the request, the News Leader invited Harrower to perform Fridays in front of their business at 226A Bridge Street - the centre of a busy downtown block.

Harrower made her first appearance July 22nd.

Less than four weeks later, Town Council approached Harrower with a deal.

"They don't like me busking in front of the News Leader but wouldn't mind if a business was paying me to be outside rather than soliciting local donations."

Apparently, the News Leader does not have the authority to decide what happens in front of their business.

"That's news to me," says George Elliott, owner of the weekly newspaper.

"We are expected to keep it clean in Winter, but we can't do this? All we were doing was trying to help a handicapped person improve their life."

The News Leader never received a complaint, in fact, some residents were dropping off cash contributions for Harrower.

"Not one member of Council bothered to ask us what we were doing," Elliott adds.

"Town Council suggested that I host in Cenotaph Park a weekly local musicfest," Harrower says.

The plan would see her organize performances by other local musicians and accept donations from listeners.

Harrower would be permitted to use the Town sound system and set up her performances on Friday and Saturday nights from 7:00 PM, weather permitting.

"I have no problem with the compromise," Elliott says.

"They are trying to do the right thing, and they do deserve credit for trying something."

## Valley EDO reports to council

Michael McLaughlin, economic development officer for the Similkameen Valley, attended the August 15 Town Council meeting to report on his activities.

Two new items for Princeton are the highway signs and the Upper Similkameen Valley brochure. The highway signs are located west of Princeton and between Penticton and Keremeos.

The logo represents the river, and the diversity of the valley. The purpose of the signs is to tell people they have arrived in the Similkameen Valley, as people tend to think of the valley as "someplace on the way to the Okanagan". The new signs will give the valley its own identity.

The brochure, which is in the draft stage, is a full colour fold-over giving a lot of information in a small

## Get ready for the 40<sup>th</sup> Fall Fair

Are you thinking about taking something to the Fall Fair? This year, Bunchgrass Quilters are busy putting stitches in their "Challenge" quilts which will be shown at the fair.

What is a quilt "challenge"? Here's how it works: each quilter is given the same pattern, then puts it together in her own way. Each quilt is an individual interpretation of what the pattern should look like as a quilt. As a result, each quilt is a unique art project reflecting the vision of the quilter.

Be sure to see these quilts at the fair. Perhaps you are making something

space. The cover shows a man leaping off Bromley Rock. Inside are many small photos of various things to do in the upper Similkameen Valley. It looks good, and Council likes it.

McLaughlin has been busy exploring funding sources for the KVR trail, and has been successful in helping secure a grant for arena renovations in Princeton. As he works for all of the valley, he has also been seeking funding for a variety of projects in Keremeos area.

Putting together tourism "packages" is another task McLaughlin is working on.

A tourist package might be something like a night at a motel combined with rental of a bicycle to explore the trail and perhaps a discount at a local restaurant. Tourists like these package deals to save

special to show at the fair, such as a woodworking or ceramics project. Bakers may be planning that special cake, cookies or loaf of bread. They may be considering entering the apple pie contest.

Many people enter home canning, presenting preserves, jellies, jams, pickles and relishes.

We know the gardeners will be planning their produce exhibits, perhaps encouraging a zucchini to enter the longest zucchini contest sponsored by Princeton Garden Club.

Top exhibitors win trophies, but nearly every exhibitor will win something, a ribbon and a money

time trying to find out what to do when they go to a new place.

Town Council was pleased to give support to McLaughlin's next local project: economic development of Princeton airport.

He will be looking for funding for a valley-wide strategic economic development plan. This would be a coordinated plan for attracting businesses, supporting existing businesses, and identifying infrastructure and skilled worker needs.

Council appeared satisfied with the direction McLaughlin is going.

In addition to laying groundwork for major economic development planning, McLaughlin continues his liaison with a number of local groups, such as the Museum Society and the cross-country ski club, both of which he says have huge potential to draw tourists.

prize. Junior Fair entries can count on receiving at least a ribbon.

There will be a lot to do and see at the fair, as always, but some of the fun of the fair comes from contact with vendors such as the Hospital Auxiliary, who sell some interesting products and always have a draw. Look for the Similkameen Sizzle display, and make plans to go to the Sizzle in Keremeos.

Don't forget the auction at the end of the fair. This year, Dean Stinson has volunteered to be the auctioneer. He is famous for getting top money for the boxes of donated fruit, vegetables, baking and other items.



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How much fun was Vacation Bible School last week? Over 60 children participated in this year's session titled 'Serengeti Trek' at Princeton's Baptist Church. Thursday afternoon they enjoyed snacks before embarking on more adventures with help from the Prineville (Oregon) Foursquare Church Youth Group. VBS is a joint effort of all local Christian Churches in Princeton.

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# Bikes crash on curves

There were two motorcycle crashes on the Hope-Princeton Highway west of Princeton on August 15.

The first occurred at 11:00 a.m. at Whipsaw Creek. Witnesses saw the motorcycle enter the curve and slow down, but the driver slowed down too much and rather than accelerate through the curve, he tried to power steer at a slow speed. He lost control and hit the concrete barriers on the westbound lane. Then he hit a broken down parked Volkswagen van illegally parked over the fog line in the westbound lane. The motorcycle hit the van head on.

The Victoria biker suffered an injured leg, hip, chest, arm and hand. He was taken to Princeton General Hospital by BC Ambulance, then transferred to Pentiction Regional Hospital.

The second motorcycle collision occurred at 5:00 p.m. A husband and wife from Alberta were westbound near Sunday Summit when they entered a curve posted at 50 kmph. The driver, the husband, veered right off the road and into a ditch.

The motorbike rolled on top of him and severely injured his left

leg. The wife suffered severe injuries. Both were transported via BC Ambulance to Princeton General Hospital for extensive examination and X-rays.

Police believe the collision was driver error, either entering the curve too fast, or driver inattentiveness.

On Tuesday, August 16th, Princeton RCMP stopped a green and white camper van after receiving a citizens complaint about the driver being impaired.

The driver showed signs and symptoms of having consumed alcohol, and was transported back to the RCMP Princeton office for breath samples.

The 71-year old Princeton resident supplied two samples of his breath with readings of 180 and 170 milligrams per 100 millilitres of blood, well over the 80 milligram legal limit.

The driver faces charges of Impaired Driving and Driving While Over .08.

He was also issued a 24 hour driving prohibition and an administrative driving prohibition.

His van was towed and impounded for 24 hours.

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Sarah Worthing of the Prineville (Oregon) Foursquare Youth Group adds her special touch to the activities last week during Vacation Bible School, hosted this year by the Baptist Church.

## Council loves the love

Councillor Kathy Clement and Councillor Ray Jarvis attended "Love Princeton Day".

At the August 15 Town Council meeting, Councillor Clement thanked the volunteers of the four Christian churches in Princeton

for their efforts to put on "Love Princeton Day".

Councillor Jarvis said he kept looking around for a donation box.

Although the hot dog and car wash were free, he felt he should

have been able to offer something in support of the good things he received and the good time he had.

Love Princeton Day has become an annual event to show appreciation for the good life we live in our home town.

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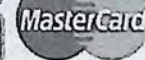
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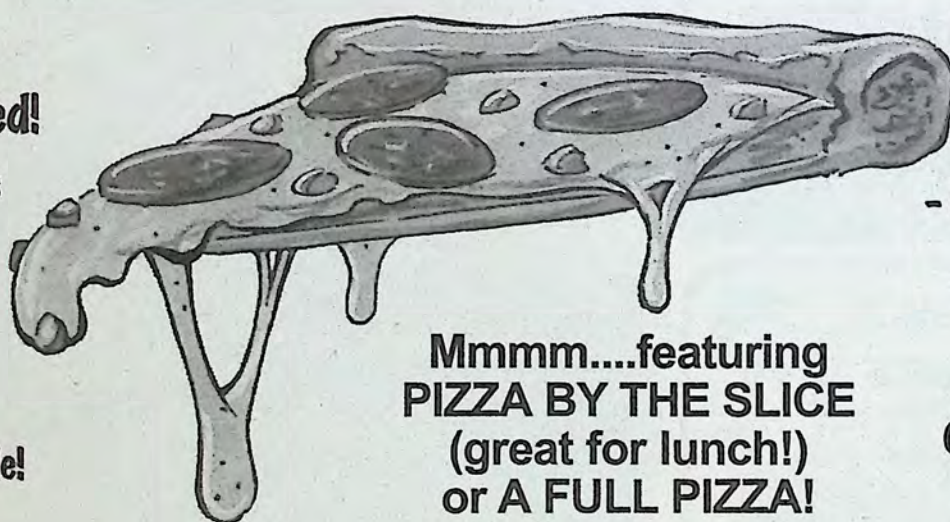
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## keremeos and area news



Progress continues to be made on the Assisted Living Complex in Keremeos.

## Logan's Run final results

The Third Ultra-Marathon of the season organized by Moe 'the Eagle' Beaulieu of Keremeos was on August 13th.

The course, on Apex Mountain, included a 25-kilometre and 50-kilometre event.

"It was a small field, but some pretty impressive times," says Beaulieu.

"Locals Lorna McGill, Andre Larivee and Patrick Amundsen all had good runs."

Moe also says the weather was warm, but not hot which made for great race conditions.

"Great volunteers Myleen Mallach the Apex Events Coordinator, Paul and the Apex Ski Patrol who manned all the aid stations and race announcer Steve King, to name a few."

The final results in the 50-kilometre event saw 35-year old Ian McIlvenna of Quesnel finish First with a time of 4 hours, 41 minutes and 3 seconds.

Second was Tony Faila (150 Mile House) with a time of 5:02:07.

Third was Andre Larivee (Kaleden) with 5:35:24.

The rest of the field results:

4th - Veronica McIlvenna, Quesnel (and first Woman Finisher) - 5:38:26

5th - Lorna McGill, Penticton - 6:27:41

6th - Robin Levant, Oliver - 6:54:09

7th - Bob Gehm, Nanaimo - 7:33:15

In the 25-kilometre event First Place went to 46-year old Steve Briggeman of Vernon with his time of 3 hours, 4 minutes and 28 seconds.

Second Place, and First Female Finisher, was Melody Switzer of Calgary with 3:10:59.

3rd - Ann Barnes, Coquitlam - 3:22:20

4th - Steve Brett, Penticton - 3:22:21

5th - Patrick Amundsen, Summerland - 3:25:58

6th - Wendy Faila, 150 Mile House - 3:28:12

7th - Sandy Thompson, Langley - 4:01:11

8th (tie) - Gregg Luff, Quesnel and Yvette Luff, Quesnel - 4:08:59

9th - Blandine Baritaud, Revelstoke - 4:25:20.

Moe knows sponsors have a lot to do with helping makes events happen and he thanks his for their contributions.

"Major sponsor Keremeos Valu-Plus Foods is to be thanked as well as other sponsors such as Similkameen Country, Okanagan GPS, Grizzly Water, Peach City Runners and The Bike Barn."

Next year's event will take place later in the year.

"Because July and August is busy and the proliferation of Ultra Runs in B. C. in those months, Logan's Run will be held at Apex on Saturday, October 14, 2006."

That, according to Moe, will be the only change.

"The same course will be used and in the event of an early heavy snow on the summits on October 14th, Plan B will be substituted with a run out and back from Apex Resort on Keremeos Creek Road."

See Winners Photos on Page 12.



Keremeos Creek is completely dry - normal for this time of year.



# Back To School Times

TELLING PARENTS WHAT THEY NEED TO KNOW

Volume 1 Issue 01

Tuesday, August 23, 2005

FREE

## School supplies list of supplies

### SCHOOL SUPPLY LIST FOR VERMILION FORKS ELEMENTARY SCHOOL

#### Grade 4

- 1 bottle white glue
- 10 duotangs
- 1 pkg. lined paper (100 sheets) - no larger quantity
- 10 redi-tab (keytab) notebooks
- 1 glue stick
- 1 box facial tissues (200's)
- 1 metric ruler
- 1 pair pointed scissors (no plastic handles)
- 1 pencil case
- 1 blue ballpoint pen
- 10 HB pencils
- 2 erasers
- 1 box pencil crayons
- 1 box thick felts
- 1 box thin felts
- 1 box wax crayons

#### Grade 5

- 1 bottle white glue
- 8 duotangs
- 1 pkg. lined paper (100 sheets)
- 10 notebooks
- 1 glue stick
- 1 box facial tissue (200's)

- 1 metric ruler
- 1 pair pointed scissors
- 1 pencil case
- 2 blue ballpoint pens
- 12 HB pencils
- 2 erasers
- 1 box pencil crayons
- 1 set felt pens

#### Grade 6

- 10-12 HB pencils
- 5 blue pens
- 2 red pens
- 1 set pencil crayons
- 1 set felt pens
- 1 eraser
- 1 metric ruler
- 400 sheets narrow-lined paper
- 1 pencil case
- 1 calculator
- 1 pair scissors
- 10 duotangs (no keytab or binder)
- 1 box facial tissue
- 1 agenda
- 4 glue sticks

#### Grade 7

- 10-12 HB pencils
- 5 blue pens
- 2 red pens

- 1 set pencil crayons
- 1 binder
- 1 set felt pens
- 1 eraser
- 1 metric ruler
- 400 sheets narrow-lined paper
- 1 pencil case
- 1 calculator
- 1 pair scissors
- 10 duotangs
- 10 keytabs
- 1 box facial tissues
- 1 agenda
- 4 glue sticks

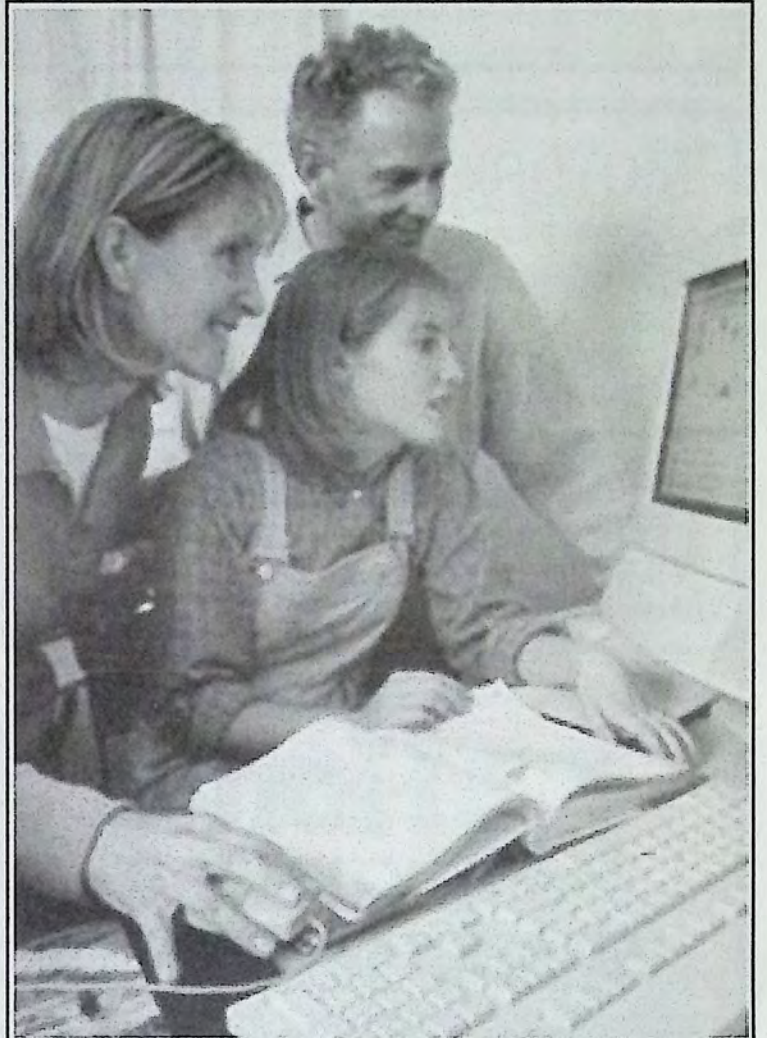
**ALL STUDENTS** - P.E. strip - shorts, runners, T-shirt and gym bag (No black-soled runners, please)

**\$5.00 performing arts fee** (to fund professional performances that come to the school)

**\$5.00 for agenda** which can be purchased from the school.

**This is only a beginning list, and some supplies, such as pens, pencils and glue need to be replaced during the year. With budget cut-backs, the school is unable to give general supplies to the students.**

**Please make sure your child's name is on ALL articles.**



Back To School for many means back to the computer.

## Pharmasave Is Your BACK TO SCHOOL Headquarters

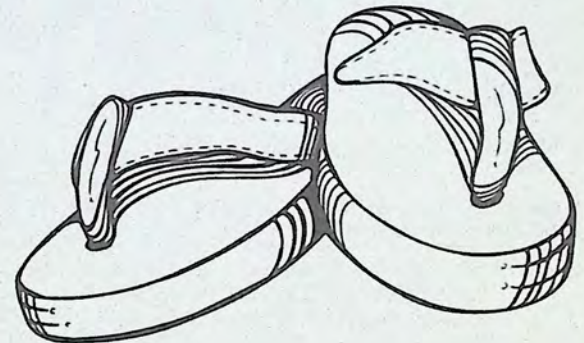


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A BACK TO SCHOOL REMINDER FROM:  
Management and Staff

Princeton Husky, Highway 3 West  
(250) 295-3121



There are plenty of healthy alternatives available for school lunch boxes.

**Making school lunch routine returns**

(NC)—One of the back-to-school routines we must all revisit this time of year is the time-consuming lunch making process.

It's always a question of balance for busy parents - between convenience and healthy food. A new product from Schneiders can help.

Its new SmartLunch line offers convenient meals that caregivers will feel positive about giving their kids for a school lunch or on-the-go meal before or after all of the extracurricular activities that keep our munchkins busy.

We must also keep in mind that Canada's Food Guide to Healthy Eating suggests our children enjoy a variety of foods from each food group every day. The guide recommends choosing whole grains, vegetables, lower-fat milk products and leaner meats more often.

"SmartLunch meals use an assortment of wholesome foods such as 60% whole wheat breads, white

chicken breast meat, 100 per cent fruit juices or one per cent milk, lower fat cheeses and real fruit treats," says Theresa Shelton, Marketing Manager, Schneider Foods.

"Schneiders SmartLunch not only are great-tasting meals we know our kids will enjoy but also enable Moms and Dads to feel good about letting our kids have them."

Schneiders SmartLunch offers a cross section of vitamins, minerals and nutrients. All SmartLunch meals are a source of calcium and zinc and offer additional benefits ranging from a source of fibre and vitamins A and C, to Omega 3's and 6's.

SmartLunch meals have no more than .2g trans fats, which naturally occur in the cheeses and meats and there are no hydrogenated vegetable fats or oils. Schneiders SmartLunch meals are also lower in calories and fat than a typical made-at-home sandwich meal.

