

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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Town signs land agreement

The Province, Town and USIB to work together



The staff at Copper Mountain Bar & Grill get into the spirit of Halloween last Saturday night. *

The Province, the Town of Princeton and the Upper Similkameen Indian Band have signed a Statement of Intent to work together to develop a parcel of Crown land for potential residential development, announced Agriculture and Lands Minister Pat Bell.

"This agreement demonstrates government's commitment to further strengthening our New Relationship with First Nations, and to building strong, economically viable communities throughout the province. It also furthers one of my ministry's main goals, to improve access to Crown land," said Bell.

The large, undeveloped parcel is just over 28 hectares and is located within the municipality of Princeton. The site has excellent potential for resi-

dential development as it is close to year-round outdoor recreation activities such as skiing and hiking.

"This is the type of partnership that exemplifies the whole concept of the New Relationship," said Chief Rick Holmes of the Upper Similkameen Indian Band. "Here we have the Province, First Nations and the local community working together for a common good. Everyone wins."

The Upper Similkameen Indian Band first approached the Integrated Land Management Bureau in July about jointly developing the parcel. Upon consultation, the Town of Princeton confirmed they would support the proposal and, by September, all parties met to discuss forming a joint partnership to develop the land.

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SOS prepares to send out warning signal

The recently formed Save the Okanagan/Similkameen (S. O. S.) group met last Wednesday night at Riverside Centre to plan for meetings scheduled for later this week.

The meeting, chaired by Brad Hope, was informal but covered a number of key points.

The main purpose of the meeting was to brainstorm as the committee prepared for presentations to be made at a public information meeting set for November 1st at Riverside Centre. The meeting, set to start at 7:00 PM, will feature two guest speakers. Karen Campbell of the Pembina Institute and Casey Brennan from Wildsight will present information on the toxic elements found in coal emissions as well as discuss British Columbia's government regulated standards for these emissions and potential health and

environmental impacts.

The SOS group is currently attempting to create and direct a wave of letters of opposition to be sent to various government officials using as many special interest groups as possible throughout the Similkameen Valley.

There are a total of three meetings currently scheduled to discuss the matter, with particular reference to the Compliance Energy proposed coal-fired power plant near Princeton. In addition to the November 1st meeting in Princeton there will be another one the following night in Victory Hall in Keremeos at 7:00 PM as well as a meeting hosted by Yale-Lillooet MLA Harry Lali on November 9th at Riverside Centre at 7:00 PM.

"It's important that public opinion be heard," Hope told the SOS meeting.

The group will also prepare an information brochure to hand out to anyone who wants to learn more about the harmful effects of emissions to health and environment.

"We need a good information package on everything from mercury to CO2 to give out," Hope told the gathering.

Although members are certain Compliance will counter any information used by SOS, the group plans to put together an information brochure built on solid, proven facts with source information noted for anyone to investigate further.

The group discussed the difference between the proposed Compliance project and the coal gasification method and emissions.

Hope explained that a pulverized coal project is "dirty, but it's cheap" and noted that while gasification would be a better method to use to create energy, it would also be much more expensive for Compliance to utilize.

He stated that for the sake of the Similkameen Valley and its residents, a pulverized coal project "is not good enough. We have to do better."

Hope also said there are currently two coal gasification power projects in operation in the United States with many more applications in place for throughout the US and Canada.

Emission standards were an issue in the meeting where SOS

Committee member Mary Masiel stated, "Even with low emissions you're going to have something which will lead to health concerns."

It was also stated that the number of jobs promised by Compliance seems to fluctuate and Hope defended the emotional part of the project related to employment.

"We need jobs. I have no problem with that."

However, the perceived sacrifice has his attention.

"I have a problem with neurological disorders and birth defects. When you compare people's health with dollars I think you have to come back to health," Hope pointed out.

This led him to remind all in attendance that this was the reason why SOS has to be a strong voice defending the Similkameen.

"Are we so desperate in Princeton that we have to take the junk?"

In addition to the information brochure, the group decided to go to residents in public locations during this week to distribute informa-

tion before the public meetings.

Additional promotion of the meetings will be taken care of through a phone campaign, posters around town as well as advertising using a variety of methods.

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UBCM discusses coal plant

by Dennis Walker, Giant-FM Newsroom

A total of 18 Directors of the Regional District Okanagan Similkameen (RDOS), which includes Mayors and other elected officials from communities in the Okanagan and Similkameen, spent a week in day-long meetings as part of the annual Union of British Columbia Municipalities (UBCM) meetings in Victoria last week.

Some of the discussions last Wednesday revolved around the

proposed coal-fired power generation plant near Princeton.

RDOS Chairman Dan Ashton says the RDOS had a message that was heard.

"We expressed our concerns about air quality and coal-fired technology being proposed but, as we all know, the environmental process has to take place and we'll go from there."

Ashton sounded optimistic following discussions on the project.

"The Ministries (we spoke to) have been very receptive to our concerns."

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Dave Mack

Home is here for Sharon

When she first came here, she had nothing but her clothing. Today, she has an apartment with her own furniture, dishes, television set and good neighbours.

Sharon Geluch marks 25 years since she left Tranquille, a facility for developmentally challenged

people, to come to Princeton. This is a milestone in her life, along with her 60th birthday, which she will celebrate soon with a party at New Beginnings.

Sharon remembers her life in Tranquille. She was 35 years old when she left, and she has never forgotten being locked in a room, never allowed to go anywhere, and kept on drugs.

When she first came to Princeton, she learned about living in her own apartment, shopping for her own groceries, having a bank account, and a job at the Mini Chef Restaurant. It was a new world for her.

Sharon did not speak well when she moved here, but thanks to two facial surgeries, she now can communicate.

A visit with Sharon is always pleasant. She is a shy person, a little bit reserved but she is a loving

person. Her apartment is neat, and she does her own laundry and cleaning. She admits she needs help with meals, but she enjoys grocery shopping. Occasionally, when in Penticton, she will shop in a mall, which is quite an outing for her.

Sharon likes exercise, and walks back and forth to New Beginnings, where she visits with friends and has lunch.

Her best holiday was spent in Disneyland, and she hopes to go there again one day.

After 25 years, Sharon says Princeton has been good to her, and she likes the people at Community Services who help her live a relatively normal life.

October is Community Living Month. Sharon Geluch is one of the people who can tell you how important it is to live in a community and be part of it.

Fall Fair plans more fun next year

Fall Fair members met October 24. The main topic for discussion was 'what shall we do for fun next year?' A lot of ideas were presented, ranging from an arm wrestling contest to a crafter's challenge to a barbecue cook-off and paintball target contest.

The ideas will be presented in detailed written form at future meetings.

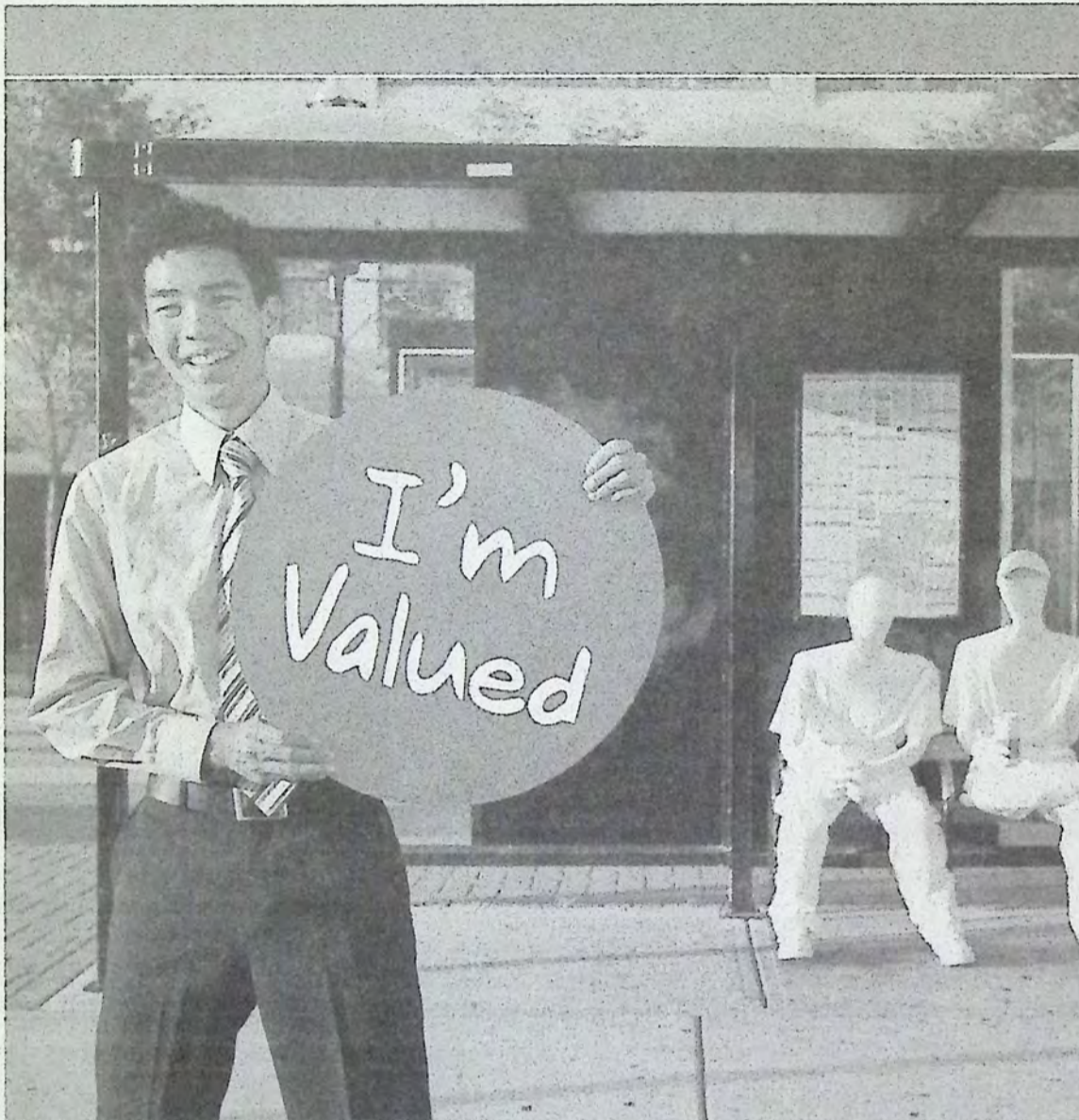
Other discussion included changes to the prize list booklet, and options for different entertainment.

There was discussion about

removing the old stage and bringing in a temporary stage, but both President Linda Allison and PXA President John Bey felt it would be a waste of money to put up a temporary stage when the money would be better spent on a permanent stage.

Plans for the annual general meeting were discussed. Dan Kastor and Fran Murphy volunteered for the nominating committee. The date, time and location of the AGM will be advertised in coming weeks.

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Princeton Pro Rodeo

ANNUAL GENERAL MEETING
7:00 PM, Friday, November 3

Princeton Town Hall

Anyone interested in becoming a member of the Princeton Pro Rodeo are more than welcome to attend!

For more information:
 Carol 295-7891

CRYSTAL METH

"An evil, vicious and unforgiving drug"

SPECIAL INFORMATION REPORT

Solicitor General John Les says "awareness is key to combating crystal meth use"

It has many names: crystal, glass, ice, crank, white pony, fizz wiz are just a few.

It is a highly addictive stimulant than induces a high that can last from two to 24 hours. It can result in long-term psychosis, brain damage or stroke. It can be purchased for as little as \$5.

It's crystal meth and the B.C. government is investing millions of dollars to fight the spread of its use among young people in the province.

Last October, Premier Gordon Campbell unveiled a \$7-million plan to combat the spread of crystal meth use and addiction by:

- encouraging community-based initiatives that will be funded by grants administered by the Union of B.C. Municipalities;
- assisting the provinces six health authorities to enhance existing treatment programs; and
- developing school- and broader-based public awareness cam-

paigns.

"Crystal meth is a big deal much bigger than \$7 million," says B.C. Solicitor General John Les.

Still, his government's \$7-million investment in a crystal meth strategy is indicative of how seriously Les and his colleagues are taking the problem.

With over \$1 billion spent on mental health and addiction services, there is more available to crystal meth addicts than that outlined in the \$7-million action plan, but targeted funding is meant to achieve certain things.

"Raising awareness is one of

those, and it's a critical component of the plan," says Les.

"People need to understand how dangerous the drug is," says Les, adding that the effects of crystal meth are often irreversible. "That makes it important to get the message out to young people who may think they are going to try it as a lark, just one time."

Les has a strong message for anyone contemplating using meth: The first time you take crystal meth might be your last. It is an evil, vicious and unforgiving drug.

