



Mayor Randy McLean, right, cuts the ribbon August 8th to officially open Princeton Family Place. He is joined by members of Communities for Kids and Princeton Childcare Services Society, Kathy Froese, Penny Schreckenberg, Beatrice Bibby, Susan Hamilton and Lorna Gregson. \*

## Princeton Family Place opens

The Princeton table of Communities for Kids and Princeton Childcare Services Society announced the official opening August 8th of Princeton Family Place.

The Family Place, located in Kenley Hall across from the Cenotaph, includes a family drop in/community kitchen facility. The family drop in for children 0 to 6 years and their parent/caregiver is held every Monday, Wednesday and Thursday from 11:00 AM to 2:00 PM. The drop in uses the

community kitchen to prepare a nutritious snack each day and lunch one day a week. Future plans include using the Family Place to enhance present programs for families of young children and to provide new programs related to healthy eating.

The need for a centrally located family place was identified four years ago when Communities for Kids held two community forums in Princeton to discuss services and resources for children aged 0 to 6 ..... continued on Page 3

## Councillors hear business park growth strategy

A presentation at the August 7th Town Council meeting by Dave Forai of Interior View Consulting was on the Princeton Business Park Growth Strategy.

Forai's presentation was prepared under the direction of the Similkameen Valley Planning Society for the Town of Princeton and had three key objectives: to identify the Business Park's chief advantages and challenges for attracting investment; identify what types of industry sectors match the advantages of the

Princeton area and develop a targeted marketing plan.

Community input came through a survey focused on four key factors affecting business: general location/business information, labour force, transportation and a community overview. A total of eight personal surveys were completed (agriculture, forestry, construction, retail, tourism, transport and Chamber of Commerce).

Forai says location advantages are many including the unique opportunity of centrally located

(not far from Vancouver, Kelowna, Kamloops and the US Border) 120 acres of affordable flat land with good access located in a safe community with affordable housing and a quality of life that provides many outdoor recreational opportunities.

There were only two location disadvantages identified (no major concerns with the business community pleased overall and a lack of adequate municipal services and telecommunications).

The labour force was examined

and a small influx of families relocating from the lower mainland and a diverse existing labour pool were viewed as advantages with disadvantages such as a lack of available skilled workers, the existing labour pool being tapped which has created a high turnover and no significant new employment opportunities being created.

Transportation advantages included Princeton's strategic location on Highway 3, an increase in use of Highway 3 in winter months (avoiding the

Coquihalla Highway) and that Princeton appears to be a logical stopping point along Highway 3. The fact that Princeton is considered a convenience stop for freight and a lengthy delay in receiving goods were viewed as disadvantages.

In the community overview five strengths were identified (lifestyle, affordability, increasing familiarity among potential residents, proximity to major markets and clean environment) with the same number of detriments noted (no voice for business - Chamber needs a revamp, poor work ethic among younger employees, challenges in filling senior management positions, a limited skilled workforce and the perception of a 'non-development' attitude within the community).

The next steps were identified as developing the Business Park (including on and off site requirements, services), marketing and promoting the Business Park.

In conclusion, Forai stated the Town 'must start now.'

"Princeton is very fortunate to have this land available. Don't wait."

## Council approves five recommendations

Town Council approved a total of five recommendations brought to the table at the August 7th regular meeting.

Councillor Jim Manion made the motion to accept the recommendation that Council adopt the Official Community Plan Public Engagement Strategy - Part One as

developed by Urban Systems in their Memorandum to Council dated July 27, 2007.

The strategy basically outlines a methodic series of events to follow in order to complete the public input portion of the Official Community Plan. Councillor Pam Jones seconded the motion, which passed.

A recommendation that Council adopt Administrative Policy No. 002-207 Machinery and Equipment Replacement saw a motion in that affect made by Councillor Jim

Manion and seconded by Councillor Pam Jones. The policy would see the establishment of a Capital Equipment Replacement Policy. The motion passed.

The introduction of a Capital Equipment Reserve Bylaw saw Bylaw No. 789, 2007 (Town of Princeton Capital Equipment Reserve Bylaw) receive three readings.

The motion was made by Councillor Pam Jones, seconded by Councillor Maria Sadegur and passed by all members present.

A recommendation to adopt a multi season billboard signage concept passed following a motion made by Councillor Jim Manion and seconded by Councillor Maria Sadegur and a recommendation to award design, construction and installation work on the second phase of the west entrance Welcome Sign to Jenny Woodworks of Kelowna was also passed.

The total cost of the sign, with a design to be finalized, will be \$6,500.00 plus tax.





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The 'Just Giver for Parkinson's 2007' cycle team passed through Princeton August 7th on the second leg of their journey from Vancouver to Cranbrook. One of their many corporate sponsors is the Lions Clubs of BC. Princeton Lions Club President Keith Olsen, centre, met with the team and welcomed them to Princeton.\*

## Local rescues Terry Fox Run

Tammy Holland has come to the rescue as Princeton's new Run Organizer and we're thrilled to welcome her on board this year. Just a few weeks ago, it was looking like Princeton's 2007 Run might not happen. Thanks to your local media however, our cause caught Tammy's eye, and now as the Run organizer, she's working to ensure that the 27th annual Terry Fox Run in Princeton continues to be a great success.

Tammy would really appreciate a few volunteers to lend a hand with organizing this year's Run. She's looking for a number of enthusiastic individuals who would be able to help her plan and carry out the particulars of the Princeton Terry Fox Run. If this is something that interests you please read on!

This year's Run takes place on Sunday September 16th. Many Terry Fox Run volunteers do most of their work leading up to the Run and there is a wide variety of work that you could get involved with. Securing donations, booking the run site, coordinating other volunteers, and arranging public relations and promotions are only a few examples.

As a Run Committee Volunteer in Princeton you would work closely with Tammy to ensure your

Community Run goes smoothly, helping to keep Terry Fox's dream of finding a cure for cancer alive.

Tammy is a dedicated new Run Organizer who would really love a hand with this project. Becoming a Terry Fox Run Committee volunteer is a terrific way to get involved in your community, meet some new people, and contribute significantly to cancer research.

With one of the lowest cost ratios compared to other cancer charities, The Terry Fox Foundation proudly gives over 87 cents of every dollar raised to cancer research, so you can be assured that your hard work in raising the funds is matched by our hard work in protecting it. Terry Fox is a national and international hero, who dreamed of a world without cancer. With your help we can get closer to that reality.

If you are interested in volunteering for The Terry Fox Run in Princeton, contact the Provincial Office at this toll free number: 1-888-TFOXRUN or e-mail us at [bcmedia@terryfoxrun.org](mailto:bcmedia@terryfoxrun.org). We can put you in contact with Tammy, and would be pleased to answer any questions that you might have. Run information can also be found online at [www.terryfoxrun.org](http://www.terryfoxrun.org).

- submitted

## Imagine the Best in Breast Cancer Detection



The South Okanagan Similkameen Medical Foundation  
is asking you to help us raise \$1,000,000

Breast cancer can be beaten, especially when it is detected early, yet only 53% of women in the Okanagan over the age of 50 have regular yearly mammograms. Our mission is to provide the residents of the South Okanagan Similkameen with the best technology in breast cancer detection, Digital Stereotactic Mammography.

This equipment reduces waiting and exam times, meaning more women can be screened in less time. Higher, more consistent image quality means fewer repeat examinations, better quality results and may help avoid invasive surgical procedures and hospitalization. Please help us bring this much needed technology to the South Okanagan Similkameen.

With funds raised or pledged by December 31, 2007 the machine could be operational by June 1, 2008.



For more information or to donate, please call (250) 492-9027

South Okanagan Similkameen Medical Foundation 550 Carmi Avenue, Penticton, B.C. V2A 9Z9  
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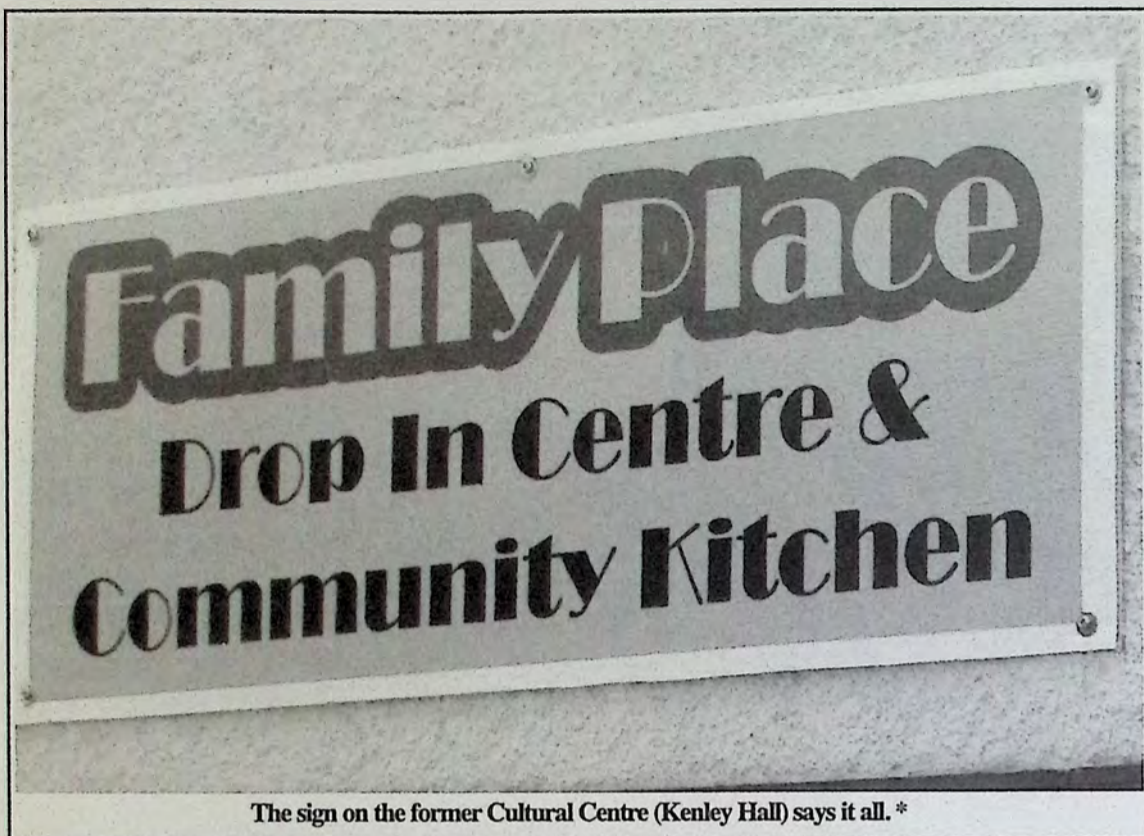
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The sign on the former Cultural Centre (Kenley Hall) says it all. \*

## Group celebrates opening

..... continued from Front Page and their families, and to establish a volunteer Princeton table. Participants wanted a place where children could informally socialize and parents could acquire knowledge and skills from one another and from childcare professionals.

Communities for Kids and Princeton Childcare Services Society have established a joint committee of volunteers to oversee the development of the Family Place. Penny Schreckenber, program coordinator for Princeton Childcare Services Society, will supervise the Family Place and Renee Hartwell is the facilitator of the drop in program.

Communities for Kids and Princeton Childcare Services Society would like to thank everyone who has assisted in the cre-

ation of the Family Place. In particular, we would like to acknowledge the Town of Princeton for its generosity in providing Kenley Hall as a home for the Family Place. Funding for the Family Place has included in kind donations from Town of Princeton, Princeton Childcare Services Society, School District #58, businesses and individuals and financial contributions from Princeton Rotary Club and the Princeton District Teachers Union.

Major grants were received from Communities for Kids/Success by Six, Community Action for Health, and the Union of BC Municipalities.

In addition, community volunteers have spent hundreds of hours renovating Kenley Hall including cleaning, painting, laying flooring

and furnishing. Communities for Kids and the Princeton Childcare Services Society are also appreciative of the many individuals and groups who have provided advice and encouragement for the past four years.

Communities for Kids Princeton Table and Princeton Childcare Services Society are proud to be part of such a caring community. Working together with a supportive Town Council and many others, we have been able to renovate a public building and to provide a needed resource to support our youngest citizens and their families.

For further information on the Family Place and/or to contribute ongoing support contact Susan Hamilton (295-7582) or Lorna Gregson (295-0110). -submitted

### TO EVERYBODY IN PRINCETON

It is with mixed emotion we have to announce that we will be closing our practices in Princeton on September 7, 2007 to further specialize in Anesthesiology. We have accepted positions in South Africa and will be starting there in October.

We want to thank everybody in this wonderful community for making us feel so welcome in Princeton. We really enjoyed the time we spent here and feel privileged to have been part of your lives for the past two years. We will always treasure the special moments spent with our colleagues, friends and patients.

With much appreciation,

Dr. Pieter van Immerzeel and Dr. Andriette Simons

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For students "NEW" to School District No. 58 (Nicola-Similkameen), the schools are open for pre-registration Monday to Friday, August 27-31, 2007, from 9:00 - 11:30 AM and 1:00 - 2:30 PM. Call ahead to confirm.

##### SCHOOL OPENING

Tuesday, September 4, 2007 - Adjusted Hours: 10:00 AM - 12:00 Noon  
Wednesday, September 5, 2007 - Regular School Hours.

##### SCHOOLS

John Allison Elementary, K-3	295-6727
Vermilion Forks Elementary, 4-7	295-6642
Princeton Secondary School, 8-12	295-3218
The Bridge, Centre for Lifelong Learning	295-3180

##### BUS STUDENTS

Please check in the newspaper and with your school for bussing information.

Tuesday, September 4, 2007 Busses will pick up students one hour LATER in the morning, and return students beginning at 12 Noon.

Wednesday, September 5, 2007: Busses begin the regular schedule.

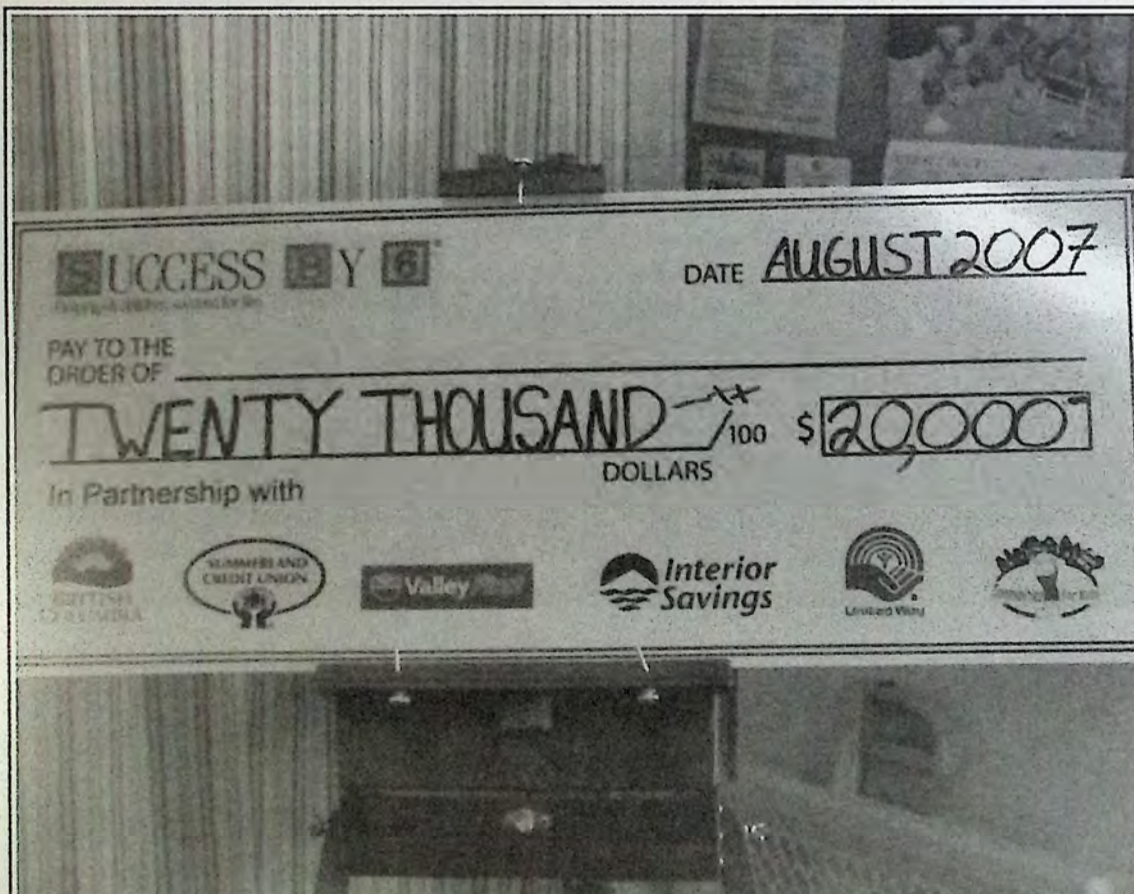
##### KINDERGARTEN:

To register, a child must be 5 years of age, on or before December 31, 2007, and a birth certificate, immunization record, and Care Card should be present. Kindergarten starting dates will be arranged through the school.