"In keeping with the guide's recommendations, we suggest caregivers add a fresh fruit and a vegetable from home to accompany SmartLunch," adds Shelton.

SmartLunch will be available at grocery stores across Canada in the refrigerated section, in seven tasty better-for-you lunch choices.

The bagel/cream cheese combo features a 60 per cent whole-wheat bagel, light cream cheese, mini turkey pepperettes, Craisins, apple-sauce and one per cent chocolate milk.

The meat/cheese/crackers combo has eight trans fat free wheat crackers, light cream cheese, mini turkey pepperettes, raisins, partly skimmed mozzarella cheese string and one per cent chocolate milk. Other choices include wheat fajitas with white breast of chicken pieces, and pizza, with traditional quality wheat crusts and 100% strawberry-kiwi juice.

- News Canada



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Out-of-Valley, British Columbia	
Rural or Box (VO), Regular	\$ 40.90
Rural or Box (VO), Senior	\$ 35.90
Delivery to Door, Regular	\$ 53.80
Delivery to Door, Senior	\$ 48.80
Out-of-Valley, Alberta, Rest of Canada	
Regular	\$ 53.80
Senior	\$ 48.80

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**Safeguard your computer for school use**

(NC)—Preparing for back-to-school used to mean filling a backpack with new binders, textbooks and writing utensils. Today, getting your computer ready is also on that list.

The following tips will help you prepare your family computer for back-to-school use. (Both parents and kids alike can benefit from these lessons!)

1. Protect your PC. Install anti-virus, anti-spyware tools and email spam filters to defend against "online intruders." Many of the more reputable online services, such as AOL Canada, now include all these secu-

rity features within the standard cost of the service.

2. Remember to back up. You don't want to lose important school assignments you've worked on, so be sure to back up your work and personal files.

3. Don't be fooled! Strangers often spread infected files, such as viruses, through E-mail and instant messages. Remember to never open a file attached to an E-mail or an instant message unless you recognize the sender and are expecting the file.

4. Bookmark your favourites. Find

sites you and your children are likely to visit on a regular basis, review them for appropriate content and bookmark those that will likely be used for homework.

5. Sign up for a tutoring service. Many children will benefit from having a personal tutor who can help answer tough questions. Parents and kids on AOL can ask questions live to teachers on an as-needed basis through the Homework Help feature - a reasonable solution for those who don't need a tutor for all subjects.

- News Canada

Remember to **SLOW DOWN** in all  
**School Zones!**



# News Leader handy Back to School checklist

(NC)—With September drawing near, parents and children across the country are getting set to return to school. Focused on ensuring parents and kids have everything they need for school, Canadian Tire has put together the following checklist to help ensure parents and kids are ready for the big day.

- Check with the school to ensure all registration requirements have been taken care of and ensure that the school has emergency contact

numbers.

- Determine how your child will be getting to school and then plan the safest route possible by choosing the most direct way with intersections that have crossing guards.
- Walking or riding to school is an excellent way to fit physical activity into your child's day. If your child is riding his/her bike, ensure the bike is in good working condition, that their helmet fits properly and the bike has a bell. Don't for-

get to lock-up any unattended bikes!

- To help ensure your little ones have everything they need, contact the school to see if it has a supply checklist. Some of the basic items most students need include: notebooks or paper, pens, pencils, pencil crayons, ruler, eraser, glue stick, pencil case and backpack.
- Allowing kids to choose their supplies will help create excitement about heading back to school.

Whether it's notebooks, binders or lunch bags, Canadian Tire carries many brands and licenses, including Batman, Barbie, Orange Country Chopper and more, that are sure to be a hit with kids.

- A healthy lunch and snacks will help ensure kids have the energy they need to get through the day. By choosing a cooler lunch bag and using plastic storage containers, you can help ensure food stays fresh. Bottled water and juices are

a great way to keep kids hydrated. For a refreshing treat, freeze water bottles or juice boxes overnight.

- Don't forget homework. Check with your child everyday to see if any work was sent home. Buying a ready-to-assemble desk, desk lamp and desk organizer is a simple and affordable way to create a student's very own workspace away from the distraction of television and video games.

- News Canada

## SCHOOL DISTRICT NO. 58 (Nicola-Similkameen)



### SCHOOL BUS SCHEDULE PRINCETON 2005 - 2006

#### OLD HEDLEY ROAD

AM		PM
7:41	Bromley Crescent	4:05
7:50	Atkinson	3:55
7:54	Luehe	3:52
7:54	McInroy	3:51
7:55	Johnsen	3:50
7:56	Hayes Creek	3:49
7:57	Gubel	3:48
8:00	Musgrove	3:45
8:05	Coyne	3:41
8:06	Adams	3:40
8:08	East Princeton	3:37
8:15	Martins Lake	3:29
8:18	Iron Mtn Road	3:26
8:19	Rainbow Lake	3:25
8:25	P. S. S.	3:20
8:35	Vermilion Forks	3:05

#### Highway 5A MERRITT Highway

AM		PM
7:45	Round Lake	3:50
7:52	Gravel Pit	3:53
8:00	Peaker	3:45
8:03	7 Mile	3:41
8:04	Hanna/Bishop	3:40
8:06	Summers Cr Road	3:38
8:10	Old Merritt/Belfort	3:37
8:12	Cedar Creek Road	3:36
8:14	Bruneau/Cook	3:33
8:16	Sunflower Estates	3:31
8:17	Wilkinson	3:30
8:21	Airport Road	3:25
8:26	P. S. S.	3:20

#### Highway 40 OSPREY LAKE

AM		PM
7:27	Link Lake Road	4:20
7:34	Crawford	4:13
7:35	Chain Lake	4:11
7:37	Jellico Road/Miller	4:09
7:38	Jacobson	4:08
7:42	Edwards/DaPonte	4:04
7:45	Pinewood Cr.	4:01
7:49	Clark	3:57
7:50	Walker	3:56
7:51	Wilson	3:55
7:52	Kopola	3:54
7:53	Weissback	3:53
7:53	Philips	3:51
7:56	Elmgren	3:50
7:58	Senger/Sperling	3:48
8:01	Zawislak	3:45
8:02	Buhler	3:44
8:04	Cromarty	3:41
8:10	Crimmon	3:35
8:13	Crimmon/Milton	3:32
8:25	P. S. S.	3:20

#### Highway 3 - EAST

AM		PM
7:58	Quinells	3:51
8:00	Robbins	3:49
8:03	Mushroom Farm	3:47
8:08	San Ang	3:45
8:10	Taylor's Mill	3:40
8:15	Pine Trailer Park	3:34
8:20	P. S. S.	3:28
8:27	Auburn Playgrnd	3:22
8:30	Bar & Burton	3:25
8:35	Vermilion Forks	3:15
8:47	John Allison	3:05

#### Highway 3 - WEST

AM		PM
7:50	Black Mine Road	3:33
8:05	Whipsaw	3:40
8:10	Blackfoot Road	3:45
8:17	Westridge Sub	3:50
8:20	Vermilion Forks	3:30
8:25	Tapton Avenue	3:25
8:30	P. S. S.	3:20
8:35	John Allison	3:05

#### KINDERGARTEN TRANSPORTATION

Arrive		Leave
11:30	John Allison	11:35
11:45	Vermilion Forks	11:55
12:05	John Allison	

#### TULAMEEN COALMONT

AM		PM
7:47	Tulameen	3:55
7:55	Coalmont	3:45
8:03	Smarts	3:43
8:12	Whelpton	3:33
	Lind Road	
8:15	Snowpatch	3:30
8:30	P. S. S.	3:25
8:35	John Allison	3:15
8:40	Tapton Avenue	3:10
8:45	Vermilion Forks	3:05



Clip 'n' Save This Bus Schedule

## STUDENT REGISTRATION - 2005/06

**REGISTRATION** For students "NEW" to School District No. 58 (Nicola-Similkameen), the schools are open for registration from Monday to Friday, August 29 to September 2, 2005. Schools will be open from 9:00 AM until 3:00 PM, with a 1-hour closure for lunch. Call ahead to confirm.

**SCHOOL OPENING** Tuesday, September 6, 2005 - Adjusted Hours: 10:00 AM - 12:00 Noon  
Wednesday, September 7, 2005 - Regular School Hours.

**SCHOOLS** - John Allison Elementary, K - 3 (295-6727), Vermilion Forks Elementary, 4 - 7 (295-6642), Princeton Secondary School, 8 - 12 (295-3218).

**BUS STUDENTS** Please check in the newspaper and with your school for bussing information.  
Tuesday, September 6, 2005: Busses will pick up students one hour LATER in the morning, and return students beginning at 12 Noon. Wednesday, September 7, 2005: Busses begin the regular schedule.

**KINDERGARTEN:** Students must be 5 years of age, on or before December 31, 2005. Upon registration, parents will need to bring their child's birth certificate and immunization records. Kindergarten starting dates will be arranged through the school.

### THE BRIDGE - CENTRE FOR LIFELONG LEARNING

Old Hedley Road.  
REGISTRATION DATE: September 6, 2005  
For more information, call (250) 295-3180 or fax: (250) 295-3192

## TRANSPORTATION ASSISTANCE

Families living beyond the regular school bus routes may be eligible for transportation assistance for the 2005/2006 school year and are asked to make application before September 23, 2005 regardless of whether transportation assistance was received in the past. Applications after this date will be approved as of the date the application is received, and will not be retroactive. Transportation Assistance forms are available at each school in Princeton.

Parents are reminded that road/weather conditions may cause delays/cancellations to the regular bus run(s). In extreme circumstances, notice of delays will be announced over the local radio station and the school will attempt to contact parents by phone, in order that children do not wait extended time periods at a bus stop.

## REGISTRATION OF HOME SCHOOL LEARNERS PARENT INFORMATION

The School Act states:

"A parent of a child who is required to enroll in an educational program under section 3 (Division 4 - Home Education) a) may educate the child at home or elsewhere in accordance with this Division, and b) must provide that child with an educational program.

### Registration

A parent of a child who is required under the above section to provide the child with an educational program must register the child on or before September 30 in each year with

- a school of the parent's choice that is operating in the school district in which the parent resides,
- a distance education school providing services to the school district in which the parent resides or with the Ministry of Education if no distance education school provides services to that district, or
- an independent school operating in B. C."

To register or to obtain further information, telephone the school of your choice, or write to the Superintendent of Schools, School District No. 58 (Nicola-Similkameen), Box 4100, Merritt, B. C., V1K 1B8.



## SCHOOL DISTRICT NO. 58 (Nicola-Similkameen)

School Calendar for the 2005/2006 School Year  
Days in Session 193 - Number of Instructional Days 186

September 6, 2005 - Tuesday  
October 10, 2005 - Monday  
October 21, 2005 - Friday  
November 10, 2005 - Thursday  
November 11, 2005 - Friday  
November 23, 2005 - Wednesday  
December 16, 2005 - Friday  
December 17-January 2, 2006  
January 3, 2006 - Tuesday  
January 27, 2006 - Friday  
February 3, 2006 - Friday  
February 16, 2006 - Thursday

February 17, 2006 - Friday  
March 10, 2006 - Friday  
March 11-19, 2006  
March 20, 2006 - Monday  
March 31, 2006 - Friday

April 14, 2006 - Friday  
April 17, 2006 - Monday  
April 21, 2006 - Friday  
May 19, 2006 - Friday  
May 22, 2006 - Monday  
June 30, 2006 - Friday

**SCHOOL OPENING** School Hours 10:00 AM - 12 Noon  
(Bus schedule to be adjusted for the first day of school)

**THANKSGIVING DAY**  
District - Professional Development Day  
Princeton - Professional Development Day  
**REMEMBRANCE DAY**  
Merritt - Professional Development Day  
Last day of school before WINTER VACATION  
**WINTER BREAK**  
**SCHOOLS REOPEN**  
Semester Change Day - Merritt Secondary  
Semester Change Day - Princeton Secondary  
Princeton - School Improvement - Focus on Literacy  
Merritt - Professional Development/In-lieu  
District - Professional Development/In-lieu  
Last day of school before Spring Break  
**SPRING BREAK**  
**SCHOOLS REOPEN**  
Princeton - Professional Development/In-lieu  
Merritt - School Improvement/Focus on Literacy  
Good Friday  
Easter Monday  
Turn around day - Coquihalla Middle School  
District - Professional Development/In-lieu  
**VICTORIA DAY**  
**ADMINISTRATIVE DAY - SCHOOLS CLOSED**

### Shortened Days for Parent/Teacher Interviews:

Merritt Schools: November 22 and April 20 (2 hours each day)  
Princeton Schools: November 22, 23 and March 28, 29 (one hour each day)



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If you use those pressurized inhalers for breathing problems it's good to check your technique occasionally. Here's the recommended method of use: after shaking the inhaler, hold it one or two inches away from the mouth, exhale all the way then breathe in slowly as you squeeze the inhaler once. Hold your breath as long as comfortable (10 seconds is great). This helps get the medication into the airways. Exhale slowly. Follow this procedure with each inhalation. Rinse mouth afterwards if the inhaler is an anti-inflammatory medication.

Since varicella vaccine was first introduced in 1995 to prevent chicken pox, there has been a 92% reduction in deaths in children due to the disease.

There is a lot we can do to prevent cancer. For colo-rectal cancer, it's been shown that keeping intake of red meat to a minimum can reduce the risk of this type of cancer. Red meat includes all those tasty spiced meats like salami, ham, hot dogs, sausage and bacon.

Out of all employed adult Canadians, 24% are daily smokers consuming an average of 17 cigarettes per day. Are you an average smoker?

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news leader health page

# Setting and keeping limits

I promised you last time that this week I would begin to write about what strategies a player could use to gamble responsibly. During the next few weeks I will be discussing how to set limits for yourself around time and money, how to educate yourself about how the games are played, highlight some myths and misconceptions around gaming, as well as discuss ideas concerning odds and randomness, particularly as these concepts apply to slot machines. This week I will open the discussion with some strategies around setting limits on the amount of time and money you spend gambling.

Each of us has a set amount of money we can spend on a monthly basis for entertainment. That amount varies from person to person and is based on their income, their debt load, their cost of living, and their own personal choice. Gambling is a form of entertainment which costs money just as going to the movie theatre costs money. Therefore, the first question you must ask yourself is: "How much money can I afford to spend on gambling for entertainment?" Keep in mind that gambling should not be seen as a way to supplement your income and while you can hope to win, you should expect to lose.

Therefore, only use your discretionary income or money left over after you have paid the rent, the utilities and groceries or provided for any other necessities.

Once you have determined what your entertainment budget is, take only that amount of money with you to gamble. Leave your bankcards and debit cards at home so you won't be tempted to spend more than you have budgeted for. Never borrow money to gamble from your friends, your family, or the bank. Put your winnings in a separate pocket and only gamble with the money you originally set aside for that purpose. Remind yourself that the house always has the advantage and you are really just paying to play. Loss is a part of the game. Avoid chasing your losses, or trying to win back the money you have lost and instead view the money you have spent as payment for your entertainment. You also might want to consider playing games with lower stakes to stretch out your entertainment dollar.

The other thing you should consider is setting a limit around the amount of time you spend gambling. Gambling should be only one of many entertainment and leisure options that you participate in. Set a time limit ahead of time and stick to it. Wear a watch and if you need to, set an alarm to remind yourself of when you need to leave. Some forms of gaming, particularly slot machines, have a trance-like,

quality to them so it is easy to lose track of time. Take frequent breaks while gambling and get something to eat or drink and perhaps watch others play. Don't gamble alone, go with a friend and decide ahead of time when you will leave and help each other keep that commitment.

In the next part of the series, I am going to discuss the concepts of odds and randomness, particularly as they apply to slot machines. Many Northern communities will now have slot machines available to players and it is essential that players understand how these games work. In the meantime, if you have any questions or concerns please e-mail me at pgnorth-east@yahoo.com and I will do my best to answer your questions. You can also check out the provincial website at www.bcresponsiblegam-

bling.ca for more responsible and problem gambling related information.

If you would like to speak with a Trained Problem Gambling Counsellor, sponsored and funded by the Problem Gambling Program, Ministry of Public Safety and Solicitor General call either the Problem Gambling Help line at 1-888-795-6111 or your local Problem Gambling Clinical Counsellor at 1-250-860-8578. Personalized power point presentations are available as well to schools, businesses, organizations or service clubs.

Jan Zacharias, M.Ed.  
Clinical Counsellor/Prevention Worker  
Problem Gambling Program  
Ministry of Public Safety and Solicitor General

living past 100

## Fast foods make the switch

Growing concerns about health problems due to fats has had an impact on the fast food industry. Burgers and fries, a traditional fast food meal, is giving way to a variety of fast food choices.

Three fast food chains that offer healthy alternatives helped put pressure on some major fast food chains. Subway, Tim Hortons and Taco Bell offered customers healthier choices in salads, soups and sandwiches. These three turned the tables on some of the most profitable fast food chains. Dairy Queen was the first to change from hamburger and chips to salads. McDonald's was slow to give in to the trend but declining profits began to pinch shareholders, and the Golden Arches switched to salads. Finally, KFC has begun to add salads to their typical deep-fried menu items.

The pressure to change how we eat does not come merely through the shareholders. In the fast foods story, it was the customers who forced the change, although it was the loss of revenue that showed the fast food outlets where the consumers were going with their choices. Now, almost every fast food outlet, chain or independent, offers salads.

Another trend to watch for is the change from wheat products to those less likely to cause problems for diabetics. We can only hope to see an increase in sprouted wheat breads (not bad for you), barley bread (superior nutrition without side effects of wheat) and other kinds of flours. Perhaps one day we will see breads made of pumpkin flour, buckwheat flour, and wild rice flour, all rich in nutrients and better than wheat.

The more we know about nutrition, the better we protect our immune systems.



The News Leader congratulates Ron Lewis of Princeton on winning the rotisserie prize from the Love Princeton Day Car Wash.





This American military 'ambulance' has stenciled in white on the dashboard "Maximum 40 MPH" and was one of the vehicles displayed downtown Friday as part of the Freedom Route convoy of military vehicles. Each historic vehicle is privately owned by a member/collector of the Western Command Military Vehicle Historical Society based in the Lower Mainland.

# BC author exposes Iraq



Hadani Ditmars, a regular on The Province's editorial page, is a born and raised British Columbian, but she has been inside Iraq six times since 1997, including a 2003 visit six months after the American invasion. She compares the "after" with the years before the American invasion, when Saddam Hussein was still in power.

Ditmars' book, "Dancing in the No-Fly Zone", is an eye-opener for those of us whose main source of information is the daily selection of American or British news. To prove how much we want to know, Ditmars' book, released only this spring, is now in second printing.

In "Dancing in the No-Fly Zone", Ditmars recounts the changes in people she knew in Iraq, and the differences between what she saw then, when Iraq was suffering under the

"oil for food" embargo, and what she saw in 2003.

