

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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News Leader**
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ArtsNow gives final report

Group requests Town grant



There were numerous accidents on Highway 3 during the Christmas Holiday. This vehicle left the road just East of the Mine Hill Brake Check on December 23rd. No one was injured in the crash. Police say there were over 15 accidents reported in the three days just prior to Christmas. Photo: Princeton RCMP

Local institutions reach for 100 years

As we begin 2006, and Princeton looks to 2010 for its 150 year anniversary, two local institutions are nearing their one hundredth anniversary. Princeton Hospital Auxiliary and Princeton & District Chamber of Commerce were formed nearly 100 years ago to make sure Princeton would be the kind of place where people wanted to invest, live and work. Both organizations have been remarkably successful during their long histories.

Hospital Auxiliary

The Hospital Auxiliary was formed before there was a hospital. The women who began the Auxiliary were prominent members of the community and their campaign to build a hospital was well-supported, despite hard times. The ladies hosted dances, had raffles, and taxed bachelors as part of their fundraising activities, but their main source of income was the generous donations of labour, materials and equipment of local residents. The hospital was open and operating within two years of the formation of the Auxiliary.

Today, the Auxiliary operates the Thrift Store, located next to Chaps Restaurant on Vermilion Avenue. The Thrift Shop was an inspiration of the late Joan Ewart, and was originally a much smaller shop located on Bridge Street. During the past 30 years, it has grown to three Thrift

Shops. The Thrift Shop has paid for countless items for Princeton General Hospital and has assisted in a number of health-related initiatives. A popular fundraiser has been the Florence Nightingale Tea, held annually in May.

The year 2010 will mark 100 years of operation of the Hospital Auxiliary.

The Chamber of Commerce

Formed in 1909, today's Chamber of Commerce was instituted as a Board of Trade under the Board of Trade Act of Canada. The Board of Trade Act specifies there must be a minimum of 30 paid members to constitute a chartered Board of Trade, so we know there were 30 local business people who wanted to promote the economic base of the community. The Act further specifies there must be a population of at least 1,500 residents for a Board of Trade to form.

The motivation of local business people in 1909 was to ensure the railroad came to Princeton, and to make the most of the opportunity afforded by a transportation link to the rest of the nation. The town grew by leaps and bounds after the arrival of the railroad. Three major resource industries flourished as a direct result: coal mines, a copper mine, and the forest industry.

Princeton's Board of Trade promoted other transportation links, includ-

ing the Hope-Princeton Highway and the Yellowhead Highway. A cairn located at the edge of Highway 5A (one block east of Santo's Pizza) marks Mile 0 of the Yellowhead Highway.

Although the name "Board of Trade" was changed to Princeton & District Chamber of Commerce, the constitution is much the same, and must remain the same under the Board of Trade Act. The Chamber must "advance the industrial, commercial and civic interests of the Town of Princeton" and "support and encourage the interest of the citizens in municipal, provincial and national issues". The Chamber must not be involved in party politics nor any religious affiliations.

The Chamber of Commerce, under the Act, must hold an Executive meeting at least once a month, and a meeting of the general membership must be held quarterly, with all members advised of the meeting and free to vote at the meeting. Any person interested in the goals may join and vote on issues.

Until the 1980's, Princeton's Chamber of Commerce was primarily financed by its members, but is now primarily paid for by local taxpayers through grants from Town Council. This financial support has seen the Chamber undergo some major changes, beginning with the

ability to hire a full-time manager.

Prior to the Town subsidy, tourists were met by unpaid volunteers and summer students receiving an employment grant. One of the advantages of having a manager was the securing of a number of grants for local projects and organizing Chamber events.

Tourism gradually replaced economic development as the main focus of the local Chamber of Commerce. Making Princeton more appealing to tourists was the goal of a number of Chamber presidents, most notably Steve Brodie, who put a lot of personal money and labour into cleaning up the highway frontage. Brodie did not hesitate to call Town Council to task on matters related to Chamber of Commerce goals. The Chamber has supported many downtown projects, from block parties to Christmas Light-up and Christmas Parade, to hiring an economic development officer to organizing the Youth Ambassador program.

Today, the Chamber of Commerce office is located in the Tourist Information Centre just east of the bridge on Highway 3, but it has been located in private businesses, a Canadian Pacific Caboose, a converted service station, and a former railway station. The Chamber owns its present location.

The ArtsNow Committee, formed in May, has submitted its final report to the Spirit of BC 2010 Legacy Now funding branch of the provincial government. At the December 19, 2005, meeting of Town Council, Dawn Johnson, Chair of the ArtsNow Committee, reported to Council on the success of the project.

The report, which was a summary of activity that began in May 2005 and concluded last month, resulted in the identification of performing arts as a much-needed sector of arts and cultural activity in the Princeton area. Johnson said the committee had done the work under budget because committee members had done much of the work themselves, and had received help from Town Hall.

Johnson reminded Council of the contribution arts and cultural organizations make to the community, from the banners done by Vermilion Forks Field Naturalists to the art shows of Vermilion Artists to the tourist interest in the museum, and the books published by members of Princeton Writers Group. She told Council that money spent on arts and culture is not a cost, it is an investment.

The committee will apply for a further grant to train members of the local performing arts group in the skills needed for success and sustainability.

Johnson told Council the committee would like Council to put grant money into the 2006 budget for the next application, and advised Council that the Community Arts Council has pledged \$2,500 toward the project. Local money will be matched by the provincial government.

Councillor Jim Manion asked how much and would this be the last request.

Johnson suggested an amount equal to Council's 2005 contribution, and said, if it were up to her, it would be the final request.

Similkameen News Leader

Thanks Shelly Lozinski for the 'Santa' Photos she took for us!

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Princeton Dairy Queen collected numerous toys before Christmas as part of their 'Angels Anonymous' program. All the toys were handed over to Princeton Crisis Assistance for the Christmas Hamper Drive. Earl Driver, left, accepts the gifts from John and Lorraine Babiak as some Dairy Queen staff members prepare to help cart the gifts away.

Compliance reviews project

Compliance Energy presented its plans to Town Council for a thermal energy plant. At the December 19, 2005, Town Council meeting, Compliance spokesperson John Tapics reviewed the progress of the studies done for a plant to produce electricity from burning a combination of wood waste and coal. Compliance Coal operates an open pit coal mine in the old Blakeburn Mine site south of Coalmont.

The thermal plant would be situated on the former Similco Mine site south of Princeton and would utilize the former mill building, with additions of a boiler (burner) and a bag house (a device where particu-

late matter is trapped).

Compliance plans to burn a minimum of 50 percent wood waste supplemented by thermal coal. Although the Coalmont coal is lower in sulphur than most coals, Compliance plans to construct a boiler with fluidized limestone at the bottom to absorb the sulphur. Particles will be trapped in the bag house.

The boiler will heat water, turn it into steam and the steam will go to generators that turn the heat into electricity. The power will be sold to BC Hydro using existing transmission lines.

Carbon dioxide emissions will be

offset by BC Hydro or by Compliance (offset means reduction of carbon dioxide to equal the amount produced).

Emissions must meet the standards set for all thermal production units regardless of size and even if it were to burn 100 percent coal.

Some questions were raised about waste wood supplies, but Compliance has had two studies done which show adequate supplies of waste wood.

Life of the plant is anticipated at 25 years. If the plant is approved by the Utilities Commission, it would create 35 new jobs for the Princeton area.

Valley projects receive funding

Nine more Olympic Paralympic Live Sites projects across British Columbia have been given approval, sharing in more than \$1.1 million in provincial government funding.

"The projects announced last week are helping to give each of these nine communities an opportunity to develop a legacy from the Province hosting the 2010 Games," said Economic Development Minister Colin Hansen.

"Whether it is through an Olympic viewing venue or an upgraded community facility funded by the Live Sites program, these projects represent a tangible way for local people to share in the Olympic experience no matter what part of B.C. they call home."

Including the projects announced last week, the B.C. government has now invested nearly \$10.8 million in 70 Live Sites projects, provincewide.

Among the projects receiving funding are the development of a skate park in Keremeos, the con-

struction of an amphitheatre in Chilliwack, improvements to the recreation centre in Taylor, the purchase of equipment for an Olympic event viewing venue in Quesnel and the establishment of a regional centre for mountain sports at Mount Washington.

Announced in November 2004, the \$20-million Olympic Paralympic Live Sites program provides up to \$330,000 in funding for projects with budgets under \$1 million, in communities outside of Greater Vancouver and the Whistler-Squamish corridor.

As a result of improvements announced earlier this fall, communities now have until March 31, 2007 to apply for funding and approved projects have until March 31, 2008 to complete work. Application details are available through the Ministry of Economic Development website, at www.gov.bc.ca/ecdev.

On December 16, 2005, the B.C. government announced more than \$1.1 million in funding for nine new Olympic Paralympic Live

Sites projects, provincewide.

Two of the projects are in the Similkameen Valley.

Princeton - The Vermilion Trails Society will receive \$42,000 to upgrade Princeton's Spirit of 2010 Trail.

The project will result in the paving of the trailhead to create a four-season surface for multiple uses, and improvements to lighting will increase usage on shorter winter days.

Funding will also help with construction of a plaza, with a roundhouse commemorating the history of transportation and marking the location of the last spike on the Kettle Valley Rail.

Keremeos - The Village of Keremeos will receive \$32,250 to construct a 715 square metre (7,700 sq. ft.) skate park, outdoor basketball court and two washrooms.

Funding will also assist with landscaping and benches. Currently, youth are required to travel to other communities to use recreation facilities.



Brad Hope was the guest speaker at the December 20th Luncheon Meeting of Princeton Rotary Club. Hope expressed his concern over recent resource-based development in the Princeton area.

Group plans all-candidates forum

The Princeton & District Chamber of Commerce invites you to attend the Public Election Forum for this year's Federal election. The Forum will be on Wednesday, January 11, at 7:00pm in the Royal Canadian Legion Hall. The doors will open at 6:40pm and the program will start at 7:00pm.

The forum will comprise of wel-

comes and introductions, opening remarks from each candidate, a series of prepared questions posed by the moderator alternated with open questions from the floor and closing remarks from each candidate. It is anticipated that this meeting will end around 9:00pm.

To provide the best possible overview of the community they ask you to provide your input into

this process via questions or issues you wish addressed during this forum. The Chamber urges you to submit your questions to them by 4:00pm on January 6. Please submit your question(s) with your contact name and phone number via fax (295-3255), email (chamber@nethop.net) or in writing (Box 540) at the Chamber office. No questions will be accepted via the telephone.

The order of opening remarks, question replies, and closing remarks will be determined by a random draw done in advance of the meetings.

The Chamber of Commerce provides these forums as a service for the community and businesses that we serve.

All safeguards and precautions are taken to maintain confidentiality and neutrality during these proceedings.

The election will take place on Sunday, January 23 and the Chamber urges you to exercise your right of being part of the process and VOTE.

For further information, please contact the Chamber Manager, Lori Thomas at 295-3103.

Board names Atkinson

Community Futures Development Corporation (CFDC) of Okanagan Similkameen announced December 21st the appointment of Jaymie Atkinson as Vice Chairman to the Board.

Atkinson had spent three years as a Director on the Board and brings an extensive community background to the table.

Locally she has been involved in the Princeton & District Community Skills Centre, the Princeton and District Community Forest Corporation, Vermilion Trails Society, Princeton General Hospital and Ridgewood Lodge Foundation.

Jaymie and her husband David own and operate Similkameen Valley Transportation Limited and Circle Seven Hereford Ranch.

She is a lifelong resident of Princeton and has been instrumental in keeping the Princeton area forefront in regional decisions.

Community Futures is a not for profit community development organization established in 1984. Since that time, Community Futures has provided \$1.7-million in loan funds to small business and has assisted in the start up of more than 75 small businesses.

They are located in Penticton and can be reached toll free at 1-877-493-5566.

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Town of Princeton

NOTICE OF PUBLIC HEARING

Zoning Amendment Bylaw No. 768, 2005



Pursuant to the provisions of Section 890 of the *Local Government Act*, notice is hereby given, that a Public Hearing will be held in the Council Chambers of the Town Hall on Monday, January 16, 2006 at 7:00 PM, to consider amending the Town of Princeton Zoning Bylaw No. 646.

The proposed Amendment is as follows:

- a) That Lots 14 and 15, Block 18, Plan 55, District Lot 706, Yale Division of Yale Land District, PID #001-989-707 and PID #001-989-715 be changed from Central Business (C2) to Multi-Family Residential (RM4).

At the Hearing all persons who deem their interest in the proposed Bylaw, shall be given an opportunity to be heard on matters contained within the Bylaw. Council will accept submissions and discussions up to and including the Public Hearing. No submissions accepted after Public Hearing.

A copy of the subject Bylaw No. 768, 2005 is available for examination during normal business hours 8:30 AM to 4:30 PM, Monday to Friday inclusive in the Town Office, 169 Bridge Street, Princeton, BC.

Given under my hand this 20th day of December, 2005.

