Similkameen

News Leader

ONLY

Tuesday March 27, 2007

Published Weekly in Princeton, BC

Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC VOX 1W0

Volume 10 Issue 13 #469 ISSN 1712-090X

Canadian Publications Mail Agreement No. (1299263)

Upper Similkameen Indian Band hosted their second annual Pow Wow March 23rd to 25th in Hedley. For more full colour photos of the event visit our website at www.thenewsleader.ca. *

gitive releases hostages before

Kelowna ended in Princeton Monday (March 26) morning.

The details available to the News Leader at press time indicate that the male suspect hit a police spike belt on Highway 3 near Hedley and continued to head West on the rims of his vehicle until police managed to force him off the highway at the access road to a variety of Princeton businesses located along the high-

The suspect entered the Princeton Esso around 10:00 PM Sunday

A police chase which started in (March 25) night and stayed inside the building all night with two hostages. Police negotiators worked overnight on trying to get the man to give himself up.

Highway 3 was closed for several hours and the hostages were eventually released. Witnesses say the suspect was taken from the scene AM by 6:00 around Ambulance.

The area around the service station was blocked off for most of the day as police continue their investiga-

shares ambiti plan for progress

It was a first for Princeton: Town Council shared long term goals and financial planning with the people. Although a scant 36 local residents chose to attend the March 19 meeting at the Skills Centre, they learned

Following the outline presented in a expanded museum, a Princeton mail-out brochure sent the previous week, Councillors talked about plans for development of the community on several fronts.

square" with a new library, an money for Princeton Exhibition

website online last week, a new park at the west entrance to town, an upgraded airport, sale of the former highways maintenance property for Highlights included a new "town residential development, more

Association and changes to the cemetery.

The feasibility of expanding Town boundaries to supply water to East Princeton and the residential area west of the airport is under consideration.

Pool issue springs up

Council fielded questions from the floor after their presentation. It was clear a number of people had hoped to hear an aquatic centre would be built, and were disappointed. Their comments drained a lot of time. Councillor Pam Jones reassured them that Council is still looking at the project but needs more informa-

Council received strong criticism about the lack of jobs created in Princeton, but a local realtor rebutted this by pointing out Weyerhaeuser expansion to three shifts on a 24/7 plan, and plans for expansion of the pellet plant.

Another critic pointed to the need to upgrade the dykes, and Council said there is some provincial money available and consultants will be brought in to look at the dykes. to Conservation Officers. There is a lot of concern about this
Councillors Pam Jones and Maria year's potential for flooding.

John Bey, President of Princeton Exhibition Association, learned the PXA would receive \$10,000 as an

operating grant. He had asked for \$25,000, and expressed his disappointment. Councillor Jim Manion pointed out that the operating grant had increased from \$3,000 a year to \$10,000 only by pinching pennies in other areas of Council's budget.

"It's the best we can do with this year's budget," Manion told Bey. Oh, deer, deer, deer!

A number of people wanted to know what Council plans to do about the deer problem. This issue has been taken to Council repeatedly. During the formal part of the meeting, Council moved to write another letter to the Wildlife Branch to ask for some solution to the prob-

Town Council has no jurisdiction over wildlife problems. Although there is a bylaw prohibiting feeding of deer within Town limits, there is no legal action Council can take. The Conservation Officer has warned a number of people who were reported for feeding deer, and at least one person was fined, but Council cannot do the job assigned

Sadegur were totally sympathetic to residents who suffer property damage as a result of the deer moving into town.

dams make good neighbours?

SPECIAL TO THE NEWS LEADER by Solana Allison

Growing up rurally we are supposed to have a better policy on neighbour relations. For one thing, we get to know the folks that live next door. Other ways of being neighbourly is to remember to return the stuff you borrow in good working order, help out when your able, don't chop down your neighbours trees without askin' and finally make sure you invite the Jones' (or whoever they are) over when discussing projects that you're entertaining, especially when they affect the whole neighbourhood.

I gave Harry Lali's office a buzz this morning. You know, a friendly

Not very neighbourly.

Question: shouldn't we inform the MLA? Maybe we don't need to inform the Provincial government because the town has found American dollars. We all know what good neighbours we have down south when it comes to sharing hydro, water, and trees.

So, I went to talk to someone I thought might give me some of his time. I called Jim Manion, town councillor.

Q: I'm calling about the dam project, and am wondering what's going on at this stage?

think much of it. For two reasons 1) there is a gathering of information,continued on Page 9

he was on vacation with his family and more of the original idea is to be 2) his office didn't know about the able to see, okay, what is it gonna project because they were not told. take to control the water, to try and find out what levels of water there are all up and down the valley and a lot of this has to do with irrigation in the lower area because some of their wells are dropping and so its basically kind of a watershed study to see what would be necessary to control the water levels. That was what this was basically originally over. The dam aspect of things has come into it, but basically what this is at the moment is strictly exploratory." Q: So Fortis-isn't entertaining a hydro project?

"Well Fortis is involved to a point, you know, whether it would even be "To gather all information regard- viable for a dam at this point in time ing all watersheds, tributaries, and I don't know, I don't think they even water amounts. First of all, the know. That was part of the conversacall to find out what he thought of SVPS was originally formed tion. They (Fortis) were somewhat the proposed dam project. He didn't because of the river. Right now involved in it, but mostly its not

Similkameen

ews Leader

Page 2 - Arts Council hears upbeat reports / Page 3 - EDO says 'Council does it right'

REGULAR FEATURES

Page 4 - Keremeos / Page 11-18 - TV Guide / Page 22 - Editorial / Page 23 - Current Comment

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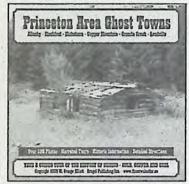
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It was promoted as a Spring Fling Tea & Fashion Show at New Beginnings on March 22nd. It turned into a rather funny marriage skit with costumes and lots of fun. Photo: Brenda Engel.*

Arts Council hears upbeat reports

Member groups of Princeton District Community Arts Council gave a series of positive reports at the March 21 meeting.

Theatre group

Chelsea Turner says Princeton Performing Arts members are doing very well.

Everything is running smoothly. Arts Council members had toured the gym at Riverside Wellness Centre for a sneak preview of the new theatre setting in what was a gym. The transformation is remarkable.

Chelsea Turner had just won an award in a national poetry competition for works aimed at ending racial discrimination.

Vermilion Artists

Vermilion Artists gave a report of activities. They have sponsored two successful art workshops and upcoming workshops have a waiting list.

Students Miranda Grigg and Mary Anne Campbell will show their work during Arts & Culture Week. They received arts bursaries from Vermilion Artists last year.

Mary Bedford expressed concerns about lack of display tripods for art shows. Arts Council members voted to have Vermilion Artists investigate the cost of this equipment.

Ballet

Del Hall, of Princeton Concert Society, reported all arrangements for Arts & Culture Week, April 22-28, are going ahead smoothly. She handed out posters for the ballet, Butterfly Affect, that will be doing a performance on April 29.

Garden Club

Freda Schroeder, of Princeton Garden Club, says the group is keen on participating in planting at the new park being developed across from the curling rink. Councillor Ray Jarvis, Arts Council liaison delegated from Town Council, advised the Garden Club to write a letter to Town Council expressing their desire to become part of the team.

Princeton Writers

Joseph Dubé, representing Princeton Writers Group, said the writers are doing a lot of writing, as individuals, but the group was not doing much at this time, other than getting together.

Community Band

Joseph Dubé reported Princeton Community Band will be part of the parade in Hedley for Stamp Mill Day on May 5, and will be at Music Under the K on May 25. He said the band is developing a bigger repertoire of popular tunes. Councillor Jarvis complimented the band on their increasing skills.

Nick Mills commented briefly on

the future expansion of the museum, then described a new display planned for this year. Photographs given to the museum are of historical interest, but often lack the names of people in the photos. This year, a display of such photos will invite the public to fill in the missing names.

Potters

Sue Le Poidevin said the Potters Guild membership is growing, and pottery classes, both for youngsters and adults, keep the kiln going two or three times a week.

Town Website

Nick Mills had discovered that a few of the Arts Council member groups were missed on the new website. He volunteered to see that they were added.

Members on radio

Jon Barlett and Rika Ruebsaat, who do shows of historic songs and poems, will be on North by Northwest (CBC radio) on Sunday, April 1.

Local theatre group transforms Riverside gym

The first production of Princeton Performing Arts Society will surprise and delight the public. The gym at Riverside Wellness Centre has been transformed into a theatre, thanks to the hard work of Princeton Performing Arts and generous donations of time and money from the community.

On Thursday, April 19, the fledgling theatre group will present the first of five performances of Agatha Christie's *The Mousetrap*. There will be evening performances Thursday, Friday, Saturday, and Sunday, with a matinee at 2:30 PM on Sunday.

Tickets are on sale at Pharmasave: \$10 for seniors and students and \$12 for adults, on advance sales

Tickets at the door will be \$15. Tickets will be sold for specific performances, so to ensure your plans work out, buy your tickets early.

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Meet The Youth Ambassadors A PRESENTATION OF SIMILKAMEEN NEWS LEADER EACH WEEK WE WILL INTRODUCE YOU TO ONE OF THE NINE CANDIDATES Tiffany Mervyn, Princeton A&W Tiffany was born and raised in Princeton and is a grade 11 student at Princeton Secondary School. She likes

Council does it right says El

the summer, riding quads, reading and being home with her family. She is a cheerleader and a very happy and outgoing person. After completing school Tiffany's future plans are to go to University in Kamloops and become

a psychiatrist. Tiffany would like to thank A&W for sponsoring her in the Ambassador Program.*

Economic Development Officer Michael McLaughlin Princeton's Town Council is doing economic development right. Council is developing the industrial park site first, then looking for companies interested in relocating.

McLaughlin was reporting to Council on March 19 to explain his activities on behalf of Similkameen Valley Planning Society (SVPS). This organization is comprised of Directors from Regional District areas of the Similkameen Valley, Indian Band Councils and municipalities, which together pay McLaughlin's salary and expenses, to a total of \$82,000. There is little money available for projects.

Chambers of Commerce are important to support local business development and promote tourism and increased business opportunity. One of the problems for most Chambers of Commerce is generating revenue. SVPS is hosting a workshop on April 30 in Hedley to help local Chambers find ways to raise money.

McLaughlin told Council he is continuing to work with Vermilion Trails Society to help them raise money.

Grist Mill goes to Heritage

SVPS has expressed growing concern about the Grist Mill, which was the top tourist attraction in the Similkameen Valley in the past. It brought 18,000 tourists a year to Keremeos area, but in recent years, run by a private company, numbers decreased to 5,000 tourists a year.

SVPS wrote letters to the government to express these concerns. The private sector no longer will run the Grist Mill operation. The

provincial Heritage Branch has taken over the operation on a budget of \$40,000 per year.

Another dam good idea?

Meetings between SVPS and U.S. interests have addressed, once more, the potential for a dam on the Similkameen River. Washington State is very interested in having a dam on the Similkameen River. In the early 1990s, Princeton Light & Power presented plans to the provincial government for a dam in Similkameen Canyon. The provincial government discouraged the plan by demanding an everincreasing number of studies and goalposts for planners to meet, and money for information gathering simply ran out.

McLaughlin said SVPS is gathering all the studies it can find pertaining to damming a site on the river. The purpose is to look at the feasibility of building a dam.

There are big advantages to having a dam on the river, McLaughlin stated, not only to produce electric power, but to control the water flow, provide adequate water depth for irrigation and protection of fish, and protect natural habitat along the riparian

There are also "downstream benefits", which is a package of financial benefits to the communities in the Similkameen Valley.

Should Mayor McLean shave?

head of hair.

Keremeos Mayor Walter Despot shaved his head to raise \$5,000 for a new digital mammography unit. He has challenged Mayor Randy McLean of Princeton to do the same thing.

Mayor McLean said his sacrifice would not be as great as Mayor

The mayor may shave his head, but not without public support. He will shave his head only when people have donated \$5,000 toward the new mammography unit. Ladies, this mayor wants women to

have healthy breasts. Give him Despot's, as Despot had a great your support! Corina Avenue folk oppose path

A plan to build a path around Princeton has hit a snag with residents of Corina Avenue.

They do not want a footpath along the river at the rear of their properties. Corina Avenue borders

Tulameen River between John Allison Elementary School and Asp (China) Creek.

They have presented a petition to Town Council expressing their

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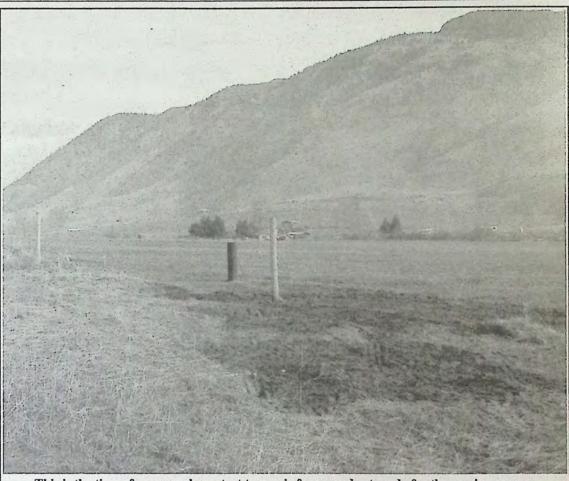
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keremeos and area news



This is the time of year ranchers start to repair fences and get ready for the coming season. This is the view from Highway 3A just north of Keremeos. *

by Dennis Walker, Giant-FM Newsroom

A grass fire in the Lower Similkameen last Tuesday evening jumped the highway before crews could get it under

Dry and windy conditions had Keremeos volunteer firefighters tackling a brush fire along Highway 3 at Cawston.

The fire originated near the old railway bed spreading into bull rushes and scrubs and eventually jumped over the road.

Fire personnel worked quickly

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but were more amazed at the traffic's behaviour than the fire.

Motorists did not slow down and just kept driving through the fire not thinking what could be ahead of them. The brush fire occurred around 5:30 PM and is considered suspicious.

Call Keremeos RCMP if you may have seen anyone in the area around that time. The fire charred an area five metres by 150 metres.

Winery celebrates bridge

Orofino Vineyards of Keremeos has had a history with the historic red bridge.

"Last year, Orofino developed a label that celebrated this local landmark and this year we have done it up again with a 100th Anniversary edition of the Red Bridge Red," says John Weber of Orofino.

"We would like to celebrate it and

promote the valley by dedicating a page on our website to the story of the bridge and we would like members of our community to help us by supplying digital shots of the bridge and the activities surrounding it."

If you have a picture that you would like to send for inclusion to the photo gallery on the website, send it to orofino@nethop.net.

Weather sends rocks on road

A major rock fall in the early morning hours of March 13 blocked Highway 3 just west of Red Bridge and east of Standing Rock., Some of the boulders were as big as the cars using the highway. Boulders bouncing off the asphalt left big indentations.

Other than damage to the highway, there are no reports of injuries to people.

The highway maintenance people did a great job of clearing the highway. By mid-afternoon, even the holes from the bouncing boulders had been filled with new asphalt.

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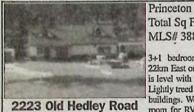
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Total Sq Ft: 1,536 MLS# 38895

3+1 bedroom home on 56 acres 22km East on Old Hedley Road, Lot is level with terraced garden at back. Lightly treed with root cellar and outbuildings. Wood fireplace. Plenty of room for RV parking or plans for a shop. Easy to view!



MLS# 37321

Princeton

Total Sq Ft: 1,782

One floor full of gracious living! Great 3-bedroom home located 20 minutes East of town in a quiet rural area. Property has great privacy and river frontage on the Similkameen Almost new home needs nothing ready to move into. Come see now



522 Taylor

\$289,900

Princeton

Total Sq Ft: 1,152

MLS# 37850

Stunning river front. Fully irrigated greenhouse, lovely landscaping, shop plus large double carport. Home is immaculate with vinyl windows, ceramic tile, fabulous kitchen island laminate, central air, garden tub and so much more. Don't let the cat out!



\$169,900

Princeton

Lot Area (acres): 90.46 MLS# 38927

ing executive log home nestled in priva cy on over 90 acres of world class views. Polished craftsmanship from the towering handset natural stone fireplace to the impresnament natura when the pack on the impressive overhead log beams. The property also boasts a log caretaker's home and 32'x40' dream shop. Here's the icing on the cake: This property welcomes you as a fully furnished turn key pandise!



2321 Old Hedley Road

\$558,300

15-453 Taylor Mill \$42,000

Princeton Total Sq Ft: 1,136 MLS# 37350

Great country setting for this 12'x68' with 10'x32' addition. Many updates include roof 2002, laminate floor, ceramic tile, gyproc walls, new paint kitchen and master. Fantastic bath has double head stand-up shower and is handicap accessible. Will trade.



152 Tulameen Trail \$269,600

Princeton Total Sq Ft: 1,852 MLS# 37682

A lot of living to do and lots of room for it. 4-bedroom family home, private area, near hospital and school Landscaped, fenced yard, carport + 36'x26' double garage and workshop large 24'x18' deck and hot tub. Maste suite not yet finished. Bring ideas!



287 Lawless Creek

\$493,800

\$1,800,000

Tulameen Total Sq Ft: 1,254 MLS# 37854

Remember the Great Escape? This is it! Log home that comes with 538 acres, large decks, barn, corrals, fencing, 1,254 sq ft double wide, great views and also a family and friends bar. This rare find in located in Tulameen the Whistler of the Interior!



68-74 Billiter Ave \$289,000

Lot Area: 9,200 sq ft MLS# 38917

Solid, well cared for downtown Princeton home with amazing potentia for office or even residential. Fantastic vaulted pine ceilings, once a church. Upgrades include kitchen, his/her bathrooms, paint, tile and roof 1 year. Parking lot is 50'x100' included.



456 Corina Ave \$210,000

Princeton Total Sq Ft: 1,220 MLS# 37349

Fantastic setting on Tulameen River enjoys lovely mountain views. 72 feet of frontage and great privacy. Many updates include windows, paint and flooring. This moduline is set on full concrete basement. Awesome workshop and many possibilities!



1674 Princeton-Summerland \$293,800

Princeton Total Sq Ft: 2,016

MLS# 37717 Almost 20 acres only 16km from town. Great possibilities here! Well treed property with private building sites. Property has two drilled wells and water rights on spring. Includes a 4-bedroom mobile, live in it while you build your dream home.



468 Tulameen River Rd \$1,138,300

Tulameen Total Sq Ft: 1,063 MLS# 37874

Fantastic acreage in Tulameen. Consists of approx. 7-acres of river front, lower 12-acre bench with cabin and 60-acre of beautiful, treed view acres. Possible subdivision potential. This is a great investment holding property or develop



Lot Area (acres): 10.62 MLS# 37191

Over 10 acres, view lot, southern exposure, power and phone at lot line, 20+ gallon well.

Lot B Coalmont Road \$165,000

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news leader health page

"Health Check" foods offer healthy options

(NC) - When you hear a meal is diet or 'light,' do you assume it tastes bland? Consumers who choose products that bear the Heart and Stroke Foundation's Health Check symbol can rest easy knowing that these foods will deliver good nutrition.

When great tasting food brands are combined with the Health Check symbol these products deliver nutritious meal options that offer you the same satisfying taste of your favourite meals - and are good for you as well.

What it means

The Health Check symbol assures consumers that the product meets nutrient criteria in accordance with federal guidelines, such as Canada's Food Guide to Healthy Eating and Health Canada's Nutrient Content Claims.

