

# Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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**Town square plan hits brick wall**

Irate business people from Vermilion Avenue took Town Council to task at a special meeting on February 20. They were complaining about a plan to change Cenotaph Park into a Town Square and removing parking from in front of their businesses and stopping the flow of traffic by closing the intersection of Vermilion Avenue and Bridge Street.

Carol Esselink was vehemently critical of the way Council had gone about surveying business people, saying not all business people on Vermilion Avenue had been consulted. She and others were especially worried about Council going ahead with the plan whether the business owners liked it or not.

Mayor Randy McLean explained it was a survey looking for feedback.

Councillor Maria Sadegur said the plan would not go through without consultation.

Kay Hardy asked whether Council had consulted with any of the local emergency services. Council had not. Mayor McLean stated, "This plan is on the shelf."

Councillor Jim Manion asked whether the business people had any objections to enhancing the downtown core by expanding Cenotaph Park. They had no objections as long as Council did not cut off the traffic flow and remove parking from the front of the businesses.

Councillor Pam Jones told the business people Council's intent had been to draw more people to the downtown core and make the center of town more attractive.

The meeting ended with Council asking for alternative concepts.

## Golf Club receives \$250,000



From left, Al Anderson and Gerry Kind of Princeton Golf Club accept \$250,000 grant from Community Forest Corporation Chair Randy McLean. Other CFC Directors present include Ray Jarvis, Jaymie Atkinson, Gerry Logan, Pam Jones and Maria Sadegur. Missing from photo: Sharan Jung and Jim Manion.

## Grant reduces debt

The announcement was made by Community Forest Corporation Chair Randy McLean last Tuesday afternoon following a meeting in Town Hall to finalize details.

"We are here to announce a funding grant by the Princeton Forest Corporation to the Princeton Golf Club. This is a culmination of years of work, both for the creation and operating of the Community Forest Corporation and the Princeton Golf Course expansion. The Forest Corp. has reached a level of earnings that warrants dispersal to deserving projects in our community. The Princeton Golf Course expansion application has been received some time ago and this project meets all Forest Corporation criteria for funding. The Princeton Forest Corp. is pleased to award the 2006 Grant in the amount of \$250,000.00 in funds to retire debt incurred as a result of the nine hole expansion."

Princeton Golf Club President Gerry Kind expressed his appreciation on behalf of the Golf Club membership, "On behalf of the Golf Club - the members and the residents of Princeton and area who use the golf course, I'd like to give a big thanks. You have lifted a huge burden off the shoulders of 350 people so they thank you. Thank you."

The expansion, which was completed in 2001, was nothing short of a community effort with over \$402,000.00 in equipment donations and close to \$90,000.00 in volunteer labour donations.

"Without the equipment donations and volunteer labour," Kind pointed out, "It would never have happened."

McLean added, "The Board sees this as one of the most deserving projects in the community." He went on to thank Cornie Froese for managing the CFC and the cooperation of Weyerhaeuser, "They have always had the best interests of the Town at heart."

CFC Director Jaymie Atkinson congratulated the Golf Club with a this statement: "You're a great example of what the Town needs and can do."

## History of Community Forest Corp

In 1993 The Princeton Community Economic Development Summit was held. All participants were keenly aware of the limited employment opportunities in Princeton and the need for economic diversification. Two of the conclusions stemming from the summit identified the need for a local training facility and the opportunity that the local forest could provide for increased employment and economic stability for Princeton.

In July 1995 Princeton was successful in applying for and receiving a federal and provincial 5 year initiative to improve training opportunities through the Community Skill Centre Initiative. The CSC provides training and retraining opportunities for the citizens of the Princeton area. The CSC would lose the supported funding reducing by 20% each year to 0% at the end of the 5 year period. Thus the EDC Committee looked for ways to find longer term funding support to maintain the training and educational opportunities identified through the summit. In July of 1995 the Princeton EDC submitted a proposal for a community Forest License, while favorable received there was no timber tenure available for distribution.

In November 1995 the MOF advertised that it would receive applications for Non-Replaceable Forest Licences within the Merritt TSA. These licenses were to focus on the recently inventoried small-

wood component of the TSA which had not been a part of the annual allowable cut.

In February 1996 the Princeton and District Community Forest Corporation (made up of Town of Princeton, Regional District Area H, and the Princeton and District Community Skills Centre) made application for a Non-Replaceable Forest License in order to:

- provide local management of the forest resource in the Princeton area
- provide a secured wood supply for local value-added processors
- provide a training link with the Community Skills Centre and
- provide reserve funds for the Community Skills Centre and future value added processing initiatives (wood allocations)

The listed goals and objectives of the Princeton and District Community Forest Corporation were:

**Goal 1:** management of local forest resources

**Objectives:**

- provide a guaranteed wood supply for the small processors in the Princeton area without existing secured wood supplies
- integrated resource management
- protection of the Princeton watershed

**Goal 2:** maintain and improve employment opportunities

**Objectives:**

- provide quality employment opportunities to Princeton and the

areas young people

- diversify the economic base
- create a reserve fund (wood) for new economic initiatives

**Goal 3:** support the Princeton and District CSC

**Objectives:**

- provide educational and vocational training opportunities
- provide a bridge between high school and the workforce
- create a reserve fund for use by the CSC

**Goal 4:** create a fund of monies to be used to develop or expand recreational and cultural opportunities for our community (help Princeton to build Princeton)

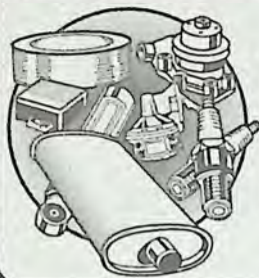
Upon receiving the licence the Princeton and District Community Forest Board entered into a forest management agreement with Weyerhaeuser Canada Ltd. to conduct the management of the licence to the Forest Act and Forest Practices code of BC Act. Weyerhaeuser in turn hires local contractors to carry out the forest activities.

The estimate at the time of granting of the Licence was that approximately 730 person years of employment would be created and wages of close to \$30 million would be generated with the intention that employment, through contracts, would be provided to those living in the Princeton area.

Total revenue through rent, stumpage, sales tax and income tax would net the Province of BC approximately \$21 million.

## Princeton Auto Wreckers

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British Columbia Southern Interior MP Alex Atamanenko, seated, at his February 13th swearing in ceremony in Ottawa. He is joined by wife Ann and her parents Virginia and Martin Shallenberger.

## KINDERGARTEN 2006 STUDENT REGISTRATION

School District No. 58 (Nicola-Similkameen)  
"LEARNING FOR TODAY AND TOMORROW"



Registration Schedule  
Monday to Friday

February 27-March 10, 2006

9:00 - 11:30 AM / 1:00 - 2:30 PM  
John Allison Elementary School  
295-6727

### For September 2006

- To register, a child must be 5 years of age on, or before December 31, 2006.
- Parents/Guardians must bring child's Birth Certificate and Immunization Card when registering.

For further information, contact John Allison Elementary School. It is important that parents register their child early to assist with planning at each school.

## Hamper Society explains their role

The Princeton Crisis Assistance Society has been serving Princeton and District for many years and even though most of you out there know what we are all about there are new residents that may have heard about us, but don't know really who we are or what we do.

We are the Christmas Food Hamper people, the Christmas Toy people, the people that are there for those in need throughout the year, the Clothing Store people and in general we are there to listen, lend a helping hand, show people that there is someone there for them when they truly really need help.

We participate in the GOOD NEWS BEARS on CHBC-TV and with the money that is sent into CHBC from the people in Princeton or other areas for Princeton Crisis Assistance we purchase perishable food items that are needed for the Christmas Food Hampers. Donations that we receive throughout the year are used to purchase the balance of our Christmas supplies. At Christmastime, we deliver approximately 100 Food Hampers including Toys to families, and give out about 50 Gift Certificates to single people.

So, are we the Food Bank people? NOPE! Princeton does not in fact have a Food Bank. We do have a modest supply of mostly non-per-

ishable food items that we offer to people in unique, hardship situations. These are exceptional situations that we can address on a very limited basis.

We run the Princeton Crisis Assistance Clothing Store which is located at 111 Vermilion Avenue. The store is open Tuesdays, Wednesdays and Thursdays from 10:00 AM to 3:00 PM (Winter Hours), 9:00 AM to 2:00 PM (Summer Hours).

This store seeks and accepts any donations - such as - clothing, housewares, bedding, books, games, toys etc. We also ask for furniture and appliances but these are stored in another location. (We ask that anyone donating items to us, please make sure that they are in good condition and will be able to be reused by others).

We pass these on to people that are less fortunate, but we also love to get a dollar or two from those who are able to and wish to purchase items from the store, this is why we ask that your donations be in good condition as we do not have the facilities to wash or repair clothing.

We have a lot of tourists that come back year after year to shop and visit with us. Besides the items mentioned above we also accept non-perishable food items and monetary donations which we use

to help those in need throughout the year.

We could not do any of these things without the donations that we receive during the year. The schools are a tremendous help to us at Christmastime and we feel that without them our Food Hampers would be a lot smaller in size than what they are. Our Food and Toy Drives at Overwaitea in December are another tremendous help. We work closely with the Gleaners in Oliver, and receive donations of produce items from them during the year which help with our food cupboard.

We hope that this explains to everyone who we are, what we do and why we do it.

If you have any questions about our Society please feel free to stop by the Store and speak to Carol, or phone her at (250) 295-6881 during store hours.

We want to say a huge Thank You to everyone who has donated items, purchased items and supported us over the past years. We will try to always be here for you and we hope that you will always be here for us!

So, who are we? We are you, and you, and you. We are a small group of citizens of this community asking for your help to help each other. - submitted by Carol Ruoss, Vice President of Crisis Assistance

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\* MLS statistics 1990-2004



Princeton Rotary Club 2nd Annual Mid-Winter Wine Fest was held last Saturday night in the Legion.

## Wood stove program returns

The Great Okanagan Wood Stove Change Out Program returns March 1st for its sixth annual four-week run. The wood stove change out program gives consumers with older inefficient wood stoves the opportunity to replace them, at a 15% discount, with new EPA/CSA emission-approved wood, gas, pellet or electric appliances. Customers purchasing pellet, electric or gas inserts for open-hearth fireplaces receive the same discount.

Cash rebates offered by participating manufacturers, distributors and retailers range from \$100 to \$450. Consumers receive the rebate when they surrender their old stove for recycling. No trade-in is required when purchasing an open-hearth fireplace insert.

The past five wood stove change out programs have seen a total of 673 old wood stoves traded in for new cleaner burning EPA emission-approved appliances, which has meant a reduction of smoke particulate of approximately 33 tonnes per year.

A wood stove change out program has been identified by Okanagan Valley air quality and health officials as a way to quickly move cleaner and more fuel-efficient stoves into local households.

Approximately 21% of Okanagan homes (21,654 residences) have an indoor burning appliance; 86% are inefficient conventional wood stoves or masonry fireplaces. These wood burning appliances release approximately 650 tonnes of smoke particulate into the Okanagan Valley air each year.

"Wood stove smoke is a major contributor to poor air quality", says Corey Davis, CORD Air Quality Coordinator. "New certified stoves burn 1/3 less wood and reduce smoke by up to 90% compared with inefficient old style stoves."

The Wood Stove Change Out Program is a limited time offer, which ends March 31st. For more information and program details visit [www.kelowna.ca](http://www.kelowna.ca) or [www.regionald-](http://www.regionald-)

istrict.com. You may also contact Corey Davis in Kelowna at (250) 469-8984.

The Wood Stove Change Out is a clean air program of the Central, North and Okanagan-Similkameen Regional Districts.

Participating RDOS Retailers: Home Hardware; 492-4307, Okanagan Home Centre; 492-7771, The Heat Source; 770-2903, Ok Falls Red Barn; 497-5552, Princeton Builders Mart; 295-6938.

To Minimize Pollution from your wood burning appliance please follow these simple steps:

- Firewood should be seasoned by splitting and stacking it at least eight months before it is burned. Your woodpile should be covered in a way that keeps rain and snow off but allows air to circulate through it. Dry seasoned wood burns best!

- Burn only clean, dry wood in your wood stove. Never burn green, wet, painted or treated wood including plywood, pressboard, railway ties or utility poles. Never burn household garbage in your wood stove or fireplace OR in outdoor fires.

- Burn only small bright fires. Start the fire using small pieces of wood kindling, and keep the fire moderately hot, adding larger pieces of split wood as required. Do not damper down the fire too much, as this will produce a smoky, oxygen-starved fire.

- Watch for signs of incomplete burning such as visible smoke coming from your chimney or long, lazy flames in the firebox. When you see these signs, more air is needed to improve your fire. You must open the dampers to allow additional air into the stove.

- Don't burn on fair or poor air-quality days. Your wood smoke will add significantly to the problem, particularly on days of atmospheric inversions and still winds.

- Buy the right stoves for your needs. The most common mistake is choosing a stove too large for the area to be heated. A stove that is too large for

your home will have to be dampered down to maintain a comfortable temperature, thus creating smoke and increasing air pollution.

- Don't burn in moderate temperatures. Save your wood for cold days. When you do use your wood stove or fireplace, keep the fire small and bright and only burn clean, dry wood.

- Don't damper down your fire, as this will produce a smoky, oxygen-starved fire. Ensure that you follow the manufacturer's instructions for the safe operation and maintenance of your particular stove. Check your chimney frequently for creosote buildup; a common cause of house fires.

1966—2006

Regional District Okanagan-Similkameen



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FOURTH ANNUAL

## Ladies Diamond Dinner

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## THE GREAT OKANAGAN WOOD STOVE EXCHANGE PROGRAM

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OLD BELCHING WOOD STOVES CREATE UNHEALTHY AIR AND SMOKE THAT CAUSE HEALTH PROBLEMS FOR PEOPLE LIVING IN THE OKANAGAN-SIMILKAMEEN



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- We recycle your old OUTLAW WOOD STOVE. NOT RE-SOLD!

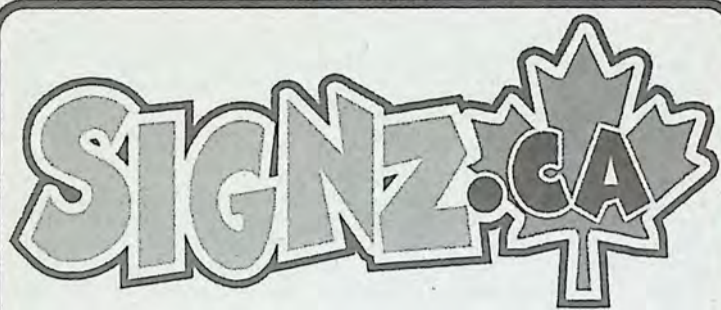
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REGIONAL DISTRICT  
OKANAGAN-SIMILKAMEEN

### AREA H PUBLIC MEETING

What services do I get from the Regional District for my rural property taxes?

Come to the public meeting on Wednesday, March 8, 2006 and find out. The RDOS Finance Staff will be in Princeton to present the 2006-2010 financial plan.

The meeting is open to all residents of Electoral Area H and will be held at the Riverside Wellness Centre (located at 148 Old Hedley Road, Princeton) at 7:00 PM.

For general inquiries, please call the RDOS office at (250) 492-0237 or toll free 1-877-610-3737.

The Regional District of Okanagan Similkameen presents

## THE GREAT OKANAGAN WOOD STOVE CHANGE OUT PROGRAM

Help Clean Up our Air!

Trade-in your old wood stove or insert for a new CLEANER BURN technology GAS, WOOD, PELLET or ELECTRIC stove or insert and receive a \$100 to \$450 REWARD! Ends March 31<sup>st</sup>

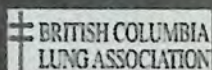
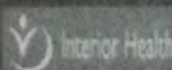


Receive a 15% (\$100 - \$450) discount off the price of a new CLEANER BURN Hearth Product

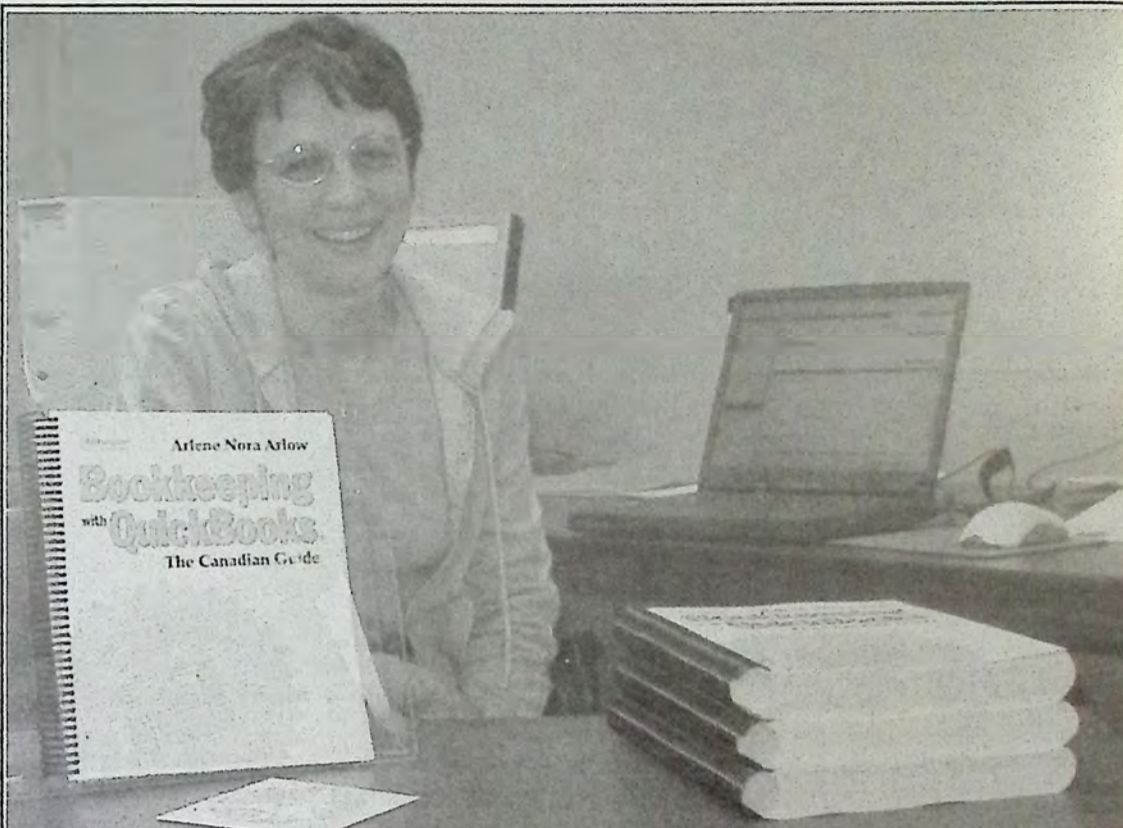
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Princeton Builders Mart: 295-6938

No trade-in is necessary if you buy an ultra clean gas, pellet, or electric insert for your open-hearth fireplace.

For more information call your local Participating Hearth Dealer or visit [www.kelowna.ca](http://www.kelowna.ca)



## keremeos and area news



Arlene Arlow hosted a book launch of her massive guide 'Bookkeeping with QuickBooks - The Canadian Guide' Saturday at Victory Hall. Refreshments and door prizes were available at the Similkameen Country-sponsored event. Arlow teaches QuickBooks in Penticton and lives in Keremeos.

## USIB hosts first pow wow

Upper Similkameen Indian Band (USIB) with offices and members in Keremeos and Hedley, hosted their first annual traditional Pow Wow last Saturday in Hedley's Chuchwayha Hall.

"On behalf of the Chief and Council of the Upper Similkameen Indian Band I'd like to welcome you into our territory

for our first annual pow wow," stated USIB Band Chief Rick Holmes in his welcoming speech.

