

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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**Voter
stats
released**

Here's the Election Results for Councillor for the Town of Princeton, splitting the Advance Polling numbers from the General Voting Day figures.

	Advance	General	Total
xPam Jones - 64	457	521	
xMaria Sadegur - 45	344	389	
xJim Manion - 28	311	339	
xRay Jarvis - 19	290	309	
Spencer Coyne - 28	274	302	
Lorne Esselink - 26	199	225	
Danny Sulentich - 20	168	188	
John Babiak - 9	124	133	
Darrel Alexandre - 16	109	125	

x - denotes elected to Town Council

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New faces on council



Pam Jones

Maria Sadegur

Jim Manion

Randy McLean

Ray Jarvis

*Only
one
incumbent
returns*

The race for Councillor in the Town of Princeton was a 'ladies first - out with the old and in with the new' affair with two newcomers topping the polls.

Pam Jones finished with 521 votes with Maria Sadegur taking 389 - neither have any previous experience on Town Council.

Jim Manion, who sat on Town Council for two terms in the 1990s, finished with 339 votes while the only incumbent to be returned was Ray Jarvis with 309 votes.

The rest of the results: Incumbent Spencer Coyne 302 votes, incumbent Lorne Esselink 225, Danny Sulentich 188, John Babiak 133 and Darrel Alexandre 125.

This means the Town of Princeton Town Council will have a total of four new faces, three elected last Saturday (Pam Jones, Maria Sadegur and Jim Manion) along with Mayor Randy McLean (elected by acclamation) joining Ray Jarvis.

In other Similkameen Valley Election news, incumbent Walter Despot returns as Mayor of Keremeos beating opponent Kevin Andrews with 442 votes to 187.

Regional District Electoral Area G (Keremeos Rural/Hedley) saw Joe Nitsch beat Elef Christensen 439 votes to 312.

The Opinion Referendum Question: Transfer of the Hedley Improvement District to the Regional District passed with 104 yes votes to 53 against.

The Electoral Areas B, G and Village of Keremeos Referendum Question regarding the Similkameen Swimming Pool failed with 1,115 voting no to 586 in favour.

In addition to Princeton's Mayor being elected by acclamation (Randy McLean), three School Trustees for School District 58 representing Princeton were elected by acclamation: Gordon Comeau, Ken Heuser and Dina Slowikowski-Campbell.

Regional District Director for Area H (Princeton Rural), Gerri Logan, was also elected by acclamation.

Coyne says 'thank you' for voting

To The People of Princeton:

I would like to thank all of my supporters as well as all who did not vote for me. You participated in the most important part of our political system - the free vote - and I thank you for doing so.

I have enjoyed being a councillor for the people of Princeton. It has been an experience that I would not replace for anything in the world.

To the new council, good luck and congratulations!

I hope that you continue to work

with our neighbours and partners in the Similkameen Valley and continue with some of the great projects that the previous council began.

Thank you, once again.

- Spencer Coyne

Atamanenko speaks out

"There's nothing stopping Paul Martin from compromising to avoid an unwanted holiday election and get work done this fall," Alex Atamanenko NDP candidate in Southern Interior said last Friday as the NDP introduced a compromise motion in Parliament that would see a January election call.

"Nobody wants a holiday election. Let's schedule the vote for February and get things like Bill C-55, the fuel rebate legislation passed this Fall. People also want to see the First Ministers Aboriginal meeting go ahead. There's a compromise on the table that accomplishes all of that," said Atamanenko.

With Parliament at an impasse, Canada's Opposition leaders agreed last Sunday to a common sense

compromise proposing a January election call, for a mid-February vote.

The leaders also agreed to compromise on expediting passage of legislation-in-progress, including the energy rebate bill and a wage protection bill.

"As Jack Layton has said, there's nothing stopping Paul Martin from compromising," said Atamanenko. "The Opposition proposal says yes to the priorities Paul Martin identified for this fall. It lets work get done. Parliament doesn't even sit from mid-December to February, so the only thing compromising would stop is two months of taxpayer-funded Liberal electioneering in the New Year."

"Unlike the spring, when the Liberals accepted good NDP ideas

to get things done for people, this Fall they said no to protecting medicare from privatization. The NDP cannot express confidence in a government that's not getting results for people, and it can't condone the Liberal record on ethics. But compromise from all parties could still avert an unwanted holiday election."

"People don't understand why if three parties can compromise, the fourth can't," said Atamanenko. "There's nothing stopping Paul Martin from committing to an election call that would have fallen in mid-January anyway given Justice Gomery's original timetable. That's what he committed to last spring. There's nothing stopping the Prime Minister from saying yes to this common sense compromise."

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN) TRANSPORTATION ASSISTANCE

Families living beyond the regular school bus routes may be eligible for transportation assistance for the 2005/2006 school year, and are asked to make application before **November 30, 2005**, regardless of whether transportation assistance was received in previous years. Applications after this date will be approved as of the date received, and will not be retroactive. Please note that parents of kindergarten students who are required to pick their child up or bring them to the school at lunchtime may also qualify.

Transportation Assistance forms are available at each of the schools in Princeton. Parents are reminded that road/weather conditions may cause delays/cancellations to the regular bus run(s). In extreme circumstances, notice of delays will be announced over the local radio station and the school will attempt to contact parents by phone, in order that children do not wait extended time periods at a bus stop.

Upcoming Programs!

HISTORIC LANDMARKS IN PRINCETON
November 23, 2005

AMERICAN PITBULL INFORMATION SESSION
Wednesday, November 30, 2005
Deadline for Registration: November 28, 2005

AIRBRAKES
December 3 and 4, 2005
Deadline for Registration: November 28, 2005

HOME FIRE SAFETY
Wednesday, December 7, 2005

PERSONAL FINANCIAL PLANNING
Wednesday, December 14, 2005



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A sell-out crowd jammed into St. Paul's United Church last Friday night for their annual Turkey Dinner.

The story of Cody and Tess

Cody, an Australian Shepherd, owned by Lynn and Dick Holland went on an amazing journey November 6th.

The Hollands had left town on business and Cody went looking for them. Cody, a 'farm dog' left home on Summers Creek Road and headed towards Princeton.

As Lynn tells us, "that dog was on a mission" and was familiar with some of the most likely places to look for her owners.

Cody went to Princeton Arena, downtown near the CIBC (where Lynn is Manager), Baker Hill, the

Princeton Curling Club and to a home on Highway 3.

The dog likely put on close to 100 kilometres searching for its owners. However, Cody was not alone. Tess, an Australian Heading Dog, just less than a year old, followed Cody every step of the way, until she was struck and killed by a speeding driver on Highway 3, near the Husky.

Cody somehow decided to head home. The Hollands discovered her, as they were just on their way home, on Summers Creek Road. Tess was missing and the next day

an alert family friend noticed a photo in last week's News Leader of a dog that had been killed on Highway 3.

When Lynn came to our office last week with this story, her timing could not have been any better. We had just received a letter of complaint about publishing the photo (see page 25).

We directed her to the RCMP officer who had forwarded the incident report to us, Cst. Myrl Stus.

Stus returned Tess to the Hollands to facilitate closure and bring an end to an amazing journey.



Princeton Celtic Players provided entertainment during the annual Turkey Dinner last Friday night at St. Paul's United Church.

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Greg and Val Kurjata from New Life Community Church in Edmonton brought their Modern Day Miracles program to Princeton over the weekend. Living Water Foursquare Church hosted the event Friday, Saturday and Sunday nights as well as Saturday and Sunday morning.

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RDOS releases stats

From January through October, 346 projects worth more than \$28-million received building permits in the rural areas.

During the same period last year, 356 permits were approved for

projects worth more than \$24-million.

In October 36 permits (\$3-million) were approved compared with 32 permits (\$1.6-million) in October 2004.

Vermilion Court news

Our new walk-in tub is proving to be popular. The tiling around the tub has been finished which definitely improves its appearance.

Many thanks to the Hospital Auxiliary for providing the funds.

One afternoon we were entertained by the Line Dancers who performed with agility and enthusiasm making us wish we could join

them.

Our word making game keeps us thinking. It's not unusual to make over 100 words.

Once our minds have been exercised we have our chairs moved to do our leg and arm exercises.

We have already started crafts for next fall's bazaar.

- submitted by D. Stenvold

RCMP fundraisers

Princeton RCMP Detachment has a couple of fundraising items available at their office.

Bruce Denniston Bone Marrow Society 2006 RCMP Calendars are in.

They cost \$10.00 each with proceeds going towards the Bone Marrow Society.


Limited Edition Four Stetson "We Remember" memorial pins are also for sale at the RCMP Detachment office.

They cost \$5.00 each.


"The sale of these pins go to a Trust Fund for the children, widows and parents of the four RCMP members killed in Alberta earlier this year," says Princeton RCMP Detachment Commander Sgt. Kurt Lozinski.

"The fallen members were Cst. Anthony Gordon, Cst. Leo Johnston, Cst. Brock Myrol and Cst. Peter Schiemann."

There are only 100 pins available for sale at the local police detachment.



Princeton Husky



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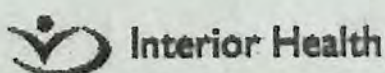


Health Units in the area will be holding Family Flu Clinics in November and December.

Please call your local Health Unit to book your appointment time.

The phone number is in the blue pages of your local telephone directory. You can also get more information at

www.interiorhealth.ca



keremeos and area news



Walter Despot displays the kitchen area of one of the assisted living units at the Keremeos Health Centre.

New home opens for oldtimers

The assisted living wing of the Keremeos Health Centre welcomes its first resident this week. The new resident goes into an apartment designed for efficiency and comfort.

Each resident has an individual post box within the foyer, and mail will be delivered to that address.

Lower Similkameen Community Services Society had a dream, and that dream is coming true now. The dream of an assisted living residence for Keremeos older residents will mean they can stay in their home community, meet with their friends, and be relatively independent in a safe, caring environment.

There is one apartment with two bedrooms, and 13 with one bedroom. Each apartment has its own kitchen, fully equipped with range, refrigerator and microwave. Each apartment has a bathroom the right size to accommodate a person in a wheelchair, with a sit-down shower stall equipped with a wand shower head. For those who wish a bath, there is a tub room with a walk-in tub.

Safety is a major consideration. Each unit has an alarm with a strobe light, so a deaf person will know the alarm has been sounded.

Residents bring their own furniture, bedding, and other possessions. Closets are generous and there is a storage room as well.

Pleasure is not forgotten. Each unit is equipped with cable television, and heated well with ceiling hot water pipes that radiate comfortable heat.

For the good months, each apartment has a small patio and a tiled area for container gardening.

Within the larger complex, there is a big patio and central courtyard.

A staff of seven will ensure the residents have a caring person on hand 24-7. Residents will have lunch and supper provided as part of the rent package, but are responsible for preparing their own breakfasts.

Lunch and supper will be served in a central dining room which is combined with an activity room. A large kitchen is to one side of the dining room. A gas fireplace adds a cheery note to the decor.

Group plans light-up

Santa and Mrs. Claus are coming to town December 2nd to celebrate an Old Fashion Country Christmas with us all.

This Year's Parade theme is An Old Fashion Country Christmas. Similkameen Country Light up parade organizers would love to see an entry from all the different groups organizations and business from our Valley. Similkameen Country will award a \$100.00 prize for the best Old Fashion Country Christmas display, best comedy entry will receive a \$50.00 Gift Certificate, best Commercial entry \$50.00 Gift Certificate and Best overall will be a \$50.00 Gift Certificate.

For children there are also great prizes for the best youth 1st prize \$25.00 and \$15.00 and \$10.00 for 2nd and 3rd prizes.

If you have not entered your float or group yet please pick up an entry form at the Similkameen Country offices below the Victory Hall or call Anna Bartlett at 499-5785 and she can mail or fax you one.

The parade will start at the Valley First Credit Union at 5:30 PM.

This fireplace is shared with a common room, a place to visit and relax with company.

The entire complex is decorated in soothing warm colours, giving a sensation of comfort. Windows are of generous size, letting the outdoors in, and providing a view of the mountains.

An Open House is planned for the second week of December so the public can see how great it looks. This assisted living complex will be a major asset to the community.

Have your letters ready for Santa, during the parade collection of letters will be done by Keremeos Post Office.

After the parade is finished everyone is invited to the Victory Hall for a Social and encouraged to bring a little token for the Hamper Fund and visit Santa and Mrs. Claus. There will be free Hot Dog and Hot Chocolate, Popcorn and Candy Floss.

Awards for Judging of the Downtown Businesses Christmas Lights will be announced along with the winners of the Christmas Parade at the social in the Victory Hall.

Other events for the Christmas Light up festivities include a Craft Fair at the Legion Hall, Bingo at the Elks Hall, and a Free Skate.

Residential Light judging will be done once again by the Similkameen Garden Club but remember to register your or your neighbour's home by December 18th.

For any information on Christmas Light up call Similkameen Country office at 499-5225.



The finishing touches were being put in place last week at the assisted living wing at Keremeos Health Centre. The facility has already had some residents move in.

Public hearing discusses road closure

When Keremeos Village Council meets on Monday, November 21st, they will be conducting a Public Hearing regarding a number of road closures.

The locations to be affected include a closure of 3rd Street south of 12th Avenue, the closure of 1st Street from 9th Avenue north

to the railbed and the north 15-feet of 9th Avenue from 7th to 10th Streets.

All three of these roads are currently undeveloped. First and Third Street closures are being considered to compliment subdivision proposals from adjoining properties.

Ninth Avenue is proposed to be reduced from a 60-foot right-of-way to 45-feet because it is considered that 60-feet is excessive for a residential street and the remaining portion would support a partial subdivision of the old railbed.

The Public Hearing will begin at 6:30 PM.



Walter Despot - relaxing in the Keremeos float at Hedley's Stamp Mill Days parade earlier this year - was returned to the Mayor's chair following last Saturday's municipal election.

Similkameen News Leader thanks Bryan Smith for his continued support of our weekly publication.

Please visit his website at www.keremeos.net

Princeton & District

Agricultural Fall Fair

ANNUAL GENERAL MEETING

7:00 PM, Tuesday, November 29th - Town Hall

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SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

CHANGE OF MEETING DATE

Please note that the date for the next Regular Meeting of the Board of School Trustees will be held on:

**Monday, December 5, 2005
Princeton Board Room at 7:00 PM**

226A Bridge Street

Similkameen News Leader

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**Capsule
Comments**



by your Pharmasave Pharmacist Wen Wong

Read the labels on medications carefully before taking them. Many, many over-the-counter (OTC) remedies have the pain-reliever acetaminophen in them. This medication is found in cold-flu tablets, some allergy formulas, sinus pain medications and nighttime liquid cold medications. If you are also taking acetaminophen in regular tablets, you could be getting too much.

If you have congested sinuses, it might help by propping yourself up on pillows to sleep. Gravity helps promote drainage and you'll sleep and feel better.

You will be hearing more about anti-angiogenic drugs soon. These are the first drugs to reverse age-related macular degeneration, a disease that blurs the central vision of the eyes and can lead to blindness. Doctors are very excited about this discovery because it allows people to maintain their vision and even improve it. There is one on the market already and another to come soon.

Marijuana in an oral spray is on the market in Canada. It contains extracts from the actual marijuana plant and is sprayed under the tongue or on the side of the cheek. It's prescription only and could help reduce the pain in those suffering with multiple sclerosis.

We really try to keep up to date in what's new in the world of drug therapy. We educate ourselves so we can be better information resources for you, our customer.

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news leader health page

Acupuncture and IBS

Irritable Bowel Syndrome (IBS) is a complex disorder in which the intestines lose their ability to efficiently move their contents.

Symptoms may include abdominal pain, headaches, fatigue, depression, anxiety, bloating, diarrhea and/or constipation. These can be triggered by stress, diet, emotional factors, hormone levels and drugs.

