



Princeton Community Forest Corporation Chair Randy McLean presents Kokanee Swim Club with a cheque last Friday in Town Hall. Back row from left: Swim Coach Lindsay Bartells, Taylor Carmichael, Swim Club Treasurer Amanda Carmichael, Mayor Randy McLean. Middle Row: Ryley Smeaton, Tyler Smeaton and Kendra Krenn. Front Row: Hunter Smeaton, Dylan Carmichael and Shayna Krenn. \*

## Swim club receives \$3,500

As one of eleven local organizations that will be sharing in \$295,000.00 in funding from the Princeton and District Community Forest Corporation this year, the Kokanee Summer Swim Club has made much needed equipment purchases with the \$3,500.00 they've received from the Corporation.

"We are pleased that we could support the Kokanee swim club," said corporation Chair Randy McLean.

"The equipment will help children

improve their fitness levels and add to the pure fun of swimming at Centennial Pool."

Kokanee Summer Swim Club Treasurer Amanda Carmichael says, "This project helps our swimmers develop improved physical conditioning and team moral. This project helps and improves our swimmers chances of qualifying in competitions."

The Princeton and District Community Forest Corporation .....continued on Page 3

# SVPS surveys RDOS residents

For twenty years Dr. Laurence Moss has studied the movement of people to mountain regions. Many of them are part of what he calls "amenity migration."

An amenity migrant selects a place to live or have a second home based on the quality of natural amenities. They are attracted by outdoor recreation opportunities, scenic views, access to lakes, clean

air and water and many other features of an attractive natural environment.

Many amenity migrants are attracted by their perception of a safer, friendlier, slower quality of life in small communities.

The Similkameen Valley Planning Society has contracted Dr. Moss's International Amenity Migration Centre to do a household survey in

the region including Penticton to Osoyoos and the Similkameen Valley.

SVPS Economic Development Officer, Dr. Michael McLaughlin says the purpose of the survey is to measure the impact of amenity migration on quality of life, economy and the environment.

"The greatest force of growth in the South Okanagan-Similkameen

is people moving to the area. A portion of these people are economic migrants, people coming for jobs or to start a business. Many others are permanent, seasonal or intermittent amenity migrants. Our survey will tell us why people are moving here, what they are adding to the economy and social institutions, their attitudes toward development and what will keep them here or cause them to move. Long term residents will be surveyed for their attitudes to the pace and form of development."

McLaughlin added, "Many people were surprised that the South Okanagan grew by less than 4 per cent between 2001 and 2006. There is so much visible residential development. The survey may tell us that many homes are seasonal or intermittent residences of amenity migrants."

Amenity migrants can bring economic and social benefits. However, across the Western United States and in BC and Alberta some communities have experienced growing pains caused by these generally affluent newcomers. Increased property prices, urbanization of the landscape, and

deterioration of community identity often follow rapid amenity migration.

Dr. Moss has studied the pattern of amenity migration across North America.

"Ironically, many amenity migrants in the United States have moved on to greener pastures, after they helped spoil the amenities that brought them to an area in the first place."

Dr. Moss believes British Columbia and Alberta are seen as the "last best place" by many Canadian and international potential migrants.

"I think BC still has an opportunity to control this phenomenon and benefit from it without experiencing the harmful effects found extensively in rural Western United States and Europe. They better act quickly, however."

The Principle sponsors of the survey project are the Real Estate Foundation of BC and Parks Canada. The Real Estate Foundation is interested in the impact on the quality of life and the best uses of land.

Parks Canada's interest is in the ..... continued on Page 5

## Fatal fire kills two, destroys fourplex

Two people are dead following a fire early Saturday morning, July 28th, which gutted a fourplex located at 282 Bridge Street.

Princeton Volunteer Fire Department Chief Eric Gregson says the call came in at about 1:00 AM and a total of 14 firemen were on scene, but the building was "fully involved" by the time they arrived.

A total of seven people were living in the building including a

family of four who had moved to Princeton from Korea in January.

Two members of that family - Kim and Jane Bae, the mother and daughter - did not survive the blaze.

The father and son, David and Luke, were taken to Princeton General Hospital for treatment related to smoke inhalation.

St. Paul's United Church, where the Bae family worshiped, has taken on the task of funeral arrangements and church members are working on gathering clothing and household items.

A variety of local businesses have also put 'coin jars' in their

stores to collect additional funds to aid the survivors of the fire, who lost all personal belongings.

The United Church has also set up a Trust Fund at Valley First Credit Union for cash donations.

A number of other fundraising efforts are currently in the works as residents reach out to help.

The identities of the other tenants were not known at press time and it is believed that the Bae family was in the process of moving out of the fourplex.

Fire investigators were on the scene for most of the weekend sifting through the charred remains of the building to determine the cause of the blaze.

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PAGE 16 - IN YOUR TV GUIDE SECTION





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Have fun in the sun with Amy and Rachel. Play games, make crafts, and much more!

Ages 6-11 years - Riverside Centre \$15.00 per day  
9:00 AM - 3:00 PM (Monday/Tuesday/Thursday/Friday)  
10:00 AM - 4:00 PM (Wednesday - Park Day)



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Brittany Nybo was one of many Katimavik participants who came to Princeton as part of the youth program. Nybo worked at Princeton Museum, a long time supporter and sponsor of Katimavik.

## Katimavik looks to Princeton

Princeton is among the short listed communities for receiving Katimavik volunteers in the coming year! If selected over 10,000 volunteer hours would once again be available to local non-profit organizations.

At this stage in the community selection process, any individual or organization from the Princeton area is invited to attend a community meeting to discuss the possibility of Katimavik volunteers returning to your area.

At this meeting, attendees will receive information on how they can apply to receive volunteer support. A brief overview on the Katimavik program will also be given for any organizations not already familiar with the program and recent changes will be introduced.

The community meeting is scheduled for Monday August 13th at 9:00 AM in the Princeton & District Chamber of Commerce and Visitor Centre (105 Hwy #3 East). For specific directions, please call 250-295-3103.

Now is the time to express interest in becoming involved with a Katimavik project that would run from January, 2008, to August, 2008.

For more information about Katimavik or about bringing Katimavik to Princeton, contact Melinda Boon, 1-877-570-0666, ext. 23, or e-mail [plang@katimavik-bcyk.org](mailto:plang@katimavik-bcyk.org) or [mboon@katimavik-bcyk.org](mailto:mboon@katimavik-bcyk.org); or go to [www.katimavik.org](http://www.katimavik.org).

### The Katimavik Program:

Every year, more than 500 non-profit organizations across Canada

benefit from the volunteer services offered by Katimavik participants. Katimavik was created to foster the personal development of our nation's young people through a challenging program of community service, training and group living. Katimavik places groups of 11 young people, 17-21 years old, in 99 communities nationwide, where they provide full-time volunteer support to local agencies for up to nine months.

Katimavik participants contribute to the host communities through a wide variety of social, administrative and physical work for not-for-profit organizations.

For example, over the last year participants worked with organizations such as the Canadian Earth CARE Society in Kelowna, Central Okanagan Community Gardens, Centre Cultural Francais de L'Okanagan, City of Kelowna - Sport & Recreation, Canadian National Institute for the Blind - Kelowna, Kelowna Community Food Bank Society, the Okanagan Boys and Girls Clubs - Kelowna and the YMCA-YWCA in Kelowna.

There are few limits to the type of work that Katimavik volunteers can do, or organizations that can apply, including community development or support agencies; health care facilities; multicultural groups; educational institutions; First Nations bands; arts organizations; youth groups; festivals; municipalities; heritage groups; and community service clubs.

Katimavik is particularly interested in assisting environmental agencies.

- submitted

## Imagine the Best in Breast Cancer Detection



The South Okanagan Similkameen Medical Foundation  
is asking you to help us raise \$1,000,000

Breast cancer can be beaten, especially when it is detected early, yet only 53% of women in the Okanagan over the age of 50 have regular yearly mammograms. Our mission is to provide the residents of the South Okanagan Similkameen with the best technology in breast cancer detection, Digital Stereotactic Mammography.

This equipment reduces waiting and exam times, meaning more women can be screened in less time. Higher, more consistent image quality means fewer repeat examinations, better quality results and may help avoid invasive surgical procedures and hospitalization. Please help us bring this much needed technology to the South Okanagan Similkameen.

With funds raised or pledged by December 31, 2007 the machine could be operational by June 1, 2008.



For more information or to donate, please call (250) 492-9027

South Okanagan Similkameen Medical Foundation 550 Carmi Avenue, Penticton, B.C. V2A 9Z9  
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Vermilion Court residents were treated to a ballet performance last week. Photo submitted

## Seniors visit Keremeos

The rain stopped and the sunshine returned just in time for our trip to Keremeos by bus.

Fifteen residents and Day Care persons enjoyed the gentle warmth in the shade of the pines in Keremeos Pine Park by the river.

We enjoyed a lovely picnic lunch of deep fried chicken, potato salad, fresh bread and watermelon.

There were no ducks or squirrels to watch. We did pick up a few assorted cones. Some small but mostly

large pine cones. There was a gentle breeze blowing keeping us comfortable. Leaving the picnic area we were taken on a side road to admire the beautiful gardens and lawns.

We stopped at a fruit stand and enjoyed buying fresh fruit to bring home with us. So by 3:00 PM we gladly arrived back - happy but tired.

Today we were fortunate to have Cilicas' granddaughters entertain us with their beautiful ballet numbers.

They were so expressive, graceful and artistic in their moves.

Many thanks Natalie, Alexandra and Melony. Their costumes had been made by their mother Laura, and themselves and were exquisite! More news next week.

- submitted by D. Stenvold

## Forest corp supports swimmers

..... continued from Front Page offers grants to recreational and cultural organizations to assist in their capital projects and operations.

The corporation receives Grant applications annually and organizations can apply for major funding (>\$5,000.00) or for minor funding (<\$5,000.00).

In 2005 the forest corporation granted \$250,000.00 to the

Princeton Golf Club.

The \$295,000.00 funding disbursements represents grants for 2006/07.

To be eligible for these grants, organizations must have the mandate to provide recreational and cultural services and/or facilities in Princeton or within Area 'H' of the Regional District Okanagan-Similkameen.

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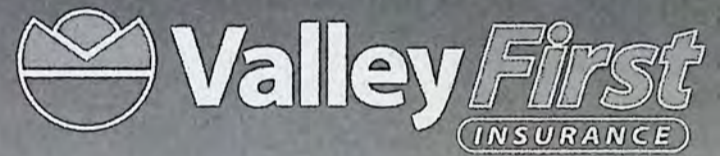


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## Tulameen Family Fun Days

Event Schedule - All Times Tulameen Time (approximate)

### Friday, August 3<sup>rd</sup>

Cake Decoration Contest 7:00 PM - ? (Community Hall)  
Slo-Pitch Tournament starts 7:00 PM (School Field)  
Fishing Derby starts (Otter Lake, Creek, Tulameen River)

### Saturday, August 4<sup>th</sup>

Triathlon starts 7:00 AM (Otter Lake Beach)  
Slo-Pitch Tournament 8:00 AM - 8:00 PM (School Field)  
Street Vendors open 9:00 AM - ? (near Community Hall)  
Horseshoe Pitch Sign-Up 9:00 AM - Noon (CC Booth in front of Community Hall)  
Parade 11:15 AM - ? (Line up on Strathcona)  
Kids Carnival Games 11:00 AM - 1:00 PM (in front of Community Hall)  
Cake Walk Noon - ? (Community Hall)  
Beverage Garden Noon - 6:00 PM (behind Community Hall)  
Barbeque Noon - 6:00 PM (behind Community Hall)  
Horseshoe Pitch Noon - ? (behind Community Hall)  
Triathlon Awards 1:00 PM - ? (behind Tulameen Library)  
Kids Games 1:00 PM - 4:00 PM (School Grounds)

### Sunday, August 5<sup>th</sup>

Slo-Pitch Tournament 9:00 AM - 8:00 PM (School Field)  
Duck Race 2:00 PM - ? (2nd and Otter Creek to Tulameen River)  
Fishing Derby Weigh-In 3:00 PM - ? (2605 Otter Avenue, Tulameen)

### Monday, August 6<sup>th</sup>

Pancake Breakfast 8:00 AM - 11:00 AM (Community Hall)  
Slo-Pitch Tournament Finals 9:00 AM - ?? (School Field)  
Community Clean-Up 5:00 PM - ? (meet at Community Hall)

NOTE: THERE WILL BE NO CAMPING AT THE RIVER

**August 3, 4, 5 & 6, 2007**

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## keremeos and area news



Workers harvest Russian red garlic at Jenny Edlington's farm last week in Cawston. Bruce Harker, a fellow organic farmer, says the garlic crop is very good this year. \*

# Keremeos grant details

Keremeos will now have its own Community Resource Centre in the heart of the community thanks to \$272,748 in funding from the provincial government's Towns for Tomorrow program, helping make British Columbia's smaller communities even greener, healthier, more sustainable places to live, Minister of Small Business and Revenue Rick Thorpe announced.

"Through our Towns for Tomorrow infrastructure program, we are working in partnership with the Village of Keremeos to ensure they are a healthy, vibrant community for years to come," said Thorpe.

"This grant builds on Premier Gordon Campbell's and our government's commitment to having vibrant, connected communities throughout British Columbia."

The Community Resource Centre will provide visitor information services, public washrooms, a kitchen for community events, and will also house the local Chamber of Commerce. Located at the heart of the community trails system, it will increase use of the trails, promoting activity and healthy living. Community signage and digital reader boards will be included to provide vital emergency information such as that needed in the event of a wildfire.

"We're thankful to the Premier for supporting this much needed facility, the perfect, central place for people to gather for events and find reliable information," said Walter Despot, Mayor of Keremeos.

"Our plan to build this as a green, energy efficient building also supports the Province's goal of reduc-

ing greenhouse gases."

The Towns for Tomorrow program is providing \$21 million, over three years, to assist communities with a population of 5,000 or less with community infrastructure improvements. Under the program's cost sharing formula, the Province will provide up to 80 per cent of eligible costs, for projects up to \$500,000.

