

Even Mayor Randy McLean is excited about the proposed name change. \* Photo: April Phuel

## Welcome to Vermilion Forks

by April Phuel

A small committee of Princeton area residents representing numerous pioneer families in the community has launched the second phase of their plan.

The group, CRAP, the Committee to Rename Allison (Princeton), plans to have Princeton officially returned to the name of Vermilion Forks.

The first phase of their plan was to set up a website ([www.vermilion-forks.ca](http://www.vermilion-forks.ca)) with an online poll. After three years of recording votes, the committee says it's ready to move into the second phase of their plan.

The second phase, oddly enough, is to make the formal announcement of their plans on the front page of the News Leader.

A CRAP spokesman says the 12-phase plan will likely be completed by the year 2010, the year they hope to have Princeton officially renamed.

The committee has already accessed funding from the Provincial "Rename Your Town In Time For The Olympics" grant program and hopes to receive additional funds from the Federal "We've Got Money For Your Town, Just Ask For It" grant program.

One of the committee members, who asked to not be identified, said it best with this comment: "We's bin feudin' about dis Princeton name as far back as I kin remember and it's time to just go back to the way it once was."

# Resurrected BEA plans secession

by April Phuel

The once defunct Princeton Area Business Enhancement Association (PABEA) has been reborn, and has taken a bold step toward the future of the valley. At a recent meeting, members representing local governing bodies (Town of Princeton, Village of Keremeos, Regional District Directors and Upper and Lower Similkameen Indian Bands) voted unanimously to proceed with a study to explore the advantages of becoming an independent nation by 2010. Despite the fact that it will put a damper on British Columbia's image for the Olympics, PABEA plans to go ahead.

An unnamed spokesperson said, "The Olympics aren't doing much for us anyway."

The new national boundaries will extend from the east boundary of Manning Park and the Coquihalla Highway in the west, and to the

Connector in the north as far as Trout Lake and south to Yellow Lake and Fairview to the U.S. boundary. All private property ownership will be respected, but all improvements and facilities currently owned or maintained by the federal or provincial governments will be nationalized.

The study will be conducted by a contracted 'economic development and planning official' and will address matters of the economy, transportation, health care, national security and national defense, conservation, social security, forestry and mining.

Many ideas were tossed around during the first planning session. Members decided national security is not an issue, the new nation will contract retired RCMP officers to take care of policing and linking with Interpol. National defense will probably not be needed, and in the case of any invasion, the government will simply call on all hunters and heavy equipment operators to take care of it. In case of air attack, everybody can just hunker down and put up with it. No attacks are expected, as the country is too small for anybody to want it, and

any nation who does want it can probably buy it outright if a decent offer is made.

Forestry will carry on much as it has done, with continued emphasis on fighting beetles and planting trees. Exports will go more smoothly as the U.S. will take years to impose the soft lumber tariff on the new nation. Blue denim pine furniture factories will be encouraged and may become a major export.

All current residents of the valley will be immediately eligible for citizenship documents and any other documents required, such as driver's and fishing licences. Those born in the Similkameen watershed will be eligible for citizenship without question if they apply to move here. Others can sit and wait until legislation is in place for immigrant status. Those not having Similkameen citizenship will not be able to hold a job unless given a "specialist" orange card status.

Indian land claims will be settled immediately. They can have what they've already got, and any other land deemed as "Crown" land by the current government. After secession, the Indian Bands will

sell land as they see fit, as there will be no special status or designation for First Nations persons. They will be ordinary citizens, but will maintain their own Councils just as any municipality.

There will be no PST nor GST and no welfare. Every citizen will be expected to work for a living up to age 80 unless physically or mentally handicapped to the point of uselessness, at which point they will be given a small living allowance. Drug and alcohol abuse will be no excuse for not working. Make work projects such as pulling knapweed, picking fruit, removing trash from waterways and highways, will be open to all those unable to secure employment in private enterprise.

How will all of this be funded? PABEA plans to charge high tariffs for goods not produced within Similkameen boundaries, as the first step. Highways will have a toll for all non-residents. (One of the first projects will be to take the kinks out of Highway 3 to make it the fastest route from Vancouver to Osoyoos, thus increasing traffic flow through the valley.) The next project will be to build a dam on

the Similkameen to provide both water conservation and electrical power. To achieve this, a local stock exchange will be set up for investors in the dam and any other interests, such as mining and real estate development. Companies wishing to do business in the new nation must pay for the privilege with an annual licence fee based on criteria related to number of employees and value to local economy. The less valuable to the economy, the higher the licence fee.

Food supplies from outside national boundaries will be taxed, but there will be no tax on any food produced within the valley. This should bring down cost to the consumer and increase farm production as a result of meeting the 100 Mile Challenge.

PABEA expects the population will grow dramatically in the first few years, and development to be rapid. Property taxes will be levied to pay for health care and education, to be topped up by grants from the International Monetary Fund during the first few years.

### Background

This unusual step toward indepe-  
..... continued on Page 2

**CARTER'S**  
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Challenge  
PAGE 16 - IN YOUR TV GUIDE SECTION



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On March 25th, RCMP attended the Princeton General Hospital to present Cam Smith, right, with a Certificate of Appreciation for his 44 years of dedicated service to the Royal Canadian Mounted Police as a Guard. Princeton Detachment Sgt. Gary Macahonic, centre, says, "Smith commenced working with the RCMP in April of 1964, subsequently making the transition to the Corps. of Commissionaires." Macahonic adds, "Cam faithfully reported for duty until October of 2007 when illness prevented him from continuing the call of duty. Cam was a reliable and conscientious individual, he could be relied upon to attend the office on short notice, and he always treated everyone with a great amount of respect and dignity, regardless of their circumstances." Macahonic was joined by Cpl. Joe Houben, left, who made the presentation on behalf of the RCMP and Town of Princeton. - submitted

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**Valley splits from BC**

..... continued from Front Page - dence has been brewing for some time due to the dissatisfaction of local residents with the way the Similkameen Valley has been discriminated against by both the provincial and federal governments, particularly in the case of handing out of federal and provincial grants.

For example, grants to employ students for summer tourist season have been cut back, and big events,

such as Expo or the Olympics have never been proposed for the Similkameen, and services to the small communities throughout British Columbia have declined every time the government wanted to save money. As it is in the resource-based communities where the revenue of British Columbia is generated, PABEA is simply fed up with money flowing out to the coast and very little coming back.

**Monster truck will add to Fair**

Young and old will have an opportunity for a new experience at Princeton's annual Fall Fair this year.

Thanks to connections made by Don Mare, a monster truck will be giving free rides at the fair grounds on September 6 and 7. Assisting in bringing the truck to the fair, Otto Coers of A & W has pledged \$1,000 toward the \$3,000 cost.

Don Mare gave a presentation at the March 25 Fall Fair meeting outlining all of the conditions. The monster truck crew will do its own clean-up and organize the rides

themselves.

The entertainment package for the fair is shaping up nicely. Lawnmower races have been confirmed, and the Fair Board hopes local racers will get out there this year to challenge the pros coming from the coast.

A band has not been selected yet, but there are some promising groups under scrutiny.

More information is needed, and will be presented at the April 22 meeting.

There will be plenty of entertainment at the fair for youngsters.

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# Meet The Youth Ambassadors!

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Jenny is a fun-loving 16-year old girl who being born and raised in Princeton, is proud to call it her home. An easy-going, welcoming and friendly person Jenny enjoys Creative Writing, Acting and Painting. She loves it all! She really loves the smell of the outdoors. Swimming, bike riding and running are some of the ways Jenny stays active. Jenny's love for life is evident to all those around her. The Youth Ambassador Program is a great opportunity both for growth and life experience. Jenny is very excited to be in the program and is sponsored by Princeton Lions Club. (submitted)

## School Boards affect student success

What school trustees believe about education impacts the achievement of students in their school district.

A study being conducted by a school board in Iowa has proven that school boards with different belief systems have different impacts on student achievement. School boards in districts showing high student achievement show significantly differences in knowledge, beliefs and actions from districts where student achievement is lower.

What the study calls "high-functioning boards" affect student achievement in a positive way: students do better in school if the school board is high-functioning.

When school boards and superintendents form a strong leadership team, they can work with administrators and staff to create certain conditions leading to improved student achievement and elevation of beliefs.

- The conditions are:
1. Shared leadership
  2. Continuous improvement and shared leadership
  3. Ability to create and sustain initiatives
  4. Supportive workplace for staff
  5. Staff development
  6. Support for school sites through data and information
  7. Community involvement.

The research is ongoing, but the

group hopes to be able to help develop boards so they can make a difference in their own districts.

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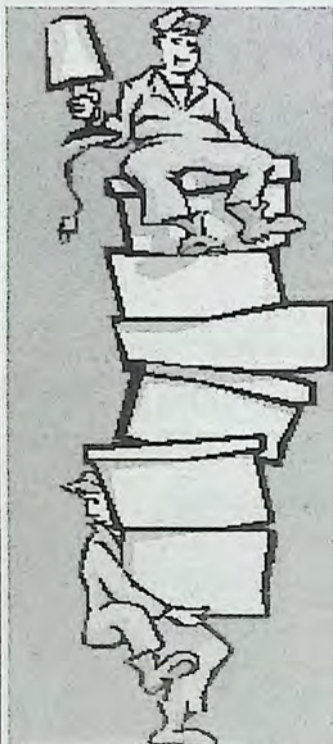
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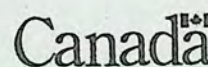
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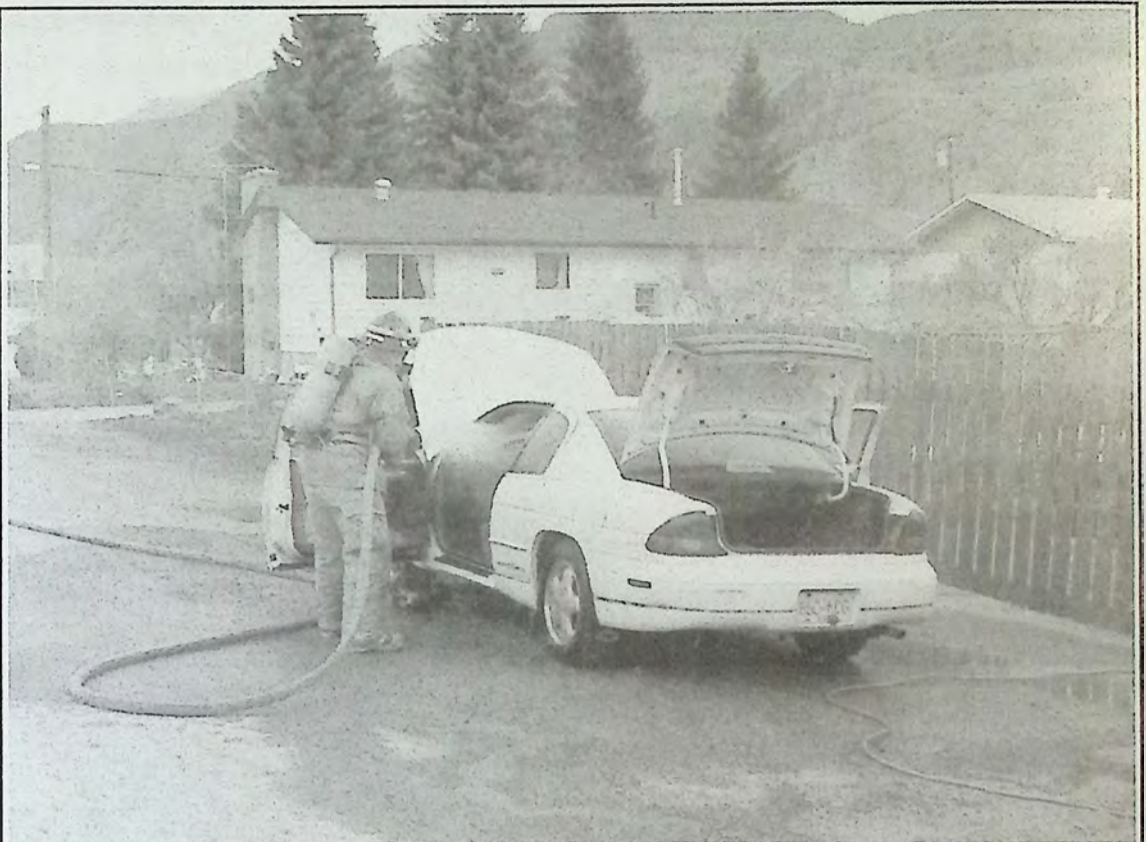
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**keremeos and area news**



On Sunday, March 23rd, Keremeos Volunteer Fire Department and members of Keremeos RCMP Detachment attended to a car fire on 3rd Avenue. The vehicle's dashboard began to smoke and the cause of the small fire was determined to be electrical. - submitted by Keremeos RCMP

**Committee submits final report**

The final report from the committee studying possible area-wide governance options in the Okanagan-Similkameen is in the hands of the Community Services Minister.

