News Leader

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Tuesday

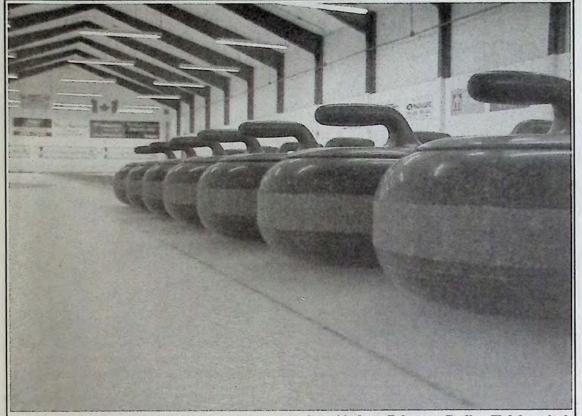
November 6, 2007

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They sit silently and patiently waiting for someone to play with them. Princeton Curling Club launched a new season with an open house October 30th to show off recent renovations to the facility.*

Princeton is a safe town

"This is a safe place," states Princeton RCMP Detachment Sgt. Gary Macahonic.

The new head of policing in the community says he has come to that conclusion following an assessment over his first six months here.

His assessment reviewed the community, it's needs, the Detachment, it's services and where each fit together.

Macahonic also told the News Leader on November 2nd that Halloween was a relatively quiet night.

"We had no complaints the next morning," although there were reports of the usual mischief involving eggs and toilet paper.

"I went down the main street early the next morning and the town had already cleaned the area up."

The Princeton Detachment has a total of 5 constables, one corporal, one sergeant, two highway patrol officers (South Okanagan Highway Services), two support staff and one victim assistance worker along with access to numerous Citizens on Patrol volunteers.

A new computer system has changed how the RCMP do a lot of their work but Macahonic says the police are doing their job and will continue to serve the community.

Golf Club continues to show progress

Financial information released at the Princeton Golf Club Annual General Meeting October 28th shows the facility is a successful local business.

In a statement dated September 30, 2007 Revenues were up considerable from the same period a year ago to \$831,411 with the largest increase coming from the restaurant generating \$223,271 in revenues compared to \$7,800 last year.

Expenses were also up from \$371,549 to \$663,002 with the biggest increase coming from the restaurant at \$255,370.

There was also an increase in Capital Expenses up to \$167,908 from \$26,201 leaving the Golf Club with a bank balance as of September 30th of \$105,903 not including a Term Deposit.

Breaking down those figures shows that the almost \$9,000 increase in Membership revenue can be attributed to the 2007 mem-



bership reaching 342 (290 active, 48 juniors, 4 post secondary members) up from 329 in 2006, 318 in 2005 and 313 in 2004.

The increase of over \$141,000 in Capital Expenses includes machinery and equipment (backhoe attachment worth \$12,276; Refresher Cart valued at \$9,040 and a Toro 4500D Groundsmaster costing \$72,100); clubhouse furniture and equipment totaling \$10,842; paving the parking lot at a cost of \$48,886, rental equipment

and pull carts worth \$2,140 and office and computer equipment costing just over \$7,200.

Rentals, green fees and the driving range increased revenues by \$24,000, as did the RV Park, which saw an extra \$6,500 from last year. Tournaments and donation revenue also increased by just over \$4,000.

A further break down of figures shows that although Membership and power cart rental revenues were up, green fees dropped \$13,683 from last year. Nine hole green fees were up considerable from last year, while 18-hole green fees had a huge drop.

However, locker rentals, driving range fees and four different packages combining green fees with a cart rental increased Clubhouse revenue by over \$32,000 from last year.

Although RV Park revenues were up over \$6,400, site rentals generated the most increased revenue with RV Packages suffering a drop of \$1,837.14 from the previous

season.

As for the restaurant revenue, we'll just state that draft beer is the most popular drink followed by bottled beer, liquor, wine and ciders/coolers. As for meals, there was a total of \$121,431.31 in menu items served this past summer.

Course Expenses were up \$16,548.72 as were Administration expenses to \$153,130,13.

Despite all this the club ended the year with a net income of \$500.89.

Goldcliff reports gold zone expansion

Leonard W. Saleken, Chairman of Goldcliff Resource Corporation (GCN.TSXV) reports initial surface gold trenching results of the 2007 trenching program at Goldcliff's 100% owned Panorama Ridge property near Hedley.

The results reported herein indicate that the two most significantly developed zones, the York-Viking and the Nordic, remain open for expansion. The trenching program consisted of 29 trenches totalling 1,008 metres of surface sampling. The trenching covers the Nordic,

Thor and York-Viking zones. The gold values are highlighted by 19 metres grading 2.15 grams per tonne gold with a high-grade section grading 5.19 grams per tonne gold.

The gold results expand the mineralization in the northeast towards the Nordic zone. The Nordic trenches have extended the gold mineralization by 17 metres in a northerly direction, exposing new gold mineralization beyond the known surface showings.

The Thor trenches have extended

the gold mineralization of the northern portion of the York-Viking zone in a northeast direction towards the Nordic showing. These two trenches confirm that the surface gold mineralization extends some 30 metres from drill holes 26072 and 26075, which represents the northeast boundary of the York-Viking zone drilled in 2006.

The York-Viking trenches, along with the previous trenches, signified that the gold mineralization is contained in northwest-southeast fault-related gold mineralized blocks. The gold blocks are offset in a general southeast direction and move in a general northeast direction. As such, trenching in this area can and does move in and out of the gold mineralized zone where fault offsetting occurs.

The Panorama Ridge property contains a large surface area of continued on Page 27

49 DAYS BEFORE CHRISTMAS

Similkameen

News Leader

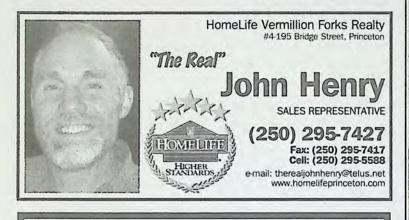
Page 5 - Ranching Ain't Easy / Page 8, 9, 10 - Lest We Forget / Page 12 - Posse schedule
REGULAR FEATURES

Page 4 - Keremeos / Page 11-18 - TV Guide / Page 22 - Editorial / Page 23 - Current Comment

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LET'S TALK!

AT YOUR SERVICE!

Taxpayer alert - Part 2

Get professional, independent advice

If you are still thinking about participating in a tax shelter gifting arrangement, it's very important that you get independent legal and tax advice. Independent advice means advice from a tax professional that is not connected to the scheme or promoter. If property is involved, you should also get independent advice on its true value. Packages from promoters will often claim to have legal or tax opinions from a law firm. You may find that these opinions contain very general comments and do not provide unconditional support for the scheme. Ask to see them, and have them reviewed by an independent professional.

In addition, participants who have been reassessed for previous participation in these schemes may also wish to obtain independent tax advice to determine their best options.

Tax shelter Identification numbers

The CRA reminds taxpayers that tax shelter numbers are used for identification purposes only. These numbers identify both the schemes and those taxpayers who participate in them. They do not guarantee that taxpayers are entitled to receive the proposed tax benefits.

Not been contacted by the CRA yet?

The CRA generally has three years from the date of assessment to reassess taxpayers, and these audits can take over a year to complete. The fact that investors in these tax shelters have not been contacted and/or reassessed should not be interpreted as the CRA's acceptance of their claim.

THESE TIPS AND INFORMATION ARE INTENDED TO HIGHLIGHT GENERAL TAX RULES AND PLANS AND SHOULD NOT BE USED AS A SUBSTITUTE FOR APPROPRIATE PROFESSIONAL ADVICE RELATED TO YOUR SPECIFIC CIRCUMSTANCES.

Accountant & Business Advisor



PO Box 1105, Princeton, BC V0X 1W0 Phone: (250) 295-2129 Fax: (866) 902-8674 e-mail: Randy.Clark@telus.net



The first rocks of the season were fired down the sheets of ice at Princeton Curling Club during an informal Open House held October 30th. The Club is hosting a fun spiel November 16 & 17.*

MP Alex Atamanenko

BC Southern Interior monthly report

The Economic Cost of Poverty

In a recent edition of the Centre for Policy Alternatives (CCPA) Monitor, Mr. Ed Finn talks about the economic cost of poverty. He states that arguments raised for reducing the appallingly high rate of childhood poverty in Canada have mostly focused on its social costs on the misery and deprivation inflicted on our youngest and most vulnerable citizens.

Indeed, this is the most compelling reason for ending the impoverishment now blighting the lives of one in every six children in Canada. The moral case for lifting them out of poverty is so strong that it should have impelled our political and business leaders to take the necessary remedial actions long ago.

Their continued indifference to this moral outrage suggests that appeals to their conscience are never likely to work. It does not take that much intelligence to realize that people mired in poverty when young are likely to engage in criminal activities when grown up, to be less skilled and productive workers, and to be ill more often thus requiring more costly social services.

In a recent study done by the Centre for American Progress (CAP), a think tank studied the economic costs of child poverty in the US. They calculated that those who were poor as children are much more likely than other citizens to commit crimes, to need more health care, and to be less productive in the workforce.

Their findings were presented to stunned Congressmen at a House Ways and Means Committee hearing where they disclosed that the costs to the US in crime, health care and reduced productivity associated with childhood poverty amounted to \$500 billion a year.

Although this is a staggering amount, we must be very careful about applying these US statistics here in Canada. We cannot assume that because our population is one-tenth that of the US, the overall economic cost of child poverty in this country amounts to one-tenth of the US figure. It could be less or it could be more.

Even if the costs of child poverty in Canada were as low as \$40 billion, it is still a lot of money being wasted, billions spent to maintain a scandalously high poverty rate rather than reduce or eliminate it.

Is it possible that our Conservative Government does not see the clear picture? Can it not see that investing \$40 billion a year in poverty reduction would save the same amount or more in crime, health care and low-productivity costs?

Good money is being thrown away. Why not divert it in a constructive manner that could fund an effective campaign to give every Canadian child a decent upbringing free from poverty and hunger, free to get the best possible education, free to live in adequate comfort and security.

If the moral imperative for taking these initiatives is not enough to persuade our Prime Minister and corporate CEOs to take action, the enormous economic benefits certainly should be.

By attacking poverty now, we can take a major step in closing the prosperity gap between the rich and the poor.

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Crystal Taylor, a Canadian Country and Southern Gospel Singer will be appearing live in concert at Living Water Four Square Church on November 14th at 7:00 PM.

Crystal Taylor grew up in a Nova Scotia fishing village in Canada and began singing country music as a child. After marrying and moving to Alberta her musical career took off when she began writing her own compositions. Now Crystal travels full time with her evangelist husband Herb Taylor who is also featured at most of Crystal's performances.

Taylor has recorded 8 CD's in Nashville, writing most of the compositions herself. With her back up musicians who are or have been regulars on the Grand Ole Opry. She has performed extensively across USA and Canada in a huge variety of venues, including churches; big and small, rodeos, fairs, parades, revivals, cowboy churches and much more. She is a woman who loves God and her message is "Crystal Clear" and it's a pleasure to hear her proclaim the gospel through the medium of Country and Southern Gospel Music.

The public is invited to attend this

special program. A free will offering will be taken. CD's and tapes will be available for sale. - submitted

Dorothy sends Court update

We had another successful pre-Christmas Bazaar. We would like to thank all of the generous people in the community who donated to the bazaar and to the wonderful people who came to support our cause.

Proceeds will be used for field trips, outings, etc. Thank you again from all of us at Vermilion Court (staff and residents).

We were so lucky to have been given six books recently by Nelson Lewis. They are stories of our north and so very interesting. Thank you, Mr. Lewis we at the Court are thoroughly enjoying

Halloween has come and gone. We found the young children who came to our door so sweet as they showed us their costumes while receiving their candy bags. Their excitement was our reward.

When will it snow? We have each picked two dates - one in November and one in December. There must be enough snow to require sweeping or shoveling.

Princeton Line Dancers came and performed for us again. That was a nice change from playing Bingo.

Halloween would not have been complete if Reet had not decorated us with tattoos. The staff dressed in Halloween costumes as did two residents and of course we had pumpkins, ghosts, etc. on display. Now of course we look forward to Christmas. Only seven weeks away!

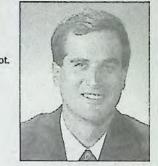
- submitted by D. Stenvold

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Wednesday, November 14th

EVERYONE WELCOME! COFFEE 6:30 PM - CONCERT 7:00 PM

Mark 16:15 And He said to them, "Go into all the world and preach the gospel to every creature."

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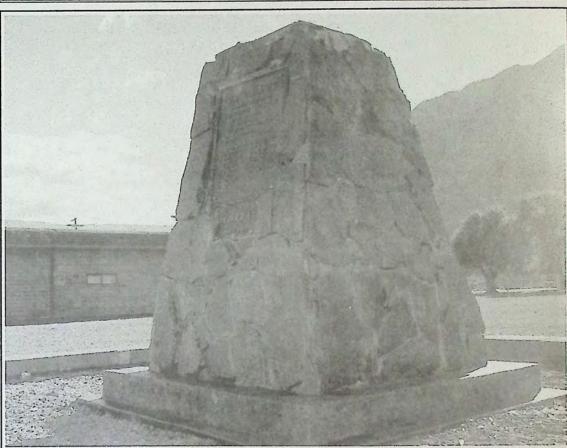
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keremeos and area news



The new face of the Keremeos Cenotaph was completed last week by The Cutting Edge Slate Company of Salmon Arm. They did a great job on a project that cost \$10,800. Coloured rock will be placed around the marker this week by Legion volunteers. The rock is a donation from Harris & Sons.*

Village of Keremeos Council highlights

Council's committee of the whole met on Monday October 29, 2007 and discussed various issues including:

The committee agreed to research putting solar lighting in the washroom building at the skateboard park. As the park will only be open dawn until dusk, solar lighting would allow for the washroom to be lit during the park's open hours, will be cost effective, and will be a contribution towards more 'green' projects in Keremeos.

The committee also discussed the skateboard park's future management - it had been understood by the Village that the RDOS Recreation Commission was going to take over the management of the skateboard park. This arrangement is still in the works.

arrangement is still in the works. The Recreation Commission did request a quote from the Village for cleaning of the washrooms, opening and closing, and some minor upkeep. This arrangement is still under discussion.

The committee was informed that the new centrifuge, an integral part of the Village's sewage treatment plant has been purchased and is in transit. It will be installed primarily with Village staff. The unit will simplify the sludge drying process, and will also reduce odours from the plant.

The Village would like to be able to offer some form of a composting program for Village residents.

More research is being conducted as to how best a program might be made available.

The Committee discussed participating in a composter purchase program with the RDOS, which would provide a subsidy for composter units purchased by Village residents.

The committee turned down a request from a local resident to place a wind turbine unit on his residential property. Issues of concern were noise and height of the unit.

The committee discussed the need for improvements to the outside cladding of the Victory Hall. It was agreed that staff would obtain some professional advice and bring back recommendations for works and associated costs to the committee.

The committee asked staff to research an Anti-Idling bylaw when time permits. It is another initiative that the Village will embark upon to contribute to reducing the effect of human activity on climate change.

The definition of unsightly as written in the Village's property maintenance bylaw was discussed. It was suggested by some members that it be rewritten to be less specific.

The draft bylaw with changes to the definition, as well as changes to allow one unlicensed vehicle to be stored on a property as long as that vehicle is licensed for at least one month out of every year will be considered by Council on November 5, 2007.

The committee discussed a low water consumption rebate program and agreed to pursue such a program - staff will investigate costs etc.

The committee also discussed the idea of more initiatives to help the environment.

Council met after the committee meeting and agreed to donate \$1,637 to the Legion Branch 192 (Keremeos) towards the cenotaph restoration project.

Tax Exemption Bylaw No. 748, 2007 was adopted - this exempts from taxes the Health Unit until and including 2010.

- submitted by Village of Keremeos

REMEMBRANCE DAY PROGRAM

LEGION BRANCH 192 KEREMEOS

10:30 AM

Meet at Legion - 510 Veterans Avenue (8th Avenue) 10:45 AM

March Off - Cenotaph Ceremonies to follow 11:00 AM

Minute of Silence - Laying of Wreaths to follow
Services at Legion Hall
(AFTER CENOTAPH CEREMONIES)
Followed by:

Lunch at Keremeos Legion Hall
(FOR PARTICIPANTS, VETERANS AND MEMBERS)
Snacks for Youth Participants at Keremeos Elks Hall
(PROVIDED BY LADIES OF THE ROYAL PURPLE)

Afternoon
Comradeship and Music in Legion Canteen



Here's some local trivia for you. One of the trophies in storage at Princeton Museum is the Challenge Trophy presented by the Princeton Women's Institute for achievement in 4H Beef Calf Club Work. The award was presented in 1961 to Ernie Willis. *

Ranching Ain't Easy

Canadian Cowgirl In Nevada

by Lyn Melnechenko

In September I had the honor of being invited to entertain with my cowboy poetry and stories at a cattle drive across the Nevada desert. Telling Canadian lies to a captive audience, what more could I possibly ask for?

Mapquest said it would take 14 hours 10 minutes to get there. Apparently that was not including gas, food or pee stops.

The ads promised 1,000 cows and 25 wranglers, plus a chuck wagon for the 'guests,' and a 'cowboy poet' (that's me) to entertain. As it turned out there were only 9 wranglers and no real cook, could I help? No problem I could do that! I commented that I'd never seen quite that many cattle before. The rancher told me not to count them. There were only 728. To be perfectly honest, when you are following that many cows across the alkali desert the dust is so thick that you couldn't count them even if you wanted to.

The horse I was given to ride was a Appaloosa/Tennessee Walker cross. I was told "Don't wear spurs because she bucks. And she doesn't really neck rein." OK, I can deal with that. What they didn't tell me was that she knew every sagebrush in that desert and knew exactly how wide she was and how much extra your knees stuck out. The sagebrush there are more like trees, as tall as the horses and as thick as fenceposts. Even with my chinks on my knees were battered and bruised.

By the time we stopped for the night everyone was covered by a thick coating of white alkali dust. I helped feed horses, made biscuits and told stories while we ate charred steaks with Jalapeno peppers.

The next morning we ate scrambled eggs with Jalapeno peppers and coffee the consistency of tar. Woke us right up!

We spent the day following those cows and choking on dust. I figured out why those cattle were so lean. The only thing between the sagebrush is rocks for miles and miles. We stopped for lunch and had biscuits with sausage gravy. Now as far as I can tell sausage gravy is made from the grease cooked out of the sausages with milk and flour cooked into it. And of course Jalapeno peppers and more coffee.

By the third day we were getting tired and cranky, really, really dusty and sick of those miserable cows. It didn't help that it had turned very windy and cold. We had gone from sweating to freezing, and the dust was blowing in everyone's eyes. I'd had enough Jalapeno peppers to burn the lining out of my stomach and enough coffee to keep me awake for a month.

We stopped early that evening and as I watered horses I noticed a couple of snowflakes drift by. By suppertime there was two inches of snow on the ground. The guests were in no mood to sleep on the ground in snow so they opted to go by truck to a hotel. When I asked if the wranglers were going to stay with the herd for the night I was told that they had phoned for round bales from the ranch. Even cowboys use cell phones. Then we put our horses on the stock trailer and we all went back to the ranch where we had a nice hot shower, ate charred steaks with Jalapeno peppers, beans and coffee before going to sleep in real beds.

