Similkameen

News Leader

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Tuesday August 7, 2007

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A landslide at the former Similco Mines late in the evening of August 1st dumped debris into the Similkameen River creating a silt cloud many kilometres long as it travelled downstream. This photo shows the size of the blockage at the bottom of the slide. See Page 27 to view top of slide. Photo: Okanogan County Sherill's Department

Fall Fair welcomes new displays

There will be two new booths at the Fall Fair this year. One will tell us how nice we are, and the other will tell us how to keep our food supply close to home.

New Beginnings will have a "community appreciation" booth. They plan to give fairgoers little gifts and make people feel good about living in our community.

The Food Security Program will be quite different.

The coordinator for our region plans to do a survey of local people asking their input on how much local produce they buy. The purpose of this survey is to establish a group interested in exploring ways to make local foods more accessible in our town.

Lawnmower races will be a feature at the Fall Fair this year. The races will be on Sunday only (September 9) but should prove to be a great source of entertainment. Many people have seen the lawnmower racers in Keremeos and enjoyed them. This is the first time professional lawnmower races have taken place in Princeton.

Town invites input on new OCP

The Town of Princeton is excited to announce the kick-off for the preparation of the Town's new Official Community Plan (OCP).

The existing Official Community Plan was adopted in 1993 and is out of date. Given the differing circumstances of today, a complete reworking of the plan is necessary. The new plan will be supportive of Council's overarching goal of 'Stepping Up...Taking Princeton to New Heights.' As stated by Mayor Randy McLean, "Princeton has changed in the past 14 years and we

are looking at an exciting future

ahead. Given the importance of having the public participate in the review of the OCP, we will be adopting a Public Engagement Strategy. Residents need to take ownership of the OCP and participate in the process. The timing of the OCP update marks the first step-

ping-stone in achieving our vision and goals in the new Strategic Plan that was unveiled this spring."

An Official Community Plan outlines ways in which land within the community will be used over the next 10 to 15 years. It provides direction to Council and the public

to evaluate development and ensure proposals are consistent with the community's vision for the future of Princeton. The Official Community Plan contains policies that guide:

- Form and character of future growth;
- Locations and densities of different types of land uses;
- Infrastructure (e. g. roads, water, sewer) and community services;
- Enhancement and/or protection of the environment, hazard areas, and special or unique areas within the community such as the downtown;
- Development of social housing;
- Economic development;
- Procedures and guidelines for handling new development.

Before Council starts to prepare the new plan, they want to hear from the public. The first public workshop and information meeting will be held on Wednesday, September 19th at 6:30 PM at the Princeton and District Community Skills Centre at 206 Vermilion Avenue.

This will provide the opportunity for Princeton residents to share their thoughts and ideas. Everyone is invited to attend.

Similco landslide creates downstream concern

by Similkameen News Leader Owner/Publisher W. George Elliott with thanks to Becki Andrist KOMW Radio, Omak and Dennis Walker, Giant-FM Penticton

The Okanogan County Sheriff's Department says the landslide that blocked the Similkameen River at the former Similco Mines site was first noted at 11:00 PM on Wednesday, August 1st.

An unidentified camper along the river had reported the level of the river had dropped sharply near Princeton "consistent with a land-



slide blockage."

Local residents noticed the low river the following morning and alerted a variety of agencies about their concern and that "the flows then spiked back up at 9:00 AM." Eyewitnesses told the News Leader that suddenly the river climbed between three and four feet in height and the water had changed from a crystal clear colour to what was described as either 'chocolate milk' or 'coffee with cream' brown.

As the morning passed and the river level stabilized there were stories that there had been a breach or collapse of a dam wall at the massive tailings pond named Smelter Lake, about 15 kilometres upstream from Princeton on property formerly owned and mined by Similco Mines.

The Okanogan County Sheriff's Department says a helicopter reconnaissance flight from Penticton at 12:30 PM was scheduled by officials on the Canadian side of the border and an hour later had located and photographed the slide site.

"Their report stated their priorities were to monitor river levels downstream and assess the stability of the slope above the slide site."

By mid-afternoon the Washington State Emergency Operations Centre (EOC) contacted Okanogan Emergency Management Department and based on the information they had at the time "it was felt that the only danger was muddy water"

Within the hour the Oroville Irrigation District contacted OEMD with concerns of "a surge of water coming down the Similkameen" as there were 12 to 24 miners in the

"This information made the situation significantly more serious, threatening the safety of people who would be directly in harms way," stated the Sheriff's Department.

OEMD investigated further and following contact with an unidentified Canadian agency discovered there had actually been a landslide at the former Similco Mines site and that the river had been blocked for nine hours, then the blockage was breached allowing a surge of water to be released.

Similkameen

News Leader

THIS WEEK
Page 11-12 - Marion is 'phenomenal' / Page 2 & 27 - Tulameen Days Parade photos

REGULAR FEATURES

Page 4 - Keremeos / Page 11-18 - TV Guide / Page 22 - Editorial / Page 23 - Current Comment

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Princeton Rotary Club President Lawrence Stoochnoff, left, and Secretary George Elliott, right, present Vermilion Trail Society President Judy Short with a cheque for \$2,000.00 to go towards the development of the Twin Rivers Park project. The cheque presentation was made at last Tuesday's Rotary meeting. *



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Group entertains residents

We were pleased to have eight New Beginnings members and their two leaders come to entertain us one

They sang seven different tunes then played bell chimes to each tune. Their leaders Gloria and Cindy did so well that the members of New Beginnings stayed focussed at all

Their smiling faces revealed their happiness in entertaining us. Of course cookies and juices following their program was much enjoyed by

Survival Of The Fittest was used for the Vermilion Court residents to make words from and just imagine in a short time 226 words were found.

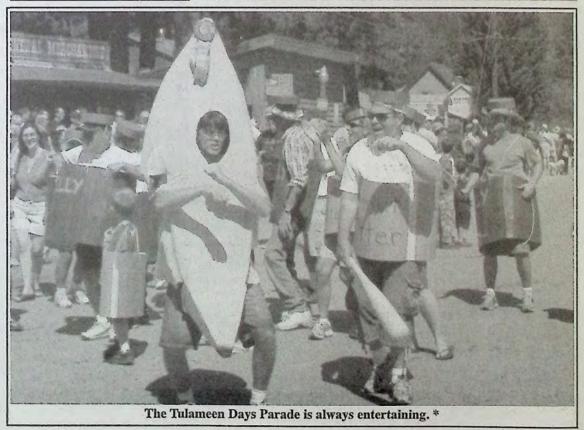
There's only two months left before our October Bazaar! So we've started preparing things for sale.

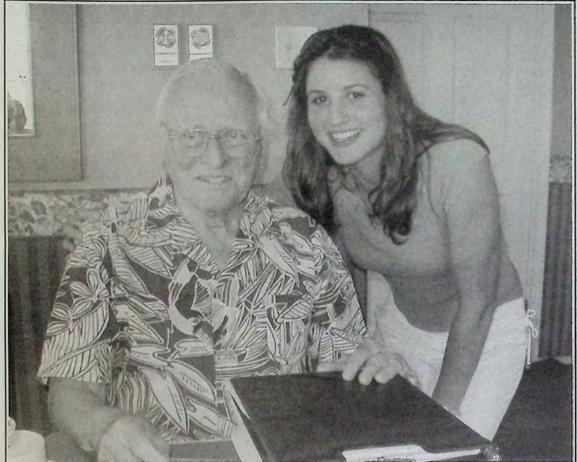
Different articles from last year so we are keeping busy.

- submitted by D. Stenvold

What's Five Bucks

A 25 word Classified Ad in the News Leader. Call (250) 295-4149 for details!





Long time Princeton Rotary Club member Bill Huyssoon passed away last week. He joined the local club in May of 1971 and rarely missed a meeting. His funeral was held August 6th in the Legion Hall and was attended by many out of town Rotarians who knew him. Huyssoon's role in the Club in the past few years was to end regular meetings with a joke. The Princeton Club honoured Bill at their August 7th meeting by telling jokes. This photo, taken a few years ago, shows Huyssoon with Rotary Club Exchange Student Cyrielle Bon.

rvest levels extend

The allowable annual cut increase for five companies with innovative forestry practices agreements in the Merritt timber supply area will be maintained at 830,700 cubic metres until August 31, 2011, in part to address mountain pine beetle infestation and reduce potential losses in healthy timber stands.

The Southern Interior Forest Regional Manager determined that the cut increase awarded to the agreement holders of the Nicola-Similkameen Innovative Forestry Society in July 2005 be extended after reviewing the Society's application, timber supply and beetle infestation analysis, and considering public and First Nations input. The decision follows the extension of the innovative forestry practices agreements from March 25, 2008 to August 31, 2011.

The society is composed of representatives of the licensees with innovative forestry practices agreements: Aspen Planers Ltd., Ardew Wood Products Ltd., Stuwix Resources Ltd., Tolko Industries Ltd., and Weyerhaeuser Canada Ltd., as well as BC Timber Sales, the Upper Nicola Indian Band and the Nicola Tribal Association.

Stuwix Resources Ltd. is a First Nations-owned company managed by representatives of eight bands in the Merritt timber supply area. The agreement area comprises approximately 1.13 million hectares. Under these agreements, licensees conduct activities above their basic obligations of forest management with a view to improving timber productivity.

The current allowable annual cut increase was set in July 2005 as a result of the Society's forest health strategy to reduce the loss of merchantable timber killed by the mountain pine beetle. Previously, the society had demonstrated greater productivity in the timber supply area through the collection of information on forest inventory, site productivity, and environmental issues.

Under the Forest Act, the regional Act, the Forest and Range Practices Act and other relevant

manager can award an increase to the allowable annual cut of an innovative forestry practices agreement holder. Licence holders must comply with conditions of the increase, the agreement, the Forest

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Copies of the regional manager's rationale are available on the ministry's website www.for.gov.bc.ca/rsi/IFPA/IFPA.

See page 8 of this issue of the Similkameen News Leader for a story on how beetle killed timber can be used in creating energy.



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keremeos and area news



The view from the tomato patch at Harker's Organic Fruit Ranch in Cawston reminds us why we love living in the Similkameen Valley. *

The South Okanagan Similkameen is embarking on a new campaign for a Full Field Digital Stereotactic Mammography machine for the Penticton Regional Hospital.

The campaign is called: Imagine the Best...In Breast Cancer Detection.

The reason for new mammography equipment is simple. The current film machine is eight years old and out of date with the newest technology. Since we know that early diagnosis is the key to survival, less aggressive treatment and ultimately cures, the citizens that come to the Penticton Regional Hospital for their mammograms deserve the very

Globally, mammography has reduced the mortality rate by 20% in the last decade. However, Breast Cancer is still the leading cause of death in woman 40-55 years of age. The good news is that mammography detects approximately 90% of tumors in women over 60; the bad news is; mammography only detects 60% of tumors in women under the age of 60.

Although, only 53% of the woman in our region even had a mammogram this past year we still completed 4,500 screening mammograms and another 2,600 mammograms for diagnostic purposes. No doubt about it, we are a very busy centre for Breast Cancer detection.

The Penticton Regional Hospital and the community wants to have the BEST Mammography equipment available.

We want to purchase a Full Field Digital Stereotactic Mammography machine. The machine cost is \$1 mil-

Over and above extra costs: None with no extra staffing costs, no extra operating costs, no extra training costs and minor renovation costs. What makes this machine the BEST ...

The Patient advantages

- Reduced waiting time before diagnosis
- Exam time and radiation dose slightly reduced for patient
- May avoid an invasive surgical procedure and unnecessary hospitaliza-
- Reduces the period of immobiliza-
- Ability to screen more women in less time; reducing wait lists
- Images available within 10 seconds
- Fewer repeat exposures required
- Digital mammography may detect more breast tumors in women with dense breasts

The Clinical advantages

- Faster, more reliable diagnosis when an abnormality is detected
- Enable patient management by a single team throughout the procedure

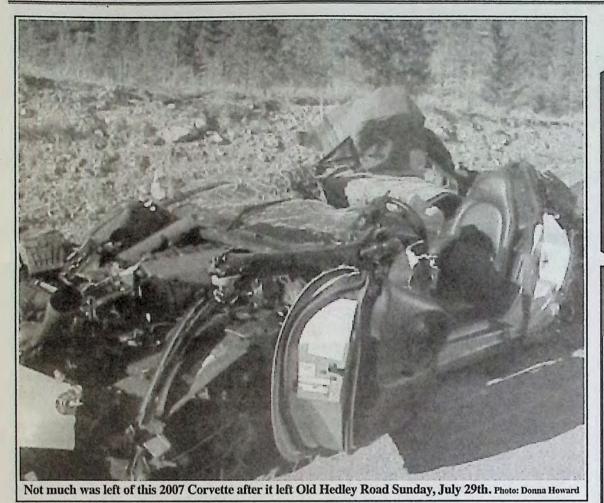
- May avoid repeat examinations
- No lost films, or film handling costs, no film to mail or ship
- Fewer diagnostic studies because of viewing tools
- Highly automated exam for consistency of image quality
- Ability to see all areas of the breast easily - at once!
- Digital mammography may detect more breast tumors in women with dense breasts

The South Okanagan Similkameen Medical Foundation believes that: Patients within this region deserve excellence in breast imaging. We will do everything in our power to make sure this equipment is available and operational as quickly as

With the support of the community, the South Okanagan Similkameen Medical Foundation will raise the entire \$1 million by December 31, 2007.



Sweetheart cherries sit in cold storage at Harker's Organic Fruit Ranch in Cawston.



leaves roadway, injures two

Princeton RCMP responded to a single vehicle accident July 29th 22-kilometres east of Princeton on Old Hedley Road.

A resident from the area, Donna Howard, told the News Leader, "The driver lost control and flew off the road and between two trees, turned upside down and lodged on the ground below."

RCMP say two occupants in the vehicle were pulled from the wreckage by members of Princeton Highway Extraction Society and transported to Princeton General Hospital with serious but non-life threatening injuries.

"There was no evidence of alcohol

involvement but speed was a factor in the accident," says Princeton RCMP Sgt. Gary Macahonic.

Howard says two witnesses who had heard the accident rushed to the scene and had aiding in the rescue of the two occupants "by digging the ground with bare hands."

Macahonic says drivers have got to slow down.

"The Princeton RCMP have

attended numerous speed related accidents this summer."

Police say there are many motorists travelling the highways during this busy summer season.

"Travellers need to allow additional travel time to arrive safely at the destination," states Sgt. Macahonic.

"Don't take chances and take speed out of the equation."

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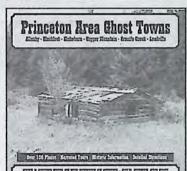
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news leader health and lifestyle page

Naturopathic allergy therapies are nothing to sneeze at

By Eric Marsden, BSc, ND

(NC)—One of the more common ailments this time of year is allergies. Just as people are adjusting to the plants of early summer, August brings changes in vegetation that cause a new wave of itchy, watery eyes, runny noses and head-rattling sneezes.

Many patients – and many medical professionals – focus their treatments on relieving the symptoms without tackling their underlying causes. Naturopathic therapies, however, address both and can help reduce the suffering of allergy sufferers in any season.

Nine times out of 10, allergies have their genesis in the intestinal tract. Together, the gut and our airways comprise between 60 and 80 percent of our body's immune system. That's why naturopathic therapies for allergies – and immune irregularities – begin by bolstering the health of the intestinal tract.

We know that when there is inflammatory or allergic-type reactivity in the intestinal tract most often there also is an immune reaction that can sensitize other mucous membranes and trigger allergic reactions elsewhere in the body. Accordingly, one of the naturopathic therapies for people with allergies is to reduce the consumption of foods which might be triggering allergic reactions.

Allergy sufferers can use a food diary combined with an elimination diet to determine which foods are causing their symptoms. Among the foods that most commonly contribute to allergies are dairy, onions, garlic, soy, gluten containing grains - such as barley, rye, oat, wheat, spelt and kamut, citrus fruits - especially oranges and grapefruit - melons and kiwis. Not every person will be allergic to all these foods; some are sensitive to none.

Start your elimination diet by cutting suspect foods from your diet. Begin to reintroduce them one by one after two to three weeks. Record in your food diary whether your symptoms are relieved as you drop these foods from your diet and which cause a reaction when reintroduced.

In addition to determining which foods you might be sensitive to, there are other easy methods to reduce the symptoms of many allergies. In your home you may find relief in washing your sheets frequently in hot water, replacing your air filters frequently, vacuuming carpets often or removing them entirely and investing in a good air cleaner. You can take similar actions in your office.

Between eight and nine out of 10 of my patients have seen a 90% reduction in allergic reactions - and some have entirely eliminated the risk of anaphylactic reactions - by making changes to their diets, repairing the mucous membranes in their bowels, and by using an aller-

gic desensitizing therapy.

Homeopathics and botanicals can help reduce the inflammation in mucous membranes and rebuild them. There are literally thousands of such substances that have been shown to help, but probably the most commonly known are probiotics or good bacteria.

There are a large number of products on grocery and pharmacy shelves that promise to help reduce bad bacteria and promote the production of probiotics; generally, however, there are not enough organisms in these products to provide any real benefit. You need between four and eight billion organisms if you are to receive any real benefit from the products.

Microorganisms are terrain dependent. Therefore, if you change your diet and heal your mucous membranes using natural botanicals - such as licorice root, slippery elm and marshmallow root - you won't need to take probiotics in massive doses over an extended period. Rather, you can use them as a temporary measure... to kick-start the healing process.

