

# Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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News Leader**  
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**Zeisman  
welcomed  
back to  
campaign  
trail**

Southern Interior New Democrat Candidate Alex Atamanenko welcomed Conservative Candidate Derek Zeisman back into the fray late last week.

He was responding to the announcement that Zeisman was leaving his hospital bed to resume active campaigning.

"It was a very good thing that we will now be able to address and debate the really crucial issues of the campaign, directly from each of the candidates perspectives without the line up of middlemen and career politicians from outside of the riding, that had been previously planned by the Conservatives," Atamanenko said.

"It is very important for the candidates to speak directly to the voters about the issues during the election campaign and be judged accordingly. Derek Zeisman will now be able to do that with his timely recovery."

Atamanenko spent most of last week campaigning in the western end of the BC Southern Interior riding.

## Evans shares insight



Nelson/Creston NDP MLA Corky Evans spoke to just over fifty residents last Sunday in the Legion.

**NDP  
MLA  
speaks  
locally**

An entertaining and informative presentation - jointly sponsored by Princeton District Teachers' Union, the Steelworkers and CUPE Unions - was made by Opposition Critic for the Ministry of Mines & Energy, and Nelson/Creston NDP MLA Corky Evans last Sunday afternoon in Princeton Legion Hall.

Just over fifty area residents attended and enjoyed Evans' take on politics and the problems with our country.

Evans explained the four most interesting facts about the upcoming Federal Election, which included: 1) "It's not very complicated. We (British Columbians) will actually decide how this country is governed" as a result of changes in polling times across Canada.

2) "It's largely about power. It's about who gets power and the question in people's minds is not who will get power, but who will fix the way Canada is governed."

Evans explained Canadians are looking for a different kind of governing body.

"This time they are looking for a party with integrity with people with integrity to fix this broken system."

3) "The secret you can print in local newspapers, but won't see on TV is that Jack Layton is not going to win the most seats. We (the NDP) also knew that the moment that this election was called - neither are the other guys."

This point led Evans to describe, with many recent examples, how an opposition NDP has aided in the governing of Canada by keeping the rest of government honest.

Evans also pointed out that with the demise of the Reform Party, many voters are looking to the NDP.

"Our neighbours who voted Social Credit and Reform are coming back to the fold. They've been lost, so welcome them."

Evans was in the Princeton area campaigning for Southern Interior NDP Candidate Alex Atamanenko.

## Legion begins new year

Friday night was a full house at the Legion Hall as approximately 75 members and guests gathered for the installation of the 2006 Legion and Ladies Auxiliary officers.

Zone Commander Chris Yerbrugh installed Legion Branch 56 officers, and Deputy Zone Commander Edna Morland installed Ladies Auxiliary officers. Youth Auxiliary officers were installed the same evening.

Ladies Auxiliary officers were installed first, following an excellent potluck supper. Charlene Longdo was returned as President, with Vice-President Elizabeth Kightley, and Anne Bauder as Secretary Treasurer.

Executive members are Evelyn Cook, Marion Marsel, Betty Golovin and Norma Kraetor.

Youth Auxiliary officers were installed. Tara Plecas is President,

with Michael Date as Vice-President. There are two Directors, Hannah Donohoe and Kelsey MacDonald.

Youth Auxiliary President Plecas paid tribute to the Legion for the support and encouragement they have received.

She thanked the Legion for inviting Youth Auxiliary members to the installation, and thanked Roberta Baron and Ted Howarth for their help during the past year.

Bud Sadegur was installed as Legion President for 2006, with Sharon Paterson as First Vice-President and Ray Jarvis as Second Vice-President.

The Executive Committee is comprised of Chuck Whitlock, Lyman Bowles, Robert Clark, Hans DeVos and Bob Paterson.

Maria Sadegur was installed as Service Officer and Chaplain, and

Al Lewis is Sergeant at Arms.

Past President John Haayer received recognition for his contribution to Branch 56.

Ladies Auxiliary President Charlene Longdo congratulated Legion officers, and thanked everyone for helping celebrate the installation.

Incoming Legion President Bud Sadegur said, "I am very proud to be a member of the greatest service organization in the country."

He expressed gratitude to the women who have kept the Ladies Auxiliary going strong, saying Auxiliaries are "becoming scarce".

He added his personal pride in Princeton's Legion Youth Auxiliary, one of only two such groups in Canada, and certainly the first.

Both Installing Officers thanked Branch 56 for inviting them to attend and perform the installation.

Hourly Weather,  
Daily Road Reports,  
Weekly News and Sports  
Classifieds, Calendar of Events

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**NEXT MEETING:**

**7:00 PM Wednesday, January 18<sup>th</sup>**  
**Riverside Centre**

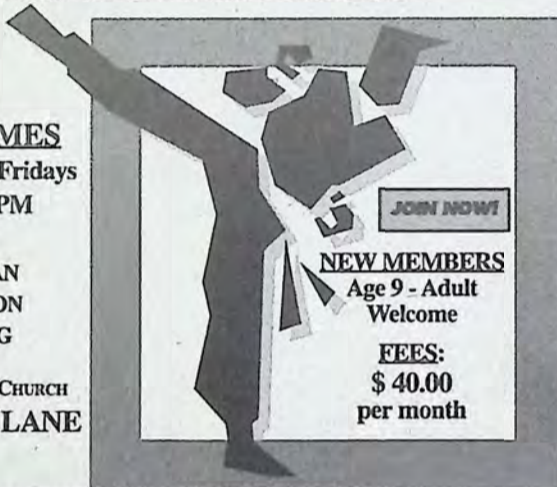
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**Town of Princeton**

**NOTICE OF PUBLIC HEARING**

**Zoning Amendment Bylaw No. 768, 2005**



Pursuant to the provisions of Section 890 of the *Local Government Act*, notice is hereby given, that a Public Hearing will be held in the Council Chambers of the Town Hall on Monday, January 16, 2006 at 7:00 PM, to consider amending the Town of Princeton Zoning Bylaw No. 646.

The proposed Amendment is as follows:

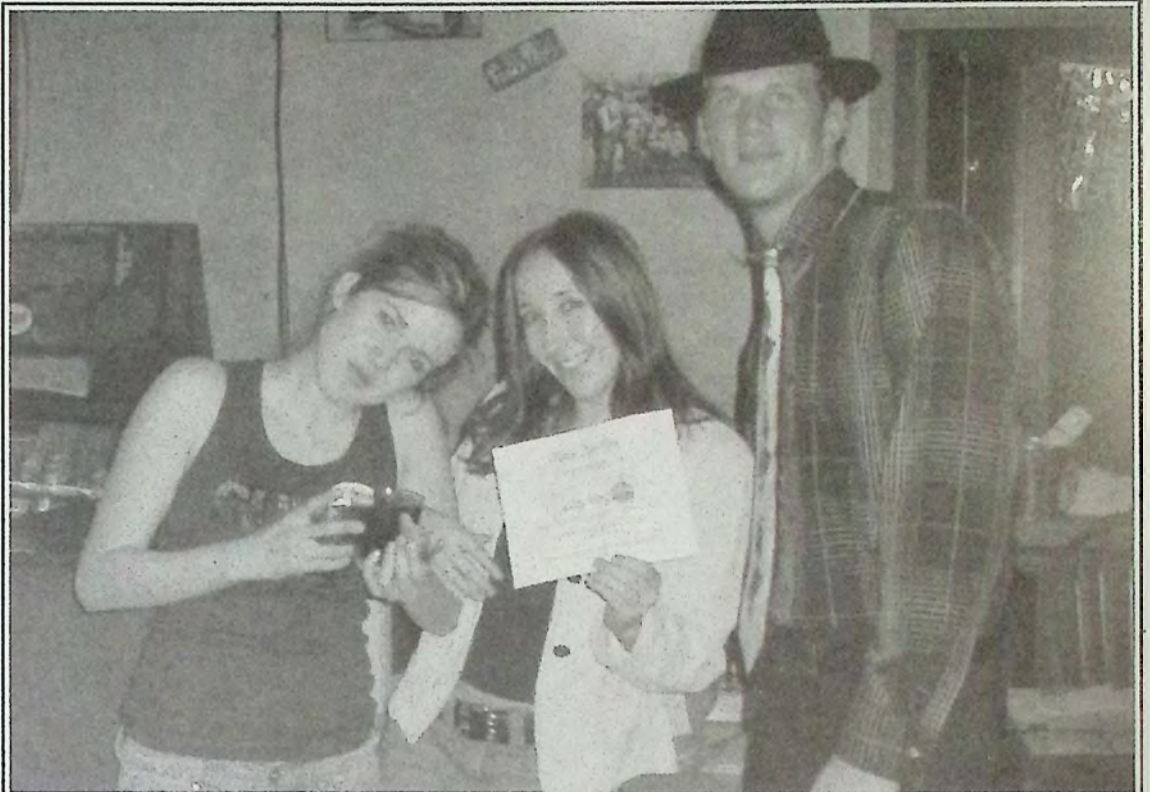
- a) That Lots 14 and 15, Block 18, Plan 55, District Lot 706, Yale Division of Yale Land District, PID #001-989-707 and PID #001-989-715 be changed from Central Business (C2) to Multi-Family Residential (RM4).

At the Hearing all persons who deem their interest in the proposed Bylaw, shall be given an opportunity to be heard on matters contained within the Bylaw. Council will accept submissions and discussions up to and including the Public Hearing. No submissions accepted after Public Hearing.

A copy of the subject Bylaw No. 768, 2005 is available for examination during normal business hours 8:30 AM to 4:30 PM, Monday to Friday inclusive in the Town Office, 169 Bridge Street, Princeton, BC.

Given under my hand this 20th day of December, 2005.

Cornie Froese, CAO  
Town of Princeton



Copper Mountain Bar & Grill hosted a New Year's Party on December 31st and gave away a prize of a Trip for Two to Las Vegas. Kim Antifave, centre, of Kelowna won the Prize Draw and will be taking with her Tania Byrne, left. Tony 'the DJ' from After Hours Entertainment is on the right. The December 'Cab Contest' winner was Codi Nault, who wins a \$75.00 Gift Certificate.

**Princeton RCMP report theft**

On Monday, January 2nd, Princeton RCMP responded to a complaint of a Ski-Doo theft from a residence in the Tulameen/Coalmont area.

"The suspect vehicle was a newer white Dodge Diesel Dually Pickup," says Princeton RCMP.

License plates were not known, but apparently two men are involved.

"Abandoned on a side road at Coalmont was a camper with various household items. The culprits had dumped the camper to make

room for the skidoo and did attempt to steal a trailer and additional skidoos and/or ATVs but were unsuccessful."

Investigation revealed the pickup truck and camper were stolen two days earlier in Salmon Arm along with a boat on a trailer, which has not been recovered. Salmon Arm RCMP report there has been a rash of B&E's and thefts in their area.

Anyone with information on this theft or thieves responsible are asked to contact the Princeton

RCMP or CrimeStoppers at 1-800-222-8477.

"As a precaution and to protect your property and recreational vehicles, never leave your keys in the ignition or inside your vehicles, and lock up your residences when you are away," advises Princeton RCMP.

"Do have friends and/or neighbours check on your property, and contact police if you notice suspicious activity. The best way to thwart and combat thieves is to be pro-active and involved."

**Atamanenko welcomes news**

NDP candidate Alex Atamanenko says that last week's announcement by Jack Layton on introducing a national pharmacare program is good news for seniors and other patients who have for too long faced a dilemma between taking their medically necessary medications and other financial demands.

This policy builds on an NDP health care policy for a significant investment in home care and long term care.

"The people who built our country deserve to know that drugs essential to their health and quality of life are not a luxury and are not dependent on their ability to pay. The goal of this plan is to provide ordinary Canadians with a safety net so that they won't be bankrupted by prescription drug costs. This is a practical step in ensuring both fairness and access."

Atamanenko says that the Liberals first committed to a national pharmacare program in their 1993 red book and have yet to deliver even the first steps.

"Of all the Liberal broken promises, and there are many, the failure to deliver on prescription

drugs is perhaps their most shameful. They have left seniors hanging for over a decade and it is now time for action. Instead of affordable medication, the Liberals priorities have been tax cuts for profitable corporations like banks and oil companies."

Atamanenko says that whatever

the next Parliament looks like, NDP MPs will be united in pressuring government for change.

"Jack Layton has a track record of success for getting results in Parliament for working families and it is pretty clear that if people want action they need to elect NDP MPs."

**RCMP report off road accident**

On Saturday, December 31st, RCMP from Princeton and South Okanagan Traffic Services, Hedley and Keremeos Volunteer Fire Departments and two ambulances from Keremeos attended a report of an injury motor vehicle accident somewhere on Nickle Plate Road.

"The vehicle - a 1994 Jeep - and the four occupants (husband, wife and two children) were found to be not injured," says RCMP Detachment Commander Sgt. Kurt Lozinski.

"The Jeep had hit ice on the road and slid off, down an embankment. The family had been skiing at Apex and decided to travel the unmaintained road from Apex to Highway 3 using the Nickle Plate Road."

While waiting for the emergency personnel to come down, there were other people wanting to travel up the road to go sightseeing.

"They were advised that despite the mild weather conditions down in the Valley, the roads were icy, slippery and travel was not advised."

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President Bud Sadegur takes his chair after being installed during Princeton Legion's Installation Night last Friday. Left to right: Youth Auxiliary President Tara Plecas, Bud Sadegur, Zone Commander Chris Yerbrugh, Deputy Zone Commander Ladies Auxiliary Edna Morland and Ladies Auxiliary Branch 56 President Charlene Longdo.

## Vehicle check leads to prohibition

On Tuesday, January 3rd, a vehicle was stopped in Coalmont and found to have expired licence plates from 2003.

The 58-year old driver, and resident of Coalmont, refused to provide his drivers licence or insurance documents and attempted to evade police inside the Coalmont Hotel.

"He was found inside and arrested for obstruction," Princeton RCMP says.

"The man eventually provided his drivers licence and insurance, which was found to be expired, and was issued a Violation Ticket worth \$575.00 for driving an uninsured motor vehicle."

The investigating officer detected the odour of alcohol and the driver was also issued a 24-hour driving prohibition.

The vehicle was towed and impounded for 24-hours and can only be released with proper up-to-date insurance.



2006 Legion President Bud Sadegur receives his oath of office while executive members observe during Friday's Installation Night.

## CLASSIFIED ADS FOR ONLY A DOLLAR A MONTH?

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## Town of Princeton

INVITATION FOR TENDER

### PRINCETON CEMETERY CONTRACT

The Town of Princeton invites Tenders for the maintenance and upkeep of the Princeton Cemetery.

Sealed Tenders marked "Cemetery" will be received at the Town of Princeton Office, 169 Bridge Street, before 4:00 PM, Friday, February 3, 2006. All Tenders received after above stated date and time will be returned to the Tenderers unopened and will not be considered.

Copies of documents and specifications may be obtained at the Town of Princeton Office, 169 Bridge Street, Princeton, BC.

The Town of Princeton reserves the right not to accept the lowest or any tender received.

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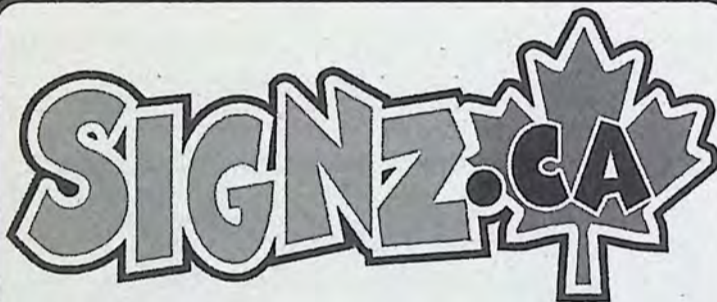
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## keremeos and area news



The milder weather in recent weeks has eliminated the immediate worry of a repeat of last January's ice jam at the Keremeos Red Bridge. There is some ice build up further upstream, towards Princeton, but nothing to cause serious concern under current conditions.

## RDOS recycles Christmas trees

With the Christmas season behind us, it is time to think about what to do with the withering tree dropping needles on the floor. The Regional District of Okanagan-Similkameen, member municipalities and local groups have organized various pickups and drop-offs for Christmas trees. These programs marshal the trees, chip them and then turn them into valuable compost.

Every year Christmas trees are thrown into the garbage or burned

rather than being turned into compost. Regional District Air Quality Clerk, Janice Johnson notes that burning green wood like Christmas trees can be hazardous.

"Christmas trees tend to have a lot of creosote as they are usually green wood," advises Johnson.

"Creosote, especially in home fireplaces, can coat the insides of chimneys increasing the likelihood of chimney fires. Burning green wood also releases far more carcinogens and lung irritants than

burning properly dried wood, which has a direct impact on the health of you and your family."

Beth Cavers, Regional District Solid Waste Management Coordinator, asks that all ornaments, tinsel and bags be removed from the trees. Clean Christmas trees under 150-kilograms (300 pounds) can be recycled free of charge at all Regional landfills.

"If anything is left on the tree it will be impossible to compost the tree, costing residents more money for disposal. Please chip it; don't chuck it or burn it!" Additionally, trees sprayed with artificial snow can not be accepted for composting.

In the Similkameen Christmas tree recycling programs are available free of charge at Keremeos Waste Transfer Facility (Open Sundays from 10:00 AM to 4:00 PM) and Princeton Landfill (9:00 AM to 5:00 PM daily, closed Wednesdays and Thursdays).