"It's nice to see so many people come into our territory from all over to watch, dance and sing with us."

He called the pow wow an event where participants had, "a chance to showcase our talents."

MC for the event was Derek Chena, who's sense of humour

aided in keeping activities flowing smooth.

White Wolf of Mount Currie, BC were host drum.

Drummers and dancers travelled from throughout BC, Alberta and Saskatchewan to enter the various pow wow competitions.

Plans are already in place to expand the festivities into a Summer outdoor event in the future.

## Forest corporation forms

The Lower Similkameen Community Forest Steering Committee is pursuing a community forest tenure within that part of the Lower Similkameen watershed which falls within the Okanagan-Shuswap Timber supply area.

In order to proceed, the Ministry of Forests requires a Corporation, society or cooperative to hold a community forest license. Last week, the RDOS Board supported in principle the formation of the

Lower Similkameen Community Forest Corporation.

This limited BC registered company will include Electoral Area B, Electoral Area G, the Village of Keremeos, the Lower Similkameen Indian Band (LSIB) and the Upper Similkameen Indian Band (USIB).

When established, partnerships and other business relationships can be entered into, for example, with log buyers and forestry management services providers.

## RDOS extends agreement

The existing one year pilot agreement with Hazco Environmental Services Ltd. - for soil remediation facility at the Keremeos Landfill Waste Management Facility - has been extended for an additional year.

This facility is part of the Regional District's ongoing environmental effort and will recycle soil affected

with petroleum products back into useful material.

Among other benefits to residents, the facility will provide ongoing revenue that will stay in the community to support waste reduction programs.

The extension was announced at a recent meeting of the Regional District Board.

Visit Our Preferred Site:

[www.keremeos.net](http://www.keremeos.net)



Upper Similkameen Indian Band hosted their 1st Annual Traditional Pow Wow Saturday in Hedley. Host drum for the event was 'White Wolf' (performing above) of Mount Currie, BC.

## Couple hides out in Cawston orchard

by Dennis Walker,  
Giant-FM Newsroom

A couple on the run with a stolen vehicle took RCMP on a wild ride last Thursday into the Lower Similkameen, where a driver and female passenger were found in an orchard in Cawston.

They had evaded police - using spike belt intervention - twice. The first time in Penticton then again on Highway 3A heading toward Keremeos where they turned East and hooked up with Highway 3 and veered off into an orchard in Cawston and abandoned the vehi-

cle. Two off duty officers from the Lower Mainland passing through the area assisted, along with local citizens helping on cell phones reporting various sightings of the suspect vehicle.

It turned out the 29-year old male driver had an outstanding warrant and the vehicle had been originally stolen from Princeton with licence plates taken from Kamloops.

Both have made their first appearance in Court in relation to the incident.

## RDOS adopts hospital budget

The Okanagan-Similkameen Regional Hospital 2006 Annual Budget was adopted last Friday at the RDOS Corporate Board Meeting.

The Interior Health Authority (IHA) presented to the Board in January the 2006-2009 capital requirements for the region.

The total value of the requests for 2006 is \$1,200,306. The Regional Hospital Board approved \$1,160,900 of these requests.

The requests are as follows:  
South Similkameen Health Centre - 10 Bed Addition (\$92,000).  
Penticton Regional Hospital -

Medical Gas Upgrades (\$70,400), Building Maintenance Upgrades (\$135,431), Chemistry Analyzer (\$98,000), C-Arm Imaging System (\$82,000) and Navigation System ENT (\$100,000).  
Princeton General Hospital - Boiler (\$22,000), Sprinkler Upgrades (\$79,590) and Building Maintenance Upgrades (\$47,168).  
South Okanagan General Hospital - Medical Gas Upgrades (\$33,000), and Emergency Generator Upgrades (\$57,600).  
Summerland Health Centre - Medical Gas Upgrades (\$13,739).  
Global Minor Equipment Grant (\$330,000).



Dancers performing during Saturday's USIB Pow Wow.

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**Thank You! Thank You!**

The PSS Grad Class of 2006 would like to thank everyone who made their Grad vs. RCMP/Firefighters Hockey Game a great success. Thank you to Princeton businesses for their donations: Achieve Fitness, Belaire Restaurant, Chevron, Copper Mountain Bar & Grill, Cowboy Coffee, Dairy Queen, The Cut Above, #1 Fitness and Video, Heaven's Scent, Husky, Kevin Acres, Lordco, Mac's Auto Parts, Pharmasave, Princeton Outdoor Supply, Princeton Subway, Princeton Wood Preservers, The Source and Susan Mare.

Thank you to Bonnie Bertucci for all your work organizing the game and thanks to Sandy Crimmon, Pam McKenzie, Blake and Kim for your help at the game.

Thank you Donny Mare for your enthusiastic job as announcer and to Mr. Bibby and Jake Greening for their biased refereeing. Thank you Mr. O'Malley for your coaching. Thank you to all RCMP members, firefighters, teachers and others who rose to the challenge of facing our considerable talent.

And finally, thank you to all the parents, families and fans for your generous support at the game.

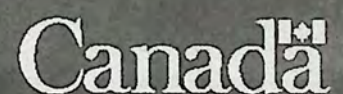


### Notice to commercial fishers

Transport Canada reminds fishing vessel operators and crews that training is key in helping even the most experienced seafarer reduce accidents and fatalities on the water. All commercial fishers are required by law to obtain training in Marine Emergency Duties by April 7, 2007. Transport Canada is working with the fishing community and national training institutions to assist fishers in meeting these training requirements. The best line of defence in dealing with emergencies is being prepared through training! Contact your local Transport Canada Centre for more information.

Transport Canada reminds owners of registered fishing vessels that modifications to your vessel must be reported in advance to Transport Canada. Even small changes can affect your vessel's overall seaworthiness or stability. Poor vessel stability is a leading cause of accidents and fatalities in fishing operations. The seaworthiness and stability of your vessel depend on you!

For more information, visit [www.tc.gc.ca](http://www.tc.gc.ca) or contact your local Transport Canada Centre.



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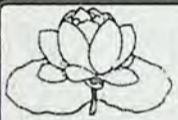
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Cap  
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C  
omments



by your Pharmasave Pharmacist Wen Wong

The drug, warfarin, is used to prevent blood clots in heart patients. Dosage is dependent on regular blood tests, which measure INR to see how well the drug is working. If the result is too low, there is a risk of a blood clot. If it's too high, there is a risk of bleeding. For best management, have your blood tested as recommended by your doctor.

Good control of asthma can be measured by how often you use your reliever inhaler. These inhalers open up the airways quickly. If you use fewer than four doses per week (not counting one dose per day before exercise), you are well controlled. If you find yourself using this inhaler more often, check with your doctor. The doses of the other inhalers may be adjusting.

Over the past 20 years, many medications have moved from prescription-only to over-the-counter (OTC). Ibuprofen is one of these and it is effective for pain, inflammation and fever but there are people that shouldn't use it or should use it with caution. If you have kidney disorder, asthma or stomach or intestinal ulcers, you should get advice before using this product.

March 6-12 is Pharmacist Awareness Week in Canada. This year's theme is *Pharmacists: Your Prescription for Care*. We want to be on your healthcare team. We can help make a difference in managing your medications.

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## news leader health page

### Midlife: keeping up appearances as we age

(NC)—Feeling good and looking good is Leanne James' goal. In fact Leanne spends more time than she thinks she should pounding the floors of the local gym and thinking about what she should, or more often, shouldn't, eat.

Leanne — who wishes to keep her real name private — is much like the rest of us. She works on looking good in the hopes that this will make her feel good. But she understands that her goal is not really related to physical health or vanity.

"Achieving that extra set of crunches or watching yet another pound sweat off feels good. Like I'm doing something right" says the working mother of three adult children. "I want to compensate for other faults that I have, like not being smart enough, or irritating people so regularly, or my fear of being completely on my own."

Merryl Bear, director of the National Eating Disorder Information Centre understands this kind of thinking. "Today, women are under such pressure to be 'perfect'. We're not allowed to age gracefully, or be comfortable in our own skin. We are not encouraged to

be confident in our maturity. Everywhere, we are bombarded with the image of the perfect woman — and she is always youthful looking, thin and toned," she says.

"Being thin and toned for many women is seen as a sign of self control and overall well-being. Rigorous exercise and eating rules may be seen as adaptive and healthy, rather than an attempt to feel control in at least one area of one's life." Bear says this kind of attitude is "in line with our cultural obsession with our bodies as 'self-improvement' projects."

"Rather than explore the bigger social reasons why people eat, diet and exercise obsessively and feel bad about themselves so often, we are bombarded by books and TV shows which say it is our fault ... but that we — as individuals — can buy our way out of this by taking control of ourselves through some self-improvement scheme."

The result of this obsession with food and exercise says Bear, is the rise in eating disorders and food and weight preoccupation among women in midlife.

These eating disorders may be the

result of long-standing problems that were never dealt with, relapses to earlier strategies for 'coping' with stress, or a new behaviour in an attempt to cope with the challenges of midlife.

Midlife challenges may include changing parental roles as children leave home, or even the stress of adapting to adult children returning to live at home. Added to this is the pressure of coping with work, planning for retirement, and the needs of aging parents. These competing demands on time and consideration often deplete energy and lead to a sense of incompetence or inability to cope.

An advantage for women in midlife who are experiencing problems says Bear, is that "we have many years of life experience which allows us to be real about the values that we hold dear, and we're resourceful about getting help. We just need to believe that we are worth it."

For more information contact: National Eating Disorder Information Centre at 1-866-633-4220 or [www.nedic.ca](http://www.nedic.ca).

- News Canada

### Prevention the best medicine for parents

by Dr. Dion Neame

(NC)—Dr. Dion Neame is an Associate Medical Advisor for the Meningitis Research Foundation and Chief of Pediatrics at Joseph Brant Memorial Hospital in Burlington Ontario.

Like all pediatricians, I spend a lot of my time trying to make kids feel better — to get them through both minor sicknesses and serious illnesses. Many times parents feel helpless, watching as an infection runs its course and makes their child sick. While not every disease is preventable, there have been important advancements in recent years that have led to vaccines to help prevent serious infections. And while the prospect of giving needles to a baby

can be overwhelming for parents, the potential consequences of contracting these infections are much more worrisome.

Immunizations are given to infants to defend against severe infections. By priming their immune systems with vaccinations, our infants' bodies will recognize the offending agents before they are able to cause harm. If we don't vaccinate, serious damage can come to our children, the worst of which may be death.

Pneumococcal disease is just one example of a potentially life-threatening infection that is now largely preventable through a widely available vaccine called Prevnar. This vaccine is now available for free for

all newborns across Canada, and some provinces cover the cost for older children. It protects against the bacteria *S. pneumoniae*, the leading cause of bacterial infection in children less than two years of age. This bacteria can cause meningitis, pneumonia, blood infections and common ear infections.

Hundreds of thousands of children in Canada suffer from pneumococcal disease. Each year, pneumococcal infection causes an estimated 65 cases of meningitis, 700 cases of bacteremia, 2,200 cases of hospitalized pneumonia, 9,000 cases of non-hospitalized pneumonia and 15 deaths in children under the age of five.

Health Canada stipulates that Prevnar be delivered in four doses — at two, four, six and 12–15 months. With new vaccination programs being implemented across Canada, infants will be getting multiple needles, sometimes two on one doctor's visit. I recommend giving babies a dose of acetaminophen or ibuprofen prior to immunizations and for the next 24 hours. This will lessen pain from the needles and decrease minor side effects such as fever.

The important thing to remember with vaccinations is that we need to be proactive. We can't wait around for infections to affect our children. Even if doctors do diagnose children with infections, often it is too late to react effectively, even with the latest and greatest medical technology. That is why it is essential that we vaccinate our children and reduce the chance of any harm.

- News Canada

### living past 100

### Men: protect your prostate

Men need to avoid prostate problems. An American researcher believes the epidemic of prostate problems in North America is related to the kind of food men eat today. This researcher says too many foods are laced with pesticides.

These pesticides mimic estrogens (female hormones) in the body, and adversely affect the prostate gland.

Prostate problems can show themselves in problems urinating, decreased sexual function, and cancer. These problems have reached epidemic proportions in North America, and the researcher points to natural, organic foods as the solution.

Buying organic foods is not something most men worry about, but perhaps they should become far more interested in what they are eating. Almost no food is free of pesticides these days, but the amount of pesticides can be reduced by selecting organic foods.

There are other things men consume that impact the prostate. Alcoholic beverages and smoking have a serious negative affect on prostate function. Men who drink bourbon (corn whiskey) are known to have raised levels of estrogen, as the estrogen is not diminished in the distillation process. In fact, it becomes concentrated.

# COFFEE MUG CHRONICLES

## Bad Driver Brakes All The Rules!



Did you ever hear the one about the woman who locked herself inside her car? That could have been Gladys Speerbrecker. She'd be the first one to admit that she doesn't understand modern technology - you know, things like microwave ovens, computers, power steering and power brakes. But Gladys is the kind of woman you just can't help but get a warm feeling from the moment you meet her. Her pleasant smile, her kind, grandmotherly way and her memory for the smallest of details. Yes, Gladys is an amazing woman - even though she's just 35! Probably the most amazing thing about Gladys is how she can improvise her way out of just about any situation - except locking herself inside her own car! Actually, one day Gladys was having the hardest time getting her car to move out of her driveway. She tried everything, taking off the emergency brake, turning off the windshield wipers AND turning on the ignition. Nothing worked...and she needed to get down the street to play chess with her neighbour - it was her Tuesday night routine. Then it happened. She remembered that she received a News Leader Coffee Mug FREE with her new one-year subscription to Princeton's locally-owned weekly newspaper. She carefully stuffed the coffee mug behind her front tire, slipped the transmission into reverse and then the car magically moved out of the driveway. The coffee mug changed Gladys' life, it could change yours!

Purchase a NEW One-Year Subscription to the News Leader today, get a Limited Edition News Leader Coffee Mug FREE!

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**Town of Princeton**

INVITATION FOR TENDER

**PRINCETON MUNICIPAL CAMPSITE CONTRACT**

The Town of Princeton invites Tenders for the maintenance and upkeep of the Princeton Municipal Campsite.

Sealed Tenders marked "Campsite" will be received at the Town of Princeton Office, 169 Bridge Street, before 4:00 PM, Friday, March 17, 2006. All Tenders received after above stated date and time will be returned to the Tenderers unopened and will not be considered.

Copies of documents and specifications may be obtained at the Town of Princeton Office, 169 Bridge Street, Princeton, BC.

The Town of Princeton reserves the right not to accept the lowest or any tender received.



A Retirement Coffee Party was held on February 21st at the PGH staff dining room for Stan Pietras, RN, former head nurse and Patty Vinthers, RN, the nurse who always wore her cap. Among the gifts presented were watches from BCNU in recognition of their active participation in the union and their exemplary service. Past and present staff, some traveling from Penticton, were present to wish them well.

**What - local people don't read?**

People are borrowing fewer books, videos and audio tapes from Princeton's library. Leslie Dieno, manager of Okanagan Regional Library, reported this fact to Town Council on February 20. At the same time, she reported increased use, throughout the region, of internet accessing for research. Circulation throughout the region was down 2.5 percent.

The Regional Library website is extremely busy, having had two million hits in 2005.

The library system is participating in a province-wide literacy program. Dieno told Council the summer reading club increased 22 percent, and the library is involved in the Books for Babies program and

tutors for new readers. Books for Babies kits are given to every new mother to help them understand the importance of reading to and singing to their infants and toddlers.

Although circulation is down a bit in Princeton, there are many new library customers.

Dieno talked about the interior of the library, saying it is not as welcoming as it should be. She con-

ceded it is crowded and may have to be moved to a better space.

For the benefit of new members of Town Council, Dieno explained how the library system is funded. Property taxes and population are worked into a cost-sharing formula for the region. Princeton pays less than one percent of taxes for the library service, averaging \$25.92 per year per capita (the average cost of one book).

**CYC asks for money**

Nadine McEwen, Asset Development Coordinator, asked Council for continued funding of the program she runs for youth. At the February 20 Town Council meeting, McEwen reviewed the past year's activities and budget. She thanked Council for past funding of the program (\$15,000), and for covering the cost of liability insurance for the community recreation program. She noted several grants received from other sources,

including \$1,500 from a drunk driving prosecution.

There were 288 youth involved in the recreation program last year, in addition to students from various schools.

McEwen has assisted John Allison Elementary with the Healthy Snacks Program, and helped with Communities for Kids.

Council expressed appreciation for McEwen's work. The request for funding was referred to budget.

**Council sees racing video**

John Bey, President of Princeton Racing Days Association, attended the February 20 Town Council meeting to ask for a grant for Racing Days.

To show what a success last year's event was, he gave Council a look at a video clip of the television show "Sport of Kings". The video showed Princeton's races, along with comments from Bey, Ed Vermette and various racing officials as well as local people attending the races.

Princeton looked very good, and the remarks of racing officials

offered high praise.

Bey went on to talk about the need for high-speed internet and a new phone system at the track. He asked Council for a grant of \$20,000, double what Racing Days Association received last year.

Council asked about the possibility of having two race days. Bey said it may be possible in 2007, and Racing Days is looking at it, but it depends on the availability of jockeys and horses.

Council complimented Bey and his crew for the work they are doing.

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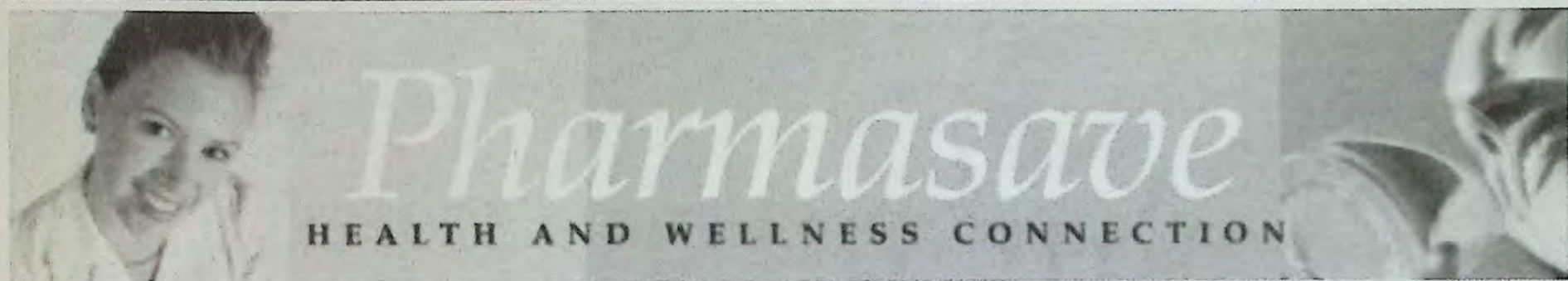
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# Ask Your Live Well Pharmacist

*“I’ve vowed to quit smoking this month. Any tips or tricks?”*

Congratulations! Stopping smoking is one of the best steps you can take to avoid putting yourself at risk of heart attacks, cancer and many other medical conditions.

There are several different ways to do it successfully. Among them are going “cold turkey” or using a nicotine replacement product such as “the patch,” nicotine gum or the new nicotine inhaler. Prescription medications such as Bupropion (Zyban) can help too. Talking to your Pharmasave Live Well

Pharmacist can help you decide what’s right for you. It may be one method, or a combination.

Whichever route you take, what really helps a great deal is support from other people. Having friends and family encourage you makes it much easier to quit smoking. Also, check out the new e-Quit program on the Health Canada’s web site at [www.hcsc.gc.ca/hecs-sesc/tobacco/quitting](http://www.hcsc.gc.ca/hecs-sesc/tobacco/quitting), which sends you free e-mails to support you through the quitting process. You’ll also find lots of information on-line about quitting smoking including contacts for free telephone counselling.

