

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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Sports club plans run

The Coalmont to Princeton Road Race is set for Sunday, June 11. The 18.5 km. foot race is Race #7 in the 2006 Canadian Tire Interior Road Race Series, and is part of the B.C. Road Running series. Hosts are Tulameen Sports Club. Leslie Hassell is the contact person (295-7380) or Jim Hardin (295-7620).

The race will start at 9:00 a.m. sharp outside the Coalmont Hotel. It will finish at Princeton Arena. This is not an easy race course, especially with the hill at the final leg of the course.

The race is limited to registered runners only. There will be no pacers, baby joggers, dogs, bicycles, roller blades or headsets allowed.

Early registration forms can be obtained at Ounce of Prevention on Vermilion Avenue or by calling the contact people. Late registration will take place at Princeton Arena on June 11 between 7:00 a.m. and 7:50 a.m. A shuttle bus for registered runners will leave the arena at 8:00 a.m. The awards ceremony will be held at the arena at noon.

Runners will try to beat the records for the run. For the men, the record is one hour, 8 minutes and 31 seconds set by Kevin Cutjar in 2002. For the women, the record is one hour, 17 minutes and 59 seconds, set by Sam Saunders in 2003.

Rodeo club sets standard



Princeton's Brian Rutherford does his best to hang on for eight seconds during Friday night's Similco Bull-A-Rama at Princeton Fairgrounds. Photo: Bryan Smith, www.keremeos.net.

*Considered
'Best
Rodeo
weekend
- ever!'*

Princeton Rodeo Club took a number of chances over the past weekend but ended up on the winning end with all three special events hosted by the small, but dedicated group of volunteers far more successful than expected.

The weekend started with the first annual Similco Bull-A-Rama on Friday night at Princeton Fairgrounds.

The event saw a total of 26 bullriders compete in a BC Professional Bullriders Association sanctioned show which attracted around 500 spectators (see story below).

The first day of the Canadian Professional Rodeo Association's Princeton Pro Rodeo on Saturday started with a tribute to the late Jim Lind (see story on Page 5) and included some of the best rodeo action ever presented in Princeton's rodeo arena (see results on Page 11).

Saturday night featured a Rodeo Dance at Princeton Arena with entertainment provided by Ken McCoy.

Close to 400 people attended the evening of music, dancing and socializing that extended well past midnight.

Sunday's rodeo performance attracted a huge crowd to Princeton Fairgrounds and was highlighted by some of the best times and scores for the weekend.

The Rodeo Club extends thanks to everyone who contributed to the weekend's activities - volunteers, sponsors and individual donors - for whatever they provided to the 5th annual Princeton Pro Rodeo.

The club will spend the next week cleaning up facilities and number crunching to see what the financial outcome of all their effort will be.

Plans for the sixth annual Princeton Pro Rodeo will likely start to take shape in the next few months.

PXA keeps on building their assets

Volunteers have been building bigger and better at the fairgrounds this spring, as they have done for years. This year, the grandstand facade has been painted, a VIP building was constructed by the Rodeo Club, who moved their former office to the east gate to be a gate house. A cooler room has been constructed in the concession area, a new platform and fences have been constructed behind the rodeo chutes.

Princeton Exhibition Association (PXA) is the management body for Princeton's fairgrounds complex located north of town. The management group is composed of volunteers who coordinate the activities of paying tenants and user groups.

The user groups include Princeton Rodeo Club, Princeton Racing Days Association, Princeton Motorsports Association, Princeton and District Agricultural Fall Fair Association and the fledgling group reviving Princeton Light Horse Club.

At the May 9 meeting of the PXA, scheduling use of the grounds became an issue. Motorsports asked for three days a week for practice, and a scheduling conflict was identified on Sundays, as the Light Horse Club uses the grounds at that time. A compromise was worked out.

In addition to regular groups using the grounds, there are people with saddle horses who want to do some

riding on the horse track.

Motorsports said they will allow only authorized members of their group to use the motorsports track. This group wants a lock-down situation during their user time so they are not bothered by individuals who want to just play at their leisure time. Details are yet to be worked out.

The busiest season for PXA begins with the annual rodeo, followed by Motorsports action on June 11 and horse racing at the end of June. Fall

Fair members are planning for their big weekend: September 9 and 10.

Horse barn rentals continue all year. Last year, these rentals brought in \$11,000. Other rental income comes from trailer pad rentals and group bookings during the year for activities such as family reunions, motorcycle group camp-outs, and rentals for ATV or motorhome groups.

The next meeting of the PXA will be on June 13 at 7:00 p.m. at the fairgrounds office.

Bulls launch weekend

The first annual Similco Bull-A-Rama Friday night at Princeton Fairgrounds featured a total of 26 bullriders in the BC Professional Bullriders Association sanctioned event.

Only nine riders were able to record scores following an eight second ride in the first round.

The leader board showed Scott Zigler of Anahim Lake on top with a score of 83.5 followed by Greg Bridge of Vernon with 82.5 and two

riders tied at 82 (Trevor Lulua of Hanceville, BC and Hugh Loring of Riske Creek).

The second round saw the top ten scorers - the nine finalists in the first round and another drawn from a hat of the remaining entrants - ride a second time.

The only bullrider able to score a second time was Quentin Schneider of Keremeos who's combined rides of 81 and 71 gave him a 152 and the Bull-A-Rama Championship.

**CONGRATULATIONS
Princeton Rodeo Club**

ON ANOTHER SUCCESSFUL RODEO WEEKEND WE WERE PROUD TO BE PART OF IT!

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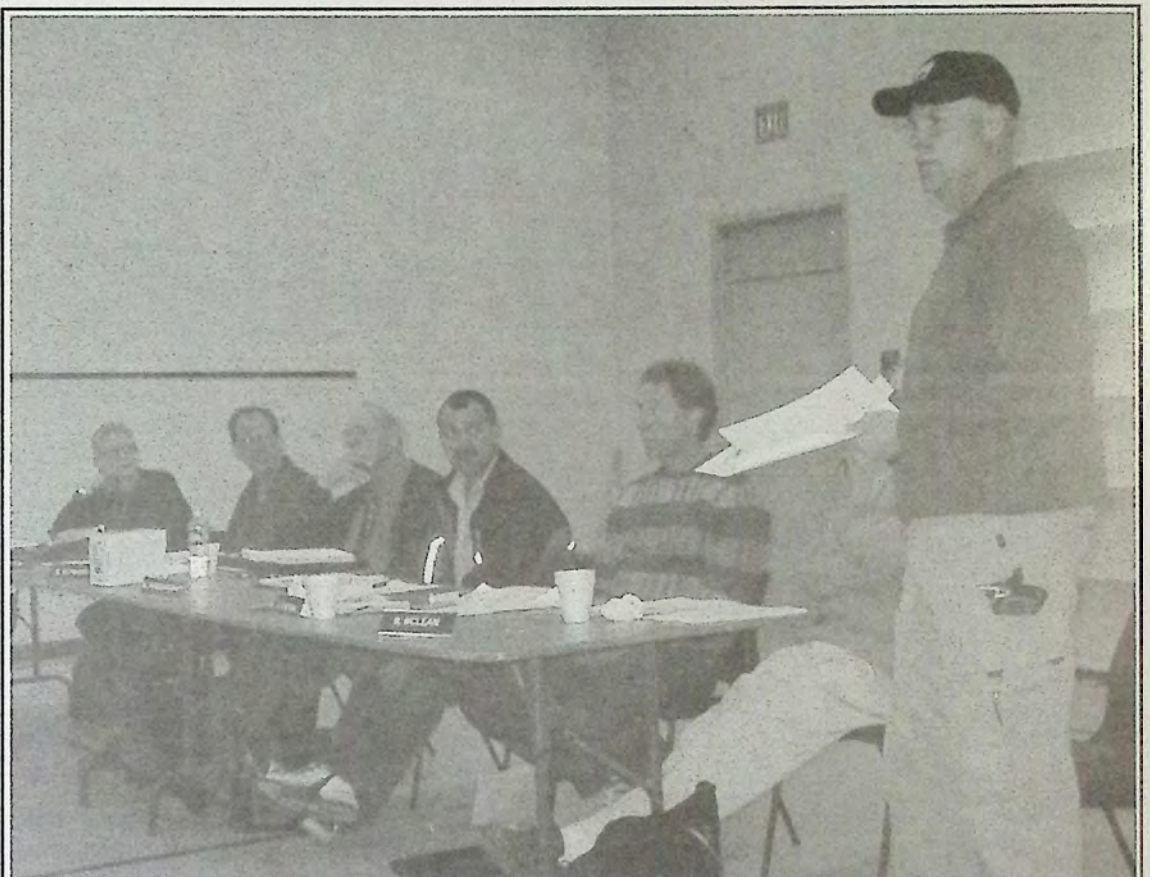
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Princeton Recreation Director Lyle Thomas, standing, explains the concept of the Riverside Wellness Centre at the 'on the road' meeting of Regional District of Okanagan Similkameen in the former Riverside School Gym last Thursday. Thomas outlined plans that would see the area they were in become a performing arts centre, complete with stage, following some renovations.

Group looking for Princeton's Queen

A once in a lifetime opportunity is being offered to Princeton residents. The search is on for titleholders to represent their city at the National Canada Pageants competition!

One candidate from each city or town throughout Canada will be selected. The local winner will become an ambassador for her area participating in local fall fairs, expos, parades, and other community events in her crown and sash.

She then moves onto the National pageant which will take place in Niagara Falls, Ontario at the Hilton Fallsview Hotel August 27-30, 2006.

Canada Pageants Corporation® offers women with opportunities for career advancement, networking, media exposure, and personal development. The competition is open to ages 7-56. The 2006 competition will crown a new Miss Preteen Canada, Miss Teen Canada Scholarship®, Miss Canada Scholarship®, and Mrs. Canada. The Canada Pageants system showcases the accomplishments of women and their commitment to community, family, education, and career.

Winners receive a cash prize, aca-

demical scholarship, and an entrance scholarship to the prestigious Actors Model & Talent Convention valued at \$3,000.00 where they will meet agents, casting directors, and scouts from around the world.

Winners will become Goodwill Ambassadors to World Vision through child sponsorship as well as have the opportunity to travel to the Dominican Republic on a Mission Trip.

Canada Pageants prides itself in being a family friendly event. The preteen competition calls for KIDS to be KIDS with a no make-up rule. Canada Pageants is not a conventional pageant system based on beauty, as 50% of the total score is determined by interview about personal platform.

Most contestants are not models and have no previous pageant experience featuring its well known slogan ordinary girls doing extra-ordinary things.

Last year, Canada Pageants Corporation® awarded over \$100,000.00 in scholarships and prizes. Seventy-Five women competed from across Canada and performed for a SOLD OUT crowd for both the Preliminaries and Finals. They enjoyed a press con-

ference, autograph signings, entertainment and more. There have been countless success stories.

Titleholders have been offered contracts with organizations such as Walt Disney World, MADD (Mothers Against Drinking and Driving), and the Speers Society for Violence Prevention. Some have appeared on television, published books, gone on National Speaking Tours, and traveled to other parts of the world as Goodwill Ambassadors such as New Orleans for Hurricane Katrina relief efforts and the Dominican Republic.

In association with Absolute Leadership, Miss Teen Canada 2005 is on her way to travel province to province inspiring high school students to reach for their dreams and live life with purpose. She will also be promoting the opportunity for young people to get involved with a purpose driven Mission Trip with Hero Holiday.

Princeton titleholders will be announced May 30th, 2006.

For further information, visit www.canadapageants.com or call (519) 640-6753 or 1-866-574-STAR (7827).

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Princeton's Renee Willis is a busy young lady this year. In addition to graduating later this month and working at her family-owner business (Belaire Restaurant) she has entered her fifth year as a professional barrel racer. Willis, 18, has already placed third in one of four rodeos she's attended this season. This year she is riding a 9-year old mare named Pie. "We call her Sweetie Pie," Willis says.

Police report 'amazing' crash

On Thursday, May 11th, Princeton RCMP responded to a single vehicle accident that was reported to be 2 miles West of Princeton.

It turned out that the accident was actually within the town limits

between the Deerview Motel and the Husky Gas Station.

"A lone 64-year old male driver from Summerland was heading eastbound when he went off road to the right for no apparent reason," says Princeton RCMP Cst.

Myrl Stus.

"The small red pickup missed every large tree on the way down the steep embankment until it came to rest approximately 50-feet down. The male driver was uninjured."

Stus says an accident report form was filled out and the driver admitted to 'dozing off momentarily.' He was issued a violation ticket under the Motor Vehicle Act.

MPs call for investigation

NDP Transportation Critic, Peter Julian (Burnaby, New Westminster) and NDP Agriculture Critic, Alex Atamanenko (BC Southern Interior), are calling for an Auditor General Investigation into the misuse of funds for railway hopper car maintenance.

In February 2005, the House of Commons Standing Committee on Transport issued a report calling on Transport Canada and the Canadian Transportation Agency to establish accurate maintenance costs for the federal hopper car fleet.

"This report was to be released to the public. I am not surprised that

the Conservative Government chose to keep this report secret. The leaked classified document, which I have, shows that in 2004 alone farmers paid \$4,329 per car per year to the railways for maintenance while the actual cost was only \$1,686," said Atamanenko.

According to Peter Julian, farmers have paid over \$730 million more than they should have as a result of the former Conservative governments error in 1992.

"Clearly, this merits a thorough investigation by the Auditor General on how farmers hard-earned dollars were stolen," said Julian.

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CHANGE OF MEETING DATE

Please note that the date for the next Regular Meeting of the Board of School Trustees will be held on:

WEDNESDAY, May 31, 2006
in the Merritt Board Room
starting at 7:00 PM

Princeton and Area Residents are invited to an evening of open discussion of issues with your local representatives and guests

MP's Community Forum

7:00 PM Thursday May 25th
Princeton Legion Hall

PANELISTS

Alex Atamanenko, MP	BC Southern Interior
Randy McLean, Mayor	Town of Princeton
Gerri Logan, Director	Area H - RDOS
Dina Slowikowski-Campbell, Trustee	School District 58
Philippe Batini, Manager	Upper Similkameen Indian Band
Marilyn Harkness, IHA Director of Health Services - Princeton/Keremeos	AND Other Guests

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keremeos and area news



Eugene Deschamps of Keremeos rode his entry in the upcoming lawn mower races in the Hedley Stamp Mill Day Parade on May 4th to promote the long weekend of activities as part of Keremeos Rodeo.

Annual tradition continues

The 68th annual Keremeos Elks Rodeo and Parade are this weekend in Keremeos.

The weekend starts with lawn mower races on Saturday. Time trials are set for 10:00 AM with races at 10:30 AM. This will be followed by antique tractor pulls.

These events will be held at the Rodeo Arena with a \$5.00 admission for adults, seniors, students and children and includes access to the full day of activities.

The rodeo takes place at 1:00 PM both Sunday and Monday this weekend.

Admission prices are set at \$10 for adults, \$8 for students and seniors, with children between the ages of 6 and 12 charged \$4.

The Pentiction Regional Hospital received funding from the provincial government and the Okanagan Similkameen Regional Hospital District for three pieces of equipment that cost more than \$100,000 each.

As always, the South Okanagan Similkameen Medical Foundation will continue to fundraise for all of the other equipment needed this year. The goal this year is to fundraise \$1.6 million.

An item they hope to be able to purchase this year is a Tissue Processor for the laboratory at the Pentiction Regional Hospital. The cost is \$76,823.50 and will be paid for with dollars donated from the community. The Tissue Processor that is currently being used is about 20 years old.

Tissue processors are used to prepare tissue specimens for diagnosis of diseases such as cancer. The

Parking is free with overnight camping available for contestants and patrons (dry camping). Concession stand and a refreshment garden are also located at the Rodeo Grounds.

A steak barbeque will be held in Memorial Park on Sunday starting at 4:30 PM with the cost set at \$10.00 per person.

The rodeo parade will take place Monday at 10:30 AM with entries still being accepted. Call (250) 499-5175 for information.

The parade line up and judging starts at 9:30 AM.

Registration in advance ensures your position in the parade and for proper coordination by parade organizers.

The rodeo hosts all the standard BC Rodeo events including bareback, saddle bronc, bull riding, steer wrestling, junior steer riding, tie down roping, breakway roping, team roping, ladies and junior barrel racing plus local novice barrel racing.

All the major events take place both rodeo days with special childrens events.

Mutton bustin' is scheduled for preschoolers on Sunday and the calf scramble is on Monday for children 12 and under.

For any further information concerning the May Long Weekend Keremeos Elks Rodeo, contact either Joe or Reggie Reichert at (250) 499-5175.

Foundation benefits Similkameen

processor contains several chemicals which are introduced into the tissue during the processing run. Afterward the tissue is embedded with wax, cut into the thickness of one cell and placed on a glass slide. The slide is stained and given to the Pathologist to examine under a microscope. This important equipment is used to process samples from about 40 patient cases a day.

Recently the Pentiction Hospital Auxiliary helped to purchase two Bladder Scanners with carts at a cost of more than \$20,000 each. The scanners were high on the priority list for the hospital and will be used by several different departments throughout the hospital.

The Pentiction Hospital Auxiliary is an amazing group of volunteers donated \$71,400.00 last year and over their long history they have

helped by donating a total of more than \$1.3 million. All of their funds have been used for equipment purchases, patient comforts and education at the Pentiction Regional Hospital. The South Okanagan Similkameen Medical Foundation would like to sincerely thank all of the volunteers for their support, dedication and thoughtfulness over the years.

If you would like to make a donation towards the Protein Electrophoresis System or any of the other equipment they hope to purchase this year, please call the office at 492-9027.

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Princeton's Aimee Willis rounding a barrel at last year's Keremeos Elks Rodeo. The event not only attracts a lot of Princeton area competitors and volunteers, there are many Princeton spectators.

Princeton Rodeo Club honours family member

Princeton Rodeo Club kicked off their fifth annual Pro Rodeo with a short ceremony Saturday afternoon.

The Jim Lind Memorial VIP Building was officially dedicated - part of a major facility upgrade which included reconstruction of stock pens and platforms built behind the bucking chutes.

Jim Lind was born and raised in Princeton in the 1930's and 40's. He was around horses and cattle all his young life. He went on to become a major logging contractor in Kelowna and had several of the Louis brothers from the Vernon area working for him over the years in his business, and family members say it was almost inevitable that they would bring Jim back into horseback events.

With retirement approaching, Lind took up team roping as a heeler. He traveled to Arizona in Winter and roped Summers in Washington State.

His greatest passion was the BC Team Roping Association. He always traveled enough to make the BCTRA Finals and made a lot of trips to Alberta to the Canadian Finals.

His final roping event was the BCTRA Finals in Quesnel in 2003 where he was awarded the high point of his roping career - #1 Roper For The Year - at age 75. He died the following August.

When the Princeton Rodeo Club was involved in the Pony Express to Tonasket, Lind was always ready to supply a couple of horses and his rig and would pick up and transfer horses on the way to or from the US Border.

Whenever called he would bring his service truck and welder to Princeton to build and repair the rodeo grounds.

After Jim's death, his wife Isabelle asked the club if there was anything they wanted to do at the rodeo grounds as a lasting

memorial. It was decided that an overhaul in the stock pens behind the bucking chutes was needed as well as a permanent VIP building for rodeo contestants, workers and sponsors.

Isabelle, Jim's lifelong wife and companion, got the ball rolling with a generous donation followed by a memorial team roping event at the grounds last fall.

Corporate grants and support from the Town of Princeton ensured the project would be done.

