

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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Ashes could lead to charges

Former funeral director 'not talking'



Mayor Randy McLean places a wreath at the Cenotaph during Remembrance Day ceremonies last Saturday. He later praised the Legion for all their work. See Page 27 for story. *

The ongoing mystery regarding the former funeral director of Princeton Similkameen Funeral Services may finally be solved.

Last week RCMP made recommendations that dozens of charges be laid against Fred Netherton who is alleged to have given grieving families the wrong ashes.

RCMP Sgt. Terry McLachlan says Netherton could face 58 criminal charges plus 20 additional charges under the provinces crematorium law.

The Princeton Similkameen Funeral Services business was closed in 2004 after it was discovered that Netherton was apparently operating it without a licence.

Twenty families learned they had been given the wrong remains after

a new funeral operator took over and dozens of boxes of ashes were discovered.

Police say crematorium records indicate some families received ashes before their loved ones had actually been cremated.

"When you entrust a governing body to look after things on your behalf and they don't do it to the way they're regulated, then that's a breach of trust," said McLachlan.

Netherton is refusing to speak to police investigators on the advice of his lawyer. It's now up to the Crown whether there's enough evidence to proceed with charges.

Police says it could be weeks or even months before those charges could be approved simply because of the large number of allegations.

Lali hosts 'community discussion' on coal

Close to 200 people filled the gymnasium at Riverside Centre for the second week in a row last Thursday evening. This time it was for a meeting hosted by Yale-Lillooet MLA Harry Lali to discuss the proposed coal-fired energy plant planned for the Princeton area.

Lali explained the purpose of the meeting came from questions coming from within the riding.

"Folks have been talking to me and asking me what the official position of the Opposition is on coal-fired generating plants."

Lali said he wanted to give residents a chance to hear the position and provide a forum for questions.

Guest speaker John Horgan, Opposition Critic for Energy and Mines, discussed the provincial energy plan. He outlined the time line where the provincial government introduced its energy plan in 2002.

"It prohibited BC Hydro from generating its own power and put a call to the private sector."

Horgan said he would like to see the province self-sufficient as a result of the greenest power possible.

"We should start with conservation

first, downstream benefits next and then on to large hydro electric projects."

He also made it clear what it is about coal-fired projects that bothers him.

"It's not independent power as the problem as far as I'm concerned. It's about the source of the electricity."

Horgan even suggested run-of-river and wind generation as two viable alternatives for producing power in BC - far more than the total 52 gigawatts of total energy demand in the province last year.

"We should be looking at sustainable made-in-BC solutions instead of what I view as an evasive species."

Shane Simpson, the Opposition Critic for the Environment, was the other guest speaker scheduled for the evening and discussed the current situation the province faces with energy challenges and health issues.

He said emissions and greenhouse gases play a role in the new energy policy in a time of climate change. Energy production is responsible for much of the emissions and GHG and with energy demands increasing with production of new technology that uses power to operate.

"Is there a demand for energy?" He asked.

"Yes. Is there an energy crisis? No."

Simpson says 28 to 29 percent of the power to be purchased by BC Hydro will be produced by the coal-fired power plants in Princeton and Tumbler Ridge.

He said that between hydroelectric power and natural gas 1,000 homes can be powered in BC. It would produce 325 tons of CO2 emissions. In Alberta, to power 1,000 homes with coal power would generate 8,800 tons of CO2 emissions.

An Environment Canada study between 1990 and 2004 on the increase of GHG emissions put British Columbia in second place after New Brunswick.

"In BC we're going in the wrong direction."

The floor was opened for questions and comments and many were directed at Compliance Energy Corporation President and CEO John Tapics.

Tapics, who was in the audience, responded to many of the questions and was given the opportunity to explain their position on many of the issues discussed earlier in the meet-

ing.

"What we are bringing to the Similkameen is the best possible technology for the plant we are using."

Tapics went on to explain the coal gasification process is best suited for large scale plants, far greater in size than the one proposed for the old Similco Mine site.

He also responded to questions about assays and coal content by stating the company is still gathering 'factual information' and will be presenting a series of public information meeting to share the details with area residents.

Although Tapics was accused of answering the questions with 'non-answers' he did say the Compliance project was actually going to lower emissions from waste wood being burned in large slash piles by using a targeted 50/50 split of waste wood and coal in the power plant to produce energy.

Mayor Randy McLean says the issue of jobs versus the negative perception of a small town with a coal plant is a no-brainer.

"If we are saying 20 or 30 jobs are going to offset the connotation of

what a coal-fired power plant is going to do to our community and the difficulty it will bring in attracting new business and tourists here, I don't believe it."

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This Week**

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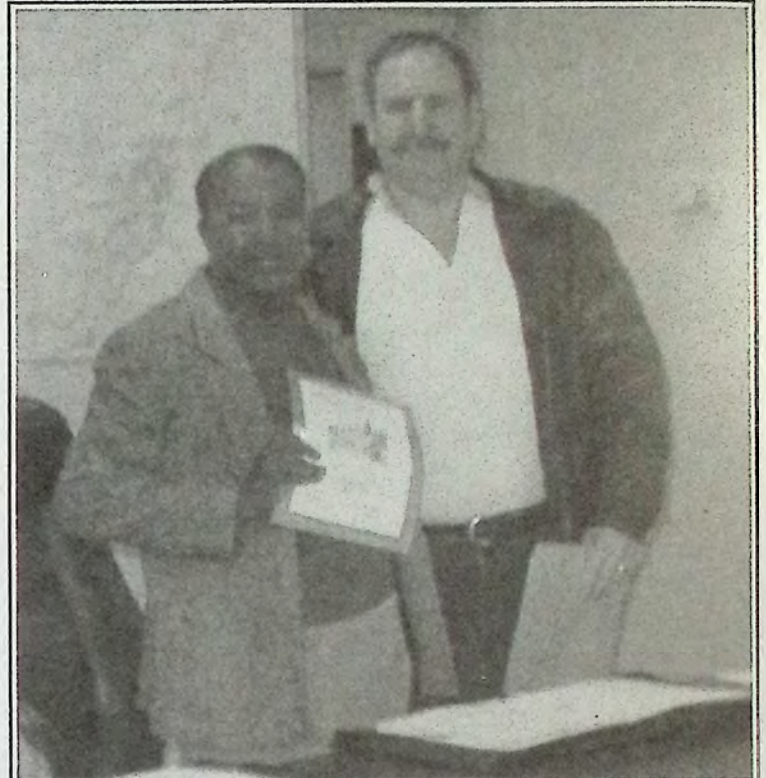
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Councillor Pam Jones received a standing ovation for her "Welcome to Princeton" speech at the Regional Presbytery Conference hosted by St. Paul's United Church. Above, Bud Sadegur presents Councillor Jones with a certificate of appreciation.

Jet fliers express praise

Town Council received a letter thanking them and praising them and Dave Woodruff, from Princeton R/C Jet Fliers for the Jet Rally held in September.

Bart Ramsay, who organized the event, said there were 27 registered pilots this year, and an equal number of turbine planes. Nine came from BC, five from USA and 13 from Alberta.

The turnout was "a bit stunted", Ramsay said, attributing this to the smoke from the forest fire.

Ramsay advised Council they had set up two test days in October and enjoyed perfect flying conditions.

Ramsay stated the club is now planning next year's event, for which they intend to do more advertising.

Rodeo club marks end of era

Princeton Rodeo Club hosted their Annual General Meeting November 3rd at Town Hall where long-time President Stan Thompson stepped down.

"I'm not running for President again," Thompson told 20 people packing into Council Chambers at Town Hall for the meeting.

He went on to thank the numerous volunteers and sponsors for their years of support.

"Without our sponsors we couldn't maintain this event. I can't thank our sponsors enough."

The Princeton Rodeo Club, which over the years has hosted British Columbia Rodeo Association events, Senior Pro Rodeos and Canadian Professional Rodeo Association events, has reached the end of its five year plan.

"I had hoped after five years (of CPRA rodeos) we would be self-sufficient," Thompson said.

The Club started its CPRA life with \$20,000 in the bank and had originally planned to keep hosting rodeos and if it ran out of money, the club would stop.

Each year during the past five years the club ends up with between \$18,000 and \$20,000 in the bank.

Last year, the club was able to collect \$29,000 in sponsorships alone.

"Which is pretty phenomenal I

think," Thompson pointed out.

Last year's rodeo included the first ever Similkameen Bull-A-Rama on the Friday night before Saturday and Sunday CPRA performances. The Bull-A-Rama event earned the club a profit of \$1,355.00 and a major sponsor is still in place.

"Our attendance on Sunday was down so for a small community I think three days of rodeo may be too much."

The club briefly discussed possibly moving the Bull-A-Rama event to Saturday night instead of hosting a dance.

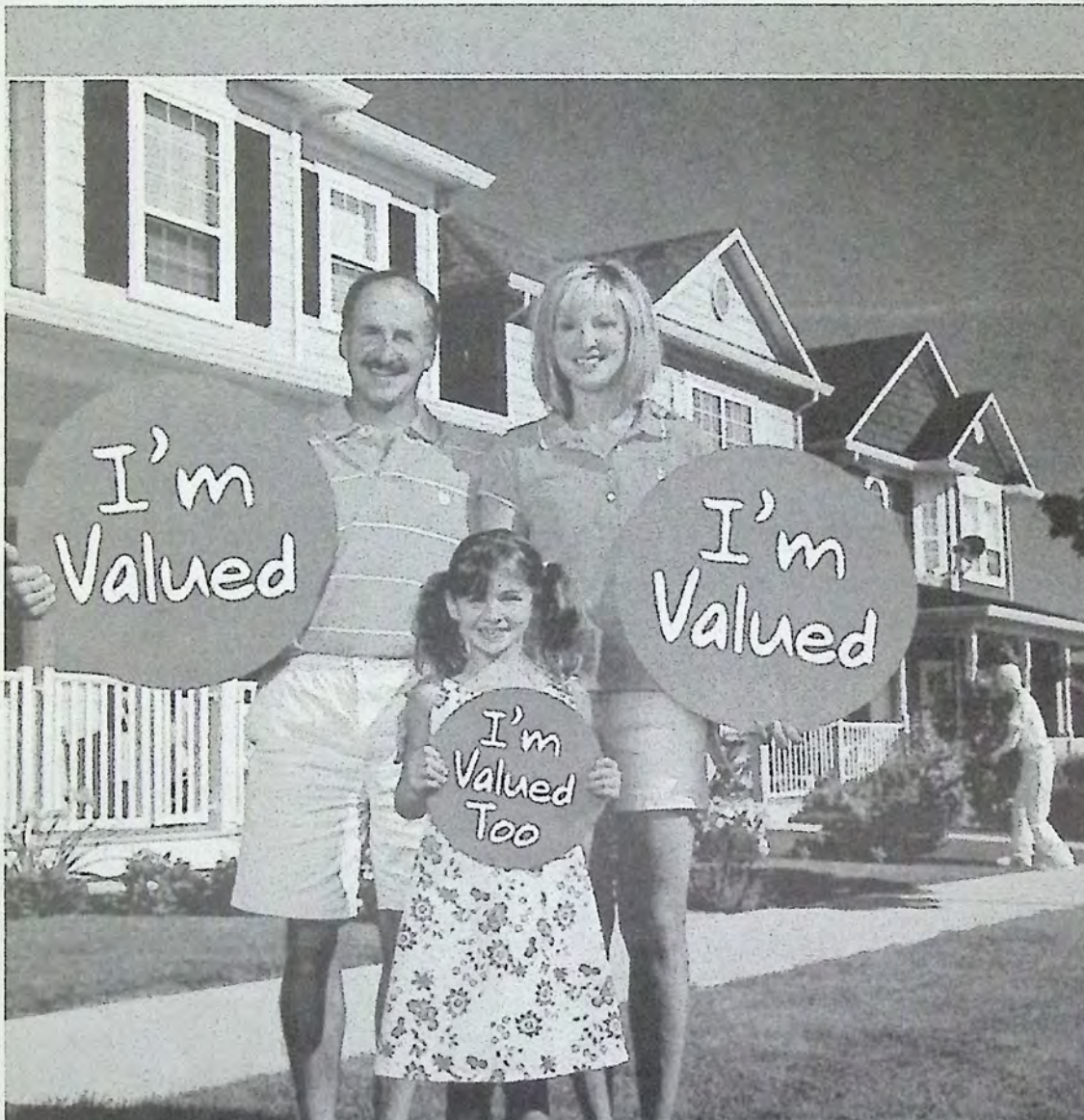
Thompson was commended by the membership for his years of service to the club and the sport of rodeo in Princeton.

"I'm not quitting by a long shot," was his comment.

A new executive was elected placing Mike Theal in the President's chair with Lyn Melnechenko Secretary and Linda Van Dyke Treasurer.

Directors for the next year include John Draper, Dave Budd and Jack Thomas. Stan Thompson is automatically a Director as Past President.

The new executive is faced with three major tasks that need to be decided before the end of the year. They include securing a stock contractor, announcer and clown for the 2007 rodeo, which will take place May 12th and 13th.

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SPECIAL INFORMATION REPORT

"This was written by a young girl who was in jail for drug charges, and was addicted to meth. She wrote this while in jail. As you will soon read, she fully grasped the horrors of the drug, as she tells in this simple, yet profound poem. She was released from jail, but, true to her story, the drug owned her. They found her dead not long after, with the needle still in her arm."

I AM METH

My Name: Is Meth
I destroy homes, I tear families apart, take your children, and that's just the start.
I'm more costly than diamonds, more precious than gold.
The sorrow I bring is a sight to behold.
If you need me, remember I'm easily found;
I live all around you - in schools and in town.
I live with the rich; I live with the poor, I live down the street, and maybe next door.
I'm made in a lab, but not like you think, I can be made under the kitchen sink,
In your child's closet, and even in the woods.
If this scares you to death, well it

certainly should.
I have many names, but there's one you know best,
I'm sure you've heard of me, my name is crystal meth.
My power is awesome; try me you'll see,
But if you do, you may never break free.
Just try me once and I might let you go,
But try me twice, and I'll own your soul.
When I possess you, you'll steal and you'll lie,
You'll do what you have to -- just to get high.
The crimes you'll commit for my

narcotic charms,
Will be worth the pleasure you'll feel in your arms, your lungs your nose.
You'll lie to your mother; you'll steal from your dad,
When you see their tears, you should feel sad.
But you'll forget your morals and how you were raised,
I'll be your conscience, I'll teach you my ways.
I take kids from parents, and parents from kids,
I turn people from God, and separate friends.
I'll take everything from you, your looks and your pride,

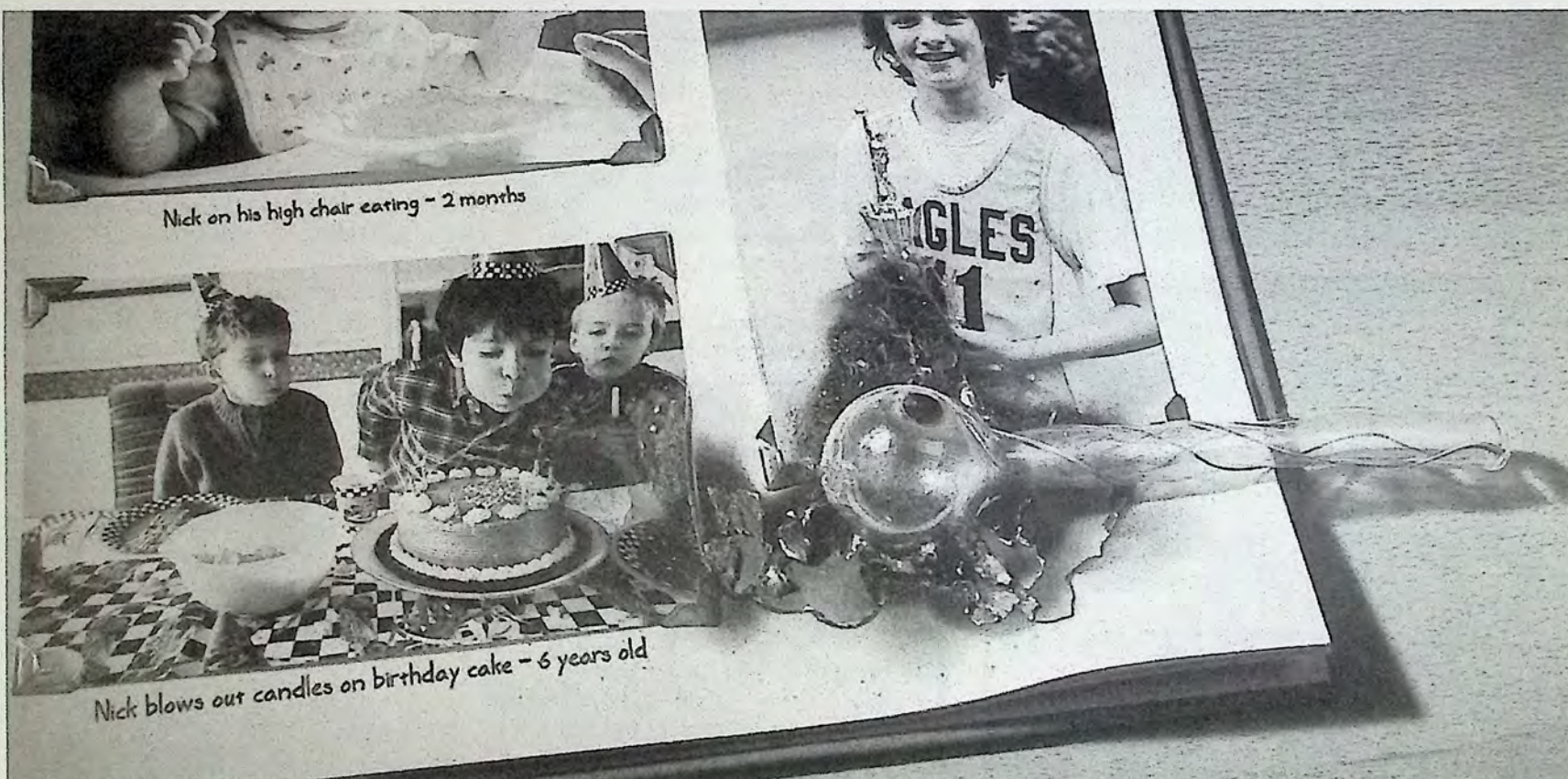
I'll be with you always -- right by your side.
You'll give up everything - your family, your home,
Your friends, your money, then you'll be alone.
I'll take and take, 'til you have nothing more to give,
When I'm finished with you, you'll be lucky to live.
If you try me be warned - this is no game,
If given the chance, I'll drive you insane.
I'll ravish your body; I'll control your mind,
I'll own you completely; your soul will be mine.

The nightmares I'll give you while lying in bed,
The voices you'll hear, from inside your head.
The sweats, the shakes, the visions you'll see,
I want you to know, these are all gifts from me.
But then it's too late, and you'll know in your heart,
That you are mine, and we shall not part.
You'll regret that you tried me, they always do,
But you came to me, not I to you.
You knew this would happen, many times you were told,
But you challenged my power, and chose to be bold.
You could have said no, and just walked away,
If you could live that day over, now what would you say?
I'll be your master; you will be my slave,
I'll even go with you, when you go to your grave.
Now that you have met me, what will you do?
Will you try me or not?
It's all up to you.
I can bring you more misery than words can tell,
Come take my hand, let me lead you to hell.

