# Similkameen News Leader

Volume 10 Issue 35 #491 ISSN 1712-090X Canadian Publications Mail Agreement No. (1299263)



## STILL ONLY INCLUDES GST Tuesday

August 28, 2007 Published Weekly in Princeton, BC

Bengel Publishing Inc. 226A Bridge Street, PO Box 956, Princeton, BC V0X 1W0

# Museum contracts consultant

Princeton and District Museum and Archives Society have recently signed a contract to engage the services of a consultant in their plan to further develop the Princeton Museum.

Now a Hedley resident, Angelique Wood's past projects have included work for the Museum of Anthropology at UBC, BC/Yukon Society of Transition Houses in Vancouver and the Inuit Gallery of Vancouver.

In 1990 having completed her studies at the University of British Columbia, where she majored in the Arts, Wood continued with four years at the Emily Carr College of Art and Design studying Industrial Design and 3-D Studio.

In her initial appraisal of the present day Museum/Library building, Wood has already identified many of the problems facing the Society. With the damp ..... continued on Page 3

Posse logo over top of the Valley First logo to identify the team as the Valley First Princeton Posse. \*

### **Carlson file report** onnci k and

Members of Town Council placed themselves in wheelchairs on May 31 to find out what it is like to negotiate Princeton's streets. Laurie Quick and Ken Carlson, who are not mobile except in a wheelchair, were in charge of the project. They took reports from the Council members who tried wheelchair living.

At the August 20 Town Council meeting, Quick and Carlson filed their report with Council, adding their thanks to Council for participating.

Deputy Mayor Ray Jarvis told Quick and Carlson they had raised the awareness of those who participated.

"There are so many obstacles we didn't realize that are tough for you people who are in a wheelchair all the time," Deputy Jarvis told them.

Councillor Pam Jones said Council's experience was good for the community.

MIHHH Sudoku Challenge PAGE 16 - IN YOUR TV GUIDE SECTION

Similkameen

Councillor Jim Manion thanked Quick and Carlson for initiating the project and suggested they form a non-profit group through which Council could assist in applying for grants for improvements to accessibility.

Councillor Maria Sadegur said Council is looking into possible ways to make doorways to local businesses more accessible.

The report did not condemn any business for lack of accessibility. The purpose of the exercise was to make Town Council aware of locations needing improved accessibility.

One of the items on which everyone agreed was a need for upgrades to sidewalks in several areas, not just for wheelchairs but for people who may have difficulty walking. There was also concern about the number of public buildings which do not have wheelchair accessible washrooms. There was criticism of the wheelchair ramps at the Court House, Museum/Library and the Post Office. The first two buildings have ramps with steep inclines, and the Post Office has a ramp at the opposite end from the post

boxes.

There was no indication that any of the problems would be solved immediately, but there will be changes in the future.

Quick and Carlson suggested another wheelchair adventure when there is snow on the ground, but this was done with a laugh.

See the full report on Pages 8 & 9 of this week's News Leader.

Going to the Fall Fair will be less expensive this year for those who want to attend both days. At the August 21 meeting, Fall Fair members voted to offer a weekend pass at \$10. Regular admission would be \$8 a day (\$6 a day for seniors and students).

Businesses entering the scarecrow contest will have their scarecrows displayed near the gate, and the public will be asked to choose the best scarecrow.

Glow Lemon advises she has a to judge this year's poultry exhibits. He is qualified through the American Poultry Association. Mixed breed entries are welcome as well as standard breeds, as some of the mixed breeds are excellent birds. Kevin Acres has donated a special prize for People's Choice

The Bunkhouse, a dog grooming business, will be doing a dog grooming demonstration at the fair, a different kind of show this year, but sure to interest every dog owner.

Corry Oerlemans and volunteers are running a bingo again this year professional poultry judge coming in the big tent. This is a drop in bingo, great for those whose feet get tired.

André Patry is coming back to

entertain fairgoers, and so is Princeton Community Band. Hugh Money has volunteered to demonstrate his musical talents. There are a number of local people who will contribute to entertainment at the fair.

The Merrall-Robinson Memorial Horseshoe Tournament is on again at the fair, with Dan Kastor as organizer. The prize money is very good, thanks to sponsors Dennis and Bonnie Cook.

Kids will have a Little Folks midway of games and fun activities this year, and Little Folks will present their bake sale, which has become an annual part of the fair.

A bounce castle, obstacle course and mini golf will entertain the kids.

Q

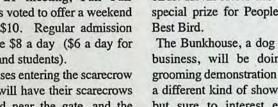
Parents should not forget to help kids organize their entries to the Junior Fair. There are lots of categories to enter, and youngsters' entries are judged according to age. The fair is definitely a family event.

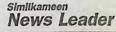
Fall Fair Exhibitor's Prize List booklets are now available. The 22-page guide outlines all entry categories and requirements and is complete with an entry form.

Copies are available at a variety of locations including the office of the Similkameen News Leader.

THIS WEEK Page 8 & 9 - Accessibility Awareness Day Report - Page 11 / Valley First Posse schedule ews Leader **REGULAR FEATURES** Page 4 - Keremeos / Page 11-18 - TV Guide / Page 22 - Editorial / Page 23 - Current Comment

Phone: (250) 295-4149 • 1-888-350-9969 • Fax: (250) 295-4103 website: www.thenewsleader.ca - visited by 840\* people daily in July 2007 \* average figure according to AWStats









Town of Princeton Parks and Recreation Department offered eight weeks of Summer Kids Club at Riverside Centre over the summer. Participants played games, made crafts, swam and went on field trips. Photo submitted

### shifts back to farmers **Control of C**

NDP Agriculture Critic Alex (BC-Southern Interior) arrived in Saskatoon on last week to be met by federal NDP Nettie Wiebe (Saskatoon-Rosetown-Biggar), Clint Davidson (Wanuskewin) and Scott Rustin (Humboldt).

Atamanenko used the opportunity to express his pleasure with the Federal Courts decision to side with the Friends of the Canadian Wheat





SILVER CLOUD PERUVIAN HORSES - HORSESHOE TOURNAMENT **4H EVENTS - AGRICULTURE & CRAFT EXHIBITS** CHILDREN'S PLAYLAND - CONCESSIONS & REFRESHMENTS **COMMERCIAL EXHIBITS & DEMONSTRATIONS** 

September 8 & 9 ADMISSION: \$8.00 ADULTS - \$6.00 SENIORS/STUDENTS Board (CWB) by ruling that the government had overstepped its authority in trying to remove barley from the CWB mandate and also clarifying that only an act of Parliament could make that kind of change.

Atamanenko is calling on the newly appointed Minister of Agriculture, Gerry Ritz, to respect the courts decision which made it clear that the process used by the government to change the function of the CWB was not only undemocratic but illegal.

"In his previous function as Chair of the Standing Committee on Agriculture, I found that Mr. Ritz always conducted the meetings in a fair and reasonable manner and showed respect for all points of view so that a positive outcome was often realized," noted Atamanenko, "I hope he will bring that same capacity to his new role as Agriculture Minister. The government would do well to start consulting with the CWB and other stakeholders to determine what changes will be deemed necessary to best serve farmers' financial interests," observed Atamanenko.

"They also have the time now to undertake a socio-economic study, to provide some concrete facts and figures for farmers and local businesses, regarding the overall impact the loss of single desk selling would have on rural communities. According to Nettie Wiebe the uncertainty created by the governments actions against the CWB has been costly. Barley prices started declining in mid-June when the government announced its move against our Wheat Board. The factors influencing pricing are complex but the instability in marketing certainly didn't help. As farmers were already dealing with uncertain weather and crop conditions. I urge the new minister to respect farmers, respect due democratic process and the law and work with our marketing agency to improve the longterm viability and stability of the family farm. Minister Ritz needs to convince the Prime Minister that it is necessary for a more constructive and less ideological dialogue to begin if something good is ever to be achieved for farmers in western Canada," concluded Atamanenko. - submitted

## **Council supports project**

On August 20, Town Council many local residents who feel the received a request from Vermilion Forks Field Naturalists (VFFN) for a letter of support. VFFN is applying for a grant to assist in continued work on the Swan Lake Wildlife Viewing and Habitat Restoration Project.

The project has turned the Swan Lake area into an interesting outdoor feature on the outskirts of Princeton.

The small lake and surrounding grasslands has been a pet project of area deserves protection and enhancement.

It is a great place for birdwatching, hiking, or just walking through to see the wildflowers and water birds.

Council voted quickly to support the grant application, and added condolences on the loss of Don Burbidge, a valued longstanding member of Vermilion Forks Field Naturalists who passed away recently.



Participants in the Summer Kids Club visited Princeton's RCMP police detachment in a field trip. The Summer Kids Club was hosted by the Town of Princeton Parks and Recreation Department. Photo submitted

## Museum consultant looks at improvements

..... continued from Front Page and water problem in the basement, using her own words, the building is 'compromised' and if the Town Hall are serious about preserving the historical documents, newspapers and

photographs that are housed in the basement, immediate remedial action by the Town is required and procrastination will only lead to further losses for the community.

## The alternative is for the Museum ib participates in event

Shoreline litter that accumulates on Canada's shorelines over the summer months will be removed by motivated environmental stewards in September.

The TD Great Canadian Shoreline Cleanup, a Vancouver Aquarium conservation initiative, is gearing up for its 14th annual event. This year from September 15th to 23rd, more than 40,000 participants will have registered to cleanup their local shoreline.

In June, the International Coastal Cleanup announced that over one million seabirds and more than 100,000 marine mammals are killed every year by shoreline litter. The TD Great Canadian Shoreline Cleanup is the second largest cleanup of almost 90 participating countries around the world.

Each year, participants recover bizarre items such as living room sets, hundreds of ear plugs and numerous bikes and computer equipment from Canada's shorelines. By far, the most harmful are the more than 200,000 cigarette butts and the 103,496 food wrappers removed just last year. In almost all cleanups, the biggest contributor to shoreline litter is recreational events such as picnics, beach barbeques and boating.

This year, anyone from the public can join the cleanup locally at Otter Lake in Otter Lake Provincial Park starting at 8:00 AM on Saturday, September 8th.

If you plan to help, you are asked to contact the local organizing committee, the Otter Valley Fish & Game Club at (250) 295-3592.

You can also register online by going to www.vanaqua.org/cleanup or simply show up. All shoreline cleanup supplies will be provided.

Data collected from every cleanup across the country is sent to the Vancouver Aquarium for tallying. Once tallied, all the information is forwarded to the International Coastal Cleanup for worldwide cleanup totals. - submitted

# ouncil denies variance

An application to the Town of Princeton for a variance permit was denied at the August 20 Council meeting on the recommendation of CAO Patrick Robins. The request was to change the allowable height of a garage from 5 meters to 5.5 meters, change the rear setback from eight meters to 1.3 meters and change the allowable floor space from 75 square meters to 123 square meters on a property located at 104 Edgewood Drive.

A petition from 13 neighbours opposed the construction of such a large building on that lot. One neighbour pointed out that this garage would be larger than the residence, and would provide the owner with four garage spaces. Most neighbours agreed the proposed structure would not be appropriate for the lot, although one neighbour did say it was a fine looking building and would look good on an acreage.

Society to find a new home, either by seeking a tenancy elsewhere in Princeton or moving to a brand new purpose built building. Considering the dollar amounts involved to renovate the present building to acceptable standards the second suggestion may not be so far fetched.

The employment of Wood is being made possible by a \$30,000.00 grant made earlier this year by the Princeton and District Community Forest Corporation. - submitted



Dave and Lynda invite you to 'come check us out!'

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(locals) and \$48.00 (non-taxpay-

Other fees include \$34.00 for use

of the kitchen during an event;

\$35.00 for use of dishes and cut-

lery; \$25.00 per roll for paper table-

cloths and janitorial fees remain at

\$20.00 per hour with the damage

The rates update a five-year-old

rental schedule and were changed

primarily to address rising mainte-

again at 2:30 PM with the final

Celebrity Chef featured at 3:30

PM. At 4:15 PM is the

Similkameen News Leader Sear

Activity will then shift to Victory

Hall with Happy Hour at 6:00 PM

and Dinner at 7:00 PM. Mojo

Zydeco will provide dance music

Dinner/Dance tickets are \$20.00

each and are available at

Keremeos Review, Cawston

Market Place and Keremeos

Agencies,

from 8:30 to 11:00 PM.

Similkameen

Pharmasave.

Factor Pepper Eating Contest.

deposit unchanged at \$100.00.

nance and repair costs.

schedu

ers) to a flat \$75.00.





Rika Ruebsaat and Jon Bartlett of Princeton performing during a recent outdoor concert. Photo submitted

# **Group forms traditional music society**

A new Society was formed here in Princeton last week – the Princeton Traditional Music Society. It plans to mount a festival in Princeton in mid-August next year. The festival follows on the successful concerts held on the July 1 weekend at the Museum during the Sounds of Our Heritage Festival.

The society, the brainchild of Rika Ruebsaat and Jon Bartlett, exists to promote "traditional" music.

"Traditional music," said Ruebsaat, "is music that has been passed on from one person to another. It might be lullaby sung by a parent to a child, which the grown-up child then sings to his children. It might be a harmonica tune played in a logging camp, which another logger remembers and plays at other camps. It might be an ages-old ballad. It might be a rude song about a pain-in-the-neck foreman, made up and sung among a group of miners to let off steam."

Phil Thomas, the noted folk song collector and author, collected such songs in Princeton in the early 'sixties, and discovered such songs as "There's a Mine in the West where the Tulameen Flows" and "The Banks of the Similkameen". Bartlett and Ruebsaat, after having spent weeks researching in the Princeton Archives' holdings of local papers, are convinced there are more here.

"Mining towns, not logging towns, are where the songs can be found," said Bartlett. "Although the old-time logging camps were a rich source for songs, there was no way to collect them, after the loggers had moved on or died. Mining towns, which had papers to promote land speculation, often printed such pieces." He recalls that he and Ruebsaat came across an old WWI song called "Fifty Thousand Lumberjacks", in the Similkameen Star, which was simply called "A Logger's Song".

The Society at its first meeting last week elected Del Hall as its first President, Rika Ruebsaat Vice-President, and Jon Bartlett Secretary-Treasurer. Ruebsaat is also the President of the Princeton Arts Council. People interested in volunteering for the Festival or to find out more about the Society can reach Bartlett and Ruebsaat at (250) 295-6010.-submitted



Explore The History Of Mining - Gold, Copper and Coal

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Available at:

Similkameen

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at the Museum Stage. Photo submitted

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# news leader health and lifestyle page ly...a little sweet relief

(NC)-According to a recent Decima survey, one in three Canadians have been diagnosed with asthma, seasonal allergies, environmental sensitivities or other respiratory diseases. The survey, conducted on behalf of 3M Filtrete, also revealed that many sufferers claimed their symptoms worsened when the certain 'triggers' were present, such as pollution or smog (35 per cent), cigarette smoke (49 per cent), pet dander (38 per cent), or dust (49 per cent). Here are some tips for reducing the effects of hay fever and respiratory illnesses:

Cool, Clean Air: Make sure your

## Time to get organized for back-to-school

(NC)-On a perfect, sunny afternoon it may feel like summer will never end. The reality is that it will soon be back-to-school time, so now is the time to start stocking up on school supplies.

The biggest trend in back-to-school items this year is in those which help students get organized - and help them stay that way.

"Organization is definitely the backto-school buzz-word this year," said Alessandra Saccal, Public Relations Manager, Staples Business Depot. "Whether it's an item designed to help keep a student's locker neat and tidy, or supplies that are easy to store and easy to find, anything that helps bring proper order to students' sometimes very disorganized lifestyle is what people are looking for," said Alessandra Saccal.

Among the organizationallyfocused Top 10 back-to-school items for 2007:

- Magnetic Locker Roll Out Pad: a triple-fold locker organizer which comes with a mirror, mesh pocket and two multi-storage pockets. Removable pocket doubles as a pencil case.

- Extendible Locker Shelf: maximizes locker storage capacity by creating a second shelf. Mounts with anchor magnets, so it can be positioned at any height.

- Magnetic Locker Gear: an all-inone locker accessory pack. Utilizes a variety of shaped magnets, magnetic clips and memo pads plus a 5-in-1 locker caddy.

Crayola Fliptop Markers: designed for primary students, these attachedcap, washable markers mean no more lost marker caps!

- Staples Better Binders: a reinforced rubber spine means no more split binders. Rings open easily yet close tightly to allow pages to turn smoothly.

- Big Calculator/Big Pens: oversized items are eye-catchingly fun and practical - virtually impossible to lose! - News Canada

central air conditioner has a good air filter (one that is changed every 90 days or more if it's run continuously), or use air room purifiers such as the new 3M Filtrete Ultra Clean Air Purifier, which removes 99.9 per cent of airborne micro allergens such as smog particles, pollen, dust, smoke, dander and other tiny airborne allergens.

Warning Bells: Avoid going outside during smog or poor air quality advisories if possible, especially if you have acute asthma or seasonal allergies. If staying indoors is out of the question, make sure that you bring any necessary medication such as inhalers or prescriptions.

Morning Glory: Try and stay indoors especially in the morning when pollen and allergens are at their

worst between 5:00 AM and 10:00 AM.