Comie Froese, CAO
Town of Princeton



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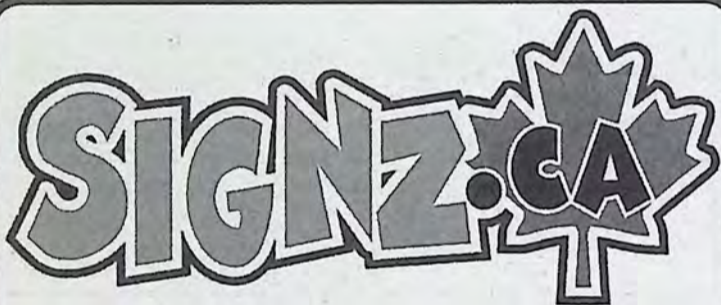
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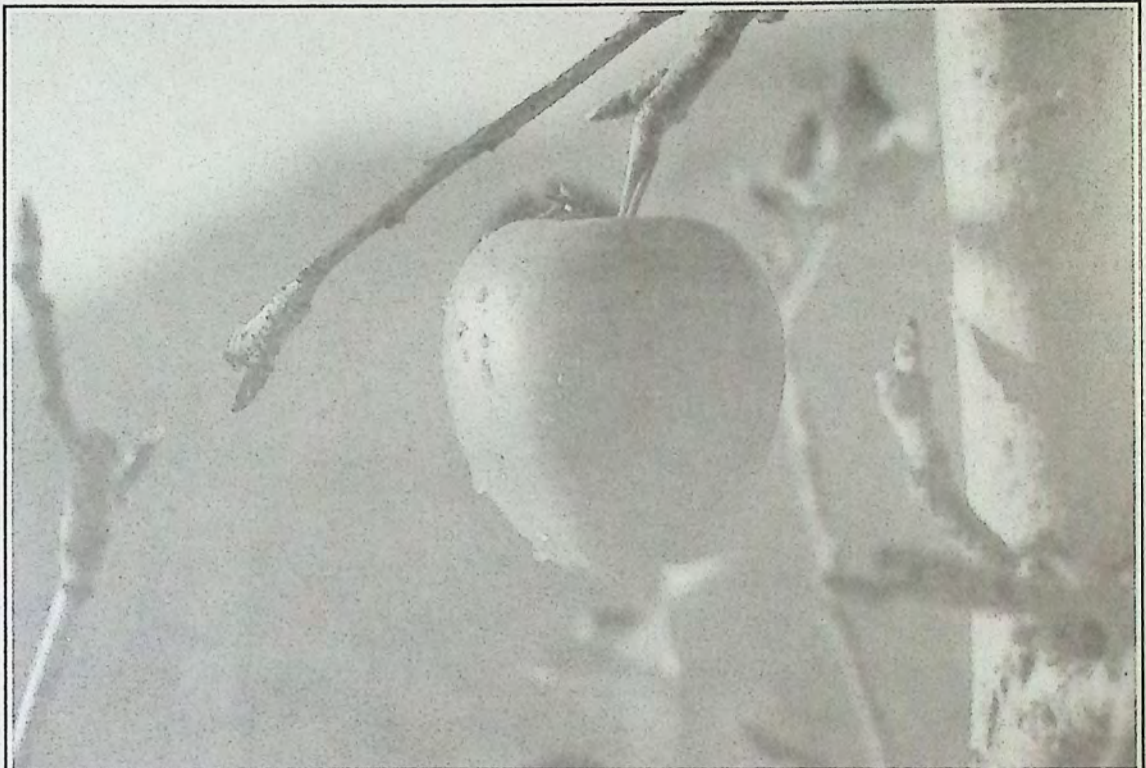
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keremeos and area news



No, it's not Spring yet in the South Similkameen! Bryan Smith sent this photo to us of a lone apple he spotted clinging to its stem on a 'photo trip' last week. Bryan's DVDs and Screen Saver CDs contain photos like this and are available at Valu-Plus. Photo: Bryan Smith, www.keremeos.net.

RDOS introduces program

Some areas in the Regional District of Okanagan-Similkameen will finally get the opportunity to recycle all their plastics in a pilot program starting January 1st. The Town of Oliver, the Village of Keremeos and some areas of the RDOS will accept all clean plastics in their blue bag recycling programs starting January 1st.

"This is an exciting new twist to the curbside program," says Beth Cavers, Solid Waste Management Coordinator for the RDOS.

"Including all clean plastics in blue bags will simplify recycling, making it easier for people to use the program."

Starting January 1st, residents in participating areas can recycle all clean plastics including food con-

tainers and plastic bags. The program will not accept Styrofoam, pesticide or oil containers or items composed of more than one type of plastic, such as many toys. Small lids, such as milk bottle caps, are also out because they can't be removed easily by sorting crews.

Glass containers will no longer be picked up using the blue bag system. Instead glass containers will be picked up with a separate once-monthly pickup. Residents are asked to use a rigid reusable container such as plastic tote or wooden box to put the glass out for pickup.

"Shattered glass contaminates paper in the recycling process which reduces the value of recycled paper," explains Cavers.

"By separating the pickup of glass from other recyclables we increase the value of paper and make the program much cheaper to run."

Areas within the Regional District which will receive the new program are Hedley, Cawston, Olalla, Okanagan Falls, Twin Lakes and Skaha Estates. Areas not receiving full plastic recycling include West Bench, Kaledon, Carmi, Heritage Hills and Naramata.

"We have a separate contract for the Rural Penticton area," states Cavers.

"We hope to include full plastics recycling in our next contract which will start in July of 2006."

The Regional District Okanagan-Similkameen has sent out 2006 Collection Calendars to residents. These Calendars contain program information for each specific area including dates for garbage and recycling pickup. For more information residents can contact the Regional District's Solid Waste Department Hotline at 1-877-610-3737 ext. 4129, by e-mail at info@rdos.bc.ca or visit the website at www.rdos.bc.ca.

SVPS supports USIB

At the December 19 Town Council meeting, Mayor Randy McLean announced support for the next phase of Mascot Mine development.

Upper Similkameen Indian Band (USIB) has spent the past several years turning the old Mascot Mine site into a tourist attraction, depending on government grants to finance the project.

The actual mine site was the first project, followed by turning the old Hedley Elementary School into the Mascot Mine interpretive centre and tour reception area. The two projects have resulted in a first-class tourist destination.

Mayor McLean said the Similkameen Valley Planning Society gave its support to USIB for an application for grant funding to do the next stage of the project, which will consist of further

development for Hedley area.

Part of the plan is to develop an RV parking site.

Keremeos CAO resigns

On Monday, December 12th, the Keremeos Village Council received a letter of resignation from CAO Bob Lafleur.

"This was accepted with regret," says Village Mayor Walter Despot.

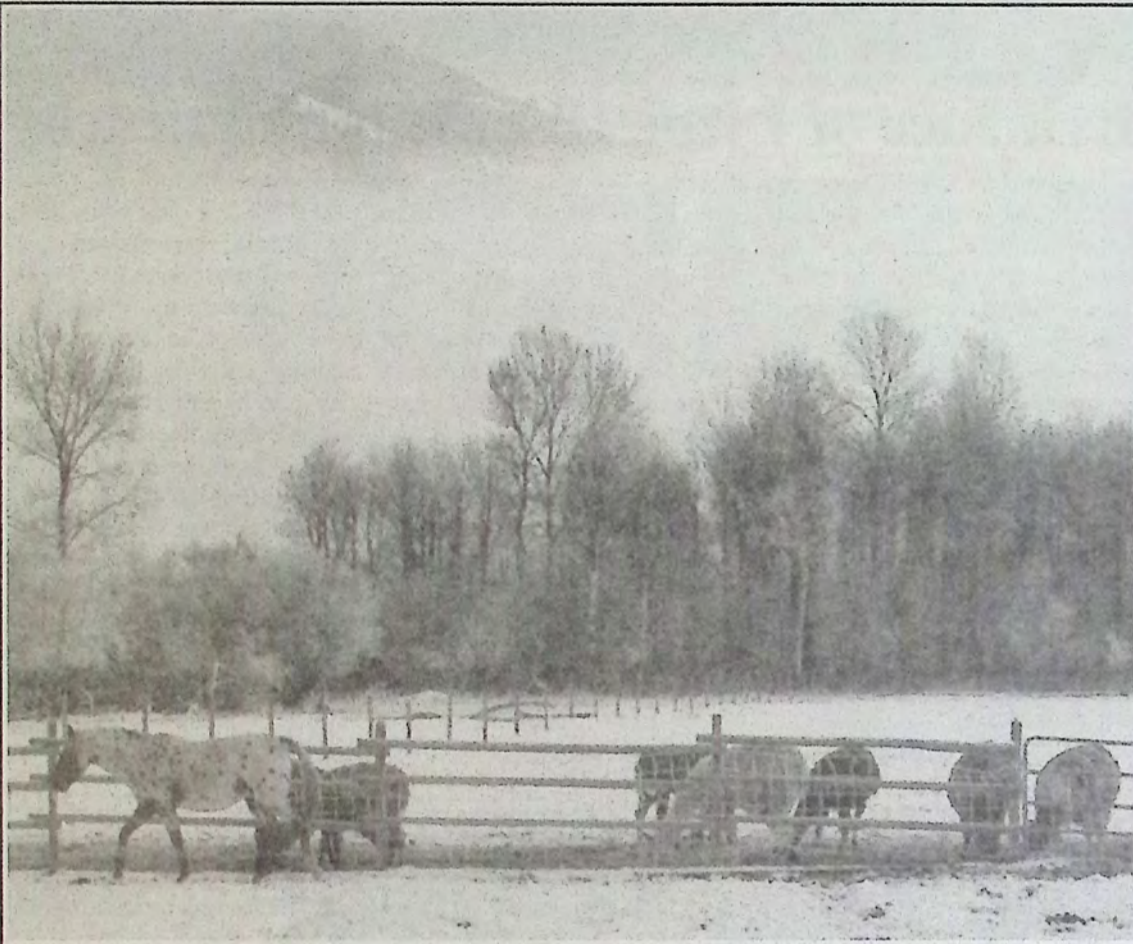
"Council wishes Mr. Lafleur the very best of success and happiness in his future position as CAO of Nakusp."

Village Council has engaged the services of the Human Resources Manager of the RDOS to acquire a temporary replacement while a search for a full time CAO is undertaken.

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A photo taken outside Bryan Smith's back door in Cawston shows what Winter was like in the Lower Similkameen this season - until the milder weather washed away all the snow. For more photos, visit Smith's website at www.bryansmith.ca. Photo: Bryan Smith, www.keremeos.net.

Tips for safe celebrating - any time of year

When you're planning a party, you probably don't spend much time thinking that drinking drivers are involved in about one out of every four fatal collisions.

However, if alcohol is going to be consumed at your home over this holiday season, your planning should include making sure that your guests have safe transportation home. Otherwise, the statistic above could become a tragic personal reality.

Good hosts spend as much time planning the end of their parties as they do preparing for the beginning. Here are some tips for being a responsible host:

- Ask your guests if they have safe

transportation home before serving them that first drink. Know who will be traveling with a designated driver or who has planned alternate sources of transportation. Identify designated drivers and give them a small gift to let them know you appreciate their assistance.

- Offer your guests healthy alternatives to cocktails, such as sparkling apple juice or cider, seltzer mixed with fruit juices, low sodium vegetable juice, or eggnog mixed with skim milk.

- Serve protein-rich and starchy foods throughout the evening. Eating these snacks will help slow down absorption of alcohol into

the bloodstream.

- Try to reduce the drinking rate of your guests by organizing party games, dancing, or other fun activities. It takes about an hour for an average drink (5-ounces of wine or 1 ounces of hard liquor) or a 12-ounce bottle of beer to be burned off by the liver.

- Don't force drinks on your guests. Respect the wishes of those who say, 'No, thanks.' Not everyone wants alcohol, so when someone declines a drink, simply offer them an alternative.

- If you're serving liquor, don't pour doubles. Always measure one-ounce into the drinks so your guests know exactly how much they're consuming. If you're too busy to mix drinks yourself, ask some responsible person to look after that for you. Avoid having an open bar where guests can simply help themselves.

- Being a good host doesn't mean refilling glasses immediately. Allow your guests some time between refills.

- Close down the bar about an hour before your guests are expected to leave and offer hot beverages and snacks 'for the road'. It's always possible (despite your best efforts), that one of your guests will have too much to drink and still want to drive home. It is your responsibility as the host to do your best to persuade the person to go home with a designated driver, take a cab, or let them sleep over. If a person leaves your home intoxicated, you can be held partially liable for any harm they cause themselves or others. Do your part to prevent injuries and deaths.

- Jill Rhynard, RN, BScN, MPH, Coordinator of Health Promotion Population Health, Interior Health

Commission approves '06 budget

Councillor Pam Jones reported to Town Council on December 19 that the Recreation Commission has approved a \$279,000 budget for 2006, as well as a five year budget plan.

She said Nadine McEwen had received a \$5,000 grant from

Weyerhaeuser for the 2006 GETT program, which teaches girls the basics of using industrial tools as well as some skills needed in basic construction.

Councillor Jones reported the arena roof restoration is half completed.

Mayor praises Mills' work

Nick Mills, President of Princeton & District Museum and Archives Society, received a great deal of praise from Mayor Randy McLean, who said Mills has done "a great job" at making Princeton Museum a tourist attraction.

"The museum is the anchor of our attractions," Mayor McLean said at the December 19 Council meeting. Mayor McLean went on to say the dedicated work of Nick Mills, along with other Museum Society volunteers, is the reason for its success.

Legion asks for tax break

At the December 19, 2005, Town Council meeting, a request was received from the Royal Canadian Legion asking for a \$3,000 property tax grant-in-aid to offset municipal property taxes.

The request put Council into a quandary, as the majority of

Council holds memberships in the Legion. They did not know whether they could even consider the matter without being in the position of a conflict of interest. Council will seek advice on the matter before any further action is taken.

Similkameen News Leader thanks Bryan Smith for his continued support of our weekly publication.

Please visit his website at www.keremeos.net

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The beginning of a new year often brings about the motivation to change one's lifestyle. Perhaps you want to quit smoking or exercise more. Noble goals. One very beneficial goal to adopt is *forgiveness*. By forgiving someone who hurt you or made you angry, you can be the beneficiary. It will reduce your stress, improve your health and give you greater happiness. Try it!

Obsessive-compulsive disorder (OCD) affects about 2.5% of Canadians. OCD is characterized by uncontrollable thoughts often accompanied by irresistible urges to carry out acts or rituals to relieve anxiety. Jack Nicholson raised the awareness of this disorder in the movie *As Good As It Gets*. There is help for OCD sufferers.

Dry skin is a common problem during cold Canadian winters. Good dry skin creams usually contain one or two ingredients to help. One is a *humectant* (like urea and glycerin) which help attract moisture to the skin. *Emollients* (like petrolatum) help make a barrier on the skin to prevent moisture from escaping. Our pharmacists can help you in your choice of good dry skin cream.

When your prescription label says "take on an empty stomach", it means that your prescription may be affected by the presence of food in the stomach. Food can prevent a drug being absorbed well so you won't get the maximum effect. It's good to pay attention to these labels. We'll remind you at the counter.

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news leader health page

Evidence of Lyme Disease found nearby

Interior Health, in conjunction with the BC Center for Disease Control (BCCDC), has found the first indirect evidence of the Lyme disease bacteria in the Okanagan valley.

"We have been concerned it might be present in the Okanagan at very low levels and this recent information confirms the low risk," said Dr. Rob Parker, Medical Health Officer with Interior Health.

A Westside man had tested positive for Lyme disease in August 2005, but it could not be determined with certainty if he had been infected locally, or in travels outside of the region.

The BCCDC carried out additional tick and deer mouse collection in the central Okanagan to see if they could find evidence of the Lyme disease causing spirochete, *Borrelia burgdorferi*.

Three areas were surveyed: McCollough Lake, Vaseux Lake and near Bear Creek. A total of 75 deer mice and 53 ticks were collected. Of the 14 deer mice collected in one area (Vaseux Lake), one mouse was positive for Lyme antibodies, indicating it had been exposed to the *B. burgdorferi* spirochetes at some point in the past.

