

# Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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## Similkameen News Leader This Week

Page 7  
Artists  
elect new board  
Page 27  
PSS '39-'51  
reunion  
Page 4  
KEREMEOS NEWS  
Pages 11-18  
TV GUIDE

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## Local volunteer wants to take a rest

At the September 12 meeting of Princeton Exhibition Association (PXA), President Jody Woodford announced she will not run for any executive position in 2006. Woodford cited a need for time off and a rest as her reasons for the decision.

She further stated she will not seek an executive position on the Fair Board next year.

The announcement came as no surprise to members. Woodford, who started her own construction company last year, has been President of both the PXA and the Fall Fair Association.

The PXA is very demanding. Woodford has worked extremely hard to meet the demands, complaints and concerns of the various groups using the facility, as well as dealing with the concerns of Town Council, as the facility is owned by the Town of Princeton.

Both the PXA and the Fall Fair have suffered in the past couple of years from a declining membership and lack of volunteers.

Despite being short-handed, the members have supported four major events this year to date, with two more planned for the autumn.

# Society provides pay off



Activity in the Allison Flats neighbourhood has never been like this! Heavy equipment moved parts of the new Mary Anne Apartments in place all week long. This section was placed Wednesday.

## Princeton receives 9.5 dollar return

The Similkameen Valley Planning Society includes economic development in its role.

Nearly two years ago they hired an economic development officer. Mayor Keith Olsen briefed Council recently on the direct benefits to the Similkameen Valley and Princeton specifically. Princeton's share of the funding for the Planning Society for its first two years is \$40,000.

Working closely with community organizations, EDO Michael McLaughlin raised a total of \$380,000 in direct grants to the community. That means that for every dollar Princeton has contributed, 9.5 dollars have been returned.

For the whole valley \$462,500 has been raised. Total costs of the program so far are about \$120,000. For every dollar invested in the program, 3.9 dollars have been returned.

McLaughlin says there are outstanding grant applications totalling \$92,000 submitted for projects in the Lower Valley that he expects will be successful. A grant application of \$42,000 for the Upper Valley is submitted and success is expected.

Mayor Olsen informed Council that these are only the direct, measurable benefits of economic development. Publicity for the valley and valley business worth at least \$100,000 has been generated by the Planning Society. In addition, the EDO assists businesses and non-profit organizations to be successful and achieve goals.

The Similkameen Valley is now represented at economic development meetings with the Central and South Okanagan communities. This means our interests and needs are included and we benefit from jointly funded programs.

## Goldcliff finds more high-grade gold

Goldcliff Resource Corporation is pleased to announce that the Nordic trenching has revealed more high-grade gold at Panorama Ridge in the Hedley Gold Basin of British Columbia.

Trench-ND56 cut 15.60 grams per tonnes (g/t) gold over 3.00 metres, within a 23.20 metre interval that cut 3.22 g/t gold. From end-to-end, the entire trench encounters the gold mineralized zone (GMZ) which averages 1.03 g/t gold over 106.60 metres.

The Nordic trench-ND56 was trenched in a NE-SW direction over a 106.60 metre interval.

The current drilling program will follow up on these highly encouraging trench results.

Within a large gold skarn system, the endoskarn is the recipient of the gold (sediments) and the exoskarn is the deliverer of the gold (diorites). As such, the key to geologically significant gold mineralization lies in the association of endoskarn and exoskarn alteration. At Panorama, the deliverer of the gold is the New York stock and associated dykes. Though equivalent, the New York stock is a separate body from the Toronto stock located at the Nickel Plate-Mascot mine. Several of these diorite stocks occur in the Hedley Gold Basin.

Gold-bearing skarn mineralization in the Hedley camp, and at Panorama, is hosted in Upper Triassic Nicola Group rocks and is genetically related to the Early Jurassic Hedley Intrusions. During gold skarn development, destruction

of igneous ferromagnesian minerals and the lowering of iron content of the endoskarn were matched correspondingly by an increase of iron in the exoskarn. This suggests that the ferromagnesian minerals in the Hedley intrusions were the source of the iron enrichment in the exoskarn and ore zones, and may also be the source of the gold (Ray, Bulletin 87).

The gold skarn development is very evident in Trench-ND56 and elsewhere on Panorama. The exoskarn (sediments) is enriched in gold (1.34 g/t gold) and iron (4.27 %) and the endoskarn (diorites) is depleted in gold (0.016 g/t gold) and iron (2.63 %).

In 2000, Goldcliff discovered the Panorama Ridge property containing gold skarn sedex-strata-bound mineralization. Goldcliff's property is located to the east of the previously-mined Nickel Plate-Mascot gold mine that once produced 2.5 million ounces of gold. The gold grades and geology at Panorama are comparable to those of the mine ore-bodies.

In 2002, Goldcliff extended its surface prospecting based on the

encouraging gold results from the 2001 work at Panorama.

In 2003, Goldcliff's drilling discovered the York-Viking zone. The discovery hole intersected a high-grade gold section averaging 2.77 g/t over 10.00 metres. The high-grade occurs within a 46.00 metre intersection grading 1.24 g/t gold. The gold mineralized zone (GMZ) covers 82.51 metres grading 0.88 g/t gold. The higher gold values range up to 7.65 g/t gold.

In 2004, Goldcliff's drilling intersected the highest-grade gold values of 34.30 g/t gold at the York-Viking zone. Trenching within the drill area reported 1.13 g/t gold over a total length of 77.40 metres.

Contained within this section of gold mineralization is 1.70 g/t gold over 23.00 metres. Individual one metre samples as high as 6.31 g/t gold occurred.

For 2005, exploration trenching and drilling are focusing on the high-grade gold potential at the York-Viking and Nordic zones at Panorama.

Additional samples from other trenches are currently being assayed.

## Group plans Winterfest

There will be a meeting on Friday, September 23rd at 6:00 PM in Council Chambers at Town Hall to see who is interested in helping out at this year's Winterfest.

"We are looking at a week worth of events from community choirs to free skates and the parade. All of

this will be tied into the light up celebrations," says Councillor Spencer Coyne. "This year will be a bit different and we are looking at creating sub committees to organize the events during winterfest."

The meeting is open everyone who is interested in helping out.

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Anna Bartlett discusses planting techniques with a customer at the Don & Anna's Greenhouses booth at Similkameen Sizzle Saturday in Keremeos.

# PSS offers new courses

Principal Bill Lawrence told the School Board on September 14 about new course offerings this year at Princeton Secondary School.

A new stream in applied mathematics will prepare students for math used in industry, and is acceptable to colleges. This math course offers more opportunities for students, although it is not the math required for university entrance.

Independent directed studies, Law 12, Family Management, and Literature 12 are offered this year.

Athletes can now receive credits for recognized achievement outside the school curriculum.

The student must compete at a higher level of play than just locally. Junior B hockey players are eligible for these credits, and any other student whose athletic skills take them into provincial and national competitions, such as barrel racing, swimming and cross-country running competitions in which local students have competed at high levels.

Youthsafe Outdoors will be available this year. The first training

session is on October 1.

Trades training certificates will be available to students taking TRU Mechanical Core Program, which allows students to take a post-secondary trades course while still attending secondary school.

The first semester of the course is in the local school, the second semester is at a college.

Parents interested in having a student enrolled in this program should contact the principal. Some costs are involved in the second semester.

# Princeton museum tops Penticton

Princeton's museum may see a record number of visitors this year, as numbers to date are ahead of 2004.

Princeton & District Museum Society President Nick Mills has booked two busloads of students for later this month, which will push the total close to 5,000 for the year to date.

Mills contacted Penticton's museum to compare numbers. Princeton's museum has recorded more visitors this year, despite the

fact that Princeton Museum is run by volunteers and Penticton pays two staff members.

Visitors have come from all over the world, and the comments of appreciation have been generous. One man had very high praise for the Pollard collection, and the fluorescent rocks in particular.

He said the "glow in the dark" rocks in the Pollard collection in Princeton could be matched only by the fluorescent rocks in the Smithsonian Institute!

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These girls really know how to do it up right in Princeton! Felicia Mancini, Lindsay Batts, Tania Smith-Juarro, Shannon Lal, Natasha Reeve, Dawn Lake and Kelsey Batts at Lindsay's Bridal Party and Stagette - at Princeton's 40th annual Fall Fair.

## Fall Fair hosts bridal party

by Lindsay Batts

Two weekends ago, my bridal party and stagette were held at the Princeton Fall Fair. As a frequent visitor to the area, this was my first attendance at the Fall Fair.

We scouted out displays, sampled the beverage garden, cheered on the chuckwagons and watched the demolition derby from the announcing tower.

The gang and I made our way to

the Copper Mountain Bar & Grill and danced the evening away at the Gold Nugget Pub.

It was a day I won't soon forget. Thank you all, and Thank You, Princeton!

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There Are No Chains On Us!

## Town of Princeton

2005 GENERAL LOCAL ELECTIONS

### NOTICE OF NOMINATION

**PUBLIC NOTICE** is given to the electors of the Town of Princeton that nominations for the offices of one (1) Mayor and four (4) Councillors for a 3-year term (December 2005, to December 2008), will be received by the Chief Election Officer or a designated person, as follows:

**LOCATION:**

Town of Princeton Office,  
169 Bridge Street  
Princeton, BC

**TIMES:**

9:00 AM October 4, 2005 to  
4:00 PM October 14, 2005  
Excluding Statutory Holidays  
and Weekends

Nomination documents are available at the Town Hall Office, 169 Bridge Street, Princeton BC during regular office hours (8:30 AM to 4:30 PM).

#### QUALIFICATIONS FOR OFFICE

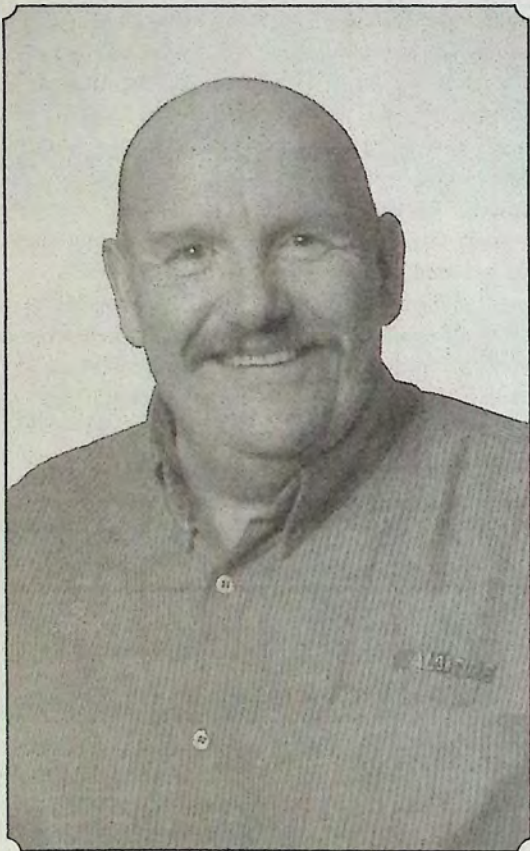
A person is qualified to be nominated, elected, and to hold office as a member of local government if they meet the following criteria:

- Canadian citizen;
- 18 years of age or older;
- resident of British Columbia for at least 6 months immediately before the day nomination papers are filed; and
- Not disqualified by the *Local Government Act* or any other enactment from voting in an election in British Columbia or from being nominated for, being elected to, or holding office.

**FURTHER INFORMATION** on the foregoing may be obtained by contacting:

Karin Green, Chief Election Officer 295-6919  
Barb Gould, Deputy Chief Election Officer 295-3135

Chief Election Officer



Princeton Manager  
Ray Poole

307 Culbertson Way  
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- **Dusk/Dawn** is the time to take extra care as this is when mosquitoes are out most. Reduce outdoor activities during these times.
- **Dress** appropriately by wearing light-coloured clothes that are loose fitting, but tightly woven. Cover-up with long sleeves and long pants when there are a lot of mosquitoes out.
- **Defend** against mosquito bites by using mosquito repellents such as DEET, Citronella candles or mosquito coils.

To Report Standing Water Concerns  
Please call: 866-300-0520

For More Information about West Nile Virus  
Please call the Interior Health Authority at: 1-866-300-0520 or visit [www.interiorhealth.ca](http://www.interiorhealth.ca). For information about the signs and symptoms of West Nile Virus, please call the BC NurseLine at 604-215-4700.



## keremeos and area news



Three-time Sear Factor Champion Kelly Dennis, centre, with David Dunham (second) and Brendan Johnson (third). Their plaques were donated by Sierra Trophies of Penticton.

## 4<sup>th</sup> year adds more sizzle

The fourth annual Similkameen Sizzle was a huge success.

Starting with a pancake breakfast at 8:00 AM Saturday in Memorial Park and ending with a Mexican Dinner/Dance in Victory Hall, the single day celebration of all things hot and spicy was a fun-filled family event.

The Chili Cook-Off at 10:00 AM attracted far more people than expected to sample homemade chili recipes of eleven different entries.

Over 300 ballots were cast for the People's Choice Award which saw First Place (\$100) go to Patricia Peart. Only 11 votes separated the winner from Second Place, which went to Keremeos WorkZone (\$25) and 9 votes behind them was Third Place (\$25) won by Similkameen News Leader.

The Best Decorated Booth (\$25) went to Keremeos WorkZone, although judges said it was a tough one to choose with so many creative booths and displays.

Vendors in Memorial Park included a few from Princeton and live entertainment provided by Cawston's Jeff Lakey and Vancouver's Edwin Martinez kept toes tapping and bodies swaying to the latin rhythms all afternoon long.

Children were involved in many ways during the daytime activities including a Fish Pond, Pepper Carving, Pinatas and other games, supervised by Grade 12 Students from Similkameen Elementary Secondary School.

Best Children's Costume Prizes went to three eight year olds - Kyla Egli, Vanessa Harris and Jamie Forner. Each received coupons from Subway.

Raffle tickets for Gift Baskets and prizes from various sponsors and 50/50 draws added to the afternoon fun with more than one 50/50 prize totalling over \$100.

The Desert Ladies Belly Dancers, who had performed the previous weekend at Princeton's Fall Fair, danced in the afternoon.

The Keremeos Elks Club and Royal Purple manned the concession stand during the day providing mexican food or burgers, depending on your taste.

The afternoon main event - Sear Factor - started at 4:00 PM. A total of eleven contestants paid \$5.00 each to complete three carefully planned pepper-related stunts.

The first event saw a kiddie pool full of squashed tomatoes. Buried in the mess were chili peppers. Each contestant had to fish out as many chili peppers as they could in thirty seconds in order to move on to the second stunt.

The second stunt involved catching hot peppers in the mouth and somehow all contestants qualified for the final stunt - eating three jalapeno peppers with the fastest three times winning prizes.

Two-time Champion Kelly Dennis added another victory to his total having blazed through the peppers in 22.85 seconds.

He won \$100 and a First Place plaque.

Second Place, with a time of 39.14 went to David Dunham. He received \$75 plus a plaque.

Third Place, with a time of 40.10

seconds went to Brendan Johnson. He earned \$50 and a plaque. The cash prizes were donated by Similkameen News Leader and the plaques were donated by Sierra Trophies of Penticton.

The balance of the times were as follows:

- 4th - Simon Villecourt (43.81)
- 5th - Roberto Valencia (46.04)
- 6th - Nathan Kleger (46.24)
- 7th - Patrick Keber (47.53)
- 8th - D'Arcy Bridgman (47.66)
- 9th - Vidal Landeros (1:03.66)
- 10th - Shawn Baranec (1:08.87)
- 11th - Randy Kyle (1:22.93)

Each of the finishers received a certificate stating they had 'survived' Sear Factor.

The event, MC'd by George Elliott (with help from Jeff Lakey) and judged/timed by Brenda Engel, David Egli and Bruce Harker, proved to be a crowd pleaser with Memorial Park filling just for the event.

The Sizzle Dinner in Victory Hall was also a full house with only a handful of tickets unsold. The roast pig dinner and Mexican chili/salads was enjoyed by all.

Evening entertainment featured Edwin Martinez and his band Sin Limite. They had provided the evening dance music last year and were asked to return.

Similkameen Sizzle Committee Chair Judy Egli told the News Leader she would chair the group for the fifth Sizzle, which will be held on Saturday, September 16, 2006.

**Congratulations, Similkameen Sizzle  
on another successful event!  
We're Proud To Be Part Of It!  
Similkameen News Leader**





One of the childrens games enjoyed as part of Similkameen Sizzle Saturday in Keremeos was the Fish Pond. Kim Thomas, one of many Grade 12 Students from Similkameen Elementary Secondary School who helped during the day, gives us an inside look at the workings of the popular game.

[www.hedleybc.com](http://www.hedleybc.com)  
[www.keremeos.net](http://www.keremeos.net)

*Nicola Similkameen School District #58*  
 2005 Trustee Electoral Area 2

**NOTICE OF NOMINATION**

**PUBLIC NOTICE** is given to the electors of the Nicola Similkameen School District #58 - Trustee Electoral Area 2 that nominations to elect three (3) Trustees combined from the Town of Princeton and the Regional District of Okanagan-Similkameen, Area "H" for a 3-year term (December 2005, to December 2008), will be received by the Chief Election Officer or a designated person, as follows:

**LOCATION:**

Town of Princeton,  
 169 Bridge Street  
 Princeton, BC

**TIMES:**

9:00 AM October 4, 2005 to  
 4:00 PM October 14, 2005  
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 and Weekends

Nomination documents are available at the Town of Princeton Office, 169 Bridge Street, Princeton BC during regular office hours (8:30 AM to 4:30 PM).

**QUALIFICATIONS FOR OFFICE**

A person is qualified to be nominated, elected, and to hold office as a Trustee if they meet the following criteria:

- Canadian citizen;
- 18 years of age or older;
- resident of British Columbia for at least 6 months immediately before the day nomination papers are filed; and
- Not disqualified by the *School Act* or any other enactment from voting in an election in British Columbia or from being nominated for, being elected to, or holding office.

**FURTHER INFORMATION** on the foregoing may be obtained by contacting:

Karin Green, Chief Election Officer 295-6919  
 Barb Gould, Deputy Chief Election Officer 295-3135

Chief Election Officer

**THANK YOU!**

**Similkameen Sizzle Committee**

would like to thank the following for their contribution (big or small) to our event:

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**Capsule  
Comments**



by your Pharmasave Pharmacist Wen Wong

October is Flu Prevention Month. We keep hearing that the "big one" is going to happen some year soon. This is the worldwide flu pandemic, which will result in many deaths. Get your flu shot this year for an ounce of prevention.

