

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

Volume 9 Issue 13 #421 ISSN 1712-090X
Canadian Publications Mail Agreement No. (1299263)

Tuesday, March 28, 2006
Published Weekly in Princeton, B. C. by Bengel Publishing Inc.

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This ain't no bull!

Princeton Rodeo Club will host their first ever BCPB Similco Bull-A-Rama event starting at 5:30 PM, Friday, May 12th at Princeton Fairgrounds.

The event will feature between 30 and 40 of the hottest bullriders in the circuit and the Rodeo Club has come up with an interesting program to help support the event participants.

Brenda Engel has put together an 'Adopt A Cowboy' package that will give sponsors a 5-inch window decal, an adoption certificate, and an 8x10 photo with their adopted cowboy.

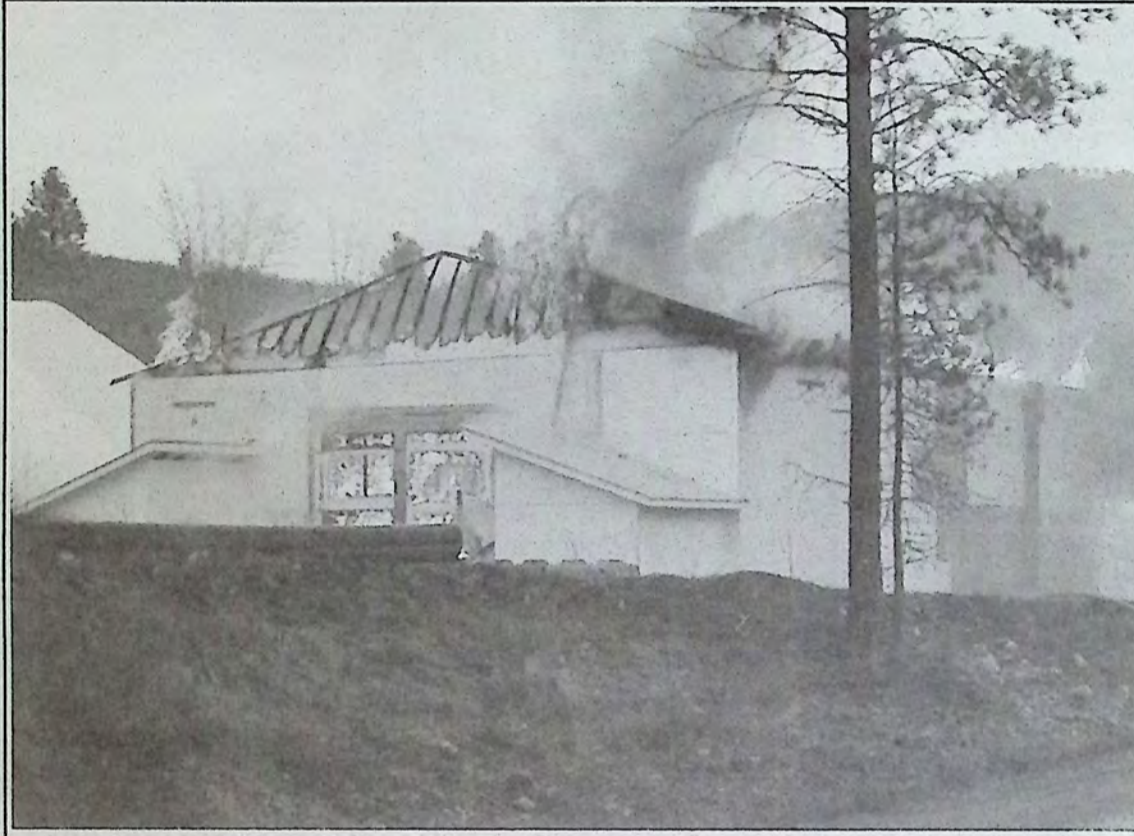
The package is valued at \$100.00 per cowboy and as an added bonus, the sponsor who adopts the winning cowboy will receive an 8-inch acrylic trophy to take home. Sponsor names will also be announced at the event.

Signz.ca and Bryan Smith Photography have generously provided their support of the program and a portion of the sponsorship money collected will be used to cover part of the bullriders expenses in entering the local event.

Engel says there have already been some cowboys 'adopted' in this limited time offer.

To find out more call her at (250) 295-4149 or e-mail brenda@thenewsleader.ca.

Citizens want deer gone



An early morning fire last Friday at Firemasters on Copper Mountain Road destroyed this building.

Residents take issue to meeting

Several Princeton residents complained to Town Council on March 20 about the escalating deer problem. The area most affected is second bench, where deer have shown signs of aggressiveness. Joyce Fraser, spokesperson for the delegation to Council, cited many incidents which occurred in the area. Her statements were backed up by the personal experiences of other residents. One young family witnessed a deer attacking their dog right at the door. One woman, visiting her parents at their home on second bench, had a buck move toward her aggressively on one occasion, and saw a buck put its antlers down and move toward a child. Fortunately, a passerby on a motorcycle intervened.

One resident told of being outside talking to a neighbour while both their dogs played in the yard. A deer raced into the yard to attack the dogs. He asked Council, "What if my grandchildren had been out there playing with the dogs?"

Fraser emphasized the problem began with people feeding deer, and although Council has a bylaw forbidding feeding deer, the deer population has now grown and is claiming territorial rights. Fraser said there may be "more deer than people" in Princeton in 10 years if nothing is done.

Although aggressive behaviour among the deer is a major safety concern, there are other concerns regarding the potential for predators, particularly coyotes and cougar, to hunt deer in town. As well, there are health concerns, as the wood tick that feeds on deer during spring will feed on humans and the tick is a known carrier of Lyme disease, a serious health risk. Others told Council of the expense of keeping the deer away from gardens and shrubbery.

Residents and Councillors suggested capturing the deer and trucking them to the wilderness, which would be a major undertaking at great expense.

Council had no immediate solutions, but will consult with the Conservation Officer. Mayor Randy McLean said it is time for action, and hinted at Council taking action independent of the Wildlife Branch if something is not done soon.

"This Council does not like to stand still very long," Mayor McLean said.

Chamber reports to Council

Following a private meeting with Town Council on March 20, Princeton & District Chamber of Commerce gave a summary report of 2005 activities during the public meeting.

The Visitor Information Centre welcomed 20,505 people during 2005, and gave out 25,000 Princeton Visitor Guides.

The Chamber prepares recruiting packages for Princeton General Hospital, School District #58, Weyerhaeuser Princeton and Princeton RCMP, and prepare coaches' packages for Minor Hockey tournaments.

The Chamber received 120 inquiries from people interested in setting up a business in Princeton.

The Chamber participated in the Spokane Trade Show, the Abbotsford Sportsman's Trade Show, the Community Futures conference in Penticton, and the KVR Challenge.

There are many ongoing activities of the Chamber, such as updating the calendar of events for the Princeton website, making calendar of events cards to place in motels, restaurants, and service stations, and updating a clubs and organizations booklet.

Last year saw a major improvement in the grounds around the Visitor Information Centre.

This year, the Chamber will focus on new highway signage.

Although the 2005 financial report was not made public, the Chamber

did say it expects \$15,000 a year from Tourism BC, beginning this year, and for three years.

The Chamber hopes to have sum-

Church opens lounge

Living Water Foursquare Church is excited about the opening of their new U'th Lounge. The U'th Lounge is set up in Coffee House fashion, with stage, sound, and coffee/canteen bar. Proceeds from the coffee/canteen bar will help to send Youth to camp at the end of August 2006.

Initially we are offering four nights a month where youth can gather in a safe place to meet with friends and have a blast. They will enjoy a number of activities which will include mega fun, games, skits, music, movies, and outings.

Activities are targeted at age groups 13 to 19. There is no cost to belong to the groups, however, some activities may require funding eg: Disco Bowling Night.

Following is the U'th schedule from April to September 2006.

May 6th is the Grand Opening of the U'th Lounge.

We are excited to bring in a College and Career Group from Pacific Masters Commission out of Courtenay BC to celebrate the Grand Opening of the U'th Lounge at Living Water Foursquare Church.

The first and third Tuesday of each month. U'th Group. Starting

mer employees funded by HRDC and/or Weyerhaeuser's Jobs For Youth Program for the Visitor Information Centre.

April 4th and 18th.

Youth will enjoy meeting with their friends to enjoy a game of pool, play station, and various other games as well as participate in skits, music and an age appropriate spiritual lesson.

Group meets from 7:00 PM to 8:30 PM on these nights. Entrance to the U'th Lounge is at the back of the church. There is no cost for attending this group however, youth can purchase items from the canteen.

The second and fourth Friday of each month. U'th Social Connection Starting April 14th and 28th.

Youth will enjoy a number of activities which may or may not have a spiritual content, such as movies, bowling, tobogganing, field trips, games nights, etc. Youth will gather at the church for 7:00 PM and cost will be dependent on activity.

The U'th Lounge is located at 38 Kenley Avenue - Rear basement door.

Church phone 295-7733. For more information or list of activities, please feel free to contact Peggy at 295-6787, evenings.

- submitted

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3 Services...1 Location!



Healthy Harvest Box Day was last Wednesday in the Legion Hall. Monthly a dedicated group of volunteers load up the boxes in a program that has taken hold in Princeton in just a few months.

Program promotes healthy eating

The Healthy Harvest Box Program has been very successful in Princeton.

The number of boxes sold for March was 129 with an average of 140 boxes per month. The best month saw 177 boxes sold.

This program is administered by Penticton and District Community Resources Society and many community partners are involved across the Okanagan and Similkameen. The service operations are funded by the Vancouver Foundation, Interior Health and the Community Foundation of the South Okanagan.

July 2006 will mark one year since the service started in Princeton and it appears to be building steam.

"We especially want to recognize and acknowledge the hard work of

our volunteers who give of their time to enrich the community life of Princeton through their valuable contribution to the Healthy Harvest Box," says Beatrice Bibby, who is involved in the program through Interior Health.

"This service wouldn't be happening without them, including the payment site of Leftovers Studio and the Legion for donating the use of their hall on Box Day."

To support these dedicated people and allow the program to grow, residents are invited to participate. To find out more contact either Jane Johnson at (250) 295-4407 or Beatrice Bibby at (250) 295-4448.

"We are especially in need of a volunteer co-coordinator or perhaps a couple of people who could share the ongoing tasks which culminate in Box Day each month. We look forward to hearing from you!"

PXA looks for project grants

Princeton Exhibition Association (PXA) sent a letter to Town Council explaining their fundraising needs. The letter is going to other potential sources of funding. The letter outlines a renovation project to upgrade the fairgrounds facility.

There are seven user groups and two pad rentals, as well as renters of stalls for horses. The money generated from these sources keeps the facility in operation but does not provide income for the major repairs and replacements required.

The power supply is not adequate to meet present needs, the phone

system must be replaced, the sound system must be replaced, the water supply needs improvement, the fences need work and expansion, corrals need repairs and replacements, the buildings need repairs, and landscaping needs work. The 4-H barn and small animal barn need to be replaced for safety, and an animal wash station must be completed. Fire equipment needs upgrading.

The PXA would like to raise half a million dollars to do all of this work and asked for some support from Town Council. Councillors referred the request to budget.

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Princeton Seniors Branch #30 hosted the Health Connections Celebration last Tuesday.

Elks Lodge asks for grant

Princeton's Elks Lodge has appealed to Town Council for a grant in aid to cover 2006 property taxes on the Elks Hall.

To justify their request, the Elks Lodge reported several user groups fully or partially subsidized for their use of the Elks Hall.

Citizens on Patrol, Princeton and District Crisis Assistance Society, Emergency Social Services (for

use as a Community Disaster Centre), and New Beginnings men's workshop are users, as well as the Elks and Royal Purple.

The Elks Hall is used to store furniture and household goods, in conjunction with the Crisis Assistance store, for distribution to needy families and for emergencies such as floods and fires.

Council referred the request to

budget.

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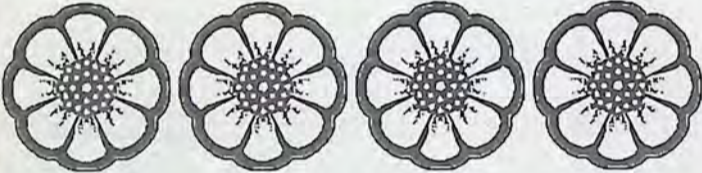
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keremeos and area news



One of the three businesses operated by Keremeos businessman Dave Singh Lidder.

Keremeos man fined \$62,877

Keremeos businessman, Dave Singh Lidder was sentenced to twelve months under house arrest and fined \$62,877 March 21st in Penticton Provincial Court after pleading guilty on three counts of income tax and goods and services tax evasion.

The fine represents 75% of the \$83,837 in taxes Lidder tried to evade. Lidder operated three businesses, Lidder Produce, the Alpine Inn Motel and Lidder Farms.

Canada Revenue Agency (CRA) investigators found that Lidder

understated the gross sales from the two businesses known as Lidder Produce and Lidder Farms and did not provide all the guest registration slips in the business known as the Alpine Inn Motel to his bookkeeper.

Because false records were provided to the bookkeeper, incorrect statements of income and expenses, income tax returns and goods and services tax (GST) returns were prepared and submitted.

For the years 2000, 2001 and 2002, the investigation revealed that the income from the three businesses was understated by \$369,168. This resulted in income tax of \$78,825 and GST of \$5,012 not being paid.

Those convicted of tax evasion,

in addition to any fines imposed by the courts, must still pay the full amount of taxes owing, plus interest, and any civil penalties assessed by the CRA.

Tax evasion is a serious threat to the integrity of the tax system and puts law-abiding businesses at a competitive disadvantage.

"The Canada Revenue Agency (CRA) is committed to ensuring public confidence in the integrity and fairness of the tax system through audits and responsible enforcement," said Paul Brisson, Assistant Director of Investigations. "The CRA will take action against people who deliberately fail to report all their income and pay the taxes they owe according to the law."