Here's how it works: to qualify for

food category has its own nutrient criteria. Within frozen meals, Stouffer's entrées offer recipes (a product) that meet Health Check nutrition criteria. Specifically, this means the Stouffer's Barbecue Chicken entree, a new recipe bearing the Health Check symbol, is a nutritious option within the context of a total diet. Nutritionally, it offers at least 10 grams of protein or more per serving, 10 grams of fat or less per serving, and 960 milligrams of sodium or less per serving.

What to look for

In addition to the Health Check symbol, participating Stouffer's entrées also carry a nutrition message that appears on the product packaging. For example, the Stouffer's Barbecue Chicken entrée carries the message: "A healthy diet low in saturated and trans fats may

the Health Check symbol, each reduce the risk of heart disease. This Stouffer's entrée is low in saturated and trans fats."

Who decides?

Every product in the Health Check program is evaluated by the Heart and Stroke Foundation's dietitians and must meet specific nutrient criteria. An advisory committee, made up of experts from academia, the dietetic profession and nutrition consulting, provides technical advice and develops and monitors the program criteria.

So the next time you're looking for a nutritious meal, look for the Health Check symbol - it's like shopping with the Heart and Stroke Foundation's dietitians.

More information about Health Check is available online at www.healthcheck.org. healthy dinner ideas can be found at www.nestle.ca. - News Canada

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Explore The History Of Mining - Gold, Copper and Coal

Kidney Disease -

(NC) - For many Canadians who have been recently diagnosed with a health condition, talking with someone who's had a similar experience can help. Sometimes, just knowing that others have been there before, or have had to overcome the same challenges, can be an important part of the coping process.

While counseling staff, which are part of the medical team, are widely available in hospitals and clinics to assist and support patients and their families, many people are also seeking the kind of reassurance that can often only come from connecting with someone who's been there,

"When I was first diagnosed, it felt like I was in a dream - nothing seemed real," said Nora Gilbert, 55. "Once the shock went away, I felt angry and depressed. I worried about the impact this was going to have on my life and my family, who were devastated by the news."

Nora did what many people would do in her situation; she began visiting various web sites to learn as much as possible about the disease, and talking to her doctor and other members of her healthcare team.

However, Nora still felt unsure

about the future. How would she balance her work schedule with her appointments and treatments? Should she tell her colleagues at the office? Would people treat her differently? How much should she involve her family in her care?

Would they feel burdened? Her social worker put her in touch with The Kidney Foundation of Canada's Kidney Connect Peer Support Program, and within a few days, Nora was talking to someone who had been through a similar experience.

"Lisanne and I have a lot in common - she was diagnosed about five years ago with the same type of kidney disease that I have," said Nora.

"Just talking with her helped me feel better. She's come through a life changing event and given me hope that I can as well."

If you or someone you love has just been diagnosed with a health condition, talk to your healthcare team about the different kinds of support that are available. Many hospitals and community agencies offer volunteer-based peer support programs that could help. If you or a family member has kidney disease, or if you are thinking about donating one of your kidneys to someone in need, call 1-866-390-PEER (7337) and connect with someone who's been there, too.

living past 100

Sometimes it helps to talk about it

The mental keys to health

Some people can confront life with a minimum of fear or stress. Even in stressful situations, they manage to avoid becoming ill. Even if they become ill or injured, they seem to snap back to health faster than others. What is their secret?

The secret is in their minds. These people have inner resources to fall back on, and they make themselves healthy with attitude toward life.

Sometimes we call these people "fighters", but they are not really fighting at all. They are people who accept the reality of their situation and look for solutions. One man, told he was HIV positive and would die of AIDS, took the stance that nobody could tell him how and when he would die. He accepted the diagnosis of HIV infection, and set about finding a way to live with it. He amazed doctors, and showed them a path to helping those infected with HIV. He was not fighting, he was coping and seeking a solution.

We create our own stress by how we respond to any of life's demands. When a person feels stressed, the immune system becomes depressed. This makes the person less able to ward off any sort of infection or disease condition.

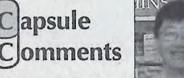
The stress feeling originates with the thought "I can't cope with this situation".

This may seem odd, but it has been proven to be true. There are people who live what appears to be very stressful lives, yet they are healthy and happy. This is due to their ability to cope with the situation. Some people actually enjoy what we see as high stress lives. They are in their element and not only cope well, but thrive on what we see as stress. In fact, they are not stressed. Take them out of their area of expertise and they may develop stress due to being unable to cope with new demands.

So, one of the ways to prevent illness is to develop a pro-active attitude toward life: accept the situation and find a solution. Take positive action.



Capsule omments



by your Pharmasave Pharmacist Wen Wong

We hear a lot about the benefits of ensuring our Vitamin D intake is adequate. Now, a long-term study shows it might reduce the risk of getting pancreatic cancer. It's hard to keep up with all these studies, but taking a multivitamin or a halibut liver oil capsule daily will give the 400 units that is recommended. Why not?

Here's a novel idea. Should our health system reward those people who take care of themselves by eating healthy food, exercise regularly, don't smoke and drink alcohol sensibly? Good idea but hard to police and administer. But why not do these things anyway? The reward is yours...good health and a longer life.

Back in 1604, King James I of England wrote, "Smoking is a custom loathsome to the eye, hateful to the nose, harmful to the brain, dangerous to the lungs and in the black, stinking fume thereof, nearest resembling the horrible Stygian smoke of the pit that is bottomless." A man ahead of

Keeping your salt intake down is still a good idea. Reading labels is important, too. Some low sodium soy sauces still contain about 600mg of sodium per teaspoon which is 25% of the recommended daily consumption of 2,400mg. If you have heart failure or kidney disease, you should keep your total less than 2,000mg.

In these days of fast-paced, high-tech times, it's nice to know you can drop into our pharmacy and speak directly to a pharmacist. It's a good feeling for us too! We hope to see you in our pharmacy sometime soon.

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Last Saturday night's Bra Auction to benefit the Weekend To End Breast Cancer included this entry from Similkameen News Leader - with a lot of help from Shelly Carlson at Auto Tac Graphics. *

Goldcliff strengthens leadership team

Leonard W. Saleken, Chairman of Goldcliff Resource Corporation (GCN.TSXV) is pleased to announce the appointment of George Walter Sanders as President of Goldcliff Resource Corporation, effective immediately.

Sanders has been a Director of Goldcliff since 2002. Saleken moves from President to Chairman of the Company.

As President, Sanders will be responsible for all corporate finance activity and corporate communications, and co-responsible with Saleken for business development activities. Saleken will continue to be responsible for all exploration and development activity.

Sanders has 28 years experience in various aspects of exploration financing. At various times, he has

been responsible for exploration project expediting, investor relations, and corporate management of junior exploration and mining companies. Sanders also spent 14 years as an investment advisor and junior mining analyst with Canaccord Capital Corporation.

Most recently, he served as Vice President Corporate Development for Shore Gold Inc., and President of Shore's gold spin out, Wescan Goldfields Inc. Sanders is a Director of Bitteroot Resources Ltd. and SilverCrest Mines Inc.

This addition to the leadership team of Goldcliff will streamline management roles and provide for the effective execution of Goldcliff's business plan.

Sanders will subscribe for a private placement of 500,000 shares of Goldcliff at a price of \$0.19 per share, bringing his share position to

1,000,000 shares.

Goldcliff is a mineral exploration Company led by experienced geoscientists. The Company's primary asset is the 100% owned Panorama Ridge gold property which is at the delineation drill stage. Goldcliff also holds generative stage projects for silver anduranium. All projects are located in southern British Columbia.

- submitted

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Council supports homes for the homeless

Councillor Pam Jones asked fellow Town Council members to encourage government to renew funding for the National Homeless Initiative. She referred to a letter from the District of Squamish to the Prime Minister, and asked Council to send a letter endorsing the Squamish position.

"I listened to Harper's budget speech and it seems we have a big surplus and plenty of money. We're in a more prosperous time."

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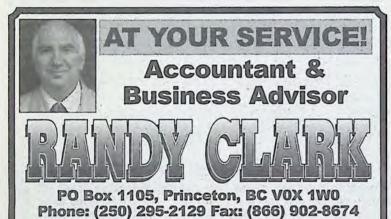
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AT YOUR SERVICE!

Mutual Funds

Why do I have a capital gain on my T3 information slip, when my mutual fund lost money?

Mutual funds allocate their realized capital gains to unit holders. Thus, if they have sold some investments at a gain during the year, they are allocating capital gains to you, even though the value of the mutual fund units went down.

How do I calculate the capital gain when I sell my mutual funds?

If you hold mutual funds in a non-registered account, you must keep track of your ACB, or "adjusted cost base" for each mutual fund. Most mutual fund companies provide information on how to calculate the ACB. The ACB of your investment in one mutual fund will be the total of:

- 1) The total that you paid to purchase your units, including any commission,
- 2) The amount of all reinvested distributions or dividends,
- 3) Less the "return of capital" component of any distributions,
- 4) Less the ACB of any previously sold units.

When you sell some or all of your units, your capital gain or loss is:

- 1) The net proceeds received, after commissions or fees,
- 2) Less the ACB of the units sold (=ACB of total units x # of units sold divided by total # of units prior to sale).

Tax Tip: Keep good records so that you can calculate the ACB of your mutual funds.

THESE TIPS AND INFORMATION ARE INTENDED TO HIGHLIGHT GENERAL TAX RULES AND PLANS AND SHOULD NOT BE USED AS A SUBSTITUTE FOR APPROPRIATE PROPESSIONAL ADVICE RELATED TO YOUR SPECIFIC CIRCUMSTANCES.

Accountant & Business Advisor



PO Box 1105, Princeton, BC V0X 1W0 Phone: (250) 295-2129 Fax: (866) 902-8674 e-mail: Randy.Clark@telus.net



A dancer competes in the Teen Boys Dance during USIB's 2nd annual Pow Wow over the weekend in Hedley. For more full colour photos visit our website at www.thenewsleader.ca. *

MP criticizes new federal budget

NDP Alex Atamanenko, MP, BC Southern Interior, challenged the federal budget for failing to close the prosperity gap in BC Southern Interior.

"With corporate tax cuts totaling \$8 billion, today's budget will further widen the gap between those at the top and middle-class working families," said Atamanenko.

"People throughout our riding have mentioned that we need a national affordable housing strategy. Local tourism and service industries need affordable housing for their employees to live in. This is absent in this budget," stated Atamanenko.

"No mention was made of a national childcare program. We need to ensure that young families in our rural communities have access to quality affordable child care, "according to Atamanenko.

High school graduates planning to attend Selkirk College and other post secondary education institutions will not see a reduction in tuition fees according to the NDP MP.

"The Conservative budget extends the corporate tax advantages for big oil and gas companies another eight years. Corporate Canada and the oil sands will be getting most of the breaks that rightfully belong to average Canadian families," said Atamanenko.

"No mechanism for meeting Kyoto targets and timelines can be found in this budget. Despite tax incentives to buy greener cars there is no mention of keeping jobs in Canada."

Atamanenko says that the 2007 budget fails to address the issue of poverty.

"We had a poverty forum in Castlegar last January where concerns were voiced in regard to the lack of support for those living below the poverty line," said Atamanenko.

"There is no mention of a minimum wage or improvements to the Employment Insurance program. This is not a good budget. It was written more for those sitting around the boardroom table, not the kitchen table," concluded Atamanenko.

MP calls \$250 million a band-aid

Alex Atamanenko, MP - BC Southern Interior has spoken out against the federal government's plan to feed \$250 million dollars into child care.

"Reports that Conservative Social Development Minister Monte Solberg plans a \$250 million bandaid to try and cover up the Harper government's disastrous child care policy are an outrage and insult to working families," says NDP MP Alex Atamanenko.

"Last year, the Harper Conservatives tricked working families and children with the bogus, taxable \$1,200 allowance and with wildly unrealistic promises of creating 125,000 new child care spaces with incentives for the private sector," said Atamanenko.

"They have not produced a single space, and now they plan to throw a small amount of money to the provinces and territories in a desperate attempt to save face. Working families have been let down by this government. When the Harper Conservatives tore up the child care agreement with the provinces, this had a direct affect on our small rural communities."

According to Atamanenko it is time for the federal government to put pressure on the B.C. provincial government to re-instate recent cuts to early childhood education.

"The best way to put pressure on is for the Harper Conservative government to honour the Childcare Agreement signed by the former Liberal government and the provinces," said the NDP MP.

"I have seen first hand what a lack of commitment to early childhood education is having on our small rural communities. Young families deserve better. \$250 million thrown into the pot right now is a drop in the bucket. Children need universal, accessible, affordable quality childcare. Working families want to see fairness and accountability. Without clear standards and guidelines, there are no guarantees of childcare spaces for today's families. It's time for the Conservatives and the Liberals to finally get serious and for Parliament to pass the NDP's Early Learning and Child Care Act to ensure fairness, quality, accessibility, and accountability. Parents and kids in Canada deserve no less," concluded Atamanenko.

The NDP Private Members Bill passed second reading in the fall and is expected to come before the Human Resources committee in the weeks ahead. The NDP is committed to a minimum \$1.2 billion for child care and has pledged that substantial child care funding is a necessary condition for its approval of the-upcoming federal budget.

..... continued from Front Fortis themselves so much as Roger Mayer. Yes he is a, what would you call it, a director of Fortis. He is also a major farmer in the area, so I think it really has more to do with water levels than electric at the moment. I'm not saying it couldn't go to the other part, that's not the main issue at this time. Yes there will be some thought gone into it and obviously, you know, on the other side, the Americans would like to see some control over the water. There is no doubt that they would be probably more pro that way than we would be."

Q: Is there a specific American company that is interested in, or is looking at the river, aside from Fortis?

"Not to our knowledge. Other than we have hooked up with our Washington people, and there is a committee that has been formed, and they're putting this committee together. I don't know if the Washington people have designated their people yet, because they are in the middle of an election of some kind and are having a changeover of or re-election of certain people in their water industry. We have to team up with them because they have their concerns, and we have our concerns and they have monies that they can put towards this project as far as cost-wise for water to find out and to do the study."

Q: What's the push to hold the water back? What inspired that?

"I think the dam part of it came up with somebody bringing that up. I think that it was the different talk around the table, like coming from Keremeos and down the lower valley, because they are probably more conscience of water than we are, just for the sake of irrigation. Some of the wells have dropped and water, they feel, is changing down there."

Q: So this reserve thing on the river is that further towards Manning Park?

"Well, they're doing both rivers. The original dam site was going to go into that canyon, by the mine."

Q: What are your thoughts on the future of the Valley, as far as energy initiatives go?

"You know you can't do it all, but let's say for a group to explore energy you would come to the

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(environmental groups) and say hey, would you guys be interested in doing a study on it? That's a project they could maybe bite their teeth into and I'm just saying there's different projects, and I mean environmentally, where do we want to go with this as a Valley. What do you want and those recommendations could be brought back to the SVPS (Similkameen Valley Planning Society). That way we would be able to hopefully try to keep control of our Valley with the people that are here now, (and they) would have input. Rather than waiting for somebody to come here from the outside, or a bunch of new people move into our area, and they are going to do what they want to do. You get outnumbered if people aren't participating now. Then we lose control of where we want the Valley to go. I think that the general consensus at this time, you know, with reaction to Compliance Coal, we kinda want to be on the greener side. I hope we can keep that energy going so that people will continue to seek out those avenues to do that. And down the road, I think it would be very hard for a company like Compliance Coal, or any other company of that type of nature, to come in here and want to set up. They would basically be refused, if we were known to be leaders in that (green energy)

Q: Do you see the proposed dam as a green energy initiative?

"I don't know if that would be a green initiative or not. I guess it would be the lesser of the evils. First of all do we need power? I mean if you come down to it and you absolutely need power then I guess you have to look at that option. I would prefer to move the other way first. Like with wind and solar and those types of powers. Can we do that, and develop it so that it becomes an economical and viable way to generate power. I honestly believe we should be looking at that, that each household have the ability to

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put a small amount of power back into the gridline. If you can do that with wind or solar, it's a much better process than building dams or coal fired generators. I think dams are probably, well they are not the perfect solution either. You know they have their problems,

Q: Lower (LSIB) is having their own issues with water right now. Lower is having to buy water for a lot of their elderly band members because they have health concerns, so they are not able to drink from the water they draw because, I guess by the time it gets by us and Hedley and the tailings ponds, it's a little bit worse each time. His (Band Chief Joe Dennis) issue isn't just potability, it's that less surface water equals less groundwater storage.

"The other thing being is there is serious issues right now, but also, where it could be in fifteen to twenty years from now."

Q: Do you think Princeton could be facing similar water problems?

"If we start to find out that the lower part of the valley is losing water, in all likelihood here in Princeton if we don't have that problem, we are going to have that problem. It's just gonna come up the valley, that makes us that much more aware and we should take steps to start to curtail those things."

Q: Does the Town monitor ground water supply now?

"We have just had a water strategy done. We will be moving into a direction where we will put flow gages in, but no, at this point, we (as citizens) have pretty much gone with assumption that we have lots and lots of water."

www.thenewsleader.ca



Town of Princeton

NOTICE

Burning is not permitted in Town limits from April 15th to October 15th unless authorization is received by the Fire Chief and a special permit is issued to ensure burning takes place under strict supervision as per Municipal Bylaws No. 393 and Bylaw No. 418.

Eric Gregson Fire Chief



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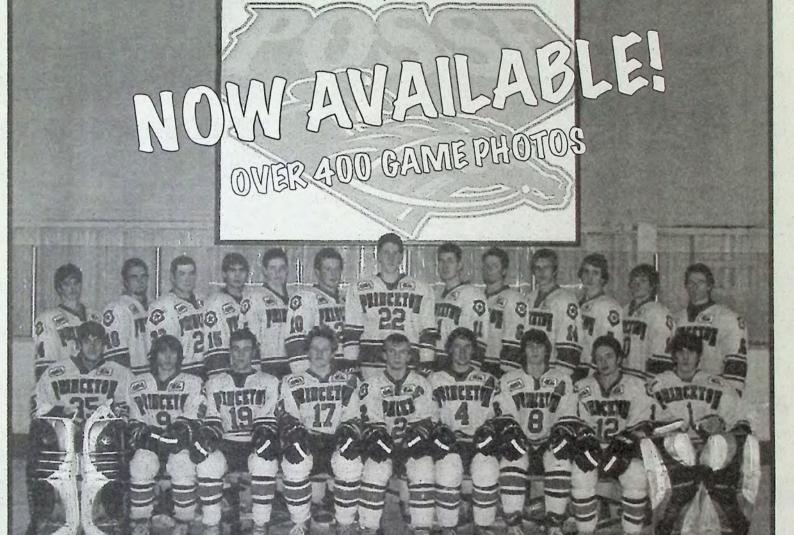
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Ray Poole

Princeton Posse 2006/07 - The DVD



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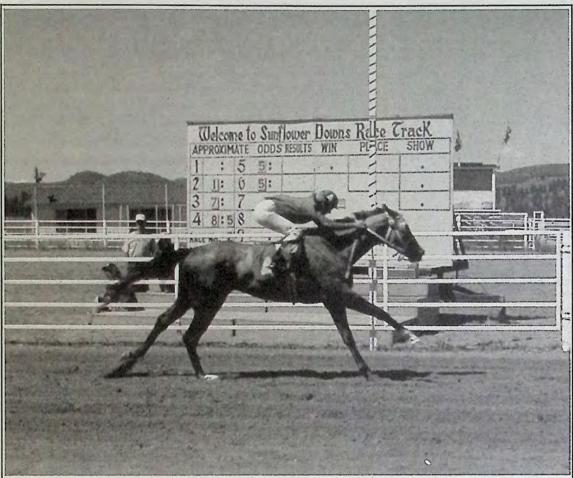
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weekly entertainment guide

TUESDAY, MARCH 27, 2007 THROUGH MONDAY, APRIL 2, 2007



Racing Days are coming! The 39th annual event is planned for Friday, June 29th and will be held in conjunction with local Canada Day Celebrations running from June 29th through July 2nd. Post time for races is 3:00 PM with the bottom purse set at \$4,000.00. Other events planned for the weekend include Lions Pancake Breakfast and Duck Race, Rotary Parade and a Racing Days Dance. For more information on Racing Days contact President John Bey at (250) 295-3970,

Vice President Ed Vermette at 295-7679 or Secretary Carol Ruoss at 295-7891. To find out more about the Racing Days Dance call Ed Muckle at (250) 295-7755.