For more information residents can contact the Regional District's Solid Waste Department Hotline at 1-877-610-3737 ext. 4129, by e-mail at [info@rdos.bc.ca](mailto:info@rdos.bc.ca) or visit the website at [www.rdos.bc.ca](http://www.rdos.bc.ca).

## Storytime resumes

With the cold winter winds nipping at your nose and toes, what better place to be than your cozy public library! So, bundle up your preschoolers and come down to the Keremeos Library to enjoy wonderful Preschool Storytime programs.

You and your chilly youngsters will warm up in the cozy storytime area. Stretching exercises will shake the winter sillies out and allow you to relax and listen to some super stories, fun fingerplays and silly songs! Children between the ages of 3 and 5 years are invited to drop in!

The Preschool Storytime

Program at the Keremeos Library takes place on Wednesdays from 11:00 to 11:30 AM. The program series begins on January 25th and will end on March 8th. All programs are free, but registration is required.

Branch hours are Tuesdays from 10:00 AM to 12:00 PM and from 1:00 to 5:00 PM, Wednesdays from 1:00 to 5:00 PM and 6:00 to 8:00 PM, Thursdays from 1:00 to 5:00 PM, Fridays from 1:00 to 5:00 PM, and Saturdays from 10:00 AM to 3:00 PM.

For more information contact the Keremeos Library at (250) 499-2313.

## Two new streets named

Two new roads in the Village of Keremeos will carry pioneer family names, moving away from the current numbered street system.

A new road created by the Victoria Estates Development on 4th Street at 5th Avenue will be named Fomer Crescent in memory of long time residents Florian and Herman Fomer.

A new road created by the Ecker subdivision south of 12th Avenue and 4th Street will be named Luxon Court in memory of Charles Luxon, the first Freeman of Keremeos.

Village Council went through a process over a year ago creating a list of names from area pioneer families for use whenever a new road is created.

[www.keremeos.net](http://www.keremeos.net)

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One reason why there's no snow in Keremeos this Winter is the warm winds blowing in the area. Overnight temperatures have rarely dipped below freezing in the area. Thursday's winds pushed at heavy highway signs as if they were made of cardboard.

## Council names select committees for 2006

Keremeos Village Council has released the 'select' committees and appointments for the upcoming year.

Acting Mayor, as appointed by the Mayor, for the period of January through March will be Councillor Jeremy Evans, with Councillor Ed Minshull in the position from April to June, Councillor Terry Zeller from July to September and Councillor Manfred Bauer from the period of October to December.

Ed Minshull will sit on as Museum Liaison and Development

with the Skateboard Park Committee members being Terry Zeller and Jeremy Evans.

Red Bridge Committee will include Ed Minshull and Manfred Bauer with Rails To Trails Committee members being Mayor Walter Despot and Manfred Bauer.

Jeremy Evans sits on the Olympic 2010 Committee with the Bi-Centennial Committee including Ed Minshull and Terry Zeller.

Manfred Bauer and Terry Zeller will represent Village Council on a Drug and Alcohol Committee with Jeremy Evans and Walter Despot

handling the Downtown Development Committee.

The Theatre For The Arts Council reps will be Manfred Bauer and Terry Zeller.

Walter Despot and Jeremy Evans will sit as Fire Department Liaison, Terry Zeller and Manfred Bauer will sit on Similkameen Country, with Walter Despot RDOS Director and Ed Minshull his alternate.

The Similkameen Valley Planning Society will see input from Walter Despot, Ed Minshull and Terry Zeller with Ed Minshull and Terry Zeller also active in the Regional Library Board.

The Recreation Commission will include Jeremy Evans and Manfred Bauer.

All of Council will handle Finance and Personnel, Labour Management, Development Variance, Parks (with alternate Ed Minshull), Planning (Jeremy Evans as alternate) and Public Works (Terry Zeller alternate).

Public Complaints will be fielded by Jeremy Evans along with support from the CAO and Mayor.

## Council adopts updated bylaw

Bylaw No. 712, 2005 will probably be remembered as an updated Emergency Bylaw.

The Bylaw, which received Third and Final Reading as well as Adoption at the last Village Council meeting of 2005, rescinds and replaces an older Bylaw.

The 'new model' Bylaw, provided by the Provincial Emergency Program (PEP), goes into effect immediately.

The former Emergency Bylaw, No. 345, had been in the books since 1986. Council has been updating bylaws in recent months.

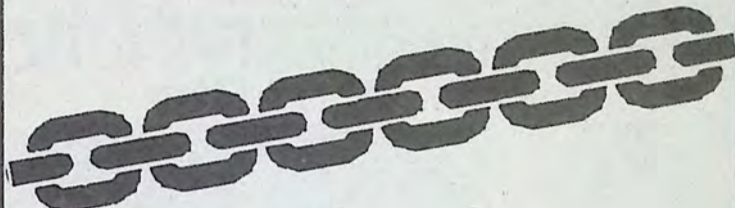
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Similkameen News Leader thanks Bryan Smith for his continued support of our weekly publication.

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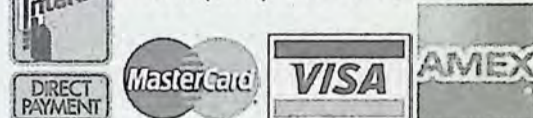
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Capsule  
Comments



by your Pharmasave Pharmacist Wen Wong

Teenagers require 9-10 hours of sleep nightly to maintain a healthy mind and body. Unfortunately, over the past 20 years or so, this age group receives an average of 6-7 hours nightly. "Catching up" on the weekend doesn't really work. Bad sleeping habits can start young. Encourage your teen to get a good night's sleep.

Exercise is also important for teens. They do get less exercise today than in the past. Forty-five minutes of vigorous exercise per day can help teens feel better physically and mentally. This advice applies to adults as well. January 2006: what a great time to start your exercise program!

When you look at graphs charting the incidence of breast cancer worldwide, the US, France, UK and Canada are at the top of the list while countries like Japan, Tanzania, India and China are at the bottom with the least number of cases. However, when Japanese women move to North America, their breast cancer rates rise. This could be related to the higher fat content in our diet.

The week of January 15-21 is National Non-Smoking Week with January 18th being designated as "Weedless Wednesday." Some people need a motivational deadline to reach certain goals. If stopping smoking is your goal, use this coming week as a stepping-stone to this goal. It's a good one!

Our pharmacists can help you achieve your goal to stop smoking. We can advise you about nicotine replacement systems and help you get in touch with support groups that play an important role in your success.

"We're here to give you the advice you need to meet your need."

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news leader health page

## Did you know? Literacy starts at home

At our pre-kindergarten interview, my oldest sons teacher didn't believe me when I told her my son was already reading and could print. She didn't know that I sold childrens books and had a veritable library in my home. I read to both of my sons - a lot, and they developed an early love for books. Now in their 20s, they continue to have this thirst for learning.

January 27 is an important day. It is Family Literacy Day, a national initiative that promotes the importance of reading and learning together as a family. Family Literacy has to do with the many ways that families develop and use literacy skills to accomplish daily tasks and activities, like following a recipe, making a shopping list, counting out change for a purchase, or reading your child a story.

There is much research to support reading and learning together as a family. Consider these facts:

- Reading and telling stories to an 18 month old will help with brain

development.

- Research shows that children who are exposed to books and reading early will do better at math.

- Reading to your child will help them with their listening skills, vocabulary and language skills, as well as developing imagination and creativity.

Here are some tips to get you started on reading and learning.

- Be a role model for your children - let them see you read.

- Don't forget to read to your newborn.

- Infants and toddlers enjoy books that have colourful pictures of events that are familiar to them. They also like touch and feel books.

- Toddlers don't like to sit for any length of time, so choose your reading time carefully. A calm time of day such as after the bath often works.

- Actual reading isn't as much fun as talking about the actions in the pictures. Mama and baby are going bye-bye. Wave to Daddy!

- Get a library membership and check out new books every week.

- Have your child read the words all around him - on street signs, on coffee mugs, on billboards.

- Let your child read to you, instead of always reading to your child.

- Allow children to count out the change when making a purchase.

- Have your children print or write thank you notes - it not only teaches them gratitude for gifts received, but they learn valuable skills as well.

- Teach your child how to navigate the Internet to fun and educational websites.

- Keep your teen reading by giving them a subscription to their favourite magazine.

Set aside family time to learn with your children every single day. Read to your little ones, but remember, book time should always be fun!

- Jill Rhynard, RN, BScN, MPH, Coordinator of Health Promotion Population Health, Interior Health

## Weight-loss success starts from within

(NC)—The road to weight loss can be long and frustrating and it is even harder if you haven't planned it properly. Taking the right steps can help you achieve long-term weight management and make positive and healthy changes in your life.

Decide to take action

Acting on your decision to lose weight is often the toughest step of all. It means breaking your old habits and overhauling your entire relationship with food and exercise. This kind of change is not easy to do and requires a huge commitment. However, if you really believe in losing weight, nothing

will stop you.

Talk to your doctor

It doesn't occur to most people to talk to their doctor when they are starting a weight-loss program but your doctor can be a great resource. They can help you understand what success really means, provide you with tips on calorie reduction and exercise, and support you in your lifestyle changes. In some cases, they may even prescribe a weight-loss medication, such as Meridia, to assist their patients in achieving their weight loss objectives.

Make sure your doctor knows how important it is to you to lose

weight. This means showing them that you are committed to losing weight and you are completely ready to take the steps to weight loss. Make an appointment with your doctor for this reason only, and bring a diet and exercise diary. A great resource for these diaries and other useful tips can be found at [www.iDECIDE.ca](http://www.iDECIDE.ca).

Stay motivated

Losing weight is a challenge because it often requires dramatic lifestyle changes. There are some days when this will be hard and you will fall short of your own expectations. During these rough patches, focus on why you decided to lose weight and don't get down on yourself. Keep looking forward. People are more likely to achieve steady weight loss, and maintain it, if their motivation to do so comes from within. - News Canada

living past 100

## What keeps them alive?

Recently, there have been many people in the news due to long life. One researcher noted all of these people over 100 years of age eat a lot of sardines. He credits their longevity to these little fish. There is an element of truth in this, but sardines are not the only foods that will keep you going for a very long time.

Sardines, salmon, beef and buffalo contain elements which boost the purity of DNA. Without healthy DNA, your body is going to shut down. The aging may be gradual, but aging speeds up when it begins. Eating foods that feed DNA keep aging at bay.

There is no one thing that will keep anybody alive past 100. Living well for a long time is a combination of factors. You cannot sit at home doing nothing but eating salmon and buffalo in order to live a long life. You have to get up off your butt and do physical activity. The people who live a very long time are busy people. They move around a lot.

We hear stories of how these people live. One old gentlemen did cross-country skiing until he was 94 years old. A woman aged 100 still did all of her own housework and yard work. In the Tashkent, where people live to be more than 100 years old on a regular basis, they work at farming or gathering wood until they die.

The other major key to living a long healthy life is to stay slim. Activity strengthens the body and keeps weight down. Physical activity makes all of the organs and systems work better.

Of course, if you like sardines, eat a lot of them. They are very good for you!

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# COFFEE MUG CHRONICLES

## Man Predicts 'Muggy' Weather



Simon Weatherford III always had an interest in the weather. He used to say that since weather was in his name, weather was also in his blood. It was a joke that got the odd laugh, but to Simon, there was something more serious coming his way. While part-way through his second year at 'Weatherman School' he met a young girl named Sunni. She eventually became Sunni Weatherford. Although Simon breezed through 'Weatherman School' he was unable to find a job where he could put his skills to good use. He ended up working in a factory on the assembly line. The pay was good, but something was missing. The Weatherford's soon started a family. First came a girl, which they named Gale. Two years later there was another girl, Raine, followed two years after that by another girl, which they named Windi. The Weatherford's had a picture-perfect life although Simon still longed to be a local weatherman. Secretly in the workshop in the backyard he toiled over a project that took months to complete. Simon was constructing the best equipped weather station in the region. It contained numerous pieces of apparatus that measured everything from moisture content to wind speed. There were dials and gauges, lights and switches. Simon was going to start to predict the neighbourhood weather but there was still something missing. He had no way of measuring snow volume - then he remembered the News Leader coffee mug he received with his new one-year subscription. The coffee mug changed his life, it could change yours!

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SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

## CHANGE OF MEETING DATE

Please note that the date for the next  
Regular Meeting of the Board of  
School Trustees will be held on:

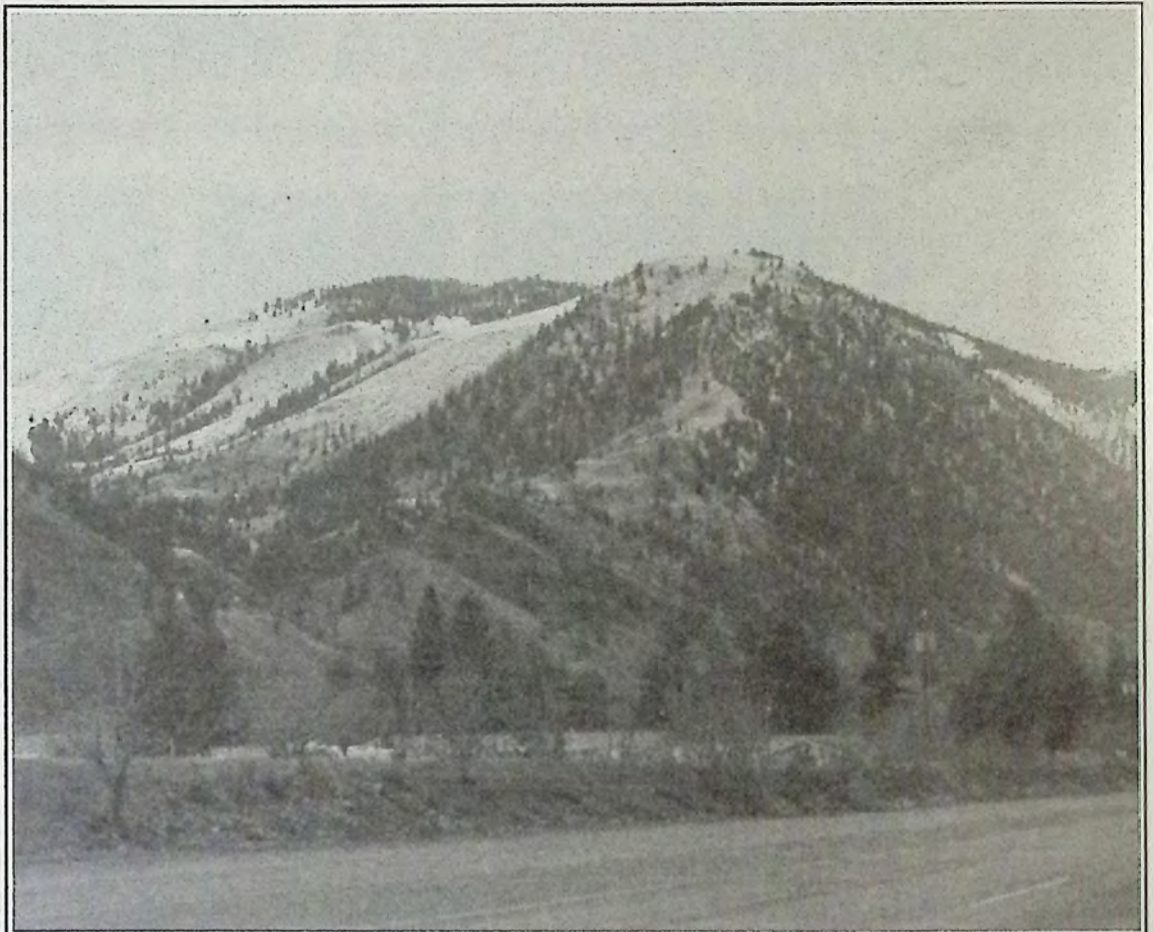
**MONDAY, January 16, 2006**  
Merritt Board Room  
Starting at 7:00 PM

## Town of Princeton

### Public Notice

Please be advised that dogs within the Town of Princeton boundaries must be licenced. The 2006 Dog Tags are now available for sale at the Town of Princeton Office at 169 Bridge Street, Princeton BC.

For any Animal and Pest Control Concerns/Complaints please contact the Animal Control Officer at 295-0333 or at the Town of Princeton Office at 169 Bridge Street, phone 295-3135.



Where's the snow? This is the view of the mountainside near Sun Katchers RV Park on Highway 3 near Keremeos. Normally this hillside has a thick cover of snow.

## New program aims to help communities

Community groups in Interior Health are being invited to learn about a new opportunity for funding and partnership being announced by Interior Health. Supporting community health promotion alliances and networks is the key focus for a new \$1 million Community Action for Health funding program being launched at community meetings this month.

The Community Action for

Health program will provide seed funding to Healthy Living Alliances and Networks to enhance their ability to support health promotion and illness prevention in their community. Although the funds will be targeted to promoting healthy eating, active living and reducing the problem of overweight and obesity, the community will be responsible for deciding which projects and initiatives meet the needs and priorities of their local area.

"Leading the way in healthy living and physical fitness in North America is the Province's goal," said Health Minister George Abbott.

"It's why we launched ActNow BC -- and this community program will help build a culture that focuses on the healthy and simple steps we can all take to make prevention the way forward in health-care."

"Whether you are with a local government, a youth group or a local food council, Community Action for Health offers a great opportunity for organizations and people to work together for a healthier community," says Dr. Paul Hasselback, Senior Medical Health Officer for Interior Health.

