

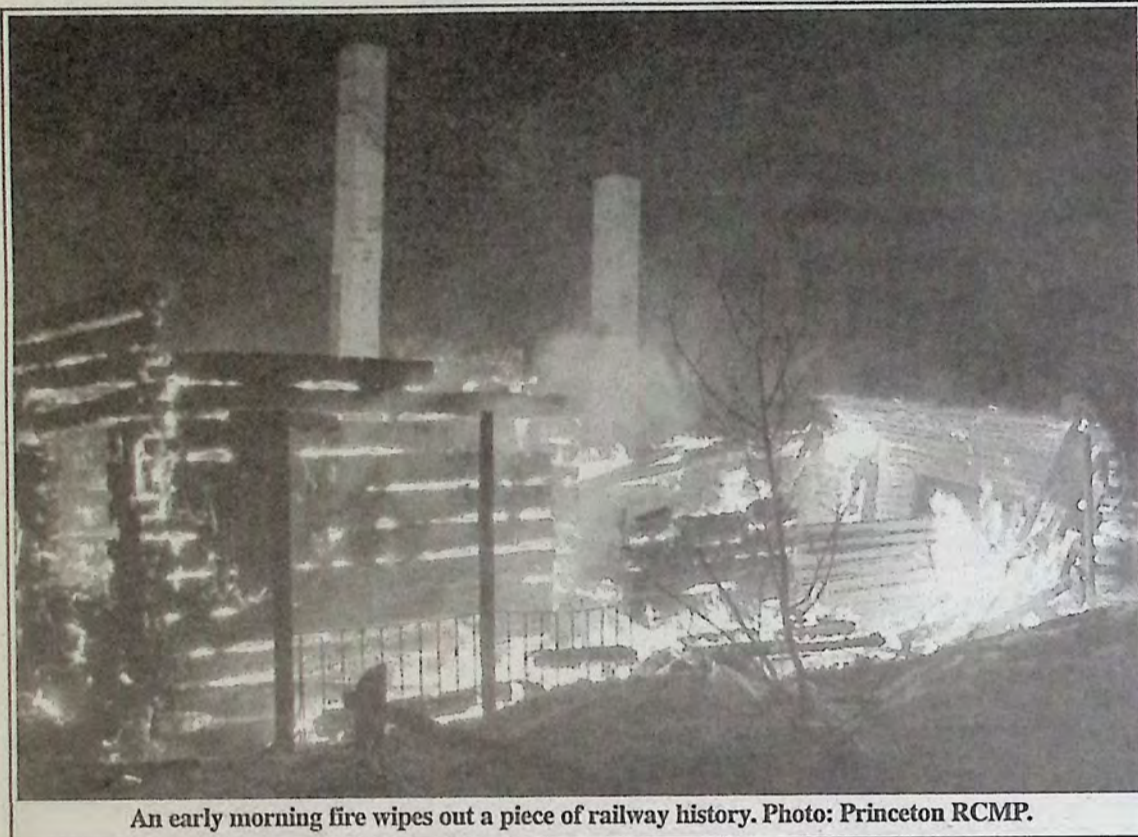
Similkameen News Leader

AN INDEPENDENT NEWSPAPER - THERE ARE NO CHAINS ON US!

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Fire destroys historic cabin



An early morning fire wipes out a piece of railway history. Photo: Princeton RCMP.

Former KVR stop could not be saved

Princeton RCMP report one of the oldest log cabins in Bankier was lost due to fire early in the morning of Tuesday, January 23rd.

The cabin was used as a stop along the Kettle Valley Railway when it was in operation.

There were subsequent additions and renovations done to the cabin since it was built in the early 1900's.

"No one was hurt or injured, the lone male occupant had a fire going in the fireplace, the fire erupted in

the chimney and attempts to put it out failed," reports Princeton RCMP Cst. Myrl Stus.

"The owner then saved what he could out of the cabin before the fire took it completely over."

RCMP from Princeton, BC Ambulance, FortisBC and Hayes Creek Volunteer Fire Department attended, "but there was little that could be done but try to contain the fire to the structure and save the surrounding buildings."

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Princeton GSAR reports busy year

In the words of Princeton Ground Search and Rescue Society President Arnie Powell 2006 was "probably the busiest year for us."

With a total of ten call outs, that's up from previous years. In February of last year GSAR members were called to Poland Lake in Manning Park to help locate two lost campers, and assisted with an injured cross-country skier carry out on the same day in the Fat Dog area.

In May they provided mutual aid support in Armstrong during a search for a missing girl and attended a plane crash at Osprey Lake in July.

August saw members called to help rescue a girl on a cliff along the Trans-Canada Trail near the ochre bluffs and assist with an overdue mountain biker search at Cayuse Flats.

GSAR members assisted in September with Tatoosh Fire evacuation alerts visiting cabins in the Eastgate and Pasayten areas of Manning Park and helped with an

overdue hunter call at Connelly Creek in October.

In November, it was an overdue grandfather and two children and in December the call was for assistance with a water rescue related to a motor vehicle accident near Wolfe Creek.

With only a total of 14 members, Princeton's GSAR group kept busy in 2006 with many training opportunities.

In addition to members taking the GSAR Course, Peter Hartinger from Princeton Highway Extraction has provided valuable rope training exercises; members completed their 'over-nighter' requirement and participated in a mock search exercise on Snowpatch Road.

"We definitely need to do more of these as we could use the practice," Powell told the group during their January 23rd annual general meeting.

Members of the group also attended Tracker Training Courses and participated in the Critical Incident Stress De-Brief Program and

attended an Ashnola Campout with other area SAR teams and the SAR Managers meeting in Kamloops.

In reference to Tracker Training, Powell stated, "We need to get more people into this as it's good to know."

PGSAR Secretary Randy Rorvik added, "You get to train you brain to see what your eyes see."

Highlights over the past calendar year included the formation of the South Okanagan Similkameen SAR group bringing together search and rescue squads from Princeton, Keremeos/Penticton and Oliver/Osoyoos, an initiative of the RDOS, which also provides some funding to each member group.

Weyerhaeuser Princeton provided \$5,000.00 in the past year, which allowed for the purchase of two rescue boggans and \$1,000.00 from the Legion was used to purchase rope rescue gear with other items such as helmets, headlights, personal floatation devices and reflective materials being purchased with leftover funds.

Other highlights included the purchase of the new SAR Hall (the former Argo Maintenance Yard building), an ATV/snowmobile trailer purchase, new radios and various other pieces of equipment.

The group also participated in the Lions Duck Race/Auction, the Emergency Preparedness Week Demonstration and a demonstration at the Fire Hall hosted by Princeton

RDOS does not approve bylaw

Formally known as Bylaw 1725.11, the Regional District Okanagan Similkameen did not proceed with an amendment to the zoning of a property located at 4282 Princeton-Summerland Road.

The applicant was seeking to amend the current Small Holdings 1 zoning to Small Holdings 2 to facilitate a subdivision of the property into two parcels. The decision to hold on the amendment took place at the January 18th RDOS Corporate Board meeting.

emergency service providers.

Powell summed up his report with the comment, "We're getting more and more stuff done as we're learning."

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News Leader
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**This month Similkameen News Leader
salutes Princeton Posse...
Look for Player Profiles throughout this issue!**

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LET'S TALK!

AT YOUR SERVICE!

When should you make your RRSP contribution?

Deductible RRSP contributions for the current year can be made at any time during the year or the first 60 days of the following year. However, to take full advantage of the tax-deferred compounding of income in your RRSP, your contribution for a particular year should be made as early as possible in the calendar year. If you make your contribution for the year in early January instead of at the end of February of the following year, you will benefit from more than an extra year's compounding of income for each contribution which could make a significant difference in the value of your RRSP when you retire.

Assume that you contribute \$10,000 to your RRSP annually and that you will earn a 6% return on these funds. If you contribute the \$10,000 at the start of each year, your RRSP will be worth about \$390,000 at the end of the 20th year. However, if you wait until the end of each year to contribute, you will only have about \$368,000 in your RRSP at the end of the 20th year. By contributing at the start of the year, your RRSP will be larger by \$22,000.

You can also reduce the money you need to make your contributions by getting the benefit of your tax deduction when you make the contribution. In order to have your income tax withholdings reduced, you must make a written request for a letter of authority from the CRA. This request can be made by completing and sending Form T1213 with evidence of your contributions, such as receipts. The CRA will then provide a letter to you which you can give to your employer authorizing them to reduce the income tax withholdings from your salary. If you contribute to a group RRSP at work, your employer can automatically reduce your income tax withholdings, taking your contributions into account. Finally, if your employer will agree to pay part of your salary or an amount, such as a bonus, directly to your RRSP, they will not have to withhold tax on this payment provided that the amount contributed does not exceed your RRSP deduction limit (as reported to you by the CRA each year on your Notice of Assessment).

THESE TIPS AND INFORMATION ARE INTENDED TO HIGHLIGHT GENERAL TAX RULES AND PLANS AND SHOULD NOT BE USED AS A SUBSTITUTE FOR APPROPRIATE PROFESSIONAL ADVICE RELATED TO YOUR SPECIFIC CIRCUMSTANCES.

Accountant & Business Advisor

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e-mail: Randy.Clark@telus.net



Princeton resident Paul Adams is now the Executive Director of the British Columbia Wildlife Federation.

Adams sets priorities in new role

At the recent Board of Directors meeting for the BC Wildlife Federation Paul Adams was confirmed as the new Executive Director for the largest and oldest conservation organization in British Columbia.

In confirming the appointment, President, Wilf Pfeleiderer said "The executive and Directors of the BCWF have every confidence in Paul's abilities and experience to maintain the critical work of the Federation in the crucial areas of fish and wildlife habitat conservation. Paul will work tirelessly on the environmental challenges of this Province."

Adams himself has made it clear that his main priority is Education specifically in the areas of healthy lifestyle options, conservation and environmental impacts. He suggested that the Federation would continue to work closely with all

levels of government, public and private parties on issues that are important to BCWF clubs and the general public in BC.

The BCWF delivers the Conservation and Outdoor Recreation (CORE) program for the Province and prior to accepting the position of Executive Director, Adams was the Manager of Hunter Safety and CORE. His innovative approach to this program has yielded positive results for the course and has increased the visibility and profile of outdoor education.

"Education and communication are critical elements in the continued evolution and success of the BCWF. It is time to revitalize the image of Conservationists in British Columbia. Ongoing development of our educational programs like Kids for Conservation, Wetlands Education, Becoming an Outdoors Woman, Wilderness Watch, Fishing Forever and CORE are fundamental underpinnings for the BCWF in everything we do," Adams told the assembled Board members.

"Not only am I committed to the future of fish, wildlife and their

habitat, I have a strong history of working on conservation and environmental issues. I have some positive ideas for streamlining our processes based on successfully operating several businesses in the past," Adams continued.

"The theme for our 51st year as the Federation is Partnership and I intend to solidify and expand our current network of supporters. The Federation has a strong voice and it will be both listened to and heard," says Adams.

With 128 clubs and more than 30,000 members, the BC Wildlife Federation is the largest and longest standing, province-wide, voluntary and locally funded conservation organization in British Columbia and is the voice of conservation-committed hunters and anglers in the province.

"My focus," says Adams, "will be on expanding our educational and outreach programs throughout the Province. I have some very specific goals for the next six months and I expect involvement at all levels of government as well and the continued co-operation and support of the BCWF membership."

Princeton Posse KIJHL Hockey

2006-2007 Season Schedule

- FRI FEB 02 - CASTLEGAR
- SAT FEB 03 - GRAND FORKS
- SUN FEB 04 - @ Summerland
- WED FEB 07 - KAMLOOPS
- FRI FEB 09 - @ Sicamous
- SAT FEB 10 - REVELSTOKE
- TUE FEB 13 - @ Summerland
- FRI FEB 16 - @ Revelstoke
- SAT FEB 17 - GOLDEN

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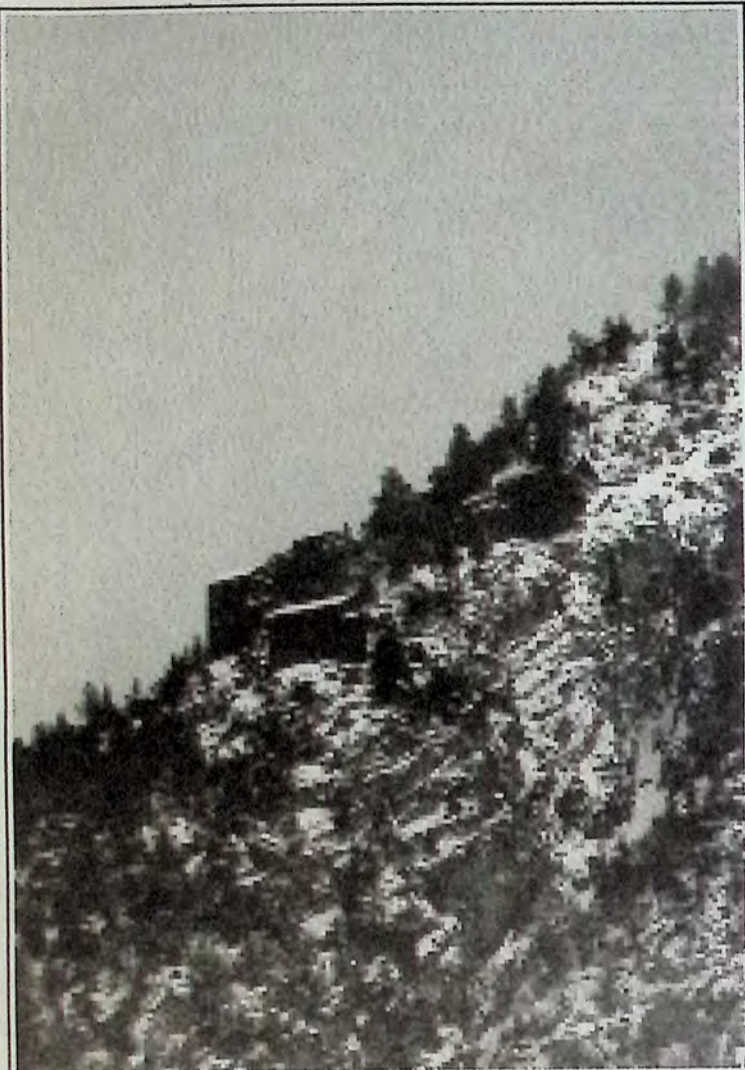


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Explore The History Of Mining - Gold, Copper and Coal



The Mascot Mine site takes on a different look when viewed from downtown Hedley after a light dusting of snow. *

Riverside is lively

Riverside Centre is a busy place these days. Nadine McEwen and Lyle Thomas were guests at the January 24 Arts Council meeting where McEwen talked about all of the activities booked for the Centre.

She has prepared a small brochure listing activities, times, instructors and costs.

McEwen pointed out that there are a lot of arts and cultural activities for both adults and children, but the children's arts and crafts activities are very popular. There are some sports activities and yoga. The brochure will be available to the public soon.

Del Hall informed members that the BC Assembly of Arts Councils gave a glowing report of last year's Riverside Open House. This year, Arts and Culture Week will be different.

Princeton Performing Arts Group will put on their first public performance in April to begin Arts & Culture Week. The week will end with a ballet performance by Ballet

Kelowna. Vermilion Artists plan to present an art show during the week, April 22 to 29. This show will feature the work of Maryanne Campbell and Miranda Grigg, who won the Vermilion Artists bursary in 2006.