Men whose sleep was limited to four hours a night in the four days before their flu shot produced just half the antibodies against the flu as men who had normal sleep times during that period. So a good rest for a few nights before your flu shot will result in greater protection.

Over the past decade or so, much work has been done on a male contraceptive hormone preparation. It's been quite a difficult problem to solve and it doesn't look like it will become a reality for quite a while.

A new long-acting insulin was released in Canada earlier this year. It's called Lantus and because of its unique design, usage results in very constant levels of insulin over 24 hours. It's usually administered once daily at bedtime.

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## news leader health page

# Healthy eating at school

Two young women from Kamloops embraced the idea of healthier snacks at school. They talked with their principal and got permission to start a smoothie stand. With a \$500.00 School Food and Nutrition Project grant, they bought blenders and initial supplies. In the first twenty minutes, they had sold 54 smoothies! The principal was shocked by their success.

Making healthy choices is not always easy, especially at school. Students, teachers, parents, and administrators in a majority of the 16 School Districts across Interior Health are making a difference by increasing access to healthier food choices for snacks and meals. By working with the community nutritionist a School Food and Nutrition policy can be put in place that makes healthy choices the easy

choices. Students can practice healthy eating in a supportive environment.

Schools play a powerful role in influencing eating behaviours of students. Choices the students make in what to eat today can lead to habits and a lifestyle that could affect their health and well being for the rest of their life! School administrators can help in this way:

- Provide nutrition education so that students have the knowledge and skills to make healthful food choices and set a foundation for lifelong healthy eating.

- Support nutrition programs that offer opportunities for students to practice healthy eating on a daily basis.

- Encourage healthy eating behaviours in ALL areas - vending machines, snack bars, school stores, club fundraisers, school events, and

rewards.

Still wonder if it is possible? Read what some of these schools have accomplished:

At Silver Star Elementary in Vernon, only juice and water are sold in vending machines, and pop, chips, and hot dogs have been crossed off the school fundraising list. Hot lunches offer a greater variety of healthy choices such as fruit cups, yogurt tubes, muffins, juice, milk, and water.

In a small rural school in Kaslo, in spite of other (non-carbonated) choices, water remains the most popular beverage choice of students. Though soda has been removed, there has been no change in vending machine revenue.

At Lindsay Park Elementary school in Kimberley, a grade three student decided they shouldn't serve cake with lard icing at a family dance, instead money should be spent on veggies and dip and offer water and 100% fruit juice. For hot lunch day subs with fresh veggies has won over hot dogs.

Contact your community nutritionist if you want help developing a School Food and Nutrition policy. And check out these websites for more success stories and other information: [www.dashbc.org](http://www.dashbc.org), [www.knowledgenetwork.ca/makingithappen](http://www.knowledgenetwork.ca/makingithappen) and [www.interiorhealth.ca](http://www.interiorhealth.ca)

- Jill Rhynard, RN, BScN, MPH, Coordinator of Health Promotion Interior Health, Okanagan Health Service Area

## Board adopts new guide for medication at school

Parents whose children may have a chronic condition requiring medication during school hours should obtain the new guide for school staff administering the medication.

The new policy was adopted by the School District 58 (Nicola-Similkameen) School Board on September 14.

The policy refers to students who may have asthma, diabetes, hemophilia, epilepsy or other health problems requiring immediate

response. The Board advises that all such children should wear a Medical Alert bracelet and the school should be informed as to what the condition is and what action should be taken. Forms are available at the school.

The child's physician and the public health nurse will be involved in advising school staff on procedures. If school staff training is required, the public health nurse will provide it.

Weather?

Updated Hourly...

Road Reports?

Updated Daily...

[www.thenewsleader.ca](http://www.thenewsleader.ca)

## living past 100

### Did you beat the bulge?

Recent news about high blood pressure in children set off alarm bells in the health care field, and among people concerned with the health of children. Researchers identified childhood obesity as the main cause of high blood pressure in school-age children.

Children who are too fat suffer the same health problems as adults who are too fat. We hear this time and again. Canadians are too fat. During the past few months, people have been encouraged to lose weight, by eating sensibly.

Although summer ought to be a good time to go out and exercise, eat salads, and lose weight, did you find it is also a time when meals may be thrown together, visitors disrupt dieting, and it was just too hot to exercise? If you are still carrying those extra pounds, perhaps now is the time to set up a meal plan and stick to the schedule.

Many mothers find it is easier to supervise the family diet during the school months, when schedules and routines fall into place. Here are a few tips for helping the family lose weight without pain.

First, plan the meals to be hot and filling. One of the best ways to do this is to offer soups, stews and casseroles with plenty of vegetables. Make up sandwich bags of celery, carrot sticks, and fruit. Give these for snacks.

Make sure the family goes to bed early. Children who are asleep are not eating! Adults should avoid staying up late, as our reaction to being tired is often to reach for a sugary snack.

Feed children small snacks when they come home from school, then insist they do something physical, such as going for a walk, enjoying a sport, or doing household chores. Forbid television after school.

On weekends, take the children into the great outdoors for at least one afternoon. You could go on a hike, a bike ride, or just explore your town, but keep them moving. The exercise may do you some good as well!

Whatever it is you plan to do, make it a routine. Lose those extra pounds.



## ARE YOU CONSIDERING SELF-EMPLOYMENT AS A CAREER OPTION?

Find out more about the HRSDC - Self Employment Benefits Program  
Information Sessions are free and will be held at WorkZone BC - Princeton:

1. Thursday, September 22, 2005 @ 10:30 AM
2. Thursday, October 6, 2005 @ 10:30 AM
3. Thursday, October 20, 2005 @ 10:30 AM

Please ensure to call and register for one of the above sessions if you feel Self-Employment might be an option for you.

Registrants must be referred through WorkZone BC @ 295-6201, or  
Contact Lisa with Community Futures in Penticton at 1-877-493-5566.

Canada

The Government of Canada contributed funding to this initiative.  
Human Resources Skills Development Canada / Développement des ressources humaines Canada





The 2005/06 Vermilion Artists Executive. From left, President Mary Bedford, Vice President Harvey Donahue and Secretary/Treasurer Sue Coyne.

## Artists elect new executive for 2005/06

Vermilion Artists hosted their annual general meeting last Tuesday night in Princeton Museum basement.

The group has just completed a very successful year featuring six sets of classes and a number of art shows and displays.

The upcoming year will see more activities aimed at addressing the

requests of members.

"We are hopeful to have classes in drawing, acrylic and stained glass," explained President Mary Bedford.

"We also want to know what people would like to have."

The Election of Officers was conducted by the News Leader's George Elliott.

Mary Bedford was returned to the Chair with newcomer Harvey Donahue elected Vice President. Sue Coyne returns as Treasurer and will add Secretary duties to her role.

Bedford says new members are always welcome as are class instructors. For more information call (250) 295-6778.

## PRENATAL CLASSES

The next series of labour and delivery classes offered at the Princeton Health Unit will begin Tuesday, October 4, 2005 at 7:00 PM.

These classes will be for women in their second or third trimester and their support person. Class topics will include: signs of labour, stages of labour and delivery, comfort measures, breathing and relaxation, medical and surgical interventions during the labour and delivery, breast feeding and caring for the newborn.

Please register for classes in advance at the Princeton Health Unit. Fee for the classes is \$30.00. Subsidies are available.

Tuesdays October 4, 11 and 18, 2005  
7:00 - 9:30 PM  
Princeton Health Unit  
98 Ridgewood Drive  
Phone: (250) 295-4442

## Nicola Similkameen School District #58

TRUSTEE ELECTORAL AREA 2  
ELECTOR QUALIFICATIONS

### RESIDENT ELECTORS:

- age 18 or older; and
- a Canadian citizen; and
- a resident of British Columbia for at least 6 months immediately before the day of registration; and
- a resident of the Town of Princeton or Area "H" of the Regional District of Okanagan-Similkameen for at least 30 days immediately before the day of registration; and
- not disqualified by any enactment from voting in an election or otherwise disqualified by law.

### NON-RESIDENT PROPERTY ELECTORS:

- age 18 or older; and
- a Canadian citizen; and
- a resident of British Columbia for at least 6 months immediately before the day of registration; and
- a registered owner of real property in the Town of Princeton or Area "H" of the Regional District of Okanagan-Similkameen for at least 30 days immediately before the day of registration; and
- not entitled to register as a resident elector; and
- not disqualified by any enactment from voting in an election or otherwise disqualified by law; and
- if there is more than one registered owner of the property, only one of those individuals may, with the written consent of the majority of the owners, register as a non-resident property elector.

FOR FURTHER INFORMATION on these matters, the following persons may be contacted:

Karin Green, Chief Election Officer at 295-6919  
Barb Gould, Deputy Chief Election Officer at 295-3135

Chief Election Officer

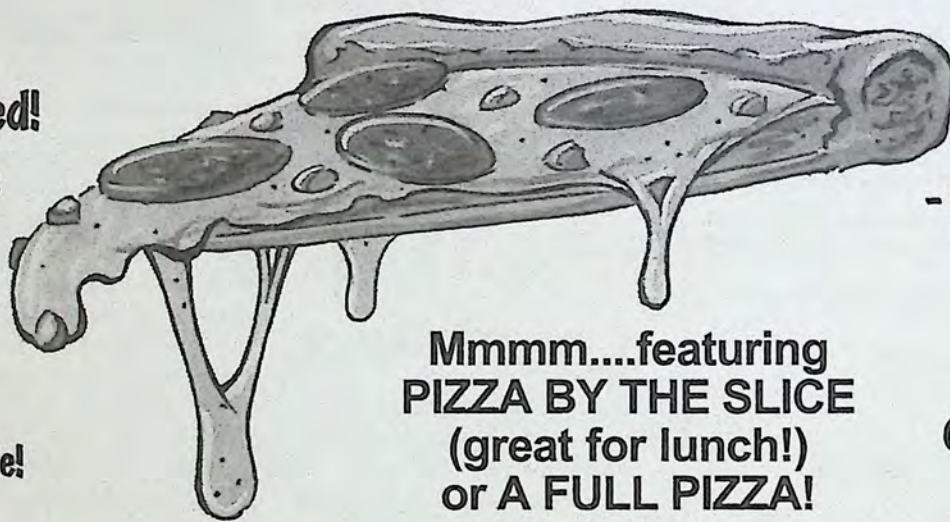
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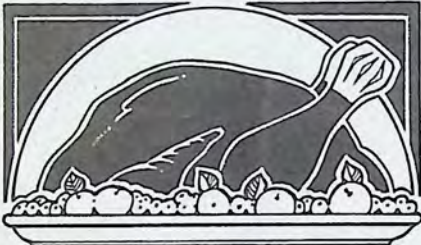
LAWN MOWERS  
WATER PUMPS  
TILLERS - GENERATORS  
SNOWBLOWERS

## Thanksgiving Dinner

"Turkey In The Straw"

AT THE COALMONT HOTEL

Dinner Served At 12 Noon & 5:00 PM  
Monday, October 10<sup>th</sup>



ADVANCE TICKETS \$15 Adults / \$1 per Year for Children  
RESERVE YOURS BEFORE OCTOBER 7<sup>th</sup>

**295-6066 Steve or Shelley**  
Jam Sessions Have Moved To Saturdays!

## Town of Princeton

### ADVANCE ELECTOR REGISTRATION

Are you eligible to vote at the November elections for Mayor and Council? Is your name on the current list of electors?

If you are not sure you can find out by calling or visiting the Town Hall Office, 169 Bridge Street, Princeton, BC, 295-3135. The office is open from 8:30 AM to 4:30 PM Monday to Friday (excluding holidays).

Advance elector registrations will be accepted at the Town of Princeton office until September 27, 2005. With the exception of registrations on voting days, elector registrations will not be accepted during the period September 28, 2005 to November 19, 2005.

### ELECTOR QUALIFICATIONS

#### RESIDENT ELECTORS:

- age 18 or older; and
- a Canadian citizen; and
- a resident of British Columbia for at least 6 months immediately before the day of registration; and
- a resident of the Town of Princeton for at least 30 days immediately before the day of registration; and
- not disqualified by any enactment from voting in an election or otherwise disqualified by law.

#### NON-RESIDENT PROPERTY ELECTORS:

- age 18 or older; and
- a Canadian citizen; and
- a resident of British Columbia for at least 6 months immediately before the day of registration; and
- a registered owner of real property in the Town of Princeton for at least 30 days immediately before the day of registration; and
- not entitled to register as a resident elector; and
- not disqualified by any enactment from voting in an election or otherwise disqualified by law; and
- if there is more than one registered owner of the property, only one of those individuals may, with the written consent of the majority of the owners, register as a non-resident property elector.

Non-resident property electors who do not register in advance will be required to obtain a "certificate to register" prior to the time of voting or on voting day.

### LIST OF REGISTERED ELECTORS

Beginning October 4, 2005 until the close of general voting for the election on November 19, 2005, a copy of the list of registered electors will, upon signature, be available for public inspection, at the Town Hall office in Princeton, during regular office hours, Monday to Friday, excluding statutory holidays. An elector may request that their address or other information about them be omitted from or obscured on the list of electors.

### OBJECTION TO REGISTRATION OF AN ELECTOR

An objection to the registration of a person whose name appears on the list of registered electors may be made in accordance with the *Local Government Act* until 4:00 PM on October 14, 2005. An objection must be in writing and may only be made by a person entitled to be registered as an elector of the Town of Princeton and can only be made on the basis that the person whose name appears has died or is not qualified to be registered as an elector of the Town of Princeton.

FOR FURTHER INFORMATION on these matters, the following persons may be contacted:

Karin Green, Chief Election Officer at 295-6919  
Barb Gould, Deputy Chief Election Officer at 295-3135

Chief Election Officer



Sear Factor returning champ Kelly Dennis searches for chili peppers in a pool of squashed tomatoes as part of the Similkameen Sizzle Saturday in Keremeos. Photo: Brenda Engel.

## Youth group fights drugs

Princeton has nearly double the provincial average for non-cannabis drug offences. This alarming rate has prompted the Princeton Child and Youth Committee to hire a drug and alcohol counsellor to warn youth of the dangers of drug and alcohol abuse.

This information was revealed by School Trustee Ken Heuser at the September 14 School Board meeting in Princeton. He advised the Board that, due to cutbacks, there is currently no drug and alcohol counsellor employed by the Health Ministry. When there was this ser-

vice in the community, the person attended at schools to advise youth. A booklet by BC Stats was distributed showing the high rate of serious drug crime in Princeton for 2004. However, youth aged 12-17

had NO serious drug crimes when compared with the community at large, and was substantially below the provincial average. All of the serious drug crimes were generated by adults in the community.

### thoughts on education



EXCLUSIVE TO THE NEWS LEADER  
BY JINNY SIMS - BCTF PRESIDENT

with special needs, and the nature of the special need all make a big difference.

Because class composition makes such a difference, it was one of the areas that was negotiated into collective agreements. A contractual limit on the number of students with special needs was aimed at both making the job of the teacher possible, and also at providing a positive learning experience for all the students in a class.

Removing these provisions by legislation created an untenable teaching and learning situation in many classes. Some teachers now report as many as nine or ten students with special needs in a classroom that also has more students in total than were allowed in the past.

Inclusion can be made to work, but only if there are both adequate and appropriate supports, along with limits on class sizes and class composition. To provide less than adequate support for students with special needs also harms the quality of education for the other students in the inclusive classrooms. That's why class size, class composition, and access to professional support are high on the list of issues of importance to teachers.

- Jinny Sims is President of the B.C. Teachers' Federation representing 42,000 public school teachers in B.C.

## Breach brings fine

Failing to complete his community work service hours brought Robert I. Pattison to court in Princeton on September 14. Pattison, who is now working, paid toward his restitution, and received an additional \$175 fine plus a \$25 victim fine surcharge.

## School had a good start

School Superintendent Byron Robbie reports "a very good start to the year" for local schools.

"The elementary schools settled quickly, the secondary school took a bit longer," Robbie told the Board at the September 14 meeting.

Enrolment is slightly above projections, and Princeton Secondary School has 16 more students than projected. The enrolment figures are firm at September 30 figures, and determine funding for the district.

Inclusion is the philosophy that nearly every student should participate in all academic and social aspects of the school, and whenever possible should be integrated into a regular classroom.

It is a lot more work to teach a class which includes students with special needs, but teachers have supported the policy if adequate resources are provided to do a good job both for the students with special needs and the other students.

With all the extra work that is required for one student with special needs, it is no wonder that teachers consistently say that class size and composition make a difference. By that, they mean that the total number of students in a class, as well as the number of students





Vendors, including Harker's Fruit Ranch of Cawston, had a great day in Memorial Park during Saturday's Similkameen Sizzle Pepperfest in Keremeos.

## Teachers union urges meeting

After school Tuesday, September 13th, at the invitation of the Princeton District Teachers Union, Susan Lambert, Second Vice-President of the BC Teachers Federation, spoke with local teachers about bargaining, their upcoming strike vote and possible job action.

Two-thirds of Princeton's teachers were present.

Motions were unanimously passed that supported the BCTF bargaining objective of the restoration of stripped language, full free collective bargaining and a fair salary increase; that supported the job action plan; that called upon the provincial government to meet

immediately with the BC Teachers Federation in order to help resolve the issues in dispute and avoid disruption in schools; and that Board of School District #58 (Nicola-Similkameen) be urged to call upon the government to meet immediately with the BCTF in order to help resolve the issues in dispute and avoid disruption in schools.

Robert Tarswell, Princeton District Teachers Union President says, "The members at the meeting were serious but resolved. Teachers want a negotiated settlement and believe it is possible to achieve a resolution."

Tarswell added that, "a return of

stripped language would put back in place those learning conditions that were in place in 2002."

When asked if there would be job action in Princeton, Tarswell replied, "We are trying our best to avoid it and the best opportunity would be for meetings with the provincial government to ensure student's learning conditions can be addressed."

"We need the provincial government to work with teachers to find solutions, not to legislate more problems. We are still at the bargaining table and are calling for further meetings with the employer. We have been patient and continue to be optimistic."

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## Town of Princeton

### ANNUAL TAX SALE NOTICE

Pursuant to Section 405 of the Local Government Act, on the 26th day of September, 2005 in the Council Chambers of the Town Hall, 169 Bridge Street, at the hour of 10:00 AM, there shall be offered for Sale by Public Auction each and every parcel of property including improvements upon which any of the taxes are Delinquent.