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The BIG cheque that helped make the Princeton Family Place a reality. It was presented to the Community for Kids Princeton Table by Success By 6 Coordinator Blair Lischeron. \*



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## keremeos and area news



Princeton's Tim Antonick, left, gets interviewed by Giant-FM's Dennis Walker alongside Antonick's 1952 Mercury during Kars Under the K August 4th in Keremeos. Photo: Kunyarat Somsaard

## Village amends financial plan

Keremeos Village Council heard the introduction of Bylaw 744 (Amendment to the Financial Plan) at their July 30th meeting.

Following an overview of the proposed bylaw it was noted that the bylaw provided for four expenditures that had arisen since the 2007-2011 Financial Plan was adopted.

They include Sludge Removal

(\$12,250), a Liquid Waste Management Plan Study (\$5,000 of Village funds added to a \$10,000 grant received), Community Resource Centre (\$341,000) and the Sewer Treatment Plant Centrifuge (\$244,000).

A recommendation was also made that Council set in place an annual transfer to replenish the Sewer Construction Reserve. The

source of funding for this transfer would be either the general taxpayers or sewer users through a sewer frontage tax.

The decision would need to be made in conjunction with the 2008 annual budget discussions.

A request by Council on the ratio of sewer users to non-sewer users was made and will likely be a determining factor on the final decision.

## Give some time, get a t-shirt

Similkameen Sizzle Committee discussed the need for more volunteers to help during the 6th annual Pepperfest planned for Saturday, September 15th.

Noting that the small planning committee will not be able to work all day and then into the evening during the dinner and dance part of

the schedule of events, a plan was devised to try to attract help by giving volunteers a Similkameen Sizzle t-shirt as a token thank you for their time.

The Committee will advertise in local newspapers for the extra help. The day long event at Memorial Park and Victory Hall is organized

by a small committee with many more volunteers required during the event to help with set-up and clean-up, security, assistance with events planned during the day and other tasks related to the Pepperfest.

To find out how you can get involved, contact Similkameen Country at (250) 499-5225.



Cawston's Alysha Harker signed her first professional recording contract August 7th with Oceanlight Productions in Los Angeles. Her first release will be a 3-song pop CD introduced in the UK market. Harker sang at the wedding of News Leader owner George Elliott and his wife, Brenda in 2004.





Another view of Kars Under the K. Photo: Kunyart Somsaard

## Weyerhaeuser sells Kamloops sawmill

Weyerhaeuser announced August 7th that it had reached an agreement-in-principle to sell its Kamloops sawmill and associated timber harvesting rights to International Forest Products Limited (Interfor).

"This decision was taken after a thorough review of our strategic goals," said Craig Neeser, president, Weyerhaeuser Company Limited.

"The announcement reflects decades of solid work and attention to safety on the part of our employees that made this an attractive operation."

The agreement-in-principle is subject to approval by Weyerhaeuser's Board of Directors and requires regulatory approvals. The transaction is expected to occur by the fourth quarter of 2007. Terms of the sales were not dis-

closed.

The transaction includes annual harvesting rights to 700,000 cubic metres of public land timber.

In BC, Weyerhaeuser will continue to retain sawmills in Princeton and Okanagan Falls, associated timber harvesting operations in addition to a hardwood sawmill and an engineered wood plant in the Lower Mainland.

- submitted

## Fair plans take shape

Months of planning are paying off for Princeton Fall Fair Association. The Board met August 7 to start fitting all of the parts together.

Saturday of the fair features chuckwagon races which will go through Sunday morning. Then lawnmower races take over to entertain everyone until late afternoon.

Silver Cloud Peruvian horses will be part of special demonstrations and information. Silver Cloud is a new business in the local area.

Entertainment for the children this year includes a bounce castle, mini golf and an obstacle course throughout the weekend.

Sunday will include children's entertainer Matt Duffus who will present songs and sculptured balloons and other small gifts for the kids.

Entertainment for everyone will be provided in the concession area during and after the pancake breakfast. The evening will feature a band in the refreshment garden. Many of the entertainers are local people who are donating their talents to the event.

Vendor stalls are filling up. Look

for the Food Security Program and the 100 Mile Challenge information. These booths will show a new trend in encouraging people to buy locally produced food. Rolly Bilodeau, of Cawston, is bringing his antique tractors for the second year.

The usual exhibits competitions will take place. Exhibits focus on local talent and productivity. Entries in vegetables, fruit, flowers, eggs, needlework, livestock, crafts and photography are always a big part of the fair.

Youngsters can show their talents in 4-H and Junior Fair. Exhibitors' prize list booklets will be available very soon. Entries will be taken from 3:00 PM to 6:00 PM on the Thursday and Friday before the fair.

4-H Dog Club competitions will be held again this year, with members of the Penticton club bringing their dogs for the trials.

Bunchgrass Quilters is planning their annual quilt show at the fair. Their show has received top marks from B.C. Fairs judges year after year.

This year, the Fall Fair will be selling souvenir t-shirts for every-

one. Look for them at the fair.

Admission to the fair is \$8 for adults, \$6 for seniors and students, and children 12 and under pay no admission.

Jody Woodford is still looking for volunteers to man the admission gate.

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## news leader health and lifestyle page

### The real cost of introductory low-rate offers

(NC)—We've all received tempting offers from credit cards issuers with really low introductory rates. While they may seem like a great money-saving idea at first, you should read these offers carefully. If you don't understand how they really work, you could end up paying more than you expected.

The idea behind this type of offer is to get you to change credit cards — by offering you a lower interest rate. The company issuing the new credit card will allow you to transfer the balance from your current card (on which you're paying a higher interest rate) to the new card, which has a

### Four ways you can protect your SIN

(NC)—Lost, stolen or borrowed Social Insurance Numbers (SIN) can be used to defraud governments, businesses and individuals. They can even be used to steal your identity. Take these four steps to protect yourself and your SIN:

- Never give out your SIN unless you are sure it is legally required. Service Canada has a list of organizations, institutions and plans that legally require your SIN in order to pay your salary and/or benefits, including federal government benefits such as those under Employment Insurance and the Canada Pension Plan. It's a good idea to visit the SIN section of the Service Canada Web site at [servicecanada.gc.ca](http://servicecanada.gc.ca).

- Take steps to protect your SIN, your SIN card and other personal information from theft. Store the card in a secure place such as a safety deposit box and never carry it in your purse or wallet unless you have to show it that day (e.g., when starting a new job). There are some excellent do's and don'ts in the Social Insurance Number Code of Practice document, which can be found on the Service Canada Web site.

- Call Service Canada if you think someone else is using your SIN. If someone else uses your SIN to work illegally or obtain credit, you may be asked to pay tax on income you didn't earn, or have difficulty applying for credit.

- Ensure your SIN information is up to date. Call Service Canada if your name or citizenship changes, your SIN card is lost or stolen, you suspect someone is using your SIN inappropriately, there is a death in your family, or if the date on your temporary SIN card expires.

If you suspect someone has stolen your SIN, or is using it inappropriately, call Service Canada at 1-800-206-7218 (select option "3"), or visit your nearest Service Canada Centre.

Visit the Service Canada Web site for more information on protecting your SIN. On the home page, just click on "SIN" and scroll down to "Protecting your SIN." Everything you need to know is there at [servicecanada.gc.ca](http://servicecanada.gc.ca).

- News Canada

very low interest rate.

However, if you look closely at these types of offers you will see that the low, introductory rate usually only applies to the balance you transfer from your old card to your new one. If you make a purchase with your new card, you will have to pay the regular rate of interest on it. This is because most institutions usually apply your payments to balance transfers and cash advances before they apply them to purchases. You pay off the lower-interest-rate debt first, and carry the higher-interest-rate debt on your purchases for a longer time.

If you have a large balance on your credit card and don't plan to make any new purchases, a low-rate introductory offer may save you on interest charges. But, don't forget — as soon as the introductory period ends, the interest rate for all of your transactions and balances will go back up to the card's regular (higher) rate.

How can you benefit from these types of offers, without paying more?

- Pay off your entire balance at the end of the introductory period. If you

can't pay it in full, transfer it to the credit card you have that has the lowest interest rate.

- Try not to make any new purchases with your card during the introductory period.

- Always pay the minimum monthly payment on your new card, on time. If you don't, the introductory rate will immediately come to an end, and the interest rate on your entire balance will jump to the regular (higher) rate.

To learn more about introductory, low-rate credit card offers, and how to use credit cards wisely, visit the Web site of the Financial Consumer Agency of Canada (FCAC), at: [www.fcac.gc.ca](http://www.fcac.gc.ca) or [moneytools.ca](http://moneytools.ca). You can view FCAC's consumer guide Credit Cards and You on line, or obtain a free copy, by calling the Agency's toll-free number: 1-866-461-3222.

FCAC is a federal government agency that protects consumers' rights and provides them with information about financial products and services.

- News Canada

## living past 100

### Laughter is really good medicine

People who laugh a lot have better health than those who lack a sense of humour. People who enjoy watching comedies on television and who laugh out loud at the funny antics of actors are giving themselves a dose of good health. People who tell jokes and the people who laugh at them are living a healthier life than the prudes who refuse to crack a smile.

The effects of laughter have been studied repeatedly by medical researchers and the results are always the same: laughter is good medicine. Even when the disease is cancer, people who laugh a lot get better quicker and stay well longer.

Imagine going to work in a place where you can laugh out loud a lot, a place where management encourages laughter. Researchers have found that employees in this kind of work environment are not only healthier, but they are more productive. Sourpuss management probably produces less and employees take more sick days, but that is only speculation.

Laughter is good for your lungs. Yes! laughter improves your respiratory system.

A good bout of laughter gives your heart a healthy workout. Furthermore, laughter gives you more energy, because it increases the oxygen in your blood.

After a good bout of laughter, blood pressure drops. (Does this mean those with high blood pressure should develop a sense of humour and laugh more?)

Your immune system strengthens when you laugh a lot. For some reason, when you engage in laughter, your killer cells work harder and better, and so do antibodies.

There are a lot of serious people who resent the guy who adds a little humour when things get tough. A lot of people will see this bit of humour as a sign of immaturity or inattention, or failure to see the importance of the matter under discussion. The critics would be wrong. The bit of humour allows people to relax and gain a new perspective on the problem. The new perspective may bring that moment of inspired resolution of the problem.

People who laugh together stay together. Think what this means for couples, families, co-workers, and school classes. Laughter has the effect of bonding people together, making them feel warm and appreciated (except when the laughter is aimed at a scapegoat, and that is not true laughter, that is bullying).

Where can you go for a good laugh?

Try the movies, situation comedies, or playing charades with friends. You might want to drop into one of those shops where joke items are sold (make sure they are really funny and not mean). Read joke books, tell jokes, listen to jokes. Play games just for fun. Do dumb things and laugh at yourself. Watch a dog play - dogs really know how to be silly and enjoy the process.

Finally, recognize that life is full of things to laugh about. Find the key to the funny side of life.





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## RESIDENTIAL PROPERTIES FOR SALE

<b>453 Taylor Mill Drive</b> , Great country home, 3 bedroom, 1 bath.	MLS 37350	<b>\$42,000</b>
<b>321 Riverside Avenue</b> , 2-bedroom river home on quiet street.	MLS 40651	<b>\$144,900</b>
<b>297 Lachine Avenue</b> , 3 bedroom home. Perfect for first time buyer.	MLS 37939	<b>\$159,000</b>
<b>168-2nd Avenue</b> , Cute 2-bedroom home on corner lot.	MLS 40653	<b>\$159,900</b>
<b>207 Angela Avenue</b> , 2 bedroom investment property on Allison Flats	MLS 40412	<b>\$175,000</b>
<b>142 Haliford Avenue</b> , 2 bedroom character home in perfect location.	MLS 40259	<b>\$190,000</b>
<b>488B Corina Avenue</b> , Beautifully updated 4-bedroom half duplex.	MLS 40961	<b>\$209,900</b>
<b>439 Similkameen Avenue</b> , 3 bedroom immaculate rancher.	MLS 36919	<b>\$215,000</b>
<b>525 Auburn Crescent</b> , 3-bedroom doll house on manicured 1/2 acre lot.	MLS 40997	<b>\$217,900</b>
<b>28 Bar Street</b> , Custom tune your dream home.	MLS 34385	<b>\$229,000</b>
<b>348 Hillside Avenue</b> , Great 3-bedroom family home on quiet street.	MLS 40746	<b>\$239,900</b>
<b>2811 Princeton-Summerland Road</b> , rare level creekback on Hayes Creek.	MLS 40589	<b>\$263,800</b>
<b>545 Taylor Way</b> , Quiet rural setting situated near the river.	MLS 40715	<b>\$279,000</b>
<b>1674 Princeton-Summerland Road</b> , Well-treed property, private building sites.	MLS 37717	<b>\$293,800</b>
<b>357 Old Hedley Road</b> , 4-bedroom home minutes from town.	MLS 40874	<b>\$299,900</b>
<b>428 Highway 3</b> , Over 2 acres of Similkameen River riverfront.	MLS 40431	<b>\$339,000</b>
<b>2774 Princeton-Summerland Road</b> , 5 acres backing Crown and KVR Trail.	MLS 40430	<b>\$359,900</b>
<b>2141 Highway 5A</b> , Private 3 bedroom home on 27.72 acres.	MLS 38345	<b>\$384,900</b>
<b>114 Sky Blue Loop</b> , Fantastic lakeview home, perfect for B&B.	MLS 38592	<b>\$498,300</b>
<b>2321 Old Hedley Road</b> , Great privacy and river frontage.	MLS 37321	<b>\$498,300</b>
<b>1100 Summers Creek Road</b> , 3 bedroom, 4 bath executive home.	MLS 38173	<b>\$888,000</b>
<b>468 Tulameen River Road</b> , Great investment holding property.	MLS 37874	<b>\$988,300</b>
<b>750 Cedar Creek Road</b> , 90 acres of world class views.	MLS 38926	<b>\$1,800,000</b>
<b>4263 Princeton/Summerland Road</b> , 55 acres with superior lake views.	MLS 40056	<b>\$1,888,300</b>

## PROPERTY FOR SALE

<b>235 Penryn Avenue</b> , .08 acres, central location.	MLS 36615	<b>\$39,900</b>
<b>108 Snowpatch Road</b> , Recreational delight in the heart of China Creek.	MLS 40846	<b>\$64,600</b>
<b>2289 Arcat Road</b> , 1.71 acre, on edge of Similkameen River.	MLS 39866	<b>\$138,300</b>
<b>88 Fenchurch Avenue</b> , .11 acre, excellent investment property.	MLS 40079	<b>\$158,300</b>
<b>Lot 3 Highway 3 West</b> , 2.71 acres, view lot beside Pub.	MLS 38737	<b>\$159,900</b>
<b>Coalmont Road</b> , 9.58 acres of panoramic views.	MLS 39412	<b>\$230,000</b>
<b>Lot B Coalmont Road</b> , 4.25 acres, perfect spot for small hobby farm.	MLS 40077	<b>\$230,300</b>
<b>Lot A Coalmont Road</b> , 4.30 acres, superior acreage close to Princeton.	MLS 40078	<b>\$245,300</b>
<b>3661 Princeton/Summerland Road</b> , 38.91 acres, next to Chain Lake.	MLS 38541	<b>\$313,800</b>

## COMMERCIAL PROPERTIES FOR SALE

<b>68-74 Billiter Avenue</b> , amazing potential for office or residential.	MLS 38917	<b>\$289,000</b>
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## Princeton Court News

EXCLUSIVE TO THE NEWS LEADER  
News Leader Court Reporter Dawn Johnson

### Drugs lead to house arrest

Brian Cooper and friends were travelling from the Kootenay area to their homes in the Vancouver area when they were stopped in a routine road check on July 3, 2006. Police noted the smell of marijuana smoke in the vehicle.

The driver of the vehicle admitted to having a small amount of marijuana in his possession. At that point, police searched the vehicle and found 2220 grams of marijuana. All of the men in the car were taken to Princeton Detachment and placed in cells.

Cooper later admitted ownership of the marijuana and admitted he

bought it in the Kootenays for \$2,500 for his own use and to sell it to friends. He pled guilty to possession for the purpose of trafficking.

Cooper appeared in Provincial Court in Princeton on August 9, 2007, to be sentenced.

Crown asked for either jail time or a conditional sentence with a number of conditions.

Judge Hogan placed Cooper under house arrest for four months. Cooper will be allowed to go to his job, attend medical and correctional appointments and go shopping for groceries, but otherwise he is to be in his home. Any breach of these

conditions will put him in institutional jail.

In addition, Cooper will be allowed no alcohol during his house arrest, and must take substance abuse counselling. He is forbidden any firearms, bows or explosive devices for 10 years.

Cooper apologized to the court and said he is turning his life around.

Judge Hogan advised Cooper to "write it off as a lunatic adventure and clean yourself up".

As a parting comment, the judge said, "Have a nice life and never come back."

### Judge discharges woman

An incident in Hedley on September 25, 2006, brought Teresa Henderson to Provincial Court in Princeton on August 9. She was involved in a dispute over personal property she believed her former roommate had taken. She went to the roommate's new residence in Hedley to demand the property be returned.

She was not allowed into the residence. She left angry and started her pick-up truck then hit the vehicle owned by the resident.

The 46 year old Henderson told the

court she should not have taken matters into her own hands.

Judge Hogan ordered a one year conditional discharge and

Henderson is to pay \$100 to ICBC in restitution.

As well, she is to have no further contact with her former roommate.

### Driver pleads guilty

In Provincial Court in Princeton on August 9, Clayton D. Swanson pled guilty to driving over .08.

Swanson was apprehended after police received a report of a possible impaired driver.

