

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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Council offers deer kill option



Downtown Princeton was transformed into a showcase of automobiles as part of the annual Show 'n' Shine event on Saturday, July 8th. Two blocks were lined with vehicles for most of the day.

Meeting for public review promised

A public meeting will be held in the near future to present a possible solution to the downtown deer problem. Wildlife biologist Brian Harris has suggested a Limited Entry Hunt (LEH) on private land near Princeton as an option for ridding the community of deer.

In a letter to Town Council, Harris states, "There are currently 75 LEH authorizations per year issued for antlerless mule deer in the Princeton area. Most hunters drawn for this LEH likely do not hunt near town, so this harvest provides little relief to the Princeton residents experiencing deer damage to landscaping and gardens."

His suggestion would require the cooperation of private landowners adjacent to Town boundaries. If they were prepared to allow hunters on their property, 20 LEH permits would be issued in 2007 for private land only. The area covered would be north of Tulameen River, west of Highway 5 and south of Hardwick Creek. The permitted time would be from October 20 to 31.

Town Council discussed the option presented, and voted to take the matter to the public. Harris will be invited to attend the meeting. The meeting date will be advertised when arrangements have been made.

RCMP report extremely busy long weekend

Princeton RCMP responded to no less than eight accidents on July 1st and 2nd.

RCMP Detachment Commander Kurt Lozinski says in addition to four collisions with wildlife on Highway 3 police responded to a report of an airplane crash at the end of Osprey Lake. Police attended and found the pilot and passenger were uninjured.

"Circumstances are that the privately owned plane landed in a private field airstrip - on soft ground. The pilot applied the brakes too hard and the plane ended up flipping."

RCMP and Transportation Safety Board Canada will investigate further.

Police, Fire Rescue, BC Ambulance and South Okanagan Traffic Services attended a crash on Highway 3 2-kilometres West of Manning Park.

"A SUV was traveling Eastbound when the inexperienced driver lost control of the vehicle sending the SUV over the embankment and landing in the Similkameen River."

All occupants were transported to hospital with injuries. One person sustained a broken neck; one person was airlifted with extensive serious injuries still undetermined. Police are still investigating the incident and charges against the driver are pending.

While police were at the scene of the SUV in the Similkameen River accident, they received a report of a pedestrian hit at Eastgate.

"An inattentive driver backed up into another vehicle while the passenger was standing between the car door and the vehicle," Lozinski says.

"The male had injuries to his hip and was transported to the hospital by ambulance."

The driver of the vehicle is facing charges.

Police, BC Ambulance and Fire Rescue attended a single vehicle accident near Manning Park.

"The two occupants had to be extricated from the vehicle, alcohol was noted at the scene and the driver was investigated for impaired driving."

Both were transported to Princeton Hospital and examined, released later with injuries to soft tissue only. The 25-year old male driver was issued a 24-hour prohibition, and faces charges of impaired driving.

A number of people were also charged either with impaired offenses or issued driving prohibitions during the Canada Day weekend in and around Princeton.

"A 24-year old male from Princeton was charged with impaired driving and driving while over .08," says Princeton Detachment Commander Kurt Lozinski.

"There are still charges pending from an impaired driving over .08 charge earlier this year on this individual."

A 38-year old Princeton man attempted to flee a vehicle stop on

Princeton-Summerland Road.

"He was arrested and faces charges of impaired driving and driving while over .08, this male also has an outstanding impaired driving charge from 2005."

The vehicle was towed and will

Realtors say growth needs action from Council

Four realtors from Century 21 attended the July 4 Town Council meeting to voice concerns and complaints about issues affecting Princeton's potential for growth. Century 21 owner Heather Johnson, with realtors Dean Stinson, Marty Gray and Carol Bertrand, described various aspects of problems they face selling real estate in a "hot" market.

Their concerns stem from everything from outdated maps to parking bylaw to traffic flow and lack of land for development.

Johnson pointed out the problems faced by business owners who buy and then discover they are required to have more parking spaces. Parking is at a premium in downtown Princeton, and resale of businesses is awkward.

Bertrand said the opportunity is there for Princeton to grow, but more land is needed for development.

"I am astounded by the number of people who want to move here," Bertrand told Council.

The main attraction is clean air,

be impounded for a minimum of 90 days.

Nine other drivers were issued 24-hour prohibitions and numerous violation tickets were also issued for a variety of infractions including no insurance (ATVs, motorbikes and

cars/vans) to open liquor in vehicles and driving contrary to restriction as well as speeding.

Police also attended an ATV accident in the Coalmont area and the driver was issued a 24-hour driving prohibition.

clean water and the easy drive to major centers.

Stinson told Council Princeton is the "hottest" real estate market in the Province, but the traffic flow into Princeton is hampered by the lack of cooperation from the Highways Department.

He pointed out there is no left turn off Highway 3 to enter businesses along the highway, and no traffic lights to allow orderly exits into town when traffic is heavy.

Gray discussed problems with developing property due to parking restrictions and zoning.

Mayor Randy McLean said all realtors should meet with Council to discuss common concerns.

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The DVD**

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Princeton Community Arts Council

ANNUAL GENERAL MEETING
 7:00 PM Wednesday, July 19th
 Riverside Centre

Annual Reports - Payment of Dues - Election of Officers
 NEW MEMBERS WELCOME
 INFORMATION: Dawn 295-6063




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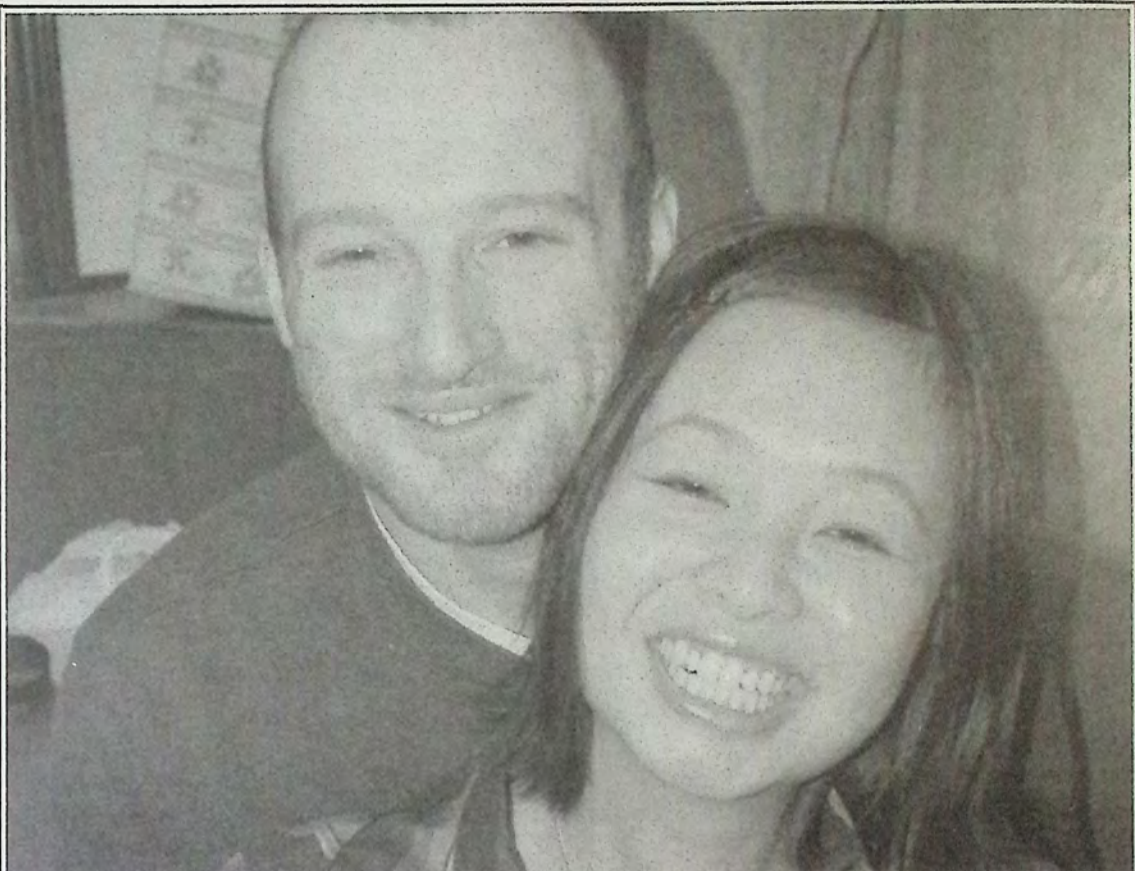
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Ian and Heather Dow of Mayne Island and Wah Fee and Shirley Low of Princeton announce the wedding of Michael Campbell Dow and Courtney Ann Low. They will be married August 12, 2006 in Nanaimo, BC.

Cancer survivor goes to England

Walks to raise money to find a cure for breast cancer are not new. What is new is an international connection linking Princeton and Burnaby to London, England.

Barb Gagnon attended the July 4 Town Council meeting to explain the walks she and her teammate will be doing this year. The first walk is part of the Vancouver Weekend to End Breast Cancer, which takes place August 18 - 20.

The second walk talks place in London, England, September 15-17. Gagnon is one-half of the only international team in the London walk.

Gagnon and her partner from Burnaby have raised \$27,000 for breast cancer research during the past two years.

Gagnon is a two time survivor of breast cancer, but explained how her family has been touched by

cancer, adding that members of Council have undoubtedly been affected in some way by the disease.

She distributed donation forms and special pins made from 25 cent coins minted by Canada to recognize the need for a cure for breast cancer. In return, Council promised to look at the budget and see if there is any money for a community donation.

Hantavirus Pulmonary Syndrome explained

What is Hantavirus Pulmonary Syndrome or HPS?

Hantavirus Pulmonary Syndrome, or HPS, is a severe illness that is caused by a virus called Hantavirus. This rare disease was first identified in the southwestern United States in 1993. Although the virus has been present for a long time, it has been recognized recently.

HPS was first found in Canada in 1994, when three cases were reported in BC. Since then about 50 more cases have been found, mostly in the western provinces of Manitoba, Saskatchewan, Alberta and BC.

The disease is considered to be extremely rare - only about 400 cases have been reported in all of the US and Canada.

What are the symptoms of HPS?

HPS begins as a 'flu-like' illness. In the early stage of the disease, a person may have a fever, sore muscles, headaches, nausea, vomiting stomach and have shortness of breath. In North America, about 1 out of 3 people with HPS have died.

Is there a treatment for HPS?

Although there is no specific treatment, medication or cure, many of the symptoms and complications of HPS can be treated. Most patients are admitted to intensive care in a hospital. Some patients may be given anti-viral drugs.

How is it spread?

In Canada, the virus has been found only in wild mice, specifically the deer mouse found across North America. Hantavirus is mainly spread when mouse droppings, urine or nesting materials are disturbed, sending virus particles into the air where they can be breathed in. In rare cases, it may be spread through small breaks in the skin when handling a wild mouse, or by mouse bites. Domestic pets are not believed to be a source of infection.

In North America, there is no evidence that the disease spreads from one person to another. Always wash your hands after touching any rodents or their droppings.

Who is exposed to HPS?

People who live in areas where the virus is present, and who come in close contact with the saliva, urine, droppings or nests of mice, may be at risk of catching the virus. However, the chances of this happening are extremely low. Rodent infestation in and around the home remains the main risk for contact with Hantavirus.

What kind of activities put me at greatest risk?

High-risk activities include: cleaning unused buildings, house-cleaning, and working on construction, utility and pest control. Workers can be exposed in crawl spaces, under houses, or in vacant buildings

that may have mice. Campers and hikers can also be exposed when they use infested trail shelters or camp in other deer mouse habitats.

The chance of being exposed to Hantavirus is greatest when people work, play, or live in closed spaces where wild mice are living actively. However, many people who have contracted HPS reported that they had not seen mice or their droppings before becoming ill. Therefore, precautions should be taken even if you do not see mice or their droppings.

How can I protect myself?
 The best way to prevent infection from Hantavirus is to avoid contact with rodents and their droppings. The best way to prevent Hantavirus infection is to control rodents in an around the home. Keep mice out of your home and learn how to clean up safely.

NOTE: You should contact your local public health office before you clean up the home of someone who has HPS.

- Remove mice from your home
- Stop mice from getting in your home.
- Safely clean areas where mice have been.
- Avoid mice when hiking or camping.

Information provided from BC Health Guide Online
www.bchealthguide.org

Salad Days: the birth of Princeton Performing Arts Society

Have you felt the crackle of energy in the air in Princeton? This year, you can chat to folks as they spiff up their gardens, see chunks of old drywall flying out of charming little downtown houses and

then watch paint and other renovation materials being carted inside.

You can shop in funky new businesses that weren't there before. To accompany this burst of industriousness, there is a rebirth of arts

and culture that is picking up a healthy head of steam.

Besides a blossoming of amazing live musical performances, we have a wacky, wonderful group of people who are pouring their hearts

into a performing arts society. A small but mighty group are we!

We are, of course in our salad days. Yet with very little money we have already managed to take part in the official opening of the Riverside Centre with an eclectic presentation - a variety show involving representatives from all facets of our community. We have had a float in the Racing Days parade which was a riot of fun for all.

Our first workshop, an evening with Dave Cursons of Cawston Players, inspired us to tackle the concept of live theatre even though we are a very small group (as community theatre groups go). Our second workshop was given to us by Christine Falconbridge from Springboard Consulting.

This session helped us to clear our heads and begin to function as a productive group.

Randy Leslie of Kelowna Actors Studio has given us an inspirational six hour workshop that guided us through the practical aspects of setting up and running a community theatre. His hopes for us are high and we caught his enthusiasm.

We especially appreciate his excitement for us. He is a recipient of the Okanagan Angel Award for Leadership in Theatre and owner of a theatre that has been voted Kelowna's Best Theatre Company. Lately we have been joined by a

talented young lady by the name of Chelsea Turner.

Chelsea brings to our group, in spite of her tender years, a wealth of experience, vision and talent.

Now for your part. Several months ago (good grief, can it be that long?) the Arts Now committee did a community scan to determine what folks wanted to see most in Princeton, something that had been missing from the cultural aspect of our lives. Live theatre was the winner, hands down!

The good news is that the boring, grinding, plugging work has been done (do we hear sympathy?) and we are ready for planning a full length play to be performed sometime in the Spring of 2007, just in time to break in the boards of the new stage at the Riverside Centre.

We are holding auditions for actors on July 17th from 6:00 PM to 9:00 PM at the Riverside Centre on Old Hedley Road. The crew interviews will be held July 18th from 6:00 PM to 9:00 PM.

Although a play hasn't been confirmed, it isn't too early to form a pool of actors and crew. Please note that the pay is, well, nonexistent but training will be provided in the fall and the rewards are amazing. Please look elsewhere in this paper for a large advertisement with more information.

- submitted by Merrilyn Huycke, P.P.A.S.



Princeton Performing Arts Society made their first public appearance in the Racing Days Parade.

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seeks

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Auditions (for actors age 18+)

July 17

Crew Interviews

July 18

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All auditions will be held at
Riverside Family Wellness Centre
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Please call 295-3516 or 295-7339 for a full list of crew positions and information on what to bring.

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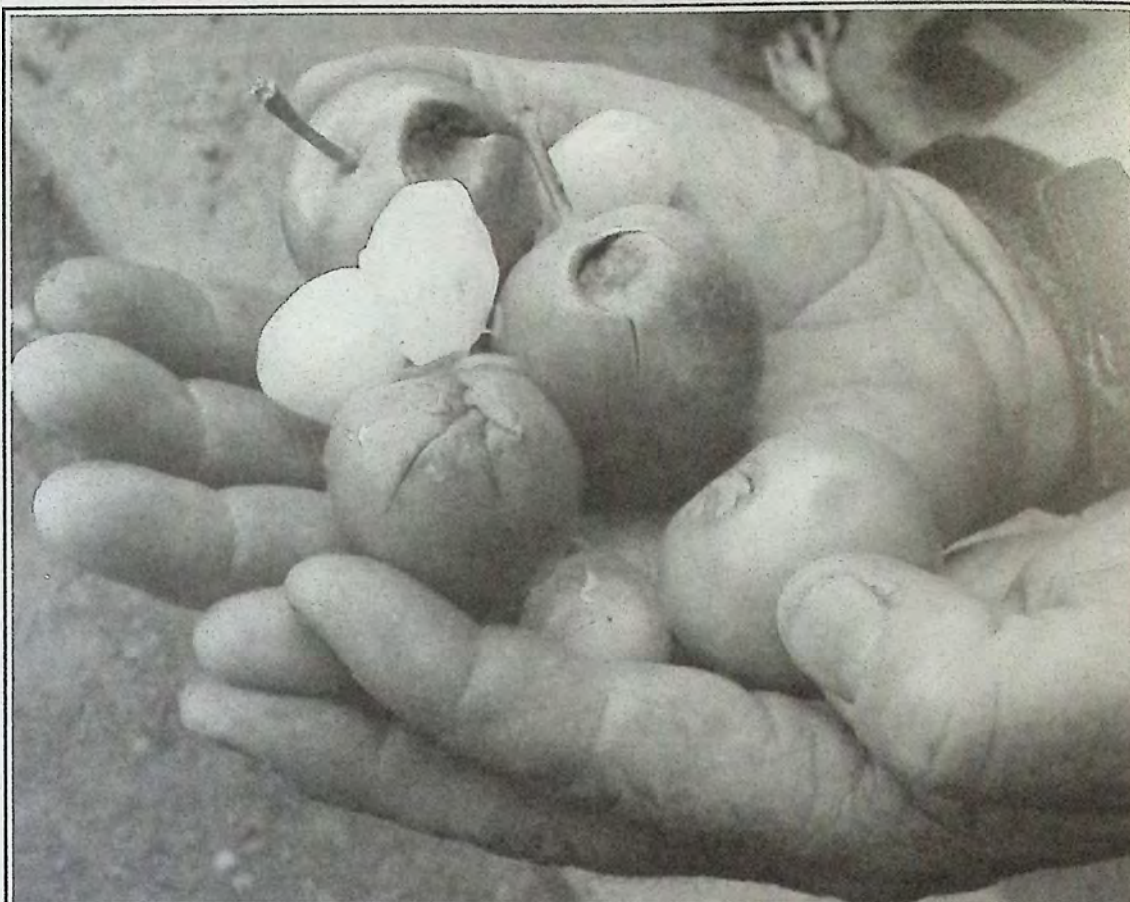


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Cawston organic farmer Bruce Harker displays damaged apples and some of the hail stones that pelted his property in a short hail storm that passed through the region on July 4th.