The chairs of the Okanagan

Similkameen, Central Okanagan and North Okanagan regional districts presented the report last week to Ida Chong during a meeting in Victoria.

Governance Committee Chair Robert Hobson says, "It was a very

good session. The Minister asked several questions about the process undertaken by the committee since it began its work in November last year and she stressed that the issues related to growth management and climate change are not going to go away. She was also aware that further research and review is necessary, but wants to study the report and consider other information, before deciding what the next steps might be."

Hobson adds, "The Minister will provide her comments and any directions on a future course of action to local governments in the Okanagan-Similkameen before the end of May."

The final report identifies two possible governance options: an Inter-regional Authority and the merger of three regional districts into one. The Committee report suggests that further review and detailed analysis is needed to clarify and determine which option, or a yet to be determined option, may be serve the interests of the Okanagan Similkameen. The Committee recognizes that this work will require a substantial commitment of Provincial resources and should include preparation of a cost benefit analysis of the two options as compared with the status quo; development of models concerning structure and political representation for each option and a determination of sources of revenue and authority that may be available (both for implementation and operation) to any new or change in governance.

The entire Final Report and an Executive Summary are now available on the home page of the Committee website: [www.valley-govern.ca](http://www.valley-govern.ca). -submitted

**Project backgrounder**

Mountain View Manor, at 412 12th Avenue in Keremeos, provides 26 units of supportive housing for seniors and disabled individuals. Mountain View Manor is the first development to be renovated under the Province's new Seniors' Supportive Housing program. The program is overseeing renovations currently underway at more than 500 other housing units.

The Seniors' Supportive Housing program is made up of two compo-

nents: building conversions and a support services package.

Building conversions focus on improving safety and accessibility through renovations to individual units and common areas. Renovations to Mountain View Manor began in June 2007 and are now complete. The renovations included:

- Accessibility Enhancements**
- Low-threshold showers instead of bathtubs
- Grab bars in showers and for toilets
- Appropriate handrails in hallways
- Safety Enhancements**
- Enhanced lighting for exits/entrances and corridors
- Fire sprinklers and in-suite smoke detectors
- Swing-free door closers

The main lobby, common area kitchen, dining area, common area lounge, laundry area, exterior pathway and scooter/storage room in the development were also renovated to meet new program criteria.

The support services package provides a basic level of assistance to allow seniors to age in place.

Support services at the development will be managed and administered by the Lower Similkameen Community Services Society and include:

- A daily meal
- ..... continued on Page 5



The first annual Community Clean Up on March 29th was a huge success with almost 100 residents taking on various cleaning tasks along highways, roads and in neighbourhoods. Cst. Mike Leiding, above, discusses a plan with Evan Esdale. Leiding deserves a lot of the credit in organizing the event which cleaned up a lot of trash and fostered community spirit. A barbeque was held for the volunteers in the arena parking lot after the assigned clean up tasks had been completed. \*

## Our children/students need art

Children, especially those who suffer from mental health issues, need the arts as part of their lives. Painting, singing, music, drawing, drama, and pottery fall into the category of "arts" and all can become part of a wellness program for every child.

In a special report received by Princeton Community Arts Council, experts in the field of mental health told of the importance of the arts in treatment programs for children.

The problems of Canadian teenagers facing mental health issues is far worse than the average person would suspect. Twenty percent of Canada's teenagers have major mental disorders. These disorders are in addition to the teenagers suffering stress due to broken families, alcoholic or drug addicted parents, and other problems such as family poverty. There are few, if any, treatment programs available to students in our secondary schools.

The arts are often the door that opens them to healing because they can express what is going on inside them.

Autism is one of those mental disorders with very little therapy readily available in most places in Canada, and it is a disorder that has had a 1,000 percent increase during the past 50 years. Autism is another mental disorder that can benefit immensely from art therapy. Some autistic youngsters have no other way to express themselves but through the arts.

Youth involved in the use of alcohol and drugs can become addicted very rapidly. Taking them out of substance abuse and putting them

back on a path of healthy living is a difficult task, but art helps. *ArtsWay* in Vancouver provides programs of the work of professional artists to health care organizations.

Eating disorders afflict many teenagers and are considered a lethal mental disorder. It can afflict both males and females. The arts have been a source of healing for young people with this disorder as it helps them deal with the emotions that cause the disorder.

The problems of substance abuse, violence, poverty and suicide among First Nations youth is not news, but the use of arts to allow expression has shown one way to start a change toward health in a number of First Nations and Innu

communities.

Why should Arts Councils be interested in art as therapy? One of the recommendations of the conference on art as a healing technique was to have arts organizations work with health care services to treat and prevent mental illness, not only in youth, but in adults. The arts offer more than just pleasure: the arts give a no-pressure environment for self-expression. Sometimes, for people with autism and severe mental disorders, arts are the **only** means of self-expression.

The other recommendation which would apply to Arts Councils is "Advocate for strong arts programs in schools as a means to promote the mental well-being of children and young people."

## Manor project backgrounder

- ..... continued from Page 4
- Weekly light housekeeping
  - A once-per-week laundry service for bedding and linens
  - 24-hour response
  - Social and recreational opportunities

### Partner Contributions

The capital cost of this redevelopment is \$1,120,124, provided by the Province through the new Seniors' Supportive Housing program.

### Lower Similkameen Community Services Society

The Lower Similkameen Community Services Society was established in 1976 to serve Keremeos and the surrounding areas of Olalla, Cawston and Hedley.

The Society's mission is to promote and maintain independent living by efficient delivery of community based support services, and to provide a supportive environment in the home and community, in a manner that enhances individual quality of life, dignity and sense of worth.

- submitted

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SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

### BUDGET INFORMATION MEETINGS

In conjunction with the School District's desire to provide information regarding the budget planning process, there will be a budget and enrollment projection presentation for interested stakeholders, including all members of the public.

This meeting will review provincial funding, district projections for enrollment and provide more specific information regarding the district's annual budget.

Meetings have been scheduled as follows:

- PRINCETON - 6:00 PM, Wednesday, April 9, 2008 - Princeton Secondary School Library
- MERRITT - 6:00 PM, Tuesday, April 15, 2008 - Merritt School Board Office

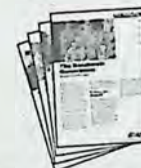
All interested members of the public are invited to attend

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## news leader health and lifestyle page

### Make small changes now to live a better life

(NC)—Aging brings a variety of new physical, emotional and mental challenges, as well as experiences. For example, the unavoidable realities of wrinkles, grey hair and bifocals test our character and our sense of self. But by making small changes now, Canadians can prolong their quality of life.

In a BMO Retirement Your Way podcast, Dr. Michael Baker, Physician-in-chief of the University Health Network in Toronto and a member of BMO Financial Group's Advisory Council on Retirement provides the following tips to help you get the most out of your golden

### Did You Know: We are how we clean

(NC)—Canadians are becoming 'one' with cleaning and associate it symbolically with a happy and united household, says Johanna Faigelman, a leading cultural anthropologist.

"For some people, an organized, clean home gives them a sense of fulfillment, or order in their life," Faigelman reports in her Profiles of Clean, a study that identifies what makes Canadians tick. In fact, "we are how we clean," she says. Cleaning profiles and styles are definitely a reflection of our individual personalities.

Faigelman has identified the Spa Seeker, the Productivity Seeker, the Warrior, and the Balance Seeker. Here, for example, is just a little glimpse at the Warrior:

Cleaning Philosophy: "You need to go beneath the surface to really get a good clean — it's the dirt and grime you can't see that is the biggest enemy."

The Deeper Motivation for Cleaning: Cleaning provides a way to channel your anxieties and create a sense of order and control over your life. You think of cleaning as a constant challenge that you must conquer and will not rest until the house is spotless both on and beneath the surface.

The Emotional Significance of

years:

1. Quit Smoking: The number one thing is not to smoke and if you are smoking - quit. It's the most profound lifestyle issue there is.

2. Watch your weight: Rapidly moving up into the No. 2 lifestyle issue is weight control. Various studies show that lowering your volume of caloric intake can help increase longevity. While keeping your weight down is not always simple, it's important to remember that staying at a healthy weight delivers significant lifestyle benefits. Additionally, the incidence of heart disease, stroke and diabetes in

North Americans who are overweight is immensely higher than those who are not.

3. Keep mentally active: While the causal relationship is not documented, we know that people who keep busy with activities such as playing bridge, belonging to a book club and doing crossword puzzles have a lower incidence of depression. Depression becomes more common as we age and can be a contributor to dementia.

4. Don't forget your regular check-up: Not only is it common sense that we want to keep things like heart disease, diabetes and electrolyte levels under control, but doing so will also often improve your brain's mental activity without impacting the neurological tissue itself.

5. Enjoy all that life has to offer: It is important to remember that aging itself is not a disease. "From sustaining quality of life to managing the demands of aging parents, we hear from our boomer clients that they are looking for some guidance and advice as they navigate this new phase of their life," said Kris Vikmanis, head of retirement market BMO Financial Group. "That's why we've created the Retirement Your Way podcasts, a series that looks at a variety of issues boomers face as they approach retirement."

For more information on this topic, listen to the Retirement Your Way podcast series found at [www.bmo.com/retirementyourway](http://www.bmo.com/retirementyourway), or speak to an investment professional at your local bank branch.

- News Canada

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## living past 100

### Three Spring plants aid health

Three early spring vegetables are just excellent for your health. If you are a gardener with a nice sunny spot, you know you can plant spinach and radishes almost as soon as the snow melts and the earth thaws. Of course, you can buy spinach and radishes at your grocery store any time of the year, but if you grow your own, you will save some money, and you can be sure they are organic.

Spinach is one of those multi-nutrient vegetables that should be served at least once a week, either raw or steamed. Spinach can cut your chances of cancer, and some research indicates spinach can cut your chances of going blind from macular degeneration.

Radishes are strongly flavoured, and some people resist the flavour, but radishes are good for you. Radishes aid digestion, as they contain a special enzyme. A drink of radishes and carrots, boiled and strained to make a tea, helps rid the body of hard fat lodged in the tissues (dieters take note!). Radishes prevent the formation of gallstones and kidney stones. To dissolve these stones, the English used to make a drink of two finely chopped raw red radishes soaked in half a cup of wine, taken daily. Radishes will help men who have problems with a poor urine stream. Radishes, eaten frequently, help maintain the health of the thyroid gland. What more could you ask of a little red vegetable?

The third spring plant is one you will not have to grow. It is the dandelion. It would take far more space than what is available in this column to tell all of the medicinal uses of dandelion. One of the easiest ways to improve male hormone health is to eat a few dandelion flowers. These flowers are loaded with hormones. In Sweden, in spring, men go out to the fields to pick dandelions and eat the flowers. (Much cheaper than Viagra, even if it takes a little longer, and no dangerous side effects.) These flowers do not taste bad at all. Other uses of dandelion include using the root, and any good book on herbs will tell you how to prepare dandelion root remedies. The best thing about spring is improving your health with spring produce.

