

Princeton Rodeo Club President Mike Theal cleans up one of the chute gates in preparation for this weekend's Rodeo. A total of over \$27,000 has been collected in sponsorships, entries are up to 224 from last year's 150. The weekend will include a dedication ceremony for the Kenny McLean Memorial Arena. The Princeton BCRA Rodeo is Saturday and Sunday, May 10th and 11th. \*

## First Healthy Harvest boxes arrive May 14<sup>th</sup>

Princeton Healthy Harvest Box steering committee members are proud to announce the first distribution of the long-awaited Harvest Box. You can pick your box up at the Legion Hall on Wednesday, May 14th. Pick-up time is 2:00 PM to 5:30 PM. Subscribers are asked to bring their own boxes or bags to take their produce home in.

You can also pre-pay for your June 11th box when you pick up your produce. The price for the June Harvest Box, and subsequent months has gone up to \$24.00. This price increase reflects the rising costs of transportation (read fuel) and the fruits and vegetables them-

selves. We are committed to keeping the price stable at \$24.00 per month for the rest of 2008.

There will be a volunteer orientation on Wednesday, May 7th at 10:00 AM at the Princeton Legion Hall for those of you who are volunteering to weigh, sort and distribute the Harvest Box.

"We could not provide this service to our community without our wonderful volunteers," commented Ann Hughes, Project Coordinator.

"I'd like to express my thanks to our hardworking steering committee and the folks who worked so ..... continued on Page 10

# Drilling success justifies expansion

Copper Mountain Mining Corporation (CMMC or the Company) announced May 1st that the initial 30,000 meter drill program currently underway at the 100% owned Copper Mountain project has been expanded to a 50,000 meter program based on success to date.

The program is focused on continued expansion of the resource base through both incremental additions to known resources as well as the discovery and delineation of new zones of mineralization.

A total of five drills are currently working on the property: two drills are being used to obtain detailed geotechnical data for the concentrator and primary crusher foundation design that is needed for the feasibility study; one drill is being used to drill a series of deeper holes to better interpret the large chargeability anomalies defined by the recently completed Titan 24 geophysical survey; and two drills are

drilling the northwest and northeast ends of Pit 2 where drill results have identified new zones of mineralization that indicated potential for expansion of the planned Super Pit.

All exploration drilling since January 2008 has not been included in the updated resource report being prepared for the Feasibility Study which is expected to be completed in the first half of this year. The 2008 drill results will be added to new resource estimates as the project progresses and used for subsequent optimization of the mine plan.

The most significant results continue to come from the newly defined higher-grade zone located just west of Pit 2 and north of Pit 1, where drill-hole P1-09 intersected 335 feet grading 0.57% Cu Eq starting at a vertical depth of 600. Drill-hole P1-10 which was drilled at an azimuth of 140 degrees, perpendicular to the orientation of P1-09, was designed to test the mineralized zone and the Titan 24 chargeability anomaly in this area. A number of mineralized zones, were intersected by this drill-hole over a drilled distance of 1,470 feet

which validates the geophysical results in this area.

Drill-hole P2-96 was drilled to the northeast of the Pit 2 area and may define the northward extent of mineralization at the east end of the Pit 2 because only a narrow zone of mineralization was intersected. Drill-holes P2-99 and P2-101 were drilled across a peninsula of low grade material that protrudes into Pit 2 in order to provide better definition of the felsite dykes in this area and to test mineralized areas of unknown size that were encountered by historical vertical drilling. The results of these holes will provide better data for the design of the open pits.

Drill-holes P2-98, 100 and 101 were drilled to the northwest of the Pit 2 area and indicate that low grade mineralization continues to trend west-north-westerly from the Pit 2 area. Drill-hole P1-07 was drilled to test the area below Pit 1 and was extended to test the area between Pit 1 and Pit 3 at depth and although it intersected mineralization below the northwest side of Pit 1 it did not encounter significant mineralization below the remainder of Pit 1.

Similarly, drill-hole P1-08 was targeted to test area below the center of Pit 1 and indicated that although numerous narrow intersections of mineralization are present, no significant intersections were encountered at depth.

The mineralized system at Copper Mountain is classified as a bulk-tonnage, alkalic porphyry copper deposit that is hosted within Nicola Group volcanic rocks.

Mineralization is structurally controlled and focused at multi-directional vein intersections and within vein stockwork systems. Drill holes are usually drilled at angles of -45 or -55 degrees to provide the best indication of the lateral extents of vertically oriented mineralization.

The Copper Mountain project is strategically located 300 km outside of Vancouver. The Copper Mountain project is a former producer and has extensive infrastructure in place, including power and water. The site can be accessed year round via a paved public road to the mine gate, 20 kilometres from Princeton.

A Feasibility Study is currently under way with completion target-

ed for the first half of 2008.

### Quality Assurance

The company employs a system of quality control for drill results which includes the use of blanks, certified reference material (standards) and check assaying. Core is logged on site and split with a diamond saw.

Samples are shipped to Pioneer Laboratories for geochemical analysis of copper with all values of greater than 1,000 ppm copper being re-analysed by assay meth- ..... continued on Page 10

## Oops!

A front page story in the April 29th Similkameen News Leader with the headline 'We have enough doctors' stated the following: "Dr. Adams has created a walk-in clinic at Vermilion Medical Centre..."

This statement is incorrect as Vermilion Medical Centre has not changed any aspect of how it operates. We apologize for the confusion and inconvenience to Dr. Adams, his staff and patients.

**CARTER'S**  
Sudoku  
Challenge  
PAGE 16 - IN YOUR TV GUIDE SECTION



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### Upcoming Programs At The Skills Centre

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May 23-25, 2008



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SUNDAY, MAY 11<sup>th</sup>

**PRINCETON PLAZA PARKING LOT**



Princeton GSAR members perfect their helicopter hover exit skills. - photo submitted

## PGSAR receives training exercise

South Okanagan SAR (SOSSAR) teams (Penticton, Oliver/Osoyoos Keremeos and Princeton Ground

Search and Rescue members) participated in a helicopter hover exit training exercise in Penticton April 20th.

British Columbia Search and Rescue Association (BCSARA) provided some funding so that SOSSAR members could practice this vital skill.

Hot loading (entering and exiting while the rotors are turning) is used in the event that a helicopter can't safely land to drop off or pick up its occupants.

In the hangar of Eclipse Helicopters Inc, pilot Eric Stoof reviewed all the safety and loading procedures.

We then did a run through of the procedure to familiarize ourselves without the engine running. We then proceeded to the flight line to do it for real.

We loaded into the helicopter and took off to the climbing cliffs area to the East of Penticton. Eric nosed the helicopter in to a ledge and we

proceeded to exit the helicopter.

To give us the experience of working around the helicopter he lifted off and did a quick loop around us and then landed beside us, and we got back in. Back at the airport we practiced getting out while hovering. Team members learned to be very gentle in exiting as even the slightest movement would move the helicopter.

Back safely on the ground the team was all in agreement that the highlight of the training (besides crawling out of a moving helicopter) was when the helicopter landed beside us on the cliffs. Team member Devin Huff put it the best, "the size of it, the noise, and the skill of the pilot gently putting the machine down beside us was amazing."