Of the 53 ticks collected, only 3 were *Ixodes angustus* capable of transmitting Lyme disease; none of the ticks were positive for the *Borrelia burgdorferi* spirochete.

"The findings are in some ways reassuring," stated Parker. "Most of the ticks in the interior are of a type (*Dermacentor andersoni*) not known to transmit Lyme disease. Even in areas like coastal BC where the *Ixodes* ticks are more common, surveys have found that only between 0.2-1.0% of those ticks have the Lyme disease spirochetes."

Lyme disease can be a serious illness for anyone contracting it, so routine precautions while hiking are advisable, and early diagnosis is important as effective antibiotic treatment is available.

"This new finding doesn't change the advice we have routinely been giving the general public," said Dr.

Parker.

"People should take measures to prevent tick bites wherever in BC they are hiking out of doors during the spring, summer and fall."

This BCCDC research project is one of several in an ongoing effort to determine the areas of BC most at risk for Lyme disease.

These results confirm earlier studies which show that Lyme is present in several areas of the province but that the ticks carrying the disease are still rare.

The BCCDC reports the ticks present in BC that are able to transmit Lyme disease causing pathogens are the western black-legged tick (*Ixodes pacificus*) and more rarely, *Ixodes angustus*.

Recently *Ixodes auritulus*, an avian tick species also have been found to carry Lyme disease spirochetes. This study as well as others in BC over the past years shows that although *I. pacificus* and *I. angustus* can be a vector of Lyme, neither are able to transmit nearly as well as the ticks present in other

parts of Canada.

Three to five cases of Lyme disease in humans are reported to public health each year in BC. The best protection from this disease is to wear appropriate clothing when walking or working in areas where ticks may be present.

Particularly during the months from May to November, any one spending time outdoors in tall grass or wooded areas should take precautions to prevent tick bites. To prevent tick bites the following measures are strongly recommended:

- Walk on cleared trails;
- Wear a hat, long sleeves and pants and light colored clothing;
- Tuck pant legs into socks or boots;
- Use an insect repellent containing DEET on clothing and exposed skin.

Healthfiles with more information on Lyme disease are available at your local public health office or online

at: <http://www.bchealthguide.org/healthfiles/hfile01.stm>

living past 100

Make guilt-free resolutions

After the indulgence of the holidays, many people make New Year's resolutions in reaction to too much high living.

Resolutions are a form of promising yourself greater self-discipline, which can be a very good thing, but often the outcome of ambitious resolutions is not healthy.

The worst thing about making strict resolutions is the potential for failure and guilt. If you cannot meet your own expectations, you could feel like a failure and suffer guilt. These are not healthy emotions. There is nothing like guilt to drag you down into the pits of self-loathing. These feelings are really dangerous for your immune system.

Make resolutions you are fairly sure you can keep. The self-discipline aspect is good for you, especially if it leads to success. The good feeling of success boosts the immune system.

How can you do this?

Make a resolution to "try" to achieve a goal. Don't make it a statement like "I will do such and such" but rather "I will try to do such and such". You can feel good about the effort of trying.

Sometimes we make resolutions that have no foundation in reality, and we are sure to fail. Be realistic in what you expect to achieve.

There is an old saying, "Nothing succeeds like success." This means the more you experience success, the more success you can achieve. Aim at making a success of small resolutions, and you will be able, next year, to take on tougher goals.

Have a great Christmas and a successful new year.

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COFFEE MUG CHRONICLES

Girl Pumps Up Her Resolutions



Samantha Wittingham, 20, is the youngest of eight children. Her siblings range in age from 22 to 48 and all of them are married with large families of their own. This doesn't bother Samantha as she still hasn't found the 'right guy' to spend the rest of her life with, nor is she in any hurry to do so. Besides, her life is very busy with schooling as Sam plans to become a veterinarian. She's owned pets as far back as she can remember, and she has cared for other pets, so it was a natural choice of a career for her. The only problem Samantha has is that she's thin. It's never really bothered her as much as the teasing she used to get as a kid. She tried a lot of different ways of 'bulking up' but only managed to add a pound or two. She currently weighs 102 pounds - although she says she weighs closer to 115! Then one day she happened to be in the hair salon getting a trim and flipping through a magazine while waiting her turn. The magazine contained an article about a girl just like Samantha. The girl started a light weight training program which not only toned her muscles, it added some bulk to her body which helped to increase her weight - slightly. Samantha thought this was a good idea and when she got home she started using the tips she found in the magazine. But she had nothing to use for resistance training until she remembered the FREE coffee mug she received from her new one-year subscription to the Similkameen News Leader. The mug changed her life, it could change yours!

Purchase a NEW One-Year Subscription to the News Leader today, get a Limited Edition News Leader Coffee Mug FREE!

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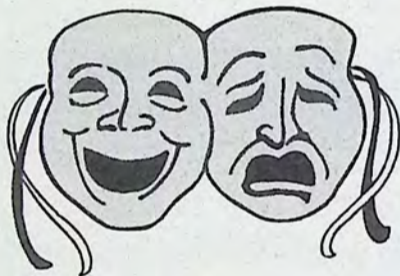
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Princeton Theatre Meeting



Construction will soon begin on the new Riverside Stage!

Get in on the ground floor and come out
and support our new theatre group.

NEXT MEETING: 7:00 PM Monday, January 9th
Riverside Gym

EVERYONE WELCOME!

ELECTION PLUS NAMING OF THE GROUP,
Bring Your Suggestions!

Otter Valley Fish & Game Club

ANNUAL GENERAL MEETING

AND

ELECTION OF OFFICERS

12:00 PM Saturday, January 7th

At The Clubhouse, Tulameen

** POTLUCK LUNCH **

MEMBERSHIPS DUE:

\$30 Single / \$60 Family (includes NFA Insurance)



Princeton Posse players attended a fundraiser December 21st at Princeton Dairy Queen. Joan Bush of 'Joan Bush Photo Treasures' in Cawston took photos of players with fans. Above, the team poses with Dairy Queen owners John and Lorraine Babiak.

Evans comes to Princeton

NDP MLA for the Riding of Nelson/Creston Corky Evans will be in Princeton to speak to concerned citizens.

His presentation, titled 'The Canada We Want' will be made on Sunday, January 8th at Princeton Legion Hall beginning at 1:00 PM.

The News Leader spoke with Evans last week on two issues of concern in the Princeton area - health care and resource development.

Evans, who lives in Winlaw, about 50-kilometres from Castlegar, has strong feelings on how health care is currently being delivered to Canadians.

"I think what has happened across Western Canada the politicians have given up on the idea of care where we live."

Evans says centralization has had a profound affect on the delivery of services. He says it's been good for specialists who provide the ser-

vice, but has been harmful to those who need the services.

"We've paid for it with services being withdrawn from where you live. It is not care. Canadians need to decide if they want to actively intervene in order to stop losing control to the experts."

Evans, who has spent many years earning a living from natural resources, also told the News Leader his feelings on coalbed methane development and the use of coal for the generation of power.

"I've always been in favour of resource-based development, however, I am quite concerned about the technology of both as

ours is the generation where water and environment are important issues. Climate change is an issue of debate."

Evans pointed to other existing developments in Canada and the United States as reasons to be careful.

"As far as coalbed methane goes, BC is really going to have to invent the best technology in the World or leave it alone."

Evans is being brought to Princeton as a joint effort of CUPE Local 847, CUPE Local 608, Steelworkers Local 1-423 and Princeton District Teachers Union and has been described by organizers as an interesting speaker.

Old fire hall goes up for rent

The old fire hall, which was used as the cultural centre for several years, is going up for rent or lease. The building is still used during winter months by Princeton Rifle and Revolver Club. The club has a target range at one side of the building.

Town Council received an offer

from a local business.

At the December 19, 2005, meeting, Council members did not feel it would be right to accept the offer of \$50 a month plus utilities as it is a publicly owned building.

The site will be advertised to see if anyone else is interested in renting or leasing the premises.

Baby born on highway

by Dennis Walker,
Giant-FM Newsroom

The Lewis Family of Princeton were all over the news around BC last week after mother Jessica Obey gave birth to a baby high above Skaha Lake on Highway 97 near the viewpoint just South of Pentiction.

Father Dion Lewis handled the birth with instructions from the phone in a 9-1-1 call.

"I could see his mouth and everything and I kept telling Jessica to push, push, push and

then finally it completely came out."

Without the right instruments, Lewis tied the umbilical cord with a shoe lace because that's all that was handy.

Baby Mitchell and mom are fine in Pentiction Hospital.

Interior Health says they will investigate why Princeton Hospital, which no longer handles births, was not more helpful to the couple when they first stopped into the emergency ward before heading to Pentiction.



OAP Branch 185 Treasurer Ruth Goodfellow with Children's Hospital donation.

Princeton OAPO donates \$\$\$

Last Friday, December 30th, Princeton Similkameen Old Age Pensioners Organization (OAPO) Branch 185 Treasurer Ruth Goodfellow stopped into the News Leader office to share some incredibly good news with us.

She was about to send off an annu-

al donation cheque to BC Children's Hospital Foundation from the local pensioners group.

"On behalf of the Bingo players and the Princeton OAPO, once again we are pleased to issue to you a cheque for the amount collected from the 50/50, plant sales, local

draws and local fines (for those not wearing their name tags) which totals \$1,247.75. Also enclosed is a cheque from Branch 185 of the OAP for \$300.00 making a grand total to the BC Children's Hospital Foundation \$1,547.75," explains the letter that accompanied the cheque.

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Princeton Curling Club

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Thursdays 3:30 - 4:30 PM

Fee: \$20.00 Per Player - 24 Person Limit

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Call Wanda Marshall 295-3319

Changes to residential curbside garbage and recycling service coming January 1st!

New Curbside Recycling Pilot

For: Residents of Cawston, Keremeos, Hedley, Olalla, Okanagan Falls, Twin Lakes, Village of Keremeos, Town of Oliver, and Rural Oliver,

New! Recycle ALL PLASTICS (except Styrofoam) in your blue bags!

NEW!

Glass is OUT of blue bags January 1st!

Separate pickups for glass will occur approximately once per month.

Glass: Provide your own reusable rigid container
See curbside calendar for collection dates



Watch your mailbox for your new curbside calendar with all the details, or visit the Regional District website.

For more information, contact the RDOS.
Phone: 490-4129
Toll free: 1-877-310-6767
Website: www.rdos.bc.ca



We enjoyed a balmy Christmas! After weeks of cold weather, Christmas arrived with a "Pineapple Express", a warm air mass from the south. Snow melted, the ice went out of the river, and people enjoyed the warmer temperatures. For those residents who expect some of the worst weather to occur during the Christmas holidays, this year was a pleasant change from the ordinary.

Green Party leader visits riding

The Scott Leyland MP Campaign announced last week that Jim Harris, national Leader of the Green Party of Canada, will campaign in British Columbia's Southern Interior on January 5th.

"We're excited that the Federal Party has seen this Riding as a priority in this election," said Val Roy, Campaign Manager for the Leyland campaign.

"Jim Harris is being pulled in many directions by candidates in 308 Ridings across Canada in this short holiday season election. We believe the voters of the Southern Interior are ready to support the Green Party in this election and it seems that the Party leadership agrees that this Riding may likely send one of our first Green MPs to Ottawa."

Jim Harris is a Toronto native and best selling author who has been active with the Green Party for seventeen years.

Harris has offered himself for public office at the municipal, provincial and federal levels.

He came to the Party as an "ecological conservative" motivated "to create a positive future for future generations."

He was elected Party Leader in 2003. Harris went on to lead the Party's first full slate of 308 candidates for the Parliament in Ottawa that year.

The Green Party took nearly 600,000 votes across the nation in that election.

The Leyland campaign is arranging transportation by charter flight from Kelowna to Nelson to Grand Forks, then overland back to Kelowna.

Council okays wood burn

After a two-week delay, during which Council considered the request, Aspen Planers has been granted permission to burn wood waste at the former Mego Woods site. A proviso was added: it must

meet environmental standards for venting and control.

This wood, which is free to the public for use as stove fuel, has piled up to the point where it must be moved or burned.

Mayor will go to mine roundup

Mayor Randy McLean will attend the annual BC & Yukon Chamber of Mines conference in Vancouver on January 24, 2006. Mayor McLean said he likes to go to the B.C. day of the conference to learn

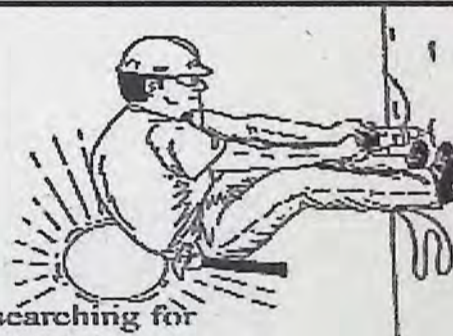
the current state of mining and mine exploration in B.C. At this time, there is an upswing in mining and exploration in B.C. Mayor McLean wants to know what the prospects are for the Similkameen.

Council reviews water, sewer rates

As is customary before the new year, Town Council considered whether to raise water and sewer rates. Councillors Jim Manion and

Pam Jones, in charge of water and sewer respectively, advised Council there was no need to raise the rates for 2006.

Help Wanted

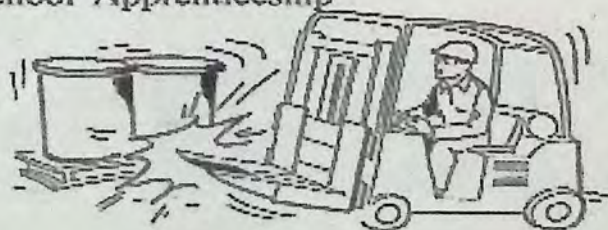


Princeton Secondary School is currently searching for Certified Trades individuals to expose students in the areas of:

- | | |
|----------------------|---------------------|
| Automotive | Heavy Duty Mechanic |
| Carpentry | Masonry |
| Cook Training | Millwright |
| Cosmetology | Plumbing |
| Electrician | Welding |
| Construction/Framing | Metal Fabrication |



Students would be required to work 480 hours and potentially receive 16 credits toward their graduation requirements. If you are interested in providing your expertise to grade 11 or 12 students in any of these areas, please call Mr. Bill Lawrence: Principal, or Mr. John Kitts Secondary School Apprenticeship Co-ordinator at 295-3218



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weekly entertainment guide

TUESDAY, JANUARY 3, 2006 THROUGH MONDAY, JANUARY 9, 2006



Sicamous forward skates up the ice with the puck as the Eagles attacked Princeton's goal during their December 21st contest at Princeton Arena. Despite playing a good game, the Posse lost the match.