Healing Arts Fair report

The Healing Arts Fair which took place in Keremeos on March 11 was by all accounts a great success!!! With just over 200 attendees and 24 booths the Victory Hall was hopping from about 10:30 AM to 3:30 PM.

Mayor Walter Despot opened the fair which had a wide range of alternative healing practitioners represented as well as several retailers. The inclusion of live entertainment seemed to raise the level of enjoyment for all.

Predictably the Desert Ladies Belly Dancers drew the largest crowds to the stage area where they put on a most enjoyable performance.

There was a Qi Gong demonstration while a crystal bowls concert by Pat Everatt raised the vibrational level of everyone's

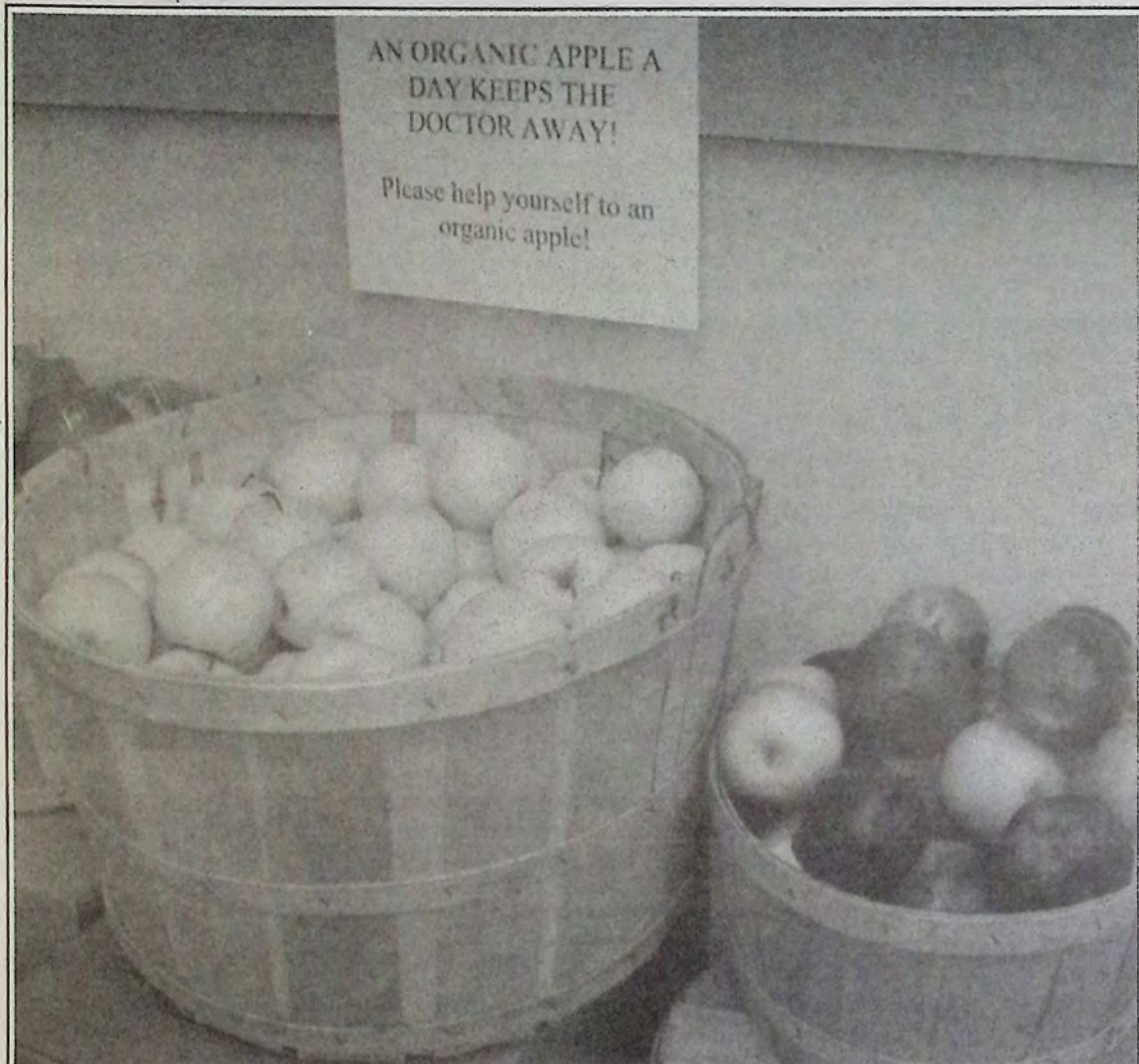
chakras whether they realized it or not.

The fair attracted people from throughout B.C. Local organic farmers ran the kitchen and provided delicious, healthy food for those present. The Healing Arts Fair committee of Pat Everatt, Colleen Christiansen, Shirley Wieland and Wayne Stills would like to thank all the practitioners, guest speakers and retailers who participated and the many people who came to experience a mini session and enjoy the fair atmosphere.

The committee had an overwhelming response from the practitioners and retailers who participated and who would like to come back next year for the 2nd annual Keremeos Healing Arts Fair, see you in the spring of 2007!

Visit Our Preferred Site:

www.keremeos.net



Organic apples were offered during the first ever Healing Arts Fair, March 11th in Keremeos.

RDOS cleans up area

The month of April heralds the start of a massive spring clean-up in the South Okanagan-Similkameen.

Starting on April 3rd residents participating in Regional District Curbside Garbage and Recycling programs in Rural Oliver, Okanagan Falls, Twin Lakes and the Similkameen Valley (Village of Keremeos, Cawston, Hedley and Olalla) will be able to recycle two large and bulky items including furniture, mattresses or large appliances at their curbside.

On the week of April 10th residents participating in Regional District, Village of Keremeos, City of Penticton and Town of Oliver Curbside Garbage and Recycling programs will be able to dispose of an unlimited amount of yard and garden waste at their curbside.

Finally on April 17th residents participating in Curbside Garbage and Recycling programs in the City of Penticton, the Town of Oliver and Rural Penticton Service Area (Kaleden, Heritage Hills, Naramata and West Bench) will be able to recycle two large and bulky items including furniture, mattresses or large appliances at their curbside.

Don Hamilton, Solid Waste Management Superintendent, has been really pleased with the success of these annual programs.

"Residents utilizing our Bulky Item and Yard Waste Pickups have been responsible for recycling and composting tonnes of materials. This diverted waste has helped reduce illegal dumping, lessened unnecessary burning and has

lengthened the life of our Regional landfills."

Here are some key points residents should remember:

- Have material out by 7:00 AM on Monday of the applicable week for your area.
- Acceptable Bulky items include large solid items such as mattresses, beds, furniture and appliances.
- No fixtures or demolition waste including toilets.
- For safety reasons fridges and freezers should have their shelving removed and their doors can be stacked beside the fridge and freezer for pickup.
- Yard waste such as leaves and pine needles should be placed in clear bags.
- Pruning no longer than 1 metre/3 feet long can be bundled with twine.
- No noxious weeds please.
- There will be a second spring yard waste pickup on the week of May 8th.

Hamilton advises residents to be patient during this program.

"In the past, due to the enormous volume of materials placed out, it has taken over a week for some residences to have their bulky item or yard waste picked-up. All items placed out by Monday at 7:00 AM on the week of their pickup will be picked up as soon as it is possible for our contractor to do so."

Residents are advised to look at their 2006 Residential Curbside Garbage and Recycling Collection Calendar for more details. In the City of Penticton call (250) 490-2400 for more information. Residents can also visit their local

government website for further program details.

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Capsule Comments

by your Pharmasave Pharmacist Wen Wong



Witch hazel is a natural product that has been known for centuries. Colonists who settled in North America, learned about witch hazel from the natives already living there. It is classed as an astringent and worked well to reduce irritation from cuts, abrasions, itch and helped healing of minor skin irritations. It is still popular today as liquid and witch-hazel impregnated pads (*Tucks*).

Metric education: 1 teaspoonful = 5ml; 1 tablespoonful = 15ml; 1 ounce = 30ml. Many people still feel more comfortable with the old system of weights and measures. When giving liquid medications, use a calibrated spoon for most accurate administration. We have them in our pharmacy.

Selenium is a mineral which was first discovered in 1817 but it wasn't until the 1950's that it was designated an essential mineral. Our daily needs are small...55mcg (that's 55 millionths of a gram). Studies on the effect of selenium on cancer risk is on-going and it's not proven yet. Best food sources of selenium are Brazil nuts, fish like tuna, sole, sardines, halibut and salmon.

A new cold sore treatment is available in Canada. It's *Abreva* and has a proven track record of actually healing cold sores and fever blisters.

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news leader health page

Province launches plan to improve student health

As part of its ActNow BC program, the Province is introducing a series of measures to help improve the health of B.C. students, Education Minister Shirley Bond and Health Minister George Abbott announced last week.

"Childhood obesity is a serious problem," said Education Minister Shirley Bond.

"One in four B.C. children between the ages of two and 17 is overweight or obese. The measures we are launching today will help make our students more physically active and improve their eating habits."

To help improve the health of B.C. students, the Ministry of Education and ActNow BC are investing \$3.8 million, including:

- \$1.5 million for Action Schools! BC to develop a new healthy eating component, and to provide physical activity bin supplies, and teacher support and training.

- \$1.3 million in direct funding to public schools to purchase physical

activity equipment.

- \$950,000 to develop a provincial network of healthy schools.

- \$50,000 to B.C. School Sports to support volunteer committees responsible for hosting zone and provincial championships for over 400 schools.

"These measures are an investment in our children's good health, now and for the future," said Abbott. "They build on the work being done through ActNow BC, which aims to reduce the burden of chronic disease and disability on individuals and communities, and ensures the sustainability of our health-care system."

The new measures support the Province's earlier initiatives to improve the health of B.C.'s students, including:

- Working with school boards and vending companies to eliminate junk food in B.C.'s schools as soon as possible.

- Guidelines for food and beverage sales to help schools decide what

products should be sold in their stores, cafeterias and vending machines, and to provide students with healthier options.

- \$14.5 million over five years for Action Schools! BC, which includes

expanding the program to grades K-9 provincially by 2010 and developing a secondary school model.

"Schools play an important role in shaping the attitudes and beliefs of B.C.'s students," said Bond.

"That's why it is important that we help students develop healthy living habits now, so that they can be healthy and successful adults who pass those habits on to their children."

ActNow BC is a provincially effort to establish a culture of fitness and healthy living with British Columbians.

ActNow BC is helping the Province reach its goal of leading the way in North America in healthy living and physical fitness.

Canadian children - is their health at risk?

(NC)—Horror stories of obese children developing Adult Type Diabetes abound in the press. These are chased closely by stories of increased risks of cardiac disease in Canadian children.

Everywhere, fat is being blamed for all our health woes. Weight management is touted as the solution to almost every health risk known to humankind.

Obesity can cause problems for individuals, both physically and in mental health. But, says Merryl Bear, director of the National Eating Disorder Information Centre (www.nedic.ca), the current scare mongering helps no one.

"We need a more balanced debate about healthy weight. After all, our weight is determined by our genetics and metabolism, along with lifestyle. We should aim at a weight

that is best for us and not get into obsessive dieting for an unattainable 'ideal' weight."

"Dieting is generally the first step towards developing an eating disorder... and eating disorders kill," warns Bear.

"Although obesity is hyped in the press, eating disorders are the third most chronic adolescent health problem today."

This is why Bear worries about weight-loss and dieting being seen as the only and the best solution to the increasing girth of Canadian children. "Healthy kids come in many sizes, and being slender does not automatically confer good health," she says.

Statistics over the last twenty years repeatedly show that individuals who go on weight loss diets are likely to regain any lost weight -

and sometimes pack on more fat.

Researchers at Harvard Medical School found that not only were child and adolescent dieters more likely to binge-eat, but three years later, both girls and boys who dieted had gained more weight than non-dieters. The researchers conclude that "dieting to control weight is not only ineffective; it may actually promote weight gain."

As a society, and as caregivers, we need to "Tap into children's inherent desire to be active, and creative" suggests Bear. "Encouraging behaviours which support health is as easy as ABC: sustainable physical Activity; Balanced eating and Care of our emotional, physical and spiritual needs."

For more information contact: National Eating Disorder Information Centre at 1-866-633-4220 or www.nedic.ca.

- News Canada

living past 100

Eat your tuna salad

The more health science learns, the more we can benefit from the new knowledge. The story of tuna fish is one of those advances in knowledge.

You always hear the advice, "Eat your fish". Fish is a good source of Omega 3 fatty acids. These fatty acids are good for you, and tuna tops the list of good sources of Omega 3 fatty acids.

There are two types of fats in Omega 3 oil. One is called EPA, and it is good for keeping cholesterol and triglycerides under control. The second is DHA, which is good for your brain. (Remember the old adage that fish is brain food? It's true.)

Tuna contains high levels of both of these Omega 3 fats. One small tin of tuna can provide you with all of the Omega 3 fats you need for a day.

There is nothing wrong with any of the other fish, and you should try other kinds, as each species of fish provides different levels of nutrients.

You can obtain Omega 3 in capsule form if you do not like to eat fish, but you would be missing the other nutrients that come with eating fish, such as protein and minerals from the sea.

If you cook fish at home, cook it gently at temperatures lower than you would use for mammal meats. The best way to cook fish is to poach or steam it. High temperatures, such as temperatures in frying, destroy much of the food value of fish.

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Catalogue

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 As offered in our 2006 Fun In The Sun Catalogue. After July 9, 2006, 2399.99.
Until July 9, 2006, 1999.99



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 in our Summer 2006 Catalogue.
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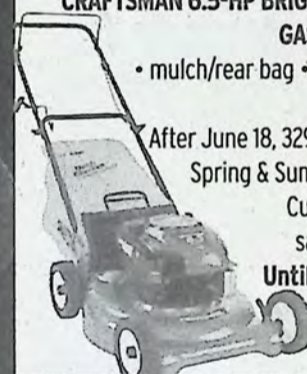
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 #711 160 542. Was 2599.97.
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 While quantities last



save **\$70** total
CRAFTSMAN 6.5-HP BRIGGS & STRATTON GAS LAWN MOWER
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 Current Catalogue sale price, 279.99.
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Unless otherwise stated, sale prices in effect Fri., Mar. 31 until Sun., Apr. 2, 2006, while quantities last

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Osoyoos, B. C., V0H 1V0
www.desertconnections.ca
ads@desertconnections.ca

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Circulation 5,000.