Police were advised of a description of the vehicle and licence plate

number on July 6, 2007.

Swanson showed signs of impairment and was taken for a breath test where readings of .150 and .160 were obtained. As it was his first offense, Swanson was ordered to pay a \$600 fine and loses his driving privileges for one year.

### Police search for driver

Princeton RCMP reports an incident on Tuesday, August 7th involving an insecure load. At about 7:15 PM that evening a pick up truck loaded with large pieces of wood was traveling westbound on Old Hedley Road. When the truck rounded the curve near the Weyerhaeuser office a one metre long log about 30-centimetres in diameter fell off the pick up and into the path of an oncoming vehicle.

"The log bounced along the road and under the oncoming car," says Princeton RCMP Cpl. Joe Houben.

"Luckily no one was injured as a result, however the vehicle sustained damage."

Police say the driver carrying the load likely did not realize what had happened and ask either the driver or anyone with information regarding this incident to contact the local RCMP Detachment at (250) 295-6911.

### ATV accident kills one

Princeton RCMP report responding to an accident call at 9:00 PM on Sunday, August 5th 12-kilometres west on Tulameen River Road, about 40-kilometres northwest of Princeton.

"Subsequent preliminary investigation revealed that a lone male was operating an ATV westbound


on Tulameen River Road when it appears he lost control," says Princeton RCMP Cpl. Joe Houben.

"The 21-year old was ejected down a 150-foot cliff."

The Lower Mainland resident was not identified pending notification of next of kin.

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# ATTENTION AREA H RESIDENTS

150 homes in Area H received a survey from the Similkameen Valley Planning Society. To date, only 15 have been returned. The SVPS would like to appeal to survey recipients to complete them and return them in the stamped envelope. If you received a survey and discarded it, contact Michael at (250) 295-7260 for another copy.

The SVPS would like to thank Princeton residents for a very high return of surveys.

VISIT OUR WEBSITE  
**www.thenewsleader.ca**  
FOR MORE COURT NEWS



# Princeton Court News

EXCLUSIVE TO THE NEWS LEADER

News Leader Court Reporter Dawn Johnson

## Driver fights impaired charge

John D. Ryan, age 59, of Surrey, B.C., stood trial in Provincial Court in Princeton on August 9 and 10 disputing an impaired driving charge.

Three police officers testified that in the early morning of November 13, 2005, Ryan was given a roadside breath test after he refused to stop at a road check.

The roadside test device showed "Fail" and Ryan was subsequently taken to the local detachment office for a breathalyser test. Due to the failure of the police to observe him for 15 continuous minutes prior to

this test, the evidence was discounted.

Ryan was also charged with possession of marijuana, but that charge was dismissed.

Judge Hogan listened to the testimony of Ryan regarding the events of that evening, but chose to reject Ryan's evidence due to some contradictions in his statements.

Ryan took the witness stand and attempted to explain his condition as being due to the cold and his allergies and many other medications. He added he would lose his job if he could not drive.

Judge Hogan's decision relied on the testimony of the police officers describing Ryan's condition at the time he was stopped on Coalmont Road.

The judge decided there was sufficient evidence of impairment at that time, and convicted Ryan of impaired driving.

Ryan had eight prior impaired driving convictions dating back 25 years. Because these had occurred so long ago, Judge Hogan sentenced Ryan to pay a slightly higher fine of \$800. Ryan's right to drive is denied for one year.

FIND MORE COURT NEWS ON OUR WEBSITE:

[www.thenewsleader.ca](http://www.thenewsleader.ca)

## Goldcliff increases flow-through financing

George W. Sanders, President, of Goldcliff Resource Corporation (GCN.TSXV) announced last week that the Company has increased the amount of the non-brokered flow through unit offering, announced June 5, 2007, from 4,000,000 to up to 5,000,000 units at a price of \$0.31 per unit.

Each unit comprises one flow-through share and one-half non-flow-through share purchase warrant. One whole share purchase warrant entitles the holder to purchase one common share at a price of \$0.50 cents per share for a period of one year from closing.

Goldcliff will pay a cash finder's fee of 7.5 per cent for any parts of the issue introduced by third parties. Units issued will be subject to regulatory approval and a four-

month resale restriction. Gross proceeds of \$1,550,000 will be applied to drilling on the Panorama Ridge gold property, geophysics, geochemistry and prospecting on the Big Sheep Creek uranium and Ainsworth silver and molybdenum properties.

Lead subscribers will be MineralFields Group and Cordilleran 2007 Limited Partnership.

Goldcliff management is pleased to be entering into a relationship with these two important resource-financing institutions.

MineralFields Group (a division of Pathway Asset Management) is a Toronto-based mining fund with significant assets under administration that offers its tax-advantaged super flow-through limited partner-

ships to investors throughout Canada during most of the calendar year, as well as hard-dollar resource limited partnerships to investors throughout the world.

Pathway Asset Management also specializes in the manufacturing and distribution of structured products and mutual funds. Information about MineralFields Group is available at its website. First Canadian Securities® is active in leading resource financings (both flow-through and hard-dollar financings) on competitive, effective and service-friendly terms, with investors both within and outside of MineralFields Group.

For further information, please contact George Sanders, President at (250) 764-8879 or toll free at 1-866-769-4802. -submitted

## Results from Tulameen Days events

### Slo-Pitch Tournament

1st Place - Tulameanias

2nd Place - Grogs

3rd Place - Grimy Gulch

### Hall of Fame Award

Andrew Kirkoff

### Most Valuable Player

Terry Godfrey

### Most Fun Team

Grimy Gulch

### Kids Fishing Derby

#### Trout

1st Prize - Zachary Cartwright

2nd Prize - Kyle Anderson

3rd Prize - Justyne Wyman

#### Kokanee

1st Prize - Brandon Oishi

2nd Prize - Kayne Sumanik

3rd Prize - Justyne Wyman

#### Coarse Fish

1st Prize - Kyle Anderson

2nd Prize - Zachary Cartwright

3rd Prize - Tyler Tompkins

### Most Fish Caught

Kayne Sumanik

Organizers thank the following sponsors for making the Fishing Derby possible:

- Mac's Auto Parts

- Pro Automotive

- D&V Grafting

- The Trading Post

- Sign Here Custom Signs

- Tulameen Community Club

- Bill Gammie

- Princeton Outdoor Supply

Cake Decorating Contest

### Cake of the Day

Zachary Cartwright

### Fire Hall Duck Race

1st Prize - Doris Richard

2nd Prize - Gerry Waddell

3rd Prize - M. Earnhardt

Load of Wood

won by Ian Kennedy

### Otter Valley Fish & Game Club

Generator - Jamie Hazzard

Gas Certificate - Natalie Young

Wooden Veggie Bin - Craig Bond

Pressure Cooker - Mike

Weishamm - submitted by A. Passey

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FROM 2:00 - 4:00 PM  
AT NEW BEGINNINGS  
(47 HAROLD AVENUE)**

**Please join the Board and Staff of Community Services as we wish Lyndy the very best in her retirement and commemorate her 26 years of service to the community.**

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# HELP!

**Similkameen Sizzle needs help...**

**Volunteer help to ensure the event's success!**

**So if you live in Keremeos, Princeton, Tulameen or anywhere in-between and you'd like to help with clean-up or security or one of hundreds of other jobs as part of Similkameen Sizzle on September 15th in Keremeos...**

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A car wash August 9th in Overwaitea parking lot raised funds in support of the Bey Family. In addition, Overwaitea donated food for a hot dog sale to help raise more funds. The News Leader also knows of at least one person who offered some of their time to help 'wait tables' at Mikado's Japanese Restaurant as a different way of supporting the cause. We applaud all these creative efforts and encourage you to show your support in whatever manner you are comfortable with. \*

# Plans come under review

Both the RDOS and the Town of Princeton have begun the process of comprehensive land use bylaw review that will involve the public. The Regional District Okanagan-Similkameen (RDOS) and the Town of Princeton are concurrently reviewing and updating their existing land use bylaws. The rural Princeton bylaw review will be conducted under the direction of the RDOS, for all of Area H, excluding the Town of Princeton. The Princeton Official Community Plan review will occur under the direction of the Town of Princeton, for the area within the municipal boundary.

The current Rural Land Use Bylaw (RLUB) for rural Princeton, which includes all of Electoral Area H, has been in place since 1998. The RLUB will be replaced with an Official Community Plan (OCP) and accompanying Zoning bylaws. The rural Princeton bylaw review is meant to update the guiding land use policies in Electoral Area H. Specific policies that will be updated include, but are not limited to growth management, agriculture, large rural holdings, residential development, commercial, industrial, natural environment and servicing. As well, the review is meant to update the existing zoning designations and identify future growth areas.

The RDOS has assembled a nine-person review committee made up of representatives from all of Electoral Area H, including Eastgate, Tulameen, Princeton fringe, Borgeson Lake, Osprey Lake and Headwaters. Review committee meetings are held every third Wednesday of the month at the Princeton Town Hall, beginning at 7:00 PM and are open for public observation. The Town of Princeton's current OCP was adopted in 1993, and will be updated over the coming year. The Town will be hosting their first public workshop for the new OCP on September 19, 2007 at 6:30 PM at the Community Skills Centre, 206 Vermilion Avenue. This session will provide the opportunity for residents to understand the importance of an OCP and share their ideas on land use policies related to topics such as future growth, and land use including: residential, commercial, industrial, institutional, parks and environmentally sensitive areas.

For more information on the RDOS rural Princeton bylaw review, contact Monty Horton, RDOS Planner at (250) 490-4204 or consult the RDOS website at <http://www.rdos.bc.ca/index.php?id=510>. For additional information on the Town of Princeton OCP review, contact Patrick Robins, CAO at (250) 295-3135. - submitted

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# weekly entertainment guide

TUESDAY, AUGUST 14, 2007 THROUGH MONDAY, AUGUST 20, 2007



Councillor Pam Jones, centre, presents Princeton Curling Club President Shauna Hassell with a cheque for \$15,000.00 from the Community Forest Corporation. They are joined by building committee members Randy Clark, Karen Manion and on the far right, (paid) contractor Mary Gunn of Scottie's Decorating. \*

## Curling Club receives grant

If you are a regular at the Princeton Curling Club you won't believe your eyes the next time you step into the facility on Highway 3.

A major Capital Improvement Project is underway and funding has come from the Community Forest Corporation.

Club President Shauna Hassell explains the project:

"We (Princeton Curling Club) are looking to improve and upgrade our current building structure and esthetics with safety being our first priority. The main areas of concern are the Ice Level and the Lounge. Smaller but just as important areas include some plumbing downstairs (faucets in kitchen/bathrooms) to upgrade current conditions, installing an office and restructuring a storage room. Outside we are looking at adding a catwalk with awning at the Front Entrance

as well as constructing an awning over the LH exterior stairwell."

Councillor Pam Jones presented the Club with a \$15,000.00 cheque August 9th in advance of a total \$50,000.00 contribution.

Details of the complete project are listed below.

### MAIN PROJECT OUTLINE

#### 1. Ice Surface Area

- Remove existing divider boards (between sheets) and replace with 2x6/1x6 plastic composite material.

- Re-carpet all boardwalks
- Paint the walls
- Lighting

- Replace all Fire exit doors

#### 2. Lounge Area

- Woodwork, (wainscot/chair rail and columns)

- Remove existing Trophy cases

- Replace Bathroom dividers

- Replace existing window

- Construct Header box to enclose

roof drain

- Paint

#### 3. Office (Old Storage Room)

- Electrical wiring for office equipment

- Phone line /Internet

- Lighting

- Baseboard Heater

- Safe

- Carpet

#### 4. Storage Room (New)

- Install laundry tubs

- Move Hot Water tank

- Build locking storage cabinet

- Build shelves for recycling/empties

- Install locking door hardware

- Lighting

- Baseboard heater

- Drywall ceiling

#### 6. Roof

- Replace existing tin roof on front portion of building only

- Replace tar and gravel roof and install all new product

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## CONGRATULATIONS

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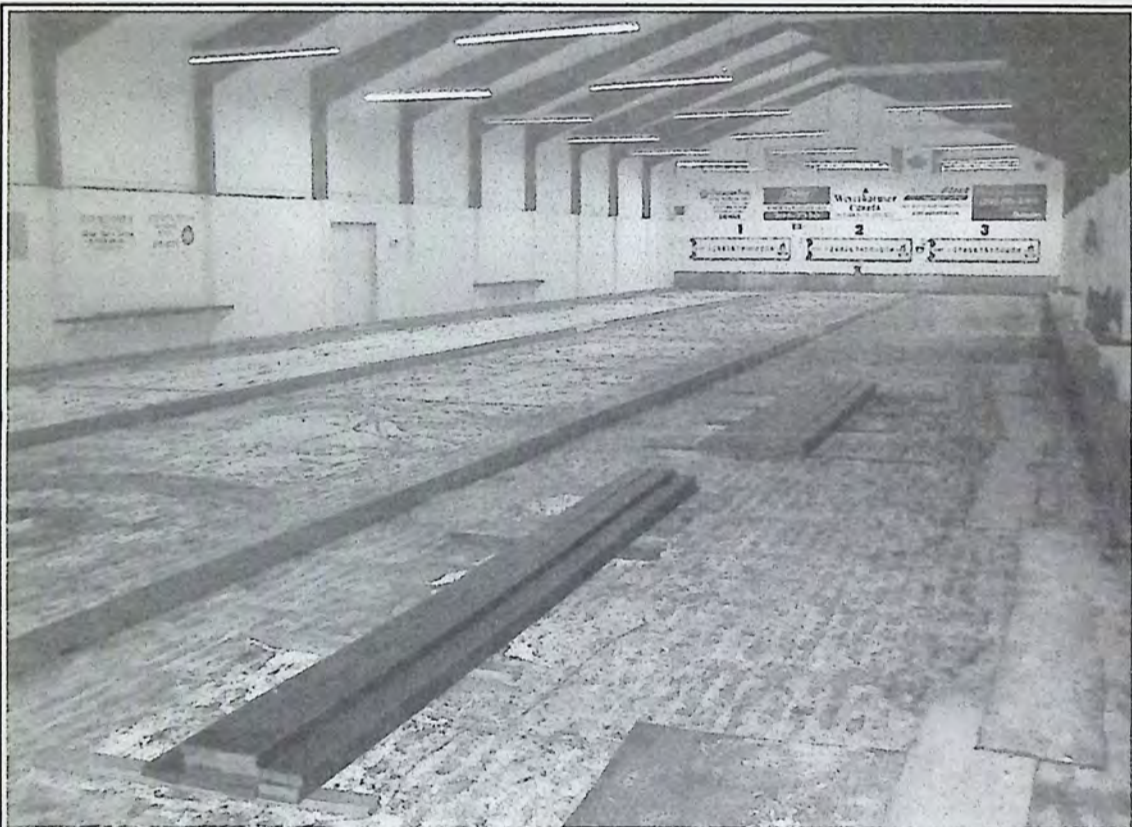
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During renovations of the Princeton Curling Club a number of old silver trophies were discovered. The one in the foreground was presented to Copper Mountain Curling Club by McLennan, McFeely & Prior Ltd. \*



New rails are being installed soon to be followed by new carpet at the Princeton Curling Club. \*



The trophy in the centre is engraved "Copper Mountain Ladies Curling Club Consolation Trophy presented for Annual Competition - 1951."