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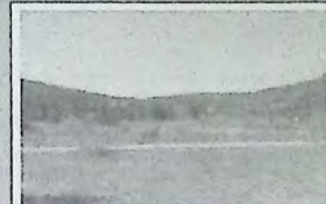
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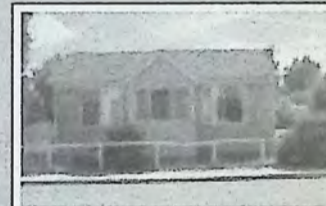
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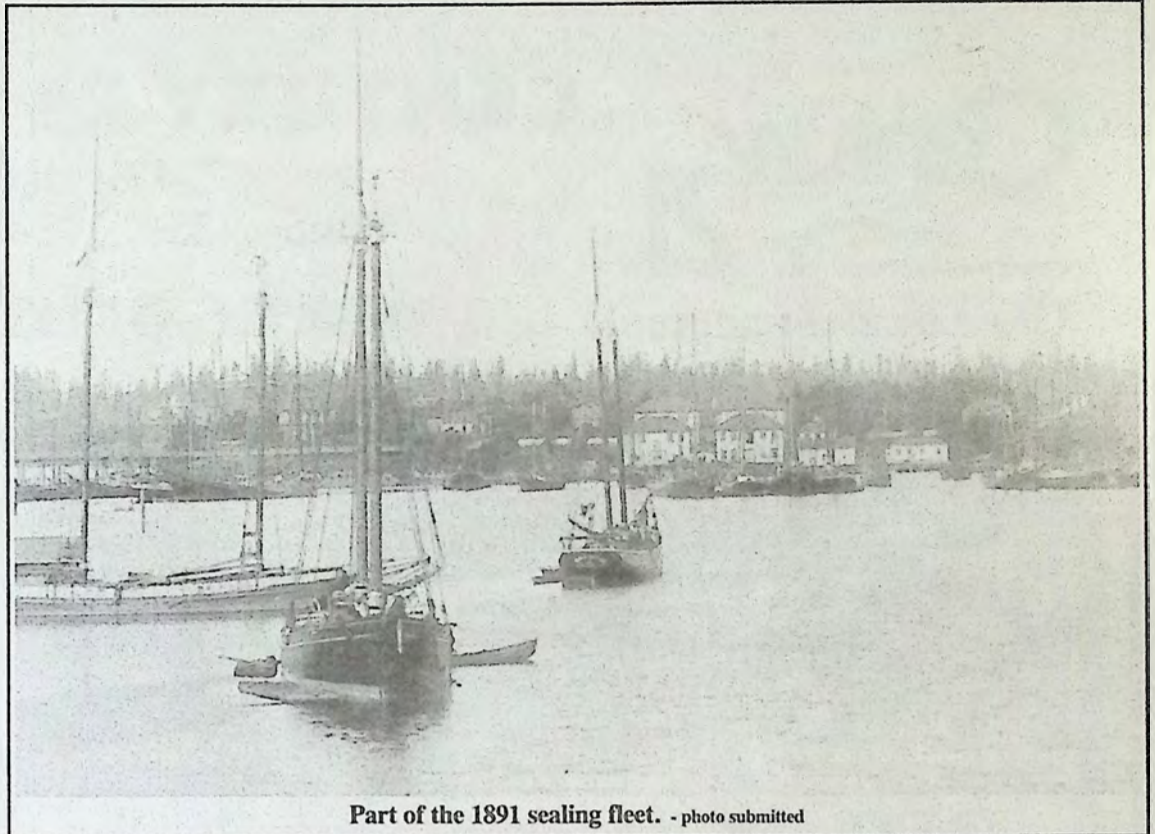
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Part of the 1891 sealing fleet. - photo submitted

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## Seals Saved By 1911 Treaty

### INSIGHTS INTO BC'S HISTORY

by Nick Mills, Princeton Museum &amp; Archives

BC's first recognizable ecological crisis came towards the end of the 18th century when the great pelagic sealing fleets were in full force.

Pelagic sealing - the killing of seals at sea - also caused a sharp dispute between the United States and Great Britain over the actions of BC hunters.

It took a judicial tribunal and an international treaty to solve the sealing question once and for all. Every year, as the great seal herds passed off the BC coast northwards, up to sixty ships - ranging from thirty to one hundred thirty tons - would sail out of Victoria to intercept and slaughter the mammals.

In 1883, the Canadians began pursuing the herds into the Bering Sea. Although the sea was international waters, the Americans were highly upset. US Coast Guard cutters seized all BC ships in the area and imprisoned the crews in Sitka. The seizing of ships stopped in 1886, but the Americans managed

instead to conduct an effective blockade.

The high handed treatment of the Canadians prompted protests by Britain that led to an arbitration conference in Paris in 1892 - 93. The conference ruled that the United States pay \$425,000 compensation to the twenty-three owners of the seized vessels.

The US refused to pay, but after another judicial commission met in Victoria in 1898, it finally paid off the claims at about 30 cents on the dollar.

A more significant outcome of the Bering Sea confrontation was the signing in 1911 of an international treaty among Britain, the United States, Russia and Japan. The treaty originally signed for fifteen years, but later renewed, set a quota system for the killing of seals.

The treaty came in the nick of time. By 1911, it was estimated that the seal population of three million had dwindled to only two hundred.

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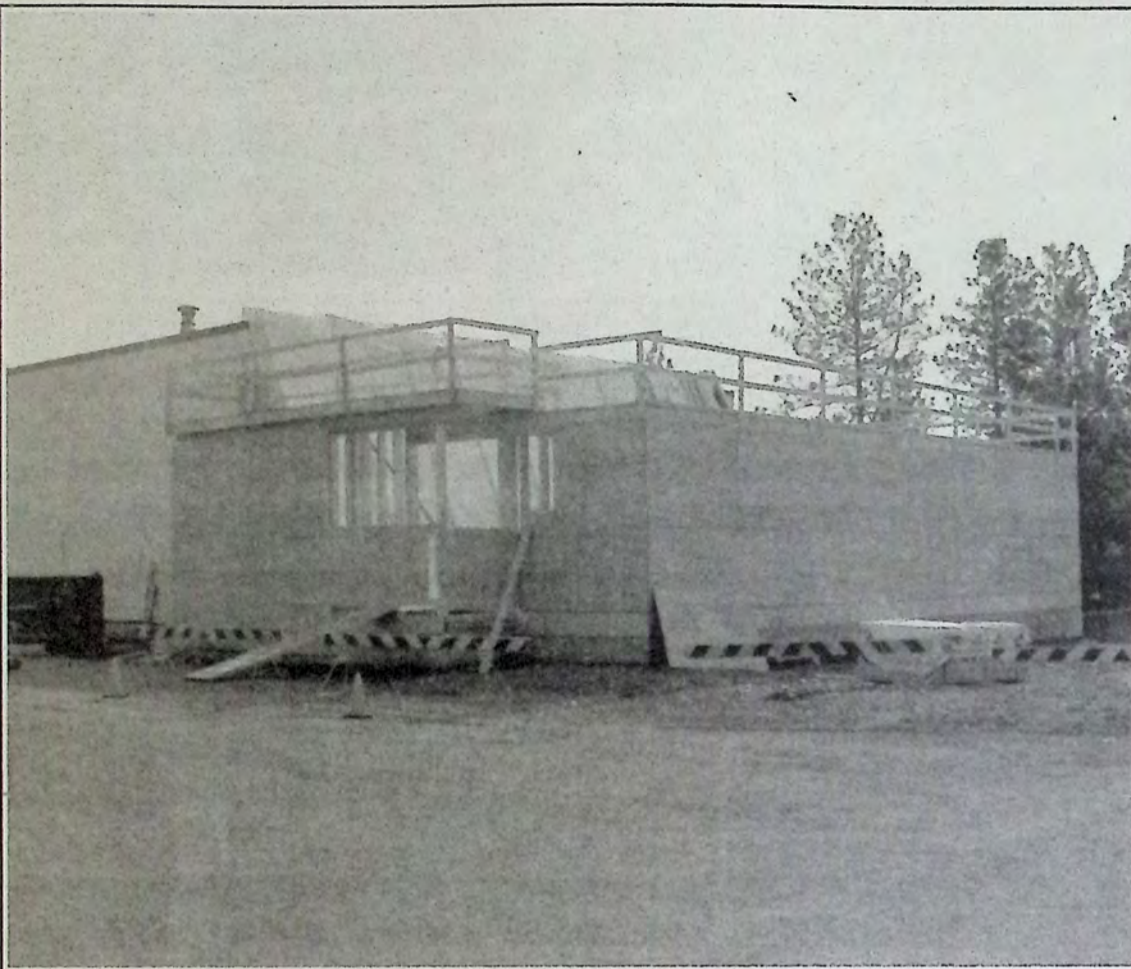
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Progress continues to be made on the stage at Riverside Centre. \*

**MP Alex Atamanenko**

## BC Southern Interior monthly report

### From Public to Private - Does Anything Change?

In many BC communities when a meter-reader comes to your home to check your monthly electricity consumption, they wear a BC Hydro uniform, but they are, in fact, no longer employees of BC Hydro. They work for Accenture, a Bermuda-based for-profit, multinational corporation. Just like when you call the Medical Services Plan with an inquiry, you are actually now speaking to an employee of Maximus, a US-based multinational.

Does this shifting of the employees from the broader public service to for-profit corporations really change anything, either for the worker, or for the quality of the service? The answer, according to a report from the Canadian Centre for Policy Alternatives (CCPA), is yes.

Since its election in 2001, the current BC government has implemented widespread neo-liberal socio-economic restructuring. Part of this process has been the establishment of an Alternative Service Delivery (ASD) plan to contract-out or outsource some public service delivery to private, for-profit companies.

In the CCPA study, they found that contrary to the governments claim that this is alternative service delivery, not privatization, ASD indeed represents a form of privatization. The report investigates how outsourcing has impacted government services and affected the economic security of the workers involved by

focusing on two cases: BC Hydro to Accenture and Medical Services Plan to Maximus.

These two case studies reveal a large gap in the virtues of outsourcing. ASD is being sold with the promise of innovation, technological improvement and intelligent reorganization. But, when we look at the privatization schemes, we learn that their main tools for innovation are cost minimization, de-skilling staff, surveillance, increased hierarchy control and a push for employees to do more work.

The study has revealed that the security of the workers involved has been affected as their power to bargain has been undermined. In the case of Accenture workers, there is a great fear of job loss as their jobs could be outsourced to offshore low-wage jurisdictions. And with Maximus employees, there was a drastic separation of the bargaining unit from the larg-

er public sector workforce, which resulted in a reduction of the ability to compete for other jobs within the civil service.

All in all, employees from both organizations indicated a sense of being valued less as a result of outsourcing. In fact their level of stress increased dramatically. Workers also reported a deterioration in the quality of their work life, including: lower moral, lack of training, a devaluing of employee knowledge, increased worker surveillance, a loss of institutional knowledge and a fear of future job loss.

In closing, the Canadian Centre for Policy Alternatives study concluded that ASD does very little to address accountability and fiscal responsibility but rather is a driven approach to ill-conceived notions of efficiency and productivity. We must not let this ideological approach continue without broader public dialogue.

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LET'S TALK!

## AT YOUR SERVICE!

### Tax Tip

#### Tax Cheating Is A Crime

Ottawa, Ontario, January 23, 2008...Gordon O'Conner, Minister of National Revenue, reminds Canadians that not complying with the tax laws will result in serious consequences.

"Not paying your taxes is against the law," said Minister O'Conner. "The Canada Revenue Agency works hard to identify and correct non-compliance. This keeps the system fair for the honest Canadians who comply with the tax laws."

2006-2007, Canada Revenue Agency (CRA) criminal investigations led to convictions in 245 cases of tax evasion, or 98% of the files prosecuted. Courts imposed fines totalling \$13.4 million and sentenced 26 offenders to more than 37 years in prison. Sentences for those who were ordered to serve jail time for tax-related offences ranged from 1 month to 3 years.

Convictions for tax evasion, including not filing tax returns and making false declarations, can result in court imposed fines of up to twice the taxes evaded, plus jail time. In addition, taxpayers still have to pay the taxes owed and all other civil penalties and interest imposed by the CRA.

The CRA's Voluntary Disclosures Program is available to taxpayers who want to correct their tax affairs before the CRA begins any audit action or investigation. If you make a full disclosure before they start any compliance action, you may only have to pay the taxes owing plus interest, but you will not have to pay any penalties nor face prosecution in the courts.

For information on CRA investigations, convictions, or coming forward to correct inaccurate information through the Voluntary Disclosures Program, visit www.cra.gc.ca.

THESE TIPS AND INFORMATION ARE INTENDED TO HIGHLIGHT GENERAL TAX RULES AND PLANS AND SHOULD NOT BE USED AS A SUBSTITUTE FOR APPROPRIATE PROFESSIONAL ADVICE RELATED TO YOUR SPECIFIC CIRCUMSTANCES.

Accountant & Business Advisor

# RANDY CLARK

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e-mail: Randy.Clark@telus.net



There were a lot of interesting things discovered in ditches during Community Clean Up. \*

## Everything you need to know about MS

The Multiple Sclerosis Society of Canada is a national organization dedicated to improving the lives of people with MS through education, support, and research. The MS Society is dedicated to stopping the onset of the disease and ending the disability that affects between 55,000 to 75,000 Canadians and their families. Research funded by the MS Society is investigating ways of regulating the immune system, repairing damaged myelin, restoring nerve function, and improving the quality of life of people living with MS. To be funded by the MS Society, research projects must achieve the highest level of scientific excellence. Funding for research is provided by individual donors, MS Society chapters, and corporate partners. The goal is to end Multiple Sclerosis in our lifetime, and research is the key to reaching this goal.

MS symptoms are unpredictable and vary greatly from person to person. Multiple Sclerosis can create a number of disabling symptoms, such as fatigue; chronic pain; vision disturbances; loss of balance; problems with coordination; speech problems; short-term memory problems; and even partial or complete paralysis. These symptoms can have a major impact on one's ability to work and on one's quality of life.