Acupuncture and Chinese medicine can offer a safe, effective and natural way to address IBS. Acupuncture is based upon 5,000 years of clinical study and observation. This holistic healthcare system looks at the body differently than Western medicine. The body according to Chinese medicine is a garden that should be cultivated and maintained in order to grow well and remain healthy.

This occurs when all the organ and meridian systems are working together and balanced. When balanced, the body produces the correct quality and quantity of Qi energy, which is vital to support good health.

This is very different from the Western perspective which usually looks at your body as a machine, in which each organ is separate from the others, and worn out parts can be replaced and broken tubes patched.

According to Chinese medical theories the spleen is the organ in charge of digestion and assimilation of foods and liquids. The spleen is like a garden that needs to be properly nourished and cared for in order to produce a healthy, robust

harvest. This harvest is called Qi, and is the energy that powers the body, and delivers nutrients to nourish your organs, cells, and tissues.

If your spleen-garden isn't properly cared for, the body's energy levels will not be supported and illness may occur.

The spleen is easily affected and weakened by poor eating habits or diet, antibiotics, excessive worry, or a weak constitution. When a weakened spleen cannot metabolize or break down food efficiently, 'dampness' appears in the body. Dampness, in a sense, occurs when rotting, undigested food sits in your gut, causing a variety of symptoms. If dampness 'rises' to your head, you may experience dull, full headaches, and feel foggy, cloudy, and unable to concentrate. Over time, dampness may 'sink' downward, accumulating in your large intestine. This leads to bloating, fullness and loose stools.

Another function of the spleen is to produce blood from the food it breaks down and to convert it into usable energy to power your body. Therefore, not having enough blood will affect the normal functions of your heart. This can cause palpitations, depression, anxiety and sleep disturbances.

In Chinese medicine the liver is associated with your emotional state, and digestion. Stress and anger directly influence the function of your liver. Alcohol, drug use, or a poor diet further compromise it's function. When this happens, your liver energy overflows,

in a figurative sense, and attacks the spleen. This is an easy battle to win if your spleen is already weak. The result can be stress-induced IBS.

If your liver is compromised, you may experience alternating diarrhea and constipation, as well as bloating, gas, headaches and dull pain. In this case, your liver is the root of the problem, and your spleen the secondary problem.

Another scenario is that your kidney Yang could be unbalanced. Kidney Yang is energy that provides warmth for your body. This energy warms up your spleen to aid it in the digestion and breakdown of food. If your kidney is compromised, you will experience early-morning diarrhea and possibly bladder incontinence, cold limbs, weak knees and a sore back.

Acupuncture and Chinese medicine can offer a clear picture of the root imbalances that can lead to IBS. When you meet with your practitioner, he or she will discover what organ systems are involved. They may also suggest any number of adjunct therapies to hasten your healing, such as, herbs, changes in diet, breathing techniques or exercise.

Acupuncture and Chinese medicine provide safe, natural, drug-free and effective ways to address IBS. The focus is upon achieving a balance of body and mind.

Hospital Aux. Report

The November meeting of the Princeton Hospital Auxiliary was held in the hospital board room with twenty-four members present. We were pleased to welcome two new members, Christina Longley and Carol Walker.

Rose reported that everything is going well in our Thrift Shop and everyone is busy crafting and baking for our annual Christmas Bazaar this weekend.

Our Christmas luncheon will be held at the Sandman Restaurant along with our December 12th meeting. Everyone is looking forward to getting all dressed up and being together at this festive time of year.

We all agreed to each put \$5.00 in the pot for the Crisis Centre Christmas Hamper Fund.

Our members agreed that once again our Strawberry Tea and Fashion Show is a go for May in the Spring of 2006.

Betty Reheis received her 10-year pin from President Maureen Turner, congratulations, Betty!

Thanks from Ruth to all members who helped price items for our Christmas Bazaar. We then adjourned for coffee and goodies supplied by Ruth and Ann.

- submitted by Maureen Turner

living past 100

New product raises hope

Cancer patients may look to a new product which will slow down the growth of cancer cells. The product, called Ave (pronounced Ahvay as in Ave Maria), is not readily available in Canada, but is available in the United States. You do not need a prescription for it, as it is made of wheat germ fermented under specific conditions.

Most cancer treatments are specific to a particular form of cancer. This new product has proven effective with all forms of cancer, both in humans and animals. Clinical studies have shown Ave to be effective in 85 percent of patients in preventing spread or recurrence of cancer.

Papers were presented at the 2002 International Cancer Congress in Oslo, Norway. There have been a number of reports in the U.S.A., particularly from the New York Academy of Science 2005 annual.

Ave tastes terrible, and it is expensive, but it can be used with traditional cancer treatment therapies and help keep patients strong.

Ave has been found effective in the treatment of lupus (SLE) and rheumatoid arthritis.

If you want to buy Ave, it will cost you \$180 US for a month's supply. It can be obtained at The Harmony Company, PO Box 93, Northvale, New Jersey 07647 or go to www.AveUSA.com The product is manufactured by America Biosciences Inc.

To date, there is no information about this product as a prevention for cancer, although the theory behind it supports the theory of improved nutrition through greater consumption of fruits and vegetables as a way to prevent the formation of cancer cells.

In Europe, the product is known as Avemar and is produced by Biomedicina of Budapest, Hungary. The majority of clinical studies have been done in Europe, particularly in Hungary.



From left, Dr. John Hylton President and CEO, Canadian College of Health Service Executives; John Percival and Frank Levenheck from Plant Services and Marie Lyne Tremblay, Deputy Director of the Office of Energy Efficiency with their National Energy Management Award.

Two former residents earn honours

Children's & Women's Health Centre of BC Project Manager John Percival and the Plant Services team recently received the Canadian College of Health Service Executives and Natural Resources Canada Office of Energy Efficiency's 2005 National Energy Management Award.

They received the award for reducing energy consumption by 2.4 million kilowatt hours over three years, which is about the same amount of energy used by a small town such as Naramata each year.

The estimated \$104,000 savings have all gone to direct patient care.

Percival is the son of Princeton residents Dennis and Irene Percival.

Their daughter, Sharon, was also recognized recently for an individual achievement.

She received the Education and Training Entrepreneur of the Year Award for 2005 for her business Sunflower Academy.

The academy is described as a Montessori and Creative Arts School.



Sharon Percival

Santa sends message to Princeton

My Dear Little Friends;

I love getting letters from all you wonderful children and this is to remind you that it is time for you to sit down and write a letter to me (Santa Claus) and I will send you a letter back. You can send your letters to the following address: Santa Claus, North Pole, HOH OHO.

Please remember to include your full name and address (box number) so that I will know who is sending me the letter and don't forget to put a stamp on the envelope. So get busy writing, because the faster you send me your letter, the faster I can send one back to you.

The elves are very busy making toys and games, and all the things that you children wish for at Christmas and Mrs. Claus, of course, is in the kitchen making all sorts of goodies for me and the elves. Even though we are all very busy, we still have time in the evening to sit down in front of the fireplace and read your wonderful letters which we are always excited to get.

We already have a lot of snow up here at the North Pole which makes

everyone think of Christmas even though it is just over a month away. So be good and listen to your Dad and Mom and I will be looking for your letter in my mailbox.

Your friend,
Santa Claus

PS: I also would like to remind you parents this year about an organization in your Town of Princeton called Princeton Crisis Assistance Society. The people that are in this organization would like you to remember the less fortunate people in your town.

The Crisis Assistance are the ones that put together the food hampers for people that can't quite afford the expense of the holiday season. They have boxes in different stores in town so that people that have a little bit to give can put non-perishable food items in them and the more food they get the more people they can help.

Also they will be having a Food Drive at Overwaitea on Friday, December 2 and a Toy Drive on Friday, December 9. So if you are near Overwaitea on those days, put

something in the box and get to put your name in for one of the prizes that Overwaitea is donating.

They also accept donations of money so that they can afford to buy those little extra gifts or even food for the less fortunate that hasn't been thought of until the last minute. If you feel that you would like to give something then you can drop into the Crisis Assistance Store at 111 Vermilion Avenue on either Tuesday, Wednesday or Thursday and speak to one of the ladies working there.

Also, anyone that needs help in the way of a Christmas Hamper can fill out an application at the store. There will also be a free Christmas Dinner on Saturday, December 17 that will be put on by the St. Paul's United Church and this will start at 5:00 PM. This dinner is for anyone, but mostly for those people that will be alone for Christmas. So my dears, remember that Christmas is for giving and when you give to the less fortunate they can have a Christmas just like everyone else.

Santa
- submitted by Carol Ruoss

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www.keremeos.net

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10:00 AM - 2:00 PM
Saturday, November 26
162 ANGELA AVENUE

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Moonlight Madness - Friday, December 2nd
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Princeton Rodeo Club elected their 2005/06 Board of Directors at the Annual General Meeting last Friday night. Standing, from left, Directors John Draper, Mike Theal, John Bey and Vice President Ernie Willis. Seated, from left, Treasurer Lynn Willis, President Stan Thompson and Secretary Carol Ruoss.

Rodeo club takes on fifth

Princeton Rodeo Club currently sits at a break even point following their annual May event.

The 2005 Financial Statement shows total income at \$61,955.84 with Expenses totalling \$64,310.85 leaving a loss of \$2,355.01 with around \$2,500.00 still outstanding in income.

With a total of twenty paid members, things are looking up for the organization.

The fifth annual C. P. R. A. Princeton Rodeo will take place on Saturday and Sunday, May 13 and 14, 2006 and Club President Stan Thompson has high hopes for the event.

"I'd sure like to win Best Small Rodeo from Kamloops," Thompson said referring to an year end award presented by the CPRA. Kamloops has won the 'Best Small Rodeo' award for the past five years.

"I'd like to take that away from them if we can find a way."

The 2006 event will once again feature C+ Rodeo as Stock Contractor with Announcer and Clown positions yet to be filled, although last year's performers have expressed interest in coming back to Princeton.

Just before the election for 2005/06 Board of Directors, President Stan Thompson gave credit where it was due.

"I'd like to thank everyone for working as hard as they did last year. This is our fifth year in our five year plan."

Bob Wicks conducted the election which saw Stan Thompson return to

the President's seat, with Ernie Willis back as Vice President, Lynn Willis returned to the Treasurer's spot and Carol Ruoss filling the Secretary role again.

Directors elected were John Bey, John Draper and Mike Theal.

Thompson thanked those mem-

bers who let their names stand for Directors positions.

"I guess we're in a new year and we're givin' 'er."

Next regular meeting of the Princeton Rodeo Club will be Friday, January 13th at Princeton Town Hall beginning at 7:00 PM.

RDOS News briefs

Linear Park Strategy

The Regional Board endorsed the recommendation of the Rails to Trails and Parks Committee to proceed with a trails inventory study of the regional district area.

Environmental Clean Up Awards

At the November 9th Solid Waste Committee Meeting the following people received awards for the clean-up of illegal dump sites within the regional district area.

Bob Coulter, Naramata Wood Whackers, Steve Toth and Chris Pond, Ocean Tech Scuba, Holly and Gerald Gilligan, Pierre Drapeau, Canada Power and Sail Squadron, Ogoogo Division, Allan Watt and Linda May, Bob Jenkins, Eva Durance, Stephen and David Hatton, Doyle Allpress, Lea Booth, Oliver & District Riding Club and Back Country Horsemen, Keith and Marlys Allen, Anthea Bryan, Frog Watch, Don McCurdy, Richard Tamoff and Gary Ross, Mike and Michelle Freeman, Keremeos Skateboard Committee, Peter Schellenberg, Tom Soltys, Doug Boulton, Keremeos/Cawston Sportsman Association, Theresa

Salamone, John and Darlene West, Geoff Neily, Back Country Horsemen, and Carol Lydiatt, Oliver & District Riding Club.

Community Broadband Network

The Board approved the Community Network Infrastructure Grant Agreement with BC Community Connectivity Cooperative which will provide funds for the installation of last-mile infrastructure for a broadband network to serve the community of Tulameen.

Open Air Burning Regulations Bylaw

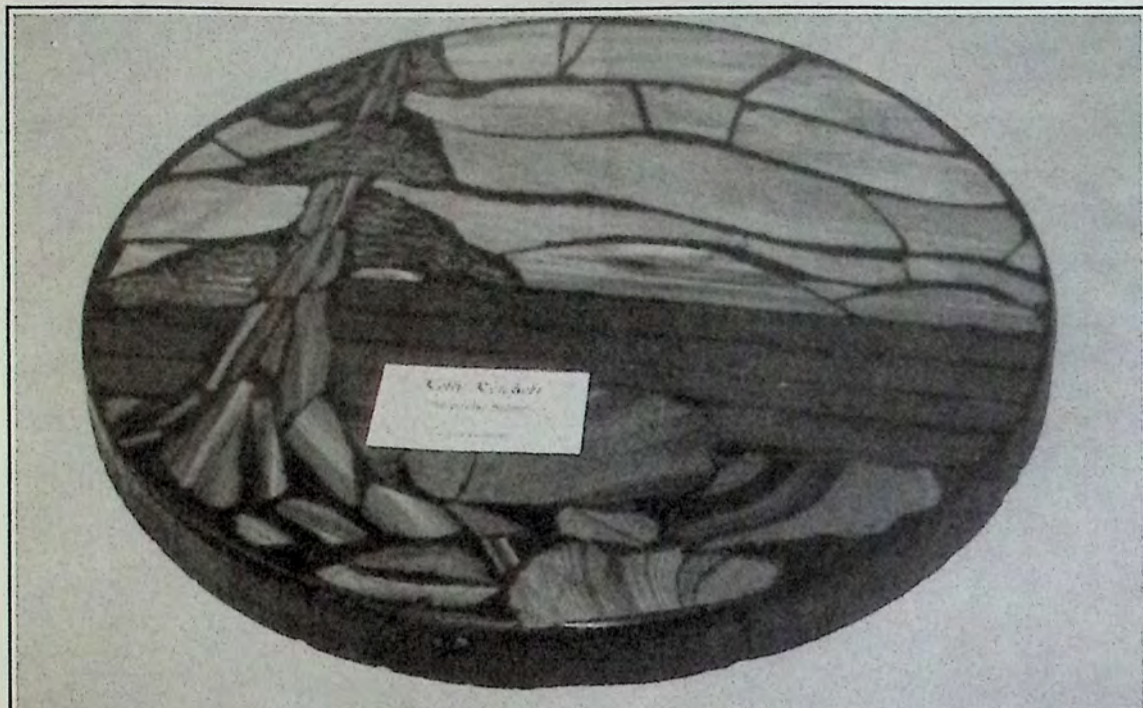
The Regional Board gave three readings to the Regional District Okanagan-Similkameen Open Air Burning Regulations Bylaw.

This Bylaw will establish open air burning regulations within the boundaries of the fire protection areas of Kaleden, Naramata, Okanagan Falls, Tulameen and Willowbrook.

Volunteer Recognition Policy

The Regional Board endorsed the Volunteer Recognition Policy to acknowledge the value of its volunteers in numerous programs and services.

Moonlight Madness - Friday, December 2nd
Shop Local And Save! Participating Stores Open Until 9:00 PM



This is a stained-glass stepping stone. A class will be offered by Vermilion Artists featuring artist Kelly Reichert. For more information contact Mary at 295-6778.

Local artist shares her story

by Kelly Reichert

For as long as I can remember there has always been a pencil in my hand. When growing up in Ontario I drew mountains with a vengeance, since moving here I've yet to draw or paint even one.

I think I was destined to live here. While pencil drawing has always been large in my life I've also painted in oil acrylic and water colour, tried my hand at pastels and wood carving and love working with clay.

I have hosted craft classes with

the kids in Tulameen and get together with friends to paint. I am a published writer and years ago enjoyed being part of a community theatre.