Hall said the booking agent for country and western singer Gary Fjellgaard had contacted her asking Princeton Concert Society if he could be booked that week as he is on tour. Members of the Arts Council felt that the week was already booked with events, so decided to refuse due to the schedule. At the same time, members were pleased that well-known performers, such as Fjellgaard and Ballet Kelowna, are showing and interest in including Princeton in their itineraries.

A lot of business was done at this meeting, and a number of members would be away during February, so the February meeting will be cancelled. The Arts Council will meet again on March 21 at Riverside Centre.

GSAR elects new board

Princeton Ground Search and Rescue Society hosted their annual general meeting on Tuesday, January 24th where Arnie Powell was returned as President. Brian Hurd was elected Vice President and Randy Rorvik continues as Secretary with Erika Leschert returned as Treasurer. Directors for the next year are Devin Huff, Lorraine Stubbins, Trina Adams and Randy Gibson.

The group also listed a number

of businesses and individuals who they wanted to thank for their support over the past year. The list includes Similkameen News Leader, Princeton Lions Club, Royal Canadian Legion, Town of Princeton employees and Council, Regional District Okanagan Similkameen, Ty French Heating, Hayes Creek Electric, The Source, Young's 5¢ to \$1, Hayes Canyon Road Maintenance, Bill Quinlan, Peter Hartinger and Weyerhaeuser.

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Princeton Posse Player Profile

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#12 - Matt Arnold

Forward - Shoots Right - 5' 11" - 180 lbs.
Hometown: Smithers, BC

keremeos and area news



Take a good long look at this. Similkameen Country will be replacing this small Visitor InfoCentre building with a much larger facility. It's located at Memorial Park. *

2007 events schedule released

Similkameen Country has released the 2007 events schedule for Keremeos and area.

The list contains a total of 27 events planned for the Lower Similkameen beginning with Keremeos Garden Club's Whist Drive Silent Auction on February 3rd in Victory Hall. The annual President's Club meeting on February 15th in Victory Hall and the second annual Health Fair on February 17th, also in Victory Hall, follows that event.

The Keremeos Cawston Game Banquet, hosted by the Sportsman Club, is planned for March 2nd in Victory Hall and the Catholic Church will be the location of the annual St. Patrick's Day Tea on March 17th.

The annual Chopaka Rodeo will

take place on April 8th at the Chopaka Rodeo Grounds with Don & Anna's Greenhouses hosting their annual Easter Fun Sunday on the same day.

Stamp Mill Days, complete with parade and other family-oriented events, is planned for May 5th in Hedley with Mother's Day at the Mill set for May 13th at Keremeos Grist Mill.

The Hedley Ball Park will be the scene of the annual Hedley Slo-Pitch Tournament from May 19th to 21st.

Keremeos Rodeo weekend starts May 19th with the Lawnmower Races at the Rodeo Grounds with the annual Elks Rodeo on May 20th and 21st and the annual Parade on the 21st in downtown Keremeos.

Grant application approved

The Regional District Okanagan Similkameen (RDOS) approved a grant for the UBCM Tourism Grant program at their January 18th Corporate Board meeting.

Similkameen Country applied

for \$6,000.00 from Electoral Areas B and G for an Agri-tourism and Events Development Project.

The grant application has been forwarded to the UBCM for approval.

Keremeos Lions Club Carnival, currently without a set date, will likely take place next on the calendar of events with Music Under the K running from May 24th to 27th in various locations in Keremeos.

Father's Day at the Mill is planned for June 17th at Keremeos Grist Mill with Canada Day Celebrations on July 1st in Memorial Park.

Kars Under the K will take place August 5th in Memorial Park, Keremeos.

Hedley Ball Park will host another Slo-Pitch Tournament from September 1st to 3rd with the 6th annual Similkameen Sizzle Pepper Festival planned for September 15th in Memorial Park and Victory Hall.

The Terry Fox 5-kilometre Run will be on September 16th with the start set to start from Memorial Park. Annual Fall Apple Day will likely take place in September or October at Keremeos Grist Mill, although a firm date is not currently set. The same for the annual Great Zucca Reunion and Gourd Festival at the Grist Mill.

The 11th annual Taste of Our Valley will be held in Victory Hall on October 20th followed by Remembrance Day ceremonies on November 11th.

The Keremeos Christmas Light-Up Parade will be on December 7th with the final event of the year, Christmas Arts and Crafts Weekend, on December 7th to 8th at various locations in the community.

For more information on how to participate or who to contact concerning any of these events, call Similkameen Country at (250) 499-5225.

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BEA Chairman John Akerley, centre, hands cheque to Chamber of Commerce President Gerri Swanson. They are joined by Chamber Directors Rick Hudson and Barb Trainer. *

BEA folds up it's tent

The Princeton and Area Business Enhancement Association has decided to cease operations.

Although memberships in the PABEA are stable, there has been a noted decline in members willing to serve as Directors to the Association.

At the AGM held in December, although there was a quorum, there was not sufficient interest demonstrated to elect a slate of Directors for the upcoming year.

A second meeting, and a personal plea to all members was initiated by the current President, John Akerley. The second meeting held January 18th, again failed to raise from the membership interested leadership for the organization.

As a result it was therefore decided by the members present, that after five years of service to the community it would end its operations.

It was further decided by those members present that the Association would hand over, in trust to the Chamber of Commerce, any residual monies left in financial accounts, after payment of invoices due, for the improvement of the Chamber's

Trade Show display now underway.

It was felt by the members present that this initiative of the Chamber of Commerce directly affected business enhancement opportunities.

PABEA President John Akerley encourages those business who

held membership to seek membership in the local Chamber of Commerce and to contribute their efforts to activities of the Chamber and perhaps contribute to assisting the Chamber of Commerce with local business enhancement activities.

- submitted

Princeton GSAR needs your help

If you are looking for a local non-profit organization to help this year, Princeton Ground Search and Rescue could use a hand in a variety of ways.

In addition to always welcoming new members, the group could use at least a half dozen chairs in good condition for use during meetings. They could also use translators.

If you can speak a foreign language, for example, French or German, Princeton GSAR would

really like to hear from you.

Often members are called out to rescues that involve tourists from non-English speaking countries and would like to put together a resource list of local residents willing to act as translators when needed.

For more information on how you can assist the Princeton Ground Search and Rescue Society contact Secretary Randy Rorvik at (250) 295-3866.

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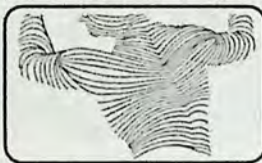
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30 minutes a day helps keep cholesterol away

(NC) - Exercise plays an important role in helping improve your cholesterol levels. Being physically active is a great way to help manage cholesterol levels, including your good cholesterol (HDL), bad cholesterol (LDL) and your Cholesterol Ratio.

HDL is considered good because it transports the 'bad' or LDL cholesterol to the liver, where it may be broken down and excreted by the body. If the LDL cholesterol isn't carried away by the HDL, it can cause a build up in your artery walls - this is also called plaque.

When managing cholesterol, the Cholesterol Ratio - the relationship between total cholesterol (TC) and good cholesterol (HDL) in the body

- is among the best predictors of long-term cardiovascular risk.

Thirty minutes of daily exercise may seem like a daunting task, especially for those who don't have the tools to get started. It's not as hard as you think. Consider integrating these simple activities into your daily routine:

- 🍏 Stand or walk around your house while talking on the telephone.
- 🍏 Get off the bus a few blocks early and walk the rest of the way to your destination.
- 🍏 Take the stairs at work instead of the elevator.
- 🍏 Use your lunch hour to take a walk around the block. People who exercise during the day are more productive and have better levels of

concentration.

- 🍏 Put light weights on your ankles while cleaning the house.
- 🍏 Use a pedometer to monitor how many steps you take. Challenge yourself everyday to beat what you achieved the day prior.
- 🍏 Get active while watching television. Try leg lunges, squats or abdominal crunches.
- 🍏 Join a sports league.
- 🍏 Park as far away as possible and walk to the entrance of the grocery store, bank, mall, etc.
- 🍏 Get an exercise buddy.

More tips on getting active and information about the Cholesterol Ratio is available online at www.knowyourratio.ca or by talking to your doctor. - News Canada

Top things to know about your 'nodes'

(NC) - We are familiar with our heart, and even our lungs, but when it comes to our lymph nodes, what do we really know? Most of us have heard of them and know they are somewhere in the body, but beyond that, the details often remain a mystery. Take the time to find out what you need to know about your nodes and learn a little more about the lymphatic system, one we can't live without.

1. Keeping clean - The lymphatic system is an important part of the immune system, which helps keep the body clean of infections and disease. The system circulates lymph, a clear fluid containing

lymphocytes, a type of white blood cell which helps fight viruses or bacteria. Lymph nodes are the important filters of the lymphatic system.

2. Up sizing - Lymph nodes look like kidney beans and are less than 2.5 cm long. But when fighting an infection, the nodes become much larger because they require more power to do their job.

3. Find your nodes - Nodes are strategically located throughout the whole body where bacteria are most commonly found. Nodes can be felt more commonly in the armpits, the groin and the neck. There are others that can't be felt, such as in the stomach, pelvis and chest.

4. Bean counting - No one actually knows exactly how many lymph nodes are in the body, but more than 100 can be counted from head to toe.

5. What is lymphoma - Lymphoma is a kind of blood cancer that affects the lymphocytes. The two most common types are Hodgkin's

lymphoma, discovered by Thomas Hodgkin in 1832, and non-Hodgkin's lymphoma.

6. Know the signs - Since the signs and symptoms of lymphoma can often be mistaken for other less serious illnesses, make sure you know what to look for. A complete list of signs and symptoms is available online at www.lymphoma.ca.

7. It is common - Lymphoma is the fifth most common cancer in Canada. Each year more than 7,400 new adult cases of lymphoma are diagnosed and almost half may die from this cancer. The cause of lymphoma is unknown.

8. A future of hope - In recent years there have been exciting advances in research to treat lymphoma which offer much hope.

More information about lymphoma, lymph nodes, the lymphatic system or signs and symptoms of lymphoma is available through Lymphoma Foundation Canada at 1-866-659-5556 or online at www.lymphoma.ca.

- News Canada

PS Capsule Comments

by your Pharmasave Pharmacist Wen Wong



Reversibility when applied to exercising is a concept similar to the old adage, *if you don't use it you lose it*. Benefits gained from exercise can be lost fairly quickly if you stop exercising. The minimum amount of exercise is 30-minutes three times weekly. However, *daily* exercise is best.

Mammograms should be done yearly in women over the age of 50. There has been a decline in deaths from breast cancer since the early 90s due partly to better medical treatments and more women having mammograms. The World Health Organization says that 70% participation rate is needed for successful screening. Have you had your mammogram lately?

How did you make out on *Weedless Wednesday*? We hope many of the smokers did quit the smoking habit for good. If you haven't smoked for two weeks, already your heart attack risk is lower, your senses of taste and smell are improving and your circulation and lung function are getting better. Hang in there!

There was talk a couple of years ago about a *polypill* for heart disease. This pill would contain three to six drugs that would be used for those patients who had a heart attack. There is one being currently tested in Spain. It contains a statin drug (lowers cholesterol), an ACE inhibitor (lowers blood pressure) and ASA (as an anticoagulant). It won't be available for general use until 2009.

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Give yourself light

At this time of year, many people suffer from the effects of too much winter. They feel dull as the winter skies and lack energy. This may be the result of insufficient sunlight.

The easy cure for this is regular Vitamin D through taking cod liver or halibut liver oil, but there is more to sunlight than Vitamin D. Sunlight has other effects on our bodies.

For example, both female and male fertility increase with more sunlight. In Arctic lands, where darkness lasts for months, women tend to stop menstruating in mid-winter and begin again when the days grow longer.

Sunlight is energy, and it is absorbed through the eyes. In sunlight, all of us feel more energetic, happier and healthier. (The rare exception is the person afflicted with negative sensitivity to sunlight.)

The dull dark days of winter often bring on lack of energy. Many people blame the cold, but it is a fact that those who work outdoors in the cold are less affected by lack of energy than those who work indoors.

Even when the day is not sunny, a walk outdoors in natural light will help you feel better. Daylight is actually sunlight, whether the day is sunny or cloudy. Try to remain outdoors at least one half hour. The natural light will boost your energy and your spirits even when your feet are cold. Your health will be better, and you will feel happier. The happier and healthier you are during winter, the longer you will live.



Thursday, December 14th was Marlene Robinson Day at Billy's Restaurant where 50¢ from each dollar spent that day went to the Marlene Robinson Medical Treatment Fund. Gloria Ashley, centre, accepts a cheque in the amount of \$771.52 on behalf of Robinson. The cheque was presented by Rosie Nikic, left, who is entering retirement following 33 years of service at Billy's Restaurant, and George Elliott, right, owner/publisher of the Similkameen News Leader who co-sponsored the fundraiser. Photo: Brenda Engel.*

Weyerhaeuser receives safety honours

Weyerhaeuser was recognized last week as one of British Columbia's first SAFE certified forestry companies in a presentation by Premier Gordon Campbell during the Truck Loggers Association (TLA) Convention in Vancouver.

"We are very proud not only of this achievement but of the men and women who work hard every day to make Weyerhaeuser a safe company," said Bob Taylor, general manager of Weyerhaeuser's BC operations.

The BC Safe Certified Companies program was developed by the BC Forest Safety Council to promote forest safety and performance. The certification applies to the management of forestry and logging operations which is first phase of the Council's strategy to expand safety awareness throughout the entire forest products industry.

BC Forest Safety Council CEO Tanner Elton, who was on hand at the TLA Convention to recognize Weyerhaeuser and the 15 other companies who were the first to achieve SAFE certification in 2006, said: "We applaud these companies for putting safety first. This is a win-win for everyone. Workers will be safer and the industry as a whole will prosper."

"One of the major reasons we were among the first companies to achieve this certification is because of our safety systems, protocols and audit requirements that have been in place for many years. We have always operated well in excess of what is legally required of us, said Taylor.

The process leading up to the certification included independent

party auditors who spent over six days visiting each of Weyerhaeuser's operating areas in the BC Southern Interior, interviewing employees and contractors, in addition to reviewing the company's administrative.

Taylor said that Weyerhaeuser forestry employees have a very good safety record, not having suffered a lost-time accident (LTA) for more than three years and only one recordable incident in the past 18 months. In addition, the company went nearly 1,000,000 hours (four years) during the 1990s without a single lost-time accident.

Taylor said that Weyerhaeuser will seek similar SAFE-certification by all of the company's logging and forestry contractors in the BC Interior. "This is a critical safety program and we expect that our contractors will be certified as quickly as possible," said Taylor.

Weyerhaeuser manages forestry and logging operations in various regions including Vavenby, Kamloops, OK Falls and Princeton. Last year, the company harvested 1.7 million cubic metres of timber in the BC Interior.

Weyerhaeuser Company, one of the world's largest integrated forest products companies, was incorporated in 1900.

In 2005, sales were \$27.4 billion (\$22.7 billion US). It has offices or operations in 18 countries with customers worldwide. Weyerhaeuser is principally engaged in the growing and harvesting of timber; the manufacture, distribution and sale of forest products; and real estate construction, development and related activities.