Mac Lind PeeWees go all the way!

by Head Coach Kevin Williams

Mac Lind Peewees finished league play with an amazing 18 wins and two ties. This saw them with a first round bye to start the play-offs.

Their first match up was against the Penticton Ice Dogs who seemed to give Princeton some trouble in league play.

They even handed Princeton their first loss in their home tournament. The players were here to win and you could tell, by the way they dominated the game right from the start.

This game ended 9 to 5 for Princeton giving them another bye into the A Banner finals best-of-three. The team they would be facing was Westside #3 - a very good team and worthy opponent.

Princeton had home ice advantage so the first game would be in Princeton. Colby Williams opened the scoring putting two goals past the Westside netminder. From there on in they never looked back, with Drayden Larson, Kraig Leochko, Brady Johnson, and Bradley and Jordan Palumbo each registering a goal.

Westside did manage to get one by Jesse Murray who played a very strong game.

This would give Princeton a 1-0 series lead. At the end of their game they were told they would have to be in Westside for a 7:00 AM game Sunday. The team decided rather than getting up early in the morning the team headed to Westside to spend the night.

This game was a lot tougher with the Westside goalie making some excellent saves. Princeton had the lead going into the third period with goals from Eric Hardin and two goals from Drayden. But Westside was not ready to give up scoring and tied the game shortly in the third.

With about two minutes left Kraig Leochko scored to give Princeton the lead, with Drayden giving Princeton the insurance goal to win the game 6 to 4 and lay claim to the A Banner.

The whole team of Jordan and Bradley Palumbo, Jesse Murray, Colby Williams, Kraig Leochko, Drayden Larsen, Emily Allison, Jackie Chow, Eric Hardin, Franco Pontalleto, Devin White, Austin Thibert, Rhett Ortwien, Brady Johnson, Joshua Coyne, Zack Thompson, Nathan Garton, Justin Gill, Clayton Obee, and Brandon Peaker worked together for the win.

This was a very strong team this . year and seemed to have developed along way since the beginning of the year. Congratulations on winning the A Banner!

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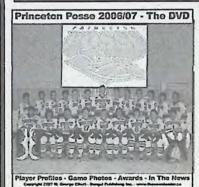


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Barb Gagnon of 'Breast Friends' modeled the Easter Bra designed by the Physio Department at PGH during the March 24th Bra Auction at Copper Mountain Bar & Grill. It went for \$35.00! *

Letter To The Editor

SOS sends Penner a thank you

Honourable Barry Penner Minister of Environment Box 9047 Stn Prov Govt Victoria, B.C. V8W 9E2

Dear Mr. Minister:

We would like to express our congratulations on the environmental initiatives in the Throne Speech at the opening of the Legislature for the 2007 Session.

The majority of people throughout the province rallied to voice alarm about coal fired generation of energy/electricity. Your ministry and your government has recognized those concerns.

We trust you join us in thanking Friends of the Similkameen, the First Nations of the Okanagan and the Similkameen and the vast majority of people throughout the province who showed us support.

The bench mark expressed in the Throne speech, when implemented, leads the way to a cleaner British Columbia for all.

We share this vision of the future with your government and will work with you to achieve these goals:

-to preserve and promote healthy land, air and water.

-to promote clean business and industry throughout the province of British Columbia and specifically in the Similkameen Valley.

-to lead the way in ending depen-

dency on non-renewable energy resources.

-to maintain and encourage transparent dialogue between government and communities.

-to be an open information source on intended government policy and relevant science.

We are pleased to join you in making British Columbia a leader in clean technologies.

Sincerely,

Save Our Similkameen

cc Premier Gordon Campbell

cc Media

Visit Our Website For More Photos From The Bra Auction and Hedley Pow Wow: WWW.thenewsleader.ca



A collection of bras auctioned off during the March 24th Bra Auction to benefit the 'Breast Friends' team in the Weekend to End Breast Cancer Walk. *

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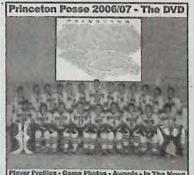


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111	AM	Harvey	Thane	Math Shop Scattering	Thomas Sit-Be Fit	Dr. Keith Ablow (#)	Young and the Restless	24 🖫	Paid Prog.	Judge J. House	News (Live)	Deacon	Mischief	Open Early	eTalk ["Top Ten"	Higglytown	Michael Vartan,	Star Trek: Next Gener.	The Nanny
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12	PM	Home Imp.	News [61]	Undersea	Rose (ff)	Paid Prog.	Bold & B.	Confidential	1 to	News 🖫	Days of our Lives (N)	Today (Being Ian	From Miami.	Degrassi	Extreme Engineering	(11:49)	CityLine [6]	Star Trek: Next Gener.	Seinfeld
-	.00	Yes, Dear	Diva Dime	Macphee	Watercolor	Days of our	As the	American	(N) [E] One Life to	As the	As the	Living	Flamingo	(Live)	Bold & B.		Weekend	N	Star Trek:	Seinfeld Mad Abt.
1	PM	Yes, Dear	Homes	Quilting	America	Lives (N)	World	Justice:	Live (N)	World .	World	What's-	George S. Beasts		Sue Thomas:	Dirty Jobs	Dragon	Making It Star! Daily	Voyager (II)	Frasier
-	:30	King	Guiding	Gaslight	Reading	Passions (N)	Turns (N)	Free Cold Case	General	Turns (N) Passions (N)	Turns (N) Passions (N)			Matamusla	F.B.Eye	How Made	Emperor	Ellen	Star Trek:	
2	PM	King	Light (N)	Animals	Lions	(II)	Light (N)	Files (6)	Hospital (N)	The second secon	E	Deacon	LazyTown Winx Club	Motorcycle	General Hospital (N)	How-Made	Lilo Stitch Proud	DeGeneres		Beverly Hills, 90210
_	:30	Seinfeld	Room	Jack's Big		Judge	Dr. Phil (E)	Crossing	Rachael	Young and	Young and	Show	Mystery	Off-Record	Dr. Phil (E)	Ultimate	Weekend	Show News (6)	CSI: Crime	Due South
3	PM	Seinfeld	Design	Music Show	Postcards	Judge	Di. Fin (S)	Jordan (4)	Ray (f)	the Restless	the Restless	Miracles	Neutron	Sports	Dr. Phil (G)	Stunt Pilots	Lloyd	Mens (72)	Sen Crime	"North"
-	:30 PM	Raymond	Days of our	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Millionaire	Oprah	News [ff]	Frasier	Phantom	Hockey	Daily Show	Daily Planet	Barbarian	Friends	CSI: Crime	FANatical
4		Raymond	Lives (N)			Judge J.	Winfrey (6)	"Shattered"	Millionaire	Winfrey [Global	Mercer	Viva Pinata	Westminste	Colbert	(N) (E)	Proud	Hollywood	Sen	Inside Box
-	:30 PM	Raymond	News (E)	George S.	BBC World		News	CSI: Miami	CARRIED SALE	News [6]	News (Live)		OddParent	r Kennel	News (ff)	How-Made	K. Possible	Spoiled	CSI: Crime	20000111000
5		Raymond	Items La	(5:32)	Business	NBC News	News	"Silencer"	ABC News	Global	Œ	Arrested	SpongeBob	Club Dog Show:	News (III)	How-Made	Suite Life	Rich Kids	Sen	Seinfeld
-	PM	Sex & City	Body	CG Kids	News-	News [E]	News	Dog	News (tt)	News [6]	ET Canada		Being Ian	"Closing	News [#]	Mega	So Little	Pussycat	UFC	Married
6		Sex & City	Caitlin	Heads Up	Lehrer	Raymond	Hollywood	Dog	News (tt	Applicate Cont.	Entertain	at Six 🖭	Prank Ptrl	Night" (Taped)	items till	Builders @	Darcy	Dolls-	Unleashed	Married
-	PM		Out There	Animal	Nova (t)	Jeopardy!	Friends	Driving	Entertain	Entertain	Shark (ff)	Coronatn	Sabrina	SportsCentr	eTalle (#)	Futureweap	So Raven	Search Stargate	Bullrun (N)	Frasier
7	20000	Friends	Jeopardy!	Eden	(DVS)	Fortune	Scrubs	Driving	The Insider	ET Canada	Shill K (H)	Aquatics	Malcolm	e (Live) 団	Hollywood	ons (N) [E	Smart Guy	SG-1		Grace
		Sex & City	NCIS	Masterpiece	Wild Things		NCIS	King Cars	Dancing	Risk Takers	Risk Takers	100	Fresh Pr.		American	Daily Planet	Charles and the	News [tt]	Pros vs.	ET Canada
8	:30	Sex & City	"Sandblast"	, and the second	(E)	NBC @	"Sandblast"	King Cars	With the Stars	Œ	Œ (DVS)	22 Minutes	Fatherhood	In Corner	Idol Œ	(P)	Life Derek	(8:35) Star!	Joes	FANatical
0	PM	(9:05) Movie:	The Unit	Lost Romance	Frontline/W	Law Order: CI	The Unit	CSI: Miami "Silencer"	Dancing With the	House "Top Secret" (N)	House "Top Secret" (N)	The Hour	Mystery	Spirit	Dancing With the	Mega Builders 😉	8 Rules	(9:06) Jimmy	CSI: Crime Sen	Seinfeld
9	:00	"Disclosure"			urid	CI	(E)	Shencer	Stars	Secret (N)	Secret (IV)	(B)	Ghost	Billiards	Stars	Dunders (35)	Sinbad	Kimmel		Seinfeld
10	PM	(1994, Suspense)	Dateline NBC (6)	Classical	Independen t Lens (N)	Law & Order: SVU	Shark (f)	Dog	Great American	Shark @	News (Live)	National	Prank Ptrl	Motoring	Law & Order: SVU	Futureweap	Popular 🔃	(10:06) Movie:	Star Trek: Voyager [ff]	Married
10	:30	Michael	MDC (E)	Landscape	Lens (N)	Order: SVU		Dog	Dream		CH)		Bob	Motorcycle	Order: SVU	OHS (M)		"Ride With	Toyager (II)	Married
1-1	PM	Harman Street		Reach-Top	Charlie Rose (N)	News (E)	News	Driving	News @	News (tt)	Entertain	The Hour	Madison	SportsCentr		How-Made	8 Rules	the Devil" (1999) Skeet	Pros vs.	Ellen [@]
111	:30	"Disclo	Room	Moving On	Rose (N) 🗉	Tonight	Late Show	Driving	(11:35)		ET Canada	Œ	Hollywood	e (Live) [News [ff]	How-Made	Life Derek	Ulrich.	2005	The Nanny

WEDNESDAY, MARCH 28, 2007

	WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	(XLY	BCTV	CITV 12	CBC	YTV (18)	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE	TROP 45
6 Al	Dawson's Creek [6]	News (6)	(Off Air)	Body Elec. Caillou (EI)	News [f]	News	City Confidential	(5:00) News		(5:00) News (Live) (E)	CBC News: Morning	Gadget Monster	SportsCentr e [ff]	Canada AM	Daily Planet	(6:06) King Spider-Man	Rachael Ray (N) 🔃	Star Trek: Next Gener.	Counterstri
7 AI	"Crocodile	100 Huntley	The second second	Barney Arthur (EI)		The Early Show [6]	Amer. Justice	Good Morning America (E)			George S. Lunar Jim	Being Ian Pokemon	SportsCentr e 🕮	Œ	Beastly Countdown	K. Possible (7:24)	CityLine @	Deep Space 9	Night Heat "The Pimp"
8 A	M Los	Street E ·	Hi-5 Berenstain	Curious			Cold Case Files @	Minerica (g)		100 Huntley Street [#]	Curious Pinky	Pokémon Flamingo	SportsCentr e [tt]		American Chopper @	Weekend Lilo Stitch	Deep Space 9	V.J.P. "Diagnosis Val"	Due South "Vault"
9 AI	M NewsRadio	A STATE OF THE PARTY OF THE PAR	Magic Bus Rolie Polie	Dragon Big World		Discover	Crossing Jordan (tt)	Regis and Kelly	100 Huntley Street [6]	World Vision	Poko Save-Ums!	George S. LazyTown	Off-Record Spirit	Regis and Kelly	Daily Planet	Pooh Bear	News @	Star Trek: Next Gener.	That News Inside Box
	M Harvey		Paddington Pancakes	Street (EI)		The Price Is Right [ff]	CSI: Miami "Skeletons".	The View	World Vision	Design House	Zoboo	Jane Pippi	ATP Tennis: Sony	1.757 W.S. W.C. CO. CO.	Conspiracy Files (#)	JoJo Handy	Movie: "The 'Burbs"	Deep Space 9	Ellen Œ
A A	M Harvey	Seinfeld	Chiefs	Bob Build	Show Dr. Keith Ablow (N)	Young and the Restless	24 國	Paid Prog.	Judge J.	News (Live)	The Gill Deacon	Mischief Jacob	Ericsson Open Quarterfinals	eTalk @	Conspiracy Files [f]		(1989) Tom Hanks. @	Star Trek: Next Gener.	The Nanny Frasier
P	M Home Imp.	Thane News (f)	Scattering Reach-Top	Pose [FF]	Paid Prog.	News	City Confidential	Paid Prog. All My Children	News @	Days of our Lives (N)	Show CBC News: Today [E]	Being Ian	. From Miami. (Live) @	Degrassi Bold & B.	Conspiracy Files @	(11:49) Weekend	CityLine [6]	Star Trek: Next Gener.	Seinfeld Seinfeld
- P	M Yes, Dear	Diva Dime	Edge Journal	Art Work	Paid Prog. Days of our Lives (N)	Bold & B. As the - World	Amer. Justice	(N) Œ One Life to Live (N)	As the World	As the World	Living	Flamingo George S.		C. Carlotte Cont.	MythBuster s	Dragon	Speakers	Star Trek: Voyager [ff]	Mad Abt.
P	Yes, Dear M King	Homes Guiding	Thimbles Gaslight	Sewing Reading		Turns (N) Guiding Light (N)	Cold Case Files (E)	General	Turns (N) Passions (N)	Turns (N) Passions (N)	What's- The Gill Deacon	Beasts LazyTown	In Corner	F.B.Eye	Whirlpools. Mega	Emperor Lilo Stitch	Star! Daily Ellen DeGeneres	Star Trek: Voyager [@]	Frasier Beverly Hills, 90210
P	M Seinfeld	Light (N) Room	Moving On Jack's Big	Arthur (EI)		Dr. Phil @	Crossing	Hospital (N)	Young and	Young and	Show Food	Winx Club Mystery	Interruptio Off-Record	Dr. Phil @		Proud Weekend	Show	CSI: Crime	Due South
	Seinfeld M Raymond	Design Days of our	Music Show Dora	Postcards Cyberchas	Judge Judge J.	Oprah	Jordan 🔃	Ray (N) E	the Restless Oprah	News @	Miracles Frasier	Neutron Phantom	Sports NHL		How-Made Daily Planet	Lloyd Barbarian	Friends	Scn CSI: Crime	"Vault" That News
4 :	Raymond M Raymond	Lives (N)	(4:37) Little George S.	Zoboo BBC World	Judge J.	Winfrey (E)	"Skeletons" CSI: Miami	Millionaire News [8]	Winfrey (E)	Global News (Live)	Just-Gags Simpsons	Avatar OddParent	Hockey: New Jersey Devils at	Colbert News @	(N) @	Proud K. Possible	Hollywood Next Top	Scn CSI: Crime	Inside Box Seinfeld
5 :	Raymond		(5:32)	Business	NBC News	News	"Deviant"	ABC News	Global	Œ	Arrested	SpongeBob	Buffalo Sabres.		Really Happened	Suite Life	Model	Sen	Seinfeld
6 :	M Raymond Raymond	Body Caitlin	Mechanics	News- Lehrer	News @ Raymond	News Hollywood	The Sopranos	News @	News @	ET Canada Entertain	at Six @	Being Ian Adrenalini	(Live) Œ Hockey	News [ff]	Waco	So Little Darcy	Movie: "Zoolander" (2001) Ben	Ultimate Knockouts 4	Married
7 2		Out There Jeopardy!	Meerkat Wild	Journey to Planet Earth	Jeopardy! Fortune	Friends Scrubs	(7:15) The Sopranos "Bust-Out"	Entertain The Insider	Entertain ET Canada	Jane Show Love-Death	Coronatn Aquatics	Sabrina Malcolm	SportsCentr e (Live) @	eTalk (ff) Hollywood	MythBuster s (ff	So Raven Smart Guy	CONTRACTOR OF THE PARTY OF THE	Afro Samurai	Frasier Grace
63	M Movie: "Turner & Hooch"	'Til Denth In Case	Hot Rocks Incas. (N)	The Boomer Century 1946-2046	Friday Night Lights (N)	Jericho "Winter's End"	Simmons	Great American Dream	Bones (N) (PA) [EE]	Bones (N) (PA) (E)	Comedy Fest.	Fresh Pr. Weird	Off-Record		Daily Planet	Suite Life Life Derek	News @ (8:35) Star!		ET Canada That News
O P	M (1989) Tom Hanks.	Movie: "The Grudge" (2004,	Life and Death	(N) (E)	Crossing Jordan (N)	Criminal Minds (E)	CSI: Miami "Deviant"	Jim In Case	Crossing Jordan (N)	Crossing Jordan (N)	fifth estate	Mystery Ghost	ATP Tennis: Sony Ericsson	Idol	MythBuster s Whirlpools.	8 Rules Sinbad	(9:06) Jimmy Kimmel	CSI: Crime	Seinfeld Seinfeld
10 P	Movie: "Crocodile Dundee in	Horror). Jason Behr	Chasing the	Remember	Medium (N)	CSI: NY	The Sopranos	Lost "Exposé" (N) (E)	Jane Show Love-Death	News (Live)	National	Prank Ptrl Bob	Open Quarterfinals	CSI: NY W		Popular 🔃	"Date With Darkness- Andrew	Star Trek:	Married
	M Los Angeles"	News (6)	Scattering	Charlie Rose (N) [6]	News (E)	News	(11:15) The Sopranos	News (E)	News [6]	Entertain	The Hour	Madison	SportsCentr e (Live) [6]		Waco	8 Rules	Luster	Voyager [6]	Ellen 🖫

Horoscopes

March 28 - April 4, 2007

Aries - You may feel like getting away from your routine this weekend, but stay home for your health. You are vulnerable to colds and flu. Rest. Gifts, money can be yours Saturday.