The next morning it threatened more snow and was well below freezing. The guests chose not to continue their ride. The wranglers chose to feed the cattle right there until the snow was gone a few days later. I chose to drive back home to Canada where it was warm.

Would I go back to Nevada next year? Sure! But next time I'm taking my down jacket, fur mitts and my good working Canadian cowhorse. And Pepto Bismo!

(Lyn Melnechenko will be sharing her ranching experiences with us monthly. She has just released a collection of her poems and drawings in "Cowgirls Cuss Too!' Contact her at lyn@nethop.net to purchase your copy.) copyright 2007 Lyn Melnechenko

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Community-led Meetings ARE YOU INTERESTED IN THE NATIONAL PARK/RESERVE PROPOSAL?

The Grassland Park Review Coalition (National Park opposition) and the South Okanagan Similkameen National Park Network (National Park support) invites your participation at upcoming public meetings.

Osoyoos 1:30 - 4:30 PM Saturday, November 17 Royal Canadian Legion Hall, 8310-78th Street

Oliver

6:30 - 9:30 PM Tuesday, November 20 Royal Canadian Legion Hall, 36217-97th Street

Penticton

6:30 - 9:30 PM Wednesday, November 21 Great Hall, South Main Seniors Centre, 2965 South Main Street

Keremeos 6:30 - 9:30 PM Thursday, November 22 Victory Hall, 427-7th Avenue

Please join us to ask questions and express your thoughts, listen to your neighbour's views and hear an update from Parks Canada. Refreshments will follow the meeting.

For information on the feasibility study and park concept, visit the Parks Canada website (www.pc.gc.ca/sols)





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news leader health and lifestyle page

Protect yourself and those around you - get your flu shot!

What do the Solomon Islands, Wisconsin and Malaysia have in common?

They're the names given to this year's flu viruses. Help protect yourself by getting your annual flu

Interior Health is kicking off its annual flu campaign to provide free flu shots for those 65 years and older and those at risk.

Flu shots are a simple, safe and effective way to stay healthier this winter and reduce the risk of spreading influenza - especially to someone who has chronic health conditions.

"Every year Interior Health offers free flu shots to seniors and those with compromised immune systems to help protect against influenza, more commonly known as the flu. The flu is highly contagious and can cause severe complications, especially for those with heart, lung and other health problems," says Dr. Paul Hasselback, Medical Health Officer for Interior Health.

Flu shots are a proven, safe and effective way to reduce your changes of getting the flu and to reduce the severity of symptoms if you do get it.

Getting your flu shot and being diligent about washing your hands will reduce the risk of spreading the flu to family and friends.

Interior Health provides free flu shots for those at risk of serious illness or complications from the effects of the flu. The flu shot is free for:

- People 65 and older
- Children and adults with chronic health conditions and their household contacts
- Healthy children aged 6 to 23 months
- Household contacts and caregivers of infants from birth to 23 months
- Pregnant women in their 3rd trimester
- Residents of nursing homes and other chronic care facilities
- Health care workers
- Emergency responders
- People who work with live poultry or swine.

Watch for local announcements on dates and times for free flu clinics in your community or contact your local Public Health office (check the blue pages in your

GO, POSSE, GO!



Authorities) or visit this website: influenza virus. www.interiorhealth.ca for a complete listing.

In Princeton the free flu clinics are set for Tuesday, November 6th from 9:00 AM to 3:30 PM and Tuesday, November 20th from 9:00 AM to 1:00 PM at the Seniors Hall on Angela Avenue.

The free flu clinics in Keremeos will take place Wednesday, November 7th from 9:00 AM to Wednesday, PM and November 21st from 9:00 AM to 12 Noon at the Keremeos Seniors' Centre.

In Hedley the free flu clinic is set for Wednesday, November 14th from 1:00 PM to 2:30 PM in Hedley Elementary School.

Most physician offices also provide vaccines free to those who are eligible. While Public Health only provides free flu shots to those 65 and older and those at risk, anyone can benefit from a flu shot. They can be purchased through some pharmacies, walk-in clinics or physicians.

About the Flu and the Flu Vaccine

A flu shot is one of the best steps you can take to stay healthy this winter. It is 70 to 90 per cent effective in preventing influenza in healthy children and adults.

"There are some misconceptions about the flu vaccine," adds Dr. Hasselback.

To clarify for example, you cannot catch the flu from the flu shot

phone book under Health as it does not contain any live

On average every year in Canada, about 5 million Canadians (1 in 6) are infected with the influenza virus, 50,000 are hospitalized, and sadly, 4,500 will die. As for the economy, influenza accounts for about 1.5 million workdays lost at a cost of \$1 billion dollars to the Canadian economy.

The annual vaccine is developed by the World Health Organization (WHO) based on influenza trends worldwide. This year's vaccine protects from the following types of flu:

- A/Solomon Islands/3/2006 (H1N1)-like;
- A/Wisconsin/67/2005 (H3N2)-
- B/Malaysia/2506/2004-like.

Influenza is different from a cold. The flu starts with muscle ache, headache, fever, extreme fatigue and a dry cough. Colds on the other hand don't often develop a fever. If you suspect you have the flu, stay home, drink plenty of fluids, get lots of rest and consult your family physician if your symptoms don't improve - especially if you have other health concerns.

For more information contact your local Public Health office or visit this website: www.interiorhealth.ca. You can also visit the BC Health Guide Online at www.behealthguide.org or call the BC nurse Line toll free at 1-866-215-4700.

- submitted by Interior Health

living past 100

Forgotten grain brings health

Buckwheat, or kasha, is an almost forgotten grain these days. Too bad. There is probably no other grain as good for you as buckwheat. At one time, it was the preferred breakfast cereal of North America, and buckwheat pancakes were the preferred flapjack. Try to order either the cereal or the pancake these days, and you will be disappointed in North America, where buckwheat originated. However, it is popular in Japan and China.

Buckwheat contains quercetin and rutin, two flavonoids that help block the spread of cancer, and should the cancer get into cells, these flavonoids reduce damage to the cellular DNA.

The rutin in buckwheat does more. It helps prevent blood platelets from clumping together to form blood clots, reducing the risk of stroke and heart attack. Even better, it helps reduce the dangerous LDL cholesterol that sticks to artery walls. The rutin reduces the size of the LDL particles but leaves the good HDL cholesterol alone. This is great stuff!

Rutin is amazing. Some studies have found that rutin stabilizes blood vessels and reduces excessive fluid accumulation in the body, helping to lower blood pressure.

The flavonoids in buckwheat are accompanied by Vitamin E, a major antioxidant.

Buckwheat is one of the best sources of protein other than meat, and the protein in buckwheat helps lower cholesterol even better than soy proteins. Manganese is a mineral hard to obtain other than in chocolate, but buckwheat has plenty of this rare, but important, mineral needed for heart health. For people with diabetes, buckwheat helps stabilize blood sugar levels. This is because the kind of carbohydrate in buckwheat is digested more slowly than other grains. For those on a diet, this is good news, too, because you will feel full longer if you eat buckwheat for breakfast.

If you have digestive problems, turn to buckwheat cereal to make your gut work better. Buckwheat is a high fibre food.

Buckwheat is sold as groats (partially cooked) grains or as flour. Always get "light" buckwheat flour, as it has more nutrients than whole buckwheat flour (isn't that a switch?).



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RESIDENTIAL PROPERTIES FOR SALE

6 Lynnwood MHP, 2-bedroom mobile with addition.	MLS 42082	\$32,900
51-406 BrandImayr, Very well maintained mobile with addition.	MLS 42040	\$34,500
168-2nd Avenue, Cute 2-bedroom home on corner lot.	MLS 40653	\$159,900
121 Ridgewood Drive, End unit townhouse with manicured lawn.	MLS 41535	\$184,900
584 Auburn Crescent, 5 bedrooms at an affordable price.	MLS 41767	\$199,900
456 Mayne Avenue, Opportunity knocks, excellent home, needs updates.	MLS 42045	\$217,900
256 Fenchurch Avenue, Remodeled home in family neighbourhood.	MLS 41582	\$259,900
545 Taylor Way, Quiet rural setting situated near the river.	MLS 40715	\$279,000
452 Corina Avenue, Beautiful 3-bedroom rancher on Tulameen River.	MLS 41325	\$289,900
428 Highway 3, Over 2 acres of Similkameen River riverfront.	MLS 40431	\$339,000
2774 Princeton-Summerland Road, 5 acres backing Crown and KVR Trail.	MLS 40430	\$339,900
315 Panorama Crescent, Beautiful 3-bedroom home in quiet cul-de-sac	MLS 41949	\$349,900
119 Towers Road, 160 feet riverfront features chalet-style log cabin.	MLS 41830	\$364,500
573 San Ang Way, Immaculate Rancher located on Similkameen River.	MLS 42005	\$397,000
1110 Highway 5A, Rare offering. 4-bedroom home on an just over an acre.	MLS 42094	\$425,000
106 Deerview Crescent, Executive rancher in Deerview Estates.	MLS 42103	\$449,000
468 Tulameen River Road, Great investment holding property.	MLS 37874	\$988,300
750 Cedar Creek Road, 90 acres of world class views.	MLS 38926	\$1,800,000
4263 Princeton/Summerland Road, 55 acres with superior lake views.	MLS 40056	\$1,888,300
985 Highway 5A, Beautiful 308 acre ranch.	MLS 41399	\$1,950,000

PROPERTY FOR SALE

Lot 36 Auburn Crescent, Contingent. Large lot with single car garage.	MLS 41766	\$49,900
119 Halliford, Rare commercial lot just off Bridge Street.	MLS 41770	\$49,900
88 Fenchurch Avenue, .11 acre, excellent investment property.	MLS 40079	\$158,300
470 Corina Avenue, .13 acres, large residential building lot.	MLS 42086	\$159,900
Coalmont Road, 9.58 acres of panoramic views.	MLS 39412	\$230,000
Lot A Coalmont Road, 4.30 acres, superior acreage close to Princeton.	MLS 40078	\$245,300
Lot 4 28 KM Summers Creek Road, Fishing and ATVing at your doorstep.	MLS 41542	\$285,000
Lot 6 28 KM Summers Creek Road, Large Missezula Lake area lot.	MLS 41545	\$395,000

COMMERCIAL PROPERTIES FOR SALE

265 Vermilion Avenue, Well established restaurant with highway exposure. MLS 41469 **\$458,300 117 Bridge Street,** Investor alert! Great commercial building on highway corner. MLS 42276 **\$353,800**



Heather Johnson 295-8591



Doug Haayer 295-1585



Dean Stinson 295-8537



Marty Gray 295-5044



Carol Bertrand 295-5341



Lee Mowry 295-1990

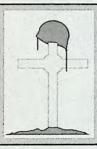
Remembrance?

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May We Always Remember On November 11th

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In honour of the men and women who made their greatest sacrifice to serve our country.

Alex Atamanenko, Member of Parliament BC Southern Interior 206 Vermilion, Box 306, Princeton VOX 1WO 295-0300 or 1-800-667-2393 www.atamanenko.ca

Lest We Forget



Similkameen **News Leader**



Princeton Legion marked 80 years of service to the community with a Cenotaph Rededication Ceremony September 8th. The event included a Candlelight Tribute at Princeton Cemetery. *

eacekeeping

Most Canadians think of Remembrance Day as commemorating World War I and World War II, but Canadians have been going to war for nearly 200 years. Most of Canadians' wars have been fought to assist Britain.

War of 1812

The first war involving Canada under British rule was the War of 1812. It began on Canadian soil when the United States took the side of Napoleon and declared war on Britain. Americans today believe they won that war, but it was won in Europe when the British defeated the French. Unfortunately, news of the Treaty of Ghent took a long time to arrive in North America, so the war went on longer in the United States.

The Americans captured York (Toronto) in 1813, but were defeated at Chrysler's farm near Montreal. The Americans burnt Newark (now Niagara-on-the-Lake), but the British (Canadian) forces took it back and then burned Buffalo, New York. The British were defeated at Chippewa, then the British burned Washington, D.C. Americans captured a British flotilla on Lake Champlain.

After the war was won in Europe, the Americans defeated the British in New Orleans in 1815, but for everybody else, it was over in 1914.

The Boer War

The Boer War began in 1899 in

South Africa. Britain was fighting the Boers, who were settlers in South Africa. Canadians volunteered to go to war in support of the British. By 1901, the Boers were waging a war of organized guerrilla action, but negotiations had begun for amnesty for Cape rebels. The war ended in 1902, and Orange Free State became a British Colony. Canadians remaining alive returned to Canada.

World War I

On July 28, 1914, Archduke Ferdinand and his wife were assassinated in Sarajevo. Austria and Hungary were one nation at that time, and Ferdinand was the heir to

the throne. War with Serbia was declared that day.

Germany declares war on Russia and France and promptly invades Belgium. Britain declares war on Germany and Austria declares war on Russia. Serbia declares war on Germany, France and Britain declare war on Austria. Austria declares war on Belgium. Russia declares war on Turkey.

Britain and France declare war on Turkey. If this sounds like everybody was at war in Europe, that is exactly what was going on. By 1915, Italy had declared war on Germany.

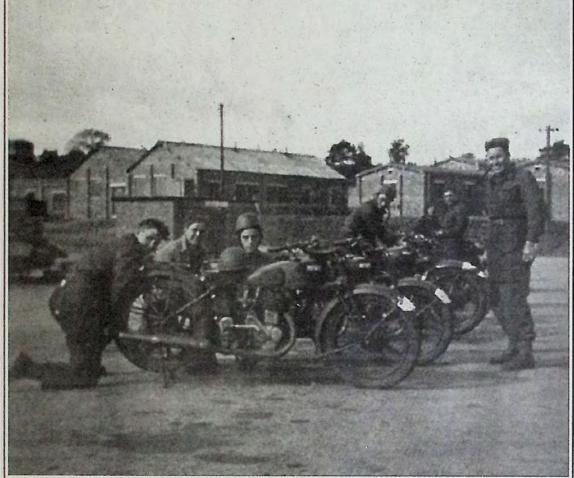
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Rededication Ceremony. *

1 Semembrance





WWII dispatch riders take a break. Princeton resident James J. McCulloch was one of these brave men. The 86-year old McCulloch can't remember the others in the photo with him but says the scene is somewhere in England. Photo curtesy of the McCulloch Collection.

Canadians went to war in Europe. Of all wars, this was the bloodiest and most horrible. Loss of life was far beyond what we would imagine today. Most of the war was fought by foot soldiers. Artillery and supplies were moved in horse-drawn vehicles. The British first used tanks in 1916. Germany attempted to make peace in 1916, but the fighting never stopped. Aircraft became important in this war, and in 1917, German aircraft attacked

It was in this terrible war that Canadians first took on a worldwide national identity. They fought for months to take Vimy Ridge, a location held by Germany and which the Germans believed nobody would take. The Canadians did, and to this day, a war memorial stands on Vimy Ridge in France to honour Canadian soldiers who gave their lives to break the German stranglehold on that piece

World War I, "the war to end all wars", ended on the eleventh hour of the eleventh day of the eleventh month of 1918. November 11 became a day to celebrate peace and to honour those who had died to bring peace to the world. At first, November 11 was called Armistice Day. The name was later changed to Remembrance Day.

The League of Nations was formed as a means of resolving international disputes.

World War II

生性性是

Germany, under Nazi leader Adolf 到的对对数据。2014

Hitler, invaded Poland on September 1, 1939, to begin a six year war that would shape the future of the world in hundreds of ways. The Japanese had already invaded China and Italy had invaded Albania. Germany had annexed a couple of small European nations to "protect" them. The invasion of Poland was an outright act of war. Britain and France decided it was time to stop the Nazis, and declared war on September 3, 1939. Canada's Parliament met under Prime Minister Mackenzie King and declared war on Germany and

By 1940, Germany was going strong, having defeated Norway, Denmark, Holland, Belgium, France and Luxembourg. Italy joined Germany in declaring war on France and Britain, and there was fighting in North Africa where the German and Italian armies had taken territories.

In 1941, Germany invaded Crete, and advanced far into Russia, wreaking havoc on Hungary. Japan takes Hong Kong and attacks Hawaii on December 7. At this point, the United States enters the war worldwide. The only gains made by allied forces were in North Africa, where the Germans

In 1942, the Japanese invade the Dutch East Indies, Kuala Lumpur, Singapore, Java and Rangoon in Burma. The Japanese went on to invade Bataan, Mandalay, the Phillipines and Corregidor.

In every place, Canadians were either taken prisoner or were fight-

Finally, in 1943, the tide began to turn for the allies. On July 10, allied forces landed in Sicily, the Americans reclaimed the Aleutian Islands and some Pacific islands. Allied forces began around the clock bombing in Germany, and Russia made progress in pushing back the German forces. The push continued in 1944 and allied forces began to make real headway, but the cost in human life was terrible. In one battle in Italy, 200 Canadians held their position while shelling a German mountain stronghold. Of the 200, only 17 came out alive. In Hong Kong, only a few of the original Canadian prisoners remained alive. American forces took Saigon, and a new nation was born: Viet Nam declared itself independent of France under the leadership of Ho Chi Minh.

The war went on, but the tide had turned in both Europe and the Pacific. On May 8, 1945, "V.E. Day", people celebrated victory in Europe. After the United States dropped nuclear bombs on Hiroshima (August 6) and Nagasaki (August 9), Japan surrendered on August 14.

The estimate death toll, worldwide, for this war was 35 million people plus 10 million in Nazi concentration camps. In other words, more people died that the entire population of Canada today. Among those .. continued on next page

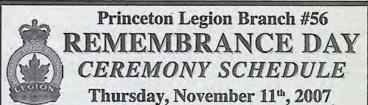
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May We Always Remember On November 11th



Management and Staff Dairy Queen.

158 Tapton Avenue, Princeton Phone (250) 295-7599



10:40 am - Form together (corner of Tapton and Vermilion)

10:55 am - Parade departs for Cenotaph

10:55 am - Singing of O'Canada by all (Princeton Community Band)

11:00 am - Playing of Last Post followed by a (2 Minute Silence)

- Lament / Reveille

11:04 am - Prayer

11:07 am - Roll Call of Fallen Comrades

11:10 am - Act of Remembrance

11:15 am - Laying of Wreaths

11:25 am - Poppies may be placed on the Cenotaph

11:27 am - Colour Party rejoins the parade

11:30 am - The Queen (singing of God Save the Queen)

11:35 am - Parade of Veterans to Legion (Dismissal of the Parade) 1:00 - 3:00 PM Sing Along

3:00 - 5:00 PM - Music by "Hans"

THE PRINCETON PERFORMING ARTS SOCIETY

is holding **AUDITIONS**

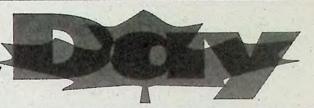
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The main quarter of Princeton Cenotaph contains plaques with the roll call of 'Princeton District' men who were lost in WWI ('The Great War') and World War 2. The Korean War plaque was added later. *

who died were 600,000 Canadian troops.

Vowing "never again", nations joined in forming the United Nations Organization, where nations were to resolve disputes with words, not bullets. Korean War

Korea had been occupied by American forces which withdrew in 1949. Civil war broke out. Korea was split in two, and North Korea invaded South Korea in 1950 rejecting all truce efforts. The United Nations sent forces to recapture Seoul. Chinese forces cross the dividing line (38th parallel) into South Korea. War ensues. Once again, Canadians go to war, for the first time for the United Nations. It did not matter who they fought for more Canadians died. This war continued through 1951, and 1952. It

The peacekeeping begins

ended in July 1953.