Weyerhaeuser Company Limited, a wholly owned subsidiary, has Exchangeable Shares listed on the Toronto Stock Exchange under the symbol WYL. Additional information about Weyerhaeuser's businesses, products and practices is available at the following website: www.weyerhaeuser.com.

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PUBLIC MEETING

Will Dirty Coal Change the Similkameen Valley Forever?

Saturday, February 3, 4:30-6:00 pm
Riverside Centre, 167 Hedley Road, Princeton

Local residents and businesses are invited to join:



- ◆ Carole James, Leader of the Official Opposition
- ◆ Harry Lali, MLA (Yale-Lillooet)
- ◆ Save Our Similkameen
- ◆ Friends of the Similkameen

Find out how we can work together to defeat the BC government's plan for a coal-burning power plant in Princeton and the Similkameen Valley.

Please attend this important forum on the future of our valley.

For more info, contact Save Our Similkameen at (250) 295-7670 or (250) 295-3524.

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HOW TO FIND THE PERFECT HOME!

Step 1: See Below. Step 2: See Step 1.

 <p>2837 Old Hedley Road \$389,000</p>	<p>Princeton Total Sq Ft: 1,490 MLS# 38140</p> <p>Fabulous 3-bedroom home on the Similkameen River. This 4.32 acre parcel is all useable, cross fenced and irrigated. Several outbuildings and a 30' x 56' shop 220 amp single car garage. Two mobile pads with hook ups. Horses will love it!</p>	 <p>215 Angela Avenue \$105,000</p>	<p>Princeton Total Sq Ft: 760 MLS# 33316</p> <p>Delightful house just a 5-minute walk to downtown shopping. Natural gas f/a furnace, twin seal windows, good laundry/freezer room, storage shed on concrete pad. Adjacent properties also for sale. Rented at \$500/mo.</p>	 <p>1205 Summers Creek \$298,300</p>	<p>Princeton Total Sq Ft: 980 MLS# 35215</p> <p>Rare find. Creek front 28+ acres c/w 980 sq ft home, close to town, large new garage and workshop, small barn and corrals, drilled well, lots of electrical supply and a large patio overlooking Summers Creek. Lots of building sites for valley views. Listed 6.2% below appraised value.</p>
 <p>1100 Summers Creek \$888,000</p>	<p>Princeton Total Sq Ft: 3,850 MLS# 38173</p> <p>Executive European home has missed nothing. Amazing views and privacy. Ten foot ceilings, extensive cherry and maple floors and cabinets. Granite counters, marble baths, sauna, Juliet balcony, arches. Pantry, island, wine cellar. Simply top drawer!</p>	 <p>181 Luard Avenue \$158,300</p>	<p>Princeton Lot Area (acres): 0.75 MLS# 30842</p> <p>River front lot, .75 of an acre. Zoned RM multi-family. Just across the brown bridge right next to apartment block. Only so much river front left and this is the last one in Princeton.</p>	 <p>28 Bar Street \$209,000</p>	<p>Princeton Total Sq Ft: 1,200 MLS# 34385</p> <p>Princeton's finest builder, Grgich Contracting. 2 lots left with quality throughout. They have mountain views. Don't delay to pick and choose your finishing touches. Moen fixtures, energy efficient windows, laminate, berber tile? Gas, electric or heat pump?</p>
 <p>Lot C Highway 3 East \$423,800</p>	<p>Princeton Lot Area (acres): 0.71 MLS# 35383</p> <p>Fantastic building lot of .71 of an acre near motels and on the Highway. Zoned CT which allows hotel, motel, gift shop, restaurant, neighbourhood pub and much more. One of the last commercial lots left in town. Priced to sell.</p>	 <p>2667-2669 Nicola Ave \$433,800</p>	<p>Tulameen Total Sq Ft: 1,250 MLS# 38150</p> <p>Superior location and cabin in Tulameen. Just steps away from the beach and lake. Two 50' x 120' lots and cabin being sold as one. Main cabin is 250 sq ft and smaller one is 640 sq ft. Priced to sell! Main cabin is on full concrete foundation.</p>	 <p>189 Angela Avenue \$110,000</p>	<p>Princeton Lot Area (acres): 0.17 MLS# 33314</p> <p>Two titles overlooking the Tulameen River zoned for single family or duplex, just a 5-minute walk to downtown shopping. Ideal for small development. Adjacent properties also for sale.</p>
 <p>215 Angela Avenue \$500,000</p>	<p>Princeton Total Sq Ft: 766 MLS# 34801</p> <p>Exceptional development property. An entire block comprised of 8 lots and three houses currently rented at \$1,425/mo. Zoning allows duplexes or ? Ideal location just a 5-minute walk to downtown.</p>	 <p>800 Copper Mountain \$548,800</p>	<p>Princeton Lot Area (acres): 44.28 MLS# 35533</p> <p>Fantastic property for hobby ranch or farm. Just minutes from Princeton, overlooking the valley, spring-fed and also drilled well. Barn, workshop, fenced, paved road to property, access to crown land and a beautiful 4-bedroom home. You have to see this!</p>	 <p>1378 Whipsaw Creek \$675,000</p>	<p>Princeton Total Sq Ft: 3,508 MLS# 28757</p> <p>Beautiful property 12-minutes from town. Totally surrounded by crown land, mainly level and gently rolling terrain, good water supply. Set up as guest ranch with 9-unit guest house, large 2-storey family home, 17-stall stable.</p>

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**Princeton Posse
Player Profile**

PRESENTED BY:
SIMILKAMEEN NEWS LEADER



#35 - Evan Karambelas

Goal - Shoots Left - 6' 2" - 185 lbs.
Hometown: Fort St. John, BC



This trio of river otters were spotted on the Similkameen River early last Monday morning looking for a place in the ice to enter the river. We got this photo of them celebrating their find. *

Group opens downtown office

SOS (Save Our Similkameen) now has a storefront at #2-195 Bridge Street next to Cones & Dogs with a schedule as follows: Monday, Wednesday, Friday open 11:00 AM to 5:00 PM and Saturdays from 11:00 AM to 3:00 PM. Phone (250) 295-7670.

The centre has been a 'hub of activity' getting ready to open to the public and most recently hosting a documentary film maker, John Cooksey from Vancouver. He came to film

and to listen to what concerned citizens had to say about a coal-fired generating plant in Princeton. All very exciting stuff!

SOS wants you to think of the storefront as a meeting place for inquiring minds who wish to further pursue information about coal-fired generation for electricity and alternate sustainable, renewable energy, such as wind, water, solar, etc.

If fatigue sets in, there is coffee available as well as an opportunity to

chat with friendly, knowledgeable volunteers and to learn about upcoming events.

For example, did you know that Carole James, Leader of the Opposition, is visiting Princeton on Saturday, February 3rd and Dr. David Suzuki is coming on Monday, February 26th?

Wow! SOS is excited and invites you to attend these events. For more information, phone or drop in. We're there for you. - submitted



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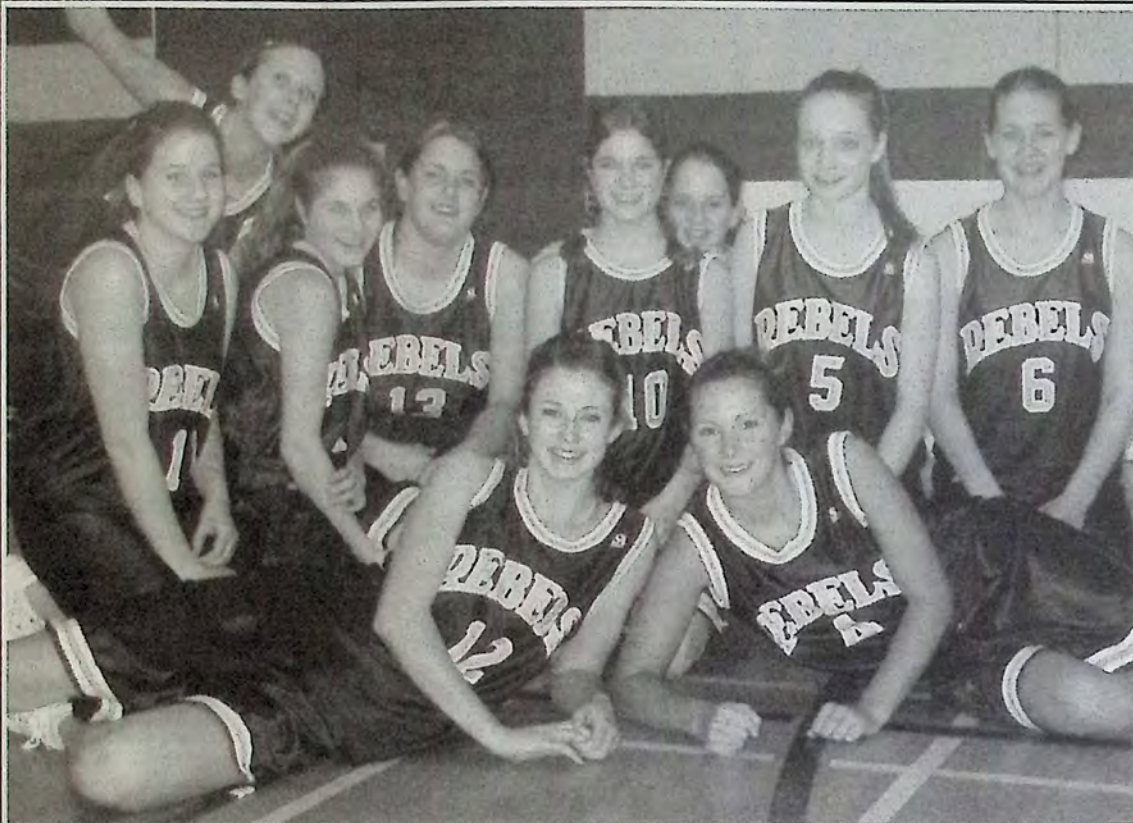
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weekly entertainment guide

TUESDAY, JANUARY 30, 2007 THROUGH MONDAY, FEBRUARY 5, 2007



Princeton Secondary School Junior Girls Basketball Team in Kamloops January 12th and 13th. Back row, from left: Ashlee Cathro, Karis Bergsma, Kate Liberatore, Janine Obey, Kiel Liberatore, Kelcy Banks, Makenzie Johnston, Milen Wilkenson. Front from left: Carley Brewer, Brittany Clifton. Missing from photo: Miranda Newman. - photo submitted.

Girls basketball team explodes

There is an exciting phenomenon unfolding at Princeton Senior Secondary School. Girls basketball has resurged in force. There are 37 girls participating on four teams, 27 of them in grade 8 or 9 alone.

There are two teams competing in the Junior girls league (Grades 9 and 10) - only Pen Hi in Penticton has two teams to go along with Princeton's making a total of nine teams in the league.

Regarding Pen Hi, PSS went into their gym on Tuesday, January 16th to play their Grade 9 team. Setting the stage, Pen Hi is six times the size of PSS. Their AAA program is ranked provincially at both the senior and junior (Grade 10 team) level. PSS is Single A.

PSS stormed out 16 - 4 in the first quarter, and was never threatened while cruising to a 36 - 25 win. Seven of the nine dressed for PSS's game were Grade 9s, playing in only their second year, the balance. This avenged an earlier loss to Pen Hi during PSS's tourney in November.

If you thought junior girls basketball was boring, be willing to be surprised. This team out hussles opponents, full court presses the entire game, and very aggressively attacks the ball regardless of who has possession. The core of this group will be around three more years, next year with very aggressive goals in the junior league.

Then consider that PSS also has a deep talent pool coming along at the Grade 8 level. Individually, this is a unique group of girls who have totally committed to each other and

the team. They constantly surprise both themselves, the coaching staff, and those watching with their ability to improve and try new things. Mark the calendar for February 2009 and 2010 as the

Bantams host successful event

by Team Coach Kevin Williams
On the weekend of January 19th to 21st Princeton Bantams hosted an 8-team tournament. Princeton's first game was against Logan Lake Thunder.

The two teams were not that evenly matched for Princeton came out flying and never to look back winning the game easily with a score of 17-0.

Ryan Hearty earned his second shutout of the season in that game. Offensive player of the game was Taylor Esselink, and defensive was Jared Fenrick.

On the Saturday Princeton went up against Kelowna Wild. Once again the team came out flying dominating the first period, but this game looked like it was going to be a goalies stand off. Kelowna scored first at the fifteen-minute mark of the second period, but Bryce Markin put Princeton on the scoreboard from a pass by Kiel Liberatore.

Colton Williams gave Princeton the lead at the 14-minute mark of the third; with seven minutes remaining Jonas Montgomery gave Princeton a two-goal lead. Kelowna never gave up scoring their second goal just a minute later.

With five minutes remaining

provincial tournament is in the teams sights.

Support their playoff drive, be entertained, and get a glimpse of things to come. Hope to see you at a home game soon.

Bryce scored the last goal of the game giving Princeton a 4-2 victory. Offensive player of the game went to Bryce Markin, with defensive going to Keaton Ashley.

Princeton's third game was against Winfield Wild. Princeton was too strong from the drop of the puck they controlled the flow of the game scoring 8 goals before Winfield got their first. The final score was 10-1. Offensive Player of the game went to Kiel Liberatore, and defensive player was Ian McKenzie.

With their third win that put Princeton playing for first place overall. Richmond Chiefs were to be their adversaries. This was going to be a real test for the team. It took until the nine-minute mark before Richmond got the first goal. Bryce Markin answered back at the four-minute mark on pass from Ian McKenzie.

