

# Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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News Leader**  
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## Kenny McLean earns honour

The January 2006 issue of Western Horseman magazine contains a short summary of the nine people inducted into the Rodeo Hall of Fame last October.

The event was held at the National Cowboy & Western Heritage Museum in Oklahoma City, Oklahoma.

The late Kenny McLean, who was born May 13, 1939 in Okanagan Falls, BC and lived his final years in Hamilton, Montana received the 2005 Directors Choice Award, which included automatic induction into the Rodeo Hall of Fame.

McLean, best known as a saddle-bronc rider, calf and team roper and steer wrestler, won the 1962 PRCA bronco-riding championship and was the first recipient of the Bill Linderman Award for all-around expertise.

McLean, also a top horse trainer who had spent a number of years training at the Princeton Exhibition Grounds, was also the only cowboy inductee into BC's Sports Hall of Fame and the only rodeo competitor to receive the Order of Canada.

McLean died July 13, 2002, on horseback, behind the bucking chutes at a rodeo event in Taber, Alberta. He had suffered a heart attack while watching events at a Senior Pro Rodeo.

# Arts Council sets plans



Princeton Posse Junior B Hockey Club hosted a successful All-Star Weekend in Princeton. A banquet, which saw over 300 tickets sold, was Saturday afternoon at RockRidge Canyon. The head table included, seated from left, Posse President Clayton Hamilton, Director Marilyn Aitchison, General Manager Blair Noel, Summerland Sting GM Andy Oakes, Guest Speaker and former NHLer Dixon Ward, Recreation Director Lyle Thomas, Lyle's wife Laurie and MC Stan Turner.

## School conversion first in BC

Riverside Wellness Centre will host an Open House on Sunday, April 23rd. All residents of the building met January 18 with the Arts Council and determined a date for the event. It will coincide with the beginning of Arts & Culture Week.

The Open House will feature art works, musical performances, a short play, the art work of children, and visiting the residences within the building. Lyle Thomas was on hand to explain how the residents will and the public can book spaces in the new facility. A calendar will be placed on the central hall bulletin board.

Several people promptly advised him of meeting dates and event dates, including a reservation for a local antiques road show in early April and a family music day on February 11.

Vermilion Artists booked February 4 for a stained glass stepping stones workshop, and a pottery class begins February 16 and runs for six weeks. Thomas said the \$5,000 grant from CIBC was used to purchase 170 chairs for the performance centre area and are now in storage in the gym area.

Thomas advised residents of how provincial grant money will be used to reconfigure the interior of the building. He thanked School District #58 Board of Trustees and Secretary-Treasurer for the contributions they have made toward the project.

Princeton has the first school conversion project in the province and will be used as a "pilot" project.

## Tots group appeals to Council

Children age 0 to 6 are in their most critical stage of development. A local group wants to ensure families have the best resources available for these little citizens of Princeton.

Lorna Gregson, Kathy Froese, Beatrice Bibby and Bonnie Jesten appealed to Town Council January 16 to support a Family Resource Centre in the former Cultural Centre. The group has an opportunity to apply for a grant which matches "in kind" support with cash. If Town Council is willing to provide the location along with utilities, the group can apply for funding for staff to offer programs and services at a drop-in centre.

Lorna Gregson told Council she had visited two successful family centres, one in Keremeos and the other in Boston Bar, and while participants are few to begin with, the numbers climb.

Beatrice Bibby pointed out there were 33 babies born in the Princeton area last year, a dramatic increase over previous years. Helping young parents access resources and skills they need is important for the success of their children in the future. There are other programs, such as Moms and Tots (which includes some Dads and Tots) but this is not the same as having a resource centre for families.

The spearheading group proposes having the Family Centre open three days a week from 10:00 a.m. to 1:00 p.m. Bibby said the young

mothers will come downtown to the Post Office and shop, and dropping in to a nearby centre for a cup of coffee and a chance to meet other young mothers would appeal to them.

Mayor Randy McLean thanked the

## Skills Centre offers more

Princeton's Skills Centre is doing better than ever.

Community Skills Centre manager Sharan Jung attended the January 16 meeting of Town Council to give them the good news.

Following four years of hardship and loss of federal government support, the Skills Centre cut its staff to the bare minimum. Jung operated the Centre single-handedly for a few months in 2005, then brought in a part-time assistant, but 2005 was their most successful year in delivering programs. Jung told Council the Skills Centre Board of Directors had decided to focus on the educational component of the Skills Centre mandate, and this decision led to success.

Of the 22 Skills Centres set up in B.C. in 1995, only four are still in operation.

Princeton's Skills Centre offers a variety of services in addition to educational programs. Public access to internet is available at the Skills Centre for a small fee. University, college and technical school calendars are available, and there is a library for business people. The Centre manages the Job Wave program, supervises exams for those

group, adding, "This is very comforting and reassuring to this table." He said the proposal was timely for young families.

Speaking for Council, the mayor said, "I think we're all very proud of you."

taking on-line post-secondary courses, rents rooms for public meetings, and provides general office services such as photocopying, letter writing, and preparation of documents.

In 2005, 3,271 local residents used the Skills Centre for one or more of the services offered.

The Skills Centre is no longer supported by tax dollars. The Community Forest Corporation allocates 24 percent of its profit to the Skills Centre, but the Centre is basically self-supporting.

Mayor Randy McLean congratulated Jung and the Skills Centre Board for a successful year.

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Similkameen Shotokan Karate Club members pose after successfully completing an instructional seminar and grading/examination. The group meets regularly in the Christian Education Centre.

## Karate students make the grade

On Monday, January 9th, Similkameen Shotokan Karate

Club hosted an instructional seminar followed by a grading/examination, led by Sensei Joe Dixon the Chief Instructor for the Japan Karate Association of British Columbia (World Federation I. S. K. F.).

The seminar mainly focused on Kata (forms) and how they simulate defending against multiple opponents, also on how the body works to make power - using contraction and expansion - and finally, how to use the hips to drive technique.

After one and a half hours of the instructional training, it was time for the grading/examination.

A total of eight shotokan karate students upgraded to the next level. Sensei Paul Bedard, Chief Instructor of Similkameen Shotokan, was very pleased with

the following results:

Completing Yellow Belt Requirements: Breanne Lindley, Clayton Jung, Candace Aguilon and Evan Esdale.

Completing Green Belt Requirements: Fraser Esdale.

Completing Blue Belt Requirements: Janine Esdale.

Completing Purple Belt Requirements: Patty Shortt.

Completing Third Brown Belt Requirements: Cullen Smart.

Sensei Dixon expressed pleasure in his trips to Princeton and how pleased he was with the progress being made in the local club.

Sensei Bedard acknowledges Assistant Instructor Sempai Karen Smart stating, "Without her help the club would not be as it is today."

- submitted by Paul Bedard

Princeton Rotary Club Proudly Presents:



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## RCMP and Council plan tickets

Sgt. Kurt Lozinski and local RCMP members will enforce Princeton bylaws if Council enacts bylaws that will stand up in court.

Sgt. Lozinski attended the January 16 meeting of Town Council with examples of bylaws and bylaw tickets from Penticton.

He said the RCMP has a problem with noisy house parties which disturb entire neighbourhoods. The

animal control officer for the Town often has difficulty with pet owners.

Having good bylaws and a ticketing system will allow enforcement, and uncooperative citizens can be taken to court and fined.

Council said they would prefer a warning be issued first, but agreed the ticketing system would provide a solution to ongoing problems.

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John Allison Elementary School filled Princeton Arena Friday with a 'skate day' where half the school had ice time in the morning with the balance of students skating in the afternoon. It was a fun day for students, parents and teachers.

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## IH reviews protocols

In the interest of providing the highest quality care for the people of BC's interior, Interior Health is launching a review of protocols for childbirth transfers in all of its rural hospitals.

The review, which will be done by the BC Reproductive Care Program with support from BC Womens Hospital & Health Centre, an agency of the Provincial Health Services Authority, follows the roadside birth of a baby from Princeton late in December, 2005.

An initial review of the December birth suggested that a standardized procedure might prevent this type of situation from recurring. The review will begin in late January.

"Interior Health is committed to improving the excellence of our service delivery wherever we can. Currently, IH is in an ongoing process of standardizing procedures in all our hospitals for many critical medical events," says Murray Ramsden, CEO of Interior Health, "Standardizing procedures further refines a health system that builds on the strengths of each

hospital in Interior Health."

Interior Health has an excellent maternity system, with 5,548 newborns born in Interior Health hospitals annually. Of those, 488 (or 8.8%) were born at Penticton Regional Hospital.

While the maternity referral process has been in place for several years, Interior Health is now refining the transfer of mothers and babies to the nearest regional hospital.

"The Review of Rural Childbirth Protocols will build on the successful maternity system, auditing current practices, focusing upon our smaller rural hospitals and looking critically at whether current services match the established and expected standards for rural maternity care. The goal is to create standard protocol using the best practices outlined in the BC Reproductive Care Program guidelines."

The review will begin at the end of January and is expected to be presented with recommendations to the IH Board Quality Care Committee when it is complete.

## Town wants trees down

A couple residing on Allison Flats has made a second appeal to Town Council to have trees removed from a neighbouring lot. The lot is not used for a residence, and is covered with trees. The maple trees are infested with insects which create a problem for the entire neighbourhood.

George and Alice Meston have asked Council to advise the owner

to remove the trees, and if they are not removed, to have Town crew remove them and have the costs paid by the owner of the lot.

Further, Council was advised that the lot is a mess. There is still flotsam from the 1995 flood covering the lot.

Council will write a letter to the owner recommending that the trees come down.

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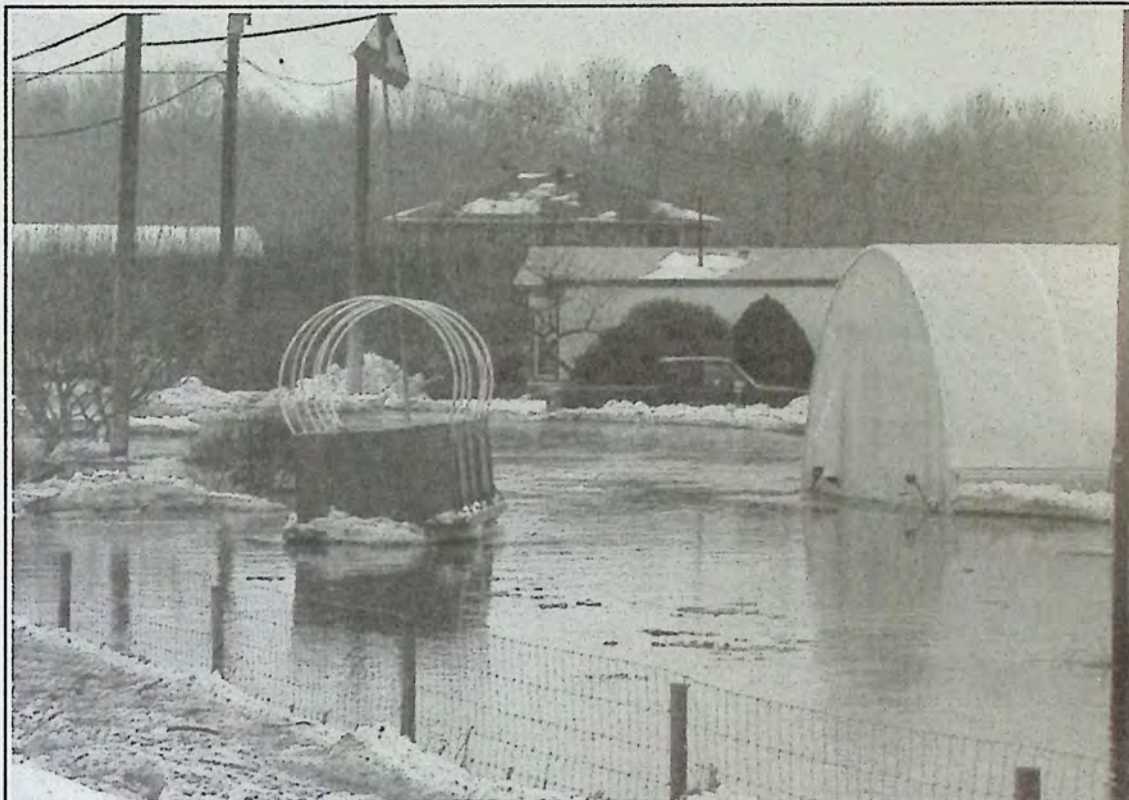
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## keremeos and area news



This was the view at Don & Anna's Greenhouse a year ago - knee deep in water from the Similkameen River ice jam. Photo: Bryan Smith, [www.keremeos.net](http://www.keremeos.net)

## Ice jams river - a year ago

Weather conditions last January were a combination of heavy snowfall and below normal temperatures followed by freezing rain - and a sudden thaw.

It created a massive ice flow in the Similkameen River and by early on the morning of January 19, 2005, Princeton RCMP Cst. Myrl Stus reported the river was cause for concern.

In a news release sent to the

News Leader, Stus pinpointed the situation in this manner:

"Between 7 and 8:00 AM the Similkameen River rose to a considerable height in the Manning Park area and approximately 12-kilometres East of Princeton."

The force of the river eventually broke the ice free and the river receded in those locations.

"There's a large amount of debris in the river," Cst. Stus said at the

time. "Ice chunks, logs and tree branches."

Transportation links in and around the Princeton area were reported to be in good condition and Stus estimated the river had risen between four and five feet.

Further downstream the situation was becoming very different. The Similkameen turned into a massive river of ice gathering speed and collecting debris along the way.

The only thing to stop the ice was the nearly 100-year old historic Red Bridge just West of Keremeos.

It was at this location the ice started to jam.

"I've never seen anything like it," said Cawston resident Bryan Smith at the time.

He estimated the flow travelled at about 50 km/h.

"It came too fast," he told the News Leader that week. "The water came up about four feet in four seconds and the ice started to hit and the bridge started to shake and we just ran."

Smith said the ice jam broke free at around 9:30 AM, but before it did, the river backed up and flooded many low lying properties in the Keremeos area.

Probably the hardest hit was Don & Anna's Greenhouses, where damage just about wiped out the business. For weeks following the incident volunteers, some travelling from as far away as Princeton and beyond, worked on clean up crews.

Don & Anna's opened for business as usual later that Spring and the owners, Don and Anna Bartlett, continue to be grateful to this day for the support of friends, customers and families in their time of need.

## Healing Fair plans in place

Come to the Healing Arts Fair and enjoy live entertainment while receiving a mini-treatment! Similkameen Country and the Healing Arts Association of the Okanagan (H.A.A.O.) are pleased to announce their collaboration to raise the profile of alternative and complementary health care in the Similkameen Valley.

Mark your calendar for March 11, 10:00 to 4:00, and come to Victory Hall in downtown, pristine Keremeos to experience a wide range of alternative therapies and products from practitioners of the healing arts.

"A state of health is more than the absence of illness," says H.A.A.O. Vice President and Structural Integration practitioner Wayne Still.

Pat Everatt, a Director of Similkameen Country and Chairperson of the Healing Arts Fair explains, "The healing arts focus on optimizing function of the whole being; physical, mental,

emotional and spiritual."

Alternative therapies and products are generally non invasive and actively involve the client in their process of wellness. Supplements and herbal remedies effectively deal with underlying conditions and promote the overall health of the client.

Still adds that many of the practitioners are locally based small businesses contributing to the local economy making H.A.A.O. a good fit with the vision of Similkameen Country.

Some of the alternative therapies and products, such as chiropractic, will be familiar to most while others, such as energy kinesiology, may be new to many. There will be short presentations from a range of speakers for those who wish to learn the background and theory behind alternative treatments.

For further information, contact Similkameen Country at 499-5225.

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The historic red bridge near Keremeos took a beating during the ice jam of January 19, 2005. Although some boards were already missing before this photo was taken, the ice build up damaged many more. Photo: Bryan Smith, www.keremeos.net.

Similkameen News Leader thanks Bryan Smith for his continued support of our weekly publication. Please visit his website at [www.keremeos.net](http://www.keremeos.net)

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### Labour market is slow

WorkZone is busy with people updating resumés, and doing some career exploration. Some people are trying to make contacts in the north to meet the demand for labour in oil and gas industries. They can work for the winter and return to do agricultural jobs in the summer. Job opportunities in the Keremeos/Cawston area are few. There is some pruning (apple trees), some fertilizing and replanting of orchards, but demand for workers is light.

### Trails group plans charter

The former Rails to Trails group will meet Tuesday, January 17, to determine the future of their organization. The Constitution Committee will present recommendations for a constitution under the name Similkameen Trails Society. If the constitution is approved by members, an application for a charter will go to Victoria to have the society registered. New members are welcome to attend the meeting. This is an opportunity to become a charter member of a new society.

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## We're going out on the Road

The Regional District Okanagan-Similkameen is continuing to take the Rural Board Meetings out into the communities.