Taurus - This weekend can be exceptional for you, bringing new pleasures into your life. Plans change. Career is still challenging, hectic, but sports, creative activities, spell leisure fun.

Gemini - Career brings you increased financial security this week. You need to open up to partner, and vice versa. Make plans together. Home, family need attention this weekend.

Cancer - Travel plans can be made without a hassle this week and you may decide on a sudden trip this weekend. Career demands ease temporarily. Income stabilizes, but be thrifty.

Leo - Career brings pleasant times this weekend. Young people may entertain you or you could entertain them. Try not to be the "wise elder" or you will be the "wet blanket".

Virgo - Your partner wants your attention this weekend and wants to go places with you. This may come as a surprise, but go along with it. Take a break. Family concerns are ongoing.

Libra - Partnership matters come to the fore, and you need to pay attention to relationships of all kinds. Discuss matters of mutual concern. Be open and honest, no hidden thoughts.

Scorpio - Partner wants to discuss young folk, having fun, or doing creative things. Some financial planning about home may be in order. This weekend, leave time for spontaneous fun.

Sagittarius - Look for ways to have fun with the work you do. Put an element of good humour into all of your relationships. Fun event means work this weekend. Health is good.

Capricorn - Focus now is on home, family, property. Talk with young people, siblings, should be pleasant. Health is good. Limitations are in finances, investments, taxes, insurance.

Aquarius - You feel like going places but watch your money. Plans you make with partner, friend, may not be suitable. Don't push to get your way. Spend fun time with kids.

Pisces - You can make great things happen this weekend just by what you say and how you say it. You can be quite inspired. Put a lid on most of your worries now. Opt for positive action.

Regular Meetings

Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at

Citionoles

Similkameen Christian Riders meet at
Dairy Queen every Wednesday evening at 6
pm for a ride. To join, show up

Princeton Writers Group meets every second and fourth Thursday 7pm at

Riverside Wellness Centre Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
 PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital

Hedley Library open 2-7pm Thursdays
Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673

Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.

Princeton Fish & Game Club meets first

Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.

Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm • Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall

Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena

 Southern Cruisers Similkameen Chapter #53 meets for rides every hursday night.

Rocklin Avenue.

Vermilion Trails Society meets 2nd
Wednesday of the month, 7:00 PM in
Chamber of Commerce meeting room.
Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall,

 Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room. Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on

 Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feaure a Spiritual Movie.

U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.

• U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church

• Princeton Badminton Club welcomes

new members. Mondays 7:30 - 9:30 PM

thursday movies

MORNING

7:00 am WTBS 3 **¼"Mouse Hunt" (1997, Comedy) (PA) Nathan Lane. Brothers inherit a dilapidated mansion inhabited by a resourceful rodent that refuses to leave. (DVS)

10:00 am CITY 29 ** "Zoolander"
(2001, Comedy) Ben Stiller. A supermodel befriends a rival while becoming mixed-up in a brainwashing and assassination plot.

EVENING

7:00 pm WTBS (3) *x"A Night at the Roxbury" (1998, Comedy) Will Ferrell. Desperate to meet women and open their own dance club, brainless brothers Steve and Doug Butabi cruise Beverly Hills. (6) 8:55 pm WTBS (3) *x"High School High" (1996, Comedy) Jon Lovitz. A perky administrator helps a

naive inner-city teacher when a gang steals his class's college-entrance exams.

10:06 pm CITY

10:06 pm CIT

Ferrell. Desperate to meet women and open their own dance club, brainless brothers Steve and Doug Butabi cruise Beverly Hills. (2) 11:00 pm SPIKE (4) ** "Another 48 Hours" (1990, Action) Eddie Murphy, Slick jailbird Reggie hits the street with sloppy policeman Jack, this time to nab a drug king. (In Stereo)

friday movies

MORNING

7:00 am WTBS 3 * * "High School High" (1996, Comedy) Jon Lovitz. A perky administrator helps a naive inner-city teacher when a gang steals his class's college-entrance exams.

10:00 am CITY ② ★★%"Brave New Girl" (2004, Drama) Lindsey Haun. Despite financial struggles, a single woman helps her daughter attend a school of music and dance. [底]

4:00 pm YTV (B) ** * * "Jimmy Neutron: Boy Genlus" (2001, Comedy) Voices of Megan Cavanagh. Animated. A smart child and his mechanical dog blast into outer space after aliens kidnap adults from his hometown. (In Stereo) (E) 5:00 pm WTBS (3) * "The Cookout" (2004, Comedy) Ja Rule. After her son signs a contract with an

After her son signs a contract with an NBA team, a woman invites friends and family to a wild barbecue at his new mansion.

EVENING

6:55 pm WTBS 3 **"Sister Act
2: Back in the Habit" (1993, Musical
Comedy) Whoopi Goldberg. A Las
Vegas singer teaches a mother supe-

rior's flock how to rock and save the school from closure. (E)

7:30 pm FAM (26) * *Genius" (1999, Comedy) Trevor Morgan. A brilliant 14-year-old maintains a double life in junior high school and college in an attempt to fit in. (E)

8:00 pm KNOW (5) "Belonging" (2004, Drama) Brenda Blethyn. A heartbroken woman must adjust to a new life after her husband leaves her for a younger lover. (E)

9:00 pm WTBS (3) * * *While You Were Sleeping" (1995, Romance-Comedy) Sandra Bullock. A lonely Chicago subway clerk falls for the brother of a comatose man she adored from afar. (E)

FAM (26) * * *"First Kid" (1996, Comedy) Sinbad. A loud Secret Service agent understands the president's teenage son, though most consider him difficult.

10:06 pm CITY (29) "Hollywood Dreams Take 2" (1995, Adult) Carol Hoyt. Actresses will do anything to land a role in a Hollywood gangster movie.

land a role in a Hollywood gangster movie.

10:40 pm FAM 26 **%"Six Days, Seven Nights" (1998, Romance-Comedy) Harrison Ford. An emergency landing strands a New York magazine editor and a South Pacific cargo pilot on an unknown Tahitian island. (In Stereo)

Similkameen News Leader Community Calendar

APRIL

- 6 Good Friday
- 8 Chopaka Rodeo, Chopaka Rodeo Grounds
- 9 Easter Monday

MAY

- 5 Stamp Mill Days, Hedley
- 12, 13 6th Annual Princeton Pro Rodeo, Princeton
- 13 Mother's Day
- 19-21 Hedley Slo-Pitch Tournament
- 19-21 Keremeos Elks Rodeo, Keremeos Rodeo Grounds
- 21 Victoria Day
- 24-27 Music Under The K, Keremeos

JUNE.

17 - Father's Day

1 - Canada Day

AUGUST

5 - Kars Under the K - Keremeos

SEPTEMBER

- 1, 2, 3 Slo-Pitch Tournament, Hedley
- 15 Similkameen Sizzle, Keremeos
- 16 Terry Fox Run, Keremeos, Princeton

If your Club, Group or Organization has set an Important date, it can be listed here Free, Contact us for details! ads@thenewsleader.ca

Similkameen News Leader

Recipe Corner (Recipe #160) Brought To You By: Similkameen News Leader

Bacon-Mushroom Cheese Turkey Burger What could be better than a juicy, sizzling burger straight from the grill?

- 2 cloves garlic, minced
- 1/4 tsp freshly ground black pepper (1 ml)

Topping:

- 1 cup shredded Cheddar cheese (250 ml)
- 1/2 cup sliced mushrooms (125 ml)
- 6 slices bacon, crispy cooked and crumbled
- 1 green onion, finely chopped
- 14 cup mayonnaise (50 ml)

In a bowl, combine ground turkey, onion, garlic and pepper; mix well and shape into 6 patties. In a small bowl, combine cheese, mushrooms; bacon, green onion and mayonnaise; mix well. Broil or grill burgers 4 - 6 inches (10 - 15 cm) from heat or over medium-hot coals for 10 - 12 minutes, turning once. During last several minutes of cooking, spoon-1/4 cup (50 ml) topping on each burger. Continue cooking until cheese is melted. Makes 6 servings.

Preparation time: 10 minutes Grilling time: 10 - 12 minutes

Used by permission of Manitoba Turkey Producers. For more great turkey recipes check http://www.turkey.mb.ca

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10.[∞] PER WEEK

Call Us For Details! Similkameen News Leader (250) 295-4149

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

THURSDAY, MARCH 29, 2007

		WTBS	CHBC 4	KNOW 5	KSPS	KHQ (Z)	KREM 8	A&E	KXLY	BCTV	CITV	CBC .	YTV (18)	TSN 19	VTV	DISC 24	FAM [26]	CITY 29	SPIKE	TROP
6	AM :30	Dawson's Creek 🕮	News (E)	(Off Air)	Body Elec. Caillou (El)	News 🖭	News	City Confidential	(5:00) News	News @	(5:00) News (Live) [6]	CBC News: Morning	Godget Monster	SportsCentr e [fi]	Canada AM	Daily Planet	(6:06) King Spider-Man	Rachael Ray (N) [E]	The state of the s	Counterstri ke [6]
.7	.00	Movie: "Mouse Hunt"	100 Huntley	BluesClues Dora	Barney Arthur (EI)	Today Career camp; Scott	The Early Show [E]	American Justice	Good Morning America [f]			Arthur (E)	Being Ian Idaten	SportsCentr e [ff]	Œ	Untamed North America	K. Possible (7.24)	CityLine [E]	Deep Space 9	Night Heat
8	AM :30	(1997) (PA) Nathan Lane.	Street [6] Taste	HI-5 Berenstain	Curious Clifford	Conant.		Cold Case Files [6]			100 Huntley Street [ff]	Curious	Pokémon Flamingo	SportsCentr e 🖽		MythBuster s @	Weekend Lilo Stitch	Deep Space 9	V.I.P. "The K-Files"	Due South "Witness"
9	AM :30	NewsRadio Cosby	Body Judge	Magic Bus Rolie Polie	Dragon Big World		Discover Discover	Crossing Jordan (E)	Regis and Kelly	100 Huntley Street [6]	World Vision	Poko Save-Ums!	George S. LazyTown	Off-Record Score Golf	Regis and Kelly	Daily Planet	Pooh Bear	News [4]	Star Trek: Next Gener.	Whatever Inside
10	AM :30	Harvey Harvey	The Price Is Right (1)	Paddington Pancakes	Sesame Street (EI)	Ellen DeGeneres Show	The Price Is Right (E)	CSI: Miami "Collision"	The View	World Vision	Design House	Zoboo Doodlebop	Jane Pippi	ATP Tennis: Sony Ericsson	The View (N) [匠]	Meerkat Adventure	JaJo Sprites	Movie: "Zoolander" (2001) Ben	Deep Space 9	Ellen @
11	AM :30	Harvey Harvey	Seinfeld Seinfeld	Halda Art Scattering	Thomas Sit-Be Fit	Dr. Keith Ablow (N)	Young and the Restless	24 [6]	Paid Prog.	Judge J. House	News (Live)	The Gill Deacon Show	Mischief Jacob	Open Quarterfinals . From	eTalk @ MTV e2	Tiger Shark Attack	Higglytown (11:25) King	Stiller. @	Star Trek: Next Gener.	The Nanny Frasier
12	200	Home Imp.	News [6]	Walk on the Wild Side	Charlie Rose (fi)	Paid Prog.	News Bold & B.	City Confidential	All My Children (N) (E)	News [#]	Days of our Lives (N)	CBC News: Today [6]	Being Ian Flamingo	Miami. (Live)	Degrassi Bold & B.	Anatomy of a Warship	(11:49) Weekend	CityLine [6]	Star Trek: Next Gener.	Seinfeld Seinfeld
1	4 5 6 7	Yes, Dear Yes, Dear	Diva Dime Homes	Human Nature [6]	Painting Needle Art	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Living What's-	George S. Beasts		Sue Thomas: F.B.Eye	What Really Happened	Dragon Emperor	In Fashion Star! Daily	Star Trek: Voyager [6]	Mad Abt. Frasier
2		King King	Guiding Light (E)	Gaslight Dotto Tech	Reading Lions	Passions (N)	Guiding Light (N)	Cold Case Files [3]	General Hospital (N)	Passions (N)	Passions (N)	The Gill Deacon Show	LazyTown Winx Club	Billiards Interruptio	General Hospital (N)		Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager [tt]	Beverly Hills, 90210
3		Seinfeld Seinfeld	Room Design	Jack's Big Music Show	Arthur (EI) Postcards	Judge Judge	Dr. Phil [6]	Crossing Jordan [t]	Rachael Ray (N) [ff]	Young and the Restless	Young and the Restless	Food Miracles	Mystery Neutron	Off-Record Sports	Dr. Phil 🔃	How-Made How-Made	Weekend Lloyd	News [tt]	CSI: Crime Scn	Due South "Witness"
4	PM :30	Raymond Raymond	Days of our Lives (N)	Dora (4:37) Little	Cyberchas Zoboo	Judge J.	Oprah Winfrey 📧	CSI: Minmi "Collision"	Millionaire Millionaire	Oprah Winfrey [ff]	News (E)	Frasier . 22 Minutes	Phantom The X's	MLB Preseason Baseball:	Daily Show Colbert	Daily Planet (N) [E]	Barbarian Proud	Friends Hollywood	CSI: Crime Scn	Whatever Inside
5	PM :30	Friends Friends	News 🖭	George S. (5:32)	BBC World Business	News (E) NBC News	News News	CSI: Miami 図	News (E) ABC News	News @	News (Live)	Simpsons Arrested	OddParent SpongeBob	New York Yankees at Toronto Blue	News [6]	Deadliest Catch [#]	K. Possible Suite Life	Ugly Betty	CSI: Crime Scn	Seinfeld Seinfeld
6	PM :30	Friends Friends	Body Caitlin	Spellz 🖭 Reach-Top	News- Lehrer	News [6] Raymond	News Hollywood	The First 48	News [tt]	News @	ET Canada Entertain	CBC News at Six [ff]	Being Ian Erky Perky	Jays. [#]	News [8]	Dirty Jobs	So Little Darcy	Supernatur al @	TNA Wrestling Impact!	Married Married
7	PM ;30	Movie: "A Night at the Roxbury"	Out There Jeopardy!	Profiles of Nature [6]	Silver Linings [6]	Jeopardy! Fortune	Friends Scrubs	The Execution of Wanda	Entertain The Insider	Entertain ET Canada	You Smarter?	Coronatn Aquatics	Sabrina Malcolm	SportsCentr e (Live) 📧	eTalk [ff] Hollywood	Mayday 🖭	So Raven Smart Guy	Godiva's "Floodgates"	Pros vs. Joes (N)	Frasier Grace
8	PM :30	(1998) 📧	Saved 🖾	Secret Secretaries	Rosemary and Thyme	The Office	Survivor: Fiji 🔃	Jean (N) @	Ugly Betty	Survivor: Fiji (E)	Survivor: Fiji @	Crazy Eights (N)	Fresh Pr. Fatherhood	Off-Record	Grey's Anatomy	Daily Planet	Suite Life Life Derek	News [#] (8:35) Star!	Bullrun	ET Canada Whatever
9	PM :30	(8:55) Movie: "High	Psych [6]	Around the World	Globe Trekker	The Office Barker, P.J.	CSI: Crime Sen	CSI: Miami	Grey's Anatomy	You Smarter?	Shark "Backfire" (N)	Opening Night (N)	Mystery Ghost	Boxing: Librado Andrade vs.	CSI: Crime Scn	Dirty Jobs	8 Rules Sinbad	(9:06) Jimmy Kimmel	Wild World Sports	Seinfeld Seinfeld
10-	PM :30		Zoe Busiek: Wild Card	Wild Tudors Did	Soundstage	(10:01) The The Office	Shark "Backfire" (N)	The First 48		Shark "Backfire" (N)	News (Live)		Prank Ptri Bob	Mikkel Kessler. 🕮	Criminal Minds [6]	Mayday 🖽	Popular [6]	(10:06) Movie: "The Wood"	MXC Dudesons	Married
11	PM :30	"Night- Roxbury"	News @	Indecently Exposed	Charlie Rose (N)	News (E) Tonight	News Late Show	Execution	News (£) (11:35)	News 🖭	Entertain ET Canada	The Hour	Madison Hollywood	SportsCentr e (Live) @	News Œ	Deadliest Catch [ff]	8 Rules Life Derek	(1999) Omar Epps. 🔃	"Another 48 Hours"	Ellen (#) The Nanny