Multiple Sclerosis is characterized by an abnormal autoimmune response in which the body's immune system attacks its own tissues. Clinically speaking, activated T cells cross the blood-brain barrier and cause inflammation and damage to the central nervous system, the main target being myelin.

Myelin is the insulating layer that surrounds nerve fibers. The myelin layer enables nerve cells to increase the speed at which they propagate nerve impulses. When the insulating layer of myelin is degraded, nerve impulses can be interrupted. During these inflammatory episodes the underlying neurons can become damaged or destroyed. Researchers are working to identify ways to mod-

ulate the immune response, protect the central nervous system from inflammation, and make the immune attack on CNS tissues less damaging.

Over time, if the myelin is not fully repaired, there is a permanent impairment of nerve function. Protecting myelin is one of the keys to preserving nerve function and preventing disability in MS. The goals of myelin research are to discover ways to promote remyelination, protect nerve cells, and prevent the development of disability in people with MS.

Much of what we know about the mechanisms of myelin and nerve damage in MS is based on an examination of the brain and spinal cord after death. As a result, little is known about the pathological changes that occur early in the disease process. Magnetic Resonance Imaging (MRI) is a tool doctors and scientists use to take pictures inside the body. Use of MRI provides researchers an opportunity to better understand the early stages of MS and the mechanisms of damage. MRIs enable doctors and scientists to follow the physical and chemical changes in the brain. Through the use of powerful magnetic fields, areas of inflammation show up as spots, indicating that edema and tissue destruction have occurred. This damage, accompanied by certain neurological signs and symptoms, is highly suggestive of MS. In fact, MRI is now routinely used to confirm a diagnosis of MS. Researchers are working to determine how doctors can use the more detailed information provided by MRI, magnetic resonance spectroscopy, and diffusion tensor imaging to treat MS more effectively.

People with MS have a high risk of developing clinical depression. Almost one in two persons with MS will experience clinically significant depression during the course of their lives. Research is showing that the physical and psychosocial changes that come from living with the dis-

ease, lesions, and shrinkage in certain brain areas may be factors for this increased risk. Using MRI diffusion tensor technology, researchers can now study the brain in greater detail and are using this technology to compare MS patients with and without depression to try to better understand the reasons why depression occurs so often in people with MS.

Not all research is exploring high cost 'solutions' for Multiple Sclerosis. Research suggests that treating MS very early, even after the first symptom when a diagnosis cannot yet be confirmed, may be the best way to prevent brain injury and resulting disability. There is evidence that minocycline, an inexpensive, well tolerated, oral antibiotic that is often used to treat chronic acne, may be effective in reducing the risk of developing clinically definite MS in people with a first attack of demyelination.

There is also growing evidence that the interplay between genes and the environment determines susceptibility to MS. The incidence of MS becomes higher with increasing distance from the equator, suggesting that geographical location can influence the development of MS. This may be due to vitamin D, which is manufactured by the skin upon exposure to sunlight. It has been suggested that people living further from the equator do not get sufficient sunlight during the winter months to manufacture vitamin D. If research shows that MS risk is associated with vitamin D deficiency, vitamin D nutrition could be implemented easily and safely in a cost effective manner.

Multiple Sclerosis is a serious and costly disease. Current therapies are only partially effective, are only moderately tolerable, require frequent injections, and are very expensive. Research has made many inroads to finding the cause and developing new treatments for MS and the MS Society of Canada is a world leader in this search. For further information, two good sources are [www.mssociety.ca](http://www.mssociety.ca) and [www.msanswers.ca](http://www.msanswers.ca).

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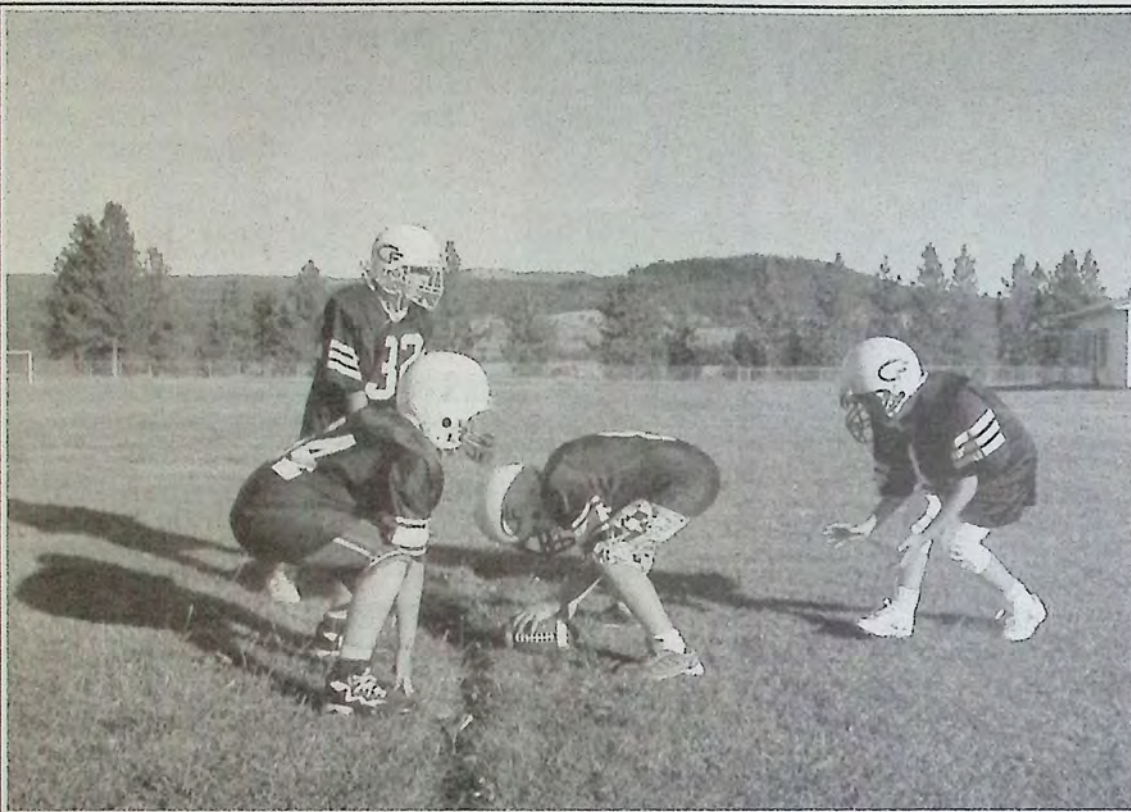
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# weekly entertainment guide

TUESDAY, APRIL 1, 2008 THROUGH MONDAY, APRIL 7, 2008



The newest professional football league in Canada is looking to put a team in Princeton. The Canadian Junior Touch Football League will start the season with 12 teams across Canada. Photo: April Phuel

## New league includes Princeton

by April Phuel

The newly formed Canadian Junior Touch Football League will be looking to the Similkameen when they start their first season in July.

The CJTFL will have 12 teams, two of which will be in British Columbia and quite possibly one in Princeton.

League President and CEO Richard "Going Long" Renningberg says the league will bring a fresh new twist to the sport.

"Football has always been a long standing tradition in Canada and the CJTFL is no exception. Our exciting new league will field a dozen teams in Year One with expansion plans in place to add another ten teams in Year Two. We intend to put our teams in smaller markets and create a developmental league to eventually draft players into other professional leagues."

The CJTFL will feature players between the ages of 6 and 11 with only one 11-year old allowed per team roster. Renningberg also says franchises are awarded based on what could only be described as an interesting criteria.

"First, as I stated before, we are looking to smaller markets and I mean 'small towns' with populations well under 10,000 people. Secondly, we are not relying on television to help us, as we intend to have all games fed to the internet so we need to be in small markets with reliable internet. There also has to be an abundance of 6 to 11 year olds within a 100-kilometre radius of the team's location. We also need the community to be near a major highway, have an

operating airport or landing strip and have either a hospital or trauma unit nearby."

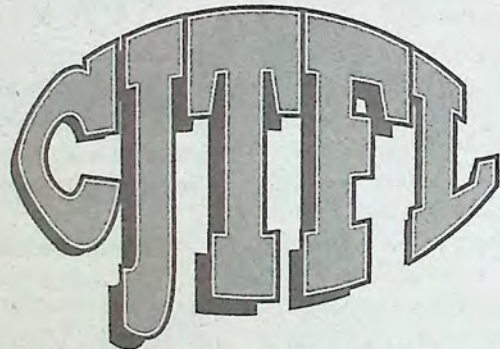
Another interesting twist in the make up of the league is that the communities with teams will actually share in revenues generated through advertising aired during internet broadcasts. The CJTFL has already announced ten of the first twelve franchises - four in Ontario, one in Nunavut, two in Manitoba, two in Saskatchewan and one in Alberta. Two British Columbia teams are required according to the league bylaws and preliminary

reports indicate that Sicamous and Princeton are the front-runners for those teams.

Should Princeton receive a CJTFL franchise, plans are in place to develop the Rocklin Avenue (former Argo maintenance site) as the new covered stadium complete with an indoor (heated) running track, training site and aquatic recreational facility.

The proposed \$17-million dollar development would be paid for in part by a Participation Grant and monies collected through mass CJTFL-sponsored bottle drives.

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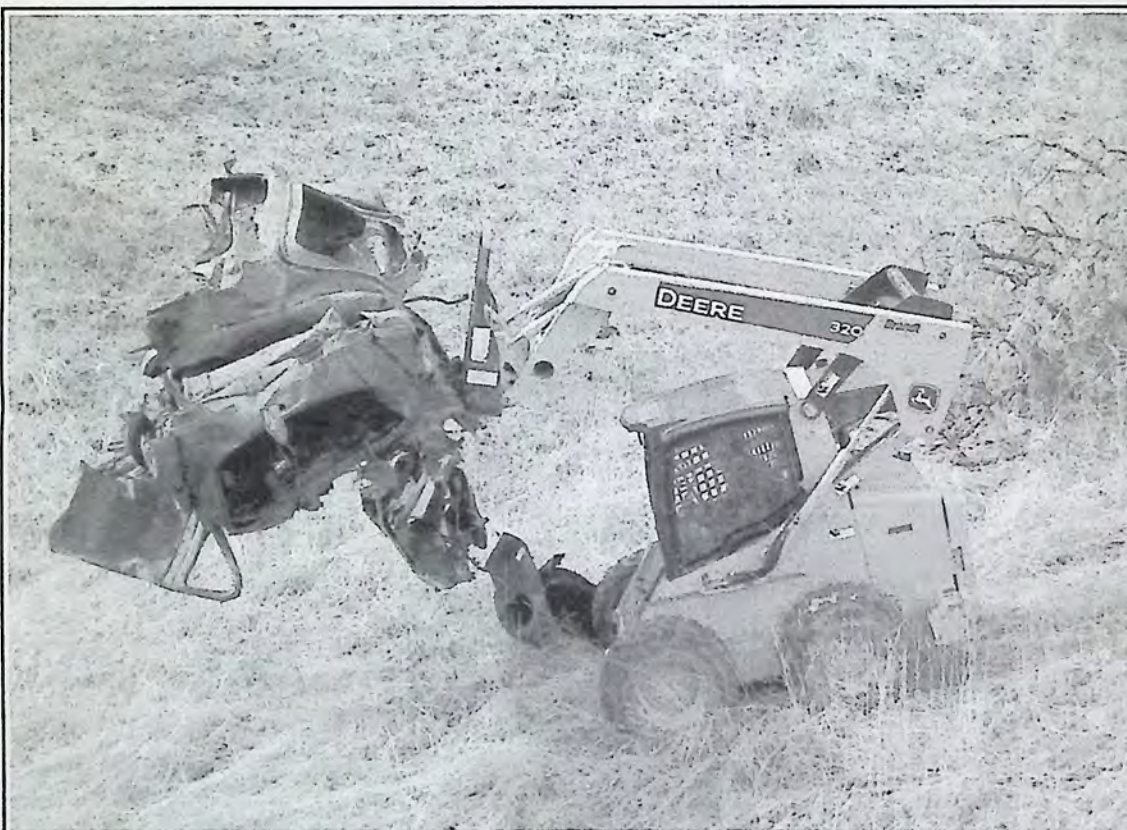
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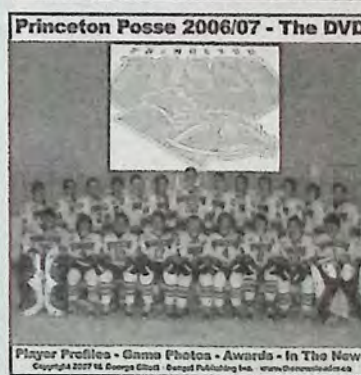
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TUESDAY, APRIL 1, 2008

Main TV schedule table for Tuesday, April 1, 2008. Columns include channel (WTBS, CHBC, etc.), time slot (6:00 AM, 7:00 AM, etc.), and program name (All-Family, News, etc.).