Work was completed in time for the weekend of the Pro Rodeo thanks to many of Jim's family members along with old and new friends offering labour and expertise.

www.hedleybc.com

Keremeos Elks 68th annual RODEO

This Weekend

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RODEO - 1 PM Sunday
STEAK BARBEQUE - 4:30 Sunday in the Park
PARADE - 10:30 AM Monday
RODEO - 1 PM Monday

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Talk about a dedicated volunteer! Judy Egli, Similkameen Sizzle Chair, promoted the September event at Hedley's Stamp Mill Day parade on May 6th. The Sizzle Committee will begin meeting monthly this week to plan their fifth celebration.



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SUMMER STUDENT EMPLOYMENT

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Candidates must have a valid BC Drivers License Class 5, currently attending an Educational Institute and must be returning to an Educational Institute in the Fall.

Remuneration as specified in the Union Contract.

Positions to commence Monday, June 19, 2006 through to Friday, August 18, 2006.

Resumes to be submitted before Wednesday, May 31, 2006 at 4:30 PM to the Town of Princeton Office at 169 Bridge Street or mail to P O Box 670, Princeton, BC, V0X 1W0



**Capsule
Comments**



by your Pharmasave Pharmacist Wen Wong

A diagnosis of diabetes can be frightening. You can't cure it but it certainly can be controlled. Usually diabetes is diagnosed when a fasting blood sugar is over 7. With a combination of good attention to diet, exercise and blood sugar monitoring, diabetics can live long and happy lives.

It was back in 1850 that doctors first began to take the patient's temperature as a regular part of making a diagnosis. Back then it took about 20 minutes to get an accurate temperature. In 1866, the first clinical thermometer was developed in England. This speeded up the process immensely.

Statin drugs are very popular in the treatment of high cholesterol. In the United Kingdom, one of the statins became available without a prescription in the middle of 2004. It's debatable whether this was a good decision or not. Being available OTC means it isn't covered under many drug plans. Not good for many people.

Before you leave the pharmacy, read the label of your prescription medication and check the contents. Brands of medication are always changing. We'll let you know when this happens.

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news leader health page

The sign of a good man: Buff and lean

(NC)—Handsome, strong, sculpted men, young and not-so-young, stare down at us from billboards, movie screens and in magazines and television. They ask - no, demand - to know if we are doing our part to keep our bodies trim and attractive. This, they suggest, indicates that we are also healthy and successful.

Images promoting lean and toned - and the dieting and exercise to reach them - long aimed at women now target men as intensively. In response, increasing numbers of men are pumping and primping to get that buff and lean shape: A shape that some say is the icon of successful modern masculinity.

"This narrow popular image of physically powerful but lean men has come to symbolize men who are

in control of themselves and their worlds," says Merryl Bear, director of the National Eating Disorder Information Centre (NEDIC).

Bigger and leaner bodies are desirable to many men because they are regarded as a sign of success - they represent power and popularity, says Brian Pronger, assistant professor at the University of Toronto, in his writings on males and masculinity. 'Health' is often a convenient hook on which to hang the desire for this symbolic body.

It is no surprise then that many more men are closeting themselves in gyms and pounding pavements in an attempt to attain the body that culture and technology say they should and can.

This attempt to achieve control

over one's body is paradoxically leading to loss of control and achievement in social, professional and health goals for men.

"Weight and shape preoccupation, and eating disorders, are increasing among males," says Bear. "NEDIC is hearing from more men looking for support and treatment for their eating disorders, of which over-exercise is frequently a part."

Getting help for men with body image and disordered eating issues is easier than in the past, because more health professionals recognize the warning signs. Bear suggests that a visit to NEDIC's website www.nedic.ca is a good start in learning more about body image and self-esteem issues in general.

- News Canada

What's Up Doc?

Asking your physician about the latest treatments may change your life

by Beth Robins

(NC)—With Canadian physicians busier than ever, people with chronic diseases often are reluctant to question their doctors about the latest treatments. But, as recent breakthroughs in treating rheumatoid arthritis (RA) demonstrate, getting the facts can make a life - changing

difference.

"Be proactive with your health. Why? Your future well-being demands it," said Dr. W. Gifford-Jones, a medical writer and a physician with nearly 50 years on the job.

Case in point: People who suffer from RA, an inflammatory condition that attacks the joints, are in a

race with the clock to avoid severe, permanent damage to their joints, says Gifford-Jones. RA can cause serious harm to the joints in the first two years of the disease and patients with severe RA can be completely disabled within 16 years. So getting a quick diagnosis and the right treatment is critical.

For years, the only choice for treating aggressive RA was drugs that helped manage the pain and inflammation but didn't stop joint destruction and could take months to work. "Up until now we did not have the medicine to treat the disease, just the symptoms," says Gifford-Jones, adding that RA is the number one debilitating disease in the country, affecting 300,000 Canadians.

Now a new class of drugs called biological response modifiers, commonly referred to as 'biologics,' are taking direct aim at the disease. RA is an auto-immune disease, which means the body mistakenly attacks its own tissues, in this case the joints.

Biologics target and neutralize specific molecules in the immune system that contribute to the progress of the disease.

"It used to be a shot gun treatment but now it's a rifle approach, right on the bulls-eye," says Gifford-Jones.

The biologics, given through injection, also work fast. Patients often see results - including pain relief, reduced swelling and a slow-down in the progress of the disease - within two weeks.

The biologics coupled with new non-drug approaches in treating RA - such as weight-bearing exercises and foods rich in omega-3 fatty acids that can reduce inflammation - are giving patients a new lease on life. The major advances also underline the importance of asking your doctor about the latest treatments for any chronic disease, says Gifford-Jones.

-News Canada

living past 100

Improve your memory

If you want to live past 100, you need to keep your brain in good health. Senile dementia and Alzheimer's disease can kill you.

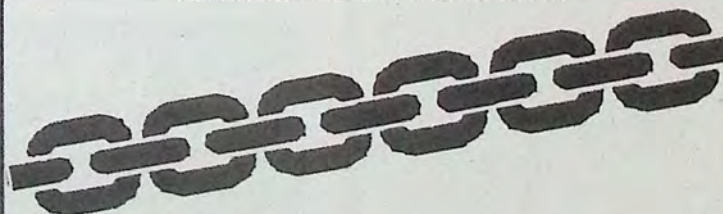
One of the first signs of aging brain tissue is frequent memory loss. Although seniors joke about "oldtimers" disease, loss of memory is no joke and should not be taken for granted.

One of the best simple treatments for memory loss is ginkgo biloba. This herb increases circulation of blood to the brain, but it is also an anti-oxidant, preventing free radicals from damaging the brain.

Another excellent brain booster is Alpha-lipoic acid. It is most commonly used to treat nerve damage caused by diabetes, but some researchers have found it slows down the formation of cataracts in the eyes, as well as slowing down Alzheimer's and Parkinson's diseases.

More oxygen to the brain helps keep memory, and brain tissue, functioning properly. Activity to promote good circulation is a key factor. Remaining interested in life, pursuing an active social life, reading the newspapers, and having a busy schedule contribute to keeping the brain alive and healthy, and keeping memory functioning well.

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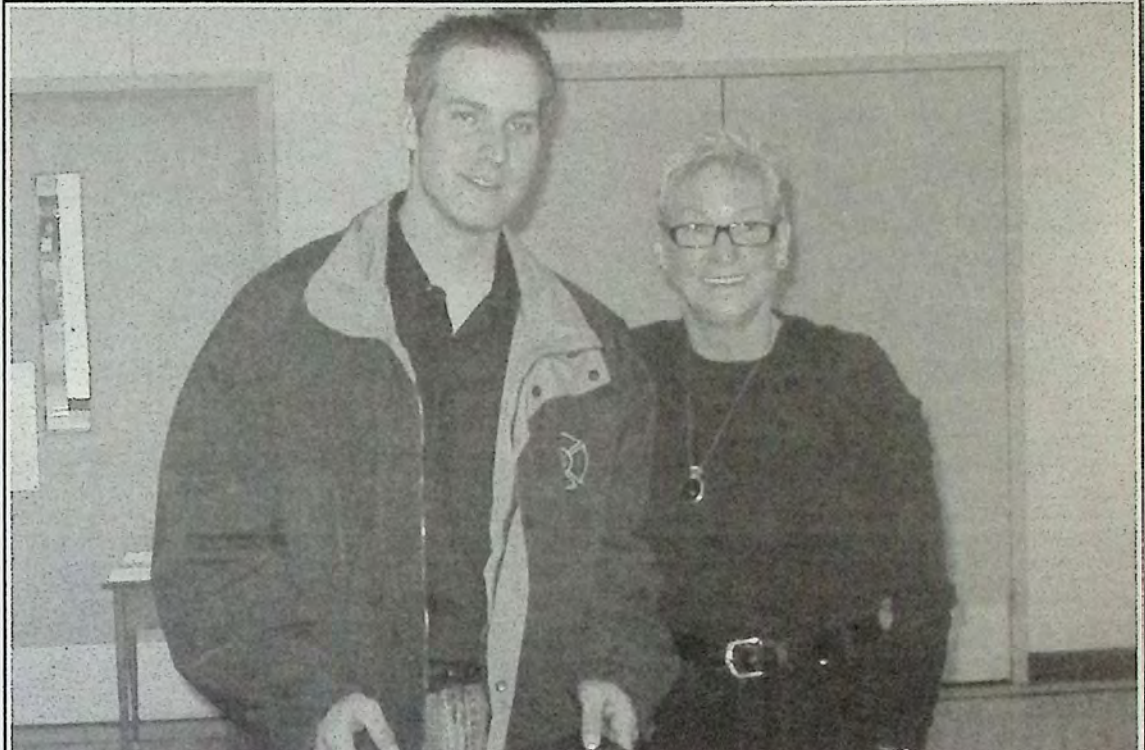
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Regional District of Okanagan Similkameen thanked volunteer fire departments for their part in the Princeton Hotel fire at a public meeting last Thursday at Riverside Centre. Ryan Corsi, left, of Princeton Fire Department accepted a Certificate of Appreciation from Area H Director Gerri Logan.



Brad Bain, left, representing Hedley's Volunteer Fire Department, accepts Certificate of Appreciation from Area G (Keremeos/Rural Hedley) Director Joe Nitsch.



Area B (Cawston) Director George Hanson, right, presents Certificate of Appreciation to Keremeos Fire Department members Paul McLean, Chris Carpenter and Doug MacLeod.



Princeton's team during the finals.

Minds grind out another win

Princeton has done it again! For the fourth year in a row, Princeton Secondary has brought the Environmental Mind Grind trophy back to the Okanagan-Similkameen, after victory at the BC Finals. To do this, the team had to beat out seven other middle school teams who had all won their own local competitions.

The competitions hosted by Mike Roberts and Sandy Dawson of CHBC Television was a rousing event held in Kelowna at Okanagan College.

Wiltse Elementary from Penticton also gave an impressive showing in the Elementary battle, with a second-place finish! It was an extremely tight race, with the final against unbeaten Coldstream Elementary going to a second game to satisfy the 'double knock-out' game format.

RDOS teams received awards at all three levels of the competition, with South Okanagan Secondary in Oliver winning the prize for Most Sportsmanlike Team at the high school level. They will receive \$100.00 for their school.

Winners at each level of the competition will receive a grand prize of \$1,000.00 for their school and have their name engraved on a handcrafted environmental trophy. Runners-up will receive \$100.00 for their school.

Congratulations to Princeton Secondary and Wiltse Elementary, and all the other students as well, who worked so diligently to learn the study material. Whether they returned with prizes or not, they all look like winners.

2006 BC Final Terasen Gas

Environmental Mind Grind Winners
High School Winners: Rutland Senior Secondary, Kelowna
Runners-up: Kalamalka Secondary School, Coldstream

Most Sportsmanlike: South Okanagan Secondary School, Oliver Middle School

Winners: Princeton Secondary, Princeton

Runners-up: W.L. Seaton Secondary, Vernon Elementary School

Winners: Coldstream Elementary, Coldstream

Runners-up: Wiltse Elementary, Princeton

Sponsored by Terasen Gas for 2006, Environmental Mind Grind is a Jeopardy-style contest that tests the environmental knowledge of students from grades 4 to 12.



The victorious Princeton Secondary School team.

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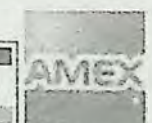
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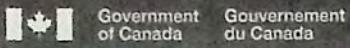
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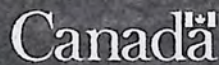
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- Balanced budget and plan to reduce debt by \$3 billion per year.

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TTY 1 800 926-9105 (telecommunications device for the speech and hearing impaired/deaf) or visit a Service Canada centre near you.



Mutton Bustin' (sheep riding) is one of the children's event held during Princeton's Pro Rodeo May 13 and 14. This rider is receiving last minute instructions before heading into the arena.



Rodeo clown/entertainer Dennis Halstead performs a 'death-defying' stunt during Princeton's Pro Rodeo.

Princeton Rotary Club

CHARITY GOLF TOURNAMENT

May 27 & 28
Princeton Golf Club

ENTRANCE FEE: \$125.00 per golfer (\$125.00 Deposit required at Registration)

Teams will consist of 4 Players with Verified Handicaps
Maximum 1 Player with Handicap of 8 - Total Team Handicap Index must be 50+

May 27th 1:00 PM - Check-In at Golf Club
3:00 PM - Nine-Hole Shotgun Start \$250.00 Prize for First Place
7:00 PM - Dinner at Golf Club

May 28th 8:00 AM - 18-Holes Shotgun Start / Lunch at Golf Club
Awards and Prizes following Lunch



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ENTRY FORMS: Sears, Stevens & Stevens, Princeton Golf Club



Dustin Flundra of Pincher Creek scored a 75 in this ride during Saturday's Saddle Bronc event at the 5th annual Princeton Pro Rodeo, hosted by Princeton Rodeo Club.

weekly entertainment guide

TUESDAY, MAY 16, 2006 THROUGH MONDAY, MAY 22, 2006



George Tidball of Langley earned a time of 15.1-seconds in the Tie-Down Roping event during Saturday's performance of the 5th annual Princeton Pro Rodeo at Princeton Fairgrounds.

Rodeo presents awesome action

Here are the final results from last weekend's Princeton Pro Rodeo. Date in brackets indicates when the participant's score was recorded.

Bareback

- 1st - Alan Dacyk, Worsley, Alberta - 83 (Saturday).
- 2nd - Don McLeod, Hanna, Alberta - 79 (Sunday).
- 3rd - Michael Solberg, Sunnybrook, Alberta - 75 (Saturday).
- 4th - Matthew Crowe, Carstairs, Alberta - 74 (Saturday).

Tie Down Roping

- 1st - Mark Nugent, Water Valley, Alberta - 8.4 (Saturday).
- 2nd - Baillie Milan, Cochrane, Alberta - 8.8 (Sunday).
- 3rd - Curtis Cassidy, Donalda, Alberta - 9.0 (Sunday).
- 4th - Steve Lloyd, Alex, Alberta - 9.2 (Saturday).

Saddle Bronc

- 1st - Kyle Daines, Innisfail, Alberta -

79 (Sunday).

- 2nd - Jim Berry, Rocky Mtn. House, Alberta - 77 (Sunday).
- 3rd - TIE - Dustin Flundra, Pincher Creek, Alberta - 75 (Saturday) and Scott Lourance, Winfield, Alberta - 75 (Saturday).

Steer Wrestling

- 1st - Curtis Cassidy, Donalda, Alberta - 5.2 (Sunday).
- 2nd - Logan Leask, Winfield, Alberta - 6.2 (Saturday).
- 3rd - Cody Cassidy, Donalda, Alberta - 7.0 (Saturday Slack).
- 4th - Wyatt Anton, Strathmore, Alberta - 7.1 (Sunday).

Ladies Barrel Racing

- 1st - Aimee Willis, Princeton, BC - 17.81 (Saturday).
- 2nd - Joleen Seitz, Savona, BC - 17.88 (Saturday Slack).
- 3rd - Renee Keyes, Chase, BC - 17.92 (Sunday).
- 4th - Kelle Lee Noble, Kelowna, BC

- 18.00 (Saturday).

Team Roping

- 1st - Jeff Robson, Airdrie, Alberta/D J Woodward, Magrath, Alberta - 6.0 (Saturday).
- 2nd - Elliott Benjamin, Morley, Alberta/Jackson Louis, Vernon, BC - 6.3 (Sunday).
- 3rd - Kiel Wilson, Okotoks, Alberta/Neal Antoine, Cache Creek, BC - 11.3 including penalty (Sunday).
- 4th - Kyle and Ryan MacNaughton, Quesnel, BC - 14.1 including penalty (Saturday).

Bull Riding

- 1st - Mike Gill, Merritt - 89 (Sunday).
- 2nd - Adam D'Entremont, Barriere, BC - 78 (Saturday).
- 3rd - Cole Harvey, Hermiston, Oregon - 77 (Saturday).
- 4th - Steve Turner, Cochrane, Alberta - 76 (Sunday).



This is where a lot of the action takes place during a rodeo - getting prepared in the chute.

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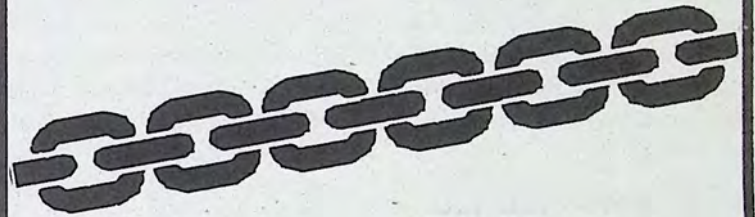
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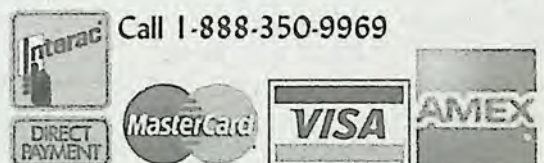
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Similkameen swallows and swifts

by Don Burbidge

This is being written in the depth of winter, with two feet of snow covering the ground, but the mere thought of swallows flashing through the air over the pond takes me back to warm spring days when they first arrive from the south.

We have six swallow species in the Similkameen during the summer, and everyone loves them for their gloriously agile flight, their iridescent colour (some of them), their sociable twittering, their willingness to nest close to humans, and their tendency to eat vast quantities of mosquitoes.

The swifts (there are three species on our bird list) are not as noticeable as swallows, but their flight is equally fascinating, albeit different. As Taverner says: "The swallow beats the air with long rhythmical strokes, the swift buzzes through it like a beetle and then sails on stiff-set wings locked into an even bow. The swallow glides up and down invisible air waves like a sailboat, the swift bores through them like a torpedo."

Swallows are everywhere around us in the spring and their nesting sites are very visible. Swifts fly mainly high in the sky, and their nests are in the most inaccessible places. I have never seen one, and I have never seen a swift which was not in flight.

Swallows belong to the family Hirudinidae (hirundo is Latin for swallow), and all of them spend much of the day in the air, devouring insects, and, I suspect, experiencing sheer joy at exercising their marvelous powers of flight. During spring days, they spend a lot of time skimming over water, wheeling, diving and soaring with the utmost skill, while later in the summer they tend to fly higher in the sky where insects are mating.

During spring migration they seem to arrive before many insects are aloft, and I find myself feeling sorry for them, flying through sleet and snow during the last days of winter. But they know their own business best, and their goal is to get a prime nesting place ahead of the crowd. During fall migration, swallows are among the first to leave us, and before they go you will see hundreds in rows on telephone lines, chattering among themselves and preparing to travel to as far away as South America.