Taking Care of Business: Keep the home or office environment clean, making sure to get rid of dust, pet hair or other allergens that may be lurking around floors and furniture. Vacuum any carpeted areas regularly, wash linens such as bedding and curtains on a regular basis and ensure non-carpeted areas are kept dust-free.

Keep it Inside: After being outside (especially during high pollen count days or smog advisories), make sure to take a shower or bath once home making sure to wash your hair. The steam will help loosen build-up in the nose and throat and clean hair decreases the chance that pollen will fall on your pillow during the night.

To learn more about air purifiers and filters and ways to improve indoor air quality, visit www.filtrete.ca.

- News Canada

### most active state. The Asthma Society of Canada claims that pollen and airborne allergens are at their living past 100

## Looking at diet from DNA out

Some of the most fascinating research these days delves into the effect of what we eat on our DNA. Everybody knows about DNA these days. It is the individual genetic code consisting of a string of more than 3 billion nucleic acids. Nucleic acids are made up of more than 100 thousand proteins.

Foods have their own DNA codes, and researchers can now trace what these "outside" codes do to our own DNA. If you do not eat properly, or live in a poor environment, or have an unhealthy lifestyle, your DNA becomes limited in what it can do to keep you healthy. The job of the DNA is to produce proteins you need for health in every cell of your body. If you do not eat proper food, or if you get no exercise, or if you live in a polluted area, your DNA cannot do what it needs to do, and may even release proteins that cause damage to the DNA code.

This is really scary stuff, because you need your DNA producing those good proteins that rebuild your cells.

Your DNA originated in a response to an environment that existed more than 100,000 years ago. The foods people ate at that time are what formed the basis of good health then, and we still carry that same DNA. However, several thousand years ago, we began changing the way we ate because we developed an agricultural society. In the past 100 years, food production has taken a dramatic turn away from our original food supply and the longstanding agricultural produce. We now have foods processed to the point where they would be unrecognizable as foods by our original ancestors. Would our ancient ancestors recognize most breakfast cereals as food? Would they know a beautifully frosted cake was good to eat? Probably not.

These "artificial" foods do not carry codes suited to our own DNA codes, nor do they enhance the human biology controlled by our DNA. Is it any wonder there are so many diseases today? We can now cure most contagious diseases, but heart disease, arthritis, diabetes and other chronic ailments are not caused by microbes, they are caused by things going on inside us. These ailments, researchers believe, are our biological responses to what we eat, where we live, and the amount of exercise we engage in.

Ancient humans did not eat a lot of carbohydrates. What carbohydrates they gained came from fruit and vegetables. They did not consume a lot of sugar. They would have depended on fruit and honey for sweets. They did not consume a lot of milk products, because milk was reserved for infancy. These early humans did not consume a lot of salt, because it was not available. They did not consume a lot of oils, because oils were not available in refined form. So, what did those early humans eat? They ate lean meat from wild game. They ate fish. They ate a lot of vegetables and fruit, and roots, nuts and seeds. Their food contained a lot of fibre, which kept their digestive systems performing well. What they did get, that we do not get today, was a huge range of minerals and vitamins. Today, we do not get these because food processing has removed these essential nutrients.

What can we do to avoid the pitfalls of modern food and increase our health at the DNA level?

The first thing we can do is try to duplicate the diet of early humans: no refined sugars, no refined cereals, more vegetables and fruit, more nuts and seeds, and lean meats and fish. We can cut out fats, salt and flour products. We can take care of our DNA and it will take care of us.



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### MESSAGE FROM THE TOWN OF PRINCETON

The Town of Princeton is excited to announce the kick-off for the preparation of the Town's new Official Community Plan (OCP). The existing Official Community Plan was adopted in 1993 and is out of date. Given the differing circumstances of today, a complete reworking of the plan is necessary.

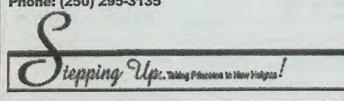
The Official Community Plan (OCP) is a comprehensive policy document of Council that outlines the preferred municipal guidelines to manage the development of land and subsequent change within the Town of Princeton. In a traditional sense, the Official Community Plan policies are to provide a "blueprint" for land use management. At the local level in a community such as Princeton, the policies are also intended to represent an expression of the broad community desires of local residents and an assessment based upon an extensive evaluation of the factors that influence the municipality's growth. The Official Community Plan further attempts to identify current and future community objectives and needs. In essence, the Official Community Plan provides a thorough sense of direction of how it is envisioned that Princeton will expand and evolve during the next five-year period and into the longer-range future.

### THE TOWN OF PRINCETON invites you to attend a **PUBLIC MEETING & WORKSHOP**

Wednesday, September 19, 2007 6:30 PM **Princeton & District Community Skills Centre 206 Vermilion Avenue** 

If you have any questions please contact:

Patrick Robins, Chief Administrative Officer **Town of Princeton** Phone: (250) 295-3135



### Similikameen News Leader

Tuesday, August 28, 2007



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# **RESIDENTIAL PROPERTIES FOR SALE**

453 Taylor Mill Drive, Great country home, 3 bedroom, 1 bath. MLS 37350 \$42,000 \$144,900 321 Riverside Avenue, 2-bedroom river home on quiet street. MLS 40651 \$159,000 **297 Lachine Avenue, 3 bedroom home. Perfect for first time buyer.** MLS 37939 168-2nd Avenue, Cute 2-bedroom home on corner lot. MLS 40653 \$159,900 \$175,000 MLS 40412 **207 Angela Avenue**, 2 bedroom investment property on Allison Flats \$190,000 142 Haliford Avenue, 2 bedroom character home in perfect location. MLS 40259 121 Ridgewood Drive, End unit townhouse with manicured lawn. MLS 41535 \$199,900 **488B Corina Avenue**, Beautifully updated 4-bedroom half duplex. MLS 40961 \$209,900 MLS 36919 \$215,000 439 Similkameen Avenue, 3 bedroom immaculate rancher. \$217,900 525 Auburn Crescent, 3-bedroom doll house on manicured 1/2 acre lot. MLS 40997 MLS 34385 \$229,000 28 Bar Street, Custom tune your dream home. **348 Hillside Avenue,** Great 3-bedroom family home on quiet street. MLS 40746 \$239,900 70 Kenley Avenue, Investment Alert! Immaculate duplex. MLS 41396 \$259,900 \$279,000 545 Taylor Way, Quiet rural setting situated near the river. MLS 40715 MLS 41325 **452 Corina Avenue,** Beautiful 3-bedroom rancher on Tulameen River. \$289,900 MLS 37717 \$293,800 1674 Princeton-Summerland Road, Well-treed property, private building sites. 357 Old Hedley Road, 4-bedroom home minutes from town. MLS 40874 \$299,900 428 Highway 3, Over 2 acres of Similkameen River riverfront. MLS 40431 \$339,000 2774 Princeton-Summerland Road, 5 acres backing Crown and KVR Trail. \$359,900 MLS 40430 \$384,900 2141 Highway 5A, Private 3 bedroom home on 27.72 acres. MLS 38345 MLS 38592 \$498,300 **114 Sky Blue Loop,** Fantastic lakeview home, perfect for B&B. 2321 Old Hedley Road, Great privacy and river frontage. MLS 37321 \$498,300 1100 Summers Creek Road, 3 bedroom, 4 bath executive home. MLS 38173 \$888,000 \$988,300 468 Tulameen River Road, Great investment holding property. MLS 37874 750 Cedar Creek Road, 90 acres of world class views. MLS 38926 \$1,800,000 MLS 40056 \$1,888,300 4263 Princeton/Summerland Road, 55 acres with superior lake views. 985 Highway 5A, Beautiful 308 acre ranch. MLS 41399 \$1,950,000 PROPERTY FOR SALE \$44,900 MLS 36615 235 Penryn Avenue, .08 acres, central location. 108 Snowpatch Road, Recreational delight in the heart of China Creek. MLS 40846 \$64,600

2289 Arcat Road, 1.71 acre, on edge of Similkameen River. MLS 39866 \$138,300 \$158,300 88 Fenchurch Avenue, .11 acre, excellent investment property. MLS 40079 MLS 38737 \$159,900 Lot 3 Highway 3 West, 2.71 acres, view lot beside Pub. \$230,000 Coalmont Road, 9.58 acres of panoramic views. MLS 39412 \$230,300 Lot B Coalmont Road, 4.25 acres, perfect spot for small hobby farm. MLS 40077 MLS 40078 \$245,300 Lot A Coalmont Road, 4.30 acres, superior acreage close to Princeton. Lot 5 28 KM Summers Creek Road, Mountain View, private setting. MLS 41544 \$285,000 \$285,000 Lot 4 28 KM Summers Creek Road, Fishing and ATVing at your doorstep. MLS 41542 Lot 6 28 KM Summers Creek Road, Large Missezula Lake area lot. MLS 41545 \$395,000

# **COMMERCIAL PROPERTIES FOR SALE**

68-74 Billiter Avenue, amazing potential for office or residential. 265 Vermilion Avenue, Well established restaurant with highway exposure.

Heather Johnson 295-8591



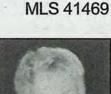
Doug Haayer 295-1585



Dean Stinson 295-8537



Marty Gray 295-5044



Carol Bertrand 295-5341

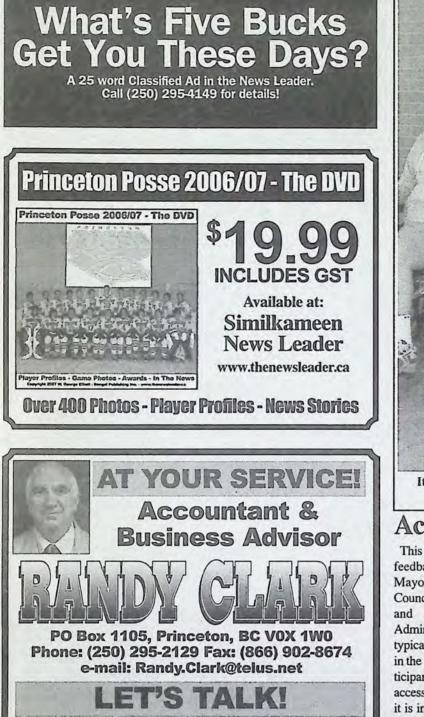
MLS 38917 **\$2** MLS 41469 **\$4** 

\$289,000 \$458,300



Lee Mowry 295-1990 7

Similikameen News Leader





It was all smiles before they embarked on normal everyday tasks in wheelchairs in and around downtown Princeton on Accessibility Awareness Day. \*

## Accessibility Awareness Day Report to Town Council

This report is based on the written feedback and data provided by Mayor Randy McLean, Town Councillors Ray Jarvis, Pam Jones, and Jim Manion, and Town Administrator Patrick Robins. As typical in society, there is a variance in the physical abilities of these participants. For the purposes of an accessibility study, we suggest that it is important to work towards the abilities of the least able, not the most able.

Thank you to everyone who participated in Accessibility Awareness Day. We are pleased and encouraged by the positive feedback and support we received during and following the event; from participants, business people, and members of the community, local organizations, and the media.

Accessibility is an important issue to all residents of Princeton, including our business people, and also those who travel through our community. It is important to acknowledge that several changes, such as the increase in the number of designated parking areas, the sidewalk outside the Legion Hall, the sidewalk change at the strip mall, and the new electric doors at the CIBC, have occurred in the past year. These changes are a positive step towards improving accessibility in Princeton.

Accessibility Awareness Day was, in fact, but two hours on the morning of May 31, 2007. The weather was pleasant, getting closer to hot by noon. The purpose of Accessibility Awareness Day was to engage our elected community leaders, transporting themselves in wheelchairs, in a number of normal, every day activities selected to help them better understand some of the obstacles the physically challenged and elderly face in Princeton. The program was not designed to be difficult; it was designed to provide a real experience, including both negatives and positives.

As such, our emphasis was on moving about the town, accessibility to public buildings, and accessibility to some of our essential businesses, such as banks, pharmacies, and restaurants. Part of our intent, using comparatives, was to allow the participants to experience accessibility situations that are appropriate and acceptable, situations that are not, and to better understand the attributes of the positive situations and how these attributes could be applied to the less positive situations. Navigating the Town

### Sidewalks

In general, the sidewalks were considered to be satisfactory for wheelchairs provided the sidewalk was level and the interlocking paving stones were in good condition. Unfortunately, many sections of the sidewalk are not in a well maintained state. Sections of the sidewalk, particularly a 'pot hole' area near the Belaire Restaurant and Provincial Building, along a section of Vermilion Avenue between the Belaire Restaurant/Provincial Building and the former Goldion Restaurant, and some sections of Bridge Street were identified as in need of maintenance. Water valve stands were also identified as a hazard in the Belaire Restaurant area. The sidewalk in front of the Skills Centerewas identified as an are where the slope made it very difficult to use. The brick work around the trees often creates a barrier and potential tripping hazard. Areas of sidewalk difficult for wheelchairs are also, most often, difficult for people who have compromised walking abilities. Since several sidewalks in town were not used during this activity, we suggest that each of the sidewalks be inspected, assessed, and adjusted/repaired as necessary.

Sidewalk to Street Transitions

The corners at Kenley and Bridge, Fenchurch and Bridge, Veteran's Boulevard and Bridge, and 3rd Street and Vermilion were specifically identified as being difficult. General consensus was that the majority of curbs used by the participants needed attention. Since many sidewalk to street transition curbs in town were not used during this activity, we suggest that all of the sidewalk to street curb transitions be inspected, assessed, and adjusted/repaired as necessary. Location Accessibility

The findings on access to various locations seem to depend greatly on the individual ability and experiences of the participant. For example, one participant identified the Post Office ramp as the best in town; while another thought it was very steep. General consensus was that the Town Hall, Pharmasave, Canada Post, Community Services, CIBC, and Valley First are reasonably accessible. The Museum Library Building, and the

ably accessible. The Museum Library Building, and the Provincial Building have difficult ramps. On the day of the 'wheelabout,' wheelchair access to the sidewalk fronting the strip mall was very limited. The mall sidewalk has since been renovated and access is now very good. Accessibility to restaurants varied from location to location, with some being very accessible and others being totally inaccessible.

..... continued on Page 9



Should tax considerations affect my RRSP Investment strategy?

Normally, you will want to choose RRSP investments that maximize your return and stay within your risk tolerance. While equities hold out the promise of higher returns, they are more volatile than bonds or GICs. Most people prefer to hold a larger percentage of equities in their RRSP when they are younger and are willing to take more risks and then gradually convert to more stable, income producing investments as they near retirement.

Tax can, however, play a part in your investment decisions if you have investments inside and outside of your RRSP. Remember that income earned and capital gains realized in your RRSP are not taxed until they are withdrawn from your plan, usually after you retire. Therefore, from a tax point of view, there is a bias to hold income producing investments such as GICs inside your RRSP as the interest income will be fully taxed if they are held outside of your RRSP. Similarly, it makes sense to hold investments that produce capital gains outside of your RRSP as tax only has to be paid on 50% of the gain.

has to be paid on SOA of the gain. You can break down your investment decisions from a tax perspective even further. Capital gains are only taxed when they are realized (that is, when you sell your investment). If you invest in stocks that you expect to sell in the short-term outside of your RRSP, capital gains will be realized that will be taxable, reducing the funds you have to invest. However, if you invest in stocks that you expect to hold for several years, any capital gains that accrue will not be subject to tax until you sell. Therefore, from a tax perspective, it makes sense to hold stocks that are shortterm holds in your RRSP, where the tax on capital gains will be deferred, and to hold stocks that are long-term holds outside of your RRSP.

Keep in mind that tax advantages can sometimes conflict with other objectives for your RRSP investments. Although it may make sense to invest in stocks that are short-term holds in your RRSP, these investments usually are more risky and may conflict with your objective to have stable investments in your RRSP. In addition, if you incur losses on investments held in your RRSP, the losses will not be tax deductible - they will reduce the size of your RRSP that will be available to you in your retirement.

Your primary concern in choosing investments for your RRSP should be to maximize your return while staying within your risk tolerance. However, tax can play a part in making these investment decisions. Contact your Tax advisor if you have any questions about the type of investments that you should be making in your RRSP.

THESE TIPS AND INFORMATION ARE INTENDED TO HIGHLIGHT GENERAL TAX RULES AND PLANS AND SHOULD NOT BE USED AS A SUBSTITUTE FOR APPROPRIATE PROFESSIONAL ADVICE RELATED TO YOUR SPECIFIC CIRCUMSTANCES.





### Mayor Randy McLean accesses the Provincial Government Building ramp. \*

Traffic Safety/Crossing Streets In general, most participants felt safe crossing the streets. The corners of Billiter and Bridge, at the Home Hardware, and at the Loonie Bin were identified as three areas where, presumably for the sightline reasons, some participants did not feel as safe crossing the street. While one participant noted that traffic was not heavy, motorists stopped for each of the participants when they were crossing the street. As with all pedestrians, caution must be used when crossing a street. Sometimes being in a wheelchair can limit one's vision due to the fact that when in a wheelchair one's eye level is much lower, making it more difficult to see over or around obstacles and also making it more difficult for a motorist to see the wheelchair user. Accessible Parking

In general, participants indicated that accessible parking spaces were adequate near most visited location, but some improvements could be made. It was suggested that signage needs to be improved at some locations. Most of the visited locations had accessible parking nearby; either designated on the street or in the business's parking area. Accessible parking for the Post Office is at the opposite end of the building from the wheelchair ramp. <u>Washrooms</u>

Accessible washrooms were in short supply in Princeton. Only one of the visited restaurants had an accessible washroom. The washroom at the Overwaitea is not accessible. The washroom at Town Hall, the Museum/Library, and the Legion are not wheelchair accessible. CIBC and Peoples Pharmacy do not have washrooms for public use. The Provincial Building, Pharmasave, Community Services, and Valley First (upon request), have wheelchair accessible wash-

### rooms. Accommodations

One of the motels visited did not have an accessible lobby and another had an accessible lobby but no wheelchair accessible rooms. The other two motels had wheelchair accessible rooms. These rooms have washrooms with bathtubs and tub safety bars. None of the motels have wheelchair roll-in (wet floor) showers.

