

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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News Leader**
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**Semi
flips
on
highway**

Around 1:00 AM on Wednesday, October 12th, Princeton RCMP, Eastgate Volunteer Fire Department and Princeton Ambulance responded to a report of a semi truck-trailer unit (B-train) that had flipped onto its side at the Copper Creek rest stop, just West of Sunday Summit.

The driver was transported to Princeton Hospital with non-life threatening injuries.

Some of the truck's contents leaked from the trailer and tractor unit. A sanding truck was dispatched and attended the scene, and a portion of the road was closed until the spill was contained.

Ministry of Environment was notified and will investigate for possible soil contamination.

The 36-year old male semi truck driver was issued a fine under the Motor Vehicle Act for driving too fast for road conditions.

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McLean becomes Mayor



Princeton voters will only cast ballots for Councillor seats in the upcoming Municipal Election. Randy McLean won the Mayor's seat by acclamation.

*Nine
candidates
running
for
Councillor*

Nominations closed at 4:00 PM last Friday for the upcoming Municipal Elections.

The Town of Princeton Town Council for the term of December 2005 to December 2008 will be chaired by Randy McLean. McLean, who has spent many years on Town Council, including time as Mayor, was the only candidate to file papers for the Mayor's seat.

Electors in Princeton will only cast ballots deciding the four Councillors who will join McLean. The choices include incumbents Spencer Coyne, Lorne Esselink and Ray Jarvis as well as newcomers Darrel Alexandre, John Babiak, Pam Jones, Jim Manion, Maria Sadegur and Danny Sulentich.

Both Manion and Sulentich have served on Town Council in the past.

Up the Valley in Keremeos, the Municipal Elections will take on a very different approach with the only race being for Mayor.

Incumbent Walter Despot is being challenged by Kevin Andrews.

The four new members of Keremeos Village Council are incumbents Terry Zeller, Ed Minshull and Jeremy Evans. They will be joined by newcomer Manfred Bauer.

In the Nicola-Similkameen School District #58 race three candidates were returned to serve on the School Board by acclamation. They include Gordon Comeau, Ken Heuser and Dina Slowikowski-Campbell.

RDOS Chief Election Officer Tracey Batton announced that the race for Area H saw Gerri Logan returned to the position of Director as she was not challenged.

George Hanson also wins his seat back by acclamation in Electoral Area B (Cawston).

Two candidates will battle for the Keremeos Rural/Hedley (Area G) seat. They are Elef Christensen and Joe Nitsch.

RCMP report rash of B&Es

There has been a drastic increase in the number of residential break and enters during the daytime to evening hours in the Princeton area over the past few weeks.

Police say the same items are being taken in these incidents: jewelry, money, old money, coins and foreign currency.

"Police request the public's assistance in that neighbours watch for unusual activity or people that are hanging around their neighbourhood, or going residence to residence, maybe even knocking or ringing a doorbell to see if anyone is home,"

says Princeton RCMP Detachment Commander Sgt. Kurt Lozinski.

"The thief might have even checked on a residence that someone has been home at and stated they are looking for a friend of theirs and got your house by accident."

Lozinski says if you encounter anyone trying to sell jewelry, notify RCMP or CrimeStoppers.

"Businesses are asked to watch for older coins or coins from foreign countries being used, as well as old paper money being used by someone for retail sales."

Lozinski advises residents to lock

up valuables and to ensure windows are locked and that safety bars or sticks are put in sliding glass windows.

"Lock up your residences when you leave, watch your neighbours properly and for unusual people in their yard or across the street."

If you see someone that is not familiar to the neighbourhood, Lozinski says call the police and provide them with a clothing description.

"It is with community and neighbourhood involvement that we increase our chances of, and can be effective in catching this person."

Petrobank commits to protect Swan Lake

The Swan Lake recreation area will be preserved for future generations to enjoy thanks to the joint efforts of the Town of Princeton and Petrobank Energy and Resources Ltd. Last week Petrobank announced that it will commit to operations that will protect this valuable community space.

Petrobank's commitment will ensure Swan Lake continues to thrive as an important eco-recreational space for the entire community. Although the company has drilling rights on lands surrounding Swan Lake, it currently has no plans for operations in the area. Conversations with members of the community represented by the Town and the Upper Similkameen Indian Band (USIB) were helpful for Petrobank's understanding of the area as a valued community resource.

"Swan Lake is one of the many

great natural places that we enjoy in Princeton," says Mayor Keith Olsen.

"Petrobank is still conducting initial exploration, yet it recognized the great public recreational value of the lake and has willingly agreed to manage its own operations to preserve this asset. As a new company in our community, Petrobank is displaying its leadership by making the decision to protect Swan Lake for our future."

Chief Richard Holmes of the USIB also supports the move to protect Swan Lake for people and for nature. "We thank Petrobank for preserving the lake for future generations," says Chief Holmes.

After carefully reviewing its potential drilling program, Petrobank concluded that any future drilling in the area can be conducted in such a fashion that ensures Swan Lake and surrounding land remain undisturbed.

The company was originally

approached by the Vermillion Forks Field Naturalists to release its lease rights to the area. Petrobank responded that it will not release its rights. Rather, the company offered an alternative to preserve the land after concluding the protection of Swan Lake would be good for the entire community.

"We're very proud of this opportunity we have to help preserve the recreational use of Swan Lake for many generations to come," says Gregg Smith, Vice President Canada, Petrobank.

"Our operations on this project remain under review, but Petrobank is dedicated to showing we have the integrity to be a responsible member of the community."

Petrobank is currently completing its examination of the results from a natural gas from coal test well 4.5km southwest of Princeton.

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Amy Brewer, Ian McKenzie and Brooke Bottcher enjoying the autumn weather last week at the Currie Ranch. The trio went horseback riding while schools were closed as a result of the Teacher's Strike. The News Leader thanks Lorraine Stubbins for sharing the photo with us.

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RDOS marks Waste Reduction Week

The Regional District Okanagan-Similkameen (RDOS) and the members of the Solid Waste Committee are participating in and promoting Waste Reduction Week in Canada from October 17th to 23rd.

Waste Reduction Week in Canada is intended to raise public consciousness about waste and its environmental and social ramifications. In addition, Waste Reduction Week provides an opportunity for

the Regional District to recognize people's waste reduction efforts as well as to share information to help people further reduce waste.

"Based on statistics from July 1, 2004 to July 1, 2005 in rural Penticton, Okanagan Falls and Keremeos and surrounding area, 614 tons of material were recycled," says RDOS Board Chair Dan Ashton.

"To put this in perspective, 614 tons is equivalent to 95 full-grown

male African elephants. Of this 614 tons, there were 436 tons of newsprint and mixed paper, 128 tons of corrugated cardboard, 9 tons of #2 cloudy plastics, 22 tons of tin, 8 tons of glass and 11 tons of blue bags."

The results?

"Recycling is working and residents are doing an amazing job!"

For more information on Waste Reduction Canada visit their website at www.wrwcanda.com.

Atamanenko prepares for election

As speculation over the timing of a federal election call runs rampant, NDP candidate Alex Atamanenko continues to gear up for a strong campaign in B.C. Southern Interior.

Atamanenko was in Ottawa the weekend of October 15-16, joining NDP Leader Jack Layton and more than one hundred other NDP candidates from across the country to prepare for an election whenever it is called.

"We discussed a different kind of government, where people, not

Liberal insiders, are the priority," says Atamanenko.

"Jack Layton and the NDP MPs have already shown how much they can get done with only 19 MPs. Thanks to the NDPs better balanced budget, people in our communities will benefit from increased support for education and training, affordable housing, and environmental protection. Just imagine what we'll be able to accomplish with even more NDP MPs."

Atamanenko says the NDPs

efforts to stop the privatization of health care will be highlighted at the conference.

The weekend featured keynote speeches from NDP MP Ed Broadbent and Shirley Douglas, the daughter of former NDP leader Tommy Douglas.

Atamanenko, who has already been knocking on doors and attending events in many different communities, says the weekend conference will help in the preparation for a strong campaign in B.C. Southern Interior.

Hedley man faces house arrest

Leonard C. Porter, age 47, of Hedley, appeared in Provincial Court in Princeton on October 13 to plead guilty to possession and production of marijuana.

Police searched Porter's residence and found approximately two kilograms of marijuana in various ziploc bags, and a total of 80 mari-

juana plants in various stages of maturity.

Porter was ordered to serve a nine month conditional sentence which amounts to house arrest. As well, he must do 75 hours of community service work. All grow op equipment is forfeited and Porter is prohibited from possessing firearms.

Dirt bike lands driver in Court

A lower mainland resident who rode his dirt bike around Tulameen was apprehended by police for driving an unlicensed vehicle. The dirt bike was not registered nor licensed.

In addition, Tomas Cepek had been given a 24 hour driving suspension the night before.

Cepek was ordered to pay a \$1,000 fine and is prohibited from driving for two months.

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Splash Park, anyone? Work progressed well last week in Rotary Park on the new Splash Park.

Panorama exploration continues

Goldcliff Resource Corporation is pleased to report on the exploration work in progress at Panorama Ridge in the Hedley Gold Basin, of British Columbia. Both the surface trenching and the core drilling are well under way. Weather conditions have been favourable, ensuring that the exploration program will be completed on time and on budget for 2005.

The 2005 exploration program is focused on the York-Viking and Nordic gold zones where significant gold values have been discovered by earlier surface trenching and drilling. In 2003, Goldcliff's discovery hole at the York-Viking zone discovered a high-grade gold intersection in core averaging 4.12 grams per tonne gold (g/t) over 5.00 metres.

In 2004, Goldcliff's surface trenching within the 2003 drill area exposed 1.13 g/t gold over a total trench-length of 77.40 metres including 1.70 g/t gold over 23.00 metres. Drilling that year (2004) in the trench area, hole-DDH24023 intersected high-grade gold values in core averaging 7.72 g/t gold over 6.00 metres.

The current 2005 exploration program is following up on the highly encouraging gold results from the trenching and drilling at York-Viking gold zone.

With high-grade gold discovered, the 2005 Nordic trenching has been very successful. The gold results from trench-ND56 cut 15.60 grams per tonnes (g/t) gold over 3.00 metres, within a 23.20 metre interval that cut 3.22 g/t gold. From end-to-end (106.60 metres), the entire trench encountered gold mineralization that averaged 1.03 g/t gold.

The discovery hole in 2003 drilled at the Nordic is located to the southeast of the high-grade gold values in trench-ND56, which average 1.77 g/t gold over a total core length of 17.00 metres.

The core gold intersection is interpreted to be related to the surface trench gold sample results of trench-ND56. The current 2005 drilling program is following up on these highly encouraging trench results.

The surface trenching at Panorama

commenced in early June and will be completed in October. The core drilling commenced in mid-September and will be completed in October.

Samples from the trenching are 80 per cent collected and have been shipped to the assay laboratory for analysis. The drill core is also being sampled for analysis.

Goldcliff's Panorama Ridge property contains gold skarn sedex-stra-

ta-bound mineralization.

Goldcliff's property is located to the east of the previously-mined Nickel Plate-Mascot gold mine that once produced 2.5 million ounces of gold from gold-ore bodies contained within gold skarn-sedex-strata-bound mineralization.

At Panorama, the gold grades and geology at the York-Viking and Nordic gold zones are comparable to Nickel Plate-Mascot gold mine.

Adults make a difference

Do you remember the struggles of growing up? The challenges? The opportunities?

Do you remember the people you turned to for support, inspiration and guidance?

It may have been a close friend. But, most likely, it was a parent or another adult such as a grandparent, coach, teacher or neighbour. Despite what most people think, most young people want and need adults in their lives. And although they may be embarrassed to hug Dad in front of their friends, all young people long for supportive relationships with adults.

Building relationships is vital for our youth. Young people who have access to caring adults are less likely to engage in at-risk behaviours. Adult relationships help kids feel like: "I matter" and that they can make a difference.

The positive benefits of developing quality one to one relationships between an adult and young person will have a significant impact on the choices they make.

When providing a positive relationship with a young person in your family or community one must remember to:

- Take time to learn about the young persons lifestyle-the music they like, what subjects they like at school, sports they play or who their friends are.
- Be yourself and kids will trust you more.
- Confront inappropriate behaviour directly, but with care and concern.
- Sometimes the best thing you can do is just being there.
- Do not ask questions you would

not like to answer yourself.

- Seek to be a positive role model with integrity.

By taking these simple steps in developing positive relationships with young people around you, you are better able to understand youth. Youth are creative, inspiring individuals who just need to be heard. When we invite young people into our lives we develop a win-win situation for everyone.

If you would like to begin with the baby steps of asset building in your home, neighbourhood, business or organizations please give Nadine a call at 295-7222.

- submitted by Nadine McEwen
CYC Asset Development
Coordinator

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This is a permanent part-time position - 28 hours per week. Use of a personal vehicle is required. Clearance through a criminal record review is required.

This position is unionized. We offer a competitive starting salary of \$27.23 per hour, plus a comprehensive benefit package.

Closing date for applications: open-ended

Please send applications marked "Confidential" - Competition #05P-CYM by mail, facsimile or e-mail to:

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Keremeos, BC V0X 1N0

Fax: (250) 499-2333
E-Mail: lscss@nethop.net

For further information contact:

Stephen Morgan, Team Leader,
Ministry of Children and Family Development
(250) 487-4422

Or: Eileen Oliver-Bauer, Administrator, LSCSS
(250) 499-2352

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keremeos and area news



Similkameen Sizzle Chairperson Judy Egli announcing the successful results of last month's Pepperfest during a wrap-up dinner last Wednesday night at Jeff and Pat Rowe's.

Sizzle celebrates success

Members of the Similkameen Sizzle Committee hosted an informal barbeque at the home of Jeff and Pat Rowe last Wednesday night.

The wrap-up dinner included a short meeting where Chairperson Judy Egli announced the financial report.

Income for the September 17th event totalled \$16,703 - about the same as previous years. Expenses were down slightly to \$11,201 leaving a profit of \$5,502.

"So we did good," Egli said. "We met all our expenses and I'm happy with that."

The profit figures provide seed money for advance costs related to the upcoming fifth Pepperfest.

Interest in the Keremeos event has reached as far as New York City with Chili Pepper Magazine adding Similkameen Sizzle to their published calendar of events.

Egli said she would really like to promote the festival in more regional parades and committee

members approved the purchase of two full-size slip-on costumes in the shape of a red pepper. The outfits cost about \$50 each.

Egli reasoned that costumes with a banner would be far easier to transport to out-of-town parades than a float.

Fire Department hosts event

by Dennis Walker, Giant-FM Newsroom

A well-attended Fire Prevention event was hosted last weekend in Keremeos.