YOU CAN GET HELP

There is help for those affected by crystal meth.

The following numbers and web links will lead to information and assistance for crystal meth users, their families and friends, as well as other service providers:
ALCOHOL AND DRUG INFORMATION AND REFERRAL LINE: 1-800-663-1441
SUBSTANCE INFORMATION LINK: www.silink.ca
BC PARTNERS FOR MENTAL HEALTH & ADDICTION INFO: www.heretohelp.bc.ca
DIRECTORY OF ADDICTION SERVICES IN BRITISH COLUMBIA: www.kaiserfoundation.ca
CRYSTAL RECOVERY: www.crystalrecovery.com
- Information courtesy of the Crystal Meth Secretariat



You've had a lifetime to talk to your kids about crystal meth.
What are you waiting for?

Crystal meth is not an easy subject to discuss with your kids. But experts agree parents play a crucial role in preventing kids from taking meth. That's why the provincial government is introducing new tools and resources to help families fight this devastating drug. Together, we can stop meth from ruining a lifetime of memories.

For the facts on crystal meth and tips on how to talk to kids about it, visit www.no2meth.ca



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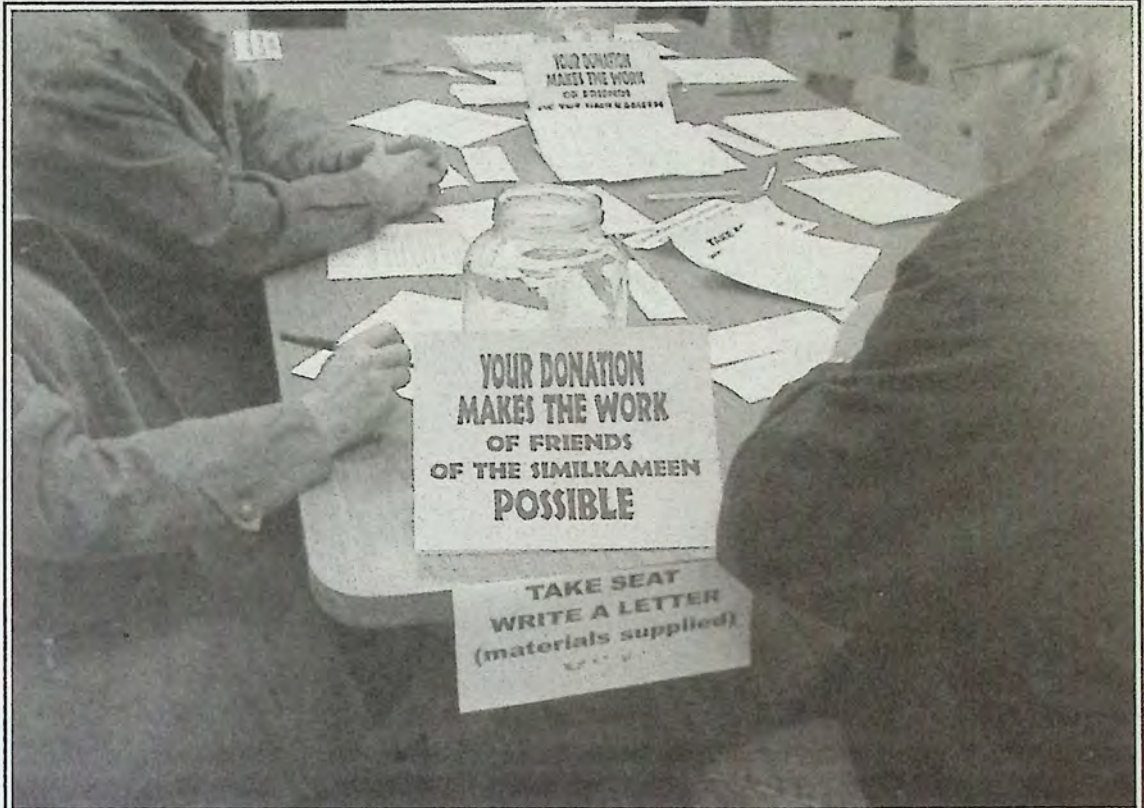
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keremeos and area news



Friends of the Similkameen provided table space, paper and pens to aid in letter writing at the public meeting November 2nd in Victory Hall regarding the coal-fired plant proposed for Princeton.

Keremeos opens food bank

By Dennis Walker, Giant-FM Newsroom

The Keremeos Food Bank opened on November 4th. Located at 714-7th Street, the service will be open 9:30 AM to 12 Noon Thursdays only.

An official ribbon cutting ceremony attracted a lot of attention and dignitaries.

"With boom for some people comes the reverse for others," said Keremeos Mayor Walter Despot.

"And we're starting to see more and more homelessness which is becoming a bigger problem in the province of British Columbia and it's going to be a problem here (in Keremeos)."

Despot sees the Food Bank as part of a much larger picture built on cooperative efforts of all residents.

"I think if everybody works together for mankind in general we can look after our fellow citizens and I think we're obligated to."

Gladys Beaumont, from Zimbabwe, knew the community needed the service and applied to the Adventist Development and Relief Agency for funding.

"So when we put in that application we were amazed at their response. They bought a van for us so now we have a community services van and they gave us money to start the food bank and that's how we got started. But we were operating from a small place in the church basement."

The Food Bank idea was an extension of her original plan.

"At first I wanted to have a soup kitchen but then I thought about it and then I thought, with a soup

kitchen you just feed them for that moment what happens for dinner, for breakfast? That's how I got the idea to do the Food Bank."

Frank R. McMiller, Director of the BC Chapter of ADRA also attended the opening ceremony and explained what his group does.

"The acronym, ADRA, stands for Adventist Development and Relief Agency - this is the humanitarian arm of the Seventh-Day Adventist Church in Canada."

He also commended those who worked to make the Food Bank a reality.

"What a good thing when a community comes together to provide this kind of service. Whether lending a helping hand or receiving one now and then these doors are open to bring a blessing to the giver and receiver alike."

Reverend Rita Harrison of the Keremeos Seventh-Day Adventist Church hosted the opening ceremony.

Beaumont credits the Church with taking her idea and making it happen.

The Food Bank is in need of a cooler. Contact the Church for details.

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Barbara Bushewsky receives a commendation certificate from Mayor Randy McLean for the participation of Linguini's Restaurant in the promotion of B.C. products contest. Linguini's won. Bushewsky said it is easy to prepare great meals from the bountiful produce of our valley.

Council raps Hello BC knuckles

Sheer ignorance could have been the only motivation, according to Town Council, for the route information given to drivers heading from the coast to Princeton. On the Tourism BC website called HelloBC, travellers are advised to take the Coquihalla to the toll booth and then take a back road to

Tulameen and go on to Princeton. The Hope-Princeton Highway is left out of the picture entirely. Tourist Centre manager Lori Thomas phoned three people at Tourism BC asking them to correct the error, but nothing was done. She complained to Council and Regional District to have them reg-

ister their concerns. At the November 6 Town Council meeting, Council decided to send a letter of complaint to Tourism BC, and to every mayor and regional district chair of every community along Highway 3, as well as to the Minister of Transportation and Highways.

Similkameen News Leader thanks Neil Anderson for his help this week!



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Capsule
Comments

by your Pharmasave Pharmacist Wen Wong



There is no food that will "burn away" fat. We often hear about people eating huge amounts of grapefruit, celery or hot peppers to help lose weight. These sorts of diets set you up for disappointment. The magic solution to weight loss is a balanced diet and expending more calories than you consume. Simple as that.

The polypill is starting to appear on pharmacy shelves. These are tablets or capsules with two or more major drugs in them. One recent example has a cholesterol-lowering drug plus a blood pressure lowering drug combined into one tablet. There will be more to follow. In England, they are studying a mixture of six drugs in one capsule!

It's a good idea to do a drug review with your doctor at each visit. Keep a current list of medications with you at all times. These reviews are especially important after a hospital stay.

It is also useful to keep a medication diary. Enter information about the drug in the diary and keep track of any side effects you may experience and record how you feel the medication is working. The diary is very helpful when you visit your doctor because it's so difficult to remember everything.

As your pharmacist, we'd like you to share your medication diary information with us. We can record it on your prescription file for future reference. It helps us to serve you better.

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news leader health page

Peanut safety: Simple steps can save lives

(NC)-Chances are, your life has been affected by peanut allergies. Even if your own children are allergy-free, it's everyone's responsibility to make the world safer for kids with peanut allergies.

So why are peanut allergies so much cause for concern? It's because of the severe allergic reactions (anaphylaxis) that can occur when someone who is allergic to peanuts ingests even a tiny amount of peanut protein. **What is anaphylaxis?**

Anaphylaxis can affect multiple body systems. Symptoms can range from mild to severe and can include hives, vomiting, swelling, difficulty breathing, or a drop in blood pressure. Without proper treatment, anaphylaxis can lead to death. Treatment requires immediate intervention, in the form of epinephrine, delivered by an auto-injector, such as an EpiPen, which will provide lifesaving minutes to get to a hospital.

Practice fire safety with these handy tips

(NC)-We've all burned toast and heard the ear-splitting sound of the smoke alarm going off. In fact, 25 per cent of Canadians have removed the batteries from their smoke alarm to silence the noise, revealed a recent survey, and women were three per cent more likely to do this than men.

Experts say that a working smoke alarm is your best defense to escaping a fire safely. According to the survey commissioned by Duracell and the Canada Safety Council, about one in three Canadians surveyed said in the past year they have tested their smoke alarms and another one third have a fire escape plan or have practiced a home fire drill.

"We surveyed Canadians and two per cent report not having a smoke alarm at all," says Canada Safety Council president Dean Wilson. "Two per cent is two per cent too many - we'd like to see everyone with working smoke alarms in their homes."

Test your smoke alarms

Smoke alarms should be placed outside bedrooms and on each level of your home. Replace your smoke alarm every 10 years and replace batteries every six months. Never remove batteries from your smoke alarm to silence it or to use in other electronic devices, which one quarter of Canadians surveyed admitted to

"Food allergies are most often diagnosed in childhood, making it a challenge for parents to manage the many risks their children may be faced with each day," says Laurie Harada, executive director of Anaphylaxis Canada. "There are a number of things that people can do to reduce the risk for food-allergic children both at school and in their homes."

In your home

Kids often bring new friends over for dinner or to play. Make sure you are fully aware if the child has any food allergies, and speak with the child's parents for any specific instructions or recommendations. Most children with severe allergies will carry an EpiPen, so be sure to ask where it is and how to use it in case of an emergency.

It's important to remember that peanut residue can be hidden in places where you cannot see it, such as kitchen counters and utensils.

doing.

Plan your way out

The next step is planning an escape route. The Canada Safety Council recommends drawing a floor plan of your home and mapping two escape routes from each room - a door or a window to ensure that there's always a way out.

Escaping during a home fire

Practice is the key. When holding a family fire drill, do it twice - once practicing the door method and once practicing the alternative method, if it can be done safely. More information is available online at www.duracell-firesafety.com.

- News Canada

Many foods that may contain peanuts are potentially life threatening, so if you are going to provide snacks for your child's play date, consult the parent of the allergic child first to find out what is appropriate, and be sure to read ingredient lists on packages very carefully. There are many products on the market that may 'contain traces of peanuts.' This means that the product may not directly contain peanuts, but the company can't guarantee that it wasn't contaminated by peanut protein. Choose snacks like peanut-free labelled Mars bars, which are manufactured in a nut-free facility. Mars has taken every measure possible to make sure that Mars bars are 100 per cent peanut free.

Lunch box smarts

Many schools across the county no longer allow products containing peanuts to be sent to school. So what's a parent to do without the standby peanut butter and jelly sandwich? Here are some top tips for packing fun lunches the kids will love:

- Get creative (and let the kids help) with wraps. With sliced meat, cheese and crisp veggies, they're a delicious and healthy lunch.

- Pack a Thermos with hearty chili, leftover spaghetti or a favourite soup

- Add a frozen juice box to the lunch bag to keep food cool. Plus, the juice will stay cold just in time for lunch.

- Make sure treats are safe too. Make sure to read the ingredient list every time.

More information on anaphylaxis is available online at www.anaphylaxis.ca.

- News Canada

living past 100

Stent problems raise alarms

Drug-eluting stents are devices that prop open narrowed blood vessels and exude chemicals to keep them open, preventing blood vessels from becoming narrow again. These were seen as a major breakthrough when cardiologists began inserting them. Now, serious problems are showing up. Patients with these new drug-eluting stents are suffering fatal heart attacks months or sometimes years after having the devices inserted.

Coroner's reports show the stents clogged with blood clots. The bare metal stents show less tendency to form clots than the new drug-eluting stents. One study shows bare metal stents with no late clots.

The problem with drug-eluting clots affects 5 to 15 out of every 1,000 patients, which is not a significant number until balanced against millions of such stents having been used. Then the numbers climb to a potential 10,000 per year.

When a stent is inserted, the body sees the stent as a wound, and begins to heal it by covering it with tissue. Then the blood vessel begins to narrow again if the "healing" is too vigorous. The concept is to stop too much tissue from covering the metal. Apparently, the entire process is fraught with problems, and patients with stents need to take anti-clotting drugs to prevent heart attacks from clots. Stents solve one problem only to add another. The drug-eluting stents contain a polymer that prevents a protective layer of tissue from forming, and the body continues to see the stent as an unhealed wound. To heal it, the body sends more clotting protein. The vicious circle can result in a deadly thrombosis.

So, what is the safest way to treat the problem? Stop using the new stents and go back to bare metal stents.

Better still, avoid causing blood vessels to narrow or harden. There are many vitamins and minerals that can help prevent the need for such devices. Prevention is always better than a cure.

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Lions take over Lang Park project

Princeton Lions Club brought the Karl Lang Park project to a new phase.

Penny Lott, Zone Chair, appeared before Town Council on November 6 to request permission and cooperation from Council in the development of the park, which is located across Highway 3 from the curling rink.

Lott said Princeton Lions thought there was an understanding with Council that the Lions develop the park, and Lions were "surprised and dismayed" when Council gave

the go ahead for a big Welcome to Princeton sign on the site. Lott told Council the Lions had not done any work on the site due to the need to check costs of construction.

Councillor Pam Jones said, "This is good news to me."

Councillor Jones went on to say she would be happy to work with the Lions Club.

"The sooner we can get started, the better," she said.

The park work will begin next April with dedication of the park to be on September 11, 2008, the date

Karl Lang first made a presentation to Council to beautify the approach to Princeton.

Lang died suddenly on December 17, 2002, only a couple of months after Council heard his presentation.

Although the park will be dedicated to the memory of Karl Lang, the Lions Club intends it should be a memorial park for all members of the community. Local residents may buy a tree, bench or just a plaque for the park in memory of a loved one.

www.thenewsleader.ca

Princeton & District
Agricultural Fall Fair Association

Annual General Meeting

7:00 PM

Tuesday, November 28th

Weyerhaeuser Training Building

Election of Officers

Coffee and goodies and a
Fall Fair DVD will follow the AGM

Join a Conversation On Health in Kelowna

What is it all about?

Everyone has opinions on health care. The Conversation On Health is an unprecedented year-long opportunity for you to provide your views directly to the Province, and to discuss with other British Columbians how we can improve and renew B.C.'s public health care system.

Your feedback will help set the direction the Province takes to strengthen our public health care system for today and tomorrow within the Canada Health Act.

Why is it important?

Our health system faces real challenges. Our population is aging and growing, and the costs of expanded health services, new treatments and new technologies are rapidly rising.

These pressures are threatening the sustainability of our health care system for our kids and future generations.

How can I participate?

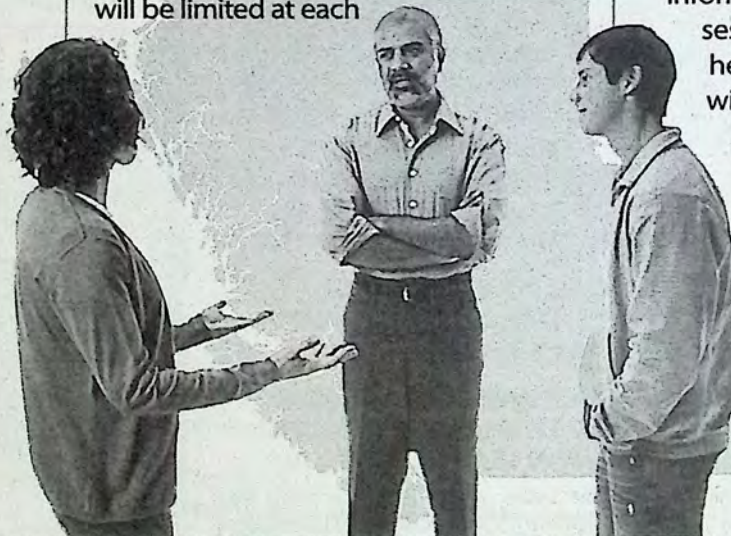
Sign up for a regional forum in Kelowna. Simply visit the Conversation On Health online or call toll-free to request a spot. Pre-registration is required. To ensure a meaningful dialogue, participation will be limited at each



forum and registrants will be randomly selected for the forum within their health service delivery area.

All participants will receive an information package prior to the session. Funding is available to help offset the cost of travel within the health region.

Together, we can keep improving B.C.'s health services and be sure they're there for our kids.



To request a spot or for a list of forum locations in each of B.C.'s 16 Health Service Delivery Areas, call toll-free 1-866-884-2055 Monday to Friday, 8 am to 8 pm, or visit www.gov.bc.ca online.