The following properties have Delinquent Taxes owing as of September 9th, 2005:

TAX FOLIO NO.	LEGAL DESCRIPTION	STREET ADDRESS
00139.000	Lots 4-5, Block 12, Plan 1302, DL 1823 SDYD, PID 011-614-871 and PID 011-614-889	310 Pine Street
00964.367	Lot 8, Plan 29471, DL 1003, YDYD, PID 003-691-691	474 Corina Ave.
70001.101	Lot 10, SDYD, Manufactured Home Reg. #78482, Bay #10, Pines MHP	263 Highway 3
70005.560	YDYD, Manufactured Home Reg. #57422 Bay #56, Deblyn Estates MHP	473 Corina Ave.

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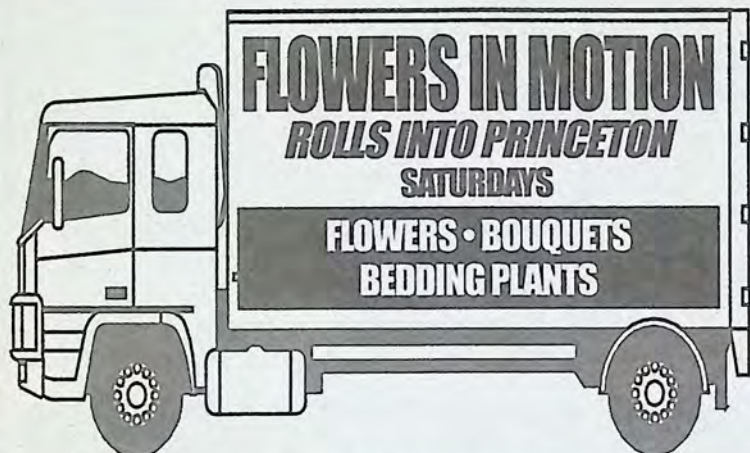
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**PRINCETON PLAZA PARKING LOT**



The Keremeos WorkZone team earned two awards during the Chili Cook-Off at Saturday's Similkameen Sizzle. They took First Place in the Best Decorated Booth Category and Second Place in the People's Choice for their tasty chili! Ken Randle is joined by Maria MacKenzie, Lisa Fraser and Lisa's daughter, Emma.

**Fall Fair top exhibitors**

Although the number of exhibitors was down this year compared with last, the exhibits were of good quality and yielded some good prizes for top exhibitors.

The overall Top Exhibitor of the Fall Fair was Laura Haw, who earned more than \$50 in prize money. She was also top exhibitor in home canning, winning the Bernardin certificate of achievement along with Bernardin's gifts of \$10 off on her next Bernardin purchase and a Bernardin home canning cookbook.

Other winners of \$5.00 Bernardin gift certificates and cookbooks were Sandra Simpson, Dawn Johnson and Marg Eyre.

Top exhibitor in needlework was Eleanor Sinclair, whose crochet work is simply outstanding.

Cory Oerlemans was top exhibitor in woodwork, and Susy Johnson was top exhibitor in photography.

Top Exhibitor in Vegetables went to Benny Mazzarella, which is not unusual, as his gardening skills have earned him that title in years past. He received 11 firsts and two seconds for his entries.

Although Mazzarella was top exhibitor in vegetables, it was Michelle Johnson who won the prize for the longest zucchini, \$20 from Princeton Garden Club.

The \$25 prize for Judge's Choice Apple Pie went to Sandra Simpson, who also won the title of Top Exhibitor in Home Baking. Sandra won the Rogers Foods gift pack of flour, oatmeal and cereals, worth approximately \$25.

Betty Golovin was Top Exhibitor in Fruit. This title is reserved for those who are not commercial growers.

Marg Eyre earned the most points in flower exhibits, winning the Kevin Acres gift basket.

Norma Kraetor won the \$25 prize for the most votes in the People's Choice Art Show. Voters cast a ballot for their favourite work of art, to a total of 220 ballots, and Kraetor's "Boy in the Rain" was the favourite. Runners up, who received \$15 each, were Jackie Chaston for her painting "Autumn Leaves" and John Sandness for his painting "Navajo Elder". These paintings will not be eligible for next year's Fall Fair People's Choice Art Show, so artists should plan now to paint the favourite for next year.

Despite the \$35 gift certificate from Princeton Brewing Company, there were no exhibits in the Beer & Wine division.

Look for more detailed listings of winners in next week's paper.

Princeton Light & Power's  
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CONTEST ENTRY FORM

Watch the Similkameen News Leader for your chance to win!

You can win up to \$150.00 Credit on your PLP Account.

Mail, fax, e-mail or drop a note off at the office explaining how you are taking control of your electricity.

Remember shifting electricity "OFF PEAK" means we all win!

Come into the PLP Office and pick up your Resource Kit explaining how you too can take control.

Four Draws of \$25.00 PLP Credit will be made September 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup>.

A Grand Prize of a \$150.00 PLP Credit will be awarded on October 7<sup>th</sup>.

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- I try to run my dishwasher during "OFF PEAK" hours.
- I try to run my car's block heater during "OFF PEAK" hours.
- I water my garden and lawn during "OFF PEAK" hours.

Week 2 Winner:  
Keith Parsons

Or tell us what YOU do to "TAKE CONTROL"

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\* MLS statistics 1990-2004



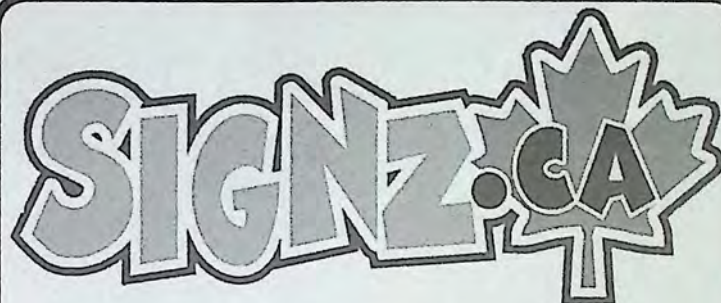
# weekly entertainment guide

TUESDAY, SEPTEMBER 20, 2005 THROUGH MONDAY, SEPTEMBER 26, 2005



Princeton Outdoor Supply made another draw for a rifle last week as part of their annual Mule Deer Contest. First rifle Winner Mark Burstall, left, made the draw last Thursday with Loretta Young of Princeton Outdoor Supply and Arnie Powell of Princeton Ground Search & Rescue. The second rifle winner is Rick Richter of Princeton.

[www.thenewsleader.ca](http://www.thenewsleader.ca)  
[www.vermillionforks.ca](http://www.vermillionforks.ca)



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## Ministry lifts ban

Effective at noon on September 14th, and until further notice, small pile burning, backyard burning and industrial pile burning (Categories 1, 2 and 3) are permitted at all elevations for the Clearwater, Kamloops, Salmon Arm, Merritt and Lillooet Fire Zones and above 1,000 metres in elevation in the Vernon and Pentiction Fire Zones.

"Open burning bans have been rescinded in the Kamloops Fire Centre now that we're experiencing cooler temperatures and some rainfall," said Forests and Range Minister Rich Coleman.

"People are still reminded to be careful at all times when burning."

Category 1 open fires are piled material less than one metre high and one metre wide, including campfires. Campfires are allowed at all elevations of the Kamloops Fire Centre.

Category 2 open fires are waste

material in piles less than two metres high and three metres wide and grass burning over an area less than 0.2 ha in size.

Category 3 open fires are material in piles over two metres high and three metres wide and windrows and stubble in an area over 0.2 ha in size. An open fire registration number is required for all Category 3 fires, and the open fire line is 1-888-797-1717.

The BC Forest Service manages open fire restrictions outside of municipal boundaries and Regional Districts that have open burning bylaws. Please check with your local authorities for information on open burning bylaws within organized areas.

If you see a wildfire, please report it to 1-800-663-5555 or \*5555 on most cellular networks. For more information on open fires, current fire activity and FireSmart, visit [www.for.gov.bc.ca/protect](http://www.for.gov.bc.ca/protect).



*Harry LaSi, M. L. A.*  
Invites you to the  
*Grand Opening of the Yale-Lillooet  
Constituency Office*

*Friday, September 16, 2005*  
*3:00 p.m. - 7:00 p.m.*  
*2099 Granite Avenue, Merritt, B.C.*  
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*Refreshments will be served*

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The Best Children's Costume prizes at Saturday's Similkameen Sizzle in Keremeos went to a trio of eight year olds. From left, Kyla Egli, Vanessa Harris and Jamie Forner celebrate their success.



## We're out on the Road

The final Regional District Okanagan-Similkameen Rural Land Use Matters Board meeting out on the road for 2005 will be held Thursday October 6, 2005 at 1:00 p.m.

Come and join the Directors and staff at the *Meet and Greet* scheduled for 12:00 noon at the Naramata Centre - McLaren Hall - North Wing located at 3375 - 3rd Street, in Naramata and then remain and experience how the Regional District Rural Board works together to ensure quality of life for our communities.

# THANK YOU...

## For Supporting the Fall Fair!

### PRINCETON & DISTRICT AGRICULTURAL FALL FAIR ASSOCIATION THANKS THE FOLLOWING VOLUNTEERS AND SPONSORS FOR HELPING MAKE THE 40TH FALL FAIR A SUCCESS:

Sherry, Garnet, Drew, Maryanne & Jody Woodford, Anne Ewing, Arnold & Freda Schroeder, Dianne & Bill MacFarlane, Al & Shirley Hill, Eunice Bottenfield, Vince Milligan, Noreen Barkley, Jason Earle & family, Penny Aguillon, Barry Johnson, John Sandness, John & Betty Golovin, John & Eleanor Sinclair, Karen Manion, Dean Stinson, Candace Aguillon, Samantha Slager, Lindsay Schwarz, the Nordquist family, Karen Smart, Jenn & Jim Bernard, Ken Rogoski, Marg Johnson, Susy, Rick & Brady Johnson, Jessica Coers, Evan Esdale, Kassi Crimmon, J-Lee White, Lin Pudsey, Sandy Gabor, Don Mare, Dave Fidler, Lee & Gerri Swanson, Doug Grigg, John Janzen, Alan Monkman, Ed Muckle, Shirley Campbell, Lisa White, Carol & Pete Ruoss, Carolyn Brown, John & Ruby Bey, Princeton Rodeo Club, Princeton Community Band, Princeton Celtics, Allan Kovaltsenko, Pattyann Harrower, The Desert Ladies, Princeton Line Dancers, Princeton Highland Dancers, Kristie McIvor, Luke Guerard, Elaine (from Chevron), Lincoln & the chuck-wagon crew, B.C. Fairs Association President Carly Raines, Wen Wong, Carol Bertrand, Carrie Doré, Katelynn, Simpson, Judy (from Curves), Pat Clark, Sharron Vander Wal, Ray Michaud, Fred & Norma Krenn, Dawn Campbell, Jerry McKay, John Draper, Paul Gabriel, C.O.P.S., RCMP, BC Ambulance, Princeton Fire Department, Ground Search & Rescue, Highway Rescue. SPONSORS: Parsons Fruit Stand, Kevin Acres, Bernardin, Rogers Foods, Similkameen News Leader, Weyerhaeuser, Princeton Stock Ranch, Jura Stock Ranch, K&M Contracting, Reichert Sales & Service, ReMax, Princeton Hotel, Okanagan Ag & Turf (Kelowna), Greenway Equipment (Kamloops), D & L Sawmill (Lac La Hache), A & W, Backroads Bike Shop, Belaire Restaurant, Billy's Family Restaurant, Bugnut Toys, CIBC, Century 21, Copper Mountain Bar & Grill, Cover2Cover Bookkeeping, Dairy Queen, Don and Anna's Greenhouses, Douglas Lake Equipment, Golden Hills Grocery & Deli, Hayes Creek Electric, Home Hardware, Irly Building Centre, Kal Tire, Lendale Pine Furniture, Lordco Auto Parts, Mac's Auto Parts, On-Time Auto Service, PetroCan, Pharmasave, Princeton Farm, Garden and Pet Supply, Princeton Glass, Princeton Husky, Princeton Light & Power, Pro Auto Service, Quick Pick Grocery, Sears, Similkameen Spotlight, Skaha Ford, Stedmans V&S, Terralink Feed & Farm Supplies, The Hut, The Image Emporium, The Source by Circuit City, Villager Motel, Valley First Credit Union, Westland Insurance, Woodsmat Designs.

*Message from the President: If we have forgotten anyone's name, we apologize. We appreciate the help and financial support of everyone. Special thanks to our loyal Fall Fair fans who stayed despite the rain and wind. Sincerely, Jody Woodford.*

## tuesday movies

### MORNING

10:00 am CITY (29) ★ "Shark Attack" (1999, Action) Casper Van Dien. A marine biologist uncovers an old rival's hand behind a rash of unusual shark attacks in African waters. [E]

11:00 am A&E (9) ★★ "Midnight Run" (1988, Comedy-Drama) Robert De Niro. A bounty hunter and his quarry, an accountant accused of embezzlement, try to stay one step ahead of the mob. [E]

### EVENING

8:10 pm WTBS (3) ★★ "Jerry Maguire" (1996, Comedy-Drama) Tom Cruise. An ousted sports agent attempts to rebuild his career with the help of a loyal accountant and an egotistical athlete. [E]

9:00 pm FAM (26) ★★ "Throw Momma From the Train" (1987, Comedy) Danny DeVito. A timid man involves his writing teacher in plans to do away with his overbearing hag of a mother.

10:06 pm CITY (29) ★ "One Eight Seven" (1997, Drama) Samuel L. Jackson. A teacher who was once attacked by a student takes a job at a Los Angeles school populated by young thugs.

11:10 pm WTBS (3) ★★ "Jerry Maguire" (1996, Comedy-Drama) Tom Cruise. An ousted sports agent attempts to rebuild his career with the help of a loyal accountant and an egotistical athlete. [E]

## Desert Connections

The South Okanagan Community Information Paper

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## wednesday movies

### MORNING

10:00 am CITY (29) ★★ "King Ralph" (1991, Comedy) John Goodman. The future of Britain's monarchy is in a Las Vegas lounge lizard's hands when an accident wipes out the royal family. [E]

### EVENING

8:10 pm WTBS (3) ★★ "Sleepless in Seattle" (1993, Comedy-Drama) Tom Hanks. A recently engaged woman becomes obsessed with meeting the grieving widower she heard on a late night radio show. [E]

9:00 pm FAM (26) ★★ "Days of Thunder" (1990, Drama) Tom Cruise. A hotshot rookie stock-car driver sets his sights on the professional NASCAR circuit and the prestigious Daytona 500.

10:06 pm CITY (29) ★★ "Fire Down Below" (1997, Drama) Steven Seagal. An environmental protection agent wages a one-man war against industrialists who are dumping toxic waste in Appalachia.

10:25 pm WTBS (3) ★★ "Simply Irresistible" (1999, Romance) Sarah Michelle Gellar. A fairy godfather gives a chef the ability to spice up her culinary creations with the magic of emotions. [E]

### Weather?

Updated Hourly...

### Road Reports?

Updated Daily...