FRIDAY, MARCH 30, 2007

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITY	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
		3	4	5	6	7	8	9	10	11)	12	13	18	19	22	24	26	29	44	45
0			News 🖭	(Off Air)	Body Elec.	News [tt]	News	City	(5:00) News	News @	(5:00) News	CBC News:	Gadget	SportsCentr	News 🔃		(6:06) King		VJ.P. "Val	Counterstr ke [8]
6	:30	Creek [ff]	Room		Caillou (EI)	l.		Confidential	[EE]		(Live) (E)	Morning	Monster	e (E)	Canada AM	Œ	Spider-Man	Ray (N) 🕮	on rire (tt)	Ke (tt)
		WEST	Life Today	BluesClues	Barney	100 000	The Early Show @	Amer Justice	Good Morning			George S.	Being Ian	SportsCentr		Miracle Planet [cc]		CityLine @	Disorderly Con.	Night Heat
1	:30	School	100 Huntley Street [6]	10000	Arthur (EI)	Stevie Nicks;	SHOW [RT		America (C)			Lunar Jim	Yu-Gi-Oh!			r labet (w)	(7:24)			
0	AM	High"		Hi-5	Curious	Florence Falk; spring		Cold Case Files [ff]			100 Huntley Street [t]	The state of	Pokémon	SportsCentr e 🔃	7 3	Futureweap ons [#]		Deep Space	Disorderly Con.	Due South
0	:30	Lovitz.	Catering	Berenstain	Clifford	pants; golf-		A STATE OF THE PARTY OF THE PAR		30		Pinky	Flamingo				Lilo Stitch			2000
9	AM	NewsRadio		Magic Bus	Dragon	ing for women.	Discover	Crossing Jordan [6]	Regis and Kelly	100 Huntley Street [4]	World Vision @	Poko	George S.	1.4 (1.1)	Regis and Kelly	Daily Planet		News [tt]	Wildest Police	Big Screen
9	100	10.27	Judge	Rolie Polie	Big World		Discover					Save-Ums!	LazyTown	ATP Tennis: Sony			Bear	City	Videos	Inside
0	100000000		The Price Is Right (E)		Sesame Street (EI)	Ellen DeGeneres	The Price Is Right (6)	CSI: Miami "Driven"	The View (N) (E)	World Vision	Design	Zoboo	Jane	Ericcson	The View	Biker Build- Off @		Movie: "Brave New	Wildest Police	Ellen @
U	:30	Harvey		Pancakes		Show					House	Doodlebop	Pippi	Open		Yes To		Girl" (2004)	Videos	Grace
1-1			Seinfeld	Safe Pass	Bob Build	Dr. Keith Ablow 6	Young and the Restless	24 🖭	Paid Prog.	Judge J.	News (Live)	The Gill Dencon	Mischief		eTalk 🔃	Monster House (#)	00.0	Lindsey Haun.	Wildest Police	The Nanny
11	5,545,000		Seinfeld	Scattering	Sit-Be Fit				Paid Prog.	House		Show	Jacob		Screen		(11:25) King		Videos	Frasier
10		Home Imp.	News 📧	Canada- History	Charlie Rose 🚯	Paid Prog.	News	City Confidential	All My Children	News (ff)	Days of our Lives (N)	CBC News: Today [tt]	Land Bfr		Degrassi	Deadliest Catch	(11:49)	CityLine [#]	Wildest Police	Seinfeld
12	10000	Home Imp.				Paid Prog.	Bold & B.	(6)	(N) (E)		y a series		Flamingo	NASCAR Racing:	Bold & B.		Weekend		Videos	Seinfeld
4	PM	Yes, Dear	Diva Dime	Router	Scheewe	Days of our Lives (N)	As the World	Amer Justice	One Life to Live (N)	As the World	As the World	Living	George S.	Nextel Cup	Sue Thomas:	Dirty Jobs	Dragon	At Movies	Wildest Police	Mad Abt.
1		Yes, Dear	Homes	SportFish	Scrapbook		Turns (N)			Turns (N)	Turns (N)	What's-	Beasts		F.B.Eye		MICHELL	Star! Daily	Videos	Frasier
9	PM	the state of the s	Guiding	Gaslight	Reading	Passions (N)	Guiding Light (N)	Cold Case Files (E)	General Hospital (N)	Passions (N)	Passions (N)	The Gill Deacon	LazyTown	Billiards	General Hospital (N)	Mayday [ff]		Ellen DeGeneres	Star Trek: Voyager [6]	Beverly Hills, 90210
2	:30			Lions		Œ					Show	Winx Club	Interruptio				Show			
0		Seinfeld	Room	Hi-5	Arthur (EI)		Dr. Phil @	Crossing Jordan (tt)	Rachael Ray (N) [6]	Young and the Restless	Young and the Restless	Fashion	Mystery	Off-Record	Dr. Phil (E)	How-Made	Weekend	News [tt]	CSI: Crime Scn	Due South
3	40.0000		Design		Fetch! With	0.00						Fashion	Neutron	Sports		How-Made	Lloyd			
1	200	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey (ff)		Millionaire	Oprah Winfrey @	News [ff]	Frasier	Movie: "Jimmy	Hockey	Daily Show	Daily Planet (N) Œ	Look Caprill	Friends	CSI: Crime Scn	1000
4	1	Raymond		(4:37) Little		Judge J.			Millionaire		Global	Air Farce	Neutron:	NHL Hockey:	Colbert		Proud	Hollywood		Inside
E		Movie: "The Cookout"	News 📧	George S.	BBC World		News	CSI: Miami "Free Fall",		News [#]	News (Live)		Boy Genius" (2001) [f]	Tampa Bay	News [#]	A SURVINION OF	The state of the s	World Poker Tour	CSI: Crime Scn	
5	:30	(2004) Ja		(5:32)	Business	NBC News	News		ABC News	Global		Arrested		Lightning at Carolina		Doctor	Montana	Canadian		Seinfeld
G		Rule. [63	Body	Jungle	News- Lehrer	News [6]	News	CSI: Miami "Dead Air"	The Victoria	News [tt]		at Six [tt]	OddParent	Hurricanes.	News (tt)	I Shouldn't Be Alive	Zoey 101	Open @	Pros vs. Joes	Married
6	:30		Caitlin	Skooled!		Raymond	Hollywood		News [6]	Potentale	Entertain		(6:20) Robot				Life Derek	H-14 Ib-		Married
7	200	(6:55) Movie:	Out There	Life of Birds	Wash Wk	Jeopardy!	Friends	Intervention "Jacob"		Entertain	Falcon Beach (N)	Coronatn	Team	SportsCentr e (Live) @	Hollywood	A Haunting		Hold 'Em and Fold	Pros vs. Joes	Frasier
4	:30	"Sister Act	Jeopardy!		McLaughlir		Scrubs		The Insider	ET Canada	- TO AND	Aquatics	Fantaste 4		The second		Movie: "Genius"	'Em		Grace
8	PM	2: Back in the Habit"	Identity (N)	Movie: "Belonging"	NOW (N)	Identity (N)	Ghost Whisperer	Follow-up.	Grey's Anatomy	Falcon Beach (N)	NUMB3RS (N) (E)	Royal Air Farce	(8:05) (8:35) Zatch	Off Pass	Ghost Whisperer	Daily Planet	(1999) [News [t]	Disorderly Con.	ET Canada
0	:30	(1993)		(2004)	Europe		(N)	COUL DAY	[6]	(E)	(iii iii		100 100 100	ATP Tennis:	(N)	1 01 - 13 - 14	the same of	Party		Big Screen
9	16000	Movie: "While You	Raines (N)	Brenda Blethyn. [6]	Roger Whittaker	Raines (N)	Close to Home (N)	CSI: Miami "Free Fall"	(9:01) Six Degrees (N)	(N) (E)	Six Degrees (N) (E)	Laughs [t]	Inuyasha Gundam	Sony	Close to Home (N)	l Shouldn't Be Alive	Movie: "First Kid"	(9:06) Jimmy	Sports -	Seinfeld
3	:30	Were				F 0	[E]	CCL Mis	(E)	NUMBER	Manual II from	National		Ericsson	(E)	Deadliest	(1996)	Kimmel	MXC	Seinfeld
10	1000	Sleeping" (1995) @	20/20 (6)	Sherlock Holmes	Corrs- Geneva	Law & Order (N)	(N) (E)	CSI: Miami "Dead Air"	20/20 (8)	NUMB3RS (N) [E]	News (Live)	National	Alchemist	Open — Semifinal.	Law & Order (N)	Catch		(10:06) Movie:	Game	Married
10	:30					GE					H	The P	Bleach		(E)		(10:40) Movie: "Six	"Hollywood	Wild World	
11	PM	Movie: "Sliding	News [E]	Secretaries	Austin City Limits (E)		News	Intervention "Jacob"		News [6]	(11:03) ECW (N)	The Hour	Eureka 7	SportsCentr e (Live) [f]	News [6]	How-Made	Days, Seven	Dreams Take 2" (1995,	Movie: "Supercop	Ellen 🖽
H	:30	Doors"	Room	Œ		Tonight	Late Show		(11:35)		00		Gundam		News (tt)	Doctor	Nights"	Adulti	2"	The Nanny

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saturday movies

MORNING

6:00 am SPIKE 44 * * 5"Crocodile Dundee II" (1988, Comedy) Paul Hogan. Colombian drug dealers pur-sue the outback he-man and his Manhattan girlfriend in Australia. (In

Manhattan girifrend in Australia. (in Stereo)
7:00 am WTBS 3 *%"The Cookout" (2004, Comedy) Ja Rule. After her son signs a contract with an NBA team, a woman invites friends and family to a wild barbecue at his new mansion.

9:00 am WTBS 3 ** "While You Were Sleeping" (1995, Romance-Comedy) Sandra Bullock. A lonely Chicago subway clerk falls for the brother of a comatose man she adored from afar.

A&E 9 ** "The Watcher" (2000, Suspense) James Spader. Premiere. A traumatized FBI agent comes out of hiding to catch a serial killer who sends him pictures of his intended victims before he strikes.

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of himself. (In Stereo)
11:15 am WTBS 3 **%"The
Bodyguard" (1992, Drama) Kevin
Costner. An ex-Secret Service agent
falls for his client, an actress/singer
someone wants dead before the
Academy Awards.

AFTERNOON

AFTERNOON

12:00 pm FAM ② **Max Keeble's Blg Move" (2001, Comedy) Alex D. Linz. When his parents announce they are moving, a schoolboy decides to take revenge against his tormentors. ②

1:00 pm SPIKE ④ **%"Beverly Hills Cop III" (1994, Comedy-Drama) Eddie Murphy. A hip detective from Detroit tracks a crime ring to a Los Angeles fun park called WonderWorld. (In Stereo)

1:30 pm FAM ② "Lenny the Wonder Dog" (2004, Adventure) Sammy Kahn. An experimental microchip gives a canine the ability to converse with humans.

2:15 pm WTBS ③ ***Erin Brockovich" (2000, Drama) Julia Roberts. A law clerk researching a client's health case stumbles on a cover-up of a contaminated water supply in a desert town. ②
3:00 pm SPIKE ④ **"Fletch" (1985, Comedy) Chevy Chase. An undercover Los Angeles reporter investigates a businessman who wants him to kill him. (In Stereo)

5:00 pm WTBS ③ ***"Something's Gotta Give" (2003, Romance-Comedy) Jack Nicholson. A music executive falls for the mother of his young girlfriend after having a heart attack in her

the mother of his young girlfriend after having a heart attack in her home.
SPIKE 44 **"Fletch Lives" (1989, Comedy) Chevy Chase. Reporter Fletch inherits his aunt's levicing placetime and were using

Louisiana plantation and wakes up in bed with a dead lawyer. (In Stereo)

EVENING

6:00 pm CITY 29 *%"Spliced" (2002, Horror) Liane Balaban. A

young woman believes that the villain from a popular horror film is fulfilling her wishes in a deadly fashion.

(E) (DVS)
7:30 pm WTBS (3) ***Erin Brockovlch" (2000, Drama) Julia Roberts. A law clerk researching a client's health case stumbles on a cover-up of a contaminated water supply in a desert town.

8:00 pm KSPS (6) ***The Inspector General" (1949, Musical) Danny Kaye. The citizens of a 19th-century Russian village mistake a small-town buffoon for an influential bureaucrat.

bureaucrat.

KXLY [0] ***The Rookle"
(2002, Drama) Dennis Quaid. A high-school baseball coach makes it to

school baseball coach makes it to the major leagues as a middle-aged relief pitcher. (In Stereo) [€] YTV [§] ★★½"Wayne's World 2" (1993, Comedy) Mike Myers. The world's best roadie helps goofy Wayne and Garth organize a rock concert celled Waynestock

Wayne and Garth organize a rock concert called Waynestock.
9:00 pm CHBC (4)"Hush" (2005, Suspense) Tori Spelling. A married man must deal with an obsessive former girlfriend after he moves back to his hometown.
FAM (26) *%"Armageddon" (1998, Science Fiction) Bruce Willis. A NASA rep recruits an oil driller and his team of mavericks to save Earth from an oncoming asteroid.
10:00 pm WTBS (3) ** *"The Pelican Brief" (1993, Suspense) (PA) Julia Roberts. A Washington reporter helps an on-the-run law student who knows too much about a

repórter helps an on-the-run law student who knows too much about a government cover-up. (E) (DVS)

11:00 pm CITY (29) **"Plunkett & Macleane" (1999, Comedy-Drama)
Robert Carlyle. Premiere. In 1748 a robber and a seedy aristocrat team up to steal from the rich, but one falls for the chief justice's niece. (E)

11:46 pm FAM (26)"Adventures of the Cactus Kid" (2000, Adventure)
Thomas Curtis. A boy fantasizes about robbing a bank in the style of his comic-book hero. (E)

sunday movies

MORNING

7:30 am WTBS 3 **"The
Bodyguard" (1992, Drama) Kevin
Costner. An ex-Secret Service agent
falls for his client, an actress/singer
someone wants dead before the
Academy Awards. Et

10:00 am WTBS 3 **"Set It
Off" (1996, Action) (PA) Jada
Pinkett. Desperation drives four
inner-city women to bank robbery in

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Los Angeles, then they start mistrusting one another. (注)
11:00 am CITY (29) ** ** * "The Neverending Story" (1984, Fantasy) Barret Oliver. An imaginative boy is transported to a magical kingdom in danger of destruction. [证]

AFTERNOON

12:00 pm WTBS 3 ***"The Pelican Brief" (1993, Suspense) (PA) Julia Roberts. A Washington reporter helps an on-the-run law student who knows too much about a

government cover-up.
FAM 26 * *"Snow Dogs" (2002, Comedy) Cuba Gooding Jr. A Miami dentist travels to Alaska to claim his inheritance, a mischlevous team of

inheritance, a mischievous team of sled dogs.

1:39 pm FAM ② "The Bike Squad" (2003, Drama) Braden Parkes. Unable to spend time with his divorced father, a boy befriends a group of cyclists.

2:30 pm WTBS ③ ** * "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971. [8]

3:00 pm VTV ② "The Awakening" (1995, Drama) Cynthia Geary. A woman's organized life is turned upside down when she teams up with a rugged bounty hunter to track

a wanted thief. (In Stereo) (E)

4:00 pm YTV (B) *"Kangaroo Jack" (2003, Comedy) Jerry O'Connell. Two friends must catch a kangaroo in Australia after it steals money that belongs to a gangster in New York. (In Stereo) (E)

5:00 pm WTBS (3)

***"Drumline" (2002, Comedy-Drama) Nick Cannon. A young man from Hartem joins a Southern university's marching band but antagonizes the musical director and its leader. (E)

CBC (3) ***"The Land Before Time" (1988, Adventure) Voices of Gabriel Damon. Animated. An orphaned dinosaur and his new friends face a danger-laden journey to a beautiful, food-rich valley. (E)

6:00 pm YTV (18) **Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip moppet plays pranks on Mr. Wilson, the crotchety fellow who lives next door. (In Stereo) (18) **The son of the devil helps a top-secret organization investigate and destroy paranormal creatures. (18) **The son of the devil helps a top-secret organization investigate and destroy paranormal creatures. (19) **The son of the devil helps a top-secret organization investigate and destroy paranormal creatures. (19) **The son of the devil helps a top-secret organization investigate and destroy paranormal creatures. (19) **The son of the devil helps (19) **The son of the devil helps (19) **The son of the son o

leader. LES
8:00 pm CBC [3"Marple: At
Bertram's Hotel" (2007, Mystery)
Geraldine McEwan. Premiere. Miss
Jane Marple investigates the murder

Jane Marple Investigates the murder of a commissionaire while staying at a London hotel.

9:00 pm FAM 2 * "RocketMan" (1997, Comedy) Harland Williams. A clumsy, impulsive scientist is chosen to go aboard NASA's first manned filght to Mars.

10:00 pm WTBS 3 * "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971.

10:49 pm FAM 2 * "Prefontaine" (1997, Biography) Jared Leto. Olympic defeat matures a selfish distance runner into a sports activist before his 1975 death in a car

activist before his 1975 death in a car

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SATURDAY, MARCH 31, 2007

		WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM (8)	A&E	KXLY 10	BCTV (11)	CITV (12)	CBC	YTV (18)	TSN 19	VTV	DISC 24	FAM 26	CITY 29	SPIKE	TROP 45
0	AM		News [2]	(Off Air)	Wild Ne	(5:00) Today		Bio.: Rimes	La Contraction Con	Adventure	Fishing	Lunar Jim	Gadget	SportsCentr	OWL/IV	Highest Job	Star Racer	About You	Movie:	Dinner
6	:30	Storyline	Pioneers		Farmers	(E)	Saturday Early Show	l.	Morning America	Hunter	Fishin	Pinky	Adrenalini	e III	Kingdom		Overdrive	Dharti	"Crocodile Dundee II"	Paid Prog.
-	AM	PARTY SERVICE STREET	Gold Trails	Sagwa	MotorWeek	News	Madeline	Biography	Good	News 🕮	News (Live)	Wilbur (iii	Flamingo	Fishing	Katie-Orbie	How-Made	Yin Yang	Eye on Asin	(1988) Paul	Mad Abt.
1	:30	Cookout" (2004) Ja	Powerboat	Dora	Fly Tying		Sabrina	"Toby Keith"	Morning Northwest			George S.	Viva Pinata	Motoring	Hobo	Doctor	(7:20)		Hogan.	Friends
0	AM	Rule. 🖫	Body	George S.	Vic. at Sea		Trollz (1)	Driving	Saturday			Zoboo	SpangeBob	SnowTrax	1973 200 600	I Shouldn't	Suite Life	Polish	Bullrun	Ned Stacy
8	:30		Farm Rpt	The Magic	Hometime		Horseland	Driving	(E)			Dragon	OddParent	Motorcycle	Morning Canada (6)	Be Alive	(8:43) Zoey	Studio (III)		The Namny
0	AM	Movie:	Engle	School Bus	Workshop		Tennis:	Movie: "The	So Raven		Hiring	Goldfish	Phantom	Bowling	a few forces of the few fields of the	How-Made	Cory	Speakers	Hrsepwer	Ellen (El
9	:30	"While You Were	Communica tions	(9:32)	Old House		Sony Ericsson	Watcher** (2000)	So Raven			Dragon	Fantaste 4			How-Made	So Raven	CityLine [1]	MuscleCar	Grace
10	AM	Sleeping"	Room	Upside	Ask This	Babar [6]	Open -	James	Montana	Paid Prog.	Cut (f)	Noise	Tn-Titans	Hockey	THE RESERVE OF THE PARTY OF THE	Greatest	Phil		Xtreme 4x4	Seinfeld
10	:30	(1995) 囮	Antique	Big World	Americas	Paid Prog.	Women's Final.	Spader.	Suite Life	Fishin	Fishing	Cents	Team		Canada (II)	Ever [6]	Boy World	NewMusic	Trucks! (N)	Seinfeld
-4 -4	AM		Big Coast	Macphee	Mexico	Triathlon	Great	Movie:	Emperor	Making the	Fishing	World	Avatar	Score Golf	Daily Planet	CARLEST STATISTICS NO.	School	Chum	Movie:	Married
11	:30	Movie: "The Bodyguard"	GetUpGrow	Moving On	Gourmet		Shooters	"Cliffhanger " (1993)	Replace	Cut @	Knockout	Aquatics Champions	Shuriken	Curling:	Œ	"Top Ten"	(11:34)	Chart (E)	"Summer Rental"	Married
10	PM	(1992)	PGA Golf:	Gardens	Ming	PGA Golf:	Final Four	Sylvester	Horse	News [tt]	Media	hips From	Monster	2007 Ford World Men's	Luxury	Mayday [6]	Movie:	World	(1985) John	Friends
12	:30		Shell Houston	Gardens	Garden	Shell Houston	The Final	Stallone.	Racing: UAE		Will-Grace	Melbourne, Australia.	Yu-Gi-Oh!	Championshi	Exhibit Eh!		"Max Keeble's Big	Poker Tour Canadian	Candy.	Friends
-4	PM	Committee of the commit	Open	Router	Painting	Open -	Four Show	Sell House	Derby/Dubai	Fishing	'70s Show		Pokémon	ps Canada vs. Finland.	World	American	Move"	Open 📵	Movie:	Beverly
1	:30	Houston,	Third Round.	SportFish	Chinatwns	Third Round.		Design	World Cup.	Fishing	'70s Show		Idaten	(Live) (Wildlife Fund	Chopper [6]	Movie:		"Beverly Hills Cop	Hills, 90210
0	PM	(2:15)	(Live) 📵	Dotto Tech	Cooking	(Live) 🕮		Sell House	Dick Vitale	Extreme	'70s Show		GI Joe		Car	Futureweap	"Lenny the Wonder	Author APP HAPPING	III" (1994)	Deal or No
2	:30	Movie: "Erin		Eden	Food Trip			Sell House	Special	Daryll	'70s Show		Cybertron		Into Wild	ons 🔃	Dog"	mand (E)		Deal [6]
0	PM	Brockovich"	Powerboat	Dora	Food	Fortune	College	Sell House	NBA Acc	'70s Show	Simpsons	Sat. Report	Mystery	SportsCentr		How-Made	Smart Guy	News (ff)	Movie:	What
3	:30	(2000, Drama) Julia	Ride	(3:31) Go,	Tracks	Dragon (EI)	Basketball: NCAA	Sell House	NASCAR	Simpsons	Simpsons	Hockey	Ruby	e (Live) 団	Lifetime [f]	How-Made	Lizzie	FashionTel	"Fletch" (1985,	What
-	PM	Roberts,	Foodies	Diego, Go!	Wild Things	3 2 1 Pen	Tournament	Flip This	Paid Prog.	Simpsons	Simpsons		Groove	Spirit	Sue	Greatest	Suite Life	Bravo! Fact	Comedy)	Ad Pers
4	:30	Albert Finney. (ft)	Marriage	Rolie Polie	(E)	Veggie	Semifinal	House (E)	Health	Simpsons	Global		Squad Cheerleader	Boxing:	Thomas: FB.Eve	Ever [E]	Proud	Speakers	Chevy Chase.	Ad Pers
F	PM	Movie:	News 📧	George S.	Summer	Spokane		Flip This	News 🖭	Simpsons	News 🕮	100 PAGE 100	s 🔃	O'Neill Bell vs. Jean-	Jim	How Do	K. Possible	The	Movie:	Friends
5	:30	"Something' s Gotta	Sports	Zoboo	Roost	Shock	College	House (ABC News	Global.	House	Penguins at Maple Leafs	(5:45) Erky	Marc	Jim	They do It?	Phil	Collector	"Fletch Lives"	Friends
6	PM	Give" (2003)	Room	Meerkat	Lawrence	1	Basketball: NCAA	Flip This	News 😉	News @	Shattered		Prank Ptrl	Momeck. [6]	News [#]	Dirty Jobs	Sadie	Movie:	(1989)	Seinfeld
6	:30	Jnek Nicholson.	Design	Wild	Welk Show		Tournament	House (N)	The Insider		Dreams (N)		Ghost			Œ	Darcy	"Spliced" (2002,	Chevy Chase.	Seinfeld
-	PM	(II)	renegade	National	Time Goes	-	Semifinal	Flip This	Entertainm	Shattered	Achievemen	5-77.13	Smallville	SportsCentr	W-Five	Angel	So Raven	Horror)	Disorderly	Married
-	:30		Can Files	Geographic	My Family			House [6]	ent Tonight	Dreams (N)	t Awards	Hockey: Calgary	Œ	e (Live) @		Angel	(7:25) Zoey	Liane Balaban.	Con.	Married
0	PM	"Erin Brockovich"	Doc 🕮	Heartbeat	Movie: "The	The second second second	Access	Flip This	I STATE OF THE PARTY OF THE PAR	Achievemen		Flames at	Movie:	WWE Hall		MythBuster	Life Derek	News 📆	TNA	That News
0	:30	(2000,		(N) (E)	Inspector General"	NBC @	Hollywood (N)	House (E)	Rookie" (2002,	t Awards	Crown	Vancouver Canucks.	"Wayne's World 2"		(DVS)	Whirlpools.	Life-Bonnie	SexTV 🕜	Wrestling Impact!	That News
0	PM	Drama) Julia Roberts. [6]	Movie:	Inspector	(1949,	Law &	Discover	Flip This	Drama)		Making the	(Live) (E	(1993) Mike		Robson	How Do	Movie:	World	VJ.P. "Kiss	Deal or No
9	:30		"Hush" (2005) Tori	Morse "Day of the Devil"	Musical)	Order "Release"	Discover	House @	Dennis Quaid,	Crown	Cut @	0.00	Myers.	Friday Night Fights.	Jeff Ltd.	They do It?	n" (1998)	Poker Tour Canadian	the Val"	Deal @
10	PM	Movie: "The	Spelling,	(N) 📵	Red Green	Law Order:		Flip This	Rachel	Making the	News [ft]	After Hours	Falcon	(Taped)	Law Order:	Angel	Bruce Willis		Disorderly	Married
10	:30	Pelican Brief'	Victoria Pratt.		MontyPyth	CI	(E)	House [Griffiths.	Cut (N) [ti	Driving TV	Hockey	Beach (C)	3	CI	Angel	Billy Bob Thornton.		Con.	Married
44	PM	(1993) Julia	Mad TV	Wild	Loggins-	News 🖽	News	Flip This	News [#]	News (t)	(11:03) J.R.	Night in Canada	Weird	SportsCentr	News @	Dirty Jobs		"Plunkett &	TNA	Friends
11	:30	Roberts.		Scattering	Sittin	Sat. Night	(11:35) The	House @	Paid Prog.	Sat. Night	Sat. Night	The State of the S	Bob	e (Live) Œ	News [ff]	(E)	Movie Ent	Macleane"	Wrestling Impact!	Mad Abt.