If you are interested in joining Princeton GSAR, call Arnie at (250) 295-8482 or visit the SAR Hall at 296 Rocklin Avenue most Tuesday nights. - submitted by R. Rorvik

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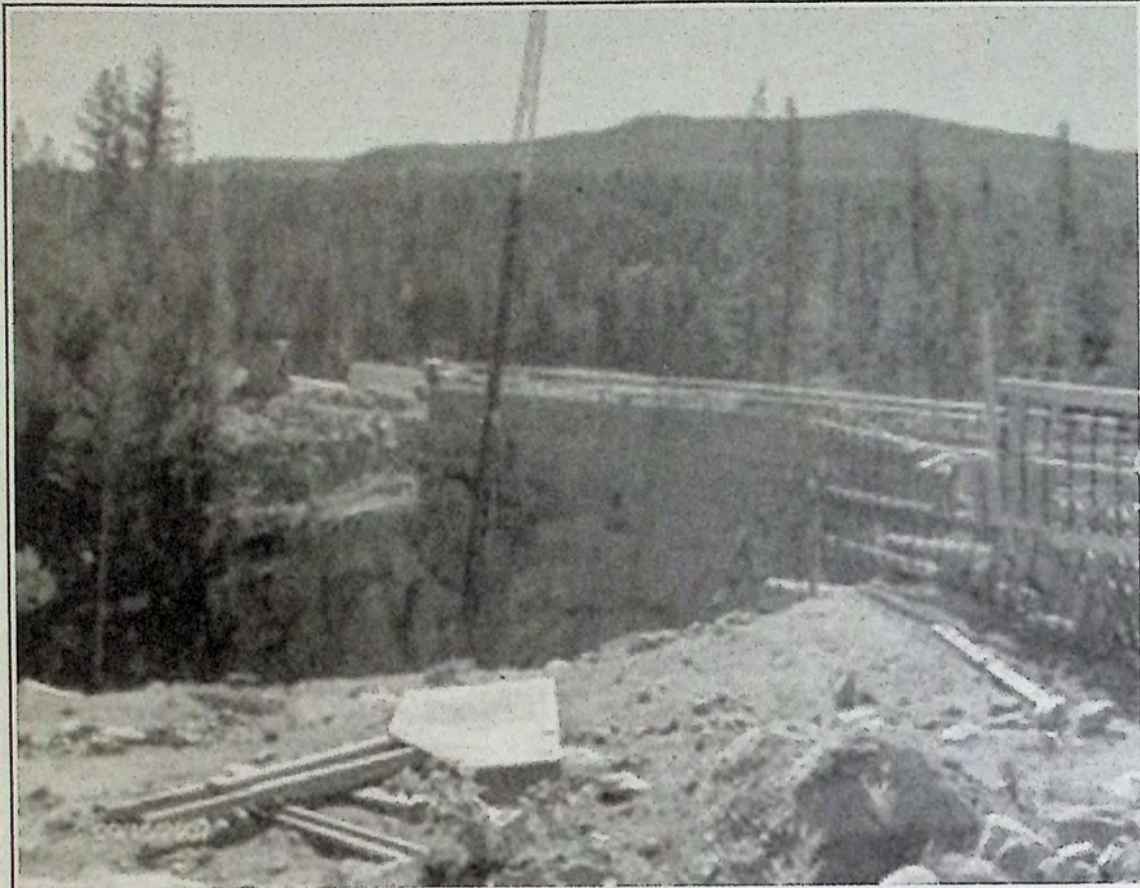
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The project at Thirsk Lake continues to take shape. Photo: Jean Roberts

# Committee sends update

The Leaders for Literacy Task Group has been very busy since our last community meeting on March 4.

A complete Literacy Inventory has been taken and catalogued, we have a community profile, a Community Literacy Map has been constructed (with help from the RDOS) and our webpage is up and running ([www.princetonliteracy.org](http://www.princetonliteracy.org)).

We are currently holding focus group meetings within the community talking with the teachers, the students, different service organizations, preschool services, parents, the seniors and also the workplace employers; all searching for the same information...what is it that Princeton needs in order to be a successfully literate community?

We are gaining some valuable insight into the information highway of literacy. We would like to

share what we have learned with the community at our next meeting, which will be a formatted like a workshop on Thursday, May 15th, 7:00 PM at the Princeton & District Skills Centre, 206 Vermillion Avenue.

This will give the citizens of our community the opportunity to play an active role in the direction of growth for our Literacy Plan. We will be setting priorities for the goals that have been discovered throughout this process. We will also be discussing programming, funding opportunities and the implementation process that directly follows the completion of the Community Literacy Plan due May 31, 2008.

We encourage all our supporters, community partners, parents, students and our residents to attend the meeting on Thursday, May 15th at 7:00 PM. -submitted

## Young Life hosts dessert/info meeting

Young Life Princeton will open their doors to interested residents who would like to learn more about the existing facilities and the exciting new expansion plans currently in the works.

"We would like to provide you an evening of entertainment and information, accompanied with delicious dessert," says Scott

Musgrove of Young Life Princeton. "We are excited to share with you the different things that are happening in Young Life in both Princeton and RockRidge Canyon."

Musgrove says all you need to bring with you is a sweet tooth and any questions you may have about Young Life.

The dessert/information meeting is

planned for Tuesday, May 20th from 6:30 to 8:00 PM at RockRidge Canyon (past the Golf Course on Darcy Mountain Road).

If you plan to attend, Musgrove would appreciate RSVP calls at (250) 295-7945 by May 13th.

To find out more about Young Life Princeton visit their website at: <http://princeton.younglife.ca>.

### UPCOMING TOWN COUNCIL MEETINGS:

**7:30 PM, Tuesday, May 20<sup>th</sup>**  
**(MOVED FROM Victoria Day Holiday)**

**7:30 PM Monday, June 2<sup>nd</sup>**



## Princeton Town Hall News



169 Bridge Street PO Box 670 Princeton BC V0X 1W0

Phone: (250) 295-3135 Fax: (250) 295-3477 Email: [prince@nethop.net](mailto:prince@nethop.net)

website: [www.princeton.ca](http://www.princeton.ca)

### USE WATER WISELY

As the weather turns warmer and drier, it's up to you to be water wise. Economically speaking, it makes sense. Not only do we have to think about using our existing supplies wisely we also have to consider costs. Water is getting more expensive. It's costing us more to supply, to treat, to dispose of, and to treat again. The energy required to meet these demands is enormous and also carries with it an environmental price tag. Just because the water is available does not mean that we have to use it with such reckless abandon.



#### Quick Fact About Lawn Sprinkling:

*How much water does my lawn really need to stay healthy?*  
During the summer, make sure your lawn gets no more than 2.5 cm of water (including rainfall) per week to keep it healthy - and water early in the morning on your designated sprinkling days.

Please respect the *water restrictions* that are in effect from *May 15 to September 30*. If you are an odd numbered home you are permitted to water on odd numbered days, if you are an even numbered home you are permitted to water on even numbered days. Sprinkling is prohibited between noon and 6 pm on your watering day. Your cooperation will ensure a reliable water system for all residents.

### EMPLOYMENT OPPORTUNITY

The Town has an opportunity for a self-motivated, tactful and customer service focused individual to provide bylaw enforcement services.

The Bylaw Enforcement Officer is responsible for ensuring compliance with the town's bylaws including, but not limited to: parking, dog control, illegal dumping, watering, noise, burning and business licensing. The position is also responsible for the care of animals impounded at the town pound.

Candidates must possess a valid Class 5 (with extract), high school graduation and proven computer skills (including familiarity with MS Office). Preferred applicants would have bylaw enforcement and investigative skills training.

This part-time term position is based upon 17.5 hours per week working Monday to Friday with some weekend and evening work as required. Current rate of pay is \$19.00 to 21.00/hour. The wage and job description are currently under review.

This is a term position (to December) with the potential for regular part-time status after the year-end review.

Resumes and cover letter detailing your interest should be forwarded in confidence no later than May 16, 2008 to:

Town of Princeton, PO Box 670, 169 Bridge Street Princeton, BC V0X 1W0

The Town of Princeton thanks all applicants for their interest. Only those candidates selected for an interview will be contacted.