Conversation On Health



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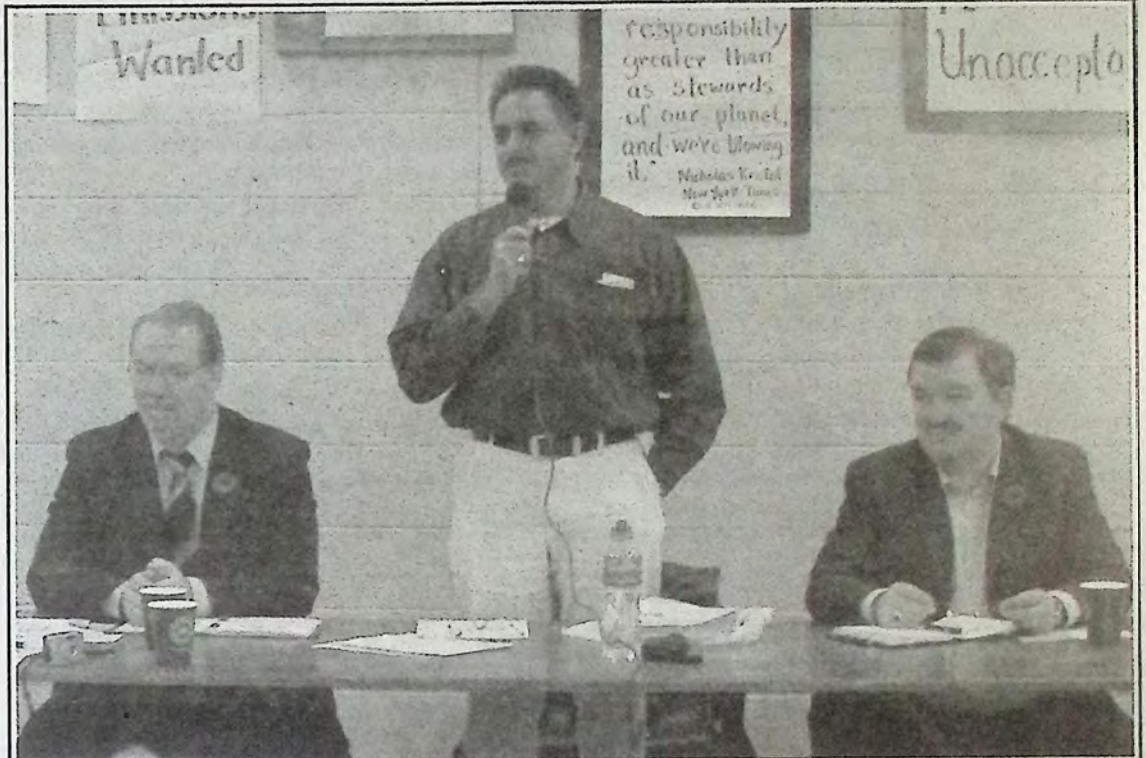
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OFFER EXPIRES DECEMBER 31, 2006

WATCH FOR OUR NEW MENU - COMING SOON!
WITH ALL YOUR FAVOURITES AND SOON TO BE FAVOURITES - PLUS THEME NIGHTS



Yale-Lillooet MLA Harry Lali, standing, with guest speakers John Horgan, left, Opposition Critic for Energy and Mines and Shane Simpson, Opposition Critic for the Environment at the public meeting November 9th at Riverside Centre concerning the Compliance Energy project. *

Jon and Rika put on a great show

What a wonderful way to spend a Sunday afternoon!

More than 60 people attended an afternoon of folk songs and laughter on November 5 at Riverside Wellness Centre at the invitation of Princeton Concerts, Jon Bartlett and Rika Ruebsaat presented local and Canadian history in song, stories and poetry highlighted by humour.

The first half of the program began with local history, and "The Banks of the Similkameen", an old song dating back at least 100 years. Bartlett spoke of the "buried" history of our area, which comes to light

through old songs and poems.

A poem by Al Purdy reminded us to "Say the Names" like Tulameen and Similkameen to remember who we are. The poem was followed by a song about gold at Tulameen.

The mining history of our area was embodied in a song about blasting the stope at Copper Mountain, and a poem from the Similkameen Star in 1900 called "The Miner's Candlestick". Other songs included The Hardrock Miner, The Broken Down Mucker and Come All The Old Coal Miners.

Rika Ruebsaat sang her own composition, a humorous ditty about Mary McLeod, a miner's wife who did not want to die in Yellowknife having to be "stood up" waiting for the ground to thaw before she could be buried.

Bartlett praised the "treasure" of Princeton's archives in which

newspapers dating back to 1900 provide a week to week history of our area.

One of the treasures was a poem published in the Similkameen Star in 1901 titled "Wanted: A Railroad". This was followed by a song about riding the roof of the Kettle Valley Line. A song about the Hope Slide and two logger songs finished the first half.

The second half was about songs from Canada. The first was a song about Winnipeg and its cold weather. The second was an old Cockney song about days of the week, and Rika sang the third, a love song from Germany sung in German.

Other songs included "The Grand Hotel", a logger's song, then a nonsense song from Nova Scotia and a French Canadian song from New Brunswick. The program ended with an ironically humorous history of Canada.

Town square is timely

The provincial government is right on track with Town Council's idea of improving a town square for Princeton.

The province has approved more than \$40 million for municipalities to develop town squares in celebration of B.C.'s 150th anniversary of the founding of the Crown Colony of British Columbia.

The B.C. Spirit Square Program will provide half the capital costs of such projects up to a maximum

of \$500,000.

Each town square is to be a place "where all citizens can come together and share their community pride and spirit." The concept should include representation of local history, including First Nations input.

Kevin Krueger, recently appointed Parliamentary Secretary for Rural Development, will work with communities in supporting their needs.

Council supports ranchers










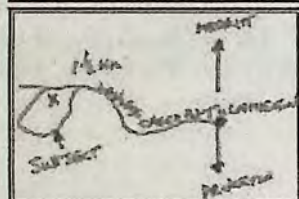


Responding to a letter from B.C. Cattlemen's Association, Town Council passed a motion November 6 in support of ranching industry expansion.

The Association points out that the Mountain Pine Beetle epidemic will have a serious, lasting impact on rural communities in the Interior. The beef producers see an

opportunity to return to former days of larger grazing areas and an expanded beef production industry. They are working with the province to expand grasslands to more historic levels, secure road access for range tenures, and retain some portion of harvested pine forests for long term grass production.

HOW TO FIND THE PERFECT HOME!

Step 1: See Below. Step 2: See Step 1.

 <p>Tulameen Lot Area (acres): 4.99 MLS# 36839 CONTINGENT. 5-acres in the four season recreational paradise of Tulameen and Otter Lake. Water ski, snowmobile, hunt, fish, you name it. Compare to other 5 acre parcels in the Interior and you'll agree - best location, best price.</p> <p>Lot C Lawless Creek \$189,900</p>	 <p>Osprey Lake Lot Area (acres): 6.42 MLS# 36416 Fantastic lakeview acreage right in the heart of cottage country. Parcel is 43KM north on the Princeton-Summerland Road overlooking Osprey Lake. Bring your building plans, ATV, dirt bike, sled and get ready for year round fun.</p> <p>4224 Princeton-Summerland \$159,900</p>	 <p>Princeton Lot Area (acres): 0.08 MLS# 36615 Central location in downtown area with easy walk to all amenities. Single family dwelling with quiet no through road. Not many building lots left in Princeton. Zoning allows duplex, but not enough room.</p> <p>Parcel Z Penryn Avenue \$39,900</p>
 <p>Princeton Lot Area (acres): 3.23 MLS# 36791 One of the last lots left in Princeton with highway exposure. Last lot leaving to the east, first lot coming west. Storage centre next door, Kal Tire, motel, car wash across. Excellent investment to hold or develop. Zoning, property has been logged.</p> <p>308 E Highway 3 \$149,900</p>	 <p>Princeton Total Sq Ft: 1,728 MLS# 36444 Great investment with solid tenant in place. Good location with zoning allowing duplex, could be up and down with minor modification. Easy walk to school and park or downtown amenities. This is a great starter home for first time buyer.</p> <p>296 Lachine Avenue \$149,800</p>	 <p>Allison Lake Lot Area (acres): 0.50 MLS# 36439 Superior building site at north end of Allison Lake. Great views of the lake. This is a super buy, as lot has septic and a drilled well already in place. Ski boats are welcome on this lake and is one of the best fishing lakes in our area.</p> <p>101 Skye Blue Loop \$118,800</p>
 <p>Princeton Lot Area (acres): 20.00 MLS# 36704 Phenomenal view property just 5KM from Princeton. Limitless views to the south and west overlooking the valley, next to Wayne Lake. Ideal for B&B as Trans Canada Trail goes through a portion of the property. 20 gpm drilled well in place.</p> <p>Osprey Lake Road \$259,000</p>	 <p>Tulameen Total Sq Ft: 860 MLS# 36778 Solid cabin just up the road from Tulameen's Otter Lake. New vinyl windows throughout, updated appliances, great workshop in the rear, new fencing and gates, drilled well, wood stove, concrete fire pit area.</p> <p>2639 Otter Avenue \$199,900</p>	 <p>Princeton Total Sq Ft: 827 MLS# 36442 Solid corner location with many updates. New front and back decks, new windows, countertops plus five near new appliances. Lovely landscaping, greenhouse and garden sites. New fence and raised beds. Many planted trees for shade and privacy.</p> <p>211 Allison Avenue \$129,900</p>
 <p>Tulameen Lot Area (acres): 13.93 MLS# 36602 Fantastic view acreage overlooking the Tulameen River and valley. Very private and pristine. Located just outside of Tulameen, approx. 1KM on the Lawless Creek Road. 13+ acres waiting for your dream home or just for your personal getaway. See you soon!</p> <p>Lot A Lawless Creek \$383,800</p>	 <p>Princeton Total Sq Ft: 1,808 MLS# 36723 Full-sized family home with 5 bedrooms, 3 baths, large deck, fenced yard, carport, ensuite, large family room and more. New furnace, washer/dryer, recent appliances. Lots of property for your \$\$\$.</p> <p>460 Auburn Crescent \$179,900</p>	 <p>Princeton Lot Area (acres): 1.11 MLS# 36627 1 acre lakeview. Septic is in, 200 amp and phone underground to the recent equipment shed. Ready to go. Only 3.5 hours from the Lower Mainland to water skiing and snowmobiling.</p> <p>2804 Coalmont Road \$164,900</p>

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* MLS statistics 1990-2004



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ANNUAL GENERAL MEETING
 7:00 PM - Thursday, November 16
 Princeton Town Hall (across from Post Office)

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Explore The History Of Mining - Gold, Copper and Coal



The first flu clinic of the season was held last Tuesday at the Seniors Drop-In Centre. The next clinic is set for Tuesday, November 21 from 9:00 AM to 1:00 PM at the Seniors Drop-In Centre on Angela Avenue. The next clinic in Keremeos is Wednesday, November 22 from 9:00 AM to Noon at the Keremeos Seniors' Hall. *

Council criticizes FortisBC

Councillor Pam Jones reacted negatively to a letter from Fortis BC advising closure of the Princeton office as of December 31, 2006. The letter links the office closure to keeping power rates low for customers. Councillor Jones was not buying the reasoning. "It's a drop in the bucket," she said, referring to the big budget of a large company such as Fortis BC. "Their intent should be to create jobs and now we're losing jobs." She pointed out that one family has moved from Princeton, which is the loss of not only a Fortis BC employee, but a hospital employee and two children from the school

district, for a loss of \$12,000 to the district. Mayor Randy McLean pointed out that the employees losing jobs had been offered jobs in other locations but chose not to move. "Why should everybody move out

of Princeton?" Councillor Jones asked. At her urging, Council agreed to send a letter to Fortis BC and to the BC Utilities Commission to voice disapproval of closure of the Princeton office.

Fund approves local community kitchen

A health project to provide a community kitchen for Princeton has received \$35,000 in health funding from the provincial government.

No details on this project are available at this time. Watch the News Leader for further information.

Hospital Auxiliary Thrift Shop

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 10:00 AM - 2:00 PM
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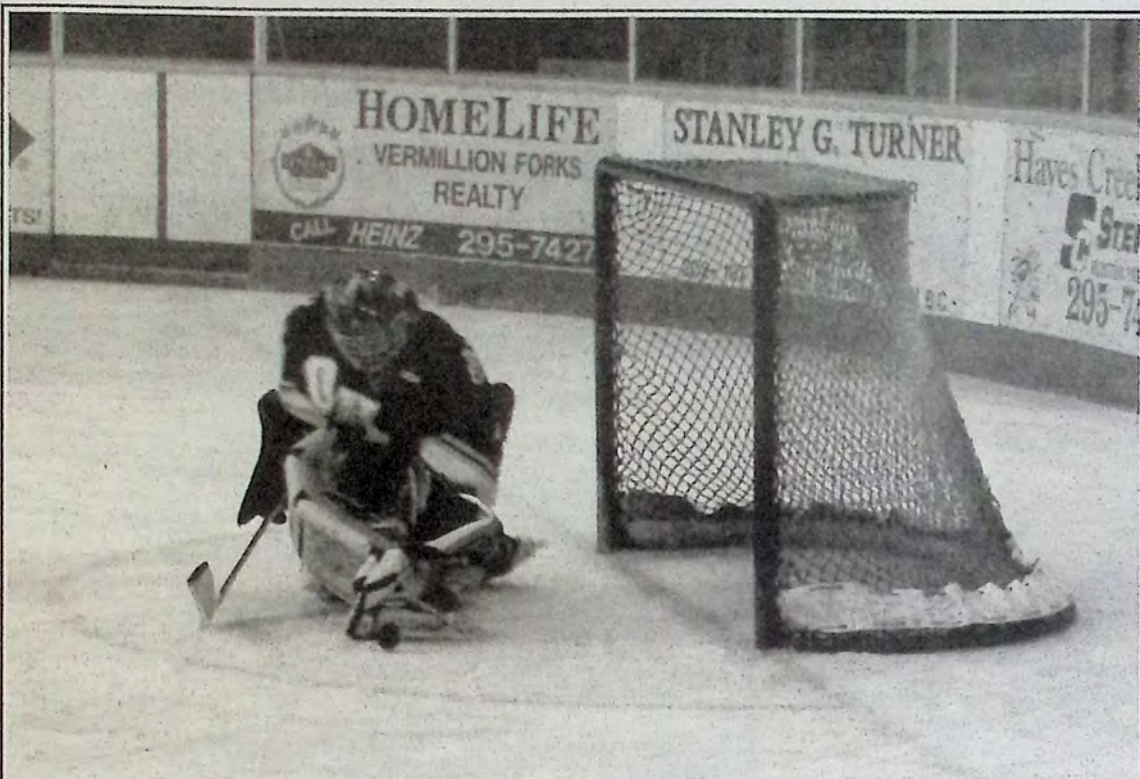
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			80% OFF! 20 cm Fry Pan. \$99.00- \$19⁹⁹	75% OFF! 25 cm Catering Fry Pan. \$99.99 \$24⁹⁹	

Information & Dealer listings: 1-800-A-NEW-POT or www.paderno.com. Not all locations open Sunday. Quantities are limited, be early for best selection. Sale items may not be exactly as shown.

weekly entertainment guide

TUESDAY, NOVEMBER 14, 2006 THROUGH MONDAY, NOVEMBER 20, 2006



Summerland goalie Carson Loveday stops one of many shots on goal during Saturday night's game against the Posse. It was one of the most exciting games played at Princeton Arena. *

Golf club chooses new executive

A total of 75 members represented 149 votes, including proxies, at the Princeton Golf Club's annual general meeting November 5th. Not a single vote was cast.

The club has \$165,187.70 in total assets as of October 31, 2006 along with assets totaling \$1,755,880.60. Liabilities, including four leases and a bank loan, come to \$477,970.10 with equity worth \$1,277,910.50.

In the words of many members at the meeting, the club is in pretty good shape.

As for the election of officers, all members nominated for positions were elected unchallenged from the floor.

President is Larry Evans. Glenn Weissbach as Vice President joins him, Jim Jackson returns as Treasurer with Betty O'Hara as Secretary. Trevor Thompson, Mike Monteith and Al Dubuc will sit as Directors for two years. They join Directors Wally Wallace, Keith Simpson and Richard White who all have one year remaining in their term.

Member discussion following the election included the paving of the parking lot and three cart paths. The quote received is \$44,000.00 which would pave the majority of the parking lot along with cart paths around the Hole #2 tee box, from the #2 green to #3 tee box and a spot around Hole #14.

Discussion from the floor pointed out possible drainage issues in paving the parking lot and other cart path locations were also pointed out as needing work.

At one point, Vice President Glenn Weissbach stated the original paving locations would be part

of an annual project. The membership will allow the Board members to proceed with the project, with recommendations.

The need for another roughs

Shoot out decides winner

In the words of KIJHL President Bill Ohlhausen, "With nine points between top and bottom, it's still anyone's game."

Ohlhausen was in Princeton Arena for last Saturday night's game against Summerland Sting and was referring to the current status of the standings in the Okanagan Shuswap Division of his hockey league.

He picked a good night to be in Princeton as he and about 250 others witnessed one of the most exciting hockey games played on Posse ice.

Ohlhausen, who was being interviewed during the first intermission on an internet hockey broadcast, told play-by-play broadcaster Tom Shields, "We have a great product, come and watch it."

The game against Summerland could not have been a better example of that.

Although play was a little sluggish in the first period, there was end-to-end action with both goaltenders getting their share of work.

Summerland managed to score first at 16:30 where Princeton goalie Evan Karambelas was beat on the rebound. He had just finished making a series of incredible saves when the rebounder caught him out of position.

Princeton came back with 3.6-seconds left on the clock in what appeared to be a puck rolling in to the Summerland goal after hitting

mower was also discussed and following suggestions and further recommendations from the floor, the membership chose to let the Board respond to the issue.

the Sting netminder on the shoulder. The goal was disallowed and Referee Darren Harrold told the News Leader between periods why it was called a no goal.

"It was batted in."

The second period saw some more sluggish play mixed with amazing moments of brilliant and skillfully executed play making on both sides of the rink. But the period saw no scoring.

The third period saw a slightly different Posse on ice and at 4:20 Jeremy Wagner went in behind the Summerland goal, passed the puck in front and Michael Bunting fired it past Summerland's goalie when he was still watching Wagner. Alex Young received an assist on the goal.

Both teams battled to break the tie and didn't let up until time expired.

KIJHL regulations put a tie game into a 5-minute overtime period and although both teams kept pressuring one another, neither could get the winning goal.

Questionable calls by the officials added to the excitement of the overtime frame.

Still deadlocked at one apiece, the game format shifts to a shoot-out. After each team had sent out their first five shooters, two scored from Summerland and Princeton's Michael Bunting and Sean Carr were also able to score. This put the game into a position where extracontinued on Next Page

Similkameen News Leader thanks Neil Anderson for his assistance this week.



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Princeton Figure Skating Club "Skater of the Week"



Katie Lamoureux
Junior/Senior StarSkate

Skater of the Week is brought to you by Similkameen News Leader



Players scramble for the puck following a face off in Summerland territory at Saturday night's Posse game. *



Princeton's Kyle L'Arrivee battles for control from the face off. *

shooters would take shots on goal, until one scored.

It took two more from each side before Summerland put another one in the net giving them the win 2 to 1 in a shoot-out.

The game saw very few penalties with Summerland taking most of them, 10 for 28-minutes, to Princeton's 6 penalties totalling 12-minutes.

The shots on goal saw Summerland pelt Princeton 25 to 15.

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tuesday movies

MORNING

7:00 am WTBS (3) ★★½ "The Three Musketeers" (1993, Adventure) (PA) Charlie Sheen. Swordsmen Aramis, Athos, Porthos and D'Artagnan foil Cardinal Richelieu's plot to assassinate the king. (E)

10:00 am CITY (29) ★★½ "A Dream Is a Wish Your Heart Makes: The Annette Funicello Story" (1995, Drama) Eva LaRue. Based upon the autobiography of the popular TV Mouseketeer who also found success as an actress and recording artist. (E)

9:15 pm WTBS (3) ★★½ "Eight Legged Freaks" (2002, Science Fiction) (PA) David Arquette. Toxic waste produces a horde of giant spiders that terrorizes residents in a small Arizona town. (E)

10:06 pm CITY (29) ★★½ "Hush" (1998, Suspense) Jessica Lange. A demented widow preys upon her son's young, pregnant wife at her Kentucky horse farm. (E)

11:15 pm WTBS (3) ★★ "Lost in Space" (1998, Science Fiction) (PA) William Hurt. Villains complicate a family's 2058 spaceship journey to a distant habitable planet. (E)

EVENING

7:30 pm FAM (26) ★★½ "Tru Confessions" (2002, Drama) Clara Bryant. A teenager gets closer to her developmentally disabled twin while producing a documentary about him.