### Other Difficulties

It was noted that several of the businesses along Vermilion Avenue and Bridge Street were not accessible due to a step or steps. Some, but not all, of these situations could be resolved with a change similar to the change made in front of the Legion Hall. Alternative changes might be possible at the other businesses inaccessible due to a step. It was suggested that a lift might be more appropriate at the Museum/Library and the Provincial Building. A ramp with less incline would likely be more economical and less vulnerable to abuse. At Canada Post, mail access for wheelchair users is restricted to business hours as the ramp enters the end of the building opposite to the mail boxes, requiring one to pass through the retail area. One sidewalk was identified as impassable due to a homeowner's clutter spread out on the sidewalk. Aggressive dogs were also identified as a hazard at this location.

It was mentioned by some participants that it might be illuminating to do a similar wheelchair activity during a winter month. Snow can often compound accessibility issues.

### Strategies

It is important to appreciate that full accessibility will not be

achieved immediately, this is a long term effort. Many projects to improve accessibility will be costly. Funding will be a factor and it is important to maximize the utilization of funds. As such, projects need to be targeted and prioritized based on a variety of factors including, but not limited to, the location's need for accessibility, the number. of people impacted by improved accessibility, and the cost of the project. With regard to projects, some needs, such as sidewalk and curb transition areas are recognized as the responsibility of the Town, while other needs, such as an accessible washroom or electric doors might be considered the responsibility of the business owner or landlord. In terms of strategy, as suggested during the 'wheel-about,' if electric door openers are identified as a priority, a bulk order and installation deal might be organized by the Town to take advantage of potential cost savings. A similar strategy might also be applied to other situations.

To encourage businesses to become accessible, we suggest the Town investigate possible incentive plans that businesses or building owners could use to offset the costs of accessibility renovations to existing structures. Changes to the rules and regulations regarding renovations and/or new structures, may be a cost effective way to address accessibility. It is better to build something correctly the first time rather than rebuild something later. We suggest the Town investigate bylaws that could be introduced to address this issue. We also suggest that the Town introduce a program to recognize locations that have become, or already are, accessible. This program could possibly include a presentation of the wheel-..... continued on Page 10

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## September 11 4:00 PM Riverside Centre 148 Old Hedley Road Payment of Annual Dues - Election of Officers Planning For The Future New Members Welcome! Columbia ARIS COUNCIL

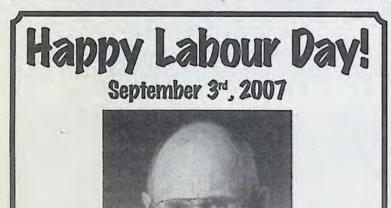


Similkameen News Leader



Labour Day is not just another day off work of the last day of summer vacation, it is a celebration to honour those who laboured and continue to labour in this country. The statutory holiday started with a small group of dedicated working men and women from Toronto, Ontario, who organized the first Labour Day event, the Workingmans Demonstration in 1872 to protest the oppressive law of the day, a law which declared all trade unions as being criminal conspiracies. Later that same year, the Canadian Government repealed that oppressive law. The fight was not over and working men and women throughout Canada continued to place pressure on our Canadian Government to officially recognize its workers by giving them a paid holiday. Labour Day was enacted into legislation as a Statutory Holiday in 1894.







In recognition and appreciation for the huge contributions working people have made to this community and to our country.

# Have A Wonderful Holiday!

Alex Atamanenko, MP BC Southern Interior

Princeton Office: 206 Vermilion Avenue (250) 295-0300

Main Riding Office: 1-800-667-2393



Julia Halipchuk finishes her summer job at Princeton Museum this Friday. She was employed through Weyerhaeuser's Jobs For Youth program and enters Grade 12 at PSS this September. \*

.....continued from Page 9 chair access symbol along with a decal with some extra words such as "recognized by the Town of Princeton as an accessible business."

In conclusion, accessibility is an issue that is relevant to everyone. It is important to consider the basic premise of equity for all when considering accessibility. Furthermore, people both locals and tourists, with mobility issues tend to avoid places where accessibility is difficult. The economic well being of our business community and the overall economy or our town will be improved by becoming more accessible. An investment in accessibility today will pay dividends in the future.

Hopefully Accessibility Awareness Day has helped raise Town Council's awareness of the issue. The Day has identified areas of strength and areas of concern. It has provided positive examples of ways some of the concerns can be addressed. Some of the changes may be easy and other changes may be more difficult....but ultimately, if they improve accessibility, the changes will be worthwhile.

Lyle Thomas, on our behalf, has made an application for a provincial grant. If the grant is approved, we will develop a process for 'businesses' to apply for accessibility project funding. We hope to provide the funds to 'criteria-based' approved projects using a cost sharing strategy with each project applicant, the Town, and ourselves. It may be necessary to engage in a more detailed, location by location/street by street, assessment of accessibility. Using the limited number of locations visited during the 'wheel-about,' many higher priority areas have already been identified, no doubt other locations which were not enroute might also be high priority. It is our intention to continue to include Town Council in discussions regarding strategies for improving accessibility in Princeton and in the planning for the use of the funds.

Each step we take is but a small step towards a larger goal.....full accessibility for all. It would be wonderful for Princeton to be able to display the international wheelchair symbol for the disabled on the signage entering town and declare Princeton as an accessible community.

On behalf of the Accessibility Awareness Committee,

# **Dorothy reports from party**

Yes, we had a party! It was a luau at Ridgewood Lodge in their lovely garden on a perfect afternoon.

We were warmly welcomed by their staff and seated at tables mostly in the shade. We were served with glasses of pina colada and were able to visit with many old friends: ie) Dorothy Munsie, Sheila S., Margaret R., Fern, Lydia and Carl not to mention many others we know, Isabel, Gloria, Diane and Annie.

It wasn't long before David Milner and Charlene arrived and we were entertained with songs and music of Elvis Presley sung by David. This started everyone's toes dancing and all staff members were busy getting people on their feet. Sheila S. was fantastic not missing a beat. Bob did his bit, too. And don't you think they got Carl up and I joined him for a few moments. Hawaiian music was played and Martha showed all the gestures, explaining them while singing and dancing. She soon had others join and learn the steps. The audience sat enthralled for nearly two hours basking in the warm sunshine and gentle breeze.

Our supper was shesk-ke-bobs cooked on the barbeque in our presence. The inviting smell permeated the air and stimulated our appetite. We so enjoyed the lovely potato salad and fruit salad with our meal.

After this was cleared away we were served ice cream sprinkled with toasted coconut and drizzled with chocolate or caramel syrup. Yummy!

Our sunflower contest? As the deer had enjoyed them, we decided on a name draw. Dorothy was the lucky winner of a pretty oven towel and hot pad. Thanks, Edna for your help and generosity.

Lyndy's retirement tea was another happy time. She was so gracious and impressive as she thanked each person by name and remembering something they had done to help, or contributed to New Beginnings.

Besides playing Bingo we made more elephants for our bazaar in October. Only about five weeks left!

On behalf of the residents of Vermilion Court I would like to say a big 'Thank You' to Aida and her volunteers as well as Jan and Barb with their staff who did so much work in decorating the gazebo and area in Hawaiian motif. Even the refreshment cart wore a grass skirt! And lastly, thank you David and Charlene for volunteering your time and expertise, It really made the party a party! - '-- submitted by D. Stenvold

# weekly entertainment guide

**TUESDAY, AUGUST 28, 2007 THROUGH MONDAY, SEPTEMBER 3, 2007** 



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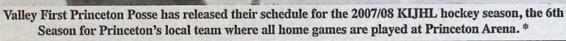
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Princeton Posse 2006/07 - The DVD



# Season starts September 3rd

The 2007/08 Valley First Princeton Posse KIJHL hockey schedule starts with a total of four pre-season/exhibition games, two at home and two on the road.

The regular season will include a total of 52 games, 27 at home and 25 away.

Princeton's first game is Monday, September 3rd hosting Hope at Princeton Arena. Princeton then travels to Hope for a game on Wednesday, September 5th.

The Posse's second exhibition home game will be Friday, September 7th against Summerland and the pre-season will end the following night with a road game in Summerland.

The regular season starts Friday, September 14th when Princeton hosts Grand Forks.

The balance of the season is as follows:

September 15th - Princeton hosts Spokane, September 18th Summerland hosts Princeton, September 22nd Princeton hosts Creston, September 23rd Princeton hosts Revelstoke, September 28th Princeton hosts Columbia Valley, September 29th Chase hosts Princeton.

October 2nd Princeton hosts Summerland, October 5th Sicamous hosts Princeton, October 6th Kamloops hosts Princeton, October 12th Princeton hosts Chase, October 13th Summerland hosts Princeton, October 14th Princeton hosts Kamloops, October 19th Princeton hosts Fernie, October 20th Princeton hosts Sicamous, October 26th Princeton hosts Grand Forks and October 27th Princeton hosts Beaver Valley.

November 2nd Kimberley hosts Princeton, November 3rd Spokane hosts Princeton, November 4th Grand Forks hosts Princeton, November 9th Princeton hosts Kamloops, November 10th Princeton hosts Nelson, November 17th Princeton hosts Summerland, November 23rd Princeton hosts Kamloops, November 24th Princeton hosts Chase and November 25th Chase hosts Princeton.

December 2nd Beaver Valley hosts Princeton, December 4th Summerland hosts Princeton, December 7th Sicamous hosts Princeton, December 8th Columbia Valley hosts Princeton, December 9th Golden hosts Princeton, December 14th Kamloops hosts Princeton, December 15th Princeton hosts Kamloops, December 19th Princeton hosts Summerland, December 21st Chase hosts Princeton and December 22nd Princeton hosts Chase.

January 5th Princeton hosts Revelstoke, January 6th Chase hosts Princeton, January 9th Kamloops hosts Princeton, January 15th Princeton hosts Chase, January 18th Creston hosts Princeton, January 19th Fernie hosts Princeton, January 20th Nelson hosts Princeton, January 23rd Kamloops hosts Princeton, January 26th Castlegar hosts Princeton and January 30th Princeton hosts Summerland.

February 3rd Princeton hosts Golden, February 8th Princeton hosts Kimberley, February 9th Revelstoke hosts Princeton, February 12th Summerland hosts Princeton, February 15th Princeton hosts Golden and the final regular season game will see Princeton host Castlegar on February 16th.