About 14 years ago I took a stained glass course and developed a love for glass. Time became short as my family grew but now that my girls are older I'm finding more time to pursue my art.

A class in university showed me my true love is sculpture. I presently work with copper and glass. This

past summer my work has been focused on stained glass stepping stones.

In the future when time permits I would like to try glass fusing, batik, soapstone carving and air brushing. Like everyone though I have more projects and future projects than I have time.

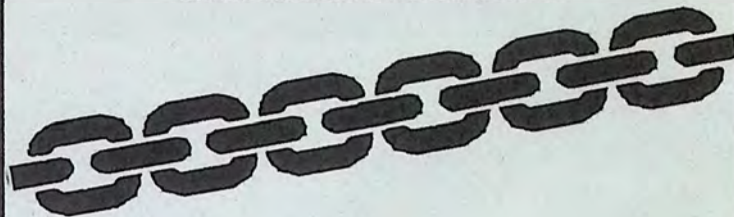
I'd love to see you at my upcoming Stained Glass Stepping Stone Workshop on December 10th at Riverside School.

Call 295-6778 for details.

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Riverside School

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Joanie Kotanen performs at the Pentecostal Church on November 24th.

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Out-of-Valley, Alberta, Rest of Canada	
Regular	\$ 53.80
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Gospel artist comes to town

Musician, songwriter, performer, speaker and Gospel recording artist Joanie Kotanen will be presenting a concert Thursday, November 24th at the Pentecostal Church on Vermilion Avenue.

Kotanen will be singing Gospel favourites, her own compositions and some Christmas tunes. With the Christmas season just around the

corner, a portion of her concert will include a carol sing along.

Kotanen is a mainstay of local gospel music in northern Ontario, but her music takes her from coast to coast across Canada and throughout the United States. While she performs in both small villages and the largest of cities, she prefers to journey on the path less travelled.

Kotanen is well known for travelling and performing in places where other people simply won't

go. She goes off the beaten path, including First Nations reserves and remote locations.

She has appeared in prisons, soup kitchens and shelters, as she has never needed a formal stage to deliver her music and message.

You are invited to bring your family and friends to participate in Joanie's concert beginning at 7:00 PM on Thursday, November 24th.

A product table will be available. Admission is free. A free-will offering for Joanie will be received.

Help Line elects new Board

Princeton Help Line Society met November 14 to bring the year's business to a close and elect a new Board of Directors.

Keith Olsen is the new President, with Ron Armstrong continuing as Vice-President. Myra Harker continues as Treasurer, and Dawn Johnson is the new Secretary. Directors are Marion Marsel, June Anderson, Fran LaBrash and Gail Davidson.

Thanks to donations from Area H, the Legion Ladies Auxiliary and the Legion, the Help Line Society is in good financial shape for the first time in many years.

The society was formed in 1991 to keep those who live alone in touch

with the community and to ensure their well-being. No charge has ever been made to the elderly, shut-ins and mentally challenged for the service. All funds raised are used only for client services and no other purpose. Volunteers make friendly calls daily to specific clients, and if a problem is perceived by the caller, either in health or safety of the client, the caller will contact appropriate authorities or others to provide assistance. For the most part, calls are just for fun, to stay in touch.

With Christmas just around the corner, society members discussed ways to make Christmas brighter for clients of the service.

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weekly entertainment guide

TUESDAY, NOVEMBER 22, 2005 THROUGH MONDAY, NOVEMBER 28, 2005



Princeton Posse applied pressure to the Osoyoos goal Saturday night.

Storm roars through arena

Basking in the glow of a win over Summerland Sting in an away game Friday night, Princeton Posse met Osoyoos Storm at home Saturday night. It was a good game, with plenty of action.

First period was a hot stretch of end to end hockey with neither team scoring a goal. Second period was another story entirely.

Second period saw Storm score 14 seconds after face-off. Less than a minute later, Storm scored their second goal.

The Posse took a penalty, then Chad Hohman, assisted by Zach Big Swan, surprised Storm by scoring a goal on Storm's power play.

A fight broke out midway through the period and two players retired to their respective dressing rooms for the rest of the game.

Storm scored their third goal. Then the Posse came back with a

great goal by Adam Coates, assisted by Connor McGarry and Jamie Sparks. Seth Armitage followed with a third goal for the Posse, tying the game 3-3.

Storm saw a great opportunity when the Posse goalie left the net unattended, apparently looking for the puck. He found it in his own net as Storm scored. Second period ended 4-3 for Storm.

Third period began with a Posse power play that went nowhere. Seven minutes into the frame, Storm scored their fifth goal. Posse took a penalty, and Storm took advantage, scoring goal six. Coates took a game penalty when he showed temper when he was penalized for tripping. Storm scored goal seven on a puck that bounced off the goalie's glove.

To their credit, the Posse never gave up the game even when they were down 7-3. Storm took a penalty and Posse scored their

fourth goal.

With a minute and a half left in the game, Tresierra enjoyed a fist fight with a Storm player, and went off the ice early. This fight was followed half a minute later with another fight.

The game ended 7-4 for Storm, who earned most of their goals with a technique of skating head on toward the goalie, then skating straight across the crease and shooting the puck high into the short side. In this play, there is no time for the goalie to move to the open side, and if no defenceman is covering, it is a sure goal.

The Sunday afternoon match between Princeton and Revelstoke was cancelled when the team bus broke down and the Grizzlies were unable to make it to Princeton.

Princeton Posse Hockey Club meets this Thursday night at the arena mezzanine at 8:00 p.m.



Princeton nearly scored on this play during Saturday's game against Osoyoos.

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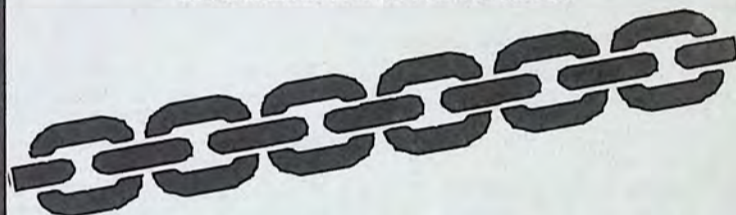
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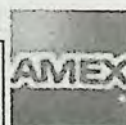
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Bantams tie one up

On Saturday Princeton's K&M Trucking played a league game against South Okanagan. It was a very slow period for the player who seemed to come out flat-footed. Missing passes and wandering all over the ice the team struggled to muster up some offence.

South Okanagan struck first taking a two goal lead into the second. Princeton seemed to wake up forming some excellent scoring chances and playing some excellent defense.

Milen Wilkenson had a strong game on defense stopping numerous chances by the opposition. Along side her was Vian Maritz and Ian McKenzie a Peewee player also had a great game. The team got themselves into some penalty problems but managed to play through them and go into the third down by two.

In the third Princeton showed their opposition that they were not quitters getting a goal from Nick Yee who just came back from an injury. That motivated the team even more, which then saw Bryce Markin tie the game with 6 minutes left to go.

It was a very exciting game to

watch at the end and as the coach I am very proud of the players for not quitting. It was a great effort from the whole team.

Other points went to Colton Williams, Bryce Markin, and Nick Yee all registered assists.

- submitted by Kevin Williams

Princeton Posse KIJHL Hockey

2005-2006 Season Schedule

FRIDAY NOVEMBER 25 - 7:30 PM - Summerland
SATURDAY NOVEMBER 26 - 7:30 PM - @ Revelstoke
SUNDAY NOVEMBER 27 - 2:00 PM @ Sicamous

FRIDAY DECEMBER 2 - 7:30 PM - @ Sicamous
SATURDAY DECEMBER 3 - 7:30 PM - Columbia Valley
FRIDAY DECEMBER 9 - 7:30 PM - Revelstoke
SATURDAY DECEMBER 10 - 7:30 PM - Golden
FRIDAY DECEMBER 16 - 7:30 PM - @ Osoyoos
SUNDAY DECEMBER 18 - 2:00 PM - @ Summerland
WEDNESDAY DECEMBER 21 - 7:30 PM - Sicamous

WEDNESDAY JANUARY 4 - 7:30 PM - Summerland
FRIDAY JANUARY 6 - 7:30 PM - Sicamous
SATURDAY JANUARY 7 - 7:30 PM - Kimberley
FRIDAY JANUARY 13 - 7:30 PM - @ Summerland
SATURDAY JANUARY 14 - 7:30 PM - @ Beaver Valley
FRIDAY JANUARY 20 - 7:30 PM - Osoyoos

SATURDAY JANUARY 21 - ALL-STAR GAME

FRIDAY JANUARY 27 - 7:30 PM - @ Revelstoke
SUNDAY JANUARY 29 - 2:00 PM - @ Osoyoos

FRIDAY FEBRUARY 3 - 7:30 PM - Revelstoke
SATURDAY FEBRUARY 4 - 7:30 PM - @ Osoyoos
FRIDAY FEBRUARY 10 - 7:30 PM - Summerland
SATURDAY FEBRUARY 11 - 7:30 PM - Sicamous
WEDNESDAY FEBRUARY 15 - 7:30 PM - Summerland
FRIDAY FEBRUARY 17 - 7:30 PM - Revelstoke
SATURDAY FEBRUARY 18 - 7:30 PM - @ Osoyoos
FRIDAY FEBRUARY 24 - 7:30 PM - @ Sicamous
SATURDAY FEBRUARY 25 - 7:30 PM - Sicamous

PeeWees unbeaten in five games

Mac Lind Peewees are playing excellent hockey right now winning four of their last five games with some excellent play making. Their latest game was on November 5th, which saw them up against Penticton #4.

This was a very evenly matched game with both teams struggling to gain control over the other. This game ended in a tie when Penticton scored with only 7 minutes left.

Points went to Jonas Montgomery 2 goals, Taylor Esselink and Justin Milligan each with a goal, and assists went to Colby Williams, Josh Coyne, Keaton Ashley, and Kraig Leochko.

November 6th saw Princeton in Westside this proved to be a easy win with the team out shooting, out hustling them to the pucks, and just an all around great effort from the defense and the forwards to completely dominate the game. This end up 5-0 for Princeton on goals from Colby Williams, Taylor Esselink, Keaton Ashley, Justin Milligan, and Jonas Montgomery. Others who made it on the score

sheet were Josh Coyne, Ian McKenzie, Colby Williams with an assist, and Jordan Palumbo, and Jonas Montgomery with two assists each.

The following week Princeton had two home games winning both. The first was against Summerland this game got off to a slow start with neither team gaining the upper hand.

Princeton opened the scoring in the first on a goal by Brady Johnson. In the second Summerland and Princeton traded goals with Princeton going into the third with a one-goal lead. With 6 minutes left Keaton Ashley got his second goal giving the team the insurance goal to end the game Princeton 4 Summerland 2. Taylor Esselink also registered a goal.

Assists went to Jordan Palumbo and Clayton Obee each with two assists, and Jonas Montgomery rounded it all up with an assist of his own.

On Sunday Princeton played host to South Okanagan. This game looked like it was going to be a score fest, with South Okanagan

scoring 4 goals in the first to Princeton's three. In the second though it slowed down Princeton got back to their game plan and settled down to play some great hockey to tie the game before starting the third period.

South Okanagan got totally frustrated taking penalties and just losing all composure. Princeton scored 6 goals in the third to win the game 10-4.

Both goalies played well, as well as the defense, which stopped South Okanagan from scoring numerous times. Points went to Jonas Montgomery 3 goals 1 assist, Clayton Obee and Justin Milligan each with 2 goals, Kraig Leochko with 1 goal 2 assists, Colby Williams with 1 goal 1 assist, Keaton Ashley and Taylor Esselink 2 assists, Brady Johnson with an assist.

To round it all up Collin Hallar got on the point sheet with an assist of his own and being that it is his first year in hockey it was very special. Great teamwork players keep up the great work!

- submitted by Kevin Williams

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tuesday movies

MORNING

7:00 am WTBS (3) ★★ "Major League II" (1994, Comedy) (PA) Charlie Sheen. The Cleveland Indians gear up for another chance at the pennant in this sequel to the 1989 hit. (E)
10:00 am CITY (29) ★★ "Breakout" (1998, Adventure) Robert Carradine. Greedy oil companies set out to prevent an inventor from marketing a powerful new battery. (E)
11:00 am A&E (9) ★★ "Chariots of Fire" (1981, Drama) Ben Cross. Social pressure and personal turmoil beset two British athletes on their way to glory in the 1924 Olympics. (E)

children go awry. (E)
10:06 pm CITY (29) ★★ "Men With Guns" (1997, Action) Donal Logue. Small-time hoodlums are pumped up for revenge after they are beaten and humiliated by more powerful thugs.
11:10 pm WTBS (3) ★ "National Lampoon's Holiday Reunion" (2003, Comedy) Bryan Cranston. A conservative anesthesiologist and his family clash with a hippie cousin during holiday time in Idaho. (E)

EVENING

9:00 pm FAM (26) ★★ "In the Army Now" (1994, Comedy) Pauly Shore. A free-spirited slacker leads his group of misfit soldiers against Libyan troops when they wind up behind enemy lines.
9:10 pm WTBS (3) ★★ "Grumpier Old Men" (1995, Comedy) Jack Lemmon. Two crotchety seniors resume their bickering ways when marriage plans between their two

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wednesday movies

MORNING

7:00 am WTBS (3) ★★ "Grumpier Old Men" (1995, Comedy) Jack Lemmon. Two crotchety seniors resume their bickering ways when marriage plans between their two children go awry. (E)
10:00 am CITY (29) ★★ "Chairman of the Board" (1998, Comedy) Carrot Top. A tycoon wills control of his corporation to the easygoing surfer-inventor who helped him in a time of need. (E)

AFTERNOON

5:00 pm CITY (29) ★★ "Anger Management" (2003, Comedy) Adam Sandler. Premiere. An outrageous therapist tests the patience of a mild-mannered patient who was ordered by a judge to undergo counseling. (In Stereo) (E)

EVENING

8:00 pm FOX (25) ★★ "Anger Management" (2003, Comedy) Adam Sandler. Premiere. An outrageous therapist tests the patience of

a mild-mannered patient who was ordered by a judge to undergo counseling. (In Stereo) (E)
8:10 pm WTBS (3) ★★ "Angel Eyes" (2001, Mystery) (PA) Jennifer Lopez. A Chicago policewoman becomes involved with a sad-eyed good Samaritan with a mysterious past. (E)
9:00 pm FAM (26) ★★ "Hero" (1992, Comedy-Drama) Dustin Hoffman. A homeless Vietnam veteran poses as the Samaritan who saved passengers from the wreckage of a downed airliner.
10:06 pm CITY (29) ★★ "Anger Management" (2003, Comedy) Adam Sandler. Premiere. An outrageous therapist tests the patience of a mild-mannered patient who was ordered by a judge to undergo counseling. (In Stereo) (E)
10:10 pm WTBS (3) ★★ "When Secrets Kill" (1997, Drama) Gregory Harrison. A husband becomes a murder suspect when his adopted daughter's natural mother is killed following a visit to his home.

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TUESDAY, NOVEMBER 22, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows of programming details including time slots and program titles.

WEDNESDAY, NOVEMBER 23, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows of programming details for Wednesday, November 23, 2005.

Regular Meetings

* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
 * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
 * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
 * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
 * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
 * Hedley Library open 2-7pm Thursdays
 * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
 * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
 * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
 * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
 * Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
 * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
 * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
 * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
 * Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
 * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
 * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.
 * Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
 * Princeton Area BEA meets the 3rd Thursday of the month, 7:00 PM, Skills Centre.