Volunteer firemen gave instructions on the proper use of a fire extinguisher and reminded residents to change batteries in smoke alarms at least twice a year.

It was also an opportunity for Keremeos Volunteer Firemen to meet the public. Over the past couple of years they've worked out an arrangement with Similkameen Elementary Secondary School to have two students a year working with the

Discussion shifted to the need for more volunteers and suggestions included possibly offering part of the event to another community group to run and volunteer incentives, but no decision was made.

The fifth annual Pepperfest is set for Saturday, September 16, 2006.

fire department as young firefighters.

Chief Jorde Bosscha says adding the youth element has worked well for both the department and the school. They're now adding Grade 10 involvement.

RDOS sets dates

Keremeos area residents receiving curbside garbage and recycling services are reminded that free yard waste pick-up dates have been set.

October 17th to 21st and November 14th to 18th. Unlimited amounts of yard waste will be accepted.

10th Annual

"Taste of Our Valley"

5:00 PM - 9:00 PM Saturday, October 22

Victory Hall, Keremeos

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Jeff Rowe manned the barbeque at a wrap-up dinner for Similkameen Sizzle last week. Rowe, and his wife, Pat, hosted the event at their home. Rowe is also the new Chairman of the 'Kars Under The K' Committee and says he is pleased with the response he has already received in support of the car show.

New blood restores 'Kars'

New Kars Under the K Committee Chairman Jeff Rowe has lots to be happy about.

He has been able to pull together all previous organizers into a 'super committee' of close to 40

members.

The Committee has also decided to hold their event on the August Long Weekend along with the Keremeos 50th Anniversary Celebration.

Meetings this week will finalize more details related to the event.

Rowe told the News Leader last week he was very pleased with how everything has come together so far.

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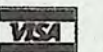


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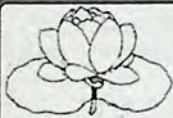
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**Capsule
Comments**



by your Pharmasave Pharmacist Wen Wong

If you are one of the many people who take a little extra Vitamin C during the fall and winter months, try *dividing* your daily dose into two doses for use in the morning and evening. Taking smaller doses more often will allow for greater absorption.

If you wake up in the morning with a sore neck, you might be using the wrong pillow. Try one of those *therapeutic pillows* that have a neck support area and a little hollow for your head. It keeps your spine straight and puts less stress on your neck.

Some people are *still* not totally comfortable with the Centigrade system of measuring heat. Here's an easy conversion formula: Double the Centigrade temperature, subtract 10% then add 32. That will give you the Fahrenheit temperature.

Recent work on the link between drinking milk and stroke and heart disease risk showed that milk drinkers had the lower risk. Middle-aged men who drank a cup of milk per day had a 48% lower risk of stroke than those who drank less or none at all.

We try to keep up to date with the latest news in pharmacy, medicine and nutrition. New information is available at a very fast pace. Our pharmacists make it their job to keep informed. If we don't know the answer, we'll know where to find it.

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Are you ready for a Winter emergency?

During the past months, we have seen the results of people faced with a weather emergency for which they were ill prepared. Are you ready for an emergency in your own back yard?

You might ask, "What could happen here? We will not have a hurricane or a tsunami."

We residents of the Similkameen Valley are blessed by not having hurricanes, tornadoes or tidal waves, but we have had our own brand of weather emergencies. For example, we have had floods and landslides, and snowstorms and forest fires. We have had freezing rain that closed our highways, and we have had car crashes that knocked out power.

What would happen at your house if a winter storm knocked out power? How would you stay warm?

How would you cook food? How would you find your way in the dark?

Check your supplies

A flashlight with good batteries, and a supply of candles or kerosene lamps is essential. If you have a woodburning stove, you could stay warm enough, and you might be able to cook something. If you do not have a wood burner, you might be able to heat with a barbecue, but remember - any such heating device must have an open window nearby to prevent suffocation.

You can cook with candles (believe it or not) by using a fondue stand or using a baking rack mounted on empty tin cans. You put the pot on the stand or rack and place four or five candles underneath. Do you have matches or a lighter to light the candles?

Do you have enough blankets to stay warm?

Could you take in another family if you have a wood burner?

Your pipes may freeze if you do not occasionally run some water through them, but you cannot run water for long. Let the taps drip slowly. Remember, pumps are run by electricity.

Be aware

Do you have a battery-powered radio? If so, make sure you have new batteries for it, so you can keep in touch with what is happening.

If you are one of the people who has first-hand knowledge of an emergency situation, contact the authorities (PEP) and your local radio station to report the situation.

Grocery supply

Do you keep extra bread and tinned food for an emergency? Shops will not be open to supply all of these things. If you have a baby in the house, be sure you have extra formula and diapers at all times.

Flood emergency

On a number of occasions, winter rain has created flooding problems. Severe cold followed by a sudden thaw often means flooding in low-lying areas due to ice jams. Do you listen to the radio on a regular basis? If you live near the river, do you watch it daily?

Dyking may protect you from spring run-off, but ice jams are a whole other story. We have seen ice rise high enough to block Highway 3 between Princeton and Hedley. Early this year, we saw ice jam flooding create a major emergency situation in Keremeos. Do you know what to do to protect you and your loved ones if you face rapidly rising water?

Roof emergency

Winter rain will cave in a roof covered with snow. Do you make a habit of removing snow regularly through the winter? Even if you have a metal roof, do not count on the snow sliding off. In a winter rain, the snow at the edge of the roof can freeze and prevent the snow from sliding. Do you own a roof wand to pull the snow off?

Freezing rain

Have you stocked a supply of ice melt to prevent falls on steps and sidewalks in case of freezing rain?

Travel emergency

Do you carry blankets, flashlights and food supplies in your vehicle in case you are stuck on the highway? Do you keep your vehicle gas tank at least half full at all times in winter? Do you have good winter tires on your vehicle?

Don't wait to prepare

When an emergency happens is no time to think about what you should have done. Prepare now for an emergency. Don't wait for the government agencies to do something for you. In an emergency, it takes time to organize rescues. You are your own first line of defence.

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living past 100

Surviving the flu pandemic

We hear repeated predictions of a flu pandemic. A pandemic is a worldwide epidemic, like the Spanish flu of 1918, the Asian flu of 1957, and the Hong Kong flu of 1968. The idea of a flu pandemic terrifies some people, especially the elderly, but obviously most people survived all three of these pandemics.

What can you do to prepare for such an epidemic?

Regardless of your age, you can take steps to help you and your family survive. The first thing to do is build up your immunity. Eat a healthy diet with plenty of fruit and vegetables, and get plenty of exercise. Those people who exercise, even if it is just walking a kilometre every day, have better immune systems than the couch potatoes.

Secondly, build up your resistance to the flu virus by taking the three big virus fighters at the first sign of sniffles or flu symptoms. The three are Vitamin C, ASA and selenium. Do not take them all at once. Take one, then a few hours later, take the other, then the third. You can take Vitamin C and selenium every day, then add ASA when the symptoms begin.

Flu spreads just like the common cold. Take the same safety measures - wash your hands, avoid crowds, keep fingers out of your mouth and eyes. Teach these rules to your children. Insist they use a tissue for sniffles and dispose of it in the toilet.

Think about wearing gloves when out in public touching door handles.

You can do a lot at home to combat colds and flu. First, keep your house very clean. Wash surfaces with a disinfectant solution, especially when flu strikes. Wash door handles, toilet handle, edge of sink, bathtub, and edge of doors - any place people are likely to put their hands. Vacuum frequently, and make sure your furnace filters are new. You might want to put filters on your furnace vents, too.

Make sure your family members use a bath towel just once, and have them use individual towels. Launder towels daily. If somebody appears to be coming down with the flu, isolate that person and keep their dishes, towels and bed linen separate. All towels and bed linen should be dried in a drier at high heat. Wash all dishes in very hot water.

This may sound pointless for fighting a virus, but most people who die of flu have attracted complications in the form of bacteria infections which attack a weakened body. Maintaining high standards of household cleanliness fights bacteria. Most household cleaners kill bacteria.

Flu shots are a great way to protect yourself from strains of viruses that we know about and can combat, but flu shots will not help with a new strain of flu virus. The best defense against the flu is to avoid catching it. Should a flu epidemic occur, try to remain in your home until it has run its course.

During a flu epidemic, consider all social engagements cancelled. Schools may be closed as well, and hospitals may tell you not to visit.

Community Living Month - Everyone Belongs!

by Lynn Pelly
Executive Director

Many exciting things are happening in our Community Living programs!

Our new building arrived in September and we are anxiously awaiting the on-site completion so we can organize an open house to show the community our latest option in housing for the developmentally disabled. This building was funded by the Victoria Foundation, as part of the restructuring dollars available to service providers during the transition from MCFD to Community Living BC. Our proposal to replace the older, multi-level apartment building known as Mary Anne Apartments, with a one level, four bedroom group home, located in the same area as Mary Anne Court and Mary Anne House, was approved primarily because it will allow us to house more people with the same amount of money. We believe it will offer an attractive option for those of our residents who would benefit from a family-style setting as opposed to independent living.

Our move to the former health unit site has been a great success and a wonderful partnership between the Town and our Society. The participants and staff are enjoying the spacious, bright building and its priceless location beside the river and Rotary Park. A wide variety of activities occur here, Monday through Friday, as well as many out in the community. Several of our clients receive personalized support to assist them with life skills and training opportunities.

Several staff and two of our participants were able to attend out of town conferences this year and came back excited and eager to implement many of the things they learned. The focus of the newly formed Community Living BC is person-centered support. This allows greater input from the person receiving services and service providers will need to be more receptive to the needs of the people they support.

Several of our clients attended summer camp in the Okanagan and, even more exciting, locally at the Castle, thanks to the generosity

of the owners and Jim Manion. From dawn to dusk, the smiles and laughter were non-stop. Marshmallows, hot dogs, pizza, pop, water fights, ghost stories and perfect weather were a great combination. A trip to the pumpkin patch in Keremeos, the vintage car 'show 'n' shine' in Penticton, a Kelowna Rockets hockey game (or better still, a Posse game!), swimming in Tulameen or cosmic bowling...whatever the activity, our folks enjoy the moments!

Community participation continues to be our goal and with the assistance of all community members this can, and does, occur and benefits everyone. We will continue to facilitate the integration of our residents and participants into community living, to encourage their participation in community events, allow them to experience

Smoking leads to fine

A dropped cigarette was the reason Aaron J. Rice gave for veering into the opposite lane of Otter Lake Road and colliding with a bicycle. Rice appeared in Provincial Court in Princeton on October 14 to stand trial for impaired driving resulting from the incident.

A witness testified that she and her son had been riding their bicycles on Otter Lake Road on July 31, 2004, when a vehicle drove at them in their lane. She yelled at her son to cross the road and they rode their bikes to get out of the way. Fortunately, her son jumped off the bike just in time to avoid being hit. The bike was struck.

The vehicle went on into the ditch and was stuck. The witness identified Rice as the driver, saying he told her he had dropped his cigarette and bent over to pick it up, swerving into the oncoming lane as he did so.

Other people came to the scene. One asked Rice if he had been drinking, and he said he had a couple.

Another witness, who had heard the crash and a woman screaming, told the court how he had run to the scene. He saw a Jeep Cherokee in the ditch on the wrong side of the road, and saw a bike with a crushed front wheel. He saw an upset woman holding a boy. He said the

new opportunities, facilitate job placements for those who are capable and interested, advocate on their behalf and celebrate their accomplishments. Their hopes, dreams, abilities and challenges are no different than yours or mine. They have good days and bad, can be cantankerous and demanding, helpful and compassionate...just like everyone else! Nurture them as you would any member of the community, make allowances as you do for others and always, before you judge, walk a mile in their shoes.

Celebrate Community Living month with us. Take a moment and ensure that each of these wonderful people who call Princeton home know that they are valued members of our community.

"If you only look at what is, you might never attain what could be."

driver of the vehicle asked the woman if they were all right, and gave her his business card. The driver then tried to drive his vehicle out of the ditch. The witness suggested the driver remain at the scene.

The police showed up shortly after this.

Both witnesses identified Rice as the driver. Neither witness could say for sure that Rice was impaired, although he appeared to have been drinking.

The Crown and Defense agreed to having Rice plead guilty to a lesser charge of driving without due care and attention. Judge Sinclair ordered a six month driving prohibition and a \$1,500 fine.

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at John Allison, 5:45 PM at Vermilion Forks, 5:50 PM at Dairy Queen and running every half hour.
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NEXT MEETING:

7:00 PM Wednesday, October 19th
Museum Basement

"PLANNING THE MOVE TO RIVERSIDE"
Information: Dawn 295-6063



Dr. Carrie-Lynn Snee is back! After an extended maternity leave, she is once again providing regular visits to Princeton to provide optical services at her office located in the News Leader office on Bridge Street. For your eye appointment call the office at 1-877-222-2020.

Connector crash kills Princeton woman

On Sunday, October 9th at approximately 10:40 AM, the Central Okanagan Traffic Services attended a single vehicle crash on Highway 97C the Okanagan Connector.

The vehicle was off the road in the Eastbound lane 3-kilometres East of the Penask Creek bridge.

"The vehicle was a black Ford pickup truck which was being driven by a male Okanagan resident," says Cst. R. A. Aselton of the Kelowna RCMP Detachment.

"The male was taken to Kelowna

General Hospital with serious injuries. When the police arrived at this crash, which had been witnessed by other motorists, another vehicle was discovered in the immediate vicinity."

A green Jeep Liberty was found to have gone off the road to the right of the highway and had also rolled over. The lone 50-year old female resident from Princeton, Linda Stanley, was pronounced dead at the scene.

"The stretch of the highway at

these two crashes had black ice," Cst. Aselton says.

"It is felt by investigators that the Jeep Liberty had gone off the road just before the Ford pickup truck."

The Central Okanagan Traffic Services are asking for the public's help. Any person who may have witnessed the green Jeep Liberty going off road on the Okanagan Connector is asked to contact the investigator, Cst. Scott Caldwell at the Kelowna RCMP Detachment at (250) 762-3300.

This is the time of year when our energy costs go up.

Princeton Light & Power provides this handy cost comparison chart for you to see how your home heating costs measure up to other methods available.

To find out how you may be able to earn a rebate by converting to ETS (electric thermal heating) call Sam at 295-3244.