Here are the species we encounter: - **Tree Swallow.** These are much the most common and the first to arrive. They are especially given to skimming over water in our pond, a treat to watch, and a sure sign that spring is coming. The males have an iridescent green-blue back, a black, slightly forked tail and a snow-white breast. Females are brown, with a white breast. They nest in old flicker holes and in nest boxes, competing for these sites with Starlings, House Sparrows, and Bluebirds. They seem to like people, but if you venture near their nest they will scold you and dive-bomb you, and their attacks

get more frenzied as the nestlings get closer to becoming air-borne. They nest across Canada.

- **Violet-green Swallow.** These look very much like Tree Swallows, but differ by having an extension of the pure white of the breast to form a patch over the eye, and a white patch on the rump, which is the best distinguishing feature. Females have some of the iridescent blue-green of the male on their back. They are not as friendly as Tree Swallows, and nest in hollow trees and rock crevices. The books claim they arrive first of all swallows in spring, but that is not my experience. This is a British Columbia bird, although it often crosses the Rockies to Alberta; but it seems to dislike the oily atmosphere and soon returns.

- **Bank Swallow.** Both sexes are small dark-brown and white swallows with a dark-brown breast band. When they are flying they are hard to distinguish from female Tree or Violet-green Swallows, but their nesting habits are distinctive, since they nest in colonies in high earthen banks. How such small birds are able to dig out holes a couple of feet deep in such banks is a mystery. They will return to their tunnels for a number of years, then move on. I am told this is because they wish to get relief from a build-up of parasitic mites which plague the nestlings. Kingfishers frequently dig their own tunnels alongside the Bank Swallows. When flying over a marsh, Bank Swallows keep in touch by uttering a two syllable call which sounds to me like 'chert chert', and helps distinguish them from other swallows.

- **Northern Rough-winged Swallow.** About as nondescript a bird as you can find, including the male; greyish brown above and greyish white below, but with no breast band. It nests in single pairs or very small groups under bridges and in crevices. I have seen them nesting in an old sawdust pile by the shore of Wolfe Lake.

- **Cliff Swallow.** Here we have a more colourful swallow, with a buff-coloured rump above the tail, dark blue back, and dark chestnut under the chin. I have seen very few in our area, and no nesting sites, which are usually in colonies of gourd-shaped nests made out of pellets of mud, placed under bridges and on buildings.

- **Barn Swallow.** This is the loveliest swallow of all, everyone's favorite. Both sexes have a long forked tail, dark blue back, salmon breast, and reddish brown throat. We get the term 'swallow tail' from those graceful tail feathers. They build mud pellet nests in barns, under bridges and under eaves, and irritate home owners with great heaps of droppings under the nest. But they are wonderful to watch as they feed their young, and if you watch closely when a nestling sticks its rear over the edge of the nest to drop its little white packet of dung, you may see its parent fly up catch the load in its beak,

and fly off to drop it in the field. This works for a while, but eventually the sheer numbers of droppings build up on the floor of your porch. After the young screw up enough courage to leave the nest, they still like to return to spend a couple of nights. I have sometimes mused on how wonderful it must be for a swallow nestling, after weeks of being cramped in an egg, and then a nest crowded with siblings, bitten by mites, never getting enough to eat from weary parents, to finally burst out free, to fly wherever it chooses on the finest wings that a bird is blessed with. But I guess that a young barn swallow just out of the nest needs the warmth of its siblings for a couple of nights after it escapes to the skies.

Perhaps because people destroy the nests of Barn Swallows as they are being built, I have seen fewer and fewer over the years. If they are being decimated, I shall miss them very much.

While Swifts look at first glance to be very like swallows, they are more closely related to Hummingbirds and Nighthawks, and belong to a family called the Apodidae. Swifts seem to be on the wing every minute of the day, flying high in the air with rapidly beating, long, curved wings. Their bodies are short and shaped like cigars or torpedoes. They generally twitter a bit as they fly. The three species to be found in the Similkameen are:

- **Black Swift.** The largest of our swifts, but a very rare summer visitor in the area, and not known to nest here. They are all black with long curved wings, and they often soar.

- **Vaux's Swift.** This little swift is the western version of the Chimney Swift of the east. It has a short tail, long wings and is mainly black with a grey belly. Very quick wing beats. It nests in hollow trees, sometimes in chimneys. I have seen this swift circling around the former site of the Princeton Hotel and at other spots around town and believe it nests locally, although I have never found a nest.

- **White-throated Swift.** A swift which is black above, with grey wings and a white throat and belly. This is the little swift which draws bird-watchers from all over Canada to the Okanagan, where it breeds, and where it scours the skies above McIntyre Bluffs near Vaseux Lake, and near cliffs along the rest of the valley. But we have a colony which nests just west of Hedley on some sheer cliffs on the north side of the river. If you get up close to these cliffs in the summer, you may see little birds with long curved wings flying in beautiful circles above you, and that is as close as you will get. But it is nice to know they are there, and that they are in other sites in our area as well. Jerry Herzig has mentioned seeing White-throats in flight near the cliffs above Hayes Creek, and that there is a small colony in the cliffs near the Similkameen Mine site. No doubt there are more, but they are hard to find.

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tuesday movies

MORNING

7:00 am WTBS (3) ★½ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend. (E)

10:00 am CITY (29) ★★½ "Footloose" (1984, Drama) Kevin Bacon. A big-city teen rallies his new small-town friends against a minister opposing their right to dance. (E)

AFTERNOON

5:00 pm WGN (38) ★★½ "Glengarry Glen Ross" (1992, Drama) Al Pacino. Underhanded real estate salesmen sink to varying levels of deceit in order to sell their dubious properties. (In Stereo) (E)

EVENING

8:00 pm WTBS (3) ★½ "Son-in-Law" (1993, Comedy) Pauly Shore. A South Dakota farm family gets a taste of life in the surf lane when their daughter brings home a California friend. (E)

10:00 pm WTBS (3) ★★ "Mr. Nanny" (1993, Comedy) (PA) Terry "Hulk" Hogan. A former wrestler with an intense dislike of children becomes a bodyguard for a computer tycoon's precocious offspring. (E)

10:06 pm CITY (29) ★★ "The Girl on the Bridge" (1999, Comedy) Daniel Auteuil. An uncanny relationship materializes between a knife-thrower and the suicidal woman he recruited for his act. (E)

11:45 pm WTBS (3) ★★ "Dead in a Heartbeat" (2002, Suspense) (PA) Judge Reinhold. An explosives expert and a cardiac surgeon rush to defuse bombs implanted in patients' pacemakers. (E)

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wednesday movies

MORNING

6:00 am A&E (9) ★★½ "Rocky V" (1990, Action) Sylvester Stallone. Broke, punchy and at odds with his son, boxer Rocky trains a hungry contender, then must street-fight him. (E)

7:00 am WTBS (3) ★★ "Honey, I Shrank the Kids" (1989, Fantasy) (PA) Rick Moranis. Four miniaturized youngsters brave assorted dangers as they make their way to safety through an inventor's yard. (E)

AFTERNOON

12:00 pm A&E (9) ★★½ "Rocky V" (1990, Action) Sylvester Stallone. Broke, punchy and at odds with his son, boxer Rocky trains a hungry contender, then must street-fight him. (E)

EVENING

6:00 pm CITY (29) ★★ "Charlie's Angels: Full Throttle" (2003, Action) Cameron Diaz. Premiere. Three private detectives work under cover to retrieve two rings that contain cryptic information. (E)

8:00 pm WTBS (3) ★★ "Election" (1999, Comedy) Matthew Broderick. When a school's goody-two-shoes runs for class president, a teacher/adviser schemes to keep her from winning. CITY (E) ★★ "Gothika" (2003, Horror) Halle Berry. A criminal psychologist awakens to find herself confined in a penitentiary, accused

of murdering her husband. KTLA (E) ★★ "Final Destination 2" (2003, Horror) Ali Larter. Death returns to claim the lives of those who did not die in a horrible highway calamity as they were meant to do. (In Stereo) (E)

9:00 pm BCTV (11) ★★ "Gothika" (2003, Horror) Halle Berry. A criminal psychologist awakens to find herself confined in a penitentiary, accused of murdering her husband. (E)

10:00 pm WTBS (3) ★★ "Dangerous Minds" (1995, Drama) Michelle Pfeiffer. A dedicated English teacher at an inner-city school works to challenge and inspire her class of underachievers. (E)

10:06 pm CITY (29) ★★½ "EDtv" (1999, Comedy) Matthew McConaughey. A video-store clerk allows a TV executive to film every aspect of his life for 24 hours a day. (E)

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TUESDAY, MAY 16, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek (E)	News (E) Body	(Off Air)	Body Elec. Boohbah	News (E)	News	Airline (E) Airline (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monster Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin Miller	Maury Paternity results.	Hillbillies Hillbillies
7 AM :30	Movie: "Son-in-Law" (1993)	Life Today 100 Huntley Street (E)	BluesClues Dora	Clifford Arthur (N)	Today "The Da Vinci Code" in Cannes; Eric Stromer. (E)	The Early Show (E)	Family Family	Good Morning America (E)			Boy (E) Jacob	SportsCentre (E)		MegaBuilders (E)	Sabrina's Charles	K. Possible Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30	Pauly Shore. (E)	Knockout Berenstain	Hi-5 Dragon	Dragon Big World			City Confidential (E)			100 Huntley Street (E)	SpongeBob LazyTown	SportsCentre (E)		Dirty Jobs Paid Prog.	Paid Prog. Lilo Stitch	Weekend		In Fashion NewMusic	Matlock "The Cult"
9 AM :30	Becker Becker	Gold Trails Pioneers	Arthur (E) Little Bear	Sesame Street (E)		Discover Discover	American Justice	Regis and Kelly	100 Huntley Street (E)	World Vision (N) (E)	Care Bears Monster	Off-Record Fishing	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Pooh PB&J Otter	Maury Paternity results.	News (E) City	Magnum, P.I. (E)
10 AM :30	Cosby Cosby	The Price Is Right (E)	Miss BG Sagwa	Barney Bob Build	Ellen DeGeneres Show	The Price Is Right (E)	Cold Case Files (E)	The View (N) (E)	World Vision (E)	Room Diva Dime	Rupert Monsters	ATP Tennis: Masters	The View (N) (E)	How-Made How-Made	Starting Over (N) (E)	JoJo Benj Bear	Jerry Springer (N) (E)	Movie: "Footloose" (1984)	News (E)
11 AM :30	Harvey Home Imp.	Thane Judge J.	Snoops Undersea	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Investigative Reports	Paid Prog. Paid Prog.	The Insider Diva Dime	News (Live) (E)	George S. Fly Rhino	Hamburg - Early Rounds.	eTalk Daily Balance-TV	Moments In Time (E)	Montel Williams (N)	Stanley King (E)	Blind Date Blind Date	Kevin Bacon. (E)	Magnum, P.I. (E)
12 PM :30	Drew Drew	News (Live) (E)	Odysseys Imprint	Charlie Rose (E)	Paid Prog.	News Bold & B.	Airline (E) Airline (E)	All My Children (N) (E)	News (Live) (E)	Days of our Lives (N)	Being Ian Mischief	Bowling: Men's 10-Pin.	Daily Bold & B.	Unsolved History (E)	Perry Mason (E)	Recess Weekend	Maury (E)	CityLine (E)	Da Vinci's Inquest (E)
1 PM :30	Yes, Dear Yes, Dear	Stargate SG-1 (E)	Notes Planet	Wonderful America	Days of our Lives (N)	As the World Turns (N)	Family Family	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Care Bears George S.	Motoring 2006	Vicki G. Vicki G.	Fear Fighters Police.	Matlock (E)	Lloyd Whiskers	Jerry Springer (E)	Relic Hunter (E)	Cosby Cosby
2 PM :30	Home Imp. Friends	Body Myster Ink	Gaslight Pan Asia	Reading Lions	Passions (N) (E)	Guiding Light (N) (E)	City Confidential (E)	General Hospital (N) (E)	Passions (N) (E)	Passions (N) (E)	Mona Boy	Germany Interruption (N)	General Hospital (N)	How-Made How-Made	Love Lucy Love Lucy	Lilo Stitch Proud	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
3 PM :30	Seinfeld Seinfeld	Fear Factor (E)	Bear BluesClues	Postcards Arthur (N)	Brown Brown	Dr. Phil (E)	American Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record Sports	Dr. Phil (E)	Splies That Fly (E)	Montel Williams (E)	Weekend Lloyd	ER "Masquerade" (E)	News (E)	Home Imp. Home Imp.
4 PM :30	Raymond Raymond	Days of our Lives (N)	Dora Rolie Polle	Cyber Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	Cold Case Files (E)	Millionaire Millionaire	Oprah Winfrey (E)	News (E) Global	Tn-Titans Robot	NHL Hockey: Eastern	The Tyra Banks Show	Daily Planet (N) (E)	Little House	Barbarian Proud	8 Rules 8 Rules	Sex & City Friends	Funnest Home Videos
5 PM :30	Friends Friends	News (Live) (E)	George S. Koala Bro	BBC World Business	News (E) NBC News	News CBS News	Dog Dog	News (E) ABC News	News (E) Global	News (Live) (E)	Oddparent SpongeBob	Conf. Semifinal - Hurricanes at Devils	News (E)	Break It How-Made	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	Chris Mod Men	Movie: "Glengarry Glen Ross" (1992) Al Pacino.
6 PM :30	Sex & City Sex & City	Stargate SG-1 (E)	CG Kids Dotto Tech	News-Lehrer	News (E) Raymond	News Hollywood	Dog Dog	News (E) News (E)	ET Canada Entertain	Being Ian Mystery	Postgame	News (E)	American Chopper (E)	'70s Show '70s Show	So Little Darcy	My Wife Friends	The Bedford Darlles		
7 PM :30	Seinfeld Seinfeld	Past Lives Jeopardy!	Gardens Reach-Top	Nova (E) (DVS)	Jeopardy! Fortune	Friends King	King Cars King of	Entertain The Insider	Entertain ET Canada	Gilmore Girls (E)	Drake Prank Ptrl	NHL Hockey: Mighty Ducks at Avalanche	eTalk Daily Hollywood	American Hot Rod (N)	Simpsons Frasier	So Raven Smart Guy	Raymond Raymond	Godiva's (E) (DVS)	WGN News at Nine
8 PM :30	Movie: "Son-in-Law" (1993)	NCIS "Hiatus" (N) (E)	Artists Artists	Sculpted by Floods	Will-Grace Will-Grace	NCIS "Hiatus" (N) (E)	Crossing Jordan (E)	Celebrity Debut (N) (E)	The Unit (N) (E)	The Unit (N) (E)	SpongeBob Sabrina		American Idol (E)	Daily Planet (E)	American Idol (E)	8 Rules Boy World	Gilmore Girls (E)	News (E) Star! Daily	Sex & City Becker
9 PM :30	Pauly Shore. (E)	Boston Legal "Spring Fever/BL: Los Angeles" (N)	Hearths Minoru	Frontline (N) (E)	Scrubs (N) Scrubs (N)	The Unit (N) (E)	Dog Dog	Boston Legal "Spring Fever/BL: Los Angeles" (N)	Gilmore Girls (E)	News (Live) (E)	15/Love Factory	In Corner	CSI: Miami "The Score"	American Chopper (E)	House (N) (E)	Brotherly Radio Free	Pepper Dennis (N)	Jimmy Kimmel Live	Funnest Home Videos
10 PM :30	Movie: "Mr. Nanny" (1993) (PA)	Fever/BL: Los Angeles" (N)	Notes Imprint	Independent Lens "Frozen"	Law & Order: SVU	The Unit "The Wall" (N)	Dog Dog	Fever/BL: Los Angeles" (N)	Gilmore Girls (E)	News (Live) (E)	My Family Bob	Fight Sports Knockout!	Law & Order: SVU	American Hot Rod	News Will-Grace	Popular (E)	KTLA Prime News (E)	Movie: "The Girl on the Bridge" (1999) (E)	Da Vinci's Inquest (E)
11 PM :30	"Dead"	Fortune	Moving On	C. Rose	Tonight	Late Show	King of	Nightline	ET Canada	Beasties			News (E)	How-Made	Becker	Radio Free	Friends	Elmidade	Paid Prog.