Part of the government's meth strategy includes the establishment

of the Crystal Meth Secretariat. The secretariat - part of Les's ministry - was set up to help ensure that the meth initiative is implemented as a 'cross-government' strategy.

Les has seen first-hand the effects of crystal meth, having spent time talking to addicts on the streets of Victoria and Vancouver.

"When you see people who have used crystal meth in the past you see people in desperate shape," says Les, "people whose health is suffering badly."

And then there are the seasoned cocaine and heroin addicts who discover their drugs have been

mixed with crystal meth, leading them to places they never expected to be even though they are admitted drug users.

But meth use is not confined to the streets.

According to the Crystal Meth Secretariat, "a recent survey involving four B.C. school districts showed that up to eight per cent of students in grades 6-12 report having tried crystal meth in the 2005 school year."

Other statistics point to meth use among young people.

"One in 10 people between the ages of 15 and 24 have tried using the drug," Vancouver Coastal Health president and CEO Ida Goodreau said in March.

"So the fight against crystal meth is waged on two fronts," says Les: prevent as much as possible and then try to salvage as much as possible by treating those who have become addicted.

But treatment is not easy. Les notes that it's frustrating to treat crystal meth addiction - and it usually takes successive tries before an addict can get clean.

So as far as Les is concerned, the best avenue to treating meth addiction is clear: "There's no better treatment than prevention."

YOU CAN GET HELP

There is help for those affected by crystal meth.

The following numbers and web links will lead to information and assistance

for crystal meth users, their families and friends, as well as other service providers:

ALCOHOL AND DRUG INFORMATION AND REFERRAL LINE: 1-800-663-1441

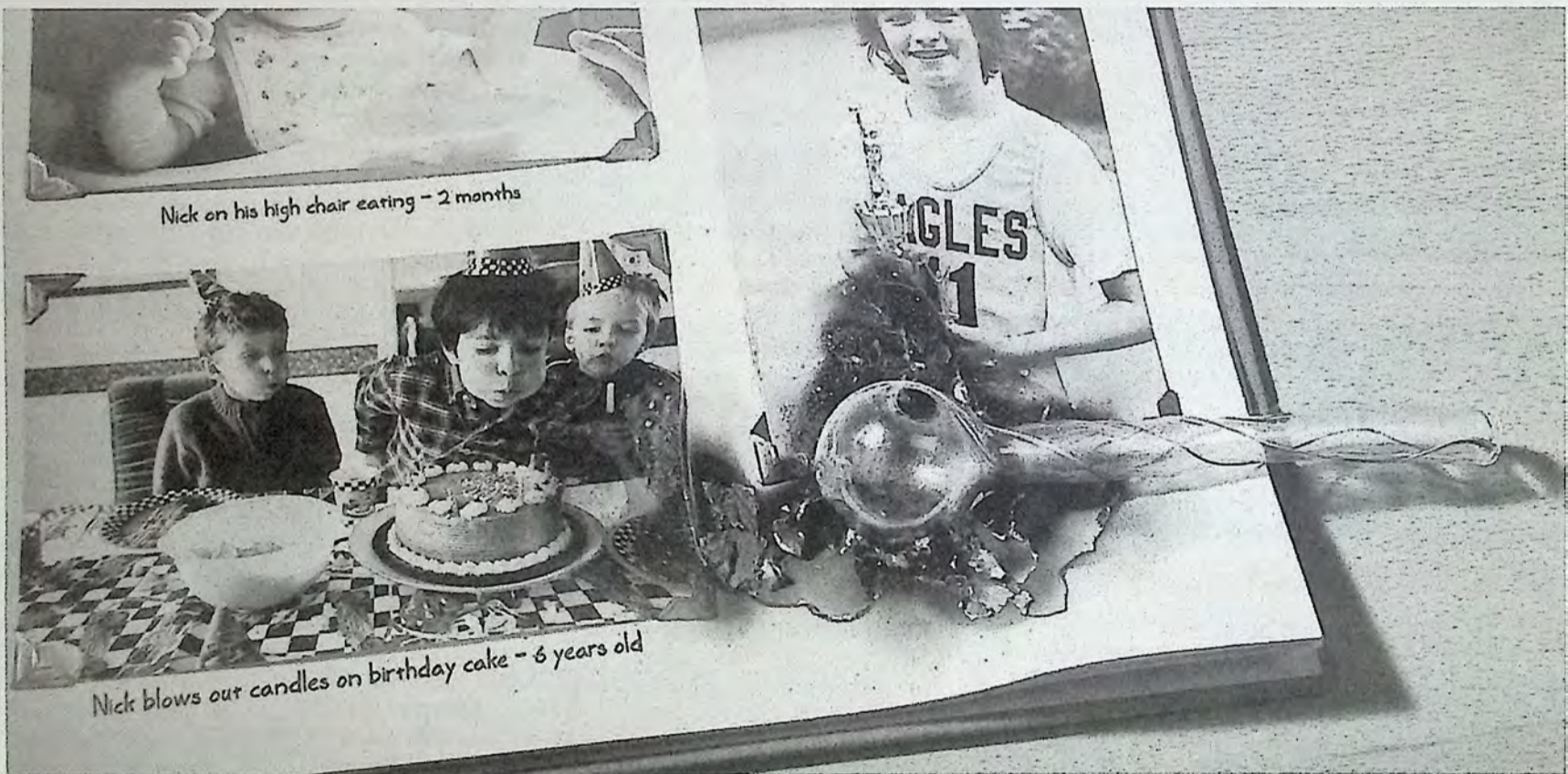
SUBSTANCE INFORMATION LINK: www.silink.ca

BC PARTNERS FOR MENTAL HEALTH & ADDICTION INFO: www.heretohelp.bc.ca

DIRECTORY OF ADDICTION SERVICES IN BRITISH COLUMBIA: www.kaiserfoundation.ca

CRYSTAL RECOVERY: www.crystalrecovery.com

- Information courtesy of the Crystal Meth Secretariat



You've had a lifetime to talk to your kids about crystal meth.
What are you waiting for?

Crystal meth is not an easy subject to discuss with your kids. But experts agree parents play a crucial role in preventing kids from taking meth. That's why the provincial government is introducing new tools and resources to help families fight this devastating drug. Together, we can stop meth from ruining a lifetime of memories.

For the facts on crystal meth and tips on how to talk to kids about it, visit www.no2meth.ca



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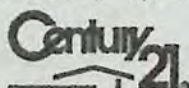
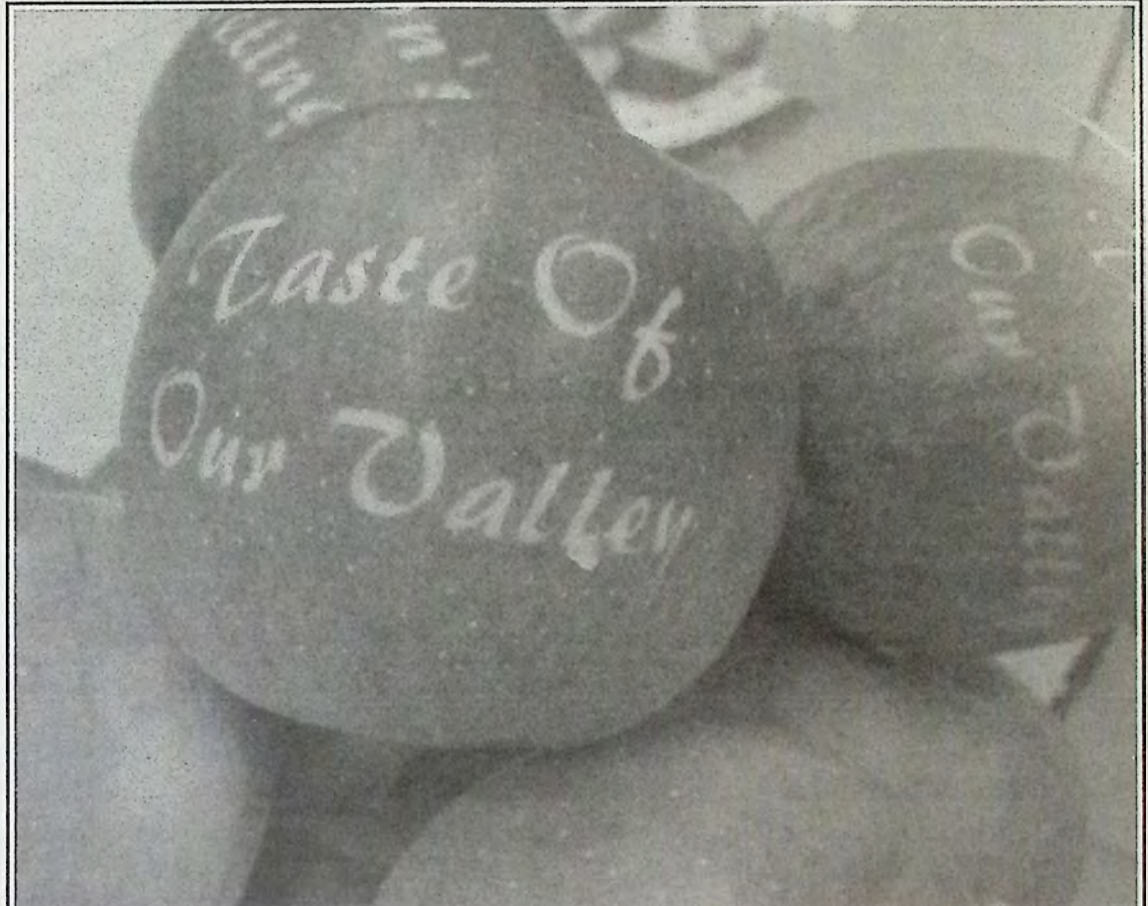
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Here's a unique product that was featured during Taste Of Our Valley October 21st in Keremeos. *

For some people, breathing hurts!

by Janice Perrino, Executive Director for the South Okanagan Similkameen Medical Foundation

At the Penticton Regional Hospital, the Respiratory Therapy staff perform tests that diagnose lung diseases and provide various levels of treatment and support to improve a patients health and quality of life.

To do this they require the best technology and equipment available. The South Okanagan Similkameen Medical Foundation assists in the purchase of this equipment with the support and generosity of donors from the communities in our region.

This year we would like to be able to purchase two new pieces of equipment. The first one is a Pulmonetics LTV 1000 Ventilator. It is a compact and versatile portable ventilation system for critical patients that require mechanical ventilation. We use the equipment both internally as patients are transported from the Emergency Room to the Intensive Care Unit and throughout Penticton Regional Hospital for diagnostic tests and, externally, when the machine is used for patients that are being transported to other medical facilities i.e. Kelowna General Hospital. At the present time we have only one machine and there have been occasions when two machines have been needed simultaneously. The cost of this machine is \$39,398.00.

The second piece of equipment is a Vision BiPAP which stands for Biphase Positive Airway Pressure. This machine is non-invasive; meaning it is much easi-

er and less stressful for patients.

It is intended for short term use and assists patients own breathing until the underlying problem can be treated and the patient is again able to breathe on their own. The cost of this machine is \$25,105.38.

This past month we received a donation for \$59,003.58 from the TB Vets to fund the purchase of a Pulmonary Function System. This diagnostic system is capable of identifying airway obstruction, lung volume limitations and gas exchange impairment. The primary diagnostic use is to determine the presence and /or severity of lung diseases such as asthma, chronic bronchitis, emphysema

and scaring in the lung tissue. It can also be used to perform pre-operative evaluations of patients requiring surgery and specifically those that require lung surgery.

The South Okanagan Similkameen Medical Foundation is extremely grateful that there are organizations like BCs TB Vets who are able to respond to our hospitals needs. We wish to thank everyone involved.

If you would like to make a donation towards the Pulmonetics LTV 1000 Ventilator or the Vision BiPAP or any of the other equipment we hope to purchase this year, please call our office at (250) 492-9027.

Coal plant concerns locals

A proposed coal-fired power generation plant near Princeton has been a concern for residents in the Lower Similkameen Valley.

A group calling itself the Friends of the Similkameen Valley will be hosting a public information meeting this week.

Guest speakers for the event will be Karen Campbell of the Pembina Institute and Casey Brennan from Wildsight.

The pair will be discussing the toxic elements found in coal emissions and detail the provincial emission standards and the potential health and environmental impacts.

The Keremeos meeting will take place on Thursday, November 2nd starting at 7:00 PM in Victory Hall.

The newly-formed SOS (Save

the Okanagan Similkameen) group based in Princeton will also host an information meeting featuring the same guest speakers.

The Princeton meeting is set for Wednesday, November 1st at Riverside Wellness Centre (the former Riverside Intermediate School) located across from Princeton Arena. That meeting will also start at 7:00 PM.

A question period will be included in the agenda at both meetings and the two hosting groups are expected to have information handouts available to provide further information regarding health concerns.