In addition, you can desensitize yourself to allergic reactions using homeopathic medicines. A number of controlled studies have proven that homeopathic medicines containing a combination of gelsemium, acidum, fornicum and aluminum are at least as effective as commercial antihistamines at reducing allergy symptoms, especially seasonal allergies, but without

the side effects associated with commercial antihistamines, such as drowsiness. Remedies containing this blend of substances can be found in many naturopathic pharmacies and health food stores. For best results using these types of remedies it is always advisable you seek the advice of a naturopathic doctor.

And, as with many other disorders, which often are the body's reaction to its environment, reducing your stress levels can help to reduce your allergic symptoms. Attending to the nervous system also can help to reduce allergic reactions. The study of how one's mental state interacts with the nervous and immune systems is known as psychoneuroimmunology. Researchers have observed that as people become more stressed and the nervous system becomes more irritated, histamines are released. There are any number of homeopathic and botanical remedies that can help you to reduce stress and, as a consequence, reduce the severity and period of allergic symptoms.

Finally, working to make our environment – air, land and water - cleaner would benefit not only allergy and asthma sufferers but the rest of us, as well.

Eric Marsden, BSc, ND, is a Naturopathic Doctor practicing in Richmond Hill, Ontario, and Medical Director for Pascoe Canada. He can be reached at the-doc@pascoecanada.com.

- News Canada

living past 100

Do you know about chromium obesity?

The problem of obesity has been approached from many directions, but researchers dealing with diabetes problems have taken a long look at the mineral called chromium.

Most of us think of chrome automobile accessories or chrome chairs and tables, but chromium inside you is more important than what is on your car.

North Americans eat a lot of processed foods, and food processing destroys most of the chromium. Chromium deficiency has been linked not only to diabetes, but to high blood pressure, high cholesterol, and obesity. Chromium affects the way our bodies use insulin. Chromium supports the process in which glucose tolerance creates conditions which allow glucose to be burned as energy. When the glucose becomes energy, the result is often a reduction of hunger pangs. This is why chromium helps people stick to a weight loss diet.

Diabetics have reduced tolerance for glucose because they do not produce appropriate amounts of insulin. Chromium permits insulin to be used efficiently. This is beneficial for people who have hypoglycemia, glucose intolerance and diabetes. Chromium appears to regulate the use of insulin and can reduce blood glucose levels even if the person has been eating sugary foods.

The minimum daily intake of chromium should be 200 mcg. People with a deficiency may want to gradually increase chromium intake to 1,000 mcg daily. People who have blood glucose problems should be monitored by a physician while supplementing with chromium.

As for dieters, don't expect to lose weight just because you start taking chromium. Although chromium will help prevent cravings for sugar and starches, chromium on its own will not cause weight loss. You still have to diet

Good chromium foods

You are probably sick of hearing how good broccoli is for this, that and the other, but the fact is, broccoli is a good source of chromium. Onions are a better source. Turkey is a good source, too: So are most meals, seafood, and cheese.



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313-8th Avenue, Immaculate modular on it's own land.	MLS 40575	\$169,900
210 Penryn Avenue, Looking for heritage? Here's a 2-bedroom, 1-bath keeper.	MLS 39368	\$179,900
136 Missezula Lake Road, Recreational lot tucked into corner along creek.	MLS 41145	\$198,000
436 Mayne Avenue, 3-bedroom home on Third Bench.	MLS 40745	\$205,000
121 Halliford Avenue, Opportunity knocks! 2 titles/lots. One with house.	MLS 41027	\$225,000
136 Angela Avenue, 1 1/2 storey fully renovated home downtown.	MLS 40907	\$229,000
403 Lapworth Street, 5-bedroom large lot backing China Creek.	MLS 41148	\$239,900
104 Ridgewood Drive, 4-bedroom, 3-bath home with tile and laminate floor.	MLS 40493	\$285,000
100 Summers Creek Road, Very private lot at Missezula Lake.	MLS 39498	\$295,000
369 Old Hedley Road, 3-bedroom rancher on an acre, minutes from town.	MLS 41046	\$298,000
2285 Arcat Road, Riverfront 2-bedroom, 1-bath cabin.	MLS 39865	\$298,300
2263 Bromley Crescent, Designed for easy country living.	MLS 39728	\$308,300
199 Angela Avenue, Exceptional development property.	MLS 34801	\$330,000
106 Beaver Lane, 3-bedroom home, detached garage, big corner lot, view deck.	MLS 40914	\$359,900
1385 Coalmont Road, Well maintained 3-bedroom home. Beauty, peace, privacy!	MLS 40882	\$365,000
287 Lawless Creek Road, Big value in Tulameen. Great getaway.	MLS 41008	\$369,900
2837 Old Hedley Road, 3-bedroom home on Similkameen River.	MLS 38140	\$383,000
2972 Allison Lake Road, Best value lakefront in BC.	MLS 41007	\$525,000
800 Copper Mtn. Road, 4-bedroom home overlooks Princeton.	MLS 35533	\$548,800
337 Tulameen River Road, Beautiful riverfront in Tulameen.	MLS 40808	\$549,000
2207 Princeton-Summerland Road, Privacy and miles of creekfront.	MLS 4144	\$725,000
3313 Coalmont Road, 1 acre of lakefront in tranquil setting.	MLS 40724	\$1,300,000
615 Cedar Creek Road, 145 acre ranch, 5 miles from Princeton.	MLS 39772	\$1,388,300

PROPERTY FOR SALE

Lot A Charles Road, 1.79 acres, great acreage to build your dream home.	MLS 40931	\$120,000
308 E Highway 3, 3.23 acres with highway exposure.	MLS 36791	\$149,900
189 Angela Avenue, .17 acres overlooking Tulameen River.	MLS 33314	\$150,000
181 Luard Avenue, .75 acre riverfront property.	MLS 30842	\$158,300
Lot 2 Nicola Avenue, .13 acres, steps away from Otter Lake.	MLS 39324	\$169,900
Lot 1 Highway 3, Rare opportunity for a riverfront commercial lot.	MLS 41039	\$219,900
2844 Old Hedley Road, 12.33 acres on the desirable Old Hedley Road.	MLS 40263	\$279,900
Lot C Highway 3 E, Fantastic .71 acre commercial building lot.	MLS 35383	\$423,800
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COMMERCIAL PROPERTIES FOR SALE

301 Coalmont Road, Highway frontage at a great buy!

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Should I borrow to make my RRSP Contribution?

Interest on money borrowed to make your RRSP contribution is not deductible for tax purposes. Therefore, whenever possible, you should use cash to make your RRSP contribution and borrow to make other investments where the interest paid will be deductible.

In some cases, however, it can make sense to borrow to contribute to your RRSP. Remember that the income earned on an RRSP investment accumulates on a tax deferred basis.

If you can pay off your loan quickly, particularly if you are getting a tax refund, the non-deductible interest expense can be minimized.

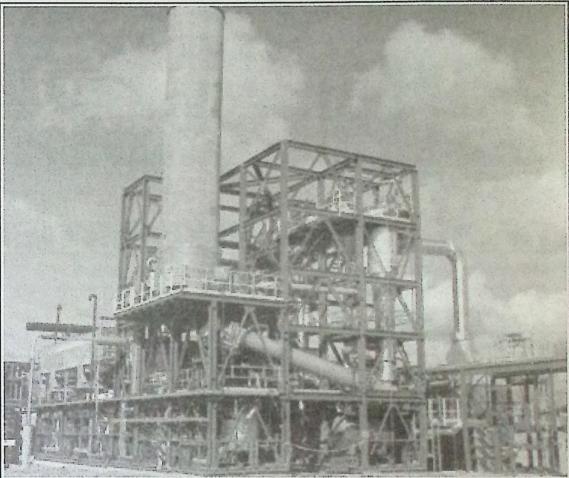
For example, let's assume that you want to make a \$10,000 RRSP contribution for 2006 by the deadline of March 1. 2007. Assuming a top marginal rate of 45% and that you will be otherwise receiving a refund, this will generate a tax refund of about \$4,500 for you. If you borrow the \$10,000 to make the contribution, you will be able to pay back 45% of the loan as soon as you get your refund.

THESE TIPS AND INFORMATION ARE INTENDED TO HIGHLIGHT GENERAL TAX RULES AND PLANS AND SHOULD NOT BE USED AS A SUBSTITUTE FOR APPROPRIATE PROFESSIONAL ADVICE RELATED TO YOUR SPECIFIC CIRCUMSTANCES.

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Guelph Ontario is home to the world's largest bio-oil plant – a 200 tonne per day operation – owned by Dynamotive Energy. Photo credit: Dynamotive Energy Systems.

Could pine beetle infestation be leveraged into making bioenergy?

Every year British Columbia could recover enough pine-beetle waste wood to generate 670 MW of power in small communities and provide 2.7 TWh of heat for local industry, or alternatively, build 175 world class bio-oil plants to make renewable fuel to replace fossil fuel in pulp mill lime kilns, according to a study by Douglas Bradley, President of the Canadian Bioenergy Association.

"With a few properly placed incentives and effective use of the world's best forest waste equipment, British Columbia's forestry communities could use the glut of forest waste to shift to a lucrative bio-based economy producing renewable energy, products and chemicals from wood," he announced last week.

BC's Ministry of Forests reports 9.2 million hectares of forests were killed in 2006 by the mountain pine beetle. Experts say the beetles will kill 80 per cent of merchantable pine by the end of their run, which could last another ten years. To create economic value from a resource that

would burn or rot otherwise the BC government wisely increased the annual allowable cut, but the high rate of damaged wood has resulted in much higher than normal forest waste left at the roadside.

"Canada has to 'make it work' to get economic value from this resource," said Bradley.

"The province has huge potential to develop on site heat and power, or to develop 'transportable' woody biomass products such as condensed wood pellets or higher end fuels like bio-oil from fast pyrolysis, either for domestic use or for sale into the lucrative European market."

That's why CANBIO is organizing "Realizing the Bioenergy Opportunity," a three-day international conference to be held in Toronto from September 12th to 14th. The event is intended to boost Canada's bioenergy industry by bringing together European experts and investors, Canadian municipalities and the forestry sector to network, explore partnerships and cre-

ate business opportunities.

Conference delegates will hear from Canadian and European experts on economical recovery of waste wood, bioenergy opportunities arising from the pine beetle infestation, and how to produce high-value energy and renewable products in a sustainable manner.

A quarter of all Finland's energy comes from bioenergy – the highest of any industrialized country in the world. The Finnish Wood Energy Network (WENET) will present the latest technologies and success stories from Scandinavia. Delegates can also meet one-to-one with WENET experts for specific advice.

"Europe can help BC find export opportunities or advise on how to integrate bioenergy into its domestic economy and the conference will be an excellent platform to make this happen," said CANBIO Director Melissa Felder.

European demand for bioenergy is rapidly increasing, thanks to its recent pledge to boost renewable energy use to 20 per cent by 2020, said Felder.

"But Western Europe has limited land area to produce renewable forests or agricultural crops, so interest in Canadian woody biomass is high."

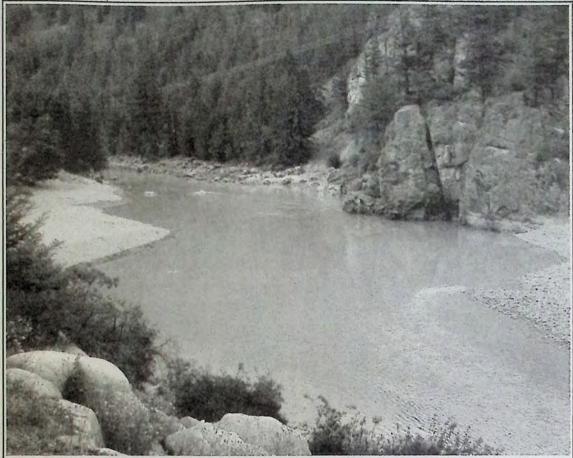
Southern Ontario is already home to the world's largest bio-oil plant, a 100 tonne per day facility now being expanded to 130 tpd at West Lorne, owned and operated by Dynamotive Energy Systems. A second larger plant at Guelph, which started up in May, will manufacture 200 tonnes of bio-oil per day. Delegates will get a rare chance to visit the plant on a study tour.

The Conference program and online registration are available on the CANBIO website: www.canbio.ca.



This pile of forest waste – or slash – is part of the 11 million tonnes left or burned off in Canada's forests every year, but it could provide a renewable energy resource.

Photo credit: Ontario Ministry of Natural Resources



The Similkameen River at Bromley Rock on the evening of August 2nd. The water was a brown colour that resembled chocolate milk or a cup of coffee with cream. *

continued from Front Page ond (cfs), with it dropping down to 60 cfs when the river was blocked and with a peak flow after breaching the blockage measuring 1,350 cfs.

OEMD was told, "The site of the blockage was a tailings disposal dump site, and there were possibly lots of tailings in the muddy water headed downstream."

The Emergency Management Department was then unable to obtain further information from 'the Canadians' regarding the volume or size of the surge and when it would cross the border into the United States.

Based on that, the Sheriff and Chief Deputy dispatched deputies to the scene of the river to begin immediate evacuation of any miners in the Similkameen between Nighthawk and Oroville.

As the miners are required to be at least 60 metres apart, it meant a search of the entire length of that stretch of the river.

By 3:00 PM Oroville Police Department became the incident staging command centre and an evacuation of anyone in the river between Nighthawk and Oroville was implemented.

"No persons living along the river were asked to leave or evacuated," says the Sheriff's Department.

"This action was taken as a precaution due to not knowing the degree of the surge, if any."

The evacuation was made possible with cooperation from Okanogan Sheriff deputies, Oroville Police, Tonasket Police and US Border Patrol.

Based on a lack of information OEMD contacted the National Weather Service in Spokane who in turn contacted the River Forecast Centre in Portland, Oregon to determine the size of the surge and estimated time of arrival at the US Border.

"The NWS was extremely helpful, and stated at the most, the surge would probably be only about a foot, and possibly not at all due to the attenuation of the flow along the river from Princeton." Department.

Based on this information OEMD

determined there was no immediate

danger and a surge of water that

would threaten life or property

"The only remaining threat was

the possible hazardous nature of the

materials in the flow coming from

"The Canadians were asked for

any report on water quality, but did

Within the hour the Oroville inci-

...... continued on Page 10

dent command structure and inci-

not provide any information."

would not be coming.

the landslide," they said.

The Oroville Fish Hatchery was advised to close their inputs from the Similkameen River "in case the materials coming down the river were contaminated."

It wasn't until late in the afternoon that the Regional District Okanagan-Similkameen released information on what they had identified as a landslide.

"Staff from the RDOS, the Town of Princeton and Ministry of Environment responded to reports of the water level in the Similkameen River dropping rapidly to ensure there was no public safety threat," says RDOS Board Chair Dan Ashton.

"It was discovered that a landslide had occurred in an isolated area approximately 14-kilometres south of Princeton."

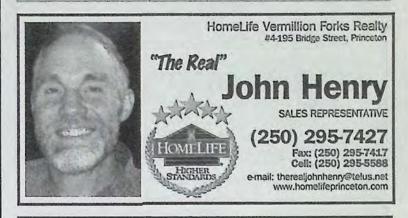
Ashton says the river dropped when the slide held back the regular water flow then eventually released it sending a higher volume of water downstream along with muddy water.

The RDOS advised at the time that while the Similkameen River remained muddy from the debris they recommended, "residents and recreational users along the river to take precautions if in the water."

At 5:30 PM OEMD were contacted by 'Canadian officials' that the surge was at Wolfe Creek, about 15 kilometres East of Princeton and that at "the present rate, muddy water only would arrive at the US border" based on a helicopter survey.

"Canadian personnel did not have any solid information on possible hazardous content of the flow, but stated they did not think there was any danger," says the Sheriff's

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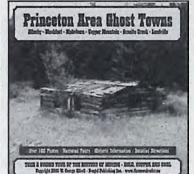


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dent command post were demobi-

By that evening, the silt cloud had travelled as far as a kilometre short of the Sterling Creek Bridge, about 25 kilometres East of Princeton.

Okanogan County Sheriff Frank Rogers indicated that officials from the Department of Ecology arrived in Oroville during the evening and were going to stay in the area to "monitor water quality to make sure there are not toxic materials in the water."

The following morning, August 3rd, the river had just about cleared up completely in the Princeton area.

"They're estimating 5 kilometres

per hour as far as the float time," Dennis Walker of Giant-FM said that morning.

Dr. Condren Berry officially opened his Vermilion Avenue Princeton Chiropractic Center office on July 31st. The News Leader's Brenda Engel was one of the first people to try out the equipment. *

"That's what some locals have told me today."

Alan Thom, interviewed by Walker agreed on air at the estimated speed and speculated on the arrival in Keremeos.

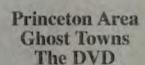
"It's about 70K from here to Princeton - 75K, something like that, and you figure the river winds back and forth so sometime later this morning or early this afternoon."

The cloud made it's way downstream reaching the Red Bridge near Keremeos at 1:00 PM.

By Saturday, August 4th, the

water at Bromley Rock had cleared up considerably although it still had a slight cloudy appearance.

The silt cloud spent most of the weekend in the Keremeos area moving slowly downstream.