SUNDAY, APRIL 1, 2007

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
	AM		Antique	(Off Air)		The second second	Discover	Breakfast	Good	Pioneers	Foodies	Poko	Gadget	SportsCentr		Dirty Jobs		Mix TV	Sports	Ride
6	200	Movins	Thste		Cliff Pup	(E)	Discover	With the	Morning	Fishful	Canada	Nanalan'	Jane	e (ff)	Kids	Œ	Overdrive		The	Paid Prog.
	ΔM	s Gotta	In Touch	Jakers		Jane	CBS News	Arts Driving	America News (£)	Foodies	World Vsn	You're It	Winx Club	Reporters	Good	What	Yin Yang	Eye on Asia	Ultimate	Mad Abt.
7		Movie: "The	Avoid drift-	Dora		Jacob	Sunday	Driving		Canada	Is Written	Coronatn	Mew Mew	Curling:	Morning	Really	(7:20)		Fighter The	Friends
	***	Bodyguard"	Van Impe	George S.		Meet the	Morning (N) (E)	Inked [tt]		News [tt]	TribalTrail	Coronatn	Robot Boy	2007 Ford	Canada 🖾	Happened Waco		Eye-Asia	Ultimate	Ned Stacy
8	-200	(1992,	Is Written	The Magic		Press (N)	Nation	Inked [tt]			Listen Up	Coronatn	Grossology	World Men's Championshi	2.0		(8:43) Zoey	Festival	Fighter The	The Nanny
	425	Kevin	Gold Trails	School Bus		E Paid Prog.	Tennis:	King Cars	Paid Prog.		Hour of	Coronatn	Rugrats	ps Canada	PLAN	Animal	Cory	Italiano di	Ultimate	Ellen [tt]
9		Costner.	Faith	(9:32)	Coll Frm	Paid Prog.	Sony	King Cars	NBA		Power (ff)	Coronatn	OddParent	vs. Denmark.	Canada @	Planet	So Raven	Johnny Lombardi	Fighter The	Grace
_	:30			200			Ericsson		NBA	Driving TV	War of the	CBC News:	E I I I I I I I I I I I I I I I I I I I	Denmark.	World Vsn	Presents I Shouldn't	Phil	(In Italian)	Ultimate	Seinfeld
10	1.000	Movie: "Set It Off"		Upside	Foreign	Paid Prog.	Open Men's Final.	King Cars	Basketball:		Wheels E	Sunday @	SpongeBob	NACCAR		Be Alive			Fighter	1
10	:30	(1996) (PA)	Antique	Big World	European	Paid Prog.	From	King Cars	Miami Heat	Listen Up			Grown Up	NASCAR Racing:	Travel		Boy World		The Ultimate	Seinfeld
1-1	AM	Jada Pinkett.	X-Treme Golf (E)	Fetch! With	NOW [E]	CSI: Miami "Addiction"	Miami. (Live) [f]	Gotti	at Detroit Pistons.	Hour of Power (t)	Driving TV		Edgar	Nextel Cup -	Nature	What Really	School	Movie: "The Neverending	Fighter	Married
11	:30			Mechanics	America			Gotti	(Live)		Chicks		Jane	- Goody's Cool Orange	World Vsn	Happened	(11:34)	Story"	The Ultimate	Married
10	4000	Movie: "The Pelican	Homes	Heads Up	Great Performanc	PGA Golf: Shell	LPGA Golf: Kraft			News 🖽	LPGA Golf: Kraft	March Service	Jacob	500. From	Question Period [t]	Waco	Movie: "Snow	(1984) 🖭	Fighter	Friends
12	:30	Brief"	Room	Spellz [6]	es at the	Houston	Nabisco	Gotti	NBA Basketball:	2.1	Nabisco	Land Sea	Drake	Martinsville	reriod (iii)	/	Dogs"		The Ultimate	Friends
4	PM	(1993) (PA)	Thste	Reach-Top	Met "The	Open	Championshi	Gotti	Dallas	Largo	Championshi	Particulation in the College College	Being Ian	Speedway in Martinsville,	W-Five	How Do	(2002),	Celebrity	Fighter	Beverly
1	:30	Julia Roberts.	Summit	Wild	First Emperor"	Final Round. (Live) [E]	p - Final Round,	Gotti	Mavericks at		p - Final Round. @	Encore (ff	Being Ian	Va. [E]		They do It?	(1:39)	Poker Showdown	The	Hills, 9021
-	PM		Mysteries	Profiles of	E		(Live) 🖭	Gotti	Phoenix Suns. (Live)	Largo		Fashion	Prank Ptrl		Twice in a	How-Made	Movie: "The Bike Squad"	E	Ultimate Fighter	Deal or No
2	:30	Movie:	Caitlin	Nature (E)				Gotti	Œ	Winch [tt]		Antiques	Prank Ptrl		Lifetime [ff]	How-Made	(2003)		The	Deal [6]
	PM	"Remember the Titans"	Strange	Dora	Consumer	NHL	Discover	Simmons	This Week	Big Coast	'70s Show	Mans	Prank Ptrl			MythBuster	Smart Guy	News 🕮	Ultimate Fighter	Survivor:
3		(2000)	Fishing	(3:31) Go,	Vic. at Sea	Hockey: Los Angeles	Discover	Simmons	With	Room	Simpsons	Garden	Prank Ptrl	e (Live) [Awakening" (1995)	s "Jet Pack"	Lizzie	Chris	The	Africa [tt]
-		Denzel	Bodies	Diego, Go!	Chronicles	Kings at San	Cake [6]	Dog	Matthews	'70s Show	Simpsons	The Gill	Movie:	NHL	Cynthia	Daily Planet	Suite Life	Funniest	Ultimate Fighter	Dickinson
4	:30	" and The Proces	Room	Rolie Polie	Hometime	Jose Sharks.	Revolution	Dog	Old House	'70s Show	Global	Deacon Show	"Kangaroo Jack" (2003)	Hockey: Toronto	Geary.	EE	Proud	Home Videos	The	Dickinson
		Movie:	News [ff]	George S.	Workshop	(E)	News	Dog	News @	Simpsons	News [#]	Movie: "The	A 20 SECTION OF A 2015 A	Maple Leafs	Scrubs	I Shouldn't	K. Possible	Making It	Ultimate	The Bigges
5	:30	"Drumline"	Okanagan	Zoboo	Old House	NBC News	News	Dog	ABC News	Global	Mysteries		O'Connell.	at New York	Barker, P.J.	Be Alive (N)	Phil	Behind	Fighter The	Loser (N)
_	PM	(2002) MICK	Design	Jungle	Monarch of		News	Simmons	News [6]	News @	Brothers &	Time" (1988) [ft]	Movie:	Rangers. [ff]	News [tt]	I Shouldn't		Movie:	Ultimate	Seinfeld
6		Saldana [83]	Driving TV	Rough Sci	the Glen	Fortune	180	Símmons	Ebert	1	Sisters (N)	1	"Dennis the	Curling:	-	Be Alive (N)	Darcy	"Hellboy"	Fighter The	Seinfeld
-		7	Dateline	Raising the	Nature (N)	Dateline	60 Minutes	Sons	Funniest	Brothers &	Apprentices	The Nature	Menace" (1993)	2007 Ford	Desperate	MythBuster		(2004, Fantasy)	Ultimate	What
7	PM	Commence of the	NBC @	Hunley	(DVS)	NBC (II)	(E)	Sons	Home		LA	of Things	Walter	World Men's Championshi	Housewives	s (N)	(7:25) Zoey	Ron	Fighter	What
ш		Movie: "Drumline"		D - M	Mantanian		Amadaa		Videos Makeover:	Cimprana	Classes	Movie:	Matthau. [6]	ps Canada	Amazing	Daile Blanct		Perlman.		
0	PM	(2002) Nick	Makeover: Home	Doc Martin	Masterpiece Theatre		Amazing Race	Angel	Home	Simpsons	Simpsons	"Marnle: At	Game	vs. Sweden.	Race	Daily Planet	Target Property of	Premiere.		Big Screen
0	:30	Caldana fest						Angel		King of Hill		Bertram's	7.00				Life-Bonnie	7.107.5		Big Screen
0	PM	Saluana. 181	Deal or No Deal (N)	The Last Detective	Lost Landscape	Deal or No Deal (N)	Amnzing Race	Dog	Desperate Housewives	Family Guy	1 4 1 1 1 1 1	Hotel" (2007) [6]	Prank Ptri		The 2007 Juno's	I Shouldn't Be Alive (N)	Movie: "RocketMan	Party	CSI: Crime Sen	Deal or No
9	:30			Œ				Dog		Amer Dad	Amer Dad		Weird	ATP Tennis	(Same-day		" (1997)	Celebrity Poker		
10	PM	Movie:	One Tree	(10:15) Hot	Mystery! "Foyle's Was	Apprentice:	(N) (E)	Simmons	(10:01) Brothers &	Apprentice:		CBC News: Sun.	Committed		Tape) [te]	I Shouldn't Be Alive (N)		Showdown	VJ.P.	Married
10	:30	"Remember the Titans"	Hill (N) 🕮	(d)	II" (II)	-	(14) (11)	Simmons	Sisters (N)		Can Files		Bob			De Aute (N)	Movie Ent	(E)		Married
	PM		News (E)	Edge	(DVS)	News [B]	News	Sons	News 🕮	News [ff]	Paid Prog.	Da Vinci's	Madison	SportsCentr	News [tt]	MythBuster	(10:49)		When	Friends
11	:30		Okanagan	SportFish	Road Trip	Paid Prog.	McCarver	Sons	Van Impe	House	Paid Prog.	City Hall	Hollywood	e (Live) @	News [6]	S	Movie: "Prefontaine	Hollywood	Stunts Go Bad 3	Mad Abt.

MONDAY, APRIL 2, 2007

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY 10	всту	CITV (12)	CBC	YTV (18)	TSN 19	VTV	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP - 45
_		3	4	(Off Air)	6	7	News	9 Crossing	(5:00) News	1	(5:00) News	CBC News:	Gadget	Sports	News [#]	Cable in the	(6:06) King	Rachael	Star Trek:	Counterstri
6	:30	Dawson's Creek [ff]	News [6]	(Oil Air)	Body Elec. Caillou (El)	News @	News	Jordan [6]	(5:00) News	News (E)	(5:00) News (Live) [E]	Morning	Monster		Canada AM	Classroom	Spider-Man	Por F	Next Gener.	AND DESCRIPTION OF A STATE OF
		Movie:	Life Today	BluesClues	Barney	Today (N)	The Early	City	Good			Zoboo	Being Ian	e 🖫	(E)	Noah's Ark	K. Possible	CityLine [Deep Space	Night Heat
7	:30	"Beethoven"	100 Huntley		Arthur (EI)	Œ	Show (N)	Confidential	Morning			Lunar Jim	Yu-Gi-Oh	Curling:	1		(7:24)		9	Œ
	AM	(1992)	Street [tt]	Hi-5	Curious		Œ	Amer.	America (N)		100 Huntley		Pokémon	2007 Ford		How-Made	Weekend	Deep Space	VIP.	Due South
8		Grodin [tt]	Collectors	Berenstain	Clifford			Justice			Street [6]	Clifford	Flamingo	World Men's Championshi		How-Made	Lilo Stitch	9		匮 (DVS)
_	:30		Body	Magic Bus	Dragon		Discover	Cold Case	Regis and	100 Huntley	World	Poko	George S.	ps Canada	Regis and	Daily Planet		News (6)	Star Trek:	Ad Pers
9	AM							Files [6]	Kelly	Street (6)	Vision [t]	The Save-	LazyTown	vs. Switzerland.	Kelly	III	Bear	City	Next Gener.	Inside
0	:30	The state of the s	Judge	Rolie Polie	Big World		Discover	001 141		*** **	-	Ums!		Switzeriand,	700 700			27.7	Dan Cours	
10	AM	MLB Baseball:	The Price Is Right (N)	Paddington	Sesame Street (EI)	Ellen DeGeneres	The Price Is Right (N)	CSI: Miami	The View	World Vision (6)	Design		Jane	1	The View	Conspiracy Files [fi]	JoJo	Movie: "The Neverending	No. of the Control of	Ellen 🖭
10	:30	Atlanta	14.60t (1.1)	Pancakes	5,	Show					House	Doodlebop	Pippi	Fishing			Feet	Story"		Grace
44	AM	Braves at	Seinfeld	Chasing the	Bob Build	Dr. Keith Ablow @	Young and the Restless	24 (#	Paid Prog.	Judge J.	News (Live)	The Gill Deacon	Mischief	Masters	eTalk (fi	The New Detectives	Higglytown	1	Star Trek: Next Gener.	The Nanny
1 1	:30	Philadelphia Phillies.	Seinfeld	Cure tu	Sit-Be Fit	ADIOW LE	me Resuess		Paid Prog.	House	COL.	Show	Jacob	Masters	Diary 🖫	Detectives	(11:25) King		near dener	Frasier
10	PM	(Subject to	News [#]	Canada-	Charlie	Paid Prog.	News	Crossing	All My	News 🖽	Days of our	CBC News:	Being Ian	Motoring	Degrassi	Mayday 🕮	(11:49)	CityLine [6]		Seinfeld
12	:30	Blackout)		History	Rose [tt]	Paid Prog.	Bold & B.	Jordan @	Children (N) @	- 1	Lives (N)	Today (t)	Flamingo	Score Golf	Bold & B.		Weekend		Next Gener.	Seinfeld
	PM	Yes, Dear	Diva Dime	Animals	Fine Art	Days of our	As the	City	One Life to	As the	As the	Living	George S.	Strongest	Sue	Blueprint	Dragon	Big Holly	Star Trek:	Mad Abt.
1	:30	Yes, Dear	Homes	Moving On	Sewing	Lives (N)	World Turns (N)	Confidential	Live (N)	World Turns (N)	World Turns (N)	What's-	Beasts	Man	Thomas: FB.Eye	for Disaster	Emperor	Star! Daily	Voyager 🔃	Frasier
-	PM	King	Guiding	Gaslight	Reading	Passions (N)	Guiding	Amer.	General		Passions (N)	The Gill	LazyTown	WWE Hall	General	How-Made	Lilo Stitch	Ellen	Star Trek:	Beverly
2	100	King	Light (N)	Home	Lions	Œ	Light (N)	Justice	Hospital (N)	Œ	Œ	Deacon	Winx Club		Hospital (N)	How-Made	Proud	DeGeneres	Voyager 🔠	Hills, 90210
	- NA/N	Seinfeld	Room	Hi-5	Arthur (EI)	Judge	Dr. Phil (t)	Cold Case	Rachael	Young and	Young and	Show	Mystery	Off-Record	Dr. Phil [6]	Sideshow	Weekend	Show News (#)	CSI: Crime	Due South
3	100	Seinfeld	Design		Postcards	Judge		Files @	Ray [tt	the Restless	the Restless	Miracles	Neutron	Sports		Stars	Lloyd		Sen	匯 (DVS)
_	E001	A Victor Control	Days of our	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Millionaire	Oprah	News [tt]	Frasier	Phantom	Hockey	ER (E)	Daily Planet	Contract of the contract of th	Friends	CSI: Crime	Ad Pers
1		Raymond	Lives (N)				Winfrey 🔃	Œ	Millionaire	Winfrey (Global	Red Green	Robot Boy		EK III	(N) (III	Proud	Hollywood	Sen	Inside
-		Raymond	101101011	(4:37) Little	THE STATE OF	Judge J.		COL MIL I						Spirit					COT- C-I	
5		Friends	News [tt	George S.	BBC World	PERCHASE I	News	CSI: Miami "Shock"	News [tt]	News E	News (Live)	100000	OddParent	Curling: 2007 Ford	News 🖽	s (fi	K. Possible	Battlestar Galactica	CSI: Crime Sen	The second second
2		Friends		(5:32)	Business	NBC News	News	3.01440	ABC News	Global		Arrested	SpongeBob	World Men's		V 142	Suite Life			Seinfeld
6	PM	Friends	Body	Fetch! With	News- Lehrer	News @	College Basketball:	The Sopranos	News @	News (#	ET Canada	at Six [6]	Being Ian	Championsh ps — Canada	The state of the s	American Hot Rod (N	So Little	Rules	Movie: "Predator 2"	Married
6	:30	Friends	Caitlin	Creatures	Leurer	Raymond	NCAA'	(E)	News (ff		Entertain	TOLS III	Ruby	vs. Korea.		Tot Atou (IV)	Darcy	The . Bachelor:	(1990,	Married
-	PM	Family Guy	Out There	Edge	Served	Jeopardy!	Tournament	The	Entertain	Entertain	24 (N) (PA)	Coronatn	Sabrina	EE	eTalk 🖭	Dirty Jobs	So Raven	Officer	Science Fiction)	Frasier
1	:30	Family Guy	Jeopardy!	Ocean '	My Hero	Fortune	Final - Teams TBA.	"Bust-Out"	The Insider	ET Canada	Œ	Coronatn	Malcolm		Hollywood	(N) 🖫	Smart Guy		Danny	Grace
-	PM	Seinfeld	Deal or No	That'll	Antiques	Deal or No		Œ	Dancing	Prison	Prison	Avril	Fresh Pr.	SportsCenti		Daily Plane	Suite Life	News 🖾	Glover, Gary	ET Canada
8	:30	Seinfeld	Deal @	Teach 'em	Roadshow (N)	Deal [ff]	How I Met	Dog	With the Stars (Live)	Break "Sona"	Break "Sona"	Lavigne: Exclusive	Weird	e (Live) 匪	With the Stars (f)	(E)	Life Derek	(8:35) Star!	Busey.	Ad Pers
	PM	Movie:	Two Men	Journey to	American	Heroes	Two Men	CSI: Miami	Œ .	24 (N) (PA)	The Black	(N) (E	Falcon	PBA		American	8 Rules	(9:06)	CSI: Crime	Seinfeld
9	:30	"Payback" (1999) (PA)	Christine	Little Rock	Experience	"Parasite"	Discover .	"Shock"	The	Œ	Donnellys (N)	Fashion	Beach @	Bowling	ТВА	Hot Rod	Sinbad	Jimmy Kimmel	Sen	Seinfeld
	PM	100 March 2014 ACC 2015	My Boys	Rage [#]	Terry	(10:01) The	Discover	The	Bachelor: Officer	The Black	News (Live)	National	Prank Ptrl		То Ве	Dirty Jobs	Popular 🖭	(10:06)	Star Trek:	Married
10	:30		How I Met		Sanford	Black Donnellys	Hollywood	Sopranos	Jinest	Donnellys (N)	(3)	1 - 1	Bob	Score Golf	Announced	(E)	1	Movie: "Trippin"	Voyager [6]	Married
	PM		News (C)	Canada-	Charlie	News &	News	The	News []	News (C)	Entertain	The Hour	Madison	SportsCentr	News @	MythBuster	8 Rules	(1999) Deon	V.I.P.	Ellen 🕮
11	:30	Numbers"	Room	History	Rose (N) [Tonight	Late Show	Sopranos	(11:35)		ET Canada	(E)	Hollywood	e (Live) [News 📵	s 🖫	Life Derek	Richmond.	"Sunshine	The Nanny
	,50	[tt]		L'			10000	(cc)	1.00	1		1000		1				1	Girls"	