Hers is not a sensationalist style of writing, but an honest reporting of what she saw and what people said. Iraq is a historically significant nation in the world, the original home of Abraham, founder of Judaism, and its offshoot religions, Christianity and Islam. The ancient cities of Ur and Babylon lie in ruins in Iraq, along with a lot more ruins created by Americans and terrorists. Ditmars writes of the strength of the Iraqi people and their desperate need for the simple things of modern life - electricity, clean water, decent food, and a roof over one's head. She saw children dying and no medicine, a 12 year old diabetic boy who worked in a shoe factory to pay for his insulin. Ditmars saw people living in a swimming pool. Gunfire was always in the background. She visited with Americans who ensured their piece of the city had all of the necessities of life, like telephones that work, good food, and clean water, as well as electricity. Everywhere, people complained the streets were not safe, the criminals and terrorists had taken over.

Were Iraqi people's lives better or worse after the American invasion? Ditmars never draws a conclusion, but her readers may. Her book is definitely worth the read.

Ditmars is a journalist who cut her teeth in the Middle East in Beirut, but she has done a lot of other kinds of reporting, including an article in The National on a powwow in the Similkameen Valley. Her father lives in Cawston.

"Dancing in the No-Fly Zone" is published by Raincoast Books of Vancouver.

## Parent complains about program

A local parent, Tracy Corsi, wrote a letter of complaint to Town Council to express her dissatisfaction with the Summer Day Camp, the "very poor Recreation Guide"

and the need for better planning and scheduling.

Council referred the matter during their August 15th meeting, to the Recreation Director.

[www.thenewsleader.ca](http://www.thenewsleader.ca)  
[www.vermillionforks.ca](http://www.vermillionforks.ca)

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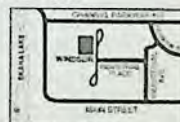
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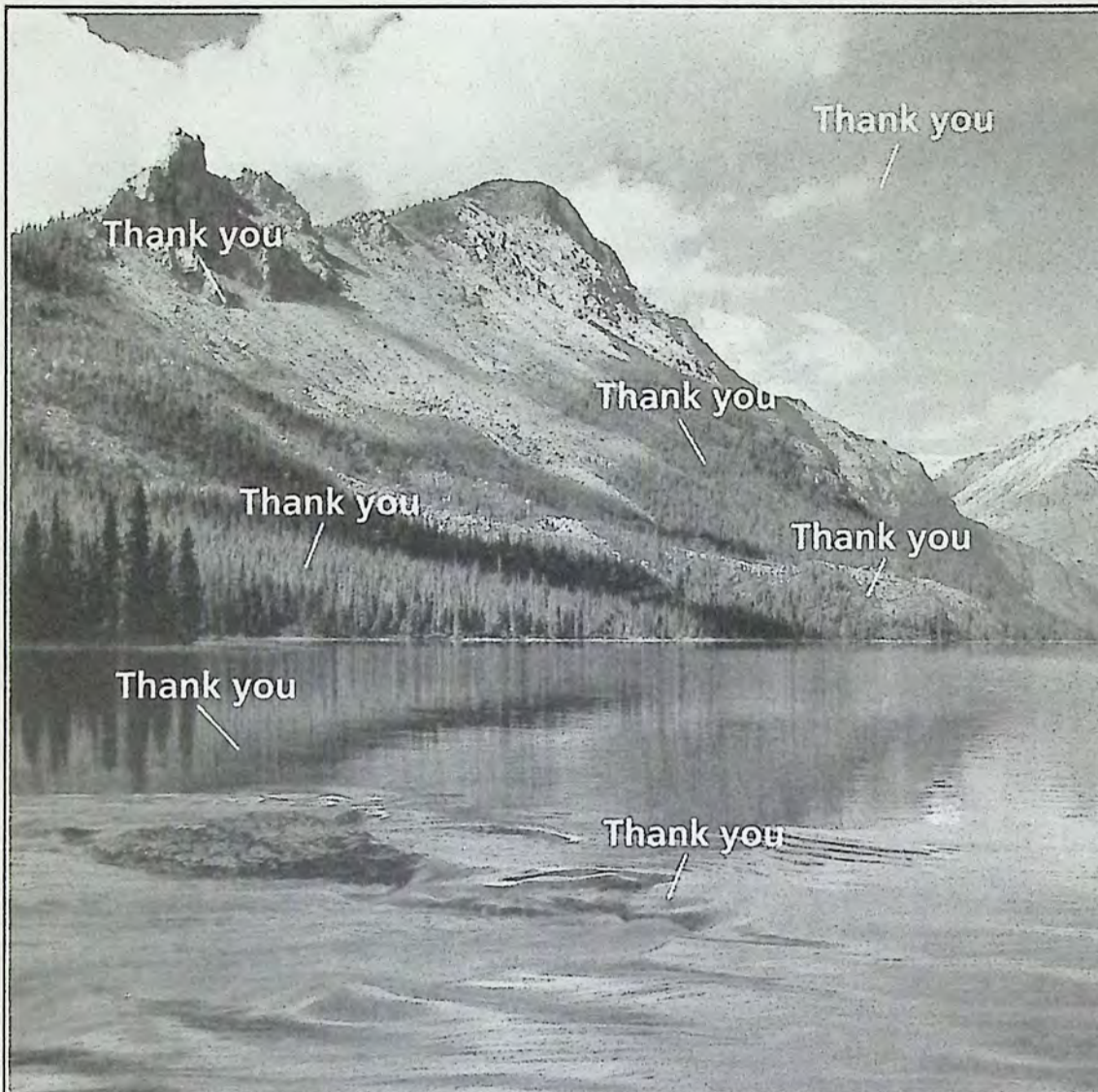
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Together we've made Power Smart a recognized leader in energy efficiency even beyond B.C. In fact, while we've recently been honoured with the following national awards, it's you who deserve all the credit:

- Natural Resources Canada, Office of Energy Efficiency, "ENERGY STAR® Market Transformation" award
- Canadian Energy Efficiency Alliance (CEEA), "Outstanding Leadership in Energy Efficiency" awarded to BC Hydro Chair Larry Bell
- Natural Resources Canada, honourable mention for Energy Efficiency in Outreach programs

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## Hunting 'regs' now out

From what Ron Young of Princeton Outdoor Supply says, hunters should be pretty happy this coming season.

"There's lots of deer out there right now and lots of good bucks."

The annual British Columbia Hunting Regulations Guide Book was recently released and there are no significant changes for hunting in the Princeton area.

The Mule Deer season runs from September 10th to November 10th with a short window from September 1st to 9th for bow hunters.

The Elk season will be from September 25th to October 20th

and Moose season is from September 20th to October 31st.

Young says he has a good feeling about the upcoming hunting season.

"They've (the animals) had a fantastic Summer and Winter. There's a lot of animals out there."

For your copy of the 2005/06 Hunting Guide stop in to Princeton Outdoor Supply or the Government Agents Office.

Princeton Outdoor Supply will once again host their annual Mule Deer Contest (Region 8 only) and will release more information on the contest in the next couple of weeks.

## Hockey club looks for cash

Princeton Posse Hockey Club asked Town Council for a \$5,000 grant to help pay the cost of operation of the club.

Kevin Robillard and Peter McDonald attended the August 15 Town Council meeting to give an update on the coming season, as well as to ask for the grant.

At the same time, they talked about hosting the KIJHL All Star

game and banquet in Princeton on January 21, 2006.

This event, they said, would bring hundreds of people to Princeton. They expect 400 people to attend the banquet, and are hoping to have a hockey "great" as guest speaker.

Council delayed acting on the grant request pending discussion of the Town budget.

## Mayor loves Mascot building

Mayor Keith Olsen attended the most recent meeting of the Similkameen Valley Planning Society, which was held in the new Mascot Mine interpretive centre, called Snas'ist.

"I was blown away," Mayor Olsen told Council at the August 15 meeting. "It is a first class, number one

interpretive centre."

The centre, located in the former Hedley Elementary School, was the subject of much of the mayor's report, as he described all of the fascinating aspects of the displays. He encouraged all members of Council to go to the centre and have a look.

## Council awards contracts

Bids for a 1-ton cab and chassis were tendered, with Skaha Ford winning the contract for \$30,101.02, taxes included.

The 1-ton dump box contract went to Del Equipment for \$7,500 plus taxes.

Peter Brothers Construction won the contract for paving and patching, quoting \$0.69 per square foot for paving and \$1.50 per square foot for patching.

All other bids were higher in all tenders.

## Town proclaims special dates

At the meeting of August 15, Town Council proclaimed the week of September 26 to 30, 2005 as UBCM Centennial Week. This is to recognize the hundredth anniversary of the founding of the

Union of British Columbia Municipalities.

October 5, 2005, was proclaimed World Teachers' Day in Princeton. This is an annual day of recognition for teachers world-wide.

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\* MLS statistics 1990-2004



# weekly entertainment guide

TUESDAY, AUGUST 23, 2005 THROUGH MONDAY, AUGUST 29,



Herb Castle and Lyle Thomas were applying the base coat the the arena floor last Thursday getting it ready for the new season of ice and hockey action.

## Posse news from the Corral

It may be 30 degrees outside but the 4th season for the Princeton Posse Jr. B Hockey club is underway. The Posse are pleased to announce that forward Cody Devitt (#29) was signed by the BCHL's Salmon Arm Silverbacks in late May.

Cody was affiliated with Salmon Arm late in the season and was called up after the Posse season ended. Cody played a number of regular season games and saw plenty of ice time for the "Backs" during their playoff run.

In addition to Devitt, a number of players were asked to attend training camps for Jr. A and WHL teams. Forward Brandon Ingraham was signed by the Quesnel Millionaires, goaltender Brad Fraser (#35) is heading to the Yorkton Terriers of the SJHL, Tony Johnston (#1) is also heading to the prairies with an invite to the WHL's Moose Jaw Warriors.

Brad Davis (#8) is attending the Swift Current Bronco's camp. #7 Scott Jackson will be heading to a WHL camp closer to home, Cranbrook's Kootney Ice. Assistant captain Seth Armitage (#18) will be trying out in Calgary for an Alberta junior Hockey League team.

The coaching staff, lead by returning head coach Dale Hladun, have been busy on the recruiting trail. Dale and the Posse's assistant coaches, Peter McDonald and Kevin Robillard, have seen many young prospects already this sea-

son. In addition to a number of camps in BC (Salmon Arm, Cowichan, Penticton), the coaching staff have looked at player across the prairies as well. The list of prospects this season could include players from as far away as the Maritimes and California.

Training camp is scheduled for August 30, 31 and September 1. The staff is anticipating 45 to 60

players in camp. Numbers are down across BC due to the new rules limiting all Jr B team to only 2 16 year old players (born 1989) and no 15 year olds. The first home exhibition game is scheduled for September 3 vs the Sicamous Eagles. The second home exhibition game is scheduled for September 6.

- submitted by Kevin Robillard

### Eddie the Dalmatian says:



'Woof! Woof! Grrr! Woof!'

TRANSLATION: "When it's hot outside, just leave me at home. I'll wait for you there in the comfort of our home. I don't like being in a hot car!"

THIS BE KIND TO YOUR PET REMINDER FROM Similkameen News Leader

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PRINCETON PLAZA PARKING LOT

## Here's A Reminder From:

P.A.S.S. Energy Management Services

Princeton Light & Power's PASS Division

P.A.S.S. Energy Management Services

LEGEND TO THE TV LISTINGS Normal Months September - June "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Normal Months code.

Off Peak WHITE BACKGROUND P.A.S.S. Energy Management Services  
On Peak BLACK BACKGROUND

Princeton Light & Power  
231 Bridge Street, Princeton  
Phone (250) 295-3244  
Fax (250) 295-3611

### Time-of-use

Schedule for TOU \* NORMAL MONTHS

September - October - November - December  
January - February - March - April - May - June

Power by the Hour Rates	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Midnight	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

## Time-Of-Use Normal Rates

Are In Effect From September 1st to July 31st!



**tuesday movies**

**MORNING**

10:00 am CITY 29 ★★½ "The Flintstones" (1994, Comedy) John Goodman. A scheming secretary and a nagging mother-in-law cause trouble for a blue-collar caveman. Based on the popular cartoon. [E]

the life and tragic death of Lane Frost, an Oklahoma native who became a rodeo world champion bull rider. (In Stereo) [E]

10:06 pm CITY 29 ★★½ "Donnie Brasco" (1997, Drama) Al Pacino. An undercover FBI agent uses his friendship with an unsuspecting hit man to infiltrate the mob. Based on a true story. [E]

**AFTERNOON**

5:00 pm WGN 38 "Pros & Cons" (2000, Comedy) Larry Miller. Two cellmates who were convicted for crimes they didn't commit mastermind a jailbreak. (In Stereo) [E]

10:40 pm WTBS 3 ★½ "Domestic Disturbance" (2001, Suspense) John Travolta. A boy's real dad is the only one who believes his claim that he saw his stepfather commit a murder. [E]

**EVENING**

6:00 pm CITY 29 ★★½ "Donnie Brasco" (1997, Drama) Al Pacino. An undercover FBI agent uses his friendship with an unsuspecting hit man to infiltrate the mob. Based on a true story. [E]

8:10 pm WTBS 3 ★★ "Unfaithful" (2002, Drama) (PA) Richard Gere. An affluent housewife succumbs to the sexual spell of a charming Frenchman she met by chance in New York. [E]

9:00 pm FAM 26 ★★ "8 Seconds" (1994, Drama) Luke Perry. Based on

**Weather?**  
Updated Hourly...  
**Road Reports?**  
Updated Daily...  
[www.thenewsleader.ca](http://www.thenewsleader.ca)



Logan's Run 25-kilometre event winners. From left, Logan Beaulieu, Steve Briggeman (First Male Finisher), Melody Switzer (First Female Finisher), Race Director Moe 'the Eagle' Beaulieu.

**2005 Princeton Mens Open results**

Intense sunlight and heat put pressure on golfers in this year's Princeton Men's Open. Thanks to the generosity of sponsors this year, the club was able to award nine prizes per flight for both gross and net scores, as well as overall winners.

Chris Walroth took **Overall Low Gross** with a two-day score of 145. Darryl Caines took the **Overall Low Net** with a two-day score of 130.

**First Low Gross**  
Flight 1 - Clint Clifton  
Flight 2 - Geoff MacKinnon  
Flight 3 - Ray Tyler

**First Low Net**  
Flight 1 - Don McLeod  
Flight 2 - Ron Hansen  
Flight 3 - Larry Bystruk

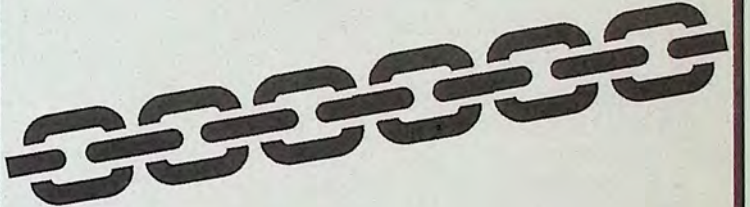
Hole sponsors were: Gil Bertrand: Century 21, Bob Wicks, Jim Emmons: Capri Insurance, Princeton Redi-Mix, Ian Elko:

greens superintendent, Rolling Greens Restaurant, Billy's Restaurant, O'Neil Construction, Rob's Pro Shop, Stevens & Stevens, K & M Trucking, Harold Walsh: Sears, P.A.S.S. Energy Saving Systems, Firemaster, Princeton Glass, John Tanaka, Valley First Credit Union, Golden Capital Securities Ltd: Harley Mayers and Gus Wahlroth, Princeton Co-Gen Corp., Mohawk, and Fred & Company.



Logan's Run 50-kilometre event winners. From left, Logan Beaulieu, Veronica McIlvenna (First Female Finisher), her husband Ian McIlvenna (First Male Finisher), Moe the Eagle.

**Similkameen News Leader**  
AN INDEPENDENT NEWSPAPER



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**wednesday movies**

**MORNING**

10:00 am CITY 29 ★★ "Poetry in Motion" (1982, Documentary) Allen Ginsberg. Two dozen poets present their works in live audience presentations, studio recitations and readings within their homes. [E]

with the same name as a deceased congressman uses political confusion to pave his way to Washington. (In Stereo) [E]

9:10 pm WTBS 3 ★★ "Set It Off" (1996, Drama) (PA) Jada Pinkett. Four inner-city women resort to bank robbery to improve their lot after the system deals each of them a hard blow. [E]

**AFTERNOON**

5:00 pm CITY 29 ★★ "Contact" (1997, Science Fiction) Jodie Foster. Based on the novel by Carl Sagan. A brilliant scientist receives a message across space from an alien intelligence. [E]

10:06 pm CITY 29 ★½ "The Rich Man's Wife" (1996, Suspense) Halle Berry. The unhappy wife of a wealthy television executive meets a sinister stranger with a murderous proposition. [E]

WGN 38 ★½ "Wishful Thinking" (1998, Suspense) William McNamara. Mystery and murder result when two spa installers' plot to kidnap the daughter of one's rich wife spins out of control. (In Stereo) [E]

11:10 pm WTBS 3 ★★ "A Perfect Murder" (1998, Suspense) (PA) Michael Douglas. A commodities broker persuades his wife's lover to kill her in order to inherit her trust fund. [E] (DVS)

**EVENING**

9:00 pm FAM 26 ★★½ "The Distinguished Gentleman" (1992, Comedy) Eddie Murphy. A con man