Israel and Egypt had been fighting and Israel occupied the Sinai peninsula. Israel withdrew and United Nations forces took possession of the Gaza strip.

Canadians were there in their first peacekeeping mission in 1957. In 1964, Turkey and Greece were at odds over the island of Cyprus. Greek Cypriots fought Turkish Cypriots. United Nations forces sent troops to keep the peace until a resolution was found. Canadians were there. In the meantime, Canadians had been flying rescue missions to the Belgian Congo where the first genocidal war was being fought.

In 1967, the United States became involved in a war in Viet Nam. Canada did not go to this war, but many Canadians joined American troops and fought in Viet Nam. Many died.

During the 1970's, Canadians did not do much United Nations peace-keeping, but they did fly rescue missions to Uganda to bring out people condemned by Idi Amin, who threatened to kill all of them if no other nation rescued them. Later, Canadians returned to Africa to keep the peace in Somalia.

In 1989, Yugoslavia's province of Kosovo is in turmoil Yugoslavia attempts to quell the fighting between residents, but it continues. The United Nations was called upon to send troops to keep the peace. Canadians went into an unbelievable "ethnic cleansing" that shocked the world with its viciousness.

The same sort of ethnic cleansing took place in Rwanda, and Canadians went to keep the peace. In both instances, Canadians felt their hands were tied while atrocities took place.

Now, Canadians are in Afghanistan, trying to keep the peace.

A peaceful nation

Canada is known as one of the most peaceful nations in the world, yet Canadians have gone to war time and again, but never as an invader, and never without just cause. Canadians question every time they must send a soldier to fight anywhere, or in recent years, to keep the peace. On Remembrance Day, we honour those who gave their lives, and those who fought and came home again. The Royal Canadian Legion will carry on with Remembrance Day ceremonies "until war shall cease to be".

We're Opening Our Doors to Make it Easier for You to Get Outdoors.

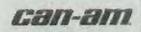
When you've got the hottest products in outdoor recreation, you want to show them off. That's why we're having an open house, to shine the spotlight on 2008 Ski-Doo® snowmobiles and Can Am ATVs.



It's Our 39th Annual Open House!

9:00 AM - 5:00 PM Saturday, November 10th REICHERT SALES & SERVICE LTD. Collins Gulch Road, Tulameen Come see the 2008 models. We also have a good selection of used machines.

AS WELL AS IN-STORE SPECIALS!

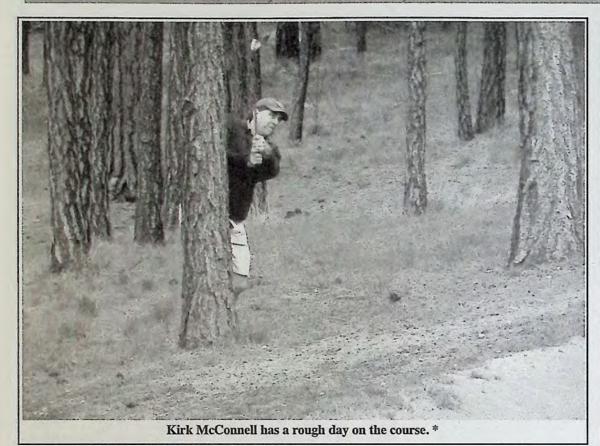








weekly entertainment guide



elects new

A total of 64 Princeton Golf Club members attended the Annual General Meeting October 28th at Princeton Curling Club.

In addition to the members present, there were 12 proxies recorded for a total of 76 votes but not a single ballot was cast.

Larry Evans was returned to the President's chair for another one-

He will be joined by Glenn Weissbach as Vice President. Tara Atkinson will replace the long serving Jim Jackson, as Treasurer and the Secretary position will remain vacant for the time being.

Two year Directors are Keith Simpson, Wally Wallace and Richard White.

Directors with one year left to serve are Al Dubuc, Mike Monteith and Trevor Thompson.

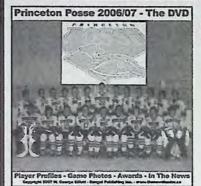
The Princeton Golf Club has grown to the size that it needs a Course Manager.

Club President Larry Evans made the announcement at the October 28th Annual General Meeting stating why the change in direction for 2008.

"The Golf Club is growing at a fast rate and the Board of Directors feel they should be concerned about the policies of the golf club but a manager would be concerned about the day to day operation."

When asked what the status of the Golf Pro was, Evans said the Golf Pro contract had not been renewed, but did say the Golf Pro and Course Manager could be a combined position.

Princeton Posse 2006/07 - The DVD



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uver 400 Photos - Player Profiles - News Stories

Princeton Exhibition

Association ANNUAL GENERAL MEETING 7:00 PM Tuesday, November 13th **Princeton Town Hall**

ALL INTERESTED PARTIES ARE INVITED TO ATTEND NEW MEMBERS ARE MORE THAN WELCOME!



Thrift Shop

10:00 AM - 2:00 PM Saturday, November 17

Santa Says: Don't Miss It!



Enter to win Posse tickets!

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Saving energy makes sense!



Princeton's Taylor Stuart (#7) joins all players in the Beaver Valley zone watch the puck whiz past the goal post in the October 27th game against the Nighthawks. *

THERE'S A DIFFERENT POSSE IN TOWN 2007/08 Valley First Princeton Posse

October 12 7:00 PM Chase

October 19 7:00 PM Femile

Cotober 20 - 7:00 PM - Stantous Cotober 20 - 7:00 PM - Stanto Porks

November 9 - 7:00 PM - Kamloops

November 10 - 7:00 PM - Nelson November 17 - 7:00 PM - Summerland

November 23 - 7:00 PM - Kamloops

December 15 - 7:00 PM - Kamloops December 19 - 7:00 PM - Summerland December 22 - 7:00 PM - Chase January 5 - 7:00 PM - Revelstoke January 15 - 7:00 PM - Chase

November 24 - 7:00 PM - Chase

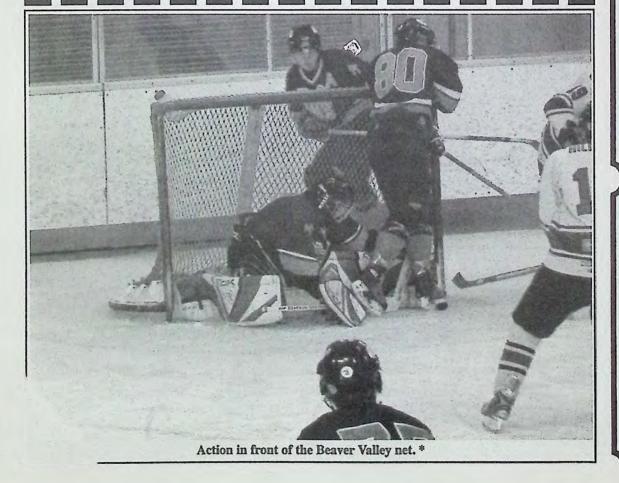
January 30 - 7:00 PM - Summerland February 3 - 2:00 PM - Golden

February 8 - 7:00 PM - Kimberley February 15 - 7:00 PM - Golden

February 16 - 7:00 PM - Castlegar

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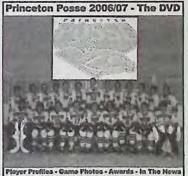
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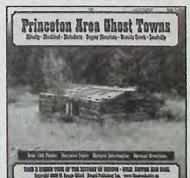


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TUESDAY, NOVEMBER 6, 2007

		WTBS	CHBC 4	KNOW	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV	CBC	YTV ®	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE	TROP 45
6			News (N) 2nd Chnce	George S.	Body Elec.	News (N)	News (N)	Crossing Jordan (E)	(5:00) News	News (N)	(4:30) News (N) [E]	CBC News: Morning	Gadget Viva Pinata	SportsCentr e [ff]	News (E)	Daily Planet			Movie: "Poolhall	F/X: The Series [6]
7	AM	Temptation	Body	Clifford	Barney	Today Heidi Klum; Chris	The Early Show (N)	Amer. Justice	Good Morning			(N) World Og	Grossology	SportsCentr	(N) (E)	UFO Stories	212	CityLine (ff)	Junkies" (2002, Drama) 🔠	Traders (ff)
1	:30	Temptation	Past Lives	Dora	Arthur (EI)	Brown;	E	Justice	America (N)			Curious	Battle	e m			(7:24)		Drama) (Si	
8	AM	Jeffersons	Room	(7:54) Hi-5	Curious	Giada De Laurentiis.		American Justice	Œ		100 Huntley Street @	The second	Pokemon	SportsCentr		Canada's Worst	Weekend	Star Trek: Voyager [6]	Deep Space	Due South
0	:30	Jeffersons	Vanity	Bus	Clifford	(N) (E)						Busytown	Flamingo	C III		Driver	Lloyd	vojager bil		(B (B (B)
9	.,,,,	Sanford	Inside Box	Berenstain	Super Why!		The 700 Club (ft)	Cold Case Files (f)	Regis and Kelly	100 Huntley Street (#)	World Vision	Lunar Jim	Adrenalini	Off-Record	Regis and Kelly	Daily Planet		News (N)	Disorderly Con.	ET Canada
3	:30	Sanford	Antique	(9:32)	Dragon		Cido (III)	THE CLE		outer (iii	, mon	(D10)	Viva Pinata	Equestrian	Taking .		Tigger	City	Com	What
10	AM	Harvey	PoPQ (Live)	(9:57)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View	World Vision	Room	Wilbur 🔃	Jane		The View	Megabuilde rs 🔃	Mickey	Movie: "The	Most Amazing	Videos
IU	:30	Harvey	Œ	Pancakes	Street (EI)		Right (N)	WI .	(14) [22]	AIZIOII	House	Doodlebop	Erky Perky	NFL Films	(N) (EI)	12 (2)	Sprites		Videos	Videos
44	AM	Cosby	Playing	Rolie Polie	Big World	Ellen	Young and	Crossing	Paid Prog.	Past Lives	(10:59)	Martha	Jacob	UEFA	eTalk 🔃	Ocean	Benj Bear	Ferguson.	Most	The Nanny
11	:30	Coshy	Homes	Olie @	Sit-Be Fit	DeGeneres Show	the Restless	Jordan [ff]	Paid Prog.	House	News (N)	Stewart	George S.	UEFA	eTalk (#)	Ranger Disaster	(11:25) King		Amazing Videos	Frasier
40	PM	Still Stnd	News (N)	History	Charlie	Paid Prog.	News (N)	Crossing	All My	News (N)	Days of our	News (N)	SpongeBob	Champions League	Degrassi	Greatest	(11:49)	CityLine [f]	Star Trek:	Seinfeld
12	:30	Still Stnd	That News	Scattering	Rose @	Paid Prog.	Bold & B.	Jordan &	Children (N) [f]	Œ	Lives (N)	CBC News	Grossology	Soccer	Bold & B.	Gunfight	Weekend		Voyager [ff]	Seinfeld
-	PM	Fresh Pr.	Design	Planet	Dewberry	Days of our	As the	Amer.	One Life to	As the	As the	Living	LazyTown		Sue	Canada's	Dragon	Making It	Star Trek:	Beverly
1	:30	Fresh Pr.	Vanity	By Design	Quilting	Lives (N)	World Turns (N)	Justice	Live (N)	World Turns (N)	World Turns (N)	Dinner	Winx Club	Boxing	Thomas: F.B.Eye	Worst Driver	Emperor	Best!	Voyager (ff)	Hills, 90210
	PM	King	The Steve	Pan Asia	Word	Millionaire	Gulding	American	General	Guiding	Guiding	Wind at My	Ruby		General	How-Made	(1:48)	Ellen	Star Trek:	Fresh Pr.
2	:30	King	Wilkos Show	Undersea	Lions	Millionaire	Light (N)	Justice	Hospital (N)	Light (N)	Light (N)	Back (ff)	Flamingo	Interruptio	Hospital (N)	How-Made	Weekend	DeGeneres Show	Voyager (E)	Family Guy
	- W. V. V.	Friends	Big Screen	Blue's Clues	Maya	Judge	Dr. Phil @	Cold Case	Rachael	Young and	Young and	Food	Team	Off-Record	Dr. Phil 🔃	Futureweap	K. Possible	News (N)	CSI: Crime	Inside Box
3	:30	Seinfeld	Daily 10	"Mathl"	Arthur (EI)	Judge		Files (II)	Ray 🖽	the Restless	the Restless	Miracles	Neutron	Sports		ons (#	Replace	Œ	Sen	Vanity
	PM	Family Guy		Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Videos	Oprah	(3:59) News	Frasier	SpongeBob	Hockey	Daily Show	Daily Planet	Emperor	Friends	CSI: Crime	That News
4	:30	Family Guy	House (N)	(4:35) Little	Fetch! With	Judge J.	Winfrey [85]	Œ	Inside	Winfrey @	Global	Mercer	El Tigre	Countdwn	Colbert	(N) (E)	Proud	Hollywood	Scn	Ad Pers
	PM	Movie: "The		Bear E	BBC World	News (N)	News (N)	Dog	News (N)	News (N)	(4:59) News	Simpsons	Being Ian	NBA	News (N)	How-Made	Suite Life	Beauty and	CSI: Crime	ET Canada
5	:30	Replacement s" (2000,	(E)	(5:37)	Business	NBC News	CBS News	Dog	ABC News	Global	(N) (E)	Arrested	Endurance	Basketball: Toronto	(E)	How-Made	Montana	the Geek	Sen	What
-	PM	Comedy)	Ad Pers	(6:10) Spellz	A Part of the latest and the latest	News (N)	News (N)	Dog	News (N)	News (N)	ET Canada	Property Control of the Control of t	SpongeBob	Raptors at	News (N)	Futureweap	Zoey 101	Reaper (N)	CSI: Crime	Family Guy
6	:30	Keanu Reeves.	News	World	Lehrer	Raymond	Hollywood	Dog	News (N)	Œ	Entertain	(E)	Drake	Milwaukee Bucks. Et	Œ	ons (ff	Sadie	Œ	Scn	Seinfeld
	PM		E! News	Into Wild	Nova (N)	Jeopardy!	Friends	Angel	Entertain	Entertain	Cane (N)	Coronatn	Malcolm		CONTRACTOR SOUTH	Deadliest	So Raven	Stargate	CSI: Crime	Seinfeld
1	:30	Frasier	Jeopardy!	Eden	匯 (DVS)	Fortune	Scrubs	Angel	The Insider	ET Canada	E	Laughs	Fresh Pr.	SportsCentr	(N) (EI)	Catch (N)	Smart Guy	Atlantis	Scn	Frasier
	PM	Seinfeld	Singing	Dragon	Wild! "Life	Singing	NCIS	Angel	Cavemen	NCIS	NCIS	Mercer	Prank Ptri	e (Live) III	Pushing	Daily Planet	Suite Life	News (N)	CSI: NY [Family Guy
8	:30	Frasier	The Biggest	Songs (E)	at the Poles"	The Biggest	"Requiem" (N)	Angel	Carpoolers	"Requiem" (N)	"Requiem"	22 Minutes	Fries That?		Daisies (ff	Œ	Life Derek	(8:35) News		Married
	PM	Movie: "The	Loser (N)	Vivaldi-	Frontline/W	Loser (N)	The Unit	Dog	Dancing	House (N)	House (N)	The Tudors	Futurama	UEFA	Dancing	ESTANDARD CO. ACTOR PROCESS	Montana	(9:06)	CSI: Crime	Seinfeld
9	:30	Replacement s" (2000,		Seasons	orld (N)	-	(N) (EI)	Dog	With the Stars	(PA) (E	(PA) (E	(N)	Pinky	Champions League	With the Stars	ons (E	Phil	Jimmy Kimmel	Scn	Seinfeld
	PM	Comedy)	(10:02)	Children of	The Bible	Law &	Cane (N)	Dog	(10:02)	Cane (N)	News Hour	National	Naruto	Soccer	Law &	Deadliest	School	(10:06)	Star Trek:	Married
10	:30	Keanu Reeves.	Boston Legal (N)	Bach	Unearthed	Order: SVU	Œ	Dog	Boston Legal (N)	(E)	Final (N)		Shadow		Order: SVU	Catch	Cory	Movie: "The Watcher"	Voyager [65]	Fresh Pr.
	PM		News (N)	Ravens	Charlie	News (N)	News (N)	Angel	News (N)	News (N)	Entertain	(11:05) The	Spider-Man	SportsCenti	News (N)	How-Made	Suite Life	(2000)	Deep Space	Frasier
11	:30	"Bad	Guy Stuff	Eden	Rose (N)	Tonight	Late Show	Angel	(11:35)	(2)	ET Canada	Hour @	Prank Ptrl	e (Live) 🖽	News (N)	How-Made	Life Derek	James Spader.	9	The Nanny