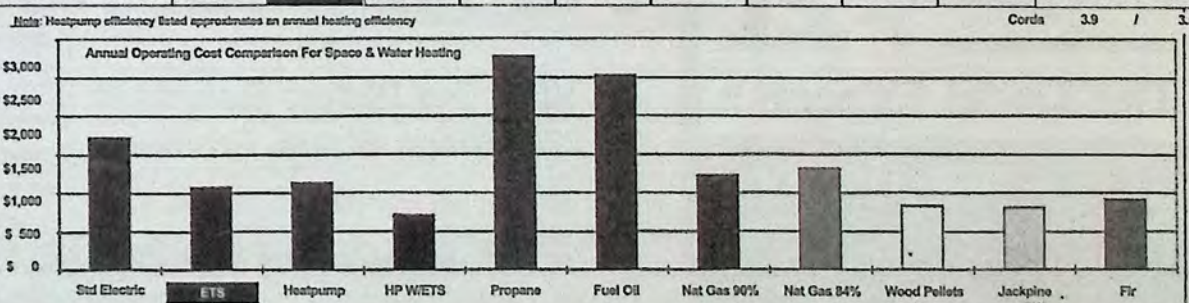
Heating Type:	Electric
Payback Analysis for:	PLP Customer
Number of Occupants:	2
Power Company's Rate & Design Information	
- Heating Degree Days (F)	8,075
- Design Temperature (Degrees F)	-23
- Current Retail Rate kWh (Avg.)	\$0.0720
- Off-Peak Rate	\$0.0454
Heat Loss of Home (kW)	14
Annual Heating Consumption (kWh)	20,714
Electrical Rate per kWh	\$0.072
Annual Cost for Heating	\$1,492.21
Annual Savings	\$0.00

Std Electric	20,714
All ETS	20,714
Electrical Rate per kWh	\$0.072
ETS Rate per kWh	\$0.045
Annual Cost for Heating	\$940.40
Annual Savings	\$551.81

Return On Investment - ETS Installation Into All-Electric Home = \$2,000.00
 - Annual Savings on Heating \$ 551.81
 - Payback Time (Years) 3.62

Rate Of Return with ETS Installation: **27.6%**

Heating Alternative Comparison	Std Electric	ETS	Heatpump	HP w/ETS	Propane	Fuel Oil	Nat Gas 90%	Nat Gas 84%	Wood Pellets	Wood Electric Hot Water Jackpine / Fir
Unit of Measure	kWh	kWh	kWh	kWh	LTR	LTR	GigaJoule	GigaJoule	BTU	Cord / Cord
Heating Efficiency	100%	100%	165%	165%	75%	70%	90%	84%	70%	70% / 73%
Cost per Unit	\$0.0720	\$0.0454	\$0.0720	\$0.0454	\$0.62	\$0.80	\$12.86	\$12.86	\$127.50	\$150.00 / \$200.00
* Annual Cost for Heating	\$1,492.21	\$940.40	\$904.37	\$569.94	\$2,421.48	\$2,204.58	\$1,065.02	\$1,141.10	\$613.00	\$589.29 / \$694.02
* Annual Cost for Water Heating	\$216.12	\$136.20	\$216.12	\$136.20	\$350.71	\$319.29	\$154.25	\$165.27	\$216.12	\$216.12 / \$216.12
Total Cost for Space & Water Heating	\$1,708.33	\$1,076.60	\$1,120.49	\$706.14	\$2,772.19	\$2,523.88	\$1,219.27	\$1,306.36	\$829.12	\$805.41 / \$910.14





Princeton Museum closes for the season at 5:00 PM on Sunday, October 30th. Thousands of visitors from throughout the world have stopped in to tour the facility on Vermilion Avenue. This display, in honour of Veterans, will be dismantled and the artifacts put in storage. All the pieces contained in this display case came from local vet's or families of local vet's and is worth seeing before it's gone.

Rudeness brings probation

A Princeton woman who was rude and offensive to a police officer on October 14, 2004, appeared in Provincial Court in Princeton on October 13, 2005, to enter a guilty plea to a charge of wilful obstruc-

tion of a peace officer.

Angela A. Broman, age 38, had been leaving a local beer and wine store when confronted by a police officer regarding a vehicle parked incorrectly at the curb. She was

aggressive toward the officer, who noted she had been drinking.

Judge G. Sinclair ordered her to serve an eight month probation with conditions regarding counselling.

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Kinder Morgan and Terasen: Committed to British Columbians

October 12, 2005

There has been a great deal of discussion surrounding the proposed acquisition of Terasen by Kinder Morgan, and rightfully so. This is an important transaction for British Columbians. For that reason, we feel it is necessary to set the record straight on a few important issues.

- **This transaction is the subject of a fair, open and thorough public consultation process.** Between August 29th and September 1st senior executives of Terasen and Kinder Morgan hosted open houses in communities across British Columbia. On September 9th, the BC Utilities Commission (BCUC) held a public procedural conference to review the application review process, and is now receiving written submissions from the public.
- **Terasen does not own -- and Kinder Morgan is not acquiring -- Canadian natural gas resources.** BC's natural gas resources are owned by the people of British Columbia. Terasen Gas' role is limited to distribution of that gas, at cost, to British Columbian homes and businesses.
- **Terasen is not a crown corporation (and it never was).** Since its early days as Inland Gas, Terasen has been an investor-owned company. So while its ownership may change with this transaction from one group of shareholders to another, our essential mission and commitment to British Columbians will not.
- **The change of ownership will have no impact on the rates Terasen Gas charges its customers or on the quality of service it provides.** Kinder Morgan and Terasen Gas are committed to safety, reliability, quality service, and environmental responsibility. Terasen Gas will continue to be regulated by BC regulators, just as they are today. Regulatory control over our utility operations will not change.
- **This is an outstanding transaction for Terasen shareholders and for Canada.** Terasen shares are owned by a large number of individual and institutional investors, many of whom invest to provide pensions for a very wide segment of the Canadian population. This transaction will provide significant returns to all of our investors. The transaction will also bring capital and resources needed to build our energy infrastructure and fuel the continued growth of Canada's energy sector -- and that benefits us all.

We believe British Columbians deserve an honest presentation of the facts when considering what this transaction may mean for them. We hope you have found this information helpful.

If you are interested in learning more, please visit www.terasen.com, www.kindermorgan.com, or www.bcuc.com.

Sincerely,

John Reid
Chief Executive Officer
Terasen Inc.

Randy Jespersen
President
Terasen Gas Inc.

Rich Kinder
Chief Executive Officer
Kinder Morgan Inc.

weekly entertainment guide

TUESDAY, OCTOBER 18, 2005 THROUGH MONDAY, OCTOBER 24, 2005



Second Period action at Saturday night's Princeton Posse/Osoyoos Storm game.

Posse take Osoyoos in overtime

It became obvious in the last ten days that in order for Princeton to win games they had to do two things: shoot the puck at the net and stay out of the penalty box.

Saturday night's match against Osoyoos Storm was an example of how well the Posse can play and the results they can produce when following those two very simple guidelines.

Although Osoyoos opening the game with a goal 2:55 into the period and another with 1:13 left in the period, the shots on goal told the tale: 15 for Princeton and 14 for Osoyoos.

The entire game appeared to be a solid contest with both sides evenly matched through each period.

The second period saw Princeton bring the score to within one with

their first goal of the contest at 4:59. Jarrett Pretty Young Man got the credit with assists going to Mike Salter and Stu Purves.

Osoyoos replied with their third goal at 8:08.

Princeton came back at 9:45 with a goal from Peter Purves. He was assisted by Stu Purves and Jarrett Pretty Young Man. This goal not only put some extra life into the Posse, but pretty much pulled the crowd back into the game.

The period ended with Osoyoos leading 3 to 2. Shots on goal were 18 for Osoyoos and 11 for Princeton.

The third period saw an intense Posse leap into action with a tying goal by David Wyman 35-seconds into the frame. The power play goal was made possible with

assists from Chad Hohmann and Jessie Tresseira.

Osoyoos came back strong and scored their go ahead goal at 2:37.

The Posse once again fired all cylinders and tied the match at 4-all at 5:57. Chad Randle got the goal

.....continued on next page

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Second Intermission guest at Saturday's Posse/Storm game was the News Leader's George Elliott, right. He was interviewed by internet broadcaster Tom Shields. Shields provides play-by-play action online of all Storm games at the KIJHL website as well as at www.osoyoosstorm.com and www.tomshields.ca.

\$200 REWARD

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J.A.E. 295-6727 or 1-800-778-3208



More second period action from Saturday night's KIJHL hockey game.

.....continued from Page 11 with assists from Chad Hohmann and David Wyman.

This goal not only put the team into overdrive, it turned the crowd up another notch and they were rewarded for their dedication with Princeton scoring their go ahead goal at 9:39 when David Wyman floated one past the Osoyoos net-minder in light traffic.

Assists went to Chad Hohmann and Zach Big Swan.

Osoyoos tried frantically to tie the game at 5 apiece and finally chose to pull their goalie with 1:30 left for the extra man. The move just about backfired when Princeton narrowly missed an empty net goal shot from deep within their own zone.

Man agrees to peace bond

In Provincial Court in Princeton on October 13, Kevin Woods agreed to a \$500, one year peace bond. During the year, he is to have no contact with William Rikley.

Woman fined for assault

A Princeton woman received a six month probation and a \$50 fine for slapping her boyfriend's face. Pamela J. Shields appeared in Provincial Court in Princeton on October 13 to enter a guilty

Threats bring probation

Laurie D. Leblanc, age 44, of Princeton, was placed in a cell in Princeton Detachment on June 30 for public drunkenness.

While in cells, he threatened an individual, repeating the threats many times.

Osoyoos called a time out with 1:10 left and was able to tie the match with the extra man with just over a minute remaining in the period.

The Storm goalie went back out to finish the period and the game ended tied at 5 after 60-minutes of regulation time.

Shots on goal saw 17 for Princeton and 9 for Osoyoos bringing the total for the game to 43 for Princeton and 41 for Osoyoos.

Penalties were a rarity in the game with Princeton only drawing two, both in the second period, for a total of 4-minutes. Osoyoos had six penalties totalling 12-minutes. There were no penalties called during the third period.

The overtime period saw both teams strong and physical until Princeton's Chad Hohmann ended the match with a goal 2:24 into the frame.

Assists went to Peter Purves and Chad Randle.

Following the match, the Posse gathered at centre ice and saluted their fans with a group slap of sticks on ice.

plea to a charge of common assault.

The incident had occurred in February when she and her boyfriend had been drinking. He called 911.

Leblanc appeared in Provincial Court in Princeton on October 13 to plead guilty to the charge of uttering threats.

He had a long record of alcohol-related offenses. He was ordered to serve probation.

Princeton took the match by staying out of the penalty box and shooting at the net.

Driver loses licence

In Provincial Court in Princeton on October 13, Princeton resident Troy Shenton entered a guilty plea to a charge of impaired driving on April 2, 2005.

He had no prior convictions and was prohibited from driving for one year, and ordered to pay a \$600 fine.

Princeton Posse 2005-2006 Season Schedule

OCT 21 - 7:30 PM - @ Sicamous
OCT 22 - 7:30 PM - Femle
OCT 29 - 7:30 PM - @ Revelstoke

NOV 2 - 7:30 PM - Revelstoke
NOV 3 - 7:30 PM - @ Nelson
NOV 11 - 7:30 PM - Sicamous
NOV 12 - 7:30 PM - Osoyoos
NOV 13 - 2:00 PM - @ Summerland
NOV 18 - 7:30 PM - @ Summerland
NOV 19 - 7:30 PM - Osoyoos
NOV 20 - 2:00 PM - Revelstoke
NOV 25 - 7:30 PM - Summerland
NOV 26 - 7:30 PM - @ Revelstoke
NOV 27 - 2:00 PM - Sicamous

DEC 2 - 7:30 PM - @ Sicamous
DEC 3 - 7:30 PM - Columbia Valley
DEC 9 - 7:30 PM - Revelstoke
DEC 10 - 7:30 PM - Golden
DEC 16 - 7:30 PM - @ Osoyoos
DEC 18 - 2:00 PM - @ Summerland
DEC 21 - 7:30 PM - Sicamous

JAN 4 - 7:30 PM - Summerland
JAN 6 - 7:30 PM - Sicamous
JAN 7 - 7:30 PM - Kimberley
JAN 13 - 7:30 PM - @ Summerland
JAN 14 - 7:30 PM - @ Beaver Valley
JAN 20 - 7:30 PM - Osoyoos
JAN 21 - ALL-STAR GAME
JAN 27 - 7:30 PM - @ Revelstoke
JAN 29 - 2:00 PM - @ Osoyoos

FEB 3 - 7:30 PM - Revelstoke
FEB 4 - 7:30 PM - @ Osoyoos
FEB 10 - 7:30 PM - Summerland
FEB 11 - 7:30 PM - Sicamous
FEB 15 - 7:30 PM - Summerland
FEB 17 - 7:30 PM - Revelstoke
FEB 18 - 7:30 PM - @ Osoyoos
FEB 24 - 7:30 PM - @ Sicamous
FEB 25 - 7:30 PM - Sicamous

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tuesday movies

MORNING

7:00 am WTBS (3) ★★½ "Mickey Blue Eyes" (1999, Comedy) (PA) Hugh Grant. An awkward British auctioneer tries to feel like one of the family when he becomes engaged to a mobster's daughter. (E)

10:00 am CITY (29) "The Kid" (1997, Drama) Rod Steiger. A young boxer who hopes to become a champion keeps his activities a secret from his disapproving parents. (E) (DVS)

11:30 am A&E (9) ★★ "Red Corner" (1997, Drama) Richard Gere. A Chinese attorney undertakes the perilous task of helping a visiting American prove that he did not commit murder. (E)

nical problems.
10:06 pm CITY (29) ★★½ "The Real Blonde" (1997, Comedy) Matthew Modine. New York City is the setting for this tale of aspiring actors looking for true love and gainful employment. (E)

10:10 pm WTBS (3) ★★½ "Mickey Blue Eyes" (1999, Comedy) (PA) Hugh Grant. An awkward British auctioneer tries to feel like one of the family when he becomes engaged to a mobster's daughter. (E)

EVENING

8:10 pm WTBS (3) ★★½ "The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (E) (DVS)

9:00 pm FAM (26) ★★ "Airplane II: The Sequel" (1982, Comedy) Robert Hays. A commercial space-shuttle company attempts to keep a pilot from disclosing the craft's tech-

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wednesday movies

MORNING

7:00 am WTBS (3) ★★ "Boys on the Side" (1995, Comedy-Drama) Whoopi Goldberg. A strong bond forms among three diverse women as they share adventures on a cross-country drive to California. (E)

10:00 am CITY (29) ★★ "Dead in a Heartbeat" (2002, Suspense) Judge Reinhold. An explosives expert and a cardiac surgeon rush to defuse bombs implanted in patients' pacemakers. (E)

"From the Edge" (1990, Comedy-Drama) Meryl Streep. A recovering addict struggles to maintain her sobriety and her sanity while living with her flamboyant mother.