Country singer Ken McCoy will be performing at a Dance during Princeton's Pro Rodeo. One performance is planned for Saturday, May 13th. Further information will be available in the coming weeks. McCoy has performed in Princeton before and has quite a fan base locally.

Funding numbers are deceiving

Anyone looking at the bottom line of funding for 2006-2007 in School District #58 would immediately conclude the district has more money, but they would be wrong. The district has less money for the coming year.

Due to a change in funding policy and an increased number of students taking courses by correspondence, the district receives more money for its distributed

learning (correspondence education) facility, but receives less in other areas.

District Secretary-Treasurer Bruce Tisdale stated at the March 22 School Board meeting, "We will be looking for \$375,000."

That is the total of the reduction in funds for the district.

The big cut comes in reduced funding to compensate for a decline in enrollment.

In addition, there is a \$50,000 reduction in funding for Level 2 Special Education.

The reductions are roughly equivalent to six full-time teaching positions, but this does not mean that many teachers will be out of work.

Wage and salary adjustments are not included in the budget projection and will be addressed as contracts are negotiated.

Will the government keep its promise to BC kids?

No progress yet on class size
No mention in BC Throne Speech or Budget

BC's teachers ended their strike last fall with a government promise to resolve class size issues. Unfortunately, there is no progress to date.


Even the government's own statistics show the problem:

- 9,253 classes have 31 or more students
- 10,942 classes have 4 or more students with special needs
- 3,598 classes have 6 or more students with special needs

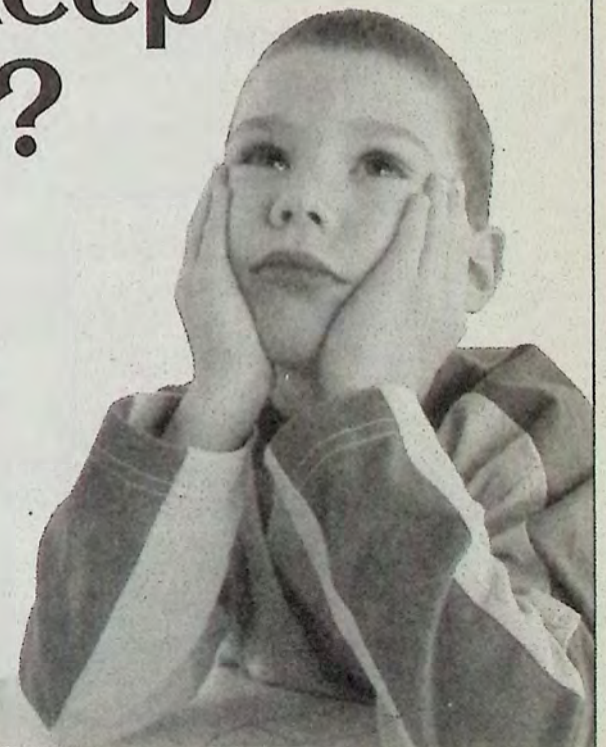
Teachers are working hard to cope, but all students suffer when classes are too large and special needs support is inadequate. That's why teachers want class size limits and guaranteed support for special needs.

It's time to find solutions now.

Kids matter. Teachers care.

www.bctf.ca 

IMPORTANT NOTES ON SPECIAL NEEDS: 1) in many cases teachers have no special needs support in their classroom, 2) the government recently narrowed the definition of 'special needs' so fewer students have access to support, and 3) numbers only reflect identified students with special needs - thousands more are waiting for assessment.



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Important Notice to Employers

Need summer help?

Service Canada

1 800 935-5555 servicecanada.gc.ca

Hire a student!

The Summer Career Placements initiative provides wage subsidies to help employers hire students for 6 to 16 weeks during the summer. Private, public and not-for-profit employers are invited to submit their application by:

Friday, March 31, 2006

This initiative provides students with work experience related to their field of study. Applications will be assessed based on the eligibility criteria, national, regional and local priorities, the quality of the work experience offered, as well as budget availability.

To apply or to find out more about this initiative,

CALL 1 800 935-5555 (TTY 1 800 926-9105)

CLICK servicecanada.gc.ca

VISIT Your Service Canada Centre
(for locations visit servicecanada.gc.ca)

Government of Canada
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Canada



Carl and Dorothy Stenvold on Carl's 90th Birthday last week.

Dorothy says thanks

Long time Princeton resident and former civic leader Carl Stenvold celebrated his 90th Birthday last week.

"Thank you to all the men and women who attended the 90th Birthday Party March 22nd for my husband Carl Stenvold at Ridgewood Lodge," says Dorothy,

Carl's wife.

"There was a lot of happiness shared by all in attendance. It was a special time. Thank you!"

Dorothy wrote regular columns for the News Leader on the various activities at Vermilion Court and has taken a break from those duties.

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Local CENTURY 21 Sales Associates were recently recognized for excellence by CENTURY 21 Canada

CENTURY 21 Canada's highest award, the CENTURION PRODUCER was presented to both Heather Johnson and Dean Stinson making this the THIRD TIME each has won this award!



CENTURY 21 Princeton Realty from left to right: Dean Stinson, Neil McHaffie, Heather Johnson, Shelly Lozinski, Carol Bertrand, Steve White, Julie Lintick and Marty Gray. Missing from photo: Doug Haayer and Judy Klassen.

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www.princetonbc.com

weekly entertainment guide

TUESDAY, MARCH 28, 2006 THROUGH MONDAY, APRIL 3, 2006

www.thenewsleader.ca

There Are No Chains On Us!



Canadian Cancer Society honoured Dianne Graham, left, for her ten years of dedicated service last week. Kiaira Anderson, centre reminds Mayor Randy McLean and area residents the Ambassador Daffodil Blitz is coming on March 30. Blitz time is 3:30 - 5 PM and at Overwaitea Noon to 5 PM. Daffodils will also be available at Westland Insurance March 31 and April 1. Join the fight against cancer!

Performers plan learning sessions

Princeton Performing Arts members are hosting two important workshops in coming weeks. First, on April 3, Dave Cursons of the Cawston troupe will be at Riverside Wellness Centre to talk about hurdles faced by budding performing arts groups and how to get over those hurdles.

This workshop will last about two hours and will end with refreshments and discussion. It begins at 7:00 p.m.

The second workshop is on April 8 and will be conducted by Christine Faulconbridge of Springboard

Consulting Services.

She is an expert in the field of community mobilization.

This is an all-day workshop at the Riverside meeting room. Lunch will be provided. The costs are being covered by an ArtsNow grant.

Those planning to attend must register with Paul Huycke (phone 295-7339) no later than April 4. This is a serious planning workshop with a view to creating a performing arts society. This is not a workshop for those who are casually interested in performing arts.

Crib tourney results

A beautiful sunny day for the 6th Annual Guy Bruneau Memorial Crib Tournament.

Thirty-four teams enjoyed nineteen games and it was a great day. With teams from Penticton, OK Falls and as far away as Grand Forks we had a great day on Sunday March 12th in the Legion Lounge.

After the first 10 games we all enjoyed a lunch of soup and sandwiches. Thanks to Jean Borud and Chuck Whitlock for making and donating our soups. Also thanks to Cecil Anderson, Jean Borud, Bernadette Kelleher, John Haayer, Ron White and the Legion for donating the fillings and making the sandwiches for lunch.

A special thank you goes to Len Heppner and Liz Smith for arriving in the morning from OK Falls and sitting all day and selling tickets for us. Also let's not forget to thank the

ladies that donated prizes to our raffle, Bernadette Kelleher, Laura Haw, Bernice Cromarty, Norma Jean Krenn and Swanny.

Now for the winners:

1st	Don Grewcutt & Tony Simas (Penticton)	2236	\$440.00
2nd	Margo Conn & Gwen Cope (Grand Forks)	2227	300.00
3rd	Ann Jones & Tony Cherry	2212	200.00
4th	Wayne & Sandy Harrop	2202	100.00
5th	Marg Weatherup & Bob Huckle	2192	50.00

Low total for the day - Gary Dickson & Sharon Wynsouw 1972 40.00

Side Pots - paid 20.00 each

18 hand - Flossy Parsons
22 hand - Derek Winter
23 hand - Tony Simas
Crib Flush - Dell Gall
4 of a kind - Dave Daponte
- submitted by Kim Herzig

It's Spring! It's Time for the...

EARLY IRLY YARD SALE

TIME TO CLEAR OUT!
TIME TO SPIFF UP!

7:00 AM - 11:00 AM
Saturday, April 1st
All Goods Will Be "IN THE YARD"

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Keep It In The Green Zone!

PLP's "Power-By-The-Hour" Contest teaches you how...

The Quiz - Week 9

Today's Date is Friday, August 18, 2006 - the Time is 10:00 AM.
According to PLP's Time Of Use Schedule, would this be in a "RED ZONE" time period or would it be in the "GREEN ZONE"?

Winners!

13 Weekly Draws - to April 28th, 2006
+ \$25.00 Credit to the PLP Power Bill of your choice!
Monthly Draws
+ \$100.00 Credit to the PLP Power Bill of your choice!
Final Grand Prize Draw - May 5th, 2006
+ \$500.00 Credit to the PLP Power Bill of your choice!

The Gear

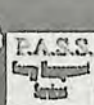
You will need a "Power-By-The-Hour" Resource Kit. They are available at both the Princeton Light & Power office and at the News Leader. You will require this kit to get the correct answers to the weekly questions.

The Loot Goes To

WEEK 8 WINNER: \$25 - Jackie Halbauer

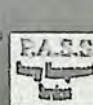
The Routine

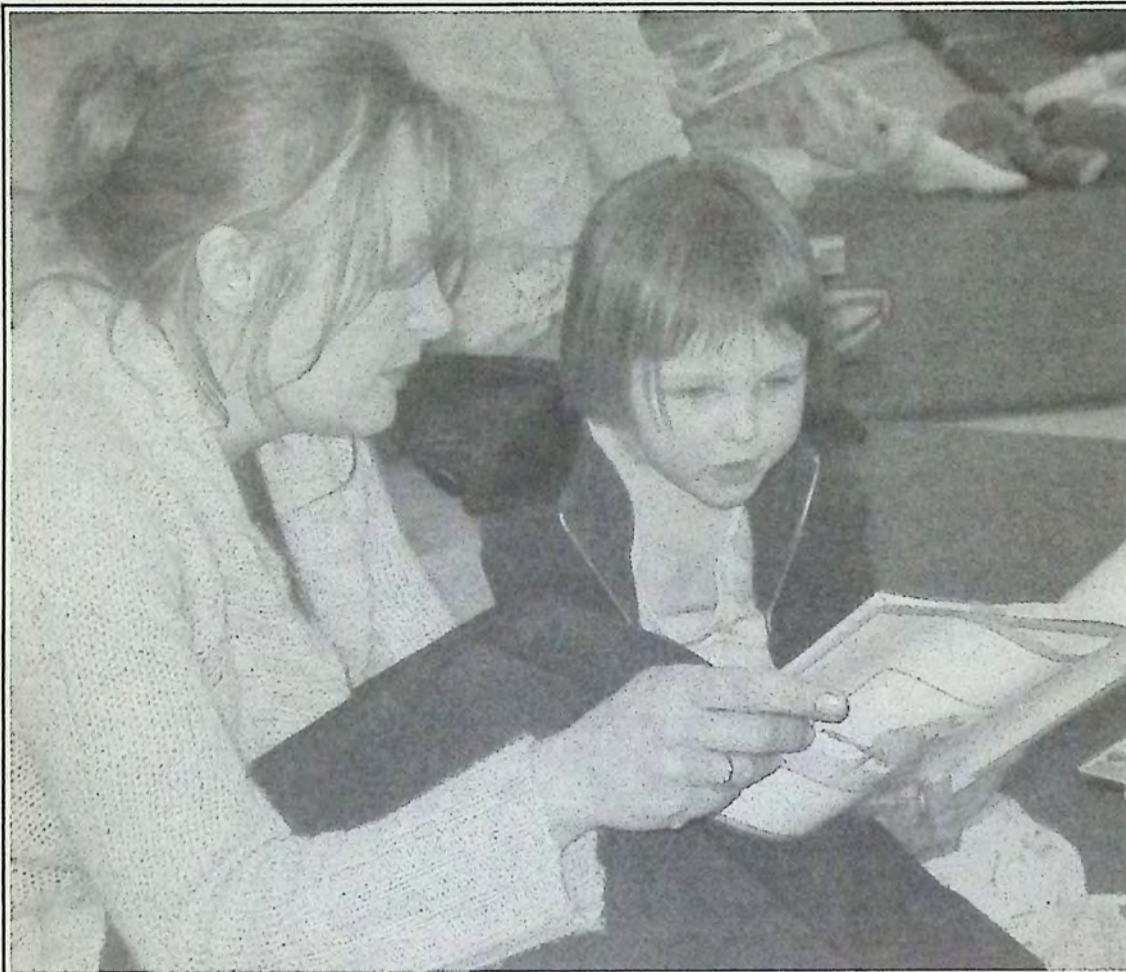
1) Get Weekly Question from News Leader. 2) Determine Answer from Resource Kit. 3) Fill out Entry Form from PLP or News Leader. 4) Drop Off Entry at PLP or News Leader. 5) Win if Entry is Drawn. 6) Enter Weekly. 7) Have Fun!



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The third session of 'Bedtime and Books' was held last Thursday night at John Allison Elementary School. Parents and children enjoyed a variety of stories and each child received a book to take home and keep courtesy of the Princeton Communities For Kids Program.

