

Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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Princeton celebrates 'light up'



Samantha Lozinski visits with Santa in Pharmasave last Friday night.*

Hundreds enjoy downtown promotion

Numerous Princeton merchants were swamped with shoppers last Friday night and all day Saturday as part of the annual Light-Up Celebration.

Although many of the shoppers were only interested in getting their Passports stamped in order to qualify for the huge Grand Prize Draw - a collection of local items worth over \$3,000.00 - business was also brisk at many of the 35 participating businesses.

"We stamped a total of 192 Passports," says News Leader Owner/Publisher George Elliott.

"We really didn't know what to expect and were extremely impressed and equally amazed at the numbers."

The Grand Prize was won by Anne

MacLellan of Princeton.

The downtown core was busy Friday night with shoppers and filled again Saturday for the Light-Up Parade, which attracted a total of 26 entries.

First in the Commercial Category went to Three Lakes Store with Second Place going to AP Guest Ranch.

In the Non-Commercial Category Similkameen Valley ATV Riders finished with First Place with Little Folks Nursery School earning Second.

The Best Overall Entry was Three Lakes Store.

Organizers will meet again soon to discuss what worked best with the promotion and work on fine tuning other parts for future events.

Meet the Valley First Princeton Posse!

Valley First Credit Union President & Chief Executive Officer, Harley Biddlecombe, was pleased to announce November 22nd that Valley First will be the presenting sponsor of the Princeton Posse Junior B Hockey Franchise.

As such, the name of the community owned franchise will be the Valley First Princeton Posse.

Working closely with team management, a sponsorship agreement for the 2006-2007 through the 2008-2009 KIJHL hockey season has been established. The Princeton franchise is the only Junior B club in the Similkameen Valley, and naming it the Valley First Princeton Posse represents the desire to attract hockey fans from all areas of the

south Okanagan and Similkameen region.

The official signing of the sponsorship agreement and cheque presentation were made on Wednesday, November 29 at the Princeton Arena with representation by Valley First head office management, Princeton branch manager Kevin Kelbert, and management and coaching staff of the Posse franchise.

Posse General Manager Blair Noel commented, "It's an exciting arrangement we are entering into. All the staff and management have been looking forward to this announcement since work began on this in the early fall. We look forward to emulating the success seen in Princeton with the Valley First

Vees organization, and we look forward to a long and mutually beneficial relationship with Valley First."

Biddlecombe shares those same sentiments as he was quoted as saying, "We wish the team, their management and especially the fans, a very successful season in the KIJHL, and look forward to an

Storm pounded by Posse

Although the newly dubbed Valley First Princeton Posse did not beat Kamloops Storm last Friday night in Princeton Arena, they at least let the Thompson Valley team know the boys in the Similkameen are tough.

The scene was set at a recent game in Kamloops where Princeton's team was called 'pussies' in a Storm program.

This generated letters of complaint from the Posse Coaching Staff to both the Storm and KIJHL Officials.

It was obvious the apology from Kamloops GM Barry Dewar did nothing more than to fire up the Valley First Princeton Posse.

Princeton scored first in Friday night's match at 7:26. Sean Carr got the goal off a pass from Mike Salter.

Kamloops tied the match on the power play with 2:49 left.

The second period saw Kamloops score twice more before Princeton managed a shorthanded reply.

Dan Hillman got the goal with Peter Purves receiving the assist.

Kamloops added one more with 40-seconds left to finish the period lead-

ing 4 to 2.

The third period was a high-spirited 20-minutes that saw Princeton's Alex Young fire one in only 10-seconds into the frame. Assists went to Kyle L'Arrivee and Mike Bunting.

Kamloops added another goal at 6:23 and Princeton's Brandon Spiller added a goal of his own less than a minute later. Assists went to Liam Darragh and Drew Knowles.

Kamloops scored once more with 2:45 left.

The final minute of play saw the Storm's Jacob Young and Princeton's Jordan Lane beat on each other and unsportsmanlike conduct penalties handed out to three other players once time had expired.

400 employees.

Valley First's subsidiaries include Valley First Insurance Services Ltd. and Valley First Financial Services Ltd.

Fall Fair elects new Board

There was no problem electing a new Board of Directors at the Fall Fair annual general meeting held November 28.

Councillor Jim Manion conducted the election which saw Linda Allison returned as President, with Patty Harrower elected as Vice-President.

Ruby Bey serves another term as Treasurer, and Dawn Johnson as Secretary. Directors elected for two year terms are Glow Lemon and Dan Kastor. One-year terms as Directors will be served by Terry Inglis, Jason Earle and Brian Ferguson.

Members approved action by

President Linda Allison in investigating a grant from Weyerhaeuser to build a stage.

The Fall Fair learned more about an application underway by Princeton Exhibition Association for a major grant from Community Forest Corporation. Members agreed to support the application.

John Bey drew a design of the new main gate at the fairgrounds and everyone approved the design. It will feature all user group events and will be illuminated.

Some committees were established but the majority will be set at the next meeting. Members agreed to recess to February 27, 2007.

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Princeton Rotary Club handed out a number of cheques at their November 28th luncheon meeting. From left, Rotarian Rob Marshall presents Vermilion Trails Society President Judy Short with a portion of the club's ongoing commitment to the Trans-Canada Trail Project. Rotarian Trenna MacLeod, far right, presents cheques to Jim Turner of Citizens On Patrol for their participation during the recent Taste Of Ales event. COPS provided Rotary with security services. *

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Food and Toy Drive continues

Princeton Crisis Assistance Society Christmas Food and Toy Drive is on again.

The first day for the event was last Saturday, December 2nd with another day long blitz set for Saturday, December 9th.

The event is hosted at Overwaitea. All you have to do is donate a non-perishable food item, toy or cash donation in the box to be able to enter your name for a chance to win a great prize donated by Overwaitea.

Show your support of the Princeton Crisis Assistance Food and Toy Drive and get your name into the draw!

We would just like to remind everyone that the Hamper Boxes are out in the stores all over town and we would appreciate your help in filling these so that we can make it a great Christmas for those less fortunate in our town.

The Crisis Store has been approached by someone here in town that would like to start up a

knitting bee. This person feels that there are a lot of people out there that would have time to knit socks, mitts, slippers, scarves or toques for those in need of them this time of year.

So, let's bring a little warmth to someone and anyone that is interested in hosting this in their home could come into the Crisis Store and let Elizabeth or Carol know, or call 295-7891 for more information.

- submitted by Carol Ruoss

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Princeton Posse
KIJHL Hockey
2006-2007
Season Schedule

FRI DEC 08 - @ Sicamous
SAT DEC 09 - @ Revelstoke
FRI DEC 15 - BEAVER VALLEY
WED DEC 20 - @ Revelstoke
FRI DEC 22 - @ Summerland

WED JAN 03 - SUMMERLAND
FRI JAN 05 - SPOKANE
SAT JAN 06 - CRESTON
SUN JAN 07 - SICAMOUS
WED JAN 10 - SUMMERLAND
FRI JAN 12 - @ Kamloops
WED JAN 17 - KAMLOOPS
FRI JAN 19 - @ Sicamous
FRI JAN 26 - @ Nelson
SAT JAN 27 - @ Spokane

FRI FEB 02 - CASTLEGAR
SAT FEB 03 - GRAND FORKS
SUN FEB 04 - @ Summerland
WED FEB 07 - KAMLOOPS
FRI FEB 09 - @ Sicamous
SAT FEB 10 - REVELSTOKE
TUE FEB 13 - @ Summerland
FRI FEB 16 - @ Revelstoke
SAT FEB 17 - GOLDEN



Lions Zone Chair Penny Lott pins membership pin on new Lion Darrel Alexandre at their November 25th Charter Night. *

Lions celebrate 36 years

Princeton Lions Club marked their 36th year of service with their annual Charter Night on November 25th in the Seniors Drop-In Centre.

The evening, which included a dinner, the induction of a new member and the presentation of many awards, started with an official welcome from the Town of Princeton.

Councillor Jim Manion kept it simple with a word of thanks.

"You can never say thank you enough to volunteers," he told Lions Club members.

"Thank you for your many contributions to our community."

The guest speaker for the evening was Multiple District 19 Executive Secretary Treasurer Patty Allen from Bellingham, Washington.

Allen reviewed the past thirty-six years explaining that when most Lions Clubs start up it takes about six months to get fully functioning.

"Well, it took Princeton about five minutes."

Allen said any winning team contains a number of elements and she pointed out that in thirty-six years, the Princeton club has shown they have those elements.

She also explained the significance of the Lions International logo, which features two lion's heads - one facing to the left, or looking to the past, with the other one facing right looking to the future.

Allen commended the group for their many achievements.

"There's been hundreds of thousands of dollars that you've put back into your community with tremendous support from within and for your community."

The Princeton Lions Club held

their first Charter Night on December 12, 1970 and Allen presented the Club with original documents related to that event to be put into the local Club archives.

"I congratulate you on celebrating thirty-six years and for all the money you have put into your community."

Zone Chairman, and Past President of the Princeton Club, Penny Lott participated in the induction ceremony of new member Darrell Alexandre which was followed by a series of award presentations.

The Secretary Excellence Award went to Sandy Harrop with Lions of the Year Award going to Nancy Houben. A Life Membership was presented to Charter Member John Sandness. Keith Later, owner of Princeton Post & Rail, was honoured with a special recognition for his generosity in helping the club with a fundraising project.

Lions Club President Keith Olsen, assisted by Secretary Nancy Houben, presented the following Attendance Awards:

1 Year - Paulette Boyd, Nancy Houben, Joe Houben, Anne Passey, Wayne Passey.

2 Years - Matt Deleram, Joyce Fensom, Doris Hamilton, Sandy Harrop.

5 Years - Jim Martindale.

6 Years - Les Kinsey, Sandy Kinsey.

8 Years - Wayne Harrop.

10 Years - Olga Judd.

12 Years - Fern Cote-Goudreau.

14 Years - Penny Lott.

20 Years - Willi Miks.

21 Years - Ed Goudreau.

32 Years - Bill Lott.

36 Years - George Judd, John Sandness, Chuck Longdo.

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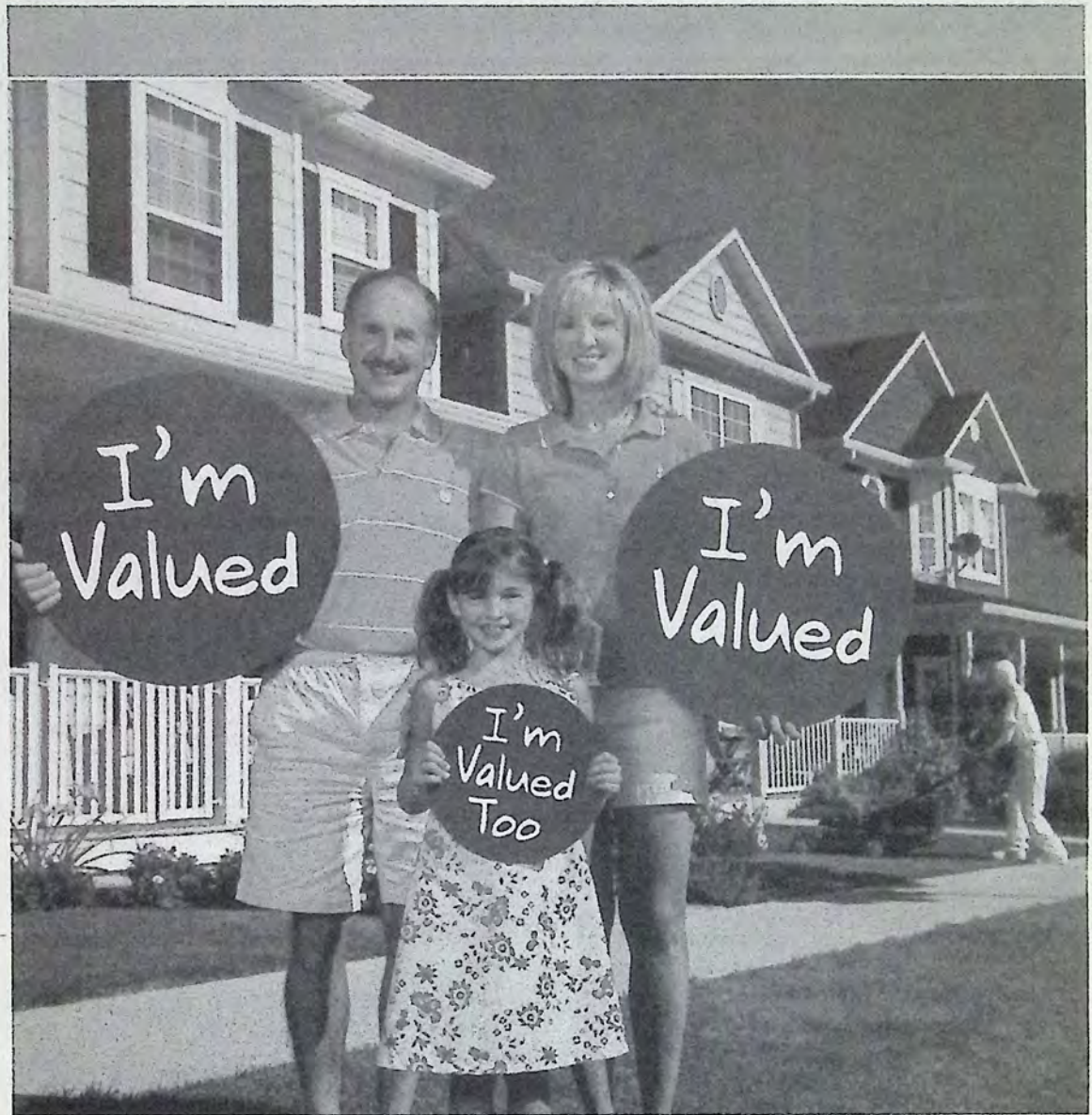
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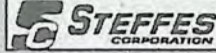
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The Keremeos Food Bank is located across the street from Valu-Plus Foods. Photo: Brenda Engel. *



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RDOS looks to disposal of plastics

Plastics....they've made our lives easier in so many ways, yet they've brought with them few significant complications. Not the least of these is: how do we dispose of them effectively and safely?

The agricultural industry uses plastics in a wide variety of applications. There are ground crop plastics, greenhouse plastics, irrigation plastics, silage bag plastics - even baler twine is now plastic. The province of British Columbia currently has no program for the recycling of agricultural plastics. In response to requests from the agriculture industry, the Regional District Okanagan-Similkameen (RDOS) first responded by eliminating tipping fees for these materials at their landfill sites, provided they are properly sorted. Looking toward the future, the RDOS has now attained grant money for a pilot Agricultural Plastic Recycling Program.

Plastics are among the materials on the Provincial Open Burning Smoke Control Regulations prohibited burning list, and for good reason. Pollutants released through the open burning of waste don't simply vanish. Toxins released from the burning of plastic not only pollute the air but also drop back to the ground as particles or in raindrops, potentially contaminating water and plant surfaces. From there they can make their way into the food chain,

eventually contaminating what we eat.

As agriculturalists have become more aware of the health and environmental risks of open burning, they have responded by disposing of their waste differently; chipping and mulching of organic waste for composting on-site, or hauling bulky and unmanageable wood waste to the landfill. They participate in recycling programs to reduce their household waste; however, they needed a program to deal with their bulky plastics.

Special collection bags - accompanied by information sheets - will be available for pick-up at all RDOS landfills located in Princeton, OK Falls, Oliver and Keremeos, as well as the municipal landfills at Princeton, Summerland, and Osoyoos, and at Terra Link South Valley Sales in Oliver and Keremeos.

Once filled with agricultural plastics, the bags can be delivered to any of these landfills with no tipping fee. Tubing and irrigation pipes can be tied, instead of bagged. Empty chemical containers are covered by a separate program; they need to be triple-rinsed and returned to the vendor, with caps and booklets removed.

The Agricultural Plastic Recycling Project is funded through the Agriculture Environment Partnership Initiative, an Agri-Food Futures Fund program managed by the

British Columbia Agriculture Council. The objectives of the pilot project are to find convenient efficient means of collecting the various types of plastic; to identify partner(s) in the Plastics Processing Sector, to develop methods for recycling; and to make sure that there are adequate volumes collected to sustain market viability. Manufacturers and suppliers will be encouraged to develop and use products that are more easily recycled.

A primary goal is to make sure that this program is tailored to meet the needs of the agricultural community it will serve, and the RDOS will work closely with the farming industry to come up with a plan that is practical and efficient.

Thirty samples of agricultural plastics have been collected. Approximately half will need to go through trials to find end uses for the plastic, with each trial costing about \$1,000. All trials are expected to be completed by December 31, 2006. If the program is successful in securing markets for all agricultural plastics, it may continue throughout the region. Once up and running, the Agricultural Plastic Recycling Project will provide a template for other jurisdictions with the Province.

For more information, contact Janice Johnson at RDOS Air Quality: 490-4212 or toll free at 1-877-610-3737, email: janicejohnson@rdos.bc.ca.

"The air was so thick you could cut it with a knife..."**Coal is the dirtiest fuel you can burn.**

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Comments



by your Pharmasave Pharmacist Wen Wong

The use of ultrasound to examine unborn children in the womb is common practice today. This technology was first used in Scotland in 1958.

Drinking alcohol to treat a cold is not good advice. Alcohol suppresses the immune system that you need to be strengthened during times of illness. Also, alcohol is a drug itself and can be a bad mix with other medications. So forget the alcohol but drink lots of water and fruit and vegetable juices while you have the cold.

Do you know how we are told that 30 minutes of exercise 3-5 times per week would be good for us? Did you know that there are 336 30-minute blocks of time in one week? Out of all those blocks, let's dedicate at least three of them to exercise our bodies.

ALS (Lou Gehrig's Disease) is a neurological disease affecting approximately 3,000 Canadians. Research is on-going to try to slow the progression of this very devastating disease. There is some preliminary optimism about the use of stem cells in restoring movement in paralyzed mice which hopefully can be used in humans in the future.

If you are planning a winter holiday this year, be sure you bring enough of your medication with you. You may be able to obtain the same medications where you are heading but it's much better to bring your own. Cheaper, too!

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news leader health page

Time to retire the word retirement

(NC) With Canadians living and working longer than ever before, it's only fitting that the term retirement be reinvented. In fact, a recent BMO Retirement Trends Study has found that 87 per cent of Canadians 45 and over believe the word 'retirement' should be retired. Up until recently, the term retirement often conjured up images of elderly individuals slowly retreating into restful old age. Today, retirement is about choice, ambition and freedom.