WEDNESDAY, MAY 17, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek (E)	News (E) Body	(Off Air)	Body Elec. Teletubbs	News (E)	News	Movie: "Rocky V" (1990)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monster Mona	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Believers Paid Prog.	King (E) Spider-Man	News Calvin Miller	Maury (N) (E)	Hillbillies Hillbillies
7 AM :30	Movie: "Honey, I Shrunk the Kids" (1989) (PA)	Life Today 100 Huntley Street (E)	BluesClues Dora	Clifford Arthur (N)	Today "The Da Vinci Code" in Cannes; Richard Simmons. (E)	The Early Show (E)	Sylvester Stallone. (E)	Good Morning America (E)			Boy (E) Jacob	SportsCentre (E)		Nature of the Beast	Sabrina's Charles	K. Possible Recess	News (E)	CityLine (E)	Rockford Files
8 AM :30		Taste Berenstain	Hi-5 Dragon	Dragon Big World			City Confidential (E)			100 Huntley Street (E)	SpongeBob LazyTown	SportsCentre (E)		American Chopper (E)	Paid Prog. Paid Prog.	Weekend Lilo Stitch		Star! Inside MovieTV	Matlock (E)
9 AM :30	Becker Becker	Gold Trails Pioneers	Arthur (E) Little Bear	Sesame Street (E)		Discover Discover	American Justice	Regis and Kelly	100 Huntley Street (E)	World Vision (N) (E)	Care Bears Monster	Hockey: IHF World Championships	Regis and Kelly	Daily Planet (E)	Fam. Feud Fam. Feud	Pooh PB&J Otter	Maury (N) (E)	News (E) City	Magnum, P.I. (E)
10 AM :30	Cosby Cosby	The Price Is Right (E)	Paddington Sagwa	Barney Bob Build	Ellen DeGeneres Show	The Price Is Right (E)	Biography "Joel Rifkin"	The View (N) (E)	World Vision	Room Diva Dime	Rupert Monsters	hip Quarterfinal - Teams	The View (N) (E)	Loch Ness Monster	Starting Over (N) (E)	JoJo's Circus Higglytown	Jerry Springer (N) (E)	Rock 'n' Roll Invaders:	News (E)
11 AM :30	Harvey Home Imp.	Brown Thane	Sustain Reach-Top	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Criminal Profiling (E)	Paid Prog. Paid Prog.	The Insider Diva Dime	News (Live) (E)	George S. Fly Rhino	TBA.	eTalk Daily Balance	Unsolved History (E)	Montel Williams (N)	Stanley King (E)	Blind Date Blind Date	The Story of AM Radio	Magnum, P.I. (E)
12 PM :30	Drew Drew	News (Live) (E)	Reach-Top Scattering	Charlie Rose (N) (E)	Paid Prog.	News Bold & B.	Movie: "Rocky V" (1990)	All My Children (N) (E)	News (Live) (E)	Days of our Lives (N)	Being Ian Adrenalini	Champion's League Soccer: Final	Daily Bold & B.	Avrocar: Saucr	Perry Mason (E)	Recess Weekend	Maury Cheating men.	CityLine (E)	Da Vinci's Inquest (E)
1 PM :30	Yes, Dear Yes, Dear	Mutant X (E)	Home Biz Planet	Simply Sewing	Days of our Lives (N)	As the World Turns (N)	Sylvester Stallone. (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Care Bears George S.		Vicki G. Vicki G.	Worst Handyman	Matlock "The Model"	Lloyd Whiskers	Jerry Springer (E)	Relic Hunter (E)	Cosby Cosby
2 PM :30	Home Imp. Friends	Body Myster Ink	Gaslight Journal	Reading Lions	Passions (N) (E)	Guiding Light (N) (E)	City Confidential (E)	General Hospital (N) (E)	Passions (N) (E)	Passions (N) (E)	Mona Boy	World Cup	General Hospital (N)	Dirty Jobs (E)	Love Lucy Love Lucy	Lilo Stitch Proud	Eye Eye Eye Eye	Ellen DeGeneres Show	Moesha Moesha
3 PM :30	Seinfeld Seinfeld	Fear Factor (E)	Bear BluesClues	Postcards Arthur (N)	Brown Brown	Dr. Phil (E)	American Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Adrenalini Adrenalini	Off-Record Sports	Dr. Phil (E)	How-Made How-Made	Montel Williams (E)	Weekend Lloyd	ER "Stuck on You"	News (E)	Home Imp. Home Imp.
4 PM :30	Raymond Raymond	Days of our Lives (N)	Dora Rolie Polle	Cyberchase Dragonfly	Judge J. Judge J.	Oprah Winfrey (E)	Biography "Joel Rifkin"	Millionaire Millionaire	Oprah Winfrey (E)	News (E) Global	Tn-Titans AmiYumi	UEFA Champions League Soccer: Final	The Tyra Banks Show	Daily Planet (N) (E)	Little House	Barbarian Proud	8 Rules 8 Rules	Sex & City Friends	Funnest Home Videos
5 PM :30	Raymond Raymond	News (Live) (E)	George S. Koala Bro	BBC World Business	News (E) NBC News	News CBS News	Dog Dog	News (E) ABC News	News (E) Global	News (Live) (E)	Oddparent SpongeBob		News (E)	Greatest Ever... (E)	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	Next Top Model	Becker Becker
6 PM :30	Raymond Raymond	Stargate SG-1 (E)	Mechanics Reach-Top	News-Lehrer	News (E) Raymond	News Hollywood	Walt Disney World (E)	News (E) News (E)	ET Canada Entertain	Being Ian Mystery	Boxing: Wednesday Night		News (E)	Greatest Ever... (E)	'70s Show '70s Show	So Little Darcy	My Wife Friends	Movie: "Charlie's Angels: Full Throttle" (2003)	Home Imp. Home Imp.
7 PM :30	Sex & City Sex & City	Myster Ink Jeopardy!	Undersea Edge	Secrets Of ... (E)	Jeopardy! Fortune	Friends King		Entertain The Insider	Entertain ET Canada	Bones (N) (E)	The X's Monster	Fights. (Live)	Lost "Three Minutes"	MythBusters (E)	Simpsons Frasier	So Raven Smart Guy	Raymond Raymond	News (E)	WGN News at Nine
8 PM :30	Movie: "Election" (1999)	Deal or No Deal (N)	Chasing the Cure (E)	Pioneers of Primetime	Deal or No Deal (E)	The Amazing Race 9 (Season Finale) (N) (E)	Crossing Jordan (E)	Alias (N) (E)	Bones (N) (E)	Movie: "Gothika" (2003, Horror) Halle Berry.	SpongeBob Sabrina	SportsCentre (Live)	The Amazing Race 9 (Same-day Tape) (E)	Daily Planet (E)	Bones (N) (E)	8 Rules Boy World	Movie: "Final Destination 2" (2003) Ali Larter.	News (E) Star! Daily	Sex & City
9 PM :30	Matthew Broderick.	American Inventor (E)	Hiding Past	American Masters (N)	Dateline NBC (N) (E)	CSI: NY (N) (E)	Dog Dog	Lost "Three Minutes" (10.01) Invasion (N) (E)	News (E) News (E)	News (Live) (E)	15/Love Bob	ATP Tennis: Masters	MythBusters (E)	American Idol (E)	Brotherly Radio Free	Jimmy Kimmel Live (N)	Funnest Home Videos		
10 PM :30	Movie: "Dangerous Minds" (1995, Drama) (E)	Will-Grace Will-Grace	Hearths Minoru	Amer. Masters	Law & Order: "Invaders"	News (E) News	Walt Disney World (E)	Walt Disney World (E)	News (E) News (E)	News (Live) (E)	My Family Bob	Hamburg - Early Rounds.	CSI: NY (N) (E)	Greatest Ever... (E)	News Will-Grace	Popular (E)	KTLA Prime News (E)	Movie: "EDtv" (1999)	Da Vinci's Inquest (E)
11 PM :30		News (E) Myster Ink	Scattering Dotto Tech	Charlie Rose (N) (E)	Tonight	Late Show		Nightline	ET Canada	Beasties			News (E)	Greatest Ever... (E)	Sex & City Becker	Radio Free	Friends	Elmidade	Paid Prog.

Similkameen News Leader Community Calendar

MAY

- 20 - Lawn Mower Races, Keremeos Rodeo Grounds
- 22 - Victoria Day
- 21, 22 - Keremeos Elks Rodeo, Keremeos
- 25-28 - Music Under the K, Keremeos
- 27 - PSS Graduation Ceremonies, 12 Noon, PSS
- 29 - PSS PAC Meeting, 7:00 PM

JUNE

- 14 - PSS Athletic Banquet, 5:30 PM
- 24 - Eagle Lite Ultra, Keremeos
- 27 - PSS Awards Ceremony
- 29 - Racing Days
- 30 - Princeton Schools close for Summer Break

JULY

- 1 - Canada Day Celebrations

AUGUST

- 5, 6 - Tulameen Family Fun Days
- 5 - 50th Anniversary of Incorporation, Keremeos
- 6 - Kars Under the K - Keremeos

SEPTEMBER

- 4 - Labour Day
- 9, 10 - Princeton Fall Fair, Princeton Fairgrounds
- 16 - Similkameen Sizzle, Keremeos

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

Regular Meetings

- * Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- * Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- * Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- * Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- * PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- * Hedley Library open 2-7pm Thursdays
- * Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- * Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- * Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- * Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- * Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- * Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- * Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- * Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- * Princeton GSAR meets first 3 Tuesdays of the month, 7:00 PM in Hospital Board Room.
- * Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- * Princeton Toastmasters Club meets 2nd and 4th Tuesday of the month, 7:00 PM in the Seniors Drop-In Centre.
- * Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- * Princeton Area BEA meets the 2nd Wednesday of the month, 7:00 PM, Skills Centre.
- * Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- * U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- * U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church

thursday movies

MORNING

- 7:00 am WTBS (3) ★★ "Dangerous Minds" (1995, Drama) Michelle Pfeiffer. A dedicated English teacher at an inner-city school works to challenge and inspire her class of under-achievers. (DVS)
- 10:00 am CITY (29) ★★½ "Coneheads" (1993, Comedy) Dan Aykroyd. The stranded aliens from "Saturday Night Live" set up house in suburbia and evade immigration agents. (DVS)
- 11:30 am A&E (9) ★★½ "The Man Who Wasn't There" (2001, Suspense) Billy Bob Thornton. A mild-mannered barber's attempt to change his life by investing in a new business leads to murder. (DVS)

AFTERNOON

- 4:30 pm WGN (38) ★★½ "The Client" (1994, Suspense) Susan Sarandon. Mobsters and lawyers hound a boy who knows about the missing corpse of a U.S. senator. (In Stereo) (DVS)

EVENING

- 7:00 pm WTBS (3) ★★½ "Blue Streak" (1999, Comedy) (PA) Martin Lawrence. A recently paroled thief poses as a cop in order to retrieve a gem he hid in an under-construction police station. (DVS)
- 8:00 pm KTLA (27) ★★½ "Drumline" (2002, Comedy-Drama) Nick Cannon. Premiere. A cocky drummer joins a college marching band and quickly makes an enemy of the drum section's leader. (In Stereo) (DVS)
- 9:10 pm WTBS (3) ★★½ "Under Siege 2: Dark Territory" (1995, Suspense) (PA) Steven Seagal. A former Navy SEAL squares off against terrorists who have hijacked a train and threatened to launch orbiting missiles. (DVS)
- 10:06 pm CITY (29) ★★½ "Coneheads" (1993, Comedy) Dan Aykroyd. The stranded aliens from "Saturday Night Live" set up house in suburbia and evade immigration agents. (DVS)

friday movies

MORNING

- 7:00 am WTBS (3) ★★½ "Blue Streak" (1999, Comedy) (PA) Martin Lawrence. A recently paroled thief poses as a cop in order to retrieve a gem he hid in an under-construction police station. (DVS)
- 10:00 am CITY (29) ★★½ "Manhunt: Search for the Night Stalker" (1989, Drama) Richard Jordan. Based on the true story of the hunt for and capture of California's homicidal "Night Stalker." (DVS)

AFTERNOON

- 4:30 pm WGN (38) ★★½ "The Client" (1994, Suspense) Susan Sarandon. Mobsters and lawyers hound a boy who knows about the missing corpse of a U.S. senator. (In Stereo) (DVS)
- 5:00 pm CITY (29) ★★½ "X2: X-Men United" (2003, Fantasy) Patrick Stewart. Premiere. Wolverine, Storm and the other mutants must fend for themselves after a right-wing militarist invades their school. (In Stereo) (DVS)

EVENING

- 7:30 pm FAM (26) ★★½ "High School Musical" (2006, Musical Comedy) Zac Efron. Students conspire to pre-

- vent a basketball star and a shy newcomer from singing in a stage production.
- 8:00 pm KNOW (5) ★★½ "The Grass Harp" (1995, Comedy-Drama) Piper Laurie. Based on Truman Capote's autobiographical novel about a youth's coming of age in the home of two spinster cousins. (DVS)
- FOX (23) ★★½ "X2: X-Men United" (2003, Fantasy) Patrick Stewart. Premiere. Wolverine, Storm and the other mutants must fend for themselves after a right-wing militarist invades their school. (In Stereo) (DVS)
- KTLA (27) ★★½ "Bend It Like Beckham" (2002, Comedy) Parminder Nagra. Premiere. An Anglo-Indian teenager does not tell her tradition-minded parents that she has joined a women's soccer team. (In Stereo) (DVS)
- 9:00 pm FAM (26) ★★½ "Big Man on Campus" (1989, Comedy) Allan Katz. A professor assigns a coed's boyfriend to baby-sit a campus bell-tower hunchback.
- 9:30 pm WTBS (3) ★★½ "Little Nicky" (2000, Comedy) Adam Sandler. The devil's kindhearted son is sent to retrieve his two evil brothers before they raise hell on Earth. (DVS)

Horoscopes

May 17 - 24, 2006

Aries - This week begins with challenges in your career sector, but they are minor. You feel happy and energized around home. You keep busy all week with errands, talk.

Taurus - The long weekend inspires you to go places and do things. You have money concerns. Do some financial planning. Assess what you own, and how to make the most of it.

Gemini - Get a grip on your spending and stick to a budget. Planning can be fun if you look ahead. You dream of travel, but it won't happen. Partner, friends change permanently.

Cancer - Plan for fun this weekend - you'll be in the mood for a good time. You are full of pleasant energy. Career runs smoothly. Your mind becomes sharper. Keep pinching pennies.

Leo - A lot of things are stewing in your mind. Try to keep frustration under control. Take a break this weekend. Do serious planning about home and family. Do clean-up.

Virgo - Career matters take top priority after this weekend. Tension arises over plans re home and family and shared resources. Say what is on your mind, but do it nicely.

Libra - Job is challenging, home life is happy, partner can be irritating. Money matters are unpredictable. Expect changes in neighbourhood. Plans can move ahead now. **Scorpio** - Change takes place in partner's money situation. Shared resources, investments change permanently. Job runs smoothly. Travel brings pleasure this weekend, visit friend.

Sagittarius - Tension arises between what you want to do and what job demands. Work to free up weekend for fun with partner & friends. Find fun by sharing with others.

Capricorn - Partner's problems may affect your health if you let it. Partner's health, job could change permanently. Work beautifying home keeps you busy. Enjoy weekend with friends.

Aquarius - You could have a lot more fun this weekend than you expected. Talk to neighbours, co-workers, and arrange a picnic or dinner. Plans change at a moment's notice.

Pisces - Home life is your big challenge this week. You need to spend time planning some weekend fun around home. Time spent beautifying home, property, will bring satisfaction.

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Similkameen News Leader Recipe Corner (Recipe #115)

Caribbean Shrimp Skewers

- 1 1/2 lbs uncooked shrimp, (750 g) peeled and deveined
- 1 red pepper, cored, (1) seeded and cut into 1/2-inch (1.25 cm) pieces
- 2 cups fresh orange (500 mL) chunks
- 4 large green onions, (4) including tops, cut into 3-inch (7.5 cm) pieces
- 1 cup Knorr Lemon (250 mL) Pepper Marinade with Lemon Juice
- wooden skewers

On skewers, thread shrimp, red peppers, oranges and green onions; brush with Marinade. Grill or broil, basting often with marinade and turning until shrimp turn pink. Serves 4.

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

Don't Feed The Deer!

THIS REMINDER COMES FROM THE TOWN OF PRINCETON

THURSDAY, MAY 18, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek (R)	News (R) Body	(Off Air)	Body Elec. Boohbah	News (R)	News	Movie: "The Man Who Wasn't There" (2001) City Confidential (R)	(5:00) News (R)	News (Live) (R)	(5:00) News (Live) (R)	Monster Mona	SportsCentre (R)	News (R) Canada AM (R)	Daily Planet (R)	Believers Paid Prog.	King (R) Spider-Man	News Calvin, Miller	Maury (N) (R)	Hillbillies (R)
7 AM :30	Movie: "Dangerous Minds" (1995, Drama) (R)	Life Today 100 Huntley Street (R) Room	BluesClues Dora	Clifford Arthur (N)	Today "The Da Vinci Code" in Rome; Larry King. (R)	The Early Show (R)	Wasn't There" (2001) City Confidential (R)	Good Morning America (R)			Boy (R) Jacob	SportsCentre (R)		Untamed North America MythBusters (R)	Libertys Charles	K. Possible Recess	News (R) Miller	CityLine (R)	Rockford Files (R)
8 AM :30	Drew	Gold Trails	Arthur (R)	Sesame Street (EI)		Discover Discover	Amer. Justice	Regis and Kelly	100 Huntley Street (R)	World Vision (N) (R)	SpongeBob LazyTown	SportsCentre (R)		Paid Prog.	Paid Prog.	Weekend Lilo Stitch		Close-Up (R)	Matlock "The Priest" (R)
9 AM :30	Drew	Pioneers	Little Bear								Care Bears Monster	Off-Record Muscle	Regis and Kelly	Daily Planet (R)	Fam. Feud	Pooh PB&J Otter	Maury (N) (R)	News (R) City	Magnum, P.I. (R)
10 AM :30	MLB Baseball: Florida Marlins at Atlanta Braves.	The Price Is Right (R)	Miss BG Sagwa	Barney Bob Build	Ellen DeGeneres Show	The Price Is Right (R)	Cold Case Files (R)	The View (N) (R)	World Vision (R)	Room Diva Dime	Rupert Monsters	Hockey: IHF World Championships Quarterfinal - Teams	The View (N) (R)	To Extinction	Starting Over (N) (R)	JoJo Sing-Story	Jerry Springer (N) (R)	Movie: "Conehead s" (1993)	News (R)
11 AM :30	Marlins at Atlanta Braves.	Brown Judge J.	Canada-History	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Sell House Movie: "The Man Who Wasn't There" (2001, Suspense) (R)	Paid Prog.	The Insider	News (Live) (R)	George S. Fly Rhino	hip	eTalk Daily	Beastly Countdown	Montel Williams (N)	Stanley King (R)	Blind Date	Dan Aykroyd. (R)	MLB Baseball: Washington Nationals at Chicago Cubs. (Live) (R)
12 PM :30	(Subject to Blackout) (R)	News (Live) (R)	Chasing the Cure (R)	Charlie Rose (R)	Paid Prog.	Bold & B.	All My Children (N) (R)	News (Live) (R)	Days of our Lives (N)	Being Ian Jane	TBA.	TSN Profile	Daily	Greatest Ever... (R)	Perry Mason (R)	Recess Weekend	Maury Paternity-tests.	CityLine (R)	Nationalists at Chicago Cubs. (Live) (R)
1 PM :30	Yes, Dear	Doc "Full Moon Rising"	Scattering Planet	In Studio Needle Art	Days of our Lives (N)	As the World Turns (N)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Care Bears George S.	PGA Golf: Bank of America Colonial	Vicki G.	Greatest Ever... (R)	Matlock "The Cult"	Lloyd Whiskers	Jerry Springer (R)	Relic Hunter (R)		
2 PM :30	Home Imp.	Body	Gaslight	Reading Lions	Passions (N) (R)	Guiding Light (N) (R)	City Confidential (R)	General Hospital (N)	Passions (N) (R)	Mona Boy (R)	Off-Record	Dr. Phil (R)	How-Made	Montel Williams (R)	Weekend	Lloyd	ER (R)	News (R)	Home Imp. (R)
3 PM :30	Seinfeld	Fear Factor (R)	Bear	Postcards	Brown	Dr. Phil (R)	Amer. Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record	Dr. Phil (R)	How-Made	Montel Williams (R)	Weekend	Lloyd	ER (R)	News (R)
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey (R)	Cold Case Files (R)	Millionaire	Oprah Winfrey (R)	Global	Tn-Titans	Hockey: NHL Eastern Conf.	The Tyra Banks Show	Daily Planet (N) (R)	Little House	Barbarian Proud	8 Rules	Sex & City	Videos
5 PM :30	Friends	News (R)	George S.	BBC World	News (R)	News	The First 48 (R)	News (R)	News (R)	News (Live) (R)	Oddparent	Semifinal - Devils at Hurricanes	News (R)	Extreme Engineering	Malcolm King of Hill	K. Possible Lizzie	Sabrina My Wife	Smallville "Mortal" (R)	Movie: "The Client" (1994, Suspense) Susan Sarandon. (R)
6 PM :30	Friends	Stargate SG-1 (R)	Skooled! Edge	News-Lehrer	News (R)	News	MovieReal (N) (R)	News (R)	News (Live) (R)	ET Canada	Being Ian Mystery	NHL Hockey: Avalanche at Mighty Ducks	News (R)	Deadliest Catch (R)	'70s Show	So Little Darcy	My Wife Friends	Supernatural "Skin" (R)	
7 PM :30	Movie: "Blue Streak" (1999)	Distance Jeopardy!	Blue Realm Manta rays.	Health Matters	Jeopardy! Fortune	Friends King	illuminatin g Angels & Demons (N) (R)	Entertain The Insider	Entertain ET Canada	Without a Trace (N)	Ghost Oracle	NHL Hockey: Avalanche at Mighty Ducks	eTalk Daily Hollywood	Breaking Vegas (N)	Simpsons Frasier	So Raven Smart Guy	Raymond	Kojak (R)	WGN News at Nine
8 PM :30	Martin Lawrence.	That '70s Show (N)	Shakespeare	New Tricks (R)	Will & Grace (N) (R)	CSI: Crime Scn	American Inventor (R)	Will & Grace (N) (R)	Will & Grace (N) (R)	SpongeBob Sabrina	15/Love	ATP	The O.C. (N) (R)	Daily Planet (R)	That '70s Show (N)	8 Rules Boy World	Movie: "Drumline" (2002) Nick Cannon. Premiere.	News (R)	Star! Daily
9 PM :30	Movie: "Under Siege 2: Dark Territory" (1995)	American Inventor	God's Explorers (R)	Great Railway Journeys	Will & Grace (N) (R)	CSI: Crime Scn	The First 48 (R)	American Inventor (R)	Will & Grace (N) (R)	Will & Grace (N) (R)	Prank Ptrl	Tennis: Masters Hamburg	CSI: Crime Scn	Deadliest Catch (R)	The O.C. (N) (R)	Brotherly Radio Free	Jimmy Kimmel Live (N)	Funnest Home Videos	
10 PM :30	Dark Territory" (1995)	Queer Eye-Guy	Rhonda Vincent	(9:59) ER "Twenty-One Guns"	Without a Trace (N)	MovieReal (R)	(10:01) Primetime (R)	Without a Trace (N)	News (Live) (R)	My Family Bob	ReBoot	SportsCentre (Live) (R)	News (R)	Breaking Vegas (R)	News Will-Grace	Popular (R)	KTLA Prime News (R)	Movie: "Conehead s" (1993)	Da Vinci's Inquest (R)
11 PM :30	(11:10) "On Deadly Ground"	News (R) Body	Perspectives (R)	Charlie Rose (N) (R)	News (R) Tonight	News	Angels-Demons	News (R) Nightline	News (Live) (R)	Entertain ET Canada	Beasties		News (R)	Extreme Engineering	Sex & City	8 Rules	Sex & City	Dan Aykroyd. (R)	Elimidate

