# Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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#### Similkameen News Leader This Week

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Page 4 KEREMEOS NEWS Pages 11-18 TV GUIDE

Phone: (250) 295-4149 1-888-350-9969 Fax: (250) 295-4103

#### WorkZone celebrates Small **Business Week**

Discover the energy of starting successful small businesses by participating in Canada's Small Business week at WorkZone Services Employment Resource Centres.

WorkZone encourages unemployed residents in the region to explore how self-employment can be a viable option.

During the week of October 16th to 22nd, all six WorkZone centres will focus on information about owning and operating a small business in the South Okanagan and Similkameen Valleys.

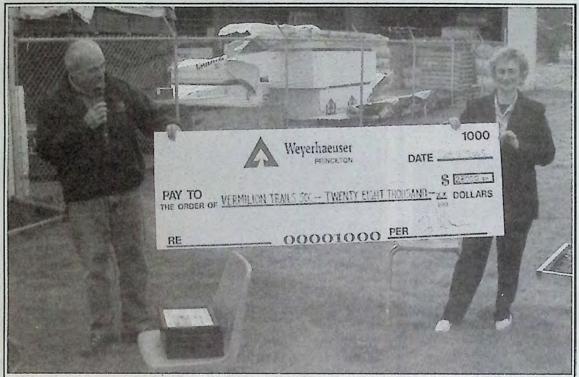
Each centre will feature events that will highlight small businesses, their stories, struggles and success-

Hear first hand experience from local entrepreneurs. Speakers from agencies such as Community Futures Development Corporation will outline how their successful and supportive programs can help individuals get started building their own business.

WorkZone offices are located in Penticton, Summerland, Oliver, was completed last month. The The information from the survey They provide free services ranging from computers, Internet access, and job boards to employment counseling and work search related assistance including training options, wages subsidies and selfemployment information. WorkZone is funded by the Government of Canada.

For more information about WorkZone or this special event, contact Gerri Logan or Roni Norman at (250) 295-6201.

# receives \$



Soon to be former Weyerhaeuser Princeton Sawmill Manager Fred Kuhn, left, presents Judy Short, Vermilion Trails Society President, with a cheque in the amount of \$28,000 to go towards improvements to Princeton's portion of the Trans Canada Trail. The presentation was made Saturday morning.

# Fair reviews problems, successes

Fair, marking 40 years of fairs, was a success, despite inclement weather and a number of problems solved on the spot.

The bank balance proves the success, as the fair managed to recoup its expenses. As Treasurer Ruby Bey pointed out, there will be a healthy bank balance after all bills are paid, thanks to grants from the Town, Regional District and Weyerhaeuser, as well as from sponsors.

Volunteers and sponsors are the backbone of the Fall Fair's success. Fair members plan an appreciation dinner for all of the volunteers and sponsors. Look for an invitation in local newspapers when date, time and place are confirmed.

Many local entertainers have con-

There is no question the 2005 Fall fairs, and next year, the Fall Fair fered when deer moved in at night will pay local entertainers and donate to local entertainment Parsons donated squash and gourds groups.

> The payment will not be high, but will offer some rewards for their ongoing support.

The People's Choice Art Show received the approval of the artists, and will likely be the format for future years.

The auction went well, and volunteer auctioneer Dean Stinson said he would do it again as it was fun. Similkameen Garden Club did a good job of convening the vegetable area, and their help, as well as contributing a prize for the longest zucchini, was appreciated.

Kevin Acres and Parsons Fruit Stand contributed to the fairgrounds decor, although the nice potted tributed to the success of all past plants set out by Kevin Acres suf-

and found the plants quite tasty. to the auction, and auctioneer Stinson said he learned more about squash than he had ever known.

There were a number of problems concerning the prize list booklet. These will have to be dealt with in the future.

Melanie Belisle-Leclerc, local Katimavik leader, attended the fair. Members of Katimavik have helped at the fairgrounds for the past four years.

Members approved a new project, an operations manual.

This manual will give members a guide to what needs to be done to run a fair and when things have to be done. This will assist future members.

President Jody Woodford repeated the statement she gave to Princeton Exhibition Association (PXA) that she will not serve on the executive of either the PXA or the Fall Fair during the coming year.

# Club hosts Fish Biologist

Region 8 Fish Biologist Brian Janz of Penticton will be the guest speaker at the next meeting of the Otter Valley Fish & Game Club.

He will make a presentation on stocking the local lakes and streams.

The meeting is set for 12 Noon, Saturday, October 15th at the Clubhouse. Lunch will be served.

# Three huge cheques presented

At a time when many community projects don't seem to receive the financial support they deserve, Vermilion Trails Society transformed a former railway bed into a tourist attraction.

They did it with little manpower, mostly volunteer labour and minimal cash.

Last Saturday morning a celebration was held at the Princeton Gateway on Burton Avenue which attracted a handful of residents.

Weyerhaeuser Manager Fred Kuhn presented a \$28,000 cheque to the Society. The money will go towards the construction of an information 'round house' kiosk and park development where the Tulameen River joins the Similkameen.

Kuhn, who leaves Princeton midmonth to manager facilities in Washington State, told the News Leader what the trail means to him.

"This trail is a major asset and I don't think we're doing enough to promote it."

In making his cheque presentation, Kuhn stated, "This is a world class asset you can market worldwide."

Princeton's Rotary Club contributed \$5,200. Club President Rob Marshall said, "This is a project Rotary is proud to be part of. We certainly share the vision of what the trail can be."

Area H Director Gerri Logan presented a cheque in the amount of

Certificates of Appreciation were presented to Pim Meer - Okanagan Director of Trails BC, Lyle Thomas, Fred Kuhn, Weyerhaeuser, Rotary, Marilyn Hansen of Summerland Trails Society, Town of Princeton, Princeton Chamber of Commerce, RDOS, SVPS and Murphy Shewchuk of Trails BC.

Similkameen Valley Economic Development Officer Michael McLaughlin pointed out, "This is one of the top two or three tourist assets in the Similkameen."

Councillor Spencer Coyne, the only member of Town Council present, gave credit to the volunteers working on the trail.

# ArtsNow survey is done

Arts/Now 2010 Legacy committee nity arts for the Princeton area. from the survey in order to come up meeting at Town Hall at 7:00 p m

The survey contracted by the with a legacy project in the commu-

Osoyoos, Keremeos and Princeton. committee is reviewing the data will be reviewed at the October 6

# Zeisman wins nomination

Trail's Derek Zeisman has won the 230 votes, Zandee 142, and Hill 56. right to represent the Conservative Party in the next federal election. Zeisman, 33, defeated his two opponents, Robert Zandee of Oliver and Stephen Hill of Rossland, on the first ballot with 54% of votes

The official results were: Zeisman

The ballots were counted Sunday September 25th in Castlegar after nomination meetings in eight communities throughout the BC Southern Interior Electoral District. Retiring MP Jim Gouk has represented the area in Parliament since

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#### production studio opens Arts and

British Columbia-based artist Marcela A. Toro-Garland has taken creative inspiration from traditional North and South American Indigenous designs allowing her to offer an assortment of surface designs that translate well into murals, decorated furniture pieces and hand-painted textiles.

Toro-Garland, owner/operator of Nasukdesigns, brings a sense of adventure to the community with her innovative hand-painted linens and silks, tiles, and a line of original jewelry that completes an exclusive line of hand made fash-

Toro-Garland studied in Montreal and Madrid, complementing her training with trips to New York and Paris where she studied under various established artists.

She is quite happy living in Princeton, "where the beauty of nature is found all around us, while remaining close to large urban centres."

Besides being engaged in the art production at her studio she teaches drawing and knitting.

The studio is located at 105-117 Vermilion Avenue, the red door in the back alley entrance and is open

to the public from 11:00 AM to 6:00 PM Thursdays, Fridays and Saturdays.

To contact Toro-Marcela call (250) 295-6708 or e-mail nasukdesigns@hotmail.com.

# Fall Fair hears Halloween plans

Fall Fair members will participate once again in the annual Halloween Spook House and bonfire at the fairgrounds. At the September 27 Fall Fair meeting, Fire Chief Eric Gregson discussed plans for Monday, October 31. The Fall Fair will provide free hamburgers and fries from the concession, and the Lions Club will supply popcorn and cookies. If it is a rainy evening, one of the fairgrounds buildings will be opened as an eating area.

There will be a bonfire and fireworks in addition to the Spook House and eats.

The Fire Chief expressed a need to have another organization take over the Spook House event, although the firemen will continue to participate. BC Ambulance will supervise the "kids' area".

Fire Chief Gregson said the first Spook House took place about 15 years ago, and was a small event in the fire hall. For the past two years, it has taken place at the fairgrounds and has grown tremendously. According to last year's experience, he anticipates 450 children, plus their parents, will attend, for a total near 1,000 people. .

He told Fall Fair members the event has grown so large that organizing it takes away practice time the firemen need. Fall Fair did not volunteer to take that role, although they will continue to help at the

If anyone wishes to donate candy for the children at this event, the items should be taken to Town Hall.

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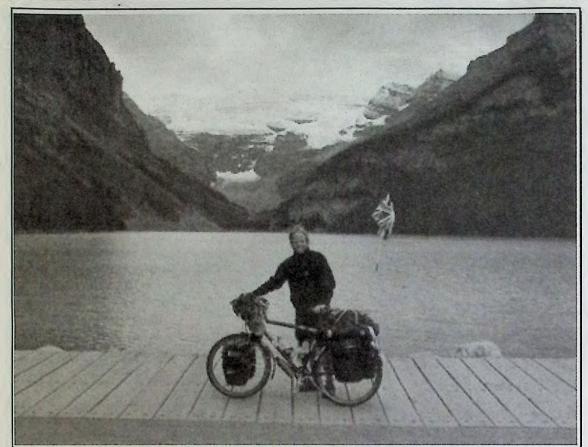
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\* MLS statistics 1990-2004



27-year old Tom Kevill-Davies, a Londoner, is part way through a biking trip from New York to Rio De Janeiro. He stopped in at the News Leader office last Monday. Above is one of many photos available of his journey on the internet. Lake Louise is in the background.

# ley feeds on food

It's been said that the way to a man's heart is through his stomach and for Tom Kevill-Davies of London, England that's what is fueling his bicycle journey.

Kevill-Davies, 27, started his journey on June 5th in New York City and plans to finish in Rio De Janeiro next December.

"I'm trying to write about and find interesting foods," he told the News Leader in a brief stopover in Princeton last week.

The young Londoner said he wanted to travel in an adventure, "and I find food interesting and leads to cultural differences."

Kevill-Davies, who refers to himself as the Hungry Cyclist, has already been contacted by publishers looking to turn his adventure into a book.

There's already a website where he sends regular information gathered from his travels. Check www.thehungrycyclist.com for journal entries, stories, pictures and recipes.

"I'm just following my hunger and everyone loves food."

Kevill-Davies is steering clear of fast food restaurants and says some of his best experiences have come from being invited into homes for family meals.

In British Columbia alone he erienced Doukabour cuisine in Grand Forks, fresh fruit from the Okanagan and fresh salmon in the Shuswap. In Alberta he tasted moose steaks for the first time as well as Rocky Mountain Oysters in

How does he find out about local dining delights?

"Normally from a local paper, or I ask around. People also provide suggestions on my website. I had suggestions in Nelson, Trail and Kelowna and followed those suggestions. It gives an interactive element."

With about 3,800 miles completed in an approximately 20,000 mile bicycle tour, he has already completed a fascinating journey into the fabric of different lifestyles.

"It's really the people you meet through food that makes it interest-

He was looking for some BC beef for last Monday night's meal in Princeton and the News Leader made a couple of suggestions where he could find such a meal, and he

The bumper sticker on the back of his bicycle said it all: 'Eating my way from NYC to RIO.'

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# Thanksgiving Dinner "Turkey In The Straw"

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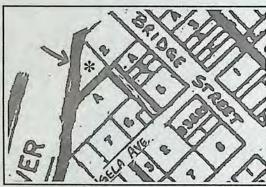
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Jam Sessions Have Moved To Saturdays!

# Town of Princeton - Notice of Public Hearing

Official Community Plan Amendment Bylaw No. 764, 2005



\* SUBJECT PROPERTY

Proposed Bylaw No. 764, 2005
From General Commercial (C) to Medium Density Residential (MR)
Legal: Lot A, Plan 43089, DL 706, YDYD, FOR RIVERVIEW MHP BAYS C/REF
70003.011 ET AL/, Riverview Manufactured Home Park, PID #016-063-937

Pursuant to the provisions of Section 890 of the Local Government Act, notice is hereby given, that a Public Hearing will be held in the Council Chambers of the Town Hall on Monday, October 17, 2005 at 7:00 PM, to consider amending the Town of Princeton Official Community Plan Bylaw No. 609.

The proposed Amendment is as follows:

a) "That Lot A, Plan 43089, District Lot 706, Yale Division of Yale Land District, FOR RIVERVIEW MHP BAYS C/REF 70003.011 ET AL/, RIVERVIEW Manufactured Home Park, PID #016-063-937 be changed from General Commercial (C) to Medium Density Residential (MR)."

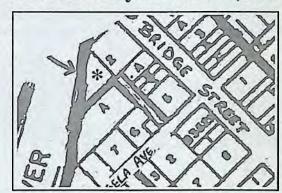
At the Hearing all persons who deem their interest in the proposed Bylaw, shall be given an opportunity to be heard on matters contained within the Bylaw. Council will accept submissions and discussions up to and including the Public Hearing. No submissions accepted after Public Hearing.

A copy of the subject Bylaw No. 764, 2005 is available for examination during normal business hours 8:30 AM to 4:30 PM, Monday to Friday inclusive in the Town Office, 169 Bridge Street, Princeton, BC.

Given under my hand this 30th day of September, 2005.

Cornie Froese, CAO Town of Princeton

Zoning Amendment Bylaw No. 765, 2005



\* SUBJECT PROPERTY

Proposed Bylaw No. 765, 2005
From Central Business (C2) to Multi-Family Residential (RM4)
Legal: The North Westerly portion of Lot A, Plan 43089, DL 706, YDYD, FOR RIVERVIEW
MHP BAYS C/REF 70003.011 ET AL/, Riverview Manufactured Home Park, PID #016-063-937

Pursuant to the provisions of Section 890 of the Local Government Act, notice is hereby given, that a Public Hearing will be held in the Council Chambers of the Town Hall on Monday, October 17, 2005 at 7:00 PM, to consider amending the Town of Princeton Zoning Bylaw No. 646.

The proposed Amendment is as follows:

a) "That the North Westerly portion of Lot A, Plan 43089, District Lot 706, Yale Division of Yale Land District, FOR RIVERVIEW MHP BAYS C/REF 70003.011 ET AL/, RIVERVIEW Manufactured Home Park, PID #016-063-937 be changed from Central Business (C2) to Multi-Family Residential (RM4)."

At the Hearing all persons who deem their interest in the proposed Bylaw, shall be given an opportunity to be heard on matters contained within the Bylaw. Council will accept submissions and discussions up to and including the Public Hearing. No submissions accepted after Public Hearing.

A copy of the subject Bylaw No. 765, 2005 is available for examination during normal business hours 8:30 AM to 4:30 PM, Monday to Friday inclusive in the Town Office, 169 Bridge Street, Princeton, BC.

Given under my hand this 30th day of September, 2005.

Comie Froese, CAO

Town of Princeton

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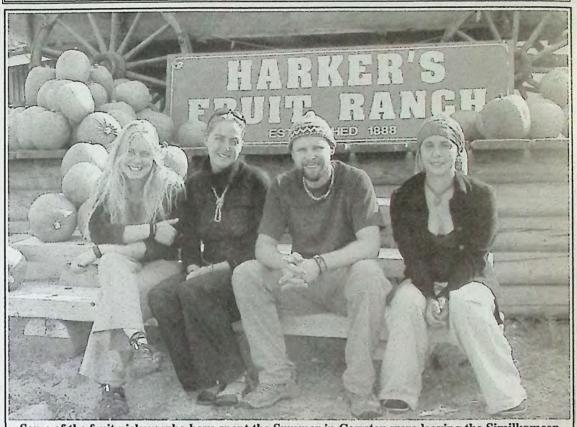
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### keremeos and area news



Some of the fruit pickers who have spent the Summer in Cawston were leaving the Similkameen for home last week. From left, Caroline Pineault, 20, Nancy DeChamplain, 31, Mike Campbell, 27 and Emily Girard, 21 are all from Quebec. Girard had worked at Harker's Fruit Ranch once before, but the rest spent their first Summer there this year. Bruce Harker says the hard working young people are valuable to his operation. "How could we get the crops off without these young people from Quebec?" The three newcomers dropped into a WorkZone office in Oliver and were directed to the Similkameen for fruit picking jobs. Two of the girls in the photo also designed and put together the displays located outside Harker's Fruit Ranch on Highway 3, Cawston.

At the September 21st meeting of the Similkameen Sizzle Committee a financial report disclosed that the event earned a good sized profit.

The profit is used to fund the upcoming event and with 2006 marking the fifth annual 'Sizzle' the committee is looking to make a few changes to the day long

Discussion around the table noted that the event attracted far more out-of-towners than expected with far fewer local residents in attendance.

Other events planned the same weekend may have pulled some locals away from Keremeos, but the committee will look to ways to attract more attendance and participation by locals.

Committee Chair Judy Egli estimated total attendance for the September 17th event to be around 2,000.

"There were a lot of people from Summerland, Kelowna, Penticton, Oliver and Princeton."

The pancake breakfast was a ge success with Keremeos Volunteer Firemen serving an estimated 260 breakfasts.

A total of 277 votes were cast at the Chili Cook-Off with 1,500 samples tasted. The dinner and dance had 200 in attendance.

Egli says the Keremeos Elks Club and Royal Purple had a great day in the concession stand and sold out of pop and water by midafternoon.

The Committee discussed the

possibility of passing the dinner and dance off to another local community group as a fundraiser.

Reasons for this revolve around the fact that Sizzle Committee volunteers work all day during the event and could use the evening

Another change that could take place is the addition of adult games during the day and a rescheduling of the Sear Factor

Pepper Eating Contest to a little earlier in the day.

Other cosmetic changes discussed at the meeting involved a change in the location of the stage and different live entertainment at the dinner and dance.

The Sizzle Committee will host another informal meeting next week to finalize all bills and collections before taking a short Winter recess.

# aste celebrates

Taste of our Valley is fast approaching. It will take place on Saturday, October 22nd from 5:00 PM to 9:00 PM in Victory Hall.

This is one of the biggest fundraisers for Similkameen Valley, and organizers are very appreciative of all received in past years.

This is the 10th Anniversary, and attempts are being made to make this years event a big cele-

"We will be phoning our members asking if they would like to donate to our silent auction. Anything you wish to donate will be very appreciated," says Similkameen Country's Colleen Christiansen.

"These items can be dropped off every day between 10:00 AM and 4:00 PM at the info centre until October 15th, at our offices at WorkZone Monday to Friday from 9:00 AM to 4:00 PM or we can arrange to have them picked up."

She says a phone committee be contacting Similkameen Country members.

"We would like to have all the items collected by October 17th. I will also be asking for some help on the day, so if you wish to help please let me know by phoning 499-5225 or letting my phone committee know."

Table/booth rentals are also available. For cost information contact Christiansen at the number noted above.

"Thank you so much for all your support. This is an awesome valley that we live in so let's showcase our wonderful products to everyone."

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Tia Tolmie is the Student of the Month for September at Princeton Secondary School. The Grade 10 student was nominated for being encouraging, helpful and a mentor to a classmate.

# WinterFest shapes up

Spencer Coyne is spearheading a committee to plan a week-long pre-Christmas celebration.

This plan includes Christmas light-up, carolling, and a life-sized nativity scene at Cenotaph Park.

Vince Milligan and Keith Olsen intend to bring Ilamas, sheep and

goats to the nativity scene.

There will be a Christmas parade at noon on Saturday, December 17, and a visit with Santa Claus, as the final day of the week's activities.

Coyne says his committee still needs volunteers.

Anyone who may be interested in joining can contact Coyne one of two ways.

The first is by email at councillorcoyne@yahoo.ca, or you can drop your name and contact information off at town hall for Councillor Spencer Coyne.

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### apsule omments



by your Pharmasave Pharmacist Wen Wong

Who should get a flu shot? Here's a list from the Canadian National Advisory Committee on Immunization: Healthy children from 6-23 months and household contacts of those under two years of age; pregnant women (the vaccine is safe in all trimesters of pregnancy); health-care workers...to help protect the people they care for. As well, all people over 65 and those of any age who have a chronic disease (cancer, diabetes, heart disease, etc.).

Leakage of urine due to sneezing, laughing or lifting (called stress incontinence) can be a problem as we age. One good suggestion to avoid this during a cough or sneeze is to cross your legs. This helps the pelvic muscles and sphincters to keeps the urine in the bladder.

If you have medication in your home that is no longer needed, bring them to your pharmacy for safe disposal. Most pharmacies have access to medical waste services whose personnel will incinerate the medications. Incineration is the best and safest method to dispose of medications and protect our environment.

Depression could be due to thyroid problems. Up to 20% of chronic depression can result with your doctor to rule out thyroid causes.

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### news leader health page

# breastfeeding is best

"I feel like a Jersey and that the milk store is always open," says Holly\*, a first-time breastfeeding mother, "but I love it."