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TUESDAY, AUGUST 23, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Movie: "Two If by Sea"	News (E)	(Off Air)	Stretch Dragon	News (E)	News	Take This Job... (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monsters Boy (E)	SportsCentre (E)	News (E)	Daily Planet (E)	Paid Prog. GRC	Something Hoze	News Calvin, Miller	Maury (E)	Hillbillies
7 AM	Dawson's Creek (E)	Life Today	BluesClues	Clifford	Today Roni Cohen-Sandler; fall shoes; Tuesdays With Al;	The Early Show (E)	Sell House	Good Morning America			Stickin George S.	SportsCentre (E)	Canada AM (E)	Dinosaur Planet (E)	Sabrina Charles	Aladdin Kim	News (E)	CityLine (E)	Matlock (E)
8 AM	Dawson's Creek (E)	Huntley Street (E)	Dora	Barney			Investigative Reports			100 Huntley Street (E)	Jacob Boy (E)	Little League World		Monster Garage (E)	Paid Prog.	Lilo Stitch		Smallville "Whisper"	Rockford Files
9 AM	Becker	Save-Ums!	Bus	Sesame Street (E)	Today's Home.	Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	Mona	Record	Regis and Kelly	Daily Planet (E)	Dharma	Pooh	Maury (E)	News (E)	Magnum, P.I. (E)
10 AM	Cosby	The Price Is Right (E)	Madeline Little Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right (E)	American Justice	The View (E)	World Vision	Antique MoneyWs	Rupert	Triathlon: ITU	The View (E)	Frontier of Construction	The Larry Elder Show	Higglytown Henrys	Jerry Springer (E)	Movie: "The Flintstones" (1994)	News (E)
11 AM	Harvey	Judge J.	CG Kids	Yoga	Frasier	Young and the Restless	Take This Job... (E)	GRC	The Insider	News (Live) (E)	D'Myna	Great Outdoor Games (Taped)	Balance	Dinosaur Planet (E)	Montel Williams (E)	King (E)	Blind Date	Rockford Files	
12 PM	Drew	News (Live) (E)	Ministers	Charlie Rose (E)	Paid Prog.	News	Take This Job... (E)	All My Children (E)	News (Live) (E)	Days of our Lives (E)	SpongeBob		Daily	Pyramids, Mummies	Perry Mason	Fillmore	Maury (E)	CityLine (E)	Magnum, P.I. (E)
1 PM	Yes, Dear	Days of our Lives (E)	SportFish Planet	Wonderful Quilting	Days of our Lives (E)	As the World Turns	Sell House	One Life to Live (E)	As the World Turns	As the World Turns	George S.	Motoring	Vicki G.	Fear Fighters "SWAT"	Fam. Feud	Recess	Jerry Springer (E)	Relic Hunter (E)	Funnest Home Videos
2 PM	Home Imp.	The Outer Limits (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light (E)	Investigative Reports	General Hospital (E)	Passions (E)	Passions (E)	Mona	In Corner Interruption	General Hospital (E)	How-Made	Pat Croce	Proud	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	City Confidential (E)	GRC	Young and the Restless	Young and the Restless	Jacob	Record	Dr. Phil	Monster Truck	Starting Over (E)	Fillmore!	Pokémon	News (E)	Home Imp.
4 PM	Raymond	Simpsons	Dora the Explorer	Cyberchas	Judge J.	Oprah Winfrey (E)	American Justice	Millionaire	Oprah Winfrey (E)	News (E)	Tn-Titans	MLB	Frasier	Daily Planet (E)	Little House	Recess	Xiaolin	Girls-Badly	Will-Grace
5 PM	Friends	News (Live) (E)	George S.	BBC World	News (E)	News	Cold Case Files (E)	News (E)	News (E)	News (E)	Oddparent	Blue Jays at New York Yankees. (Live) (E)	News (E)	How-Made	Malcolm	Proud	Sabrina	Smallville "Onyx" (E)	Movie: "Pros & Cons" (2000)
6 PM	Sex & City	Will-Grace	Planet	News-Lehrer	News (E)	News	Dog the Bounty Hunter	News (E)	News (Live) (E)	Past Lives	Being Ian		News (E)	American Chopper (E)	Simpsons	Darcy	Friends	Movie: "Donnie Brasco" (1997)	WGN News at Nine
7 PM	Friends	Fortune	Parks	Nova (E)	Jeopardy!	Seinfeld	Biography: Lee	Entertain	Entertain	House (E)	Drake	SportsCentre (Live) (E)	eTalk Daily Hollywood	American Hot Rod (E)	Will-Grace	School	Raymond	Raymond	WGN News at Nine
8 PM	Movie: "Unfaithful" (2002)	Comedy Fest.	Goodall's Great Dates	Globe Trekker (E)	Meet Mister Mom (N)	NCIS (E)	Crossing Jordan (E)	Jim	Meet Mister Mom (N)	House "Kids" (E)	SpongeBob		Canadian Idol (N) (E)	Daily Planet (E)	House (E)	Boy World	Gilmore Girls (E)	Becker	
9 PM	Drama (PA)	Da Vinci's Inquest (E)	Kaldor	Wide Angle "Guilted"	The Office	Tommy	Big Brother 6 (N) (E)	Jim	House "Kids" (E)	Big Brother 6 (N) (E)	Mystery	Funpak	Tommy	American Chopper (E)	House "Kids" (E)	Movie: "8 Seconds" (1994)	Gilmore Girls (E)	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Movie: "Domestic Disturbance" (E)	The National	Adven.-English	P.O.V. "Bright Leaves" (N)	Law & Order: SVU	Rock Star: INXS (N)	Dog the Bounty Hunter	Boston Legal (E)	Largo Winch (N)	News (E)	Gundam	Canada vs. EMEA	Law & Order: SVU	American Hot Rod (E)	News	Luke Perry. (E)	KTLA Prime News (E)	Movie: "Donnie Brasco" (1997)	Justice Street
11 PM	News (E)	Reach-Top	Dotto Tech		News (E)	News	Biography: Lee	News (E)	News (Live) (E)	(11:03) Fear Factor (E)	Yvon	SportsCentre (Live) (E)	News (E)	How-Made	Becker	My So-Called Life (E)	Friends	Street	

WEDNESDAY, AUGUST 24, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	(5:00) Movie: "Set It Off" (PA)	News (E)	(Off Air)	Body Elec. Dragon	News (E)	News	Child Stars: Their Story	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monsters Boy (E)	SportsCentre (E)	News (E)	Daily Planet (E)	GRC	Something Hoze	News Calvin, Miller	Maury (E)	Hillbillies
7 AM	Dawson's Creek (E)	Life Today	BluesClues	Cliff Pup	Today (E)	The Early Show (E)		Good Morning America			Stickin George S.	SportsCentre (E)	Canada AM (E)	Young-Wild	Sabrina Charles	Aladdin Kim	News (E)	CityLine (E)	Matlock (E)
8 AM	Dawson's Creek (E)	Huntley Street (E)	Dora	Barney			Investigative Reports			100 Huntley Street (E)	Jacob Boy (E)	SportsCentre (E)		American Chopper (E)	Paid Prog.	Lilo Stitch		Smallville "Truth" (E)	Rockford Files
9 AM	Becker	Save-Ums!	Bus	Sesame Street (E)		Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	Mona	Record	Regis and Kelly	Daily Planet (E)	Dharma	Pooh	Maury (E)	News (E)	Magnum, P.I. (E)
10 AM	Cosby	The Price Is Right (E)	Madeline Little Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right (E)	American Justice	The View (E)	World Vision	Diva Dime MoneyWs	Rupert	Triathlon: ITU	The View (E)	How-Made	The Larry Elder Show	Stanley	Jerry Springer (E)	Movie: "Poetry in Motion" (1982)	News (E)
11 AM	Harvey	Judge J.	CG Kids	Yoga	Frasier	Young and the Restless	Airline (E)	Paid Prog.	The Insider	News (Live) (E)	D'Myna	Great Outdoor Games (Taped)	Balance	Untamed Asia (E)	Montel Williams (E)	King (E)	Blind Date	MLB Baseball: Atlanta Braves at Chicago Cubs. (Live) (E)	
12 PM	Drew	News (Live) (E)	Oceans: Quest	Charlie Rose (N) (E)	Body-Jake	News	Child Stars: Their Story	All My Children (E)	News (Live) (E)	Days of our Lives (E)	SpongeBob		Daily	Incredible Stories	Perry Mason	Fillmore	Maury (E)	CityLine (E)	
1 PM	Yes, Dear	Days of our Lives (E)	Thimble Planet	Simply Sewing	Days of our Lives (E)	As the World Turns	One Life to Live (E)	As the World Turns	As the World Turns	As the World Turns	George S.	Motorcycle Racing	Vicki G.	Monster Garage (E)	Fam. Feud	Recess	Jerry Springer (E)	Relic Hunter (E)	
2 PM	Home Imp.	The Outer Limits (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light (E)	Investigative Reports	General Hospital (E)	Passions (E)	Passions (E)	Mona	Cheerlead Interruption	General Hospital (E)	World Biker Build-Off	Pat Croce	Proud	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	City Confidential (E)	GRC	Young and the Restless	Young and the Restless	Jacob	Record	Dr. Phil	How-Made	Starting Over (E)	Fillmore	Pokémon	News (E)	Home Imp.
4 PM	Raymond	Simpsons	Dora the Explorer	Cyberchas	Judge J.	Oprah Winfrey (E)	American Justice	Millionaire	Oprah Winfrey (E)	News (E)	Tn-Titans	Pregame	Frasier	Daily Planet (E)	Little House	Recess	Xiaolin	Girls-Badly	Will-Grace
5 PM	Raymond	News (Live) (E)	George S.	BBC World	News (E)	News	Dog	News (E)	News (E)	News (E)	Oddparent	Football: Calgary Stampeder's at Toronto Argonauts. (Live) (E)	News (E)	Superweap	Malcolm	Proud	Sabrina	Movie: "Wishful Thinking" (1998)	
6 PM	Seinfeld	Will-Grace	Imprint	News-Lehrer	News (E)	News	Inked (E)	News (E)	News (Live) (E)	2nd Chnce	Being Ian		News (E)	Superweap	Simpsons	Darcy	Friends	Jodie Foster, Matthew McConaughey. (E)	
7 PM	Sex & City	Fortune	Haanas	AR FYI	Jeopardy!	Seinfeld	Angel	Entertain	Entertain	Queer Eye-Guy	ReBoot		eTalk Play	MythBusters (E)	Will-Grace	School	Raymond	WGN News at Nine	
8 PM	Friends	Great Big Sea (E)	Lava Hunters: Taming	American Masters: Ralph Ellison	Moments	Still	Crossing Jordan (E)	Brat Camp (E)	"70s Show	"70s Show	SpongeBob		So You Think You Can Dance (E)	Daily Planet (E)	So You Think You Can Dance (N)	Boy World	One Tree Hill (E)	Becker	
9 PM	Movie: "Set It Off" (1996) (PA)	the fifth estate (E)	Galileo's Sons (E)	Ellison	Law & Order "Cut"	Rock: INXS King	Dog	Brat Camp (N) (E)	Fear Factor (E)	The Inside (E)	Mystery	Gridiron Stars	Brat Camp (N) (E)	MythBusters (E)	Bernie Mac	"The Distinguished	Smallville "Recruit"	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Jada Pinkett. (E)	The National	Ministers	American Masters (E)	Law & Order "Enemy"	CSI: NY "Hush" (E)	Inked (E)	Lost "...In Translation"	Queer Eye-Guy	News (E)	Inuyasha	Poker: 2004	Comedy	Superweap	News	Gentleman	KTLA Prime News (E)	Movie: "The Rich Man's Wife" (1996)	Justice Street
11 PM	News (E)	Second	Charlie Rose (N) (E)		News (E)	News	Angel	News (E)	News (Live) (E)	(11:03) Fear Factor (E)	Yvon	SportsCentre (Live) (E)	News (E)	Superweap	Becker	My So-Called Life (E)	Friends	Street	



**Regular Meetings**

- \* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- \* Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- \* Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- \* Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- \* PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- \* Hedley Library open 2-7pm Thursdays
- \* Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- \* Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- \* Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- \* Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- \* Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- \* Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- \* Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- \* Vermilion Trails Society meets 2nd Wednesday of the month. 7:00 PM in Chamber of Commerce meeting room.
- \* Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- \* Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- \* Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

**Similkameen News Leader Community Calendar**

**AUGUST**

- 26 - Weyerhaeuser Free Swim, Centennial Pool
- 27 - Princeton Posse Youth Hockey Camp

**SEPTEMBER**

- 4, 5 - Gold Wing Riders Ride of Lights, Princeton
- 10 - Childrens Festival - Keremeos
- 10, 11 - Princeton Fall Fair
- 17 - Similkameen Sizzle, Keremeos
- 18 - Terry Fox Run, 1pm, Memorial Park
- 18 - George & Brenda's 1st Wedding Anniversary
- 24, 25 - Keremeos Elks High School Rodeo, Keremeos

**OCTOBER**

- 22 - Taste of Our Valley, Keremeos
- 31 - Halloween Spook House, Princeton Fairgrounds

**NOVEMBER**

- 11 - Remembrance Day

**DECEMBER**

- 3 - Christmas Arts & Crafts Fair, Keremeos
- 25 - Christmas

**JANUARY**

- 1 - New Years Day

Check our 'Events Calendar' at [www.thenewsleader.ca](http://www.thenewsleader.ca) for more events and meetings in the Similkameen!

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!  
[ads@thenewsleader.ca](mailto:ads@thenewsleader.ca)

**thursday movies**

**MORNING**

10:00 am CITY (29) ★★½ "Fletch" (1985, Comedy) Chevy Chase. A reporter with an array of disguises unravels a plot involving a wealthy businessman who contracts his own murder.

**AFTERNOON**

5:00 pm CITY (29) ★★ "Sweet Home Alabama" (2002, Comedy) Reese Witherspoon. Premiere. A fashion designer returns to her backwater hometown to divorce her husband so that she can marry her wealthy fiance. (In Stereo) (CC)  
WGN (38) ★★ "The Crew" (2000, Comedy) Richard Dreyfuss. Aging mobsters unwittingly cross a vengeful drug lord as they try to save their retirement home. (In Stereo) (CC)

**EVENING**

8:00 pm WTBS (3) ★★ "Hot Shots!" (1991, Comedy) Charlie Sheen. In this spoof of military movies, the son of a disgraced pilot prepares for a secret mission.  
KXLY (10) ★★ "Evolution" (2001, Comedy) David Duchovny. Premiere. A science professor and his cohorts battle a slew of rapidly

growing alien organisms that threaten to overrun the Earth. (In Stereo) (CC)  
FOX (25) ★★ "Sweet Home Alabama" (2002, Comedy) Reese Witherspoon. Premiere. A fashion designer returns to her backwater hometown to divorce her husband so that she can marry her wealthy fiance. (In Stereo) (CC)  
9:00 pm FAM (26) ★★½ "Bebe's Kids" (1992, Comedy) Voices of Faizon Love. Animated. Three lonely latchkey kids vent their frustrations. Based on late comic Robin Harris' stand-up routine.  
10:00 pm WTBS (3) ★★½ "The Naked Gun 2 1/2: The Smell of Fear" (1991, Comedy) Leslie Nielsen. Lt. Frank Drebin creates chaos on Capitol Hill when an evil industrialist kidnaps the president's chief energy expert. (CC)  
10:06 pm CITY (29) ★½ "The Pest" (1997, Comedy) John Leguizamo. A cash debt to the mob puts a gleefully obnoxious con artist in the crosshairs of a German big-game hunter's gun.

**friday movies**

**MORNING**

10:00 am CITY (29) ★★ "Sweet Home Alabama" (2002, Comedy) Reese Witherspoon. Premiere. A fashion designer returns to her backwater hometown to divorce her husband so that she can marry her wealthy fiance. (In Stereo) (CC)

**AFTERNOON**

4:30 pm WGN (38) ★★½ "12 Monkeys" (1995, Science Fiction) Bruce Willis. A prison inmate from the future is sent back in time to stop a deadly virus from decimating the world's population. (In Stereo) (CC)

**EVENING**

6:00 pm CITY (29) ★★½ "Waydowntown" (2000, Comedy) Fabrizio Filippo. Four Calgary office workers make a bet to see who can last the longest without venturing outside. (CC)  
7:30 pm FAM (26) ★★½ "Mulan" (1998, Adventure) Voices of Ming-Na Wen. Premiere. Animated. Based on the legend of a young woman who disguised herself as a man to join the Chinese army against the Huns. (In Stereo)  
8:00 pm WTBS (3) ★★ "Entrapment" (1999, Suspense) (PA) Sean Connery. A veteran thief is wary of his nubile young partner as they plan a Y2K heist that

will yield them billions of dollars. (CC)  
KNOW (5) ★★½ "Oliver!" (1968, Musical) Ron Moody. Six Oscars went to this adaptation of Charles Dickens' novel about an orphan who falls in with a gang of pickpockets. (CC)  
9:00 pm YTV (18) "InuYasha: The Castle Beyond the Looking Glass" (2002, Fantasy) Animated. InuYasha and his companions try to prevent a demon's minions from weaving a powerful spell. (In Stereo) (CC)  
FAM (26) ★★½ "Benny & Joon" (1993, Drama) Aidan Quinn. The brother of a mentally ill young woman becomes concerned when an eccentric newcomer and his sister fall in love.  
10:06 pm CITY (29) ★½ "Desires of Innocence" (1997, Suspense) Lara Nelms. Three lovely vacationers get more than they bargained for when they come into possession of a cash-filled suitcase.  
10:30 pm FAM (26) ★★½ "Witness" (1985, Drama) Harrison Ford. A tough cop takes refuge in Amish country when corrupt officers come after the young murder witness in his charge. (In Stereo) (CC)  
11:12 pm KSPS (6) ★★½ " Fargo" (1996, Comedy-Drama) Frances McDormand. A pregnant police chief probes the murderous events that evolved from a desperate car salesman's kidnapping scheme.

**Horoscopes**

August 24-31, 2005

- Aries** - Your partner is treating you well these days, and communication at home and with family increases. Misunderstandings are cleared. You might be inclined to spend too much - conserve cash.
- Taurus** - Your energy levels continue good and health shows continuing improvement. This week, you will feel better than you have in a long time. Home, family are more settled, perhaps boring, or a burden.
- Gemini** - You have a lot to say this week, and you are inclined to say it forcefully, especially at home or with family members. You may say some great truths in jest, but pointed jokes can hurt, too.
- Cancer** - Money and resources are under control but are in short supply. You have lots of plans, especially for family, but making it work may be difficult. You may be busy with groups who make demands.
- Leo** - Career demands are great, and information comes at you from all directions. Negative feedback makes you feel depressed. Be cautious about what you say in jest - if could work against you.
- Virgo** - Be cautious about your spending now or you will be broke by the end of the month. You want pretty things around you, but you do not have the resources to spend much. Discipline is important now.
- Libra** - Your artistic talents could surprise people this week and bring unexpected resources. At the same time, you are challenged to think very clearly and deal with reality. Dreamtime is over!
- Scorpio** - Job demands continue to be burdensome. Work hard, look for a pay-off later. You are in a happy frame of mind despite demands made by partner and friends. Put planning skills into high gear, take action.
- Sagittarius** - Important information comes to you through education, schools, travel, or people at a distance. Career is in high gear, demands hard work. You see groups in a different light, change!
- Capricorn** - Career matters accelerate, but are more fun than usual. Young people talk about shared resources, clear up misunderstandings. Surprise communication about career could mean money confusion.
- Aquarius** - Family matters keep you busy this week, and you need to work on home and property. You feel a lack of a partner and friends. This week could bring financial rewards. Look at assets.
- Pisces** - Be very clear about shared resources, agreements regarding financial obligations. You may feel overwhelmed by information overload this week, but your thinking is sharp. News could surprise you.

Online Classified Ads:  
[www.thenewsleader.ca](http://www.thenewsleader.ca)

**Similkameen News Leader Recipe Corner (Recipe #78)**

**Beef Pops**

(FOR DOGS, CATS OR FERRETS)

- 4 beef marrow bones (at least 1-inch long)
- water

Put the bones in a sauce pan and add enough water to cover them. Bring the water to a boil and continue boiling for at least 20 minutes - longer for a richer broth. Remove the bones and save any beef marrow still attached, along with any meat you can get off the bones. Cool the broth to room temperature. Chop up the marrow/meat/gristle into tiny bits and add it to the liquid. Pour the mixture into plastic popsicle containers or ice cube trays and freeze.