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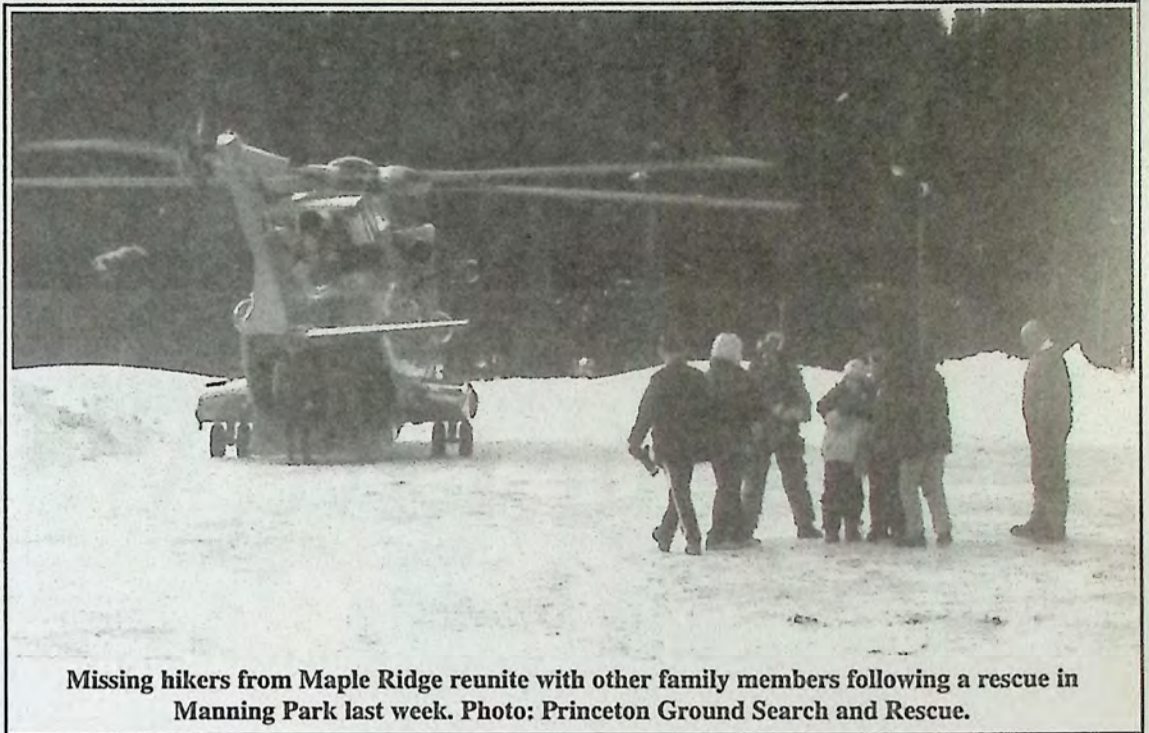
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Missing hikers from Maple Ridge reunite with other family members following a rescue in Manning Park last week. Photo: Princeton Ground Search and Rescue.

## Missing winter hikers rescued

On Monday February 20th emergency services agencies including the Manning Park Resort Ski

Patrol, Princeton Ground Search and Rescue, Princeton RCMP, RCMP Air Services, and a search

and rescue helicopter from CFB Comox, joined forces to locate a 40-year old Maple Ridge man and his 12-year old son who had become lost in the Poland Lake area of Manning Provincial Park.

"The father and son had hiked into the area on Saturday to winter camp for one night, and failed to return home to the lower mainland on Sunday," says Princeton RCMP Cpl. M. J. McVicar, "They were reported missing on Monday morning at which time the Manning Park Resort Ski Patrol checked the lake area and determined that the two campers had travelled in the wrong direction and had entered a dangerous canyon area."

Volunteers from the Princeton Ground Search and Rescue were called in to assist with further searching. A RCMP helicopter from Kelowna conducted a search of the area and was successful in locating the missing campers, but due the terrain, was unable to remove them from the area.

"A search and rescue helicopter based at CFB Comox happened to be flying through the area, and it diverted from its course to assist in the rescue," McVicar adds.

"A crew member was lowered 250 feet below the helicopter into the canyon, and he was able to extract the campers without further incident."

The father and his son were wet and cold, and lucky that they survived the -26 degree overnight temperatures. They appreciated the time and effort of the many volunteer searchers from Princeton and Manning Park Resort.

## Parents want the facts on class size.



Everyone agrees that class size is important to helping students learn. And that's why the Province is making information on class size available for parents and students.

### The Facts on Declining Class Size

- There is an average of about 16 students for every one educator in B.C. public schools, a near-record low.
- Nine out of 10 classes in B.C. have 30 or fewer students.
- And more than one out of every five have 20 or fewer.

### Class Size in School District 58

In the Nicola-Similkameen school district:

- The average kindergarten class has 15.8 students.
- The average grade 1-3 class has 19.7 students.
- The average grade 4-7 class has 21.9 students, while there are 21.3 students in the average grade 8-12 class.

To find out more about class size and choice programs in your school district, visit [www.achievebc.ca](http://www.achievebc.ca) online.



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# weekly entertainment guide

TUESDAY, FEBRUARY 28, 2006 THROUGH MONDAY, MARCH 6, 2006



Nicole Dorvault, left, was ill when the Posse recently visited New Beginnings. The boys didn't want her to feel left out and signed a shirt for her, which was given to her by Conner McGarry.

## Posse goes to semi-finals

Sicamous Eagles crowded Princeton Posse from the first puck drop on Saturday night. The Eagles are the top team in KIJHL, but the Posse needed the win. It was going to be a tough fight.

The Posse held off the Eagles for nine minutes, then the Eagles scored the first goal on a power play.

With 2:01 minutes left in first period, the Posse tied the game with a shot into the net from Cody Devitt, assisted by David Wyman.

Second period started off in a whirlwind for the Eagles. They scored their second goal 30 seconds into the period. Then the Posse took another penalty and the Eagles scored again. The Posse took another penalty and the Eagles put goal #4 on the board.

The Posse came back fighting hard in the second half of second period. It was end to end hockey, fighting for the puck every step of the way. The Posse was fighting really hard and put another puck in the net but it was disallowed.

The Posse put pressure on the Eagles but were beaten every time by the Eagles' goalie. A pile-up at the Posse goal put two Posse players and one Eagles player into the box, and the Eagles scored goal #5 followed shortly by goal #6.

The Eagles took a four-minute roughing penalty and the Posse managed to score a second goal. Connor McGarry and Zach Big Swan took the credit.

With just over a minute left in the

game, tempers flared in a personal fight and one player from each team went to the dressing room, but it was essentially game over at 6-2 for the Eagles.

In the bigger picture, Revelstoke beat Summerland on Saturday night, giving the Posse a place in the semi-finals. The first game is on February 28 at Sicamous. This is a best of seven, so watch for posters at the Post Office for date and time of home games.

## Band hosts concert

Princeton Community Band will be hosting a Concert beginning at 7:00 PM on Monday, March 6th at PSS.

The 'Princeton Band-Aid' Fundraising Coupon Book will be unveiled and available that evening.

The Coupon Book Project features a variety of cost saving coupons from Princeton only merchants and is expected to generate interest in both a 'shop local' theme and elevate the profile of the talented musicians in the community-based band.

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## Princeton Figure Skating Club

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Senior Skater

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# Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest teaches you how...

### The Quiz - Week 5

Today's Date is Wednesday, May 17, 2006 - the Time is 7:00 PM.  
According to PLP's Time Of Use Schedule, would this be in a  
"RED ZONE" time period or would it be in the "GREEN ZONE"?

### Winners!

13 Weekly Draws - to April 28<sup>th</sup>, 2006  
\$25.00 Credit to the PLP Power Bill of your choice!  
Monthly Draws  
\$100.00 Credit to the PLP Power Bill of your choice!  
Final Grand Prize Draw - May 5<sup>th</sup>, 2006  
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### The Gear

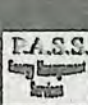
You will need a "Power-By-The-Hour" Resource Kit. They are available at both the Princeton Light & Power office and at the News Leader. You will require this kit to get the correct answers to the weekly questions.

### The Loot Goes To

WEEK 4 WINNERS: \$25 Paul Huycke  
\$100 Odelle Littlejohn

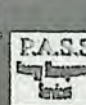
### The Routine

- 1) Get Weekly Question from News Leader.
- 2) Determine Answer from Resource Kit.
- 3) Fill out Entry Form from PLP or News Leader.
- 4) Drop Off Entry at PLP or News Leader.
- 5) Win if Entry is Drawn.
- 6) Enter Weekly.
- 7) Have Fun!



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Katimavik Project Leader Melanie Belisle-Leclerc serves appetizers to Cheryl Langlois at Saturday night's 2nd annual Rotary Club Mid-Winter Wine Fest in the Legion Hall.

## Mac Lind PeeWees playoff results

Mac Lind PeeWees have played three play off games winning two and losing one. Princeton finished second in the league out of eleven teams.

Their first match up was against South Okanagan Chiefs. There was no contest and the better team - Princeton - dominated the play in both ends of the ice. The game would end Princeton 11, South Okanagan 4.

On February 11th Princeton went up against a very strong Penticton team who seemed to have Princeton's number.

Justin Milligan opened the scoring for Princeton but before the end of the first Penticton tied it up. In the second Justin scored his second of the game to end the second period tied once again.

Keaton Ashley scored four minutes into the third to give Princeton the lead. Penticton then answered back with three goals of their own taking a two-goal lead with 9 minutes left.

Keaton then scored his second of the game to bring his team to within one goal. Princeton seemed to come alive having numerous scoring chances and with Jessie Murray coming up big to close the score. With under a minute to go Keaton had a break away but just could not find the back of the net.

This was truly an exciting game to watch, although we lost the whole team played well.

They then traveled to Penticton on the 18th of February. Knowing that if they lost this game they would be out of the play-offs the team came ready to play. Although the team was not all there the ten kids who were played their hearts out.

Taylor Esselink scored the opening goal from a nice pass by Colby Williams. In the second those two scored again only this time it was Colby scoring. Penticton finally got their first goal seven minutes into the third period, but from there on it was all Princeton.

Taylor recorded a hat trick scor-

ing two more times, and then Justin Milligan scored two of his own giving Princeton a 6 to 1 victory.

Jordan Palumbo, Nathan Garton, Kraig Leochko, and Josh Coyne had a very strong defensive game. Ian McKenzie and his line mates Brady Johnson, and Clayton Obee had lots of scoring chances but just could not find the back of the net. Jessie Murray played another strong game in net.

The next game will decide who will make the trip to the B banner game! So you players keep working hard and playing as a team, and if your heart is in it and you are dedicated you will come out victorious.

Points for the last game went to Taylor Esselink 3 goals 1 assist, Justin Milligan 2 goals 2 assists, Colby Williams 1 goal 4 assists, and Kraig Leochko with an assist. Great job team keep it going. - submitted by Coach Kevin Williams

## K&M Bantams play for 'A' Banner

On February 18th K&M Trucking traveled to Osoyoos to play South Okanagan for who would make the trip to the A banner.

South Okanagan opened the scoring seven minutes into the game, but Jared Fenrick tied the game from a pass by Kiel Liberatore and Taylor Esselink. Then Colton Williams took a pass from Bryce Markin to give Princeton the lead.

In the second Jared scored twice to give Princeton a three-goal lead, but with four minutes left Princeton took four penalties giving South Okanagan a power play five on three.

South Okanagan made no mistakes scoring twice to climb to within one goal. Princeton seemed

to be stunned because at the thirteen-minute mark South Okanagan tied the game and then a minute later took the lead.

Princeton found themselves behind for the first time in the game but what was worst that they had lost a 3-goal lead. Frustrated the players did not quit, they tried even harder knowing what was at stake.

At 7:43 Taylor Esselink - our Peewee Bantam player - got the tying goal on a crazy bounce. Then with six minutes left Taylor scored the game winner on beautiful pass from Kenny Bishop and Jared Fenrick.

This was a thrill to watch, and as a coach I am very proud of how

this team pulled together to win the chance to play for the A banner against a very strong Westside team. A thanks to Jamie Dunford who played net for our injured goalie Clint Cook who will be back between the pipes against Westside.

As the coach I have to say that if we wish to bring home the banner then we have to keep playing as a team and stay out of the penalty box. Keep up the great work team.

Points for the weekend went to Jared Fenrick 3 goals 1 assist, Taylor Esselink 2 goals 2 assists, and Colton Williams 1 goal, and Kenny Bishop 2 assists, Bryce Markin 1 assist.

- submitted by Coach Kevin Williams

## tuesday movies

### MORNING

7:00 am WTBS (3) ★½ "Hardball" (2001, Drama) Keanu Reeves. A selfish gambler works off his debt by coaching a baseball team comprised of underprivileged youths. (TV) (G)

10:00 am CITY (29) ★★ "Double Edge" (1992, Drama) Susan Lucci. An FBI agent teams up with her ex-husband to hunt down a notorious hit woman to whom she bears a striking resemblance. (TV) (G)

### EVENING

7:00 pm A&E (9) ★★ "Murderball" (2005, Documentary) Filmmakers Henry Alex Rubin and Dana Adam Shapiro profile members of paraplegic rugby teams in the United States and Canada. (TV) (G)

8:10 pm WTBS (3) ★★½ "Little Nicky" (2000, Comedy) Adam Sandler. The devil's kindhearted son is sent to retrieve his two evil brothers before they raise hell on Earth.

9:55 pm WTBS (3) ★★ "Ace Ventura: When Nature Calls" (1995, Comedy) Jim Carrey. A sacred white bat's disappearance begets bloodshed between African tribes and puts the gooly pet sleuth on the case. (TV) (G)

10:06 pm CITY (29) ★★ "Dream Breaker" (1995, Science Fiction) Michael Paré. The fate of humanity rests on the outcome of a battle between a futuristic cybercop and a virtual-reality entity. (TV) (G)

11:00 pm A&E (9) ★★ "Murderball" (2005, Documentary) Filmmakers Henry Alex Rubin and Dana Adam Shapiro profile members of paraplegic rugby teams in the United States and Canada. (TV) (G)

11:55 pm WTBS (3) ★★½ "Heart Condition" (1990, Comedy) Bob Hoskins. A racist cop is unwittingly teamed with a new "sidekick" after he receives a heart transplant from a black lawyer. (TV) (G)

## wednesday movies

### MORNING

6:00 am A&E (9) ★★½ "Rocky V" (1990, Action) Sylvester Stallone. Broke, punchy and at odds with his son, boxer Rocky trains a hungry contender, then must street-fight him. (TV) (G)

7:00 am WTBS (3) ★★ "A Perfect Murder" (1998, Mystery) (PA) Michael Douglas. A commodities broker persuades his wife's lover to kill her in order to inherit her trust fund. (TV) (DVS)

10:00 am CITY (29) "A Little Piece of Heaven" (1991, Comedy-Drama) Kirk Cameron. A teenager makes a pledge to find a playmate for his developmentally disabled sister. (TV) (G)

### AFTERNOON

12:00 pm A&E (9) ★★½ "Rocky V" (1990, Action) Sylvester Stallone. Broke, punchy and at odds with his son, boxer Rocky trains a hungry contender, then must street-fight him. (TV) (G)

### EVENING

6:00 pm CITY (29) ★★½ "What Women Want" (2000, Comedy) Mel Gibson. A chauvinistic ad writer gets an earful when he suddenly acquires the ability to read women's minds. (TV) (G)

8:10 pm WTBS (3) "Getting Played" (2005, Romance-Comedy) Carmen Electra. Three friends play a game of seduction on a stranger, but the tables are turned when he finds out about the joke. (TV) (G)

9:55 pm WTBS (3) ★½ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. (TV) (G)

10:05 pm CITY (29) ★★½ "What Women Want" (2000, Comedy) Mel Gibson. A chauvinistic ad writer gets an earful when he suddenly acquires the ability to read women's minds. (TV) (G)

11:55 pm WTBS (3) "Getting Played" (2005, Romance-Comedy) Carmen Electra. Three friends play a game of seduction on a stranger, but the tables are turned when he finds out about the joke. (TV) (G)

## Ladies bonspiel results

2006 Las Vegas Lounge Lizards Princeton Ladies Open Bonspiel  
Our 2006 Princeton Ladies Open Bonspiel was a great success and fun was had by all on and off the ice up at the Lizard Lounge.

The Winners of the:

**A Event** winners were from: McDonald Team, Hope Runners Up: Odenbach Team, Kamloops

3rd - Grigg Team, Osoyoos  
4th - Estacaille Team, Princeton

**B Event** winners were from: Sager Team, Penticton

Runners Up: Campbell, Princeton  
3rd - Marshall, Princeton

4th - Byrne, Princeton

**C Event** winners were from: Clement Team, Summerland

Runners Up: Gagne Team, Osoyoos

3rd - McKinney Team, Hope  
4th - Hassell Team, Princeton

**WINNERS:**

1st Costumes: Marshall Team  
2nd Individual Costumes: Campbell Team

Honourable Mention: Kamloops Team

**Entertainment:**

A Special Thank you to the Performers of the Ladies Lavatory Skit. A great time was had by all! Thank you, To all the Monday and Wednesday night Ladies for all

their help. We could not do it without the help of each and every one of you. A Special Thank you to Sharon Beausoleil, Margie Johnson, Rosemary Clarke and Wanda Marshall, for all your help and support throughout the Bonspiel. To all the Sponsors and Donators of the Bonspiel, Your support was very much appreciated. Thank you,

- submitted by: Princeton Ladies Bonspiel Convenors: Carol McDonald, Marg Ovington

The Princeton Ladies Open Bonspiel would also like to Thank all the following Sponsors:

Jim Emmons, First Rate Auto Detail, Century 21-Neil McHaffie, Century 21-Heather Johnson, BeautiControl - Marg Ovington, Ruby Bey, Westland Insurance, Macs Auto Parts Ltd., Abe & Mona Willis Princeton Stock Ranch, K&M Trucking, J Two Contracting, Princeton Ready Mix, Princeton Co-Gen, G Johnson Logging, Princeton Glass, Las Vegas Lassies, Fred & Co., Douglas Lake Equipment, Huffys Auto Repair, Lime Stone Cowgirls.