**PRINCETON AIRPORT APPRECIATION DAY**  
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### SUMMER RECREATION STAFF REQUIRED

The Town of Princeton Parks, Recreation & Culture Department is now accepting resumes for Summer Recreation Staff. Positions include day camp leaders, sport camps, & lifeguard/swim instructors. Send a resume to Box 278, Princeton, BC V0X 1W0 or drop one off at Town Hall. Call 295-6067 for more details.

### SPRING/SUMMER LEISURE GUIDE

If you didn't receive the Town of Princeton Spring/Summer Leisure Guide in your mailbox please stop in at Town Hall, Arena or Riverside Centre to pick up your copy. This Summer is packed full with activities for the all ages. Call 295-6067 to learn more.

### NOTICE OF WATER SYSTEM MAINTENANCE

The public works crew and the town's contractor will begin flushing our water system on Tuesday May 20 and will continue through the 21st in the *Mine Subdivision* area. This is necessary to maintain the quality of our water system and supply.

There may be some temporary discoloration of water as a result of the sediment and organic materials that are being flushed from the water mains. To assist the Public Works Department during the flushing operation, users are advised that if they are experiencing persistent discoloration or odour problems with the water, to immediately notify the Town Office and explain the nature of the problem. The Town apologizes for any inconveniences caused by this operation.



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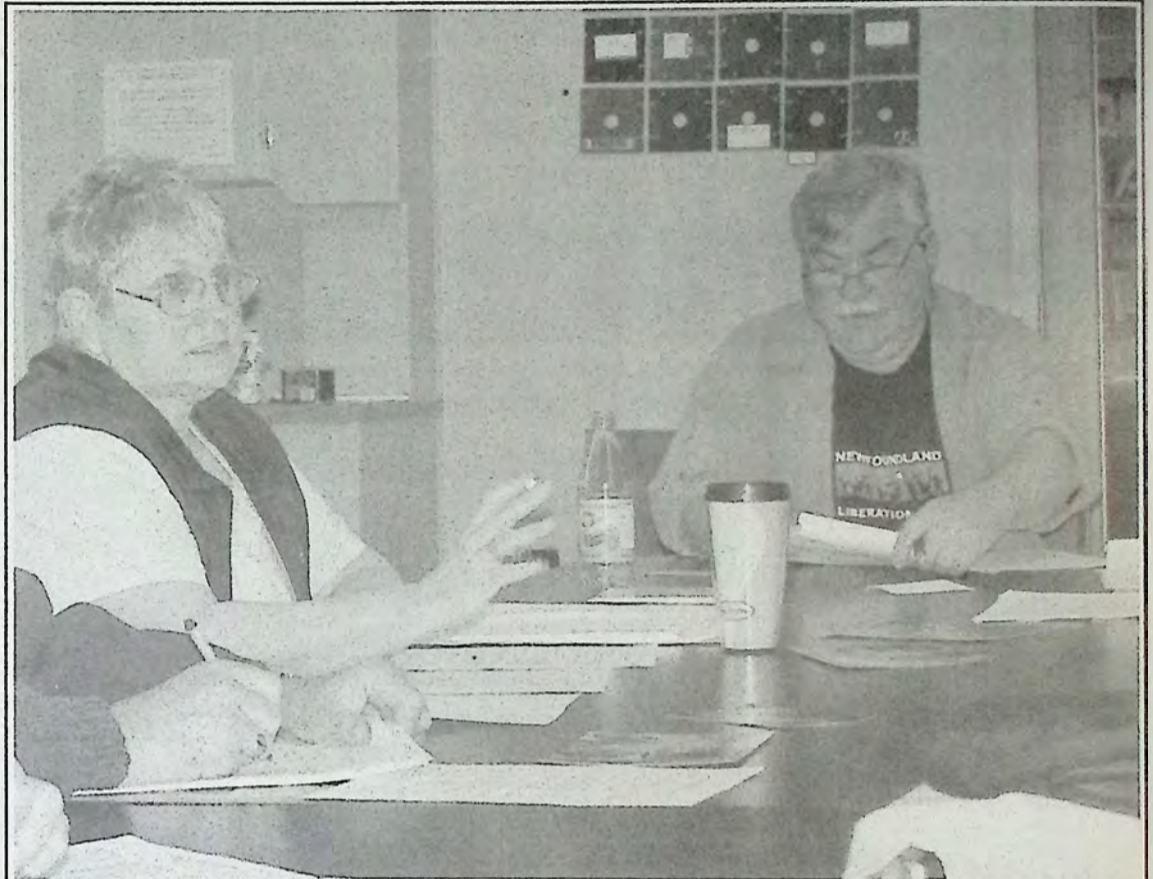


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## keremeos and area news



Similkameen Country Manager Colleen Christensen, left, and Similkameen Country President and Sizzle Chairman Carroll MacLean during the April 30th Sizzle committee meeting. \*

# Sizzle plans heat up for event

The Keremeos Pepper Festival known as Similkameen Sizzle will take place for the seventh year this September.

The planning committee met April 30th to fine tune some elements and brainstorm on ways to make Sizzle more profitable and appealing.

Committee Chair Carroll

MacLean made it clear that the meeting was going to be casual with goals in mind.

"We are here basically to get to know each other and discuss what we want to accomplish this year."

The committee contains many new faces, including MacLean, and many fresh ideas to bring some more life into the annual Peppercorn.

The event made a total profit last year of \$2,156.80. The committee sees the event as having the potential of earning far more than that and will aim it's attention on attracting huge corporate sponsorships for 2008 and 2009 and a sub-committee was struck to devise a schedule to present to potential corporate sponsors spelling out what they would receive in return for their financial contribution.

The goal this year is to create an

event of value where sponsors, participants and volunteers will want to be involved in future years.

Another part of the fine-tuning of Sizzle is the layout of the event and its elements in Memorial Park.

Preliminary plans will see the stage sit at the back of the park where vendors used to be located, with vendors and large children's games moved to the front of the park where they will be seen by anyone passing by Memorial Park on Seventh Avenue.

The group will continue to examine what worked as part of Sizzle and try to make the working parts better in the next couple of months.

The seventh annual Similkameen Sizzle is set for Saturday, September 20th all day long at Memorial Park.

www.thenewsleader.ca

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Photo: W. George Elliott

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## news leader health and lifestyle page

### Life insurance is more than a death benefit

(NC)—Life insurance is one of those unselfish things we buy. Whether whole life or some form of term plan, it can help our family with expenses when we pass on and replace our income, at least temporarily.

Life insurance has a place in business, too. "If you have partners, you should carry it as a matter of goodwill for the families," says Gary Marcus, CA and partner at Horwath Orenstein LLP in Toronto.

"But your business may need insurance on your life to secure bank financing, too."

"In smaller companies, especially partnerships, the company can hold life insurance policies on each of the principals," Marcus explains.

"Insurance is often tax free, and can be redeemed as a capital divi-

### Need to buy a new mattress? Here's how

(NC)—When you think about it, your mattress is one of the most important pieces of furniture in your home. Yet it is often one of the most neglected. Instead, we think about replacing, couches, TVs and other household items.

"Your mattress is the hardest working piece of furniture you own," says Gary Baskerville of the Better Sleep Council Canada. "It is the one piece of furniture you should be checking regularly for comfort and support, and replacing at least every eight-to-ten years. Keeping a mattress for longer, or passing it down to family members, can affect your sleep quality and health."

Here are things to consider when it comes time to purchase a new mattress:

**Test drive:** Lie down on a variety of mattresses in the store or showroom, and in each of your sleeping positions. If you sleep with a partner bring them along, and ensure you both test the mattress together.