"The program is designed to provide support to alliances and networks that can work collectively on projects that will shape policies or create healthier environments for community members for the long term. The goal is to keep people healthy now, rather than treat the illness later. By providing funds directly to community networks we can do this and benefit from the added value of a community-driven approach."

Community Action for Health is aimed at helping the region meet

three key targets of BC's ActNow BC healthy living targets by 2010. These include a 20% increase in the number of people who eat the recommended minimum of at least 5 daily servings of fruit and vegetables, a 20% increase in the number of people who are physically active, and a 20% reduction in the number of people who are classified as overweight or obese.

To support the efforts of communities to improve health, the Ministry of Health announced \$285,000 in ActNow BC funding last September at UBCM.

The Okanagan Healthy Living Alliance is an example of one successful alliance that consists of a network of over 140 representatives of groups and agencies that are working collectively to share resources, ideas, and approaches to improving the overall health of their communities. In addition they provide opportunities for learning, such as workshops on proposal writing, project planning, communications, and other skills to improve their effectiveness.

The funds available through the Community Action for Health program will also be used for creating dedicated community developer positions - people with specialized skills to help other groups in the community with their projects and to encourage building networks of local and regional resources.

The program is being launched this January and will run until March 2007.

"We encourage community groups to attend and have sent information about the notice of meetings through Healthy Living Alliances and Networks and to other known community networks in Interior Health," reports Lesley Dyck, Project Manager.

## Princeton Outdoor Supply

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Youth Auxiliary President Tara Plecas gives her oath of office during Installation Night for the new executive of Princeton Legion Branch 56. Ceremonies took place last Friday evening.

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#### THE ACTORS WORKSHOP

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Tuesday evenings starting January 17, 2006.

#### REVENUE CANADA SMALL BUSINESS TAXATION

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#### RED CROSS CHILDSAFE

Learn to provide a safe environment and safety measures for children. Includes a child and infant CPR certification.  
January 28, 2006.

#### FROM CONFLICT TO COLLABORATION

Justice Institute Team Building Workshop - February 21, 2006

#### INTRODUCTION TO MICROSOFT WORD

Mondays and Wednesdays starting January 16, 2006

Deadlines for registration apply. Although registration is taken after these deadlines, we need sufficient enrollment to proceed with the programs.

Call the Skills Centre at 295-4051 for further information and course pricing and times.



Princeton & District Community Skills Centre  
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Charlene Longdo, right, takes her seat as Branch 56 Ladies Auxiliary President during Legion Installation Night ceremonies last Friday. Left, Deputy Zone Commander Edna Morland, Installing Officer.

## Princeton & District Museum & Archives Society

Notice Of  
**ANNUAL GENERAL MEETING**  
2:30 PM Tuesday, January 17<sup>th</sup>  
Princeton Museum, 167 Vermilion Avenue  
(TO BE FOLLOWED BY MONTHLY MEETING OF MEMBERS)  
New Members Welcome!

[www.princetonmuseum.com](http://www.princetonmuseum.com)

## Candidate issues statement

Southern Interior Federal Liberal Candidate Bill Profili issued a statement last week on negative perception of some voters to not vote in this election.

"In spite of either real or perceived critical issues that are popping up on a daily basis, there is a common frustration or feeling that the grass roots level of Canada just doesn't count," said Profili.

"There is this feeling of why bother to vote and who really cares about what we as the grass roots of society want once the election is over?"

Profili stated that, "Once elected, I would focus on creating an awareness of the importance of local government in our democracy. I have always felt when I was in local government that if senior governments

really wanted to know what were critical issues to local areas, the best place to look is to the people elected locally to deal with these issues."

Profili believes that if federal politicians continue to create strong, positive relationships with groups like the Federation of Canadian Municipalities, the voice of the grass roots will have another conduit to senior government. Based on his municipal political experience, Profili stated that he would ensure he has close contact with local government officials to enable him to capitalize on this pool of locally elected people.

Profili stated that he would also strongly advance programs and commitments that enable local government to better meet local needs. "Programs such as the sharing of gas tax revenues with local government need to be expanded upon and guaranteed. In the past, the property tax, the only avenue that local

government faced, severely restricted abilities to meet local objectives and to ensure our communities were affordable. The ability to keep property taxes affordable is critical," Profili said.

Profili also promised to work to guarantee certainty and stability to local government with initiatives such as the tax sharing on a permanent basis and not an ad hoc, year to year gift from senior government, but a recognition of local government entitlement to some non property tax sources of revenue.

Profili would also strongly support programs such as Community Futures, Infrastructure programs and the initiatives that not only allow local people to have ownership of solutions, but, enable local initiatives to become reality. Profili believes that, "we need to create a structure that clearly recognizes a need for more bottom up rather than top down thinking."

### Investments

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Tara Plecas, right, with Legion Youth Auxiliary sponsor Roberta Baron. They attended Royal Canadian Legion Branch 56 Installation Night last Friday at the Princeton Legion Hall.



# weekly entertainment guide

TUESDAY, JANUARY 10, 2006 THROUGH MONDAY, JANUARY 16, 2006



Princeton Posse putting pressure on the Summerland net during a game last Wednesday night.

## Posse takes three of six points

Princeton Posse hosted three home games in the past week and if it wasn't for an overtime loss - worth one point in the KIJHL - the team would have had only two points to show for their effort.

The first game, a mid-week match against Summerland Sting attracted a dismal crowd.

The Posse played a great game opening the scoring at 9:09 when Seth Armitage, who was in front of the net, one-timed a pass from the corner right through the legs of the Sting goalie, who was on his knees at the time. Assists went to Chad Hohmann and Mike Salter.

Princeton scored once more less than a minute later when Brad Davis took a corner pass from

Dave Wyman and popped it into the top corner as he was falling to the ice surface. The shorthanded goal was a piece of magic and put the home team up by a score of two to zip after one period.

The second frame saw Summerland score their first goal at 3:44 but Princeton bounced back with a power play goal at 6:57. Jessie Tresierra got the marker with help from Seth Armitage. Princeton kept putting pressure on the Summerland net and following a number of shots on goal Brad Davis flipped a wrist shot into the top of the goal for Princeton's fourth goal at 17:35. Assists on that power play goal went to Dave Wyman and Sam Penny.

Princeton finished the period with a 5 to 1 lead after Chad Hohmann fired one past the Sting goalie with 21.0 seconds left in the period. Assists were given to Cody Devitt and Adam Coates.

It looked as if Princeton owned this game until the third period. Summerland shot out of the dressing room and scored three fast goals at 2:18, 10:31 and 11:31. The Sting tied the game at 5-all at 14:00. It was as if Princeton fell .....continued on next page

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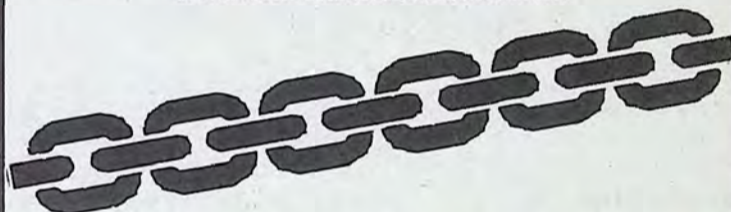


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## Princeton Figure Skating Club "Skater of the Week"



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Junior Skater

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Summerland nearly scores on this play during Wednesday's game against the Posse.

.....continued from Page 11  
 apart and couldn't get back together. The boys made numerous attempts to get the lead back, but could not and the game ended at a tie.

Summerland only needed 13-seconds in overtime to seal the victory.

Final score: Summerland 6, Princeton 5. Shots on goal: Summerland 30, Princeton 28.

Princeton played host to Sicamous Eagles on Friday night, which attracted another dismal crowd. The Eagles fired their first goal into the stats sheet at 3:33 but Princeton held it together and Micah Anderson reacted to a short rebound in congestion in front of the Sicamous goal scoring Princeton's first marker.

Assists went to Jeremy Wagner and Mike Salter.

Sicamous was all over the Posse net and goalie Greg Sentes played an amazing game, but the Eagles kept digging at rebound after rebound. Finally they got Goal #2 at 11:38 while Sentes was on his back fighting the barrage of shots coming at him.

The Eagles added another goal at 12:30 in much the same manner as the previous one to finish the first period with a 3 to 1 lead.

Sicamous took complete control in the second period and scored three more unanswered goals at 5:54, 16:46 and 19:25 to bring their lead to 6 to 1 after two.

The Eagles added one more at 3:54 of the third period, but then Princeton came alive. The boys started to regain control over the ice surface and scored one 5:10 into the period, which was disallowed although witnesses saw the puck wiggle into the net off the Sicamous goaltenders skates before the whis-

tle was blown to stop the play.

This seemed to fire up the Posse and at 6:21 Mike Salter scored a power play goal with help from Jeremy Wagner and Shawn Carr.

Princeton added one more power play goal at 14:49 with Sam Penny taking the points. Assists went to Brad Davis and Conner McGarry, but by then it was not enough to bring the game any closer.

Final score: Sicamous 7, Princeton 3. Shots on goal: Sicamous 35, Princeton 25.

Saturday night's game saw Princeton up against probably the dirtiest team in the league, the Kimberly Dynamiters.

From the opening face off it was obvious there was a different Posse on the ice. Plays were solid and shots on goal were mostly one-timers without a lot of set up, which proved to be beneficial.

Princeton scored first at 5:17 with a power play goal by Jeremy Wagner. Assists went to Seth Armitage and Adam Coates.

Princeton's second goal, only seconds later at 5:37, looked like a fluke ricochet off the skater of a player in front of the Kimberly net. Brad Davis got the credit with help from Mike Salter and Dave Wyman.

Kimberly added one goal at 11:56 and the period ended with Princeton leading 2 to 1.

The second period saw Princeton add another power play goal at 3:25 with Micah Anderson getting the points with assists from Conner McGarry and Adam Coates.

Kimberly somehow managed to score two goals at 5:59 and 10:30 while just generally messing around with Posse players on ice. The high jinx did draw a number of penalties but the last minute of play probably

best defined the shoddy play of the visiting team.

With 37.8 seconds left a Dynamiter cross checked Princeton's Mike Salter at centre ice near the players boxes. Then the player hit Salter again with his stick when the Posse player was still face down. This act drew lots of noise from the crowd and the officials delayed play for some time as they tried to sort out the mess.

Then with only 11.7 seconds to play, Princeton pulled goalie Brad Fraser for an extra man. As Fraser skated past the Kimberly bench a player clothslined him from the box.

Penalties for slashing and goalie interference were assessed putting Princeton into a 5 on 3 situation in the dying seconds of the period. After two the game was tied at 3 apiece.

The third period saw Princeton come out stronger than the previous 20-minutes and they made good use of the two-man advantage, which went for the first 4:22 of the period.

The Posse got their go ahead goal at 3:48 from Micah Anderson. Assists went to Sam Penny and Adam Coates.

Kimberly managed to burn off the remaining time in both of their penalties and Princeton kept putting pressure on everything the Dynamiters threw at them. The last 5-minutes of the period saw Princeton taking players out of plays with clean hits that appeared to upset the Kimberly bench.

The game ended with Kimberly's coach earning a match penalty for getting lippy.

Final score: Princeton 4, Kimberly 3. Shots on goal: Kimberly 35, Princeton 28. Penalties in minutes: Kimberly 66, Princeton 20.



Princeton pressures the Kimberly net Saturday night.



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tuesday movies

MORNING

7:00 am WTBS (3) ★★½ "The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (DVS)

10:00 am CITY (29) ★★½ "American Graffiti" (1973, Comedy-Drama) Richard Dreyfuss. Four teens in 1962 California get a final, nostalgic glimpse of innocence before facing their postgraduation lives. (D)

EVENING

8:30 pm WTBS (3) ★★½ "The Whole Nine Yards" (2000, Comedy) (PA) Bruce Willis. A former mob assassin with a price on his own head moves in next door to a timid Montreal dentist. (DVS)

10:06 pm CITY (29) ★★½ "Men With Guns" (1997, Action) Donal Logue. Small-time hoodlums are pumped up for revenge after they are beaten and humiliated by more powerful thugs. (D)

10:30 pm WTBS (3) ★★½ "Bait" (2000, Action) (PA) Jamie Foxx. A

small-time crook becomes an unknowing pawn in the government's plan to lure a high-tech criminal out of hiding. (D)

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wednesday movies

MORNING

7:00 am WTBS (3) ★★½ "Bait" (2000, Action) (PA) Jamie Foxx. A small-time crook becomes an unknowing pawn in the government's plan to lure a high-tech criminal out of hiding. (D)

10:00 am CITY (29) ★★ "Regarding Henry" (1991, Drama) Harrison Ford. Two bullets force a career-driven Manhattan lawyer to start life over with his loving wife and daughter. (D)

EVENING

8:30 pm WTBS (3) ★★½ "Zoolander" (2001, Comedy) Ben Stiller. A disgraced male model becomes the unwitting fall guy in an evil designer's plot to assassinate a world leader. (D)

10:06 pm CITY (29) ★★½ "Car Wash" (1976, Comedy) Richard Pryor. A preacher, a cabby, other customers and employees mingle to disco music at a Los Angeles car wash. (D)

10:30 pm WTBS (3) ★★½ "The Birdcage" (1996, Comedy) Robin Williams. The arrival of his son's future

in-laws forces a gay nightclub owner and his lover to pose as husband and wife. (D)

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TUESDAY, JANUARY 10, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (14)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (33)
6 AM :30	Dawson's Creek	News	(Off Air)	Boohbah	News	News	Airline	(5:00) News	News (Live)	(5:00) News (Live)	Monster	SportsCentre	News	Daily Planet	Believers	King	News Calvin, Miller	Maury	Hillbillies
7 AM :30	Movie: "The Whole Nine Yards" (2000) (PA)	Life Today	BluesClues	Clifford	Today	The Early Show	Family	Good Morning America			Winx Club	SportsCentre	Canada AM	Super Ships	Sabrina	K. Possible	News	CityLine	Rockford Files
8 AM :30		100 Huntley Street	Dora	Arthur (EI)			Family				Jacob			Monster Garage	Charles	Recess		In Fashion	Matlock
9 AM :30	Becker	Save-Ums!	Arthur	Sesame Street (EI)		Discover	American Justice	Regis and Kelly	100 Huntley Street	World Vision	LazyTown	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	Benj Bear	Maury	News	Magnum, P.I.
10 AM :30	Cosby	The Price Is Right	Miss BG	Barney	Ellen DeGeneres Show	The Price Is Right	Cold Case Files	The View (N)	World Vision	Room	Rupert	The Journey	The View (N)	Canada's Worst Driver	Starting Over (N)	Mermald	Jerry Springer	Movie: "American Graffiti" (1973)	News
11 AM :30	Harvey	Judge J.	Fuga	Mr Rogers	The Tyra Banks Show	Young and the Restless	Investigative Reports	Paid Prog.	The Insider	News (Live)	Hamtaro	Mcycles	eTalk Daily	Learners	Montel Williams (N)	Henry's	Blind Date	Movie: "American Graffiti" (1973)	Magnum, P.I.
12 PM :30	Drew	News (Live)	Caller	Charlie Rose	Paid Prog.	News	Airline	All My Children	News (Live)	Days of our Lives	Boy	In Corner	Daily	Extreme Machines	Perry Mason	Lilo Stich	Maury	Da Vinci's Inquest	
1 PM :30	Yes, Dear	Days of our Lives	Foot Notes	Wonderful America	Days of our Lives	As the World Turns	Family	One Life to Live	As the World Turns	As the World Turns	Care Bears	Monday Night Raw	Vicki G.	Frontiers of	Hoze	Jerry Springer	MuchOnDemand	Cosby	
2 PM :30	Home Imp.	Da Vinci's Inquest	Gaslight	Reading	Passions	Gulding Light	City Confidential	General Hospital	Passions	Passions	Mona	Interruption	General Hospital	How-Made	Love Lucy	Dalmatian	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Starting Over (N)	Bear	Postcards	Brown	Dr. Phil	American Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Monster Machines	Montel Williams	Weekend	ER	News	Home Imp.
4 PM :30	Raymond	Simpsons	Dora	Cyberchase	Judge J.	Oprah Winfrey	Cold Case Files	Millionaire	Oprah Winfrey	News	Tn-Titans	NHL	The Tyra Banks Show	Daily Planet	Little House	Barbarian	8 Rules	Sex & City	Funnest Home Videos
5 PM :30	Friends	News (Live)	George S.	BBC World	News	News	Crystal Meth	ABC News	Global	Global	SpongeBob	Wings at Carolina Hurricanes.	News	How-Made	Malcolm	K. Possible	Sabrina	The Collector	Da Vinci's Inquest
6 PM :30	Sex & City	Will-Grace	CG Kids	News-Lehrer	News	News	Dog	News	ET Canada	Being Ian	Being Ian	Hockey	News	American Chopper	Simpsons	So Little	My Wife	Supernatural (N)	Da Vinci's Inquest
7 PM :30	Daisy	Fortune	Walk on the Wild Side	Nova (N) (DVS)	Jeopardy!	Seinfeld	Airline	Entertain	Entertain	Gilmore Girls (N)	Drake	SportsCentre (Live)	eTalk Daily	American Hot Rod	Frasler	So Raven	Raymond	Godiva's	WGN News at Nine
8 PM :30	Seinfeld	Rick	Masterpiece	Globe Trekker	Fear Factor (N)	NCIS "Boxed In" (N)	Crossing Jordan	Jim	Fear Factor (N)	Fear Factor (N)	SpongeBob	In Corner	Criminal Minds (N)	Daily Planet	Bones	8 Rules	Gilmore Girls (N)	News	Sex & City
9 PM :30	Movie: "The Whole Nine Yards" (2000) (PA)	Da Vinci's City Hall (N)	With Glowing Hearts	Frontline "Country Boys" (N) (Part 2 of 3)	Scrubs (N)	The 32nd Annual People's Choice Awards	Crystal Meth	Commander In Chief (N)	House (N) (PA)	House (N) (PA)	15/Love Factory	Fight Sports Knockout	Commander In Chief (N)	American Chopper	House (N) (PA)	Brotherly	Supernatural (N)	Jimmy Kimmel Live (N)	Funnest Home Videos
10 PM :30	Movie: "Bait" (2000) Jamie Foxx.	National	Foot Notes	Law & Order: SVU	Dog	Boston Legal (N)	Dog	Gilmore Girls (N)	News (Live)	My Family	Series of Poker	Law & Order: SVU	American Hot Rod	News	Popular "Timber!" (N)	KTLA Prime	Movie: "Men With Guns" (1997)	Da Vinci's Inquest	
11 PM :30		News	Ravens	Charlie Rose (N)	News	News	Airline	News	Entertain	Inuyasha	SportsCentre (Live)	News	How-Made	Sex & City	8 Rules	Sex & City	Friends	Elimidate	