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6 AM	Dawson's Creek (E)	News (N) Room	Elliot Jakers	Body Elec. Caillou (E)	News (N)	News (N)	Dog Dog	(5:00) News (E)	News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentr e (E)	News (E) Canada AM (E)	Daily Planet (E)	Henrys King (E)	Rachael Ray (E)	V.I.P. (E)	Counterstri ke (E)
7 AM	Movie: "Excess Baggage" (1997) (E)	Life Today 100 Huntley Street (E)	BluesClues Dora	Barney Arthur (E)	Today Richard Simmons; fashion. (N)	The Early Show (N) (E)	Dog Dog	Good Morning America (N)				Arthur (E) Lunar Jim	Jane Monsters	SportsCentr e (E)	Frontiers of (E)	K. Possible (7-24)	CityLine (E)	V.I.P. (E)	Night Heat (E)
8 AM		2nd Chnce	Berenstain Clifford				Dog Dog		100 Huntley Street (E)		Curious Pinky	George S. Beasts	SportsCentr e (E)		Dirty Jobs (E)	Weekend Lilo Stitch	Star Trek: Voyager (E)	V.I.P. "V.I.P. -- R.I.P."	Due South "Manhunt"
9 AM	NewsRadio Cosby	Body Taste	Magic Bus Rolie Polie	Dragon Big World		Discover Discover	Dog Dog	Regis and Kelly	100 Huntley Street (E)	World Vision	Poko The Save- Ums! (E)	Flamingo LazyTown	Motoring Fishing	Regis and Kelly	Daily Planet (E)	Feet Benj Bear	News (N) City	Most Amazing Videos	FANatical Inside
10 AM	Harvey Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (N) (E)	Ellen DeGeneres Show	The Price Is Right (N)	Dog	The View (E)	World Vision	Design House	Viva Pinata Doodlebob	Ruby	WTA Tennis: U.S. Open Series -- Rogers Cup -- Day 2. From	The View (E)	Air Dogs Machines	Mickey Bear	Movie: "Murder at My Door" (1996)	Most Amazing Videos	Mad Abt. Grace
11 AM	Strokes Strokes	Thane Seinfeld	CG Kids Scattering	Thomas Sit-Be Fit	Dr. Keith Ablow (N) (E)	Young and the Restless	Dog Dog	Paid Prog. Paid Prog.	Judge J. House	News (N) (E)	The Gill Deacon Show	Jacob Mischief	-- Rogers Cup -- Day 2. From	eTalk (E) MTV e2	Lives-World (E)	Higglytown (11:25) King	Star Trek: Next Gener.	The Nanny Frasier	
12 PM	Still Stnd Still Stnd	News (N) (E)	Water Undersea	Charlie Rose (E)	Paid Prog. Paid Prog.	News (N) Bold & B.	Dog Dog	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	CBC News CBC News	Pokémon Flamingo	Toronto. (Live)	Degrassi Bold & B.	Nineteen- Year Weekend	(11:49) Weekend	CityLine (E)	Star Trek: Next Gener.	Seinfeld Seinfeld
1 PM	Yes, Dear Yes, Dear	Diva Dime Homes	MacPhee Quilting	Your Brush America	Days of our Lives (N)	As the World Turns (N)	Dog Dog	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion What's- Beasts	George S. Beasts		Twice in a Lifetime (E)	Dirty Jobs (E)	Dragon Emperor	Making It Star! Daily	Star Trek: Voyager (E)	Beverly Hills, 90210
2 PM	King King	Guiding Light (N) (E)	Gaslight Animals	Reading Lions	Passions (N) (E)	Guiding Light (N) (E)	Dog Dog	General Hospital (N)	Passions (N) (E)	Passions (N) (E)	The Gill Deacon Show	Viva Pinata Jacob	ATP Tennis	General Hospital (N)	How-Made How-Made	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager (E)	Extreme- Home
3 PM	Seinfeld Seinfeld	Room Design	Jack's Big Music Show	Arthur (E) Fetch! With Judge	Judge Judge	Dr. Phil (E)	Dog Dog	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food Miracles	Mystery Team	Sports	Dr. Phil (E)	Megabuild rs (E)	Weekend Lloyd	News (N) (E)	CSI: Crime Scn	Due South "Manhunt"
4 PM	Raymond Raymond	Days of our Lives (N)	Dora (4:37) Little	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	Dog Dog	Millionaire Millionaire	Oprah Winfrey (E)	News (N) Global	Frasier Mercer	Phantom Robot Boy	Interruptio WTA	Daily Show Colbert	Daily Planet (E)	Barbarian Proud	Friends Hollywood	CSI: Crime Scn	FANatical Inside
5 PM	Raymond Raymond	News (N) (E)	George S. (5:32)	BBC World Business	News (N) NBC News	News (N) News	Dog Dog	News (N) ABC News	News (N) Global	News (N) (E)	Simpsons Arrested	OddParent SpongeBob	Tennis: U.S. Open Series -- Rogers Cup -- Day 2. (Live)	News (N) (E)	How-Made How-Made	Suite Life Montana	Stargate Atlantis	CSI: Crime Scn	Seinfeld Seinfeld
6 PM	Bill Engvall Raymond	Body Caitlin	CG Kids Heads Up	News- Lehrer	News (N) Raymond	News (N) Hollywood	Dog the Bounty Hunter	News (N) News (N)	News (N) (E)	ET Canada Entertain	CBC News: Vancouver	Being Ian Prank Ptrl	Cup -- Day 2. (Live)	News (N) (E)	Jason- Argonaut	Zoey 101 Sadie	I'm Going to Tell You a Secret (N)	CSI: Crime Scn	Seinfeld Seinfeld
7 PM	Raymond Raymond	Ad Pers Jeopardy!	Animals Eden	Nova (E) (DVS)	Jeopardy! Fortune	Friends Scrubs	Angel Angel	Entertain The Insider	Entertain ET Canada	The Best Years (N)	Coronatn Just-Gags	Nick Malcolm	SportsCentr e (Live) (E)	eTalk (E) Hollywood	Extreme Machines (N)	So Raven Smart Guy	(E)	Murder (N)	Ground Up
8 PM	Bill Engvall Sex & City	NCIS "Singled Out"	Masterpiece Wild!	America's Got Talent (N) (E)	NCIS "Singled Out"	Angel Angel	Laughs Laughs	House (PA) (E)	House (PA) (E)	House (PA) (E)	Mercer 22 Minutes	Fresh Pr. Yvon	Boxing: Carlos Baldomir vs. Vernon Forrest. (E)	America's Got Talent (E)	Daily Planet (E)	Suite Life Life Derek	News (N) (8:35) Star!	CSI: NY "On the Job"	ET Canada FANatical
9 PM	Sex & City Friends	Inside Box Singing	Freedom Classical	Wide Angle (N) (E)	Big Brother 8 (N) (E)	Dog Dog	Primetime: Crime (N)	Big Brother 8 (N) (E)	Big Brother 8 (N) (E)	Second City	Mystery Ghost	Mystery Vernon Forrest. (E)	Can. Idol	Futureweap ons (E)	8 Rules Sinbad	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld Seinfeld	
10 PM	Friends Movie: "After the Sunset" (2004)	The Unit (E)	Notes Landscape	Cowboys, Ind	Law & Order: SVU	The Unit (E)	Dog the Bounty Hunter	i-Caught (N) (E)	The Best Years (N)	News Hour Final (N)	National (11:05) The Hour (E)	Prank Ptrl Weird	Boxing	Law & Order: SVU	Extreme Machines	Popular (E)	Movie: "Twist of Fate" (1998)	Star Trek: Voyager (E)	Seinfeld Seinfeld
11 PM		News (N) Room	Reach-Top Moving On	Charlie Rose (N) (E)	News (N) Tonight	News (N) Late Show	Angel Angel	News (N) (11:35)	News (N) (E)	Entertain ET Canada	Bob 15/Love	SportsCentr e (Live) (E)	News (N) (E)	How-Made Life Derek	8 Rules Life Derek	Deep Space 9	Madchen Amick.	Grace The Nanny	

WEDNESDAY, AUGUST 15, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Dawson's Creek (E)	News (N) Room	Elliot Jakers	Body Elec. Caillou (E)	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentr e (E)	News (E) Canada AM (E)	Daily Planet (E)	Henrys King (E)	Rachael Ray (E)	V.I.P. "Run, Val, Run"	Counterstri ke (E)
7 AM	Movie: "Laws of Attraction" (2004) (E)	Life Today 100 Huntley Street (E)	BluesClues Dora	Barney Arthur (E)	Today Martha Stewart; medical preparation: Thomas	The Early Show (N) (E)	Crossing Jordan (E)	Good Morning America (N)				Arthur (E) Lunar Jim	Dragon Monsters	SportsCentr e (E)	Raw Nature (N) (E)	K. Possible (7-24)	CityLine (E)	V.I.P. "Ex Valibur" (E)	Night Heat (E)
8 AM		Homes	Berenstain Clifford				American Justice		100 Huntley Street (E)		Curious Pinky	George S. Beasts	SportsCentr e (E)		American Hot Rod	Weekend Lilo Stitch	Star Trek: Voyager (E)	V.I.P. "Get Valley" (E)	Due South (E) (DVS)
9 AM	NewsRadio Cosby	Body Taste	Magic Bus Rolie Polie	Dragon Big World		Discover Discover	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision	Poko The Save- Ums! (E)	Flamingo LazyTown	NASCAR Racing	Regis and Kelly	Daily Planet (E)	Feet Benj Bear	News (N) City	Disorderly Con.	That News Inside
10 AM	Harvey Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (N) (E)	Ellen DeGeneres Show	The Price Is Right (N)	CSI: Miami (E)	The View (E)	Hospital	Design House	Viva Pinata Doodlebob	Ruby	WTA Tennis: U.S. Open Series -- Rogers Cup -- Day 3. From	The View (E)	Theme Park Secrets	Mickey Handy	Movie: "Saint Monica" (2002).	Disorderly Con.	Mad Abt. Grace
11 AM	Strokes Strokes	Seinfeld Thane	CG Kids Scattering	Bob Build Sit-Be Fit	Dr. Keith Ablow (E)	Young and the Restless	24 (E)	Paid Prog. Paid Prog.	Judge J. House	News (N) (E)	The Gill Deacon Show	Jacob Mischief	-- Rogers Cup -- Day 3. From	eTalk (E) MTV e2	Theme Park Secrets	Higglytown (11:25) King	Star Trek: Next Gener.	The Nanny Frasier	
12 PM	Still Stnd Still Stnd	News (N) (E)	Reach-Top Edge	Charlie Rose (E)	Paid Prog. Paid Prog.	News (N) Bold & B.	Crossing Jordan (E)	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	CBC News CBC News	Pokémon Flamingo	Toronto. (Live)	Degrassi Bold & B.	Theme Park Secrets	(11:49) Weekend	CityLine (E)	Star Trek: Next Gener.	Seinfeld Seinfeld
1 PM	Yes, Dear Yes, Dear	Diva Dime Homes	Planet Safe Pass	Art Work Sewing	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion What's- Beasts	George S. Beasts		Twice in a Lifetime (E)	Extreme Machines (E)	Dragon Emperor	Speakers Star! Daily	Star Trek: Voyager (E)	Beverly Hills, 90210
2 PM	King King	Guiding Light (N) (E)	Gaslight Moving On	Reading Lions	Passions (N) (E)	Guiding Light (N) (E)	American Justice	General Hospital (N)	Passions (N) (E)	Passions (N) (E)	The Gill Deacon Show	Viva Pinata Jacob	ATP Tennis	General Hospital (N)	Futureweap ons (E)	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager (E)	Extreme- Home
3 PM	Seinfeld Seinfeld	Room Design	Jack's Big Music Show	Arthur (E) Fetch! With Judge	Judge Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food Miracles	Mystery Team	Sports	Dr. Phil (E)	How-Made How-Made	Weekend Lloyd	News (N) (E)	CSI: Crime Scn	Due South (E) (DVS)
4 PM	Raymond Raymond	Days of our Lives (N)	Dora (4:37) Little	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	CSI: Miami (E)	Millionaire Millionaire	Oprah Winfrey (E)	News (N) Global	Frasier Just-Gags	Neutron Grossology	Interruptio WTA	Daily Show Colbert	Daily Planet (E)	Barbarian Proud	Friends Hollywood	CSI: Crime Scn	That News Inside
5 PM	Family Guy Family Guy	News (N) (E)	George S. (5:32)	BBC World Business	News (N) NBC News	News (N) News	CSI: Miami "Killer Date"	News (N) ABC News	News (N) Global	News (N) (E)	Simpsons Arrested	OddParent SpongeBob	Tennis: U.S. Open Series -- Rogers Cup -- Day 3. (Live)	News (N) (E)	Earthshocks : Hyper	Suite Life Montana	Vile Style (E)	CSI: Crime Scn	Seinfeld Seinfeld
6 PM	Payne Payne	Body & Caitlin	Mechanics Creatures	News- Lehrer	News (N) Raymond	News (N) Hollywood	CSI: Miami "Recoil"	News (N) News (N)	News (N) (E)	ET Canada Entertain	CBC News: Vancouver	Being Ian Weird	Cup -- Day 3. (Live)	News (N) (E)	Earthshocks	Zoey 101 Sadie	Movie: "Mickey Blue Eyes" (1999) Hugh Grant.	CSI: Crime Scn	Seinfeld Seinfeld
7 PM	Raymond Raymond	Ad Pers Jeopardy!	Meerkat Wild	Hawaiian Monk Seals	Jeopardy! Fortune	Friends Scrubs	The Sopranos (E)	Entertain The Insider	Entertain ET Canada	Crossing Jordan (E)	Coronatn Just-Gags	Nick Malcolm	SportsCentr e (Live) (E)	eTalk (E) Hollywood	MythBuster s (E)	So Raven Smart Guy	The Kill Point	Ground Up	
8 PM	My Boys Seinfeld	War War	Ancient Clues	Sixties- Years That Shaped a Generation	Outrageous Moments	Power of 10 (N) (E)	Simmons Simmons	Jim Knights	Power of 10 (N) (E)	Power of 10 (N) (E)	Just for Laughs (E)	Fresh Pr. Yvon	WEC WreckCage (N)	So You Think You Can Dance (N) (E)	Daily Planet (E)	Suite Life Life Derek	News (N) (8:35) Star!	Murder	ET Canada That News
9 PM	King King	Last Comic Standing	Scientists Past	Last Comic Standing	Criminal Minds (E)	CSI: Miami "Killer Date"	CSI: Miami "Recoil"	NASCAR in Primetime	Without a Trace (E)	Without a Trace (E)	fifth estate	Mystery Ghost	X-Games Classix (N)	MythBuster s (E)	8 Rules Sinbad	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld Seinfeld	
10 PM	Movie: "The Devil's Advocate" (1997) (PA)	Dateline NBC (E)	Landed- Canada	Best of the Beatles	Dateline NBC (E)	CSI: NY (E)	CSI: Miami "Recoil"	The Nine (N) (E)	Crossing Jordan (E)	News Hour Final (N)	National (11:05) The Hour (E)	Prank Ptrl Weird	X-Games Classix (N)	CSI: NY (E)	Earthshocks : Hyper	Popular (E)	Movie: "Top of the World" (1993, Drama) (E)	Star Trek: Voyager (E)	Seinfeld Seinfeld
11 PM		News (N) Room	Westland Dotto Tech	Charlie Rose (N) (E)	News (N) Tonight	News (N) Late Show	The Sopranos (E)	News (N) (11:35)	News (N) (E)	Entertain ET Canada	Bob 15/Love	SportsCentr e (Live) (E)	News (N) (E)	Earthshocks	8 Rules Life Derek	Deep Space 9	Madchen Amick.	Grace The Nanny	



# Horoscopes

August 15 - 22, 2007

**Aries** - This week, you want to express your fun-loving self. That's good, but you have to meet your obligations as well. Be realistic about children, pets, fun. Avoid booze, drugs.

**Taurus** - You want to talk about home and family now. You are concerned about money, but you may want to spend too much on things you don't need. You want home to be a nicer place.

**Gemini** - This weekend could be a major lesson for you about career and/or parents. If you feel your pride or ego have been attacked, say so, clearly, but guard your temper.

**Cancer** - Health issues can affect you this week, along with money matters. Don't overwork or overspend. You do not have the resources you need. Hold off spending until Christmas.

**Leo** - This week is a time to express the real you. Let your public face reflect your inner self. Make sure your words are spoken from the heart. Depressed/tired feeling is temporary.

**Virgo** - Your inner self is not up to par this week. You need to do some clear, logical thinking. Ideas must be workable. Partner is vague about what you say. Career matters remain hectic.

**Libra** - Plans you made may not work out this week. You may have to make a decision for radical change. Be open about your plans, discuss them with friends. Stay sober.

**Scorpio** - Career matters demand discussion. There may be some hardships involved. Matters at home are vague or deceptive. Clear the air with honest expression. Weekend is fun.

**Sagittarius** - Travel this week could involve number of short trips and errands. Express your beliefs in a pleasant way. Weekend brings challenge to home life & job - learn from it.

**Capricorn** - Matters of insurance, debts and investments need to be taken care of this week, but do not expect a lot of benefits. Things improve next month. Speak your dream & work on it.

**Aquarius** - Listen carefully to what others tell you this week. Be sure you know exactly what they mean. Children could be upsetting. Put ego energy into creative work, not anger.

**Pisces** - Challenge comes from home, family. There is a lesson for you this weekend in regard to family. Be aware and learn from it. Work around home can be constructive and disruptive.

## Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall, Rocklin Avenue.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym

## thursday movies

### MORNING

- 7:00 am WTBS (3) ★★½ "Multiplicity" (1996, Comedy) Michael Keaton. Cloning enables a harried family man to step back from life's responsibilities, a situation that becomes irreversible. (E)
- 10:00 am CITY (29) ★★½ "Mickey Blue Eyes" (1999, Romance-Comedy) Hugh Grant. After his girlfriend accidentally kills a mafioso's son, a man helps her mobster father try to pin the blame on a rival crime family. (E)

### EVENING

- 8:00 pm CHBC (4) ★★ "Message in a Bottle" (1999, Romance) Kevin Costner. A woman learns that the author of a romantic note that washed ashore is a shipbuilder whose wife died young and tragically. (E)
- 9:30 pm WTBS (3) ★★ "Along Came a Spider" (2001, Suspense)

- (PA) Morgan Freeman. A detective and a Secret Service agent investigate the abduction of a senator's daughter from a school. (E)
- 10:06 pm CITY (29) ★★ "Go" (1999, Comedy-Drama) Desmond Askew. A checkout girl covering for a co-worker faces danger from a drug dealer she double-crosses out of desperation. (E)
- 11:30 pm WTBS (3) ★½ "Twisted" (2004, Suspense) (PA) Ashley Judd. With help from her partner, a police inspector searches for a killer who is murdering her former lovers. (E)

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## friday movies

### MORNING

- 7:00 am WTBS (3) ★★ "Feeling Minnesota" (1996, Comedy-Drama) (PA) Keanu Reeves. Two lowlife lovers and a dog flee with loot to Las Vegas with angry people on their trail. (E)
- 9:00 am CBC (13) ★★½ "The Little Bear Movie" (2001, Fantasy) Voice of Kristin Fairlie. Animated. A bear forms a search party in order to reunite a cub with his parents. (E)
- 10:00 am CITY (29) "Cybermutt" (2002, Fantasy) Judd Nelson. A scientist uses a computer chip to transform the dog that saved his life into a bionic canine. (E) (DVS)

### AFTERNOON

- 5:00 pm WTBS (3) ★★½ "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971. (E)

### EVENING

- 6:00 pm CITY (29) ★★ "Nutty Professor II: The Klumps" (2000, Comedy) Eddie Murphy. In an attempt to remove Buddy Love from his subconscious, professor Klump accidentally creates him as a separate person. (E)
- 7:40 pm WTBS (3)

- ★★★ "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971. (E)
- 8:00 pm FAM (26) "High School Musical 2" (2007, Musical Comedy) Zac Efron. Premiere. A teenager befriends members of a wealthy family while working at a country club. (In Stereo)
- 9:30 pm YTV (18) "Ultimate Avengers: The Movie" (2006, Action) Voices of Justin Gross. Animated. Captain America, the Hulk, Iron Man and other superheroes join forces to save mankind from evil. (In Stereo) (E)
- FAM (26) ★★½ "Double Teamed" (2002, Drama) Annie McElwain. Twin sisters Heather and Heidi Burge develop a budding rivalry in high school and make it to the WNBA. (E)
- 10:06 pm CITY (29) "Wicked Pleasures" (2004, Adult) Syren. Premiere. A district attorney discovers that the man she is falling for may be a coldblooded killer.
- 10:20 pm WTBS (3) ★½ "Blue Streak" (1999, Comedy) (PA) Martin Lawrence. A jewel thief returns to a construction site to retrieve his cache and finds a police station on the spot. (E) (DVS)
- 11:00 pm SPIKE (4) ★★½ "Wayne's World 2" (1993, Comedy) Mike Myers. The world's best roadie helps goofy Wayne and Garth organize a rock concert called Waynestock.