Similkameen News Leader Community Calendar

NOVEMBER

25 - Princeton Posse Game vs. Summerland, 7:30 PM
 26, 27 - Atoms Hockey Tournament, Arena
 27 - Princeton Posse Game vs. Sicamous, 2:00 PM
 28 - PSS PAC Meeting, 7:00 PM

DECEMBER

2, 3, 4 - Midget Hockey Tournament, Arena
 3 - Christmas Arts & Crafts Fair, Keremeos
 3 - Princeton Posse Game vs. Columbia Valley, 7:30 PM
 7 - School Board Meeting, 7 PM, Princeton Office
 9 - Princeton Posse Game vs. Revelstoke, 7:30 PM
 10 - Princeton Posse Game vs. Golden, 7:30 PM
 16 - Last day of School before Winter Vacation
 21 - Princeton Posse Game vs. Sicamous, 7:30 PM
 25 - Christmas

JANUARY

1 - New Years Day
 3 - Schools re-open after Winter Break
 4 - Princeton Posse Game vs. Summerland, 7:30 PM
 6 - Princeton Posse Game vs. Sicamous, 7:30 PM
 8 - Tykes Fun Day, Arena
 13, 14, 15 - Bantam Hockey Tournament, Arena
 21 - KIJHL All-Star Game, Princeton Arena
 30 - PSS PAC Meeting, 7:00 PM

FEBRUARY

14 - Valentine's Day
 27 - PSS PAC Meeting, 7:00 PM

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

thursday movies

MORNING

7:00 am WTBS (3) ★½ "The Waterboy" (1998, Comedy) Adam Sandler. A football coach harnesses a simpleton's powerful anger to help lead his downtrodden team to victory. (E)
 10:00 am CITY (29) ★★ "Seeds of Deception" (1994, Drama) Melissa Gilbert. A mother and her friend join the legal battle to prove that a fertility expert inseminated patients with his own sperm. (E)

AFTERNOON

2:00 pm KHQ (7) ★★ "Miracle on 34th Street" (1947, Comedy) Maureen O'Hara. The Oscar-winning classic about a girl's belief that the new Macy's Santa is the real Kriss Kringle.
 5:00 pm CITY (29) ★★ "Daddy Day Care" (2003, Comedy) Eddie Murphy. Premiere. Two unemployed fathers incur the wrath of a prestigious academy's headmistress when they open a childcare facility. (In Stereo) (E)
 WGN (38) ★½ "Vegas Vacation" (1997, Comedy) Chevy Chase. Gambling, goodfellas and Wayne Newton await the Griswolds during an ill-fated family excursion in Las Vegas. (In Stereo) (E)

EVENING

6:00 pm WTBS (3) ★★ "Sister Act" (1992, Comedy) (PA) Whoopi Goldberg. A Reno lounge singer-turned-murder witness transforms a group of singing nuns into an unconventional convent choir. (E)
 8:00 pm FOX (29) ★★ "Daddy Day Care" (2003, Comedy) Eddie Murphy. Premiere. Two unemployed fathers incur the wrath of a prestigious academy's headmistress when they open a childcare facility. (In Stereo) (E)
 8:10 pm WTBS (3) ★★ "Sister Act" (1992, Comedy) (PA) Whoopi Goldberg. A Reno lounge singer-turned-murder witness transforms a group of singing nuns into an unconventional convent choir. (E)
 8:30 pm KXLY (10) ★★ "Finding Nemo" (2003, Adventure) Voices of Albert Brooks. Premiere. Animated. A fish embarks on a journey to find his son after losing him in the Great Barrier Reef. (In Stereo) (E)
 9:00 pm FAM (26) ★★ "The Thomas Crown Affair" (1999, Adventure) Pierce Brosnan. An insurance investigator finds herself falling in love with the suave tycoon she suspects masterminded an art theft. (In Stereo) (E)

friday movies

MORNING

10:00 am CITY (29) ★★ "Daddy Day Care" (2003, Comedy) Eddie Murphy. Premiere. Two unemployed fathers incur the wrath of a prestigious academy's headmistress when they open a childcare facility. (In Stereo) (E)

AFTERNOON

5:00 pm CITY (29) ★★ "The Family Man" (2000, Comedy-Drama) Nicolas Cage. A supernatural stranger shows a Wall Street whiz what his life would've been like if he'd married his former sweetheart.
 WGN (38) ★½ "Down Will Come Baby" (1999, Suspense) Meredith Baxter. A working mother's frequent trips to Denver allow a mysterious woman to worm her way into a troubled family's lives. (In Stereo) (E)

EVENING

6:00 pm WTBS (3) ★★ "Jurassic Park III" (2001, Adventure) (PA) Sam Neill. Premiere. Dinosaur expert Dr. Alan Grant and a search party become trapped on an island of prehistoric predators. (E)
 7:30 pm FAM (26) ★★ "Kazaam" (1996, Comedy-Drama) Shaquille O'Neal. A gigantic genie adapts to modern society while waiting for a troubled 12-year-old to request his three wishes.
 8:00 pm WTBS (3) ★★ "Jurassic

Park III" (2001, Adventure) (PA) Sam Neill. Dinosaur expert Dr. Alan Grant and a search party become trapped on an island of prehistoric predators. (E)
 KNOW (5) "Great Expectations" (1999, Drama) (Part 2 of 2) Ioan Gruffudd. An abused orphan's life is plagued by his efforts to win the heart of a haughty woman born to a wealthy family. (E)
 KHQ (7) ★★ "The Family Man" (2000, Comedy-Drama) Nicolas Cage. A supernatural stranger shows a Wall Street whiz what his life would've been like if he'd married his former sweetheart.
 FOX (29) ★★ "Star Wars: Episode II -- Attack of the Clones" (2002, Science Fiction) Ewan McGregor. Obi-Wan Kenobi and his Jedi apprentice, Anakin Skywalker, protect the former queen from political separatists. (In Stereo) (E)
 9:01 pm FAM (26) ★★ "White Squall" (1996, Drama) Jeff Bridges. A ship's captain finds his reputation called into question after he and his teenage students encounter tragedy at sea.
 10:06 pm CITY (29) "Beverly Hills Bordello 9" (1998, Adult) A collection of erotic tales.
 11:10 pm FAM (26) ★★ "The Naked Gun: From the Files of Police Squad!" (1988) Leslie Nielsen. Lt. Frank Drebin ("Police Squad!") attempts to thwart a drug kingpin's plot to assassinate the Queen of England.

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Horoscopes

November 23- 30, 2005

Aries - You enter a new phase this week, one in which you want to learn more. For some Aries, you will choose travel as a learning tool. For others it will be formal education. Money problems ease.
Taurus - You should be tying up loose ends in investments, mortgages, debts, banking and insurance. Double check your family's security. Your tensions ease off, so do family obligations. Enjoy travel, learning.
Gemini - Others focus their interest on you now. A partner or friend will take a new interest in you, but don't expect real change for awhile. Be cautious on job. Career has surprise problems Monday.
Cancer - Drive very carefully Sunday, Monday, Tuesday. Icy conditions pose danger to you. Friends, children are a source of joy. Partner continues loving and romantic. Money problems ease a little. Enjoy.
Leo - You may find yourself enjoying an unexpected visit from young relatives. Take time to make occasion special and fun. Health is good, but you may gain weight by snacking at home. Discipline!
Virgo - A surprise visit from family, or surprising news from family, may add to your pleasure this week. Try to organize all of your errands so you can spend more time at home, which is where your heart is now.
Libra - Money, money, money, that's all you think about these days. At this time, you should be thinking about what you value most and how to express it. Guard against flu, colds. Job surprise this week.
Scorpio - You may create unexpected pleasure for young people in your life this week. Career burdens ease. If you go shopping for Xmas gifts now, avoid gaudy and look for just "nice". Limit spending now.
Sagittarius - You are now in your natural element. Financial picture looks good until mid-December. Long distance travel is out of the question. Spiritual matters weigh heavily. Give surprise gift.
Capricorn - Debts make burdens heavier. Do sensible planning for coming year. Resources are limited. Lots of activity concerns groups you belong to. Make these fun. People around you are unpredictable.
Aquarius - Groups you belong to may be the source of a lot of unexpected fun this weekend. Look for visitors, friends, dropping in to perk up your life. Friend may have good news to share. have fun!
Pisces - You focus on career now, but you are not as organized as you should be. You would really like to be far away just having fun. Sorry! Your mind is at ease now, and your fun comes from learning at work.

Similkameen News Leader Recipe Corner (Recipe #91)

Creamy Turkey Wild Rice Soup

- 2 tsp. Canola oil
- 1 cup carrot, grated
- 1 cup onion, finely chopped
- 1 cup fresh mushrooms, chopped
- 1 tsp. fresh rosemary, chopped
- 1/4 tsp. black pepper
- 3 cloves garlic, minced
- 2 cups turkey or chicken broth
- 2 cups water
- 1 1/2 cups turkey breast, cooked, chopped
- 1 cup uncooked wild rice
- 1/3 cup flour
- 2 3/4 cups 2% milk
- 2 tbsp. dry sherry

Heat oil in a Dutch oven or large soup pot over medium-high heat. Add carrot, onion, mushrooms, rosemary, pepper and garlic. Saute 8-minutes or until browned. Stir in broth and water, scraping pot to loosen browned bits. Stir in turkey and rice; bring to a boil. Cover, reduce heat and simmer 1 hour and 15 minutes or until rice is tender. Lightly spoon flour into a dry measuring cup, leveling with a knife. Combine flour and milk in a small bowl, stirring with a whisk. Add to pot. Cook soup over medium heat until thick (approx. 8-minutes), stirring frequently. Stir in sherry.

Used by permission of Manitoba Turkey Producers. For more great turkey recipes check <http://www.turkey.mb.ca>

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

THURSDAY, NOVEMBER 24, 2005

Grid for Thursday, November 24, 2005. Columns: WTBS (3), CHBC (4), KNOW (5), KSPS (6), KHQ (7), KREM (8), A&E (9), KXLY (10), BCTV (11), CITV (12), YTV (13), TSN (19), VTV (22), DISC (24), FOX 41, FAM (26), KTLA (27), CITY (29), WGN (33). Rows: 6 AM to 11:30 PM.

FRIDAY, NOVEMBER 25, 2005

Grid for Friday, November 25, 2005. Columns: WTBS (3), CHBC (4), KNOW (5), KSPS (6), KHQ (7), KREM (8), A&E (9), KXLY (10), BCTV (11), CITV (12), YTV (13), TSN (19), VTV (22), DISC (24), FOX 41, FAM (26), KTLA (27), CITY (29), WGN (33). Rows: 6 AM to 11:30 PM.

saturday movies

MORNING

7:00 am WTBS (3) ★★★ "The Birdcage" (1996, Comedy) Robin Williams. The arrival of his son's future in-laws forces a gay nightclub owner and his lover to pose as husband and wife. (E)

8:00 am A&E (9) ★★★ "Frantic" (1988, Suspense) Harrison Ford. A doctor finds his trip to a Paris medical conference turned upside down when his wife disappears upon their arrival. (E)

9:45 am WTBS (3) ★★½ "The Bodyguard" (1992, Suspense) Kevin Costner. A Secret Service agent-turned-bodyguard finds danger and romance while protecting an entertainer from a stalker. (E)

AFTERNOON

12:00 pm FAM (26) ★★ "Air Bud Spikes Back" (2003, Adventure) Katija Pevac. A teenager and her athletic dog help get a struggling volleyball team into championship shape.

12:20 pm WTBS (3) ★★★ "Batman"

(1989, Adventure) (PA) Michael Keaton. Tim Burton's adaptation of the Caped Crusader and his vendetta against the Joker, a disfigured criminal mastermind. (E)

1:00 pm CITY (29) ★★½ "The Man Who Knew Too Little" (1997, Comedy) Bill Murray. A tourist in London wrongly believes that the spies and assassins in his path are part of an elaborate game. (E)

1:30 pm FAM (26) "Magic in the Mirror" (1996, Fantasy) Jamie Renee Smith. A little girl discovers a magical world inside her grandmother's mirror where her imaginary friends come alive.

3:00 pm WTBS (3) ★ "Wild Wild West" (1999, Western) Will Smith. A pair of 19th-century secret agents uses a wide array of gadgets and disguises as they battle a criminal genius. (E)

4:00 pm KTLA (27) ★★½ "Moonstruck" (1987, Comedy) Cher. Three Oscars went to this tale of a widowed Brooklyn bookkeeper who falls in love with her fiancée's brother. (In Stereo)

5:00 pm WTBS (3) ★★★ "The

Mummy" (1999, Horror) (PA) Brendan Fraser. A cursed Egyptian priest is roused from his 3,000-year slumber by foolhardy fortune hunters searching for gold. (E) (DVS) WGN (38) ★★½ "Wild Bill" (1995, Western) Jeff Bridges. Wild Bill Hickok takes up again with Calamity Jane and wonders at his wasted life as his date with destiny draws near. (In Stereo) (E)

5:30 pm CITY (29) ★★ "Runaway Bride" (1999, Comedy) Julia Roberts. A columnist travels to Maryland to get the scoop on a commitment-shy woman who's left several suitors at the altar.

EVENING

7:30 pm WTBS (3) ★ "Anaconda" (1997, Horror) (PA) Jennifer Lopez. Members of a documentary film crew become fodder for a gargantuan snake slithering through the Brazilian jungle. (E)

8:30 pm KHQ (7) ★★ "Runaway Bride" (1999, Comedy) Julia Roberts. A columnist travels to Maryland to get the scoop on a commitment-shy woman who's left several suitors at the altar.

9:00 pm YTV (18) ★★½ "Gremlins" (1984, Fantasy) Zach Galligan. A picturesque community is overrun by a lovable little creature's evil brood in

this Joe Dante comic thriller. (In Stereo) (E) FAM (26) ★★½ "Radio Flyer" (1992, Drama) Elijah Wood. The power of imagination propels this tale of two adolescents planning a fanciful escape from their abusive stepfather.

CITY (29) ★★ "BASEketball" (1998, Comedy) Trey Parker. Two losers from Milwaukee create a new version of basketball using some rules from baseball. (E)

9:30 pm WTBS (3) ★★½ "Batman" (1989, Adventure) (PA) Michael Keaton. Tim Burton's adaptation of the Caped Crusader and his vendetta against the Joker, a disfigured criminal mastermind. (E)

WGN (38) ★★½ "Loch Ness" (1996, Adventure) Ted Danson. A famous zoologist angers local Scotsmen when he arrives at Loch Ness to prove that the fabled monster does not exist. (In Stereo) (E)

10:50 pm FAM (26) ★★½ "Benny & Joon" (1993, Drama) Aidan Quinn. The brother of a mentally ill young woman becomes concerned when an eccentric newcomer and his sister fall in love.

11:00 pm CITY (29) ★★ "Truth or Consequences, N.M." (1997, Drama) Vincent Gallo. Four desperate crooks abduct a couple and head for New Mexico after their attempted

robbery of a drug dealer goes sour. 11:30 pm WGN (38) ★½ "Wild Bill" (1995, Western) Jeff Bridges. Wild Bill Hickok takes up again with Calamity Jane and wonders at his wasted life as his date with destiny draws near. (In Stereo) (E)

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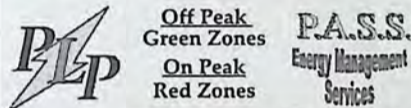
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LEGEND TO THE TV LISTINGS Normal Months September - June "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.