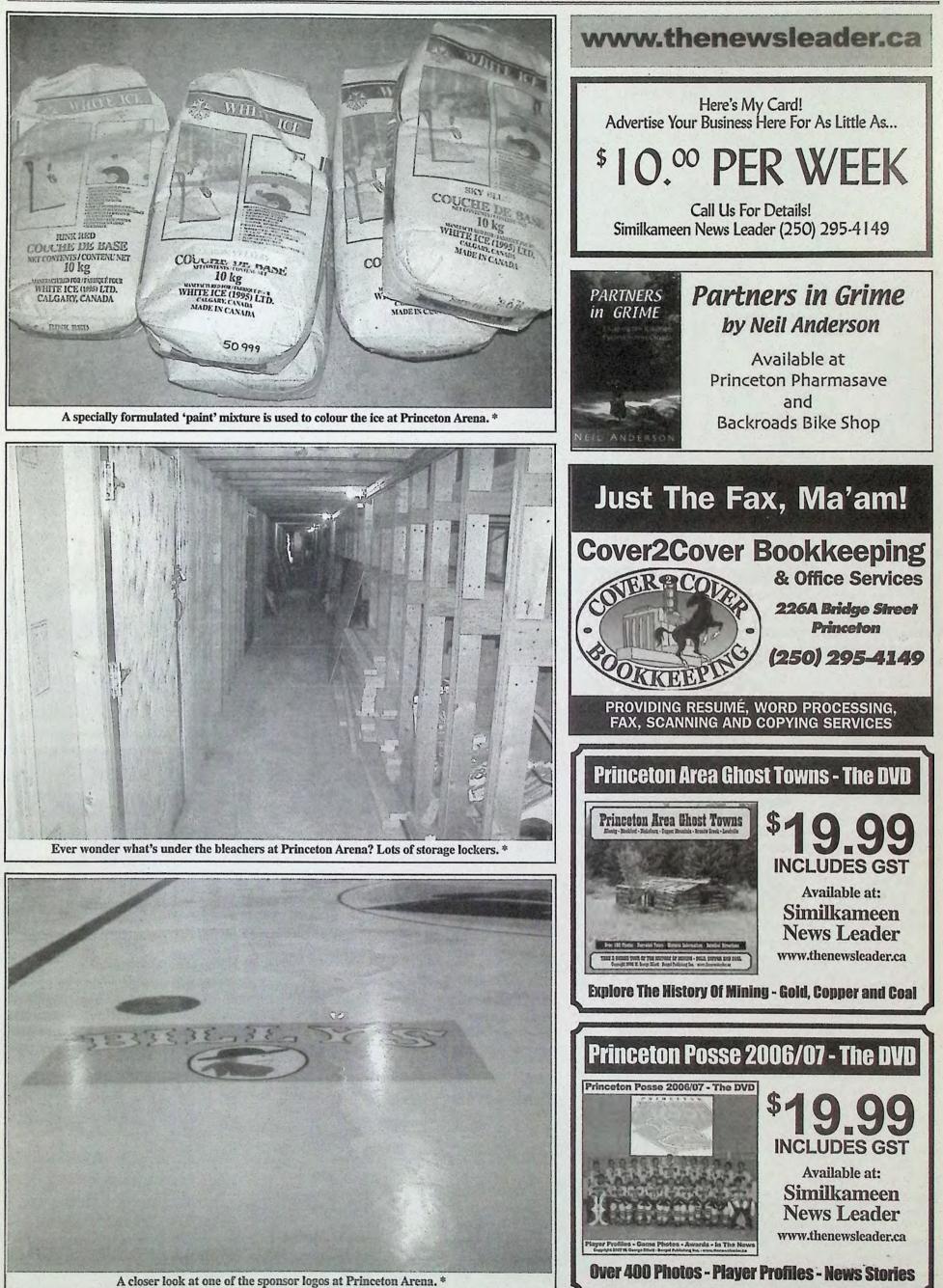


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## TUESDAY, AUGUST 28, 2007

		WTBS 3	CHBC 4	KNOW 5	KSPS	KHQ (7)	KREM	A&E	KXLY	BCTV	CITV (12)	CBC	YTV 18	TSN 19	VTV (22)	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
	AM	Dawson's	News (N)	Elliot	Body Elec.	News (N)	News (N)	Crossing	(5:00) News		(4:30) News		Gadget	SportsCentr	and the second sec	Daily Planet		Rachael	V.I.P. "The	Counterstri
6	:30	Creek [E]	Room	Jakers	Caillou (EI)	(E)		Jordan (E)	Œ	œ	(N) (E)	Morning (N)	Monster	e 🕮	Canada AM	TET	King [6]	Ray 📧	K-Files"	ke 🔟
	AM	Movie:	Life Today	BluesClues	Barney	Today	The Early	Crossing	Good		1	Arthur (	Jane	SportsCentr	Œ	Eye on the	K. Possible	CityLine (	V.I.P. "48	Night Heat
7		"Richie Rich" (1994)	100 Huntley	Dora	Arthur (EI)	Travis Tritt; Tiger	Show (N)	Jordan [tt]	Morning America (N)			Lunar Jim	Monsters	e 💷		Universe	(7:24)		1/2 Hours"	"Silk" @
1	AM	Macaulay	Street (N)	Hi-5	Curious	Woods;	CE .	American	(E)		100 Huntley	Curious	George S.	U.S. Open		Dirty Jobs	Weekend	Star Trek:	VIP. "Kiss	Due South
8	:30	Culkin.	2nd Chnce	Berenstain	Clifford	Zachary Quinto;		Justice		1.	Street (N)	Pinky	Beasts	Tennis: First Round.		œ	Lilo Stitch	Voyager [1]	the Val"	(DVS)
0	AM	a second s	Body	Magic Bus	Dragon	Dania	The 700	Cold Case	Regis and	100 Huntley	World	Poko	Flamingo	From the	Regis and	Daily Planet	Feet	News (N)	Oblivious	FANatical
9		Cosby	Taste	Rolie Polie	Big World	Ramirez; Alek Wek.	Club [E]	Files III	Kelly	Street (N)	Vision (ff)	The Save-	LazyTown	USTA National	Kelly	(cc)	Benj Bear	City	Sports	Inside Box
10	AM	Harvey	Contraction of the Contraction of the	Paddington	Sesame	Ellen	The Price Is		The View	Fighting for	Design	Ums! (#	Viva Pinata	Tennis	The View	Air Dogs	Mickey	Contraction of the second second second	Most	Mad Abt.
10	:30	Harvey	Right (N)	Pancakes	Street (EI)	DeGeneres Show	Right (N)	"Deviant"	(EE)	Canada	House	Doodlebop	Ruby	Center in Flushing	Œ	Machines	Bear	of Sync" (2000) Gail	Amazing Videos	Grace
	AM	Strokes	Thane	CG Kids	Thomas	Dr. Keith	Young and	24 [8]	Paid Prog.	Judge J.	News (N)	The Gill	Jacob	Meadows,	eTalk 🔃	Death	Higglytown	O'Grady.	Star Trek:	The Nanny
11	:30	Strokes	Seinfeld	Scattering	Sit-Be Fit	Ablow [	the Restless		Paid Prog.	House	(CC)	Deacon Show	Mischief	N.Y. (Live)	MTV e2	Camp	(11:25) King		Next Gener.	Frasier
10	PM	Still Stnd	News (N)	Water	Charlie	Paid Prog.	News (N)	Crossing	АШ Му	News (N)	Days of our	CBC News	Pokemon	un	Degrassi	Ancient	(11:49)	CityLine [tt]		Seinfeld
12	:30	Still Stud	Œ	Undersea	Rose [	Paid Prog.	Bold & B.	Jordan [	Children (N) (ff)	Œ	Lives (N)	CBC News	Flamingo		Bold & B.	Rome	Weekend		Next Gener.	Seinfeld
4	PM	Yes, Dear	Diva Dime	MacPhee	Your Brush	Days of our	As the	Crossing	One Life to	As the	As the	Fashion	George S.	1	Twice in a	Dirty Jobs	Dragon	Making It	Star Trek:	Beverly
1	:30	A I MANAGEMENT THAT AND A DESCRIPTION OF A	Homes	Quilting	America	Lives (N)	World Turns (N)	Jordan 🔃	Live (N)	World Turns (N)	World Turns (N)	Dinner	Beasts		Lifetime (	CET.	Emperor	Star! Daily	Voyager [ff]	Hills, 90210
		King	Guiding	Gaslight	Reading	Passions (N)	Guiding	American	General	Passions (N)	a second second second second	A STATE OF A	Viva Pinata	Motoring	General	How-Made	Lilo Stitch	Ellen	Star Trek:	Extreme-
2		King	Light (N)	Animals	Lions	- GE	Light (N)	Justice	Hospital (N)	LCEU	G	Deacon Show	Jacob	Interruptio	Hospital (N)	How-Made	Proud	DeGeneres	Voyager [ff]	Home
0	PM	Seinfeld	Room	Jack's Big	Arthur (EI)	Judge	Dr. Phil @	Cold Case	Rachael	Young and	Young and	Food	Mystery	Record	Dr. Phil 🔃	Mega	Weekend	News (N)	CSI: Crime	
3	:30	Seinfeld	Design	Music Show	Fetch! With	Judge		Files [f]	Ray [ff]	the Restless	the Restless	Miracles	Team	Sports		Builders [#]	Lloyd	<b>((()</b>	Scn	Œ
4	PM	Raymond	Days of our	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Millionaire	Oprah	News (N)	Frasier	SpongeBob	U.S. Open	Daily Show	Daily Planet	Barbarian	Friends	CSI: Crime	
4	:30	Raymond	Lives (N)	(4:37) Little	Zoboo	Judge J.	Winfrey [	"Deviant"	Millionaire	Winfrey [6	Global	Mercer	Robot Boy	Tennis: First Round.	Colbert	œ	Proud	Hollywood	Scn	Great Chef
F	PM	Raymond	News (N)	George S.	BBC World	News (N)	News (N)	Dog	News (N)	News (N)	News (N)	Simpsons	OddParent	From the	News (N)	How-Made	Suite Life	Stargate	CSI: Crime	Seinfeld
5	:30	Raymond	Œ	(5:32)	Business	NBC News	CBS News	Dog	ABC News	Global	Œ	Arrested	Naruto	-USTA National	Œ	How-Made	Montana	Atlantis	Scn	Seinfeld
0	PM	Bill Engvall	Body	CG Kids	News-	News (N)	News (N)	Dog	News (N)	News (N)	ET Canada	CBC News:	Edgar	Tennis	News (N)	Futureweap	Zocy 101	Movie:	to the second of the second second second	Married
0	:30	Raymond	Caitlin	Heads Up	Lehrer	Raymond	Hollywood	Dog	News (N)	Œ	Entertain	Vancouver	Legion	Center in Flushing	(EE)	ons (g)	Sadie	"Shaft" (2000)	Scn	Frasier
7	PM		Ad Pers	Working	Nova (E) (DVS)	Jeopardy!	Friends	Angel	Entertain	Entertain	Accident Investigator	Coronatn	Nick	Meadows, N.Y.	eTalk 🔃	Extreme Machines	So Raven	Samuel L. Jackson. [#]	CSI: Crime Scn	Extreme- Home
1	:30		Jeopardy!	Eden	1	Fortune	Scrubs	Angel	The Insider	ET Canada		Just-Gags	Malcolm		Hollywood	(N)	Smart Guy			
8	PM :30	Bill Engvall Sex & City	NCIS 🕮	Masterpiece	Wild	Live From New York:	Power of 10 (N) CC	Angel	Laughs	House "Resignation	House "Resignation	Mercer 22 Minutes	Fresh Pr. Yvon	SportsCentr e (Live) [[]	Cana. Idol TBA	Daily Planet	Suite Life	News (N) (8:35) Star!	CSI: NY [	ET Canada FANatical
		Sex & City	The Unit	Freedom	P.O.V.	1st 5 Years of SNL	Big Brother		i-Caught	Big Brother	" Big Brother	1.2		2006 Poker	To Be	Futureweap	8 Rules	(9:06)	Murder	Seinfeld
9	:30		- CE	Classical	"Libby, Montana"	or Divis	8 (N) @	Dog	(N) (E	8 (N) E	8 (N) (E)	occours only	Ghost	Million (N)	Announced	ons 🕅	Sinbad	Jimmy Kimmel	"Blood- Soaked"	Seinfeld
10	PM	Movie:	The Unit	Notes	(N) 🔃	Law &	NCIS "In	Dog	Primetime:	Accident	News Hour	National	Prank Ptrl		Law &	Extreme	Popular [	(10:06)	Star Trek:	Married
10	:30	"EDtv" (1999)	œ	Landscape	Previews	Order: SVU	the Dark"	Dog	Crime (N)	Investigator	Final (N)		Weird		Order: SVU	Machines		Movie: "Screwed"	Voyager [ff]	Frasier
44	PM	Matthew	News (N)	Reach-Top	Charlie Base (b)) (F)	News (N)	News (N)	Angel	News (N)	News (N)	Entertain	(11:05) The	Bob	SportsCentr	News (N)	How-Made	8 Rules	(2000) Norm	Deep Space	Grace
11	:30	McConaugh ey.	Room	Moving On	Rose (N) (	Tonight	Late Show	Angel	(11:35)	Œ	ET Canada	Hour E	15/Love	e (Live) 🖽	News (N)	How-Made	Life Derek	Macdonald.	,	The Nanny

## WEDNESDAY, AUGUST 29, 2007

		WTBS 3	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY 10	BCTV 11	CITV 12	CBC 13	YTV 18	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
6	AM :30	Dawson's Creek 🔃	News (N) Room	Elliot Jakers	Body Elec. Caillou (El)	News (N)	News (N)	Crossing Jordan (E)		News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentr e (#)	News 🔃 Canada AM	Daily Planet	And the second second	Rachael Ray [#]	VJ.P. (ff)	Counterstri ke
7		(7:15) Movie: "The Cookout"	100 Huntley	BluesClues Dora	Barney Arthur (El)	Today Abigail Jones;	The Early Show (N)	Crossing Jordan [1]	Good Morning America (N)			Arthur 😥 Lunar Jim	Jane Monsters	SportsCentr e 📧	Œ	Raw Nature "Raw Size"	K. Possible (7:24)	CityLine 🖽	VJ.P. "Sunshine Girls"	Night Heat "Chinatown"
8	AM	(2004) Ja Rule. @	Street (N) Homes	Hi-5 Berenstain	Curious Clifford	Marissa Miley; back- to-school		Amer. Justice	(EE)		100 Huntley Street (N)	Curious Pinky	George S. Beasts	U.S. Open Tennis: Men's First		American Chopper	Weekend Lilo Stitch	Star Trek: Voyager @	VJ.P. "True Val Story"	Due South (DVS)
9		Cosby NewsRadio	Body Taste	Magic Bus Rolie Polie	Dragon Big World	fashion; Jimmy Bradley.	The 700 Club 🕼	Cold Case Files (f)	Regis and Kelly	100 Huntley Street (N)	Fighting for Canada	Poko The Save-	Flamingo LazyTown	& Women's Second Rounds.	Regis and Kelly	Daily Planet	Feet Benj Bear	News (N) City	Disorderly Con.	That News Inside Box
10	AM	Harvey Harvey	The Price Is Right (N)	Paddington Pancakes	Sesame Street (N)	Ellen DeGeneres	The Price Is Right (N)	CSI: Miami "Collision"	The View	World Vision	Design House	Ums! (E) Doodlebop	Viva Pinata Ruby	From the USTA	The View	Greatest Gunfight	Mickey Handy		Disorderly Con.	Mad Abt. Grace
11	AM	Strokes Strokes	Seinfeld Thane	CG Kids Scattering	(EI) Bob Build Sit-Be Fit	Show Dr. Keith Ablow (N)	Young and the Restless	24 (#	Paid Prog. Paid Prog.	Judge J. House	News (N)	The Gill Deacon	Jacob Mischief	National Tennis Center in	eTalk 🔃 MTV e2	Tutankham un	Higglytown (11:25) King	Ophélie Winter. 🔃 (DVS)	Star Trek: Next Gener.	The Nanny Frasier
12	PM	Still Stnd Still Stnd	and the second	Reach-Top Edge	Charlie Rose 🖽	EE Paid Prog. Paid Prog.	News (N) Bold & B.	Crossing Jordan 🖽	All My Children (N) (E)	News (N)	Days of our Lives (N)	Show CBC News CBC News	Pokémon Flamingo	Flushing Meadows, N.Y. (Live)	Degrassi Bold & B.	Unsolved History 🖽	(11:49) Weekend		Star Trek: Next Gener.	Seinfeld Seinfeld
1	PM	Yes, Dear Yes, Dear	Diva Dime Homes	Planet Safe Pass	Art Work Sewing	Days of our Lives (N)	As the World Turns (N)	Crossing Jordan (#	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Fashion Dinner	George S. Beasts	œ	Twice in a Lifetime 🖽	Extreme Machines	Dragon Emperor	Speakers Star! Daily	Star Trek: Voyager 🖽	Beverly Hills, 90210
2	PM :30	King King	Guiding Light (N)	Gaslight Moving On	Reading Lions	Passions (N)	Guiding Light (N)	Amer. Justice	General Hospital (N)	Passions (N)	Passions (N)	The Gill Deacon Show	Viva Pinata Jacob	Fishing Interruptio	General Hospital (N)	Futureweap ons	Lilo Stitch Proud	Ellen DeGeneres Show	Star Trek: Voyager 📧	Extreme- Home
3	PM :30	Seinfeld Seinfeld	Room	Jack's Big Music Show	Arthur (EI) Fetch! With	-	Dr. Phil 📧	Cold Case Files [f]	Rachael Ray [ff]	Young and the Restless	Young and the Restless	Food Miracles	Mystery Team	Record Sports	Dr. Phil 🔃	How-Made How-Made	Weekend Lloyd	News (N)	CSI: Crime Scn	Due South
4	PM :30	Raymond Raymond	Days of our Lives (N)	Dora (4:37) Little	Cyberchas	Judge J. Judge J.	Oprah Winfrey [ff]	CSI: Miami "Collision"	Millionaire	Oprah Winfrey 📧	News (N) Global	Frasier Just-Gags	SpongeBob Robot Boy	U.S. Open Tennis: Men's First	Daily Show Colbert	Daily Planet	Barbarian Proud	Friends Hollywood	CSI: Crime Scn	The Next Great Chef
5	PM :30	Family Guy Family Guy	1027	George S. (5:32)	BBC World Business	News (N) NBC News	News (N) CBS News	CSI: Miami	News (N) ABC News	News (N) Global	News (N)	Simpsons	OddParent Naruto	& Women's Second	News (N)	Extreme Machines	Suite Life Montana	Famous Monster 🖽	CSI: Crime Scn	Seinfeld Seinfeld
6	10.0362	Payne Payne	Body Caitlin	Mechanics Creatures	News- Lehrer	News (N) Raymond	News (N) Hollywood	CSI: Miami "Driven"	News (N) News (N)	News (N)	ET Canada Entertain	CBC News: Vancouver	Edgar Robot	Rounds. (Live) 📧	News (N) EE	(N) Extreme Machines	Zoey 101 Sadie	Movie: "Scary	CSI: Crime Scn	Married Frasier
7		Raymond Raymond	Ad Pers Jeopardy!	Meerkat Wild	Master- Arctic	Jeopardy! Fortune	Friends Scrubs	The Sopranos	Entertain The Insider	Entertain ET Canada	Crossing Jordan @	Coronatn Just-Gags	Nick Malcolm		eTalk [ff] Hollywood	(N) MythBuster s [ff]	So Raven Smart Guy	Movie" (2000) Shawn	The Kill Point	Extreme- Home
8	PM :30	My Boys Friends	War War	Ancient Clues	Great Performanc	Outrageous Moments	Power of 10 (N) [ff]	"Whitecaps"	Jim Jim	Power of 10 (N) [E]	Power of 10 (N) (E)	Movie: "Marple: The Murder	Fresh Pr. Yvon	SportsCentr e (Live) [[[]	Jim Jim	Daily Planet		Wayans. News (N) (8:35) Star!		ET Canada That News
9	PM :30	Friends Friends	Last Comic Standing	Beyond Memory (#	es (N) (E) Previews	Last Comic Standing	Criminal Minds (E)	CSI: Miami	NASCAR in Primetime	Without a Trace [tt]	Without a Trace @	at the Vicarage"	Mystery Ghost	NASCAR Racing	Criminal Minds 🖽	MythBuster s (ff)	8 Rules Sinbad	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld Seinfeld
10	1000	Movie: "Hard Rain" (1998) (PA)	Dateline NBC [#]	Greenpeace	Cathedral	Dateline NBC 🖽	CSI: NY (E	CSI: Miami "Driven"	Primetime	Crossing Jordan (#)	News Hour Final (N)	National	Prank Ptri Weird	Motoring Boxing	CSI: NY 🖭	Extreme Machines	Popular 🖽	(10:06) Movie: "Sioux City"	Star Trek: Voyager [tf]	Married Frasier
11		Morgan Freeman.	News (N) Room	Haanas Dotto Tech	Charlie Rose (N) [E]	News (N) Tonight	News (N) Late Show	The Sopranos	News (N) (11:35)	News (N)	Entertain ET Canada	(11:05) The Hour (#	Bob 15/Love	SportsCentr e (Live) (5)	News (N) News (N)	Extreme Machines	8 Rules Life Derek		Deep Space 9	Grace The Nanny

Similkameen News Leader



August 29 - September 5, 2007

Aries - The fun time is over, and you feel ready for more responsibility. The urge to travel may hit you, but now is not the time. Be careful of your health - get plenty of rest. Relax!

Taurus - You are in the mood to have more fun out of life. Things go well at home and you want to spread your wings a little. Pay attention to costs of things. Change is in the wind.

Gemini - Home and family are your focus, and problems at home or with property concern you. The next two years is a good time to make property improvements as investment.

Cancer - You can use this week and next to do all the errands and chores and short trips needed to make life more manageable. Take care of paperwork, correspondence, financial plans.

Leo - You need to review what you own and how you can divest yourself of financial burdens. You need to reduce spending now, and find ways to make money. Yard sale?

Virgo - You are very vocal about yourself this week. Young people and pets are a source of joy. You start to feel older, but not depressed, just ready for more responsibility. Schedule!

Libra - Surprise starts week. You are about to feel a shift in perspective. You are looking inward. This will go on for two years and you will benefit by a more mature outlook.

Scorpio - Your social life will begin to change this week. Soon, you may lose friends, or change groups with whom you associate. For now, make plans for immediate future. Career is good.

Sagittarius - Your career perspective changes and you become far more dedicated to work. Do not lose confidence. Work pays off. Spend extra hours organizing business.

Capricorn - Matters of spiritual concern or a need for further education occupy you now. You may feel a need to travel to seek information/education. This will not be simple. Plan ahead.

Aquarius - Upheaval in your financial situation may cause problems this week, and you may feel the pinch of debts. You could look to others for help, but don't expect it. Dig in.

Pisces - You feel the need to communicate with others on a one-to-one basis. Discussions with partner or good friends proves helpful, and can lead to greater success in your career. Speak!