## Similkameen News Leader

Recipe Corner (Recipe #180)

Brought To You By: Similkameen News Leader

# Composed Cobb Salad

Put your own special twist on the classic Cobb Salad

(NC)—Once the signature dish of the legendary Brown Derby restaurant in Hollywood, California, the Cobb Salad has become the perfect lunch and dinner main course salad. Hellmann's (www.Hellmanns.ca <http://www.Hellmanns.ca> ) invites you to personalize the salad with items in your refrigerator, your favourite cheeses and one of their five new Spritzer salad dressings.

## Composed Cobb Salad

- 6 cups chopped romaine lettuce leaves (2 L)
- 2 medium tomatoes, chopped (2)
- 1 cup diced cooked turkey (250 mL)
- 2 hard-boiled eggs, peeled and chopped (2)
- 1/3 cup crumbled blue cheese (75 mL)
- 2 slices bacon, crisp-cooked and crumbled (2)
- Hellmann's Salad Spritzers Zesty Italian Vinaigrette Dressing

On serving platter, arrange lettuce. Top with diagonal rows of remaining ingredients, except dressing. Just before serving, spritz with Dressing. Makes: 4 servings.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

## Princeton Posse 2006/07 - The DVD



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THURSDAY, AUGUST 16, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Dawson's Creek (E)	News (N) Room	Elliot Jakers	Body Elec. Caillou (E)	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Henry's King (E)	Rachael Ray (E)	V.I.P. "Bodyguards"	Counterstrike (E)
7 AM	Movie: "Multiplicity" (1996)	Life Today 100 Huntley Street (E)	BluesClues Dora	Barney Arthur (E)	Today America the Beautiful: pasta-dish ingredients; speed-cleaning. (N)	The Early Show Aspen, Colo. (N) (E)	Crossing Jordan (E)	Good Morning America (N)				Arthur (E) Lunar Jim	Jane Monsters	SportsCentre (E)	Blue Realm Manta rays.	K. Possible (7:24)	CityLine (E)	V.I.P. "Val in Space"	Night Heat (E)
8 AM	Michael Keaton. (E)	Taste	Hi-5 Berenstain	Curious Clifford			American Justice		100 Huntley Street (E)		Curious Clifford	George S. Beasts	SportsCentre (E)	Extreme Machines	Weekend Lilo Stitch	Star Trek: Voyager (E)	V.I.P. "Val Squared"	Due South (E) (DVS)	
9 AM	NewsRadio Cosby	Body & Taste	Magic Bus Rolie Polie	Dragon Big World		Discover Discover	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	Poko The Save-Ums! (E)	Flamingo LazyTown	Score Golf Television	Regis and Kelly	Daily Planet (E)	Feet Benj Bear	News (N) City	Disorderly Con.	What Inside
10 AM	Harvey Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (N) (E)	Ellen DeGeneres Show	The Price Is Right (N)	CSI: Miami (E)	The View (E)	World Vision	Design House		Viva Pinata Ruby	WTA Tennis: U.S. Open Series -- Rogers Cup -- Day 4. From Toronto. (Live)	The View (E)	Kandula: Ele.	Mickey Sprites	Movie: "Mickey Blue Eyes" (1999) Hugh Grant.	Disorderly Con.	Mad Abt. Grace
11 AM	Strokes Strokes	Seinfeld Seinfeld	CG Kids Scattering	Thomas Sit-Be Fit	Dr. Keith Ablow (E)	Young and the Restless	24 (E)	Paid Prog. Paid Prog.	Judge J. House	News (N) (E)	The Gill Deacon Show	Jacob Mischiefs	Toronto. (Live)	eTalk (E) MTV e2	Africa- Dinosaur	Higglytown (11:25) King	Star Trek: Next Gener.	The Nanny Frasier	
12 PM	Still Std Still Std	News (N) (E)	My Father, My Teacher	Charlie Rose (E)	Paid Prog. Paid Prog.	News (N) Bold & B.	Crossing Jordan (E)	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	CBC News CBC News	Pokémon Flamingo	Toronto. (Live)	Degrassi Bold & B.	Anatomy of a Warship	(11:49) Weekend	CityLine (E)	Star Trek: Next Gener.	Seinfeld Seinfeld
1 PM	Yes, Dear Yes, Dear	Diva Dime Homes	Classical Notes	Painting Needle Art	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion What's-	George S. Beasts		Twice in a Lifetime (E)	Earthshocks: Hyper	Dragon Emperor	In Fashion Star! Daily	Star Trek: Voyager (E)	Beverly Hills, 90210
2 PM	King King	Guiding Light (N) (E)	Gaslight Dotto Tech	Reading Lions	Passions (N) (E)	Guiding Light (N) (E)	American Justice	General Hospital (N)	Passions (N) (E)	Passions (N) (E)	The Gill Deacon Show	Viva Pinata Jacob	ATP Tennis	General Hospital (N)	Earthshocks	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager (E)	Extreme-Home
3 PM	Seinfeld Seinfeld	Room Design	Jack's Big Music Show	Arthur (E) Fetch! With Judge	Judge Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food Miracles	Mystery Team	Sports	Dr. Phil (E)	How-Made How-Made	Weekend Lloyd	News (N) (E)	CSI: Crime Scn	Due South (E) (DVS)
4 PM	Raymond MLB	Days of our Lives (N)	Dora (4:37) Little	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	CSI: Miami (E)	Millionaire Millionaire	Oprah Winfrey (E)	News (N) Global	Frasier 22 Minutes	Phantom Robot Boy	Interruptio	Daily Show Colbert	Daily Planet (E)	Barbarian Proud	Friends Hollywood	CSI: Crime Scn	What Inside
5 PM	Baseball: San Francisco Giants at Atlanta Braves. (Live) (E)	News (N) (E)	Quit From (5:32)	BBC World Business	News (N) NBC News	News (N) News	CSI: Miami "Whacked"	News (N) ABC News	News (N) Global	News (N) (E)	Simpsons Arrested	OddParent SpongeBob	Tennis: U.S. Open Series -- Rogers Cup -- Day 4. (Live)	News (N) (E)	MythBusters (E)	Suite Life Montana	Ugly Betty (E)	CSI: Crime Scn	Seinfeld Seinfeld
6 PM		Body Caitlin	(6:10) Spellz Reach-Top	News- Lehrer	News (N) Raymond	News (N) Hollywood	The First 48 (N) (E)	News (N) News (N)	News (N) (E)	ET Canada Entertain	CBC News: Vancouver	Being Ian Erky Perky	Cup -- Day 4. (Live)	News (N) (E)	Guinea Pig Machines	Zoey 101 Sadie	Supernatural "Hunted" (E)	TNA iMPACT! (E)	Seinfeld Seinfeld
7 PM	Friends Friends	Ad Pers Jeopardy!	Fiery Phantom	Live From Lincoln Center	Jeopardy! Fortune	Friends Scrubs	Detroit SWAT (N) (E)	Entertain The Insider	Entertain ET Canada	The Office Name Earl	Coronatin Just-Gags	Nick Malcolm	SportsCentre (Live) (E)	eTalk (E) Hollywood	Mayday (E)	So Raven Smart Guy	(7:01) Men in Trees (E)	UFC Unleashed	Ground Up
8 PM	Friends Friends	Movie: "Message in a Bottle"	Beaverbrook (E)	"Mozart Dances" (N)	Name Earl 30 Rock	Big Brother 8 (E)	Dallas SWAT (E)	Ugly Betty (E)	Big Brother 8 (E)	Big Brother 8 (E)	Modigliani: Body & Soul	Fresh Pr. Yvon	World Extreme Cagefighting	So You Think You Can Dance The winner. (E)	Guinea Pig Machines	Suite Life Life Derek	News (N) (8:35) Star!	UFC Unleashed	ET Canada What
9 PM	Friends Friends	Movie: Kevin Costner. (E)	Shakespeare	Globe Trekker "Egypt"	The Office (9:31)	CSI: Crime Scn	CSI: Miami "Whacked"	Grey's Anatomy Name Earl	The Office Name Earl	Shark "Starlet Fever"	Embracing Bob's Killer	Mystery Ghost	World Extreme Cagefighting	The winner. (E)	Guinea Pig Machines	8 Rules Sinbad	(9:06) Jimmy Kimmel	Body Shop MXC	Seinfeld Seinfeld
10 PM	Movie: "Along Came a Spider" (2001) (PA)	What Past	Wild Science	Elvis Lives: 25th	(10:01) ER "Family Business"	Without a Trace (E)	The First 48 (E)	(10:01) Men in Trees (E)	Shark "Starlet Fever"	News Hour Final (N)	National	Prank Ptrl Weird	X Games	Criminal Minds (E)	Mayday (E)	Popular (E)	(10:06) Movie: "Go" (1999)	Wild World Game	Seinfeld Seinfeld
11 PM	"Twisted"	News (N) Room	Taking Care of Elvis	Charlie Rose (N) (E)	News (N) Tonight	News (N) Late Show	Detroit SWAT (E)	News (N) (11:35)	News (N) (E)	Entertain ET Canada	(11:05) The Hour (E)	Bob 15/Love	SportsCentre (Live) (E)	News (N) News (N)	MythBusters (E)	8 Rules Life Derek	Desmond Askew. (E)	UFC Unleashed	Grace The Nanny

FRIDAY, AUGUST 17, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Dawson's Creek (E)	News (N) Room	Elliot Jakers	Body Elec. Caillou (E)	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentre (E)	News (E) Canada AM (E)	Daily Planet (E)	Henry's King (E)	Rachael Ray (E)	V.I.P. "Val on Fire" (E)	Counterstrike "The Hit"
7 AM	Movie: "Feeling Minnesota" (1996) (PA)	Life Today 100 Huntley Street (E)	BluesClues Dora	Barney Arthur (E)	Today Maroon 5; after-school snacks. (N)	The Early Show (N) (E)	Crossing Jordan (E)	Good Morning America (N)			Arthur (E) Lunar Jim	Jane Monsters	SportsCentre (E)		Champions Champions	K. Possible (7:24)	CityLine (E)	V.I.P. "A.I. Highrise"	Night Heat (E)
8 AM		Catering	Hi-5 Berenstain	Curious Clifford			American Justice		100 Huntley Street (E)		Curious Pinky	George S. Beasts	SportsCentre (E)	MythBusters (E)	Weekend Lilo Stitch	Star Trek: Voyager (E)	V.I.P. "Val in Carnation"	Due South "Chinatown"	
9 AM	NewsRadio Cosby	Body Taste	Magic Bus Rolie Polie	Dragon Big World		Discover Discover	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	Movie: "The Little Bear Movie" (E)	Flamingo LazyTown	Triathlon	Regis and Kelly	Daily Planet (E)	Feet Benj Bear	News (N) City	Disorderly Con.	Big Screen Inside
10 AM	Harvey Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (N) (E)	Ellen DeGeneres Show	The Price Is Right (N)	CSI: Miami "10-7" (E)	The View (E)	World Vision	Design House		Viva Pinata Ruby	WTA Tennis: U.S. Open Series -- Rogers Cup -- Quarterfinals. From Toronto. (Live)	The View (E)	Canada's Worst Driver	Mickey JoJo	Movie: "Cybermut" (2002, Fantasy)	Disorderly Con.	Mad Abt. Grace
11 AM	Strokes Strokes	Seinfeld Seinfeld	Rivers Scattering	Bob Build Sit-Be Fit	Dr. Keith Ablow (E)	Young and the Restless	24 (E)	Paid Prog. Paid Prog.	Judge J. House	News (N) (E)	The Gill Deacon Show	Jacob Mischiefs	Cup -- Quarterfinals. From Toronto. (Live)	eTalk (E) Screen	How Do Machines	Higglytown (11:25) King	Judd Nelson.	Disorderly Con.	The Nanny Frasier
12 PM	Still Std Still Std	News (N) (E)	Canada- History	Charlie Rose (E)	Paid Prog. Paid Prog.	News (N) Bold & B.	Crossing Jordan (E)	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	CBC News CBC News	Cybertron Flamingo	Toronto. (Live)	Degrassi Bold & B.	MythBusters (E)	(11:49) Weekend	CityLine (E)	Disorderly Con.	Seinfeld Seinfeld
1 PM	Yes, Dear Yes, Dear	Diva Dime Homes	Router SportFish	Painting Scrapbook	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion Dinner	George S. Beasts		Twice in a Lifetime (E)	MythBusters (E)	Dragon Emperor	At Movies Star! Daily	Disorderly Con.	Beverly Hills, 90210
2 PM	King King	Guiding Light (N) (E)	Gaslight Sustain	Reading Lions	Passions (N) (E)	Guiding Light (N) (E)	American Justice	General Hospital (N)	Passions (N) (E)	Passions (N) (E)	The Gill Deacon Show	Viva Pinata Jacob	ATP Tennis	General Hospital (N)	Mayday (E)	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager (E)	Extreme-Home
3 PM	Seinfeld Seinfeld	Room Design	Hi-5 "Fun Machines"	Arthur (E) Fetch! With Judge	Judge Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food Miracles	Mystery Team	Sports	Dr. Phil (E)	How-Made How-Made	Weekend Lloyd	News (N) (E)	CSI: Crime Scn	Due South "Chinatown"
4 PM	Raymond Raymond	Days of our Lives (N)	Dora (4:37) Little	Cyberchas Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	CSI: Miami "10-7" (E)	Millionaire Millionaire	Oprah Winfrey (E)	News (N) Global	Frasier Air Farce	(4:05) Robot Xiaolin	Interruptio	Daily Show Colbert	Daily Planet (E)	Barbarian Proud	Friends Hollywood	CSI: Crime Scn	Big Screen Inside
5 PM	Movie: "Remember the Titans" (2000)	News (N) (E)	George S. (5:32)	BBC World Business	News (N) NBC News	News (N) News	CSI: Miami (E)	News (N) ABC News	News (N) Global	News (N) (E)	Simpsons Arrested	El Tigre Avatar	Tennis: U.S. Open Series -- Rogers Cup -- Quarterfinals.	News (N) (E)	Hazard Pay (E)	Suite Life Montana	Scenes Hollywood	CSI: Crime Scn	Seinfeld Seinfeld
6 PM	Denzel Washington.	Body Caitlin	Lilly (N) Science	News- Lehrer	News (N) Raymond	News (N) Hollywood	CSI: NY (E)	News (N) News (N)	News (N) (E)	ET Canada Entertain	CBC News: Vancouver	AmiYumi Team	Cup -- Quarterfinals.	News (N) (E)	Best Evidence (N)	Zoey 101 Life Derek	Movie: "Nutty Professor II"	CSI: Crime Scn	Seinfeld Seinfeld
7 PM	(7:40)	Ad Pers Jeopardy!	Life of Mammals (E)	Seasoned McLaughlin	Jeopardy! Fortune	Friends Scrubs	Intervention "Caylee"	Entertain The Insider	Entertain ET Canada	Without a Trace (E)	Coronatin Just-Gags	Naruto Naruto	CFL Football: BC Lions at Calgary Stampede. (Subject to Blackout)	eTalk (E) Hollywood	A Haunting "Cursed"	High School Musical	The Klumps" (2000)	CSI: Crime Scn	Ground Up
8 PM	Movie: "Remember the Titans" (2000, Drama)	Zoe Busiek: Wild Card	Tess of the Durbervilles (Part 1 of 2)	Wash Wk NOW (N)	1 vs. 100 (E)	Ghost Whisperer (E)	Intervention (E)	Set for Life (N) (E)	Without a Trace (E)	NUMB3RS (E)	Air Farce Comedy	Naruto Naruto	Stampede. (Subject to Blackout)	Set for Life (N) (E)	Daily Planet (E)	Movie: "High School Musical 2"	News (N) Party	Oblivious Sports	ET Canada Big Screen
9 PM	Denzel Washington.	One Tree Hill (E)	The Last Detective (E)	Bill Moyers Journal (N)	Las Vegas (E)	Jericho "A.K.A." (E)	CSI: Miami (E)	Lopez Lopez	Las Vegas (E)	Las Vegas (E)	Intelligence (E) (DVS)	Naruto Movie: "Ultimate Avengers: The Movie" (2006)	Cup -- Quarterfinals.	Law & Order (E)	A Haunting "Cursed"	Movie: "Double Teamed" (2002)	(9:06) Jimmy Kimmel	Body Shop Seinfeld	Seinfeld Seinfeld
10 PM	(10:20)	20/20 (E)	The Last Detective (E)	Andrea Bocelli-Tuscany	Law Order: CI	NUMB3RS (E)	CSI: NY (E)	20/20 (E)	NUMB3RS (E)	News Hour Final (N)	National	World Combat League	World Combat League	Law Order: CI	Guinea Pig Machines	Movie: "Wicked Pleasures" (2004, Adult)	(10:06) Movie: "Wicked Pleasures" (2004, Adult)	Game Sports	Seinfeld Seinfeld
11 PM	Movie: "Blue Streak"	News (N) Room	History History	Austin City Limits (E)	News (N) Tonight	News (N) Late Show	Intervention "Caylee"	News (N) (11:35)	News (N) (E)	(11:03) ECW (N) (E)	(11:05) The Hour (E)	Gundam	SportsCentre (Live) (E)	News (N) News (N)	Best Evidence (E)	(11:03) "Tru Confessions" (E)	"Wayne's World 2"	Grace The Nanny	



# CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

## HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

### CHALLENGE #13 - Rated Easy

8		1	4		3			
			6					8
	6				7			9
7				8				6
		2	7		3	8		
1				6				2
	7		9					5
	1			4				
		5		1		9		4

### CHALLENGE #14 - Rated Hard

	4							8
8			2		7			1
		5		3		7		
7				4				5
	3				6		1	
5			1					4
		4		5		8		
3			7		4			9
	5							4

THIS WEEK'S SOLUTIONS:  
Page 20

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## saturday movies

### MORNING

- 6:00 am SPIKE 44 ★★ "Airheads" (1994, Comedy) Brendan Fraser. Attention-hungry musicians decide to grab the media spotlight by taking staffers at a popular radio station hostage.
- 7:15 am WTBS 3 ★★½ "Corrina, Corrina" (1994, Comedy-Drama) Whoopi Goldberg. A housekeeper brings joy to a Jewish widower and his young daughter in 1959 Los Angeles.
- 10:00 am WTBS 3 "Getting Played" (2005, Romance-Comedy) Carmen Electra. Three friends play a game of seduction on a stranger, but the tables are turned when he finds out about the joke.
- 11:00 am SPIKE 44 ★★ "Enter the Dragon" (1973, Adventure) Bruce Lee. A secret agent comes to an opium lord's island fortress with other fighters for a martial-arts tournament.
- 11:50 am WTBS 3 ★½ "Blue Streak" (1999, Comedy) (PA) Martin Lawrence. A jewel thief returns to a construction site to retrieve his cache and finds a police station on the spot. (DVS)

### AFTERNOON

- 12:00 pm A&E 9 ★★ "Monster's Ball" (2001, Drama) Billy Bob Thornton. A racist prison-guard has an intense affair with a black woman after her husband dies on death row.

### EVENING

- FAM 26 "MXP: Most Xtreme Primate" (2003, Comedy) Devin Drewitz. Two brothers must rescue a snowboarding chimp from kidnapers and return him to his rightful owner.
- 1:30 pm SPIKE 44 ★★ "House of Flying Daggers" (2004, Action) Takeshi Kaneshiro. During the Tang dynasty, two lawmen go under cover at a house of pleasure to shake loose the leader of a powerful rebel faction.
- 1:33 pm FAM 26 "Read It and Weep" (2006, Comedy) Kay Panabaker. A schoolgirl's private journal becomes a best-seller after she accidentally hands it in as a homework assignment.
- 1:50 pm WTBS 3 ★★ "Rush Hour" (1998, Action) (PA) Jackie Chan. Mismatched police partners seek a kidnapped girl.
- 4:00 pm YTV 18 ★ "Pokémon 4Ever" (2002, Adventure) Voices of Veronica Taylor. Animated. Hunters and forest predators pursue a flying creature that can travel through time.
- 5:00 pm WTBS 3 ★★ "Rush Hour 2" (2001, Action) (PA) Jackie Chan. Two detectives battle a Hong Kong gangster and his henchmen after a bombing at the U.S. Embassy.
- 6:00 pm CITY 29 ★★½ "Waydowntown" (2000, Comedy) Fabrizio Filippo. Four office workers bet to see who can last the longest without venturing outside Calgary's maze of underground living. (DVS)
- SPIKE 44 ★★ "Kung Fu Hustle" (2004, Action) Stephen Chow. An aspiring hoodlum gets a chance to prove his abilities when gang members hire him to spring a powerful master from an asylum.
- 7:00 pm WTBS 3 ★★ "Drumline" (2002, Comedy-Drama) Nick Cannon. A young man from Harlem joins a Southern university's marching band but antago-

- nizes the musical director and its leader.
- YTV 18 ★★ "Princess Mononoke" (1997, Fantasy) Voices of Claire Danes. Animated. A prince becomes involved in the struggle between a forest princess and the encroachment of mechanization.
- 8:00 pm KXLY 10 ★★½ "Win a Date With Tad Hamilton!" (2004, Romance-Comedy) Kate Bosworth. Premiere. Secretly in love with his friend, a supermarket manager becomes jealous when she meets a famous actor. (In Stereo)
- VTV 22 "Tripping the Wire: A Stephen Tree Mystery" (2005, Mystery) Clark Johnson. A detective with a dark secret investigates the death of a whistle-blower in the military. (In Stereo) (DVS)
- 9:00 pm CHBC 4 "Imaginary Playmate" (2006, Suspense) Dina Meyer. A woman suspects that her stepdaughter's imaginary friend is a ghost haunting their new house.
- FAM 26 ★★ "The Baby-Sitters Club" (1995, Drama) Schuyler Fisk. Seven girls balance the growing pains of adolescence with the demands of operating a daycare camp for children.
- CITY 29 ★★½ "Legend" (1985, Fantasy) Tom Cruise. Elves and a woodland boy save a princess and a unicorn from the Lord of Darkness and his goblins.
- 9:30 pm WTBS 3 ★★ "The Wood" (1999, Drama) Omar Epps. Young men, one of whom is about to be married, reminisce about their childhood during the 1980s in Inglewood, Calif.
- 10:00 pm SPIKE 44 ★★½ "Heartbreak Ridge" (1986, War) Clint Eastwood. A veteran Marine sergeant keeps in touch with his ex-wife while beating a platoon into shape for Grenada.
- 10:46 pm FAM 26 ★★½ "Kundun" (1997, Drama) Tenzin Thuthob Tsarong. From childhood until his exile as an adult, Tibet's 14th dalai lama deals with upheavals and Chinese oppression.

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## sunday movies

### MORNING

- 8:00 am WTBS 3 ★★ "Rush Hour" (1998, Action) (PA) Jackie Chan. Mismatched police partners seek a kidnapped girl.

### AFTERNOON

- 12:00 pm FAM 26 "High School Musical 2" (2007, Musical Comedy) Zac Efron. A teenager befriends members of a wealthy family while working at a country club. (In Stereo)
- 1:00 pm WTBS 3 ★★ "The Wood" (1999, Drama) Omar Epps. Young men, one of whom is about to be married, reminisce about their childhood during the 1980s in

- Inglewood, Calif.
- 1:30 pm FAM 26 ★★½ "High School Musical" (2006, Musical Comedy) Zac Efron. Students conspire to prevent a basketball star and a shy newcomer from singing in a stage production.
- 3:00 pm WTBS 3 ★★ "Drumline" (2002, Comedy-Drama) Nick Cannon. A young man from Harlem joins a Southern university's marching band but antagonizes the musical director and its leader.
- VTV 22 "Another Woman" (1994, Romance) Justine Bateman. An amnesiac wakes up in a hospital, unaware of her life, her husband and her unhappy marriage. (In Stereo)
- 4:00 pm YTV 18 ★★ "The Borrowers" (1998, Fantasy) John Goodman. The tiny Pod Clock family, living beneath the floorboards, helps tenants save their mutual home from a greedy agent.
- 5:00 pm WTBS 3 ★★ "Diary of a Mad Black Woman" (2005, Comedy-Drama) Kimberly Elise. Premiere. A woman must put her life back together after her husband of 18 years abruptly kicks her out of the house.
- CBC 13 ★★ "Chicken Run" (2000, Comedy) Voices of Mel Gibson. Animated. A dashing rooster and the hen he loves lead an escape from a farm in 1950s England.

- after the package he is supposed to deliver turns out to be a gagged woman.
- 7:30 pm WTBS 3 ★★ "Diary of a Mad Black Woman" (2005, Comedy-Drama) Kimberly Elise. A woman must put her life back together after her husband of 18 years abruptly kicks her out of the house.
- 8:00 pm CBC 13 ★★ "Harry Potter and the Chamber of Secrets" (2002, Fantasy) (Part 1 of 2) Daniel Radcliffe. The young wizard and his best friends investigate a dark force that is terrorizing their school, Hogwarts.
- 9:00 pm CHBC 4 "Nora Roberts' Montana Sky" (2007, Drama) John Corbett. After the death of their father, three half sisters must live on his ranch for one year to collect their inheritance.
- FAM 26 ★★ "Krippendorf's Tribe" (1998, Comedy) Richard Dreyfuss. After spending grant money on his children, a widowed anthropologist creates an imaginary New Guinea tribe.
- 10:00 pm WTBS 3 ★★ "A Time to Kill" (1996, Drama) (PA) Sandra Bullock. A Southern lawyer and his legal assistant defend a black man for killing his young daughter's white attackers.
- 10:10 pm CBC 13 ★★ "Harry Potter and the Chamber of Secrets" (2002, Fantasy) (Part 2 of 2) Daniel Radcliffe. The young wizard and his best friends investigate a dark force that is terrorizing their school, Hogwarts.
- 10:47 pm FAM 26 ★★½ "Address Unknown" (1997, Mystery) Kyle Howard. A boy suspects his father's death was no accident after receiving a letter from him dated 10 years ago.

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MONDAY, AUGUST 20, 2007

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	Dawson's Creek (E)	News (N)	Elliot	Body Elec.	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentre (E)	News (E)	MegaWorld: England	Henry's King (E)	Rachael Ray (E)	V.I.P. "Goodfellas"	Counterstrike (E)	
7 AM	Movie: "The Three Musketeers" (1993) (PA) (E)	Life Today	BluesClues	Barney	Today (N) (E)	The Early Show (N) (E)	Crossing Jordan (E)	Good Morning America (N) (E)			Arthur (E)	Jane	SportsCentre (E)		Sideshow Stars	K. Possible (7:24)	CityLine (E)	V.I.P. "Amazon Val"	Night Heat "Comeback"	
8 AM		100 Huntley Street (E)	Hi-5	Curious			American Justice			100 Huntley Street (E)	Curious	George S. Clifford	SportsCentre (E)		How-Made	Weekend	Star Trek: Voyager (E)	V.I.P. (E)	Due South (E) (DVS)	
9 AM	NewsRadio	Body	Magic Bus	Dragon			Discover	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision	Poko	Flamingo	Record	Regis and Kelly	MegaWorld: Sweden	Feet	News (N)	Disorderly Con.	Ad Pers
10 AM	Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (E)	Ellen DeGeneres Show	The Price Is Right (N)	CSI: Miami (E)	The View (E)	World Vision	Design House	Ums! (E)	"Pokémon Heroes"	Little League Baseball: World Series	The View (E)	On the Run (E)	Mickey Tigger	Movie: "Winter Stories" (1999) (E) (DVS)	Disorderly Con.	Mad Abt. Grace	
11 AM	Strokes	Seinfeld	CG Kids	Bob Build	Dr. Keith Ablow (N) (E)	Young and the Restless	24 (E)	Paid Prog. (E)	Judge J. House	News (N) (E)	The Gill Deacon Show	Mischief Mew Mew	World Series	eTalk (E)	The New Detectives (N)	Higglytown (11:25) King	Star Trek: Next Gener.	The Nanny	Frasier	
12 PM	Still Stnd	News (N)	Canada-History	Charlie Rose (E)	Paid Prog. (E)	News (N)	Crossing Jordan (E)	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	CBC News	Pokemon	NASCAR (Taped)	Degrassi	Mayday (E)	(11:49) Weekend	CityLine (E)	Star Trek: Next Gener.	Seinfeld	
1 PM	Yes, Dear	Diva Dime	Planet	Fine Art	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion	George S.	X Games (Taped)	Twice in a Lifetime (E)	How Do Machines	Dragon	Hollywood	Star Trek: Voyager (E)	Beverly Hills, 90210	
2 PM	King	Guiding Light (N) (E)	Gaslight	Reading	Passions (N) (E)	Guiding Light (N) (E)	American Justice	General Hospital (N)	Passions (N) (E)	Passions (N) (E)	The Gill Deacon Show	Viva Pinata	Interruption	General Hospital (N)	How-Made	Lilo Stitch	Ellen DeGeneres Show	Star Trek: Voyager (E)	Extreme-Home	
3 PM	Seinfeld	Room	Hi-5	Arthur (E)	Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food	Mystery	Record	Dr. Phil (E)	How Do Machines	Weekend	News (N)	CSI: Crime Scn	Due South (E) (DVS)	
4 PM	Raymond	Days of our Lives (N)	Dora	Cyberchas	Judge J.	Oprah Winfrey (E)	CSI: Miami (E)	Millionaire	Oprah Winfrey (E)	News (N)	Frasier	Dragons: Metal Ages (E)	Countdown	Veronica Mars (E)	Daily Planet (N) (E)	Barbarian	Friends	CSI: Crime Scn	Ad Pers	
5 PM	Friends	News (N)	George S.	BBC World	News (N)	News (N)	CSI: Miami (E)	News (N)	News (N)	News (N)	Simpsons	SpongeBob	NFL Preseason Football:	News (N)	MythBusters (E)	Suite Life Montana	Blood Ties (E) (DVS)	CSI: Crime Scn	Seinfeld	
6 PM	Friends	Body	Fetch! With Caitlin	News-Lehrer	News (N)	News (N)	The Sopranos (E)	News (N)	News (N)	ET Canada	CBC News: Vancouver	Being Ian	Chicago Bears at Indianapolis Colts. (Live)	News (N)	American Hot Rod (N)	Zoey 101	Blood Ties (E) (DVS)	Movie: "GoodFellas" (1990, Crime Drama) Robert De Niro, Ray Liotta, Joe Pesci.	Married... Frasier	
7 PM	My Boys	Ad Pers	Sustain	Served	Jeopardy!	Friends	(7:10) The Sopranos "Calling All Cars"	Entertain	Entertain	Without a Trace (E)	Coronatn	Nick	SportsCentre (Live) (E)	eTalk (E)	Dirty Jobs Wine making.	So Raven	Godiva's (E) (DVS)	Crime Drama	Ground Up	
8 PM	Sex & City	How I Met Christine	Africa (E)	Antiques Roadshow	Thank God You're Here	How I Met Christine	Wife Swap (E)	Name Earl	Name Earl	Doctor Who (N) (E)	Fresh Pr.	Yvon	Corner Gas (E)	Hollywood	Daily Planet (E)	Suite Life	News (N)	Niro, Ray Liotta, Joe Pesci.	ET Canada	
9 PM	Seinfeld	Two Men	Movie: "Hoop Dreams" (1994)	History Detectives (N)	Heroes (E)	Two Men	CSI: Miami (E)	Fat March (N) (E)	Heroes (E)	Heroes (E)	Hustle (E)	Mystery	NASCAR Racing	Robson	Canadian Idol Top five.	American Hot Rod	8 Rules	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld
10 PM	Movie: "The Mexican" (2001) (PA)	Big Day	(1994) William Gates.	Standard-Perf	Dateline NBC (E)	CSI: Miami "Rush" (E)	The Sopranos (E)	Supernanny	Without a Trace (E)	News Hour Final (N)	National	Prank Ptrl	WEC WreckCage (N)	CSI: Miami "Rush" (E)	Dirty Jobs Wine making.	Popular "Hope in a Jar"	(10:06) Movie: "Animal Factory" (2000)	Star Trek: Voyager (E)	Frasier	
11 PM	Brad Pitt	News (N)	Arthur Agee.	Charlie Rose (N) (E)	News (N)	News (N)	(11:10) The Sopranos (E)	News (N)	News (N)	Entertain	(11:05) The Hour (E)	Bob	SportsCentre (Live) (E)	News (N)	MythBusters (E)	8 Rules	Life Derek	Star Trek	The Nanny	

monday movies

MORNING

7:00 am WTBS (3) ★★½ "The Three Musketeers" (1993, Adventure) (PA) Charlie Sheen. Swordsman Aramis, Athos, Porthos and D'Artagnan foil Cardinal Richelieu's plot to assassinate the king. (E)

10:00 am YTV (18) ★★ "Pokémon Heroes" (2003, Fantasy) Voices of Veronica Taylor. Animated. Two thieves go to an island city to steal a giant jewel that has immense powers. (In Stereo) (E)

CITY (29) ★★½ "Winter Stories" (1999, Drama) Joël Delpé-Drapeau. In 1960s Canada, a youngster who lives and breathes hockey is obsessed with the Montreal Canadiens. (E) (DVS)

EVENING

6:00 pm SPIKE (44) ★★½ "GoodFellas" (1990, Crime Drama) Robert De Niro. In the 1950s an Irish-Italian hoodlum joins the New York Mafia, but his mob career is not what he expected.