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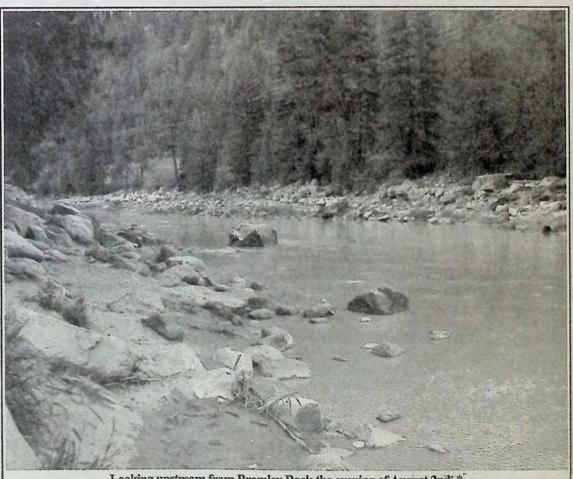
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WEST NILE VIRUS PROTECTION



Looking upstream from Bromley Rock the evening of August 2nd: *

weekly entertainment guide

TUESDAY, AUGUST 7, 2007 THROUGH MONDAY, AUGUST 13, 2007



Princeton horse trainer Marion Weisskopff with Tribuno at the Canadian National Andalusian Show and Fiesta July 26-29. The News Leader congratulates Marion on her latest achievement. Photo submitted

Local horse trainer wins event

In the world of horse trainers, many will tell you there is no one quite like Princeton's Marion Weisskopff.

Mention of her name to peers, clients and attendees of her many clinics often brings a single word to mind: phenomenal.

Weisskopff recently attended a national event in Chilliwack and provided the following to the News Leader.

This was the Canadian National Andalusian Show and Fiesta, held at the Chilliwack Heritage Park from July 26th to 29th.

We took our purebred Andalusian breeding stallion 'Tribuno' with us and also 'Taseko,' who is a half bred 4-year old son of Tribuno's out of a Thoroughbred mare.

Tribuno and I got first place in 'Doma Vaquera,' that class was created by the Spanish bullfighting cowboys and it's a cross between Reining and High School Dressage.

We also won 'Get of Sire' where the offspring of each stallion is judged. His son Taseko was one of them and there was also a 5-year old daughter of Tribuno's there.

Another class that our stallion won is 'Andalusian Western Pleasure - Open." Doing this well in these different kind of classes really shows the versatility of our stallion.

It was Taseko's (son of Tribuno) first horse show and he has only had about 2 months of riding experience under his belt.

He won a 'Best Movement Class'

and also became Reserve Canadian National Champion - English Pleasure Junior horse.

On the Saturday night there was a fiesta gala show with different performers.

My stallion and I did a liberty performance there, where the horse runs free and does all kinds of tricks without a lead rope attached. (The weekend before we performed with the Dancing Andalusian Stallions at a large fundraiser evening at the Summerland Rodeo Grounds and Tribuno and I performed a liberty show there and were the evening favourites).

At the Nationals at the fiesta gala show we were chosen to carry the Canadian flag to the opening ceremonies and the Canadian and American anthem.

My Bio as it was read to the audience during my liberty demo:

Please welcome Marion Weisskopff and her beautiful Andalusian stallion Tribuno.

A little bit of history on Marion: Marion grew up at her parents riding School in West Germany.

Her parents were open minded to different approaches of training horses and different riding styles.

Even though her Mother was a certified English riding instructor, she gave Marion the opportunity to learn from many other instructors in different fields of the Equine world.

By the time the family moved to Canada in 1984, Marion was already an accomplished horse person, having earned the German Bronze and Silver medal for riding and the Bronze medal for team driving.

Here in Canada, Marion never looked back and had a lot of different experiences with horses.

Her first Summer in Canada she got a job as a horse trainer and took the owners young stallion to the shows, winning a Canadian National Championship title.

Later Marion worked at a few ranches as a 'Cowpuncher' and also took a few different types of jobs, most of them including horses. She and her husband Don later ran a horse logging business for a couple of years.

After playing around with the fun stuff, Marion developed a horse training technique that worked well for her.

Having had a background in so many aspects of the horse world, like English Riding, Western Riding, Horse logging, Cow work, packing, guiding in the Chilcotin and presenting demonstration shows of riding horses without the aid of bridle or saddle, she combined a lot of what she had learned from the horses she had the privilege to work with and the people that she learned from, to develop her own technique.

For the past 7 years she went on the road conducting clinics and shares her technique with horse people from all over BC.

She keeps an open mind and keeps learning herself.

..... continued on Page 12

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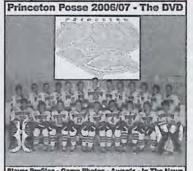
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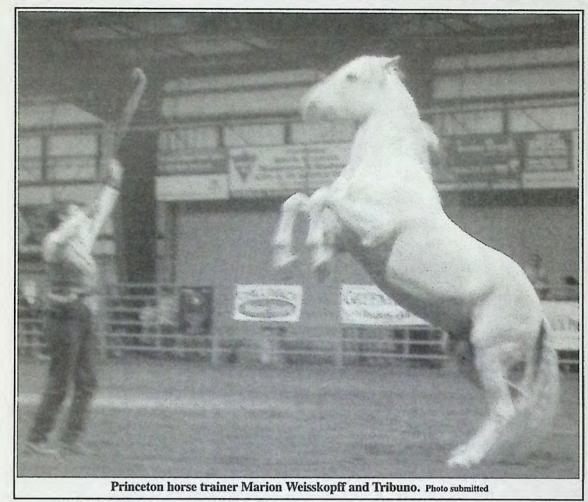
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CONGRATULATIONS Marion & Tribuno

ON YOUR SUCCESS AT THE CANADIAN NATIONAL ANDALUSIAN SHOW AND FIESTA

> FROM GEORGE & BRENDA Similkameen News Leader



..... continued from Page 11 Marion is a CHA Certified level 4 English Riding Instructor, a CHA Certified level 4 Western Riding Instructor and a CHA Certified Level 4 Wilderness Guide Instructor.

Eight years ago she also got her Parelli Level 3 Certification and you can see a natural approach to her horse training, no matter what type of riding or handling.

Marion and Don have a farm near Princeton where Marion trains horses, holds clinics and raises Spanish Andalusian horses.

Marion bought Tribuno in Southern California when he was only a year old from Barbara Curry who is one of the most respected breeders of PRE horses in the world.

Since Marion spends so much time training other people's horses, Tribuno usually gets put on the back burner and he really doesn't have much training on him. He is now 14 years old and probably has no more than 2 years of training on him over his lifetime.

Tribuno is a foundation type or Baroque type of Andalusian and he is very correct in conformation and type. But what really shines in this horse is his gentle and fun per-

sonality and sense of humor. More on the Andalusian

The Andalusian horse is one of the oldest pure breeds of horse in the world. Canadian Andalusians are a rarity. In 2003 there were approximately 350 registered in Canada. Though still a unique breed in the U.S., their population has risen to around 5,400. The total number of Andalusian (Lusitano) horses registered with IALHA in 2003 was 7,289 purebred, 2,898 partbred.

The Andalusian Horse originated on the Iberian Peninsula, in Spain, where 2,500 year old cave paintings portray this noble breed. Up to the 18th century the Andalusian horse was the beloved mount of Royalty and Captains. They were the "Royal Horses of Europe."

During the 18th century, European warfare caused the Andalusian breed to decline in numbers, close to extinction. In order to re-establish their breeding programs, exportation of an Andalusian became illegal without Royal consent. The penalty for exporting these treasured horses was death.

In Canada and the USA today, the Andalusian is ridden both English and Western. This versa-

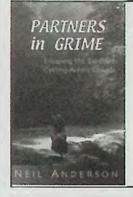
tile breed can be found throughout North America, competing in Dressage, Driving, Cutting, Cattle work, and Jumping. Their stunning presence and charisma makes them an asset to any show ring, exhibition or parade. The Andalusian, with its love of people, creates the ideal family horse.

Approximately 80% of the Andalusians are gray, 15% Bay, 5% black. The classic profile of the Andalusians slightly convex or straight head is an appealing feature, which balances well with their graceful, yet substantial bodies. Their thick and bountiful mane flows from an elegant, wellarched neck, (stallions crestier than mares). Andalusians' backs are moderate to short in length, the mare's backs tending to be longer than the stallions, (in order to comfortably carry their foals.)

Their powerful rear quarters are complemented by a long, flowing tail. The Andalusian has a natural balance, collection, impulsion, and agility - an all around athlete.

Andalusian Horses possess a proud but kind temperament. They are sensitive, and particularly intelligent, responsive and cooperative, learning quickly and easily when treated with respect.

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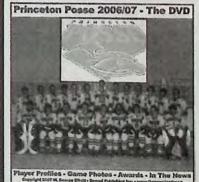


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3		Seinfeld Seinfeld	Room	Jack's Big Music Show	Arthur (EI) Fetch! With		Dr. Phil 📧	Dog	Rachael Ray 🕮	Young and the Restless	Young and the Restless	The second second	Team	Sports	Dr. Phil (g)	Builders (6)	Lloyd	(II)	Sen Crime	"Flashback"
_	:30 PM		Days of our	Dora	Cyber	Judge J.	Oprah	Dog	Millionaire	Oprah	News (N)	Frasier	Phantom	Interruptio	Daily Show	Daily Planet		Friends	CSI: Crime	FANatical
4	:30		Lives (N)	(4:37) Little	Zoboo	Judge J.	Winfrey [6]	Dog	Millionaire	Winfrey [Global	Mercer	Robot Boy	ATP Tennis:	marg Place Production	(E)	Proud	Hollywood	Sen	Inside Box
-	PM	Raymond	News (N)	George S.	BBC World	News (N)	News (N)	Dog	News (N)	News (N)	News (N)	Simpsons	OddParent	U.S. Open	News (N)	How-Made	Suite Life	Stargate	CSI: Crime	Seinfeld
5	:30		Œ	(5:32)	Business	NBC News	News	Dog	ABC News	Global	Œ	Arrested	SpongeBob	Series Rogers	Œ	Commence of the Commence of th	Montana	Atlantis	Sen	Seinfeld
	PM		Body	CG Kids	News-	News (N)	News (N)	Dog the	News (N)	News (N)	ET Canada	CBC News:	Being Ian	Masters -	News (N)	Futureweap	Zoey 101	Movie:	CSI: Crime	Married
6	:30		Caitlin	Heads Up	Lehrer	Raymond	Hollywood	Bounty Hunter	News (N)	Œ	Entertain	Vancouver	Prank Ptrl	Day 2.	Œ	ons @	Sadie	"Spartacus" (2004)	Sen	Frasier
	PM	Raymond	Ad Pers	Working	Nova 🔃	Jeopardy!	Friends	Angel	Entertain	Entertain	The Best	Coronatn	Nick		Corner Gas	Extreme	So Raven	Goran	Murder (N)	
7	:30	Raymond	Jeopardy!	Eden	(DVS)	Fortune	Scrubs	Angel	The Insider	ET Canada	Years (N)	Just-Gags	Malcolm	e (Live) 🖽	Hollywood	Machines (N)	Smart Guy	Visnjic. (#		Deal
-	PM	Bill Engvall	NCIS 🖭	Masterpiece	Wild!	America's	Power of 10	Angel	Laughs	Power of 10	THE MANUFACTOR AND PROPERTY OF THE	Mercer	Fresh Pr.		America's	Daily Planet	Suite Life	News (N)	CSI: NY 🕮	ET Canada
8	:30	Sex & City		4		Got Thlent (N) (E)	(N) (EI)	Angel	Laughs	(N) 🖫	(N) EE	22 Minutes	Yvon	Record	Got Talent (N) [t]	Œ	Life Derek	(8:35) Star!		FANatical
0	PM	Sex & City	Inside Box	Freedom	Wide Angle		Big Brother	Dog	Primetime:	Big Brother		Second City	Mystery	World	100	Futureweap	8 Rules	(9:06)	CSI: Crime Sen	Seinfeld
9	:30	Movie: "Tin	Singing	Classical	Œ	Singing	8 (N) Œ	Dog	Crime (N)	8 (N) (G)	8 (N) Œ		Ghost	Extreme Cagefightin	Cana. Idol	ons Œ	Sinbad	Jimmy Kimmel		Seinfeld
10	PM :30	Costner,	One Tree Hill @	Notes Landscape	Churchill	Law & Order: SVU	"Grace Period"	Dog the Bounty Hunter	i-Caught (N) 🔃	The Best Years (N)	News Hour Final (N)	National	Prank Ptrl Weird	g (Taped)	Law & Order: SVU	Extreme Machines	Popular (ff)	(10:06) Movie: "Spartacus"	Star Trek: Voyager [ff]	Married Frasier
44	PM	Rene Russo	News (N)	Reach-Top	Charlie	News (N)	News (N)	Angel	News (N)	News (N)	Entertain	(11:05) The	Bob	SportsCentr	News (N)	How-Made	8 Rules	(2004)	Deep Space	That News
11	:30	100	Room	Moving On	Rose (N) @	Tonight	Late Show	Angel	(11:35)	Œ	ET Canada	Hour @	15/Love	e (Live) [News (N)	How-Made	Life Derek	Goran Visnjic. [66]	,	The Nanny

WEDNESDAY, AUGUST 8, 2007

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
	AM I		News (N)	Elliot	Body Elec.	News (N)	News (N)	Crossing	(5:00) News		(4:30) News	CBC News:	Inspector	SportsCentr	News [#]	Daily Planet	Henrys		V.I.P. (cc)	Counterstri
	:30		Room	Jakers	Caillou (EI)	(E)		Jordan 🔃	Œ	(E)	(N) (E)	Morning (N)	Monster	e Œ	Canada AM	Œ	King (tt)	Ray (t)		ke "Cyborg"
	AM I	Movie: "Tin	Life Today	BluesClues	Barney		The Early	Crossing	Good		1	Arthur 🔃	Jane	SportsCentr	Œ	Raw Nature	K. Possible	CityLine @	VIP. Œ	Night Heat
7	:30	Cup" (1996) Kevin	100 Huntley	Dora	Arthur (EI)	Hamm and Olympics on	Show (N)	Jordan 🔃	Morning America (N)		1	Lunar Jim	Monsters	e Œ		"Raw Talk"	(7:24)			Œ
	_	Costner,	Street [6]	Hi-5	Curious	the Plaza;	CEL .	American	(II)		100 Huntley	Curious	George S.	SportsCentr		American	Weekend	Star Trek:	V.I.P. @	Due South
8	:30	Rene Russo.	Homes	Berenstain	Clifford	Ming Tsai.		Justice	_		Street @	Pinky	Beasts	e (#)		Hot Rod	Lilo Stitch	Voyager ["Pilot"
	AM	TREA.	Body	Magic Bus	Dragon		Discover	Cold Case	Regis and	100 Huntley	127.212.20	Poko	Flamingo	Record	Regis and	Daily Planet	Feet	News (N)	Disorderly	Coreys
9	:30	NewsRadio	Taste	Rolie Polie	Big World		Discover	Files 🚯	Kelly	Street 🖭	Vision	The Save-	LazyTown	Motoring	Kelly	Œ	Benj Bear	City	Con.	Inside Box
	10000	Harvey	The Price Is	Paddington	Sesame	Ellen	The Price Is	CSI: Miami		World	Design	Ums! [tt	Viva Pinata	ATP Tennis:	The View	Carrier:	Mickey	Movie: "The	GOOD STANDARDS TO THE	Deal-No
0	:30	Harvey	Right (N)	Pancakes	Street (EI)	DeGeneres Show	Right (N)	(E)	(CE)	Vision	House	Doodlebop	Ruby	U.S. Open Series	Œ	Arsenal of Sea	Handy	Secret Life of Algernon"	Con.	Deal
	AM	Strokes	Seinfeld	CG Kids	Bob Build	Dr. Keith	Young and	24 🖭	Paid Prog.	Judge J.	News (N)	The Gill	Jacob	Rogers	Balance	Deep Inside	Higglytown	(1997)	Star Trek:	The Nanny
11	:30	Strokes	Thane	Scattering	Sit-Be Fit	Ablow [5]	the Restless		Paid Prog.	House	Œ	Deacon Show	Mischief	Masters Day 3. From	MTV c2	the Titanic	(11:25) King		Next Gener.	Frasier
	PM	Still Stnd	News (N)	Reach-Top	Charlie	Paid Prog.	News (N)	Crossing	All My	News (N)	Days of our	CBC News	Pokémon	Montreal.	Degrassi	Titanic-	(11:49)	CityLine @		Seinfeld
12	:30	Still Stnd	Œ	Edge	Rose (ff	Paid Prog.	Bold & B.	Jordan (tt	(N) EE	(EC)	Lives (N)	CBC News	Flamingo	(Live)	Bold & B.	Birth	Weekend		Next Gener.	Seinfeld
	COLUMN TO SERVICE	Yes, Dear	Diva Dime	Planet	Art Work	Days of our	As the	Crossing	One Life to	As the	As the	Fashion	George S.		Twice in a	Extreme	Dragon	Speakers	Star Trek:	Beverly
1	:30	Yes, Dear	Homes	Safe Pass	Sewing	Lives (N)	World Turns (N)	Jordan @	Live (N)	World Turns (N)	World Turns (N)	Dinner	Beasts		Lifetime @	Machines	Emperor	Star! Daily	Voyager [tt]	Hills, 90210
	PM	King	Guiding	Gaslight	Reading	all the winds about it will be	Guiding	American	General	Passions (N)	Passions (N)		Viva Pinata	Lumberjks	General	Futureweap	Lilo Stitch	Ellen	Star Trek:	Extreme-
2	:30	King	Light (N)	Moving On	Lions	E	Light (N)	Justice	Hospital (N)	Œ	Œ	Deacon Show	Jacob	Interruptio	Hospital (N)	ons	Proud	DeGeneres Show	Voyager [#]	Home
	PM	Seinfeld	Room	Jack's Big	Arthur (EI)	Judge	Dr. Phil (t)	Cold Case	Rachael	Young and	Young and	Food	Mystery	Record	Dr. Phil 🔃	How-Made	Weekend	News (N)	CSI: Crime	
3	:30	Seinfeld	Design	Music Show	Fetch! With	Judge		Files @	Ray [tt	the Restless	the Restless	Miracles	Team	Sports		How-Made	Lloyd	Œ	Sen	"Pilot"
	PM	Raymond	Days of our	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Millionaire	Oprah	News (N)	Frasier	Phantom	Interruptio	Daily Show	Daily Planet	Barbarian	Friends	CSI: Crime	Coreys
4	:30	Raymond	Lives (N)	(4:37) Little	Zoboo	Judge J.	Winfrey (Œ	Millionaire	Winfrey (Global	Just-Gags	Robot Boy	ATP Tennis:	Colbert	Œ	Proud	Hollywood	Sen	Coreys
-		Family Guy		George S.	BBC World	News (N)	News (N)	CSI: Miami	News (N)	News (N)	News (N)	Simpsons	OddParent	U.S. Open Series	News (N)	Movie:	Suite Life	Spoiled	CSI: Crime	Seinfeld
5	:30	Family Guy	Œ	(5:32)	Business	NBC News	News	"Addiction"	ABC News	Global	Œ	Arrested	SpongeBob	Rogers	Œ	"Superstorm" (2007)	Montana	Rich Kids	Sen	Seinfeld
-	PM	Payne	Body	Mechanics	News-	News (N)	News (N)	CSI: Miami	News (N)	News (N)	ET Canada	CBC News:	Being Ian	Masters – Day 3.	News (N)	Nicola	Zoey 101	Movie:		Married
6	:30	Payne	Caitlin	Creatures	Lehrer	Raymond	Hollywood	"Shootout"	News (N)	Œ	Entertain	Vancouver	Weird		Œ	Stephenson.	Sadie	"Cruel Intentions"	Sen	Frasier
-	PM	Raymond	Ad Pers	Meerkat	Panama	Jeopardy!	Friends	The	Entertain	Entertain	Crossing	Coronatn	Nick	3923031939459555	Corner Gas	Control the	So Raven	(1999,	The Kill	Deal-No
7	:30	Raymond	Jeopardy!	Wild	Canal	Fortune	Scrubs	Sopranos	The Insider	ET Canada	Jordan @	Just-Gags	Malcolm	e (Live) @	Hollywood	Weather?	Smart Guy	Drama) [E	Point	Deal
0	- TO SEC. 19	My Boys	War	Oh Baby!	Adventure	Outrageous		Dog	Jim	Power of 10	\$1000 CHO \$1000 CHO \$1000	Dragon's	Fresh Pr.		You Can	Daily Planet	Suite Life	News (N)	Murder	ET Canada
8	:30	Friends	War	"To Relate"	Lodges	Moments	(N) (E)	Dog	Knights	(N) (E	(N) (E	Den @	Yvon	Record	Dance	Œ	Life Derek	(8:35) Star!		Coreys
-	PM	Friends	Last Comic	Scientists	Adventure	Last Comic	Criminal	CSI: Miami	Jim	1 vs. 100	1 vs. 100 🕮	fifth estate	Mystery	Boxing:	Criminal	MythBuster	8 Rules	(9:06)	CSI: Crime	Seinfeld
9	.00	Movie:	Standing	Past	Lodges	Standing	Minds [6]	"Addiction"	Knights	(N) (E			Ghost	Wednesday Night Fights.	Minds (E)	s Œ	Sinbad	Jimmy Kimmel	Sen	Seinfeld
10	PM	"Trapped" (2002) (PA)	Dateline	Landed:	Churchill	Dateline	CSI: NY [6]	CSI: Miami		Crossing	News Hour	National	Prank Ptrl	The state of the s	CSI: NY 🖭		Popular	(10:06)	Star Trek:	Married
10	:30	Charlize	NBC 🖽	Lives in Can	圃	NBC @		"Shootout"	(N) (EI)	Jordan (ff	Final (N)		Weird			"Superstorm" (2007)	"Queen B."	Movie: "Screwed"	Voyager 🕮	Frasier
4.4	PM	Theron.	News (N)	Scattering	Charlie Poss (N) 78	News (N)	News (N)	The	News (N)	News (N)	Entertain	(11:05) The	Bob	SportsCentr	News (N)	Nicola	8 Rules	(2000) Norm	Deep Space	That News
17	:30	"Turbu	Room	Dotto Tech	Rose (N)	Tonight	Late Show	Sopranos	(11:35)	Œ	ET Canada	Hour [#]	15/Love	e (Live) [News (N)	Stephenson.	Life Derek	Macdonald.	9	The Nanny