WEDNESDAY, APRIL 2, 2008

Main TV schedule table for Wednesday, April 2, 2008. Columns include channel (WTBS, CHBC, etc.), time slot (6:00 AM, 7:00 AM, etc.), and program name (All-Family, News, etc.).

# Horoscopes

April 2 - 9, 2008

**Aries** - You want to speak out and tell people what is on your mind. Do so graciously, but very honestly, and others will respond in a positive way. Home life continues hectic.

**Taurus** - There is a lot going on in the back of your mind, and you might be tempted to blurt it out in an angry way. Don't vent your feelings on others. Watch out for colds, flu, hand injuries.

**Gemini** - Career matters shift gears. You may have more fun at work. Depending on your natal chart, you may be attending a funeral or seeing a change in attitude toward death.

**Cancer** - You are still feeling that high energy, and you can use it best to further your career. Parents may be a concern and require a lot of attention. De-stress with prayer, spiritual books.

**Leo** - Anything that gives you new information and insights will help you deal with problems. You may need to travel, or study, but the purpose will be to expand your knowledge.

**Virgo** - Relationships are still friendly. Make concrete plans for your future. Do not ignore finances, taxes, investments. You may be concerned with somebody else's estate. Responsibility!

**Libra** - Career makes big demands, and may be a source of conflict. Talk to others about it. Parents are a concern, and you may have a lot of interaction with them. Friend is kind.

**Scorpio** - Health continues to improve, but there may be a few challenges you must deal with. Travel now will not be for pleasure, and may be troublesome. Take everything in stride.

**Sagittarius** - This is an excellent week to begin any creative thinking. Keep your mind focused on the importance of your earnings and your assets. Youth, sports, bring rewards.

**Capricorn** - Life could become chaotic this week in a nice way as you move forward with new ideas. This is a good time for a real makeover in your appearance and wardrobe. Go for youth!

**Aquarius** - Adopt a positive asset toward improving your financial security, and do some creative thinking. You could come up with a bright idea. Take care of your health! Rest.

**Pisces** - Your focus shifts to earning power, the value of what you own, and the importance of positive, creative planning. You can discover great depths of your own creativity, or be restless.

## Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall, Rocklin Avenue.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U\*th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U\*th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym
- Little Folks Nursery School Parent/Board Meetings, 3rd Wednesday of each month, 7:00 PM at the school.
- Legion Ladies Aux., second Tuesday each month, 7:00 PM, Legion.

## thursday movies

### MORNING

10:00 am CITY (29) ★★ "Just Visiting" (2001, Comedy) Jean Reno. Drinking a defective potion takes a French nobleman and his servant from the Middle Ages to 20th-century Chicago. [E]

### EVENING

6:00 pm WTBS (3) ★★ "The Wood" (1999, Drama) Omar Epps. Young men, one of whom is about to be married, reminisce about their childhood during the 1980s in Inglewood, Calif.

9:00 pm CHBC (4) "A Daughter's Conviction" (2006, Mystery) Brooke Nevin. The only person who believes a woman is innocent of murder is the daughter, and she turns amateur sleuth to clear her mother's name. [E]

9:30 pm WTBS (3) ★★ "The Wood" (1999, Drama) Omar Epps. Young men, one of whom is about to be married, reminisce about their childhood during the 1980s in Inglewood, Calif.

hood during the 1980s in Inglewood, Calif.  
 10:06 pm CITY (29) ★★ "Loser" (2000, Romance-Comedy) Jason Biggs. A lonely college student falls for a classmate who has eyes for her much older English professor. [E]  
 11:30 pm WTBS (3) ★★ "Maximum Risk" (1996, Action) Jean-Claude Van Damme. Federal agents and the Russian Mafia chase a French policeman on a mission in New York City.

## Princeton Area Ghost Towns - The DVD



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## friday movies

### MORNING

10:00 am CITY (29) ★★ "Mr. Deeds" (2002, Comedy) Adam Sandler. A television producer tries to get the scoop on a small-town pizzeria owner after he inherits \$40 billion. [E]

### AFTERNOON

5:00 pm SPIKE (44) ★★ "Star Wars: Episode I - The Phantom Menace" (1999, Science Fiction) Liam Neeson. Premiere. Young Anakin Skywalker comes under the tutelage of Obi-Wan Kenobi and his Jedi master, as an enemy threatens the peaceful Galactic Republic.

### EVENING

7:30 pm FAM (26) "Spymate" (2003, Comedy) Chris Potter. A former agent and his onetime chimpanzee partner reunite for a final mission to save the man's brilliant daughter from a villainous scientist.

9:00 pm FAM (26) "The Cheetah Girls 2" (2006, Comedy-Drama) Raven. Premiere. Members of a teenage vocal group find adventure while participating in a music festival in Barcelona, Spain. [E]

10:06 pm CITY (29) "Sex House" (2003, Adult) Premiere. Couples find passion in every corner.

10:36 pm FAM (26) "Just Like Dad" (1996, Comedy-Drama) Wallace Shawn. A nerd's bullied 12-year-old son hires a macho guy to pose as his dad at a father/son picnic. [E]

11:30 pm WTBS (3) ★★ "Dream a Little Dream" (1989, Fantasy) Corey Feldman. An accident swaps the minds of a married older man and a teenager chasing his dream girl.

## Similkameen News Leader

Recipe Corner (Recipe #213)

Brought To You By: Similkameen News Leader

# Apple Custard Pie

Prep Time: 15 minutes / Bake Time: 50 minutes / Yield: 1 pie

- 1/2 cup (125 mL) sugar
- 1/3 cup (75 mL) Benson's OR Challenge Canada Corn Starch
- 3 eggs
- 1/2 cup (125 mL) butter OR margarine, melted
- 3/4 cup (175 mL) Crown OR Beehive Golden Corn Syrup (Crown Lily White Corn Syrup may also be used)
- 1/4 (50 mL) cup milk
- 1 teaspoon (5 mL) Spice Islands Pure vanilla extract
- 3 large cooking apples, peeled and thinly sliced
- 1 (23cm/9-inch) unbaked pie crust
- 2 tablespoons (30 mL) chopped walnuts, optional

Preheat oven to 375°F/190°C.

Combine sugar and corn starch in medium bowl. Whisk in eggs. Stir in butter, corn syrup, milk and vanilla. Fold in half of apples. Pour into pie crust.

Place remaining apples in overlapping circle on top of pie. Sprinkle with walnuts. Bake for 50 minutes or until center of pie is set. Cool on wire rack. Refrigerate.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

**226A Bridge Street, Princeton**

## Princeton Posse 2006/07 - The DVD



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# CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

## HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

### CHALLENGE #77 - Rated Easy

7		8	3		4		5	
	1						9	3
				5				
2			8		7			
3		9				4		5
			4		5			3
	8			2				
9	4							7
	3		7		1	2		8

### CHALLENGE #78 - Rated Hard

	3	1	4	6				7
		7		2	5	9	4	3
		6						7
	7	4		1				9
	5					2	1	
	1	5	9					2
7			2	4	8	6	5	
6								

THIS WEEK'S SOLUTIONS:  
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2007 Carter Boswell, Princeton, BC and published by Similkameen News Leader

## saturday movies

### MORNING

9:00 am WTBS (3) ★★"Richie Rich" (1994, Comedy) Macaulay Culkin. The boy zillionaire saves his parents and Rich Industries from a scheming executive.  
 CBC (13) "The Magic Flute" (2006) A prince and his loyal companion battle to save a princess. (E)  
 11:00 am WTBS (3) ★½"Beverly Hills Ninja" (1997, Comedy) Chris Farley. A ninja watches out for his portly adopted brother, hired to track a mystery woman's beau in Southern California.

### AFTERNOON

12:00 pm FAM (26) ★★"The Country Bears" (2002, Comedy) Christopher Walken. A runaway cub and his new friends attempt to reunite the former members of a once-popular all-bear band.  
 1:00 pm WTBS (3) ★★"Arachnophobia" (1990, Suspense) Jeff Daniels. A doctor and his wife buy a California farm with termites and a killer spider from Venezuela.  
 1:30 pm FAM (26) ★★"Honey, I Shrunk the Kids" (1989, Comedy) Rick Moranis. An inventor's ray gun zaps his son, his daughter and a neighbor's boys down to pea-size in his jungle of a lawn.  
 2:00 pm SPIKE (44) ★★"Star Wars: Episode I - The Phantom Menace" (1999, Science Fiction) Liam Neeson. Young Anakin

Skywalker comes under the tutelage of Obi-Wan Kenobi and his Jedi master, as an enemy threatens the peaceful Galactic Republic.  
 4:00 pm YTV (18) "Balto III: Wings of Change" (2004, Adventure) Voices of Sean Astin. Animated. Sled dogs and mushers challenge a pilot to a race when it appears that they will lose their mail duties. (In Stereo) (E)  
 5:00 pm WTBS (3) ★½"Showtime" (2002, Comedy) Robert De Niro. A straight-laced cop must work with a bumbling patrolman on a reality-based TV show.  
 A&E (9) ★★"The Godfather" (1972, Drama) Marlon Brando. Crime boss Vito Corleone and his sons rule their New York empire with Mafia justice. (E)  
 SPIKE (44) ★★"Star Wars: Episode II - Attack of the Clones" (2002, Science Fiction) Ewan McGregor. Premiere. Obi-Wan Kenobi and his Jedi apprentice, Anakin Skywalker, protect the former queen from political separatists.

### EVENING

6:00 pm CITY (29) ★½"Protection" (2000, Drama) Nancy Svak. A social worker copes with her own personal problems while trying to help a troubled family. (E) (DVS)  
 7:00 pm WTBS (3) ★★"Devil in a Blue Dress" (1995, Mystery) Denzel Washington. A mortgage and no job force a black war hero to seek a mystery lady for a shady guy in 1948 Los Angeles.

8:00 pm KSPS (6) ★★½"The Russians Are Coming! The Russians Are Coming!" (1966, Comedy) Carl Reiner. A Soviet officer and crewmen go ashore for help after their submarine runs aground off Nantucket.  
 KXLY (10) ★★"Harry Potter and the Sorcerer's Stone" (2001, Fantasy) Daniel Radcliffe. An orphan attends a school of witchcraft and wizardry and pieces together the mystery of his parents' deaths. (In Stereo) (E)  
 9:00 pm A&E (9) ★★"The Godfather" (1972, Drama) Marlon Brando. Crime boss Vito Corleone and his sons rule their New York empire with Mafia justice. (E)  
 FAM (26) ★★½"Jumanji" (1995, Fantasy) Robin Williams. A magic board-game brings forth African perils and a guy who disappeared in 1969 while playing it. (E)  
 CITY (29) ★½"Swimfan" (2002, Suspense) Jesse Bradford. A new student at a high school obsesses over a swimming champion who does not return her advances. (E)  
 10:44 pm FAM (26) ★★"Killer Flood: The Day the Dam Burst" (2003, Suspense) Joe Lando. An architect tries to warn a corrupt contractor that a dam will eventually break and cause a disaster. (E)  
 11:00 pm CITY (29) ★½"Protection" (2000, Drama) Nancy Svak. A social worker copes with her own personal problems while trying to help a troubled family. (E) (DVS)

## sunday movies

### MORNING

9:00 am WTBS (3) ★½"Beverly Hills Ninja" (1997, Comedy) Chris Farley. A ninja watches out for his portly adopted brother, hired to track a mystery woman's beau in Southern California.  
 A&E (9) ★★"Carrie" (1976, Horror) Sissy Spacek. A social misfit with psychic powers wreaks havoc at her prom to get even with pranksters. (E)  
 11:00 am WTBS (3) ★★"Arachnophobia" (1990, Suspense) Jeff Daniels. A doctor and his wife buy a California farm with termites and a killer spider from Venezuela.