WEDNESDAY, JANUARY 11, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (14)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (33)
6 AM :30	Dawson's Creek	News	(Off Air)	Teletubbs	News	News	Cats!	(5:00) News	News (Live)	(5:00) News (Live)	Monster	SportsCentre	News	Daily Planet	Believers	King	News Calvin, Miller	Maury	Hillbillies
7 AM :30	Movie: "Bait" (2000) (PA)	Life Today	BluesClues	Cliff Pup	Today	The Early Show		Good Morning America			Winx Club	SportsCentre	Canada AM	Sled Dogs-Epic	Sabrina	K. Possible	News	CityLine	Rockford Files
8 AM :30	Jamie Foxx.	100 Huntley Street	Dora	Arthur (EI)			City Confidential				Jacob			American Chopper	Charles	Recess		Star! Inside	Matlock
9 AM :30	Becker	Save-Ums!	Arthur	Sesame Street (EI)		Discover	American Justice	Regis and Kelly	100 Huntley Street	World Vision	LazyTown	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	Feet	Maury	News	Magnum, P.I.
10 AM :30	Cosby	The Price Is Right	Paddington	Barney	Ellen DeGeneres Show	The Price Is Right	Cold Case Files	The View (N)	World Vision	Room	Rupert	Bowling	The View (N)	On Location	Starting Over (N)	Sing-Story	Jerry Springer	Movie: "Regarding Henry" (1991)	News
11 AM :30	Harvey	Judge J.	Caller's Choice	Mr Rogers	The Tyra Banks Show	Young and the Restless	Biography: Roy	Paid Prog.	The Insider	News (Live)	Hamtaro	X Games	eTalk Daily	On Location	Montel Williams (N)	Henry's	Blind Date	Movie: "Regarding Henry" (1991)	Magnum, P.I.
12 PM :30	Drew	News (Live)	Planet Parent	Charlie Rose (N)	Paid Prog.	News	Cats!	All My Children	News (Live)	Days of our Lives	Boy	Brady's	Daily	The Repossessors	Perry Mason	Lilo Stich	Maury	CityLine	Da Vinci's Inquest
1 PM :30	Yes, Dear	Days of our Lives	Planet Parent "Fertility"	Painting	Days of our Lives	As the World Turns	One Life to Live	As the World Turns	As the World Turns	Care Bears	Monday Night Raw	Vicki G.	General Hospital	Deadliest Catch	Hoze	Jerry Springer	MuchOnDemand	Cosby	
2 PM :30	Home Imp.	Da Vinci's Inquest	Gaslight	Reading	Passions	Gulding Light	City Confidential	General Hospital	Passions	Passions	Mona	Interruption	General Hospital	Deadliest Catch	Love Lucy	Dalmatian	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Starting Over (N)	Bear	Postcards	Brown	Dr. Phil	American Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Beyond Tomorrow	Montel Williams	Weekend	ER	News	Home Imp.
4 PM :30	Raymond	Simpsons	Dora	Cyber	Judge J.	Oprah Winfrey	Cold Case Files	Millionaire	Oprah Winfrey	News	Tn-Titans	Hockey	The Tyra Banks Show	Daily Planet	Little House	Barbarian	8 Rules	Sex & City	Funnest Home Videos
5 PM :30	Raymond	News (Live)	George S.	BBC World	News	News	Dog	ABC News	Global	Global	SpongeBob	NHL Pre	News	Frontiers of	Malcolm	K. Possible	Sabrina	South Beach	Becker
6 PM :30	Raymond	Will-Grace	Mechanics	News-Lehrer	News	News	Inked	News	ET Canada	Being Ian	Being Ian	Hockey: Montreal Canadiens at Colorado Avalanche.	News	Killer Ice	Simpsons	So Little	My Wife	Not Your Baby" (N)	Home Imp.
7 PM :30	Sex & City	Fortune	Undersea	Walking the Bible (N)	Jeopardy!	Seinfeld	Rollergirls	Entertain	Entertain	Falcon Beach	Justice	Canadiens	eTalk Daily	MythBusters	Frasler	So Raven	Raymond	Everything	WGN News at Nine
8 PM :30	Daisy	This Is Wonderland (N)	Discoveries	Cathedral	E-Ring	SUII	Crossing Jordan	Lost (N)	E-Ring (N)	E-Ring (N)	SpongeBob	Sabrina	Lost (N)	Daily Planet	'70s Show	8 Rules	One Tree Hill (N)	News	Sex & City
9 PM :30	Movie: "Zoolander" (2001) Ben Stiller.	fifth estate	Scientists	Frontline "Country Boys" (N) (Part 3 of 3)	Biggest Loser	Criminal Minds (N)	Dog	Lost "The 23rd Psalm"	Bones	Bones	15/Love	Ice Storm	Lost "The 23rd Psalm"	MythBusters	Nanny 911 (N)	Brotherly	Beauty and the Geek	Jimmy Kimmel Live	Funnest Home Videos
10 PM :30	Movie: "The Birdcage" (1996)	National	With Glowing Hearts	Law & Order (N)	Law & Order (N)	CS: NY	Inked	Invasion "Us or Them"	News (Live)	My Family	Bob	Motoring	Law & Order (N)	Frontiers of	News	Popular	KTLA Prime	Movie: "Car Wash" (1976)	Da Vinci's Inquest
11 PM :30		News	Scattering	Charlie Rose (N)	News	News	Rollergirls	News (Live)	Entertain	Inuyasha	SportsCentre (Live)	News	Killer Ice	Sex & City	8 Rules	Sex & City	Friends	Elimidate	



**Regular Meetings**

- \* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- \* Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up
- \* Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- \* Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- \* PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- \* Hedley Library open 2-7pm Thursdays
- \* Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- \* Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- \* Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- \* Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- \* Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- \* Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- \* Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- \* Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- \* Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- \* Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- \* Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.
- \* Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- \* Princeton Area BEA meets the 3rd Thursday of the month. 7:00 PM, Skills Centre.

**Similkameen News Leader  
Community Calendar**

**JANUARY**

- 13, 14, 15 - Bantam Hockey Tournament, Arena
- 21 - KIJHL All-Star Game, Princeton Arena
- 30 - PSS PAC Meeting, 7:00 PM

**FEBRUARY**

- 3 - Princeton Posse Game vs. Revelstoke, 7:30 PM
- 3, 4, 5 - Mens Curling Bonspiel, Princeton Curling Club
- 10 - Princeton Posse Game vs. Summerland, 7:30 PM
- 11 - Princeton Posse Game vs. Sicamous, 7:30 PM
- 14 - Valentine's Day
- 15 - Princeton Posse Game vs. Summerland, 7:30 PM
- 17 - Princeton Posse Game vs. Revelstoke, 7:30 PM
- 17, 18, 19 - Ladies Curling Bonspiel, Princeton Curling Club
- 25 - Princeton Posse Game vs. Sicamous, 7:30 PM
- 27 - PSS PAC Meeting, 7:00 PM

**MARCH**

- 4, 5, 6 - Mixed Curling Bonspiel, Princeton Curling Club
- 10 - Schools close for Spring Break
- 20 - Schools re-open
- 27 - PSS PAC Meeting, 7:00 PM
- 28 - Parent/Teacher Interviews, PSS, 6:00 - 8:00 PM

**APRIL**

- 14 - Good Friday
- 17 - Easter Monday
- 24 - PSS PAC Meeting, 7:00 PM
- 27 - PSS Family Fair

Check our 'Events Calendar' at [www.thenewsleader.ca](http://www.thenewsleader.ca) for more events and meetings in the Similkameen!

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!  
[ads@thenewsleader.ca](mailto:ads@thenewsleader.ca)

**thursday movies**

**MORNING**

- 6:00 am A&E (9) ★★½ "The Professional" (1994, Drama) Jean Reno. An assassin's tough exterior is cracked by his bond with a precocious orphan girl who wants to learn his craft. (E)
- 7:00 am WTBS (3) ★★½ "Three Men and a Little Lady" (1990, Comedy) Tom Selleck. Three bachelors stand to lose the 5-year-old they helped raise when the child's unmarried mother heads to England. (E)
- 10:00 am CITY (29) ★★ "Car Wash" (1976, Comedy) Richard Pryor. A preacher, a cabby, other customers and employees mingle to disco music at a Los Angeles car wash. (E)

**AFTERNOON**

- 12:00 pm A&E (9) ★★½ "The Professional" (1994, Drama) Jean Reno. An assassin's tough exterior is cracked by his bond with a precocious orphan girl who wants to learn his craft. (E)
- 5:00 pm WGN (38) ★★ "First Blood" (1982, Drama) Sylvester Stallone. Vietnam veteran John Rambo leads police on a dangerous wilderness hunt after escaping from a brutal sheriff. (E)

5:30 pm CITY (29) ★★ "Meet Joe Black" (1998, Fantasy) Brad Pitt. Death assumes human form and uses a powerful media tycoon to guide him through the material world. (E)

**EVENING**

- 6:00 pm WTBS (3) ★★½ "Jerry Maguire" (1996, Romance-Comedy) Tom Cruise. A Los Angeles sports agent finds love with a pretty accountant after an attack of conscience costs him his job and fiancée. (E)
- 9:10 pm WTBS (3) ★★½ "Jerry Maguire" (1996, Romance-Comedy) Tom Cruise. A Los Angeles sports agent finds love with a pretty accountant after an attack of conscience costs him his job and fiancée. (E)
- 10:06 pm CITY (29) ★★ "Meet Joe Black" (1998, Fantasy) Brad Pitt. Death assumes human form and uses a powerful media tycoon to guide him through the material world. (E)

**friday movies**

**MORNING**

- 7:00 am WTBS (3) ★★ "Blank Check" (1994, Comedy) (PA) Brian Bonsall. A youngster fulfills his fondest wishes after a fugitive gangster hands him a blank check to pay for a damaged bicycle. (E)
- 10:00 am CITY (29) ★★ "Mother of the Bride" (1993, Drama) Rue McClanahan. A woman's preparations for her daughter's wedding are complicated by the arrival of her ex-husband. (E)

**AFTERNOON**

- 5:00 pm A&E (9) ★★ "Tomorrow Never Dies" (1997, Adventure) Pierce Brosnan. James Bond and an equally resourceful Chinese agent join forces to short-circuit a ruthless communications tycoon. (E)
- CITY (29) ★★ "Corky Romano" (2001, Comedy) Chris Kattan. An assistant veterinarian poses as an FBI agent in order to steal incriminating evidence against his father. (E)
- WGN (38) ★★½ "Rambo III" (1988, Action) Sylvester Stallone. Loner Rambo leaves a Buddhist monastery to free his Green Beret mentor from Soviets in Afghanistan.

**EVENING**

- 6:00 pm WTBS (3) ★★ "The Wedding Planner" (2001, Comedy) Jennifer Lopez. A wedding planner is

shocked to learn that the man with whom she shared a romantic date is her biggest client's fiancé. (E)

- 7:30 pm FAM (26) ★★ "Fluke" (1995, Adventure) Matthew Modine. A man is reincarnated as a dog after a fatal car accident and sets out to find his former family.
- 8:10 pm WTBS (3) ★★½ "Angel Eyes" (2001, Mystery) (PA) Jennifer Lopez. A Chicago policewoman becomes involved with a sad-eyed good Samaritan with a mysterious past. (E)
- 9:00 pm A&E (9) ★★ "Tomorrow Never Dies" (1997, Adventure) Pierce Brosnan. James Bond and an equally resourceful Chinese agent join forces to short-circuit a ruthless communications tycoon. (E)
- FAM (26) ★★½ "A Simple Twist of Fate" (1994, Drama) Steve Martin. Premiere. A bitter battle ensues when a child's biological father decides to take custody away from her legal guardian.
- 10:06 pm CITY (29) "Deviant Vixens" The new owners of a dilapidated hotel fall under the building's still-powerful erotic spell. (E)
- 10:56 pm FAM (26) ★★ "The Birdcage" (1996, Comedy) Robin Williams. The arrival of his son's future in-laws forces a gay nightclub owner and his lover to pose as husband and wife.

Online Classified Ads:  
[www.thenewsleader.ca](http://www.thenewsleader.ca)

**Horoscopes**

January 11-18, 2006

- Aries** - Control over spending is an issue for you this week. You may feel angry over spending you think is needed, or not needed. There is a challenge to make a firm budget plan.
- Taurus** - You are somewhat egotistical this week. You want more recognition from a partner or good friend. Even if you get it, you may still feel frustrated. At work, look for the true story.
- Gemini** - Taking care of business is your best function this week. Check all information about taxes, investments, insurances. Next week is better for you. Do chores now.
- Cancer** - You are full of plans related to family and friends. Your partner or good friend wants to talk. Listen. It is the time to enhance relationships. Person you consult gives good advice.
- Leo** - You still need to take care of health. You may have problems on the job due to illness. Make sure the chaos on the job is not causing the illness! If so, clear up the chaos.
- Virgo** - You really want to play this week, but forget it. You gain now from learning more about communications of some kind. Avoid office politics, stick to the facts on the job. Guard words.
- Libra** - This is a time when you are tempted to spend but cannot do so due to restrictions. Use your generous spirit to help others. Watch out for empty promises, deception.
- Scorpio** - You are full of energy and working hard on career. Partner, friend may seem angry. Take time to talk. Be generous.
- Sagittarius** - You need to be cautious about what you hear this week. Double check everything. Focus on money flow, and on job. Guard against cuts, burns, accidents on job.
- Capricorn** - Improve your public image this week, but do not spend a lot of money. You need to focus on your finances and clear up debts, liabilities. Check mortgage, budget, tax picture.
- Aquarius** - Family problems, distant friends and your own confusion may tempt you into doing something foolish. If you feel depressed, check your health. Avoid alcohol, drugs.
- Pisces** - You may feel out of sorts as the weekend approaches. Part of it is due to some confusion. Plan to make improvements. Check pets, children for problems. Speak firmly but gently.

**Similkameen News Leader  
Recipe Corner (Recipe #97)**

**Island Turkey Salad**  
(From 'Butterball Turkey')

Cooking Technique: Bake  
Prep Time: 20 minutes  
Cooking Time: Up to 10 minutes  
Yield: 4 servings

**Ingredients**

- 50 ml (1/4 cup) shredded coconut
- 285 g (10 oz) fresh Romaine lettuce, chopped
- 1 can (8 oz) pineapple chunks, drain, reserve juice
- 1 fresh mango, peeled, cut 1/2" cubes
- 250 ml (1 cup) seedless red grapes
- 375 ml (1-1/2 cups) cooked Butterball turkey, cubed
- 50 ml (1/4 cup) honey mustard
- 50 ml (1/4 cup) honey roasted almonds, sliced

**Directions** Preheat oven to 177°C (350°F). Place coconut in shallow baking pan and toast in oven 6 minutes or until lightly browned, stirring once. Place lettuce on a large serving platter, decoratively arrange pineapple, mango and grapes. Sprinkle turkey over lettuce mixture. Whisk together honey mustard and reserved pineapple juice. Drizzle over salad. Sprinkle with almonds and toasted coconut. Serve immediately. **Serving Suggestions** When entertaining, try hollowing out halved pineapples and filling with the salad!