"We recognize the difficulty some smaller communities have in raising their portion of some cost-share infrastructure programs that larger communities also can access," said Ida Chong, Minister of Community Services.

"Through Towns for Tomorrow, our government is providing B.C.'s smaller communities the means necessary to act on their capital infrastructure priorities. By

## Village announces appointment

Last week the Village of Keremeos announced the appointment of Joni Heinrich as Chief Administrative Officer effective July 30th.

Heinrich is currently employed as the Director of Corporate Services with the District of Sechelt and has over ten years of local government experience. She has a Master's Degree in Public Administration and a Senior Certificate in Local Government Administration.

"She has extensive experience in

supporting these projects, we're working to reduce greenhouse gases, improve air and water quality and improve energy conservation."

Towns for Tomorrow is one of four programs announced by Premier Campbell at the 2006 Union of BC Municipalities convention, aimed at making B.C. communities greener and healthier places to live. The other programs are LocalMotion, B.C. Spirit Squares and the Green City Awards.

For more information about Towns for Tomorrow, and for links to these other programs, visit [www.townsfortomorrow.gov.bc.ca](http://www.townsfortomorrow.gov.bc.ca) online.

The Similkameen Valley Planning Society also played an active role in the grant process.

all aspects of local government service provision," says Mayor Walter Despot.

"In smaller communities, she has worked closely with staff as well as with local community members and other stakeholders, establishing policies and procedures to improve service to the public. The Village of Keremeos welcomes her to the organization and to the community and looks forward to her helping Council and the community achieve its goals."

[keremeos.net](http://keremeos.net)





Here's some of the harvested garlic hanging to dry. \*

## SVPS conducts migrant amenity survey

..... continued from Front Page effect of the proposed National Park Reserve on attracting new residents and the recreation and leisure uses of local residents. The Regional District, Keremeos and Princeton also provided project funding.

The SVPS urges receivers of the survey to complete it and mail it back to the Regional District in the envelope provided.

The next phase will be to use the survey information to design strategies for conserving the environmental and social qualities that make the South Okanagan and Similkameen Valleys attractive places to live.

A total of two thousand surveys were randomly mailed to homes in

the South Okanagan and Similkameen in late July.

Similkameen News Leader Owner George Elliott received one.

"At first I wasn't sure how many of the questions would apply to me, but I soon discovered that the survey also asked questions of long-time residents."

Elliott has lived in Princeton for 21 years.

"It also said the survey would take about twenty minutes, but I was done quicker than that."

Elliott says he was interested to note the survey acknowledged the changes amenity migrants make to a region and that they often move away and start the cycle over ahead somewhere else.

"I found that to be very interesting

and the survey asked my feelings on how local and regional government were dealing with these sorts of issues as well as my feelings on growth in my community and the region overall."

Elliott also noted the survey provided mostly multiple choice questions with answers that were easy to answer.

"Most of them just require a check mark and the survey is totally anonymous so no one knows what I said about anything."

Elliott adds, "I'm not big on surveys, especially if they look long and require a lot of answers. The SVPS did a great job on keeping this one simple. They deserve a lot of credit for the work they are doing."



Ever see garlic the size of tennis ball? \*

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## FINANCIAL FOCUS

### Watch Out For Tax Pitfalls When Giving Children Money

Giving money to children is a good way to get them started on the road to financial success. But it can result in tax complications for you.

When your children invest money you give them, you could be required to pay income tax on some of their earnings. It's because of the Canada Revenue Agency's "attribution rules."

As your gift to a child under the age of 18 starts to make money, "first-generation" income will be attributable to you for tax purposes. That's the money earned by the original investment. For example, if you give your child \$5,000 and it is invested in a GIC that earns 5% interest each year, you'll be liable for tax on that \$250 of annual income.

However, you won't pay tax on second-generation income - in this case, the interest on the interest earned by the GIC. If the \$250 is reinvested and it earns additional returns, the proceeds are taxable in the hands of the child (who probably won't pay income tax because of his or her low annual income).

It doesn't matter whether the money goes to your own child, a grandchild, or another relative. Attribution rules generally apply when you give money to any child under 18 who is related to you. And it's not just the gift of money. You could potentially be hit by attribution rules if you transfer assets such as mutual fund, stocks, bonds or even if you make an interest-free loan to a child for investment purposes.

There is one significant exception: Attribution rules don't apply to capital gains. When you transfer an investment to a child or invest on his or her behalf, any money made by selling that investment for an increased price is taxable in the hands of the child.

But that doesn't mean you're completely off the hook. When you give assets to a child you'll usually be considered for tax purposes to have disposed of them at the time of transfer. Capital gains taxes then apply to the increase in value, just as if you had sold at market value (although only 50% of capital gains are taxed).

How can you get around attribution rules?

The obvious route is to give children cash to put toward investments that generate capital gains, rather than income. But there are other ways.

You can invest your monthly child tax benefit in your child's name. Attribution rules don't apply to income earned on investments bought in a child's name with the benefit.

Or you can lend money to a child and charge interest at a market' rates. The child can invest the money and the income won't be attributed back to you. Pay attention to rules governing suitable rates, and when interest payments must be made.

To avoid tax complications entirely, wait until your children are adults to give money. Attribution rules apply only until the year in which your child turns 18.

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## news leader health and lifestyle page

## The why and how of cooking sustainably

by *Laura Kalina, M. AD. ED; R. D. N.*

'Seasonal' and 'local' are buzz-words that are becoming increasingly common on menus and in supermarkets. Add 'sustainable' which means basically putting back in the earth what you take.

People want to connect with the source of their meal!

*Why support sustainable cuisine?*

- It tastes better!

Most locally grown fruits and vegetables are picked at the peak of ripeness, handled gently, and sold quickly, ensuring maximum flavour. On the other hand, large agribusinesses choose produce varieties for durability during harvesting and shipping rather than flavour, and pick long before ripeness.

Meat and dairy from animals that are raised humanely and fed natural foods are generally of higher quality. Ditto wild seafood caught responsibly.

- It's good for you!

Eating whole, natural foods with less pesticides, hormones, and antibiotics is better for your health. Buying from local farmers or businesses committed to sustainability makes it easier to get information on the provenance of your food.

- It's better for people!

Buying locally grown food supports family farms. In the past 40 years, agriculture has changed more than it did in the previous years. If we don't act now, small farmers will not be around in a gen-

eration.

- It's better for the earth!

Many modern farming and fishing practices put the dollar first, polluting and destroying the environment. Buying sustainable meat, produce, and seafood helps protect the land and sea for future generations.

*OK, how do I do it?*

- Buy locally:

Try to buy as much of your meat, dairy, produce, and seafood as you can from local farmers' markets or farm stands. Does your community have a Farmer's Market?

- For items that can't be bought locally (for instance, coffee, chocolate, bananas), look for products that are Fair Trade Certified:

This organization works with local farmers in foreign countries to raise the price they are paid by importers for their products and guarantee better working conditions. Fair Trade Certified products are grown by farmer-controlled cooperatives in an environmentally sound manner.

- Ask about the handling of the products:

Organic is an important measure, but it's not the only thing to consider. Food activists recommend getting to know the farmers at your local market - they should be glad to answer questions. Try to focus on humane, environmentally-friendly processes, rather than specific labels.

## living past 100

### Keep a man manly

Men over 50 years of age have had to face the high probability they would have prostate problems. This small doughnut shaped gland may seem insignificant, but it can change a man's life when it no longer works properly. Prostate problems include inability to empty the bladder completely, inability to function sexually, and even prostate cancer.

Today's men are very fortunate. They no longer have to face the high probability of having prostate problems. There are a number of research studies that point to ways of keeping the prostate healthy, avoiding pain, surgery and the loss of sex life.

Saw palmetto is widely recognized as a natural substance to keep the prostate from swelling, which is the usual cause of prostate problems. Combined with prescribed medication, saw palmetto can be used as a treatment for urinary difficulties caused by swelling of the prostate.

Cuban royal palm extract is excellent in preventing enlargement of the prostate due to the effects of testosterone.

The Institute of Urology in Moscow released the results of a study done on a combination of stinging nettle extract combined with saw palmetto. The Russian researchers found the combination improved urinary flow significantly.

**What's good for a healthy prostate?**

Tomatoes and blueberries are a man's best friend, along with garlic, oregano, rosemary and cinnamon. Pumpkin seeds and sesame seeds are excellent foods for protecting the prostate.

Avoid a lot of milk products. Some researchers believe milk increases the chance of contracting prostate cancer.

Take supplements: Vitamin E, selenium, folic acid, Vitamin D, and zinc. Quit drinking coffee, quit smoking, and use alcohol in moderation (no more than four drinks a week).

Eat broccoli, cauliflower, Brussels sprouts, kale, cabbage, kohlrabi, turnips, Chinese cabbage and arugula.

Have sex regularly with the same partner. Refrain from sexual promiscuity.

Take part in sports and adopt a regular exercise program in which you work up a sweat.

Eat a low fat diet to keep your heart and circulatory system very healthy. Many sex life problems in older men are based on poor circulation. Have your cholesterol checked: too much fat in your bloodstream prevents the male hormone from doing what it supposed to do, which is to keep a man looking muscular and manly, not fat and flabby.

Learn more about natural supplements available these days in pharmacies and health food stores. You will not need a prescription for these pills.

**A prostate "must do":**

See your physician at least once a year for a good check-up that includes blood pressure, heart health, and a prostate examination. Do not wait until you have to get out of bed twice a night to use the toilet. Do not wait until your sex life becomes zero.

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<b>321 Riverside Avenue</b> , 2-bedroom river home on quiet street.	MLS 40651	<b>\$144,900</b>
<b>297 Lachine Avenue</b> , 3 bedroom home. Perfect for first time buyer.	MLS 37939	<b>\$159,000</b>
<b>168-2nd Avenue</b> , Cute 2-bedroom home on corner lot.	MLS 40653	<b>\$159,900</b>
<b>207 Angela Avenue</b> , 2 bedroom investment property on Allison Flats	MLS 40412	<b>\$175,000</b>
<b>142 Haliford Avenue</b> , 2 bedroom character home in perfect location.	MLS 40259	<b>\$190,000</b>
<b>488B Corina Avenue</b> , Beautifully updated 4-bedroom half duplex.	MLS 40961	<b>\$209,900</b>
<b>439 Similkameen Avenue</b> , 3 bedroom immaculate rancher.	MLS 36919	<b>\$215,000</b>
<b>525 Auburn Crescent</b> , 3-bedroom doll house on manicured 1/2 acre lot.	MLS 40997	<b>\$217,900</b>
<b>28 Bar Street</b> , Custom tune your dream home.	MLS 34385	<b>\$229,000</b>
<b>348 Hillside Avenue</b> , Great 3-bedroom family home on quiet street.	MLS 40746	<b>\$239,900</b>
<b>213 West Place</b> , 3 bedroom, 2 bath executive rancher.	MLS 39370	<b>\$259,900</b>
<b>2811 Princeton-Summerland Road</b> , rare level creekback on Hayes Creek.	MLS 40589	<b>\$263,800</b>
<b>545 Taylor Way</b> , Quiet rural setting situated near the river.	MLS 40715	<b>\$279,000</b>
<b>522 Taylor Way</b> , Stunning 3 bedroom, 2 bath riverfront home.	MLS 37850	<b>\$289,900</b>
<b>1674 Princeton-Summerland Road</b> , Well-treed property, private building sites.	MLS 37717	<b>\$293,800</b>
<b>357 Old Hedley Road</b> , 4-bedroom home minutes from town.	MLS 40874	<b>\$299,900</b>
<b>428 Highway 3</b> , Over 2 acres of Similkameen River riverfront.	MLS 40431	<b>\$339,000</b>
<b>2774 Princeton-Summerland Road</b> , 5 acres backing Crown and KVR Trail.	MLS 40430	<b>\$359,900</b>
<b>2141 Highway 5A</b> , Private 3 bedroom home on 27.72 acres.	MLS 38345	<b>\$384,900</b>
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<b>2321 Old Hedley Road</b> , Great privacy and river frontage.	MLS 37321	<b>\$498,300</b>
<b>1100 Summers Creek Road</b> , 3 bedroom, 4 bath executive home.	MLS 38173	<b>\$888,000</b>
<b>468 Tulameen River Road</b> , Great investment holding property.	MLS 37874	<b>\$988,300</b>
<b>750 Cedar Creek Road</b> , 90 acres of world class views.	MLS 38926	<b>\$1,800,000</b>
<b>4263 Princeton/Summerland Road</b> , 55 acres with superior lake views.	MLS 40056	<b>\$1,888,300</b>

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<b>235 Penryn Avenue</b> , .08 acres, central location.	MLS 36615	<b>\$39,900</b>
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<b>2289 Arcat Road</b> , 1.71 acre, on edge of Similkameen River.	MLS 39866	<b>\$138,300</b>
<b>128 Missezula Lake Road</b> , .33 acres ready for cabin plans.	MLS 39414	<b>\$145,000</b>
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<b>Coalmont Road</b> , 9.58 acres of panoramic views.	MLS 39412	<b>\$230,000</b>
<b>Lot B Coalmont Road</b> , 4.25 acres, perfect spot for small hobby farm.	MLS 40077	<b>\$230,300</b>
<b>DL2582 Placer Mtn. FSR</b> , 140.19 acres of paradise, backing Crown.	MLS 38716	<b>\$245,000</b>
<b>Lot A Coalmont Road</b> , 4.30 acres, superior acreage close to Princeton.	MLS 40078	<b>\$245,300</b>
<b>3661 Princeton/Summerland Road</b> , 38.91 acres, next to Chain Lake.	MLS 38541	<b>\$313,800</b>

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<b>68-74 Billiter Avenue</b> , amazing potential for office or residential.	MLS 38917	<b>\$289,000</b>
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**957\***

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\* average figure according to AWStats



There's no shortage of beaches and swimming holes in the Similkameen Valley. One of the most popular is Bromley Rock Provincial Park, above. Located along Highway 3, it is easy to access. \*

**Are We There Yet?**

by: W. George Elliott

There's so much to do in the Similkameen Valley that your average two week vacation will most likely not be long enough to fit it all in.