Hail storm nails valley crops

A hail storm early on the evening of July 4th hit some farmers and orchardists in the Keremeos/Cawston area and missed others.

Bruce Harker of Harker's Organic Fruit Ranch in Cawston says the storm lasted about two and a half minutes and pelted his crops with 3/4-inch hail stones, some of which he saved in his freezer.

"They were hurting when they were coming down," he says.

"In a square foot of ground there were anywhere from eight to eighteen of them on the ground. They were hard as ice and cold and stayed on the ground for about an hour and a half."

Damage to Harker's crops were obvious in the apple orchard where some of his apples show they had been hit more than once.

"I was afraid to go look," Harker says.

A crew has already been on the site to thin out the damage.

"It's about eight to ten percent damage. If we had another two and a half minutes it would have been thirty to forty percent maybe."

Harker says it's too early to tell how serious the damage was in the entire valley.

At WorkZone, the Keremeos employment centre, Lisa Fraser says the hail storm will have an affect on agricultural job postings.

"We're waiting to hear the damage report."

There are currently between 70 and 80 pickers required at this point in job listings posted at WorkZone.

Fraser says that will likely change once the final assessment

is made on the damage from last Tuesday's hail storm.

Remains partially identified

Archaeological field investigations of human skeletal remains recently uncovered in a Keremeos subdivision have nearly concluded. Careful excavation of the find area successfully recovered the skeleton of a young woman of First Nations' ancestry estimated to have been 15-18 years of age at time of death.

Radiocarbon dating a portion of her remains will provide an estimated time frame of when she had lived in the Keremeos Valley. Forensic analysis will help determine the cause of death, her state of health and potentially establish genetic links to living descen-

dants.

Lower Similkameen Indian Band Chief Joe Dennis is currently working close with elders from the band on proper protocol of the burial of the ancestral remains.

Chief Joe Dennis would like to thank local Keremeos residents and businesses that were of assistance. Stanley Copps, Bob Dennis and the archaeology team did a great job at the site. Thank you for your hard work. The Lower Similkameen Indian Band will release more information on this matter after all information is gathered and ready for public release.

Used book store 'needed'

Anthony Bennett has opened Anthony's Bookstore on the main street in downtown Keremeos. The store, which contains used books, collectables and curios, opened Canada Day weekend.

The longtime Cawston resident felt it was time for a career change.

"I got tired of working for orchardists and roofing. I created a job for myself doing something I'm interested in and knowledgeable about and the town needed

it."

Bennett proudly announces his is the only used book store between Hope and Penticton and contains around 4,000 books.

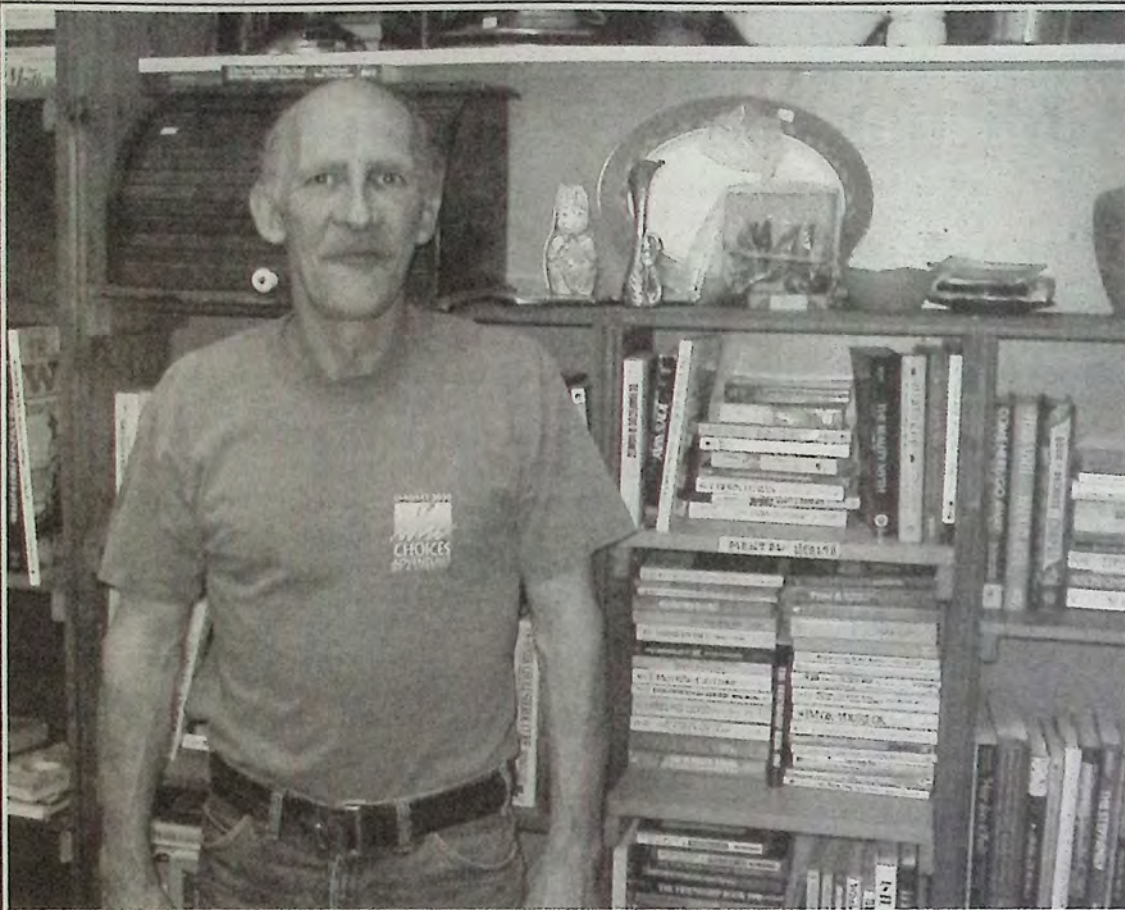
"This is an alternate source for reading material."

In addition to books, collectables and curios, Bennett also provides internet access, fax and copy services.

The bookstore is located next to Scooters 2 Go in what was a dentist office only a few months ago.

Visit Our Preferred Sites:

www.keremeos.net
www.hedleybc.com



Anthony Bennett opened Anthony's Bookstore, which contains 4,000 used books, on Canada Day weekend in Keremeos. Bennett says his interest in reading led to his business idea.

Vermilion Court is a busy place!

Part 1

Tuesday June 27th had a group of residents and Adult Day Center participants climbing on the bus for a trip to Keremeos. A picnic at the park by the river was planned. The morning turned out nice and sunny and the beautiful breeze in the park helped to keep us cool as the day warmed up.

We all enjoyed cool watermelon while Aida went to the local supermarket to pick up our lunch of chicken and mojo fries from their in-store deli. The chicken was excellent and many of us recommend it for all to try. Salad that was prepared by our own V.C. kitchen accompanied our meal of chicken. We all drank plenty of water and before you knew it, there was a clearly marked path to the little house.

After lunch a young fellow wandered over and played a few tunes for us on his guitar. He played very well and we all enjoyed it.

A stop at a fruit stand had us all climbing off the bus to purchase some cherries. Susan bought an ice cream cone and sat on the bus steps enjoying it. Many of us wished we also had bought ice cream instead of cherries.

On the way home we stopped at a picnic table along the Old Hedley Road to have our dessert of fruit, banana loaf and of course more water.

The ride home had us all very hot and weary. Aida, bless her heart, wet some facecloths in cool water and gave us each one to put around our necks. We were all very quiet. A few blocks from home we found our voices and feebly sang 'For She's a Jolly Good Fellow' to Aida and Susan as they had looked after us very well.

- submitted by Edna Blomme

Part 2

At the end of June, the 'Movers & Shakers' were kind enough to visit us and sing many old favourite tunes. Song sheets were handed out to us with tunes such as "It's a Small World," "Dear Hearts and Gentle People," "The Happy Wanderer" and several others on them. They had us all singing along with them.

When the singing was over, we were all treated to nachos with Jill's three-layer dip, wedges of watermelon and those lovely little cream puffs, ice-tea, coffee and water were flowing freely.

This was the last visit by the 'Movers & Shakers' for the season. We look forward to their future visits in the fall.

July has arrived and the hot days of summer are upon us. Our dining room was decorated with flags and a Happy Birthday sign for Canada's 139th Birthday...thanks

Edna.

On Canada Day a few of us wandered over to see the parade at noon. A few pieces of candy were had, but of course we can't run out as fast as the young ones.

For supper Jill barbequed hot dogs for us. Potato salad, cobs of corn and watermelon accompanied them and all was enjoyed in our air-conditioned dining room. Jill baked a cake and with the help of Edna decorated it with fluffy white icing and sliced strawberries to resemble our Canadian flag...it was delicious. Before the day was out, we each sported a tattoo of the flag compliments of Reet.

Martha has been a bit under the weather lately, but appears to be recovering now. Dorothy and Margaret remain absent while regaining their strength. We hope they both will soon be with us again.

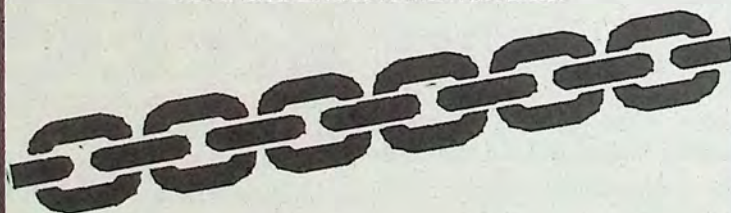
- submitted by Dorothy Stenvold

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by your Pharmasave Pharmacist Wen Wong



Celiac disease is characterized by a sensitivity to gluten, usually in wheat, barley and rye. It's classed as a genetic disorder and affects about 1% of the population. The best treatment is to avoid gluten-containing products.

The average person consumes about 150gm (about 5 oz) of sugar per day. Much of this sugar is hidden in processed foods. Read food labels carefully to check for ingredients ending in "-ose" like fructose, sucrose, maltose, dextrose and lactose. They all refer to a type of sugar.

Want to live longer? Win an Academy Award. A Toronto doctor has studied the relative life span of Oscar winners compared to those who are only nominated. The winners live an average of 4 years longer than the losers. Oscar-winning directors do even better. They live an average of 4.5 years longer.

The British Medical Association is recommending that doctors not wear ties anymore. The medical group suggested that ties can carry bacteria that can be transferred to their patients. Ties are seldom cleaned and often the same tie is worn every day. Perhaps this male fashion fixture is on its way out.

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news leader health page

Addiction's stigma is killing millions

(NC)-Our failure to view alcoholism and drug addiction as health issues results in fewer people getting the treatment they need. This disrupts families and drives up alcohol-related health care costs.

Stigma is literally killing millions of people, allowing alcohol to rank as the third leading actual cause of death as determined by the Centers for Disease Control and Prevention.

Myth: Alcoholism and drug addiction are moral issues.
Fact: Alcoholism and drug addiction are diagnosable diseases similar to other chronic, relapsing conditions such as asthma, diabetes and high blood pressure. All these illnesses have strong genetic and behavioural components and are

Pediatric Dermatologist urges eczema patients not to let their guard down

(NC)-Atopic dermatitis (eczema) is a chronic condition that doesn't "take a break" as the weather warms up. Therefore, it is important that you don't take a break from caring for your skin! The top layers of skin provide a barrier to trap moisture in your skin and keep it soft and smooth. For those with eczema this barrier doesn't work properly and allows moisture to escape. This leaves the skin feeling dry and flaky even on the parts of the body that don't actually have patches of eczema. While it's true that people with mild eczema have less eczema in the summer it is still wise to practice proper skin care year-round.

First of all, it reinforces the routine of applying moisturizers so that, when winter comes around, moisturizing your skin will already be a "habit". Secondly, even if your skin appears to be in good condition in the summer, you still don't have a normal skin barrier and the layer of emollient acts as a barrier to moisture loss. Finally, for many patients with eczema, the summer months can be just as bad as the winter months. Heat causes people to perspire in the summer and this aggravates itching, which can set off an "itch-scratch" cycle and lead to new patches of eczema. The same routines of eczema care, including the frequent application of emollients, are important. Having a chronic illness like eczema and having to manage it daily can be difficult. This can be a real challenge for parents who are managing busy lives and also trying to bathe, moisturize and apply topical treatments to their child or children with eczema. Older children starting to manage their own skin can sometimes end up in power struggles with parents. Often these challenges lead to reduced care of eczematous skin and increased flares. Here are some helpful tips:

1. For children old enough to bathe, moisturize and medicate themselves, parents should still be supervising. Help children understand why they need to go through all of these steps.
2. Choose non-irritating emollients

highly treatable.

Myth: Addicts are weak willed.

Fact: Addicts cannot make right choices because their brains have been high jacked or changed in long-lasting ways by drugs. Without appropriate treatment, addicts are no more able to manage their illness than diabetics. Before an alcoholic or addict hits bottom (and many never do), it is rare for them to self-identify their problem and seek treatment without outside help.

Myth: You can't help an addict until they help themselves.

Fact: It's often up to the people closest to addicts to help pierce the denial that confounds them. Professionally led interventions can help both co-workers and family

members set boundaries that allow them to help not enable. Regardless of the outcome, interventions allow participants to move on with their own lives knowing they've done what they can to help.

Myth: Most alcoholics are skid-row bums.

Fact: A 1998 report by the State of California noted that 70% of substance abusers are employed.

People who know someone who may have a problem with alcohol or drugs should educate themselves about addiction. They can speak to their doctor or employee assistance program rep or encourage their friend to take an online test at www.renascant.ca/addiction/test.htm.

- News Canada

designed for eczematous skin. This will reduce the discomfort from additives and preservatives. Petrolatum, while greasy, offers outstanding barrier protection for the skin. You may need a lighter emollient in warmer weather.

3. Start medicated treatments at the first signs of redness, itch and scaling to hasten recovery and to try to prevent progression to a full-blown flare.

4. Help children develop routines for moisturizing that are similar to other daily routines, such as brushing teeth.

Even when eczema is not flaring, emollients should be applied. Explain that this will help the skin become less scaly and less itchy.

For more information on how to avoid flare-ups, please visit www.eczema.ca, the official site of the Eczema Awareness, Support and Education (EASE) Program. Youngsters (and parents) are also invited to visit Penny's World at www.pennysworld.ca, a new website filled with fun activities designed to help younger eczema sufferers.

- News Canada

living past 100

Deficiency links to fat

The experts say we Canadians are too fat, and what's worse, we are at risk for a lot more health problems. At the same time we are too fat, we are not getting enough of the right foods and we are deficient in a number of important minerals. Why are we fat and sickly?

We do not eat correctly. Fat is not merely a matter of eating too much. We eat too much of the wrong stuff. For example, we eat too much salt (potato chips, peanuts, canned foods), too much sugar (it's in everything!) and too much wheat flour. Do you know that most North Americans are deficient in zinc, iron, B vitamins and protein?

Our children are suffering.

There are too many under-nourished obese children in North America.

Is everybody sick?

The rate of childhood Type 2 diabetes has increased substantially. Type 2 diabetes used to be limited mostly to adults, especially older adults. The number of children with attention deficit disorders has increased substantially. The number of children with autism has increased 1,000 times. Autism used to be considered rare. Erectile dysfunction is on the rampage, and is considered a forerunner of poor circulation or heart disease. Depression is so common today it seems like everybody is taking antidepressants.

What can we do?










Proteins are found in meat, beans, milk and some common vegetables. For example, pumpkin pie filling, which is a combination of condensed milk and pumpkin, is an excellent source of protein. So is pork and beans. You need 15 mg. of zinc every day to keep your body working right. One cup of pork and beans made with molasses will give you 2 mg. and if you eat it with one cup of cooked spinach, you have a total of 4 mg. Four cups of coffee will give you 2.4 mg. A full cup of green peas adds another 2 mg. Even eating all of this gives you only half what you need in a day. You need to eat a bowl of oatmeal, drink a whole glass of milk, have a peanut butter sandwich, a cob of corn, a whole potato, two eggs, and a whole onion just to come close to what you need every day. B vitamins are found in whole grains, meat, fish and a number of vegetables. Iron is found in blackstrap molasses, liver, and vegetables. Try cutting out all refined foods and eating only "natural" foods. You will find yourself eating a lot more vegetables and fruit, as well as more whole grains. Most of what you eat on a diet of natural foods will not add fat to your body, but you will feel so much better even though you are eating a lot more food every day.