Horoscopes

August 8 - 15, 2007

Aries - Keep your temper this week. You may want to say angry words, but bite your tongue. Say what you want to say in a reasonable manner. Drive carefully. Take short trips.

Taurus - Home and family are a major interest now, but the action occurs in regard to what you own and how much money you have. You want to spend on home improvement. Go ahead.

Gemini - You will feel the effects of increased energy and more confidence this week. You will show it in the way you speak. Others may not notice, but you know how you feel.

Cancer - You may begin to do a slow boil about the way your plans and hopes aren't working out. Cool it, you can ruin your health. What you own and earn is an area of concern now.

Leo - Things go very well this week. Now is a good time to improve your appearance. You are starting to lose the feeling of being old. Do some serious planning for the future.

Virgo - There is a whole lot of good stuff going around in your mind but you're not ready to tell the world yet. Romance seems hard to get, and your career seems to be a hotbed of problems.

Libra - Your plans change radically, and you say good-bye to a group you used to associate with. This is a final farewell in a subtle way. New doors are opening while others close.

Scorpio - Career matters run smoothly but may seem boring. A big change is taking place in your career. Be alert to subtleties. Take care of investments, debts, insurances. Plan ahead now.

Sagittarius - You may feel older, more tired and a little discouraged now. This is due to subtle changes in spirit, and it is permanent but beneficial. Focus on career future, plan.

Capricorn - Creative juices are flowing. You want to do many things to make your world a nicer place. Go for it! Action centers around assets you share with lover, children, youth.

Aquarius - This is a really good time for you. Friends and family create a lot of action in your life. A subtle change has taken place in your plans. Stay aware. You move ahead.

Pisces - Focus is on home, family, and possibly family troubles. Don't let this action upset you. What is called for is a lot of determined effort to improve the situation. Health is good now.

Regular Meetings

Otter Valley Fish & Game Club regular neetings 3rd Saturday of month, noon, at

Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up Princeton Writers Group meets every

second and fourth Thursday 7pm at Riverside Wellness Centre

 Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
 PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom

Hedley Library open 2-7pm Thursdays Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673 Princeton Rifle and Revolver Club

neets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.

Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.

Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm Legion Branch 56 meets 3rd Sunday of

month 1:00 p.m. Legion Hall
Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena

Southern Cruisers Similkameen Chapter #53 meets for rides every

Thursday night.
• Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.

• Princeton GSAR meets first 3 Tuesday of

the month, 7:00 PM in GSAR Hall, Rocklin Avenue Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the

Chamber of Commerce meeting room.

Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on

Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie

U'th Group 7 PM, 1st and 3rd Tuesdays,

Living Water Church.
U'th Social Night 7 PM, 2nd and 4th
Fridays, Living Water Church Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym

thursday movies

MORNING

7:00 am WTBS 3

*%"Turbulence" (1997, Suspense)
(PA) Ray Llotta. A scuffle aboard a
747 bound for New York frees a murderer-in-transit, kills the pilot and
puts a stewardess at the helm. ©
10:00 am CITY 29 *%"Dinner at
Fred's" (1997, Comedy) Gil Bellows.
A stranded motorist is forced to
spend Christmas with a family of
bizarre characters who think they are

bizarre characters who think they are cursed.

AFTERNOON

12:00 pm DISC 24 "Superstorm" (2007, Suspense) Nicola Stephenson. A team of scientists tries to control the weather. 65

EVENING

7:00 pm WTBS 3 "American Pie Presents: Band Camp" (2005, Comedy) Tad Hilgenbrinck. A lewd

teen causes mischief when he must attend a camp for musicians.
8:00 pm CHBC 4 **%"You've Got Mail" (1998, Romance-Comedy) Tom Hanks. Professional rivalry threatens to thwart romance when approximates a mail pals meet

when anonymous e-mail pals meet each other.

9:10 pm WTBS 3 ** "Harold & Kumar Go to White Castle" (2004, Comedy) John Cho. After smoking marijuana, two roommates scour

marijuana, two roommates scour New Jersey to satisfy their hunger for hamburgers.

10:06 pm CITY 29 ** "The Legend of Drunken Master" (1994, Action) Jackie Chan. Smugglers target two men as thieves when a box of ginseng gets switched with a box containing an imperial jade seal.

10:55 pm WTBS 3 "American Ple Presents: Band Camp" (2005, Comedy) Tad Hilgenbrinck. A lewd teen causes mischief when he must attend a camp for musicians.

a camp for musicians. [6]

Princeton Area Ghost Towns - The DVD



INCLUDES GST

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Explore The History Of Mining - Gold, Copper and Coal

friday movies

7:00 am WTBS ③ ★ * "Man of the House" (1995, Comedy) (PA) Chevy Chase. A district attorney tries to win over the bratty son of his future wife.

9:00 am CBC [3] "Rolle Polle Olle: The Great Defender of Fun" (2002, Adventure) Voice of James Woods. Animated. Rolle and friends rally against a space pirate who wants to steal the element of fun from the

whole galaxy. (6)
10:00 am CITY (29) :00 am CITY 29 **%"XChange" (2000, Science Fiction) Stephen Baldwin. In a future where people travel by exchanging bodies, an executive's corporeal form is stolen by an assassin. (E) (DVS)

AFTERNOON

5:00 pm CITY ② ** * "The School of Rock" (2003, Comedy) Jack Black. Fired from his group and desperate for money, a guitarist poses as a teacher for students who play in a school band. (In Stereo)

EVENING

6:00 pm SPIKE 449

***"Heartbreak Ridge" (1986, War) Clint Eastwood. A veteran Marine sergeant keeps in touch with his ex-wife while beating a platoon into shape for Grenada.

7:30 pm WTBS 3 **"Pay It

Forward" (2000, Drama) Kevin

Forward" (2000, Drama) Kevin Spacey. In response to a challenge by his teacher, an 11-year-old proposes an idea for individual deeds to change the world. EFAM 26 ** ** "3 Ninjas Kick Back" (1994, Comedy) Sean Fox. Premiere. Young martial artists face their grandfather's foes when they accompany him to Japan to deliver a priceless dagger. (In Stereo)

8:00 pm KNOW 5 ** "Echoes" (1983, Suspense) (Part 2 of 2) Richard Alfieri. A man finds his sanity, and his life, endangered when a psychic claims his brother from a past life is out to kill him. EF

9:03 pm FAM 26 "Life Is Ruff" (2005, Comedy) Kyle Massey. A teenage slacker adopts a stray as part of a plan to win a large cash prize at an upper stray and stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large cash prize at an upper stray and the stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large stray as part of a plan to win a large cash prize at an upper stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as part of a plan to win a large stray as a

slacker adopts a stray as part of a plan to win a large cash prize at an upcoming dog show.

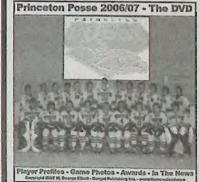
10:00 pm WTBS 3 ** "Angel Eyes" (2001, Drama) (PA) Jennifer Lopez. A Chicago policewoman with memories of child abuse meets a man who saw his family die in a car accident. (E)

10:06 pm CITY 29"The Sex Spa" (2003, Adult) Chloe. A detective and her partner find passion and murder

at a health resort.

10:30 pm FAM 26 * *"The Even
Stevens Movie" (2003, Comedy) Shia
LaBeouf. Members of a family unwittingly appear on a reality-television show after the producer sends them to an island for a vacation.

Princeton Posse 2006/07 - The DVD



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Blueberry Crisp

Put a healthy twist on summer

(NC)—Summer is the sweetest time to bake fruit crisps. Hellmann's (www.hellmanns.ca) offers us this recipe for a moist blueberry base with a crisp top. Fruit crisps are a wonderful way to highlight any fruit that's in season, so if blueberries aren't around feel free to choose another delicious local fruit.

Similkameen News Leader

Recipe Corner (Recipe #179)

Brought To You By: Similkameen News Leader

Blueberry Crisp

- 3 cups fresh or frozen blueberries (750 mL)
- 2/3 cup all-purpose flour (150 mL)
- 2/3 cup firmly packed light brown sugar (150 mL)
- 1/2 cup quick cooking oats (125 mL)
- 1/2 tsp ground cinnamon (2 mL)
- 1/2 cup Hellmann's Real Mayonnaise (125 mL)

Preheat oven to 375° F (190° C). In shallow 8 x 8-inch (20 cm) baking dish, arrange blueberries; set aside. In medium bowl, combine flour, brown sugar, oats and cinnamon. Stir in Hellmann's Real Mayonnaise. Using fingers, gently squeeze dough to form crumbs. Evenly sprinkle crumbs over blueberries. Bake 30 minutes or until topping is golden. Makes 8 servings.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

THURSDAY, AUGUST 9, 2007

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY 10	BCTV	CITV	CBC (3)	YTV (B)	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
6	:30	Dawson's Creek (33)	News (N) Room	Elliot Jakers	Body Elec. Caillou (El)	News (N)	News (N)	Crossing Jordan (#)	(5:00) News	News (N)	(430) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentr e 🖽	News @ Canada AM	Daily Planet	Henrys King [ff]	Rachael Ray 🖫	V.I.P. [6]	Counterstri ke "D.O.A."
7	AM :30	"Turbulence	Life Today 100 Huntley	BluesClues Dora	Barney Arthur (EI)	Today America the Beautiful;	The Early Show (N)	Crossing Jordan [@]	Good Morning			Arthur 30	Jane Monsters	SportsCentr	(E)	Rounding Up Buffalo	K. Possible (7:24)	CityLine [65]	V.J.P. [@]	Night Heat "Limo" [tf]
8	AM :30	(PA) Ray	Street [6]	Hi-5 Berenstain	Curious	Spanning the World; grilling;	100	American Justice	America (N)		100 Huntley Street @	Curious	George S. Beasts	ATP Tennis: U.S. Open Series		(N) Extreme Machines	Weekend Lilo Stitch	Star Trek: Voyager [6]	V.I.P. (R)	Due South "Pilot"
9	AM :30	MLB Baseball: Atlanta	Body Taste	Magic Bus Rolle Polie	Dragon Big World	wallpaper. (N)	Discover Discover	Cold Case Files [6]	Regis and Kelly	100 Huntley Street [#]	World Vision [6]	Poko The Save-	Flamingo LazyTown	Rogers Masters	Regis and Kelly	Daily Planet	Feet Benj Bear	News (N)	Disorderly Con.	What Inside Box
10	AM :30	Braves at	The Price Is Right (N)	Paddington Pancakes	Sesame Street (EI)	Ellen DeGeneres	The Price Is Right (N)	CSI: Miami "Cop Killer"	The View	World Vision	Design House	Ums! [£]	Viva Pinata Ruby	Day 4. From Montreal.	The View	Raw Nature "Raw Talk"	Mickey Sprites	Movie: "Dinner at	Disorderly Con.	Deal-No Deal
11	AM :30	(Subject to	Seinfeld Seinfeld	CG Kids Scattering	Thomas Sit Be Fit	Show Dr. Keith Ablow (N)	Young and the Restless	24 Œ	Paid Prog.	Judge J. House	News (N)	The Gill Deacon Show	Jacob Mischief	Golf: PGA Championshi p First	Balance MTV e2	Dino Lab	Higglytown (11:25) King	Fred's" (1997) Gil Bellows.	Star Trek: Next Gener.	The Nanny Frasier
12	PM :30	Still Stnd	News (N)	Saint Soldier	Charlie Rose [tt]	Paid Prog.	News (N) Bold & B.	Crossing Jordan [ff]	All My Children (N) 🖾	News (N)	Days of our Lives (N)		Pokémon Flamingo	Round. From Southern	Degrassi Bold & B.	Movie: "Superstorm " (2007)	(11:49) Weekend	CityLine [6]	Star Trek: Next Gener.	Seinfeld Seinfeld
1	PM :30		Diva Dime Homes	Classical Notes	Painting Needle Art	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (E)		As the World Turns (N)	As the World Turns (N)	Fashion What's-	George S. Brady's	Hills Country Club in	Twice in a Lifetime (tt)	Nicola Stephenson.	Dragon Emperor	In Fashion Star! Daily	Star Trek: Voyager [6]	Beverly Hills, 90210
2	PM :30		Guiding Light (N)	Gaslight Dotto Tech	Reading Lions	Passions (N) [配]	Guiding Light (N)	American Justice	General Hospital (N)	Passions (N)		The Gill Deacon Show	Viva Pinata Jacob	Tulsa, Okla. (Live) 🖭	General Hospital (N)	Control the Weather?	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager 🔃	Extreme- Home
3	PM :30	Seinfeld Seinfeld	Room Design	Jack's Big Music Show	Arthur (El) Fetch! With		Dr. Phil 🔃	Cold Case Files [E]	Rachael Ray @	Young and the Restless	Young and the Restless	Food Miracles	Mystery Team		Dr. Phil @	How-Made How-Made	Weekend Lloyd	News (N)	CSI: Crime Scn	Due South "Pilot" [E]
4	PM :30		Days of our Lives (N)	Dora (4:37) Little	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey @	CSI: Miami "Cop Killer"	Millionaire Millionaire	Oprah Winfrey [6]	News (N) Global	Frasier 22 Minutes	Phantom Robot Boy	CFL	Daily Show Colbert	Daily Planet	Barbarian Proud	Friends Hollywood	CSI: Crime Scn	What Inside Box
5	PM :30		News (N)	George S. (5:32)	BBC World Business	News (N) NBC News	News (N)	CSI: Miami	News (N) ABC News	News (N) Global	News (N)	Simpsons Arrested	OddParent SpongeBob	Football: Calgary Stampeders	News (N)	MythBuster s [ff]	Suite Life Montana	Ugly Betty	CSI: Crime Scn	Seinfeld Seinfeld
6	PM :30		Body Caitlin	(6:10) Spellz Reach-Top	News- Lehrer	News (N) Raymond	News (N) Hollywood	The First 48	News (N)	News (N)	ET Canada Entertain	CBC News: Vancouver	Being Ian Erky Perky	at Montreal Alouettes. (Live) @	News (N)	Guinea Pig Machines	Zoey 101 Sadie	Supernatur al "Heart"	TNA iMPACT! (N) [f]	Married Frasier
7	PM :30	"American	Ad Pers Jeopardy!	Profiles of Nature	Panama Canal	Jeopardy! Fortune	Friends Scrubs	Kansas City SWAT (N)	STATE OF THE PARTY.	Entertain ET Canada	The Office Name Earl	Coronatn Just-Gags	Nick Malcolm	ATP Tennis:	Corner Gas Hollywood	Mayday "Out of Sight"	So Raven Smart Guy	(7:01) Men in Trees 😥	UFC Unleashed	Deal-No Deal
8	PM :30	Band Camp"	Movie: "You've Got Mail" (1998)	My Father, My Teacher		Name Earl 30 Rock	Big Brother 8 @	Detroit SWAT (E)	Ugly Betty	Big Brother 8 @	Big Brother 8 @	René Lévesque (Part 3 of 3)	Fresh Pr. Yvon	U.S. Open Series Rogers	CSI: Crime Sen	Daily Planet	Suite Life Life Derek	News (N) (8:35) Star!	UFC Unleashed	ET Canada What
9	PM :30	Movie:	Tom Hanks, Meg Ryan.	Shakespear e	Globe Trekker "Ireland"	The Office (9:31)	CSI: Crime Scn	CSI: Miami	Grey's Anatomy	The Office Name Earl	Shark 🔃	(DVS)	Mystery Ghost	Masters Day 4.	CSI: Crime Sen	Guinea Pig Machines	8 Rules Sinbad	(9:06) Jimmy Kimmel	Sports Sports	Seinfeld Seinfeld
10	PM :30	Kumar Go to White	What	Wild Past	Soundstage [E]	(10:01) ER	Without a Trace [ff]	The First 48	(10:01) Men in Trees [tt]	Shark @	News Hour Final (N)	National	Prank Ptrl Weird	World Combat League	Criminal Minds @	Mayday "Out of Sight"	Popular @	(10:06) Movie: "The Legend of	Dudesons Game	Married Frasier
11	PM :30	"Band Camp"	News (N) Room	Winning (3)	Charlie Rose (N) 🔃	News (N) Tonight	News (N) Late Show	Knnsas City SWAT [4]	News (N) (11:35)	News (N)	Entertain ET Canada	(11:05) The Hour @	Bob 15/Love	SportsCentr e (Live) [ff]	News (N)	MythBuster s 🖭	8 Rules Life Derek	Drunken Master" (1994)	UFC Unleashed	That News The Nanny