That ended the first period. Princeton then got themselves into penalty problems, which saw Richmond score two power play goals. After the second period Princeton was down 3 goals and the team just could not get back into the game with more penalties Richmond took over and won the game 8-3. Justin Milligan was

..... continued on Page 12

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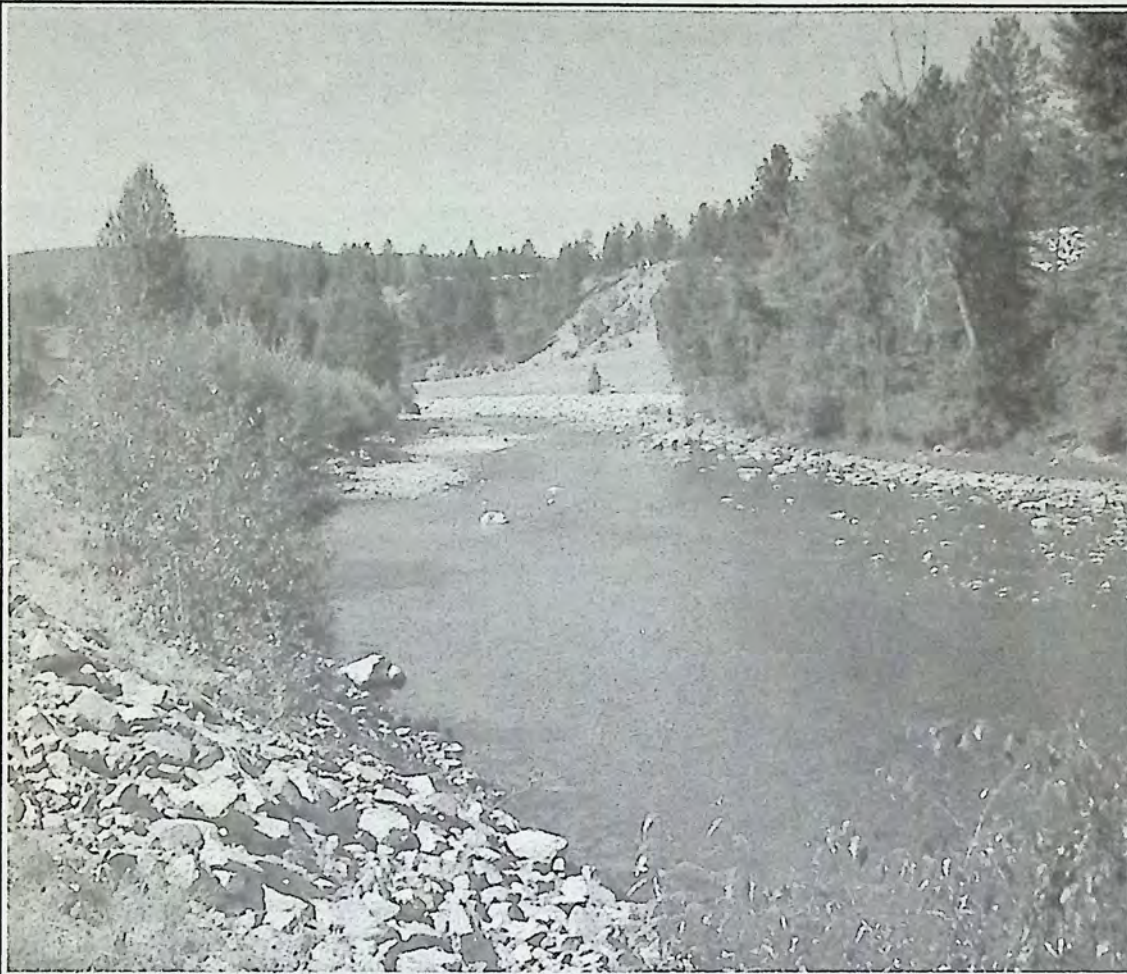
Princeton Posse Player Profile

PRESENTED BY:
SIMILKAMEEN NEWS LEADER



#15 - Garrett Pfeifer

Forward - Shoots Right - 6' 2" - 175 lbs.
Hometown: Lillooet, BC



Remember when the Similkameen River looked like this during Summer? *

Performers plan production

Agatha Christie's famous murder mystery "The Mousetrap" follows the story of young married couple Giles and Mollie Ralston, who have just turned their inherited country manor into a guest house.

Soon after a snowstorm cuts them off from the rest of the world, they realize that one of their first visitors is a murderer, with an ambition to kill "Three Blind Mice."

Christie's masterpiece is the longest

running play in history, after over 54 years and 22,000 performances in London's St. Martin's Theatre.

"The Mousetrap" will be the Princeton Performing Arts Society's first full-length production, showing from April 19th to 22nd at the Riverside Wellness Centre's gym-converted-theatre.

Rehearsals are already well underway, and tickets should be coming available in mid-March.

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Minor Hockey hosts successful tournament

..... continued from Page 11
awarded Offensive player of the game, while Riley Nikic was given Defensive player.

The players should be proud for finishing with a 3-1 record and second place of the tournament. Every player got on the score sheet during the weekend, which even saw

Cody Wharton record his first Bantam goal.

I would also like to thank all the parents for the work that they did to make this a great success. Also to Refs who were only a very few. Special thanks to Holly Fenrick my tournament director. Throughout the whole tournament all the teams

were very happy with how the tournament was run and look forward to coming back next year.

Once again thanks to all the volunteers, also a thank you to Overwaitea, Sport Chek, Billy's Restaurant, and Pizza Party for their donations to the Bantam Tournament.

Princeton joins Spirit of 2010 tournament

The Princeton Novice division tournament is the latest to register with the fifth annual Spirit of 2010 Hockey Tournament.

The more than 136 players taking part in the Princeton Novice Spirit of 2010 Tournament starting February 3rd, will be part of a province-wide celebration of physical activity, amateur sport and the Spirit of BC.

"Thanks to tournaments like the Princeton Novice, the Spirit of 2010 Hockey Tournament has steadily grown over the past five years to become the largest of its kind in Canada," said the Hon. Stan Hagen, Minister of Tourism, Sport and the Arts.

"The tournament is about having fun and promoting amateur sport, while helping British Columbians meet our provincial goal of becom-

ing 20% more active by the year 2010."

"By registering with the Spirit of 2010 Hockey Tournament, Princeton will be part of an even bigger tournament played in arenas around British Columbia," said Lyle Thomas, Chair of the Princeton Spirit of BC Community Committee.

"Visiting teams will experience this excitement and discover Princeton is a healthy, active community that plays safe and fun hockey."

Across the province, more than 42,000 young hockey players are expected to register in 200 community tournaments.

Every registered player will receive a commemorative hockey puck and certificate. Each tournament receives a Spirit of 2010 tro-

phy, a banner to hang in the arena and one limited edition Spirit of 2010 hockey jersey to award a player showing exemplary team spirit and fair play.

"The Spirit of 2010 Hockey Tournament showcases amateur hockey, promotes active living and builds community spirit. 2010 Legacies Now is proud to be part of this province-wide tradition for the past five years," said Bruce Dewar, chief executive officer for 2010 Legacies Now.

The Spirit of 2010 Hockey Tournament is presented by the Province of British Columbia, 2010 Legacies Now, B.C. Hockey and the Vancouver Canucks. Tournaments across British Columbia are invited to register by visiting the website: www.2010LegaciesNow.com.

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Princeton Posse Player Profile

PRESENTED BY:
SIMILKAMEEN NEWS LEADER



#20 - Brandon Spiller

Defense - Shoots Left - 6' 4" - 200 lbs.
Hometown: Calgary, AB

TUESDAY, JANUARY 30, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	Dawson's Creek	News	(Off Air)	Body Elec. Caillou (EI)	News	News	City Confidential	(5:00) News	News	(5:00) News (Live)	CBC News: Morning	Beasts Jacob	SportsCentre	News	Daily Planet	(6:05) King Spider-Man	Rachael Ray	The A-Team	Counterstrike
7 AM :30	Movie: "The Fifth Element" (1997) (PA) Bruce Willis	Life Today	BluesClues	Barney	Today Ralph Nader; Paolo Nutini;	The Early Show	American Justice	Good Morning America			Arthur	Being Ian	SportsCentre		Rail-Machine	K. Possible (7:24)	CityLine	V.I.P. "Pen Pal Val"	Night Heat "The Game"
8 AM :30		100 Huntley Street	Dora	Arthur (EI)			Cold Case Files			100 Huntley Street	Curious Dragon	LazyTown	SportsCentre		Dirty Jobs	Weekend Lilo Stitch	Deep Space 9	V.I.P.	Due South "Witness"
9 AM :30		Body	Magic Bus	Dragon		Discover	Crossing Jordan	Regis and Kelly	100 Huntley Street	World Vision	Poko	Monster	Off-Record	Regis and Kelly	Daily Planet	Pooh	News	Most Amazing Videos	FANatical
10 AM :30	Drew	The Price Is Right	Paddington Pancakes	Sesame Street (EI)	Ellen DeGeneres Show	The Price Is Right	CSI: Miami "Dead Air"	The View (N)	World Vision	Design House	Zoboo	Adrenalini	PBA Bowling: Motel 6	The View (N)	Blueprint for Disaster	JoJo	Movie: "Jane Austen's Mafia!" (1998) Jay Mohr	Disorderly Con.	Ellen
11 AM :30	Harvey	Thane	Math Shop	Thomas	Dr. Keith Ablow (N)	Young and the Restless	24	Paid Prog.	Judge J.	News (Live)	The Gill Deacon Show	Pippi	Classic	eTalk	Superweapons	(10:57) King	Deep Space 9	The Nanny	
12 PM :30	Home Imp.	News	Sustain	Charlie Rose	Paid Prog.	News	City Confidential	All My Children (N)	News	Days of our Lives (N)	CBC News: Today	Being Ian	40 Things	Degrassi	Seven Wonders Of...	(11:49) Weekend	Star Trek: Next Gener.	Seinfeld	
1 PM :30	Yes, Dear	Diva Dime	Macphiee	Watercolor	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Living	Gadget	Friday Night Fights	Sue Thomas: F.B.Eye	Futureweap	Dragon	Making It	Star Trek: Next Gener.	Mud Abt.
2 PM :30	King	Guiding Light (N)	Gaslight	Reading	Passions (N)	Guiding Light (N)	Cold Case Files	General Hospital (N)	Passions (N)	Passions (N)	The Gill Deacon Show	Jacob	Madden	General Hospital (N)	How-Made	Lilo Stich	Ellen DeGeneres Show	Star Trek: Voyager	Beverly Hills, 90210
3 PM :30	Seinfeld	Room	Jack's Big Music Show	Arthur (EI)	Judge	Dr. Phil	Crossing Jordan	Rachael Ray	Young and the Restless	Young and the Restless	Food	Mystery	Off-Record	Dr. Phil	Machines	Weekend	News	Star Trek: Voyager	Due South "Witness"
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey	CSI: Miami "Dead Air"	Millionaire	Oprah Winfrey	News	Frasier	Phantom	Hockey	The Tyra Banks Show	Daily Planet	Barbarian	Friends	CSI: Crime Scn	FANatical
5 PM :30	Raymond	News	George S.	BBC World	News	News	CSI: Miami	News	News	News (Live)	Simpsons	OddParent	Legends Cup Poker (Taped)	News	How-Made	K. Possible	Funnist Home Videos	CSI: Crime Scn	Seinfeld
6 PM :30	Sex & City	Body	CG Kids	News-Lehrer	News	News	Dog	News	News	ET Canada	Canada	Being Ian		News	American Chopper (N)	So Little	Entourage	CSI: Crime Scn	Married...
7 PM :30	Friends	Vanity	Working	Nova	Jeopardy!	Friends	Dog	Entertain	Entertain	RiskTakers	Coronatn	Sabrina	SportsCentre (Live)	eTalk	Biker Build-Off	So Raven	Stargate SG-1	CSI: Crime Scn	Frasier
8 PM :30	Sex & City	NCIS	The Romantics	Wild Things	Dateline NBC (N)	NCIS	King Cars	Funnist Home Videos	Gilmore Girls (N)	Risk Takers (N)	Mercer	Fresh Pr.	22 Minutes	American Idol (N)	Daily Planet	8 Rules	News	UFC 67	ET Canada
9 PM :30	Movie: "Clueless" (1995) Alicia Silverstone	The Unit "Manhunt"	Goodall's Great Dates	Frontline/World (N)	Law Order: CI	The Unit "Manhunt"	CSI: Miami	Big Day (N)	House (N) (PA)	House (N) (PA)	Intelligence (N)	15/Love	Boxing: Samuel Peter vs. James Weird	Criminal Minds	American Chopper	Sinbad	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld
10 PM :30	Movie: "To Die For"	News	Reach-Top	Charlie Rose (N)	News	News	Dog	News	News	Entertain	The Hour	Madison	SportsCentre (Live)	News	How-Made	8 Rules	Present Danger	UFC 67 Countdown (N)	Ellen

WEDNESDAY, JANUARY 31, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	Dawson's Creek	News	(Off Air)	Body Elec. Caillou (EI)	News	News	City Confidential	(5:00) News	News	(5:00) News (Live)	CBC News: Morning	Beasts Jacob	SportsCentre	News	Daily Planet	(6:06) King Spider-Man	Rachael Ray	The A-Team	Counterstrike
7 AM :30	Movie: "Clueless" (1995) Alicia Silverstone	Life Today	BluesClues	Barney	Today Katharine McPhee; Sienna Miller; vacations.	The Early Show	American Justice	Good Morning America			George S.	Being Ian	SportsCentre		Untamed North America	K. Possible (7:24)	CityLine	V.I.P.	Night Heat
8 AM :30		100 Huntley Street	Dora	Arthur (EI)			Cold Case Files			100 Huntley Street	Curious	LazyTown	SportsCentre		American Chopper	Weekend	Deep Space 9	V.I.P.	Due South
9 AM :30		Body	Magic Bus	Dragon		Discover	Crossing Jordan	Regis and Kelly	100 Huntley Street	World Vision	Poko	Monster	Off-Record	Regis and Kelly	Daily Planet	Pooh	News	Most Amazing Videos	That News
10 AM :30	Cosby	The Price Is Right	Paddington Pancakes	Sesame Street (EI)	Ellen DeGeneres Show	The Price Is Right	CSI: Miami "Dispo Day"	The View (N)	World Vision	Design House	Zoboo	Adrenalini	Bowling	The View (N)	Just a Game	JoJo	Movie: "Twin Dragons" (1991) Jackie Chan	Disorderly Con.	Ellen
11 AM :30	Harvey	Seinfeld	Mathematics	Bob Build	Dr. Keith Ablow (N)	Young and the Restless	24	Paid Prog.	Judge J.	News (Live)	The Gill Deacon Show	Pippi	Classic	eTalk	Dive to Bermuda Triangle	(10:57) King	Deep Space 9	The Nanny	
12 PM :30	Home Imp.	News	Reach-Top	Charlie Rose	Paid Prog.	News	City Confidential	All My Children (N)	News	Days of our Lives (N)	CBC News: Today	Being Ian	Friday Night Fights	Degrassi	Bold & B.	(11:49) Weekend	Star Trek: Next Gener.	Seinfeld	
1 PM :30	Yes, Dear	Diva Dime	Journal	One Stroke	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Living	Gadget	Friday Night Fights	Sue Thomas: F.B.Eye	MythBusters	Dragon	Speakers	Star Trek: Next Gener.	Mad Abt.
2 PM :30	King	Guiding Light (N)	Gaslight	Reading	Passions (N)	Guiding Light (N)	Cold Case Files	General Hospital (N)	Passions (N)	Passions (N)	The Gill Deacon Show	Jacob	In Corner	General Hospital (N)	Dirty Jobs	Lilo Stich	Ellen DeGeneres Show	Star Trek: Voyager	Beverly Hills, 90210
3 PM :30	Seinfeld	Room	Jack's Big Music Show	Arthur (EI)	Judge	Dr. Phil	Crossing Jordan	Rachael Ray	Young and the Restless	Young and the Restless	Food	Mystery	Off-Record	Dr. Phil	How-Made	Weekend	News	Star Trek: Voyager	Due South
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey	CSI: Miami "Dispo Day"	Millionaire	Oprah Winfrey	News	Frasier	Phantom	Hockey	The Tyra Banks Show	Daily Planet	Barbarian	Friends	CSI: Crime Scn	That News
5 PM :30	Raymond	News	George S.	BBC World	News	News	CSI: Miami	News	News	News (Live)	Simpsons	OddParent	Legends Cup Poker (Taped)	News	Zapped Part 2.	K. Possible	Beauty and the Geek	CSI: Crime Scn	Seinfeld
6 PM :30	Raymond	Body	Mechanics	News-Lehrer	News	News	The Sopranos	News	News	ET Canada	Canada	Being Ian		News	The Blasters	So Little	Movie: "Dickie Roberts: Former Child Star"	UFC Fight Night	Married...
7 PM :30	King	Vanity	Out in the Cold (N)	Ballroom Chall	Jeopardy!	Friends	The Sopranos	Entertain	Entertain	Stamp Fishery-Dream	Coronatn	Sabrina	SportsCentre (Live)	eTalk	MythBusters	So Raven	Stargate SG-1	CSI: Crime Scn	Frasier
8 PM :30	Movie: "Connie and Carla" (2004) Nia Vardalos	King	Arctic Mission: Lords	The Supreme Court (N) (DVS)	Deal or No Deal (N)	Criminal Minds	CSI: Miami	Knights	Deal or No Deal (N)	Deal or No Deal (N)	Mosque	Fresh Pr.	Series of Poker	American Idol (N)	MythBusters	Sinbad	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld
9 PM :30		Movie: "Sleepover" (2004) Alexa Vega	Crapshoot	David Attenborough	Medium (N)	CSI: NY "All Access"	The Sopranos	Primetime (N)	Stamp Fishery-Dream	News (Live)	National	Prank Ptr	Paintball	CSI: NY "All Access"	Zapped Part 2.	Popular	(10:06) Movie: "South Park"	Star Trek: Voyager	Married...
10 PM :30	Movie: "Three Men and a Cradle"	News	Reach-Top	Charlie Rose (N)	News	News	Dog	News	News	Entertain	The Hour	Madison	SportsCentre (Live)	News	How-Made	8 Rules	Bigger, Longer & Uncut	UFC 67 Countdown (N)	Ellen
11 PM :30		Room	Moving On	Charlie Rose (N)	News	News	Dog	News	News	Entertain	The Hour	Madison	SportsCentre (Live)	News	How-Made	8 Rules	Present Danger	UFC 67 Countdown (N)	Ellen

Horoscopes

January 31 - February 7, 2007

Aries - You are learning at a deep level now, although you may not be conscious of your new knowledge of life. Pay attention to messages from your inner self. Listen inward.