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 <p>2837 Old Hedley Road \$399,900</p>	<p>Princeton Total Sq Ft: 1,490 MLS# 35784 Gorgeous 3-bdrm home on the Similkameen River. This 4.32 acre property is all useable, level, cross fenced and irrigated! Several out-buildings and a 36x56 shop, 220 amp, single car garage, 2 mobile home pads.</p>	 <p>11 Eagle Crescent \$239,900</p>	<p>Princeton Total Sq Ft: 1,267 MLS# 35536 All measurements approx. Near new, 2 car garage, 24x28 shop, RV parking, 2 gas fireplaces. Quality throughout. Great buy.</p>	 <p>115 Westridge Drive \$359,000</p>	<p>Princeton Total Sq Ft: 3,296 MLS# 35766 Remarkable view over the Similkameen River with decor to match. Fabulous kitchen with breakfast nook and vaulted ceilings. Sunken living with laminate floor. Awesome jacuzzi tub soaks up view. Fantastic landscaping.</p>
 <p>2653 Nicola Avenue \$325,000</p>	<p>Tulameen Total Sq Ft: 902 MLS# 35787 2 lots perfectly located, steps to the boat launch, beautifully landscaped with 24x24 shop, easily converts to guest house. Cabin is charming with total privacy and nicely treed. The adjoining two lots also for sale.</p>	<p>Princeton Auto Wreckers</p> <p>460 Waterfront Avenue \$259,000</p>	<p>Princeton Lot Area (acres): 2.22 MLS# 35534 Rare opportunity, 2 separate titled 1 acre lots, excellent shop only 11 years old, excellent subdivision potential. Currently an auto wrecker, includes all stock.</p>	 <p>800 Copper Mountain Road \$538,300</p>	<p>Princeton Total Sq Ft: 2,333 MLS# 35535 Dynamic acreage and home overlooking Princeton and Similkameen and Tulameen Rivers. Well treed, fenced, 3 car garage, implement barn, horse barn, landscaped, spring fed plus drilled well, large view patio, hot tub.</p>
 <p>L 5 & 6 Nicola Avenue \$280,000</p>	<p>Tulameen Lot Area (acres): 0.27 MLS# 35786 2 lots in Tulameen townsite only steps to the boat launch. Fantastic privacy, nicely treed and gardens. Adjoining 2 lots and cabin also for sale. Great family investment, 4 lots in a row. These won't last long.</p>	 <p>211 Angela Avenue \$93,000</p>	<p>Princeton Total Sq Ft: 620 MLS# 35779 Delightful BR home on a level lot just 5 minutes from downtown shopping. Concrete foundation, gyproc interior walls, pink fibre-glass insulation, easy care aluminum fascia, soffits and siding all on a fenced 33x100 lot.</p>	 <p>Lot 1 Highway 3 West \$288,300</p>	<p>Princeton Lot Area (acres): 1.88 MLS# 35532 Location, location! This acreage fronts Highway 3 as you enter Princeton from the West. All cleared and flat, ready to go. Copper Mountain Bar & Grill is next door and behind. Great location for a motel, etc.</p>
 <p>135 Vermillion Avenue \$325,000</p>	<p>Princeton Lot Area (acres): 0.15 MLS# 35789 Long established video and gym/fitness business plus two buildings on a 66x100 property. Larger building houses the video store and gym, while the second has veterinarian and yoga class as tenants.</p>	 <p>2669 Nicola Avenue \$433,800</p>	<p>Tulameen Total Sq Ft: 1,250 MLS# 35785 Superior location and cabin in Tulameen. Just steps away from the beach and lake. Two 50x120 lots and cabins being sold as one. Main cabin is 1,250 sq ft and smaller one is 640 sq ft. Priced to sell.</p>	 <p>2870 Coalmont Road \$429,900</p>	<p>Tulameen Total Sq Ft: 2,302 MLS# 35504 Fabulous layout with stunning views of Otter Lake this home is immaculate with dream kitchen, ceramic tile, hardwood, Juliette deck inside overlooks floor to ceiling vaulted windows. 24x30 shop with loft to be finished.</p>

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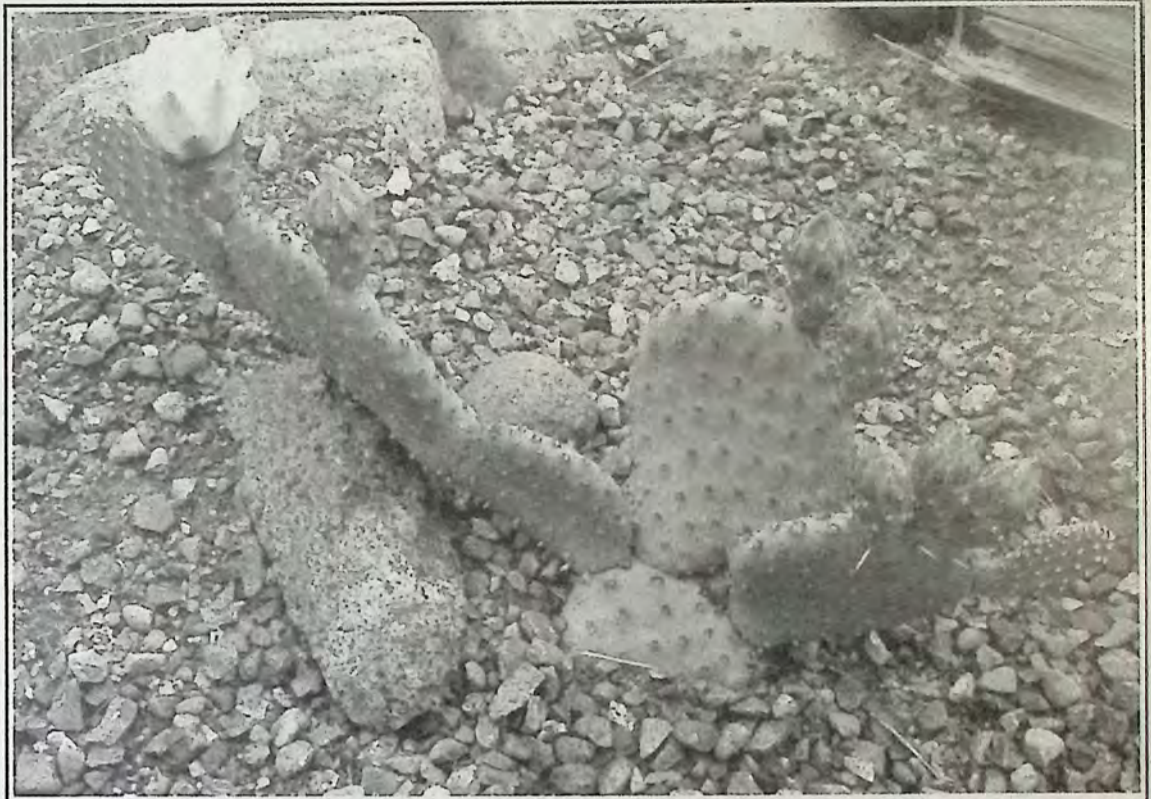
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One of over one hundred different species of cacti at Jay Akerley's garden.

Gardener sharpens skills with cacti

When you hear the word cactus, what comes to mind? Would you believe it if we said there's a Princeton area man whose love of all things sharp and prickly has grown into a garden of over one hundred different varieties of cacti?

It's true.

Jay Akerley, who moved to the area with his parents five years ago, has a hobby some may find unusual, but has produced beautiful displays of cold-hardy cacti that can live and survive the cooler climate of the Upper Similkameen Valley.

The 33-year old is a Master

Gardener in training with the Horticulture Centre of the Pacific, a program he highly recommends to anyone interested in gardening.

"I'm currently volunteering with the design of drought-tolerant demonstration beds at Glendale Gardens and Woodland in Victoria, as part of my practical work towards my Master Gardener certification," Akerley explains.

"I have over 100 varieties of cold-hardy cacti in my garden near Bankeir/Chain Lake. These cacti are in permanent planting and our reliable snow pack, which acts as insulation at this high elevation, helps them to survive the cold win-

ters. The garden requires very little maintenance and can be left untended for weeks or even months at a time."

His interest in gardening came quite honestly.

"I have always been interested in landscapes and enjoy mimicking them in the garden. Following my Master Gardener studies, I became a far more competent gardener and grew more interested in the science of botany."

But why cold-hardy cacti?

"I grew up in a city condo but vacationed in the Okanagan all my life, where I occasionally saw the native cactus *Opuntia fragilis*. From my late teens and early twenties, I had memberships in local and European exotic gardening clubs, which focused on growing palms, tree ferns and other subtropical plants in temperate climates."

A move to the Similkameen presented a number of challenges.

"While I had always enjoyed the arid landscapes of the Interior, I wondered what I could do in this climate of extremes that might prove unusual. I remembered the native cactus, and early success with that plant led me to learn about native plants in general and other hardy cacti for my garden. Experimenting with cacti and native plants has been the most rewarding and interesting gardening I can imagine."

Akerley says there are arguably between one and two thousand species of cacti with many varieties within species.

"The varieties that grow successfully in our climate are mostly from mountainous regions or from cold locales on the Great Plains. They tend to be rare in cultivation. Increasingly, collectors - including me - are becoming interested in hybrids as well, which kind of blur the lines of taxonomy (the practice or principles of classification)."

.....continued on next page



Looking for a deer repellent?



Photos of Jay Akerley's amazing cactus patch provided by Jay himself.

Akerley has added to his collection by trading seeds, seedlings and cuttings with other collectors and more and more of his plants are from cuttings he has collected in the field – the most sought after by collectors in other parts of the world as serious collectors are interested in detailed field data accompanying the plants.

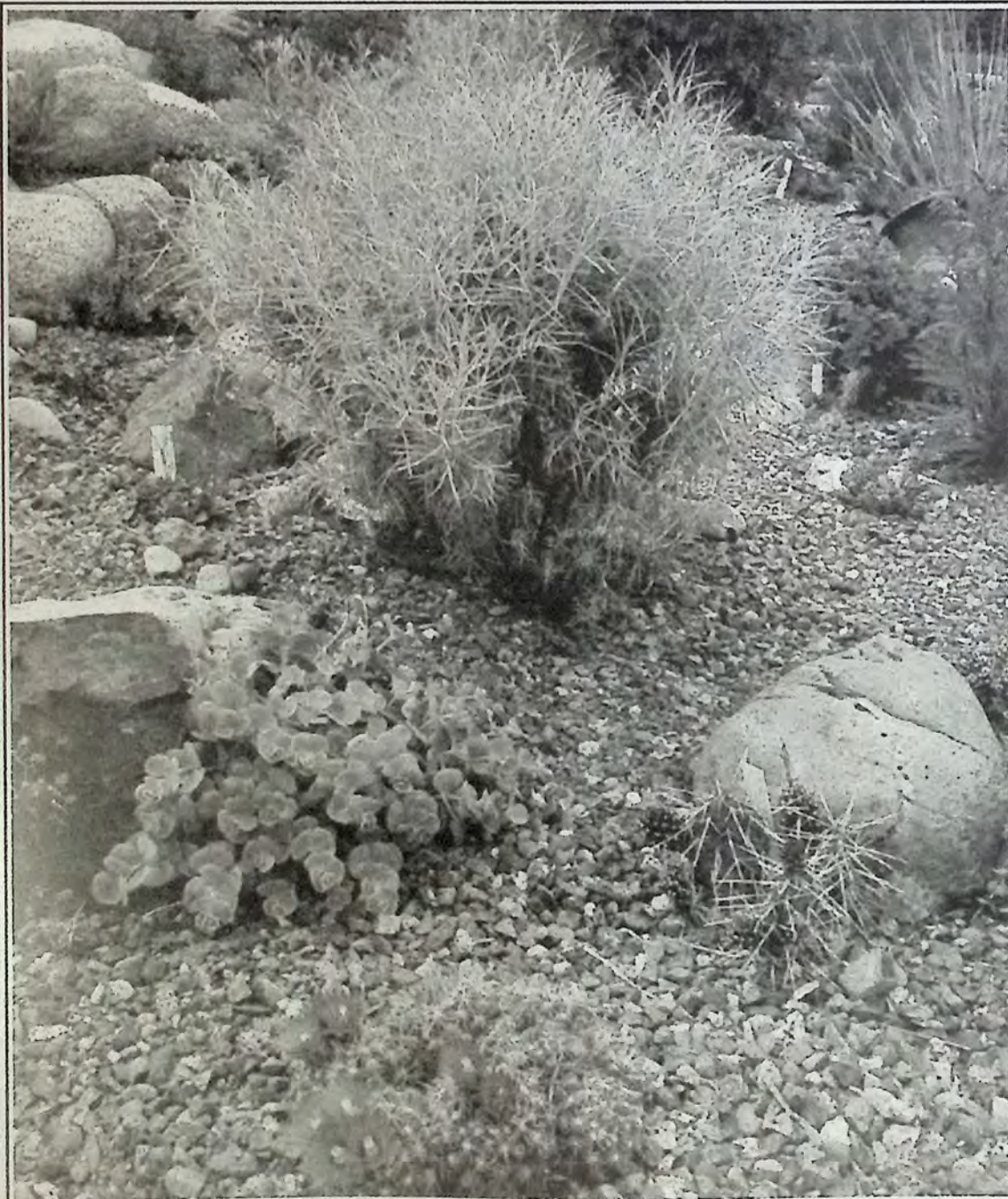
The garden of cacti at Akerley's home was originally developed in 2003 with expansion each year to accommodate additional plants.

"These plants love the crushed aggregate I plant them in – I don't use any topsoil at all. The Similkameen is an outstanding location for this type of gardening because of the summer heat, aridity and winter cold. Many varieties of cacti are very well suited to our climate here, but these are generally not the types you see at mainstream nurseries."

Residents with deer problems should note mammals will resist poking around a garden with many

cacti. "Cacti are physically difficult for mammals to eat. I have seen evidence of mice nibbling on new growth of one species in particular but not in problematic proportions. I find that mammals are generally uninterested in the native plants that accompany the cacti."

Akerley says he'd love to tell you more about his interest in cacti so if you have a question you can reach him via e-mail at jayakerley@hotmail.com.



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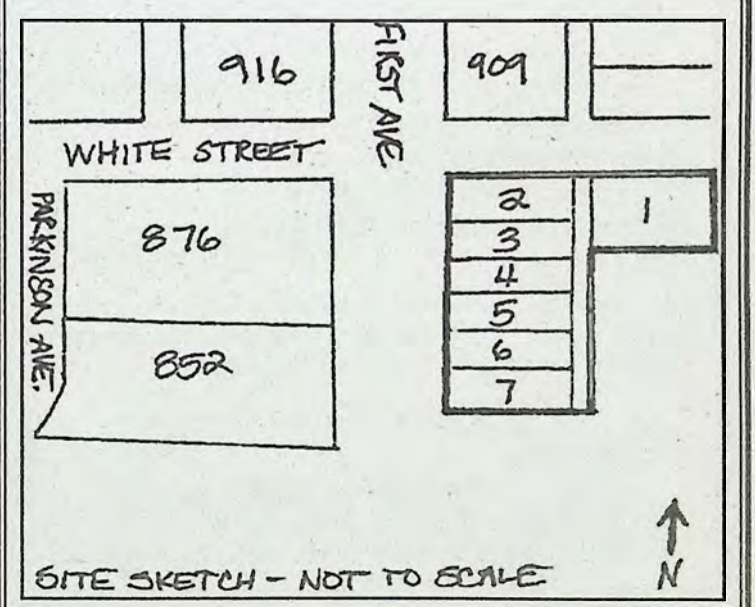
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Notice of Intention to Apply for a Disposition of Crown Land

Take notice that **Blair Veitch & Kerin Matthews of Delta BC**, intends to make application to Integrated Land Management Bureau (ILMB), Southern Service Region - Kamloops Service Centre, Crown Land Adjudication office, for a Crown grant for residential purposes covering **Lots 1 - 8 Block 47 District Lot 2672, Similkameen Division Yale District Plan 2565** situated on Provincial Crown land located in the vicinity of Hedley.

The Lands File Number that has been established for this application is 3411227. Written comments concerning this application should be directed to the Section Head, Crown Land Adjudication at 3rd Floor, 145-3rd Avenue, Kamloops, BC V2C 3M1. Comments will be received by ILMB until August 4, 2006. ILMB may not be able to consider comments received after this date. Please visit our website at www.lwbc.bc.ca under **Search --> Search Land Applications** for more information.

Be advised that any response to this advertisement will be provided to be public upon request.



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Arts Council looks at past year

Expansion of Princeton Community Arts Council is one of the topics to be covered at the upcoming annual general meeting on July 19. During the past year, the Arts Council has added the Community Band, Princeton Performing Arts Society and the Potter's Guild.

There is no question that the move last November to the former Riverside School premises has offered new life to Arts Council activities.

Arts Council President Dawn Johnson states, "We were in a bind at the old Cultural Centre. Although its location downtown is great, we

could not offer a facility geared to the widening scope of the arts in Princeton. At Riverside Wellness Centre, we offer more space for activities and meetings. When the stage is built during the coming year, we can show the public many more aspects of the local talent with which Princeton is blessed."

The Open House held April 23 in conjunction with B.C. Arts and Culture Week was a huge success. Hundreds of area residents attended to hear the band, to see works of art, and to enjoy the presentation of skits by performing artists. In the coming year, the Arts Council hopes to present a ballet, a first for

Princeton.

During the past year, a subcommittee of the Arts Council worked to lay a foundation for performing arts. A grant to the Arts Now committee provided funding to find out what the community needed and wanted, which led to forming the performing arts society. A grant application for further funding is now being considered by Legacy Now. If this grant is awarded, it will be used to train local performing artists in the multiple skills needed to run a theatre group. This application has been well-supported by the local community with pledges.

"The changes of the past year have been profoundly exciting," Johnson says. "What we need now is to strengthen our administrative body, and encourage individuals in the community to join the Arts Council or one of its member groups. New members bring not only new talents, but new perspectives."

In addition to three new groups mentioned, the Arts Council includes Vermilion Artists, Bunchgrass Quilters, Princeton Writers Group, Princeton Concert Society, Vermilion Forks Field Naturalists, Princeton Garden Club and Princeton Museum Society.

"We have received excellent support from both Area H Director Gerri Logan and Town Council," Johnson adds. "Councillor Ray Jarvis comes to nearly every Arts Council meeting and lobbies for us at Council meetings as well as encouraging groups in the community to support our goals."

Future plans include development of performing arts, more concerts and artists showcases and development of an artistic vision for Princeton.

RCMP report more activity

Princeton RCMP attended and notified Forestry Services of a forest fire on Old Hedley Road in the early morning hours of July 2nd.

"Forestry fire fighter crews attended and were able to contain and extinguish the fire with the assistance of the helicopter dousing the area with water," says Princeton Detachment Commander Kurt Lozinski.

Police also report recovering a stolen pickup 6-kilometres East of Manning Park.

"The pickup was stolen earlier from Greenwood in the Grand Forks area."

A 33-year old Princeton man working in the area was arrested after police investigated a complaint of a sexual assault involving a young girl on July 1st.