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TUESDAY, SEPTEMBER 20, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	"Ace Ventura"	News (E) Body	(Off Air)	Stretch Dragon	News (E)	News	Movie: "Midnight Run" (1988) Robert De Niro.	(5:00) News (E)	News (E)	(5:00) News (Live) (E)	Hamtaro Mona	SportsCenter (E)	News (E) Canada AM (E)	Daily Planet (E)	Paid Prog. Paid Prog.	King (E) Spider-Man	News Calvin, Miller.	Maury (E)	Hillbillies Hillbillies
7 AM :30	Dawson's Creek (E)	Life Today 100 Huntley Street (E) Poko	BluesClues Dora	Clifford Arthur (E)	Today (E)	The Early Show (E)	Good Morning America (E)	Investigative Reports			Winx Club Jacob	SportsCenter (E)		Biker Build-Off "The Ultimate Chop" (E)	Sabrina Charles	Kim Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30	Dawson's Creek (E)	Huntley Street (E) Poko	Hi-5 Timothy	Barney Boohbah						100 Huntley Street (E)	Neutron Mischief	SportsCenter (E)		Paid Prog. Paid Prog.	Weekend Lilo Stitch			In Fashion Seinfeld	Matlock (E)
9 AM :30	Becker Becker	Save-Ums! Doodlebop	(8:50) Berenstain Bears (E)	Sesame Street (N) (E)		Discover Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	LazyTown Monster	Off-Record Fins-Skins	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	BenJ Bear McDonald	Maury (E)	News (E) City	Magnum, P.I. (E)
10 AM :30	Cosby Cosby	The Price Is Right (E)	Little Bear Paddington	Reading Lions	Ellen DeGeneres Show	The Price Is Right (E)	American Justice	The View (E)	World Vision (E)	Room Diva Dime	Rupert Monsters	Golf Getaways	The View (E)	Building Building	Starting Over (N) (E)	Mermald PB&J Otter	Jerry Springer (N) (E)	Movie: "Shark Attack" (1999) Casper Van Dien.	News (E)
11 AM :30	Harvey Home Imp.	Coronatn Coronatn	Mathemati cs Instruction	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Movie: "Midnight Run" (1988) Robert De Niro.	Paid Prog. Paid Prog.	The Insider Diva Dime	News (Live) (E)	Hamtaro Fly Rhino	Motoring WWE Monday Night Raw (E)	Balance-TV Balance-TV	Mysterious Worlds (E)	Montel Williams (E)	Henrys King (E)	Blind Date Blind Date	Magnum, P.I. (E)	Da Vinci's Inquest (E)
12 PM :30	Drew Drew	News (Live) (E)	Ministers Imprint	Charlie Rose (E)	Paid Prog. Paid Prog.	News Bold & B.	Charles Grodin. (E)	One Life to Live (E)	News (E)	Days of our Lives (E)	Oddparent Mischief		Daily Bold & B.	Human Combustion	Perry Mason Aladdin	Lilo Stitch Aladdin	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)
1 PM :30	Yes, Dear Yes, Dear	Days of our Lives (E)	Foot Notes Planet	Wonderful Quitting	Days of our Lives (E)	As the World Turns	Charles Grodin. (E)	As the World Turns	As the World Turns	As the World Turns	Care Bears George S.	Poker Champ.	Vicki G. Vicki G.	Frontiers of "The Angel"	Hoze Mouse	Jerry Springer (E)	Relic Hunter (E)	Cosby Cosby	
2 PM :30	Home Imp. Friends	Tom Stone (E)	Gaslight Entrada	Berenstain Dragon	Passions (E)	Guiding Light (E)	Investigati ve Reports	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown	Interruption (E)	General Hospital (E)	How-Made How-Made	Love Lucy Love Lucy	Dalmatian Fillmore	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
3 PM :30	Seinfeld Seinfeld	Starting Over (N) (E)	Timothy Dora	Postcards Arthur (E)	Brown Brown	Dr. Phil	City Confidential (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record Sports	Dr. Phil	Ultimate Ten	Montel Williams (E)	Weekend Lloyd	Pokémon Jackie	News (E)	Home Imp. Home Imp.
4 PM :30	Raymond Raymond	Simpsons Malcolm	Sagwa George S.	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	American Justice	Millionaire Millionaire	Oprah Winfrey (E)	News (E) News (E)	Tn-Titans Robot	MLB Seattle Mariners at Toronto Blue Jays. (Live) (E)	The Tyra Banks Show	Daily Planet (E)	Little House House	Barbarian Proud	Xiaolin Xiaolin	Sex & City Friends	Funnest Home Videos
5 PM :30	Friends Friends	News (Live) (E)	Madeline Arthur (E)	BBC World Business	News (E) NBC News	News CBS News	Gangsta Girls (E)	News (E) ABC News	News (E) Global	News (E) Global	Oddparent SpongeBob	Mariners at Toronto Blue Jays. (Live) (E)	News (E)	How-Made How-Made	Malcolm King of Hill	Kim Lizzie	Sabrina My Wife	The Collector	Da Vinci's Inquest (E)
6 PM :30	Sex & City Sex & City	Will-Grace '70s Show	Planet Dotto Tech	News-Lehrer	News (E) Raymond	News Hollywood	Dog Dog	News (E) News (E)	News (E) News (E)	Entertain. Entertain	Being Ian Mystery		News (E)	American Chopper (E)	Simpsons '70s Show	Even Darcy	My Wife Friends	Supernatural (N) (E)	Da Vinci's Inquest (E)
7 PM :30	Seinfeld Seinfeld	Fortune Jeopardy!	Parks Rivers	Nova (N) (E) (DVS)	Jeopardy! Fortune	Seinfeld Friends	Inked (E) Angel	Entertain The Insider	Entertain Entertain.	Gilmore Girls (N) (E)	Drake Prank Ptrl	SportsCenter (Live) (E)	eTalk Daily Hollywood	Hot Rod Build-Off '70s Show	Frasier '70s Show	So Raven Smart Guy	Raymond Raymond	Wanted "Wild Bunch"	WGN News at Nine
8 PM :30	Movie: "Jerry Maguire"	Last Voyage Munsch	Life-of Robert Munsch	Sculpted by Floods	The Biggest Loser (N)	NCIS "Kill Ari" (N) (E)	Crossing Jordan (E)	Jim Dancing With the Stars "Dance-Off"	Bones (N) (E)	Bones (N) (E)	SpongeBob Sabrina	In Corner	Dancing With the Stars "Dance-Off"	Daily Planet (E)	Bones (N) (E)	Radio Free Boy World	Gilmore Girls (N) (E)	News (E) Star! Daily	Sex & City Becker
9 PM :30	Movie: "Jerry Maguire" (1996) Tom Cruise,	Big Sugar (N) (E)	With Glowing Hearts	Wide Angle (N) (E)	Name Earl The Office	Big Brother 6 (E)	Gangsta Girls (E)	House "Autopsy" (N) (E)	House "Autopsy" (N) (E)	Yvon Factory	Motoring Golf Getaways		American Chopper (E)	House "Autopsy" (N) (E)	"Throw Momma From the Train"	Supernatural (N) (E)	Jimmy Kimmel Live (N)	Da Vinci's Inquest (E)	
10 PM :30	Cuba Gooding Jr. (E)	Report 22 Minutes	Foot Notes Imprint	Hidden Turkey (N) (E)	Law & Order: SVU	Rock Star: INXS (N)	Dog Dog	Wife Swap (E)	Gilmore Girls (N) (E)	News (E) Sports (E)	My Family Bob	Golf Golf	Law & Order: SVU	Hot Rod Build-Off (E)	Will-Grace Boy World	News (E) Boy World	KTLA Prime News (E)	(10:06) Movie: "One Eight Seven" (1997). John Heard	Street Street Elimidate Elimidate
11 PM :30	Movie: "Jerry Maguire"	News (E) Practice	Reach-Top Moving On	Charlie Rose (N) (E)	News (E) Tonight	News Late Show	Inked (E) Angel	News (E) Nightline	News (E) Nightline	(11:03) Fear Factor "Couples"	Inuyasha Gundam	SportsCenter (Live) (E)	News (E)	How-Made How-Made	Sex & City Becker	My So-Called Life Friends	Sex & City Friends	Elimidate Elimidate	

WEDNESDAY, SEPTEMBER 21, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Movie: "Baby Boom"	News (E) Body	(Off Air)	Body Elec. Dragon	News (E)	News	Beyond Death (E)	(5:00) News (E)	News (E)	(5:00) News (Live) (E)	Hamtaro Mona	SportsCenter (E)	News (E) Canada AM (E)	Daily Planet (E)	Paid Prog. Paid Prog.	King (E) Spider-Man	News Calvin, Miller.	Maury (E)	Hillbillies Hillbillies
7 AM :30	Dawson's Creek (E)	Life Today 100 Huntley Street (E) Poko	BluesClues Dora	Cliff Pup Arthur (E)	Today (E)	The Early Show (E)		Good Morning America (E)			Winx Club Jacob	SportsCenter (E)		Ocean Realm	Sabrina Charles	Kim Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30	Dawson's Creek (E)	Huntley Street (E) Poko	Hi-5 Timothy	Barney Teletubbs				Investigati ve Reports		100 Huntley Street (E)	Neutron Beasts	SportsCenter (E)		American Chopper (E)	Paid Prog. Paid Prog.	Weekend Lilo Stitch		Star! Inside Seinfeld	Matlock "The Starlet"
9 AM :30	Becker Becker	Save-Ums! Doodlebop	(8:50) Berenstain Bears (E)	Sesame Street (E)		Discover Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	LazyTown Monster	Off-Record Fishing	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Feet McDonald	Maury (E)	News (E) City	Magnum, P.I. (E)
10 AM :30	Cosby Cosby	The Price Is Right (E)	Little Bear Paddington	Reading Lions	Ellen DeGeneres Show	The Price Is Right (E)	Amer. Justice	The View (E)	World Vision (E)	Room Diva Dime	Rupert Monsters	Motoring NHRA Drag Racing: Toyo Tires Nationals - Final Eliminations	The View (E)	Stones of Fate	Starting Over (N) (E)	Sing-Story PB&J Otter	Jerry Springer (N) (E)	Movie: "King Ralph" (1991) John Goodman.	News (E)
11 AM :30	Harvey Home Imp.	Coronatn Coronatn	Parks Sustain	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Airline (E) Airline (E)	Paid Prog. Paid Prog.	The Insider Diva Dime	News (Live) (E)	Hamtaro Fly Rhino	Toy Tires Nationals - Final Eliminations	Balance-TV Balance-TV	Disasters	Montel Williams (E)	Henrys King (E)	Blind Date Blind Date	Magnum, P.I. (E)	Da Vinci's Inquest (E)
12 PM :30	Drew Drew	News (Live) (E)	Hockey Bottom Line: Privatizing Planet	Charlie Rose (N) (E) Simply Sewing	Paid Prog. Paid Prog.	News Bold & B.	Beyond Death (E)	All My Children (E)	News (E)	Days of our Lives (E)	Oddparent Beasts		Daily Bold & B.	Weather Extrm.	Perry Mason Aladdin	Lilo Stitch Aladdin	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)
1 PM :30	Yes, Dear Yes, Dear	Days of our Lives (E)	Planet Planet	Simply Sewing	Days of our Lives (E)	As the World Turns		One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.	In Corner Poker Champ.	Vicki G. Vicki G.	Biker Build-Off "The Ultimate Chop" (E)	Matlock "The Don"	Hoze Mouse	Jerry Springer (E)	Relic Hunter (E)	Cosby Cosby
2 PM :30	Home Imp. Friends	Tom Stone (E)	Gaslight Journal	Berenstain Dragon	Passions (E)	Guiding Light (E)	Investigati ve Reports	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown	Interruption (E)	General Hospital (E)	Ultimate Chop" (E)	Love Lucy Love Lucy	Dalmatian Fillmore!	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
3 PM :30	Seinfeld Seinfeld	Starting Over (N) (E)	Timothy Dora	Postcards Arthur (E)	Brown Brown	Dr. Phil	City Confidential (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Yu-Gi-Oh!	Off-Record Sports	Dr. Phil	Ult Cars Ult Cars	Montel Williams (E)	Weekend Lloyd	Pokémon Jackie	News (E)	Home Imp. Home Imp.
4 PM :30	Raymond Raymond	Simpsons Malcolm	Sagwa George S.	Cyberchas Dragonfly	Judge J. Judge J.	Oprah Winfrey (E)	Amer. Justice	Millionaire Millionaire	Oprah Winfrey (E)	News (E) News (E)	Tn-Titans Phantom	MLB Seattle Mariners at Toronto Blue Jays. (Live) (E)	The Tyra Banks Show	Daily Planet (E)	Little House House	Barbarian Proud	Xiaolin Xiaolin	Sex & City Friends	Funnest Home Videos
5 PM :30	Raymond Raymond	News (Live) (E)	Madeline Arthur (E)	BBC World Business	News (E) NBC News	News CBS News	Dog Dog	News (E) ABC News	News (E) Global	News (E) Global	Oddparent SpongeBob	Mariners at Toronto Blue Jays. (Live) (E)	News (E)	Megabuilders	Malcolm King of Hill	Kim Lizzie	Sabrina My Wife	America's Next Top Model (N)	Race Car Race Car
6 PM :30	Raymond Raymond	Will-Grace '70s Show	Imprint Ports	News-Lehrer	News (E) Raymond	News Hollywood	Inked (E) Inked (E)	News (E) News (E)	News (E) News (E)	Entertain. Entertain	Being Ian Mystery		News (E)	Megabuilders	Simpsons '70s Show	Even Darcy	My Wife Friends	Funnest Home Videos	
7 PM :30	Sex & City Sex & City	Fortune Jeopardy!	The Leading Edge (E)	Andre Rieu: The Flying Dutchman (E)	Jeopardy! Fortune	Seinfeld Friends	Angel Angel	Entertain The Insider	Entertain. Entertain.	The Closer (N) (E)	Justice Zixx: Level	SportsCenter (Live) (E)	Invasion "Pilot" (N)	MythBusters (E)	Frasier '70s Show	So Raven Smart Guy	Raymond Raymond	Making a Scene (E)	WGN News at Nine
8 PM :30	Movie: "Sleepless in Seattle" (1993) Tom Hanks. (E)	This Is Wonderland	Hot Rocks: Geology (E)	Dutchman (E)	App.: Martha	Still Yes, Dear	Crossing Jordan (E)	Lost "Destination Lost"	App.: Martha	App.: Martha	SpongeBob Sabrina	Off-Record	You Can Dance	Daily Planet (E)	You Can Dance	Radio Free Boy World	One Tree Hill (E)	News (E) Star! Daily	Sex & City Becker
9 PM :30	Movie: "Sleepless in Seattle" (1993) Tom Hanks. (E)	The Nature of Things	Science Food	Northrup's Mother-Daughter Wisdom	E-Ring "Pilot" (N) (E)	CSI: Crime Scn	Dog Dog	Lost (N) (E)	E-Ring "Pilot" (N) (E)	E-Ring "Pilot" (N) (E)	Yvon Bob	Poker Champ.	Lost (N) (E)	MythBusters (E)	Head Cases (N) (E)	Movie: "Days of Thunder" (1990)	Just Legal "Pilot" (E)	Jimmy Kimmel Live (N)	Da Vinci's Inquest (E)
10 PM :30	Movie: "Simply Irresistible" (1999)	Air Farce	Haanas	Wisdom	Law & Order "Red Ball"	CSI: NY (N) (E)	Inked (N) Inked (E)	Invasion "Pilot" (N) (E)	Queer Eye-Guy	News (E) Sports (E)	My Family Bob	Poker Champ.	CSI: NY (N) (E)	Megabuilders	News Will-Grace	Brotherly	Prime News (E)	Movie: "Fire Down Below" (1997). Steven Seagal.	Street Street Elimidate Elimidate
11 PM :30	Movie: "Simply Irresistible" (1999)	News (E) The Office	Scattering Dotto Tech	Charlie Rose (N) (E)	News (E) Tonight	News Late Show	Angel Angel	News (E) Nightline	News (E) Nightline	(11:03) Fear Factor "Couples"	Inuyasha Witch	SportsCenter (Live) (E)	News (E)	Megabuilders	Sex & City Becker	My So-Called Life Friends	Sex & City Friends	Elimidate Elimidate	



Regular Meetings

\* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
\* Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
\* Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
\* Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
\* PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
\* Hedley Library open 2-7pm Thursdays
\* Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
\* Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
\* Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
\* Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
\* Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
\* Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
\* Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
\* Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
\* Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
\* Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
\* Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

Similkameen News Leader Community Calendar

SEPTEMBER

23 - Princeton Posse Game vs. Summerland, 7:30 PM
24 - Princeton Posse Game vs. Osoyoos, 7:30 PM
24, 25 - Keremeos Elks High School Rodeo, Keremeos

OCTOBER

1 - Princeton Posse Game vs. Creston, 7:30 PM
10 - Thanksgiving Day
15 - Princeton Posse Game vs. Osoyoos, 7:30 PM
21 - School District Pro-D Day
22 - Princeton Posse Game vs. Fernie, 7:30 PM
22 - Taste of Our Valley, Keremeos
26 - School Board Meeting, 7 PM, Princeton Office
31 - Halloween Spook House, Princeton Fairgrounds

NOVEMBER

2 - Princeton Posse Game vs. Revelstoke, 7:30 PM
10 - Princeton Schools - Pro-D Day
11 - Princeton Posse Game vs. Sicamous, 7:30 PM
11 - Remembrance Day
12 - Princeton Posse Game vs. Osoyoos, 7:30 PM
19 - Princeton Posse Game vs. Osoyoos, 7:30 PM
20 - Princeton Posse Game vs. Revelstoke, 2:00 PM
25 - Princeton Posse Game vs. Summerland, 7:30 PM
27 - Princeton Posse Game vs. Sicamous, 2:00 PM

DECEMBER

3 - Christmas Arts & Crafts Fair, Keremeos
3 - Princeton Posse Game vs. Columbia Valley, 7:30 PM
7 - School Board Meeting, 7 PM, Princeton Office
9 - Princeton Posse Game vs. Revelstoke, 7:30 PM

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details! ads@thenewsleader.ca

thursday movies

MORNING

10:00 am CITY 29 ★★ "The Sixth Man" (1997, Comedy) Marlon Wayans. The ghost of a college basketball player helps his younger brother carry their team to victory. [E]

AFTERNOON

5:00 pm WGN 38 ★★ "The Mighty Quinn" (1989, Drama) Denzel Washington. Evidence in a Caribbean police chief's murder investigation points to a childhood friend who has chosen a life of crime. [E]

5:30 pm CITY 29 ★★ "Bringing Down the House" (2003, Comedy) Steve Martin. Premiere. A brassy ex-con teaches an uptight attorney to loosen up after she persuades him to clear her name. [E]

EVENING

7:00 pm WTBS 3 ★★½ "Deep Blue Sea" (1999, Suspense) (PA) Thomas Jane. A marine biologist and her staff become the prey of scientifically altered sharks that have a hunger for human flesh. [E] (DVS)
9:00 pm FAM 26 ★★ "The Air Up There" (1994, Comedy) Kevin Bacon. An assistant college basket-

ball coach tries to recruit a young Kenyan whose tribe is in danger of losing its land. [E]
9:10 pm WTBS 3 ★★½ "Turbulence" (1997, Suspense) (PA) Ray Liotta. A lone flight attendant must bring passengers to safety after a cunning killer commandeers her jetliner. [E]
10:06 pm CITY 29 ★★½ "We're Funny That Way" (1998, Documentary) Canada's first international festival of gay humor features Elvira Kurt, Maggie Cassella, Lea DeLaria and others.
11:10 pm WTBS 3 ★★½ "The 6th Day" (2000, Science Fiction) (PA) Arnold Schwarzenegger. A helicopter pilot squares off against the evil tycoon who cloned him without his knowledge or consent. [E]

friday movies

MORNING

10:00 am CITY 29 ★★ "Bringing Down the House" (2003, Comedy) Steve Martin. A brassy ex-con teaches an uptight attorney to loosen up after she persuades him to clear her name. [E]

AFTERNOON

5:00 pm WGN 38 ★★½ "Landspeed" (2002, Action) Billy Zane. A large cash prize hangs in the balance as two rival racers attempt to break a new speed record. (In Stereo)

EVENING

6:00 pm CITY 29 ★★½ "The Love Crimes of Gillian Guess" (2004, Docudrama) Joely Collins. Premiere. A talk show host explores the reasons behind a juror's affair with a defendant in a 1995 Canadian murder trial. [E] (DVS)
7:30 pm WTBS 3 ★★½ "The 6th Day" (2000, Science Fiction) (PA) Arnold Schwarzenegger. A helicopter pilot squares off against the evil tycoon who cloned him without his knowledge or consent. [E]

lawyer and a free-thinking woman are torn between their feelings for each other and the laws of propriety. [E]
9:02 pm FAM 26 ★★½ "The Birdcage" (1996, Comedy) Robin Williams. The arrival of his son's future in-laws forces a gay nightclub owner and his lover to pose as husband and wife.
10:06 pm CITY 29 "Prelude to Love" (1995, Adult) Ashlie Rhey. When a man and a woman inherit a modeling agency, their battling masks an undeniable attraction.
10:20 pm KNOW 5 "Sign of Four" Sherlock Holmes.
10:59 pm FAM 26 ★★½ "Kingpin" (1996, Comedy) Woody Harrelson. An ex-professional bowler and his talented Amish protege hustle their way across the country to a big-money tournament.