For more information on the groups the guest speakers represent visit these websites: Pembina Institute, www.pembina.org. Wildsight, www.wildsight.ca.www.thenewsleader.ca

Avon plants the seeds for its breast cancer crusade

140,000 pink tulips planted for the cause - Local Avon Representatives plant tulip bulbs last week at Dairy Queen



Barb Ryan and Elenor Sinclair (missing from photo Connie Shopshire and Myrt Milligan) planted tulip bulbs last Tuesday in planters on Highway 3 in front of Princeton Dairy Queen. *

(NC) - Avon Canada believes that one day we will be able to control breast cancer, to make it a non-life threatening disease. Avon believes that if we can maintain the

momentum through breast cancer research we can beat cancer. The team at Avon is so passionate about the fight against breast cancer that they're willing to get their

hands dirty - literally. This fall, on the 13th anniversary of the Avon Canada Crusade against Breast Cancer thousands of Avon Independent Sales Representatives

across Canada will plant 140,000 tulips everywhere to salute the thousands of representatives, customers and Canadian women who have joined the cause.

"We want to salute those who have lived through the disease, sold our Crusade products, been a friend of someone living with breast cancer, been an advocate, a caregiver, those who survived the disease and those who have not," says Roberta Lacey, director of communications for Avon Canada.

According to Lacey the pink tulips symbolize Avon's belief, hope and enormous caring for the well being of Canadian women.

"When you plant a bulb, nothing happens right away - but you have to believe that six months later it will become a beautiful flower. When it does, it is the first sign of life after the winter and brings with it hope for warmth, summer and new life. It is really quite miraculous."

Lacey feels the pink tulip also represents Avon's efforts very well. "Consider the money we entrust to breast cancer research every year. We don't see results at first but they do come and when they do there is a new treatment, new understanding, better care, greater chance for a good prognosis and new hope."

When the tulips bloom in the spring, they will be a beautiful tribute across the country to the work that the Avon Representatives, customers and Canadian women have done to fund the research.

"They will celebrate life and stand for hope for the future and a testament of how much we believe we can accomplish together," she added.

Avon Canada has raised over \$12.5 million for the cause. No other company has raised so much money in the fight against breast cancer.

Key to the success of the Crusade is the dedicated Representatives who have generated millions of dollars by selling 'pink ribbon' products. This year's featured product is the Avon Crusade Memo Compact and all proceeds from its sale will go to the Canadian Breast Cancer Research Alliance (CBCRA). The CBCRA is the primary funder of breast cancer research in Canada. It is a unique partnership of public, private and non-profit organizations that are collectively funding top breast cancer research in the country. More information is available online at www.avon.ca, and toll free at 1-800-265-AVON.

- News Canada



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Yehudi Menuhin, the famous violinist once said that expectant mothers should sing to their unborn child during pregnancy if they want the child to grow up contented and well balanced. If singing isn't your forte, try some soothing Mozart orchestra music as an alternative.

If you have trouble swallowing tablets or capsules, take them with some carbonated water. It seems to move the medications down more easily than plain water. Also taking meds with yogurt can also be helpful especially for the elderly.

There are some medications that cause sweating as a side effect. Although it's not life threatening, it can be quite aggravating. Included in this list are antidepressants and opiates (those narcotic-based medicines that are used for severe pain.) Check with your doctor and pharmacist if you are concerned.

There have been more confirmed cases of measles in England and Wales so far this year than in any year in the past decade. The largest outbreaks of the disease are in areas where the use of the MMR (Measles, Mumps, Rubella) vaccine is lower.

Medications are like apples...they won't keep forever. Clean out your medicine cabinet today and get rid of all those rotten apples. You can bring these old medications to your pharmacy for safe disposal.

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How to lower your heating costs this winter

(NC)-Here is some helpful home maintenance advice from the "Manage My Home" experts at Sears:

- Make sure that your furnace is in good operating condition.
- Check the attic for adequate insulation and ventilation.
- Reduce air leakage into your home with caulking and weather stripping (this makes a significant difference).
- Use a setback thermostat allowing you to drop the temperature when you are not home. Program the thermostat to drop to 17-18C (64-65F) during the weekdays and maintain your house at 20C (68F) during the evening and over-night when you are at home.

- Keep the doors of empty/unused rooms closed to conserve energy.
- Have your heating unit checked periodically by a professional service person to make sure it is operating at peak energy efficiency.

Manage My Home is an online service made available to you by Sears HomeCentral, in association with Carson, Dunlop and Associates. This Sears HomeCentral service makes day-to-day home maintenance easier because it gives you a fast, convenient and easy-to-use online service, consisting of an annual maintenance program and a homeowner's manual customized to the unique features of your home.

Sears HomeCentral has been a trusted and reliable source for a

wide variety of home improvements products and services for more than 45 years, backed by Sears 'satisfaction guarantee.'

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- News Canada

Space helping cancer patients in radiation treatment

(NC)-Radiation has been a serious danger to human space explorers since Russian Cosmonaut Alexi Leonov first walked in space in 1965. Now, Canadian dosimeters developed to monitor radiation treatment of cancer patients here on Earth have been adapted for use in space experiments. The technology has helped make radiation treatment more precise. But the space experiments are expanding our understanding of the risks of radiation exposure, for the benefit of people who will live and work in space as much as for patients and health-care workers here on Earth.

Innovation to make space exploration safer

In space, there is no atmosphere to filter the harmful effects of radiation, and it has been difficult to gather statistics on exposure because so few astronauts and cosmonauts have ventured out on spacewalks and have not worn dosimeters. In 2002, an innovative Canadian Space Agency experiment on the International Space Station measured radiation exposure to astronauts during spacewalks. The experiment was called EVARM, for 'extra-vehicular activ-

ity radiation monitors.' Three dosimeter badges inserted in pockets in the garment worn inside the spacesuit measured radiation exposure to the astronaut's skin, eyes, and vital organs.

Safer diagnosis and treatment procedures

The same technology that made EVARM possible is being used in dosimeters developed for medical use. For the thousands of Canadians who receive radiation treatment for cancer each year, and the hundreds of thousands more who receive X-rays and CAT scans, it can help physicians measure and target radiation precisely, maximizing treatment benefits while minimizing the

risks associated with exposure.

The inside story

The Matroshka project on an upcoming Russian mission to the International Space Station will build on EVARM results. 'Matroshka' means 'doll within a doll' in Russian. Inside the phantom bodies that will be exposed to the space environment, Canadian new dosimeter will gather high-precision data about the amounts of radiation affecting internal organs. Scientists will gain a vital understanding of human health in the space environment as they prepare for manned flights to the Moon or Mars.

- News Canada

living past 100

You fight health war daily

When you are ill, you know you are fighting a war for your health. The truth is this: when you feel ill, you are probably losing the war and may need help.

Every day of your life, you have been fighting a war for your health, and most days, you win.

Our world is full of microbes who see us as either food or a safe place to live, or both. We believe, while we are feeling well, that no germs have invaded. Wrong! Our immune systems fight germs all day long, every day. It is only when we begin to lose the fight that we begin to feel ill.

Helping your body fight disease means keeping your immune system strong. When you hear about the benefits of proper diet, taking Vitamin C and Vitamin D, it is advice to keep your immune system strong and keep you healthy.

Microbes are all around us all of the time. We can protect ourselves from the worst microbes by keeping our homes clean, being immunized, and drinking clean water. We can wash our hands frequently, brush our teeth, and avoid contaminants, but there is no way we can protect ourselves from contact with every germ. That is why it is so important to keep our immune systems healthy. If you want to win a war, you have to keep your soldiers strong.

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We caught a crew last Wednesday filling in the island at the Highway 3/Burton Avenue intersection. The island was becoming a hazard for many having difficulty stepping over the curbing. Photo: Brenda Engel.*



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Spooks invade Vermilion Court

We feel Halloween in the air! As we enter the dining room we find we must duck to avoid the green cobweb set to ensnare us and the orange and green spiders waiting their next meal.

Pumpkins with smiling faces are lined up above the kitchen window. Would they be so happy if the cook decided to make pies of them? Bats hang on cupboard doors while ghosts gaze at us through windows. spiders crawl

on windows and walls and one enterprising 'Mama' spider hangs over our heads with her young hanging from her by fine filaments. 'Happy Halloween' greets guests by the entrance for their festivities.

If anyone notices some elderly witches hobbling down the streets with canes and walkers, they are not lost...just escapees from Vermilion Lodge.

- submitted D. Stenvold

Thieves caught green-handed!

On Thanksgiving afternoon, members of the Princeton RCMP were assisting area Conservation officers with a road check near the Whipsaw Bridge west of Princeton on Hwy 3.

A vehicle entered the road-check and aroused suspicion due to an unusual cargo in the bed of the pick-up truck--numerous spools of green colored commercial grade electrical cable.

The officers on-scene entered into investigation and subsequently arrested the three vehicle occupants for possession of stolen property. Within the hour, police received a

report of a break and enter at the Similco Mine Site which was tracked back to these suspects. Officers acting on a hunch subsequently attended another local work-site and discovered evidence of a second B&E - along with left-overs of the green-colored electrical cable.

Three suspects, all from the Lower Mainland area, were held in custody and face numerous charges of break and enter, possession of stolen property over \$5,000.00, possession of house breaking instruments, and various breaches of probation.



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New Beginnings members pose for a group portrait. Photo: Brenda Engel. *

This is Community Living Month

by Lynn Pelly
Executive Director

As leaves drift slowly to the ground and frost gently makes an entrance, autumn signals the conclusion of another year. So, too, does Community Living month mark the culmination of a busy year, providing us with an opportunity to relive the challenges and victories we've experienced in our journey towards inclusion and integration.

Last October, a new alternative for housing became a reality with the construction of Victoria House, a replacement for Mary Anne Apartments. The new building offers options for a higher level of care, should the need arise, in a cluster setting. Independent, semi-independent, supported or intermediate care individuals could conceivably live within a short distance of each other, allowing opportunities for staffing configurations that would meet financial targets.

In January, we began the long and busy road to accreditation, an exercise that will improve our services

to the persons we serve and ensure our business practices and program delivery methods meet CARF standards. The accreditation process is similar to the process incorporated by schools and hospitals and is a requirement of our funding source.

Camping trips, day trips to the Merritt pool, mini-golf in Penticton, bowling in Princeton, a cruise to Los Angeles, a visit to Disneyland, self-advocacy workshops in Abbotsford, joining the CIBC Run for the Cure, employment opportunities in the community, respite trips to Vancouver, Penticton, Kelowna and Oliver, Posse games and pen pals in Victoria are only a few of the activities enjoyed by our Community Living group this year.

Attendance has increased and new participants have brought new life and energy into our programs. The New Beginnings Program is responding to the diverse needs of a larger client base and will be incorporating changes in order to meet the needs of all involved. Both res-

idential living and day program participants will focus on responsibility and involvement, capitalizing on abilities.

"Accessibility, empowerment, ability and potential" are key words for staff working in our programs. "Can't, won't, shouldn't" and "disability" are words that create barriers and, therefore, no longer exist in our vocabulary. Everyone is learning. New goals are being set and attained.

Members of the community are always welcome at any of our sites. We encourage you to drop in and see the diversity of our programs. We offer a variety of services under the Community Services umbrella and are receptive to questions and suggestions. Community support is a key to our success.

Our sincere thanks to the community, our valued staff, committed volunteers and dedicated Board of Directors for your continued support of the people we serve. Together we can build a community where everyone belongs, everyone contributes and everyone cares.



Some more members of the New Beginnings group join in the photo! Photo: Brenda Engel. *



The view from Nickle Plate Road looking toward Princeton. *

Our reddish-brown forests

by Don Burbidge

Remember when our forests were a glorious dark emerald green, clothing our Cascade mountains from riparian to alpine terrain? Today the vista has changed, and instead of green we see the startling red-brown of the pine, to the darker grey-brown of the fir. You may also have noted that some of the alder along the riverbank have had their leaves devoured so that only the veins remain. All three of these phenomena are signs of insects on the rampage - The Mountain Pine Beetle (*Dendroctonus ponderosae*) on the

pine - the Western Spruce Budworm (which rejoices in the Latin name of *Choristoneura occidentalis*) on Spruce and Douglas fir - and a relative of the Ladybeetle, (family *Crysomelidae*) whose larvae love Alder leaves. All three are normal, and indeed, vital inhabitants of our forests, and only occasionally reach epidemic numbers with serious consequences to human beings. Herewith a short description of each villain.

First, however, a description of the life cycle of most insects. Begin with the egg, which is the most common

way an insect lives through the winter. Eggs hatch into larvae (often called caterpillars or maggots) which devote their short lives to eating voraciously. Normally each species of larvae confines itself to one or two host species. When they are full, fat and happy, they turn into pupae, a resting, immobile stage in which they change completely from larvae to adult beetles, moths, flies, etc. This is the stage we know best, since they generally fly about looking for mates, having sex and laying eggs, to begin the whole cycle anew.