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If you have a favourite recipe you would like to share, contact us for details!

**226A Bridge Street, Princeton**



THURSDAY, AUGUST 25, 2005

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM	(5:00) Terminal Velocity	News	(Off Air)	Stretch Dragon	News	News	Bio.: Dixie Chicks	(5:00) News	News (Live)	(5:00) News (Live)	Monsters Boy	SportsCentre	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Bio.: Twain	Good Morning America			Stickin George S.	SportsCentre	Canada AM	House Fly	Libertys Charles	Aladdin Kim	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street	Dora	Barney			Investigative Reports			100 Huntley Street	Jacob Boy	SportsCentre		MythBusters	Paid Prog.	Lilo Stitch		Smallville "Talisman"	Rockford Files
9 AM	Becker	Save-Ums!	Bus	Sesame Street (EI)			Discover	City Confidential	100 Huntley Street	World Vision	Mona Monster	Record	Regis and Kelly	Daily Planet	Dharma GRC	Pooh JoJo	Maury	News City	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline Little Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	The View	World Vision	Room MoneyWs	Rupert	Triathlon	The View	How-Made	The Larry Elder Show	Higglytown Henrys	Jerry Springer	Movie: "Fletch" (1985, Comedy)	News
11 AM	Harvey	Judge J.	CG Kids	Yoga	Fraser	Young and the Restless	Family	GRC	The Insider	News (Live)	D'Myna	Great Outdoor Games (Taped)	Balance	Mabeke the Gorilla	Montel Williams	King Lilo Stitch	Blind Date	Comedy Choke Chase	Rockford Files
12 PM	Drew	News (Live)	Reach-Top Animals	Charlie Rose	Paid Prog. GRC	News Bold & B.	Bio.: Dixie Chicks	All My Children	News (Live)	Days of our Lives	SpongeBob LazyTown		Daily	The Death Star (N)	Perry Mason	Fillmore Weekend	Maury	CityLine	Magnum, P.I. "Forty"
1 PM	Yes, Dear	Days of our Lives	Journal Planet	Painting Needle Art	Days of our Lives	As the World Turns	Bio.: Twain	One Life to Live	As the World Turns	As the World Turns	George S. Care Bears	PGA Golf: Buick Champions	Vicki G.	Superweapons	Fam. Feud	Recess Kim	Jerry Springer	Relic Hunter	Funnest Home Videos
2 PM	Home Imp.	The Outer Limits	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Investigative Reports	General Hospital	Passions	Passions	Mona Fly Rhino	hip -- First Round.	General Hospital	Superweapons	Pat Croce	Proud Lizzie	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Emmerdale	Timothy	Postcards	Brown	Dr. Phil	City Confidential	Paid Prog. Home Imp.	Young and the Restless	Young and the Restless	Jacob Mischief	Record	Dr. Phil	How-Made	Starting Over	Fillmore Weekend	Pokémon Jackie	News	Home Imp.
4 PM	Raymond	Simpsons	Dora the Explorer	Cyber	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	Billiards: Mosconi Cup.	Fraser	Daily Planet	Little House	Recess Barbarian	Xiaolin	Girls-Badly	Will-Grace
5 PM	Friends	News (Live)	George S. Arthur	BBC World Business	News NBC News	News CBS News	Cold Case Files	News ABC News	News Global	News Global	Oddparent	Boxing: Javier Castillejo vs. Fernando Vargas.	News	Frontiers of	Malcolm King of Hill	Proud Lizzie	Sabrina Fresh Pr.	Movie: "Sweet Home Alabama" (2002) Premiere.	Movie: "The Crew" (2000) Richard Dreyfuss.
6 PM	Friends	Will-Grace	Edge	News-Lehrer	News Raymond	News Hollywood		News	News (Live)	Summit	Belgian Mystery		News	Extreme Engineering	Simpsons "70s Show"	Darcy So Raven	Friends Will-Grace	WGN News at Nine	
7 PM	Family Guy	Fortune	Seeds of Change	History Detectives (N)	Jeopardy!	Seinfeld Friends	The First 48	Entertain The Insider	Entertain Design	Without a Trace	Endurance Trading	SportsCentre (Live)	eTalk Daily Hollywood	Explosion at Sea	Will-Grace "70s Show"	School Radio Free	Raymond	Hey Joel	Becker
8 PM	Movie: "Hot Shots!" (1991)	Stargate SG-1	Ministers Trouble	Jonathan Creek	Joey Will-Grace	Big Brother 6	Crossing Jordan	Movie: "Evolution" (2001)	Joey Will-Grace	Big Brother 6	SpongeBob	Jr. Hockey	Veronica Mars (N)	Daily Planet	Movie: "Sweet Home Alabama" (2002) Premiere.	Boy World Brotherly	Smallville "Krypto"	SexTV	Becker
9 PM	Charlie Sheen.	Largo Winch (DVS)	No Price Too High	Thank You, Eddie Hart	Scrubs	CSI: Crime Scn	Cold Case Files	David Duchovny	Will-Grace	Will-Grace	Mystery Academy	Monday Night Countdown	CSI: Crime Scn	Extreme Engineering	Alabama (1992) Premiere.	Movie: "Bebe's Kids" (1992)	Everwood	Jimmy Kimmel Live	Home Delivery
10 PM	The Naked Gun 2 1/2: The Smell of Fear	The National	Lost Treasures	Soundstage (N)	(9:59) ER "Ruby Redux"	Without a Trace		Primetime	Without a Trace	News Sports	Inuyasha Gundam	In Corner	CSI: NY	Explosion at Sea	Malcolm	Boy World	KTLA Prime News	(10:06) Movie: "The Pest" (1997) John Leguizamo.	Justice Street
11 PM		News Sportspage	Perspectives	Charlie Rose (N)	News Tonight	News Late Show	The First 48	News Nightline	News (Live)	(11:03) Fear Factor	Yvon My Family	SportsCentre (Live)	News	Frontiers of	Becker Just Shoot	My So-Called Life	Friends Will-Grace		Eliminate

FRIDAY, AUGUST 26, 2005

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM	Saved-Bell	News	(Off Air)	Body Elec. Dragon	News	News	Third Watch	(5:00) News	News (Live)	(5:00) News (Live)	Monsters Boy	SportsCentre	News	Daily Planet	Paid Prog.	Something	News Calvin, Miller	Maury	Hillbillies
7 AM	Dawson's Creek	Life Today	BluesClues	Clifford	Today	The Early Show	Third Watch	Good Morning America			Stickin George S.	SportsCentre	Canada AM	Nature	Libertys Charles	Aladdin Kim	News	CityLine	Matlock
8 AM	Dawson's Creek	Huntley Street	Dora	Barney			Third Watch			100 Huntley Street	Jacob Boy	SportsCentre		American Hot Rod	Paid Prog.	Lilo Stitch		Smallville "Crush"	Rockford Files
9 AM	Becker	Save-Ums!	Bus	Sesame Street (EI)			Discover	City Confidential	100 Huntley Street	World Vision	Mona Monster	Record	Regis and Kelly	Daily Planet	Dharma GRC	Pooh JoJo	Maury	News City	Magnum, P.I.
10 AM	Cosby	The Price Is Right	Madeline Little Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right	American Justice	Soap Secrets	World Vision	Homes MoneyWs	Rupert	Bowling	Newlywed	How-Made	The Larry Elder Show	Stanley Henrys	Jerry Springer	Movie: "Sweet Home Alabama" (2002) Premiere.	News
11 AM	Harvey	Judge J.	CG Kids	Yoga	Fraser	Young and the Restless	Third Watch	Paid Prog.	The Insider	News (Live)	D'Myna	Great Outdoor Games (Taped)	Balance	Super Ships	Montel Williams	King Lilo Stitch	Blind Date	Alabama (2002) Premiere.	MLB Baseball: Florida Marlins at Chicago Cubs. (Live)
12 PM	Drew	News (Live)	Edge Parks	Charlie Rose	Paid Prog.	News Bold & B.	Third Watch	All My Children	News (Live)	Days of our Lives	SpongeBob LazyTown		Daily	Frontiers of	Perry Mason	Fillmore Weekend	Maury	CityLine	Florida Marlins at Chicago Cubs.
1 PM	Yes, Dear	Days of our Lives	Home Planet	Art Beads Bbl	Days of our Lives	As the World Turns	Third Watch	One Life to Live	As the World Turns	As the World Turns	George S. Care Bears	PGA Golf: Buick Champions	Vicki G.	Extreme Engineering	Fam. Feud	Recess Kim	Jerry Springer	Relic Hunter	Inning
2 PM	Home Imp.	The Outer Limits (N)	Gaslight Health	Mr Rogers Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona Fly Rhino	hip -- Second Round.	General Hospital	Explosion at Sea	Pat Croce	Proud Lizzie	Home Delivery	Ellen DeGeneres Show	Cosby
3 PM	Seinfeld	Diva Dime	Timothy	Postcards	Brown	Dr. Phil	City Confidential	Paid Prog. Home Imp.	Young and the Restless	Young and the Restless	Jacob Beasts	Record	Dr. Phil	Super Ships	Starting Over	Fillmore Weekend	Pokémon Jackie	News	Home Imp.
4 PM	Raymond	Simpsons	Dora the Explorer	Cyber	Judge J.	Oprah Winfrey	American Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	CFL Football: Winnipeg	Fraser	Daily Planet	Little House	Recess Barbarian	Xiaolin	Girls-Badly	Will-Grace
5 PM	MLB Baseball: Atlanta Braves at Milwaukee Brewers. (Live)	News	George S. Arthur	BBC World Business	News NBC News	News CBS News	Biography: Child Stars II: Hollywood	News ABC News	News Global	News Global	Oddparent	Blue Bombers at Hamilton	News	Fear Fighters	NFL Preseason Football: Pittsburgh Steelers at Washington Redskins.	Proud Lizzie	Sabrina Fresh Pr.	StarTV	Movie: "12 Monkeys" (1995) Bruce Willis, Brad Pitt.
6 PM		Will-Grace	Home Animals	News-Lehrer	News Raymond	News Hollywood		News	News (Live)	Homes Entertain	Yu-Gi-Oh!	Tiger-Cats. (Live)	News	World of Mysteries	Pittsburgh Steelers at Washington Redskins.	Zoey 101 Phil	Friends Will-Grace	Movie: "Waydown" (2000) Fabrizio Filippo.	WGN News at Nine
7 PM		Fortune	Ultimate Response	Wash Wk McLaughlin	Jeopardy!	Seinfeld Friends	Bio.: Koresh	Entertain The Insider	Entertain 2nd Chnce	Vanity Insanly (N)	Gundam Cybertron	CFL Football: Montreal Alouettes at Edmonton Eskimos. (Live)	eTalk Daily Hollywood	Supertwister	News	School	Raymond	Movie: "Mulan" (1998) Premiere.	WGN News at Nine
8 PM	Movie: "Entrapment" (1999)	Air Farce 22 Minutes	Movie: "Oliver!" (1968, Musical)	NOW (N) Europe	Dateline NBC	60 Minutes II	Amer. Justice	Supernanny	The Outer Limits (N)	Gilmore Girls	One Piece Dragonball	Alouettes at Edmonton Eskimos. (Live)	Newlywed	Daily Planet	News "70s Show"	Movie: "Mulan" (1998) Premiere.	Blue Coll	Night Party	Becker
9 PM	(PA) Sean Connery.	Tourn Comedy	Cat Stevens: Oliver	The Cut	Biography: Child Stars II: Hollywood	NUMB3RS	Hope & Faith	Malcolm	Malcolm	Leaving Bountiful (N)	Inuyasha: Castle Beyond the Looking Glass	(Live)	Punk'd	Sex Files	Simpsons "70s Show"	Movie: "Benny & Joon" (1993)	Reba Living-Fran	Jimmy Kimmel Live (N)	Home Delivery
10 PM	Family Guy	The National	Outdr Art	Vicar-Dbly	Crossing Jordan			20/20	20/20	Sports		Poker: 2004	Osbourne's	MythBusters	Malcolm	Movie: "Witness" (1985)	Friends Will-Grace	(10:06) Movie: "Desires of Innocence" (1997) Suspense)	Justice Street
11 PM	Oblongs	News Sportspage	Canada-History	Movie: "Fargo" (1996)	News Tonight	News Late Show	Bio.: Koresh	News Nightline	News (Live)	(11:03) Fear Factor	ReBoot	SportsCentre (Live)	News	American Chopper	Becker Just Shoot	My So-Called Life	Friends Will-Grace		Eliminate



# saturday movies

### MORNING

7:00 am WTBS (3) ★★"Save the Last Dance" (2001, Drama) Julia Stiles. A former ballet student gets a dose of hip-hop culture after she enrolls in an urban Chicago high school. (E)

9:15 am WTBS (3) ★★"Dangerous Minds" (1995, Drama) Michelle Pfeiffer. A dedicated English teacher at an inner-city school works to challenge and inspire her class of under-achievers. (E)

11:00 am A&E (9) ★★½"Good Will Hunting" (1997, Drama) Matt Damon. A young janitor with a high intellect goes through a battle of wits with a therapist over his true feelings. (E)

WGN (38) ★★"The Crew" (2000, Comedy) Richard Dreyfuss. Aging mobsters unwittingly cross a vengeful drug lord as they try to save their retirement home. (In Stereo) (E)

11:30 am WTBS (3) ★★½"Pay It Forward" (2000, Drama) Kevin Spacey. A disfigured teacher's classroom assignment inspires a boy's attempt to change the world through

### altruistic acts. (E)

### AFTERNOON

12:00 pm FAM (26) ★★"Full-Court Miracle" (2003, Docudrama) Alex D. Linz. The young captain of a Hebrew academy's basketball team convinces an NBA hopeful to coach his winless players. (In Stereo) (E)

CITY (29) ★★½"Contact" (1997, Science Fiction) Jodie Foster. Based on the novel by Carl Sagan. A brilliant scientist receives a message across space from an alien intelligence. (E)

1:35 pm FAM (26) ★★½"Eddie's Million Dollar Cook-Off" (2003, Comedy) Taylor Ball. A baseball prodigy puts his teammates in a pickle when he enters a cooking contest that interferes with the playoffs. (In Stereo) (E)

2:00 pm WTBS (3) ★★"Entrapment" (1999, Suspense) (PA) Sean Connery. A veteran thief is wary of his nubile young partner as they plan a Y2K heist that will yield them billions of dollars. (E)

4:00 pm YTV (18) ★"Pokémon: Mewtwo Returns" (2000, Adventure) Voices of Veronica Taylor. Animated. Mewtwo establishes a haven for cloned Pokémon like himself. (In Stereo) (E)

KTLA (27) ★★"The Crew" (2000, Comedy) Richard Dreyfuss. Aging mobsters unwittingly cross a vengeful drug lord as they try to save their retirement home. (In Stereo) (E)

5:00 pm WGN (38) ★★½"Jumpin' Jack Flash" (1986, Comedy) Whoopi Goldberg. A computer operator's life is turned upside down when a trapped British spy sends messages through her terminal. (E)

### EVENING

6:00 pm CITY (29) ★★"No Alibi" (1999, Suspense) Dean Cain. A sordid love triangle results when a racketeer's mistress falls in love with a man whose brother she helped kill. (E) (DVS)

7:15 pm WTBS (3) ★★½"My Cousin Vinny" (1992, Comedy) Joe Pesci. An inept lawyer from Brooklyn wages a laughable legal battle to spring his cousin from an Alabama jail. (E)

8:00 pm KXLY (10) ★★½"The Mexican" (2001, Adventure) Brad Pitt. Premiere. A mob lackey stumbles through Mexico in search of an

antique gun while his ex-lover bonds with a sensitive hit man. (In Stereo) (E)

8:30 pm WGN (38) ★★½"12 Monkeys" (1995, Science Fiction) Bruce Willis. A prison inmate from the future is sent back in time to stop a deadly virus from decimating the world's population. (In Stereo) (E)

9:00 pm CHBC (4) ★★½"Stranger in Town" (1998, Drama) Harry Hamlin. A boy suspects that the stranger who befriended his single mother is hiding his true identity and motive. (E) (DVS)

YTV (18) ★★½"Tremors" (1990, Horror) Kevin Bacon. Two handyman and a seismology student battle giant carnivorous sandworms threatening small-town Nevada. (In Stereo) (E)

FAM (26) ★★"Mr. Jones" (1993, Drama) Richard Gere. A doctor crosses the ethical line when she falls under the spell of a charming but mentally unbalanced patient. (In Stereo) (E)

CITY (29) ★★½"Contact" (1997, Science Fiction) Jodie Foster. Based on the novel by Carl Sagan. A brilliant scientist receives a message across space from an alien intelligence. (E)

9:45 pm WTBS (3) ★"Anaconda" (1997, Horror) (PA) Jennifer Lopez. Members of a documentary film crew

become fodder for a gargantuan snake slithering through the Brazilian jungle. (E)

10:50 pm FAM (26) ★★½"Hero" (1992, Comedy-Drama) Dustin Hoffman. A homeless Vietnam veteran poses as the Samaritan who saved passengers from the wreckage of a downed airliner. (In Stereo) (E)

11:00 pm WGN (38) ★½"Wishful Thinking" (1998, Suspense) William McNamara. Mystery and murder result when two spa installers' plot to kidnap the daughter of one's rich wife spins out of control. (In Stereo) (E)

11:45 pm WTBS (3) ★★"Desperado" (1995, Drama) (PA) Antonio Banderas. The body count rises as a guitar-strumming gunman takes aim at a Mexican drug lord in this sequel to "El Mariachi." (E)

## Similkameen News Leader Community Events Cruiser



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### LEGEND TO THE TV LISTINGS Summer Months July / August "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.