FAM 26 ★★ "Just 4 Kicks" (2003, Comedy) Cole Sprouse. A stranger tries to help twin brothers who play for a winless soccer team.
8:00 pm KNOW 5 ★★½ "The Age of Innocence" (1993, Drama) Daniel Day-Lewis. An engaged

Horoscopes

September 21-28, 2005

Aries - Your attention turns toward others now. You pay attention to your partner, good friends, and people with whom you share resources. These people are good to you now. Count your blessings.
Taurus - Family life stabilizes, your health improves, and your partner and friends want to make your life more fun. Plans can be carried out this week without confusion or disruption. Enjoy peace while it lasts.
Gemini - Your focus shifts to young folk and having fun. This is a good time to express your feelings in a sensible, clear manner. Your career seems more organized and manageable this week and next.
Cancer - Matters involving family are your main concern this week. You will do a lot of communicating about family. Young people offer care and affection. You may travel, or others visit, re: family concerns.
Leo - Information about estates, investments, and siblings may make your weekend a bit depressing. Turn to family for support and care. Career matters are demanding, and you feel tension.
Virgo - Money matters improve, and you find more resources. This weekend, firm up plans with partner, close friends. Discuss financial future. Relationships with siblings, neighbours, bring rewards, joy.
Libra - Focus on yourself this week. Enter a dialogue with your inner self and evaluate your personal assets. Daydreaming this weekend about future benefits from family bring nothing. Focus!
Scorpio - Be careful not to put your foot in your mouth when dealing with employers this week. Be charming, seek stability. This weekend is a good time to relax at home. Family finances are confused, uncertain.
Sagittarius - Make plans, discuss plans, all week. Demands on the job remain stressful, but should ease up soon. Double check information you receive - it could be wrong Friday through Monday.
Capricorn - If you want to travel, now is the time to do it. You could have fun with family. Expect changes in work situation. Guard health. Beneficial changes take place affecting health, family, career.
Aquarius - You hear from partner, friends, people you consult. Conditions smooth out. Plans made earlier can be carried out now. You may want to travel or move. Travel will be full of delays.
Pisces - Work situation stabilizes, but is demanding. You focus on debts, investments, banking. Benefits come from people at a distance. This week, avoid confusion on the job. Organize, focus on efficiency.

Weather? Updated Hourly...
Road Reports? Updated Daily...
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Similkameen News Leader Recipe Corner (Recipe #82)

Flax Bread (FOR DOGS)

- 1 cup flax meal
- 1 cup whole wheat flour
- 2 tsp. baking soda
- 2 tsp. baking powder
- 1/2 tsp. garlic
- 1 cup milk
- 1/2 cup hemp seed oil
- 1/2 cup water
- 1 egg (beaten)

Preheat oven to 350 degrees. Combine dry ingredients, then add liquid ingredients and beat until smooth. Pour into a greased baking pan and bake for 30 - 40 minutes (or until an inserted toothpick comes out clean). Let cool completely.

reprinted with permission from Puppy Love Gourmet Bakery Inc. http://www.puppylovegourmetbakery.com

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton



THURSDAY, SEPTEMBER 22, 2005

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM :30	Movie: "Turbulence"	News (E) Body	(Off Air)	Stretch Dragon	News (E)	News	Biography: Dahmer	(5:00) News (E)	News (E)	(5:00) News (Live) (E)	Hamtaro Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Paid Prog. King (E)	King (E) Spider-Man	News Calvin, Miller	Maury (E)	Hillbillies
7 AM :30	Dawson's Creek (E)	Life Today 100 Huntley Street (E)	BluesClues Dora	Clifford Arthur (E)	Today TV-show host Amy Grant. (E)	The Early Show (E)	Biography: Wuornos	Good Morning America			Winx Club Jacob	SportsCentre (E)		Nature of the Beast	Libertys Charles	Kim Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30	Dawson's Creek (E)	Huntley Street (E) Poko	Hi-5 Timothy	Barney Boohbah			Investigative Reports			100 Huntley Street (E)	Neutron Mischief	SportsCentre (E)		MythBusters (E)	Paid Prog. Lilo Stitch	Weekend		Close-Up Seinfeld	Matlock "The Psychic"
9 AM :30	Drew	Save-Ums! Doodlebob	(8:50) Berenstain Bears (E)	Sesame Street (N) (E)		Discover Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	LazyTown Monster	Off-Record Golf	Regis and Kelly	Daily Planet (E)	Fam. Feud	Benj Bear McDonald	Maury (E)	News (E) City	Magnum, P.I. (E)
10 AM :30	MLB Baseball: Philadelphia Phillies at Atlanta Braves.	The Price Is Right (E)	Little Bear Paddington	Reading Lions	Ellen DeGeneres Show	The Price Is Right (E)	Amer. Justice	The View (E)	World Vision (E)	Room Diva Dime	Rupert Monsters	Golf: The Presidents Cup -- Day 1. From the Robert Trent Jones	The View (E)	Nature of the Beast	Starting Over (N) (E)	Mermaid PB&J Otter	Jerry Springer (N) (E)	Movie: "The Sixth Man" (1997) Marlon Wayans.	News (E)
11 AM :30	(Live) (E)	Coronatn	Living With ADHD	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Family	Paid Prog.	The Insider	News (Live) (E)	Hamtaro Fly Rhino		Balance-TV	Animal Face-Off (E)	Montel Williams	Henrys King (E)	Blind Date	CityLine (E)	Magnum, P.I. (E)
12 PM :30		News (Live) (E)	Reach-Top Animals	Charlie Rose (E)	Paid Prog.	News Bold & B.	Biography: Dahmer	All My Children	News (E)	Days of our Lives	Oddparent Mischief	Golf Club in Prince William County, Va. (Live)	Daily Bold & B.	Canadian Geographic	Perry Mason	Lilo Stitch Aladdin	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)
1 PM :30	Yes, Dear	Days of our Lives	Scattering Planet	Painting Needle Art	Days of our Lives	As the World Turns	Biography: Wuornos	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.		Vicki G.	Megabuilders	Matlock "The Don"	Hoze Mouse	Jerry Springer (E)	Relic Hunter (E)	Cosby
2 PM :30	Home Imp. Friends	Tom Stone (E)	Gaslight Designer	Mr Rogers Dragon	Passions (E)	Gulding Light (E)	Investigative Reports	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown		General Hospital (E)	Megabuilders	Love Lucy	Dalmatian Fillmore	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Starting Over (N) (E)	Timothy Dora	Postcards Arthur (E)	Brown Brown	Dr. Phil	City Confidential (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record Sports	Dr. Phil	How-Made How-Made	Montel Williams	Weekend Lloyd	Pokémon Jackie	News (E)	Home Imp.
4 PM :30	Raymond	Simpsons Malcolm	Sagwa George S.	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	Amer. Justice	Millionaire	Oprah Winfrey (E)	News (E)	Tn-Titans	MLB Baseball: Seattle Mariners at Toronto Blue Jays. (Live) (E)	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	Xiaolin	Sex & City	Funniest Home Videos
5 PM :30	Friends	News (Live) (E)	Madeline Arthur (E)	BBC World Business	News (E)	News (E)	Cold Case Files "The Hitmakers; Lil' Miss" (E)	News (E)	News (E)	News (E)	Oddparent	Mariners at Toronto Blue Jays. (Live) (E)	News (E)	Greatest Ever... (N) (E)	Malcolm King of Hill	Kim Lizzie	Sabrina My Wife	Chris	Movie: "The Mighty Quinn" (1989, Drama) (E)
6 PM :30	Friends	Will-Grace	Edge	News-Lehrer	News (E)	News (E)	Lil' Miss" (E)	News (E)	News (E)	Entertain. Mystery	Being Ian		News (E)	Megabuilders (N)	Simpsons	Even	My Wife	Movie: "Bringing Down the House" (2003) (E)	WGN
7 PM :30	Movie: "Deep Blue Sea" (1999)	Jeopardy!	Wilderness Journeys	2005 Fall Preview	Jeopardy!	Seinfeld Fortune	The First 48 (E)	Entertain. The Insider	Entertain.	Without a Trace (E)	Endurance Trading	CFL Football: Ottawa Renegades at Calgary Stampeders. (Live)	Dancing Hollywood	Slave Ship Uncovered	Frasier	So Raven	Raymond	MovieTV	News at Nine
8 PM :30	Thomas Jane.	Joey (N) (E)	BC Chronicles (E)	Live From Lincoln Center (N)	Joey (N) (E)	Survivor: Guat	Crossing Jordan (E)	Dancing With the Stars	Survivor: Guat	Survivor: Guat	SpongeBob Sabrina		The O.C. (N) (E)	Daily Planet (E)	The O.C. (N) (E)	Radio Free Boy World	Smallville "Commencement" (E)	Star! Daily	Becker
9 PM :30	Movie: "Turbulence" (1997) (PA) Ray Liotta. (E)	Reunion "1988" (N)	Himalaya-Pallin	Soundstage (N) (E)	The Apprentice (N) (E)	CSI: Crime Scn	Cold Case Files "The Hitmakers; Lil' Miss" (E)	Dancing Primetime (E)	The Apprentice (N) (E)	The Apprentice (N) (E)	Prank Ptrl		CSI: Crime Scn	Greatest Ever... (E)	Reunion "1988" (N)	Movie: "The Air Up There" (1994) Kevin Bacon.	Twins (E)	Jimmy Kimmel Live	Da Vinci's Inquest (E)
10 PM :30		Report	Science	Soundstage (N) (E)	(9:59) ER "Canon City" (N) (E)	Criminal Minds (N) (E)			Without a Trace (E)	News (E)	My Family Bob	PGA Golf	Slave Ship Uncovered	Will-Grace	Sex & City	My So-Called Life	Sex & City	Funny That Way" (1998)	Street
11 PM :30	Movie: "The 6th Day"	News (E)	Season of the Child (E)	Charlie Rose (N) (E)	News (E)	News (E)	The First 48 (E)	News (E)	News (E)	(11:03) Fear Factor (E)	Inuyasha	SportsCentre (Live) (E)	News (E)	Megabuilders	Becker	Friends	Elimidate	Elimidate	

FRIDAY, SEPTEMBER 23, 2005

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
6 AM :30	(5:00) "Deep Blue Sea" (1999)	News (E) Body	(Off Air)	Body Elec. Dragon	News (E)	News	Third Watch (E)	(5:00) News (E)	News (E)	(5:00) News (Live) (E)	Hamtaro Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Paid Prog. King (E)	King (E) Spider-Man	News Calvin, Miller	Maury (E)	Hillbillies
7 AM :30	Dawson's Creek (E)	Life Today 100 Huntley Street (E)	BluesClues Dora	Clifford Arthur (E)	Today Bon Jovi; In Style Today. (E)	The Early Show (E)	Third Watch (E)	Good Morning America			Winx Club Jacob	SportsCentre (E)		Blue Realm (E)	Libertys Charles	Kim Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30	Dawson's Creek (E)	Huntley Street (E) Poko	Hi-5 Timothy	Barney Teletubbs			Third Watch (E)			100 Huntley Street (E)	Neutron Beasts	SportsCentre (E)		Hot Rod Build-Off (E)	Paid Prog. Lilo Stitch	Weekend		At Movies Seinfeld	Matlock (E)
9 AM :30	Becker	Save-Ums! Doodlebob	(8:50) Berenstain Bears (E)	Sesame Street (E)		Discover Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	LazyTown Monster	Golf: The Presidents Cup -- Day 2. From the Robert Trent Jones	Regis and Kelly	Daily Planet (E)	Fam. Feud	Feet McDonald	Maury (E)	News (E) City	Magnum, P.I. (E)
10 AM :30	Cosby	The Price Is Right (E)	Little Bear Paddington	Reading Lions	Ellen DeGeneres Show	The Price Is Right (E)	Amer. Justice	The View (E)	World Vision (E)	Room Diva Dime	Rupert Monsters	Golf Club in Prince William County, Va. (Live)	The View (E)	How-Made How-Made	Starting Over (N) (E)	Sing-Story PB&J Otter	Jerry Springer (N) (E)	Movie: "Bringing Down the House" (2003) (E)	News (E)
11 AM :30	Harvey	Coronatn	Sew Fun	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Third Watch (E)	Paid Prog.	The Insider	News (Live) (E)	Hamtaro Fly Rhino		Balance-TV	Fear Fighters (E)	Montel Williams	Henrys King (E)	Blind Date	CityLine (E)	Magnum, P.I. (E)
12 PM :30	Drew	News (Live) (E)	Dotto Tech SportFish	Charlie Rose (E)	Paid Prog.	News Bold & B.	Third Watch (E)	All My Children	News (E)	Days of our Lives	Oddparent Beasts		Daily Bold & B.	Greatest Ever... (E)	Perry Mason	Lilo Stitch Aladdin	Maury (E)	CityLine (E)	MLB Baseball: Houston Astros at Chicago Cubs. (Live) (E)
1 PM :30	Yes, Dear	Days of our Lives	Router Planet	Art Beads Bbl	Days of our Lives	As the World Turns	Third Watch (E)	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.		Vicki G.	Megabuilders	Matlock (E)	Hoze Mouse	Jerry Springer (E)	Relic Hunter (E)	Astros at Chicago Cubs. (Live) (E)
2 PM :30	Home Imp. Friends	Tom Stone (E)	Gaslight Quiet Pics	Berenstain Dragon	Passions (E)	Gulding Light (E)	Third Watch (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown		General Hospital (E)	Slave Ship Uncovered	Love Lucy	Dalmatian Fillmore	Eye Eye	Ellen DeGeneres Show	Inning
3 PM :30	Seinfeld	Starting Over (N) (E)	Timothy Dora	Postcards Arthur (E)	Brown Brown	Dr. Phil	City Confidential (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Pokemon	Off-Record Sports	Dr. Phil	How-Made How-Made	Montel Williams	Weekend Lloyd	Pokémon Jackie	News (E)	Home Imp.
4 PM :30	Raymond	Direct Buy	Sagwa George S.	Cyberchas Dragonfly	Judge J. Judge J.	Oprah Winfrey (E)	Amer. Justice	Millionaire	Oprah Winfrey (E)	News (E)	Tn-Titans	In Corner	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	Xiaolin	Sex & City	Funniest Home Videos
5 PM :30	Baseball: Florida Marlins at Atlanta Braves. (Live) (E)	News (Live) (E)	Madeline Arthur (E)	BBC World Business	News (E)	News (E)	Star Wars: Empire of Dreams (E)	News (E)	News (E)	News (E)	Oddparent	Pregame	News (E)	Forensic Factor (E)	Malcolm King of Hill	Kim Take 2 (N)	Sabrina My Wife	Three Wishes (N) (E)	Movie: "Landspeed" (2002, Action) Billy Zane.
6 PM :30		Will-Grace	Home	News-Lehrer	News (E)	News (E)		News (E)	News (E)	Entertain. D.I.C.E.	Yu-Gi-Oh!	CFL Football: Toronto Argonauts at Saskatchewan Roughriders. (Live)	News (E)	Unsolved History (N)	Simpsons	Zoey 101	My Wife	Movie: "The Love Crimes of Gillian Guess" (E)	WGN
7 PM :30	Movie: "The 6th Day" (2000) (PA) Arnold Schwarzenegger.	Jeopardy!	Wild Goose Chase (E)	Wash Wk	Jeopardy!	Seinfeld Fortune	Blo.: Brando	Entertain. The Insider	Entertain.	NUMB3RS (N) (E)	Cybertron One Piece		eTalk Daily	Mayday (E)	Frasier	School	Raymond	News (E)	WGN News at Nine
8 PM :30		Air Farce	Movie: "The Age of Innocence" (1993) Daniel Day-Lewis. (E)	NOW (N)	Dateline NBC (N)	Ghost Whisperer (N)	Amer. Justice	Supernanny (E)	Malcolm	Malcolm	Zatch Bell		Ghost Whisperer (N)	Daily Planet (E)	The Bernie Mac Show	Movie: "Just 4 Kicks" (2003)	What I Like	News (E)	Sex & City
9 PM :30		Tourn	Lucille Ball: Finding Lucy: American	Three Wishes (N) (E)	Threshold (N) (E)	Threshold (N) (E)	Star Wars: Empire of Dreams (E)	Supernanny (E)	Threshold (N) (E)	Threshold (N) (E)	Inuyasha	Sports	Nip/Tuck "Momma Boone" (N) (E)	Sex Files	Killer Instinct "Pilot" (N)	Movie: "The Birdcage" (1996) Robin Williams.	Reba (N)	Jimmy Kimmel Live (N)	Da Vinci's Inquest (E)
10 PM :30	Family Guy	Report		Inconceivable "Pilot"	NUMB3RS (N) (E)	NUMB3RS (N) (E)		20/20 (E)	NUMB3RS (N) (E)	News (E)	Gundam		Ultimate Ten	Sex & City	Will-Grace	Sex & City	Movie: "Prelude to Love" (1995)	Street	
11 PM :30	Oblongs	News (E)	Movie: "Sign of Four"	The Vicar of Dibley	News (E)	News (E)	Blo.: Brando	News (E)	News (E)	(11:03) Fear Factor (E)	ReBoot	SportsCentre (Live) (E)	News (E)	MythBusters (E)	Becker	Friends	Elimidate	Elimidate	



# saturday movies

### MORNING

7:00 am WTBS (3) ★★ "Dennis the Menace" (1993, Comedy) (PA) Walter Matthau. Based on the comic strip by Hank Ketcham about a mischievous boy whose antics annoy his grumpy old neighbor Mr. Wilson. [E]

9:10 am WTBS (3) ★½ "It Takes Two" (1995, Comedy) Kirstie Alley. A girl finds a way to halt her father's impending marriage when she meets an orphan who is her exact double. [E]

10:00 am A&E (9) ★★ "Nicholas Nickleby" (2002, Drama) Charlie Hunnam. Based on the novel by Charles Dickens about the experiences of a suddenly penniless lad and his family. [E]

11:00 am WGN (38) ★½ "Landspeed" (2002, Action) Billy Zane. A large cash prize hangs in the balance as two rival racers attempt to break a new speed record. (In Stereo)

11:15 am WTBS (3) ★★ "Antz" (1998, Adventure) (PA) Voices of Woody Allen. Animated. A nonconforming ant disrupts colony life by

impersonating a soldier and falling in love with a princess. [E]

### AFTERNOON

12:00 pm FAM (26) ★½ "Lightning - The White Stallion" (1986, Drama) Mickey Rooney. A young woman's chance for a costly eye operation rides on the back of the horse she entered in a jumping championship.

1:00 pm WTBS (3) ★★ "Rat Race" (2001, Comedy) Rowan Atkinson. A casino owner sends assorted vacationers dashing toward New Mexico to retrieve a bag stuffed with cash. [E]

CITY (29) ★★½ "The Naked Gun" (1988, Comedy) Leslie Nielsen. Lt. Frank Drebin ("Police Squad!") attempts to thwart a drug kingpin's plot to assassinate the Queen of England. [E]

1:32 pm FAM (26) ★½ "Walk Like a Man" (1987, Comedy) Howie Mandel. A man raised by wolves returns to civilization, where greedy relatives are pawing at his inheritance.