10:06 pm CITY (29) ★★½ "House on Haunted Hill" (1999, Horror) Geoffrey Rush. A wealthy amusement-park owner offers his party guests \$1 million if they survive the night in a haunted mansion. (E)

10:40 pm WTBS (3) ★★½ "EDtv" (1999, Comedy) Matthew McConaughey. An amiable video-store clerk becomes the willing participant in a 24 hour-a-day television show chronicling his life. (E) (DVS)

EVENING

6:00 pm CITY (29) ★★½ "House on Haunted Hill" (1999, Horror) Geoffrey Rush. Premiere. A wealthy amusement-park owner offers his party guests \$1 million if they survive the night in a haunted mansion. (E)

8:10 pm WTBS (3) ★★½ "EDtv" (1999, Comedy) Matthew McConaughey. An amiable video-store clerk becomes the willing participant in a 24 hour-a-day television show chronicling his life. (E) (DVS)

Weather?
Updated Hourly...
Road Reports?
Updated Daily...
www.thenewsleader.ca

TUESDAY, OCTOBER 18, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek (E)	News (E) Body	(Off Air)	Stretch Dragon	News (E)	News	Movie: "Red Corner" (1997) Richard Gere. (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (E)	Hamtaro Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin, Miller.	Maury (E)	Hillbillies Hillbillies
7 AM :30	Movie: "Mickey Blue Eyes" (1999) Hugh Grant.	Life Today 100 Huntley Street (N)	BluesClues Dora	Clifford Arthur (E)	Today David Strathairn; Chris Botti. (E)	The Early Show (E)	Investigative Reports	Good Morning America (E)			Winx Club Jacob	SportsCentre (E)		Super Ships (E)	Sabrina Charles	Kim Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30		Poko Timothy	HI-5 Barney	Boohbah						100 Huntley Street (N)	Neutron Mischief	SportsCentre (E)		Monster Garage (E)	Paid Prog. Paid Prog.	Weekend Lilo Stitch		In Fashion Seinfeld	Matlock (E)
9 AM :30	Becker Becker	Save-Ums! Doodlebop	(8:50) Berenstain Bears (E)	Sesame Street (E)		Discover Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (N)	World Vision (E)	LazyTown Monster	Off-Record Fishing	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Benj Bear McDonald	Maury (E)	News (E) City	Magnum, P.I. (E)
10 AM :30	Cosby Cosby	The Price is Right (E)	Little Bear Paddington	Reading Lions	Ellen DeGeneres Show	The Price is Right (E)	American Justice	The View (N) (E)	World Vision (E)	Room Diva Dime	Rupert Monsters	ATP Tennis: Madrid - Day 2.	The View (N) (E)	Building Building	Starting Over (N) (E)	Mermaid PB&J Otter	Jerry Springer (N) (E)	Movie: "The Kid" (1997) Rod Steiger. (E) (DVS)	News (E)
11 AM :30	Harvey Home Imp.	Coronatn Coronatn	Mathematics Instruction	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Sell House Movie: "Red Corner" (1997) Richard Gere, Bai Ling. (E)	Paid Prog. Paid Prog.	The Insider Diva Dime	News (E)	Hamtaro Fly Rhino	UEFA Champions League Soccer	Balance-TV Balance	Fragornard Mus.	Montel Williams (N)	Henrys King (E)	Blind Date Blind Date		Magnum, P.I. (E)
12 PM :30	Drew Drew	News (Live) (E)	Ministers Imprint	Charlie Rose (E)	Paid Prog. Paid Prog.	News Bold & B.	Richard Gere, Bai Ling. (E)	All My Children (E)	News (E)	Days of our Lives (E)	Oddparent Mischief	Champion's League Soccer	Daily Bold & B.	Menczer-Mus.	Perry Mason	Lilo Stitch Aladdin	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)
1 PM :30	Yes, Dear Yes, Dear	Days of our Lives (E)	FootNotes Planet	Wonderful America	Days of our Lives (E)	As the World Turns	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.	Timeless	Vicki G.	Vicki G.	Frontiers of	Matlock (E)	Hoze Mouse	Jerry Springer (E)	Relic Hunter (E)	Cosby Cosby
2 PM :30	Home Imp. Friends	Da Vinci's Inquest (E)	Gaslight Entrada	Berenstain Dragon	Passions (E)	Guiding Light (E)	Investigative Reports	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown	Off-Record Sports	General Hospital (E)	How-Made How-Made	Love Lucy Love Lucy	Dalmatian Fillmore	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
3 PM :30	Seinfeld Seinfeld	Starting Over (N) (E)	Timothy Dora	Postcards Arthur (E)	Brown Brown	Dr. Phil	City Confidential (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record Sports	Dr. Phil	Ultimate Ten: Military	Montel Williams (E)	Weekend Lloyd	Pokémon Batman	News (E)	Home Imp. Home Imp.
4 PM :30	Raymond Raymond	Simpsons Malcolm	Sagwa George S.	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	American Justice	Millionaire Millionaire	Oprah Winfrey (E)	News (E) News (E)	Tn-Titans Robot	Hockey NHL	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	Xiaolin Cybertron	Sex & City Friends	Funnest Home Videos
5 PM :30	Friends Friends	News (Live) (E)	Madeline Arthur	BBC World Business	News (E) NBC News	News (E) CBS News	Cold Case Files (E)	News (E) ABC News	News (E) Global	News (E) Global	Oddparent SpongeBob	Hockey: Boston Bruins at Montreal Canadiens. (Live)	News (E)	How-Made How-Made	MLB Baseball: ALCS Game 6 - Angels at White Sox	Kim Lizzie	Sabrina My Wife	The Collector (E)	Da Vinci's Inquest (E)
6 PM :30	Sex & City Sex & City	Will-Grace 70s Show	Heads Up Dotto Tech	News-Lehrer	News (E) Raymond	News (E) Hollywood	Dog Dog	News (E) News (E)	Entertain. Entertain.	Entertain. Entertain.	Aml Yumi Mystery	SportsCentre (Live) (E)	eTalk Daily Hollywood	American Hot Rod	Game 6 - Angels at White Sox	Even Darcy	My Wife Friends	Supernatural "Skin" (N)	Da Vinci's Inquest (E)
7 PM :30	Seinfeld Seinfeld	Fortune Jeopardy!	Parks Rivers	Nova (N) (DVS)	Jeopardy! Fortune	Seinfeld Friends	Crash Test Dummies	Entertain The Insider	Entertain.	Gilmore Girls (N) (E)	Drake Prank Ptr	SportsCentre (Live) (E)	eTalk Daily Hollywood	American Hot Rod	So Raven Smart Guy	Raymond Raymond	Wanted "Sex Pistols"	WGN News at Nine	
8 PM :30	Movie: "The Whole Story" (2000) (PA)	To Be Announced	Masterpiece Globe Trekker (E)	The Biggest Loser (N) (E)	NCIS "Switch" (N) (E)	Crossing Jordan (E)	Jim Rodney (N)	Without a Trace (E)	Without a Trace (E)	House (E)	Yvon Factory	UEFA Champions League Soccer	Amazing Race	Daily Planet (E)	To Be Announced	Radio Free Boy World	Gilmore Girls (N) (E)	Star! Daily	Becker
9 PM :30	Nine Yards (2000) (PA)	Da Vinci's Inquest (E)	With Glowing Hearts	Frontline "The Torture Question" (N)	Law & Order: SVU	Close to Home (N) (E)	Dog Dog	Boston Legal (N) (E)	Gilmore Girls (N) (E)	News (E) Sports (E)	My Family Bob	Soccer	Law & Order: SVU	American Hot Rod	News	Brotherly	Supernatural "Skin" (N)	Jimmy Kimmel Live (N)	Da Vinci's Inquest (E)
10 PM :30	Movie: "Mickey Blue Eyes" (1999) Hugh Grant.	The National (E)	Foot Notes Imprint	Frontiers	News (E) News	News (E) News	Crash Test Dummies	News (E) Nightline	Entertain. Entertain.	Inuyasha Gundam	SportsCentre (Live) (E)	News (E) News (E)	How-Made How-Made	Sex & City Becker	My So-Called Life	Sex & City Friends	Movie: "The Real Blonde" (1997, Comedy) (E)	Funnest Home Videos	

WEDNESDAY, OCTOBER 19, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek (E)	News (E) Body	(Off Air)	Body Elec. Dragon	News (E)	News	Haunted Houses (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (E)	Hamtaro Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin, Miller.	Maury (E)	Hillbillies Hillbillies
7 AM :30	Movie: "Boys on the Side" (1995) (E)	Life Today 100 Huntley Street (N)	BluesClues Dora	Cliff Pup Arthur (E)	Today (E)	The Early Show (E)		Good Morning America (E)			Winx Club Jacob	SportsCentre (E)		Born Among Wild	Sabrina Charles	Kim Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30		Poko Timothy	HI-5 Barney	Teletubbs			Investigative Reports			100 Huntley Street (N)	Neutron Beasts	SportsCentre (E)		American Chopper	Paid Prog. Paid Prog.	Weekend Lilo Stitch		INSIDE Seinfeld	Matlock "The Pro" (E)
9 AM :30	Becker Becker	Save-Ums! Doodlebop	(8:50) Berenstain Bears (E)	Sesame Street (E)		Discover Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (N)	World Vision (E)	LazyTown Monster	Off-Record Lumberjks	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Feet McDonald	Maury (E)	News (E) City	Magnum, P.I. (E)
10 AM :30	Cosby Cosby	The Price is Right (E)	Little Bear Paddington	Reading Lions	Ellen DeGeneres Show	The Price is Right (E)	American Justice	The View (N) (E)	World Vision (E)	Room Diva Dime	Rupert Monsters	ATP Tennis: Madrid - Day 3.	The View (N) (E)	Stones of Fate and For	Starting Over (N) (E)	Sing-Story PB&J Otter	Jerry Springer (N) (E)	Movie: "Dead in a Heartbeat" (2002) (E)	News (E)
11 AM :30	Harvey Home Imp.	Coronatn Coronatn	Parks Sustain	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Airline (E) Airline (E)	Paid Prog. Paid Prog.	The Insider Diva Dime	News (E)	Hamtaro Fly Rhino	UEFA Champions League Soccer	Balance-TV Balance	Ancient Egypt	Montel Williams (N)	Henrys King (E)	Blind Date Blind Date		Magnum, P.I. (E)
12 PM :30	Drew Drew	News (Live) (E)	Edge Scattering	Charlie Rose (N) (E)	Paid Prog. Paid Prog.	News Bold & B.	Haunted Houses (E)	All My Children (E)	News (E)	Days of our Lives (E)	Oddparent Beasts	Champion's League Soccer	Daily Bold & B.	Ancient Rome	Perry Mason	Lilo Stitch Aladdin	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)
1 PM :30	Yes, Dear Yes, Dear	Days of our Lives (E)	Ravens Planet	Simply Sewing	Days of our Lives (E)	As the World Turns	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.	Timeless	Vicki G.	Vicki G.	Monster Garage (E)	MLB Baseball: NLCS Game 6 - Astros at Cardinals	Hoze Mouse	Jerry Springer (E)	Relic Hunter (E)	Cosby Cosby
2 PM :30	Home Imp. Friends	Da Vinci's Inquest (E)	Gaslight Journal	Berenstain Dragon	Passions (E)	Guiding Light (E)	Investigative Reports	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown	In Corner Interruption	General Hospital (E)	Canada's Worst Driver	Game 7 - Angels at White Sox	Dalmatian Fillmore	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
3 PM :30	Seinfeld Seinfeld	Starting Over (N) (E)	Timothy Dora	Postcards Arthur (E)	Brown Brown	Dr. Phil	City Confidential (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Yu-Gi-Oh!	Off-Record Sports	Dr. Phil	Racing Crashes	Weekend Lloyd	Pokémon Batman	News (E)	Home Imp. Home Imp.	
4 PM :30	Raymond Raymond	Simpsons Malcolm	Sagwa George S.	Cyber Dragonfly	Judge J. Judge J.	Oprah Winfrey (E)	American Justice	Millionaire Millionaire	Oprah Winfrey (E)	News (E) News (E)	Tn-Titans Phantom	NHL Hockey: New York Islanders at New York Rangers. (Live)	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	Xiaolin Cybertron	Sex & City Friends	Funnest Home Videos
5 PM :30	Raymond Raymond	News (Live) (E)	Madeline Arthur	BBC World Business	News (E) NBC News	News (E) CBS News	Dog the Bounty Hunter	News (E) ABC News	News (E) Global	News (E) Global	Oddparent SpongeBob	Islanders at New York Rangers. (Live)	News (E)	Titanic-Birth	MLB Baseball: ALCS Game 7 - Angels at White Sox	Kim Lizzie	Sabrina My Wife	Next Top Model Race Car	
6 PM :30	Raymond Raymond	Will-Grace 70s Show	Mechanics Ports	News-Lehrer	News (E) Raymond	News (E) Hollywood	Inked (N) Inked (E)	News (E) News (E)	Entertain. Entertain.	Entertain. Entertain.	Being Ian Mystery	Hockey	News (E)	Myst. Titanic	Game 7 - Angels at White Sox	Even Darcy	My Wife Friends	Movie: "House on Haunted Hill" (1999) Premiere.	WGN News at Nine
7 PM :30	Sex & City Sex & City	Fortune Jeopardy!	Family Law and You	Secrets of the Dead (N)	Jeopardy! Fortune	Seinfeld Friends	Angel Angel	Entertain The Insider	Entertain.	Killer Instinct (E)	Justice Zixx	SportsCentre (Live) (E)	eTalk Daily Hollywood	MythBusters (E)	To Be Announced	Radio Free Boy World	One Tree Hill (N) (E)	Star! Daily	Becker
8 PM :30	Movie: "EDIV" (1999) (DVS)	The Nature of Things	Hot Rocks "Salt"	Destinatio n America (N)	E-Ring (N) (E)	Still Yes, Dear	Crossing Jordan (E)	Lopez Freddie (N)	E-Ring (N) (E)	E-Ring (N) (E)	SpongeBob Sabrina	Off-Record	Invasion (N) (E)	Daily Planet (E)	Movie: "House on Haunted Hill" (1999) (DVS)	Radio Free Boy World	Related (N) (E)	Jimmy Kimmel Live (N)	Da Vinci's Inquest (E)
9 PM :30	Mathew McConaughey. (E)	the fifth estate (E)	Science Food	Destinatio n America (N)	App.: Martha	Criminal Minds (N) (E)	Dog the Bounty Hunter	Lost "... And Found"	App.: Martha	App.: Martha	Yvon 15/Love	UEFA Champions League Soccer	Lost "... And Found"	MythBusters (E)	News	Movie: "Postcards From the Edge"	KTTLA Prime News (E)	(10:06) "House on Haunted Hill" (1999) (E)	Funnest Home Videos
10 PM :30	Movie: "EDIV" (1999) (DVS)	The National (E)	With Glowing Hearts	Art-Century	Law & Order (N) (E)	CSI: NY (N) (E)	Inked (E)	Invasion (N) (E)	The Closer (E)	News (E) Sports (E)	My Family Bob	Soccer	CSI: NY (N) (E)	Titanic-Birth	Will-Grace	Brotherly	Sex & City Friends	Movie: "House on Haunted Hill" (1999) (E)	Elimidate
11 PM :30	News (E) The Office	News (E) Dotto Tech	Scattering	Charlie Rose (N) (E)	News (E) Tonight	News (E) Late Show	Angel Angel	News (E) Nightline	News (E)	Entertain. Entertain.	Inuyasha Hunter	SportsCentre (Live) (E)	News (E) News (E)	Myst. Titanic	Sex & City Becker	My So-Called Life	Sex & City Friends	Movie: "House on Haunted Hill" (1999) (E)	Elimidate

Regular Meetings

- * Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- * Hedley Library open 2-7pm Thursdays
- * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- * Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- * Princeton GSAR meets first 3 Tuesdays of the month, 7:00 PM in Hospital Board Room.
- * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.
- * Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- * Princeton Area BEA meets the 3rd Thursday of the month. 7:00 PM, Skills Centre.