### AFTERNOON

12:00 pm FAM (26) "The Brainiacs.com" (2000, Comedy) Kevin Kilner. To give his father a vacation, a boy concocts a scheme to buy control of his father's toy company.  
 1:00 pm WTBS (3) ★½"Showtime" (2002, Comedy) Robert De Niro. A straight-laced cop must work with a bumbling patrolman on a reality-based TV show.  
 1:30 pm SPIKE (44) ★★"Star Wars: Episode II - Attack of the Clones" (2002, Science Fiction)

Ewan McGregor. Obi-Wan Kenobi and his Jedi apprentice, Anakin Skywalker, protect the former queen from political separatists.  
 1:42 pm FAM (26) ★★"Matilda" (1996, Comedy) Mara Wilson. A little girl develops extraordinary mental abilities, despite neglectful parents and a brutal headmistress.  
 3:00 pm WTBS (3) ★★½"Devil in a Blue Dress" (1995, Mystery) Denzel Washington. A mortgage and no job force a black war hero to seek a mystery lady for a shady guy in 1948 Los Angeles.  
 VTV (22) "The Awakening" (1995, Romance) Cynthia Geary. A bored landlady finds new life after joining a handsome bounty hunter's search for a missing tenant. (In Stereo) (E)  
 4:00 pm YTV (18) ★★½"Kicking & Screaming" (2005, Comedy) Will Ferrell. A vitamin salesman and his overly competitive father go head-to-head as coaches of children's rival soccer teams. (In Stereo) (E)  
 4:30 pm CITY (29) ★★"The Legend of Zorro" (2005, Adventure) Antonio Banderas. The masked swordsman and his wife fight a European count plotting to block California's statehood. (E)  
 5:00 pm WTBS (3) ★★"The Client" (1994, Suspense) Susan Sarandon. Mobsters and lawyers hound a boy who knows about the

missing corpse of a U.S. senator.  
 CBC (13) ★★"Around the World in 80 Days" (2004, Adventure) Jackie Chan. With help from his two sidekicks, an eccentric inventor bets he can circle the globe in less than three months. (E)  
 SPIKE (44) ★★½"Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan McGregor. Premiere. Seduced by the dark side, Anakin Skywalker turns against his mentor, Obi-Wan Kenobi and becomes Darth Vader.

### EVENING

6:00 pm YTV (18) ★★½"Bad News Bears" (2005, Comedy) Billy Bob Thornton. Premiere. A single mother recruits a former baseball player to coach a ragtag team of misfit Little Leaguers. (In Stereo) (E)  
 7:30 pm WTBS (3) ★★"The Client" (1994, Suspense) Susan Sarandon. Mobsters and lawyers hound a boy who knows about the missing corpse of a U.S. senator.  
 8:00 pm CBC (13) "The Trojan Horse" (2008, Suspense) (Part 2 of 2) Paul Gross. The former Canadian prime minister takes revenge against his enemies. (In Stereo) (E)  
 9:00 pm FAM (26) "Class President" (2002, Comedy) Sam Poppen. A shifty campaign manager helps a 10-year-old boy run for class president against a girl.  
 10:00 pm WTBS (3) ★½"Playing God" (1997, Drama) David Duchovny. A decertified surgeon accepts a job as personal doctor for a Los Angeles mobster sought by the FBI.  
 10:30 pm FAM (26) ★★½"Breaking Free" (1995, Drama) Jeremy London. A troubled teen saves a starving stallion and helps an athlete find her competitive spirit at a training camp for the blind. (E)

## What's Five Bucks Get You These Days?

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MONDAY, APRIL 7, 2008

Table with 20 columns (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and 24 rows (6 AM to 11:30 PM) listing TV programs and channels.

monday movies

MORNING

10:00 am CITY (29) ★★ "Get Over It" (2001, Romance-Comedy) Kirsten Dunst. After splitting up with his girlfriend, a teenager becomes interested in his best friend's younger sister.

AFTERNOON

1:30 pm SPIKE (44) ★★½ "Star Wars: Episode III - Revenge of the Sith" (2005, Science Fiction) Ewan McGregor. Seduced by the dark side, Anakin Skywalker turns against his mentor, Obi-Wan Kenobi and becomes Darth Vader.

5:00 pm WTBS (3) ★★ "On Deadly Ground" (1994, Action) Steven Seagal. An oil-company trouble-shooter must blow up his employer's unsafe refinery to protect Inuit land in the far North.

EVENING

8:00 pm CBC (13) "The Robber Bride" (2007, Mystery) Mary-Louise Parker. Friends of a seductive journalist become suspects in her disappearance and apparent murder. (In Stereo)

9:00 pm WTBS (3) ★★ "On Deadly Ground" (1994, Action) Steven Seagal. An oil-company trouble-shooter must blow up his employer's unsafe refinery to protect Inuit land in the far North.

10:06 pm CITY (29) ★★½ "Simone" (2002, Comedy) Al Pacino. A filmmaker tries to fool the public by creating a computer-generated actress to star in his latest movie.

11:30 pm WTBS (3) ★★ "Slow Burn" (2000, Adventure) Minnie Driver. A woman's lifelong pursuit of lost family diamonds is interrupted by the appearance of two escaped convicts.

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**for rent**

1-bedroom suite for rent in downtown Princeton. Level access. \$425.00 per month including utilities. Need excellent references, D. D. Available May 1st. Phone (604) 484-2783 and leave a message.

Mar 11-tfn

**Gel Tax**  
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Apr 29

2,500 sq ft for lease. Zoned C2, on-site parking, lots of windows, single wash-room, perfect for retail. Located in high traffic location downtown on Bridge Street. Available immediately. Call Lee Mowry at (250) 295-1990.

Feb 19-tfn

**notices**

**Chuchwayha Bingo Every Sunday in Hedley**  
 Bonanza #'s called at 11:00 AM  
 1st Speed Bingo Game - 11:50 AM  
 Specials and Progressive Jackpot  
 Phone (250) 292-8574

1-month, 2-month, 3 or 4-month rentals available. Bachelor, 1 and 2 bedroom apartments. Call (250) 295-1845.

Mar 11-tfn

**help wanted**

Newly renovated 3-bedroom, 2-bath home, 6 appliances, HE furnace, rec room with gas fireplace, no pets, non-smoking. References required. \$825.00/month + utilities. Call Christine (250) 295-7217 or Marie (250) 493-6522.

Mar 18-Apr 08

**Trainers Wanted**  
 Teach over the internet in the comfort of your own home.  
 Flexible hours, great incentive and free training.  
**www.bossfree123.com**

Apr 29

For Rent - Country Life: cabin-like 2-bedroom mobile home with wood-sided additions, in trees on creek-side acreage, 10K East of town, Old Hedley Road. Blaze King stove, wood freely available nearby. Oil furnace backup. Wood shed. Storage shed. Fenced garden. New carpet, counter, etc. N/S. Working or pensioners. \$600/month including electric. Please call Bob or Karen (604) 874-9347. e-mail bob\_a@telus.net.

Apr 08

**looking to rent**

Billy's Restaurant is accepting applications for persons interested in cooking. Experience NOT necessary. Must be energetic, willing to learn and able to work well with others. Drop off resume anytime.

Apr 01-15

Retired couple looking to rent a house or cabin in or around Princeton. Minimum 2-bedrooms, please call Carmela or Paul at (250) 336-8880 or e-mail us at fun-nypics@shaw.ca

Mar 25-Apr 08

Best Western Princeton is looking for a full-time front desk clerk. If you are interested, drop in anytime for information.

Apr 01-15

Private lease and/or purchase of large acreage with good year round running spring/creek/river water for healing retreat centre. Easy access, bordering crown land, quiet with views and some level growing area is important. Call Charles and leave a message at (604) 317-3879 or e-mail charlesholmes@gmail.com.

Apr 01-15

**wanted**

**notices**

War medals, Military items, silver coins, scrap gold (rings, etc.) and old license plates. Anthony's Bookstore, Keremeos. (250) 499-8088.

Apr 01-15

Visit our website for access to real estate listings throughout the province as well as classified advertising throughout the internet.  
 Just go to [www.thenewsleader.ca](http://www.thenewsleader.ca) and click on Classifieds for more information.  
 You could also visit our information blog at <http://myhomeandgardennews.blogspot.com> for access to other online real estate programs.

**reward offered**

\$200 reward for the return of two power saws stolen from 79 Angela Avenue about March 10th. One is a newer Stihl 16-inch bar Model MS170, Serial Number 271369005. The other is an older Husquama 28-inch bar with no guard. Must be returned in good condition with the name of the thief. Please contact Princeton RCMP at (250) 295-6911.

Apr 01-15

**obituary**

**obituary**

**for sale**

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**Adolfini 'Josie' Schmidhammer**



Born December 2, 1941 in Austria, passed away suddenly in Penticton, BC on March 22, 2008.

At a young age, Josie immigrated to Australia where she met Ernie. They married in January 1964 and later moved to Canada. Diane Elizabeth, their daughter was born to them. Their family returned to Australia during their life together, but finally settled back in Canada, moving to Princeton, BC 4 years ago.

Josie was a very accomplished artist. In Australia, she worked as a nurse. She was also a hairdresser for 35 years, most recently at Jealousy Hair Salon in Princeton. Passionate about birds, Josie and Ernie have a beloved white Cockatoo named Prince.

Josie will be deeply missed by her husband of 44 years, Ernie; daughter Diane Elizabeth (Martin) Hanselmann and grandson Roy Ernst Hanselmann of Cairns, Queensland, Australia; and brother Johnny Kubiec of Perth, Western Australia.

Visitation for family and friends took place at Hansons' Princeton Funeral Chapel on Friday, March 28th, Saturday, March 29th and Sunday, March 30th. Cremation following.

Condolences may be sent to the family at [hansons@shawcable.com](mailto:hansons@shawcable.com).

Arrangements entrusted to the care of HANSONS' PRINCETON FUNERAL CENTRE 295-6102.

**Dianne Carole MacFarlane**

Passed away peacefully in Hospice House in Penticton on March 25, 2008 at age 63 from complications of diabetes. Dianne was pre-deceased by her parents, Howard and Olive (Oelrich) Jacoby and sisters Hazel and Verona. She will be greatly missed by husband Bill, daughters Carole and Karen, four grandchildren and numerous cousins and friends. Cremation will be followed by interment in the MacFarlane plot in Salmon Arm. A family memorial will take place after interment.

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1995 Jeep YJ hardtop, 4-cylinder, 5-speed. 10,000km on tires. No rust, good paint. \$5,500.00 OBO. Call (250) 295-7814.

Mar 18-Apr 01

12-foot 1999 Jayco Eagle tent trailer w/awning/boat racks/3-way fridge/stove (can be used either inside or out)/furnace. Sleeps 8. Very clean. Kept under cover at all times. Asking \$7,500.00. Call (250) 295-3343.

Mar 18-Apr 01

Laying hens for sale. (250) 295-6037.

Mar 25-Apr 08

One Sylvania 100-amp electrical panel, comes with 9 15-amp breakers, 1 15 amp double, 1 20-amp double, 1 40-amp double breaker. This panel was in a summer home for approx. 5 years, used for approx. 5-months. Asking \$150.00. 2 small direct venting propane gas heaters from small trailers, no electrical required. \$80.00 for both. Call (250) 295-3445.

Mar 25-tfn

Double bed, maple headboard. Clean, complete in excellent shape. \$100.00. Call (250) 295-6752.

Apr 01

4-year old registered thoroughbred. Excellent disposition, farriers well, great prospect horse. Asking \$2,000 or will trade for older, sound trail horse. Also for sale an 8-month old filly. (250) 295-0775

Apr 01-15

1993 Mazda MPV Van. All wheel drive, excellent body, needs head gasket. \$600.00. Call (250) 295-7828.

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## CARTER'S Sudoku Challenge

SOLUTIONS TO PUZZLES ON PAGE 16

CHALLENGE #77 - Easy

798	364	152
415	278	936
623	159	847
254	837	619
379	612	485
861	495	723
187	923	564
942	586	371
536	741	298

CHALLENGE #78 - Hard

549	387	162
231	469	587
867	125	943
126	894	375
374	512	896
958	673	214
415	936	728
793	248	651
682	751	439

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## WAREHOUSEMAN'S LIEN ACT

Attention: Jodi Townend and Tim McMullin  
171 First Street South East  
Salmon Arm, BC  
V1E 4H6

The contents of Unit #66 at Dewdney Trail Self Storage Ltd. have accumulated storage costs amounting to Three Hundred and Ninety-Eight Dollars and Twenty Cents (\$398.20). If you have not paid this outstanding account by Friday, April 4th, 2008, the contents will be sold by auction on Saturday, April 12th, 2008 to cover storage costs.

Attention: Charles Phillips  
850 26th Street South East  
Salmon Arm, BC  
V1E 2H6

The contents of Unit #133 at Dewdney Trail Self Storage Ltd. have accumulated storage costs amounting to Three Hundred and Twenty-two Dollars and Sixty-five Cents (\$322.65). If you have not paid this outstanding account by Friday, April 4th, 2008 the contents will be sold by auction on Saturday, April 12th, 2008 to cover storage costs.

## Town of Princeton NOTICE

For impounded pets, or to adopt pets please see the Community Bulletin Board at the corner of Bridge Street and Kenley Avenue.