Of course, the greatest threat to the forests we know and love comes from the Mountain Pine Beetle, which mainly attacks the Lodgepole Pine, which forms the bulk of Princeton's forests, covering the

.....continued on next page

Town signs agreement

.....continued from Front Page
"This is a historic partnership we are embarking on between our three levels of government," said Princeton Mayor Randy McLean. "This land development initiative will be a great catalyst for future residential development and recreational opportunities in the Similkameen."

Minister Bell signed the agreement in Victoria while meeting

with Mayor McLean and council during the Union of British Columbia Municipalities annual conference.

If successful, such a subdivision would greatly enhance the town's appeal. A ceremony will be held at the end of November for the three partners to formally endorse the project.

The land is expected to be ready for development in 2008.

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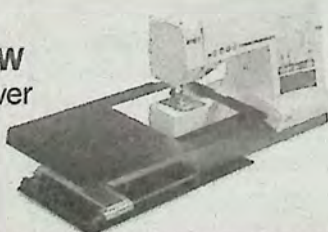
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Veteran's Square Project

PUBLIC OPEN HOUSE

Will be held on
Thursday, November 2nd
Riverside Wellness Centre Lounge

The purpose of the Open House will be to:

- Share ideas about ways to enhance the Veteran's Square
- Review concepts which have been developed based on community input
- Gather feedback from residents which will set direction for refinement of a concept plan
- Gauge community interest and support

Please drop in between 4:00 PM and 7:00 PM to discuss ideas with fellow residents, and to provide feedback on the proposed improvements. Staff, Council and consultants will be there to answer your questions.

FOR MORE INFORMATION CONTACT:

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Tues., Nov. 21, 9 am - 1 pm
Seniors' Branch 30 Hall
162 Angela Ave.

Keremeos
Wed., Nov. 8, 9 am - 3 pm
Wed., Nov. 22, 9 am - Noon
Keremeos Seniors' Centre
421 7th Avenue

 Interior Health

✂ Clip this ad and save for future reference. ✂



Kevin Meadows, left, and Kazumi Tanaka take a break last week on the latest of Tanaka's projects. This will eventually be a "Welcome To Princeton" sign and is located on the corner of Highway 3 and Ridgewood Drive, across from the Curling Club. Tanaka, who also designed the archway in Cenotaph Park, has coloured the cement in the pillars with a tint to symbolize vermilion ochre. Photo: Brenda Engel.*

Thompson plateau and the slopes of the Cascades. If the numbers of these beetles rise to a certain level, they will also attack Ponderosa Pine, a tougher nut for them to crack since they have a much thicker bark than the Lodgepole. The splendid Ponderosa Pines close to the Weyerhaeuser mill have succumbed to hordes of beetles emerging from the log decks in the mill yard, and are dying or dead.

The Mountain Pine Beetle adult is an inconspicuous little, brown-black morsel, less than a quarter of an inch long, which buzzes around blindly in late July and early August, getting in your drink on the patio, and seemingly out of touch with reality. But it is very good at mating. The female then bores a hole in the thin bark of a pine and lays a lot of eggs which hatch into tiny larvae in the fall. They settle down to wait for spring. In our warmer winters, most survive to wake up in the spring and begin to

devour the soft, white inner bark of the pine, comprised of the cambium (the growing tissue of the tree) and the phloem, (the vital array of tubes which carry water and nourishment up and down the tree). These are the creatures which cut those channels in intricate patterns that you see when you pull off the bark from a dead tree. The tree fights back with pitch, which drowns a few larvae, but if there are too many of them, the tree runs out of pitch and must die.

An early sign of infestation is a number of bore holes made by the female, in which they insert eggs. These holes fill up with pitch, clearly visible as yellowish spots on the bark. The later sign, of course is the lovely, reddish-brown masses of needles. When you see these covering the tree, it is a good sign that it can never recover.

For some reason, the adult beetle brings with it the spores of a fungus, which it likes, and which

stains the wood blue. Such blue-stained wood was in high demand by the Japanese, although there is so much of it now that I suspect the demand will wane. The wood of beetle-killed trees is said to be good for five or six years after the trees die, which explains the frantic haste to log beetle-killed timber.

As far as I know, the beetle hasn't much in the way of predators to keep it in check--except for woodpeckers, about the only creatures that can get through the bark. However, a lot of larvae will be killed by a bout of severely cold weather occurring early in the fall--perhaps down to minus 30 centigrade for three weeks. But such cold snaps seem to be a thing of the past in our era of global warming, so the beetles are thriving.

They especially love mature and over-mature pine stands, since younger trees have more pitch to drown the intruders. And we have - or had - an enormous number of over-mature stands of Lodgepole Pine in British Columbia, and a high rate of infestation in them will lead to attacks on younger trees as well.

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

SURPLUS GOODS SALE

Offers are invited for the purchase of used surplus goods including computers, photocopiers, doors, stove, fridge, pick-up truck, van, shelving, and various miscellaneous items.

Items will be on display beginning **October 28, 2006**, on School District #58 (Nicola-Similkameen) website (www.sd58.bc.ca) and click on Public Auction for a list of inventory and for placing bids. All bids will be in accordance with School District #58 (Nicola-Similkameen) regulations as indicated on the bid site.

The surplus goods auction closes **November 4, 2006**. Surplus goods items are purchased on an 'as is-where is' basis. For further information, please contact (250) 315-1100.

The Western Spruce Budworm is, (I hope!) less of a long-term threat than the bark beetle, since it doesn't normally kill the trees upon which it feasts. But if you look at the slopes close to our rivers and creeks, where Douglas Fir is the main species, you will notice a brown hue, and if you wander through the forest in the spring, you will notice small webs on the buds of fir seedlings. If you tear the web off, you should find a

.....continued on Page 24

weekly entertainment guide

TUESDAY, OCTOBER 24, 2006 THROUGH MONDAY, OCTOBER 30, 2006



Century 21 realtor Dean Stinson serves Princeton Esso Manager Deanna Krenn with a hot dog at the Grand Opening of the service station located at 160 Tipton Avenue last Saturday. In addition to Krenn, the business employs Patti Rogers, Anne Marrs and Sarah Parker. *

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Posse clips Eagles wings

Last Friday night (October 27) Princeton Posse played host to division rival Sicamous Eagles. After coming off a successful road win against Summerland earlier in the week, the Posse had everything to gain with a win at home against the Eagles.

They did not disappoint.

Princeton played one of their best games so far this season and fans are already talking about play-offs.

Princeton's first goal came at 1:13 with Sean Carr getting credit with an assist going to Brett Van Ripper.

Princeton's Jordan Lane, listed at 6-foot-7, ended up in a fist fight with Danny Stevens of Sicamous following a face-off in Posse territory only 1:21 into the game. Both boys were well matched with each scoring solid punches to the face. The officials let them fight it out and sent both to the penalty box.

Princeton did an excellent job of killing penalties often clearing the puck far into the Sicamous zone to tick off seconds.

It also revealed that the Posse seemed to play stronger short handed than at full strength although the majority of scoring was on the power play.

After one period, Princeton was ahead 1 to zip.

The second period saw more of the same performance from the Posse. Not only were they outplaying Sicamous, Princeton's goalie Evan Kerambelas played an amazing game between the pipes. His quick glove hand was unbeatable!

Princeton scored goal #2 at 10:10 with credit going to Jeremy Wagner with assists to Liam

Darragh and Alex Young and Kyle L'Arrivee broke a scoring slump with goal #3 at 15:40. Assists went to Drew Knolwes and Peter Purves.

Another goal by L'Arrivee at 17:03 clanged off the crossbar and was waved off by the referee. At a stoppage in play the official consulted with Goal Judge Anthony Aiken about the play.

Aiken told the News Leader the ref didn't see the puck go in but "the puck hit the crossbar and went into the top of the net."

The goal became official at 17:38 with an assist to Peter Purves.

With only 1:52 left to play, Princeton's Alex Young took a hard hit in the corner and went down. There was a stoppage in play as he was attended to by coaches and the team doctor. Young managed to leave the ice with help from two teammates.

At the end of two, it was

Letter To The Editor

Pippin promotes meetings

To The Editor;

Compliance Energy is hoping that you won't look too closely at their proposed coal burning power plant.

You need the facts. Come to the meeting November 1st in Princeton or November 2nd in Keremeos and get one side. Be sure to visit Compliance Energy's storefront and ask questions.

Princeton 4, Sicamous zip.

The third period saw Princeton turn it up another notch. They were playing far better than the week before and continued to excel at their penalty killing skills.

Princeton's Kyle L'Arrivee scored his third goal of the night at 9:57 with assistance from Spencer Brooks. Talk about shaking off a scoring slump!

Princeton added goal #6 at 10:53, scored by Jeremy Wagner with assists going to Spencer Brooks and Riley Ferster.

There were more great moves and awesome saves at both ends of the rink throughout the period and when it was looking as if Kerambelas was going to add a shut out to his stats, Sicamous scored their only goal with 1:46 left in the game.

Final score: Princeton 6, Sicamous 1. Shots on goal: Sicamous 33, Princeton 28.

How much mercury is in their coal?

What other contaminants are in this low-grade coal that they are having trouble selling?

Show them that we want answers and facts and can make up our own minds without spin doctors.

Come out November 1st or 2nd and get informed.

- Dan Pippin, Princeton

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There Are No Chains On Us!



Hot on the heels of a win on the road last week in Summerland, the Princeton Posse puts in some ice time during practice last Wednesday afternoon. Coach Dale 'Duner' Hladun put the boys through a number of passing, skating and shooting drills. The News Leader thanks Coach Hladun for allowing us access to this practice so that we can share with fans some of the preparation the Posse goes through. *



tuesday movies

MORNING

7:00 am WTBS (3) ★★★"Galaxy Quest" (1999, Science Fiction) (PA) Tim Allen. Believing them to be real heroes, aliens enlist cast members of a sci-fi TV series to help save their people. (E)
 10:00 am CITY (29) "Monster Island" (2004, Science Fiction) Carmen Electra. In an homage to creature features of the 1950s, teens must save actress Carmen Electra from a horde of giant beasts. (E)

AFTERNOON

5:00 pm TSN (19) ★★★"Once In a Lifetime: The Extraordinary Story of the New York Cosmos" (2006, Documentary) Shep Messing, Werner Roth and others recall a soccer team's heyday in the 1970s.

EVENING

6:00 pm CITY (29) ★★★"Dawn of the Dead" (2004, Horror) Sarah Polley. Premiere. A nurse, a policeman and other residents of Milwaukee fight flesh-eating zombies while trapped in a mall. (E)
 9:20 pm WTBS (3) ★½"Boat Trip" (2003, Comedy) Cuba Gooding Jr. Two skirt-chasing buddies discover too late that their travel agent has booked them on an all-gay cruise. (E)
 10:06 pm CITY (29) ★★★"Dawn of the Dead" (2004, Horror) Sarah Polley. A nurse, a policeman and other residents of Milwaukee fight flesh-eating zombies while trapped in a mall. (E)
 11:20 pm WTBS (3) ★★½"Multiplicity" (1996, Comedy) Michael Keaton. Cloning enables a harried family man to step back from life's responsibilities, a situation that becomes irreversible. (E)

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wednesday movies

MORNING

7:00 am WTBS (3) ★★"The Craft" (1996, Horror) (PA) Robin Tunney. Teen misfits befriend a suicidal newcomer and strike back at tormentors with witchcraft in Los Angeles. (E)

EVENING

6:00 pm CITY (29) ★½"The Sweetest Thing" (2002, Romance-Comedy) Cameron Diaz. A confirmed flirt and her best friend search for the charming guy who slipped through her fingers at a dance club. (E)
 8:20 pm WTBS (3) ★★★"Save the Last Dance" (2001, Romance) Julia Stiles. A white teenager moves to Chicago after her mother's death and falls for a black student who shares her love of dance. (E)
 10:06 pm CITY (29) ★★½"Jaws 2" (1978, Horror) Roy Scheider. Premiere. Amity's citizens and police chief dread another tourist season

with a huge white shark near the beach. (E)
 10:20 pm WTBS (3) ★★"Unfaithful" (2002, Drama) (PA) Richard Gere. A man becomes increasingly distraught after he discovers his wife is having an affair with a Frenchman. (E)

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Explore The History Of Mining - Gold, Copper and Coal

TUESDAY, OCTOBER 31, 2006

Table with 20 columns (WTBS to WGN) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

WEDNESDAY, NOVEMBER 1, 2006

Table with 20 columns (WTBS to WGN) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

Horoscopes

November 1 - 8, 2006

Aries - Your concerns continue to center around what you own, what you owe, and what resources you have. Take some time to put it in writing, rather than just worrying.