Board members want to provide you the ability to see how the decisions are being made. They believe that by bringing the meeting out into the community there is a greater opportunity for you to become aware of what is occurring in your neighbourhood.

The first occasion for you to experience a Rural Land Use Matters Board meeting in 2006 is on **Thursday, February 9, 2006 at 1:00 PM.**

Come and join the Directors and staff at the *Meet and Greet Luncheon* scheduled for 12:00 noon at the **Southwind Inn's Banquet Room** located at **34017-97th Street in Oliver** and then remain and experience how the Regional District Rural Board works together to ensure quality of life for our communities.

Watch for when the RDOS will be in your Community!



## Capsule Comments



by your Pharmasave Pharmacist Wen Wong

The average *tablet* contains many ingredients. Besides the medication itself, tablets contain lubricants to reduce sticking in the tablet-making machines. They contain binding and granulating agents to bind the ingredients together; diluents to make the tablet of a size for easy use and disintegrating agents to help the tablet dissolve in a time appropriate for maximum absorption.

Some tablets contain a wax matrix that allows for slow release of the drug. These tablets are not to be crushed and your prescription container will be labeled to remind you of this fact.

There are long-acting *capsules* as well. They contain granules of drug with various coatings on them. These coatings allow some granules to dissolve right away while others will be delayed. These granules shouldn't be crushed or chewed.

There are also skin *patches* that can contain drugs that release over 12 hours to one week. Not all drugs are suitable candidates for this dosage form since the drug molecule cannot be too large to pass through the patch membrane into the skin and the blood system. Current patches can contain medications for birth control, angina, pain control, smoking cessation and treatment of menopausal symptoms.

Our pharmacist staff has access to the latest information about drugs and drug therapy. If you have any questions about drugs that are available today or even those not on the market yet, check with us. Chances are very good that we know about it and if we don't, we know where to get the information.

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## news leader health page

# Building blocks for healthy children

By Ann Douglas

(NC)—Ann Douglas is a mother of four and the author of the popular Mother of All series, including The Mother of All Pregnancy Books, The Mother of All Baby Books, The Mother of All Toddler Books, The Mother of All Parenting Books and The Mother of All Pregnancy Organizers.

Sadly for many new parents, babies don't come with a book of instructions.

When it comes to figuring out the do's and don'ts of caring for a newborn, — it's pretty much a case of learn as you go, and hope for the best. Advice from well-meaning friends and family can certainly help, but I still get questions from lots of new parents about the baby-care basics.

Luckily, there are a few key building blocks that can have a potentially big impact on the overall health and well-being of children. Put them together, and they can build a solid foundation for the future.

### Immunization

I'll never forget the scary moments when my third child was rushed to the hospital with a high fever that was eventually diagnosed as viral meningitis. He was lucky — he didn't have any lasting effects from his illness, and is now a

healthy and happy 14-year-old. There are other infectious diseases, however, that can be deadly, and are preventable.

Today, parents in Canada have access to a host of vaccines — the tools needed to help prevent serious illnesses, including pneumococcal disease, meningitis and chicken pox. As a parent, you want to do everything you can to ensure your child's health. Immunization is one of the best strategies to prevent serious illnesses before they happen. Parents should speak with their doctor about the routine immunization schedule, including new vaccines like Prevnar.

### Healthy Eating

The number of children who are overweight or obese is reaching unprecedented levels — between 1981 and 1996, the number of overweight boys tripled and overweight girls doubled. One recent study of Nova Scotia grade five children found that 32.9% were overweight and 9.9% obese. Obese children often grow up to be obese adults — and potential victims of a number of obesity-related diseases, including diabetes and heart disease. Smart eating can help our children stay within a healthy weight range.

### Quick Tips

**Eat together as a family**  
- Can increase the odds that your kids are eating healthier meals  
- Can help you encourage eating the five servings of fruits and vegetables encouraged by Canada's Food Guide to Healthy Eating

**Start a habit of regular, healthy meals and snacks**  
- Make breakfast a priority  
- Try cheese and crackers, a fruit smoothie or a bowl of cereal for a quick, healthy snack

### Physical Fitness

Gone are the days we parents remember of running around outside until the streetlights went on.

Canadian kids today are a more sedentary lot, with frequent television watching and the rising popularity of computer games each contributing to the problem. Getting fit can be beneficial for the entire family — and can be a great habit for kids to develop early on to set them up for a healthier life.

### Quick Tips

**Commit to being more active as a family**  
- Make it fun! Throw a frisbee or play tag — as long as the heart rate increases, it counts as exercise  
- Go for a walk — in your neighbourhood or the local museum — wherever your legs can take you  
- Hit the pool for added fun — think water volleyball, underwater tag, basketball — all with the added bonus of making a splash together

**Make family exercise a habit — it will take time, but once it becomes an established routine, the whole family will look forward to having this active time together**

### Handwashing

Frequent hand-washing is a well-established strategy for keeping illness at bay. Teaching your children to wash their hands regularly can help them stay healthy.

### Wash your hands:

**Before, during and after food preparation**  
**Before eating, and after using the bathroom**  
**After handling animals or animal waste**  
**When hands are dirty**  
**Frequently when someone in the home is sick**

Together, immunization, healthy eating, physical activity and hand-washing are four of the essential building blocks for helping children prevent illness and stay healthy. Now, if only someone could figure out the new baby instruction manual...

- News Canada

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## living past 100

# Conquer Winter blues

Winter in Canada takes its toll on most people over 50 because they become bored. People go to work in the dark and come home in the dark, and television does not offer much to make them feel better. Younger people keep active in outdoor play, but older people are cautious about sports that have the potential for broken bones.

The biggest danger of winter is boredom. One psychologist says, "When you are bored, you know your center isn't holding." This means you are not properly centered on your life. You are not motivated. You are at a standstill mentally and spiritually.

Some people say they are "depressed" when it is really boredom they feel. The answer to boredom is action.

People with hobbies never feel bored. For many, winter is the time when they can enjoy their hobbies.

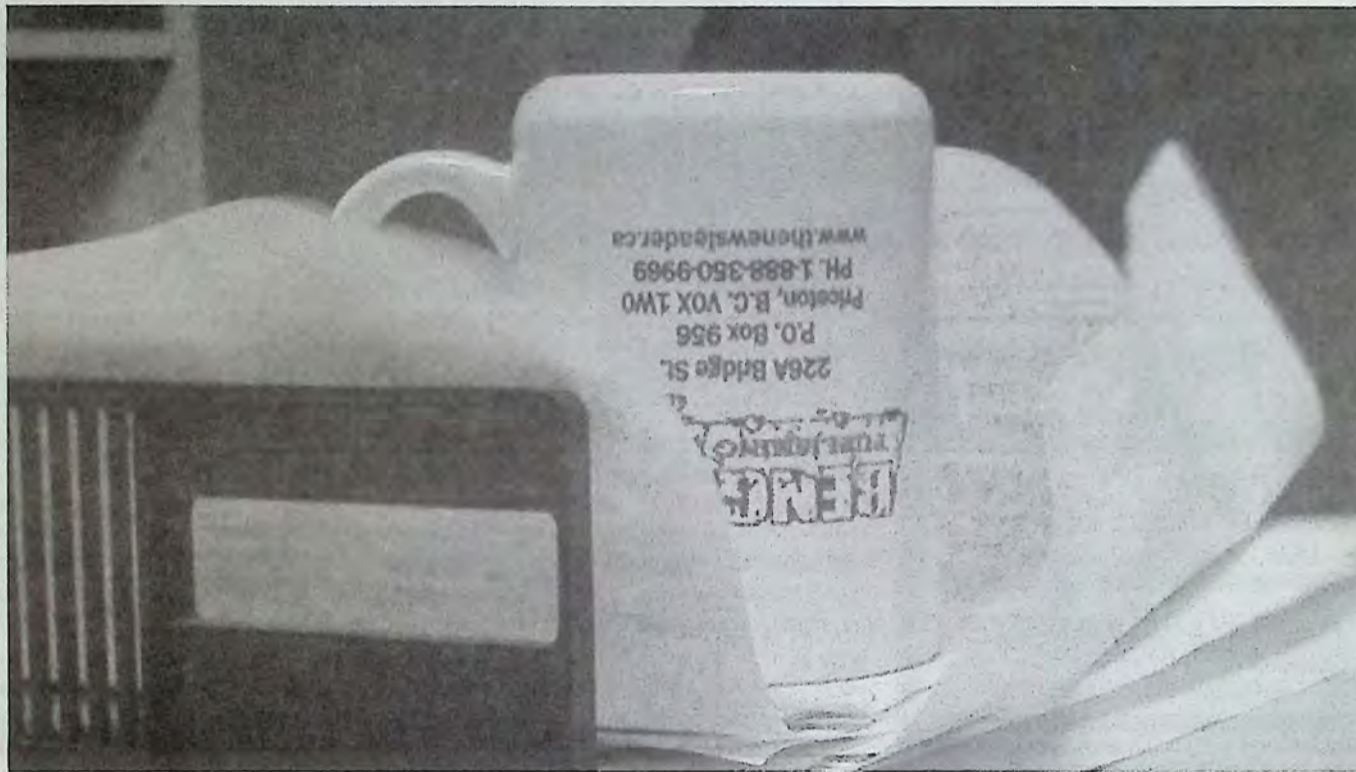
People who belong to organizations have no time to be bored. Winter is a time they can meet with their fellow members and do projects or plan projects or just socialize. People need contact with the community to answer the unspoken question of boredom: "Now what do I do?"

If cabin fever, that Canadian bugbear, is getting to you, it is time to take action. Do something, go somewhere, meet somebody for something. Get out of the cabin and live!



# COFFEE MUG CHRONICLES

## Steno Avoids Weighty Issue



Manjit Vass worked in a very large office for a very large company. Everything in the workplace was large, including the size of the fans built into the walls and ceilings for air conditioning and venting. These fans were so large that each time they switched on, they blew everything around on Manjit's desk. Manjit's desk was one of the smallest ones in this very large office and once the fans would stop blowing, she would have a very large mess to clean up. The fans would blow everything from her 'In' basket into her 'Out' basket and some of the papers in her 'Out' basket would end up on the floor or across the room under someone else's very large desk. This happened at least ten times a day and after putting up with it for over five years, Manjit had decided she had had enough. The big large company, with its big large fans in its big large office blowing everything around Manjit's itty bitty desk was too much for her to take. So one day, during the second coffee break of the shift, Manjit came up with a plan. She figured that if she could get someone to help her, they could move one of the big large room dividers in front of the big large fan built into the wall blocking it from blowing everything around on Manjit's desk. The plan was a good one, however, when Manjit asked for help, no one wanted to disrupt the temperature controlled environment in the big large office. Then Manjit remembered she received a coffee mug FREE with her new one-year subscription to the News Leader. The coffee mug changed her life, it could change yours!

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February was proclaimed 'Heart Month' by Mayor Randy McLean, who signed a Proclamation at the January 16th Town Council meeting. He was joined by Councillor - and Princeton Committee Chair of the Heart & Stroke Foundation of BC & Yukon - Maria Sadegur.

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## Envirogreen updates Council

John Negrin, Vice-President of Envirogreen Technologies, and work foreman Gary Agar, attended the January 16 meeting of Town

Council to provide updated information on what Envirogreen is doing. Envirogreen Technologies is locat-

ed southwest of Princeton on the Similco Mines mill site. Using increasingly advanced technology, the company uses a burning system to clean contaminated soils, particularly those soils contaminated by petroleum products.

## Weekly RCMP Report

On January 8th police stopped a vehicle on Highway 3 for erratic driving.

"The 42-year old male driver from Nelson showed obvious signs and symptoms of having consumed alcohol, as well as the strong odour of marijuana from inside the vehicle," says Princeton RCMP Sgt. Kurt Lozinski.

"The driver provided samples of his breath which were 130 and 110 milligrams of alcohol per 100 millilitres of blood, breath to blood alcohol ratio."

The male was released on a Promise to Appear and has a first appearance Court date for April 13, 2006.

For the year 2005, Princeton RCMP investigated over 45 impaired/over .08 - or refusal to provide breath samples - driving offences.

"Of those, half were local residents and half were residents from outside the area," says Sgt. Lozinski.

These incidents do not include those who were issued only 24-hour driving prohibitions.

"There has been a noted increase of Designated Drivers and those people consuming alcohol being responsible enough to call for a taxi or friend for a ride home."

Princeton RCMP hope 2006 will see them investigating less impaired/over .08 drivers due to responsible people and less tolerance as a community for these types of driving offences.

"We have had overwhelming

support from citizens and motorists when they suspect drunk drivers and call in to report them to us. We thank you for helping us get these drivers off our roads."

On Friday, January 13th police observed a vehicle speeding in the downtown area of Princeton.

"The driver of the vehicle attempted to evade police and a brief pursuit took place which resulted in the arrest of the driver at the intersection of Billiter Avenue and Dodd Street," says Princeton RCMP Sgt. Kurt Lozinski.

"The driver, a local Princeton male aged 18-years, was found to be impaired by alcohol and a breath sample demand was made by the arresting officer."

The male later provided samples of his breath which confirmed his blood alcohol to be above the legal limit of 80 mgs.

"The male was released for a Court date of April 13th, 2006 to answer criminal charges of impaired driving, driving while over .08, dangerous driving and flight from police causing a pursuit."

A 3-month driving prohibition was also issued and the vehicle was impounded.

The technology was developed in the early 1990's, and the plant has been on the Similco site since 1994. Air emissions are regulated by the B.C. government.

The contaminated soils, when cleaned, are sterile. Working with Greater Vancouver Regional District, Envirogreen accepts biosolids which are mixed with the soil and spread over the Similco tailings site on Copper Mountain. The compound covering the tailings is seeded with grasses preferred by local wildlife. There are now 2,000 acres treated, and Gary Agar said he expects the entire site to be covered by the end of 2006.

A proposal is under discussion with Scott Paper to turn the former tailings into a poplar plantation to be harvested for paper production every 10 years. Envirogreen employees between 12 and 20 people a year, depending on weather and contracts for soil cleaning.

Mayor Randy McLean expressed appreciation for Envirogreen coming to Council to present the company's present activities.

John Negrin said an invitation will be published this year to attend an Open House at Envirogreen and said he hoped Council members would attend.

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Arne Sahlien performed last Sunday afternoon at the Baptist Church.

## Piano performance highlights afternoon

If you missed the Sunday afternoon piano concert on January 15, you missed some excellent entertainment. Gifted musician Arne Sahlien joined local pianist John Bosomworth at the invitation of Princeton Concert Society for two hours of fun and good music.

Sahlien has a great sense of humour to go with his skill at the keyboard. He took time to explain

something about each piece he played. Bosomworth followed the lead.

The grand piano at the Baptist Church had a good workout with everything from ragtime to jazz to pop to classical to boogie. Sahlien played a couple of pieces for one hand only, and his own composition, background music for the play "The Glass Menagerie".

Bosomworth played his favourite: jazz, with such pieces as "Here's that Rainy Day" and "Route 66" among them.

Sahlien took time to promote his personal goodwill enterprise, the Cambodia Support Group. He was selling CD's of his music to raise money for the group, which helps build quality of life for Cambodians.

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- show the talents and skills of the people in your community
- preserve the cultural heritage of our area
- **LEAVE A LEGACY** for your children and your community
- get into the Fair **FREE** all weekend, with **FREE** meals

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**The Fall Fair Association meets once a month, 10-months of the year,  
with a two month break over Christmas**

**The next meeting is 7:00 PM Tuesday, January 31st at Town Hall.  
Membership Fee is \$5.00 per year (Adults). STUDENTS are given a FREE Membership.**



# weekly entertainment guide

TUESDAY, JANUARY 24, 2006 THROUGH MONDAY, JANUARY 30, 2006



Action viewed from behind the Osoyoos net at Friday night's Posse game.

## Posse takes Osoyoos to overtime

Princeton Posse hosted Osoyoos Storm last Friday night and a capacity crowd in Princeton Arena saw a great game of hockey from start to finish.

Jerrett Pretty Young Man earned a 10-minute misconduct at 16:30 of the opening frame after having words with an Osoyoos team member. The discussion got heated and Pretty Young Man dropped his gloves, skated to the player and gave him a two handed shove during a stoppage in play.

The rest of the period highlighted solid action from both teams and very few shots on goal.

Then Princeton put their first goal into the net with 57.3-seconds left in the period. Jeremy Wagner and Micah Anderson kept poking at rebounds in front of the Storm goal and Wagner popped one into the top corner of the net. Conner McGarry also earned an assist.

The second period saw Osoyoos tie the game at 1-all at 5:42. Princeton came back and scored their go ahead goal at 6:08 during a power play.

Jeremy Wagner got the marker with Brad Davis earning the assist.

After two periods Princeton was ahead 2 to 1.

The third period saw more solid action with Princeton's Greg Sentes making incredible diving saves in addition to his usual acrobatics. He was getting quite a workout!

Osoyoos managed to tie the game at 5:51 and despite extra effort from both sides, the game ended tied at 2.