Whether it's opening a business, traveling around the world or training to run a marathon, retirees are pursuing their own personal dreams and goals. Regardless of what those retirement goals are, there is one common question that all retirees must ask themselves: Can I afford my desired retirement lifestyle?

Linda Knight, Vice-President, BMO Mutual Funds offers advice to help you start planning to ensure you're able to do what you want to do in retirement.

Your retirement is your responsibility - Our parents' generation had some form of guaranteed income throughout their retirement, often in the form of a defined benefit pension plan.

But for many in this next generation of retirees, this will no longer be the case. The responsibility for financially supporting your desired retirement is yours - so ensure your future by planning today. It's never too late to start.

Factor both financial and non-financial issues into your plan: Take into consideration your financial needs, family status, personal health

and lifestyle when creating your financial plans. Also consider the unexpected, such as healthcare or relocation expenses.

Cut out debt: Try to pay down as much of your mortgage and other debts as you can. This will allow you to enter into retirement without debt hanging over you.

No cookie cutters: Retirement planning is not a "one-size-fits-all" approach; meet with a trusted financial planner to discuss your goals, concerns and current financial state in order to tailor a financial plan suited to your needs. Most bank branches offer this service for free.

For more information visit your nearest BMO Bank of Montreal branch, call 1-877-CALL-BMO, or visit www.bmo.com/regeneration.

- News Canada

Seven steps to healthy holidays

(NC) Do you find it hard to keep up during the hectic holiday season? Here's some advice from home economist Mairlyn Smith, co-author of The Ultimate Healthy Eating Plan, to help you stay healthy and happy during this season of good cheer.

1. Exercise everyday. If you belong to a gym, keep going. No gym? Go for a walk everyday. It helps burn calories and control stress.

2. Eat breakfast. Eating a breakfast of whole grain cereal with skim milk or low fat soy milk and a serving of fruit is a win/win situation.

3. Eat lots of fruits, vegetables and herbs. They're loaded with antioxidants and will help your immune system fight off colds, the flu and whatever else is going around. To avoid spoilage of fresh herbs, I keep Toppits Frozen Garlic, Ginger and Herb Cubes on hand for an easy way to add fresh herbs to every meal.

4. Don't pig out at parties. Remember, you're at the party to have fun with people. Peruse the food and limit yourself to small portions.

5. Which brings us to alcohol. Alcohol moderation is key. Limit yourself to one drink a day and make sure you eat at least 5-10 servings of fruits and veggies.

6. Wash those hands. Make it a habit to wash your hands often during the day.

7. Be positive and get your sleep. People who live long and healthy lives are optimistic people. They

also sleep well. Getting 7-8 hours of shut eye a night has been linked to lower levels of heart disease, type 2 diabetes and obesity.

Mairlyn Smith will be launching a new book in 2007: Ultimate Foods for Ultimate Health.

- News Canada

living past 100

Do You Like Your Illness?

Can people like an illness? Some scientific research done during the 1990's indicates some people may approve of having certain diseases. Does this sound crazy?

There is a lot of research telling us we can be healthier by believing in our own ability to stay healthy. Other research indicates that we become what we believe we are. Is there any reason to believe the research?

Medical researchers have shown, time and again, that some kind of life crisis will seriously reduce the immune response and leave the affected person unable to successfully defend against invading microbes. This is a clear indication that your body cells react to your emotional state.

Further studies indicated emotional upsets lead to immune system abnormalities. This is critical in children, whose immune systems may suffer from stressful experiences.

The deep science of medical research examines only the body itself. This research has found that certain neurotransmitters (substances that help information flow along the nerve pathways) have an influence on the immune system.

Consider the study done on a person with multiple personality disorder. This person, in one personality, tested completely normal and healthy. In a second personality, this person had diabetes. Researchers still cannot understand how this individual's body could shift from healthy to diabetic in a matter of minutes, but clearly, personality had a major influence.

Further research will be done before there are recommendations made to health authorities as to how to make people happier, but even at this early date, research shows that the happier you are, the healthier you are.

Conversely, some people may see themselves as unfortunate, or unloved, or unsuccessful, and this will encourage disease. Some people may see a personal or social benefit from having a particular disease. Researchers cannot fully understand what is going on, but they know that what people believe about themselves makes the difference between good health and illness.

When it comes to aging, what you believe may seriously influence how long you live. Have you programmed yourself to believe you will die at the same age as a parent?

Have you programmed yourself to believe you can expect illness and physical disability because you are older?

If you have, you could be creating your own reality. For most of us, thanks to modern medicine and an excellent array of good vitamin supplements, we should be able to remain healthy well into our nineties. There is a place in Russia where most people live to be more than 100 years old, and they expect to live that long.

The big question researchers need to answer is this: how do you get people to change their perception of themselves and their health? How can you get people to change their personalities?

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Tulameen
Total Sq Ft: 1,900
MLS# 33133

Gorgeous home in Tulameen approx. 1,900 sq ft c/w garage, 6-foot crawl space, three large view decks, laminate beams throughout, hardwood maple tongue and grooved floors, in-ground sprinklers, big windows.

2567 Coalmont Road
\$358,300



Princeton
Total Sq Ft: 1,220
MLS# 37349

Fantastic setting on the Tulameen River enjoys lovely mountain views. 72-feet of frontage and great privacy. Many updates include windows, paint and flooring. This module is set on full concrete basement. Has awesome workshop and many possibilities.

456 Corina Avenue
\$220,000



Tulameen
Total Sq Ft: 1,400
MLS# 37386

Extremely private acreage in Tulameen. 5.76 acres, stunning 3-bedroom log home, double garage, park-like setting. Imagine sitting on the big porch overlooking the river with a glass of wine and watching the seasons change. Very, very private!

278 Tulameen River
\$488,300



Princeton
Total Sq Ft: 3,508
MLS# 28757

Beautiful property 12-minutes from town. Totally surrounded by Crown Land, mainly level and gently rolling terrain, good water supply. Set up as guest ranch with 9-unit guest house and large 2-storey family home.

1378 Whipsaw Creek
\$675,000



Princeton
Total Sq Ft: 760
MLS# 33316

Delightful house just a 5-minute walk to downtown shopping. Natural gas f/a furnace, twin seal windows, good laundry/freezer room, storage shed on concrete pad. Adjacent properties also for sale. Rented at \$500 per month.

215 Angela Avenue
\$105,000



Princeton
Total Sq Ft: 1,136
MLS# 37350

Great country setting for this 12' x 68' with 10' x 32' addition. Many updates include roof 2002, laminate floor, ceramic tile, gyproc walls, new paint, kitchen and master. Fantastic bath has double head stand up shower and is handicap accessible. Will trade.


15-453 Taylor Mill
\$42,000



Princeton
Total Sq Ft: 1,784
MLS# 37761

Old time charm with brand new lease on life. Completely renovated 1,800 sq. ft. character home with 4-bedrooms and 2-bathrooms. Located in vital downtown Princeton. Perfect for retirees or growing family. Must see!

79 Harold Avenue
\$197,500



Princeton
Lot Area (acres): 0.75
MLS# 30842

River front lot, .75 of an acre. Zoned RM multi-family. Just across the brown bridge right next to apartment block. Only so much river front left and this is the last one in Princeton.

181 Luard Avenue
\$158,300



Princeton
Lot Area (acres): 10.62
MLS# 37191

Over 10 acres, view lot, southern exposure, power and phone at lot line, 20+ gallon well.

Lot B Coalmont Road
\$165,000



Princeton
Total Sq Ft: 1,782
MLS# 37321

One floor full of gracious living! Great 3-bedroom home located 20-minutes east of town in a quiet rural area. Property has great privacy and river frontage on the Similkameen. Almost new home needs nothing, ready to move into. Come see now!

2321 Old Hedley Road
\$558,300



Princeton
Total Sq Ft: 2,796
MLS# 37200

Spacious rooms throughout this renovated, well-maintained home. Painted inside and out in 2005, new lino and laminate floors in kitchen and living room. Full basement, large family room. Yard is landscaped and fenced. Zoned RM3.

211 Penryn Avenue
\$197,000

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Town of Princeton

The Town of Princeton would like to take this opportunity to thank Princeton Co-Generation for their donation of animal bedding to the Princeton Animal Pound.

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Community Songfest

Catch the Christmas Spirit at Christmas Community Songfest
Wednesday, December 6th at the Baptist Church.



"Enjoy Performers and Carol Singing with me beginning at 7:00 PM"
- Ernie Lawrence, MC

(No Admission but donations of cash or non-perishable food items for Crisis Assistance Christmas Hampers will be gratefully accepted!)

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- DL 3362 160 Acres \$319,000 **MAKE AN OFFER** Princeton, Christian Creek
- DL 3374 160 Acres \$399,000 **- SOLD -** Princeton,
Road Access, Potential Subdivision of Lands
- DL 4519 160 Acres \$119,000 **MAKE AN OFFER** Princeton, Private Setting
- DL 378 342 Acres \$329,000 **PENDING OFFER** Princeton, Priced to Sell

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When Santa comes to Princeton, he comes in style! This entry by AP Ranch in the Light-Up Parade on December 2nd took 2nd Place in the Commercial Category. *



Similkameen Valley Riders ATV Club took First Place in the Non-Commercial Category of the Light-Up Parade with this creative entry. *



Valley First Princeton Posse Team Captain Mike Salter hands a young fan some candy at the Christmas Light-Up Parade Saturday, December 2nd. *



Leonard Saleken, PGeo, CEO and President of Goldcliff Resource Corporation, left, shakes hands with Upper Similkameen Indian Band Chief Richard Holmes. - photo submitted.

USIB signs MOU with Goldcliff

The Upper Similkameen Indian Band (USIB) and Goldcliff Resource Corporation (GCN.TSXV) have signed a Memorandum of Understanding Agreement (MOU).

Covering activity within the Upper Similkameen Indian Bands traditional territory (the Territory), the MOU is an agreement of co-operation between the Upper Similkameen Indian Band and Goldcliff Resource Corporation.

Goldcliff Resource Corporation's Panorama Ridge Gold Project, near Hedley, BC (the Project) is located within the Upper Similkameen Indian Bands Territory and Goldcliff Resource Corporation recognizes the obligation to consult with the USIB on

aboriginal interests in regard to the Project.

The MOU agreement provides that the Upper Similkameen Indian Band and Goldcliff Resource Corporation (the Parties) have committed to meaningful consultation and the exchange of information in the Territory.

The Parties share a desire to develop and maintain a working relationship based on mutual respect and understanding. The Parties are committed to meaningful consultation and the exchange of information.

The Upper Similkameen Indian Band has worked progressively with government, industry and the private sector to develop positive relationships in mining, forestry

and tourism in their Territory.

In their Territory, the Upper Similkameen Indian Band operates the Mascot Mine tours at Hedley - a historic gold mine - perched high above the tiny town of Hedley - a world-class gold producer and tourist site with spectacular scenery (www.mascotmine.com). The Similkameen people gave the area the name Snazaist - place of striped rock.

Goldcliff Resource Corporation's Panorama Ridge Gold Project, Hedley, BC is located within the USIB Territory. The Project is just east of the historic gold producer and is a new gold discovery destined to revive the gold mining glory of the district (www.goldcliff.com).

Atamanenko: 15,000+ Western grain farmers did not receive ballots

NDP Agriculture Critic, BC Southern Interior MP, Alex Atamanenko, says he is very disappointed that out of the 16,577 people that the Minister of Agriculture arbitrarily dropped from the Canadian Wheat Board (CWB) Directors Election voters list only 1,556 were able to get reinstated.

"On September 27, several weeks after the CWB election process began, The Minister of Agriculture, Chuck Strahl issued a directive that anyone who had not sold grain or barley through the CWB in 2005-2006 or 2006-2007 were not to automatically receive a ballot unless they submitted a statutory declaration by midnight, November 17, 2006. In one fell swoop a third of the voters were removed from the list, most of whom were legitimately unable to sell grain through the Board because of flooding, freezing or drought," Atamanenko states.

"In Chuck Strahl's opinion piece November 23, 2006 he states that Last month I implemented recommendations from a 2005 Election Review Panel, which was endorsed by the CWB, to adjust the manner in which the list is compiled for those who are automatically allowed to vote. The Ministers statement is a blatant untruth because adjusting a voters list mid election was not recommended by the Election Panel Review nor was this action endorsed by the CWB leadership," noted Atamanenko.

"The truth is that the Minister was advised by the Board months before the election began that if he was considering implementing any of the recommendations put forward by the Panel he should do so well before the election and he chose not to. The statutory declaration process ordered by the Minister has been described by farmers as a nightmare of legalese

only a lawyer can understand. The expense and time required to obtain the required signature from a Commissioner of Oaths also presented a challenge to many cash strapped farmers living in remote areas."

Atamanenko added, "The government has been actively trying to dismantle the Canadian Wheat Board since they were elected claiming their election victory gives them a mandate to do so. They created an impossible situation for thousands of farmers and as a result of this gerry-rigging of the voters list over 15,000 western farmers have now been deprived of their democratic right to cast a ballot for the CWB director of their choice. This is nothing short of a legalized crime instituted and endorsed by a government who supposedly campaigned on a platform of accountability," concluded Atamanenko.

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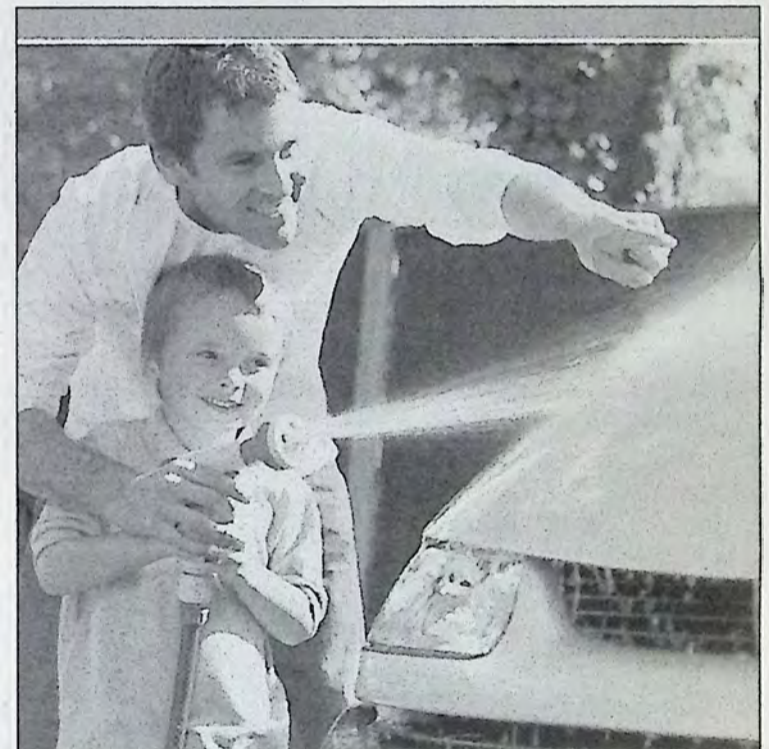
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Two Grade 12 students share the Student of the Month honours for November at PSS. Keith Vinthers, left, was nominated for "working hard in class and volunteering to do extra jobs and shop maintenance." Brad Haig, right, was nominated for his "extra jobs and programs in the shops" and for "working on a major shop display." The Student of the Month program is sponsored by Princeton Secondary School PAC. *

Slippery road sends van into river

Princeton RCMP report at 9:00 AM on Saturday, December 2nd a driver heading eastbound on Highway 3 about 6-kilometres east of Princeton lost control of his vehicle and ended up in Similkameen River.

"When coming out of a curve," Princeton RCMP Detachment Cst. Myrl Stus explains, "The driver experienced the back end of the van 'fishtailing.' Unable to control the van, the driver swerved off the road, down the river embankment and

ended up in the Similkameen River."

The driver managed to swim to shore and caught a ride to Princeton Detachment office to report the incident.

"He was not injured," Stus says.

"The van floated down the river and lodged itself in the middle."

Stus predicted at the time it would likely remain in the Similkameen

River until removal equipment was available.

"Although snow-packed slippery road conditions contributed to the accident," Stus pointed out, "It was also determined to be speed-related 'driving too fast for road conditions.' All motorists are reminded to drive relevant to the road conditions, often times, especially now, that means a significant drop in speed."



Princeton RCMP photo of the single vehicle accident early Saturday, December 2nd. *

Enjoy
Good Health

Healing Arts Demonstration Day

12 Noon - 7:00 PM

Thursday, December 7th

Riverside Wellness Centre

FEATURING DEMONSTRATIONS OF THE FOLLOWING SERVICES:

JUNE HOPE, RM, CST - Integrated Body Therapy
Ortho-Bionomy - CranioSacral Therapy - Reflexology - Reiki

MURV BAKER - Reflexology

RITTA BAKER - Nikken Bio-Magnetics

LYNNE THOMAS, CST - CranioSacral Therapy - Reiki

PAM LINDLEY - Essential Massage (3:00 - 5:00 PM)

GUADALUPE GUTIERREZ - Chinese Acupuncture (3:00 - 5:00 PM)

CLAUDIA HOFWEBER-TILLER - Aromatherapy - Massage - Reflexology

LEANNE PETSCHL - Healing effects of Lavender Labyrinth

WAYNE STILL - Keremeos Structural Integration Deep Tissue Massage

ALSO OFFERED DURING THE DAY:

Healing Pathways Therapy - Reiki Therapy

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weekly entertainment guide

TUESDAY, DECEMBER 5, 2006 THROUGH MONDAY, DECEMBER 11, 2006



Valley First Princeton Posse General Manager Blair Noel, centre, accepts sponsorship cheque from Princeton Valley First Credit Union Manager Kevin Kelbert. They are joined by Advertising & Promotions Manager Ernie Blumke, left. *

Barn quilts introduced to Similkameen

Did you know that Princeton has two barn quilts? What is a barn quilt you ask? A barn quilt is a beautiful way to decorate a barn or out-building while also paying tribute to our homesteading past.