Taurus - You continue to look to your partner as your main source of inspiration, as so much seems to be coming from your partner. Think about the relationship. What does it mean to you?

Gemini - Take time for a health check-up. Although you may feel well and have a lot of energy, you will benefit. Employment matters demand much of your attention.

Cancer - If you have a creative project on the go, you have only this month to finish it. Do not be distracted by too many projects at once. Finish one thing at a time. Children cause uproar.

Leo - During the next two weeks, make your home what you want it to be. Do repairs, upgrade your household environment, put things right for winter. Pay attention to family.

Virgo - You will benefit by a lot of social contact this week and next. Take care of errands, do any travelling you need to do around your immediate neighbourhood. Expect a visitor.

Libra - Money matters must be dealt with. Put your financial house in order. Look for opportunities to make money from what you own. Be cautious about spending. Invest.

Scorpio - Matters of personal concern continue to keep you busy. Home and family life are demanding. Young people, children, add chaotic element to your life. Trend changes soon.

Sagittarius - Your mind just keeps right on working overtime. You may be surprised at sudden insights you gain this week. Many of your new ideas will surface before December.

Capricorn - Work with community groups, neighbours, to achieve goals. Satisfaction comes from planning for the future. You can be strong influence on youngsters and children now.

Aquarius - Clear up all issues related to career, parents. Social life is going to expand dramatically in near future. Are you ready for this change? Friends bring pleasure.

Pisces - If you want to do any travelling this year, do it now. Your career is going to become very demanding in the near future. Problems related to career may affect your freedom.

Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Princeton Area BEA meets the 2nd Wednesday of the month. 7:00 PM, Skills Centre.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym

thursday movies

MORNING

- 7:00 am WTBS (3) ★★"Save the Last Dance" (2001, Romance) Julia Stiles. A white teenager moves to Chicago after her mother's death and falls for a black student who shares her love of dance. [E]
- 10:00 am CITY (29) ★★"Without Limits" (1998, Biography) Billy Crudup. Long-distance runner Steve Prefontaine trains rigorously with coach Bill Bowerman to set 1970s track records. [E]

AFTERNOON

- 5:00 pm WGN (38) ★★"DeepStar Six" (1989, Horror) Taurean Blacque. Underwater researchers are trapped 6 miles down with a prehistoric sea monster. (In Stereo) [E]

EVENING

- 7:00 pm WTBS (3) ★★"She's All That" (1999, Romance-Comedy) Freddie Prinze Jr. A cool teen bets a friend that he can transform the school's geekiest girl into a prom queen. [E]

8:00 pm CHBC (4) ★★"Bulletproof Monk" (2003, Action) Chow Yun-Fat. A martial-arts master finds an unlikely protégé to take over the responsibility of protecting an ancient scroll. [E]

9:10 pm WTBS (3) ★★"Almost Famous" (2000, Comedy-Drama) Billy Crudup. An aspiring teenage rock journalist gets his big break when he follows an up-and-coming band on its tour. [E]

10:06 pm CITY (29) ★★"A Little Sex" (1981, Comedy) Tim Matheson. A newlywed commercial director fires off his bride and becomes a philanderer. [E]

friday movies

MORNING

- 7:00 am WTBS (3) ★★½"Rumble in the Bronx" (1995, Action) (PA) Jackie Chan. A Hong Kong policeman in New York defends a woman shopkeeper against bikers who want protection money. [E]
- 10:00 am CITY (29) "The Void" (2001, Science Fiction) Adrian Paul. A corporation's new process of generating cheap and unlimited energy may bring about the Earth's destruction. [E]

AFTERNOON

- 5:00 pm WGN (38) ★★½"The Longest Yard" (1974, Comedy) Burt Reynolds. An imprisoned quarterback coaches a group of convicts for a no-holds-barred football game against the guards. [E]

EVENING

- 6:00 pm WTBS (3) ★★"Shanghai Noon" (2000, Comedy) (PA) Jackie Chan. A Chinese Imperial Guardsman teams up with a robber to rescue a princess, taken to the Old West by the guard's former captain. [E]
- 7:30 pm FAM (26) ★★½"High School Musical" (2006, Musical Comedy) Zac Efron. Students conspire to pre-

vent a basketball star and a shy newcomer from singing in a stage production.

8:00 pm KNOW (5) ★★½"Mrs. Brown" (1997, Historical Drama) Judi Dench. The friendship of a loyal servant, Scotsman John Brown, revives the spirits of Britain's widowed Queen Victoria. [E]

8:25 pm WTBS (3) ★★"Shanghai Noon" (2000, Comedy) (PA) Jackie Chan. A Chinese Imperial Guardsman teams up with a robber to rescue a princess, taken to the Old West by the guard's former captain. [E]

9:07 pm FAM (26) ★★"Blank Check" (1994, Comedy) Brian Bonsall. An 11-year-old cashes a crook's check for \$1 million and becomes the envy of his family. [E]

10:06 pm CITY (29) "Talk Dirty" (2003, Adult) Nicole. A beautiful detective works under cover to investigate the murder of a television host. [E]

10:39 pm FAM (26) ★★"Only You" (1994, Romance-Comedy) Marisa Tomei. A Pittsburgh teacher leaves her fiancé for Italy in pursuit of a man with the name of her soul mate.

Similkameen News Leader Community Calendar

NOVEMBER

- 11 - Remembrance Day
- 11 - Princeton Posse vs Summerland, 7:30 PM, Arena
- 12 - Princeton Posse vs Sicamous, 2:00 PM, Arena
- 17 - Princeton Posse vs Revelstoke, 7:30 PM, Arena
- 20, 21 - Parent/Teacher Interviews (Princeton Schools)
- 22 - Non-Instructional School Day
- 26 - Princeton Posse vs Revelstoke, 2:00 PM, Arena

DECEMBER

- 1 - Christmas Light-Up, Keremeos
- 1 - Princeton Posse vs Kamloops, 7:30 PM, Arena
- 2, 3 - Christmas Arts & Crafts Weekend, Keremeos
- 25 - Christmas Day
- 26 - Boxing Day

JANUARY

- 1 - New Year's Day
- 3 - Princeton Posse vs. Summerland, 7:00 PM, Arena
- 5 - Princeton Posse vs. Spokane, 7:30 PM, Arena
- 6 - Princeton Posse vs. Creston, 7:30 PM, Arena
- 7 - Princeton Posse vs. Sicamous, 2:00 PM, Arena
- 10 - Princeton Posse vs. Summerland, 7:00 PM, Arena
- 17 - Princeton Posse vs. Kamloops, 7:00 PM, Arena

FEBRUARY

- 2 - Princeton Posse vs. Castlegar, 7:30 PM, Arena
- 3 - Princeton Posse vs. Grand Forks, 7:30 PM, Arena

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!

ads@thenewsleader.ca

Similkameen News Leader

Recipe Corner (Recipe #139)

Brought To You By: Providence Funeral Homes & Crematorium

Maple Walnut Granola

(NC)-Our delicious granola recipe is easy to make and serves as a wonderful breakfast for family during Thanksgiving weekend. It's sweetened with maple syrup for a distinctively Canadian taste. For more delicious recipes, visit www.robinhood.ca.

- 4 cups Robin Hood Large Flake Oats 1L
- 1 cup sweetened, shredded coconut 250mL
- 1 1/2 cups walnut halves 375mL
- 1/2 cup cashews 125mL
- 1 tsp cinnamon 5mL
- 1/4 cup Crisco canola oil 50mL
- 1/2 cup real maple syrup 125mL

Preheat oven to 325°F (160°C). In large bowl, combine first five ingredients. Drizzle canola oil on large rimmed baking sheet. Place in oven as it preheats for about 10 minutes, or until warm. Meanwhile, heat maple syrup in microwave or on stovetop until hot. Remove baking sheet from oven and place oat mixture on sheet. Stir mixture so that it is evenly coated with oil. Pour hot syrup over mixture and stir to combine. Bake for 25 - 30 minutes, stirring every 5 - 10 minutes, until mixture is evenly browned. Remove from oven and cool. Store in airtight container.

Prep Time: 5 minutes Baking Time: 30 minutes Yield: 7 cups (1.7L)

- News Canada

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Parkview Funeral Home, 1258 Main Street, Penticton

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

THURSDAY, NOVEMBER 2, 2006

Table with columns for channel numbers (WTBS 3 to WGN 38) and time slots (6 AM to 11 PM). Each cell contains the program name and channel number.

FRIDAY, NOVEMBER 3, 2006

Table with columns for channel numbers (WTBS 3 to WGN 38) and time slots (6 AM to 11 PM). Each cell contains the program name and channel number.

saturday movies

MORNING

7:10 am WTBS (3) ★★½ "Divine Secrets of the Ya-Ya Sisterhood" (2002, Comedy-Drama) (PA) Sandra Bullock. Forced to visit her estranged mother in Louisiana, a New York playwright learns about her past through a scrapbook. [E]

9:45 am WTBS (3) ★★½ "Kate & Leopold" (2001, Romance-Comedy) Meg Ryan. A Manhattan woman falls in love with the 19th-century Duke of Albany who has stepped through a time portal. [E]

AFTERNOON

12:00 pm FAM (26) "Now You See It..." (2005, Adventure) Alyson Michalka. While producing a reality TV show, a teenager meets a magician whose powers are real but put him in danger. CITY (29) ★½ "Crocodile Dundee in Los Angeles" (2001, Comedy) Paul Hogan. Mick and his girlfriend return to America and link the mysterious death of a reporter to a movie studio. [E]

WGN (38) ★★½ "Air Bud: Seventh Inning Fetch" (2002, Comedy) Kevin Zegers. The golden retriever joins a middle-school baseball team and searches for his missing offspring. (In Stereo) [E]

1:30 pm FAM (26) ★½ "The Big Green" (1995, Comedy) Steve Guttenberg. A love-struck Texas lawyer helps a new British school-teacher transform her cynical students into a soccer team. [E]

4:00 pm YTV (18) ★★½ "Stuart Little 2" (2002, Comedy) Geena Davis. Stuart the mouse and Snowball the cat journey through New York City to rescue a friend from a falcon. KTLA (27) ★★½ "Con Air" (1997, Action) Nicolas Cage. A wrongly convicted parolee on a flight with a group of vicious prisoners tries to stop their violent hijacking. (In Stereo) [E]

5:00 pm WGN (38) ★★½ "Rounders" (1998, Drama) Matt Damon. The release of his debt-ridden pal from jail spurs a law student to resume high-stakes gambling. (In Stereo) [E]

EVENING

6:00 pm CITY (29) ★★½ "The Burial Society" (2002, Suspense) Rob LaBelle. After a large sum of money disappears, an accountant must convince his brother and his boss that he is innocent. [E]

7:30 pm WTBS (3) ★★½ "I Spy" (2002, Comedy) (PA) Eddie Murphy. A special agent and a boxing champion travel to Budapest, Hungary, to locate an arms dealer and a stealth bomber. [E]

8:00 pm KSPS (6) ★★½ "The Thomas Crown Affair" (1968, Adventure) Steve McQueen. An insurance investigator becomes romantically involved with the millionaire she suspects organized a bank robbery.

9:00 pm KXLY (10) ★★½ "Shanghai Knights" (2003, Comedy) Jackie Chan. With help from his sister and a friend, a martial-arts master travels to London to find his father's murderer. (In Stereo) [E]

YTV (18) ★★½ "Liar Liar" (1997, Comedy) Jim Carrey. A boy's birthday wish comes true that his neglectful father, a fast-talking lawyer, will not be able to tell a lie for 24 hours. FAM (26) ★★½ "Spy Hard" (1996, Comedy) Leslie Nielsen. A bumbling secret agent and his lovely partner try to foil a madman's world-takeover scheme.

CITY (29) ★★½ "Conan the Barbarian" (1982, Adventure) Arnold Schwarzenegger. Pit fighter Conan sets out with a Mongol and a queen to take his father's sword from a snake king. [E]

10:30 pm WGN (38) ★★½ "The Delta Force" (1986, Action) Chuck Norris. Terrorists reroute a passenger jet from Athens to Beirut, where commandos are waiting to negotiate. (In Stereo) [E]

10:46 pm FAM (26) ★★½ "Mr. Jones" (1993, Drama) Richard Gere. A doctor crosses the ethical line when she falls under the spell of a charming but mentally unbalanced patient.

11:30 pm CITY (29) ★½ "Deep Rising" (1998, Suspense) Treat Williams. A deadly monster stalks an adventurer, a thief, a builder and others out to sea. [E]

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LEGEND TO THE TV LISTINGS Normal Months September - June "Power By The Hour" Rates

Use this handy chart and watch the TV Guide for On Peak/Off Peak Summer Months code.