Winners of the Sponsors Pool are:  
1st - G. Johnson Logging  
2nd - Douglas Lake Equipment  
3rd - Limestone Cowgirls

TUESDAY, FEBRUARY 28, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek	News	(Off Air)	Boohbah	News	News	Airline	(5:00) News	News (Live)	(5:00) News (Live)	Monster	SportsCentre	News	Red Carpet	Believers	King	News	Maury	Hillbillies
7 AM :30	Movie: "Hardball" (2001)	Life Today	BluesClues	Clifford	Today	The Early Show	Family	Good Morning America			Mona	SportsCentre	Canada AM	Super Ships	Sabrina	K. Possible	News	CityLine	Rockford Files
8 AM :30	Keanu Reeves	100 Huntley Street (N)	HI-5	Dragon			City Confidential			100 Huntley Street (N)	SpongeBob	SportsCentre		Machines	Paid Prog.	Weekend		In Fashion	Matlock
9 AM :30	Becker	Gold Trails	Arthur	Sesame Street (EI)		Discover	American Justice	Regis and Kelly	100 Huntley Street (N)	World Vision	Care Bears	Off-Record	Regis and Kelly	Red Carpet	Fam. Feud	Pooh	Maury	News	Magnum, P.I.
10 AM :30	Cosby	The Price Is Right	Miss BG	Barney	Ellen DeGeneres Show	The Price Is Right	Cold Case Files	The View (N)	World Vision	Room	Rupert	Bowling: Gelo Classic (Taped)	The View (N)	World's Worst Driver	Starting Over (N)	JoJo	Jerry Springer (N)	Movie: "Double Edge" (1992)	News
11 AM :30	Harvey	Brown	English	Mr Rogers	The Tyra Banks Show	Young and the Restless	Investigative Reports	Paid Prog.	The Insider	News (Live)	Hamtaro	Curling: Scott Tournament of Hearts -- Draw 10. (Live)	eTalk Daily	Pompeii of the East	Montel Williams (N)	Stanley	Blind Date	Susan Lucci	Magnum, P.I.
12 PM :30	Drew	News (Live)	Odysseys	Charlie Rose	Paid Prog.	News	Airline	All My Children	News (Live)	Days of our Lives	Being Ian	of Hearts -- Draw 10. (Live)	Daily	Lost Pharaoh	Perry Mason	Lilo Stitch	Maury	CityLine	Da Vinci's Inquest
1 PM :30	Yes, Dear	Stargate SG-1	Foot Notes	Wonderful Planet	Days of our Lives	As the World Turns	Family	One Life to Live	As the World Turns	As the World Turns	Care Bears		Vicki G.	Frontiers of	Matlock "The Tabloid"	Hoze	Jerry Springer	Relic Hunter	Cosby
2 PM :30	Home Imp.	Body	Gaslight	Reading	Passions	Gulding Light	City Confidential	General Hospital	Passions	Passions	Mona		General Hospital	How-Made	Love Lucy	Dalmatian	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Fear Factor "Siblings"	Bear	Postcards	Brown	Dr. Phil	American Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Mega-Excavators	Montel Williams	Weekend	ER "The Healers"	News	Home Imp.
4 PM :30	Raymond	Days of our Lives	Dora	Cyberchas	Judge J.	Oprah Winfrey	Cold Case Files	Millionaire	Oprah Winfrey	Early News	SpongeBob	Curling: Scott Tournament of Hearts -- Draw 11. (Live)	The Tyra Banks Show	Daily Planet (N)	Little House	Barbarian	8 Rules	Sex & City	Funnest Home Videos
5 PM :30	Friends	News (Live)	George S.	BBC World	News	News	San Francisco Vice	News	News	News	SpongeBob	of Hearts -- Draw 11. (Live)	News	How-Made	Malcolm King of Hill	K. Possible	Sabrina	The Collector	Da Vinci's Inquest
6 PM :30	Sex & City	Stargate SG-1	CG Kids	News-Lehrer	News	News	Dog	News	News	ET Canada	Being Ian		News	American Chopper (N)	Simpsons	So Little	My Wife	Supernatural "Shadow"	Da Vinci's Inquest
7 PM :30	Seinfeld	Can Files	Carry-Home	Nova (N) (DVS)	Jeopardy!	Seinfeld	Movie: "Murderball" (2005)	Entertain	Entertain	Gilmore Girls (N)	Drake		eTalk Daily	Hot Rod Build-Off	Frasier	So Raven	Raymond	Godiva's (N) (DVS)	WGN News at Nine
8 PM :30	Movie: "Little Nicky" (2000)	Deal or No Deal (N)	Keep-Groove		Deal or No Deal (N)	NCIS "Family Secret"	Documentary	Jim	Fear Factor "Twins"	Fear Factor "Twins"	SpongeBob		American Idol (N)	Daily Planet	American Idol (N)	8 Rules	Gilmore Girls (N)	Star! Daily	Becker
9 PM :30	Adam Sandler	Get This Party Started	With Glowing Hearts	Globe Trekker	Scrubs (N)	The Amazing Race 9 (Season Premiere)	San Francisco Vice	Jim	Family Guy	Family Guy	15/Love	Boxing: Friday -- Diaz vs. Holt	The Amazing Race 9 (Season Premiere)	American Chopper	War	Radio Free	Supernatural "Shadow"	Jimmy Kimmel Live (N)	Funnest Home Videos
10 PM :30	Movie: "Aco Ventura: When Nature Calls" (1995)	Boston Legal (N)	In Performance	Independent Lens (N)	Law & Order: SVU	News	Dog	Boston Legal (N)	Gilmore Girls (N)	News (Live)	My Family		The Amazing Race 9 (Season Premiere)	Hot Rod Build-Off	Will-Grace	Popular	KTLA Prime News	Movie: "Dream Breaker" (1995)	Da Vinci's Inquest
11 PM :30		News	Fortune	Moving On	Rose	Tonight	Movie: "Murderball"	News	News	Entertain	Inuyasha	SportsCentre (Live)	News	How-Made	Sex & City	8 Rules	Sex & City	Friends	Michael Paré.

WEDNESDAY, MARCH 1, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek	News	(Off Air)	Teletubbies	News	News	Movie: "Rocky V" (1990)	(5:00) News	News (Live)	(5:00) News (Live)	Monster	SportsCentre	News	Daily Planet	Believers	King	News	Maury	Hillbillies
7 AM :30	Movie: "A Perfect Murder" (1998, Mystery) (PA)	Life Today	BluesClues	Clifford	Today	The Early Show	Sylvester Stallone	Good Morning America			Mona	SportsCentre	Canada AM	Canadian Geographic	Sabrina	K. Possible	News	CityLine	Rockford Files
8 AM :30		100 Huntley Street (N)	HI-5	Dragon			City Confidential			100 Huntley Street (N)	SpongeBob	SportsCentre		American Chopper	Paid Prog.	Weekend		Star! Inside	Matlock
9 AM :30	Becker	Gold Trails	Arthur	Sesame Street (EI)		Discover	American Justice	Regis and Kelly	100 Huntley Street (N)	World Vision	Care Bears	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	Pooh	Maury	News	Magnum, P.I.
10 AM :30	Cosby	The Price Is Right	Paddington	Barney	Ellen DeGeneres Show	The Price Is Right	Cold Case Files	The View	World Vision	Room	Rupert	Motoring	The View	Extreme	Starting Over (N)	JoJo	Jerry Springer (N)	Movie: "A Little Piece of Heaven" (1991)	News
11 AM :30	Harvey	Thane	Mathematics	Mr Rogers	The Tyra Banks Show	Young and the Restless	Blo.: Sylvester Stallone	Paid Prog.	The Insider	News (Live)	Hamtaro	Curling: Scott Tournament of Hearts -- Draw 13. (Live)	eTalk Daily	Rocket Science	Montel Williams (N)	Stanley	Blind Date	Susan Lucci	Magnum, P.I.
12 PM :30	Drew	News (Live)	The Sus	Charlie Rose (N)	Paid Prog.	News	Movie: "Rocky V" (1990)	All My Children	News (Live)	Days of our Lives	Being Ian	Beasts	Daily	Highest Job	Perry Mason	Lilo Stitch	Maury	CityLine	Da Vinci's Inquest
1 PM :30	Yes, Dear	Mutant X	Home Biz	Painting	Days of our Lives	As the World Turns	Sylvester Stallone	One Life to Live	As the World Turns	As the World Turns	Care Bears		Vicki G.	Monster Garage	Matlock "The Coach"	Hoze	Jerry Springer	Relic Hunter	Cosby
2 PM :30	Home Imp.	Body	Gaslight	Reading	Passions	Gulding Light	City Confidential	General Hospital	Passions	Passions	Mona		General Hospital	Deadliest Catch	Love Lucy	Dalmatian	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Fear Factor	Bear	Postcards	Brown	Dr. Phil	American Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	Beyond Tomorrow	Montel Williams	Weekend	ER "The Match Game"	News	Home Imp.
4 PM :30	Raymond	Days of our Lives	Dora	Cyberchas	Judge J.	Oprah Winfrey	Cold Case Files	Millionaire	Oprah Winfrey	Early News	Tn-Titans	Hockey	The Tyra Banks Show	Daily Planet (N)	Little House	Barbarian	8 Rules	Sex & City	Funnest Home Videos
5 PM :30	Raymond	News (Live)	George S.	BBC World	News	News	Dog	News	News	News	SpongeBob	of Hearts -- Draw 11. (Live)	News	The Blasters	Malcolm King of Hill	K. Possible	Sabrina	Next Top Model	Becker
6 PM :30	Raymond	Stargate SG-1	Mechanics	News-Lehrer	News	News	Dog	News	News	ET Canada	Being Ian		News	The Blasters	Simpsons	So Little	My Wife	Movie: "What Women Want" (2000) Mel Gibson.	Home Imp.
7 PM :30	Sex & City	Mysterles	Undersea	Windsor Castle	Jeopardy!	Seinfeld	Spying	Entertain	Entertain	Falcon Beach	Justice	Curling: Scott Tournament of Hearts -- Draw 14. (Same-day Tape)	Lost "Maternity Leave"	MythBusters	Frasier	So Raven	Raymond	WGN News at Nine	WGN News at Nine
8 PM :30	Movie: "Getting Played" (2005) Camron Electra.	Deal or No Deal (N)	Divine Michelangelo (Part 2 of 2)	Monty Python	Deal or No Deal	Still	Crossing Jordan	George	Name Earl	Name Earl	SpongeBob		American Idol (N)	Daily Planet	American Idol (N)	8 Rules	One Tree Hill (N)	News	Becker
9 PM :30		Two Men King		Monty Python	Law & Order "Acid"	Criminal Minds (N)	Dog	Lost "Maternity Leave"	Family Guy	Family Guy	15/Love		MythBusters	Free Ride	Radio Free	Brotherly	Beauty and the Geek	Jimmy Kimmel Live (N)	Funnest Home Videos
10 PM :30	Movie: "Three to Tango" (1999)	The Shield	With Glowing Hearts	To Be Announced	Law & Order (N)	CSI: NY "Fare Game"	Dog	Barbara Walters	Falcon Beach (N)	News (Live)	My Family	NTRA Handicapping	CSI: NY	The Blasters	News	Popular	KTLA Prime News	Movie: "What Women Want" (2000) Mel Gibson.	Da Vinci's Inquest
11 PM :30		News	Scatterling	Charlie Rose (N)	News	News	Spying	News	News	Entertain	Inuyasha	SportsCentre (Live)	News	The Blasters	Sex & City	8 Rules	Sex & City	Friends	Michael Paré.

## Similkameen News Leader Community Calendar

### MARCH

- 4 - Keremeos Cawston Game Banquet, Victory Hall
- 4, 5, 6 - Mixed Curling Bonspiel, Princeton Curling Club
- 10 - Schools close for Spring Break
- 20 - Schools re-open
- 27 - PSS PAC Meeting, 7:00 PM
- 28 - Parent/Teacher Interviews, PSS, 6:00 - 8:00 PM

### APRIL

- 14 - Good Friday
- 16 - Chopaka Rodeo, Chopaka Rodeo Grounds
- 16 - Easter Fun Sunday, Don & Anna's, Keremeos
- 17 - Easter Monday
- 24 - PSS PAC Meeting, 7:00 PM
- 27 - PSS Family Fair

### MAY

- 6 - Stamp Mill Days, Hedley
- 12 - Bull-A-Rama, PXA Grounds, Princeton
- 13 - Keremeos Kruncher, Keremeos
- 13, 14 - Princeton Pro Rodeo, PXA Grounds
- 20 - Lawn Mower Races, Keremeos Rodeo Grounds
- 22 - Victoria Day
- 21, 22 - Keremeos Elks Rodeo, Keremeos
- 25-28 - Music Under the K, Keremeos
- 27 - PSS Graduation Ceremonies, 12 Noon, PSS
- 29 - PSS PAC Meeting, 7:00 PM

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!  
[ads@thenewsleader.ca](mailto:ads@thenewsleader.ca)

### Regular Meetings

- \* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- \* Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- \* Princeton Writers Group meets every second and fourth Thursday 7pm at Br 30 Sr Citizens Hall 162 Angela Avenue
- \* Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- \* PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- \* Hedley Library open 2-7pm Thursdays
- \* Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- \* Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- \* Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- \* Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- \* Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- \* Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- \* Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- \* Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- \* Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- \* Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- \* Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.
- \* Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- \* Princeton Area BEA meets the 3rd Thursday of the month. 7:00 PM, Skills Centre.

### thursday movies

#### MORNING

- 7:00 am WTBS (3) ★★½ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. (E)
- 10:00 am CITY (29) ★★½ "Witness" (1985, Crime Drama) Harrison Ford. A hunted Philadelphia detective moves in with an Amish widow and her murder-witness son. (E)
- 11:30 am A&E (9) ★★½ "Falling Down" (1993, Drama) Michael Douglas. A traffic jam helps push a stressed-out former defense worker to the breaking point and beyond. (E)

#### AFTERNOON

- 5:00 pm CITY (29) ★★ "Sweet Home Alabama" (2002, Comedy) Reese Witherspoon. A fashion designer returns to her backwater hometown to divorce her husband so that she can marry her wealthy fiancé. (In Stereo) (E)
- WGN (38) ★★ "Three Amigos!"

(1986, Comedy) Chevy Chase. Three bumbling silent-movie cowboy stars head to Mexico and become involved in a small town's battle against a tyrant. (E)

#### EVENING

- 6:00 pm WTBS (3) ★★ "Tommy Boy" (1995, Comedy) Chris Farley. A hefty underachiever becomes a traveling salesman to save his father's auto-parts company from financial ruin. (E)
- 8:00 pm KXLY (10) ★★ "Sweet Home Alabama" (2002, Comedy) Reese Witherspoon. A fashion designer returns to her backwater hometown to divorce her husband so that she can marry her wealthy fiancé. (In Stereo) (E)
- 8:10 pm WTBS (3) ★★½ "The Naked Gun: From the Files of Police Squad!" (1988, Comedy) Leslie Nielsen. A blundering Los Angeles detective and his boss foil a plan to assassinate Queen Elizabeth. (E)

### friday movies

#### MORNING

- 7:00 am WTBS (3) ★★ "Tommy Boy" (1995, Comedy) Chris Farley. A hefty underachiever becomes a traveling salesman to save his father's auto-parts company from financial ruin. (E)
- 10:00 am CITY (29) ★★ "Sweet Home Alabama" (2002, Comedy) Reese Witherspoon. A fashion designer returns to her backwater hometown to divorce her husband so that she can marry her wealthy fiancé. (E)

#### AFTERNOON

- 5:00 pm CITY (29) "Dragonwheel" (2002, Romance-Comedy) Krista MacDonald. An insecure band manager and a neurotic music lover find romance on a trip around the world. (E)
- WGN (38) ★★½ "Cop Land" (1997, Crime Drama) Sylvester Stallone. The sheriff of a small New Jersey police community confronts key men on both sides of a law-enforcement cover-up. (In Stereo) (E)

#### EVENING

- 6:00 pm WTBS (3) ★★ "Scary Movie 3" (2003, Comedy) (PA) Anna Faris. Premiere. An anchorwoman

investigates rumors about UFOs and a videotape that leads to deaths.

- 7:30 pm FAM (26) ★★ "The Even Stevens Movie" (2003, Comedy) Shia LaBeouf. Members of a family unwittingly appear on a reality-television show after the producer sends them to an island for a vacation.
- 7:45 pm WTBS (3) ★★½ "Little Nicky" (2000, Comedy) Adam Sandler. The devil's kindhearted son is sent to retrieve his two evil brothers before they raise hell on Earth. (E)
- 9:04 pm FAM (26) ★★ "I Do, They Don't" (2005, Comedy) Josie Bisset. Premiere. Two single parents marry on a whim and try to merge their eight reluctant children into one family.
- 10:06 pm CITY (29) "Prelude to Love" (1995, Adult) Ashlie Rhey. When a man and a woman inherit a modeling agency, their battling masks an undeniable attraction.
- 10:33 pm FAM (26) ★★½ "The Rich Man's Wife" (1996, Suspense) Halle Berry. The unhappy wife of a wealthy television executive meets a sinister stranger with a murderous proposition.

## Horoscopes

March 1 - 7, 2006

**Aries** - This week, you do some serious deep thinking and you talk about serious issues. A sibling may be in trouble. Check vehicle before taking trip - problems are indicated.

**Taurus** - Continue to be conservative about spending. Plans are disrupted as week begins. Government, insurance, taxes - all may hold a surprise for you. Enjoy weekend, make plans.

**Gemini** - Career may turn into chaos as week begins. Travel, education run smoothly. You may feel like keeping silent. Don't bottle up anger. Speak calmly. Drive carefully.

**Cancer** - This month begins with sudden need to travel or to learn more. You could have sudden inspiration or insight, one of those "Aha!" experiences. Money picture continues tight.

**Leo** - Do some solid planning for the future this week. Week begins with unexpected problems with taxes, insurance, investments. Job runs smoothly, health is good. Be patient.

**Virgo** - Week begins with problems with mate, partner, friends, surprising events. Best relationship is with sibling. Career demands planning for future action. Health and job improve.

**Libra** - Watch out for accidents. Think safety first as week begins. Driving can be dangerous. Travel is restricted, education demands hard work. Message from sibling upsets.

**Scorpio** - Events dealing with children are startling, upsetting as week begins. Work on taxes, insurance, investments. News about finances requires review of situation. Stay calm.

**Sagittarius** - Be extremely cautious about accidents around home. Do not take any risks, especially when driving. Stay close to home area. Angry partner needs calm response.

**Capricorn** - News from sibling, neighbour, shocks you. Drive very carefully, watch out for vehicle problems. Planning goes well, money situation improves after weekend. Guard health.

**Aquarius** - Money situation needs sorting this week. Career brings benefits. Do financial planning to make permanent changes. Keep kids, friends silent unless they share plans.

**Pisces** - You begin week with new ideas, and maybe you are a little rattled. Health and job matters must be taken seriously. Do choose your words carefully or you make matters worse. Chill!

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## Similkameen News Leader Recipe Corner (Recipe #104)

### Garden Extravaganza Fusilli

(NC)—Here's a delicious way to infuse the nutritious value of whole grains into our daily meals, courtesy of Healthy Harvest Pasta and wholegrainpasta.ca:

#### Ingredients

- 375 g Catelli Healthy Harvest
- Multigrain Fusilli
- 60 mL olive oil (1/4 cup)
- 1 leek, white part only, julienned
- 1 carrot, julienned
- 1 beet, peeled and julienned
- 1 red bell pepper, in thin strips
- 1 yellow zucchini, in strips
- 1 bag fresh spinach, stems (171 g) removed
- 250 mL fresh grated Parmesan (1 cup)
- To taste salt and fresh ground pepper
- To taste fresh parsley, chopped

**Instructions:** Cook fusilli according to package directions; set aside. In a skillet, warm 30 mL (2 tbsp) olive oil; sauté leek, carrot, beet, red pepper and zucchini 2-3 minutes. Add spinach, fusilli, remaining olive oil, 125 mL (1/2 cup) Parmesan, salt and pepper, mixing well. Serve sprinkled with remaining Parmesan and chopped fresh parsley.

**Preparation:** 20 minutes, **Cooking:** 15 minutes, **Servings:** 4 to 6

- News Canada

If you have a favourite recipe you would like to share,  
contact us for details!

226A Bridge Street, Princeton

www.theNewsLeader.ca

THURSDAY, MARCH 2, 2006

TV schedule table for Thursday, March 2, 2006. Columns include time slots (6 AM to 11:30 PM) and channels (WTBS 3 to WGN 38). Programs listed include Dawson's Creek, News, Life Today, Doctor Who, and various news and entertainment shows.

FRIDAY, MARCH 3, 2006

TV schedule table for Friday, March 3, 2006. Columns include time slots (6 AM to 11:30 PM) and channels (WTBS 3 to WGN 38). Programs listed include Dawson's Creek, News, Life Today, Doctor Who, and various news and entertainment shows.