> Recipe Comer (Recipe #182) Brought To You By: Similkameen News Leader

# **Chicken Souvlaki Lettuce Wraps**

- 2 cups (500ml) warm, cooked Minute Rice
- 4 boneless, skinless chicken breasts
- 1/2 cup (125ml) olive oil
- 1/4 cup (60ml) lemon juice
- 1 tsp (5ml) each lemon rind, salt and pepper
- 1 tbsp (15ml) dijon mustard
- 2 tsp (10ml) dried oregano leaves
- 2 cloves garlic, minced
- 1 cup (250ml) chopped tomato
- 1/2 cup (125ml) chopped red onion
- Lettuce leaves
- Tzatziki sauce

Place chicken breasts in a shallow dish. Stir olive oil with lemon juice and rind, salt, pepper, mustard, oregano and garlic. Pour half over the chicken; marinate for at least 30 minutes in the refrigerator.

Preheat the grill to medium; grease well. Grill chicken for 7 minutes. Turn and brush with some of the reserved marinade. Grill, basting with any remaining marinade, for an additional 7 minutes or until an instant-read-thermometer inserted through the side into the thickest portion registers 165°F (74°C). Remove from the grill and let stand for 5 minutes.

Slice the chicken thinly and arrange on a large platter with the rice, tomato and red onion. Serve with lettuce leaves and tzatziki sauce on the side to make wraps. Makes 4 servings.

226A Bridge Street, Princeton

- News Canada



# **Regular Meetings**

 Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse Similkameen Christian Riders meet at

Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up • Princeton Writers Group meets every second and fourth Thursday 7pm at

Riverside Wellness Centre
 Hospital Auxiliary meets 2nd Monday
 each month at 2 pm Hospital board room
 PGH/Ridgewood Lodge Foundation
 meets 2nd Monday, 12:15 Hospital
 Boardroom

Boardroom Hedley Library open 2-7pm Thursdays Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673

 Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150. Princeton Fish & Game Club meets first

Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray -7508.

Princeton Chamber of Commerce meet every 3rd Thursday at Chamber office 7 pm Legion Branch 56 meets 3rd Sunday of

month 1:00 p.m. Legion Hall Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine Southern Cruisers Similkameen

Chapter #53 meets for rides every Thursday night. Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in

Chamber of Commerce meeting room. • Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall,

Rocklin Avenue. Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room. • Course Of Miracles Group meets every

Tuesday, 7:00 PM at The Anchorage on Vermilion

• Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feaure a Spiritual Movie

U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church. U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
 Princeton Badminton Club welcomes

new members. Mondays 7:30 - 9:30 PM PSS Gym

## thursday movies

### MORNING

7:00 am WTBS ③ ★★%"Powder" (1995, Drama) Mary Steenburgen. The head of a Texas school for trou-

The head of a lexas school for troubled boys takes interest in a paleskinned teen with highly evolved mental abilities. (E)
10:00 am CITY (2) ★★"I Want to Marry Ryan Banks" (2004, Romance-Comedy) Jason Priestley, An actor and his manager fall for a beautiful contestant on a reality-television show. (E)

### AFTERNOON

3:30 pm WTBS (3) \*\*\*"Ocean's Eleven" (2001, Comedy-Drama) George Clooney. A parolee orga-nizes a gang to steal \$150 million from three Las Vegas casinos in a single heist. (E)

EVENING

7:00 pm WTBS 3 \*\*\*\*Ocean's

Eleven" (2001, Comedy-Drama) George Clooney. A paroles orga-nizes a gang to steal \$150 million from three Las Vegas casinos in a single heist. [2]

- single heist. [2] 9:00 pm CHBC (4) "Best Friends" (2005, Suspense) Megan Gallagher. A vicious woman terrorizes a friend who has a seemingly perfect life. 10:06 pm CITY [29] \* \* "Restraining Order" (1999, Suspense) Eric Roberts. When a lawyer discovers his client lied to avoid a murder con-viction tha maia terrorizes his wife viction, the mafia terrorizes his wife and him in order to keep the secret.

(f)
 10:10 pm WTBS (3) \*%"Domestic Disturbance" (2001, Suspense) John Travolta. A troubled boy claims he witnessed his new stepfather commit a murder, prompting his father to investigate. (f)
 11:00 pm SPIKE (4) \*%"Soldier" (1998, Science Fiction) Kurt Russell. A soldier trained from birth helps colonists stave off a team of geneti-cally engineered killers.





Similkameen News Leader

## THURSDAY, AUGUST 30, 2007

		WTBS 3	CHBC (4)	KNOW 5	KSPS	KHQ (7)	KREM B	A&E	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN (19)	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE 44	TROP 45
6	AM :30	Dawson's Creek 📧	News (N)	Elliot Jakers	Body Elec. Caillou (El)	News (N)	News (N)	Crossing Jordan [6]	(5:00) News	News (N)	(4:30) News (N) (E)	CBC News: Morning (N)	Gadget Monster	SportsCentr e @		Daily Planet	and the second se	Rachael Ray [ff]	VJ.P. (E)	Counterstri ke [II]
7	AM :30	Movie: "Powder"	Life Today 100 Huntley	BluesClues Dora	Barney Arthur (El)	The second se	The Early Show Bar	Crossing Jordan (E)	Good Morning			Arthur (E)	Jane Monsters	SportsCentr e [ff]	Œ	Shark Family [6]	K. Possible (7:24)	CityLine [6]	VJ.P. "Valley Wonka"	Night Heat
8	Sec. 8	(1995) Mary Steenburgen. 匠	la constante	Hi-5 Berenstain	Curious	high-tech	Harbor, Maine. (N) E	Amer. Justice	America (N)		100 Huntley Street (N)	Curious	George S. Beasts	U.S. Open Tennis:		Extreme Machines	Weekend Lilo Stitch	Star Trek: Voyager [ff]	Oblivious Sports	Due South (E) (DVS)
9	AM	NewsRadio Cosby	Body	Magic Bus Rolic Polic	Dragon Big World	baby show- ers. (N) [[5]	The 700 Club 🖭	Cold Case Files [f]	CO	100 Huntley Street (N)	World Vision	Poko The Save-	Flamingo LazyTown	Second Round. From the	Regis and Kelly	Daily Planet		News (N) City	Disorderly Con.	What Inside Box
10	AM	Harvey Strokes	The Price Is		Sesame	Ellen DeGeneres	The Price Is Right (N)	CSI: Miami "Free Fall"	The View	World Vision	Design House	Ums! (E)	Viva Pinata Ruby	USTA National Tennis	The View	Fear at First Bite	Mickey	Movie: "I Want to	Most Amazing	Mad Abt.
11	AM	Strokes Raymond	Scinfeld	CG Kids Scattering	Thomas Sit-Be Fit	Show Dr. Keith Ablow [6]	Young and the Restless	24 🖽	1 All and and	Judge J. House	News (N)	The Gill Deacon	Jacob Mischief	Center in Flushing Meadows,	eTalk @ MTV e2	(ff) Canadian Geographic	Higglytown (11:25) King	Marry Ryan Banks" (2004)	Videos Star Trek: Next Gener.	The Nanny Frasier
12	PM	Still Stnd Still Stnd	News (N)	Beaverbroo k (E)	Charlie Rose [E]	Paid Prog. Paid Prog.	News (N) Bold & B.	Crossing Jordan [6]	All My Children	News (N)	Days of our Lives (N)	Show CBC News	Pokemon	N.Y. (Live)	Degrassi	Walking With	(11:25) King (11:49) Weekend	CityLine (	Star Trek: Next Gener.	Seinfeld Seinfeld
1	PM	Yes, Dear	Diva Dime	Classical	Painting		As the World	Crossing Jordan (#)	Contraction of the second second	As the World	As the World	CBC News Fashion	Flamingo George S.		Bold & B. Twice in a Lifetime [ff]	Dinosaurs Extreme Machines	Dragon	In Fashion	Star Trek: Voyager (E)	Beverly
2	PM	Yes, Dear King	Homes Guiding Light (N)	Notes Gaslight	Needle Art Reading		Turns (N) Guiding Light (N)	Amer. Justice		Turns (N) Passions (N)	Turns (N) Passions (N)	Dinner The Gill Deacon	Beasts Viva Pinata		General Hospital (N)	Extreme	Emperor Lilo Stitch	Star! Daily Ellen DeGeneres	Star Trek: Voyager [ff]	Extreme-
2	PM	King Friends	E Room	Dotto Tech Jack's Big Music Show	Lions Arthur (El)	Judge	Œ Dr. Phil Œ	Cold Case Files (@	Rachael Ray (6)	Young and the Restless	Young and the Restless	Show Food	Jacob Mystery	Interruptio Record		How-Made	Proud Weekend	Show News (N)	CSI: Crime Scn	100000
3	DM	Movie: "Ocean's Eleven"	10-00-000-000-000-000-00-000-00-00-00-00	Dora	Fetch! With Cyberchas	Judge Judge J.	Oprah	CSI: Miami	Millionaire	Oprah	News (N)	Miracles Frasier	Team SpongeBob	Sports U.S. Open	Daily Show	How-Made Daily Planet	Lloyd Barbarian	Friends	CSI: Crime	2
1	:30 PM	(2001) George Clooney, 🕅	Lives (N) News (N)	(4:37) Little George S.	Zoboo BBC World	Judge J. News (N)	Winfrey (E) News (N)	"Free Fall" CSI: Miami	Millionaire News (N)	Winfrey (K) News (N)	Global News (N)	22 Minutes Simpsons	Robot Boy OddParent	Tennis: Second Round.	Colbert News (N)	(E) MythBuster	Proud Suite Life	Hollywood Ugly Betty	Scn CSI: Crime	
5	:30 PM	Funniest	E Body	(5:32) (6:10) Spellz	Business News-	NBC News News (N)	CBS News News (N)	"Dead Air" The First 48	ABC News News (N)	Global News (N)	E Canada	Arrested CBC News:	Naruto Edgar & El	(Live) (E	IEE News (N)	s (ff) Dirty Jobs	Montana Zoey 101	"Petra-Gate" Videos	Scn TNA	Seinfeld Married
6	:30	Commercial s Movie:	Caitlin Ad Pers	Reach-Top White-	Lehrer	Raymond Jeopardy!	Hollywood	(N) [ff] Kansas City	News (N) Entertain	(E) Entertain	Entertain The Office	Vancouver	El Tigre Nick		CE cTalk CE	(N) (E) Mayday (E)	Sadie So Rayen	Videos (7:01) Men	iMPACT! (N) @ UFC	Frasier Extreme-
7	:30	"Ocean's Eleven"	Jeopardy! You	Tailed Deer		Fortune Name Earl	Scrubs	SWAT (N) Kansas City	The Insider	ET Canada	Name Earl Big Brother	Just-Gags	Malcolm Fresh Pr.	SportsContr	Hollywood CSI: Crime		Smart Guy	in Trees [2]	Unleashed UFC	Home ET Canada
8	:30	(2001) George Clooney. [6]	Smarter?	Buttrfly	健 (DVS)	30 Rock	8 💷	SWAT @	"Petra-Gate"	8 🖭	8 (0)	for a Princess	Yvon	e (Live) 🖭	Sen	œ	Life Derek	(8:35) Star!	Unleashed	What
9	PM :30	Losso I Losso	Movie: "Best Friends"	Shakespear e	Globe Trekker "Alaska"	The Office (9:31)	CSI: Crime Scn	CSI: Miami "Dead Air"	Anatomy E	The Office Name Earl	Shark (N) E	Doc Zone	Mystery Ghost	NASCAR Racing	Grey's Anatomy	Dirty Jobs E	8 Rules Sinbad	(9:06) Jimmy Kimmel	Body Shop Sports	Seinfeld Seinfeld
10	:30	(10:10) Movie: "Domestic	(2005) Megan Gallagher.	Wild Past	Soundstage (II)	(10:01) ER "I Don't" @	Without a Trace [ff]	The First 48	(10:01) Men in Trees 🕃	Shark (#	News Hour Final (N)	National	Prank Ptrl Weird	World Combat League	(10:01) ER "I Don't" @			(10:06) Movie: "Restraining	Wild World Game	Married Frasier
11	PM :30	Disturbance' (2001) 📧	News (N) Room	Indecently Exposed	Charlie Rose (N) [ff]	News (N) Tonight	News (N) Late Show	Kansas City SWAT [E]	News (N) (11:35)	News (N)	Entertain ET Canada	(11:05) The Hour (6)	Bob 15/Love	SportsCentr e (Live) @	News (N) News (N)	MythBuster s 📧	8 Rules Life Derek	Order" (1999) Eric Roberts.	Movie: "Soldier" (1998)	Grace The Nanny

## FRIDAY, AUGUST 31, 2007

-		WTBS 3	CHBC 4	KNOW 5	KSPS	KHQ (7)	KREM 8	A&E 9	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
	AM .	Dawson's	News (N) Room	Elliot	Body Elec. Caillou (El)	News (N)	News (N)	Cold Case Files (E)	(5:00) News	News (N)	(4:30) News	CBC News: Morning	Gadget	SportsCentr e 🖽		Daily Planet		Rachael Ray 🖽	VJ.P. (ff	Counterstrike [E]
	AM	"It-sthatt"	Life Today 100 Huntley	BluesClues	Barney Arthur (EI)	Today Chris Brown;	The Early Show (N)	Cold Case Files (#	Good Morning	1.1		(N) Movie: "Franklin	Jane Monsters	SportsCentr e (#	œ	Champions	K. Possible	CityLine @	VIP. Œ	Night Heat "Woof" [
	AM		Street (N)	Hi-5	Curious	green wed- dings; power women. (N)	œ	Cold Case Files (#)	America (N)		100 Huntley Street (N)	and the Green Knight"	George S.	U.S. Open Tennis:		MythBuster	Weekend	Star Trek: Voyager @	Oblivious	Dae Soath (E) (DVS)
-	:30	NewsRadio		Berenstain Magic Bus	Clifford Dragon	œ	The 700	Cold Case	Regis and	100 Huntley	World	(2000) Poko	Beasts Flamingo	Men's Second	Regis and	Daily Planet	Lilo Stitch Feet	News (N)	Sports Disorderly	Big Screen
the second		1996 Page 1996	Taste	Rolie Polie	Big World		Club 🗷	Files (	Kelly _	Street (N) World	Vision Design	The Save- Ums! (#)	LazyTown Viva Pinata	Women's	Kelly The View	(ff) Canada's	CALL CONTRACTOR	City Movie:	Con. Disorderly	Inside Box Mad Abt.
10			The Price Is Right (N)	Pancakes	Sesame Street (N) (EI)	Ellen DeGeneres Show	The Price Is Right (N)	CSI: Miami	CE	Vision		Doodlebop	Ruby		E	Worst Driver	Iolo	7.6.4	Con.	Grace
11			10 Thomas I	Rivers Surgery	Bob Build Sit-Be Fit	Dr. Keith Ablow 🔃	Young and the Restless	Cold Case Files [f]	Paid Prog. Paid Prog.	Judge J. House	News (N)	The Gill Deacon Show	Jacob Mischief	National	eTalk (ff) Screen	Canada's Worst Driver	Higglytown (11:25) King	(1998) 匪	Disorderly Con.	The Nanny Frasier
12	PM	and the second second	News (N)	Canada- History	Charlie Rose [ff]	Paid Prog. Paid Prog.	News (N) Bold & B.	Cold Case Files (9)	All My Children	News (N)	Days of our Lives (N)	CBC News	Cybertron	Tennis Center in Flushing	Degrassi Bold & B.	MythBaster s (#)	0.11	CityLine (	Disorderly Con.	Seinfeld Seinfeld
-		Yes, Dear	Diva Dime	Router	Painting	Days of our Lives (N)	As the World	Cold Case Files (ff)	(N) [ff] One Life to Live (N)	As the World	As the World	Fashion	George S.	Meadows, N.Y. (Live)	Twice in a Lifetime [ff]		Dragon	At Movies	Disorderly Con.	Beverly Hills, 90210
		Yes, Dear King	Homes Guiding	SportFish Gaslight	Scrapbook Reading	Passions (N)	Turns (N)	Cold Case	General	Turns (N) Passions (N)	Turns (N) Passions (N)	Dinner The Gill	Beasts Viva Pinata	Strength	General	Mayday (E)	Emperor Lilo Stitch	Star! Daily Ellen	Star Trek:	Extreme-
2		King	[CC]	Gaslight	Lions	œ	Light (N)	Files (ff) Cold Case	Hospital (N) Rachael	E To Be	E Young and	Deacon Show Food	Jacob Mystery	Interruptio Record	Hospital (N)	How-Made		DeGeneres Show News (N)	Voyager (E) CSI: Crime	Home Due South
3		Seinfeld Seinfeld	Room Design	ні-5	Arthur (EI) Fetch! With	Judge Judge	Dr. Phil (1)	Files [f]	Ray [	Announced	the Restless	Miracles	Team	Sports	DI. Fut (4)		Lloyd	Œ	Sen	(DVS)
4	PM :30	Raymond Raymond	Days of our Lives (N)	0.0040	Cyber Zoboo	Judge J. Judge J.	Oprah Winfrey (E)	CSI: Miami	Millionaire	Oprah Winfrey 🖽	News (N) Global	Frasier Air Farce	(4:05) Robot Xiaolin	MLB Baseball: Seattle	Daily Show Colbert	Daily Planet		Friends Hollywood	CSI: Crime Scn	The Next Great Chef
5	PM	Movie: "Hitch"	News (N)	George S.	BBC World	News (N)	News (N)	CSI: Miami "Wannabe"	News (N) ABC News	News (N) Global	News (N)	Simpsons	El Tigre Avatar	Mariners at Toronto Blue	News (N)	Hazard Pay	Suite Life Montana	Oldest Basketball	CSI: Crime Sen	The Next Great Chef
	:30 PM	(2005) Will Smith, Eva	Body	(5:32) Lilly (N)	Business News-	NBC News News (N)	CBS News News (N)	CSI: Miami	News (N)	News (N)	ET Canada	CBC News:	AmiYumi	Jays. (Live)	News (N)	Best	Zoey 101	Team Movie:	Movie:	Married
6	:30 PM	Mendes. 🕼	Caitlin Ad Pers	Science Killer	Lehrer	Raymond Jeopardy!	Hollywood	"Legal" (E)	News (N) Entertain	Entertain	Entertain Without n	Vancouver	Team Mar	Sports	Œ eTalk Œ	Evidence A Haunting	Life Derek School	"Orange County" (2002) Colin	"GoodFellas " (1990, Crime	Frasier Extreme-
7	:30	Funniest Commercial	Jeopardy!	Whale	McLaughlin	Fortune	Scrubs	"The Score"	The Insider	ET Canada	Trace 💷	Antiques	Zatch Bell	CFL Football:	Hollywood	œ	Movie:	Hanks.	Drama) Robert De	Home
8	PM :30	s Movie: "The	Zoe Busiek: Wild Card	Movie: "Who Has Seen the	Wash Wk	1 vs. 100 @	Ghost Whisperer	CSI: Miami "Rap Sheet"	Set for Life (N) 🖭	Without a Trace [ff]	NUMB3RS	Air Farce Comedy	Naruto Naruto	Montreal Alouettes at	Set for Life (N) E	Daily Planct	(1995)	News (N) Party	Niro, Ray Liotta.	ET Canada Big Screen
9	DM	Legend of Bagger Vance"	One Tree Hill (N) 🖽	Wind?" (1977) @	Bill Moyers Journal (N)		Jericho "Casus Belli"	CSI: Miami "Wannabe"	Lopez Lopez	Las Vegas EE	Las Vegas (N) 🖽	Intelligence (DVS)	Inuyasha Gundam	BC Lions. (Subject to Blackout)	Law & Order "Positive"	A Haunting	(9:14) Movie: "The Big Green"	(9:06) Jimmy Kimmel	MXC Body Shop	Seinfeld Seinfeld
10	PM :30	(2000) (PA) Will Smith.	20/20 @	The Last Detective	Quartetto Gelat	Law & Order: SVU	NUMB3RS	CSI: Miami "Legal" @	20/20 (22)	NUMB3RS	News Hour Final (N)	National	Alchemist Bleach	Boxing	Law & Order: SVU	Guinea Pig Guinea Pig	The second se	(10:06) Movie: "Sex	Game Wild World	Married Frasier
11	1	Movie: "Hardball"	News (N) Room	History History	Austin City Limits [6]	News (N) Tonight	News (N) Late Show	CSI: Miami "The Score"	News (N) (11:35)	News (N)	(11:03) ECW (N)	(11:05) The Hour [6]	Eureka 7 Gundam	SportsCentr e (Live) (ff)	News (N) News (N)	Best Evidence	(10:53) "What About Bob?"	Surrogate" (2003, Adult) Chloe, [6]	Disorderly Con.	Grace The Nanny