WEDNESDAY, NOVEMBER 7, 2007

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC	FAM	CITY	SPIKE	TROP
	A	3	4	5	6	7	8	9	10	111	12	13	18	19	22	24	26	29	44	45
-	200	All-Family			Body Elec.	News (N)	News (N)	Crossing	Action to the second se	News (N)	(4:30) News	CBC News:	Gadget	SportsCentr	News 🔃	Daily Planet	Henrys	Rachael	Movie: "Pit Fighter"	F/X: The Series @
6	:30	All-Family	2nd Chnce	George S.	Bob Build	Œ		Jordan [6]	Œ	Œ	(N) (E)	Morning (N)	Viva Pinata	e (E)	Canada AM	Œ	King (E)	Ray 🖽	(2005),	Series LED
-	AM	Temptation	Body	Clifford	Barney	Today Vince		American	Good			Arthur (tt	Grossology	SportsCentr	(N) Œ		K. Possible	CityLine [tt]	Steven	Traders
1	:30	Temptation	Past Lives	Dora	Arthur (EI)	Vaughn; Jill Rappaport;	Show (N)	Justice	Morning America			Curious	Shuriken	e 🖭 9	X	Geographic	(7:24)		Bauer [#]	"Trudy Kelly"
•	AM	Jeffersons	Room	(7:54) Hi-5	Curious	Linda		American	Big & Rich		100 Huntley	Bo On Go	Pokemon	SportsCentr		Dirty Jobs	Weekend	Star Trek:	Deep Space	
8	:30	Jeffersons	Vanity	Bus	Clifford	Solomon; Shirley		Justice	perform. (N)		Street @	Busytown	Flamingo	e @			Lloyd	Voyager @	9	匯 (DVS)
	AM	Sanford	Inside Box	Berenstain	Super Why!	MacLaine.	The 700	Cold Case	Regis and	100 Huntley	1.27.2060.77	Lunar Jim	Adrenalini	Off-Record	1000	Daily Planet	Feet	News (N)	Disorderly	ET Canad
9	:30	Sanford	Antique	(9:32)	Dragon	(N) Œ	Club @	Files @	Kelly	Street [E	Vision [Œ (DVS)	Viva Pinata	Equestrian	Kelly	Œ	Tigger	City	Con.	What
	AM	Harvey	PoPQ (Live)	(9:57)	Sesame		TO BUSINESS PROCESSON A	CSI: Miami	The second second second second	World	Room	Wilbur [6	Jane	Equestrian	The View	A Machine	Mickey	Movie: "The		Videos
10	:30	Harvey	Œ	Pancakes	Street (EI)		Right (N)	æ	(N) (E	Vision	House	Doodlebop	Erky Perky	Cheerleadin	(N) @	to Die For	Handy	Flintstones" (1994) John	Amazing Videos	Videos
	AM	Cosby	Playing	Rolie Polie	Big World	Ellen	Young and	Crossing	Paid Prog.	Past Lives	(10:59)	Martha	Jacob	g Worlds	eTalk 🔃	Human	Benj Bear	Goodman.	Deep Space	The Nann
11		Cosby	Homes	Olie Œ	Sit-Be Fit	DeGeneres Show	the Restless	Jordan (Paid Prog.	House	News (N)	Stewart	George S.	UEFA	TBA	Combustion	(11:25) King		9	Frasier
	PM	Still Stnd	News (N)	History	Charlie	Paid Prog.	News (N)	Crossing	All My	News (N)	Days of our	News (N)	SpongeBob	Champions League	Degrassi	Sci-	(11:49)	CityLine [ff]		Seinfeld
12		Still Stnd	That News	Wildness	Rose 🖭	Paid Prog.	Bold & B.	Jordan [ff]	Children (N) @	Œ	Lives (N)	CBC News	Grossology		Bold & B.	Superman	Weekend		Voyager [t]	Seinfeld
	PM	Fresh Pr.	Design	Moving On	Art Work	Days of our	As the	American	One Life to	As the	As the	Living	LazyTown		Sue	Futureweap	Dragon	Speakers	Star Trek:	Beverly
1	2 2 3 1	Fresh Pr.	Vanity	Home	Sewing	Lives (N)	World	Justice	Live (N)	World Turns (N)	World	Dinner	Winx Club	Boxing	Thomas: FBEye	ons Œ	Emperor	RAW (Voyager [ff]	Hills, 902
	1000	King	The Steve	Entrada	Word	Millionaire	Turns (N) Guiding	American	General	Guiding	Turns (N) Guiding	Wind at My	Ruby		General	Deadliest	(1:48)	Ellen	Star Trek:	Fresh Pr.
2		King	Wilkos	Landscape	Lions	Millionaire	Light (N)	Justice	Hospital (N)	Light (N)	Light (N)	Back (#	Flamingo	Interruptio	Hospital (N)	Catch	Weekend	DeGeneres Show	Voyager [#]	Family G
	10000	Friends	Show Big Screen	Blue's Clues	Maya	Judge	Dr. Phil (ft)	Cold Case	Rachael	Young and	Young and	Food	Team	Off-Record	Dr. Phil @	How-Made	K. Possible	News (N)	CSI: Crime	Inside Box
3		Seinfeld	Daily 10	圃	Arthur (EI)	Judge		Files 🔃	Ray 🔃	the Restless	the Restless	Miracles	Neutron	Sports		How-Made	Replace	Œ	Sen	Vanity
	2000	Family Guy	THE COLUMN	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Videos	Oprah	(3:59) News	Frasier	SpongeBob	NHL	Daily Show	Daily Planet	Emperor	Friends	CSI: Crime	Match Up
4		Family Guy	Hollywood		Fetch! With		Winfrey ((3)	Inside	Winfrey (Global	Just-Gags	El Tigre	Hockey:	Colbert	(N) (E)	Proud	Hollywood	Sen	Ad Pers
	-	Movie: "Mr.	Story	Bear @	BBC World		News (N)	CSI: Miami	News (N)	News (N)	(4:59) News	Simpsons	Being Ian	Philadelphia Flyers at	News (N)	Real Super	Suite Life	Next Top	CSI: Crime	ET Canad
5	:30	Deeds"	Œ	(5:37)	Business	NBC News	CBS News	(3)	ABC News	Global	(N) (E	Arrested	Endurance	Pittsburgh	Œ	Humans-	Montana	Model	Scn	What
	200	(2002) Adam Sandler.	Ad Pers	Creatures	News-	News (N)	News (N)	CSI: Miami	News (N)	News (N)	ET Canada	News (N)	SpongeBob	Penguins.	News (N)	Quest Future	Zoey 101	Movie: "The	UFC	Family G
6		Januare,	News	Mechanics	Lehrer	Raymond	Hollywood	"Prey" 🖭	News (N)		Entertain	Œ	Drake	NHL	œ	Fantastic	Naturally	Ladykillers"	Unleashed	Seinfeld
	.00	Frasier	E! News	Meerkat	Wired	Jeopardy!	Friends	The	Entertain	Entertain	Back	Coronatn	Malcolm	Hockey:	eTalk [tt]	MythBuster	3 2 1 2 2 2 2 2	(2004) Tom Hanks. EE	The	Seinfeld
7		Frasier	Jeopardy!	Wild	Science (N)	Fortune	Scrubs	Sopranos	The Insider	ET Canada	'Til Death	Marketple	Fresh Pr.	Edmonton Oilers at	Hollywood	s 🖭	Smart Guy		Ultimate	Frasier
-		Seinfeld	Kid Nation	Bach in	The War		Kid Nation	(8:14) The	The 41st	Back	Life "A	Mosque	Prank Ptrl	Colorado		Daily Planet		News (N)	Fighter (N) MANswers	Family G
8		Movie: "Mr.	cz	Notre Dame	"The Ghost	n @	(N) @	First 48 🖼	Annual	'Til Death	Civil War"	NOW	Fries That?	Avalanche.	-2000	Œ	Life Derek	(8:35) News	MANswers	10000
	:30 PM	Deeds"	Rionic	(1)	Front" (E) (DVS)	Bionic.	Criminal	CSI: Miami	CMA Awards @	Bones (N)	(N) Bones (N)	fifth estate	Futurama	Sports	Criminal	MythBuster		(9:06)	CSI: Crime	
9		(2002) Adam Sandler.	Woman (N)		(5,5)	Woman (N)	PERSONAL PROPERTY.	©	Amaras (III	(PA) (E)	(PA) (H		Pinky	UEFA	Minds (N)	S	Phil	Jimmy	Scn	Seinfeld
-	:30	Sandier,	True	In Search of	Vic. nt Sen	Life "A	CSI: NY	CSI: Miami		Life "A	News Hour	National	Naruto	Champions	CSI: NY	Whirlpools. Real Super	School	(10:06)	Star Trek:	Married
10	PM	Morday	Hollywood	Gandhi	Vic. at Sea	Civil War"	(N) III	"Prey" (s)		Civil War"	Final (N)		Shadow		(N) (E	Humans-	Cory	Movie: "The		
		Movie: 'Taking	Story (N)	Angry Girls		(N) News (N)			Name (N)	(N) News (N)	Entertain	(11:05) The	Spider-Man		News (N)	Quest Future	Suite Life	13th Warrior"	Deep Space	
11	PM	Care of	News (N)	(iii)	Rose (N)		News (N)	The Sopranos	News (N)	Mews (N)	ET Canada	Hour E	Prank Ptri	e (Live) E	News (N)	Fantastic	Life Derek	(1999,	9	The Nann
	:30	Business"	Guy Stuff			Tonight	Late Show	EE	(11:35)		El Canada		radik ran		HENS (IV)		Life Derek	Suspense)		A De Palani

Horoscopes

November 7 - 14, 2007

Aries - Things between you and your partner/spouse improve. Your friends show more generosity toward you. Talk about things you share. Home life is still hectic. Work!

Taurus - You will see an improvement in your health, especially if you are involved in physical activity. A previous activity may come to a standstill, but keep at it when possible. Enjoy!

Gemini - Money problems you thought were solved may come back next week to haunt you. Read the fine print, make sure you understand exactly what you own or owe.

Cancer - Your high energy levels continue through December, but watch out for January, when you may be frustrated. Time spent at home creates a better home environment. Be optimistic.

Leo - Worries about home and family begin to clear up when you get good news this week. Siblings have better attitude toward you. Activity at home, like fall cleaning, helps your attitude.

Virgo - Financial worries ease this week. Talk with neighbours eases tensions. Travel plans may have to be put on hold. Take care of health now or you will have problems in 10 days. Eat well.

Libra - This weekend, take a look at how you appear to others. Do what you need to do to improve the person you show the public. Pay attention to what you owe. Career may have setbacks or be too demanding. Persevere.

Scorpio - This weekend brings more peace of mind and this trend continues through Christmas. This is a good time to think things through Keep busy. In negotiations, read fine print twice.

Sagittarius - You are in a phase now where you could undo gains you've made. Be careful of what you say. Be diplomatic. The problem now is that you live in your mind. Open to new possibilities!

Capricorn - Plans and planning are your best activity this week and next. If you have errands, get them done this week. Career begins to run smoothly on Friday, right through to December.

Aquarius - Health needs constant attention now. Big plans may have to wait. There is some improvement this weekend and through the month. Watch out for colds and flu. Rest.

Pisces - Work on financial situation in terms of investments. Home needs your attention as an investment. Friends, partner are good to you. Spend some time reading, learning, studying.

(NC)—Time to table: 20 minutes prep, 1 1/2 hours roasting. Makes 8 servings

Pomegranate Juice

 1/2 cup chopped parsley - 1/3 cup whole grain mustard 10 sprigs fresh thyme leaves

 1 4

to 6

lb. chicken - salt and pepper to taste - 1/4 medium onion

165°F and juices run clear.

2 tablespoons orange juice concentrate

1 tablespoon balsamic vinegar

1/2 fresh orange, cut in two pieces

a cheesecloth-lined strainer or sieve. Set the juice aside.

1g dietary fiber, 74mcg vitamin A RE, 16mg vitamin C.

Similkameen News Leader Recipe Corner (Recipe #192) Brought To You By: Similkameen News Leader

POM-Glazed Roast Chicken

juice from 1 POM Wonderful Pomegranate,* or 1/4 cup POM Wonderful

Regular Meetings

Otter Valley Fish & Game Club regular neetings 3rd Saturday of month, noon, at

Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up

Princeton Writers Group meets every econd and fourth Thursday 7pm at Riverside Wellness Centre

PGH/Ridgewood Lodge Foundation
meets 2nd Monday
PGH/Ridgewood Lodge Foundation
meets 2nd Monday, 12:15 Hospital Boardroom

Hedley Library open 2-7pm Thursdays
Princeton Paintball Club meets every
Sunday at 10 a.m. Contact 295-0673
Princeton Rifle and Revolver Club

neets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.

Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray

Princeton Chamber of Commerce meet very 3rd Thursday at Chamber office 7 pm Legion Branch 56 meets 3rd Sunday of

nonth 1:00 p.m. Legion Hall Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena

Southern Cruisers Similkameen Chapter #53 meets for rides every

Thursday night.
Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.

• Princeton GSAR meets first 3 Tuesday of he month, 7:00 PM in GSAR Hall,

Rocklin Avenue Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room. Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on

Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feaure a Spiritual Movie

U'th Group 7 PM, 1st and 3rd Tuesdays, iving Water Church.

U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM

Little Folks Nursery School Parent/Boan Meetings, 3rd Wednesday of each month, 7:00 PM at the school.

thursday movies

MORNING

6:00 am SPIKE 44 *%"Ninja: The American Samural" (1992, Adventure) David Bradley. A

Adventure) David Bradley. A vengeance-bent Yakuza assassin challenges his American stepbrother to a fight to the death. (In Stereo) [E] 10:00 am CITY [29] *Boys and Girls" (2000, Romance-Comedy) Freddie Prinze Jr. Two longtime friends, each with a string of failed romances, wonder if they should date each other. [E]

EVENING

6:00 pm WTBS ③ ★★/"Austin Powers in Goldmember" (2002, Comedy) Mike Myers. Austin must

rescue his captive father and prevent
Dr. Evil's malevolent minions from
taking over the world.
9:00 pm CHBC (4)"Love Notes"
(2007, Drama) Laura Leighton.
Premiere. A pregnant woman wants
to give her baby to her infertile best
friend. (6)
9:30 pm WTBS (3) **%"Austin
Powers In Goldmember" (2002,
Comedy) Mike Myers. Austin must
rescue his captive father and prevent
Dr. Evil's malevolent minions from
taking over the world.

taking over the world.

10:06 pm CITY ② ★%"Legend"
(1985, Fantasy) Tom Cruise. Elves
and a woodland boy save a princess
and a unicorn from the Lord of
Darkness and his goblins. ⓒ

Princeton Area Ghost Towns - The DVD



INCLUDES GST

Available at: Similkameen **News Leader**

www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

friday movies

MORNING

6:00 am SPIKE (44) ★★★"The Deep" (1977, Adventure) Jacqueline Bisset. New Yorkers go scuba diving in Bermuda and find morphine from

World War II on top of a Spanish galleon. (In Stereo)
7:00 am A&E (9) ****The Godfather, Part II" (1974, Drama) Al Pacino. Michael Corleone rules his father's griminal corpies with the father than the father's griminal corpies with the father than the father's criminal empire, while flash-backs recall young Vito's climb to

power, [6] bower, (E)
0:00 am CITY 29

*****Merican Graffiti" (1973,
Comedy-Drama) Richard Dreyfuss.
Four teens in 1962 California get a
final, nostalgic glimpse of innocence
before facing their postgraduation
lives. (E)

AFTERNOON

1:00 pm A&E (9) ****"The Godfather, Part II" (1974, Drama) Al Pacino. Michael Corleone rules his father's criminal empire, while flashbacks recall young Vito's climb to power. (E)

5:00 pm WTBS ③ ★★★"Tin Cup"
(1996, Comedy) Kevin Costner. A
curvy customer and a smarmy golfpro pal motivate a down-and-out Texas driving-range owner to try for

Texas driving-range owner to try for the U.S. Open.

A&E ③ ★★"Godfather Part III"

(1990, Crime Drama) Al Pacino.

Dignified Michael Corleone joins his wild nephew in a Sicilian vendetta involving the Vatican. [€]

6:00 pm CITY 29 ** "The Incredible Mrs. Ritchie" (2003, Drama) Gena Rowlands. Premiere. A troubled teenager takes a job as a handyman for a widow who believes her husband's spirit lives in her garden.

7:30 pm FAM 26 "High School Musical 2" (2007, Musical Comedy)
Zac Efron. A teenager befriends members of a wealthy family while working at a country club. (E)
8:00 pm KNOW [5] "The Moving Finger" (2006, Mystery) Geraldine McEwan. Miss Marple investigates when a writer sends a series of poison-pen letters to residents of a sleepy village. (E)
9:00 pm WTBS [3] ***Tin Cup" (1996, Comedy) Kevin Costner. A curvy customer and a smarmy golfpro pal motivate a down-and-out Texas driving-range owner to try for

curvy customer and a smarmy golipro pal motivate a down-and-out Texas driving-range owner to try for the U.S. Open.

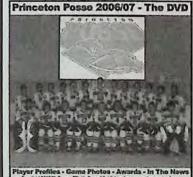
A&E ③ ★★"Godfather Part Ill" (1990, Crime Drama) Al Pacino. Dignified Michael Corleone joins his wild nephew in a Sicilian vendetta involving the Vatican. [E] 9:15 pm FAM [2] ★★"The Karate Kid" (1984, Action) Ralph Macchio. A New Jersey teen moves to California, meets builles and learns karate from a handyman, Mr. Miyagi.

10:06 pm CITY [2] "Sexual Revenge" (2005, Adult) Premiere. Sultry beauties demand complete satisfaction.

11:00 pm SPIKE [44] ★★"The Medallion" (2003, Action) Jackie Chan. Killed by a villain's henchmen, a Hong Kong detective comes back to life with supernatural abilities. (In Stereo)

EVENING

Princeton Posse 2006/07 - The DVD



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Over 400 Photos - Player Profiles - News Stories

If you have a favourite recipe you would like to share, contact us for details!

226A Bridge Street, Princeton

1. Prepare fresh pomegranate juice.* 2. Make glaze by combining pomegranate juice, orange juice, vinegar, parsley and mustard and half

of the fresh thyme, leaves only. 3. Rinse chicken; pat dry. Place on a roasting rack in a shallow pan; sprinkle with salt and pepper. 4. Use half of the glaze mixture to coat the chicken. 5. Place remaining thyme leaves in the chicken cavity with onion and orange. 6. Cover the chicken loosely with foil and roast for 30 minutes at 350°F. 7. Remove foil and coat chicken with the remaining glaze. 8. Increase oven temperature to 375°F and continue to bake. 9. Bake for 30 to 40 minutes or until a meat thermometer in the thigh of the chicken reads

* For 1 cup of juice, cut 2-3 POM Wonderful Pomegranates in half and juice them with a citrus reamer or juicer. Pour the mixture through

Nutrients Per Serving (8 oz.): 301 calories, 29g protein, 8g carbohydrate, 17g total fat (4g saturated), 89mg cholesterol, 437mg sodium,