In the overtime frame, Osoyoos broke the momentum of the period with a time out at 1:22 and finished the game with a power play goal at 1:41.

Final score, Osoyoos 3, Princeton 2 in overtime. Shots on goal: Osoyoos 44, Princeton 36.

## All-Star Weekend round-up

Any idea why it was so busy around Princeton over the weekend? It was because Princeton's KIJHL Hockey Club, the Posse, hosted the KIJHL All-Star Weekend.

Activities started early Saturday morning with a meeting of league Directors. One of the highlights of the meeting was the awarding of two points to Princeton's standings as a result of a game cancelled earlier in the season by Revelstoke. The story at the time was that the Grizzlies' bus had broken down.

Hockey action started at 12 Noon Saturday with the Top Prospects Game. For those who don't follow the sport, in the KIJHL the Top Prospects game features the best players from all fifteen of the league clubs split into two teams.

The crowd at the game included hockey scouts from different league and different levels and many of the 'top prospects' will see themselves playing hockey somewhere else next season, often at a higher level than the KIJHL's Junior B.

Although Princeton had a single

entry, Chad Hohmann did manage to get his name on the stat sheet and his play was probably noticed by more than just the fans at the game.

The game itself was a fast-paced, energetic game of hockey. It was easily the best game ever played at Princeton's Arena.

The Eddie Mountain Top Prospects (EM) scored first at 1:47 of the first period. Chad Gehon (Sicamous) got the goal with an assist going to Brenden Turnbull (Sicamous).

It wasn't until 8:49 of the second period when the Neil Murdoch Top Prospects (NM) were able to tie the game. Kevin Koopman (Beaver Valley) got the power play goal with an assist going to Trevor Bailey (Columbia Valley).

The EM team got a go ahead power play goal at 7:23 of the third period when Conner Gregory (Sicamous) popped one at the goalie which bounced off his shoulder and dropped into the goal. Assists went to Harry Mahesh (Osoyoos) and Princeton's Chad

Hohmann.

The EM team tied the game at 2 at 10:20. Patrik Martin (Beaver Valley) took the credit with assists going to Evan Bloodom and Gilbert Bilodeau.

The game ended tied at 2-all and went into a five minute overtime period where there was no scoring. This led to a shoot out.

First to shoot for EM was Princeton's Chad Hohmann, who beat the goalie and clanged one off the bottom of the crossbar. Colton Sutter (NM) missed, Harry Mahesh (EM) was beat and Riley Loyst (NM) couldn't score.

Brendan Turnbull scored for EM, Craig Cunningham (NM) missed, Jonathan Spence (EM) scored as did Kyle St. Denis (NM), Kevin Walrod (EM) was stopped, as was the last shooter Soloman McCann (NM).

As the Eddie Mountain team scored twice in the shoot out, they were awarded the win.

Player of the game was Chad Gehon of the Eddie Mountain team who plays for Sicamous Eagles.

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## Princeton Figure Skating Club

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Senior Skater

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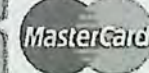
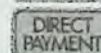
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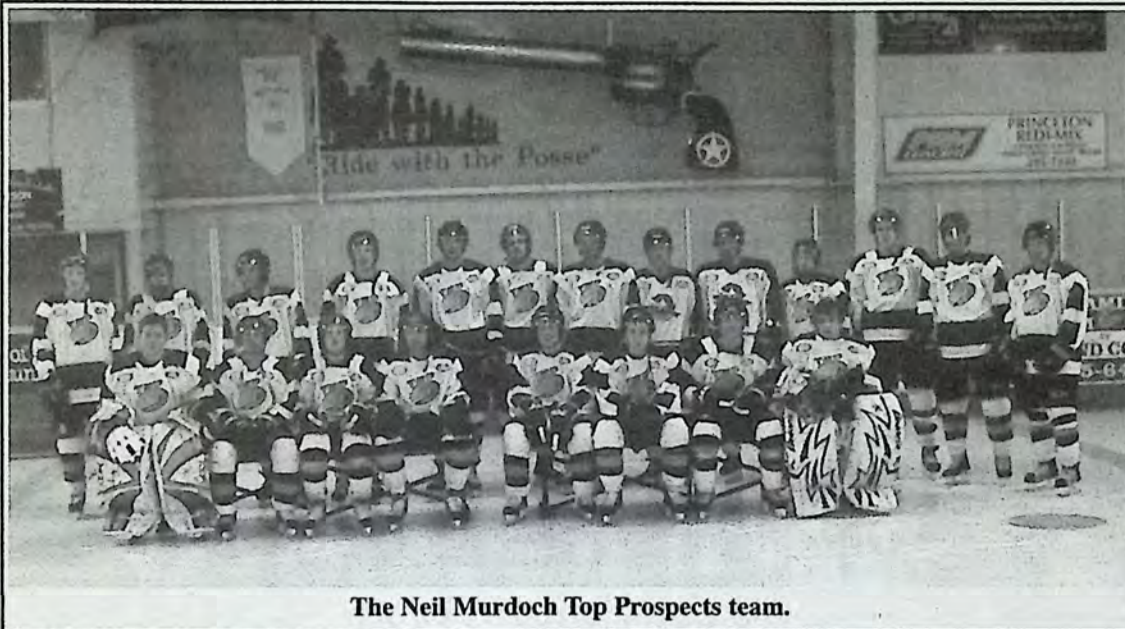
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The Neil Murdoch Top Prospects team.

## Food, hockey and advice fills weekend

Summerland Sting General Manager, and former Princeton Minor Hockey Player, Andy Oakes, had the honour of introducing Dixon Ward - the KIJHL All-Star Banquet Guest Speaker.

Ward, who was born in Edmonton and played Junior A Hockey in Red Deer, was drafted by the Vancouver Canucks in the 7th round and spent over ten years in the NHL.

He became a Canuck in 1992 and also played for the Los Angeles Kings, Toronto Maple Leafs, Buffalo Sabres, Boston Bruins and New York Rangers in addition to two different seasons in Switzerland and on two Team Canada Spangler Cup teams.

In total, Ward played in 599 NHL regular season and play off games and currently lives in Kelowna and has business interests in the Summerland Sting and Okanagan Summer Hockey School.

Ward, who was laid back, spoke without notes on the game that has consumed most of his life - hockey.

He shared his passion from three different perspectives, from that of a player, coach and parent.

He spoke directly to the players in the room about the importance of setting realistic goals.

"Set your goals, goals you can attain. Something you can control."

He made it clear that the KIJHL is a strong support network for players stating that with help from parents, coaches and the rest of the league there are many opportunities for players to succeed at this level of hockey.

"You have a responsibility to make good decisions," he warned the players.

Then he shifted his focus to coaching.

"The game's not about us. When we're coaches and the game starts it's no longer about us, it's about the kids and the players."

Ward also emphasized the role of the KIJHL.

"We can't forget what this league is all about. It's a developmental league."

He placed a great deal of importance on education and studies, then shifted his focus once again but this time to parents.

"Our job as a parent is to support our children and provide them with opportunities."

Ward pointed out parenting did not include taking things out on coaches, referees, other players or other parents.

The second game of the day was

the All-Star Game, which started at 7:00 PM.

Princeton had two players dressed for this contest: Conner McGarry and Brad Fraser.

This game was very different from the first game of the day in that action was not as fast and there was a lot more scoring.

The Eddie Mountain All-Stars (EM) scored first only 44-seconds into the game.

Tyler Seidler (Osoyoos) got the marker with assistance from Dustin Sobchak (Sicamous) and Jeff Taylor (Osoyoos).

The Neil Murdoch All-Stars (NM) tied the game at 9:58 with an unassisted goal by Jeff Steele (Creston Valley).

The EM team added goal #2 at 12:18. Credit went to Travis Duperron (Osoyoos) with assists to Jeff Taylor (Osoyoos) and Dustin Sobchak (Sicamous).

The NM All-Stars tied it up at 2-all at 14:28 with a goal from Jeff Steele. Assists came from Josh Renaud (Columbia Valley) and Tyler Shedden (Kimberley).

The second period saw the NM All-Stars get their go ahead goal at 2:39. Chris Bratina (Beaver Valley) took the credit with help from Stefan Decosse (Beaver Valley).



The RockRidge Canyon dining room was packed during the All-Star Banquet Saturday afternoon.

## tuesday movies

### MORNING

7:00 am WTBS (3) ★★½ "The 6th Day" (2000, Science Fiction) (PA) Arnold Schwarzenegger. A helicopter pilot squares off against the evil tycoon who cloned him without his knowledge or consent. (E)

10:00 am CITY (29) ★★½ "Witness" (1985, Crime Drama) Harrison Ford. A hunted Philadelphia detective moves in with an Amish widow and her murder-witness son. (E)

### EVENING

8:10 pm WTBS (3) ★★ "The Last Boy Scout" (1991, Drama) (PA) Bruce Willis. An ex-Secret Service agent and a former quarterback uncover sports corruption while investigating a stripper's murder. (E)

10:06 pm CITY (29) ★★ "Bugs" (2003, Science Fiction) Antonio Sabato Jr. An entomologist accompanies a team of commandos to prevent prehistoric insects from escaping from a subway system.

10:10 pm WTBS (3) ★★ "The Fifth Element" (1997, Science Fiction) (PA) Bruce Willis. Luc Besson directed

this tale about a futuristic cab driver whose latest passenger may save Earth from impending doom. (E)

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## wednesday movies

### MORNING

7:00 am WTBS (3) ★★ "The Last Boy Scout" (1991, Drama) (PA) Bruce Willis. An ex-Secret Service agent and a former quarterback uncover sports corruption while investigating a stripper's murder. (E)

10:00 am CITY (29) ★★½ "Masterminds" (1997, Suspense) Patrick Stewart. A problem teen intervenes when a security expert and his cohorts take students hostage at a private school. (E)

### EVENING

6:00 pm CITY (29) ★★ "The Wedding Planner" (2001, Romance-Comedy) Jennifer Lopez. A lonely woman falls for an engaged pediatrician while coordinating his ceremony and wedding reception. (E)

8:10 pm WTBS (3) ★★½ "Orange County" (2002, Comedy) Colin Hanks. A high schooler tries to fix a mistake after his guidance counselor sends the wrong papers to Stanford University. (E)

9:55 pm WTBS (3) ★★½ "Boat Trip" (2003, Comedy) Cuba Gooding Jr.

Two skirt-chasing buddies discover too late that their travel agent has booked them on an all-gay cruise. (E)

10:06 pm CITY (29) ★★½ "Excess Baggage" (1997, Adventure) Alicia Silverstone. A teen's fake kidnapping scheme backfires when a thief steals her car while she is locked in the trunk. (E)

11:55 pm WTBS (3) ★★½ "Orange County" (2002, Comedy) Colin Hanks. A high schooler tries to fix a mistake after his guidance counselor sends the wrong papers to Stanford University. (E)

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The same team added goals #4 and 5 at 7:08 (Tyler Shedden - Kimberley, Justin Mugford - Golden, JC Thomas - Spokane) and 11:36 (Tyler Shedden, Stefan Decosse - Beaver Valley, Justin Mugford) with the EM All-Stars answering with goals 3 and 4 at 16:02 (Michael Keller - Summerland, Martin Croteau - Fernie) and with 1:08 left in the period (Tommy Latouche-Gauvin - Kimberley, Jay McEwen - Kimberley, Daniel Brown - Revelstoke). The score after two was 5 to 4 in favour of the Neil Murdoch team.

Princeton's Brad Fraser went between the pipes in the third period and faced a total of ten shots - none of them scoring.

The rest of the period was all Eddie Mountain with goal #5 at 1:53 (Jay McEwen, Dylan McIntosh - Sicamous), 8:06 (Steve Cullis - Revelstoke, Dustin Vetter - Sicamous) and into the empty net with only 41.9-seconds left (Tyler Seidler - Osoyoos).

Final score: Eddie Mountain All-Stars 7, Neil Murdoch All-Stars 5.

Player of the game was Jeff Steele of the Neil Murdoch team who plays for Creston Valley.



TUESDAY, JANUARY 24, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	YTV (15)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Dawson's Creek (E)	News (E) Body	(Off Air)	Boohbah Caillou (E)	News (E)	News	Airline (E) Airline (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monster Mona	SportsCenter (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin, Miller.	Maury (E)	Hillbillies Hillbillies
7 AM	Movie: "The 6th Day" (2000) (PA) (E)	Life Today 100 Huntley Street (N) Poko	BluesClues Dora Hi-5 Food. Berenstain	Clifford Arthur (E) Dragon Big World	Today (E)	The Early Show (E)	Family Family City Confidential (E)	Good Morning America (E)			Winx Club Jacob	SportsCenter (E)		Super Ships (E)	Sabrina Charles	K. Possible Recess	News (E)	CityLine (E)	Rockford Files
8 AM	Becker Becker	Save-Ums! Doodlebop	Arthur (E) Little Bear	Sesame Street (E)		Discover Discover	American Justice American Justice	Regis and Kelly	100 Huntley Street (N)	World Vision (E)	LazyTown Monster	Off-Record In Corner	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Benj Bear McDonald	Maury (E)	News (E) City	Magnum, P.I. "Limbo"
9 AM	Cosby Cosby	The Price Is Right (E)	Miss BG Sagwa	Barney Bob Bulld	Ellen DeGeneres Show	The Price Is Right (E)	Cold Case Files (E)	The View (E)	World Vision	Room Diva Dime	Rupert Monsters	SnowTrax Mycylics	The View (E)	Canada's Worst Driver	Starting Over (N) (E)	Mermald PB&J Otter	Jerry Springer (N) (E)	Movie: "Witness" (1985)	News (E)
10 AM	Harvey Home Imp.	Judge J. Brown	Seniors Math Shop	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Investigative Reports	Paid Prog. Paid Prog.	The Insider Diva Dime	News (Live) (E)	Hamtaro Fly Rhino	Tennis: Australian Open - Men's and Women's Quarterfinals. From Melbourne, Australia. (Taped)	eTalk Daily Balance	DNA Promises	Montel Williams (N)	Henrys King (E)	Blind Date Blind Date	Magnum, P.I. (E)	Magnum, P.I. (E)
11 AM	Drew Drew	News (Live) (E)	Odysseys Imprint	Charlie Rose (E)	Paid Prog. Paid Prog.	News Bold & B.	Airline (E) Airline (E)	All My Children (E)	News (Live) (E)	Days of our Lives (E)	Boy (E) Mischief	Men's and Women's Quarterfinals. From Melbourne, Australia. (Taped)	Daily Bold & B.	Superfly (N)	Perry Mason	Lilo Stitch Aladdin	Maury Nord makeovers.	CityLine (E)	Da Vinci's Inquest (E)
12 PM	Yes, Dear Yes, Dear	Days of our Lives (E)	Foot Notes Planet	Wonderful America	Days of our Lives (E)	As the World Turns	Family Family	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.	Quarterfinals. From Melbourne, Australia. (Taped)	Vicki G. Vicki G.	Frontiers of	Matlock "The Class"	Hoze Mouse	Jerry Springer (E)	In Fashion Cosby	Cosby
1 PM	Home Imp. Friends	Da Vinci's Inquest (E)	Gaslight Pan Asla	Reading Lions	Passions (E)	Guiding Light (E)	City Confidential (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown	Off-Record Sports	Dr. Phil (E)	How-Made How-Made	Love Lucy Love Lucy	Dalmatian Fillmore	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
2 PM	Seinfeld Seinfeld	Starting Over (N) (E)	Bear BluesClues	Postcards Arthur (E)	Brown Brown	Dr. Phil (E)	American Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record Sports	Dr. Phil (E)	Monster Machines	Montel Williams (E)	Weekend Lloyd	ER (E)	News (E)	Home Imp. Home Imp.
3 PM	Raymond Raymond	Simpsons Malcolm	Dora Rolle Polle	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	Cold Case Files (E)	Millionaire Millionaire	Oprah Winfrey (E)	News (E) News (E)	Tn-Titans Robot	Hockey NHL Pro	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	8 Rules 8 Rules	Sex & City Friends	Funnlest Home Videos
4 PM	Friends Friends	News (Live) (E)	George S. Koala Bro	BBC World Business	News (E) NBC News	News CBS News	The BTK Killer Speaks	News (E) ABC News	News (E) Global	News (E) Global	Oddparent SpongeBob	NHL Hockey: Phoenix Coyotes at Minnesota Wild. (Live)	News (E)	How-Made How-Made	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	The Collector	Da Vinci's Inquest (E)
5 PM	Sex & City Sex & City	Will-Grace 70s Show	CG Kids Dotto Tech	News-Lehrer	News (E) Raymond	News Hollywood	Dog Dog	News (E) News (E)	News (E) (Live) (E)	ET Canada Entertain	Being Ian Mystery	Coyotes at Minnesota Wild. (Live)	News (E)	American Chopper (N)	Simpsons 70s Show	So Little Darcy	My Wife Friends	Supernatural "Asylum"	Da Vinci's Inquest (E)
6 PM	Seinfeld Seinfeld	Fortune Jeopardy!	Walk on the Wild Side	Lost Empires	Jeopardy! Fortune	Seinfeld Friends	Airline (E) Airline (E)	Entertain The Insider	Entertain ET Canada	Gilmore Girls (E)	Drake Prank Ptr	Tennis: Australian Open - Men's and Women's Quarterfinals. (Live)	eTalk Daily Hollywood	American Hot Rod (E)	Frasler 70s Show	So Raven Smart Guy	Raymond Raymond	Godiva's (E)	WGN News at Nine
7 PM	Movie: "The Last Boy Scout" (1991) Bruce Willis.	Rick Tourn	Masterpiece	Globe Trekker (E)	Fear Factor (N) (E)	NCIS "Light Sleeper"	Crossing Jordan (E)	Accrd Jlm Rodney (N)	Fear Factor (N) (E)	Fear Factor (N) (E)	SpongeBob Sabrina	Open - Men's and Women's Quarterfinals. (Live)	American Idol Auditions around the U.S. (N) (E)	Daily Planet (E)	American Idol Auditions around the U.S. (N) (E)	8 Rules Boy World	Gilmore Girls (E)	Star! Daily	Sex & City
8 PM	Movie: "The Fifth Element" (1997) Bruce Willis.	National	With Glowing Hearts	Frontline/World (N)	Scrubs (N) Scrubs (N)	CSI: Miami "Whacked"	The BTK Killer Speaks	Commander in Chief (N)	House (E)	House (E)	15/Love Factory	Quarterfinals. (Live)	Law & Order: SVU	American Hot Rod (E)	News Will-Grace	Popular (N) (E)	KTLA Prime News (E)	(10:06) Movie: "Bugs" (2003) Antonio Sabato Jr.	Da Vinci's Inquest (E)
9 PM	News (E)	Ravens	Charlie Rose (N) (E)	News (E)	News (E)	Late Show	Airline (E)	Nightline	News (Live) (E)	Entertain ET Canada	Inuyasha Gundam	SportsCenter (Live) (E)	News (E)	How-Made Becker	Sex & City Radio Free	8 Rules Friends	Friends	Paidd Prog.	