If you "Google" barn quilts you will find information on several farming communities in the

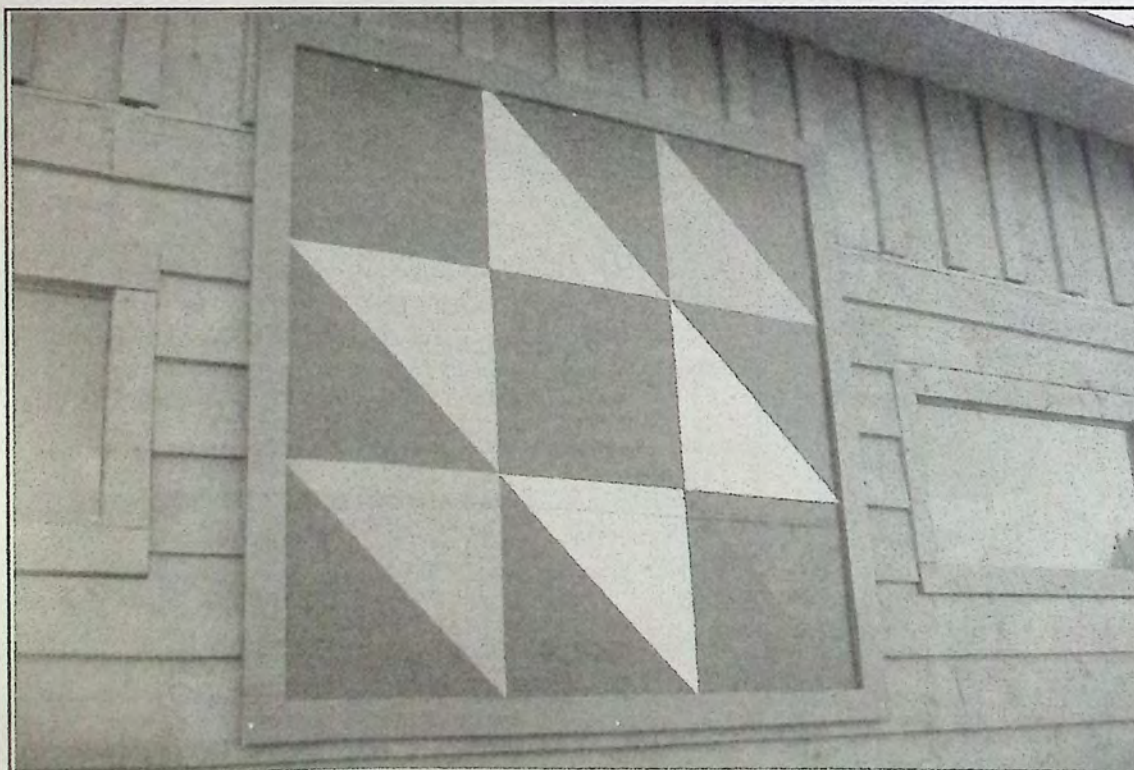
Midwestern United States that have created maps and self-guided tours of barn quilts in their area as a way to not only beautify their farms, but also as a way to attract tourists.

When a local man read about the barn quilts in the farming magazine, he quietly suggested to his

wife and friend, "why don't you make one?" The two Princeton women, always up for a challenge, set to making the quilts with recycled plywood and leftover paint.

Both quilts are now hanging for your enjoyment. We challenge others to decorate their barns!

- submitted by Shirley Campbell



This is a barn quilt. - photo submitted

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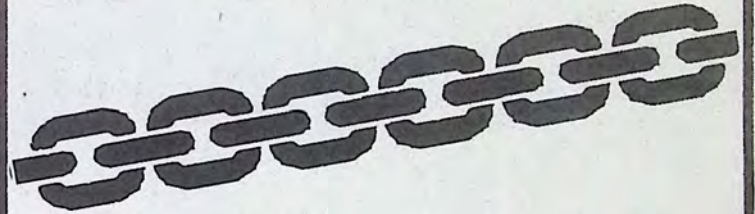
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Princeton Midget Flyers Home Hockey Tournament

December 8, 9, & 10

Princeton Arena

FIRST GAME 7:00 PM
FRIDAY, DECEMBER 8



THE MIDGET FLYERS THANK THEIR SPONSOR:
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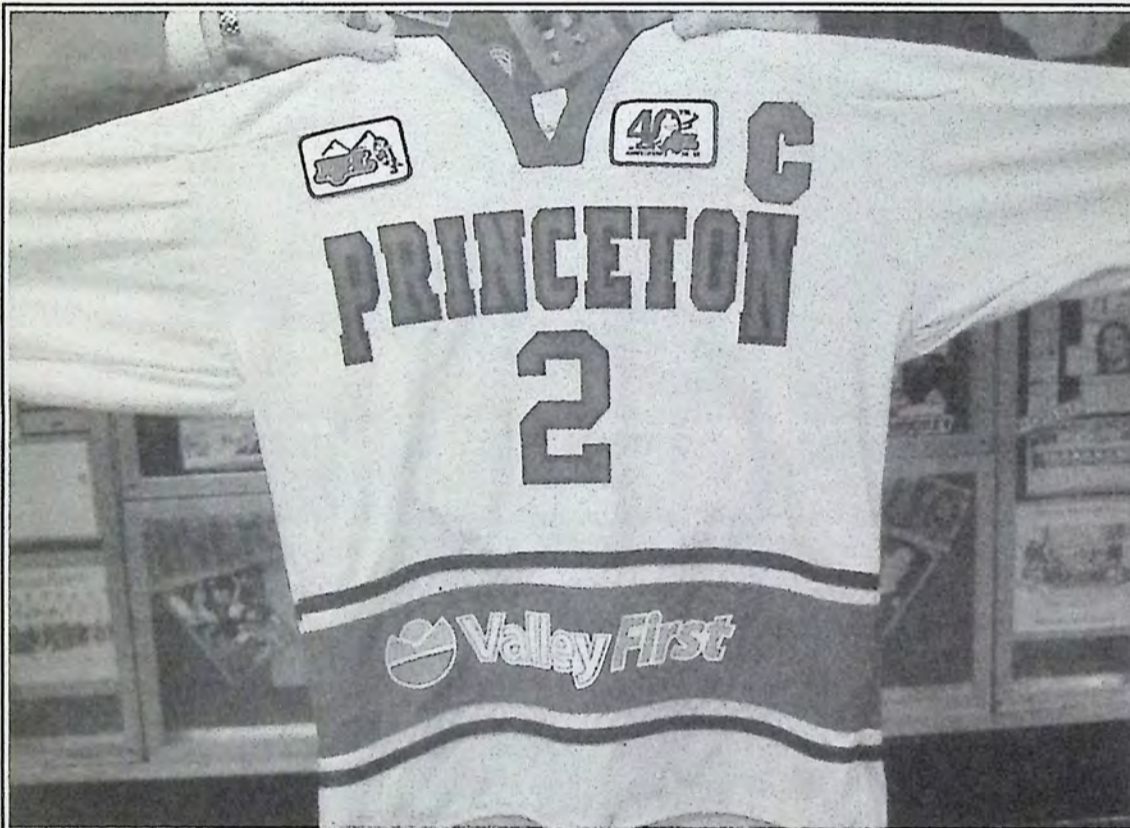
COME ON OUT AND SUPPORT OUR TEAM!

PRIZES - RAFFLE TABLE
50/50 - CONCESSION

GARLIC SAUSAGE RINGS NOW AVAILABLE!
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The News Leader dropped in on the Princeton Posse practice on Wednesday, November 22nd as they prepared for a match with Kamloops Storm at Princeton Arena. *



It's now official! The Princeton Posse is now the Valley First Princeton Posse! *



Valley First Princeton Posse Head Coach Dale 'Duner' Hladun reviews skills during practice last week. *

What's going on in the RE/MAX building?

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ANNUAL
TEDDY BEAR TOSS



Bring a wrapped Teddy Bear to the December 15th Princeton Posse game against Beaver Valley. When Princeton scores their first goal, toss your Teddy Bear on the ice. All bears will be collected and donated to the Christmas Hamper Fund.

The Teddy Bear Toss is sponsored by:

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&
SIMILKAMEEN NEWS LEADER**

TUESDAY, DECEMBER 5, 2006

| | WTBS (3) | CHBC (4) | KNOW (5) | KSPS (6) | KHQ (7) | KREM (8) | A&E (9) | KXLY (10) | BCTV (11) | CITY (12) | YTV (18) | TSN (19) | VTV (22) | DISC (24) | FOX (25) | FAM (26) | KTLA (27) | CITY (29) | WGN (38) |
|-----------|-------------------------------------|-------------------------------|--------------------------------------|-----------------------------|---|------------------------|-------------------------------|-----------------------|------------------------|------------------------|---------------------|-------------------------------------|----------------------|------------------------|------------------------|------------------------|--------------------|---|----------------------|
| 6 AM :30 | Dawson's Creek | News Room | (Off Air) | Body Elec. Caillou (N) | News | News | City Confidential | (5:00) News | News (Live) | (5:00) News | Beasts Jacob | SportsCentre | News Canada AM | High Tech Toys | Believers Paid Prog. | (6:06) King Spider-Man | News Calvin Miller | Rachael Ray | Rockford Files |
| 7 AM :30 | Movie: "The Whole Ten Yards" (2004) | Life Today 100 Huntley Street | BluesClues Dora | Barney Arthur (E) | Today Lorne Michaels; Mark Bittman prepares bay scallops. | The Early Show | Amer. Justice Cold Case Files | Good Morning America | | | Being Ian Mystery | SportsCentre | | Blueprint for Disaster | The Littles Paid Prog. | K. Possible (7:24) | KTLA Morning Show | CityLine | Magnum, P.I. |
| 8 AM :30 | | Antique | Hi-5 Berenstain Clifford | Curious | | | | | | 100 Huntley Street | OddParent Winx Club | SportsCentre | | Canada's Worst Driver | Paid Prog. Just Shoot | Weekend Lilo Stitch | Amezcuca, Pereira | Deep Space 9 | Homicide: Life |
| 9 AM :30 | NewsRadio Drew | Body Judge | Magic Bus Pancakes | Dragon Big World | | Discover | Crossing Jordan | Regis and Kelly | 100 Huntley Street | World Vision | Monster Mona | Off-Record Timeless | Regis and Kelly | High Tech Toys | Fam. Feud | Pooh Bear | | News City | Da Vinci's Inquest |
| 10 AM :30 | Cosby | The Price Is Right | Rolie Polie Paddington | Sesame Street (E) | Ellen DeGeneres Show | The Price Is Right | CSI: Miami "Innocent" | The View (N) | World Vision | Design House | George S. Jane | Lumberjks UEFA Champs | The View (N) | Greatest Ever... | The Tyra Banks Show | JoJo Benj Bear | Greg Behrendt | Movie: "Murder at My Door" (1996) | WGN News at Noon |
| 11 AM :30 | Harvey | Thane | Landscape | Thomas | Dr. Keith Ablow (N) | Young and the Restless | 24 | Paid Prog. | Judge J. House | News | Pippi LazyTown | UEFA | eTalk | Unsolved History | Montel Williams | (10:57) Lopez | Lopez | Greg Behrendt | |
| 12 PM :30 | Home Imp. | News | Sustain Imprint | Charlie Rose | Paid Prog. | News Bold & B. | City Confidential | All My Children (N) | News (Live) | Days of our Lives (N) | Being Ian Beasts | Champions League Soccer: Teams TBA. | Degrassi Bold & B. | Building | Perry Mason | Weekend | | Funniest Home Videos | |
| 1 PM :30 | Yes, Dear | Diva Dime | Macphee | Watercolor | Days of our Lives (N) | As the World Turns (N) | Amer. Justice | One Life to Live (N) | As the World Turns (N) | As the World Turns (N) | Gadget | (1:45) NFL Primetime (N) | Sue Thomas: F.B. Eye | Break It Patent | Matlock "The Scrooge" | Lloyd Whiskers | Jerry Springer | Making It Star! Daily | Moesha |
| 2 PM :30 | King | Guiding Light (N) | Gaslight | Reading | Passions (N) | Guiding Light (N) | Cold Case Files | General Hospital (N) | Passions (N) | Passions (N) | Adrenalini Flamingo | In Corner | General Hospital (N) | How-Made | Love Lucy | Lilo Stitch | Maury | Ellen DeGeneres Show | Even |
| 3 PM :30 | Seinfeld | Room | Bali | Arthur (E) | Judge | Dr. Phil | Crossing Jordan | Rachael Ray | Young and the Restless | Young and the Restless | Jacob Battle | Off-Record Sports | Dr. Phil | Mega Machines | Maury | Weekend | What I Like | News | Home Imp. |
| 4 PM :30 | Raymond | Days of our Lives (N) | Dora (4:35) Little | Cyberchas | Judge J. | Oprah Winfrey | CSI: Miami "Innocent" | Millionaire | Oprah Winfrey | News Global | Tn-Titans | Hockey | The Tyra Banks Show | High Tech Toys (N) | Little House | Barbarian | Reba | Friends | Funniest Home Videos |
| 5 PM :30 | Raymond | News | George S. Arthur | BBC World Business | News | News | CSI: Miami "Lost Son" | News ABC News | News Global | News | SpongeBob Danny | UEFA Champions League | News | How-Made | Jim King of Hill | K. Possible Suite Life | My Wife Jim | Stargate SG-1 | Funniest |
| 6 PM :30 | Sex & City | Body | CG Kids | News-Lehrer | News | News | Dog | News | News (Live) | ET Canada | OddParent | Soccer: Teams TBA. | News | American Chopper | '70s Show | So Little | Jim | 3 Lbs. | Funniest |
| 7 PM :30 | My Boys | Out There | Animals | Dr. Wayne Dyer: Inspiration | College Basketball: Gonzaga at Wash. St. | Friends | Dog | Entertain | Entertain | Gilmore Girls (N) | Drake Prank Ptrl | SportsCentre (Live) | eTalk Hollywood | Star Racer (N) | Simpsons | So Raven | Raymond | Entourage | WGN News at Nine |
| 8 PM :30 | Friends | NCIS "Shalom" | Masterpiece -- Your Ultimate Calling | Law Order: CI | 3 Lbs. "Disarming" (N) | CSI: Miami "The Score" | Big Day (N) Help Me | House "Three Stories" | House "Three Stories" | Standoff (N) | Malcolm Fresh Pr. | In Corner | Degrassi | High Tech Toys (N) | Standoff (N) | 8 Rules Life Derek | Gilmore Girls (N) | (8:02) News | Sex & City |
| 9 PM :30 | Movie: "The Whole Ten Yards" (2004) | 3 Lbs. "Disarming" (N) | With Glowing Hearts | Law & Order: SVU | Victoria's Sec | Dog | Boston Legal (N) | Standoff (N) | News | Prank Ptrl | Bob | Soccer: Teams TBA. | Law & Order: SVU | Star Racer | News | Popular | KTLA Prime News | Movie: "Fellini's Casanova" (1976, Drama) | Funniest Home Videos |
| 10 PM :30 | "What's the Worst" | News Room | Reach-Top Moving On | Charlie Rose (N) | News Tonight | News Late Show | Dog | News (11:35) | News | Entertain ET Canada | Madison Hollywood | SportsCentre (Live) | News | How-Made | Sex & City | 8 Rules | Sex & City | Da Vinci's Inquest | |

WEDNESDAY, DECEMBER 6, 2006

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| 12 PM :30 | Home Imp. | News | ReachTop Edge | Charlie Rose | Paid Prog. | News Bold & B. | Alaska Teen Rescue | All My Children (N) | News (Live) | Days of our Lives (N) | Being Ian Adrenalini | Champions League Soccer: Teams TBA. | Degrassi Bold & B. | Building | Perry Mason | Weekend | | Funniest Home Videos | |
| 1 PM :30 | Yes, Dear | Diva Dime | Journal | One Stroke | Days of our Lives (N) | As the World Turns (N) | American Justice | One Life to Live (N) | As the World Turns (N) | As the World Turns (N) | Gadget | (1:45) | Sue Thomas: F.B. Eye | Oil, Sweat and Rigs | Matlock "The Student" | Lloyd Whiskers | Jerry Springer | Speakers Star! Daily | Moesha |
| 2 PM :30 | King | Guiding Light (N) | Gaslight | Reading | Passions (N) | Guiding Light (N) | Cold Case Files | General Hospital (N) | Passions (N) | Passions (N) | Adrenalini Flamingo | In Corner | General Hospital (N) | Canada's Worst Driver | Love Lucy | Lilo Stitch | Maury | Ellen DeGeneres Show | Even |
| 3 PM :30 | Seinfeld | Room | Jack's Big Music Show | Arthur (E) | Judge | Dr. Phil | Crossing Jordan | Rachael Ray | Young and the Restless | Young and the Restless | Jacob Pokemon | Off-Record Sports | Dr. Phil | How-Made | Maury | Weekend | What I Like | News | Home Imp. |
| 4 PM :30 | Raymond | Days of our Lives (N) | Dora Little Bear | Cyberchas | Judge J. | Oprah Winfrey | CSI: Miami "Pro Per" | Millionaire | Oprah Winfrey | News Global | Tn-Titans | NHL Hockey: Ottawa Senators at Washington Capitals. | The Tyra Banks Show | High Tech Toys (N) | Little House | Barbarian | Reba | Friends | Funniest Home Videos |
| 5 PM :30 | Raymond | News | George S. Arthur | BBC World Business | News | News | CSI: Miami | News ABC News | News Global | News | SpongeBob Phantom | Senators at Washington Capitals. | News | MythBusters | Jim King of Hill | K. Possible Suite Life | My Wife Jim | Next Top Model | RoboCop: Prime Directives |
| 6 PM :30 | Raymond | Body | Mechanics | News-Lehrer | News | News | Dog | News | News (Live) | ET Canada | Edgar | | News | MythBusters | '70s Show | So Little | Jim | Movie: "Gone in 60 Seconds" (1974, Action) | H.B. Halicki |
| 7 PM :30 | Sex & City | Out There | Undersea | Blue Man Group: Inside the Tube | Jeopardy! | Friends | Angel | Entertain | Entertain | Very Bad Men | Sabrina | Hockey: Carolina Hurricanes at Edmonton Oilers. | eTalk | MythBusters | Simpsons | So Raven | Raymond | WGN News at Nine | |
| 8 PM :30 | My Boys | Show Me the Money (N) | Discoveries | Sarah Brightman: DIVA - The Video | The Biggest Loser (N) | King | Angel | Show Me the Money | Bones (PA) | Bones (PA) | Malcolm Fatherhood | | Medium (N) | High Tech Toys | Bones (PA) | 8 Rules | Next Top Model | News | Sex & City |
| 9 PM :30 | 10 Items or Less | The Biggest Loser (N) | Industrl Science | Law & Order: SVU | Victoria's Sec | Dog | CSI: NY | Day Break (N) | Day Break (N) | Day Break (N) | 15/Love | Sports | Criminal Minds | MythBusters | Bones (PA) | Sinbad | One Tree Hill (N) | (9:06) Jimmy Kimmel | Becker |
| 10 PM :30 | "Dumb & Dumber" (1994) Jim Carrey. | (10:01) Saved | Black Coffee | To Be Announced | (10:01) Medium (N) | CSI: NY | Dog | Primetime (N) | Very Bad Men | News | Prank Ptrl | Billiards | CSI: NY | MythBusters | News | Popular | KTLA Prime News | (10:06) Movie: "The Wild Life" (1984) | Funniest Home Videos |
| 11 PM :30 | "Analyze" | News Room | Scattering | Charlie Rose (N) | News Tonight | News Late Show | Angel | News (11:35) | News | Entertain ET Canada | Madison Hollywood | SportsCentre (Live) | News | MythBusters | Sex & City | 8 Rules | Sex & City | Da Vinci's Inquest | |

Horoscopes

December 6 - 13, 2006

Aries - The ideals and principles you have been thinking about are now surfacing and you are telling people about your thoughts. In fact, you might be putting your foot down.