If you have a favourite recipe you would like to share, contact us for details!  
**226A Bridge Street, Princeton**



THURSDAY, JANUARY 12, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)	
6 AM :30	Dawson's Creek (E)	News (E) Body	(Off Air)	Boohbah Callou (E)	News (E)	News	Movie: "The Professional" (1994) Jean Reno.	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monster Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin Miller.	Maury (E)	Hillbillies Hillbillies	
7 AM :30	Movie: "Three Men and a Little Lady" (1990)	Life Today 100 Huntley Street (E) Poko	BluesClues Dora	Clifford Arthur (E)	Today Scallops; books for babies. (E)	The Early Show (E)	Good Morning America (E)				Winx Club Jacob	SportsCentre (E)		Return to the Dunes Charles	Libertys Paid Prog.	K. Possible Recess	News (E)	CityLine (E)	Rockford Files	
8 AM :30	Becker	Save-Ums! Doodlebop	Arthur (E) Little Bear	Sesame Street (E)		Discover Discover	Dallas SWAT (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	LazyTown Monster	Off-Record Ice Storm	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Ben Bear McDonald	Maury (E)	News (E) City	Magnum, P.I. (E)	
9 AM :30	Cosby	The Price Is Right (E)	Miss BG Sagwa	Barney Bob Build	Ellen DeGeneres Show	The Price Is Right (E)	Crystal Meth	The View (N) (E)	World Vision	Room Diva Dime	Rupert	Figure Skating	The View (N) (E)	Animal Face-Off (E)	Starting Over (N) (E)	Mermald PB&J Otter	Jerry Springer (N) (E)	Movie: "Car Wash" (1976)	News (E)	
10 AM :30	Harvey Home Imp.	Judge J. Brown	Canada-History Mr Rogers	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Sell House Paid Prog.	Paid Prog.	The Insider Diva Dime	News (Live) (E)	Hamtaro Fly Rhino	Billiards	eTalk Daily Balance	Beastly Countdown	Montel Williams (E)	Henrys King (E)	Blind Date Blind Date	Richard Pryor. (E)	Magnum, P.I. (E)	
11 AM :30	Drew Drew	News (Live) (E)	Beyond the Blues (E)	Charlie Rose (E)	Paid Prog. Paid Prog.	News Bold & B.	Movie: "The Professional" (1994) Jean Reno.	All My Children (E)	News (Live) (E)	Days of our Lives (E)	Boy (E) Jane	Care Bears George S.	Poker Million (Taped)	Vicki G. Vicki G.	Frontiers of	Matlock "The Dame"	Hoze Mouse	Jerry Springer (E)	MuchOnDemand (E)	Cosby Cosby
12 PM :30	Yes, Dear Yes, Dear	Days of our Lives (E)	Scattering Planet	In Studio Needle Art	Days of our Lives (E)	As the World Turns	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.										
1 PM :30	Home Imp. Friends	Da Vinci's Inquest (E)	Gaslight Designer	Reading Lions	Passions (E)	Guiding Light (E)	City Confidential (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown	Interruption	General Hospital (E)	Killer Ice	Love Lucy Love Lucy	Dalmatian Fillmore	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha	
2 PM :30	Sinfeld Sinfeld	Starting Over (N) (E)	Bear BluesClues	Postcards Arthur (E)	Brown Brown	Dr. Phil (E)	Dallas SWAT (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record Sports	Dr. Phil (E)	How-Made (E)	Montel Williams (E)	Weekend Lloyd	ER "9 1/2 Hours" (E)	News (E)	Home Imp. Home Imp.	
3 PM :30	Raymond Raymond	Simpsons Malcolm	Dora Rolie Polle	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	Crystal Meth	Millionaire Millionaire	Oprah Winfrey (E)	News (E) News (E)	Tn-Titans Ami Yumi	Figure Skating: BMO	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	8 Rules 8 Rules	Sex & City Friends	Funnlest Home Videos	
4 PM :30	Friends Friends	News (Live) (E)	George S. Koala Bro	BBC World Business	News (E) NBC News	News CBS News	The First 48 (E)	News (E) ABC News	News (E) Global	News (E) Global	Oddparent SpongeBob	Financial Group Canadian	News (E)	Beyond Tomorrow (E)	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	Movie: "First Blood" (1982) Sylvester Stallone.		
5 PM :30	Movie: "Jerry Maguire" (1996) Tom Cruise, Cuba	Will-Grace "70s Show"	Swap TV Gambler	News-Lehrer	News (E) Raymond	News Hollywood	The First 48 (E)	News (E) News (E)	ET Canada Entertain	Belng Ian Mystery	Champions hips. (Live)		News (E)	Operation Snohvit (N)	Simpsons "70s Show"	So Little Darcy	My Wife Friends	Movie: "Fantasy" (1998) Brad Pitt, Anthony Hopkins.		
6 PM :30	Gooding Jr. (E)	Will-Grace Four Kings	Knowledge Haanas	Rosemary and Thyme	Will-Grace Four Kings	CSI: Miami (TV) (E)	Crossing Jordan (E)	Dancing With the Stars (Live) (E)	Falcon Beach (N) (E)	Falcon Beach (N) (E)	SpongeBob Sabrina	First Round.	The O.C. (N) (E)	Daily Planet (E)	"70s Show" "70s Show"	8 Rules Boy World	Smallville "Fanatic" (N)	News (E)	Becker	
7 PM :30	Movie: "Jerry Maguire" (1996) Tom Cruise, Cuba	"70s Show" "70s Show"	China: Ascent	Raising Cain (N) (E)	Name Earl The Office	CSI: Crime Scn	The First 48 (E)	Crumbs (N)	The Office	The Office	15/Love	Golf: Long Drive Champions hip	ER "Split Decisions" (N)	Dirty Jobs	News	Popular (E)	KTLA Prime News (E)	Movie: "Meet Joe Black" (1998) Brad Pitt		
8 PM :30	Gooding Jr. (E)	National Food	Scientists		ER "Split Decisions" (N)	Without a Trace (E)	The First 48 (E)	Primetime (E)	Without a Trace (E)	News (Live) (E)	My Family Bob		ER "Split Decisions" (N)	Dirty Jobs	Will-Grace		KTLA Prime News (E)	Movie: "Meet Joe Black" (1998) Brad Pitt		
9 PM :30	Movie: "Jerry Maguire" (1996) Tom Cruise, Cuba	News (E) Malcolm	Beyond the Blues (E)	Charlie Rose (N) (E)	News (E) Tonight	News Late Show	Dallas SWAT (E)	News (E) Nightline	News (Live) (E)	Entertain ET Canada	Inuyasha Ghost	SportsCentre (Live) (E)	News (E)	Beyond Tomorrow (E)	Sex & City Becker	8 Rules Radio Free	Sex & City Friends	Elimdate Paid Prog.		

FRIDAY, JANUARY 13, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek (E)	News (E) Body	(Off Air)	Teletubbs Callou (E)	News (E)	News	Third Watch (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monster Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin Miller.	Maury (E)	Hillbillies Hillbillies
7 AM :30	Movie: "Blank Check" (1994) (PA) Brian Bonsall.	Life Today 100 Huntley Street (E) Poko	BluesClues Dora	Clifford Arthur	Today (E)	The Early Show (E)	Third Watch "The Lost"	Good Morning America (E)			Winx Club Jacob	SportsCentre (E)		Blue Realm "Tentacles" American Hot Rod (E)	Libertys Paid Prog.	K. Possible Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30	Becker	Save-Ums! Doodlebop	Arthur (E) Little Bear	Sesame Street (E)		Discover Discover	Amer. Justice	Regis and Kelly	100 Huntley Street (E)	World Vision	LazyTown Monster	Off-Record Figure Skating: BMO	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Feet McDonald	Maury (E)	News (E) City	Magnum, P.I. "Forty"
9 AM :30	Cosby	The Price Is Right (E)	Paddington Sagwa	Barney Bob Build	Ellen DeGeneres Show	The Price Is Right (E)	American Justice	The View (N) (E)	World Vision	House Diva Dime	Rupert Monsters	Financial Group Canadian	The View (N) (E)	The Amazing Race 6	Starting Over (N) (E)	Sing-Story PB&J Otter	Jerry Springer (N) (E)	Movie: "Mother of the Bride" (1993, Drama) (E)	News (E)
10 AM :30	Harvey Home Imp.	Judge J. Brown	Sew Fun Thimbles	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Third Watch (E)	Paid Prog. Paid Prog.	The Insider House	News (Live) (E)	Hamtaro Fly Rhino	Champions hips.	eTalk Daily Balance	Monster House (E)	Montel Williams (N)	Henrys King (E)	Blind Date Blind Date	Magnum, P.I. (E)	
11 AM :30	Drew Drew	News (Live) (E)	Dotto Tech SportFish	Charlie Rose (E)	Paid Prog. Paid Prog.	News Bold & B.	Third Watch (E)	All My Children (E)	News (Live) (E)	Days of our Lives (E)	Boy (E) Beasts	Sony Open in Hawaii - First Round.	Daily Bold & B.	Dirty Jobs	Perry Mason	Lilo Stitch Aladdin	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)
12 PM :30	Yes, Dear Yes, Dear	Days of our Lives (E)	Router Planet	Art Work Scrapbook	Days of our Lives (E)	As the World Turns	Third Watch "The Lost"	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.	Sony Open in Hawaii - First Round.	Vicki G. Vicki G.	Operation Snohvit	Matlock "The Defense"	Hoze Mouse	Jerry Springer (E)	MuchOnDemand (E)	Cosby Cosby
1 PM :30	Home Imp. Friends	Da Vinci's Inquest (E)	Gaslight Knowledge	Reading Lions	Passions (E)	Guiding Light (E)	City Confidential (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown	Interruption	General Hospital (E)	Beyond Tomorrow	Love Lucy Love Lucy	Dalmatian Fillmore	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
2 PM :30	Sinfeld Sinfeld	Starting Over (N) (E)	Bear BluesClues	Postcards Arthur	Brown Brown	Dr. Phil (E)	Amer. Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Pokemon	Off-Record Sports	Dr. Phil (E)	How-Made (E)	Montel Williams (E)	Weekend Lloyd	ER "ER Confidential"	News (E)	Home Imp. Home Imp.
3 PM :30	Raymond Raymond	Simpsons Direct Buy	Dora Rolie Polle	Cyberchas Dragonfly	Judge J. Judge J.	Oprah Winfrey (E)	American Justice	Millionaire Millionaire	Oprah Winfrey (E)	News (E) News (E)	Tn-Titans Catscratch	Figure Skating: BMO	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	8 Rules 8 Rules	Sex & City Friends	Funnlest Home Videos
4 PM :30	Friends Friends	News (Live) (E)	George S. Koala Bro	BBC World Business	News (E) NBC News	News CBS News	Movie: "Tomorrow Never Dies" (1997) Pierce Brosnan.	News (E) News (E)	News (E) Global	News (E) Global	Oddparent SpongeBob	Financial Group Canadian	News (E)	Deadliest Catch	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	Movie: "Corky Romano" (1988) Sylvester Stallone.	
5 PM :30	Movie: "The Wedding Planner" (2001) (E)	Will-Grace "70s Show"	Outta Town Knowledge	News-Lehrer	News (E) Raymond	News Hollywood	Pierce Brosnan.	News (E) Entertain	ET Canada	ET Canada	Yu Gi Oh D.I.C.E.	Champions hips. (Live)	eTalk Daily Hollywood	A Haunting (N)	Frasler "70s Show"	School Movie: "Fluke" (1995), Nancy Travis	Raymond Living-Fran	Sex & City News (E)	WGN News at Nine Sex & City
6 PM :30	Movie: "Angel Eyes" (2001) (PA) Jennifer Lopez.	Alr Farce 22 Minutes	He Knew He Was Right (Part 2 of 2) (E)	NOW (N) Europe	Moments Moments	Ghost Whisperer (N)	Random 1 (N) (E)	Dancing Falth	Next Chef Malcolm	Next Chef Malcolm	Zatch Bell Dragonball	PGA Golf: Sony Open in Hawaii - Second Round.	Ghost Whisperer (N)	Daily Planet (E)	Bernie Mac Malcolm	Movie: "A Simple Twist of Fate" (1994) Premiere.	Reba (N) Twina (N)	Jimmy Kimmel Live (N)	Funnlest Home Videos
7 PM :30	Daisy Family Guy	National Sher. Holmes	Chronicles Barbara	The Book of Daniel (N)	NUMB3RS (TV) (N) (E)	NUMB3RS (TV) (N) (E)	Movie: "Tomorrow Never Dies" (1997) Pierce Brosnan.	20/20 (N) (E)	NUMB3RS (TV) (N) (E)	News (Live) (E)	Gundam Hack/Sign	Golf: Pinnacle Champ. Mcycles	In Justice (N) (E)	Deadliest Catch	Trading Spouses	Movie: "A Simple Twist of Fate" (1994) Premiere.	KTLA Prime News (E)	Movie: "Deviant Vixens" (E)	Da Vinci's Inquest (E)
8 PM :30	Futurama Oblongs	News (E) Reba (N)	Knowledge Haanas	On the Up	News (E) Tonight	News Late Show	Dallas SWAT (E)	News (E) Nightline	News (Live) (E)	Entertain ET Canada	ReBoot Beast	SportsCentre (Live) (E)	News (E)	Beyond Tomorrow	Sex & City Becker	Movie: "The Birdcage"	Sex & City Friends	Elimdate Paid Prog.	



### saturday movies

#### MORNING

7:00 am WTBS (3) ★★½ "Mickey Blue Eyes" (1999, Comedy) (PA) Hugh Grant. An awkward British auctioneer tries to feel like one of the family when he becomes engaged to a mobster's daughter. (E)

8:00 am A&E (9) ★★½ "Shakespeare In Love" (1998, Romance-Comedy) Joseph Fiennes. Young William Shakespeare falls for Viola, reawakening his creativity, but she is betrothed to Wessex. (E)

9:05 am WTBS (3) ★★ "The Wedding Planner" (2001, Comedy) Jennifer Lopez. A wedding planner is shocked to learn that the man with whom she shared a romantic date is her biggest client's fiancé. (E)

10:30 am A&E (9) ★★½ "Down With Love" (2003, Romance-Comedy) Renée Zellweger. In 1960s New York, a womanizing journalist vows to make a feminist fall for him after she denounces him in public. (E)

11:15 am WTBS (3) ★★½ "Angel Eyes" (2001, Mystery) (PA) Jennifer Lopez. A Chicago policewoman

becomes involved with a sad-eyed good Samaritan with a mysterious past. (E)

#### AFTERNOON

12:00 pm FAM (26) ★★½ "You Wish!" (2003, Fantasy) A.J. Trauth. An exasperated teen makes a wish that he didn't have a younger brother, and awakens to find that it has come true. (E) WGN (38) ★★½ "Top Gun" (1986, Drama) Tom Cruise. A maverick Navy pilot is forced to grow up during the course of a specialized training program in California. (In Stereo) (E)

1:00 pm CITY (29) ★★ "Corky Romano" (2001, Comedy) Chris Kattan. An assistant veterinarian poses as an FBI agent in order to steal incriminating evidence against his father. (E)

1:15 pm WTBS (3) ★★½ "Down to Earth" (2001, Comedy) Chris Rock. A black comic who met an untimely death is sent back to Earth and given the body of an older white tycoon. (E)

1:30 pm FAM (26) ★★ "Big Girls Don't Cry... They Get Even" (1992,

Comedy-Drama) Hillary Wolf. Fed up with a tension-filled home life, a teen flees from her stepparents and half siblings during a family vacation.

3:00 pm WTBS (3) ★★ "Fools Rush In" (1997, Comedy) Matthew Perry. A fateful one-night stand leads to a rocky marriage between a WASPish New Yorker and a lively Latina. (E)

4:00 pm YTV (18) ★★½ "Teenage Mutant Ninja Turtles II: The Secret of the Ooze" (1991, Adventure) Paige Turco. Premiere. The evil Shredder hatches a plot to create mutant monsters from the same radioactive glop that spawned the Turtles. (In Stereo) (E)

5:00 pm WTBS (3) ★★ "Stepmom" (1998, Drama) Julia Roberts. An adversarial ex-wife complicates a photographer's desire to make her boyfriend's children accept and love her. (E) (DVS)

#### EVENING

6:00 pm CITY (29) ★★½ "Atlantic City" (1980, Drama) Burt Lancaster. A boardwalk numbers runner feels

young again with a casino clam shucker and a lucky cocaine deal. (E) (DVS)

7:30 pm WTBS (3) ★★½ "Sweet November" (2001, Romance) Keanu Reeves. A self-absorbed workaholic meets a vivacious free spirit who promises to change his life within one month. (E)

8:00 pm KSPS (6) ★★½ "The Magnificent Seven" (1960, Western) Yul Brynner. A gunfighter recruits six rugged men to defend a group of Mexican peasants from bandits.

9:00 pm KNOW (5) ★★ "The Dead of Jericho" (1992, Mystery) John Thaw. Inspector Morse suspects murder when he investigates a young woman's apparent suicide.

YTV (18) ★★½ "Benny & Joon" (1993, Drama) Aidan Quinn. The brother of a mentally ill young woman becomes concerned when an eccentric newcomer and his sister fall in love. (In Stereo) (E)

FAM (26) ★★½ "My Father, the Hero" (1994, Comedy) Gérard Depardieu. A vacationing 14-year-old turns heads when she pretends that her father is actually her lover to impress an older boy.

CITY (29) ★★½ "Zero Effect" (1998, Comedy-Drama) Bill Pullman. The world's greatest private detective undertakes the challenging case

of a businessman plagued by blackmail.

10:00 pm WTBS (3) ★★ "Only You" (1994, Comedy) Marisa Tomei. A fateful phone call sends a bride-to-be on a journey to Italy to find her destined true love. (E)

WGN (38) ★★½ "Top Gun" (1986, Drama) Tom Cruise. A maverick Navy pilot is forced to grow up during the course of a specialized training program in California. (In Stereo) (E)

10:05 pm KSPS (6) ★★½ "Raging Bull" (1980, Biography) Robert De Niro. The violent nature of prizefighter Jake LaMotta leads first to a boxing championship, then to a downward spiral of self-destruction.

10:34 pm FAM (26) ★★½ "Throw Momma From the Train" (1987, Comedy) Danny DeVito. A timid man involves his writing teacher in plans to do away with his overbearing hag of a mother.