3:15 pm WTBS (3) ★½ "A Night at

the Roxbury" (1998, Comedy) Will Ferrell. Two sorry siblings dance their way through the Los Angeles club scene while trying to open up their own establishment. [E]

4:00 pm KTLA (27) ★★½ "Tumbleweeds" (1999, Drama) Janet McTeer. An oft-married Southern woman and her daughter try to make a new life for themselves on the California coast. (In Stereo)

5:00 pm WTBS (3) ★½ "The Waterboy" (1998, Comedy) Adam Sandler. A football coach harnesses a simpleton's powerful anger to help lead his downtrodden team to victory. [E]

### EVENING

6:00 pm KNOW (5) "Jeni LeGon: Living in a Great Big Way" (1999, Documentary) The inspiration of many young dancers, dancer and teacher Jeni LeGon reminisces about her early days in Hollywood. [E]

CITY (29) ★½ "Blue Streak" (1999, Comedy) Martin Lawrence. A recently paroled thief poses as a cop in order to retrieve a gem he hid in an under-construction police station. [E]

8:00 pm KSPS (6) ★★½ "The

Country Girl" (1954, Drama) Bing Crosby. A faded recording star's self-pity and alcohol abuse have hampered his chances for a comeback.

KHQ (7) VTV (22) ★★½ "Shrek" (2001, Comedy) Voices of Mike Myers. Premiere. Animated. A grouchy ogre and his jabbering donkey sidekick set out to rescue an imprisoned princess for a scheming lord. (In Stereo) [E]

KXLY (10) ★★ "Catch Me if You Can" (2002, Comedy-Drama) Leonardo DiCaprio. Premiere. A teenage con artist successfully masquerades as an airline pilot, a surgeon and a lawyer. Based on a true story. (In Stereo) [E]

9:00 pm YTV (18) ★★½ "Adventures In Babysitting" (1987, Comedy) Elisabeth Shue. Mishaps turn a routine sitting assignment into a hair-raising evening for three youths and their teenage guardian. (In Stereo) [E]

FAM (26) ★★½ "Terminal Velocity" (1994, Adventure) Charlie Sheen. A sky diver is pulled into a deadly game of espionage when he attempts to clear his name in the death of a student. (N)

CITY (29) ★★½ "Donnie Brasco" (1997, Drama) Al Pacino. An undercover FBI agent uses his

friendship with an unsuspecting hit man to infiltrate the mob. Based on a true story.

10:42 pm FAM (26) ★★½ "Chaplin" (1992, Biography) Robert Downey Jr. Richard Attenborough's epic portrait of comic Charles Chaplin, from his London childhood to silent film superstardom.

11:30 pm CITY (29) ★½ "Blue Streak" (1999, Comedy) Martin Lawrence. A recently paroled thief poses as a cop in order to retrieve a gem he hid in an under-construction police station.

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## Similkameen News Leader Community Events Cruiser



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### LEGEND TO THE TV LISTINGS Normal Months September - June "Power By The Hour" Rates

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**P.A.S.S.** On Peak Red Zones  
Energy Management Services

**Princeton Light & Power**  
231 Bridge Street, Princeton  
Phone (250) 295-3244  
Fax (250) 295-3611

Schedule for TOU \* NORMAL MONTHS  
September - October - November - December  
January - February - March - April - May - June

For Information 295-3244

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
By Supply Zone 11:30 AM to 6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
None	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
By Supply Zone 6:00 PM to 11:30 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

# sunday movies

### MORNING

6:15 am WTBS (3) ★½ "A Night at the Roxbury" (1998, Comedy) Will Ferrell. Two sorry siblings dance their way through the Los Angeles club scene while trying to open up their own establishment. [E]

7:00 am A&E (9) ★★ "Midnight Run" (1988, Comedy-Drama) Robert De Niro. A bounty hunter and his quarry, an accountant accused of embezzlement, try to stay one step ahead of the mob. [E]

8:00 am WTBS (3) ★½ "The Waterboy" (1998, Comedy) Adam Sandler. A football coach harnesses a simpleton's powerful anger to help lead his downtrodden team to victory. [E]

10:00 am A&E (9) ★★½ "The Shining" (1980, Horror) Jack Nicholson. A caretaker, his wife and their psychic son fall prey to supernatural forces during a winter at a snowbound hotel. [E]

11:00 am CITY (29) ★★ "Kingdom Come" (2001, Comedy-Drama) LL Cool J. Family members in a small Southern town have differing reac-

tions to the sudden death of their surly patriarch. [E]

### AFTERNOON

12:00 pm FAM (26) ★★½ "Gordy" (1995, Comedy) Doug Stone. A perky pig possessing the gift of gab becomes a corporate CEO while on a mission to save his family's bacon.

1:00 pm WTBS (3) ★★½ "Passenger 57" (1992, Drama) (PA) Wesley Snipes. An airline security expert takes action when skyjackers seize control of the jet he is traveling on. [E]

KTLA (27) "Passion's Way" (1999, Drama) Timothy Dalton. Based on "The Reef" by Edith Wharton. In the early 1900s, a diplomat and a widow are separated by the social climate. (In Stereo)

1:30 pm CHBC (4) ★★½ "Hurt Penguins" (1992, Comedy-Drama) Michele Muzzi. A woman gives her heart to a dimwitted musician while exploiting the resources of a wealthy beau. [E]

FAM (26) ★★½ "Fly Away Home" (1996, Drama) Jeff Daniels.

A Canadian sculptor's young daughter must lead the geese she raised from birth on a migratory flight to North Carolina.

2:00 pm VTV (22) "Blessed Stranger: After Flight 11" (2000, Drama) Kate Nelligan. The grieving mother of a plane-crash victim and a fisherman who witnessed the tragedy are drawn together. (In Stereo) [E]

2:45 pm WTBS (3) ★★½ "Romeo Must Die" (2000, Action) (PA) Jet Li. The son and daughter of warring gangsters strike up a romance while investigating the murder of one's brother. [E]

3:00 pm KTLA (27) "Blue Valley Songbird" (1999, Drama) Dolly Parton. An abused woman leaves her husband to follow her dream of becoming a country-western singer. (In Stereo)

4:00 pm YTV (18) ★ "The Flintstones in Viva Rock Vegas" (2000, Comedy) Mark Addy. Fred Flintstone and Barney Rubble court their future wives in this prequel to the 1994 comedy. (In Stereo) [E]

5:00 pm WTBS (3) ★★ "Cradle 2 the Grave" (2003, Action) (PA) Jet Li. Premiere. A Taiwanese intelligence agent and a jewel thief join forces against a common enemy. [E]

WGN (38) ★ "Species II" (1998,

Science Fiction) Michael Madsen. Government scientists use Sil's child to hunt down a half-human, half-alien creature impregnating women. (In Stereo) [E]

### EVENING

6:00 pm CITY (29) "Martha Behind Bars" (2005, Docudrama) Cybill Shepherd. Convicted of obstruction of justice, Martha Stewart serves five months in prison, then five months of house arrest. (DVS)

7:00 pm WTBS (3) ★★ "Cradle 2 the Grave" (2003, Action) (PA) Jet Li. A Taiwanese intelligence agent and a jewel thief join forces against a common enemy. [E]

9:00 pm WTBS (3) ★★½ "Romeo Must Die" (2000, Action) (PA) Jet Li. The son and daughter of warring gangsters strike up a romance while investigating the murder of one's brother. [E]

KREM (8) "Martha Behind Bars" (2005, Docudrama) Cybill Shepherd. Premiere. Convicted of obstruction of justice, Martha Stewart serves five months in prison, then five months of house arrest. (DVS)

FAM (26) ★★ "Medicine Man" (1992, Drama) Sean Connery.

Clashing personalities give way to mutual respect between an eccentric cancer researcher and an investigating colleague.

10:45 pm FAM (26) ★★½ "Immediate Family" (1989, Drama) Glenn Close. A childless couple become better acquainted with the pregnant teenager whose baby they plan to adopt.

11:00 pm CITY (29) ★★½ "The Daytrippers" (1996, Comedy) Hope Davis. Assorted relatives join a suburban woman on her trip to Manhattan to find the husband she suspects has been unfaithful. [E]

11:15 pm WTBS (3) ★★½ "Passenger 57" (1992, Drama) (PA) Wesley Snipes. An airline security expert takes action when skyjackers seize control of the jet he is traveling on. [E]

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SATURDAY, SEPTEMBER 24, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) listing TV programs and channels.

SUNDAY, SEPTEMBER 25, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) listing TV programs and channels.



MONDAY, SEPTEMBER 26, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Movie: "Iron Eagle II"	News [E] Okanagan	(Off Air)	Body Elec. Dragon	News [E]	News	24 [E]	(5:00) News [E]	News (Live) [E]	(5:00) News (Live) [E]	Hamtaro	SportsCentre [E]	News [E]	Daily Planet [E]	Believers	King [E]	News Calvin, Miller.	Maury [E]	Hillbillies
7 AM	Dawson's Creek [E]	Life Today	BluesClues	Clifford	Today [E]	The Early Show [E]	24 [E]	Good Morning America			Winx Club	SportsCentre [E]	Canada AM [E]	Shipwrecked	Sabrina	Kim	News [E]	CityLine [E]	Rockford Files
8 AM	Dawson's Creek [E]	Huntley Street [E]	HI-5	Barney			24 [E]			100 Huntley Street [E]	Neutron	SportsCentre [E]		How-Made	Paid Prog.	Weekend		StarTV	Matlock
9 AM	Becker	Save-Ums!	(8:50) Berenstain Bears [E]	Sesame Street (N)			Discover	City Confidential [E]	100 Huntley Street [E]	World Vision [E]	LazyTown	Off-Record	Regis and Kelly	Daily Planet [E]	Fam. Feud	Feet	Maury [E]	News [E]	Magnum, P.I. [E]
10 AM	Cosby	The Price Is Right [E]	Little Bear	Reading Lions	Ellen DeGeneres Show	The Price Is Right [E]	Cold Case Files [E]	The View [E]	World Vision [E]	Room	Rupert	ESPN's Bowling Night	The View [E]	How-Made	Starting Over (N) [E]	Sing-Story PB&J Otter	Jerry Springer (N) [E]	Movie: "Kingdom Come"	News [E]
11 AM	Harvey	Coronatn	Women	Mr Rogers	The Tyra Banks Show	Young and the Restless	24 "8:00AM - 9:00AM"	Paid Prog.	The Insider	News (Live) [E]	Hamtaro	UEFA	Balance-TV	Frontiers of	Montel Williams [E]	Henrys	Blind Date	(2001) LL Cool J. [E]	Magnum, P.I. [E]
12 PM	Drew	News (Live) [E]	Canada-History	Charlie Rose (N) [E]	Paid Prog.	News	24 [E]	All My Children [E]	News [E]	Days of our Lives [E]	Oddparent	Poker Champ.	Daily	Military Clash	Perry Mason	Lilo Stitch	Maury [E]	CityLine [E]	Da Vinci's Inquest [E]
1 PM	Yes, Dear	Days of our Lives [E]	Moving On Planet	Fine Art Sewing	Days of our Lives [E]	As the World Turns	24 [E]	One Life to Live [E]	As the World Turns	As the World Turns	Care Bears	Poker Champ.	Vicki G.	Fear Fighters [E]	Matlock "The Sisters"	Hoze	Jerry Springer [E]	Relic Hunter [E]	Cosby
2 PM	Home Imp.	Tom Stone [E]	Gaslight	Berenstain Dragon	Passions [E]	Guiding Light [E]	24 [E]	General Hospital [E]	Passions [E]	Passions [E]	Mona	Interruption	General Hospital [E]	How-Made	Love Lucy	Dalmatian	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM	Seinfeld	Starting Over (N) [E]	Timothy	Postcards	Brown	Dr. Phil	City Confidential [E]	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Building	Montel Williams [E]	Weekend	Pokémon	News [E]	Home Imp.
4 PM	Raymond	Direct Buy	Sagwa	Cyberchas	Judge J.	Oprah Winfrey [E]	Cold Case Files [E]	Millionaire	Oprah Winfrey [E]	News [E]	Tn-Titans	Hockey	The Tyra Banks Show	Daily Planet [E]	Little House	Barbarian	Xiaolin	Sex & City	Funniest Home Videos
5 PM	Friends	News (Live) [E]	Madeline	BBC World	News [E]	News	Bullied to Death [E]	News [E]	News [E]	News [E]	Oddparent	Monday Night Countdown (Live)	News [E]	MythBusters [E]	Malcolm King of Hill	Kim	Sabrina	Stargate SG-1	Movie: "Split Decisions"
6 PM	Friends	Will-Grace	Entrada	News-Lehrer	News [E]	News	Gotti	NFL	News [E]	Entertain.	Being Ian	WWE Monday Night Raw (Live) [E]	News [E]	Monster Garage (N)	Simpsons	Even	My Wife	NFL	Gene Hackman.
7 PM	Family Guy	Fortune	Sustain	Served	Jeopardy!	Seinfeld	Airline (N)	City Chiefs at Denver Broncos. (Live) [E]	Entertain.	ReGenesis (N) [E]	Unfabulous	15/Love	eTalk Daily	American Hot Rod	Frasler	So Raven	Raymond	City Chiefs at Denver Broncos. (Live) [E]	WGN News at Nine
8 PM	Movie: "Blade" (1998, Action) (PA) Wesley Snipes. [E]	Movie: "Chicago" (2002, Musical) Catherine Zeta-Jones. [E]	Child of Our Time	Antiques Roadshow (N)	Surface (N) [E]	King	Crossing Jordan [E]	Entertain	Prison Break (N) [E]	Prison Break (N) [E]	Yvon Fresh Pr.	WWE Monday Night Raw [E]	Comer Gas	Daily Planet [E]	Arrested	Radio Free	7th Heaven (N) [E]	TBA	Da Vinci's Inquest [E]
9 PM	Movie: "The Art of War" (2000, Action) (PA) Andrew McCarthy. [E]	News [E]	Canada-History	Charlie Rose (N) [E]	News [E]	News	Airline (N)	News [E]	News (Live) [E]	(11:03) Fear Factor [E]	Inuyasha	SportsCentre (Live) [E]	News [E]	MythBusters [E]	Sex & City	My So-Called Life [E]	Sex & City	Jimmy Kimmel Live (N)	Elimidate

monday movies

MORNING

10:00 am CITY (29) ★★"Kingdom Come" (2001, Comedy-Drama) LL Cool J. Family members in a small Southern town have differing reactions to the sudden death of their surly patriarch. [E]

AFTERNOON

5:00 pm WGN (38) ★★"Split Decisions" (1988, Drama) Gene Hackman. After his brother is killed by racketeers, a young man steps into the ring to face the boxer his brother was to meet.

EVENING

8:00 pm WTBS (3) ★★"Blade" (1998, Action) (PA) Wesley Snipes. A half-human, half-vampire superhero hunts down the brutal bloodsucking creature who infected his mother. [E]  
 CHBC (4) ★★"Chicago" (2002, Musical) Catherine Zeta-Jones. Oscar-winning adaptation of the stage hit about rival chanteuses who vie for the spotlight from behind prison bars. [E]

9:00 pm FAM (26) ★★"Weekend at Bernie's II" (1993, Comedy) Andrew McCarthy. The search for dead

Bernie's stolen cash prompts a voodoo queen to send two inept lackeys to revivify the late CEO.

10:30 pm WTBS (3) ★★"The Art of War" (2000, Action) (PA) Wesley Snipes. A covert U.N. operative goes on the run after he is framed for the murder of a Chinese ambassador. [E]

11:06 pm CITY (29) ★★"Primary Colors" (1998, Drama) John Travolta. A Southern governor running for president hires the grandson of a civil rights leader to be his campaign manager.

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**Road Reports?**  
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**WEEKLY DEADLINE IS 12 NOON FRIDAYS**



**obituary**

**obituary**

**announcements**

**Mary Weissmann**

December 24, 1934 - September 14, 2005



Mary passed away on Wednesday, September 14, 2005, in the Princeton General Hospital at the age of 70 years. Her family surrounded her with their love. Mary was born in Princeton on December 24, 1934, daughter of Jan and Mary Rubis. She was well known in the Princeton community having spent more than 25 years with Scott's Pharmacy. Mary loved gardening and travelling, and lived for her granddaughters. She will be lovingly remembered by her husband Rudy of Princeton, 2 daughters; Karen (John) Gardner of Vancouver and Linda (Les) Povarchook of Kelowna and their daughters, Jillian and Olivia, 1 brother, John (Elsie) Rubis of Princeton, and their children; Wayne, Rob and Shirley-Ann, and 1 sister, Sue (Ray) Roylance, also of Princeton, and their children; Rick, Marlene and Randy. A Celebration Service to honour Mary's Life will be held at 11:00 AM Saturday, September 24, 2005, at the Senior Citizen's Hall, Branch #30, 162 Angela Avenue, Princeton, officiated by good friend Eric Goodfellow. A Luncheon Reception will follow. The family wish to express their heartfelt thanks to the SP3 Nursing Staff at Penticton Regional Hospital, Dr. Clouatre, the Princeton General Hospital Staff and Dr. Reid, as well as special friend, Rina Wessell. Donations in Mary's memory may be made to the Princeton General Hospital, PO Box 610, Princeton, BC, V0X 1W0, or the Kidney Foundation, c/o 320-1600 West 6th Avenue, Vancouver, BC, V6J 1R3.

Arrangements entrusted to the care of  
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**PABEA will host a BBQ at Princeton Castle Resort.**

1:00 PM - 4:00 PM  
Sunday, September 25

Our guests are the Chamber of Commerce Members.

All PABEA and Chamber members and families are invited to attend.

RSVP pabea@cablerocket.com

Try something different this Christmas! Give genuine lumps of coal as gifts! Buy them in 5 lb. or 15 lb. chunks. "Lumps o' Coal" make great gag gifts. Available only for a limited time. Order your today. Lumps o' Coal, P. O. Box 956, Princeton, B. C., V0X 1W0. Ask for volume discount rates!

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**notice**

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**help wanted**

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**lost**

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**for sale**

1985 Ranger 4x4. Runs. Open to Offers. (250) 295-4015. Sep 20

**for rent**

Five bedroom house on Third Bench. Available October 1st. \$775.00/month. References required. For more information call (250) 295-3310. Sep 06-20

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Furnace Oil Tank, 100-gallons. On stand with fittings. Open to offers. (250) 295-0081. Sep 20-Oct 04

Admiral System 2000 Fridge, \$150.00 OBO...  
White-Westinghouse Stove, (1 - 8" burner, 3 - 6" burners), %150.00 OBO...  
Inglis Heavy Duty Dryer, \$150.00 OBO...(250) 295-6714 Sep 06-20

Gen Set, Kato Model 33SX9E. 3-phase KW55 (208-240/416-480), 1-phase KW33 (120/240), 4-cylinder John Deere, \$7,500.

Diesel Welder on skid. Hobart mega-arc-300D. Perkins Diesel, \$4,000.