During her pregnancy, Holly made the decision to breastfeed. "Why wouldn't you?" she asked. "It's the natural thing to do, it's totally convenient, everything is right there, the temperature of the milk is correct, and you don't need special equipment."

And then there are the health benefits for the baby like less ear infections, less illness especially from respiratory infections, helps with the immune system, and less chance of getting asthma. "And for me," Holly goes on to say, "it is really helping me to lose weight, plus it helped my uterus get back to normal size, and it will reduce my risk for breast cancer."

Holly acknowledges that her daughter felt like a stranger at birth.

nite bonding experience. "We are so connected because of the breastfeeding."

In spite of her strong commitment to breastfeeding, Holly says, "It wasn't as natural as I had thought."

"It hurt so bad. Julie\* wasn't latching on correctly, my nipples were stinging and blistering, and I was just plain exhausted. And even though I knew about engorgement, it caught me by surprise. But I had lots of help, and the nurses were particularly helpful."

"If you are having trouble, ask lots of questions and don't be ashamed about it," advises Holly. She couldn't say it enough times, stick with it and remain determined. "We are made to breastfeed and it does get easier over time. And never forget that it is the healthiest thing to do for your baby and yourself."

And what of the father's role in the

But breastfeeding has been a defi- breastfeeding experience? "I feed Julie and then pass her right to my husband. He does the burping, diaper changing, walks with her, rocks with her, comforts her, and settles her. It is their special time togeth-

> "We are into a rhythm now," says Holly, "and I plan to continue to breastfeed exclusively for the first six months and then I will gradually introduce solids. I would like to breastfeed for a year."

October 1 to 7 is World Breastfeeding Week. This 40th week of the year corresponds with 40 weeks of pregnancy and the start of breastfeeding for the newborn

This year's theme emphasizes the value of exclusive breastfeeding for the first six months of life and continued breastfeeding to two years, and if possible, beyond. The introduction of nutritious solid foods, after the first six months of life helps baby make the healthy transition from infant to toddler, while breastfeeding continues to support growth and development. By one year, children are able to eat food served to the rest of the family.

If you are pregnant, find out if there is a prenatal breastfeeding class in your community and then take advantage of it.

Watch for events in your commuthat celebrate Breastfeeding week.

\* Not their real names.

- Jill Rhynard, RN, BScN, MPH, Coordinator of Health Promotion Interior Health, Okanagan Health Service Area

# Group plans performances

The Princeton Coffee House Society has released an ambitious schedule of performances for the upcoming season.

There are live performances every Saturday night at 7:00 PM at Cowboy Coffee with other performances set for the first Saturday of each month at 7:30 PM at Billy's Restaurant.

The group will be promoting celtic, jazz, country, blues and rock music in these locations - all performed by local musicians.

Admission is by donation. For more information on the Princeton Coffee House Society contact Nigel via e-mail at nigelweaver@gmail.com.

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# living past 100

# Enjoy that turkey dinner!

Thanksgiving dinner is usually a feast, and a lot of people may see it as indulgence. They would be wrong. Thanksgiving dinner is good for you. The traditional dinner, from turkey to pumpkin pie, is packed with good

Turkey is loaded with B vitamins that help your brainpower. It is an excellent source of zinc, preventing infections, and L-arginine, which speeds healing and balances metabolism. Further, turkey contains iron for your blood and L-tryptophan to help you sleep well. Turkey is a protein food, and protein is the building block of our cells.

The cranberry sauce you put on your turkey is loaded with good stuff, but the most important is ellagic acid, known to protect your DNA and ward off cancer. As well, cranberries fight kidney infection.

Traditional turkey dinners offer mashed potatoes, broccoli and carrots. These vegetables contain a wealth of vitamins and minerals. If you have a salad, even more vitamins and minerals come your way.

Pumpkin pie is the traditional Thanksgiving dessert, and it is good for you. Pumpkin is loaded with beta-carotene, which prevents cancer. Better still, pumpkin has carotenoids which protect your eyes from cataracts. Pumpkin contains protein, too. Pumpkin pie is made with milk and eggs, adding more minerals (especially calcium) and vitamins.

Don't hesitate to put on that big Thanksgiving dinner, and encourage people to enjoy it to the fullest. It is good nutrition.

# 226A Bridge Street

#### Similkameen News Leader LOCALLY OWNED & OPERATED WEEKLY NEWSPAPER

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#### McConnell, Voelkl Chartered Accountants

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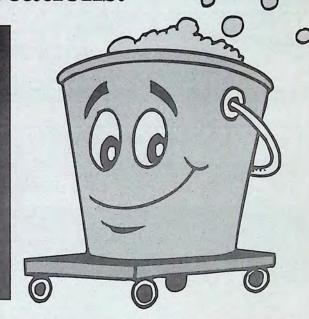
# Town of Princeton and Area "H" PUBLIC NOTICE Princeton & District Landfill

The Town <u>WILL NOT</u> be picking up any items from residential or commercial locations.

# FREE DUMPING

is offered at the LANDFILL

October 22nd & 23rd, 2005 for Town of Princeton and Area "H" residents only.



Free Dumping is an opportunity to drop off trash items that are regularly charged a fee such as home renovation materials (i. e. floor coverings, drywall, roofing, etc.), refrigerators, air conditioners, televisions, old furniture, etc.

Commercial building demolition must still pay tipping fees.

TO PREVENT EXCESSIVE CROWDING AND CONGESTION, IT WOULD BE APPRECIATED IF REGULAR FREE ITEMS NOT BE BROUGHT TO THE LANDFILL DURING THESE TWO DAYS.

RECYCLABLES MUST BE DROPPED OFF AT THE RECYCLING DEPOT BEFORE ENTERING THE LANDFILL AREA OR TIPPING FEES WILL BE CHARGED.

Examples: batteries, paint cans, No. 2 plastics and film plastics, papers, cardboard, tin cans, glass, oil containers (1L, 4L, 20L), anti-freeze and window wash containers (in the oil drop off area).

Reminder: The Garbage Collection Contractor will only pick up the two bag limit of household garbage and unlimited recyclables on your regular collection day.

TWO DAYS ONLY October 22nd & 23rd, 2005



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At CIBC Wood Gundy, we believe in one to one relationships, because the only way we can invest for your tomorrow is to know you today. That's why we approach every client relationship the way it should be oxportise that's one to one.

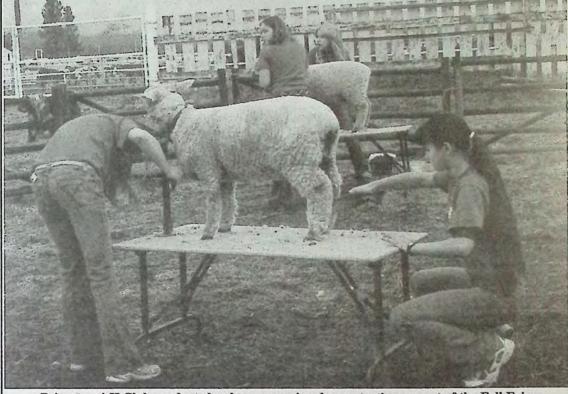
JOHN VACCARO, Vice President e-mail: john.vaccaro@cibc.ca

GREG STEWART Associate Investment Advisor e-mail: greg.stewart@cibc.ca

105-399 Main Street, Penticton, B. C., V2A 5B7 (250) 770-2101 Toll Free: 1-877-896-1313

WOOD GUNDY SECOND AND FOURTH THURSDAY EACH MONTH

CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of Canadian Imperial Bank of Commerce and Member CIPF.



Princeton 4-H Club conducted a sheep grooming demonstration as part of the Fall Fair.

By John Vaccaro Investment Advisor with CIBC Wood Gundy and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy Expertise that's one to one.

Secrets To A Successful Retirement - Part 2 of 4

The strategies that follow should serve you well in meeting and exceeding your investment goals. Firstly, you should have a balanced portfolio with an equity bias. In establishing a successful portfolio, no decision is of greater initial and ultimate importance than the correct allocation of resources between cash or other short-term vehicles, bonds (and related-fixed income securities), and stocks (and related equities). It is, in fact, proven that superior investment performance depends much more on the judicious balancing and periodic rebalancing of investable assets than on the selections of individual securities. Thus, the sooner savings are put to work - and kept at work - in the right combinations, the better.

Of course, successful investors may periodically change the bond and equity weightings as the relative attraction of each changes with economic and market conditions. In fact, eventual overall performance should be enhanced through periodic rebalancing. After all, you have probably heard the term "Don't put all of your eggs in one basket." So, not only should you not invest your hard-earned dollars in only one asset class, but you should also diversify across sectors and industries on the equity side, and between the length of term-to-maturity of the bond section.

In building portfolio wealth, one must never forget that it is equities that stand to provide superior growth over the long-term better than any other asset class. In other words, well-chosen stocks are essential as the true building-blocks of future wealth. Therefore, in setting up and periodically rebalancing portfolios, I urge you to tilt the balance in favour of equities as prudently as you can.

It is important to review your portfolio at least annually to analyze the asset mix and to determine if rebalancing is required. Call today to set up your appointment.

WOOD GUNDY

105-399 Main Street, Penticton, B. C., V2A 5B7 Phone: (250) 770-2101 Toll Free: 1-877-896-1313

GREG STEWART IS IN PRINCETON EVERY SECOND AND FOURTH THURSDAY PLEASE CALL FOR YOUR APPOINTMENT

Fruit

(designation 1, 2 or 3 indicates the rating judges gave against a stan-

Here is the 2005 Fall Fair Winners

List by Division:

Apples, Spartan - 1. Ken Heuser MacIntosh - 1. Ben Mazzarella, 2. Betty Golovin

Crabapples - 1. John Sandness, 2. Betty Golovin

Plums, Italian - 1. Betty Golovin, 2. Ben Mazzarella

Plums, Pembina - 1. Ken Heuser Pears, red Bartlett - 2. Betty Golovin

Elderberry - 1. Betty Golovin Strawberries - 1. Betty Golovin Rhubarb - 2. Betty Golovin

**Home Baking** 

Bread, white - 2. Marg Eyre Bread, brown - 1. Sandra Simpson,

2. Marg Eyre Buns, white - 3. Marg Eyre Buns, brown - 3. Marg Eyre

Cake decorating, special occasion -3. Onna Onofrechuk

Pie, Judge's Choice apple pie - 1. Sandra Simpson, 2. Stan Wheeler Pie, pumpkin - 3. Sandra Simpson Pie, fruit or berry - 2. Marg Eyre Cookies, chocolate chip - 2. Sandra

Simpson Scones - 1. Sandra Simpson Tarts, butter - 2. Marg Eyre Brownies - 1. Onna Onofrechuk

Popcorn treat - 2. Onna Onofrechuk

Sewing and Needlework Embroidery

Cross Stitch - 1. Paulette Boyd, 2. Diane Evans

Needlepoint - 1. Eleanor Sinclair Plastic canvas - 2. Laura Haw

Liquid embroidery - 1. Eleanor Sinclair

Sewing

Baby Clothes - 2. Natasha Gibson Child's garment - Carrie Doré Costume - 2. Carrie Doré

Rugs, hooked - 2. Nicole Dorvault Quilting, oven mitts - 1. Carrie Doré

Knitting

Socks - 2. Eleanor Sinclair Child's sweater - 1. Eleanor Sinclair

Toque - 2. Eleanor Sinclair Mittens - 1. Eleanor Sinclair

Crochet Scarf - 1. Laura Haw

Full-size Afghan - 1. Eleanor

Baby Afghan - 2. Eleanor Sinclair Table centerpiece - 1. Eleanor Sinclair

Table or buffet runner - 1. Eleanor Sinclair

Doily - 1. Eleanor Sinclair Recycled fabric item

garment from old garment - 3. Carrie Doré

Leisurecraft

Collections - 1. Brenda Crimmon Woodwork

Carving - 2. Jody Woodford

Inlaid wood object - 1. Corry Oerlemans

Wooden toy - John Sinclair Folk art - 1. Corry Oerlemans, 2. Maggie Trehearne

Painted wood item - 1. Corry Oerlemans, 2. Nicole Dorvault Scroll saw work - 1. Corry

Oerlemans, 2. Carrie Doré Turned wood item - 1. Dick

Trehearne Ceramics

hand-painted item - 2. Nicole Dorvault

Pottery, hand-formed - 1. Freda Schroeder

Beadwork - 1. Diana Cavalier

Painted rock - 1. Michelle Johnson, 3. Jennifer Bailey

Jewellry - 1. Kim Small Airbrushed object - 1. Drew

Nordquist

Large - 2. Maryanne Woodford Medium - 1. Maryanne Woodford Vegetables

Beans, immature - 1. Betty Golovin 4. (fava) Maryanne Woodford 5. (green) Maryanne Woodford

Beans, mature for seed - 1. Ben Mazzarella

Beets - 1. D & B. Johnson, 2. Maryanne Woodford

green - 1. Ben Cabbage, Mazzarella

Carrots - 1. D. & B. Johnson

.....continued on next page

Copper Mountain Bar & Grill quntain Bar and Grill Open Daily 11:00 AM 'Til Late

# **HAZE CREEK TAXI**

A Free Cab Ride To The Pub For 'A Night Out On The House'

(up to \$75 - No Cash Value) A WINNER EVERY MONTH - ENTER EVERY TIME YOU TAKE A CAB \$7.00 PER TRIP (one pick-up location to pub or from pub to one drop-off location)

Wednesdays to Saturdays 9:00 PM - Closing

We Have All The Canucks Games On Pay-Per-View - On Our BIG Screen! www.coppermtnbar.com

# Fall Fair Winners List - con't

Onions, green, from set - 1. Ben Mazzarella, 2. Betty Golovin Peas - 1. Maryanne Woodford Peppers, golden - 1. Betty Golovin Potatoes, early red - 4. Maryanne Woodford

Potatoes, late white - 1. Ben Mazzarella

Potatoes, late red - 1. D. & B. Johnson, 2. Ben Mazzarella Potatoes, golden - 1. Maryanne Woodford (Squiggly Wigglies) Pumpkin - 1. Betty Golovin Squash, Hubbard - 1. D. & B.

Jonson Squash, Butternut - 1. D. & B. Johnson

Squash, Buttercup - 1. Ben Mazzarella

Squash, spaghetti - 1. Penny Aguillon, 2. Maryanne Woodford, 3. D. & B. Johnson

Squash, acorn - 1. D. & B. Johnson Squash, banana - 1. Ben Mazzarella

Squash, zucchini (large) - 1. Ben Mazzarella, 2. Penny Aguillon, 3. Betty Golovin

Squash, zucchini (small) - Ben Mazzarella

Tomatoes, green - 1. Betty Golovin Tomatoes, red - 1. Ben Mazzarella Tomatoes, Roma - 1. Ben Mazzarella

Tomatoes, cherry, ripe - 1. Ben Mazzarella, 2. Sylvia Bailey, 3. Jason Earle

Kohlrabi - 1. Freda Schroeder, 2. Ben Mazzarella

Longest Zuccini - Michelle Johnson

Flowers and Plants

Dahlias, 3 of a kind - 1. Jennifer Bailey, 2. Sylvia Bailey Pansies, 7 blooms - 1. Marg Eyre Petunias, double - 1. Marg Eyre Petunias, single - 2. Marg Eyre Petunias, potted - 3. Marg Eyre Arrangement, small - 1. Onna Onofrechuk

Arrangement, autumn - 1. Dawn Johnson, 2. Onna Onofrechuk Arrangement, heritage - 2. Betty Golovin

Arrangement, coffee table - Onna Onofrechuk

Arrangement, showpiece - 2. Onna Onofrechuk

African violets - 1. Marg Eyre Geraniums - 1. Betty Golovin Herbs, healing plants - 1. Paulette Boyd, 2. Betty Golovin

**Home Canning** 

Apricots - 2. Dawn Johnson Cherries - 1. Dawn Johnson

Peaches - 1. Marg Eyre, 2. Dawn Johnson, 3. Laura Haw Pears - 2. Dawn Johnson Plums - 2. Dawn Johnson Tomatoes - 1. Marg Eyre, 2. Laura Haw

Pickles

Beets - 1. Dawn Johnson
Cucumber, dill - 2. Laura Haw
Carrots, dill - 1. Laura Haw
Chutney, apricot - 1. Sandra
Simpson
Marmalade, three citrus - 2. Laura

Haw Marmalade, combination - 1. Dawn Johnson, 2. Laura Haw

Jam
Berries - 1. Laura Haw

Apricot - 1. Laura Haw Blueberry - 1. Laura Haw Cherry - 2 Laura Haw

Cherry - 2. Laura Haw Peach - 1. Laura Haw

Plum - 1, Dawn Johnson Rhubarb and Strawberry - 1. Laura

Strawberry - 1. Laura Haw Blackberry - 1. Laura Haw, 2. Sandra Simpson

Jelly

Beet - 2. Laura Haw Crabapple - 2. Marcia Sandness Raspberry - 1. Sandra Simpson Green pepper - 1. Laura Haw

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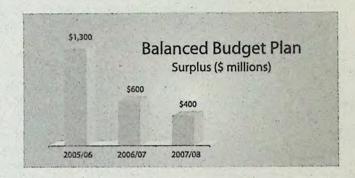
232 Bridge Street (250) 295-3353 "We're here to give you the advice you need to meet your need."

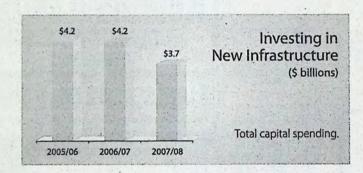


# Choices and Priorities

B.C. BUDGET CONSULTATIONS

This is an exciting time for British Columbia. There are some important challenges, goals and opportunities ahead – but we cannot afford to do everything at once. We want to know what is important to you so we can work to meet your priorities.





#### **Building New Infrastructure**

Important investments in roads, schools, universities, colleges and health care facilities worth more than \$12.1 billion are planned over the next three years. Infrastructure investments are funded through new borrowing. The surplus is used to reduce this new borrowing. When the surplus is larger, the Province needs to borrow less and can put more toward debt reduction. With a smaller surplus, the Province may need to borrow more.

#### **Risks and Challenges**

A balanced budget may be affected by international economic slowdowns and natural disasters. That's why the Province set aside a forecast allowance and a contingency fund to protect the balanced budget from unexpected events. The forecast allowance also covers potential wage and benefit increases arising from the next round of public sector bargaining.

Currently, 52 per cent of the Provincial budget goes to pay wages and benefits. A one per cent increase in wages and benefits would mean \$160 million less per year would be available to invest in other areas such as health care, education and public safety services.

#### **Opportunities and Choices Ahead**

On February 21, 2006, the Province will table a balanced budget with an updated plan to keep it balanced.

In addition to the current fiscal plan surpluses, the Province anticipates that revenue will increase by \$600 million in 2008/09. These resources could be available to reinvest in areas that meet British Columbians' priorities. While recognizing that British Columbia cannot afford to do everything at once, what opportunities do you see ahead?

#### What is Your Vision?

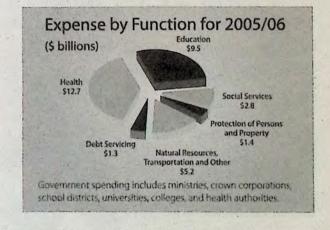
The Select Standing Committee on Finance and Government Services, which includes both government and opposition members of the Legislative Assembly, will hold public meetings to seek the views of British Columbians. The Committee will present a report on its consultations by November 15, 2005.

To provide your views to the Committee, you can send a written submission or letter by October 23, 2005 to:

Mail: Select Standing Committee on Finance and Government Services

Parliament Buildings, Room 224, Victoria, BC V8V 1X4

Phone: 250 356-2933 (collect) or 1-877-428-8337



For the online questionnaire, visit www.leg.bc.ca/budgetconsultations



# weekly entertainment guide

TUESDAY, OCTOBER 4, 2005 THROUGH MONDAY, OCTOBER 10, 2005



Ducks Unlimited hosted their First annual Fundraising Dinner and Auction last Saturday night at Princeton Legion Hall.

# unners produce results

The first meet of the cross-country season was held in Penticton along the Channel Parkway.

Three Grade 8 girls were ready for their first competition against the older runners from Pen High, Princess Margaret, Summerland and McNicol. The course was approximately 4.5 kilometres long and it was warm and sunny when they set out.

With an amazing effort Kiel Liberatore came in fourth. Katie Liberatore and Makenzie Johnston were not far behind and tied for twelfth. All in all a very successful first run against Grade 11 and Grade 12 competition.

A nice reward for all of the kilometres of training and the wind sprints. The next meet is set for October 4th in Summerland.

### Rebel girls win first tourney

The Princeton Secondary School Senior Girls Volleyball team travelled to Kamloops for their first tournament on September 23 and 24.

After three games of round robin play the girls were in first place. They defeated 100 Mile House, lost to Barriere by one point in a hard fought battle and then went on to defeat the host team, St. Ann's Academy.

This put all four teams with one loss and two wins. The placing went to points for and against and Princeton came well ahead of the other three teams.

In the semi-final game the girls were once again up against St. Ann's Academy. St. Ann's was looking for the win against the hometown crowd, each team took

one set and it looked as if St. Ann's would take the tiebreaker as Princeton was down 9-2 (third game goes to 15).