Sicamous Eagles claw the Posse

Princeton Posse hosted Sicamous Eagles on December 21st, in a rare mid-week home game.

The contest, billed as a 'Teddy Bear' game where fans were encouraged to toss stuffed animals on the ice when Princeton scored their first goal, was not really a contest at all.

Sicamous - the league-leading team - displayed skills and moves that proved why they were on top of the standings.

The Posse played a great game,

but just could not get the puck in the net.

The Eagles scored three times in the first period and three more times in the second period.

A highlight of the game occurred during the second intermission when the draw was made for an autographed Trevor Linden Vancouver Canucks hockey jersey.

Princeton's Atoms earned \$1,200.00 in proceeds from the sale of raffle tickets for the prize, which was won by Barb Gould.

As for the hockey game, Sicamous added two more goals in the first eight minutes of the third

period to lead the game with a score of 8 to zip.

Those with teddy bears were getting anxious to toss them at anyone when Princeton's Conner McGarry finally put Princeton on the board at 7:16. Assists went to David Wyman and Brad Davis.

The ice surface was flooded with stuffed animals and Posse players gathered them quickly and play resumed.

Sicamous added two more goals to finish the game with a 10 - 1 win.

On the upside, shots on goal were 32 for Princeton and 30 for Sicamous.

Weather?

Updated Hourly...

Road Reports?

Updated Daily...

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Princeton Posse

KIJHL Hockey

2005-2006 Season Schedule

- JAN 4 - 7:30 PM - Summerland
- JAN 6 - 7:30 PM - Sicamous
- JAN 7 - 7:30 PM - Kimberley
- JAN 13 - 7:30 PM - @ Summerland
- JAN 14 - 7:30 PM - @ Beaver Valley
- JAN 20 - 7:30 PM - Osoyoos
- JAN 21 - ALL-STAR GAME**
- JAN 27 - 7:30 PM - @ Revelstoke
- JAN 29 - 2:00 PM - @ Osoyoos

- FEB 3 - 7:30 PM - Revelstoke
- FEB 4 - 7:30 PM - @ Osoyoos
- FEB 10 - 7:30 PM - Summerland
- FEB 11 - 7:30 PM - Sicamous
- FEB 15 - 7:30 PM - Summerland
- FEB 17 - 7:30 PM - Revelstoke
- FEB 18 - 7:30 PM - @ Osoyoos
- FEB 24 - 7:30 PM - @ Sicamous
- FEB 25 - 7:30 PM - Sicamous

Princeton Figure Skating Club "Skater of the Week"



Alexa Musgrove
Senior Skater

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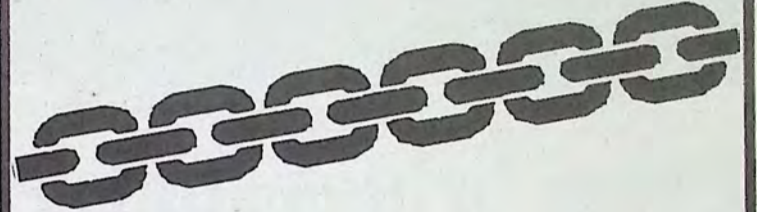
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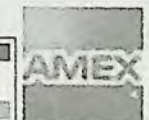
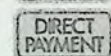
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Posse players collect teddy bears thrown on ice during the December 21st game.

Posse brings smiles to children

Although the Princeton Posse lost their last game before the Christmas break to Sicamous Eagles, the boys did at least two good deeds to help the less fortunate.

Players were in attendance at Princeton Dairy Queen December 21st for fans to pose for photos. Although only a few took advantage of the unique gift idea, Posse players cheerfully provided table service to restaurant patrons.

The hockey game that night was billed as a 'teddy bear' night where fans were encouraged to toss stuffed animals on the ice when Princeton scored their first goal of the game.

Fans had to wait until midway through the third period for their opportunity to cover the ice surface with bears. Around 75 stuffed animals were collected and donated to the Princeton Crisis Assistance Society's Christmas Hamper Fund.

John Babiak, of Princeton Dairy Queen, had donated numerous toys earlier in the week, collected as part

of his restaurant's Angels Anonymous program. He approached the team about the Teddy Bear idea and received support from the Posse, Princeton Recreation Commission, Princeton Crisis Assistance Society and

Crib tourney results

Thirty teams turned out for the second annual Betty Preston Memorial Crib Tournament Sunday, December 4th in the Legion Lounge. After ten games of crib everyone enjoyed soup and sandwiches. Thanks to Steve Jaster and Sharon Paterson for the soup and Jean Borud, Cecile Anderson, Sharon Paterson and Laura Haw for the sandwich fillings. All these people donated their time, a big thanks again. Chuck Whitlock always helps out.

Prizes for our raffles are purchased with two exceptions. Judy Walls donated two tins of her homemade baking and Bernadette Kelleher

Similkameen News Leader. Babiak's 'Meet The Posse' photo-op was also organized as a fundraiser, but in support of the hockey team. Joan Bush of Joan Bush Photo Treasures in Cawston took the photos.

donated two beautiful baskets full of all kinds of stuff with Laura Haw donating some of her knitting to go in them. Thanks so much everyone!

Bob Borud was our new ticket seller and he did an excellent job. Thanks, Bob! Cecile Anderson also donated her time to help Kim tally crib scores and double check them. Thanks, Cec!

- Mary Gunn was on hand to present the trophy to winners Dave Daponte and Al Ince with 2252 and \$400.00 First Prize. The rest of the winners were: 2nd - Ron White and Kim Herzig, 2218 (\$200.00)
- 3rd - Jack Powell and Joe Beausoliel, 2206 (\$150.00)
- 4th - Gerhard Krehmer and Bing Wong, 2197 (\$100.00)
- 5th - Andy Wynsouw and Del Hall, 2179 (\$50.00)

Side pots paid \$20.00 each. If there was more than one, cards were cut with King being high to determine the winner of the pot.

- 18 Hand - Ron White (6 people)
- 22 Hand - Alice Atkins (2 people)
- 28 Hand - Lorri Gerun (2 people)
- Crib Flush - Marg Brice (6 people)
- 4 of a Kind - Dave Daponte (3 people)
- Ed Albright and Corrie Smith got the free entry into the next tournament with low total for the day with 2052. Thanks for everyone's help. We couldn't have these tournaments without our volunteers.

- submitted by Kim and Ron



Posse Coach Dale Hladun was 'Santa Duner' at the December 21st game against Sicamous.

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tuesday movies

- MORNING**
- 7:00 am WTBS (3) ★★ "Analyze That" (2002, Comedy) Robert De Niro. A mobster is released into the custody of his ex-psychiatrist and becomes a consultant on a Mafia-themed TV show. (D)
 - 10:00 am CITY (29) ★★½ "Masterminds" (1997, Suspense) Patrick Stewart. A resourceful teen plays a cat-and-mouse game with the terrorists who have seized control of his stepsister's school. (D)

- AFTERNOON**
- 1:00 pm YTV (18) "The Care Bears: Big Wish Movie" (2005, Adventure) Voice of Stephanie Beard. Animated. Wish Bear's plans go awry when she wishes for some new friends. (In Stereo) (D)

- EVENING**
- 8:30 pm WTBS (3) ★★★ "City Slickers" (1991, Comedy) Billy Crystal. The arrival of his 39th birthday prompts an executive and his buddies to hit the trail for a two-week cattle drive. (D)

- 10:06 pm CITY (29) ★★ "On Hostile Ground" (2000, Action) John Corbett. The lives of thousands of Mardi Gras revelers are at risk from a sinkhole that threatens to swallow New Orleans. (D)
- 11:00 pm WTBS (3) ★★ "Analyze That" (2002, Comedy) Robert De Niro. A mobster is released into the custody of his ex-psychiatrist and becomes a consultant on a Mafia-themed TV show. (D)

Weather?
Updated Hourly...

Road Reports?
Updated Daily...

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wednesday movies

- MORNING**
- 7:00 am WTBS (3) ★★★ "City Slickers" (1991, Comedy) Billy Crystal. The arrival of his 39th birthday prompts an executive and his buddies to hit the trail for a two-week cattle drive. (D)
 - 10:00 am CITY (29) ★★ "Robin Cook's Virus" (1995, Suspense) Nicollette Sheridan. Based on Robin Cook's tale of a medical researcher who finds a conspiracy as she tracks the origin of a lethal plague. (D)

- AFTERNOON**
- 1:00 pm YTV (18) ★½ "Charlotte's Web 2" (2003, Adventure) Voices of David Beron. Animated. Zuckerman's famous pig, Templeton the rat and Charlotte's three daughters try to save a lamb. (In Stereo) (D)

- EVENING**
- 6:00 pm CITY (29) ★★ "Human Trafficking" (2005, Crime Drama) (Part 2 of 2) Mira Sorvino. Law enforcers commit themselves to stopping the enslavement of women and children. (D) (DVS)
 - 8:00 pm VTV (22) "One Dead Indian" (2006, Docudrama) Premiere. A man investigates the death of his brother, an American Indian protester gunned down by police in 1995. (In Stereo) (D) (DVS)

- 8:30 pm WTBS (3) ★★ "Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Based on the book by Rebecca Wells. Old friends share stories of their youth to mend a mother and daughter's rift. (D)
- 10:06 pm CITY (29) ★★ "Human Trafficking" (2005, Crime Drama) (Part 2 of 2) Mira Sorvino. Law enforcers commit themselves to stopping the enslavement of women and children. (D) (DVS)
- 11:00 pm WTBS (3) ★★½ "Forces of Nature" (1999, Romance) Sandra Bullock. A groom-to-be has second thoughts about his upcoming nuptials during a detour-laden journey with a free-spirited woman. (D)

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RE/MAX PUTTING HEART INTO OUR COMMUNITY

TUESDAY, JANUARY 3, 2006

Table with 19 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 12 rows (6 AM to 11 PM) listing TV programs and their broadcast times.

WEDNESDAY, JANUARY 4, 2006

Table with 19 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 12 rows (6 AM to 11 PM) listing TV programs and their broadcast times.

Regular Meetings

* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
 * Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
 * Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 St Citizens Hall 162 Angela Avenue
 * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
 * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
 * Hedley Library open 2-7pm Thursdays
 * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
 * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
 * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
 * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
 * Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
 * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
 * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night
 * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
 * Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
 * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
 * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.
 * Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
 * Princeton Area BEA meets the 3rd Thursday of the month. 7:00 PM, Skills Centre.

Similkameen News Leader Community Calendar

JANUARY

- 3 - Schools re-open after Winter Break
- 4 - Princeton Posse Game vs. Summerland, 7:30 PM
- 6 - Princeton Posse Game vs. Sicamous, 7:30 PM
- 8 - Tykes Fun Day, Arena
- 13, 14, 15 - Bantam Hockey Tournament, Arena
- 21 - KIJHL All-Star Game, Princeton Arena
- 30 - PSS PAC Meeting, 7:00 PM

FEBRUARY

- 3 - Princeton Posse Game vs. Revelstoke, 7:30 PM
- 3, 4, 5 - Mens Curling Bonspiel, Princeton Curling Club
- 10 - Princeton Posse Game vs. Summerland, 7:30 PM
- 11 - Princeton Posse Game vs. Sicamous, 7:30 PM
- 14 - Valentine's Day
- 15 - Princeton Posse Game vs. Summerland, 7:30 PM
- 17 - Princeton Posse Game vs. Revelstoke, 7:30 PM
- 17, 18, 19 - Ladies Curling Bonspiel, Princeton Curling Club
- 25 - Princeton Posse Game vs. Sicamous, 7:30 PM
- 27 - PSS PAC Meeting, 7:00 PM

MARCH

- 4, 5, 6 - Mixed Curling Bonspiel, Princeton Curling Club

APRIL

- 14 - Good Friday
- 17 - Easter Monday
- 24 - PSS PAC Meeting, 7:00 PM
- 27 - PSS Family Fair

Check our 'Events Calendar' at www.thenewsleader.ca for more events and meetings in the Similkameen!

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

thursday movies

MORNING

7:00 am WTBS (3) ★★ "Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Based on the book by Rebecca Wells. Old friends share stories of their youth to mend a mother and daughter's rift. [E]
 10:00 am CITY (29) ★★ "Roustabout" (1964, Musical) Elvis Presley. A singing handyman learns the meaning of true love while bringing a carnival back from the brink of financial ruin. [E]

AFTERNOON

1:00 pm YTV (18) "Heidi"
 5:00 pm CITY (29) ★ "The Hot Chick" (2002, Comedy) Rob Schneider. Premiere. A cheerleader and an uncouth thief magically switch bodies and must find a way to reverse the spell. (In Stereo) [E]
 WGN (38) ★★ "Necessary Roughness" (1991, Comedy) Scott Bakula. A college football coach recruits a 34-year-old farmer in an unconventional plan to rebuild his downtrodden team. (In Stereo) [E]

EVENING

6:00 pm WTBS (3) ★½ "Down to Earth" (2001, Comedy) Chris Rock. A black comic who met an untimely death is sent back to Earth and given the body of an older white tycoon. [E]
 8:00 pm WTBS (3) ★★ "Set It Off" (1996, Drama) (PA) Jada Pinkett. Four inner-city women resort to bank robbery to improve their lot after the system deals each of them a hard blow.
 FOX (25) ★ "The Hot Chick" (2002, Comedy) Rob Schneider. Premiere. A cheerleader and an uncouth thief magically switch bodies and must find a way to reverse the spell. (In Stereo) [E]
 10:06 pm CITY (29) ★★ "Palmetto" (1998, Suspense) Woody Harrelson. Released after two years in a jail, a framed reporter helps a blonde and her daughter with a kidnapping scheme.
 10:30 pm WTBS (3) ★½ "Down to Earth" (2001, Comedy) Chris Rock. A black comic who met an untimely death is sent back to Earth and given the body of an older white tycoon. [E]

friday movies

MORNING

7:00 am WTBS (3) ★★ "Set It Off" (1996, Drama) (PA) Jada Pinkett. Four inner-city women resort to bank robbery to improve their lot after the system deals each of them a hard blow.
 10:00 am CITY (29) ★ "The Hot Chick" (2002, Comedy) Rob Schneider. Premiere. A cheerleader and an uncouth thief magically switch bodies and must find a way to reverse the spell. (In Stereo) [E]

AFTERNOON

1:00 pm YTV (18) ★★ "The Rugrats Movie" (1998, Adventure) Voices of E.G. Daily. Animated. Tommy and his plucky pals go on a forest adventure in his father's latest invention, the Reptar Wagon. (In Stereo) [E]
 5:00 pm WGN (38) ★★ "Fast Break" (1979, Comedy) Gabe Kaplan. A deli clerk is given the chance to organize a group of diverse characters into a winning basketball team.

