

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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News Leader**
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Producers

cancel event

The Live Nativity scheduled to take place in Cenotaph Park on December 16th has been cancelled.

The announcement was made in a statement issued late last week by producers Keith Olsen and Vince Milligan.

"Due to a very serious illness and the hospitalization of a close family member, the producers are unable to continue with the preparation for this Christmas Season's production."

The statement explained further: "The producers must keep themselves available to attend at the hospital bedside at a moments notice. Your understanding is greatly appreciated."

Olsen and Milligan say the work invested by volunteers will be carried over to become part of a Live Nativity presentation for the 2006 Christmas Season.

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Group fails to elect board



School District 58 Chairman Gordon Comeau hands the key to Riverside School to Regional District Area H Director Gerri Logan. School Trustee Dina Slowikowski-Campbell, far left, and Recreation Director Lyle Thomas, far right, join in the celebration.

Partnership brings Wellness Centre

The Board of School Trustees and the Regional District of Okanagan Similkameen are working together to turn the former Riverside Intermediate School into a new Family Wellness Centre.

The School Board and Regional District are applying for \$170,000 from the School Community Connections Program (SCCP). SCCP is a BC Ministry of Education Program, jointly managed by the BC School Trustees Association and the Union of BC Municipalities. The program is designed to encourage partnerships between schools and local governments to greater utilize school facilities for broader community purposes.

The idea of turning Riverside School, closed in 2004, into a Family Wellness Centre has been a vision of the Regional District's since early 2005. The Wellness Centre plans to offer a variety of services to the com-

munity including fine arts, health, recreation and meeting areas.

"The School Community Connections Program is an opportunity to use this public facility for the benefit of all Princeton area citizens," School Board Chairman Gordon Comeau said.

Regional District Director Gerri Logan added, "By working together on this project, the Regional District and School Board are able to fill a need that has been a priority in Princeton for some time."

The \$170,000 SCCP grant will be used as start-up funding to establish the new centre. A portion of the grant will be used to offset legal costs incurred by the parties, minor renovations required to make the school more functional for individual users, as well as significant renovations to the interior of the facility to meet the demands of the users.

The term of the lease is from

December 1, 2005 to August 31, 2006. The Regional District will focus the next nine months on turning this Family Wellness Centre into a self-sustaining community centre. During this time, the School Board has committed to contribute the difference between the revenue received and the actual cost of the utilities for the school to allow the Regional District this transition time to ensure this project is a success.

A response to the grant submission is expected from the SCCP by the end of December 2005. The new Family Wellness Centre opened on December 1, with a number of community programs ready to offer services.

The Regional District and the School Board thanks the community for support during the time that it has taken for the parties to finalize what is anticipated to be a very successful partnership.

Valley tourism committee begins work

Responding to public and tourism industry requests, the Similkameen Valley Planning Society has sponsored a committee to develop tourism in the Similkameen Valley. The Tourism Advisory Committee is made up of 15 members of the tourism industry who responded to a public invitation to join.

The goals of the TAC are to promote recognition of the name and location of Similkameen Valley and to develop and market our tourism industry. The Committee has one year to develop a Tourism Development and

Marketing Plan. EDO Michael McLaughlin comments that one of the most important goals is to get input from members of our tourism industry and the public.

"The process is being driven by members of the tourism industry. But we all agree that we must include as many members of the tourism industry as possible. The only way the plan will work is if industry members 'buy-in' and so we want to include them in designing the plan."

TAC Chair, Philippe Batini, says that Committee members will be contact-

ing other tourism businesses and asking them for input.

"We are trying to form an information sharing network through our Committee members."

Batini extended an invitation to all tourism business and to the public to contact the committee and provide input or to ask questions.

"Even if you are not in the tourism business, we would like your input because this is your valley."

For information call 295-7260 or 499-5130 or email edo@similkameen.org.

Was it fear of assuming a leadership role that kept members away from the Fall Fair annual general meeting?

Although two new members joined at the November 29 meeting, the old reliables failed to turn out in sufficient numbers to hold an election for a new Board of Directors.

To make matters worse, people who had given assurances they would allow their names to stand as nominees, withdrew their names. Others, elected to two-year terms as Directors last year, failed to show up and renew their memberships. President Jody Woodford chaired the meeting with only six members present.

Despite a turnout too small to hold an election, President Woodford was able to give good news. She expressed her appreciation to all members and volunteers who made this past year's fair so successful through their hard work and cooperation with other groups using the fairgrounds.

Treasurer Ruby Bey presented a financial statement that proved the success, showing the bank balance considerably improved over the 2004 balance. After 40 years in agricultural show business, members could look forward to increasing success.

Weyerhaeuser sent word they are helping promote next year's Fall Fair through their own newsletter, which goes to every Weyerhaeuser employee.

Secretary Dawn Johnson read the promotional message which will appear. It is very positive.

In other Fall Fair business, members were asked to review the constitution, which is somewhat outdated, and suggest amendments which would bring it more up to date. The existing constitution was drawn up in 1968. Amendments will be presented to members in the coming year.

Members were given proposed additions to the operations manual, which is in progress. "Duties of Directors" and "Duties of Members" pages were handed out to review and critique.

Members were asked to fill out new membership registration forms, which give contact information and areas of interest.

Fall Fair meetings are not held during December and the next meeting will be January 31, 2006, at 7:00 p.m. at Town Hall.

Jody Woodford has made it clear she cannot take on the presidency for the coming year. If no Board of Directors can be elected for 2006, it is questionable whether there will be a fair next year.

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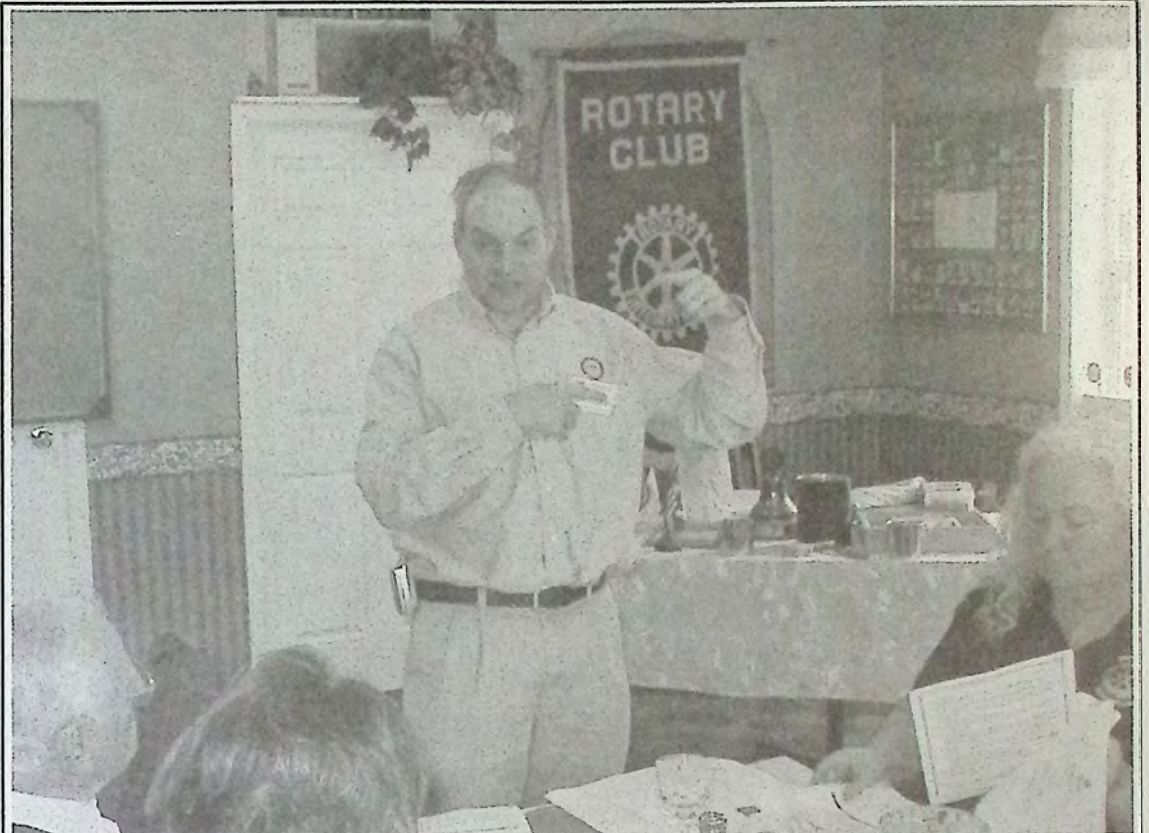
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Rotary District 5060 Area 1 Assistant District Governor Gordon Swan of Merritt was the guest speaker at last Tuesday's Princeton Rotary Club luncheon meeting. Swan discussed how to access gaming funds.

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December 6 marks anniversary

The National Day of Remembrance and Action on Violence Against Women is December 6. This day marks the Montreal Massacre in which 14 young women were tragically shot to death at the IEcole Polytechnique in Montreal in 1989. Violence against women contin-

ues to be a huge social problem. Women comprise about 80% of victims of crimes against the person, according to Status of Women Canada statistics. In 77% of cases the women knew their attackers. Abuse is not limited to physical and sexual assaults. It includes financial, emotional, psychological, verbal and spiritual abuses.

Men can be victimized as well, but other males commit most assaults on males. Spousal assaults can be perpetrated against men, but it is rare that a female partner controls a man through continuous use of fear enforced by violence. Yet, this dynamic is common in cases of violence against women. We have not reached equality yet. Men continue to control greater resources, have more physical power and occupy a place of greater social privilege. This power imbalance is institutionalized and contributes to violence against women on multiple levels. Men and women realize this and have worked hard to make positive social changes that contribute to equality for all persons.

In Princeton and surrounding areas, the Cindy Parolin Safe Homes Program has been in operation since 1997. This program offers women a 24-hour crisis line and 24-hour crisis intervention in cases of violence against women. We provide safe shelter for women and children. Since 1997 the program has assisted about 1,000 women, 800 children and provided about 300 emergency shelter stays. Of these women about 9% returned to the relationship initially. This compares favorably with the 11% national average. This program offers continuous emotional support, accompaniment, educational resources and information, transportation, effective and personalized safety plans and referrals. Ending violence against women is

a community endeavor, and Princeton excels at this. The Cindy Parolin Safe Homes Program is supported by multiple agencies and resources committed to ending the isolation that accompanies violence against women. Together we have created a safer social environment that makes it easier for a woman to report the violence and transcend out of it with continued supports.

Special acknowledgements to the following organizations for their commitment and support over the years: Safe home operators, program volunteers, Princeton Hospital nurses, staff, doctors and paramedics, RCMP officers and staff, Victim Services, Citizens on Patrol, local law offices, Stopping the Violence Counsellor, Ministry of Employment and Income Assistance, Ministry for Children and Family Development, Drug and Alcohol, Crisis Assistance Society, mental health workers, teachers and staff at all the local schools, Community Services, The Anchorage, The Skills Centre, The Work Zone, Hospital Auxiliary, Red Rock Productions, local church groups and to all the people who have contributed through donations and other supports. Your contributions in creating a healthy community and healthy families free of violence have been paramount in the huge success of this program.

As we go into 2006 and beyond, I look forward to continuing my work as the coordinator for the Cindy Parolin Safe Homes Program and manager of Victim Services.

Living and working in this community has been the greatest inspiration for me.

The Women's 24-hour Crisis Line phone number is (250) 295-8211. - submitted by Rosemary Doughty

Hey Kids! Meet Your Meter...
And Win Great Princeton Posse Prizes!



How much energy does your house use? Peter Plug and Professor Meter can help teach you! Ask Mom or Dad to help read your meter. GREAT PRIZES: Two Princeton Posse Prize Packs to be awarded, which will include great Princeton Posse Souvenirs! TO ENTER: Fill out any of Peter Plug's activities (appearing below) or draw your own picture of Peter Plug and Professor Meter. Draw to be made December 16TH. BRING YOUR ENTRY TO: Princeton Light & Power Office on Bridge Street or mail to P. O. Box 700, Princeton, B. C., VOX 1W0 GOOD LUCK!!!



PETER'S ACTIVITY NO. 1

How much electricity do the following appliances use?
(Check the nameplate. Remember 1 kilowatt = 1,000 watts)

1. Your bedroom light _____ watts (_____ kilowatts)
2. Your bathroom light _____ watts (_____ kilowatts)
3. Your clock radio _____ watts (_____ kilowatts)
4. Your electric toaster _____ watts (_____ kilowatts)

PETER'S ACTIVITY NO. 2

We know that large cars use more fuel than small cars. Well, it's the same for electrical appliances. A large appliance, such as a refrigerator, uses more electricity than a small appliance, like an iron. To calculate the amount of electricity an appliance uses. Multiply the wattage by the length of time it operates. For example: If the light bulb in your bathroom used 100 watts and it is on for 10 hours, it consumes: 100 watts x 10 hours = 1,000 watt hours of electricity = 1 kilowatt hour (kWh)

1. A 600 watt coffee percolator operating for 1 hour. _____ kWh (kilowatt-hours)
2. A 100 watt electric iron operating for 30 minutes _____ kWh
3. A 200 watt VCR operating for 6 hours _____ kWh
4. A 100 watt stereo operating for 2 1/2 hours _____ kWh

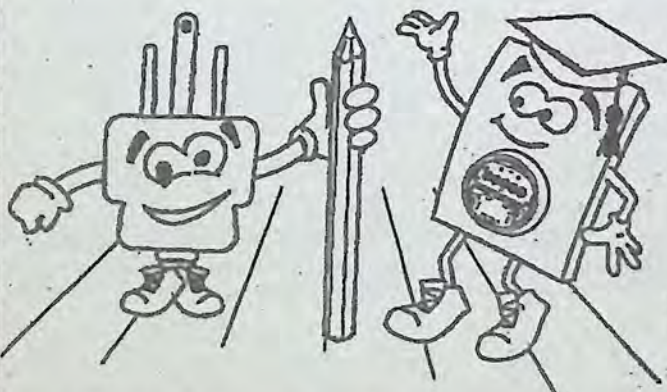
Colour this page and answer the questions to enter Princeton Light & Power Company's Read your Electric Meter Contest for a chance to win great prizes. How much energy does your house use? Peter Plug and Professor Meter can help teach you. Ask Mom or Dad to help read your meter.

GREAT PRIZES: Two Princeton Posse Prize Packs to be awarded, which will include great Princeton Posse Souvenirs! Draw to be made December 16TH! To enter fill out any of Peter Plug's activities or draw your own picture of Peter Plug and Professor Meter. Extra colouring entries and activity worksheets are available at the PLP Office.