THURSDAY, NOVEMBER 8, 2007

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
6	-	All-Family	News (N) 2nd Chnce	George S.	Body Elec. Thomas	News (N)	News (N)	Crossing Jordan 🖽	(5:00) News	News (N)	(4:30) News (N) [E]	CBC News: Morning	Gadget Viva Pinata	SportsCentr e 🖭	News (E)	Daily Planet	Henrys King (E)	Rachael Ray 🖭	Movie: "Ninja; The	F/X: The Series (E)
7	200	Temptation	Body Past Lives	Clifford	Barney Arthur (EI)	Today John Stamos; jew-	Show (N)	American Justice	Good Morning			(N) World Og Curious	Gross Robot Boy	SportsCentr e @	(NI) THE	Raw Nature		CityLine [6]	American Samurai" (1992)	Traders (6)
8	-60	Jeffersons Jeffersons	Room	(7:54) Hi-5 Bus	Curious	elry; Esther Blum; Giada De	Œ	American Justice	America (N)		100 Huntley Street @	Bo On Go	Pokemon	SportsCentr		Deadliest Catch	Weekend	Star Trek: Voyager (E)	Deep Space	Due South
9	AM	Sanford	Inside Box	Berenstain	Super Why!	Laurentiis. (N) 🖭	The 700	Cold Case Files (E)	Regis and Kelly	100 Huntley Street [ff]	World Vision	Busytown Lunar Jim (C) (DVS)	Flamingo Adrenalini	THE PERSON NAMED IN	Regis and Kelly	Daily Planet	Lloyd Feet	News (N)	Disorderly Con.	ET Canada
10	:30 AM	Harvey	Antique PoPQ (Live)		Dragon Sesame Street		Land of the second	CSI: Miami		World Vision	Room	Wilbur (E)	Viva Pinata Jane	Fishing Series of	The View		Tigger	Movie:	VJ.P. (ff)	What Videos
44	:30 AM	C-177	Playing	Pancakes Rolie Polie	Big World	Ellen	Young and	Crossing	Paid Prog.	Past Lives	House (10:59)	Doodlebop Martha	Erky Perky Jacob	Poker Series of	eTalk @	Beastly	Sprites Benj Bear	"Boys and Girls" (2000) (63	Deep Space	Videos The Nanny
11	:30 PM	Cosby Still Stnd	Homes News (N)	Olie (fi)	Sit-Be Fit Charlie	DeGeneres Show Paid Prog.	the Restless News (N)	Jordan (f) Crossing	Paid Prog.	House News (N)	News (N) 図 Days of our	Stewart News (N)	George S. SpongeBob	Poker NHRA Drag	TBA Degrassi	Countdown Frontiers of	(11:25) King (11:49)	CityLine 🗷	9 Star Trek:	Frasier Seinfeld
12	0.00	Still Stnd Fresh Pr.	That News Design	Scattering	Rose [#]	Paid Prog.	Bold & B.	Jordan (E)	Children (N) (E) One Life to	As the	Lives (N) As the	CBC News	Gross LazyTown	Racing: Auto Club of Southern	Bold & B.		Weekend Dragon	In Fashion	Voyager [ff] Star Trek:	Seinfeld Beverly
1	:30	Fresh Pr.	Vanity The Steve	Homes	Needle Art	Lives (N)	World Turns (N)	Justice	Live (N)	World Turns (N)	World Turns (N)	Dinner	Winx Club	Calif. Finals	Thomas: F.B.Eye	Humans- Quest	Emperor	Bravo! Fact	Voyager [#]	Hills, 90210
2	PM :30	King	Wilkos Show	Avventura Undersea	Word Lions	Millionaire Millionaire	Guiding Light (N)	American Justice	General Hospital (N)	Guiding Light (N)	Gulding Light (N)	Wind at My Back [ff]	Ruby	Interruptio	General Hospital (N)	Future Fantastic	(1:48) Weekend	Ellen DeGeneres Show	Star Trek: Voyager [6]	Fresh Pr. Family Guy
3	PM :30	12 112 5000	Big Screen Daily 10	Blue's Clues	Maya Arthur (EI)	Judge Judge	Dr. Phil 🔃	Cold Case Files (E)	Rachael Ray 🖽	Young and the Restless	Young and the Restless	Food Miracles	Team Neutron	Off-Record Sports	Dr. Phil @	How-Made How-Made	K. Possible Replace	News (N)	CSI: Crime Scn	Inside Box Vanity
4		Family Guy Family Guy	True Hollywood Story		Cyberchas Fetch! With	Judge J. Judge J.	Oprah Winfrey 🖽	CSI: Miami	Videos Inside	Oprah Winfrey 🖽	(3:59) News Global	Frasier 22 Minutes	SpongeBob El Tigre	Hockey	Daily Show Colbert	Daily Planet (N) 🔃	Emperor Proud	Friends Hollywood	CSI: Crime Sen	Big Screen Ad Pers
5	PM :30	Friends Friends	News (N)	Bear (5:37)	BBC World Business	News (N) NBC News	News (N) CBS News	CSI: Miami	News (N) ABC News	News (N) Global	(4:59) News (N) [E]	Simpsons Arrested	Being Ian Endurance	Hockey: Montreal Canadiens at	News (N)	Deadliest Catch	Suite Life Montana	Ugly Betty (N) (E)	CSI: Crime Scn	ET Canada What
6	PM :30	Movie: "Austin	Ad Pers News	Mentors Reach-Top	News- Lehrer	News (N)	News (N) Hollywood	The First 48	News (N)	News (N)	ET Canada Entertain	News (N)	SpongeBob Drake	Boston Bruins. [#]	News (N)	Dirty Jobs "Bell	Zoey 101 Sadie	Supernatur al (N) [E]	TNA iMPACT!	Family Guy Seinfeld
7	PM :30	Powers in Goldmember " (2002)	E! News Jeopardy!	Vultures: Carrion	Jack Benny: Comedy	Jeopardy! Fortune	Friends Scrubs	The First 48 (N) 谜	Entertain The Insider	Entertain ET Canada	Are You Smarter	Coronatn Who Do	Malcolm Fresh Pr.	SportsCentr e (Live) 旺	eTalk (E)	Wild	So Raven Smart Guy	Terminal City [6]	(N) (E	Seinfeld Frasier
8	PM :30	Seinfeld Frasier	You Smarter?	Gang History of Britain (N)	Mystery!	Name Earl 30 Rock	Survivor: China (6)	The First 48	Ugly Betty (N) 谜	Survivor: China (N)	Survivor: China (N)	The Nature of Things	Prank Ptrl Fries That?	In Corner	CSI: Crime Scn	"Mexico" Daily Planet	Suite Life Life Derek	News (N) (8:35) News	The Ultimate	Family Guy Married
9	PM :30		Movie: "Love	(9:05) Marie Antoinette	Passport	The Office (9:31)	CSI: Crime Scn	CSI: Miami	Anatomy	Are You Smarter	Shark (N)	China's Sexual	Futurama Pinky	Countdwn	Grey's Anatomy	Dirty Jobs "Bell	Montana Phil	(9:06) Jimmy	Fighter MANswers Sports	Seinfeld Seinfeld
10	PM :30	"Austin Powers in	Notes" (2007) Laura Leighton.	Œ (DVS)	Woodsongs	(10:01) ER "Blackout"	Without a Trace (N)	The First 48	Shots (N)	Shark (N)	News Hour Final (N)	National	Naruto Shadow	ESPN Ultimate	(N) (10:07) ER "Blackout"	Man vs. Wild	School	Kimmel (10:06) Movie:	Sports MANswers	Married Fresh Pr.
11	PM	" (2002) "Hair	News (N) Guy Stuff	(11:05) Canada's	Charlie Rose (N) (E)	(N) (E) News (N) Tonight	News (N)	The First 48	(11:35)	News (N)	Entertain ET Canada	(11:05) The	Tarrel 1	NASCAR SportsCentre (Live) [6]	(N) (E) News (N) News (N)	"Mexico" Deadliest Catch	Suite Life Life Derek	"Legend" (1985) Tom Cruise. [f]	The Ultimate	Frasier The Nanny

FRIDAY, NOVEMBER 9, 2007

	80.3	WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ	KREM 8	A&E	KXLY	BCTV	CITV	CBC	YTV ®	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE	TROP 45
	AM	All-Family	News (N)		14-14-14-15	News (N)	News (N)	Crossing	(5:00) News				Gadget	SportsCentr		Daily Planet		Rachael	Movie: "The	F/X: The
6	:30	All-Family	2nd Chnce	George S.	Bob Build	Œ		Jordan (#)	Œ	谣	(N) 🖽	Morning (N)	Viva Pinata	e 🖫	Canada AM	Œ	King @	Ray (f)	Deep" (1977)	Series [ff]
	AM	Temptation	Body	Clifford	Barney	Today Billy	The Early	Movie: "The	Good		1	Arthur (ff	Grossology	SportsCentr	(N) Œ	Untamed	K. Possible	CityLine (ff)		Traders
7		Temptation		Dora	Arthur (EI)	Services was read to	Show (N)	Godfather,	Morning		. 2	Curious	Yu-Gi-Oh!	e 🔢		North	(7:24)		Bisset, Nick	"Spin" 🔃
75.0	AM	Jeffersons	Room	(7:54) Hi-5	Curious	James Brady;	Œ	Part II" (1974,	America (N)		100 Huntley	Bo On Go	Pokemon	SportsCentr		America MythBuster	Weekend	Best!	Nolte.	Due South
8	-	Jeffersons	Vanity	Bus	Clifford	Margaret		Drama) Al			Street [#]	Busytown	Flamingo	e 🔢	1	s Œ	Lloyd	NewMusic	Sports	偃 (DVS)
	17.2	Sanford	Inside Box	Berenstain		Russell; Fats Domino. (N)	The 700	Pacino, Robert	Regis and	100 Huntley	World	Lunar Jim	Adrenalini	Off-Record	Regis and	Daily Planet	Feet	News (N)	Disorderly	ET Canada
9	22.00	Sanford	Antique	(9:32)	Dragon	Œ	Club III	Duvall,	Kelly	Street 🖽	Vision	匠 (DVS)	Viva Pinata		Kelly	Œ	Tigger	City	Con.	What
				(9:57)	Sesame		The Price Is	Diane Keaton (60)	The View	Fighting for	Room	Wilbur (E)	Jane	Billiards:	The View	Greatest		Movie:	Disorderly	Videos
0	4000	Harvey	Œ	Pancakes	Street (EI)		Right (N)		(N) Œ	Canada	House	Doodlebop	Erky Perky	2007 World	(N) (E)	Ever (#	JoJo	"American	Con.	Videos
		Cosby	Playing	Rolie Polie	Big World	Ellen	Young and	Crossing	Paid Prog.	Past Lives	(10:59)	Martha	Jacob	Pool Trickshots.	eTalk (ff)	Machines	Benj Bear	Graffiti" (1973)	Disorderly	The Nanny
11		Cosby	Homes	Olie Œ	Sit-Be Fit	DeGeneres	in the case of the case of the	Jordan (Paid Prog.	House		Stewart	George S.	(Taped)	TBA	How Do	(11:25) King	Richard	Con.	Frasier
	10000	Still Stnd	News (N)	History	Charlie	Show Paid Prog.	News (N)	Crossing	All My	News (N)	Days of our	News (N)	SpongeBob	Triathlon	Degrassi	A STATE OF THE STA	(11:49)	Dreyfuss.	Disorderly	Seinfeld
2	-	Still Stnd	That News	Edge	Rose [f]	Paid Prog.	Bold & B.	Jordan (Children	EE (14)	Lives (N)	CBC News	Grossology	Traumon	Bold & B.	s E	Weekend	CityLine (f)	Con.	Seinfeld
			Design	SportFish	Painting	Days of our	As the	Mania PTh	(N) Et	As the	As the	Living	Charles and	In Corner	Sue	Dirty Jobs		CityLine (4)	Disorderly	Beverly
1	39.07	Fresh Pr.		Router	Scrapbook	Lives (N)	World	Godfather,	Live (N)	World	World	Dinner	LazyTown Winx Club	UEFA	Thomas:	"Bell	Dragon	Word	Con.	Hills, 90210
		Fresh Pr.	Vanity	The state of the state of		N#1111	Turns (N)	Part II"		Turns (N)	Turns (N)			Champs	FBEye	Maker"	Emperor		C: m :	
2	350	King	The Steve Wilkos	Dotto Tech	Word	Millionaire	Guiding Light (N)	(1974, Drama) Al	General Hospital (N)	Guiding Light (N)	Guiding Light (N)	Wind at My Back [#]	Ruby		General Hospital (N)	Man vs. Wild	(1:48)	Ellen DeGeneres	Star Trek: Voyager (tt)	Fresh Pr.
-	.00	King	Show	Working	Lions	Millionaire	团	Pacino,		Œ	团		Flamingo	Interruptio		"Mexico"		Show		Family Guy
3	100	Friends	Big Screen	Blue's Clues	1000	Judge	Dr. Phil @	Robert Duvall,	Rachael Ray [6]	Young and the Restless	Young and the Restless	Food	Team	With the Paris	Dr. Phil 😢	How-Made		News (N)	CSI: Crime Sen	100000000000000000000000000000000000000
0		Seinfeld	Daily 10	10		Judge		Diane				Miracles	Neutron	Sports			Replace			Vanity
Л		Family Guy		Dora		Judge J.	Oprah Winfrey (#)	Keaton, [ff]	Videos	Oprah Winfrey (#)	(3:59) News	7272	SpongeBob	Hockey	Daily Show	Daily Planet (N) 🖾	achiavo.	Friends	CSI: Crime Scn	12.1
4		Family Guy	Story	(4:35) Little Bear (Fetch! With				Inside		Global	Air Farce	El Tigre	NHL Hockey:	Colbert		Proud	Hollywood		Ad Pers
E	PM	Movie: "Tin Cup" (1996,	News (N)	Deat (6)	BBC World	News (N)	News (N)	Movie: "Godfather	News (N)	News (N)	(4:59) News (N) (E)	Simpsons	The Fairly OddParents	Toronto	News (N)	Canada's Worst	Suite Life	Men in Trees (N)	CSI: Crime Sen	
5	:30	Comedy)	(E)	(5:37)	Business	NBC News	CBS News	Part III"	ABC News	Global	(11) (8)	Arrested	Timmy gets	Maple Leafs at Buffalo	CED .	Driver	Montana	Œ	SCII	What
0	PM	Kevin	Ad Pers	Amazon	News-	News (N)	News (N)	(1990,	News (N)	News (N)	ET Canada	News (N)	a special	Sabres. [News (N)	Mammals vs. Dinos	Montana	Movie: "The Incredible		Family Guy
6	:30	Costner, Rene Russo.	News	Creatures	Lehrer	College	Hollywood	Crime Drama) Al	News (N)	CE)	Entertain	CEL .	gift.		THE STATE OF THE S	(N)	Suite Life	Mrs.	Night	Seinfeld
my	PM		E! News	Canada's	Wash Wk	Basketball: E. Wash. at	Friends	Pacino,	Entertain	Entertain	Friday	Coronata	Hawks	SportsCentr	eThik (tt	Against All	Cory	Ritchie"		Seinfeld
7	:30	Frasier	Jeopardy!	War in Colour	McLaughlin	Wash. St.	Scrubs	Diane Keaton,	The Insider	ET Canada	Night Lights (N)	Antiques	Team	e (Live) @	Hollywood	Odds (N)	Movie:	(2003) 🖭		Frasier
6	PM	Seinfeld	Deal or No	Movie: "The	Foreign		Ghost	Talia Shire.	Men in	NUMB3RS	NUMB3RS	Air Farce	Naruto		Ghost	Daily Planet	"High School	News (N)	World	Family Guy
8	:30	Frasier	Deal (N)	Moving Finger"	NOW (N)	Deal No	Whisperer (N)	Œ	Trees (N)	"Primacy"	"Primacy"	Mercer	Avatar	Off-Record	Whisperer (N)	@		Party	Cyber Games (N)	Married
-	PM	Movie: 'Tin	Women's	(2006,	1995 C 20 20 20 20 20 20 20 20 20 20 20 20 20	Friday	Moonlight	Movie:	Women's	Friday	Las Vegas	Torchwood	Futurama	Billiards:	Moonlight	Against All	(9:15)	(9:06)	MXC (E)	Seinfeld
9	:30	Cup" (1996, Comedy)	Murder	Mystery) (#)		Night Lights (N)	"The Ringer"	"Godfather Part III"	Murder Club	Night Lights (N)	(N) (E	(N) (E)	Gundam	2007 World Pool	"The Ringer"	Odds	Movie: "The Karate Kid"	Jimmy Kimmel	MXC 🖽	Seinfeld
		Kevin	20/20 (N)	Sherlock	Monterey	Las Vegas	NUMB3RS	(1990) Al	(10:02)	Las Vegas	News Hour	National	Death Note	Trickshots.	Without a	Mammals	(1984,	(10:06)	Game	Married
0	:30	Costner, Rene Russo.	Œ	Holmes	Pop: Summer	(N) (CI)	"Primacy"	Pacino, Diane	20/20 (N)	(N) (E)	Final (N)		Bleach		Trace (N)	vs. Dinos	Action) Ralph	Movie: "Sexual	Game	Fresh Pr.
05	PM	Kelle Russo.	News (N)	Country	12000	News (N)	News (N)	Keaton.	News (N)	News (N)	(11:03)		Eureka 7	SportsCentr	News (N)	Canada's			Movie: "The	Frasier
0.40	3 600			The second second	Limits (N)	MARKET AND A	The Country of the Co		(11:35)	(EE)	ECW (E)	Hour [e (Live) [E]	THE PERSON NAMED IN	Worst		(2005,	Medallion"	

Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

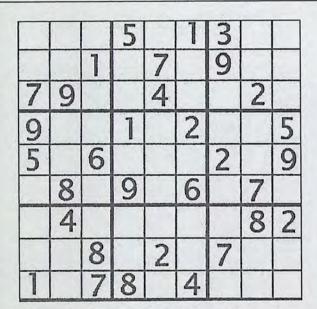
HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #37 - Rated Easy

7	8		3		4		5	2
4				1		3,01		6
			2		5			
		3				8		
	2		7	5	1		9	
9		6				1		5
			9		7			,
2				3				9
6	9						1	4

CHALLENGE #38 - Rated Hard



THIS WEEK'S SOLUTIONS: Page 20

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saturday movies

MORNING

9:00 am WTBS ③ ★★"Dickle Roberts: Former Child Star" (2003, Comedy) David Spade. Hoping to make a comeback, a man stays with a suburban family to present the lead to be not believed. pare for the lead role in a Rob Reiner

11:00 am WTBS 3 **%"Eight
Legged Freaks" (2002, Science
Fiction) David Arquette. Toxic waste
produces a horde of giant spiders
that terrorizes residents in a small Arizona town.

AFTERNOON

12:00 pm A&E (9) * * "Mannequin"
(1987, Comedy) Andrew McCarthy.
A Philadelphia window dresser woos
a mannequin brought to life by the
spirit of an ancient princess. [6]
FAM (26) * * * "Double Teamed"
(2002, Drama) Annie McElwain. Twin
sisters Heather and Heidi Burge
develop a budding rivalry in high
school and make it to the WNBA. [6]
1:00 pm WTBS [3] * * % "Judge
Dredd" (1995, Action) Sylvester
Stallone. An archcriminal escapes in
22nd-century New York and seeks
revenge on the lawman who sent
him to prison.

him to prison.

CITY 29 ***"Titan A.E." (2000, Science Fiction) Voices of Matt Damon. Premiere. Animated. After

Damon. Premiere. Animated. After an alien race destroys Earth, teens follow a map to a mysterious "earthship" that may save mankind.

1:33 pm FAM ② *%"One Small Hero" (1999, Adventure) Nathan Kiley. A diminutive but determined boy secretly follows along after failing to qualify for a wilderness camping trip.

2:00 pm A&E ⑨ *** "Erin Brockovich" (2000, Drama) Julia Roberts. A law clerk researching a client's health case stumbles on a cover-up of a contaminated water supply in a desert town.

SPIKE ④ ** "Next of Kin" (1989, Crime Drama) Patrick Swayze. A Chicago policeman and

his rural-Kentucky brother hunt a mob enforcer for killing their brother.

(In Stereo)
4:00 pm YTV (IB) ** "Rugrats Go
Wild" (2003, Comedy) Voices of
Bruce Willis. Animated. The toddlers
meet the Thornberry family after an
accident leaves them stranded on a

accident leaves them stranded on a tropical island. (In Stereo) © CITY 29 ** *"Zoolander" (2001, Comedy) Ben Stiller. A supermodel befriends a rival while becoming mixed-up in a brainwashing and assassination plot. © 4:30 pm SPIKE 44 **Road House" (1989, Action) Patrick Swayze. Hired to tame a rowdy Missouri bar, a Ph.D. bouncer romances a doctor and tames the whole town. (In Stereo) 5:00 pm WTBS 3 ** *"Outbreak" (1995, Suspense) Dustin Hoffman. An Army doctor fights the spread of a deadly virus brought into the United States by an African monkey.

African monkey.

A&E (9) ***"Bridget Jones's Diary" (2001, Romance-Comedy) Renée Zellweger. An outrageous British woman decides to take control of her life, but instead falls for two very different men.

EVENING

7:30 pm WTBS 3

***"Sleepers" (1996, Crime
Drama) Kevin Bacon. A DA and a
reporter fix the trial of childhood pals

reporter fix the trial of childhood pals who killed a sadistic guard they all knew as teens in a detention center.

8:00 pm CHBC (4) "The Secret of Hidden Lake" (2006, Suspense) Rena Sofer. A woman returns home to Colorado to learn her father's hunting accident was intentional.

KSPS (6) *** "The Longest Day" (1962, War) John Wayne. Allied forces prepare for and participate in the D-Day invasion of Normandy in World War II.