**Quality and comfort:** Remember mattresses don't have to be hard as a board to be good for you. Today, they're built with new cushioning materials that offer you a plush feel on top with the core providing you with the necessary support for your body.

**Space:** Check that the bed is wide enough to fit your body properly. Sleep studies show we toss and turn approximately forty to sixty times a night, so we need enough space to move freely without waking up. Couples should select a queen or king-sized mattress to ensure they can both move comfortably while

dend, not capital gains."

Another benefit is that the company can purchase insurance with pre-tax dollars, a substantial saving compared to what an individual would have to pay. Sometimes, the company can even take over a policy that its owner has already established, paying the full value of the policy to him or her — tax-free.

"In a small business, life insurance is really key-person insurance," says Steven Aprile, CA and partner at PKF Hill LLP in Toronto.

"If the company couldn't continue without that key person, a policy on his or her life can protect it against financial hardship."

He explains that the death benefit can give the company's survivors options too, enabling them to buy out the deceased's interest in the

sleeping.

**Matching sleep sets:** Mattresses and foundations are engineered to work together. Mismatching sets, putting a new mattress on an old foundation or adding a board between the mattress and foundation can actually interfere with comfort and reduce the lifespan of the mattress.

**Cost:** Buy only quality products, made of all new materials. Shop for the best value and not the lowest price. The market offers a wide range of choices from the budget-priced twin set to the ultra-premium king set. You should spend the most you can afford.

Visit [www.bettersleep.ca](http://www.bettersleep.ca) for more tips on sleep and mattress information.

business so they can continue to operate it independently.

"In a family business, life insurance can be even more important. Not only will it protect the family financially should the breadwinner die," Aprile says, "but it can be a way to keep the business in the family itself."

If the business is being passed to the next generation rather than a spouse, there can sometimes be a deemed disposition of the assets, and significant taxes may be payable."

Aprile explains that a life insurance policy can provide the heirs with money to pay the taxes owing, allowing them to retain the business if they don't want to liquidate it.

"There are three or four main kinds of life insurance," says Marcus. "Term insurance — the kind banks often require — has a premium that's subject to change according to an established schedule, either annually or when the policy is renewed after 10 or 20 years."

Whole life or permanent insurance fixes the premium at the rate that's in effect when you buy it. Universal life is usually a customizable kind of whole-life insurance/investment policy. Additional premiums go into an investment account where they grow tax-free.

On death, the investment is paid out tax-free along with the insurance itself.

Whatever the form, it's just good business — and good sense — to have life insurance. To find the plan that makes the most sense for you, your business and your family, you can talk to a Chartered Accountant.

## living past 100

### Fish for good health

Fish should top your list of good foods for health. In the old days, fish was called "brain food", and science tells us today that eating fish could have been the reason the human brain expanded during rehistoric times. Maybe fish is brain food, but it is good for more than just the human brain. We could call it "heart food" because most fish is good for maintaining a healthy heart.

Cold water fish contain polyunsaturates called omega-3 fatty acids. These are good fats that help protect against heart disease. All of us should be eating at least two servings of fish every week.

If you like going fishing, keep your rainbow trout for dinner. They are one of the best fish for health. Keep your Kokanee trout, too, and if you catch salmon, add them to your list of healthy fish to eat.

If you are not an angler, you can still buy good fish, including canned tuna and salmon. Most people think you have to eat a lot of fish at a sitting, but this is not true. Eating half a small can of tuna or salmon twice a week is adequate.

A fish salad is very healthy, and so is a fish sandwich, providing you do not mix the fish with mayonnaise (the exception: mayonnaise made with olive oil).

Eating just one salmon steak a week will cut your heart attack risk in half, according to medical researchers.

Other research points to eating fish weekly as a way to avoid breast and colon cancers. British researchers found that people who regularly eat fish had far fewer cancers than those who do not eat fish.

Other research indicates eating fish may reduce the chance of getting breathing or lung problems, even if you are a smoker. Eating fish appears to reduce lung damage.

To ensure you are getting the most out of fish, do not cook it at high temperatures. Fish should be cooked gently, with moisture. Do not overcook.

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 <b>51-406 Brandmayr</b> Well maintained mobile with addition. MLS 42040 <b>\$34,500</b>	 <b>Lot 2 Highway 3 West</b> Pub with highway exposure. MLS 44522 <b>\$1,138,000</b>	 <b>543 San Ang Way</b> Home features many updates. MLS 43289 <b>\$358,900</b>	 <b>121 Halliford Avenue</b> Character home with wood accents. MLS 43469 <b>\$174,900</b>	 <b>2207 Princeton-Summerland</b> 63 acres zoned for 5 acre parcels. MLS 43452 <b>\$629,900</b>
 <b>207 Angela Avenue</b> House on 2 duplex-zoned lots. MLS 42667 <b>\$179,900</b>	 <b>281 Panorama Crescent</b> 3-bedroom rancher in quiet area. MLS 42844 <b>\$299,900</b>	 <b>615 Cedar Creek Road</b> 145 acre ranch just out of town. MLS 43301 <b>\$1,388,300</b>	 <b>77 Billiter Avenue</b> Office building just off main street. MLS 44245 <b>\$249,900</b>	 <b>297 Lachline Avenue</b> 3-bedroom home close to downtown. MLS 42670 <b>\$188,500</b>
 <b>282 Lawless Creek Road</b> 3-bedroom double wide near Tulameen. MLS 43108 <b>\$399,900</b>	 <b>211 Allison Avenue</b> Finally a property renovated home. MLS 42914 <b>\$199,900</b>	 <b>1260 Highway 3</b> 2,500 sq ft of riverfront. MLS 43251 <b>\$1,450,000</b>	 <b>106 Deerview Crescent</b> Executive rancher in Deerview Estates. MLS 42103 <b>\$399,900</b>	 <b>4176 Princeton-Summerland</b> Privacy + gorgeous lakeview. MLS 42737 <b>\$323,800</b>

## LAND ONLY

- |  |           |                  |
|--|-----------|------------------|
| <b>2244 Bromley Crescent</b> , .62 acre lot on Old Hedley Road.  | MLS 43626 | <b>\$120,000</b> |
| <b>Fenchurch Avenue</b> , Don't overlook the potential here!     | MLS 42913 | <b>\$129,500</b> |
| <b>189 Angela Avenue</b> , 2 duplex zoned lots.                  | MLS 42666 | <b>\$129,900</b> |
| <b>Lot 3 Highway 3</b> , Contingent. Nearly 3 acres on highway.  | MLS 42537 | <b>\$179,900</b> |
| <b>2661 Nicola Avenue</b> , Tulameen! Almost waterfront!         | MLS 43623 | <b>\$189,900</b> |
| <b>Lot 2 Summers Creek Road</b> , 20 acres with mountain view.   | MLS 41541 | <b>\$199,900</b> |
| <b>Lot B Coalmont Road</b> , 4.25 acres, perfect for hobby farm. | MLS 40077 | <b>\$230,300</b> |
| <b>Lot A Coalmont Road</b> , Superior acreage near town.         | MLS 40078 | <b>\$245,300</b> |
| <b>28KM Summers Creek Road</b> , Water ski, hunt, quad, etc.     | MLS 43383 | <b>\$279,000</b> |
| <b>Coalmont Road</b> , 8.60 acres, come build your dream home!   | MLS 40081 | <b>\$438,300</b> |

<b>Heather Johnson</b> 295-8591	<b>Doug Haayer</b> 295-1585	<b>Dan Pippin</b> 295-6977	<b>Dean Stinson</b> 295-8537	<b>Marty Gray</b> 295-5044	<b>Lee Mowry</b> 295-1990
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Tashme internment camp. - photo submitted



Princeton Performing Arts Society  
presents  
*Angels in Love*  
A comedy by Hugh Mills

Riverside Wellness Centre  
May 29, 30, 31 and June 1 — 7:30 pm  
May 31 — 2:30 pm

Advance Ticket Sales  
Adults \$15 Students/Seniors \$12  
All tickets \$20 at the door  
(Not recommended for children under 12)

Tickets at Princeton Pharmasave  
(250) 295-3353

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## BC's War Against Japanese Canadians

INSIGHTS INTO BC'S HISTORY

by Nick Mills, Princeton Museum & Archives

With the news of the attack on the American naval base at Hawaii on December 7th, 1941, years of smoldering resentment against Japanese Canadians exploded into panic and anger in British Columbia.