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## SATURDAY, SEPTEMBER 1, 2007

		WTBS 3	CHBC 4	KNOW	KSPS	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV (18)	TSN (19)	VTV 22	DISC 24	FAM 26	CITY	SPIKE	TROP
6		TBS Storyline	News (N) Pioneers	Babar 🔄 Paddington	Desert Fly Tying	(5:00) Today (N) [[]	-	Bio.: Lansbury	Good Morning	Fishing Hunter	Fishing	Lunar Jim	Gadget Adrenalini	SportsCentr e III	OWL/TV	How Do Machines	Overdrive	About You Dharti	Disorderly Con.	What Paid Prog.
-	AM	(7:10)	an annated in	Dora	MotorWeek	News (N)	Early Show Madeline	Cold Case	America Good	News (N)	News (N)	Doodlebop Wilbur [E]	Robot Boy	Fishing	Kingdom Katie-Orbie	Best	Yin Yang	Eye on Asia		Mad Abt,
1	:30	"Onfaithful"	an a	BluesClues	Travels		Sabrina	Files 🔃	Morning Northwest	œ	œ	George S.	Grossology	Motoring	Hobo	Evidence	(7:20) Pucca		Con.	Friends
8		Drama) (PA)	Body GetUpGrow	George S.	Travel Hometime		U.S. Open Tennis:	Cold Case Files [E]	Saturday E			Arthur World Og	SpongeBob OddParent	U.S. Open Tennis:	Good Morning	A Haunting	Suite Life (8:43) Zoey	Polish Studio (III)	Oblivious	Ned Stacy The Nanny
~	AM	Richard Gere, Diane	Foodies	(9:02)	Workshop		Men's & Women's	Cold Case	So Raven		Driving TV	Track and	Phantom	Third Round.	Canada 🖽	How-Made	Cory	Speakers	Hrsepwer	Ellen 🗊
9	:30	Lane. 🖭		Upside	Old House		Third Round.	Files 🔃	So Raven		Fishing	Field	Fantaste 4	From the USTA		How-Made	So Raven	CityLine [	MuscleCar	Grace
10		(9:55) Movie:	Paid Prog. Paid Prog.	Lilly (E) (10:35)	Ask This Americas	Babar [f] Dragon (El)	From the USTA	Cold Case Files [6]	Montana Suite Life	Fishing Fishing	Energy TV Extreme	MLB Baseball:	Fantaste 4 Team	National Tennis	Ph. Addition for the second	Deep Inside the Titanic	Phil Boy World	Real Invest	Xtreme 4x4 Trucks! (N)	Seinfeld
	2.40	"Bridget Jones: The	Eagle	Rolie Polie	Barbecue	Track and	National Tennis	Cold Case	NASCAR	Fishing	Fishing	Seattle Mariners at	Avatar	Center in Flushing	al Daily Planet	Lives-World		Chum	Movie:	Married
11	:30	Edge of Reason"	Communica tions	Big World	Chefs	Field: IAAF Champ,	Center in Flushing	Files (	Cougar	All Xtreme	Big Coast	Toronto Blue Jays. (Live)	Cybertron	Meadows, N.Y. (Live)	œ		Suite Life	Chart 🔃	"Predator" (1987)	Married
12	PM :30	King	Dinner Room	MacPhee	Recipes Garden	College	Meadows, N.Y. (Live)	Cold Case Files [f]	Football College	News (N)	Will-Grace	Ē	Monster Yu-Gi-Oh!	œ	Luxury	Mayday 💷	Movie: "Ernest Goes	the second s	Arnold Schwarzeneg	Friends
-1	2000	Seinfeld	Taste	Avventura	Painting	Football: Georgia	œ	Cold Case	Football: Teams to Be	Energy TV	Seinfeld	Track and	Pokemon		PLAN	American	to Jail" (1990)	Heels" (2001)	ger.	Beverly
1	Contraction of	Seinfeld	Contraction of the	steries Pan Asia A	Donnas	Tech at Notre Dame.		Files (	Announced. (Live)	All Xtreme	Seinfeld	Field: IAAF World	Idaten			Chopper	Movie: "Air Bud Spikes	Monica Potter.	Movie: "Road	Hills, 90210 Deal or No
2	PM :30	Movie: "Wild Wild West"		Dotto Tech	Antiques Roadshow	(Live) 匪		Sell House Sell House	-	Seinfeld	Seinfeld Seinfeld	Championshi ps.	Shuriken		Car Unwanted	Dirty Jobs	Back"	MuchOnDe mand [ff]	House 2" (2006), Jake	Deal @
2	PM	(1999) Will Smith. [6]	a construction of the second	Dora	Europe		Discover	Sell House		Seinfeld	Simpsons	Poko	Mystery	SportsCentr e (Live)	MTV Shuffle [ff]	How-Made	Lizzie	News (N)	Busey	That News
3	:30	Funniest	Heart City Paid Prog.	Go Diego Zoboomafo	Tracks Wild!	3 2 1 Pen	Discover	Sell House	NFL	Simpsons Simpsons	Simpsons Simpsons	Arthur (6)	Ruby Spider-	Hockey:	Suc	How-Made Hyperspeed	Cory Suite Life	FashionTel Bravo! Fact	Movie: "Road	What Vanity
4	PM :30	Commercial	GetUpGrow	o Zoboo invents a	Wild:	Veggie	Cake [] Revolution	Sell House	News [	Simpsons	Global	Mr. Meaty	Man: The Venom Saga	Canada/Russ	Prices and	(f)	Proud	Speakers	House" (1989)	Insanity (E)
5	PM	Movie: "Hitch"	News (N)	game.	Summer	News (N)	News (N)	Flip This House (E)	College Football:	Simpsons	News (N)	Chilly	œ	Series. From Omsk,	Twice in a	Dirty Jobs	K. Possible	The Collector	Patrick Swayze.	Friends
5	:30 PM	(2005) Will Smith, Eva	Sports Room	George S. Meerkat	Roost	NBC News News (N)	CBS News News (N)	Flip This	Tennessee at California.	Global News (N)	House	Chilly Sat. Report	Prank Ptri	Russia.	News (N)	Guinea Pig	Montana Sadie	Movie:	Movie: "Next of	Friends Seinfeld
6	:30	Mendes. [ff]	Design	Wild	Welk Show	Raymond	Scrubs	House [5]	(Live) (	œ	œ	Marketplc	Ghost	(6:45)	œ	Machines	Flight 29	"Suddenly Naked"	Kin" (1989) Patrick	Seinfeld
7	PM	Made	Can Files Can Files	National Geographic	Time Goes	CSI: Miami "Bunk" (E)	Without a Trace [6]	Flip This House [ff]		Andromeda E	Andromeda [0]	Requiem for a	Movie: "Gremlins 2:	NASCAR Racing:	Lost	Angel	So Raven	(2001) 健 (DVS)	Swayze, Liam	Married
	:30 PM	Movie: "Guess Who" (2005)	Bulletproof	Heartbeat	My Family Soundies:	Friday	NCIS	Flip This	-	Andromeda	Blue	Princess Movie:	The New Batch"	Busch Series Camping World 300.	-	Angel MythBuster	(7:25) Zoey Life Derek	News (N)	Neeson. Movie:	Ad Pers
8	:30	Bernie Mac.	<b>[E</b> ]	<b>EE</b>	Musical History	Night Lights (E)	"Faking It"	House (ff	ТВА		Murder 🔃	"Booky Makes Her	(1990)	(Live) (	C (DVS)	s (@	Montana	SexTV (C)	"Road House"	Ad Pers
9	PM :30	Movie:	Movie: "The Secret of Hidden	Movie: "Midsomer Murders:	Previews	Friday Night Lights [ff]	Cold Case	Flip This House (#	Preview The Insider	Blue Murder 🔃	Rich Nation	Mark" (2006) 🖭	Falcon Beach 📧	U.S. Open	Whistler @	Dirty Jobs	Movie: "Rudy" (1993) Sean	Movie: "Eyes Wide Shut" (1999,	(1989) Patrick Swayze.	Deal or No Deal (ff)
10	PM :30	"Bridget Jones: The Edge of	Lake" (2006)	Faithful Unto Death"	Red Green Blckadder	Friday Night Lights (#)	48 Hours Mystery [ff]	Flip This House (E)	Entertainm ent Tonight	Rich Nation	News (N) Driving TV	Movie: "Mystic River"	Naruto Inuyasha	Tennis: Third Round. @	Comedy Comedy	Angel Angel	Astin. Movie Ent	Drama) Tom Cruise, Nicole		Married
11	PM	Reason" Dawson's	Mad TV 🔃	Chasing the Cure	Doctor Who		News (N) (11:35) The	Flip This House (#	News (N) Paid Prog.	News (N) Sat. Night	(11:03) J.R. Sat. Night	(2003) Sean Penn. 🖽	Gundam Shadow	SportsCentr e (Live) [E]	News (N) News (N)	Guinea Pig Machines	(10:46) "Class President"	Kidman. (@	Murder	Friends Mad Abt.

## SUNDAY, SEPTEMBER 2, 2007

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
		3	4	5	6	7	8	9	10	11	12	13	18	19	22	24	26	29	44	45
-	AM	Saved-Bell	Antique	Babar 📧	Berenstain	Today (N)	CBS News	Private	Good	Is Written	Hunter	Franklin	Gadget	the second second second second	Katie-Orbie	Mayday 📧	Overdrive	Mix TV	Xtreme 4x4	Fishing
6	:30	Saved-Bell	Taste	Paddington	Cliff Pup	Ē	Sunday Morning	Sessions [ff]	Morning America	Fishful	Big Coast	Nanalan'	Jane	e (6)	Kids	i i	Overdrive		Xtreme 4x4	Hip Hop
-	AM	Saved-Bell	In Touch-Dr	Dora	Noddy	Jane	(N) EE	Crossing		Foodies	Canada	Arthur [	Winx Club	Reporters	Good	Megaworld	Yin Yang	Eye on Asia	MuscleCar	Mad Abt.
7	:30	Saved-Bell		BluesClues	Thomas	Jacob	Nation	Jordan 🖽	Œ	Canada	Is Written	Coronatn	Mew Mew	Reporters	Morning	10000	(7:20) Pucca		MuscleCar	Friends
		Saved-Bell	Van Impe	George S.	Jakers	Meet the	U.S. Open	Crossing		News (N)	TribalTrail	Coronatn	Viva Pinata	U.S. Open	Canada 🔃	Oueen	Suite Life	Eye-Asia	Hrsepwer	Ned Stacy
8		Saved-Bell	Is Written	Magic Bus	Fetch! With	and the second	Tennis:	Jordan 🖽		œ	Marriage	Coronatn	Adrenalini	Tennis:		Mary 2	(8:43) Zoey	Festival	MuscleCar	The Nanny
-		Saved-Bell	Neighborho		Wishbone	R Paid Prog.	Men's Third Round &	Crossing	This Week		Hour of	Coronatn	Flamingo	Men's Third Round &	PLAN	Funniest	Cory	Italiano di	Xtreme 4x4	Ellen (G)
9		and the second second	od Me			Paid Prog.	Women's	Jordan [	With		Power [	Coronatn	OddParent	Women's	Canada [1]	Animals	So Raven	Johnny Lombardi	Trucks!	Grace
-	100	Saved-Bell		Upside	College		Fourth		George	D. I. I				Round of 16.				(In Italian)		
10	AM	MLB Baseball:	Paid Prog.	Lilly (N)	Foreign	Track and Field: IAAF	Round. From the	Crossing Jordan [6]	WNBA Basketball:	Concernance of the second	Listen Up	MLB Baseball:	SpongeBob	(Live) (	Balance-TV	Titanic- Birth	Phil		Movie: "Next of	Seinfeld
10	:30	New York	Marriage	(10:35)	European	World	USTA		Playoffs -	Listen Up	Foodies (N)	Seattle	Grown Up	5			Boy World		Kin" (1989)	Seinfeld
44	AM	and a second	Knockout	Rolic Polic	Keeping	Championshi		Crossing	Teams TBA. (Live) [E]	Hour of Power [	Andromeda G	Mariners at	Ruby		Valerie Pringle Has	Myst. Titanic	School	Movie: "Can't	Patrick Swayze,	You Smarter?
11	:30	Atlanta Braves.	Body	Madeline	Healthy	ps.	Tennis Center in	Jordan (#	(Live) III	rower (th)	EED.	Toronto Blue Jays. (Live)	Drake		Left	Thattic	Suite Life	Hardly Wait"		Smarterr
10	PM	(Subject to	PGA Golf:	Mechanics	Health	PGA Golf:	Flushing	Crossing		News (N)	PGA Golf:	œ	Unfabulous		Question	Queen	Movie: "3	(1998,	Neeson.	Friends
12	:30	Blackout)	Deutsche Bank	Peep	Matters	Deutsche Bank	Meadows, N.Y. (Live)	Jordan (#	IndyCar	Œ	Deutsche Bank		Prank Ptri		Period [#]	Mary 2	Ninjas Kick Back"	Comedy) (	CSI: Crime	Friends
-	PM	Movie: "Bad	Championshi	Reach-Top	Globe	Championshi		(1:14) The	Racing: Detroit Indy	Big Coast	Championshi	CBC News:	Prank Ptrl	CFL	Making of	How Do	(1994)	World	Scene Investigatio	Beverly
1	:30	Boys"	p - Third	Wild	Trekker	p - Third		Sopranos	Grand Prix.	Seinfeld	p Third	Sunday (N)	Mystery	Football:	Lost	Machines	(1:33)	Poker Tour	n 街	Hills, 90210
-	PM	(1995) (PA) Martin	Round. (Live)	White-	"Alaska" All	Round. (Live) [65]		"Mergers and	From Belle	Andromeda	Round. (Live) [#]	Marketplc	Mystery	Winnipeg Blue	Twice in a	How-Made	"Eddie's Million	E C	CSI: Crime	Deal or No
2	:30	Lawrence.		Tailed Deer	Creatures			Acquisitions;	Isle, Mich.	œ		Venture	Ghost	Bombers at	Lifetime 📧	How-Made	Dollar Cook-		Scn	Deal 🔃
	PM	Movie:	Knockout	(E) Dora	Consumer	Paid Prog.	Discover	Whoever Did This"	NBA Acc	Andromeda	Seinfeld	Canada	Game	Saskatchewa	Movie:	MythBuster	Lizzie	News (N)	CSI: Crime	You
3		"Guess		Go Diego	Vic. at Sea	Dragon	Discover	CC .	Paid Prog.	Teel	Simpsons	Land Sea	Fries That?	Roughriders.	"Mind Over	s Œ	Cory	FashionTel	Scene	Smarter?
-	:30	Who" (2005)	Body					(a. (a) The	Matthews					MASCAR	Murder" (2005) Tori	MythBuster		Funniest	CSI: Crime	Converd Via
A	PM	Bernie Mac.	Taste	Zoboomafo o "Bovine"	Chronicles	CSI: Miami	Without a Trace [ct]	(3:46) The Sopranos			Simpsons	Mansbridg	Movie: "The SpongeBob	Racing:	Spelling.	s @	and a set of	Home	Scene	Ground Up
1 -3	:30		Design	E (DVS)	Hometime	line and		E	Paid Prog.	Seinfeld	Global	Miracles	SquarePants	Nextel Cup -			Proud	Videos		
E	PM		News (N)		Workshop	News (N)	News (N)	The Sopranos	News (N)	Simpsons	News (N)	Movie: "Rookie of	Movie"	- Sharp AQUOS	Instant	MythBuster s		Making It	CSI: Crime Scn	
5	:30	"Hitch" (2005) Will	Okanagan	George S.	Old House	NBC News	CBS News	"Calling All	ABC News	Global	Mysteries	the Year"	1	500. From	Alice		Montana	Movies	Jen	What
6		Smith, Eva	Design	Wild Move	Heartbeat	News (N)	News (N)	Cars; Eloise'	News (N)	News (N)	Brothers &	(1993) 🖭	Movie: "Raise Your	California	News (N)		Sadie	Movie: "8	Movie:	Vanity
6	:30	Mendes, [6]	Driving TV	Rough Sci		Paid Prog.		Œ	Ebert	Œ	Sisters (N)		Voice"	Speedway in Fontana,	œ	s 🗊	Flight 29	Mile" (2002, Drama)	"Pale Rider" (1985) Clint	Insanity
-	PM		Doc (E)	Nat. Geo.	Nature (E)	Dateline	60 Minutes	1	Funniest	Simpsons	Simpsons	The Nature	(2004)		Degrassi	MythBuster	So Raven	Eminem. [6]	and the second se	Ground Up
17	:30	Movie:		Expl.	(DVS)	NBC E	œ	(7:22) The	- Home Videos	Simpsons	Simpsons	of Things	Hilary Duff. Oliver	Œ	Instant	s 💷	(7:25) Zoey		Premiere.	
-	PM	"Hitch"	Extreme-	The Royal	Mystery!	-	Big Brother	"Whitecaps"	Extreme-	Big Brother	Big Brother		James.	1 1	Cold Case	MythBuster	Life Derek	(8:15) News	1	Big Screen
8	:30	(2005) Will Smith, Eva	Home	œ	团 (DVS)		8 (N) 🖭	Wintecaps E	Home	8 (N) 🖭	8 (N) 🖭	"Finding	Game		"Cargo"	s 🔃	Montana	Party	CSI: Crime	Big Screen
-	PM	Mendes.	Movie:	The Last	-	Saturday	Cold Case	The	Desperate	Family Guy	Family Guy	Neverland" (2004)	Prank Ptri	Sports	Desperate	MythBuster	"Lightning:	(9:15)	Scene	Deal or No
9			"Gospel of	Detective	Everyday	Night Live	"Cargo"	Sopranos	Housewives	Family Guy		Johnny	Weird	U.S. Open	Housewives		Fire From	World	Investigatio n 🖽	Deal 🔃
-			Deceit"			in the '80s:	Shark	"Calling All Cars; Eloise'	(10:01)	(10:01)	News (N)	Depp. CBC News:	Falcon	Tennis	Law &	MythBuster	the Sky" [	Poker Tour		Friends
110	PM	"Getting	(2006) Alexandra	(10:10) Africa (#)	P.O.V. "Libby,	Lost and Found	"Teacher's	Cars; Eloise	Brothers &	Brothers &		Sun.	Beach [ff]		Order: SVU		Marta Part		Sen	1.000
10	:30	Played"	Paul.		Montana"	V	Pet"		Sisters [	Sisters [f]	Can Files		-				Movie Ent			Friends
44	PM	(2005) 団	News (N)	Sustain	(N) 🖻	News (N)	News (N)		News (N)	News (N)	Peter	Exposure (N) [E]	Mystery	SportsCentr e (Live) [1]	a second second second	MythBuster s @	"Lenny the Dog"	(11:15) Access	CSI: Crime Scene	
111	:30	"Scooby"	Okanagan	Undersea	Previews	Fortune	McCarver	Sopranos	Van Impe	House	Paid Prog.		Oracle	Care un	News (N)		205	Hollywood		Mad Abt.