Bring your entry to the Princeton Light & Power Office on Bridge Street or mail it to:

PLP P. O. Box 700,
Princeton B. C., VOX 1W0
GOOD LUCK EVERYONE!!!

LET'S COLOUR



Name: _____
Address: _____
Postal Code: _____
Phone: _____ Age: _____



Peter Hartinger of Princeton Extrication, left, accepts cheque from Weyerhaeuser's Rob Marshall.

Weyerhaeuser donates cash

Weyerhaeuser has given a \$2,000 donation to Princeton Highway Extrication Society in recognition of the dedication that they have shown in helping to ensure the safety of Princeton area residents and visitors.

Princeton Extrication helps people who have been in a car accident and assists BC Ambulance paramedics with patient care.

They provide first aid, use the Jaws-of-Life, and rescue people from steep embankments. They do this on an emergency basis, at a moments notice, any time of day or night, 365 days a year. The crew is a volunteer group that depends on donations to keep the society and their rescue truck running.

For many years, Weyerhaeuser has provided community donations to enhance the quality of life in the communities where Weyerhaeuser employees live and work.

Weyerhaeuser's direction for giving comes increasingly from regional representatives and the growing number of employees who through their volunteer work understand and communicate their communities concerns and aspirations to the company.

In 1998, the Weyerhaeuser Foundation began a program called Making Waves to foster and support employee volunteerism. This program provides a framework in which employees can pledge their time, energy and skills to volunteer projects.

To recognize the efforts of

employees, teams may request a cash donation for the non-profit organization with which they volunteer. The cash donation is designed to provide general support for the organization.

Princeton Extrication worked with all of the other emergency services in Princeton to stage a mock car accident in front of Princeton Secondary School last May. It was set up just prior to graduation activities, to help educate high school students of the dangers of drinking and driving.

A lot of time and effort by all of the services was poured in to this project in order to make the demonstration effective and meaningful for the students. Many of Weyerhaeuser's employees volunteer their off duty time to Princeton Extrication, Princeton Fire Brigade and other volunteer emergency services.

Weyerhaeuser wants to recognize all of their employees hard work and dedication by making a donation to a worthy cause on their behalf.

Princeton Extrication is looking for new members to help people in our community. The sort of dedication and teamwork required is a rare commodity.

They go out in all weather conditions, at all hours, at any time to save lives and make a difference. If you want to do something exciting, and you have what it takes, please call Pete Hartinger at (250) 295-1225.

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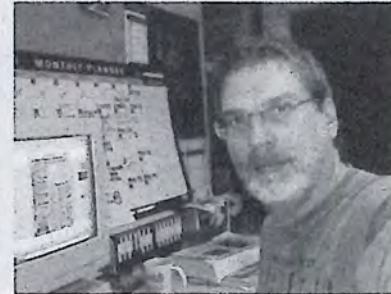
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keremeos and area news

The most popular man in Victory Hall last Friday night was Santa! He and Mrs. Claus met with many Keremeos area children following the Light-Up Parade.

Keremeos celebrates light-up

The annual Keremeos Light-Up celebration last Friday was a great kick-start into Winter.

The Light-Up Parade started at 5:30 PM and followed a path straight down the centre of Keremeos with a large crowd braving the chilly breeze to catch a glimpse at the many colourful entries.

Best Old Fashion Country Christmas Display winner of \$100 from Similkameen Country was the Catholic Church float.

Best Comedy prize of \$50 Gift Certificate from Don & Anna's went to RE/MAX Miniature Horses.

Best Commercial Entry (\$50 Gift Certificate from The Review) was won by Keremeos Irly Bird.

Best Antique Car (\$25 Gift Certificate from the Car Doctor) went to Ken Helm.

Best Youth Prizes were as follows: 1st Place (\$25 from K-Mountain Auto) - Lower Similkameen Indian Band; 2nd Place (\$15 from Orange

Blossom Honey) - Duckie Lucky Daycare; 3rd Place (\$10 from Orchard Blossom Honey) - Swim & Triathlon Club.

Best Overall Entry (\$50 Gift Certificate from NAPA) - Similkameen Christian Fellowship.

Downtown Light-Up Winners, winning prizes from Signz.ca were: 1st Place - K-Mountain Inn Pub; 2nd Place - Valley First Credit Union and 3rd Place - Valu Plus

Foods.

Once the Light-Up Parade had ended, Victory Hall opened and everyone was invited to enjoy hot dogs, hot chocolate, popcorn and candy floss (by donation) while waiting for Santa and Mrs. Claus to visit with local children.

The celebration ended at 7:30 PM with an spectacular hour-long fireworks display launched from a utility trailer parked in Memorial Park.

Smith releases photo discs

Bryan Smith of Cawston has just released a collection of his photos on disc.

His 'Similkameen DVD Slide Show' features 177 quality photographs of the beautiful Similkameen Valley and plays on a television like a slide show movie.

His 'Similkameen Version 4.0 Screen Saver' features 124 of his photos.

Both discs are available for \$15.00 each at Valu Plus Foods in

Keremeos and at the News Leader office in Princeton.

Both items are being promoted as excellent stocking stuffers at Christmastime.

For a sample of Smith's work visit his website at www.bryansmith.ca or e-mail him at photo@bryansmith.ca.

"We watched the DVD the other night and Bryan's work never ceases to amaze us," says News Leader owner George Elliott.



Keremeos Royal Canadian Legion Branch 192 had this colourful float in the Light-Up Parade.



Similkameen Sizzle had this entry in the Keremeos Light-Up Parade last Friday night.

New website launched Dec. 1

Alan Thom, long time Penticton radio and television broadcaster and community volunteer is the publisher and managing editor of OkaSimToday.com.

"Our Mission is to deliver Free updated local news, information and opinions about the day to day life of the people in the South Okanagan and Similkameen, with news and links to the rest of the world. We are available 24 hours a day, 7 days a week, on the Internet."

Thom says, "OkaSimToday.com wants to offer everyone in our area a public voice, and to provide a sense of community as our Valleys continue to grow. Our staff is made up of people who participate in and contribute to the communities they live in."

Finding your way around the website is simple.

"We made it very easy to get around the site and get the information you want. On the Front Page, get today's headlines, and the weather forecast for individual communities from Summerland to Osoyoos, plus Keremeos and Princeton. Use the colourful buttons for all the rest."

OkaSimToday.com has pages for Local news, BC/Canada, US/World, Sports, and Entertainment.

Also a page with Health stories and links, one for Kids, a Students and Schools page with a website link available for every school in the South Okanagan and South Similkameen.

"We've got a page listing all the wineries with as many links to them as possible. A Real Estate page, a letters and opinions page, lottery numbers page, cause you just never know. One of the things we want people to know is that have more than 60 Local Columnists. Mostly from Charities and NonProfit groups and organizations. You'll see them added every day. Check out the Weather and Road Cams page. Just click for road conditions anywhere in B.C., and you can see what the actual conditions are by clicking on the Road Camera for places like the Coquihalla."

There's even more!

"We also link you to your favourite daily comics so you can get a smile any time you need one. OkaSimToday.com welcomes the

feedback of our readers. We have plans to add more pages as we grow. Like a Tourism page, a Seniors' page, and others. Coming Soon."

There's also an introductory offer.

"To kick things off we're giving away to someone, a \$100 bill every week from December 5th to January 8th. Giving away five \$100 bills to the winner in our final week January 9th to 15th. Nothing to buy. Easy to enter. Just visit our website for details. Log on to www.okasimtoday.com anytime."



Ashley Folk was named PSS Student of the Month for November. Ashley was recognized for her responsible leadership for the Craft Fair as well as her enthusiasm and initiative.

Similkameen News Leader thanks Bryan Smith for his continued support of our weekly publication.

Please visit his website at www.keremeos.net

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7:00 PM Wednesday, December 14th
Riverside Centre

Information: Dawn 295-6063

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Capsule Comments



by your Pharmasave Pharmacist Wen Wong

The cornea is the thin outermost layer of the eye. Sometimes, through disease or infection, it becomes cloudy and impairs vision. Corneal transplants can be done using donated corneas from recently deceased persons. Since the cornea has no blood supply, the success rate of this type of transplant is high.

We don't want to discourage you from enjoying your holiday dinners but good health is all about choices. Choosing white turkey meat over dark saves 3.4 grams of fat (1.2 grams of which is saturated) per 3 oz. portion. During the holiday season, portion control also plays a huge part in healthy eating. Enough said!

What do you do for a cough? There are two main types of cough medication: suppressants and expectorants. Suppressants usually contain *dextromethorphan (DM)*. It acts by increasing the cough threshold in the brain and usually you will get results within 15-30 minutes, lasting 6-8 hours. Expectorants usually contain *guaifenesin* and are supposed to thin the sputum to enable the cough to clear it. Mixed results are seen but used with increased fluid, expectorants can help.

If you are taking narcotics routinely for pain, pay close attention to your bowels. A common side effect is constipation and starting on a laxative right away will keep the bowels moving well. Our pharmacists can help you make the right choice.

It's our job as your pharmacist to help you understand both the positive and negative effects of drug therapy. Let us help you with your drug education.

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232 Bridge Street, Princeton (250) 295-3353

news leader health page

No West Nile in '05

As winter arrives, the threat of West Nile virus leaves our community. The end of October marked the end of bird and mosquito monitoring and testing.

"Although the West Nile virus came closer to BC this year than ever before, our surveillance efforts have shown that the virus has not yet crept across our borders," reports Dr. Paul Hasselback, Senior Medical Health Officer for Interior Health.

In addition to our work at Interior Health, local governments have also been active partners, operating mos-

quito control and public education programs.

"We plan to continue our partnership in watching for West Nile virus next year as it creeps closer so we can offer timely advice to protect the general public when it does arrive."

This year in the Interior Health region, over 200 calls were made to West Nile toll free line reporting dead birds from the corvid family of birds: crows, ravens, magpies, or jays. Tests for the virus were carried out on 195 corvids and 3,187 mosquito pools from 42 sites being

monitored across Interior Health. All tests were negative.

British Columbia is one of only a few jurisdictions in North America that has yet to report West Nile virus activity since its arrival in North America in 1999.

However, this past summer the virus was found close to our province in Washington State and Alberta, as well as Idaho and northern Montana. Overall, 179 cases were identified in Canada this year, and sadly, 11 of them were fatal.

"We have the species of mosquito responsible for its spread elsewhere in Canada and the US, and our region has the temperatures needed to spread the virus," adds Hasselback.

"Each year we learn more about the behaviour of this potentially serious virus and we learn more about the ecology of our region."

West Nile virus is transmitted through the bite of an infected mosquito.

Approximately 80 percent of people who contract the West Nile virus have no symptoms. Symptoms, when they occur, include headache, tiredness, a rash, fever, sore joints and muscles, and sometimes stomach upset.

About 1 in 150 people who are infected will get a serious illness that can include inflammation of the brain (encephalitis), inflammation of the lining of the brain and spinal cord (meningitis), or even paralysis. Some people can be left with long lasting disability, and about 1 in 1,000 will die.

For more information, contact your local Public Health office, visit our web site at www.interiorhealth.ca, or call the toll free BC Health Guide Nurse Line, available 24 hours at 1-866-215-4700. For deaf and hearing impaired - 1-866-TTY-4700.

living past 100

Give healthy gifts this year

Christmas giving is an expression of our care and our desire to please, if we are doing it from the heart. Often, we do not think about what we are giving, except what we think the other person might like. This year, think in terms of what the other person may need, especially if that other person is one of those older people who seems to have everything and needs nothing.

How about giving a basket of fruit, rather than a box of chocolates? A gift certificate to a grocery store may be greatly appreciated. A gift certificate for a massage or a day at a spa could make for better health and be deeply appreciated.

Older people often suffer from severe dry skin in winter. Consider giving a generous bottle of a good body moisturizer. Moisturizing shower gel is a good gift, too.

Many older people have poor lighting and poor eyesight. Why not give a good reading lamp?

Good grooming makes people feel better. Consider giving a gift certificate to a favourite hairdresser or barber.

For the elderly and/or disabled, one of the best gifts is your time and the opportunity to go out. If you cannot spare the time, consider giving the gift of a dinner out at a restaurant.

For younger folk, consider a pass to go skiing, or an evening of bowling or skating. Exercise is healthy. A selection of healthy snacks, such as nuts and trail mix, is something the young enjoy. Consider a corn popper and supply of popcorn to go with it. If you are giving a toy to a child, think about a toy that will keep the child active, preferably outdoors.

For the more robust, why not give them some time at a gym facility to work out?

If you think creatively about healthy gifts, it is amazing how much pleasure you can bring into the lives of others at Christmas time.

Canadian Winters bring dry skin

Climate change dramatically affects our skin. When winter comes, the humidity level drops along with the temperature, so we turn up the thermostat in our homes, take hot baths and showers, and add layers of clothes.

When our skin becomes dry, it loses its elasticity and probably starts to itch. Severely dry skin can be stubborn, and selecting the right cream or lotion is a challenge.

Healthy skin is normally protected from dryness thanks to its Natural Moisturizing Factor, made up of oils our body produces, known as lipids. Our body also supplies water from the inside out, to keep the top layer moisturized, smooth and supple.

The outer layer of healthy skin acts as a barrier and protects us from any number of harmful elements in the environment.

Dry conditions cause the cells on the top of the skin to shrink, and humidity/moisture escapes, raising the risk of sensitive skin, contact dermatitis, or irritation due to use of harsh chemicals, and even infection.

More than 20 per cent of the population suffer from severely dry skin. The majority will seek relief by using a moisturizer.

But, with so many choices on the pharmacy shelf, how do you make an informed choice?

One moisturizer with an advanced formulation newly available in Canada is called Impruv, with derma membrane structure for advanced moisturizing, specifically created to closely resemble the oils

we naturally produce which help keep our skin smooth and supple.

What to look for in a moisturizer?

Dermatologists say it should be:

- Effective in hydrating the skin to prevent water loss
- An emollient, to make skin smooth and supple
- An aid in duplicating the skin's natural ability to retain moisture
- Cosmetically appealing, pleasant to use
- Suitable for sensitive skin, hypoallergenic, fragrance free, nonsensitizing
- Absorbed rapidly, providing immediate relief, without feeling sticky.

- News Canada

www.thenewsleader.ca

COFFEE MUG CHRONICLES

Boy Grows 4 1/2 Inches Overnight!