Taurus - Changes come in how you share with others. You may feel they do not share enough with you, and you might feel stingy or you could find resources others made available to you.

Gemini - Romance is in the air for you these days. Interaction with friends, mate, lover or confidant brings benefits in many ways. Watch out for others' ego trips.

Cancer - A partner, friend or mate is good to you now. You need to guard against colds and flu, keep warm and healthy. Employers could be demanding or just a pain. Expect activity.

Leo - This is your favourite season of the year. You are ready to decorate and celebrate the holiday season. You will enjoy it more than usual this year. Get things done this weekend.

Virgo - Young person will make you happy this week. Creativity soars. High activity around home with family will be fun. Caution: pay attention to possible fire or hazards at home.

Libra - Colds, flu and vehicle problems could make this a miserable week for you. Home is where you find peace and comfort. Keep plans on track. Stay sober this weekend.

Scorpio - A sibling may surprise you with a gift this week. Financial matters are a concern. Double check all transactions. Young people may deceive you about finances, possessions.

Sagittarius - You are full of energy this week. This is your best time of year. Be sure to be generous and share with those closest to your heart. Watch for deception on weekend.

Capricorn - This is your time to change your appearance for the better. Improve public image. Be careful what you say - foot in mouth is possible. Secret enemies may find excuse for harm.

Aquarius - This is your time to seriously plan for the future. Write down your plan of action. Express it clearly to yourself. Know where you are going and how you will get there.

Pisces - Career matters become hectic this week, but you make plans for happier times in the near future. This weekend, keep your mind focused and clear - you could make bad mistakes.

Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Princeton Area BEA meets the 2nd Wednesday of the month. 7:00 PM, Skills Centre.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym

thursday movies

MORNING

7:00 am WTBS (3) ★★ "Analyze That" (2002, Comedy) Robert De Niro. Released from prison, gangster Paul Vitti seeks further help from his troubled psychotherapist. [E]

10:00 am CITY (29) ★★½ "Samuel Lount" (1985, Drama) R.H. Thomson. After an encounter with a journalist, a religious pacifist becomes involved in a rebellion against colonialism in 1837. [E]

EVENING

7:00 pm WTBS (3) ★★ "Snow Day" (2000, Comedy) Chris Elliott. Students steal a snow plow and fend off its crazy driver in an attempt to keep school closed for a second day. [E]

8:00 pm CHBC (4) ★½ "Biker Boyz" (2003, Action) Laurence Fishburne. Premiere. A young prodigy threatens the undefeated champion of an underground club of motorcycle racers. [E]

9:15 pm WTBS (3) ★★½ "Groundhog Day" (1993, Romance-Comedy) Bill Murray. February 2nd keeps repeating for a cynical TV weatherman sent to watch the groundhog in Punxsutawney, Pa. [E]

10:06 pm CITY (29) ★★ "Code Red: The Rubicon Conspiracy" (2001, Science Fiction) Brian McNamara. On a journey through an African jungle, commandos discover a decades-old base used for communication with aliens. [E]

11:15 pm WTBS (3) ★★ "Snow Day" (2000, Comedy) Chris Elliott. Students steal a snow plow and fend off its crazy driver in an attempt to keep school closed for a second day. [E]

friday movies

MORNING

7:00 am WTBS (3) ★★½ "Groundhog Day" (1993, Romance-Comedy) Bill Murray. February 2nd keeps repeating for a cynical TV weatherman sent to watch the groundhog in Punxsutawney, Pa. [E]

10:00 am CITY (29) ★½ "Deep Rising" (1998, Suspense) Treat Williams. A deadly monster stalks an adventurer, a thief, a builder and others out to sea. [E]

AFTERNOON

4:00 pm YTV (18) "Casper's Haunted Christmas" (2000, Fantasy) Voices of Brendon Ryan Barrett. Animated. Kibosh, ruler of ghosts, decrees Casper must scare someone or face banishment, so he enlists his look-alike cousin.

EVENING

6:00 pm WTBS (3) ★★ "Mean Girls" (2004, Comedy) Lindsay Lohan. Premiere. Attending high school for the first time, a teenager becomes friends with three popular

but manipulative students. [E]

7:30 pm FAM (26) ★★ "A Mom for Christmas" (1990, Fantasy) Olivia Newton-John. A widower and his daughter try to keep a mannequin that magically came to life from returning to its former state.

8:00 pm WTBS (3) ★½ "Hardball" (2001, Drama) Keanu Reeves. A sports junkie agrees to coach Little League Baseball in Chicago in order to pay his gambling debts. [E]

KNOW (5) "Frenchman's Creek" (1998, Drama) Tara Fitzgerald. Premiere. A wealthy woman falls in love with a pirate her husband and others are trying to defeat in 17th-century England. [E]

9:02 pm FAM (26) ★★ "Buffalo Dreams" (2005, Drama) Reiley McClendon. A Navajo teen and a mountain-biker from Chicago must bridge a cultural gap to become friends and preserve tribal land.

10:06 pm CITY (29) "Killer Sex" (2001, Adult) Staci Noel. Two attractive women provide tantalizing temptations for a lonely doctor.

Similkameen News Leader Community Calendar

DECEMBER

- 15 - Princeton Posse vs Beaver Valley, 7:30 PM, Arena
- 25 - Christmas Day
- 26 - Boxing Day

JANUARY

- 1 - New Year's Day
- 3 - Princeton Posse vs. Summerland, 7:00 PM, Arena
- 5 - Princeton Posse vs. Spokane, 7:30 PM, Arena
- 6 - Princeton Posse vs. Creston, 7:30 PM, Arena
- 7 - Princeton Posse vs. Sicamous, 2:00 PM, Arena
- 10 - Princeton Posse vs. Summerland, 7:00 PM, Arena
- 17 - Princeton Posse vs. Kamloops, 7:00 PM, Arena

FEBRUARY

- 2 - Princeton Posse vs. Castlegar, 7:30 PM, Arena
- 3 - Princeton Posse vs. Grand Forks, 7:30 PM, Arena
- 7 - Princeton Posse vs. Kamloops, 7:00 PM, Arena
- 10 - Princeton Posse vs. Revelstoke, 7:30 PM, Arena
- 14 - Valentine's Day
- 17 - Princeton Posse vs. Golden, 7:30 PM, Arena

MARCH

- 17 - St Patrick's Day
- 19 - Brenda turns 50!!!

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!
ads@thenewsleader.ca

Similkameen News Leader

Recipe Corner (Recipe #144)

Brought To You By: Providence Funeral Homes & Crematorium

Smothered Chicken

All You Need:

- 2 tbsp (30 mL) butter or margarine
- 1 lb (500 g) chicken breast, cut into cubes
- 2 1/2 cups (625 mL) water
- 1 box (227 g) Zatarain's Smothered Chicken Rice Mix

All You Do:

1. In a large skillet or saucepan, heat butter or margarine over medium-high heat. Brown chicken until no longer pink. Add water.
 2. Add Zatarain's Smothered Chicken Rice Mix. Stir well and bring to a boil.
 3. Reduce heat, cover and simmer over low heat for 25 minutes.
 4. Remove from heat and let stand 5 minutes. Fluff and serve.
- Makes 6 servings

- News Canada

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226A Bridge Street, Princeton

THURSDAY, DECEMBER 7, 2006

| | WTBS (3) | CHBC (4) | KNOW (5) | KSPS (6) | KHQ (7) | KREM (8) | A&E (9) | KXLY (10) | BCTV (11) | CITY (12) | YTV (18) | TSN (19) | VTV (22) | DISC (24) | FOX (25) | FAM (26) | KTLA (27) | CITY (29) | WGN (38) | |
|-----------|--|-----------------------------------|-------------------------|--|--|------------------------|------------------------|--------------------------|------------------------|------------------------|---------------------|--------------------------------|--------------------------|------------------------|----------------------|------------------------|----------------------|-----------------------------|---------------------------|------------------------|
| 6 AM :30 | Dawson's Creek (E) | News (E) Room | (Off Air) | Body Elec. Caillou (E) | News (E) | News | City Confidential (E) | (5:00) News (E) | News (Live) (E) | (5:00) News (E) | Beasts Jacob | SportsCentre (E) | News (E) Canada AM (E) | High Tech Toys (E) | Believers Paid Prog. | (6:06) King Spider-Man | News Calvin Miller | Rachael Ray (E) | Rockford Files | |
| 7 AM :30 | Movie: "Analyze That" (2002) Robert De Niro | Life Today 100 Huntley Street (E) | BluesClues Dora | Barney Arthur (E) | Today Fantasia Barrino; Julianna Margulies and Peter Krause. (E) | The Early Show (E) | American Justice | Good Morning America (E) | | | Being Ian Mystery | SportsCentre (E) | | Untamed North America | Libertys Paid Prog. | K. Possible (7:24) | KTLA Morning Show | CityLine (E) | Magnum, P.I. (E) | |
| 8 AM :30 | NewsRadio Drew | Body Judge | Hi-5 Berenstain | Curious Clifford | Discover | Discover | Crossing Jordan (E) | Regis and Kelly | 100 Huntley Street (E) | World Vision (E) | Monster Mona | SportsCentre (E) | Regis and Kelly | High Tech Toys (E) | Fam. Feud | Poolh Bear | | | Da Vinci's Inquest (E) | |
| 9 AM :30 | Cosby | The Price Is Right (E) | Rolie Polie Paddington | Sesame Street (E) | Ellen DeGeneres Show | The Price Is Right (E) | CSI: Miami (E) | The View (N) (E) | World Vision (E) | Design House | George S. Jane | World Cup - First Round. | The View (N) (E) | Blue Realm Manta rays. | The Tyra Banks Show | JoJo Mermaid | Greg Behrendt | Movie: "Samuel Lount" | WGN News at Noon | |
| 10 AM :30 | Harvey | Seinfeld | Ravens | Thomas | Dr. Keith Ablow (E) | Young and the Restless | 24 (E) | Paid Prog. | Judge J. House | News (E) | Pippi | (Live) (E) | eTalk (E) | Nature of the Beast | Montel Williams (E) | (10:57) Lopez | (1985) R.H. Thomson. | Greg Behrendt | | |
| 11 AM :30 | Harvey | Seinfeld | Scattering | Sit-Be Fit | | | | Paid Prog. | House | | LazyTown | | MTV e2 | | | (11:25) King | Lopez | | | |
| 12 PM :30 | Home Imp. | News (E) | Oh Baby! "To Talk" | Charlie Rose (E) | Paid Prog. | News | City Confidential (E) | All My Children (N) (E) | News (Live) (E) | Days of our Lives (N) | Being Ian Jane | Score Golf | Degrassi | A Machine to Die For | Perry Mason (E) | (11:49) Weekend | Maury (E) | CityLine (E) | Funniest Home Videos | |
| 1 PM :30 | Yes, Dear | Diva Dime | Walk on the Wild Side | Painting Needle Art | Days of our Lives (N) | As the World Turns (N) | American Justice | One Life to Live (N) | As the World Turns (N) | As the World Turns (N) | Gadget Stickin | Series of Poker | Sue Thomas: F.B. Eye | MythBusters (E) | Matlock (E) | Lloyd Whiskers | Jerry Springer (E) | In Fashion | Moesha | |
| 2 PM :30 | King | Guiding Light (N) (E) | Gaslight | Reading | Passions (N) (E) | Guiding Light (N) (E) | Cold Case Files (E) | General Hospital (N) (E) | Passions (N) (E) | Passions (N) (E) | Adrenalini Flamingo | Interruption | General Hospital (N) (E) | MythBusters (E) | Love Lucy | Lilo Stitch Proud | Maury (E) | Ellen DeGeneres Show | Even Lizzie | |
| 3 PM :30 | Seinfeld | Room | Bali (N) (E) | Arthur (E) | Judge | Dr. Phil (E) | Crossing Jordan (E) | Rachael Ray (E) | Young and the Restless | Young and the Restless | Jacob Battle | Off-Record Sports | Dr. Phil (E) | How-Made | Maury (E) | Weekend | What I Like | News (E) | Home Imp. | |
| 4 PM :30 | Raymond | Days of our Lives (N) | Dora (4:35) Little | Cyberchaz | Judge J. | Oprah Winfrey (E) | CSI: Miami (E) | Millionaire | Oprah Winfrey (E) | News (E) | Tn-Titans | Hockey In Corner | The Tyra Banks Show | High Tech Toys (N) | Little House | Barbarian Proud | Reba (E) | Friends | Funniest Home Videos | |
| 5 PM :30 | Friends | News (E) | George S. Arthur | BBC World Business | News (E) | News | CSI: Miami "Legal" (E) | News (E) | News (E) | News (E) | SpongeBob Phantom | NFL Football: Cleveland | News (E) | Biker Build-Off (N) | Jim King of Hill | K. Possible Suite Life | My Wife Jim | Ugly Betty "Pilot" (E) | RoboCop: Prime Directives | |
| 6 PM :30 | Friends | Body | Spellz (N) | News-Lehrer | News (E) | News | The First 48 (N) (E) | News (E) | News (Live) (E) | ET Canada | The Happy Elf (E) | Browns at Pittsburgh Steelers. | News (E) | Dirty Jobs (N) (E) | '70s Show | So Little | Jim Friends | Supernatural "Croatian" | Part Two - Meltdown | |
| 7 PM :30 | Movie: "Snow Day" (2000) Chris Elliott. (E) | Out There Jeopardy! | Profiles of Nature (E) | The Legendary Victor Borge (E) | Jeopardy! Fortune | Friends Scrubs | Kansas City SWAT (N) | Entertain The Insider | Entertain ET Canada | Shark (N) (E) | Erky Perky Monster | | The O.C. (N) (E) | Mayday (E) | Simpsons | So Raven | Raymond | (7:01) Men in Trees (N) (E) | WGN News at Nine | |
| 8 PM :30 | Movie: "Biker Boyz" (2003) Laurence Fishburne. Premiere. (E) | BC Chronicles (E) | Peking to Paris (N) (E) | Performances "A Tribute to James Taylor" NW Prof | Scrubs (N) (9:31) 30 | CSI: Crime Scn | CSI: Miami "Legal" (E) | Grey's Anatomy (E) | Name Earl | Name Earl | Name Earl | 15/Love | Score Golf 2005 | CSI: Crime Scn | Biker Build-Off | The O.C. (N) (E) | Sinbad Life-Bonnie | Supernatural "Croatian" | (9:06) Jimmy Kimmel | Scrubs Becker |
| 9 PM :30 | Movie: "Groundhog Day" (1993) Bill Murray. (E) | Can Files | Shadow-Chief | Unbreakable Minds | Charlie Rose (N) (E) | News | News | Kansas City SWAT (E) | News (E) | News (Live) (E) | Entertain ET Canada | Madison | SportsCentre (Live) (E) | News (E) | Mayday (E) | Sex & City | 8 Rules | Friends | The Rubicon Conspiracy | Da Vinci's Inquest (E) |