# saturday movies

### MORNING

**7:00 am WTBS (3)** ★★½ "Boat Trip" (2003, Comedy) Cuba Gooding Jr. Two skirt-chasing buddies discover too late that their travel agent has booked them on an all-gay cruise. [E]

**9:00 am WTBS (3)** ★★ "Blast From the Past" (1999, Comedy) Brendan Fraser. A young man experiences culture shock as he navigates 1998 suburbia after spending his whole life in a bomb shelter. [E] (DVS)

**A&E (9)** ★★½ "Lean on Me" (1989, Docudrama) Morgan Freeman. Principal Joe Clark goes to bat against drugs, crime and bad grades in his Paterson, N.J., high school. [E]

**11:00 am A&E (9)** ★★½ "A River Runs Through It" (1992, Drama) Craig Sheffer. Fly fishing and Oscar-winning cinematography frame this account of Norman Maclean's relationship with his brother. [E]

**11:15 am WTBS (3)** ★★½ "A Night at the Roxbury" (1998, Comedy) Will Ferrell. Two sorry siblings dance their way through the Los Angeles

club scene while trying to open up their own establishment. [E]

### AFTERNOON

**12:00 pm FAM (26)** ★★ "Father and Scout" (1994, Comedy-Drama) Bob Saget. A man gets a chance to demonstrate his total lack of athleticism when he joins his son on a weekend camping trip. [E]

**1:00 pm WTBS (3)** ★★ "Ace Ventura: Pet Detective" (1994, Comedy) Jim Carrey. A bungling gumshoe uncovers more than just a simple kidnapping when he searches for the Miami Dolphins' missing mascot. [E]

**1:34 pm FAM (26)** ★★½ "Tiger Cruise" (2004, Drama) Hayden Panettiere. Terrorists strike on Sept. 11, 2001, while a teenager is visiting her father aboard the USS Constellation. [E]

**3:00 pm WTBS (3)** ★★ "Road Trip" (2000, Comedy) Tom Green. Four college buddies take time out to party as they travel from New York to Texas to retrieve an incriminating video. [E]

**4:00 pm YTV (18)** "Balto III: Wings of Change" (2004, Adventure) Voices of Sean Astin. Animated. Sled dogs and mushers challenge a pilot to a race when it appears that they will lose their mail duties. (In Stereo) [E] **KTLA (27)** ★★½ "101 Dalmatians" (1996, Adventure) Voices of Glenn Close. Animated. London fashion maven Cruella DeVil steals pups for her newest creation, a Dalmatian coat. (In Stereo) [E]

**5:00 pm WTBS (3)** ★★ "Scary Movie 3" (2003, Comedy) (PA) Anna Faris. An anchorwoman investigates rumors about UFOs and a videotape that leads to deaths.

**A&E (9)** ★★ "Windtalkers" (2002, War) Nicolas Cage. In World War II, a Marine protects a Navaho recruit who transmits messages in his native tongue, confounding Japanese code-breakers. [E]

### EVENING

**6:00 pm CITY (29)** ★★½ "Adaptation." (2002, Comedy-Drama) Nicolas Cage. Premiere. A screenwriter asks his identical twin, who is in the same profession, for advice on a story about a serial killer. [E]

**6:45 pm WTBS (3)** ★★ "Scream 3" (2000, Horror) (PA) David Arquette. Murders draw a young

woman, a reporter and an ex-policeman to the set of a movie inspired by horrific events that they survived. [E]

**8:00 pm KREM (8)** ★★ "Panic Room" (2002, Suspense) Jodie Foster. A single woman and her daughter must play a cat-and-mouse game after three thieves invade their New York brownstone. (In Stereo) [E]

**KXLY (10)** ★★½ "A Beautiful Mind" (2001, Biography) Russell Crowe. Math prodigy John Forbes Nash Jr. suffers from paranoid schizophrenia but becomes a Nobel laureate late in life. (In Stereo) [E]

**8:45 pm WTBS (3)** ★★ "Ace Ventura: Pet Detective" (1994, Comedy) Jim Carrey. A bungling gumshoe uncovers more than just a simple kidnapping when he searches for the Miami Dolphins' missing mascot. [E]

**9:00 pm KNOW (5)** "Ghost in the Machine" (1988, Mystery) John Thaw. Inspector Morse is called in when a British lord's strange death follows the theft of several valuable paintings.

**A&E (9)** ★★ "Windtalkers" (2002, War) Nicolas Cage. In World War II, a Marine protects a Navaho recruit who transmits messages in his native tongue, confounding Japanese code-breakers. [E]

**YTV (18)** ★★ "Pretty in Pink"

(1986, Drama) Molly Ringwald. A teenager worries that her low-income roots might affect her budding relationship with a wealthy classmate. (In Stereo) [E]

**FAM (26)** ★★ "Miami Rhapsody" (1995, Comedy) Sarah Jessica Parker. Premiere. An engaged woman has second thoughts about marriage after illicit affairs consume every member of her immediate family.

**9:30 pm CITY (29)** ★ "Showgirls" (1995, Drama) Elizabeth Berkley. A dancer becomes understudy in a Las Vegas show, sleeps with the boss and pushes the star down a flight of stairs. [E]

**WGN (38)** ★★½ "Cop Land" (1997, Crime Drama) Sylvester Stallone. The sheriff of a small New Jersey police community confronts key men on both sides of a law-enforcement cover-up. (In Stereo) [E]

**10:45 pm WTBS (3)** ★★½ "A Night at the Roxbury" (1998, Comedy) Will Ferrell. Two sorry siblings dance their way through the Los Angeles club scene while trying to open up their own establishment. [E]

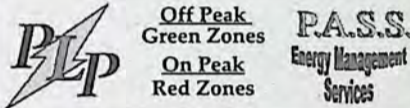
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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Big Society Zone 11:00 PM to 12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 12:00 AM to 1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 1:00 AM to 2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 2:00 AM to 3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 3:00 AM to 4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 4:00 AM to 5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 5:00 AM to 6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 6:00 AM to 7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 7:00 AM to 8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 8:00 AM to 9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 9:00 AM to 10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 10:00 AM to 11:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 11:00 AM to 12:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 12:00 PM to 1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 1:00 PM to 2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 2:00 PM to 3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 3:00 PM to 4:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 4:00 PM to 5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 5:00 PM to 6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 6:00 PM to 7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 7:00 PM to 8:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 8:00 PM to 9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 9:00 PM to 10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 10:00 PM to 11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
Big Society Zone 11:00 PM to 12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

# sunday movies

### MORNING

**7:15 am WTBS (3)** ★★ "Naked Gun 33 1/3: The Final Insult" (1994, Comedy) Leslie Nielsen. Lieutenant Frank Drebin is coaxed out of retirement to nail a terrorist. Based on the "Police Squad" TV series. [E]

**9:00 am A&E (9)** ★★½ "Shakespeare in Love" (1998, Romance-Comedy) Joseph Fiennes. Young William Shakespeare falls for Viola, reawakening his creativity, but she is betrothed to Wessex. [E]

**9:15 am WTBS (3)** ★★½ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend. [E]

**10:00 am WGN (38)** ★★½ "Glengarry Glen Ross" (1992, Drama) Al Pacino. Underhanded real estate salesmen sink to varying levels of deceit in order to sell their dubious properties. (In Stereo) [E]

**11:15 am WTBS (3)** ★★½ "Orange County" (2002, Comedy) Colin Hanks. A high schooler tries to fix a

mistake after his guidance counselor sends the wrong papers to Stanford University. [E]

### AFTERNOON

**12:00 pm FAM (26)** ★★½ "Theodore Rex" (1996, Comedy-Drama) Whoopi Goldberg. A murder involves a smart-aleck detective with talking dinosaurs brought back by genetic science in the near future.

**1:00 pm WTBS (3)** ★★ "Road Trip" (2000, Comedy) Tom Green. Four college buddies take time out to party as they travel from New York to Texas to retrieve an incriminating video. [E]

**KTLA (27)** ★★ "Top Gun" (1986, Adventure) Tom Cruise. A hot-shot Navy jet pilot tangles with MiGs and flirts with a civilian astrophysicist. (In Stereo) [E]

**1:32 pm FAM (26)** ★★½ "Fly Away Home" (1996, Drama) Jeff Daniels. A Canadian sculptor's young daughter must lead the geese she raised from birth on a migratory flight to North Carolina.

**3:00 pm WTBS (3)** ★★ "Scream 3" (2000, Horror) (PA) David

Arquette. Murders draw a young woman, a reporter and an ex-policeman to the set of a movie inspired by horrific events that they survived. [E]

**4:00 pm YTV (18)** "Sabrina, Down Under" (1999, Adventure) Melissa Joan Hart. Sabrina and her best friend take a trip to Australia to try to save marine mammals from pollution. (In Stereo) [E]

**4:30 pm CITY (29)** ★★ "Bad Boys II" (2003, Action) (PA) Martin Lawrence. Premiere. Two detectives uncover a conspiracy involving a drug kingpin while trying to stop the trafficking of Ecstasy in Miami. (In Stereo) [E]

**5:00 pm WTBS (3)** ★★ "Scary Movie 3" (2003, Comedy) (PA) Anna Faris. An anchorwoman investigates rumors about UFOs and a videotape that leads to deaths.

**EVENING**

**6:00 pm YTV (18)** ★★½ "The Goonies" (1985, Adventure) Sean Astin. Coastal Oregon kids follow the treasure map of pirate One-Eyed Willie past his deadly traps to gold. (In Stereo) [E]

**6:45 pm WTBS (3)** ★★ "Scary Movie 3" (2003, Comedy) (PA) Anna Faris. An anchorwoman investigates rumors about UFOs and a videotape that leads to deaths.

**7:30 pm FOX (25)** ★★ "Bad Boys II"

(2003, Action) (PA) Martin Lawrence. Premiere. Two detectives uncover a conspiracy involving a drug kingpin while trying to stop the trafficking of Ecstasy in Miami. (In Stereo) [E]

**KTLA (27)** ★★ "8 Mile" (2002, Drama) Eminem. Living with his destitute mother, a young man in Detroit tries to overcome obstacles and achieve success as a rapper. (In Stereo) [E]

**8:30 pm WTBS (3)** ★★½ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend. [E]

**9:00 pm FAM (26)** ★★ "White Squall" (1996, Drama) Jeff Bridges. A ship's captain finds his reputation called into question after he and his teenage students encounter tragedy at sea. [E]

**10:30 pm WTBS (3)** ★★½ "Orange County" (2002, Comedy) Colin Hanks. A high schooler tries to fix a mistake after his guidance counselor sends the wrong papers to Stanford University. [E]

**10:32 pm FAM (26)** ★★ "Airplane II: The Sequel" (1982, Comedy) Robert Hays. A commercial space-shuttle company attempts to keep a pilot from disclosing the craft's technical problems.

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SATURDAY, MARCH 4, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	XCUB Storyline	News (4)	(Off Air)	Globe Trekker (4)	(5:00) Today (4)	Saturday Early Show	Ask This	Good Morning America	Pioneers Room	Design Room	Monster Mona	SportsCentre (4)	OWLTV Kingdom	Machines	Paid Prog.	Spider-Man	Paid Prog.	Indo	Paid Prog.
7 AM :30	Movie: "Boat Trip" (2003)	Body	BluesClues	MotorWeek	News	LazyTown	Old House	Good Morning Northwest	News (Live) (4)	News (Live) (4)	Krypto	Fishing	Katie-Orble	Death Camp	DoReMi	Robot	TBA	Eye on Asla	Paid Prog.
8 AM :30	Cuba Gooding Jr. (4)	Powerboat	George S.	Router		Backyard	Airline (4)	Saturday			Yu-Gi-Oh!	SnowTrax	Good Morning Canada (4)	Mayday (4)	Bratz (N)	Suite Life	Viewtiful	Polish Studio (4)	Paid Prog.
9 AM :30	Movie: "Blast From the Past" (1999) (DVS)	Homes TV	Arthur (4)	Workshop		College Basketball: Big Ten - Morgan Freeman.	Movie: "Lean on Me" (1989)	Proud		Driving TV	Tn-Titans	Bowling: 5-Pin		Canadian Geographic	Winx Club	So Raven	XiaoLin	Arts	Hap Days
10 AM :30	Desi Doordarshan (4)	Jakers	Ask This	Gymnastics: American Cup. From Philadelphia.		College Basketball: Louisville at Connecticut	Movie: "A River Runs Through It" (1992)	Suite Life	GetUpGrow	Caitlin	Beyblade	NBA Basketball: Toronto Raptors at New Jersey Nets. (Live)	Nature	How-Made	Sonic X (N)	Even	Pokémon	in Fashion	Moesha
11 AM :30	Movie: "A Night at the Roxbury" (1998) (4)	Eagle Communications	Macphee	Chefs		College Basketball: River Runs Through It" (1992)	Movie: "A River Runs Through It" (1992)	Lilo Stitch	Antique	Sled Trails			Daily Planet (4)	Mayday (4)	Animal Atl	School	Johnny T	Hollywood	MLB Preseason Baseball:
12 PM :30	PGA Golf: Ford Champions	Router	Lidias	PGA Golf: Ford Champions		College Basketball: Regional Coverage	Spying	Home Imp.	News (Live) (4)	Will-Grace	Pokémon		Get Out	Machines	Paid Prog.	Movie: "Father and Scout" (1994)	Libertys	Chum Chart (4)	Arizona Diamondbacks at Chicago White Sox.
1 PM :30	Movie: "Ace Ventura: Pet Detective" (1994) (4)	hip at Doral -- Third Round. (Live) (4)	Dotto Tech	Painting	hip at Doral -- Third Round. (Live) (4)	College Basketball: Regional Coverage	Spying	To Be Announced	Ski	70s Show	Cybertron	CIS Final	Eagle	American Chopper (4)	Will-Grace	Movie: "Tiger Cruise" (2004, Drama)	Sabrina	Lifetime Achievement Award: George Lucas	Farscape "Family Ties"
2 PM :30	Movie: "Road Trip" (2000) Tom Green. (4)	Summit	Dora	Food	Time Warp	Discover	American Justice	NBA Acc	Just Shoot	Simpsons	Flamingo	SportsCentre (Live) (4)	Tele of Two Whales	How-Made	Farscape "Family Ties"	Smart Guy	Smallville "Extinction"	News (4)	Arena Paintball
3 PM :30	Movie: "Scary Movie 3" (2003) (PA)	Beauty	Rolie Polle	PC World's	Trading	ER (4)	City Confidential (4)	Joel Segel Academy	Simpsons	Simpsons	Movie: "Balto III: Wings of Change" (2004) (4)	Fight Sports Knockouts!	Sue Thomas: F.B. Eye	Greatest Ever... (4)	Star Trek: Enterprise	Suite Life	Movie: "101 Dalmatians" (1996, Adventure)	MovieTV	Circle of Care: Living
4 PM :30	Movie: "Scary Movie 3" (2003) (PA)	Marriage	Jakers	Travels	Darcy				Simpsons	News (4)	Legends	Prank Ptr	Wife Swap (N) (4)	MythBusters (4)	Alias "Trust Me" (4)	Maggie	Friends	Nicolas Cage. Premiere.	WGN News at Nine
5 PM :30	Movie: "Scary Movie 3" (2003) (PA)	News (4)	George S.	Summer	News	News	Movie: "Windtalkers" (2002, War)	News (4)	Simpsons	News (4)	Legends	Prank Ptr	Boxing: Friday Night Fights. (Taped)	News (4)	Deadliest Catch (4)	Simpsons	Naturally	Blind Date	Movie: "Adaptation." (2002)
6 PM :30	Movie: "Scream 3" (2000) (PA)	2nd Chnce	Artists' Specials: Monet	Lawrence Welk Show	News	News	Nicolas Cage, Adam Beach. (4)	News	News	Legends	Zixx: Level		News (4)	Deadliest Catch (4)	Simpsons	Naturally	Blind Date	Movie: "Adaptation." (2002)	
7 PM :30	Movie: "Scream 3" (2000) (PA)	2nd Chnce	Artists' Specials: Monet	Lawrence Welk Show	News	News	Nicolas Cage, Adam Beach. (4)	News	News	Legends	Zixx: Level		News (4)	Deadliest Catch (4)	Simpsons	Naturally	Blind Date	Movie: "Adaptation." (2002)	
8 PM :30	Movie: "Scary Movie 3" (2000) (PA)	2nd Chnce	Artists' Specials: Monet	Lawrence Welk Show	News	News	Nicolas Cage, Adam Beach. (4)	News	News	Legends	Zixx: Level		News (4)	Deadliest Catch (4)	Simpsons	Naturally	Blind Date	Movie: "Adaptation." (2002)	
9 PM :30	Movie: "Scary Movie 3" (2000) (PA)	2nd Chnce	Artists' Specials: Monet	Lawrence Welk Show	News	News	Nicolas Cage, Adam Beach. (4)	News	News	Legends	Zixx: Level		News (4)	Deadliest Catch (4)	Simpsons	Naturally	Blind Date	Movie: "Adaptation." (2002)	
10 PM :30	Movie: "Scary Movie 3" (2000) (PA)	2nd Chnce	Artists' Specials: Monet	Lawrence Welk Show	News	News	Nicolas Cage, Adam Beach. (4)	News	News	Legends	Zixx: Level		News (4)	Deadliest Catch (4)	Simpsons	Naturally	Blind Date	Movie: "Adaptation." (2002)	
11 PM :30	Movie: "Scary Movie 3" (2000) (PA)	2nd Chnce	Artists' Specials: Monet	Lawrence Welk Show	News	News	Nicolas Cage, Adam Beach. (4)	News	News	Legends	Zixx: Level		News (4)	Deadliest Catch (4)	Simpsons	Naturally	Blind Date	Movie: "Adaptation." (2002)	