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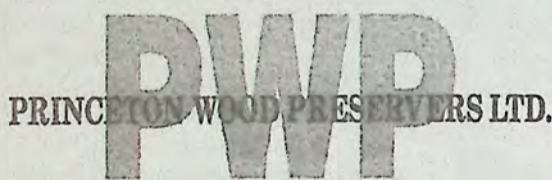
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## Regional District Okanagan-Similkameen Chief Administrative Officer

The Regional District Okanagan-Similkameen is looking for a Chief Administrative Officer. This position is responsible for the overall operations of this progressive organization and will be expected to provide sound and professional management practices as well as strong leadership to a dedicated staff body of 60 employees. The CAO oversees a budget of approximately \$30 million, 124 services and is the lead role in the strategic and community planning process working towards a sustainable future in the Okanagan-Similkameen.

This sun drenched wine growing region extends from Summerland in the north, to Princeton in the west and south to Osoyoos. Other communities in the region include Penticton and Oliver in the Okanagan Valley; and Keremeos in the Similkameen Valley.

The Regional District's Administrative headquarters are located between Okanagan and Skaha Lakes in the beautiful City of Penticton. The successful candidate will be an exceptional communicator. You will collaborate with the Chair, liaising regularly with Electoral Area Directors, Municipal Directors, member municipality staff and First Nation organizations. You will be creative and energetic and have proven management and consensus building skills. A strong record of accomplishment in the public or private sector and impeccable credentials will be important attributes. Experience in local government would be helpful but not essential.

Working very closely with the Chair, members of the Board and Senior Managers you will assume responsibility for the day to day operation of the Regional District and liaise regularly with the Electoral Area Directors, Municipal Directors, and staff of the member municipalities. In many cases you will be the spokesperson for the Region.

Those wishing to apply should submit their applications by Monday, April 28, 2008 to:

Jim Craven [craven@telus.net](mailto:craven@telus.net) and  
George Paul [georgepaul@shaw.ca](mailto:georgepaul@shaw.ca)

James R. Craven & Associates  
Phone (250) 744-9455 - Fax (250) 802-3573

# editor@thenewsleader.ca

Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., V0X 1W0

## my turn

### Prank you, prank you very much

I have to admit I've waited well over a year for our publication date to be April Fool's Day.

In my former career in Broadcasting April 1st was always a prank-filled day. I worked at radio stations in Kelowna and Penticton that would pull off some pretty funny stuff that was just about believable, which made them even better gags.

When I was managing the local Princeton radio station I continued the 'tradition' with my own April Fool's Day pranks - one of my favourites was April 1, 1998. The short version of the story is that I ran a news item that morning that announced the owner of the radio station had sold the business and was going into the newspaper business. The funny part was that there were already two weekly papers in town and now a third one was starting up.

I had even recorded congratulatory messages from local dignitaries and clients that aired throughout the morning to give the 'third newspaper' story some legs and accidental credibility.

One personal favourite moment from that morning came when my boss, the late Laurie Currie, sat in the control room with me to catch the morning news live. I hadn't told him about the prank so he got to hear it for the first time along with all the other listeners. It was a funny moment for me - not so funny for Laurie.

Another was when Dawn Johnson (News Leader owner at the time) received a number of phone calls alerting her to the news on the radio. Dawn and her family had just started the News Leader a few months before.

Her reaction was typical Dawn. She shrugged it off as me pulling an April Fool's gag.

Anyway, the reason why I'm telling you this is to help explain why you see a number of stories in this week's News Leader as being written by a reporter named April Phuel.

I hope I don't need to explain any further.

April does not exist. Sound out her surname, if you must.

The last time the News Leader published a paper on April 1st was in 2003. That was when Dawn wrote a hilarious, yet believable story about a vegetation eating carp that was being introduced into the Similkameen River. I was just the 'ad guy' for the News Leader at the time, but heard many comments about that prank from throughout the Similkameen Valley. In fact, one valley fish and game club got quite concerned until it was revealed to be an April Fool's prank.

There aren't many opportunities for us to write these kinds of stories in this business, so when Dawn and I first talked about the April 1st publication date, we knew we had to do something.

Hopefully you enjoyed our prank as much as we did putting it all together.

Sometimes we just need to laugh at ourselves, don't we?

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

ISSN 1712-090X

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Publisher:  
Office Administrator:  
Reporter:

George Elliott  
Brenda Engel  
Dawn Johnson



## your turn

# The lake issue returns

To The Editor:

I am writing you on behalf of the Fence Lake Committee. It appears

**Letter To The Editor**

## Reader shares bad idea

To The Editor:

Dear Mr. Editor, Sir:

I suspect you are so busy a person that you may miss what I would think would be a very funny opportunity for you!

Did you know that your next edition of the Similkameen News Leader will be dated April 1st?

I think it would be funny if you were to write up a bunch of funny almost believable stories to feature in that issue as a big April Fool's prank.

In fact I think you could write about the Similkameen Valley separating from the rest of BC. It would be very funny. You could also write a story about the name of Princeton being changed to

me that your publication does not take our plans very seriously. We are trying very hard to change

Vermilion Forks and maybe a sports story of some kind. Something wacky like a new football league forming with a team to be based in Princeton.

I'm sure you can come up with better ideas, but there's a few to get you thinking. I am laughing right now thinking about it.

- name withheld by accident  
(Editor's Note: We considered it once but decided something like that would never sell).

**Letter To The Editor**

## April's mom sends note

Dear Editor:

I just wanted to write you to say thank you for allowing my sweet

the name of Osprey Lake and find it difficult to be taken seriously.

I was sort of hoping you could provide us with some suggestions on how we could improve our credibility as we prepare to meet with wildlife officials to discuss our plans.

Thank you!

Sincerely, Barb Wire, Fence Lake Committee

(Editor's Note: I'm not even sure where to start with this. Let me see if I have it right, the three lakes out your way are Chain, Link and Osprey. You want to change Osprey to Fence, which would make the three lakes Chain, Link and Fence. I don't think I can help you).

little daughter, April, write for your paper.

She has always indicated a fondness for the written word and from what she was told by her teachers in school, she was going to go places.

We never expected it to be in the pages of your very fine and informative publication.

Once again, we thank you so very sincerely for supporting our daughter's wishes and giving her a hand.

Yours truly, Ida Phuel

(Editor's Note: April received a great deal of assistance from News Leader Owner/Publisher George Elliott, Reporter Dawn Johnson and a couple of anonymous helpers).

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Current Comment:

# Take a hard look at the economy



**Dawn Johnson**  
editor@thenewsleader.ca

About once a week, I watch NBC news to see what is going on in the United States. Recently, I saw a news report on the declining American economy. It was shocking.

The news wrap report stated 22,000 new applicants in the past week had registered for unemployment benefits. The majority had been employed in the retail trade. The report then went to Seattle retailers, who said sales had dropped dramatically and several had had to lay off staff. Other retailers had shut their doors, perhaps forever.

The report then moved to an economist who stated, "American consumers are scared. They are saving their money. The American economy has been riding on the back of the consumer for 70 percent of economic activity."

The report then went to individual consumers, who admitted they are buying only what they need.

President George W. Bush has put in a plan to stimulate the economy. The plan will give American families extra money to spend. The fear is that most families will put it in a savings account instead of spending.

A couple of weeks ago, I talked about the trend in the United States of living more simply and saving money. This is related, but not the crux of the situation. The economist described most accurately what has happened to the American economy: the government counted on the economy remaining strong from unfettered consumerism. Add that to the mortgage failure rate that created the crisis, and it looks pretty obvious what is going on.

What is not so obvious is the fact that too many American corporations "outsourced" manufacturing.

The shift of jobs out of the United States to places like China, Taiwan, South Korea and Mexico meant Americans lost jobs, real jobs with good pay cheques. People were put out of work in large numbers 10 years ago. Now the effect is catching up to the American economy.

I watched another program about the reasons for the war in Iraq, and heard a politician say something about the need to protect American interests in the Middle East. Whoa! The average American has no interests in the Middle East. The oil corporations have interests in the Middle East, but corporations have shown, time and again, that they have no loyalty to any nation. They operate for profit, first and last, and nations who put their own interests first can easily be abandoned by corporations. In fact, the American government continued to give tax breaks to American corporations while those same corporations were moving their money to the Cayman Islands and the jobs to Third World countries where the governments would dance to the corporate tune.

I thought about what young people were saying 40 years ago. They were saying North Americans were too materialistic, and no nation could survive by defending on unfettered consumerism. Those young people have lived to see the truth of that statement.

All the signs of economic deterioration have been around for many years. The increase in homelessness and the increase in food banks are economic red flags, in my opinion. I remember stories my parents told of the Great Depression. People could not afford to pay rent and were

turned into the street. Families scratched out a meagre living, and often relied on handouts. Unemployed men were everywhere, riding the boxcars, walking down country roads, offering to work for a meal - anything to find work and often, just to find a meal.

We hear stories about the working poor these days. They are all around us. What most of us don't see is the big, big gap between the rich and poor. This, too, was a characteristic of the Great Depression. If you watch certain television channels, they show you how the rich and famous live. What you do not see on television is programs about North Americans living in poverty, just scraping by. They are everywhere these days.

A lot of Canadians feel a little smug about our dollar being higher than the American dollar. Go to your bank and see how our dollar stacks up against the Eurodollar. Bragging about our dollar is foolish. Our dollar, in terms of world economies, is really no better than the American dollar, and that dollar is in bad shape.

Canadians, too, have been guilty of too much foolish consumerism. We were urged to "buy Canadian" but we opted for cheap goods from foreign manufacturers. We bought foreign cars and electronics manufactured in Taiwan and South Korea. We have continued to import all kinds of exotic foods from far away. We failed to stop giving tax breaks to corporations who outsourced their manufacturing.

The best thing we can do for our economy, right now, is to buy goods and food made close to home, and to shop locally, looking for the Made in Canada tag.

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**Brenda Engel**  
OFFICE ADMINISTRATOR  
brenda@thenewsleader.ca

**George Elliott**  
OWNER / PUBLISHER  
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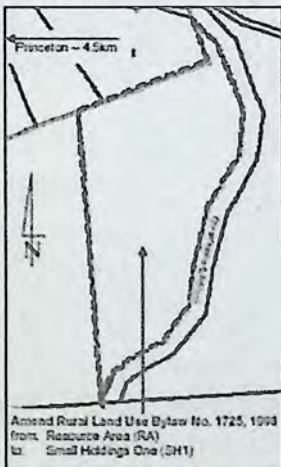
Rural Land Use Bylaw Amendment Application  
529 Willies Ranch Road, Rural Princeton, Electoral Area 'H'  
Lot A, Plan 32225, District Lot 3528, SDYD

**NOTICE OF PUBLIC HEARING:**  
Wednesday, April 16, 2008 - 6:15 PM  
Riverside Wellness Centre  
148 Old Hedley Road, Princeton, BC

**PURPOSE:**

Amendment Bylaw No. 1725.14, 2007: to amend the Rural Land Use Bylaw by changing the designation of the subject property from Resource Area (RA) to Small Holdings One (SH1).

This rezoning will facilitate the subdivision of two new parcels from the 7.4 hectare (ha) subject property measuring approximately 2.0 ha and 3.2 ha in area respectively, while leaving a remainder parcel of approximately 2.0 ha.



**VIEW COPIES OF THE DRAFT BYLAW & SUPPORTING INFORMATION AT:**  
Regional District Okanagan-Similkameen  
101 Martin Street, Penticton, BC  
Monday - Friday 8:30 AM - 4:30 PM  
Princeton Town Hall  
169 Bridge Street, Princeton, BC  
Monday - Friday 9:00 AM - 4:00 PM

Anyone who considers themselves affected by the proposed bylaw amendment can present written information or speak at the public hearing. All correspondence for the public hearing to be addressed to: Public Hearing Bylaw No. 1725.14, c/o Regional District Okanagan-Similkameen. No letter, report or representation from the public will be received after the conclusion of the public hearing. This public hearing has been delegated to a Director of the Regional District.

**FOR MORE INFORMATION PLEASE CONTACT PLANNING SERVICES:**  
Telephone (250) 490-4107 - Fax (250) 492-0063 - e-mail: [planning@rds.bc.ca](mailto:planning@rds.bc.ca) - Web: [www.rds.bc.ca](http://www.rds.bc.ca)

Susanne Theurer, MCIP  
Planning Services Manager

**Letter To The Editor**

# Stefan appreciates the clean up

Dear Editor:  
RE: Princeton Town Clean Up 2008

Thanks to everyone who helped so much in getting this town moving in the right direction! It was hard to believe how many people showed up so early on a Saturday morning and made sure a lot of garbage tossed from years ago was removed.

Thank to everyone in town who was part of the clean up - I think we all were exhausted at the end of the day but even more satisfied with the result!