The small towns in the valley have plenty to offer, although it may not always be obvious so we are going to offer a handful of suggestions to help you find something to do today, tomorrow, this weekend and every day this summer.

**Take a hike**

There are literally miles (oops, kilometres) of trails to hike or bike from one end of the Valley to the other. Manning Park offers beautiful hiking trails throughout the park. Some are short and easy, others are long and difficult. There's something for everyone. Other hiking trails to consider include the

Trans-Canada Trail, which in the Princeton area is on the former Kettle Valley Railway right-of-way. Heading West from Princeton the trail takes you through a tunnel deep below Highway 3 and over a spectacular bridge, on to historic First Nations ochre bluffs and on to a canyon along the Tulameen River. Head the other direction and you'll climb into bunchgrass country, pass many small lakes and be treated to spectacular scenery every step of the way.

In Keremeos there's a newly developed walking trail that follows a portion of the Kettle Valley Railway right-of-way through the community and loops onto a dyke along the Similkameen River.

**Drop a line**

Fishing lakes are scattered

throughout the Similkameen. In fact, there are no less than 125 named lakes within an hours drive in any direction from Princeton with most of them accessible by the family car. Boaters will also enjoy many of the lakes in the area for fishing and water skiing. Not all lakes allow motorized boats, so be sure to pick up a fishing guide for details.

Larger lakes in the area include Missezula Lake and Allison Lake, both north of Princeton and Otter Lake at Tulameen. For the casual fisherman Highway 5A north of Princeton is lined with lakes with a heavy concentration of them at Pike Mountain.

**Pitch a tent**

Manning Park offers some pretty nice campsites as do all the Provincial Campgrounds in the area (Otter Lake, Allison Lake and Bromley Rock to name a few) but for those who like things a little more rustic, the 'forestry' campsites are made for you. What they lack in amenities is often made up in the beauty of their locations. Many 'forestry' campsites can be found along Old Hedley Road as well as at many smaller fishing lakes. Some of which contain only a couple of sites, but plenty of fresh air.

In the Keremeos area one of the better locations to soak up the beauty of the Valley is the Ashnola River campsite operated by the Lower Similkameen Indian Band.

**Hunt for history**

History buffs will find the Similkameen Valley full of interesting and lively history. With three ghost towns still accessible

..... continued on next page

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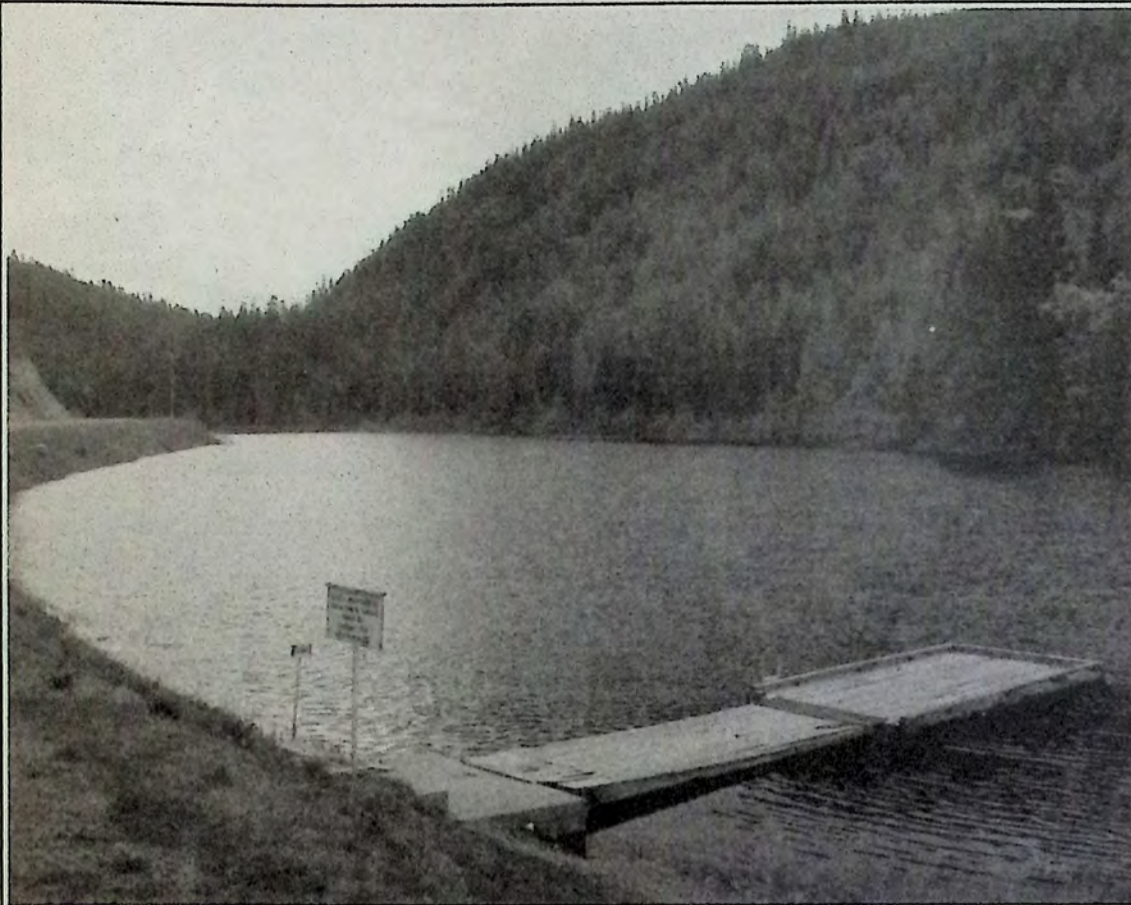
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Easy to get to and just a beautiful little fishing lake describes McCaffrey Lake on Highway 5A just north of Princeton. This lake comes complete with a fishing wharf! \*

..... continued from Page 8 by vehicle, you can go back to the days of the gold rush that first brought miners to the area in the late 1800's. Granite Creek, Allenby and Blakeburn still hide secrets that may unlock historic mysteries for the treasure hunter. Although each contains mostly ruins of days gone by, the trio of ghost towns still attracts many visitors each year.

Hedley is home to probably the most popular must-see attraction in the entire valley with the Upper Similkameen Indian Band-operated Mascot Mine Tours. Following a pre-tour presentation in the Snaz'ist Centre, you'll ride a bus up Nickleplate Road to a hike that will include over 600 steps down to the former Mascot Mine site. You must be physically fit to take this tour, and it will be one you'll never forget.

**Taste the valley**

The Keremeos and Cawston area offers a number of small wineries

that often includes tours and tasting of their products on site, depending on the time of year. While in Keremeos and Cawston, you may be able to find a great deal on locally grown produce. The lower valley is known as the Organic Capital of Canada and for good reason. Organically grown fruit and vegetables from the region are known throughout the world for their quality.

**For swingers only**

Princeton Golf Club, an 18-hole course situated alongside Highway 3 just East of Princeton, was a popular stop for traveling golfers back when it was just a nine-hole course.

The Club saw potential in increased tourist traffic with an additional nine holes and the facility has been a favourite stop ever since for golfers on holiday. The course, which offers unique holes on tight fairways, challenging elevated par threes, awesome views of the valley, Similkameen River, and

wildlife is a great experience for all golfers.

**Speaking of wildlife**

For birders there are at least 200 species in the Similkameen Valley. If you like botany, there's a lot to see from the high alpine of Manning Park down to the valley floor in Keremeos and the desert near Cawston.

The diversity of wildlife in the Similkameen will astonish you. There's California Bighorn Sheep near Keremeos, mountain goats at Hedley and near Princeton. Deer are everywhere, elk, black bears, beaver, moose, lynx, bobcats, cougar, river otters and marmots all call the Similkameen home.

These are just a few suggestions of things you can see and do in the Similkameen. There are many more activities to enjoy including swimming, shopping and dining to name a few.

One stop will prove that the Similkameen Valley has lots to offer.



There are three ghost towns you can still visit in the Princeton area. Although they sit in ruin, many find the locations fun to explore, like this building in Granite Creek. \*

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Princeton Recreation Commission's Summer Recreation Program hosted the annual Aaron Heuser Memorial (Junior) Basketball Camp last week at Princeton Secondary School. \*

## Community keeps memory alive

A dozen Princeton area youth received a special present last week and in the process kept alive the memory of a local student.

Aaron Heuser was only 18 when he suffered a heart attack while playing in a 3-on-3 basketball tournament. Family and friends banded together and raised over \$10,000 with the goal of keeping Aaron's memory alive by sharing his love of basketball to other Princeton area students.

The 9th annual Aaron Heuser

(junior) Basketball Camp was held last week and true to the original promise made by Aaron's family and friends, the camp continues to teach basketball team skills at no cost to the participants.

Aaron's father, Ken, attended the camp last Thursday afternoon to speak briefly on the reason why the event takes place and presented each participant with a special t-shirt with his son's #13 on it to remind them who inspired the annual sports event.

Another camp will be held next month for senior students and is run by Aaron's long-time friend, Jesse McLean.

Heuser thanked the students for participating in the special event and spoke briefly about his son.

"Aaron loved basketball and played here (Princeton Secondary) for six years and went on to Okanagan College to play."

The high school gym has Aaron's #13 Rebels jersey framed and hung on the gym wall at centre court as a tribute to the former local player.

Heuser told the News Leader the basketball camp continues to be a popular element in the annual Summer Recreation Program.

More photos on Pages 11, 12 and 26.

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They may be small, but the intensity of the play was high at the annual Aaron Heuser (Junior) Basketball Camp last week. \*



# weekly entertainment guide

TUESDAY, JULY 31, 2007 THROUGH MONDAY, AUGUST 6, 2007



Oliver Legion took first place in the Joe Bullock Tournament (June 19-21). Back row from left: Charlie Blashuk, Gilles Lalonde, Ernie Rotheisler, Gene Best, Ken McLean, Wayne Ross and Mike Thomas. Centre row: Diane Lalonde, Don Ingram, Princeton's Jack French, Jim Cade and Marie Boychuk. Front row: Cindy Tillou, Barry Wiebe, George Boychuk and Bob Ezart. Photo submitted

## Local player shares in win

Oliver Legion sponsors the team and the game is senior slo-pitch. Princeton's Jack French has played on the team for the past nine years making the commute often twice a week for league games.

That dedication has paid off as not only has French been able to participate in a sport he loves, but the Oliver Legion team has become the best team in their league.

With only a single loss so far this season, the team, formed in 1995, has attracted a lot of attention to the ten-team league.

The senior's slo-pitch league, which has been active for many years, has teams in the Okanagan Valley from Westbank to Osoyoos and is for players 45 and older (women) and men 55 and older. There are also players in their 70's!

The Oliver Legion team also took first place in the annual Joe

Bullock Tournament held June 19th to 21st. The team went through the event undefeated.

For French, the trips to Oliver each week are no big deal, but were necessary for him to continue to play ball.

"In Princeton there's only one seniors team," which is not in the South Okanagan slo-pitch league. For more information about the league, call Marie Boychuk at (250) 498-2769.



Participants in the annual Aaron Heuser Memorial (junior) Basketball Camp get quizzed on what they have learned by instructor Kevin Alvarenga. \*

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It was girls versus boys for a while during the Aaron Heuser Memorial (junior) Basketball Camp. \*



Aaron's father, Ken, stopped in to see how the basketball camp was going and offered some tips. \*



Game action from the Aaron Heuser Memorial (junior) Basketball Camp on July 26th. \*

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TUESDAY, JULY 31, 2007

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of program listings for Tuesday, July 31, 2007.

WEDNESDAY, AUGUST 1, 2007

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows of program listings for Wednesday, August 1, 2007.



# Horoscopes

August 1 - 8, 2007

**Aries** - Your urge to have fun may be stopped due to money problems this week. Tend to priorities first. You do not have time for fun. Pay attention to health of children and pets.

**Taurus** - You need to focus on possessions and personal assets during the coming two months. You may feel very possessive of what you own, but hanging onto things may cost you money.

**Gemini** - You are moving into a period of high energy. If you are shy, you will feel more confident. If you are aggressive by nature, you may go overboard. Cool it, keep ego relaxed.

**Cancer** - Take stock of your possessions and your money. Maybe it is time for a yard sale or a new job. Frustration begins to eat at you, or you may worry far too much. Guard health.

**Leo** - Having fun is great, but you may find you are tiring by the end of this week. Pace yourself. You do not have to do everything at once. Focus on planning, schedules, efficiency.

**Virgo** - Career matters are increasingly demanding and will continue to be demanding for the next two months. Parents may cause concern. Home life is likely to be hectic. Seek peace.

**Libra** - This is the month to advance your plans. Make them firm. Children and lovers may make demands, be responsible but do not encourage dependency. Express yourself.

**Scorpio** - Short trips for business may be necessary this weekend. Career remains top focus. Assess resources, including bank balance, mortgages, real estate, investments. Make no plans.

**Sagittarius** - Travel may be necessary this weekend, possibly for pleasure, more likely for work. Pay attention to your health. Do some career assessment and planning for future.

**Capricorn** - Children, pets and creative activity are going to be a major area needing attention in the next few weeks. Clear up unfinished business or projects now. Health remains good.

**Aquarius** - You are in a phase of plenty of interaction with others. Family, home and enjoying life occupy your days. This should be a good week for fun with family and friends.

**Pisces** - People are nice to you this week, and you could enjoy some lively times. You may have to work this weekend or attend to some kind of errands involving short trip. Guard tongue.

## Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall, Rocklin Avenue.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym

## thursday movies

### MORNING

- 7:00 am WTBS (3) ★★ "Air Speed" (1998, Drama) (PA) Elisha Cuthbert. A troublemaking 13-year-old finds herself in a crisis aboard her father's private jet. (E)
- 10:00 am CITY (29) ★★½ "Where the Money Is" (2000, Drama) Paul Newman. A bank robber fakes a stroke to get out of prison and into an escapable nursing home, but he soon learns his nurse has other plans for him. (E)

- 10:06 pm CITY (29) ★★ "The Mating Habits of the Earthbound Human" (1999, Comedy) Mackenzie Astin. Two young adults meet at a Los Angeles nightclub and begin dating, but their relationship is strained after she becomes pregnant. Narrated by David Hyde Pierce. (E)
- 11:00 pm SPIKE (44) ★★ "Youngblood" (1986, Drama) Rob Lowe. An aspiring hockey star leaves the family farm for a minor-league Canadian team.