SUNDAY, MARCH 5, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	"Batman Forever" (PA)	Body	(Off Air)	Noddy	Today (4)	Discover	Breakfast With the Arts	Good Morning America	Pioneers	Fishin	Monster	SportsCentre (4)	Acorn	Dirty Jobs	Hour of Power (4)	Spider-Man	Pacesetter	Mix TV	Feed
7 AM :30	Movie: "Naked" (7:15)	In Touch	BluesClues	Bob Build	Flight 29	CBS News Sunday Morning	24 (4)	News (4)	Quebec	Canada	Winx Club	Reporters	Good Morning Canada (4)	The Blasters	Libertys	Robot	Amazing	Eye on Asla	Paid Prog.
8 AM :30	Gun 33 1/3: The Final Insult	Van Impe	George S.	Jakers	Meet the Press (4)	24 (4)			Canada	Is Written	Mew Mew	Reporters	Good Morning Canada (4)	The Blasters	Business	W.I.T.C.H.	Bellevue	Eye-Asla	Hillbillies
9 AM :30	Movie: "Son-In-Law" (1993)	Listen Up	Arthur (4)	Maya	Arena Football: Desperados at Rush or Avengers at Predators	College Basketball: MVC Final -	Movie: "Shakespeare in Love" (1998)	Matthews	Hour of Power (4)	Hour of Power (4)	Jane	Series of Poker	Travel	The Blasters	FOX News Sunday	Suite Life	Feed	J. Osteen	Festival Italiano di Johnny Lombardi (in Italian)
10 AM :30	Pauly Shore. (4)	Desi Doordarshan (4)	Jakers	College		College Basketball: MVC Final -	Joseph Fiennes. (4)	NBA Basketball: Pacers at 76ers or Kings at Wizards	Driving TV	Countertop	SpongeBob	Pepsi Championship	Eagle	China's Wall of Doom	Columbia	Even	Shook	Movie: "Ghengary Glen Ross" (1992) Al Pacino.	
11 AM :30	Movie: "Orange County" (2002)	Countertop	Swap TV	Foreign	Predators	College Basketball: MVC Final -	Spying	News (Live) (4)	Hour of Power (4)	Canadian Poker	Jacob	Series of Poker	Question Period (4)	The Blasters	NASCAR Racing: Busch	School	Paid Prog.	Chum Chart (4)	MLB Preseason Baseball: San Francisco Giants at Chicago Cubs. (4)
12 PM :30	Colin Hanks.	PGA Golf: Ford Champions	Outta Town	NOW (N)	PGA Golf: Ford Champions	News (Live) (4)	News (Live) (4)	News (Live) (4)	News (Live) (4)	PGA Golf: Ford Champions	Winx Club	University Volleyball: CIS Final - Teams TBA.	W-FIVE (4)	Beyond Tomorrow (4)	Series - Telcel-Motorola 200. (Live) (4)	Movie: "Theodore Rex" (1996)	Sabrina	Celebrity Poker Showdown	
1 PM :30	Movie: "Road Trip" (2000) Tom Green. (4)	hip at Doral -- Final Round. (Live) (4)	Artists' Specials: Monet	Windsor Castle	hip at Doral -- Final Round. (Live) (4)	College Basketball: Oklahoma at Texas. (4)	Design	Phoenix Suns at Dallas Mavericks. (Live) (4)	Countertop	Canadian Poker	Winx Club	University Volleyball: CIS Final - Teams TBA.	W-FIVE (4)	Beyond Tomorrow (4)	Series - Telcel-Motorola 200. (Live) (4)	Movie: "Fly Away Home" (1996)	Sabrina	Celebrity Poker Showdown	
2 PM :30	Movie: "Scary Movie 3" (2003) (PA)	Knockout	BluesClues	Boys of Kevin High (4)	CSI: Crime Scn	Discover	Flip This House (4)	ABC News	Countertop	70s Show	Top 10	SportsCentre (Live) (4)	MythBusters (4)	Ult Poker Chal.	Smart Guy	Live From the Academy Awards	Red Carpet: 2006 Academy Awards	Live From the Academy Awards	
3 PM :30	Movie: "Scary Movie 3" (2003) (PA)	Knockout	BluesClues	Boys of Kevin High (4)	CSI: Crime Scn	Discover	Flip This House (4)	ABC News	Countertop	70s Show	Top 10	SportsCentre (Live) (4)	MythBusters (4)	Ult Poker Chal.	Smart Guy	Live From the Academy Awards	Red Carpet: 2006 Academy Awards	Live From the Academy Awards	
4 PM :30	David Arquette.	Myster Ink	Rolie Polle		CSI: Crime Scn	ER "A Bloody Mess"	24 (4)	Oscar	Heart-City	Simpsons	Global	Westminster Kennel Club Dog Show: "Opening Night" (Taped)	Oscar	Red Carpet	Columbia	Suite Life	Friends	Movie: "Bad Boys II" (2003) (PA) Martin Lawrence. Premiere.	24 (4)
5 PM :30	Movie: "Scary Movie 3" (2003) (PA)	News (4)	George S.		News	Little Bill	24 (4)	The 78th Annual Academy Awards (Live) (4)	Simpsons	News (4)	House	Movie: "The Goonies" (1985)	The 78th Annual Academy Awards (Live) (4)	Anatomy of a Tiger Bite	HomeTeam	Maggie	Charmed (4)	Movie: "White Squall" (1996) (4)	KTLA Prime News (4)
6 PM :30	Movie: "Scary Movie 3" (2003) (PA)	Entert'nt	Heartbeat (4)	Andre Rieu: The Flying Dutchman (4)	News	News	Dog	Dog	News (Live) (4)	Makeover: Home	Movie: "The Goonies" (1985)	SportsCentre (Live) (4)	MythBusters (4)	Malcolm	So Raven	Reba (4)	MovieTV	WGN News	
7 PM :30	Movie: "Scary Movie 3" (2003) (PA)	Dateline NBC (4)	National Geographic		Dateline NBC (4)	60 Minutes (4)	Dog	Dog	Malcolm King of Hill	Makeover: Home	Sean Astin, Josh Brolin. (4)		MythBusters (4)	Malcolm	So Raven	Reba (4)	MovieTV	WGN News	
8 PM :30	Anna Faris.	The Royal "All at Sea" (DVS)		Masterpiece Theatre (4)	Criminal Minds (4)	CSI: Miami (4)	An Evening at the Academy Awards: The Winners		Simpsons	Simpsons			Red Carpet	Malcolm	So Raven	Reba (4)	MovieTV	WGN News	
9 PM :30	Movie: "Son-In-Law" (1993)	Makeover: Home	Rosemary and Thyme		Law Order: CI	Cold Case (4)	24 (4)	Academy Awards: The Winners	Family Guy	Family Guy	Prank Ptr	Motorcycle	Anatomy of a Tiger Bite	Malcolm	So Raven	Reba (4)	MovieTV	WGN News	
10 PM :30	Pauly Shore. (4)	King	Return	Six Wives	Crossing Jordan (4)	CSI: Crime Scn	Dog	Dog	Crossing Jordan (4)	News (4)	Mystery	Series of Poker	Anatomy of a Tiger Bite	Malcolm	So Raven	Reba (4)	MovieTV	WGN News	
11 PM :30	Movie: "Orange County" (2002) (4)	News (4)	Edge		News (4)	News	Dog	Dog	Peter	My Family	Bob	SportsCentre (Live) (4)	News (4)	MythBusters (4)	24 (4)	Movie: "Mermaids" (1996)	Will-Grace	Blind Date	

MONDAY, MARCH 6, 2006

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows of program listings.

monday movies

MORNING

7:00 am WTBS (3) ★★ "Naked Gun 33 1/3: The Final Insult" (1994, Comedy) Leslie Nielsen, Lieutenant Frank Drebin is coaxed out of retirement to nail a terrorist. Based on the "Police Squad" TV series. [E]

10:06 pm CITY (29) ★★ "The League of Extraordinary Gentlemen" (2003, Fantasy) Sean Connery, Allan Quatermain, Capt. Nemo, Dorian Gray, Dr. Jekyll, Tom Sawyer and others unite to stop a mad bomber. [E]

EVENING

6:00 pm CITY (29) ★★ "The League of Extraordinary Gentlemen" (2003, Fantasy) Sean Connery, Premiere. Allan Quatermain, Capt. Nemo, Dorian Gray, Dr. Jekyll, Tom Sawyer and others unite to stop a mad bomber. [E]

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Word search grid containing letters for finding words related to sledging and racing.

LET'S TALK ABOUT "DOGSLED RACING"

- SLED DOG RUNNERS TRACES HARNESS COURSE
TRAIL RACING EVENTS SNOW COLD CHAMPION
WINNER TROPHY SPECTATORS CONCESSION FUN OVERTURN
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Let's Play Princeton Trivia!

Question:

What was on Friday, October 20, 1939 in the Orange Hall featuring the Knights o' Rhythm Orchestra?

Last Week:

The Sports Scores from June 1929 that detailed results of games between Copper Mountain, Princeton, Blakeburn and Merritt were Football scores!

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



### obituary

### obituary

### for sale

### Robert (Bob) William Arthur Dunn

January 12, 1933 - February 16, 2006

Bob passed away at Princeton General Hospital on February 16, 2006. Bob was born in Brandon, Manitoba on January 12, 1933 and moved to Princeton with his wife Lillian in September of 1956. Bob worked briefly for Jenkins Motors before going into business with his Uncle Tom Hancox. They started the BA Service, which became the Gulf Service Station. Upon retirement from the service station he worked briefly for R. A. Lind Logging before going to work at Mac's Auto Parts. Bob spent 33 years in the Princeton Volunteer Fire Department from 1965 to 1993, and was Fire Commissioner for the Town of Princeton from 1979 to 1993. He was voted Citizen of the Year in 1992 by the Princeton Chamber of Commerce. Bob leaves behind his wife Lillian of 52 years; 4 children, Heather (Hugh), Valerie (Gordon), Rob (Sandy) and Gary (Valerie); 4 grandchildren, Alissa (Shayraz), Jennifer, Dustin and Michael. A celebration of life will be held Friday, March 3, 2006 at the Legion Hall at 1:00 PM. Luncheon to follow.

### WOOD PELLET SALES & DELIVERY

Call  
**Princeton Rentals**  
(250) 295-6545

### card of thanks

The Dunn/Johnson families would like to say a very special thank you to Dr. Douglas Reid and Dr. John Bosomworth. Special thanks also to the Home Care Nurses: Marlyn, Peter, Dorothy and Gayle and to all the wonderful Nurses and Staff at Princeton General Hospital for the care given to Bob.

The family of Ross Tidsbury would like to extend a special Thank You to the management and staff and fellow employees of Princeton Weyerhaeuser for all their help and kindness. Thank you as well to Ross' friends for their support over the years. You have no idea how grateful I am. Thank you!  
- Anne Bertrand

### notices

Seeking information on the whereabouts of the old blue Hayes cabover tractor that was parked at the hay farm on the South side of Highway 3, 5km East of Princeton. Last confirmed sighting was mid-1980's. Call Ross COLLECT (604) 941-9276. Feb 21-Mar 7

**RIDGEWOOD LODGE**  
Are you a Long Term Care-Aide looking for casual work in the Princeton area? If so please contact Jan Goss (Manager Ridgewood Lodge) at (250) 295-4430 for information.  
Feb 14-Mar 7

### IMPROVE YOUR JOB SEARCH TECHNIQUES

**Job Finding Club is offering 3 weeks of job search training in Kamloops at WorkZone starting Monday, March 20.**

**This is a free service.**  
For information call 490-9380  
[www.jobfindingclub.com](http://www.jobfindingclub.com)

The Government of Canada has contributed funding to this initiative.

### notice

### WANTED TO BUY

PRE-OWNED RIFLES.  
FOR MORE  
INFORMATION CALL RON  
AT PRINCETON  
OUTDOOR SUPPLY  
295-0450 OR 295-0319

### services

### Gel Tax

Tax Preparation  
E-Filing  
295-3196 Apr 30

### for sale

1996 F-250 Ext-Cab. Diesel, 4x4. Well-maintained. \$11,500.00 OBO.  
1995 Jeep YJ SE. New tires, CD Player. \$5,000.00 OBO. Call (250) 295-6949. Feb 14-Mar 7

Cement mixer. \$200.00. To view call (250) 295-0608. Feb 28-Feb

1998 Ford F-150 Super Cab. 3-door Lariat. Fully-loaded. Power drivers seat, leather, PW, PD, AC, matching canopy. In excellent condition. NO GST! \$12,000.00 OBO. (250) 295-7334. Feb 14-28

### wanted

Fiddle teacher needed. New player, have fiddle - need teacher. Nothing serious, just for fun! (250) 295-7555. Feb 28-Mar 14

Princeton Childcare Services is in the process of adding items to their loan cupboard and is in need of cribs, mattresses, high chairs, play pens, strollers, toddlers exercisers, etc. Also infant to toddlers clothing and toys are needed. Please call (250) 295-3126 and ask for April or Penny. Feb 14-Mar 14

### notices

### NOTICE OF EXCLUSION APPLICATION REGARDING LAND IN THE AGRICULTURAL LAND RESERVE

I, ELI WONG (LEE) of Princeton Castle Resort, RR1, S1, C10, Princeton, BC V0X 1W0 intend on making an application pursuant to Section 30(1) of the Agricultural Land Commission Act to exclude from the Agricultural Land Reserve the following properties which are legally described as:  
- Lot A, DL 2137, Plan 25098, located at 368 Rainbow Lake Road  
- Lot A, DL 932, 1525, 2137, KDYD Plan 28225 located at 375 Rainbow Lake Road  
- Lot 1, DL 2137, KDYD Plan 6953, located at 395 Rainbow Lake Road  
- Lot B, DL 2137, KDYD Plan 25098, located at 396 Rainbow Lake Road  
- DL 2137, Plan B3291, KDYD except Plan 6953, 16938, 25098, 27558 & 28225, located at 400 Rainbow Lake Road.

Any person wishing to express an interest in the application may do so by forwarding their comments in writing to, Regional District Okanagan Similkameen, 101 Martin Street, Penticton, BC V2A 5J9 by March 15, 2006. Feb 28 Mar 7

### services

### TIN MAN

METAL ROOFING  
Sales • Installations

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**1-888-647-3377**

Jul 06-tfn

### help wanted

### COMPUTER TRAINING

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- Publisher
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Over 180 Lessons!

### ACADEMY OF LEARNING

LOCAL CALL 310-JOBS (5627)

Experienced housekeeper required at Sandman Inn, Princeton. Please apply in person with resume and references. See Darlene or Bob. Feb 14-Mar 7

Looking for cooks with minimum experience. Will train. Apply in person with resume, Mikado Japanese Restaurant during regular business hours. Feb 21-Mar 7

### found

Ladies prescription glasses, behind Princeton Hospital. Found in mid-February. Call to claim by identifying. (250) 295-6964.

### for rent

Clean, comfortable kitchen units. Weekly or monthly. (250) 295-3237. Jan 10-Feb (MC)

Large 2-bedroom house on 3rd Bench. Damage Deposit/References required. \$650.00/month. (250) 295-0305. Feb 28

Nice, quiet 1-bedroom apartment near town. No pets, responsible adult only. Utilities plus more included. (250) 295-3691 or 295-7905. Feb 28-Feb

56 Kenley Avenue Residential or Business, bottom suite, two rooms (can be used as offices or bedrooms), kitchen with fridge, stove, microwave. Partially furnished. No pets, no smoking. To view phone (250) 295-3126 (Princeton Childcare Services Society). \$625.00 per month, includes utilities. References and damage deposit required. Feb 28-Mar 21

### card of thanks

### card of thanks

We would like to thank everyone for the warm expressions of sympathy in the loss of "Dad" (Ed Cook). We were overwhelmed with the beautiful flower arrangements, cards, fruit basket, donations made in his honour to Princeton General Hospital and Ridgewood Lodge Foundation, the many phone calls and words expressed on the street. They were all very much appreciated. We would also like to sincerely thank the staff at Ridgewood Lodge. The wonderful care, compassion and love makes you all very special people. We, as a community, are so lucky to have such a first class facility. We do not know what we would have done without you. Your kindness to Dad over the last year was deeply appreciated.

- Bonnie and Dennis Cook

First of all we'd like to thank the driver of the fuel truck for his kindness in stopping and offering his assistance at the scene of our accident. Secondly, a great big thank you to Barry Kavanaugh for stopping and assisting us and generously transporting both of us to the hospital. Thirdly, we'd like to thank Dr. Maritz and the nursing staff of Barb Hilton, Cheryl Hale and Kathy Giles for the prompt excellent care we received while in emergency. Lastly, we'd like to thank Argo Maintenance for the excellent upkeep of the ice arena located on Highway 3 just past Kal Tire. For without this we would not have had our unfortunate collision with the hillside. It's so nice to live in a community where people are so kind and helpful.

- Debbie Scarpelli and Myrt Small

### notices

### notices

### Lotus Medical Acupuncture and Alternative Medicine



PO Box 1889, Princeton, BC V0X 1W0

Invites all health practitioners who are interested in sharing their knowledge in a group setting to send your resumes, description of workshop and fees to the above address.

Feb 21-23

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**WEEKLY DEADLINE IS 12 NOON FRIDAYS**



notices

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for rent

## Yard Work - Plus More!

I will do Yard Work - raking, snow shoveling,  
 roof raking, garden clean-up, etc.  
 Call Paul at (250) 295-1687 or 295-7820.

Oct 25<sup>th</sup>

help wanted

help wanted



Interior Health

## Casual Opportunity Available for Maintenance Worker III Princeton General Hospital

Competition # OKS-FAC-06-058

Interior Health is accepting applications for a Casual Maintenance Worker III. You will perform maintenance, preventive and repair duties related to the building, grounds and equipment in one or a variety of areas such as electrical, plumbing and painting. You must have completed Grade 10 and have two years recent related experience or an equivalent combination of education, training and experience. Please apply online at [www.interiorhealth.ca](http://www.interiorhealth.ca) where you can create an applicant profile and apply to Competition No. OKS-FAC-006-058. Applicants without computer access may fax their cover letter and resume to (250) 870-4722.

## Silver Crest Housing

For Seniors 55 & Older  
 Bachelor Suites, \$225/mo  
 1-bedroom, \$300/mo

Contact: Alice Cook  
 (250) 295-6136

Or Helen Gallagher  
 (250) 295-3825

Jan 18<sup>th</sup> (b)

to give away

To a good home a female lab cross. 1-year old, has had all shots and is spayed. Good for an acreage. (250) 295-3550. Feb 7<sup>th</sup>

## Drinking a problem?

Alcoholics Anonymous  
 Meets 7:30 PM Thursdays  
 At The Anchorage, 136 Vermilion Ave.  
 Fred 295-7272 / Rene 295-3853

real estate

## ROYAL LEPAGE

INDEPENDENTLY OWNED AND OPERATED  
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Remember: Heinz Sells!

for rent

## FOR RENT

• UPPER DUPLEX, 2 BDRM,  
 LARGE LIVINGROOM,  
 \$500/MO INCLUSIVE DRIVE  
 BY 1088-7 MILE RD. TO  
 VIEW.

Drive by then call Neil at  
 295-6977 Mar 23<sup>th</sup>-frn

help wanted

## DAIRY QUEEN

Hiring for full & part-time positions. Front of the house, back of the house. Experience not necessary. Drop off resume in Person at the Princeton Dairy Queen.

Jan 25<sup>th</sup>-frn

notices

for rent

## VERY CLEAN

One Bedroom Apartments.  
 - 2-minute walk to downtown Princeton.  
 - Some suites overlook Tulameen River!  
 - Start at only \$325/month.

Contact new resident manager  
 (250) 295-4805

Mar 08<sup>th</sup>-frn

for sale

ALL NATURAL  
 NO ANIMAL BY-PRODUCTS  
 100% ALL VEGETABLE  
 GRAINED

ORDER SOON FOR  
**BABY BEEF**  
 LATE LAMB AVAILABLE SOON  
**(250) 295-3739**

Jul 19<sup>th</sup>-frn

notices



PROVINCE OF BRITISH COLUMBIA  
 MINISTRY OF FORESTS



## BC TIMBER SALES TIMBER SALE LICENCE A79551

Take notice that, pursuant to Section 20 of the *Forest Act*, timber sale licence A79551 is being offered for sale by BC Timber Sales, Kamloops Business Area.

Closing Date: March 24, 2006 at 2:00 PM

Geographic Location: Dardenelles

Field Unit: Cascades

Estimated Volume: 29,559 cubic metres, more or less

Term: 1 year

Logging method: This timber sale licence has been designed for harvest using the conventional system. The use of other systems may be subject to the Forest Practices Code of British Columbia Act and its regulations.

Upset stumpage rate:

Upset Stumpage Rate / cubic metre for competitive volumes:

Timber Mark	Product	Volume	Rate
79551	Sawlog & Grade 3	29,559	\$31.16

Species percent:

Timber Mark	Species	%
79551	Lodgepole Pine	51%
79551	Spruce	30%
79551	Douglas Fir	19%
79551	Balsam	0.1%

**SPECIAL NOTICE:** For all TSL's advertised after December 2, 2005 to March 31, 2006, MPS upset stumpage rates have been decreased by an adjusted forest district specific factor that reflects a ratio of Grade Code (blank) sawlogs to Grade 3 dry sawlogs. The adjusted upset rate and bonus bid will apply to both the Grade code (blank) green sawlog and the Grade 3. Grades 4, 5 & 6 will be billed at minimum stumpage rates of \$.25 m3. This timber sale is fully developed.

Tenders will only be accepted from individuals or corporations registered as a BC Timber Sales Enterprise in Category Any.

This licence is subject to, among other things, new maximum term limits and extension fee and surrender provisions.

Applicants are advised to carefully consider the impact of these changes when formulating their bids. Further information on these changes may be found in Advisory Bulletin 08/03/04.

Applications will be accepted by the Timber Sales Manager, Kamloops Business Unit, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

There is additional material that the applicant must consider in their application. This material which includes application forms and other information about the TSL can be obtained from the above BC Timber Sales Business Area Office or via the Internet at: <http://www5.for.gov.bc.ca/notices/init.do>.