FRIDAY AUGUST 10, 2007

	WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
6 AN	Dawson's Creek @	News (N) Room	Elliot Jakers	Body Elec. Caillou (El)	News (N)	News (N)	Jordan @	(5:00) News	News (N)	(4:30) News (N) [6]	CBC News: Morning (N)	Gadget Monster	SportsCentr e [#]	Canada AM	Daily Planet	Henrys King @	Rachael Ray @	V.I.P. "Quick and Dead"	Counterstr ke @
7 AN	Movie: "Man of the House"		BluesClues Dora	Barney Arthur (El)		The Early Show Big &	Crossing Jordan 🔃	Good . Morning			Arthur @ Lunar Jim	Jane Monsters	SportsCentr	Œ	Champions Champions	W.S. CHANG	CityLine @	V.I.P. "Vallery's	Night Heat
	(1995) Chevy	Street [6]	Hi-5 Berenstain	Curious	teacher makeovers. (N) [E]	Rich. (N) 🖭	Amer. Justice	America (N)		100 Huntley Street 🔃	Curious	George S. Beasts	ATP Tennis: U.S. Open		MythBuster s @	Weekend Lilo Stitch	Star Trek: Voyager @	VIP. (E)	Due South "Free Willy
	A NewsRadio	Body	Magic Bus Rolie Polie	Dragon Big World		Discover	Cold Case Files @	Regis and Kelly	100 Huntley Street [#]	World Vision @	"Rolie Polie Olie-Fun"	Flamingo LazyTown	Series Rogers Masters	Kelly	Daily Planet		News (N)	Disorderly Con.	Big Screen Inside Box
In An	A Harvey	The Price Is Right (N)	Paddington Paneakes	Sesame	Ellen DeGeneres	The Price Is Right (N)	CSI: Miami "Identity"	The View	World Vision	Design	Dardish as	Viva Pinata	Quarterfinals . (Live)	The View	Canada's Worst	Mickey JoJo	Movie: "XChange"	Disorderly Con.	Deal-No Deal
AN AN	A Strokes	Seinfeld	Rivers		Show Dr. Keith Ablow 🖭	Young and the Restless	24 🖭	Paid Prog.	Judge J.	House News (N)	The Gill Deacon	Jacob	Golf: PGA Championshi			Higglytown		Disorderly Con.	The Nanny
(2)	A Still Stnd	Seinfeld News (N)	Scattering Canada- History	Sit-Be Fit Charlie Rose [E]	Paid Prog.	News (N)	Crossing	Paid Prog. All My Children	News (N)	Days of our	Show CBC News	Mischief Cybertron	p Second Round.		Machines MythBuster	MARIANE II	(12:15) CityLine (ff)	Disorderly	Frasier Seinfeld
12 :30 PM	Still Stnd Yes, Dear	Diva Dime	Router	Painting	Paid Prog. Days of our	Bold & B. As the	Jordan (E) Crossing	(N) EE		Lives (N) As the	CBC News Fashion	Flamingo George S.	From Southern Hills	Bold & B. Twice in a	s & MythBuster	Weekend Dragon	At Movies	Disorderly	Seinfeld Beverly
7 :3		Homes Guiding	SportFish Gaslight	Scrapbook Reading	Lives (N) Passions (N)	World Turns (N) Guiding	Jordan @ Amer.	Live (N) General	World Turns (N) Passions (N)	World Turns (N) Passions (N)	Dinner The Gill	Brady's Viva Pinata	Country Club in Tulsa, Okla.	Lifetime (#)	s @ Mayday	Emperor Lilo Stitch	Take Care Ellen	Con. Star Trek:	Hills, 9021
2 :3		Light (N)	Sustain Hí-5	Lions Arthur (El)	(E)	Light (N) C Dr. Phil C	Justice Cold Case	Hospital (N)		Young and	Deacon Show Food	Jacob Mystery	(Live) @	Hospital (N)	Sight"	Proud Weekend	DeGeneres Show News (N)	Voyager @ CSI: Crime	
3 :3	0 Seinfeld	Design		Fetch! With	Judge		Files @	Ray Œ	the Restless	the Restless	Miracles	Team			How-Made	Lloyd	Œ	Sen	"Free Willy
	MLB	Days of our Lives (N)	Dora (4:37) Little		Judge J. Judge J.	Oprah Winfrey 🕮	CSI: Miami "Identity"	Millionaire Millionaire	Oprah Winfrey @	News (N) Global	Frasier Air Farce	(4:05) Robot Xiaolin	CFL Football:	Daily Show Colbert	Daily Planet	Barbarian Proud	Friends Hollywood	CSI: Crime Scn	Big Screen Inside Box
	O Braves at	News (N)	George S. (5:32)	BBC World Business	News (N) NBC News	NFL Preseason Football:	CSI: Miami	News (N) ABC News	News (N) Global	News (N)	Simpsons Arrested	El Tigre Avatar	Saskatchewa n		Hazard Pay	Suite Life Montana	Movie: "The School of Rock"	CSI: Crime Sen	Seinfeld Seinfeld
6 PI	Philadelphia Phillies. 0 (Subject to	Body Caitlin	Lilly (N) Science	News- Lehrer	News (N) Raymond		CSI: Miami	News (N)	News (N)	ET Canada Entertain	CBC News: Vancouver	AmiYumi Team	Roughriders at Toronto Argonauts	THE RESERVE AND ADDRESS OF THE PARTY OF THE	Best Evidence (N)	Zoey 101 Life Derek	(2003) Jack Black.	Movie: "Heartbreak Ridge"	Married Frasier
7 PI	Blackout) Movie: "Pay	Ad Pers Jeopardy!	Life of Mammals	Seasoned McLaughlin	Jeopardy! Fortune	Saints. (Live) @	Intervention "Coley" (N)	Entertain The Insider	Entertain ET Canada	Crossing Jordan 🖭	Coronatn Just-Gags	Mar @	(Live) @	Corner Gas Hollywood	A Haunting	School Movie: "3	Speakers Behind	(1986, War) Clint	Deal-No Deal
O PI		Zoe Busiek: Wild Card	Movie: "Echoes"	Wash Wk	1 vs. 100 @	Hollywood	Intervention "Jacob"	Set for Life (N) [E]	Crossing Jordan (#)	NUMB3RS. (N) (E)	Air Farce	Naruto Naruto	Football: Winnipeg Blue		Daily Planet	Mining Viet	News (N) Party	Eastwood, Marsha Mason.	ET Canada Big Screen
	M Kevin Spacey. [组]	Psych [@]	(1983) Richard Alfieri. [E]	Bill Moyers Journal (N)		Discover Friends	CSI: Miami	George Lopez (6)	Las Vegas	Las Vegas	Intelligence (B) (DVS)	Inuyasha Gundam	Bombers at BC Lions. (Subject to	To Be Announced	A Haunting	(9:03) Movie:	(9:06) Jimmy	MXC MXC	Seinfeld Seinfeld
10 PI	Movie:	20/20 (N)	The Last Detective	Engelbert- Total	Law Order: CI		CSI: Miami	20/20 (N)	NUMB3RS	News Hour Final (N)	National	Alchemist	Blackout)	Law Order: CI	Guinea Pig Machines	"Life Is Ruff" (2005, Movie: "The	Kimmel (10:06) Movie: "The	Game Wild World	Married
	Eyes" (2001 M (PA) Jennifer	News (N)	History History	Austin City	News (N)	News (N)	Intervention "Coley"	News (N)	News (N)	(11:03) ECW (#)	(11:05) The Hour (£)	Eureka 7 Gundam	Rogers Masters	A CONTRACTOR OF THE PARTY OF TH	Best Evidence	Even Stevens Movie"	Sex Spa" (2003, Adult)	VIP, "Quick and	That News The Nanny

Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

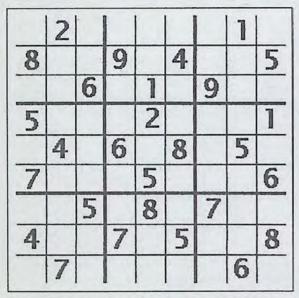
HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #11 - Rated Easy

	2	5						
		8			5			3
				2	9		5	7
	6	1	3		2			
		2		8		5		
			7		1	3	8	
4	8		2	7				
5			4			9	7-1	
						4	7	

CHALLENGE #12 - Rated Hard



THIS WEEK'S SOLUTIONS: Page 20

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* average figure according to AWState

saturday movies

MORNING

7:10 am WTBS ③ ★*"Duets" (2000, Comedy-Drama) Gwyneth Paltrow. A Las Vegas chorus girl, a

Paltrow. A Las Vegas chorus girl, a hustler and an escaped convict head for a karaoke championship in Omaha, Neb. (E)
9:25 am WTBS (3) ** * "Father of the Bride Part II" (1995, Comedy) Steve Martin. A worrisome family patriarch is driven to further distraction by the simultaneous pregnancies of his wife and daughter. (E)
11:30 am WTBS (3)

* * * "Heartbreakers" (2001

WTBS

"Heartbreakers" (2001,
Comedy) Sigourney Weaver. Mother
and daughter con-artists try to swindle a cigarette tycoon, but things go
wrong when one falls in love.

SPIKE ### ### ### ### ### #### ####

(1985, Crime Drama) Harrison Ford.

A hunted Philadelphia detective
moves in with an Amish widow and moves in with an Amish widow and her murder-witness son.

AFTERNOON

12:00 pm FAM ② ★★"The Cheetah Girls" (2003, Comedy-Drama) Raven. Four diverse New York

Haven. Four diverse New York teenagers hope their music group will hit the big time.

1:33 pm FAM ② ★★"The Lizzle McGuire Movie" (2003, Comedy) Hilary Duff. After graduating from junior high school, a teenager travels to Pome and meets a non-singer.

to Rome and meets a pop singer.

2:00 pm SPIKE 44 ***"Clear
and Present Danger" (1994,

Princeton Posse 2006/07 The DVD

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Suspense) Harrison Ford. An acting CIA chief learns the president has triggered a war with Colombian drug

triggered a war with Colombian drug cartels.

3:00 pm WTBS ③ ***"Charlie's Angels" (2000, Action) (PA) Cameron Diaz. Three private detectives try to rescue a kidnapped computer pro whose voice-ID software would threaten global security. ②
4:00 pm YTV [8] **"The Powerpuff Girls Movie" (2002, Comedy) Voices of Catherine Cavadini. Animated. Three little girls with superpowers battle an evil monkey and its army of chemically enhanced primates. (In Stereo) ②
5:00 pm WTBS ③ **"Miss Congeniality" (2000, Comedy) (PA) Sandra Bullock. An image consultant transforms a tomboyish FBI agent into a beauty queen so she can work under cover. ② (DVS)
SPIKE ④ ***"Patriot Games" (1992, Suspense) Harrison Ford. An IRA terrorist vows revenge against the ex-CIA agent who killed his

IRA terrorist vows revenge against the ex-CIA agent who killed his brother and thwarted their attack on rovalty.

EVENING

6:00 pm CITY 29 "Ties That Bind" (2006, Suspense) Nicole de Boer. A young couple jeopardize their marriage when they rent their guesthouse to a seductive woman.

(DVS)
7:00 pm YTV [8] *"Dungeons & Dragons" (2000, Fantasy) Jeremy Irons. Evil Mage Profion seeks Empress Savina's magic scepter in his quest to overtake the kingdom of

his quest to overtake the kingdom of Izmer for his group of magic users. (In Stereo) (In S

detectives work under cover to

retrieve two rings that contain cryptic information. (In Stereo) [2]
VTV[2]"Selling Innocence" (2005, Drama) Mimi Rogers. The sleazy owner of a modeling agency exploits a young woman on the Internet. (In Stereo) [2]
9:00 pm CHBC [4] "Past Tense" (2006, Suspense) Paula Trickey. A woman uncovers alarming revelations after her 10-year-old daughter claims to have had a past life. [2]
KNOW [5] "Midsomer Murders: The Killings at Badger's Drift" (1997, Mystery) John Nettles. Chief Inspector Barnaby and his obnoxious assistant investigate murders in a rural British village. [2]
FAM [2] *** "The Karate KId" (1984, Action) Ralph Macchio. A New Jersey teen moves to California, meets bullies and learns karate from a handyman, Mr. Miyagi. CITY [2] ***"Interview With the Vampire" (1994, Horror) Tom Cruise. The immortal Louis tells of his life as a vampire recruited by Lestat in 1791 Louisiana. [3]
9:15 pm WTBS [3]
***"Spanglish" (2004, Comedy-Drama) Adam Sandler. A single mother becomes a house-keeper for a laid-back chef and his neurotic wife. [3]
9:30 pm CBC [3] ***"Gladiator" (2000, Historical Drama) Russell Crowe. Condemned to arena fights by corrupt Roman leader Commodus, Gen. Maximus seeks

by corrupt Roman leader Commodus, Gen. Maximus seeks revenge for his family's deaths.

11:22 pm FAM 26 **"Frozen Impact" (2003, Suspense) Ted McGinley. While his son waits for a liver transplant a man races against

McGinley. While his son waits for a liver transplant, a man races against time to retrieve the organ from a plane crash.

11:30 pm CITY 29 ***"Free Enterprise" (1998, Comedy) Rafer Weigel. Two aspiring filmmakers who worship science fiction and '70s TV shows meet their idol, William Shatner.

sunday movies

MORNING

6:00 am WTBS 3 ** "Father of the Bride Part II" (1995, Comedy) Steve Martin. A worrisome family patriarch is driven to further distraction by the simultaneous pregnancies of his wife and daughter. © 7:00 am DISC 29 "Superstorm" (2007, Suspense) Nicola Stephenson. A team of scientists tries to control the weather. © 8:00 am WTBS 3 ** "While You Were SleepIng" (1995, Romance-Comedy) Sandra Bullock. A lonely Chicago subway clerk falls for the brother of a comatose man she adored from afar. © 10:15 am WTBS 3 ** "Charlle's Angels" (2000, Action) (PA) Cameron Diaz. Three private detectives try to rescue a kidnapped computer pro whose voice-ID software would threaten global security. © 11:00 am SPIKE 49 ** "Patrlot Games" (1992, Suspense) Harrison Ford. An IRA terrorist vows revenge against the ex-CIA agent who killed his brother and thwarted their attack on rovalty.

his brother and thwarted their attack on royalty.