Little Billy Jenkins was a runt with a dream. Standing only 4' 1" the 14-year old was always a target for schoolyard bullies. Tagged with nicknames like 'Squirt' and 'Pee Wee' Little Billy wanted to be outstanding - he wanted to leave a mark that could not be ignored. Little Billy wanted to be able to put away the shame and fear and be proud of who he was and what he was able to accomplish. Little Billy had a dream...to see the Vancouver Canucks win the Stanley Cup! Oh, and to never be called Little Billy again. He tried all sorts of ways to beat his vertically-challenged stature, but nothing worked. He tried yoga and stretching exercises, he tried eating only foods that ended in 'y' - he even tried sleeping upside-down. Nothing worked and as Little Billy was about to give up, it happened. One very cold day Little Billy's father brought home the FREE News Leader Coffee Mug he received with his new one-year subscription to the locally-owned weekly newspaper. Billy glued the mug on to the bottom of one of his shoes and grew 4 1/2 inches instantly! Little Billy now stood a proud 4' 5 1/2" tall and was ready to meet the challenge those 5-foot tall bullies were going to dish out the next day at school. The coffee mug changed Little Billy's life, it could change yours!

Purchase a NEW One-Year Subscription to the News Leader today, get a Limited Edition News Leader Coffee Mug FREE!

What Will You Do With Your FREE Mug?

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Equipment




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193 Vermilion Avenue, Princeton
Phone: (250) 295-6944 Fax: (250) 295-7344
HOURS OF OPERATION:
7:00AM - 5:30PM MONDAY - FRIDAY
8:00AM - 5:00PM SATURDAY

LAWN MOWERS
WATER PUMPS
TILLERS - GENERATORS
SNOWBLOWERS

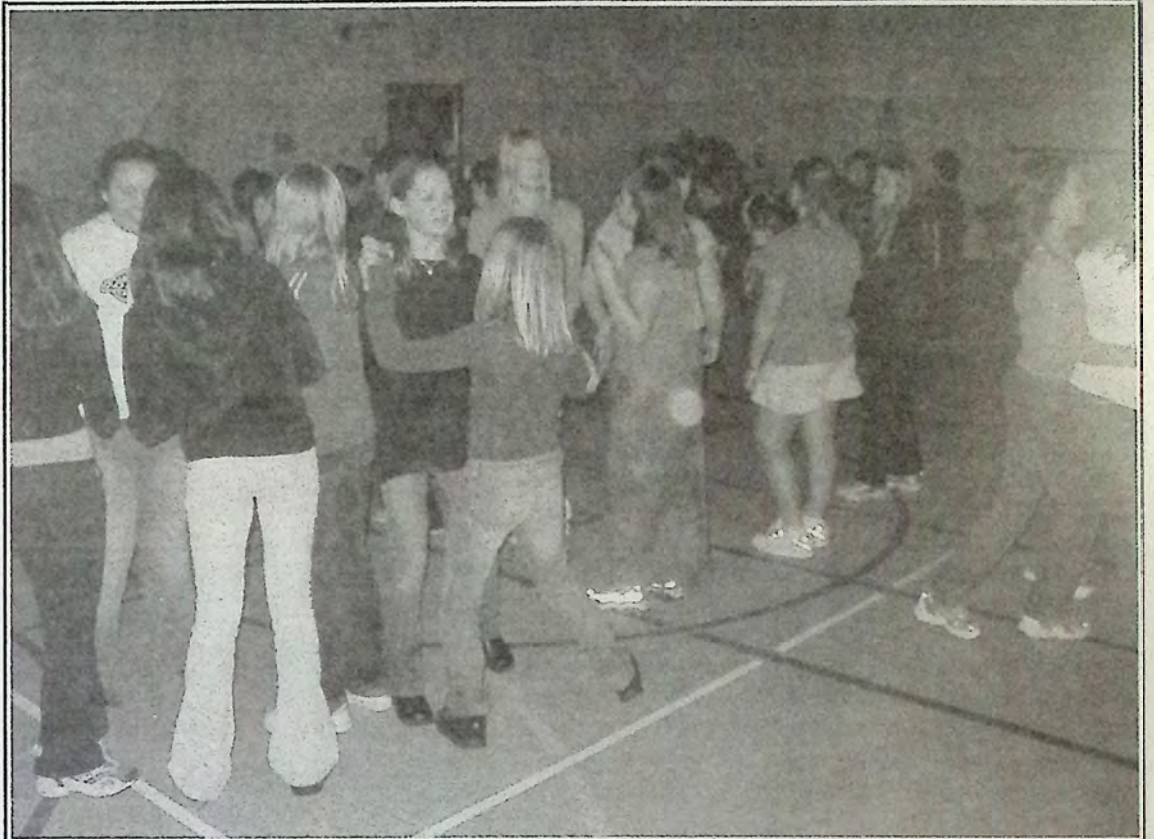
YOU ARE INVITED
Official Opening
Princeton NDP Office

4:00 PM
Thursday, December 8th
290 Bridge Street
(next to Similkameen Vending)



NDP

MEET OUR FEDERAL NDP CANDIDATE
Alex Atamanenko
NDP Neighbour To Neighbour Campaign



Vermilion Forks Elementary School students hosted a series of Christmas dances last week. The Grade 6 and 7 students held theirs on Wednesday afternoon in the school gymnasium.

Vermilion Court News Update

The Movers and Shakers came to sing many old and familiar songs. So nice to hear these tunes to refresh our memories of days gone by.

Most of us received our inoculation to help prevent us getting the flu. We hope it works!

Several Vermilion Court residents were able to visit Phyllis Vernon

who has been in hospital for some time.

She was so pleased to get the flowers and her special stuffed animals that were taken to her. Get well soon! We miss you Billie.

We were enthralled by the Readings by Helene Ramsay. With each poem read we could mentally see a picture of the subject.

A sample of Helene's abilities was shared with us in a poem she wrote at Halloween where she managed to name each and every resident and worker at Vermilion Court.

We just loved her attention to detail!

- submitted by D. Stenvold



BC hydro 

Healthy trees =
safe and reliable power.

Help avoid power interruptions.
Keep trees away from power lines.

Trees falling on or touching power lines are one of the primary causes of power outages. They're also a significant safety hazard. In fact, a tree close to power lines can become a conductor of electricity – and a safety risk to anyone touching it.

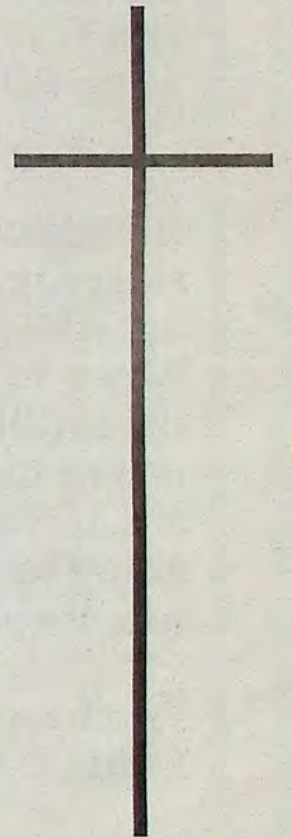
That's why it's so critical to regularly monitor the trees on your property to ensure they are healthy, and that they're a safe distance from power lines. If you see trees or branches that look unhealthy or unstable, or that are in contact with the service wires leading to your house, have them examined and removed by a certified tree professional.

If a tree poses a risk to power lines on the street, or if you have any questions or safety concerns, please call us at 1 800 224-9376 (1 800 BCHYDRO) or visit www.bchydro.com.

At BC Hydro, our purpose is to keep B.C.'s electricity reliable and low cost

for generations

**REMEMBER
THE
REASON...**



**...FOR
THE
SEASON**



It's official! School Board Chairman Gordon Comeau and Area H Director Gerri Logan sign the lease agreement turning the former Riverside School over to the Regional District.

www.thenewsleader.ca
There Are No Chains On Us!

Town of Princeton NOTICE

AREA 'H' RESIDENTS Princeton & District Landfill

2006 garbage stickers can be picked up at the Town Office ONLY between the hours of 8:30 AM to 4:30 PM Monday through Friday. Town Office will be closed at 12:00 PM on December 23, 2005 through to January 3, 2006.

ONLY garbage stickers dated "2006" will be accepted at the Landfill after December 31, 2005.

Garbage stickers are only to be used for household garbage and will not be accepted for demolition or any other landfill items.

Free drop-off of recyclables is available at the Recycling Depot located at the Landfill site.

Town of Princeton
&
Regional District of Okanagan-Similkameen

NDP opens local campaign office

The official opening of the Princeton NDP office is set for Thursday, December 8th from 4:00 to 5:30 PM.

The office is located at 290 Bridge Street, next to Similkameen

Vending.

This is your opportunity to meet Alex Atamanenko, NDP Candidate for BC Southern Interior in the upcoming federal election and talk to him about health care, educa-

tion, economic development, the environment, the survival of rural communities and other local and federal concerns.

For more information contact Susan Hamilton at (250) 295-7582.

CHRISTMAS TOY CLEARANCE UP TO 70% SAVINGS

Flyer Savings This Week Include:



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Each

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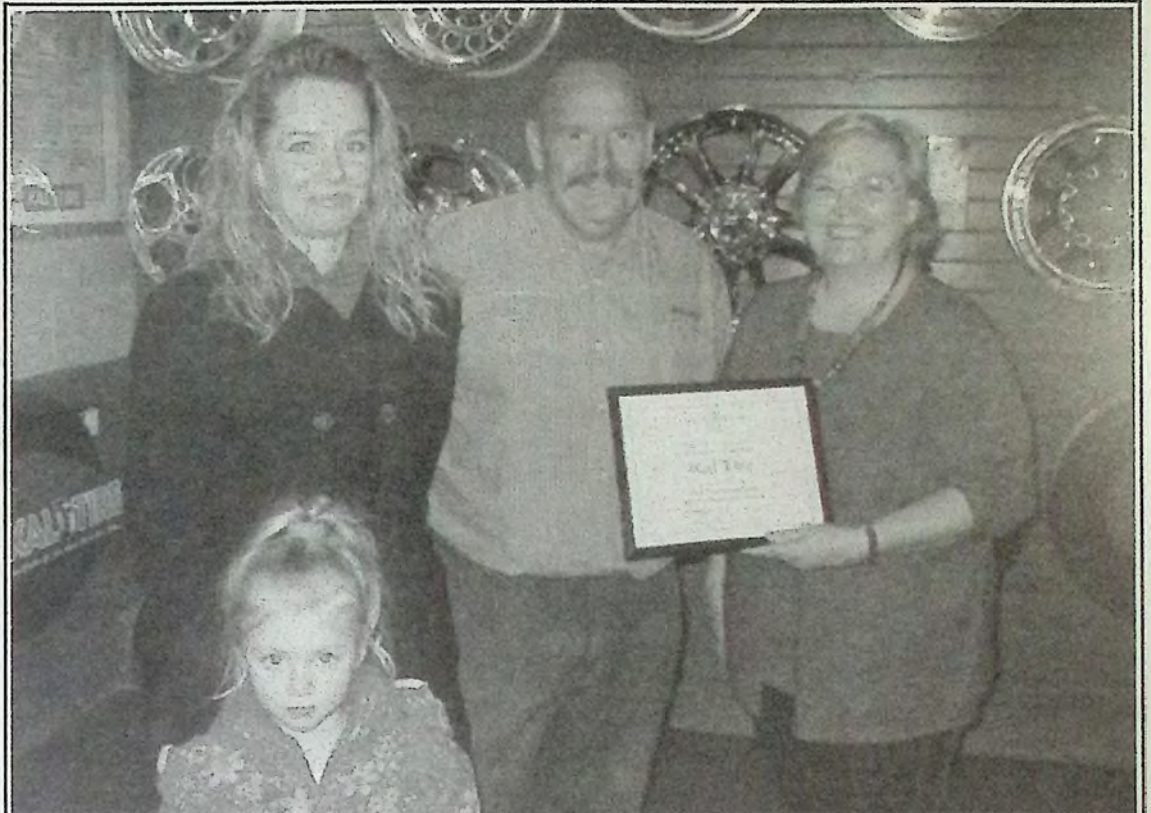
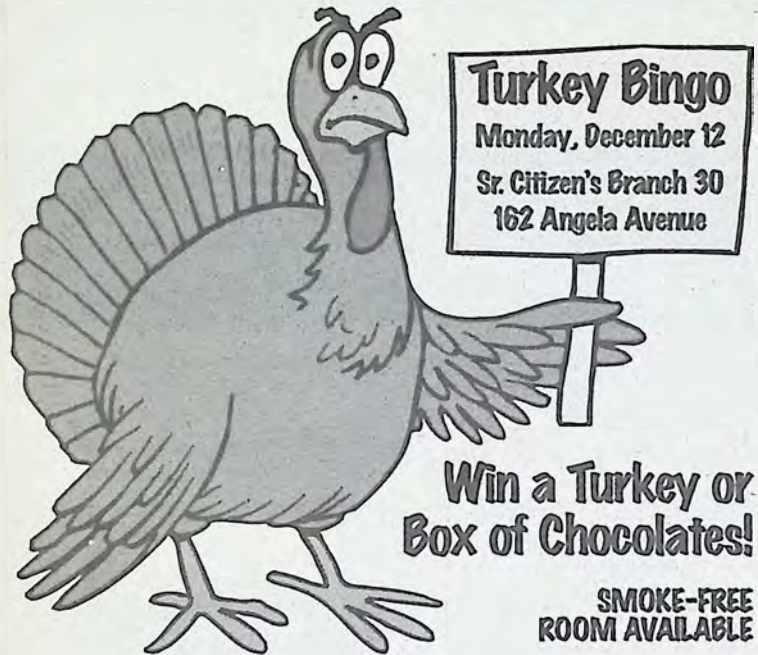
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CLASSIFIED ADS FOR ONLY A DOLLAR A MONTH?

www.thenewsleader.ca



From left, Elaine White (President, Little Folks Nursery School), Taylor White (in front), Ray Poole (Manager, Princeton Kal Tire) and Lorna Gregson (Treasurer, Preschool Support Program).

Kal Tire supports Little Folks Nursery

On Thursday, December 1, Princeton Community for Kids

acknowledged Kal Tire's generous contribution to the Preschool Support Program.

Elaine White, on behalf of Little Folks Nursery School and Lorna Gregson, on behalf of the Preschool Support Program, presented Ray Poole, manager of Kal Tire Princeton, with a framed certificate of appreciation.