EVENING

6:00 pm WTBS (3) ★★ "Sister Act" (1992, Comedy) (PA) Whoopi Goldberg. A Reno lounge singer-turned-murder witness transforms a group of singing nuns into an unconventional convent choir. [E]
 CITY (29) ★★ "Jackass: The

Movie" (2002, Comedy) Johnny Knoxville. Premiere. Knoxville and the rest of the cast from the MTV series "Jackass" perform more outrageous stunts and gross-out gags. [E]
 7:30 pm FAM (26) ★★ "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A teen perpetrates a series of elaborate deceptions to ensure that he and two friends spend a carefree day in Chicago.
 8:05 pm WTBS (3) ★★ "Corrina, Corrina" (1994, Comedy-Drama) Whoopi Goldberg. A vivacious black housekeeper brings happiness back into the lives of a Jewish widower and his troubled young daughter. [E]
 9:03 pm FAM (26) ★★ "Pop Rocks" (2004, Comedy) Gary Cole. Premiere. A former heavy-metal star tries to keep his past a secret while he rehearses for a reunion concert.
 10:06 pm CITY (29) "Love Me Twice" (1996) Monique Parent. A public defender encounters corruption and danger as he searches for his innocent client's identical twin sister. [E]
 10:36 pm FAM (26) ★★ "8 Heads in a Duffel Bag" (1997, Comedy) Joe Pesci. A mob messenger's luggage containing grisly contents is mistakenly switched with a med student's bag at an airport.

Horoscopes

January 4-11, 2006

Aries - This week could bring you financial gain as a result of benefit from somebody else. This could mean an inheritance, a loan you need or a gift. You enjoy making plans.
Taurus - You can expect some good news this week in regard to travel. If you have travel planned to a distant place, the trip will go smoothly. Don't daydream about career - focus on fact.
Gemini - Face it, this is not your best time of year. You are beset with worries and you don't feel well. Spend time squaring away your financial situation, ready for tax time.
Cancer - Partnerships are your focus now, and they will run smoothly. Plans still seem to go awry in a big way, but you can make gains. Listen to partner, friend. Their news is important.
Leo - You need to take good care of your health for the next three weeks. Guard against colds, flu, and fevers. Do not postpone visit to doctor if ill. Check for aging problems.
Virgo - You may feel like cleaning or decorating your home at this time, and you could make a very good job of it. Short trips are troublesome, but you can gain from them. Listen to news.
Libra - This is a challenging time for you at home. You may see your plans going nowhere and have problems with shared resources. Check insurance, investments, taxes.
Scorpio - You are still full of the holiday spirit, but duty calls you back to work and you really don't feel like it. The fact is, you feel lazy and want to play. Get over it! Get back to work!
Sagittarius - You put a lot of mental effort into plans to upgrade your knowledge now. Finances are good, job is busy, frustrating. Guard against absentmindedness.
Capricorn - You are in your element and this week is all about you, your interests, and improving your public image. Plans are important - do the work! This is the time for real effort on goals.
Aquarius - You tend to retreat into yourself this week, but career and family problems will boost you out of your rut. You can take favourable action by speaking your inner self.
Pisces - You enter a very good couple of weeks. You are busy but action brings benefits. Be very careful while driving. Take action to learn more. Bite your tongue - you may say too much.

Online Classified Ads:

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Similkameen News Leader Recipe Corner (Recipe #96)

Fruit Salad

(From the Vi Engel Collection)

- 2 eggs, beaten
- 4 tbsp. sugar
- 4 tbsp. vinegar

Cook ingredients until thick in a double boiler.

Add: - 2 tbsp. butter or margarine

Cool all ingredients then add 1 large can of fruit cocktail (no juice), 1 can pineapple chunks (no juice), 1 can mandarin orange slices (no juice), 2 cups mini marshmallows, 1/4 tsp. salt, 1 cup whipped cream (Vi prefers to use 2 packages of Dream Whip and 1 cup milk mixture). Refrigerate 24 hours. Vi says she puts the fruit into a serving bowl, adds the custard then the whipped cream. Mix together.

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

THURSDAY, JANUARY 5, 2006

Grid of TV schedules for Thursday, January 5, 2006, listing channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CIVT, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and programs (e.g., Dawson's Creek, News, The Price Is Right, Friends, Seinfeld, etc.) with time slots.

FRIDAY, JANUARY 6, 2006

Grid of TV schedules for Friday, January 6, 2006, listing channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CIVT, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and programs (e.g., Dawson's Creek, News, The Price Is Right, Friends, Seinfeld, etc.) with time slots.

saturday movies

MORNING

7:10 am WTBS (3) ★★½ "Pay It Forward" (2000, Drama) Kevin Spacey. A disfigured teacher's classroom assignment inspires a boy's attempt to change the world through altruistic acts. (E)

9:45 am WTBS (3) ★★½ "Unfaithful" (2002, Drama) (PA) Richard Gere. A man becomes increasingly distraught after he discovers his wife is having an affair with a Frenchman. (E)

AFTERNOON

12:00 pm FAM (26) ★★½ "Alr Bud: Seventh Inning Fetch" (2002, Adventure) Kevin Zegers. The sports-loving golden retriever goes to bat for the Anaheim Angels while sniffing out kidnappers. WGN (38) ★★ "The Soul Collector" (1999, Fantasy) Melissa Gilbert. Banished to Earth for one month, an errant spirit discovers the complicated realm of human emotions. 12:30 pm WTBS (3) ★★ "Sister Act"

(1992, Comedy) (PA) Whoopi Goldberg. A Reno lounge singer-turned-murder witness transforms a group of singing nuns into an unconventional convent choir. (E)

1:00 pm CITY (29) ★★½ "The Truman Show" (1998, Comedy-Drama) Jim Carrey. An unwitting man's life is arranged for him, captured on hidden cameras and broadcast internationally. (E)

1:33 pm FAM (26) ★★ "Invisible Dad" (1997, Comedy) Daran Norris. After an inventor turns himself invisible, his son attempts to reverse the procedure. 2:30 pm WTBS (3) ★★½ "Overboard" (1987, Comedy) Goldie Hawn. An Oregon carpenter takes advantage of an amnesiac millionaire by convincing her that she is really his wife. (E)

4:00 pm YTV (18) ★★½ "Teenage Mutant Ninja Turtles" (1990, Adventure) Judith Hoag. Premiere. Four wisecracking superturtles battle martial artists terrorizing New York. Based on the comic-book characters. (In Stereo) (E)

5:00 pm WTBS (3) ★★½ "Save the

Last Dance" (2001, Drama) Julia Stiles. A former ballet student gets a dose of hip-hop culture after she enrolls in an urban Chicago high school. (E)

EVENING

6:00 pm CITY (29) ★★ "Blade" (1998, Action) Wesley Snipes. A half-human, half-vampire superhero hunts down the brutal bloodsucking creature who infected his mother. (E)

7:00 pm WTBS (3) ★★½ "Sleepless in Seattle" (1993, Romance-Comedy) Tom Hanks. A Baltimore newswoman falls for a Seattle widower she hears on talk radio, thanks to his moppet son. (E)

8:00 pm KSPS (6) ★★½ "What's Up, Doc?" (1972, Comedy) Ryan O'Neal. Confusion over the ownership of four suitcases sparks the humor in Peter Bogdanovich's homage to screwball comedy. KREM (8) ★★ "Enough" (2002, Suspense) Jennifer Lopez. A woman on the run is forced to take drastic measures when her dangerously violent husband tracks her down. (In Stereo) (E)

9:00 pm KNOW (5) ★★½ "Jane Eyre" (1997, Romance) Samantha Morton. Based on the novel by Charlotte Bronte. An orphaned gov-

erness falls under the spell of her charismatic employer. YTV (18) ★★ "Hackers" (1995, Drama) Jonny Lee Miller. A group of high-tech teens accidentally uncovers a corporate embezzling scheme and attempts to crash it. (In Stereo) (E)

FAM (26) ★★½ "Top Gun" (1986, Drama) Tom Cruise. A maverick Navy pilot is forced to grow up during the course of a specialized training program in California. 9:15 pm WTBS (3) ★★½ "Made in America" (1993, Comedy) Whoopi Goldberg. An unlikely bond forms between a black woman and the white man who fathered her daughter via a sperm bank deposit. (E)

9:30 pm CITY (29) ★★½ "Everything You Always Wanted to Know About Sex (But Were Afraid to Ask)" (1972, Comedy) Woody Allen. Premiere. A series of comic sketches spoofs Dr. David Reuben's best-selling book and other assorted targets. 10:33 pm FAM (26) "Romy and Michele: In the Beginning" (2004, Comedy) Katherine Heigl. High-school graduates Romy and Michele want to leave Arizona behind and socialize with Hollywood's rich and famous. 11:30 pm WTBS (3) ★★ "Three Wishes" (1995, Drama) Patrick

Swayze. In 1955, a mysterious vagrant helps transform a young misfit into the star of a Little League Baseball team. (E)

CITY (29) ★★ "Blade" (1998, Action) Wesley Snipes. A half-human, half-vampire superhero hunts down the brutal bloodsucking creature who infected his mother. (E)

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For Information 250-3244

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Big Savings Zone 11:00 AM to 5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Savings Zone 10:00 AM to 5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Savings Zone 10:00 AM to 5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

6:30 am WTBS (3) ★★½ "Unfaithful" (2002, Drama) (PA) Richard Gere. A man becomes increasingly distraught after he discovers his wife is having an affair with a Frenchman. (E)

9:00 am WTBS (3) ★★½ "Sugar & Spice" (2001, Comedy) Marley Shelton. Members of a cheerleading squad decide to rob a bank to raise some quick cash for a pregnant cohort. (E)

A&E (9) ★★½ "Lean on Me" (1989, Drama) Morgan Freeman. A principal cleans up a drug-infested New Jersey high school with his own brand of enforced discipline. 10:00 am WGN (38) ★★½ "Eve's Bayou" (1997, Drama) Jurnee Smollett. Tensions heat up in a middle-class Louisiana family when a girl witnesses her father's infidelity. (In Stereo) (E)

10:45 am WTBS (3) ★★½ "Serendipity" (2001, Romance) John Cusack. Years after they tempted fate once too often, two destined lovers return to New York to find each other once again. (E)

AFTERNOON

11:00 am CHBC (4) "The New Beachcombers" (2002, Comedy-Drama) Jackson Davies. Based on the TV series. Friends try to save their favorite restaurant from demolition. (E)

CITY (29) ★★½ "Fun in Acapulco" (1963, Musical) Elvis Presley. A nightclub entertainer works as a lifeguard during the day and finds ample time for romance. (E)

AFTERNOON

12:00 pm FAM (26) ★★ "Crocodile Dundee" (1986, Comedy) Paul Hogan. An American reporter persuades a legendary Australian hunter to return with her to the wilds of Manhattan. WGN (38) ★★½ "Grand Canyon" (1991, Drama) Danny Glover. Racial tensions and societal differences complicate a white lawyer's friendship with a black tow-truck driver. (In Stereo) (E)

12:45 pm WTBS (3) ★★½ "Sleepless in Seattle" (1993, Romance-Comedy) Tom Hanks. A Baltimore newswoman falls for a Seattle widower she hears on

talk radio, thanks to his moppet son. (E)

1:36 pm FAM (26) "Magic in the Mirror" (1996, Fantasy) Jamie Renee Smith. A little girl discovers a magical world inside her grandmother's mirror where her imaginary friends come alive. 2:00 pm VTV (22) "We the Jury" (1996, Drama) Lauren Hutton. Heated discussions and differing factions emerge as a jury deliberates the fate of a celebrity accused of murder. (In Stereo) (E)

2:30 pm KTLA (27) ★ "Sphere" (1998, Science Fiction) Dustin Hoffman. A team of experts travels deep below the sea to search for a possible alien life form aboard an ancient spacecraft. (In Stereo) 3:00 pm WTBS (3) ★★ "Save the Last Dance" (2001, Drama) Julia Stiles. A former ballet student gets a dose of hip-hop culture after she enrolls in an urban Chicago high school. (E)

5:00 pm WTBS (3) ★★½ "Legally Blonde" (2001, Comedy) Reese Witherspoon. A golden-haired sorority queen vows to win back her ex-boyfriend by gaining admission to Harvard Law School. (E)

CITY (29) ★★ "Lara Croft: Tomb Raider" (2001, Adventure) Angelina Jolie. The virtual heroine seeks an ancient artifact that can control time

in this adaptation of the popular computer game. (E)

EVENING

6:00 pm YTV (18) ★★½ "A Very Brady Sequel" (1996, Comedy) Shelley Long. A greedy con man poses as Carol's long-lost first husband to locate a valuable artifact hidden in the Brady residence. (In Stereo) (E)

7:00 pm WTBS (3) ★★½ "Legally Blonde" (2001, Comedy) Reese Witherspoon. A golden-haired sorority queen vows to win back her ex-boyfriend by gaining admission to Harvard Law School. (E)

8:00 pm CHBC (4) ★★ "Bend It Like Beckham" (2002, Comedy) Parminder Nagra. An Anglo-Indian teenager does not tell her tradition-minded parents that she has joined a women's soccer team. (E)

9:00 pm WTBS (3) ★★½ "Sugar & Spice" (2001, Comedy) Marley Shelton. Members of a cheerleading squad decide to rob a bank to raise some quick cash for a pregnant cohort. (E)

FAM (26) ★★ "Throw Momma From the Train" (1987, Comedy) Danny DeVito. A timid man involves his writing teacher in plans to do away with his overbearing hag of a mother.

10:35 pm FAM (26) ★★½ "Bebe's Kids" (1992, Comedy) Voices of Faizon Love. Animated. Three lonely latchkey kids vent their frustrations. Based on late comic Robin Harris' stand-up routine. 10:45 pm WTBS (3) ★★ "Excess Baggage" (1997, Adventure) Alicia Silverstone. A teen's fake kidnapping scheme backfires when a thief steals her car while she is locked in the trunk. (E)


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SATURDAY, JANUARY 7, 2006

Table with 20 columns representing TV channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CIVT, YTV, TSN, VTV, DISC, FOX 41, FAM 26, KTLA 27, CITY 29, WGN 38) and 13 rows representing time slots (6 AM to 11 PM).