WEDNESDAY, JANUARY 25, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	YTV (15)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Dawson's Creek (E)	News (E) Body	(Off Air)	Teletubbs Caillou (E)	News (E)	News	Talk to Me: Hostage Negotiator's of the NYPD (N)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monster by Mona	SportsCenter (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin, Miller.	Maury (N) (E)	Hillbillies Hillbillies
7 AM	Movie: "The Last Boy Scout" (1991) Bruce Willis.	Life Today 100 Huntley Street (N) Poko	BluesClues Dora Hi-5 Berenstain	Cliff Pup Arthur (E) Dragon Big World	Today Fondue; "The Biggest Loser" winners; Lose	The Early Show (E)	s of the NYPD (N)	Good Morning America (E)			Winx Club Jacob	SportsCenter (E)		Animal Parade	Sabrina Charles	K. Possible Recess	News (E)	CityLine (E)	Rockford Files
8 AM	Becker Becker	Save-Ums! Doodlebop	Arthur (E) Little Bear	Sesame Street (E)	20 With Al. (E)	Discover Discover	American Justice American Justice	Regis and Kelly	100 Huntley Street (N)	World Vision (E)	LazyTown Monster	Off-Record Fishing	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Feet McDonald	Maury (N) (E)	News (E) City	Magnum, P.I. (E)
9 AM	Cosby Cosby	The Price Is Right (E)	Paddington Sagwa	Barney Bob Bulld	Ellen DeGeneres Show	The Price Is Right (E)	Cold Case Files (E)	The View (N) (E)	World Vision	Room Diva Dime	Rupert Monsters	Bowling	The View (N) (E)	Vital Scan (E)	Starting Over (N) (E)	Sing-Story PB&J Otter	Jerry Springer (N) (E)	Movie: "Masterminds" (1997)	News (E)
10 AM	Harvey Home Imp.	Judge J. Brown	Mathematics Sit-Be Fit	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Bomb Squad (E)	Paid Prog. Paid Prog.	The Insider Diva Dime	News (Live) (E)	Hamtaro Fly Rhino	Tennis: Australian Open - Men's and Women's Quarterfinals. (Live)	eTalk Daily Balance	Vital Scan (E)	Montel Williams (E)	Henrys King (E)	Blind Date Blind Date	Magnum, P.I. (E)	Magnum, P.I. (E)
11 AM	Drew Drew	News (Live) (E)	Sustain Scattering	Charlie Rose (N) (E)	Paid Prog. Paid Prog.	News Bold & B.	Talk to Me: Hostage Negotiator's of the NYPD	All My Children (E)	News (Live) (E)	Days of our Lives (E)	Boy (E) Beasts	Men's and Women's Quarterfinals. (Live)	Daily Bold & B.	Real Medical Mysteries	Perry Mason	Lilo Stitch Aladdin	Maury Paternity tests.	CityLine (E)	Da Vinci's Inquest (E)
12 PM	Yes, Dear Yes, Dear	Days of our Lives (E)	Home Biz Planet	Painting Sewing	Days of our Lives (E)	As the World Turns	s of the NYPD	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.	Quarterfinals. From Melbourne, Australia. (Taped)	Vicki G. Vicki G.	Monster Garage (E)	Matlock "The Singer"	Hoze Mouse	Jerry Springer (E)	Relic Hunter (E)	Cosby Cosby
1 PM	Home Imp. Friends	Da Vinci's Inquest (E)	Gaslight Journal	Reading Lions	Passions (E)	Guiding Light (E)	City Confidential (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona LazyTown	Off-Record Sports	Dr. Phil (E)	Deadliest Catch	Love Lucy Love Lucy	Dalmatian Fillmore	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
2 PM	Seinfeld Seinfeld	Starting Over (N) (E)	Bear BluesClues	Postcards Arthur (E)	Brown Brown	Dr. Phil (E)	American Justice: Gacy	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Yu-Gi-Oh!	Off-Record Sports	Dr. Phil (E)	Beyond Tomorrow (E)	Montel Williams (E)	Weekend Lloyd	ER (E)	News (E)	Home Imp. Home Imp.
3 PM	Raymond Raymond	Simpsons Malcolm	Dora Rolle Polle	Cyberchas Dragonfly	Judge J. Judge J.	Oprah Winfrey (E)	Cold Case Files (E)	Millionaire Millionaire	Oprah Winfrey (E)	News (E) News (E)	Tn-Titans Phantom	NHL Hockey: Montreal Canadiens at Philadelphia Flyers. (Live)	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	8 Rules 8 Rules	Sex & City Friends	Funnlest Home Videos
4 PM	Raymond Raymond	News (Live) (E)	George S. Koala Bro	BBC World Business	News (E) NBC News	News CBS News	Dog Dog	News (E) ABC News	News (E) Global	News (E) Global	Oddparent SpongeBob	Canadiens at Philadelphia Flyers. (Live)	News (E)	Stoneheng Experience	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	South Beach (N) (E)	Becker Becker
5 PM	Sex & City Sex & City	Will-Grace 70s Show	Mechanics Della Smith	News-Lehrer	News (E) Raymond	News Hollywood	Inked (E) Inked (N)	News (E) News (E)	News (E) (Live) (E)	ET Canada Entertain	Being Ian Mystery	Sports	News (E)	MythBusters (E)	Simpsons 70s Show	So Little Darcy	My Wife Friends	Movie: "The Wedding Planner" (2001) (E)	Home Imp. Home Imp.
6 PM	Sex & City Sex & City	Fortune Jeopardy!	Undersea Edge	National Geographic (N)	Jeopardy! Fortune	Seinfeld Friends	Angel Angel	Entertain The Insider	Entertain ET Canada	Falcon Beach (E)	Justice Zixx	NHL Hockey: Edmonton Oilers at Anaheim Ducks. (Live)	eTalk Daily Hollywood	MythBusters (E)	Frasler 70s Show	So Raven Smart Guy	Raymond Raymond	WGN News at Nine	WGN News at Nine
7 PM	Movie: "Orange County" (2002) Colin Hanks.	This is Wonderland (N)	Discoveries Ever Won	Cathedral (E)	Jamie Foxx	Still Yes, Dear	Crossing Jordan (E)	Lopez Freddie (N)	E-Ring (E)	E-Ring (E)	SpongeBob Sabrina	Oilers at Mighty Ducks of Anaheim.	American Idol (N) (E)	Daily Planet (E)	American Idol (N) (E)	8 Rules Boy World	One Tree Hill (N) (E)	Star! Daily	Sex & City
8 PM	Movie: "Boat Trip" (2003)	National	With Glowing Hearts	Frontline/World (N) (E)	Law & Order "Ghosts"	CSI: NY "Risk" (N)	Dog Dog	Lost "Fire Plus Water"	Bones (N) (E)	Bones (N) (E)	15/Love 15/Love	Tennis: Australian Open	CSI: NY "Risk" (N) (E)	Stoneheng Experience	News Will-Grace	Popular (E)	KTLA Prime News (E)	(10:06) Movie: "Excess Baggage" (1997) (E)	Da Vinci's Inquest (E)
9 PM	Cuba Gooding Jr. (E)	News (E)	Scattering Dotto Tech	Charlie Rose (N) (E)	News (E) Tonight	News Late Show	Angel Angel	News (E) Nightline	News (Live) (E)	Entertain ET Canada	Inuyasha Hunter	SportsCenter (Live) (E)	News (E)	How-Made Becker	Sex & City Radio Free	8 Rules Friends	Friends	Paidd Prog.	



**Regular Meetings**

\* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse  
 \* Similkameen Christian Riders meet at the A&W every Wednesday evening at 6 pm for a ride. To join, show up  
 \* Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue  
 \* Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room  
 \* PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom  
 \* Hedley Library open 2-7pm Thursdays  
 \* Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673  
 \* Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.  
 \* Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.  
 \* Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm  
 \* Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall  
 \* Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine  
 \* Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.  
 \* Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.  
 \* Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.  
 \* Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.  
 \* Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.  
 \* Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.  
 \* Princeton Area BEA meets the 3rd Thursday of the month. 7:00 PM, Skills Centre.

**Similkameen News Leader Community Calendar**

**JANUARY**

30 - PSS PAC Meeting, 7:00 PM

**FEBRUARY**

3 - Princeton Posse Game vs. Revelstoke, 7:30 PM  
 3, 4, 5 - Mens Curling Bonspiel, Princeton Curling Club  
 10 - Princeton Posse Game vs. Summerland, 7:30 PM  
 11 - Princeton Posse Game vs. Sicamous, 7:30 PM  
 14 - Valentine's Day  
 15 - Princeton Posse Game vs. Summerland, 7:30 PM  
 17 - Princeton Posse Game vs. Revelstoke, 7:30 PM  
 17, 18, 19 - Ladies Curling Bonspiel, Princeton Curling Club  
 25 - Princeton Posse Game vs. Sicamous, 7:30 PM  
 27 - PSS PAC Meeting, 7:00 PM

**MARCH**

4, 5, 6 - Mixed Curling Bonspiel, Princeton Curling Club  
 10 - Schools close for Spring Break  
 20 - Schools re-open  
 27 - PSS PAC Meeting, 7:00 PM  
 28 - Parent/Teacher Interviews, PSS, 6:00 - 8:00 PM

**APRIL**

14 - Good Friday  
 17 - Easter Monday  
 24 - PSS PAC Meeting, 7:00 PM  
 27 - PSS Family Fair

Check our 'Events Calendar' at [www.thenewsleader.ca](http://www.thenewsleader.ca) for more events and meetings in the Similkameen!

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!  
[ads@thenewsleader.ca](mailto:ads@thenewsleader.ca)

**thursday movies**

**MORNING**

7:00 am WTBS (3) ★★"Entrapment" (1999, Suspense) (PA) Sean Connery. A veteran thief is wary of his nubile young partner as they plan a Y2K heist that will yield them billions of dollars. (E)  
 10:00 am CITY (29) ★★"The Wedding Planner" (2001, Romance-Comedy) Jennifer Lopez. A lonely woman falls for an engaged pediatrician while coordinating his ceremony and wedding reception. (E)  
 11:00 am A&E (9) ★★"Jaws" (1975, Horror) Roy Scheider. A New England police chief, a shark hunter and a scientist have a showdown with a huge white shark. (E)

**AFTERNOON**

5:00 pm WGN (38) ★½"A Thousand Acres" (1997, Drama) Michelle Pfeiffer. An aging farmer's irrational actions lead to revelations and divisions among his three daughters. (In Stereo) (E)  
 5:30 pm CITY (29) ★★½"The

Fugitive" (1993, Suspense) Harrison Ford. A U.S. marshal hunts a doctor on the run who was convicted of murdering his wife. (E)

**EVENING**

7:00 pm WTBS (3) ★½"The Haunting" (1999, Horror) (PA) Liam Neeson. Jan de Bont's effects-laden remake of the 1963 classic about research subjects who spend a weekend in a haunted house. (E)  
 9:40 pm WTBS (3) ★★"The Others" (2001, Horror) Nicole Kidman. A tightly wound widow begins to unravel as strange occurrences point to the presence of ghosts in her isolated mansion. (E)  
 10:06 pm CITY (29) ★★½"The Fugitive" (1993, Suspense) Harrison Ford. A U.S. marshal hunts a doctor on the run who was convicted of murdering his wife. (E)  
 11:40 pm WTBS (3) ★½"The Haunting" (1999, Horror) (PA) Liam Neeson. Jan de Bont's effects-laden remake of the 1963 classic about research subjects who spend a weekend in a haunted house. (E)

**friday movies**

**MORNING**

7:00 am WTBS (3) ★★"Boys on the Side" (1995, Comedy-Drama) Whoopi Goldberg. A strong bond forms among three diverse women as they share adventures on a cross-country drive to California. (E)  
 10:00 am CITY (29) ★★"The West Side Waltz" (1995, Drama) Shirley MaLaine. A musically talented neighbor and an aspiring actress slowly develop bonds of friendship with an isolated widow. (E)

**AFTERNOON**

4:30 pm WGN (38) ★"Sphere" (1998, Science Fiction) Dustin Hoffman. A team of experts travels deep below the sea to search for a possible alien life form aboard an ancient spacecraft. (In Stereo) (E)  
 5:00 pm WTBS (3) ★★"Spider-Man" (2002, Action) (PA) Tobey Maguire. A shy student becomes a crime fighter after a bite from a mutant spider gives him extraordinary powers. (E)  
 CITY (29) ★★"Black Knight" (2001, Comedy) Martin Lawrence. An employee at a medieval-themed amusement park is magically transported back to 14th-century England. (E)

**EVENING**

7:30 pm FAM (26) "MXP: Most Xtreme Primate" (2003, Comedy) Devin Drewitz. Premiere. Two brothers must rescue a snowboarding chimp from kidnappers and return him to his right-

ful owner.  
 7:40 pm WTBS (3) ★★½"Back to the Future" (1985, Science Fiction) Michael J. Fox. A teen takes a crackpot's DeLorean time machine to 1955 and sees his parents in high school. (E)

8:00 pm KNOW (5) ★½"Nemesis" (1993, Science Fiction) Olivier Gruner. A cyborg assassin learns that his mechanized masters are plotting to wipe out mankind. (E)  
 9:00 pm FAM (26) ★★"Top Gun" (1986, Drama) Tom Cruise. A maverick Navy pilot is forced to grow up during the course of a specialized training program in California.

10:06 pm CITY (29) "Kissing a Dream" (1996, Adult) Erin Lanza. An unhappily married adwoman gets more than she bargained for when she advertises for a dream lover in the personal ads. (E)

10:33 pm FAM (26) ★★½"I Love Trouble" (1994, Suspense) Julia Roberts. Rival reporters are forced to team up when an investigative piece involving corporate intrigue turns dangerous.

**Weather?**  
 Updated Hourly...  
**Road Reports?**  
 Updated Daily...  
[www.thenewsleader.ca](http://www.thenewsleader.ca)

**Horoscopes**

January 25 - February 1, 2006

**Aries** - This week, you want to talk about plans for the future. You would benefit more by writing them down as goals. Your career runs smoothly, but money is still tight.  
**Taurus** - What your boss says is no joke. Take it seriously. Pay attention to what parents say. Get a grip on your ego. Partner is good to you - show appreciation! Stop being critical, grumpy.  
**Gemini** - You are feeling much better, even though underlying resentment or frustration is still there. Short trips keep you on the move. Health, job are going well. Keep temper.  
**Cancer** - Partner, good friends, bring fun and may bring gifts. Sort out everything you need for taxes, insurance. Make a picture of your financial situation. Look for potential shortages.  
**Leo** - Your career is a little less demanding, but you feel tired and out of sorts. Friend or partner say discouraging words. Home life is good but busy. Employment, health are good.  
**Virgo** - You receive information about job, employment, health. Plans have to be put on hold. Partner's words or information is not reliable on weekend, especially in regard to plans, contracts.  
**Libra** - Health may be affected by inability to plan effectively. Children may say something which makes you sad. You may feel old and grumpy this weekend. Visit family.  
**Scorpio** - News from family members may conflict with career demands this weekend. Children, pets, may have accident. Local travel brings rewards. You feel generous. Watch diet.  
**Sagittarius** - Be cautious if you must drive this weekend. An accident is probable. Stay at home if possible. Money picture looks good. You feel happy. Action centers on news.  
**Capricorn** - Financial matters may put you and partner or friend at odds. Unexpected information changes money picture. Find solution through personal planning. Sibling offers surprise.  
**Aquarius** - This week is excellent for your health, so you should try to go out and do something energetic and different. Try dancing! Depressing friend may need correction.  
**Pisces** - Turn your thoughts inward now and do some deep thinking about inner self. Watch out for colds, flu. Rest this weekend. Continue planning about immediate surroundings.