11:30 pm CITY (29) ★★½ "Midnight in the Garden of Good and Evil" (1997, Drama) Kevin Spacey. A society reporter investigates a scandalous murder involving a wealthy bachelor while on assignment in Savannah, Ga. (E)

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### sunday movies

#### MORNING

6:45 am WTBS (3) ★★ "Only You" (1994, Comedy) Marisa Tomei. A fateful phone call sends a bride-to-be on a journey to Italy to find her destined true love. (E)

9:00 am WTBS (3) ★★½ "Down to Earth" (2001, Comedy) Chris Rock. A black comic who met an untimely death is sent back to Earth and given the body of an older white tycoon. (E)

10:00 am WGN (38) ★★ "Double Whammy" (2001, Comedy) Denis Leary. A widowed New York City police officer fails in his attempt to stop a shooting in a fast-food restaurant. (In Stereo) (E)

10:30 am WTBS (3) ★★ "Blast From the Past" (1999, Comedy) Brendan Fraser. A young man experiences culture shock as he navigates 1998 suburbia after spending his whole life in a bomb shelter. (E) (DVS)

11:00 am CHBC (4) ★★½ "My Dog Vincent" (1998, Comedy) Chuck Campbell. Several slacker friends discuss the merits of various ways to score with the opposite sex. (E) CITY (29) ★★½ "Atlantic City"

(1980, Drama) Burt Lancaster. A boardwalk numbers runner feels young again with a casino clam shucker and a lucky cocaine deal. (E)

#### AFTERNOON

12:00 pm FAM (26) ★★½ "Magic Island" (1995, Fantasy) Zachery Ty Bryan. An adventure novel transports a boy into an exciting world of greedy pirates and hidden treasure. WGN (38) ★★½ "Coming to America" (1988, Comedy) Eddie Murphy. An African prince chooses the crime-infested ghettos of New York City as the logical place to search for a bride. (In Stereo) (E)

12:30 pm WTBS (3) ★★ "Fools Rush In" (1997, Comedy) Matthew Perry. A fateful one-night stand leads to a rocky marriage between a WASPish New Yorker and a lively Latina. (E)

1:00 pm KTLA (27) ★★½ "A Thousand Acres" (1997, Drama) Michelle Pfeiffer. An aging farmer's irrational actions lead to revelations and divisions among his three daughters. (In Stereo)

### LEGEND TO THE TV LISTINGS Normal Months September - June "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.

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Time-of-use Schedule for TOU \* NORMAL MONTHS  
September - October - November - December  
January - February - March - April - May - June

Power by the Hour Rates	Time	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
By Strategy LEGASIS 9:00 PM	15:00	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
	11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

1:30 pm FAM (26) ★★½ "Houseguest" (1995, Comedy) Sinbad. A con artist brings normalcy to a dysfunctional family after he assumes the identity of an old friend.

2:00 pm VTV (22) "The Royal Scandal" (2001, Mystery) Matt Frewer. Sherlock Holmes and his trusty sidekick Watson sniff out a plot involving espionage and blackmail. (In Stereo) (E)

2:30 pm WTBS (3) ★★ "Stepmom" (1998, Drama) Julia Roberts. An adversarial ex-wife complicates a photographer's desire to make her boyfriend's children accept and love her. (E) (DVS)

3:00 pm KTLA (27) ★★½ "Simon Birch" (1998, Comedy-Drama) Ian Michael Smith. A small-town boy and his outcast pint-size pal struggle through the ups and downs of their childhood days. (In Stereo)

5:00 pm WTBS (3) ★★½ "Pretty Woman" (1990, Comedy-Drama) Richard Gere. A business executive attempts to transform a vulgar street-walker into a sophisticated female companion. (E)

CITY (29) ★★½ "The Hulk" (2003, Action) Eric Bana. Premiere. Scientist Bruce Banner transforms into a powerful brute after his experiment goes awry. Directed by Ang Lee. (E)

#### EVENING

6:00 pm YTV (18) ★★½ "The Borrowers" (1998, Adventure) John Goodman. Four-inch-high dwellers of a British house must stop an evil real estate agent from destroying their home. (In Stereo) (E)

7:30 pm WTBS (3) ★★½ "Pretty Woman" (1990, Comedy-Drama) Richard Gere. A business executive attempts to transform a vulgar street-walker into a sophisticated female companion. (E)

9:00 pm KREM (8) "Jesse Stone: Night Passage" (2006, Crime Drama) Tom Selleck. Premiere. A former Los Angeles lawman becomes the new police chief of a small fishing town that holds dirty secrets. (In Stereo) (E)

FAM (26) ★★½ "Benny & Joon" (1993, Drama) Aidan Quinn. The brother of a mentally ill young woman becomes concerned when an eccentric newcomer and his sister fall in love.

10:00 pm WTBS (3) ★★ "The Bachelor" (1999, Comedy) Chris O'Donnell. A young man will inherit a fortune from his late grandfather if he gets married by his fast-approaching 30th birthday. (E) (DVS)

10:30 pm FAM (26) ★★½ "Nobody's Perfect" (1990, Comedy) Chad Lowe. A college freshman, infatuated

with a star tennis player, poses as a woman to win a spot on his heart-throb's team.

11:00 pm CITY (29) ★★½ "Zero Effect" (1998, Comedy-Drama) Bill Pullman. The world's greatest private detective undertakes the challenging case of a businessman plagued by blackmail.

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SATURDAY, JANUARY 14, 2006

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 12 rows (6 AM to 11 PM) listing TV programs and their channels.

SUNDAY, JANUARY 15, 2006

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 12 rows (6 AM to 11 PM) listing TV programs and their channels.



MONDAY, JANUARY 16, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)	
6 AM	Dawson's Creek (E)	News (E) Okanagan	(Off Air)	Teletubbs Calliou (E)	News (E)	News	24 (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (E)	Monster Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Bellevers Paid Prog.	King (E) Spider-Man	News (E) Calvin, Miller	Maury (E)	Hillbillies Hillbillies	
7 AM	Movie: "Three to Tango" (1999) Matthew Perry.	Life Today 100 Huntley Street (E) Poko	BluesClues Dora HI-5	Clifford Arthur (E) Dragon	Today (E)	The Early Show (E)	24 (E)	Good Morning America (E)			Winx Club Jacob	SportsCentre (E)		Whiskey Trail Charles	Sabrina K. Possible Recess		News (E)	CityLine (E)	Rockford Files	
8 AM	Becker	Save-Ums! Doodlebop	Arthur (E) Little Bear	Sesame Street (E)			Discover Discover	Rollergirls (E) Regis and Kelly	100 Huntley Street (E)	World Vision	LazyTown Monster	Off-Record PBA Bowling: Dick Weber Open.	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Feet McDonald	Maury (E)	News (E) City	Magnum, P.I. "Laura"	
9 AM	Cosby	The Price Is Right (E)	Paddington Sagwa	Barney Bob Build	Ellen DeGeneres Show	The Price Is Right (E)	Cold Case Files (E)	The View (N) (E)	World Vision	House Diva Dime	Rupert		The View (E)	How-Made How-Made	Starling Over (N) (E)	Sing-Story PB&J Otter	Jerry Springer (N) (E)	Movie: "Godzilla 2000" (2000) Takehiro Murata.	News (E)	
10 AM	Harvey Home Imp.	Judge J. Brown	Hockey Women	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	24 (E)	Paid Prog. Paid Prog.	The Insider House	News (Live) (E)	Hamtaro Fly Rhino	Tennis: Australian Open - Early Round - Day 1.	eTalk Daily Balance-TV	Super Ships (E)	Montel Williams (E)	Henrys King (E)	Blind Date Blind Date	Maury (E)	Magnum, P.I. (E)	
11 AM	Drew	News (Live) (E)	Undersea Second	Charlie Rose (N) (E)	Paid Prog.	News	24 (E)	All My Children (E)	News (Live) (E)	Days of our Lives (E)	Boy (E) Beasts		Daily Bold & B.	Ancient Myst. Afaddin	Perry Mason	Lilo Stitch Lilo Stitch	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)	
12 PM	Yes, Dear	Days of our Lives (E)	Moving On Planet	Fine Art Sewing	Days of our Lives (E)	As the World Turns	24 (E)	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.	From Melbourne, Australia. (Taped)	Vicki G. Vicki G.	Canada's Worst Driver How-Made	Love Lucy Love Lucy	Dalmatian Fillmore	Hoze Eye Eye	Jerry Springer (E)	Relic Hunter (E)	Cosby
1 PM	Home Imp. Friends	Da Vinci's Inquest (E)	Gaslight Home	Reading Lions	Passions (E)	Guiding Light (E)	24 (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown		General Hospital (E) Dr. Phil (E)	How-Made How-Made	Love Lucy Love Lucy	Fillmore Eye Eye	Eye Eye Eye Eye	DeGeneres Show	Moesha Moesha	
2 PM	Seinfeld	Starting Over (N) (E)	Bear BluesClues	Postcards Arthur (E)	Brown	Dr. Phil (E)	Rollergirls (E)	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Yu Gi Oh	Sports		Greatest Ever... (E)	Montel Williams (E)	Weekend Lloyd	ER "Blizzard"	News (E)	Home Imp. Home Imp.	
3 PM	Raymond	Simpsons	Dora	Cyberchas Dragonfly	Judge J. Judge J.	Oprah Winfrey (E)	Cold Case Files (E)	Millionaire ABC News	Oprah Winfrey (E)	News (E)	Tn-Titans Grown Up	Hockey In Corner	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	8 Rules 8 Rules	Sex & City Friends	Funniest Home Videos	
4 PM	Friends	News (Live) (E)	George S. Koala Bro	BBC World Business	News (E) NBC News	News (E) CBS News	Flip This House (E)	News (E) ABC News	News (E) Global	News (E) Global	Oddparent SpongeBob	Series of Poker	News (E)	MythBusters (E)	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	Stargate SG-1 (E)	Funniest Home Videos	
5 PM	Friends	Will-Grace	Science Moving On	News-Lehrer Raymond	News (E) Raymond	News (E) Hollywood	Interventio n (E)	News (E)	ET Canada Entertain	Being Ian Martin	WWE Monday Night Raw (Live) (E)	News (E)	Monster Garage (N)	Simpsons 70s Show	So Little Darcy	My Wife Friends	Celebrity Bad Girls (E)	Funniest Home Videos		
6 PM	Family Guy	Fortune	Time	Served	Jeopardy!	Seinfeld	Rollergirls (N) (E)	Entertain The Insider	Entertain ET Canada	Love Monkey "Pilot"	Unfabulous 15/Love		eTalk Daily Hollywood	Deadliest Catch (N)	Frasier 70s Show	So Raven Smart Guy	Raymond Raymond	The Bachelor: Paris (N)	WGN News at Nine	
7 PM	Movie: "Anaconda" (1997) (PA) Jennifer Lopez.	"Charles & Camilla: Whatever Love Means" (E)	Fighting Their Fears	Antiques Roadshow (N)	The 63rd Annual Golden Globe Awards (Same-day Tape) (E)	King How I Met Two Men Practice	Crossing Jordan (E)	Wife Swap (N) (E)	24 (N) (E)	24 (N) (E)	SpongeBob Sabrina 15/Love Fresh Pr.	SportsCentre (Live) (E)	The 63rd Annual Golden Globe Awards (Same-day Tape) (E)	Daily Planet (E)	24 (N) (E)	8 Rules Boy World	7th Heaven (E)	News (E)	Sex & City Becker	
8 PM	Jennifer Lopez.	Whatever Love Means" (E)	Struggle For Control	American Experience "Eleanor Roosevelt"	Globe Awards (Same-day Tape) (E)	Two Men Practice	Flip This House (E)	Emilys Progress			15/Love Fresh Pr.	WWE Monday Night Raw (E)	Monster Garage (E)	Deadliest Catch (E)	News Will-Grace	Popular (E)	Related (E)	Jimmy Kimmel Live	Funniest Home Videos	
9 PM	Movie: "Aliens" (1986) (PA) Sigourney Weaver.	National How I Met	Living With ADHD	Charlie Rose (N) (E)	News (E) Tonight	News (E) Late Show	Rollergirls (N) (E)	The Bachelor: Paris (N)	News (Live) (E)	News (Live) (E)	My Family Bob		Deadliest Catch (E)	News Will-Grace	Popular (E)	Related (E)	Related (E)	Movie: "Fallen" (1998) Denzel Washington	Da Vinci's Inquest (E)	
10 PM	Sigourney Weaver.	News (E) How I Met	Canada-History	Charlie Rose (N) (E)	News (E) Tonight	News (E) Late Show	Rollergirls (N) (E)	The Bachelor: Paris (N)	News (Live) (E)	News (Live) (E)	My Family Bob		Deadliest Catch (E)	News Will-Grace	Popular (E)	Related (E)	Related (E)	Movie: "Fallen" (1998) Denzel Washington	Da Vinci's Inquest (E)	
11 PM		News (E) How I Met	Canada-History	Charlie Rose (N) (E)	News (E) Tonight	News (E) Late Show	Rollergirls (N) (E)	The Bachelor: Paris (N)	News (Live) (E)	News (Live) (E)	My Family Bob		Deadliest Catch (E)	News Will-Grace	Popular (E)	Related (E)	Related (E)	Movie: "Fallen" (1998) Denzel Washington	Da Vinci's Inquest (E)	

monday movies

MORNING

7:00 am WTBS (3) ★½ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. (E)

10:00 am CITY (29) ★★½ "Godzilla 2000" (2000, Science Fiction) Takehiro Murata. Tokyo landmarks are reduced to rubble yet again as Godzilla battles an ancient UFO. (E)

EVENING

8:00 pm WTBS (3) ★ "Anaconda" (1997, Horror) (PA) Jennifer Lopez. Members of a documentary film crew become fodder for a gargantuan snake slithering through the Brazilian jungle. (E)

CHBC (4) "Charles & Camilla: Whatever Love Means" (2005, Docudrama) Laurence Fox. Great Britain's Prince Charles carries on a furtive romance with his longtime love, Camilla Parker-Bowles. (E)

10:00 pm WTBS (3) ★★½ "Aliens" (1986, Science Fiction) (PA) Sigourney Weaver. Futuristic marines are sent to eradicate the creatures responsible for the destruction of the spacecraft Nostromo. (E)

10:06 pm CITY (29) ★★ "Fallen" (1998,

Suspense) Denzel Washington. A detective believes that an executed serial killer has passed his evil spirit on to other people. (E)

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Let's Play Princeton Trivia!

Question:

Princeton War Memorial Society hosted a celebration at the Elk's Hall on November 2, 1949. What was the occasion?

Last Week:

They were all Ladies Bowling League Teams active in 1949.

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X E L Q Q I F W O V Z A U C P N I G C E  
T P X B J R Z N N A M T A B O A Q G G W  
G P S R U Q D S B M Z Z I P H M H S L N  
Y I N R O N S I D E S N U F N R I L T W  
M K G Z V Y Z T U R X A X R I E D T P E  
K R T T R R O Y W E D M M A B D S O G J  
Q W H R N N G U S V O R U S O I Z R Q T  
Y C E E T F U M O Y I E R I R P H E W Z  
V P H O T H S T X U U P T E A S O T O M  
P L S G W T Y K A G J U A R Y D N S L A  
E A Y G V D R U T C P S U X M W D O F X  
W V R C K Q S J Z M S T G Y O N O O E E  
N V N Q Z T O F W J A N H A N S W R I J  
M C E O I C T U U J U B V A D T R D D Y  
B B H N X I M S M D S M B B I V Q T U S  
H U L E K Y B D O W V H N H O Y M S X W

LET'S TALK ABOUT "FAMOUS MALE ROLES"

- |          |            |          |           |
|----------|------------|----------|-----------|
| SHANE    | ROOSTER    | DREW     | SPIDERMAN |
| HONDO    | PERRY      | HARRY    | ROBIN     |
| GERONIMO | WOLFE      | MAX      | BATMAN    |
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| MCGUYVER | FRASIER    | SUPERMAN | RHETT     |



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Jul 06-tfn

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### notices

Mac Lind PeeWees will be hosting a Bottle Drive on Saturday, January 14th starting at 10:00 AM. If you want to donate bottles, but won't be home during the Bottle Drive, you can drop you donation off at The Hut. Princeton Minor Hockey thanks you for your support! Jan 10(b)

### obituary

## Gerald Edward (Gerry) Wiseman

March 31, 1933 - December 29, 2005

Passed away at Ridgewood Lodge in Princeton on December 29, 2005 at the age of 72 years. Born March 31, 1933 at Vermilion, Alberta. Gerry had been a thirteen year resident of Princeton following a move from Surrey, where the Wisemans had been long time residents.

Gerry will be lovingly missed by his wife Yvonne; six children; Patrick (Barb) of Coquitlam, Gerald (Clair) of Edmonton, Dan (Charmaine) of White Rock, David (Nichole) of Port Moody, daughters; Annette (Alex Barber), and Jennifer of Edmonton; eight grandchildren; Richard, Andrew, Alicia, Alen, Ryan, Wesley, Karlee and Hailey.

Gerry worked for the CNR from May 19, 1951 to June 30, 1988. A Celebration of his life was held at 1:00 PM, Sunday, January 1, 2006 at Princeton Baptist Church, officiated by Pastor Dan Brama. Arrangements have been entrusted to HANSONS' PRINCETON FUNERAL AND CREMATION CENTRE (250) 295-6102.