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wednesday movies

MORNING

7:00 am WTBS (3) ★★ "My Fellow Americans" (1996, Comedy) Jack Lemmon. Two ex-presidents feud while running from government goons trying to silence them about a kickback scandal. (E)

10:00 am CITY (29) ★★ "Buddy" (1997, Drama) Rene Russo. An animal lover raises a baby gorilla in 1920s Brooklyn, along with a slew of geese, dogs, horses and chimps. (E)

boy secretly follows along after failing to qualify for a wilderness camping trip.

8:15 pm WTBS (3) ★★ "Dickie Roberts: Former Child Star" (2003, Comedy) David Spade. Hoping to make a comeback, a man stays with a suburban family to prepare for the lead role in a Rob Reiner film. (E)

10:06 pm CITY (29) ★★ "The Story of Us" (1999, Comedy-Drama) Bruce Willis. While their children are away at summer camp, a married couple try to remember why they fell in love. (E)

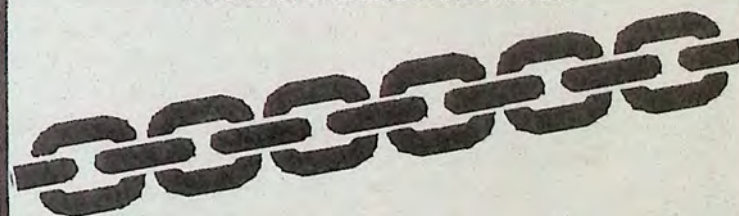
EVENING

6:00 pm CITY (29) ★★ "Terminator 3: Rise of the Machines" (2003, Science Fiction) Arnold Schwarzenegger. A cyborg from the future must protect John Connor from a superior model sent to kill him. (E)

7:30 pm FAM (26) ★★½ "One Small Hero" (1999, Adventure) Nathan Kiley. A diminutive but determined

10:15 pm WTBS (3) ★★ "My Fellow Americans" (1996, Comedy) Jack Lemmon. Two ex-presidents feud while running from government goons trying to silence them about a kickback scandal. (E)

Similkameen News Leader
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TUESDAY, NOVEMBER 14, 2006

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 13	TSN 14	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 33	
6 AM :30	Dawson's Creek	News Room	(Off Air)	Body Elec. Caillou (N)	News	News	City Confidential	(5:00) News	News	(5:00) News	Beasts Jacob	SportsCentre	News Canada AM	Daily Planet	Believers Dalby	King Spider-Man	News Calvin, Miller	Star Daily Making It	Rockford Files	
7 AM :30	Movie: "The Three Musketeers" (1993) (PA)	Life Today 100 Huntley Street	BluesClues Dora	Barney Arthur (E)	Today Terrell Owens; organization; oysters;	The Early Show	American Justice	Good Morning America			Being Ian Mystery	SportsCentre		Blueprint for Disaster	The Littles Paid Prog.	K. Possible Recess	KTLA Morning Show	CityLine	Magnum, P.I.	
8 AM :30	NewsRadio	Body Judge	Bus Pancakes	Dragon Big World	makeovers.	Discover	Crossing Jordan	Regis and Kelly	100 Huntley Street	World Vision	Monster Mona	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	Pooh Bear		News City	Da Vinci's Inquest	
9 AM :30	Cosby	The Price Is Right	Rolie Polie Paddington	Sesame Street (E)	Ellen DeGeneres Show	The Price Is Right	CSI: Miami	The View (N)	World Vision	Design House	George S. Jane	Siding X Games	The View (N)	Machines Uff Cars	The Tyra Banks Show	JoJo Ben Bear	Greg Behrendt	"Dream Is a Wish Your Heart	News	
10 AM :30	Harvey	Thane	Landscape	Thomas	Dr. Keith Ablow (N)	Young and the Restless	24	Paid Prog.	Judge J. House	News	Pippi	NFL Primetime (N)	eTalk	Carrier: Arsenal of Sea	Montel Williams (N)	Stanley King	Lopez	Makes: Funicello	Greg Behrendt	
11 AM :30	Harvey	Seinfeld	Scattering	Sit-Be Fit																
12 PM :30	Home Imp.	News	Sustain	Charlie Rose	Paid Prog.	News	City Confidential	All My Children (N)	News	Days of our Lives (N)	Being Ian	ATP Tennis: Masters	Degrassi Bold & B.	Building the Ultimate	Perry Mason	Recess Weekend	Maury	CityLine	Funniest Home Videos	
1 PM :30	Yes, Dear	Diva Dime	Macphee	Watercolor	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Gadget Stickin	Cup -- Round-Robin.	Sue Thomas: F.B. Eye	Break It	Matlock	Lloyd	Jerry Springer (N)	Ellen DeGeneres Show	Moesha	
2 PM :30	King	Guiding Light (N)	Gaslight	Reading	Passions (N)	Guiding Light (N)	Cold Case Files	General Hospital (N)	Passions (N)	Passions (N)	Adrenalini Flamingo	Obstacle Interruption	General Hospital (N)	How-Made	Love Lucy	Lilo Stitch	Maury	Rachael Ray	Even Lizzie	
3 PM :30	Seinfeld	Room	Ball	Arthur (E)	Judge	Dr. Phil	Crossing Jordan	Rachael Ray	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	URimate Stunt Pilots	Maury	Weekend	What I Like	News	Home Imp.	
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey	CSI: Miami	Millionaire	Oprah Winfrey	News	Tr-Titans	NHL Hockey: New Jersey	The Tyra Banks Show	Daily Planet	Little House	Barbarian	Reba	Friends	Funniest Home Videos	
5 PM :30	Raymond	News	George S.	BBC World	News	News	CSI: Miami	News	News	News	SpongeBob	Devils at New York Rangers.	News	Patent	Jim	K. Possible	My Wife	Stargate SG-1	Funniest	
6 PM :30	Sex & City	Body	CG Kids	News-Lehrer	News	News	Dog	News	News	ET Canada	OddParent		News	American Chopper (N)	70s Show	So Little	Jim	Battlestar Galactica	Funniest	
7 PM :30	Friends	Out There	Animals	Nova (N) (DVS)	Jeopardy!	Friends	Dog	Entertain	Entertain	Gilmore Girls (N)	Drake	SportsCentre (Live)	eTalk	Star Racer (N)	Simpsons	So Raven	Raymond	3 LBS "Lost for Words"	WGN News at Nine	
8 PM :30	Seinfeld	NCIS "Once a Hero" (N)	Masterpiece	Wild Things	Friday Night Lights (N)	NCIS "Once a Hero" (N)	CSI: Miami	Dancing With the Stars	Gilmore Girls (N)	Standoff (N) (PA)	Malcolm Fresh Pr.	In Corner	Dancing With the Stars	Daily Planet	Standoff (N) (PA)	Confession s" (2002)	Gilmore Girls (N)	Star Daily	Scrubs	
9 PM :30	Movie: "Eight Legged Freaks" (2002) (PA)	Two Men Show Me the Money (N)	With Glowing Hearts	Frontline (N) (DVS)	Law Order: CI	The Unit (N)	CSI: Miami (9-31)	Show Me the Money (N)	Standoff (N) (PA)	News	Prank Ptrl Bob	Wladimir Klitschko.	Law & Order: SVU	Star Racer	News	Popular	KTLA Prime News	(10:05) Movie: "Hush" (1998)	Funniest Home Videos	
10 PM :30	Movie: "Lost in Space"	News	Reach-Top	Charlie Rose (N)	News	News	Dog	News	News	Entertain	Madison	SportsCentre (Live)	News	How-Made	Sex & City	8 Rules	Sex & City	Play2Win		

WEDNESDAY, NOVEMBER 15, 2006

	WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E 9	KXLY 10	BCTV 11	CITY 12	YTV 13	TSN 14	VTV 22	DISC 24	FOX 41	FAM 26	KTLA 27	CITY 29	WGN 33	
6 AM :30	Dawson's Creek	News Room	(Off Air)	Body Elec. Caillou (N)	News	News	City Confidential	(5:00) News	News	(5:00) News	Beasts Jacob	SportsCentre	News Canada AM	Daily Planet	Believers Dalby	King Spider-Man	News Calvin, Miller	Star Daily Making It	Rockford Files	
7 AM :30	Movie: "My Fellow Americans" (1996)	Life Today 100 Huntley Street	BluesClues Dora	Barney Arthur (E)	Today "Sexiest Man Alive"; organization; seafood.	The Early Show	American Justice	Good Morning America			Being Ian Mystery	SportsCentre		Miracle Planet	The Littles Paid Prog.	K. Possible Recess	KTLA Morning Show	CityLine	Magnum, P.I.	
8 AM :30	NewsRadio	Body Judge	Bus Pancakes	Dragon Big World		Discover	Crossing Jordan	Regis and Kelly	100 Huntley Street	World Vision	Monster Mona	Off-Record	Regis and Kelly	Daily Planet	Fam. Feud	Pooh Bear		News City	Da Vinci's Inquest	
9 AM :30	Cosby	The Price Is Right	Rolie Polie Paddington	Sesame Street (E)	Ellen DeGeneres Show	The Price Is Right	CSI: Miami	The View (N)	World Vision	Design House	George S. Jane	Drag Racing: Auto Club of Southern Calif. Finals	The View (N)	Vesuvius: Deadly Fury	The Tyra Banks Show	JoJo Higlytown	Greg Behrendt	Movie: "Buddy" (1997)	News	
10 AM :30	Harvey	Seinfeld	English	Bob Build	Dr. Keith Ablow (N)	Young and the Restless	24	Paid Prog.	Judge J. House	News	Pippi	NFL Primetime (N)	eTalk	The Roswell Crash: Stardling	Montel Williams (N)	Stanley King	Lopez	Makes: Funicello	Greg Behrendt	
11 AM :30	Harvey	Thane	Scattering	Sit-Be Fit																
12 PM :30	Home Imp.	News	Reach-Top	Charlie Rose (N)	Paid Prog.	News	City Confidential	All My Children (N)	News	Days of our Lives (N)	Being Ian	ATP Tennis: Masters	Degrassi Bold & B.	Building the Ultimate	Perry Mason	Recess Weekend	Maury	CityLine	Funniest Home Videos	
1 PM :30	Yes, Dear	Diva Dime	Journal	Painting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Gadget Stickin	Cup -- Round-Robin.	Sue Thomas: F.B. Eye	Deadliest Catch	Matlock	Lloyd	Jerry Springer (N)	Ellen DeGeneres Show	Moesha	
2 PM :30	King	Guiding Light (N)	Gaslight	Reading	Passions (N)	Guiding Light (N)	Cold Case Files	General Hospital (N)	Passions (N)	Passions (N)	Adrenalini Flamingo	In Corner	General Hospital (N)	How-Made	Love Lucy	Lilo Stitch	Maury	Rachael Ray	Even Lizzie	
3 PM :30	Seinfeld	Room	Jack's Big Music Show	Arthur (E)	Judge	Dr. Phil	Crossing Jordan	Rachael Ray	Young and the Restless	Young and the Restless	Jacob	Off-Record	Dr. Phil	How-Made	Maury	Weekend	What I Like	News	Home Imp.	
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey	CSI: Miami	Millionaire	Oprah Winfrey	News	Tr-Titans	NHL Hockey: Ottawa	The Tyra Banks Show	Daily Planet (N)	Little House	Barbarian	Reba	Friends	Funniest Home Videos	
5 PM :30	Raymond	News	George S.	BBC World	News	News	CSI: Miami "Bunk"	News	News	News	SpongeBob	Senators at Buffalo Sabres.	News	Breaking Vegas	Jim	K. Possible	My Wife	Next Top Model	Home Imp.	
6 PM :30	Raymond	Body	Mechanics	News-Lehrer	News	News	Dog	News	News	News	Phantom	OddParent	News	Breaking Vegas	70s Show	So Little	Jim	Movie: "Terminator 3: Rise of the Machines"	Becker	
7 PM :30	Sex & City	Out There	Undersea	Secrets of the Dead	Jeopardy!	Friends	Angel	Entertain	Entertain	Bones (N) (PA)	Unfabulous Sabrina	SportsCentre (Live)	eTalk	MythBusters Outtakes.	Simpsons	So Raven	Raymond	WGN News at Nine		
8 PM :30	Movie: "Dickie Roberts: Former Child Star" (1990)	The Biggest Loser (N)	Canada's War In Colour	Warplane "Jet Age; Age of Stealth" (N)	The Biggest Loser (N)	"Crossroads"	Angel	Dancing With the Stars	Bones (N) (PA)	Day Break "Pilot; What If They Run" (N)	Malcolm Fatherhood	Off-Record	Dancing With the Stars	Daily Planet	Bones (N) (PA)	"One Small Hero" (1999)	Next Top Model	(8:15) News	Scrubs	
9 PM :30	Former Child Star	"Til Death How I Met	The Color of War	Medium "Four Dreams" (N)	Criminal Minds (N)	Criminal Minds (N)	CSI: Miami "Bunk"	(9:02) Day Break "Pilot; What If They Run" (N)	Day Break "Pilot; What If They Run" (N)	News	15/Love	2005 European Open	Criminal Minds (N)	Ultimate Engineerin	Bones (PA)	Sinbad	One Tree Hill (N)	Jimmy Kimmel Live (N)	Scrubs	
10 PM :30	Movie: "My Fellow Americans" (1996)	News	Reach-Top	Charlie Rose (N)	News	News	Dog	News	News	Entertain	Madison	SportsCentre (Live)	News	Breaking Vegas	Sex & City	8 Rules	Sex & City	Play2Win		
11 PM :30	Movie: "My Fellow Americans" (1996)	News	Reach-Top	Charlie Rose (N)	News	News	Dog	News	News	Entertain	Madison	SportsCentre (Live)	News	Breaking Vegas	Sex & City	8 Rules	Sex & City	Play2Win		

Horoscopes

November 15 - 22, 2006

Aries - You may start this week feeling burdened by family responsibilities. Travel is restricted, opportunities for education may be delayed. This is temporary - keep spirits high.

Taurus - You have a lot of things opposing you this week, but there are good things as well. Partner may oppose career demands. Although difficult this week, new phase next week.

Gemini - Continue to look after job and health concerns this week. Rest this weekend, stay away from alcohol and rich foods. Job problems due to ego change next week. Hang in!

Cancer - Job conditions improve this weekend. Double check young folks' stories on weekend - there could be fantasy. Money situation needs review and verification. Tie up loose ends.

Leo - Projects could hit snags this weekend if you decide to play. Keep working on it, don't party. Difficulties ease end of month. Burdens ease then. Keep nose to grindstone now.

Virgo - This is a transitional week for you. Inner forces undergo positive change. Matters related to errands, local travel, siblings and vehicles remain in flux. Make no relationship moves.

Libra - Financial picture remains unsettled. Fortune seems to elude you. Expenses may be heavy this week. Keep purse strings tight. Do not fall for scam and don't gamble.

Scorpio - Financial picture begins to show improvement this week, but only a little. Stay away from parties this weekend. Rest, eat sensibly. Family matters may be chaotic, kids upset.

Sagittarius - This is a good weekend for you as matters clear up and you can take life easier for a day or two. Do not let anger spur you into saying something stupid on Friday.

Capricorn - Planning phase is coming to an end. Wrap up the package and mark it finished. Associates will appreciate your efforts. You are about to shift to matters of personal concern.

Aquarius - Watch out for problems on the job or with authorities this weekend. Any problems you have will be the result of your own fuzzy thinking. Stay sober and alert.

Pisces - Matters of education, travel or spiritual content may create problems in your inner self this weekend. Don't stew over it. Pay attention: where do your best feelings come from?

Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Princeton Area BEA meets the 2nd Wednesday of the month. 7:00 PM, Skills Centre.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym

thursday movies

MORNING

- 7:00 am WTBS (3) ★★ "Lucky Numbers" (2000, Comedy) John Travolta. A TV-weatherman in financial trouble teams with his girlfriend to rig the state lottery. (E)
- 10:00 am CITY (29) ★★ "The River" (1984, Drama) Mel Gibson. Tennessee family corn farmers sandbag a flooding levee despite a dam builder who wants it to break. (E)

AFTERNOON

- 5:00 pm WGN (38) ★★ "Con Air" (1997, Action) Nicolas Cage. A wrongly convicted parolee on a flight with a group of vicious prisoners tries to stop their violent hijacking. (In Stereo) (E)

EVENING

- 7:00 pm WTBS (3) ★★ "Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Austin must rescue his captive father and prevent

- Dr. Evil's malevolent minions from taking over the world. (E)
- 7:30 pm FAM (26) "Go Figure" (2005, Drama) Jordan Hinson. A teenage figure skater must join the girls' hockey team to obtain a scholarship at the school of a renowned coach.
- 8:00 pm CHBC (4) ★★ "Torque" (2004, Action) Martin Henderson. Framed for murder by a drug dealer, a biker must elude lawmen and the brother of the dead man. (E)
- 9:10 pm WTBS (3) ★★ "Lucky Numbers" (2000, Comedy) John Travolta. A TV-weatherman in financial trouble teams with his girlfriend to rig the state lottery. (E)
- 10:06 pm CITY (29) ★★ "Bowfinger" (1999, Comedy) Steve Martin. A broke producer hires a nerd who looks like a famous actor and other misfits to star in his latest movie. (E)

friday movies

MORNING

- 7:00 am WTBS (3) ★★ "Fatal Beauty" (1987, Crime Drama) (PA) Whoopi Goldberg. A big-time drug dealer sends his bodyguard to stop a Los Angeles policewoman who's bad for business. (E)
- 10:00 am CITY (29) ★★ "Goin' Down the Road" (1970, Drama) Doug McGrath. Two young drifters from the Maritime Provinces go from job to job in an attempt to seek their fortunes in Toronto. (E) (DVS)

AFTERNOON

- 4:30 pm WGN (38) ★★ "Batman & Robin" (1997, Action) Arnold Schwarzenegger. Batgirl joins the caped crusaders to stop Mr. Freeze and Poison Ivy from wreaking revenge upon the world. (In Stereo) (E)

EVENING

- 7:30 pm FAM (26) "Read It and Weep" (2006, Comedy) Kay Panabaker. Premiere. A schoolgirl's private journal becomes a best-seller after she accidentally hands it in as a home-

- work assignment.
- 8:00 pm WTBS (3) ★★ "Something's Gotta Give" (2003, Romance-Comedy) Jack Nicholson. A music executive falls for the mother of his young girlfriend after having a heart attack in her home. (E)
- 9:00 pm FAM (26) ★★ "First Kid" (1996, Comedy) Sinbad. A loud Secret Service agent understands the president's teenage son, though most consider him difficult.
- 10:06 pm CITY (29) "Switching Parents" (1993, Drama) Joseph Gordon-Levitt. A 12-year-old boy sues to terminate his parents' custodial rights so that he can be adopted by his foster family.
- 10:40 pm FAM (26) "Trapped: Buried Alive" (2002, Suspense) Jack Wagner. A man launches a daring rescue attempt after an avalanche buries his wife, daughter and other guests at a ski lodge.
- 11:30 pm WTBS (3) ★★ "House Party" (1990, Musical Comedy) A. Kid 'N Play. Two teenage rappers try to throw a party despite a trio of rap bullies and the police. (E)

Similkameen News Leader Community Calendar

NOVEMBER

- 17 - Princeton Posse vs Revelstoke, 7:30 PM, Arena
- 20, 21 - Parent/Teacher Interviews (Princeton Schools)
- 22 - Non-Instructional School Day
- 26 - Princeton Posse vs Revelstoke, 2:00 PM, Arena

DECEMBER

- 1 - Christmas Light-Up, Keremeos
- 1 - Princeton Posse vs Kamloops, 7:30 PM, Arena
- 2, 3 - Christmas Arts & Crafts Weekend, Keremeos
- 25 - Christmas Day
- 26 - Boxing Day

JANUARY

- 1 - New Year's Day
- 3 - Princeton Posse vs. Summerland, 7:00 PM, Arena
- 5 - Princeton Posse vs. Spokane, 7:30 PM, Arena
- 6 - Princeton Posse vs. Creston, 7:30 PM, Arena
- 7 - Princeton Posse vs. Sicamous, 2:00 PM, Arena
- 10 - Princeton Posse vs. Summerland, 7:00 PM, Arena
- 17 - Princeton Posse vs. Kamloops, 7:00 PM, Arena

FEBRUARY

- 2 - Princeton Posse vs. Castlegar, 7:30 PM, Arena
- 3 - Princeton Posse vs. Grand Forks, 7:30 PM, Arena

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

Similkameen News Leader Recipe Corner (Recipe #141)

Brought To You By: Providence Funeral Homes & Crematorium

After-School Snack: Berry & Almond Pizza

(NC) - This pizza is perfect as an after-school snack. Use your favourite berry or a mixture of several. And new flavored almond butters are available now, providing additional flavor dimensions. Serves: 2

Ingredients:

- 1 (6-inch) whole-wheat pita
- 3 tablespoons almond butter
- 1/3 cup fresh berries
- 1 tablespoon slivered or sliced almonds, roasted

Preparation:

Toast pita. Spread with almond butter and sprinkle with fresh berries and almonds. Cut in half and serve.