AFTERNOON

12:00 pm FAM 26 *%"The Big Green" (1995, Comedy) Steve

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Guttenberg. A sheriff helps a British teacher coach a grade-school soccer team of misfits in a dying Texas town.

town. (E)

12:15 pm WTBS 3

** * "Spanglish" (2004,
Comedy-Drama) Adam Sandler. A
single mother becomes a housekeeper for a laid-back chef and his
neurotic wife. (E)

1:39 pm FAM (26) "Go Figure" (2005,
Drama) Jordan Hinson. A teenage
figure skater must join the girls' hockev team to obtain a scholarship at

ey team to obtain a scholarship at the school of a renowned coach.

3:00 pm WTBS 3 ** "Miss Congeniality" (2000, Comedy) (PA) Sandra Bullock. An image consultant transforms a tomboyish FBI agent

transforms a tomboyish FBI agent into a beauty queen so she can work under cover. (© IOVS)
VTV[22] **"Love & Murder"
(2000, Mystery) Wendy Crewson.
Childhood friends whose lives diverged radically try to renew their relationship as adults. (In Stereo) (© 4:00 pm YTV (B) ***"Gremlins 2: The New Batch" (1990, Fantasy) Zach Galligan. A designer and his wife try to stop hundreds of creatures from taking over New York. (In Stereo) (©

Stereo) (E)

5:00 pm WTBS (3) ** ** "Mean GIrls" (2004, Comedy) Lindsay Lohan. Attending high school for the first time, a teenager becomes friends with three popular but manipulative students. (E)

CBC (13) ** ** "The Wizard of Oz" (1939, Fantasy) Judy Garland. After a tornado whisks Kansas farm girl Dorothy to a magic land, she must travel to the Emerald City for help in getting back home. (E) Stereo) [

EVENING

6:00 pm YTV (18) **%"Addams Family Values" (1993, Comedy) Anjelica Huston, Upon arrival of their

mustachioed baby, Morticia and Gomez hire a greedy nanny who tar-Gomez hire a greedy nanny who targets Uncle Fester. (In Stereo) (E) CITY (29 ** *"Rush Hour 2" (2001, Action) Jackie Chan. Two detectives battle a Hong Kong gangster and his henchmen after a bombing at the U.S. Embassy. (E) 7:00 pm WTBS (3) ** *"Mean Girls" (2004, Comedy) Lindsay Lohan. Attending high school for the first time, a teenager becomes friends with three popular but manipulative students. (E) 8:00 pm CBC (13) ** ** "Harry

ulative students. (E)
8:00 pm CBC (3) ***"Harry
Potter and the Philosopher's
Stone" (2001, Fantasy) (Part 1 of 2)
Daniel Radcliffe. An orphan attends
a school of witcheraft and wizardry
and pieces together the mystery of
his parents' deaths. (E)
9:00 pm WTBS (3) *****Sugar &
Spice" (2001, Comedy) Marley
Shelton. Members of a cheerleading
squad decide to rob a bank to raise
some gulck cash for a pregnant

some quick cash for a pregnant cohort.

cohort. (E)

FAM (26) **"The 6th Man" (1997, Comedy) Marlon Wayans. A college athlete returns from the dead to help his brother's basketball team win the NCAA title.

10:10 pm CBC (33 ***"Harry Potter and the Philosopher's Stone" (2001, Fantasy) (Part 2 of 2) Daniel Radcliffe. An orphan attends a school of witchcraft and wizardry and pleces together the mystery of his parents' deaths. (E)

10:44 pm FAM (26) ***"What About Bob?" (1991, Comedy) Bill Murray. A patient follows a pop psychiatrist on his vacation and annoys him while charming his family. (E)

10:45 pm WTBS (3) ***"Earth (1989, Comedy)

10:45 pm WTBS 3 ** "Earth Girls Are Easy" (1989, Comedy) ★★%"Earth

Geena Davis. An irate scientist compli-cates matters when his girlfriend takes three aliens on a tour of the San Fernando Valley.

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SATURDAY, AUGUST 11, 2007

		WTBS	CHBC (4)	KNOW (5)	KSPS 6	KHQ (7)	KREM (8)	A&E	KXLY (ii)	BCTV	CITV (12)	CBC	YTV	TSN 19	VTV (22)	DISC 24	FAM (26)	CITY 29	SPIKE	TROP (45)
6	AM	TBS	News (N)		Desert	(5:00) Today	ACKE 25 P.	Biography:	Good	Adventure	Fishing	Lonar Jim	Mona	SportsCentr	OWLTV	How Do	Star Racer	About You	Reality	What
6	:30	Storyline	Pioneers	Zoboo	Trek	(N) 🕮	Saturday Early Show	Eden	Morning America	Hunter	Fishin	Doodlebop	Jacob	e Œ	Kingdom	Muchines	Overdrive	Dharti	Racing (N)	Paid Prog.
7	AM	(7:10)	Gold Trails	Sagwa	MotorWeek	News (N)	Madeline	Sell House	Good	News (N)	News (N)	Wilbur [6]	Robot Boy	Fishing	Katie-Orbie	Best	Yin Yang	Eye on Asia	The second secon	Mad Abt.
-	:30	Movie: "Duets"	Powerboat	Dora	Travels		Sabrina	Sell House	Morning	Œ	[60]	George S.	Grossology	Motoring	Hobo	Evidence	(7:20)		Con.	Friends
0	AM	(2000)	Body	George S.	Travel		Trollz [6]	Sell House	Emperor			Arthur	SpongeBob	Golf: PGA	Good		Suite Life	Polish	Disorderly	Ned Stacy
8	:30	Gwyneth Paltrow,	Farm Rpt	The Magic	Hometime		Horseland	Spender	Replace			World Og	OddParent	Championshi p Third	Morning Canada (E)	(E)	(8:43) Zoey	Studio [E]	Con.	The Nanny
0	AM	Huey Lewis.	Eagle	School Bus	Workshop		Cake [6]	Design	So Raven		Driving TV	Goldfish	Danny	Round.	Canada (E	How-Made	Cory	Speakers	Hrsepwer	Ellen [@]
9	:30	(9:25)	Communica tions	(9:32)	Old House		Revolution	Design	So Raven		Energy TV	Shorts	Phantom	From Southern		How-Made	So Raven	CityLine [1]	MuscleCar	Grace
10	AM	Movie: "Father of	Room	Upside	Ask This	Babar [E]	To Be	Coreys	Montana	GetUpGrow	Energy TV	ATP Tennis:	Tn-Titans	Hills	PLAN	Cruise Ship	Phil		Xtreme 4x4	Seinfeld
10	:30	the Bride	Antique	Big World	Americas	Paid Prog.	Announced	Coreys	WNBA	Fishin	Fins Skins	U.S. Open Series	The X's	Country Club in	Canada (6)	Rescue	Boy World	NewMusic	Trucks!	Seinfeld
44	AM	Part II" (1995) 🔃	Diva Dime	MacPhee	Barbecue	Paid Prog.	Golf: PGA	The Unreal	Basketball: Indiana	Energy TV	Fishing	Rogers	Neutron	Tulsa, Okla.	Daily Planet		School	Chum	Trucks!	Married
11	:30	Movie:	GetUpGrow	Moving On	Chefs	Golf: USGA	Championshi p Third	Story of Professional	Fever at	All Xtreme	Knockout	Masters - Semifinal.	Shuriken	(Live)	Œ	Unmasked	(11:34)	Chart [6]	Movie;	Married
10	PM	"Heartbreake rs" (2001)	Dinner	Italian	Recipes	Jr. Girls	Round.	Wrestling	Detroit Shock.	News (N)	Paid Prog.	From	Monster		Fantasy	Mayday	Movie: "The	In Fashion	"Witness" (1985)	Friends
12	:30	Sigourney	Room	Westland	Garden	Adv. Sports	From Southern	E	(Live) (E)	(8)	Will-Grace	Montreal. (Live) 🖭	Monster		Lands (E)	"Lost" [E]	Cheetah Girls"	Hollywood	Harrison	Friends
4	PM	Weaver.	Taste	Router	Painting		Hills	Spender	Horse	Fishing	Seinfeld		Pokémon	1	Amnesty	American	(2003)	Jericho	Ford, Kelly McGillis.	Beverly
1	:30		2nd Chnce	SportFish	Donnas	Beach	Country Club in	Spender	Racing: Arlington	Fins Skins	Seinfeld		GI Joe		Internation	Hot Rod	(1:33)	"Pilot" (III		Hills, 90210
-	PM	King	Mysteries	Dotto Tech	Antiques	Volleyball: AVP Crocs	Tulsa, Okla.	Spender	Million.	All Xtreme	Seinfeld		Mystery		Car	Dirty Jobs	Movie: "The Lizzie	Accompany to a particular to a	Movie:	Deal or No
2	:30	King	Driving TV	Eden	Roadshow	Tour	(Live) (E	Sell House	(Live)	Daryll	Seinfeld		Mystery		Wildlife	(E)	McGuire	mand [6]	"Clear and Present	Deal [6]
0	PM		Powerboat	Dora	Europe	Athlete		Sell House	NBA Acc	Seinfeld	Simpsons	Sat. Report	Mystery		Made "Pop	How-Made	(3:05)	News (N)	Danger"	Coreys
3	:30	"Charlie's Angels"	HeartCity	(3:35) Go,	Tracks	Dragon (EI)		Sell House	Nicklaus	Simpsons	Simpsons	Marketple	Mystery		Singer"	How-Made	Lizzie	FashionTel	(1994) Harrison	Coreys
	PM	(2000)	Foodies	Diego, Go!	Wild Things	3 2 1 Pen	Access	Sell House	NFL	Simpsons	Simpsons	ATP Tennis	Movie: "The	Sports	Sue	Shipwrecke	Suite Life	Bravo! Fact	Ford,	Vanity
4	:30	Cameron Dinz.	Marriage	Rolie Polie	(E)	Veggie	Hollywood (N)	Sell House	Preseason Football	Simpsons	Global	U.S. Open Series –	Powerpuff Girls Movie	NASCAR	Thomas: FBEye	d	Replace	Speakers	Willem Dafoe.	Insanity (6)
-	PM	Movie:	News (N)	George S.	Summer	News (N)	News (N)	Flip This	News (N)	Simpsons	News (N)	Rogers		Racing: Busch Series	Twice in a	Dirty Jobs	K. Possible	The	Movie:	Friends
5	:30	"Miss Congeniality	Sports	Zoboo	Roost	NBC News	CBS News	House (E)	ABC News	Global	House	Masters - Semifinal.	Mystery	Zippo	Lifetime (#	[66]	Montana	Collector	"Patriot Games"	Friends
-	PM	" (2000,	Room	Meerkat	Lawrence	News (N)	News (N)	Flip This	News (N)	News (N)	Andromeda		Prank Ptrl	day Tape)	News (N)	Guinea Pig	Sadie	Movie:	(1992)	Seinfeld
6	:30	(PA)	Design	Wild	Welk Show	Raymond	Scrubs	House (N)	Preview	Œ	(DVS)	CFL	Ghost	Œ	Œ	Machines	Flight 29	"Ties That Bind" (2006)	Harrison Ford, Anne	Seinfeld
-		(7:10)	Can Files	National	Time Goes	CSI: Miami	15 TO	American	Entertainm	Andromeda	A STATE OF THE PARTY AND ADDRESS OF THE PARTY	Football: Hamilton	Movie:		W-FIVE (E	Angel	So Raven	Nicole de	Archer.	Married
1	:30	Movie: "While You	Can Files	Geographic	My Family	"Breathless"	Trace (1)	Justice	ent Tonight	(E)	匯 (DVS)	Tiger-Cats at	"Dungeons & Dragons"	SportsCenta	(DVS)	Angel	(7:25) Zoey	Boer.	TNA	Married
0	PM	Were	Alpha Male		Patrizio:	Singing	The Unit	American	Movie:	Andromeda	\$1000000 AVE AVAILURE	Edmonton Eskimos.	(2000)	e (Live) 🖭	Movie:	MythBuster	Life Derek	News (N)	IMPACT!	Ad Pers
8	:30	Sleeping" (1995) @	匯	"Get Back"	The New Voice	America's	(E)	Justice [6]	"Charlie's Angels: Full	Œ	Œ (DVS)	(Live) @	Jeremy Irons. [ff]		"Selling Innocence"	s 🖭	Life-Bonnie	SexTV (E)	TNA	Ad Pers
9		(9:15) Movie: "Spanglish"	Movie: "Past Tense" (2006) Paula	"Midsomer Murders:	Benise: Nights of Fire	Got Talent	48 Hours Mystery 🖭	Flip This House (f)	Throttle" (2003)	ReGenesis	To Be Announced	Movie:	Ghost	IndyCar Racing: Meijer Indy	(2005) Mimi Rogers.	Dirty Jobs	Movie: "The Karate Kid" (1984) Ralph	"Interview	Murder	Deal or No Deal (f)
	PM	(2004,		Killings"	Red Green	Medium [E]	48 Hours	Flip This	Science	To Be	News (N)	"Gladiator" (2000)	Ghost	300.	Comedy	Angel	Macchio.	Vampire"	Oblivious	Married
10	.20	Comedy-			Blckadder		Mystery @	House 📧	Fiction	Announced	Driving TV	Russell	Ghost		Comedy	Angel		(1994) Tom Cruise. [6]	TNA	Married
	PM	Adam	Mad TV [6]	Wild	Doctor Who	News (N)	News (N)	American	News (N)	News (N)	(11:03) J.R.	Crowe, Connie	Mystery	SportsCent	News (N)	Guinea Pig	Movie Ent	C. W.S.C. List	IMPACT!	Friends
11	:30	Sandler, Téa Leoni. (E)		Scattering	(E)	Sat. Night	(11:35) The	Justice	Paid Prog.	Sat. Night	Sat. Night	Nielsen.	Mystery	e (Live) 🖾	News (N)	Machines	"Frozen	"Free	TNA	Mad Abt.