"This individual has an extensive criminal history and is held in custody and appeared in Court in Penticton on July 4th."

This summer could
be a scorcher.

Protect our Forests.

Our forests are a tremendous source of pride for all British Columbians. Tourists and residents alike marvel at their grandeur. Working families, forest communities and our parklands rely on our forests. Yet every year, an average of 2,000 forest fires put it all at risk.

People cause about half of all forest fires, endangering lives, threatening property and affecting tourism. Help do your part to prevent forest fires.

Protect yourselves and our forests.

Campfire Safety

Runaway campfires are a leading cause of unwanted forest fires in B.C. costing millions of dollars to fight each year. Before you start a campfire, consider these tips:

- Ensure there are no campfire restrictions in place.
- Ensure having a campfire is, and will continue to be, safe.
- Take reasonable precautions to ensure the fire is contained.
- Be equipped with sufficient firefighting tools.
- Don't leave a fire unattended.
- Report the fire if it spreads beyond the burn area.
- Extinguish the fire before leaving the area.

For more information on how you can prevent forest fires, visit www.gov.bc.ca



weekly entertainment guide

TUESDAY, JULY 11, 2006 THROUGH MONDAY, JULY 17, 2006



Kathy Schneider, left, holds her painting 'The Bee' which won People's Choice at the Art Show hosted by Vermilion Artists during Canada Day weekend. Mary Bedford, Vermilion Artists President, holds Schneider's work titled 'Irish House' which earned Third Place at the exhibit. Missing from photo: Vermilion Artists Vice President Harvey Donahue.

Schneider repeats with art show win

The Vermilion Artists would like to thank everyone/everybody who was involved in their recent Annual Art Show and the Mayor and Council/Councillors of the Town of Princeton for making the Cultural Centre available for the event.

Visitors were invited to select their favourite painting and enter it in the ballot box for the people's choice award.

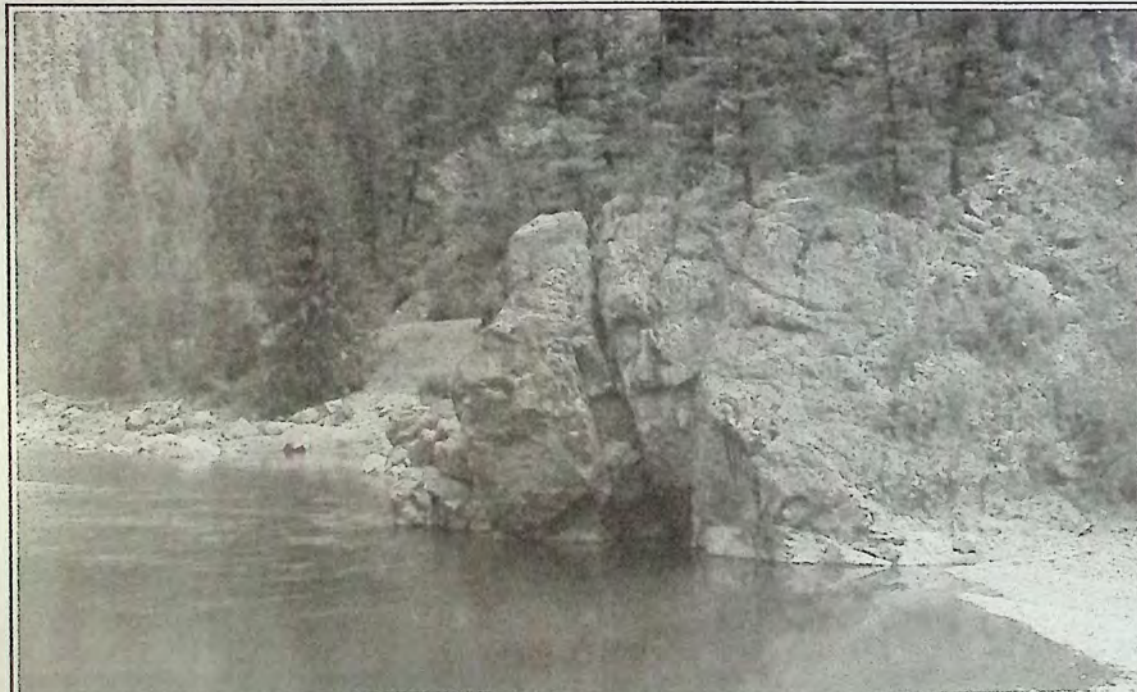
Popular local artist Kathy Schneider once again won the award with her water colour painting "The Bee" (16 votes) Honourable Mention awards go to Harvey Donahue for his painting "The First Big Snow" (12 votes), Kathy Schneider for "The Irish House", Grace Lawrence for "Morning Flight" (6 votes), Ruth Kavanaugh for "September" (6 votes) and George White for

"Northern Lights"

There were 41 entries in the show and 115 people voted. Special mention should be made of long term Vermilion Artists supporters.

Grace Lawrence's oil painting "Morning Flight" was done in the 1990's, and sad to say Grace is now legally blind. Watch for the prize winners in the window at Re/Max 240 Bridge Street.

- submitted



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Council plans marmot eradication

Town Council plans to rid Rotary Park of its marmot population. "It is a matter of health," Mayor Randy McLean stated, although he

objected to the idea some people have that the marmots are infected with hantavirus. The splash park should be finished

very soon, and Council wants the marmots out of the park. "They will be trapped and disposed of," Mayor McLean stated.



This little critter and some of his friend will soon have a new address.



The Paddock during June 30th Princeton Racing Days was a busy place.



What's a Parade without pretty girls on horses?

tuesday movies

MORNING

7:00 am WTBS (3) ★½ "Ready to Rumble" (2000, Comedy) David Arquette. Two die-hard fans vow to help wrestler Jimmy the King make a comeback after a loss destroys what was left of his career. (E)

10:00 am CITY (29) ★★ "Snowbound: The Jim and Jennifer Stolpa Story" (1994, Drama) Neil Patrick Harris. Based on the true story of the family who became trapped in a Nevada blizzard en route to a funeral in Idaho. (E)

AFTERNOON

5:00 pm WGN (38) ★★ "Hero and the Terror" (1988, Suspense) Chuck Norris. A Los Angeles police officer launches an obsessive

search for a serial killer preying on local women.

EVENING

6:00 pm CITY (29) ★★½ "Unbreakable" (2000, Suspense) (PA) Bruce Willis. The sole survivor of a horrific train crash, questioning his existence, finds counsel in a mysterious stranger. (In Stereo) (E)

8:00 pm WTBS (3) ★★½ "The Matrix" (1999, Science Fiction) (PA) Keanu Reeves. A computer hacker joins forces with rebel warriors to battle a malevolent cyberintelligence. (E)

11:00 pm WTBS (3) ★★½ "The Matrix" (1999, Science Fiction) (PA) Keanu Reeves. A computer hacker joins forces with rebel warriors to battle a malevolent cyberintelligence. (E)

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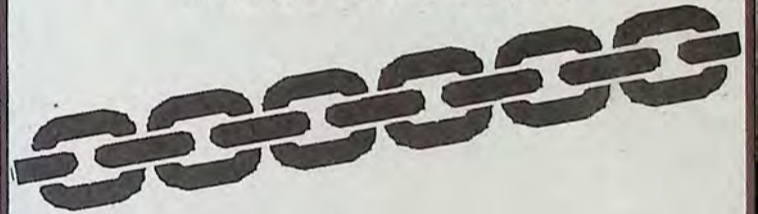
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wednesday movies

MORNING

7:00 am WTBS (3) ★★ "Starship Troopers" (1997, Science Fiction) (PA) Casper Van Dien. Enthusiastic but badly outnumbered young soldiers attempt to protect Earth from a vicious army of gigantic insects. (E)

10:00 am CITY (29) "A Murderous Affair: The Carolyn Warmus Story" (1992, Drama) Virginia Madsen. Based on the sensational case of a former Westchester County teacher convicted of murdering her lover's wife.

EVENING

6:00 pm CITY (29) ★★½ "Brokedown Palace" (1999, Drama) Claire Danes. Premiere. Two American teenagers are sent to

prison after Thai officials wrongly convict them of drug smuggling. (E)

8:00 pm WTBS (3) ★★ "Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Based on the book by Rebecca Wells. Old friends share stories of their youth to mend a mother and daughter's rift. (E)

10:30 pm WTBS (3) ★★½ "Malice" (1993, Suspense) Alec Baldwin. Dark secrets and revelations come to light after a charming doctor performs emergency surgery on his landlord's wife. (E)

10:35 pm CITY (29) ★★½ "Monty Python's The Meaning of Life" (1983, Comedy) John Cleese. The members of Monty Python present an irreverent series of episodes spoofing everything from reproduction to gluttony. (E)

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Similkameen News Leader (250) 295-4149

TUESDAY, JULY 11, 2006

Table with 20 columns (WTBS to WGN) and 24 rows (6 AM to 11 PM) listing TV programs and channels.

WEDNESDAY, JULY 12, 2006

Table with 20 columns (WTBS to WGN) and 24 rows (6 AM to 11 PM) listing TV programs and channels.

Similkameen News Leader
Community Calendar

JULY

15 - Elenor Hicks Senior Ladies, Princeton Golf Club

AUGUST

5, 6 - Tulameen Family Fun Days
5 - 50th Anniversary of Incorporation, Keremeos
6 - Kars Under the K - Keremeos
12, 13 - Mens Open - Princeton Golf Club

SEPTEMBER

2, 3, 4 - Slo-Pitch Tournament, Hedley
4 - Labour Day
9, 10 - Princeton Fall Fair, Princeton Fairgrounds
16 - Similkameen Sizzle, Keremeos
17 - Terry Fox Run, Keremeos/Hedley/Princeton
18 - George & Brenda's Anniversary

OCTOBER

9 - Thanksgiving Day
14 - Logan's Run, Apex
21 - 11th annual Taste of Our Valley, Victory Hall, Keremeos

NOVEMBER

11 - Remembrance Day

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

Regular Meetings

* Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at club-house
* Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
* Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
* Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
* PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
* Hedley Library open 2-7pm Thursdays
* Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
* Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
* Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
* Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
* Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
* Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
* Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
* Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
* Princeton GSAR meets first 3 Tuesdays of the month, 7:00 PM in Hospital Board Room.
* Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
* Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
* Princeton Area BEA meets the 2nd Wednesday of the month, 7:00 PM, Skills Centre.
* Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
* U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
* U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church

thursday movies

MORNING

7:00 am WTBS (3) ★★"Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Based on the book by Rebecca Wells. Old friends share stories of their youth to mend a mother and daughter's rift. (E)
10:00 am CITY (29) "Dead Before Dawn" (1993, Drama) Cheryl Ladd. Based on the true story of a Dallas housewife who learns that her abusive husband is plotting her murder. (E)

AFTERNOON

5:00 pm WGN (38) "Those Bedroom Eyes" (1993, Mystery) Tim Matheson. A psychology professor's involvement with a mysterious woman leads to entanglement in a murder investigation.

EVENING

7:00 pm WTBS (3)

★★★"Sleepless in Seattle" (1993, Romance-Comedy) Tom Hanks. A Baltimore newswoman falls for a Seattle widower she hears on talk radio, thanks to his moppet son. (E)

7:30 pm FAM (26) ★★"Going to the Mat" (2004, Drama) Andrew Lawrence. A blind teenager becomes a high-school wrestler after his family moves from New York to the Midwest.

9:25 pm WTBS (3) ★★"Mr. Mom" (1983, Comedy) Michael Keaton. A rising young executive gets an on-the-job education in housekeeping after he loses his job and his wife goes to work. (E)

10:35 pm CITY (29) ★★"A Thousand Acres" (1997, Drama) Michelle Pfeiffer. An aging farmer's irrational actions lead to revelations and divisions among his three daughters. (E)

11:25 pm WTBS (3) ★★"Sleepless In Seattle" (1993, Romance-Comedy) Tom Hanks. A Baltimore newswoman falls for a Seattle widower she hears on talk radio, thanks to his moppet son. (E)

friday movies

MORNING

7:00 am WTBS (3) ★★"Mr. Mom" (1983, Comedy) Michael Keaton. A rising young executive gets an on-the-job education in housekeeping after he loses his job and his wife goes to work. (E)
10:00 am CITY (29) ★★"Mass Appeal" (1984, Drama) Jack Lemmon. Confrontations between a priest and a seminary student lead both to a greater understanding of the human spirit. (E)

AFTERNOON

4:30 pm WGN (38) ★★"An Officer and a Gentleman" (1982, Drama) Richard Gere. A hardened loner shapes up for a military drill instructor and a factory girl from town. (E)
5:00 pm WTBS (3) ★★"Scary Movie 3" (2003, Comedy) (PA) Anna Faris. An anchorwoman investigates rumors about UFOs and a videotape that leads to deaths. (E)

EVENING

6:00 pm CITY (29) ★★"The Spreading Ground" (2000, Suspense) Dennis Hopper. Two detectives have only 48 hours to catch a child-killer after their publicity-seeking mayor declares war on crime.

(E) (DVS)
7:30 pm FAM (26) ★★"Full-Court Miracle" (2003, Drama) Alex D. Linz. Jewish schoolboys convince a former college-basketball player to coach their winless team.

8:00 pm KNOW (5) "A Respectable Trade" (1998, Drama) (Part 2 of 2) Warren Clarke. A slave merchant deals with his deeply ambivalent wife, who is attracted to one of his captives.

VTV (22) "Mind Over Murder" (2005, Suspense) Tori Spelling. A prosecutor places herself in danger when she tries to use her newfound telepathy to investigate a crime. (In Stereo) (E) (DVS)

9:05 pm FAM (26) ★★"The Facts of Life Reunion" (2001, Comedy) Lisa Whelchel. Premiere. Graduates of the prestigious Eastland Academy have a Thanksgiving reunion. Based on the popular 1980s TV series.

10:32 pm FAM (26) ★★"Drop Dead Fred" (1991, Comedy) Phoebe Cates. An imaginary friend returns to help a woman out of her melancholy state by wreaking havoc on an unsuspecting public.

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Horoscopes

July 12 - 19, 2006

Aries - Difficulties with youngsters and focus on home and family may cause worry or conflict. These may seem to be a burden, but they are your source of joy. Find the balance.

Taurus - You do a lot of talking these days with spouse, friend or partner from whom you receive a lot of benefits. You will be doing a lot of short trips, errands, chores. Home needs work.

Gemini - Financial situation and relationships undergo permanent change. Information comes to you from sibling, neighbour re change. Be very cautious around vehicles.

Cancer - News re job, health matters affects income. Expect change in circumstances. Youngster may be in conflict with your financial goals. Talk it through, make needed decision.

Leo - You develop a new perspective on where you're going. Goals may be temporarily on hold. Do necessary planning to achieve in future, and do the work you must do to achieve.

Virgo - Take a good look at the real anger you're hiding, along with the lack of real freedom in your life. Are you being your own enemy? Ask what angers you and ask yourself why.

Libra - You talk of permanent change in plans, career. Financial picture is less than you'd like. Do some determined goal-setting and make the needed effort to achieve.

Scorpio - Career demands continue to stifle your efforts to have fun. No end in sight. Count on surprising news from youngster. Creative block will soon shatter. Financial problem tightens.

Sagittarius - Partner continues to treat you well. Single Sagittarians may become very serious about new love. Read actions louder than words. Married people can just enjoy.

Capricorn - You are coming to the end of a phase. Look for changes in travel, education, spiritual matters. Crimp on shared resources comes to an end next month. Partner wants loving.

Aquarius - Finances are still unstable but working toward stability. Check for good job opportunities. Health improves. Friends, partner are busy. Work makes demands.

Pisces - Job will be more fun after this week, and you could pursue some artistic endeavour, but in a very serious way. This is your time to be creative, have fun, and enjoy sports. Be young!

Similkameen News Leader
Recipe Corner (Recipe #123)

Sausage And Mushroom Baguette

Preparation Time: 5 minutes + 10 minutes marinating. Cooking: 13 minutes

- 8 white button mushrooms, sliced
- 4 tbsp Roasted Garlic and Fine Herbs dressing
- 6 thick beef or pork sausages, pierced with a fork
- 2 baguette rolls, cut in thirds crossways
- Salad leaves, to serve

Directions:

1. Place the mushrooms in a shallow dish. Pour the dressing over the mushrooms. Set aside for 10 minutes.
2. Preheat a greased barbecue plate or non-stick frying pan on medium. Cook the sausages, turning frequently, for 10 minutes or until golden and cooked through. Remove to a plate, cover to keep warm.
3. Increase the heat to high and add marinated mushrooms. Cook, tossing frequently for 3 minutes or until mushrooms are tender and marinade evaporates.
4. Cut the baguette and sausages in half lengthways. Top the baguette with salad leaves, a sausage and mushrooms. Serve immediately.

For more information on mushrooms and mushroom recipes, visit mushrooms.ca today.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

Don't Feed The Deer!