**Similkameen News Leader
Community Calendar**

OCTOBER

- 21 - School District Pro-D Day
- 22 - Princeton Posse Game vs. Fernie, 7:30 PM
- 22 - Taste of Our Valley, Keremeos
- 26 - School Board Meeting, 7 PM, Princeton Office
- 31 - Halloween Spook House, Princeton Fairgrounds

NOVEMBER

- 2 - Princeton Posse Game vs. Revelstoke, 7:30 PM
- 10 - Princeton Schools - Pro-D Day
- 11 - Princeton Posse Game vs. Sicamous, 7:30 PM
- 11 - Remembrance Day
- 12 - Princeton Posse Game vs. Osoyoos, 7:30 PM
- 19 - Princeton Posse Game vs. Osoyoos, 7:30 PM
- 20 - Princeton Posse Game vs. Revelstoke, 2:00 PM
- 25 - Princeton Posse Game vs. Summerland, 7:30 PM
- 27 - Princeton Posse Game vs. Sicamous, 2:00 PM

DECEMBER

- 3 - Christmas Arts & Crafts Fair, Keremeos
- 3 - Princeton Posse Game vs. Columbia Valley, 7:30 PM
- 7 - School Board Meeting, 7 PM, Princeton Office
- 9 - Princeton Posse Game vs. Revelstoke, 7:30 PM
- 16 - Last day of School before Winter Vacation
- 25 - Christmas

JANUARY

- 1 - New Years Day
- 3 - Schools re-open after Winter Break

*If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca*

thursday movies

MORNING

- 7:00 am WTBS (3) ★★"Lost In Space" (1998, Science Fiction) (PA) William Hurt. The Robinson family battles an evil spy after he thwarts their mission to a faraway colony. (E)
- 10:00 am CITY (29) ★★½"Murder Without Motive: The Edmund Perry Story" (1992, Drama) Anna Maria Horsford. Based on Robert Sam Anson's book about the 1985 death of a black honor student at the hands of police.

AFTERNOON

- 5:00 pm WGN (38) ★★"Grosse Pointe Blank" (1997, Comedy) John Cusack. An assassin is reunited with the prom date he stood up years ago when he returns home for his high-school reunion. (In Stereo) (E)
- 5:30 pm CITY (29) ★★"The Scorpion King" (2002, Adventure) The Rock. The leader of a band of desert mercenaries is hired to kill a ruthless despot and his clairvoyant sorceress. (E)

EVENING

- 6:00 pm WTBS (3) ★★"Back to the Future Part II" (1989, Fantasy)

- (PA) Michael J. Fox. A teenager and a wacky inventor travel both forward and backward in time to alter a disastrous series of events. (E)
- 8:25 pm WTBS (3) ★★"I Spy" (2002, Comedy) (PA) Eddie Murphy. A federal agent recruits a fast-talking boxer to provide cover on a mission to retrieve a stolen spy plane. (E)
- 9:00 pm FAM (26) ★★½"Terminal Velocity" (1994, Adventure) Charlie Sheen. A sky diver is pulled into a deadly game of espionage when he attempts to clear his name in the death of a student.
- 10:06 pm CITY (29) ★★"The Fishing Trip" (1998, Drama) Jhene Erwin. A college student and her younger sister travel to a remote cabin to confront their abusive stepfather.
- 10:25 pm WTBS (3) ★★"Back to the Future Part II" (1989, Fantasy) (PA) Michael J. Fox. A teenager and a wacky inventor travel both forward and backward in time to alter a disastrous series of events. (E)

friday movies

MORNING

- 7:00 am WTBS (3) ★★"Amos & Andrew" (1993, Comedy) Nicolas Cage. A famous black writer is pinned down by gunfire after neighbors mistake him for a burglar in his newly purchased home. (E)
- 10:00 am CITY (29) ★★"The Scorpion King" (2002, Adventure) The Rock. The leader of a band of desert mercenaries is hired to kill a ruthless despot and his clairvoyant sorceress. (E)

AFTERNOON

- 5:00 pm WGN (38) ★★"Gun Shy" (2000, Comedy) Liam Neeson. A fearful federal agent is sent back into the field for a sting operation involving mobsters and Colombian drug lords. (In Stereo) (E)

EVENING

- 6:00 pm WTBS (3) ★★"The Brothers" (2001, Comedy-Drama) Morris Chestnut. Premiere. Four friends re-examine their attitudes on love and dating when one of their number announces his plans to marry. (E)
- FAM (26) ★★"Halloween II" (1998, Comedy) Debbie Reynolds. After discovering that she comes from a family of witches, a girl comes to their aid against a sinister force. (In Stereo)
- CITY (29) ★★½"Little Nicky" (2000,

- Comedy) Adam Sandler. The devil's kindhearted son is sent to retrieve his two evil brothers before they raise hell on Earth. (E)
- 7:30 pm FAM (26) "Halloween II: Kalabar's Revenge" (2001, Adventure) Debbie Reynolds. People will be permanently transformed into their costume characters on Halloween if a warlock has his way. (In Stereo)
- 8:00 pm KNOW (5) "The Woman in White" (1997, Mystery) Tara Fitzgerald. A sane woman locked in an asylum by a greedy aristocrat escapes with the hope of revealing his dark secret to the world.
- 8:10 pm WTBS (3) ★★"Set It Off" (1996, Drama) (PA) Jada Pinkett. Four inner-city women resort to bank robbery to improve their lot after the system deals each of them a hard blow. (E)
- 9:00 pm FAM (26) "Halloween II: High" (2004, Fantasy) Debbie Reynolds. Two witches protect a group of students from the legendary Knights of the Iron Dagger. (In Stereo) (E)
- 10:06 pm CITY (29) "Voyeur 8: Sisters Who Share" (2002, Adult) Summer Fields. Premiere. A man has an affair with his wife's sister in one of several erotic tales.
- 10:30 pm FAM (26) ★★"In the Army Now" (1994, Comedy) Pauly Shore. A free-spirited slacker leads his group of misfit soldiers against Libyan troops when they wind up behind enemy lines.

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Horoscopes

October 19 - 26, 2005

- Aries** - Your focus shifts away from yourself this week. You look to others to see how you can work with them to get to a goal. A gift may be coming your way soon. You dream of travel far away.
- Taurus** - Interaction between you and a partner, spouse, increases now. You work as a team. Benefits come to you from your partner. You share ideas, gifts, resources. You may feel a little lazy and almost too content.
- Gemini** - Take off this weekend with your lover and do great things together. Your focus will shift next week to doing a lot of work. Your health improves steadily. Discuss what needs doing, how to do it.
- Cancer** - Your big plans hit roadblocks now. You compensate with work on home, redecorating. This is where you will derive joy now. Money situation remains tight, but you are able to budget effectively.
- Leo** - Home, parents and family are your source of happiness now. Show your appreciation by making the most of family life. Career remains hectic, demanding. Watch out for false friends, lovers.
- Virgo** - Interaction with siblings, neighbours, is rewarding. You take a lot of short trips. Home life may make big demands as you make improvements. Partner, spouse remains calm. Discuss plans now.
- Libra** - You learn of something which will bring you financial gain. Act on it. Money, debt may create problems. These can be solved easily. Be cautious when driving in your own neighbourhood.
- Scorpio** - Difficulties with partner, friend, ease now. You enter an excellent period of feeling good and generous. Financial picture is strong, family matters become clearer. Watch out for fast weight gain.
- Sagittarius** - You are full of great ideas this week and some of them will bring real benefits. Your mind is very busy, . Take time to improve health. Job remains demanding, hectic. Balance your life.
- Capricorn** - You enter a time when you can plan and see plans to effective conclusion of benefit to you. Friends and groups will help you achieve your goals. Make sure your financial plans are very clear.
- Aquarius** - Career enters a new, positive time. Partner, friend, tells you something very plainly. Pay attention, keep mind focused. You want to drift away, dreaming of pleasant plans. Prepare for change.
- Pisces** - You will receive benefits from people with whom you share resources. Your life will stabilize, although you will find a lot of activity in your immediate environment. Career brings benefits, gifts.

**Similkameen News Leader
Recipe Corner (Recipe #86)**

White Turkey Chili

- 1 lb. ground turkey
- 1 tbsp. vegetable oil
- 1 medium onion, chopped
- 2 cloves garlic, minced
- 2 tsp. chili powder
- 1 tsp. dried oregano
- 1/4 tsp. cayenne pepper
- 1/2 each green and red pepper, chopped
- 3/4 cup turkey or chicken broth
- 1 can (540 ml) white kidney beans, drained and rinsed
- 1/2 cup shredded mozzarella cheese
- 1/2 cup low-fat sour cream
- 2 tbsp. fresh parsley, chopped

Heat oil in a large non-stick fry pan or saucepan. Add turkey, onion and garlic. Cook, stirring constantly until turkey is no longer pink. Add dry seasonings and mix well. Add green and red pepper and broth. Bring to a boil. Reduce heat and simmer for 10-15 minutes. Add salt and pepper to taste. Add beans, cheese, sour cream and parsley. Heat through, stirring to combine. Serve immediately.

Used by permission of Manitoba Turkey Producers. For more great turkey recipes check <http://www.turkey.mb.ca>

*If you have a favourite recipe you would like to share,
contact us for details!*
226A Bridge Street, Princeton

THURSDAY, OCTOBER 20, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek	News Body	(Off Air)	Stretch Dragon	News	News	Biography	(5:00) News	News (Live)	(5:00) News	Hamtaro	SportsCentre	News Canada AM	Daily Planet	Believers	King	News Calvin, Miller	Maury	Hillbillies
7 AM :30	Movie: "Lost in Space" (1998) (PA) William Hurt.	Life Today	BluesClues	Clifford	Today	The Early Show	Biography: Whoopi	Good Morning America			Mona	SportsCentre		Beastly Countdown	Libertys	Kim	News	CityLine	Rockford Files
8 AM :30	(1998) (PA) William Hurt.	100 Huntley Street (N) Poko	HI-5	Barney			Investigative Reports			100 Huntley Street (N)	Neutron	SportsCentre		MythBusters	Paid Prog.	Weekend		Close-Up	Matlock "The Informer"
9 AM :30	Becker	Save-Ums! Doodlebop	(8:50) Berenstain Bears	Sesame Street (N) (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	LazyTown	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	Benj Bear	Maury	News City	Magnum, P.I.
10 AM :30	Cosby	The Price Is Right	Little Bear	Reading	Ellen DeGeneres Show	The Price Is Right	Amer. Justice	The View (N)	World Vision	Room	Rupert	Men's Five-Pin	The View (N)	Beastly Countdown	Starting Over (N)	Mermald	Jerry Springer (N)	"Murder Without Motive: Edmund Perry"	News
11 AM :30	Harvey Home Imp.	Coronatn	Map of the Mind Fields	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Family	Paid Prog.	The Insider	News	Hamtaro	Tennis: Madrid - Day 4.	Balance-TV	The Most Extreme	Montel Williams	Henrys	Blind Date		Magnum, P.I.
12 PM :30	Drew	News (Live)	Reach-Top Animals	Charlie Rose	Paid Prog.	News	Biography	All My Children	News	Days of our Lives	Oddparent	PGA Golf: Funai Classic - First Round. (Live)	Daily	Jules Most Dangerous	Perry Mason	Lilo Stitch	Maury	CityLine	Da Vinci's Inquest
1 PM :30	Yes, Dear	Days of our Lives	Scattering Planet	Painting Needle Art	Days of our Lives	As the World Turns	Biography: Whoopi	One Life to Live	As the World Turns	As the World Turns	Care Bears		Vicki G.	Titanic-Birth	Matlock "The Husband"	Hoze	Jerry Springer	Relic Hunter "M.I.A."	Cosby
2 PM :30	Home Imp. Friends	Da Vinci's Inquest	Gaslight Designer	Mr Rogers Dragon	Passions	Guiding Light	Investigative Reports	General Hospital	Passions	Passions	Mona		General Hospital	Myst. Titanic	Love Lucy	Dalmatian	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Starting Over (N)	Timothy	Postcards	Brown	Dr. Phil	City Confidential	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	How-Made	Montel Williams	Weekend	Pokémon	News	Home Imp.
4 PM :30	Raymond	Simpsons	Sagwa	Cyber	Judge J.	Oprah Winfrey	Amer. Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	Hockey	The Tyra Banks Show	Daily Planet	Little House	Barbarian	XiaoLin	Sex & City	Funnlest Home Videos
5 PM :30	Friends	News (Live)	Madeline Arthur	BBC World Business	News	News	Cold Case Files	News	News	News	Oddparent	Boxing: Roy Jones Jr. vs. Antonio Tarver.	News	Greatest Ever...	MLB Baseball: NLCS Game 7 - Astros at Cardinals	Kim	Sabrina	Chris	Movie: "Pointe Blank" (1997)
6 PM :30	Movie: "Back to the Future Part II" (1989) Michael J.	Will-Grace	Swap TV	News-Lehrer	News	News	News	News	News	Entertain.	Jacob		News	Machines		Even	My Wife	Movie: "The Scorpion King" (2002) The Rock.	WGN News at Nine
7 PM :30	Part II" (1989) Michael J.	Fortune	Wilderness Journeys	NW Profl	Jeopardy!	Seinfeld	The First 48 (N)	Entertain	Entertain	Without a Trace (N)	Ghost	SportsCentre (Live)	eTalk Daily	Confederacy		So Raven	Raymond	Raymond	WGN News at Nine
8 PM :30	Fox.	Joey (N)	BC Chronicles	Mystery: Hetty	Joey (N)	Survivor: Guat	Crossing Jordan	Alias "Mockingbird" (N)	Survivor: Guat	Survivor: Guat	SpongeBob	Off-Record	Criminal Minds (N)	Daily Planet	To Be Announced	Radio Free	Smallville "Aqua" (N)	Star! Daily	Sex & City
9 PM :30	Movie: "I Spy" (2002) (PA) Eddie Murphy.	NCIS (N)	Himalaya-Pain	Battlefield (Part 1 of 2)	The Apprentice (N)	CSI: Crime Scn	Cold Case Files	Night Stalker (N)	The Apprentice (N)	The Apprentice (N)	Yvon	ATP Tennis: Madrid - Day 4. (Same-day Tape)	CSI: Crime Scn	Greatest Ever...		Movie: "Terminal Velocity" (1994)	Everwood (N)	Jimmy Kimmel Live	Da Vinci's Inquest
10 PM :30	Movie: "Back to the Future Part II"	The National	Science	Soundstage	(9:59) ER "Wake Up" (N)	Without a Trace (N)		Primetime	Without a Trace (N)	Sports	Bob		(9:59) ER "Wake Up" (N)	Confederacy	Will-Grace	Brotherly	KTLA Prime News	Movie: "The Fishing Trip" (1998)	Funnlest Home Videos
11 PM :30	News	News	Season of the Child	Charlie Rose (N)	News	News	The First 48	News	News	Entertain	Inuyasha	SportsCentre (Live)	News	Machines	Sex & City	(11:05) My So-Called Life	Friends	Ellimdate	