From the yellow car beside the river and about ten times more metal than we expected to find below the high school to every little and big pieces of plastic and paper along our streets and in other areas. A lot of citizens collected unbelievable amounts of trash!

Anything from heavy metal pipes to bumpers, batteries, umbrellas, tires and camping chairs were found and removed just by the small group of people I joined. I am sure there was a lot more found and removed by all the other citizens who helped.

Princeton is on it's way to become a better, cleaner and more desirable town to live in and this all helps to bond everyone who lives here more and more each week as we get things accomplished!

This event could be held twice a year if you ask me and hopefully less junk will be found than this time.

Now we can slowly think about the town painting challenge (what challenge?) mid to late April. WE CAN DO IT!

- Stefan Dietz, Princeton

# Lake to change name - or not?

by April Phuel

After several meetings and much discussion a consensus was achieved for a name change of Osprey Lake.

The new name, Fence Lake, has been submitted to the Ministry of Registered Lake Names for acceptance and ratification by April 20th.

The process will include a 'search' element where all lakes and streams in the region will be examined to ensure there isn't already a lake with the same name within a 250-kilometres zone.

Property owners of Chain and Link Lakes were not actively involved although the two we were

able to contact seemed okay with the idea.

The deadline to express concerns is April 12, 2008 and a local mailbox has been dedicated to the cause. Send your feedback to: The Involved Regional Lakeproperty Yes-sayers at PO Box 1090, Princeton, BC, V0X 1W0.

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**The scene:**

November 1999. Municipal Elections are underway. The Town of Princeton sees a Mayor returned by acclamation and a total of five hopeful Candidates running for four seats.

**The result:**

A total of 24 votes separate four and fifth place. The loser was unemployed former radio broadcaster George Elliott. He dusts himself off and becomes a motivational speaker using the election loss to inspire others to succeed.

Elliott has since traveled extensively throughout the Similkameen sharing his thought-provoking message and now you can own it with his latest DVD project:

# “Get Past Being Last”

Elliott has spent the past year recording speaking engagements in public buildings, parking lots and supermarket line-ups and condensed it down to a 15-minute DVD featuring his best personal observations!

**For example:**

“I got tired of looking in the mirror each morning and seeing a loser, so I took the mirror down.”

“People still ask me to run for Council and I just shake my head and say, ‘Where were you and 23 of your friends back in 1999?’”

**Or this award winning quote:**

“Do you use the Municipal Act as bedtime reading because I do. I find it’s as boring as an unscheduled Committee of the Whole meeting.”

This limited edition DVD will only be available for a short period of time and once they are gone, there will be no more produced.

Available exclusively at the News Leader for \$24.24 each.

**Here’s a paid endorsement:**

“I thought it was cool that way he included a beginning, a middle and an end to the message and kept them in that order.” – April Phuel, Similkameen News Leader

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USIB canoe project continues to take shape. Photo: Lorraine Lance

**Group holds memorial tourney**

On Sunday March 9th we held the 7th annual Guy Bruneau Doubles Memorial Cribbage Tournament in the Legion Hall. This was a special year as we were holding it on Guy's birthday.

Forty teams turned out for this wonderful event with seven of the teams coming in from out of town. We played ten games of crib in the morning then we were treated to a

wonderful lunch with two types of soup (made by Jean Borud) and sandwiches which were prepared by Jean Borud, Jan Terepocki and Cecil Anderson.

Cecil Anderson was then checking all the scores on the crib to make sure there were no mistakes made. Meanwhile Jeanette Lee and Cam Powley were busy since 8:30 AM selling all the raffle tickets for us

and they stayed right to the end of about 3:00 PM.

After such a wonderful day I would like to thank everyone for such a great turnout and a big thanks to all my helpers. Without you we could not have these tournaments. Thanks to Chuck Whitlock, Jean Borud, Jan Terepocki, Cecil Anderson, Jeanette Lee, Cam Powley and the Legion. A special thanks to Lori, Arnie and Joey Powell who helped us set everything up on Saturday night. After nineteen games this was the final outcome:

Lori Powell (Guy's daughter) presented the prizes with First Place going to her husband and father-in-law.

**First Place** - Arnie and Jack Powell - 2254, \$500.00

**Second Place** - Dennis Yampolsky & John Lacerino - 2253, \$300.00

**Third Place** - Laura Haw & Roy Larson - 2225, \$250.00

**Fourth Place** - Helen Gallagher & Aggie (Penticton) - 2218, \$150.00

**Fifth Place** - Greg & Linda Ghiloni - 2197, \$100.00

**Sixth Place** - Charlie Weatherbie & Don McIntosh - 2191, \$60.00

**18 Hand** - Marg Brice, **22 Hand** - Joe Beausoliel, **Crib Flush** - Marlene Robinson (all winners paid \$20.00).

Next tournament the 28 Hand will be \$60.00 and the 29 Hand will be \$320.00.

Low game of the day went to George Judd and John Tanaka with a 53. They get an automatic paid entry into the next tournament worth \$40.00.

Please watch for the posters of the next tournament in the Legion windows.

- submitted by Kim Herzig & Ron White

**Vandals hit school twice**

Princeton RCMP responded to a fire call at 9:00 PM on Wednesday, March 26th at John Allison Elementary School. Princeton Volunteer Fire Department had already responded to the call and were at the scene and extinguished a small fire which caused 'very minimum' damage inside a hallway of the school.

Police have determined the fire was intentional.

"Investigation indicated the fire originated from a suspect or suspects igniting cardboard covering a damaged window which had been broken on the 23rd of March," explained Princeton RCMP Detachment Sgt. Gary Macahonic.

"On this date (March 23) culprits broke the window, set fire to some

paper then threw it in the school through the window."

Macahonic says there was no fire damage in that incident as the paper "self extinguished" but says both incidents are believed to be related and investigative steps are underway.

"In both incidents the potential for loss of the school was very real. The Princeton RCMP are conducting a full investigation and all avenues are being looked at. There is reason to believe there may have been a witness or at least someone able to supply additional information regarding this incident."

Macahonic says anyone with information related to these incidents in encouraged to contact Princeton RCMP at (250) 295-6911.

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Herman Edwards and Chuck Holmes, Sr. use power and hand tools to plane the outside keel of the large cottonwood canoe behind Chuchuwayha Hall in Hedley. The craft has been worked to such a degree already that it is able to be turned over by only two people, and soon resin will be applied to slow down the drying process. Edward hopes to start carving on the third canoe this week. - submitted by Lorraine Lance

# Dorothy's weekly report

Spring seems to have arrived even though the sun hides at times allowing Old Man Winter a brief moment to drop a bit more snow upon us.

Day Care this week had a different kind of game for us. Two columns of scrambled words were printed on the blackboard. We were asked to unscramble one set and then associate them with the others. That made us think! Of course we did our Word Search game.

We also used our new Bingo cards. Large clean numbered cards makes the game more

attractive. We do exercises to music for half an hour before lunch. Ruth K. comes a little early and enjoys our Word Search game before playing the organ. Thank you, Ruth.

There seems to be a bit of stomach complaint in the community - it didn't miss all of us. I hope it missed you.

The Easter Bunny (Reet) visited us with two baskets of chocolate eggs. She hopped between the lunch tables giving each person something from her basket. Our tables were tastefully adorned

with pretty Easter serviettes courtesy of George. Thank you George for thinking of us.

Assorted Easter eggs were placed in a sealed glass jar and each person asked to guess the number of eggs. There were 615 eggs and two ladies tied with a guess of 610. Of course each received a small gift!

- submitted by D. Stenvold

## Join the Flea Market!

Spring is here! Flowers In Motion is back!

Calling all farmers, crafters, knitters, sewing, artists or anyone including organizations and groups, interested in selling their 'stuff' at the Princeton Plaza Flea Market every Saturday (and/or Sunday, too!).

Great highway exposure, so dig

through your boxes, basements, garages, attics, sheds, etc. and come out and have fun!

Everyone welcome - the more the merrier - plus it doesn't cost anything!

Remember, another man's junk is another man's treasure.

For information contact Margaret at (250) 295-6732.

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<p><b>Gain A Lot!</b></p>  <p><b>Lot 7 Osprey Lake \$162,000</b> 17 acres of seclusion on Osprey Lake Road, 30km from town, 8 more to Chain. Trans Canada Trail. Subdivision possibilities. <a href="#">mls.ca#39844</a></p>	<p><b>Escape to the Country</b></p>  <p><b>Lot 1 - 28K Summers Cr Rd \$169,900</b> 20 acres has drilled well, power to lot line and is nicely benched with beautiful views for building that new cabin. <a href="#">mls.ca#41540</a></p>	<p><b>Resort Area</b></p>  <p><b>Lot 2 - 28K Summers Cr Rd \$199,900</b> Just a hop, skip and a jump to picturesque Missezula Lake. Access to crown, zoning allows resort and more! <a href="#">mls.ca#41541</a></p>	<p><b>Multi-Season Retreat</b></p>  <p><b>Lot 3 - 28K Summers Cr Rd \$279,000</b> 20 acres backing crown land allowing you to hunt, quad, snowmobile and hike out your back door! <a href="#">mls.ca#43383</a></p>	<p><b>Get-a-way! Hide-a-way!</b></p>  <p><b>Lot 5 - 28K Summers Cr Rd \$239,000</b> Creekfront 20 acres around the corner from Missezula Lake. Drilled well, power at lot line, many building sites. <a href="#">mls.ca#41544</a></p>
<p><b>Endless Opportunity</b></p>  <p><b>Lot 6 - 28K Summers Cr Rd \$329,000</b> Not in ALR! 40 acres zoned for 20 acre parcels. Minutes to Missezula Lake and backs on crown land. <a href="#">mls.ca#41545</a></p>	<p><b>Quality &amp; Comfort</b></p>  <p><b>181 Missezula Lk Rd \$425,000</b> Custom quality-built home at Missezula Lake. Double garage and storage sheds. <a href="#">mls.ca#37597</a></p>	<p><b>Golden Opportunity!</b></p>  <p><b>164-6 St., Tulameen \$850,000</b> Don't miss your chance to own this rare CT Zoned property in Tulameen. Run your own business and live in one of the most sought after areas. Previously run as a 16 site RV Park. What's your dream? <a href="#">mls.ca#41794</a></p>	<p><b>A Dream In Progress</b></p>  <p><b>613 Similkameen Av \$347,500</b> Recent updates and more on the way - priced to point of completion. <a href="#">mls.ca#NEW</a></p>	<p><b>Dreams Calling</b></p>  <p><b>307 &amp; 309 Ninth Av \$159,000</b> Bring your dreams to this location, house is solid and ready for your renovation! <a href="#">mls.ca#44125</a></p>
<p><b>Coalmont Reacquaintance</b></p>  <p><b>1877 Front Street \$149,000</b> Bright sunroom opening up to a 2-level deck in the heart of Coalmont. Close to TCT! <a href="#">mls.ca#NEW</a></p>	<p><b>Immaculately finished details</b></p>  <p><b>298 Lachine Avenue \$267,500</b> More than enough room for all of you and finished with a perfectionist eye! <a href="#">mls.ca#44060</a></p>	<p><b>Creekfront Acreage</b></p>  <p><b>2255 Highway 40 \$210,000</b> 5 level acres backing down to Hayes Creek. Well and driveway in. Minutes to 3 Lakes and KVR across the road. <a href="#">mls.ca#44096</a></p>	<p><b>Tulameen Treasure</b></p>  <p><b>163-2nd Street \$349,900</b> Minutes to Otter Lake, this immaculate cabin on a double lot is a rare treat! Storage for the toys and woodstove for cozy nights! <a href="#">mls.ca#44124</a></p>	<p><b>Cozy &amp; Warm</b></p>  <p><b>981 Cawston Ave \$174,800</b> This home will welcome you with its warmth and open layout! Affordable, too! <a href="#">mls.ca#44123</a></p>
<p><b>It'll open a lot of doors for you!</b></p>		<p><b>Private, Peaceful, Perfect!</b></p>  <p><b>3157 Coalmont Rd. \$499,000</b> Majestic views, peace and tranquility! Have it all in this fully furnished 7-bedroom home with lake view and shared private beach. <a href="#">mls.ca#NEW</a></p>	<p><b>Lakefront Acreage</b></p>  <p><b>4245 Princeton-Summer'd \$1,499,000</b> All services in plus cabins and outbuildings. Fly-in lake (or drive - only 45-mins from Okanagan). Exceptional lake frontage. Swimming, fishing, dock. All seasons! <a href="#">mls.ca#43985</a></p>	<p><b>Affordable Mobile!</b></p>  <p><b>#7-473 Corina Ave \$33,000</b> 3-bedrooms + den with updated oak cabinets and flooring. Priced to sell! <a href="#">mls.ca#44259</a></p>

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