Nutritional analysis per serving:

Calories 239 - Cholesterol 0 mg - Total Fat 17 g - Fibre 4 g - Saturated Fat 1.6 g - Calcium 80 mg - Monounsaturated Fat 10.4 g - Magnesium 100 mg - Polyunsaturated Fat 3.7 g - Potassium 285 mg - Carbohydrate 20 g - Sodium 225 mg - Protein 7 g - Vitamin E 6.1 mg*

* Total Alpha-Tocopherol Equivalents

- News Canada

Providence Funeral Homes & Crematorium



Ron Crooker

- Honouring all Memorial Societies and pre-arranged funeral agreements
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Parkview Funeral Home, 1258 Main Street, Penticton



If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

THURSDAY, NOVEMBER 16, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Dawson's Creek	News Room	(Off Air)	Body Elec. Caillou (N)	News	News	City Confidential	(5:00) News	News	(5:00) News	Beasts Jacob	SportsCentre	News Canada AM	Daily Planet	Believers Paid Prog.	King Spider-Man	News Calvin, Miller	Star! Daily in Fashion	Rockford Files
7 AM	Movie: "Lucky Numbers" (2000)	Life Today 100 Huntley Street	BluesClues Dora	Barney Arthur (EI)	Today Macy's Parade on	The Early Show	Amer. Justice Cold Case Files	Good Morning America			Being Ian Mystery	SportsCentre		Catching-Killer	Libertys Paid Prog.	K. Possible Recess	KTLA Morning Show	CityLine	Magnum, P.I.
8 AM	John Travolta	Taste	HI-5 Berenstain	Curious Clifford	Parade; Len Berman;					100 Huntley Street	OddParent Winx Club	SportsCentre		MythBusters Outtakes	Paid Prog. Just Shoot	Weekend Lilo Stitch	Amazcua, Pereira	Deep Space 9	Homicide: Life
9 AM	NewsRadio	Body Judge	Bus Pancakes	Dragon Big World	Richard Simmons	Discover	Crossing Jordan	Regs and Kelly	100 Huntley Street	World Vision	Monster Mona	Off-Record Equestrian	Regs and Kelly	Daily Planet	Fam. Feud	Pooh Bear		News City	Da Vinci's Inquest
10 AM	Cosby	The Price Is Right	Rolie Polie Paddington	Sesame Street (EI)	Ellen DeGeneres Show	The Price Is Right	CSI: Miami	The View (N)	World Vision	Design House	George S. Jana	Darts	The View (N)	Extinction	The Tyra Banks Show	JoJo Mermaid	Greg Behrendt	Movie: "The River" (1984) Mel	News
11 AM	Harvey	Seinfeld	Ravens Scattering	Thomas Sit-Be Fit	Dr. Keith Ablow (N)	Young and the Restless	24	Paid Prog.	Judge J. House	News	Pippi LazyTown	Motoring Score Golf	eTalk MTV e2	Nature of the Beast	Montel Williams	Stanley King	Lopez	Gibson, Sissy Spacek	Greg Behrendt
12 PM	Home Imp.	News	Map of the Mind Fields	Charlie Rose	Paid Prog.	News	City Confidential	All My Children (N)	News	Days of our Lives (N)	Being Ian Jane	ATP Tennis: Masters Cup -- Round-Robin	Degrassi Bold & B.	A Machine to Die For	Perry Mason	Recess	Maury	In Fashion	Funniest Home Videos
1 PM	Yes, Dear	Diva Dime Homes	Walk on the Wild Side	Painting Needle Art	Days of our Lives (N)	As the World Turns (N)	Amer. Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Gadget StickIn	Sue Thomas: F.B. Eye	Breaking Vegas	Matlock "The Cui"	Lloyd Whiskers	Jerry Springer (N)	Ellen DeGeneres Show	Moesha	Cosby
2 PM	King	Guiding Light (N)	Gaslight Planet	Reading Lions	Passions (N)	Guiding Light (N)	Cold Case Files	General Hospital (N)	Passions (N)	Passions (N)	Adrenalini Flamingo	Obstacle Interruption	General Hospital (N)	Breaking Vegas	Love Lucy	Lilo Stitch Proud	Maury	Rachael Ray	Even Lizzie
3 PM	Seinfeld	Room Design	Ball Arthur (EI)	Postcards Judge	Dr. Phil	Crossing Jordan	Rachael Ray	Young and the Restless	Young and the Restless	Jacob Battle	Off-Record Sports	Dr. Phil	How-Made	Maury	Weekend	What I Like	News	Home Imp.	
4 PM	Raymond	Days of our Lives (N)	Dora Little Bear	Cyberchase Zoboo	Judge J. Judge J.	Oprah Winfrey	CSI: Miami	Millionaire Millionaire	Oprah Winfrey	Global	Tn-Titans The X's	NHL Hockey: Toronto Maple Leafs at Boston	The Tyra Banks Show	Daily Planet (N)	Little House	Barbarian Proud	Reba	Friends	Funniest Home Videos
5 PM	Friends	News	George S. Arthur	BBC World Business	News	News	CSI: Miami	News ABC News	News Global	News	SpongeBob Phantom	Bruins	News	Biker Build-Off (N)	Jim King of Hill	K. Possible Suite Life	My Wife Accrd Jim	Ugly Betty (N)	Movie: "Con Air" (1997) Nicolas Cage
6 PM	Friends	Body Caitlin	Spellz Reach-Top	News-Lehrer	News Raymond	News Hollywood	The First 48 (N)	News	News	News	ET Canada	Being Ian	News	Dirty Jobs (N)	70s Show	So Little	Jim	Supernatural (N)	WGN News at Nine
7 PM	Movie: "Austin Powers in International Man of Mystery"	Out There Jeopardy!	Profile of Nature	Health Matters	Jeopardy! Fortune	Friends Scrubs	Kansas City SWAT (N)	Entertain The Insider	Entertain ET Canada	Shark "Love Triangle"	Erky Perky	SportsCentre (Live)	The O.C. (N)	Mayday	Simpsons	So Raven	Raymond	Stargate Atlantis	WGN News at Nine
8 PM	Goldmember (2002)	Movie: "Torque" (2004)	BC Chronicles	Rosemary and Thyme	Name Earl (8:35) The Office (N)	Survivor: Cook Islands	Cold Case Files	Ugly Betty (N)	Survivor: Cook Islands	Survivor: Cook Islands	Malcolm Sabrina	SportsCentre (Live)	Grey's Anatomy (N)	Daily Planet	"Til Death	Figure" (2005, Drama)	Smallville "Static" (N)	News	Sex & City
9 PM	Movie: "Lucky Numbers" (2000)	Martin Henderson	Peking to Paris	Globe Trekker	30 Rock	CSI: Crime Scn	CSI: Miami	Grey's Anatomy (N)	The Office Name Earl	The Office Name Earl	15/Love Oracle	Motorcycle Racing	CSI: Crime Scn	Biker Build-Off	The O.C. (N)	Sinbad Life-Bonnie	Supernatural (N)	Jimmy Kimmel Live	Becker
10 PM	John Travolta	Psych	New Tricks	The Cheese Nun	(10:01) ER "Reason to Believe"	Shark "Love Triangle"	The First 48	30 Mistakes	Shark "Love Triangle"	News	Prank Ptrl Bob	Score Golf	(10:01) ER "Reason to Believe"	Dirty Jobs	News Geraldo	Popular	KTLA Prime News (1999)	(10:05) Movie: "Bowfinger" Steve Martin	Funniest Home Videos
11 PM	Movie: "Fatal Beauty"	News Room	Season of the Child	Charlie Rose (N)	Tonight	News Late Show	Kansas City SWAT	News Nightline	News	News	Entertain ET Canada	SportsCentre (Live)	News	Mayday	Sex & City	8 Rules	Sex & City	Friends	

FRIDAY, NOVEMBER 17, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	Dawson's Creek	News Room	(Off Air)	Body Elec. Caillou (N)	News	News	City Confidential	(5:00) News	News	(5:00) News	Beasts Jacob	SportsCentre	News Canada AM	Daily Planet	Believers Paid Prog.	King Spider-Man	News Calvin, Miller	Star! Daily At Movies	Rockford Files
7 AM	Movie: "Fatal Beauty" (1987)	Life Today 100 Huntley Street	BluesClues Dora	Barney Arthur (EI)	Today Sarah and Emily Hughes; Pecans; Phil Lempert.	The Early Show	Amer. Justice Cold Case Files	Good Morning America			Being Ian Mystery	SportsCentre		Beastly Countdown	Libertys Paid Prog.	K. Possible Recess	KTLA Morning Show	CityLine	Magnum, P.I.
8 AM	Whoopi Goldberg	Catering	HI-5 Berenstain	Curious Clifford						100 Huntley Street	OddParent Winx Club	SportsCentre		Star Racer	Paid Prog. Just Shoot	Weekend Lilo Stitch	Amazcua, Pereira	Deep Space 9	Homicide: Life
9 AM	NewsRadio	Body Judge	Bus Pancakes	Dragon Big World	Richard Simmons	Discover	Crossing Jordan	Regs and Kelly	100 Huntley Street	World Vision	Monster Mona	Off-Record Timeless	Regs and Kelly	Daily Planet	Fam. Feud	Pooh Bear		News City	Da Vinci's Inquest
10 AM	Cosby	The Price Is Right	Rolie Polie Paddington	Sesame Street (EI)	Ellen DeGeneres Show	The Price Is Right	CSI: Miami	The View (N)	World Vision	Design House	George S. Jana	Darts	The View (N)	Worst Handyman	The Tyra Banks Show	JoJo Mickey	Greg Behrendt	Movie: "Goin' Down the Road" (1970) (DVS)	News
11 AM	Harvey	Seinfeld	War Scattering	Bob Build Sit-Be Fit	Dr. Keith Ablow (N)	Young and the Restless	24	Paid Prog.	Judge J. House	News	Pippi LazyTown	Motorcycle Racing	eTalk Screen	Monster House	Montel Williams	Stanley King	Lopez	Greg Behrendt	
12 PM	Home Imp.	News	Canada-History	Charlie Rose	Paid Prog.	News	City Confidential	All My Children (N)	News	Days of our Lives (N)	Being Ian Mischief	ATP Tennis: Masters Cup -- Round-Robin	Degrassi Bold & B.	Biker Build-Off	Perry Mason	Recess	Maury	CityLine	Funniest Home Videos
1 PM	Yes, Dear	Diva Dime Homes	Router SportFish	In Studio Scrapbook	Days of our Lives (N)	As the World Turns (N)	Amer. Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Gadget StickIn	Sue Thomas: F.B. Eye	Dirty Jobs	Matlock	Lloyd Whiskers	Jerry Springer (N)	Ellen DeGeneres Show	Moesha	Cosby
2 PM	King	Guiding Light (N)	Gaslight Planet	Reading Lions	Passions (N)	Guiding Light (N)	Cold Case Files	General Hospital (N)	Passions (N)	Passions (N)	Adrenalini Flamingo	Obstacle Interruption	General Hospital (N)	Mayday	Love Lucy	Lilo Stitch Proud	Maury	Rachael Ray	Even Lizzie
3 PM	Seinfeld	Room Design	HI-5 Arthur (EI)	Fetch! With Judge	Dr. Phil	Crossing Jordan	Rachael Ray	Young and the Restless	Young and the Restless	Jacob Pokémon	Off-Record Sports	Dr. Phil	How-Made	Maury	Weekend	What I Like	News	Home Imp.	
4 PM	Raymond	Days of our Lives (N)	Dora Little Bear	Cyberchase Zoboo	Judge J. Judge J.	Oprah Winfrey	CSI: Miami	Millionaire Millionaire	Oprah Winfrey	Global	Tn-Titans OddParent	Hockey: NHL Pre	The Tyra Banks Show	Daily Planet (N)	Little House	Barbarian Proud	Reba	Friends	Videos
5 PM	King	News	George S. Arthur	BBC World Business	News	News	CSI: Miami	News ABC News	News Global	News	Jimmy Neutron	NHL Hockey: Pittsburgh Penguins at Buffalo Sabres	News	Deadliest Catch	Jim King of Hill	K. Possible Montana	My Wife Jim	Next Top Model	Movie: "Batman & Robin" (1997) Arnold Schwarzenegger
6 PM	Funniest Commercials	Body Caitlin	Desert renegade	News-Lehrer	News Raymond	News Hollywood	CSI: Miami "Dispo Day"	News	News	News	ET Canada	Team Yu-Gi-Oh!	News	Lost Nuko	70s Show	Zoey 101	Jim	Men in Trees (N)	Arnold Schwarzenegger
7 PM	Comedy Challenge	Out There Jeopardy!	Time Gardens	Wash Wk McLaughlin	Jeopardy! Fortune	Friends Scrubs	CSI: Miami	Entertain The Insider	Entertain ET Canada	NUMB3RS "Waste Not"	Cybertron	NBA Basketball: Toronto Raptors at Los Angeles Lakers	eTalk	A Haunting (N)	Simpsons	School	Raymond	Godiva's "Floodgates"	WGN News at Nine
8 PM	Movie: "Something's Gotta Give" (2003)	Next Chef	North and South (N) (Part 1 of 2)	NOW (N) Europe	Deal or No Deal (N)	Ghost Whisperer (N)	CSI: Miami	Gray's Anatomy	Deal or No Deal (N)	Deal or No Deal (N)	Naruto Zatch Bell	Basketball: Toronto Raptors at Los Angeles Lakers	Ghost Whisperer (N)	Daily Planet	Vanished "The Cell" (N)	Movie: "Read It and Weep" (2006)	WWE Friday Night	News	Sex & City
9 PM	Jack Nicholson	Trading Spouses	Evening-Cint	Las Vegas (N)	Close to Home (N)	CSI: Miami	Men In Trees (N)	Las Vegas (N)	Las Vegas (N)	Las Vegas (N)	Inuyasha Eureka 7	Close to Home (N)	How-Made Patent	Trading Spouses	Movie: "First Kid" (1996)	SmackDown! (N)	Jimmy Kimmel Live (N)	Scrubs	Becker
10 PM	Family Guy	20/20	Sherlock Holmes	Austin City Limits (N)	Law & Order (N)	NUMB3RS "Waste Not"	CSI: Miami "Dispo Day"	News	News	News	Alchemist Bleach	Series of Poker	Law & Order (N)	A Haunting	News	Sinbad	KTLA Prime News	(10:05) Movie: "Switching Parents" (1993, Drama)	Funniest Home Videos
11 PM	Futurama "HeeParty"	News Room	With Glowing Hearts (N)	Kids & Divorce: For	News Tonight	News Late Show	CSI: Miami	News Nightline	News	News	(11:03) ECW	Monster Oracle	SportsCentre (Live)	News	Deadliest Catch	Sex & City	Will-Grace	Friends	

saturday movies

MORNING

7:10 am WTBS (3) ★★ "Analyze That" (2002, Comedy) Robert De Niro. Released from prison, gangster Paul Vitti seeks further help from his troubled psychotherapist. [E]

8:00 am A&E (9) ★★ "RFK" (2002, Historical Drama) Linus Roache. Premiere. Robert F. Kennedy deals with his brother's assassination, national turmoil and presidential aspirations in the 1960s. [E]

9:10 am WTBS (3) ★★ "Analyze This" (1999, Comedy) (PA) Robert De Niro. To get a handle on his insecurities, a powerful New York gangster sees a therapist. [E]

11:15 am WTBS (3) ★★ "Something's Gotta Give" (2003, Romance-Comedy) Jack Nicholson. A music executive falls for the mother of his young girlfriend after having a heart attack in her home. [E]

AFTERNOON

12:00 pm FAM (26) ★★ "Tiger

Cruise" (2004, Drama) Hayden Panettiere. Terrorists strike on Sept. 11, 2001, while a teenager is visiting her father aboard the USS Constellation. [E]

CITY (29) ★★ "Dante's Peak" (1997, Action) Pierce Brosnan. A volcanologist and his new love flee a deadly eruption in the Pacific Northwest. [E]

1:30 pm FAM (26) ★★ "High School Musical" (2006, Musical Comedy) Zac Efron. Students conspire to prevent a basketball star and a shy newcomer from singing in a stage production. [E]

2:00 pm WTBS (3) ★★ "Lethal Weapon 2" (1989, Action) (PA) Mel Gibson. An accountant leads a wild detective and his cautious partner to a South African diplomat running drugs. [E]

4:00 pm YTV (18) ★★ "Looney Tunes: Back in Action" (2003, Comedy) Brendan Fraser. Live action/animated. Bugs Bunny tries to find Daffy Duck after the latter loses his job and travels to Las Vegas with a man. (In Stereo) [E]

KTLA (27) ★★ "Murder at 1600"

(1997, Suspense) Wesley Snipes. A homicide detective and a Secret Service agent investigate a secretary's murder in the White House. (In Stereo) [E]

4:30 pm WTBS (3) ★★ "The Replacements" (2000, Comedy) Keanu Reeves. A football coach and his team's owner recruit a ragtag band of has-beens and wannabes after failed negotiations lead to a strike. [E]

5:00 pm WGN (38) ★★ "Home Alone" (1990, Comedy) Macaulay Culkin. Accidentally left by his Paris-bound family, an 8-year-old makes mincemeat of two burglars in the house. (In Stereo) [E]