It's time to watch for wood ticks

Wood ticks are now active in the lower elevations of the Similkameen Valley. These ticks are small, crab-like insects, usually dark brown in colour, but may be a reddish brown with specks. They grip the skin and then insert sucking mandibles into the skin. They feed on blood.

Wood ticks will suck blood from almost any animal, but are generally found along deer trails, where they wait in the grass for deer.

Ticks and Lyme disease

When a tick has had its fill of blood, it will detach, but until then, it digs in and hangs on. These ticks are difficult to remove. Anyone who has a tick embedded in the skin should

attend the emergency room and have a professional remove the tick. Public health will send the tick for analysis to see if it carries Lyme disease.

Most local ticks are not carriers of Lyme disease, but it pays to be cautious, as Lyme disease is very debilitating. If symptoms are not treated early, especially in children, there can be serious consequences.

Check children, pets

As wood ticks tend to live in the dry grass along deer pathways, the ticks may be anywhere in Princeton and area, and most certainly anywhere in the countryside. Check children and pets daily until temperatures average

25 to 30 degrees Celsius. Check yourself and children at the nape of the neck and in fold areas where the skin is tender, such as the underarm, groin and behind the knee.

Check dogs on the underbelly and around lips and ears. Cats tend to have too much fur for ticks. Horses may have ticks in areas where hide becomes skin.

To remove a tick from a pet, carefully clamp tweezers on the sucking and clinging parts of the tick where they are attached to the skin, then pull straight out. Clean the spot and examine carefully to ensure none of the mouth parts of the tick remain in the skin.

Letter To The Editor

One more reader DAREs to disagree

To The Editor,
RE: Police, Prohibition, And Violence
When it comes to drug abuse, health care professionals and social workers usually advocate medical treatment and therapy.

Many high ranking police and government officials, however, still insist that the best way to prevent drug use - and to win "The War On Drugs" - is to put more people in jail, and for longer periods of time. They are advocating an extremely violent punishment for a non-violent crime.

They are also 'sending a message' to the the rest of us, which is that they are in charge, and are willing to do any one of us terrible physical harm for the smallest infraction. There is no good reason to take policy advice from someone with such monstrous opinions.

My understanding is that jail is a dirty, violent place where one comes into contact with deadly diseases, sexual

predators, and hard drugs. The terrible psychological effects alone are enough to badly damage most people permanently.

This could be the reason why some judges are giving light sentences for marijuana crimes. They are sensible enough to realize that sending someone into a potentially deadly environment for something that is essentially a 'consumer choice,' is much like saying that it is okay to beat your teenager half to death for sneaking into the liquor cabinet.

Not only does imprisonment serve as an unnecessary short-term financial burden to society, it will probably cause more long-term harm to the prisoner than good, along with a greater cost to taxpayers.

This could also be the reason why the law is no deterrent. Deep down - whether they admit it or not - everyone knows that prohibition is not only an unsound policy, it is completely

absurd. We don't need the government and police to act as a 'stern father,' and all science and history indicate that when it comes to recreational substances, regulation and education work better than prohibition.

It is very frightening to think that our police officers - who get their salaries from the taxpayers and are supposed to protect and serve - would like to see someone go to a horribly violent place, simply for possessing marijuana, or growing some in their home. Keeping the population obedient to the state under the threat of violence or death is akin to terrorism, in my view.

There is one group of law-enforcement officials that has a different view, however. They are called Law Enforcement Against Prohibition (LEAP) and they can be found at <http://www.leap.cc/> - Russell Barth
Federal Medical Marijuana License Holder, Ottawa

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tuesday movies

MORNING

7:00 am WTBS (3) ★★★"Space Cowboys" (2000, Adventure) Clint Eastwood. Four aging Air Force buddies get a long-overdue opportunity for space travel when NASA taps them for an urgent mission. (E)
10:00 am CITY (29) ★★★"Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. A stuffy executive reluctantly shares travel accommodations with a perky salesman in a cross-country comedy of errors. (E)

EVENING

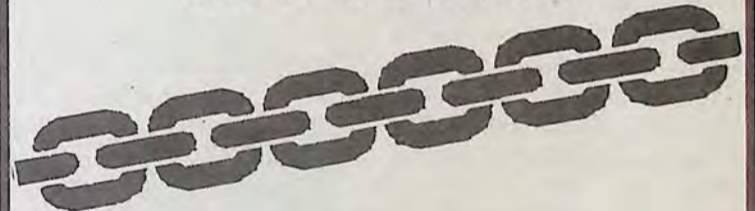
8:10 pm WTBS (3) ★★★"Space

Cowboys" (2000, Adventure) Clint Eastwood. Four aging Air Force buddies get a long-overdue opportunity for space travel when NASA taps them for an urgent mission. (E)
10:06 pm CITY (29) ★★★"Get Real" (1998, Comedy-Drama) Ben Silverstone. A British teen keeps secret his homosexuality and his relationship with a school jock from all but a close female friend. (E)
10:40 pm WTBS (3) ★★★"In the Line of Fire" (1993, Suspense) (PA) Clint Eastwood. An assassin toys with a White House Secret Service agent haunted for 30 years by his failure in 1963 Dallas. (E) (DVS)

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wednesday movies

MORNING

7:00 am WTBS (3) ★★"Message in a Bottle" (1999, Romance) Kevin Costner. A woman learns that the author of a romantic note that washed ashore is a shipbuilder whose wife died young and tragically. (E)
10:00 am CITY (29) ★★½"Tricks of the Trade" (1988, Suspense) Cindy Williams. A stockbroker's widow sets out to solve his murder with the prostitute in whose room he was shot. (E)
11:30 am A&E (9) ★★½"The Professional" (1994, Drama) Jean Reno. An assassin's tough exterior is cracked by his bond with a precocious orphan girl who wants to learn his craft. (E)

AFTERNOON

4:00 pm FOX (25) ★★"Little House: Look Back to Yesterday" (1983, Drama) Michael Landon. After learning Albert has an incurable blood disease, Charles tries to make his final weeks as happy as

possible.

EVENING

6:00 pm CITY (29) ★★½"Confessions of a Dangerous Mind" (2002, Biography) Sam Rockwell. Premiere. Chuck Barris produces game shows for television and leads a double life as a CIA assassin. (E)
8:10 pm WTBS (3) ★★½"The Bodyguard" (1992, Suspense) Kevin Costner. A Secret Service agent-turned-bodyguard finds danger and romance while protecting an entertainer from a stalker. (E)
10:06 pm CITY (29) ★★½"Death in Small Doses" (1994, Drama) Richard Thomas. Luck and courtroom fireworks combine to reveal the culprit behind a woman's poisoning death. Based on a true story.
11:10 pm WTBS (3) ★★"Message in a Bottle" (1999, Romance) Kevin Costner. A woman learns that the author of a romantic note that washed ashore is a shipbuilder whose wife died young and tragically. (E)

Similkameen News Leader Community Calendar

MARCH

28 - Parent/Teacher Interviews, PSS, 6:00 - 8:00 PM

APRIL

- 6 - Chamber of Commerce, 1:30 PM, Chamber
- 14 - Good Friday
- 16 - Chopaka Rodeo, Chopaka Rodeo Grounds
- 16 - Easter Fun Sunday, Don & Anna's, Keremeos
- 17 - Easter Monday
- 20 - Chamber of Commerce, 1:30 PM, Chamber
- 22 - OVF&GC Big Buck Night, 5:00 PM, Legion
- 24 - PSS PAC Meeting, 7:00 PM
- 27 - PSS Family Fair

MAY

- 6 - Stamp Mill Days, Hedley
- 12 - Bull-A-Rama, PXA Grounds, Princeton
- 13 - Keremeos Kruncher, Keremeos
- 13, 14 - Princeton Pro Rodeo, PXA Grounds
- 20 - Lawn Mower Races, Keremeos Rodeo Grounds
- 22 - Victoria Day
- 21, 22 - Keremeos Elks Rodeo, Keremeos
- 25-28 - Music Under the K, Keremeos
- 27 - PSS Graduation Ceremonies, 12 Noon, PSS
- 29 - PSS PAC Meeting, 7:00 PM

JUNE

- 14 - PSS Athletic Banquet, 5:30 PM

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

Regular Meetings

- * Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- * Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- * Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- * Hedley Library open 2-7pm Thursdays
- * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- * Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- * Princeton GSAR meets first 3 Tuesdays of the month, 7:00 PM in Hospital Board Room.
- * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.
- * Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- * Princeton Area BEA meets the 3rd Thursday of the month. 7:00 PM, Skills Centre.

thursday movies

MORNING

- 7:00 am WTBS (3) ★★½ "The Bodyguard" (1992, Suspense) Kevin Costner. A Secret Service agent-turned-bodyguard finds danger and romance while protecting an entertainer from a stalker. [E]
- 10:00 am CITY (29) "Death in Small Doses" (1994, Drama) Richard Thomas. Luck and courtroom fireworks combine to reveal the culprit behind a woman's poisoning death. Based on a true story. [E]
- 11:30 am A&E (9) ★★½ "Batman Returns" (1992, Action) Michael Keaton. The Caped Crusader clashes with Catwoman and saves gloomy Gotham City from the foul Penguin's plot. [E]

AFTERNOON

- 5:00 pm WGN (38) ★★½ "Necessary Roughness" (1991, Comedy) Scott Bakula. A college football coach recruits a 34-year-old farmer in an unconventional plan to rebuild his downtrodden team. (In Stereo) [E]

EVENING

- 6:00 pm WTBS (3) ★★½ "The Matrix" (1999, Science Fiction) (PA) Keanu Reeves. A computer hacker joins forces with rebel warriors to battle a malevolent cyberintelligence. [E]
- 8:55 pm WTBS (3) ★★½ "The Running Man" (1987, Science Fiction) (PA) Arnold Schwarzenegger. An unjustly accused prisoner in 2019 is stalked by executioner-style athletes on the nation's No. 1 game show. [E]
- 10:06 pm CITY (29) ★★½ "Dangerous Beauty" (1998, Drama) Catherine McCormack. Unable to wed the nobleman she loves, a 16th-century Venetian woman opts to improve her lot by becoming a courtesan. [E]
- 10:55 pm WTBS (3) ★★½ "The Matrix" (1999, Science Fiction) (PA) Keanu Reeves. A computer hacker joins forces with rebel warriors to battle a malevolent cyberintelligence. [E]

friday movies

MORNING

- 7:00 am WTBS (3) ★★½ "The Mummy" (1999, Horror) (PA) Brendan Fraser. A cursed Egyptian priest is roused from his 3,000-year slumber by foolhardy fortune hunters searching for gold. [E] (DVS)
- 10:00 am CITY (29) ★★ "Mother of the Bride" (1993, Drama) Rue McClanahan. A woman's preparations for her daughter's wedding are complicated by the arrival of her ex-husband. [E]

AFTERNOON

- 5:00 pm WGN (38) ★★½ "Top Gun" (1986, Adventure) Tom Cruise. A hot-shot Navy jet pilot tangles with MiGs and flirts with a civilian astrophysicist. (In Stereo) [E]

EVENING

- 6:00 pm WTBS (3) ★★ "Lara Croft Tomb Raider: The Cradle of Life" (2003, Action) Angelina Jolie. Premiere. The globe-trotting adventuress must find Pandora's box before a mad scientist harnesses its power for world domination. CITY (29) ★★ "National Lampoon's Van Wilder" (2002, Comedy) Ryan Reynolds. An underachieving collegian needs money to stay in school after his father cuts off his funds. [E]
- 7:30 pm FAM (26) ★★½ "Cadet Kelly" (2002, Comedy-Drama) Hilary Duff. A new cadet at a military academy must prove that she is stronger than the upperclassman who wants to break her.
- 8:00 pm KNOW (5) ★★ "Twelfth Night" (1996, Comedy) Helena Bonham Carter. Shakespeare's tale moves to the 1890s: It's about a man and his twin sister, who poses as a man, and their lovers. [E]
- 8:30 pm WTBS (3) ★★ "Lara Croft Tomb Raider: The Cradle of Life" (2003, Action) Angelina Jolie. The globe-trotting adventuress must find Pandora's box before a mad scientist harnesses its power for world domination.
- 9:10 pm FAM (26) ★★½ "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. A stuffy executive reluctantly shares travel accommodations with a perky salesman in a cross-country comedy of errors.
- 10:06 pm CITY (29) "Illlicit Sensations" (2001, Adult) Tina Tyler. A woman embarks on an affair with the private investigator she hired to gather evidence of her husband's infidelity.
- 10:43 pm FAM (26) ★★½ "Renaissance Man" (1994, Comedy) Danny DeVito. An unemployed advertising executive takes a job teaching Shakespeare to a group of under-achieving Army recruits.

Horoscopes

March 29 - April 5, 2006

Aries - You get a great start to the week. You are on an even keel, making positive plans. You still have a lot of burdens and concerns related to home and family, but move ahead.

Taurus - You may feel a bit depressed as the week begins. Your future seems hazy, your money picture is not clear, and you may be doing wishful thinking. Focus on positive elements of life.

Gemini - You feel much better now. A subtle change is taking place with your partner. Your career plans may change suddenly this week due to unpredictable circumstances.

Cancer - You have a lot of money concerns now, and your tax and investment picture is not clear. Guard against chaos on the job. It will lead to health problems. Put order in your life now.

Leo - You are bitten by the travel bug this week and you would really like to be going to distant places. If you do this, expect problems out of left field. Messages hold surprises.

Virgo - Stay away from sweets again this week. Career demands tie you down. There is conflict between career and family issues. Consult about finances, investments, taxes.

Libra - Partner may surprise you this weekend regarding job, health matters. Stay calm - it is not your problem. You may want to spruce up your home. Travel plans stagnate.

Scorpio - Take time to care for your health this week. You feel well and you are in good spirits, but career demands can affect your health. Family life can be a burden. Rest when required.

Sagittarius - Your partner is full of fun this week and has lots of plans for the future. You and partner discuss home life, family, property. You feel it's time for change in you.