### EVENING

- 8:00 pm CHBC (4) ★★★★★ "L.A. Confidential" (1997, Crime Drama) Kevin Spacey. Policemen become immersed in corruption, scandal, politics and prostitution in 1950s Hollywood. (E)
- 9:30 pm WTBS (3) ★★½ "Vertical Limit" (2000, Suspense) Chris O'Donnell. A climber must rescue his sister stranded by an avalanche.

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## friday movies

### MORNING

- 7:00 am WTBS (3) ★★½ "Vertical Limit" (2000, Suspense) Chris O'Donnell. A climber must rescue his sister stranded by an avalanche.
- 9:00 am CBC (13) "Rolie Polie Olie: The Baby Bot Chase" (2003, Adventure) Voices of Kristen Bone. Animated. Olie and Zowie find two lost baby bots while out searching for a present to give their parents. (E)
- 10:00 am CITY (29) "The Kid" (1997, Drama) Rod Steiger. A young boxer who hopes to become a champion keeps his activities a secret from his disapproving parents. (E) (DVS)

- Premiere. A little girl develops extraordinary mental abilities, despite neglectful parents and a brutal headmistress. (In Stereo)
- 8:00 pm KNOW (5) ★★ "Echoes" (1983, Suspense) (Part 1 of 2) Richard Alfieri. A man finds his sanity, and his life, endangered when a psychic claims his brother from a past life is out to kill him. (E)
- 8:30 pm WTBS (3) ★★½ "My Best Friend's Wedding" (1997, Romance-Comedy) Julia Roberts. A writer tries to stop her former lover from marrying another woman, a guileless heiress. (E)
- 9:00 pm FAM (26) "MXP: Most Xtreme Primate" (2003, Comedy) Devin Drewitz. Two brothers must rescue a snowboarding chimp from kidnappers and return him to his rightful owner.

### AFTERNOON

- 5:00 pm CITY (29) ★★ "The Forgotten" (2004, Suspense) Julianne Moore. Premiere. Grieving over the death of her son, a woman sets out to disprove her psychiatrist's shocking revelation that he never existed. (In Stereo) (E)

- 10:06 pm CITY (29) "Sexual Needs" (2004, Adult) Gorgeous women must satisfy their hunger.
- 10:30 pm WTBS (3) ★½ "Up Close & Personal" (1996, Romance) Robert Redford. Romance and stardom result for a pretty young reporter when her boss takes her under his wing. (E)
- FAM (26) ★★ "Honey, We Shrank Ourselves" (1997, Fantasy) Rick Moranis. An inventor learns important truths about his teenagers when he and other family members shrink to less than one inch.

### EVENING

- 6:00 pm SPIKE (44) ★★★★★ "GoodFellas" (1990, Crime Drama) Robert De Niro. In the 1950s an Irish-Italian hoodlum joins the New York Mafia, but his mob career is not what he expected.
- 7:30 pm FAM (26) ★★½ "Matilda" (1996, Comedy) Mara Wilson.

## Similkameen News Leader

Recipe Corner (Recipe #178)

Brought To You By: Similkameen News Leader

# Grilled Turkey Sandwich

Makes 6 servings

### Ingredients

- 2 loaves of French or Italian bread
- 50 ml (1/4 cup) honey mustard
- 1 kg (2 lb) Butterball cooked turkey breast
- 250g (1/2 lb) ham, baked, thinly sliced
- 250g (8 oz) Swiss cheese, sliced
- Dill pickle slices, to taste

### Directions

1. Heat barbeque to medium using direct heat.
  2. Split each loaf in half length-wise and spread 25 ml (2 tbsp) honey mustard over the bottom half of each loaf.
  3. Build each sandwich with turkey, ham, cheese and pickles, covering with top halves of bread.
  4. Using your hands, firmly press to flatten the sandwiches.
  5. Wrap each sandwich tightly in aluminum foil, place on grill and put a heavy iron skillet or brick on top of the sandwich to flatten.
  6. Grill for 3 to 5 minutes on each side.
  7. Remove from grill, unwrap and cut each loaf diagonally into quarters.
- Serve with creamy coleslaw and fresh pineapple spears if desired. For more great turkey recipes visit www.but-terball.ca.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

**226A Bridge Street, Princeton**

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THURSDAY, AUGUST 2, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	Dawson's Creek (E)	News (N) Room	Elliot Jakers	Body Elec. Caillou (E)	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Henry's King (E)	Rachael Ray (E)	V.I.P. (E)	Counterstrike (E)
7 AM :30	Movie: "Air Speed" (1998) (PA)	Life Today	BluesClues	Barney	Today Julia Stiles; America the Beautiful;	The Early Show (N) (E)	Crossing Jordan (E)	Good Morning America (N) (E)	100 Huntley Street (E)	100 Huntley Street (E)	Arthur (E) Lunar Jim	Jane Monsters	SportsCentre (E)	News (E)	Sharks-North	K. Possible (7-24)	CityLine (E)	V.I.P. (E)	Night Heat (N) (E)
8 AM :30	Elisha Cuthbert.	100 Huntley Street (E)	Hi-5	Curious	Beautiful; Josh Peck; Drake Bell; tomatoes.	American Justice	American Justice	100 Huntley Street (E)	100 Huntley Street (E)	Curious	George S. Clifford	Beasts	SportsCentre (E)	Extreme Machines	Weekend Lilo Stitch	Star Trek: Voyager (E)	V.I.P. (E)	Diagnosis Val	Due South (DVS)
9 AM :30	NewsRadio	Body	Bus	Dragon	Discover	Discover	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision	Poko	Flamingo	Regis and Kelly	Daily Planet (E)	Feet	News (N)	Most Amazing Videos	What	
10 AM :30	Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (E)	Ellen DeGeneres Show	The Price Is Right (N) (E)	CSI: Miami (E)	The View (N) (E)	World Vision	Design House	The Save-Ums! (E)	Viva Pinata	Women's British Open - First Round.	The View (N) (E)	Shark Attack Survivors	Mickey Sprites	Movie: "Where the Money Is" (2000, Drama) (E)	Most Amazing Videos	Mad Abt. Grace
11 AM :30	Cosby	Seinfeld	CG Kids	Thomas	Dr. Keith Ablow (E)	Young and the Restless	24 (E)	Paid Prog. Paid Prog.	Judge J. House	News (N) (E)	The Gill Deacon Show	Jacob Mischief	Bowling	Balance-TV MTV e2	Sharkbite! Surviving	Higglytown King (11:25)	Star Trek: Next Gener.	The Nanny	
12 PM :30	Still Std	News (N)	Whoever You May Be	Charlie Rose (E)	Paid Prog. Paid Prog.	News (N)	Crossing Jordan (E)	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	CBC News	Pokémon	Chopper	Degrassi	Canadian Geographic	(11:49) Weekend	CityLine (E)	Star Trek: Next Gener.	Seinfeld
1 PM :30	Yes, Dear	Diva Dime	Classical	Painting	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion Dinner	George S. Beasts	Wednesday Night Fights. (E)	Twice in a Lifetime (E)	Ocean of Fear: Worst Shark	Emperor	In Fashion	Star Trek: Voyager (E)	Beverly Hills, 90210
2 PM :30	King	Guiding Light (N) (E)	Gaslight	Reading	Passions (N) (E)	Guiding Light (N) (E)	American Justice	General Hospital (N) (E)	Passions (N) (E)	Passions (N) (E)	The Gill Deacon Show	Viva Pinata Jacob	Interruptio	General Hospital (N)	Attack Ever	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager (E)	Extreme-Home
3 PM :30	Seinfeld	Room	Jack's Big Music Show	Arthur (E)	Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food	Mystery Team	Off-Record Sports	Dr. Phil (E)	How-Made	Weekend Lloyd	News (N)	CSI: Crime Scn	Due South (DVS)
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey (E)	CSI: Miami (E)	Millionaire	Oprah Winfrey (E)	News (N)	Frasier	Phantom	CFL Pre	Daily Show	Daily Planet (E)	Barbarian	Friends	CSI: Crime Scn	What
5 PM :30	Baseball: Houston Astros at Atlanta Braves. (Subject to Blackout)	News (N)	George S.	BBC World	News (N)	News (N)	CSI: Miami (E)	News (N)	News (N)	News (N)	Simpsons	OddParent	Football: Toronto Argonauts at Montreal Alouettes. (Live) (E)	News (N)	The Bull Shark	Suite Life Montana	Ugly Betty "Snow Job"	CSI: Crime Scn	Seinfeld
6 PM :30	Friends	Body	(6:10) Spellz	News-Lehrer	News (N)	News (N)	The First 48 (N) (E)	News (N)	News (N)	ET Canada	CBC News: Vancouver	Being Ian	Erky Perky	News (N)	Guinea Pig Machines	Zoey 101	Supernatural (E)	TNA Wrestling Impact!	Married... Frasier
7 PM :30	Friends	Jeopardy!	Profiles of Nature	Previews	Jeopardy!	Friends	Dallas SWAT (N) (E)	Entertain	Entertain	Ground Up	Coronatr	Nick	CFL	Corner Gas	Mayday (E)	So Raven Smart Guy	(7:01) Men in Trees (E)	UFC Unleashed	Extreme-Home
8 PM :30	Friends	Movie: "L.A. Confidential" (1997)	Paris Stories	Mystery? (E) (DVS)	Name Earl 30 Rock	Big Brother 8 (E)	Kansas City SWAT (E)	Ugly Betty "Snow Job"	Big Brother 8 (E)	Big Brother 8 (E)	René Lévesque (Part 2 of 3) (E) (DVS)	Fresh Pr. Yvon	Football: Saskatchewan Roughriders at BC Lions. (Live) (E)	CSI: Crime Scn	Daily Planet (E)	Suite Life Life Derek	News (N)	UFC Unleashed	ET Canada
9 PM :30	Friends	Kevin Spacey, Russell Crowe. (E)	Adven.-English	Globe Trekker (E)	The Office Scrubs	CSI: Crime Scn	CSI: Miami (E)	Grey's Anatomy (E)	Ground Up	Shark "Fashion Police"	Mystery	Ghost	Roughriders at BC Lions. (Live) (E)	You Can Dance	Guinea Pig Machines	8 Rules Sinbad	(9:06) Jimmy Kimmel	Sports	Seinfeld
10 PM :30	Movie: "Vertical Limit" (2000) Chris O'Donnell, Bill Paxton.	Caitlin	Reach-Top	Soundstage	(10:01) ER "Jigsaw" (E)	Without a Trace (E)	The First 48 (E)	(10:01) Men in Trees (E)	Shark (E)	News Hour Final (N)	National	Prank Ptrl	Motoring	Criminal Minds (E)	Mayday (E)	Popular "Windstruck"	(10:06) "The Mating Habits of the Earthbound Human"	Raising Dudesons	Married... Frasier
11 PM :30	News (N)	Vendetta Song (E)	Charlie Rose (N) (E)	News (N)	News (N)	News (N)	Dallas SWAT (E)	News (N)	News (N)	Entertain (11:05) The Hour (E)	Bob	IS/Love	SportsCentre (Live) (E)	News (N)	The Bull Shark	8 Rules Life Derek	Earthbound Human	Movie: "Youngblood"	Grace