FRIDAY, OCTOBER 21, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek	News Body	(Off Air)	Body Elec. Dragon	News	News	Third Watch	(5:00) News	News (Live)	(5:00) News	Hamtaro	SportsCentre	News Canada AM	Daily Planet	Believers	King	News Calvin, Miller	Maury	Hillbillies
7 AM :30	Movie: "Amos & Andrew" (1993) Nicolas Cage.	Life Today	BluesClues	Clifford	Today	The Early Show	Third Watch	Good Morning America			Winx Club	SportsCentre		Last Maneater	Libertys	Kim	News	CityLine	Rockford Files
8 AM :30	(1993) Nicolas Cage.	100 Huntley Street (N) Poko	HI-5	Barney			Third Watch			100 Huntley Street (N)	Neutron	SportsCentre		American Hot Rod	Paid Prog.	Weekend		At Movies	Matlock "The Informer"
9 AM :30	Becker	Save-Ums! Doodlebop	(8:50) Berenstain Bears	Sesame Street (EI)		Discover	City Confidential	Regis and Kelly	100 Huntley Street (N)	World Vision	LazyTown	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	Feet	Maury	News City	Magnum, P.I.
10 AM :30	Cosby	The Price Is Right	Little Bear	Reading	Ellen DeGeneres Show	The Price Is Right	Amer. Justice	The View (N)	World Vision	Room	Rupert	Desert Classic Darts	The View (N)	How-Made	Starting Over (N)	Sing-Story	Jerry Springer (N)	Movie: "The Scorpion King" (2002) The Rock.	News
11 AM :30	Harvey Home Imp.	Coronatn	Sew Fun	Mr Rogers	The Tyra Banks Show	Young and the Restless	Third Watch	Paid Prog.	The Insider	News	Hamtaro	Tennis: Madrid - Quarterfinal.	Balance	Monster House	Montel Williams (N)	Henrys	Blind Date		Magnum, P.I.
12 PM :30	Drew	News (Live)	Dotto Tech SportFish	Charlie Rose	Paid Prog.	News	Third Watch	All My Children	News	Days of our Lives	Oddparent	PGA Golf: Funai Classic - Second Round. (Live)	Daily	Greatest Ever...	Perry Mason	Lilo Stitch	Maury	CityLine	Da Vinci's Inquest
1 PM :30	Yes, Dear	Days of our Lives	Router Planet	Art Scrapbook	Days of our Lives	As the World Turns	Third Watch	One Life to Live	As the World Turns	As the World Turns	Care Bears		Vicki G.	Machines	Matlock	Hoze	Jerry Springer	Relic Hunter	Cosby
2 PM :30	Home Imp. Friends	Da Vinci's Inquest	Gaslight Quiet Mind	Berenstain Dragon	Passions	Guiding Light	Third Watch	General Hospital	Passions	Passions	Mona		General Hospital	Confederacy	Love Lucy	Dalmatian	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Starting Over (N)	Timothy	Postcards	Brown	Dr. Phil	City Confidential	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	How-Made	Montel Williams	Weekend	Pokémon	News	Home Imp.
4 PM :30	Raymond	Direct Buy	Sagwa	Cyberchas	Judge J.	Oprah Winfrey	Amer. Justice	Millionaire	Oprah Winfrey	News	Tn-Titans	Hockey	The Tyra Banks Show	Daily Planet	Little House	Barbarian	XiaoLin	Sex & City	Funnlest Home Videos
5 PM :30	Friends	News (Live)	Madeline Arthur	BBC World Business	News	News	Biography	News	News	News	Oddparent	Football: Ottawa Renegades at Hamilton Tiger-Cats. (Live)	News	True Crime Scene	Malcolm	Kim	Sabrina	Three Wishes (N)	Movie: "Gun Shy" (2000) Liam Neeson.
6 PM :30	Movie: "The Brothers" (2001) Morris Chestnut.	Will-Grace	Outta Town	News-Lehrer	News	News	Blog: Simmons	News	News	Entertain.	Yu-Gi-Oh!		News	China's Wall of Doom	Simpsons "70s Show"	Movie: "Halloweenown"	Friends	Movie: "Little Nicky" (2000) Adam Sandler.	WGN News at Nine
7 PM :30	(2001) Morris Chestnut.	Fortune	Life of Birbs	Wash Wk	Jeopardy!	Seinfeld	Biography	Entertain	Entertain	NUMB3RS "Assassin"	Cybertron		eTalk Daily	Blueprint for Disaster	Frasler	(1998)	Raymond	What I Like	Sex & City
8 PM :30	(8:10) Movie: "Set It Off" (1996) (PA) Jada Pinkett.	Alr Farce	Movie: "The Woman in White" (1997, Mystery)	NOW	Dateline NBC	Ghost Whisperer (N)	Amer. Justice	Supermanny (N)	Malcolm	Malcolm	Zatch Bell		Ghost Whisperer (N)	Daily Planet	Bernie Mac		Twins (N)	Night Party	Becker
9 PM :30	(1996) (PA) Jada Pinkett.	Just for Laughs	Sher. Holmes	Luciano Pavarotti	Three Wishes (N)	Threshold "The Order"	Biography	Hope	Threshold "The Order"	Threshold "The Order"	Inuyasha	ATP Tennis: Madrid - Quarterfinal.	Nip/Tuck (N)	Sex Files	Killer Instinct (N)	Movie: "Halloweenown High" (2004)	Reba	Jimmy Kimmel Live (N)	Da Vinci's Inquest
10 PM :30	Family Guy Futurama	The National		Barbara	Inconceivable (N)	NUMB3RS "Assassin"	Blog: Simmons	20/20	NUMB3RS "Assassin"	News	Gundam		The Sopranos (N)	Superweap	Will-Grace	Movie: "In the Army Now" (1994)	Sex & City	Friends	Ellimdate
11 PM :30	Oblongs	News	BC Chronicles	On the Up	News	News	Biography	News	News	Entertain	ReBoot	SportsCentre (Live)	News	MythBusters	Sex & City	Becker	Friends	Ellimdate	

saturday movies

MORNING

7:00 am WTBS (3) ★★"Matilda" (1996, Fantasy) Mara Wilson. A girl blessed with telekinetic powers strikes back against her neglectful parents and her school's cruel headmistress. (E)

8:00 am A&E (9) ★★½"Superman II" (1980, Fantasy) Christopher Reeve. A nuclear explosion frees three superhuman villains who were originally imprisoned by Superman's kryptonian father. (E)

9:15 am WTBS (3) ★★"The Other Sister" (1999, Comedy-Drama) Juliette Lewis. A woman resists her mentally challenged daughter's bid for independence and romance with a like-minded baker. (E)

11:00 am WGN (38) ★★"Road House" (1989, Drama) Patrick Swayze. A legendary bouncer, hired to restore order to a rowdy gin mill, runs into stiff opposition from a local crime boss. (In Stereo) (E)

11:50 am WTBS (3) ★★"The Brothers" (2001, Comedy-Drama) Morris Chestnut. Four friends re-

examine their attitudes on love and dating when one of their number announces his plans to marry. (E)

AFTERNOON

12:00 pm FAM (26) ★"The Stupids" (1996, Comedy) Tom Arnold. The head of a dimwitted suburban family stumbles onto a secret plot involving arms sales to international terrorists. (E)

1:00 pm CITY (29) ★★"Baby's Day Out" (1994, Comedy) Joe Mantegna. Premiere. Worried parents, the police and a trio of bumbling kidnappers race to catch an infant crawling his way across Chicago. (E)

1:34 pm FAM (26) ★★"Pixel Perfect" (2004, Comedy) Ricky Ullman. A technical wizard creates a hologram that becomes a singer for his friend's struggling band. (E)

2:00 pm WTBS (3) ★★"Set It Off" (1996, Drama) (PA) Jada Pinkett. Four inner-city women resort to bank robbery to improve their lot after the system deals each of them a hard blow. (E)

4:00 pm KTLA (27) ★★"The Birdcage" (1996, Comedy) Robin Williams. The arrival of his son's future in-laws forces a gay nightclub owner and his lover to pose as husband and wife. (In Stereo) (E)

5:00 pm WGN (38) ★★"Grease" (1978, Musical) John Travolta. A 1950s high-school tough tries to win back the Australian exchange student he romanced during summer vacation. (In Stereo) (E)

EVENING

6:00 pm CITY (29) "A Woman Hunted" (2003, Drama) Alexandra Paul. Premiere. Afraid that no one will believe her story, an ex-addict covers up the self-defense killing of a famous athlete. (E) (DVS)

7:30 pm WTBS (3) ★½"Money Train" (1995, Suspense) (PA) Wesley Snipes. A new partner and a scheme to rob a subway train put a strain on the relationship between foster brother transit cops. (E) (DVS)

8:00 pm KSPS (6) ★★"The Quiller Memorandum" (1966, Suspense) George Segal. British Intelligence assigns an American the task of locating the headquarters of a neo-Nazi movement. (E)

KHQ (7) ★★½"Chicago" (2002, Musical) Catherine Zeta-Jones. Oscar-winning adaptation of the

stage hit about rival chanteuses who vie for the spotlight from behind prison bars. (E)

KXLY (10) ★★"Air Force One" (1997, Suspense) Harrison Ford. The U.S. president wages a one-man war against the Russian terrorists who have seized control of his plane. (In Stereo) (E) (DVS)

9:00 pm FAM (26) ★★"Father Hood" (1993, Drama) Patrick Swayze. En route to a robbery, a hustling father finds that crime and parenting don't mix. (N) (E)

CITY (29) ★★"Contact" (1997, Science Fiction) Jodie Foster. Based on the novel by Carl Sagan. A brilliant scientist receives a message across space from an alien intelligence. (E)

9:30 pm WGN (38) ★★"Saturday Night Fever" (1977, Drama) John Travolta. A Brooklyn disco dancer develops doubts about his lifestyle when he teams up with an ambitious woman for a big contest. (In Stereo) (E)

10:00 pm YTV (18) ★★"Scream 2" (1997, Horror) David Arquette. Wes Craven's slasher series continues in this bloody sequel that pits college students against a knife-wielding maniac. (In Stereo) (E)

10:34 pm FAM (26) ★★½"The Naked Gun 2 1/2: The Smell of Fear" (1991, Comedy) Leslie Nielsen. Lt.

Frank Drebin creates chaos on Capitol Hill when an evil industrialist kidnaps the president's chief energy expert. (E)

11:30 pm WGN (38) ★★½"The Horse Whisperer" (1998, Drama) Robert Redford. An editor falls under the gentle spell of the rancher she believes can heal the wounded spirit of her daughter's horse. (In Stereo) (E)

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September - October - November - December
January - February - March - April - May - June

For Information 295-3244

Power by the Hour Rates	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Big Events Zone 10:00 AM - 11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 11:00 AM - 12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 12:00 PM - 1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 1:00 PM - 2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 2:00 PM - 3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 3:00 PM - 4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 4:00 PM - 5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 5:00 PM - 6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 6:00 PM - 7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 7:00 PM - 8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 8:00 PM - 9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 9:00 PM - 10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 10:00 PM - 11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Events Zone 11:00 PM - 12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

6:45 am WTBS (3) ★★½"Passenger 57" (1992, Drama) (PA) Wesley Snipes. An airline security expert takes action when skyjackers seize control of the jet he is traveling on. (E)

8:30 am WTBS (3) ★★"The Art of War" (2000, Action) (PA) Wesley Snipes. A covert U.N. operative goes on the run after he is framed for the murder of a Chinese ambassador. (E)

10:00 am A&E (9) ★★½"This Boy's Life" (1993, Drama) Robert De Niro. In 1950s Seattle, a rebellious youth locks horns with his new stepfather. Based on Tobias Wolff's book. (E)

WGN (38) "The Jungle Book: Mowgli's Story" (1998, Adventure) Brandon Baker. The animal residents of India's jungles help raise a young human. Based on the tale by Rudyard Kipling. (In Stereo) (E)

11:00 am WTBS (3) ★★"I Spy" (2002, Comedy) (PA) Eddie Murphy. A federal agent recruits a fast-talking boxer to provide cover on a mission to retrieve a stolen spy plane. (E)

CITY (29) ★★½"The Addams

Family" (1991, Comedy) Anjelica Huston. Long-lost Uncle Fester returns home under suspicious circumstances in this big-screen adaptation of the cult TV series. (E)

AFTERNOON

12:00 pm FAM (26) ★★"Invisible Dad" (1997, Comedy) Daran Norris. After an inventor turns himself invisible, his son attempts to reverse the procedure. (E)

WGN (38) ★★"Mystic Pizza" (1988, Comedy-Drama) Annabeth Gish. As summer draws to a close, three Connecticut pizza waitresses cope with the trials and tribulations of modern romance. (In Stereo) (E)

1:00 pm WTBS (3) ★½"Money Train" (1995, Suspense) (PA) Wesley Snipes. A new partner and a scheme to rob a subway train put a strain on the relationship between foster brother transit cops. (E) (DVS)

KTLA (27) "The Almost Perfect Bank Robbery" (1999, Comedy) Brooke Shields. A lovestruck police officer and his greedy wife, a bank teller, attempt to pull off a bank heist. (In Stereo)