FRIDAY, DECEMBER 8, 2006

| | WTBS (3) | CHBC (4) | KNOW (5) | KSPS (6) | KHQ (7) | KREM (8) | A&E (9) | KXLY (10) | BCTV (11) | CITY (12) | YTV (18) | TSN (19) | VTV (22) | DISC (24) | FOX (25) | FAM (26) | KTLA (27) | CITY (29) | WGN (38) |
|-----------|--|-----------------------------------|---|---|--|------------------------|-------------------------|--------------------------|------------------------|------------------------|--|---|--------------------------|----------------------|-----------------------|-------------------------------|------------------------|---|---------------------------|
| 6 AM :30 | Dawson's Creek (E) | News (E) Room | (Off Air) | Body Elec. Caillou (E) | News (E) | News | City Confidential (E) | (5:00) News (E) | News (Live) (E) | (5:00) News (E) | Beasts Jacob | SportsCentre (E) | News (E) Canada AM (E) | High Tech Toys (E) | Believers Paid Prog. | (6:06) King Spider-Man | News Calvin Miller | Rachael Ray (E) | Rockford Files |
| 7 AM :30 | Movie: "Groundhog Day" (1993) Bill Murray. (E) | Life Today 100 Huntley Street (E) | BluesClues Dora | Barney Arthur (E) | Today II Divo performs; Tanith Belbin and Benjamin | The Early Show (E) | American Justice | Good Morning America (E) | | | Being Ian Mystery | SportsCentre (E) | | Nature of the Beast | Libertys Paid Prog. | K. Possible (7:24) | KTLA Morning Show | CityLine (E) | Magnum, P.I. (E) |
| 8 AM :30 | NewsRadio Drew | Body Judge | Hi-5 Berenstain | Curious Clifford | Agosto. (E) | Discover | Crossing Jordan (E) | Regis and Kelly | 100 Huntley Street (E) | World Vision (E) | Monster Mona | SportsCentre (E) | Regis and Kelly | High Tech Toys (E) | Fam. Feud | Poolh Bear | | | Da Vinci's Inquest (E) |
| 9 AM :30 | Cosby | The Price Is Right (E) | Rolie Polie Paddington | Sesame Street (E) | Ellen DeGeneres Show | The Price Is Right (E) | CSI: Miami "Hell Night" | The View (N) (E) | World Vision (E) | Design House | George S. Jane | World Cup - Second Round. | The View (N) (E) | Worst Handyman | The Tyra Banks Show | JoJo Mickey | Greg Behrendt | Movie: "Deep Rising" | WGN News at Noon |
| 10 AM :30 | Harvey | Seinfeld | War | Bob Build | Dr. Keith Ablow (N) (E) | Young and the Restless | 24 (E) | Paid Prog. | Judge J. House | News (E) | Pippi | (Live) (E) | eTalk (E) | Monster House (E) | Montel Williams (N) | (10:57) Lopez | (1998) Treat Williams. | Greg Behrendt | |
| 11 AM :30 | Harvey | Seinfeld | Scattering | Sit-Be Fit | | | | Paid Prog. | House | | LazyTown | | Screen | | | (11:25) King | Lopez | | |
| 12 PM :30 | Home Imp. | News (E) | Canada-History | Charlie Rose (E) | Paid Prog. | News | City Confidential (E) | All My Children (N) (E) | News (Live) (E) | Days of our Lives (N) | Being Ian Mischief | Tennis: Bell Challenge | Degrassi | Biker Build-Off | Perry Mason (E) | (11:49) Weekend | Maury (E) | CityLine (E) | Funniest Home Videos |
| 1 PM :30 | Yes, Dear | Diva Dime | Router | Scheewe | Days of our Lives (N) | As the World Turns (N) | American Justice | One Life to Live (N) | As the World Turns (N) | As the World Turns (N) | Gadget Stickin | 2005 European Open Poker | Sue Thomas: F.B. Eye | Dirty Jobs (E) | Matlock "The Victim" | Lloyd Whiskers | Jerry Springer (E) | At Movies | Moesha |
| 2 PM :30 | King | Guiding Light (N) (E) | Gaslight | Reading | Passions (N) (E) | Guiding Light (N) (E) | Cold Case Files (E) | General Hospital (N) (E) | Passions (N) (E) | Passions (N) (E) | Adrenalini Flamingo | Interruption | General Hospital (N) (E) | Mayday (E) | Love Lucy | Lilo Stitch Proud | Maury (E) | Ellen DeGeneres Show | Even Lizzie |
| 3 PM :30 | Seinfeld | Room | Hi-5 | Arthur (E) | Judge | Dr. Phil (E) | Crossing Jordan (E) | Rachael Ray (E) | Young and the Restless | Young and the Restless | Jacob | Off-Record Sports | Dr. Phil (E) | How-Made | Maury (E) | Weekend | What I Like | News (E) | Home Imp. |
| 4 PM :30 | Raymond | Days of our Lives (N) | Dora Little Bear | Cyberchaz | Judge J. | Oprah Winfrey (E) | CSI: Miami "Hell Night" | Millionaire | Oprah Winfrey (E) | News (E) | Movie: "Casper's Haunted Christmas" (2000) | Hockey Philadelphia Flyers at New Jersey Devils. (E) | The Tyra Banks Show | High Tech Toys (N) | Little House | Barbarian Proud | Reba (E) | Friends | Funniest Home Videos |
| 5 PM :30 | King | News (E) | George S. Arthur | BBC World Business | News (E) | News | CSI: Miami (E) | News (E) | News (E) | News (E) | Movie: "Casper's Haunted Christmas" (2000) | NHL Hockey: Philadelphia Flyers at New Jersey Devils. (E) | News (E) | Oil, Sweat and Rigs | Jim King of Hill | K. Possible Montana | My Wife Jim | Next Top Model | RoboCop: Prime Directives |
| 6 PM :30 | Movie: "Mean Girls" (2004) Lindsay Lohan. (E) | Body | Desert renegade | News-Lehrer | News (E) | News | CSI: Miami (E) | News (E) | News (Live) (E) | ET Canada | Team Yu-Gi-Oh! | | News (E) | Unsolved History (E) | '70s Show | Zoey 101 | Jim Friends | Stargate Atlantis | Part Three |
| 7 PM :30 | Movie: "Hardball" (2001) Keanu Reeves. (E) | Out There Jeopardy! | Time Gardens | Wash Wk | Jeopardy! Fortune | Friends Scrubs | CSI: Miami "Pirated" | Entertain The Insider | Entertain ET Canada | NUMB3RS "Traffic" | Cybertron One Piece | SportsCentre (Live) (E) | eTalk (E) | A Haunting Hollywood | Simpsons | School: "A Mom for Christmas" | Raymond | Godiva's (E) (DVS) | WGN News at Nine |
| 8 PM :30 | Movie: "Hardball" (2001) Keanu Reeves. (E) | Next Chef | Movie: "Frenchman's Creek" (1998) Premiere. (E) | NOW (N) Rick Steves' European Christmas (E) | 1 vs. 100 (N) (E) | Red-Nosed Reindeer | CSI: Miami (E) | Funniest Home Videos | 1 vs. 100 (N) (E) | 1 vs. 100 (N) (E) | Naruto Zatch Bell | Off-Record | Justice "Flicide" (N) | High Tech Toys (E) | Justice "Flicide" (N) | WWE Friday Night | News (E) | Sex & City | Scrubs |
| 9 PM :30 | Family Guy Futurama | Trading Spouses | Sherlock Holmes | Law & Order (N) (E) | NUMB3RS "Traffic" | CSI: Miami (E) | 20/20 (E) | NUMB3RS "Traffic" | News (E) | News (Live) (E) | Alchemist Bleach | Boxing: KO Boxing -- The Border War. (Taped) | Law & Order (N) (E) | A Haunting Hollywood | News | Dreams | KTLA Prime News (E) | (10:06) Movie: "Killer Sex" (2001, Adult) Staci Noel. | Funniest Home Videos |
| 10 PM :30 | Movie: "Spaceballs" Room | News (E) | With Glowing Hearts | Austin City Limits (E) | News (E) | News | CSI: Miami "Pirated" | News (E) | News (Live) (E) | (11:03) ECVW (E) | Monster Oracle | SportsCentre (Live) (E) | News (E) | Oil, Sweat and Rigs | Sex & City | Will-Grace | Friends | Da Vinci's Inquest (E) | |

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| Similkameen Mail, Regular | \$ 35.75 |
| Similkameen Mail, Senior | \$ 31.75 |
| <small>(Princeton, Carleton Place, Keremeos, Hedley, Olatona, Tulameen, Coalmont)</small> | |
| Out-of-Valley, British Columbia | |
| Rural or Box (VO), Regular | \$ 40.90 |
| Rural or Box (VO), Senior | \$ 35.90 |
| Delivery to Door, Regular | \$ 53.80 |
| Delivery to Door, Senior | \$ 48.80 |
| Out-of-Valley, Alberta, Rest of Canada | |
| Regular | \$ 53.80 |
| Senior | \$ 48.80 |



saturday movies

MORNING

7:30 am WTBS (3) ★★ "Now and Then" (1995, Comedy-Drama) Christina Ricci. A modern-day reunion frames this account of the friendship shared by four girls during the summer of 1970. [E]

8:00 am A&E (9) ★★ "Karroll's Christmas" (2004, Comedy) Tom Everett Scott. A greeting-card writer wants to renew his grouchy neighbor's holiday spirit after a misguided visit from Christmas ghosts. [E]

9:45 am WTBS (3) ★★ "It Takes Two" (1995, Comedy) Kirstie Alley. Coincidence unites look-alike pre-teens: an orphan with a pretty, single social worker; and an heiress who dislikes her dad's fiancée. [E]

10:00 am A&E (9) ★★ "Four Weddings and a Funeral" (1994, Romance-Comedy) Hugh Grant. Premiere. An English charmer and a lusty American make love over a course of surprising events. [E]

11:50 am WTBS (3) ★★ "Selena" (1997, Biography) (PA) Jennifer Lopez. A beautiful Mexican-American singer's skyrocketing international career ends abruptly. [E]

AFTERNOON

12:00 pm FAM (26) ★★ "On the 2nd Day of Christmas" (1997, Comedy-Drama) Mary Stuart Masterson. A woman and her niece are caught picking pockets in a department store on Christmas Eve. CITY (29) ★★ "Madeline" (1998, Comedy-Drama) Frances McDormand. A fearless French orphan involves her schoolmates and headmistress in a series of misadventures. [E]

WGN (38) ★★ "The Meteor Man" (1993, Comedy) Robert Townsend. A timid schoolteacher is transformed into a crimefighting superhero after colliding with a meteor fragment. (In Stereo) [E]

1:30 pm FAM (26) ★★ "Santa With Muscles" (1996, Comedy) Hulk Hogan. A muscular hero sets out to straighten up his town after a knock on the head makes him believe he is Santa Claus.

3:00 pm WTBS (3) ★★ "Legally Blonde" (2001, Comedy) Reese Witherspoon. A sorority queen enrolls in Harvard to prove to her former boyfriend that she has more than good looks. [E]

4:00 pm YTV (18) ★★ "Rudolph the Red-Nosed Reindeer: The Movie" (1998, Fantasy) Voices of John Goodman. Animated. It's up to Santa's most famous reindeer to save the day when an evil queen conjures up a storm on Christmas.

5:00 pm WTBS (3) ★★ "Mean Girls" (2004, Comedy) Lindsay Lohan. Attending high school for the first time, a teenager becomes friends with three popular but manipulative students. [E]

EVENING

6:00 pm CITY (29) "Chicks With Sticks" (2004, Comedy-Drama) Jessalyn Gilsig. Premiere. A single mother assembles a team of women to play hockey against a squad of chauvinistic men. [E]

7:00 pm WTBS (3) ★★ "The School of Rock" (2003, Comedy) Jack Black. Fired from his group and desperate for money, a guitarist poses as a teacher for students who play in a school band. [E]

8:00 pm CITY (12) ★★ "Dr. Seuss' How the Grinch Stole Christmas" (2000, Fantasy) Jim Carrey. A curmudgeon living atop Mount Crumpit sets out to quash the yuletide preparations of the Christmas-loving Whos of Whoville. Anthony Hopkins narrates. (In Stereo) [E]

YTV (18) ★★ "Home Alone" (1990, Comedy) Macaulay Culkin. Accidentally left by his Paris-bound family, an 8-year-old makes mince-meat of two burglars in the house.

VTV (22) "Crazy Canucks" (2005, Docudrama) Lucas Bryant. Five daring Canadian athletes achieve fame while competing in alpine skiing in Europe in the 1970s. (In Stereo) [E]

9:00 pm CHBC (4) "Family in Hiding" (2006, Suspense) Brenda Strong. Premiere. After seeing a murder, a single woman and her two children enter the Witness Protection Program. [E] (DVS)

KNOW (5) "Midsomer Murders: Death in Disguise" (1997, Mystery) John Nettles. Chief Inspector Barnaby (John Nettles) is called in following the death of a cult leader and finds clues that point to a ruthless tycoon searching for his daughter. With Daniel Casey. [E]

BCTV (11) ★★ "Dr. Seuss' How the Grinch Stole Christmas" (2000, Fantasy) Jim Carrey. A curmudgeon living atop Mount Crumpit sets out to quash the yuletide preparations of the Christmas-loving Whos of Whoville. Anthony Hopkins narrates. (In Stereo) [E]

FAM (26) ★★ "Mr. Magoo" (1997, Comedy) Leslie Nielsen. Premiere. Government agents and a beautiful thief pursue a myopic millionaire who unknowingly possesses a valuable gem.

CITY (29) ★★ "Casino" (1995, Crime Drama) Robert De Niro. A New York bookie and his pal turn a Las Vegas casino into an empire, then one's money-hungry wife helps bring it down. [E]

9:30 pm WTBS (3) ★★ "A Knight's Tale" (2001, Adventure) (PA) Heath Ledger. An English commoner dons the armor of a dead jousting knight, with the help of friends, competes against nobles in 14th-century France. [E]

10:30 pm WGN (38) ★★ "Confidence" (2003, Crime Drama) Edward Burns. A con man and his crew swindle a gangster's accountant, then try to repay him by stealing from a crooked banker. (In Stereo) [E]

11:43 pm FAM (26) ★★ "My Favorite Martian" (1999, Comedy) Christopher Lloyd. A befuddled martian crash-lands on Earth, assumes human form and befriends a TV-

sunday movies

MORNING

6:00 am WTBS (3) ★★ "It Takes Two" (1995, Comedy) Kirstie Alley. Coincidence unites look-alike pre-teens: an orphan with a pretty, single social worker; and an heiress who dislikes her dad's fiancée. [E]

7:00 am A&E (9) ★★ "Four Weddings and a Funeral" (1994, Romance-Comedy) Hugh Grant. An English charmer and a lusty American make love over a course of surprising events. [E]

8:00 am WTBS (3) ★★ "A Knight's Tale" (2001, Adventure) (PA) Heath Ledger. An English commoner dons the armor of a dead jousting knight, with the help of friends, competes against nobles in 14th-century France. [E]

WGN (38) "It's a Very Merry Muppet Christmas Movie" (2002, Comedy) Whoopi Goldberg. Kermit tries to save the theater from a banker who wants to demolish it and open a trendy nightclub. (In Stereo) [E]

9:00 am A&E (9) ★★ "Philadelphia" (1993, Drama) Tom Hanks. Fired by his firm, a lawyer with AIDS fights back in court with help from his lawyer. [E]

10:00 am WGN (38) ★★ "George of the Jungle" (1997, Romance-Comedy) Brendan Fraser. A man raised by apes in fictional Bukuvu saves an heiress from death and travels with her to the United States. Keith Scott narrates. (In Stereo) [E]

10:30 am WTBS (3) ★★ "Save the Last Dance" (2001, Romance) Julia Stiles. A white teenager moves to Chicago after her mother's death and falls for a black student who shares her love of dance. [E]

11:00 am CITY (29) ★★ "Jack Frost" (1998, Fantasy) Michael Keaton. A man who died on Christmas Eve returns to his wife and son one year later in the form of a snowman. [E]

AFTERNOON

12:00 pm FAM (26) ★★ "A Mom for Christmas" (1990, Fantasy) Olivia Newton-John. A widower and his daughter try to keep a mannequin that magically came to life from returning to its former state. WGN (38) ★★ "Ace Ventura: Pet Detective" (1994, Comedy) Jim Carrey. A bungling gumshoe uncovers more than just a simple kidnapping when he searches for the Miami Dolphins' missing mascot. (In Stereo) [E]

12:30 pm WTBS (3) ★★ "Legally Blonde" (2001, Comedy) Reese Witherspoon. A sorority queen enrolls in Harvard to prove to her former boyfriend that she has more than good looks. [E]

1:00 pm YTV (18) "PollyWorld" (2006, Adventure) Animated. A girl and her friends face stiff competition at an amusement park.

KTLA (27) ★★ "The Adventures of Huck Finn" (1993, Comedy-Drama) Elijah Wood. Mark Twain's boy hero and runaway slave Jim form a classic friendship while rafting the 19th-century Mississippi. (In Stereo) [E]

1:32 pm FAM (26) "The Christmas Star" (1986, Drama) Edward Asner. A fugitive's plan to use two children to retrieve money in a store's Christmas ornaments takes an unexpected turn.

2:00 pm VTV (22) "Tagged: The Jonathan Wambach Story" (2002, Drama) Tyler Hynes. A family fights for reforms to the Youth Offender Act after their son becomes a victim of gang violence. (In Stereo) [E]

2:30 pm WTBS (3) ★★ "The School of Rock" (2003, Comedy) Jack Black. Fired from his group and desperate for money, a guitarist poses as a teacher for students who play in a school band. [E]

3:00 pm KTLA (27) ★★ "George of the Jungle" (1997, Romance-Comedy) Brendan Fraser. A man raised by apes in fictional Bukuvu saves an heiress from death and travels with her to the United States. Keith Scott narrates. (In Stereo) [E]

5:00 pm WTBS (3) ★★ "Mean Girls" (2004, Comedy) Lindsay Lohan. Attending high school for the first time, a teenager becomes friends with three popular but manipulative students. [E]

CITY (29) ★★ "The Day After Tomorrow" (2004, Action) Dennis Quaid. A climatologist tries to locate his son after global warming leads to worldwide natural disasters. [E]

EVENING

6:00 pm YTV (18) "Flight of the Reindeer" (2000, Fantasy) Richard Thomas. A robust villager named Nick rescues a zoologist whose plane crashes near the North Pole.

7:00 pm WTBS (3) ★★ "Mean Girls" (2004, Comedy) Lindsay Lohan. Attending high school for the first time, a teenager becomes friends with three popular but manipulative students. [E]

9:00 pm WTBS (3) ★★ "Save the Last Dance" (2001, Romance) Julia Stiles. A white teenager moves to Chicago after her mother's death and falls for a black student who shares her love of dance. [E]

FAM (26) ★★ "Spy Hard" (1996, Comedy) Leslie Nielsen. A bumbling secret agent and his lovely partner try to foil a madman's world-takeover scheme.

10:46 pm FAM (26) ★★ "Honey, I Blew Up the Kid" (1992, Comedy) Rick Moranis. The wacky inventor who shrunk the kids makes his 2-year-old boy the size of a Las Vegas casino.