	WTB:	CHBC	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
- 1	AM Movie:	Antique		Berenstain	Today (N)	Discover	Private	Good	Pioneers	Foodies	Franklin	Mona	SportsCentr	Acorn	Mayday	Star Racer	Mix TV	Xtreme 4x4	J.R. Digs
	30 "Father of	Taste	Zoboo	Cliff Pup	(E)	Discover	Sessions (N)	Morning America	Fishful	Canada	Nanalan'	Jacob	e Œ	Kids	"Out of Sight"	Overdrive		Xtreme 4x4	Leg Magic
_	AM Part II"	In Touch-Dr	Jakers	Bob Build	Dragon	CBS News	Dallas	News (N)	Foodies	World Vsn	Arthur [t]	Winx Club	Reporters	Good	Movie:	Yin Yang	Eye on Asia	MuscleCar	Mad Abt.
7	:30 (1995) 🔠		Dora	Thomas	Jacob	Sunday Morning	SWAT [6]	(E)	Canada	Is Written	Coronatn	Edgar	Reporters	Morning Canada (tt)	"Superstorm" (2007)	(7:20)		MuscleCar	Friends
-	AM Movie:	Van Impe	George S.	Jakers	Meet the	(N) (E)	Kansas City		News (N)	TribalTrail	Coronatn	Neutron	Golf: PGA		Nicola	Suite Life	Eye-Asia	Hrsepwer	Ned Stacy
8	:30 Were	Is Written	The Magic	Fetch! With	Press (N)	Nation	SWAT E		EE	Listen Up	Coronatn	Phantom	Championshi p Final		Stephenson.	(8:43) Zoey	Festival	MuscleCar	The Nanny
	AM Sleeping"	Gold Trails	School Bus	Maya	Paid Prog.	Discover	Kansas City			Hour of	Coronatn	Catscratch	Round.	PLAN	Control the	Cory	Italiano di Johnny	Xtreme 4x4	Ellen @
9	:30 (1995) [Faith	(9:32)	Coll Frm	Paid Prog.	Discover	SWAT [6]	With		Power [Coronatn	OddParent	From Southern	Canada @	Weather?	So Raven	Lombardi	Trucks!	Grace
	AM (10:15)	Jovan 🖽	Upside	Foreign	Paid Prog.	Fantasy	Kansas City		Driving TV	Catering	CBC News:	SpongeBob	Hills	Wildlife	Walking	Phil	(In Italian)	The Kill	Seinfeld
10	:30 Movie: "Charlie's	Weight	Big World	European	Paid Prog.	Football 2007	SWAT @	Old House	Listen Up	All Xtreme	Sunday (N)	All Grown	Country Club in	Travel	With Dinosaurs	Boy World		Point	Seinfeld
	AM Angels"	Biker TV	Fetch! With	Keeping	Paid Prog.	Golf: PGA	Coreys	Paid Prog.	Hour of	Driving TV		Up 🖭	Tulsa, Okla.	Nature	Walking	School	Jericho 🔃	Movie:	You
11	:30 (2000) Cameron	Body	Mechanics	Healthy	Auto	Championshi p Final	Coreys	Paid Prog.	Power @	GetUpGrow	U.S. Open Series	Flintstones	(Live) [Conservanc	With Dinosaurs	(11:34)		"Patriot Games"	Smarter?
	PM (12:15)	Homes	Heads Up	Health	Racing: American Le	Round.	Coreys	Champ Car		Andromeda	Rogers	Ruby		Question	Walking	Movie: "The		(1992)	Friends
II ACO	:30 Movie: "Spanglis	Room	CG Kids	Matters	16	From Southern	Coreys	World Series	Œ	(E)	Masters - Final. (#)	Ruby		Period (With Dinosaurs	Big Green" (1995) [E]	"Black Jack"	Harrison Ford, Anne	Friends
	PM (2004,	Taste	Reach-Top	Globe	Generac 500	Hills	Dog the	Racing	Paid Prog.	Catering	Times (EL	Being Ian		900936663665	How Do	(1995) (11	World	Archer.	Beverly
7	:30 Comedy- Drama)	2nd Chnce	Wild	Trekker [6]	Beach	Country Club in	Bounty Hunter		GetUpGrow	All Xtreme	Marketplc	Being Ian		(DVS)	Machines	(1:39)	Poker Tour	CSI: Crime	Hills, 90210
	PM Adam	Mysteries	Profiles of	All	Volleyball: AVP Crocs	Tulsa, Okia.	Dog the	NASCAR	Andromeda	Œ	Venture	Grossology		Twice in a	How-Made	Movie: "Go Figure"	un.	Scene Investigatio	Deal or No
2	:30 Sandler, 7		Nature	Creatures	Tour	(Live) (E	Bounty Hunter	Paid Prog.	Œ	Room	Canada	Grossology		Lifetime @	How-Made	(2005,		n @	Deal 📧
	PM Movie:	Strange	Dora	Consumer	Paid Prog.		Dog the	Paid Prog.	Andromeda	Seinfeld	Land Sea	Mystery		Movie:	MythBuster	(3:07)	News (N)	CSI: Crime	You
-2	:30 "Miss Congenia	Fishing	(3:35) Go,	Vic. at Sea	Paid Prog.		Bounty Hunter	Paid Prog.	Œ	Simpsons	Sunday	Mystery		"Love & Murder"	s 🖫	Lizzie	FashionTel	Scn	Smarter?
-	PM " (2000,	News	Diego, Go!	Chronicles	Fortune	Without a	Dog the	Ebert	Seinfeld	Simpsons	Encore (Movie:	Sports	(2000)	MythBuster	Suite Life	Funniest		Ground Up
4	:30 Comedy)	Energy TV	Rolie Polie	Hometime	NBC News	Trace "Pilot"	Bounty Hunter	The Insider	Seinfeld	Global	Miracles	"Gremlins 2: The New	NASCAR	Wendy Crewson.	s 🖭	Proud	Home Videos	Sen	
_	PM Movie:	News (N)	George S.	Workshop	NFL	News (N)	Simmons	News (N)	Simpsons	News (N)	Movie: "The	Batch"	Racing: Nextel Cup -	Instant	Earthshocks	K. Possible	Making It	CSI: Crime	Coreys
5	:30 "Mean Girls"	Knockout	Zoboo	Old House	Preseason Football:	News	Simmons	ABC News	Global	Mysteries	Oz" (1939)	(1990) 🖭	- Centurion	Alice	: Hyper	Montana	Behind	Scn	Coreys
_	PM (2004)	Design	Desert	Heartbeat	Seattle	News (N)	Simmons	News (N)	News (N)	Brothers &	Judy	Movie:	Boats at the		Earthshocks	Sadie	Movie:	The Kill	Vanity
6	:30 Lindsay	Driving TV	Rough Sci		Seahawks at San Diego		Simmons	Your World		Sisters (E)	Garland.	"Addams Family		Œ		Flight 29	"Rush Hour 2" (2001)	Point (N)	Insanity Beauty.
-	PM Movie:	Doc	Explorer	Nature	Chargers.	60 Minutes	Coreys	Funniest	King of Hill	King of Hill	THE REPORT AND ADDRESS OF THE	Values"		A THE RESERVE AND A STREET AND A	MythBuster	So Raven	Jackie Chan.	The Kill	Ground Up
1	:30 "Mean Girls"	"Evaluate This" (N)	Wild	"Holy Cow"	(E)	(E)	Coreys	Home Videos	Simpsons	Simpsons	of Things	(1993) Anjelica	SportsCentr	Œ	s Œ	(7:25) Zoey	Œ)	Point	
-	PM (2004)	Extreme-	The Royal	Mysteryl A	News (N)	Big Brother	Match	Extreme-	Big Brother			Huston.	e (Live) 🔃	Degrassi	MythBuster	Life Derek	News (N)	CSI: Crime	Big Screen
8	:30 Lohan.	Home	(E)	serial killer targets cou-	News (N)	8 (N) @	Match	Home	8 (N) @	8 (N) @	Potter and the	Prank Ptrl		Instant	s Œ	Life-Bonnie	Party	Sen	Big Screen
	PM Movie:	The Shield	The Last	ples. [III]	Dateline	Cold Case	Simmons	Desperate	Family Guy	Family Guy	Philosopher'	Prank Ptrl	Boxing:	Cold Case	CONTROL ACCIDENTAL OF	Movie: 'The		CSI: Crime	The state of the control of the
9	:30 Spice"	"Spanish Practices"	Detective		NBC III		Simmons	Housewives	Family Guy	Family Guy	s Stone" [Weird	Friday Night Fights.	Œ	: Hyper	6th Man" (1997)	Poker Tour	Sen	Deal [ff]
	PM (2001)		Africa:	P.O.V.	CSI: Miami	To be a second and the second and th	Simmons	(10:01)	(10:01)	News (N)	"Harry	Bob	(Taped) [ff]	Law &	Earthshocks			The Kill	Friends
GE ATTA	:30 (10:45)	Ad Pers	Love	"Following Sean" (E)		"Love Triangle"	Simmons	Brothers & Sisters (6)	Brothers & Sisters (III)	Can Files	Potter"	Fries That?		Order: SVU		(10:44)		Point	Friends
	PM "Earth G	News (N)	Sustain		News (N)	News (N)	Coreys	News (N)	News (N)	Brain Battle	THE PARTY NAMED IN	My Family	SportsCentr	News (N)	MythBuster	Movie: "What About	Access	CSI: Crime	The Nanny
11	:30 Are Easy	Knockout	SportFish	World Cafe	Paid Prog.	McCarver	Coreys	Van Impe	House	(N) 🖭	(N) (E)	Hollywood	e (Live) [News (N)	s 🖭	Bob?"	Hollywood (N)	Sen	Mad Abt.

MONDAY, AUGUST 13, 2007

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
		3	4	5	6	7	8	9	(10)	111	12	13	18	19	22	24	26	29	44	45
0		Dawson's	News (N)	Elliot	Body Elec.	News (N)	News (N)	Crossing	(5:00) News	News (N)	(4:30) News	CBC News:	Gadget	SportsCentr	News [45]	Daily Planet	Henrys	Rachael	V.I.P. "Val	Counterstri
6	:30	Creek [tt]	Room	Jakers	Caillou (EI)	Œ		Jordan 🖽	Œ	(60)	(N) (E	Morning (N)	Monster	e Œ	Canada AM	Œ	King (t)	Ray [E]	Point Break"	ke 🕮
	AM	Movie:	Life Today	BluesClues	Barney	Today (N)	The Early	Crossing	Good			Arthur [6]	Jane	SportsCentr	Œ	Ocean	K. Possible	CityLine [6]	VI.P. (ff)	Night Heat
7	:30	"Earth Girls	100 Huntley	Dora	Arthur (EI)	(E)	Show (N)	Jordan 🔃	Morning America (N)			Lunar Jim	Monsters	e Œ		Ranger Disaster	(7:24)			(SE)
	1600	Are Easy" (1989,	Street [tt]	Hi-5	Curious		Œ	American	America (N)		100 Huntley	Curious	George S.	SportsCentr		How-Made	Weekend	Star Trek:	V.I.P. (cc)	Due South
8	:30	Comedy	Collectors	Berenstain	Clifford		7	Justice			Street [tt]	Clifford	Beasts	e @		How-Made	Lilo Stitch	Voyager [(E) (DVS)
	AM		Body	Magic Bus	Dragon	18	Discover	Cold Case	Regis and	100 Huntley	Hospital	Poko	Flamingo	Record	Regis and	Daily Planet	Feet	News (N)	Most	Ad Pers
9			Taste	Rolie Polie	Big World		Discover	Files [#]	Kelly	Street @		The Save-	LazyTown	Fishing	Kelly	Œ	Benj Bear	City	Amazing	Inside
_	:30					PH.	The Price Is	CSI: Miami	The View	World	Design	Ums! [ft]	My Fair	WTA	The View	On the Run	Mickey	Movie:	Videos Most	Mad Abt.
10		Harvey	The Price Is Right (N)		Sesame Street (N)	Ellen DeGeneres	Right (N)	E	(N)	Vision	House	D 11. 1	Madeline	Tennis: U.S.	(N) Œ	(E)		"Croon"	Amazing	Grace
10	:30			Pancakes	(EI)	Show						Doodlebop	(11)	Open Series			Tigger	(2003)	Videos	
11	AM		Seinfeld	CG Kids	Bob Build	Dr. Keith Ablow @	Young and the Restless	24 [6]	Paid Prog.	Judge J.	News (N)	The Gill Deacon	Adrenalini	- Rogers - Cup - Day	Balance	The New Detectives	Higglytown	Alexandra Stewart.	Star Trek: Next Gener.	The Nanny
11	:30	Strokes	Seinfeld	Swap TV	Sit-Be Fit	Acion (LL	the results		Paid Prog.	House		Show	Ruby	1. From	Diary [tt]	(N)	(11:25) King			Frasier
10	PM	Still Stnd	News (N)	Canada-	Charlie	Paid Prog.	News (N)_	Crossing	All My	News (N)	Days of our	CBC News	Pokémon	Toronto.	Degrassi	Mayday 🔃	(11:49)	CityLine [4]	Star Trek: Next Gener.	Seinfeld
12	:30	Still Stnd	Œ	History	Rose Œ	Paid Prog.	Bold & B.	Jordan 🖭	Children (N) [6]	Œ	Lives (N)	CBC News	Flamingo	(Live)	Bold & B.		Weekend		Next Gener.	Seinfeld
	PM	Yes, Dear	Diva Dime	Planet	Fine Art		As the	Crossing	One Life to	As the	As the	Fashion	George S.		Twice in a	How Do	Dragon	Hollywood	Star Trek:	Beverly
1	:30	Yes, Dear	Homes	Moving On	Sewing	Lives (N)	World Turns (N)	Jordan 🖽	Live (N)	World Turns (N)	World Turns (N)	Dinner	Beasts		Lifetime (Machines	Emperor	Star! Daily	Voyager [ff]	Hills, 90210
	PM	King	Guiding	Gaslight	Reading	Passions (N)	Guiding	American	General		Passions (N)	The Gill	Viva Pinata	ATP Tennis	General	How-Made	Lilo Stitch	Ellen	Star Trek:	Extreme-
2			Light (N)	Journal	Lions	Œ	Light (N)	Justice	Hospital (N)	(E)	Œ	Deacon	Jacob		Hospital (N)	How-Made	Proud	DeGeneres Show	Voyager [#]	Home
	PM		Room	Hi-5	Arthur (EI)	Judge	Dr. Phil 🔃	Cold Case	Rachael	Young and	Young and	Show	Mystery	-	Dr. Phil (6)	How Do	Weekend	News (N)	CSI: Crime	Due South
3	:30		Design		Fetch! With			Files @	Ray (tt	the Restless	the Restless	Miracles	Team	WTA ·		Machines	Lloyd		Scn	匪 (DVS)
	ALY			Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Millionaire	Oprah	News (N)	Frasier	Pokémon:	Tennis:	Veronica	Daily Planet		Friends	CSI: Crime	Ad Pers
1	PM	Mark Control	Lives (N)	(4:37) Little	The state of the s		Winfrey (Service Committee of the Committee of th	Millionaire	Winfrey @	Global	Red Green	Jirachi	Rogers Cup Day I	Mars (#	Œ	Proud	Hollywood	Sen	Inside
-	:30					Judge J.							Wish					10000	COT O	
5	PM	Friends	News (N)	George S.	BBC World	11000	News (N)	CSI: Miami		News (N)	News (N)	Simpsons	Maker (tt	NFL Preseason	News (N)	MythBuster s [ft]	1	Stargate SG-1	CSI: Crime Scn	
9	:30	Friends		(5:32)	Business	NBC News	News		ABC News	Global		Arrested		Football:	52		Montana	"Talion"		Seinfeld
6	PM	Friends	Body	Fetch! With	2-8-14-29-20E	News (N)	News (N)	Dog	News (N)	News (N)	ET Canada	CBC News: Vancouver	Being Ian	Denver	News (N)	American Hot Rod (N)	Zoey 101	Hell's Kitchen (N)	Movie: "Rocky III"	Seinfeld
6	:30	Friends	Caitlin	Creatures	Lehrer	Raymond	Hollywood	Dog	News (N)	Œ	Entertain	vancouver	Ruby	Broncos at San	CO.	Hot Rod (IV)	Sadie	Œ	(1982,	Seinfeld
-	PM	My Boys	Ad Pers	Sustain	Served	Jeopardy!	Friends	Dog	Entertain	Entertain	Without a	Coronatn	Nick	Francisco	eTalk 🔃	Dirty Jobs	So Raven	Godiva's	Drama)	Ground Up
1	:30	Sex & City	Jeopardy!	History	My Hero	Fortune	Scrubs	Dog	The Insider	ET Canada	Trace @	Just-Gags	Malcolm	49ers. (Live)	Hollywood	Œ	Smart Guy	"Floodgates"	Sylvester Stallone, Mr	
	PM	Sex & City	How I Met	Africa [tt]	Antiques	Thank God	How I Met	Dog the	Wife Swap	Name Earl	Name Earl	Doctor Who	Fresh Pr.	SportsCentr	You Can	Daily Planet	Suite Life	News (N)	T.	ET Canada
8	:30		Christine		Roadshow	You're Here	Christine	Bounty	EE	The Office	The Office	(N) III	Yvon	e (Live) @	Dance	(E)	Life Derek	(8:35) Star!	Madden	Ad Pers
		Movie:	Two Men	Taking Care	History	Heroes	Two Men	Hunter CSI: Miami	Fat March	Heroes	Heroes (N)	Hustle [60]	Mystery	NASCAR	Canadian	American	8 Rules	(9:06)	CSI: Crime	Seinfeld
9	:30	"Anaconda"	(9:31) My		Detectives	"Collision"	Rules	@	(N) Œ	"Collision"	Œ		Ghost	Racing	Idol Top six.		Sinbad	Jimmy	Sen	Seinfeld
2.2	-27.74	(1997) (PA) Jennifer	Big Day	Why Thee	Standard-	Dateline	CSI: Miami	Dog	Supernanny	Without a	News Hour	National	Prank Ptri	Triathlon	CSI: Miami	Dirty Jobs	Popular [tt	(10:06)	Star Trek:	Seinfeld
10		Lonez.	Help Me	Wed? [tt]	Perf	NBC @	"Bloodline"	Dog	(C)	Trace (tt)	Final (N)	- Allowing	Weird	-	"Bloodline"	Œ	2 Spaint (ter	Movie:	Voyager [tt	Seinfeld
	:30				CI	N (ND	N (N)		Name (ND	No. on Chilb	Petertel	(44.05) (5)		C	Nove (ND	MadkDart	O Dales	"Anonymous		
11	PM	"Anacondas: Hunt"	200	My Father, My Teacher	Charlie Rose (N) @	News (N)	News (N)	Dog	News (N)	News (N)	Entertain	(11:05) The Hour @	Bob	SportsCentre (Live) [f]		MythBuster s @		Rex" (2004)	Deep Space	Grace
11	:30		Room	- J remember		Tonight	Late Show	Dog	(11:35)		ET Canada		15/Love	(News (N)		Life Derek	Trammell.		The Nanny

monday movies

MORNING

7:00 am WTBS ③ ★ ½ "Earth Girls
Are Easy" (1989, Comedy) Geena
Davis. An irate scientist complicates
matters when his girlfriend takes three
aliens on a tour of the San Fernando

10:00 am CITY 29 "Croon" (2003, Romance-Comedy) Alexandra Romance-Comedy) Alexandra Stewart. An aging divorcee deals with family crises and an unexpected romance with a younger man. (E) (DVS)

EVENING

6:00 pm SPIKE (44) ***Rocky III" (1982, Drama) Sylvester Stallone. Old foe Apollo Creed trains ex-boxing champ Rocky Balboa for a rematch with brutish Clubber Lang.

9:00 pm WTBS ③ ★"Anaconda" (1997, Suspense) (PA) Jennifer Lopez. A snake hunter commandeers a documentary crew in the Brazilian jungle, forcing them to battle a monster boa.

10:06 pm CITY 29 "Anonymous Rex" (2004, Action) Sam Trammell. In a world where dinosaurs disguise them-

selves as humans, a detective investi-gates his partner's untimely death. ☑ 11:00 pm WTBS ③ ★★"Anacondas: The Hunt for the Blood Orchid" (2004, Suspense) (PA) Johnny Messner. While exploring the jungles of Borneo, scientists and their guide encounter monstrous, man-eating snakes.

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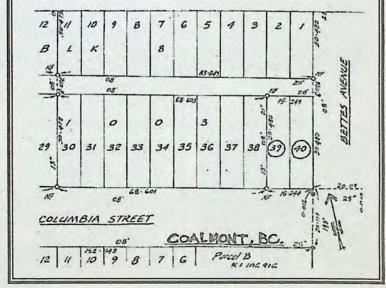
Take notice that HULLCAR HYDRAULIC CORP. of Vancouver, BC, intends to make application to Integrated Land Management Bureau (ILMB), Southern Service Region -Kamloops Service Centre, Crown Land Adjudication office, for a Crown grant for Residential purposes covering Lots 39 & 40, Block 8, District Lot 99, Yale Division Yale District, Plan 1003 situated on Provincial Crown land located in the vicinity of Coalmont.

The Lands File Number that has been established for this application is 3404928. Written comments concerning this application should be directed to the Section Head, Crown Land Adjudication at 3rd Floor, 145-3rd Avenue, Kamloops, BC V2C 3M1.

Comments will be received by ILMB until September 14th, 2007. ILMB may not be able to consider comments received after this date. Please visit our website

http://www2.lwbc.bc.ca/ApplicationPosting/ index.jsp -> Search -> Search by File Number: insert Lands File Number for more information.