Air Comp (Big Air). Atlas Copco. Size 6 - 3 1/2 x 2 3/4. 15 HP, 575 volt. \$4,000.

Mig and Aluminum Welder. CP250TS Miller. 3-phase. \$4,000. (250) 295-5115 or 295-5217. Sep 06-20

CSA-approved Osburn woodstove. 3-years old, in excellent condition. (25d, 26w, 29.5h). \$290.00. Call (250) 295-7576 between 6 and 9 PM. Sep 06-20

**announcements**

**announcements**

Big sister Alexia would like to announce the arrival of her new baby sister:

**Kirsten Bethany Boyd**

Born on August 25, 2005.  
Proud parents are Curtis and Lynette.

Another granddaughter for Richard and Pauline Neufield, John and Susan Laursen and Al and Diann Boyd.

Carlo and Barb Roccamatisi are so pleased to announce the arrival of their fifth grandchild. Born to J. R. and Noelle on September 6, 2005, a baby sister for Alexander. She weighed in at 5 lbs., 14 oz. and they named her Caprice Rose.

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



**notices**

**DID YOU KNOW THAT ONE CAT AND IT'S OFFSPRING CAN PRODUCE APPROXIMATELY 420,000 KITTENS IN 7 YEARS?**

**SHOCKED? SO WAS I BECAUSE MANY OF THESE CATS AND KITTENS DON'T FIND HOMES AND BECOME A NUISANCE IN OUR COMMUNITY.**

I think a start to solving this problem is to fix our cats. So I'm offering to help people with a donation of \$50 for a female and \$25 for a male cat...if you get your pet fixed. Contact Dawn at Princeton Bakery (295-6670) before your vet appointment so we can make arrangements.

SINCE JUNE 30th WE HAVE HELPED LOCAL PET OWNERS 'FIX' 3 FEMALE AND 2 MALE CATS WITH 2 MORE WAITING. THANK YOU, PRINCETON FOR SUPPORTING THIS IMPORTANT PROGRAM!

**notices**

PRINCETON & DISTRICT COMMUNITY SERVICES SOCIETY NOTICE OF ANNUAL GENERAL MEETING

On Monday, September 26, 2005 in the Vermilion Court Lounge, 72 Fenchurch Avenue.

Meeting will commence at 7:30 PM. Registration opens at 7:00 PM.

Election of Officers will take place at this meeting.

New Members WELCOME!

By Order of the Board  
 Princeton & District  
 Community Services Society

Sep 06-20

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Jan 18-tfn (b)

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**help wanted**

**DAIRY QUEEN**

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Jan 25-tfn

**notices**

Have trouble sleeping? If you moved here from the city, it's because you aren't used to the quiet of country living! My new revolutionary "Sound Sleeper" sends sounds into your bedroom that will lull you to sleep. Choose from "Sounds of Rioting Youth" or "Sirens, Horns and Industrial Noises." Each tape contains 56 hours of continuous sounds you are accustomed to falling asleep to. For a FREE demo call 1-877-295-7754. Ask for Operator 57X.

**SCHOOL DISTRICT NO. 58**

(NICOLA-SIMILKAMEEN)

**RELIEF NOON HOUR SUPERVISORS**

School District No. 58 is accepting applications for Relief Noon Hour Supervisors (1 hour per school day). Previous experience dealing with students would be an asset.

Application forms are available at the School Board office, 1550 Chapman Street, Merritt, BC, Princeton Secondary School, Old Merritt Road, Princeton, BC or on-line at [www.sd58.bc.ca](http://www.sd58.bc.ca) click on Help Wanted.

**Princeton & District Minor Hockey Association**

is hosting a

**REFEREE CLINIC**

(No Charge)

Saturday, October 1, 2005  
 Princeton Arena Mezzanine  
 8:30 AM to 4:30 PM (approx.)

If you are age 12 and up and want to become a REFEREE for PDMHA, please contact Clint Clifton, Head Referee, 295-0651 for more information and to register. Lunch will be provided free of charge to participants.

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Mar 03-tfn

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Jul 19-tfn

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Jun 07-Oct 04

**notices**

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**WEEKLY DEADLINE IS 12 NOON FRIDAYS**



**notices**

## BINGO

HEDLEY  
OAPO #64

Thursdays  
5:30 PM

Play Safe - Gamble Responsibly  
Lic. # 855423

**notices**

Narcotics Anonymous

**OPEN MEETINGS**  
Thursdays 7:30 PM

160 Old Hedley Road  
Baptist Church Basement  
(USE BACK DOOR)

Info: (250) 295-0542

**notices**

**KEREMEOS ELK'S  
& ROYAL PURPLE**

Every Friday  
Doors Open 5:30 PM  
Elks Hall Keremeos

**SMOKE FREE BINGO**

**ALCOHOLICS ANONYMOUS**  
former Health Centre Building

SUNDAY OPEN MEETINGS - 8 PM  
(295-7931 / 295-7229)  
WEDNESDAY CLOSED - 8 PM  
(295-7931 / 295-7229)  
SATURDAY OPEN - 7:30 PM  
(295-3571)

TULAMEEN LIBRARY  
FRIDAY OPEN - 8 PM (295-7005)  
ALANON - HEALTH CENTRE  
MONDAY 12 NOON  
ARBOR HOUSE  
WEDNESDAY 7:30 PM  
(295-7005 / 295-3784)

**SUNDAY  
AFTERNOON BINGO**  
In Hedley at the Chuchwayha Hall

\$25. GUARANTEED MINIMUM  
PAYOUT ON REGULAR GAMES  
(\$50. DOUBLE - UP CARD)  
PROGRESSIVE JACKPOT  
MINIMUM \$1,000! PROGRESSIVE  
POT OF GOLD MINIMUM \$500!  
PROGRESSIVE LOONIE POT  
MINIMUM \$100.  
DOORS OPEN AT 9:00 AM  
1<sup>st</sup> NUMBER CALLED AT 11:30 AM  
FOLLOWED BY EARLY BIRDS,  
REGULAR GAMES,  
SPECIALS & CONCESSION

**SEE YOU IN HEDLEY!**

**Cover2Cover  
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& Office Services**

Fax Services  
Scanning  
Word Processing  
Resumes - Letters

**(250) 295-6905**  
226A Bridge Street

### Town of Princeton NOTICE

For impounded pets,  
or to adopt pets  
please see the  
Community Bulletin  
Board at the corner  
of Bridge Street  
and Kenley Avenue.

**Puppies & Kittens**  
Available For You  
To Adopt

**6-8 weeks old**

**South Okanagan  
Similkameen SPCA**

**(250) 493-0136**

Mar 01-tfn

**MONDAY NIGHT BINGO  
IN PRINCETON  
SENIOR CITIZENS BR. #30**

162 Angela Avenue  
4:30 PM Sales Start  
5:30 PM 1st 47 Bonanza #'s  
SPECIALS, REGULAR GAMES, ODD &  
EVEN, PROGRESSIVE SNOWBALL &  
LOONIE POT, "LUCKY 7" WON EVERY  
MONDAY (MIN. \$50.00 GUARANTEED)  
BC Gaming License #860290  
"PLAY SMART GAMBLE RESPONSIBLY"

## Princeton & District Minor Hockey Association

We are currently looking at the option of having a Juvenile team.  
We currently do not have enough registered for a Midget team.

If you are of age 20 or younger at December 31, 2005, and are  
interested in playing on a Juvenile team, please contact Jim Coyne  
at (250) 295-7026.

Sep 13-20

## GOD POWER

Finally, be strong in the Lord and in His mighty power. Eph. 6:10

## INDIVIDUALLY PREPARED HOROSCOPE

Natural character  
chart - \$25.

Basic chart plus  
predictive - \$50.

Phone 295-6063

Completely confidential

**notices**

**notices**

## Princeton & District Minor Hockey Association REMINDER NOTICE

We are still accepting registration applications. If you have not yet  
registered and would like to play hockey, please contact Linda  
Thompson at (250) 295-4152.

Start date for Regular Season begins on September 12, 2005 for  
Atom to Midget Divisions. Start date for Tykes and Novice Divisions  
will be October 4, 2005.

Coaches will be contacting each registered player to confirm the  
start time.

Sep 13-20

[www.thenewsleader.ca](http://www.thenewsleader.ca)

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IS AVAILABLE TO ANY WOMAN WHO HAS EXPERIENCED  
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MONDAYS, FRIDAYS - KEREMEOS (250) 499-5928  
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PROVINCE OF BRITISH COLUMBIA  
MINISTRY OF FORESTS



**BC TIMBER SALES  
TIMBER SALE LICENCE A75564**

Take notice that, pursuant to Section 20 of the *Forest Act*, timber sale licence  
TSL A75564 is being offered for sale by BC Timber Sales, Kamloops  
Business Area.

Closing Date: October 6, 2005 at 2:00 PM

Geographic Location: Helmer Junction

Field Unit: Cascades

Estimated Volume: 11,552 cubic metres, more or less

Term: 9 months

Logging method: This timber sale licence has been designed for harvest using  
the conventional system. The use of other systems may be subject to the Forest  
Practices Code of British Columbia Act and its regulations.

Upset stumpage rate: The upset stumpage rate was determined by the market  
pricing system and is applicable only to coniferous green sawlog grades.

Upset Stumpage Rate / cubic metre for competitive volumes:

Timber Mark	Product	Volume	Rate
A75564	Sawlog	11,552	\$32.90

Species percent:

Timber Mark	Species	%
A75564	Lodgepole Pine	66%
A75564	Spruce	28%
A75564	Balsam	5%
A75564	Fir	1%

This timber sale licence is fully developed.

Tenders will only be accepted from individuals or corporations registered as a  
BC Timber Sales Enterprise in Category Any.

This licence is subject to, among other things, new maximum term limits and  
extension fee and surrender provisions.

Applicants are advised to carefully consider the impact of these changes when  
formulating their bids. Further information on these changes may be found in  
Advisory Bulletin 08/03/04.

Applications will be accepted by the Timber Sales Manager, Kamloops  
Business Unit, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

There is additional material that the applicant must consider in their application.  
This material which includes application forms and other information about the  
TSL can be obtained from the above BC Timber Sales Business Area Office  
or via the Internet at: <http://www5.for.gov.bc.ca/notices/init.do>.

The Kamloops Business Area will no longer be relieving Licensees of their  
obligation to dispose of logging debris. This obligation will now rest solely  
with the licensee. Please ensure you check the applicable legislation for  
your legal obligations.

**SHOULD PRINCETON CHANGE BACK TO  
VERMILION FORKS IN TIME FOR THE 2010 GAMES ---  
THE 150TH ANNIVERSARY OF THE NAME PRINCETON?  
WE WANT TO KNOW WHAT YOUR THOUGHTS  
ARE ON THIS SUBJECT.  
VISIT OUR WEBSITE AT [www.vermilionforks.ca](http://www.vermilionforks.ca)**



# editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## my turn

### They're at the post!

Notices appear in this week's issue of the News Leader outlining the details regarding Nominations for the upcoming Elections.

Any idea who's running?

Neither do we, but we sure have some ideas on who should run.

Independently wealthy people should run for Town Council. That way, if they make a decision that ticks off half the Town, they don't lose any customers or business the next day, week or for the balance of their term in office.

Independently wealthy people also have a lot of spare time and would be able to dedicate most of it to the job of being a member of Town Council.

Independently wealthy people also have a lot of independently wealthy friends. Their circle of influence is massive.

Need a Community Centre? Watch your new rich Council call up golf buddies during a five minute recess at a meeting and pull together \$250,000 or more by 'calling a favour' or two.

Need a full-time bylaw enforcement officer? With a new rich Town Council, someone's bound to have a nephew or cousin who hasn't quite found his calling who'd jump at the chance to exercise a little power.

Think of the possibilities. No more part-time Mayors or Councillors. The new independently wealthy Town Council would likely work for free and spend more time on the job. The stress level would be less as they wouldn't have to worry about keeping those RDOS or UBCM lunch receipts for tax purposes.

It can't miss!

Where are these independently wealthy candidates to nominate?

Well, one of the neatest things about the Local Government Act is that you don't need to be a resident of the community you hope to be elected in.

We've already seen it with our Town Council where 'non-residents' of the Town of Princeton were elected to run town affairs.

Now is the time to look outside of Area "H" for our new Town Council.

Any suggestions on who we should call?

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

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www.thenewsleader.ca

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George Elliott  
Brenda Engel  
Dawn Johnson



## your turn

### Talking target practice?

To The Editor,

Let me begin by saying that I have nothing against hunting, or hunters. The vast majority of hunters are responsible people out to enjoy their sport and put a little venison or moose on the table. I do, however, have a thing against stupid people, especially when armed.

I stopped by our local hunting supply store in search of an orange ball cap. My work takes me on horseback into the backcountry, and during hunting season, I thought it was reasonable to be visible.

I was informed not to wear orange, as that will guarantee getting scoped by some hunter trying to get a look. It was suggested that I wear camouflage gear and go ride around on a moose coloured horse through thick brush deep into hunting country and make sure you can't be seen and haven't these guys heard of binoculars?

When I said I'd been scoped, and was trying to avoid it happening again, I was told by another person in the store, 'We shoot at orange.'

Let's just take a look at this a moment. Doesn't a statement like that just embarrass the real hunters out there? Most deer, moose and elk have not learned to manipulate cash or visa cards, and don't generally feel real welcome in a hunting supply store. That leads me to believe that if it's wearing orange, it must be human. Not a target. Say it with me now: Deer never dress in orange to fool hunters.

I know there are bad hunters out

there; just ask my neighbour who had all his irrigation equipment shot up for target practice, or the guy who had to replace the flag on his house because it had 15 bullet holes in it, or the rancher who lost his bull last year. Then there was the guy who followed me off a mountain in hopes that I'd flush some wildlife for him. There's a warm fuzzy feeling, just me and my horse between some yahoo and a deer. It seems that some guys pick up a rifle and they become a cross between Elmer Fudd and Yosemite Sam. Equally

scary is that in a backcountry with almost no litter, the only trash seen is bullet casings and beer cans, together. And it's everywhere, even right behind residential areas.

If you're a hunter and take pride in your sport, don't let the idiots be the spokespeople. If you hear the guy standing next to you joke about how we shoot at orange or your buddy wants to use somebody's farm equipment for target practice, give him a thump on the head. He's making you all look bad.

- A. Beauchamp

#### Letter To The Editor

### Ridgewood residents write

Hi George;

The residents just had their first creative writing group and would like to submit their first group project, a poem about autumn. It would really make them feel special to know their poem was published in your paper. Thank you. They hope you enjoy it.

- Regards, Barb Gagnon

#### Cold Frosty Mornings

The days are getting frosty and darn cold,  
The leaves are turning brown, orange and gold.  
Neighbours and birds are all going south,  
And a squirrel gathers cones in her mouth.

At harvest time we need shovels and rakes.

But don't get cold, for goodness sakes.

Ghosts and goblins will soon

appear,

Trick or treat, is what we'll hear.

By Sheila Slowikowski, Carl Bakken, Edna Mansfield, Ada Currie, Winifred Huyssoon, Gerry Wiseman, and Merle Youngberg. September 15, 2005.

(Editor's Note: Thanks for the poem! It reminded us so much of Autumn that we had to fire up the furnace and hunt for sweaters and jackets. Keep up the good work and keep sharing it with us!)

### 25 Words

\$5.00 + GST per Week

PAY FOR 2 WEEKS,  
RECEIVE THE  
3rd WEEK FREE!  
NEWS LEADER  
CLASSIFIED ADS



**Current Comment:**

**Nobody gave you permission to dump**



**Dawn Johnson**  
editor@thenewsleader.ca

During the past few months, I have personally witnessed some remarkably immature behaviour from people who are full-grown adults. Some of these adults fancy themselves leaders of the community in some respect, but leadership demands self-control, especially emotional self-control. These people do not have it, and maybe they never will, but I want to tell them they have no right to dump their uncontrolled emotional states on others.

One of the ideas of the past 20 years is that people should express their emotions, and not bottle them up. This means people should identify what they feel and express it in words. It does not mean they should have temper tantrums to dump their emotions all over everybody else, and it does not mean they are entitled to verbally attack others. There is nothing wrong with having the emotions, but you are supposed to control them.

There are times when any one of us may feel frustrated with a situation or genuinely furious about something, but let's make sure it is important enough to create a need for the angry outburst. By important enough, I mean more than important to the small individual ego. I have seen people so worked up over very little that I wonder if they could have emotionally survived a real disaster, like Hurricane Katrina.

In recent months, I have talked with people I consider good citizens, people who contribute a great deal to the community. They tell me of phone calls to chew them out, calls from people they have never met, as well as people in a position to be the first to know the good these citizens do for our community.

In the newspaper business, I have often had encounters with people who are upset by something written in the paper, but in the past few months, I have witnessed verbal attacks that left me wondering if there is something in the air that has made people forget they are adults.

All of us feel emotions. Emotions are part of who we are. As a parent, I did my best to teach my chil-

dren appropriate behaviour. Let's face it: temper tantrums are what little children do to try to control their parents. What we try to instill in them is the ability to think, communicate and control their emotions. Whenever I see an adult having an emotional overflow, I look for a reason. If it is a good reason, I will sympathize. If it is something petty, I start thinking, "This person has gone back to two years old, or maybe his parents did not teach him self-control."

I am not saying I never have those feelings of frustration or genuine anger about situations in my life, but I try to make a point of behaving in an adult manner by keeping these emotions under control. Occasionally, I lose it, but when I do, I apologize for my bad behav-

our. There are a lot of people out there who still owe apologies to people they have attacked over stupid, petty little issues that will never make any difference in the course of history except to alienate those who could have been their friends.

So I'm going to ask our readers this question: what have you done lately to improve the emotional level of our community?

Remember the passage in the Lord's Prayer. "For give us our trespasses as we forgive those who trespass against us." What it really means is "Judge my deeds the same way I judge the deeds of others, and forgive me the same way I forgive others." Well, have you forgiven, or do you need forgiveness?

**Vermilion Court news**

We're all sorry that our janitor and Jack of all Trades is leaving, but changes do occur. He made his farewell speech and then we all enjoyed cake and coffee.

Bingo players enjoyed themselves while others made further attempts with the glue gun. Better results this time. We may

even produce articles for the craft table if we continue to improve.

If you notice any of the residents showing off their beautiful manicured hands - don't be surprised. Hair was fashioned, too. Thanks to our leader.

- submitted by D. Stenvold

**Vermilion Rebekah news**

The members voted to donate \$1,500 to Community Services to be used for Vermilion Court.

They also voted to send \$200 to the relief fund in New

Orleans.

This being a short meeting, we enjoyed cookies and tea with our social time.