monday movies

MORNING

7:00 am WTBS 3 **Beethoven"
(1992, Comedy) Charles Grodin.
Children talk their father into letting them keep a St. Bernard puppy, which grows to be a problem. Etc.

10:00 am CITY 29 ** *"The Neverending Story" (1984, Fantasy) Barret Oliver. An imaginative boy is transported to a magical kingdom in danger of destruction.

danger of destruction. [65]

EVENING

6:00 pm SPIKE 44 * "Predator 2" (1990, Science Fiction) Danny Glover.

(1990, Science Fiction) Danny Glover.
Local and federal police hunt a sneaky
alien creature, now skinning drug dealers in 1997 Los Angeles.
9:00 pm WTBS (3) ** * * "Payback"
(1999, Action) (PA) Mel Gibson. A man
seeks revenge on his wife and crime
partner, who shot him and left him for
dead. (10VS)
10:06 pm CITY (29) * * "Trippin" (1999,
Comedy) Deon Richmond. Premiere.
Realizing he daydreamed through high
school and is facing a doldrum life, a

school and is facing a doldrum life, a teen applies to college and seeks Miss

11:00 pm WTBS ③ ★%"Lucky Numbers" (2000, Comedy) John Travolta. A TV-weatherman in financial trouble teams with his girlfriend to rig the state lottery. ⓒ

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news leader puzzle page puzzle maps of exploration

Follow on the map from (bracketed clue) solution to (bracketed clue) solution

I left Rabbi Abraham in Ormuz and took ship for Aden where I found a dhow about to cross the (chasm of a lair) to Zeila and deliver me to Africa. My search for the Christian kingdom of Prester John, Abyssinia known as Ethiopia now took me inland. I acquired a camel and joined a caravan headed west into the Ethiopian Highlands. Up sandy scrub hills

ARABIAN

and down into rocky valleys, across the (bathing- stream) and then up again into higher levels before reaching a pass. Once over this pass I am amazed to find a green landscape of tall trees, bushes and growth of all types. The (strangle- peaks) in the distance spew forth rivers leading westward into lush swampy land and prairie abundant with wild life. I see giraffe and zebra, elephants and rhinoceros hippopotamus and crocodile, many

gazelle, hydenas and an abundance of lions. At the city of(departed Don) near lake (sunburn-a) the reservoir for the Blue Nile, I was presented to the Christian Emperor Eskender. I looked like an Arab but my letters of introduction were from the Christian King John of Portugal and I was welcomed with great enthusiasm. After a brief stay at court I was appointed royal advisor and given great wealth but my value to the emperor was considered so great I was not allowed to leave the country. Four years later in 1494 Emperor Eskender died and his brother Naod assumed the throne and awarded me even greater estates and slaves plus a wife, but still would not let me return to my home. By 1508 I had accepted my fate and Naod dies leaving his queen Helena to succeed him. The country is now being

attacked from all sides by Moslem invaders and the Queen sends an emissary to Portugal asking for help. By the year 1520 an official Ambassador from Portugal and troops arrive to help with the ongoing fight against the Islamic forces. Unfortunately my age and health now prevent me from returning to my birthplace in Portugal.

SOLVITON- You have a feet of consistent of the times of a pertrayal of the securery of discovery storted in 1487 by the young Jewish square Reire de Covillean from the court of a pertrayal of the secures of series de Covillean from the court of Jehn Said, of Pertrayal and Arabic. Their miscient was to find the secures of spice production and the kington of Pertray from the secures of spice production and the kington of Perster John. Afforso dies in 1489 but Pero lives a much longer life and dies secures of spice production and the kington of Perster John. Afforso dies in 1489 but Pero lives a much longer life and dies secures report sent to king John and delivered by the Johnship and the secure trapert sent to king John and delivered by the Johnship and Johnship

O Puzzlemopsexplore.com @ 2006

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Joan Gee

We are sad to announce the passing of Joan Gee, wife and mother. She passed away Sunday, March 18th at Princeton General Hospital after a battle with cancer. She was born in Princeton on December 31, 1931. She leaves behind a husband, Fred, of 55 years, daughter Darlene (Lorne) Cochet, daughter-in-law Therese (Mike) Grgich, sister Beryl (Walter) Sussell, sister-in-law Barbara Urghart. She also leaves behind five grandchildren and five great grand children and many nieces and nephews. She was predeceased by her son Ted. In lieu of flowers donations can be made to the Princeton General Hospital and Ridgewood Lodge.

card of thanks

card of thanks

A huge THANK YOU to Shelly Carlson of Auto Tac Graphics for her expert assistance in the design and stitching of the bra I contributed to the March 24th Bra Auction. You did a fantastic job! - George Elliott, Similkameen News Leader

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help wanted

Experienced horse farm worker wanted, 3-days per week. Duties include mucking out, gardening, irrigation, feeding, house cleaning, etc. Must be fit and ride well. Send resume and references to Josam Ranch, PO Box 6, Princeton, BC VOX 1W0. Mar 20-Apr 03

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Princeton Rodeo Club is calling for any cowgirls who are interested in riding in the Grand Entry for the Princeton Pro Rodeo, All candidates must provide their own horse and transportation Practice to start as soon as weather permits. Contact Jack at (250) 295-7203

Princeton Talent Night Returns!

Back by popular demand, several members of our community will be presenting an interesting variety pro-gram. Different musical events and other performances. Treat yourself to an evening of local talent, Friday, March 30th at 7:00 PM at St. Paul's door or can be purchased at Stevens & Stevens. Social to follow. Mar 27

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Golfers are invited to help Saturday & Sunday, March 31 & April 1 at the Golf Club

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help wanted

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business opportunity

Reseller wanted for Princeton and area. Great opportunity with Canadian pet food company. Low start-up costs, it is not a MLM company. Works well with pet-related or delivery businesses. For more information call Ken at (250) 493-2753 after 6:00 PM. Mar 20 Apr 06

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Employment Services & Resource Centre

Serving the Okanagan & Similkameen Valleys

Employment Counsellor(s) Part Time

WorkZone is seeking an individual to be responsible for promoting employment services to people in the Princeton area. The position requires the incumbent work up to three days per week, depending on qualifications and interests. We are willing to consider filling the position with more than one person.

Duties could include provision of employment counselling services to youth at risk and persons with multiple barriers; assisting barriered clients to find employment or volunteer opportunities in the community and continuing to provide support to the client in this environment; to seek out employers receptive to hiring people with challenges. It is also expected that the incumbent maintain a thorough knowledge of, and relationship with programs and services in the community, work with clients by engaging in individual employment counselling sessions, and developing and delivering interactive workshops and group counselling sessions related to Employment issues.

Oualifications:

- Completion of College or University Degree in the Human Service field, and three to five years of related experience, or an equivalent combination of education and experience
- Preferably three years experience working with youth and multi barriered
- Ability to identify and establish positive relationships with clients
- Sound knowledge of techniques and strategies related to employment and employment counselling
- Familiarity with community and federal and provincial government services
- Excellent interpersonal and communication skills. Computer skills including MS Word, Excel, PowerPoint, Windows, and the

If you are interested in this challenging and interesting opportunity, please forward your resume and cover letter to paml@workzonebc.com.

We wish to express our appreciation to all applicants for their interest and effort in applying for this position and advise that only candidates selected for interviews will be contacted.

The Government of Canada has contributed funding to this initiative Canada for rent

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Here's what our peers say about us:

Giant-FM news covers Princeton to Osoyoos, Salmon Arm to Penticton and places in-between. The Similkameen News Leader allows us to have a presence in Princeton and area when we can't physically be there."

Andrea Macpherson, Giant-FM News, Penticton, BC

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my turn

Sign, sign, everywhere a sign

This is the time of year when most communities start to plan to promote their annual fairs, festivals and events.

It's also the time of year when the side of the highway slowly turns into a collection of various signs related to these events.

Town Council talked about the many changes they plan to make to improve our community in the coming months. One of the changes we'd like to see is a standardized design for all the signs that show up on the highway.

We actually proposed a suggestion to Town Council back in 1987 or 1988 for a single, large lighted sign that stood ten or twelve feet high that had space for at least a half dozen events to be displayed in chronological order stating only the name of the event, location and date/time. The two-sided sign/billboard would be located in such a manner on the highway that the information contained on it could be read easily from both directions.

We proposed our original idea for promoting just events at the Princeton Fairgrounds and that it would have been located on Highway 5A at what is now known as Laurie Currie Way.

We think there is still a need for such a billboard and that there should be one at each entrance to Princeton. It would no only eliminate the existing sign pollution of various sizes, shapes and colours, but it would also present a professional look to visitors trying to find out what goes on around here.

Think of it, year round we could promote everything from Racing Days and the Rodeo to the next couple of Posse home games changing the sign(s) information frequently to show that there really is a lot of things going on in our town.

What made us think about this was a recent trip into the Central Okanagan. The 'Westside' stretch of Highway 97 continues to be a mass of blinking lights, brightly-coloured signs and sign boards of all description trying to grab your attention as you zip by at cruising speed.

Good thing the police have blinding bright flashing lights or we may never have seen them - but that's another story!

While driving through the Okanagan we looked at the signage with the eyes of a tourist and found it so very difficult to locate turnoffs with all the distraction of all the other signs.

Imagine what visitors to our area experience when driving along Highway 3 for the first time of the year and they see outdated signs and blown over signs (some in Keremeos - from the wind!).

We think Town Council should explore the idea a little further and create a unique billboard not only promoting Princeton, but the many events that take place here.

We'll even dust off our plans from 1987 or 1988 and share them, if they are interested.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

ISSN 1712-0903

An Independent Newspaper - There Are No Chains On Us!
Published weekly by Bengel Publishing Inc.
226A Bridge Street, P.O. Box 956,

Princeton, B.C., V0X 1W0
Phone (250) 295-4149 • Fax (250) 295-4103
www.thenewsleader.ca

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Publisher: Office Administrator: Reporter:

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TISTOOMS

I WAS WALKING THROUGH THE FOREST WHEN OUT OF NOWHERE, PAFF!, I'VE GOT A DART STICKING OUT OF MY BUTT! THEN EVERYTHING WENT BLACK. WHEN I CAME TO THERE'S THIS NOISY THING STRAPPED AROUND MY NECK AND I SEE A COUPLE OF GUYS WALKING AWAY TALKING ABOUT TRACKING MY TERRITORIAL PATTERNS. WELL IF THEY WANT TO MESS WITH ME I'M GOING TO MESS WITH THEIR MINDS. NOW DRIVE MY FRIEND, DRIVE VERY VERY FAR, VERY VERY FAST.



your turn

Hardy exposes 'chem trail' issue

To The Editor:

Since 1995 I have been taking pictures of the chem trails being dumped above Lynnwood Mobile Home Park and over our town of Princeton as well as other areas in the Okanagan, Similkameen and Fraser Valley.

While pointing to the patterns from white plumes in the sky I am shocked at the ignorance of those who don't hesitate to say, 'Oh, don't you know they are just contrails from the engine exhaust of jet planes?'

So I pose another question, 'When have you ever seen domestic or international planes (who do leave contrails for a very short time) flying less than 10 or 15,000 feet making Xs and Os, canes, grid patterns and parallel lines that don't dissipate, but fan out to make a cloud cover for a military operation?'

My next question pertains to their knowledge about the One World Government's 'Population Sustainability plot' where they want to reduce it to less than 500 million people worldwide.

I have found very few people like myself who for the past 30 years or more have been studying the 'New World Order' plan for a One World Government, setting up the United Nations as the Shadow Government for the Money

There are 77,853 web pages on one Internet source of worldwide information on the chem trails plus many others. I recommend the site that pertains mostly to the research and ill effects on Canadians, - http://www.details here.com/chemtrails3.htm. or just ask Google.

The U.N. have a fleet of 550 KC135 tanker planes that contain enormous sized aerosol canisters, manufactured in Abbotsford, B.C. that have been bombarding the entire North American Continent with deadly poisons.

Two brothers, an aircraft maintenance engineer and an aerospace welder/fabricator, were told they were building special equipment for the US Air Force.

Being suspicious and very curious they learned the equipment for that project was an aerosol spray system to deliver biochemical warfare. Another boss lied, saying the equipment was to spray insects.

The brothers had extensive training and experience with metallurgy and knew the expensive alloys and specially-machined parts would not be used for insect repellent because the nozzles had to be replaced every six uses. Also the holding and surge tanks were so large plus the pumps so huge there would be enough spray in one aircraft to kill every living creature in all of Canada with one pass and they had a contract to build 11 systems

The brothers and other employees refused to be a party to their evil plan so they quit. Some bosses and U.S. Military people warned them to keep silent. They utilize their time by talking to politicians and others.

The U.N. recently announced that they have worn out a fleet of planes and pleaded for someone to finance the replacement of their KC135R jets similar to a 707 that can lay four parallel chem trails in it's wake. Their KC-10A is a three-engine aircraft that normally leaves three parallel chem trail lines.

They also use C-130 turboprop aircraft for certain low-level spraying. One un-named source has donated 3 trillion dollars for replacements.

Mayor Randy McLean has suggested the need to keep the S.O.S. organization operating.

The greatest need is to STOP chem trails. For those readers who are interested in knowing the cause of much sickness and death of people, animals, birds, bees, fish and insects I shall share more details next week since THERE'S NO PLACE-TO HIDE.

- Kay Hardy, Princeton

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Current Comment:

Being rigid starts you dying



Dawn Johnson editor@thenewsleader.ca

Having reached an age where the government is willing to pay me to do nothing, I feel I can now talk about old people with freedom to criticize some of their behaviour. This may sound disrespectful of elders, but what I want to do is encourage them to live longer and live happier.

I am among those who really like our present Town Council. They are busy making changes, and by changing our environment for the better, they are making it possible for us old folks to live longer, if we have the right attitude.

I like that they are developing the airport. I like the concept of a town square. I like that the library will be part of the town square complex. I like knowing the museum will expand and show off more of our history, and the history of our first people. I like Council's willingness to look at all kinds of improvements to our community, especially developing more residential property within the town. I like that they are willing to look at East Princeton as a place to supply water and maybe annex it to Princeton and make the town expand. I like the idea of a riverside park. I like the development of a welcoming park across from the curling rink.

Lots of changes are in the works, and this is so good for us old folks. One of the keys to living a longer, healthier life is change. Our minds and bodies thrive on change. Every little change is a challenge to our ability to adapt, and meeting that challenge keeps us alive. It is only when we become to rigid in our thinking that we fail to adapt and we begin to die.

"Oh, that woman, where does she get these ideas?" you may be thinking.

This is not my idea. This is what Dr. Deepak Chopra says in his book Ageless Body, Timeless Mind. All of us have heard the saying, "You're only as old as you feel." Well, that's not true. You are only old as long as you think old. One of the sure signs of a dying

One of the sure signs of a dying person is the comment, "When I was a boy, we wouldn't have dared to do such things."

My response to this, silently of course, is, "Look fella, the world

is changed, there's new boys in town, and you're not a boy any longer."

That would not be fair. What I should be telling him is, "Go out among the boys and show them some respect."

An open mind, eager to learn, eager for new experiences, seeking change – this is a young mind and the body will follow to the best of its ability.

So, I say to Town Council, bring on the changes, keep us young and healthy in our minds and bodies. And while you're making these changes, could you change your snow removal policy so the downtown is done first after a dump of snow? Us old folks don't appreciate having to climb over the ruts on the way to the doctor's office. There's a change we'd really like to see.