Capricorn - Health improves, financial picture is more secure. Surprises come from family, siblings. Plans are vague - nail them down now. Focus on shared resources, taxes, finances.

Aquarius - You are in a happier frame of mind this week. Proceed with plans, engage in physical activity. Young people may raise issues - give them a soft answer. Plans change.

Pisces - Your mind is full of pleasant dreams these days. You focus on what you own. However, your thinking is too fuzzy this week to carry out many of the plans you're making. Wait.

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Similkameen News Leader Recipe Corner (Recipe #108)

Peanut Butter and Chocolate Fondue

(NC)—Peanut butter and chocolate come together and take fondue to a new level. Dip your favourite fruits in Peanut Butter and Chocolate Fondue for an irresistible ending to a dinner party or a late night study treat.

- 4 oz (125 g) semi-sweet chocolate, coarsely chopped
- 1/2 cup (125 mL) 35% whipping cream
- 1/3 cup plus 2 tbsp (105 mL) extra creamy peanut butter
- 1/4 cup (50 mL) granulated sugar
- 3 tbsp (45 mL) corn syrup
- 2 tbsp (30 mL) vanilla extract

1. In heavy-bottomed saucepan combine chocolate, cream, peanut butter, sugar and corn syrup. Stir constantly over medium heat until melted and smooth.
2. Stir in vanilla. If fondue is being served right away, transfer to any warm bowl for serving. In a fondue console it will stay warm for 1 to 2 hours.

Makes 6 servings.

Tip: Enjoy Peanut Butter and Chocolate Fondue with pears, granny smith apples, strawberries, bananas, pretzels, sponge cake, pound cake or angel food cake. For a fun twist, make little finger size jam sandwiches with pound cake, sponge cake or angel food cake and create a new spin on peanut butter and jelly. — Courtesy of the Peanut Bureau of Canada*. For more delicious recipe ideas visit www.peanutbureau.ca.

*The Peanut Bureau of Canada is the Canadian information office of the American Peanut Council. - News Canada

If you have a favourite recipe you would like to share, contact us for details!
226A Bridge Street, Princeton

www.the**newsleader**.ca

THURSDAY, MARCH 30, 2006

Table with 20 columns representing TV channels (WTBS, CBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots from 6 AM to 11 PM. Each cell contains program titles and channel identifiers.

FRIDAY, MARCH 31, 2006

Table with 20 columns representing TV channels (WTBS, CBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and rows for time slots from 6 AM to 11 PM. Each cell contains program titles and channel identifiers.

saturday movies

MORNING

7:00 am WTBS (3) ★★ "The Mothman Prophecies" (2002, Horror) (PA) Richard Gere. A journalist investigates tales of a moth-like being whose appearance signals impending doom. [E]
9:30 am A&E (9) ★★½ "The Professional" (1994, Drama) Jean Reno. An assassin's tough exterior is cracked by his bond with a precocious orphan girl who wants to learn his craft. [E]
9:35 am WTBS (3) ★★½ "The Net" (1995, Suspense) (PA) Sandra Bullock. A reclusive computer expert is plunged into high-tech intrigue when she comes into possession of a top-secret program. [E]
AFTERNOON
12:00 pm A&E (9) ★★½ "Lean on Me" (1989, Docudrama) Morgan Freeman. Principal Joe Clark goes to bat against drugs, crime and bad grades in his Paterson, N.J., high school. [E]
FAM (26) ★★ "Mr. Nanny" (1993,

Comedy) Terry "Hulk" Hogan. A former wrestler with an intense dislike of children becomes a bodyguard for a computer tycoon's precocious offspring.
12:05 pm WTBS (3) ★★ "Total Recall" (1990, Science Fiction) (PA) Arnold Schwarzenegger. Recurring nightmares of the planet Mars lead a confused earthling into the center of an intergalactic conspiracy. [E]
1:00 pm CITY (29) ★★ "Airplane!" (1980, Comedy) Robert Hays. A pilot afraid to fly follows his stewardess ex-girlfriend and must take over for the poisoned crew. [E]
1:30 pm FAM (26) ★★½ "One Small Hero" (1999, Adventure) Nathan Kiley. A diminutive but determined boy secretly follows along after failing to qualify for a wilderness camping trip.
2:30 pm WTBS (3) ★★ "The Art of War" (2000, Suspense) (PA) Wesley Snipes. Underground after being accused of murdering a Chinese ambassador, a security expert comes out of hiding when terrorists threaten the United Nations.

[E]
4:00 pm YTV (18) ★★½ "Dennis the Menace Strikes Again" (1998, Comedy) Don Rickles. Dennis stops pestering Mr. Wilson long enough to rescue him from a pair of con artists. (In Stereo) [E]
KTLA (27) ★★ "The Wings of the Dove" (1997, Drama) Helena Bonham Carter. A young British aristocrat arranges for her working-class beau to wed a wealthy, dying American. (In Stereo) [E]
5:00 pm WTBS (3) ★★½ "Underworld" (2003, Horror) (PA) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. [E]

EVENING

6:00 pm CITY (29) ★★½ "Two Thousand and None" (2000, Comedy-Drama) John Turturro. Told he has only a few weeks to live, a paleontologist decides to enjoy life and rediscover his ethnic roots. [E]
7:00 pm WTBS (3) ★★ "Gone in Sixty Seconds" (2000, Action) (PA) Nicolas Cage. A former thief must agree to steal 50 cars in one night to save his brother from being killed by a vehicle smuggler. [E]
8:00 pm KSPS (6) ★★ "The

Great Santini" (1979, Drama) Robert Duvall. A teenager stands up to his father, a gung-ho peacetime Marine pilot who runs his family like boot camp. (In Stereo) [E]
KXLY (10) ★★½ "The Ring" (2002, Horror) Naomi Watts. A reporter must solve the mystery of a videotape that brings death to its viewers before she succumbs to its evil power. (In Stereo) [E]
VTV (22) "The Death and Life of Nancy Eaton" (2004, Docudrama) Jessica Paré. A childhood friend murders Nancy Eaton, the daughter of a wealthy couple. (In Stereo) [E] (DVS)
9:00 pm KNOW (5) "Inspector Morse: The Sins of the Fathers" (1990, Mystery) John Thaw. The British detective investigates when a member of a family-run brewery's board of directors is found murdered.
YTV (18) ★★ "The Nutty Professor" (1996, Comedy) Eddie Murphy. An obese scientist drops the pounds and his poor self-image when a secret formula turns him into a slender ladies man. (In Stereo) [E]
FAM (26) ★★ "The Thomas Crown Affair" (1999, Adventure) Pierce Brosnan. An insurance investigator finds herself falling in love with the suave tycoon she suspects

masterminded an art theft.
CITY (29) ★★½ "The Faculty" (1998, Horror) Jordana Brewster. High-school students gradually begin to suspect that their teachers are from another planet. [E]
9:30 pm WTBS (3) ★★½ "Batman Forever" (1995, Adventure) (PA) Val Kilmer. A seductive psychologist seeks a hold on Batman's heart while the Riddler and Harvey Two-Face threaten Gotham City. [E]
WGN (38) ★★ "Double Whammy" (2001, Comedy) Denis Leary. A widowed New York City police officer fails in his attempt to stop a shooting in a fast-food restaurant. (In Stereo) [E]
10:47 pm FAM (26) ★★ "8 Seconds" (1994, Drama) Luke Perry. Based on the life and tragic death of Lane Frost, an Oklahoma native who became a rodeo world champion bull rider.

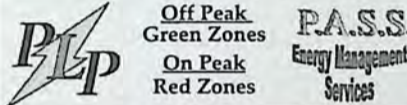
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Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.



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Time-of-use Schedule for TOU * NORMAL MONTHS

September - October - November - December
 January - February - March - April - May - June

Power by the Hour Rates	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
								15:00h	1:00 AM	2:00 AM	3:00 AM
Big Savings Zone 15:00h to 1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK				
Big Savings Zone 1:00 AM to 1:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK				
Big Savings Zone 1:00 PM to 5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK				
Big Savings Zone 5:00 PM to 11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK				
Off Peak Green Zones	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK				
On Peak Red Zones	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK				

sunday movies

MORNING

7:15 am WTBS (3) ★★ "The Art of War" (2000, Suspense) (PA) Wesley Snipes. Underground after being accused of murdering a Chinese ambassador, a security expert comes out of hiding when terrorists threaten the United Nations. [E]
9:45 am WTBS (3) ★ "Gone in Sixty Seconds" (2000, Action) (PA) Nicolas Cage. A former thief must agree to steal 50 cars in one night to save his brother from being killed by a vehicle smuggler. [E]
10:00 am WGN (38) ★★ "In the Line of Duty: Smoke Jumpers" (1996, Drama) Adam Baldwin. A firefighter who loves the thrill of danger must make a difficult choice when his new wife objects to his vocation.
11:00 am CITY (29) ★★ "Airplane II: The Sequel" (1982, Comedy) Robert Hays. A commercial space-shuttle company attempts to keep a pilot from disclosing the craft's technical problems. [E]

AFTERNOON

12:00 pm FAM (26) ★★ "Air Bud Spikes Back" (2003, Adventure) Robert Tinkler. A dog that plays volleyball helps investigators solve a rash of mysterious crimes.
WGN (38) ★★ "In the Line of Duty: Kidnapped" (1995, Drama) Dabney Coleman. A corrupt IRS agent uses private tax information for personal profit via kidnapping and ransom.
12:15 pm WTBS (3) ★★½ "Blade II" (2002, Horror) (PA) Wesley Snipes. Blade forms an alliance with a band of hardened enemies in order to battle powerful vampires. [E]
1:30 pm FAM (26) ★★ "Clifford" (1994, Comedy) Martin Short. An evil-minded 10-year-old exacts revenge when his uncle refuses to take him to an amusement park.
2:00 pm VTV (22) "Broken Lullaby" (1994, Mystery) Mel Harris. A woman's search for her aunt's ancestry brings her face to face with an art expert who may represent love or danger. (In Stereo) [E]
2:30 pm WTBS (3) ★★½ "Underworld" (2003, Horror)

(PA) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. [E]

4:00 pm YTV (18) ★★ "How the West Was Fun" (1994, Comedy) Ashley Olsen. Twin sisters help a woman save her dude ranch from developers who would like to turn the property into a theme park. (In Stereo) [E]
5:00 pm WTBS (3) ★★ "Lara Croft Tomb Raider: The Cradle of Life" (2003, Action) Angelina Jolie. Premiere. The globe-trotting adventures must find Pandora's box before a mad scientist harnesses its power for world domination. [E]
CITY (29) ★★ "X2: X-Men United" (2003, Fantasy) Patrick Stewart. Premiere. Wolverine, Storm and the other mutants must fend for themselves after a right-wing militarist invades their school. [E]

EVENING

6:00 pm YTV (18) ★½ "It Takes Two" (1995, Comedy) Kirstie Alley. A girl finds a way to halt her father's impending marriage when she meets an orphan who is her exact double. (In Stereo) [E]
7:30 pm WTBS (3) ★★ "Lara Croft

Tomb Raider: The Cradle of Life" (2003, Action) Angelina Jolie. The globe-trotting adventures must find Pandora's box before a mad scientist harnesses its power for world domination. [E]

9:00 pm FAM (26) ★★ "A Fish Called Wanda" (1988, Comedy) John Cleese. An American flirts with a crook, a barrister and a mercenary to find diamonds in London.
10:00 pm WTBS (3) ★★ "Mortal Kombat" (1995, Adventure) (PA) Robin Shou. Three martial artists are forced to battle demonic adversaries with the fate of the world hanging in the balance. [E]
10:31 pm FAM (26) ★★ "Bugsy" (1991, Biography) Warren Beatty. New York gangster Bugsy Siegel goes Hollywood with a tan, a mistress and a mad vision of Las Vegas.
11:00 pm CITY (29) ★★ "Airplane II: The Sequel" (1982, Comedy) Robert Hays. A commercial space-shuttle company attempts to keep a pilot from disclosing the craft's technical problems. [E]

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SATURDAY, APRIL 1, 2006

Grid of TV schedules for Saturday, April 1, 2006, listing channels (WTBS, CBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and their respective programs.

SUNDAY, APRIL 2, 2006

Grid of TV schedules for Sunday, April 2, 2006, listing channels (WTBS, CBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and their respective programs.

MONDAY, APRIL 3, 2006

Table with 20 columns (WTBS, CBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) listing TV programs and their corresponding channels.

monday movies

MORNING

7:00 am WTBS (3) ★½ "Three to Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. (E)

Tango" (1999, Comedy) Matthew Perry. A wealthy man hires an architect who he wrongly believes is gay to keep tabs on his pretty mistress. (E)

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EVENING

6:00 pm CITY (29) ★ "Scary Movie 2" (2001, Comedy) Shawn Wayans. Psychology students and their professor spend the weekend in a haunted house in this sendup of horror films. (E)

Let's Play Princeton Trivia!

Question:

Who were Sara McNeill, W. E. Lucas, Florence Britton and Louise Johnson?

Last Week:

Cpl. L. Brown, Cst. H. R. Chase and Cst. A. D. Douglas were the first members of the RCMP to live in and work out of the current RCMP building following original construction in 1964.

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P S E K C O N G L T N L S P N I P C G R
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O C J Z K F E F H T Q M J E N L A B T I
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Thank You, Princeton for the incredible response to the "The Weekend To End Breast Cancer" Bra Auction Fundraiser held March 18th at the Copper Mountain Bar & Grill. One in nine women will be diagnosed with breast cancer, but with communities like Princeton joining our team, we will make a difference in the fight against breast cancer.

Thank You, again,
Barb Gagnon and Paula Anderson "Team Breast Friends"

We also would like to thank the following:
John Haayer (MC), Copper Mountain Bar & Grill (John, Diane, Cheryl, Nikki, Tracy and Staff).