YTV (18) ** "The Great Outdoors" (1988, Comedy) Dan Aykroyd. A Chicago man and his family go camping with his obnox-

ious brother-in-law and his family. (In Stereo) 65

9:00 pm A&E ① ***Bridget
Jones's Diary" (2001, RomanceComedy) Renée Zellweger. An outrageous British woman decides to
take control of her life, but instead
falls for two very different men. EE
FAM ② ***Dancer, Texas"
(1998, Comedy) Breckin Meyer.
Premiere. Four teens rile residents
of a tiny town off Highway 91 with
their decision to relocate in Los
Angeles.
CITY ② ***Shaft" (2000,
Action) Samuel L. Jackson. A detective and a narcotics cop track a
sociopath out to kill a woman who
can testify that he committed murder.

[EE]

10:53 pm FAM ② "My Brother The

10:53 pm FAM 26 "My Brother The Pig" (2000, Comedy) Scarlett Johansson. When a spell turns an 8-year-old boy into swine his sister and

year-old boy into swine his sister and best friend race to find the cure.

11:00 pm CITY 29

** **Darkman" (1990, Horror) Liam Neeson. An acid-scarred scientist uses 99-minute masks to be with his girl-friend and trap gangsters.

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sunday movies

MORNING

8:00 am WTBS 3 ** %"Eight Legged Freaks" (2002, Science Fiction) David Arquette. Toxic waste produces a horde of giant spiders that terrorizes residents in a small

Arizona town.

A&E (9) ***Erin Brockovich"
(2000, Drama) Julia Roberts. A law
clerk researching a client's health
case stumbles on a cover-up of a
contaminated water supply in a
desert town.

10:00 am WTBS 3 **%"Judge
Dredd" (1995, Action) Sylvester
Stallone. An archcriminal escapes in
22nd-century New York and seeks
revenge on the lawman who sent

him to prison.

11:30 am SPIKE A ** %"Next of Kin" (1989, Crime Drama) Patrick Swayze. A Chicago policeman and his rural-Kentucky brother hunt a mob enforcer for killing their brother. (In Stereo)

AFTERNOON

:00 pm WTBS 3

**"Outbreak" (1995, Suspense)

Dustin Hoffman. An Army doctor
fights the spread of a deadly virus
brought into the United States by an African monkey.
FAM 26 "The Brainlacs.com"

(2000, Comedy) Kevin Kilner. To give his father a vacation, a boy concocts a scheme to buy control of his father's toy company.

1:42 pm FAM 26 "Just Like Dad" (1996, Comedy-Drama) Wallace Shawn. A nerd's bullied 12-year-old son hires a macho guy to pose as his dad at a father/son picnic. E2 2:30 pm WTBS 3 ** ** "Sleepers" (1996, Crime Drama) Kevin Bacon. A DA and a reporter fix the trial of childhood pals who killed a sadistic guard they all knew as teens in a detention center.

4:00 pm YTV [8] ** **Racing Stripes" (2005, Comedy) Bruce Greenwood. A former horse trainer prepares his daughter to race a baby zebra against Thoroughbreds. (In Stereo) (£2)

5:00 pm WTBS (3) ** ** "What Women Want" (2000, Romance-Comedy) Mel Gibson. A freak accident gives a Chicago advertising executive the ability to read women's minds.

EVENING

6:00 pm YTV (B) ** % "Because of Winn-Dixle" (2005, Drama) Annasophia Robb. Premiere. A Florida girl and her canine pal befriend misfit souls and begin to soften her father's brittle exterior. (In

Stereo) (E)
CITY (29) *** *"The Interpreter"
(2005, Suspense) Nicole Kidman.
Premiere. A Secret Service agent is suspicious of a U.N. translator who overheard a plot to assassinate an African leader. (E)
7:30 pm WTBS (3) ** *"What Women Want" (2000, Romance-Comedy) Mel Gibson. A freak accident gives a Chicago advertising executive the ability to read women's minds.
8:00 pm CBC (3) ** *"Johnny English" (2003, Comedy) Rowan Atkinson. A bumbling British agent tries to find a French billionaire who has stolen the crown jewels. (E)
9:00 pm FAM (26) ** * * "Breaking Free" (1995, Drama) Jeremy London. A troubled teen saves a starving stallion and helps an athlete find her competitive spirit at a training camp for the blind. (E)
10:00 pm WTBS (3) ** *"True Blue" (1996, Drama) Johan Leysen. Tension and discord surrounds members of Oxford's rowing team as they train to avenge an embarrassing loss to Cambridge.

SPIKE (44) * * * "The Negotiator" (1998, Suspense) Samuel L. Jackson. Premiere. A framed police negotiator takes hostages and demands to speak with a counterpart from another precinct. (In Stereo)
10:50 pm FAM (26) "Stuck in the

with a counterpart from another precinct. (In Stereo)

10:50 pm FAM ② "Stuck in the Suburbs" (2004, Comedy-Drama)

Danielle Panabaker. Two friends set out to reveal the true persona of a pop star whose flashy image was manufactured by his record company.

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SATURDAY, NOVEMBER 10, 2007

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV 18	TSN 19	VTV	DISC 24	FAM 26	CITY 29	SPIKE	TROP 45
-		In the Heat	News (N)	Babar 🕮	Desert		(5:00)	Sell House	Good	Fishing	Fishing	Poko	Gadget	SportsCentr	OWL/TV	Machines	Overdrive	About You	Disorderly	Fish TV
6	:30	of the Night	Body	Paddington	Fly Tying	(N) (E	Saturday Early Show	Sell House	Morning America	Hunter	Fishin	Doodlebop	Flamingo	e (III)	Kingdom	How Do	Overdrive	Dharti	Con.	Paid Prog.
-	AM	In the Heat	Design	Dora	MotorWeek	News (N)	Care Bears	Sell House	Good		News (N)	Bo On Go	Robot Boy	Fishing	Katie-Orbie	Mammals	Yin Yang	Eye on Asia		Ellen (@)
-	:30	of the Night	Antique	Clifford	Lassie		Strawberry	Spender	Morning Northwest		(E)	Pinky	Grossology	Motoring	Hobo	vs. Dinos	(7:20) Pucca		Con.	Mad Abt.
0	AM	Videos	Vanity	George S.	Building		Cake [E	Design	Saturday			Wilbur [6]	SpongeBob	Timber	Good	Against All	The second secon		Disorderly	Grace
8	:30	Videos	GetUpGrow	Bus	Hometime		Horseland	Design	(C)	1		Goldfish	OddParent	Score Golf	Morning Canada [6]	Odds	(8:43) Zoey	Studio [6]	Con.	The Nanny
0	AM	Movie:	Foodies (N)	(9:02)	Workshop		Sushi Pack	Sell House	So Raven		Driving TV	Gymnastics	Phantom	Bowling	Cumut (je)	How-Made	Cory	Speakers	Hrsepwer	Seinfeld
9	:30	"Dickie Roberts:	Biker TV	Upside	Old House		Dino	Sell House	So Raven		Fins Skins		Fantaste 4			How-Made	So Raven	CityLine [[]]	MuscleCar	Seinfeld
	AM	Former	Big Coast	Lilly (E)	Ask This	Jacob	Ultimate	Flip This	Montana	Fishn	Energy TV		Hawks	Special	Amnesty	Mayday	Phil		Xtreme 4x4	Family Guy
10	:30	Child Star"	Paid Prog.	(10:35)	Americas	Dragon (EI)	Blackjack Tour	House (ff)	Suite Life	Fins Skins	CEO TV	Equestrian:	Tn-Titans	Olympics Day on TSN	Justice	"Fog of War"	Wizards	Real Invest	Trucks! (N)	Family Guy
	AM	Movie:	The Soup	Rolie Polie	Complete	Paid Prog.	Action	Flip This	NASCAR	Fishing	Fishing	Royal Winter Fair	Legion	(Live) Œ	PLAN	Greatest	School	Chum	Sports	Videos
11	:30	"Eight Legged	Daily 10	Big World	Chefs	College	Sports	House [6]	Cougar	CEO TV	Big Coast	Winter Fair	Team		Canada (Ever [6]	Suite Life	Chart [E]	Sports	Videos
	PM	Freaks"	Simple Life	Macphee	Ming	Football: Air Force at	Football	Movie:	Football	News (N)	Malcolm	NHL	Pokemon	Chopper	Daily Planet	Frontiers of	Movie:	MuchOnDe	UFC Fight	Friends
12	:30	(2002)	Simple Life	Planet	Garden	Notre Dame.	College	"Mannequin " (1987)	College	Œ	Seinfeld	Hockey: Montreal	Yu-Gi-Oh!	Chall.	(EE)		"Double Teamed"	mand @	Night	Friends
-	PM	Movie:	Full House:	Avventura	Painting	(Live) (Football: Auburn at	Andrew	Football: Teams to Be	Energy TV	Seinfeld	Canadiens at	Cybertron	NASCAR	Living Life	Dirty Jobs		Movie:		Beverly
1	:30	"Judge Dredd"	The E! True Hollywood	Entrada	Donnas		Georgia.	McCarthy.	Announced.	Seinfeld	Simpsons	Ottawa Senators.	Idaten	Racing: Busch Series	Luxury		(1:33)	"Titan A.E." (2000)		Hills, 90210
	PM	(1995)	Story @	Pan Asia	Antiques		(Live) @	Movie:	(Live)	Seinfeld	Simpsons	(Live)	The Fairty		Car	Mayday	Movie: "One Small		Movie:	Deal or No
2	:30	Sylvester Stallone.		Dotto Tech	Roadshow			"Erin Brockovich"		Simpsons	Simpsons		OddParents Timmy gets	Arizona.Trav	Wild	"Fog of War"	Hero"	Matt Damon.	"Next of Kin" (1989)	Deal (E)
	PM	King	Celeb.	Dora	Europe	Paid Prog.		(2000,	. 3	Simpsons	Family Guy	Sat. Report	a special	(Live) (6)	MTV	How-Made	Lizzie	News (N)	Patrick	Survivor:
3	:30	Seinfeld	Bodies	Go Diego	Animal	Friend		Drama) Julia Roberts,		Simpsons	Family Guy	HNIC	gift.		Shuffle (#	How-Made	Cory	FashionTel	Swayze, Liam	Marquesas
-	PM	Family Guy	Celeb.	Zoboomafo	Wild!	Penguins	Access	Albert	Coach	Family Guy	Family Guy	NHL	Movie:	Sports	Twice in a	Greatest	Suite Life	Movie:	Neeson.	Family Guy
4	:30	Family Guy	Bodies	o 🕮 (DVS)		Veggle	Hollywood (N)	Finney. [E	News (#)	Family Guy	Global	Hockey: New York	"Rugrats Go Wild" (2003)	The	Lifetime [#]	Ever @	Proud	"Zoolander" (2001) Ben	Movie:	Family Guy
	PM		News (N)	Princess	Summer	News (N)	Nevs	Movie:	College	Family Guy	(4:59) News	Rangers at	Comedy) [8]	Contender (N) &	First Story	Dirty Jobs	K. Possible	Stiller. @	"Road House"	Friends
5	:30	"Outbreak" (1995)	Sports	George S.	Keep Up	NBC News	CBS News	"Bridget Jones's	Football: Teams to Be	Global	House	Toronto Maple Leafs	1	NBA	First Story	Œ	Montana		(1989)	Friends
	PM	Dustin	That News	Meerkat	Lawrence	News (N)	News	Diary"	Announced.	News (N)	Andromeda		Prank Ptrl	Basketball: Toronto	News (N)	Extreme	Sadie	Chuck (ff)	Patrick Swayze.	Seinfeld
6	:30	Hoffman, Rene Russo.	What	Wild	Welk Show	Raymond	Scrubs	(2001) 団	(Live) 🖭	Œ	Œ		Ghost	Raptors at	Œ	Machines (N)	Flight 29		The	Seinfeld
	PM			Search-Soul	Time Goes	Jeopardy!	Cold Case	A&E		Andromeda	Andromeda		Adrenaline	Chicago Bulls. (Live)	W-FIVE (tt	Angel	So Raven	Cover	Ultimate Fighter	Family Guy
7		Movie:	Wild Card		My Family	Fortune	Œ	Rocks: Bon Jovi		(E)	Œ	Hockey: Edmonton	Mystery	Œ	(DVS)	Angel	(7:22) Zoey	Bravo! Fact	TNA Road	Family Guy
_	PM	461	Movie: "The		Movie: "The		CSI: NY E	*****		Andromeda		Oilers at			CSI: NY (E)	MythBuster	Life Derek	News (N)	TNA	That News
8		Kevin	Secret of Hidden	Œ	Longest Day" (1962,	Woman 📧		Simmons	Explorer	Œ	Murder "Necklace"	Calgary Flames.	Great Outdoors"	e (Live) 🖫		s Œ	Montana	SexTV (E)	iMPACT!	What
		Dacon	Lake"	Midsomer	War) John	Chuck [ff]	Criminal	Movie:	Edition	Blue	Time-	(Live) [t]	(1988) GE	ESPN	Whistler (tt	Dirty Jobs	Movie:	Movie:		Deal or No
9		Niro.	(2006)	Murders "Garden of	Wayne, Robert	-	Minds @	"Bridget Jones's	The Insider	Murder "Necklace"	Bombs		0	Ultimate NASCAR	(DVS)	Œ	"Dancer, Texas"	"Shaft" (2000)		Deal [E
		King	THS	Death"	Mitchum.	Law &	48 Hours	Diary"	Entertainm	Time-	News (N)	After Hours	Smallville	The explo-	Law &	Angel		Samuel L.	Need for	Friends
10		Seinfeld	Kidnapping			Order: SVU	Mystery [(2001) 匪	ent Tonight	Bombs	Driving TV	News [6]	Œ	sion. 🖭	Order: SVU	Angel	Movie Ent	Jackson. [#	Speed	Friends
		24 🔃	True	From the	Red Green	News (N)	News (N)	A&E	News (N)	News (N)	(11:02) J.R.	Hockey	Adrenaline	SportsCentr	News (N)	Extreme	(10:53) "My		TNA Road	Seinfeld
			Hollywood	Heart			The second second second	Rocks: Bon	The second second second			Night		e (Live) @		Machines	Brother The	"Darkman"		

SUNDAY, NOVEMBER 11, 2007

		WTBS	CHBC	KNOW 5	KSPS 6	KHQ 7	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC	YTV ®	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
	AM .	Animal R.	Pioneers	Babar 🕮	Berenstain	Today (N)	Discover	Private	Good	Is Written	Hunter	Franklin	Gadget	CFL	Kingdom	Extreme	Overdrive	Mix TV	Trucks!	Fish TV
6	:30	Ultimate	Taste	Paddington	Cliff Pup	Œ	Discover	Sessions @	Morning America	Fishful	Big Coast	Nanalan'	Jane	Countdown	Kids	Machines	Overdrive		Trucks!	Paid Prog.
	AM :	Stars	Design	Dora	Noddy	News (N)	CBS News	A&E	News (N)	Foodies (N)	Canada	Doodlebop	Winx Club	Reporters	Good	Real Super	Yin Yang	Eye on Asia		Ellen 🔃
7		Videos	Antique	Clifford	Word	(E)	Sunday Morning	Rocks: Bon Jovi	Œ	Canada	Is Written	CBC News	Ruby	Reporters	Morning Canada (ff)	Humans- Quest	(7:20) Pucca		Ultimate Fighter	Mad Abt.
	AM	Movie:	Vanity	George S.	Jakers	Meet the	(N) (E)	Movie:		News (N)	TribalTrail	Sp.	Neutron	Sunday	Canada (se	Future	Suite Life	(7:59) A	Hrsepwer	Grace
8		"Eight	Powerboat	Bus	Mama	Press (N)	Nation	"Erin Brockovich"		Œ	Marriage		Flamingo	NFL	91	Fantastic	(8:43) Zoey	Day of Remembran	MuscleCar	The Nann
	Contract of	Legged Freaks"	Neighborho	(9:04)	Wishbone	Jane	NFL Today	(2000,	This Week		Hour of	Heart	OddParent	(Live) [E]	PLAN	Funniest	Cory	Festival	Xtreme 4x4	Seinfeld
	:30	(2002)	ođ	Upside	College	Paid Prog.	(Live) 図	Drama) Julia			Power 🖽	CFL Pre	Viva Pinata		Canada 🖽	Animals	Co Dover	Italiano di	Trucks!	Seinfeld
	33.565	Movie:	News	(10:04) Lilly	Exposé	Paid Prog.	NFL	Roberts, Albert	George Paid Prog.	Driving TV	Listen Up	CFL	SpongeBob	Women's	NFL	Sci-	Phil	Johnny Lombardi	Disorderly	Frasier
0		"Judge	Marriage	(10:39)	European	Paid Prog.	Football:	Finney.	NBA Acc	McCardell	Foodies (N)	Football:	Grown Up	Hockey: U-	Football:	Superman	Wizards	(In Italian)	Con.	Frasier
	200	Dredd" (1995)	Gastineau	Rolie Polie	Presidential	Paid Prog.	Denver Broncos at	Dallas	Paid Prog.	Remem	Energy TV	East Division	iCarly [4]	18 Nat'l Champ.	Teams to Be Announced.	Real Super	School	Far From	Hrsepwer	Videos
11	-00	Sylvester	Gastineau	Madeline	Debate [f]	Paid Prog.	Kansas City	SWAT @	Paid Prog.	Listen Up	Driving TV	Semifinal -	Drake		(Live) Œ	Humans-	Suite Life	Home:	Movie:	Videos
	0.10	Stallone. Movie:	Goldie &	Mechanics		Paid Prog.	Chiefs. (Live) @	Dallas	Countdown	News (N)	Malcolm	Teams TBA.	Unfabulous	NASCAR		Quest Future	Movie: "The	Sam's Army	"Next of	Friends
12	:30	"Outbreak"	Kate: The	(12:35)	Presidential	Paid Prog.		SWAT E	NASCAR	Œ	Seinfeld	-	Naked	Racing:		Fantastic	Brainiacs.co	202	Kin" (1989) Patrick	Friends
		(1995) Dustin	E! True Hollywood	Reach-Top	Debate 🖫	College	NFL	The	Racing:	Big Coast	Seinfeld		Fries That?	Nextel Cup - - Checker	Sports	Canada's	m" (2000)	World	Swayze,	Beverly
1		Hoffman,	Story (N)	Wild		Basketball:	NFL	Execution	Nextel Cup - - Checker	Seinfeld	Simpsons	CFL	Academy	Auto Parts	VIP	Worst	(1:42)	Poker Tour	Liam Neeson.	Hills, 9021
	PM	Rene Russo.	101 Sexiest	1000	All	Montana at Gonzaga.	То Ве	of Wanda Jean 🖾	Auto Parts	Seinfeld	Simpsons	Football:	Mystery	500. From Phoenix	Remembran	Driver How-Made	Movie: "Just	Œ	CSI: Crime	Deal or No
63	5.75000	Movie:	Celebrity	Nature 📧	Creatures	(Live)	Announced		500. (Live)	Simpsons	Simpsons	West Division	Ghost	International	ce Day	How-Made	Like Dad" (1996)		Sen	Deal @
	FIRE	"Sleepers"	101 Sexiest	Dora	Consumer	Fortune	Discover	Cold Case		Simpsons	Family Guy	Semifinal -	Adrenaline	Raceway in Avondale,	Beyond	MythBuster	W-U	News (N)	CSI: Crime	You
2	0.00	(1996) Kevin	Celebrity	Go Diego	Vic. at Sea	Paid Prog.	Discover	Files (#		Simpsons	Family Guy	leams IBA.	Prank Ptri	Ariz.	Corner Gas	s 🔃	Shawn. Cory	FashionTel	Sen	Smarter?
	100,000	M 100 7 7 10	101 Sexiest	Zoboomafo	Chronicles	Football	Extra (N)	Cold Case		Family Guy	100000000000000000000000000000000000000		Movie:		Question	Earth to	Suite Life	Blood Ties	CSI: Crime	Extreme-
4	-30	Robert De Niro.	Celebrity	o Œ (DVS)	Hometime	Night	Œ	Files (ff)	Ebert	Family Guy			"Racing	Football	Period [#]	Mars	Proud	Psychic.	Sen	Home
	40.00	Movie:	News (N)	Princess	Workshop	(5:15) NFL	News (N)	The First 48	News (N)	Family Guy	(4:59) News	Coronatn	Stripes" (2005,	(5:15) NFL	W-FIVE @	Egypt	K. Possible	Chris	CSI: Crime	Friends
lin.	200	William	Ad Pers	George S.	Old House	Football:	CBS News	EED .	ABC News	Global	Mysteries	Coronatn	Comedy) [(DVS)	Untold	Montana	Speakers	Sen	Friends
		Women Want"	That News	From the	Heartbeat	Indianapolis Colts at San	News (N)	The First 48	News (N)	News (N)	King of Hill	Coronatn	Movie:	Indianapolis Colts at San	News (N)	"Curse of King Tut"	Sadie	Movie: "The	CSI: Crime	Coreys
6	:30	(2000) Mel	What	Heart		Diego		"Silenced"	Ebert	(6)	Kink	Coronatn	"Because of	Diego	(EE)	ON	Flight 29	AND THE RESIDENCE OF THE PARTY	Sen	Match Ups
	Track.	Gibson, Helen Hunt.	Tribute	Remembran	Nature (N)	Chargers.	60 Minutes	The	Videos	King of Hill	Brothers &	Coronatn	Winn-Dixie" (2005)	Chargers. (Live) [f]	Cold Case	MythBuster	127	(2005) Nicole	CSI: Crime	Tube Tales
7	100000	Movie:	Bands (N)	ce	图 (DVS)		Œ	Sopranos	Videos	Kink	Sisters (N)	Marketple	Annasophia	,	(N) (E	s (tt)	(7:22) Zoey	Kidman.	Sen	What
	PM	"What	Extreme-	The Royal	Masterpiece		Cold Case	"Unidentifie d Black	Extreme-	Simpsons	Simpsons	Movie:	Robb.		The	Earth to	Life Derek	Premiere.	CSI: Crime	That News
8	1,000	Women Want"	Home	(N) 🖽	Theatre	Best Zags	(N) 🖾	Males; Cold	Home	100000000000000000000000000000000000000	King of Hill	"Johnny	Game	Sports	Amazing	Mare	Montana	News (N)	Scn	What
	PM	(2000) Mel	Dr. 90210	New Tricks	Art-	Dateline	Cold Case	Cuts" (E	Desperate		Family Guy	English	Falcon	Hockey:	Race 12 Desperate	Egypt	Movie:	Party	CSI: Crime	Deal or No
9	1000	Gibson, Helen Hunt.	(E)	(N) (E)	Century	NBC 🖭	(N) (EI	(9:29) The	Housewives	Amer Dad	Amer Dad	Rowan	Beach	2007 World	Housewives	Untold	"Breaking	World	Sen	Deal (ff)
	-2.554	Movie:	True	Search-Soul	Independen	CSI: Miami	Shark (N)	First 48 🖭	(10:01)	(10:01)	News (N)	Atkinson. CBC News:	Weird	Junior A Challenge.	Law Order:	"Curse of King Tut"	Free" (1995)	Poker 10m	Movie: 'The	Friends
10	:30	"True Blue"	Hollywood		t Lens 📧	"Darkroom"	(III)	(10:29) The	Brothers &	Brothers &	Can Files	Sun.	Fries That?	(Taped)	CI		Movie Ent	Œ	Negotiator"	Friends
	1000	(1996, Drama)	Story News (N)	Edge	-	News (N)	News (N)	First 48	Sisters (N) News (N)	Sisters (N) News (N)	Peter	News (N)	Mystery	SportsCentr	News (N)	MythBuster	(10:50)		(1998) Premiere.	Seinfeld
10	PM	Johan	11011011				1	"Silenced"			The state of the			e (Live) 🖽		s (ff)		Hollywood		Seinfeld