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Time-of-use

Schedule for TOU * NORMAL MONTHS
September - October - November - December
January - February - March - April - May - June

For Information 250-3244

Power by the Hour Rates	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 AM - 11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM - 12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM - 1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM - 2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM - 3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM - 4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 PM - 5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 PM - 6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM - 7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM - 8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 PM - 9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 PM - 10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM - 11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM - 12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

6:30 am WTBS (3) ★★½ "Red Water" (2003, Suspense) (PA) Lou Diamond Phillips. Two people encounter desperate criminals and a dangerous shark as they carry out an assignment in a Louisiana river. (E)

8:30 am WTBS (3) ★ "Wild Wild West" (1999, Western) Will Smith. A pair of 19th-century secret agents uses a wide array of gadgets and disguises as they battle a criminal genius. (E)

10:00 am WGN (38) ★½ "Vegas Vacation" (1997, Comedy) Chevy Chase. Gambling, goodfellas and Wayne Newton await the Griswolds during an ill-fated family excursion in Las Vegas. (In Stereo) (E)

10:30 am WTBS (3) ★★½ "Starship Troopers" (1997, Science Fiction) (PA) Casper Van Dien. Enthusiastic but badly outnumbered young soldiers attempt to protect Earth from a vicious army of gigantic insects. (E)

11:00 am CITY (29) ★★½ "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. A stuffy executive reluctantly shares travel accommodations with a perky sales-

man in a cross-country comedy of errors. (E)

AFTERNOON

12:00 pm FAM (26) ★★½ "Wide Awake" (1998, Drama) Joseph Cross. A grieving boy asks difficult questions about death and the meaning of life after his beloved grandfather dies.

WGN (38) ★★½ "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. A stuffy executive reluctantly shares travel accommodations with a perky salesman in a cross-country comedy of errors. (In Stereo) (E)

12:30 pm WTBS (3) ★ "Anaconda" (1997, Horror) (PA) Jennifer Lopez. Members of a documentary film crew become fodder for a gargantuan snake slithering through the Brazilian jungle. (E)

1:30 pm FAM (26) ★ "Clifford" (1994, Comedy) Martin Short. An evil-minded 10-year-old exacts revenge when his uncle refuses to take him to an amusement park.

2:00 pm VTV (22) "Bookfair Murders" (2000, Mystery) Samantha Bond.

Two friends put their sleuthing skills to work after a highly sought-after author is murdered. (In Stereo) (E)

2:30 pm WTBS (3) ★★½ "The Mummy" (1999, Horror) (PA) Brendan Fraser. A cursed Egyptian priest is roused from his 3,000-year slumber by foolhardy fortune hunters searching for gold. (E) (DVS)

3:00 pm KTLA (27) ★★½ "Home Alone" (1990, Comedy) Macaulay Culkin. A precocious 8-year-old stands off two bumbling burglars after his vacationing parents accidentally leave him behind. (In Stereo)

4:00 pm YTV (18) ★★½ "Babes in Toyland" (1997, Musical) Voices of Charles Nelson Reilly. Animated. Nursery rhyme characters spring to life in order to save a toy factory from being shut down before Christmas. (In Stereo) (E)

VTV (22) "The Awakening" (1995, Drama) Cynthia Geary. A woman's organized life is turned upside down when she teams up with a rugged bounty hunter to track a wanted thief. (In Stereo) (E)

5:00 pm WTBS (3) ★★½ "Jurassic Park III" (2001, Adventure) (PA) Sam Neill. Dinosaur expert Dr. Alan Grant and a search party become trapped on an island of prehistoric predators. (E)

EVENING

6:00 pm YTV (18) ★★½ "Home Alone" (1990, Comedy) Macaulay Culkin. A precocious 8-year-old stands off two bumbling burglars after his vacationing parents accidentally leave him behind. (In Stereo) (E)

CITY (29) ★★ "Star Trek: Nemesis" (2002, Science Fiction) Patrick Stewart. Premiere. Capt. Picard squares off against his Romulan-engineered clone, who seeks to destroy the Enterprise and then Earth. (E)

7:00 pm WTBS (3) ★★½ "Jurassic Park III" (2001, Adventure) (PA) Sam Neill. Dinosaur expert Dr. Alan Grant and a search party become trapped on an island of prehistoric predators. (E)

KHQ (7) ★★½ "Shrek" (2001, Comedy) Voices of Mike Myers. Premiere. Animated. A grouchy ogre and his jabbering donkey sidekick set out to rescue an imprisoned princess for a scheming lord.

9:00 pm WTBS (3) ★★½ "Deep Blue Sea" (1999, Suspense) (PA) Thomas Jane. A marine biologist and her staff become the prey of scientifically altered sharks that have a hunger for human flesh. (E) (DVS) KREM (8) "Silver Bells" (2005, Drama) Anne Heche. Premiere. A

teenage runaway connects his widowed father and a woman who lost her husband during a past Christmas holiday. (DVS)

FAM (26) ★★½ "Mr. Holland's Opus" (1995, Drama) Richard Dreyfuss. A music instructor's failed dreams of composing are replaced by the many joys of a 30-year high-school teaching career.

11:00 pm WTBS (3) ★★½ "Starship Troopers" (1997, Science Fiction) (PA) Casper Van Dien. Enthusiastic but badly outnumbered young soldiers attempt to protect Earth from a vicious army of gigantic insects. (E)

11:16 pm FAM (26) ★★½ "Pie in the Sky" (1995, Comedy) Josh Charles. An aspiring radio traffic reporter conducts a stop-and-go relationship with a childhood sweetheart.

11:30 pm CITY (29) ★★ "Star Trek: Nemesis" (2002, Science Fiction) Patrick Stewart. Premiere. Capt. Picard squares off against his Romulan-engineered clone, who seeks to destroy the Enterprise and then Earth. (E)

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MONDAY, NOVEMBER 28, 2005

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Dawson's Creek (E)	News (E) Okanagan	(Off Air)	Body Elec. Dragon	News (E)	News	24 (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Hamtaro	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers	King (E)	News Calvin, Miller.	Maury (E)	Hillbillies
7 AM	Movie: "Ace Ventura: When Nature Calls" (1995)	Life Today	BluesClues	Clifford	Today (E)	The Early Show (E)	24 (E)	Good Morning America			Winx Club	SportsCentre (E)		Highest Job	Sabrina	K. Possible	News (E)	CityLine (E)	Rockford Files
8 AM	Nature Calls (1995)	100 Huntley Street (N) Poko	HI-5	Barney			24 (E)				Neutron	SportsCentre (E)		How-Made	Pald Prog.	Weekend		StarTV	Matlock (E)
9 AM	Becker	Save-Ums! Doodlebop	(8:50) The Berenstain Bears	Sesame Street (E)			Discover	City Confidential (E)	Regis and Kelly	100 Huntley Street (N)	World Vision	Off-Record	Regis and Kelly	Daily Planet (E)	Fam. Feud	Feet	Maury (E)	News (E)	Magnum, P.I. (E)
10 AM	Cosby	The Price Is Right (E)	Little Bear	Reading	Ellen DeGeneres Show	The Price Is Right (E)	Cold Case Files (E)	The View (N) (E)	World Vision	House	Rupert	Canadian Football Hall	The View (N) (E)	How-Made	Starting Over (N) (E)	Sing-Story PB&J Otter	Jerry Springer (N) (E)	Movie: "Planes, Trains and Automobiles" (1987)	News (E)
11 AM	Home Imp.	Judge J.	Force	Mr Rogers	The Tyra Banks Show	Young and the Restless	24 (E)	Pald Prog.	The Insider	News (Live) (E)	Hamtaro	UEFA	eTalk Daily	Frontiers of	Montel Williams (E)	Henry's	Blind Date	Magnum, P.I. (E)	
12 PM	Drew	News (Live) (E)	Canada-History	Sit-Be Fit	Pald Prog.	News	24 (E)	All My Children (E)	News (Live) (E)	Days of our Lives (E)	Oddparent	Triathlon: ITU	Daily	Unsolved History (E)	Perry Mason	Lilo Stitch	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)
1 PM	Yes, Dear	Days of our Lives (E)	Moving On Planet	Fine Art Sewing	Days of our Lives (E)	As the World Turns	24 (E)	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears	Bol d'Or Champions hip. (Taped)	Vicki G.	Fear Fighters "Police"	Hoze	Dalmatian	Jerry Springer (E)	Relle Hunter (E)	Cosby
2 PM	Friends	Da Vinci's Inquest (E)	Gaslight Home	Berenstain Dragon	Passions (E)	Guiding Light (E)	24 (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona	LazyTown	General Hospital (E)	How-Made	Love Lucy	Fillmore	Eye Eye	DeGeneres Show	Moesha
3 PM	Seinfeld	Starting Over (N) (E)	Timothy	Postcards	Brown	Dr. Phil (N)	City Confidential (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil (N)	Ultimate Ten	Montel Williams (E)	Weekend	Pokémon	News (E)	Home Imp.
4 PM	Raymond	Direct Buy	Sagwa	Cyberchas	Judge J.	Oprah Winfrey (E)	Cold Case Files (E)	Millionaire	Oprah Winfrey (E)	News (E)	Tn-Titans	Hockey	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	Xiaolin Cybertron	Sex & City	Funniest Home Videos
5 PM	Friends	News (Live) (E)	Madeline	BBC World	News (E)	News	The Child Sex Trade	News (E)	News (E)	News (E)	Oddparent	Monday Night Countdown (Live)	MythBusters (E)	Malcolm King of Hill	K. Possible	Sabrina	Stargate SG-1	Funniest Home Videos	
6 PM	Friends	Will-Grace	Art Attack	News-Lehrer	News (E)	News	Gottl	NFL	News (Live) (E)	ET Canada	Being Ian	WWE	News (E)	Monster Garage (E)	Simpsons	Even	My Wife	NFL	Funniest Home Videos
7 PM	Family Guy	Fortune	Sustain	Served	Jeopardy!	Seinfeld	Airline (N)	Steelers at Indianapolis Colts. (Live) (E)	Prison Break (PA) (E)	Prison Break (PA) (E)	SpongeBob	SportsCentre (Live) (E)	Corner Gas	Daily Planet (E)	Prison Break (PA) (E)	Radio Free	7th Heaven "Apple Pie"	WGN	News at Nine
8 PM	Movie: "Scrooged" (1988) Bill Murray. (E)	Movie: "Intelligence" (2005) Ian Tracey. (E)	Child of Our Time	Antiques Roadshow	Surface "Episode 10"	King	Crossing Jordan (E)	Entertain	Prison Break (N) (E)	Prison Break (N) (E)	Yvon	WWE	Medium (E)	Monster Garage (E)	Prison Break (N) (E)	Movie: "The Program" (1993)	Related (E)	TBA	Da Vinci's Inquest (E)
9 PM	Murray. (E)	Ian Tracey. (E)	Season of the Child	American Experience	Las Vegas (N) (E)	Two Men Practice	The Child Sex Trade	The Insider	Prison Break (N) (E)	Prison Break (N) (E)	Fresh Pr.	Monday Night Raw	CSI: Miami "Shattered"	Canada's Worst Driver	News	Brotherly	Sex & City	My So-Called Life	Friends
10 PM	Movie: "Ace Ventura: When Nature Calls" (1995)	The National	Season of Child	World of Farm Animals	Medium (N) (E)	CSI: Miami "Shattered"	Gottl	Wife Swap (N) (E)	The Closer (N) (E)	News (Live) (E)	My Family Bob		CSI: Miami "Shattered"	Canada's Worst Driver	News	Brotherly	Sex & City	My So-Called Life	Friends
11 PM	Nature Calls (1995)	How I Met	Canada-History	Charlie Rose (N) (E)	News (E)	News	Airline (E)	News (E)	News (Live) (E)	ET Canada	Hack/Sign	SportsCentre (Live) (E)	News (E)	MythBusters (E)	Sex & City	Becker	Friends	"Devils"	Elmidade

monday movies

MORNING

7:00 am WTBS (3) ★★ "Ace Ventura: When Nature Calls" (1995, Comedy) Jim Carrey. The pet detective is called upon to retrieve a sacred white bat that can stop a war between African tribes. (E)

10:00 am CITY (29) ★★★ "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. A stuffy executive reluctantly shares travel accommodations with a perky salesman in a cross-country comedy of errors. (E)

When Nature Calls" (1995, Comedy) Jim Carrey. The pet detective is called upon to retrieve a sacred white bat that can stop a war between African tribes. (E)

11:35 pm CITY (29) ★★½ "The Devil's Advocate" (1997, Horror) Keanu Reeves. A young attorney unknowingly hops on the fast track to hell when he accepts a position at a law firm run by Satan.

EVENING

8:00 pm WTBS (3) ★★ "Scrooged" (1988, Comedy) Bill Murray. Three ghosts give a greedy network executive a long-overdue attitude adjustment. Based on the Charles Dickens classic. (E)

CHBC (4) "Intelligence" (2005, Suspense) Ian Tracey. Premiere. After a stolen briefcase lands in a crook's hands, two agencies try to gain his cooperation and protect their secrets. (E)

9:00 pm FAM (26) ★★ "The Program" (1993, Drama) James Caan. A college football coach forfeits all but winning to get his troubled team to the big game. (E)

10:00 pm WTBS (3) ★★ "Ace Ventura:

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Let's Play Princeton Trivia!

Question:

What do these people have in common? Ron Goodwin, Matt Jackson, Charlie Hutchinson, John Stinson, Dean Stinson and Clayton Hamilton.

Last Week:

Princeton's two phone prefixes are 295 and 293.

www.princetonmuseum.com

Brought to you courtesy of: PRINCETON MUSEUM

THE NEWS LEADER WORD SEARCH

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 L H P J K I A T H B S I V G D U H C H F
 K G P V T X G M U T B D S Y V X T O R A
 L C Q A P N I W A C O N A I P W H E L A
 O N R N X N N N C O Y D Z T K D Y E O M
 I R S V A K E L T Q S U R H N Z P L R K
 U H T G O T A R U V X I O K M S D T E N
 F C F P S R O D Q G A W I C Z I W V V T
 K I L X I M F W R N A G R O F P L L P E
 Z U A N B I R C G U G W W W O Q Q I L A
 I R E O D Y F L H Z M K H J A Y Z W P U
 T T N D A A E H H A R M O N I C A K R R
 H E L F H P W W D Z A B U T A K U J G A
 E E I M C J R E A Y S R Z W P R A H E L
 R B A G P I P E S G U I T A R F K O F E
 U I J O V R Y Y B W S E V F X X B G L Z
 D O X W P V P I C C O L O G Q O N G Y U
 G K R C Y M B A L P V W O Q Z J U W X D
 I B A N J O V O I C E Z F V Z B Q X A E

LET'S TALK ABOUT "MUSICAL INSTRUMENTS"

- | | | | |
|----------|----------|-------------|-----------|
| DRUM | TRUMPET | CASTANETS | BUGLE |
| PICCOLO | TRIANGLE | HARP | BAGPIPES |
| FIDDLE | CYMBAL | SITAR | TUBA |
| TROMBONE | BANJO | SYNTHESIZER | OBOE |
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WEEKLY DEADLINE IS 12 NOON FRIDAYS



announcements

Parker Eldon Stevens

Born On: October 26, 2005

Parker Eldon Stevens was born on October 26, 2005 in Penticton Regional Hospital weighing 6 lbs 6oz. Proud parents are Larry and Niki Stevens. Also celebrating are grandparents Larry & Janice Stevens, Janet Tardiff & John Keller and Dave & Bev Tardiff.

card of thanks

Thank You!

Thank You to Vermilion Medical Centre, family, friends and team players from Princeton & District Community Services for everyone's phone calls, visits, cards, flowers and thoughtfulness during the past month.

You are awesome! - Lyndy Catlin

Try something different this Christmas! Give genuine lumps of coal as gifts! Buy them in 5 lb. or 15 lb. chunks. "Lumps o' Coal" make great gag gifts. Available only for a limited time. Order your today. Lumps o' Coal, P. O. Box 956, Princeton, B. C., V0X 1W0. Ask for volume discount rates!

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 CALL DIANNE @ 295-6648
 Box 1906, Princeton, B.C.

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 226A Bridge Street
 (250) 295-4149 • 1-888-350-9969

help wanted

Yard Work - Plus More!

I will do Yard Work - raking, snow shoveling, roof raking, garden clean-up, etc.
 Call Paul at (250) 295-1687 or 295-7820.