EVENING

6:00 pm CITY (29) ★★ "Mambo Italiano" (2003, Comedy) Luke Kirby. Living with a policeman, a man upsets his Italian family after telling them he is gay. [E] (DVS)

7:00 pm BCTV (11) "One Hundred Days" (1991) Laxmikant Berde. (In Hindi)

8:00 pm KSPS (6) ★★ "Singin' in the Rain" (1952, Musical Comedy) Gene Kelly. A silent-film star loves a chorus girl who dubs his squeaky-voiced co-star in a 1927 Hollywood talkie. [E]

YTV (18) ★★ "The Wedding

Singer" (1998, Romance-Comedy) Adam Sandler. Premiere. A spirited entertainer and a waitress with a boorish fiance work at the same weddings. (In Stereo) [E]

9:00 pm CHBC (4) ★★ "Past Tense" (2003, Comedy-Drama) Paola Cortellesi. Five friends discuss their careers and love lives while spending the weekend together. [E]

KXLY (10) ★★ "Practical Magic" (1998, Comedy-Drama) Sandra Bullock. Raised by their aunts, two sisters use different means to avoid a family legacy of witchcraft. (In Stereo) [E] (DVS)

FAM (26) ★★ "Gone Fishin'" (1997, Comedy) Joe Pesci. Premiere. Misfortunes plague two working-class buddies, contest-winners of an Everglades fishing trip. [E]

CITY (29) ★★ "Weird Science" (1985, Fantasy) Kelly LeBrock. Two high-school nerds computer-generate a magic beauty who shows them how to meet girls. [E]

10:00 pm WTBS (3) ★★ "Boat Trip" (2003, Comedy) Cuba Gooding Jr. Two skirt-chasing buddies discover too late that their travel agent has booked them on an all-gay cruise. [E]

10:30 pm WGN (38) ★★ "Rollerball" (2002, Action) Chris Klein. A businessman wants to see more violence in a dangerous sport where athletes

already risk their lives. (In Stereo) [E]

10:46 pm FAM (26) ★★ "What About Bob?" (1991, Comedy) Bill Murray. A patient follows a pop psychiatrist on his vacation and annoys him while charming his family. [E]

11:00 pm KSPS (6) ★★ "The Concert for Bangladesh" (1972, Documentary) George Harrison, Bob Dylan, Ringo Starr, Eric Clapton, Billy Preston, Leon Russell, Ravi Shankar and Badfinger perform. [E]

CITY (29) ★★ "Career Opportunities" (1991, Comedy) Frank Whaley. Two would-be burglars tangle with a night-shift janitor and a comely shoplifter in a supposedly empty department store. [E]

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12:00 AM - 1:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
1:00 AM - 2:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
2:00 AM - 3:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
3:00 AM - 4:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
4:00 AM - 5:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
5:00 AM - 6:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
6:00 AM - 7:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
7:00 AM - 8:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
8:00 AM - 9:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
9:00 AM - 10:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
10:00 AM - 11:00 AM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
11:00 AM - 12:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
12:00 PM - 1:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
1:00 PM - 2:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
2:00 PM - 3:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
3:00 PM - 4:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
4:00 PM - 5:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
5:00 PM - 6:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
6:00 PM - 7:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
7:00 PM - 8:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
8:00 PM - 9:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
9:00 PM - 10:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
10:00 PM - 11:00 PM	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
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sunday movies

MORNING

8:00 am WTBS (3) ★★ "Lethal Weapon 2" (1989, Action) (PA) Mel Gibson. An accountant leads a wild detective and his cautious partner to a South African diplomat running drugs. [E]

10:00 am A&E (9) ★★ "Philadelphia" (1993, Drama) Tom Hanks. Fired by his firm, a lawyer with AIDS fights back in court with help from his lawyer. [E]

WGN (38) ★★ "The Delta Force" (1986, Action) Chuck Norris. Terrorists reroute a passenger jet from Athens to Beirut, where commandos are waiting to negotiate. (In Stereo) [E]

10:30 am WTBS (3) ★★ "Showtime" (2002, Comedy) (PA) Robert De Niro. A straight-laced cop must work with a bumbling patrolman on a reality-based TV show. [E]

11:00 am CITY (29) "Wildier Days" (2003, Drama) Peter Falk. After escaping from a nursing home, a man takes his grandson on a road trip to prove his fantastic tales are true. [E]

AFTERNOON

12:00 pm FAM (26) "Read It and Weep" (2006, Comedy) Kay Panabaker. A schoolgirl's private journal becomes a best-seller after she accidentally hands it in as a homework assignment. [E]

WGN (38) ★★ "Rambo III" (1988, Action) Sylvester Stallone. Loner Rambo leaves a Buddhist monastery to free his Green Beret mentor from Soviets in Afghanistan. (In Stereo) [E]

12:30 pm WTBS (3) ★★ "National Security" (2003, Comedy) (PA) Martin Lawrence. Two Los Angeles security guards try to stop a criminal mastermind and his gang of robbers. [E]

1:00 pm KTLA (27) ★★ "Stargate" (1994, Science Fiction) Kurt Russell. A portal takes an Egyptologist, a colonel and a team of soldiers to another planet with pyramids, slaves and an alien ruler. (In Stereo) [E]

1:30 pm FAM (26) ★★ "The Big Green" (1995, Comedy) Steve Guttenberg. A love-struck Texas lawman helps a new British school-teacher transform her cynical stu-

dents into a soccer team. [E]

2:00 pm VTV (22) ★★ "Road Trip" (2000, Comedy) Seann William Scott. Friends embark on a lengthy car trip to intercept an illicit videotape mistakenly mailed to one's girlfriend. (In Stereo) [E]

2:30 pm WTBS (3) ★★ "The Replacements" (2000, Comedy) Keanu Reeves. A football coach and his team's owner recruit a ragtag band of has-beens and wannabes after failed negotiations lead to a strike. [E]

3:00 pm KTLA (27) ★★ "Rollerball" (2002, Action) Chris Klein. A businessman wants to see more violence in a dangerous sport where athletes already risk their lives. (In Stereo) [E]

4:00 pm YTV (18) ★★ "The Flintstones in Viva Rock Vegas" (2000, Comedy) Mark Addy. Young Fred Flintstone courts heiress Wilma Slaghoople, while Barney Rubble romances Betty O'Shale during a weekend in Rock Vegas. (In Stereo) [E]

VTV (22) ★★ "Shrek" (2001, Comedy) Voices of Mike Myers. Animated. In order to save his home, a monster with a donkey makes a deal with a mean lord to rescue a beautiful princess. (In Stereo) [E]

5:00 pm WTBS (3) ★★ "Men In Black" (1997, Comedy) (PA) Tommy Lee Jones. A veteran agent and a

rookie protect mankind from dangerous extraterrestrials roaming the Earth. [E]

EVENING

6:00 pm CITY (29) ★★ "White Chicks" (2004, Comedy) Shawn Wayans. Two male FBI agents pose as female socialites to foil a kidnapping plot and save their jobs. [E]

8:00 pm WTBS (3) ★★ "Men In Black" (1997, Comedy) (PA) Tommy Lee Jones. A veteran agent and a rookie protect mankind from dangerous extraterrestrials roaming the Earth. [E]

9:00 pm CHBC (4) ★★ "Saved!" (2004, Comedy-Drama) Jena Malone. A student at a Baptist school faces ostracism and demonization after becoming pregnant. [E]

FAM (26) ★★ "Mixed Nuts" (1994, Comedy) Steve Martin. The proprietor of a telephone help-line receives an eviction notice during the holiday season. [E]

10:50 pm FAM (26) ★★ "Mr. Holland's Opus" (1995, Drama) Richard Dreyfuss. Life steers a passionate musician away from composing and toward a teaching career. [E]

11:00 pm WTBS (3) ★★ "National Security" (2003, Comedy) (PA) Martin Lawrence. Two Los Angeles security

guards try to stop a criminal mastermind and his gang of robbers. [E]

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SATURDAY, NOVEMBER 18, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	XCU Storyline	News Pioneers	(Off Air)	America Farmers	(5:00) Today	Saturday Early Show	Bio. Howard	Good Morning Northwest	Adventure Hunter	Fishing FNC	Mischief Adrenalini	SportsCen tre	OWL/TV Kingdom	Patent Ult Cars	Paid Prog. Rangers	Get Ed Star Racer	Paid Prog. Krypto	About You Dharti	Paid Prog. Paid Prog.
7 AM	Movie: "Analyze This" (2002) Robert De Niro.	Gold Trails Powerboat	Timothy Dora	MotorWeek Fly Tying	News	Madeline Sabrina	Biography: Winkler	Saturday Cougar	News News	News News	Flamingo Xiaolin	Fishing Motoring	Katie-Orbit Hobo	Lost Nuke [E]	Winx Club Bratz	Star Racer W.I.T.C.H.	Krypto	Eyes on Asia	Paid Prog. Paid Prog.
8 AM	Movie: "Analyze This" (1999) Robert De Niro.	Diva Dime GetUpGrow	George S. Magic Bus	Your Home Hometime	Workshop	Trollz (El) Horseland	Movie: "RFK" (2002)	Emperor Replace	News News	News News	SpongeBob OddParent	Score Golf Lumberjks	Good Morning Canada	A Haunting [E]	Turtles Viva Pinata	Suite Life Zoey 101	Monster Tom Jerry	Polish Studio	Paid Prog. Paid Prog.
9 AM	Movie: "Analyze This" (1999) Robert De Niro.	Mondo GetUpGrow	Mise BG Arthur	Workshop Old House	Workshop	Cake (N) Scrubs	Linus Roach. Premiere.	So Raven So Raven	News News	News News	Callin MakinCut	Viva Pinata Phantom	Bowling	Blueprint for Disaster	Yu-Gi-Oh Chaotic	So Raven Phil	Shaggy Johnny T	Speakers CityLine	College Football: Yale at Harvard. (Live)
10 AM	Movie: "Analyze This" (1999) Robert De Niro.	Diva Dime Antique	Upside Babar	Aek This Americas	Veggie Paid Prog.	Ultimate Blackjack Tour	Copycat Crimes	Montana Suite Life	Making Cut Fishin	Driving TV Fishing	Tn-Titans Team	ATP Tennis: Masters Cup -- Semifinals From	Wildlife	How-Made How-Made	Yu-Gi-Oh! GI Joe	Even Boy World	Legion Batman	Chum Chart	College Football: Yale at Harvard. (Live)
11 AM	Movie: "Something s Gotta Give" (2003) Jack Nicholson.	Eagle-Com Inc.	Macphee Moving On	Christina Capral	Paid Prog. College	Rodeo: Tour Champ.	The Dark Side of Parole	Rangers Rangers	War of the Wheels	Fishing Energy TV	Avatar Shuriken	Semifinals From	Daily Planet	Cut Corners	Animal All Paid Prog.	School Sinbad	Xiaolin Loonatics	Chum Chart	College Football: Yale at Harvard. (Live)
12 PM	Movie: "Something s Gotta Give" (2003) Jack Nicholson.	Dinner New You	Italian Sustain	Lidas Garden	Football: Army at Notre Dame. (Live)	College Football: Auburn at Alabama. (Live)	Road Warriors	College Football: Michigan at Ohio State. (Live)	News News	Paid Prog. Will-Grace	Monster GI Joe	Shanghai, China.	Let's Shop "Morocco"	A Haunting [E]	Just Shoot [E]	Movie: "Tiger Cruise" (2004, Drama)	Libertys Libertys	Movie: "Dante's Peak" (1997) Pierce Brosnan.	Videos Soul Train
1 PM	Movie: "Lethal Weapon 2" (1989) (PA) Mel Gibson.	Catering Taste	Dotto Tech Eden	Cooking Tracks	Fortune	City Confident at [E]	The First 48 A serial killer calls 911.	Poker: Equalizer	Fishing Fishing	70s Show 70s Show	Pokémon Battle	Hockey: World Junior A Challenge. (Taped)	Foster Parents Plan Car	American Chopper [E]	Just Shoot Will-Grace	Movie: "High School Musical" (2006)	The Littles Soul Train	MuchOnDe mand [E]	Funnest Home Videos
2 PM	Movie: "Lethal Weapon 2" (1989) (PA) Mel Gibson.	Powerboat Heart-City	Dora Go Diego	Real Barbecue	Dragon (N)	Access Hollywood (N)	Cold Case Files [E]	College Football: Teams to Be Announced (Live) [E]	News News	70s Show 70s Show	Mystery Yu-Gi-Oh!	SportsCen tre (Live) [E]	Twice In a Lifetime [E]	How-Made How-Made	Alias "The Frame" [E]	Smart Guy Lizzie	Smallville "Velocity"	News [E] FashionTel	American Idol Rewind
3 PM	Movie: "The Replaceme nts" (2000) Keanu Reeves.	Marriage News	Rolie Polie George S.	Wild Things [E]	Veggie Babar [E]	Access Hollywood (N)	Cold Case Files [E]	College Football: Teams to Be Announced (Live) [E]	Simpsons Simpsons	70s Show 70s Show	Mystery Yu-Gi-Oh!	SportsCen tre (Live) [E]	Sue Thomas: F.B.Eye	Dirty Jobs [E]	Star Trek "Space Seed"	Suite Life Proud	Movie: "Murder at 1600" (1997) Wesley Snipes.	Bravo! Fact Speakers	Lights Festival [E]
4 PM	Movie: "The Replaceme nts" (2000) Keanu Reeves.	Room Design	Composer s Specials Lawrence	Dad Army News	News CBS News	Cold Case Files (N)	Cold Case Files (N)	College Football: Teams to Be Announced (Live) [E]	News News	100 Days of Freedom	Prank Ptr Ghost	NBA Basketball: Toronto Raptors at Denver Nuggets. (Live)	News [E] Canada's Worst Driver	Star Racer Jim	Jim Frasier	K. Possibls Phil	Wesley Snipes.	The Collector	Movie: "Home Alone" (1980) Macaulay Culkin.
5 PM	Movie: "The Replaceme nts" (2000) Keanu Reeves.	Room Design	Composer s Specials Lawrence	Dad Army News	News CBS News	Cold Case Files (N)	Cold Case Files (N)	College Football: Teams to Be Announced (Live) [E]	News News	100 Days of Freedom	Prank Ptr Ghost	NBA Basketball: Toronto Raptors at Denver Nuggets. (Live)	News [E] Canada's Worst Driver	Star Racer Jim	Jim Frasier	K. Possibls Phil	Wesley Snipes.	The Collector	Movie: "Home Alone" (1980) Macaulay Culkin.
6 PM	Movie: "The Replaceme nts" (2000) Keanu Reeves.	Room Design	Composer s Specials Lawrence	Dad Army News	News CBS News	Cold Case Files (N)	Cold Case Files (N)	College Football: Teams to Be Announced (Live) [E]	News News	100 Days of Freedom	Prank Ptr Ghost	NBA Basketball: Toronto Raptors at Denver Nuggets. (Live)	News [E] Canada's Worst Driver	Star Racer Jim	Jim Frasier	K. Possibls Phil	Wesley Snipes.	The Collector	Movie: "Home Alone" (1980) Macaulay Culkin.
7 PM	Comic Relief 2006 (Same-day Tape)	renegade Can Files	Moche Murder	Times Goes My Family	CSI: Miami [E]	Without a Trace [E]	The First 48 [E]	Post Game The Insider	Very Bad Men [E]	Final 24 [E]	Movie: "The Wedding Singa" (1998) Premiere.	Billiards [E]	Law & Order: SVU	American Chopper [E]	American Idol Rewind	So Raven Zoey 101	Raymond NBA Basketball: Philadelphi a 76ers at Los Angeles Clippers.	News [E] SexTV [E]	WGN News at Nine
8 PM	Comic Relief 2006 (Same-day Tape)	Dateline NBC [E]	Heartbeat "Family Ties"	Movie: "Singin' in the Rain" (1952) Gene Kelly.	Dateline NBC [E]	Cold Case "Family"	American Justice	Post Game The Insider	Very Bad Men [E]	Final 24 [E]	Movie: "The Wedding Singa" (1998) Premiere.	Billiards [E]	Law & Order: SVU	American Chopper [E]	American Idol Rewind	So Raven Zoey 101	Raymond NBA Basketball: Philadelphi a 76ers at Los Angeles Clippers.	News [E] SexTV [E]	WGN News at Nine
9 PM	Comic Relief 2006 (Same-day Tape)	Dateline NBC [E]	Heartbeat "Family Ties"	Movie: "Singin' in the Rain" (1952) Gene Kelly.	Dateline NBC [E]	Cold Case "Family"	American Justice	Post Game The Insider	Very Bad Men [E]	Final 24 [E]	Movie: "The Wedding Singa" (1998) Premiere.	Billiards [E]	Law & Order: SVU	American Chopper [E]	American Idol Rewind	So Raven Zoey 101	Raymond NBA Basketball: Philadelphi a 76ers at Los Angeles Clippers.	News [E] SexTV [E]	WGN News at Nine
10 PM	Movie: "Boat Trip" (2003)	Paola Cortelles.	Midsomer Murders "Written in Blood" (N) [E]	Red Green MontyPyth	Law & Order: SVU	48 Hours Mystery [E]	Cold Case Files [E]	Movie: "Practical Magic" (1998) Sandra Bullock.	ReGenesis "Haze" [E]	News [E] Driving TV	Weird Bob	Billiards [E]	Law & Order: SVU	American Chopper [E]	24 [E]	Movie: "Gone Fishing" (1997) At Movies	KTLA Prime News [E]	Movie: "Rollerball" (2002) [E]	
11 PM	Movie: "Boat Trip" (2003)	Paola Cortelles.	Midsomer Murders "Written in Blood" (N) [E]	Red Green MontyPyth	Law & Order: SVU	48 Hours Mystery [E]	Cold Case Files [E]	Movie: "Practical Magic" (1998) Sandra Bullock.	ReGenesis "Haze" [E]	News [E] Driving TV	Weird Bob	Billiards [E]	Law & Order: SVU	American Chopper [E]	24 [E]	Movie: "Gone Fishing" (1997) At Movies	KTLA Prime News [E]	Movie: "Rollerball" (2002) [E]	

SUNDAY, NOVEMBER 19, 2006

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	YTV (13)	TSN (19)	VTV (22)	DISC (24)	FOX 41	FAM (26)	KTLA (27)	CITY (29)	WGN (38)
6 AM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Antique Taste	(Off Air)	Berenstain Cliff Pup	Today [E]	Discover Discover	Breakfast With the Arts	Good Morning America	Pioneers Fishful	Myster Ink Canada	Top 10 Dragon	Sports Reporters	Acorn Kids	Mayday [E] Hour of Power [E]	Hour of Power [E]	Get Ed (N) Rangers	Pacesetter Success	Mix TV Eye on Asia	This Is Day Authority
7 AM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	In Touch [E]	Jakers Dora	Bob Build Thomas	Dragon Jacob	CBS News Sunday Morning [E]	24 [E]	News [E]	Foodies Canada	World Ven Is Written	Winx Club Mew Mew	TSN at the Grey Cup	Good Morning Canada [E]	Military Clash	Libertys Business	Star Racer W.I.T.C.H.	Amazing Believers	Eye on Asia	Fced Paid Prog.
8 AM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
9 AM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
10 AM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
11 AM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
12 PM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
1 PM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
2 PM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
3 PM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
4 PM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
5 PM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
6 PM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
7 PM	(5:00) Movie: "Jerry Maguire" (1996) Tom Cruise.	Van Impa Is Written	George S. Magic Bus	Jakers Fetch! With [E]	Meet the Press [E]	Nation	24 [E]	News [E]	News [E]	Santa Santa	Robot Boy Grossology	Sunday NFL Countdown (Live) [E]	Amnesty International	Military Clash	Fox News Sunday	Suite Life Zoey 101	Price Changing	Eye-Asia Johnny Lombardi (In Italian)	HomeTeam "Lincoln"
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ads@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

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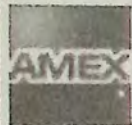
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Jul 06-tfn

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<http://www.youtube.com/watch?v=vKPwVGLA4>

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someone. This unique gift is just
\$20.00 plus postage. Contact youwin-
gain9@yahoo.ca for details. Jul 25-4th

Musical Entertainer available for
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Patty (250) 295-0520 or e-mail
pattyann@uniserve.com. Jul 25-4th

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Firewood for sale. 5-ton load
\$150.00/load + \$1.00/km. (250) 295-
4123. Oct 03-Dec 19

4 factory all-season radials and wheels
for 1998 Ford Explorer. \$400.00. Call
(250) 295-0118. Nov 14-28

1999 GMC Suburban (black). Lots of
kms (308,000) but in mint shape. New
tranny at 260,000 kms. Fully loaded-
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seats, PW, CD, tape, 5.8 L engine,
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bucket seats and much more. First
120,000 kms looked after by GMC and
the last by Huff's Auto. All records
available. \$13,800. Call Dean Stinson
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order. Lots of work invested in car.
Have receipts. \$600.00 OBO. (250)
295-1568. Oct 31-Nov 14

Kerosene heater, super efficient,
portable, emergency heat. 6L-33HRS.
2500 W/H. Used once. Cost \$341.98,
bargain for \$225.00. Call (250) 295-
6104. Nov 14-28

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PSYCHIC NORMA COWIE
in Princeton November 17, 18. Tarot
card, past life regression, etc. For infor-
mation and appointment call Ritta at
(250) 295-0028.