At the time there were about 22,000 Japanese Canadians in the Province, some of who were descendants of the first immigrants who had sought work in Canada during the late 1800's. From the beginning these newcomers had been subject to intense discrimina-

tion by a largely white Canadian society.

Within days of the Pearl Harbour attack, Canadian Pacific Railways fired all its Japanese workers and most other Canadian industries followed suit.

Japanese fishermen in British Columbia were ordered to stay in port and 1,200 fishing boats were seized by the Canadian navy.

On January 14th, 1942 a 100 mile wide strip along the coast was designated a "Protected Area" by the Federal Government and all male Japanese Canadians between the ages of 18 and 45 were ordered to be removed from the area and taken to camps in the Interior and it was on March 4th, 1942, that all people of Japanese origin were told to leave the protected area. A dusk to dawn curfew was imposed and enforced by police, notwithstanding that most of the Japanese were either naturalized citizens or were born in Canada.

Japanese Canadians were told to pack a single suitcase each and taken to holding areas to wait for trains to take them inland. Vancouver's Hastings Park was one of those areas where families waited, sometimes for months, to be relocated. In January, 1943, the Canadian Government succumbed to more pressure from B.C. politicians and authorized the sale of all the properties seized from Japanese Canadians.

The homes, cars, businesses and personal property left behind were sold for a pittance. The lives that Japanese Canadians had built in Canada were erased.

After months in animal stalls, the Japanese Canadians were then shipped on sealed trains to shantytowns in the Interior of B.C.

Today, driving the Hope - Princeton Highway towards Vancouver, passing through

Sunshine Valley twelve miles from Hope, it is hard to imagine that this was once the site of one of those camps.

Situated on the former 1,250 acre ranch of A. B. Trites, the property had already changed hands several times when the Canadian Government purchased it to house 3,000 of the unfortunate Japanese. This was Tashme, one of ten such camps established in B.C. and so called because of the first two letters of the names of three RCMP officers, TAYlor, SHine and MEad.

Jesse Nishihata, a former child inmate of the camp, latterly a newspaper editor living in Toronto writes "While most people were not allowed to bring many of their possessions, my father was permitted to salvage some components from his metal shop and he re-established his shop in a chicken coop. Sometimes our non-Japanese friends from Vancouver would bring us other things to help."

"There were some barnyards and we had to build shacks to live in. We couldn't go back to our home on Powell Street in Vancouver, but Tashme was better than all the other camps."

For four years the Nishihata family, along with the other Tashme residents, was confined to their camp.

All their freedoms were essentially taken away on the basis of their cultural background. This left a bitter taste with many Japanese-Canadians and after the war ended many chose to go straight back to Japan, the alternative offered by the Government was to head East of the Rocky Mountains.

The Nishihata family decided on the latter choice and headed for Alberta, ending up in Diamond City near Lethbridge, where Jesse's parents became sugar beet farmers.

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Trina Adams and Sandy Yee are part of the group 'Princeton Peaks' and are currently raising money to participate in the Weekend to End Breast Cancer Walk planned for September 6 - 7. \*

## Local pair drive message home

Trina Adams and Sandy Yee call themselves Princeton Peaks and they want to drive you home - safely.

The pair will be providing 'designated driver' service during this weekend's Princeton Rodeo. Donations collected through the

rides will help support the duo's fundraising efforts with the ultimate goal of participating in the September 6-7 Weekend to End Breast Cancer Walk.

Adams and Yee will be providing their 'designated driver' service between 6:00 PM and 9:00 PM this

Saturday and Sunday. They will be on site at Princeton Rodeo grounds and visible with bright pink hats.

The pair thank Princeton Rodeo Club for allowing them the opportunity to offer their service and the Rodeo Club thanks the girls for providing the service.

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### Dessert & Information Night

Young Life Princeton would like to provide you with an evening of entertainment and information, accompanied with delicious dessert.

We are excited to share with you the different things that are happening in Young Life - both in Princeton and at RockRidge Canyon.

What to bring: A sweet tooth and any questions you may have about Young Life.

**6:30 - 8:00 PM**  
**Tuesday, May 20**

**RockRidge Canyon**

RSVP Scott Musgrove (250) 295-7945  
<http://princeton.younglife.ca>



## Celebrating 150 Years



The Raven and the First Men  
Bill Reid: Renowned Haida Sculptor



The Honourable Steven L. Point, OBC  
Xwë'ł' qwë'ł' tēl, Lieutenant Governor of B.C.

## From honoured to Honourable.

In 2008, join us in celebrating the culture and contributions of B.C.'s Aboriginal people. From the fascinating stories we cherish to all the individuals that make our province so inspiring.

Learn more about exciting events and festivities all across the province, all year long.  
[www.BC150.ca](http://www.BC150.ca)

Photos courtesy of Government House and Collection of the UBC Museum of Anthropology, Vancouver, Canada. Photo: Bill Reid.





[www.frameyourpets.info](http://www.frameyourpets.info)

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### NOTICE OF PUBLIC HEARING

The Council of the Town of Princeton will meet and hold a Public Hearing May 20, 2008 at 7:00 PM in the Council Chamber at Town Hall to consider the following proposed Official Community Plan and Zoning Bylaw amendments.

1. Owner: Glenna and Wayne Starink and McBean Holdings Ltd.  
 Applicant: Glenna Starink for All Bylaw Amendments

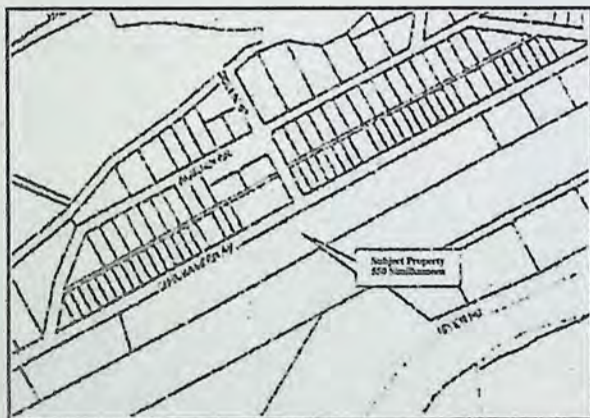
Proposed Amendment: Town of Princeton Official Community Plan Amendment Bylaw No. 802, 2008 (Starink)  
 Purpose: Bylaw No. 802 would amend the OCP to change the land-use designation from *Industrial* to *Low Density Residential* to facilitate the rezoning proposed under Bylaw No. 803.

Location: 550 Similkameen Avenue as shown on map  
 Legal Description: Remainder Lot 2, District Lot 706, Yale (formerly Osoyoos) Division, Yale District, Plan KAP86366 Except coal (AFB Vol. 18 Fol 123 No. 9729D).

2. Owner: Glenna and Wayne Starink and McBean Holdings Ltd.  
 Applicant: Glenna Starink for All Bylaw Amendments

Proposed Amendment: Town of Princeton Official Community Plan Amendment Bylaw No. 803, 2008 (Starink)  
 Purpose: Bylaw No. 803 would rezone the property from *Light Industrial* to *Two Family Residential RD* to allow for the subdivision and development of the land into residential lots.