- Door Prize/Silent Auction Donors: Pharmasave (bath basket), Lorianne's Unique Alternatives (pink scarf), Sears Princeton (\$50.00 Gift Certificate), Sharon Beausoleil Registered Massage Therapist, Leftovers Studios (Diane & Karen - painting), Books Direct (candles & card book), Loonie Bin Princeton (picture), Fields Store (candles), Home Hardware (chimes), Overwaitea (poker & blackjack table), Young's (nightie), Spit n Polish Auto Spa (car wash), Hampton Inn Kamloops (2 nights for 2), Dunes at Kamloops (18 holes of golf for 2 with cart), Sun River Golf Resort (18 holes of golf for 2 with cart rental), Sun Peaks Resort (\$245.00 worth of lift tickets), Princeton Golf Club (18 holes of golf for 2 with cart rental), Pizza Party (pizzas), Peoples Pharmacy.

- Bra Designers: Ruth Hooper, Margaret Barron, Kelly Phillips & the Dietary Staff of PGH, Joan Arnold, Char Antonick & the Housekeeping Staff of PGH, Dee Matte, Vermilion Court Residents & Aida Bouvette, Dorothy Kozak, Jane Johnson, Jan Goss, The Residents of Ridgewood Lodge, Tammy Holland, Jane MacKay, Christine Filipenko, Ginger Challenger, Corrie Monsen & the Sun Peaks Girls, Karen Hamilton, Tamaryn Buttress, Michelle Jarvis, Paula Anderson, Cheryl Langlois, Shelly Carlson, Tracey Quevillion, Nikki Timms, Linda Thompson and Tim Hall.

- Special Thanks to George & Brenda at Similkameen News Leader.

To find out more about the Vancouver walk visit www.endcancer.ca or the London, England website at www.breakthroughcancer.org.uk. You can read personal stories about Walkers...or even sponsor one!

announcements

announcements

Drobot / Murray



Jan Horsnell of Grand Forks, BC and Bob Murray of Creston, BC are delighted to announce the marriage of their daughter, Susan Murray to Duane Drobot, son of Judy Drobot of Vernon, BC and Wally Drobot of Saskatoon, SK. The couple was accompanied by close friends Sarah and Jamie Mani and their one year old son, Jonah. The intimate ceremony occurred on December 21, 2005 on the beach in Varadero, Cuba. The newlyweds currently live in Princeton, BC with their 9 month old puppy, Jura.

card of thanks

card of thanks

Thank You, Princeton & Area!

I am writing to thank the residents of Princeton, Keremeos and area for their support of Similkameen Chiropractic over the past four years. It is with mixed emotions that I will be leaving my position as a chiropractor for the area. Recently, an opportunity presented to pursue a life long dream in the field of aviation and serve my country. I have been accepted into the Canadian Forces for training as an officer and military pilot.

I apologize to my patients for the short notice and inconvenience this may cause. I am actively recruiting a chiropractor to take over my practice and provide service for the area. My office is open Monday, Wednesday and Friday until April 5, 2006. Please phone 295-0533 for an appointment or further information.

My wife and I will continue to make Princeton our home throughout my two year training period. I will miss the wonderful people and beauty of the Similkameen Valley as my training takes me to Quebec, Manitoba and Saskatchewan. Thank you for your support and understanding.

Respectfully,
Dr. Duane Drobot

card of thanks

Thank you to all the men and women who attended the 90th Birthday Party March 22nd for my husband Carl Stenvold at Ridgewood Lodge. There was a lot of happiness shared by all in attendance. It was a special time. Thank you!
- Dorothy

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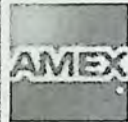
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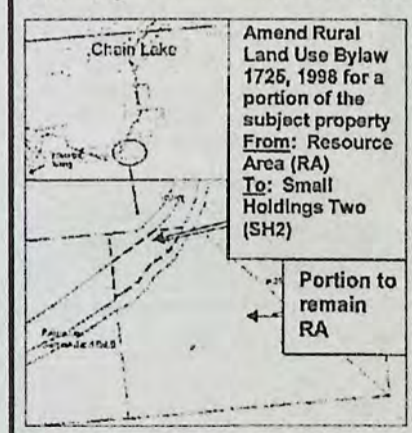
Regional District of Okanagan-Similkameen
PUBLIC NOTICE

Pursuant to the provisions of Section 892 of the Local Government Act, the Regional District of Okanagan-Similkameen will conduct a Public Hearing on the following Bylaw commencing at 6:30 PM on Wednesday, April 12, 2006 at the Princeton Town Hall Council Chambers, 169 Bridge Street, Princeton, B. C.

AMENDMENT BYLAW NO. 1725.08, 2006

That the Official Rural Land Use Bylaw Map, being Schedule 'B', Index Map of the Electoral Area 'H' Rural Land Use Bylaw No. 1725 be amended by changing the designation of a portion of the property described as Lot D, Plan 25646, District Lot 2144, KDYD (located 35 km north of the Town of Princeton, adjacent to the Princeton-Summerland Road) from RA (Resource Area) to SH2 (Small Holdings Two).

The applicant wishes to change the land use designation for a portion of the property in order to allow a subdivision of one 1.0 ha lot, leaving one remaining vacant 14.0 ha lot as Resource Area.



Permitted uses within the proposed SH2 (Small Holdings Two) designation include agriculture; single family dwellings, or mobile homes, or travel trailers; home occupation; care centre; public parks; and buildings and structures auxiliary to the aforementioned uses.

A copy of the above Bylaw is available for inspection between the hours of 8:30 AM and 4:30 PM Monday through Friday, excluding holidays, from March 28, 2006 to April 12, 2006, both inclusive, in the office of the Regional District of Okanagan-Similkameen, 101 Martin Street, Princeton, B. C. and at the Princeton Town Hall, 169 Bridge Street, Princeton, B. C.

Written comments regarding this application will be received at the Regional District office up to and including April 12, 2006. At the Hearing, all persons who deem their interest in property affected by the proposed Bylaw shall be given an opportunity to present written information or to speak to matters contained within the Bylaw.

Pursuant to Section 891 of the Local Government Act, this Public Hearing has been delegated to the Director of the Regional District of Okanagan-Similkameen.

Susanne Theurer, MCIP
 Planning Services Manager

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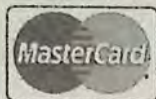
DID YOU KNOW THAT ONE CAT AND IT'S OFFSPRING CAN PRODUCE APPROXIMATELY 420,000 KITTENS IN 7 YEARS?
SHOCKED? SO WAS I BECAUSE MANY OF THESE CATS AND KITTENS DON'T FIND HOMES AND BECOME A NUISANCE IN OUR COMMUNITY.
 I think a start to solving this problem is to fix our cats. So I'm offering to help people with a donation of \$50 for a female and \$25 for a male cat...if you get your pet fixed. Contact Dawn at Princeton Bakery (295-6670) before your vet appointment so we can make arrangements.
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MONDAY 12 NOON
ARBOR HOUSE
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MINISTRY OF FORESTS



NOTICE OF REQUIREMENTS FOR EQUIPMENT HIRE BC Timber Sales - Ministry of Forests and Range Kamloops Business Area

1265 Dalhousie Drive, Kamloops BC.

Including Field Teams Located in:

100 Mile House, Cascades (Merritt), Clearwater, Kamloops

Contractor shall have and maintain a Worksafe BC (WCB) account that is active and in good standing. Contractor shall have Comprehensive General Liability Insurance of not less than \$2,000,000.00 (TWO MILLION DOLLARS).

The Contractor shall have Automobile Liability on all licensed vehicles owned by or leased to the contractor and used by them in the performance of the services provided under the contract. Such insurance shall be for an amount not less than ONE MILLION DOLLARS (\$1,000,000.00) inclusive of any one accident.

Equipment must be in good working order and up to Worksafe BC (WCB) standards. The Contractor must ensure that the Contractor and the Contractor's Agents achieve and maintain the Environmental Management System (EMS) Level 3 training, including required regulatory training, as specified in Chapter 9 of the "BC Timber Sales, Environmental Management System Manual" as amended from time to time. This publication is available on the Ministry of Forests' BC Timber Sales (BCTS) website at http://www.for.gov.bc.ca/BCTS/areas/TKA_certification.htm

The contractor must also adhere to the BCTS EMS system.

NOTE: all machines listed for rental purposes must be owned or on a lease to purchase agreement to the registrant. Firms or individuals may be requested to provide proof of ownership to the ministry representative prior to being hired.

Contractors must be registered in the EES directory (Engineering Equipment and Services) as outlined below.

Ministry of Forests and Range Self-registration in Engineering Equipment and Services (EES) Directory.

All equipment suppliers who wish to have their equipment considered for hire, and all consulting firms that wish to provide professional and technical services, for road engineering activities within Operations Division, Revenue and Tenures Division of BC Timber Sales must be registered in the Engineering Equipment and Services (EES) directory. Interested equipment suppliers and professional and technical consultants MUST SELF-REGISTER ONLINE in the EES directory by going to the following website at: http://www.for.gov.bc.ca/hth/engineering/systems_links.htm

NOTE: Registration into EES DOES NOT guarantee that the registrant will be given work.

NOTE: Operations division and Protection of the Ministry of Forests and Range may have different procedures and registrants should contact those offices for information. Any enquires should be directed to the applicable BCTS Engineering Technician in your area.

100 Mile House - Dan Dobson (250) 395-7870
Cascades (Merritt) - Ken Conway-Brown (250) 378-8458
Clearwater - Gary Forster (250) 587-6731
Kamloops - Al Gill (250) 371-6560

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www.thenewsleader.ca

Similco Bull-A-Rama

5:30 PM Friday, May 12th

Adopt A Cowboy
during the Similco Bull-A-Rama
at Princeton Rodeo Grounds.

The cost is only \$100.00
and your sponsorship entitles you to
a 5-inch window decal (from signz.ca)
announcing to the world your participation,
an adoption certificate,
an 8x10 photo of you and your cowboy
(from Bryan Smith Photography)
and your name will be announced
during the event as a cowboy sponsor.

If your cowboy wins,
you'll receive an 8-inch acrylic trophy
(from signz.ca) to take home with you.

There are ONLY 30 cowboys available
as this is a limited time offer.

For more information contact
Brenda Engel at (250) 295-4149 or e-mail
brenda@thenewsleader.ca.

Adopt A Cowboy

editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

Truly an uplifting experience

Well, if you weren't at the Bra Auction on Saturday, March 18th, you've probably been hearing a lot about it.

We're still wondering how much higher we could have drove the price on the MVB - the Most Valuable Bra - which netted a cool \$155.00 by the time the dust had settled.

What impressed us most about the whole event was that it was really a simple concept - buy a bra, dress it up somehow and donate it for fundraising.

It's this sort of 'out of the box' thinking that gets things done and grabs the attention of residents who otherwise may not have considered buying a bra at an auction.

It was also at a time of year when there's a lull in the special events calendar for those who are either not interested in or do not have members of their family participating in Winter sports activities.

We cannot talk about the Bra Auction without giving credit to organizers Barb Gagnon and Paula Anderson (otherwise known as Team Breast Friends) and mentioning they have a completely different reason for doing what they are doing.

Both are two-time breast cancer survivors and both are hopeful participants in the annual 'The Weekend To End Breast Cancer Walk' - a celebration of sorts to the survivors and a reminder to the rest of us that as much fun as it may be to participate in a bra auction...there is a very serious side to the issue.

We applaud Gagnon and Anderson for having the courage to send a message - with a sense of humour - and not keeping a secret of their experiences with breast cancer.

It also shocks us to note how many breast cancer survivors live in our community but with people like Gagnon and Anderson (and the other 'Weekend Participants' who have called Princeton home) we will never forget the seriousness of the disease.

It's for that reason we consider the Bra Auction such a huge success. The money raised was just a bonus.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

ISSN 1712-090X

An Independent Newspaper - There Are No Chains On Us!

Published weekly by Bengel Publishing Inc.

226A Bridge Street, P.O. Box 956,
Princeton, B.C., V0X 1W0

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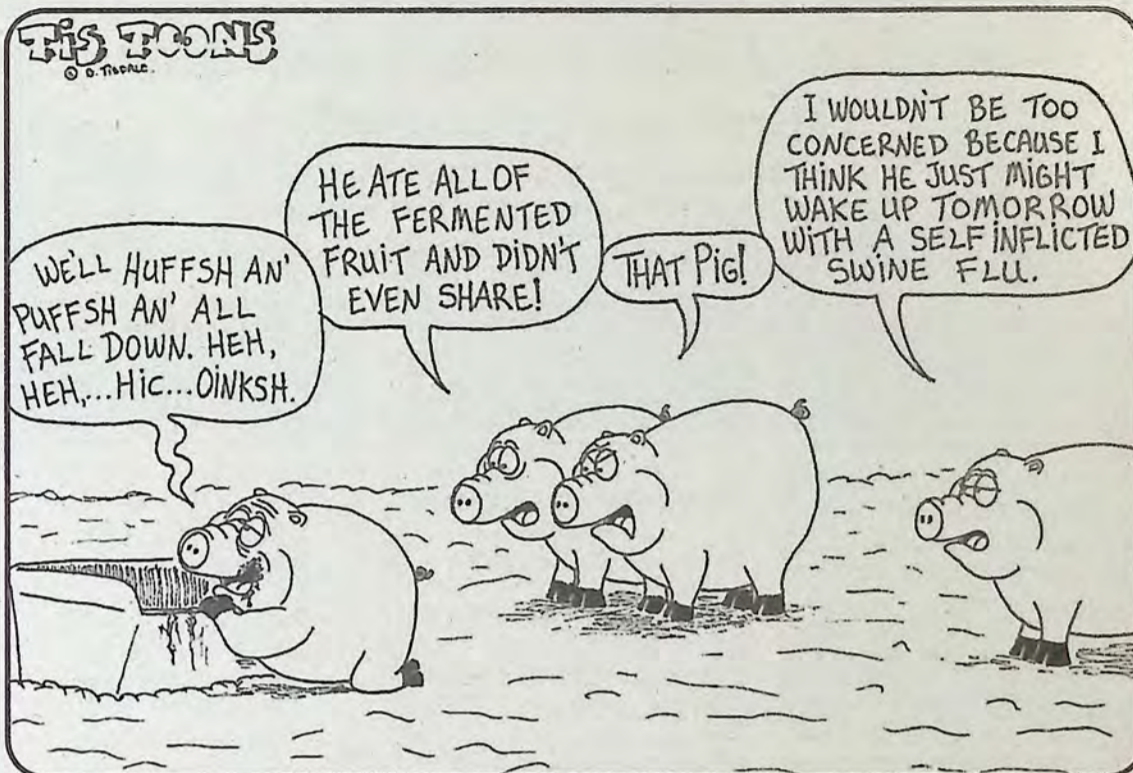
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George Elliott
Brenda Engel
Dawn Johnson



your turn

Carlson reminds us of upcoming event

To The Editor,

How do you choose to spend your health charity dollars? For most Canadians, compassion is the number one motivator, followed by a personal belief in the cause, and thirdly by being personally affected. Like most of us, my charitable dollars are stretched further every year, yet I continue to contribute to the majority of organizations asking for financial support for all of the above reasons. For me, however, being personally affected is the number one reason I support the MS Society of Canada.