FRIDAY, AUGUST 3, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM :30	Dawson's Creek (E)	News (N) Room	Elliot Jakers	Body Elec. Caillou (E)	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Henry's King (E)	Rachael Ray (E)	V.I.P. "The K-Files"	Counterstrike (E)
7 AM :30	Movie: "Vertical Limit" (2000) Chris O'Donnell, Bill Paxton.	Life Today	BluesClues	Barney	Today Vince Gill; Amy Grant; Jackie Chan; Chris Tucker; Joan Allen. (N)	The Early Show Kelly Rowland. (N) (E)	Crossing Jordan (E)	Good Morning America John Legend. (N) (E)	100 Huntley Street (E)	100 Huntley Street (E)	Arthur (E) Lunar Jim	Jane Monsters	SportsCentre (E)	News (E)	Blue Realm (E)	K. Possible (7-24)	CityLine (E)	V.I.P. "48 1/2 Hours"	Night Heat (N) (E)
8 AM :30	Catering	Hi-5	Curious	Chaos; Chris Allen. (N)	American Justice	American Justice	American Justice	100 Huntley Street (E)	100 Huntley Street (E)	Curious	George S. Clifford	Beasts	SportsCentre (E)	MythBusters Whirlpools.	Weekend Lilo Stitch	Star Trek: Voyager (E)	Oblivious	Due South "The Duel"	
9 AM :30	NewsRadio	Body	Bus	Dragon	Discover	Discover	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision	"Rolie Polie Olie: Baby Bot"	Flamingo	Golf: Ricoh Women's British Open	Regis and Kelly	Daily Planet (E)	Feet	News (N)	Disorderly Con.	Big Screen
10 AM :30	Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (E)	Ellen DeGeneres Show	The Price Is Right (N) (E)	CSI: Miami "Legal" (E)	The View (E)	World Vision	Design House	Doodlebop	Ruby	Women's British Open - First Round.	The View (E)	Canada's Worst Driver	Mickey JoJo	Movie: "The Kid" (1997) Rod Steiger. (E) (DVS)	Disorderly Con.	Mad Abt. Grace
11 AM :30	Cosby	Seinfeld	Rivers	Bob Build	Dr. Keith Ablow (E)	Young and the Restless	24 (E)	Paid Prog. Paid Prog.	Judge J. House	News (N) (E)	The Gill Deacon Show	Jacob Mischief	Bowling	Balance-TV Screen	I Shouldn't Be Alive	Higglytown King (11:25)	Star Trek: Voyager (E)	The Nanny	
12 PM :30	Still Std	News (N)	Canada-History	Charlie Rose (E)	Paid Prog. Paid Prog.	News (N)	Crossing Jordan (E)	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	CBC News	Pokémon	Chopper	Degrassi	Tutankhamun	(11:49) Weekend	CityLine (E)	Disorderly Con.	Seinfeld
1 PM :30	Yes, Dear	Diva Dime	Router	Painting	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion Dinner	George S. Beasts	Racing: Nextel Cup - Pennsylvania 500 Qualifying.	Twice in a Lifetime (E)	MythBusters	Dragon Emperor	At Movies	Disorderly Con.	Beverly Hills, 90210
2 PM :30	King	Guiding Light (N) (E)	Gaslight	Reading	Passions (N) (E)	Guiding Light (N) (E)	American Justice	General Hospital (N) (E)	Passions (N) (E)	Passions (N) (E)	The Gill Deacon Show	Viva Pinata Jacob	Pennsylvania 500 Qualifying.	General Hospital (N)	Mayday (E)	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager (E)	Extreme-Home
3 PM :30	Seinfeld	Room	Hi-5	Arthur (E)	Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food	Mystery Team	Off-Record Sports	Dr. Phil (E)	How-Made	Weekend Lloyd	News (N)	CSI: Crime Scn	Due South "The Duel"
4 PM :30	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey (E)	CSI: Miami "Legal" (E)	Millionaire	Oprah Winfrey (E)	News (N)	Frasier	(4:05) Robot	Pregame	Daily Show	Daily Planet (E)	Barbarian	Friends	CSI: Crime Scn	Big Screen
5 PM :30	Baseball: Colorado Rockies at Atlanta Braves. (Subject to Blackout)	News (N)	George S.	BBC World	News (N)	News (N)	CSI: Miami "Hell Night"	News (N)	News (N)	News (N)	Simpsons	El Tigre	Football: Winnipeg Blue Bombers at Hamilton Tiger-Cats. (Live) (E)	News (N)	I Shouldn't Be Alive	Suite Life Montana	Movie: "The Forgotten" (2004)	CSI: Crime Scn	Seinfeld
6 PM :30	Friends	Body	Lilly (N)	News-Lehrer	News (N)	News (N)	CSI: Miami (E)	News (N)	News (N)	ET Canada	CBC News: Vancouver	AmiYumi Team	Bombers at Hamilton Tiger-Cats. (Live) (E)	News (N)	Tutankhamun	Zoey 101 Life Derek	Julianne Moore. (E)	Movie: "GoodFellas" (1990).	Married... Frasier
7 PM :30	Raymond	Jeopardy!	Life of Mammals (E)	Seasoned	Jeopardy!	Friends	Intervention "Tim" (E)	Entertain	Entertain	Summer Games	Coronatr	Mar (E)	SportsCentre (Live) (E)	Corner Gas	A Haunting	School	Hollywood	Crime Drama	Extreme-Home
8 PM :30	Movie: "My Best Friend's Wedding" (1997)	Wild Card	Movie: "Echoes" (1983) Richard Alferi. (E)	Wash Wk NOW (N)	1 vs. 100 (E)	Ghost Whisperer (E)	Coreys	Set for Life (N) (E)	Friday Night Lights (N) (E)	NUMB3RS (E)	Air Farce Comedy	Naruto	Naruto	Set for Life (N) (E)	Daily Planet (E)	Movie: "Matilda" (1996) Premiere.	News (N)	Party	ET Canada
9 PM :30	Psych (N)	Richard Alferi. (E)	Bill Moyers Journal (N)	Las Vegas (E)	Jericho "Winter's End"	CSI: Miami "Hell Night"	Greek "Picking Teams"	Las Vegas (E)	Las Vegas (E)	Las Vegas (E)	Intelligence (E) (DVS)	Inuyasha	Boxing: Friday Night Fights. (Same-day Tape)	To Be Announced	A Haunting	Movie: "MXP: Most Xtreme Prime"	(9:06) Jimmy Kimmel	MXC	Seinfeld
10 PM :30	Movie: "Up Close & Personal" (E)	History	The Last Detective (E)	Tom Jones: Th	Law Order: CI	NUMB3RS (E)	CSI: Miami (E)	20/20 (E)	NUMB3RS (E)	News Hour Final (N)	National	Alchemist	(Same-day Tape)	Law Order: CI	Guinea Pig Machines	"Honey, We Shrunk Ourselves" (2004, Adult)	Movie: "Sexual Needs" (2004, Adult)	MXC	Married... Frasier
11 PM :30	News (N)	History	Austin City Limits (E)	News (N)	News (N)	News (N)	Intervention "Tim" (E)	News (N)	News (N)	(11:03) ECW (E)	(11:05) The Hour (E)	Eureka 7	SportsCentre (Live) (E)	News (N)	Tutankhamun	8 Rules Life Derek	Earthbound Human	Movie: "Welcome-Col."	Grace



# CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

## HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

### CHALLENGE #9 - Rated Easy

9	1							3	8
				9					
	7		8		3			5	
6				8					7
	8	1	3		2	4	9		
7				4					5
		7	6		4	9			
8		9			2		5		3
2									1

### CHALLENGE #10 - Rated Hard

2	8							6	4
7	6			8				1	5
			7		2				
				4	3	6			
	3	6		2		5	8		
		7	1	5					
			5		8				
5	7			3				4	8
3	9			7				5	

### THIS WEEK'S SOLUTIONS: Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2007 Carter Boswell, Princeton, BC and published by Similkameen News Leader

## saturday movies

### MORNING

- 7:00 am SPIKE (44) ★★★ "Ferris Bueller's Day Off" (1986, Comedy) Matthew Broderick. A cool teen plays hooky in Chicago with his girlfriend, his buddy and the classic Ferrari of his buddy's father.
- 7:30 am WTBS (3) ★★★ "When Harry Met Sally..." (1989, Romance-Comedy) Billy Crystal. Two Manhattan careerists first hate, then like and eventually love each other over the course of 12 years.
- 9:45 am WTBS (3) ★★★ "My Best Friend's Wedding" (1997, Romance-Comedy) Julia Roberts. A writer tries to stop her former lover from marrying another woman, a guileless heiress.
- 11:00 am SPIKE (44) ★★★ "Rocky" (1976, Drama) Sylvester Stallone. Heavyweight champ Apollo Creed gives Philadelphia club fighter Rocky Balboa a title shot.

### AFTERNOON

- 12:00 pm WTBS (3) ★½ "The Whole Ten Yards" (2004, Comedy) Bruce Willis. A retired hit man, his wife and a dentist face the wrath of a mobster just released from prison.
- A&E (9) ★★★ "Cliffhanger" (1993, Action) Sylvester Stallone. Villains force two Colorado climbers to find three suitcases containing \$100 million lost in the Rockies.
- FAM (26) "Read It and Weep" (2006, Comedy) Kay Panabaker. A school-girl's private journal becomes a best-seller after she accidentally hands it in as a homework assignment.
- CITY (29) ★★½ "The Lonely Guy" (1984, Comedy) Steve Martin. A lonely New York bachelor learns that he, his buddy and others like them are a distinct social type.
- 1:30 pm FAM (26) ★★½ "Tru Confessions" (2002, Drama) Clara Bryant. A teenager gets closer to her developmentally disabled twin while producing a documentary about him.

- SPIKE (44) ★★★ "Rocky II" (1979, Drama) Sylvester Stallone. Underdog Philadelphia fighter Rocky Balboa gets another shot at heavy-weight champ Apollo Creed.
- 3:00 pm WTBS (3) ★★★ "Shanghai Knights" (2003, Comedy) (PA) Jackie Chan. With help from his sister and a friend, a martial-arts master travels to London to find his father's murderer.
- 4:00 pm YTV (18) "The Sandlot 2" (2005, Comedy) James Earl Jones. A group of baseball-playing friends must retrieve a model spaceship from a yard containing a fearsome dog.
- SPIKE (44) ★★★ "Rocky III" (1982, Drama) Sylvester Stallone. Old foe Apollo Creed trains ex-boxing champ Rocky Balboa for a rematch with brutish Clubber Lang.
- 5:00 pm WTBS (3) ★★★ "Shanghai Noon" (2000, Comedy) (PA) Jackie Chan. A Chinese Imperial Guardsman teams up with a robber to rescue a princess, taken to the Old West by the guard's former captain.

### EVENING

- 6:00 pm CITY (29) "Truth" (2006) Stephanie Zimbalist. After their mentor is killed while investigating crooked land deals, two reporters set out to solve her murder.
- SPIKE (44) ★★ "Rocky IV" (1985, Drama) Sylvester Stallone. Champ Rocky Balboa trains in Siberia for a bout against a lab-tested Soviet with a 2000-psi punch.
- 7:00 pm CBC (13) ★★★ "The Last Samurai" (2003, Adventure) Tom Cruise. In the 1870s a Westerner is caught in the middle of a battle between Japan's emperor and the samurai.
- YTV (18) ★★ "National Lampoon's European Vacation" (1985, Comedy) Chevy Chase. The Chicago Griswolds win a grand tour and head for the Old World to soak up culture.
- 7:10 pm WTBS (3) ★½ "The Whole

- Ten Yards" (2004, Comedy) Bruce Willis. A retired hit man, his wife and a dentist face the wrath of a mobster just released from prison.
- 8:00 pm KXLY (10) ★★★ "Confessions of a Teenage Drama Queen" (2004, Comedy) Lindsay Lohan. Premiere. After moving to New Jersey with her mother, a teen tries to dethrone the most popular girl at her new school. (In Stereo)
- VTV (22) "Split Bear: The Simon Jackson Story" (2005, Docudrama) Ed Begley Jr. A Canadian teenager leads a campaign to save an endangered bear. (In Stereo)
- 9:00 pm CHBC (4) "Obituary" (2006, Suspense) Josie Bissett. People question the sanity of an obituary writer as she investigates a murder.
- KNOW (5) "Inspector Morse: Twilight of the Gods" (1996, Mystery) John Thaw. Morse and Lewis investigate the murder of a freelance journalist who was writing an article about a wealthy businessman.
- FAM (26) ★★★ "Stuart Little" (1999, Comedy) Geena Davis. Based on the book by E.B. White. Two human parents adopt a mouse as a little brother for their son.
- CITY (29) ★★½ "Dune" (1984, Science Fiction) Kyle MacLachlan. Paul Atreides leads the fight for vital spice on a desert planet in the year 10191.
- 9:15 pm WTBS (3) ★★½ "The Cable Guy" (1996, Comedy) Jim Carrey. An act of kindness brings a jilted architect the unwanted friendship of an unbalanced cable-TV installer.
- 10:30 pm CBC (13) ★★★ "Magnolia" (1999, Drama) Jason Robards. Coincidence, divine intervention and fate link several people on an intense day which becomes a moral odyssey.

## sunday movies

### MORNING

- 8:00 am WTBS (3) ★★★ "Shanghai Knights" (2003, Comedy) (PA) Jackie Chan. With help from his sister and a friend, a martial-arts master travels to London to find his father's murderer.
- 11:00 am CITY (29) ★★½ "Ready to Rumble" (2000, Comedy) David Arquette. Two die-hard fans vow to help wrestler Jimmy the King make a comeback after a loss destroys what was left of his career.
- SPIKE (44) ★★★ "Rocky III" (1982, Drama) Sylvester Stallone. Old foe Apollo Creed trains ex-boxing champ Rocky Balboa for a rematch with brutish Clubber Lang.

### AFTERNOON

- 12:00 pm FAM (26) ★★ "Going to the Mat" (2004, Drama) Andrew Lawrence. A blind teenager becomes a high-school wrestler after his family moves from New York to the Midwest.
- 1:00 pm WTBS (3) ★★★ "Shanghai Noon" (2000, Comedy) (PA) Jackie Chan. A Chinese Imperial Guardsman teams up with a robber to rescue a princess, taken to the Old West by the guard's former captain.

- 1:32 pm FAM (26) ★★½ "Breaking Free" (1995, Drama) Jeremy London. A troubled teen saves a starving stallion and helps an athlete find her competitive spirit at a training camp for the blind.
- 3:00 pm WTBS (3) ★★★ "Rush Hour" (1998, Action) (PA) Jackie Chan. Mismatched police partners seek a kidnapped girl.
- VTV (22) "A Colder Kind of Death" (2001, Mystery) Wendy Crewson. The pain of her husband's murder resurfaces when a woman learns the police have enough evidence to arrest a prime suspect. (In Stereo)
- 4:00 pm YTV (18) "Stuart Little 3: Call of the Wild" (2005, Comedy) Voices of Wayne Brady. Animated. A friendly skunk helps a little mouse rescue a cat from a dreaded forest creature.
- 5:00 pm WTBS (3) ★★ "Rush Hour 2" (2001, Action) (PA) Jackie Chan. Two detectives battle a Hong Kong gangster and his henchmen after a bombing at the U.S. Embassy.

### EVENING

- 6:00 pm YTV (18) ★★ "The Great Outdoors" (1988, Comedy) Dan Aykroyd. A Chicago man and his family go camping with his obnoxious brother-in-law and his family.
- DISC (24) "Superstorm" (2007, Suspense) Nicola Stephenson. Premiere. A team of scientists tries to control the weather.
- CITY (29) ★★ "Spartacus" (2004, Historical Drama) (Part 1 of 2) Goran Visnjic. Spartacus leads a slave revolt against the powerful forces of ancient Rome. Based on the novel by Howard Fast.

- 7:00 pm WTBS (3) ★★★ "Rush Hour" (1998, Action) (PA) Jackie Chan. Mismatched police partners seek a kidnapped girl.
- CBC (13) ★★½ "Chitty Chitty Bang Bang" (1968, Fantasy) Dick Van Dyke. An inventor takes his kids and a candy tycoon's daughter for a musical ride in a flying car.
- 9:00 pm FAM (26) ★★ "The Babysitters Club" (1995, Drama) Schuyler Fisk. Seven girls balance the growing pains of adolescence with the demands of operating a daycare camp for children.
- 9:05 pm WTBS (3) ★★½ "Rumble in the Bronx" (1995, Action) (PA) Jackie Chan. A Hong Kong policeman in New York defends a woman shopkeeper against bikers who want protection money.
- 10:00 pm DISC (24) "Superstorm" (2007, Suspense) Nicola Stephenson. A team of scientists tries to control the weather.
- 10:46 pm FAM (26) ★★½ "Coyote Summer" (1996, Drama) Vinessa Shaw. A troubled New York teen staying at a Utah cattle ranch tries to save a doomed horse.
- 11:00 pm WTBS (3) ★★½ "Stuck on You" (2003, Comedy) Matt Damon. Conjoined twins go to Hollywood and land a role on a television show starring Cher.