Location: 550 Similkameen Avenue as shown on map  
 Legal Description: Remainder Lot 2, District Lot 706, Yale (formerly Osoyoos) Division, Yale District, Plan KAP86386 Except coal (AFB Vol. 18 Fol 123 No. 9729D).



All persons who believe their interest in property is affected by the proposed bylaws will be afforded an opportunity to be heard in person and/or by written submission. Written submissions will be accepted up to the conclusion of the Public Hearing. If you are submitting a written submission prior to the Public Hearing, please submit it to the CAO office at Town Hall. Council will receive no representations on these bylaws after the close of the Public Hearing.

Bylaw Nos. 802 and 803 and related information may be inspected at the Town Hall, 169 Bridge Street, Princeton, BC Monday to Friday between 8:30 AM and 4:30 PM.

Patrick Robins, Chief Administrative Officer  
 169 Bridge Street, P. O. Box 670, Princeton, B. C., V0X 1W0  
 Phone: (250) 295-3135, Fax: (250) 295-3477



Similkameen Valley Riders ATV Club join the Explorers ATV Club for a ride April 26th. - photo submitted

## Riders explore Similkameen Valley trails

The Similkameen Valley Riders ATV Club had their board of directors election for 2008/09 riding season with the following results: President - Richard Lubiak, Vice President - Mike Jacobs, Treasurer - Margaret Lubiak, Secretary (shared position) - Lynda Whitta/Gord Bland, Ride Coordinators - Jim Bolenback and Gord Bland.

Our next meeting will be on Tuesday, June 17th at 2:00 PM at the Princeton Chamber of Commerce. Anyone interested in our ATV club is welcome to attend.

We of the SV Riders strive for safety first when we go out on rides whether we ride as a group or as couples on their own. Many of the members have had safety riding courses and feel they have been a big help in improving their riding skills. We are hoping to offer this course again this year.

On Saturday, April 26th, the Explorers ATV Club from the lower mainland came up for a ride and invited our members to join them. With permission from the Similkameen Indian Band, we rode along the Gold Mountain Road from the Sterling Creek Bridge to the Ashnola.

The day was beautiful and Mother Nature was on our side giving us

much needed blue skies and warm sunshine. We viewed spectacular scenery and had bighorn sheep pass by so close we could almost reach out and touch them.

## Drilling results support expansion

..... continued from Front Page  
 -ods for copper, gold and silver. The drilling program is being supervised by Peter Holbek, M.Sc., P.Geo., a qualified person as defined by National Policy Instrument 43-101.

### About Copper Mountain Mining Corp.:

CMMC is a new public BC resource company managed by an experienced team of professionals with a solid track record of explo-

We would like to thank the Explorers for inviting us and also to thank the USIB for allowing us to ride on this little piece of heaven. Happy trails! -submitted

ration and development success. The Company owns 100% of Copper Mountain Project which holds the mineral claims and crown grants over the 18,000 acre mine site. Copper Mountain Mining Corp. has the goal of developing the Copper Mountain Project as a mid tier copper and precious metal producer within the next three years. Additional information is available on the Company's web page at [www.CuMtn.com](http://www.CuMtn.com).

## First boxes arrive May 14<sup>th</sup>

..... continued from Front Page  
 hard to help us make this project a reality."

Extra organic produce will be available for sale, for those subscribers and the general public who have asked to have more organic fruits and vegetables available. Organic seed potatoes may also be available, so gardeners, please drop in and purchase some to help cover our small overhead costs.

Please remember, boxes not

picked up on distribution day are given to charity...there are no refunds.



PSS graduating student Claire Bibby has received an entrance scholarship to the Faculty of Science at the University of Ottawa. The scholarship has a value of \$2,500 renewable for up to four years.

"Claire is looking forward to her studies in Ottawa and has a strong desire to become bilingual," says a PSS news release.

"She has also applied and been accepted to the EXPLORE French Immersion Program at Trois-Rivieres, Quebec for five weeks in the summer, and has been awarded a \$2,000 bursary to attend."

Congratulations, Claire on your achievements!

### IMPORTANT NOTICE!

From Alex Atamanenko,  
 your Federal M.P.

Do you need help with a passport?

Do you have a problem with a federal government service or issue?

Meet with M.P. Constituency Staff  
 Thursday, May 8th

► In Keremeos, 9:00 am to 11:00 am  
 Village Council Chambers (702- 4th Street)

► In Princeton, 1:00 pm to 4:00 pm  
 Princeton Community Skills Centre, 206 Vermilion

Or contact 1-800-667-2393 or [atamaa1@parl.gc.ca](mailto:atamaa1@parl.gc.ca)

Go to [www.atamanenko.ca](http://www.atamanenko.ca)



# weekly entertainment guide

TUESDAY, MAY 6, 2008 THROUGH MONDAY, MAY 12, 2008



Princeton Performing Arts Society celebrates the opening of the new theatre at Riverside Centre with their second production, "Angels In Love."

## Romantic comedy opens new theatre

The Princeton Performing Arts Society's rendition of the romantic comedy "Angels In Love," running from May 29th to June 1st, will be the first production ever held in Princeton's new community theatre.

"Angels in Love," by British playwright Hugh Mills, is the Princeton Performing Arts Society's second production - a follow-up to last year's wildly successful "The Mousetrap."

The play is set in Victorian-era England and centres around one ill-fated weekend in the home of the wealthy Fauntleroy family. When Mrs. Fauntleroy realizes her twenty-five-year old married son is unaware of the 'facts of life,' various hilarious efforts ensue in the quest to enlighten him. These are supported by other diversions, including a mistaken identity, poison in the wrong teacup, an unwanted trip to India and the parlour maid's taste in naughty novels.

"Angels in Love" has a cast of nine talented local actors, including four of the original "Mousetrap" cast.

Esther Donovan, Jason Earle, Monica Kleyn, Mike Leiding, Britt Fraser, Derek Hodgson, Jessica Rytkonen and David Badger complete this year's line-up, and director Chelsea Turner also plays a small part.

"The cast is very dedicated, and lots of fun to work with," Turner says.

"Two of our male leads - Jason Earle and Mike Leiding - have both had to come to rehearsal while on call. Mike's an RCMP officer, so it was very exciting to hear his radio crackling in the background as we were reading lines...it was certainly

the first time I'd directing someone with a gun on his hip!"

Since the production takes place in Victorian England, the costumes and sets are elaborate. Many of the costumes have been rented from as far away as Nelson, and costume designer Debbie Cappos and her team have painstakingly handcrafted the rest.

The set, constructed by Derek Hodgson, includes a staircase and landing, and French doors leading out onto an English garden. All of furniture and paintings seen in the production are genuine antiques, loaned from the antique furniture

store Second Wind in Penticton.

"We wanted to create the most authentic experience possible for the audience," says Turner, "and our production team has worked very hard to ensure that."

Tickets are currently on sale at the Princeton Pharmasave. Advance ticket sale prices are \$15 for adults and \$12 for students and seniors. All tickets will be \$20 at the door. Last year tickets sold-out quickly so be sure to book yours today.

"Angels in Love" will be the first production in Princeton's first community theatre - an experience not to be missed!

- submitted

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6:00 - 8:00 PM, Wednesday, May 14th, Osoyoos Senior Citizens Centre  
Light meal included - RSVP before May 10th at the numbers below

This seminar is free, but seating is limited. So, please call or visit your Edward Jones advisor today to reserve your seat.



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## FINANCIAL FOCUS

### Don't Fear A Bear Market

With a turbulent start to the year in global stock markets, there has been a lot of talk about bear markets, which can make investors feel uneasy.