1:31 pm FAM (26) ★★½"Tiger Cruise" (2004, Drama) Hayden Panettiere. Terrorists strike on Sept. 11, 2001, while a teenager is visiting her father aboard the USS Constellation. (E)

2:00 pm VTV (22) ★★"Now and Then" (1995, Comedy-Drama) Christina Ricci. A modern-day reunion frames this account of the friendship shared by four girls during the summer of 1970. (In Stereo) (E)

3:00 pm WTBS (3) ★★"Rush Hour 2" (2001, Action) (PA) Jackie Chan. A vacationing L.A. cop and his Asian partner search for clues in the bombing of the U.S. embassy in Hong Kong. (E)

KTLA (27) "The Jungle Book: Mowgli's Story" (1998, Adventure) Brandon Baker. The animal residents of India's jungles help raise a young human. Based on the tale by Rudyard Kipling. (In Stereo) (E)

4:00 pm YTV (18) ★★"Casper Meets Wendy" (1998, Fantasy) Shelley Duvall. Wendy the Good Little Witch and Casper the Friendly Ghost join up to defeat an evil warlock. (In Stereo) (E)

5:00 pm WTBS (3) ★★"Gone in Sixty Seconds" (2000, Action) (PA) Nicolas Cage. A retired thief and his new team must steal 50 high-profile cars or a gangster will kill his brother. (E)

EVENING

6:00 pm YTV (18) ★★"Beetlejuice" (1988, Comedy) Michael Keaton. Two recently deceased newlyweds hire a vulgar ghost to frighten obnoxious new tenants out of their New England home. (In Stereo) (E)

CITY (29) ★★"Enough" (2002, Suspense) Jennifer Lopez. A woman on the run is forced to take drastic measures when her dangerously violent husband tracks her down. (E)

7:30 pm WTBS (3) ★★"Gone in Sixty Seconds" (2000, Action) (PA) Nicolas Cage. A retired thief and his new team must steal 50 high-profile cars or a gangster will kill his brother. (E)

8:00 pm CHBC (4) "Trudeau II: Maverick in the Making" (2005, Docudrama) (Part 1 of 2) Tobie Pelletier. The man who would become Canada's 15th prime minister is a force for social and political change in Quebec. (E)

9:00 pm KREM (8) ★★"Enough" (2002, Suspense) Jennifer Lopez. A woman on the run is forced to take drastic measures when her dangerously violent husband tracks her down. (E)

FAM (26) ★★"Cops and Robbers" (1994, Comedy)

Chevy Chase. A grouchy detective and his partner keep tabs on a crook from the home of a suburban police show fan and his family. (E)

10:00 pm WTBS (3) ★★½"Passenger 57" (1992, Drama) (PA) Wesley Snipes. An airline security expert takes action when skyjackers seize control of the jet he is traveling on. (E)

10:32 pm FAM (26) ★★"I'll Do Anything" (1994, Comedy) Nick Nolte. A struggling actor is reunited with his precocious young daughter after his ex-wife is sentenced to jail. (E)

11:00 pm CITY (29) ★★"Enough" (2002, Suspense) Jennifer Lopez. A woman on the run is forced to take drastic measures when her dangerously violent husband tracks her down. (E)

11:45 pm WTBS (3) ★★"The Art of War" (2000, Action) (PA) Wesley Snipes. A covert U.N. operative goes on the run after he is framed for the murder of a Chinese ambassador. (E)

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MONDAY, OCTOBER 24, 2005

Television schedule grid with columns for channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

7:00 am WTBS (3) ★★"First Shot" (2002, Suspense) (PA) Mariel Hemingway. The head of the Secret Service finds that she and her family are also targets in a plot to assassinate the president. (DVS)

10:00 pm WTBS (3) ★★"House Party" (1990, Comedy) Christopher Reid. Two rap artists face countless obstacles while trying to stage a neighborhood bash at their parents' vacant home. (E)

EVENING

8:00 pm WTBS (3) ★★"National Security" (2003, Comedy) (PA) Martin Lawrence. Two misfit security guards must stop arguing with each other long enough to nail a gang of murderous thieves. (E)

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Linda Stanley

1954 - 2005



It is with great sadness we announce that Linda Stanley was suddenly called home by the Lord on the morning of October 9, 2005. She has finally been reunited with her Grandmother Effie whom she has missed so dearly. She is survived by her loving husband Jack, her daughters Jennifer (Shane) and Susan (Dylan), her grandkids that she loved so much, Evan and Ava, her step-children Roy (Donna and kids Chelsea, Jesse and Jennifer) and Shayna (Steve and kids Corey and Reece), her Mother Beverly Clayton and her siblings and their families, Maureen and Corey Cole and Allan, Judy, Chase and Brock Clayton. Also survived by her many loving friends and family. Linda entered into the happiest years of her life after meeting her soul mate Jack in 1997, Linda achieved once-in-a-lifetime friendships with people from all over the world and touched lives in ways she never dreamed of. The most vivid memory she will leave with everyone is her amazing spiritual connection and her true belief in angels. Those close to her know that she is now an angel that will always watch over us. In lieu of flowers, the family has requested that donations be made to the Children's Make A Wish Foundation (www.makeawish.ca) in honour of Logan Johnson and her brave, continuing battle with cancer. Please join us in a celebration of her life on Friday, October 14, 2005 at 2:00 in the afternoon at Trinity Baptist Church at Springfield and Spall in Kelowna. Condolences may be sent to the family by visiting www.springfieldfuneralhome.com. Arrangements by SPRINGFIELD FUNERAL HOME LTD. (250) 860-7077.

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October 20th

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Oct 4-18

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October 22nd

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Oct 18-25

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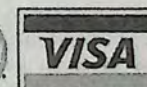
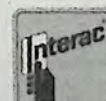
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In Hedley at the Chuchwayha Hall

\$25. GUARANTEED MINIMUM PAYOUT ON REGULAR GAMES (\$50. DOUBLE - UP CARD) PROGRESSIVE JACKPOT MINIMUM \$1,000! PROGRESSIVE POT OF GOLD MINIMUM \$500! PROGRESSIVE LOONIE POT MINIMUM \$100. DOORS OPEN AT 9:00 AM 1st NUMBER CALLED AT 11:30 AM FOLLOWED BY EARLY BIRDS, REGULAR GAMES, SPECIALS & CONCESSION

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Mar 01-tfn

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Stuwix Resources Joint Venture

Job Opportunities

Stuwix Resources Joint Venture is a consortium of First Nations Bands from the Merritt TSA that has been formed as a market logging company to harvest and market timber awarded to it as a part of an Innovative Forest Practices Agreement with the British Columbia Ministry of Forests.

Stuwix Resources Joint Venture is seeking a Harvesting Technician to work for and grow with this new enterprise.

Harvesting Technician

The Stuwix Harvesting Technician will:

- Evaluate potential sales value of stands that are to be harvested by Stuwix
- Negotiate contracts and supervise the road construction, logging, hauling, road maintenance, and road rehabilitation activities for Stuwix cutting permits
- Assist with the supervision of post-logging site preparation and reforestation activities
- Negotiate the sale of log products from Stuwix harvest areas
- Ensure that Stuwix safety programs and environmental management systems are administered to a high standard
- Preferably be a graduate of a technical or university forestry program
- Preferably have forest industry experience in layout, harvesting and/or silviculture activities

Preference will be given to First Nations individuals

Please respond by October 24, 2005 to:

David Doubek, General Manager
Stuwix Resources Joint Venture
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Princeton & District Minor Hockey Association

We are currently looking at the option of having a Juvenile team. We currently do not have enough registered for a Midget team.

If you are of age 20 or younger at December 31, 2005, and are interested in playing on a Juvenile team, please contact Jim Coyne at (250) 295-7026.

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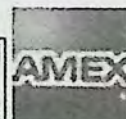
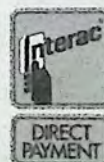
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editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

What is the message?

Well, how do you interpret the upcoming Municipal Elections now that nominations are closed?

In Princeton we have a new Mayor (elected by acclamation) and a total of nine candidates running for four seats as Councillor.

In Keremeos there's four Councillors (elected by acclamation - one new member) and two people running for Mayor.

In the Regional District there's two Directors returned by acclamation in the Similkameen with two candidates running for the remaining Similkameen seat.

We see this as a question of satisfaction. It's obvious to us there's a lot of people happy with the way things are going in one end of the Valley and a lot of people pushing for changes in the other end of the Valley.

It's not rocket science by any means.

Anytime you see a lot of candidates running for only four seats you've got to think there's a message in there somewhere. You can also bet the message isn't a very happy one.

Aside from that, have you ever examined how we choose those we want to represent us?

What we seem to do in our Elections at the Municipal, Provincial and Federal level in Canada is vote with one thing in mind: vote against the candidate (or party) you don't want representing you after all the votes are counted.

It's really quite a backwards approach, but we do it over and over again.

Just look at the list of candidates running for the four seats on Princeton Town Council. Only three incumbents are running. There's also two previous members of Council on the list plus four newcomers to the election race.

You've probably already decided on who you don't want on Town Council.

We're actually quite impressed to see so many residents interested in getting involved, with hopes of making some changes. It's a good thing.

It's also a very important thing. We strongly believe the next Town Council will prove to be a pivotal group of leaders in the history of our community.

It's for that reason we strongly urge you to choose your Councillors carefully. Instead of voting against someone, let's all vote in the best team we can choose. We have more than enough candidates to choose from in this Municipal Election.

If we end up with a completely new Town Council in Princeton, then maybe that message we mentioned before will finally be heard.

We wish all Candidates, up and down our Valley, good luck and may we all put the right team in place.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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your turn

Reader adds to orange debate

To The Editor;

I found A. Beauchamp's article about hunting extremely interesting in a recent issue of the News Leader.

I too make my living riding horseback in the back-country and I too wear bright orange at this time of year. I also go to the trouble of putting bright, reflective, orange and yellow leg wraps on my moose-coloured horse so that he is not mistaken for either a moose, elk or deer. I even attach a large bell to my saddle to announce my approach to anyone who might be in the area.

Hopefully those persons who

shoot at orange, whom were overheard commenting in the local hunting store, don't frequent the same areas where I ride. I too was under the impression that bright orange was the smart thing to wear to prevent these guys from shooting at us. Guess I need to rethink that one.

Also interesting is the fact that A. Beauchamp has noted an increase in the number of beer can litter evident in the forest at this time of year.

I too have found an enormous increase in the number of beer cans, and the boxes that cans of beer are sold in, littering the trails,

ditches, and ravines directly adjacent to the old logging roads.

This new litter is very often accompanied by fresh ATV tracks, on the Crown Land where I ride daily.

This fresh litter has coincidentally shown up since the start of hunting season. Surely persons who hunt are persons who feel a responsibility to maintain the forests in the interests of conserving their natural beauty for the enjoyment of others (hunters, hikers, riders, etc.) who may succeed them?

Stay safe A. Beauchamp!
- L. Stubbins, Princeton

Letter To The Editor

Merritt writer supports teachers

Editor:

The current impasse between the teachers and the government has more to do with a fundamental difference in the belief systems of the two parties involved than it has to do with money.

Basically, the current government believes that if you have money, you have the right to choose to send your children to private schools funded with public money and unencumbered with problem children (i.e. those with special needs).

The teachers believe in the right to a good public education for all the children of B.C. whether they are wealthy or not.

What people are unaware of is that this is just one more nail in the coffin of the middle class in this country. This government supports the

privatization of education, health care, the post office, railways, highways, liquor distribution, the media etc. And our education system has got to go: you can't take advantage of people who are educated.

Letter To The Editor

And another supporter

Dear Editor:

I know that this letter may be totally redundant by publishing time, but in case it is not, here goes.

The courts have frozen BCTF assets because of an illegal strike, effectively killing strike pay for teachers. However, there is nothing in this ruling to stop other unions from supporting them.

It now becomes necessary for Ken Georgetti, President of the Canadian Federation of Labour

What is their solution? Simply ruin what was formerly the best education system in Canada. Simple and scary!

Yours truly,
Denise Williams, Merritt

and Jim Sinclair of the BCFed and all union brotherhoods in Canada to ante up. If we do not hear from them, Canadian labour is in deep trouble.

This suggestion could be a double-edged sword. 1) It would promote union solidarity in a country that is becoming deeply divided and, 2) You just never know when your own union may need help. Solidarity forever,
HPToews, Princeton

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You're Invited To An
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5:00 PM Sunday, October 23rd
O A P Hall, 68 Billiter Avenue



**PRINCETON LIONS CLUB
ANNUAL PUMPKIN CARVING CONTEST**
Pick up your pumpkin on Wednesday, October 26
between 3:00 PM and 5:00 PM in Cenotaph Park.

Children 4 - 14 are eligible.
Age categories 4-6, 7-8, 9-11 and 12-14.
Bring your pumpkin back to the Legion Hall
by Noon Saturday, October 29th.
Judging will take place 12:30 to 1:30 PM.

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Archaeology students enjoy a break at the Hitching Post Restaurant last Friday. From Left, Achine Wijesinghe (Simon Fraser University), Jamie Pierre (Katzie First Nation, Pitt Meadows), Stephanie Huddleston (SFU), Mitch Wells (SFU) and with her back to the camera Jennifer Hewitt (SFU).

USIB hosts archaeology forum

Upper Similkameen Indian Band (USIB) hosted the 2005 British Columbia Archaeology Forum last weekend. Brenda Gould and Charlene Allison greeted participants at the Snaza'ist Visitor Centre in Hedley on Friday evening, giving them a tour of the centre and distributing the forum packages.

Those who arrived Friday evening attended a reception at Hitching Post Restaurant, where Herman Edward was invited to play the native flute of North America. The reception featured wines from N'Kmp Cellars, North America's first aboriginal owned winery located near Osoyoos.

Ninety-five participants registered for the forum, which included presentations at Hedley OAPO Hall on Saturday, and tours of either the pictographs or the Mascot Mine.

On Saturday morning, Chief Richard Holmes gave the official welcome to participants. The welcoming speech was followed by a number of presentations. Simon Fraser University Archaeology

Department began with a report of the university's activities. A number of SFU students were among the participants.

Other presentations included reports from the Archaeology Branch, Tmixw Research on Coyote Legends, Parks Canada, Millennia Research, Pitt and Alouette Rivers research, University of British Columbia update on their archaeology lab, and USIB's Darius Kruger reporting on excavations done in 2005 in the Similkameen Valley.

Saturday evening featured a dinner, with comedian Opie the Cool Warrior providing entertainment.

On Sunday, participants enjoyed the tour of their choice.

The event helped promote the Similkameen Valley, as well as offering a venue for the annual forum. This was the first time USIB had hosted the event.