The Kamloops Business Area will no longer be relieving Licensees of their obligation to dispose of logging debris. This obligation will now rest solely with the licensee. Please ensure you check the applicable legislation for your legal obligations.



SCHOOL DISTRICT NO. 58

(Nicola-Similkameen)

'Learning For Today And Tomorrow'

## TEACHERS ON CALL (Substitute Teachers)

(Secondary and Elementary Level)

School District No. 58 (Nicola-Similkameen) is accepting applications for qualified, B. C. certified, teachers. Other applicants with post-secondary education and related experience may also apply.

Submit a complete resume and a district application form to:

Wendy Hyer, Assistant Superintendent  
 School District No. 58 (Nicola-Similkameen)  
 Box 4100  
 Merritt, B. C.,  
 V1K 1B8

Submit applications prior to WEDNESDAY, MARCH 8, 2006.

Application forms are available at The Bridge, Old Hedley Road, Princeton, or from our website at [www.sd58.bc.ca](http://www.sd58.bc.ca).

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**WEEKLY DEADLINE IS 12 NOON FRIDAYS**



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 Resumes - Letters

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 226A Bridge Street

notices

**BINGO**

HEDLEY  
 OAPO #64

Wednesdays  
 5:30 PM

Play Safe - Gamble Responsibly  
 Lic. # 863877

notices

**SUNDAY**  
**AFTERNOON BINGO**  
 In Hedley at the Chuchuwayha Hall

\$25. GUARANTEED MINIMUM  
 PAYOUT ON REGULAR GAMES  
 (\$50. DOUBLE - UP CARD)  
 PROGRESSIVE JACKPOT  
 MINIMUM \$1,000! PROGRESSIVE  
 POT OF GOLD MINIMUM \$500!  
 PROGRESSIVE LOONIE POT  
 MINIMUM \$100.  
 DOORS OPEN AT 9:00 AM  
 1<sup>st</sup> NUMBER CALLED AT 11:30 AM  
 FOLLOWED BY EARLY BIRDS,  
 REGULAR GAMES,  
 SPECIALS & CONCESSION

SEE YOU IN HEDLEY!

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 the place of Worship of your choice.

Examine your relationship with God at  
 the place of Worship of your choice.

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Natural character  
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Completely confidential

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**NOTICE**

For impounded pets,  
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 please see the  
 Community Bulletin  
 Board at the corner  
 of Bridge Street  
 and Kenley Avenue.

**KEREMEOS ELK'S**  
**& ROYAL PURPLE**

Every Friday  
 Doors Open 5:30 PM  
 Elks Hall Keremeos

**SMOKE FREE BINGO**

**MONDAY NIGHT BINGO**  
**IN PRINCETON**  
**SENIOR CITIZENS BR. #30**

162 Angela Avenue  
 4:30 PM Sales Start  
 5:30 PM 1st 47 Bonanza #'s  
 SPECIALS, REGULAR GAMES, ODD &  
 EVEN, PROGRESSIVE SNOWBALL &  
 LOONIE POT, "LUCKY 7" WON EVERY  
 MONDAY (MIN. \$50.00 GUARANTEED)  
 BC Gaming License #860290  
 "PLAY SMART GAMBLE RESPONSIBLY"

**ALCOHOLICS ANONYMOUS**  
 Chamber of Commerce Basement

SUNDAY OPEN MEETINGS - 8 PM  
 (295-7931 / 295-7229)  
 WEDNESDAY CLOSED - 8 PM  
 (295-7931 / 295-7229)

TULAMEEN LIBRARY  
 FRIDAY OPEN - 8 PM (295-7005)  
 ALANON - HEALTH CENTRE  
 MONDAY 12 NOON  
 ARBOR HOUSE  
 WEDNESDAY 7:30 PM  
 (295-7005 / 295-3764)

**Narcotics Anonymous**

**OPEN MEETINGS**  
 Thursdays 7:30 PM

160 Old Hedley Road  
 Baptist Church Basement  
 (USE BACK DOOR)

Info: (250) 295-7919

**Yard Work - Plus More!**

I will do Yard Work - raking, snow shoveling,  
 roof raking, garden clean-up, etc.  
 Call Paul at (250) 295-1687 or 295-7820.

Oct 25-tfn

**GOD POWER**

Finally, be strong in the Lord and in His mighty power. Eph. 6:10

**FREE AND CONFIDENTIAL**  
**COUNSELLING SERVICE**

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# editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## my turn

### We have a simple solution

We have not seen so much fireworks about a proposed plan since...well, since the last time it was discussed. We're talking about the 'Town Square' Concept being kicked around for downtown Princeton - an idea that seems to come out of hiding once every four or five years.

This latest version includes plans for a fountain and gazebo-style bandshell with a change to traffic patterns on Vermilion Avenue.

Personally, we like part of the concept. We're not so sure how many parking spaces will actually be lost and how many will be gained without a properly engineered study, but when you consider parking is already at a premium in downtown Princeton (translate that to read: **THERE ARE NOT ENOUGH PLACES TO PARK - ANYTIME**), we aren't so sure the net gain of stalls is going to win those over who have already started a petition against the idea.

We do think there is a very simple solution to the whole 'Town Square' Concept. Turn Veterans Boulevard into a one-way street feeding traffic from Vermilion to Bridge and leave the one lane off Bridge at Vermilion the way it is.

There, the traffic issue is solved. Turning Veterans Boulevard into a single-lane one-way street will open up at least three parallel parking spaces next to the Cenotaph.

Extra parking and green space can come from the removal of the 'sling shot' cul-de-sac, which would no longer be needed if that lane of traffic was fed onto Veterans Boulevard.

There's enough room there to expand the existing size of Cenotaph Park - allowing for a fountain and gazebo-style bandstand - as well as incorporate additional parking stalls.

We strongly feel opening up Vermilion Avenue at Bridge Street to two-lane traffic and closing Veterans Boulevard to expand Cenotaph Park would be a mistake.

If you like our idea, tell Town Hall. They need to hear it from you.

Like we said, the solution is a simple one.

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

### Similkameen News Leader

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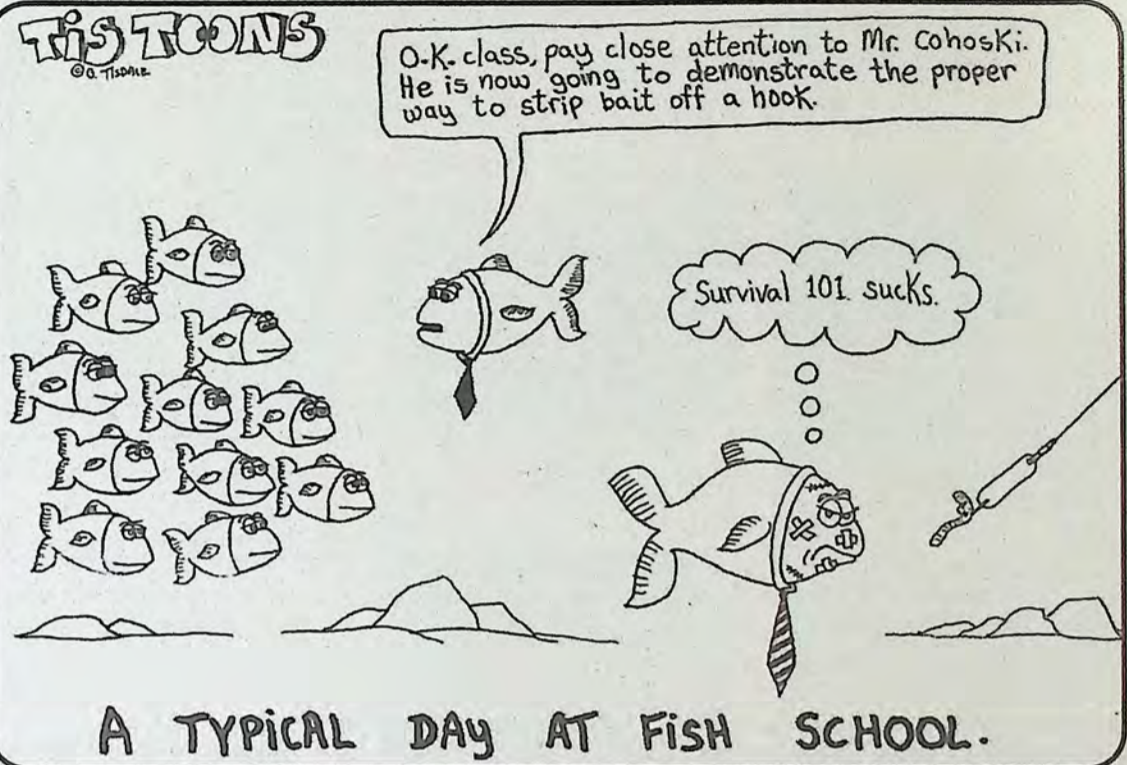
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## TIP TOONS



## your turn

### Going 'round the Town Square

To The Editor;

As a follow up to my Letter last week regarding the Princeton Town Council's desire to establish a Town Square, the plot thickened at an hour long meeting before the regular Monday night Council meeting.

It appears to me that Council wants to make a change in the core of the downtown area. I recommended that the place to start such a plan would be to research the safety measures needed by closing off the Bridge Street end of Vermillion Avenue and eliminating all the present parking spaces in order to expand the Cenotaph Park.

I questioned what would happen if any patrons of the established businesses on Vermillion had a heart attack or an accident resulting in a broken leg or a fire broke out in a building. That aspect should be the first step of their survey.

I asked what their motive was because the proposed construction of a fountain and a gazebo-like band stand could be put elsewhere for the public.

Mayor McLean stated it was to enhance the entertainment for the downtown business section so it must be in the new Town Square.

Lyle Thomas spoke twice about the change that was accomplished with the Canada Trail Project. Pam Jones made reference to the big City of Vancouver closing off Granville Street. She failed to mention the disaster that created for the police and social workers when the hotels became a breeding ground for the pimps, prostitutes and drugies.

I well remember the chaos when living in the Kerrisdale area in the

60's and raising our children. That change ruined the established businesses and only attracted the undesirable. Even that change did not affect the Cenotaph at Pidgeon Park in downtown Vancouver.

To me, neither of those two references were not relevant. Mayor McLean asked what the Council could do, do nothing? He wants suggestions so I have one.

The Town Council could purchase

#### Letter To The Editor

### Toews talks politics

Dear Editor;

When we voted in the federal election last month, how many people who voted Conservative or Liberal realized that they were voting to continue childhood poverty at record levels? Yes, instead of voting for change we voted for more policies that will do nothing to change the way our federal governments have done business since Canada became a country in 1867.

The promises that were used so fast and loose during the election, even if it implemented will only serve to supply band-aids for broken bones. In other words the system is not working for our children. We will likely not find these statistics anywhere in the popular press. The media keeps telling us that Canada is the best country in the world in which to live, while the facts (for our children at least) prove otherwise. But if we search the internet, we find that governments with no left wing influence have the highest incidence of childhood poverty in Europe as compared to North America. The numbers reflect directly on the

the lot next to the Town Hall and construct the band stand and fountain on their own doorstep and deal with the vandalism as it occurs. The parking lot behind their building can be utilized by those who wish to be entertained at the new Town Square.

That would prevent a problem for motorists, emergency vehicles and the existing businesses.

- Kay Hardy, Princeton

amount of left wing influence in government.

- Canada 14% - has had a small amount of left wing influence

- USA 25% - no influence at all from the left

- Sweden 2.4% - substantial left wing influence from the left than Sweden, but more than Canada

There are many more examples but those that I have mentioned above should be adequate to prove my point.

Even Sweden and Belgium do not measure up to my idea of an ideal country for children. In my ideal country there would be zero childhood poverty.

Near to full employment and a more equitable distribution of wealth along with higher minimum wages is what works for children in Sweden and Belgium. What I find greatly disturbing - with a newly minted Conservative government in Ottawa we can look forward to a continuing escalation in income disparity and even greater child poverty for our entire nation.

- Sincerely, HP Toews, Princeton

**Current Comment:**

# A new world brotherhood is forming



**Dawn Johnson**  
editor@thenewsleader.ca

Fifty million or more people in our world are quietly working to change it. We don't hear much about them, but sometimes they are very loud. When the World Trade Organization met in Seattle in 1999, 50,000 of them made a big noise protesting what the World Trade Organization is doing to countries, and people, all over the world.

Yes, I know the media portrayed them as radical rabble-rousers, but they cared enough to stand in the street and face riot squads. They were the front lines of a new kind of revolution. They were so loud they broke up the conference and it was moved to Kuwait, where crowds like America tolerates would not be tolerated by the Kuwaiti regime.

Who are these people? They are people like you and me. How do I know this? Before Christmas, I wrote two columns about the contents of a book called "Confessions of an Economic Hit Man". I received phone calls and comments on the street thanking me for writing about what giant multinational corporations are doing deliberately.

The new brotherhood is loosely called a "living democracy movement" after India's million-member group of that name. Groups have formed in every country and for a multitude of personal reasons of members. This brotherhood is not a political organization nor any other kind of organization, not yet. It may become more organized as more people become aware and join.

These people are not socialists or communists, or any other group with a political label. They are just ordinary citizens who fear what will become of us in the future unless we can change the way our world operates.

In the United States, one of the leaders of this movement is Michael Moore, author of a book called "Downsize This". He witnessed the gutting of his home town, Flint, Michigan, by a multinational corporation that laid off its workers and dynamited the factory. He tours the USA to talk to workers, and he confronts the heads of multinational corpora-

tions. He has a lot of support, not only from people who lost their jobs, but from people who see the devastating consequences of corporate decisions on ordinary people.

The brotherhood is made up of people who see our institutions failing us and our governments slaves to the corporate agenda.

Did you know there are only about 200 multinational corporations in the world, but they own nearly all big corporations? Let me give you an example. Ericssons of Sweden, makers of Nokia cell phones among other things, owns General Electric, which owns a major American television network. Another example is Monsanto, maker of all kinds of chemical products for agriculture, and owns patents for all kinds of seeds. Monsanto did not patent the seeds themselves, but the genetic code of the plants. If you want to grow those plants, you have to dance to Monsanto's tune or be sued. Yes, corporations are claiming ownership of genes! Talk about playing God.

J.P. Morgan, one of the so-called robber barons of the United States, once said a CEO should never make more than 20 times the salary of the lowest paid worker of the company. Today, the CEO of a multinational corporation may earn as much as 120 times the wages of the lowest paid worker. This is part of the problem of the widening gap between rich and poor in our world. This international brotherhood is concerned about the effects of multinational corporations which shut down operations to break unions demanding fair wages, that disposes peasants from their native lands to live in squalor in slums of nearby cities, that start wars to control natural resources, that move jobs to countries where they can pay less and leave thousands of workers unemployed.

If you think we do not need to be concerned in Canada, take a look at what is really happening in our wealthy neighbour to the south. More than 50 percent of American children live in single parent families. One out of every 10 Americans goes to bed hungry every day. Gun violence is rampant. On an average day, 100,000 American children carry a gun to school. Each year, 40 will be wounded or die at school. Drug abuse is so common a problem that every child is a potential victim of the drug trade while still in elementary school. The average American family lives with a security system in their home, and most businesses pay for a private security guard.

Drug abuse, teenage suicide, and domestic violence are epidemic in all industrialized nations. Of every 2,000 women in the world, one is

a reported rape victim. In developing countries, one out of every three wives is physically abused. In India, an estimated 9,000 women are killed every year because the dowry was too small or went unpaid. I did not invent these numbers. They come from United Nations agencies.

We spent last year celebrating the victory at the end of World War II. Since the end of World War II, when globalization became policy, 20 million people have died as a result of armed conflict. Ninety percent of the dead were civilians. Ten years ago, 24 million people were displaced persons within the boundary of their own country. At the end of World War II, there were a million refugees. In 1992, there were 18.4 million refugees. About two percent of the armed conflicts since World War II have resulted from people killing other people within their own nation. Every three seconds in our world today, a child dies of starvation.

The world-wide brotherhood of concerned world citizens wants to change this horror, not by war, but by creating sustainable communities offering the fundamentals of a decent life - shelter, healthy food, medical care and education. Without these, families become unstable, individuals become dehumanized, and societies become violent.

Multinational corporations have paid little attention to this international brotherhood until just recently, and even now, corporations still pursue their agenda of getting bigger, controlling more, and making more money. At the same time, we see corporate greed leading to outright crime, as in the Enron scandal, and the Martha Stewart case, and most recently, the Conrad Black case. We could cite government corruption hand in hand with corporate corruption in the case of the Canadian sponsorship scandal. We saw it in the Southeast Asia stock market fiasco and the teachers' pensions lost through cooking the books in an investment company in Canada.

The elements of instability show up in criminal behaviour at the top.

This is a huge, international problem that begins with the notion of unlimited growth, unrestricted corporate domination of the economy and politicians, and deregulation of trade and production.

This is what the concerned citizens of our world are worried about. We are headed down the road to a financial, social and environmental disaster which will make the Great Depression look like good times.

The disaster has hit already in places like Ethiopia, Somalia, Rwanda, Afghanistan and some isolated areas of Indonesia and South America.

# Heart Food

by Dave Machin



What does God say about marriage? Let's start with one of the most famous marriages and learn a few lessons from Adam and Eve. In Genesis God said, "it is not good for the man to be alone. I will make a helper suitable for him...." Then the Lord God made a woman from the rib that He had taken out of the man and he brought her to the man. The man said, "this is now bone of my bones and flesh of my flesh, she shall be called 'woman' for she was taken out of man." For this reason will a man leave his father and mother and be united to his wife and they will become one flesh. From these scripture verses we see that God originally created man with the ability and need for relationship. First man had a relationship with God Himself. However, God said that wasn't enough for man. Man was designed to have a marriage relationship. Man had an ideal environment in the Garden of Eden. His every material need was provided. He was secure and protected. Yet in the midst of his ideal environment man had a need for help. So God created woman to dwell alongside man and be his lifelong helper, companion, partner and counter part. We can learn some things about marriage if we will study the account of Adam and Eve and see how they related to each other as husband and wife. One area I want to look at is communication. They did not do this effectively. Eve did not bother to talk to Adam before she ate the forbidden fruit. She did not ask him what he thought about the enemies ideas and suggestions concerning God's commands. Adam himself, was irresponsible in that he failed to communicate to Eve when she was tempted. He didn't tell her not to eat the fruit. He didn't encourage her to obey God and failed to communicate the consequences that would happen. When she gave him the fruit, instead of talking it over he just ate it. Open and loving communication is the key to a healthy marriage. A healthy marriage relationship is one in which you are both able to be truthful with each other without either one becoming offended. That means that in certain situations you are able to look at yourself and say, "My spouse is right and I need to listen to what they have to say." When you get to the place when you can receive what your spouse has to say and then honestly look at yourself and admit your need for change, you are on the way to having a good marriage relationship. God is good, His word is good and good all the time.

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Nancy Kingdon (Katimavik volunteer) and Princeton Museum's Nick Mills display the giant Bromleyvale (Granby) coal mine photo which will become the back drop for a mining display. The photo dates back to July 1939 when the mine was providing coal for the Allenby powerhouse.

**Museum meetings change venue**

The continuing expansion of museum exhibits has forced the Museum Society to find a new place to hold meetings. Having joined the Chamber of Commerce, Museum Society members will meet on March 14 at 2:30 p.m. in the Chamber meeting room.

Members adopted the 2006 budget at the February 14 meeting. Museum administrator Nick Mills prepared the budget based on grants received in most years and anticipated donations.

A new art room is being prepared at the museum. The majority of the former office space has been vacated, having moved to the basement. The former office area will become a room to show off the museum's collection of art portraying the Princeton area. The paintings are now in the fossil display area. When they are moved, the fossil room wall will show a time line depicting the formation of fossils.