SUNDAY, JANUARY 8, 2006

Table with 20 columns representing TV channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CIVT, YTV, TSN, VTV, DISC, FOX 41, FAM 26, KTLA 27, CITY 29, WGN 38) and 13 rows representing time slots (6 AM to 11 PM).

MONDAY, JANUARY 9, 2006

Television schedule grid with columns for channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots (6 AM to 11 PM).

monday movies

MORNING

7:00 am WTBS (3) ★★ "Troop Beverly Hills" (1989, Comedy) Shelley Long. An idle rich woman's husband challenges her to lead their daughter's troop of campers.

EVENING

8:00 pm WTBS (3) ★★ "National Security" (2003, Comedy) (PA) Martin Lawrence. Two misfit security guards must stop arguing with each other long enough to nail a gang of murderous thieves.

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Let's Play Princeton Trivia!

Question:

Who were the Copperettes, Cookies, Brewnettes, Tulamaids, Storx and Short Circuits?

Last Week:

School District 58 (Nicola-Similkameen) was known as School District 17 before merging with Merritt.

www.princetonmuseum.com

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THE NEWS LEADER WORD SEARCH

Word search grid containing letters for finding words related to BC lakes.

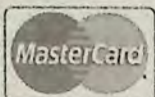
LET'S TALK ABOUT "BC LAKES"

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



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Robert (Bert) Jamieson

Who passed away January 6, 1996

Wonderful memories woven in gold,
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 Deep in our hearts
 Your memory is kept
 To have and to hold
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 apartment for rent near Town.
 Utilities + more. No pets,
 security deposit and refer-
 ences required. \$475/month.
 (250) 295-3691. Dec 20-Jan 06

notice

WANTED TO BUY
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 FOR MORE
 INFORMATION CALL RON
 AT PRINCETON
 OUTDOOR SUPPLY
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for sale

1991 Chevy S10 Ext-Cab, 4 x 4,
 4.3L, Auto., Air, tilt, cruise, Power
 Locks, Power Windows, 6-disc CD
 player, Alloy wheels, matching leer
 canopy, excellent shape. \$4,200.00
 OBO. Leave a message at (250)
 295-7956. Dec 13 - Jan 03

Firewood - 5 ton truckload of dry
 jackpine. Various lengths to fit any
 stove. In town: \$125.00. Out-of-
 town: extra. Livestock Bedding - 5
 ton load. Ground tree fibre. No
 splinters. (250) 295-4123. Dec 13 - Jan 03

New set of triple chains (10-hun-
 dred 20) with v-bar. \$200.00. (250)
 295-3613. Dec 13 - Jan 03

New Nepolian 17,000 BTU gas or
 propane fireplace. First \$500.00
 takes it. 1992 GMC X-Cab, air,
 cruise, 4WD, new brakes, new
 tires, don't burn oil! 240,000
 km. Good condition. No rust, must
 be seen. \$7,000.00 OBO. (250)
 295-7480. Dec 13 - Jan 03

1991 Dodge Caravan in good con-
 dition. Comes with good studded
 snow tires. \$1,200.00. (250) 295-
 3743. Dec 20-Jan

I'm interested in speaking with any-
 one who witnessed the glowing yel-
 low UFO that appeared near
 Hedley on September 12, 1976. I'm
 currently researching UFO sight-
 ings in the Hedley area for a two-
 page leaflet I plan to publish and
 sell sometime in the future.
 Information also requested on how
 to access my files from my comput-
 er (Commodore 64-A). If you can
 offer assistance of any kind to these
 matters, please call me at (250)
 295-1960 Monday to Friday
 between 8:00 AM and 1:15 PM.

Yard Work - Plus More!

I will do Yard Work - raking, snow shoveling,
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 Call Paul at (250) 295-1687 or 295-7820.

Oct 25th

services

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Jul 06-11th

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to give away

German shepherd, large male,
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 adoption to a good home. Has all
 vaccines. Will provide equipment.



For information contact kprochot-
 sky@hotmail.com or leave a mes-
 sage at (604) 739-2921. Dec 13-20

card of thanks

card of thanks

A BIG Thank You

From Annie & Rick Robinson of Cobden, Ontario

Our Wedding took place on Saturday, December 17th at the home of Ruth Kavanaugh and Gerry Greb, 140 Vermilion Avenue. Eric Goodfellow officiated at the service and Ruth and Gerry were our Attendants. Dave ("Mother") Rutherford, of Port Moody 'piped' us into the Wedding, the Legion, and Santos Restaurant in great style. The food and service was awesome! Our heartfelt thanks to all our new friends in Princeton for their love and best wishes and who have made us feel so 'at home.' Thanks also to Tony Muller for taking photos.

- Annie & Rick

notices

notices

General Meeting

The Princeton Interior Team is hosting a GENERAL MEETING on January 10, 2006 at 7:00 PM in the Council Chambers of Princeton Town Hall. This meeting is open to all past, present and future members of the Interior Team. Please come out and give your input into the future of this Team!
 Dec 20-Jan 3

Annual General Meeting

Princeton Ground Search & Rescue Society (GSAR) will host their Annual General Meeting and Election of Officers on Tuesday, January 10th at 7:00 PM in the Hospital Board Room.
 Dec 20-Jan 3

Classified Advertising Rates



25 words \$5.00 + GST
 Pay for 2 weeks and get the third week FREE!
 (.5¢ for each additional word)



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Payment methods accepted:

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



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for rent

for rent

for rent

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 LARGE LIVINGROOM,
 \$500/MO INCLUSIVE DRIVE
 BY 1088-7 MILE RD. TO
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Drive by then call Neil at
 295-6977 Mar 23-tfn

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 - 2-minute walk to
 downtown Princeton.
 - Some suites overlook
 Tulameen River!
 - Start at only
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Contact new resident manager
 (250) 295-4805

Mar 08-tfn

help wanted

for sale

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Hiring for full & part-time positions.
 Front of the house, back of the
 house. Experience not necessary.
 Drop off resume in Person at the
 Princeton Dairy Queen.

Jan 25-tfn

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 NO ANIMAL BY-PRODUCTS
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ORDER SOON FOR
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 LATE LAMB AVAILABLE SOON
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Jul 19-tfn

Yard Work - Plus More!

I will do Yard Work - raking, snow shoveling,
 roof raking, garden clean-up, etc.
 Call Paul at (250) 295-1687 or 295-7820.

Oct 25-tfn



PROVINCE OF BRITISH COLUMBIA
 MINISTRY OF FORESTS



BC TIMBER SALES TIMBER SALE LICENCE A74367

Take notice that, pursuant to Section 20 of the *Forest Act*, timber sale licence
 A74367 is being offered for sale by BC Timber Sales, Kamloops Business
 Area.

Closing Date: January 6, 2006
 Geographic Location: Ketchan
 Field Unit: Cascades Field Unit
 Estimated Volume: 53,052 m³, more or less
 Term: 24 months

Logging method: This timber sale licence has been designed for harvest using
 the conventional system. The use of other systems may be subject to the Forest
 Practices Code of British Columbia Act and its regulations.

Upset stumpage rate: The upset stumpage rate was determined by the market
 pricing system and is applicable only to coniferous green sawlog grades.

Upset Stumpage Rate / cubic metre for competitive volumes:

Timber Mark	Product	Volume	Rate
74367	Sawlog	53,052	\$39.29

Species percent:

Timber Mark	Species	%
74367	Lodgepole Pine	84%
74367	Spruce	13%
74367	Douglas-fir	2%
74367	Balsam	1%

This timber sale licence is fully developed.

Tenders will only be accepted from individuals or corporations registered as a
 BC Timber Sales Enterprise in Category ANY.

This licence is subject to, among other things, new maximum term limits and
 extension fee and surrender provisions.

Applicants are advised to carefully consider the impact of these changes when
 formulating their bids. Further information on these changes may be found in
 Advisory Bulletin 08/03/04.

Applications will be accepted by the Timber Sales Manager, Kamloops
 Business Area, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

There is additional material that the applicant must consider in their application.
 This material which includes application forms and other information about the
 TSL can be obtained from the above BC Timber Sales Business Area Office
 or via the Internet at: <http://www5.for.gov.bc.ca/notices/init.do>.

The Kamloops Business Area will no longer be relieving Licensees of their
 obligation to dispose of logging debris. This obligation will now rest solely
 with the licensee. Please ensure you check the applicable legislation for
 your legal obligations.

DID YOU KNOW THAT ONE CAT AND IT'S
 OFFSPRING CAN PRODUCE APPROXIMATELY
 420,000 KITTENS IN 7 YEARS?

SHOCKED? SO WAS I BECAUSE MANY OF THESE
 CATS AND KITTENS DON'T FIND HOMES AND
 BECOME A NUISANCE IN OUR COMMUNITY.

I think a start to solving this problem is to fix our cats.
 So I'm offering to help people with a donation of \$50 for a
 female and \$25 for a male cat...if you get your pet fixed.
 Contact Dawn at Princeton Bakery (295-6670) before
 your vet appointment so we can make arrangements.

SINCE JUNE 30th WE HAVE HELPED LOCAL PET
 OWNERS 'FIX' 3 FEMALE AND 2 MALE CATS
 WITH 2 MORE WAITING. THANK YOU, PRINCETON
 FOR SUPPORTING THIS IMPORTANT PROGRAM!

Silver Crest Housing

For Seniors 55 & Older
 Bachelor Suites, \$225/mo
 1-bedroom, \$300/mo

Contact: Alice Cook
 (250) 295-6136

Or Helen Gallagher
 (250) 295-3825

Jan 18-tfn (b)

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real estate

real estate



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All Classified Ads **must** be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



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ALCOHOLICS ANONYMOUS

Chamber of Commerce Basement
SUNDAY OPEN MEETINGS - 8 PM
(295-7931 / 295-7229)
WEDNESDAY CLOSED - 8 PM
(295-7931 / 295-7229)
SATURDAY OPEN - 7:30 PM
(295-3571)
TULAMEEN LIBRARY
FRIDAY OPEN - 8 PM (295-7005)
ALANON - HEALTH CENTRE
MONDAY 12 NOON
ARBOR HOUSE
WEDNESDAY 7:30 PM
(295-7005 / 295-3784)

BINGO HEDLEY OAPO #64

Wednesdays
5:30 PM

Play Safe - Gamble Responsibly
Lic. # 863877

KEREMEOS ELK'S & ROYAL PURPLE

Every Friday
Doors Open 5:30 PM
Elks Hall Keremeos

SMOKE FREE BINGO

notices

Narcotics Anonymous

OPEN MEETINGS
Thursdays 7:30 PM

160 Old Hedley Road
Baptist Church Basement
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Info: (250) 295-7919

SUNDAY AFTERNOON BINGO

In Hedley at the Chuchuwayha Hall

\$25. GUARANTEED MINIMUM
PAYOUT ON REGULAR GAMES
(\$50. DOUBLE - UP CARD)
PROGRESSIVE JACKPOT
MINIMUM \$1,000! PROGRESSIVE
POT OF GOLD MINIMUM \$500!
PROGRESSIVE LOONIE POT
MINIMUM \$100.
DOORS OPEN AT 9:00 AM
1st NUMBER CALLED AT 11:30 AM
FOLLOWED BY EARLY BIRDS,
REGULAR GAMES,
SPECIALS & CONCESSION

SEE YOU IN HEDLEY!

MONDAY NIGHT BINGO IN PRINCETON SENIOR CITIZENS BR. #30

162 Angela Avenue
4:30 PM Sales Start
5:30 PM 1st 47 Bonanza #s
SPECIALS, REGULAR GAMES, ODD &
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LOONIE POT, "LUCKY 7" WON EVERY
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Town of Princeton NOTICE

For impounded pets,
or to adopt pets,
please see the
Community Bulletin
Board at the corner
of Bridge Street
and Kenley Avenue.

INDIVIDUALLY PREPARED HOROSCOPE

Natural character
chart - \$25.

Basic chart plus
predictive - \$50.

Phone 295-6063

Completely confidential

Puppies & Kittens Available For You To Adopt

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Similkameen SPCA

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Mar 01-tfn

Princeton Believe It Or Don't Board Games are now available. I designed a Trivia Game about Princeton using facts, lies and rumours. If you'd like a copy send \$786.90 + GST to 'Princeton Believe It Or Not' Box 3, C/O this newspaper. If enough copies sell, I'll start a second edition.

notices

notices



BRITISH COLUMBIA
UTILITIES COMMISSION
ORDER
NUMBER G-139-05

TELEPHONE: (604) 680-4700
800 TOLL FREE: 1-800-963-0003
FACSIMILE: (604) 680-4122

IN THE MATTER OF
the Utilities Commission Act, R.S.B.C. 1996, Chapter 473

and

An Application by
Princeton Light and Power Company, Limited
for Approval of 2006 Revenue Requirement and
Pass-through of Increased Power Purchase Costs

BEFORE: L. F. Kelsey, Commissioner December 16, 2005

ORDER

WHEREAS:

- Princeton Light and Power Company, Limited ("PLP") filed on December 5, 2005 and amended on December 14, 2005, pursuant to the applicable provisions of the Utilities Commission Act ("the Act") and in particular Section 61(4), its 2006 Revenue Requirement Application seeking approval for increases in its Service Charges, Access Charges, and Energy Charges of 0.71 percent, 9.54 percent, and 5.9 percent, respectively, effective January 1, 2006 ("the Application"); and
- The Application was predicated in part by the purchase of the energy component from its supplier, FortisBC Inc. ("FortisBC"), and the pass-through of those costs to PLP customers; and
- FortisBC applied on November 24, 2005 to the Commission for a 5.9 percent general rate increase commencing January 1, 2006. Subsequently, Commission Order No. G-130-05 approved an interim rate increase of 5.9 percent for FortisBC, effective January 1, 2006; and
- A Commission decision on rate changes in respect of the FortisBC 2006 Revenue Requirements Application is pending and therefore the Commission is currently not in a position to establish a permanent increase in Energy Charges to PLP customers; and
- The Commission has reviewed PLP's Application and finds that the increases to PLP's Service, Access and Energy Charges should be approved on an interim and refundable basis, effective January 1, 2006.