Taurus - This week is full of surprises from different directions. Groups of associates, career, travel, debt, insurance - all play a part. News comes that spells permanent change. Accept, adjust.

Gemini - Career, travel plans, spiritual concerns, shared resources, and your partner are involved in change this week. Your partner will be generous. Show appreciation.

Cancer - Health improves suddenly, partner may surprise you. Focus on taxes, boost value of partnership assets now. A short trip may be good for you this week. Drive safely. Take time off.

Leo - Health matters could undergo sudden improvement or need for emergency treatment. If you share your resources with another, review benefits to both. Assure secure future.

Virgo - Problems with young people may take you by surprise. Partner takes unexpected action to solve problems. Family life could be hectic. Health improves. Job runs smoothly. Rest!

Libra - Health improves, you feel like going places and talking to people. Surprises come from siblings, family, job. Stay on your toes. Youngsters may make surprise announcement.

Scorpio - Home, family and financial matters are favourable this week, but a sibling may surprise you with problem. Situation is unpredictable. Do not act in haste. Think it through.

Sagittarius - You may be the catalyst who starts the action, or you may be the target, but this week will be full of activity at home, in your neighbourhood and regarding money.

Capricorn - Use intuition to tell you how to handle money situation. Listen to inner urge to do the right thing. Listen to siblings, neighbours, and people you meet on short trips. Be alert.

Aquarius - You are in your own element now. Finances should improve rapidly, good news comes re money. Face reality, be conservative now. Make small plans for future.

Pisces - Groups you belong to may be source of upsets this week but there can be positive outcome if you use diplomacy. Your mind urges beneficial action, soothing words. Go for it!

Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in Hospital Board Room.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Princeton Area BEA meets the 2nd Wednesday of the month. 7:00 PM, Skills Centre.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym

thursday movies

MORNING

7:00 am WTBS (3) ★★½ "Powder" (1995, Drama) Mary Steenburgen. The head of a Texas school for troubled boys takes interest in a pale-skinned teen with highly evolved mental abilities. (E)

10:00 am CITY (29) ★★ "For Love of the Game" (1999, Drama) Kevin Costner. An aging pitcher learns that he will soon lose his girlfriend and his spot with the Detroit Tigers. (E)

EVENING

7:00 pm WTBS (3) ★★ "Gone in Sixty Seconds" (2000, Action) (PA) Nicolas Cage. A former thief must agree to steal 50 cars in one night to save his brother from being killed by a vehicle smuggler. (E)

9:40 pm WTBS (3) ★★ "Gone in Sixty

Seconds" (2000, Action) (PA) Nicolas Cage. A former thief must agree to steal 50 cars in one night to save his brother from being killed by a vehicle smuggler. (E)

10:06 pm CITY (29) ★★½ "Idle Hands" (1999, Horror) Devon Sawa. A teenage slacker wakes up Halloween Day, finds his parents gruesomely murdered and his right hand possessed by the devil. (E)

11:00 pm SPIKE (44) ★★½ "Beverly Hills Cop III" (1994, Comedy-Drama) Eddie Murphy. A hip detective from Detroit tracks a crime ring to a Los Angeles fun park called WonderWorld. (In Stereo)

friday movies

MORNING

7:00 am WTBS (3) ★★½ "Angel Eyes" (2001, Drama) (PA) Jennifer Lopez. A Chicago policewoman with memories of child abuse meets a man who saw his family die in a car accident. (E)

10:00 am CITY (29) ★★½ "Girls! Girls! Girls!" (1962, Musical) Elvis Presley. A fisherman capitalizes on his singing talent in the hopes of reeling in enough money to buy back his father's boat. (E)

AFTERNOON

5:00 pm WTBS (3) ★★½ "10 Things I Hate About You" (1999, Comedy) Heath Ledger. A pretty, popular student can't date until her rebellious older sister gets a suitor of her own. (E)

EVENING

7:10 pm WTBS (3) ★★½ "A Knight's Tale" (2001, Adventure) (PA) Heath Ledger. An English commoner dons the armor of a dead jousting knight, with the help of friends, competes against nobles in 14th-century France. (E)

7:30 pm FAM (26) "Junior Pilot" (2004, Adventure) Jordan Garrett. Premiere. A boy obsessed with airplanes jumps into action when terrorists hijack his flight.

9:02 pm FAM (26) ★★½ "Krippendor's

Tribe" (1998, Comedy) Richard Dreyfuss. After spending grant money on his children, a widowed anthropologist creates an imaginary New Guinea tribe.

9:45 pm WTBS (3) ★★½ "First Knight" (1995, Adventure) (PA) Sean Connery. King Arthur loves Guinevere and tries to keep her from the clutches of Lancelot and a land-grabber. (E)

10:06 pm CITY (29) "Sexual Temptations" (2002, Adult) Chelsea Bleu. A federal agent gets a chance to prove herself by catching a thief who steals more than just gems.

10:33 pm FAM (26) "Go Figure" (2005, Drama) Jordan Hinson. A teenage figure skater must join the girls' hockey team to obtain a scholarship at the school of a renowned coach.

11:00 pm SPIKE (44) ★★ "Death Warrant" (1990, Drama) Jean-Claude Van Damme. An officer with a martial arts background goes to jail to expose the maniac responsible for a series of prison murders. (In Stereo)

Similkameen News Leader Community Calendar

FEBRUARY

- 2, 3, 4 - Mens Curling Bonspiel, Princeton Curling Club
- 2 - Princeton Posse vs. Castlegar, 7:30 PM, Arena
- 3 - Princeton Posse vs. Grand Forks, 7:30 PM, Arena
- 7 - Princeton Posse vs. Kamloops, 7:00 PM, Arena
- 10 - Princeton Posse vs. Revelstoke, 7:30 PM, Arena
- 14 - Valentine's Day
- 16, 17, 18 - Ladies Curling Bonspiel, Princeton Curling Club
- 17 - Princeton Posse vs. Golden, 7:30 PM, Arena

MARCH

- 2, 3, 4 - Mixed Curling Bonspiel, Princeton Curling Club
- 17 - St Patrick's Day
- 19 - Brenda turns 50!!!
- 24 - Princeton Curling Club Wind-Up Funspiel

APRIL

- 6 - Good Friday
- 9 - Easter Monday

MAY

- 13 - Mother's Day
- 21 - Victoria Day

JUNE

- 17 - Father's Day

If your Club, Group or Organization has set an important date, it can be listed here Free. Contact us for details!

ads@thenewsleader.ca

Similkameen News Leader Recipe Corner (Recipe #152)

Brought To You By: Providence Funeral Homes & Crematorium

Corn Veggie Cornucopia

Recipe Box: Kids ask for more of these vegetables (NC) -Your finicky little ones will eat all their vegetables, all the time, with this secret ingredient: Lemon Thyme Butter. Here's the sumptuous Corn Veggie Cornucopia recipe, courtesy of Gay Lea: Lemon Thyme Butter: Combine 1/4 cup (50 mL) Gay Lea Spreadable Butter with 1 tbsp (15 mL) chopped fresh thyme, 2 tsp (10 mL) grated lemon rind and 1 tsp (5 mL) lemon juice.

Corn Veggie Cornucopia

- 1 cup diagonally sliced carrots (about 2) (250 mL)
- 2 cups cauliflower florets (500 mL)
- 2 cups cooked corn kernels (500 mL)
- 2 cups trimmed sugar snap peas (500 mL)
- 1 cup julienned sweet red pepper (250 mL)

Place carrots in steamer insert set over boiling water; cook for 5 minutes. Add cauliflower; steam for 7 minutes. Add corn and snow peas; steam for 2 minutes. Add red pepper; steam for 2 minutes. Transfer vegetables to serving bowl. Toss in the Lemon Thyme Butter, tossing until it's melted and vegetables are well coated. Makes 4 to 6 servings.

More information plus additional recipes for flavoured butters is available online at gaylea.com.

- News Canada

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If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

THURSDAY, FEBRUARY 1, 2007

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels for Thursday, February 1, 2007.

FRIDAY, FEBRUARY 2, 2007


Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels for Friday, February 2, 2007.

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Princeton Posse Player Profile

PRESENTED BY:
SIMILKAMEEN NEWS LEADER



#23 - Bryan Smith
Defense - Shoots Right - 6' 1" - 215 lbs.
Hometown: Oldsted Township, OH

saturday movies

MORNING

- 6:00 am SPIKE (44) ★★½ "The Gauntlet" (1977, Drama) Clint Eastwood. A determined detective attempts to survive a setup while delivering an uncooperative key witness to a syndicate trial. (In Stereo)
- 8:00 am A&E (9) ★★½ "The Hunt for Red October" (1990, Suspense) Sean Connery. Premiere. Moscow, Washington and a CIA analyst track a renegade Soviet captain and his new submarine. (E)
- 8:10 am WTBS (3) ★★½ "A Knight's Tale" (2001, Adventure) (PA) Heath Ledger. An English commoner dons the armor of a dead jousting knight, with the help of friends, competes against nobles in 14th-century France. (E)
- 10:45 am WTBS (3) ★½ "10 Things I Hate About You" (1999, Comedy) Heath Ledger. A pretty, popular student can't date until her rebellious older sister gets a suitor of her own. (E)
- 11:00 am SPIKE (44) ★★½ "Red Dawn" (1984, Action) Patrick Swayze. Colorado teens fight back after Soviet-led paratroops drop into town for World War III. (In Stereo)

AFTERNOON

- 12:00 pm FAM (26) ★ "Mr. Magoo" (1997, Comedy) Leslie Nielsen. Government agents and a beautiful thief pursue a myopic millionaire who unknowingly possesses a valuable gem.
- CITY (29) ★★½ "Six Days, Seven Nights" (1998, Romance-Comedy) Harrison Ford. An emergency landing strands a New York magazine editor and a South Pacific cargo pilot on an unknown Tahitian island. (E)
- 12:50 pm WTBS (3) ★★ "Father of the Bride" (1991, Comedy) Steve Martin. A harried patriarch faces separation anxiety, exorbitant costs and more as he prepares for his daughter's wedding. (E)
- 1:00 pm SPIKE (44) "Road House 2" (2006, Action) Johnathon Schaech.

An undercover DEA agent tries to save his uncle's bar from a group of drug runners intent on taking over. (In Stereo)

- 1:30 pm FAM (26) "Just Like Dad" (1996, Comedy-Drama) Wallace Shawn. A nerd's bullied 12-year-old son hires a macho guy to pose as his dad at a father/son picnic.
- 3:00 pm WTBS (3) ★★½ "Father of the Bride Part II" (1995, Comedy) Steve Martin. A worrisome family patriarch is driven to further distraction by the simultaneous pregnancies of his wife and daughter. (E)
- 4:00 pm YTV (18) ★★ "Rugrats Go Wild" (2003, Comedy) Voices of Bruce Willis. Animated. The toddlers meet the Thornberry family after an accident leaves them stranded on a tropical island. (In Stereo) (E)
- 5:00 pm WTBS (3) ★★½ "Legally Blonde" (2001, Comedy) Reese Witherspoon. A sorority queen enrolls in Harvard to prove to her former boyfriend that she has more than good looks. (E)

EVENING

- 6:00 pm CITY (29) "Wall of Secrets" (2003, Suspense) Nicole Eggert. An architect's wife finds her perception of reality twisted after her neighbor dies under mysterious circumstances. (E) (DVS)
- 7:00 pm WTBS (3) ★★½ "Overboard" (1987, Comedy) Goldie Hawn. A yachtsman's wife falls overboard, forgets who she is and becomes an Oregon carpenter's mate. (E)
- 8:00 pm KSPS (6) ★★ "The Birdman of Alcatraz" (1962, Biography) Burt Lancaster. Murderer Robert Stroud spends decades in solitary confinement studying birds and their diseases.
- YTV (18) ★★ "Twins" (1988, Comedy) Arnold Schwarzenegger. A genetically perfected specimen meets his pint-size, wise-guy long-lost twin. (In Stereo) (E)
- 9:00 pm CHBC (4) KXLY (10) ★★½ "Anchorman: The Legend of

Ron Burgundy" (2004, Comedy) Will Ferrell. Premiere. A 1970s San Diego newscaster feels threatened by the arrival of an ambitious woman looking to climb the ranks of journalism. (In Stereo) (E)

- KNOW (5) "Inspector Morse: Greeks Bearing Gifts" (1994, Mystery) John Thaw. Morse searches for a link between Oxford scholars and members of the Greek community as he probes a chef's murder. (N) (E)
- FAM (26) "Lightning: Fire From the Sky" (2001, Action) John Schneider. Premiere. A teenage weather whiz must find a way to save his town from a pair of devastating storms.
- CITY (29) ★★½ "John Carpenter's Vampires" (1998, Horror) James Woods. Vampire killers pursue a 600-year-old specimen in the American Southwest. (E)
- 9:30 pm WTBS (3) ★★½ "Multiplicity" (1996, Comedy) Michael Keaton. Cloning enables a harried family man to step back from life's responsibilities, a situation that becomes irreversible. (E)
- 10:50 pm FAM (26) "Cow Belles" (2006, Comedy) Alyson Michalka. Forced to work for their wealthy father, two teenagers try to save his business when money goes missing.
- 11:00 pm CITY (29) ★★½ "Six Days, Seven Nights" (1998, Romance-Comedy) Harrison Ford. An emergency landing strands a New York magazine editor and a South Pacific cargo pilot on an unknown Tahitian island. (E)
- SPIKE (44) ★★½ "Red Dawn" (1984, Action) Patrick Swayze. Colorado teens fight back after Soviet-led paratroops drop into town for World War III. (In Stereo)
- 11:30 pm WTBS (3) ★★ "Three Men and a Cradle" (1987, Comedy) Tom Selleck. Three swinging Manhattan bachelors grow paternal minding a baby girl left on their doorstep. (E)

sunday movies

MORNING

- 6:00 am WTBS (3) ★★½ "Overboard" (1987, Comedy) Goldie Hawn. A yachtsman's wife falls overboard, forgets who she is and becomes an Oregon carpenter's mate. (E)
- 8:00 am WTBS (3) ★★ "Father of the Bride" (1991, Comedy) Steve Martin. A harried patriarch faces separation anxiety, exorbitant costs and more as he prepares for his daughter's wedding. (E)
- 10:00 am WTBS (3) ★★½ "Father of the Bride Part II" (1995, Comedy) Steve Martin. A worrisome family patriarch is driven to further distraction by the simultaneous pregnancies of his wife and daughter. (E)
- 11:00 am CITY (29) ★★ "Snow Day" (2000, Comedy) Chris Elliott. Students steal a snow plow and fend off its crazy driver in an attempt to keep school closed for a second day. (E)

AFTERNOON

- 12:00 pm WTBS (3) ★★½ "Legally Blonde" (2001, Comedy) Reese Witherspoon. A sorority queen enrolls in Harvard to prove to her former boyfriend that she has more than good looks. (E)

FAM (26) "Life Is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show.