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### MONDAY, SEPTEMBER 3, 2007

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
		3	4	5	6		8	9	10	11	12	13	18	19	22	24	26	29	44	(45)
		"Austin	News (N)		Body Elec.	News (N)	News (N)		(5:00) News			CBC News:	Gadget	SportsCentr	News [	Daily Planet	Henrys		CSI: Crime	
6	:30	Powers: The Spy Who	Room	George S.	Bob Build	œ		"Skeletons"	œ	Œ	(E)	Morning (N)	Viva Pinata	e 🖽	Jeff	(C)	King (6)	Ray 📧	Sen	ke 🕼
	AM	Shagged	Life Today	BluesClues	Barney	Today (N)	The Early	CSI: Miami	1. S. M. T. S. M.	1		Arthur [6]	Grossology		Canada AM		K. Possible	CityLine II		
7	:30	Me"	100 Huntley	Dora	Arthur (N)	Œ	Show (N)	"Deviant"	Morning America (N)	9 C		Curious	Team	e 📧	œ	Japan	(7:24)		Scn	[[[
	AM	Movie:	Street E	(7:54) Hi-5	Curious		U.S. Open	CSI: Miami	and the second		100 Huntley	Bo On Go	Pokemon	U.S. Open	6	How-Made	Weekend	State of the second	CSI: Crime	a construction of the second
8	:30	"Austin Powers in	Collectors	Magic Bus	Clifford		Tennis: Men's &	"Collision"			Street [	Poko	Flamingo	Tennis:		How-Made	Lloyd	Voyager 🔃	Sen	"The Deal"
	AM	Goldmember	Body	Berenstain	Super Why!		Women's	CSI: Miami		100 Huntley		Lunar Jim	Jimmy	Round of 16. From the	Regis and	Daily Planet	Feet	News (N)	CSI: Crime	Ad Pers
9	:30	" (2002)	Judge	(9:32)	Dragon		Fourth Round.	ल	Kelly	Street (#	Vision (E)	(CC)	Neutron: Gen.	USTA National	Kelly	œ	Tigger	City	Scn	Inside Box
	AM	MLB	Seinfeld	(9:57)	Sesame	Ellen	From the	CSI: Miami	The View	World	Design	CFL	The Fairly	Tennis	The View	On the Run	Mickey	Canada-	CSI: Crime	Mad Abt.
10		Baseball:	Seinfeld	Pancakes	Street (EI)	DeGeneres	USTA	"Driven"	(N) (E	Vision (ff)	House	Football:	OddParents	Center in	(N) 🖭		Handy	Model	Scn	Grace
-		Philadelphia Phillies at	PGA Golf:	Rolie Polie	Big World	Show PGA Golf:	National Tennis	CSI: Miami	Paid Prog.	Judge J.	News (N)	Toronto Argonauts at	SpongeBob	Flushing Meadows,	eTalk (	The New	Benj Bear	Canada-	CSI: Crime	The Nanny
11	:30	Atlanta	Deutsche	Noddy	Sit-Be Fit	Deutsche	Center in	"Free Fall"	Paid Prog.	House	œ	Hamilton	SpongeBob	N.Y. (Live)	Diary (6)	Detectives	(11:25) King	Model	Sen	Frasier
-	100	Braves. (Subject to	Bank Championshi	History	Charlie	Bank Championshi	Flushing Meadows,	CSI: Miami		News (N)	Days of our	Tiger-Cats. (Live) [ff]	Movie:	œ	Degrassi	Mayday [E]	(11:49)	Canada-	CSI: Crime	Seinfeld
12	:30		p - Final	Reach-Top	Rose [ff]	p Final	N.Y. (Live)	"Dead Air"	Children	Œ	Lives (N)		"Rugrats Go	1.	Degrassi		Weekend	Model	Scn	Seinfeld
-		Movie: "Mr.	Round. (Live)	Waging	Fine Art	Round. (Live) [6]	Œ	CSI: Miami	(N) [f] One Life to	To Be	As the	CFL	Wild" (2003, Comedy) (E)		Sue	How Do	Dragon	Canada-	CSI: Crime	Beverly
1		Deeds"		Peace [6]	Sewing			Œ	Live (N)	Announced	World	Football:		1	Thomas:	Machines	Emperor	Model	Scn	Hills, 9021
	100	(2002) Adam Sandler. (E)		1	WordWorld		2	CSI: Miami	General	To Be	Turns (N) Passions (N)	Edmonton Eskimos at	Movie: "The		F.B.Eye General	How-Made	(1:48)	Canada-	CSI: Crime	Extreme-
2	:30			Moving On	Lions		6	"Shock"	Hospital (N)	Announced	æ	Calgary Stampeders.	SpongeBob SquarePants		Hospital (N)	How-Made	Weekend	Model	Scn	Home
121	PM	Seinfeld	einfeld Room	Blue's Clues	WordGirl	Judge	Dr. Phil (	CSI: Miami	Rachael	Young and	Young and	(Live)	Movie"	Record	Dr. Phil (	The	Suite Life	News (N)	CSI: Crime	Due South
3	:30	Seinfeld	Design	Œ	Arthur (N)	Judge		"Rampage"	Ray 😟	the Restless	the Restless			Sports		Crocodile Hunter	Suite Life	(CE)	Scn	"The Deal"
	PM	Raymond	Days of our	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Millionaire	Oprah	News (N)		Movie: "The	U.S. Open	The Tyra	India	Suite Life	Friends	Animals	Ad Pers
4	:30	Raymond	Lives (N)	(4:35) Little	Fetch! With	Judge J.	Winfrey 🖽	Œ	Millionaire	Winfrey [	Global	Red Green	Naked	Tennis:	Banks Show		Suite Life	Hollywood	Attack	Inside Box
	PM	Friends	News (N)	Bear [E]	BBC World	News (N)	News (N)	CSI: Miami	News (N)	News (N)	News (N)	Simpsons	Brothers Band"	Round of 16. From the	News (N)	(#) MythBuster	Suite Life	Canada-	Good Pets-	Seinfeld
5	C C L	Friends	Œ	(5:37)	Business	NBC News	CBS News	"Rio" [	ABC News	Global	<b>(EE)</b>	Arrested	(2005) 📧	USTA	(EI)	s 🔃	Suite Life	Model	Bad	Seinfeld
-	PM	Friends	Body	Saddle	News-	News (N)	News (N)	CSI: Miami	News (N)	News (N)	ET Canada	CBC News:	Nickelodeon	National Tennis	News (N)	American	Zoey 101	Canada-	Good Pets-	Married
6	. L	Friends	Caitlin	renegade	Lehrer	Raymond	Hollywood	Œ	News (N)	œ	Entertain	Vancouver	's 20th	Center in	Œ	Chopper	Sadie	Model	Bad	Frasier
	1	My Boys	Ad Pers	Edge	Served	Jeopardy!	Friends	Movie:	Entertain	Entertain	Heroes [#]	Coronatn	Annual Kids'	Flushing Meadows.	eTalk [6]	(N) Dirty Jobs	So Raven	Canada-	Monster	Extreme-
7	· L		Jeopardy!	History	My Hero	Fortune	Scrubs	"Flight 93"	The Insider	ET Canada		Air Farce	Choice	N.Y.	Hollywood	Œ	Smart Guy	Model	Shark	Home
-		Sex & City	How I Met	Child of	Antiques	Thank God	How I Met	(2006) Jeffrey	Wife Swap	Prison	Prison	Doctor Who	Awards Prank Ptri	SportsCentr	No. Contraction	India	Suite Life	News (N)	Special Dangerous	ET Canad
Q		Movie: "Mr.		Our Time	Roadshow	You're Here	Christine	Nordling.	Œ	Break (PA)	Break (PA)	"Gridlock"	Prank Ptrl	e (Live)	Robson	Unleashed	Life Derek	(8:35) Star!	Animals	Ad Pers
	DM	Deeds"	Two Men	Operation	History	Heroes [tt]	Two Men	CSI: Miami	Fat March	[ff] Prison	(ff) Prison	Hustle [tt]	Futurama	Boxing:	Canadian	(E) American	Montana	(9:06)	Dangerous	Seinfeld
0		(2002) Adam Sandler. [4]	My Boys	Hollywood	Detectives	neroes tes	Rules	"Rio" (	(N) (C)	Break	Break	Austie Im	Nickelodeon	Friday Night	the second se	Chopper [	Phil	Jimmy	Animals II	Seinfeld
		La superior de la sup		Œ	Œ			001 101		"Panama"	"Panama"		's 20th	Fights.				Kimmel		
10	PM		Out There		Crossroads	Dateline NBC (#	CSI: Miami "Burned"	CSI: Miami	Supernanny	Heroes [	News Hour Final (N)	National	Annual	(Taped) [ff]	CSI: Miami "Burned"	Dirty Jobs	School	(10:06) Movie: "The	Star Trek: Voyager 📧	Married
		Movie: "Vegas	Out There	C Woods				E		1			Kids' Choice	1			Cory	Other Sister"		Fraster
11		Vacation"	News (N)	White- Tailed Deer	Charlie Rose (N) [ff]	News (N)	News (N)	Movie: "Flight 93"	News (N)	News (N)	Entertain	(11:05) The Hour [6]	Awards	SportsCentr e (Live) [ff]	A C A D C A C B B	MythBuster s (#)		(1999) Juliette	Deep Space	- Carton and
	:30	(1997)	Room	aned Deer	1000 (14) LEE	Tonight	Late Show	Trigat 95	(11:35)		ET Canada	LIOUT LE	Shadow	e (Live) LE	News (N)	3 111	Life Derek	Lewis.	1	The Nann

## monday movies

### MORNING

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- 6:00 am WTBS ③ ★★★"Austin Powers: The Spy Who Shagged Me" (1999, Comedy) Mike Myers. The secret agent travels back in time to the 1960s to rescue his stolen mojo from Dr. Evil. (E)
  8:00 am WTBS ③ ★★%"Austin Powers In Goldmember" (2002, Comedy) Mike Myers. Austin must rescue his captive father and prevent Dr. Evil's malevolent minions from taking over the world. (E)

### AFTERNOON

- 12:00 pm YTV (18) ★★"Rugrats Go Wild" (2003, Comedy) Voices of Bruce Willis, Animated, The toddlers meet the
- Willis. Animated. The toddlers meet the Thomberry family after an accident leaves them stranded on a tropical island. (In Stereo) (C)
  1:00 pm WTBS (3) \*"Mr. Deeds" (2002, Comedy) Adam Sandler. A television producer tries to get the scoop on a small-town pizzeria owner after he inherits \$40 billion. (E)
  2:00 pm YTV (18) \*\*\* "The SpongeBob SquarePants Movie" (2004, Comedy) Voices of Tom Kenny.

Animated. SpongeBob and Patrick head for Shell City to retrieve King Neptune's stolen crown and save the life of Mr. Krabs. (In Stereo) 4:00 pm YTV [18] \*\*\*"The Naked Brothers Band" (2005, Comedy) Nat Wolff. Creative differences lead to infighting among two brothers and other members of the music group the Silver Bullets. (In Stereo) [6]

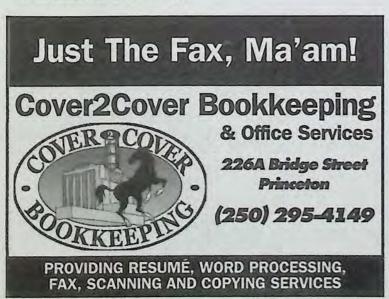
### EVENING

- 7:00 pm A&E (9) \*\*\*/"Flight 93" (2006, Docudrama) Jeffrey Nordling. On Sept. 11, 2001, courageous passengers aboard a hijacked airplane fight back against terrorists. (£)
  8:30 pm WTBS (3) \*\*'Mr. Deeds" (2002, Comedy) Adam Sandler. A television producer tries to get the scoop on a small-town pizzeria owner after he inherits \$40 billion. (£)
  10:06 pm CITY (29) \*\*'The Other Sister" (1999, Romance-Comedy) Juliette Lewis. Premiere. A mentally impaired woman gets her first apar-ment, dates a young man and attends a trade school. (£)



LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS **COURT NEWS - CLASSIFIEDS - WEATHER - ROADS** 











Similkameen News Leader



Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0

## my turn

### Is there (still) a doctor in the house?

The Town of Princeton is hosting a public open house next month to allow residents a little token input into a very important document meant to be the blueprint of future development for the community.

The actual name of the document is the Official Community Plan, which is commonly called the OCP or 'That Big Binder Of Directions.'