Oct 25-th

help wanted

to give away

Free to a good home. Four kittens, assorted colours. (250) 295-0520.

moving sale

White-Westinghouse fridge and stove in good condition, \$500.00 OBO, newer GE washer and dryer in excellent condition \$550.00 OBO, dark inlaid wood dining room set, table 40" x 60" plus leaf, six chairs, two chairs with arms, all with wicker backs and fabric seats in good condition, \$450.00 set OBO. Call (250) 295-0527 evenings. Nov 22-Dec 06

I'm interested in speaking with anyone who witnessed the glowing yellow UFO that appeared near Hedley on September 12, 1976. I'm currently researching UFO sightings in the Hedley area for a two-page leaflet I plan to publish and sell sometime in the future. Information also requested on how to access my files from my computer (Commodore 64-A). If you can offer assistance of any kind to these matters, please call me at (250) 295-1960 Monday to Friday between 8:00 AM and 1:15 PM, and Saturdays from 10:30 AM to 3:45 PM or Sundays between 9:45 AM and 11:00 PM.

wanted

Handyman wanted for Princeton area. Will be able to provide general house repairs including: painting, plumbing, installation of laminate and carpet flooring. Phone (604) 858-8492. Nov 22-Dec 06

Talk to my Machine! New service for those who can't get off the phone. Special introductory offer, call now and save later! 1-877-295-7754 Oct 26-th

notice

WANTED TO BUY PRE-OWNED RIFLES.
 FOR MORE INFORMATION CALL RON AT PRINCETON OUTDOOR SUPPLY 295-0450 OR 295-0319

Telemarketers bugging you? New product eliminates those annoying calls at dinnertime. Call anytime, day or night. 1-866-344-8298. Sep 14-th

for rent

Log house on small acreage on Highway 3, 3km West of Hedley. Wood/electric heat. River frontage, fenced, partly furnished. \$500.00/month + utilities. Available immediately. (403) 894-8954. Nov 22-Dec 06

2-bedroom rancher on Third Bench. \$650.00/month. Available January 1st. (250) 295-0305. Nov 22-Dec 06

Bright and clean 3-floor townhouse on Third Bench. 3-bedrooms, 2 baths, 5 appliances, covered parking, fenced backyard. Available January for \$575.00/month. References required. Mail housing resume to: Princeton Rental, 44862 Keith Wilson Road, Chilliwack, BC V2R 3J9. Nov 22-Dec 06

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(250) 295-6905
 226A Bridge Street

real estate

FOR SALE BY OWNER
 5-bedroom, 2 1/2-bathroom, 2,300 sq. foot family home in Princeton. Wood heat, fenced yard. Asking \$123,000. Phone (250) 295-3758. Nov 08-22

services

TIN MAN

METAL ROOFING
 Sales • Installations

295-3743
 1-888-647-3377

Jul 06-th

help wanted

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LOCAL CALL 310-JOBS (5627)

for sale

WOOD PELLET SALES & DELIVERY

Call
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 (250) 295-6545

Tired of spending big money on 'distressed' furniture? Let my 5-year old dog create the same effect on your couch, bedding, carpeting, vehicle, deck or yard. Now booking appointments. 1-877-295-7754. Aug 24-Sep 28

Box extender for Ford Explorer Sport Track, \$250.00. Stainless steel diesel tanks, \$300.00. A canopy for long box (lined), \$750.00. Brand new almond bathtub, \$60.00. Century plastic reserve water tank, \$700.00. (250) 295-0272. Nov 08-22

1997 Geo Tracker, 4-door, auto. \$9,200.00 OBO. (250) 295-0305. Nov 22-Dec 06

1988 Ford Escort, 2-door hatchback, standard, 204,000km, runs great, new timing belt, 6 tires (2 snow - on rims), need quick sale. Asking \$500.00. (250) 295-7998. Nov 15-22

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



for rent

FOR RENT

• UPPER DUPLEX, 2 BDRM,
 LARGE LIVINGROOM,
 \$500/MO INCLUSIVE DRIVE
 BY 1088-7 MILE RD. TO
 VIEW.

Drive by then call Neil at
 295-6977 Mar 23-tfn

for rent

VERY CLEAN

One Bedroom Apartments.
 - 2-minute walk to
 downtown Princeton.
 - Some suites overlook
 Tulameen River!
 - Start at only
 \$325/month.

Contact new resident manager
 (250) 295-4805

Mar 08-tfn

for sale

RENT THIS SPACE
 \$5.00+ GST per Week
 (250) 295-4149

help wanted

DAIRY QUEEN

Hiring for full & part-time positions.
 Front of the house, back of the
 house. Experience not necessary.
 Drop off resume in Person at the
 Princeton Dairy Queen.

Jan 25-tfn

for sale

ALL NATURAL
 NO ANIMAL BY-PRODUCTS
 100% ALL VEGETABLE
 GRAINED

ORDER SOON FOR
BABY BEEF
 LATE LAMB AVAILABLE SOON
 (250) 295-3739

Jul 19-tfn

ONE FREE DRAWING LESSON

Classes take place at LenDale's
 Pine Furniture every Thursday at
 6:00 PM beginning October 20th.
 For more information call (250)
 295-6708.

CALL FOR ARTISTS

Local Art Gallery is looking for
 artists wishing to display their
 work. Contact Marcela at (250)
 295-6708.

notices

**DID YOU KNOW THAT ONE CAT AND IT'S
 OFFSPRING CAN PRODUCE APPROXIMATELY
 420,000 KITTENS IN 7 YEARS?**

**SHOCKED? SO WAS I BECAUSE MANY OF THESE
 CATS AND KITTENS DON'T FIND HOMES AND
 BECOME A NUISANCE IN OUR COMMUNITY.**

I think a start to solving this problem is to fix our cats.
 So I'm offering to help people with a donation of \$50 for a
 female and \$25 for a male cat...if you get your pet fixed.
 Contact Dawn at Princeton Bakery (295-6670) before
 your vet appointment so we can make arrangements.

SINCE JUNE 30th WE HAVE HELPED LOCAL PET
 OWNERS 'FIX' 3 FEMALE AND 2 MALE CATS
 WITH 2 MORE WAITING. THANK YOU, PRINCETON
 FOR SUPPORTING THIS IMPORTANT PROGRAM!

notices

for rent

Silver Crest Housing

For Seniors 55 & Older
 Bachelor Suites, \$225/mo
 1-bedroom, \$300/mo

Contact: Alice Cook
 (250) 295-6136

Or Helen Gallagher
 (250) 295-3825

Jan 18-tfn (b)

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(250) 295-6905
 226A Bridge Street

for sale

1994 Mazda 2WD pick-up with
 cap. Air, V6. 200,000km. Call
 Larry (250) 295-6973 or 295-6720.

Nov 22-Dec 06

Four P205/55R16 Winter Tires, on
 rims. From a 1999 Sunfire. (250)
 295-6892.

Nov 22-Dec 06

Used skis and poles. Downhill and
 some Cross Country. \$15.00 each.
 Available at Princeton Auto
 Wreckers or call (250) 295-6224.

Nov 22-Dec 06

Online classifieds for only \$1.00 +
 GST per month. Contact us for all
 the details! (250) 295-4149.

notices

WANTED

Portable 'kerosene' heater for use
 in the home during power fail-
 ures also the camping style heater
 that attaches to the top of a 20-lb.
 propane cylinder and an interior
 car warmer. (250) 295-3008.

Nov 08-22

Cliff's Painting

Commercial &
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 Repaint Specialist
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 (250) 295-8100 - cell

(Nov 08-Dec 20)

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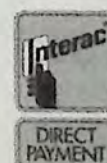
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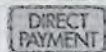
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WEEKLY DEADLINE IS 12 NOON FRIDAYS



notices

ALCOHOLICS ANONYMOUS

Chamber of Commerce Basement

SUNDAY OPEN MEETINGS - 8 PM
(295-7931 / 295-7229)
WEDNESDAY CLOSED - 8 PM
(295-7931 / 295-7229)
SATURDAY OPEN - 7:30 PM
(295-3571)

TULAMEEN LIBRARY
FRIDAY OPEN - 8 PM (295-7005)
ALANON - HEALTH CENTRE
MONDAY 12 NOON
ARBOR HOUSE
WEDNESDAY 7:30 PM
(295-7005 / 295-3794)

notices

Narcotics Anonymous

OPEN MEETINGS
Thursdays 7:30 PM

160 Old Hedley Road
Baptist Church Basement
(USE BACK DOOR)

Info: (250) 295-7919

notices

MONDAY NIGHT BINGO IN PRINCETON SENIOR CITIZENS BR. #30

162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #'s
SPECIALS, REGULAR GAMES, ODD &
EVEN, PROGRESSIVE SNOWBALL &
LOONIE POT, "LUCKY 7" WON EVERY
MONDAY (MIN. \$50.00 GUARANTEED)
BC Gaming License #860290
"PLAY SMART GAMBLE RESPONSIBLY"

KEREMEOS ELK'S & ROYAL PURPLE

Every Friday
Doors Open 5:30 PM
Elks Hall Keremeos

SMOKE FREE BINGO

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Puppies & Kittens Available For You To Adopt

6-8 weeks old

South Okanagan Similkameen SPCA

(250) 493-0136
Mar 01-tfn

Town of Princeton NOTICE

For impounded pets,
or to adopt pets
please see the
Community Bulletin
Board at the corner
of Bridge Street
and Kenley Avenue.

notices

notices

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IS AVAILABLE TO ANY WOMAN WHO HAS EXPERIENCED
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PROVINCE OF BRITISH COLUMBIA MINISTRY OF FORESTS



REQUEST FOR EXPRESSIONS OF INTEREST FOR FOREST DEVELOPMENT SERVICES FOR BC TIMBER SALES KAMLOOPS BUSINESS AREA 2006

The Kamloops Timber Sales Office in cooperation with the Cascades, Headwaters, 100 Mile House and Kamloops Forest Districts (hereafter referred to as Districts) is establishing a Select List of pre-qualified contractors in the following areas:

FULL PHASE DEVELOPMENT OF TIMBER SALES, which will require Silviculture Prescriptions, GPS, Cruising, Block, Road Layout (Full Phase) and TSFA's when done under full phase contracts.

In addition the REI will establish lists for qualified contractors who can carry out the following activities: Residue and Waste Surveys, Soil Disturbance surveys, Riparian Assessments, Road layout and design, Total Chance planning, Visual Inventory assessments, Slash burning.

SILVICULTURE ACTIVITIES such as: Tree Planting, Brushing, Silviculture Surveys, Planting Implementation, Juvenile Spacing, Silviculture Surveys, Site Preparation, Forest Health activities.

MAPPING SERVICES - which include data maintenance and conversion, map preparation and production normally associated with Forest Development Forest Stewardship Plans; site plan maps and Exhibit 'A' preparation.

Contractors may be invited to participate in subsequent Invitations to Tender for contracts in the above areas to be completed by the Kamloops Timber Sales Office or Districts during the term from April 1, 2006 to March 31, 2007. Only those contractors who have been pre-qualified will be invited to submit bids on contracts tendered by Select Invitation. The contractor may be required to meet all of the BCTS EMS requirements before commencing work on contract in the Cascades, Clearwater, 100 Mile House or Kamloops Field Units or for the Kamloops Timber Sales Office. Work done for the Districts does not have this requirement unless required by contract.

Contractors are invited to obtain an information package containing the pre-qualification mandatory requirements and complete instructions for submission of an Expression of Interest Information packages may be obtained at no charge from the BC Bid Website: <http://www.bcbid.gov.bc.ca/open.dill/welcome>

Expressions of Interest will be received until 2:00 PM PST on January 15, 2006. Fax machine submissions or revisions will not be accepted. Submissions may be submitted electronically in either Microsoft Word or .pdf format viewable with Adobe Acrobat®. Consultants are solely responsible for delivery of their electronic submission Excel Personnel Inc. by closing deadline. Submissions must be in accordance with the terms and conditions specified in the information package. Applications or questions will not be accepted at the Kamloops Timber Sales Office or any of the Field Unit Offices or Districts. They will not be forwarded.

The Contractor for the REI is Duncan Watt at: Excel Personnel Inc., Phone (250) 374-3853. E-mail: dwatt@excel.bc.ca.

Submission of a pre-qualification application does not guarantee inclusion on a resulting short list of pre-qualified contractors. BCTS reserves the right to limit the number of pre-qualified contractors invited to compete on a subsequent contract. Please note that this list may be used to Tender multi-year or renewable contracts.

IMPORTANT NOTICE:
CONTRACTORS THAT WERE SUCCESSFUL IN PREVIOUS
EVALUATIONS NEED NOT RE-APPLY HOWEVER PLEASE
NOTIFY US OF ANY CHANGES.

This solicitation is subject to Chapter 5 of the Agreement on Internal Trade.

BINGO HEDLEY OAPO #64 Thursdays 5:30 PM

Play Safe - Gamble Responsibly
Lic. # 855423

SUNDAY AFTERNOON BINGO In Hedley at the Chuchwayha Hall

\$25. GUARANTEED MINIMUM
PAYOUT ON REGULAR GAMES
(\$50. DOUBLE - UP CARD)
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MINIMUM \$1,000! PROGRESSIVE
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Senior \$ 48.80



editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

Who's really in control?

Now that the Municipal Election is complete, are you happy with the results? Are there any surprises?

Are you satisfied that the right people have been chosen to direct the community for the next three years?

Well, here's a question worth asking: Now that we have a new Town Council, do you know who really runs the Town?

It's a simple answer...we do, the voters of Princeton.

It's a small detail that needs to be pointed out to the new Town Council.

Remember, if you don't like something Town Council does, or is planning to do, let them know. We voted them in, so we have some say in what goes on in and around our community. Essentially, we own them. Make them work for you.

Let Town Council know how you feel about issues and decisions. Write them letters, write us letters to publish, phone the Councillors, contact them at Town Hall, stop them on the street, let them know what bugs you because you have the right to do so.

They are now public figures and owe us lots. They will owe us explanations and answers on EVERYTHING they do from this point forward to the end of November 2008.

Take advantage of your rights and make the new Town Council aware of what this Community really needs and what they should be doing to keep taxpayers happy.

Happy taxpayers usually equal re-election.

Now a note to the new Town Council: be warned. The taxpayers of Princeton will demand many things from you. You now have to listen to each of them and try to make decisions that will be understood by most of us.

But please do us all a favour, don't make closed-door decisions. Be honest with us. Tell us all you can. Even if it may mean making a decision you'd rather not make.

Be honest with us and we'll probably understand. Just don't keep us in the dark. Hold public meetings if you have to, and write things in the paper so we can help you get the word out on why you are doing what you are doing on this issue or that.

You owe the voters of Princeton open, honest communication. Also, don't be afraid to consult with residents. Oldtimers know a lot of things and may be a useful resource, so draw on the community for Committees to aid you in your decisions.

Together we can all make Princeton a great place to live!

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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your turn

The power-from-coal debate

To The Editor;

Imagine if one day you picked up your paper and read a headline that stated, CRYSTAL METH LAB PROPOSED FOR TOWN OF PRINCETON, and then went on to read that there was a good market for the product and that it would create jobs and contribute to the economic well being of the community.

Actually, I can't even imagine that, it's beyond ridiculous, and yet I can now picture a scenario just as alarming, waking up one morning to one of our many winter weather inversions and finding Princeton immersed in a drab yellow fog of coal particulate, nitrous oxides, a plethora of heavy metals and assorted dioxins. A fantasy - apparently not!

Some time ago Compliance Energy Corp. announced their plans to construct a coal burning power generating plant of 49MV (plants less than 50MV avoid much of the government environment control), at the Similco Mine site. They promise us jobs and economic growth, but at what cost?