Gregson explained that Community for Kids has identified a significant issue in our community; that is, many Princeton children are not well prepared for formal instruction in kindergarten. To translate this issue into meaningful action, the volunteer Community for Kids organization developed the Preschool Support Program to provide early learning opportunities for more four year olds.

While Princeton is fortunate to have an excellent preschool program at Little Folks Nursery School, this school has difficulty filling classes as the cost of attendance prevents many children from participating.

The Community for Kids Preschool Support Program has, therefore, been established to increase the number of children financially able to attend Little Folks Nursery School for 2 sessions a week in the year preceding their entry into kindergarten.

While the Princeton Community for Kids organization was established under the direction of Interior Health, Interior Health does not provide funding to establish children's programs and services.

Therefore, in the spring of 2004, the members of the Community for Kids Preschool Support Program committee approached Princeton community groups and businesses for letters of support and financial contributions.

The committee received donations from businesses, service clubs, unions, and the stipends of Princeton town councilors and was able to assist 10 children to attend Little Folks Nursery for the 2004-2005 school year. The Preschool Support Program paid the full tuition for some children and part tuition for other children. Without the Preschool Support Program these children would not have attended preschool.

Gregson congratulated Kal Tire for joining with other contributors to facilitate the continuation of the Preschool Support Program in the present school year.

The cost for a child to attend Little Folks Nursery School two days a week for 10 months is approximately \$900. Gregson emphasized that donations of any amount from groups or individuals are appreciated and a charitable tax receipt for income tax purposes will be issued.

She would be pleased to answer any questions you may have about Princeton Community for Kids or the Preschool Support Program, and to facilitate contact with community leaders and organizations that support this program. Gregson can be contacted at John Allison School, (250) 295 6727.

Helping seniors live well.



You want to live a full and independent lifestyle. But everyone can use a hand from time to time. The **BC Seniors' Line** assists British Columbians in accessing the network of provincial services including:

- **Senior's Supplement** providing financial benefits to approximately 40,000 low-income seniors.
- **SAFER Program** offering rental subsidies to low-income seniors.

It's all part of the best system of support for seniors in North America. So no matter where life takes you, we're here to help.

To access the BC Seniors' Line call 1-800-465-4911
weekdays between 8:30 a.m. and 4:30 p.m.



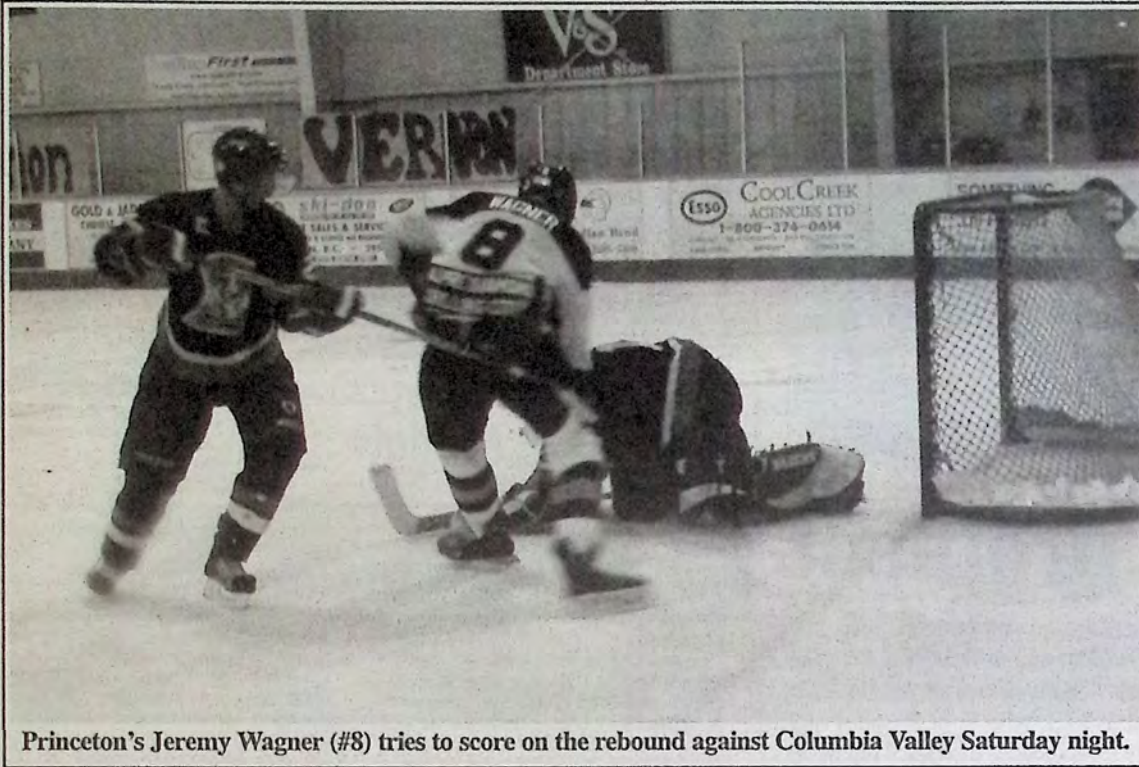
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There Are No Chains On Us!

Our Head Office is in Downtown Princeton!
226A Bridge Street

weekly entertainment guide

TUESDAY, DECEMBER 6, 2005 THROUGH MONDAY, DECEMBER 12, 2005



Princeton's Jeremy Wagner (#8) tries to score on the rebound against Columbia Valley Saturday night.

Posse plows through Rockies

Princeton Posse played host to Columbia Valley Rockies Saturday night and wasted no time in getting on the scoreboard.

Princeton's Jeremy Wagner scored the first marker only 36-seconds into the game. Jamie Sparks was given the assist.

Princeton's second goal was at 3:31 when Chad Hohmann fired one in from in front of the net. Jarrett Pretty Young Man and Stu Purves earned assists.

Columbia Valley got their first goal at 7:29 and Princeton's Chad Hohmann scored the team's third goal (with assists going to Sam Penny and Mike Salter) at 18:29.

The first period ended with Princeton on top 3 to 1.

The second period saw both goal-tenders getting a workout stopping a dozen shots each, but the score remained 3 to 1 in favour of the Posse after the period ended.

Columbia Valley kept hustling into the third period and managed to score their second goal at 9:08 but Princeton came back at 15:02 with a 3-on-1 where Chad Hohmann blasted the puck into the Rockies goal. Jessie Tresierra got the assist.

The Rockies called a time out with 1:28 left in the game and pulled their goalie for the extra man.

During the play, Princeton's Chad Hohmann scrambled up the boards from the Posse zone to the Rockies

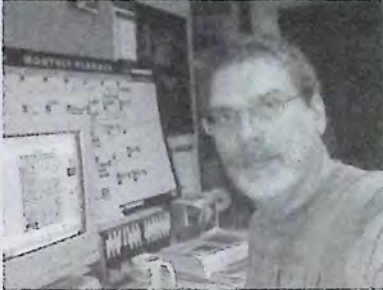
blue line where he was checked into the boards by Lee Zirk.

The two fought for the puck and Zirk backhanded it out of the boards. The puck headed straight for the empty net and Zirk chased after it, but tripped on the way scoring in his own net.

Hohmann was given credit for the goal.

Final score: Princeton 5, Columbia Valley 2. Shots on goal: Columbia Valley 39, Princeton 28.

Happy 45th Birthday
(December 6)
George 'Love Chunk' Elliott



From:
Your Family
& Friends


And Your
Lovely Wife

**Community
Christmas Songfest**

7:00 PM
Wednesday, December 7th
Princeton Baptist Church
(across from Arena)

FREE ADMISSION
Donations To
Christmas Hamper Drive Welcome

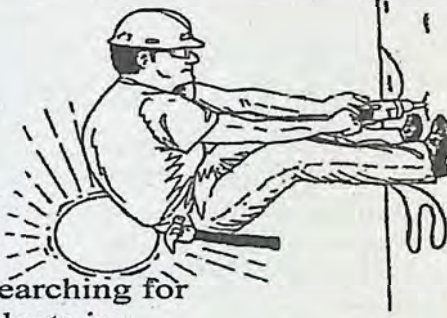
Princeton Figure Skating Club
"Skater of the Week"



Taylor Kostiuik
Junior Skater


Skater of the Week is brought to you by
Similkameen News Leader

Help Wanted




Princeton Secondary School is currently searching for Certified Trades individuals to expose students in the areas of:

Automotive	Heavy Duty Mechanic
Carpentry	Masonry
Cook Training	Millwright
Cosmetology	Plumbing
Electrician	Welding
Construction/Framing	Metal Fabrication



Students would be required to work 480 hours and potentially receive 16 credits toward their graduation requirements. If you are interested in providing your expertise to grade 11 or 12 students in any of these areas, please call Mr. Bill Lawrence: Principal, or Mr. John Kitts Secondary School Apprenticeship Co-ordinator at 295-3218





Some of the drugs and tools seized by Princeton RCMP.

RCMP expose drug problem

Princeton RCMP hosted a Drug Information Session last Thursday night at PSS. Close to 150 people jammed into the school cafeteria for the PowerPoint presentation.

"Crystal Meth is impacting all of us," says Sgt. Kurt Lozinski. "We could sit here and talk about all the drugs but the need to identify this drug is paramount. We (the local police) are seeing a lot of this drug lately and it's scaring the pants off me."

Lozinski and Cst. Ryan McLeod have taken a number of courses covering drug production and use and they shared their knowledge willingly with all present for the presentation.

Crystal meth is one form of methamphetamine which is a stimulant for the central nervous system. An entire culture revolves around this severely addictive drug.

"There's nothing that compares to it," says Lozinski. "It simply puts you over the edge."

Meth is known by many street names, including crank and meth and three stages of use have been identified: recreational, which leads to intermediate, which leads to addiction.

Samples of crystal meth, cocaine and ecstasy were shown throughout the crowd so everyone present could identify the drugs.

The samples came from local seizures, "We're seizing meth three to four times a week now."

The presentation outlined several ways a user can take the drug and the chain of use. Basically a user starts by swallowing the drug advancing to snorting. The next

step is smoking which leads to injection.

With so many methods of using the drug, it only makes sense that meth is available in many different forms. Meth is most commonly found in Princeton in a crystal which looks much like glass shards.

The presentation also outlined what street level packaging looked like, pipes used for larger quantities and the pricing and dosages commonly used.

Lozinski hammered home many points including this one: "A lot of these people (users) aren't working so how do you think they are getting the money? They're getting it from stealing from you and me."

The number one effect of meth is what it does to a user.

"Use of meth causes permanent damage of brain cells."

Other problems with the drug include one-time use addiction, it's easy, cheap and fast to produce, cheap to buy and synthetic - meth is produced with all ingredients found locally.

Some characteristics of a meth user include extreme paranoia, high pain threshold, irrational thoughts, open sores, weight loss and dark circles under the eyes.

"There are guys who can lift cars when on this stuff."

The presentation also explained meth abuser characteristics, symptoms of withdrawal and items used to make meth.

"Marijuana is the gateway to these other drugs," Lozinski said and although local police have yet to have located a local meth lab, they believe there could be as many

as three active labs in the area.

Meth stats in Princeton show no occurrences or charges laid in 2000 and 2001 with 2 occurrences and one charge laid in 2002. That number increased to 4 occurrences and 2 charges in 2003, 14 occurrences and 7 charges in 2004 and 35 occurrences with 20 charges in 2005.

Cst. McLeod discussed hallucinogens with emphasis on ecstasy and 'date rape' drugs.

Methylenedioxymethamphetamine was originally developed in 1914 as an appetite suppressant but was never marketed. It is now popular as a 'rave' or 'feel good' drug. Best known as ecstasy, there are many street names. It is often pressed into a tablet form with logos and characters that are geared to a youth market.

"People think it's a clean drug but it's got methamphetamine in it's name," McLeod pointed out.

Desired effects of the drug include heightened senses which will last four to five hours. Undesirable effects include sleeplessness, nervousness and tension in the muscles.

"Most of the seizures we've made, in my experience, are mostly on the highway," says McLeod. "We do have it being trafficked in the community. We do know it's here, that's for sure."

PCP, Ketamine, GHB (Gamma-Hydroxybutyrate) and Rohypnol were also discussed. The last three are best known as 'date rape' drugs.

Lozinski wrapped up the two hour presentation with a reminder to parents. "The main thing is to get involved in your kids lives and know what to look for."

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tuesday movies

MORNING

7:00 am WTBS (3) ★★ "Big Bully" (1996, Comedy) (PA) Rick Moranis. A predatory instinct is reawakened in a former childhood bully when his favorite victim returns to their hometown. (E)

10:00 am CITY (29) ★★ "Gone Fishin'" (1997, Comedy) Joe Pesci. Mishaps abound when two working-class buddies win a contest that takes them to the Everglades on a free fishing trip. (E)

AFTERNOON

5:00 pm A&E (9) "Knights of the South Bronx" (2005, Drama) Ted Danson. Premiere. An English instructor changes the lives of inner-city schoolchildren by teaching them how to play chess. (E)

EVENING

7:00 pm A&E (9) "Knights of the South Bronx" (2005, Drama) Ted Danson. An English instructor changes the lives of inner-city schoolchildren by teaching them how to play chess. (E)

8:30 pm WTBS (3) ★★ ★★ "O

Brother, Where Art Thou?" (2000, Comedy-Drama) (PA) George Clooney. The Coen brothers wrote and directed this tale of three escaped convicts and their unusual odyssey in the Deep South. (E)

9:00 pm A&E (9) "Knights of the South Bronx" (2005, Drama) Ted Danson. An English instructor changes the lives of inner-city schoolchildren by teaching them how to play chess. (E)

10:06 pm CITY (29) ★★ "Rough Air: Danger on Flight 534" (2001, Suspense) Eric Roberts. A reluctant co-pilot is forced to take command of a passenger plane after the captain is severely injured. (E)

10:30 pm WTBS (3) ★★ ★★ "Maverick" (1994, Western) (PA) Mel Gibson. A wisecracking cardsharp, a conniving lady and a lawman head for a high-stakes poker game. Based on the TV series. (E)

11:00 pm A&E (9) "Knights of the South Bronx" (2005, Drama) Ted Danson. An English instructor changes the lives of inner-city schoolchildren by teaching them how to play chess. (E)

wednesday movies

MORNING

6:00 am A&E (9) ★★½ "Point Break" (1991, Drama) Patrick Swayze. An FBI agent is swept up in California's surfing subculture after going under cover to investigate several bank heists. (E)

7:00 am WTBS (3) ★★ ★★ "O Brother, Where Art Thou?" (2000, Comedy-Drama) (PA) George Clooney. The Coen brothers wrote and directed this tale of three escaped convicts and their unusual odyssey in the Deep South. (E)

10:00 am CITY (29) ★★ "Rough Air: Danger on Flight 534" (2001, Suspense) Eric Roberts. A reluctant co-pilot is forced to take command of a passenger plane after the captain is severely injured. (E)

AFTERNOON

12:00 pm A&E (9) ★★½ "Point Break" (1991, Drama) Patrick Swayze. An FBI agent is swept up in California's surfing subculture after going under cover to investigate several bank heists. (E)

EVENING

6:00 pm CITY (29) ★★ "How to Lose a Guy in 10 Days" (2003, Romance-Comedy) Kate Hudson. Premiere. A magazine writer and an advertising executive each secretly bet that they can seduce the other within a set time. (E)

7:00 pm A&E (9) "Knights of the South Bronx" (2005, Drama) Ted Danson. An English instructor changes the lives of inner-city schoolchildren by teaching them how to play chess. (E)

8:00 pm KREM (8) ★★½ "Pope John Paul II" (2005, Biography) (Part 2 of 2) Jon Voight. Premiere. Karol Wojtyla endures Nazi occupation, embraces religion and, as pope, promotes faith and peace around the world. (E)

8:30 pm WTBS (3) ★½ "Sweet November" (2001, Romance) Keanu Reeves. A self-absorbed workaholic meets a vivacious free spirit who promises to change his life within one month. (E)



PUTTING HEART INTO OUR COMMUNITY

Help Us Fill The Need!