Coach Carol Skinner managed to keep the girls focused and they went on to defeat St. Ann's Academy 15-12. This put Princeton in the finals against Clearwater.

After much excitement the girls settled down and went on to defeat Clearwater in two sets. A first place finish for the Princeton Rebels!

The girls hosted Osoyoos and Keremeos on Wednesday, September 28th. Princeton defeated Osoyoos in three sets and Keremeos in two. A great start to the season for the Senior Girls Volleyball team. Next home game is October 26th at 5:00 PM.

#### Similkameen News Leader AN INDEPENDENT NEWSPAPER



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Services

# ARE YOU CONSIDERING

Find out more about the HRSDC - Self Employment Benefits Program Information Sessions are free and will be held at WorkZone BC - Princeton:

- 1. Thursday, September 22, 2005 @ 10:30 AM 2. Thursday, October 6, 2005 @ 10:30 AM
- 3. Thursday, October 20, 2005 @ 10:30 AM

Please ensure to call and register for one of the above sessions if you feel Self-Employment might be an option for you.

Registrants must be referred through WorkZone BC @ 295-6201, or Contact Lisa with Community Futures in Penticton at 1-877-493-5566.

Canada The Government Canada contributed funding to this initial

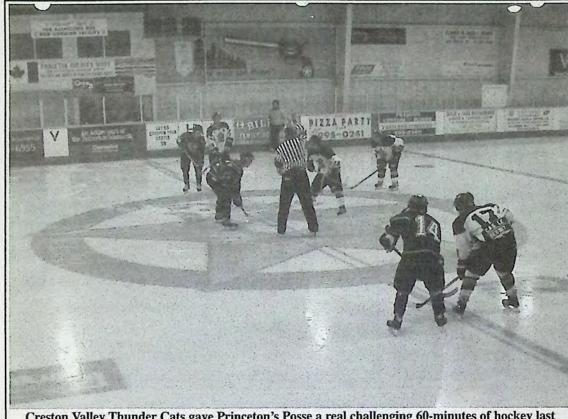
#### **Princeton Light & Power's CONTEST ENTRY FORM** Watch the Similkameen News Leader for your chance to win! You can win up to \$150.00 Credit on your PLP Account. Mail, fax, e-mail or drop a note off at the office explaining how you are taking control of your electricity. Remember shifting electricity "OFF PEAK" means we all win! Come into the PLP Office and pick up your Resource Kit explaining how you too can take control. GRAND PRIZE DRAW FOR \$150.00 PLP CREDIT ON OCTOBER 7th NAME: ADDRESS: PHONE: Mark one of the following - or - tell us how "YOU TAKE CONTROL" I try to run my electric clothes dryer during "OFF PEAK" hours. I try to run my electric clothes washer during "OFF PEAK" hours. I try to run my dishwasher during "OFF PEAK" hours. Week 4 Winner: I try to run my car's block heater during "OFF PEAK" hours. I water my garden and lawn during "OFF PEAK" hours. **Tom Parsons** Or tell us what YOU do to "TAKE CONTROL"

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Creston Valley Thunder Cats gave Princeton's Posse a real challenging 60-minutes of hockey last Saturday night at Princeton Arena. The Cats won 7 - 3.

It took a total of 54-seconds into Saturday night's game for Creston to score their first goal - a powerplay goal shortly after Princeton's Chad Randle was called for highsticking.

The balance of the period was quick and physical with a number of missed scoring opportunities, partly due to players being out of position.

A scuffle in front of the Creston goal at 16:41 sent three Posse players and two Thunder Cats to the penalty box, mostly with roughing after the whistle penalties.

It was at about this time the officials could no longer hide their confusion calling back players and switching players serving penalties. It was clear that they were no longer sure of who was doing what on ice.

Once play resumed action was high-spirited until Creston slipped another one past Princeton's Brad Fraser with 1:23 left.

Creston led 2 to 0 after one.

The Second Period saw Creston slam two more home at 2:57 and 4:32 into the frame.

Princeton finally managed to score their first goal at 7:04 when David Wyman found his target, with assists from Cody Devitt and Jessie Tresierra.

Two minutes later, at 9:20, Princeton added another from Chad Randle (assisted by Dave Wyman).

The period featured end-to-end action even though the officials continued to flub calls.

Creston had a two-man advantage 12-minutes into the period, but Princeton's penalty killing unit was able to hold the Cats at bay.

Creston did score two more goals, though. One at 14:17 and another at 15:23.

Frustration levels climbed and started to show on ice and behind the Posse bench but cooler heads prevailed.

After two periods, Creston was leading 6 to 2.

The Third period saw more netto-net action with Princeton scoring goal #3 at 1:05 into the frame.

Zach Big Swan got the credit with Chad Randle earning an

Creston added another goal 50seconds later.

Princeton scored what could have been Goal #4 at 6:46 but it was waved off and Cody Devitt earned a goalie interference penalty.

#### Period stats unavailable). Despite the score, both teams

misconduct.

were kept in the game by goaltenders making incredible saves and not giving up many rebounds.

It was the second such infraction

called during the game which saw

Princeton pressuring the Creston

waved off at 12:28 with Devitt

again blamed for the incident with

an interference penalty and game

Final score: Creston 7, Princeton

3. Princeton outshot Creston in the first two periods 28 to 11 (Third

Princeton had another goal

goalie throughout the game.

#### Princeton Posse 2005-2006 Season Schedule

OCT 7 - 7:30 PM - @ Castlegar OCT 8 - 7:30 PM - @ Spokane OCT 12 - 7:30 PM - @ Slcamous OCT 14 - 7:30 PM - @ Revelstoke OCT 15 - 7:30 PM - Osoyoos OCT 21 - 7:30 PM - @ Slcamous OCT 22 - 7:30 PM - Femie OCT 29 - 7:30 PM - @ Revelstoke

NOV 2 - 7:30 PM - Revelstoke NOV 3 - 7:30 PM - @ Nelson NOV 11 - 7:30 PM - Slcamous NOV 12 - 7:30 PM - Osoyoos NOV 13 - 2:00 PM - @ Summerland NOV 18 - 7:30 PM - @ Summerland NOV 19 - 7:30 PM - Osoyoos NOV 20 - 2:00 PM - Revelstoke NOV 25 - 7:30 PM - Summerland NOV 26 - 7:30 PM - GRevelstoke NOV 27 - 2:00 PM - Slcamous

DEC 2 - 7:30 PM - @ Sicamous DEC 3 - 7:30 PM - Columbia Valley DEC 9 - 7:30 PM - Revelstoke DEC 10 - 7:30 PM - Golden DEC 16 - 7:30 PM - @ Osoyoos DEC 18 - 2:00 PM - @ Summerland DEC 21 - 7:30 PM - Sicamous

JAN 4 - 7:30 PM - Summerland
JAN 6 - 7:30 PM - Slcarnous
JAN 7 - 7:30 PM - Slcarnous
JAN 13 - 7:30 PM - © Summerland
JAN 14 - 7:30 PM - © Summerland
JAN 14 - 7:30 PM - © Seaver Valley
JAN 20 - 7:30 PM - Osoyoos
JAN 21 - ALL-STAR GAME
JAN 27 - 7:30 PM - © Revelstoke
JAN 29 - 2:00 PM - © Osoyoos

FEB 3 - 7:30 PM - Revelstoke FEB 4 - 7:30 PM - @ Osoyoos FEB 10 - 7:30 PM - Summerland FEB 11 - 7:30 PM - Sleamous FEB 15 - 7:30 PM - Summerland FEB 17 - 7:30 PM - Revelstoke FEB 18 - 7:30 PM - @ Osoyoos FEB 24 - 7:30 PM - @ Sleamous FEB 25 - 7:30 PM - Sleamous

# tuesday movies

#### MORNING

7:00 am WTBS ③ ★★"Encino Man" (1992, Comedy) Sean Astin. Two Encino Valley teens unearth, defrost and befriend a lovable caveman in suburban California. ② 10:00 am CITY ② "Balls Up" (1997, Comedy) Albert Schultz. The director of a TV station's lottery program and a script assistant attempt to beat the lottery. ② (DVS)

beat the lottery. (C) (DVS)

:30 am A&E (9)

\*\*\*\*

\*\*Superman II" (1980,

Fantasy) Christopher Reeve. A

nuclear explosion frees three superimprisoned by Superman's kryptonian father.

#### **EVENING**

8:10 pm WTBS 3 \*\*"Analyze That" (2002, Comedy) Robert De Niro. A mobster is released into the custody of his ex-psychiatrist and becomes a consultant on a Mafiathemed TV show. 

9:00 pm FAM 26 \* \*"Larger Than Life" (1996, Comedy) Bill Murray. A man embarks on a troublesome

cross-country journey accompanied

by the pesky pachyderm he inherited from his father.

10:06 pm CITY ★★"Commandments" \* \* "Commandments" (1997,
Comedy-Drama) Aidan Quinn. A distraught and suicidal man chooses to
express his utter loss of faith by
breaking each of God's Ten
Commandments.

10:10 pm WTBS (3)
\* \* \* "Analyze This" (1999,
Comedy) (PA) Robert De Niro. A psychiatrist cannot refuse to help one of
New York's most-feared mobsters get

New York's most-feared mobsters get over his anxiety attacks.

# wednesday movies

#### MORNING

7:00 am WTBS ③ ★★ "Analyze This" (1999, Comedy) (PA) Robert De Niro. A psychiatrist cannot refuse to help one of New York's most-feared mobsters get over his anxiety

attacks. (E)

10:00 am CITY (29) \*\*"French
Silk" (1994, Mystery) Susan Lucci.
A homicide detective is torn between suspicion and overwhelming attraction for his murder suspect, a lingerie designer.

6:00 pm CITY 29 "Bring It On Again" (2004, Comedy) Anne Judson-Yager. Premiere. Two col-lege cheerleaders form their own

squad and prepare to compete against the varsity team. ∰ 8:10 pm WTBS ③ ★★"Kate & Leopold" (2001, Romance) Meg Ryan. A 19th-century nobleman who fell through a time portal charms his way into the heart of a 21st-century 9:00 pm FAM 26 \*\*\* A FISh Called Wanda" (1988, Comedy)
John Cleese. A London lawyer
becomes enmeshed in a series of
double-crosses by a gang of jewel
thieves in search of hidden loot.

10:06 pm CITY 29 \*\*Black Dog"
(1998, Action) Patrick Swayze. A
truck driver discovers that he is
hauling AK-47s when armed attackers attempt to steal his cargo. (E)

ers attempt to steal his cargo. 
10:40 pm WTBS 3 \*\* \* "Kate & Leopold" (2001, Romance) Meg
Ryan. A 19th-century nobleman who fell through a time portal charms his way into the heart of a 21st-century cynic.

Weather? Updated Hourly...

Road Reports? Updated Daily...

www.thenewsleader.ca

### **Princeton Curling Club NOTICE OF AGM**

7 PM Wednesday, October 19th All Curlers Are Urged To Attend!

Curlers please contact the following people as soon as possible to register your interest in curling in a particular league.

Leagues may possibly begin the last week of October.

MONDAY LADIES Mary Gunn - 295-3719

**TUESDAY MENS** Ian Elko - 295-6122, Rob Marshall - 295-3319

> WEDNESDAY LADIES Carol McDonald - 295-6798, Marg Ovington - 295-6188

THURSDAY SENIORS - 11:00 AM & 1:00 PM **Tip Anderson - 295-3369** 

THURSDAY MIXED Coordinator Required Interested? Contact Rosemary 295-3706

> JUNIORS - Grade 4-7 Wanda Marshall - 295-3319

Ice is available for rental by Groups and Organizations. Contact Secretary Rosemary Clarke 295-3706

UPCOMING SPECIAL EVENTS Mens Bonspiel - February 3, 4, 5, 2006 Ladies Bonspiel - February 17, 18, 19, 2006 Mixed Bonspiel - March 3, 4, 5, 2006

# Just The Fax, Ma'am!

### Cover2Cover Bookkeeping & Office Services



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#### **TUESDAY, OCTOBER 4, 2005**

. 4		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ ⑦	KREM 8	A&E	KXLY	BCTV	CITV	YTV	TSN 19	VTV	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
	AM	Dawson's	News 🔞	(Off Air)	Stretch	News (IE)	News	(5:30)	(5:00) News		(5:00) News			News 🔞	Daily	Bellevers	King (E)	News	Maury (6)	Hillbillies
6	:30	Creek 🖫	Body		Dragon			Movie: "Superman	Œ	(Live) III	(Live) (E	Mona	tre 🖽	Canada	Planet @	Pald Prog.	Spider-Man	Calvin, Miller.		Hillbillies
-	AM	Movie:	Life Today	BluesClues	Clifford		The Early	II* (1980)	Good			Winx Club	SportsCen	AM E	Super	Sabrina	Kim	News (E)	CityLine	Rockford
1	:30	"Encino · Man"	100 Huntley	Dora	Arthur (EI)	and Ronde Barber;	Show (E)	Christopher Reeve.	Morning America			Jacob	tre @		Ships @	Charles	Recess		Œ	Files
0	AM	(1992)	Street (N)	Hi-5	Barney	Toni		Investigati	Œ		100	Neutron	SportsCen		Monster	Paid Prog.	Weekend	V 1	In Fashion	The second secon
0	:30	Sean Astin.	Poko	Timothy	Boohbah	Collette; fall hairstyle;		ve Reports	100		Huntley Street (N)	Mischlef	tre @		Garage 🖫	Pald Prog.	Lilo Stitch		Seinfeld	"The Thief"
9	AM :30	Becker Becker	Save-Umst Doodlebop	(8:50) Berenstain Bears (E)	Sesame Street (N) (EI)		Discover Discover	City Confidenti at @	Regis and Kelly	100 Huntley Street (N)	World Vision @	LazyTown Monster	Off-Record Fishing	Regis and Kelly	Daily Planet @	Fam. Feud Fam. Feud	Benj Bear McDonald	Maury IE	News (III) City	Magnum, P.I. (E)
	AM	Cosby	The Price	Little Bear	Reading	Ellen	The Price	American	The View	World	Room	Rupert	Triathlon:	The View	Building	Starting	Mermald	Jerry	Movle:	News 📧
0	:30	Cosby	Is Right (6)	Paddington	Lions	DeGeneres Show	ls Right @	Justice	(ध)	Vision @	Diva Dime	Monsters	ITU	EE .	Building	Over (N)	PB&J Otter	Springer (N) (E)	"Balls Up" (1997,	
-4	AM	Harvey	Coronatn	Page Carlot Control of the Control o	Mr Rogers	The Tyra	CAPACCO CALLO CULTO	Sell House	Pald Prog.	The Insider	27-9-2020-12 75-0-71	Hamtaro	1 draft congruences	Balance-TV	THE REPLEKTION FOR	Montel	Henrys	Blind Date	Comedy)	Magnum,
1	:30	Home Imp.	Coronatn	Instruction	Sit-Be Fit		the Restless	Movle:	Paid Prog.	Diva Dime	(Live) @	Fly Rhino	Racing	Balance-TV	s Œ	Williams (N)	King @	Blind Date	Albert Schultz.	P.I. Œ
_	PM	Drew	News		Charlie	Pald Prog.	News	"Superman II" (1980,	All My	News @	Days of	Oddparent	WWE	Dally	Anatomist	Perry	Lilo Stitch	Maury 📧	CityLine	Da Vinci's
2	:30	Drew	(Live) @	Imprint	Rose @	Pald Prog.	Bold & B.	Fantasy)	Children		our Lives	Mischlef	Monday Night Raw	Bold & B.	8	Mason	Aladdin		Œ	Inquest (II)
	PM	Yes, Dear	Days of	Foot Notes	Wonderful	Carlot A. St. Printer.	As the	Christopher Reeve. [tt]	One Life to	1997 St. 10-10-5	As the	Care Bears		Vicki G.	Frontiers	Matlock (tt)	Hoze	Jerry	Relic	Cosby
1	:30	Yes, Dear	our Lives	Planet	America		World Turns	1100101 222	Live Œ	World Turns	World Turns	George S.		Vicki G.	of		Mouse	Springer	Hunter ((C)	Cosby
	PM	Home Imp.	Tom Stone	Gaslight	Berenstain		Gulding II	ACCURATE AND ADDRESS OF THE PARTY OF THE PAR	General	Passions	Passions	Mona		General	How-Made	Love Lucy	Dalmatian	Eye Eye	Ellen	Moesha
2	:30	Friends	<b>(E)</b>	Entrada	Dragon	<b>EE</b>	Light (E)	ve Reports	Hospital	<b>(6)</b>	(E)	LazyTown	7	Hospital	How-Made	Love Lucy	Fillmore	Eye Eye	DeGeneres Show	Moesha
-	PM	Seinfeld	Starting	Timothy	Postcards	Brown	Dr. Phil	City	The Tony	Young and	Young and	Jacob	Off-Record	COS	Ultimate	Montel	Weekend	Pokémon	News (t)	Home Imp.
3	:30	Seinfeld	Over (N)	Dora	Arthur (EI)	Brown		Confidenti	Danza Show	the Restless	the Restless	Battle	Sports		Ten	Williams	Lloyd	Batman		Home Imp.
-	PM	Raymond	Simpsons	Sagwa	Cyberchas	Judge J.	Oprah	American	Millionaire	Oprah	News (	Tn-Titans	Hockey	The Tyra	Dally	Little	Barbarian	Xiaolin	Sex & City	Funnlest
4	:30	Raymond	Malcolm	George S.	Zoboo	Judge J.	Winfrey @	Justice	Millionaire	Winfrey @	News (E)	Being lan	Reporters	Banks Show	Planet @	House	Proud	Cybertron	Friends	Home Videos
A	PM	Friends	News	Madeline	BBC World	News 📧	News	Cold Case	News @	News 🔃	News EE	Oddparent	NHL on	News 🔃	How-Made	MLB	Kim	Sabrina	The	Da Vinci's
5	:30	Friends	(Live) (CC	Arthur	Business	NBC News	CBS News	Files (II)	ABC News	Global	Global	SpongeBob	TSN: Season		How-Made	Baseball: American	Lizzie	My Wife	Collector	Inquest @
	PM	Sex & City	Will-Grace	Heads Up	News-	News (III)	News	Dog	News 🖾	News	Entertain.	Being lan	Preview	News (E)	American	League	Even	My Wife	Supernatur	
6	:30	Sex & City	'70s Show	Dotto Tech	Lehrer	Raymond	Hollywood	Dog	News (E)	(Live) Œ	Entertain	Mystery	(Live)		Chopper	Division Series	Darcy	Friends	al (N) @	Inquest @
	PM	Seinfeld	Fortune	Parks	Nova (N)	Jeopardy!	Seinfeld	Airline (#)	Entertain	Entertain	Gilmore	Drake	SportsCen	eTalk Daily	American	Game 1	So Raven	Raymond	Wanted [6]	WGN
7	:30	Seinfeld	Jeopardyl	Rivers	區 (DVS)	Fortune	Friends	Airline (6)	The Insider	Entertain.	Girls (N)	Prank Ptrl	tre (Live)	Hollywood	Hot Rod	Teams TBA	Smart Guy	Raymond		News at Nine
_	РМ	Movle:	Mercer ·	Masterplec	Charles and the second	The	NCIS "Mind	\$45,600 to 100,000 \$100 to	Jim	Bones @	Bones @	SpongeBob		Close to	Daily	News	Radio Free	Company of the Compan	News 🔃	Sex & City
8	:30	"Analyze That"	ТВА	e	Gauntlet	Biggest Loser (N)	Games" (N)	Jordan 📧	Rodney (N)			Sabrina	In Corner	Home "Pilot"	Planet @	'70s Show	Boy World	Girls (N)	Star! Daily	Becker
9	PM :30	(2002) Robert De Niro.		With Glowing Hearts	Frontline (N) (E)		Amazing Race	Cold Case Files III	Command er in Chief (N)	House @	House @	Yvon Factory	Poker Champ.	Amazing Race	American Chopper	Frasier '70s Show	Movie: "Larger Than Life"	Supernatur al (N) @	Jimmy Kimmel Live (N)	Da Vinci's Inquest @
0	PM	Movie:	The	Foot Notes	Personal Control of the Control of t	Law &	Close to	Dog	Boston	Gilmore	News @	My Family	Poker	Law &	American	News	(1996)	KTLA	Movie:	Funnlest
U	:30	"Analyze This"	National	Imprint	Machine	Order: SVU	Home "Pilot"	Dog	Legal (N)	Girls (N)	Sports (E)	Bob	Champ.	Order: SVU	Hot Rod	Will-Grace	O'CO GALLANI	Prime News @	"Command ments"	Home Videos
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	:30	Robert De Niro.	Practice	Moving On	Rose (N)	Tonight	Late Show	Airline III	Nightline		Entertain.	Gundam	tre (Live)	News [tt]	How-Made	Becker	Caneu Life	Friends	Quinn.	Elimidate

#### WEDNESDAY, OCTOBER 5, 2005

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ΔΛ	Movie:		BluesClues		Today	The Early	Bunch" (E)	Good	1	1	Winx Club	SportsCen	AM @	Ocean	Sabrina	Kim	Miller. News [tc]	CityLine	Rockford
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0	Becker	Doodlebop	Berenstain Bears @	Street (EI)		Discover	Confidenti	Kelly	Huntley Street (N)	Vision @	Monster	Motoring	Kelly	Planet @	Fam. Feud	McDonald		City	P.I. (#)
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1 :3	Home Imp.	Coronatn	Sustain	Sit-Be Fit	Banks Show	the Restless	Airline @	Paid Prog.	House	(Live) @	Fly Rhino	[8]	Balance-TV	Ruled	Williams (N)	King @	Blind Date	Lucci. [6]	P.I. Œ
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	0 Drew		Scattering	(C)		Bold & B.	Bunch" (E	(t)		[23]	Beasts	Racing:	Bold & B.	Ancestors		Aladdin	learni .		
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	MRaymond	News	Madeline	BBC World	News @	News	Dog	News @	News (t)	News 📧	Oddparent	NHL	News @	Nostradam	Malcolm	Kim	Sabrina	Next Top	Race Car
5 .	Raymond	(Live) ©	Arthur	Business	NBC News	CBS News	Dog	ABC News	Global	Global	SpongeBob	Hockey: Flames at		us: Beyond	King of Hill	Lizzie	My Wife	Model	Race Car
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6	Raymond	'70s Show	Ports	Lehrer	Raymond	Hollywood	Inked @	News @	(Live) 🖭	Entertain	Mystery	Senators at Maple		Worlds	'70s Show	Darcy	Friends	"Bring It On Again"	[6]
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1 3	Sex & City	Jeopardy!	Edge	Performan ces (N)	Fortune	Friends	Angel	The Insider	Entertain.	Instinct (N)		NHL Hockey:	Hollywood	Pack"	'70s Show	Smart Guy		(2)	Nine
	Movie: "Kate &	The Nature of Things	Hot Rocks: Geology	Making Schools	App.: Martha	Still	Crossing Jordan @	George Lopez (N)	App.: Martha	App.: Martha	SpongeBob	Avalanche	Invasion "Watershed	Daily Planet (E)	You Can Dance	Radio Free		News @	Sex & City
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~ P	M (2001, Romance) Meg Ryan.	the fifth estate (6)	Science	Œ	E-Ring (N)	Criminal Minds (N)	Dog Dog	Lost *Orientation * (N)		E-Ring (N)	Yvon 15/Love	Canucks	*Orientation " (N)	MythBuste rs 🕮	Nanny 911 (N) @		Œ	Jimmy Kimmel Live (N)	Da Vinci's Inquest
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4 P	M "Kate & Leopold"	News [	Scattering	Daca (NI)	News (f)	News	Angel	News [ff]	News Œ	Entertain	Inuyasha	SportsCen	Mark Street	Nostradam us:	Sex & City	My So- Called Life	Sex & City	(1998) Patrick	Elimidate
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#### **Regular Meetings**

Otter Valley Fish & Game Club regular neetings 3rd Saturday of month, noon, at

Similkameen Christian Riders meet at he A&W every Wednesday evening at 6 pm for a ride. To join, show up
\* Princeton Writers Group meets every

second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue

\* Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room PGH/Ridgewood Lodge Foundation

neets 2nd Monday, 12:15 Hospital Boardroom

\* Hedley Library open 2-7pm Thursdays \* Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673 \* Princeton Rifle and Revolver Club

meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in he Cultural Centre. 295-6150.

Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.

Princeton Chamber of Commerce meet very 3rd Thursday at Chamber office 7 pm \* Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall

Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena

Southern Cruisers Similkameen Chapter #53 meets for rides every

hursday night Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in

Chamber of Commerce meeting room. Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board

Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the

Chamber of Commerce meeting room.

• Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.

 Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.

Princeton Area BEA meets the 3rd Thursday of the month. 7:00 PM, Skills

Online Classified Ads:

#### Similkameen News Leader **Community Calendar**

#### OCTOBER

10 - Thanksgiving Day

15 - Princeton Posse Game vs. Osoyoos, 7:30 PM

21 - School District Pro-D Day

22 - Princeton Posse Game vs. Fernie, 7:30 PM

22 - Taste of Our Valley, Keremeos

26 - School Board Meeting, 7 PM, Princeton Office

31 - Halloween Spook House, Princeton Fairgrounds

#### NOVEMBER

2 - Princeton Posse Game vs. Revelstoke, 7:30 PM

10 - Princeton Schools - Pro-D Day

11 - Princeton Posse Game vs. Sicamous, 7:30 PM

11 - Remembrance Day

12 - Princeton Posse Game vs. Osoyoos, 7:30 PM

19 - Princeton Posse Game vs. Osoyoos, 7:30 PM

20 - Princeton Posse Game vs. Revelstoke, 2:00 PM

25 - Princeton Posse Game vs. Summerland, 7:30 PM

27 - Princeton Posse Game vs. Sicamous, 2:00 PM

#### DECEMBER

3 - Christmas Arts & Crafts Fair, Keremeos

3 - Princeton Posse Game vs. Columbia Valley, 7:30 PM

7 - School Board Meeting, 7 PM, Princeton Office

9 - Princeton Posse Game vs. Revelstoke, 7:30 PM

16 - Last day of School before Winter Vacation

25 - Christmas

#### JANUARY

1 - New Years Day

3 - Schools re-open after Winter Break

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details! ads@thenewsleader.ca

### Horoscopes October 5 - 12, 2005

Aries - Money picture changes for the better. Others share their wealth with you. Travel may inspire you to do things differently. Listen to partner, good friend. Interact with others for fun. Enjoy! Taurus - Somebody could bring you a gift or pleasant surprise this weekend. Count on long discussions with others, share ideas. Health remains good. Balance energy to stay at top level. Avoid alcohol, drugs. Gemini - Your partner and good friends make this a great weekend for you. Your health is good, you can enjoy yourself. Worries subside, and you may feel a little bit lazy. Good! You need to relax. Cancer - You clear up chores around home and related to family concerns. This weekend, you just want to have fun! Health improves, you feel like doing a lot of things. Money picture seems better now. Budget! Leo - You begin the week with a lot of communicating. You hear news, you give information. Family may visit for a weekend of fun. Career changes subtley causing tensions at home. This will ease. Virgo - You look forward to a lot of fun with family this weekend. Money picture is better. You can have a heart to heart talk with a sibling now. Avoid alcohol and drugs - you are too dreamy. Focus mind. Libra - Tensions may arise over resources you share with others, or over mortgage, debts or investments. Look for change through siblings or through information sources. Sibling brings weekend fun. Scorpio - The time has come to express what's on your mind. This weekend, you can speak the truth in a pleasant way. Partner, friend, may cause tension due to money matters. Situation is changing. Be alert. Sagittarius - You are in your element this weekend. A good mood carries you through. Try to relax, have fun, avoid tension. An idea you dream up on Saturday should be written down and explored. Capricorn - Use weekend to make plans. You can gain from discussions, news, information. New phase begins soon. Debts, mortgage weigh heavily on your mind. Matters improve in new year. Relax! Aquarius - Everything seems to be in "flow" for you this week. News may come from parent, employer, this weekend. Changes occur. Partner, friends, seem distant. Tension centers on family. Pisces - You feel tired and old, and your job seems to weigh you down now. This will change next week, and you will begin to feel much better by the end of the month. Enjoy this weekend. Find some fun!

## thursday movies

#### MORNING

7:00 am WTBS 3 \*\*High School High" (1996, Comedy) Jon Lovitz. An idealistic teacher leaves a comfortable position at a private school to turn inner-city hoodlums into scholars. (E)

10:00 am CITY 29 \*%"The Odd Couple II" (1998, Comedy) Jack Lemmon. Oscar and Felix experience several misadventures when they reunite in Los Angeles for their

they reunite in Los Angeles for their children's wedding. [6]

5:00 pm WGN ③8 ★★%"Grand Canyon" (1991, Drama) Danny Glover. Racial tensions and societal

Glover. Racial tensions and societal differences complicate a white lawyer's friendship with a black towtruck driver. (In Stereo) (£) 5:30 pm CITY (29 \* \* "Daddy Day Care" (2003, Comedy) Eddie Murphy. Premiere. Two unemployed fathers incur the wrath of a prestigious academy's headmistress when they open a childcare facility. (£)

#### **EVENING**

6:00 pm WTBS 3 \*\*"The Wedding Planner" (2001, Comedy) Jennifer Lopez. A wedding planner is

shocked to learn that the man with whom she shared a romantic date is her biggest client's fiance. 
8:15 pm WTBS ③ ★ \* "The Wedding Planner" (2001, Comedy) Jennifer Lopez. A wedding planner is shocked to learn that the man with whom she where the comparts date.

shocked to learn that the man with whom she shared a romantic date is her biggest client's fiance. (E)
9:00 pm FAM. (26) \* \* "I'll Do Anything" (1994, Comedy) Nick Nolte. A struggling actor is reunited with his precocious young daughter after his ex-wife is sentenced to jail.
10:06 pm CITY (29) \* \* "Two Girls and a Guy" (1997, Comedy) Robert Downey Jr. Two young women decide to force their mutual boyfriend to explain why he maintains relation-

to explain why he maintains relationships with each of them. 
10:15 pm WTBS (3) \*\* \* "The Pelican Brief" (1993, Suspense) (PA) Julia Roberts. A law student is marked for murder after she writes a brief concerning the deaths of two Supreme cerning the deaths of two Supreme Court justices.

### friday movies

#### MORNING

7:00 am WTBS 3 \*%"Hardball" (2001, Drama) Keanu Reeves. A self-

(2001, Drama) Keanu Heeves. A selfish gambler works off his debt by
coaching a baseball team comprised
of underprivileged youths. 

10:00 am CITY 

10:00 a

#### **AFTERNOON**

5:00 pm WGN [38] \*\*%"The Elite" (2000, Action) Jürgen Prochnow. A Marine officer trains five orphans of a terrorist attack as special agents whose mission is to combat terrorism. (In Stereo)

#### **EVENING**

6:00 pm WTBS 3 \*\* %"The Replacements" (2000, Comedy) Keanu Reeves. A motley crew of aspiring athletes gets a chance to play professional football when league players go on strike. (E) CITY 29"Johnny Tootall" (2005, Drama) Adam Beach. Premiere. An American Indian activist and his brother go head-to-head when violence puts them on opposite sides of

lence puts them on opposite sides of the law. (CDVS)

7:30 pm FAM (26) \*\* \*"Hook" (1991, Fantasy) Robin Williams.

Steven Spielberg's update of Peter Pan finds adult Peter back in Neverland to rescue his children from Captain Hook.
8:00 pm KNOW (5) "Kings in Grass Castles" (1998, Drama) (Part 1 of 2) Stephen Dillane. Chronicling 75 years in the lives of an Irish family who established roots in 19th-century who established roots in 19th-century Australia.

(2001, Drama) Keanu Reeves. A self-ish gambler works off his debt by coaching a baseball team comprised

coaching a baseball team comprised of underprivileged youths. 
9:55 pm FAM ② \*\*"Terminal Velocity" (1994, Adventure) Charlie Sheen. A sky diver is pulled into a deadly game of espionage when he attempts to clear his name in the death of a student.

10:06 pm CITY ② "Voyeur: A Little Kink" (2001, Adult) Chloe. Premiere. Sexy tales, including "Seduction," "A Little Kink" and "Legal Briefs," © 11:37 pm FAM ② \*\* \*"Family Business" (1989, Comedy-Drama) Sean Connery. A businessman is reluctantly drawn into a high-tech heist masterminded by his son and his roguish

terminded by his son and his roguish

### Similkameen News Leader Recipe Corner (Recipe #84)

### **Toasted Pumpkin Seeds**

- 2 cups pumpkin seeds

- 1 1/2 tbsp. melted butter or oil

- 1 1/4 tsp. salt

Remove fibre from unwashed pumpkin seeds. Measure seeds and add butter and salt. Spread them in a shallow pan. Bake at 250-degrees about 30-minutes or until crisp and brown. Stir occasion-

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

### THURSDAY, OCTOBER 6, 2005

		WTBS	CHBC 4	KNOW	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV 12	YTV (18)	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA	CITY	WGN 38
_ /	AM C	Dawson's	News 🖾	(Off Alr)	Stretch	News 📧	News	Blography	(5:00) News		(5:00) News			News @	Dally	Bellevers	King (E)	News	Maury @	Hillbilles
6	30	Creek 🖭	Body		Dragon				œ	(Live) 匪	(Live) I	Mona	tre 🖫	Canada	Planet @	Pald Prog.	Spider-Man	Calvin, Miller.		Hillbillies
_ /	AM I	Movie:	Life Today	BluesClues	Clifford	Today	The Early	Bio.	Good			Winx Club	SportsCen	AM @	Nature of	Libertys	Kim	News (E)	CityLine	Rockford
1		High School	100	Dora	Arthur (EI)	Elizabeth Marquardt;	Show @	-	Morning America		l k	Jacob	tre 📧		the Beast	Charles	Recess		<b>E</b>	Files
0	AM		Huntley Street (N)	HI-5	Barney	Jill	- 1	Investigati	Œ		100	Neutron	SportsCen		CONTRACTOR AND	Paid Prog.	Weekend		Close-Up	Matlock 3
8		1996) Jon ovitz.	Poko	Timothy	Boohbah	Hennessy; Mark		ve Reports			Huntley Street (N)	Mischief	tre 🖭		rs "Jet Pack"	Paid Prog.	Lilo Stitch		Seinfeld	
a		Becker Becker	Save-Umsl Doodlebop	(8:50) The Berenstain Bears	Sesame Street (EI)	Feuerstein.	Discover Discover	City Confidenti al @	Regis and Kelly	100 Huntley Street (N)	World Vision @	LazyTown Monster	Off-Record I'd Do	Regis and Kelly	Daily Planet @	Fam. Feud Fam. Feud		Maury (E)	News (III)	Magnum, P.I. @
10	AM C	cosby	The Price	Little Bear	Reading	Ellen	The Price	American	The View	World	Room	Rupert	Anything	The View	Nature of	Starting	Mermald	Jerry	Movie:	News (II)
0	:30	Cosby	Is Right 🖭	Paddington	Lions	DeGeneres Show	Is Right 🕮	Justice	Œ	Vision @	Diva Dime	Monsters	Golf Pre	Œ	the Beast	Over (N)	PB&J Otter	Springer (N) @	"The Odd Couple II"	
1-1		larvey		Beyond the Blues	Mr Rogers	The Tyra Banks	Young and the	Family	Paid Prog.	The Insider	All the second	Hamtaro	PGA Golf: WGC	Balance-TV	The Most Extreme	Montel Williams	Henrys	Blind Date	(1998,	Magnum, P.I. "I Do?
_		lome Imp.		(E)	Sit-Be Fit	Show	Restless	Family	Pald Prog.	Diva Dime	(Live) @	Fly Rhino	American	Balance-TV	Œ)	(N)	King @	Blind Date	Comedy)	P.I. TOOT
9	PM		News (Live) (E)	Reach-Top	Charlle Rose (6)		News	Biography	All My Children	News @	Days of our Lives		Express Champions	Dally	Killer Bees	Perry Mason	Lilo Stitch	Maury 📧	CityLine	Da Vinci's
	30			Animals			Bold & B.		<b>(E)</b>	10000	(1)	Mischief	hip First	Bold & B.			Aladdin			
1	-	es, Dear	our I lyne	Scattering	Painting		As the World	Bio.	One Life to	As the World	As the World	Care Bears	Round. (Live)	Vicki G.	Nostradam us:	Matlock @	Hoze	Jerry Springer	Relic Hunter (3)	Cosby
	-	es, Dear	(E)	Planet	Needle Art	(3)	Turns		No.	Turns	Turns	George S.	(Cive)	Vickl G.	Beyond		Mouse	[66]		Cosby
2		lome Imp.	Tom Stone	Gaslight	Mr Rogers	Passions (E)	Guiding Light @	Investigati ve Reports	General Hospital	Passions	Passions	Mona		General Hospital	Mysterious Worlds		Dalmatian	Eye Eye	Ellen DeGeneres	Moesha
100		riends		Designer	Dragon				(13)			LazyTown	1000	(I)		Love Lucy	Fillmore	Eye Eye	Show	Moesha
3		Seinfeld	Starting Over (N)	Timothy	Postcards	Page High	Dr. Phil	City	The Tony Danza	Young and the	Young and the	1	Off-Record	Dr. Phil	How-Made	Montel Williams	Weekend	Pokémon	News 🔃	Home Imp
		Seinfeld	(E)	Dora	Arthur (EI)	Brown		al (tt)	Show	Restless	Restless	Battle	Sports		How-Made	Œ	Lloyd	Batman		Home Imp
Λ		Raymond	Simpsons	Sagwa	Cyberchas	Judge J.	Oprah Winfrey (E)	American Justice	Millionaire	Oprah Winfrey @	News @	Tn-Titans	NHL Hockey:	The Tyra Banks	Planet (C)	Little House	Barbarlan	Xlaolin	Sex & City	Funniest Home
	C 10	Raymond	Malcolm News	George S.	Zoboo	Judge J.	Name	Cald Case	Millionaire		News 🖽	Dragon		Show	Constant	MI D	Proud	Cybertron	Friends	Videos
E		riends	(Live) (E	Madeline	BBC World Business		News CBS News	Cold Case	News @	News @	News @	Oddparent SpongeBob	Canadiens at New York	News (E)	Greatest Ever	MLB Baseball:	Kim	Sabrina My Wife	Chris Movie:	Movie: "Grand
		Movie:	Will-Grace	Swap TV	News-	News (E)	News	Cold Case	News @	News	Entertain.	Being lan	Rangers. (Live)	News @	Megabulid	National League	Even	My Wife	"Daddy Day	Canyon* (1991)
6	200	The		Reach-Top	Lehrer	MAKU ST	Hollywood	Files @	News (E)	(Live) III	Entertain	Mystery	Sports	News LE	ers	Division	Darcy	Friends	Care" (2003)	Danny
		Vedding Planner*	Fortune	Wilderness	America's		Seinfeld	The First	Entertain	Entertain	Without a	Ghost	Women's	eTalk Daily	U-352	Series Game 2	So Raven	Raymond	Eddie	Glover, WGN
7		2001) 📧	Jeopardy!	Journeys	Landlocke		Friends	48 (N) Œ	The Insider	Entertain.	Trace	Oracle	Hockey:	Hollywood	1	Teams TBA	Smart Guy	Raymond	Murphy. MovleTV	News at
	РМ (	8:15)	Joey (N)	ВС	Mystery:	Joey (N)	Survivor:	Crossing	Alias "1	Survivor:	"Safe" Survivor:	SpongeBob	Canada vs. United	То Ве	Dally	News	Radio Free	Smallville	News [E]	Nine Sex & Cit
8		Movie: The	Will-Grace	Chronicles	Holmes	Will-Grace	Guat	Jordan @	" (N) 🖭	Guat	Guat	Sabrina	States. From	Announce	Planet @	'70s Show	Boy World	"Mortal" (N)	Star! Daily	Becker
a	PM F	Vedding Planner" 2001) @	Head Cases "Pilot" (N)	Himalaya- Palin	Battlefield (Part 1 of 2)	The Apprentice (N) @		Cold Case Files @	Night Stalker (N)	The Apprentice (N) (E)	The Apprentice (N) (E)	Yvon Prank Ptri		CSI: Crime Scn	Greatest Ever	Frasler '70s Show	Movie: "I'll Do Anything"	Everwood (N) 🖭	Jimmy Kimmel Live	Da Vinci's Inquest 3
0	M M	Movie: The Pelican	The	Science Food	Soundstag e (N) 🖽	(9:59) ER	Without a Trace "Safe"	Cold Case Files (E)	Primetime	Without a Trace "Safe"	News (E)	My Family Bob	Gridiron Stars	(9:59) ER (N) (E) (DVS)	U-352	News Will-Grace	(1994) Nick Nolte.	KTLA Prime News (cc	(10:06) Movle: "Two Girls	Funniest Home Videos
9-0	PM	Brief"	News E	Season of the Child	Charlle Rose (N)	News @	News Late Show	The First	News @	News @	Entertain Entertain,	Inuyasha	SportsCen tre (Live)	News @	Megabulld ers	Sex & City Becker	My So- Called Life	Sex & City	and a Guy" (1997) @	Elimidate