THIS REMINDER COMES FROM THE TOWN OF PRINCETON

THURSDAY, JULY 13, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek	News Body	(Off Air)	Body Elec. Boohbah	News	News	Ku Klux Klan	(5:00) News	News (Live)	(5:00) News (Live)	Monster Monsters	SportsCentre	News Canada AM	Daily Planet	Believers Paid Prog.	King Spider-Man	News Calvin Miller	Maury	Hillbillies
7 AM :30	Movie: "Divine Secrets of the Ya-Ya Sisterhood" (2002) (PA)	Life Today 100 Huntley Street Room	BluesClues Dora	Clifford Arthur (E)	Today Owen Wilson; Diane Lane; making a child star; closet organizing.	The Early Show	City Confidential Amer. Justice	Good Morning America			Boy Jacob	SportsCentre		Anatomy-Blitz	Liberty's Charles	K. Possible Recess	KTLA Morning Show	CityLine	Rockford Files
8 AM :30	Movie: "Divine Secrets of the Ya-Ya Sisterhood" (2002) (PA)	Life Today 100 Huntley Street Room	BluesClues Dora	Clifford Arthur (E)	Today Owen Wilson; Diane Lane; making a child star; closet organizing.	The Early Show	City Confidential Amer. Justice	Good Morning America			Boy Jacob	SportsCentre		Anatomy-Blitz	Liberty's Charles	K. Possible Recess	KTLA Morning Show	CityLine	Rockford Files
9 AM :30	Movie: "Divine Secrets of the Ya-Ya Sisterhood" (2002) (PA)	Life Today 100 Huntley Street Room	BluesClues Dora	Clifford Arthur (E)	Today Owen Wilson; Diane Lane; making a child star; closet organizing.	The Early Show	City Confidential Amer. Justice	Good Morning America			Boy Jacob	SportsCentre		Anatomy-Blitz	Liberty's Charles	K. Possible Recess	KTLA Morning Show	CityLine	Rockford Files
10 AM :30	Cosby	The Price Is Right	Arthur	Barney	Ellen DeGeneres Show	The Price Is Right	Crossing Jordan	The View (N)	World Vision	Room Diva Dime	Rupert	Bowling: Men's Ten-Pin	The View (N)	To Extinction	Starting Over	JoJo Mermald	Jerry Springer (N)	Movie: "Dead Before Dawn" (1993)	News
11 AM :30	Harvey	Judge	Canada-History	Mr Rogers Sit-Be Fit	The Tyra Banks Show	Young and the Restless	Ku Klux Klan: A Secret History	Paid Prog.	The Insider	News (Live)	George S. Fly Rhino	Darts: Champ.	eTalk Balance	Dinosaur Planet	Montel Williams (N)	Stanley King	Blind Date	Blind Date	Magnum, P.I.
12 PM :30	Drew	News (Live)	For King and Empire	Charlie Rose	Paid Prog.	News	History	All My Children (N)	News (Live)	Days of our Lives (N)	SpongeBob Being Ian	Score Golf	Daily Bold & B.	Killer Squid	Perry Mason	Recess Weekend	Maury	CityLine	Da Vinci's Inquest
1 PM :30	Yes, Dear	Doc (DVS)	Scattering Planet	Painting Needle Art	Days of our Lives (N)	As the World Turns (N)	City Confidential	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Care Bears George S.	PGA Golf: John Deere Classic --	Vicki G. Vicki G.	Deepest Catch	Matlock "The Dame"	Lloyd Whiskers	Jerry Springer	Relic Hunter	Cosby
2 PM :30	Home Imp.	Body	Gaslight	Reading Lions	Passions (N)	Guilding Light (N)	Amer. Justice	General Hospital (N)	Passions (N)	Passions (N)	Jane Boy	First Round.	General Hospital (N)	Ult Cars	Love Lucy	Lilo Stitch	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Fear Factor	Bear	Arthur (E)	Judge	Dr. Phil	Cold Case Files	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record Sports	Dr. Phil	How-Made	Montel Williams	Weekend Lloyd	What I Like	News	Home Imp.
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey	Crossing Jordan	Millionaire	Oprah Winfrey	News Global	Tn-Titans	Darts: Champ.	The Tyra Banks Show	Daily Planet	Little House	Barbarian Proud	8 Rules	Friends	Funniest Home Videos
5 PM :30	Friends	News (Live)	George S.	BBC World	News	News	The First 48	News ABC News	News Global	News (Live)	OddParent SpongeBob	2005 U.S. Poker	News	Building the Biggest	Malcolm King of Hill	K. Possible Suite Life	Fresh Pr. My Wife	Master of Champions	Movie: "Those Bedroom Eyes" (1993, Mystery)
6 PM :30	Friends	Stargate SG-1	Beaker	News-Lehrer	News	News	Dallas SWAT	News	News (Live)	ET Canada	Being Ian	2005 U.S. Poker	News	I Shouldn't Be Alive	'70s Show	So Little Darcy	My Wife Friends	Supernatural	
7 PM :30	Movie: "Sleepless in Seattle" (1993) Tom Hanks	Distance Jeopardy!	Profiles of Nature	The Greatest Good	Jeopardy!	Friends	Castle	Entertain	Entertain	Windfall (N)	Ghost Oracle	SportsCentre (Live)	eTalk	Mayday	Simpsons	So Raven	Raymond	Smallville "Reckoning"	WGN News at Nine
8 PM :30	Movie: "Sleepless in Seattle" (1993) Tom Hanks	Distance Jeopardy!	Profiles of Nature	The Greatest Good	Jeopardy!	Friends	Castle	Entertain	Entertain	Windfall (N)	Ghost Oracle	SportsCentre (Live)	eTalk	Mayday	Simpsons	So Raven	Raymond	Smallville "Reckoning"	WGN News at Nine
9 PM :30	Movie: "Sleepless in Seattle" (1993) Tom Hanks	Distance Jeopardy!	Profiles of Nature	The Greatest Good	Jeopardy!	Friends	Castle	Entertain	Entertain	Windfall (N)	Ghost Oracle	SportsCentre (Live)	eTalk	Mayday	Simpsons	So Raven	Raymond	Smallville "Reckoning"	WGN News at Nine
10 PM :30	Movie: "Mr. Mom" (1983) Michael Keaton	Mutant X	Oh Baby! "To Think"	Soundstage (N)	Windfall (N)	Without a Trace	Dallas SWAT	Primerime	Windfall (N)	News (Live)	Bob Nancy D.	Golf: Women's Charity	Got Talent	Mayday	News	Popular "Problems"	KTLA Prime News	Sex & City	Da Vinci's Inquest
11 PM :30	Michael Keaton	News	Perspectives	Charlie Rose (N)	News	News	Castle	News	News (Live)	Entertain	Madison	SportsCentre (Live)	News	Building the Biggest	Sex & City	8 Rules	Sex & City	Friends	Eliminate

FRIDAY, JULY 14, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	Dawson's Creek	News Body	(Off Air)	Body Elec. Teletubbs	News	News	Third Watch	(5:00) News	News (Live)	(5:00) News (Live)	Monster Monsters	SportsCentre	News Canada AM	Daily Planet	Believers Paid Prog.	King Spider-Man	News Calvin Miller	Maury	Hillbillies
7 AM :30	Movie: "Mr. Mom" (1983) Michael Keaton	Life Today 100 Huntley Street Summit	BluesClues Dora	Clifford Arthur (E)	Today KC and the Sunshine Band; '70s fashion; berry pastries.	The Early Show	City Confidential Amer. Justice	Good Morning America			Boy Jacob	SportsCentre		Beastly Countdown	Liberty's Charles	K. Possible Recess	KTLA Morning Show	CityLine	Rockford Files
8 AM :30	Movie: "Mr. Mom" (1983) Michael Keaton	Life Today 100 Huntley Street Summit	BluesClues Dora	Clifford Arthur (E)	Today KC and the Sunshine Band; '70s fashion; berry pastries.	The Early Show	City Confidential Amer. Justice	Good Morning America			Boy Jacob	SportsCentre		Beastly Countdown	Liberty's Charles	K. Possible Recess	KTLA Morning Show	CityLine	Rockford Files
9 AM :30	Movie: "Mr. Mom" (1983) Michael Keaton	Life Today 100 Huntley Street Summit	BluesClues Dora	Clifford Arthur (E)	Today KC and the Sunshine Band; '70s fashion; berry pastries.	The Early Show	City Confidential Amer. Justice	Good Morning America			Boy Jacob	SportsCentre		Beastly Countdown	Liberty's Charles	K. Possible Recess	KTLA Morning Show	CityLine	Rockford Files
10 AM :30	Cosby	The Price Is Right	Arthur	Barney	Ellen DeGeneres Show	The Price Is Right	Crossing Jordan	The View (N)	World Vision	House Diva Dime	Rupert	Running: Marathon	The View (N)	Survivorman	Starting Over	JoJo Mickey	Jerry Springer (N)	Movie: "Mass Appeal" (1984) Jack Lemmon.	News
11 AM :30	Harvey	Judge	Sew Fun	Mr Rogers	The Tyra Banks Show	Young and the Restless	Third Watch	Paid Prog.	The Insider	News (Live)	George S. Fly Rhino	Darts: Champ.	eTalk Balance	Monster House	Montel Williams	Stanley King	Blind Date	Blind Date	Magnum, P.I.
12 PM :30	Drew	News (Live)	Dotto Tech SportFish	Charlie Rose	Paid Prog.	News	Third Watch	All My Children (N)	News (Live)	Days of our Lives (N)	SpongeBob Being Ian	Track and Field	Daily Bold & B.	Building the Biggest	Perry Mason	Recess Weekend	Maury	CityLine	Da Vinci's Inquest
1 PM :30	Yes, Dear	On Wings and Dreams	Router Planet	Scheewe Scrapbook	Days of our Lives (N)	As the World Turns (N)	City Confidential	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Care Bears George S.	PGA Golf: John Deere Classic --	Vicki G. Vicki G.	Mayday	Matlock "The Defense"	Lloyd Whiskers	Jerry Springer	Relic Hunter	Cosby
2 PM :30	Home Imp.	Body	Gaslight	Reading Lions	Passions (N)	Guilding Light (N)	Amer. Justice	General Hospital (N)	Passions (N)	Passions (N)	Beasts Boy	Second Round.	General Hospital (N)	I Shouldn't Be Alive	Love Lucy	Lilo Stitch	Eye Eye	Ellen DeGeneres Show	Moesha
3 PM :30	Seinfeld	Legends	Bear	Arthur (E)	Judge	Dr. Phil	Cold Case Files	The Tony Danza Show	Young and the Restless	Young and the Restless	Jacob Flamingo	Off-Record Sports	Dr. Phil	How-Made	Montel Williams	Weekend Lloyd	What I Like	News	Home Imp.
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey	Crossing Jordan	Millionaire	Oprah Winfrey	News Global	Tn-Titans	Pregame CFL	The Tyra Banks Show	Daily Planet	Little House	Barbarian Proud	8 Rules	Friends	Videos
5 PM :30	Movie: "Scary Movie 3" (2003) (PA) Anna Faris	News (Live)	George S.	BBC World	News	News	Biography "TV Game Shows"	News ABC News	News Global	News (Live)	OddParent SpongeBob	Football: Calgary Stampeder's at Hamilton	News	What's That About? (N)	Malcolm King of Hill	K. Possible Suite Life	Fresh Pr. My Wife	The Collector	Movie: "An Officer and a Gentleman" (1982) Richard Gere.
6 PM :30	Movie: "Scary Movie 3" (2003) (PA) Anna Faris	News (Live)	George S.	BBC World	News	News	Biography "TV Game Shows"	News ABC News	News Global	News (Live)	OddParent SpongeBob	Football: Calgary Stampeder's at Hamilton	News	What's That About? (N)	Malcolm King of Hill	K. Possible Suite Life	Fresh Pr. My Wife	The Collector	Movie: "An Officer and a Gentleman" (1982) Richard Gere.
7 PM :30	MLB Baseball: Atlanta Braves at San Diego Padres. (Subject to Blackout)	2nd Chance Jeopardy!	Wilderness Journeys	Wash Wk	Jeopardy!	Friends	Biography "Jeopardy!"	Entertain	Entertain	Zoe Busiek: Wild Card	Frank Ptrl	CFL	Hollywood	A Haunting (N)	Simpsons	School	Raymond	WGN News at Nine	
8 PM :30	MLB Baseball: Atlanta Braves at San Diego Padres. (Subject to Blackout)	2nd Chance Jeopardy!	Wilderness Journeys	Wash Wk	Jeopardy!	Friends	Biography "Jeopardy!"	Entertain	Entertain	Zoe Busiek: Wild Card	Frank Ptrl	CFL	Hollywood	A Haunting (N)	Simpsons	School	Raymond	WGN News at Nine	
9 PM :30	MLB Baseball: Atlanta Braves at San Diego Padres. (Subject to Blackout)	2nd Chance Jeopardy!	Wilderness Journeys	Wash Wk	Jeopardy!	Friends	Biography "Jeopardy!"	Entertain	Entertain	Zoe Busiek: Wild Card	Frank Ptrl	CFL	Hollywood	A Haunting (N)	Simpsons	School	Raymond	WGN News at Nine	
10 PM :30	Family Guy Futurama	20/20	Missing Postman	My Family	Law & Order "Magnet"	News	Biography "Jeopardy!"	News	News (Live)	Canadian Poker	Monster Oracle	SportsCentre (Live)	News	Building the Biggest	Sex & City	Will-Grace	Friends	Eliminate	
11 PM :30	Family Guy Futurama	20/20	Missing Postman	My Family	Law & Order "Magnet"	News	Biography "Jeopardy!"	News	News (Live)	Canadian Poker	Monster Oracle	SportsCentre (Live)	News	Building the Biggest	Sex & City	Will-Grace	Friends	Eliminate	

SATURDAY, JULY 15, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	TBS Storyline	News (E) Body	(Off Air)	Globe Trekker	(5:00) Today The 5 Browns.	Saturday Early Show	Old House Old House	Good Morning America	Pioneers Room	Design Room	Monster Mona	SportsCentre (E)	OWL/TV Kingdom	Ult Cars Machines	Paid Prog. Fishing	Spider-Man Rangers	Paid Prog. Yu-Gi-Oh!	Indo Dharti	Paid Prog.
7 AM :30	Movie: "A Thin Line Between Love and Hate"	Body Powerboat	BluesClues Dora	MotorWeek Fly Tying	News	LazyTown	Ask This Ask This	Good Morning Northwest Saturday	News (Live) (E)	News (Live) (E)	Flamingo Adrenalini	Fishing Motoring	Katie-Orble Hobo	Unsolved History (E)	DoReMi DoReMi	Robot W.I.T.C.H.	Yu-Gi-Oh!	Eye on Asia	Paid Prog.
8 AM :30	Movie: "The Wood"	Fishing GetUpGrow	George S. Magic Bus	Router Hometown	News	Dora	Ask This	Northwest Saturday	News (Live) (E)	News (Live) (E)	Belgian Mystery	Score Golf	Good Morning Canada (E)	A Haunting	Bratz (E) Winx Club	Suite Life Zoey 101	Johnny T Xosolin	Polish Studio (E)	Paid Prog.
9 AM :30	Movie: "The Wood"	Diva Dime Body	Charlie Arthur (E)	Workshop Old House	News	Little Bill	"Falling Down" (1993)	Shark	Driving TV Sid's Cycle	News (Live) (E)	Tn-Titans Xosolin	Bowling: Men's Ten-Pin	World Vision (E)	Building the Biggest	Winx Club Baseball	So Raven Phil	Xosolin Loonatics	Arts CityLine (E)	Hap Days Home Imp.
10 AM :30	Omar Epps, Sean Nelson (E)	Antique Collectors	Lilly (E) Paddington	Ask This Americas	Shark Paid Prog.	Albertson's Challenge	Drama Michael Douglas (E)	Proud So Raven	GetUpGrow Canada	Calgary Stampede Parade (E)	Phantom Monster	Fight Sports Knockouts!	Daily Planet (E)	Mayday "Flying Blind"	MLB Baseball: White Sox at Yankees or Dodgers at Cardinals	Even Boy World	Pokémon Spider	NowMusic	Mosha
11 AM :30	Movie: "Bad Boys" (1995) (PA)	PGA Golf: John Deere Classic -- Third Round.	Macphee Quilting	Coastal Hith Bites	Action Sports From Denver. (Live) (E)	Discover Discover	Street Racing King Cars	PGA Golf: John Deere Classic -- Third Round.	Design	Sid's Cycle	The X's Avatar	Boxing: Friday Night Fights.	Pringle A Haunting	Unsolved History (E)	School at Yankees or Dodgers at Cardinals	School Brotherhood	Batman Viewtiful	Movie: "Evita" (1996, Musical) Madonna, Antonio	Movie: "Ferris Bueller's Day Off" (1986) (E)
12 PM :30	Movie: "Scary Movie 3" (2003) (PA)	Taste	Router	Joy of Golf: American Century Champions hip	PGA Golf: Champions Tour	Discover	King Cars	WNBA Basketball: Sun at Monarchs	Institute Skatebrd	Direct Buy '70s Show	Beyblade Cybertron	MLB Baseball: Seattle Mariners at Toronto Blue Jays. (Live) (E)	Eagle Communications Car	American Hot Rod (E)	MLB Post	Movie: "Father and Scout" (1994)	Sabrina's	MuchOnDemand (E)	MLB Baseball: New York Mets at Chicago Cubs. (Live) (E)
1 PM :30	Movie: "American Pie"	Weekend SportFish	SportFish	Plano Guy	PGA Golf: Champions Tour	Discover	King Cars	WNBA Basketball: Sun at Monarchs	Institute Skatebrd	Direct Buy '70s Show	Cybertron	MLB Baseball: Seattle Mariners at Toronto Blue Jays. (Live) (E)	Eagle Communications Car	American Hot Rod (E)	MLB Post	Movie: "Father and Scout" (1994)	Sabrina's	MuchOnDemand (E)	MLB Baseball: New York Mets at Chicago Cubs. (Live) (E)
2 PM :30	Movie: "American Pie"	Romance Chicks	Dotto Tech Delia Smith	Yachting Tracks	PGA Golf: Champions hip	Discover	King Cars	WNBA Basketball: Sun at Monarchs	All Xtreme Just Shoot	'70s Show	Being Ian Jacob	MLB Baseball: Seattle Mariners at Toronto Blue Jays. (Live) (E)	American Hot Rod (E)	Animal All	Farscape	Smart Guy	Smallville "Blank" (E)	News (E)	MLB Baseball: New York Mets at Chicago Cubs. (Live) (E)
3 PM :30	Movie: "American Pie"	Powerboat Canadian Poker	BluesClues Dora	Real Barbecue	Athlete Time Warp	Discover	Castle	WNBA Basketball: Sun at Monarchs	Just Shoot '70s Show	Simpsons	Flamingo	MLB Baseball: Seattle Mariners at Toronto Blue Jays. (Live) (E)	MTV Live (E)	How-Made (E)	Farscape	Smart Guy	Smallville "Blank" (E)	News (E)	MLB Baseball: New York Mets at Chicago Cubs. (Live) (E)
4 PM :30	Movie: "American Pie"	Marriage	Miss BG	Europe Darcy	Trading	ER "Days Like This"	City Confidential (E)	NBA Acc Health	Simpsons	Simpsons	Tales From the Neverending Story (E)	Sports Obstacle	MTV Live Hacked (E)	They do it? They do it?	Star Trek: Enterprise	Suite Life Proud	Movie: "Major League" (1989) Tom Berenger.	MovieTV StarTV	Funnlest Home Videos
5 PM :30	Movie: "Austin Powers: International Man of Mystery"	News (E) Sports	George S. Zoboo	Summer Dad Army	News NBC News	News CBS News	Cold Case Files (E)	ABC News	Simpsons	News (E) House	Prank Ptr Zixx	2005 U.S. Poker	Suo Thomas: F.B. Eye	Greatest Ever... (E)	Will-Grace Frasier	K. Possible Phil	Movie: "Major League" (1989) Tom Berenger.	Saturday Main Event	Movie: "Major League" (1989) Tom Berenger.
6 PM :30	Movie: "Austin Powers: International Man of Mystery"	2nd Chnce 2nd Chnce	Reach-Top	Lawrence Welk Show	News Raymond	News Access Hollywood (N)	Cold Case Files (E)	The Insider	News (Live) (E)	To Be Announced	Prank Ptr Zixx	IndyCar Racing: Firestone Indy 200. (Live)	News (E)	Dirty Jobs (E)	'70s Show	Sadle Darcy	Blind Date My Wife	Saturday Main Event	Movie: "Major League" (1989) Tom Berenger.
7 PM :30	MLB Baseball: Atlanta Braves at San Diego Padres. (Subject to Blackout)	Caitlin Caitlin	National Geographic My Family	Time Goes CSI: Crime Scn	CSI: Crime Scn	Hollywood (N) King	American Justice	Entertainment Tonight	To Be Announced	Final 24 (N) (E)	Ghost Oracle	IndyCar Racing: Firestone Indy 200. (Live)	W-FIVE Hockey	American Chopper (E)	Simpsons Frasier	So Raven Zoey 101	Friends Raymond	Star! Daily Speakers	WGN News at Nine
8 PM :30	Movie: "Austin Powers: International Man of Mystery"	Heartbeat (E)	Branson Jubilee (E)	Saturday Main Event	Ghost Whisperer (E)	American Justice	Movie: "Unbreakable" (2000) Bruce Willis, Samuel L. Jackson. (E)	Entertainment Tonight	To Be Announced	Blue Murder (N) (E)	Zixx	SportsCentre (Live) (E)	Ghost Whisperer (E)	Deadliest Catch (E)	Cops (N) Cops (E)	8 Rules Movie Ent	Friends Raymond	SexTV (E)	Becker
9 PM :30	Movie: "Austin Powers: International Man of Mystery"	"Inspector Mores: The Sins of the Fathers" (E)	The Greatest Good	Saturday Main Event	CSI: NY (E)	Cold Case Files (E)	48 Hours Mystery (E)	Cold Case Files (E)	To Be Announced	Blue Murder (N) (E)	Zixx	Mixed Martial Arts	Comedy Now	American Chopper (E)	24 (E)	Michael Keaton.	KTLA Prime News (E)	John Travolta, Debra Winger.	Movie: "Footloose" (1984) Kevin Bacon. (E)
10 PM :30	Movie: "Austin Powers: International Man of Mystery"	Chat Addicts (E)	The Jewel in the Crown	Law & Order	48 Hours Mystery (E)	Cold Case Files (E)	American Justice	Cold Case Files (E)	To Be Announced	Malcolm	Nancy D.	Comedy	Deadliest Catch (E)	Mad TV (E)	(10:57) "Life With Mikey"	Will-Grace	Sex & City	Travolta, Debra Winger.	"DirtyDan"
11 PM :30	Movie: "Austin Powers: International Man of Mystery"	Mad TV (E)	The Jewel in the Crown	Law & Order	48 Hours Mystery (E)	Cold Case Files (E)	American Justice	Cold Case Files (E)	To Be Announced	Malcolm	Nancy D.	Comedy	Deadliest Catch (E)	Mad TV (E)	(10:57) "Life With Mikey"	Will-Grace	Sex & City	Travolta, Debra Winger.	"DirtyDan"