All Winter Clothing - Hats, Mitts, Coats, etc.

Each Month RE/MAX country will ask for your help in aiding Princeton Crisis Assistance Society with a particular need. If you can help, please drop your items off at our office on Bridge Street.



PUTTING HEART INTO OUR COMMUNITY

TUESDAY, DECEMBER 6, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) showing program schedules for various channels.

WEDNESDAY, DECEMBER 7, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) showing program schedules for various channels.

Regular Meetings

* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
 * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
 * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 St Citizens Hall 162 Angela Avenue
 * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
 * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
 * Hedley Library open 2-7pm Thursdays
 * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
 * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
 * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
 * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
 * Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
 * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
 * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
 * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
 * Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
 * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
 * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.
 * Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
 * Princeton Area BEA meets the 3rd Thursday of the month, 7:00 PM, Skills Centre.

**Similkameen News Leader
Community Calendar**

DECEMBER

7 - School Board Meeting, 7 PM, Princeton Office
 8, 9 - St. Paul's United Holly & Pine Bazaar
 9 - Princeton Posse Game vs. Revelstoke, 7:30 PM
 10 - Princeton Posse Game vs. Golden, 7:30 PM
 16 - Last day of School before Winter Vacation
 21 - Princeton Posse Game vs. Sicamous, 7:30 PM
 25 - Christmas

JANUARY

1 - New Years Day
 3 - Schools re-open after Winter Break
 4 - Princeton Posse Game vs. Summerland, 7:30 PM
 6 - Princeton Posse Game vs. Sicamous, 7:30 PM
 8 - Tykes Fun Day, Arena
 13, 14, 15 - Bantam Hockey Tournament, Arena
 21 - KIJHL All-Star Game, Princeton Arena
 30 - PSS PAC Meeting, 7:00 PM

FEBRUARY

3 - Princeton Posse Game vs. Revelstoke, 7:30 PM
 10 - Princeton Posse Game vs. Summerland, 7:30 PM
 11 - Princeton Posse Game vs. Sicamous, 7:30 PM
 14 - Valentine's Day
 15 - Princeton Posse Game vs. Summerland, 7:30 PM
 17 - Princeton Posse Game vs. Revelstoke, 7:30 PM
 25 - Princeton Posse Game vs. Sicamous, 7:30 PM
 27 - PSS PAC Meeting, 7:00 PM

MARCH

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

thursday movies

MORNING

7:00 am WTBS (3) ★★ ★ "Set It Off" (1996, Drama) (PA) Jada Pinkett. Four inner-city women resort to bank robbery to improve their lot after the system deals each of them a hard blow. (E)
 10:00 am CITY (29) ★★ ★ "How to Lose a Guy in 10 Days" (2003, Romance-Comedy) Kate Hudson. A magazine writer and an advertising executive each secretly bet that they can seduce the other within a set time. (E)

AFTERNOON

5:00 pm WGN (38) ★★ ★ "Dirty Dancing" (1987, Drama) Jennifer Grey. A mountain resort serves as the backdrop for this tale of romance between a teen and a street-wise dance instructor. (In Stereo)
 5:30 pm CITY (29) ★★ ★ "Scrooged" (1988, Comedy) Bill Murray. Three ghosts give a greedy network executive a long-overdue attitude adjustment. Based on the Charles Dickens classic. (E)

EVENING

6:00 pm WTBS (3) ★★ ★ "Scrooged" (1988, Comedy) Bill Murray. Three ghosts give a

greedy network executive a long-overdue attitude adjustment. Based on the Charles Dickens classic. (E)
 8:00 pm KXLY (10) ★★ ★ "Head of State" (2003, Comedy) Chris Rock. Premiere. Scheming politicians pick a black alderman to replace a presidential candidate who died just weeks before the election. (In Stereo) (E)
 8:10 pm WTBS (3) ★★ ★ "Stripes" (1981, Comedy) Bill Murray. A perennial loser and his pal join the Army, creating an international incident by crossing the Czechoslovakian border. (E)
 10:06 pm CITY (29) ★★ ★ "Atomic Twister" (2002, Suspense) Sharon Lawrence. Premiere. A series of powerful tornadoes may lead to a nuclear-plant meltdown that would destroy the southeastern United States.
 10:25 pm WTBS (3) ★★ ★ "Scrooged" (1988, Comedy) Bill Murray. Three ghosts give a greedy network executive a long-overdue attitude adjustment. Based on the Charles Dickens classic. (E)

friday movies

MORNING

7:00 am WTBS (3) ★★ ★ "Baby Boom" (1987, Comedy) Diane Keaton. A high-powered executive's lifestyle is severely cramped when she takes on the care of a distantly related baby girl. (E)
 10:00 am CITY (29) ★★ ★ "Scrooged" (1988, Comedy) Bill Murray. Three ghosts give a greedy network executive a long-overdue attitude adjustment. Based on the Charles Dickens classic. (E)

AFTERNOON

5:00 pm WGN (38) ★★ ★ "Mars Attacks!" (1996, Comedy) Jack Nicholson. Malevolent martians take delight in incinerating humans in director Tim Burton's sendup of 1950s sci-fi classics. (In Stereo) (E)

EVENING

6:00 pm WTBS (3) ★★ ★ "Snow Day" (2000, Comedy) Chris Elliott. Premiere. Children are determined to prevent a villainous snowplow man from spoiling their fun after a storm shuts down school. (E)
 CITY (29) ★★ ★ "Bounce" (2000, Romance) Ben Affleck. A widow is unaware that her new love interest is partly responsible for her husband's death in a fatal plane crash. (E)
 7:30 pm FAM (26) "The Ultimate Christmas Present" (2000, Comedy)

Hallee Hirsh. After their plan to make it snow in L.A. goes awry, two youngsters join forces with Santa Claus to set things right. (In Stereo) (E)
 8:00 pm WTBS (3) ★★ ★ "Snow Day" (2000, Comedy) Chris Elliott. Children are determined to prevent a villainous snowplow man from spoiling their fun after a storm shuts down school. (E)
 9:00 pm FAM (26) "Romy and Michele: In the Beginning" (2004, Comedy) Katherine Heigl. Premiere. High-school graduates Romy and Michele want to leave Arizona behind and socialize with Hollywood's rich and famous. (In Stereo)
 10:06 pm CITY (29) "Beverly Hills Bordello: Volume 1" (1997, Adult) Monique Parent. Decadence fills the halls of a Southern California bordello where voluptuous vixens entertain Hollywood's elite.
 10:30 pm FAM (26) ★★ ★ "Mr. Holland's Opus" (1995, Drama) Richard Dreyfuss. A music instructor's failed dreams of composing are replaced by the many joys of a 30-year high-school teaching career. (In Stereo)

Online Classified Ads:
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Horoscopes

December 7 - 14, 2005

Aries - Career matters continue to go well, but there is increasing stress on your budget. You want to spend on impulse, but you do not have the resources. Children or youth may be a problem now.
Taurus - Family duties may weigh heavily now, or you may have concerns about an aging family member. Your partner is supportive. Keep your ego under control. Associates may disrupt your plans. Smile!
Gemini - You may begin to feel depressed now. Talk to somebody about it. It is likely the result of a hectic career or chaotic family life. Feedback from partner will help ease your mind. Try to relax.
Cancer - There is no question that muddles in domestic life are causing stress, but admit it - you do get some fun out of it. Keep the purse strings tight and put some personal discipline in place to organize life.
Leo - Determination and hard work will pull you through this time. Family life and career seem at odds - balance them. Focus on young people, employment. Do not travel. Vehicle has problems.
Virgo - Driving, siblings, neighbourhood - all are sources of problems this week. Travel is difficult. As well, your mind seems closed to a lot of things. Christmas will open your mind. Partner is flaky, unreliable.
Libra - Messages and more messages! Employment prospects improve. Keep spending under control. Right now, you feel you are what you own and what you spend. Avoid this personal deception.
Scorpio - Your concern about money will ease by the end of this week. Partner continues to make demands. Watch out for ego issues with partner, friends. Young people are unreliable. Career burden increases.
Sagittarius - Money picture continues good. Work load is heavy. You will feel very tired in coming weeks if you take no time for rest. Burdens ease at home. Be cautious about tales from neighbours.
Capricorn - The solitude you seek is not available until next week. Money burdens ease. Watch diet. Focus on improving appearance. Groups you belong to are burden. Sibling, neighbour surprises you.
Aquarius - Career matters demand a lot from you, and you don't feel like doing the job. You would rather have fun. Partner is demanding and determined. Don't rock boat. Discipline yourself!
Pisces - Career runs smoothly, parents are good to you, home life is fun. You are pulled in many directions this week, but manage it all by being organized, planning, and determination, but it will tire you. Rest.

**Similkameen News Leader
Recipe Corner (Recipe #93)**

Chick Pea & Roasted Red Pepper Dip

- 2 cans chickpeas, drained 2
- 1 jar roasted 375 mL
- red peppers, drained
- 2 tbsp lemon juice 30 mL
- 3 frozen garlic 3
- cubes or fresh garlic cloves
- 2 tbsp olive oil 30 mL

Combine all ingredients in food processor and process until smooth; add salt and pepper to taste. Refrigerate at least 1 hour to blend flavours. Serve with assorted crackers, flatbreads, cherry tomatoes and sliced zucchini. Serves 12 to 16.

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

THURSDAY, DECEMBER 8, 2005

Grid for Thursday, December 8, 2005. Columns: Time, Channel (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN). Rows: 6 AM to 11:30 PM. Includes program titles like 'Dawson's Creek', 'The Price is Right', 'Cold Case Files', etc.

FRIDAY, DECEMBER 9, 2005

Grid for Friday, December 9, 2005. Columns: Time, Channel (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN). Rows: 6 AM to 11:30 PM. Includes program titles like 'Dawson's Creek', 'The Price is Right', 'Cold Case Files', etc.

saturday movies

MORNING

8:00 am A&E (9) ★★½ "Lean on Me" (1989, Drama) Morgan Freeman. A principal cleans up a drug-infested New Jersey high school with his own brand of enforced discipline. (E)

8:15 am WTBS (3) "Getting Played" (2005, Romance-Comedy) Carmen Electra. Three friends play a game of seduction on a stranger, but the tables are turned when he finds out about the joke.

10:00 am A&E (9) "Knights of the South Bronx" (2005, Drama) Ted Danson. An English instructor changes the lives of inner-city schoolchildren by teaching them how to play chess. (E)

10:05 am WTBS (3) ★★½ "The Brothers" (2001, Comedy-Drama) Morris Chestnut. Four friends re-examine their attitudes on love and dating when one of their number announces his plans to marry. (E)

AFTERNOON

12:20 pm WTBS (3) ★★½ "The

Bodyguard" (1992, Suspense) Kevin Costner. A Secret Service agent-turned-bodyguard finds danger and romance while protecting an entertainer from a stalker. (E)

1:00 pm CITY (29) ★★ "Jane Austen's Mafia!" (1998, Comedy) Jay Mohr. Premiere. A godfather's son weds, gets involved with a casino chorus-girl and rises to the top of the criminal hierarchy. (E)

3:00 pm WTBS (3) ★★½ "Save the Last Dance" (2001, Drama) Julia Stiles. A former ballet student gets a dose of hip-hop culture after she enrolls in an urban Chicago high school. (E)

4:00 pm YTV (18) ★★½ "An All Dogs Christmas Carol" (1998, Adventure) Voices of Steven Weber. Animated. Divine intervention is needed when a bulldog with a bad attitude makes plans to ruin the Christmas holiday. (In Stereo) (E)

5:00 pm WTBS (3) ★★½ "Legally Blonde" (2001, Comedy) Reese Witherspoon. A golden-haired sorority queen vows to win back her ex-boyfriend by gaining admission to Harvard Law School. (E)

EVENING

6:00 pm CITY (29) ★★½ "Die Hard" (1988, Suspense) Bruce Willis. A police officer's visit to California is interrupted by a terrorist invasion of his estranged wife's office building. (E)

7:00 pm WTBS (3) ★ "Mr. Deeds" (2002, Comedy) Adam Sandler. A deviant reporter tries to create a scandal involving the good-natured heir to a media tycoon's fortune. (E)

7:30 pm CITY (12) ★★ "Dr. Seuss' How the Grinch Stole Christmas" (2000, Fantasy) Jim Carrey. A curmudgeon living atop Mount Crumpit sets out to quash the yuletide preparations of the Christmas-loving Whos of Whoville. Anthony Hopkins narrates. (In Stereo) (E)

8:00 pm KHQ (7) ★★½ "It's a Wonderful Life" (1946, Fantasy) James Stewart. Frank Capra's classic about an angel who shows a suicidal businessman what life would be like without him. (In Stereo) (E)

8:30 pm KXLY (10) BCTV (11) ★★ "Dr. Seuss' How the Grinch Stole Christmas" (2000, Fantasy) Jim Carrey. A curmudgeon living atop Mount Crumpit sets out to quash the yuletide preparations of the Christmas-loving Whos of Whoville. Anthony Hopkins narrates. (In Stereo) (E)

(In Stereo)

9:00 pm WTBS (3) ★★ "Blast From the Past" (1999, Comedy) Brendan Fraser. A young man experiences culture shock as he navigates 1998 suburbia after spending his whole life in a bomb shelter. (E)

YTV (18) ★★½ "Home Alone" (1990, Comedy) Macaulay Culkin. A precocious 8-year-old stands off two bumbling burglars after his vacationing parents accidentally leave him behind. (In Stereo) (E)

FAM (26) ★★ "All I Want for Christmas" (1991, Comedy) Harley Jane Kozak. A girl presents a department-store Santa with an odd request: reunite her divorced parents before her mother remarries. (In Stereo) (E)

9:30 pm CITY (29) ★★ "Metro" (1997, Comedy-Drama) Eddie Murphy. A quick-thinking hostage negotiator and his new partner pursue a psychotic criminal through San Francisco.