11:00 pm WTBS (3) ★★ "Sugar & Spice" (2001, Comedy) Marley Shelton. Members of a cheerleading squad decide to rob a bank to raise some quick cash for a pregnant cohort. [E]

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SATURDAY, DECEMBER 9, 2006

| | WTBS (3) | CHBC (4) | KNOW (5) | KSPS (6) | KHQ (7) | KREM (8) | A&E (9) | KXLY (10) | BCTV (11) | CITY (12) | YTV (13) | TSN (14) | VTV (15) | DISC (16) | FOX (17) | FAM (18) | KTLA (19) | CITY (20) | WGN (21) |
|-------|---|--|------------------------|----------------------------------|--------------|---|---|---|-----------------------|---|---|---|------------------------|------------------|-----------------------|-----------------------------------|--|--|--|
| 6 AM | XCU Storyline | News | (Off Air) | America Farmers | (5:00) Today | (5:00) Saturday Early Show | Bio.: Selleck | Good Morning America | Adventure Hunter | Fishing FNC | Mischief Adrenalini | SportsCentre | OWLTV Kingdom | Greatest Ever... | Paid Prog. | (6:03) Get Rangers | Paid Prog. | About You Dharti | Paid Prog. |
| 7 AM | Home Imp. | Gold Trails | Timothy | MotorWeek | News | Madeline Sabrina | Bio.: Russell | Good Morning Northwest | News (Live) | News | Flamingo Xialin | Fishing Motoring | Katie-Orbie Hobo | Unsolved History | Winx Club Bratz | Rangers Krypto | Krypto | Eye on Asia | Paid Prog. |
| 8 AM | Movie: "Now and Then" (1995) Christina Ricci. | Diva Dime | George S. | Your Home | | Trollz (EI) Horseland | Movie: "Karrall's Christmas" (2004) | Saturday | | | SpongeBob | SnowTrax | Good Morning Canada | A Haunting | Kirby Turtles | Suite Life (8:43) Zoey | Monster Tom Jerry | Polish Studio | Paid Prog. |
| 9 AM | Movie: "It Takes Two" (1995, Comedy) Kirstie Alley. | Mondo | (9:15) Miss | Workshop | | College Basketball: Indiana at Kentucky. | Movie: "Four Weddings and a Funeral" (1994) | So Raven | Caitlin | Viva Pinata | Bowling | | Blueprint for Disaster | Yu-Gi-Oh | So Raven Phil | Johnny T | CityLine | NASCAR | |
| 10 AM | Divas | Upside | Ask This | Veggie | | Kentucky. (Live) | Movie: "Montana Suite Life" (1994) | Montana | GetUpGrow | Driving TV | Tn-Titans | Special Olympics Day on TSN | Wildlife | How-Made | Yu-Gi-Oh! | Even | Legion | | Cosby |
| 11 AM | Antique | Babar | Americas | Paid Prog. | | | Emperor | War of the Wheels | Fishing | Fishing | Team | Avatar | Daily Planet | Mayday | Animal Ad | School | Xialin | Chum Chart | Soul Train |
| 12 PM | Movie: "Selena" (1997) (PA) Jennifer Lopez. | Dinner | Italian | 7 Secrets to Beauty | | College Basketball: Wooden Classic - Texas A&M vs. UCLA | Sell House | PGA Golf: Barbados World Cup - Third Round. | News (Live) | Paid Prog. | Monster | PGA Golf: WGC Barbados World Cup - Third Round. | Great Adventure People | A Haunting | Paid Prog. | "On the 2nd Day of Christmas" | Libertys | Movie: "The Meteor Man" (1993, Comedy) | Movie: "The Meteor Man" (1993, Comedy) |
| 1 PM | Edwards | Catering | Dotto Tech | Christmas | | Skating: King of Mtn. | Flip This House | All-Am. Team | '70s Show | Simpsons | Mystery | SportsCentre (Live) | Twice in a Lifetime | How-Made | Alias "Blood Ties" | (3:07) Lizzie | The 75th Annual Hollywood | News | |
| 2 PM | Movie: "Legally Blonde" (2001, Comedy) | HeartCity | Go Diego | Kingston Trio: Wherever We | | Fortune | Flip This House | Coach | Simpsons | Simpsons | "Rudolph the Red-Nosed Reindeer: The Movie" | Boxing (Taped) | Sue Thomas: F.B. Eye | Dirty Jobs | Star Trek | Suite Life Proud | Christmas Parade | Bravo! Fact Making It | American Idol Rewind |
| 3 PM | Movie: "Mean Girls" (2004) Lindsay Lohan. | News | George S. | Daniel O'Donnell: Songs of Faith | | CSI: Miami | Flip This House | News | Simpsons | News | Reindeer: The Movie | Boxing (Taped) | Jim | Star Racer | Jim | K. Possible | NBA Basketball: Los Angeles Clippers at Memphis Grizzlies. | The Collector | NBA Basketball: Minnesota Timberwolves at Chicago Bulls. |
| 4 PM | Movie: "The School of Rock" (2003) Jack Black. | Can Files | Pantanal Cowboy | As Time Goes By Reunion | | College Basketball: Washington at Gonzaga. | Flip This House | Entertainment Tonight | Damage Done | Smallville | Boxing: Kassim Ouma vs. Jermain Taylor. | W FIVE | American Chopper | American Chopper | So Raven | (7:25) Zoey | Raymond | News | WGN News |
| 5 PM | Movie: "A Knight's Tale" (2001) Heath Ledger. | Be Careful, Be Safe | Heartbeat | Special | | Criminal Minds | Flip This House | Movie | Christmas That Almost | "Dr. Seuss' How the Grinch Stole Christmas" | Movie: "Home Alone" (1990) Macaulay Culkin. | Sports 2005 European Open Poker (Taped) | Whistler (DVS) | American Chopper | America's Most Wanted | Movie: "Mr. Magoo" (1997, Comedy) | Leslie Nielsen. | KTLA Prime News | Movie: "Confidence" (2003) |
| 6 PM | Movie: "Family in Hiding" (2006) Brenda Strong. | Movie: "Midsomer Murders: Death in Disguise" | Pink Floyd Live: Pulse | Law & Order | | 48 Hours Mystery | Flip This House | News | Christmas | News | Weird | Bob | Whistler (DVS) | American Chopper | 24 | Comedy: Leslie Nielsen. | Sex & City | Movie: "Confidence" (2003) | |
| 7 PM | Movie: "The School of Rock" (2003) Jack Black. | Be Careful, Be Safe | Heartbeat | Special | | College Basketball: Washington at Gonzaga. | Flip This House | Entertainment Tonight | Damage Done | Smallville | Boxing: Kassim Ouma vs. Jermain Taylor. | W FIVE | American Chopper | American Chopper | So Raven | (7:25) Zoey | Raymond | News | WGN News |
| 8 PM | Movie: "A Knight's Tale" (2001) Heath Ledger. | Be Careful, Be Safe | Heartbeat | Special | | Criminal Minds | Flip This House | Movie | Christmas That Almost | "Dr. Seuss' How the Grinch Stole Christmas" | Movie: "Home Alone" (1990) Macaulay Culkin. | Sports 2005 European Open Poker (Taped) | Whistler (DVS) | American Chopper | America's Most Wanted | Movie: "Mr. Magoo" (1997, Comedy) | Leslie Nielsen. | KTLA Prime News | Movie: "Confidence" (2003) |
| 9 PM | Movie: "Family in Hiding" (2006) Brenda Strong. | Movie: "Midsomer Murders: Death in Disguise" | Pink Floyd Live: Pulse | Law & Order | | 48 Hours Mystery | Flip This House | News | Christmas | News | Weird | Bob | Whistler (DVS) | American Chopper | 24 | Comedy: Leslie Nielsen. | Sex & City | Movie: "Confidence" (2003) | |
| 10 PM | Movie: "A Knight's Tale" (2001) Heath Ledger. | Be Careful, Be Safe | Heartbeat | Special | | College Basketball: Washington at Gonzaga. | Flip This House | Entertainment Tonight | Damage Done | Smallville | Boxing: Kassim Ouma vs. Jermain Taylor. | W FIVE | American Chopper | American Chopper | So Raven | (7:25) Zoey | Raymond | News | WGN News |
| 11 PM | Movie: "Family in Hiding" (2006) Brenda Strong. | Movie: "Midsomer Murders: Death in Disguise" | Pink Floyd Live: Pulse | Law & Order | | 48 Hours Mystery | Flip This House | News | Christmas | News | Weird | Bob | Whistler (DVS) | American Chopper | 24 | Comedy: Leslie Nielsen. | Sex & City | Movie: "Confidence" (2003) | |

SUNDAY, DECEMBER 10, 2006

| | WTBS (3) | CHBC (4) | KNOW (5) | KSPS (6) | KHQ (7) | KREM (8) | A&E (9) | KXLY (10) | BCTV (11) | CITY (12) | YTV (13) | TSN (14) | VTV (15) | DISC (16) | FOX (17) | FAM (18) | KTLA (19) | CITY (20) | WGN (21) |
|-------|---|---|-----------------------|----------------------|---|--|---|------------------------|---|-------------------|----------------------------|--|---------------------|-------------------------|---|------------------------------------|----------------------|--|--|
| 6 AM | Movie: "It Takes Two" (1995) | Antique | (Off Air) | Berenstain Cliff Pup | Today | Discover | (5:00) Breakfast With the | Good Morning America | Pioneers | Myster Ink Canada | Magic Gift | SportsCentre | Acorn Kids | Mayday | Hour of Power | (6:03) Get Rangers | Pacesetter Success | Mix TV | This Is Day Authority |
| 7 AM | Kirstie Alley. | In Touch | Jakers | Bob Build | Jane | CBS News | Movie: "Four Weddings and a Funeral" (1994) | News | Foodies | World Vsn | World | Reporters | Good Morning Canada | MythBusters | Libertys | Rangers | Amazing | Eye on Asia | Feed |
| 8 AM | Movie: "A Knight's Tale" (2001) Heath Ledger. | Van Impe | George S. | Jakers | Meet the Press | Meet the Press | Movie: "Philadelphai" (1993) | This Week With George | News (Live) | TribalTrail | ChalkZone | Sunday NFL Countdown | PLAN Canada | How-Made | Fox News Sunday | Suite Life | Feed | Eye-Asia | "It's a Very Merry Muppet Christmas Movie" |
| 9 AM | Movie: "A Knight's Tale" (2001) Heath Ledger. | Van Impe | George S. | Jakers | Meet the Press | Meet the Press | Movie: "Philadelphai" (1993) | This Week With George | News (Live) | TribalTrail | ChalkZone | Sunday NFL Countdown | PLAN Canada | How-Made | Fox News Sunday | Suite Life | Feed | Eye-Asia | "It's a Very Merry Muppet Christmas Movie" |
| 10 AM | Movie: "Save the Last Dance" (2001) Julia Stiles. | Football: Teams to Be Announced. (Live) | Fetch! With Mechanics | USA | Paid Prog. | Regional Coverage | Sell House | PGA Golf: WGC Barbados | News (Live) | Driving TV | SpongeBob | NBA Basketball: Portland Trail Blazers at Toronto Raptors. | Wildlife | Legend Hunters | Farscape | Even | Shook | Movie: "George of the Jungle" (1997) | |
| 11 AM | Movie: "Legally Blonde" (2001, Comedy) | Driving TV | ReachTop | To Be Announced | Auto Racing: Baja 1000. | NFL Regional Coverage - Bills at Jets or Broncos at Chargers | Sell House | Design Move | NFL Football: Teams to Be Announced. (Live) | Chicks | Movie: "PollyWorld" (2006) | W FIVE | They do It? | How-Made | Football: Packers at 49ers, Seahawks at Cardinals | Movie: "The Christmas Star" (1986) | World Poker Tour | World | Even |
| 12 PM | Movie: "Legally Blonde" (2001, Comedy) | Driving TV | ReachTop | To Be Announced | Auto Racing: Baja 1000. | NFL Regional Coverage - Bills at Jets or Broncos at Chargers | Sell House | Design Move | NFL Football: Teams to Be Announced. (Live) | Chicks | Movie: "PollyWorld" (2006) | W FIVE | They do It? | How-Made | Football: Packers at 49ers, Seahawks at Cardinals | Movie: "The Christmas Star" (1986) | World Poker Tour | World | Even |
| 1 PM | Movie: "The School of Rock" (2003) Jack Black. | Driving TV | ReachTop | To Be Announced | Auto Racing: Baja 1000. | NFL Regional Coverage - Bills at Jets or Broncos at Chargers | Sell House | Design Move | NFL Football: Teams to Be Announced. (Live) | Chicks | Movie: "PollyWorld" (2006) | W FIVE | They do It? | How-Made | Football: Packers at 49ers, Seahawks at Cardinals | Movie: "The Christmas Star" (1986) | World Poker Tour | World | Even |
| 2 PM | Movie: "The School of Rock" (2003) Jack Black. | Driving TV | ReachTop | To Be Announced | Auto Racing: Baja 1000. | NFL Regional Coverage - Bills at Jets or Broncos at Chargers | Sell House | Design Move | NFL Football: Teams to Be Announced. (Live) | Chicks | Movie: "PollyWorld" (2006) | W FIVE | They do It? | How-Made | Football: Packers at 49ers, Seahawks at Cardinals | Movie: "The Christmas Star" (1986) | World Poker Tour | World | Even |
| 3 PM | Movie: "The School of Rock" (2003) Jack Black. | Driving TV | ReachTop | To Be Announced | Auto Racing: Baja 1000. | NFL Regional Coverage - Bills at Jets or Broncos at Chargers | Sell House | Design Move | NFL Football: Teams to Be Announced. (Live) | Chicks | Movie: "PollyWorld" (2006) | W FIVE | They do It? | How-Made | Football: Packers at 49ers, Seahawks at Cardinals | Movie: "The Christmas Star" (1986) | World Poker Tour | World | Even |
| 4 PM | Movie: "The School of Rock" (2003) Jack Black. | Driving TV | ReachTop | To Be Announced | Auto Racing: Baja 1000. | NFL Regional Coverage - Bills at Jets or Broncos at Chargers | Sell House | Design Move | NFL Football: Teams to Be Announced. (Live) | Chicks | Movie: "PollyWorld" (2006) | W FIVE | They do It? | How-Made | Football: Packers at 49ers, Seahawks at Cardinals | Movie: "The Christmas Star" (1986) | World Poker Tour | World | Even |
| 5 PM | Movie: "Mean Girls" (2004) Lindsay Lohan. | News | George S. | To Be Announced | (5:15) NFL Football: New Orleans Saints at Dallas Cowboys. (Live) | 60 Minutes | Intervention (N) | Home | News | Simpsons | News | TSN | Scrubs | Secrets of the Deep (N) | HomeTeam "Denver" | K. Possible | All of Us | Movie: "The Day After Tomorrow" (2004, Action) | American Idol Rewind |
| 6 PM | Movie: "Mean Girls" (2004) Lindsay Lohan. | News | George S. | To Be Announced | (5:15) NFL Football: New Orleans Saints at Dallas Cowboys. (Live) | 60 Minutes | Intervention (N) | Home | News | Simpsons | News | TSN | Scrubs | Secrets of the Deep (N) | HomeTeam "Denver" | K. Possible | All of Us | Movie: "The Day After Tomorrow" (2004, Action) | American Idol Rewind |
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| 8 PM | Movie: "Mean Girls" (2004) Lindsay Lohan. | News | George S. | To Be Announced | (5:15) NFL Football: New Orleans Saints at Dallas Cowboys. (Live) | 60 Minutes | Intervention (N) | Home | News | Simpsons | News | TSN | Scrubs | Secrets of the Deep (N) | HomeTeam "Denver" | K. Possible | All of Us | Movie: "The Day After Tomorrow" (2004, Action) | American Idol Rewind |
| 9 PM | Movie: "Save the Last Dance" (2001) Julia Stiles. | Makeover: Home | Looking for Victoria | Nature (DVS) | Dateline NBC | Without a Trace (N) | Flip This House | Brothers & Sisters (N) | Brothers & Sisters (N) | News | Committed | Boxing: Best of Friday Night Fights. | Law Order: CI | MythBusters (N) | Amer Dad | So Raven | Reba | News | WGN News |
| 10 PM | Movie: "Save the Last Dance" (2001) Julia Stiles. | Makeover: Home | Looking for Victoria | Nature (DVS) | Dateline NBC | Without a Trace (N) | Flip This House | Brothers & Sisters (N) | Brothers & Sisters (N) | News | Committed | Boxing: Best of Friday Night Fights. | Law Order: CI | MythBusters (N) | Amer Dad | So Raven | Reba | News | WGN News |
| 11 PM | Movie: "Sugar & Spice" | News | Edge | Design e2 | News | News | Intervention | News | News | Helpline with | Madison Best | SportsCentre (Live) | MythBusters | Star Trek | "Honey-Blew" | Sex & City Friends | Access Hollywood (N) | Farscape | |

MONDAY, DECEMBER 11, 2006

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, YTV, TSN, VTV, DISC, FOX, FAM, KTLA, CITY, WGN) and 24 rows of program listings.

monday movies

MORNING

7:00 am WTBS (3) ★★½ "Lethal Weapon 2" (1989, Action) (PA) Mel Gibson. An accountant leads a wild detective and his cautious partner to a South African diplomat running drugs.

10:00 am CITY (29) ★★ "Jack Frost" (1998, Fantasy) Michael Keaton. A man who died on Christmas Eve returns to his wife and son one year later in the form of a snowman.

EVENING

6:00 pm A&E (9) "Wedding Wars" (2006, Comedy-Drama) John Stamos. Premiere. A man refuses to organize his brother's wedding after learning about his involvement in a speech against gay marriage.

CITY (29) ★★½ "The Engagement Ring" (2005, Romance) Patricia Heaton. Premiere. A woman wants her mother to reunite with her former love so they can agree to merge two California vineyards.

8:30 pm WTBS (3) ★★½ "Stripes" (1981, Comedy) Bill Murray. A lazy New York caddy quits his job and convinces his bored buddy they should join the Army.

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Let's Play Princeton Trivia!

Question:

The old CPR Train Caboose located at the PXA grounds was once used as an office for what?

Last Week:

Dale 'Duner' Hladun coaches Princeton's KIJHL Junior B Hockey Team, the Posse.

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news leader puzzle page puzzle maps of exploration

Draw a line on the map from (bracketed clue) solution to (bracketed clue) solution



On March 5th, 1505 our armada of 22 ships saluted thousands of well wishers as we sailed out of Lisbon harbor, 38.44°/9.08°W and headed south into the (yellow bird water flow) towards the Cape of Good Hope. On board were crew of over 1000 seamen and an army of 1500. Our leader, the newly appointed first Viceroy of Portuguese India, was ordered by the king to bring the spice trade under Portuguese control and set up safe harbors and forts for trade en route. By July we had rounded the Cape of all Storms and were heading north along the coast through the Mozambique Channel. Eight ships with full military compliment were sent into the coastal town of (murder-baby cry) to conquer the 4000 inhabitants and take it's safe harbor to build our first fort. In August we moved further north and made an alliance with the Sultan of Melinde and together fought a ferocious battle against the local Sheik's troops and conquered his city Mombasa which we looted and then torched. One of our ships with soldiers was sent to capture (place to drink Zanzi's?) Island and successfully claimed it for Portugal. Now with bases and allies in East Africa we headed north east following the Somali Current across the Indian Ocean to (teaching sports without a and g) in South west India. Along the Malabar coast we tried to make alliances. We built forts at the city of Cochin and north at the small lush Island of Angediva which was blessed with natural fresh water springs. While the Viceroy set up residence in Cochin his son Lorenzo commanded a substantial fleet into a naval battle just outside Cannamore and defeated the emperor of (see-a-li-severed) giving us free access to explore the coastal waters all the way south to Colombo. In 1509 the Viceroy commanded a fleet of 23 battle equipped ships north towards (bottom door in warplane) and attacked a combined fleet of Arab, Egyptian and Indian vessels in the great naval battle of Diu. On February the 3rd, they won a decisive victory for Portugal.