- 1:30 pm FAM (26) ★★½ "The Lizzie McGuire Movie" (2003, Comedy) Hilary Duff. After graduating from junior high school, a teenager travels to Rome and meets a pop singer.
- 2:00 pm VTV (22) "A Change of Place" (1994, Drama) Rick Springfield. An art student finds danger and romance when she poses as her twin sister, a model for a famous Parisian fashion house. (In Stereo) (E)
- 4:00 pm YTV (18) ★★ "Stuart Little" (1999, Comedy) Geena Davis. Based on the book by E.B. White. Two human parents adopt a mouse as a little brother for their son. (In Stereo) (E)
- 4:30 pm CITY (29) ★★ "X2: X-Men United" (2003, Fantasy) Patrick Stewart. Wolverine, Storm and the other mutants must fend for themselves after a right-wing militarist invades their school. (In Stereo)
- 5:00 pm CBC (13) ★★ "A Bug's Life" (1998, Fantasy) Voices of Dave Foley. Animated. An inventor ant teams up with other insects to keep a gang of grasshoppers from terrorizing his colony. (E)

EVENING

- 6:00 pm YTV (18) "Stuart Little 3: Call of the Wild" (2005, Comedy) Voices of Wayne Brady. Animated. A friendly skunk helps a little mouse rescue a cat from a dreaded forest creature. (In Stereo) (E)
- 8:00 pm CBC (13) "Marple: A Murder Is Announced" (2005, Mystery) Geraldine McEwan. Premiere. A sleuth investigates the mysterious death of a man who fired gunshots at a gathering. (E)
- 8:30 pm WTBS (3) ★★½ "Ella Enchanted" (2004, Romance-Comedy) Anne Hathaway. A young woman embarks on a journey to break the curse of obedience placed upon her by a fairy godmother. (E)
- 9:00 pm KXLY (10) ★★ "Old School" (2003, Comedy) Luke Wilson. Three friends try to recapture the fun of their college years by starting their own off-campus fraternity. (In Stereo) (E)
- FAM (26) ★★ "Simon Birch" (1998, Comedy-Drama) Ian Michael Smith. An undersized New Hampshire boy helps a friend learn his father's identity.
- 10:30 pm WTBS (3) ★★ "Three Wishes" (1995, Drama) Patrick Swayze. In 1955, a mysterious vagrant helps transform a young misfit into the star of a Little League Baseball team. (E)
- 11:10 pm FAM (26) ★★ "Blank Check" (1994, Comedy) Brian Bonsall. An 11-year-old cashes a crook's check for \$1 million and becomes the envy of his family.

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SATURDAY, FEBRUARY 3, 2007

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11 PM). Each cell contains a list of TV programs and their corresponding channels.

SUNDAY, FEBRUARY 4, 2007

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11 PM). Each cell contains a list of TV programs and their corresponding channels.

MONDAY, FEBRUARY 5, 2007

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITV, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of program listings.

monday movies

MORNING

7:00 am WTBS (3) ★★½ "Lethal Weapon 2" (1989, Action) (PA) Mel Gibson. An accountant leads a wild detective and his cautious partner to a South African diplomat running drugs.

10:00 am CITY (29) ★★ "Snow Day" (2000, Comedy) Chris Elliott. Students steal a snow plow and fend off its crazy driver in an attempt to keep school closed for a second day.

AFTERNOON

5:00 pm CITY (29) ★★ "Analyze This" (1999, Comedy) Robert De Niro. To get a handle on his insecurities, a powerful New York gangster sees a therapist.

EVENING

6:00 pm SPIKE (44) ★★ "Bad Boys" (1982, Drama) Sean Penn. Premiere. Sentenced to reform school for a boy's accidental death, a hood comes face to face with his victim's vengeful brother.

(1999, Comedy) (PA) Martin Lawrence. A jewel thief returns to a construction site to retrieve his cache and finds a police station on the spot.

10:06 pm CITY (29) ★★ "Ride With the Devil" (1999, Historical Drama) Skeet Ulrich. In the midst of the Civil War, a young fighter begins a romance with a recently married, recently widowed pregnant woman.

11:00 pm WTBS (3) ★★ "Under Siege 2: Dark Territory" (1995, Action) (PA) Steven Seagal. A CIA operative aboard a train tries to stop a mad genius who threatens to use a weapon from space if the government does not meet his \$1 billion ransom.

news leader puzzle page puzzle maps of exploration

Follow on the map from (bracketed clue) solution to (bracketed clue) solution



The night after passing the Orange River estuary a strange calm had settled over the Atlantic Ocean. The next morning a thick fog cleared to give us clear blue skies and a great view of an orange colored coast, dominated by sand dunes with mountains in the distance. Following the coast but well off shore, by the afternoon the temperature had suddenly dropped, dark grey clouds had settled over us and the seas started to build. Without warning a warm wind hit us from the east almost capsizing our two vessels: the waves churned in chaos. This erratic wind periodically picked us up like a giant hand, slapped us from side to side and dropped us back down into a trough between the rolling waves. With all hands on deck we managed to shorten sail and fearing for our lives, unable to see the shore through the fog, fought against the (solid waterfloats, no Ice) winds and relentless waves for several days. Finally as the storm calmed we realized we were now sailing east and must have passed south of the great land mass of Africa. Heading north east we soon found a rocky shore and saw black people herding their cattle on the hills. We put ashore at a protected anchorage in (small moist plant-el) Bay where we traded with the natives for cattle and sheep and found fresh water. Further east along the coast we found (Al + State on west coast of India) Bay teeming with sea birds and basking sea lions. Here we made full repairs but the crew were tired and frightened of more unknown seas to the east and after we continued east to (meat patty on a bun, no er) persuaded the captain to turn back for home carrying the great news that the continent could be rounded into the eastern ocean. On the way back before we turned north the captain named the headland west of (untrue) Bay, "Cabo da Boa Esperanca", Cape of Good Hope, to convey the opportunity for Portugal and it's intrepid sailors to sail and trade in the East.



SOLUTION: You have just followed a portrayal of the voyage of Bartholomew Diaz in 1488. He was the first European to discover that the great land mass of Africa was passable by sea to get to the east and Cathay. This opened a flood of Ocean trade and colonization. CLUES: (solid waterfloats, no Ice) = Berg, (small moist plant-el) = Mossel, (Al+State on west coast of India) = Algoa, (meat patty on a bun, no er) = Hamburg, (untrue) = False.

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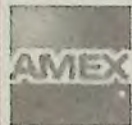
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my turn

The peanut butter and jam sandwich

We have come to the conclusion that some people really dislike peanut butter mixed with jam. In the case we are talking about the peanut butter is wood waste, the jam is coal and Compliance Energy is the sandwich maker.

Sure, quite a few folks have taken a nibble on that sandwich and seem to like the flavour, but with all great sandwiches comes a variety of variations and Compliance has provided more than one variation by adding more jam and cutting back on the peanut butter to a point where a lot of people have made enough noise to make many of us question the need for peanut butter (wood waste) at all when it appears that all Compliance wants us to eat is a jam (coal) sandwich.

We suspect that they are already in their sandwich making lab coming up with something new, just in case. Maybe the new item on their menu will be a peanut butter (wood waste) and honey (natural gas) sandwich with varieties related to how much more or less peanut butter can be mixed into the equation.

We suspect the new improved sandwich will only go so far and once it's determined that the price of transporting or the supply of the peanut butter (wood waste) portion of the sandwich gets costly or limited along with an increase in the cost of producing the honey (natural gas) portion of the sandwich, then and only then, will Compliance remind us that in order for them to keep feeding our local economy with their sandwiches, they will have to eliminate the peanut butter and honey one from the menu in favour of just a jam (coal) sandwich.

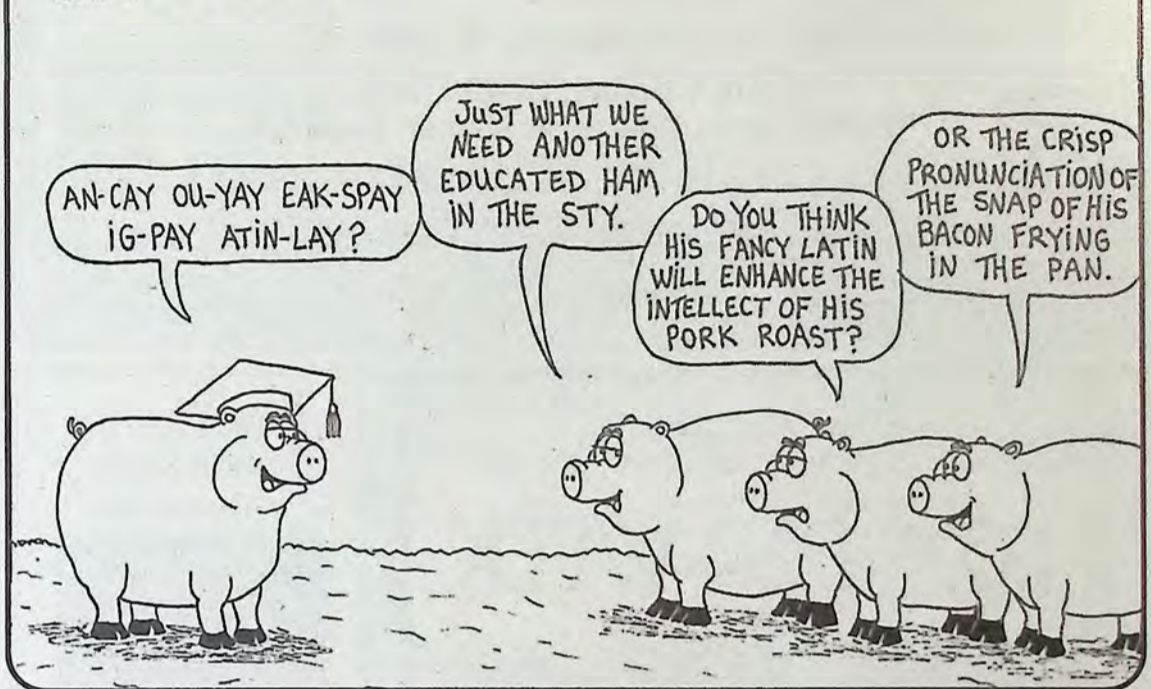
By then they will have a huge sandwich making factory established in the area and a staff of 15 highly-skilled sandwich makers they had to ship in from other parts of the country as there was no one in the area with that level of expertise or experience in the mechanics of building the right sandwich.

Compliance would likely put pressure on local, regional and provincial officials at that time to allow them to build only jam sandwiches. The argument they could use would state something about producing jam sandwiches being a no-brainer since they already own a big hill of the exact type of jam (coal) they would need for their product.

By this time the politicians would all be different and who knows, maybe for a change everyone would agree on the type of sandwich they liked collectively and it may or may not be the one on Compliance's menu.

This is why we are always suspicious of a sandwich maker who keeps changing his menu before he opens his sandwich shop. You never really know what he's trying to slip between those slices of bread.

TIS TOONS



your turn

And now a few words from our Mayor

To The Editor,

As a resident of Princeton since 1957, and as a council member, I have learned from and worked with a succession of fine mayors, whose attributes I have tried to emulate. Very early in public life you face the fact that no matter how lucrative a project may sound, if it jeopardizes the health and welfare of the people you represent you must look elsewhere. From a swing in a playground to a multi million dollar project, you have no choice.

When Compliance coal first approached me and I became aware of their project, I lobbied council and the directors of our Regional District to request a full environmental assessment to provide information in order to assess the impact on our area. However, in researching the terms of this procedure I became aware that:

- 1) No representative of the Princeton area was included in the process until Area H representative Logan and myself insisted on being included.
- 2) That the emission standards required of Compliance would not protect the people of the valley.
- 3) The testing, sampling and analytical data of the assessment are all supplied by the proponent, Compliance Coal, not by the Ministry of the Environment.
- 4) The invitation for public comment does not consider form letters, petitions, or letters stating positions either for or against the project.
- 5) Stopping a project is not part of the environmental office's process.
- 6) There has never been a situa-

tion in BC where an assessment has resulted in rejection of a project.

As a result I was forced to publicly proclaim my opposition to this project. What could possibly be the reason to wait for the results of an assessment largely carried out by Compliance Coal.

Late last year I was offered an all expense paid trip, by Compliance, to Alberta to view a coal power plant and I refused for several reasons. I was advised by our administration that according to our community charter "a council member must not directly or indirectly accept a fee, gift or personal benefit that is connected with a

Letter To The Editor

Team has a wild time

To The Editor,

Thank You, Princeton!
Quite often we all hear so many negative things about hockey I felt I had to write your community to express that hockey can be fun for all.

We recently attended a Bantam House Hockey Tournament in Princeton from January 19th to 21st. It was one of the best hockey tournaments our team has attended.

Our team has been to the Princeton hockey tournaments for three years now and every year it's a great time for all. This tournament was all around good.

The officials were fair and did a great job. The tournament organizers also did a great job. Our accommodations were fabulous. Thanks Bill and Jim. I'm sure

member's performance of the duties of office." I was therefore unable to participate as the integrity of my office would have been compromised. Further I felt I was not qualified or equipped to competently assess the technical, environmental and health implications of the plant I would visit. I very well might have come home stating the purity of the plant as presented by Compliance Energy, when in fact Environment Canada statistics show Genesee 3 (the cleanest plant visited) emits annually 193 kilograms of mercury, 1,430 tonnes of particulate matter, and nearly 7 millions tonnes of continued on Page 24

your community knows who you are. We found everyone very friendly and helpful. The only complaint our team had were the dressing rooms at the arena. They are pretty run down and not very sanitary. This is not Minor Hockey's problem. I did see the sign saying that they are doing improvements to the arena. Hope they are done by next season.

Again I would like to thank Princeton Minor Hockey Association for a great weekend. Thanks to the fair officials you did a great job. And thanks to Jim and Bill at the Castle Resort we really enjoyed our stay there. We would defiantly attend your hockey tournament again. Hockey can be fun!!!!

- Juanita Belsham, Manager
Winfield Wild

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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Current Comment:

A green Harper? It's a very pale green.