**Similkameen News Leader Recipe Corner (Recipe #99)**

**Healthy Harvest**  
 Honey Chicken, Macaroni with Cheese

**Ingredients**

- 200g Catelli Healthy Harvest Whole Wheat macaroni
- 30 mL (2 tbsp) olive oil
- 2 onions, finely minced
- 2.5 mL (1/2 tsp) dried oregano
- 2.5 mL (1/2 tsp) dried parsley
- 2 chicken breasts, skin and bones removed, in pieces
- 60 mL (1/4 cup) honey
- 2 x 798 mL cans diced tomatoes, drained
- 250 mL (1 cup) grated cheese

**Instructions**

• Cook macaroni according to package directions. • In a pot, heat oil and sauté onion, oregano and parsley 3 minutes. Add chicken and continue cooking 3 minutes. • Add honey, mixing well to coat chicken, and cook 3 minutes until caramelized. • Add tomatoes and simmer 15-20 minutes or until liquid is almost evaporated. Add macaroni, mixing well. • Pour into a baking dish. Sprinkle with cheese and broil in oven until cheese melts and browns lightly.

**Preparation:** 10 minutes **Cooking:** 30-35 minutes **Serves:** 4

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

**226A Bridge Street, Princeton**

Online Classified Ads:  
[www.thenewsleader.ca](http://www.thenewsleader.ca)







# saturday movies

### MORNING

7:00 am WTBS (3) ★★ "A Walk to Remember" (2002, Romance) (PA) Shane West. A budding delinquent is forced to act in a school play and begins a tentative romance with a minister's daughter. [E]

8:00 am A&E (9) ★★ "The Professional" (1994, Drama) Jean Reno. An assassin's tough exterior is cracked by his bond with a precocious orphan girl who wants to learn his craft. [E]

9:15 am WTBS (3) ★★ "Pleasantville" (1998, Comedy) Tobey Maguire. A shy suburban teen and his sister are transported into the black-and-white world of a 1950s TV sitcom. [E]

### AFTERNOON

12:00 pm WTBS (3) ★★ "Back to the Future" (1985, Science Fiction) Michael J. Fox. A teen takes a crackpot's DeLorean time machine to 1955 and sees his parents in high school. [E]  
FAM (26) ★ "Walk Like a Man"

(1987, Comedy) Howie Mandel. A man raised by wolves returns to civilization, where greedy relatives are pawing at his inheritance.

WGN (38) ★★ "She's So Lovely" (1997, Drama) Sean Penn. A suburban mother receives an unwelcome jolt when her mentally disturbed ex-husband suddenly re-enters her life. (In Stereo) [E]

12:30 pm CITY (29) ★★ "Star Trek II: The Wrath of Khan" (1982, Science Fiction) William Shatner. The past returns to haunt Adm. James Kirk when he and his crew become locked in a battle of wits with an old nemesis. [E]

1:30 pm FAM (26) ★★ "Miracle in Lane 2" (2000, Drama) Frankie Muniz. A youngster in a wheelchair is determined to prove himself by entering the Soap Box Derby.

2:30 pm WTBS (3) ★★ "Spider-Man" (2002, Action) (PA) Tobey Maguire. A shy student becomes a crime fighter after a bite from a mutant spider gives him extraordinary powers. [E]

4:00 pm YTV (18) "Zolar" (2004, Science Fiction) Jordan Hoffart.

Premiere. Three teenage athletes try to protect a powerful alien from evil extraterrestrials trying to steal its life force. (In Stereo) [E]

KTLA (27) ★★ "Beloved" (1998, Drama) Oprah Winfrey. Toni Morrison's Pulitzer Prize-winning story about a former slave who thinks she sees her dead daughter's ghost. (In Stereo) [E]

5:00 pm WTBS (3) ★★ "The Truman Show" (1998, Comedy-Drama) Jim Carrey. An unwitting man's life is arranged for him, captured on hidden cameras and broadcast internationally. [E]

### EVENING

6:00 pm A&E (9) ★★ "Tomorrow Never Dies" (1997, Adventure) Pierce Brosnan. James Bond and an equally resourceful Chinese agent join forces to short-circuit a ruthless communications tycoon. [E]

CITY (29) ★★ "Last Wedding" (2001, Comedy-Drama) Benjamin Ratner. An engaged couple and their friends cope with the problems and complexities of modern relationships. [E]

7:00 pm WTBS (3) ★★ "Bad Boys" (1995, Drama) (PA) Martin Lawrence. Two Miami cops must switch identities while searching for a large quantity of heroin stolen from

police headquarters. [E]  
8:00 pm KSPS (6) ★★ "The Great Escape" (1963, War) Steve McQueen. Allied soldiers dig a tunnel out of a Nazi prison camp, pocketfuls of dirt at a time.

KXLY (10) ★★ "Road to Perdition" (2002, Crime Drama) Tom Hanks. Premiere. During the Depression, a mobster takes his son along as he seeks to avenge the murders of his wife and younger child. (In Stereo) [E]

9:00 pm KNOW (5) ★★ "Inspector Morse: Service of All the Dead" (1982, Mystery) John Thaw. Inspector Morse investigates the brutal murder of a church warden.

YTV (18) ★★ "Princess Mononoke" (1997, Fantasy) Voices of Claire Danes. Animated. A prince becomes involved in the struggle between a forest princess and the encroachment of mechanization. (In Stereo) [E]

FAM (26) ★★ "Before and After" (1996, Drama) Meryl Streep. Premiere. Two parents find their peaceful lives forever changed when their teenage son is suspected of murdering his girlfriend.

CITY (29) ★★ "Blade" (1998, Horror) Wesley Snipes. A man with vampire blood and his mortal partner hunt a rebel vampire and his coterie of undead. [E]

9:15 pm WTBS (3) ★★ "Running Scared" (1986, Comedy) (PA) Gregory Hines. Two detectives with retirement and a life of leisure on their minds are given 30 days to nab a drug-smuggling mobster. [E]

10:00 pm A&E (9) ★★ "Tomorrow Never Dies" (1997, Adventure) Pierce Brosnan. James Bond and an equally resourceful Chinese agent join forces to short-circuit a ruthless communications tycoon. [E]

10:48 pm FAM (26) ★★ "Airplane!" (1980, Comedy) Robert Hays. A pilot afraid to fly follows his stewardess ex-girlfriend and must take over for the poisoned crew.

11:15 pm WTBS (3) ★★ "The Negotiator" (1998, Action) (PA) Samuel L. Jackson. Two Chicago police negotiators face each other when one takes desperate action after being falsely accused of murder. [E] (DVS)

11:30 pm CITY (29) ★★ "Star Trek II: The Wrath of Khan" (1982, Science Fiction) William Shatner. The past returns to haunt Adm. James Kirk when he and his crew become locked in a battle of wits with an old nemesis.

WGN (38) ★★ "Beloved" (1998, Drama) Oprah Winfrey. Toni Morrison's Pulitzer Prize-winning story about a former slave who thinks she sees her dead daughter's ghost. (In Stereo) [E]

## Similkameen News Leader Community Events Cruiser



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# sunday movies

### MORNING

7:00 am WTBS (3) ★★ "O Brother, Where Art Thou?" (2000, Comedy-Drama) (PA) George Clooney. A mysterious lawman tracks three escaped convicts searching for buried treasure in 1930s Mississippi. [E]

8:00 am WGN (38) ★★ "Simon Birch" (1998, Comedy-Drama) Ian Michael Smith. A small-town boy and his outcast pint-size pal struggle through the ups and downs of their childhood days. (In Stereo) [E]

9:00 am WTBS (3) ★★ "Bad Boys" (1995, Drama) (PA) Martin Lawrence. Two Miami cops must switch identities while searching for a large quantity of heroin stolen from police headquarters. [E]

10:00 am FOX (25) ★★ "King Kong Lives" (1986, Fantasy) Linda Hamilton. After his apparent death, Kong is saved by modern medicine and impregnates mankind's newest discovery: a female Kong.

WGN (38) ★★ "First Blood" (1982, Drama) Sylvester Stallone. Vietnam veteran John Rambo leads police on a dangerous wilderness

hunt after escaping from a brutal sheriff. [E]

11:00 am WTBS (3) ★★ "Rush Hour" (1998, Action) (PA) Jackie Chan. A Chinese supercop and a rule-breaking American detective team up to find a Chinese consul's kidnapped daughter. [E]

CITY (29) ★★ "Operation Condor 2: The Armour of God" (1987, Action) Jackie Chan. An adventurer and his friend aid a woman kidnapped by cultists seeking a set of armor with mystical powers. [E]

### AFTERNOON

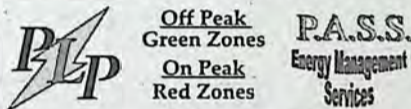
12:00 pm FAM (26) ★★ "Big Girls Don't Cry... They Get Even" (1992, Comedy-Drama) Hillary Wolf. Fed up with a tension-filled home life, a teen flees from her stepparents and half siblings during a family vacation.

WGN (38) ★★ "Rambo III" (1988, Action) Sylvester Stallone. Loner Rambo leaves a Buddhist monastery to free his Green Beret mentor from Soviets in Afghanistan. (In Stereo) [E]

1:00 pm WTBS (3) ★★ "Rush Hour 2" (2001, Action) (PA) Jackie Chan.

## LEGEND TO THE TV LISTINGS Normal Months September - June "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.



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Schedule for TOU \* NORMAL MONTHS

September - October - November - December  
January - February - March - April - May - June

Power by the Hour Rates

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Big Saver Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Green Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Yellow Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Orange Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Red Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Purple Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Blue Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Brown Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Grey Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big White Rate (10:00 AM to 10:00 PM)	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

Two detectives battle a Hong Kong gangster and his henchmen after a bombing at the U.S. Embassy. [E]

KTLA (27) ★★ "Just Visiting" (2001, Comedy) Jean Reno. A magic mix-up sends a medieval knight and his servant to modern-day Chicago in this remake of "Les Visiteurs." (In Stereo)

1:44 pm FAM (26) ★★ "Air Bud: Seventh Inning Fetch" (2002, Comedy) Kevin Zegers. The golden retriever joins a middle-school baseball team and searches for his missing offspring.

2:00 pm YTV (18) "A Colder Kind of Death" (2001, Mystery) Wendy Crewson. Six years after her husband's murder, Joanne Kilbourn is implicated in the death of the prime suspect's wife. (In Stereo) [E]

3:00 pm WTBS (3) ★★ "The Truman Show" (1998, Comedy-Drama) Jim Carrey. An unwitting man's life is arranged for him, captured on hidden cameras and broadcast internationally. [E]

KTLA (27) ★★ "She's So Lovely" (1997, Drama) Sean Penn. A suburban mother receives an unwelcome jolt when her mentally disturbed ex-husband suddenly re-enters her life. (In Stereo)

4:00 pm YTV (18) ★★ "The Babysitters Club" (1995, Drama) Schuyler Fisk. Seven girls balance

the growing pains of adolescence with the demands of operating a day-care camp for children. (In Stereo) [E]

### EVENING

6:00 pm YTV (18) ★★ "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A cool teen plays hooky in Chicago with his girlfriend, his buddy and the classic Ferrari of his buddy's father. (In Stereo) [E]

CITY (29) ★★ "28 Days Later" (2002, Horror) Cillian Murphy. A small group of survivors tries to stay a step ahead of the vicious, virus-infected humans that have overrun London. [E]

7:00 pm WTBS (3) ★★ "O Brother, Where Art Thou?" (2000, Comedy-Drama) (PA) George Clooney. A mysterious lawman tracks three escaped convicts searching for buried treasure in 1930s Mississippi. [E]

9:00 pm WTBS (3) ★★ "Lethal Weapon" (1987, Action) (PA) Mel Gibson. A veteran detective teams with a reckless, eccentric partner to investigate the death of a Los Angeles prostitute. [E]

KREM (8) "The Water Is Wide" (2006, Drama) Jeff Hephner. Premiere. In 1969 a teacher strives to bring literacy to underprivileged

children on an island off the coast of South Carolina. (In Stereo) [E]

FAM (26) ★★ "My Father, the Hero" (1994, Comedy) Gérard Depardieu. A vacationing 14-year-old turns heads when she pretends that her father is actually her lover to impress an older boy.

10:34 pm FAM (26) ★★ "Mystic Pizza" (1988, Comedy-Drama) Annabeth Gish. As summer draws to a close, three Connecticut pizza waitresses cope with the trials and tribulations of modern romance.

11:15 pm WTBS (3) ★★ "On Deadly Ground" (1994, Adventure) (PA) Steven Seagal. An ex-CIA agent declares war on an Alaskan oil company when standard equipment threatens lives and the environment. [E]

11:30 pm CITY (29) ★★ "The Disappearance of Garcia Lorca" (1997, Drama) Andy Garcia. An exiled journalist returns to Spain to expose the truth surrounding the death of poet Federico Garcia Lorca.

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SATURDAY, JANUARY 28, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	XCU Storyline	News (6) Body	(Off Air)	Globe Trekker (6)	(5:00) Today (6)	Saturday Early Show	Ask This Ask This	Good Morning America	Pioneers Room	Design Room	Monster Mona	SportsCen tre (6)	OWL/TV Kingdom	Greatest Ever... (6)	Paid Prog. Paid Prog.	Spider-Man Rangers	Paid Prog. Paid Prog.	Indo Dharti	Paid Prog. Paid Prog.
7 AM	Movie: "A Walk to Remember" (2002) (PA) (6)	Pet Guys Fishn	BluesClues Dora	MotorWeek Fly Tyng	News	LazyTown Go Diego	Country Living (6)	Good Morning Northwest	News (Live) (6)	News (Live) (6)	Krypto Battle	Fishing Motoring	Waterville Hobo	Wild Child- Feral	DoReMi DoReMi	Robot W.I.T.C.H.	Batman Batman	Eye on Asla	Paid Prog. Paid Prog.
8 AM	(9:15) Movie: "Pleasantville" (1998, Comedy) Tobey Maguire, Jeff Daniels. (6)	Powerboat Direct Buy	George S. Bus	Router Hometime		Backyard Dora	Movie: "The Professional" (1994, Drama) Jean Reno. (6)	Saturday (6)			Yu-Gi-Oh! Beyblade	SnowTrax Lumberjks	Good Morning Canada (6)	A Haunting "Cursed"	Bratz (6) Winx Club	Suite Life Zoey 101	Viewtiful Batman	Polish Studio (6)	Paid Prog. Paid Prog.
9 AM	Movie: "Back to the Future" (1985) Michael J. Fox. (6)	Curling: Canadian Junior Champions hips -- Women's Final. From Thunder Bay, Ont. Maguire, Jeff Daniels. (6)	Arthur (6) Paddington	Workshop Old House		Discover Discover	Proud So Raven		Driving TV Caitlin		Tn-Titans XiaoLin	Bowling: 5-Pin		Mega Storms (6)	Winx Club Turtles	So Raven Phil	XiaoLin Loonatics	Arts CityLine (6)	Just Passin' Through Cosby
10 AM	Movie: "Spider- Man" (2002, Action) (PA) Tobey Maguire. (6)	Animals Pan Asla	BluesClues Dora	Antiques Roadshow (N)	Horse Racing: Sunshine Millions.	College Basketball: Arizona at North Carolina. PGA Golf: Bulck Invitational -- Third Round. (Live) (6)	Investigati ve Reports Investigati ve Reports	Winter X- Games: Day One. From Aspen, Colo. (Live) (6)	Foster Plan Design (6)	Canada Eagle	Phantom Ami Yumi	Justice Avatar	Tennis: Australian Open -- Women's Final. CTV Travel (6)	How-Made How-Made	NFL Paid Prog.	School Brotherly	Johnny T Yu-Gi-Oh!	Hollywood Chum (6)	Soul Train (N)
11 AM	Movie: "The Truman Show" (1998) Jim Carrey.	NHL Hockey: Montreal Canadiens at Toronto Maple Leafs. (Live) (6)	Rolle Polle Jakers	Travels Darcy		Trading Darcy	Amer. Justice	Entertainm ent Tonight	Simpsons Simpsons	Simpsons Simpsons	Movie: "Zolar" (2004) Jordan Hoffart. Premiere. (Live)	Sports Strongest	Sue Thomas: F.B.Eye	Machines Machines	Star Trek: Enterprise	Suite Life Proud	Movie: "Beloved" (1998) Oprah Winfrey, Danny Glover.	MovieTV StarTV	Funnlest Home Videos
12 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
1 PM	Movie: "Running Scared" (1986) Gregory Hines.	NHL Hockey: Vancouver Canucks at Colorado Avalanche. (Live) (6)	Inspector Morse: Service of All the Dead"	(1963, War) Steve McQueen, James Gamer.	Medium (6) Law & Order: SVU	48 Hours Mystery (N)	Movie: "Tomorrow Never Dies" (1997) (6)	News (6) News (6)	News (6) News (6)	Driving TV Sat. Night									
2 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
3 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
4 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
5 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
6 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
7 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
8 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
9 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
10 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News
11 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Canadiens at Toronto Maple Leafs. (Live) (6)	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	American Justice	News (6) ABC News	News (6) Global	News (6) Global	News (6) Newfound and	LazyTown (6)	Mixed Martial Arts	News (6) Deadliest Catch	Simpsons 70s Show	Naturally Darcy	Friends My Wife	Movie: "Last Wedding" (2001) Benjamin Ratner.	WGN News