**P.A.S.S. Energy Management Services**

Off Peak Green Zones  
On Peak Red Zones

**Princeton Light & Power**  
231 Bridge Street, Princeton  
Phone (250) 295-3244  
Fax (250) 295-3611

### Time-of-use Schedule for TOU \* SUMMER MONTHS JULY - AUGUST

Hour	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

# sunday movies

### MORNING

6:30 am WTBS (3) ★★"The Last Boy Scout" (1991, Drama) (PA) Bruce Willis. An ex-Secret Service agent and a former quarterback uncover sports corruption while investigating a stripper's murder. (E)

7:00 am A&E (9) ★★½"Good Will Hunting" (1997, Drama) Matt Damon. A young janitor with a high intellect goes through a battle of wits with a therapist over his true feelings. (E)

8:30 am WTBS (3) ★★"My Cousin Vinny" (1992, Comedy) Joe Pesci. An inept lawyer from Brooklyn wages a laughable legal battle to spring his cousin from an Alabama jail. (E)

10:00 am CHBC (4) "Betrayed" (2003, Drama) Kari Matchett. Residents of a small town are threatened when a deadly microbe contaminates their water supply. (E)

### AFTERNOON

12:00 pm FAM (26) ★★"Mulan" (1998, Adventure) Voices of Ming-Na Wen. Animated. Based on the legend of a young woman who disguised herself as a man to join the Chinese army against the Huns. (In Stereo) (E)

1:00 pm VTV (22) "Requiem for Murder" (1998, Suspense) Chris Mulkey. The disc jockey of a classical music station finds that she is linked to a string of murders. (In Stereo) (E)

KTLA (27) ★★"Navigating the Heart" (2000, Romance) Jaclyn Smith. A career woman shares an unlikely romance with a small-town fisherman. Based on Edith Iglauer's autobiography. (In Stereo) (E)

1:30 pm FAM (26) ★½"MVP2: Most Vertical Primate" (2002, Comedy) Richard Karn. Dreams of skateboarding stardom come true for a homeless boy and the fugitive chimpanzee he befriends. (In Stereo) (E)

3:00 pm WTBS (3) ★★½"Blade II" (2002, Action) (PA) Wesley Snipes. Vampire hunter Blade reluctantly joins forces with his undead enemies to battle a new race of blood-suckers. (E)

KTLA (27) ★½"Wishful Thinking" (1998, Suspense) William McNamara. Mystery and murder result when two spa installers' plot to kidnap the daughter of one's rich wife spins out of control. (In Stereo) (E)

4:00 pm YTV (18) ★★"The Babysitters Club" (1995, Drama) Schuyler Fisk. Seven girls balance the growing pains of adolescence with the demands of operating a daycare camp for children. (In Stereo) (E)

5:00 pm WTBS (3) ★★"Scream 3" (2000, Horror) (PA) David Arquette. Gale Weathers and friends help with the investigation when a copycat killer dispatches actors on the set of "Stab 3." (E)

WGN (38) ★★"A Dog of Flanders" (1999, Drama) Jack Warden. In 19th-century Belgium, a poverty-stricken boy nurses an abused dog back to health and dreams of becoming an artist. (In Stereo) (E)

EVENING

7:30 pm WTBS (3) ★★"Scream 3" (2000, Horror) (PA) David Arquette. Gale Weathers and friends help with the investigation when a copycat killer dispatches actors on the set of "Stab 3." (E)

8:00 pm CHBC (4) ★★"The

Empire Strikes Back" (1980, Science Fiction) (Part 1 of 2) Mark Hamill. Darth Vader launches an obsessive quest to crush the rebellion in the second chapter of the "Star Wars" trilogy. (E)

KTLA (27) ★★½"Final Destination" (2000, Horror) Devon Sawa. Teens meet with horrible ends after a classmate's precognitive vision leads to their ejection from a doomed airliner. (In Stereo) (E)

9:00 pm KREM (8) ★★½"Stone Cold" (2005, Mystery) Tom Selleck. A hard-drinking police chief must face his inner demons to solve a string of violent crimes in a quiet fishing village. (DVS)

FAM (26) ★★"Baby Boom" (1987, Comedy) Diane Keaton. A high-powered executive's lifestyle is severely cramped when she takes on the care of a distantly related baby girl. (E)

10:00 pm WTBS (3) ★★"Blade" (1998, Action) (PA) Wesley Snipes. A half-human, half-vampire superhero hunts down the brutal blood-sucking creature who infected his mother. (E)

10:15 pm CHBC (4) ★★"The Empire Strikes Back" (1980, Science Fiction) (Part 2 of 2) Mark Hamill. Darth Vader launches an obsessive quest to crush the rebel-

lion in the second chapter of the "Star Wars" trilogy. (E)

11:00 pm CITY (29) ★★"Last Tango in Paris" (1973, Drama) Marlon Brando. A middle-aged widower and an uninhibited woman begin an affair throughout which they remain nameless to each other. (E)

11:03 pm FAM (26) ★★½"Just One of the Guys" (1985, Comedy) Joyce Hyser. When sexism causes her to be passed over as a journalism intern, a teenager disguises herself as a male. (E)

**Weather?**  
Updated Hourly...

**Road Reports?**  
Updated Daily...

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SATURDAY, AUGUST 27, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTVA (27)	CITY (29)	WGN (38)	
6 AM	Stories	News	(Off Air)	Globe Trekker	(5:00) Today	Saturday Early Show	Ask This	Good Morning America	Fire Station	Diva Dime	Monsters	SportsCen tre	OWLTV	Frontier of Constructi on	Paid Prog.	Dalgunder	Paid Prog.	Indo	Paid Prog.	
:30	Storyline	Pet Guys					Ask This		Cirque	Room	Monster		Kingdom		Paid Prog.	Rangers	Paid Prog.	Dharti	Paid Prog.	
7 AM	Movie: "Save the Last Dance" (2001) Julia Stiles.	Pet Guys	BluesClues	MotorWeek	News	LazyTown	Flip This House	Good Morning Northwest Saturday	News (Live)	News (Live)	Cybertron	Fishing	Katie-Orbie	World of Mysteries	Mew Mew	Rangers	Batman	Eye on Asia	Paid Prog.	
:30		Fishn	Dora	Great Cars		Spider					Battle	Motoring	Leaps		Winx Club	All That	Batman		Paid Prog.	
8 AM	Movie: "Dangerous Minds" (1995) Michelle Pfeiffer.	MyBoat TV	George S.	Router		Backyard	Inked	Even		Pet Guys	Jackie	ESPN's Bowling Night	Good Morning Canada	Supertwist er	Sonic X	Lizzie	Xiaolin	Polish Studio	Paid Prog.	
:30		Direct Buy	Bus	Hometime		Dora	Inked	So Raven		GetUpGrow	Xiaolin				GI Joe	Radio Free	Xiaolin		Paid Prog.	
9 AM	Movie: "Enrapmen t" (1999) (PA) Sean Connery.	Edgemont	Arthur	Workshop		Discover	Inked					ESPN's Bowling Night		Forensic Factor: Nature	Turtles	So Raven	Pokémon	Arts	Paid Prog.	
:30		Edgemont	Lilly	Old House		Discover	Inked			GetUpGrow	Xiaolin				One Piece	Zoey 101	Pokémon	CityLine	Walgreens	
10 AM	Movie: "Pay It Forward" (2000, Drama) Kevin Spacey.	Merger	Madeline	Ask This	Tutenstein	Tennis: Women's Pilot Pen Final	Inked	Phil	GetUpGrow	Strange	Phantom	X Games	Daily Planet	Exhibit A	Shaman	Even	Yu-GI-Oh!		Soul Train	
:30		Red Green	Science	Americas	Paid Prog.		Inked	Lizzie	Room	Drop In	Static	Great Outdoor Games (Taped)		Exhibit A	The Menu	Boy World	MegaMan	In Fashion		
11 AM	Movie: "Stranger in Town" (1998) Harry Hamlin.	Track and Field	MacPhee	Food	Paid Prog.	World of Adventure Sports (N)	Movie: "Good Will Hunting" (1997, Drama) Matt Damon.	Lilo Stitch	Antique	All Extreme	Tn-Titans		Elephant Dreams	Mayday "Flying Blind"	Animal Atl	School	Libertys	Starville	Movie: "The Crew" (2000)	
:30		Quilting	Ming			PGA Golf: Bulck Champions hip -- Third Round. (Live)		Proud	Taste	Shaman			King of Q	Frontier of Constructi on	Paid Prog.	Movie: "Full-Court Miracle" (2003)	Libertys	Movie: "Contact" (1997)	Richard Dreyfuss.	
12 PM	Movie: "Enrapmen t" (1999) (PA) Sean Connery.	Beach Volleyball: Canadian Open.	Moving On	Hlth Bites		Golf: U.S. Amateur Champions hip -- Semifinals.	Cold Case	Little League Baseball: World Series U.S. Champions hip	Drop In (N)	Malcolm	Top 10	MLB Baseball: Cleveland Indians at Toronto Blue Jays. (Live)	Eagle Communi cations	American Chopper	MLB Baseball: Mets at Phillies at Diamondba cks	"Eddie the Million Dollar Cook-Off"		Mutant X	Matthew McConaug hey	Andromed a
:30		Canoe/Kay ak: Flatwater	Home	AR FYI			Serial Killer		X-Treme (N)	Malcolm	Academy		Balance	American Hot Rod		Smart Guy	Andromed a	News	Home Imp.	
1 PM	Movie: "The Last Boy Scout" (1991) Bruce Willis.	MyBoat TV	Little Bear	Daisy	Fortune	Discover	Investigat ive Reports	Inside Stuff	Entertainm ent Tonight	'70s Show	Transform		Exhibit A	How-Made		Lizzie		FashionTel	Will-Grace	
:30		Pregame	Dora	Barbecue	Time Warp	Discover		Paid Prog.	Simpsons	'70s Show	Mystery		Exhibit A	How-Made						
2 PM	Movie: "Blade II" (2002) (PA) Wesley Snipes.	CFL Football: B.C. Lions at Saskatche wan	Arthur	Train	Trading	The West Wing	City Confidenti al	Paid Prog.	Simpsons	Simpsons	"Pokémon: Mewtwo Returns" (2000)	NASCAR	Sue Thomas: F.B.Eye	Building Building	Angel "Time Bomb"	So Raven	Movie: "The Crew" (2000)	MovieTV	Funnest Home Videos	
:30		Art Attack	Babar	Travels	Unleash				Simpsons	Simpsons		NASCAR Racing: Nextel Cup Series -- Sharpe 500. (Live)	Wife Swap	MythBuste rs	Pregame	Dragon	Richard Dreyfuss.	At Movies	Movie: "Jumpin' Jack Flash" (1986, Comedy)	
3 PM	Movie: "My Cousin Vinny" (1992) Joe Pesci.	Braves at Milwaukee Brewers. (Live)	Art Attack	Summer	News	NFL Preseason Football: Indianapolis Colts at Denver Broncos. (Live)	City Confidenti al	News	Simpsons	Global	Global	Pokemon	News	American Chopper	Preseason Football: Seattle Seahawks at Kansas City Chiefs. (Live)	Naturally	Will-Grace	Movie: "No Ahib" (1999)	WGN News at Nine	
:30		Roughrid ers. (Live)	renegade	Lawrence Welk Show	News		Cold Case Files	The Insider	Champ Car	Champ Car	Yvon Funpak		W-FIVE (DVS)	Biker Build-Off (Live)	Heartbeat	Raymond	News	SexTV	Movie: "12 Monkeys" (1995) Bruce Willis, Brad Pitt.	
4 PM	Movie: "Stranger in Town" (1998) Harry Hamlin.	Chilly	Natl. Geographic	Time Goes	CSI: Crime Scn	CSI: Crime Scn (Live)	American Justice	Movie: "The Mexican" (2001) Brad Pitt, Julia Roberts. Premiere.	Crossing Jordan	Big Brother 6	Smallville "Relic"	SportsCen tre (Live)	Cold Squad "The Filth"	American Hot Rod	Knock First	Raymond	News	SexTV	Movie: "12 Monkeys" (1995) Bruce Willis, Brad Pitt.	
:30		Chilly		Keep Up					Las Vegas	Office Temps	Office Temps (N)		Comedy Comedy	Uit Poker Chal.	Richard Gere.	Movie: "Mr. Jones" (1993, Drama)	KTLA Prime News	Jodie Foster, Matthew McConaug hey	"Wishful Thinking" (1992)	
5 PM	Movie: "Anaconda" (1997) (PA) Jennifer Lopez.	Doc "The Commercial Song"	Heartbeat "Swan Song"	Evening at Pops	Crossing Jordan	Las Vegas (Live)	Discover	City Confidenti al	Las Vegas	Office Temps	Office Temps (N)		Comedy Comedy	Uit Poker Chal.	Richard Gere.	Movie: "Mr. Jones" (1993, Drama)	KTLA Prime News	Jodie Foster, Matthew McConaug hey	"Wishful Thinking" (1992)	
:30		Movie: "Stranger in Town" (1998) Harry Hamlin.	A Touch of Frost	Battlefield Britain	Las Vegas (Live)	Discover	City Confidenti al	Cold Case Files	Las Vegas	Office Temps	Office Temps (N)		Comedy Comedy	Uit Poker Chal.	Richard Gere.	Movie: "Mr. Jones" (1993, Drama)	KTLA Prime News	Jodie Foster, Matthew McConaug hey	"Wishful Thinking" (1992)	
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SUNDAY, AUGUST 28, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTVA (27)	CITY (29)	WGN (38)	
6 AM	"Mr Nice"	News	(Off Air)	Noddy	Today	Discover	Breakfast With the Arts	Good Morning America	Pioneers	Adventure	Monsters	SportsCen tre	Acorn	Explosion at Sea	Hour of Power	Dalgunder	Pacesetter	Mix TV	NightMan	
:30	Movie: "The Last Boy Scout" (1991) Bruce Willis.	Body		Cliff Pup		Discover			MoneyWs	Canada	Monster		Kids			Rangers	Success		Mutant X	
7 AM	Movie: "The Last Boy Scout" (1991) Bruce Willis.	In Touch	BluesClues	Bob Bulld	Darcy	Little Bill	Movie: "Good Will Hunting" (1997, Drama) Matt Damon.	Good Morning America	Weekend	Fishing	Just Jamie	Reporters	Good Morning Canada	Superweap ons	Libertys	Rangers	Facts	Eye on Asia	Mutant X	
:30		Van Impe	Dora	Thomas	Endurance	BluesClues			Canada	Is Written	Winx Club	Reporters		Superweap ons	Business	All That	Believers		The X- Files "Redux II"	
8 AM	Movie: "My Cousin Vinny" (1992) Joe Pesci.	Is Written	George S.	Maya	Meet the Press	CBS News Sunday Morning	"Good Will Hunting" (1997, Drama) Matt Damon.		News (Live)	Trails	Beasts	Golf		Superweap ons	Fox News Sunday	Lizzie	Feed	Eye-Asia	The X- Files "Redux II"	
:30		Listen Up	Bus	Dragonfly	Paid Prog.					World Vsn	Neutron	Timeless		Superweap ons	Radio Free	J. Osteen	Festival Italiano di Johnny Lombardi (In Italian)	Andromed a		
9 AM	Movie: "Enrapmen t" (1999) (PA) Sean Connery.	Listen Up	Arthur	Jakers	Paid Prog.	Topspin (N)	Gottl	This Week With George		Hour of Power	Phantom	Road Trip	Eagle	How-Made	Paid Prog.	So Raven	Pastor	Smallville "Slumber"	MLB Baseball: Florida	
:30		Falsh	Lilly	College	Paid Prog.		Gottl	Matthews	Montreal	Knockout	SpongeBob	Baseball: Cleveland Indians at Toronto Blue Jays. (Live)	Eagle	Animals	Paid Prog.	Zoey 101	Changing	Smallville "Relic"	Cubs	
10 AM	Movie: "Enrapmen t" (1999) (PA) Sean Connery.	Movie: "Betrayed" (2003) Karl Matchett.	Madeline	European	Paid Prog.	Tennis: Arthur Ashe Kids' Day. (Live)	Gottl	Even	Champ Car World Series	Driving TV	Oddparent	Indians at Toronto Blue Jays. (Live)	World Vsn	Superweap ons	Columbia	Even	Shook		MLB Baseball: Florida	
:30		Router	Art Attack	Moneytrk	Champ Car World Series	Preview	Gottl	So Raven	Racing: Molson Indy Montreal.	Montreal	Grown Up		Eagle	Superweap ons	Dharma	Boy World	Paid Prog.	Smallville "Relic"	Marlins at Chicago Cubs. (Live)	
11 AM	Movie: "Enrapmen t" (1999) (PA) Sean Connery.	PGA Golf: Buick Champions hip -- Final Round. (Live)	Doito Tech	Nature	Molson Indy Montreal. (Live)	PGA Golf: Buick Champions hip -- Final Round. (Live)	Gottl	Football Special	Molson Indy Montreal. (Live)	Racing: Molson Indy Montreal.	Being Ian	IndyCar Racing: Argent Mortgage Indy Grand Prix. (Live)	Question Period	Superweap ons	Just Shoot Will-Grace	Movie: "Mulan" (1998), Lea Salonga	Wild Am.	Smallville "Relic"	World Poker Tour (Live)	Inning
:30		Canada- History	Ballykissa ngel	Golf: U.S. Amateur Champions hip -- Final Round.			Design	Little League Baseball: World Series Champions hip	Trading Spouses	Just Shoot	Just Shoot	Stuff	Movie: "Requiem for Murder" (1998)	How'd They Do That?	Buffy Vampire	"MVP2: Most Vertical Primate"	Movie: "Navigating the Heart" (2000, Romance)	World Poker Tour (Live)	Cosby	
12 PM	Movie: "Enrapmen t" (1999) (PA) Sean Connery.	Bloopers	Parks	Upstairs Downstair s			Design	League Baseball: World Series	Just Shoot	Just Shoot	Stuff	IndyCar Racing: Argent Mortgage Indy Grand Prix. (Live)	Question Period	Superweap ons	Just Shoot Will-Grace	Movie: "Mulan" (1998), Lea Salonga	Wild Am.	Smallville "Relic"		



MONDAY, AUGUST 29, 2005

Television schedule grid with columns for channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

10:00 am CITY 29 ★★"Imagine the Sound" (1981, Documentary) Bill Dixon. The spotlight is on contemporary and avant-garde jazz musicians. [E]

9:00 pm WTBS 3 ★★"Summer Rental" (1985, Comedy) John Candy. An overworked air traffic controller and his family head for Florida for a restful vacation that turns calamitous. [E]

AFTERNOON

5:00 pm WGN 38 "The Rendering" (2002, Suspense) Shannen Doherty. A sketch artist must prove her jailed husband's innocence before a deranged inmate kills him. [E]

10:06 pm CITY 29 ★★"Mercury Rising" (1998, Suspense) Bruce Willis. A maverick FBI agent must protect a 9-year-old autistic child who broke a top-secret government code. [E]

EVENING

6:00 pm CITY 29 ★★"Mercury Rising" (1998, Suspense) Bruce Willis. A maverick FBI agent must protect a 9-year-old autistic child who broke a top-secret government code. [E]

11:00 pm WTBS 3 ★★"Double Team" (1997, Adventure) (PA) Jean-Claude Van Damme. A spy joins forces with a flamboyant arms dealer to rescue his wife and baby from a vengeful terrorist. [E]

8:00 pm CHBC 4 ★★"The Quiet American" (2002, Drama) Michael Caine. A veteran English journalist and a young man vie for the affection of a

THE NEWS LEADER WORD SEARCH

Word search grid containing letters for finding school-related terms.