Dawn Johnson
editor@thenewsleader.ca

Prime Minister Harper, and the Conservatives, recently made a grand show of supporting "green" in our society but, in my view, the stance is really phoney. While I will not stand up for a lot of the nonsense and misinformation promoted by most environmental groups, I will not see faint political attempts to appease the voting public. There are too many serious issues to address to make a big deal out of pitiful contributions to environmental stability.

I don't believe the Conservatives' feeble support for the environment has impressed anyone but Conservatives. Politics must go "green"

Our planet faces a crisis of both global dimming (reduced sunlight due to air pollution) and global warming. To simplify this issue, understand our atmosphere contains too much carbon dioxide and too much contamination from fossil fuels (coal and petroleum products). We must begin immediately to reduce both contaminants or our grandchildren's grandchildren will die.

Every so often, I am reminded of the culture in which I was raised. Although strongly influenced by the culture at large, my family was strongly imbued with the philosophy of the First Nations people from whom I am descended. In this culture, we are taught to consider the effects of our actions on the next seven generations. Therefore, I must think of my great-granddaughter's grandchildren. Right now, the way things stand, they will not live.

Who decides what happens to our environment? Our politicians decide. If those politicians owe favours to petroleum companies, automobile industries, steel industries and transportation industries, they will not do what is needed to preserve the earth for the next seven generations. They will do only enough to create a public image of caring while not upsetting the captains of industry.

We, the people, are obliged to force them into action. We do not have much time left to prevent a global catastrophe. Already, the

polar ice is melting, the permafrost is melting, and sending tons of methane gas into the atmosphere, further polluting global air.

Harper can give lip service to things like harnessing the energy of the sun, wind and sea water, but I have yet to see our government take action to make these things happen.

California Governor Arnold Schwarzenegger has the right idea: put your money where your mouth is.

BC Hydro is our power company. Why can't we start there to build wind farms? Is BC Hydro even looking seriously at green power sources? I haven't heard about it yet. BC Hydro could be putting up wind farms up and down our coastline as well as everywhere else the wind blows in B.C. Harper could be making sure there are wind farms everywhere the wind blows in Canada! If Denmark can do it, why not Canada? Harnessing the hot air out of Ottawa would be a perfect start.

I don't want to give up my automobile. I wish it were one of the hybrids, or powered by hydrogen

peroxide, or electricity, but those "green" vehicles cost more than I can afford. How about Harper giving us a grant in aid so we can afford one of these vehicles?

I would love to be able to afford to put solar collectors on my roof and draw at least half my heating and power costs from the sun. How about Harper and the Conservatives giving us a homeowner's grant to do this?

We need to take more carbon dioxide out of the air. If each of us would plant a deciduous tree each year for the next five years, we would really be doing something for our environment. Could we get a tax break for that?

The things I've been suggesting are viable, serious measures to clean up our atmosphere. I do not hear our politicians trying to do anything like what I am suggesting.

Please note: if we really wanted to do something even better for our environment, we would put railroads back in place and make laws stating only when it is impossible to move freight by rail then a transport truck may be used. If we really wanted to reduce air pollution, we would

insist on having no planes in the air at least one day a week. If we were really serious about reducing air pollution, we would ban private motor vehicles from all urban areas, and reduce commuter vehicle pollution by 90 percent. If our governments were serious about the next seven generations, they would pass these laws and give tax credits to everybody who might sacrifice financial gain as a result of the restrictions.

Have you noticed: all kinds of laws have been passed to prevent water and soil pollution, to the point of being ridiculous in some instances, but how many laws have been passed to prevent atmospheric pollution?

This is a globalization problem, too

Globalization has contributed bigtime to the pollution of our atmosphere. Global trade means raw materials shipped to one country where goods are manufactured, then the goods are shipped out to other countries.

This is why environmentalists urge people to buy goods manufactured close to home. Global trade means more people flying from place to place. The average executive of a global company spends nearly one whole month a year in a plane polluting our atmosphere, despite the fact that it is cheaper to connect via teleconferencing.

One of the key factors in deciding against taking action is "it is not economically feasible". Basically, it means there is no profit in it for existing industries (even though other cleaner industries may spring up). Is death of our great-grandchildren economically feasible?

If we want our politicians to pay attention to what we think, then we have the power to do so. We can put our vote where it will meet our goals now, not in 50 years. Fifty years from now, the action taken globally will not stop global catastrophes.

What will our legacy be for the next seven generations?

Marketplace Ministry

by Jim Caruso

A Lesson On Forgiveness

Lee Iacocca brought the Chrysler Corporation out of near financial disaster with the invention of the K car, at the same time plunging my small family into near bankruptcy and severe mental distress. The K stands for kurse or kash. It looked like such a good family car, nice lines, a station wagon and lots of windows room for the whole family and even the kids friends. The yellow colour should have tweaked my discerning skills, but I was hooked, by good looks and so I just had to have it.

To listen to the salesman who was representing this soon to be financially draining curse mobile, you would have thought that I had been given some inside trader information that was privy only to the two of us. I wonder why if it was such a good deal and such a dependable car, why he was not keeping this treasure for himself.

PART ONE: MINOR INCONVENIENCES

My wife and I were traveling home to Saltspring Island from Vancouver. When we boarded the local ferry to travel the two and one half hours back home, we were loaded on the ramp at the front of the ship. The ramp is the worst place to be parked as you are facing downhill at about 30 degrees and the side rails on the ramp do not allow for human being to exit any normal sized vehicle with doors unless you weigh a total of 23 pounds with your clothes on. So we borrowed the large shoe horn and extricated each other from the car, opening the door a few inches.

Upon entering the car when we reached our destination, being a gentleman I opened the door for my wife and it came off the car. The pins that hold the door on had somehow, fallen out and the door now was not a part of the original vehicle. The shock alone of having a door in my hands and the ferry starting to unload around me, took away any emergency decision making that I may have had before. Noting that there were lots of people in the other cars around me having seen me holding a car door separate from the car that it once was attached to, I calmly asked my wife to enter the car through a much larger opening on the passenger side than what she had exited from. Once safely seated in the car, she connected her seat belt and I handed her the door. Other than looking at a right angle to the front of the car and the strained expression on her face, it was hard to tell that she was holding her own door close the car as we disembarked the ferry.

Finding a safe place to pull out of the emerging traffic, I stopped in the parking lot and rushed to the other side of the car. Looking through the window, I could see the expression on my wife's face that indicated to me that the purchase of this new family car maybe wasn't such a good idea. I pulled the door loose from her white clenched hands; I reassembled it in the dark of the parking lot in one of the worst monsoon rains that we had that year on our small island. This was only the first of many adventures with our K-car. Life is full of opportunities, some we purchase. Right after teaching the Lords Prayer to His disciples, Jesus adds these very important words, "In prayer there is a connection between what God does and what you do. You can't get forgiveness from God, for instance, without also forgiving others. If you refuse to do your part, you cut yourself off from God's part. In this case it was an opportunity to forgive. (Matt. 6:13, 14) Ps. The part in the Lords Prayer came to my mind as well, lead us not into temptation, but deliver us from evil. I have forgiven the salesman, but as you will see in Part II next week, I was able to glean many spiritual lessons from this car.

Jim Caruso, Pastor
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Accidents on both Highway 5A and Highway 3 kept RCMP and emergency crews busy for most of the day Friday, January 26th. Photo: Princeton RCMP.

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Letter To The Editor

Green vs. Princeton - Part 12

The Editor:

Re: Dan and Ann

Dan, my specific source for my comment on Solar Power was *Wikipedia*, www.en.wikipedia.org/wiki/Solar_power, among others. For information on what the B.C. government is researching and planning in the entire renewable energy front including wind and solar, visit www.bhydro.com. Follow the Environment Link to Green Power and you will find the Green Energy Study for British Columbia, Phase 2. It indicates that for commercial purposes we are neither sun or wind country.

Yes, I know the Tulameen is not suitable for a Run-of-the-River power. I was merely making a point. I too can have an aversion to

something. I think Run-of-the-River projects are a terrible invasion of nature for very little gain. I am also no longer as fond of wind power as I once was. European wind farms are destroying huge numbers of birds already and there are many more of these stationary airplane propellers being built as we speak; but we don't talk about the dead birds. They are just collateral damage in the war on global warming.

I am puzzled why you Dan, and Ann Hughes think property values will drop if Compliance Energy or some other large employer increases our population. It is a supply and demand world. We have relatively few homes on the market and a next to zero percent rental vacancy. If some people truly want to cut off

their nose to spite their face and leave town, they will probably sell their homes for a far better dollar than they would get today. Why do you think property is so expensive in Vancouver or Kelowna?

Finally, Ann, the word vitriolic comes from the noun vitriol which is sulfuric acid and as an adjective means caustic or corrosive. The only truly caustic remarks in this back and forth exchange so far have come from Aurora Cole, who had a lot of fun dumping on me. Your reference to me as a lackey of Compliance Coal might qualify as caustic since it is a rather harsh word. You ask how old I am; probably older than you are since I am already retired. I have grandchildren just as you do, and I have many concerns about what is happening in the world; climate change is just not one of them. One only need watch the evening news to see what fear and grief are really all about; and where our true worries would be better placed.

Ann, I really resent being called a lackey. In my time here my letters have championed progress for Princeton, the Splash Park, the Deer and the Marmots, and now the socio-economic benefits of a large, new employer. In all these discussions I have merely tried to dispel unreasonable fears. I don't know if my words ever made a positive difference but I can hope because I tried.

I have certainly received lots of flack for my efforts but never anything as relentless and visceral as the Compliance issue has generated.

I personally think the coal horse has been flogged to death. We should all get on with other important issues facing the community until the Environmental Assessment is presented and we all know what we are actually talking about.

Words from the Mayor

..... continued from Page 22
greenhouse gases as well as a range of other toxins.

Ultimately I have formed my conclusions as a result of information from countless studies by universities, the US Environmental Protection Agency, Ontario Medical Assoc., Environment Canada and scientists and medical professionals. My beliefs have been reinforced by every doctor in our valley as well as RDOS directors, mayors and council members of the Lower Similkameen Indian Band and Okanagan Nation Alliance.

The most vital aspect of this is that not one person from this entire group has anything to gain. On the other hand the proponent, Compliance Coal, is positioned to make many millions of dollars if this type of process is allowed.

We live in a beautiful recreational area blessed with clean air and clean water, 2 1/2 hours away from over 2 million people. We have value added industries, aside from Weyerhaeuser, that deliver a payroll

of over 5 million. Since 2002 Princeton has consistently been in the top two for building permits in the entire regional district which stretches from Summerland to Osoyoos to Manning Park. As we are all well aware real estate values have risen dramatically. We have a municipality in the enviable position of having 1.7 million dollars in reserve with no debt. Princeton has a bright future provided future councils are cognizant of the health and welfare of our people and of our environment.

We have been approached by dirty industry in the past and we will be in the future. In 1990, when confronted with an application for a coal-fired generating plant Mayor John Rubis stated, "We must enlarge our tax base. We won't do it by sitting still. We need growth, no question about it, but we don't need it if it's going to be detrimental to our environment, or harmful to our way of life."

That to me is integrity.
- Mayor Randy McLean, Princeton

- Karin Green, Princeton



RCMP say the cause of the rash of motor vehicle accidents late last week was a combination of poor road conditions, ice and drivers travelling too fast for road conditions. Photo: Princeton RCMP.

Volunteers needed to help at tax time

The Canada Revenue Agency (CRA) is offering free training to volunteers willing to help people on low & fixed incomes prepare their income tax returns.

The Community Volunteer Income Tax Program provides free help to complete tax returns for seniors, disabled people, students, new Canadians living on very limited incomes. As a Tax Volunteer, you will take turns at Tax Clinics to be

held at the Legion or Town Hall. There are always two or more volunteers at a Tax Clinic.

The Tax Volunteer does simple, straight forward tax returns and many of the other Volunteers can help you if you have questions during your Tax Clinic(s). It's a wonderful thing to help people, young and old, who often do not understand their tax return at all. Some people are even afraid of these

Temporary use application postponed

Consideration by the Regional District Okanagan Similkameen (RDOS) Board of an application for a temporary commercial use permit for a property on Highway 5A adjacent to Allison Lake Park has been postponed.

The RDOS made the move at

their January 18th Corporate Board meeting to allow the owner of Sydney's Off-Road Motor Park to meet with neighbours to address concerns. The application is to permit a temporary commercial off-road riding area for ATVs, snowmobiles and motorcycles.

forms.

This very successful program is now in its 35th year. Last year, six volunteers in Princeton helped well over 200 people. In the Southern Interior district, over 10,000 people benefited from the Tax Volunteers help.

Mike, Princeton's CRA Tax Volunteer Trainer, will prepare the Volunteers on Tuesday, February 13th in the Legion Hall from 9:00 AM to 4:00 PM with an hour break at 12 Noon for lunch.

The deadline to sign up is Monday, February 5th. For more information call Anne Bateman, Local Coordinator at (250) 295-0510 or e-mail: treesoul@telus.net or call Bernard Anderson, District Coordinator at (888) 322-3622. Be sure to leave your name and num-



Friday, January 26th was a busy day for Princeton RCMP. Accidents on both Highway 3 and Highway 5A kept emergency responders occupied for most of the day. Photo: Princeton RCMP.