- submitted by D. Stenvold

[www.vermilionforks.ca](http://www.vermilionforks.ca)

**Heart Food**  
by Dave Machin

That it might be fulfilled, which was spoken by Esaias the prophet saying himself took our infirmities and bare our sicknesses - Matthew 8:17.

Our faith is not founded on what man says but on what God says. In several scriptures in the Bible, God says that it is His will that we be well - there is no question that healing is the will of God, for God's word is His will for man. Something lurks in the back of our minds that was probably deposited there by religious teaching. Even though we may have seen others receive healing, we are still not quite sure that healing is for us. Of course the Devil will do his best to talk us out of healing. If he can get us to listen to him, he will rob us of the blessings of God. I have come to understand that the main point that needs to be made with people is that they know that healing is God's will. As soon as people start believing that it is God's will to heal them, they are released from wrong thinking, and in a short while, they are healed and well. Until that time all prayers and wishing and hoping are in vain. The biggest part of the battle is won when we start believing it is the will of God that we be well.

Main Thought: It is not God's will that I be sick. It is God's will that I be well and whole.

God is good, His word is good and good all the time.

**Pastor Dave Machin,**  
**SUNDAY SERVICES 10:30 A.M.**  
**Phone 295-0599 9:00 AM - 3:00 PM Monday-Friday**  
**221 A Bridge Street, Princeton, B.C.**

**Similkameen News Leader**  
AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

**Brenda Engel**  
OFFICE ADMINISTRATOR  
brenda@thenewsleader.ca

**George Elliott**  
OWNER / PUBLISHER  
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**226A Bridge Street**  
P. O. Box 956, Princeton, B. C., V0X 1W0  
Phone: (250) 295-4149 • Fax (250) 295-4103

**Have something to say?  
We'd like to hear it!**

SEND YOUR LETTERS TO THE EDITOR TO:

**Similkameen News Leader**  
P O Box 956, Princeton, B. C., V0X 1W0  
or e-mail them to: editor@thenewsleader.ca

**INVITATION TO WORSHIP**

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FOURSQUARE CHURCH  
38 Kenley Avenue  
Join Us for a time of Contemporary Worship Sundays at 10:30 AM (FOLLOWED BY COFFEE)  
MIKE STOLTZ 295-7753  
www.livingwater4sqchurch.com

**SIMILKAMEEN CHRISTIAN FELLOWSHIP**  
WORSHIP SERVICE 11:00AM  
Everyone Welcome  
DON BODDEN - PASTOR 499-2511

**BAPTIST CHURCH OF PRINCETON**  
ACROSS FROM ARENA  
OLD HEDLEY ROAD  
Family Worship 10:00 AM  
COME AND JOIN US!  
Pastor Dan Brama 295-7752

**St. Paul's United Church**  
Office Hours Tue / Thu 9:30AM - 12 NOON  
WORSHIP SERVICE 10:30 AM  
Phone: 295-7714  
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Call us to find out how to have it in this space!  
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**Similkameen Christian Center**  
GOD IS GOOD  
Service: Sundays 10:30AM  
CHILDRENS CHURCH - (AGES 5-11)  
Office Hours: Monday-Friday 9AM - 1PM  
Pastors Dave & Tena Machin  
221 A BRIDGE STREET, PHONE: 295-0599



# Woman pays big fine

Debra Lintick appeared in Provincial Court in Princeton on September 15th to plead guilty to a charge of possession of a controlled substance.

On February 22, she had arrived in Princeton by bus and was under

surveillance. She was arrested and searched. Police found 28 grams of cocaine in her possession.

Lintick had a prior conviction for possession of illicit drugs. On September 14, she was ordered to pay a \$1,000 fine.

# GSAR midnight rescue

On Wednesday, September 7th at 10:23 PM, Princeton RCMP were alerted to an emergency medical/rescue situation unfolding in the Manning Park area.

Information had been received that an elderly male was suffering from a heart attack induced by diabetic emergency while hiking South of Manning Park. The location for the man down was identified as 14 kilometres South of Manning Park in the mountains towards the United States border.

The area in question was researched and found to be inaccessible by both vehicle (due to terrain and trail width) and air (inaccessible by helicopter at night based on mountain terrain).

"Due to the dire nature of this man's emergency, daylight could not be waited for and a call was put out to the Princeton Ground Search and Rescue Team," says Cst. R. McLeod of Princeton RCMP.

Within 30-minutes of call-out, GSAR had mobilized a team and equipment at their headquarters in

the Provincial Emergency Program centre. The team responded to the Manning Park area immediately under police escort and once on site, the team transported Advance Life Support paramedics from Chilliwack and Hope to the casualty via ATVs.

"The rescue team located the man within one hour of arrival and he was immediately stabilized for transport out of the area."

He was transported by the GSAR and turned over to waiting ambulances at the trail head for rush transport to hospital. He is expected to make a full recovery.

The RCMP member on scene coordinating rescue efforts was advised by the patient's hiking group (from Washington State) that they had never seen such a professional and expert response by a GSAR team in the US (the party consisted of mountaineers).

"The volunteers of Princeton GSAR have once again put our town on the map and potentially saved another life. Hats off to Princeton GSAR!"



The Chili Cook-Off during Saturday's Similkameen Sizzle in Keremeos filled the Tourist InfoCentre parking lot. Mike Stoltz, far right, along with Brenda Engel, served up Sweet Vegetarian Chili at the Similkameen News Leader booth - which took Third Place.

# Hedley cafe crash costs jail

Michael Heinrich, who drove his car into the side of Nickel Plate Restaurant in Hedley on November 13, 2004, appeared in Provincial Court in Princeton for sentencing on September 14, 2005. Heinrich pled guilty earlier this year to an

impaired driving charge and a pre-sentence report was prepared.

Heinrich admitted to being an alcoholic but hoped to go to a recovery program in November. While Crown Counsel asked for a six month jail sentence and \$800 resti-

tution, Heinrich's lawyer argued for 45 days in jail.

Judge G. Sinclair ordered four months in jail, with 18 months probation to follow. The judge said Heinrich should be able to attend the recovery program in November.

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to WIN!

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- \* Trip must be taken between January & February.

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- End of the Roll
- Napa Auto Parts (Keremeos)
- Okanagan Home Center

# ESCAPE TO HAWAII





The Desert Ladies belly dancers performed at Similkameen Sizzle Saturday in Keremeos. The ladies, from left, Gabby, Melanie, Eva and Sarah, performed the weekend before at the Fall Fair.

## Princeton Hospital Auxiliary news

The September meeting of the Princeton Hospital Auxiliary was opened by President Maureen Turner, who then welcomed three new members, Bobbi Easley, Eileen Erb and Patty Vinthers.

Everyone was in good form for a lively meeting after our summer break.

Thanks to our hard working volunteers our booth at the Fall Fair was again a success, selling lots of pies and raffle tickets.

In new business our generous members agreed unanimously to purchase a special tub for

Vermilion Court to replace their aging one. The two lift lounge chairs for the hospital day room have arrived and look great. Our members have also agreed to donate to the new portable MRI machine that will be in Pentiction for two weeks per month and used by the whole area including Princeton. This should mean shorter waiting periods and less travel for our community. A donation will also be given to the Terry Fox Cancer Foundation in commemoration of the 25th Anniversary of his run.

Our President then thanked Ruth McLeod for the lovely raffle baskets she made us, Maggie Trehearn for doing such a good job in updating our history and Faye Clarke for replacing her in the Thrift Shop while she was recuperating from surgery.

Our next meeting will be held on October 3rd. This Thanksgiving Day falls on our usual meeting date.

We close with this thought for the day. We do not need new ideas, as much as we need someone to energize the old ones. - submitted

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# CUSTOMER APPRECIATION DAY

11:00 AM - 3:00 PM  
**Thursday, September 22<sup>nd</sup>**  
224 Bridge Street, Princeton

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Saturday's 4th annual Similkameen Sizzle Pepperfest in Keremeos started with a Pancake Breakfast. The Keremeos Volunteer Fire Department served pancakes, bacon and eggs for a few hours and were helped by Mayor Walter Despot (centre) and Valu-Plus Foods owner Jeff Rowe (foreground).

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 NEWS LEADER  
 CLASSIFIED ADS

## Museum members meet after summer break

Princeton Museum Society met September 12 to resume planning after the summer recess. Several members have continued to work during the peak months of museum visits. Don Coyle found new display cases in Kelowna at a very low price, so the museum will install five new display cases after the museum closes this year.

Problems with flooding in the basement, where archives and display items are stored, required the purchase of two dehumidifiers.

The two summer students, one through a Weyerhaeuser grant and one paid for by HRDC and the Museum Society, have completed their term of work. Members welcomed Melanie Belisle-Leclerc, Katimavik leader, to the meeting. Her Katimavik volunteers will arrive September 28 to start work on October 5.

Another guest accompanied President Nick Mills to the meeting. He is Mills old friend, Jack Potter, who founded the Australian training school for cricketers.

A new member, Ollie Juul, received a welcome. Juul bought the old Coalmont General Store and has been collecting information about the store. He will use the building as a home, not a store.

For the first time, Regional District has given the museum a grant.

Area H Director Gerri Logan authorized a \$2,000 grant, which pleased Museum Society members. Donations to the museum increase with the number of visitors, so purchases made this summer have been covered without damaging the bank balance.

Mills reported a lot of activity generated by visitors seeking family history. The cemetery records and the Princeton family history book were accessed by a number of visitors. (Mills created the cemetery database three years ago and it is updated regularly.)

The Egyptian collection returned to Princeton last Friday. It has been on loan, under the supervision of former curator Dan Bruce, to Okanagan University College and then to the Fintry Museum. A few pieces will remain at the Fintry Museum. Princeton Museum Society will decide when and how to display the collection locally.

The Museum Society has a regular meeting the second Tuesday of the month at 2:30 p.m. In addition, members do work on archives, displays, and during the off-peak season, greet visitors and show them around. Anyone in Princeton or surrounding communities, including Hedley, is welcome to join. The next meeting will be held on October 11.

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PUTTING HEART INTO OUR COMMUNITY





Princeton Class of 1939 to 1951 Reunion. Classmates in photo, front row from left, Lois Haffey, Ron Garrison, Dorrine Payette, Peggy Coyne, Joycelyn MacDonald, Mildred Dunn, Helen Rosen, Gwen Miller and Berna O'Shaski. Second row from left, Mollie Hedley, Ruby Raincock, Les McKenzie, Marilyn McKenzie, Clinton Dunningham and Bob Miller.

## Princeton hosts reunion

This was our reunion of 54 years, Class of 1939 to 1951. Held in our hometown of Princeton from August 29th to 31st.

We had many locals participate in the festivities, some travelled from different places in British Columbia, Alberta and as far away as Australia!

It's about renewing old friendships, telling old school stories and reminiscing.

August 29th - we met at the Seniors Centre for registration. It was great to have everyone here and ready for a good time. This was followed by supper at the Copper Mountain Bar and Grill. Lots of laughs and craziness went on. Then Lois graciously invited us to her lovely home for refreshments, jokes and stories.

August 30th - we toured Coalmont and Tulameen and had lunch enroute. In the evening we had a lovely dinner at the Belaire Restaurant. This was followed by a social evening.

There were many funny glasses worn throughout the three days (possibly classmates travelling incognito).

August 31st - the barbeque was held at the River's Edge RV Park. Chef Dave Anderson barbequed the hamburgers. There was also an assortment of delicious salads, veggies, sliced meats and numerous other tasty dishes.

Also, refreshments for the very thirsty and even those that weren't. Everyone was elated at seeing Mrs. Edith Currie, as she had taught all of us.

Many thanks to Dinny and Beryl Mullin for sharing their little piece of Heaven with us. The three days passed way too quickly, but will be remembered for many a day.

We hope to have our next reunion in 2007. In Australia, where Ron Garrison lives.

Many thanks to the following classmates who attended: Mildred (Dunn) Evanson, Don Johnston, Ruby (Cvetkovich) Raincock, Helen (Cvetkovich) Rosen, Bob Miller, Dorrine (Loewen) Payette, Ron Garrison, Mollie Hedley, Clinton Dunningham, Joycelyn (Hall) MacDonald, Clayton

Hamilton, Ray Huey, Lois Haffey, Marilyn (Ashley) McKenzie, Bob Mullin, Dave Anderson, Jack Powell and Mike Zager.

Guests attended: Mrs. Edith Currie, Paul Pavich, Bob Corrigan, Linda Atkinson, Ted and Berna O'Shaski and Jack Cunliffe. - submitted

## Break-in nets jail time

On Friday, September 9th at 7:00 AM, the alarm at Eastgate Esso gas station alerted the owner that the business was being broken into and he was able to see the culprits fleeing the scene.

A call was placed to the RCMP and their direction was Eastbound on Highway 3 towards Princeton.

"The female suspect was arrested near Sunday Summit," says Cst. Myrl Stus of Princeton RCMP Detachment.

"She was on a motorcycle. The two males were in a silver two-door Pontiac Sunfire." The two males made it to Princeton and were located and arrested after being at the restaurant at the Sandman Inn.

"One male, 20-years old, was just released from jail for six counts of

Robbery on September 4th. The 37-year old male also arrested has an extensive criminal record for property related crimes."

Both were remanded in custody to appear in court on Monday, September 12th in Penticton.

The 42-year old female was released on a Promise to Appear and conditions for court in Princeton on December 15th. All three subjects are from Osoyoos.

"After the court appearance on Monday, September 12th, in Penticton, the 20-year old male - Jake Daniels - entered a guilty plea and received six months in jail."

Stus says the 37-year old male was remanded in custody and is to appear again in court in Penticton on September 26, 2005.


## PXA plans for Halloween

The annual joint venture between Princeton Fire Department, Emergency Services, Fall Fair and Princeton Exhibition Society takes place on Monday, October 31. Youngsters go through a Spook House on the fairgrounds, enjoy hot chocolate and treats, fireworks, and a big bonfire.

This year, the Fall Fair will open the concession and serve burgers and fries.

The entire Halloween celebration is a gift to local children. Anyone wishing to help should attend the Fall Fair meeting on September 27, at the fairgrounds office, at 7:00 p.m.

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**INVESTMENT INSIGHTS**

By John Vaccaro Investment Advisor with CIBC Wood Gundy and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy  
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**Secrets To A Successful Retirement - Part 1 of 4**

Successful investing is, first and foremost, a long-term affair. This is a strategy that I have been touting for as long as I can remember, and it's become even more vital as many Canadians live one-third to one-half of their lives in retirement. Unfortunately, we can no longer count on the government to sustain us to the extent that we, or they, once hoped for. Accordingly, we are left with little choice but to save and invest for our own independent futures. This means, quite simply, that we must strive to ensure that our investments outlive us, rather than the other way around.

Before rising to this challenge, it is essential to set realistic long-term goals, according to your own time horizon, risk tolerance, tax bracket, sleep-at-night level, etc. Thereafter, it's like going on a long highway journey with many speed and course corrections along the way before arriving at your destination.

Ultimate investment goals can vary widely, and may include wanting to maintain your lifestyle in retirement; leaving as much as possible to your estate; making bequests to designated charities, etc. In addition, your goals will invariably change as you change. For example, from needing income to financing a growing family, to expediting savings for retirement during your remaining working years, to taking fewer risks with your hard-earned capital as you grow older and no longer have the time to recoup losses as you once did.

Of paramount importance is what you want from your available resources, what you can afford to risk, and the stage you are at in life's journey. If there is one constant in a uniquely individual process, it is the need to build wealth according to a well-constructed plan that will not risk your precious resources beyond tolerable limits. Therefore, successful investing must be a systematic and disciplined process that disregards shorter-term distractions and market volatility in favour of resolutely building your net worth for the worry-free retirement that you must make happen yourself. See our next articles, "Secrets To A Successful Retirement - Parts 2, 3 and 4" for some valuable strategies.

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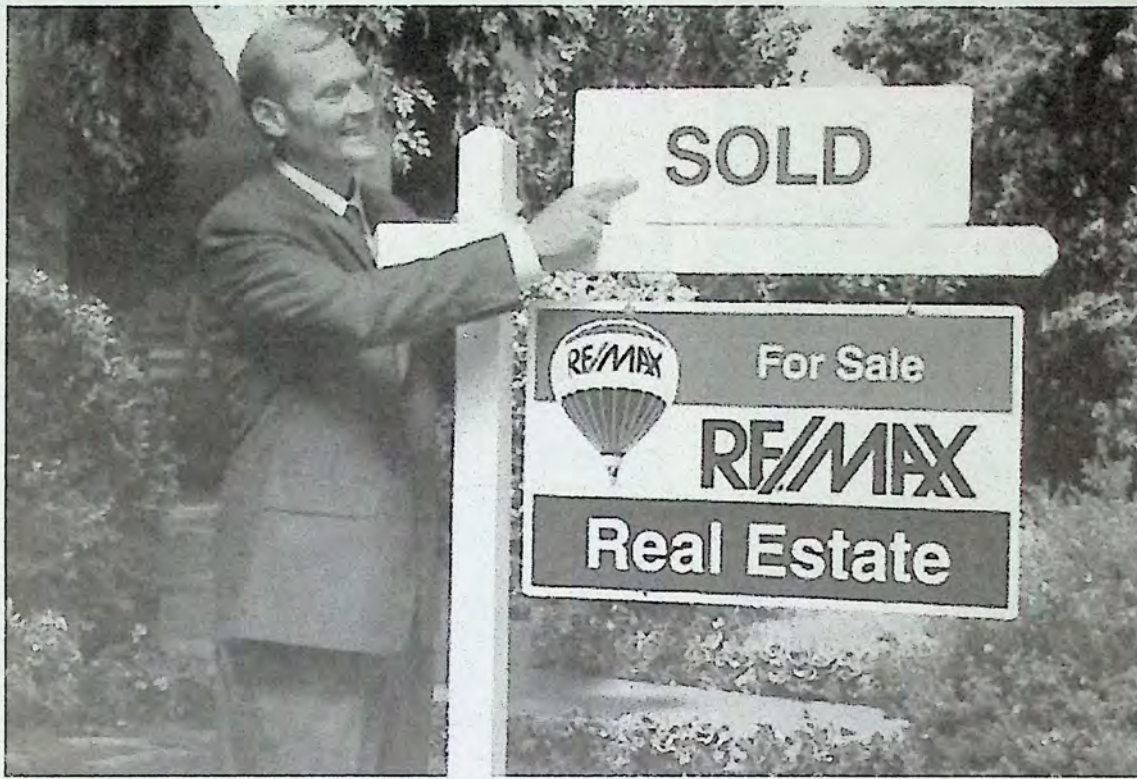
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