SUNDAY, JULY 16, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM :30	The	Body	(Off Air)	Berenstein	Today (E)	Discover	Breakfast With the Arts	Good Morning America	Pioneers Adventure	Taste Fishing	Monster Mona	Formula One Racing	Acorn Klds	Mayday (E)	Hour of Power (E)	Spider-Man Rangers	Pacesetter Success	Mix TV	Feed
7 AM :30	Movie: "Batman Forever" (1995) (PA)	In Touch (E)	BluesClues Dora	Bob Build Thomas	Flight 29 Endurance	CBS News Sunday Morning	Gottl	News (E)	Room	Canada	Jane	Reporters	Good Morning Canada (E)	Killer Squid (E)	Libertys Business	Robot W.I.T.C.H.	Amazing Believers	Eye on Asia	Paid Prog.
8 AM :30	Movie: "Batman Forever" (1995) (PA)	Van Impe	George S. Magic Bus	Jakers Fetch! With	Meet the Press (E)	Nation	Gottl	News (E)	News (Live) (E)	TribalTrail World Van	Being Ian Flamingo	Fins-Skins Triathlon	Deadliest Catch	Fox News Sunday	Suite Life Zoey 101	J. Osteen	Festival Italiano di Johnny Lombardi (In Italian)	Hillbillies	
9 AM :30	Movie: "American Pie"	Listen Up Faith	Charlie Arthur (E)	Maya College	Paid Prog.	Discover	Gottl	This Week With George	Hour of Power (E)	OddParent Catscratch	Obstacle	Eagle Communications	How-Made (E)	Paid Prog.	So Raven Phil	Changing	Italliano di Johnny Lombardi (In Italian)	Funnlest Home Videos	
10 AM :30	Movie: "American Pie"	Homes Home	Lilly (E) Madellne	CEO Exchange (E)	Action Sports From Denver. (Live) (E)	Cycling: Tour	Gottl	Open Preview	Driving TV HeartCity	Making the Connection	SpongeBob Grown Up	Road Trip NASCAR	Eagle Balance-TV	Nigel Marven	Farscape (E)	Even Boy World	Shook	MLB Baseball: Chicago	
11 AM :30	Movie: "Bad Boys" (1995) (PA)	PGA Golf: John Deere Classic -- Final Round.	Swap TV Mechanics	Foreign WealthTrk	Golf: American Century European	PGA Golf: Champions Tour	Inked "Pilot" (E)	PGA Golf: John Deere Classic -- Final Round.	Hour of Power (E)	PGA Golf: John Deere Classic -- Final Round.	Jane Being Ian	NASCAR Racing: Nextel Cup -- New England 300. (Live)	Nature Eagle	Killer Squid (E)	Just Shoot Just Shoot	School Brotherhood	Paid Prog. Sabrina's	Movie: "Greener Fields" (1998) Simone Corrente.	White Sox at New York Yankees. (Live) (E)
12 PM :30	Movie: "Blue Streak" (1999) (PA)	Taste Homes	Reach-Top	Jeeves and Wooster Seasoned	Champions hip -- Final Round. (Live) (E)	PGA Golf: Champions Tour	Sell House Design	To Be Announced	Institute Making the Connection	Making the Connection	Winx Club Stuff	W-FIVE Hockey	They do it? They do it?	Ult Poker Chal.	Movie: "Go Figure" (2005, Drama)	Movie: "Footloose" (1984, Drama) Kevin Bacon.	World Poker Tour (E)	Farscape (E)	HomeTeam (E)
1 PM :30	Movie: "Blue Streak" (1999) (PA)	Knockout Diva Dime	BluesClues Dora	Bill Moyers on Faith	Paid Prog.	Discover	Sell House	Matthews	Calgary Stampede (E)	Rodeo: 2006 Calgary Stampede Finals. (Taped)	Top 10 Zixx	SportsCentre (Live) (E)	MythBusters (E)	Allas "Second Double"	Smart Guy Lizzie	Movie: "Ferris Bueller's Day Off" (1986) (E)	News (E)	Funnlest Home Videos	
2 PM :30	Movie: "Blue Streak" (1999) (PA)	Cucina Etc. Pioneers	Rolie Polle Madellne	Chronicles CSI: Crime Scn	ER (E)	Sell House	TBA	Making the Connection	Global	Danny Phantom (E)	Prank Ptr Yvon	2006 ESPY Awards (N) (E)	Movie: "Plague City: SARS in Toronto" (2005)	American Chopper "Billy Joel Bike" (E)	HomeTeam K. Possible Phil	Pepper Dennis "Pilot"	MovieTV StarTV	Maximum Exposure	
3 PM :30	Movie: "Blue Streak" (1999) (PA)	News (E) Okanagan	George S. Zoboo	Workshop Old House	News NBC News	CBS News	Flip This House (E)	News (E)	Global	Danny Phantom (E)	Prank Ptr Yvon	2006 ESPY Awards (N) (E)	Movie: "Plague City: SARS in Toronto" (2005)	American Chopper "Billy Joel Bike" (E)	HomeTeam K. Possible Phil	Pepper Dennis "Pilot"	MovieTV StarTV	Maximum Exposure	
4 PM :30	Movie: "Blue Streak" (1999) (PA)	Caitlin 2nd Chnce	Heartbeat (E)	Monarch of the Glen Fortune	News	News	Junkie-Women	News (E) ABC News	News (Live) (E)	Makeover: Home	Being Ian (E)	2006 ESPY Awards (N) (E)	Movie: "Plague City: SARS in Toronto" (2005)	American Chopper "Billy Joel Bike" (E)	HomeTeam K. Possible Phil	Pepper Dennis "Pilot"	MovieTV StarTV	Maximum Exposure	
5 PM :30	Movie: "Blue Streak" (1999) (PA)	Can Files	National Geographic "Killers in Eden"	Deteline NBC (E)	60 Minutes (E)	Intervento n (N) (E)	Makeover: Home	Vanity Insanity (E)	Simpsons Amer Dad	Romeo! "Ro's Trip" (N)	Prank Ptr Yvon	2006 ESPY Awards (N) (E)	Movie: "Plague City: SARS in Toronto" (2005)	American Chopper "Billy Joel Bike" (E)	HomeTeam K. Possible Phil	Pepper Dennis "Pilot"	MovieTV StarTV	Maximum Exposure	
6 PM :30	Movie: "Blue Streak" (1999) (PA)	Can Files	National Geographic "Killers in Eden"	Deteline NBC (E)	60 Minutes (E)	Intervento n (N) (E)	Makeover: Home	Vanity Insanity (E)	Simpsons Amer Dad	Romeo! "Ro's Trip" (N)	Prank Ptr Yvon	2006 ESPY Awards (N) (E)	Movie: "Plague City: SARS in Toronto" (2005)	American Chopper "Billy Joel Bike" (E)	HomeTeam K. Possible Phil	Pepper Dennis "Pilot"	MovieTV StarTV	Maximum Exposure	
7 PM :30	Movie: "Blue Streak" (1999) (PA)	Can Files	National Geographic "Killers in Eden"	Deteline NBC (E)	60 Minutes (E)	Intervento n (N) (E)	Makeover: Home	Vanity Insanity (E)	Simpsons Amer Dad	Romeo! "Ro's Trip" (N)	Prank Ptr Yvon	2006 ESPY Awards (N) (E)	Movie: "Plague City: SARS in Toronto" (2005)	American Chopper "Billy Joel Bike" (E)	HomeTeam K. Possible Phil	Pepper Dennis "Pilot"	MovieTV StarTV	Maximum Exposure	
8 PM :30	Movie: "Blue Streak" (1999) (PA)	Big Brother 7: All-Stars	The Royal (E)	Mystery! (N) (E) (DVS)	Big Brother 7: All-Stars	CSI: Miami "Identity"	Makeover: Home	Simpsons Amer Dad	Big Brother 7: All-Stars	Prank Ptr Yvon	2006 ESPY Awards (N) (E)	Movie: "Plague City: SARS in Toronto" (2005)	American Chopper "Billy Joel Bike" (E)	HomeTeam K. Possible Phil	Pepper Dennis "Pilot"	MovieTV StarTV	Maximum Exposure		
9 PM :30	Movie: "Blue Streak" (1999) (PA)	Makeover: Home	The Jewel in the Crown	The Pacific War: They	Law Order: CI	Cold Case "Detention"	Flip This House (E)	Desperate Housewives	Family Guy	Family Guy	Ghost	Running: Marathon	Cold Case "Detention"	American Chopper "Billy Joel Bike" (E)	Star Trek: Enterprise	Movie: "Stand by Me" (1986)	Charmed (E)	(9-15) World Poker Tour (E)	Maximum Exposure
10 PM :30	Movie: "Blue Streak" (1999) (PA)	Makeover: Home	FullCircle	American Newsroom	Crossing Jordan (E)	Without a Trace (E)	Junkie-Women	Grey's Anatomy (E)	Crossing Jordan (E)	News (E) Joey (E)	15/Love Ready-Not	Road Trip Motoring	Whitler (N) (E) (DVS)	Star Trek: Enterprise	Movie: "Inferno" (2001) Janet Gunn.	Sex & City	Charmed (E)	Elimidate	
11 PM :30	Movie: "Blue Streak" (1999) (PA)	News (E) Okanagan	Edge SportFish	MontyPyth	News (E) Sports	News Backroads	Intervento n (E)	Van Impe	News (E) House	Will-Grace My Media	Madison Hollywood	SportsCentre (Live) (E)	MythBusters (E)	24 (E)	Sex & City	"Urban Cowboy" (1980)	Elimidate		

MONDAY, JULY 17, 2006

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 24 rows (6 AM to 11 PM) listing TV programs and their channels.

monday movies

MORNING

7:00 am WTBS (3) ★½ "Hardball" (2001, Drama) Keanu Reeves. A self-ish gambler works off his debt by coaching a baseball team comprised of underprivileged youths. (E)

EVENING

9:00 pm WTBS (3) ★★ "Underworld" (2003, Horror) (PA) Kate Beckinsale. A female vampire tries to protect a medical student from werewolves intent on creating a hybrid species. (E)

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WWW.thenewsleader.ca

Let's Play Princeton Trivia!

Question:

What's Treasure Mountain's 'claim to fame?'

Last Week:

The Hudson's Bay Brigade Trail went through Tulameen - then known as Otter Flats - in 1846.

www.princetonmuseum.com

Brought to you courtesy of: PRINCETON MUSEUM

news leader puzzle page puzzle maps of exploration

Draw a line on the map from (bracketed clue) solution to (bracketed clue) solution



The Stone Wall around St. Malo, and the shore of France slowly disappeared over the horizon as the two wooden ships headed west out into the North Atlantic. It was a bright May day as the Atlantic swells were broken by the prow of the ship. The trip to (ding dong + e) Isle off Newfoundland, a windy 20 days and over 2500 miles(4000K). We were in search of the Northwest Passage to Cathay and headed west into uncharted waters through a Strait but were frightened to be surrounded by hundreds of chattering, clicking and diving (beautiful uga) mammals that accompanied us for many hours south west as we paralleled the coast. West through open water we found the (named for Holy Lady) Isles. Then further west onto Prince Edward Island "PEI" and north west along the coast where we encountered many canoes filled with natives called (slang for Irish Scots persons). They were friendly and we traded and feasted. Continuing our quest north west towards the (sudden breath intake + e) peninsula we encountered more natives, called Huron, fishing in a bay. Their Chief Donnacona allowed us to take two of his sons with us to become interpreters. Our supplies were running low so after claiming the Land for France the Captain decided to sail home to return later with a larger expedition.



SOLUTION: You have just followed the first journey of Jacques Cartier in 1534 who explored Eastern Canada and claimed the lands for France. CLUES: ding dong + e, Isle = Belle Isle, beautiful uga = Beluga, named for Holy Lady, Isles = Magdalen Isles, slang for Irish Scots persons = Mic Mac people, sudden breath intake + e = Gaspé.

ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



notice

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PRE-OWNED RIFLES.
FOR MORE
INFORMATION CALL RON
AT PRINCETON
OUTDOOR SUPPLY
295-0450 OR 295-0319

services

TIN MAN

METAL ROOFING
Sales • Installations

295-3743
1-888-647-3377

Jul 06-tfn

help wanted

COMPUTER TRAINING

DIPLOMA PROGRAMS

- Desktop Publishing
- Office Administration
- Administrative Assistant
- Computerized Accounting
- Microcomputer Business App.
- MOA-Medical Office Assistant
- PC Troubleshooting and Repair
- AutoCAD-Computer Aided Design

"Job Placement Assistance"

Over 160 Courses

ACADEMY OF LEARNING

LOCAL CALL 310-JOBS (5627)

help wanted

Sandman Hotels, Inns and Suites are looking for relief management couples/teams to help manage our properties in the Inns Division. Please fax your resumes to (250) 314-0705 to the attention of Joey Cruz. Only candidates selected for interview will be contacted.
Jul 04-18 (b)

notices

Space available for Vendors during Tulameen Family Fun Days (August Long Weekend). For more information call (250) 295-6489 or Larry at 295-7005. Jul 11-25

card of thanks

Princeton Performing Arts Society sends a huge thanks to Jack and Bob Pelly for supplying our float trailer and vehicle as well as a place to do the work, Betty Pelly for the inspiration, Darwin and Jerry for the construction, Eden for the cool sign, Sylvia for the organizational skills and the whole great gang for their energy, enthusiasm and optimism. We did wonders with a tiny purse and lots of inspiration and ideas. Congratulations to us!

Examine your relationship with God. Free..at the Church of your choice.