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SATURDAY, AUGUST 4, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	TBS Storyline	News (N)		Desert Trek	(5:00) Today (N) [E]	(5:00) Saturday Early Show	Biography	Good Morning America	Adventure Hunter	Fishing Fishin	Lunar Jim Doodlebob	Gadget Adrenalini	SportsCentre [E]	OWL/TV Kingdom	How Do Machines	Star Racer Overdrive	About You Dharti	Reality Racing (N)	What Paid Prog.	
7 AM	Bloopers!	Gold Trails	Sagwa	MotorWeek	News (N)	Madeline	Sell House	Good Morning Northwest	News (N) [E]	News (N) [E]	Wilbur [E]	Robot Boy	Fishing	Katie-Orbie	Tutankhamun	Yin Yang (7:20)	Eye on Asia	Movie: "Ferris Bueller's Day Off" (1986, Comedy)	Mad Abt. Friends	
8 AM	Movie: "When Harry Met Sally..." (1989)	Powerboat	Dora	Travels		Sabrina	Sell House	Saturday			George S.	Grossology	Motoring	Hobo	A Haunting	Suite Life (8:43) Zoey	Polish Studio [E]	Day Off	Ned Stacy	
9 AM	Movie: "My Best Friend's Wedding" (1997) Julia Roberts.	Body	George S.	Travel		Trollz [E]	Sell House				Arthur	SpongeBob	NASCAR Racing	Good Morning Canada [E]	How-Made	Cory	Speakers	Hrsepwer	Ellen [E]	
10 AM	Movie: "The Whole Ten Yards" (2004) [E]	Eagle Communications (9:45)	PGA Golf: WGC Bridgestone Invitational - Third Round.	Upside	Ask This	Babar [E]	PGA Golf: WGC Bridgestone Invitational - Third Round.	Match	Emperor	Energy TV	Fishing	Avatar	NASCAR Racing: Busch Series	PLAN Canada [E]	Greatst Myst.	Phil	Boy World	NewMusic	Trucks!	Seinfeld
11 AM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	MacPhee	Barbecue	Paid Prog.	Match	Replace	All Xtreme	Knockout	Will-Grace	Will-Grace	Monster	NASCAR Racing: Busch Series - NAPA Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Daily Planet [E]	Tutankhamun	School (11:34)	Chum Chart [E]	Movie: "The Lonely Guy" (1984) Steve Martin.	Friends	
12 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Italian	Recipes	Paid Prog.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
1 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Delia Smith	Garden	Horse Racing	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
2 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Router	Painting	Beach Volleyball: AVP Crocs Tour	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
3 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	SportFish	Donnas	Beach Volleyball: AVP Crocs Tour	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
4 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Dotto Tech	Antiques Roadshow	Sell House	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
5 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Eden		Sell House	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
6 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Eden		Sell House	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
7 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Eden		Sell House	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
8 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Eden		Sell House	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
9 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Eden		Sell House	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
10 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Eden		Sell House	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	
11 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Eden		Sell House	From Firestone Country Club in Akron, Ohio. (Live) [E]	Movie: "Cliffhanger" (1993) Sylvester Stallone.	X Games From Los Angeles. (Live) [E]	News (N) [E]	Will-Grace	Will-Grace	Yu-Gi-Oh!	Auto Parts 200. From Circuit Gilles Villeneuve in Montreal. (Live) [E]	Valerie Pringle Has Left	Mayday [E]	Movie: "Read It and Weep" (2006)	Movie: "The Lonely Guy" (1984) Steve Martin.	Talia Shire.	Beverly Hills, 90210	

SUNDAY, AUGUST 5, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	(5:50) Movie: "Austin Powers in Goldmember" (2002)	Antique		Berenstein	Today (N) [E]	Discover	Private Sessions (N)	Good Morning America	Pioneers	Foodies	Franklin	Gadget	Formula One Racing	Acorn	Mayday [E]	Star Racer	Mix TV	Xtreme 4x4	J.R. Digs
7 AM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Taste	Zoboo	Cliff Pup	Discover	Discover	American Justice	News (N) [E]	Fishful	Canada	Nanalan'	Jane	Reporters	Good Morning Canada [E]	Ocean of Fear: Worst Shark	Yin Yang (7:20)	Eye on Asia	MuscleCar	Mad Abt.
8 AM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	In Touch-Dr	Jakers	Bob Build	Jane	CBS News Sunday Morning	American Justice	News (N) [E]	Canada	Is Written	Coronatn	Mew Mew	Reporters	Attack Ever	Suite Life (8:43) Zoey	Festival	MuscleCar	The Nanny	
9 AM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Van Impe	George S.	Jakers	Meet the Press (N) [E]	Nation	American Justice	News (N) [E]	TriBallTrail	Coronatn	Viva Pinata	Triathlon	PLAN Canada [E]	Funnest Animals	Cory	Italiano di Johnny	Xtreme 4x4	Ellen [E]	
10 AM	MLB Baseball: Colorado Rockies at Atlanta Braves. (Subject to Blackout)	PGA Golf: WGC Bridgestone Invitational - Final Round.	Upside	Foreign	Paid Prog.	PGA Golf: WGC Bridgestone Invitational - Final Round.	The Execution of Wanda Jean (N) [E]	Golf: Ricoh Women's British Open - Final Round.	Driving TV	PGA Golf: WGC Bridgestone Invitational - Final Round.	MLB Baseball: Texas Rangers at Toronto Blue Jays. (Live) [E]	SpongeBob	NASCAR Racing: Nextel Cup - Pennsylvania 500. From Pocono Raceway in Long Pond, Pa. (Live) [E]	PLAN Canada [E]	Canadian Geographic	Phil	Boy World	The Kill Point	Seinfeld
11 AM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Keeping	Paid Prog.	Invitational - Final Round.	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	Ruby	Nature Conservancy	Ocean of Fear: Worst Shark	School (11:34)	Movie: "Ready to Rumble" (2000) [E]	Movie: "Rocky III" (1982)	Sylvester Stallone.	Friends
12 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Healthy	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	Phantom	Question Period [E]	Attack Ever	Movie: "Going to the Mat" (2004)	World Poker Tour [E]	CSI: Crime Scn	Beverly Hills, 90210	
1 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
2 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
3 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
4 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
5 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
6 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
7 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
8 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
9 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
10 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	
11 PM	Movie: "The Shanghai Knights" (2003) Jackie Chan.	Fetch! With	Health Matters	Triathlon: Ironman.	From Firestone Country Club in Akron, Ohio. (Live) [E]	From Firestone Country Club in Akron, Ohio. (Live) [E]	Miami Manhunt [E]	X Games From Los Angeles. (Live) [E]	Hour of Power [E]	Invitational - Final Round.	Rangers at Toronto Blue Jays. (Live) [E]	The X's	W-FIVE (DVS)	How-Made	Machines	Movie: "Breaking Free" (1995)	CSI: Crime Scn	Deal or No Deal [E]	



MONDAY, AUGUST 6, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Dawson's Creek (E)	News (N)	Elliot	Body Elec.	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	News (N)	(4:30) News (N) (E)	Poko	Gadget	SportsCentre (E)	News (E)	Daily Planet (E)	Henry's King (E)	Rachael Ray (E)	V.I.P. "Kiss the Val" (E)	Counterstrike (E)
7 AM	Movie: "Spy Hard" (1996) (PA) Leslie Nielsen.	Life Today	BluesClues	Barney	Today (N)	The Early Show (N) (E)	Crossing Jordan (E)	Good Morning America (N) (E)			Arthur (E)	Jane	SportsCentre (E)	Canada AM (E)	A Machine to Die For (7:24)	K. Possible (Weekend)	CityLine (E)	V.I.P. (E)	Night Heat (E)
8 AM	Leslie Nielsen.	100 Huntley Street (E)	Dora	Arthur (E)			American Justice			100 Huntley Street (E)	Curious Clifford	George S. Beasts	SportsCentre (E)		How-Made	Lilo Stitch	Star Trek: Voyager (E)	V.I.P. "Sunshine Girls" (E)	Due South (N)
9 AM	NewsRadio	Body	Magie Bus	Dragon		Discover	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	Poko	Flamingo	Off-Record	Regis and Kelly	Daily Planet (E)	Feet	News (N)	Disorderly Con.	Ad Pers
10 AM	Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (E)	Ellen DeGeneres Show	The Price Is Right (N)	CSI: Miami (E)	The View (E)	World Vision	Design House	MLB Baseball: New York Yankees at Toronto Blue Jays. (Live)	"Stuart Little 3"	ATP Tennis: U.S. Open Series - Rogers Masters -- Day 1. From Montreal. (Live)	The View (E)	True Crime Scene (E)	Mickey Tigger	"Dream Is a Wish Your Heart"	Most Amazing Videos	Deal-No Deal
11 AM	Strokes	Seinfeld	CG Kids	Bob Build	Dr. Keith Ablow (E)	Young and the Restless	24 (E)	Paid Prog.	Judge J. House	News (N)	Yankees at Toronto Blue Jays. (Live)	Adrenalini	Rogers Masters -- Day 1. From Montreal. (Live)	Balance	The New Detectives (N)	Higglytown (11:25) King	Makes: Funicello"	Star Trek: Next Gener.	Are You Smarter Than a 5th Grader? (E)
12 PM	Still Stnd	News (N)	Canada-History	Charlie Rose (E)	Paid Prog.	News (N)	Crossing Jordan (E)	All My Children (N) (E)	News (N)	Days of our Lives (N)		Pokémon	Flamingo	Degrassi	Mayday "Lost" (E)	Weekend	CityLine (E)	Star Trek: Next Gener.	Grader? (E)
1 PM	Yes, Dear	Diva Dime	Planet	Fine Art	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion	George S.		Twice in a Lifetime (E)	How Do Machines	Dragon	Hollywood	Star Trek: Voyager (E)	Singing
2 PM	King	Guiding Light (N)	Gaslight	Reading	Passions (N)	Guiding Light (N) (E)	American Justice	General Hospital (N)	Passions (N)	Passions (N)	The Gill Deacon Show	Viva Pinata	NASCAR	General Hospital (N)	How-Made	Lilo Stitch	Ellen DeGeneres Show	Star Trek: Voyager (E)	Singing
3 PM	Seinfeld	Room	Hi-5	Arthur (E)	Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food	Mystery	Record	Dr. Phil (E)	How Do Machines	Weekend	News (N)	CSI: Crime Scen	Deal-No Deal
4 PM	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey (E)	CSI: Miami (E)	Millionaire	Oprah Winfrey (E)	News (N)	Frasier	Spider-Man "Return of the Green Goblin" (E)	Interruptio	Veronica Mars (E)	Daily Planet (E)	Barbarian	Friends	CSI: Crime Scen	Deal-No Deal
5 PM	Friends	News (N)	George S.	BBC World	News (N)	News (N)	CSI: Miami "Pirated"	News (N)	News (N)	News (N)	Simpsons	Arrested	U.S. Open Series -- Rogers Masters -- Day 1.	News (N)	MythBusters (E)	Suite Life Montana	Stargate SG-1	CSI: Crime Scen	Singing
6 PM	Friends	Body	Fetch! With	News-Lehrer	News (N)	News (N)	The Sopranos (E)	News (N)	News (N)	ET Canada	CBC News: Vancouver	Being Ian	Masters -- Day 1.	News (N)	American Hot Rod (N)	Zoey 101	Hell's Kitchen (N)	Movie: "Predator" (1987)	Singing
7 PM	My Boys	Ad Pers	Sustain	Dr. Wayne Dyer: Change Your Thoughts, Change	Jeopardy!	Friends	(7:16) The Sopranos (E)	Entertain	Entertain	Without a Trace (E)	Coronatn	Nick	SportsCentre (Live) (E)	Corner Gas	Dirty Jobs	So Raven	Godiva's (E) (DVS)	Arnold Schwarzenegger.	Deal-No Deal
8 PM	Sex & City	How I Met	Africa! (E)	Your Thoughts, Change	Age of Love (E)	How I Met	The Sopranos (E)	Wife Swap (N) (E)	Name Earl	Name Earl	Doctor Who "42" (N)	Fresh Pr.	Record	Corner Gas	Daily Planet (E)	Suite Life	News (N)	Premiere.	Deal-No Deal
9 PM	Movie: "Turner & Hooch" (1989) Tom Hanks.	Two Men My Boys	Winning (E)	Your Life (E)	Age of Love (N) (E)	Two Men Rules	CSI: Miami "Pirated"	Fat March (N) (E)	Age of Love (N) (E)	Age of Love (N) (E)	Hustle (N) (E)	Mystery	Score Golf Television	Canadian Idol (N) (E)	American Hot Rod	8 Rules	(9:06) Jimmy Kimmel	Star Trek: Voyager (E)	Are You Smarter Than a 5th Grader? (E)
10 PM	Movie: "Spy Hard" (PA)	Big Day	Cross and Bones (N)	Churchill	Dateline NBC (E)	CSI: Miami (E)	The Sopranos (E)	Supernanny (N) (E)	Without a Trace (N)	News Hour Final (N)	National	Prank Ptr	Motoring	CSI: Miami (E)	Dirty Jobs	Popular (E)	Movie: "Waking the Dead" (2000) Billy Crudup.	Deep Space 9	Singing
11 PM	Movie: "Spy Hard" (PA)	Room	Paris Stories	Charlie Rose (N) (E)	News (N)	News (N)	Sopranos	News (N)	News (N)	Entertain	(11:05) The Hour (E)	Bob	SportsCentre (Live) (E)	News (N)	MythBusters (E)	Life Derek		Singing	

monday movies

**MORNING**

7:00 am WTBS (3) ★★"Spy Hard" (1996, Comedy) (PA) Leslie Nielsen. A bumbling secret agent and his lovely partner try to foil a madman's world-takeover scheme. (E)

10:00 am YTV (18) "Stuart Little 3: Call of the Wild" (2005, Comedy) Voices of Wayne Brady. Animated. A friendly skunk helps a little mouse rescue a cat from a dreaded forest creature. (In Stereo) (E)

CITY (29) ★★½"A Dream Is a Wish Your Heart Makes: The Annette Funicello Story" (1995, Drama) Eva LaRue. Based upon the autobiography of the popular TV Mouseketeer who also found success as an actress and recording artist. (E)

**EVENING**

6:00 pm SPIKE (44) ★★½"Predator" (1987, Science Fiction) Arnold Schwarzenegger. Premiere. A sneaky alien monster attacks commandos on a jungle mission in South America.