NOW THEREFORE pursuant to Sections 58, 61 and 89 of the Act, the Commission orders as follows:

- The Commission approves PLP's applied for Energy Charges on an interim basis, effective January 1, 2006, subject to refund with interest following a decision of the Commission on the FortisBC 2006 Revenue Requirements Application that will establish the pass-through Energy Charges to PLP.
- The Commission approves PLP's applied for Service and Access Charges on an interim basis, effective January 1, 2006, subject to refund with interest following a written public hearing process under the Regulatory Timetable attached as Appendix A to this Order.
- PLP must provide a copy of this Order to previous Intervenor and Interested Parties no later than Friday, January 6, 2006. PLP must also post a copy of this Order in various community centres and give notice through other community resources, in order to adequately notify its customers of the applied-for rate increases.

DATED at the City of Vancouver, in the Province of British Columbia, this 21st day of December 2005.

BY ORDER

L. F. Kelsey
Commissioner

APPENDIX A
to Order No. G-139-05
Page 1 of 1

PRINCETON LIGHT AND POWER COMPANY, LIMITED

2006 Revenue Requirement Application

REGULATORY TIMETABLE

ACTION

DATES

PLP to notify customers of applied-for rate increases and provide previous Intervenor with a copy of the Order	Friday, January 6, 2006
Intervenor and Interested Party Registration	Thursday, January 19, 2006
Filing of Commission and Intervenor Information Requests	Thursday, February 16, 2006
PLP to Respond to Information Requests	Thursday, March 2, 2006
Intervenor Written Submissions to PLP	Thursday, March 9, 2006
PLP Reply to Written Submissions	Thursday, March 16, 2006

GOD POWER

Finally, be strong in the Lord and in His mighty power. Eph. 6:10

Yard Work - Plus More!

I will do Yard Work - raking, snow shoveling,
roof raking, garden clean-up, etc.
Call Paul at (250) 295-1687 or 295-7820.

Oct 25-tfn

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IS AVAILABLE TO ANY WOMAN WHO HAS EXPERIENCED
SEXUAL ABUSE AS A CHILD OR ADULT OR ARE PRESENTLY LIVING
IN AN EMOTIONALLY OR PHYSICALLY VIOLENT RELATIONSHIP.

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Office hours 8:30 AM - 4:30 PM

MONDAYS, FRIDAYS - KEREMEOS (250) 499-5928
TUESDAYS, THURSDAYS - PRINCETON (250) 295-4453

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

It's as if we're organized

The Christmas Holiday for us was just that, a holiday. After having purchased about 85 - 90% of our Christmas gifts in Princeton, the few days before December 25th were quite relaxing.

Having a weekly newspaper to produce forces you to get organized, and having family on the other side of the Country to shop for also forces one to plan Christmas shopping early.

This means we are not what you would call last-minute shoppers, yet Christmas isn't Christmas without experiencing a bit of the last-minute shopping panic so we had to do just that.

On December 24th we were in Kelowna visiting relatives and ventured into one of Western Canada's largest shopping centres. We remember the property back in 1968 when it was just an apple orchard (true!) and watched the show.

People watching is fun on any given day, but on December 24th it takes on a different twist. The distressed look on shoppers who had at least 12-months warning that Christmas was coming was amusing at times. Credit card companies will be singing the praises of last-minute shoppers for months to come!

Then we observed the average shopper on a different day (December 26th) in a different shopping centre in Vernon. Boxing Day is typically the biggest single retail sales day for businesses in bigger cities. We now know why and were not disappointed.

We 'people watched' a different kind of panic - one fueled by the 'best deal possible' and actually saw people fighting over clothes at one location.

The only stress we felt was dealing with whether or not to add cream to our cup of coffee.

It made us grateful for a number of things including the following: Advance planning is a good thing; We don't normally use credit cards at Christmas; We understand the 'reason for the season' is not found in a Boxing Day Sale and that Sunday shopping is not a real grabber in Princeton.

We couldn't begin to tell you how glad we were to get back home to where we started our relaxing holiday and to pick up where we left off.

There is something to be said about living in a stress-free small town. May your New Year be as stress-free and relaxing as possible and that you can find reasons to be thankful for living in Princeton as we do daily.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

ISSN 1712-090X

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THIS TOONS



your turn

Some pet owners don't get it

Dear Editor,

I'm just back from a walk through town with our Christmas guests and I am angry, disgusted, embarrassed and humiliated. Our company has a dog that is trained to heel and is always cleaned up after when he does his business. Downtown he is on a leash, always.

In four short blocks we encountered land-mined sidewalks littered with dog excrement, large, lunging dogs tied with leather leashes to door-handles of two -

count em - two! different businesses and of course the hounds of hell that are tied in yards with nothing to do day and night but lunge and bark, lunge and bark.

This is not a good thing if we are trying to impress potential businesses, tourists and productive, constructive lifestyles. I am well aware that certain dog owners let their dogs out to do their business at night so they don't have to clean it up themselves.

I know that fining someone for contravening bylaws is not work-

ing. I am challenging our brand new town council to come up with a solution to this problem. My suggestion would be to cough up for a twenty four hour bylaw officer and give him or her full support.

Research how other towns have handled this situation. I for one am going to carry my bear-spray downtown until we find a solution that is actually used instead of just talked about.

- Sincerely,
Merrilyn Huycke, Princeton

Letter To The Editor

Local man thanks trucker, Cst. Stus

To The Editor;

Last Sunday night, on my way back from the Wet Coast, I swerved to miss one of Princeton and areas infamous deer...who gracefully leaped in front of the van...at 1:00 AM.

I then went into a black-ice skid across into the opposing twin lanes West of Town and into the snowbank, ending up flopping onto my right side. I was trapped in the air in my seat belt, which wouldn't release and was unable

to even open up the door. It was simply too heavy.

A young trucker named Cliff Hansen from Trail went by and was unable to stop (the ice), but geared his rig down...dropped his trailer off, about a mile further, and came back in his tractor to help me; and then ran me into Princeton to get help. It was a minor Christmas miracle to me.

Cst. Myrl Stus of Princeton RCMP attended and was very professional, courteous and helpful in finding my diabetes pills and searching and finding my blood sugar monitor.

This whole incident gave me a new respect for legitimate, professional truckers who are out driving all night and day moving goods to keep our society supplied with everything.

Wherever you are hauling tonight, Cliff, thanks!

- Sincerely, Chuck Clements, Princeton

Letter To The Editor

MacKay fires at government

To The Editor;

Since the installation of the Campbell government in 2001, thoughtful citizens have attempted to circumvent the commercial media long enough to establish an objective and accurate public understanding of what Gordon Campbell and his bunch are really up to.

The root of the administrative configuration accurately labeled 'Thin Democracy' by author Frances Moore Lappé has been identified as a threat for a very long time. U.S. Presidents

Jefferson, Roosevelt, and Eisenhower pretty well covered the political spectrum in recognizing the need to make note of the problem in the form of specific public warnings.

Perhaps even more relevant than Democrat Roosevelt's eloquent illumination of the terror potential of the privatization of democracy, was Republican Eisenhower's warning of the related private black hole he identified as "the military industrial complex".

Confidence scams have a wellcontinued on Page 24

Current Comment:

There's more to the GST than meets the eye



Dawn Johnson
editor@thenewsleader.ca

Canadians generally agree on their hatred of the Goods and Services Tax. Recent promises to reduce the tax strike me as GST B.S.

When we were sold the bill of goods saying the GST merely replaced the manufacturer's tax, very few people made the distinction between goods and services. The manufacturer's tax was on goods, not services. Taxing services brings in a whole lot more money than just taxing goods, because almost everything we do is some kind of service. You can't even be buried without paying a service tax. Even a charity, the Hospital Auxiliary, has seen the GST imposed on sales at the Thrift Shop, and schools had to fight the GST imposed on selling hot dogs to raise funds.

Once upon a time, there was an international agreement called the General Agreement on Trade and Tariffs (GATT). It turned into the World Trade Organization (WTO). Within the many agreements under the control of WTO is an agreement that replaced GATT. It is called the General Agreement on Trade and Services (GATS). Suddenly, services came into play in what was called "a level playing field". The field was being levelled so the multinational corporations could play the field without so many rules.

The GST imposed by the Mulroney Conservatives was all part of the levelling process. Unfortunately, a lot of small businesses were levelled, too. Consumers did not like the GST added to the provincial sales tax. They saw 15 cents of every dollar gobbled up by governments. Businesses were not crazy about it, either. It meant more resistance at the cash counter, and more paperwork.

Small businesses that could not pay the GST, or could not pay it in time, had their bank accounts frozen immediately. This was devastating to small businesses which were unable to manage.

Of course, the government has done little for small businesses in Canada during the past 50 years. Big businesses have been bailed out of bankruptcy by government. When big corporations mismanage their finances, they are eligible for

welfare. The little businesses are not. The loss of small businesses impacts community life. Small business owners who go bankrupt throw people out of work at the local level. The businesses no longer contribute to the local economy nor to local charities.

The government knew the GST was going to be a hardship. That's why poor people get a tax rebate quarterly. However, the average family does not fit the profile of being eligible for the rebate. The middle income wage earner is hit hardest by all forms of taxation.

Now that we are old and on pensions, my husband and I are eligible for a GST rebate. I do not know whether it covers all of the GST we pay out. One of these days, I should keep track of it and find out just what the balance looks like. I do know that our gasoline, heating and electrical costs went up immediately by seven percent, because of the GST. Our grocery bills went up, too, because GST is imposed on any item not classified as food.

Is it only coincidence that the GST came into effect after the General Agreement on Trade and Services?

As a political promise, the GST issue stimulates politicians only during elections. Jean Chretien promised to abolish it when he was stumping for votes. Even when reminded of his promise after he was elected, he had sudden memory loss. Even when the media ran a sound clip of his promise, he muttered something about not recalling that was what he promised.

Now we have Harper saying he will cut it down to five percent if he is elected. I wonder how good his memory will be. My personal reaction to that promise was "Well, Stevie, if you could get along on

just five percent, why haven't you battered the House of Commons about it every day since you were elected?"

Now that we're playing on a level playing field, the government has its hands deeper in our pockets than ever before. We are playing on the same field as the big corporations, but I suspect we are the football the corporations and government are using to keep the game going.

We have to make a decision this month on which party we will vote for. I firmly believe every person of voting age should get out there and cast a ballot, just to show the politicians we still care about where our country is going, and what is happening to all of us. We owe it to ourselves to send a message to government that we still care about having a democratic society.

It is so hard to make up my mind about which way to vote, but my mind is made up about who not to vote for. I am not going to vote for the party that gave us the GST. I am not going to vote for a party whose leader thinks it costs only \$1,200 a year for child care. I am not going to vote for somebody who admits he was so out of the loop while he was Finance Minister that he did not know about the Prime Minister throwing all those millions into what is now known as the "sponsorship scandal". If Chretien was not willing to tell Martin what was going on, why keep Martin in the Cabinet at all? Was it because Chretien thought Martin was so easily hoodwinked that he wanted him as Finance Minister? Whatever it was, it makes me question Martin's competence and the Liberal Party's honesty.

That leaves me with the other parties. I need to make up my mind.

Heart Food
by Dave Machin

Something is missing, you know it, but you really can't put your finger on it. You've been to church, you've heard preachers preach but inside you're wavering, you have no peace, how can you be sure God will come through for you? To answer that question you need more than a knowledge about God, His power and His promises, and religion. What you need is a personal relationship with Him. Actually you need a personal revelation of His love. For God so loved...that He gave...(John 3:16). And He gave and He gave. Love prompted Him to give, just as it prompted you at Christmas to do the same. God's love is different, everlasting, unconditional, never failing love. God's love. Our natural minds cannot grasp it yet Paul prayed in his letter to the Ephesians that we might be filled with all the fullness of God (Eph. 3:19). How is that possible? How can we, comprehend the incomprehensible? We can't, at least not with simple human understanding. To know something as vast as the love of God requires a revelation from the spirit of God. Revelation is understanding imparted into our spirits from the holy spirit and subsequently transmitted into our minds. It does not pass from the head to the heart. It must come from the heart to the head. God wants to give to you! It is His desire that every person know his vast love for themselves. If you have never known His unconditional love, start this New Year off right. Ask Him for a personal revelation. If you have never asked Jesus to be the Lord of your life, ask Him into your heart. You can pray like this: "O God in Heaven, I come before you and ask for forgiveness for my sins. Jesus I ask you to come into my life and be my Lord. I give myself to you. I am a believer, Thank you, Lord." If you pray this prayer, God will hear you and something will change on the inside of you. It really will be a New Year (life) for you because God is good, His word is good and good all the time.

Pastor Dave Machin,
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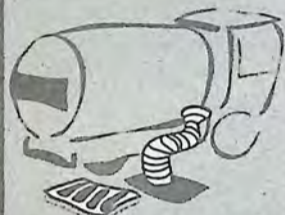
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The current group of Katimavik participants wrap up their ten week stint in Princeton this week. One of our favourite members was Brittany Nybo. She was working at Princeton Museum. We caught up with her just before Christmas for this shot of her with a limited edition News Leader coffee mug. Good luck, Britt!

Letter To The Editor

Penticton reader talks election

Letter To The Editor,

A vote for the Liberals is a vote for Communist China!

Paul Martin's strong ties with Communist China is a bit scary for the faith of Canadians. Let's take a look at their past record.

First there was \$50 million in foreign aid that went to a country with a strong military build-up and a space program which the Conservatives strongly opposed.

Then the Liberals initiated a motion in the House to not support Taiwan—instead they supported a dictator's state (China) in their war games

against a democracy. Again opposed by the Conservatives. Then the selling out of our natural resources not to mention the Noranda deal that felt through due to strong opposition from the Conservatives.

It is clear that the Liberals have not done anything to clean out the strong network of industrial Chinese spies that infiltrates our economy en masse.

As this wasn't enough the Liberals are opening the door to 700,000 chinese tourists per year to come and visit us—carte blanche for long term espionage if you ask me!

The list is getting long and I haven't mention the fact that Martin with huge investments in China, will do anything they want at anytime.

They have gone as far as deporting Falun Gong, an ancient self-improvement cultivation practice, knowing too well that they face torture once back to China—breaking all the rules.

I'm afraid that if Canada continues to serve the communist party we will soon be the main course.

Please don't vote corruption this time around.

- Yamin Wang, Penticton

Letter To The Editor

Victoria man tackles same subject

To The Editor,

The Liberals must want something. BC is receiving rare attention from the Federal Liberals since they now need our votes to retain power.

However, a look at recent history shows how much BC has been short-changed by the Liberal government since they were first elected. Federal Public Accounts calculations show that from 1993 - 2004 BC contributed, on average, \$1,846 annually per person more to Ottawa than they received in Federal transfers for services such as EI, Canada Pension and Health Care.