WGN (38) ★★ "City Hall" (1996, Drama) Al Pacino. An idealistic deputy mayor uncovers shocking truths after a child's death begins to unravel his boss's administration. (In Stereo) (E)

10:30 pm FAM (26) ★★½ "Dirty Rotten Scoundrels" (1988, Comedy) Steve Martin. Two con artists zero in on a wealthy woman in

a contest to determine who will lay claim to the French Riviera.

11:15 pm WTBS (3) "Getting Played" (2005, Romance-Comedy) Carmen Electra. Three friends play a game of seduction on a stranger, but the tables are turned when he finds out about the joke.

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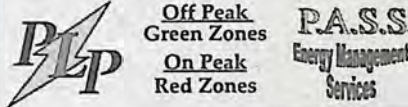
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Time-of-use
Schedule for TOU * NORMAL MONTHS
September - October - November - December
January - February - March - April - May - June

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Night	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
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10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

6:00 am A&E (9) "Agatha Christie's Poirot: The Mystery of the Blue Train" (2005, Mystery) David Suchet. A fastidious detective investigates murder on a train frequented by socialites. (E)

7:00 am WTBS (3) ★★ "Man of the House" (1995, Comedy) (PA) Chevy Chase. An attorney's well-meaning attempts to establish a rapport with his girlfriend's young son are met with resistance. (E)

8:00 am A&E (9) "Agatha Christie's Poirot: After the Funeral" (2005, Mystery) David Suchet. Premiere. A detective investigates the mysterious murder of a woman and the death of her brother. (E)

9:00 am WTBS (3) ★½ "Simply Irresistible" (1999, Romance) Sarah Michelle Gellar. A fairy godfather gives a chef the ability to spice up her culinary creations with the magic of emotions. (E)

10:00 am A&E (9) "Agatha Christie's Poirot: Cards on the Table" (2005, Mystery) David Suchet. Premiere. A detective and other sleuths investigate the stabbing death of a wealthy

man during a game of bridge. (E)

WGN (38) ★★½ "Moonstruck" (1987, Comedy) Cher. Three Oscars went to this tale of a widowed Brooklyn bookkeeper who falls in love with her fiancé's brother. (In Stereo) (E)

11:00 am WTBS (3) ★★½ "Save the Last Dance" (2001, Drama) Julia Stiles. A former ballet student gets a dose of hip-hop culture after she enrolls in an urban Chicago high school. (E)

CITY (29) "Twelve Mile Road" (2003, Drama) Tom Selleck. A divorced farmer's life is thrown into turmoil by the unexpected arrival of his unpredictable teenage daughter. (E)

AFTERNOON

12:00 pm WGN (38) ★★½ "Dirty Dancing" (1987, Drama) Jennifer Grey. A mountain resort serves as the backdrop for this tale of romance between a teen and a street-wise dance instructor. (In Stereo) (E)

1:00 pm WTBS (3) ★★½ "Legally Blonde" (2001, Comedy) Reese Witherspoon. A golden-haired sorority

ty queen vows to win back her ex-boyfriend by gaining admission to Harvard Law School. (E)

2:00 pm VTV (22) "Traacherous Beauties" (1994, Drama) Emma Samms. A photojournalist goes under cover to search for her brother's killer only to become involved with the prime suspect. (In Stereo) (E)

3:00 pm WTBS (3) ★ "Mr. Deeds" (2002, Comedy) Adam Sandler. A deviant reporter tries to create a scandal involving the good-natured heir to a media tycoon's fortune. (E)

4:00 pm YTV (18) ★★ "To Grandmother's House We Go" (1992, Comedy) Mary-Kate Olsen. Bumbling thieves sidetrack precocious twins on a solo journey to their grandmother's house. (In Stereo) (E)

5:00 pm WTBS (3) ★★ "Snow Day" (2000, Comedy) Chris Elliott. Children are determined to prevent a villainous snowplow man from spoiling their fun after a storm shuts down school. (E)

EVENING

6:00 pm YTV (18) ★★ "Call Me Claus" (2001, Comedy-Drama) Whoopi Goldberg. A cynical TV producer is Santa Claus' choice to replace him on his annual mission to bring toys to good girls and boys. (In

Stereo) (E)

CITY (29) "Home for the Holidays" (2005, Drama) Sean Young. Premiere. A loving aunt struggles to adopt her young relatives after their parents die in a car accident. (E) (DVS)

7:00 pm WTBS (3) ★★ "Snow Day" (2000, Comedy) Chris Elliott. Children are determined to prevent a villainous snowplow man from spoiling their fun after a storm shuts down school. (E)

VTV (22) ★★½ "Shrek" (2001, Comedy) Voices of Mike Myers. Animated. A grouchy ogre and his jabbering donkey sidekick set out to rescue an imprisoned princess for a scheming lord. (In Stereo) (E)

8:00 pm CHBC (4) ★★½ "The Santa Clause" (1994, Comedy) Tim Allen. An adman takes over for the bearded, big-bellied fellow after a rooftop mishap on Christmas Eve. (E)

9:00 pm WTBS (3) ★★ "Man of the House" (1995, Comedy) (PA) Chevy Chase. An attorney's well-meaning attempts to establish a rapport with his girlfriend's young son are met with resistance. (E)

FAM (26) "This Time Around" (2003, Romance-Comedy) Brian A. Green. A publicist devises a plan to get back at the guy who once humiliated her when they were children.

10:30 pm FAM (26) ★★½ "The Kid Who Loved Christmas" (1990, Drama) Cicely Tyson. A widowed musician tries to convince a stubborn social worker that he can provide a stable home for his adopted son.

11:00 pm WTBS (3) ★★½ "The Goonies" (1985, Adventure) Sean Astin. A group of adolescent misfits undertakes a harrowing mission to recover the booty of a notorious 17th-century pirate. (E)

CITY (29) ★★ "Metro" (1997, Comedy-Drama) Eddie Murphy. A quick-thinking hostage negotiator and his new partner pursue a psychotic criminal through San Francisco.

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SATURDAY, DECEMBER 10, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 12 rows (6:30 AM to 11:30 PM) listing TV programs and their corresponding channels.

SUNDAY, DECEMBER 11, 2005

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 12 rows (6:30 AM to 11:30 PM) listing TV programs and their corresponding channels.

MONDAY, DECEMBER 12, 2005

Television schedule grid with columns for channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

7:00 am WTBS (3) ★½ "Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Mick and his girlfriend return to America and link the mysterious death of a reporter to a movie studio. (E)

EVENING

8:00 pm WTBS (3) ★½ "The Waterboy" (1998, Comedy) Adam Sandler. A football coach harnesses a simpleton's powerful anger to help lead his downtrodden team to victory. (E)

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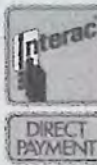
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WEEKLY DEADLINE IS 12 NOON FRIDAYS



announcements

MYSTERY SHOPPERS WANTED!!! Get paid to shop. Assignments available in Princeton and surrounding areas. Apply online at www.spotcheckservices.com. Nov 29 - Dec 13

card of thanks

Thank you and God bless each one who has helped us during John's recent hospitalization and recovery. We are very thankful for answered prayers and for God's gift of His Son Jesus.

The Sandness Family

moving sale

White-Westinghouse fridge and stove in good condition, \$500.00 OBO, newer GE washer and dryer in excellent condition \$550.00 OBO, dark inlaid wood dining room set, table 40" x 60" plus leaf, six chairs, two chairs with arms, all with wicker backs and fabric seats in good condition, \$450.00 set OBO. Call (250) 295-0527 evenings. Nov 22-Dec 06

for rent

Log house on small acreage on Highway 3, 3km West of Hedley. Wood/electric heat. River frontage, fenced, partly furnished. \$500.00/month + utilities. Available immediately. (403) 894-8954. Nov 22-Dec 06

for rent

3-bedroom house, 75 Kenley Avenue, Princeton. Asking \$650.00/month, utilities included. Damage deposit required. (250) 295-6329. Dec 06-tfn

to give away

Free to good homes, 4 kittens. Assorted colours. (250) 295-0520. Dec 06-tfn

Talk to my Machine! New service for those who can't get off the phone. Special introductory offer, call now and save later! 1-877-295-7754 Oct 26-tfn

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Christmas Baskets

To benefit John Allison Elementary PAC are now on sale at the School. The Baskets are also on display at JAE. Dec 06-tfn

Yard Work - Plus More!

I will do Yard Work - raking, snow shoveling, roof raking, garden clean-up, etc. Call Paul at (250) 295-1687 or 295-7820. Oct 25-tfn

Princeton & District Chamber of Commerce

ANNUAL GENERAL MEETING
7:00 PM, Thursday, December 15, 2005
Chamber of Commerce Board Room
Deadline for nominations for the 2006 Board of Directors is 12:00 Noon, Friday, December 9, 2005.
Nomination Forms are available at the Chamber office. Dec 05-13

services

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notice

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Susan Delatour LePoidevin
Nov 29-Dec 06

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Jul 19-tfn

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FOREST DEVELOPMENT PLAN AMENDMENT BC Timber Sales - Cascades Field Unit

Take notice that BC Timber Sales (BCTS) intends to submit an Amendment to its currently approved 2001 Forest Development Plan for the Merritt TSA. This Amendment #48, proposed construction of approximately 2.4km of road and harvest of approximately 94 ha in the vicinity of Pike Mountain, Larkin Lakes, approximately 25 km North West of Princeton. This area is being developed to facilitate the removal of Mountain Pine Beetle infested, susceptible and associated stems in the area.

This amendment is necessary to obtain approval on road and cutblocks not previously identified on the 2002 Forest Development Plan.

Public viewing of this amendment is available during normal working hours from 8:30 AM to 4:30 PM at the BC Timber Sales office, Kamloops Business Area, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5 until February 15, 2006. A representative of BC Timber Sales will be available to discuss the proposed plans and receive comments. Comments may also be made in writing c/o Peter Wallis, at the above address or faxed to (250) 828-4627. All written comments must be received prior to the above mentioned date.

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Nov 22-Dec 06

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my turn

Let's Give Them A Chance!

We've already received Letters To The Editor challenging the new Town Council to do something about local Bylaws.

While we agree there has to be something done about the often blatant disregard for numerous Bylaws, in all fairness, our new Town Council only just took the 'Oath of Office' hours ago.

Let's give them a chance to get a handle on what needs to be done and how they are going to do it.

That's not to say we don't want Bylaws to be examined and enforced, as that's probably on the top of our 'List of Things Our New Town Council Should Pay Attention To' but we think there are also more important issues.

The replacement of the Town Administrator should be the TOP PRIORITY as far as we are concerned. It's a key position that needs to be filled. The search should have been on long ago, and if we can fault the previous Town Council for anything, that might be it.

Town Council also needs to make themselves more accessible to the people who elected them.

They should host regular public information meetings so residents can attend and discuss matters of concern. The Regular Town Council meetings are not the place for that, so more public meetings should be held.

Keremeos has had a great deal of success with their 'Coffee With The Mayor' program and we see such informal, public meetings as being a useful tool in Princeton.

The Official Community Plan is an important item. If done correctly, it should create the framework for all other priorities and issues facing the future development of our community.

The Airport, Business Park, Bylaw Enforcement, Land Development, etc. should have a place in the Community Plan.

We should also encourage our new Town Council to be aggressive in fighting for Princeton's fair share. Be it Olympic money, tourism dollars or any government cash item. We need a strong voice telling Victoria and Ottawa that Princeton is here and it's our time to get in on the action. Our MLA and MP should know us well.

There are a number of issues facing our newly elected Town Council, but let's give them a little time to get comfortable in their new roles.

Then maybe they'll get to the barking dogs, noisy neighbours and skateboarders/cyclists on sidewalks.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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your turn

Man responds to Hope

To The Editor;

I found Brad Hope's letter regarding the proposed coal burning power plant very interesting. His points about mercury and adverse health effects are scary.

I would like to comment on the economic effects. For most of Princeton's history the town's economy has been based on resource extraction and has been at the mercy of fluctuating commodity prices.

It the past two years the economy has begun to shift. Princeton has become popular for retirement and recreation. This change has many benefits. It brings in money from outside the local area and is helping local businesses.

There are two things that can disturb this positive trend. The closure of the hospital or the perception that Princeton has traded in our clean air and water to become an energy colony.

People are moving away from polluted places. I agree with Mr. Hope when he says that there are clean businesses and industries that will want to locate here.

They will bring good jobs and increased tax base to fund com-

munity projects.

Our new council has an opportunity to influence future growth in a positive way.

I hope they have the vision and courage to do so.

- Dan Pippin, Princeton

Letter To The Editor

Joseph shares some info

To The Editor;

This letter is intended to give some information about the Diabetes Association.

My name is Joseph Dube. It was a privilege to do a financial campaign for this association in the month of October. The generosity of the people of Princeton was overwhelming. That means that people are aware of the problem of diabetes.

However, I noted that not enough is known about the Diabetes Association itself and what it does for the diabetics. Hopefully, the following will help in filling some of the information gap.

Charles Best, the co-discoverer of insulin, had a vision. Very early on he saw that Canadians with diabetes were going to require an organization to serve their needs. In the late 1940's, the Diabetes Association of Ontario was formed.

As the provinces and territories formed their own associations, it became clear that if the provincial branches combined their resources they could more effectively serve their membership. This culminated in the formation

of the Canadian Diabetes Association in 1953.

Established over 50 years ago, the Canadian Diabetes Association is a charitable organization that has grown to include a presence in more than 150 communities across the country. The Canadian Diabetes Association promotes the health of Canadians through diabetes research, education, service and advocacy. The nurse and the dietician serving the diabetics in our community are specially trained in the needs of the diabetics by the association.