1-bedroom suite with large sundeck, 10 KM out on Similkameen River. S/F. Prefer someone with some horse savvy. Pasture available for horse. Earn some rent back (\$10.00 per hour) by caretaking (plus yard work) at a small farm. N/S. Quiet person. References required. \$500.00/month includes utilities. (250) 295-7861. June 29-dfn

Neat, small 2-bedroom home in Allison Flats. Looking for long-term, quiet tenants, 2 (max). No indoor smoking or pets. Nice yard, new bath, well maintained, \$625 per month plus utilities. Faces park, established area, pleasant neighbours. References and security deposit required. DRIVE BY 226 Allison Avenue and call to request showing: (250) 686-1392. Available August 1st. Jul 11-dfn

Office space available (12 x 12) in the centre of the busiest block in downtown Princeton. Storefront location would be ideal for business professional or part-time office for larger business based out of town. Call (250) 295-6905 for details. Jul 11-dfn

1-bedroom home. Re-done. Has new appliances. \$450/month. Contact RE/MAX Property Management at (250) 295-3222. Jul 11-dfn

wanted to rent

Young working couple, with baby on the way, looking to rent a clean, affordable 2-3 bedroom home within town limits. Must allow pets. References available. Call (250) 295-3986 after 4:00 PM. Jul 11-25

Congratulations to Colin Wiren of Princeton. He is the winner of Princeton Ground Search & Rescue's 2006 gun raffle. (Gaming Event License #TR-RG26179). PGSAR would like to thank everyone who purchased tickets in support of our teams training programs, also a special thanks to Ron & Loretta Young of Princeton Outdoor Supply for their support.

for sale

1984 VW Westfalia in great condition. \$6,500.00 FIRM. (250) 295-0162.
Jun 27-Jul 11

notices

WAREHOUSEMAN'S LIEN ACT

Attention: Jacqui Parry
#53 Pines Trailer Park
Princeton, BC
VOX 1W0

The contents of Unit #69 at Dewdney Trail Self Storage Ltd. have accumulated storage costs amounting to One Hundred and Fifty-Six Dollars and Eighty Cents (\$156.80). If you have not paid this outstanding account by Thursday, July 13th, 2006, the contents will be sold by auction on Sunday, July 16th, 2006 to cover storage costs.

IN MEMORIAM
DONATIONS TO THE
B.C. & YUKON HEART
& STROKE
FOUNDATION
Box 1838, Princeton, B.C.

IN MEMORIAM
DONATIONS TO THE
CANADIAN CANCER
SOCIETY
CALL DIANNE @ 295-6648
Box 1906, Princeton, B.C.

for sale

Visit www.thenewsleader.ca for more Classified Ads. For more information on advertising online call (250) 295-4149.

PARTS. 1978 Ford Bronco 4x4. Straight axle, all run. Gear - no motor. (250) 295-0039. Jun 27 - Jul 11

1991 Ranger XLT 4x4, canopy, power windows and doors. Good shape. \$2,500 OBO. (250) 295-3099 or leave a message. Jul 04-18

Trailer for sale. 1976 Prowler Trailer. 22-foot, sleeps 7. \$2,500.00. (250) 295-6472. Jul 11-25

WOOD PELLET SALES & DELIVERY

Call
Princeton Rentals
(250) 295-6545

services

RANDALL PAINTING

(250) 295-5518 - evenings
Interior/Exterior Painting
Drywall Repair - Minor Home Renos
Reasonable Rates - Free Quote
Jul 11-Aug 01

for rent

3-bedroom house in the country. References required. Call (250) 295-6468 after 6:00 PM. Jul 11-25

Examine your relationship with God. Free..at the Church of your choice.

LIMITED PRINT BLAKEBURN MAP

"DELUXE EDITION"

is now available at
Princeton Pharmasave and Chamber of Commerce

From the Author of:
"Blakeburn - B. C.'s Forgotten Ghost Town"

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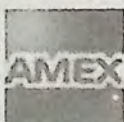
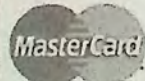
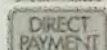
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Out-of-Valley, British Columbia
Rural or Box (VO), Regular \$ 40.90
Rural or Box (VO), Senior \$ 35.90
Delivery to Door, Regular \$ 53.80
Delivery to Door, Senior \$ 48.80

Out-of-Valley, Alberta, Rest of Canada
Regular \$ 53.80
Senior \$ 48.80



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Pay for 2 weeks and get the third week FREE!
(.5¢ for each additional word)



All Classified Ads must be paid in advance!

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MasterCard, Visa or American Express.



WEEKLY DEADLINE IS 12 NOON FRIDAYS



for rent

FOR RENT

• UPPER DUPLEX, 2 BDRM,
LARGE LIVINGROOM,
\$500/MO INCLUSIVE DRIVE
BY 1088-7 MILE RD. TO
VIEW.

Drive by then call Neil at
295-6977 Mar 23-tfn

for rent

Drinking a problem?

Alcoholics Anonymous
Meets 7:30 PM Thursdays
At The Anchorage, 136 Vermilion Ave.
Fred 295-7272 / Rene 295-3853

www.thenewsleader.ca
online classifieds!

help wanted

DAIRY QUEEN

Hiring for full & part-time positions. Front of the house, back of the house. Experience not necessary. Wage dependent on but not limited to level of experience. Drop off resume in Person at the Princeton Dairy Queen.

Jan 25-tfn

for sale

ALL NATURAL
NO ANIMAL BY-PRODUCTS
100% ALL VEGETABLE
GRAINED

ORDER SOON FOR
BABY BEEF
LATE LAMB AVAILABLE SOON
(250) 295-3739

Jul 19-tfn

services

Cover2Cover Bookkeeping & Office Services

Fax Services
Scanning
Word Processing
Resumes - Letters

(250) 295-6905
226A Bridge Street

services

RENT THIS SPACE

\$5.00+ GST per Week
(250) 295-4149

Drinking a problem?

Alcoholics Anonymous
Meets 7:30 PM Thursdays
At The Anchorage, 136 Vermilion Ave.
Fred 295-7272 / Rene 295-3853

for rent

Silver Crest Housing

For Seniors 55 & Older
Bachelor Suites, \$225/mo
1-bedroom, \$300/mo

Contact: Alice Cook
(250) 295-6136

Or Helen Gallagher
(250) 295-3825

Jan 18-tfn (b)

Similkameen News Leader

There Are No Chains On Us!
Locally Owned - Locally Operated



PROVINCE OF BRITISH COLUMBIA
MINISTRY OF FORESTS



BC TIMBER SALES TIMBER SALE LICENCE A75828

Take notice that, pursuant to Section 20 of the *Forest Act*, timber sale licence A75828 is being offered for sale by the BC Timber Sales Kamloops Business Area.

Closing Date/Location: July 20, 2006 at 2:00 PM.

Applications will be accepted by the Timber Sales Manager, Kamloops, BC Timber Sales Office, 1265 Dalhousie Drive, Kamloops, BC V2C 5Z5.

Geographic Location: Elusive Creek

Field Unit: Cascades

Estimated Volume: 54,567 cubic meters, more or less

Species: Lodgepole pine 50,936 m3 (93%), Spruce 2,556 m3 (5%), Balsam 569 m3 (1%), Douglas-fir 507 m3 (1%), more or less

The preceding volumes are estimates based on statistical samples. Bidders are strongly advised to conduct a thorough field review to verify estimates.

License Term: 1 year and 5 months

Upset stumpage rate: \$28.40. The upset stumpage rate was determined in accordance with the Coast/Interior Appraisal Manual and applicable to all sawlog grades.

Tenders will only be accepted from individuals or corporations registered as a BC Timber Sales Enterprise in Category ANY. The successful applicant will be required to implement and conform to the Kamloops Business Area Environmental Management System.

Comments:

- This sale is designed to address epidemic mountain pine beetle infestation.
- Conventional harvesting except for 10% Cable harvesting.

Please ensure that you check the expiry date of your BCTS Enterprise registration before submitting a tender. You may check the status of your registration at the BC Timber Sales Website at: <http://www.for.gov.bc.ca/bcts/>

There is additional material that the applicant must consider in their application. This material which includes application forms and other information about the TSL can be obtained from the above BC Timber Sales Business Area Office, telephone (250) 371-6500, or by accessing the following website: <http://www5.for.gov.bc.ca/notices/init.do> - specify TSL A75828.

All tender information provided for this timber sale is subject to change. Any charges will be posted on the above ".../notices/init.do" site before the closing date of the timber sale. It is the applicant's responsibility to revisit this site to stay abreast of any changes that may affect their bid.

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my turn

Peter Pine's days are numbered

We're not sure why, but we're always on the lookout for a replacement for Peter Pine. We think that with the mountain pine beetle and all the damage resulting from a few thousand of those critters hopping from tree to tree that maybe the image of Peter Pine has become outdated.

Time for an extreme makeover...so to speak.

We think that if the Town of Princeton really needs a mascot of some kind to give us an identity, we should get into the current decade and promote something more up-to-date and hip to what's really going on in Princeton these days.

We honestly thought the idea of Marvin the Marmot was going to catch on and take on a life of it's own, but is he marketable?

The Economic Development Officer keeps telling us we have to 'brand' ourselves with a touchy-feely gimmick of some kind to attract tourists to our community.

What's more touchy-feely than a cute little marmot? We've been told that they really aren't as bad as believed and are likely safer to be around than we first thought.

So, why not retire Peter Pine? He's had a tough go of it what with the softwood lumber tariffs and fluctuating stumpage rates. He's due for a rest.

We can see it now, someone in town will grab the Marvin the Marmot idea and commission a design and mass produce stuffed marmots with 'I LIVE IN PRINCETON, WHY DON'T YOU?' embroidered across his back. They'll sell for \$11.95 each and the stores won't be able to keep them in stock.

Someone will eventually get the wise idea to ship one to the next Canadian astronaut to take up to the international space station and have astronauts, cosmonauts and what-nauts from other countries pose with him for a postcard which would appear at a store near you before the peak of tourist season.

Marvin the Marmot could do this town a whole lot of good. Imagine the heat he could take when local politicians are looking for a simple dodge or excuse for something that either went wrong or didn't happen according to plan.

"Ever since that darned marmot went into space, we've been too busy to pay attention to your (fill in the blank). We're all so proud of Marvin and you should be, too!"

Yep, everyone needs a little touchy-feely once in a while and we think Marvin the Marmot is the quick fix we've all been looking for.

Or maybe we could get Compliance Coal to back an idea of a stuffed lump of coal we'd call 'Co-CO2' and fire off one of those little gems to NASA for a ride in the Space Shuttle.

On second thought, maybe the heat's starting to get to us.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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your turn

Reader takes a look at the first six months

Dear Editor:

Let's review the first six months of our new federal government. Hidden behind the folksy charm of the new PM is his seeming obsession with building up our armed forces to help George Bush. Now we have the nauseating thought of a Prime Minister trading young Canadian lives for American friendship. Previous instances of bootlicking by our leaders did nothing to endear themselves to the Canadian public. Coming readily to mind is the image of Mulroney sitting on Reagan's knee singing Danny Boy while being shafted on the so-called free trade agreement.

Since 9/11 our neighbour to the south has acted like a wounded, out of control elephant. When Bush the younger got into trouble at school his mother must have told the principal that George is a very sensitive boy and he will behave if you hit the boy next to him. This lesson was not lost on the young Bush. His fathers ties to the Bin Ladens kept him from attacking Saudi Arabia (the home of the suicidal hijackers), so he attacked the country next to it, killing thousands of innocents with no end in sight. The lesson learned as a schoolboy also worked for him previously during the ill-fated Viet Nam debacle. In the great democratic fortress known as America, if your parents have influence you get to send the boy next to you to the killing fields.

I believe that as long as Bush is president, Bin Laden will not be captured because that would ruin a

fantastic money deal between the Bushes and Bin Ladens. However, what we will see is more Canadian youth in body bags, Canadian kids who have been brainwashed into thinking that they are helping to democratize a foreign country.

I write this missive to point out that our new government anxiously supports the wounded Yankee elephant while the majority of

Letter To The Editor

John pats some backs

The Editor,
Similkameen News Leader;

It is time to express gratitude and recognition to those owners of local businesses who, despite fighting the odds of non-caring landlords at the end of Bridge Street, are doing their best to improve and maintain the character of the town. These include the following;

- Copper Mountain Supply Store;
- Princeton Brewing, & Bike Shop;
- Rainbow's End;
- The Pawn Shop;
- Princeton Feed & Pet Supply;

Canadians just want to get out of his way. PM Harpers recent trip to Afghanistan might have garnered more support from the folks back home if he would have stayed there to lead the boys into battle--because if he really believes in his mission he should be prepared to back up his words.

Sincerely,
HPToews, Princeton

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- Curves;
- Dollar Store;
- PLP;
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To these businesses and their owners, thank you for doing your best to maintain Princeton clean and attractive despite the inaction of others.

John Akerley, Princeton

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Current Comment:

I'm so proud of Princeton



Dawn Johnson
editor@thenewsleader.ca

The annual celebration of Racing Days and Canada Day was a weekend that reminded me to be proud of Princeton.

My sister came to Racing Days for the first time. I had to teach her how to read the form and place a bet, but in no time, she was really into horse racing.

As the afternoon wore on, she said, "This is really very professionally done."

I told her, "It has to be. It has to meet the standards set by the Racing Commission and the Gaming Commission."

"I'm quite impressed," she said. The I told her how few people were paid and how the majority of the work done is done by volunteers. She was more impressed.

We went for Chinese food after the races, and she was impressed with the quality of food we were served. She is accustomed to Vancouver's Chinatown, and knows good Chinese food.

The next day, some members of our family went to the art show, and again, the comments were excellent. A remarkable array of talent was on display. Vermilion Artists members volunteered their time to organize the show and keep it open for everyone to enjoy.

We attended the concert at the museum, taking a break for dinner and returning. It was excellent. Who would have thought we would hear Inuit in Princeton, as well as all the other great local talent?

People remarked on the generosity of Ed Muckle in paying for the Kettle Valley Brakemen, but they were touched by the generosity of the musicians who donated their time and talent to make the concert a success. Any musician knows how much effort it takes to rehearse all the numbers, and then transport all of the instruments and sound equipment to the site, set up, perform, and then take everything down, pack it up, and take it home. To do all of this out of the goodness of their hearts is a real tribute to our town.

Other volunteers were on hand: Andrew Nordquist spent the day as sound man, while his brother,

Wade, and sister-in-law, Lindsay, gave out Canada Day cake. Nick Mills kept the museum open all day on a statutory holiday.

Among the events of the weekend, we saw a parade, and there was a pancake breakfast and duck race to enjoy. Our family had no golfers, but if any had shown up, they could have entered a tournament. All of these were organized by hard-working volunteers.

After the concert, I remarked to

my husband on how giving our citizens are with their time and talent.

"That's the way Princeton is. It happens all the time," he replied.

He is right. That is Princeton, and I feel very proud to belong to such a great community.

We are blessed by those who do so much for us.

Thank you, volunteers, for making our lives so rich and our community such a great place to live.

Marketplace Ministry

by Jim Caruso

Wives, submit to your own husbands.

It has been another busy spring and summer for weddings I was privileged to officiate at a couple of weddings this summer and attended others as a guest. At one of the weddings that I officiated this summer, the bride and groom and the guests were not regular church attendees, as are a lot of wedding congregations today. So, when I got to the part of the ceremony where I read the Scriptures in Ephesians that says Wives submit to your own Husbands, as to the Lord, the lady playing the music said that almost every womans head began to signal a negative response and immediately their lips moved silently yelling NO WAY! I missed this unified response. I soon was cornered at the reception by one lady with a video camera. She pointed the thing like a rifle in the hands of a confident marksman and asked me, What do you mean by this wives submit to your husbands stuff anyway? I was certainly feeling uncomfortable, as some of the other women who were at the wedding ceremony were now within listening range. I realized that I was not really on my own comfortable safe turf behind the pulpit in my church. So while being filmed, I began to explain what it meant for wives to submit.

I asked her with a fair amount of confidence, (knowing that if a fight broke out, most of the guys were on my side, even if they didn't know what I was about to say). If your husband really loved you unconditionally and treated you as equal with genuine care and concern, I don't think you would have any difficulty submitting to him, right? The camera was picking up not only the sights of mini talk show event, but also the conversation and recorded her affirmation. Yes indeed, she would have not difficulty submitting to her husband if that were the case, she responded.

I am not sure if the heads do not move and the lips do not scream silently in church when the portion of Scripture is read. Our society today views the traditional husband & wife relationship differently. Roles have changed in the nuclear family in the last 30 years. The sad part is that men are responsible for the neck jerking reaction of this Scripture, as they have abused the position of headship that Jesus established in them. Some men have taken his portion to mean, God said, You have to submit to me no matter what. WHICH IS A LOAD OF BUNK. Submission does not mean enduring any kind of abuse, (physical, verbal, mental, sexual), any neglect or where this is absolute control over ones life. It does mean that the husband has a responsibility to protect, love and provide for his wife, as he would do for himself. Paul in Ephesians 6: 25, in the Message of translation, says Husbands, go all the way in your love for your wives, exactly as Christ did for the church, a love marked by giving, not getting. Christ's love makes the church whole. His words evoke her beauty. Everything that he does and says is designed to bring the best out in her, dressing her in dazzling white silk, radiant with holiness. That is how husbands ought to love their wives. They're really doing themselves a favor, since they're already one in marriage.

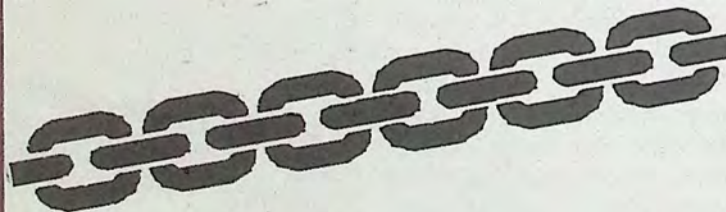
It really is not difficult to love your wife into submission, all you have to do is become self-less instead of self-ish. Your wife, men, should be your best friend, you should want to spend your time with her more than anyone else. You should want to encourage her, make her feel special, buy her flowers, just because, and make her feel like she is the most important person in the world. If you can accomplish these things in your relationship, submission will not be something that must be demanded, but something that will happen automatically on both sides.

Two weeks later I officiated at another wedding. During the rehearsal I asked if I could explain this portion of Scripture during the ceremony the next day. I did and left the reception that next day without any video interviews.