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my turn

A spill is a spill is a spill...

The 'landslide' last week at the former Similco Mines site is interesting.

As much as we have been told that the slide involved no tailings whatsoever, we have seen the crystal clear photos provided to us by the Okanogan County Sheriff's Department and we can say with 100% certainty that part of the slope that slid down the valley was tailings.

What we can't say for sure is how much, if any, tailings got as far as the Similkameen River probably a thousand feet below.

So we won't say tailings ended up in the river, because we can't be sure of that.

But we know what the landscape looks like when tailings have been piled and poured in place. But, since this is mining country, tailings are about as native to the landscape as the mountain pine beetle and we all know how much that is helping the local economy.

What we really want to focus on about the 'landslide' is not so much what material was in it as the size of it and why that should be a warning sign for all of us.

The photos we have seen show a slide that was so large in size that it had completely blocked the Similkameen River to a point that no wonder it virtually dried up downstream as the blockage basically created an earthen dam.

The location of the slide was on a bend in the river which also made it more difficult for the water to breach the blockage - at least more difficult than had it been on a straight stretch.

Now that you have a visual idea of the site, we think the red flag in all of this is the fact that there is some instability in the slopes along the river. This is nothing new as any road trip to Keremeos will reveal hillslides on virtually every hill side.

What gets our attention is that if water is one of our precious resources, we should be doing everything we can to make sure it continues to be. The 'landslide' at the former Similco Mines site should make us all aware of how precious the crystal clear Similkameen River water is and that it's something we shouldn't be playing with.

If anything, we should be protecting it.

We're not sure what triggered the 'landslide' but there's no doubt if we continue to push the boundaries of what we expect Mother Nature to put up with, she will eventually push back.

It just reminds us that this generation has inherited the mess of previous generations and part of our responsibility is to protect future generations from inheriting it and more.

Last week's 'landslide' should carry that message for all of us.

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PAP Registration No. 11034 Canada We acknowledge the financial support of the Government of Canada through the Publications Assistance Program towards our mailing costs,"

THE TOOMS Mup, n. wet soft earth.-v.t., to dirty: to make turbid, - adj, muddy, foul with mud: containing mud: covered with mud, to make or become muddy DON'T LOOK AT ME MAN. GRAB THE MOP, YOU KNOW IT'S THE RIGHT THING TO DO. IF YOU DON'T IT WILL BE THE DOGHOUSE FOR YOU. AND THERE'S ONLY ROOM. FOR ONE OUT THERE AND HENCE ME BEING THE DOG THAT SPOT, IS RESERVED

your turn

Where are all the fire escapes?

To The Editor;

I am very concerned about the lack of fire escapes on our buildings and apartments and houses that rent apartments in private homes.

The complex that took the lives of two people this past week is a crime that never should have happened. The owner of this building did not have any fire escapes. The only way out was down a flight of stairs to the front door. There was no rope ladder or ladder of any kind coming from the top floor of this apartment.

If the building inspector, Town Council are doing their job, they would make sure all buildings or apartments were inspected for safety.

Many years ago, the fire department went from house to house to see if there was any hazard in and around the homes. I know this costs money but it is well worth the effort. Princeton is an old mining town with wood constructed buildings with no firewalls between store walls. The stores on the corner of Bridge Street to First Avenue - to where the Provincial Building is situated - would go up in flames in a minute. These are old wooden buildings that have been here for years with only artificial make-over to improve appearances. What chance would they have of surviving with apartments above these stores?

The owners of these buildings should assume responsibility to make sure their buildings have fire escapes and extinguishers available and in good working order, checked by the fire department at the owner's expense. Private home owners should have escape routes planned, everyone is accountable for their own safety.

The residents of Princeton are a caring, giving people and have shown their heartfelt sorrow to the Bae family by giving so generously to the trust fund set up at Valley First Credit Union and by donating to the glass jars in many stores. I thank you and the members of the United Church thank you as the Bae family are part of our family and we will take care of them with all your help.

- Cathie Orser, Princeton

Letter To The Editor

hway 40 resident speaks up

Dear Editor,

There has been talk lately of the number of break-ins we have been experiencing along Highway 40, in the Chain and Link Lake area. Quite a number of us are now going out of our way to keep an eye on each others' properties, and thinking of installing various alarms and lights.

But there is another problem as well: there have been a series of casual grab-and-run incidents: I had two jerry cans of gas stolen out of my truck a few weeks ago, along with some sports equipment and the insurance and registration papers. There were quad tracks down my driveway, so I assume this was how they came in.

A close neighbor had several kids come down her driveway in quads (one was red), and heard them yell, "There's someone here - let's get out of here!" These kids have been seen running their quads in and out of driveways all up and down the road, and people are on

I guess it's time to start locking things up all the time. It's too bad - this didn't use to be that sort of neighborhood. These kids and the cabin burglar have certainly done their bit to make this a less desirable place to live.

I don't know what we can do other than install alarms and keep an eye on each other. But something else could be done: parents

should have a much better idea what their kids are doing and where they are.

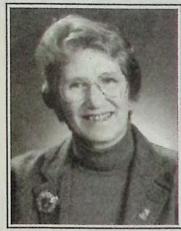
For the record: the sports gear stolen was a pair of three-wheel, silver-colored roller skis with old Salomon bindings, and a pair of green poles with worn-out handles and carbide tips. The poles were used by eight-time World - and Olympic Champion Thomas Wassberg, and they meant a great deal to me. Has anyone seen them? (They can be left at the Princeton Irly Bird, and no questions will be asked).

Let's try to make this a place where we can trust each other

- Nat Brown, Princeton

Current Comment:

It's a weird, weird world



Dawn Johnson editor@thenewsleader.ca

There is so much contradictory information these days, it is hard to evaluate what is true and what is not. The weather is a good example.

I watch the weather channel every day. It seems to me they emphasize record-breaking hot weather as if they want to reinforce the idea that we are undergoing global warming.

Okay, it was 38 degrees in Regina. It broke a record set 50 years ago on that same day. You know what strikes me as odd? While they are busy telling the nation how hot it is in the prairies and southern Ontario, they do not mention the southern Interior of BC. Why? I guess it is because we are always hot.

What they do not mention is that this summer is, on the average, a bit cooler than most summers, and most certainly a lot more moist. That full week of cool weather and rain was a boon, and we are not complaining, but the effect was an abrupt cooling down of our usual high temperatures and excessively dry weather we have experienced for a number of years.

I suppose the problem/benefit of being older and having a long memory is that I can remember a lot of different extreme weather. I remember a summer, I believe it was 1955, when our temperature reached 43 degrees Celsius in July. I remember it because we were haying and had to quit. In the late 1990's, a temperature of 45 degrees was registered in Keremeos. Nobody paid any attention nationwide.

This "extreme" heat wave in southern Europe is nothing unusual. I lived in southern Italy for three years. It was very hot every summer and reaching 40 degrees was commonplace. In 1962, the temperature climbed to 45 degrees where I lived, and more in Sicily. Some Sicilians, driven crazy by the heat, threw themselves from cliffs into the sea and died.

The following winter was the coldest since 1944.

The flooding in England was nothing new. It has happened before, but people tend to forget. They were not having a European heat wave, were they?

As for all the flooding in the Far East and Southeast Asia, the floods are part of monsoon season and people need the monsoons. They expect flooding, and every year, people die from the flooding. Still, they would starve without the monsoons.

Ours is a weird world. We live on a strange planet. Earth is the most diverse planet in our solar system in terms of weather. It is this oddball weather that leads to the extreme diversity of life forms on our planet. We have some really weird life forms, including us. Perhaps we are the strangest life form simply because we choose to interpret conditions around us and predict where the weather is leading us. Other life forms just sit back and let it happen, or migrate.

Marketplace Minis by Jim Caruso

We sold our house

Have you ever put your house up for sale? We just did a few months ago. This is an experience that you can actually survive if you have lots for support and a good medical plan that offers long term professional counseling. The idea was to downsize, that means we wanted a smaller payment each month.

The first thing that we did was to fix everything that was broken, that we had lived with broken and I might add lived quite well even though it was broken. But if you want someone to buy your house, you must make it better than when you lived in it. This goes for the yard as well. Our yard was nice. The lawn area was a combination of differing shades of green. It was dominated by weed green, followed closely by clover green and sprinkled amongst these shades of green was some actual lawn green. Since the for sale sign had gone up, the lawn was acceptable with all the green colours but only if was a uniform height. I needed to mow it on regular intervals.

I had already painted many of the rooms inside of the house. In the guest room I had many fond memories of the adventure that took place as I painted this room, a light sunshine yellow. Sunshine yellow is the same as ordinary yellow except that it has a designer name and so it costs more. I was cutting in the trim while standing on a kitchen chair and I started to realize that this was not very safe. I found a small step ladder that was safety approved and as I was opening it up to place it in the room, I pinched my finger in the movable part of the ladder causing my finger to bleed profusely. The grey carpet in the guest bedroom had just been shampooed and now had a unique designer pattern in a natural red. I stopped the bleeding and went back to painting. The brush didn't fit as well in my hand as it did before due to the large pressure bandage that was wrapped around my injured finger. I poured some more paint into a margarine container; they are so handy to hold when you are standing on a safety approved ladder. Well I climber up to the second step the safety approved ladder tipped and I watched as the handy margarine container left my unbandaged hand an became airborne, gravity took over and the sunshine yellow paint hit the freshly cleaned grey carpet and cover all the uncovered area of room. Of course I had covered every place on the carpet with plastic except where the paint hit. Now I needed a rug shampooer, but alas! It was not at my home. I drove as the paint dried and finally I secured the rug shampooer and cleaned up the

The real estate agents liked the house, but of course they had to stage it for sale. Staging means that you now live as visitor who has no household privileges and must leave at any time of the day or night. Also all your furniture is placed in a totally different configuration leading to many small cuts and abrasions when you try to find your way to the bathroom in the middle of the night. Another important thing is that you are not allowed to keep any antique vegetables, milk or other refrigerator collectables that bring a certain comfort to the homeowners. The most important thing is never put anything in the garbage cans until the house is sold. They are for looks only, after all what would someone think if they came into your house and saw garbage in a garbage can under the sink or in the bathrooms.

Well we finally sold our house and the first thing I did was walk through the house and left my shoes on and then I put garbage in all the garbage cans and began to pile my papers and books all over the place again, I felt that I was back home again.

There is at least one more move in my life, to a home that has been prepared in heaven. Jesus spoke these words, "Do not let your hearts be troubled. Trust in God; trust also in me. In my Father's house are many rooms; if it were not so, I would have told you. I am going there to prepare a place for you. And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am. (John 14:1-3). There is plenty of room in this mansion for everyone and it has one unique feature that my house and your down here doesn't have, there are no garbage cans. You see, Jesus took all our garbage and sin and removed it while He was on the cross.

Jim Caruso, Pastor Oceanside Community Church. Parksville, BC pjcaruso@telus.net

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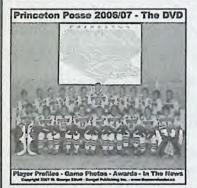
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Letter To The Editor

A case of 'you don't know what you've got 'til it's gone'

The class is called 'Clay For Kids' and space is still available for morning classes starting August 13th at

Riverside Centre. There are two age groups, 5-7 years and 8-12 years. Call Nadine to register at 295-6067. For more information call ceramics instructor Sue LePoidevin at 295-0527. Photo submitted

I am sure your readers are very curious, and perhaps upset, over the fact that Princeton Hospital is once more without a physiotherapist. The purpose of this letter is to shed light on what happened.

Anthea Pugliese had moved here in August of 2006 with retirement or at least semi-retirement in mind. It became clear that Princeton, lacking a hospital physio, was desperate for one. Anthea filled the bill

nicely, being British trained, and experienced over many years in England, Kelowna, Penticton, Vancouver, Richmond, and others. She decided to work in Princeton three days per week for two or three years at least, and commenced to do so. She was swamped immediately, with doctors in Penticton, remembering her competence from years before, recommending her in addition to her busy practice here.

Government is full of bloated bureaucracies, with various bodies being a haven for political hacks, who are owed something. Unrelated (maybe) to that comment is the fact that the Municipal Pension Plan has sixteen directors and sixteen alternate directors. I believe that their rules have to be set and approved by the lieutenant governor-in-council, so am at a loss to understand why this person continued on Page 26



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Participants in the 'Clay For Kids' classes at Riverside Centre will create fish, sea creatures, boats and all things fishy out of clay to take home at the end of their class. Photo submitted

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Another view of the Similkameen River last Thursday morning looking upstream from the area near the old bridge to the Allenby steam power plant. Photo: Brenda Engel

power is necessary or even appropriate.

Suffice it to say that the latest addition of their rules was amendment number 9, and bore no relation to the problems in health care at present. The shortage of medical and paramedical personnel is acute and getting worse. I understand that Princeton had lost its former physio a couple of years ago, and had been unable to find another until Anthea Pugliese came along. 40% of our nurses and probably the same number of physios will retire in the next five years and the government has not created positions for enough students to fill them, although it has lots of time to appoint its hacks. It is critical to your health to get those who are retirement age and ablebodied to continue to work for as long as they can or will.

How does this mesh with the Municipal Pension Plan? Well, it works hard to discourage their staying on. One rule, which I don't think would stand up in court, is double-bladed. An employee who discusses post-retirement employment with his/her employer is dis-

qualified from a pension. Likewise, if the employer dares to broach the subject with an employee, that employee is disqualified. Then semantics enters into it. The employee must not only resign, but unless he or she uses the word 'retiring' she/he is disqualified. And of course, they don't tell people this in advance. The Princeton Hospital was unaware of these preposterous 'rules.'

Anthea Pugliese asked three times to attend their retirement seminars. This was on the Mainland, where most of the employees are. In every case she was told that the seminars were full. Perish the thought that thirty-two directors and alternate directors should be able to arrange to provide adequate information to long-term employees. And perish the thought that they should provide it to the hospitals.

So what happened? Unknowing of all this, Anthea, who was coming into retirement age on November 30 of last year, talked to the employer. The employer, also unknowingly, made her an offer of 'post-retirement' (their words) employment on November 8.

With her retirement and her pensions due, Ms. Pugliese continued working. Her pay continued, but as she is a hands-on worker who trusts administration to look after her, she paid no attention to that. Her OPAL started without reference to anything but her age. So did her COP. But her Municipal Pension did not. I asked her about it several times, but she just thought administration of this was slow as is everything in health. Finally, in June, I persuaded her to ask what was going on, to which she received a cursory letter from the Pension Plan telling her she would not be eligible until she quit working altogether without discussing anything further.

The effect of this was that her pay had been cut by about a third when the pension to which she was legally entitled is taken into account. She felt betrayed, and she walked. The people of Princeton no longer have physio without taking the time, paying the car expense, and getting into lineups for treatment in Keremeos and Penticton. Anthea is ready, willing and able to return to work, but only if her pension is approved retroactive to November 30, 2006. That is what the Pension Plan's calculation contemplated, and that is what she is entitled to, thirty-two directors and alternate directors notwithstanding. Their 'rules' even, in my opinion, violate the Charter.

Joyce McKenzie, manager of the hospital here, does not seem interested enough to do anything about it. Harry Lali has not answered my letter. George Abbott, who professes deep concern about his health department, is not interested enough to respond, although he has the authority to rectify the situation. Ditto the president of the BC Medical Association, who could have a strong influence in the matter.

To add insult to injury, her employer was deducting continuing payment into the pension fund. She did not notice this. It would take just under eight years for her to get back these seven months of payments, not including interest. I note that they also deduct CPP premiums, although she has drawn CPP for seven months!

I am sure her patients and prospective patients would be extremely grateful if you were to lean on the mayor (who has not got involved), Mr. Lali, George Abbott. Phone them in the middle of the night to get their attention, and roast them. If you don't, this is going to happen to hundreds of others in the health field, all of whom will feel betrayed, and most of whom will not return when a judge says that the pensions must be restored. In Anthea's case, she is getting to like retirement and, although at present she is willing to come back, this may not be the case in even a few months. Thank you,

- Murray R. Woodward, Princeton





Tulameen Days attracted royalty. Princeton's Youth Ambassadors attended the event and rode in the Parade. From left, Vice Ambassador Samantha Wasylenchuk, Ambassador Madison Johnston and Friendship Ambassador Michelle Derkson. *



The circle shows the top of the slope of tailings that were part of the landslide into the Similkameen River August 1st. Arrow points to the location where the river was blocked. Okanogan County Sheriff's Department Photo

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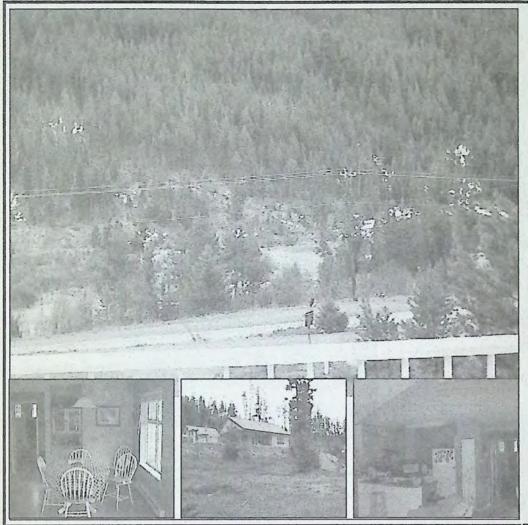
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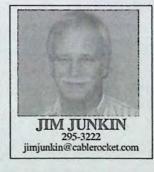


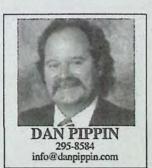
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