FRIDAY, MAY 19, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek (R)	News (R) Body	(Off Air)	Body Elec. Teletubbs	News (R)	News	Third Watch (R)	(5:00) News (R)	News (Live) (R)	(5:00) News (Live) (R)	Monster Mona	SportsCentre (R)	News (R) Canada AM (R)	Daily Planet (R)	Believers Body-Jake	King (R) Spider-Man	News Calvin, Miller	Maury (N) (R)	Hillbillies (R)
7 AM :30	Movie: "Blue Streak" (1999)	Life Today 100 Huntley Street (R) Summit	BluesClues Dora	Clifford Arthur (N)	Today "The Da Vinci Code" in Barcelona; the Go-Go's. (R)	The Early Show (R)	Third Watch (R)	Good Morning America (R)			Boy (R) Jacob	SportsCentre (R)		Wild Sites Wildlife (R)	Libertys Charles	K. Possible Recess	News (R) Miller	CityLine (R)	Rockford Files (R)
8 AM :30	Martin Lawrence.	Summit	Berenstain	Big World			City Confidential (R)			100 Huntley Street (R)	SpongeBob LazyTown	SportsCentre (R)		American Hot Rod	Paid Prog.	Weekend Lilo Stitch		At Movies Big Holly	Matlock "The Witness" (R)
9 AM :30	Becker	Gold Trails	Arthur (R)	Sesame Street (EI)		Discover Discover	American Justice	Regis and Kelly	100 Huntley Street (R)	World Vision (N) (R)	Care Bears Monster	Off-Record ATP	Regis and Kelly	Daily Planet (R)	Fam. Feud	Pooh PB&J Otter	Maury (N) (R)	News (R) City	Magnum, P.I. (R)
10 AM :30	Cosby	The Price Is Right (R)	Paddington Sagwa	Barney Bob Build	Ellen DeGeneres Show	The Price Is Right (R)	American Justice	The View (N) (R)	World Vision	House Diva Dime	Rupert Monsters	Tennis: Masters Hamburg - Quarterfinal s. From Hamburg, Germany.	The View (N) (R)	Fear Fighters Police.	Starting Over (N) (R)	JoJo Mermald	Jerry Springer (N) (R)	Movie: "Manhunt: Search for the Night Stalker"	News (R)
11 AM :30	Harvey	Direct Buy	Sew Fun	Mr Rogers	The Tyra Banks Show	Young and the Restless	Third Watch (R)	Paid Prog.	The Insider	News (Live) (R)	George S. Fly Rhino	hip	eTalk Daily	Critical Rescue (R)	Montel Williams (N)	Stanley King (R)	Blind Date	Magnum, P.I. (R)	
12 PM :30	Drew	News (Live) (R)	Dotto Tech SportFish	Charlie Rose (R)	Paid Prog.	Bold & B.	All My Children (N) (R)	News (Live) (R)	Days of our Lives (N)	Being Ian Beasts			Daily	Extreme Engineering	Perry Mason (R)	Recess Weekend	Maury Paternity-tests.	CityLine (R)	Cosby Lead-Off
1 PM :30	Yes, Dear	Creepy Crypts	Router Planet	Scheewe Scrapbook	Days of our Lives (N)	As the World Turns (N)	Third Watch (R)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Care Bears George S.	PGA Golf: Bank of America Colonial	Vicki G.	Breaking Vegas (R)	Matlock (R)	Lloyd Whiskers	Jerry Springer (R)	Relic Hunter (R)	MLB Baseball: Chicago Cubs at Chicago White Sox. (R)
2 PM :30	Home Imp.	Body	Gaslight	Reading Lions	Passions (N) (R)	Guiding Light (N) (R)	City Confidential (R)	General Hospital (N)	Passions (N) (R)	Mona Boy (R)	Off-Record	Dr. Phil (R)	How-Made	Deadliest Catch (R)	Love Lucy	Lilo Stitch Proud	Eye Eye	Ellen DeGeneres Show	Inning
3 PM :30	Seinfeld	Legends	Bear	Postcards	Brown	Dr. Phil (R)	Amer. Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Catscratch	Off-Record	Dr. Phil (R)	How-Made	Montel Williams (R)	Weekend	Lloyd	ER "The Good Fight" (R)	News (R)
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey (R)	American Justice	Millionaire	Oprah Winfrey (R)	Global	Yvon	Hockey: Best Hand	The Tyra Banks Show	Daily Planet (N) (R)	Little House	Barbarian Proud	8 Rules	Sex & City	Videos
5 PM :30	Raymond	News (Live) (R)	George S.	BBC World	News (R)	News	American Justice	News (R)	News (R)	News (Live) (R)	Oddparent	Fight Sports Knockouts!	News (R)	Blueprint for Disaster	Malcolm King of Hill	K. Possible Suite Life	Sabrina My Wife	Movie: "X2: X-Men United" (2003)	Susan Sarandon. (R)
6 PM :30	MLB Baseball: Atlanta Braves at Arizona Diamondbacks. (Live) (R)	Stargate SG-1 "Urgo"	Outta Town Reach-Top	News-Lehrer	News (R)	News	American Justice	News (R)	News (Live) (R)	ET Canada	Yu-Gi-Oh! Mystery	Boxing: Friday Night Fights. (Live)	News (R)	Greatst Myst.	'70s Show	Zoey 101	My Wife Friends	Patrick Stewart. (R)	WGN News at Nine
7 PM :30	Atlanta Braves at Arizona Diamondbacks. (Live) (R)	Jeopardy!	Vacations	Wash Wk McLaughlin	Jeopardy! Fortune	Friends King	Biography	Entertain The Insider	Entertain ET Canada	NUMB3RS "Hot Shot"	Cybertron Zlxx	Fights. (Live)	eTalk Daily Hollywood	A Haunting (R)	Simpsons Frasier	Movie: "High School Musical" (2006)	Movie: "X2: X-Men United" (2003)	Jimmy Kimmel Live (N)	News (R)
8 PM :30	Movie: "Little Nicky" (2000) (R)	Stargate SG-1 (R)	Movie: "The Grass Harp" (1995)	NOW (N) Europe	Dateline NBC (R)	Escaping Danger	Airline (R)	America's Funniest Home Videos (N) (R)	Conviction "180.80" (N) (R)	Conviction "180.80" (N) (R)	Naruto Zatch Bell	SportsCentre (Live) (R)	Escaping Danger	Daily Planet (R)	Movie: "X2: X-Men United" (2003)	Patrick Stewart. (1989)	Movie: "Big Man on Campus" (1989)	Jimmy Kimmel Live (N)	Funnest Home Videos
9 PM :30	Movie: "Little Nicky" (2000) (R)	Can Files	Benise: Nights of Fire	Conviction "180.80" (N) (R)	Close to Home (N) (R)	American Justice	Videos (N) (R)	Conviction "Hostage" (R)	Conviction "Hostage" (R)	Inuyasha Gundam	Boxing: Luis Collazo vs. Ricky Hatton. (R)	Law & Order "Invaders"	Close to Home (N) (R)	Greatst Myst.	News Will-Grace	News (10.44)	Movie: "Only You" (1994)	Sex & City	Elimidate
10 PM :30	Family Guy	News (R)	For King and Empire	My Family Monty Python	News (R)	News	Biography	News (R)	News (Live) (R)	Entertain ET Canada	Shadow	SportsCentre (Live) (R)	News (R)	Greatest Ever... (R)	Sex & City	Friends	Volume 4" (1998)	Paid Prog.	
11 PM :30	Futurama	J.R. Digs		Coupling	Tonight	Late Show		Nightline			Beasties		News (R)						

saturday movies

MORNING

7:00 am WTBS (3) ★★ "Three Wishes" (1995, Drama) Patrick Swayze. In 1955, a mysterious vagrant helps transform a young misfit into the star of a Little League Baseball team. (E)

9:30 am A&E (9) ★★½ "The Professional" (1994, Drama) Jean Reno. An assassin's tough exterior is cracked by his bond with a precocious orphan girl who wants to learn his craft. (E)

9:35 am WTBS (3) ★★ "Tin Cup" (1996, Comedy) Kevin Costner. A curvy customer and a smarmy golf-pro pal motivate a down-and-out Texas driving-range owner to try for the U.S. Open. (E)

AFTERNOON

12:00 pm A&E (9) ★★ "Windtalkers" (2002, War) Nicolas Cage. In World War II, a Marine protects a Navaho recruit who transmits messages in his native tongue, confounding Japanese code-breakers. (E)

FAM (26) ★★½ "High School Musical" (2006, Musical Comedy) Zac Efron. Students conspire to prevent a basketball star and a shy newcomer from singing in a stage production. (E)

WGN (38) ★★½ "The River Wild" (1994, Suspense) Meryl Streep. Murderous thieves force a former river guide to pilot them through a perilous stretch of water known as the Gauntlet. (In Stereo) (E)

12:20 pm WTBS (3) ★★½ "Little Nicky" (2000, Comedy) Adam Sandler. The devil's kindhearted son is sent to retrieve his two evil brothers before they raise hell on Earth. (E)

12:30 pm CITY (29) ★★ "Grease" (1978, Musical) John Travolta. Nice Sandy and greaser Danny try to be like each other in their 1950s high school. (E)

1:38 pm FAM (26) ★★ "Monkey Trouble" (1994, Adventure) Thora Birch. A 9-year-old girl adopts a capuchin monkey whose previous owner taught it thievery, among other tricks. (E)

2:00 pm WTBS (3) ★ "Wild Wild

West" (1999, Western) Will Smith. A pair of 19th-century secret agents uses a wide array of gadgets and disguises as they battle a criminal genius. (E)

4:00 pm WTBS (3) ★★ "Spider-Man" (2002, Action) (PA) Tobey Maguire. A shy student becomes a crime fighter after a bite from a mutant spider gives him extraordinary powers. (E)

KTLA (27) ★★½ "The River Wild" (1994, Suspense) Meryl Streep. Murderous thieves force a former river guide to pilot them through a perilous stretch of water known as the Gauntlet. (In Stereo) (E)

5:00 pm WGN (38) ★★ "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A cool teen plays hooky in Chicago with his girlfriend, his buddy and the classic Ferrari of his buddy's father. (In Stereo) (E)

EVENING

6:00 pm CITY (29) ★★ "Rock Star" (2001, Drama) Mark Wahlberg. The lead singer of a heavy-metal tribute band lands a gig with his musical idols. (E)

7:00 pm KSPS (6) ★★ "Ben-Hur" (1959, Historical Drama) Charlton Heston. An enslaved Judean prince meets his Roman betrayer, a former friend, in a chariot

race. (E)

8:00 pm CHBC (4) KHQ (7) ★★ "10.5" (2004, Suspense) Kim Delaney. A scientist, the president and the executive director of FEMA try to prevent a series of earthquakes from destroying the West Coast. (E)

KXLY (10) ★★ "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971. (In Stereo) (E)

9:00 pm VTV (22) "The Life" (2004, Drama) Bruce Greenwood. Two Vancouver police officers document the lives of the drug addicts they encounter daily on their beat. (E)

FAM (26) "This Time Around" (2003, Romance-Comedy) Brian A. Green. A publicist devises a plan to get back at the guy who once humiliated her when they were children. (E)

CITY (29) ★★ "The Firm" (1993, Drama) Tom Cruise. A law-school grad uncovers a sinister secret about the Tennessee firm that made him an offer he couldn't refuse. (E)

9:30 pm WTBS (3) ★★½ "Deep Blue Sea" (1999, Science Fiction) (PA) Thomas Jane. A marine biologist and her staff become the prey of scientifically altered sharks that have a hunger for human flesh. (E) (DVS)

WGN (38) ★★ "Total Recall" (1990, Science Fiction) Arnold

Schwarzenegger. Recurring nightmares of the planet Mars lead a confused earthling into the center of an intergalactic conspiracy. (In Stereo) (E)

10:30 pm FAM (26) ★★½ "So I Married an Axe Murderer" (1993, Comedy) Mike Myers. Paranoia and fear of commitment cause a San Francisco post to suspect that his new girlfriend may be a wanted killer. (E)

11:00 pm KNOW (5) "Kings in Grass Castles" (1998, Drama) (Part 1 of 4) Stephen Dillane. Chronicling 75 years in the lives of an Irish family who established roots in 19th-century Australia. (E)

11:30 pm WTBS (3) ★★ "Starship Troopers" (1997, Science Fiction) (PA) Casper Van Dien. Enthusiastic but badly outnumbered young soldiers attempt to protect Earth from a vicious army of gigantic insects. (E)

WGN (38) "Alien Tracker" (2001, Science Fiction) Adrian Paul. A bounty hunter must retrieve an alien convict from government researchers before news of alien existence leaks out. (In Stereo) (E)

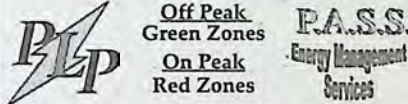
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September - October - November - December
January - February - March - April - May - June

For Information 250-2214

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
1:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
2:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
4:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
5:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
8:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
9:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 AM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
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2:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
3:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
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5:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
6:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
7:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
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9:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
10:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK
11:00 PM	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK	OFF PEAK

sunday movies

MORNING

7:00 am WTBS (3) ★★½ "Deep Blue Sea" (1999, Science Fiction) (PA) Thomas Jane. A marine biologist and her staff become the prey of scientifically altered sharks that have a hunger for human flesh. (E) (DVS)

9:00 am WTBS (3) ★ "Wild Wild West" (1999, Western) Will Smith. A pair of 19th-century secret agents uses a wide array of gadgets and disguises as they battle a criminal genius. (E)

A&E (9) ★★ "Windtalkers" (2002, War) Nicolas Cage. In World War II, a Marine protects a Navaho recruit who transmits messages in his native tongue, confounding Japanese code-breakers. (E)

11:00 am WTBS (3) ★★ "Spider-Man" (2002, Action) (PA) Tobey Maguire. A shy student becomes a crime fighter after a bite from a mutant spider gives him extraordinary powers. (E)

CITY (29) ★ "Bring It On Again" (2004, Comedy) Anne Judson-Yager. Two college cheerleaders form their own squad and prepare to compete against the varsity team. (E)

AFTERNOON

12:00 pm FAM (26) "Go Figure" (2005, Drama) Jordan Hinson. A teenage figure skater must join the girls' hockey team to obtain a scholarship at the school of a renowned coach. (E)

1:00 pm KTLA (27) ★★½ "Basic Instinct" (1992, Suspense) Michael Douglas. An erotic writer toys with a San Francisco detective who thinks she might be an ice-pick killer. (In Stereo) (E)

1:30 pm FAM (26) "MXP: Most Xtreme Primate" (2003, Comedy) Devin Drevitz. Two brothers must rescue a snowboarding chimp from kidnappers and return him to his rightful owner. (E)

2:00 pm VTV (22) "Loving Evangeline" (1998, Romance) Nick Mancuso. The president of a computer software company returns to his hometown to deal with his brother's fatal boating accident. (In Stereo) (E)

3:00 pm KTLA (27) ★★½ "The River Wild" (1994, Suspense) Meryl Streep. Murderous thieves force a former river guide to pilot them

through a perilous stretch of water known as the Gauntlet. (In Stereo) (E)

4:00 pm YTV (18) ★★½ "The Crocodile Hunter: Collision Course" (2002, Comedy) Steve Irwin. Steve and Terri Irwin encounter bumbling CIA agents who are trying to find a fallen U.S. spy satellite. (In Stereo) (E)

5:00 pm WTBS (3) ★★ "Men In Black" (1997, Comedy) (PA) Tommy Lee Jones. A veteran agent and a rookie protect mankind from dangerous extraterrestrials roaming the Earth. (E)

EVENING

6:00 pm YTV (18) ★★ "Willy Wonka & the Chocolate Factory" (1971, Fantasy) Gene Wilder. A poor boy and his grandfather win a tour through a wily candy-maker's marvelous factory. (In Stereo) (E)

CITY (29) ★ "The Art of Woo" (2001, Romance-Comedy) Adam Beach. An Asian rejects several suitors until she meets a Canadian artist and a wealthy bachelor. (E) (DVS)

7:00 pm WTBS (3) ★★ "Men In Black" (1997, Comedy) (PA) Tommy Lee Jones. A veteran agent and a rookie protect mankind from dangerous extraterrestrials roaming the Earth. (E)

9:00 pm WTBS (3) ★★ "Ace Ventura: When Nature Calls" (1995, Comedy) Jim Carrey. A sacred white bat's disappearance begets bloodshed between African tribes and puts the goofy pet sleuth on the case. (E)

CHBC (4) KHQ (7) "10.5: Apocalypse" (2006, Suspense) (Part 1 of 2) Kim Delaney. Premiere. The president and a top scientist work together to save North America from potentially devastating earthquakes. (In Stereo) (E)

KNOW (5) "Kings in Grass Castles" (1998, Drama) (Part 2 of 4) Stephen Dillane. Chronicling 75 years in the lives of an Irish family who established roots in 19th-century Australia. (E)

FAM (26) ★★ "Last Dance" (1996, Drama) Sharon Stone. Premiere. A clemency-board rookie takes interest in the case of a woman on death row for 12 years for a double murder. (E)

10:30 pm FAM (26) ★ "Cabin Boy" (1994, Comedy) Chris Elliott. An arrogant young snob is taken down a peg when, instead of boarding a yacht, he lands on a schooner's deck. (E)

11:00 pm WTBS (3) ★½ "A Night at the Roxbury" (1998, Comedy) Will Ferrell. Two sorry siblings dance their way through the Los Angeles

club scene while trying to open up their own establishment. (E)

CITY (29) ★★ "The Firm" (1993, Drama) Tom Cruise. A law-school grad uncovers a sinister secret about the Tennessee firm that made him an offer he couldn't refuse. (E)