9:00 pm KNOW (5) ★★½ "Hoop Dreams" (1994, Documentary) William Gates. Filmmakers chronicle

over four years in the lives of two urban Chicago youths in pursuit of pro basketball stardom. (E)

10:00 pm WTBS (3) ★★½ "The Mexican" (2001, Comedy-Drama) (PA) Brad Pitt. A bungling gangster must reform to please his girlfriend but still has one last job to fulfill. (E)

10:06 pm CITY (29) ★★½ "Animal Factory" (2000, Drama) Willem Dafoe. A youthful new prisoner finds protection from cellblock predators within the inner circle of a powerful inmate. (E)

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### obituary

### obituary

### for sale

### services

### services

## TIN MAN

METAL ROOFING  
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Jul 06-tfn

## BRYCO PLUMBING

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SERVICE - REPAIR

New Construction & Renovations  
Residential & Commercial

**(250) 438-0033**

Princeton - (Local Call)

### for rent

### notices

4-bedroom home at 79 Harold Avenue.  
\$900.00 a month + utilities. Call  
Heather (250) 295-6977. Jul 03-tfn

**ChuChuWayHa Hall Hedley  
Sunday Bingo**

**Doors Open 9:00 AM**  
**Warm Ups 11:30 AM**  
**Regular Session 12:30 PM**

2-bedroom trailer in Tulameen. 1 block  
from Otter Lake. \$550/month plus utilities.  
Washer/dryer included. (250)  
295-7159. Aug 07-21

### notices

### in memoriam

### WANTED TO BUY

**PRE-OWNED RIFLES  
FOR MORE  
INFORMATION CALL  
RON AT  
PRINCETON  
OUTDOOR SUPPLY  
295-0450 OR 295-0319**

## Katie Grgich

August 14, 2001

### God Found You

God looked around his garden  
And found an empty space;  
He then looked down upon this earth  
And saw your tired face.  
He put his arms around you  
And lifted you to rest;  
God's garden must be beautiful,  
He only takes the best.  
He knew you were suffering,  
He knew you were in pain,  
He knew you might never get well  
upon this earth again.  
He saw the road was getting rough  
And hills were hard to climb,  
So he closed your weary eyelids  
And whispered, "Peace Be Thine."  
It broke our hearts to lose you,  
But you were never alone,  
For part of us went with you,  
The day God called you home.  
You will always be in our hearts.  
Love Louie,  
Mandy, Mike & Families.



### real estate

### 103 Grove Street

4-bedroom, 2-4 piece bathroom beautifully renovated home in quiet neighbourhood near hospital and school. Large kitchen with custom cabinets, flooring, windows, furnace, interior doors and most fixtures (including bathrooms) are new within just 5 years. Asking \$259,900.00 Call Gord (250) 295-0258. Aug 14-28

Looking for 2-3 bedroom rentals for qualified tenants. Call RE/MAX country at (250) 295-3222. Feb 13-tfn

### yard sale

Saturday & Sunday  
August 18 & 19  
9:00 AM - 2:00 PM

109 China Creek Road West

### card of thanks

Thank you Lyndy and Larry Catlin for your wonderful hospitality and Rita & Ed Nedham for entertaining us. We had a great time in Tulameen.

- Barb & Jill

The Tulameen Sports Club would like to say thank you very much to all the athletes and volunteers who participated in this years' Tulameen Triathlon. You made it a wonderful event. We would especially like to thank Princeton Highway Extrication, the lifeguards, Backroads Bike Shop, Mac's Auto Parts, Allison Athletics, Princeton Redi-Mix and Peach City Runners for their support. We would also like to thank everyone who helped with the Coalmont to Princeton Running Race in June. The race was a great success this year. We wouldn't be able to put on events like these without the tremendous support of our volunteers. Thank you.

LOST: Female 4-month old black tabby kitten. Missing from third bench. Call (250) 295-6515. Aug 07-tfn

## Providence Funeral Homes & Crematorium



- Honouring all Memorial Societies and pre-arranged funeral agreements  
- Family owned and operated

**1-877-493-4422**

Parkview Funeral Home, 1258 Main Street, Penticton



## Hildegard Elly Frambach (nee Kerntopf)

July 13, 1913 - July 12, 2007



A long-time resident of Keremeos, BC; born July 13th, 1913 in Wiederau, Germany, passed away peacefully on July 12th, 2007 in Surrey, BC.

Hilde was a cherished wife, mother and Oma who is survived by her husband Siegfried, children Loni (Bob), Bernie (Bonnie) and Elenor (Ron) as well as her five grandchildren, Sheryl, Jenny, Ian (Ashleigh), Lee-Ann and Ashley.

A memorial service will be held at 2:00 PM on August 26th, 2007 at Zion Lutheran Church (5950-179th Street, Surrey).

In lieu of flowers, donations can be made to the Heart and Stroke Foundation of Canada.

### birthday

### birthday

Family and friends are invited to come celebrate John O'Rourke's 80th Birthday. It will be held on Saturday, August 18th, 5:00 PM at 530 Dagur Way (Kavanaugh residence).  
RSVP Therese 295-3478 or Brigid 295-7978

100% natural beef for sale. No implants. \$1.50 per pound + cutting and wrapping. Call Ernie Willis (250) 295-7345 or Terry Wright (250) 295-8121. Nov 28-tfn

APPALOOSA MARES; Registered broodmare, needs secure yard, \$1,200.00. 4-year old, no training, \$1,500.00. Loud colour. DWARF GOATS, kids, buck, 2 bred does, \$200.00 - \$400.00; ewe lambs, \$200.00. (250) 499-5143. Jun 21-tfn

Kenmore Upright Freezer. \$350.00. Call (250) 295-4149 or 295-7754. tfn

**WOOD PELLET  
SALES & DELIVERY**  
Call  
**Princeton Rentals**  
(250) 295-6545

LLAMAS - several BRED FEMALES, weanlings \$500.00 EACH; companion female \$100.00; guardian gelding \$300.00. Various colours/fibre types. CASH sales only. (250) 499-5143 Cawston. Nov 21-tfn

Hunter special. 1975 Ford Motorhome, 22-foot, dual wheels, had lots of work, boat rack. \$3,500.00 OBO for quick sale. Call (250) 295-0627. Aug 07-21

Must sell. Recently acquired fully loaded heavy duty, well maintained, one owner 1996 GMC 1500 4X4, ext. cab, short box, gas Vortec 350 engine, 305 auto OD, headers, air shocks, mags, new brakes. \$7,000.00. Call (250) 295-0627. Aug 07-21

1990 Jeep YJ, 198K, useable in the Similkameen Valley (no AirCare) in good condition. Family driven. View at Mini Mike's Auto on Bridge Street. Asking \$3,900.00. Phone Dennis (604) 542-7020. Aug 14-Sep 18

### lost

Siamese cat. Could be in the airport, race track, Martins Lake and Merritt Highway area. (250) 295-6670. Aug 14-tfn

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**MONDAY NIGHT BINGO  
 IN PRINCETON  
 SENIOR CITIZENS BR. #30**

162 Angela Avenue  
 4:30 PM Sales Start  
 5:30 PM 1st 47 Bonanza #'s  
 SPECIALS, REGULAR GAMES, ODD &  
 EVEN, PROGRESSIVE SNOWBALL &  
 LOONIE POT, "LUCKY 7" WON EVERY  
 MONDAY (MIN. \$50.00 GUARANTEED)  
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**FOR SALE BY OWNER**  
**245 Angela Avenue, Princeton**

This cozy affordable home is a must see. Across from Lions  
 Park, and close to town it's the perfect home or rent for  
 \$725.00 + per month. Completely renovated 3 bedroom home  
 with new gyproc, tile, countertops, bathroom, deck, roof and  
 most windows. Fresh paint in and out and accented with cul-  
 tured stone on house and garage. This sweet little gem on 1.5  
 lots is ready to move in and is priced at \$205,000.00. Drive by  
 and take a look. For information call Kim at (250) 493-6303.

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 BLAKEBURN MAP**  
 "DELUXE EDITION"  
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 Princeton Pharmasave and Chamber of Commerce

From the Author of:  
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**Drinking a problem?**  
 Alcoholics Anonymous

Meets 7:30 PM Thursdays  
 At The Anchorage,  
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Fred 295-7272/Marena 295-7663

A musical memory gift for that special  
 someone. This unique gift is just  
 \$20.00 plus postage. Contact youwina-  
 gain9@yahoo.ca for details. Jul 25-06

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 try at (250) 295-3222. Feb 13-06

**CARTER'S  
 Sudoku  
 Challenge**  
 SOLUTIONS TO PUZZLES ON PAGE 16

**CHALLENGE #13 - Easy**

891	245	367
327	691	485
564	837	291
739	182	546
642	753	819
158	469	732
476	928	153
913	574	628
285	316	974

**CHALLENGE #14 - Hard**

247	195	386
893	267	451
165	438	792
716	842	935
439	576	218
528	913	674
974	651	823
381	724	569
652	389	147

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notices

notices

notices

notices

notices

## KEREMEOS ELK'S & ROYAL PURPLE

Every Friday  
 Doors Open 5:30 PM  
 Elks Hall Keremeos

SMOKE FREE BINGO

## Town of Princeton NOTICE

For impounded pets,  
 or to adopt pets  
 please see the  
 Community Bulletin Board  
 at the corner of Bridge  
 Street and Kenley Avenue.

[www.thenewsleader.ca](http://www.thenewsleader.ca)

legals

legals

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Here's what our peers say about us:

"It's not second-hand accounts. When the News Leader covers Posse hockey, the Publisher is in the stands. You get the results and full story first-hand."

- Dennis Walker, Giant-FM News, Penticton, BC



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## Land Act: Notice of Intention to Apply for a Disposition of Crown Land

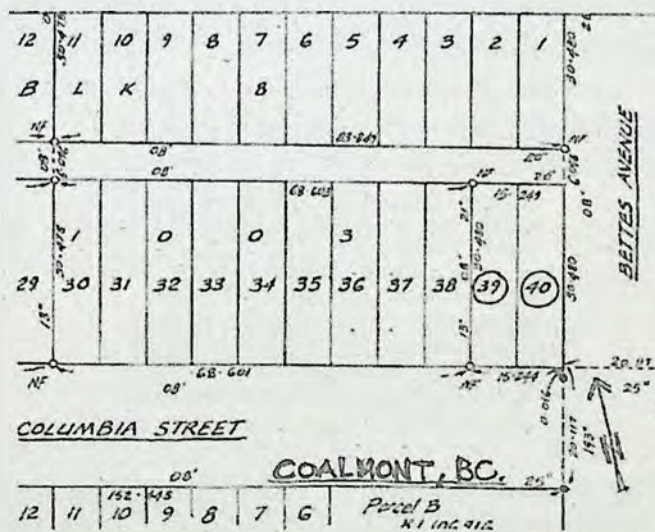
Take notice that HULLCAR HYDRAULIC CORP. of Vancouver, BC, intends to make application to Integrated Land Management Bureau (ILMB), Southern Service Region - Kamloops Service Centre, Crown Land Adjudication office, for a Crown grant for Residential purposes covering Lots 39 & 40, Block 8, District Lot 99, Yale Division Yale District, Plan 1003 situated on Provincial Crown land located in the vicinity of Coalmont.

The Lands File Number that has been established for this application is 3404928. Written comments concerning this application should be directed to the Section Head, Crown Land Adjudication at 3rd Floor, 145-3rd Avenue, Kamloops, BC V2C 3M1.

Comments will be received by ILMB until September 14th, 2007. ILMB may not be able to consider comments received after this date. Please visit our website

<http://www2.lwbc.bc.ca/ApplicationPosting/index.jsp> --> Search --> Search by File Number: insert Lands File Number for more information.

Be advised that any response to this advertisement will be provided to be public upon request.





# editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## my turn

### Taking the plunge

The recent news out of New York about some brand named bottled water actually being nothing more than tap water got us thinking.

One of our many natural – and largely untapped (pardon the pun) – resources in the Similkameen is our water.

The Town of Princeton likely spends a fair sized bag of money each year getting our water tested so that it continues to be safe for us to drink, waste and otherwise abuse while over watering our lawns.

Which, by the way, we would never endorse or suggest as we hear there are some stiff penalties connected to the waste and abuse of that natural resource.

The tap water story made us think that maybe we should be looking at this resource in a different light.

Here's how we'd develop this scam, er, concept.

Considering the Town of Princeton is doing all the testing for us, we've already saved some money. All we need to do is convince our friends and neighbours to give us their empty bottles and we'd start filling them with that wonderful Princeton tap water.

We've even got a name for the product: Similkameen Breeze.

The marketing scam, er, concept would be a big hit on those scorching hot August days where a simple slogan like "What would you do for a cool Similkameen Breeze?" would help us establish the product.

Contests could be held and maybe the winner would be given a week to fill as many bottles as possible from their kitchen tap and the bottle labels would read "Limited Edition – Bottled in Joe Smith's Kitchen on Tuesday."

Or maybe additional product lines would include Similkameen Breeze – Allison Flats, Similkameen Breeze – Downtown and Similkameen Breeze – Third Bench as possible additions.

Gone will be the days when you'd take a bottle of your own 'home made' wine to a dinner party or give as a personalized gift at Christmas or special occasion with a cleverly created label to match the event.

With the Town of Princeton doing the hard work (water testing) to make sure those microbes and minerals stay within their allotted however many parts per billion, it can't miss. Or as our marketing department would say, it's just a drop in the bucket of what it could be.

The best part is that the price would be right.

Got a hankerin' for some of that sweet Similkameen liquid gold? Just stick a glass under your tap and let it flow or buy a bottle of Similkameen Breeze – The Tunnel Edition from us for \$23.99. The choice is yours.

Yep, we may have just tapped into something here.

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

ISSN 1712-090X

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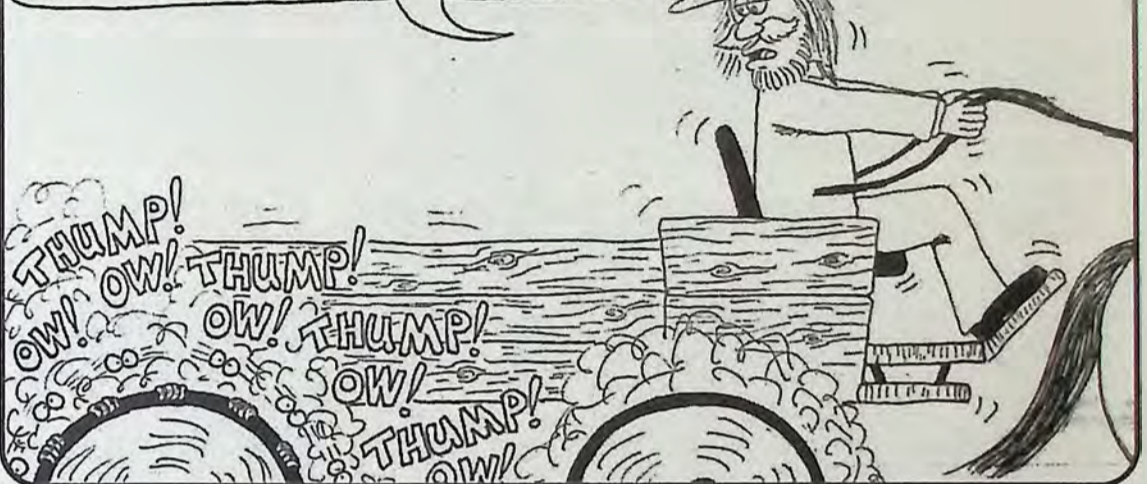
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## TIS TOONS

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DAD BURN ANNIE, IT'S EMBARRASSING ENOUGH THAT YOU FELL OFF THE BUGGY, BUT LET GO OF THE WHEEL AND THE PAIN WILL STOP.



## your turn

# Atamanenko issues update

#### Letter to the Editor:

I have received much support from the constituents of BC Southern Interior regarding three Private Members Bills I tabled in the House of Commons this past spring.

Bill C-452 to return 100% of GST to school authorities instead of only 68%, tabled on behalf of a request by Canadian School Authorities, would benefit every school in Canada and eliminate a bureaucratic nightmare caused by a ridiculous tax upon a tax.

Bill C-448 to ban Terminator Seed technology in Canada, was tabled in response to hundreds of letters and many petitions my office received from concerned constituents and citizens across the country opposed to this dangerously unpredictable technolo-

gy which offers no benefits to farmers or the environment.

Bill C-456 would require the mandatory labeling of Genetically Modified food, a secret ingredient found in over 70% of processed food on grocery store shelves.

I agree with the comment by Penny Priddy, NDP MP for Surrey North and one time BC Health Minister, "people have a right to know what they are putting in their body".

Bill C-456 also responds to the recent poll which found that 79% of BC residents support mandatory labeling of GM food legislation.

The safety of eating GM food is far from certain.

New evidence of toxicity in GM corn has been determined by the

French research institute CRI-IGEN which found abnormalities in the size of livers and kidneys, as well as in birth weights of rats fed Monsanto's NK603 corn, approved in Canada since 2002.