When investors see stock prices begin to fall, they can be tempted to limit their losses by selling. But this can be just the opposite of what should be done. In fact, as a long-term investor, the difference between success and failure may be determined by your actions during a stock market decline.

A Bear market is called that because it is analogous to a bear's attack - in which the animal rears up on its hind legs and swipes its paws downward. According to survivalist Peter Kummerfeldt, if you come face to face with a real bear, it's essential to stay calm and keep a cool head. He says you should not panic or make sudden moves. Instead, you should stand your ground and never try to outrun a bear because injuries that occur have mostly to do with how the human resists.

You might find that advice helpful in an investing context as well. While you'll probably never encounter a real bear in the woods, long-term investors can expect bear markets with almost total certainty. A bear market is a sharp and prolonged stock market decline - usually 20 per cent or more - and is almost always triggered by unexpected events or economic conditions. Bear markets are normal, happen frequently, and are not a reason to sell quality investments.

Consider what happened in 2002. On October 9 of that year, the TSX Composite closed at 5695, its bear-market low. The US Dow Jones Industrial Average bear-market low was 7286 on the same day. In both countries, these lows were followed by one of the longest market rallies in stock market history. It underscores the fact that in bear markets, investors may find that sage advice is to keep a cool head, a steady hand and to ignore extreme predictions of doom and gloom.

If talk of a bear market has you thinking about selling quality stock and bond investments or changing strategies, you might want to reflect on the notion that time in the market is more important than timing the market. Although past performance is not an indication of future results, high-quality stock-market investments have proven to perform well over the long term.

But investors who try to predict when to get in and out of the stock market can pay a severe penalty for not being fully invested when the market is rising. Missing the best 30 days between 1976 and 2007 would have reduced the annual gain from an investment in the TSX from 8.8 per cent to just 4.8 per cent.

Many also will argue that if you had missed just a handful of the worst days, returns would have been better. This is true, but predicting the worst days can be even more difficult than predicting the best ones. And many times the best days follow worst ones.

Either way, you're trying to time the market, and it's almost impossible to do that consistently. Instead of trying, you might find that staying invested throughout market ups and downs is a better way to help achieve your long-term goals. It's a discussion that's well worth having with your financial advisor.

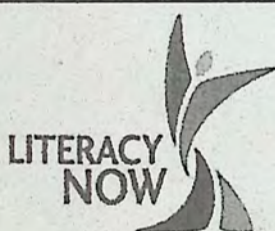
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**7:00 PM**

**Thursday May 15<sup>th</sup>**

**Princeton & District**

**Community Skills Centre**

**EVERYONE WELCOME**





Princeton Performing Arts Society sent us these promotional 'stills' from their upcoming romantic comedy "Angels In Love." We are pleased to share them with you! Details on Page 11.



There will be a total of five performances of "Angels In Love" at Riverside Centre. Details about the program, dates, times and ticket information can be found on Page 11.

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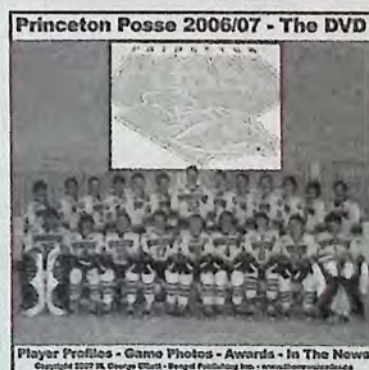
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TUESDAY, MAY 6, 2008

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6 AM	All-Family	News (N)	Bali (E)	Caillou (E)	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	(5:30) News (N) (E)	(4:30) News (N) (E)	CBC News: Morning (N)	Erky Perky Viva Pinata	SportsCentre (E)	Canada AM (E)	Daily Planet (E)	Henry's King (E)	Rachael Ray (E)	Star Trek: Voyager (E)	F/X: The Series (E)
7 AM	Temptation	Body	Clifford	Barney	Today Mary Tillman: Ariane De Bonvoisin: makeovers for men. (N)	The Early Show (N) (E)	The Sopranos (E)	Good Morning America (N) (E)			Gofrette	Grossology	SportsCentre (E)		I Shouldn't Be Alive (7:24)	K. Possible (7:24)	CityLine (E)	V.I.P. (E)	Due South (E)
8 AM	Jeffersons	Room	(7:54) Hi-5	Curious			American Justice (E)		100 Huntley Street (E)		Bo On Go	Pokemon	SportsCentre (E)		Worst Handyman	Weekend Lloyd	The Tyra Banks Show	Disorderly Con.	North of 60 (E)
9 AM	Sanford	The Mom Show (E)	Berenstain (9:34)	Super Why! (E)		The 700 Club (E)	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	Super Why! (E)	Timothy	Off-Record	Regis and Kelly	Daily Planet (E)	Feet	News (N)	Disorderly Con.	ET Canada
10 AM	Harvey	Debbie Travis' Facelift	Franklin (E)	Sesame Street (E)		The Price Is Right (N)	CSI: Miami "Free Fall"	The View Jo Frost. (N)	World Vision	Room House	Wilbur (E)	Erky Perky Jane	ATP Tennis: Internazionali BNL d'Italia -- Early Rounds. From Rome. (E)	The View Jo Frost. (N)	Megabuilders (E)	Mickey Sprites	Movie: "High Adventure" (2001), Anja Kling (E)	Most Amazing Videos	Videos
11 AM	Cosby	Clean House (E)	Rolie Polie Pancakes	Big World Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan (E)	Paid Prog. Paid Prog.	Past Lives House	(10:59) News (N) (E)	Martha Stewart	Care Bears Jacob	Early Rounds. From Rome. (E)	eTalk (E)	What's That About? (11:25) King	Benj Bear (11:25) King	CityLine (E)	Disorderly Con.	The Nanny Frasier
12 PM	Still Stnd	News (N)	History	Charlie Rose (E)	Paid Prog. Paid Prog.	News (N)	Crossing Jordan (E)	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	News (E)	Being Ian	Hockey: IIHF World Champ. -- Canada vs. United States	Degrassi	Greatest Ever... (E)	(11:49) Weekend	CityLine (E)	Disorderly Con.	Seinfeld
1 PM	Fresh Pr.	Design	Planet	Your Brush	Days of our Lives (N)	As the World Turns (N)	The Sopranos (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Dinner	Viva Pinata		Sue Thomas: F.B. Eye	Worst Handyman	Dragon Emperor	Ellen DeGeneres Show	Star Trek: Voyager (E)	Beverly Hills, 90210
2 PM	King	The Steve Wilkos Show	Pan Asia Undersea	Word Lions	Millionaire Jane	Guiding Light (N) (E)	American Justice (E)	General Hospital (N) (E)	Guiding Light (N) (E)	Guiding Light (N) (E)	Steven and Chris (E)	Ruby Flamingo		General Hospital (N)	How-Made	(1:48) Weekend	News (E)	Star Trek: Voyager (E)	Fresh Pr. Family Guy
3 PM	Friends	Christine	Blue's Clues (E)	Maya	Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food Frasier	Team Pokemon	Off-Record Sports	Dr. Phil (E)	Megabuilders (E)	K. Possible Replace	News (N) (E)	CSI: Crime Scn	Inside Box Vanity
4 PM	Family Guy	Judge J.	Dora	Cyberchase	Judge J.	Oprah Winfrey (E)	CSI: Miami "Free Fall"	Inside Cops (E)	Oprah Winfrey (E)	(3:59) News Global	NHL Hockey: Eastern Conference Semifinal Game 7 -- Flyers at Canadiens	SpongeBob OddParent	Hockey: IIHF World Champ. -- Canada vs. United States	Daily Show	Daily Planet (N)	Emperor Proud	Friends Hollywood	CSI: Crime Scn	That News
5 PM	Movie: "Panic Room"	News (N) (E)	(5:35) Babar Monster's (6:35) CG	News-Lehrer	News (N) Raymond	News (N) Hollywood	The First 48 (E)	News ABC News	News (N) Global	(4:59) News (N) (E)	Conference Semifinal Game 7 -- Flyers at Canadiens	SpongeBob	Drake Drake	News (N) (E)	Smash Lab Speedboat.	Zoey 101 Life Derek	(6:02) Hell's Kitchen (N) (E)	CSI: Crime Scn	Family Guy Seinfeld
6 PM	(2002) Jodie Foster. (E)	Ad Pers News	News	News-Lehrer	News (N) Raymond	News (N) Hollywood	The First 48 (E)	News ABC News	News (N) Global	ET Canada Entertain	Drake Drake	Malcolm Prank Ptrl	NHL Hockey: West Semifinal -- Stars at Sharks	eTalk (E)	Deadliest Catch (N)	So Raven Smart Guy	Entourage Girls	DEA (E)	Seinfeld
7 PM	Frasier	Jeopardy!	Gardens Eden	Nova "First Flower"	Jeopardy! Fortune	Friends Scrubs	Simmons Simmons	Entertain The Insider	Entertain ET Canada	Boston Legal (E)	News (E) Mercer	Fries That? Monster	Semifinal -- Stars at Sharks	American Idol (E)	Daily Planet	Suite Life Sadie	News (N) (8:35) News	CSI: NY "Night, Mother"	Family Guy Married...
8 PM	Seinfeld	Star	Sahara-Palin	Wild! "Ice Age-Horse"	Moments Saturday Night Live (E)	NCIS "Recoil" (N) (E)	Gene Simmons	Jim Jim	NCIS "Recoil" (N) (E)	NCIS "Recoil" (N) (E)	To Be Announced	Fries That? Monster	Semifinal -- Stars at Sharks	American Idol (E)	Daily Planet	Suite Life Sadie	News (N) (8:35) News	CSI: NY "Night, Mother"	Family Guy Married...
9 PM	Movie: "Panic Room"	Night Live (E)	Footsteps	American Experience (N) (E)	Shark (N) (E)	The First 48 (E)	Dancing With the Stars	Shark (N) (E)	Shark (N) (E)	Shark (N) (E)	To Be Announced	Puturama Shadow	Sports	(9:02) Dancing With the Stars	Smash Lab Speedboat.	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld
10 PM	(2002) Jodie Foster. (E)	Women's Murder Club	Never Give Up	(DVS) Secrets	Law & Order: SVU	CSI: Miami (E)	The First 48 (E)	(10:02) Women's Murder	Boston Legal (E)	News Hour Final (N)	National	Falcon Beach	Score Golf Skating	Law & Order: SVU	Deadliest Catch	School Cory	(10:06) Movie: "Dead Soaked"	Murder "Blood-Soaked"	Married... Fresh Pr.
11 PM	Cheers	News (N)	Edge	Charlie Rose (N) (E)	News (N) Tonight	News (N) Late Show	Simmons Simmons	News (11:35)	News (E)	Entertain ET Canada	(11:05) The Hour (E)	Mystery Ghost	SportsCentre (Live) (E)	News (N)	How-Made	Suite Life Life Derek	Awake" (2001) Stephen	Star Trek: Voyager (E)	Frasier The Nanny