## Joanne (Jo) Theresa Branch (nee Parkinson)

July 14, 1947 - December 31, 2005



It brings great sadness to announce the passing of Joanne Branch on December 31, 2005 at Kelowna General Hospital. Surrounded by family and friends, she slipped away peacefully after a lengthy battle with many medical issues. Joanne was born on July 14, 1947 in Princeton, BC. For over 23 years Joanne nursed at David Lloyd Jones Home in Kelowna, BC and what a wonderful nurse she was. Nursing was an integral part of her life and a great source of pride. She will be remembered by her friends, neighbours and colleagues at David Lloyd Jones as well

as her many patients for her compassion, kindness and up-lifting sense of humour. Jo touched countless lives and will be sorely missed. She is survived by her brother Gordon Parkinson and his wife Kay; nieces Heather and Briana and nephew Christopher; sister Marion Barnhill and her husband Paul Guiguet. The family would like to thank Dr. Milt Stevenson, the staff of KGH and her many friends for their kindness and care. A Memorial Service will be held at the Chapel of First Memorial Funeral Services, 1211 Sutherland Avenue, Kelowna on Saturday, January 28, 2006 at 11:30 AM. Donations may be made to a charity of choice in Joanne's memory. Condolences may be sent to the family by visiting [www.firstmemorialkelowna.com](http://www.firstmemorialkelowna.com). Arrangements entrusted with FIRST MEMORIAL FUNERAL SERVICES, Kelowna, BC (250) 762-2299.

### for sale

1991 Dodge Caravan in good condition. Comes with good studded snow tires. \$1,200.00. (250) 295-3743. Dec 20-tfn

### obituary

## Ada Ruth Currie

December 17, 1920 - December 21, 2005

Ada Ruth passed away peacefully at Ridgewood Lodge on December 21st at the beautiful age of 85. Ada had just celebrated her 85th birthday on December 17th. Predeceased by her husband Gordon (June 29, 1998) she was the proud mother of, and leaves behind, three children; son Gordon Currie of Langley, BC, and daughters Wendy Herrick and Terry Stinson, both of Princeton, BC. She will be dearly missed by her two sons-in-law, Russell Herrick and Dean Stinson; her six grandchildren, Ronda, Jason, Aron, Dallas, Dawn and Devon. Also missing her are seven great grandchildren: Patton, Kaylan, Isaiah, Rebecca, Hannah, Adam and Ava.

The family extends a special thank you to the compassionate and caring staff of Ridgewood Lodge for you are the Angels of Life. As per Ada's request there will be no service. A family gathering to join her with her beloved Gordon will be held in the Spring of 2006.

### notices

### notices

## Notice to Creditors

Notice is hereby given to Creditors and others having claims against the Estate of John Lyman Graham that the particulars of their claims should be sent to the executor at PO Box 1175, Princeton, BC VOX 1W0 on or before February 21, 2006, after which date the executor will distribute the estate among the parties entitled to it, having regard to the claims of which the executor then has notice. Jan 10-31

### for rent

12' x 68' mobile home. 2-bedroom. \$450/month. Debyln Mobile Home Park. (250) 295-0264. Dec 20-Jan 10

Clean, comfortable kitchen units. Weekly or monthly. (250) 295-3237. Jan 10-tfn (MC)

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3-bedroom house, 189-1st Avenue. No pets, references/damage deposit req'd. (250) 295-6340. Jan 10-31

### for rent

Large 2-bedroom house on 3rd Bench. Damage Deposit/References required. \$650.00/month. (250) 295-0305. Jan 10-31

Princeton Minor Hockey says thank you to April and the Staff at Princeton Subway for donating water bottles for every member. Thanks! Jan 10(b)

### card of thanks

### card of thanks

## Thank You

My family and I would like say a Special Thank You to Dr. Adams and Dr. Reid and all the Staff at Ridgewood who were so kind and caring and made Gerry's last days as comfortable as possible. To Pastor Dan and all my Church family, Thank You! You are all at the top of my list when I count my blessings.

Thank you,  
Yvonne and all the Wiseman Family.



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for rent

for rent

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Mar 03-tfn

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Jan 25-tfn

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Jul 19-tfn

## Yard Work - Plus More!

I will do Yard Work - raking, snow shoveling,  
 roof raking, garden clean-up, etc.  
 Call Paul at (250) 295-1687 or 295-7820.

Oct 25-tfn

help wanted

help wanted

## The Town of Princeton

is seeking a qualified

### Chief Administrative Officer

An exciting opportunity to live in the foothills of the Cascade Mountains surrounded by five Provincial Parks has just become available. Abounding in history this special place at the confluence of the Similkameen and Tulameen Rivers offers sensational outdoor activities including golf, trout fishing in the 50 lakes nearby, hiking, crosscountry moonlight skiing, horseback riding, dogsledging, mountain biking, snowmobiling, rockhounding and goldpanning. This delightful town of approximately 3,000 population is sustained by agriculture, cattle ranching, value-added timber industry and tourism. Princeton has a charming downtown core with delightful restaurants with all the amenities easily available. The Lower Mainland of Greater Vancouver is a short 2-3 hours drive away.

The candidate will be practical and creative with an ability to encompass many aspects of town management. Princeton has a successful Community Forest License so previous knowledge of the forest industry could also be a valuable asset. Working closely with the Mayor, Members of Council, and Staff, the position requires vision in the promotion and sustaining of the well-being of this multi-faceted town.

Council will be looking for a mentor and energetic leader with experience in municipal management in at least an intermediate level within a municipality or regional district.

Salary commensurate with experience will reflect the level of responsibility. Housing costs are relatively low. Quality of living and job satisfaction make this an exciting prospect.

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 Sooke, BC V0S 1N0

Attention: Jim Craven (250) 744-9455  
 e-mail: craven@telus.net

\* Three references please

Closing Date: January 30, 2006

notices

notices

for rent

**DID YOU KNOW THAT ONE CAT AND IT'S  
 OFFSPRING CAN PRODUCE APPROXIMATELY  
 420,000 KITTENS IN 7 YEARS?**

**SHOCKED? SO WAS I BECAUSE MANY OF THESE  
 CATS AND KITTENS DON'T FIND HOMES AND  
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I think a start to solving this problem is to fix our cats.  
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Jan 18-tfn (b)

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Mar 01-tfn

**notices**

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WEDNESDAY CLOSED - 8 PM  
(295-7931 / 295-7229)  
SATURDAY OPEN - 7:30 PM  
(295-3571)

TULAMEEN LIBRARY  
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ALANON - HEALTH CENTRE  
MONDAY 12 NOON  
ARBOR HOUSE  
WEDNESDAY 7:30 PM  
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**notices**

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Thursdays 7:30 PM

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Info: (250) 295-7919

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Oct 25-tfn

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# editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## my turn

### Speaking of shoe strings...

Tell us if this headline story is not too far off in the future: **Town Announces Community Centre To Be Built At Former Hospital Site.**

With what's been happening in the news about Princeton the last few weeks, just about anything is possible. It has already turned the brightness up on the light shining on HealthCare in rural communities.

We don't expect our local facility to become a M\*A\*S\*H unit, but with cuts being administered at the government level rather than getting bandaged at the local level, you've got to wonder.

It could make for some interesting campaign promises going into the poorly-timed January Federal Election. We wonder how long it'll take before one of the Candidates in our riding suggests extra spending on additional pull-outs on highways with phone boxes that instantly connect you with a midwife and the creation of 'birthing lanes' along the Highway 3 and 5A Corridors.

We can see it now. Forget the GST reduction to 5%, let's jack it up to 9% so we can afford to put in these pull-outs, activate the 1-800-MIDWIFE Phone Hotline and pay someone to design a snazzy logo to identify the 'expectant mothers only' driving lanes (we suggest a pair of pink booties intertwined with a pair of blue booties, but what do we know).

It gives a whole new meaning to the bumper sticker "Baby On Board" doesn't it?

It would also force the issue of the need for cell service in those pockets where there isn't any service, and most likely where you need service in case of emergency. Oddly enough, on stretches of Highways 3 and 5A.

Entrepreneurs could set up kiosks along both highways to sell everything from souvenir bottles and t-shirts (I Was Born Somewhere On A BC Highway) to road maps to the nearest full-service hospital.

Maybe what we need is a series of drive-through kiosks set up along the highways. You approach one, place your order, insert your CareCard and drive up to the next window for pick-up.

Or they could just spend the money planned on these ideas to just fix the problem already at hand. We would hate to see the day when there was an emergency and nobody came.

How symbolic that an umbilical cord was tied off with a shoe lace. Much in the same manner as services have been cut off in rural BC.

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

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## your turn

### Local man talks about election

To The Editor;

Your vote can make a big difference. Every Canadian should take time to reflect and get really upset about the bungling, mismanagement, scandals, frauds and treachery of the Liberals and Conservatives during the past 20 years.

After stifling and purging opposition in their own parties, the treasonous FTA and NAFTA 'agreements' were sneakily pushed

Letter To The Editor

### Reader takes jab at health system

Letter To The Editor;

Well citizens of Princeton, WHAT will it take to make you wake up and protest what this Gordon Campbell

Letter To The Editor

### Health care takes another

Letter To The Editor;

Copper Mountain townsite, 1920, John Sarich born. Midwives Mrs. Corsie and Mrs. Pesut in attendance at John's birth. He still resides in Princeton.

Eighty-five years later there is no maternity ward in Princeton General Hospital and childbirth is considered in only emergency situations.

In the case of Mitchell Lewis's birth by the highway on the way to Penticton and the trauma suffered by family members it is evident that rural populations are being neglected by the centralization policies dictated by the Interior

through by both parties and we only find out later that we no longer control our own resources and that corporations (now mostly US-owned) can sue our government if our regulations interfere with their making a profit.

While these shysters deal away our sovereignty, there have been drastic cuts to social spending causing down-sizing and degradation of governmental services.

People have suffered less services

and increased cost of essentials while the corporations make record profits and get more tax breaks from their political buddies.

It is imperative that Canadians, especially struggling young people get out and vote to change the balance of power from 'corporate rule' to 'social justice.' It might be our last chance to get our society back from the trend to corporate dictatorship!

- Jan Noppe, Princeton

government has done to the Princeton General Hospital?

Princeton has been disgraced in the media because our hospital can-

not assist in births and a baby was born in a car by the roadside in the dead of Winter because the mother was turned away from Princeton General Hospital and told to go to Penticton General Hospital - 65 miles away.

The baby couldn't wait and the father had to assist in the delivery and tie the umbilical cord with his shoe lace.

We had a good hospital here in Princeton before the operating room was shut down and this government eliminated many beds and cut down on staff.

We have good doctors here who give dedicated and devoted service to their patients. Plus, we have lost good doctors because they cannot use their operating skills here in Princeton. The doctors cannot be blamed for this latest incident.

It is the Gordon Campbell government that must take the responsibility. If the citizens of Princeton do not protest SHAME on them!

- A concerned citizen,  
Isabella Johnson, Princeton

www.thenewsleader.ca



**Current Comment:**

# Welcome to the high cost of drugs



**Dawn Johnson**  
editor@thenewsleader.ca

This month, a million or more British Columbians will pay full price for medications, whether they can afford them or not. Some people who must choose between food, heat and medication will choose to cut back on their medication in order to survive.

This is a remarkably stupid method of financial assistance for pharmaceuticals. Why not take an evaluation of income, and set a year-round rate for medications? For example, based on income, suppose a person is entitled to an 80 percent discount based on the average annual costs? Why not apply that discount every month of the year instead of in the coldest month of the year?

Take a look at the cost of medications. The entire pharmaceutical scene world-wide is controlled by giant pharmaceutical companies. They will tell you they need high prices for the medications they sell due to the high cost of research. That is pure balderdash. In a report to the International Forum on Globalization, 2002, pharmaceutical corporations spent far more on marketing their products than they spent on research. Look at their ongoing advertisements on television for everything from Viagra to acid reflux medicine to cough and cold medications. The cost of advertising is in the billions of dollars.

Who does the real research? Most basic research on new medications is funded by government and carried out by graduate students and professors in universities. To make matters worse, the pharmaceutical companies are granted monopoly patent rights, thereby controlling the production and distribution of the medications. They can charge whatever they want, because they have no competition.

I heard a comedian on Just for Laughs (a TV show on CBC every Friday nights). He did a routine in which he asked a medical researcher what he had done for the world lately.

"We made a sheep."

"You made a sheep?"

"Yes, we made a sheep from another sheep."

"Well, what about a cure for AIDS or cancer?"

There was no answer, but the truth behind the comedy routine was the

dark truth of the times in which we live. Universities struggle to get grants to do real research for cures for disease, while corporations who are supposedly doing research spend billions on advertising.

If we citizens were smart, we would demand a reduction in patent protection and allow smaller companies to enter the market and compete. After all, a lot of these medications are simple to manufacture. For example, ordinary acetylsalicylic acid (aspirin) was originally made by native North Americans boiling the inner layer of willow bark! The first manufacturer, Bayer, simply reduced the original compound to its elements and created a synthetic product. Have you noticed how much Bayer charges for a few Aspirin tablets? It is appalling!

The pharmaceutical part of our health care system is only one aspect of how corporations control our health, as well as our wallets. Many of us can remember a time when we had surgeries in Princeton General Hospital. Our government began to believe we could make the system better by centralizing health care in larger and larger regions. Centralization is a corporate goal, not a health service goal. We see the system becoming increasingly run by accountants, not health care providers.

The recent delivery of a baby on the roadside is an excellent example of what happens when accountants, not care providers, run the health care system. Responsibility for health care is given to accountants. Perhaps they should learn how to deliver babies?

These accountants think nothing of contracting out services and say it costs less. I am not so sure about that. For example, is it reasonable to assume it costs less to provide hospital medications through a central pharmacy and deliver the medications to hospitals, involving hun-

dreds of kilometers of road travel, with the cost of vehicles and drivers? As a business person, I question this practice, just as I question the efficiency of pick-up and delivery of laundry over hundreds of kilometers or the delivery of food for hospitals.

I strongly suspect that all of this centralization is merely paving the way for a "user pay" system of health care in which corporations run the health care system. I have seen no figures to compare former costs with present costs, so I do not know for sure whether any money is saved, but I have a lot of doubts. I do know a lot more time is spent by health care providers doing paperwork so the system can be "accountable", which means an increased cost in that respect, with a corresponding reduction in actual health care services. I do know the government is spending more each year on health care, and I do know doctors and nurses are complaining the services provided are not as good as they used to be.

I know the former system was responsive to local concerns in a more open way, and we complained bitterly when our local Hospital Board was stripped of its right to be a society. We complained bitterly when the next move to shut us up was the termination of our Community Health Councils. We complained bitterly about the continuing reduction of the number of beds in our hospital, and the ongoing reduction of real hospital services at our local hospital. I don't hear many complaints anymore. Is this because we are tired of complaining because it gets us nowhere? Have we resigned ourselves to our fate?

I often wonder whether health care managers have those moments of self-inspection when they wonder if they are really serving the public or a system headed in a direction the citizens never agreed to go.

What do you think?

## Heart Food

by Dave Machin



When Jesus came preaching the Good News of the Gospel He said to the people, "Repent for the Kingdom of Heaven is at hand." What did Jesus mean by this? Change your mind and come my way. Turn around and go in a different direction. Come into the Kingdom of Heaven. He was offering life to the people of His day, but for them to receive it they had to repent - or change their will. They had to choose God's way of doing and being right. That's what repentance is. It's not just being sorry for something you've done or sorrowful over a situation. It's changing your mind. It's changing your will. It's changing your direction. It's choosing God and His ways and a return to obedience to His word. When we sin and miss the mark, to make things right we have to repent - Jesus then forgives us of our sin (sins) and we are cleansed by His blood. He then becomes our advocate with our heavenly Father. Romans 2:4 says the goodness of God leads men to repentance. If you have never been born again repent and ask Jesus to be your personal saviour. Make Him the Lord of your life right now and begin to move in His direction. This has nothing to do with religion but everything to do with relationship. If you are a believer repentance includes choosing to obey God, and turning back to God's ways when you realize you've sinned and missed the mark. As a spirit filled Christian you know deep down inside you what God wants you to do - You may not want to do it but the knowing is down on the inside of you. When you repent you not only ask forgiveness but you put away from yourself that which displeases God. Turning from the direction you've been going and going in the direction you've been told to go. Don't condemn yourself or live a life full of guilt. Repent! That's all you have to do. Just ask God for forgiveness, change and go the other way. Don't run from God but run to Him for He is good, His word is good and good all the time.

**Pastor Dave Machin,**  
SUNDAY SERVICES 10:30 A.M.  
Phone 295-0599 9:00 AM - 3:00 PM Monday-Friday  
221 A Bridge Street, Princeton, B.C.

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## Give your holiday leftovers a lift

(NC)—It 'whipped' the potatoes and even the pumpkin pie. According to a recent survey conducted by Leger Marketing and Butterball Canada, the Christmas dinner leftover that Canadians love most is turkey.

Leftover turkey is good in the fridge for about three days so unless you relish the thought of turkey sandwiches for breakfast, lunch and dinner you are going to have to get creative.

Here are some innovative ideas for leftover lovers courtesy of Butterball:

- Pizza pizzazz - add turkey to your

toppings for a punch of protein with a holiday twist.

- Take stock - making turkey stock is much easier than you may think. Once you've pulled every last piece of juicy turkey off the bones, boil what's left to make homemade stock for soups, gravy and many more recipes.

Freeze the stock in ice cube trays to add flavour to your recipes all year long.

- Festive Mexican fare - wrap turkey in a whole wheat tortilla with jalapeño spiked Monterey Jack cheese and a spicy salsa to create tasty turkey tacos.