LET'S TALK ABOUT "SCHOOL DAYS"

- STUDENT, TEACHER, CLASSROOM, BACKPACK, PENCIL, NOTEBOOK, CALCULATOR, LUNCH, RECESS, BUS, TIMETABLE, GYM, PRINCIPAL, DISCIPLINE, LIBRARY, DETENTION, FRIENDS, CLASSMATES, PLAYGROUND, BOOKS, DESK, COMPUTER, REPORT, HOMEWORK

Let's Play Princeton Trivia!

Question:

August 1951 saw a record set in the School District. What was it?

Last Week:

BC Premier W. A. C. Bennett spoke to Social Credit supporters in Keremeos in the mid-1950's.

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



### card of thanks

#### What A Week It's Been!

We write these 'Card of Thanks' items for so many people, that it never occurred to us that some day we'd be doing the same. First of all Brenda would like to thank Dr. Adams for being the first doctor to actually listen to her about her aches and pains and for being correct in his diagnosis of entrometriosis. She'd also like to thank the doctors, nurses and staff at Pentiction Regional Hospital for their excellent care - although her stay there was only supposed to be for day surgery! Brenda also thanks all her family and friends for the flowers, cards, visits, calls and general well wishes.

George would like to thank the nursing staff at Pentiction Regional Hospital for all of their care and support. Especially 'Debra' in the Day Surgery Ward for keeping him 'fed and watered' during his unexpected 4-hour wait for news on Brenda. He would also like to thank 'Neighbour Paul' and Linda for their concern and especially Paul for keeping Eddie and Yogi 'fed and watered' when he couldn't get home to do it. George also thanks Dawn Johnson for keeping the computers at work 'fed and watered' when needed.

Both Brenda and George thank Pastor Mike Stoltz and the rest of the Family at Living Water Foursquare Church for all their help including the many tugs on God's ear for us. Thanks also to Marcy Sandness and her incredibly powerful Prayer Chain, Pastor Dan Brama and his Baptist Prayer Circle, our new friends from the Prineville Foursquare Church Youth Group for their help and support, customers and clients for their understanding and anyone else we may have missed.

We also thank God for keeping us calm and for putting everything else in place so all these things could happen.

Brenda & George

#### Thank You!

To Princeton General Hospital and Staff. Dr. Enns, Lisa, Ray, the paramedics, fire rescue crew; John Schneider and friends for their help before and after the ambulance arrived. Marg King and Katie Worthington for looking after Megan. Earl Driver for moral support and staying with me at the hospital during Len's ordeal. A Heartfelt Thank You to everyone - you were wonderful. God Bless You!

Yvonne, Len, Mariah and Megan Liddicoat

### help wanted

#### Waitress Needed

For information, apply in person to:

Chaps Restaurant  
Vermilion Avenue

Learn to speed read in 457 weeks! My "Fast Learning - Slow Working" patented method will get the job done! To find out more, just contact "Swift McBride" at 1-888-350-9969. Don't delay!  
Sep 28-tfn

### help wanted

#### Princeton & District Minor Hockey Association

Next Minor Hockey Meeting is:

Wednesday, August 31<sup>st</sup>  
6:30 PM

Council Chambers,  
Town Hall

Everyone Welcome!

### for sale

1986 Pontiac. 2-door, very good condition. Asking \$1,500. One driver. (250) 295-3501. Aug 23-Sep 05

### yard sale

Saturday, August 27th  
9:00 AM - ?

Sunday, August 28th  
9:00 AM - 12 Noon

#41 Pines MHP

Lots of good stuff  
including collectables.

Saturday, August 27th  
9:00 AM - ?

109 Westridge

Lots of stuff!

Saturday, August 27th  
9:00 AM - 1:00 PM

756 Cedar Creek Road  
(6.5km North on Highway 5A,  
West on Cedar Creek Road  
3.5km to Wildtree Ranch)

Miscellaneous household items,  
glassware, antiques and stuff.

### notices

Highland Dance Lessons

Ages 3 and older.

For information call  
(250) 295-7301 or  
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Aug 23 - Sep 5

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



for rent

## FOR RENT

• UPPER DUPLEX, 2 BDRM,  
LARGE LIVINGROOM,  
\$500/MO INCLUSIVE DRIVE  
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VIEW.

Drive by then call Neil at  
295-6977 Mar 23-tfn

for rent

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Mar 08-tfn

for sale

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for sale

## Cover2Cover Bookkeeping & Office Services

Fax Services  
Scanning  
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Resumes - Letters

(250) 295-6905  
226A Bridge Street

notices

notices

for rent

**DID YOU KNOW THAT ONE CAT AND IT'S  
OFFSPRING CAN PRODUCE APPROXIMATELY  
420,000 KITTENS IN 7 YEARS?**

**SHOCKED? SO WAS I BECAUSE MANY OF THESE  
CATS AND KITTENS DON'T FIND HOMES AND  
BECOME A NUISANCE IN OUR COMMUNITY.**

I think a start to solving this problem is to fix our cats.  
So I'm offering to help people with a donation of \$50 for a  
female and \$25 for a male cat...if you get your pet fixed.  
Contact Dawn at Princeton Bakery (295-6670) before  
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SINCE JUNE 30th WE HAVE HELPED LOCAL PET  
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Bachelor Suites, \$225/mo  
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(250) 295-3825

Jan 18-tfn (b)

Did you know advertising works? If it  
didn't, you wouldn't be reading this.  
Imagine if this was your message and  
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23-tfn

help wanted

help wanted

## Princeton & District Minor Hockey Association

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[www.thenewsleader.ca](http://www.thenewsleader.ca)  
[www.vermillionforks.ca](http://www.vermillionforks.ca)

oops!

oops!

We forgot to wish Bruce Elliott  
a Happy 43<sup>rd</sup> Birthday on August 19<sup>th</sup>  
AND  
Audrey Elliott  
a Happy 81<sup>st</sup> Brithday on August 21<sup>st</sup>

SHAME ON US!

ha-ha!

ha-ha!

**HAPPY 1<sup>st</sup> ANNIVERSARY  
Bruce & Wendi  
(August 28<sup>th</sup>)  
From George & Brenda**

real estate

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Jan 25-tfn

wanted

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ORDER SOON FOR BABY BEEF

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Jul 19-tfn

services

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## NICAR LAWN CARE

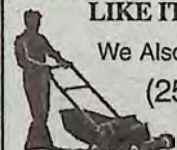
YOUR LAWN CUT AND  
TRIMMED THE WAY YOU  
LIKE IT DONE!

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LEAVE MESSAGE  
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Mar 4-tfn 31





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MasterCard, Visa or American Express.



**WEEKLY DEADLINE IS 12 NOON FRIDAYS**

**notices**

**Town of Princeton  
NOTICE**

For impounded pets,  
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please see the  
Community Bulletin  
Board at the corner  
of Bridge Street  
and Kenley Avenue.

**notices**

**Puppies & Kittens  
Available For You  
To Adopt**

6-8 weeks old  
South Okanagan  
Similkameen SPCA

(250) 493-0136  
Mar 01-tfn

**notices**

**MONDAY NIGHT BINGO  
IN PRINCETON  
SENIOR CITIZENS BR. #30**

162 Angela Avenue  
4:30 PM Sales Start  
5:30 PM 1st 47 Bonanza #s  
SPECIALS, REGULAR GAMES, ODD &  
EVEN, PROGRESSIVE SNOWBALL &  
LOONIE POT, "LUCKY 7" WON EVERY  
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**BINGO**

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Thursdays  
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Play Safe - Gamble Responsibly  
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**Narcotics Anonymous**

**OPEN MEETINGS  
Thursdays 7:30 PM**

160 OLD HEDLEY ROAD  
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(USE BACK DOOR)

Info: (250) 295-0542

**KEREMEOS ELK'S  
& ROYAL PURPLE**

Every Friday  
Doors Open 5:30 PM  
Elks Hall Keremeos

**SMOKE FREE BINGO**

**SHOULD PRINCETON CHANGE BACK TO  
VERMILION FORKS IN TIME FOR THE 2010 GAMES  
--- THE 150TH ANNIVERSARY OF THE NAME  
PRINCETON? WE WANT TO KNOW WHAT YOUR  
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Mar 01-tfn

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SATURDAY OPEN - 7:30 PM  
(295-3571)

TULAMEEN LIBRARY  
FRIDAY OPEN - 8 PM (295-7005)  
ALANON - HEALTH CENTRE  
MONDAY 12 NOON  
ARBOR HOUSE  
WEDNESDAY 7:30 PM  
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AFTERNOON BINGO**  
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PROGRESSIVE JACKPOT  
MINIMUM \$1,000! PROGRESSIVE  
POT OF GOLD MINIMUM \$500!  
PROGRESSIVE LOONIE POT  
MINIMUM \$100.  
DOORS OPEN AT 9:00 AM  
1<sup>st</sup> NUMBER CALLED AT 11:30 AM  
FOLLOWED BY EARLY BIRDS,  
REGULAR GAMES,  
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**SEE YOU IN HEDLEY!**

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PREPARED  
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Natural character  
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predictive - \$50.

Phone 295-6063

**Completely confidential**

**notices**

**notices**



PROVINCE OF BRITISH COLUMBIA  
MINISTRY OF FORESTS



**INVITATION TO TENDER  
BC Timber Sales - Cascades Field Unit  
Copper Creek Forest Service Road**

Sealed tenders for the following BC Timber Sales Road Maintenance and Deactivation Contract # ENTKA06TEF014, will be received by BC Timber Sales Manager, Kamloops Business Area office, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

Deadline for receipt of tenders is 11:00 AM, local time, September 13, 2005.

**MANDATORY FIELD VIEWING** - A Mandatory Field Viewing will be meeting on site at 10:00 AM on September 7, 2005. The site is located at approx. 41.0 km south of Princeton on Highway 3 (Hope-Princeton Highway). You **must** attend this mandatory viewing at the above time and date to qualify to bid. Contractor is to provide his/her own transportation for the viewing.

**NO INQUIRIES WILL BE ENTERTAINED PRIOR TO THE MANDATORY VIEWING.**

**Eligibility Requirements**

(1) Minimum Technical Experience - A contractor who, as Prime Contractor, has successfully completed similar projects for the Ministry of Forests, Federal Government or for a major Forest Licensee since January 2000.  
(2) On-site Technical Requirements - A Contractor Representative who fulfills these minimum technical requirements must supervise the field operations.

Client references may be required to confirm the successful completion of prior projects. There is NO option to renew.

Enquires regarding this project should be made by e-mail to Ken Conway-Brown at [Ken.ConwayBrown@gems9.gov.bc.ca](mailto:Ken.ConwayBrown@gems9.gov.bc.ca). Telephone (250) 378-8458 or fax (250) 378-8481.

Tenders must be submitted on the form supplied which, with particulars, may be obtained from the BC Bid website only at <http://www.bcbid.gov.bc.ca>. The lowest or any tender will not necessarily be accepted. Faxcom bids will not be accepted.

[www.thenewsleader.ca](http://www.thenewsleader.ca)



PROVINCE OF BRITISH COLUMBIA  
MINISTRY OF FORESTS



**INVITATION TO TENDER  
BC Timber Sales - Cascades Field Unit  
Chism/Plutus Creek Bridge Installations**

Sealed tenders for the installation of two Ministry-supplied forestry-style single span bridges and application of wear deck on a third existing structure, contract # ENTKA06TEF039, will be received by BC Timber Sales, Kamloops Business Area, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

Deadline for receipt of tenders is 11:00 AM, Friday, September 9, 2005. Tenders will be opened in public at that time. Faxcom tenders will not be accepted.

**Mandatory field viewing** - Km 16 on Kingdom Lakes FSR on Thursday, September 1, 2005 convening at 11:00 AM. You **must** attend this mandatory viewing at the above time and date to qualify to bid. Contractor is to provide his/her own transportation for the viewing.

**NO INQUIRIES WILL BE ENTERTAINED PRIOR TO THE MANDATORY VIEWING.**

**Eligibility Requirements**

(1) Minimum Technical Experience - A contractor who, as Prime Contractor, has successfully completed similar projects for the Ministry of Forests, Federal Government or for a major Forest Licensee since January 2000.  
(2) On-site Technical Requirements - A Contractor Representative who fulfills these minimum technical requirements must supervise the field operations.

Client references may be required to confirm the successful completion of prior projects.

Tenders must be completed and submitted in accordance with the Conditions of Tender specified in the tender package and sealed in an envelope marked "Chism/Plutus Creek Bridge Installations."

**TERM:** This is a single-term contract with no option to renew.

**SITE:** The contract is for installation of two bridges and running planks on a third bridge on the Kingdom Lake FSR within the Cascades Forest District.

**SERVICES:** The contractor will be responsible for the loading, transportation and unloading of the bridge components (girders, prefabricated decking, ballast planks and concrete blocks) from their current storage locations nearby. Contractor responsible for selecting, loading and transporting the rock from 12K to the sites. Contractor responsible to collect, deliver and install wear deck (3 x 10) from BCTS Lower Nicola Storage Yard. Work to be completed by October 31, 2005.

Enquires regarding this project should be made by e-mail to [Brain.Moore@gems5.gov.bc.ca](mailto:Brain.Moore@gems5.gov.bc.ca). Telephone (250) 378-8448 or fax (250) 378-8481. Tenders are available by visiting the BC Bid internet site <http://www.bcbid.gov.bc.ca>



# editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## my turn

### Clip 'n' save this one

We heard a good one the other day. Someone was complaining about the noise some young people were making in a downtown neighbourhood. They weren't tearing up the streets in souped up cars, nor were they zipping along the trail on dirt bikes. They weren't throwing rocks, or riding bikes on sidewalks, or skateboarding or spitting or swearing or yelling at each other. They weren't walking their dogs and not cleaning up after them. They weren't breaking things or spray painting slogans, messages or tags on buildings, walls and pavement. They weren't drunk or misbehaving in any way, shape or form. Any idea what these young people were doing on a Friday night to cause such a disturbance as to ruffle the feathers of a downtown resident? They were singing the praises of Jesus Christ inside a Church.

How dare they make so much noise!  
How dare they do such a thing IN A CHURCH!!!  
We would really like to have seen what the Invisible Bylaw Enforcement Officer would have done with this one.

First of all, how would the call be classified? It couldn't be just a Noise Complaint as those seem to get ignored.

Maybe if it was called a Religious Noise Complaint it would get some speedy action.

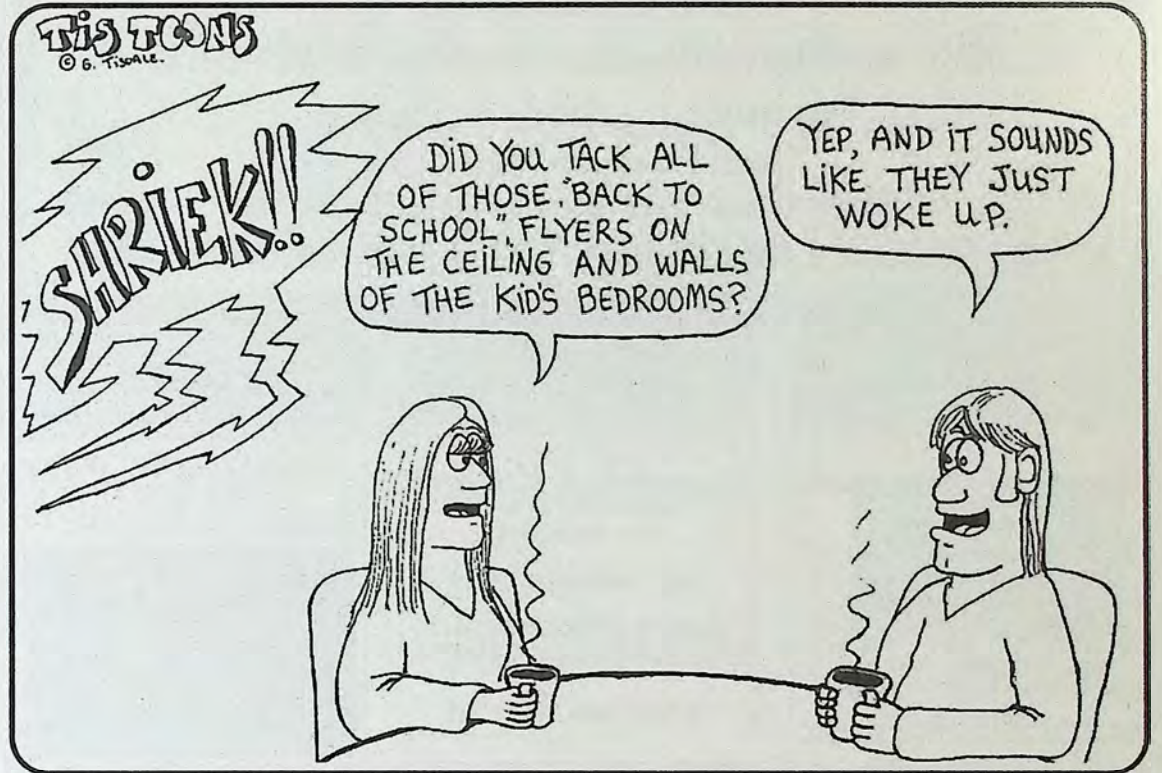
Then, once at the Church, what would the I. B. E. O. (Invisible Bylaw Enforcement Officer) say?

"Um, well - ah. We've had a complaint from one of your neighbours. We're not sure if he's a Christian or not, but he really doesn't like the fact that there's so much noise coming out from this Church. It's safe to say he is really, really ticked off at you guys. Apparently, the happy sounds of gospel music are working their way into his yard and through the walls of his house and into his head and he doesn't like it. So, I'm - ah, supposed to tell you to turn it down a notch or I'll have to issue a Noise Bylaw Ticket."

We wonder if the complainant would rather of had some young people tearing up his street on dirt bikes - after all, isn't that what young people in Princeton do?

The last thing they'd be doing ON A FRIDAY NIGHT is sing about God and Jesus and all those Bible things.

We can't wait to see what happens the next time the Church hosts a yard sale!



## your turn

### Reader responds to Dawn

Attention Mrs./Ms./other Dawn Johnson:

I think your article is redolent of Chomsky's "manufactured consent" in Orwell's "Animal Farm".

Concisely, the so-called 'lower' animals are incited by the most intelligent of the bunch, and oinker whose name escapes, to rebel against the farmer, et al, who so cruelly abuses them.

They're ultimately successful in chasing their oppressors, whereupon the pig, whose motives are pure to the last, together with his brethren, sets about establishing what may be termed a 'charter of rights and freedoms' which results in a monumental upswing of general health and happiness among the farm denizens.

The benign operation ran smoothly until the wizened old "porker" passed on, leaving things in the capable hands of his cosmopolitan council.

A preponderance of pigs dominated this august body and before long they'd expunged all other specie representatives with convincing persuasions that they simply weren't up to intellectual snuff for leadership.