SUNDAY, JANUARY 29, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)	
6 AM	"Lethal Weapon" (1987)	News (6) Body	(Off Air)	Noddy Cliff Pup	Today (6)	CBS News Sunday Morning	Breakfast With the Arts 24 (6)	Good Morning America	Pioneers Adventure	Fishin Fishing	Monster Mona	Sports SportsCen tre (6)	Acorn Klds	Dirty Jobs Hour of Power (6)	Hour of Power (6)	Spider-Man Rangers	Pacesetter Success	Mix TV Asla	Feed Paid Prog.	
7 AM	Movie: "O Brother, Where Art Thou?" (2000) (PA) (6)	In Touch (6)	BluesClues Dora	Bob Build Thomas	Flight 29 Endurance	Nation	24 "Day 2:00 - 3:00PM"	News (6)	Countertop Canada	Canada Is Written	Winx Club Mew Mew	Reporters Reporters	Good Morning Canada (6)	Stoneheng e: The Ultimate Experience	Libertys Business	Robot W.I.T.C.H.	Amazing Believers	Eye on Asla	Paid Prog. Paid Prog.	
8 AM	Movie: "Bad Boys" (1995) (PA) Martin Lawrence.	Van Impe Is Written	George S. Bus	Jakers Real	Meet the Press (6)	Little Bill BluesClues	24 "Day 2:00 - 3:00PM"	News (6)	News (Live) (6)	TribalTrail World Van	Neutron Robot	Reporters NFL	Countdown (Live)	How-Made Animals	Paid Prog. Paid Prog.	So Raven Phil	Increasing Changing	Eye-Asla Festival Italiano di Johnny Lombardi (In Italian)	Movie: "Simon Birch" (1998) Ian Michael Smith. Movie: "First Blood" (1982) Sylvester Stallone.	
9 AM	Movie: "Bad Boys" (1995) (PA) Martin Lawrence.	Listen Up Curling: Canadian Junior Champions hips -- Men's Final. From Thunder Bay, Ont. (6)	Arthur (6) Paddington	Maya Zoom (E)	Paid Prog. Paid Prog.	Motorcycle Racing	World Trade Center: Rise and Fall	Paid Prog. NBA	Hour of Power (6)	Hour of Power (6)	Oddparent Catecatch	Countdown (Live)	Eagle Communic ations	How-Made Animals	Paid Prog. Paid Prog.	So Raven Phil	Increasing Changing	Eye-Asla Festival Italiano di Johnny Lombardi (In Italian)	Movie: "Simon Birch" (1998) Ian Michael Smith. Movie: "First Blood" (1982) Sylvester Stallone.	
10 AM	Movie: "Rush Hour" (1998) (PA) Jackie Chan.	Gold Trails Coronatn	Inventors: Marie Curie	Riverdanc e: 10	Avengers or Rush at Crush or Storm at Soul	PGA Golf: Buick Invitational -- Final Round. (Live) (6)	Hand, Fate	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
11 AM	Movie: "Rush Hour 2" (2001) Jackie Chan.	Coronatn Coronatn	Canada- History	National Geographi c (N)	Storm at Soul	PGA Golf: Buick Invitational -- Final Round. (Live) (6)	Hand, Fate	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
12 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
1 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
2 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
3 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
4 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
5 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
6 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
7 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
8 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
9 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
10 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)
11 PM	Movie: "The Truman Show" (1998) Jim Carrey.	Coronatn Coronatn	BluesClues Dora	Nature (N) (DVS)	Paid Prog. Paid Prog.	Discover	Flip This House (6)	Sell House Move	News (Live) (6)	World Vision	Pet Guys Pet Guys	Winx Club Mew Mew	Travel Jeff	Stoneheng e: The Ultimate Experience	Paid Prog. Paid Prog.	"Big Girls Don't Cry"	Sabrina Wild Amer	Movie: "Just Visiting" (2001) Jean Reno.	World Poker Tour (6)	HomeTeam (6)



MONDAY, JANUARY 30, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41 (26)	FAM (26)	KTLA (27)	CITY (29)	WGN (38)	
6 AM	Dawson's Creek (E)	News (E) Okanagan	(Off Air)	Teletubba Calliou (E)	News (E)	News (E)	Movie: "Tomorrow Never Dies" (1997, Adventure) Pierce Brosnan. (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monster Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin, Miller.	Maury (E)	Hillbillies	
7 AM	Movie: "The Craft" (1996) (PA) Robin Tunney.	Life Today 100 Huntley Street (E) Poko	BluesClues	Clifford Arthur (E)	Today (E)	The Early Show (E)	Good Morning America (E)				Winx Club Jacob	SportsCentre (E)		Mega Storms (E)	Sabrina Charles	K. Possible Recess	News (E)	CityLine (E)	Rockford Files	
8 AM	Becker	Save-Ums! Doodlebop	Arthur (E) Little Bear	Sesame Street (E)			Discover Flight 11	Regls and Kelly	100 Huntley Street (E)	World Vision	LazyTown	Off-Record	Regls and Kelly	Daily Planet (E)	Fam. Feud	Feet McDonald	Maury (E)	News (E) City	Magnum, P.I. (E)	
9 AM	Cosby	The Price Is Right (E)	Paddington Sagwa	Barney Bob Bull	Ellen DeGeneres Show	The Price Is Right (E)	Grounded on 9/11 (E)	The View (E)	World Vision	House Diva Dime	Rupert	SnowTrax	The View (E)	How-Made	Starting Over (N) (E)	Sing-Story PB&J Otter	Jerry Springer (N) (E)	"Operation Condor 2: The Armour of God" (E)	News (E)	
10 AM	Harvey	Judge J.	Hockey	Mr Rogers	The Tyra Banks Show	Young and the Restless	Cold Case Files (E)	Paied Prog.	The Insider (E)	News (Live) (E)	Hamtaro		eTalk Daily	Super Ships (E)	Montel Williams (E)	Henrys King (E)	Blind Date	Blind Date	Magnum, P.I. (E)	
11 AM	Home Imp.	Brown	Women	Sit-Be Fit									Balance							
12 PM	Drew	News (Live) (E)	Undersea Second	Charlie Rose (N) (E)	Paied Prog.	News Bold & B.	Movie: "Tomorrow Never Dies" (1997, Adventure) Pierce Brosnan. (E)	All My Children (E)	News (Live) (E)	Days of our Lives (E)	Boy (E)		Daily	Shipwrecked	Perry Mason	Lilo Stitch Aladdin	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)	
1 PM	Yes, Dear	Days of our Lives (E)	Moving On Planet	Fine Art Sewing	Days of our Lives (E)	As the World Turns	One Life to Live (E)	As the World Turns	As the World Turns	Care Bears George S.			Vicki G.	Canada's Worst Driver	Matlock "The Debt"	Hoze Mouse	Jerry Springer (E)	Relic Hunter (E)	Cosby	
2 PM	Home Imp.	Da Vinci's Inquest (E)	Gaslight Home	Reading Lions	Passions (E)	Gulding Light (E)	General Hospital (E)	Passions (E)	Passions (E)	Mona	LazyTown	Interruption	General Hospital (E)	How-Made	Love Lucy	Dalmatian Fillmore	Eye Eye	Ellen DeGeneres Show	Moesha	
3 PM	Sinfeld	Starting Over (N) (E)	Bear BluesClues	Postcards Arthur (E)	Brown	Dr. Phil (E)	Flight 11	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Yu Gi Oh	Off-Record	Dr. Phil (E)	Greatest Ever... (E)	Montel Williams (E)	Weekend Lloyd	ER (E)	News (E)	Home Imp.	
4 PM	Raymond	Simpsons	Dora	Cyberchas	Judge J.	Oprah Winfrey (E)	Grounded on 9/11 (E)	Millionaire	Oprah Winfrey (E)	News (E)	Tn-Titans	Hockey	The Tyra Banks Show	Daily Planet (E)	Little House	Barbarian Proud	8 Rules	Sex & City	Funnest Home Videos	
5 PM	Friends	News (Live) (E)	George S. Koala Bro	BBC World Business	News (E) NBC News	News (E) CBS News	Predicted 9/11	News (E) ABC News	News (E) Global	News (E) Global	SpongeBob		News (E)	MythBusters (E)	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	VJ Search (N) (E)	America's Funnest Home Videos (E)	
6 PM	Friends	Will-Grace	Science	News-Lehrer	News (E)	News (E)	Movie: "Flight 93" (2006) Jeffrey Nordling. (E)	News (E)	News (Live) (E)	ET Canada	Being Ian	WWE Monday Night Raw (Live) (E)	News (E)	Dirty Jobs	Simpsons	So Little Darcy	My Wife Friends	Stargate Atlantis	Videos (E)	
7 PM	Family Guy	Fortune	Time	Served	Jeopardy!	Sinfeld	Jeffrey Nordling. (E)	Entertain The Insider	Entertain ET Canada	Love Monkey (E)	Unfabulous 15/Love		eTalk Daily Hollywood	Deadliest Catch	Frasier	So Raven Smart Guy	Raymond	The Bachelor: Paris (N)	WGN News at Nine	
8 PM	Movie: "Scream 3" (2000) (PA) David Arquette.	Shakin' All Over (N) (E)	That'll Teach 'em (E)	Antiques Roadshow (N)	Surface "Episode 14"	King How I Met	Rollergirls (N) (E)	Celebrity Wed	House (E)	House (E)	SpongeBob Sabrina	SportsCentre (Live) (E)	Comer Gas Degressi	Daily Planet (E)	Skating-Celeb.	8 Rules Boy World	7th Heaven (N) (E)	News (E) Star! Daily	Sex & City	
9 PM	Movie: "The Craft" (1996) (PA) Robin Tunney.	National	Perspectiv es (E) Average	The Canteen Spirit (N)	Medium (E)	CSI: Miami "Fade Out"	Movie: "Flight 93" (2006) Jeffrey Nordling. (E)	The Bachelor: Paris (N) (E)	News (Live) (E)	News (Live) (E)	My Family Bob		CSi: Miami "Fade Out"	Deadliest Catch	News Will-Grace	Popular (N) (E)	KTLA Prime News (E)	Movie: "Dream Breaker" (1995)	Da Vinci's Inquest (E)	
10 PM	Robin Tunney.	News (E) How I Met	Canada-History	Charlie Rose (N) (E)	News (E) Tonight	News (E) Late Show		News (E) Nightline	News (Live) (E)	Entertain ET Canada	Inuyasha Hack/Sign	SportsCentre (Live) (E)	News (E)	MythBusters (E)	Sex & City	8 Rules Radio Free	Friends	Michael Paré.	Elimidate	
11 PM																				Paid Prog.

monday movies

MORNING

6:00 am A&E (9) ★★"Tomorrow Never Dies" (1997, Adventure) Pierce Brosnan. James Bond and an equally resourceful Chinese agent join forces to short-circuit a ruthless communications tycoon. (E)

7:00 am WTBS (3) ★★"The Craft" (1996, Horror) (PA) Robin Tunney. A teenager grows alarmed when her and her new friends' involvement with witchcraft gets dangerously out of hand. (E)

10:00 am CITY (29) ★★½"Operation Condor 2: The Armour of God" (1987, Action) Jackie Chan. An adventurer and his friend aid a woman kidnapped by cultists seeking a set of armor with mystical powers. (E)

AFTERNOON

12:00 pm A&E (9) ★★"Tomorrow Never Dies" (1997, Adventure) Pierce Brosnan. James Bond and an equally resourceful Chinese agent join forces to short-circuit a ruthless communications tycoon. (E)

EVENING

6:00 pm A&E (9) "Flight 93" (2006, Docudrama) Jeffrey Nordling. On Sept. 11, 2001, courageous passengers aboard a hijacked airplane fight back against terrorists. (E)

11, 2001, courageous passengers aboard a hijacked airplane fight back against terrorists. (E)

8:00 pm WTBS (3) ★★"Scream 3" (2000, Horror) (PA) David Arquette. Murders draw a young woman, a reporter and an ex-policeman to the set of a movie inspired by horrific events that they survived. (E)

10:00 pm WTBS (3) ★★"The Craft" (1996, Horror) (PA) Robin Tunney. A teenager grows alarmed when her and her new friends' involvement with witchcraft gets dangerously out of hand. (E)

A&E (9) "Flight 93" (2006, Docudrama) Jeffrey Nordling. On Sept. 11, 2001, courageous passengers aboard a hijacked airplane fight back against terrorists. (E)

10:06 pm CITY (29) ★★"Dream Breaker" (1995, Science Fiction) Michael Paré. Premiere. The fate of humanity rests on the outcome of a battle between a futuristic cybercop and a virtual-reality entity.

THE NEWS LEADER WORD SEARCH

Y	H	R	K	W	D	A	Q	A	K	J	N	P	C	Z	J	H	S	M	G
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O	G	G	T	V	S	S	X	C	Q	C	Y	S	S	D	G	V	K	E	X

LET'S TALK ABOUT "SNO-X"

SNOWMOBILE	MODEL	ANNOUNCER	TROPHY
TIME	AIR	LAPS	MONEY
COURSE	LIQUID	BANNER	CONCESSION
RACE	EVENT	FLAG	SPECTATORS
DRIVER	JUMP	SPONSOR	GATE
MAKE	WEEKEND	TABLETOP	SEATING

Let's Play Princeton Trivia!

Question:

When was the first "hard surface" applied to Bridge Street?

Last Week:

Princeton residents voted 293-48 in June 1929 in support of: 'the sale of beer by the glass or open bottle in licensed premises for consumption on the premises.'

www.princetonmuseum.com

Brought to you courtesy of: PRINCETON MUSEUM



# ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## Classified Advertising Rates



**25 words \$5.00 + GST**  
Pay for 2 weeks and get the third week FREE!  
(.5¢ for each additional word)



All Classified Ads **must** be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,  
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



### notice

**WANTED TO BUY**  
PRE-OWNED RIFLES.  
FOR MORE  
INFORMATION CALL RON  
AT PRINCETON  
OUTDOOR SUPPLY  
295-0450 OR 295-0319

### services

## Gel Tax

Tax Preparation  
E-Filing  
OFFICE OPENS February 20<sup>th</sup>

### card of thanks

### services

## TIN MAN

METAL ROOFING  
Sales • Installations

**295-3743**  
1-888-647-3377

Jul 06-tfn

### help wanted

## COMPUTER TRAINING

### DIPLOMA PROGRAMS

- Desktop Publishing
  - Office Administration
  - Administrative Assistant
  - Computerized Accounting
  - Microcomputer Business App.
  - MOA-Medical Office Assistant
  - PC Troubleshooting and Repair
  - AutoCAD-Computer Aided Design
- "Job Placement Assistance"

Over 160 Lessons!

## ACADEMY OF LEARNING

LOCAL CALL 310-JOBS (5627)

### for sale

## WOOD PELLET SALES & DELIVERY

Call  
**Princeton Rentals**  
(250) 295-6545

Napoleon free-standing fireplace. New, never been used. \$500.00 takes it! 1992 GMC 4x4 X-Cab. PW, Stereo, 240,000km, no rust, no dents. Don't burn oil! \$7,000.00 OBO. (250) 295-7480. Jan 10-24

### for rent

Large 2-bedroom house on 3rd Bench. Damage Deposit/References required. \$650.00/month. (250) 295-0305. Jan 10-31

Immaculate 3-bed, 2-bath duplex for rent. 5 appliances, close to downtown shopping. Avail. Feb. 1, 2006. Damage deposit and references req'd. (604) 858-8492 - leave message. Jan 24-Feb 6

3-bedroom house, 189-1st Avenue. No pets, references/damage deposit req'd. (250) 295-6340. Jan 10-31

Clean, comfortable kitchen units. Weekly or monthly. (250) 295-3237. Jan 10-tfn (MC)

More classified Ads available online. Visit our website at [www.thenewsleader.ca](http://www.thenewsleader.ca). Dec 06-tfn

### announcements

### announcements

### for sale



### Brent & Kristy Ortwein

are proud to announce the arrival of their precious daughter

### Kaitlyn Ann Michelle

born December 26, 2005, weighing 6 lbs.