SOLUTION: You have just followed the Voyage of exploration and conquest commanded by Francisco de Almeida of Portugal in 1505 setting the foundation for Portuguese control of the Indies for the next 200 years. CLUES: (yellow bird water flow) = Canary Current, (murder-baby cry) = Kiwa, (place to drink Zanzi's?) = Zanzibar, (teaching sports without a and g) = Cochin, (see-a-li-severed) = Calicut, (bottom door in warplane) = Bombay.

ads@thenewsleader.ca

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hitch, \$8,500.00. (250) 292-8728 or e-
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Sep 19-tfn

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8121. Nov 28-tfn

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Nov 28-Dec 12

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lost

German Shepherd cross in vicinity of
27KM Princeton-Summerland Road.
Black with orange/brown markings,
red collar, 3-years old, spayed and
answers to Molly. Reward offered.
Contact John or Trisha Akerley at (250)
295-0010. Nov 28-tfn

German Shepherd cross in vicinity of
27KM Princeton-Summerland Road.
Black with orange/brown markings,
red collar, 3-years old, spayed and
answers to Molly. Reward offered.
Contact John or Trisha Akerley at (250)
295-0010. Nov 28-tfn

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Princeton & District Chamber of Commerce

ANNUAL GENERAL MEETING

7:00 PM Thursday, December 14th
Chamber of Commerce Board Room

Deadline for nominations for the 2007 Board of Directors
is 12:00 Noon, Friday, December 8, 2006.

Nomination Forms are available at the Chamber Office.

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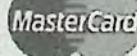
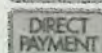
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found

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lost

Lost November 4th a pair of ladies bifocal glasses in bronze frames. Reward offered for their return. (250) 295-7965. Nov 14-tfn

can you help?

Reward offered (\$50.00) for information leading to the identity of whoever ran our dog down 26KM out Osprey Lake Road between 8:30 - 9:30 AM on Saturday, November 4th. Call (250) 295-0420 or 295-4144 at Three Lakes Store. Nov 14-tfn

Classified Advertising works or you wouldn't be reading this! For more information on how we can get help you sell your item, contact the News Leader Classified Advertising Department at (250) 295-4149.

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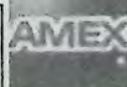
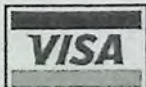
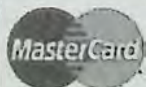
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my turn

Even just for a moment

The 'cold snap' last week was a good thing as far as we're concerned.

It made us aware of at least two things.

One, there is something about the traditional Canadian pastime of talking about the weather that takes your mind off of other things and,

Two, so much for global warming.

We've heard so many people in our office this past week say it was minus 20-something or better at their home that we forgot all about the best use of mercury - in a thermometer.

And you could bet just about everyone in the Similkameen Valley paid a whole lot more attention to the little glass vial of mercury in their \$2.00 thermometer than has been focused on 'that other mercury issue' for a long time.

John Tapics probably had no idea how much good a cold snap could do. It kept a lot of people off the streets and huddled indoors next to cranked up heaters or wood stoves and away from his pet project.

It forced a lot of us to come to grips with the fact that Winter is really here and maybe it's time to change the tires or hunt for winter boots in the shed or buy a new snow brush.

It's funny how a change in the weather changes so much of what we do and interrupts things we were already doing.

For a while we even heard conversations move away from current issues and slowly slip into speculation on how much more of this weather could we stand.

As if any of us had a choice.

But that's how it goes with the first real blast of Winter. Even though we all know it's coming, we just don't want to deal with it.

Then conversations morphed into bets on how many days the cold snap would last and even if it was for a week or so, it still wasn't long enough to kill off those little pine beetles.

For a change it was nice to hear people talk about their holiday plans, their Christmas shopping ideas and about planning a ski trip.

It was not much fun driving in near white out conditions in places on highways in and around the region, but it did keep our minds occupied on something other than we've been so focused on in recent months.

It was a nice change.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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Dawn Johnson



your turn

This issue won't go away

To the Editor,

Ignorance is bliss. In 1742, Thomas Gray, an English poet and professor of history at Cambridge University, penned the verse, where ignorance is bliss, tis folly to be wise. Lately, it seems for Councillor Maria Sadegur, ignorance is bliss. A couple of weeks ago, Compliance Energy, the company behind the proposed 56-MW coal-fired power plant, took three Princeton councillors on a tour of coal-fired generation plants in Alberta.

Following the trip, Councillor Sadegur, who was visibly moved by the trip, quickly dismissed concerns about the health risks from the emissions from coal-fired power generation, telling CHBC that, we found everything very pristine, no emissions from the plant, adding, its 99% pure, I don't think you can't get any better than that. She also went on to mention that mercury is already in the rocks around Princeton, and it hasn't hurt anyone.

Councillor Sadegur's argument on the CHBC report was consistent with what she told me a few weeks earlier in the Councils chambers, when she questioned the threat of mercury and other air pollution from the proposed plant and went on to tell me that her grandmother had lived near a coal plant for over fifty years and had yet to experience any ill effects.

Councillor Sadegur also stressed that she is waiting for the results from the environmental assessment before deciding whether or not she will support the proposed

plant.

In all likelihood, the coal-fired power plant will easily pass the BC governments weak and ineffective environmental assessment, which has been labeled as a mere formality by Councillor Jim Manion. Operating under the abysmal provincial standards, the plant would release over 2.6 kg of mercury and 140,000 tons of carbon dioxide emissions directly into the skies above the Similkameen Valley. BC's emission standards are inadequate and fail to protect the health of local residents.

Councillor Sadegur's low level of awareness is alarming. As an elected representative, she is failing to protect present and future generations of Similkameen Valley residents from the adverse environmental and social consequences of coal-fired power gen-

eration. Mercury that is in the ground and rocks should stay there, where it has no toxic effects. The proposed plant will diffuse at least 15% of the mercury emissions directly in the local air, which is of particular concern, as even low levels of mercury regarded as safe have been shown to cause serious health problems.

The recent trip to Alberta, paid for by Compliance Energy, seems to have left a lasting impression on Councillor Sadegur. The obvious question arises, as an elected decision maker, should she be accepting trips paid for by a proponent of a controversial (or any) project?

Ignorance is bliss for Councillor Sadegur, who is currently serving her first term as councillor. For the sake of the Similkameen Valley, lets hope its the last.

- Mike McLean, 2005 Green Party of BC Candidate for Yale-Lillooet

"I could hardly catch my breath..."

Coal is the dirtiest fuel you can burn.

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Current Comment:

Why are our children hungry?



Dawn Johnson
editor@thenewsleader.ca

I lived in Italy 45 years ago. I was appalled at the kind of poverty I saw there. I saw families living in hovels at the edge of the city, and we "rich" Canadians left good stuff from our garbage where the poor could find it, things like plastic containers with lids, and old clothing, towels, bedding, things we no longer wanted. We had a welfare society among the Canadian and American military stationed at our NATO base. We helped poor people.

Two welfare cases stand out in my memory. One of our women heard about an old woman living in a construction shack attached to the back of an apartment building. Our group investigated. The elderly woman had taken over the construction shack as a dwelling, but a very destitute dwelling. Her door was an old piece of fabric, she slept in a heap of old clothes on the floor, and cooked food over a fire made up of gleanings of wood from wherever she could find it. Our investigative team found that the apartment block manager knew the old woman was there, and turned a blind eye. The shack was not an apartment and he felt it was none of his business if an old woman lived in it. We helped her: a cot, blankets, a table and chair, and donations of food and fuel in winter. If we gave her too much, other desperate people might notice and steal from her.

The other case was a family comprised of man and wife and five children. They were found living in a cave in the sandstone bluff under the big cathedral near the center of the city. They had been kicked out of their apartment because the man had lost his job due to illness. It was near Christmas when they were discovered. They had moved all of their belongings to the cave and were living on what they could get by selling off their possessions. We discovered the man had been injured on the job, but would be well enough to work again in a couple of months. Although we tried to find them a place to live where we would pay the rent, nobody would rent to them because the man could not work. Our welfare group did the next best thing: we provided food and essentials for them, and made sure they had a good Christmas even if it was in a cave.

At that time, I felt so proud to be a

Canadian. In our country, this did not happen.

That was then. Now, it happens. Christmas is coming, and all of us will do our best to make sure everyone in our community has a good Christmas. We will save our collective conscious with our charitable acts, and we will enter the new year with our usual greedy motives in place until next Christmas. This is not good enough. One out of five Canadian children lives in poverty. On any given day of the year, thousands of Canadian children may be going to bed hungry, or going to school without a lunch. It happens right here in our community. Ask your local teachers about how they have to make sure every child has a lunch. There are homeless people in Canada, people without a roof over their heads. There are more of them every year. Our federal government has a big surplus. The Harper government is very proud of this surplus. At the same time, every government for the past decade has promised to do something about children living in poverty, and about homelessness.

Still, we have not seen any money sprung from federal coffers to help fund programs to alleviate child poverty and homelessness.

This year, go out and buy as much as you can to help the needy have a good Christmas. I know we feel better when we do this. As you provide this help, remind yourself it is a drop in the bucket. Remember you are helping just for Christmas, but these families must live another 364 days without your generosity.

If you care enough to help the poor, then you should care enough to send Prime Minister Harper and Alex Atamenenko a Christmas card saying, "Do something about children living in poverty, and make sure every Canadian has a place to live."

Let's face it: our Prime Minister and our Member of Parliament deserve to know how we feel about child poverty and homelessness.

Any Canadian proud of our nation should be proud enough to see that every Canadian has decent shelter and enough to eat. If we cannot provide these simple basics, what kind of a nation are we?

Marketplace Ministry

by Jim Caruso

Reunions.

I remember having received the letter earlier that spring. It was an invitation to attend my twenty fifth grad reunion (a few years ago now) in my home town of Princeton. Now to locate Princeton on a map, first you need to find Vancouver and follow the road to Hope and soon you will see that Princeton is beyond Hope.

I was surprised that the years had gone by so quickly. Here I was 25 years older and about to see people I hadn't seen since I was a lot younger and lighter. Maybe I should have entitled this article, Waiting to Exhale. I haven't seen the movie by that same title but I realize the concept. I was sure that I wouldn't want to exhale in the presence of alumni, as they would see that I had that dreaded furniture disease that affects so many middle aged people, you know when your chest drops to your drawers. Many people appreciate a pastor that is over weight. They can tell that the preacher is on the level, because the bubble is in the middle. My wife wanted to put me on a diet where I could lose ten pounds a month. She figured that in two years I'd be completely gone. I want to get down to my perfect weight, 182 pounds, it worked for me in grade 2. School reunions are difficult for some people to attend. Not only because they have lost hair and gained weight, (too bad that the opposite was not true, I could afford to lose some weight, and gain some hair), but because of who they were in school and what has happened over the years. In my case everything had to be uphill from graduation. I was voted most likely not to live, let alone succeed. I remember reading out of our annual for that year and as we sat around after supper together and laughing at our plans for the future. I was asked to do the honours of reading out loud, something I have improved on over the years. We laughed as we read each dream and when it came time to read my own, I realized how life had taken a different course that I had projected. My biggest goal in life in grade 12, as chronicled in the book of history dated June 1971, was that I wanted to become a welder and a keg maker for Labatts Brewery. As you can see or at least my classmates had seen, that I did not achieve all my goals, (I did become a welder for a good many years, but the other I did not accomplish). So many memories flood through your mind as you sit amongst people that you once spent a large part of your developing life with. Some of these memories are funny to remember, others are tragic, and yet for some there are only parts and pieces of the stories that they can remember. It can be memories that draw us to such a reunion or just the opposite may be true. Hurtful, shameful, or stressful memories may keep you away from such an event. Our class consisted of about 27 grads and of that number only 12 showed up for the reunion. One of our classmates was killed in a logging accident, two others were in Europe at the time of the reunion were unable to attend and others because of different reasons were not able to attend.

Everyone has memories. Memories are a collection of events in our lives that have emotions attached to them. These can be warm, happy, comforting, feelings or they can be painful, confusing or fearful feeling for the one involved. There are many memories that we wish we did not have to recall and actually we sometimes repress these memories and go through life not realizing or maybe more correctly, not dealing with our hurtful memories. Someone once said that every pain has a memory. Secrets are memories that have tremendous power over an individual. The Psalmist David writes in Psalm 51:6 Surely you desire truth in the inner parts, you teach me wisdom in the inmost place. It is the inner parts that we store our memories. When we have a secret or something hidden this secret or hidden thing has a power over us and we are afraid to be found out. We may be afraid of retribution, of embarrassment, of facing the pain or the loss of a friend, marriage partner, or job if our secret is exposed. When we have secrets, the secrets have us. Anything this is hidden the darkness of secrecy has a power over the holder of that secret. On the other hand, when that secret is exposed to the light of Christ it no longer has the power over the victim any longer so the person is free from that inner confusion and fear. Jesus said in the Gospel of John 8:32, And you shall know the TRUTH, and the TRUTH will set you free.

Pastor Jim Caruso - Oceanside Community Church, Parksville - pjcaruso@telus.net

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Brenda Engel
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Letter To The Editor

Green takes on the coal issue

The Editor:

I am truly disappointed with the hostile tone the very one sided Compliance Energy debate is taking. What should have been a rational debate about the positive and negative implications of the Compliance Energy Project for the Town of Princeton has, in just one month, deteriorated into a divisive mud-slinging. Through recent personal conversations I have found the views of the Save the Okanagan Similkameen committee (SOS) unshakable by rational debate and sadly, it appears that to present an opposing position has come to be seen as immoral, irresponsible or ignorant.

For the SOS committee supporters there can be no upside to the energy project. They must all be independently wealthy, because to them, economic issues just don't matter. The SOS committee declares itself for clean air, clean water, clean soil and good health (forgot world peace?). Who would oppose that! This cliché, however, does not pay the rent or put food on the table.

Of course, we want to protect our children from all possible harm but real life poverty and neglect inflicts terrible harm on children, sometimes visible, often not. It is NOT mere theory that poor nutrition and health care for the unborn and for growing children can have very sad developmental consequences. Child Poverty is the silliest buzz word of our time. There is no child poverty without adult poverty. Unemployed parents and parents on some form of assistance are a disproportionately

large segment of the Princeton community. If you doubt that, open your eyes and look with your heart the next time you are downtown. The suggestion that a power plant will somehow deter young families seeking their future from coming here defies reason. Young families have no reason to move here unless they are on some form of assistance or are already signed on with an existing employer like Weyerhaeuser; what would they do for a living?

This line of reasoning also did not wash with my, now probably former, SOS supporter friend. The response in a nutshell: Who cares about the chronically unemployed druggies and welfare bums!

I don't think that 40 or 30 or even 20 well-paid, full-time jobs are something we should dismiss lightly. It is a significant infusion of employment when you consider that our only substantial provider of work, the Weyerhaeuser mill, has only 240 full-time employees. The 200 temporary construction workers will undoubtedly spend considerable money on goods and services but that consideration is not as important as the permanent work force that will expand and enrich our community on all levels. Even Compliance Energy plant itself will require goods and services that can be provided locally. If Compliance can attract a large green house operator and other industry spin off, as they suggest, the circle of economic benefit grows even larger.

It is disappointing to see high profile members of the community, those to whom we look for rational guidance, in the forefront of opposition! The Town of Princeton should be their greatest concern, but it appears that I am the only one to notice that Princeton is deteriorating before our eyes. In the three plus years I have lived here Napa closed shop, eventually replaced by the Copper Mountain Western supplies store, now also rumored to be closing. Work Wear closed; the fledgling Garden Centre has given up. Our bakery has closed for the winter because nobody could be found to run the place for the owner and our only heritage character building, the hotel, will soon be a distant memory. Need I go on!

Princeton has grown old, not fashionably trendy old: just old. Nothing fresh and new graces our town core. The only recent development has straddled the highway. I sometimes wonder how our downtown merchants survive, never mind thrive.

It is our community leaders who should have been organizing a true information meeting. One were both sides of the debate could explain their positions without harassment, with an unbiased mediator, with one or two scientists from appropriate fields who can clarify areas of dispute for the audience. I sincerely hope they still will! I will

certainly be there!

The SOS meeting of Nov.2 was not an information meeting. It did not pretend to be. It was aimed at rallying opposition and it obviously succeeded. The Pembina Institute and Wildsight, the principal speakers, represent the environmental movement. That's like asking the NDP what they think of the Liberals. Based on this, we the jury, are asked to pass judgment on Compliance Energy. That would be rendering a verdict when only the prosecution has been heard. I cant do that: no one should!

We, as a community, are being urged to rise up in protest against Compliance Energy. Environmental advocates tell us that we must save the Similkameen Valley! FROM WHAT: a little prosperity for Princeton? Now Wildsight is promising a STAND-OFF! Like what; are you going to blockade Highway 3?

As I have said in previous letters, I have also investigated and I do not believe that the energy project will do us or our children further harm. It may not be a billion dollar gasification plant but it will not be the smoke spewing caricature that people are painting.

Like many, I wondered why coal and biomass now, and why here?

MLA Harry Lali blamed the Liberals because they are capitalists; by definition insensitive to environmental issues. It is an energy hungry world. People need and demand power to run their daily lives. The government, regardless of political stripe, must deliver this service; hence the current government has been forced to consider all reasonable alternatives short of nuclear.

Thirty-eight contracts to Independent Power Producers were awarded July 27, 2006 (see www.bchydro.com): 29 hydro (water driven), three wind, two biomass, two waste heat and two coal/biomass projects expected to produce roughly 7000GWh of electricity yearly. Of these, Tumbler Ridge (coal/biomass) is by far the largest with an expected output of 1,612 GWh. The Princeton project is comparatively small with only 421 GWh. Most of the hydro and wind projects are small producers but when all are put together they are expected to meet the needs of the Province.


Critics fail to mention that vigorous opposition from environmental and native groups has made large hydroelectric dam projects impossible to get off the ground. Run of the River projects are also being opposed by communities for environmental and aesthetic reasons. For wind and solar power you need the right terrain and a company willing to risk a large amount of money on a weather driven resource. It seems so far nobody is willing to take a chance on stable sunshine. Coal andcontinued on Page 25

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Princeton Store Manager Ray Poole





The John Allison Elementary School PAC-sponsored Christmas Basket Raffle has returned! A total of ten baskets, each with a theme, were created by classes at the school. Funds collected through raffle ticket sales will go towards a school based project or program through the PAC. Photo: Brenda Engel. *

.....continued from Page 24 biomass projects also can't go just anywhere. They need a reliable supply of coal and waste wood to be viable. Tumbler Ridge and Princeton were considered appropriate candidates. At this very moment a very exciting tidal power demonstration project is underway at Race Rocks. At www.racerocks.com you can watch the work in progress. Someone tell me please, what is so wrong with all of this?