PLP Off Peak Green Zones
On Peak Red Zones

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Time-of-use		Schedule for TOU * NORMAL MONTHS						
For Information 295-3244		September - October - November - December						
		January - February - March - April - May - June						
Power by the Hour Rates	Rate Code	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		By the Hour	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak
By Storage	100 kWh to 500 kWh	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak
	Over 500 kWh	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak
By Demand	100 kW to 500 kW	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak
	Over 500 kW	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak	Off Peak

sunday movies

MORNING

6:35 am WTBS (3) ★★½ "Stripes" (1981, Comedy) Bill Murray. A lazy New York caddy quits his job and convinces his bored buddy they should join the Army. [E]

7:00 am A&E (9) ★★½ "Tightrope" (1984, Suspense) Clint Eastwood. A New Orleans police detective finds he has some of the same traits as a serial killer of prostitutes. [E]

8:00 am WGN (38) ★★½ "Species" (1995, Science Fiction) Ben Kingsley. A scientist leads the hunt for a genetically engineered creature who morphs into a human blonde and tries to reproduce in Los Angeles. (In Stereo) [E]

9:00 am WTBS (3) ★★½ "Stuck on You" (2003, Comedy) Matt Damon. Conjoined twins go to Hollywood and land a role on a television show starring Cher. [E]

10:00 am WGN (38) ★★½ "Species II" (1998, Science Fiction) Michael Madsen. A half-alien female escapes from a government compound to search for the half-alien male who has been raping and fatally impregnating women. (In Stereo) [E]

11:00 am WTBS (3) ★★½ "I Spy" (2002, Comedy) (PA) Eddie Murphy. A special agent and a boxing champion travel to Budapest, Hungary, to locate an arms dealer and a stealth bomber. [E]

CITY (29) ★½ "Deep Rising" (1998, Suspense) Treat Williams. A deadly monster stalks an adventurer, a thief, a builder and others out to sea. [E]

AFTERNOON

12:00 pm FAM (26) "MXP: Most Xtreme Primate" (2003, Comedy) Devin Drewitz. Two brothers must rescue a snowboarding chimp from kidnappers and return him to his rightful owner. [E]

WGN (38) ★★½ "Species III" (2004, Science Fiction) Sunny Mabrey. An alien hybrid beauty follows her overwhelming, but deadly, urge to mate while commandos hunt her down. (In Stereo) [E]

1:00 pm WTBS (3) ★★½ "Rumble in the Bronx" (1995, Action) (PA) Jackie Chan. A Hong Kong policeman in New York defends a woman shopkeeper against bikers who want protection money. [E]

YTV (18) "PollyWorld" (2006, Adventure) Animated. A girl and her friends face stiff competition at an amusement park.

KTLA (27) ★★½ "Halloween H20: 20 Years Later" (1998, Horror) Jamie Lee Curtis. In hiding for two decades, a traumatized woman learns her murderous brother has returned for her. (In Stereo) [E]

1:30 pm FAM (26) ★★½ "Kazaam" (1996, Fantasy) Shaquille O'Neal. Freed from imprisonment in a portable stereo, an outside, rapping genie grants a harassed urban youth three wishes.

3:00 pm WTBS (3) ★★½ "Austin Powers: The Spy Who Shagged Me" (1999, Comedy) Mike Myers. The secret agent travels back in time to the 1960s to rescue his stolen mojo from Dr. Evil. [E] (DVS)

KTLA (27) ★½ "Teaching Mrs. Tingle" (1999, Comedy) Helen Mirren. With their futures threatened by false accusations of cheating, three teenagers take matters into their own hands. (In Stereo) [E]

4:00 pm YTV (18) ★½ "What a Girl Wants" (2003, Comedy-Drama) Amanda Bynes. A vivacious teenager leaves New York in order to meet her estranged father in London.

5:00 pm WTBS (3) ★★½ "Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Austin must

rescue his captive father and prevent Dr. Evil's malevolent minions from taking over the world. [E]

EVENING

6:00 pm YTV (18) ★★½ "A Cinderella Story" (2004, Romance-Comedy) Hilary Duff. A teenager with a wicked stepmother develops an online relationship with a popular high-school quarterback. CITY (29) ★★½ "Phone Booth" (2002, Suspense) Colin Farrell. A sniper traps a New York publicist in a phone booth and threatens to kill him if he hangs up. [E]

7:00 pm WTBS (3) ★★½ "Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Austin must rescue his captive father and prevent Dr. Evil's malevolent minions from taking over the world. [E]

9:00 pm WTBS (3) ★★½ "Stuck on You" (2003, Comedy) Matt Damon. Conjoined twins go to Hollywood and land a role on a television show starring Cher. [E]

FAM (26) ★★½ "Postcards From the Edge" (1990, Comedy-Drama) Meryl Streep. A drug-detoxed Hollywood actress moves in with her boozing actress mother.

10:51 pm FAM (26) ★★½ "City of Joy" (1992, Drama) Patrick Swayze.

A disenchanted Houston surgeon finds enlightenment and understanding on the impoverished streets of Calcutta, India.

11:00 pm WTBS (3) ★★½ "Stripes" (1981, Comedy) Bill Murray. A lazy New York caddy quits his job and convinces his bored buddy they should join the Army. [E]

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MONDAY, NOVEMBER 6, 2006

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX 41, FAM, KTLA, CITY, WGN) and 12 rows of program listings.

monday movies

MORNING

7:00 am WTBS (3) ***"Honey, I Shrunk the Kids" (1989, Comedy) (PA) Rick Moranis. An inventor's ray gun zaps his son, his daughter and a neighbor's boys down to pea-size in his jungle of a lawn. (E)

10:00 am CITY (29) ***"Deep Rising" (1998, Suspense) Treat Williams. A deadly monster stalks an adventurer, a thief, a builder and others out to sea. (E)

EVENING

9:00 pm WTBS (3) ***"Back to the Future Part II" (1989, Science Fiction) (PA) Michael J. Fox. A young man and his inventor friend must take a DeLorean time machine to 2015. (E)

10:06 pm CITY (29) ***"The Very Thought of You" (1999, Romance-Comedy) Monica Potter. A Minnesota woman making a fresh start in London meets three friends separately, by coincidence, and changes all of their lives.

11:15 pm WTBS (3) ***"Heart Condition" (1990, Suspense) Bob Hoskins. A racist policeman receives the transplanted heart, and soul, of a black lawyer he doesn't like. (E)

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news leader puzzle page
puzzle maps of exploration

Draw a line on the map from (bracketed clue) solution to (bracketed clue) solution



It was a damp, fog blanketed January morning that shielded our departure from prying eyes; we cautiously sailed out from Dieppe, France, 49.55°N/1.05°E, into the English channel. Our Italian captain was very popular with King Francis because he had previously captured a Spanish treasure galleon for France worth millions of dollars. Cold waves slapped our hull as we headed south west to the Madeira Islands where we purchased supplies. Heading west from there we quickly picked up a strong south westerly wind and were able to sustain a good speed accompanied by dolphins leaping in our bow wave. But it was a storm filled 'stop and go' journey and by the time we reached the new lands and dropped anchor at (dreaded cloak) it was March. Relieved to be warmer and not tossed about, we headed south along the coast at a leisurely pace and saw long white sand beaches and green forests, but no people. Eventually, we turned out to sea and were pushed north by the (chasm flowing) to a land fall at (headland - top cover + like earths). Heading further north we passed (game with pawns - pointed + Cove) and the Delaware River Bay before making anchor in a narrows between (clearly say -N) and Long Islands where we could see a large fresh water bay to the west. We were greeted by friendly natives in canoes, called The Lenape people and exchanged gifts for food. We were intrigued by their strange habit of sucking on hollow burning sticks and blowing out smoke. Continuing northeast along the Maine coast we traded with more natives. The fair winds along with a current that swarmed with fish, encouraged the captain to continue along the coast to Nova Scotia and eventually home to France carrying news of abundant lands ready to be settled.



Let's Play Princeton Trivia!

Question:

Where is Mile Zero of Highway 5?

Last Week:

A Greyhound ticket cost \$6.00 one way and 10:30 return between Princeton and Vancouver in November 1949 on the 'new' Hope Princeton Highway.

www.princetonmuseum.com

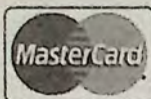
Brought to you courtesy of: PRINCETON MUSEUM

SOLUTION: You have just followed the route of discovery completed by Giovanni da Verazzano in 1497 in English form... © Puzzlemaps.com © 2006

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



announcements

announcements

notices

Gary & Kim Johnston would like to announce the engagement of their daughter Diane Christine to Brent Richard Blank son of Bryn and Carol Blank.



Wedding to take place on August 18, 2007.

Mary Kay Open House

An invitation to customers and friends. My Open House will be held:

1:00 - 4:00 PM
Tuesday, November 7th
2:00 - 5:00 PM
Wednesday, November 8th
and 11:00 AM - 3:00 PM
Thursday, November 9th

At my apartment #1 Princeton Place, phone (250) 295-3273.

Sincerely, Ruby Cappos

HAKER

Ron, Rick & Donald

Sad and sudden was the call,
So dearly loved by one and all
Their memory is as clear today,
As in the hour they passed away

Carlo & Barb, Barbie & JR

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notice

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Firewood for sale. 5-ton load \$150.00/load + \$1.00/km. (250) 295-4123. Oct 03-Dec 19

Dehumidifier, brand new, never used. Paid \$230.00. Will sell for \$100.00. Big O drainage pipe. Make an offer. (250) 295-4394. Oct 17-31

Washer and dryer, dishwasher and bedroom set as well as other household items. (250) 295-0294. Oct 24-Nov 07

1990 Chevy Lumina Euro. Has good tires. Asking \$2,000.00 OBO. Call (250) 295-6315. Oct 24-Nov 7

1999 GMC Suburban (black). Lots of kms (308,000) but in mint shape. New tranny at 260,000 kms. Fully loaded-leather throughout, air, power and heated seats, PW, CD, tape, 5.8 L engine, built in custom phone system w/speakers throughout, good tires, roof rack, bucket seats and much more. First 120,000 kms looked after by GMC and the last by Huff's Auto. All records available. \$13,800. Call Dean Stinson at (250) 295-8537. Oct 31-Nov 06

1985 Chevy Nova in good running order. Lots of work invested in car. Have receipts. \$600.00 OBO. (250) 295-1568. Oct 31-Nov 14

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Jul 06-tfn

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3-bedroom house in central Princeton. \$675.00/month. Call (604) 240-6207 to rent. Oct 24-Nov 07

notices

A musical memory gift for that special someone. This unique gift is just \$20.00 plus postage. Contact youwinagain9@yahoo.ca for details. Jul 25-tfn

Musical Entertainer available for hire. Private parties, local events, etc. Patty (250) 295-0520 or e-mail pattyann@uniserve.com. Jul 25-tfn

card of thanks

Thank You Copper Creek Ranch and Jerry Smith and crew for helping the family protect the Jameson graveyard.

Princeton & District Community Services sincerely thanks High Country Styling for the generous donation of a hair dryer and styling chair to Vermilion Court. Residents and staff are most appreciative of this addition to their hair dressing room. Thanks, Corrie!

wanted

Looking for any 409 Chev Hi Po Heads, 1971-73 Vega Hatchback (complete). Call Wally at (250) 493-8376. Sep 19-tfn

Girls Size 7 skating dress and tights. New or used. (250) 295-7113. Oct 17-tfn

think about it

Examine your relationship with God. Free at the Church of your choice. Any Sunday that works for you.

in memoriam

in memoriam

In Loving Memory of Donald, Rick & Ronny Haker November 4, 1991

We often lie awake at night, when the world is fast asleep.
And take a walk down memory lane with tears upon our cheeks.
We cannot bring the good times back when we were all together.
But loving memories from the past, will stay with us forever.

The time we shared with you is worth its weight in gold.
The joy and the laughter that you gave are ours to have and hold.
Remembering you is easy, we do it everyday.

But missing you is heartache, that never goes away.

Gone from our home but not from our hearts,

Lovingly
Mom, Dad & Vickie
(Shirley & Tom)

card of thanks

card of thanks

THANK YOU

It is with our deepest gratitude and love that we say "thank you" to our children Justin and Brittany, our sister Dina and niece MaryAnn who planned, orchestrated and carried out an unforgettable surprise 25th Anniversary celebration we will always remember. On October 14th the Catholic Church Hall, decorated in a beautiful blue and silver theme, was filled with more than eighty of our family and friends waiting to surprise us. Brittany put her Culinary skills to the test and catered the event along with delicious salads and side dishes brought by family and friends. There were many "compliments to the chef". Thank you to Justin, Sarah, Raelene and girls for putting together a very special slide show we will always treasure. We thank everyone who participated in helping to make this such a special evening. We want to make special mention to our daughter Brittany who began planning this event in the Spring, to Ellie and Leslie who never seemed to leave the kitchen, Tom and Shar for whisking us "out of town" the night before, Fred & Fran for all their help decorating and cleaning up and to Dina for her never-ending love and support. We feel so blessed to have such a wonderful family and group of friends. Thank you again everyone.