Multiple Sclerosis is the most common neurological disease affecting young adults in Canada. Multiple Sclerosis has been diagnosed in babies, children, and teens, although it most frequently strikes people between the ages of 20 and 40. Multiple Sclerosis can cause loss of balance, impaired speech, extreme fatigue, double vision, and paralysis. Canada has one of the highest rates of Multiple Sclerosis in the world. Thanks to the generosity of thousands of Canadians, Canada is a world

leader in research to find treatments and a cure for Multiple Sclerosis and much progress has been made over the past ten years.

Using technology, researchers have developed a window into the disease. Scientists have identified the key molecules responsible for initiating the abnormal immune system response in MS. MRI scanning helps doctors identify brain lesions, an indicator of MS, more quickly. Myelin is the insulating sheath for our nervous system and the breakdown of this insulation is a key factor in multiple sclerosis. There is evidence that myelin can regrow and repair itself spontaneously in the early stages of MS. Studies are underway using the body's own cells to repair myelin. Current research includes the trial use of bone marrow transplants to alter the course of MS. Unlike other bone marrow transplants, in this study the patient uses their own cleansed bone marrow rather than the bone marrow of a donor. The preliminary results of this study have been encouraging.

The MS Society provides funding to

many areas of research. The percentage breakdown of every dollar donated for research is as follows: Pediatric 24%, Bone Marrow 22%, Genetic Susceptibility 18%, Immunology 14%, Myelin Repair 14%, MRI Studies 4%, Health and Treatment 3%, and International Data Centre 1%. Appreciating the apparent increase in the incidence of Multiple Sclerosis in children, please note the MS Society's emphasis on pediatric research.

This year Susan and I will again be participating in the MS Super City Walk at Gyro Park in Penticton. The MS Walk is on April 23rd.

My main interest and primary purpose for participating in the MS Walk is to generate funding to help researchers find a cure for Multiple Sclerosis. For all people with MS, research is the key to finding improved therapies and cure. If you are willing and able to support us in this cause, please send your pledge to: Ken Carlson, Box 1354, Princeton, BC, V0X 1W0. Thank you.

- Ken Carlson

Letter To The Editor

Another reader speaks out about DARE

Dear Editor,

Good intentions are no substitute for effective drug education. Independent evaluations of Drug Abuse Resistance Education (DARE) have found the program to be either ineffective or counterproductive. The scare tactics used do more harm than good. Students who realize they've been lied to about marijuana may make the mistake of assuming that harder drugs like methamphetamine are relatively harmless as well. This is a recipe for disaster. Drug education programs

must be reality-based or they may backfire when kids are inevitably exposed to drug use among their peers.

The importance of parental involvement in reducing drug use cannot be overstated. School-based extracurricular activities have also been shown to reduce drug use. They keep kids busy during the hours they're most likely to get into trouble.

In order for drug education to effectively reduce harm, it has to be credible. The most popular recreational drug and the one most closely associ-

ated with violent behavior is often overlooked. That drug is alcohol, and it takes far more lives each year than all illegal drugs combined. Alcohol may be legal, but it's still the number one drug problem.

The following U.S. Government Accounting Office report confirms my claims regarding DARE: <http://www.gao.gov/new.items/d03172r.pdf>

Sincerely, Robert Sharpe, MPA
Policy Analyst, Common Sense for Drug Policy, Washington, DC

Current Comment:

Why are brides so traditional now?



Dawn Johnson
editor@thenewsleader.ca

After watching "bridezilla" on television, and on Dr. Phil's version of the same show, I came to the conclusion that today's brides have no clue what the traditional wedding is all about.

The fuss over the bride on her wedding day originated as cultural compensation for placing a young woman into lifelong slavery.

The bride was given one day to be beautiful, the center of attention, before she went into a life of obscurity as the wife and brood mare of some man who promised to love, honour and cherish her til death parted them. Generally, her death parted them, as death in childbirth was very common.

To add insult to injury, the girl knew she was being "given away" by one owner to become the property of another owner. Her father, or the lead male of her family, made the decision as to whom she would marry. To make matters even more humiliating, the second owner was bribed with money or property in what was known as a "dowry". We may fantasize about the Romeo and Juliet love match, but the reality of the traditional marriage had nothing to do with love, and a lot more to do with finances. Before any wedding took place, a marriage contract was drawn up, specifying who got what. It was a business deal between two families, negotiated by the heads of those families.

In the traditional wedding, the great day of celebration was to be followed by the wedding night, which was to be the bride's initiation into sexual experience. As virgin brides were kept as ignorant as possible as to what to expect, the wedding night could hardly have been a welcome adventure.

A father with more than one daughter was often hard-pressed to find a husband for all of his daughters, especially if he was not well-to-do. Even if the girl went to a convent and married Christ, the church wanted a dowry for her sacrifice.

If the daughter had the misfortune to be less than facially or physically desirable, the young woman might be wed as a second wife to a man with five children and her future of drudgery was ensured.

The notion that weddings are all about the bride, her gown, the bridesmaids, and so on, is just window dressing for the main event, which was the disposal of a daughter and the union of two families. The modern wedding is a tradition without substance, regardless of what the church may do to sanctify the union. The union could be sanctified without all the fuss of bridesmaids, banquets and receptions.

Gifts were given to the bride because she was penniless and her father could be near broke after paying for the wedding on top of the dowry. The bride owned little but the clothes on her back and a few personal possessions. Any money she might acquire would belong to her husband. The gifts to the bride were for her. In China, the bride was given gold jewelry in case the marriage did not work out and her husband cast her aside. She could sell the gold and pay for her trip home to her family.

Among the Jews, and among the Medicine Wheel people of North America, the wedding was entirely different. First, daughters were valued, and the family was reluctant to give up a daughter without compensation. Men paid a bride price. Among the Jews, the bride joined her husband's family. Among the Medicine Wheel people, the husband went to live among his wife's people. Among the Jews, the father decided who his daughter would marry, but among the Medicine Wheel people, the bride decided who she would marry, although her family was most interested in the man willing to pay a really high price.

Was there a wedding celebration among these people where the groom paid a "bride price"? Of course there was a celebration, but it was not about the bride, her dress or her bridesmaids, it was about the future of family, and the birth of new family members. It was about the strength of the family both in numbers and as an

enterprising group. It is interesting to note that among these groups, a man was a lot less inclined to cast aside a wife for whom he had paid a handsome price for the privilege of marrying her.

What we really need in our society, in my opinion, is a new kind of wedding tradition. Let's face it: fathers do not own their daughters and cannot really give them away. Brides go willingly or not at all into a marriage, and if it does not suit them, they leave, and take a lot of a man's wealth with them if they can find the right lawyer.

Don't get me wrong: I promised to love, honour and cherish (but not obey) my husband, and have been married 49 years. No union is without its problems, but we made a commitment, and we raised a family. I firmly believe a good, strong marriage is a solid foundation of society, but I believe, too, that it has nothing to do with big weddings, big receptions, and a whole lot of fuss over what brides wear or how many bridesmaids they have. I firmly believe those things have nothing to do with what marriage is about. After all, a wedding is not a marriage, it is merely a day of publicly proclaiming the legality of the union and the legitimacy of any offspring from that union. To be quite realistic, all offspring are legitimate anyhow.

To religious people, marriage is a promise made to God as well as a public declaration. This does not make it any easier to go from being single to being one partner in a marriage. The wedding can be as small as five people, or as big as a thousand, but the promise is the same, and the promise is between two people and God.

A marriage is about two people. A wedding is about putting on entertainment for others, often at a big price.

Today's brides who want a traditional wedding might be a lot better off if they focused on making a great marriage rather than having a great wedding.

Heart Food

by Dave Machin



The word gospel actually means "Good news". It is a proclamation, a telling of good news. When Jesus began preaching the gospel of the Kingdom he continued the message of John, "repent". The word repent means to think differently, reconsider. Jews of the day lived under the burden of the law with a system of rules and regulations to practice in an effort to please God, if kept. Working to earn salvation is never pleasant. It has a built in sense of failure and hopelessness, men were held captive because they could never live up to the demands of the law. The good news is a message of freedom. It is a message of hope and it is a message of love. The angel's message to the shepherds in the field the night Jesus was born was good news! "Behold I bring you good tidings of great joy, which shall be to all people. For unto you is born this day, a Saviour, which is Christ the Lord." Jesus' words were repent YE and believe. Our requirement is to change our mind and believe the good news. If the bible says it ~it's true. My job is to believe it. Our lives are made up of our belief systems. We live what we believe. We practice what we believe. To have God's best in our lives requires a new thought process. We have to change our mind and embrace God's truth. Romans 12:2 ~ we are transformed by the renewing of our minds. Everything about God is good. Everything coming from God is good. God is good and only does good. God gives only good gifts because he wants us to richly enjoy all things and He sent Jesus to bring that message to all mankind.

The New Testament is a book of good news. Every word must be believed and received before it has the ability to save us. Once believed and received it holds the power to produce great freedom in all areas of our lives. God is not withholding any good thing from our lives ~ our unbelief holds it back. If we will repent(change our thinking) and believe we too can experience all the benefits of the good news. We can start by believing that God is good, His word is good and good all the time.

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Polly Brassard-McCarthy, right, and her daughter Frances are walking across Canada.

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Walk brings awareness

Two Winnipeg women are walking across Canada to bring attention to Fetal Alcohol Spectrum Disorder.

Polly Brassard-McCarthy, 48, and her 13-year old daughter Frances set off from Vancouver on March 1st with the goal of reaching St. Johns, Newfoundland in seven months.

The pair stopped into the News

Leader office last Tuesday to tell us about their journey.

"Something has just been driving us," Polly explained.

"We've been staying at people's homes and speaking at places about Fetal Alcohol."

The pair cover about 50-kilometres per day and have limited supplies for their trip.

While in Princeton, a local motel

donated a night for them to get a good night's sleep in warm beds rather than camping - as has been the norm on this journey across the country.

To find out more about the walk, or about Fetal Alcohol Spectrum Disorder, or to make a donation in support of the walk, visit this website: <http://hometown.aol.com/faswalk2006/index.html>.

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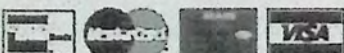


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Canada Census program hits the road in 2006. Mayor Randy McLean was presented with a Proclamation and BC Census Tour Road Map by Peter Liang and Jeanne Landry - Communication Officers for Statistics Canada - at last Wednesday's Rotary Luncheon meeting.

Rotarians reminded to be counted

Princeton Rotary Club moved its weekly meeting from Tuesday to Wednesday last week to accommodate a visit from two Communication Officers from Statistics Canada.

Peter Liang and Jeanne Landry were in Princeton visiting various community groups as part of a new program to personalize the upcoming 2006 Census.

The pair will be driving an RV throughout British Columbia, stopping in 65 communities and passing through 176.

There will be identical RV tours taking place in Alberta, Saskatchewan and Manitoba as StatCan attempts to reach out to Canadians - particularly rural Canadians - to impress upon them the importance of being included in the May 16th Census.

Liang says the Census is "A very time-honoured, age old tradition" in Canada with this years Census being the 20th one conducted in Canada's history.

He went on to explain that approximately 80 percent of Canadians receive the 'short form' questionnaire with the remaining 20 percent receiving the often dreaded 'long form' package.

Any idea why it is so important

to be involved in the Census? One important fact to keep in mind is that in this province, \$1,100 is lost in transfer payments per person per year if not counted in the Census. Or in other words, if you participate, you will earn British Columbia \$1,100.

Liang says early data collected from the Census, such as population stats and age demographics, will become available in Spring 2007 with the balance of information filtering out during the balance of the year.

This year StatCan has embraced technology with a huge change to how the Census will be taken.

"This is the first time Canadians will be able to fill out their forms on the internet," Liang explained the security in place online is better than most online banking security programs.

Another change will see all completed forms going directly to Ottawa rather than to a local Census taker and sent off to Ottawa after inspection at the local level.

Another bonus to this year's Census is no one will call at your door to take your information - provided you fill out forms when they are first received.

ATV Club makes plans

On March 20th the Similkameen Valley Riders A.T.V. Club got together for a meeting at the Chamber of Commerce. Richard Lubiak was in the chair with the very helpful Bev Bolenbeck (secretary) taking our minutes.

It was nice for the group to meet again after winter break. There was a good turn out of thirteen people. Two new guests attended, Mr. and Mrs. Barran from Round Lake.

The group discussed issues such as marking trails responsibly by

meeting with the USIB and forestry, Insurance changes and when to have rides planned as well as when to have our meet this year. It was announced the club donated monies to the Crisis Centre.

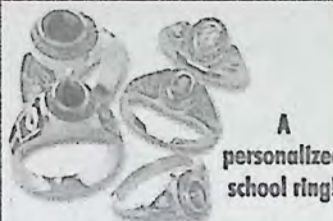
We all had a good visit and adjourned the meeting to come together for our next meeting, the AGM on April 10, 2006. Come join our club and go on rides with our club and also other clubs from the valley, Logan Lake, etc.