#### FRIDAY, OCTOBER 7, 2005

	WTBS	CHBC	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY 10	BCTV	CITV	YTV 18	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
	M Dawson's	News @	(Off Alr)	Body Elec.	News 🔃	News	Third	(5:00) News		(5:00) News	Hamtaro	SportsCen	News Œ	Daily	Believers	King @	News	Maury (	Hillbilles
0	30 Creek 🖽	Body		Dragon			Watch (tt	Œ	(Live) Œ	(Live) [E	Mona	tre @	Canada	Planet @	Paid Prog.	Spider-Man	Calvin, Miller.		Hillblilles
_ /	Movie:	Life Today	BluesClues	Clifford	Today How		Third	Good			Winx Club	SportsCen	AM @	Kalahari	Libertys	Kim	News 🔃	CityLine	Rockford
1 :	30 "Hardball" (2001)	100	Dora	Arthur (EI)	to deal with a child who	Show (tt)	Watch @	Morning America			Jacob	tre @			Charles	Recess		Œ	Files
~ ′	AM Keanu	Huntley Street (N)	HI-5	Barney	is a bully;		Third	Œ		100	Neutron	SportsCen		American	Pald Prog.	Weekend		At Movies	Matlock
8	Reeves. (E)	Poko	Timothy	Teletubbs	Jennifer Weiner. (ff)		Watch @		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Huntley Street (N)	Brady's	tre @		Hot Rod	Paid Prog.	Lilo Stitch		Seinfeld	"The Ex"
0	M Becker	Save-Ums!	(8:50)	Sesame		Discover	City	CONTRACTOR OF THE PARTY OF THE	100	World	LazyTown	Off-Record	March Control Control Control	Daily	Fam. Feud	Feet	Maury @	News (#)	Magnum,
9	30 Becker	Doodlebop	Berenstain Bears (tt)	Street (EI)		Discover	Confidenti	Kelly	Huntley Street (N)	Vision Œ	Monster	I'd Do	Kelly	Planet @	Fam. Feud	McDonald		City	P.I. @
	AM Cosby	The Price	Little Bear	Reading	Ellen	The Price	Amer.	The View	World	Room	Rupert	Anything	The View	How-Made	Starting	Sing-Story		Movie:	News 🖽
0	30 Cosby	Is Right @	Paddington	Lions	DeGeneres Show	Is Right @	Justice	Œ	Vision @	Diva Dime	Monsters	Golf Pre	(E)	How-Made	Over (N)	PB&J Otter	Springer (N) (C)	"Daddy Day Care"	
	AM Harvey	Coronatn	Sew Fun	Mr Rogers	The Tyra	Young and		Paid Prog.	The Insider	Port to which have been	Hamtaro	HE RESIDENCE TO SELECT THE RESIDENCE OF	Balance-TV	TACCION A	Montel	Henrys	Blind Date	(2003)	Magnum,
1	30 Home Imp.	Coronatn	Thimbles	Sit-Be Fit		the Restless	Watch @	Pald Prog.	Diva Dime	(Live) @	Fly Rhino	WGC American	Balance-TV	Fighters "Police"	Williams (N)	King 🔃	Blind Date	Eddie Murphy.	P.I. @
2	PM Drew	News	Dotto Tech	Charile		News	Third	All My	News 🖽	Days of	Oddparent	Express	Daily	Greatest	Perry	Lilo Stitch	Maury 🔃	CityLine	Da Vinci's
2	30 Drew	(Live) @	SportFish	Rose (f)	Pald Prog.	Bold & B.	Watch @	Children		our Lives	Brady's	Champions hip	Bold & B.	Ever	Mason	Aladdin		Œ	Inquest @
, 1		Days of	Router	Art		As the	Third	One Life to		As the	Care Bears	Second	Vicki G.	Megabuild	Matlock @	Hoze	Jerry	Relic	Cosby
1	30 Yes, Dear	our Lives	Planet	Beads Bbl		World Turns	Watch @	Live @	World Turns	World Turns	George S.	Round. (Live)	Vickl G.	ers		Mouse	Springer	Hunter (6)	Cosby
	M Home Imp.		Gaslight	Berenstaln		Gulding	Third	General	Passions	Passions	Mona	(2.0)	General	U-352	Love Lucy	Dalmatian	Eye Eye	Ellen	Moesha
2	30 Friends	(E)	Quiet Mind	Dragon	Œ	Light @	Watch @	Hospital	Œ	<b>G</b>	LazyTown		Hospital		Love Lucy	Fillmore	Eye Eye	DeGeneres Show	Moesha
	PM Seinfeld	Starting	Timothy	Postcards	Brown		City	The Tony		Young and	Jacob	Off-Record	4444	How-Made	Montel	Weekend	Pokémon	News [ff]	Home Imp.
3	30 Seinfeld	Over (N)	Dora	Arthur (EI)	Brown		Confidenti	Danza Show	the Restless	the Restless	Pokemon	Sports		How-Made	Williams	Lloyd	Batman		Home Imp.
, 1	PM Raymond	Direct Buy	Sagwa	Cyberchas	Judge J.	Oprah	Amer.		Oprah	News @	Tn-Titans	Hockey	The Tyra	Daily	Little	Barbarian	Xiaolin	Sex & City	100000000000000000000000000000000000000
4	30 Raymond	Malcolm	George S.	Dragonfly	Judge J.	Winfrey @	Justice	Millionaire	Winfrey @	News @	Rugrats	CFL	Banks Show	Planet 1	House	Proud	Cybertron	Friends	Home Videos
1000	2M Friends	News	Madeline	BBC World	News @	News	Biography:	News @	News @	News (#)	Oddparent	Football: Hamilton	News 🖭	Forensic	Malcolm	Kim	Sabrina	Three	Movle:
5	30 Friends	(Live) IE	Arthur	Business	NBC News	CBS News	Bronson	ABC News	Global	Global	SpongeBob	Tiger-Cats		Factor @	King of Hill	Take 2 (N)	My Wife	Wishes (N) 配	"The Elite" (2000)
	PM Movie:	Will-Grace	Outta Town	News-	News @	News	Bio.:	News 🔃	News 🔃	Entertain.	Yu Gi Oh	at Ottawa Renegades	News 🔃	Pompeli of	Simpsons	Zoey 101	My Wife	Movie:	Jürgen
6	The Replaceme	'70s Show	Animals	Lehrer	Raymond	Hollywood	Norris	News 🔃		Entertain	D.I.C.E.	. (Live)		the East	'70s Show	Phil	Friends	"Johnny Tootall"	Prochnow.
	PM nts* (2000)	Fortune	Life of	Wash Wk	Jeopardy!	Seinfeld	Complete of these springs	Entertain	Entertain	NUMB3RS	Cybertron		eTalk Daily		Frasier	School	Raymond	(2005)	WGN
7	Keanu Reeves. @	Jeopardy!	Birds	McLaughlin	Fortune	Friends	"Joel Rifkin"	The Insider	Entertain.	"Obsession	One Piece	THAT SANDCHESSING MINEY	Hollywood	Geographi	'70s Show	Movie:	Raymond		News at Nine
2016	PM	Air Farce	Movie:	NOW (N)		Ghost	Amer.		Malcolm	Malcolm	Zatch Bell	tre (Live)	Ghost	Daily	Bernie Mac	"Hook" (1991)	What I Like		Sex & City
8	:30 (8:40)	22 Minutes	*Kings in Grass	Europe	NBC @	Whisperer (N)	Justice	y (N) (E)	Malcolm	Malcolm	Dragonball		Whisperer (N)	Planet @	Malcolm	Robin	Twins (N)	Night Party	Becker
	Movle: "Hardball"	Just for	Castles"	American		Threshold	Biography:	Норе	Threshold	Threshold	Inuyasha	Formula	Nip/Tuck	Sex Files	Killer	Williams, Dustin	Reba (N)	Jimmy	Da Vinci's
9	30 (2001)	Laughs [3]	(1998, Drama)	Masters @	Wishes (N)	"Pulse" (N)	Bronson	Properties	"Pulse" (N)	"Pulse" (N)	Naruto	One Racing	(N) Œ	Sex Files	Instinct (N)	Hoffman.	Living-Fran	Kimmel Live (N)	Inquest 📧
	PM Reeves. @	The	Sher.		SOFTERS POWER INCOME.	NUMB3RS	A 16	20/20 🕮	NUMB3RS	News 🖭	Gundam	Gridiron		Superweap	News	Movie:	News	(10:06)	Funnlest
0	:30 Family Guy	National	Holmes	Barbara	ble (N)	*Obsession	Norris		"Obsession	Sports (E)	Hack/Sign	Stars	ble (N)	ons	Will-Grace	"Terminal Velocity"	News	Movie: "Voyeur: A	Home Videos
. 1	PM Futurama	News (E)	ВС	On the Up	News [6]	News	Blography	News 🔞	News (II)	Entertain	ReBoot	SportsCen	News (II)	TEL WATER STORES NOT THE RESERVE AND ADDRESS OF	Sex & City	(1994)	Sex & City	Little Kink"	Elimidate
7	30 Oblongs	Reba 🖫 .	Chronicles	Journal .	Tonight	" lool Diffe	"Joel Rifkin"	Nightline	- L = -  -	Entertain.	Beastles	tre (Live)	News (C)	rs "Jet Pack"	Becker	"Fami	Friends	(2001) Chloe. IE	Elimidate

### saturday movies

#### MORNING

7:15 am WTBS 3 \*\* \* %"Fried Green Tomatoes" (1991, Comedy-Drama) Kathy Bates. A nursing-home resident regales a visitor with tales of the close friendship between two women in 1930s Alabama. (£)

10:15 am WTBS 3 \*\*"Divine Secrets

of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Based on the book by Rebecca Wells. Old friends share stories of their youth to mend a mother and daughter's rift. (£) 11:00 am WGN (38) "Dark Descent" (2002, Suspense) Dean Cain. An investigator puts his own life in danger as he probes a fatal incident at an underwater mining.

Forster, Premiere. Police in Wichita, Kan., try to find the perpetrator of a string of murders beginning in 1974. (DVS)
FAM 26 \* \* %"Beverly Hills Cop II"
(1987, Comedy) Eddie Murphy. Axel Foley returns to California when his friend is critically wounded while investigating a series of robberies.

10:33 pm FAM 26 \* \* %"Spaceballs"
(1987, Comedy) Mel Brooks. Spacefarers come to the rescue of a planet threatened by the evil Dark Helmet in Mel Brooks' spoof of sci-fi movies.

movies.

11:00 pm WTBS ③ ★★%"Judge Dredd" (1995, Science Fiction) (PA) Sylvester Stallone. A gun-toting dispenser of law and order faces a former nemesis intent on pushing their futuristic society into chaos. ⓒ 11:30 pm CITY ② ★★\*The Sum of All Fears" (2002, Suspense) Ben Affleck. Based on Tom Clancy's novel. Jack Ryari tries to avert disaster as terrorists plot to set off a nuclear bomb in the U.S. ⓒ

a fatal incident at an underwater mining

### sunday movies

6:30 am WTBS 3 \*\*%"Judge Dredd" (1995, Science Fiction) (PA) Sylvester Stallone. A gun-toting dis-penser of law and order faces a former

penser of law and order faces a former nemesis intent on pushing their futuristic society into chaos. (E)

8:30 am WTBS (3) \*\* \*\*Total Recall" (1990, Science Fiction) (PA) Arnold Schwarzenegger. Recurring nightmares of the planet Mars lead a confused earthling into the center of an intergalactic conspiracy. (E)

10:00 am A&E (9) \*\* \*\*Midnight Run" (1988, Comedy-Drama) Robert De Niro. A bounty hunter and his quarry, an accountant accused of embezzlement, try to stay one step ahead of the mob. (E)

WGN (38) \*\*\* "Promised Land"

WGN 38 \*\* \* "Promised Land" (1987, Drama) Jason Gedrick. The lives of two former Utah high-school classmates tragically converge over the Christmas holiday. (In Stereo) 10:30 am WTBS 3 \*\* "Blade" (1998, Action) (PA) Wesley Snipes. A half-human, half-vampire superhero hunts down the brutal bloodsucking creature who intected his mother. (E) 11:00 am CITY (29"Twelve Mile Road" (2003, Drama) Tom Selleck. A divorced farmer's life is thrown into turmoil by the unexpected arrival of his unpredictable teenage daughter. (E)

#### AFTERNOON .

AFTERNOON

12:00 pm FAM 26 \*\*Bingo" (1991, Comedy) Cindy Williams. A clever canine embarks on a cross-country search for the family who left him behind on the move to Wisconsin.

WGN 38 \*\*Time Lapse" (2001, Suspense) Roy Scheider. An undercover federal agent is secretly given a drug that will gradually wipe out his memory.

1:00 pm WTBS 3 \*\*\*Blade II" (2002, Action) (PA) Wesley Snipes. Vampire hunter Blade reluctantly joins forces with his undead enemies to battle a new race of bloodsuckers. (C)

KTLA(27) \*\*\*Trading Places" (1983, Comedy) Eddie Murphy. An executive and a con man figure in a plan by two tycoons to determine whether heredity or environment makes the man. (C)

1:30 pm FAM 26 \*\*\*"Life With Mikey" (1993, Comedy) Michael J. Fox. The irresponsible head of a talent agency gains a new perspective when fate pairs him with a streetwise 10-year-old.

2:00 pm VTV[2]"Agent of Influence"
(2003, Drama) Christopher Plummer.
John Watkins, Canada's ambassador to
Moscow, is suspected of being a communist spy. Based on a true story. (In
Stereo) (E) (DVS)
3:00 pm WTBS [3] \*\* \* "Demolition
Man" (1993, Adventure) (PA) Sylvester
Stallone. A cryogenically frozen policeman is thawed out in the year 2032 to
recapture a maniacal nemesis from the
past. (E)
KTLA[27]

past. ©

KTLA[27] \*\*\*"Grosse Pointe
Blank" (1997, Comedy) John Cusack.
An assassin is reunited with the prom
date he stood up years ago when he
returns home for his high-school
reunion. (In Stereo)

4:00 pm YTV [18] \*"Baby Geniuses"
(1999, Comedy) Kathleen Turner.
Scientists attempting to communicate
with infants have their hands full when a
superintelligent baby escapes their lab.
(In Stereo) [3]

5:00 pm WTBS [3] \*\*\*"Swordfish"

(2001, Action) (PA) John Travolta. A criminal mastermind recruits an ex-con computer hacker to pull off a multibillion dollar heist. (E)

6:00 pm YTV (18) \* \* "A Walk to Remember" (2002, Romance) Shane West. A budding delinquent is forced to act in a school play and begins a tentative consequence. (In Stereo) [65]

(In Stereo) (SI
CITY (29) \*\*\*"The Sum of All
Fears" (2002, Suspense) Ben Affleck.
Based on Tom Clancy's novel. Jack
Ryan tries to avert disaster as terrorists ot to set off a nuclear bomb in the U.S.

7:00 pm WTBS (3) \*\* "Swordfish" (2001, Action) (PA) John Travolta. A criminal mastermind recruits an ex-con computer hacker to pull off a multibillion

9:00 pm WTBS 3 \*\* "Demolition Man" (1993, Adventure) (PA) Sylvester Stallone. A cryogenically frozen police-man is thawed out in the year 2032 to recapture a maniacal nemesis from the past (8) "The Hunt for the BTK KIller" (2005, Docudrama) Robert facility. (In Stereo) [6]

#### AFTERNOON

12:00 pm FAM ② \*\*\*"FerrIs
Bueller's Day Off" (1986, Comedy)
Matthew Broderick. A teen perpetrates a
series of elaborate deceptions to ensure
that he and two friends spend a carefree
day in Chicago.
1:00 pm CITY ③ "Johnny Tootall"
(2005, Drama) Adam Beach. An
American Indian activist and his brother
go head-to-head when violence puts
them on opposite sides of the law. ⓒ
(DVS)

1:33 pm FAM ② ★%"Theodore Rex" (1996, Comedy) Whoopi Goldberg. A wisecracking detective is saddled with a

wisecracking detective is saddled with a talking dinosaur partner to help her solve a high-profile murder case.

4:00 pm YTV [8] \*\*"Charlotte's Web 2: Wilbur's Great Adventure" (2003, Adventure) Voices of David Beron. Animated. Wilbur the pig sets out to find his new friend, a lamb who has been sold to another farmer. (In Stereo) [E] KTLA[27] \*\*\*"Grosse Pointe

Blank" (1997, Comedy) John Cusack. An assassin is reunited with the prom date he stood up years ago when he returns home for his high-school reunion. (In Stereo):

100 pm WGN 38 \*\*"Messenger of Death" (1988, Drama) Charles Bronson. A veteran newspaper reporter comes under fire while investigating the ritual slaying of a clan of Colorado Mormons. (In Stereo)

#### **EVENING**

6:00 pm CITY 29 \*\* \* "Scary Movie"
(2000, Comedy) Shawn Wayans.
Keenen Ivory Wayans directed this sendup of slasher films in which a vengeful killer stalks a group of nubile teens. (3)
8:00 pm KSPS 6 \*\* \* "Dial M for Murder" (1954, Suspense) Ray Milland.
A husband's plot to murder his unfaithful wife goes awry in Alfred Hitchcock's adaptation of the Frederick Knott play.
9:00 pm YTV (8) \* \* \* "The Lost Boys" (1987, Horror) Jason Patric. Liberal doses of humor enhance this tale

of a California teen who falls in with a pack of adolescent vampires. (In Stereo)

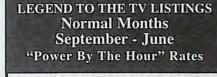
FAM 25 \*\*White Squall" (1996, Drama) Jeff Bridges. A ship's captain finds his reputation called into question after he and his teenage students encounter tragedy at sea. (C)

CITY 29 \*\*TWIIIght" (1998, Mystery) Paul Newman. A former private detective gets mixed up in a case of blackmail and murder involving famous Hollywood friends.

9:30 pm WGN 38 \*\*\*Platoon" (1986, Drama) Tom Berenger. Oliver Stone's personal experiences inspired this account of a soldier's tour of duty near the Cambodian border. (In Stereo)

11:00 pm CITY 29 "Lady Chatterley: Fantasy" (2000, Adult) A collection of erotic stories. Based on characters created by D.H. Lawrence.

11:09 pm FAM 20 \*\* \* "Airplane II: The Sequel" (1982, Comedy) Robert Hays. A commercial space-shuttle company attempts to keep a pilot from disclosing the craft's technical problems.



Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.



Off Peak Green Zones

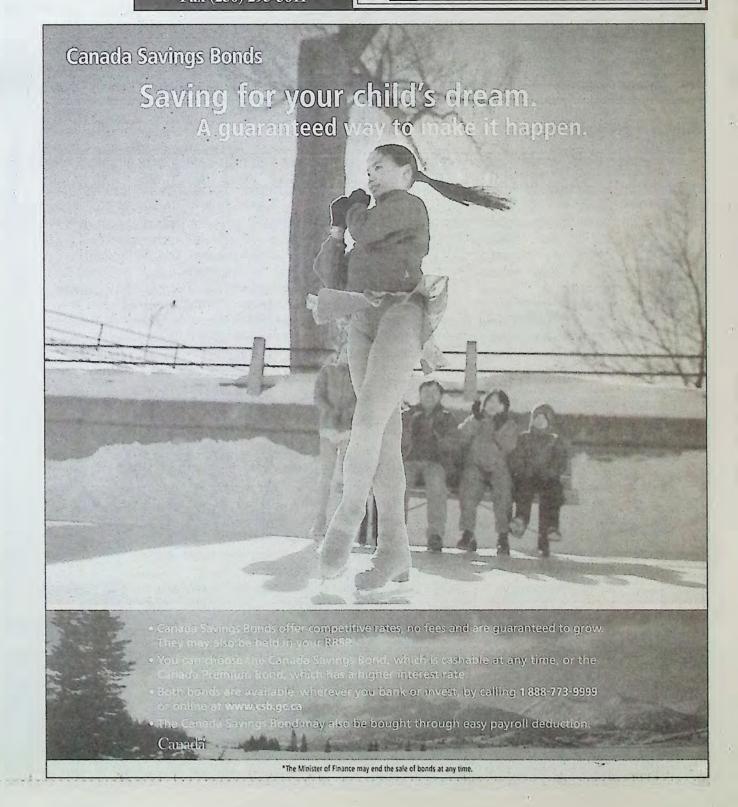
P.A.S.S. **Energy Management** On Peak Red Zones Services

#### Princeton **Light & Power**

231 Bridge Street, Princeton Phone (250) 295-3244 Fax (250) 295-3611

#### Schedule for TOU \* NORMAL MONTHS Time-of-use September - October - November - December January - February - March - April - May - June Rates OFF FEAR OFF FEAT OFFPEAR OFF FEAN OFF FEAT. OFFICATION OFFICAL OFFICAL OFFICAL COPPEAK COPPEAK COPPEAK COPPEAK OFF FEAR OFF FEAR OFF FEAR CEPTIAL COFFISC OFF PEAK OFF FEAK Hour COPPLA OFFIERS CEPTERN COPPENS CPFFEAR CPFFEAR CPFFEAR CPFFEAR 7 00 AM CFFTEAR OTS TEAK CEP PEAK COFFERE the 1150 AM CZZETA þ OFF TRAK 400 EM OFFICE CFF.HSAIL COPPEASE **GEFFEAR** CEPTLAN Power 300 PM CEVELA OFFFEAR OFFFEAR