Love Tim & Theresa Antonick

PS Lost at the party was a digital card for a Canon Camera. Please call 295-3312 if it is yours.



REQUIRES PLOW TRUCK OPERATORS

Argo Road Maintenance is accepting Resumes from drivers experienced in the operation of tandem axle trucks for the Princeton area. Experience operating snow removal equipment would be an asset but is not essential. Applicants must hold a valid BC driver's licence, minimum Class 3, with air brake endorsement and must provide a current Driver's Abstract with their Resume. Please submit your Resume to Clint Lee, Area Sup't at 331 Laurie Currie Way or by fax to (250) 295-7983.

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



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From the Author of:
"Blakeburn - B. C.'s Forgotten Ghost Town"



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Box 1423
Princeton, BC
VOX 1W0

The contents of Outside Storage (Mercury Cougar VIN#6119365807 and White Ford Trailer) at Dewdney Trail Self Storage Ltd. have accumulated storage costs amounting to Four Hundred and Fifteen Dollars and Fifty-one Cents (\$415.15). If you have not paid this outstanding account by November 3rd, 2006 the contents will be sold by auction on Friday, November 10th, 2006 to cover storage costs.

Attention: Dave Machin
Box 1028
Princeton, BC
VOX 1W0

The contents of Unit #66 at Dewdney Trail Self Storage Ltd. have accumulated storage costs amounting to Two Hundred and Ninety-six Dollars and Eighty Cents (\$296.80). If you have not paid this outstanding account by November 3rd, 2006 the contents will be sold by auction on Friday, November 10th, 2006 to cover storage costs.

Attention: Trevor Snihur
186-2nd Avenue
Tulameen, BC
VOX 1G0

The contents of Unit #76 at Dewdney Trail Self Storage Ltd. have accumulated storage costs amounting to Two Hundred and Eight Dollars and Thirty-two Cents (\$208.32). If you have not paid this outstanding account by November 3rd, 2006 the contents will be sold by auction on Friday, November 10th, 2006 to cover storage costs.

Attention: Maurice Crawford
Box 1521
Princeton, BC
VOX 1W0

The contents of Unit #109 and Unit #137 at Dewdney Trail Self Storage Ltd. have accumulated storage costs amounting to Three Hundred and Forty-Eight Dollars and Sixteen Cents (\$348.16). If you have not paid this outstanding account by November 3rd, 2006 the contents will be sold by auction on Friday, November 10th, 2006 to cover storage costs.

WATCH FOR NOTICE ON NOVEMBER 7th PAPER IF AUCTION IS TO TAKE PLACE.

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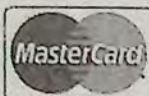
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 MONDAY 12 NOON
 ARBOR HOUSE
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Notice to Intending Applicants For Non-Replaceable Forest Licence A81242 Within the Merritt Timber Supply Area

Pursuant to Section 13 of the *Forest Act*, the Minister of Forests and Range has authorized the Regional Manager of the Southern Interior Forest Region to invite legal entities to submit an application for a Non-Replaceable Forest Licence to harvest smallwood stands of timber from specified areas of Crown land within the Merritt Timber Supply Area.

Non-Replaceable Forest Licence A81242 will have a term of 5 years and an allowable annual cut of 35, 000 cubic metres per year from stands meeting the licence criteria. The successful applicant will be required to undertake all operational planning, engineering, and silviculture work and associated costs under this licence in accordance with the *Forest and Range Practices Act* and any associated regulations. All eligible applications will be evaluated on the basis of highest bonus bid, pursuant to Section 13 of the *Forest Act*.

Applications must be submitted in sealed containers marked "APPLICATION AND TENDER FOR NON-REPLACEABLE FOREST LICENCE A81242 WITHIN THE MERRITT TIMBER SUPPLY AREA" and must be received by the:

Regional Manager
 Ministry of Forests and Range, Southern Interior Forest Region
 515 Columbia Street, Kamloops, British Columbia, Canada V2C 2T7
 Phone: 250 828-4131
 Attention: Glen Sparrow

on, or before, 2:00 p.m. Tuesday, November 28, 2006. Applications received after this deadline will not be accepted. Public tender opening to commence at 2:15 p.m. Tender packages or additional information can be obtained by contacting the Regional Manager or:

District Manager
 Ministry of Forests and Range, Cascades Forest District
 Box 4400 Station Main, Merritt, British Columbia V1K 1B8
 Phone: 250 378-8400
 Attention: Rich Hodson

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editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

Far more tricks than treats

Maybe it was the costume. It's not often we see a 7-year old dressed up in a business suit carrying a briefcase at our front door. But, it was Halloween, so anything is possible.

"Trick or treat!" He yelled at us.

"And what are you dressed up as young man?" We asked.

"Oh, I'm dressed up as someone from Compliance Energy and I'm here to sell you on the economic benefits of our coal-fired power plant that we're building just upstream from here."

We were starting to think there was a trick in here somewhere when someone dressed up as a giant three-eyed fish appeared on our doorstep and pushed the little business suit out of the way.

"I'm from the Similkameen River about five years after the Compliance project started pumping power into the BC Hydro grid," said a voice buried deep within the fish costume.

Then a little girl dressed up as a little baby approached our door. She looked so very sad.

"Are you okay?" We asked.

"I'm worried," she said.

"Worried?"

She nodded to the kid in the business suit and started to cry.

"I am so fearful of what may happen to me with all the mercury in the air and who knows what other invisible particles have found their way into my young and venerable system thanks to HIM!"

The business suit shoved his way back in front, "Hey, we told you we'd meet the standards set by the Province and we did."

"What about me?" The three-eyed fish inquired.

The kid in the business suit opened his briefcase and started pulling out papers, "Our studies show..."

"I don't care about your studies," the little girl said. "Look what you've done to our Valley."

"We created jobs..."

"Ha!" sputtered the three-eyed fish.

It was at about this time we were hoping to see a Cinderella or a ghost or a Captain Jack Sparrow or Batman or something other than the three kids on our doorstep.

Then suddenly from the darkness of the street appeared two bigger kids, one in a Spiderman outfit and the other dressed as the Incredible Hulk.

They chased away the little guy in the business suit and starting playing around with the three-eyed fish and the little mercury-poisoned girl as if they were all friends.

"Trick or treat!" Spiderman and Hulk chimed together.

"Give us a trick and we'll give you a treat," we said.

"Hey, Dude, didn't you see what we just did?" Spiderman says.

Then Hulk puts his arm around him and points to the business suit kid running away from the house and says, "We just saved the Valley. That's got to be worth something."

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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your turn

Hope visits the cenotaph issue

To The Editor;

RE: The Remake Of The Cenotaph - As we move into the future let us not forget the past.

My family is very familiar with Canada's military history. At the age of 12, I accompanied my parents to Britain to meet the Queen and Prince Phillip in commemoration of the 100th anniversary of the Victoria Cross. Leo Clarke, one of two of my mother's brothers who fought in the war, was awarded the V.C. posthumously. He was from Winnipeg one of three soldiers from Pine Street, later renamed Valour Road.

His story can be found at the following website location: http://en.wikipedia.org/wiki/Leo_Clarke.

My father as well served in the First World War alongside two of his brothers, one Jack, killed in action at 18 years old. My older brother Arthur fought in WW2.

My husband as well had two uncles who served, one in the First and one in the Second World War. His adopted father also served in WW1 and was decorated for dragging two unconscious soldiers to safety after being hit with mustard gas. His lungs were badly damaged and for the remainder of his life he struggled for every breath.

I mention this family history only to point out that I have over the years heard many stories first hand. Not about the war itself, but rather of the profound hope that generations who followed would understand the sacrifice and work toward a better world because of it. My father was a prolific writer, his story 'That My Children Know' can be

found at www.kingandempire.com under the archives link **Guy Smith**.

I understand we are now looking for suggestions for a makeover of the Town Square or Cenotaph. I believe this presents us with a great opportunity to create an exciting, friendly and joyous space. A place where visitors can come and get to know a little more about our community, a place where this community can come together and get to know each other a little better.

My father loved his family and it was a large one. We were all

brought up to understand the depth of sacrifice and November 11th was truly a day to remember. However he was much more interested in the future than in the past, more concerned with peace than with war. Nothing pleased him more than children laughing and playing. If we really wish to honour the memory of those who gave so much let us not forget what it was they fought for, let us honour them with a space of joy and optimism. We should not do less!
- June Hope, Princeton

Are You Concerned...

about the proposed coal/wood burning power plant to be built near Princeton?

The Friends of the Similkameen Valley invite you to information meetings on the health and environmental implications of a power plant that burns coal.

7 PM Wednesday, November 1st

Riverside Wellness Centre

7 PM Thursday, November 2nd

Victory Hall, Keremeos

Guest Speakers:

Karen Campbell, Pembina Institute - Casey Brennan, Wildsight

Campbell and Brennan will present information on the toxic elements found in coal emissions; BC's Standards for these emissions and potential health and environmental impact.

A Question Period will follow.

ALL SIMILKAMEEN RESIDENTS INVITED TO ATTEND

Current Comment:

Yes, there is danger in cloned meat



Dawn Johnson
editor@thenewsleader.ca

A controversy has erupted in the United States over whether or not meat and milk from cloned animals is safe for public consumption.

I don't see any danger from eating the meat or drinking the milk from these animals, but I see a bigger danger to the entire food production industry from cloned livestock.

We have to think outside the processing plant and the meat counter or milk carton. We have to think about what cloning means in terms of corporate profit.

First, there is no profit to producing animals by cloning. It is horrendously expensive and hardly a viable source of meat or milk.

The real danger lies in corporate ownership of the genetic material of food sources.

In my view, every beef, lamb, goat, chicken or dairy producer, and every consumer, should fight the right of a corporation to claim ownership of genetic material.

These cloned animals created by a corporation are owned by the corporation. Because the corporation created the creature, the corporation has the right to own all of the creature right down to its genetic material. In a sense, it is like making the master copy of a movie. Everybody who reproduces a copy of the movie pays a royalty. In the case of cloned animals, the corporation could charge a royalty for every animal containing all or a portion of the generic material of the original cloned animal.

Suppose you are a beef producer. You want new genetic material for your herd, so you go to an auction and buy a new bull. Imagine how you would feel if that bull had the genes from a cloned animal and you had to pay a royalty for every animal born to that bull, and a royalty for every next generation of that bull's descendants. You would soon be paying a hefty sum to a corporation somewhere if your herd grew much larger.

As a consumer, you would pay more for food coming from cloned sources because the producer is paying royalties. You could find yourself paying more for milk, eggs, chicken, ducks, lamb and pork.

One of the ways to avoid this would be a law that every animal containing genes from a cloned source must be identified to any purchaser. The

best way to put a stop to this would be to insist that no company can claim ownership of genetic material. So far, no nation has been prepared to do this, leaving corporations in a position similar to having the right to print money.

The other problem we could face is the extinction of the small producers, and a resulting loss of genetic diversity. Suppose the genes from these cloned animals prove to be susceptible to certain fatal diseases. Genetic diversity prevents the extinction of most species because microbes cannot adapt to every genetic combination. If all of the animals on whom we depend for meat and milk were wiped out because they all had the same genetic components, we would see the extinction of these animals.

Remember, this is our food supply we are talking about, not the extinction of some unusual bug. We are talking about survival, and there are a lot of food producers very concerned now about the loss of genetic diversity in food plants. If the same thing begins to happen in animals, the potential increases for starvation at some point in the future.

In the world of plant production, corporations already have the right to develop a new strain and own the genes.

Governments have done nothing to prevent this trend. Governments have done nothing to abolish the

right to own genetic material from any plant or animal.

Nobody can create a gene. At best, scientists can re-combine genetic material, just as the rancher does when he buys a new bull. Genes exist through the natural selection of millions of years of evolution. Perhaps the original Creator is the only true owner of genetic material, but that owner is not likely to charge a royalty to earn profits for shareholders.

We are stakeholders in the future of our species. I recognize that a lot of our fellow humans do not regard our species as worth preserving, but perhaps we must survive now in order to protect the genetic material of other species from corporate exploitation.

If you can see the danger to which I am pointing, perhaps you would like to send this article to your Member of Parliament, your MLA, your mayor or Regional Director, and whoever else you think might be able to help put a stop to the privatization of genetic material. Tell your government, "Genes are not for sale."

After you do that, start a family policy of buying from local producers of food. Buy you eggs, chickens, beef, pork and mutton from a local producer. That way, we help preserve our food production industry from corporate piracy.

Marketplace Ministry

by Jim Caruso

One Big Happy Family.