6.4

MONDAY, NOVEMBER 12, 2007

		WTBS	CHBC 4	KNOW 5	KSPS 6	KHQ (7)	KREM 8	A&E	(TO)	BCTV	CITV	CBC	YTV ®	TSN 19	VTV 22	DISC 24	FAM 26	CITY	SPIKE	TROP 45
6	AM :30	All-Family	News (N) 2nd Chnce	George S.	Body Elec. Bob Build	News (N)	News (N)	Crossing Jordan 🖽	(5:00) News	News (N)		CBC News: Morning	Gadget Viva Pinata	SportsCentr e [ff]		Earth to Mars	Henrys King (6)		Movie: "Predator 2"	F/X: The Series (#)
-	AM		Body	Clifford	Barney	Today (N)	The Early	American	Good			(N) Arthur (E)	Grossology	SportsCentr	(N) (E)	Greatest Gunfight	K. Possible	Control of Control of Control	(1990) Danny Glover, Gary	Traders "Home
1	:30		Past Lives	Dora	Arthur (EI)	Œ	Show (N)	Justice: Free	Morning America (N)			Curious	Team				(7:24)		Busey.	Office"
8		Jeffersons	Room	(7:54) Hi-5	Curious		13	American Justice	(EE)		100 Huntley Street @	276.700	Pokemon	SportsCentr e 🖽		How-Made How-Made	Weekend Lloyd	Star Trek: Voyager @	Sports	"Starman"
_	:30	Jeffersons Sanford	Vanity Inside Box	Bus Berenstain	Clifford Super Why!	- 3	The 700	Cold Case	Regis and	100 Huntley	World	Busytown Lunar Jim	Flamingo Adrenalini	Off-Record	Regis and	Earth to	Feet	News (N)	Disorderly	Tube Tales
9	:30	10000	Antique	(9:33)	Dragon		Club (ff	Files [#]	Kelly	Street @	Vision	(DVS)	Viva Pinata		Kelly	Mars	Tigger	City	Con.	What
	3900	Harvey	PoPQ (Live)		Sesame		To the second se	CSI: Miami		World	Room	Wilbur (#	Jane	ATP Tennis:	74-74-10 Tubble Office (III)	Mayday	Mickey	Far From	V.I.P.	Videos
10	:30	Harvey	Œ	Pancakes	Street (EI)		Right (N)	Œ	(N) (E)	Vision	House	Doodlebop	Erky Perky	Masters Cup Round-	(N) (E)		Handy	Home: Battle of	"Diagnosis Val"	Videos
44	AM	Cosby	Playing	Rolie Polie	Big World	Ellen DeGeneres	Young and the Restless	Crossing Jordan [tt]	Paid Prog.	Past Lives	(10:59) News (N)	Martha Stewart	Jacob	Robin. 🖽	eTalk @	A Machine to Die For	Benj Bear	Vimy Ridge	Oblivious	The Nanny
1.1	:30		Homes	Noddy	Sit-Be Fit	Show			Paid Prog.	House	(E)		George S.		Diary [6]		(11:25) King	1	Sports	Frasier
12		Still Stnd Still Stnd	News (N)	History Reach-Top	Charlie Rose [#]	Paid Prog.	News (N) Bold & B.	Crossing Jordan (#)	All My Children (N) @	News (N)	Days of our Lives (N)	News (N) CBC News	SpongeBob Grossology	PBA Bowling	Degrassi Bold & B.	Megalightni ng 🔃	(11:49) Weekend	CityLine @	Voyager [Seinfeld Seinfeld
1		Fresh Pr. Fresh Pr.	Design Vanity	Caller's Choice	Fine Art Sewing	Days of our Lives (N)	As the World	American Justice:	One Life to Live (N)	As the World	As the World	Living Dinner	LazyTown Winx Club	NFL	Sue Thomas:	Deep Sea Detectives	Dragon Emperor	NewMusic Cover	Star Trek: Voyager 🖭	Beverly Hills, 902
2	PM	King	The Steve Wilkos	Macphee	Word	Millionaire	Turns (N) Guiding Light (N)	Free American Justice	General Hospital (N)	Turns (N) Guiding Light (N)	Turns (N) Guiding Light (N)	Wind at My Back @	Ruby	Primetime (N) (E)	F.B.Eye General Hospital (N)	How-Made	(1:48)	Ellen DeGeneres	Star Trek: Voyager [ff]	Fresh Pr.
2		King Friends	Show Big Screen	Moving On BluesClues	Lions	Millionaire Judge	Dr. Phil (f)	Cold Case	Rachael	Young and	(E) Young and	Food	Flamingo	Interruptio Off-Record	Dr. Phil 🚳	How-Made Greatest	Weekend K. Possible	Show News (N)	CSI: Crime	Family G
3	PM :30	A CONTRACTOR OF THE PARTY OF TH	Daily 10	Pets	Arthur (EI)	10.77	D	Files @	Ray @	the Restless	the Restless	Miracles	Neutron	Sports		Ever 🔃	Replace	E	Scn	Vanity
	1000	Family Guy		Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Videos	Oprah	(3:59) News	Frasier	SpongeBob	Hockey	Friends	Daily Planet	Emperor	Friends	CSI: Crime	Tube Tale
4	:30	Family Guy	Hollywood Story	(4:35) Little	Fetch! With	Judge J.	Winfrey @	Œ	Inside	Winfrey (Global	Red Green	El Tigre	Countdown	Frasier	(N) (E	Proud	Hollywood	Sen	Ad Pers
5	РМ	Friends	News (N)	Timothy	BBC World		News (N)	Intervention "Coley"		News (N)	(4:59) News (N) @	The Authority	Naked		News (N)	MythBuster s Mentos.	A CONTRACTOR OF THE PARTY OF TH	Chuck (N)	CSI: Crime Scn	
5	:30			(5:35)	Business	NBC News	CBS News		ABC News	Global		Arrested	Drake	NFL Football:			Montana		100	What
6	PM :30	Movie: "Blade II" (2002.	Ad Pers News	Saddle renegade	News- Lehrer	News (N) Raymond	News (N) Hollywood	"Cristy"	News (N)	News (N)	ET Canada Entertain	News (N)	SpongeBob	San Francisco	News (N)	Dirty Jobs (N)	Zoey 101 Sadie	Stargate SG-1	Movie: "Predator" (1987)	Family Go Seinfeld
-	PM	Horror)	E! News	Edge	Served	Jeopardy!	Friends	The First 48	Entertain	Entertain	Journeyma	Coronatn	Malcolm	49ers at Seattle	eTalk 🔃	Canada's	So Raven	(7:02) The Bachelor	Arnold	Seinfeld
1	:30	Wesley Snipes.	Jeopardy!	History	Wait God	Fortune	Scrubs	Œ	The Insider	ET Canada	n (N) 🖭	Fashion	Fresh Pr.	Seahawks. (Live) [ff]	Hollywood	Worst Driver	Smart Guy	(N) (E)	Schwarzeneg ger, Carl	Frasier
8	PM :30		How I Met Keep Up	Child of Our Time	Antiques Roadshow	Chuck (N)	How I Met Big Bang	The First 48	With the	Prison Break (N)	Prison Break (N)	Dragon's Den 🖭	Prank Ptrl Adrenaline	SportsCentr	Dancing With the Stars [6]	Daily Planet	Suite Life Life Derek	News (N) (8:35) News	Weathers.	Family G
9	PM :30	Frasier	Simple Life	Season of the Child	(N) Billy Crystal:	Heroes (N)	Two Men Rules	Intervention "Coley"	Stars (Live) Ell Samantha	Heroes (N)	Heroes (N)	Intelligence (N)	Futurama Pinky	e (Live) 🖭 UEFA	(9:32)	Dirty Jobs	Montana Phil	(9:06) Jimmy	UFC 78 Countdown	Seinfeld Seinfeld
10	PM :30	Boys" (1995)	J. Dickinson	(N) Season of the Child	The Mark Twain Prize Billy	Journeyma		Intervention "Cristy"		(10:01) Journeyma n (N) 🖭	News Hour Final (N)	National	Naruto Shadow	Motoring Score Golf	CSI: Miami	Canada's Worst Driver	School	Kimmel (10:06) Movie: "The Other Sister"	(N) CSI: Crime Scn	Married. Fresh Pr.
11	PM :30	Lawrence.	News (N) Guy Stuff	Profiles of Nature @	Crystal: The Mark Twain Prize	n (N) (ff News (N) Tonight	News (N)	The First 48		News (N)	Entertain ET Canada	(11:05) The Hour (ff)	Spider-Man	SportsCentre (Live) @	News (N)	MythBuster s Mentos.	Suite Life Life Derek	(1999) Juliette Lewis.	Deep Space	Frasier The Nam

monday movies

MORNING

6:00 am SPIKE (44) ★★"Predator 2" (1990, Science Fiction) Danny Glover. Local and federal police hunt a sneaky alien creature, now skinning drug dealers in 1997 Los Angeles. (In Stereo)

EVENING

6:00 pm WTBS ③ ★★%"Blade II" (2002, Horror) Wesley Snipes. Blade forms an alliance with a band of hardened enemies in order to battle powerful vamoires.

ful vampires.

SPIKE 44 ** "Predator" (1987, Science Fiction) Arnold Schwarzenegger. A sneaky alien monster attacks commandos on a jungle mission in South America. (In Stereo) 9:30 pm WTBS 3 ** *Bad Boys" (1995, Action) Martin Lawrence. Undercover Miami detectives switch

lives while investigating murders linked

to stolen heroin.

10:06 pm CITY 29 **The Other Sister" (1999, Romance-Comedy) Juliette Lewis. A mentally impaired woman gets her first apartment, dates a young man and attends a trade school.

11:30 pm WTBS 3 * *Bounty
Hunters" (1997, Action) Michael
Dudikoff. Rival bounty hunters join
forces to catch a bail-jumper before
mob assassins reach him.

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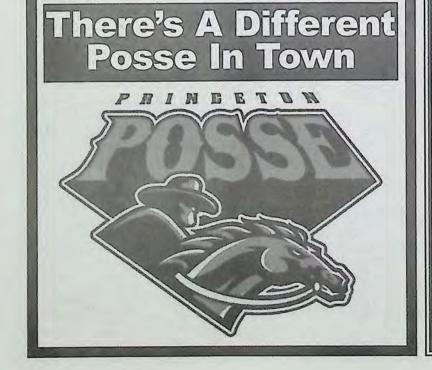
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George Pearkes Branch of the Royal Canadian Legion hosted the annual Jean Smith Double Crib Tournament on October 28th at the Branch. A total of 30 teams participated. The winners of this year's tournament were:

> Anne Jones & Penny Aguillon 2224 Anne & Laura Charlie & Len 2219 Lorraine & Annette 2208 Victor & Edith 2171 Derek & Fred 2034 (for the bonus prize for lowest total scores)

Thank you to all the participants and volunteers who took part in this years tournament

- Bob Paterson, Sports Chairman

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my turn

Pet Peeves - Chapter 1

We're debating the benefits of speed limit signs or speed bumps on downtown sidewalks.

One side of the argument is that the expense to the taxpayer for the speed limit signs and the engineering required to find the proper placement of the signs could be far too expensive.

Add to that the time spent in committee meetings determining the high traffic areas and proper visual placement of the signs along with the policing, enforcing and ticketing of the set speed limit and it could take a while to see any action. Not to mention the time and effort spent on trying to determine what the proper downtown sidewalk speed limit would be.

The other side of the argument is a quick phone call to the first name that comes to mind of someone who owns and operates a backhoe and the expense of a can of spray paint to mark designated speed bump sites.

There has to be a way to slow down those crazy little sidewalk speeders and so far these are the best options we could come up with.

Granted, not all of them are whizzing by faster than the average car, but imagine the damage if you were to step out of a downtown business and get knocked down by an electric scooter zipping along the sidewalk, as close to the buildings along that street as possible, at what appears to be Mach 2.

Well, we were just about mowed down by one of these crazy little sidewalk speeders the other day. We didn't even get an apology. We suspect it would have been different had we actually collided and both of us ended up flat on our backs.

We'd suggest a public education program where each and every scooter owner/operator had to write an exam which explained the importance of traveling along Princeton's downtown sidewalks at a reasonable speed and use the curb side of each sidewalk for travel keeping in mind that they are sharing the sidewalks with kids on bicycles, pooping dogs and the odd pedestrian but that would be far too easy.

Or maybe they should have something like deer whistles on them so at you'd hear them coming and have half a chance to take a step back into wherever you were coming from to avoid a possible head on collision.

Nope, we're still leaning towards the speed bump idea.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous , libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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rug

George Elliott Brenda Engel Dawn Johnson



your turn

Reader responds to Dawn

To The Editor;

I just had to respond to Dawn Johnson's column (October 30, 2007) about "Grumpy Old Men." I have read a lot of Dawn's columns and while they have all been good, this one was one of her best.

Being very close to that 'golden age' (I'm 59) I have to say that I have been there, done that. I moved to Princeton one year ago and God bless all those patient people with glazed eyes who listened to me whine and complain about my ex leaving me for another woman and how miserable I was, and how unfair life was. I owe you all an apology.

I also have to say I've dated some grumpy old men in the last year, too. But I had forgotten my two favorites quotes: "We always have choices even though it may only be a choice of attitude" and "Treat people as you would have them treat you."

So I 'Cowboyed Up' and decided to try it. I started by just smiling at everyone I met and maybe calling out a cheerful greeting. Even the grumpy ones answered. When I had something bad or unhappy happen in my life I tried to find something funny in the event. I actually found myself laughing at myself a lot. And people started to laugh with me. Even the grumpy ones.

Sure I have aches and pains like everyone else, I broke my neck three years ago, but no one, including me wants to talk about that. I find the less I talk about it, the less I think about it. And I feel better!

I find that if, instead of asking

"How are you today" if I say "Beautiful day isn't it?" that people are more likely to respond with a pleasant answer. We only have just so long here in this life and I have to say that I wasted some of it being grumpy.

Believe me I am no Pollyanna, and I do get cranky, but I have had more fun, met more wonderful people and enjoyed life more in the last year since I decided that life is an adventure to be enjoyed, no matter what the outcome.

Yes there are a lot of grumpy people out there, both men and women. Like me, they have forgotten temporarily that life can be fun. Smile at them. Share a joke with them. Maybe a little bit of our cheerfulness will rub off. Who knows - maybe we'll start something new right here in Princeton. - Lyn Melnechenko, Princeton

Letter To The Editor

Glen looks at safety

To The Editor;

Old folks are bad for repeating themselves, so here's another letter on why we need two cops in a car. Chris Warren might have died even with a partner, he was shot in the neck and chest, but we will never know.

Jim Eng, might have lived if he'd had a partner, when some irresponsible jerk ran a red light and crashed into his car, but we will never know. The senior levels of government keep dumping social responsibilities downhill and onto the municipalities without providing enough money for social services and policing (for example the Feds gave BC Premier Campbell almost 1/2, almost but not quite 1/2 of what he needs for social housing, so we'll look like Bombay north east when the world comes to the 2010 Winter Games and sees the downtown east side).