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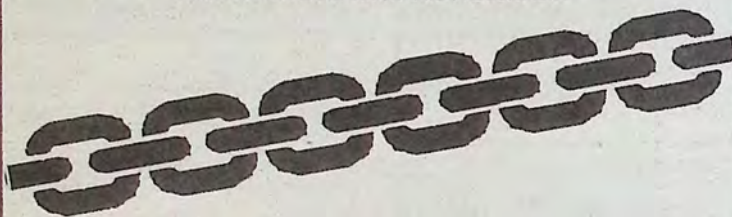
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Similkameen News Leader

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**“I could hardly
catch my breath...”**

Coal is the dirtiest fuel you can burn.

Remind Environment Minister Barry Penner.
Phone him at (604) 702-5200, fax (604) 702-5205
or e-mail env.minister@gov.bc.ca

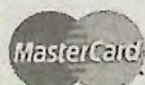
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Similkameen Mail, Senior	\$ 31.75
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Rural or Box (VO), Regular	\$ 40.90
Rural or Box (VO), Senior	\$ 35.90
Delivery to Door, Regular	\$ 53.80
Delivery to Door, Senior	\$ 48.80
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Regular	\$ 53.80
Senior	\$ 48.80



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3-bedroom, 2-bathroom home on
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4123. Nov 07-14

2-bedroom home. \$550.00 + utilities.
No pets. Call RE/MAX Property
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Office space available (12 x 12) in the
centre of the busiest block in down-
town Princeton. Storefront location
would be ideal for business professional
or part-time office for larger business
based out of town. Call (250) 295-4149
for details. Jul 11-4th

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Print + online. Call (250) 295-4149.

Looking for any 409 Chev Hi Po
Heads, 1971-73 Vega Hatchback (com-
plete). Call Wally at (250) 493-8376.
Sep 19-4th

found

Neutered male Rhodesian Ridgeback
on the Hope Princeton Highway. 4-
years old with rolled leather collar.
Owner must know tattoo number and
breeders name to claim this dog. (250)
357-9971.

www.thenewsleader.ca

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



help wanted

help wanted

Sandman

HOTELS | INNS | SUITES

Sandman Inn Princeton

is looking for Relief Managers for two days a week
Drop off resume at the Front Desk
between 7:00 AM and 11:00 PM.

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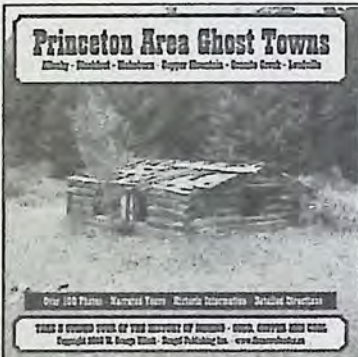
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for rent

help wanted

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Princeton Area Ghost Towns - The DVD



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Explore The History Of Mining - Gold, Copper and Coal

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\$550.00 PER MONTH. DRIVE
BY 1088-7 MILE ROAD THEN
CALL BRAD AT (250) 295-1964.

Nov 14-tfn

Mikado Japanese Restaurant

Requires experienced waitress and kitchen help. Apply in person, with resume.

Oct 31-Nov 21

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NO ANIMAL BY-PRODUCTS
100% ALL VEGETABLE
GRAINED

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BABY BEEF
LATE LAMB AVAILABLE SOON
(250) 295-3739

Jul 19-Nov 07

found

lost

Two cats on Tapton Avenue. Multi-coloured female and a red male. (250) 295-6202. Nov 14-tfn

Lost November 4th a pair of ladies bifocal glasses in bronze frames. Reward offered for their return. (250) 295-7965. Nov 14-tfn

RENT THIS SPACE
\$5.00+ GST per Week
(250) 295-4149

can you help?

Reward offered (\$50.00) for information leading to the identity of whoever ran our dog down 26KM out Osprey Lake Road between 8:30 - 9:30 AM on Saturday, November 4th. Call (250) 295-0420 or 295-4144 at Three Lakes Store. Nov 14-tfn

Classified Advertising works or you wouldn't be reading this! For more information on how we can get help you sell your item, contact the News Leader Classified Advertising Department at (250) 295-4149.

Regional District Okanagan-Similkameen

Rural Land Use Bylaw Amendment Application Electoral Area 'H'

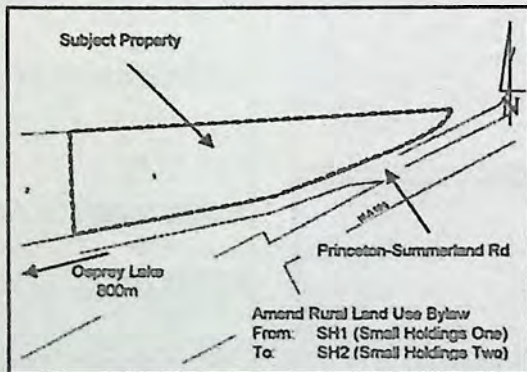
4350 Princeton-Summerland Road, Electoral Area 'H'
Lot 1, Plan 8705, District Lot 2084, Except Plan KAP62723, KDYD

The applicants are proposing to amend the land use designation for the subject property to facilitate a future subdivision application.

NOTICE OF PUBLIC HEARING:
Tuesday, November 28, 2006 - 6:30 PM
Princeton Town Hall - Council Chambers
169 Bridge Street, Princeton, BC

PURPOSE:
Amendment Bylaw No. 1725.10: to amend the Rural Land Use Bylaw by changing the designation of the subject property from SH1 (Small Holdings 1) to SH2 (Small Holdings 2).

Permitted uses within the proposed SH2 (Small Holdings 2) designation include: agriculture; single family dwelling, or mobile home, or travel trailer; home occupation; care centre; public parks; and buildings and structures auxiliary to the aforementioned uses, including roof shelters over travel trailers.



VIEW COPIES OF THE DRAFT BYLAWS & SUPPORTING INFORMATION AT:
Regional District Okanagan-Similkameen
101 Martin Street,
Penticton, BC
Monday - Friday 8:30 AM - 4:30 PM
Princeton Town Hall
169 Bridge Street
Princeton, BC
Monday - Friday 8:30 AM - 4:30 PM

Anyone who considers themselves affected by the proposed bylaw amendments can present written information or speak at the public hearing. No letter, report or representation from the public will be received after the conclusion of the Public Hearing. This Public Hearing has been delegated to a Director of the Regional District.

FOR MORE INFORMATION PLEASE CONTACT PLANNING SERVICES:
Telephone (250) 490-4107 - Fax (250) 492-0063 - e-mail: planning@rdos.bc.ca - Web: www.rdos.bc.ca

Drinking a problem?

Alcoholics Anonymous
Meets 7:30 PM Thursdays
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Fred 295-7272 / Rene 295-3853

real estate



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Available to any woman who has experienced physical, sexual or emotional abuse in their past or present life.

Funded by the Ministry of Community Services,
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Thursdays
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Examine your relationship with God at the place of Worship of your choice.

ALCOHOLICS ANONYMOUS Chamber of Commerce Basement

SUNDAY OPEN MEETINGS - 8 PM
 (295-7931 / 295-7229)
 WEDNESDAY CLOSED - 8 PM
 (295-7931 / 295-7229)

TULAMEEN LIBRARY
 FRIDAY OPEN - 8 PM (295-7005)
 ALANON - HEALTH CENTRE
 MONDAY 12 NOON
 ARBOR HOUSE
 WEDNESDAY 7:30 PM
 (295-7005 / 295-3784)

Narcotics Anonymous

OPEN MEETINGS
 Thursdays 7:30 PM

160 OLD HEDLEY ROAD
 Baptist Church Basement
 (USE BACK DOOR)

Info: (250) 295-7919

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Natural character chart - \$25.

Basic chart plus predictive - \$50.

Phone 295-6063

Completely confidential

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For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Avenue.

MONDAY NIGHT BINGO IN PRINCETON SENIOR CITIZENS BR. #30

162 Angela Avenue
 4:30 PM Sales Start
 5:30 PM 1st 47 Bonanza #'s
 SPECIALS, REGULAR GAMES, ODD & EVEN, PROGRESSIVE SNOWBALL & LOONIE POT, "LUCKY 7" WON EVERY MONDAY (MIN. \$50.00 GUARANTEED)
 BC Gaming License #869460
 "PLAY SMART GAMBLE RESPONSIBLY"

SUNDAY AFTERNOON BINGO

In Hedley at the Chuchwayha Hall

\$25. GUARANTEED MINIMUM PAYOUT ON REGULAR GAMES (\$50, DOUBLE - UP CARD) PROGRESSIVE JACKPOT MINIMUM \$1,000! PROGRESSIVE POT OF GOLD MINIMUM \$500! PROGRESSIVE LOONIE POT MINIMUM \$100.
 DOORS OPEN AT 9:00 AM
 1st NUMBER CALLED AT 11:30 AM
 FOLLOWED BY EARLY BIRDS, REGULAR GAMES, SPECIALS & CONCESSION

SEE YOU IN HEDLEY!

KEREMEOS ELK'S & ROYAL PURPLE

Every Friday
 Doors Open 5:30 PM
 Elks Hall Keremeos

SMOKE FREE BINGO

Town of Princeton NOTICE

For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Avenue.

Notice to Intending Applicants For Non-Replaceable Forest Licence A81242 Within the Merritt Timber Supply Area

Pursuant to Section 13 of the *Forest Act*, the Minister of Forests and Range has authorized the Regional Manager of the Southern Interior Forest Region to invite legal entities to submit an application for a Non-Replaceable Forest Licence to harvest smallwood stands of timber from specified areas of Crown land within the Merritt Timber Supply Area.

Non-Replaceable Forest Licence A81242 will have a term of 5 years and an allowable annual cut of 35,000 cubic metres per year from stands meeting the licence criteria. The successful applicant will be required to undertake all operational planning, engineering, and silviculture work and associated costs under this licence in accordance with the *Forest and Range Practices Act* and any associated regulations. All eligible applications will be evaluated on the basis of highest bonus bid, pursuant to Section 13 of the *Forest Act*.

Applications must be submitted in sealed containers marked "APPLICATION AND TENDER FOR NON-REPLACEABLE FOREST LICENCE A81242 WITHIN THE MERRITT TIMBER SUPPLY AREA" and must be received by the:

Regional Manager
 Ministry of Forests and Range, Southern Interior Forest Region
 515 Columbia Street, Kamloops, British Columbia, Canada V2C 2T7
 Phone: 250 828-4131
 Attention: Glen Sparrow

on, or before, 2:00 p.m. Tuesday, November 28, 2006. Applications received after this deadline will not be accepted. Public tender opening to commence at 2:15 p.m. Tender packages or additional information can be obtained by contacting the Regional Manager or:

District Manager
 Ministry of Forests and Range, Cascades Forest District
 Box 4400 Station Main, Merritt, British Columbia V1K 1B8
 Phone: 250 378-8400
 Attention: Rich Hodson



editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

my turn

We do some of our own recycling

It was this time last year we were preparing for the Municipal Elections and wrote an Editorial inspired by an all-candidates forum.

At the time we explained it would be far easier to pick the honest candidates if all the liars were identified when their noses started to grow – just like Pinocchio's.

Well, a year later we've decided the same physical trait would come in handy in trying to cut through the smoke and mirrors related to the Compliance Energy coal-fired (and sometimes referred to as wood waste/coal) power generation plant.

We've attended way too many meetings where mostly only one side has been discussed, emphasized and repeated over and over. We get it. Mercury is bad.

So it was actually quite refreshing to attend another meeting on the project where two members of the Compliance camp were in attendance. It was great to see President and CEO John Tapics answer questions and dispel rumours and misinformation with ease and not break out into a cold sweat. It was nice to see the majority of the audience be respectful enough to let him answer the questions in his usual 'non-answering' way, but at least he was there.

We still think Tapics and someone from SOS or Friends of the Similkameen should go head-to-head in a no holds barred full body contact debate on the coal-fired (sometimes referred to as wood waste/coal) power generation plant.

The only hook here is if a lie is told, your nose grows. The more you tell, the longer it gets. It goes for both sides, so it would actually force each opponent to get their facts straight before trying to fool anyone with facts, figures or non-answers.

It's about time both sides went at it for a little more than just bragging rights. This time it would be winner take all.

Then maybe a lot more people would stand up and take notice and pay a little more attention to what's going on around them. Good or bad.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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George Elliott
Brenda Engel
Dawn Johnson



your turn

More on coal-fired plant

To the Editor,

I am writing to express my strong opposition to Compliance Energy's proposal to build a 56 mega-watt (MW) wood waste/coal-fired power plant at the former Similco Mine site. One unacceptable consequence of Compliance's proposed plant is the release of mercury, an unavoidable byproduct of burning coal. Coal-fired power plants account for 41% of mercury emissions from human activity, and are the largest industrial source of mercury emissions in the country. Once airborne, mercury can travel long distances to eventually deposit into soil and water and bioaccumulate in fish, wildlife, rivers, lakes, and creeks.

Mercury is a highly potent neurotoxin that persists in the environment and can cause neurological damage to humans, especially children and fetuses. The unborn organism is much more susceptible to the toxic effects of mercury than the adult. Methylmercury, an organic mercury compound, easily crosses the placental barrier and gets concentrated in fetal tissues. Mercury's harmful effects that may be passed from the mother to the fetus include brain damage, mental retardation, incoordination, blindness, seizures, and an inability to speak. Human exposure to mercury comes primarily from eating contaminated fish, but inhalation and absorption also present a significant risk of exposure.

Mercury emissions, unlike nitrogen oxide and sulphur dioxide emissions, cannot be easily

removed by industrial scrubbers, as the scrubber and filter technology that cleans smoke of toxic gasses fails to work on mercury. (Associated Press). The BC governments mercury emission standards demand up to 85% capture, but even, Low levels of mercury regarded as safe could impair brain function and memory in adults. (John Hopkins University).

In the journal Science, researchers Charles E. Billings and Wayne R. Matson published a study reporting that for a 700-megawatt (coal combustion) unit, approximately 2.5 kilograms of mercury per day are released. When applying this ratio to the proposed 56 MW power plant, estimating that only 20 MW will be generated by burning coal, the plant would release 71.4 grams of mercury per day before capture. If Compliance Energy manages to capture 90% of mercury emissions, this would amount to 7.1 grams of mercury released into the atmosphere every single day of operation. Over time, this would amount to nearly 50 grams per week, 210 grams per month, 2.6 kilograms per year, and 26 kilograms per decade. The

unavoidable release of mercury emissions from the coal power plant is an unnecessary risk to human and environmental health.

Air pollution from coal power will drive young families away from the Similkameen Valley, as pregnant women and young children are the most susceptible to the potent neurotoxin, mercury. To allow the proposed coal-fired power plant to proceed would be reckless and irresponsible, passing on a legacy of massive environmental and social costs to present and future generations of Similkameen Valley residents. I strongly urge local government to take immediate action to stop the 56 MW coal-fired power plant. We should not put the health of the public or the health of the valley at risk. The short-term economic benefits of the proposed plant are far outweighed by the long-term adverse environmental and social consequences of coal-fired power generation. Coal power is not worth the risk.

Sincerely,
Mike McLean
2005 Green Party of BC Candidate
for Yale-Lillooet

"I could hardly catch my breath..."

Coal is the dirtiest fuel you can burn.

Remind Environment Minister Barry Penner.
Phone him at (604) 702-5200, fax (604) 702-5205
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THIS PUBLIC SERVICE MANAGEMENT BROUGHT TO YOU BY C.O.A.L.

Current Comment:

Working wives are dying sooner



Dawn Johnson
editor@thenewsleader.ca

Two medical research studies done recently show women are dying in greater numbers from heart attacks and multiple sclerosis, whereas the rates for men are declining or remaining the same. The increases date from about 1940, and follow the period in which women began joining the work force in greater numbers. I don't doubt for one minute that a woman who works for a paycheque and looks after a household is putting herself at risk for a heart attack or serious disease.

Having been a woman who worked full-time outside the home as well as being a wife and mother at home, I can tell you there is a lot of stress but it is not the stress that takes a toll so much as the sheer physical demands on said woman. A man puts in his 8-hour shift, comes home, puts his feet up, watches some TV, and gets called to dinner when it's ready. A woman puts in her 8 hour shift, comes home to make dinner, clean the kitchen, do the laundry, manage the kids, and plan the next day's meals. Studies show the division of labour at home leaves women still doing the majority of tasks related to household maintenance.

I tend to be rebellious when too many demands are made on me. One of the reasons for this is a lesson a friend taught me when I was around 30 years old. My friend died. She went to bed early one night and died in her sleep. She was a year older than I. She had not been ill. In fact, she was kind of a superwoman, holding down a full-time job, catering to a husband and three kids, and looking good while she did all of this. Her death was so unexpected that an autopsy was done. The coroner said she died of exhaustion. She was physically burnt out. I made up my mind I wasn't going to kill myself doing two jobs at once.

Women have tried to maintain their traditional roles while taking on non-traditional roles. I don't think the answer lies in keeping women out of the work force. The time for that is past. No woman with any sense puts herself in the position these days of not having some sort of economic independence. Having a good CPP, and

some RSP's or other investments provides for old age and other possible problems related to ensuring an income. Even before divorce became so commonplace, women needed some kind of long term security. As well, the two-income family seems to be a necessity these days.