There are even those who would like to see a complete ban on GM foods, such as the Rice Producers of California, whose market study documents powerful opposition to this technology in several key export destinations such as Japan, Taiwan, South Korea and Turkey.

The widespread suspicion, leading to labeling requirements in over 40 countries, has been fostered largely by the culture of secrecy surrounding this technology.

In a world where consumer confidence and public safety assurances are vital for the success of any industry, the purveyors of genetically modified food have been given a free ride. Without the traceability provided by labeling, GM food cannot be linked to any health problems it may be causing, and leaves society to pay all associated costs.

The biotech industry has a long way to go to inspire the public confidence needed to succeed in an informed marketplace.

In the meantime why not put a law in place that ensures we are properly informed about what we choose to eat and make this multi billion dollar industry responsible for proving itself in the marketplace.

- Alex Atamanenko, MP  
BC Southern Interior

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Current Comment:

# Better safe than sorry



Dawn Johnson  
editor@thenewsleader.ca

The bridge disaster in Minneapolis hit most of us kind of hard. We saw a similar disaster in Quebec several months ago, and in both cases, neglect contributed to the disasters. Bridges collapsed because they should have been replaced.

People we trust to make sure we are safe are charged with a huge responsibility. They cannot brush this aside in favour of what is more politically agreeable when budget time comes.

I am not pointing a finger at our own Minister of Transportation as bridges in B.C. are being maintained and upgraded or replaced on a systematic basis. When I mention people we trust to keep us safe, I am referring to a broad spectrum of people.

For example, we trust certain people to ensure our food is safe to eat. China has had a great many people die from contaminated food. They executed the head of the government agency given this task. This seems harsh, but perhaps it is justice, as the failure to meet the requirements of the job resulted in loss of lives. In a sense, this was homicide through negligence.

I am not suggesting we should execute bureaucrats and politicians who let responsibilities slip, because Canadians do not execute people. At the same time, I believe there is a lesson for all of us when it comes to the responsibility to keep the public safe.

Too often, we allow the dollar to dictate the extent of our responsibility. Road maintenance costs money, but what if people die because it is not done when and how it should be done? What if people die in a car accident because there is black ice on the highway? We trust our Highways Department to ensure our highways are safe, don't we?

We trust Interior Health to ensure our hospitals are clean, yet in a study done in Saskatchewan recently, their hospitals did not pass the cleanliness test. What if people die because the hospital is not clean?

We trust many people to keep us safe, whether it is the business owner who is trusted to keep snow off the sidewalk, or the building

inspector who assures us a building is safe for human habitation. We trust some people to keep our water clean. We trust other people to ensure our children's toys are safe.

What happens if these people do not deserve the trust we place in them?

I say to those we trust: better safe than sorry!

## Marketplace Ministry by Jim Caruso

### The Holiday From Hell - Part 3

So we headed off to Washington and spent the next few days traveling to Linden Washington and then back to Hope where the K-car was now fixed and ready to go.

I parked the jeep in Hope, left the keys for my father-in-law and we loaded up the car and headed to the ferry. We made it as far as Abbotsford, about 100 miles from home when the transmission seized up again. I called the mechanic in Hope and he just happened to have a tow truck in the area and so we were back in Hope, back in the jeep and heading back to Saltspring Island with the mechanics assurance that he would have it fixed and ready for us in a week. So it was back to Saltspring Island with the jeep.

A week later, the phone rang and it was our favorite mechanic in Hope, the K-car was fixed and ready to go. So off we went, across on the ferry, to Hope with the jeep. We parked the jeep and left the keys for the father-in-law and we loaded everyone into the newly fixed K-car. Off to Vancouver to the ferry terminal and we arrive right on time for the next sailing to Saltspring Island. In the parking lot, a familiar sound reaches my ears. It is the distinct sound of a transmission about to seize up and sure enough, the car lunges to a stop. Now I am trying to think happy thoughts, but all of them include long prison terms upon conviction. So I phone my mechanic in Hope, I don't even have to say who it is that is calling or why I am calling. I choose my words carefully, as not to expose my inner personality which has connections with the Mafia in Sicily. I slowly and calmly explain that the transmission is not working and that I was open to his input for suggestions on what to do. He said, if you can get it on the ferry and over to Saltspring Island, he would send me a new transmission and have someone there install it at no cost to me. My mind was thinking as we talked, thinking about getting on the ferry first, so that I could be at the front of the boat, just behind the little safety gate that goes across in front of the vehicles when the ferry is underway. I knew from previous experience that the crew went for coffee about half way into the trip and then I allowed the thought to enter my mind that I would remove the safety gate and push the K-car in to the depths of Active Pass and it would lay in a watery grave until the saltwater slowly consumed it. As I hung up the phone I could detect a smile in the reflection of the phone booth, it was the Sicilian and he was happy. The ferry started to load for the trip to Saltspring Island.

I have heard noises similar to the ones that the K-car was making when we stated up the ramp when I worked in the crusher unit at the local mine in my home town. I was smiling. I pressed harder on the gas pedal than was necessary hoping for and end to this nightmare. We got on the ferry and I was able to suppress the Sicilian and his underwater remedy. Unloading was easier I just coasted down the ramp in neutral and by some great miracle I was able to drive it to the garage and park it.

The good news is that a new transmission was sent and installed and we had no more transmission problems with the K-car. The bad news is that there are more parts to a K-car than one old transmission. As a pastor I am constantly reminded of the words in the Bible especially in these difficult situations. In Ephesians 4:32, the apostle Paul writes: Make a clean break with all cutting, backbiting, and profane talk. Be gentle with one another, sensitive. Forgive one another as quickly and thoroughly as God in Christ forgave you. That's easy to preach, but hard to live, I am getting better at it, the K-car has helped.

Jim Caruso, Pastor  
Oceanside Community Church, Parksville, BC  
pjcaruso@telus.net

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LET'S TALK!

AT YOUR SERVICE!

**Can I contribute to my spouse's RRSP?**

If you have available RRSP contribution room, you can make a contribution to your RRSP or to an RRSP for your spouse (often referred to as a spousal RRSP). A contribution to a spousal RRSP will qualify as a tax deduction for you as long as your total contributions to your plan and a spousal plan do not exceed your contribution limit for the year.

**Is it better to contribute to my spouse's RRSP?**

The main benefit of a spousal RRSP is that it will allow income splitting in the future, at retirement, since withdrawals will usually be taxable in the hands of your spouse.

When deciding whether to contribute to either your RRSP or to a spousal RRSP, you should attempt to estimate both your and your spouse's income from all sources in retirement. Your goal should be to equalize these incomes at that time - by doing so you will achieve income splitting which will minimize your taxes in your retirement years.

**What happens if my spouse makes an RRSP withdrawal?**

If you have made a contribution to your spouse's plan in the current year or in either of the two preceding years, a withdrawal by your spouse from a spousal RRSP is taxable to you to the extent of the contributions made during the three-year period.

Note that this rule does not apply to all RRSPs held by your spouse. The attribution of RRSP withdrawals to you will not apply if you contribute to a spousal plan and your spouse withdraws funds from an RRSP that he or she contributed to (i.e. not a spousal RRSP). For this reason, it is usually a good idea to set up a new plan for spousal contributions.

This attribution rule also does not apply if, at the time of withdrawal, and as a result of the breakdown of your marriage, you and your spouse are living separate and apart pursuant to a court order or written separation agreement. In addition, the rules do not apply where your spouse receives funds from the RRSP in the form of a regular annuity which cannot be commuted.

THESE TIPS AND INFORMATION ARE INTENDED TO HIGHLIGHT GENERAL TAX RULES AND PLANS AND SHOULD NOT BE USED AS A SUBSTITUTE FOR APPROPRIATE PROFESSIONAL ADVICE RELATED TO YOUR SPECIFIC CIRCUMSTANCES.

Accountant & Business Advisor

RANDY CLARK

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 e-mail: Randy.Clark@telus.net



A backyard visitor stops by long enough to fill up on an energy drink. \*

## Dorothy brings us up-to-date

You will probably be wondering how our sunflower competition is doing. Alas and alas! The deer seem to think they are growing for them. So - ! Those that survive do so with no heads.

On Tuesday twenty residents and Home Care Workers were treated to lunch at a local restaurant. We enjoyed the different views and seeing other people. The food was excellent and service great! Thanks to all the cooks and wait-

resses.

Betty really enjoyed herself and was pleased and proud to have Mayor Randy sign her cast.

Vermilion Forks was used to make words from. Just over 100 were found in the half hour allotted. Not as easy as last week. Then we did our exercises as Ruth played the organ.

After lunch Bingo was played while Beth showed three of us how to make soap. It worked.

New endeavours next week!  
- submitted by D. Stenvold

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Lorna Gregson, right, thanks a number of contributors to the Princeton Family Place project. She was speaking at the opening of that facility, located in Kenley Hall (the former Cultural Centre) on August 8th. She is joined by Public Health Nurse Beatrice Bibby, also a member of Community for Kids Princeton Table.\*

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## WorkZone offers full schedule

Unemployed? Aged 15-30? WorkZone has special services just for you! Oh yah, like what?

*Special Event on the 15th!*

On Wednesday, August 15th, WorkZone is hosting an event called Live your Dream from 4:00 to 5:00 PM for people 15 to 30 years old. Feeling stuck? What have you always wanted to do? Let's make it happen. We have the connections you've been looking for. Get the info you need to move forward while eating free pizza donated by Santo's!

*Weekly Drop-ins - Come for the couch, stay for the snacks!*

Every Monday from 1:00 to 3:00

PM, WorkZone hosts a Drop-in for people 15 to 30.

Snacks, refreshments, and a comfy couch are provided. The purpose of the Drop-in is to get familiar with the WorkZone space and staff, discuss the issues and options specific to people 15 to 30, put your 'ear to the ground' - meet other people, ask questions about jobs, careers, training, funding, or starting your own business. Drop-ins are also a great place to enjoy air conditioning, a comfy couch, and delicious snacks and drinks.

*What is Employment Counselling?*

Are you 15 to 30 years old? No job? Not sure what you want to do? Want to find your path? Need training? Maybe you know what you want, but don't know how to make it happen?

There are programs, funding and support for people in your situation. WorkZone has an Employment Counsellor just for you who knows the ins and outs, and options available to your age group.

An Employment Counsellor can help match you to the ideal career, find courses, funding or the job you are looking for. Call or drop in to make an appointment with an employment counsellor for one-on-one assistance.

*Who is this 'Employment Counsellor'?*

My name is Shea Evans. In my 30 years on this planet, I have worked a variety of jobs - environmental restoration, warehouse worker at a movie industry rental house, landscaping, journalist / photographer, 2 bike shops, gas station, concession stand, and aeons of childcare. It all started with a paper route when I was 8. I have also designed and built a house, went to University and trained to be a Commercial Pilot. I have lived in Princeton for 1 year and I intend to stay - Princeton is ripe with potential.

I have been employed at WorkZone for 3 months. I am an Employment Counsellor, specializing in the specific needs and services available for people age 15 to 30.

WorkZone is an employment related Mecca, providing free services to individuals who are seeking career guidance, resources and support. All services are free to members. Membership is free. Sign-up is easy. Yes, WorkZone is FREE and EASY.

Check out our space and service. You may be surprised at what is available to you! - submitted

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Mayor Randy McLean spoke during the opening August 8th of Princeton Family Place. The Town of Princeton made major 'in-kind' contributions to the project. \*

## Ministry looks at water supply

Following the accumulation of above normal snowpacks throughout much of the province over the past winter, and a cool and damp spring, many rivers in the province are currently experiencing normal to above normal streamflow conditions for this time of year.

The exceptions to this are the Okanagan, Kettle and Nicola basins, and in the central and south-eastern Interior, where normal to below normal snowpack accumulation or drier than normal weather during June and July has produced normal to below normal streamflow conditions.

As of May 1, winter snow water accumulations were above normal for most areas of the province (Fraser, Nechako, Thompson, Peace, Skeena, Kootenay, Columbia and south coast). Coupled with generally cooler weather during the spring and above normal precipitation during June and July, streamflow throughout the north and south coast, Vancouver Island and the northern Interior is currently normal to above normal.

The Okanagan, Kettle and Similkameen basins experienced below normal snow accumulation this winter; therefore, despite normal to above normal precipitation in June and July, streamflow in this region ranges from normal to below normal, with several rivers at or approaching the five-year return period low-flow level.

The southeastern region of the province has received below normal precipitation over the summer and has experienced an extremely hot

and dry July, with precipitation in Cranbrook, Castlegar and Sparwood only 48 per cent, 19 per cent and five per cent of normal, respectively.

Consequently, streamflow in this region is currently below normal and generally near a five-year return period low-flow level.

Despite above normal snow accumulation, the central Interior has also experienced a relatively dry summer, with Prince George, Quesnel and Williams Lake receiving only 56 per cent, 48 per cent and 21 per cent of July normal precipitation, respectively. As a result, streamflow throughout this region is decreasing and currently at or below normal.

There are currently no identified areas of water supply concern in British Columbia. However, the weather during the next few weeks will play a critical role in how water supply and streamflow conditions develop in watersheds throughout the province, particularly in the dry southern Interior. Conditions can change quickly, particularly if the weather is warmer and drier than normal.

With warmer and drier weather conditions now upon us, Environment Minister Barry Penner urges all British Columbians to help conserve our precious water resources. Protecting any vulnerable water supplies will ensure there is adequate water to last through the summer.

For everyday tips to reduce water consumption, please refer to the ministry's website at

[www.env.gov.bc.ca/wsd/plan\\_protect\\_sustain/water\\_conservation/index.html](http://www.env.gov.bc.ca/wsd/plan_protect_sustain/water_conservation/index.html).


Water supply and streamflow conditions are being monitored closely by the B.C. River Forecast Centre. For further information and updates on information, please refer to the centre's webpage at: [www.env.gov.bc.ca/rfc/river\\_forecast/water\\_supply.htm](http://www.env.gov.bc.ca/rfc/river_forecast/water_supply.htm).



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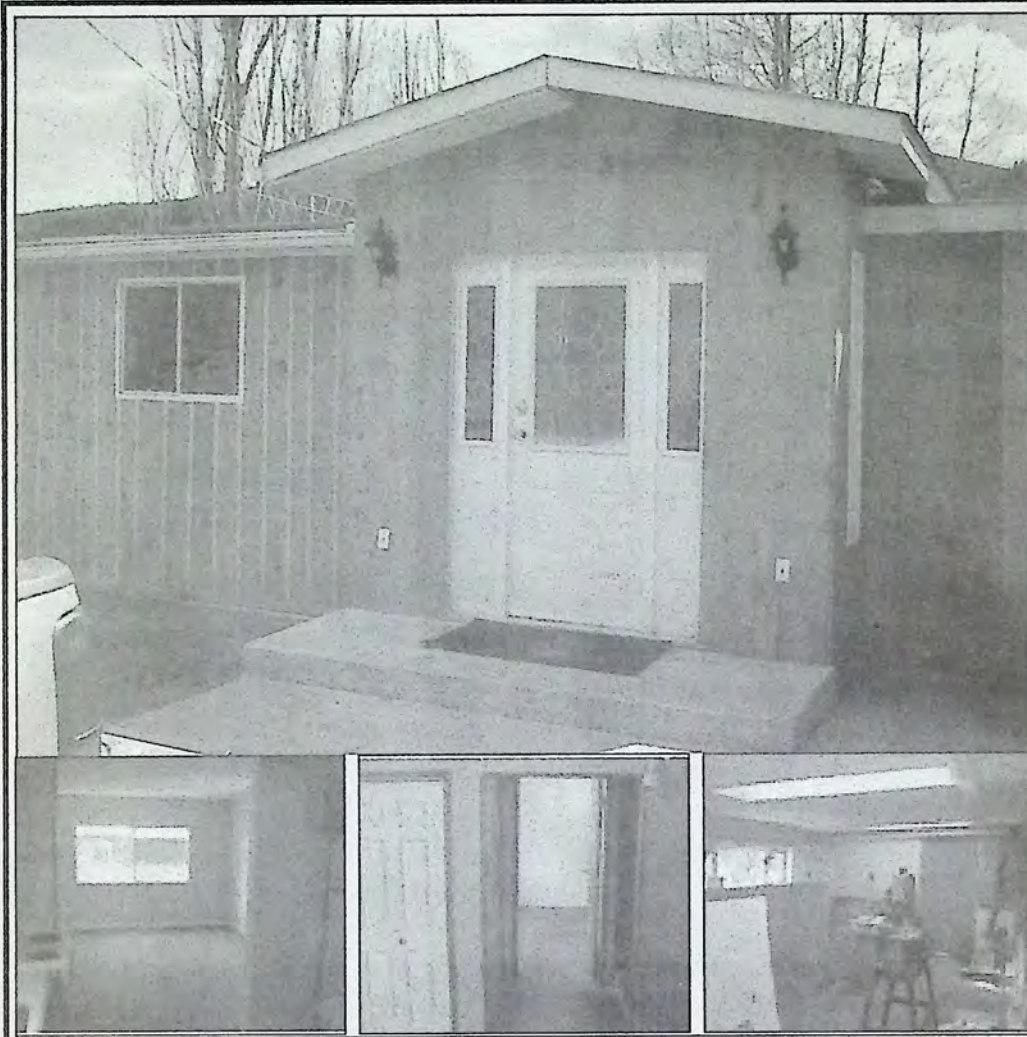
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