The projects are very dominantly green and diverse. Without Tumbler Ridge and Princeton we power gobblers would be short over 2024 Gigga Watts. The total output of all the coal and biomass projects is 2778 GWh. The remaining 35 projects, on average, produce only about 130 GWh each. If the coal and biomass project were eliminated, where would all this power come from? What would you have the government do?

Maybe we should hold our noses and go nuclear and have all this hassle behind us! It is easy to be an armchair quarter back. Mr. Lali would do us a greater service if he directed whatever influence he has to upgrading Highway 3.

It seems that demystifying coal is also in order for those under the age of around fifty, maybe even sixty. Coal is not some new, evil element from the bowls of hell. Until the 1950s it was the fuel that powered just about everything.

Coal, most simply put, is nothing more than CONCENTRATED vegetation, mostly trees; highly dehydrated and compressed for many millions of years within the earth. Everything that was ever in the original plant life is still there, minus the water, and the oils and the gases, all of which we extract separately. Think about that when you light your wood stoves and burn your garden clippings. Early humans began using fire 790,000 years ago. It

gave us an incalculable advantage over all other life. In spite of the environmental ignorance of our ancestors, we survived and thrived and rule the planet! Thank you, Dawn Johnson, for making this point.

I wish it were a perfect world with abundant, absolutely clean and affordable power and completely harmless industry. We are striving to that end but we are not there yet! Who knows what wonders the future holds and what miracles of technology will emerge. Massive research efforts are going on all over the world and we have good reason to be optimistic. We can hope for the future, but we have to live in the present!

If not Compliance Energy; then what? When will we have another

substantial industry knock on our door? Will anything ever be good enough, clean enough? Will we ever again grow into the vibrant town Princeton was in its glory days when it was the focal point for the surrounding prosperous mining towns? Will we ever again merit a grand hotel like the one we lost, or a new Overwaitea, or at least a paint job for Fields?

Should Weyerhaeuser one day decide that Princeton is no longer a money maker, forty years from now Princeton may be a mere collection of gas stations along the highway, given of course, that were still using gas. Maybe by then we will have cars that can independently convert water to hydrogen and they'll just zoom, zoom by!

- Karin Green, Princeton

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What You Need To Know About Converting An RRSP To A RRIF

A Registered Retirement Savings Plan (RRSP) is a great way to save and invest for retirement. But you can't save forever.

At some point, you'll use the funds you've accumulated in your RRSP for retirement income. You can wait, but not past a certain age. Government regulations require you to wind up your RRSP by the end of the year in which you turn 69.

When it's time to draw on RRSP funds for income, there are three basic choices. You can convert your RRSP to a Registered Retirement Income Fund (RRIF), buy an annuity or take the entire amount in cash. (Or you can combine any of these options). In reality the first two options are the most popular, because receiving funds in cash would result in a whopping income tax bill in a single year.

RRIFs are by far the most common choice. They offer investment and income flexibility, and let you keep the same investments you held in your RRSP. They're also widely available from financial institutions and can be tailored to meet your needs. If you want maximum flexibility you can open a self-directed plan.

A RRIF is similar to an RRSP, only you withdraw money instead of contributing funds. Your investments grow tax deferred as long as they remain in the plan. Amounts withdrawn for income are taxable.

You can withdraw as much as you want from a RRIF. However, a minimum annual withdrawal is required under government regulations. This is based on your current age, and the value of your RRIF.

If you turn 69 this year, you should already have started the process of winding up your RRSP. Most financial institutions require at least a month's notice to complete the necessary transactions. Failure to wind up your RRSP by December 31 could result in the entire amount being converted to cash and considered income in one year. It would then be taxed accordingly.


The main alternative to a RRIF is an annuity. With an annuity you create a simple income stream, without the chore of managing investments.

You can buy a life annuity, through which you provide a lump sum to an insurance company in exchange for a guaranteed income stream for life. Payments, usually made monthly, are a combination of investment returns and repayment of part of your principal amount. Generally they're fixed for the term of the annuity. Some types of annuities provide payments until age 90, or offer different features.

You don't have to choose between a RRIF and an annuity. You can combine the two so an annuity provides a predictable income stream in retirement and a RRIF gives you a chance to exercise greater control over part of your assets.

Speak to an investment representative before you make a retirement income decision. With professional help you can select the right income option for your needs.

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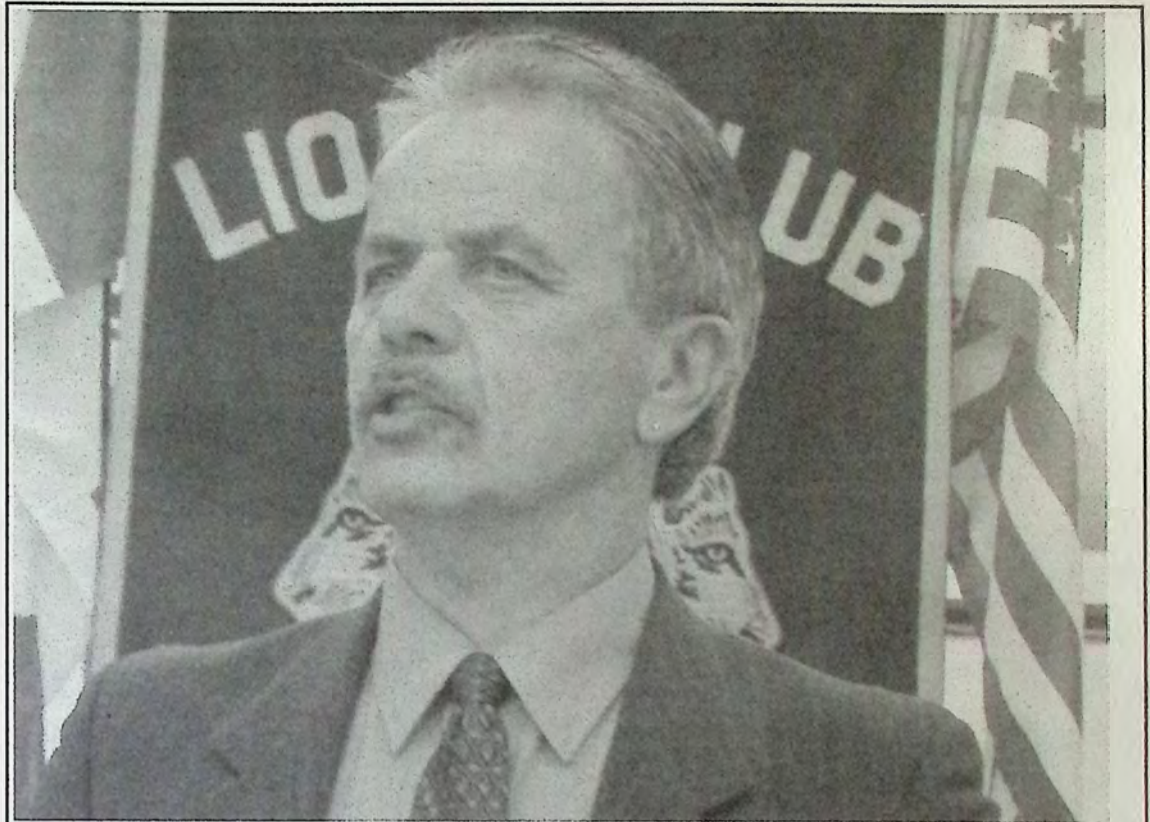


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Princeton Lions Club President Keith Olsen during the 37th Charter Night Celebration November 25th. *

NDP demands Conservative action

"The Conservative government has dragged its feet too long on AIDS funding and World AIDS Day on December 1st is a unique opportunity for action," says NDP MP Alex Atamanenko.

Atamanenko called on Health Minister Tony Clement to keep the promise he made at August's international AIDS conference in Toronto and confirm his governments support for the fight against the AIDS epidemic.

"In September, Tony Clement promised a funding announcement would come soon," said the BC MP. "But people with HIV/AIDS are still waiting. It's time to deliver."

Atamanenko was referring to the funding announcement promised by the Health Minister earlier this year. Conservative officials deemed the international AIDS conference too politicized to be a suitable place for making an announcement, and promised action within a few weeks. To date, no announcement has been made.

"The fight against AIDS is far from over," stated Atamanenko.

"We as Canadians have an obligation to the fight against this disease at home and abroad and we should not forget to remind the Conservatives of this. The Conservatives have dropped the ball, keeping international advocacy groups like the World Health Organization and the Global Fund to Fight AIDS in limbo as they wait on the Canadian governments funding announcement."

AIDS advocates have called on the government to commit at least \$50-million to AIDS programs and services. NDP Health Critic Penny Priddy has vowed to dog the Minister of Health until a firm commitment is made.

Cheryl Dowden, Executive Director for ANKORS, Kootenay/Boundary AIDS Network, Outreach & Society, states, "right now, the Federal Government has the opportunity to take a clear leadership role both globally and nationally when it

comes to HIV/AIDS. The Conservative government must keep in mind that people living with HIV/AIDS do not have the luxury of waiting for the government to deliver on its promises. In fact, since the International AIDS Conference, 750,000 people world wide have died of AIDS."

"In rural British Columbia, people living with HIV/AIDS face conditions similar to those in the developing world. Poverty, affordable housing, isolation, stigma, lack of expert health services compound the challenges faced by those living with the disease in rural areas. By delivering on the promise made at the International AIDS Conference to make a public announcement on the Federal Governments commitment on HIV/AIDS, Health Minister Tony Clement will be able to provide an answer to the question held by Canadians: Is this Government a true leader on the world stage when it comes to addressing the greatest health crisis of our time?"



Princeton Flyers and Valley First Princeton Posse participated in the Light-Up Parade December 2nd. *



Princeton Community Services entry in the Christmas Light-Up Parade last Saturday afternoon. The event attracted a total of 26 entries in Commercial and Non-Commercial Categories. *

Letter To The Editor

Former resident talks coal

To The Editor;

As a long time resident of Princeton from the years of 1972-1980 and again 1997-2005 I share concerns of the local residents regarding the coal-fired generation plant. For the reasons outlined below I believe it will have a negative impact on the quality of life in the Similkameen and Tulameen valleys.

All residents of BC and Canada should take exception to the use of coal-fired generation but it is the proposal in Princeton that is the focus of my comments. It is well known that emissions from coal-fired generation are significant both in the forms of gas and solid (dust). These emissions cause irreparable damage locally and add to the greenhouse effects globally. Recent energy demands by the global community have put pressure on politicians around the world to relax their diligence in order to increase energy supply.

This has moved the onus of decision making from science to economics and the obtaining of votes today is not particularly beneficial to the future of our children and grandchildren. I take exception to the comments made by the esteemed councilor after her visit to the Alberta generation plants. "No emissions and 99% pure!"

An informed comment about air quality and emissions would require that you to know what type of coal is being burned and what the quality of that coal is. Although there are three main types (bituminous, sub-bituminous and lignite) which themselves can vary significantly in the amounts of toxins such as SO₂, Hg, it is my understanding the Compliance Energy want to burn the garbage from their Coalmont

Mine along with a wood supplement.

I suggest you be sure this does not include hydrocarbon waste from other sources as well. The amount of contamination being discharged is in some way proportional to the level of contamination going in. 99% may sound great as a percentage number but it isn't brilliant if you are generating 2,000 kilograms of emissions a day and putting 20 into the surrounding environment. In most cases we think of emissions as solid or chemical but heat and humidity must also be considered. It is likely that this plant would contribute significantly to the valley's inversion layer during the winter months. Hence those beautiful clear crisp days that Princeton can be so well known for will be reduced.

I have been in the mining business for over 40 years, of that time I spent more than 30 of it as a laboratory manager, research chemist or chief assayer at mines and commercial laboratories around the world. I am a certified assayer in the Province of BC. When it comes to coal-fired generation I have yet to see a practical application of environmental controls that will achieve zero emissions or 99% pure. What emissions are included in this radical statement (no emissions and 99% pure), what emissions are omitted and what percentage of each of the included emissions is recovered. Once it is recovered what is being done with it? "Oh, I forgot, you have a convenient land fill site in the old Similkameen Mine Pit for this toxic waste!" It may be important to point out that the best recovery for mercury in any studies of actual operating plants is 85%. Keep in mind, this is only recovered, you now have it, you

have concentrated it and you have to do something with it.

Comparing coal generation plant in the foot hills or the prairies to one in the mountains is absurd. Up until the last part of the 19th century mine smelters used the philosophy that the "solution to pollution was dilution", they therefore built plants with increasingly high stacks to dissipate the SO₂ and flume gases. Moving the contamination higher and further from the source increased dilution with air and reduced the high emission levels close to the plant. We have probably all seen the result in places like Trail and Sudbury. My point here is that in the prairies the emissions are more readily diluted and less noticeable than they would be in the closed river Valley's of the Princeton area.

Part of my reason for returning to Princeton in 1997 was to make it my retirement home and enjoy the pristine beauty of the Similkameen and Tulameen Valley's. A contributing factor to my leaving last year was the potential loss of that pristine valley. Provincial and regional approved projects such as waste disposal at the Similkameen Mine, coal-fired generation proposals and the more destructive exploitation of coal bed methane put the natural beauty and serenity of the Similkameen Valley at risk.

Meeting the requirements of poorly conceived regulations or emission limits will be of little consolation in fighting the assault of global warming. Princeton has been put on front lines of this fight and along with that comes the opportunity to take a stand and contribute to the fight against global warming. The instant gratification is that you also preserve the natural beauty of your Valley.
- Jack Stanley, Vernon

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Secrets To A Successful Retirement - Part 4 of 4

Risk in relation to prospective reward, and the balancing of the two, are what investment is all about. If the focus is growth, there must be risk; the greater the sought-for growth, the higher the risks. Therefore, the greatest potential rewards are found in young companies in their formative growth stages, when the risks are highest. These types of stocks are called small cap, and there are growing numbers of them available. Like seasoned growth stocks, small cap stocks are a 'must have' in every growth portfolio. However, to temper the above-average risks, I usually recommend either a package approach or a mutual fund that invests in a number of small cap stocks.

The longer term impact of saving at a compound rate of interest can be astounding. What's more, the benefits of compounding apply even more forcibly to dividends. While interest is an annual constant, dividends in successful companies rise over time, with the result that the continuous reinvestment or rising dividends has an added compounding effect. Dividend reinvestment is often facilitated through dividend reinvestment plans, and can boost the long-term returns on successful equity investments considerably. In effect, by reinvesting dividends, the power of compounding can make assets invested in dividend-paying equities work over time. If you don't need the income for current cash flow purposes, I urge you to work through reinvestment.

It is never too late to put successful investment strategies in place. The worry-free retirement that we all must aspire to, but must now make happen ourselves, lies in the implementation of a well thought out retirement strategy. There is no denying the complexities of modern-day investing. On the other hand, our parents never had anything like today's range of investment products and services, and access to professional financial advice, with which to plan and build for their own long-term futures. The ingredients for successful investing are in place as never before, and you should be all the more confident in setting up and pursuing growth strategies.

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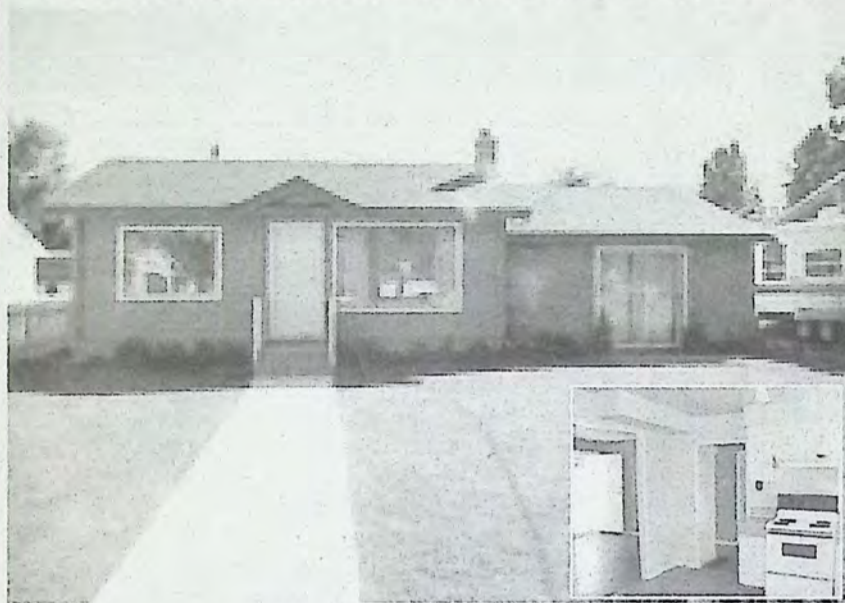
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John Vaccaro is an Investment Advisor and Greg Stewart is an Associate Investment Advisor with CIBC Wood Gundy in Princeton. Comments and opinions expressed herein are the result of work done by John Vaccaro. They may differ from the opinions of CIBC World Markets Inc. Research Department and should not be considered representative of CIBC World Markets Inc.'s beliefs, opinions or recommendations.

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| <p>COMMERCIAL</p>  142-3rd Street MLS#32878 \$289,000 Prime location for office space in two buildings close to downtown core. |  181 Missezula Lk MLS#37597 \$395,900 Custom built home at Missezula Lake. Too many features to list. |  228 Link Lake Rd MLS#35687 \$73,500 Private, treed, .46 of an acre at Link Lake. Close to boat launch. |
|  3478 Highway 40 MLS#36737 \$395,000 6.20 acres of unobstructed lake view backing onto Trans-Canada Trail. |  Lot A Trout Creek MLS#36140 \$360,000 70 acre parcel with several building sites. Only minutes to four lakes. | <p>COMMERCIAL</p>  253 Burton Ave MLS#36241 \$419,000 Steady clientele with loads of growth potential. |
|  186-2nd Street MLS#36880 \$277,000 Tulameen treasure! 3-bedroom one level with large shop. Otter Lake nearby. |  2255 Highway 40 MLS#35665 \$159,900 Five level acres with frontage on Hayes Creek. | <p>COMMERCIAL</p>  199 Highway 3 MLS#35180 \$349,000 Highway access and living quarters in 2 storey building. |
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