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Princeton Posse Player Profile


PRESENTED BY:
SIMILKAMEEN NEWS LEADER



#18 - Dan Hillman

Forward - Shoots Left - 6' - 185 lbs.
Hometown: Quesnel, BC


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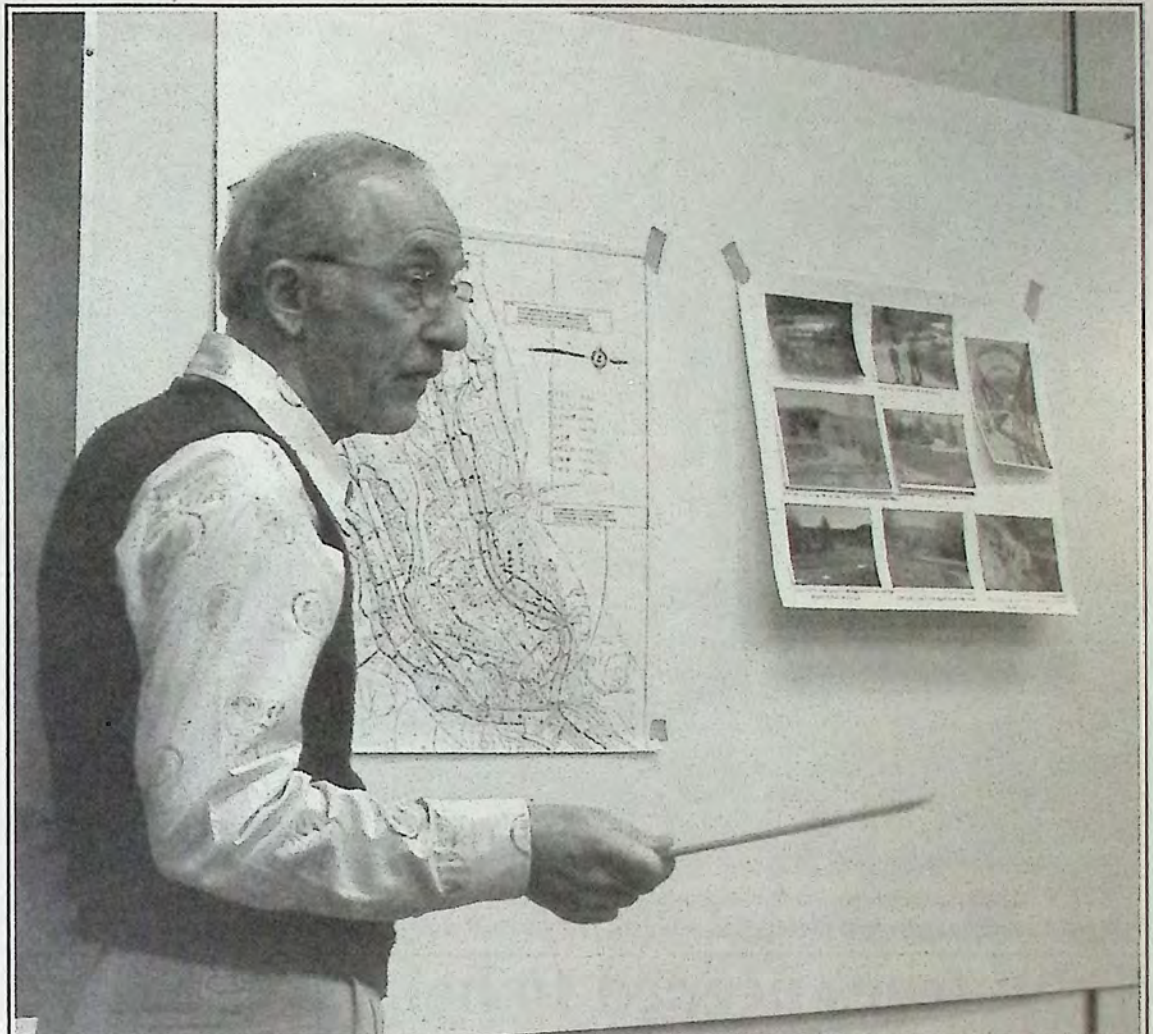
Princeton Posse Player Profile

PRESENTED BY:
SIMILKAMEEN NEWS LEADER



#16 - Riley Ferster

Defense - Shoots Right - 6' - 175 lbs.
Hometown: Quesnel, BC



Doug Rebagliati of the Friends of Princeton Pathways Society explains the benefits of his concept of an 8-kilometre circular pathway around Princeton at the CYC AGM last week. He says the route is highlighted with numerous historic and natural features. *

CYC holds AGM, reviews year

The Princeton & District Child and Youth Committee hosted their annual general meeting in Riverside Centre on Thursday, January 25th.

Following his welcome to all present, Chair Ken Heuser explained, "This is a special AGM as this is our tenth year anniversary."

A total of five Asset Building Awards were presented. Jaymie Atkinson, Carol Skinner, Ted Hardin, Richie Gage and Kathy Clement received framed certificates to recognize their contributions to area youth.

The CYC, with the mandate 'to advocate the enhancement and enrichment of young peoples lives,' finished 2006 with total revenues of \$49,280.59 and expenses of \$33,585.75. The remaining \$15,694.84 is automatically moved into the 2007 budget.

Accomplishments in the previous year included a total of \$36,000.00 in grants secured; successful community recreation programs with 15 to 20 programs run each season and a total of 250 children participating; the continuation of the Princeton Youth Drug Education Initiative; a continued partnership with Princeton Community for Kids Committee; coordination of the John Allison Elementary School Healthy Snacks Program; participation and interaction with Student Councils and a variety of other community organization committees; the establishment of the CYC office at Riverside Centre and a continued alliance with Princeton Recreation Commission.

The committee has a total of ten objectives for the 2007 Asset

Development Initiative which include: 1) to provide after school programs for children and youth through the training and employment of young people and adults; 2) to provide seasonal marketing tools that informs the community of positive activities for families, children and youth; 3) to write weekly newspaper articles regarding asset building ideas and positive community involvement of children and youth; 4) to work closely with child and youth organizations within Princeton including three schools, Community for Kids initiative, Recreation Department, Princeton Child Care Society and the Ministry of Children and Families; 5) to research and apply for grant funding that is directed by the CYC executive; 6) to continue to provide guidance to the Student Councils at Princeton Secondary School and Vermillion Forks Elementary; 7) to coordinate the CYC Youth Drug

Education Initiative including community talks with the RCMP, Drug & Alcohol and Paul Huycke; 8) to continue to give talks about the importance of asset building to agencies, business groups, PACs, child and youth organizations and community groups; 9) to work with the Recreation Department, Town of Princeton and RDOS in the development of Riverside Centre as a place for the community to come to enhance their health through arts and culture, recreation and wellness; and 10) to work with the Princeton Literacy Now Task Force in developing a community plan on Literacy for the Town and District residents.

The election of the 2007 Executive saw Ken Heuser returned as Chair and John MacKay as Vice Chair. Jessica Kaiser is Secretary/Treasurer with Directors Barry Clark, Ray Jarvis, Dina Slowikowski-Campbell and Lana Fawcett.

Winefest is coming soon

Mark your calendars. The Princeton Rotary Club is hosting the third annual mid-winter winefest on Saturday, February 24th.

The event will be held at the Princeton Legion from 7:00 to 10:00 PM. The evening will consist of sampling various Okanagan wines, appetizers from local restaurants and lots of auctions and raffles.

This year the wineries that will be attending are Gehringer Bros, Hester Creek, Tintah Creek, Wild Goose and Sumac Ridge. Each winery will be presenting a variety

of award winning red and white wines.

The feature prize to be raffled is a nights accommodation and continental breakfast at a brand new guest villa at the Hester Creek winery near Oliver. Tickets are limited and are available at Stevens and Stevens Notary Public office or from local Rotarians.

You are invited to come and enjoy a nice social night out.

For more information contact Rob Marshall at (250) 295-4223 or 295-3319.

- submitted

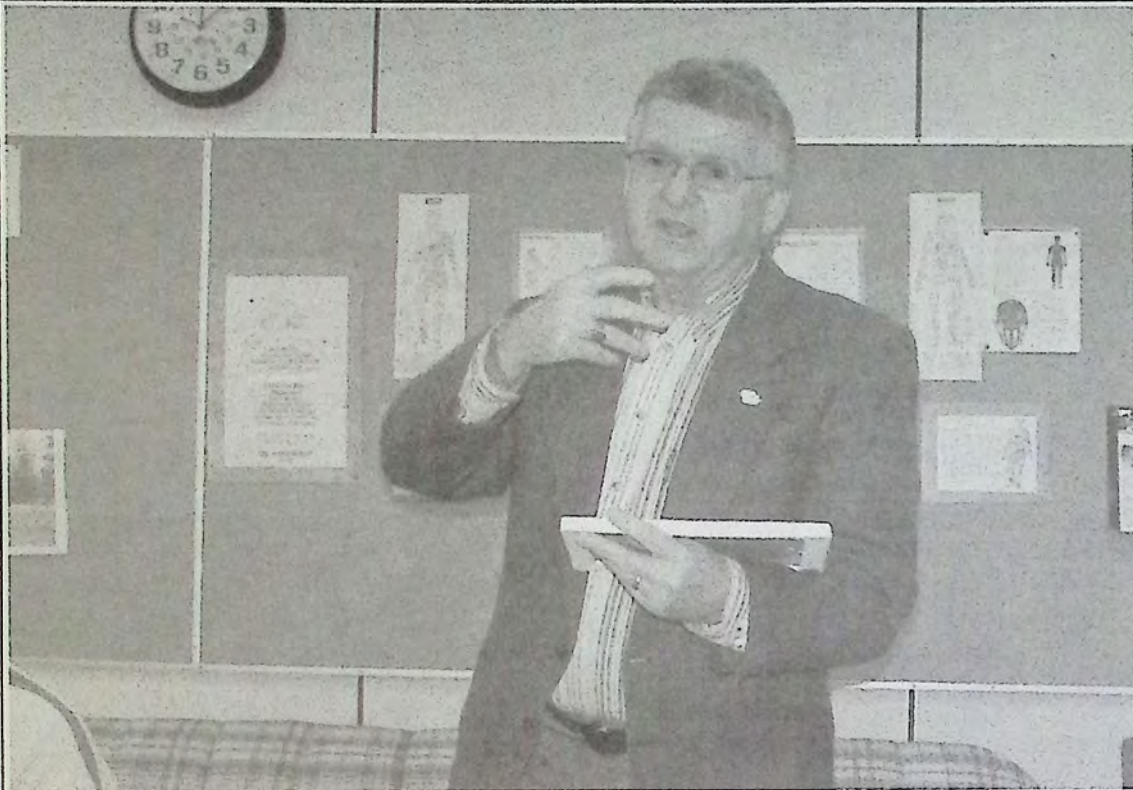
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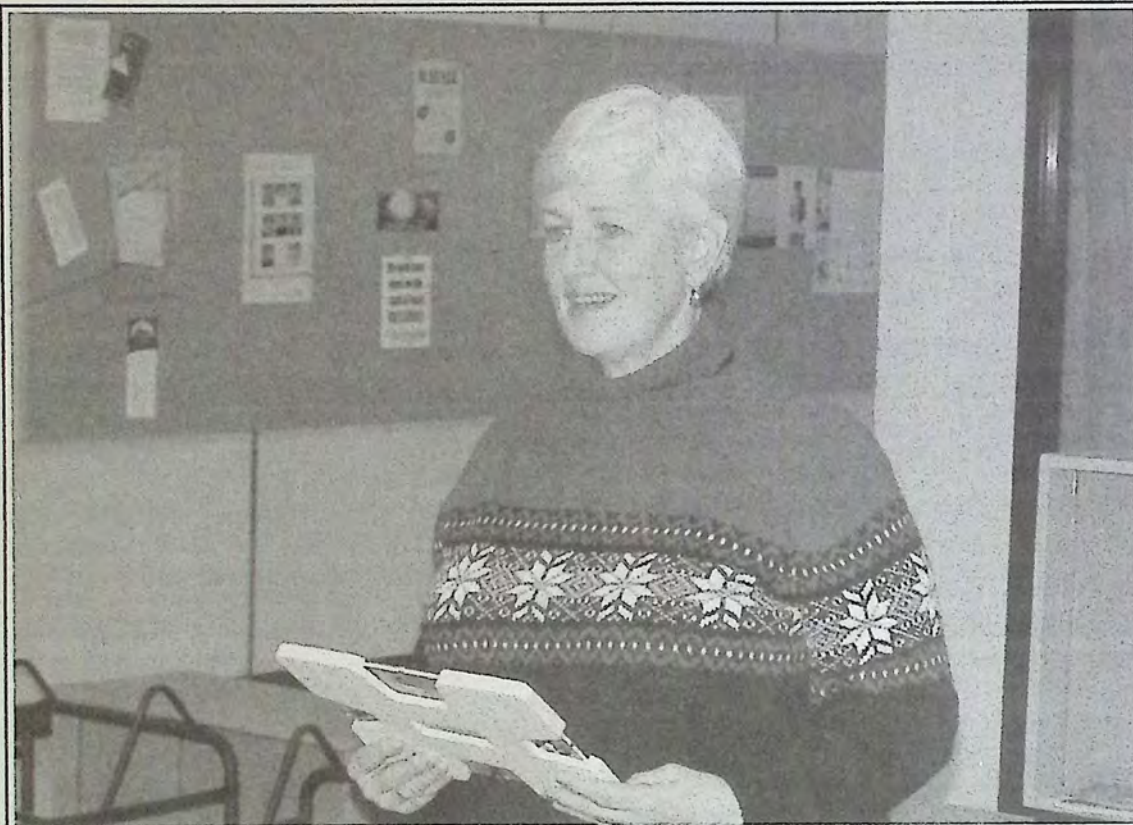


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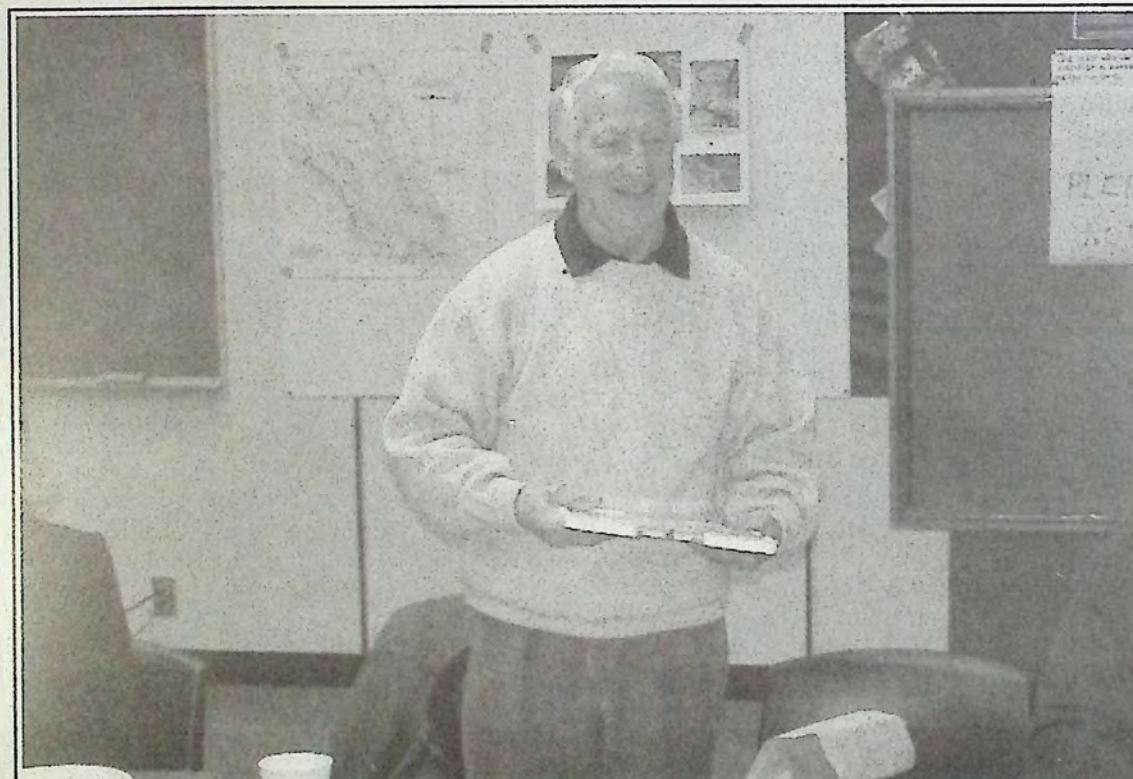
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Richie Gage was presented with an Asset Building Award at last Thursday's Princeton & District Child & Youth Committee AGM at Riverside Centre. *



Jaymie Atkinson also received an Asset Building Award. *



Ted Hardin was also presented with an Asset Building Award. Two other recipients, Carol Skinner and Kathy Clement, could not attend the Princeton & District CYC AGM last week to receive their awards. *

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Princeton Posse Player Profile

PRESENTED BY:
SIMILKAMEEN NEWS LEADER



#24 - Kyle L'Arrivee

Forward - Shoots Left - 5' 10" - 170 lbs.
Hometown: Vernon, BC

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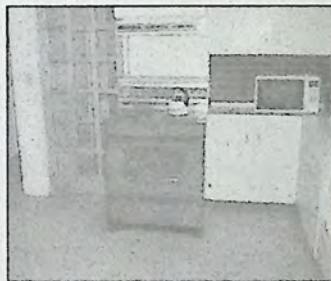
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