Council goes on parade

Hedley will celebrate Stamp Mill Days on May 5 this year. Town Council was invited to participate in the parade, which takes place at 10:30 AM. Members of Council will attend.

Council was asked to enter the Welby Stage in the parade. This is not possible. The stagecoach is more than 100 years old, and is fragile. It is not safe as a means of transportation and is no longer insured for use as a vehicle.

Keremeos calls

Keremeos Elks Rodeo starts on Saturday, May 19, continues on Sunday, and hosts a parade on Monday, May 21. Princeton plans to participate in the parade, as usual. Following the parade, the crowd gathers at Keremeos Memorial Park, where Mayor Randy McLean or his delegate will be asked to speak.

Watch for more info

Similkameen Valley is home to numerous celebrations and major events. All of them are well worth attending.

With our growing population, a number of Similkameen Valley residents may not have attended any of the events mentioned in this newspaper.

As organizers provide us with more detailed information, the News Leader will publicize the information.

Marketplace Ministry by Jim Caruso

Humbled By A Hammer

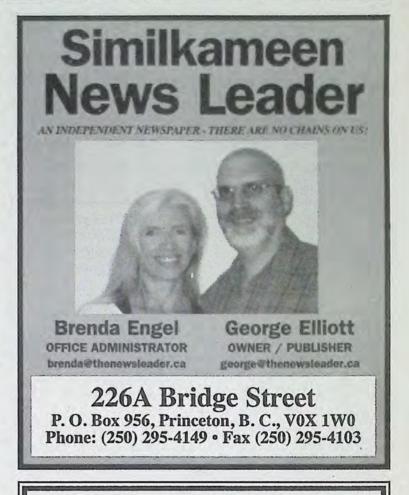
There are many times in my short life where my pride has overcome my sense of reality. At my age I don't have access to all of my memories, as I stored many of them on eight track tapes and there just aren't as many eight track players around any more. But I do have some stories about pride that I can share, although today I really am not proud of any of them.

The first was welding and I was working out of Johnny Bey's old welding shop across from George Smythe's machine shop. I was working on a high boy trailer for someone and was straightening one of the cross members under the deck. School was in across the street and the kids were playing in the playground at recess. I had heated up the cross member with a torch and when it was just right took my handy short handled four pound sledge hammer and hit the bent cross member. The hammer bounced off the bent cross member and went straight back hitting another cross member and came back toward the back of my head with the velocity of an AK-47 bullet, the hammer was still attached to my hand and that is the last thing I remember before I went unconscious. I woke up with my face in a puddle of water and through this muddy lens on life, I saw little people looking through the fence at this man who from their view point had hit himself in the back of the head with a hammer. It is true; your pride can cause your head to swell.

Next up in the memory bank, is a job I did for the Matkovich brothers, Larry and Daryl. They were cutting posts for Princeton Wood Preservers in those days and needed some work done of a skidder. The base where the engine mounted was all cracked and need to be replaced. So I traveled up John's creek on a cold winters day and measured it up the skidder and came back and built a new engine mount in my shop. I had George Smythe do some machining for me on the project and when it was done, I must say, I was quite impressed. I called my-wife down to the shop and said what do you think of this, she said it was nice. Nice! It was a work of art and I DID IT. The next day, it was a bright clear, sunny wintry day I drove up to John's creek and cut the old piece out of the skidder and welded the new piece in, the whole job lasted about 4 hours not including travel time. I was, well, I was proud. The next day Daryl or Larry called, I am not sure who it was, as I want to forget the voice that said, Jim, you did an awesome job on our skidder, except you welded it in backwards and we can't install the engine. I was hit in the head with my own hammer again, this time I was still conscious. I went back up John's creek the next day, another wintry day, somewhat different as it was snowing and blowing and besides getting stuck and having to winch my self out on the way in. I completed the repairs cutting out the new work of art and turning it around and welding it back into the skidder frame and all in the record time of 8 hours not including the travel time. Scripture says that, Pride goes before destruction, and a haughty spirit before stumbling. (Prov. 16:18) or as I have learned, pride goes just before one becomes uncon-

Jim Caruso, Pastor Oceanside Community Church. Parksville, BC pjcaruso@telus.net

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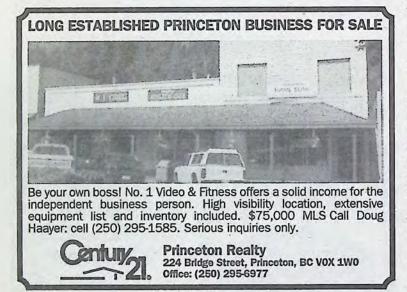
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The final scene in the skit performed March 22nd at New Beginnings as part of their Spring Fling Tea & Fashion Show highlighted all 'performers' in their costumes. Photo: Brenda Engel. 4

Letter To The Editor

Green says 'thank you' to Town

I would like to thank Princeton town council and staff for the Public Open House held March 19th in the Skills Centre. The PowerPoint presentation by Patrick Robins, while not about specifics, did a fine job of presenting councils view of Princeton's strengths, the actions it plans to take and the community spirit of pride it wishes to generate. The audience learned, first hand, from individual councilors about the airport plans, the library and museum, Veterans Park and other park development, the Community Plan project, and about the ambitious plans for utili-

Letter To The Editor Raine has his say

To The Editor;

There must be many people, other than myself, who are sick and tired of hearing how tourism is the cure that will solve most of our problems in this town of ours. The promotion of tourism is a worthy cause and is conducive in helping businesses survive, but the jobs available in the tourist industry are virtually all minimum wage.

Let me ask what tourism is going to do for the average citizen of this town? Very little. Will tourism help us have expanded hospital services, improved hone care, or bring larger enrollment to our schools to keep them open so that more families and teachers won't leave our town? Of course not.

While some retired people are moving to Princeton and Area H, we are on the verge of having a mass exodus of working people. If we can't attract young adults, and particularly young families, everything will slowly deteriorate.

Almost without exception, when I talk to a cross section of citizens they all agree that we need industry or topnotch businesses that pay good wages; then we would attract workers and their families. If this

was achieved we would once more have a vibrant community where school enrollment would rise rather than decline like it has been. Also, businesses would thrive and sports facilities would be enhanced possibly to the point of us having a better chance to afford and maintain a quality rec centre and indoor pool.

An influx of well paid working adults would hopefully bring inspiration to our quest of enhancing our hospital, and some youthful exuberance to revitalize our town.

Personally, I don't agree with our EDO Michael McLaughlin when he states that there is a wave of people from urban areas who are moving to rural settlements. How can he brag because Princeton grew 3%. What does that amount to? Eighty or ninety new residents in the last five years? Is that signif-

In the March 16, 2007 Province newspaper it states that as of May 16, 2006 BC has 4,113,487 citizens. Although Pemberton and Tumbler Ridge grew by more than 30%, the population flow from rural to urban centres has made BC the most urbanized province in continued on Page 25

ties upgrading to the industrial park and other neighborhoods.

I also want to express appreciation to the many residents who took advantage of the Open House to listen, ask questions, and learn about the problems faced by council in meeting our expectations and dealing with our concerns. The question period was generous, and while people were a bit shy at first it soon blossomed into an informative and friendly exchange.

I also learned quite a bit from others in the audience. I heard about concerns we shared and about issues new to me, like the need for upgrading to our Fairgrounds, our continuing community difference of opinion about deer control, and I learned that I am not alone in dreaming of an all-season indoor swimming pool. I also learned, however, that we're unlikely get one with our current population base; so let's get growing!

While we can all attend council meetings as guests, few of us do unless we have a personal reason to be there. Who has the time or patience to sit through the often long and dry agenda of the Town's routine business? The Open House gave the public an overview of Town Council activities in capsule form, and allowed a group of people to feel that their presence made a contribution. People were brought together through mutual interest in Princeton's future instead of a specific special interest; and I see that as a good thing.

The Open House was a very fine idea and I vote for making such meetings a regular feature of Princeton's community life.

- Karin Green, Princeton



Nikki Smith and Lana Fawcett pose with the MVB - Most Valuable Bra, a cute little number complete with mini bagpipes designed by Barb Gagnon. Smith and Fawcett bid against each other and ended up buying the bra together for \$165.00 for display at Copper Mountain Bar & Grill. The Bra Auction, held last Saturday night at the pub, benefits the Weekend to End Breast Cancer Walk. *

Canada. Since 2001 there are 129,000 new residents (6.5% increase) in Greater Vancouver. Princeton's eighty or ninety newcomers must have been bucking the trend.

85% of British Columbia's population live in urban centres. Rural areas surrounding major cities saw the most growth overall which in the Okanagan Similkameen meant the Kelowna and Penticton zone. Kelowna now has 162,276 citizens, a jump of 9.8% since 2001—a gain of over 16,000. People move to urban areas, or in close proximity, mainly for work and varied

lifestyle.

Another fact: Most retirees are moving to urban centres or on the perimeter for the convenience and safety of having comprehensive medical services. In that context, where does that leave poor Princeton, Coalmont or Tulameen? I really enjoy residing in this town, but we must recognize the downside. Some people believe that the addition of a few square yards to Cenotaph Park, the development of the Riverside Wellness Centre or the Mascot Gold Mine Tours are significant signs that our area is flourishing---dream on. This is only skirting the major issues. When we still had the copper mine our restaurants were chock full, the bowling alley steaming with activity, and the same with the ice rink and golf course.

I repeat, the creation of good paying jobs and enhancement of our hospital have to be the two top priorities that must be addressed by town council and our Economic Development Officer. If these key people disagree, I'd like to know what priorities they have.

Maybe we can import a few Saskatchewan farmers who know how to separate the wheat from the chaff and get the show on the road. - Monty Raine, Princeton

VFFN wants Swan Lake Sanctuary

Madelon Schouten attended the March 19 Town Council meeting to ask for support from the Town to have Swan Lake achieve a protected status.

Schouten, representing Vermilion Forks Field Naturalists (VFFN), reviewed what her organization had achieved at Swan Lake during the past decade, and invited Council to a one-day workshop on May 14, which will include a tour of the Swan Lake area.

Schouten told Council her group had discussed the possibility of making the area a sanctuary, thus protected by legislation.

At this time, it is seen by government as a restoration and viewing area.

Schouten had been told there must be more support from the municipality, Regional District, and local organizations before government would consider making Swan Lake a protected area. Schouten pointed out the number of visitors who go to the site.

Councillor Pam Jones remarked, "If we want to increase tourism this is a good way."

Councillors agreed it is an area worth protecting for the future, and thanked VFFN for all the work done.

There will be an SOS forum in

Naramata on April 16 and 17 to discuss environmental issues of the South Okanagan and Similkameen

Schouten invited Council to attend the meeting, which features 15 national, provincial and local speakers. Mayor Randy McLean received Council's permission to attend.

MP discusses issues

During his visit to Princeton two weeks ago, BC Southern Interior MP Alex Atamanenko sat with the News Leader to discuss a variety of items.

The MP indicates one issue discussed in his casual visits in Princeton was health care.

"All these other issues come along and health falls off the radar and it should stay on the radar."

The MP says he sees a need for full-time paramedics in Princeton

at the very least.

He also mentioned small business concerns in regard to the development of the Princeton Industrial Park Project.

"I'm not sure what I can accomplish, but we need to keep these things alive," Atamanenko says.

To contact your MP Alex Atamanenko can be reached in his Castlegar office at 1-800-667-2393 or contact his Princeton office at (250) 295-0300.

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What's a Pow Wow without drums? These drummers kept the floors vibrating at Chuchuwayha Hall in Hedley as the USIB hosted their 2nd annual Pow Wow over the weekend. More full colour photos are located on our website: www.thenewsleader.ca. *

Letter To The Editor

responds to dam article

To The Editor;

Solana Allison's "Is the dam project a Trojan horse" was thoughtful, balanced and well researched. There is just one assertion that I would like to correct. Ms. Allison wrote that Town Council is "talking quietly about dams behind closed doors."

The initiative to study reports of water flow comes from the

Similkameen Valley Planning Society. Princeton is represented on the SVPS and the Town's delegate did vote to proceed with the study. However, prior to the announcement I made at the open Council meeting, Princeton Council had not discussed the water study.

The SVPS is the organization that is taking the initiative because it represents all of the governments of the Similkameen Valley. We want the public to know about the water study. That was a reason for announcing it at the Council meeting.

There is no plan of any type under consideration at this time. Should our initial study suggest that a water storage project is feasible, the initiative will become a full public and political process. The river is important to us all. No one is going to mess with it without full public input.

Here is my personal view. When the idea of a dam was first suggested, I was automatically opposed. I live beside the river and take delight in its changing character every day. Let's not dam one of the last free rivers in BC, was my cry.

After examining data on reductions in river flow and hearing that, maybe, the quality of fish habitats could be improved by storing water and releasing it when the river is low, I became willing to look at the possibility of controlling flows.

I will need to be convinced that there is a net environmental benefit from a dam before I can personally support it.

In the end, the people of the Similkameen Valley will make the decision.

- Michael McLaughlin, Princeton

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Group celebrates Mardi Gras

Today is the day we celebrated Mardi Gras Day, Vermilion Court way. We ladies dressed in colorful clothes, adorned ourselves with many colourful gleaming beads and wore as many bangles as possible. They also had exotic masks made under the careful instructions of Edna, Donna and Ria.

So we gathered around the round table for headline news from a local paper and the horoscopes (of course!) to be read. Following the word game, exercises were done to the lovely organ music rendered by Ruth.

Lunch was really different. Spinach balls, Jambalaya, peas and yams followed by fruit and wafers.

Then the entertainment! So much fun having our red toenailed barefeet staff dressed in suitable garb playing spoons, washboard, tambourines, etc. to sing to us tunes such as Jambalaya, Catfish Bates, Hey! Good Lookin', Blue Bayou, Cajun Baby, Piroque Joe. Of course they were noisily enlivened by an occasional whoop and holler!

Reet ran a tattoo parlour, Donna read fortunes, and we had a bean bag toss and dart throw to break balloons. The custom of having a cake decorated in green, purple and gold containing a small baby doll was cut and enjoyed.

Ruby found the babies in her portion so next year she must make and donate the cake with the baby in it. And so another happy afternoon was spent-at Vermilion Court. - submitted by D. Stenvold

Letter To The Editor

Ken Carlson reminds us he needs our support on the MS Walk

Dear Readers,

Spring has arrived, it is time for things bright and beautiful to

opportunities and renewed hope. For me, part of this renewed hope is that it is also the time of The MS Walk is the primary source of funds the MS Society uses to provide programs and

to support research seeking a cure for Multiple Sclerosis. Canada has one of the highest

Canada is a world leader in research searching for a cure for Multiple Sclerosis.

I am one of an estimated 75,000 Canadians to have Multiple Sclerosis. Multiple Sclerosis is a chronic, often disabling disease of the brain and spinal cord. It is the most common neurological disease of young adults in Canada. Women are three times more likely to develop MS than men. Most people with MS are diagnosed between the ages of 15 and 40, although many more children, some as young as three years of age, are now being diagnosed. Symptoms of Multiple Sclerosis include vision problems, extreme fatigue, loss of balance, pain, depression, memory problems, loss of co-ordination, and paralysis. The course of MS is

My main motivation to fundraise for the MS Society is to raise money to support in developing research improved therapies and discovering a cure.

unpredictable and its effects last a lifetime. At present, there is no cure for Multiple Sclerosis.

At this stage of my life and the development of my MS, research is my hope to once again be able to walk, to rejoin the workforce, to participate fully in our society, and to fully enjoy my life. I wish this for everyone afflicted by MS and, considering advances in medical knowledge and technology, I am not without hope.

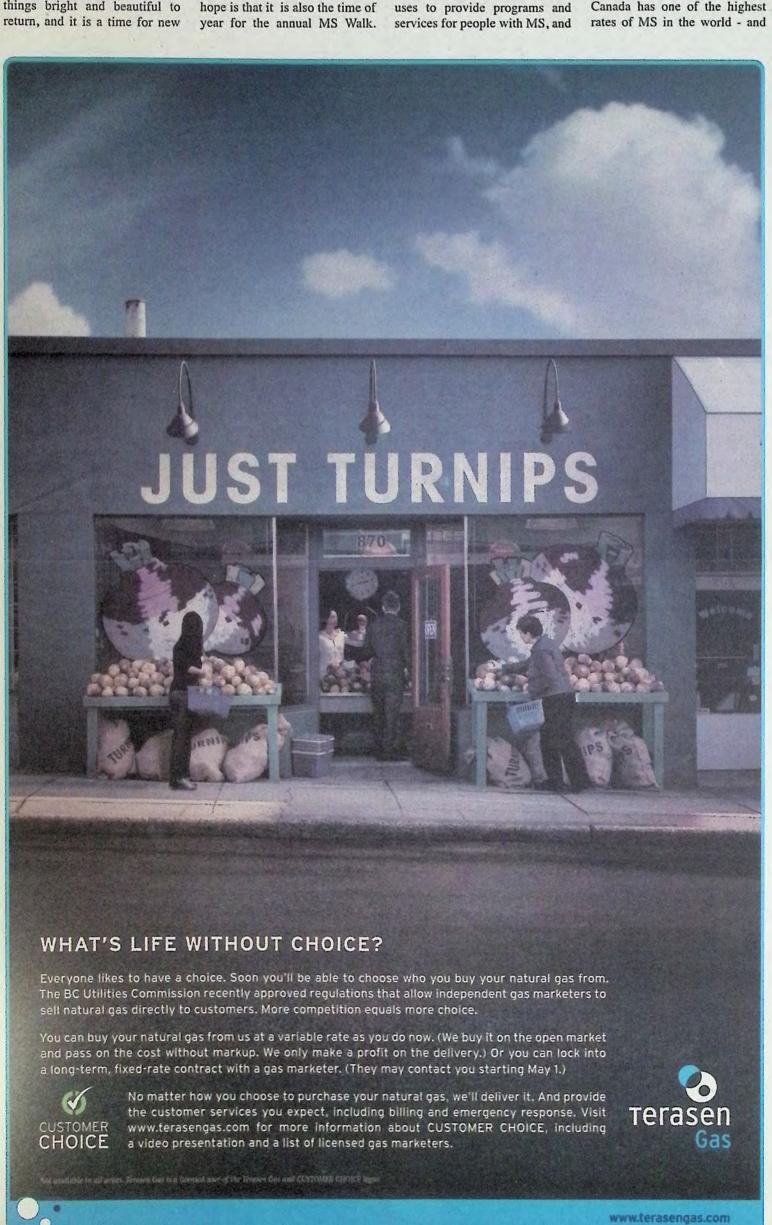
I will be participating in the South Okanagan - Similkameen MS Walk on April 22 in Penticton and request your sup-

The MS Society, like all good charitable organizations, allows contributors to direct their contribution. Therefore, if you wish to direct your contribution to programs and services provided in the South Okanagan -Similkameen, please make your cheque payable to the MS Society - BC Division. If you wish to direct your contribution to research, please make your cheque payable to the MS Society - Research Only. A tax deductible receipt will be issued for all contributions of \$15 or greater. Please send your cheque to Ken Carlson, Box 1354, Princeton, BC V0X 1W0.

If you have any questions, I can be contacted by email at kenwearlson@hotmail.com or by telephone at 295-7582.

If you would like to participate in the MS Walk you can register online at www.mssociety.ca and follow the links or register by telephone at 1-800-268-7582.

Your support and encouragement is much appreciated. Yours truly, Ken Carlson, Princeton



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