One other way that the association can help the person afflicted with diabetes is by updating a web page bringing the most recent information to anyone who has access to the internet. Since there is too much information to deal with on that web page I'll simply give you the address: www.diabetes.ca.

Feel free to have a look for yourself or if that is not possible get in touch with your support group in Princeton at (250) 295-0195.

If you wish to book an appointment with the dietician or the nurse, phone 1-800-707-8550.

- Joseph Dube, Princeton

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Current Comment:

Conspiracy theories are true



Dawn Johnson
editor@thenewsleader.ca

All of us have heard about conspiracy theories, about big business linked to international crime and military action. Most of us take a skeptical view of such theories. Now, a man on the inside of the conspiracy has decided to write about his part in the game to further American corporate imperialism. This book should go on your "must read" list. *Confessions of an Economic Hit Man* by John Perkins is available through your Regional Library, but expect to wait awhile. There are eight copies in circulation, and waiting lists. This book stayed on the New York Times best seller list.

Perkins was warned not to write this book. When he began to peddle his manuscript, big publishers said it needed to be printed, but were afraid it would not be accepted by the board of directors. He found an independent publisher courageous enough to put the book on the market. (Yes, book publishers are controlled by big business, too.)

Perkins is most credible because he is not somebody who was fired from a confidential post. In fact, he was highly successful at what he did. For a long time, he did not let his conscience rule his choices, but finally, he realized he hated what his life stood for, and he got out of his job as an economic hit man.

When he was recruited, his trainer told him, "We're paid - well paid - to cheat countries around the globe out of billions of dollars. A large part of your job is to encourage world leaders to become part of a vast network that promotes U.S. commercial interests. In the end, those leaders become ensnared in a web of debt that ensures their loyalty. We can draw on them whenever we desire - to satisfy our political, economic or military needs."

Economic Hit Men (EHMs) draw salaries from private corporations. However, the links between private corporations and government are through the links between corporate America and people in power. Perkins says President Jimmy Carter was the lone American president not owned by the corporations.

For example, George Bush (the father) was Ambassador to the United Nations under both President Richard Nixon and Gerald Ford, and was Ford's CIA director.

George Bush is a major shareholder

in Zapata Oil, which owns United Fruits, a company involved in depositing President Arbenz of Guatemala when workers struck over slave wages. Another example is George Schulz, former President of Bechtel Corp., was Secretary of the Treasury under Nixon and Secretary of State under President Ronald Reagan. Caspar Weinberger, President of Bechtel Corp., was Secretary of Defense under Reagan. Following the invasion of Iraq, Bechtel was the first to land a major "reconstruction" contract. Coincidence? Richard Cheney, former President of Halliburton, one of the world's oil giants, was Vice-President to George Bush and George W. Bush.

Corporate America is running the American government, and the government is carrying out the corporate mandate. Equally involved is the World Bank and the International Monetary Fund, along with a so-called Christian missionary organization which serves as the front line for convincing indigenous people in many countries, but especially in Latin America, to give up their land rights for exploitation by the corporations, especially oil corporations. Perkins emphasizes the economic hit

men are part of a policy for American and British corporate imperialism.

This policy was introduced after World War II under the guise of fighting communism. Perkins' role was to juggle economic forecasts in such a way as to convince leaders of poor countries that American investment through World Bank and IMF loans would bring prosperity to their nations. In fact, the inflated forecast figures were a ruse to persuade these countries to take out huge loans they could never repay and thereby remain under the thumbs of the corporations and the American government, which are now one and the same thing. In return for their cooperation, greedy leaders became wealthy. Part of the ploy of the economic hit men is to find the weaknesses in leaders which may lead to corrupting them.

Some leaders did not fall for the ruse, and could not be controlled. They eventually died in mysterious accidents. Some "bought and paid for" leaders like Noriega and Saddam Hussein, became uncontrollable, even though they were corrupt. They were deposed by military force.

Next week: More on multinational corporation strategies, and what you can do to stop them.

Heart Food

by Dave Machin

Jesus was the perfect sacrifice. When Jesus died and was resurrected, He defeated Satan. The scripture tells us that He made a public display of the devil. He led captivity captive and Jesus, once and for all, did what He came to earth to do. He did what God told Him to do. The Bible says that the reason the Son of Man was manifested was to destroy the works of the devil. What were the works of the devil? The work of the devil was to destroy God's creation, man. "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly" (John 10:10). The devil came into the Garden of Eden to tempt Eve. Adam sinned and fell short of the glory of God. Before that point he was able to walk and talk with God. But when Adam fell into sin, he separated himself from being able to fellowship with God. That's what spiritual death is. Spiritual death is separation from God. The work of the devil was to separate man from God. In the New Testament we are told that one of the works of Jesus was to reconcile man back to God. The only way we can step into the presence of God again is for us to be cleansed of our sins and to be perfect. How can we do that? The answer is, we can't do that. It is impossible. You cannot be good enough to get into the presence of God. That's where grace comes in. Grace is God's willingness to do for us that thing that we can't do for ourselves. What is the thing we can't do? We cannot clean ourselves up enough to go into the presence of God. No matter how good we try to be, no matter how religious we try to be, no matter how much we tithe, no matter how much we give to the poor, no matter how many good works we do, no matter how many times we mow our neighbour's yard, no matter how much we love our spouse and kiss our kids, we cannot get ourselves good enough to stand in the presence of God. We would die. Satan liked it that way because man was forever separated from God. If man tried to get into the presence of God, He would die. In all of the earth, the high priest, once a year, one man out of all the millions of people on the earth, got to go into the Holy of Holies. But even that was marginal. The sacrifices of the blood of bulls and goats had to be done just the perfect way. But God had a plan. He sent His Son here to the earth so that all mankind could be cleansed of their sin. Then all mankind could do what they were created to do, which is to fellowship with God and to live with God through all eternity. But either man had to be perfect or he had to have the perfect sacrifice. The perfect sacrifice, the only sacrifice that was without sin was Jesus. So God sent His Son, Jesus, here to the earth and He shed His blood on a cross for you and for me. We must understand what Jesus did. We must understand that Jesus died for our sins, and accept Him as Lord and Saviour. That's what we call becoming saved and born again. Without the blood of Jesus, we could accept Jesus as our Lord and Saviour and it wouldn't do us any good at all. Without His perfect sacrifice, there is no remission of sins. But because of His sacrifice we now have the ability to spend eternity with God. All we have to do is receive Jesus as our personal Lord and Saviour by faith. All the work for salvation is complete. God's plan is in place. The choice is ours. Choose life!

Pastor Dave Machin,
SUNDAY SERVICES 10:30 A.M.
Phone 295-0599 9:00 AM - 3:00 PM Monday-Friday
221 A Bridge Street, Princeton, B.C.

Similkameen News Leader

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George Elliott
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george@thenewsleader.ca

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Have something to say?
We'd like to hear it!

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Rotary Exchange student Cyrielle Bon with Emerson Drive at the Let's Play Princeton concert last May.

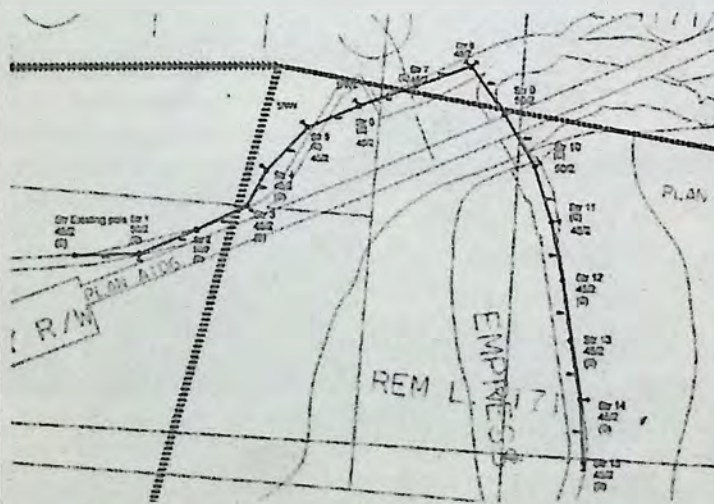
Land Act:

Notice of Intention to Apply for a Disposition of Crown Land

Take notice that **Princeton Light and Power Company Limited of Princeton BC**, intends to make application to Integrated Land Management Bureau (ILMB), Kamloops, for a **Right-of-Way for power line extension purposes covering that part of Plan 36654, and that part of District Lot 4128, Plan A105, together with unsurveyed Crown land, all Kamloops Division of Yale District situated on Provincial Crown land located 1 km East of Osprey Lake.**

The Lands File Number that has been established for this application is 3411207. Written comments concerning this application should be directed to the Section Head, ILMB at 145 3rd Ave Floor 3 Kamloops BC V2C 3M1. Comments will be received by ILMB until January 1, 2006. ILMB may not be able to consider comments received after this date. Please visit our website at www.lwbc.bc.ca under Search --> Search Land Applications for more information.

Be advised that any response to this advertisement will be provided to be public upon request.



Letter To The Editor

Cyrielle sends greetings

Dear everyone;

I hope you are all fit and well!!! It seems ages since I heard from you. Time does fly by and even though I keep thinking of Princeton a lot, I didn't write you in a very long time and I'm very sorry about that!!! But at last I found the energy to put pen to paper!!!

You may wonder how I am doing especially if you've seen on the news what is going on in France right now...First I've got to say that even though it is frightening to see people fighting an burning everything they can in the streets of oneself's country, don't worry for me, because I'm safe where I am! These incidents began in Paris (only in a few 'bad' areas) and expanded to a few other cities, but not in Angouleme.

I'm not sure you all know how it all began so I'm going to summarize it very quickly: one night two guys (immigrants from North Africa) died electrified as they were hiding from the police (wonder why they were hiding...). Almost instantaneously the immigrants felt the French Police was responsible for the two guys death and that's how they saw the whole French society as the 'black point' of the story. They felt it was their duty to venge their 'brother or friend' like they say so they came down to the streets to manifest their anger by burning and breaking everything they could (it is known that when people who do not have a good education feel offended, they don't have words to express their anger, so their only way to react is to ACT!).

Of course that was a huge disproportioned reaction but I suppose it was meant to be since all these immigrants came to live in France but haven't been given the chance to 'feel French' they are kept apart from our society (like in ghettos) and so they tend to form a nation within the French nation, keeping their original identity! It's like they feel we feel

superior to them...and of course they don't accept it! Nobody would!! Anyway it seems they're taking it easier now but that's evident that we all have to re-think about immigration and how to manage it! It is a thing to accept someone different in our country but it is also very important to give him chances to feel like a new member of the society!!! Not that he has to change but that the society has to accept him with his differences!

That's when I thought the Rotary Youth Exchange is so great: during my year in Canada I had been given the chance to meet young people from all over the world and learn how to live with their differences, but I also learned how to become a part of a new country, and this was mainly thanks to all the Canadians who made everything to make me feel part of it. I realized I was very lucky!!! This small aspect of immigration the Rotary creates sure shows that peace comes with under-

standing, tolerance and respect, and not by keeping different people as far away as possible...so this is it, I hope you feel relieved for me and understand more about the origin of the actual problem in France. It is a very deep problem and that's why it shows so much violence, which is a shame, but...

Now, I have tons of questions to ask you: HOW ARE THINGS IN PRINCETON? What have you all been doing? How are you doing and feeling? I don't forget you at all! I keep thinking of you and all Princeton was made of: all the places I've been to, all the people I spent time with, I don't and will never forget all those memories!!! I'm really looking forward to hearing from you!!!

It's all for now, I'll tell you more about me later, take care, lots of love, Cyrielle.

(Editor's Note: Cyrielle Bon was last year's Princeton Rotary Club Exchange Student).



Cyrielle enjoying a treat at Dairy Queen. Photos: Shelly Lozinski



Princeton Secondary School Grade 12 Honour Roll Students.

PSS announces Honour Roll

Princeton Secondary School last week announced the Term 1 2005-06 Honour Roll.

Grade 12 - Principal's List (86-100%)

Cullen Smart, Lewis Smith, Peter Newman, Braden Mare and Kassi Crimmon.

Grade 12 - Gold List (73-85%)

Jeremy Wagner, Shelby Carlson, Christian Szekely, Blake Tarswell, Natalie Desrochers, Jennifer Bailey, Stephanie Boyce, J-Lee White, D. J. Wilson, Samantha Bertucci, Renee Willis, Jana McKenzie, Nadine Price, Jeremy Buhler, Justine Pelly, Jerrid Lay and Amanda Jean Hobson.

Grade 12 - Honourable Mention (67-72%)

Nicole Thomas, A. J. Doyle, Russell Fletcher, Tanner Gunn, Rebecca Donohoe and Micah Anderson.

Grade 11 - Principal's List

Ian Stout, Steve Kovacs and Jordan Lane.

Grade 11 - Gold List

Amy Burke, Bradley Haigh, Jennifer Pattison, Kyle Markin, Chad Hohmann, Dylan Bertucci, Keith Vinthers, Alex Rempel, Miranda Grigg, Denis Gutierrez-Orinc, Julia Darel, MaryAnn Campbell and Michael Date.

Grade 11 - Honourable Mention

Josh Brooks, Breann Phillips and Clifford Lindley.

Grade 10 - Principal's List

Claire Bibby, Julia Halipchuk, Blaine Lueke and Chantelle White.

Grade 10 - Gold List

Candace Klassen, Brian Shewchuk, Courtney Webb, Kaila Musgrove, Tara Plecas, Madison Johnston, Russ Tjernstrom, Samantha Wasylenchuk, Paul Houben, Philip Langstroth, Matia Tolmie, Ty Senger, Jennifer Dunn, Kimberley Capp, Laura Robbins, Justin Hilton, Kelsey MacDonald, Steven Schwarz, Meagan Thomas and Amber Pepler.

Grade 10 - Honourable Mention

Kevin Alvarenga, Michelle Derkson, Marcel Lamoureux, Clint Freeman, Braydon Scarpelli,

Michelle White, Tiffany Mervyn, Kayley Thomas, Cody Wilson, Jennifer Walton and Kristie McIvor.

Grade 9 - Principal's List

Rachel Vinthers

Grade 9 - Gold List

Thomas Smyth, Elizabeth Szekely, Allana Garton, Rachel Jung, Carley Brewer, Katelyn McInroy, Brittani Clifton, Dylan Bielby, Chelsie Clifton, Jenny Laska, Dawn Campbell and Katelynn Simpson.