New display cases will add to the number of fossil and mineral displays in the Joe Pollard Wing of the museum.

The old fire hall bell will have a sign above it this year explaining what it is for. Museum members would like to have a fire bell tower constructed alongside Firehall #1 where the old fire truck is housed. The Museum Society does not have enough money to do it this year.

Ken Heuser reported on a plan to have a student from Princeton Secondary School work at the museum on a work experience program. Sally Nault drew up a work schedule and will supervise the student. The program will include trips to local historic sites. One student applied and has done an orientation. Museum members were pleased the program could be launched.

Archaeologist Brenda Gould, who works for Upper Similkameen Band, has had a number of archaeological digs for students. She and Ken Heuser are planning how they can put an archaeological dig into the summer recreation program for

Princeton area.

Work on this year's museum displays is ongoing. Museum members were asked to drop in when they have a bit of free time to do volunteer work to ready the museum for opening day, April 14 (the Saturday of Easter weekend). The museum will remain open to the public until the last Saturday in October (October 28).

This year, the museum will be advertised through rack cards. These will be made locally, in

cooperation with The Image Emporium. Bookmarks have been popular in the past two years, and more will be available this year.

The museum website needs updating, and Mills said he hopes to have this done in the near future.

Huge new photographs of days gone by will form the backdrop for museum cabinet displays this year. One photograph is of miners, and is so clear the faces could be identified if anyone knew who they were.

**Jones answers call to action**

Councillor Pam Jones plans to attend the BC Healthy Living Alliance "Call to Action" on April 3. The goal is to improve the health of British Columbians by 2010 to make it the healthiest place ever to host the Olympics.

In a report prepared in 2005, the Alliance learned 1.2 million people in B.C. suffer from one or more chronic disorders, which are prolonged, disabling and rarely curable. The cost of these disorders to the province is staggering.

Smoking is estimated to cost the B.C. economy \$2.7 billion, physical inactivity costs \$621 million and obesity costs \$489 million, for a total of \$3.8 billion in 2004. These amount to 43 percent of total operating costs in the health care system.

As these chronic conditions are

preventable, the Healthy Living Alliance plans a strategy to change how people live and make all of us healthier. They will target the four risk factors: tobacco use, unhealthy weights, unhealthy eating and physical inactivity.

As the goal is prevention, most efforts will be aimed at younger people, but will not exclude middle-aged people.

The reasons: more than 20 percent of the cases of Type 2 diabetes result from a sedentary lifestyle, eating healthier (more fruits and vegetables) would reduce heart disease by 28 percent, and obesity more than doubles an individual's risk of dying early.

Community groups throughout B.C. will be encouraged to develop local programs to reduce the risk factors.

**Curling Club asks for funds**

Princeton Curling Club submitted a request for funding from Town Council for an \$8,000 grant.

The club received this grant last year. The 2005 grant was used to upgrade the curling rink electrical system for \$6,755 excluding labour

costs. The club feels they will save electricity costs.

The letter from the Curling Club stated the club continues to struggle to keep running if it does not have the grant. Council referred the matter to budget.

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Weyerhaeuser Princeton hosted a cheque presentation last Friday morning. From left, Rob Marshall (Weyerhaeuser Forestland Manager), Joanne Gabriel and Lynn Pelly (Community Services Society), Nadine McEwen and Paul Huycke (Princeton Child & Youth Committee), Stan Thompson (Princeton Rodeo Club) and Jeff Larsen (Weyerhaeuser Princeton Manager).

## Weyerhaeuser awards \$17,500

Last Friday morning Weyerhaeuser announced grants to five non-profit organizations in Princeton totaling \$17,500 in support of projects, programs and activities that enrich the community.

"At Weyerhaeuser, we believe it's very important for us to be active, participating members of the community. We are proud to support the work of these excellent organizations that contribute so much to the well-being of local residents," said Jeff Larsen, manager of Weyerhaeuser's Princeton Sawmill.

Grants presented include: \$7,500 to the Princeton & District Community Services Society; \$2,000 to the Princeton & District Child and Youth Committee for the

Princeton Youth Drug Education/Prevention Initiative and \$1,000 to the Princeton Rodeo Club for upgrades to the rodeo grounds.

"Weyerhaeuser's generous grant will benefit the agency in two areas. We will be able to enrich the programming for our developmentally disabled clients, by providing inclusive community opportunities in recreational, social and educational settings. A portion of the funds will be used to provide furnishings in our newest housing option for residential living clients, completed in December 2005," said Lynn Pelly, Executive Director of the Princeton & District Community Services Society.

"Budgets are always tight so it's very gratifying when community

partners, such as Weyerhaeuser, provide support for the programs we administer to address the needs of the more vulnerable members of our community."

Weyerhaeuser will also continue its long-term support for the Town of Princeton's Girls Exploring Trades and Technology summer camp with a grant of \$5,000 and sponsorship of the Princeton Agricultural Fall Fair with an award of \$2,000. These grants will be presented later in the year.

Each year, Weyerhaeuser invests over \$2-million in hundreds of worthy projects, programs and activities in Canadian communities where the company has operations.

## Weyerhaeuser announces Jobs For Youth Program

Last week Weyerhaeuser invited non-profit organizations to apply for \$60,000 in funding to create summer jobs for students living in communities where the company operates in British Columbia.

"Our Jobs for Youth Program helps non-profit organizations hire students seeking first time employment," said Bob Taylor, general manager for Weyerhaeuser in British Columbia. "This program is an important way for Weyerhaeuser to give back to the communities where we operate."

Grants of up to \$2,500 will be given to a variety of organizations, including health and child care centers, First Nations initiatives, environmental efforts, arts and sports groups and animal welfare programs. The deadline for applications is April 1, 2006.

Last year the Jobs for Youth program provided \$300,000 in grants

to 167 non-profit organizations in Weyerhaeuser's operating communities across Canada, to support 220 students with their first summer job.

### How To Apply

Non-profit organizations in communities where Weyerhaeuser operates are invited to apply for a Jobs for Youth Grant. To do so:

- create a new summer job for a youth seeking first-time employment
- complete the online application form explaining the nature of the job and how it will be advertised. The form can be found at: [www.weyerhaeuser.com/citizenship/philanthropy/canadagivingprogram.asp](http://www.weyerhaeuser.com/citizenship/philanthropy/canadagivingprogram.asp)
- closing date for applications is April 1.

Many Princeton and Keremeos organizations have been able to put youth to work thanks to the Jobs for Youth Program.

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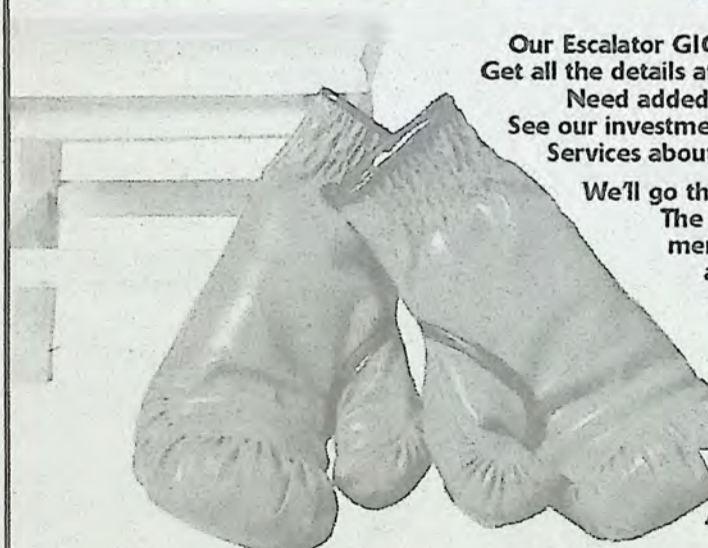
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Any idea what a Bra Auction is? The 'Team Breast Friends' have banded together to raise funds for The Weekend to End Breast Cancer Walk. The Bra Auction will take place on March 18th starting at 7:00 PM at Copper Mountain Bar & Grill. There will also be other items auctioned off!

## Lozinski explains enforcement plans

by Princeton RCMP Sgt. Kurt Lozinski

I am hearing feedback from our community re: all kinds of enforcement but I would say that the hot topics are usually drugs and impaired driving enforcement.

First and foremost people must understand that these areas of concern are a NATIONAL priority and not just a local one.

The RCMP's overall organizational goal is to provide for Safe Homes, Safe Communities and a reduction in crime.

In order to achieve this goal we must become more strategically focused and accountable not only within our organization but externally with our clients, partners and stakeholders.

The RCMP will direct its resources towards the following priorities during the 2006/2007 fiscal year:

- i. Organized Crime
- ii. Youth
- iii. Border Integrity
- iv. Aboriginal Policing
- v. Emergency Operations Planning
- vi. Traffic Safety

Operational Priorities for Princeton in 2006 are:

- A. Prevention of Youth Crime and Victimization with the concern in the areas of drug use / abuse, mischief and vandalism and focus on the involvement of the RCMP members with the youth of the community.
- B. To reduce / prevent the threat and impact of Organized Crime with a focus in the area of drug use, abuse and production.
- C. To reduce and prevent the number of impaired drivers (by alcohol or drug)
- D. To reduce the average number of road users killed and seriously injured on the Hope-Princeton

highway.

A business plan has been developed which details the steps the Princeton Detachment is taking to increase traffic enforcement within the detachment boundaries. Princeton RCMP is committed to the Federal Government's Road Safety Vision 2010, which aims to make Canada's roads the safest in the world.

The primary objective of this plan is to increase traffic enforcement in an effort to decrease the average number of road users killed and seriously injured by 30 percent during the 2008-2010 period, compared to 1996-2001 period.

A business plan has been developed which details the steps the Princeton Detachment is taking to continue being an intelligence led detachment with its primary objective being to combat organized crime within the detachment boundaries.

The Princeton Detachment recognizes that a large volume of drugs, firearms and humans are being smuggled along the international border between British Columbia and Washington State on a regular basis. The goal of this plan is to identify which Organized Crime cartels are responsible for this with the ultimate goal of arrests, seizures and prosecutions of those responsible.

When it comes to drugs, the feedback is almost always positive. Input during the Environmental scan, town council has been crystal clear in stating that illicit drugs was their number one concern for police to address. Since that time, I think that our efforts as a detachment speak for themselves. I think that if you asked, most members of this community they would say that they support our level of drug enforcement and would speak

highly of this detachment's efforts to discourage drug traffickers from setting up shop in this community.

Where the rubber meets the road  
National RSV 2010 update: Fatal collisions have been reduced by 8%. Serious injury collisions have been reduced by 4.7%. Nationally we have a way to go to meet the 2010 targets of 30 % reductions.

Research from the Traffic Injury Research Foundation indicates that:

Between 1980 and 1988 impaired driving decreased by 30%.

Recent collisions statistics indicate that 38% of fatally-injured drivers were impaired. 32% of fatal collisions involved alcohol.

7.8 million drunk driving trips occur each year. 84% of these trips are made by 3% of the drunk drivers.

12% of night-time drivers have consumed alcohol. 25% are over the .08 legal limit. 0.9% are over .15 mgs. Less than 1% of drivers over .15 are responsible for 60% of night-time collisions.

10% of drivers are using drugs with marijuana being the most prevalent. Up to 80% of drugs found were accompanied by alcohol use.

Since 2003, we have stepped up our counter-attack initiative and as a result, have brought many impaired drivers to our local courtroom. From all accounts this level of enforcement is working. The message is out there and we've recently seen positive changes in the amount of impaired drivers on our streets. Another reason why it's working is because our local papers are publishing charges and court results. Sometimes that has more of an effect than the fine, licence suspension, etc rolled into one. I continue to applaud both of .....continued on Page 27



John Allison Elementary School students visited Princeton's Museum last Thursday afternoon. The field trip included a question and answer session featuring Nick Mills, left, of the Museum Society.

.....continued from Page 26  
our local papers in keeping this community in the know. It has a huge deterrence value that the courts cannot provide alone. We have lost enough of our children and loved ones to senseless accidents and their faces haunt not only the families, but the police who see that grim reality first hand.

Now the disturbing part is that I actually hear certain people complaining about impaired driving enforcement. These complaints have come from a number of different people whom I consider to be upstanding citizens and otherwise 'pillars of our community.' I have heard these people say things like 'too much emphasis is being placed on impaired driving in Princeton' and that 'the police have a unfair/zero tolerance approach.' This argument really does defy common sense and I have to believe it is perpetrated by ill-informed individuals.

The 'zero tolerance' argument really is ridiculous when you consider that impaired driving is one of the only criminal offences which requires 'quantitative' evidence (ie: blood alcohol content). In other words, either you blew over 80 or you didn't. Pretty straightforward. Those standards are mandated by our government (in fact, not the police) and there is a reason why 80 is the limit. It's not 85 or 90, or 100, or a reading of 'barely over' to quote the stereotypical accused. In fact, MADD (Mothers Against Drunk Drivers) is now asking our government to lower the limit to 50. Why? Because many other countries (such as the US, Australia, Sweden) have already realized the life-saving benefits of this change. Check it out! Research it and make a knowledge based opinion.

And if you're concerned that you've only had a moderate

amount of alcohol and are not sure about driving...why not eliminate the doubt in your mind by the 'taxi method?' Or the 'sober friend concept?' The police are not trying to shut down bars or special events. All we ask is that you drink responsibly.

As a person consuming alcohol and choosing to drive, you are the one saying "I'm OK to drive." We didn't choose for you to be out on the roads. You did. And if you choose poorly by consuming too much alcohol, the consequences fall squarely where they should once again : on you.

If I didn't hear this message more than a few times, I wouldn't even

### Council explores pick-up for disabled

A request from a local disabled person to have free pick-up of items during free dump days is under consideration by Town Council.

In the first year of free dump days, local residents could put items at the curb and have Town crew pick-up the items. This proved so expensive to taxpayers that Council abandoned the idea.

This year community clean-up week is during the last week of April, and will include a free dump day for items usually requiring a dumping fee. The goal is to have householders disposed of old appliances, furniture and odds and ends without paying a fee at the landfill.

### Town website needs upgrade

After attending a provincial tourism conference in Penticton, members of Princeton Town Council voted to do something about Princeton's website.

Council learned that most tourism begins with a trip to a website, and

address it. I strongly encourage those who do not agree with our levels of enforcement to publicly voice their opinion (as I just have) with a simple reply to this paper.

I also encourage all citizens of Princeton to voice their opinions (good or bad) to my office, to the newspaper, and to the town council. Often we hear only feedback from the impaired driver which as you can imagine, usually doesn't reflect the opinions of our community in general! Please let us know what your feelings are about this and any other topic! Our door is always open if you wish to personally let us know and the paper is a great place to let everyone know!

The backyard clean-up is a community-wide effort.

The person making the request pointed out he is disabled and has no vehicle to take items to the landfill even if it is free.

Council is looking for a possible solution for disabled householders to remove these things from their property.

Recyclables are picked up on a weekly basis, and include paper, plastics, leaves, grass, paint cans, and tin cans. Glass, wood, cardboard boxes and motor oil must be taken to the recycling depot at the landfill. None of these items are part of free dump day, as no dumping fee is charged.

they recognized that Princeton's website is inadequate.

It is difficult to find and difficult to navigate.

Council will spend money to bring the website into the 21st century and make it the best it can be.

## CLASSIFIED ADS FOR ONLY A DOLLAR A MONTH?

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## Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest Entry

Name

Address

Phone

Week #

LIMIT 2 ENTRIES PER WEEK

Answer

Red Zone

Green Zone



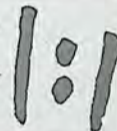
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## INVESTMENT INSIGHTS

By John Vaccaro Investment Advisor with CIBC Wood Gundy and Greg Stewart Associate Investment Advisor with CIBC Wood Gundy  
Expertise that's one to one.



### What Happens To Your RRIF After Death? - Part 2

The previous article touched on how to defer some of the tax liability incurred after death. This article provides additional information on your RRIF after death.

In most cases, a "qualified beneficiary" person is your spouse, or common-law partner. But you can also leave your plan assets to a minor dependent or to a disabled child or grandchild of any age that was financially dependent on you at the time of your death.

Minor Dependent - You'll manage to avoid tax if you leave your RRIF assets to a child under the age of 18 who was financially dependent on you at the time of your death. Financially dependent means that person earned less than the basic personal amount. In this case, the child cannot transfer the proceeds to an RRSP, but instead can use the proceeds of the plan to purchase a registered annuity that pays amounts every year to age 18.

Disabled Child or Grandchild - You can also leave your plan assets to a child or grandchild of any age, who was financially dependent on you at the time of your death due to a physical or mental infirmity. In this case, your dependent can transfer the assets to his or her own RRSP or RRIF.

Take the time to consider the impact your death will have on your retirement assets and your estate. With careful planning you can ensure you leave a lasting legacy for your family.

Clients are advised to seek advice regarding their particular circumstances from their personal tax advisor.

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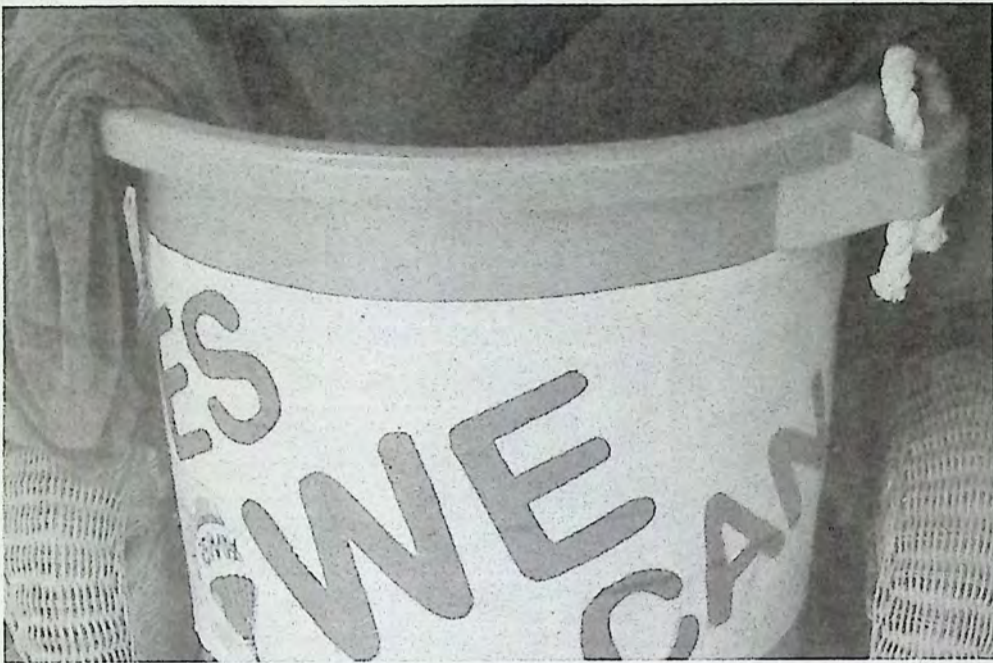
WOOD GUNDY

GREG STEWART IS IN PRINCETON EVERY SECOND AND FOURTH THURSDAY PLEASE CALL FOR YOUR APPOINTMENT

John Vaccaro is an Investment Advisor and Greg Stewart is an Associate Investment Advisor with CIBC Wood Gundy in Penticton. Comments and opinions expressed herein are the result of work done by John Vaccaro. They may differ from the opinions of CIBC World Markets Inc. Research Department and should not be considered representative of CIBC World Markets Inc. beliefs, opinions or recommendations.

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# Yes We Can...Help Us Fill The Need!



RE/MAX country asks for your help in aiding Princeton Crisis Assistance Society with a particular need.

If you can help, please drop your items off at our office on Bridge Street.

Items Needed:  
Men's Clothing,  
Clothing for Youngsters (6 & under)

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