OFFFEAR



#### SATURDAY, OCTOBER 8, 2005

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM ®	A&E	KXLY	BCTV	CITV	YTV 18	TSN 19	VTV	DISC 24	FOX 41	FAM (26)	KTLA	CITY 29	WGN 38
6	AM	xcu	News 🖭	(Off Air)	Globe	(5:00)	Saturday	Ask This	Good	Pioneers	Diva Dime		SportsCen	OWLITY	Ult Cars	Paid Prog.	Spider-Man		Indo	Pald Prog.
6	:30	Storyline	Body		Trekker "Peru"	Today 📵	Early Show	Ask This	- Morning America	Room	Room	Mona	tre 🖽	Kingdom	Ult Cars	Paid Prog.	Rangers	Paid Prog.	Dharti	Pald Prog.
7	AM	Movie: "Fried	Pet Guys	BluesClues	MotorWeek	News	LazyTown	Flip This	Lilo Stitch	News	News	Krypto	Fishing	Katie-Orbic	10 to 6 to 14 to 40 to 16 to 1	DoReMi	Rangers	Yu-Gi-Oh!	Eye on	Win-Edge
-	:30	Green	Fishn	Dora	Fly Tying		Go Diego	House (II)	Maggie	(Live) I	(Live) III	Battle	Motoring	Leaps	the East	Mew Mew	All That	Batman	Asla	Paid Prog.
Q	AM	Tomatoes" (1991)	Powerboat	George S.	Router		Backyard	Flip This	Good			Yu-Gi-Oh!	Triathlon	Good	National	Bratz (N)	Sulte Life	Xiaolin	Polish	Paid Prog.
0	:30	Kathy	Direct Buy		Hometime		Dora	House (E)	Morning Northwest			Beyblade		Morning Canada @	Geographi	Winx Club	Zoey 101	Coconut	Studio III	Paid Prog.
0	-	Bates, Jessica	Edgemont		Workshop		Discover	Flip This	Saturday		Pet Guys	Tn-Titans	Bowling:		Ultimate	Sonic X (N)	So Raven	Pokémon	Arts	Pald Prog.
3	:30	Tandy. (EC)	Edgemont	Lilly [C]	Old House		Discover	House (E)	Cougar		Caltlin	Xlaolin	Men's Five- Pin		Impact	Turtles	Phil	Loonatics	CityLine	Walgreens
10	AM	(10:15) Movie:	Mercer	Peep	Ask This	Tutenstein	No. of Contract of	Flip This	College	GetUpGrow	Strange	Phantom	Polo: Heart	C/56/25/25	How-Made	GI Joe	Even	Johnny T	Œ	Soul Train
10	:30	"Divine	Red Green	Babar	Americas	Pald Prog.	Announce	House @	Football: Regional	Taste	Drop In	Ami Yumi		Vision 🖽	How-Made	One Piece	Boy World	Yu-Gi-Oh!	In Fashion	
11	AM	Secrets of the Ya-Ya	Mountain Biking	MacPhee	Food	NASCAR	NFL	Family	Coverage	Antique	All	Justice	Women's	Daily	Mayday	NFL	School	Libertys	Big Holly	Movie:
	:30	Sisterhood"	Dixing	Quilting	Ming	Racing: Busch	(N)	Family	Minnesota at Michigan	Design	Extreme	Avatar	Hockey: Canada vs.	Planet (II)	"Flying Blind"	Animal Atl	Brotherly	Libertys	NewMusic	"Dark Descent"
12	PM	(2002) Sandra	Volleyball	Router	Hith Bites	Series	Football	Family	or	News (	Entert'nt	Pokémon	United	King of Q	The	Columbia	Movie:	Libertys	Chum	(2002)
14	:30	Bullock.	Volleyball	SportFish	Garden	United Way 300. (Live)	College	Family	Oklahoma at Texas.		Will-Grace	Shaman	States. From	Get Out	Amazing Race 7	Anglers	"Ferris Bueller's	Sabrina	Chart 🖭	Dean Cain.
1	PM	College Football:	Equestrian : CN Grand	Dotto Tech	Painting	Œ	Football: Teams to	Family		Drop In (N)	Will-Grace	Beyblade	Saskatoon.	Eagle	American	MLB	Day Off"	Fresh Pr.	Movie:	Farscape
	:30	Teams to	Prix. From	Home	Piano Guy	Horse	Ве	Family	PGA Golf:	All Xtreme	'70s Show	Cybertron	PGA Golf:	Eagle	Chopper	Baseball: American	(1:33)	Fresh Pr.	"Johnny Tootall"	"I, E.T." [II]
2	PM	Be Announced.	Calgary. []	Animals	Antiques	Racing: Frizette-	Announced. (Live) (E)	Amer.	WGC American	(N) (E)	'70s Show	Battle	WGC American	Car	American	League	Movie: "Theodore	155-3-9-57-57-59-7-18	(2005)	Farscape
~	:30	Airiouriceu.		Parks	Roadshow	Champagne		Justice	Express	Entertainm	'70s Show	D.I.C.E.	Express	First Story	Hot Rod	Division Series	Rex" (1996)		Adam Beach.	(8)
3	PM		Powerboat	BluesClues	Dalsy	Fortune		Investigati	hin	ent Tonight	'70s Show	Top 10	Champions hip	Wild	How-Made	Game 3	Smart Guy	Smallville	News (II)	Funnlest
0	:30		Hockey	Dora	Barbecue	Time Warp		ve Reports		Simpsons	Simpsons	Zixx		Unwanted	How-Made	Teams TBA	Lizzie	"Cool" III	FashlonTel	Home Videos
1	PM		NHL Hockey:	Zoboo	PC World's	Trading	То Ве	City	Suite Life	Simpsons	Simpsons	"Charlotte's	CFL	Sue	Superweap	MLB Post	Suite Life	Movle:	MovieTV	Race Car
4	:30	College Football:	Sabres at	Jakers	Travels	Darcy	Announce	Confidenti	Phil	Simpsons	Simpsons	Web 2: Wilbur's	Football: Montreal	Thomas: F.B.Eye	ons	MLB	Proud	"Grosse Pointe	StarTV	Race Car
5	PM	Teams to	Senators or Canadiens	Arthur	Summer	News	News	City	News 🖽	Simpsons	News 🔢	Adv."	Alouettes at	You Can	MythBuste	Baseball: National	Maggle	Blank"	Star! Daily	Movie:
5	:30	Be Announced.	at Maple ·	Madeline	Dad Army	NBC News	CBS News	Confidenti	Matthews	Global	Global	Ami Yumi	Saskatche	Dance	rs @	League	Kim	(1997, Comedy)	Speakers	"Messenger of Death"
6	PM	Announced.	Leafs	Bach's	Lawrence	News	News	Cold Case	News	News @	Legends	Being lan	Roughrider	News 🔃	Canada's	Division Series	Naturally		Movie:	(1988,
6	:30			Fight	Welk Show	Raymond	Access	Files (E)	The Insider		and Lore	Mystery	s. (Live)		Worst Driver	Game 3	Darcy		"Scary Movie"	Drama)
7	PM		NHL	Nat. Geo.	Time Goes	ACCUSED TO THE PARTY OF THE PAR	Hollywood (N)	Amer.	Entertainm		Zoe	Mystery	SportsCen	Sue	American	Teams TBA	So Raven	Raymond	(2000)	WGN
-	:30		Hockey: Vancouver	Expl.	Keep Up	Scn	Friends	Justice	ent Tonight	Showcase	Busiek: Wild Card	Oracle	tre (Live)	Thomas: F.B.Eye	Chopper	'70s Show	Kicked Out	Raymond	Shawn Wayans.	News at Nine
0	PM			Heartbeat	Movie:	Moments	NCIS "See	American	Lost	Zoe	Blue	Smallville		Lost	American	Simpsons	Boy World	Blind Date	Star! Daily	Sex & City
0	:30	Football: Teams to	Edmonton Oilers.	Œ	"Dial M for Murder"	Name Earl	No Evil*	Justice	*Orientation	Buslek: Wild Card	Murder @	"Obsession	Boxing:	"Orientation	Hot Rod	'70s Show	Movie Ent	Girls-Badly	SexTV (f)	Becker
0	PM	Be		Touch of	(1954) Ray	Name Earl	CSI: Crime	The second secon	Invasion	Blue	Office	Movie:	Morales vs. Raheem	CSI: Crime	And the Control of the Control	Star Trek:	Movie:	Cheaters	Movie:	Home Imp.
9	:30	Announced.		Frost "Held in Trust"	Milland.	Name Earl	Scn	Confidenti	"Watershed	Murder (C) (DVS)	Temps @	"The Lost Boys"		Scn	rs @	Enterprise	"White Squall"	Œ	"Twilight" (1998,	Movie:
10	PM		Surface	(Part 3 of	Red Green	1.300	48 Hours	Cold Case		Office	News 🖽	(1987)	F1 Prerace	120100	American	24 "1:00	(1996) Jeff	KTLA	Mystery)	"Platoon" (1986) Tom
10	:30		"Episode 3" (N)	3) @	Newsroom	Order: SVU	Mystery (N)	Files @	er in Chief	Temps @	Entert'nt	Jason Patric. (E)	Formula	Sopranos (N) (E)	Chopper	AM - 2:00 AM"	Bridges. @		Paul Newman.	Berenger.
4-4	PM		News		Austin City	News @	News	Amer.	News @	News @	Driving TV	Bob	One Racing: Japanese	News 🖽	American	Mad TV (	"Airplane-	Sex & City	"Lady	(C)
11	:30	Football	Sports	Œ	Limits (N)	Sat. Night	Seinfeld	Justice	Paid Prog.	Sat. Night	Sat. Night	Bob	GP	News 🕮	Hot Rod		Sequel"	Friends	Chattly"	Twilight

#### SUNDAY, OCTOBER 9, 2005

		WTBS	CHBC	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV 12	YTV ®	TSN 19	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 38
	AM	"Johnny"	News @	(Off Air)	Noddy	Today 🔃			Good	Pioneers	Fishin	Hamtaro	Formula	Acorn	U-352	Hour of		Pacesetter		Hillbillies
6			Body		Cliff Pup		Sunday Morning	With the Arts	Morning America	Adventure	Fishing	Mona	One Racing	Kids		Power @	Rangers	Success		Hillbillies
_		"Judge Dredd"	In Touch	BluesClues	Bob Build	Flight 29	Œ		News &	Weekend	Canada	Winx Club	Reporters	Good	Canada's	Libertys	Rangers	Facts	Eye on	Hap Days
1	:30	(1995)	(E)	Dora	Thomas	Endurance	Nation	Œ		Canada	Is Written	Mew Mew	Reporters	Morning Canada @	Worst Driver	Business	All That	Believers	Asla	Cosby
_		Sylvester Stallone.	Van Impe	George S.	Maya	Meet the	Little Bill	Gotti		News	Tralls	Neutron	NFL	Callada (K)	Canada's	Fox News	Suite Life	Feed	Eye-Asia	Moesha
8	:30	Movie:	Is Written	Magic Bus	Auto B.	Press 🔃	BluesClues	Gotti		(Live) III	World Vsn	Robot	Countdow n (Live)		Worst Driver	Sunday	Zoey 101	J. Osteen	Festival	Home Imp
_	AM	"Total Recall"	Listen Up!	Arthur	Jakers	Pald Prog.	NFL Today	Inked 🔃	This Week		Hour of	Oddparent	ii (Live)	Eagle	How-Made	Fox NFL	So Raven	Pastor	Italiano di Johnny	Funnlest
9		(1990) (PA)	Faith	Madeline	Zoboo	Pald Prog.	(Live) Œ	Inked 🖭	With George	y y	Power @	Grown Up		Eagle	Animals	Sunday (4)	Phil	Changing	Lombardi	Home
	AM		NFL	Peep	College	Paid Prog.	Discover	Movie:		Driving TV	NFL	SpongeBob	Spirit Golf	Eagle	Harley-	NFL	Even	Shook	(In Italian)	Videos Movie:
U	:30	Movie:	Football: Teams to	Babar	Money	Countdwn	Discover	"Midnight Run"	PGA Golf:	Heart-City	Football: Teams to	Catscratch	PGA Golf:	Balance-TV	Davidson	Football: Seattle	Boy World	Paid Prog.		"Promised Land"
-	AM	"Blade"	Po	Swap TV	Foreign	NASCAR	Ron H.	(1988)	WGC American		Be	Jacob	WGC American	Travel	Canada's	Seahawks	School	Paid Prog.	Movie:	(1987)
רו	:30	Action) (PA)	Announced. (Live) (E)	Heads Up	Journal	Racing: Nextel Cup	То Ве	Robert De Niro,	Express	Power (tt	Announced.	Being lan	Express	Jeff	Worst Driver	at St. Louis Rams.	Brotherly	Sabrina	"Twelve Mile Road"	Jason Gedrick
-	DM	Wesley Snipes. @	(Cive) (El	Outta Town		Series	Announce	Charles	Champions hip Final	News (4)		Mystery	Champions hip Final	Question	Canada's	(Live) (C	Movie:	Sabrina	(2003) Tom	Movle:
2	:30	Ompes. M		Reach-Top	(DVS)	Banquet 400. From		Grodin. 匪	Round.			Beasts	Round.	Period III	Worst Driver		"Bingo" (1991,	Wild Amer	Selleck.	"Time Lapse"
_	PM	Movie:	Gold Tralls		Ballykissa	Kansas Speedway	NFL Footballs	Move	(Live)	NFL	Driving TV	Winx Club	(Live)	W-Five-	World	NFL	Comedy)	Movie:	World	(2001) Roy
1	:30	"Blade II" (2002) (PA)	Coronatn	Fight	ngel @	Speedway in Kansas	Football: Indianapolis	Design		Football: Teams to	Pet Guys	Mew Mew		Raising Rover	Records	Football: Regional	Movie:	"Trading Places"	Poker Tour	Scheider.
_		Wesley	Coronatn	Canada-	Upstairs		Colts at	Sell House		Ве	ТВА	Stuff		Movie:	How-Made	Coverage	"Life With Mikey"	(1983)	Ten.	HomeTean
2	:30	Snipes.	Coronatn	History	Downstair		San Francisco	Sell House		Announced.	TBA	Academy		"Agent of Influence"	How-Made	1	(1993)	Eddie Murphy.		(E)
0	PM	Movie:	Coronatn	BluesClues	12,200,000,000		49ers.	Flip This	Proud		HeartCity	Unfabulous	SportsCen	(2003) 匪	MythBuste		Smart Guy	Movie:	News @	Funnlest
3	:30	"Demolition Man"	Coronatn	Dora	City	Paid Prog.	(Live) @	House (N)	So Raven		'70s Show	Fresh Pr.	tre (Live)	(DVS)	rs 🚾		Lizzie	"Grosse Pointe	FashionTel	Home Videos
4	PM	(1993) (PA)	Diva Dime	Zoboo	Wdwright	CSI: Crime	A STATE OF THE REAL PROPERTY AND ADDRESS OF THE PARTY AND ADDRESS OF TH	Cold Case	Suite Life	Just Shoot	Simpsons	Movie:	NFL Films	Allas "1	Daily	The OT (N)	Suite Life	Blank"	MovieTV	Maximum
4	:30	<b>(III)</b>	Okanagan	Jakers	Hometime	Scn	"Finders Keepers"	Files [6]	Phil	HeartCity	Simpsons	"Baby Geniuses"	NFL	" (N) Œ	Planet @	MLB	Proud	(1997, Comedy)	StarTV	Exposure
P	PM	Movle:	News (E)	Arthur	Workshop	News	King	The First	News 🕮	Simpsons	News @	(1999)	Primetime	According	Carlotte Control of the Control of t	Baseball: American	Maggie	Supernatur	Storles	24 "2:00
5	:30	"Swordlish" (2001) (PA)	Okanagan	George S.	Old House	NBC News	CBS News	48 🕮	ABC News	Global	Global	Kathleen Tumer.	NFL	to Jim (N)	Planet @	League	Kim	al 🔃	About Love	AM - 3:00 AM"
^		John		Heartbeat	Monarch	News	News	Family	News @	News [6]	How'd	Movie: "A	Football: Cincinnati	News 📧		Division Series	Naturally	What I Like	Movie:	24 "3:00
6	:30	Travolta.	Home	Œ	of the Glen	FOX		Family	Ebert		They Do That?	Walk to Remember*	Bengals at			Game 4	Darcy	Twins @		AM - 4:00 AM*
-	PM	Movie:	Doc 🕮	Nat. Geo.	Nature	Dateline		Interventio	Funnlest	Malcolm	То Ве	(2002)	Jacksonvill e Jaguars.		MythBuste	Teams TBA	So Raven	Reba 🖭	Fears"	WGN News
7	:30	"Swordfish" (2001) (PA)		Expl.	"Violent Hawaii"	NBC @	Œ	n 🔢	Home Videos	Simpsons	Announce d	Shane West. @	(Live) III	CI	rs 🖫	То Ве	Kicked Out	Reba 📧	(2002) Ben Affleck. EE	Replay
0	PM	John	Into the	The Royal	Mystery!	The West		100 CONTRACTOR	Makeover:	Simpsons				Cold Case	to the second se	Announce	Boy World	500 SHR259 E00		Sex & City
8	:30	Travolta.	West (N) (Part 5 of	Œ	"The Murder	Wing (N)	"Bad Night"	(CE)	Home	Malcolm		Mystery	SportsCen	"Bad Night"	Planet @		Movie Ent	(N) (E)	News III	Becker
0	PM		6) ((3)	New Tricks		Law Order:		The First	Desperate	Crossing		Mystery	tre (Live)	Desperate			Movie:		Night Party	Maximum
9	:30	"Demolition Man"		<b>1</b>	Open	CI	"The Hunt for the BTK	48 🕮	s	Jordan @		Academy	Polo: Heart	Housewive s	Planet @		"Beverly Hills Cop II"	Blue Coll	World	Exposure
10	PM	(1993) (PA)		Himalaya-	Road: America	Crossing	Killer"	Family	Grey's	Crossing	Global	Prank Ptri		Grey's		HomeTeam		KTLA	Poker Tour	Funnlest
0	:30		News: Sun.	Palin	Cook	Jordan (N)	(2005)	Family	Anatomy (N)	Jordan (N)	Entert'nt	15/Love	TblTennis	Anatomy (N)		Œ	Movie:	Prime News (f)		Home
	PM	Movie:	News (E)	Edge	Great Cars	News (E)	News	Interventio	News (E)	News (E)	Popoff	My Family	SportsCen	News (19)	MythBuste		"Spaceballs " (1987,	Sex & City		Videos Elimidate
17	:30	"Judge Dredd"	Reflection	Imprint	Tracks	Sports	Backroads	n 🖭	Van Impe	Caltlin	General	Bob	tre (Live)	News [6]	rs 📧	"I, E.T." (E)	Comedy)	Will-Grace	*Sum	Œ