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SATURDAY, MAY 20, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Stories	News	(Off Air)	Globe Trekker	(5:00) Today	Saturday Early Show	Ask This	Good Morning America	Pioneers	Design	Monster	Hockey: IJHF World Champions	OWL/TV Kingdom	Greatest Ever...	Paid Prog.	Spider-Man	Paid Prog.	Indo	Paid Prog.
6:30	Storyline	Body					Ask This		Room	Room	Mona				Fishing	Rangers	Paid Prog.	Dharti	Paid Prog.
7 AM	Movie: "Three Wishes"	Body	BluesClues	MotorWeek	News	LazyTown	Old House	Good Morning America	News (Live)	News (Live)	Flamingo	hip	Katie-Orble	Greatest Myst.	DoReMi	Robot	Loonatics	Eye on Asia	Paid Prog.
7:30		Powerboat	Dora	Fly Tying		Go Diego	illuminatin g Angels & Demons				Battle	Semifinal - Teams	Lit. Hobo		DoReMi	W.I.T.C.H.	Loonatics		Paid Prog.
8 AM	(1995, Drama) Patrick	FNC	George S.	Router		Backyard					Yu-Gi-Oh!	TBA.	Good Morning Canada	A Haunting	Bratz	Suffe Life	Viewtiful	Polish Studio	Paid Prog.
8:30		Direct Buy	Bus	Hometime		Dora					Mystery	Fishing			Winx Club	Zoey 101	Batman		Paid Prog.
9 AM	Swayze	Homes TV	Arthur	Workshop		Little Bill		Proud	Driving TV	Tn-Titans	Bowling: Men's 10 Pin.			Megabuilders	Winx Club	So Raven	Xiaolin	Arts	Hap Days
9:30		Body	Paddington	Old House		BluesClues	Movie: "The Professional"	So Raven	Calvin	Flamingo					Turtles	Phill	Loonatics	CityLine	Home Imp.
10 AM	Movie: "Tin Cup" (1996, Comedy) Kevin Costner, Rene Russo	Antique	Jakers	Ask This	Shark	Discover	"The Professional" (1994, Drama) Jean Reno	Suite Life	GetUpGrow	Sacred	AmiYumi	Motoring	World Vision	Mayday	Sonic X	Even	Pokémon	In Fashion	Moesha
10:30		Collectors	Babar	Americas	Paid Prog.	Discover		Phil	Canada	Bell City	Monster	NHL Hockey: Playoffs - Teams	Daily Planet	Greatest Myst.	Animal All	School	Johnny T	NewMusic	Soul Train
11 AM		Fishing	Macphee	Coastal	NHL Hockey: Conference	Golf: Challenge	PGA Golf: Bank of America Colonial - Third Round. (Live)	WNBA Basketball: Mercury at Monarchs	Bell City	"70s Show	Bayblade	Hockey: IJHF World Champions hip Semifinal - Teams	Canada's Greatest Ride	A Haunting	Paid Prog.	Movie: "High School Musical" (2006)	Libertya	Libertya	Movie: "The River Wild" (1994) Meryl Streep.
11:30		Driving TV	Quilting	Ming	Final - Teams TBA. (Live)	PGA Golf: Bank of America Colonial - Third Round. (Live)	Movie: "Windtalkers" (2002, War) Nicolas Cage, Adam Beach	Just Shoot	"70s Show	Cybertron			Eagle Communications	American Chopper	MLB Baseball: Angels at Dodgers or Giants at Athletics	Thora Birch, Lizzie	Smallville "Facade"	News	Shocking Behavior
12 PM	Movie: "Little Nicky" (2000)	PGA Golf: Bank of America Colonial - Third Round. (Live)	Moving On	Lidas	Final - Teams TBA. (Live)	PGA Golf: Bank of America Colonial - Third Round. (Live)	Movie: "Windtalkers" (2002, War) Nicolas Cage, Adam Beach	Just Shoot	"70s Show	D.I.C.E.			MTV Live	Dirty Jobs	70s Show	Sadie	Blind Date	Movie: "Rock Star" (2001)	Day Off
1:30		Bank of America Colonial - Third Round. (Live)	Journal Garden	Painting		Round. (Live)		Just Shoot	"70s Show				W-FIVE	Dirty Jobs "Pig Farmer"	Simpsons	So Raven	Friends	Mark Wahlberg.	WGN News at Nine
2 PM	Movie: "Wild Wild West" (1999) Will Smith	Dotto Tech	Yachting	Horse Racing: Preakness		Stakes.		Just Shoot	"70s Show				W-FIVE	Dirty Jobs "Pig Farmer"	Simpsons	So Raven	Friends	News	Sex & City
2:30		Pan Asia	Tracks					Just Shoot	"70s Show				W-FIVE	Dirty Jobs "Pig Farmer"	Simpsons	So Raven	Friends	News	Sex & City
3 PM		Summit	Food	Time Warp		Discover	Amer. Justice	Old House	"70s Show	Simpsons	Adrenalini	Sports	MTV Live	Dirty Jobs	Beach Volleyball: AVP Series	Suite Life Proud	Movie: "The River Wild" (1994) Meryl Streep.	Star! Daily	Movie: "Fenris Bueller's Day Off" (1986)
3:30		Summit	Food	Time Warp		Discover	Amer. Justice	Old House	"70s Show	Simpsons	Adrenalini	Sports	MTV Live	Dirty Jobs	Beach Volleyball: AVP Series	Suite Life Proud	Movie: "The River Wild" (1994) Meryl Streep.	Star! Daily	Movie: "Fenris Bueller's Day Off" (1986)
4 PM	Movie: "Spider-Man" (2002, Action) (PA) Tobey Maguire	Antique	Rolle Poile	PC World's	Trading	ER	City Confidential	Paid Prog.	Simpsons	Simpsons	X Men	NASCAR	MTV Live	Dirty Jobs	Beach Volleyball: AVP Series	Suite Life Proud	Movie: "The River Wild" (1994) Meryl Streep.	Star! Daily	Movie: "Fenris Bueller's Day Off" (1986)
4:30		Marriage	Miss BG	Europe	Darcy	"February 5, 1995"	Cold Case Files	Ebert	Simpsons	Global	X Men	NASCAR	MTV Live	Dirty Jobs	Beach Volleyball: AVP Series	Suite Life Proud	Movie: "The River Wild" (1994) Meryl Streep.	Star! Daily	Movie: "Fenris Bueller's Day Off" (1986)
5 PM		News	George S.	Summer	News	News	Cold Case Files	News	Simpsons	News	X Men	NASCAR	MTV Live	Dirty Jobs	Beach Volleyball: AVP Series	Suite Life Proud	Movie: "The River Wild" (1994) Meryl Streep.	Star! Daily	Movie: "Fenris Bueller's Day Off" (1986)
5:30		Sports	Zoboo	Dad Army	NBC News	CBS News	Cold Case Files	News	Simpsons	News	X Men	NASCAR	MTV Live	Dirty Jobs	Beach Volleyball: AVP Series	Suite Life Proud	Movie: "The River Wild" (1994) Meryl Streep.	Star! Daily	Movie: "Fenris Bueller's Day Off" (1986)
6 PM		2nd Chnce	Reach-Top	Lawrence Welk Show	News	News	Cold Case Files	News	Simpsons	News	X Men	NASCAR	MTV Live	Dirty Jobs	Beach Volleyball: AVP Series	Suite Life Proud	Movie: "The River Wild" (1994) Meryl Streep.	Star! Daily	Movie: "Fenris Bueller's Day Off" (1986)
6:30	MLB	2nd Chnce	Reach-Top	Lawrence Welk Show	News	News	Cold Case Files	News	Simpsons	News	X Men	NASCAR	MTV Live	Dirty Jobs	Beach Volleyball: AVP Series	Suite Life Proud	Movie: "The River Wild" (1994) Meryl Streep.	Star! Daily	Movie: "Fenris Bueller's Day Off" (1986)
7 PM	Baseball: Atlanta Braves at Arizona Diamondbacks. (Live)	Caitlin	National Geographic	Movie: "Ben-Hur" (1959, Suspense)	CSI: Crime Scn	CSI: Miami "Skeletons"	Amer. Justice	Entertainment Tonight	Bullet Proof	Ground Up	Ghost	Boxing: Marco Antonio Barrera vs. Rocky Juarez.	CSI: Miami "Skeletons"	Dirty Jobs	Cops (N)	8 Rules	Friends	News	Sex & City
7:30		Caitlin	Geographi c	Movie: "Ben-Hur" (1959, Suspense)	CSI: Crime Scn	CSI: Miami "Skeletons"	Amer. Justice	Entertainment Tonight	Bullet Proof	Ground Up	Ghost	Boxing: Marco Antonio Barrera vs. Rocky Juarez.	CSI: Miami "Skeletons"	Dirty Jobs	Cops (N)	8 Rules	Friends	News	Sex & City
8 PM		Movie: "10.5" (2004, Suspense)	Heartbeat	Historical Drama	Charlton	Movie: "10.5" (2004, Suspense)	Without a Trace "4.0"	Cold Case Files	Doc	"Angels in Waiting"	Inuyasha: Touching Across Time	Boxing: Marco Antonio Barrera vs. Rocky Juarez.	CSI: Miami "Skeletons"	Dirty Jobs	Cops (N)	8 Rules	Friends	News	Sex & City
8:30		Movie: "10.5" (2004, Suspense)	Heartbeat	Historical Drama	Charlton	Movie: "10.5" (2004, Suspense)	Without a Trace "4.0"	Cold Case Files	Doc	"Angels in Waiting"	Inuyasha: Touching Across Time	Boxing: Marco Antonio Barrera vs. Rocky Juarez.	CSI: Miami "Skeletons"	Dirty Jobs	Cops (N)	8 Rules	Friends	News	Sex & City
9 PM		Movie: "Deep Blue Sea" (1999) Thomas Jane.	Inspector Morse "The Wolvercote Tongue"	Heston, Jack Hawkins.	Red Green	48 Hours Mystery	Cold Case Files	Cold Case Files	As We Appear: Story	Malcolm	UEFA	Boxing: Marco Antonio Barrera vs. Rocky Juarez.	CSI: Miami "Skeletons"	Dirty Jobs	Cops (N)	8 Rules	Friends	News	Sex & City
9:30		Movie: "Deep Blue Sea" (1999) Thomas Jane.	Inspector Morse "The Wolvercote Tongue"	Heston, Jack Hawkins.	Red Green	48 Hours Mystery	Cold Case Files	Cold Case Files	As We Appear: Story	Malcolm	UEFA	Boxing: Marco Antonio Barrera vs. Rocky Juarez.	CSI: Miami "Skeletons"	Dirty Jobs	Cops (N)	8 Rules	Friends	News	Sex & City
10 PM		Mad TV (N)	"Kings-Castles"	Austin City Limits	News	News	Amer. Justice	News	News	Driving TV	Bob	SportsCenter (Live)	News	Dirty Jobs	Mad TV (N)	Will-Grace	Will-Grace	Tripplehorn.	"The Firm" (1993, Drama) Tom Cruise, Jeanne Tripplehorn.
10:30		Mad TV (N)	"Kings-Castles"	Austin City Limits	News	News	Amer. Justice	News	News	Driving TV	Bob	SportsCenter (Live)	News	Dirty Jobs	Mad TV (N)	Will-Grace	Will-Grace	Tripplehorn.	"The Firm" (1993, Drama) Tom Cruise, Jeanne Tripplehorn.
11 PM		"Starship"		Sat. Night	Edillon			Paid Prog.	Sat. Night	Sat. Night	Bob	SportsCenter (Live)	News	Dirty Jobs	Mad TV (N)	Will-Grace	Will-Grace	Tripplehorn.	"The Firm" (1993, Drama) Tom Cruise, Jeanne Tripplehorn.
11:30		"Starship"		Sat. Night	Edillon			Paid Prog.	Sat. Night	Sat. Night	Bob	SportsCenter (Live)	News	Dirty Jobs	Mad TV (N)	Will-Grace	Will-Grace	Tripplehorn.	"The Firm" (1993, Drama) Tom Cruise, Jeanne Tripplehorn.

SUNDAY, MAY 21, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)	
6 AM	Movie: "Tin Cup" (1996)	Body	(Off Air)	Noddy	Today	Discover	Breakfast With the Arts	Good Morning America	Pioneers	FNC (N)	Monster	Hockey: IJHF World Champ. -- Teams TBA	Acorn Kids	Breaking Vegas	Hour of Power	Spider-Man	Pacesetter	Mix TV	Feed	
6:30		Body		Cliff Pup		Discover			Adventure	Fishing	Mona					Rangers	Success		Paid Prog.	
7 AM	Movie: "Deep Blue Sea" (1999)	In Touch	BluesClues	Bob Build	Flight 29	CBS News Sunday Morning	24	News	Countertop	Canada	Jane		Good Morning Canada	Greatest Ever...	Libertys	Robot	Amazing	Eye on Asia	Paid Prog.	
7:30		Van Impe	Dora	Thomas	Endurance		24	News	Canada	Is Written	Adrenalini				Business	W.I.T.C.H.	Believers		Paid Prog.	
8 AM	Thomas Jane.	Is Written	Bus	Real	Meet the Press	Nation		News (Live)	News (Live)	World Van	Jimmy Neutron: Gen.	Motoring		Greatest Ever...	Fox News Sunday	Suite Life Zoey 101	Feed	Eye-Asia	Hillbillies	
8:30		Is Written	Bus	Real	Meet the Press	Nation		News (Live)	News (Live)	World Van	Jimmy Neutron: Gen.	Motoring		Greatest Ever...	Fox News Sunday	Suite Life Zoey 101	Feed	Eye-Asia	Hillbillies	
9 AM	Movie: "Wild Wild West" (1999) Will Smith	Listen Up	Arthur	Maya	Paid Prog.	Discover	Movie: "Windtalkers" (2002, War) Nicolas Cage, Adam Beach	This Week With George	Hour of Power (N)	All Grown Up	Billiards	Road Trip	Eagle Communications	How-Made	Paid Prog.	So Raven	Price	Changing	Italiano di Johnny Lombardi (In Italian)	Funnlest Home Videos
9:30		Faith	Paddington	Zoom (EI)	Paid Prog.	Discover	Movie: "Windtalkers" (2002, War) Nicolas Cage, Adam Beach	This Week With George	Hour of Power (N)	All Grown Up	Billiards	Road Trip	Eagle Communications	How-Made	Paid Prog.	So Raven	Price	Changing	Italiano di Johnny Lombardi (In Italian)	Funnlest Home Videos
10 AM		Homes	Jakers	College	National Heads-Up Poker	Auto Racing: American Le Mans at Mid-Ohio.	War	IndyCar Racing: Indianapolis 500 Qualifying	Driving TV	2nd Chnce	Danny Phantom	Hockey: World Champ.	Eagle	Legend Hunters	Farscape "Incubator"	Boy World	Paid Prog.			White Sox
10:30		Home	Babar	Money	Champion ship (Taped)		War	IndyCar Racing: Indianapolis 500 Qualifying	Driving TV	2nd Chnce	Danny Phantom	Hockey: World Champ.	Eagle	Legend Hunters	Farscape "Incubator"	Boy World	Paid Prog.			White Sox
11 AM	Movie: "Spider-Man" (2002)	GetUpGrow	Swap TV	Foreign	Champion ship (Taped)		War	IndyCar Racing: Indianapolis 500 Qualifying	Hour of Power	Taste	Jane	Gold Medal Game -- Teams TBA	Nature	Greatest Ever...	Just Shoot	School	Paid Prog.	Movie: "Bring It On Again" (2004, Comedy)	MLB Baseball: Chicago Cubs at Chicago White Sox. (Live)	
11:30		Driving TV	Mechanics	WealthTrk			War	IndyCar Racing: Indianapolis 500 Qualifying	Hour of Power	Taste	Jane	Gold Medal Game -- Teams TBA	Nature	Greatest Ever...	Just Shoot	School	Paid Prog.	Movie: "Bring It On Again" (2004, Comedy)	MLB Baseball: Chicago Cubs at Chicago White Sox. (Live)	
12 PM	Action (PA) Tobey Maguire	PGA Golf: Bank of America Colonial - Final Round. (Live)	Outta Town	NOW (N)	Arena Football: Wild Card Game - Teams TBA. (Live)	PGA Golf: Bank of America Colonial - Final Round. (Live)	Self House	NBA	News (Live)	PGA Golf: Bank of America Colonial - Final Round. (Live)	Jacob	ATP	Question Period	Greatest Ever...	Will-Grace	Movie: "Go Figure" (2005, Drama)	Sabrina's Wild Am.	Celebrity Poker Showdown	HomeTeam	
12:30		Bank of America Colonial - Final Round. (Live)	Outta Town	NOW (N)	Arena Football: Wild Card Game - Teams TBA. (Live)	PGA Golf: Bank of America Colonial - Final Round. (Live)	Self House	NBA	News (Live)	PGA Golf: Bank of America Colonial - Final Round. (Live)	Jacob	ATP	Question Period	Greatest Ever...	Will-Grace	Movie: "Go Figure" (2005, Drama)	Sabrina's Wild Am.	Celebrity Poker Showdown	HomeTeam	
1 PM	MLB	Final Round. (Live)	Reach-Top	In Time of War			Self House	Basketball: Conference Semifinal Game 7 - Teams TBA.	Dinner	Sacred	Flamingo	Tennis: Masters Hamburg -- Final. (Same-day Tape)	W-FIVE	Da Vinci	Ult Poker Chal.	Movie: "MXP: Most Xtreme Primate"	Michael Douglas.	News	Funnlest Home Videos	
1:30	Baseball: Atlanta Braves at Arizona Diamondbacks. (Live)	Final Round. (Live)	Reach-Top	In Time of War			Self House	Basketball: Conference Semifinal Game 7 - Teams TBA.	Dinner	Sacred	Flamingo	Tennis: Masters Hamburg -- Final. (Same-day Tape)	W-FIVE	Da Vinci	Ult Poker Chal.	Movie: "MXP: Most Xtreme Primate"	Michael Douglas.	News	Funnlest Home Videos	
2 PM		Knockout	BluesClues	Health Matters	Paid Prog.	Discover	Self House	Paid Prog.	Taste	"70s Show	Top 10	SportsCenter (Live)	Movie: "Loving Evangeline" (1998)	MythBusters	Alias "Double Agent"	Smart Guy	Movie: "The River Wild" (1994)	Chris	Maximum Exposure	
2:30		Knockout	BluesClues	Health Matters	Paid Prog.	Discover	Self House	Paid Prog.	Taste	"70s Show	Top 10	SportsCenter (Live)	Movie: "Loving Evangeline" (1998)	MythBusters	Alias "Double Agent"	Smart Guy	Movie: "The River Wild" (1994)	Chris	Maximum Exposure	
3 PM		Cucina Etc.	Rolle Poile	Chronicles	CSI: Crime Scn	ER	Self House	Mathews	Bounds	Simpsons	Movie: "The Crocodile Hunter: Collision Course"	NHL Hockey: Playoffs - Teams TBA. (Live)	Invasion "Round Up"	Daily Planet	Columbia	Suite Life	Meryl Streep.	Speakers		
3:30		Cucina Etc.	Rolle Poile	Chronicles	CSI: Crime Scn	ER	Self House	Mathews	Bounds	Simpsons	Movie: "The Crocodile Hunter: Collision Course"	NHL Hockey: Playoffs - Teams TBA. (Live)	Invasion "Round Up"	Daily Planet	Columbia	Suite Life	Meryl Streep.	Speakers		
4 PM		Pioneers	Madelline	Hometime	News	King	Flip This House	News	Simpsons	News	Hunter: Collision Course"	Teams TBA. (Live)	Alias (N)	Anatomy of a Tiger Bite	HomeTeam	K. Possible	Pepper Dennis	MovieTV	24	
4:30		Pioneers	Madelline	Hometime	News	King	Flip This House	News	Simpsons	News	Hunter: Collision Course"	Teams TBA. (Live)	Alias (N)	Anatomy of a Tiger Bite	HomeTeam	K. Possible	Pepper Dennis	MovieTV	24	
5 PM	Movie: "Men in Black" (1997) Tommy Lee Jones.	Okanagan	Zoboo	Old House	NBC News	CBS News	The BTK Killer Speaks	Ultimate Yard Makeover	News (Live)	Makeover: Home	Movie: "Willy Wonka and the Chocolate Factory" (1971)	SportsCenter (Live)	Alias (N)	Anatomy of a Tiger Bite	HomeTeam	K. Possible	Pepper Dennis	MovieTV	24	
5:30		Okanagan	Zoboo	Old House	NBC News	CBS News	The BTK Killer Speaks	Ultimate Yard Makeover	News (Live)	Makeover: Home	Movie: "Willy Wonka and the Chocolate Factory" (1971)	SportsCenter (Live)	Alias (N)	Anatomy of a Tiger Bite	HomeTeam	K. Possible	Pepper Dennis	MovieTV	24	
6 PM		Caitlin	Heartbeat	Monarch of the Glen	Gimme The Mikel	News	The BTK Killer Speaks	Ultimate Yard Makeover	News (Live)	Makeover: Home	Movie: "Willy Wonka and the Chocolate Factory" (1971)	SportsCenter (Live)	Alias (N)	Anatomy of a Tiger Bite	HomeTeam	K. Possible	Pepper Dennis	MovieTV	24	
6:30		Caitlin	Heartbeat	Monarch of the Glen	Gimme The Mikel	News	The BTK Killer Speaks	Ultimate Yard Makeover	News (Live)	Makeover: Home	Movie: "Willy Wonka and the Chocolate Factory" (1971)	SportsCenter (Live)	Alias (N)	Anatomy of a Tiger Bite	HomeTeam	K. Possible	Pepper Dennis	MovieTV	24	
7 PM	Movie: "Men in Black" (1997) Tommy Lee Jones.	Makeover: Home	National Geographic	Nature (DVS)																