Over time, and with similar sorts of "it's for your own good" coaxings and subterfuge, the farm creatures had their 'rights and freedoms' taken away - imperceptibly at first - but soon it became apparent that they were now as oppressed as they had been when the farmer wielded the axe.

One night, they decided to go to the pigs' house, tho' ordinarily off limits, to vent dissatisfaction.

Looking through the window they saw pigs smoking, drinking, playing cards and shaking hands with humans, the overall, tho' unspoken, impression being that one was virtually indistinguishable from the other.

Perhaps a pig in the White House? But no - that would be uncharitable.

There have been benevolent monarchs and dictators enough to challenge the legendary corrupting influence of power, and whilst wealth and power are usually inseparable, and one's individual worth traditionally, and in most tribes, measured by the head count in one's herd, never before, at least in recent history, and in what's dubiously termed 'the developed world', have so many in the tribe been prospering herdsmen and women.

The cattle, of course, are now cars, RVs, yachts, real estate and so on, all of them possessions. The question arises, who possesses whom? We might, perhaps, deter-

mine the extent to which either we own or are owned by them (belongings) according to the ease or difficulty with which we are able to dissociate from them. However, so possessed are we, in fact, by our possessions, that we would sooner die and suck the life-force out of the planet to boot, than discipline ourselves accordingly.

So bewildered are our southern neighbours by this phenomenon that in their fog they've elected the absolute worse fellow imaginable to 'protect' their property.

If we could see that our true home was the world beyond our walls, we would no more daily abuse it than we would sour own vegetable garden.

In order to be rid of those who would lie to us for their own ends, we must first stop lying to ourselves. The seductive power of material comforts and conveniences, aka wealth, is a tough nut to crack. Heaven help us.

- Michael McNulty, Princeton

#### Letter To The Editor

### Green takes on splash park

To The Editor:

Once more, I feel compelled to defend the, apparently controversial, 'splash park', just as planned - in Rotary Park!

First, thank you for the very good explanation of what a splash park actually might look like. It is, in short, nothing more than a creative sprinkler system, elsewhere most often found in playgrounds. I am, frankly, amazed that such an

installation would cost so much - but that is another debate.

You suggest that it is best tucked in a vacant corner of Memorial Park. If it is to be Princeton's only splash park - I disagree. I think it would be great if Memorial Park also featured a splash park, and given our very hot summers - if every playground/park had one. However, if we can only afford .....continued on Page 24

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

### Similkameen News Leader

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Current Comment:

I look forward to September



Dawn Johnson editor@thenewsleader.ca

It is almost here, my favourite time of year - autumn! While I love the sunny days of summer, they can be too much of a good thing as temperatures soar into the 30's. I love autumn. I love the golden hazy days of harvest time, and the bountiful fruits and vegetables available to us. I love the fact that the mosquitoes and flies have a tougher time surviving, and I love the cool, crisp mornings.

September is one of my really busy months because I belong to the Fall Fair Association, and our Septembers are hectic, even though we enjoy ourselves and make friends while we work hard at putting on a good fair each year. Working together cements relationships that seem to last an awfully long time.

I have never lived in a place where autumn is as beautiful as in the Similkameen Valley. I know many people who will say the same thing. I remember a school teacher who moved here from Ontario, which is famous for its autumn beauty. She said there is nothing quite like the feeling of autumn in the Similkameen. She compared it to John Keats' ode "To Autumn", which begins, "Season of mists and mellow fruitfulness" and felt that line best describes autumn in the Similkameen.

Autumn is the time of returning to our more serious pursuits, such as education and skills training. It is a time when many of us turn to planning for the future in our own lives, and in our organizations. For many handicrafters, it is a time to be serious about putting those Christmas gifts together.

Autumn is the time of Thanksgiving, a time to assess what the world has given us, what we have done with it, and what we have given back to the world.

September marks the end of the re-runs on television, which is a joy for some people, and autumn spells the end of mowing the lawn and pulling weeds.

For me, the highlight of autumn is the return to hockey! I can't wait to cheer the Posse and delight in the efforts of the Tykes and Atoms. Those little guys are valiant beyond belief. Have you any idea how big that rink is when

you're only three feet tall?

I am one of those people for whom every season of the year is busy, full of activity, and even in my so-called "retirement", the days go by in a blur of things to do

and places to go. In autumn, I slow down a little, whether harvesting my garden, digging flower beds or washing windows, and I take time to just sit and soak up the best season in my year.

Letter To The Editor

Zeisman attacks Zandee

Dear Editor,

During my campaign for the federal Conservative nomination in BC Southern Interior, I've made a point of reaching out far beyond my home area of Kootenay West. I believe that in asking people for their trust, support and votes, they have the right to expect me to come to them - not the other way around.

For that reason, I recently challenged my Conservative opponent, Rob Zandee, to a public debate in each of the riding's four regions: Southern Okanagan, Similkameen, Boundary, and Kootenay West.

His response, in a TV interview on Southern Okanagan's Channel 18, was that it would be "bureaucratic" to hold any more than the two debates now being planned by the Conservative Nomination Committee. Mr. Zandee claimed my challenge simply "duplicated" the Committee's efforts - and in any case, he said he didn't see any value in attending a debate where "only five or 10 people" might show up.

I respectfully disagree with Mr.

Zandee. BC Southern Interior is a huge riding with more than two regions, requiring more than two debates. Every Conservative in this riding should have an opportunity to see us debate the issues without having to drive excessively long distances. That is what participatory democracy is all about.

A willingness to engage in constructive debate, and the ability to do so, are essential qualities for any candidate hoping to win election to national office. When we Conservatives face our NDP and Liberal opponents in the next election, we must be represented by a candidate who is ready and willing to debate - and win. I am that candidate.

Mr. Zandee may think that four debates is too "bureaucratic" for his liking. But no one ever said that democracy was efficient. Indeed, if efficiency were the only thing we wanted out of our government, Canada would have become a dictatorship long ago - they're not so democratic, but they sure are efficient.

Sincerely, Derek Zeisman, Trail

Heart Food by Dave Machin. What you do daily determines what you become permanently!

Wherever you are in life right now, your habits brought you to that place, whether good or bad. Now with God's help and love your life can change for the better starting now - by changing your habits. You do that one day at a time, little by little. Did you know that what you do daily determines what you become permanently? Your daily habits are creating your future so you are a result of yesterday's habits good or bad. This is true in every area of your life. For example, your physical health, the condition and shape of your body are the direct results of yesterday's eating habits and last years and the last ten years. The "you" that has created as a result of your eating habits, exercise habits and nutrition habits (or lack thereof). The same is true of your finances. Whatever financial situation you find yourself in at this moment in your life is probably a direct result of your past financial habits. Your giving, saving and spending habits have created your present financial state.

The same is true with the spiritual state of your life. Your Bible reading, Church attendance and prayer habits have created the spiritual condition you are in right now. The good news is you can change your habits. You decide your day habits and daily habits determine what your future will be. The secret to your future success is hidden in your day to day routine. In other words, what you do day in and day out determines what you become. That - often we want the success of others but we are not willing to pay the price they paid to get there. The bottom line is this: discipline yourself to do the right thing long enough and eventually the right thing will happen to you. Never grow weary in well doing - Gal 6:9. For God is good, his word is good and good all the time.

Pastor Dave Machin, SUNDAY SERVICES 10:30 A.M. Phone 295-0599 9:00 AM - 3:00 PM Monday-Friday 221 A Bridge Street, Princeton, B.C.

Similkameen News Leader advertisement with photos of Brenda Engel and George Elliott, office address at 226A Bridge Street.

China Creek Internet advertisement with contact information and website URL.

Grid of church advertisements including Living Water, Baptist Church of Princeton, St. Paul's United Church, and Similkameen Christian Center.



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Living Water Foursquare Church hosted a free concert last Wednesday night. It featured contemporary Christian music and skits performed by the Prineville Foursquare Youth Group of Prineville, Oregon.

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**CONTEST ENTRY FORM**

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- I try to run my dishwasher during "OFF PEAK" hours.
- I try to run my car's block heater during "OFF PEAK" hours.
- I water my garden and lawn during "OFF PEAK" hours.

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Letter To The Editor

**Green disagrees**

.....continued from Page 22  
 one for now, it should be located as planned.

Memorial Park is a sports complex, built primarily for competitive athletic activities carried out by older children, youths and adults. It is inconveniently located on the fringe of Princeton, on the east side of the Similkameen River.

Most Princeton folk live on the other side of the Similkameen! For them Memorial Park represents a very substantial distance and a rather dangerous walk for children. I suspect most children are delivered to Memorial Park by car.

I frequently see young mothers with strollers and very young children walking to the centre of town from various residential areas so, clearly, distance and difficult walk-

ing conditions are not major obstacles to visiting Rotary Park.

Young mothers and their little ones are the very people who will use a splash park. No self-respecting teen is likely to be caught in one. Youths (meaning the period of life from puberty to maturity) are usually independently mobile and will far prefer the pool.

Splash pools are playground enhancement - not sports facilities. They are mostly frequented by really little kids under the watchful eye of mothers.

For heaven's sake everybody 'get over it' let the splash park happen in peace and take joy in the fact that something attractive and useful is being added to the heart of Princeton.

Respectfully, Karin Green

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A free concert at Living Water Foursquare Church highlighted many talents of a youth group from the Prineville (Oregon) Foursquare Church. Above, one of many skits demonstrating the power of God.

## Artists want old firehall

Princeton's old firehall, the former Cultural Centre, appears to be in demand these days.

A group of serious artists wrote to Town Council to ask to use the building, saying they were willing to pay \$2,400 a year in utilities

costs.

At the August 15 Town Council meeting, no decision was made on the artists' request, as the Town is negotiation with the Communities for Kids group who want to turn it into a family resource centre.

## Exploration progresses

Goldcliff Resource Corporation is pleased to announce that the 2005 exploration program is well underway at Panorama Ridge in the Hedley Gold Basin.

The exploration work consists of surface sampling and mechanical trenching in preparation for core drilling. The work is focused on the York-Viking and Nordic zones.

In keeping with the exploration plan for 2005, the trenching results will better enable Goldcliff's drill site selection for core drilling. Approximately 980 metres of

trenching in 17 trenches have been completed.

Sampling of this work is about 50 per cent complete.

The trenches vary from a few metres to over 100 metres in length and 1.0 to 1.5 metres in width. Overburden depths (surface cover) range from 0.5 metres to over 3.0 metres in depth.

Outcrop for sampling was encountered in 90 per cent of the trenches. The York-Viking contains eleven trenches. Six trenches are on the Nordic.

### Letter To The Editor

## Brown's offer praise

To The Editor;

David and I would like to extend a GIANT thank you to our neighbour Ryan Corsi and RCMP Officer Jarvis for their kindness in checking our car and garage, Ryan for reporting a light on and the door of our car open and Officer Jarvis for getting out of bed at 3:00 AM to come to our rescue if need be.

We would also like to thank the officer for having the patience to listen to answers to the Officer's questions that must have sounded

like something that came from Keystone Cops. The latter conversation being what comes from waking two old codgers in the middle of the night.

Seriously, thank you so much, guys.

It is nice to know that one's neighbours care and that no matter how trivial the situation, the RCMP are patient and caring.

You are indeed, Canada's finest.  
Most Sincerely,  
David and Diane Brown, Princeton

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The old school in Hedley has a new life. It is Snaza'ist, the Mascot mine Interpretive Centre and headquarters for the Mascot Mine tours.

## School was *never* like this!

Snaza'ist Interpretive Centre is one of those local attractions you must put at the top of your priority list. Even if you have taken the tour in the past, you really should visit the Interpretive Centre. It is an experience all by itself.

As you enter the building, you see the reception and booking area. The hardwood floors gleam, everything is spotlessly clean, and the atmosphere is friendly. You can enjoy a drink, or you can shop for a souvenir such as a tee shirt saying, "I survived the 578 steps". (That's kind of an inside joke.)

Tilley hats, beaded moccasins, maple syrup in a "leaf" bottle, and souvenir mugs are among the items on display, along with post-cards and photographs of Mascot Mine.

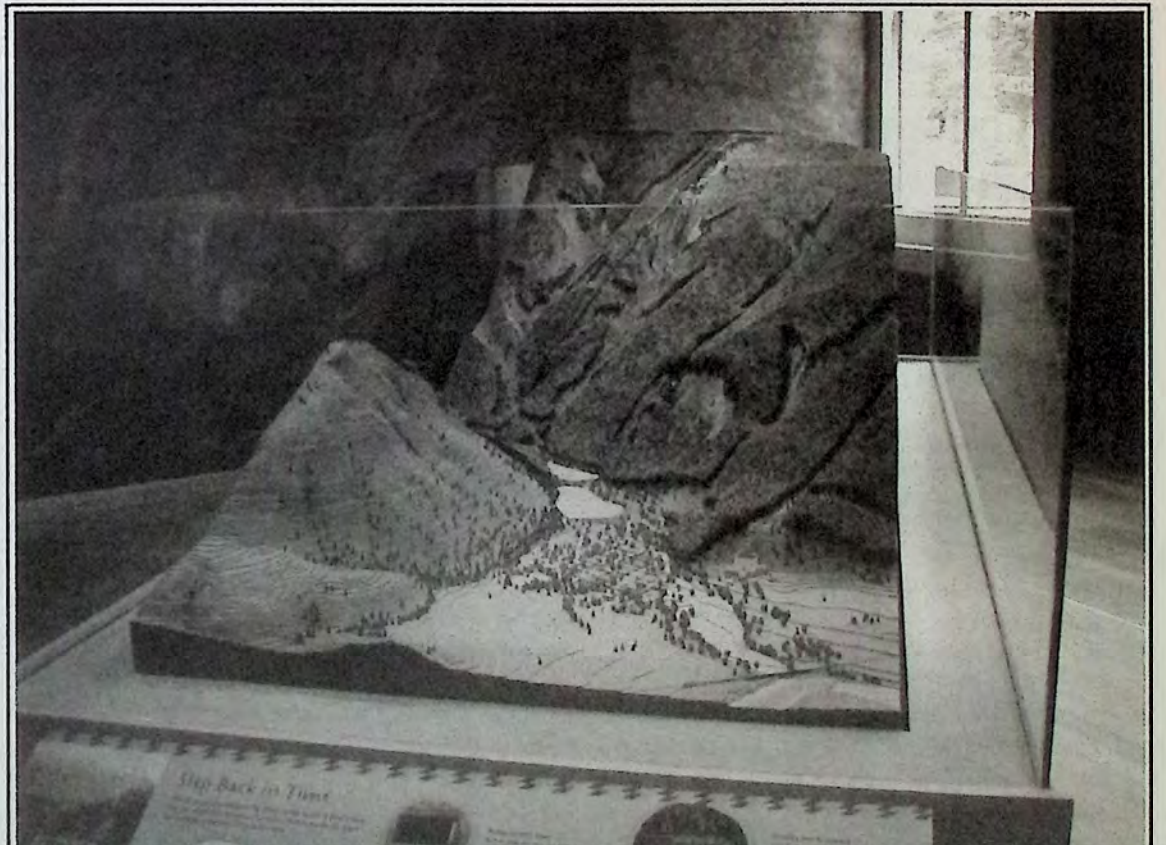
Past the reception area, to your right, you will see dioramas (scale models) of Hedley and the mine site, and a rendering of the ochre bluffs west of Princeton. The Similkameens mined the ochre, ground it into powder, and used it as a valuable trade item.

The ochre rock, a stone mortar and pestle, and ochre powder are on display, along with the chert the Similkameens mined and turned into arrowheads and spear points. A few of these points are on display, too.

One wall of this area is made from a huge enlargement of a section of the rock shelter, a place near Hedley where people camped out of the weather and where a number of significant pictographs are located.

To the left of this room, you will find another room where basketry is on display, but the biggest feature is two walls covered with photographs of Similkameens from days gone by.

At the back of the building, you will find a theatre. There is only one show in this theatre, but it is great. It is a 10-minute film done by Geoff Brown of Vancouver and narrated by Mike Allison of Hedley. The filming is beautiful, and tells the story in pictures as Allison tells it in words. The film offers history from before the Europeans came, and talks about mining in the Similkameen Valley, leading up to the establishment of the Mascot Mine. You will hear the legend of Snaza'ist (striped rock place) **continued next page**



A view of Hedley and the Mascot Mine site in model form can be seen at the Interpretive Centre in Hedley. On the back wall is a gigantic enlargement of part of shelter rock, showing the pictographs.





Baskets done by Thompson Okanagan First Nations weavers are displayed in a case in the center of a room featuring photographs of local people of days gone by.

## Hedley Mascot Tour Centre

Continued from page 26

about how the rock came to be striped. The story is highly imaginative, involving Bigfoot and a chipmunk.

The Mascot Mine Interpretive Centre is the latest feature of the giant project undertaken by Upper Similkameen Indian Band. Two years ago, the provincial and federal governments allocated funding for the development of the Mascot Mine historic site to bring it up to a condition which would make mine tours a reality. Last summer, the first tours began.

In 2004, approximately 2,500 people took the tour. As of August 17, 2005, 2,883 people had taken the mine tour.

Tours leave the centre twice daily. A bus takes the switchback road to the top of the mountain, then tourists walk down the 578 steps to the old bunkhouse, cook shack and platform overlooking the valley. The view from the deck is awesome!

Tourists, wearing hats with lamps on them, are taken into to the old mine tunnel, where they experience the lights and sounds of a working mine. Mascot was a hard rock gold mine, and the tunnel follows the gold vein deep into the mountain.

Tours leave at noon and 3:00 p.m. daily. If you plan to take a tour, arrive about 45 minutes early, book your seat, then look

around the Interpretive Centre. Be sure to see the movie about a slice of our Similkameen Valley history.

Tours cost \$30 plus tax for adults, and \$22.50 plus tax for youth and seniors. Twenty people make up a busload to head up the mountain, but there is more than one bus. Groups are welcome to book tours, but should phone ahead to make arrangements.

When taking a tour, plan to spend 4.5 hours. Dress for the weather. Although the old mine buildings are 3,000 feet above Hedley, the tour can be hot. In cooler months, take a jacket, just in case. Definitely take your camera, and a bottle of water. You will love it.



The reception area of Snaza'ist interpretive Centre and Mascot Mine tour office offers tourists a lot of souvenir items as well as the unique Mascot Mine tee shirts.

[www.thenewsleader.ca](http://www.thenewsleader.ca)

### Eddie the Dalmatian says:



**'Woof! Woof! Grrr! Woof!'**

**TRANSLATION: "When it's hot outside, just leave me at home. I'll wait for you there in the comfort of our home. I don't like being in a hot car!"**

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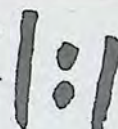
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See the next 'Investment Insights' article for 'The Benefits of Mutual Fund Investing - Part 2.'

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