The OCP will no doubt contain a lot of details on land use issues and assorted other matters designed to create what we'll call Future Princeton. Future Princeton will be a great place to live and raise a family because the OCP will map out most of the changes between now and then and will

be responsible for what Future Princeton will look like. Will there be 10-storey apartment buildings? Only the OCP will know.

Will there be an actual red/green/amber stop light at the intersection of Bridge Street and Harold Avenue (the Overwaitea interchange)? Only the OCP will know.

Will there be any doctors still around to medicate, bandage and otherwise put back together the people who live in Future Princeton?

### Who knows?

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The way things are going; ordering out for medical care may become as common as calling out for pizza – providing there's room for both services in the OCP and Future Princeton.

With two more doctors leaving town and the ones who are still here booked so far in advance that retirement may no longer be an option, you've got to wonder if the OCP sees Future Princeton as having any type of medical services.

Then you've got to wonder if there are no doctors in town, what's going to attract people to this area to help develop it into Future Princeton?

Obviously the attractions that keep most of us here are not noted in the relocation package distributed at medical school.

No doubt the long hours, increase in patient (over)load and reduced support services in a community without a traffic light, movie theatre and OCP would be a scary step into the world of medicine.

We shudder at the mere thought of it.

Maybe the OCP will have a clause that will turn the community into an accident free zone in 2011 - or whenever the last doctor standing decides to disconnect his own life support system - where only minor scraps and bruises are allowed. More serious injuries would render the Occupancy In Princeton Contract null and void and the offender will be forced to leave Future Princeton, broken leg and all, to seek medical help and a new home somewhere else.

Talk about adding insult to injury.

We'd hate to think what evils await Future Princeton during allergy season.

With all the natural beauty of the Similkameen within arms reach and medical professionals leaving it behind maybe the slogan for Future Princeton should be "Just Say Ahh!"





# your turn The Principal is your pal

### To The Editor;

RE: Opening Day at PSS Back to the comfort of the threeseason routine starting this Tuesday. A reminder that students are in school for 2 hours on opening day, from 10:00 AM UNTIL 12:00 Noon.

Bus schedules will be adjusted accordingly. We are excited about the new school year and are looking forward to working with all of our students to help them achieve to the best of their ability. To that end, we have established a yearlong school-wide goal of learning problem solving skills in both academic and social contexts.

What equipment is required the first day? It's pretty basic, a binder with paper and a writing implement. Teachers will inform students of their course specific requirements in the first few days. For example, a gym strip for PE or a specific type of calculator for a science or math course.

Are there any money requirements? YES. We have a \$15.00 activity fee that goes towards student council and other student related activities. A \$5.00 fine a fee that helps with the cost of the wonderful performers that come to our school. And finally there is a \$7.00 charge for a lock \$5.00 of which is refunded following grade 12. This is a total of \$27.00. Yearbooks can be ordered now at a cost of \$35.00. They go up to \$40.00 later in the year. We sold out the last 2 years so if you want one it is better to order early.

Our fridge magnet school calendar will be sent home in September but a few dates that are coming up quickly are Picture Day on September the 10th and Meet the Teacher Night on the 18th starting at 6:30 PM.

In addition our first PAC meeting is on the 24th at 7:00 PM. All parents are welcome, and we value your input into the policies and procedures of our school and our school district.

# New service available

### Dear Editor,

I'm writing to all newspapers in British Columbia to ensure that as many people in BC as possible are aware of the consequences of not calling our organization, BC One Call, before digging or excavating. BC One Call provides a free service to request information relating to the location of underground utilities to anyone contemplating ground disturbances.

BC One Call allows the homeowner or contractor to make one call to 1-800-474-6886 or \*6886 on your cellular to our call center where we forward the request to our members. The utility owners then respond directly back to the person/company requesting the information within 3 days.

BC One Call is only part of the larger process of digging safely without damaging underground structures. And the consequences of not calling us or digging safely put the public, the workers and the environment in harm's way.

Good luck to last year's grads

and a reminder to pick up your

Passport to Education booklets

that can be redeemed for dollars

for your continuing post-sec-

Please feel free to give the school

a call if you have any questions.

ondary education.

See you on the 4th!

- Bill Lawrence, Principal

Princeton Secondary School

There are strict rules governing how to dig around underground utilities and those are the responsibility of the excavating person(s). We work together with utilities, pipeline experts, and organizations such as the BCCGA (BC Common Ground Alliance) that provide information on best practices for excavating.

I encourage everyone to Call before you dig, follow safe digging practices and be vigilant in protecting public safety and our environment.

For more information visit www.bconecall.bc.ca. - BC One Call

## Similkameen News Leader There Are No Chains On Us! Locally Owned - Locally Operated

# Current Comment: Ve remember the 'People's Princess'



**Dawn** Johnson editor@thenewsleader.ca

This week marks the tenth anniversary of the tragic death of Diana Spencer, the former Princess of Wales. For the majority of people, she will always remain Princess Diana, regardless of divorce. She was, as Tony Blair said, "the people's princess". She has a place the hearts of the people, not only in Great Britain, but throughout the world.

Diana's popularity had to do with Diana herself, although the public first became interested in her because she was to marry a prince who might one day be king. She would have been a newsmaker, no matter what she did, as a member of the royal family.

In Diana's case, her popularity was based on her conduct as a royal personage. From the fairy tale wedding to the scandals to the 'good works' she did, Diana came across as authentic. She was not merely going through the required duty of royalty. Diana gave it sparkle, glamour, and her own personal stamp. Others in the royal entourage paled in comparison.

I give Diana credit for outstanding courage. Faced with rejection at an intimate level, she refused to retreat into the shadows of dutiful wife and doting mother. She refused to be cast aside. In her own words, she refused to be nothing but "a brood mare for the monarchy". She exposed the entire royal family to the kind of media scrutiny they had never before experienced.

I give credit to the media for daring to help Diana open the windows on the royal family. The media had been very kind to that family up to the time Diana made her revelations. True, there had been some scandal involved with Fergie and Prince Andrew, but it never went to the lengths Diana took it. As a result of her confessions to the media, the Royal Family became known as the "dysfunctional royal family" throughout the English speaking world.

Some might say Diana did it out of the fury of a woman scorned, but if she was scorned by the Prince of Wales, the public was on her side, not his, and the majority of people felt she had been poorly

treated. In many respects, Diana sacrificed a great deal by going public with her domestic situation. She could have quietly put up with her husband's philandering as so many royal wives had done in the past.

She could have clung to the prospect of eventually becoming Queen Diana, and could have thrown herself into charitable projects and the other activities of royal wives. Instead, she chose to let the world know she made a bad deal when she married Prince Charles, and she did not intend to endure a loveless marriage for the sake of a crown.

The royals have never had so much adverse public exposure in history. They should have had it, too, because they are political figures just as much as the elected politicians. They may have private lives, too, but they need to know

their private lives are open to as much public viewing as any politician.

For centuries, the royal indiscretions have been sheltered by the media in deference to their exalted position. This is not the case since Diana told all. For the royals, their private peccadillos are now fodder for the tabloids and television, and will never be completely private again.

Queen Elizabeth has behaved impeccably during her reign. Although she might seem very stuffy to others, she grew up under the shadow of a Prince of Wales whose private life became public knowledge and his love affair cost him his crown.

She was perhaps more conscious than any other royal of the potential for media damage. Her children did not seem so conscious, or maybe they thought it could never happen again. Now they know it can happen any day. Their curtain of media discretion has been ripped off and the window to their lives is wide open to the public.

This is probably a tough time for Charles and Camilla. They carry the burden of being the cause of all the uproar.

We can say they deserve their happiness, and nobody really begrudges it, but they still have to live with the public's memory of Diana. That memory still outshines the past and present public image of the royals.

Diana dared to go where no royal lady had ever gone before. She dared to be herself in a social stratum dedicated to creating a public face that always showed "all is well" even when nothing was at all well. In some respects, her revelations that all was not well was a

more moral stance than a lifetime of pretense would have been if she had opted to put on a happy face for the sake of gaining a crown. Even when she had exposed the royal family and was the center of a huge scandal, the public still loved her.

There was respect in that love, too. She dared to challenge the industrial-military community, demanding they clean up their land mines.

She dared to go among children suffering from AIDS and drew the world's attention to the plight of people with AIDS. She was outspoken about many social issues. She was a lot more than mere flashy celebrity.

Diana's authenticity and honesty won hearts. As long as people remember her, she will remain the people's princess.

Marketplace Ministr by Jim Caruso How To Shear Sheep - New

Someone once said, You can do anything that you put your mind to. I am living proof that this is true. Another might was saying following closely on its heels is that Practice makes perfect. Why anyone might want to put his mind to shearing sheep may be a question that only a hobby farmer would be able to answer. I am keen to share my how-to experiences for any readers that may wish to shear their sheep or those who are thinking of taking up home barbering. Like any hobby, the preparation, the actual procedure and the clean up are of great interest to anyone wishing to become a shearer of sheep.

First, I recommend that you start early in the morning. This will give you most daylight possi-ble to accomplish your task. Your sheep will be awake already as they begin to eat when the sun comes up. Next, you should gather the sheep into a portable holding pen. This makes catching the sheep a lot easier, especially after they see what you are about to do to them. I recommend that you wear old clothes because of the lanolin oil that is found in the wool and the dirt that is found in the sheep pen. You will also need some specialized equipment. Sheep shears are now electric and so you need lots of money to buy them, (or a good neighbour who will lend his clippers) and a long extension cord. When you have secured the clippers, lay a piece of canvas or plywood on the ground where you are going to shear. Place within your reach lubricating oil for the clippers, antiseptic spray for those nasty cuts and nicks that happen when you are beginning, and a couple of plastic bags to put the wool in after you are done.

Next enter the sheep holding pen and be prepared to get some exercise. After running and falling down for what seems like a long time, take one of the mobile pen gates and move it toward the sheep. Thus, penning one or two sheep in a smaller area, making them easier to catch. You should then reach out and grab one of the sheep by the front leg and the back leg at the same time and pull toward yourself. This will cause the sheep to lose its balance and fall to the ground. Immediately you will imitate the sheep and fall to the ground as well. You now have two options: you can either move the plywood to where you are, or drag the sheep over to where you had orig-inally planned to shear it. Lay the sheep on its side and, with lots of help, hold it down as you begin to gather your equipment. Starting at the neck, begin to cut the wool in a downward motion, taking care not to cut too deep. If you pull the skin of the sheep taut, the clippers will motion, taking care not to cut too deep. If you pull the skin of the sheep taut, the clippers will actually glide over their skin, leaving about an eighth of an inch of wool on the animal. This skill will probably take about 40 years to perfect and until then your sheep will look like they have been shorn with a high power vacuum cleaner that just pulled pieces of wool out here and there. Every half hour you should lubricate the clippers and allow them to cool down. Shearing one side of the sheep may be accomplished in as little time as forty-five to fifty minutes, thus, completing the shearing of your first sheep within the two hour mark. Of course we are told that the world record for shearing a sheep stands around 40 to 50 seconds, but don't be discouraged as we all have to start somewhere. When you have shorn both sides, it is a good time to give your sheep worm medicine, followed by vitamin shots and if necessary trim their hooves. The main reason for doing these extra things now is that after you let the sheep op. you probably won't eet reason for doing these extra things now is that after you let the sheep go, you probably won't get near it for at least a month or more. Finally, when the sheep is standing and seems unsure of its surroundings, be very careful not to laugh out loud when you see the job you have done. Sheep can be very sensitive and you might do well to remember the first haircut given you by your uncle with his new clippers when you were young and unable to defend yourself. The area where you accomplished this wonderful skill will now need to be cleaned up. Place the wool into a plastic bag, and then give it to someone who will use it for spinning and knitting. Clean and oil the clip-pers and place them in their original box. Wash all other utensils in warm scapy water and take a garden hose and wash off the plywood or canvas. Place all tools and materials in the garage or shed and then return to your house where you should run a hot bath, unplug the phone, and then fall asleep in the tub for the next two hours. I realize that my instructions only covered the shearing of one sheep. After reading how it is done, you may ask, why would you want to shear sheep when it is so time consuming? The answer is simple. Economics. A hobby farmer who shears his own sheep can save the cost of a professional sheep shearer who would charge from two to five dollars a head for shearing. When you consider the average hobby farmer with a flock of seven sheep you could save upwards of fourteen to thirty five dollars a year. This of course is excluding the experience and closeness of working with the sheep which the novice Shepherd thrives on. The real reason for sharing this how-to sheep shearing procedure is to let you expe-rience the fun that people can have who wish to do things that they are not good at, or have never done before, and to see that they can enjoy themselves while doing so. In the Psalm 23, David explains that the Lord is our Shepherd, The LORD is my shepherd, I shall not be in want. He makes me lie down in green pastures, He leads me beside quiet waters, He restores my soul. He guides me in paths of righteousness for His name's sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they com-fort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever. I am so glad that David never mentions the Shepherd shearing the sheep, but I am sure that He would do it quite different from me. Jim Caruso, Pastor

Oceanside Community Church. Parksville, BC

pjcaruso@telus.net



Similkameen News Leader



Closing Date: September 21, 2007

To be eligible, completed proposals must be submitted to: Princeton & District Museum and Archives, 167 Vermilion Avenue, Box 281, Princeton, BC VOX 1W0 by 5:00 PM, September 21, 2007. The Princeton & District Museum and Archives gratefully acknowledge the support from the Princeton & District Community Forest Corporation for this project.

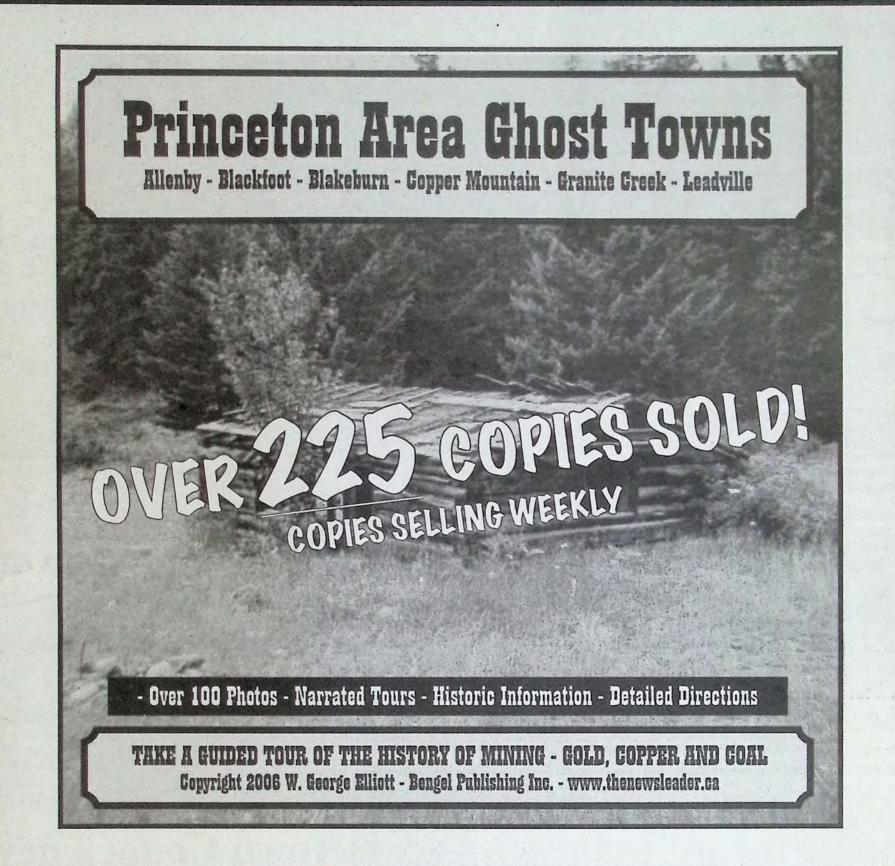
For further information, please contact Angelique Wood at (604) 215-9545.

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# news

How good is Town water?

Princeton's water supply is pumped from wells into reservoirs located in two different elevated areas. One reservoir underwent a complete restoration just three years ago.

To ensure water quality remains high, the Town sends a test sample weekly to a qualified testing laboratory in Kelowna. Each test costs \$112.50 plus transportation costs (by bus). The annual costs to local taxpayers is \$5,850 before transportation costs are added.

Chlorine is added to Town water by regulation, but only the minimum amount of chlorine is used to maintain the standard for good drinking water. In short, Princeton's tap water is excellent.

Council opposes bigger region

Princeton's Town Council does not want a bigger Regional District. On August 20, Council received a letter asking them to endorse a resolution of the City of Armstrong in support of joining together the three regional districts governing the North, Central and South Okanagan areas (South

Okanagan includes Similkameen Valley).

Councillor Jim Manion warned that in such an expanded regional district, Princeton would be "lost in the wilderness" as the three major cities -Vemon, Kelowna and Penticton struggled with each other to meet their own goals.

Council chose not to endorse the concept of a much larger regional district.

### **Camper suggests improvements**

Town Council was pleased with a letter from a camper who had used the municipal campground. Elizabeth Gray wrote to Council, beginning her letter with praise for the managers of the campground.

At the same time, Gray offered two suggestions for improvements: an outdoor sink for washing dishes or laundry, and raised toilets. The latter is for the benefit of people who have had hip or knee replacements and find it difficult to sit on lower surfaces. Council took note of the suggestions for future upgrades to the campground.

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