9:00 pm WTBS (3) ★★½"Turner & Hooch" (1989, Comedy-Drama) Tom Hanks. A drooling dog helps a tidy detective link California beach-town foul play to a drug-money laundry. (E)

10:06 pm CITY (29) ★★"Waking the Dead" (2000, Drama) Billy Crudup. Haunted by the loss of his first love, a man begins to question whether she is really dead. (E)

11:00 pm WTBS (3) ★★"Spy Hard" (1996, Comedy) (PA) Leslie Nielsen. A bumbling secret agent and his lovely partner try to foil a madman's world-takeover scheme. (E)

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### obituary

### for sale

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100% natural beef for sale. No implants. \$1.50 per pound + cutting and wrapping. Call Ernie Willis (250) 295-7345 or Terry Wright (250) 295-8121. Nov 26-27th

APPALOOSA MARES; Registered broodmare, needs secure yard, \$1,200.00. 4-year old, no training, \$1,500.00. Loud colour. DWARF GOATS, kids, buck, 2 bred does, \$200.00 - \$400.00; ewe lambs, \$200.00. (250) 499-5143. Jun 21-22th

### notice

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Jul 06-11th

### for sale

LLAMAS - several BRED FEMALES, weanlings \$500.00 EACH; companion female \$100.00; guardian gelding \$300.00. Various colours/fibre types. CASH sales only. (250) 499-5143 Cawston. Nov 21-22th

**WOOD PELLET SALES & DELIVERY**  
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**Princeton Rentals**  
(250) 295-6545

Kenmore Upright Freezer. \$350.00. Call (250) 295-4149 or 295-7754. 11th

## BRYCO PLUMBING

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**\$19.99**  
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### notices

Looking for 2-3 bedroom rentals for qualified tenants. Call RE/MAX country at (250) 295-3222. Feb 13-14th

### lost

Little black book, somewhere around town on June 15th. Please call (250) 295-0031. Jun 26-27th

Lexar Media USB Jump Drive 2 between Cawston and Keremeos. Contact (250) 499-7818 or e-mail imoada@yahoo.ca Jul 03-11th

Black purse on July 20. Call (250) 295-7896. Jul 31-1st

### help wanted

Housekeeping/chambermaids needed. Apply in person at Villager Inn, Princeton. Call (250) 295-6996. Jul 17-31

Examine your relationship with God weekly. Free. In the Church of your choice!

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Visit a local ghost town today! Allenby, Granite Creek, Blakeburn. Visit www.thenewsleader.ca to find out more!

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### announcements

### announcements

### for rent

Visit our website for more Classified Ads. www.thenewsleader.ca and click on the 'Classifieds' tab.

4-bedroom home at 79 Harold Avenue. \$1,200.00 a month + utilities. Call Heather (250) 295-6977. Jul 03-11th

Storage unit available behind liquor store. Suitable for car or boat, etc. Call Sharon at (250) 295-3521 or Richard at (250) 492-8503 for details. Jul 17-31

Long-term responsible tenants wanted. Two-bedroom house in downtown Princeton. Available September 1st, 2007. No stairs. \$530.00 per month plus utilities. Phone (604) 484-2783 and leave a message. Jul 24-31st

### card of thanks

Thank you John Henry (HomeLife Realty) you are the real deal realtor and Susan Collins (RE/MAX country) and the insurance ladies at Valley First Credit Union for all your great help in our purchase.

- Gary & Hazel Appleton

### real estate

Immaculate 4-bedroom, 2-bath home for sale in popular Mine Subdivision. Beautiful view of valley from oversized back deck. Treed-in, private yard featuring gardens, well-maintained shed, fenced area for pets and single vehicle carport. Residence completely renovated with an inviting recreation room on lower level. \$265,000.00. By Appointment Only. (250) 295-6453. Jul 31

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## Draykin Skye



Born at 7:27 PM July 2, 2007, in Kelowna, to Sarah Johnson and Christopher Miller, a daughter Draykin Skye, weighing in at 6 lb. 12 oz., a sister for Rylie Jayde.



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## Got Ideas? The Posse Wants You!



Princeton Posse Hockey Club is accepting  
 resumes for the position of Sales and  
 Marketing Manager until August 3, 2007.  
 This is a paid part-time position starting  
 early August 2007. Duties include sales and  
 marketing, office administration and game  
 night presentation. Send resume via e-mail to  
 robilk@telus.net or mail to Princeton Posse,  
 PO Box 2457, Princeton, BC V0X 1W0

Drinking a problem?

Alcoholics Anonymous

Meets 7:30 PM Thursdays  
 At The Anchorage,  
 136 Vermilion Ave.

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**CARTER'S**  
 Sudoku  
 Challenge

SOLUTIONS TO PUZZLES ON PAGE 16

CHALLENGE #9 - Easy

912	465	738
358	297	164
476	813	259
624	589	317
581	372	496
793	146	825
137	654	982
869	721	543
245	938	671

CHALLENGE #10 - Hard

289	315	764
763	489	215
154	762	839
915	843	672
436	927	581
827	156	493
641	598	327
572	631	948
398	274	156

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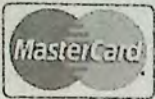
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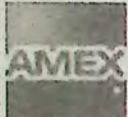
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## my turn

### We are so lucky here!

A short trip to the Thompson Valley a couple weeks ago made us realize a couple things.

First, we are so lucky to live in the Similkameen Valley.

Second, we are so lucky to live in the Similkameen Valley.

Let us explain. Our first realization came on the Coquihalla Highway between Merritt and Kamloops. The forest on both sides of the highway was a sea of red. Dead trees standing. Killed by armies of those pesky little rotten sap-sucking, tree killing monsters we know as Mountain Pine Beetles.

It was quite a sight. One we gasped at for kilometres and kilometres and kilometres.

We imagined what the view would be like if seen from above in a helicopter and we had to quickly wipe the vision from our minds to prevent future sleepless nights thanks to the 'Mountain Pine Beetle Nightmare.'

Not only were the pine tree forests basically decimated, the patches of reforested land were also showing signs of attack. Dead trees standing in a massive crowd of other dead trees standing.

The only army advancing troops were the bad guys. The ones with the secret weapons only known to the inside of the average pine tree. A weapon that basically sucks the life out of the tree but leaves it standing, like a zombie. Another dead tree, another launching pad. And it goes on and on and on until there are no more trees to kill.

We did note though that the many stands of Aspen were left alone, as if ignored by the Pine Beetle. We discussed the possibility of the forestry industry taking that much-needed shot in the arm when the Asian market starts to demand Aspen wood for home construction.

It could be a trend that kicks into gear around the start of the Olympics, when there are no more trees to harvest.

It made us look forward to the Aspen Grove turnoff on the way home where there seemed to be a lot more green trees than dead trees all along Highway 5A.

We also got to drive on Kevin Falcon's Olympic Freeway - the new section of the Coquihalla Highway at Courtney Lake. We remember the days when you could travel that route and actually see the lake.

It used to be blue, didn't it?

That was before the privacy fence went up so only people on the lake could enjoy the view. Lucky them.

Our second realization on how lucky we are to live in the Similkameen came from an afternoon of driving in Kamloops.

We were sure our license plate did not read 'DUM ASS' but it sure felt that way for part of the day. Maybe the huge words 'NEWS LEADER' on the sides didn't help any, but the car even started to respond differently once pointed back in the direction of home.

As sad as the forest situation looks at times, we really needed that trip to remind us how lucky we really are to be in the Similkameen.

All we need now is a really cold winter to get those little critters packing.

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

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Publisher:  
Office Administrator:  
Reporter:

George Elliott  
Brenda Engel  
Dawn Johnson



## your turn

### Where the rubber hits the road

To The Editor;

Millions has been spent on highway work to Squamish, a Skytrain extension to Vancouver Airport and now the completion of the Coquihalla Connector to Merritt. Good for Merritt - now experiencing major growth (and Princeton shoppers) as Kelowna and Kamloops has before it.

Many roads do now lead to Merritt and thanks to past Premier Bill Bennett, Merritt (a.k.a. Bennettburg?) no longer is a speck of dust on a road map on a non-windy day.

How about we folks on the "Heritage Highway" - Highway 3, notably from Eastgate to Keremeos?

We kind of like Highways Minister Kevin Falcon and Small Business Minister Rick Thorpe but we would like them more if they would give us at least a glance and some passing lanes or better still - a future plan for our "Heritage Highway 3" which goes back to the century before last.

Get behind some old 'geezer' like us or tourist for a medical appointment in Penticton and you nearly have to take supplies and leave a

week early to make it.

On the critical agenda they should put a "rock shed" at Peterson Bluffs and the two Red Bluffs on the freeway from Princeton to Tulameen, especially with the increased traffic before someone gets killed.

Red Bluffs is of great concern to B. C. ball players because Red

Bluffs is consuming all the chewing gum in holding the road to the mountain hundreds of feet above the Tulameen River.

We enterprising, responsible folks don't ask for much but the little much we ask for matters - plain and simple "Road Sense!"

Regards,  
Joe Schwarz, Princeton



Parts of Princeton's historic past still exist, but you've got to know where to look to find them. This structure, once part of Amber Ski Hill, sits above Princeton Golf Course. Photo: John Henry

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Current Comment:

# Does the US really need our water?



Dawn Johnson  
editor@thenewsleader.ca

The Council of Canadians is very concerned about the potential of Canada agreeing to bulk water sales to the United States. I am opposed to such sales because the transfer of water would have ecological consequences for Canada. At the same time, I question why the U.S. needs our water.

Having travelled through some of the driest areas of the U.S., I know they deal with the same kinds of water problems we have in many years. At the same time, I know they have tremendous water resources they could manage better.

Throughout Montana, for example, there are excellent rivers and few dams to conserve the flow of water. I am not opposed to dams, especially small conservation dams. I have seen the Yellowstone River and the Missouri River, both of which flow well even in September and October. The Missouri has a big dam for hydro-electric power, but many tributaries of the Missouri could act as water conservation reserves in South Dakota. In fact, every dry-belt state has some good small rivers where water can be conserved.

When it comes to water conservation on the Missouri tributaries, this could be nothing but good news for those people who experience flooding nearly every year on the Missouri, and further downstream on the Mississippi River into which the Missouri drains.

In most midwest states, there is no shortage of water resources where small dams could be built to conserve spring run-off. One of the best examples is the Red River, where spring run-off floods the plains in North Dakota then runs north and floods the plains in Manitoba. A little water conservation would be a big asset in this area.

Wyoming is a drybelt state with a lot of really great rivers where a little more conservation could make a big difference. Colorado and Utah have small rivers that could use water conservation in the form of small dams. Many of these western states owe their desert-like environments to the high mountains that block the rain,

but by the same process, these mountains store water in the form of snow. The spring run-off could be conserved and released gradually.

Every desert state except Nevada has small rivers draining the mountains. Nevada, and especially Las Vegas, benefits from the giant dam on the Colorado River. Las Vegas wastes water like you cannot imagine. Swimming pools abound, golf courses suck up tons of water, and the casinos have waterways and playgrounds of

water. One might question whether the economic benefits of using water this way are superior to using water downstream in Arizona.

I spent nine years of my life on the prairies, and one of the things that baffled me was the failure of our government to conserve water behind dams to use when the growing season needed it. Prairie farmers in some areas are now irrigating just as our local farmers do, but it took years and years of failed crops before a few dams were

built, yet our prairie provinces have excellent water resources in some great rivers. Why sit around praying for rain? We could never do that here and expect to make a crop.

Due to this past experience, I have to question why the U.S. government needs bulk water from Canada. I suspect they are more interested in another form of control of our resources than in taking care of their own. To me, paying another country for water makes very poor economic sense, when enhancing their own water reserves keeps their monetary assets in the U.S.

Maybe the real problem is the location of the U.S. capital. I would bet that if the White House was moved to Sheridan, Wyoming or Albuquerque, New Mexico, water conservation methods would have been found long ago. I

might say the same thing about Parliament Hill.

While I'm talking about water conservation, I want to say what a laugh I get out of ads telling us to do this, that and the other to conserve water in our homes. This is like telling us to save our pennies while we throw away the dollars. The real way to conserve water is to conserve it where it runs free. There are lots of objections to dams these days, but we in drybelt country know there is nothing that beats a dam for water conservation and fish protection. Keep the rivers flowing at sensible levels all year and everybody, and everything dependent on the river, is happy.

As for the waste water we humans produce with our sewerage systems, why not treat it and use it on golf courses and trees to clean our air?

## Marketplace Ministry

by Jim Caruso

### Part 2: The Holiday From Hell

I still remember the look on the mechanics face as we left his garage on our holiday. As he clutched our check for a thousand dollars for pre-holiday repairs, I could see that he knew was secure, he knew that as long as we lived on the island and owned the K-car, his family would eat, and eat well.

My wife heard the sound first, kind of a high pitched squeal mixed with the sound of a cat's tail being run over by a paving crew.

We were heading down the freeway about 100 km per hour when she asked, What's that noise Jim. I said, If I was still driving ambulance I would say it was the siren, the words were not even cold in the air when the engine seized up and the car lunged and jumped making steering seem like a rodeo event. I pulled to the side of the road, lifted the hood and tried to drive ahead. The engine gave one last lurch and then sat silent as water and steam poured out creating a roadside attraction second only to Old Faithful in Yellowstone National Park. We had already traveled about three hours on our holiday which was to take us to wedding in Saskatchewan from Vancouver Island.