#### **MONDAY, OCTOBER 10, 2005**

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITY	YTV	TSN	VTV	DISC	FOX 41	FAM	KTLA	CITY 29	WGN 38
		3	4	5	6	7	8	9	10	(11)	12	18	19	22	24	4 10 20 10 10	26			Hillbillies
		Dawson's	News 🖽	(Off Air)	Body Elec.	News @	News	24 *5:00PM - 6:00PM*	(5:00) News	News (Live) [6]	(5:00) News		SportsCen tre @		Planet @	Bellevers	King @	News Calvin.	Maury @	
6	:30	Creek 📧	Okanagan		Dragon		0.555	- 0.001-101	LEAD	(Live) tu	GEO.	Mona	ii o iii i	Jeff	r remot pag	Paid Prog.	Spider-Man	Miller.		Hillbillies
-	AM	Movie:	Life Today	BluesClues	Clifford	Today (C)	The Early	24 "6:00PM				Winx Club	Tubul Kalifor Scill Port Science Congress		Flight:	Sabrina	Kim	News @	CityLine	Rockford Files
1	:30	Taking Care of	100	Dora	Arthur (EI)		Show @	- 7:00PM"	Morning America			Jacob	tre @	AM @	Departure	Charles	Recess	- 1	(C)	ries
4	_	Business"	Huntley	Hi-5	Barney			24 "7:00PM			100	Neutron	SportsCen		How-Made	Paid Prog.	Weekend		StarTV	Matlock
8	:30	(1990) 🖭	Street (t)	Timothy	Teletubbs			- 8:00PM"			Huntley Street @	Beasts	tre @.	3	How-Made	Paid Prog.	Lilo Stitch	1 1	Seinfeld	"The Star
	AM	Becker	Save-Ums!	(8:50)	Sesame		Discover	Cold Case	Regis and	100	World	LazyTown	Off-Record	Regis and	Daily	Fam. Feud	Feet	Maury (E)	News 🔞	Magnum
9		Becker	Progame	Berenstain	Street (EI)		Discover	Files @	Kelly	Huntley Street (#)	Vision @	Monster	Fishing	Kelly	Planet (16)	Fam. Feud	McDonald		City	P.I.
		Cosby		Bears (C)	Reading	Ellen	The Price	Cold Case	The View	World	Room	Rupert	ESPN's	The View	How-Made	Starting	Sing-Story	Jerry	Movie:	News 🖫
0		Cosby	Football:	Paddington			Is Right @	Files @	<b>(C)</b>	Vision 🕮	Diva Dime	Monsters	Bowling	Œ	How-Made	Over (N)	PB&J Otter	Springer (N) (E)	"Manhunt: Search for	The
		Harvey	Edmonton	Women		Show The Tyra	Young and	24 "4:00PM	Paid Prog.	The Insider	News @	Chipmunks	Night UEFA	Balance-TV	Frontiers	Montel	Henrys		the Night	Columbi
151	S. September 1	Home Imp.	Toronto	Canada-	Sit-Be Fit	Banks Show	the Restless	- 5:00PM"	Paid Prog.	House		Rugrats	X Games	Balance-TV	of	Williams	King 🔃	Blind Date	Stalker*	Parade
		Drew	Argonauts. (Live) @	History	Charlie	Paid Prog.	News	24 "5:00PM	All My	News @	Days of	Charlie Br.	Best of	Daily	Military	Perry	Lilo Stitch	Maury @	CityLine	(Live)
2		Drew	Leave to the second	Second	Rose (N)	Paid Prog.	Bold & B.	- 6:00PM"	Children		our Lives	Garfield	Friday Night Fights (N)	Bold & B.	Clash	Mason	Aladdin		Œ	Videos
			CFL	Moving On	Fine Art	Days of	As the	24 °6:00PM		As the	As the	Care Bears	E	Oktoberfes	Fear	MLB	Hoze	Jerry	Relic	Cosby
1		Yes, Dear	Football:	Planet	Sewing	our Lives	World	- 7:00PM"	Live @	World Turns	World Turns	Movie:	Gridiron	t Parade	Fighters	Baseball: American	Mouse	Springer	Hunter @	Cosby
-		Home Imp.	B.C. Lions at Winnipeg	Gaslight	Berenstain	Passions	Turns Guiding	24 "7:00PM	General	Passions	Passions	"The Care Bears: Big	Stars	General	How-Made	League	Dalmatlan	Eye Eye	Ellen	Moesha
2	900	Friends	Blue	Home	Dragon	Œ	Light @	- 8:00PM"	Hospital	Œ	(E)	Wish	Interruption	Hospital	How-Made	Division Series	Fillmore	Eye Eye	DeGeneres Show	Moesha
	1000	Seinfeld	Bombers. (Live) [tt]	Timothy	Postcards	Brown	Dr. Phil	Cold Case	The Tony	Young and	Young and	Movie"	Off-Record		Building	Game 5	Weekend	Pokémon	News @	Home In
3	:30	Seinfeld		Dora	Arthur (EI)	Brown		Files @	Danza Show	the Restless	the Restless	(2005) Yu Gi Oh	Sports		Building	Teams TBA	Lloyd	Batman		Home Ir
-		Raymond	Direct Buy	Sagwa	Cyberchas	Judge J.	Oprah	Cold Case	Millionaire	Oprah	News @	Tn-Titans	Hockey	The Tyra	Daily	Pre-	Barbarlan	Xiaolin	Sex & City	Funnies
1	1000	Raymond	Malcolm	George S.	Dragonfly	Judge J.	Winfrey @	Files @	ABC News	Winfrey @	News [#]	Grown Up	Monday	Banks Show	Planet 🖭	Postgame	Proud	Cybertron	Friends	Home Videos
100	PMI	Friends	News	Madeline	BBC World	News (tt)	News	The BTK	News @	News 🔃	News @	Oddparent	Night Countdow	News @	MythBuste	MLB	Kim	Sabrina	Stargate	Funnies
5	:30	Friends	(Live) @	Arthur	Business	NBC News	CBS News	Killer Speaks		Global	Global	SpongeBob	And the state of the state of the		rs @	Baseball: National	Lizzle	My Wife	SG-1 "Gemini"	Home Videos
	PM	Friends	Will-Grace	Art Attack	News-	News @	News	Gotti	NFL	News	Entertain.	Being lan	WWE	News 🔃	Monster	League	Even	My Wife	NFL	Funnies
6		Friends	'70s Show	Moving On	Lehrer	Raymond	Hollywood	Gotti	Football: Pittsburgh	(Live) @	Entertain	Mystery	Monday Night Raw		Garage @	Division Series	Darcy	Friends	Football: Pittsburgh	Home Videos
_	PM	Family Guy	Fortune	Sustain	Served	Jeopardy!	Seinfeld	Airline (N)	Steelers at	Entertain	ReGenesis	Unfabulous	THE RESERVE AND ADDRESS OF THE PARTY OF THE	eTalk Daily	Canada's	Game 5	So Raven	Raymond	Steelers at	WGN
7	:30	Family Guy	Jeopardy!	Reach-Top	My Hero	Fortune	Friends	Airline [tt]	San Diego Chargers.	Entertain.		15/Love		Hollywood	Worst Driver	Teams TBA	Smart Guy	Raymond	San Diego Chargers.	News a
-	PM	Movie:	Into the	Child of	Antiques	Surface	King	Crossing	(Live) @	Prison	Arrested	SpongeBob	SportsCen	Corner Gas	Daily	То Ве	Radio Free		(Live) (E)	Sex & C
8	-		West (N) (Part 6 of	Our Time	Roadshow	"Episode 4" (N)	How I Met	Jordan [[		Break @	Kitchen	Sabrina	tre (Live)	Degrassi	Planet @	Announce	Boy World	Heaven (N)		Becker
	State S		A COMPANY OF THE PARTY.	Season of	Elusive	Las Vegas	Two Men	The BTK	Entertain	Prison	Prison	Yvon	WWE	Medium	Monster		Movie:	Just Legal	ТВА	Da Vinc
9		Murray.		the Child	Peace: Israel and	Œ	Practice	Killer Speaks	The Insider	Break (tt	Break (#	Fresh Pr.	Monday Night Raw	"Light Sleeper"	Garage @		"Postcards From the	(N) (E	News 🖽	Inquest
	PM	Movie:	The	Season of	the	Medium	CSI: Miami		Wife Swap	ReGenesis	News @	My Family	œ.		Canada's	News	Edge"	KTLA	Jimmy	Funnie
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		Hills Ninja" (1997)	News (C)	Canada-	s (N) Œ	Sleeper" News @	News	Airline [tt]	News [tt]	News (tt)	Entertain	Inuyasha	SportsCen	News (t)	MythBuste	Sex & City		Sex & City	Star! Daily	and the same of the same of
4		Chris	How I Met	History	Rose	Tonight	Late Show	Airline [tt]	Nightline	-xe-ra	Entertain.	Dragon	tre (Live)	News (C)	rs (tt	Becker	Called Life	Friends	StarTV	Elimida

# monday movies

#### MORNING

7:00 am WTBS 3 \*\*%"Taking Care of Business" (1990, Comedy)
James Belushi. An easygoing ex-convict finds the business portfolio of an uptight ad executive and sets himself up in style.

vict finds the business portfolio of an uptight ad executive and sets himself up in style. (E)

10:00 am CITY 29 \*\*½"Manhunt: Search for the Night Stalker" (1989, Drama) Richard Jordan. Based on the true story of the hunt for and capture of California's homicidal "Night Stalker."

#### AFTERNOON

1:30 pm YTV ® "The Care Bears: Big Wish Movie" (2005, Adventure) Voice of Stephanie Beard. Animated. Wish Bear's plans go awry when she wishes for some new friends. (In Stereo) 🖭

#### **EVENING**

8:00 pm WTBS 3

\*\* \* "Ghostbusters" (1984,
Comedy) (PA) Bill Murray. Free-lance
ghost fighters meet big-time poltergeists when a demon tries to reach
Earth through a Manhattan high-rise.

(CVS)

9:00 pm FAM 26 \*\*\*Postcards From the Edge" (1990, Comedy-

Drama) Meryl Streep. A recovering addict struggles to maintain her sobriety and her sanity while living with her

flamboyant mother.

10:15 pm WTBS ③ ★%"Beverly Hills
Ninja" (1997, Comedy) Chris Farley. A
bumbling warrior-in-training agrees to
help a beautiful woman investigate her
boyfriend's suspicious activities. ©

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## Let's Play Princeton Trivia!

### **Question:**

Where was the Hackney Hotel and when was it built?

#### Last Week:

Hornet Lake #1 is Hornet Lake. Hornet Lake #2 is also known as Loosemore Lake.

www.princetonmuseum.com

Brought to you courtesy of: PRINCETON MUSEUM

## THE NEWS LEADER WORD SEARCH

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### LET'S TALK ABOUT "COMMUNITY GROUPS"

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in memoriam

in memoriam



# In Memory of Jim Eyre

WHO PASSED AWAY **OCTOBER 5, 2003** 

A heart of gold stopped beating, Kind, loving hands put to rest, God broke our hearts to prove to us, He only takes the best. The Leaves and flowers may wither, The golden sun may set, But the hearts that loved you dearly,

Are the ones who won't forget. Love, Marg

You did so many little things Your heart was kind and true

> We could always count on you Love Always

And when we needed someone the most

Rees & Family, Duncan & Family

#### engagement

engagement

Mr. & Mrs. Al Lay & Family are proud to announce the Engagement of their daughter Aleena Lay and Dan Webber of Abbotsford.

Wedding to take place in Princeton.



Congratulations!

card of thanks

card of thanks

We wish to thank all those who sent cards and flowers after Larry's death. A special thank you to Rev. Goodfellow and his wife, Ruth for their kindness. To his caregivers in Hospital and at home, our deep appreciation to you all.

Mary Leslie & Family

#### for sale

Furnace Oil Tank, 100-gallons. On stand with fittings. Open to offers. (250) 295-0081. Sep 20-0x1 04

One level, 1,267 sq, foot home with double garage complete with opener, 2-bedrooms, 2 full baths, oak cabinets, family room, 2 gas fireplaces, large private landscaped yard in new adult subdivision, fenced with many new shrubs and trees, large deck, very secure, 24' x 28' workshop with gas furnace and 8' double doors, loads of shelving for storage, large 14' x 40' RV storage shed. Asking \$229,000. (250) 295-7202. Sep 27-0a 11

Vintage, black metal office desk and chair. Mint condition, great for professional office or home use. \$300.00. (250) 295-3613. Sep 27-Oct 11

1987 Citation Excella 27' Motorhome. Ford 460, 108,000 kms., sleeps 6, air, awning, Onan Generator, \$17,000. (250) 295-6598. Sep 27-Oct 11

1998 Chrysler Concorde. 92,000 km, fully-loaded with leather. Excellent condition. \$6,900. 16foot flatdeck trailer, near new. \$3,000, (250) 295-3853. Sep 27-0et 11

#### help wanted

Part-time office help required. Experience with transportation and exporting would be an asset. Please fax resume to (250) 295-4178 attn: Brent, or e-mail to brent@sbcfiremaster.com. Please do not drop off in person. Sep 20-Oct 04

#### notice

#### WANTED TO BUY

PRE-OWNED RIFLES. FOR MORE INFORMATION CALL RON AT PRINCETON **OUTDOOR SUPPLY** 295-0450 OR 295-0319

for sale

#### WOOD PELLET **SALES & DELIVERY**

Call

**Princeton Rentals** (250) 295-6545

#### announcements

### The Young Up and Comers Featuring Watkins Quality Products

Are looking for highly motivated, self-starters in your area to build to a Manager Position in your own Network Marketing Home Based business. Minimal investment required. Part time or full time.

Contact: Cheryl Young/Nigel Thom Watkins Independent Silver Managers Langley, BC I.D. # 019435

1-800-567-8998 yt-ent@uniserve.com

Sep 27-Oct 18

#### help wanted

Retired European tradesman available for home repair services (250) 295-0223 evenings. 04 04-19

#### for sale

1973 21 1/2 foot Travelaire Travel Trailer. Real good shape, everything works, never leaked. Two new tires, new propane tank, full bathroom. \$2,500 OBO. Phone (250) 295-0202.

#### yard sale

CRAFT & BAKE SALE 11:00 AM - 8:00 PM Wednesday, Oct. 26th

At Legion Hall Veterans Avenue, Keremeos Call (250) 499-2800 To Rent A Table

Oct 4-18

#### services

### TIN MAN

METAL ROOFING Sales • Installations

295-3743 1-888-647-3377

Jul 06-tfn

help wanted

### COMPUTER

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For more details call:

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HAR BLOCK

www.hrblock.ca

#### yard sale

#### Multi-Family GARAGE SALE

3rd Street, Tulameen (across from Store) ONE DAY ONLY 9 AM - ?? Saturday, October 8 NO EARLY BIRDS

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DID YOU KNOW THAT ONE CAT AND IT'S OFFSPRING CAN PRODUCE APPROXIMATELY **420,000 KITTENS IN 7 YEARS?** 

SHOCKED? SO WAS I BECAUSE MANY OF THESE CATS AND KITTENS DON'T FIND HOMES AND BECOME A NUISANCE IN OUR COMMUNITY.

I think a start to solving this problem is to fix our cats. So I'm offering to help people with a donation of \$50 for a female and \$25 for a male cat...if you get your pet fixed. Contact Dawn at Princeton Bakery (295-6670) before your vet appointment so we can make arrangements.

SINCE JUNE 30th WE HAVE HELPED LOCAL PET OWNERS 'FIX' 3 FEMALE AND 2 MALE CATS WITH 2 MORE WAITING. THANK YOU, PRINCETON FOR SUPPORTING THIS IMPORTANT PROGRAM!

services

Comfy Classic Linens "Health Sheets"

Bedsheets that bring special comfort to those who suffer arthritis, rheumatism, or cold feet due to poor circulation.

For More Information Call:

Vivian (250) 768-3204 Kelowna e-mail: vkleemair@shaw.ca Oct 4-25

Online classifieds for only \$1,00 GST per month. Contact us for a the details! (250) 295-4149.

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Fax Services Scanning **Word Processing** Resumes - Letters

(250) 295-6905 226A Bridge Street

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real estate

real estate



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Princeton Realty

224 Bridge Street, Princeton Phone (250) 295-6977 Fax (250) 295-3411

Full-Service Property Management - Neil McHaffie - 295-6977 Residential & Commercial Renting and Leasing

1) 2 + 1-bedroom home. Good condition. Non-smokers. \$600/month.

for rent

#### Silver Crest Housing

For Seniors 55 & Older Bachelor Suites, \$225/mo 1-bedroom, \$300/mo

Contact: Alice Cook (250) 295-6136

Or Helen Gallagher (250) 295-3825 Jan 18-tfn (b)

services

#### **Cliff's Painting**

Commercial & **Residential Painting** Repaint Specialist Interior/Exterior Over 30 Years Experience (250) 295-3639 (250) 295-8100 - cell

real estate



LOCATIONS WEST REALTY

HEAD OFFICE: 484 Main Street, Penticton, B. C., V2A 5C5



HEINZ EBENAU SALES REPRESENTATIVE

Princeton Office 105 Vermilion Avenue

Phone: (250) 295-7427 1-866-562-8855

Fax: (250) 295-7417

e-mail: heinzsells@cablerocket.com www.royallepage.ca/princeton

> Remember: Heinz Sells!

for rent

#### FOR RENT

UPPER DUPLEX, 2 BDRM, LARGE LIVINGROOM, \$500/MO INCLUSIVE DRIVE BY 1088-7 MILE RD. TO VIEW.

Drive by then call Neil at 295-6977 Mar 23-tfn

for sale

RENT THIS SPACE \$5.00+ GST per Week (250) 295-4149

help wanted

Hiring for full & part-time positions. Front of the house, back of the house. Experience not necessary. Drop off resume in Person at the Princeton Dairy Queen.

notices

#### for rent

#### VERY CLEAN

One Bedroom Apartments.

- 2-minute walk to downtown Princeton. Some suites overlook Tulameen River! - Start at only \$325/month.

Contact new resident manager (250) 295-4805

Mar 08-tfn

for sale

ALL NATURAL NO ANIMAL BY-PRODUCTS 100% ALL VEGETABLE GRAINED

PORK BY THE SIDE OR POUND ORDER SOON FOR BABY BEEF (250) 295-3739

Jul 19-tfn

wanted

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Stamps, Coins, Gold, Silver Raw Gold and Platinum Beads, Trinkets.

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KEREMEOS ELK'S

& ROYAL PURPLE

Every Friday Doors Open 5:30 PM

Elks Hall Keremeos

**SMOKE FREE BINGO** 

MONDAY NIGHT BINGO

IN PRINCETON

SENIOR CITIZENS BR. #30

162 Angela Avenue

4:30 PM Sales Start

5:30 PM 1st 47 Bonanza #'s Specials, Regular Games, Odd & Even, Procressive Snowball & Loonie Pot, "Lucky 7" Won Every Monday (Min. \$50.00 guaranteed)

BC Gaming License #860290

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ALCOHOLICS ANONYMOUS former Health Centre Building

SUNDAY OPEN MEETINGS - 8 PM (295-7931 / 295-7229) WEDNESDAY CLOSED - 8 PM (295-7931 / 295-7229) SATURDAY OPEN - 7:30 PM (295-3571)

TULAMEEN LIBRARY FRIDAY OPEN - 8 PM (295-7005)

ALANON - HEALTH CENTRE MONDAY 12 NOON ARBOR HOUSE WEDNESDAY 7:30 PM (295-7005 / 295-3784)

BINGC HEDLEY **OAPO** #64 Thursdays

5:30 PM Play Safe - Gamble Responsibly Lic. # 855423 notices

SUNDAY AFTERNOON BINGO In Hedley at the Chuchuwayha Hall

\$25. GUARANTEED MINIMUM PAYOUT ON REGULAR GAMES PAYOUT ON REGULAR GAMES
(\$50. DOUBLE - UP CARD)
PROGRESSIVE JACKPOT
MINIMUM \$1,000! PROGRESSIVE
POT OF GOLD MINIMUM \$500!
PROGRESSIVE LOONIE POT
MINIMUM \$100.
DOORS OPEN AT 9:00 AM
VINIMBER CALLED AT 11:30 AM
FOLLOWED BY FARLY BIRDS.

FOLLOWED BY EARLY BIRDS, REGULAR GAMES, SPECIALS & CONCESSION

SEE YOU IN HEDLEY!

Narcotics Anonymous

OPEN MEETINGS Thursdays 7:30 PM

160 OLD HEDLEY ROAD
Baptist Church Basement

Info: (250) 295-0542

#### Town of Princeton NOTICE

For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Avenue.

> Cover2Cover Bookkeeping & Office Services

Fax Services Scanning Word Processing **Resumes - Letters** 

(250) 295-6905 226A Bridge Street

**Puppies & Kittens** Available For You To Adopt

6-8 weeks old

South Okanagan Similkameen SPCA

(250) 493-0136

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#### Princeton & District Minor Hockey Association REMINDER NOTICE

We are still accepting registration applications. If you have not yet registered and would like to play hockey, please contact Linda Thompson at (250) 295-4152.

Start date for Regular Season begins on September 12, 2005 for Atom to Midget Divisions. Start date for Tykes and Novice Divisions will be October 4, 2005.

Coaches will be contacting each registered player to confirm the start time.

### Princeton & District Minor Hockey Association

We are currently looking at the option of having a Juvenile team. We currently do not have enough registered for a Midget team.

If you are of age 20 or younger at December 31, 2005, and are interested in playing on a Juvenile team, please contact Jim Coyne at (250) 295-7026.

#### GOD POWER

Finally, be strong in the Lord and in His mighty power. Eph. 6:10

### www.thenewsleader.ca



PROVINCE OF BRITISH COLUMBIA MINISTRY OF FORESTS



T

#### **BC TIMBER SALES TIMBER SALE LICENCE A78987**

Take notice that, pursuant to Section 20 of the Forest Act, timber sale licence A78987 is being offered for sale by BC Timber Sales, Kamloops Business

Closing Date: October 11, 2005 at 2:00 PM Geographic Location: Sleetsis Fire

Field Unit: Cascades

Estimated Volume: 500 cubic metres, more or less

Term: 10 months

NOTE: LICENSEE WILL BE RESPONSIBLE FOR DEBRIS PILE BURN-ING; NO EXEMPTIONS. This is a decked wood sale. There will be no cut-

Upset stumpage rate: The upset stumpage rate was determined by the market pricing system and is applicable only to coniferous green sawlog grades.

Upset Stumpage Rate / cubic metre for competitive volumes:

Timber Mark Product Volume Rate 78987 Sawlog PL \$23.29 450 78987 Sawlog FD \$25.07 78987 Sawlog BL 10 \$29.40 Species percent: Timber Mark Species Lodgepole Pine 78987 90% 78987 Douglas-fir 8% 78987 Balsam 2% This timber sale licence is fully developed.

Tenders will only be accepted from individuals or corporations registered as a BC Timber Sales Enterprise in Category Any.

This licence is subject to, among other things, new maximum term limits and extension fee and surrender provisions.

Applicants are advised to carefully consider the impact of these changes when formulating their bids. Further information on these changes may be found in Advisory Bulletin 08/03/04.

Applications will be accepted by the Timber Sales Manager, Kamloops Business Area, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

There is additional material that the applicant must consider in their application This material which includes application forms and other information about the TSL can be obtained from the above BC Timber Sales Business Area Office or via the Internet at: http://www5.for.gov.bc.ca/notices/init.do.

# Congratulations Pete & Cheryl

FREE AND CONFIDENTIAL

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IS AVAILABLE TO ANY WOMAN WHO HAS EXPERIENCED

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Office hours 8:30 AM - 4:30 PM

MONDAYS, FRIDAYS - KEREMEOS (250) 499-5928 TUESDAYS, THURSDAYS - PRINCETON (250) 295-4453



From: George & Brenda

# editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0

## my turn

# Another twisted fable

Boys and girls we are going to learn about a place called 'Stagnation' - which was once on the road to Prosperity but got tangled up in some ugly local politics.

Stagnation, formerly Prosperity, once had a very smart man working for the Department of Improved Lifestyle. It was a one of those departments that was funded by the community and a number of other surrounding communities and business interests. As a result, the department was very much misunderstood by many who lived in Stagnation.

It was quite normal for a large number of the people from Stagnation to make noise whenever the contract came up for review that kept the smart man from the D. I. L. employed.

Since he was not a local, many did not like him. Others thought he was some sort of nutcase because he often preached to them. His preachings were on subjects such as 'Building Your Infrastructure' and 'How To Create New Business' and 'Marketing Those Things You Really Do Have Going For You.'