What really needs to be done is to stop women from marrying and having children. It is the burden of looking after a husband and children that tends to make having a job so stressful. Let's face it: men have jobs and they have stress on the job, but most men do not have to go home and care for kids or manage the household. If women want to live longer, they need to stop having husbands and kids to look after.

You are probably thinking, "Dawn's lost it this time."

I would agree, but I am somewhat a product of women's lib (perhaps even an instigator of it) and I see no reason why a woman should not utilize her knowledge and skills to the same level as a man. It is only when a woman has a husband and children that she becomes overbur-

dened, so my answer is to get rid of husbands and kids and live alone. It will be healthier. A woman could even go out to dinner and sleep in on weekends if she lived alone.

I realize that my solution will not be right for every woman. Further, I recognize that those who adopt my solution will cause a severe decline in birth rate and we will have to import more workers from countries in which women are kept at home. However, I feel we should not be working women into early graves.

The simple solution is having husbands and children pitch in and take over some of the chores, or hire people to do some of the work around home, but I know from experience that those solutions do not work on a permanent basis. First thing you know, husband is ducking out of his share and then the kids follow suit, and good old Mom is back on the household treadmill working herself to death. Working women have been trying for decades to get men and kids to pull their weight at home, but nobody pays attention until Mom is laid out on that cold slab and

becomes part of the statistics about women having more heart attacks or developing terminal illnesses of other kinds.

I used to think a woman can have it all - a career, a husband, and children. I had it all, and it was bloody hard work to keep the whole thing going at once. So far, an early grave has not reached out to grab me, but I know it has done this to other women and will keep on doing it as long as they think they can have

it all. I wish them all the best - happiness, willing hands to help, and a long life.

What's worse than having a husband and kids? Having kids and no husband. The stress level for single parents is unbelievable and will undoubtedly lead to an early grave. I consider it essential to avoid this situation.

Good luck, ladies! If you want to live long, you really need to think about your options.

Marketplace Ministry by Jim Caruso

What does it take to shake you up?

It was about nine o'clock in the evening, and we were visiting with friends in Victoria, that we had not seen for a couple of years, suddenly the table began to shake and the floor began to move. My buddy Bill shouted out, Earthquake, and so we found ourselves heading to the doorways for safety. It only lasted about 20 seconds, but was a real experience. Feeling safe, we returned to the table and continued our visit. The conversation quickly went to the subject of earthquakes and the preparation that should take place for people who live on the island, and the coast of British Columbia. I was quick to share about the earthquake suitcase that my wife had packed, years ago, when we lived on Saltspring Island. This was always a source of great fun for us as a family. My wife has always been very good in the area of being prepared for unexpected problems and earthquakes were not an exception. I had been trained as an ambulance attendant and my idea of an earthquake of such a great magnitude happening on our tiny island would not be helped in the slightest bit, by a small black suitcase filled with band-aids, chocolate bars, toilet paper and a change of underwear for each member of the family. I figured that after the quake hit there would not be enough land left to expose to put the little suitcase on to open it. The suitcase is still a conversation piece in our home, and although we tend to make fun of it, we didn't have one when we moved to Prince George. I felt that if a quake hits there, everyone would become residents of beach front property and would probably invest in some salt water fishing gear in able to can fish for tuna from our back porch.

As much as I have enjoyed the humor attached to the earthquake suitcase, at the same time, I realize the reality of an earthquake actually happening to our BC Coastline. I know that some people are quite fearful of such a possibility. And it is quite possible that as earthquake, tidal wave, or a volcano causing major disaster could happen on Vancouver Island where we presently reside.

The Bible talks much about natural disasters happening in the end times; we are indeed living in those days as we see earthquakes and other such happenings happening in every part of our world today. Matthew writes in his gospel account, And you shall be hearing of wars and rumors of wars; see that you are not frightened, for those things must take place, this is not yet the end. For nation and kingdom and in various places there will be famines and earthquakes. (Matt. 24:6 & 7). We watch the news everyday and we see the things spoken in Scripture happening at an increased rate all over the world. Hollywood has made millions of dollars from the production of disaster movies. The latest thriller movies are written about twisters, volcanoes, tsunamis, instant ice ages and global warming, to name a few of the disasters happening throughout the world. So, how well are you prepared for the coming of the Big One? I'm not talking about the earthquakes, twisters, or famine, but I am talking about the day when the end does come. Have you prepared for the possibility of that day? Scientists are predicting many disastrous scenarios. These may or may not happen in our life time, but one thing is true according to the Bible, the end will come. Are you prepared? Do you have your spiritual suitcase ready?

Do you have within you all that you will need to survive when this physical life is no more? Your spiritual suitcase needs to include the forgiveness of Christ, the faith to endure and the grace to be encouraged all wrapped tightly in the love of God.

This last earthquake experienced on West Coast was in February 2000. It was a wake up call for one person I know. She realized that she was not ready to deal with eternity so she made a decision to accept Jesus Christ as her personal Saviour and His gift of forgiveness. She is prepared for anything, and now has packed neatly within her, all the contents of God's spiritual emergency suitcase. She is now ready for anything that happens in this old world. Are You?

Pastor Jim Caruso - Oceanside Community Church, Parksville - jpcaruso@telus.net

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Town of Princeton

THANK YOU!

On behalf of the people of Princeton, Mayor and Council would like to thank all the volunteers for their hard work to make the Halloween Spook House and Fire Works such a success.

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There's never a shortage of new machines to see and stories to swap at the annual open house at Reichert Sales & Service in Tulameen. The November 11th event marked the 38th annual celebration for the locally owned and operated skidoo/ATV business. Photo: Brenda Engel *



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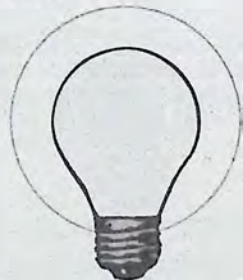
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NOTICE OF POWER OUTAGE

There will be a power outage on
Wednesday, November 15, 2006
from 2:30 PM until 4:30 PM

THIS OUTAGE WILL AFFECT
THE FOLLOWING AREAS:

Highway 3 East
East Princeton
Old Hedley Road



This outage is necessary to perform upgrading on the east line. Princeton Light & Power apologizes for any inconvenience. If you have any questions please contact our office at 295-3244. Office hours 8:00 AM - 5:00 PM.

2010 Legacies Now expands program

2010 Legacies Now is providing support to 26 communities or regions around the province so they can determine local needs, develop community literacy plans and create or expand literacy programs to help learners of every age.

"2010 Legacies Now is working with communities and community-based organizations to increase local access to literacy learning," said Brenda Le Clair, managing director of strategic development and partnerships. The first step is a literacy plan developed at the local level. These 26 literacy task groups have made a commitment to build an action plan that will benefit all members of the community, from infants to seniors.

"Reading is more than a skill for the classroom its a skill for life," said Education Minister Shirley Bond.

"It is vital to the success of every student, every family and every community. The expansion of this program moves us a step closer to fulfilling Premier Campbell's commitment to make B.C. the best educated, most literate jurisdiction in North America."

To join the Literacy Now communities program, partners within a community or region must submit an expression of interest to 2010 Legacies Now. Partners who have

demonstrated a broad base of interest and commitment within their community are then asked to apply for up to \$10,000 to help with the development of a literacy plan. Once the plan is complete, the partners are eligible for funding to help with the implementation of their action plan.

The following communities or regions are joining the program: Abbotsford, Bamfield, Bella Coola, Burnaby, Comox Valley, Delta, Gold River, Haida Gwaii, Hope, Boston Bar, Agassiz, Harrison Hot Springs, Houston, Howe Sound (Whistler, Squamish, Pemberton), Kamloops, Maple Ridge, Mission, Nanaimo, Parksville/Qualicum, Port Alberni, Powell River, Prince George, Princeton, Salmon Arm and area, South Okanagan-Similkameen (Penticton, Osoyoos, Oliver and area), Sunshine Coast, Terrace, Tri-Cities (Coquitlam, Port Coquitlam, Port Moody), Vancouver.

"The Literacy Now communities program has galvanized the efforts of groups who are poised to address literacy and learning issues in their communities," said Judy Brooks, regional literacy coordinator for the North Island and Powell River.

"While these issues have been the focus of literacy organizations for

many years, the program offers fresh ideas to assist in this community-planning approach."

The Literacy Now communities program guides partners through a community based planning process designed to address local literacy needs.

The process focuses on building partnerships, networking and sharing best practices within B.C.s communities and regions. There are now 56 participating literacy task groups, representing more than 100 communities across the province. 2010 Legacies Now aims to make British Columbia the most literate province in Canada and a global leader in literacy learning by 2010.

2010 Legacies Now is a not-for-profit society that works in partnership with community organizations, non-government organizations (NGOs), the private sector and all levels of government to develop sustainable legacies in sport and recreation, arts, literacy and volunteerism. 2010 Legacies Now actively assists communities to discover and create unique and inclusive social and economic opportunities leading up to and beyond the 2010 Olympic and Paralympic Winter Games. For more information please visit www.2010LegaciesNow.com.

"The air was so thick you could cut it with a knife..."

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Renee Cleven, left, accepts a cheque from Princeton Rotary Club President Lawrence Stoochnoff. The club made the presentation at their luncheon meeting November 7th. The contribution will help Cleven with costs associated with a province-wide Ambassador Program she plans to attend. *

Letter To The Editor

Valley doctors speak out on coal

To the Editor:

RE: Coal-Fired Energy Generation in the Similkameen Valley. The Health Concerns

Recent meetings in the upper and lower Similkameen valley have served to increase awareness and concern over the proposed Compliance coal-fired energy generation plant at the Copper Mountain site near Princeton. While many of us find it an embarrassment that our elected politicians should even consider proceeding with such flawed and damaging technology in the 21st century, we find ourselves once again in a position of having to defend our health, our valley and our planet against harmful effects brought on by bad decision making.

So it was with a proposed special waste incinerator in the 1980s and a proposed coal-fired plant in the 1990s. So it shall be with the proposed Compliance coal-fired project yet again.

This submission addresses the health concerns arising from such technology as it effects people locally in our valley and as it affects our population globally.

Local Health Effects

Local health effects are related to emission of byproducts of combustion which have a direct effect on the lung or cardiovascular system. They are the materials we identify as air pollution or smog.

- **Particulates.** Some particles from industrial emissions are small enough to enter the smallest units of the lung, producing increased smooth muscle and fibrous tissue in the airway. A comparison of lung biopsies in non-smokers in Mexico City, one of the worlds most polluted cities, and Vancouver, B.C. has shown much

increased presence of such changes, including the presence of the particles. Increased airway smooth muscle produces increased frequency of asthma in children and chronic lung disease in older folks. Increased fibrous tissue produces a lung which exchanges gases poorly and is stiff and non-compliant.

- **Ozone.** Ground level ozone increases as a result of chemical breakdown of other greenhouse gases. It is a very reactive molecule, and acts on the airway as an irritant. It has been demonstrated to increase the frequency of asthma attacks in children.

- **Mercury and heavy metals.** There is no safe level of any of these substances. Consumption of mercury by mouth has been shown to lead to predictable patterns of disease and death, as has massive air exposure, as might be caused by burning old car batteries. Smaller airway exposures are sure to have some effect which is cumulative; however it will never be possible to measure this effect in isolation, so we will never know the extent of the damage done.

- **Sulphur dioxide.** This contributes a lot of the brown hue to photochemical smog. It is somewhat of an airway irritant, but mainly contributes to odor and poor visibility, leading to psychological stress and avoidance. People move away and do not visit.

Global Health Effects

Global health effects have to do with the greenhouse gas effect on climate, which leads to global warming. Emissions of concern are carbon dioxide, methane and oxides of nitrogen. Even cynics have trouble attributing what we have seen so far to a natural cycle.

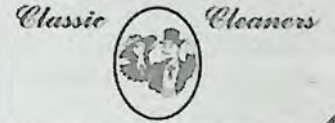
Projections suggest loss of the northern polar ice cap somewhere between 2050 and 2100. Potential health effects are so vast as to raise major concerns for the future of mankind, particularly for those least able to protect themselves the elderly, the poor and the sick. This happens to include the majority of the developing world, and raises a global ethical dilemma, in that those most responsible for thecontinued on Page 26

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Bud Sadegur presents a certificate of appreciation to Mayor Randy McLean for all of the assistance the Town provided during the Regional Presbytery conference hosted by St. Paul's United Church.

.....continued from Page 25
 problem are those who suffer least. Affluent societies deal with the problem by air conditioning, leading to increased energy needs and emission of more greenhouse gases. As the cycle continues, we produce the following health concerns:

Temperature related illness.
 We will see increased deaths from periods of prolonged high temperature, mainly in poor areas of the tropics and sub-tropics, and in densely populated sprawls of large cities. This has already happened. In a heat wave in August of 2003, France experienced an excess of 1400 deaths for that month alone. In polar and sub-polar regions, there may be a reduction in deaths as a result of fewer extreme low temperatures, but the population will still face stress through loss of habitat, food supply and dislocation. This reflects an average temperature rise of only 0.5 degrees Celsius from historical baseline. Projections suggest further increases of 1.4 to 5.8 degrees by 2100.

- **Extreme events and disasters.** Global warming leads to extreme weather as well. Again, we are already seeing drought, flooding from sudden intense rainfall, hurricanes and storm surges in increased numbers. These events produce health deterioration and death through nutrition stress, disease (such as cholera), through loss of sanitation infrastructure, trauma, and psychological stress through environmental dislocation.

- **Infectious diseases.** Malaria still kills 2 million people per year worldwide. The mosquito vector in poorer tropical and subtropical countries is rarely adequately controlled by present infrastructure. Infection rate for malaria rises exponentially as a function of temperature. We must expect a similar rise in deaths. The same outcome

may apply to dengue, which thrives in similar conditions.

- **Food and water-borne disease.** With increased flooding, storm surges and high winds comes loss of sanitation infrastructure. Here we see problems with water-borne disease such as cholera, and spoiling of food supplies, which become unsafe.

- **Increase in sea level.** This occurs both through thermal expansion of the water itself, and through melting of glaciers and land-based (mainly northern polar) ice masses. Predictions suggest a rise in sea level of 9-88 cm by 2100. Some island communities will disappear altogether. Major dislocations will have to take place along coastlines of the Pacific and Indian oceans, and in sub-saharan Africa.

- **Air pollution.** This is our local concern in the Similkameen, and has already been described. It has been estimated that between 1970 and 2000 in Canada, 150,000 lives have been lost, and that 5,500,000 disability life years have been lost due to climate change. Conservative estimates suggest doubling by 2030.

Nobody knows how quickly these changes will progress, and such changes may be very rapid indeed. Certainly we need to act locally to prevent health deterioration in our valley. We need, however, to think globally and to stop producing emissions which produce the greenhouse effect and global warming. The health effects will be vast. Mankind is capable of producing its own extinction, and this is one of the ways we can do it. Nature, however hostile to mankind, will still exist in some form after we are gone as a species. We need to hope that our local action will contribute in a small way to our continued health and survival.

Submitted by
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 For Princeton physicians:
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Council approves extended liquor hours

Town Council had no problem approving a request from Copper Mountain Bar and Grill for longer hours on New Year's Eve. Liquor Control and Licensing allows a licensee to stay open until 4:00 a.m. on New Year's Eve. However, this year, New Year's Eve is on a Sunday, which involves another regulation which

prevents a liquor licensee from serving past midnight. Copper Mountain Bar and Grill has received permission from Council to serve liquor to 2:00 AM January 1, 2007. Council advised that this is not a "blanket" approval to all licensees. Other licensees must apply for approval one at a time.

Club wants action on deer fence

Otter Valley Fish and Game Club wondered what became of their request earlier this year to have deer fencing around the landfill. At the November 6 meeting of Town Council, Councillors admitted the matter had never been addressed.

The fish and game club had complained that deer were feeding on garbage at the landfill, pointing out how unhealthy this is. Council referred the matter to staff to estimate costs and make recommendations.



Lest We Forget.*

BC Green Party says no to coal

In light of the newly released Stern Report on the economic impacts of climate change, the Green Party of British Columbia calls on the provincial Liberal government to end its proposal for two coal-fired thermal electrical generating plants in BC as part of a serious global effort to address climate change.

"The release of the British governments Review on the Economics of Climate Change, by Sir Nicolas Stern, the Head of the Government Economics Service, focuses on the dire economic impacts of climate change and England, at least, is taking action," said Green Party Leader, Adriane Carr.

"The report says that if greenhouse gas emissions are not cut and temperatures rise as many scientists project, the economic costs to the planet will be prohibitive."

The Observer, a British newspaper, reported that the study cited a figure of £3.68 trillion (the equivalent of \$6.98 trillion) as the cost to society of failing to change energy paths to address global warming within a decade.

"Even Ontario has decided to phase out coal-fired electricity

generation, yet our own government is blithely moving ahead with plans to build two coal fired electrical generating plants in BC, one in the Similkameen Valley and the other in Tumbler Ridge," said Carr.

The long-term economic impact of such a short-sighted and economically damaging decision has also been disparaged by Princeton Mayor Randy McLean who stated when called for comment, "This Liberal government is always talking about how economically forward looking it is, so the decision to implement coal fired electrical energy plants flies in the face of sound economic planning."

"Implementing coal-based power plants ignores the scientific and economic studies that are coming out almost every week now, showing that we are heading for disaster down the road if we continue to burn more and more fossil fuels. What the Liberals want to put in place is an outdated, climate-wrecking technology that will be grandfathered in for the next forty years. This move will frankly make the people of BC look stupid in ten years, never mind forty," said Carr, "And our children and grandchildren will justifiably blame this gen-

eration for acting with greed instead of due care and consideration for their future."

Mayor praises Legion

Mayor Randy McLean gave high praise to Royal Canadian Legion members when he spoke at the Legion lunch following Remembrance Day services. He noted the torch is taken up, and today's peacekeepers are trying to give the same freedoms our veterans gave us. He remarked on the good work done by the Legion.

To Legion members he said, "Because of you, our fallen have slept peacefully."

He praised the Legion Youth Auxiliary, saying, "They're on

the right track for the rest of their lives."

Legion President Bud Sadegur reminded everyone that 2006 is the 50th anniversary of the formation of the United Nations emergency peacekeeping forces. He asked everyone to support what our soldiers are trying to do in Afghanistan.

Ladies Auxiliary President Charlene Longdo presented the Legion with a \$1,000 cheque for "any current project". Sadegur said, "Roof!"

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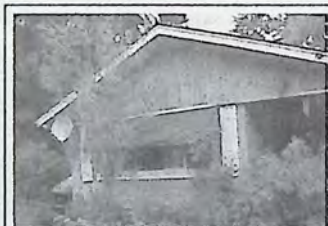
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GARDEN



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MLS#37005 \$159,900
Starter size home. Large yard with plenty of room for shop with lane access.



MLS#36321 \$106,900
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MLS#37040 \$395,000
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MLS#36987 \$179,900
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MLS#37306 \$244,900
Cozy 3-bedroom home with creek frontage. Short walk to Missezula Lake.



MLS#37000 \$329,000
Large family home on acreage with creek frontage. Close to town on no-thru road.



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