Proud Grandparents are Don and Jane Johnson and Bryan and Terri Ortwein

1991 Dodge Caravan in good condition. Comes with good studded snow tires. \$1,200.00. (250) 295-3743. Dec 20-tfn



Darrell & Judith Tompkins of Tulameen wish to announce the engagement of their son Darrell Jason Tompkins of Maple Ridge, BC on December 17, 2005 to Karen Dodds of Maple Ridge, daughter of Peter Dodds of Maple Ridge and Patricia Dodds of Coquitlam, BC.

This is a time for love and since the two of you are like no other beings ever created since the beginning of time, your love for each other is incomparable. May your love grow passionately each day you are together.

God Bless  
Love Mom & Dad Tompkins

Thank You people of Princeton for supporting our Bottle Drive. Special 'thanks' to Kim & Pam McKenzie for the use of their shop; Barry Ovington, Bradley Palumbo and Janine Obee for volunteering their time, Bill at The Hut for EVERYTHING! And all parents for their time. Thank You for making our Bottle Drive a success.

- Mac Lind PeeWees  
PS: Sorry if we missed you - we ran out of time!

## Notice to Creditors

Notice is hereby given to Creditors and others having claims against the Estate of John Lyman Graham that the particulars of their claims should be sent to the executor at PO Box 1175, Princeton, BC VOX 1W0 on or before February 21, 2006, after which date the executor will distribute the estate among the parties entitled to it, having regard to the claims of which the executor then has notice. Jan 10-31

## WAREHOUSEMAN'S LIEN ACT

Attention: Eric Bergsteinsson  
203-325 Ward Street  
New Westminster, BC V3L 3N7

The contents of Unit #88 at Dewdney Trail Self Storage Ltd., have accumulated storage costs amounting to **Three Hundred and Sixty Dollars and Seventy-nine Cents (\$360.79)**. If you have not paid this outstanding account by **February 6<sup>th</sup>, 2006**, the contents will be sold by auction on **Saturday, February 11<sup>th</sup>, 2006** to cover storage costs.

Attention: Amber Swanson  
Box 2020  
Princeton, BC VOX 1W0

The contents of Unit #105 at Dewdney Trail Self Storage Ltd., have accumulated storage costs amounting to **Two Hundred, Thirty-four Dollars and Eleven Cents (\$234.11)**. If you have not paid this outstanding account by **February 6<sup>th</sup>, 2006**, the contents will be sold by auction on **Saturday, February 11<sup>th</sup>, 2006** to cover storage costs.

Attention: Arte Parfitt  
Box 1423  
Princeton, BC VOX 1W0

The contents of **Outside Storage** at Dewdney Trail Self Storage Ltd., have accumulated **Three Hundred and Seventy Dollars and Ninety-five Cents (\$370.95)**. If you have not paid this outstanding account by **February 6<sup>th</sup>, 2006**, the contents will be sold by auction on **Saturday, February 11<sup>th</sup>, 2006** to cover storage costs.

### card of thanks

A sincere "Thank You" goes to Ernie and Marilyn Lawrence of Princeton Builders Mart for their generous donation of materials for the new Arts Council area of Riverside Wellness Centre. Great community spirit!

### lost

Lost on Summers Creek Road and Osprey Lake Road near Princeton a Holstein/Sadler cow. All black in colour and quite large. No tags, no brand. Call Melodye (250) 295-3739. Jan 17-31

### Drinking a problem?

Alcoholics Anonymous  
Meets 7:30 PM Thursdays  
At The Anchorage, 136 Vermilion Ave.  
Fred 295-7272 / Rene 295-3853

### for sale

1992 GMC SLE 1500 171,000km. Air/tilt, cruise, PW, PDL, excellent condition. Two sets of tires, trims, canopy and boat rack. Trailer package. \$8,500.00 OBO. (250) 295-4118. Jan 17-31

### for sale

Firewood - 5 ton truckload of dry, seasoned jackpine. Various lengths to fit any stove. In town: \$125.00. Out-of-town: extra. (250) 295-4123. Jan 17-31



# Classified Advertising Rates



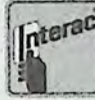
**25 words \$5.00 + GST**  
Pay for 2 weeks and get the third week FREE!  
(.5¢ for each additional word)



All Classified Ads must be paid in advance!

Payment methods accepted:

Cash, Cheque, Debit Card,  
MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



**notices**

**notices**

**for rent**

**for rent**

**for rent**

**FOR RENT**

• UPPER DUPLEX, 2 BDRM,  
LARGE LIVINGROOM,  
\$500/MO INCLUSIVE DRIVE  
BY 1088-7 MILE RD. TO  
VIEW.

Drive by then call Neil at  
295-6977 Mar 23-tfn

**VERY CLEAN**

One Bedroom Apartments.  
- 2-minute walk to  
downtown Princeton.  
- Some suites overlook  
Tulameen River!  
- Start at only  
\$325/month.  
Contact new resident manager  
(250) 295-4805  
Mar 08-tfn

**help wanted**

**for sale**

**DAIRY QUEEN**

Hiring for full & part-time positions.  
Front of the house, back of the  
house. Experience not necessary.  
Drop off resume in Person at the  
Princeton Dairy Queen.  
Jan 25-tfn

ALL NATURAL  
NO ANIMAL BY-PRODUCTS  
100% ALL VEGETABLE  
GRAINED

ORDER SOON FOR  
**BABY BEEF**  
LATE LAMB AVAILABLE SOON  
**(250) 295-3739**  
Jul 19-tfn

**DID YOU KNOW THAT ONE CAT AND IT'S  
OFFSPRING CAN PRODUCE APPROXIMATELY  
420,000 KITTENS IN 7 YEARS?**

**SHOCKED? SO WAS I BECAUSE MANY OF THESE  
CATS AND KITTENS DON'T FIND HOMES AND  
BECOME A NUISANCE IN OUR COMMUNITY.**

**I think a start to solving this problem is to fix our cats.  
So I'm offering to help people with a donation of \$50 for a  
female and \$25 for a male cat...if you get your pet fixed.  
Contact Dawn at Princeton Bakery (295-6670) before  
your vet appointment so we can make arrangements.**

**SINCE JUNE 30th WE HAVE HELPED LOCAL PET  
OWNERS 'FIX' 3 FEMALE AND 2 MALE CATS  
WITH 2 MORE WAITING. THANK YOU, PRINCETON  
FOR SUPPORTING THIS IMPORTANT PROGRAM!**

**Silver Crest Housing**

For Seniors 55 & Older  
Bachelor Suites, \$225/mo  
1-bedroom, \$300/mo

Contact: Alice Cook  
**(250) 295-6136**

Or Helen Gallagher  
**(250) 295-3825**  
Jan 18-tfn (b)

**Cover2Cover  
Bookkeeping  
& Office Services**

Fax Services  
Scanning  
Word Processing  
Resumes - Letters

**(250) 295-6905**  
226A Bridge Street



PROVINCE OF BRITISH COLUMBIA  
MINISTRY OF FORESTS



**BC TIMBER SALES  
TIMBER SALE LICENCE A76280**

Take notice that, pursuant to Section 20 of the *Forest Act*, timber sale licence A76280 is being offered for sale by BC Timber Sales, Kamloops Business Area.

Closing Date: February 16, 2006 at 2:00 PM

Geographic Location: Sunday Summit

Field Unit: Cascades

Estimated Volume: 39,982 cubic metres, more or less

Term: 22 months

Logging method: This timber sale licence has been designed for harvest using the conventional system. The use of other systems may be subject to the Forest Practices Code of British Columbia Act and its regulations.

Upset stumpage rate: The upset stumpage rate was determined by the market pricing system and is applicable to green and grade 3 sawlogs..

Upset Stumpage Rate / cubic metre for competitive volumes:

Timber Mark	Product	Volume	Rate
76280	Sawlog & Grade 3	39,982	\$32.98

**SPECIAL NOTE:** For all TSL's advertised after December 2, 2005 to March 31, 2006, MPS upset stumpage rates have been decreased by an adjusted forest district specific factor that reflects a ratio of Grade Code (blank) sawlogs to Grade 3 dry sawlogs. The adjusted upset rate and bonus bid will apply to both the Grade code (blank) green sawlog and the Grade 3. Grade 4, 5 and 6 will be billed at minimum stumpage rates of \$0.25/m<sup>3</sup>.

Species percent:

Timber Mark	Species	%
76280	Lodgepole Pine	65%
76280	Spruce	30%
76280	Balsam	3%
76280	White pine	1%
76280	Douglas-fir	<1%
76280	Hemlock	<1%

This timber sale licence is fully developed.

Tenders will only be accepted from individuals or corporations registered as a BC Timber Sales Enterprise in Category 2. CATEGORY 2 - 50% VOLUME MILLING REQUIREMENT FOR THIS LICENCE.

This licence is subject to, among other things, new maximum term limits and extension fee and surrender provisions.

Applicants are advised to carefully consider the impact of these changes when formulating their bids. Further information on these changes may be found in Advisory Bulletin 08/03/04.

Applications will be accepted by the Timber Sales Manager, Kamloops Business Unit, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

There is additional material that the applicant must consider in their application. This material which includes application forms and other information about the TSL can be obtained from the above BC Timber Sales Business Area Office or via the Internet at: <http://www5.for.gov.bc.ca/notices/init.do>.

The Kamloops Business Area will no longer be relieving Licensees of their obligation to dispose of logging debris. This obligation will now rest solely with the licensee. Please ensure you check the applicable legislation for your legal obligations.

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Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## my turn

### 'X' still marks the spot

At the time this Editorial is being written, the Federal Election has not yet taken place, but will be finished by the time you read this.

We didn't realize how much of a problem the Conservative voters in the Princeton area were having until we found a steady stream of them coming into our office in the week before the Election.

They wanted to know what they should do considering their party was not going to be represented in our Riding following the unfortunate 'lapse of judgement' of Conservative Candidate Derek Zeisman.

Voters were asking us who they should vote for! We found this to be an interesting turn of events considering some of the Editorials produced in this office related to political matters.

We offered more than one suggestion and made it pretty clear with each explanation that it is still a Secret Ballot and the voter really has the final say on what happens when pencil hits the paper.

It actually got us thinking a little more about our choice and what decision we would make once we go to the Polls. Usually our mind is made up long before All-Candidate's Forums roll into our town. We pretty much eliminate the Candidates we don't want to vote for from our Ballot and make our mind up from what's left.

It made us realize what a dilemma the Conservative voters were facing when the choices did not include their Candidate. We even considered - for a short time - maybe not even voting, or possibly spoiling our Ballot...then we snapped out of it.

While we truly believe in the public voting process, what exactly does it get us? Readers have told us they will vote for 'the Party' or some will vote for 'the Candidate' because he's a nice guy.

While that may work in a perfect world, it doesn't really work at the local level. We vote for the 'guy we like' and once he gets to Ottawa he's bound by Party Politics to tow the line.

Maybe that's why so many of the 'dark horse' fringe parties pop up at Election time - to give voters someone else to vote for out of protest.

At the time of this writing, we still haven't decided. We've narrowed it down to two possibilities, and will likely make our final choice the moment we open the Ballot.

Is that really the way to vote? We wonder what kind of Canada we'd have if all decisions were made in this matter - let's wait until the very last possible moment - then decide. We're ashamed to admit to that, but we will accept the end result like most of the rest of us will.

Let's hope it's a good choice in the end.

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

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## TIS TOONS



## your turn

### Let's look at air pollution

Dear Editor,

For those of us who're enjoying the Hell out a this mild 'spell' and who would like to send a prayer or thank you card to whom or whatever is catering, we need do no more than shake each others hands; or, if we've loads o' time on them, the six or seven billion others of us in or on this increasingly airless hot house in space, a huge percentage of whom operate machines that pump poisons into the atmosphere and eventually the respiratory systems of every oxygen-breathing organism, constantly: that is, non-stop, around the clock, day and night, unceasingly ever and always, around the

world.

In addition to the inversion thing endemic to valleyed communities, stagnant air masses tend to become storehouses for everything the atmosphere can contain, and, of course, the stock accumulates as the mass remains stationary - as well as the usual wood smoke, particles, etc., we have those nasty little toxic devil gases that escape the five billion or so tailpipes of the equally nasty, albeit comfortable and convenient, machines.

Again, for those of us who stop breathing only when we choose to; or die, it's pretty much business as usual - for others not so fortunate,

it's another story.

Despite the reported 100,000 deaths directly related to air pollution in China for 2005, circa one billion nouveau riche Chinese are awakening to the joys of car ownership.

If we think we're in trouble now, in the not too distant future, respiratory problems may be so universally such that many will view past global catastrophes with nostalgia.

Your breathing apparati may be developmentally strengthened as to shield itself from toxic invasion - but, consider that of the new born babe.

- Michael McNulty, Princeton

#### Letter To The Editor

### Nelson reader explains position

Dear Editor,

The turning point in the election polls was the dreadful Boxing Day Shooting of a 15 year old girl in Toronto. The next day the Conservative support increased by 6%. Understandably, those persons polled, made an emotional choice. And the reaction by party leaders was immediate. Get tough on crime, mandatory minimums. However, the Conservative Party was the only party that did not make any effort to address the real issues that underlie violence.

If the Conservative Party becomes the ruling party, I fear for the country. Surely the people of Canada are smarter than to be sucked into "get tough on crime" rhetoric. It's all feel good nonsense that makes a surface appearance of doing something.

The gun violence in Canada has little to do with being "soft on crime" and everything to do with the highly unsuccessful American style "war on drugs", a drug war that the conservatives would support and perpetuate. A conservative win would mean more gun violence, not less.

Let's not forget the horrible violence during alcohol prohibition and how it stopped overnight when alcohol was made legal and became a regulated substance. Even right wing Vancouver Mayor Sam Sullivan has stated emphatically in a recent interview on CBC Newsworld that the gun violence problem in his city will not be solved by more "get tough on crime" legislation. He says that if we want the world to see a better Canada during the 2010 Winter

Olympics, we need to legalize and regulate drugs, something the Conservatives have vowed they will not do.

Who do you think the criminals will be voting for? You can bet it won't be a party that wants to legalize and regulate drugs. Drug criminals want drugs to be illegal. They are guaranteed a market and they don't need to abide by any standards for quality. And furthermore, no violent criminal believes they will get caught. So, all of the "get tough" legislation in the world will not reduce the violence. It only makes sense that the drug criminals will be voting conservative. I will not be voting conservative because I know that there must be something wrong with my values if I am voting with violent criminals.

.....continued on Page 27



**Current Comment:**

# What is real Corporate Welfare?



**Dawn Johnson**  
editor@thenewsleader.ca

When an individual is on welfare, everybody knows what that means: the government is giving money to that person and the money comes from taxpayers. It's simple.

When we talk about corporate welfare, everybody assumes it is when a big corporation is about to declare bankruptcy and the government kicks in taxpayers' money to keep it going. Everybody is right, up to a point. What fewer people know is that corporate welfare seems to be easier for multinational corporations than small enterprises, at least when it comes to handouts. Small businesses in dire financial straits are often unable to raise the money required even to file for bankruptcy. Nobody rescues these little companies, which helps the big corporations make more money. I believe this is another form of corporate welfare.

The *International Forum on Globalization* contains this report: "Contrary to their claims of efficiency, most large corporations are massively inefficient, spending an inordinate portion of society's resources on advertising, executive perks and salaries, transportation and communications to far-flung corporate empires, and lobbying expenses. Most depend for their profits and survival on a complex regime of public subsidies, exemptions, and externalized costs, including the indirect subsidies they gain when allowed to pay less than a living wage, maintain substandard working conditions, market hazardous products, dump untreated wastes into the environment, and extract natural resources from public lands at below-market prices."

The Forum report estimates \$2.6 trillion a year in such corporate welfare in the USA alone in 1994, and suggests corporate welfare could exceed \$10.7 trillion world-wide each year.

When you make it easier for a corporation to make money, isn't that corporate welfare?

Economic theory presumes all of the costs of production fall on the shoulders of the producer, but it is a fact that the bigger the corporation, the more costs of production it can throw onto the shoulders of taxpay-

ers.

Let me give an example that is all too familiar. A corporation pollutes local water as a side effect of production. The government steps in to clean the water. This is corporate welfare.

When taxpayers build an enterprise, such as BC Hydro, and government sells it cheap to a private corporation, isn't this a form of corporate welfare?

When taxpayers build up a highway maintenance department and train skilled employees, then contract the work to private corporations, isn't this a form of corporate welfare?