It was at one point in this man's contract that a discussion was heard where someone suggested the value of teaching others what this man did, and how all the pieces in the jigsaw puzzle could fit if everyone showed theirs and wanted to play the same game.

So a hall was rented and dates were set and only days before the big event it became clear that not many were interested in finding out how to keep Prosperity from turning into Stagnation.

It was a sad day for the community and eventually a town far away called out to this man and offered him wine and roses and a clean slate to do whatever he wanted.

He went and turned that tiny little community into a very vibrant location filled with resorts, pools and community centres. It attracted new families and companies set up plants which created jobs because everyone soon wanted to be a part of this new community.

Moral of the story: Think you know everything there is to know about Economic Development? Why not prove it by attending 'Economic Development 101' at the Skills Centre on October 5th and 26th.

Call 295-4051 to register then go and find out what you really don't know about the subject!

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous , libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

# Similkameen News Leader

ISSN 1712-090X

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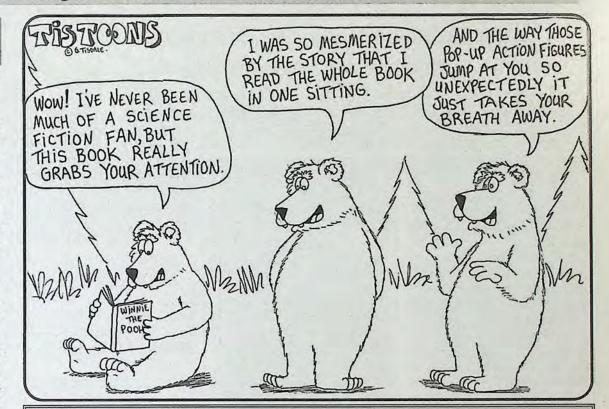
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Publisher: Office Administrator: Reporter: George Ellott Brenda Engel Dawn Johnson



### your turn

# Well, um...okay then

To The Editor;

What the American people don't know about the world outside Uncle Sam's gates is storied in books and documentaries - indeed, it is widely rumoured that much of what transpires inside them is a source of puzzlement to many of its denizens; and may very well overload several databanks.

Nevertheless, there is one indisputable fact about the world that has been practically an article of faith for every man, woman and child with feet fortunate enough to fit the golden stars and stripes slippers.

It changed forever with 9/11. A bigger change was 7/11 - a chain of convenience stores - but that went virtually unnoticed.

Whilst the loss of life is lamentable, it still remains that many countries around the world had been suffering deaths and torturings for years before the so-called 9/11 event, (no small amount of which reportedly backed, at least, by U. S. foreign policy); and yet the world trade towers still stood and it was business as usual; the nimbys (not in my backyard) unaffected.

7/11 was a mere one of countless minor ripples in the tidal wave set in motion by the founder of the world's first commercial empire - Avaricius Ripofficus.

Avaricius emerged from his cave one morning, bright and calm, to shave his perfectly reflected whiskers in a placid rain puddle - a consequence of the night's all too infrequent precipitation - suddenly...a thought struck - ouch; then, water. Soon after, another 'bottle'; bottle?

The pupils of Avaricius' eyes were magically transformed into shekel signs, and the rest is World Trade History.

Yes. The world changed on 9/11. That is, what is now synonymous with the "world" - World Trade; and it's twin symbols reduced to rubble.

The Pentagon too broad and horizontal to be levelled; but nevertheless the military partner in the acquisition of more shekel-generating enterprise.

Perhaps, rather than the demagogic claim that "they hate our freedom" the motivation was a rage against the fact that all life's value has been reduced to its trading price in shekels.

Yes, yours and mine, too!
- Michael McNulty, Princeton

# thoughts on education

We are at a critical juncture for the future of public schools in this province. B.C.'s teachers want to work with parents, trustees, and government to improve the services we can offer our students and ensure that we can meet their needs.

Three years ago, the government stripped the protections for student services from the teachers' contract. Since then, students have experienced larger classes, fewer services from specialist teachers, and less support for students with special needs.

Teachers believe that these problems can only be solved through respectful dialogue. So far, the government through its bargaining agent has taken the position teachers can not discuss students' learning conditions and there is no money for any improvements for students or teachers.

Gordon Campbell stated on CNNW Radio on September 27, 2005, that any problems with class size and composition are the responsibility of school boards. On September 28, 2005, Shirley Bond, minister of education, announced that the ministry would begin collecting class-size data from school boards for the first time. Bond went on to say that school planning councils, made up of an administrator, parents, and a teacher representative, were the proper body to decide on issues of class size and composition.

The same day, the employer announced that it is going to the Supreme Court of Canada hoping to get a ruling banning teachers from discussing class-size issues with parents.

This government downloads costs on school boards, doesn't provide adequate funding, suggests that any problems are the fault of school boards or SPCs, and attempts to silence the voice of teachers.

We need a different approach, one that respects students, parents, and teachers.

- Jinny Sims, President

B.C. Teachers' Federation

**Current Comment:** 

# anadians pause to thank God



Dawn Johnson editor@thenewsleader.ca

It is a purely North American tradition.

Once a year, Canadians honour Thanksgiving. Next month, Americans will celebrate their Thanksgiving. This North American tradition goes back hundreds, perhaps thousands, of years. We tend to associate Thanksgiving with European settlers who gave thanks for a good harvest.

In fact, the original settlers of North America, the old tribes, gave thanks to the Creator on a regular basis. In their tradition, the Creator is thanked for the abundance of

Unlike Christian prayers which ask God for things, First Nations prayers were about thanking the Creator for the present and past abundance, and for the abundance to come. First Nations people believe focussing on abundance brings abundance.

I have often heard people ask, "What do I have to be thankful for?"

Too often, we ignore the obvious good things we enjoy and focus on what we do not have. First Nations people believe focussing on scarcity brings scarcity. They believe our thoughts bring about our condi-

What do I have to be thankful for? First, I have good health and the abundance of a roof over my head, food on my table, and all the conveniences of modern life we take for granted, like hot water at the turn of a faucet and light at the flick of a switch.

You may think this is hardly worth mentioning, but consider those who survived Katrina: I bet they don't take these for granted anymore!

I can be thankful for the good health and prosperity of my children and grandchildren, and my various other extended family members. The people I care about are doing well. Perhaps we could spare some thanks for those health care professionals who help keep us healthy.

When we sit down to a big Thanksgiving dinner, we can be thankful for those who raised the turkey, grew the potatoes and other vegetables, the truckers who brought the goods to our town and

the stores that stocked this food for

Perhaps we could thank our employers for providing a job to earn enough to buy the food. Let's face it: in a lot of countries, even if the food were trucked in, few could afford to buy it. We take our food abundance for granted.

We can be thankful for our community. I am proud of the Canadians who rallied to help the victims of the tsunami and Hurricane Katrina.

They did not wait to be invited to help, they just pitched in where they were needed. Others sent

This is what community is about, and we should thank everyone for their generosity and willingness to see others' needs as important.

Locally, those with true community spirit kept doing their deeds, making our lives a little better, fuller and more enjoyable. If you are one of those people who made an effort to do something for your community, I thank you.

I could go on for a long time about all of the things we can thank God for, but you get the idea. Say "thanks" this weekend, and have a happy Thanksgiving.

# ourt News

Fall has arrived and so it has provided us with a new pastime. We cut out leaves of various colours and put them on our windows.

A small sheaf of Fall grasses has been placed by a pole in the room. And now we're beginning to make things for a Sale Table. So scissors, paint and paste are in full use. Luckily for us the paint is

Not to be forgotten is our word making. From a large word smaller ones are made. Somewhere nearly 100 small words are found.

And then we do exercises while sitting in our chairs.

Some are easier than others. We all try.

- submitted by D, Stenvold

HAVE YOU VOTED YET? www.vermilionforks.ca

# **Heart Food**

by Dave Machin



The life God has given you is a precious gift. Are you making the most of it? Actually nothing is more vital than making the most of the life you have been given by God. In fact the greatest challenge each one of us faces is the challenge to make something of our life by fulfilling God's plan for us on this Earth. Your success or failure can be answered by this one question: What are you building your life on? A life that will stand to God's glory can't be built on fame, fortune or pleasure because those things alone are empty, shallow and unfulfilling and will soon pass away. Then what can we build our lives on? My thought is this, our lives must be built on God and His word, because God's Word will stand the test when everything else passes away and fails. The foundation you build your life on is totally up to you. But if you build your life on the rock - The Lord Jesus Christ - then the light and love of God will shine upon you and through you until it begins to influence others. Every human being on the face of this Earth must make the choice as to what they build their lives on - no one can build it for you. However, a person's foundation will certainly make the difference between success and failure. You may think your life is unimportant or insignificant, but God can make something valuable of your life, no matter what has happened in the past. Commit your life to God. Allow Him to work in your life, you are never too young or too old. Joseph was only seventeen when he went into slavery. Many tests and trials came his way. But each time he stood the test and by the time he was thirty he was chosen to be the Prime Minster of Egypt! God could make the most of Joseph's life because Joseph determined early in life to take a stand for God. God can use you mightily for His purposes also! He can make something of your life. All you need to do is commit your life to Him and follow Him every step of the way. He needs your willingness and your availability. He needs your determination to stand for His word in every situation. Then the light of His favour will shine upon your ways. You will need some discipline and perseverance, but if you will place your life in the Master's hands you will never be sorry that you did. Because God is good, His Word is good and good all the time.

Pastor Dave Machin, SUNDAY SERVICES 10:30 A.M. Phone 295-0599 9:00 AM - 3:00 PM Monday-Friday 221 A Bridge Street, Princeton, B.C.

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#### Have something to say? We'd like to hear it!

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# Similkameen Valley Planning Society

**Formation of Tourism Advisory Committee** 

The Similkameen Valley Planning Society is forming a Tourism Advisory Committee.

The Committee will stand for one year and have the goal of creating a tourism development and marketing strategy for the Similkameen Valley.

The first meeting will be in October and monthly meetings will follow. The SVPS invites members of the tourism industry to apply for membership on the Committee. That can be done by contacting Michael McLaughlin at (250) 295-7260 or (250) 499-5130 or via e-mail at edo@similkameen.org.

Membership will be limited to 12 persons and we will attempt to have representation from as many tourism sectors (accommodation, restaurant, guest ranches, B&Bs, arts and culture, events, tour guides, etc.) as possible. In the event that there are more than

12 applicants, those not asked to join the Committee will receive minutes of meetings and may be asked to participate on a sub-committee.

We are grateful for all applications.



Princeton Secondary School Senior Girls Volleyball Team won their first tournament of the season in Kamloops September 23 and 24. The team members are, back row from left: Nicole Thomas, Kayley Thomas, Coach Barb Skinner, Colby Whelpton and Charmaine Aiken. Middle row from left: Ashley Folk, Amber Peppler and Shelby Mack. Front row from left: Jana McKenzie and Nadine Price. See page 11 for full story.

**Letter To The Editor** 

# omething confuses Toews

Dear Editor:

Everyone will remember the tragedy that befell little Matthew Vaudreuil in 1995. On a daily basis the newspaper and TV headlines screamed for social workers heads, the heads of those representing the provincial welfare ministry; and, of course, a government that purportedly represented the weakest in society was called on to resign in shame. Fast forward to 2002 and the death of Sherry Charlie who also died as the result of abuse at the hands of a relative.

From that date until the present the Provincial Liberal Government has received no unfavourable comment by the media for firing half of all social workers and used all means at their disposal to ward off criticism of themselves and their depleted welfare ministry. The latest roadblock the Provincial

Attorney General has thrown up is that we may no longer use the little girls name, ostensibly to protect the family.

This means of course that you will no longer see her name in print; but the Liberals know that out of sight, means out of mind to the population at large---long range election strategy?--is censorship now part of Victoria's version of democracy? Now please allow me to change the subject.

In 1998 the NDP in BC brought in legislation to sue Big Tobacco for health costs caused by their products. Their suit was dismissed by the Supreme Court of Canada. As of today the same suit, reinitiated by the Provincial Liberals was unanimously allowed to proceed, opening the door for all governments to follow suit. What is wrong with this picture? Obviously, only a Liberal government is allowed to pass progressive legislation.

The previous NDP government also outlawed smoking in all public buildings. It was the first government in Canada to act on this problem, much to their detriment. Their action resulted in the media, bar owners and the big bosses starting

an incessant anti-government lobby ending in the NDPs ultimate defeat. Fast forward once more; after a brief courtship with bar owners circa 2001, the Liberals realized public opinion was against them---once more, what was good for New Democrats was adopted by the Liberals----but, did you also notice that there was no adverse media reaction?

Last but not least, let me remind you of the reams of editorial copy devoted to the NDP- run ICBC for allowing that publicly owned corporation to spend some of their surplus on accident prevention. Did you notice last weekends edition of a major daily, devoting a whole pull-out section to the Liberal-run ICBC, and how they intend to spend our premium excess on--yes, you guessed it accident prevention.

I suppose I should be thankful that some progressive ideas have been allowed to proceed under the present administration, but can someone please tell me why all that is encompassed in the last few paragraphs was bad when initiated by the previous government? Sincerely,

A very confused HPToews

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# Princeton Golf Club

ANNUAL GENERAL MEETING

1:00 PM Sharp - Sunday, October 30th Princeton Curling Club

Agenda To Include: Election of Officers ALL MEMBERS URGED TO ATTEND



Princeton Rotary Club President Rob Marshall, left, presents Vermilion Trails Society President Judy Short with a cheque in the amount of \$5,200 in support of the Princeton portion of the Trans Canada Trail network. The cheque presentation was part of a public ceremony held Saturday morning.

Letter To The Editor

# eacher defends students

"Your Children - Our Students" Princeton teachers understand that parents are concerned about

their child's learning being disrupted in a job action situation. We have taken a strike vote,

but are working hard to achieve a negotiated settlement.

We did not want to take job action. This is always a last resort.

But we are worried about stu-

dents, learning conditions and are determined to make improvements for students.

The employer says it doesn't have the ability to bargain improvements in learning conditions and a fair salary settlement for teachers, because the provincial government won't allow it.

We are asking parents to join in calling on the government to work for a solution, not to legislate more problems.

There is a great deal of common ground. Parents want to put the best interests of their children first. Teachers want to put the best interests of students first. Parents and teachers, working together, are powerful allies for public education.

Yours truly, Robert Tarswell, President Princeton District Teachers,

# **Employment Services & Resource Centre**

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- Develop and facilitate employment related workshops.
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If you are interested in this challenging and interesting opportunity, please forward your resume and cover letter to: paml@workzonebc.com

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Most of us think of life insurance as a way to protect our family financially when we die. But insurance coverage can go beyond that basic need, to enhance the value of an estate.

Of course, an insurance policy's primary purpose should be to ensure that your loved ones won't find themselves in difficulty. But consider using life insurance to leave more to your heirs, other beneficiaries

You can do this through a permanent life insurance policy, such as universal life or participating whole life, which provides both insurance and an investment component. The insurance portion will take care of basic insurance requirements, while the investment portion can be used to boost the value of your

For example, when you take out a universal life policy, a portion of the premiums you pay go toward insurance, with the rest going into the policy's investment component (sometimes known as the cash or savings portion). The money in the investment component is sheltered from tax, resulting in faster growth than if money is invested outside the policy.

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With universal life, you have some control over the investment portion because you can choose from a number of investment options offered by insurers. Typical choices include investments whose returns are linked to the performance of brand name mutual funds, guaranteed interest accounts or stock market indexes. The wealth that accumulates in the investment component will depend on the deposit paid and performance of underlying investments.

How much you pay in premiums and how often is generally up to you. In most cases you can pay what ever you wish. However, there are government-imposed maximum's based on factors such as your age, gender, expected lifespan and the face value of the policy.

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You're a good candidate for universal life if you have money left over to invest after your basic financial, Investment and Insurance needs are met - including maximizing yearly Registered Retirement Savings Plan (RRSP) contributions and paying down loans. This type of policy is suitable for not only for those seeking insurance flexibility and a way to enhance estate values, but for those who need additional tax-sheltered growth after making RRSP contributions.

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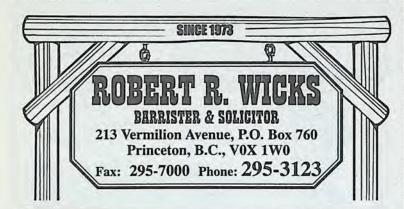


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# October 5 is World Teachers'

parents working join with colleagues

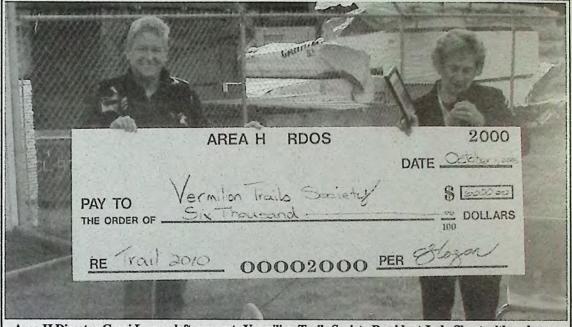
Teachers and On a day when we together for worldwide to celebrate students our profession, local teachers want to say

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A message from Princeton Teachers

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Area H Director Gerri Logan, left, presents Vermilion Trails Society President Judy Short with a cheque worth \$6,000 at an outdoor ceremony last Saturday morning at the Princeton Gateway on Burton Avenue.

# Community Services reviews past year

Change and more change marked 2005 for Princeton & District Community Services Society. President Joann Gabriel reviewed the changes during her report to society members at the annual general meeting held September 26 at Vermilion Court lounge.

The most significant change is still in progress - moving from the house on Halliford to the former health unit. New Beginnings moved to that location in June, after spending many years at the Elks Hall.

MaryAnne Apartments, located on Lachine Avenue, was torn down and a new building on the site will be completed soon. This structure will be home for older clients of the society.

Gabriel noted the increasing costs of operation, especially maintenance. Society members passed motions permitting higher spending limits for the Board and permission

to rent, lease or sell some properties no longer needed by the society.

Two Board members, Gloria Stout and Jean Haugland, have retired. Torry Small returns to the Board of Directors, joined by new member Comie Froese.

Lynn Pelly, Executive Director of Community Services, noted the number of Home Support clients has increased during the past year. Along with this increase, she has had longterm staff retire and has searched the community to recruit qualified personnel. Community Services employs more than 50 people.

The financial report showed increases in some areas, but only slightly above last year.

The society has capital assets worth more than \$3 million. Cost increases were evident in equipment lease and rentals, modernization, repairs and maintenance, and wages and benefits.

Meals on Wheels has seen an increase in the number of clients using the service, with an average of 22 clients receiving meals on a regular basis.

Adult Day Centre, which takes place at Vermilion Court, has an average of 9 - 14 people. The program offers exercise, entertainment and activities to stimulate older community members.

Aida Bouvette runs this program, and enjoys surprising her clients with events like a visit from "Elvis". Many talented people from the community volunteer to assist with the program.

Society members have no doubt that they will see more changes in the coming year.

#### Weekly RO CMP report

On Saturday, September 24th Princeton RCMP received a complaint of an Impaired Driver in Princeton, with a vehicle description and licence plate provided.

The vehicle was located and the driver showed obvious signs and symptoms of having consumed alcohol.

He was taken to the RCMP detachment office where he provided samples of his breath which were 280 and 270, well over the 80 mg percent alcohol.

The 48-year old Male from Chilliwack was a prohibited driver, the vehicle was towed and impounded, and the driver faces Criminal Code charges of Impaired Driving and Driving while over 80.

He is to appear in court on December 15th, 2005, in Princeton. Princeton RCMP attended a complaint of a motor vehicle accident north of Princeton on Highway 5A early on the morning of Sunday, September 25th.

The driver was located at camp Tulahead, he had gone off the road when he swerved to miss a herd of deer on the highway, the van went off road left, down the embankment where it submerged, the male remained conscious and managed to escape the sunken van, swimming to shore, then walking towards the lights.

The 39-year old male from Salmon Arm suffered sore ribs as a result of the accident, he was transported to the hospital for examination. The submerged van was removed during daylight hours.

Sometime between the evening of Tuesday, September 27th and the following morning, six windows were smashed at John Allison Elementary School.

Entry was not gained into the school, the windows were kept intact. Anyone with information on who is responsible for this act of vandalism is asked to contact Princeton RCMP at (250) 295-6911 or CrimeStoppers at 1-800-222-8477.

Princeton RCMP say they appreciate local citizens making reports on incidents happening in the com-

"It is only with the extra eyes and ears that we are effective in our job," says Detachment Commander Sgt. Kurt Lozinski.

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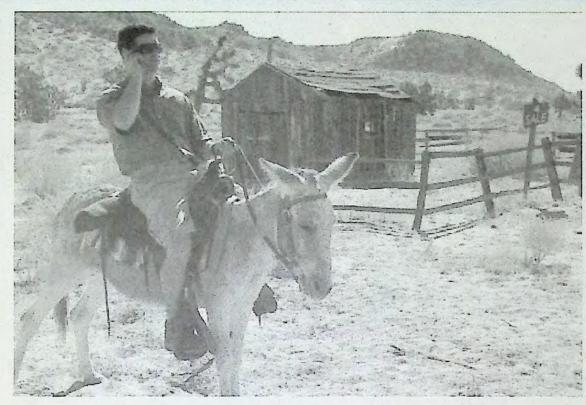
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