Grade 9 - Honourable Mention

Mathew Sawin, Samantha Goodman, Ken Bishop, Kaylie Whincup, Chloe Littlejohn and Joanna Larson.

Grade 8 - Principal's List

Daniel Howarth, Mackenzie Johnston, Alyssa Larsen, Danielle Hassell, Helen Bibby, Kelcy Banks, Karis Bergsma, Cayden Johnson, Nora Freeman-Hargitt, Vian Maritz and Emily Langstroth.

Grade 8 - Gold List

Alexa Musgrove, Mitchellcontinued next page

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MEETING NOTICE

Princeton Area Business Enhancement Association

ANNUAL GENERAL MEETING

6:30 PM, Thursday, December 8th

Princeton & District Community Skills Centre
206 Vermilion Avenue

Please note the regular meeting will follow the AGM
For more info e-mail pabea@cablerocket.com



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Princeton Secondary School Grade 11 Honour Roll Students.

Princeton Lions Club

GREY CUP WINNERS

2005



The Lions Club would like to thank everyone for their support in buying Grey Cup Tickets!

WINNERS

\$1,000 - Susan Laursen / \$200 - K. Kiloh
\$150 - Laura Haw, Andy Melvill, Kerry Giles
\$50 - Susan Later, David Daponte, R. Krieger
\$25 - L. Anderson (0-0), Gerry Cooper (29-29)
\$25 - Al Nigul, Flossy Parsons, Joe Herspiegel, Rupy Petrie, Shane O'Malley, Cec Anderson, Lil Matthews, Barb Gagon, Tom Parsons, Janet Scotland

Special Thank You to Susan Later for donating her \$50 back to the Princeton Lions Club!

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Happy 45th Birthday

(December 6)

George 'Love Chunk' Elliott



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THURSDAYS 9:00 AM - 4:00 PM

CYC plans winter fun for children

The Princeton CYC Community Recreation Initiative is offering some great winter fun for kids in Princeton.

If you are a preschooler aged 3 to 5 who enjoys baking and making Christmas cookies why not join Alicia in the Arena Mezzanine on December 20th for an afternoon (1:00-2:30 pm) of fun with your friends and parent.

Bake Christmas Cookies, make fun crafts and enjoy a cup of hot chocolate. Cost is \$10.00 and pre-registration is required.

If you are a kid aged 5-10 who enjoys active games, making crafts, playing sports and hanging with your friends why not join Jarrid and Kaylie at PSS from December 19th to 23rd 9:15 to 2:45pm each day. This years winter day camp is packed with winter fun at a cost of \$40.00 for the entire week. Last years winter camp filled up fast so don't delay.

Come on out and play with our community recreation leaders this winter and help the Princeton CYC celebrate their first year of operating the Princeton Community Recreation Initiative.

In the first year of operation we have offered a variety of programs for preschoolers, children and youth. Kids enjoyed their time playing sports, dancing, cooking, and educating themselves in first aid and safety programs.

The Princeton CYC Community Recreation Guide is available quarterly. In it you will find programs and activities happening throughout the community for all ages.

If you have a program or event you would like to offer in the Community Recreation Guide that will be made available in January 2006 please contact Nadine by Friday, December 9th.

Princeton CYC Community Recreation Programs would not be made possible without the support of the Town of Princeton, School District #58 and the RDOS.

Contact Nadine at the Princeton Arena (295-7222) to register or learn more about the Princeton CYC Community Recreation and Asset Development Initiatives.

- submitted by Nadine McEwen, CYC Asset Development Coordinator

Princeton Secondary Honour Roll

.....continued from Last Page
Lamoureux, Cori White, Julia Crimmon, Colton Williams, Brittany Folk, Cody MacDonald, Riley Brooks, Jared Fenrick, Kelsi Walton, Teisha Gallant, Mariah Liddicoat, Neko Bertucci, Rachel Hoiland, Caitlin Merenick, Milen Wilkinson and Nickolas Coers.
Grade 8 - Honourable Mention
Dustin Haigh, Nicholas Yee, Kael Glowacki-Sutter, Keaton Phillips, Marlee Rice, Kiel Liberatore and Bryce Markin.

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13th Annual Country Christmas Craft Fair



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Artists celebrate Spirit of Place

For the last several months, five local artists have been feverishly producing work based on the theme, Spirit of Place. They have recognized a re-discovered interest in cultural activities in our town and will be exhibiting their work on the weekend of Saturday, December 10th to Monday December 12th at Cowboy Coffee in Princeton Plaza.

There will be images of places in the landscape both far and near, people in their favourite places and places in the imagination. From the nature photography of Mark Mason to the little gems painted on a one month hike in New Zealand by Johanna Nott, from images of Scotland (both watercolours and clay work) by Sue Delatour LePoidivin to romantic landscapes

by Kathy Schneider and drawings of local musicians by Merrilyn Huycke, there will be something for everyone to enjoy.

You are invited to attend and to speak with the artists from 10:00 AM to 4:00 PM each day of the exhibit. Saturday evening will also feature jazz and blues by Fast Eddie and Slim Pickins and jazz guitar on Sunday.

RCMP put up holiday lights

Princeton RCMP will be out in force on the eve of the December holiday season.

The local police will be increasing the frequency of counter attack road checks in the area with the aim of deterring and apprehending those choosing to drink and drive. You may be surprised at when and where you might see your boys in blue this year.

In the province of British Columbia, if you are found to be driving with a blood alcohol content of 80 milligrams or over, you

will at minimum lose your driver's licence for 24 hours, have your vehicle immediately impounded, receive an automatic 3-month driving prohibition, and face the obvious criminal charges.

Please use common sense and

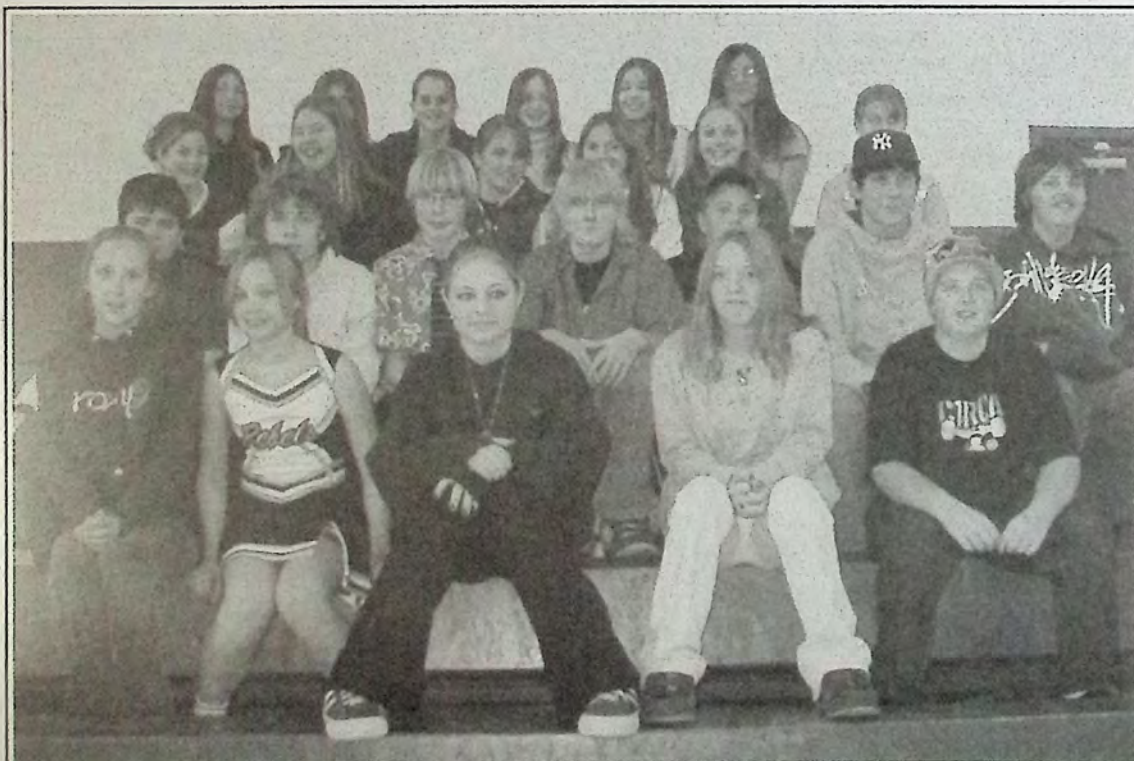
THINK BEFORE YOU DRINK. Call a taxi or designate a sober driver.

Is it really worth the risk? Use your head.

- submitted by Cst Ryan McLeod
Princeton RCMP

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FINANCIAL FOCUS

Consider Trusts For Your Estate

Do you have arrangements in place for someone to handle your financial affairs if you become sick or incapacitated? Have you left clear instructions regarding the type of medical care you want if you can't make your wishes known?

These two important areas of financial and personal planning shouldn't be overlooked. While they may seem trivial when you're healthy, an illness or accident can put your financial and personal life in a state of disarray.

Power of attorney is your best defence. Power of attorney is a legal document that allows a person or institution you choose to manage your affairs when you can't (in Quebec, this is known as a "mandate.")

Most people think of trusts as financial vehicles for the wealthy. But the reality is that many Canadians can use trusts as financial tools, particularly when it comes to estate planning. Using trusts instead of a will to distribute assets can reduce taxes, lessen the potential for legal disputes and allow you to avoid the process of probate.

A trust is a legal entity created to hold assets. You give up ownership of the assets while you're alive, without giving up control. You (the settlor) transfer legal title of assets to another person or organization (the trustee) for the benefit of someone else (the beneficiary). The trustee manages the assets on behalf of the beneficiary, according to the terms of the trust.

Here's a look at some of the advantages of trusts:

TAX-EFFICIENT TRANSFER OF WEALTH: A trust can reduce capital gains and other taxes paid on your assets, putting more into the hands of your loved ones or other beneficiaries.

AVOID PROBATE: A will is subject to probate, which can be costly and will make the details of your estate public. A trust lets you avoid the expenses of probate and maintain financial privacy.

MINIMIZE LEGAL PROBLEMS: A will can be legally challenged. For example, a disgruntled child can ask a court to change the terms of the will. The structure of a trust offers more control over who gets what, and is less vulnerable to legal challenges.

There are many kinds of trusts. Two trusts that may help you achieve your estate planning objectives are the alter ego trust and the joint spousal trust. These types of trusts allow the tax-free transfer of assets. This is a major difference from some other types of trusts, which can trigger taxes when assets are transferred. In these cases, property may be treated for income tax purposes as though it had been sold. That means capital gains taxes will be due on appreciating assets.

You can create an alter ego trust when you're 65 or older, for your exclusive benefit. Until your death, nobody but you can receive or use the trust's assets or income. When you die, the trust distributes the remaining assets to your beneficiaries.

A joint spousal trust is similar, only it names both you and your spouse as beneficiaries during your lifetimes. When the surviving spouse dies, the trust distributes the remaining assets to other named beneficiaries. To create a joint spousal trust, you must be at least 65.

A joint trust is more efficient than a will at ensuring your assets go where you wish. With a will, you can leave your assets to your spouse. But your spouse can pass along those assets according to his or her wishes. By setting up a joint spousal trust you ensure the assets will go where you intend after your spouse dies. This can be useful if you want your children to receive assets and your spouse remarries. If you rely on a will, your spouse could leave the assets to a new partner when he or she dies, potentially leaving your children with no inheritance.

You can also specify in your will that a trust be created after your death. This is known as a testamentary trust, and is often used to provide payments to a beneficiary. It can include guidelines on how an inheritance is to be used.

Your investment representative can help determine if a trust is right for you.

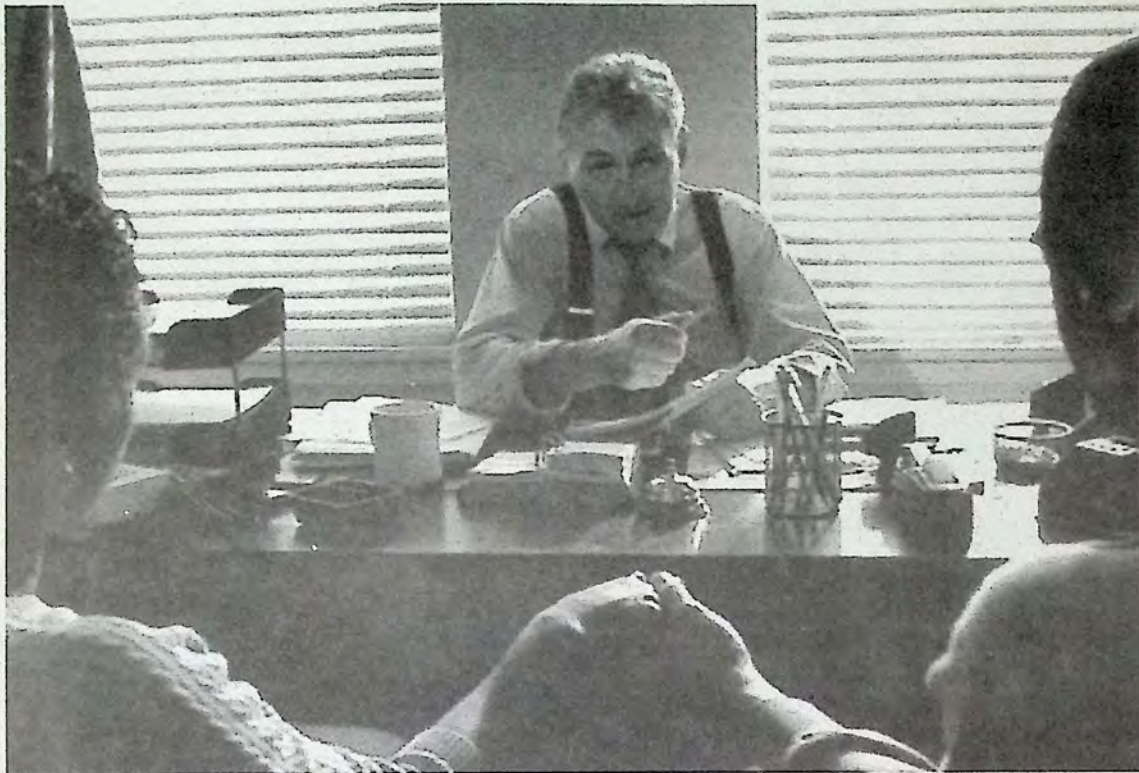
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