In 2004 BC residents were paying a near record \$2,174 per person more than they received. Even when BC's economy was depressed and under performing the national average in the 1990s, the Federal Liberals were still taking \$2,000 more per person than they paid out.

For a BC family of four, that is \$8,000 dollars less to spend every year. For comparison, the East Coast was, and still is, receiving annually over \$3,000 per person more than

they pay through taxes. While large amounts of British Columbian's incomes are being confiscated, and BC social programs are starved of revenue, the Federal Liberals are swimming in billions of extra cash.

This has been used to buy votes in Eastern Canada on countless programs and grants, many totally unrelated to Federal responsibilities, along with some of it finding it's way

MackKay fires at government - Pt. 2

.....continued from Page 22

established history in that they all have a functional shelf life. The ruse may prove successful within a given jurisdiction for a certain amount of time; then people become aware and the perpetrators must move on to find a fresh crop of victims.

P3's are but one example of the insidious black hole of democracy privatization, and its demonstrated tendency to metastasize into the civilian sector of government spending throughout the industrialized world. These global, prioritized profit programs result in crippling

into the pockets of well connected Liberals. If we support the Liberals this election we are sanctioning their shameful treatment of our tax dollars, even when BC was struggling financially. In contrast, the new Conservatives have their roots in the West and have always been sympathetic to BC. We only see the Liberals when they want something.

- Jeff St. Gelais, Victoria

wealth extraction and leave virtually no hope of recovering legitimate control of either the spending process or the assets involved.

Massive cost overruns piling up at the P3 hospital in Abbotsford are no surprise, indeed they mirror facts widely known before the project ever started.

Modern technology provides access to ample evidence of the effects of the P3 scam in other jurisdictions where, like electrical utility privatization, the con, has already played out.

- Robert MacKay, Merritt



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Princeton D.A.R.E. Program Coordinator Cst. Mike Leiding (of Princeton RCMP Detachment), left, accepts a \$300.00 cheque from Princeton Hospital Auxiliary President Maureen Turner. The presentation was made last Thursday in the News Leader office.

Lend a hand - become a tax volunteer

In Princeton we are looking for volunteers willing to set-up a Community Volunteer Income Tax Program clinic. Canada Revenue Agency will provide the training and software to volunteers needed to assist people living below the poverty line file their income tax. Filing income tax allows people and families to collect benefits

designed to give them a financial boost. Some of these supports include child health and tax benefits, health-care premiums subsidies and GST rebates. Filing income tax returns is the prerequisite for claiming these benefits.

Some reasons people fail to file income tax is they are unaware of these federal programs for extra

benefits, or they are intimidated by the procedures involved in filing. This is where the Community Volunteer Income Tax Program will come in.

First we will recruit and screen potential volunteers, then Revenue Canada Agency will train volunteers to fill in income tax forms. RCA will provide the computer software without charge. Then we will set-up one day in March and one day in April for the income tax clinics whereas community members will be able to bring in their income tax and have it completed and filed by the volunteers.

If you are interested in becoming a Community Volunteer Income Tax Program worker, please call Rosemary Doughty at 295-7901. This is the RCMP-Victim Service Office. If I am not at my desk, please leave a message and I will return your call.

- submitted by R. Doughty

Council supports DARE

Princeton RCMP sent a request in December for financial support for the D.A.R.E. program which teaches youngsters how to resist becoming involved with drugs and alcohol.

Mayor Randy McLean commented, "It is cheaper to prevent drug

abuse than to spend money trying to catch the dealers."

Council has supported the program in the past and will do so again.

The RCMP advised they are making similar requests of other local organizations.

Council rejects offer

Town Council received a letter from Michael Bunn, a Princeton resident, offering to sell a tourist signage concept. Bunn had done some art work for signs using the slogan "Welcome to Princeton,

Where The Two Rivers and Friends Meet". He offered to sell it to the Town for \$275.

Council was not in the mood to buy, as tourist signage was not in the budget plans.

Airport plan progresses

A business plan for Princeton Airport is in the works.

At the December 19, 2005, meeting of Town Council, Councillor Ray Jarvis reported on a meeting of Council members and the Airport Committee, which includes

Economic Development Officer Michael McLaughlin and Dave Woodruff.

In addition to developing a business plan for the airport, the committee drew up terms of reference for an airport manager.

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FINANCIAL FOCUS

Your Emergency Fund

Life isn't predictable. That means you never know when you could face a financial emergency. If you lost your job, became ill, or faced unexpected major expenses such as expensive home repairs, could you get by? You would be in a better position to pay expenses if you have an emergency cash fund.

Having money readily available means you won't have to borrow when the unexpected happens. And you won't have to cash investments - which can derail your financial future, particularly if you tap into your Registered Retirement Savings Plan (RRSP).

Your emergency fund should contain the equivalent of six to nine months' salary. But you may need more, depending on factors such as lifestyle, financial commitments, and spending habits.

For example, if you have a large mortgage or other debts, you should consider a bigger emergency fund. Or if your job is on shaky ground - perhaps your employer is in financial difficulty - beef up your fund. It can take a lot of money to get through a few months of unemployment. On the other hand, if you and your spouse both earn a good income or you can rely on family members or others to help out in a crisis, you may be able to get by with a smaller fund.

The money should be easily and accessible - which means keeping it in liquid investments that can easily be converted into cash. But don't forfeit potential returns by keeping it in a traditional low-interest bank account. Choose alternatives that provide quick access to your money as well as better returns. They include:

- TIERED-RATE ACCOUNTS:** The higher the balance, the higher the interest rate earned.
- MONEY MARKET MUTUAL FUNDS:** These secure investments provide competitive returns and can be quickly redeemed for cash. Some offer chequing privileges.
- CANADA SAVINGS BONDS:** These safe federal government securities can be cashed on any business day, while providing competitive interest. But they can be purchased for only a short time every year.
- CASHABLE TERM DEPOSITS:** Many financial institutions offer cashable term deposits or cashable GICs (guaranteed investment certificates) that can be redeemed without penalty.

Don't be tempted to take investment risks with your emergency fund. The key is to preserve your capital. That rules out stocks and other investments that offer growth at a higher level of risk. And avoid investments that lock in cash - even for a short period. Locking in for a month may not seem like a big deal, until you suddenly need the money tomorrow.

If you don't have an emergency fund already, the best way to build one is through monthly or weekly savings. You can set up a periodic investment plan at a financial institution to automatically divert part of your income to your fund. Figure out how much you need and then sock away a regular amount to get you there. You may have to look at ways to pare your expenses to free up cash. A family budget can help you identify savings opportunities.

Speak to your investment representative about how you can plan for financial emergencies. And once you have money in an emergency fund, make sure it stays there. Resist the temptation to spend it - which can sometimes be the most difficult part of the process.

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The residents and staff of Ridgewood Lodge extend a warm thank you to Overwaitea's Mike and 'Mac' for the generous donation of a giant snow globe to the facility. Above Store Manager Mike Talarico, left, shares a moment with resident and staff representatives.

Princeton's 2006 Horoscope

What can we look forward to in 2006?

The year begins with some startling news that will affect Princeton's future. Princeton has been changing during the past decade, and it will continue to change. At the same time, the financial future of the community looks good.

The ongoing cold of December takes a warmer turn at the beginning of January, but there is really no let-up in the cold this winter. Every warming trend seems to bring more snow. Look for major precipitation toward the end of January - probably snow, but possibly rain. There are a couple of indicators for a winter flood due to a rapid rise in temperature.

January is always a month for making big plans for Princeton. At this time of year, it is important for local groups to do a lot of communicating about plans for the community.

In February, these groups should look for partners who will promote their objectives. Partners could be from far away, or could come from an unexpected source. These partnerships are best pursued in March and June.

January is also a month of illnesses for Princeton, perhaps flu or pneumonia.

This year will likely be colder than most during the summer, as well. Gardeners should plan for frost protection, watching the thermometer even in summer.

One of the problems Princeton's organizations will face this year is the struggle to involve people in doing the work. Some method of getting the public to participate must be found, or Princeton's events schedule will suffer.

Organizations should launch campaigns to recruit new members, and Town Council should give recognition to those members of the community who make the effort to provide community events. 2006 is a good year to recruit volunteers, but the effort must be made.

Businesses in Princeton area will benefit this year through cooperation with government agencies and politicians. A lot of positive energy can be generated through this avenue, including at the local level. Round table discussions between the various levels of local government and local business people could prove very productive for the community this year.

February will be a month noted for its precipitation, but it will not be cold as December has been. People in Princeton like a lot of sunshine, and there will be less than usual. The month will end with cold.

Firemen should expect some major fire in early February.

Travellers from afar bring money to Princeton. This year, it is crucial to the success of the community that the community blows its own horn as a place to visit for fun.

March will set people's nerves on edge with its cold winds, and more rain. The beginning of March may see some real challenges to Princeton's self-image. Police should be alert to having drugs involved.

There will be a problem with illegal drugs beginning in late February and extending into mid-April. Extra vigilance will put a stop to it.

Late March will see local organizations go into full swing as they prepare for events. Groups looking

for sponsorships should act now, rather than wait. May will be the kind of month where people are not so generous.

One of the characteristics of Princeton is its natural location for resource industries. These industries bring prosperity to Princeton, and this is one of those years in which prosperity can expand through development of natural resources.

Restrictions over this development have occurred during the past couple of years, but those restrictions are being lifted. Employment could increase substantially this year. Environmentalists may raise strong objections during April and May, but plans to expand the industrial foundation of Princeton's economy can proceed in June.

There is opportunity for major beneficial change in industry this year, but there is no question that environmentalists will demand safeguards. They will have to be shown the safeguards are in place.

June will be colder the expected of most years, especially the middle two weeks. Rain will make it seem even colder.

How about Racing Days this year? It looks like the annual celebration may be cooler than normal, which makes for good races. Spectators will have to be reminded to wear a jacket.

July will be a nice month, but not as outstandingly hot as usual, and there will be rain in mid-July. There could be frost in late July, and most certainly the last weekend in August.

August will be the best month for tourists, and it should be a good year for tourism.

.....continued on Next Page



Ridgewood Lodge residents enjoyed the giant snow globe donated by Overwaitea.

Princeton's 2006 Horoscopecontinued

Expect good weather for Labour Day weekend, and improving weather for September. Some of Princeton's best weather will be in

mid-September, and surprisingly good weather at the end of October. Princeton has been a community in transition for the past decade.

More of that transition will be obvious in 2006. The overall trend is toward greater change.

The promise of the early part of the year reaches a stagnation point in August and continues for several months.

There is a demand for hard work to keep money from fleeing. Unless our local politicians really dig in their heels, and do the work needed, we could see tougher times until December.

November will be a cold month until the final weekend, when it should warm up above seasonal averages. The last two weeks of December will likely be very cold.

The major trend for Princeton this year is making plans for expansion. Those plans will be realized in late November if nobody shoots it down. This year holds a lot of promise for Princeton, and next year is even better.

Vermilion Court News

We have had many courtesies shown us this month. Princeton Community Band came one evening to play many tunes we all remembered.

Then the Movers and Shakers came early one afternoon. We enjoy talking and socializing with them each time they honour us with a visit.

We had a Christmas social time when the Princeton Line Dancers showed us how nimble they were.

The Adult Day Care people joined us when Santa had Mrs. Santa came with gifts for all. I believe Mrs. Santa gave secret gifts to the staff.

We were saddened by the passing of the two former residents Ada Ruth Currie and (Billie) Phyllis Vernon. It was an honour for us to celebrate the life of Billie. The room was filled to capacity. Billie would have been proud by the number of people. All remembered her as always smiling and never complaining. As Billie liked to sing "Yes, We Have No Bananas" three ladies, Betty Golovin, Marion Marsel and Dorothy Stenvold accompanied by Ruth Kavanaugh on the organ, sang Billie's song. There was much socializing over goodies prepared by Sue Coyne.

- submitted by D. Stenvold

RCMP report busy holiday season

Princeton RCMP, South Okanagan Traffic Services, Fire Rescue and BC Ambulance attended several motor vehicle accidents over the Christmas Holiday along Highway 3.

Most collisions were single vehicle and due to speed and the slippery road conditions. Factors also included drivers not experienced in driving in icy conditions and the lack of proper snow tires.

"Many vehicle owners rely on their 'all-season radials' to get them to their destination, when the roads become icy and snow

packed - a combination of speed, driver inexperience, road conditions and inadequate tires result in an accident," says Princeton RCMP.

"Luckily there were no serious injury collisions in the area."

Police report approximately 15 accidents were reported over a three day period just before Christmas.

In an unrelated incident, Princeton RCMP say two young females were transported to Princeton General Hospital on December 18th by ambulance after

consuming alcohol and mixing illicit drugs - hashish to be specific.

"The danger of illicit drugs is the fact that there is no quality control on chemicals or other unknown illicit drugs mixed in or 'laced' with the street peddled drugs," says Princeton RCMP Detachment Commander Sgt. Kurt Lozinski.

"Anyone with information on the drug trafficker of this hashish, or other drugs being distributed or sold in Princeton can contact our office directly at (250) 295-6911 or CrimeStoppers at 1-800-222-8477."

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Princeton Theatre Meeting



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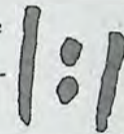
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Expertise that's one to one.



Spousal RRSPs - Part 2

In the last article 'Spousal RRSPs - Part 1' the benefits of a Spousal RRSP were discussed. There is, however, an anti-avoidance provision attached to spousal plans, which is designed to prevent a high-income spouse from contributing to a spousal plan and having funds almost immediately withdrawn and subsequently taxed to the lower-income earning spouse. This provision stipulates that amounts withdrawn from spousal RRSPs are taxable to the contributor to the extent that any spousal contributions have been made in the year of withdrawal or in the two previous calendar years.

If your spouse transfers funds from a spousal RRSP to a RRIF (Registered Retirement Income Fund), the RRIF becomes a spousal plan for tax purposes and any amounts that are withdrawn in excess of the annual minimum are also subject to this treatment (the annual minimum is zero in the year a RRIF is set up, therefore any amount withdrawn in that year is subject to this three year rule).

Spousal RRSPs are a great way to save tax during your retirement years. Keep in mind that the assets in a spousal RRSP will belong to and be controlled by your spouse. They are easy to open, and are available to a married as well as a common-law spouse. Why not take advantage of one of the few remaining ways to income split with your spouse? Talk to your Investment Advisor about Spousal RRSPs today.

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