The province carries on the same tradition, be cheap sluffing off to junior levels of government social and municipal services while bragging about surpluses and doing the pre-election tax cut thing.

Meanwhile back in the real world decent responsible young folks who choose a cop career are a risk from a small but real and dangerous minority of vicious sickos.

An Old Grouch, Glen Allison, Princeton

(Editor's note: Following a discussion last week with Princeton RCMP Detachment Sgt. Gary Macahonic, a shortage of resources would be the reason for one cop in a car during a shift in the Princeton area).

Princeton Posse 2006/07 The DVD

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A teenager at war in Poland



Dawn Johnson editor@thenewsleader.ca

Thirty-five years ago, when I was in Vancouver General Hospital for surgery, I met a Polish survivor of World War II. She was my nurse. I noted her name on the lapel pin worn by all the nurses, and the name rang a bell. I had been reading about Polish history, and I recognized the name as that of a noble family. I shall call the nurse Sofia.

"We were lesser nobility," Sofia told me. "My father was a professor at the university in Warsaw, and we were well-to-do. Not rich, but we wanted for nothing. We lived in a fine house on one of the best streets in Warsaw."

I asked her to tell me about Poland during the war. She told me she could not tell me about anything but her own experience. One afternoon, she came to our ward and sat down to tell us about her war.

"I was like you Canadian girls, soft. Maybe more soft than you when the war started. I was 14 years old, and I never had to do anything but go to school. Servants dressed me, prepared my meals, and walked me to the train to go to school, and one servant took the train with me and came to get me when school was out."

Sofia had no mother. Her father, an intellectual, was affectionate but remote. She was being raised by people hired to bring her up as a daughter of the nobility should be raised. Sofia was one of the privileged class of Polish people when the Germans invaded Poland in August 1938. She remembered the day the German army came to Warsaw.

"I heard the big guns in the distance. The servants went to my father and told him the Germans were coming, but he acted like nothing was happening. He did not believe it. The servants told him he must take me and leave the city, but he just sat there, like he was stunned."

The guns came closer and closer, and people were fleeing down the street, some in carriages and most on foot. The servants finally went to Sofia and said, "We are leaving. Come with us."

Sofia would not leave without her

father, so the servants left to save themselves. Sofia screamed at her father to leave Warsaw, but he just sat as if made of stone. Finally, in despair, Sofia ran out the back of the house, through the yard, and into the alley. She ran down the alley, and kept running, racing from alley to alley. All the time, the guns were coming closer, and she could hear tanks. The air was full of smoke and cinders. She was terrified.

Sofia was lucky enough to meet other teenagers fleeing Warsaw. These were lower class kids, street wise, and they saved her life. They knew of a way into the sewer system which would take them to the outskirts of the city. She followed them. They walked through the sewers for a long time, but eventually came out safe at the edge of the city. Behind them, Warsaw was on fire, and the guns never stopped.

There were about a dozen teenagers in the group, most of them older than Sofia. One was a natural leader, who seemed to have planned what to do in these circumstances. He urged them to seek cover in some nearby trees. They ran into the trees, then dodged through some woodland.

By nightfall, they were miles from Warsaw. This was the first day of approximately 2,000 days of

They did not know where they were, except that they were out in the countryside north of Warsaw. They kept going away from the city, afraid of meeting troops. They had no way to defend themselves except to run. They ate what they could find, sometimes raw turnips, sometimes a loaf of bread from a friendly farmer. They avoided main roads and towns, because the Germans would be

"One day, when we were starving, we found a dead horse. Some of our group cut meat from it and cooked it. I didn't like the smell of that horse so I wouldn't eat the meat. The ones who ate it were sick for a day. The meat was no good."

The wandering teenagers kept moving farther from Warsaw. They could only go north or east, because Germany lay to the west. Eventually, some members of the Polish underground found them and recruited them.

"I joined the underground at 14 years old and I knew nothing of fighting," Sofia said. "I had no

idea how to look after myself, and I had to learn everything I needed to know."

The underground knew of safe places, but they were on the run most of the time. At first, they just took Sofia with them, going from a safe barn, to an old ruin or a cave or a cellar. After awhile, they began to teach Sofia how to shoot a rifle and how to do the kind of sabotage the Polish underground became famous for. It was very dangerous. One mistake meant death, or worse, being captured and tortured.

I do not know how Sofia survived the winters. Her group was given, or stole, most of what they needed, but sometimes they could not light a fire for warmth for fear of being detected. One year, they just lived in the forest, in makeshift shelters. Around 1942, in the springtime, the group was living in a bombed out house. It had no roof, but the cellar was habitable, so their group had made it a kind of headquarters. One morning, as they left the protective stone walls, the Germans were waiting for them. Sofia was first out of the building. She was hit in the skull with a gun butt. When she regained consciousness, it was dark, and somebody was trying to help her. They took her to another group's hideout and nursed her back to health.

Sofia had once more been lucky. At first, the soldiers had hit each person who came out, then shot the rest. Those who were shot or hit fell on Sofia. The Germans had then shot at the scattered bodies to make sure they were dead. Somebody else had taken the bullets meant for Sofia, or perhaps they had thought her dead already. After she recovered, she was still weak, so she became a one-girl field hospital, patching up wounded underground soldiers.

Conditions became worse. One day, in late 1944, her group learned the Germans were being pushed back by the Russians. The winter weather was bitterly cold, and none of the underground group wanted to set out in such terrible weather. They had a nice safe place to stay, but others told them to get out of the way of retreating Germans and stay ahead of the Russians. They were as afraid of the Russians as they were of the Germans. They did not know what to do, but they did leave, moving north and west, staying in the forest and away continued on Page 24

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There is a story about a guy who was shipwrecked on a desert island, and after 20 years he was finally rescued. As they loaded his stuff into the rescue boat, he showed the captain his house that he had built and then said, see the building up on the hill? That's the church I go to. The captain said as they left the island as he looked up on the other side of the hill, where the rescued man's church was and asked him, what is that building on the other side of the hill? The man said, Oh, that's the church I used to go to.

I remember when I was living in a small community, talking to someone about going to church. The comment made to me was, Why are there so many churches if there is only one God? In trying to explain my perspective as to why there are so many churches, I mentioned that I did agree this was confusing, but many churches believe fundamentally the same way and it really did not matter what church you went to as long as it was a bible-believing church that emphasized that Jesus Christ came to earth to die for your sins.

The next question was a little tougher: If these churches are the same, then why don't they get along with each other? They never seem to do things together and they are forever squabbling with each other. We had, at that particular time in our small church, just enjoyed a joint service with the Baptist church in our community and I had just come home from a Bapticostal (Baptist and Pentecostal), potluck dinner. The timing was great for my side.

But, in all fairness to his question, what is it about the church? The way I read it in the Bible, Jesus only established one church. It wasn't Anglican, Catholic, (although the word catholic means universal) it is not Pentecostal, or Full Gospel or Four Square; and I think the Baptist that God knows is John, (I realize I may have left your church out, but it is just due to lack of space.) Jesus said to Peter in Matt.16:18: Upon this rock I will build my church and the gates of hell will not overpower it.

His is a New Testament Church made up of human beings who were once destined for hell, but because of His love He became a substitute for the penalty of sin for all who call upon His name and accept His forgiveness.

My first trip to Russia allowed me the privilege to experience the church in another country. I was even more blessed when I was able to enjoy Easter celebrations twice in one year The Russians celebrate Easter a week after we do here in North America. The church I attended was not church affiliated with our fellowship, but one with similar beliefs and they called themselves the New Testament Church. The music was similar, while of course the words were in Russian, but the presence of the same Lord Jesus was there, I traveled from one side of Russia to the other and found wherever I attended a church or a Bible study, I experienced the same thing that I experienced back in Canada, that is the love of Christ in his family.

Maybe the word family - is the key here. We all have a family, some of us get along, and for others it is less than perfect. When we speak of the extended family we even run into more difficulties with relationships. I know all about this from my own experiences, as my dad's family originated in Palmero, Sicily. But I don't think that I will go there in this article. The church is a family made up of many individuals, whether they are Canadians living in BC or Russians living on the other side of the world, we are still one family in Christ,

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Princeton Rotary Club President Lawrence Stoochnoff, left, presents Citizens On Patrol Program Coordinator Jim Turner with a \$300.00 cheque in thanks for COPS providing assistance during Rotary's recent 'Taste of Ales' fundraising event. The presentation was made October 30th. *

......continued from Page 23 from populated centers.

Sofia could speak German, English and French, thanks to her upper class education. When possible, she would sneak into a place where she could listen to what the soldiers were saying. That way, the underground soldiers learned what was happening. By February, they learned the Americans and British were advancing rapidly through Belgium and Holland.

"We wanted to be captured by the Americans or British," Sofia said.

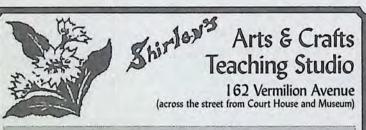
The group turned directly west toward Germany, moving as fast as they could. By this time, they were a ragtag lot, skinny, unwashed,

wearing what they had been able to find or steal. They blended in with fleeing civilians of all kinds.

"We went into Berlin, it's East Berlin now. The Russians were not far behind us. We kept going west. One day, I saw soldiers in uniforms I had never seen before, so I guessed they were Americans. They spoke English. So I talked to them and told them who we were. There were just a few of us left." She was just 20 years old. Sofia's luck held through six years of war.

The soldiers were British army. They took charge of the little group of Poles and found a place for them to stay. Sofia wanted to do something. The Canadians had set up a field hospital near Berlin. Sofia told them she would like to help. They welcomed her. After the war was over, her little group had no place to go unless they wanted to go back to Warsaw. They did not. Sofia had learned a lot about nursing, and one of the Canadian nurses suggested she apply to go to Canada as a nurse. Sofia did.

While people like Sofia were fighting invaders in their own lands, Canadians by the thousands were giving their lives to stop the invaders. Bringing freedom was a costly task, but worth all of the lives lost. We honour every soldier who fought the invaders.



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PSS Junior Girls Basketball team were presented a \$200.00 cheque from Princeton Rotary Club on October 30th. On hand for the presentation were, from left, team coach Richard White, Rotary President Lawrence Stoochnoff, player Karis Bergsma, coach Dean Johnston and player Makenzie Johnston.

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Signage on property 7-kilometres east of Princeton indicates there is a plan to rezone to allow for the development of a 260 unit RV park, 142 unit resort development and a KOA campground.*

Letter To The Editor

In praise of the Princeton Posse

To The Editor;

Every now and again I get to experience something that moves me to put pen to paper and say how extremely proud I am to be a Princetonite. An experience of that nature took place a week ago at a Princeton Posse hockey game, anyone who was there will tell you it was a genuine barn burner.

The Posse was up against the Beaver Valley Nitehawks, the team that has dominated the entire 20 team league to this point in the year. The Nitehawks opened the game with devastating body checks that resulted in a number of penalties, and rather than retaliate Princeton responded with thundering clean hits, they were not intimidated.

Over three periods and overtime the Posse played Beaver Valley to a standstill, in my mind from the goalie out the defense and forwards outplayed the best team in the league.

The fact that the game ended in a shoot-out loss did nothing to dampen the enthusiasm of our fans nor our pride in this team, we were privileged to have witnessed something very special, two very talented and well coached teams giving

everything they had for sixty minutes.

It has been said that this, the most talented and well coached Posse team ever has the potential to make the playoffs, and with discipline has a chance to go all the way. Last Saturday night (October 27) they showed not only the talent and good coaching, they showed the discipline that could truly set them above the rest.

Really good teams don't just happen. Success on the ice comes from a long combination of ingredients, any one of which, if missing, will leave a team languishing in mediocrity. The players don't play to their full potential without good coaching. Coaches don't coach the way they should without support and cooperation from team management, and nobody gets that extra little spark that makes good teams great without enthusiastic fan participation. Princeton has all that in spades.

The process that got us to the team we have today has not come easily. In our beginnings we were unknown and many players were reluctant to come here. We had some talented players and hard working teams but until this year

have not been able to put up good numbers.

We had difficulty finding the coaching we needed and we struggled with finances. Throughout all of that however our volunteer staff and management has never wavered, our coaching assistants have work tirelessly and our corporate sponsors continued to contribute generously.

In terms of fans we consistently turn out some of the highest game attendance numbers in the league, surpassing those of much larger communities.

In my mind the defining moment came with the hiring of Dale (Duner) Hludun. Duner loves and lives hockey, he has an enthusiasm for the KIJHL mission statement that projects themselves as a developmental league for hockey, education and life skills.

Duner takes great pride in the advancement of his players to higher leagues and college scholarships, a quick glance at the Posse website will inform you of his great success. He is always pleased by Posse wins but he is tickled pink by news of his players advancement. The Posse organization is blessed to have a coach of his talent and dedication.

If you haven't attended a Posse game lately, come out and witness the high paced action, and support the players, coaches and volunteers who put on this caliber of entertainment only minutes from your door. This is a team well worth watching.

- Mayor Randy McLean

- <u>Senior</u> Hockey Advisor Brad Hope



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Copper Mountain Bar & Grill Halloween Costume Party winners were Dog the Bounty Hunter and Beth Chapman, left, who won First Prize (\$100.00) and 'The Hairy-Chested Biker' who won \$50.00 as Runner Up. The party was on October 27th. Photos submitted

gold mineralization related to silicairon alteration (skarn) in sedimentary rocks from the Hedley Formation of the Triassic Nicola Group. The gold mineralization occurs over an area of approximately two square kilometres, only 0.72 square kilometres of which (or 36 per cent) consist of the York-Viking gold zone.

Prior to the 2007 exploration program, the trenching and drilling in the York-Viking zone outlined an area of gold mineralization measuring 375 metres in a northeast-southwest direction and 193 metres across. The York-Viking zone is the most explored area and was the

focus of the 2007 drilling program. The Nordic, Thor, Spar and Tower zones remain wide-open and will be further explored.

The York-Viking zone map displaying the area of the gold zone, the gold trends and their gold values is posted on Goldcliff's website: www.goldcliff.com.

The assay results from the remaining 21 trenches are expected in the near future. In addition to the trenching, a total of 2,827 metres of a planned 10,000-metre diamond drill program have been completed in 32 drill holes. All the holes were drilled on the York-Viking zone. The core from four holes has been sampled and dispatched to the assay

laboratory. The core from the remaining holes is being cut and sampled on a daily basis. The assay results will be disclosed on a continuing basis as received.

The drilling for the remainder of the program is expected to resume in early spring, as conditions permit.

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Letter To The Editor

Something smells funny here

To The Editor; RE: Air Quality Observations, Princeton Landfill - August 2007 Prepared by: Princeton Residents

Murv & Ritta Baker October 09, 2007

On the 28th of this month it will be three years since we became residents of the Princeton community. Our move here was precipitated as the result of health challenges we both faced due to poor air quality in the Fraser Valley. Ritta is a cancer survivor and I have had a quadruple bypass. As seniors, Princeton was our community of choice based on air quality, central hospital, active community organizations and very pleasant countryside. We are now aware that many other new residents have made the same choice.

On the 16th and 17th of May this year, we were awakened at 4:40 AM with a house full of acrid smoke (worse than when the local hotel burned). I together with a neighbor searched to determine the cause as the valley and downtown was blue with the putrid stench. Later the same day we were able to ascertain the origin of the offensive pollution originated at the Princeton Landfill. Our research has shown that in 2004 the elected Councils of Princeton,

Osoyoos and Summerland voted to burn wood residue on site. This year, 2007 I am advised that Princeton is the only remaining community in British Columbia that still holds a permit to burn clean wood, other communities now chip the material.

We have been advised that the Princeton permit from the Department of Environment allows only the burning of clean wood for two days per year - and then only depending on the direction of the prevailing wind.

Since early spring and up to the present October 2007, burning has been taking place every Wednesday and Thursday when the site is closed to the public. Burning takes place after dark and the fires smolder unattended until Friday morning when the work crew moves in to bulldoze the residue smoking piles into the landfill.

On this basis we monitored the Princeton Landfill site for the month of August on the following dates; every Wednesday and Thursday from the 1st and 2nd through to the 29th and 30th inclusive. Some over 50 pictures were taken with digital camera showing exact times and dates. Observation and pictures show that material such as: painted

and varnished wood, treated wood and posts, chip board, laminate, bed spring and mattresses, 24 inch blocks of wood, furniture parts, and more are being burned. Material that formerly was recycled such as grass and hedge clippings are now burned adding to the smoldering smoke residue that is now a community health hazard.

We are informed that the authorization to burn on a weekly basis has originated from Princeton Town Office. If this is the case, then the Town is in violation of both Provincial and Federal Legislation and Council and staff as well as the contractor may be subject to the penalty provisions of the legislation. This report is available for discussion and recommendations. Concerned members of: The BC Lung Association, BC Cancer Association, BC Asthma Association and BC Heart & Stroke Foundation support the report. Respectfully submitted,

- Murv & Ritta Baker, Princeton
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FINANCIAL FOCUS

Don't Overreact To Rising Canadian Dollar

After rising steadily from a value of just US\$0.62 five years ago, the Canadian dollar reached parity with the US dollar this fall - marking the first time in more than three decades that the two currencies have been at the same level.

In fact, the Canadian dollar has been on the rise compared to almost every major currency in the world and that's great news for anyone who is planning to travel outside of Canada.

But does such a dramatic increase in the relative value of the loonle demand that major changes be made to your investment portfolio? It's an important question to ask, but before you make any rash decisions, take some time to consider the full investment perspective.

It's true that a rising dollar reduces the value of foreign investments. But that doesn't mean it's time to sell your global holdings. These investments may be as strong as ever in their local currencies and still performing well for you, even if the gains have been lowered somewhat because of the high value of our dollar.

History has shown that currency trends can reverse themselves - quickly and without warning, in a manner that can be even more volatile than what is seen with stocks. We don't think anyone can accurately prodict currency changes.

What we do know, and what is most important to understand, is that when you look at currency movements over the long term, fluctuations tend to even out over time. The long-term performance of the Canadian dollar, for example, has had both long gains and persistent declines. These fluctuations average out to add or subtract only about one per cent each year to investment returns.

As a result, if your investment was sound on a long-term basis before the currency rose, and the long-term outlook for that investment remains strong, a currency fluctuation should be seen as just a minor bump on the road to success.

If your portfolio isn't well diversified outside of Canada, the time could be right to take advantage of the loonie's strength to make new investments in other markets. You'll be able to buy much more than you could have when the dollar was much weaker.

On the other hand, if you feel tempted to get a heavier weighting of Canadian stocks, keep in mind that some companies in this country may actually be hurt by a high dollar, such as manufacturers that export to the US.

The bottom line is that one basic rule should be your most important consideration: maintaining a balanced portfolio is the best way to reduce risk and prepare yourself for whatever trends may happen in the future to both global currencies and global stock markets. Make sure you consult with your financial advisor to help you maintain a globally diverse portfolio.

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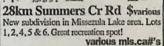
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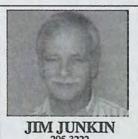


Let us remember all of those who gave of themselves so unselfishly on our behalf. We "Thank You!"

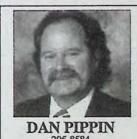




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