- Snack attack - when friends and family drop by, turkey nachos make a nutritious appetizer or afternoon snack.

Layer baked tortilla chips with partly skimmed mozzarella cheese, leftover turkey and any veggies that you may have kicking around in the fridge. Once heated in the oven they'll be gobbled up in a flash.

- Add leftover turkey to a can of vegetable soup for a hearty and healthful lunch.

For more great leftover turkey recipes and ideas visit [www.butterball.ca](http://www.butterball.ca). - News Canada

## Weekly Vermilion Court report

Most of the residents have made a good recovery from all the food and festivities enjoyed through the holiday season.

So now we're back to more routine activities. Mornings of Tuesday and Thursday we enjoy hearing headline articles from local papers read to us by Donna. Of course, the horoscopes are interesting even though they really don't seem to apply, or do they?

We also enjoy chair exercises, and then there are large unfamiliar words where we try to reason the simple meaning ie: bedlamite meaning lunatic.

**Letter To The Editor**

## Merritt reader examines politics

To The Editor;

History is relevant to modern politics. During the years leading up to the annexation of Austria in March 1938, Adolf Hitler implemented a plan specifically designed to assume proxy authority over an adjacent sovereign nation. It is significant to the Canadian reality, and vital, that we recognize this political annexation mechanism.

The belief that Canada's political system faces an external threat has been substantiated for some time. George Bush is certainly not the first to attempt to exercise authority across the border.

Hitler realized that though he had already built a strong force, he did not have the resources yet in place to proceed militarily. Adding to the problem, he had not been successful in convincing the world, outside Germany, that he faced a serious terrorist threat. The only option for the takeover of Austria was a subversion of the political process.

For those who have forgotten, Hitler converted Germany from a democracy into a dictatorship by political manipulation of the public perception of the threat of terrorism.

During the years leading up to the move against Austria, ambassadors representing the German leader aggressively sought out sympathetic contacts at all levels of Austrian government. From the Chancellery down to provincial and municipal bodies, a network of political affili-

ates was established. German operatives also elicited support within police forces as well the military, security services, judiciary, and the media.

Indeed, the clever utilization of an aggressive form of intrusive diplomacy, characterized by an overt manipulation of fear and a brazen contempt for the legitimate Austrian government, yielded Hitler many reliable political insurgents. He legitimized his ambassador's unprecedented public participation by referring to Austria and its people as family; a natural extension of Germany.

There is little doubt that Hitler was at the root of the terrorism which he so skillfully manipulated

Santa, along with a hug and kiss for the ladies.

The bears were donated by the Crisis Assistance Society. We do thank them most sincerely. Music was supplied by Danny, Andria and Mark. We sang along with the words we remembered. During an intermission, we were entertained by a dance and then returned to singing Carols.

A beautiful supper was prepared by staff who volunteered their time. So with happy thoughts and tummies full we made our way to our rooms.

- submitted by D. Stenvold

to his political benefit. In effect, he used the threat of terror to terrorize the population into allowing him absolute authority. He then used that absolute authority to terrorize his neighbours.

The Bush administration's incessant determination to influence Canadian government policy, both domestic and foreign, underscores its general contempt for our democracy.

I can't help but wonder if the timing of the recent announcement of an investigation into Mr. Goodale's department has its basis in the cozy relationship between RCMP Commissioner Zaccardelli and former ambassador Cellucci.

- Robert MacKay, Merritt

## Screening van comes to town

The Screening Mammography Mobile Van is coming to Princeton.

The van will sit at Princeton General Hospital from February 7th to 9th and organizers of the program say there are currently 64 appointment times still available.

Eligibility criteria is as follows:

- You must be a BC resident between the ages of 40 and 79. If you are outside of this age range, you will be accepted with a doctor's referral.
- You must have no breast changes (new lumps, thickening or discharge).
- You have to be able to provide the

name of a doctor to receive the results.

- Have not had a mammogram within 12 months.
- Have not had breast cancer.
- Do not have breast implants.
- Are not pregnant or breast feeding. To arrange an appointment call 1-800-663-9203.

The Screening Mammography Mobile Van is a free service funded by the Ministry of Health Services through the Provincial Health Services Authority. The Screening Mammography Mobile Van is accredited by the Canadian Association of Radiologists.





Yale-Lillooet MLA Harry Lali stopped into the News Leader office last Friday. He was in town showing support of Federal NDP Candidate for the Southern Interior Riding Alex Atamanenko.

Letter To The Editor

# Toews spins an interesting tale

Dear Editor;

The federal election was nearing and the people who weren't completely disgusted with the parliamentary process were bored to tears. Once more they were given a choice of voting for Tweedle Dee or Tweedle Dum. They were thinking correctly, that a vote for either one would change nothing that matters to most ordinary folks – that another election would cost much but change little. Then a strange thing happened; word got around that there was a new challenger in the game and he was in town to speak.

The people of the valley had come to hear a message of hope, a message that by changing their traditional voting patterns, they could actually help themselves. Many of the older people had heard fifty years of promises that had not been fulfilled. Half of the voters, in disgust, had given up voting completely. Every few years they had listened to promises that living conditions for the masses would improve, only to see their standard of living eroded even further.

Standing before them was no superman as some might have expected. There was no flowing cape, no rippling muscles and no facial mask. He was instead rather slight, with the demeanor of a school teacher. He had an air of sincerity and a gentle smile that evoked trust and so he immediately captivated his audience.

He strode purposefully and confidently to the podium. He had after all come as a friend. He explained that he had come to the valley to offer hope for a brighter future. He said that he had seen single parents working for wages that would not pay the rent, let alone put food on the table. He had also seen wealthy parents give their children the best educations that money could buy and move them into high paying jobs. He had seen poor but talented students finish high school and languish at home or work at McJobs for lack of a meaningful education. He had seen some of Canada's finest athletes stay home while wealthy parents sent

their kids to international sporting events; thus the country was not represented by the ablest athletes. He told them that he had seen people freeze to death huddled under bridges. During his own lifetime he had seen the country go from full employment to an economy where each hamlet had its own food banks – where those with ample means could assuage their consciences by dropping off food hampers for the needy. He explained that there was no need in this land for anyone to lack nutrition and that all citizens have the right to warm and adequate shelter. He had come with a message that ran completely counter to popular opinion – an opinion that had been carefully nurtured by the media and the corporatocracy that rules the country – that the country needs tax cuts to achieve wealth for all – as well as the deceitful notion that never-ending growth is the means to that end.

He explained that the eradication of poverty will not and cannot be achieved with more tax cuts. The people, in awe, turned to each other in disbelief. This was a strange message indeed coming from someone who says that government can actually be beneficial to the people. Had we not learned in school and hadn't the daily media message been that voting for one of two parties was the way to keep our country strong, free and democratic? Our superhero explained that the two traditional rivals in parliament created a mockery of democracy at each election – they pretended to be adversarial while both worked for the same corporate interests. That both major parties would look for new goodies to promise the electorate, knowing all the while that in order to please their masters the promises for social reform would not be kept. After each election a new crisis would appear to negate their promises. A very important observation was made by our mild-mannered speaker – and he wanted us all to remember – there would only be one promise either of

the two major parties would keep and that would be more tax advantages for those who least need them.

The single mother reflected as she listened. She had been working at two minimum wage jobs, not earning enough money for food and rent, while depriving her children of maternal care. Ten years ago she had believed the promise that child poverty would be eliminated by the year 2000 only to have child poverty figures double. She had heard both major parties promise to find daycare spaces for working parents. She had heard it all many times before – but now she had a new resolve. It is time to take matters into her own hands. It is time to make democracy work for the people instead of for corporations – it's time to vote for effective change. This time she'll vote for the mild-mannered superhero.

- HP Toews, Princeton

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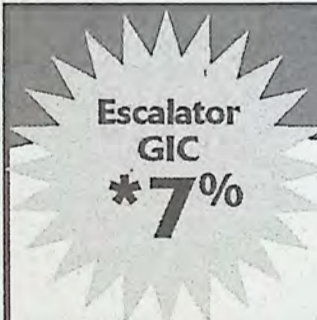
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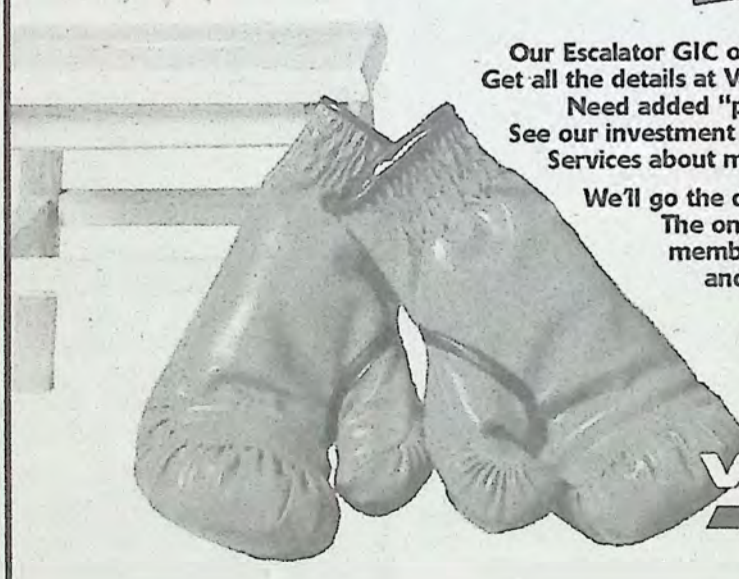
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Notice Of  
**ANNUAL GENERAL MEETING**

2:30 PM Tuesday, January 17<sup>th</sup>

Princeton Museum, 167 Vermillion Avenue  
(TO BE FOLLOWED BY MONTHLY MEETING OF MEMBERS)

New Members Welcome!

[www.princetonmuseum.com](http://www.princetonmuseum.com)



Osprey Snowwheelers celebrated Christmas in fine fashion with their annual Poker Run and Sno-Golf Tournament. A hayride was a popular attraction. Photo: Osprey Snowwheelers.

## Group hosts annual event

Osprey Snowwheelers held their annual Christmas Poker Run and Sno-Golf Tournament over the holidays. The snow conditions were good at the higher elevations and 58 riders enjoyed the 30-kilometre run.

Brian Jones was the winner. The

day also featured a hayride which was enjoyed by both young and old.

On Sunday, January 1st, everyone took part in the annual Sno-Golf Tournament. This is a fun event and participants use hockey sticks, baseball bats and tennis

rackets around six holes in the snow.

The eventual winner of the trophy was Chris Duyvestyn.

The Snowwheelers large open Poker Run is scheduled for February 11th.

- submitted by Val Nesbitt

## CFK offers free course

Are you looking for an opportunity to promote positive parenting in your community, upgrade your skills for the workforce, and meet and connect with other enthusiastic parents?

We are looking for dedicated parents and caregivers who would like to receive training as group leaders for parenting courses.

Do you have:

- A passion for parenting young children?
- A capability to communicate clearly?
- An enthusiasm for working with people?
- Openness to new ideas and learning?

This opportunity is open for parents and care givers who are interested in parenting education, and in developing group facilitation skills to lead parenting sessions, and promote parenting in their community. Our vision is to provide selected parents with communication and facilitation skills that will benefit them in the workforce, as well as enhance their family life.

Sessions begin on January 12th and will be held at the Penticton Health Centre.

During the first part of the training, participants experience the first seven 3-hour sessions as a

parent or childcare giver attending the 9 Ways to Bring Out the Best in You and Your Child course.

The second half of the training is devoted to learning the facilitation skills to deliver the program on your own, or with a co-facilitator (in which case you would team up with someone from the group). The second part of the course will consist of three 3-hour sessions and 2 six-hour or full day sessions.

The calendar is as follows:

**Part 1:** January 12, 19, 26, February 2, 9, 16, and 23, 3 hours each session; morning or afternoon to be determined

**Part 2:** March 2 (3 hours), March 9 (6 hours), March 16 (6 hours), March 23 (3 hours) March 30 (3 hours) \*

\* Depending upon group needs we may be able to move the full day sessions to the week-end or to interchange the full and half days.

While there is no charge for the training or for the materials, there is a commitment on your part to promote and facilitate, or co-facilitate the 9 Ways course once, at no instructional cost, in your community once your training has ended. This can mean taking the program back to a community group you are currently involved in such as a church, pre-school or school, or

simply gathering a few friends together in a private home or coffee shop and working through the course.

Once you have completed facilitating one course, your commitment is met. You can offer other courses, with a fee attached, or use your facilitation skills and experience in other capacities. Facilitation experience with parent classes can be extremely helpful in obtaining employment in the work force.

**Part 1: Course Outline**

Fun and enjoyment are necessary in healthy family living. This course is designed to give you tools and skills that bring out the best in your children and in you. Learn how to stop the yelling and start living! Create the family life you REALLY want.

**Part 2: Facilitator Training**

The facilitator training takes an experiential approach to:

- understanding the role of the facilitator and co-facilitator
- Setting up a structure for learning that allows for concept development, skill practice and skill application as well as evaluation.
- Dealing with difficult situations.

For more information or to register please contact Kelly Moog at (250) 493-4793 or kamoog@hotmail.com.





Osprey Snowheelers hosted their annual Poker Run and Sno-Golf Tournament over the Christmas Holiday. Chris Duyvestyn collects his prize. Photo: Osprey Snowheelers.

## Glass curbside collection dates

January is the first month in which residents of Southern areas of the Regional District of Okanagan-Similkameen will have the opportunity to recycle glass in a separate curbside collection. Trucks will commence their first glass run on January 16th, and will complete servicing all residential customers in these areas on January 27. Pickups will continue to occur approximately once per month.

Participating neighbourhoods which have their first glass collection on their regular garbage day during the week of January 16-20 include Rural Oliver, Willowbrook, Twin Lakes, St. Andrews, Kitley Lake Subdivision, White Lake Road, Rural Keremeos, Olalla, Ashnola, and everything south of the OK Falls Bridge on Green Lake Road.

Residents of the Town of Oliver receive their first glass collection on Thursday January 19, and every four weeks thereafter.

Those areas which have their first glass collection one week later on their usual collection day from January 23-27 are Cawston, Richter Pass, Nighthawk, Green Mountain Road, Okanagan Falls, Skaha Estates, Eastside Road, Parsons Road, Oliver Ranch Road, McLean Creek Road, Vaseux Lake, Grand Oro Road, Hedley, and the Village of Keremeos.

Here's how you do it: Glass should be placed at the curb during the

designated week, on the regular garbage day. Rinsed glass containers should be left in a reusable rigid container like a plastic tote or wooden box. Labels may be left on, however lids must be removed. Containers may not weigh in excess of 25 kg (50 lb) to avoid injuring workers. Glass collected will be stockpiled in a large bin at a local landfill until sufficient volumes accumulate to ship to end users.

The recycling calendar received in the mail by participating residents during the week following Christmas has more details on collection days and recycling. Beth Cavers, Solid Waste Management Coordinator with the RDOS recognizes that it's always a challenge to explain a new program to the public.

She says a good rule of thumb is that if the appropriate recycling collection day is marked with a square on the calendar, the glass collection day will have a circle with a G in it. Conversely, if a residents recycling collection day is marked with a circle, their glass collection day is shown by a square with a G inside.

Residents inside the Town of Oliver will receive their own collection calendar in the mail or can find a copy on the Oliver web site. Glass collection days within the Town of Oliver are shown outlined in red on this calendar.

The separate glass collection

comes about as one of several changes to the residential blue bag program in selected areas. At the beginning of 2006, the RDOS launched a pilot program for collection of all plastics in their curbside Blue-Bag Recycling program. As a result of this expanded blue-bag pickup, glass had to be removed as it was breaking in the bags, contaminating the other recyclables, and reducing their market value. Lower revenue on recyclable commodities means higher program costs, which the RDOS wants to avoid.

Following a weeks period of grace as residents become familiar with the new program, blue bags containing glass will be rejected at the curb starting January 9.

For more information on the new system of glass and plastic recycling, residents can contact the Regional District of Okanagan Similkameen.

Waste Reduction Hotline at (250) 490-4129, call the RDOS toll-free at 1-877-610-3737, email: info@rdos.bc.ca or visit the RDOS website at: www.rdos.bc.ca.

Residents of Oliver can call the Town of Oliver at (250) 485-6200, email: admin@oliver.ca, or visit the Towns website at: www.oliver.ca.

The contractor for curbside collection of all garbage and recyclables is OV Waste at (250) 498-4888, or toll-free at 1-866-998-4888.

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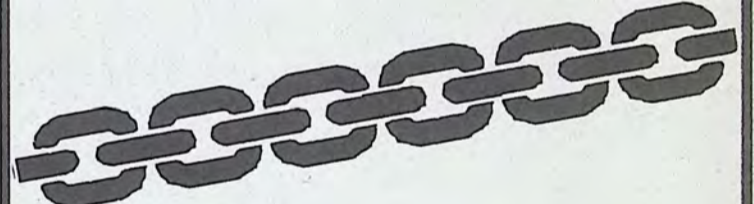
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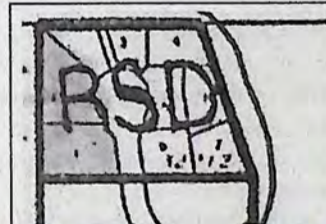
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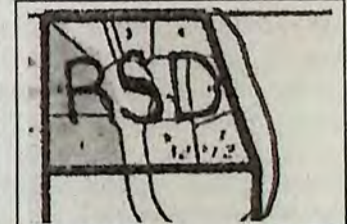
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