MONDAY, MAY 22, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)			
6 AM	Dawson's Creek (E)	News (E) Okanagan	(Off Air)	Body Elec. Teletubba	News (E)	News	24 (E)	(5:00) News (E)	News (Live) (E)	(5:00) News (Live) (E)	Monster	SportsCentre (E)	News (E) Jeff	Daily Planet (E)	Believers	King (E) Spider-Man	News Calvin, Miller	Maury (E)	Hillbillies			
7 AM	Movie: "Houseguest" (1995) (PA) Sinbad. (E)	Life Today	BluesClues	Clifford	Today (E)	The Early Show (E)	24 (E)	Good Morning America			Boy (E) Jacob	SportsCentre (E)	Canada AM (E)	Uit. Survival	Sabrina's	K. Possible	News (E)	CityLine (E)	Rockford Files			
8 AM		100 Huntley Street (E) Taste	Hi-5	Dragon			24 (E)			100 Huntley Street (E)	Flamingo	SportsCentre (E)		How-Made	Paid Prog.	Weekend		StarTV	Matlock (E)			
9 AM	Becker	Gold Trails	Arthur (E)	Sesame Street (E)					Discover	Amer. Justice	Regis and Kelly	100 Huntley Street (E)	World Vision (N) (E)	Care Bears	Off-Record	Regis and Kelly	Daily Planet (E)	Fam. Feud	Emperor	Maury (E)	News (E)	Magnum, P.I. (E)
10 AM	Cosby	The Price Is Right (E)	Paddington	Barney	Ellen DeGeneres Show	The Price Is Right (E)	Cold Case Files (E)	The View (N) (E)	World Vision (E)	House	Rupert	Darts: Champ.	The View (N) (E)	North	Starting Over (N) (E)	Emperor	Jerry Springer (N) (E)	Movie: "Star Trek: The Motion Picture" (1979) William	News (E)	Magnum, P.I. (E)		
11 AM	Harvey	Direct Buy	Hockey	Mr Rogers	The Tyra Banks Show	Young and the Restless	24 (E)	Paid Prog.	The Insider	News (Live) (E)	George S. Fly Rhino	BLG Awards	eTalk Daily	Gangstr Chron	Montel Williams (E)	Emperor	Blind Date	Blind Date	Shatner. (E)	Da Vinci's Inquest (E)		
12 PM	Drew	News (Live) (E)	Space Horizons (E)	Charlie Rose (N) (E)	Paid Prog.	News	24 (E)	All My Children (N) (E)	News (Live) (E)	Days of our Lives (N) (E)	Oddparent	European Poker Tour	Daily	Mayday (E)	Perry Mason (E)	Recess	Maury (E)					
1 PM	Yes, Dear	Andromeda (E)	Moving On Planet	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	24 (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Oddparent	European Poker Tour	Vicki G.	Blueprint for Disaster	Matlock "The Priest" (E)	Recess	Jerry Springer (E)	Relle Hunter (E)	Cosby			
2 PM	Home Imp.	Body	Gaslight	Reading	Passions (N) (E)	Gulding Light (N) (E)	24 (E)	General Hospital (N)	Passions (N) (E)	Passions (N) (E)	Oddparent	Road Trip	General Hospital (N)	How-Made	Love Lucy	Recess	Eye Eye	Ellen DeGeneres Show	Moesha			
3 PM	Seinfeld	Fear Factor (E)	Bear	Postcards	Brown	Dr. Phil (E)	Amer. Justice	The Tony Danza Show	Young and the Restless	Young and the Restless	Oddparent	Off-Record	Dr. Phil (E)	Greatest Ever... (E)	Montel Williams (E)	Recess	ER (E)	News (E)	Home Imp.			
4 PM	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey (E)	Cold Case Files (E)	Millionaire	Oprah Winfrey (E)	News (E)	Oddparent	NHL Hockey: Playoffs - Teams TBA. (Live)	The Tyra Banks Show	Daily Planet (N) (E)	Little House	Recess	8 Rules	Sex & City	Funniest Home Videos			
5 PM	Friends	News (Live) (E)	George S.	BBC World	News (E)	News	The First 48 (E)	News (E)	News (E)	News (Live) (E)	Oddparent	SpongeBob	News (E)	MythBusters (E)	Malcolm King of Hill	Recess	Sabrina	Stargate Atlantis	America's Funniest Home Videos (E)			
6 PM	Friends	Stargate SG-1 (E)	Science	News-Lehrer	News (E)	News	MovieReal (E)	News (E)	News (Live) (E)	ET Canada	Belgian		News (E)	Dirty Jobs "Pig Farmer"	"70s Show"	School	My Wife	The Bedford Diaries				
7 PM	Family Guy	Homes	Time	Served	Jeopardy!	Friends	illuminatin g Angels & Demons	Entertain	Entertain	The Apprentice (N) (E)	X Men	WWE Monday Night Raw (N) (E)	eTalk Daily	Worst Handyman	Simpsons	School	Raymond	Godiva's (E)	WGN News at Nine			
8 PM	Seinfeld	Deal or No Deal (N)	That'll Teach 'Em	Antiques Roadshow (N)	Deal or No Deal (N)	King Christine		Wife Swap (N) (E)	24 (N) (E)	24 Jack tries to avenge the loss of innocent lives.	SpongeBob	CSI: NY (E)	Daily Planet (E)	24 Jack tries to avenge the loss of innocent lives.	School	7th Heaven "Turkey"	News (E)	Star! Daily	Becker			
9 PM	Movie: "In the Army Now" (1994) Pauly Shore.	Two Men Christine	Perspectives "My Flesh and Blood"	American Experience (N) (E)	(9:01) The Apprentice (N) (E)	Two Men Christine	The First 48 (E)	Allas "Reprisal/Al I the Time in the World" (N)	The Apprentice (N) (E)	24 (N) (E)	News (Live) (E)	My Family Bob	CSI: Miami (N) (E)	Worst Handyman	News	Popular (E)	KTLA Prime News (E)	(10:00) Movie: "Cabaret" (1998) Miki Manojlovic.	Da Vinci's Inquest (E)			
10 PM	Movie: "Houseguest" (1995) Sinbad.	News (E)	Canada-History	Charlie Rose (N) (E)	News (E)	News	Angels-Demons	News (E)	News (Live) (E)	Entertain	ReBoot	SportsCentre (Live) (E)	News (E)	MythBusters (E)	Sex & City	8 Rules	Sex & City	Elimidate	Paid Prog.			
11 PM		Fortune			Tonight	Late Show		Nightline		ET Canada	Beasties											

monday movies

MORNING

7:00 am WTBS (3) ★½ "Houseguest" (1995, Comedy) (PA) Sinbad. A con artist brings normalcy to a dysfunctional family after he assumes the identity of an old friend. (E)

10:00 am CITY (29) ★★½ "Star Trek: The Motion Picture" (1979, Science Fiction) William Shatner. Adm. Kirk, Mr. Spock, Dr. McCoy and crew embark in the overhauled Enterprise to find an intelligent entity called VGER. (E)

EVENING

8:30 pm WTBS (3) ★★ "In the Army Now" (1994, Comedy) Pauly Shore. Soon after joining the Reserves, two buddies are called to active duty in Africa. (E)

10:06 pm CITY (29) ★★ "Cabaret Balkan" (1998, Comedy-Drama) Miki Manojlovic. Goran Paskaljevic's darkly comedic account of violent episodes during one night in modern-day Belgrade, Yugoslavia. (E)

10:30 pm WTBS (3) ★½ "Houseguest" (1995, Comedy) (PA) Sinbad. A con artist brings normalcy to a dysfunctional family after he assumes the identity of an old friend. (E)

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news leader puzzle page
puzzle maps of exploration

Draw a line from (bracketed clue) solution to (bracketed clue) solution.



Think Ye Outside the Box

We sat sharing a flagon of grog in Ye Albatross tavern on the Isle of Hispaniola. I had no idea that he was one of the famous 18 that had returned. He told me that the first half of the adventure started on a warm September morn in the City known for bitter oranges 37N/6W in the land of ("S" and hurt). Five ships they had of dubious condition plus a brave crew of some 230 seamen. Full of courage they set sail south and west towards the unknown, past the (tin container filler) islands. Off the coast of Africa they were tormented by the fickle North East trade winds until pushed across the (baby toy percussion). Finally, after 3 long months at sea exhausted and sick, eating the only remaining food, biscuits crawling with weevils, and with many crew ill from the scurvy, they anchored near the (first months River) in South America. After resting and provisioning they headed South along the coast. Here the Captain thought he spied a mountain and exclaimed "Montevideo" or "I see a mountain", but it was the delta of the (Dish River). Further south it got very cold and ice, frost and freezing winds fueled a mutinous crew and caused the Captain many troubles. The punishment was 3 crew executed and 2 marooned. With an iron will further south they sailed until a lookout spied an inland Strait 53S/71W into which they sheltered and carefully followed west. Eventually they sailed out into a big calm Ocean which the Captain named Pacifica. It's now getting near the Siesta so I will continue this tale after my rest.



SOLUTIONS: You have just followed the first half of the voyage of discovery started by Ferdinand Magellan and his crew in 1519. The survivors being the first Europeans to circumnavigate the World. CLUES: "S" and hurt = Spain, Tin container filler, islands = Canary Islands, First months River = Rio de Janeiro, Dish River = Rio Plata.

Let's Play Princeton Trivia!

Question:

A local community spent a brief time in it's history known as Cardiff. Name that community.

Last Week:

Kathy Clement is the current President of Princeton Museum Society. She is probably best known for her dedicated service on Princeton's Town Council.

www.princetonmuseum.com

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in memoriam

in memoriam

for sale

Margaret Gertrude Kelly

August 20, 1935 - May 7, 2006

Died suddenly on Sunday, May 7th, 2006 at Kelowna General Hospital, at age 70 years. Margaret was born in Princeton on August 20, 1935 and has resided here for the last 25 years or more. She is survived by her loving partner, Tom Mitchell, daughter, Dawn (Darrel) Skelton, son, Pat (Barb) Kelly, grandchildren, Erin and Brock Kelly. She was predeceased by husband, Bill, her parents, Robert and Elle Hogan and her brother, Bob Hogan.

Margaret volunteered her time at the Legion and the Seniors Centre and enjoyed the occasional pleasure trip to the casinos. She will be missed by all who knew her.

Private arrangements are entrusted to the care of **HANSON'S' PRINCETON FUNERAL & CREMATION CENTRE** 295-6102.

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Lost on Penryn Avenue and area on the afternoon of April 30 a black iPod Nano in a tan leather case. Reward. Call (250) 295-3031 or 295-1210. For message call (250) 219-7607.

card of thanks

card of thanks

Paul and I thank the wonderful folks in Hedley, in particular Harry Alton, Audrey Flynn and the three ministering angels who cared for Paul while waiting for the ambulance after he fell on Saturday night. Thanks to the "ambulance guys" from Keremeos who were as gentle as they could be.

Heartfelt gratitude to Doctors Doug Reid and John Bosomworth who inspired calm with their confidence and humour, and to the nurses and all the other caregivers in our precious little hospital. We wouldn't trade you folks for all the high tech stuff in the Big Smoke for anything.

Thank you to our wonderful church family and our community of friends, especially Pastors Dan Brama and Don Varcoe. Your support and prayers are greatly appreciated. Most important of all, we thank Our Lord for His tender mercies and His gift of Grace.

Paul and Merrilyn Huycke

On completion of the Jim Lind, Sr. Memorial project at the Rodeo Grounds I would like to thank the following people:

- Pete Ruoss, who did the initial computer drawings for the stock pens and the VIP building and supervised two different groups of Katimavik helpers.
- Sons Jim and Mac Lind for equipment donations and supplies.
- Brpther-in-law Wayne Doell and his co-worker Dan, who travelled from Abbotsford on two different weekends to work on the VIP building.
- Dave Budd and Terry Inglis who put the finishing touches on the building.
- John Allison and Rick (Puff) who worked on the gates and panels in the stock pens.
- Manual Roth and John Bey for all their help.
- A special thank you to my brother-in-law, Len Price, who worked on a daily basis for over two months. Your help was much appreciated and if I forgot someone, you know who you are!

Bob Lind

Thank you to Dr. Reid and Dr. Bosomworth and the nurses and staff at Princeton Hospital for doing everything in their power for Marg Kelly on her final day. Thank you so much.

Tom Mitchell, Dawn and Darrel Skelton
Pat and Barb Kelly...and Erin and Brock

notices

yard sale

The Otter Valley Fish & Game Club is in need of a Caretaker for their Clubhouse in Tulameen. The position is available July 1st and requires a mature person who can take care of a number of chores in exchange for free rent. For more information contact Ron at (250) 295-7384 or Myra at (250) 295-7168.

10:00 AM - ?
Saturday, May 20th
&
Sunday, May 21st

3498 Coalmont Road, Tulameen

birthday

birthday

Happy Birthday Baby-Love (May 17th)



Hugs & Kisses, Me

wanted

Childcare wanted in my home for three children, 4-years plus two 18-months. MUST HAVE criminal record check, experience and flexible hours. Call Tania (250) 295-1549. May 16-30

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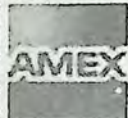
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my turn

Time to get unplugged

What were you doing when the power went off last Tuesday afternoon?

Lucky for us we were lunching at a local establishment where there was so much natural light coming into the dining area that we hardly noticed the outage.

Actually, we thought the lights were shut off as they really weren't needed where we were.

It wasn't until we ventured back into downtown Princeton when we realized the adventurous and brave little squirrel at the substation may have caused a little more than just a short inconvenience.

First, our computers were down - the battery back-up having reached it's max and shut everything off - and we ended up 'on hold' with the projects we had planned to complete that day.

We also noted our phones were silent and many businesses could not conduct business as their cash registers required power to operate.

The bank machines were blank, and the few bright lights in downtown that announce certain businesses are open were off.

Don't get us wrong, the little more than an hour without power was actually a welcome break. We couldn't do much more than sit and enjoy a cup of coffee from the coffee machine that was now silent.

It made us think about what all this energy flowing into our day-to-day business really does for us.

It was also a welcome break that reminded us how dependent we are on the technology of today. It was a nice change to see people in downtown Princeton actually forced out of their comfortable office spaces and into the street to chat with a passerby or to just soak up some sunshine and fresh air.

We need a few more power outages to get us away from our desks and back into seeing what's going on with the business people next door - not that local businesses aren't already doing that - but maybe we just need to step away from the equipment that hums and goes cha-ching when there's a current going through it.

Maybe once a week the power should just go off for an hour. Just long enough for us get up and move around a little and short enough a period of time that we appreciate what it does for us when it goes back on.

Maybe that's what we really need is a regular power outage to keep us all sharp.

Any idea what a good time for that would be?



your turn

Does cell use impair driving?

Dear Editor;

Most legislators weigh carefully the pros and cons of new laws, yet we accept without question laws regarding impaired driving. So, is a person impaired if speaking on a cell phone while driving?

Last week in Chilliwack, a seventeen-year old student, driving while speaking on her cell crossed into the bicycle lane and killed the mother of two young children. According to the news piece, the student driver was in shock. There was no mention of the traumatized

state of the dead mother's husband and young family.

So, as all good reporters should, they interviewed the student driver's friends at school. The students all expressed shock and disbelief that their friend was responsible for this terrible catastrophe.

Yet - and here's the rub - they all said that they would keep on using their cells while driving.

Okay, let's cut those students some slack due to immaturity. If they are not yet old enough to make responsible decisions then

they are also too immature to drive a car.

Now, let's talk once more of impaired driving legislation. If people don't have the common sense to pull over while impaired, then responsible government has to provide heavy penalties for irresponsible people. Driving is a privilege not a right.

Please speak to your MLA and MP. It's a free call if you use their 1-800 numbers.

Thank you,
HP Toews, Princeton

Letter To The Editor

Herron speaks out on class size issue

To The Editor;

With full-page ads recently in the Vancouver Sun and Province newspapers, plus full-page ads in local weeklies across the entire province, paid for by the provincial government, boldly proclaiming that with 'record funding' the issues of 'class size and class composition' were being addressed, parents and educators should not be misled by the sweeping scope of this claim.

Let us be very clear: the issue of class size is being addressed (obviously, not to the satisfaction of everyone, judging by current, lively, on-line discussions) with legislated limits imposed in Bill 33 and, as the government ad states, 'new steps (are being taken) on student achievement' given the sorry history of this educational saga.

There is a collective danger involved in this legislation that should be noted, namely, that we

could go round and round, all of us, in spirited discussions and not reach a middle-ground solution. Timing is also a factor in this current debate.

However, to state, or to imply, as Victoria does in its ads, that the class composition issue is settled because the province has placed a limit of three special needs kids in a classroom, is deliberately misleading.

The class composition, issue, the other half of the controversial equation is far from resolved. Class composition, part and parcel of the recent bitter teachers' strike, is still on hold.

Students in a wide range of categories who require added assistance or specialized help, both within and without the regular classroom, are the main focus of the ongoing class composition debate.

These kids together, form an estimated 25 % of the total school-

aged population in BC and they were hit with budget cuts in all of the following areas: learning assistance, special education, ESL, counseling support, skill development, teacher-librarian support, transition classes with bridging arrangements, ESL, gifted education needs, and other special needs classes set up to meet unique educational requirements (the names of these classes or programs vary according to school district, some are Reading Recovery programs, others are small groupings of 'grey area' kids who did not fit into restrictive categories, others have different names).

Regardless of the diverse names used, programs or services for these vulnerable students were, arguably, the hardest hit over the past decade.

Thousands were denied, despite the vociferous denials of our education minister, the legitimate helpcontinued on Page 25

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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Current Comment:

Shoppers express opinion of stars



Dawn Johnson
editor@thenewsleader.ca

Shopping at a small town super-market can turn into a social event as friends and neighbours meet and swap stories. Recently, the check-out line became a place for people to tell their thoughts about movie stars.