When a government takes away inspectors who demand that an industry abide by health rules, such as removing full-time inspectors from beef packing plants, isn't this a form of corporate welfare? (Have you noticed the increase in the number of public alerts for unsafe foods?)

When taxpayers build up an excellent health care system, then contract out bits and pieces of the system to private companies, isn't this a form of corporate welfare?

When the government gives a corporation a big tax break, or reduced rates on government utilities, such as power, isn't that a form of corporate welfare? When was the last time you got a tax break or a reduction in the cost of utilities?

When the government allowed pharmaceutical companies to extend their patents and keep charging high prices for medicines, wasn't that corporate welfare?

When a government enters a "free trade" agreement which allows local corporations to move unfettered to a location outside the nation's boundaries to give jobs to people who work for little money, isn't this a form of corporate welfare?

When the government allows companies to merge, and merge again, and remove all competition, isn't this a big boon to corporations in terms of profit? When these mergers lead to mass layoffs, and the government pays the unemployment benefits and welfare to the jobless, isn't this a form of corporate welfare? When competition is eliminat-

ed and the monopoly corporation can charge consumers whatever the market will bear, isn't that corporate welfare?

When the government allows corporations to move money to foreign countries which leaves that money exempt from taxation, isn't this another form of corporate welfare?

What about laws controlling what workers can or cannot do? What happened in Mexico is a good example of corporate welfare. In the free trade zone just over the Mexico-U.S. border, 2,200 companies employ half a million workers who work for one-tenth of what the companies would pay to Americans doing the same job. The Mexican government passed a law preventing the workers the right to form unions and go for higher wages. The government negotiates the wages. In a Volkswagen assembly plant, the workers turned down the government wage offer, and the company fired every employee and hired new employees. The courts upheld the company's right to take such action. Isn't this flagrant corporate welfare?

Mexico is a really good example of what happens when corporations are well-supported by government. Speculation ran wild for awhile, then the bottom fell out of the booming Mexican economy. Investors on Wall Street lost billions as the value of the peso dropped. President Clinton rushed a bill through Congress to bail out the Wall Street banks and investors to the tune of \$50 billion dollars. Taxpayers footed the bill for bigtime corporate welfare.

Big oil corporations needed more control over Middle East oil, and an uncooperative regime refused to play ball. The result was the phony assertion by President Bush that there were weapons of mass destruction in Iraq and a war was launched. Thousands of Americans are risking their lives, taxpayers are paying the dollars, and big corporations, like Bechtel, are getting the reconstruction contracts. Isn't this corporate welfare?

Now, I ask you, what is corporate welfare? My definition is this: corporate welfare occurs when the government makes it easy for corporations to do as they please.

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# Heart Food

by Dave Machin

## Recall/Know God's Mercies

God is faithful! He's full of compassion. His mercies are new every morning! You may know all of that, but simply knowing it is not good enough! For it to do any good for you and I we must recall it. We have to remember it again and again because it will rekindle our hope and stir our faith. So make it a point to remind yourself of it every morning. Remind yourself of the benefits that belong to you as a believer in Jesus. What are those benefits? Psalm 103 spells them out:

- 1) He forgives all your sins
- 2) He heals all your diseases
- 3) He redeems your life from destruction
- 4) He crowns you with loving kindness and tender mercies
- 5) He satisfies your mouth with good things so that your youth is renewed like the eagles
- 6) He executes righteousness and judgement for you against oppression. He sets you free.
- 7) He makes known His ways to you!
- 8) He gives you His grace and mercy when you need it.

Don't just settle for knowing about God and being religious. Remember them every day and experience them come alive in you. This is His desire for you that is born out of relationship on a personal level with Him. Because He is good, His word is good and good all the time.

**Pastor Dave Machin,**  
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BC Teachers Federation Second Vice President Susan Lambert was in Princeton last week.

**BCTF member visits Princeton**

BCTF 2nd Vice President Susan Lambert was in Princeton last Thursday to meet separately with area teachers and District School Trustees.

While in the area, Lambert stopped into the News Leader office where she discussed the complex classroom of today with

the integration of students with special needs.

"There are many complexities that students bring to school and teachers have to be able to teach to students and when you can't it gets very demoralizing."

In defense of job action taken by BC's Teachers, Princeton schools

did benefit with two separate grants based on the number of students in the district. Which area teachers say would not have been possible without job action and public support.

"We owe a debt of gratitude to parents who understood the importance of the issues."

**Group offers stepping stone class**

by Kelly Reichert

On December 10th six ladies and myself met at Riverside to learn how to make stained glass stepping stones. We were our own little 'group of seven'.

The process is easy and the results are beautiful! After introducing ourselves there was a few tips on glass cutting and then everyone anxiously got busy.

At lunch, to everyone's delight, Mary Bedford provided tea/coffee and date squares. We gathered in the open meeting area at Riverside and chatted while eating our bag

lunches.

We had been so studious in the morning it was a nice chance to relax and get to know each other a little better. The afternoon finished with everyone mixing and pouring their concrete.

The day was a success! Each student brought her own unique sense of colour and style to the project. As often happens with a gathering of creative spirits both teacher and student found the day both a learning and inspiring experience.

It was very exciting on Monday

when we unmolded the stones to see our final piece of art. These stones are not as fragile as you would think and can stand up to weather throughout the year, making them a functional piece of garden art.

I would like to thank Dell Hall for the generous donation of glass and Mary Bedford of Vermillion Artists for all her organizing and help. If YOU feel like enjoying a day of fun while creating your own work of art call Mary at 295-6778 to arrange it.

Hope to see you there!!



Vermilion Artists are hosting another stained glass stepping stone workshop on February 4th.





Princeton & District Child & Youth Society 2006/07 Executive was elected last Thursday. Standing from left, Vice Chair John McKay, Secretary/Treasurer Kurt Lozinski and Director Ray Jarvis. Seated from left, Asset Development Coordinator Nadine McEwen, Chairman Ken Heuser and Director Dina Slowikowski-Campbell. Missing from photo Directors Susan Murray and Barry Clarke.

## Society reviews year, elects new board

The Princeton & District Child & Youth Society held their Annual General Meeting last Thursday.

Chairman Ken Heuser presented Asset Building Awards to a number of supporters of the Society's youth objectives.

Framed Certificates of Appreciation went to Scott Musgrove (Young Life/RockRidge Canyon), Kurt Lozinski (Princeton RCMP), Ted Howorth (Princeton Legion Youth Auxiliary), Weyerhaeuser, South Okanagan Similkameen Medical Foundation and Carol Mack.

Elections were held which saw Ken Heuser return to the Chairman's position. John McKay

### Council chooses terminal option

The federal government has a policy of selling off properties paid for by taxpayers. One of the properties causing major concern is the Ridley Terminal Inc. at Prince Rupert.

A letter to Council discussed at the January 16 meeting presented options that would prevent a single operator from purchasing the terminals.

The terminal is one of the most modern coal handling facilities in the world, and serves the major coal mines of northern B.C. and Alberta.

Predictions for northeast coal production is 10 million tonnes of coal per year by 2009, bringing \$1 billion in foreign trade payments to the BC economy. To achieve this,

was re-elected Vice Chair as was Kurt Lozinski in the capacity of Secretary/Treasurer.

Directors for the 2006/07 year are Dina Slowikowski-Campbell, Ray Jarvis, Susan Murray and Barry Clarke.

The 2005 Budget for the Society showed total revenue at \$44,309.13 and expenses totalling \$31,090.99.

A projected budget for 2006 saw potential revenues totalling \$37,628.15 with expenses projected to cost \$32,011.10.

The Society currently has about \$13,000.00 in the bank.

Goals and Objectives for 2006 include more emphasis on existing

the port facilities must remain competitively priced.

Monopoly pricing would prevent new mines from commencing production and might jeopardize the viability of existing mine operations. A monopoly ownership could control the only reasonable gateway to the coal marketplace. Those concerned point out the terminal was built with public money to stimulate economic development in northern B.C., and wants assurance from the government that a monopoly situation will not occur.

The options presented would provide a regulated situation. Town Council voted to write a letter of support saying any of the options would be satisfactory.

and new CYC Community Recreation Programs, a Youth Drug Education Initiative, more work through School Student Councils, a continued cooperative effort with Community For Kids, more work in the John Allison Elementary School Healthy Snacks Program, support of local Community Groups, a development of late night Youth Activities in and around Princeton and the continuation of the functions related to the Princeton & District Child & Youth Committee Society.

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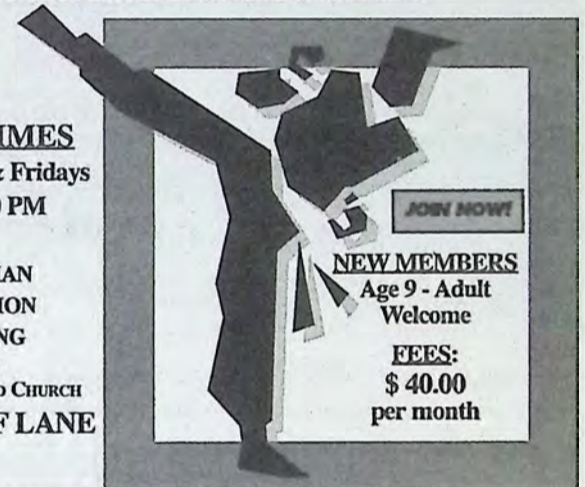
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**IMPORTANT NOTICE**  
 TO ALL PLP TIME-OF-USE PROGRAM CUSTOMERS

Happy New Year to all and all of us at PLP hope that 2006 brings much prosperity to everyone.

There are some changes taking place at PLP that we want you to be aware of and therefore this letter.

PLP is entering the tenth year of its Energy Management Initiatives and has accomplished a great deal with your assistance and cooperation. Just prior to Christmas Sam Costa, the Manager of our PASS Energy Management Division gave us notice that he was moving on to pursue new career opportunities. With Sam leaving we had to review the program and our decision is that the time is right to realign how the PASS programs are delivered.

The PASS program has been so successful that we fully intend to keep it going and continue to pursue new opportunities as they arise. What will change is that we are turning the equipment and installation portion of the program over to the private sector now that it is well established and we now have worked with our contractor long enough to be confident that the same levels of customer service will be maintained.

PLP will continue to fully back the Time-Of-Use programs but the field work has been contracted to Hayes Creek Electric. Jim Barnes and his staff are very experienced in all aspects of the program and are eager to maintain the high levels of customer service that PLP customers have been accustomed to since the inception.

Anyone requiring information or service with PASS related projects can continue to contact the:  
 - PLP Office at (250) 295-3244 (Toll Free at 1-888-926-3244) Fax (250) 295-3611 or  
 - Hayes Creek Electric at (250) 295-7440 or Fax (250) 295-3443  
 - For more information about Fortis's PowerSense Programs call toll free 1-800-363-3330.

PLP really appreciates that PLP customers have responded so well to the PASS programs. We now collectively save about \$175,000 per year and well over one half a million dollars from our energy charges since we started as the result. WELL DONE ALL!

If you encounter any problems or have any suggestions, do not hesitate to contact either Darlene at the Princeton office or myself at (250) 492-3172.

Thank you all for your continued support,

John B. Hall, President & CEO

 **Princeton Light & Power Co. Ltd.**  
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 Phone 295-3244 Fax 295-3611 



Bugen Akduman of Turkey, centre, was the guest speaker at last Tuesday's Rotary Club luncheon meeting. Akduman, who was the Princeton Rotary Club sponsored Inbound Exchange Student for 1999/2000, is seen here with Princeton host family Ernie, left, and Marilyn Lawrence.

## Rotary exchange student visits

When Bugen Akduman was 19, she spent a year in Princeton as the Princeton Rotary Club's Inbound Exchange student.

Akduman, who lives in Ankara, the capital of Turkey, probably had no idea at the end of her Exchange Year that five years later - at the age of 24 - she would return to Canada and Princeton.

While in Princeton as an Exchange Student she attended Princeton Secondary School and participated in all the activities Canadian students take for granted.

Akduman, the guest speaker at last Tuesday's luncheon meeting of Princeton's Rotary Club, brought everyone up-to-date on her life.

"I went back to Turkey to study Electronic Engineering and I am currently working on my Masters in Industrial Engineering."

She's been working the past year and a half and has not forgotten her time in Princeton.

"Life in Turkey is very different to life in Princeton and in Canada."

Akduman, who arrived back in Canada only the previous night, shared an observation she noted once she arrived that made her feel comfortable back in Canada.

"Canadians smile a lot."

While her stay in Princeton will be short - only a few days - she will be in Canada for about a month visiting friends and family in Richmond

and Ottawa.

While staying in Princeton, she will be at one of her host families homes, the home of Ernie and Marilyn Lawrence.

Akduman says she's staying in the very same room at the Lawrence's as she did when an Exchange Student. Her room back home in Turkey still has a large aerial photograph of Princeton on the wall.

"I didn't hesitate a moment to come back to Canada on my own. I missed it so much."

Rotary continues to play an important role in Akduman's life. She is the President of her local Rotaractor Club in Ankara and her father is involved in Rotary at the District level.

"We are a Rotary Family."

Akduman best explained the value of the Youth Exchange program with this statement, "There is life before exchange, there's exchange and there's life after exchange. Your life after exchange is never the same as before exchange."

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Riverside Bowling Centre hosted BC Bowls For Kids to benefit the Variety Club. Teams collected pledges in their effort to support BC's children. Riverside Bowling Centre was busy last week with bowlers earning their pledges as part of the fundraising event.

## Town Council backs SVPS

Similkameen Valley Planning Society (SVPS) has written a letter to the Minister for Water, Land and Air Protection to request that Compliance Energy go through the full assessment procedure to ensure emission levels meet government standards. Compliance Energy proposes construction of a coal and

wood fired thermal energy plant near Princeton.

The issue of air emissions has raised a lot of concern throughout the valley.

### Rotary Club hosts Winefest

Princeton Rotary Club will host their second annual Midwinter Wine Fest on Saturday, February 25th from 7:00 to 10:00 PM in the Legion Hall.

The event will include wine tasting from a number of wineries from the Okanagan-Similkameen Wine Country, International snack foods and numerous items for bidding in a Silent Auction as well as raffles.

Tickets are \$30.00 per person, which includes a wine glass, wine tasting, snacks and a chance at Door Prizes.

Tickets are available at Stevens &

At the January 16 meeting of Princeton Town Council, a motion was passed to send a letter of support to SVPS in the matter of the proposed thermal energy plant.

Stevens Notary Public Office on Bridge Street and from local Rotarians.

All proceeds collected from the event will be used to support Princeton Rotary Club's International Youth Exchange program and other local community projects.

The Princeton Rotary Club is also hosting a Diamond Raffle in support of their 60th Anniversary.

Raffle tickets for three diamond prizes, from Rodan Jewellers of Penticton, are available at the News Leader Office and from other local Rotarians.

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## Council would not bowl

Town Council would not join the BC Bowls for Kids competition, but gave a donation instead, despite some Council members urging a bowling game. Council donated \$200 to the province-wide campaign to raise money for special needs children.

### Letter To The Editor

## Another Kootenay voter speaks

Dear Editor,  
The upshot of recent events involving the Conservative candidate in the Southern Interior riding has had two crucial repercussions

### Letter To The Editor

## Nelson voter speaks up

.....continued from Page 22  
Are there other reasons that I won't be voting Conservative? You bet there are!

If you are thinking of voting Conservative, please reconsider. Think about what is truly best for the country. Please don't condemn our sons, daughters, nephews, nieces and grandchildren to death on the battlefield in a U.S. initiated war. Don't re-stigmatize our gay citizens who want to marry.

Don't condemn our young women, who choose abortion, to

for the Green Party Candidacy. I believe that many voters, like myself, have agonized about not wanting to split the vote between parties truly concerned with social

dangerous back alley surgery. Don't endanger our environment further by voting for a government that thinks nothing of breaking an international agreement by pulling out of the Kyoto accord.

And don't let the poor suffer while waiting for surgery, while our country's surgeons are busy operating on rich people who don't have to wait in line. Our children are depending on you to make the right decision.

Yours truly,  
Katherine Couch, Nelson, B.C.

justice. First, since many former Conservative supporters have expressed the intention to vote Green because it is fiscally conservative (and probably for strategic reasons as well), the probability of the party I truly want to support actually winning the riding, has become a reality. Furthermore if my candidate doesn't win it will likely be the NDP anyway, so this quiets the fear of voting my Green conscience.

- Andre River MD, Nelson B.C.

### Letter To The Editor

## Why not?

To The Editor;  
Why is there no deer signs up at the dump?

A concerned Citizen,  
- Earl Husband,  
Princeton





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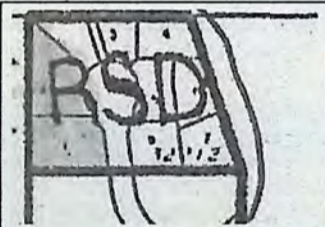
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