As we speak, a First Nations, Cape Mudge band near Campbell River has taken legal action against the province for granting permission to Elk Island Mills to continue burning coal for power generation.

The Cape Mudge reservation is situated downstream from the plant and for years has received fallout from airborne smoke stack emissions. The Cape Mudge reserve and its sister community the Quinsam Reserve share simi-

lar age, gender and population-size figures, as well as identical lifestyle and diet patterns, yet Cape Mudge villagers, exposed to more of the pollution have three times the cancer rate.

Nor is it just some small native band in BC that has suddenly realized the problem with coal emissions. In almost every country in the world (except those desperate few developing countries that have no environmental controls whatsoever) there is a scramble to either eliminate burning coal or develop sweeping new technologies to change the process.

In Canada the province of Ontario has had the most experience, generating much of their power with coal. In April of this year Ontario's Minister of Energy referring to an independent study, stated that "Coal is costing the people of Ontario more than the number on their electricity bills. This study, he said, shows the true cost of coal is in air pollution-related illness, hospital visits and pre-mature deaths."

On June 15, 2005 the Ontario government announced that it would put the health of their citizens first by saying "No to coal." One plant has now been closed, three more are to be closed by the end of 2007 with the last remaining plant to be shut down in 2009.

In fact, many of the emissions from coal generation are just now coming under scrutiny. Mercury (usually measured in parts per billion) found in all coal, is one of the more troublesome heavy metals. A March 2005 study by a

group of pediatricians from the Mount Sinai Center for Children's Health entitled "Public Health and the Economic Consequences of Methylmercury Toxicity to the Developing Brain" stated that "the loss of IQ due to methylmercury affects between 10 and 15% of children born in America each year." Dr. Landrigan, director of the center said "If mercury emissions are allowed to remain at these high levels children will continue to suffer loss in intelligence and disruptions of behaviour."

Scott Segal, executive director of the Coordinating Council which represents the power generating industry admitted "The power industry has never challenged the notion that mercury is a neurotoxin" and went on to point out that although technology is being developed for mercury removal, no mercury control technology that exists today can achieve the proposed levels.

These are but a few of the problems with the technology that is being proposed for this Princeton coal plant. But what concerns me most is that in more than a year since the company announced its plan I have heard almost nothing from Town Council or from the Regional Director.

Are they aware of the consequences, do they know what pollutants will be contained in the plant emissions or of the research literature that pertains to those toxins? Have they even considered the health risks to those of us living down-wind?

.....continued on Page 24

Current Comment:

Yes, Virginia, there are space aliens



Dawn Johnson
editor@thenewsleader.ca

Sunday morning is a time when many people go to church or sleep late. I do neither. I was busy doing other things, and took time out for a cup of coffee. The television set was on, and a host was welcoming Hon. Paul Hellyer to speak at a UFO conference.

This may sound like a joke to those of you who did not see the former Minister of Defence on this show. There was nothing funny about what he was saying.

He reviewed his reasons for disbelieving the stories about alien spacecraft, but he and friends had had an experience many years ago and he likes to keep an open mind.

What convinced him of the reality of the existence of beings from other planets is a book titled "The Day After Roswell" written by a former top-level U.S. military man who was part of the National Security Advisory Committee for President Dwight D. Eisenhower. The author, Colonel Phillip J. Corso (Retired) writes about what was found at Roswell, and how the military shared materials recovered from the site with manufacturers to reverse engineer in the interests of the American military.

Paul Hellyer double-checked the truth of the book with another retired top-level U.S. military man who stated, "It's all true, and more."

What disturbed Hellyer most were two things: the cover-up of what really happened at Roswell, and the classifying of visitors from other planets as "enemy aliens".

I do not believe Hellyer should be upset about the cover-up, because Roswell has been an open secret among thousands of people, particularly those who lived in the Roswell, New Mexico area on July 4, 1947, and heard the radio report that an aircraft of unknown origin had crashed in the desert near Roswell. Whenever the government covers up the truth, people will ensure it comes out into the open somehow.

I agree with Hellyer that we should be cautious about a policy dubbing the aliens as enemies. Hellyer points out that much of the sophisticated weaponry pro-

duced in the United States is the result of a perceived need to protect earthlings against these aliens. Hellyer wisely asks, "What happens to earthlings if we start shooting down alien spacecraft?" If I were a person from a different planet and you shot my spacecraft from under me, I know who the enemy would be, and maybe a few of my buddies would move in and take care of your acts of aggression.

Hellyer makes a good point: why aren't we trying to find out more about these aliens. If they really are enemies, they could have taken care of us in no time flat the day after Roswell.

The real problem Hellyer identifies is that you can't change what you do not acknowledge (sounds like Dr. Phil). If you do not admit the reality of extraterrestrials visiting earth, how can you have a free and open discussion about how to relate to them?

The cover-up occurred because

top brass in the U.S. decided that people knowing the truth would create panic. In 1947, it might have. These days, after Star Trek, Contact, and Close Encounters, people will likely just shrug and say, "Well, finally!"

Roswell was just one incident of a crash. There have been thousands of sightings. Other nations, such as Belgium, Mexico and France, have officially acknowledged the presence of unearthly craft in their skies. Canada has unofficially acknowledge this presence after several alien craft put on an air show at Cold Lake Air Base during the late 1960's. I know many Princeton people have seen UFO activity over Bald Mountain. It's no secret.

My concern is that American paranoia will put all of us earthlings in a really bad position by regarding the aliens as "enemies". Even little boys know you don't pick a fight with the biggest boy on the playground.

Heart Food

by Dave Machin

Let's take a few moments to think about God. God is all knowing, all powerful, and ever present. There is no other like Him God is not in a grave - we don't have to make a pilgrimage to pay Him honour or respect - nor build a statue to worship Him. No, he's not alive and well and desires for us to know Him. He is magnificent and He is above everything else. He is full of goodness, mercy, and wisdom. He also watches over us who are in His loving care. Most fathers take great care to watch over their families and take care of them. That's part of our responsibility as husbands and fathers. Mather 7:11 says if you then being evil, know how to give good gifts to your children, how much more shall your father which is in Heaven, give good things to them that ask Him? God - El Shaddai, the God who is more than enough - watches us He is Jehovah Jireh, Provider. He is Jehovah Rapha Healer, He is Lord of hosts who will fight for us. He is Lord of Lords and King of Kings! God is the greater one who lives inside each and every one of us who belong to him (1 John 4:4) He is always there to listen and to answer as we call to Him. However we can't think about God without thinking about what Jesus did for us through his death, burial and resurrection. We were redeemed, reconciled and raised up by His shed blood, and because of Jesus we are victorious. Through Him we can enter the presence of God. All the promises of God are "Yes and Amen" through Him (1 Cor 1:20). My friend that's something to thank God for - His exceeding great and precious promises. Just as it pleases an earthly father when his children show gratitude for the things He gives to them, so God our heavenly father wants His children to be thankful. Being thankful helps us to keep our priorities straight. It likewise enables us to live above the cares and concerns of life. It also allows us to remain conscious of God and of spiritual things - of what exists beyond where we are right now. For contrary to popular belief life is bigger than where you are right now and thankfulness is the doorway connecting us to a place of receiving from Him what we need right now. For He is good, His word is good and good all the time.

Pastor Dave Machin,
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We'd like to hear it!

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Regular	\$ 53.80
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John Allison School students thank Princeton area residents for their generous support of the 2005 UNICEF Drive. They raised over \$600.00 for less fortunate children in other parts of the world. Pictured above are some of the Grade 3 students who participated in the fund raising.

Letter To The Editor

“I am Meth” tells a sad story

This was written by a young girl who was in jail for drug charges and was addicted to meth. She wrote this while in jail. As you will soon read, she fully grasped the horrors of the drug, as she tells in this simple, yet profound poem. She was released from jail, but, true to her story, the drug owned her. They found her dead not long after.

I AM METH - by Judy West
I destroy homes, I tear families apart, I take your children, and that's just the start.
I'm more costly than diamonds, more precious than gold, The sorrow I bring is a sight to behold.
If you need me, remember I'm easily found, I live all around you - in schools and in town.

I live with the rich, I live with the poor, I live down the street, and maybe next door.
I'm made in a lab, but not like you think, I can be made under the kitchen sink.
In your child's closet, and even in the woods, If this scares you to death, well it certainly should.
I have many names, but there's one you know best, I'm sure you've heard of me, my name is crystal meth.
My power is awesome, try me you'll see, But if you do, you may never break free.
Just try me once and I might let you go, But try me twice, and I'll own your soul.
When I possess you, you'll steal and you'll lie, You'll do what you have to - just to get high.
The crimes you'll commit for my narcotic charms, Will be worth the pleasure you'll feel in your arms.
You'll lie to your mother, you'll steal from your dad, When you see their tears, you should feel sad.
But you'll forget your morals and how you were raised, I'll be your conscience, I'll teach you my ways.
I take kids from parents, and parents from kids, I turn people from God, and searate friends.
I'll take everything from you, your looks and your pride, I'll be with you always - right by your side.
You'll give up everything - your family, your home, Your friends, your

money, then you'll be alone.
I'll take and take, till you have nothing more to give, When I'm finished with you, you'll be lucky to live.
If you try me be warned - this is no game, If given the chance, I'll drive you insane.
I'll ravish your body, I'll control your mind, I'll own you completely, your soul will be mine.
The nightmares I'll give you while lying in bed, The voices you'll hear, from inside your head.
The sweats, the shakes, the visions you'll see, I want you to know, these are all gifts from me.
But then it's too late, and you'll know in your heart, That you are mine, and we shall not part.
You'll regret that you tried me, they always do, But you came to me, not I to you.
You knew this would happen, many times you were told, But you challenged my power, and chose to be bold.
You could have said no, and just walked away, If you could live that day over, now what would you say?
I'll be your master, you will be my slave, I'll even go with you, when you go to your grave.
Now that you have met me, what will you do? Will you try me or not? It's all up to you.
I can bring you more misery than words can tell, Come take my hand, let me lead you to hell.

Hope talks coal

.....continued from Page 22
Compliance Energy Corp. proposes that we should accept all of this in exchange for jobs and economic benefits. Well, since coming here some fifteen years ago I have seen real estate prices escalate dramatically. More and more people are desirous of rural living, clean air, clean water and healthful lifestyles.
I have no doubt that there are many good, clean, productive businesses that would like to relocate to this community for those same rea-

sons. I wonder how interested any of those businesses or individuals will be when informed that we have emissions from a coal plant of outdated technology drifting over the community.
It is not a positive image but once in place becomes the air we breath and not one to which any of us will have the option of being able to "just say no."
I'd like to hear your thoughts. E-mail me at bhope@nethop.net or write a letter to this newspaper.
- Brad Hope, Princeton

CRYSTAL METH

"It Is Here And We Must Deal With It Now"

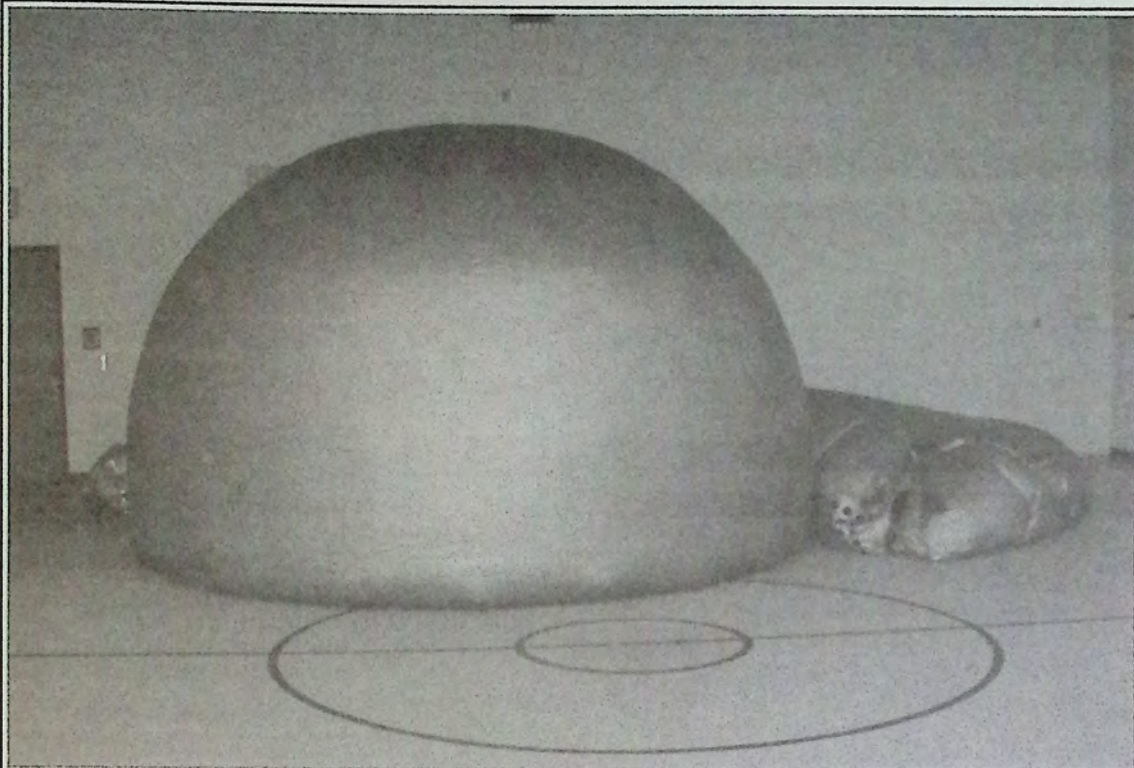
Princeton RCMP Members will be conducting a Drug Seminar on Crystal Meth, Ecstasy and other Synthetic Drugs. Police strongly encourage all parents, teachers, students and community members to attend this program.

"Crystal Meth is an epidemic and it is here in Princeton. Calls for service in Princeton regarding this deadly drug has increased 200% in the last year alone. If you think that this problem is not yours or that your children are too young - think again. Kids as young as ten years of age are using these drugs in Princeton." - Sgt. Kurt Lozinski, Detachment Commander, RCMP Princeton Detachment

Thursday, December 1st
7:00 PM

Princeton Secondary School

THE ONLY WAY TO DEAL WITH THIS ISSUE IS WITH COMMUNITY INVOLVEMENT AND EDUCATION. IF YOU ONLY COME OUT TO ONE MEETING A YEAR - PLEASE MAKE IT THIS ONE.



The HR MacMillan Planetarium Gordon Southam Observatory mobile community astronomy Starlab visited John Allison Elementary School last Friday. Students learned a bit more about the sky and stars by visiting this alien-looking 'lab' in the school gymnasium.

Letter To The Editor

Toews examines legal aid issue

Dear Editor:

Whenever I hear someone say that they admire certain politicians because they are tough on welfare recipients I cringe. Even some people who are generous to a fault think that governments should punish rather than help the indigent. The people existing under the poverty line now number between fifteen and twenty percent of the population. Surely, even for the politically naïve, this should point out a malaise in our democracy.

Why do I cringe? Because I begin to experience a wide range of emotions; but rather than discuss my feelings allow me to explain why I feel them.

It makes my blood boil. Just why is that? Well, to begin with, as long as I have been old enough to understand politics I have watched two major political factions tell us that they have the answers to the problem.

At succeeding elections they alternately assume power but instead of eradicating the problem they increase it. After fifty years of this, why hasn't the public figured out that the system is broken?

It boggles my mind. In school, my teachers tried to be objective. They explained the differing political ideologies to the best of their

respective abilities. Rarely could I detect political bias and when I did it was equally distributed to both the left and right. The bottom line was always that we live in a representative democracy and that democracy may be very inefficient but it is still the best form of government.

So why do people sleep under bridges in a democracy? Why do we have ever-increasing use of food banks? Why do some school kids wear designer clothing while other kids mothers shop at the Crisis Line? Why do some kids have no educational worries while others face ever increasing tuition fees? Were we not told that this is how people live in dictatorships?