USIB had many sponsors: Golder Associates, BC Association of Professional Archaeologists, Goldcliff Resource Corp., Ben

Nendick Excavating, Weyerhaeuser Princeton, Tolko Industries, Terra Archaeology, Arrow Archaeology, Town of Princeton, Ministry of Forests (Merritt TSA), USIB Forestry Department, Dr. Daniel Dodds, Chuchuwaya Bingo, Hedley Country Market, Mountain Mist Giftshop, Unusual Gifts, Nickle Plate Restaurant, Hitching Post Restaurant, Wild Goat Gift Shop, Monica Gewurz, AEO Screens, Snaza'ist Visitor Centre, and USIB Archaeology Department.

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thenewsleader.ca

Letter To The Editor

Man barks at Greyhound

To The Editor;

I would like to take this opportunity to remind people of the South Okanagan Similkameen that they still have the opportunity to voice their protest over the proposed changes to the Greyhound System and the way the public meeting was conducted in Oliver.

The Passenger Transportation Board has chosen to ignore the petition that was sent to them from concerned residents along Route C.

Since a petition is considered to be part of a democratic process then ignoring this petition is a deliberate attempt to ignore proper procedures.

People who signed the petition are being told that they do not count so they are left with no recourse except to write to the Premier with copies to the following people:

- Office of the Premier, Honourable Gordon Campbell, PO Box 9041, Stn. Prov. Gov., Victoria, BC V8W 9E1
- MLA Harry Lali, Bag 4400 Stn Main, Merritt, BC V0K 2B0
- Honourable Kevin Falcon, Minister of Transportation, PO Box 9055, Stn. Prov. Gov., Victoria, BC V8W 9E2
- Dennis Day, Chairman Passenger Transportation Board, PO Box

9850, Stn. Prov. Gov., Victoria, BC V8W 9T5

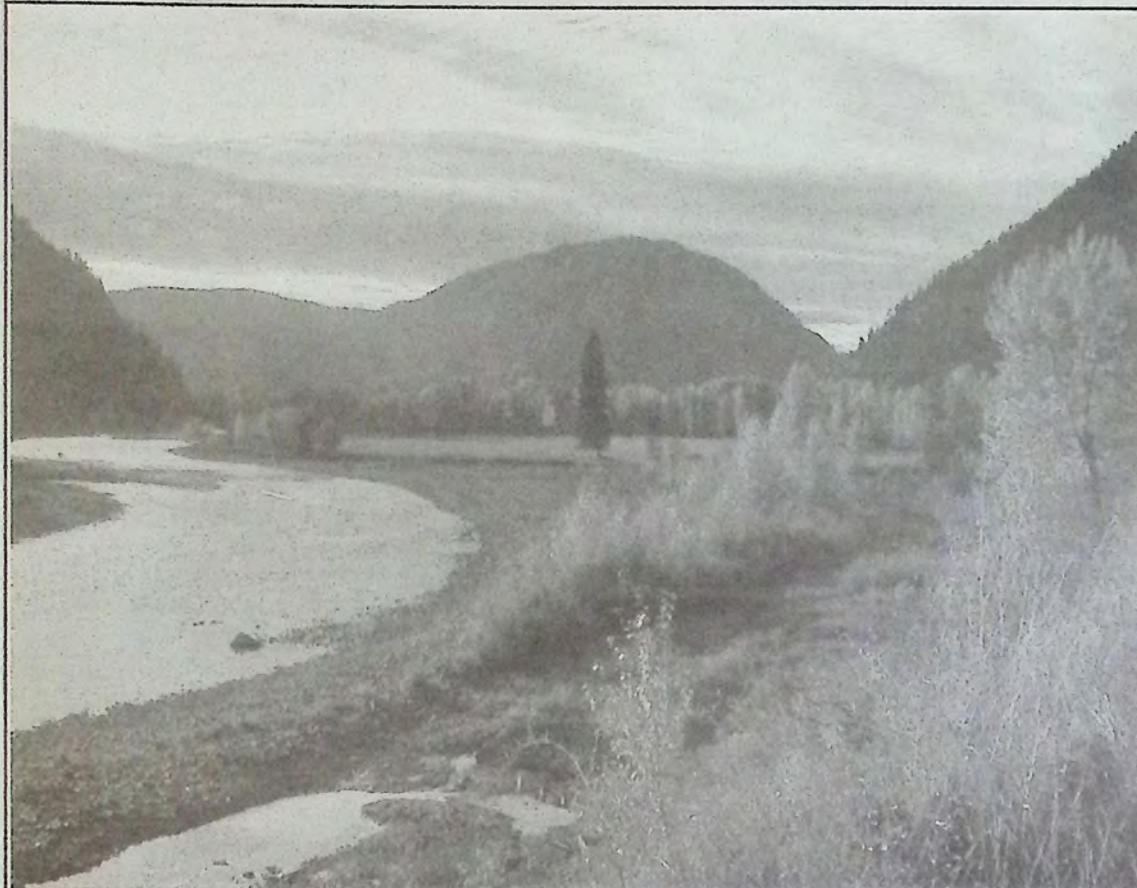
- Honourable Carole James, Room 201 Parliament Buildings, Victoria, BC V8V 1X4

- Greyhound Canada Transportation Corp., Attn. Mr. Dave Leach, 877 Greyhound Way S. W., Calgary, Alberta, T3C 3V8

The local meeting was a farce. The process has been shown to have serious flaws.

It is now necessary to correct an imperfect system to prevent repeat indignities such as the people of Oliver were forced to face at the so-called public meeting.

- John B. Young, Oliver



Fall in the Similkameen includes scenes like this one along Old Hedley Road.

Reflexologist shares information

by Elizabeth Henderson
Certified Reflexologist
What is Reflexology?

Reflexology is a gentle form of natural healing that involves treatment by pressure and massage to the reflex areas, which are in the feet and hands. The reflex areas correspond to all the various parts of the body and, therefore, the method offers a means for treating the whole body.

How does Reflexology work?

In general terms, it has been found that reflexology treatment will improve the circulation of the blood and this is beneficial because it facilitates both the better transport of necessary nutrients around the body and of waste products to the eliminatory system for removal from the body. There is also a positive effect on the nervous system as reflexology treatment helps to reduce nervous tension, which is often a root cause of a large percentage of modern illnesses.

In addition the treatment will help to stimulate the healing forces that are already present in the body but which may not be operating at optimum levels. Natural therapies, such as reflexology, can help encourage the body's own forces to go into action and often this will help speed up the recovery process.

Impulse theft costs time

On June 6, 2005, Mohinder Dhaliwal was driving through Princeton when he stopped for fuel for his vehicle.

After paying, he left his wallet on the counter. Douglas Glowacki seized it, stole the cash, then dropped the wallet in the box at the Princeton RCMP Detachment

What will be felt?

From the client's point of view, when pressure is applied to the different reflex points in the feet or the hands, different sensations will be felt in these areas. Sometimes the patient is just aware of the pressure being applied to the foot or hand; sometimes the patient is aware of a slight discomfort - often described as a bruise-like feeling. In practice there is considerable variation due to the fact that the sensitivity of the feet and hands varies from person to person.

Reflexology is about healing and bringing the body back to a state of balance and harmony. Reflexology is the gentle art of applying pressure to all the reflex areas of the feet or hands, producing a state of total relaxation, which promotes healing in all people.

Who can benefit from Reflexology?

Help can be given for a wide range of disorders, including headaches, migraines, sinus congestion, stiffness in the neck and back, digestive problems, hormonal problems, heart conditions, kidney problems and many more. Although, obviously, it is not a magical "cure-all" most people who try reflexology treatment do find that they benefit to some degree, the problem clears up, the symptoms become less severe,

office.

Glowacki appeared in Provincial Court on October 13 to plead guilty to the theft, but he had paid back the money he had taken.

He admitted to Judge Sinclair he had acted on impulse.

Judge Sinclair ordered a six month probation.

their pain is relieved or they begin to feel better generally in themselves. Reflexology is very relaxing and a pleasure to receive.

Reflexology is a therapy that I truly believe in. About ten years ago I became ill with an auto-immune disease. I found that reflexology treatments relieved many of the symptoms I experienced. I was so impressed with reflexology in fact, that I became a Certified Reflexologist myself. So, if you happen to be suffering with a disease of some kind or simply need to find a way to totally relax for about an hour.

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info@rdos.bc.ca
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Quotations are to be submitted to the Regional District of Okanagan-Similkameen by 2:00 p.m. local time, Friday, October 21, 2005.

All technical inquiries should be directed to:

D. Hamilton, B.A.
Solid Waste Management Superintendent
(250) 490-4103

The lowest or any Quotation will not necessarily be accepted. The Regional District of Okanagan-Similkameen reserves the right to waive formalities in or reject any or all Quotations, or accept the Quotation deemed most favourable in the interest of the Regional District of Okanagan-Similkameen, having regard to the price, equipment and qualifications offered.

The Regional District of Okanagan-Similkameen will not be responsible for any costs incurred by a proponent in preparing their Quotation.

Don Hamilton, B.A.
Solid Waste Management Superintendent



Princeton Light & Power's Don Johnson, left, presents "I'm In Control" Grand Prize Winner Sharon Wynsouw with her prize. She won a \$150.00 credit to her PLP power bill.

Hedley man stands trial

On October 13, in Provincial Court in Princeton, Jedson Long of Hedley stood trial for uttering threats.

Witnesses Linda Lyng and her son, Cassidy, testified that Long had, on two occasions, threatened to kill Cassidy. In late February, 2004, and on May 20, 2004, Long had made threats against Cassidy Lyng.

The animosity arose over Long having been charged with theft, and a rumour circulated in Hedley

that Cassidy Lyng had "ratted" on Long.

Police became involved after the May 20 incident, and Cst. Houben had attended. Cst. Houben testified he had heard a commotion when he was at the Lyng home, had followed the source of the yelling, and discovered Long was the source. He had discussed the dispute with Long, and suggested a peace bond. However, the Crown pressed charges of uttering threats.

Crown and Defense conferred after all testimony was heard, and Long entered a guilty plea to one count of uttering a threat. He was ordered to serve an eight month probation with the condition of having no contact with both Linda and Cassidy Lyng.

In addition, Long brought forward a break and enter charge and pled guilty. A pre-sentence report will be prepared for sentencing on December 15.

Museum visitors keep on coming

Princeton Museum will close at the end of October, but President Nick Mills has no doubt the total number of visitors this year will reach 5,000.

Anyone who has not seen the tribute to veterans should visit the museum before October 30.

Members welcomed the new Katimavik worker, Brittany Nybo. Mills reported a visit from a photographer doing a special series on autumn in the Similkameen and Merritt areas for Beautiful B.C. magazine. He said the photos and story will be in next year's fall issue.

Princeton Rebekahs are giving up their charter and there will no

longer be a local Rebekahs organization. They asked the Museum Society to accept several items belonging to their lodge. The Rebekahs have been in Princeton

since 1910.

The next meeting of the Museum Society will be November 8 at 2:30 p.m. at the museum. New members are always welcome.

Police seize guns

Anthony J. Willis appeared in Provincial Court in Princeton on October 13 to plead guilty to charges of unlawful possession of firearms. Willis was a passenger in a vehicle stopped by police on October 1, 2004. Police noted Willis had a 9 mm. gun clip, and was asked about the handgun. It was stored in the trunk of the vehi-

cle, along with a .30-30 rifle. Willis had not registered either firearm.

Willis said he had purchased the guns on Vancouver Island and never used the handgun, but had intended to use it for target practice. The 38 year old Vancouver resident had a job in security on the docks.

Willis will serve one year probation, with 30 hours of community service work, for a conditional discharge. He is prohibited from possessing firearms for three years, and forfeited his firearms.

PXA will hold election

Princeton Exhibition Association (PXA) held its regular meeting on October 11. Everything seems to be going well. There was nothing to report from the user groups, although there were some questions about what Motorsports had planned. As there was no representation from Motorsports, the questions went unanswered.

Four Katimavik participants were working at the fairgrounds, two

extra due to the schools closed because of the teachers' strike.

John Bey reported he is still looking for grants for infrastructure improvements (water, power) for the fairgrounds.

The next meeting of the PXA will be the annual general meeting. It will be held November 8 at Town Hall. All of the executive positions must be filled, and some Director positions.

25 Words

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Princeton District Teachers Union President Robert Tarswell speaks to the crowd in attendance at the Teachers Rally last Tuesday at Cenotaph Park.

Rally attracts support from community

A teacher support rally took place at the Cenotaph on Tuesday, October 11 from 11:30 AM to 1:30 PM sponsored by CUPE Local 847, CUPE Local 608, HEU, Steelworkers Local 1-423, BCNU, BCGEU, Independent Senior Citizens, UFCW, CUPW, Similkameen News Leader and the Princeton District Teachers' Union.

The main goal was to rally support for the teacher strike that

began October 7th and to provide information to the public about the many concerns that are plaguing the educators in this province.

Over a two-hour period, the rally was attended by over 200 teachers, parents, and others interested in the ongoing situation. The event served up barbecued hot dogs and raised approximately \$200 for the Princeton Crisis Centre.

A popular attraction was the

"Quote Garden." One particular quote drawing a lot of attention was Louis D Brandeis's: "If we desire respect for the law, we must first make the law respectable." Another area of interest was the "Walk of Shame," a chronology of legislation and actions by the BC Liberal government that has affected teachers' working conditions and children's learning conditions.

Representatives from various sectors of the education system were invited to speak. Gordon Comeau, chairman of the local school board, confirmed the Board's opposition to the legislated settlement and stated that the Board had forwarded a letter to the Premier requesting that a process be set in place that would allow future teacher bargaining to result in negotiated settlements.

Dina Campbell-Slowikowski, School District #58 trustee, stated "the government has made sure that BCPSEA could not negotiate a fair settlement, and living through a 15-month legislated contract has damaged teacher morale, especially in small rural areas where you are isolated from what's going on in the penthouse suites where the deals are made."

Pam Jones, local CUPE president, called on the government to "get back to the bargaining table and negotiate a collective agreement so that the teachers can get back to what they do best, teach students and we can get back to what we do best, clean schools, transport students to school and assist teachers in the classroom."

Other speakers included local MLA Harry Lali, PDTU president Robert Tarswell, and teacher Gordon Bibby. Entertainment was provided by the gracious Patty Harrower and the "As Long As It Takes" singers consisting of Kim Walsh, Joanne Gabriel, Gordon Bibby and Georgina Tarswell.



Yale-Lillooet MLA Harry Lali attended the Teachers Rally to show his support of Princeton area teachers.

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Secrets To A Successful Retirement - Part 3 of 4

We all know the importance of setting realistic long-term goals, asset allocation, and investing in equities to outpace inflation and taxes. This article will touch upon the mandatory inclusion of growth stocks, the different types of stocks, and the advantages of compounding.

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