There is a story about a guy who was shipwrecked on a desert island, and after 20 years he was finally rescued. As they loaded his stuff into the rescue boat, he showed the captain his house that he had built and then said, see the building up on the hill? That's the church I go to. The captain said as they left the island as he looked up on the other side of the hill, where the rescued man's church was and asked him, what is that building on the other side of the hill? The man said, Oh, that's the church I used to go to.

I remember when I was living in a small community, talking to someone about going to church. The comment made to me was, Why are there so many churches if there is only one God? In trying to explain my perspective as to why there are so many churches, I mentioned that I did agree this was confusing, but many churches believe fundamentally the same way and it really did not matter what church you went to as long as it was a bible-believing church that emphasized that Jesus Christ came to earth to die for your sins.

The next question was a little tougher. If these churches are the same, then why don't they get along with each other? They never seem to do things together and they are forever squabbling with each other. We had, at that particular time in our small church, just enjoyed a joint service with the Baptist church in our community and I had just come home from a Bapti-costal (Baptist and Pentecostal), potluck dinner. The timing was great for my side.

But, in all fairness to his question, what is it about the church? The way I read it in the Bible, Jesus only established one church. It wasn't Anglican, Catholic, (although the word catholic means universal) it is not Pentecostal, or Full Gospel or Four Square; and I think the Baptist that God knows is John, (I realize I may have left your church out, but it is just due to lack of space.) Jesus said to Peter in Matt.16:18: Upon this rock I will build my church and the gates of hell will not overpower it.

His is a New Testament Church made up of human beings who were once destined for hell, but because of His love He became a substitute for the penalty of sin for all who call upon His name and accept His forgiveness.

My first trip to Russia allowed me the privilege to experience the church in another country. I was even more blessed when I was able to enjoy Easter celebrations twice in one year. The Russians celebrate Easter a week after we do here in North America. The church I attended was not church affiliated with our fellowship, but one with similar beliefs and they called themselves the New Testament Church. The music was similar, while of course the words were in Russian, but the presence of the same Lord Jesus was there. I traveled from one side of Russia to the other and found wherever I attended a church or a Bible study, I experienced the same thing that I experienced back in Canada, that is the love of Christ in his family.

Maybe the word family - is the key here. We all have a family, some of us get along, and for others it is less than perfect. When we speak of the extended family we even run into more difficulties with relationships. I know all about this from my own experiences, as my dad's family originated in Palermo, Sicily. But I don't think that I will go there in this article. The church is a family made up of many individuals, whether they are Canadians living in BC or Russians living on the other side of the world, we are still one family in Christ.

Pastor Jim Caruso - Oceanside Community Church, Parksville - pjcaruso@telus.net

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!



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Pastor Tony Essex 295-7951

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Princeton Rotary Club contributed \$1,000.00 last Friday to Little Folks Nursery School in support of the Community For Kids Preschool Support Program. From left, Susan Hamilton accepts the cheque from Rotary secretary George Elliott while Rotarian Kevin Kelbert accepts a certificate of appreciation from Kathy Froese and Sandy Yee. Photo: Mike Talarico. *



2006 Santa Presents CRAFT SHOW
Saturday, November 4th
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Marge Noble (250) 492-8577 Discovery House Gift Shop

.....continued from Page 10

small greenish-yellow caterpillar, which wriggles frantically, and may drop on a thread, a good tactic for avoiding hungry birds. By early summer they will have eaten their fill of the tender buds and started on mature needles, and they will then form pupae. You may then find a small pupa in a bit of web, and it will wriggle its tail if you touch it. The pupa turns into an insignificant grey-brown moth, which flies around aimlessly, mates and lays eggs. Budworm spend the winter as eggs, and they can survive our coldest temperatures. However, severe cold in April will kill a lot of freshly hatched larvae.

Budworm rarely kill older trees,

since the infestations normally crash after three or four years, and veterans can bounce back nicely. Young trees and seedlings are more vulnerable. The crash is caused by a host of predators—parasitic wasps (over forty different species), viruses, and insectivorous birds, such as nuthatches, chickadees, flycatchers, and finches. Chipmunks and squirrels devour a good many. Of course, budworms are much more vulnerable to predators than bark beetle larvae, which are safe under their bark from all but woodpeckers. Unfortunately they seem to be more vulnerable than are parasitic wasps and insectivorous birds to the sprays the chemical companies insist we apply at the first sign of a build-up, so such spraying frequently makes the problem worse.

a little, black, very hungry larva. And again the trees will almost certainly survive a couple of years of defoliation. Predators, in the form of warblers, are even now moving in to solve the problem. On the other hand, loggers probably like this insect, since they don't much like alder—but it is vital to a healthy forest.

Hence the Mountain Pine Beetle remains our biggest problem, and it is terminal, at least for our lifetime. The key in its control is probably a change in the weather, a return to colder winters, for which we may devoutly hope but which we should not expect. Global warming appears to be here to stay. Furthermore, the drought which comes with increasing temperatures and lack of rain causes stress to trees, making them more susceptible to attacks by insects and disease. Observe the north slopes above the highway from Hedley to Keremeos. Those dead and dying Douglas Fir appear to have succumbed to a combination of stress from drought and a resultant lack of resistance to beetles (in this case Douglas Fir Bark Beetles).

So while we have had a growing budworm infestation over the last couple of years, relatively few fir have died, and those that have were probably made especially vulnerable by the stress caused by drought. The longer the drought prevails, the more serious the situation will become. Pray for lots of rain and snow.

The third pest is no real problem except to our aesthetic sense. The Alder along the river are in some cases stripped bare of leaves, leaving only the skeletal veins. The culprit is a close relative of the beloved lady beetle, and a member of the family Crysomelidae. Again the problem is

This is why it is so amusing to hear Gordon Campbell earnestly and self-righteously declaring a 'War on Beetles', at the same time as he is enthusiastically endorsing coal and gas fired generation of electricity, which produces carbon dioxide, which causes global warming, which permits the beetles and budworm to flourish.

So admire the curious engravings laid out on the inner bark of our dead pines. Look next spring at the terminal buds of Douglas Fir and observe the budworms wriggling under your gaze. Scan the skeletal leaves of the alder along the riverbank. And look forward to future invasions of those insects which are clever enough to capitalize on our drastic manipulation of our climate and our world.

P.S. Since I am not an expert entomologist, I will be grateful for any who are, and who wish to correct any errors.

Yale-Lillooet MLA
Harry Lali

INVITES YOU TO JOIN:


John Horgan
MLA and NDP Opposition Critic for Energy and Mines, and

Shane Simpson
MLA and NDP Opposition Critic for the Environment

For a Community Discussion on why the NDP Opposition opposes the proposed Co-generation power plants.

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Step 1: See Below. Step 2: See Step 1.

 <p>278 Tulameen River Rd \$488,300</p>	<p>Tulameen Total Sq Ft: 1,400 MLS# 37386 Extremely private acreage in Tulameen. 5.76 acres, stunning 3-bedroom log home, double garage, park-like setting. Imagine sitting on the big porch overlooking the river with a glass of wine and watching the seasons change. Very, very private.</p>	 <p>2439 Princeton-Summerland \$359,900</p>	<p>Princeton Total Sq Ft: 3,342 MLS# 37072 Wonderful privacy features 550-feet of Hayes creek front. 40'x60' quonset shop has concrete and 220 sunken living room, new laminate and ceramic tile on main. Double sinks, garden tub plus sauna, wonderful country kitchen and so much more!</p>	 <p>211 Penryn Avenue \$197,000</p>	<p>Princeton Total Sq Ft: 2,796 MLS# 37200 Spacious rooms throughout this renovated, well maintained home. Painted inside and out in 2005, new lino and laminate floors in kitchen and livingroom. Full basement, large family room. Yard is landscaped and fenced. RM3 Zoning - duplex.</p>
 <p>15-453 Taylor Mill \$42,000</p>	<p>Princeton Total Sq Ft: 1,136 MLS# 37350 Great country setting for this 12'x68' with 10'x32' addition. Many updates include roof 2002, laminate floor, ceramic tile, gyproc walls, new paint, kitchen and master. Fantastic bath has double head stand-up shower and is handicap accessible. Will trade.</p>	 <p>118 Westridge Drive \$348,300</p>	<p>Princeton Total Sq Ft: 2,442 MLS# 37041 Come see one of the best homes in Princeton. This 4-bedroom home was made for family living. Great spacious and open layout. Home has a full basement with 2-bedrooms and full bathroom to be finished by seller. Great private patio off master.</p>	 <p>1285 Highway 3 \$349,000</p>	<p>Princeton Total Sq Ft: 1,650 MLS# 37171 Immaculate 4-bedroom home, very spacious, high quality wood stove, kitchen with pantry and skylight, laminate flooring, all appliances, fenced and cross fenced. Year round creek, 16'x20' insulated wired and heated guest cabin - easy to show!</p>
 <p>Lot B Coalmont Road \$165,000</p>	<p>Princeton Lot Area (acres): 10.62 MLS# 37191 Over 10-acres, view lot, southern exposure, power and phone at lot line, 20-gallon well.</p>	 <p>2321 Old Hedley Road \$558,300</p>	<p>Princeton Total Sq Ft: 1,782 MLS# 32042 One floor full of gracious living! Great 3-bedroom home located 20-minutes east of town in a quiet rural area. Property has great privacy and river frontage on the Similkameen. Almost new home needs nothing, ready to move into! Come see now.</p>	 <p>1000 Darcy Mountain Road \$72,000</p>	<p>Princeton Total Sq Ft: 1,248 MLS# 37124 Fantastic set up right beside golf clubhouse. Beautifully updated including all vinyl windows and kitchen cabinets plus new covered deck. What a stunning setting among the whispering pines and rolling greens. All this only minutes from town.</p>
 <p>3568 Princeton-Summerland \$179,900</p>	<p>Chain Lake Lot Area (acres): 1.88 MLS# 37198 Nearly 2 acres with private Chain Lake access, backing the Trans-Canada Trail. Cabin, power, phone, water and only 3 hours from the Lower Mainland.</p>	 <p>456 Corina Avenue \$220,000</p>	<p>Princeton Total Sq Ft: 1,220 MLS# 37349 Fantastic setting on the Tulameen River enjoys lovely mountain views. 72-feet of frontage and great privacy. Many updates include windows, paint and flooring. This module is set on full concrete basement. Awesome workshop and many possibilities.</p>	 <p>Lot 2 Highway 3 W \$1,458,300</p>	<p>Princeton Lot Area (acres): 1.45 MLS# 36998 By appointment only through Listing Agent. 72 seats inside, 35 patio and 56 seating for conference upstairs. Great highway exposure, pub sits overlooking Similkameen River. Two patios, cherry wood bar. It is the only pub/bar in town.</p>

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CWB misinformation irks MP

Alex Atamanenko, MP, BC Southern Interior, NDP Agriculture critic, accuses the government of deliberately lying when they say the CWB was a willing participant in Ministers Strahl's Government order to remove 36% of voters from the producers list.

"The government is repeatedly on record saying that the CWB agreed that it was a good idea to remove thousands of eligible voters from the producer voters list half way through the election. This is untrue. In fact the CWB were so concerned over the timing of the Ministerial order issued on September 21, 2006, they were immediately prompted to consult with lawyers," noted Atamanenko.

"This government is deliberately trying to implicate the CWB in the governments undemocratic and ill advised instruction to tamper with the CWB director election process by changing the rules half way through. In February, 2006 the CWB advised the government to act on recommendations put forward in November 2005 by an independent election review panel. It is reprehensible that they have chosen to cast confusion over the whole democratic process instead of exercising this legitimate option in a timely manner. This indicates that their real intention is to disenfranchise voters by making it cumbersome for them to vote," observed Atamanenko.

"Implicating the CWB as an accomplice to this government instruction is merely another arm

of a strategy to discredit and undermine the farmer run organization. There is no other way to look at this. Elections are currently underway in five districts and all have seen anywhere from 25 to 48% of voters removed from the voters list which is now comprised only of those who have sold grain through the CWB in the past 15 months. Some regions where up to 48% of voters have been removed are those who have been victims of flood, drought, or bad harvest weather. Other farmers are in the middle of a crop rotation, or simply haven't had time to sell their crops. The Harper team is preying on farmers misfortunes in an attempt to remove their voices in this election, knowing that many will not fill out the complicated form and get it in on time," condemned Atamanenko.

"In order to receive a ballot, those who have been removed from the list will now have to complete a statutory declaration, have it signed by a Commissioner of Oaths, who is difficult to find in some areas, and return it to the Elections Coordinator by November 17, 2006. This is causing some havoc with the candidates nomination process. What this has done is force candidates, who have already submitted their nominations, to make sure their nominators have re-qualified as eligible voters, or risk being removed from the race," stated Atamanenko.

"The magnitude of government manipulation and misinformation in this election has been breathtaking," observed Atamanenko.

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