I feel frustrated. Why is it that more (seemingly rational) people don't bother to think for themselves? Did they not avail themselves of political instruction in school? If they did, why did they come to the conclusion that in a democracy the greediest get their just deserts and he who eats the fastest gets the most?

It seems to me that the general populace reads and watches the daily news, then spouts the opinions of the media owners without stopping to realize that the tycoons who own the media have their own

empire building agenda and that their interests are not necessarily the best interests of the public. (Conrad Black, David Radler and the Asper family come quickly to mind).

Hey, I've only scratched the surface but I feel better already!
- HPToews, Princeton

Letter To The Editor

Photo upsets reader

To Similkameen News Leader;

This is a letter regarding the photo of the dog that was killed November 6th on Highway 3.

The only good point to the whole feature was the article but the photo was a poor choice.

It's unfortunate to lose a pet but to see a picture in one's local paper must be devastating. I only hope that a little boy or girl whom I'm sure the dog was their best buddy

didn't see the photo.

It will be a mental image they will not soon forget.

- Shannon Simpson, Chilliwack
(Editor's note: As we are pet owners/lovers, we fully understand the impact of losing a pet. The point of the article was to SLOW DOWN. The photo, which was submitted by Princeton RCMP, hammered the message home to us).

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How much electricity do the following appliances use?
(Check the nameplate. Remember 1 kilowatt = 1,000 watts)

- Your bedroom light _____ watts (_____ kilowatts)
- Your bathroom light _____ watts (_____ kilowatts)
- Your clock radio _____ watts (_____ kilowatts)
- Your electric toaster _____ watts (_____ kilowatts)

PETER'S ACTIVITY NO. 2

We know that large cars use more fuel than small cars. Well, it's the same for electrical appliances. A large appliance, such as a refrigerator, uses more electricity than a small appliance, like an iron. To calculate the amount of electricity an appliance uses. Multiply the wattage by the length of time it operates. For example: If the light bulb in your bathroom used 100 watts and it is on for 10 hours, it consumes: 100 watts x 10 hours = 1,000 watt hours of electricity = 1 kilowatt hour (kWh)

- A 600 watt coffee percolator operating for 1 hour. _____ kWh (kilowatt-hours)
- A 100 watt electric iron operating for 30 minutes _____ kWh
- A 200 watt VCR operating for 6 hours _____ kWh
- A 100 watt stereo operating for 2 1/2 hours _____ kWh

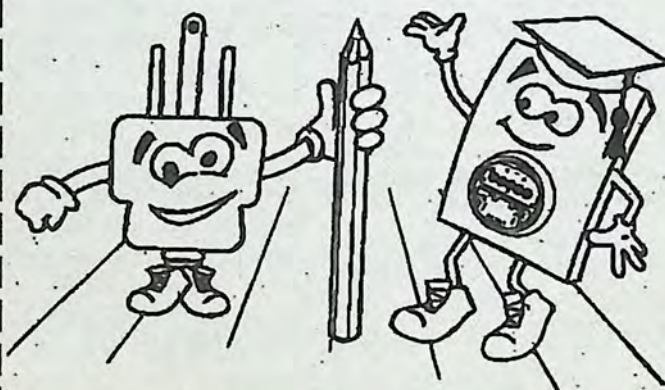
Colour this page and answer the questions to enter Princeton Light & Power Company's Read your Electric Meter Contest for a chance to win great prizes. How much energy does your house use? Peter Plug and Professor Meter can help teach you. Ask Mom or Dad to help read your meter.

GREAT PRIZES: Two Princeton Posse Prize Packs to be awarded, which will include great Princeton Posse Souvenirs! Draw to be made December 16th! To enter fill out any of Peter Plug's activities or draw your own picture of Peter Plug and Professor Meter. Extra colouring entries and activity worksheets are available at the PLP Office.

Bring your entry to the Princeton Light & Power Office on Bridge Street or mail it to:

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GOOD LUCK EVERYONE!!!

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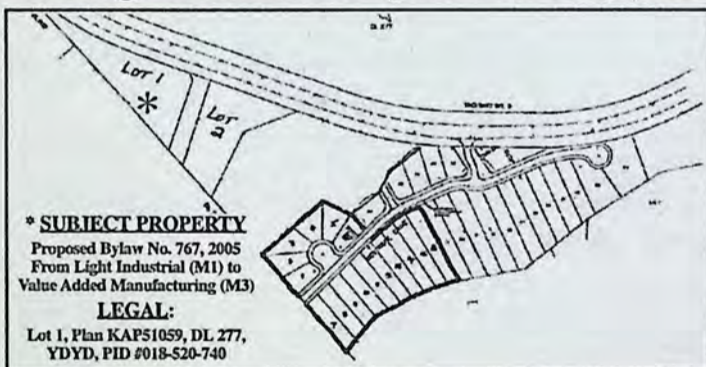
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Town of Princeton

NOTICE OF PUBLIC HEARING

Zoning Amendment Bylaw No. 767, 2005



Pursuant to the provisions of Section 890 of the *Local Government Act*, notice is hereby given, that a Public Hearing will be held in the Council Chambers of the Town Hall on Monday, December 5, 2005 at 7:00 PM, to consider amending the Town of Princeton Zoning Bylaw No. 646.

The proposed Amendment is as follows:

- That Lot 1, Plan KAP51059, District Lot 277, Yale Division of Yale Land District, PID #018-520-740 be changed from Light Industrial (M1) to Value Added Manufacturing (M3).
- That the following be added to the Permitted Uses of "M3" Value Added Manufacturing:
 - 25(a)1.1 construction material sales and storage, including concrete mixing plant, lumber yard and construction office;

At the Hearing all persons who deem their interest in the proposed Bylaw, shall be given an opportunity to be heard on matters contained within the Bylaw. Council will accept submissions and discussions up to and including the Public Hearing. No submissions accepted after Public Hearing.

A copy of the subject Bylaw No. 767, 2005 is available for examination during normal business hours 8:30 AM to 4:30 PM, Monday to Friday inclusive in the Town Office, 169 Bridge Street, Princeton, BC.

Given under my hand this 18th day of November, 2005.

Comie Froese, CAO
Town of Princeton

Letter To The Editor

Green speaks out on coal power

To The Editor:

My name is Mike McLean, and I was your Green Party of BC candidate in the May 2005 provincial election. And what an amazing experience it was. My campaign team and I earned 9.11% of the votes in the Yale-Lillooet riding. Nearly 1 out of 10 voters cast a ballot for myself and the Green Party in one of the most polarized elections in BC's history.

Not bad, considering that we spent less than \$525 on our campaign, compared to the NDP's Harry Lali, who spent over \$51,000 or the BC Liberal candidate, Lloyd Forman who spent more than \$91,000.

More importantly, our team worked hard to raise awareness about many important issues such as putting public forest tenures in the hands of small, local forestry companies, protecting universal public health care, electoral reform, and building a strong sustainable economy. Well, its now been over 6 months since the election, and I think its time to catch up.

In October, the Green Party of BC held its Annual General Meeting in Kelowna, where thirteen people were elected as new members of the Green Party's Provincial Council. The membership also voted 80% in favor of retaining long-term party leader Adriane Carr, who said she expected the next years to be "the most vibrant and innovative for our party."

There is no doubt that this is a critical time for the Green Party of BC. But this is also a critical time for our town, our valley, and our future. In our backyard, more specifically, at the former Similkameen mine site, the Compliance Energy Corporation is in the process of developing a coal-fired power generation plant rated at 49 Megawatts (MW). 49 MW seems like an interesting number, considering that the threshold for a mandatory provincial environmental assessment is 50 MW. Hmmm.

A couple of months ago I met with former Compliance Energy CEO Jim O'Rourke. I asked him if the reason his company set the scope of the project at 49 MW was to avoid an environmental assessment. His response was simple, yes. There's a reason why Compliance Energy doesn't want the coal-fired power plant to be reviewed by an environmental assessment. The impact of air pollution from coal-fired power generation on human health is clear, and it's alarming.

In June 2005, the Ontario Medical Association (OMA) released a report which estimated that air pollution costs Ontario more than \$10 billion per year in health care costs, lost work time and other quantifiable expenses, as well as killing an estimated 2,000 Ontarians each year. The report also stated that coal-fired power plants are the single largest industrial contributors to this crisis. The report also stated that coal-fired power plants are major producers of: nitrogen oxides (which combine with other pollutants to form ground-level ozone, one of the most noxious parts of the smog brew), sulphur dioxide (a major factor in causing acid-rain damage to our lakes, rivers and forests), and mercury (which can even in tiny amounts have a devastating impact on the human nervous system, especially for children and the unborn). Exposure to mercury can cause brain and kidney damage and has also been linked to impairment of children's reasoning skills.

In addition, a 2003 report released by the BC Provincial Health Officer estimated that air pollution costs the BC health care system \$167 million per year, causing up to 4,800 hospital and ER visits a year.

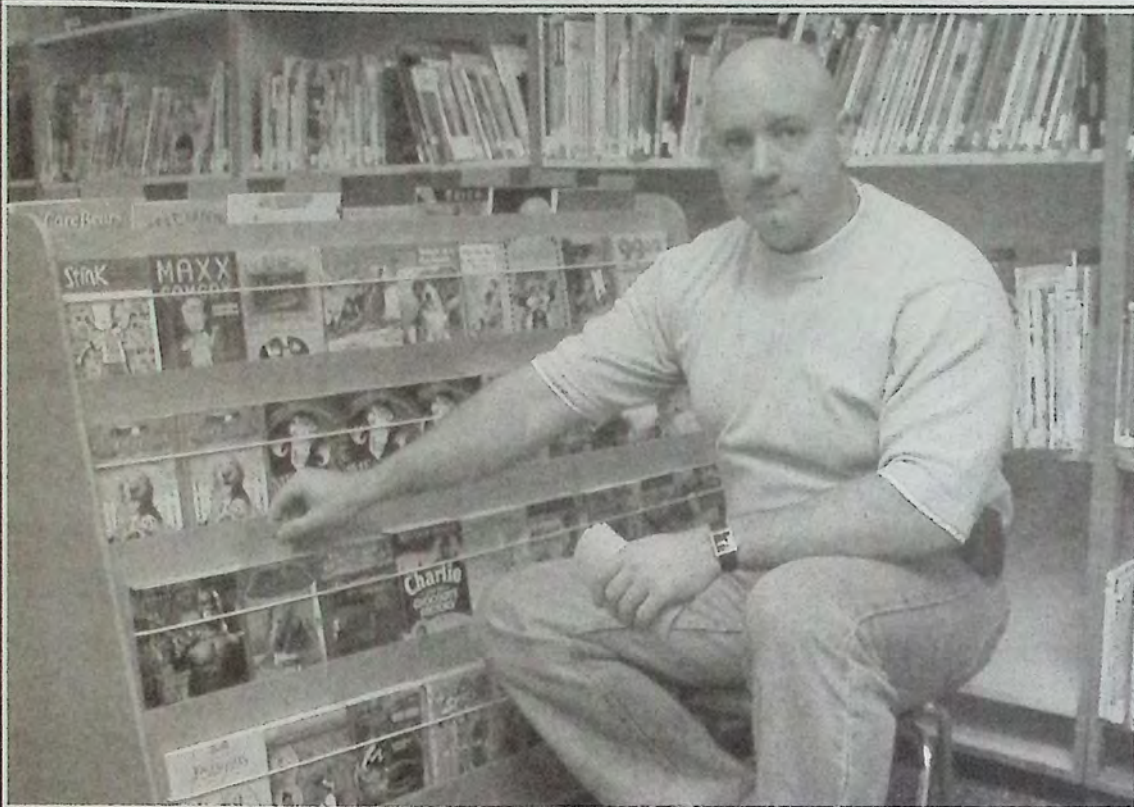
Yes, with the proposed coal-fired power plant hanging over our heads, there is no doubt that this a critical moment in the history of our town. So, you'd think with the massive implications a coal-fired power plant would have on the health of our community that it would be a major issue for Town Council and the Regional District, right? Wrong. Both local governments, who are elected by the public to represent the public, have been relatively silent about the issue, and the silence is deafening.

However, new members will soon be elected to Town Council and Regional District, and they will have a chance to rectify the mistakes of the outgoing representatives, who failed to address the issues that a coal-fired power plant raise. These should be some of the questions answered by our new municipal governments:

Does Town Council and Regional District think that the economic benefits of a coal-fired power plant outweigh the serious, long term adverse effects on public health? What do they think about the implications for our tourism industry, which is dependent on the pristine natural beauty of this region? Are our local representatives aware of any of this?

Well, for the sake of our community, our valley, and our future, I hope so. I know the Green Party is aware of this. For years, the BC Green Party has been advocating a shift from fossil fuels to renewable energies and conservation efforts which would reduce our production of greenhouse gases from both industry and vehicles, the two biggest sources of air pollution. The time has come for our elected government officials to start taking action against air pollution and invest in renewable energies, sustainable sectors of the economy, and most importantly, in the health of its citizens.

- Mike McLean
2005 Green Party of BC Candidate
for Yale-Lillooet



We caught Princeton RCMP Sgt. Kurt Lozinski last Friday in the John Allison Elementary School library helping the school prepare for their upcoming book sale.

Letter To The Editor

Reader jabs at Dawn's comment

Dear Dawn Johnson, Editor,

Although your "Current Comment:" Tuesday, November 1, 2005 is a well-written article, it misses the mark for the simple reason that it masks the real problem with a simplistic explanation, which has the effect of hiding the real problem of compulsive drug use in much the same manner that a teenager might try to hide it under his mattress.

You suggest that compulsive drug use by youths is the result of having been subjected to 'destructive' criticism. I ask you, have modern teenagers' egos got that fragile that they cannot tolerate a bit of criticism, the same sort of criticism other generations and other societies dealt with without succumbing to wholesale self-destructive behaviour?

All manner of destructive and self-destructive behaviour has increased dramatically in the past 30 or so years. One must ask what has changed in our society's attitudes and belief systems during that time to produce such an effect.

The real problems faced by modern youth is very complex because our modern technological society is very far removed from the natural

human condition and the meaning of life, so far removed that we are almost like strangers trying to adapt to something that is alien to our basic human nature. Consciously, though, we much prefer our modern comforts and fantastical entertainments to the natural human condition.

Unfortunately, this situation does not sit well with the unconscious factor, which is the guardian of the meaning and purpose of life and has the propensity for make problems for weak-minded individuals who thwart the unconscious mind's designs.

Our modern pseudo-liberal society makes no allowances for human frailties in its 'progressive' programme in the same manner that the slogan of Borg in the TV Star Trek series asserts that: "resistance is futile, your will be assimilated." But that does not stop many youths from unconsciously resisting assimilation into a perverse pseudo-liberal society even if that means self-destructive-revolting by ingesting toxic substances or engaging in some other compulsive gesture that defies politically correct sensibilities.

People do not engage in self-

destructive behaviour because they are consciously "looking for happiness," as you suggest, but because some unconscious factor has been provoked by something that is contrary to inherited human nature and is now messing with the individual's conscious mind.

Although the mercurial unconscious has the uncanny ability to influence people against their will and against their knowledge, our esteemed educators and concomitantly the victim's ego have an assertive tendency to deny that the minds of our youth are being tinkered with by two mutually hostile forces: on the one hand, by the mercurial unconscious that owns the mind and, on the other hand, by an agent provocateur, i.e., those who determine modern society's perverse values and opinions that everyone must conform to in order to be an acceptable member of society.

For a series of essays that I have written on this general topic that also includes and explanation of war, terrorism and anorexia nervosa see link below:

<http://www.geocities.com/aquaponica/TX2.html>

- Malcolm Timbers, Princeton

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