Pastor Jim Caruso
Oceanside Community Church, Parksville, BC

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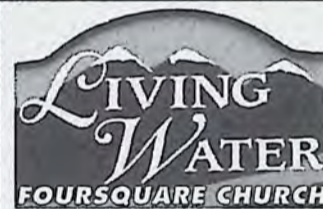
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Looking down Nickle Plate Mountain to Mascot Mine with Hedley far below (top left).



ANNUAL GENERAL MEETING

7:00 PM Wednesday, July 19th
Riverside Centre

Annual Reports - Payment of Dues - Election of Officers
NEW MEMBERS WELCOME
 INFORMATION: Dawn 295-6063



CFDC proudly promotes new client

In 1998, the Upper Similkameen Indian Band (USIB) negotiated an agreement with the Province of British Columbia to assume the rights to own, develop and operate the historic Mascot Mine as a tourist attraction. The nickel plate mine clings 2,800 feet from the valley floor, with ancient aboriginal diggings of ochre and chert.

After planning and feasibility analysis, the USIB formed a solid board, and developed a dramatic concept of tours incorporating the underground experience with an eco-cultural interpretive centre themed around 'Mining through the ages in the Similkameen Valley.'

The entire venture would be implemented in 3-phases involving work, time, and investment, but would create long-term jobs and inject capital into the economically depressed area.

The 2005 phase of the project focused on restoring the former Hedley School as the Snaza'ist Interpretive Centre and visitor base. This phase of the project created 15-18 construction jobs and 20 operations jobs.

The 9,000 square foot building received upgrades and retrofitting. Computers were purchased and installed, along with historical artifacts and exhibits. A gift/souvenir shop and snack bar was set up, and a bus was purchased to transport tourists from the mine site to the interpretive centre. The first tour groups in 2005 gave rave reviews. The Band also hosted the first annual Paragliding Fly-In in October 2005 - where Paragliders from around the world experienced the strong thermal activity, launching from above the Mascot Mine site.

Assistance to cover these expenses was promised from Aboriginal Business Canada (ABC), but could

only be injected once USIB obtained bridge financing. CFDC fit the program perfectly. Disbursement of CFDC monies triggered the disbursement of the ABC funds in the Spring of 2006.

The Band has now begun the final development of the RV Park and campground site beside the Similkameen River (between Hedley and Princeton), with an anticipated opening in early Summer 2006.

This enterprise will create another 8-10 jobs during the summertime operation, and maintain 4-6 jobs in the off-season. Other future plans include the development of the old Bunkhouse building as an up-scale boutique inn and seminar space, and the restoration of the Nine

Hole Golf Course in Hedley (one of the earliest golf courses in BC originally constructed in 1914). The increased tourist traffic is expected to generate development of other micro enterprises throughout the area as well.

Chief Rick Holmes adds "We are determined to achieve our goal of a major-cultural tourism opportunity that will create economic wealth for native and non-native alike...and bring golden prosperity back to the Similkameen Valley. We believe that the story is to be told of mining history that goes back thousands of years...and that we are providing a stage that will take your breath away."

- from CFDC 2005/2006 Annual Report, June 2006

Letter To The Editor

Joy says 'thanks!'

To The Editor,

Congratulations to Ed and all the performers who performed at the Museum July 1st. You did a great job! A very enjoyable afternoon. Princeton and Coalmont have a lot of very talented people.

As usual, only a very small amount of people turned out to enjoy the excellent

show. Princeton people have a very BAD habit of not supporting the efforts of a few people who try to make life a little more enjoyable for the rest of us.

Too Bad, So Sad. You missed a great show. Hope they do it again next year and maybe a few more people could show up.

- Joy Walker, Princeton

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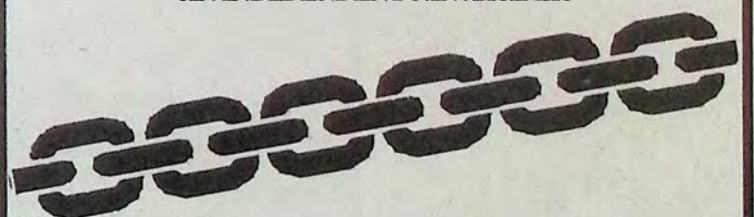
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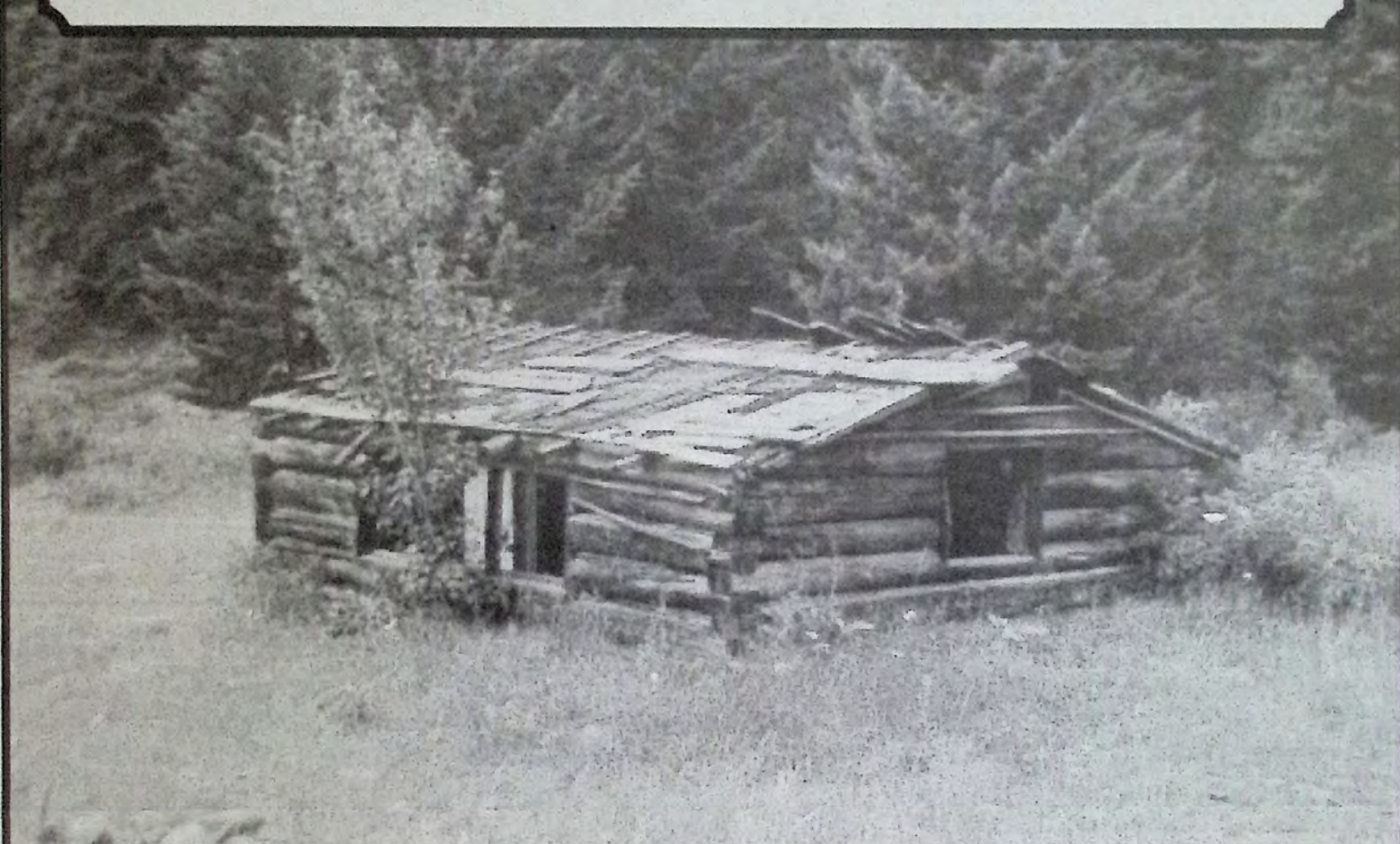
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Jack Layton

FEDERAL NDP LEADER AND

Alex Atamanenko

MP, BC SOUTHERN INTERIOR
& FEDERAL AGRICULTURAL CRITIC

TO VISIT OKANAGAN-SIMILKAMEEN

FRIDAY, JULY 14th

Princeton: 12 Noon

BBQ in front of Princeton Museum (167 Vermilion)
and Official Constituency Office Opening!

Oliver: 7:30 PM

Reception, Royal Canadian Legion
(36217-97 Street)

EVERYONE IS INVITED TO MEET JACK AND ALEX!

For more info call:
1-800-667-2393



A bird's eye view of Bridge Street (thanks to Pharmasave) during the annual Show 'n' Shine last Saturday to benefit Princeton General Hospital and Children's Hospital. Town Council supported the show this year by allowing two blocks of the downtown main street to be closed to traffic to allow room for the car show.

Safety seat saves infant, mother dies

A 14-month old infant survived a car crash July 4th but tragically, the child's mother lost her life. The accident happened 12 kilometres east of Princeton. The car had missed a corner and plunged down an embankment.

RCMP Traffic Service are investigating the single car accident which happened in the afternoon. Police say a 1995 Cavalier travelling West missed a curve, went down an embankment, and flipped.

A 20-year old female was partially ejected from the car and was pronounced dead at the scene. A 14-month old infant secured in her safety seat in the back of the vehicle was not injured. Alcohol and

speed are not a factor.

The Coroner is helping RCMP with their investigation to try and find out what happened.

At press time the RCMP had indicated family members had requested the driver's identity not be released to the public.

RCMP looking for golfer

Police have received and are investigating reports of someone on Panorama Crescent driving golf balls off their back property.

This has caused damage to a vehicle on Corina Avenue, as well is a public safety concern for people residing in the area. A golf ball hit from that distance and height could

cause serious injury and extensive damage to property.

Police seek the public's assistance in identifying the person responsible. Call the RCMP Princeton Office at (250) 295-6911 or CRIMESTOPPERS at 1-800-222-8477. Criminal Code charges could result if this problem persists.

NDP leader hosts BBQ

NDP Leader Jack Layton will be visiting NDP MP Alex Atamanenko (Southern Interior) on Friday July 14th.

Layton will participate in the opening of two new part-time constituency offices for the riding one in Oliver and one in Princeton.

"Layton was here last winter, on the election trail, and I'm thrilled to see him back in the riding this summer. Not only will he visit the Okanagan-Similkameen area, he will also discuss important riding issues with my constituents," said Atamanenko.

Layton's itinerary includes a visit to

the Mascot Mine Interpretive Centre in Hedley, a world class tourist attraction run by the Upper Similkameen Indian Band. He will also meet with Chief Rick Holmes.

The public is invited to two events with NDP Leader Jack Layton and NDP MP Alex Atamanenko.

A barbeque at 12 Noon at Princeton Museum on Vermilion Avenue, followed by the official opening of the Princeton Constituency Office and a Reception to be held in Oliver Royal Canadian Legion later that evening at 7:30 PM.

Princeton has flaws for disabled

In a letter to Town Council, Ken Carlson points out things Council could do to make life easier for people in wheelchairs. He states, "Princeton is not an accessible community".

He suggests painting the wheelchair sign on the asphalt of designated parking spaces, making the spaces wider than normal to allow room for a wheelchair alongside a vehicle, and improving curbing to allow wheelchairs to move more easily.

Council took no action on the suggestions, but will consider Carlson's points.

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Another bird's eye view of the Show 'n' Shine (thanks to Pharmasave) while cars were still being put in place for the annual event on July 8th.



Classic Ford!



The view in front of the News Leader office during Saturday's Show 'n' Shine. Businesses on the two blocks of Bridge Street that were closed for the event were surveyed by organizers for feedback and all businesses contacted supported the closure to regular traffic to allow the car show to expand and fill up the downtown core.

SINCE 1973

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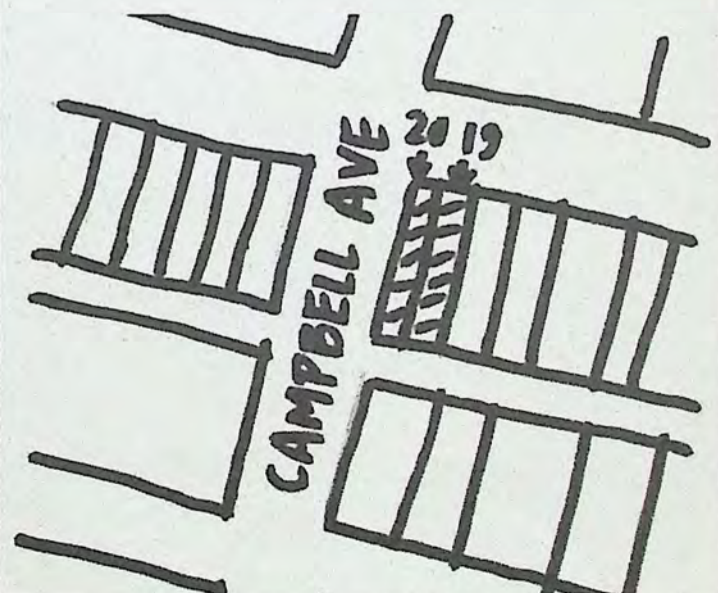
Land Act:

Notice of Intention to Apply for a Disposition of Crown Land

Take notice that James McCulloch of Deroche BC, intends to make application to Integrated Land Management Bureau (ILMB), Southern Service Region - Kamloops Service Centre, Crown Land Adjudication office, for a Crown grant for residential purposes covering Lots 19 & 20 Block 14, District Lot 99, Yale Division Yale District Plan 1003 situated on Provincial Crown land located in the vicinity of Coalmont.

The Lands File Number that has been established for this application is 3411301. Written comments concerning this application should be directed to the Section Head, Crown Land Adjudication at 3rd Floor, 145-3rd Avenue, Kamloops, BC V2C 3M1. Comments will be received by ILMB until August 19, 2006. ILMB may not be able to consider comments received after this date. Please visit our website at www.lwbc.bc.ca under Search --> Search Land Applications for more information.

Be advised that any response to this advertisement will be provided to be public upon request.

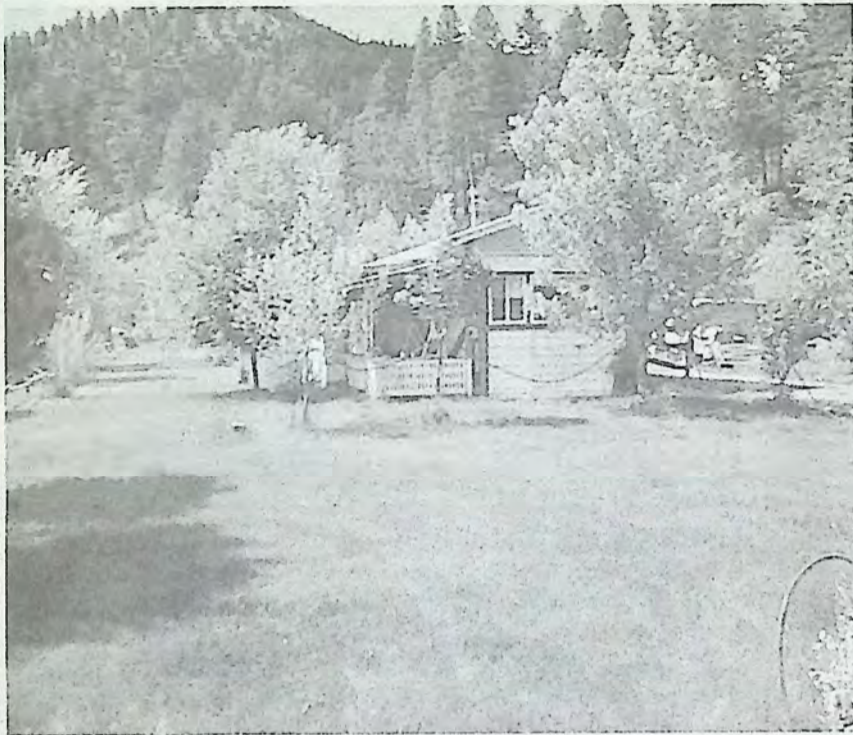




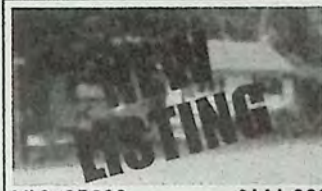
The right advice makes you money.



THIS WEEK'S FEATURE



MLS #35386 1064 Hayes Creek \$133,000
Great for a getaway or retirement. Mobile with addition on 1.30 level acres. Mountain views.



MLS#35688 \$111,900
Move in and start your hobby now! Great home in scenic Hedley. Remodeled 2x6 walls, newer furnace and hot water tank, open plan. 13x21 finished workshop plus more!



MLS#35179 \$79,900
Excellent investment property. 3-bedroom, 4 appliances, alley access.



MLS#35389 \$348,000
Beautiful creekfront home in Tulameen. Spacious open plan, 2 decks, sheds.



MLS#35243 \$162,700
2-bedroom, 2-bath townhouse on one level. Private yard with patio.



MLS#35687 \$73,500
.46 acre at Link Lake. Boat launch nearby. Treed with level building sites.



MLS#34946 \$69,000
Nice little business located at the end of Bridge Street downtown.



MLS# \$359,000
Fabulous property with Highway frontage. Excellent water and valley views.



MLS#35180 \$349,000
Building only on large lot with highway frontage. Long-term tenants.



MLS# \$105,000
2 titles with this delightful home on beautifully landscaped and fenced property.



MLS# \$189,900
Fabulous family home. Excellent location, jacuzzi tub, major upgrades.



MLS#35665 \$159,900
Park-like 5-acres only. 23-km from town with well. Backs on creek.



MLS#35529 \$209,900
Newer mobile home on level 5 acres. Several out buildings.



MLS#35587 \$210,000
3-bedroom, 2-bath home on 2nd Bench. Partly finished basement, fenced yard.



MLS#35220 \$142,000
Great location in Tulameen. Very private lot. Older trailer on site.



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