This did not happen just once when I was shopping, or I would have chalked it up to the quirks of a particular day. The fact that almost identical conversations took place on other days convinces me people have a low regard for much of the glitter and scandal of movie and television news, and a low regard for the stars of the so-called "news" about celebrities.

The central issue of the low opinion appears to revolve around money. The comments I heard were about people who have too much money and who are irresponsible with it.

Oprah Winfrey and Ellen Degeneres were considered above this criticism because they have done so much to help people, and spend money on people's needs, particularly on helping people in New Orleans and the Gulf Coast after the hurricane.

Dr. Phil came in for some praise in his way of providing assistance to people who need it. A number of people, members of Oprah's Angel Network, were separated from the film stars at the receiving end of the criticism.

Nobody in the check-out line seemed to begrudge the stars their money. On the contrary, the criticism was levelled at how these celebrities spend their money. Extravagant parties, show-off clothing and cars, outrageously expensive possessions - these were the subject and substance of criticism.

There seemed to be a feeling among the shoppers that those who have so much money should do something to help their fellow man.

There was a time when the average person did not expect anything much of movie stars except that they make good movies. Perhaps we see too much of these celebrities these days. I know what inspired the shoppers

to start talking. It was all of those magazines and tabloids about the celebrities and their lifestyles. There are daily television shows about the activities of film celebrities. Even something as unworthy of notice as Jennifer Lopez pregnancy made headline news.

The public may be suffering from overkill. News about film personalities may have climbed to the barf line.

Major media tends to focus on itself. Film stars, musicians, talk show hosts and newscasters are all in the media industry. For example, consider the Academy Awards, the Juno Awards or the Gemini Awards. These are all filmed and brought to us in prime time television. We never see that kind of coverage for the national awards for the best engineering designs, or the latest medical research, nor for awards to outstanding educators. Where is prime time TV when awards are handed out to the best farmers?

In addition to the media's love affair with its own industry, the major media ignores the valuable contributions made by so many other industries.

Major media seems obsessed by glitz and glamour and politics. Why aren't the cameras focused on the annual presentations of awards for personal bravery? Where are the cameras to cover

the stories of everyday heroes? The media will tell you which star is pregnant or getting a divorce, but the media rarely is on hand to tell about an ordinary person unless that person was murdered.

There are other reasons people may feel the stars' spending habits deserve criticism. Every day, every household receives calls asking for donations for excellent causes, such as cancer research, medical research, saving people's lives in starving countries, stopping torture, finding missing children, providing shelter for the homeless, helping food banks feed the poor. The list of needs goes on and on. Most of us hate to have to say "no" so often. We wish we could write a check for a million dollars. Then we see these celebrities who, between them, could donate enough to fully fund a number of charities.

Perhaps we are being unfair in criticizing how stars spend their money and live their lives. Maybe there is more to them than what we see and hear in the media.

Maybe these celebrities are more responsible than we know. Maybe they do a lot more for others than what we have been told.

If that is the case, a whole bunch of these celebrities need new publicists.

Heart Food


by Dave Machin

The best helping hand you'll ever find is at the end of your own arm. One of the biggest lies of the world is that we are not responsible for our own actions. We are told it's our mothers fault, our employers fault, our neighbours, the governments and/or society's fault. In the New Testament (Romans 14:12) it is written and indicates who is responsible and accountable for our deeds. "So then everyone of us shall give an account of himself to God." We may want to or even attempt to shift the blame to others, but there is no escaping the truth; when we point the finger at someone else, there are three fingers pointing back at ourselves. It is amazing how many people are looking for answers everywhere while they have between them and God everything they need to succeed. Many times they are easily willing to give up control of their vision to others in exchange for money or even companionship. Their mistake is in looking to others instead of God. This kind of false security invariably leads to imbalanced relationships, which eventually results in destruction of the person and their dreams. I believe that God brings people across our pathways to bless us and help us, but we should be directed by God and likewise be very cautious when entering into any partnership relationships. We must be sure that the reason for the relationship is right. That it is not an attempt to compromise or look for a shortcut. For every successful relationship there are hundreds that are or were disasters. Exercise great caution when affiliating with someone else. God told Moses in Exodus, "Be careful not to make a treaty with those who live in the land where you are going, or they will be a snare among you." Final thought - Most of the things God wants to teach us - He wants us to learn for ourselves. There's an old saying that says, "A man who carries a cat by the rail learns something He can learn no other way." Likewise, I will keep saying that God is good, His word is good and good all the time.

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Similco Bull-A-Rama on Friday saw only one rider able to complete an 8-second ride in two rounds. Quentin Schneider of Keremeos, centre, scored 81 and 71 for a combined total of 152 to win the first annual event. Schneider was 'adopted' by Reichert Sales & Service in Tulameen through the Adopt A Bullrider program. Ed and Marg Reichert posed with Schneider following the announcement of the final results. Marg holds the trophy they won for having 'adopted' the winning bullrider. The acrylic trophy was donated by Signz.ca of Keremeos.

Westland Insurance Princeton, in partnership with "Autoplan Brokers Insuring a Safer BC" chose to allocate their ICBC funding to keep the children at John Allison Elementary School safer.

On April 28, a Westland Representative (and Mom) was on hand to assist in the annual bike safety rally. Westland Insurance and ICBC donated 10 bike helmets and goody bags stuffed with ICBC and bike safety items which were given to each child.

To further promote child safety, Westland Insurance is hoping the remaining ICBC funds will be used to purchase the popular "Children Playing" signs.

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It's motorcycle season. Ride safely. After a dull winter it's great to get back in the saddle again. Be aware that single-vehicle motorcycle crashes tend to occur at high speeds and on curves, on weekends during daylight hours. Ride safely and enjoy the open road.

ICBC Road Sense

Naturalists host many events

Vermilion Forks Field Naturalists have a busy schedule of events lined up in the coming week.

Thursday, May 18th the group will kick off the Meadowlark Festival, sponsored by the Lower Okanagan Field Naturalists, with a dinner and slide presentation from 5:30 to 8:00 PM at the Christian Education Hall.

Roseanne VanEe will show her slide presentation "Mountain Wild Flowers: Reflections, Insights and Inspirations."

Tickets for the dinner and evening program are set at \$16.00 each and are available from Trish (250) 295-6002 or Joan (250) 295-7743.

On Friday, May 19th the group will host two hikes.

Madelon Schouten will host 'Swan Lake Birding' from 9:00 AM to 12 Noon. The fee to participate in \$15.00 and meet at Princeton Museum from 8:30 AM for coffee and muffins. For more information call Schouten at (250) 295-7078.

The second hike is 'Vermilion Bluffs and Hoodoos' with Joan Kelly and Trish Reid. The fee to participate is \$15.00.

Meet at the Museum at 1:00 PM with finish time set for 3:00 PM. This hike will follow the KVR.

Moderate run-off predicted

The snowpack on the Similkameen watershed is 86 percent of average, meaning run-off this year should be moderate. This does not mean there will be no high water later this month. It is merely an indication that no flooding is expected. A long, cool spring with a sudden spike in temperature can still cause problems.

Ordinary precautions should be taken around riverbanks. Parents should keep children away from riverbanks during high water, and pet owners should not allow pets near the water.

Residents with property near the river should check basements daily during the next few weeks to ascertain whether water is backing into the residence.

Rural residents living along the river should be watchful for seepage in low-lying areas and ensure that livestock and equipment are kept out of those areas.

Correction

In a recent article about the Open House at Riverside Wellness Centre, an error was made regarding the Garden Club prizes. The club purchased three \$25 gift certificates from Don & Anna's Greenhouses. These were not a donation. Our apologies to the Garden Club.

Vermilion Forks Field Naturalists

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5:30 - 8:00 PM Thursday, May 18th
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Bob Wicks, left, presents Rob Marshall with his Paul Harris Fellowship at Princeton Rotary Club's Diamond Jubilee celebration May 6th at the Skills Centre.

Former teacher/trustee shares concerns

.....continued from Page 22 they required – help, incidentally, never made-up or recovered – over the past decade. The upcoming meeting of the Round Table at the end of this month needs to look long and hard at both the reductions and restrictions, stemming directly from both under-resourcing and the unilaterally imposed changes on all areas.

This also includes the narrowing of and unfair restrictions imposed on special education students when Christy Clarke was minister of education, shutting out, or denying in-class support, to hundreds of special education students in the process.

Funding of ESL support must also be revisited. Imposed at the request of a previous deputy minister of education, Victoria's existing five-year ESL funding cap, (when current research indicates that it should emphatically be seven years) denies newly-arrived students the urgent instructional language support they need.

Take for example, the case of the 80 newly-arrived, immigrant, high school, students in four half-day classes (not the full-day classes they are entitled to), with two ESL teachers, currently being taught at the Vancouver school board's reception center.

These students are victims of the blatantly unfair and unrealistic ESL underfunding by Victoria. Without full-day instruction many will arrive unprepared in regular high school English classes next year, and the brutal 'sink-or-swim' approach, now foisted on many kids, not just high school but elementary school kids as well, will play itself out again in a continued and skewed class composition scenario.

Also, many of the parents of these kids do not have the resources or know-how to advocate for their offspring or know how to navigate our complicated system.

The elimination of reception/orientation/transition classes for ESL students, mostly in populous, Lower Mainland, school districts, such as, Vancouver and Richmond to name

two, is nothing short of disgraceful. And this issue has not surfaced in a similar high profile manner as has the under-resourcing difficulties in special education with its controversial court cases.

The class composition component should now be front and centre on the agenda of the upcoming Round Table, as well as the new implementation procedures for class sizes that exceed the legislated requirements in Bill 33. The latter are commonly known as the 'fudge factor.'

The issue of the violation of the civil rights of some students, as outlined recently in a detailed report tabled by the Victoria Confederation of Parent Advisory Councils is, no doubt, a consideration. An annual external, independent, review of the implementation process, because of the complexity of the issue, needs to be added as an amendment to Bill 33 to address some of these concerns.

Given the inability of the 'partners' around the Round Table to reach consensus on class size, the education minister, to her credit, lifted the issue from the table and placed it in legislation. There were also huge political pressures on the Liberals to honour their commitment to alleviate an untenable situation.

There should also be equally strong and continued pressure on the Liberals to bring about a consensus resolution before the end of the current school year on the class composition component.

The recalcitrant stance of some participants at the Round Table does not hold out much hope for a middle-ground settlement of the class composition issue, as a number of 'partners' are not just beholden to, but are unabashed allies of, the ministry.

All the more reason why the BCTF should be dogged in pursuit of relief for its overtaxed teachers in compositionally skewed classrooms, even with the new caps in place.

Some Round Table supporters of government have nastily implied that this issue is mostly about teachers and not kids.

In a recent Globe and Mail column, Roy Mac Gregor, discussing the 'frustrating times' of teachers at a national level wrote as follows: A recent study in Quebec found that 3,000 young teachers have bailed over the past five years, citing everything from impossible workload to psychological distress. One education expert calls it 'a very significant malaise.' Dollars to donuts, given BC's appalling relations with its teachers, we could match the Quebec figure any day.

Lastly, class composition is an issue that affects all students in that the instructional time, effort and energy of classroom teachers will be stretched to the limit in unbalanced classes without appropriate in-class or out-of-class help. This has not been lost on a number of parent advisory committees who repeatedly raised this concern publicly at recent Vancouver school board budget presentations.

So, a word to the wise who welcome Bill 33 without reservations, be very wary of the ministry of education's hyped-up and financially-bolstered publicity machine. With full-page ads across the province, money is clearly not a problem (estimated cost for this provincial media blitz, \$200,000); however, it becomes a problem if the funds are not in place for a fair and pragmatic implementation of Bill 33 in all 60 school districts.

Downloading on to school boards once again, as now appear likely, is absolutely unacceptable and mocks the record funding claim by Victoria.

Over to you, BC school trustees' association, for a clear and unequivocal statement of concern on behalf of all school boards at the Round Table.

Collectively, all local partner groups need to remind Victoria (they should not rely on their provincial counterparts) that we are all waiting for the other shoe, namely the class composition component, to drop, and with it, adequate additional funding for full implementation.

Until then, the class size class and class composition issues are only half resolved, if that.

- Noel Herron, False Creek

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Friday night's Similco Bull-A-Rama featured an Adopt A Bullrider program that saw all entrants in the event 'adopted' to local businesses and residents. Above, Carolyn Brown, left, and Barb Gagnon share a moment with their bullrider, Dave Atkinson from 100 Mile House.

Trail challenge returns July 9th

Trails BC is pleased to announce two more Trans Canada Trail Challenge events in 2006 that follow the successful editions staged from 2003 to 2005.

They allow participants to explore significant sections of the Trans Canada Trail in BC. So far, a total of more than 1,200 people have participated in these events. Many have participated in all of them.

In 2006, the fifth and sixth edition of the Trans Canada Trail Challenge events will again take place in two different regions of the province.

In Southwest BC, the Lower Fraser Valley event will cover a varied and interesting 53-kilometre route from Haney Centre, Maple Ridge to New Brighton Park, and Vancouver by going through Maple Ridge, Pitt Meadows, Port Coquitlam, Coquitlam, Port Moody, and North Burnaby.

It will take place on Sunday, June 25th. Shuttles are provided from various points along the route to the start in Haney.

In the Okanagan Region, the Osprey Lake to Princeton event taking place July 9 follows a 52-kilometre course along the much celebrated Kettle Valley Railway. Participants will be bussed from the finish line in Princeton to their chosen starting point between Princeton and Osprey Lake.

The full course of each event is in the 51 to 54-kilometre range. One can choose to walk, bike, ride, or run a shorter distance. The Central Fraser Valley event also offers a combined cycle and walk/run possibility.

The level of trail difficulty for both courses is considered easy to moderate. Outside of some climbing after the 33-kilometre mark in the Lower Fraser Valley event, the routes mainly follow dikes, or rail grades as well as easy forest and urban trails.

The focus of the Trans Canada

Trail challenge events is to experience the spirit of the Trans Canada Trail in a non-competitive and personally challenging way as a cyclist, walker, runner, or equestrian.

The trail also provides educational opportunities with the assistance of an interpretive guide; involves the communities along the trail; and provides strategies and services for the benefit of participants.

Participating in this event will inspire some to go out on their own on other sections of the TCT near them and in other parts of the country. It is a great way to experience the Trans Canada Trail in British Columbia.

This unique Trans Canada Trail experience is hosted by Trails BC. All proceeds go towards trail con-

struction and maintenance of the Trans Canada Trail.

For full details go to the Trails BC website: www.trailsbc.ca.

Trans Canada Trail Challenge 2006: Osprey Lake - Princeton

Date: Sunday, July 9, 2006

Distance: 52 kilometres (or less)

Start of event: 8:45 AM

Start Location: TCT Gateway in Princeton

A shuttle will take participants to the various starting points.

Contact: Jim Stolth, Vermilion Trails Society, Box 2104, Princeton, BC V0X 1W0

Telephone: (250) 295-3735

e-mail: challenge@vermilion-trailssociety.com

Registration: For information and online registration and registration forms, visit www.trailsbc.ca.

Arts Now needs citizen support

Princeton Arts Now Committee, a subcommittee of Princeton Community Arts Council, will be applying for a "Catalyst" grant under the provincial Legacy Now initiative.

The purpose of this grant application is to secure funding to lay the foundation for a sustainable performing arts group. The provincial government will match dollar for dollar what the community can contribute.

Plans for the construction of a stage at Riverside Wellness Centre have offered encouragement to people interested in performing arts.

Most performing arts groups start with a lot of enthusiasm, then die due to lack of expertise. To create a sustainable performing arts group, members of the fledgling Princeton Performing Arts Company will

need training in not only drama, but sound and lighting systems, stage management, scenery construction, costume and make-up. Training costs money. The average cost per training session is \$1,200.

The Arts Council has pledged \$2,500, and Town Council and Regional District will contribute. However, more money is needed for a complete spectrum of training. The public is asked to help.

Pledge forms will be circulating throughout the community, beginning this week. The forms should be returned to the Skills Centre before June 13.

Pledges need not be large sums, and if the grant application is not approved, the pledges will not be called for. If the application is approved, those making pledges will not be called until after September 1, 2006.

www.thenewsleader.ca



To mark Emergency Preparedness Week, all Princeton area emergency services were on display in the Princeton Plaza parking lot on May 7th. Information booths were set up and a variety of demonstrations were scheduled throughout the duration of the display.

VFCU continues support of student athletes

Valley First Credit Union announced that it is renewing its commitment as the key sponsor to the UBC Okanagan Athletics Scholarship Breakfast through to 2008.

The inaugural breakfast held on April 21 at Kelowna's Coast Capri Hotel, raised \$25,000 for a brand-new UBC Okanagan Athletics scholarship Endowment. During the breakfast, it was announced that UBC will match that amount-doubling the initial endowment total to \$50,000.

The announcement was made at the event where Valley First also confirmed that it will be doubling their financial contribution for the next two years.

Harley Biddlecombe, President & Chief Executive Officer stated, "We see this partnership with UBC Okanagan as a productive ongoing alliance. The short and long term

benefits of the UBC Okanagan campus include our youth being able to receive an education and work locally, and we want to be a part of supporting this."

Biddlecombe also went on to say, "Valley First believes in the importance of contributing to the development of student athletes as a practical way of inspiring young people to engage in physical activity. We are proud of our student athletes and the incredibly busy schedules they have to balance; as a local credit union we welcome this opportunity to invest in our future and celebrate the personal achievements of these students."

"The annual event sponsored by Valley First will have long-term benefits-promoting healthy lifestyles, personal achievement, leadership development and pride in our communities," said Rob Johnson, Director of Athletics and Recreation

at UBC Okanagan. And the new scholarship endowment will directly benefit students in the varsity athletics program.

"Our goal is to build an endowment that will provide support for our student athletes today and well into the future," said Johnson.

"We are very grateful for the generous support from Valley First Credit Union. The endowment will help keep top athletic talent in the valley as well as recruit other talented student athletes to come here."

Valley First Credit Union is B.C.'s ninth largest credit union with 15 branches spanning the Similkameen, Okanagan and Thompson regions of British Columbia, with over \$1 billion in assets, 45,000 members/owners, and 400 employees.

Valley First's subsidiaries include Valley First Insurance Services Ltd. and Valley First Financial Services Ltd.



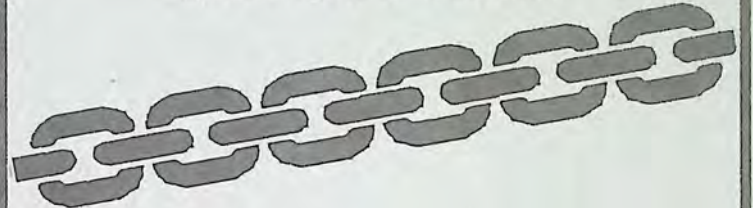
The News Leader's Brenda Engel had her wish granted at Friday night's Similco Bull-A-Rama when she had her photo taken with rodeo clown/entertainer Dennis Halstead. Engel, who organized the Adopt A Bullrider program, was also thanked personally by many of the bullriders for her efforts in helping them with their entry fees into the first annual bullriding event.

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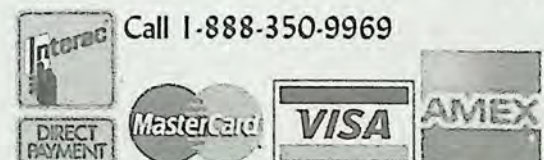
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