Now stuck on the side of the road with three kids, a wife and a dog, the real adventure was about to begin.

I hitch hiked to the small town of Hope and called a tow truck, lucky for us it was the long weekend and all the tow trucks were busy and all the garages closed. I finally secured a tow truck and before you know it they were six of us in the cab of the tow truck, heading on down the highway with our K-car in tow, our dog sitting behind the steering wheel, probably wondering why we had let him finally sit in the front of the car.

There is always good news and bad news in stories like this. The good news is not as wordy as the bad. We arrived at the tow truck garage. The good news is that they were open on the long weekend; the bad news is that the transmission was shot. The good news was that my father-in-law knew a company in Penticton that could repair it for a mere \$800.00. The bad news was that it had to be shipped there; about 150 miles east and then it would take at least a week to fix it.

Good news we could get a ride to my mom's the next day and so all we had to do was camp over night down river from the garage where our car now was a resident. The good news is that we were able to get a ride to the camp site in the now familiar tow truck, now numbering six humans and one dog in the small tow truck cab.

We arrived at the campsite, it was dark and the owner said we could camp there for \$20.00 a night. So we went to the designated site, threw on the ditch lights and started unloading the truck cab, it looked like a city bus was unloading at a stop. The owner of the campground appeared immediately and said in a very slurred voice, (I think the raisins in his breakfast cereal might have fermented during the day and he was unaware of his impairment.) I never said an army could camp here for 20 bucks, that will be 25 dollars, but you can have all the firewood you want. This was great except there was a camp fire ban on in the entire province at the time. The bad news was that we didn't have a flashlight or any tools to drive the tent pegs in for the tents.

We set the tents up in the dark and the shock cords that held up my wife and my tent broke and so we had to secure it to the picnic table with some rocks we found. Our kids tent, we found out the next morning, was situated on some former campers tent pegs and made their sleep a bit uncomfortable to say the least. My mom arrived and her car was a station wagon one size smaller than our K-car.

We left that morning and six of us and our dog and all our camping gear was secure in her little car. We didn't need air bags as we and the surrounding camping gear became our own airbags. The car seemed to have less power with this new load on it than it did when my mom was traveling alone. I pulled out to pass a loaded wood chip truck and watched him pull away from us going uphill in the slow vehicle lane.

We arrived in Princeton and quickly transferred all our equipment and living beings both human and non-human into my father-in-laws jeep. This is a spin off from the Second World War quarter-ton jeep, about half the size of my mom's small size station wagon. So it was off to Penticton we went. We set up camp at Skaha Lake and the next day I visited the transmission repair shop. Behold there lay my transmission and the comforting voice of the mechanic said that it would be ready the next day.

The next day is where the bad news came. They had received the outer shell of the transmission, but the courier company had lost all the gears and parts that they needed to repair. The good news is that they promised they would do their best to locate the parts. The bad news was that they couldn't fix the transmission until they did. It was time to rethink our plans. We stayed for a couple of days in Penticton and aside from a thousand young men walking by our campsite things seemed quite quiet.

Our campsite was located on the route to the bathroom, but I soon realized that it wasn't a medical epidemic of weak bladder that had hit the young men in the campsite, but my 15 year old daughter and her friend. They were enjoying the attention and I was experiencing a great amount of fatherly anxiety. Later that afternoon, after the pie truck had come and gone, I felt that we should maybe take a couple of days and go into the United States. So we headed off to Washington and spent the next few days traveling to Linden Washington and then back to Hope where the K-car was now fixed and ready to go.

Everyday we plan and prepare for what we think should happen and of course these plans are always in our best interests, but God has a plan to help us mature, thus maturity comes through challenges and tests. The Apostle James writes this: Consider it a sheer gift, friends, when tests and challenges come at you from all sides. You know that under pressure, your faith-life is forced into the open and shows its true colors.

So don't try to get out of anything prematurely. Let it do its work so you become mature and well-developed, not deficient in any way. James 1:2-4. I was far from being out of the K-car adventure. Stay tuned for Part III.

Jim Caruso, Pastor  
Oceanside Community Church, Parksville, BC  
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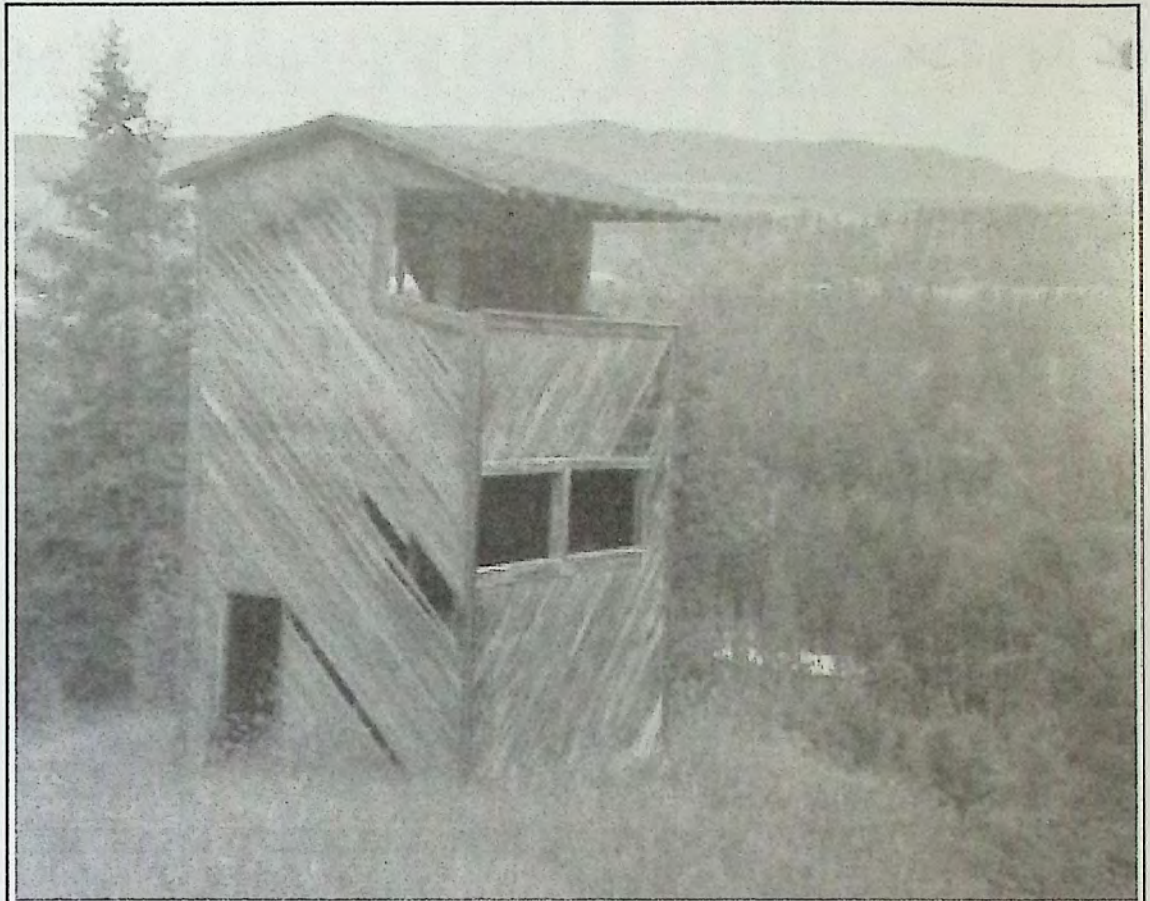
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This building, once part of the Amber Ski Hill, sits high above the Princeton Golf Club. Photo: John Henry



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When should you make your RRSP contribution?

Deductible RRSP contributions for the current year can be made at any time during the year or the first 60 days of the following year. However, to take full advantage of the tax-deferred compounding of income in your RRSP, your contribution for a particular year should be made as early as possible in the calendar year. If you make your contribution for the year in early January instead of at the end of February of the following year, you will benefit from more than an extra year's compounding of income for each contribution which could make a significant difference in the value of your RRSP when you retire.

Assume that you contribute \$10,000 to your RRSP annually and that you will earn a 6% return on these funds. If you contribute the \$10,000 at the start of each year, your RRSP will be worth about \$390,000 at the end of the 20th year. However, if you wait until the end of each year to contribute, you will only have about \$368,000 in your RRSP at the end of the 20th year. By contributing at the start of the year, your RRSP will be larger by \$22,000.

You can also reduce the money you need to make your contributions by getting the benefit of your tax deduction when you make the contribution. In order to have your income tax withholdings reduced, you must make a written request for a letter of authority from the CRA. This request can be made by completing and sending Form T1213 with evidence of your contributions, such as receipts. The CRA will then provide a letter to you which you can give to your employer authorizing them to reduce the income tax withholdings from your salary. If you contribute to a group RRSP at work, your employer can automatically reduce your income tax withholdings, taking your contributions into account. Finally, if your employer will agree to pay part of your salary or an amount, such as a bonus, directly to your RRSP, they will not have to withhold tax on this payment provided that the amount contributed does not exceed your RRSP deduction limit (as reported to you by the CRA each year on your Notice of Assessment).

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**Accountant & Business Advisor**

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## BC calls for action on enhanced drivers licences

British Columbia is calling on the Canadian federal government, other provinces and U.S. states to press forward with enhanced driver's licences that can serve as alternatives to passports at border crossings between Canada and the U.S.

"Ease of border travel is vital to families, communities and economies on both sides of the border, and we must work together to strengthen security and keep legitimate trade and travel moving between our two countries," said Premier Gordon Campbell last week at the 2007 summit of the Pacific Northwest Economic Region in Anchorage, Alaska.

Under existing U.S. rules, beginning as early as January 2008, all U.S. citizens and foreign nationals will be required to present a passport or other documents that show identity and citizenship when entering the United States by land or sea.

"British Columbia wants to ensure enhanced drivers' licences that will be issued by Canadian provinces and territories are explicitly accepted by U.S. authorities as valid travel documents," B.C. Intergovernmental Relations Minister John van Dongen said.

"I joined Minister Stockwell Day for the signing of Washington State's Enhanced Driver's Licence agreement with the U.S. govern-

ment in March, and I look forward to doing the same with Minister Day in time to match our target date of January 2008."

In December 2005, Premier Gordon Campbell and Washington Governor Chris Gregoire co-signed a letter to President Bush and Prime Minister Harper, expressing concerns about the impact of these new travel requirements on cross-border tourism.

In June 2006, Washington and British Columbia began collaboration to put a project in place that will lead to the enhanced driver's licence.

"Washington State and B.C. have worked closely to lead the establishment of enhanced driver licenses," Washington director of licensing Liz Luce said.

"It's convenient, it's secure and it's cost effective. Best of all it provides an option for our citizens."

"Without providing an alternative to passports, there will be a significant impact on the tourism industry," Tourism Victoria CEO and PNWER Tourism Working Group co-chair Lorne Whyte said.

"Car traffic from the U.S. to B.C. is running 7.4 per cent below last year, in large part due to confusion and concern for passport requirements. We can't control exchange rates or gas prices, but govern-

ments can act to make the border crossing both secure and smooth for travellers."

"We're working closely with the federal government to develop the plan to test an enhanced driver's licence as a solution that meets the high security standards set by both federal governments and keeps legitimate traffic moving smoothly," van Dongen said.

"We aim to begin the first phase of our project in January 2008."

"Travellers on both sides of the border are confused with the reviews and adjustments to dates and required documents for different types of travel, and they are frustrated with the long wait for passports," said Jim Storie, chair of the Council of Tourism Associations.

"The B.C. tourism industry has worked closely with the Province on the enhanced driver's licence project: we look forward to its implementation giving tourist operators the certainty they need."

"The goal is to ensure safe, fast and convenient border crossing for travellers on both sides of the border, particularly as we move closer to the 2010 Olympic and Paralympic Winter Games," Storie said.

Founded in 1991, Pacific Northwest Economic Region (PNWER) is a public-private bipartisan partnership whose members include B.C., Alberta, Yukon, Alaska, Washington, Oregon, Idaho and Montana. PNWER's annual summits attract approximately 400 participants, including ministers and legislators from member jurisdictions, business organizations and private-sector industry associations, and senior officials from Canadian and U.S. governments.

The July 2008 PNWER summit will be held in Vancouver, B.C.

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Portions of the former Amber Ski Hill ski lift can still be found above the Princeton Golf Course. Photo: John Henry

## Four lane project completes highway

A new four-lane section of the Okanagan Connector completes the Coquihalla Highway system and celebrates the 30th anniversary since its construction was first announced, Transportation Minister Kevin Falcon said last week.

An \$18.25-million investment has four-laned a nine-km stretch of Highway 97C between Garcia and Courtney lakes, just east of Merritt. It was the last two-lane section on the 300-km Coquihalla system. The upgrade improves efficiency by allowing drivers to maintain the highway's normal speed of 100 km per hour, instead of adjusting to 90-km/hr. The contractor is Emil Anderson Construction.

"The Coquihalla system provides motorists with quick and safe access to and from the Interior and has spurred enormous economic activity," Falcon said.

"British Columbia is known for ambitious highway projects, and that is a tradition we are continuing with other major investments including the Kicking Horse Canyon, the Sea-to-Sky, the

William R. Bennett Bridge in Kelowna, and the Gateway Program."

In addition to improving efficiency, the project also:

- Improves safety
- Provides assured passing opportunities
- Improves local access to the highway
- Supports enhanced tourism and economic opportunities
- Provides two underpasses for movement of cattle and farm equipment

Located at the junction of the Coquihalla Highway and the Okanagan Connector, the City of Merritt is seeing the benefits of being on a major transportation route, Mayor David Laird said.

"Not only do we have a growing service industry where motorists can gas up and grab a bite to eat, but the improved access to this region has made Merritt and surrounding region one of the more desirable places to live," Laird said.

For more information about B.C.'s major highway projects, visit [www.th.gov.bc.ca/projects.htm](http://www.th.gov.bc.ca/projects.htm).

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