- submitted

For more information on the May 16th Census, visit this website: www.census2006.ca.

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In the mean time, you may find more water information by going to www.csug.ca.



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Princeton Museum is changing things around and making room for new displays for the upcoming season.

History of local Coal Mining - Part 2

by Nick Mills

Operations Manager, Princeton
Museum & Archives

..... continued from last issue with 112,041 tons, but with untapped reserves estimated in excess of 300,000,000 tons, it is clear that the potential of the Princeton coalfield has never been fully exploited.

Twelve miles Northwest of Princeton is Coalmont, which in 1930 had a population of 350. Today it is considerably less. The railway was the exit point for coal produced six miles West in Blakeburn.

Coal was first discovered 4 miles North of Granite Creek at Collins' Gulch in 1894 by one W.A. Davis. Prospecting had been continued by, amongst others, the B.C. Coal and Coke Company, later reorganized as the Columbia Coal and Coke, between 1910 and 1912 and by the McAvoy Trust Company from 1913 until 1915.

In July 1911, encouraged by the advance of the VV&E, in answer to the problem of transportation the Columbia Coal and Coke Company established the Company town of Cardiff, later to be renamed Coalmont and in antic-

ipation of the railway arrival started stockpiling coal beside the future rail bed.

The subsidiary of the Great Northern stalled in their advance from Princeton and this put a great stress on the Coal Company's finances; as a result they ceased operations in March 1913, but in August of the same year A. McEvoy of Vancouver, under the title of A. McAvoy, Trustee Operators, Coalmont Collieries, had purchased the old Company.

The name of Cardiff was changed to Coalmont, a derivative of Coal Mountain. In 1918 a new Company, out of Granville Island, Vancouver with \$3,000,000 worth of capital assumed complete ownership of Coalmont Collieries.

In the mountains, 4,000 feet above sea level and six miles west of Coalmont the mining community of Blakeburn was established, named after two of the new Company Directors - W.J. Blake-Wilson and Pat Burns. The latter of the two men was then better known as a magnate in the meat trade and one of the small group that subsequently established the Calgary Stampede.

During October 1914, the railway

finally arrived in Coalmont. In summer the coal was shipped down the mountain by wagon, in winter conditions sledges had to suffice. To meet the high demand, Blakeburn coal was of a very high quality; it was clear that other arrangements to get the coal to the tipples would have to be found.

The answer came in 1920 with the building of an aerial tram. Two and a quarter miles, 33,585 feet in length the first to be used in the Province at a coal mine, the tram claimed to be the longest in the British Empire.

The worst mining disaster in the Similkameen, and one of the worst in Provincial history happened at Blakeburn on Wednesday, August 13th, 1930. Forty-five miners lost their lives following an explosion at No 4 mine. This was the beginning of the end for coal mining at Blakeburn.

Production at Blakeburn ranged from 5,893 tons in 1912 to a peak in 1928 of 167,461 tons. In the final year of underground production, 1940, tonnage had steadily declined to 28,809 tons.

From 1954 (15,678 tons) until 1957 (14,601 tons) the Mullin brothers operating as Mullin's Strip Mine Ltd. extracted a total of 163,905 tons, trucking the coal to Princeton for use at the power plant belonging to Granby Consolidated Mining and Smelting and Power at nearby Allenby.

Blakeburn's entire output from 1912 to 1957 totalled 2,314,970 tonnes, once as many as 600 people lived there, little remains of the tram line and the railway disappeared years ago, but the mountain does not sleep, some miles beyond the town site, along the gravel road to Lodestone Lake, the sounds of coal mining activity can once more be heard - but that is another story.

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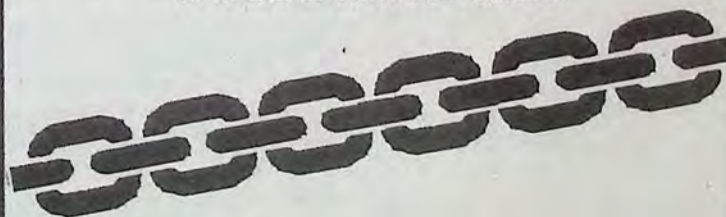
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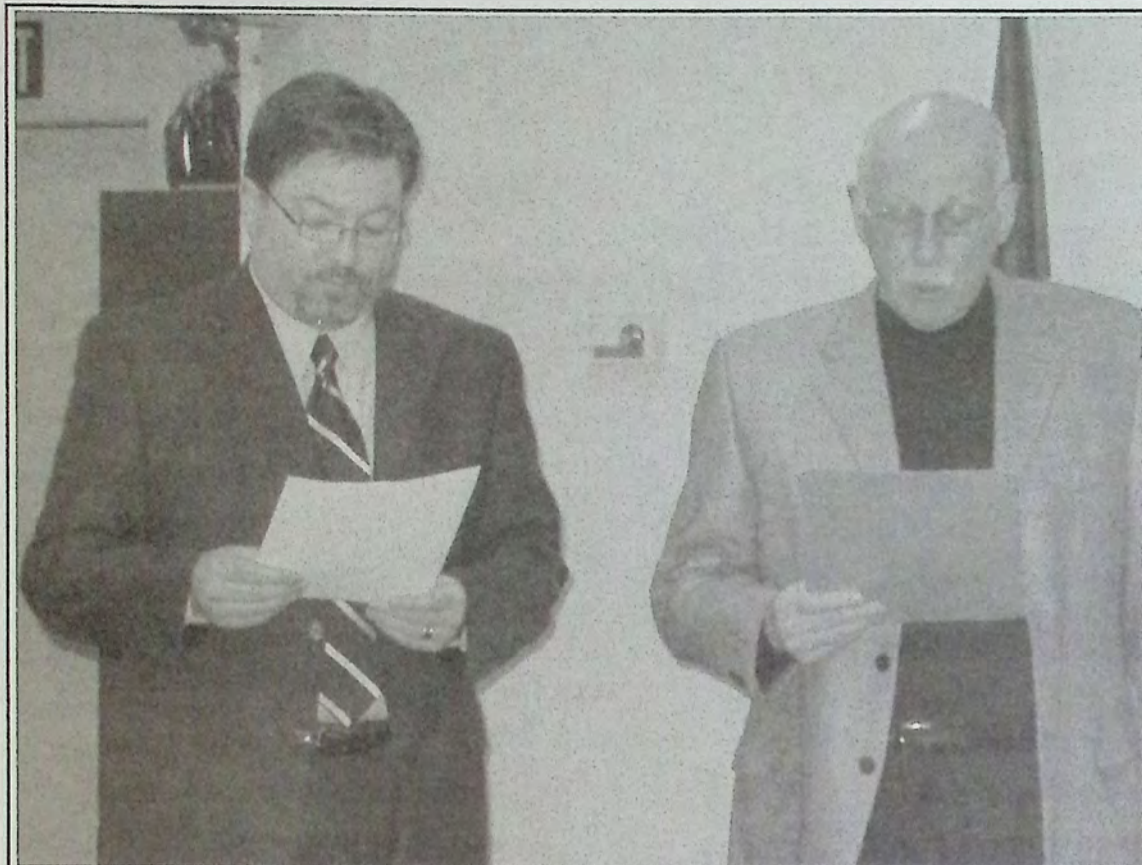
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Princeton lawyer Stan Turner, right, conducts the official swearing in ceremony for newly hired Town of Princeton CAO Patrick Robbins. Robbins, 41, is an avid flyfisherman and golfer.

Arts Council asks for grant

Princeton's Community Arts Council submitted an updated report to Town Council outlining their activities for the past six months. The Arts Council is an umbrella group subsidizing eight arts groups including performing arts, artists, potters, writers, naturalists, and the Concert Society.

received a \$3,000 grant from Town Council. This grant was reduced to \$2,000 when the Arts Council moved into the old fire hall. Then Council asked the Arts Council to pay the utility bills for the hall, which further reduced the grant by half.

Now, the Arts Council and member groups are housed in Riverside

Wellness Centre. The report included a request to Council to reinstate the original \$3,000 grant. This local grant is matched by a grant from the BC Arts Council. The grants are then redistributed to the member groups, with the Arts Council retaining a portion of the money for its own use to encourage and promote arts within the community.

The best start is an early start

What pre-schoolers learn and experience affects them throughout their school years and adult life. Youngsters who are ready to learn on their first day of kindergarten have the best chance of succeeding in life.

Coordinator of the regional Understanding the Early Years program. Gregory was hired by Communities for Kids to promote healthy child development, and brings together groups working with children, whether in pre-school, schools, or community groups.

Gregory emphasized that children's early years are very important, affecting their ability to learn and adapt into adulthood. Throughout British Columbia, surveys have been done to assess children, their neighbourhoods and their communities to help determine what children need and assess community risk factors.

District #58 School Trustees heard a presentation by Patricia Gregory,

School jobs go online

A regional recruitment tool will serve school districts better than newspaper advertising and will cost less. The cost of advertising teaching positions in major newspapers is very high, amounting to thousands of dollars for each advertisement.

links to each school district website where the communities and schools in the district are listed, and descriptions included. For example, a teacher interested in a position in the Okanagan region could go to the regional website, then explore School District #58. The search would reveal Merritt and Princeton, along with descriptions of each school, and the attractions of each community. Teachers unfamiliar with these communities might never have considered them as part of the Okanagan region and might never have considered applying to School District #58.

Socio-economic characteristics of neighbourhoods and communities are determined through surveys. This year, parents of children in kindergarten in the Princeton area will be interviewed.

Children are assessed on social behaviour, language and cognitive skills, and their ability to communicate their needs.

At the end of the School Board meeting, the News Leader asked if there is so much concern about pre-school learning, why are pre-school and daycare facilities not funded through the provincial education system?

At the same time, the newspaper advertisements do not reach everyone. To make the job opportunities more widely known, regional school districts are building websites in which teachers and new graduates can apply online through a website. The districts can advertise a position online, but can access resumés from a pool of applications.

School Districts hope to attract many more applicants through this online system.

The Ministry of Education has a mandate to cover the cost of kindergarten through Grade 12, and the federal government covers pre-school and post-secondary education, but Board Chair Gordon Comeau expressed the opinion that it would be good to have the federal funding designated to school districts but not necessarily through a Ministry of Education general fund.

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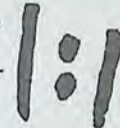
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Note that not all provinces have legislation that permits the creation of a Living Will. Consult your legal advisor when considering appointing another individual to manage your affairs.

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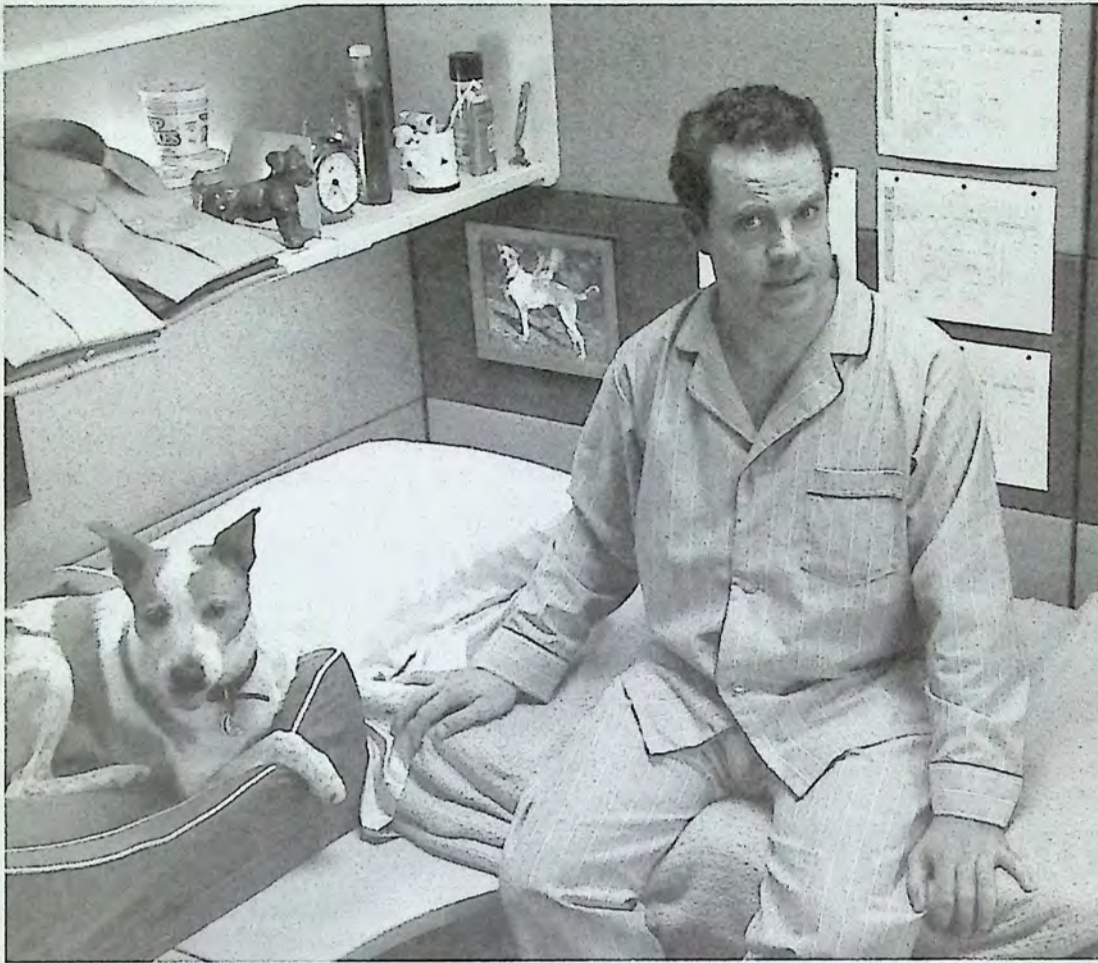
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