WEDNESDAY, MAY 7, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	All-Family	News (N)	Bali (E)	Caillou (E)	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	(5:30) News (N) (E)	(4:30) News (N) (E)	CBC News: Morning (N)	Erky Perky Viva Pinata	SportsCentre (E)	Canada AM (E)	Daily Planet (E)	Henry's King (E)	Rachael Ray (E)	Star Trek: Voyager (E)	F/X: The Series (E)
7 AM	Temptation	Body	Clifford	Barney	Today Today Throws a Wedding: Race to the Altar, Dierks	The Early Show (N) (E)	The Sopranos (E)	Good Morning America (N) (E)			Gofrette	Grossology	SportsCentre (E)		Survivorman (E)	K. Possible (7:24)	CityLine (E)	V.I.P. (E)	Due South (E)
8 AM	Jeffersons	Room	(7:54) Hi-5	Curious			American Justice (E)		100 Huntley Street (E)		Bo On Go	Pokemon	SportsCentre (E)		How-Made	Weekend Lloyd	The Tyra Banks Show	Disorderly Con.	North of 60 (E)
9 AM	Sanford	The Mom Show (E)	Berenstain (9:34)	Super Why! (E)	Bentley: celebrity wedding trends. (N) (E)	The 700 Club (E)	Cold Case Files (E)	Regis and Kelly	100 Huntley Street (E)	World Vision (E)	Super Why! (E)	Timothy	Off-Record	Regis and Kelly	Daily Planet (E)	Feet	News (N)	Disorderly Con.	ET Canada
10 AM	Harvey	Debbie Travis' Facelift	Franklin (E)	Sesame Street (E)		The Price Is Right (N)	CSI: Miami "Dead Air"	The View Jo Frost. (N)	World Vision	Room House	Wilbur (E)	Erky Perky Jane	ATP Tennis: Internazionali BNL d'Italia -- Early Rounds. From Rome. (E)	The View Jo Frost. (N)	Smash Lab Speedboat.	Mickey Handy	Movie: "I Do (But I Don't)" (2004) (E)	Most Amazing Videos	Videos
11 AM	Cosby	Clean House (E)	Rolie Polie Pancakes	Big World Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan (E)	Paid Prog. Paid Prog.	Past Lives House	(10:59) News (N) (E)	Martha Stewart	Care Bears Jacob	Early Rounds. From Rome. (E)	eTalk (E)	Air Dogs	Benj Bear (11:25) King	CityLine (E)	Disorderly Con.	The Nanny Frasier
12 PM	Still Stnd	News (N)	History	Charlie Rose (E)	Paid Prog. Paid Prog.	News (N)	Crossing Jordan (E)	All My Children (N) (E)	News (N) (E)	Days of our Lives (N)	News (E)	Being Ian	Hockey: IIHF World Champ. -- Finland vs. Slovakia	Degrassi	Building the Biggest	(11:49) Weekend	CityLine (E)	Disorderly Con.	Seinfeld
1 PM	Fresh Pr.	Design	Moving On	Art Work	Days of our Lives (N)	As the World Turns (N)	The Sopranos (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Dinner	Viva Pinata		Sue Thomas: F.B. Eye	MythBusters (E)	Dragon Emperor	Ellen DeGeneres Show	Star Trek: Voyager (E)	Beverly Hills, 90210
2 PM	King	The Steve Wilkos Show	Entrada Landscape	Word Lions	Millionaire Millionaire	Guiding Light (N) (E)	American Justice (E)	General Hospital (N) (E)	Guiding Light (N) (E)	Guiding Light (N) (E)	Steven and Chris (E)	Ruby Flamingo		General Hospital (N)	Deadliest Catch	(1:48) Weekend	News (E)	Star Trek: Voyager (E)	Fresh Pr. Family Guy
3 PM	Friends	Christine	Blue's Clues "Signs!"	Maya	Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food Frasier	Team Pokemon	Off-Record Sports	Dr. Phil (E)	How-Made	K. Possible Replace	News (N) (E)	CSI: Crime Scn	Inside Box Vanity
4 PM	Family Guy	Judge J.	Dora	Cyberchase	Judge J.	Oprah Winfrey (E)	CSI: Miami "Dead Air"	Inside Cops (E)	Oprah Winfrey (E)	(3:59) News Global	NHL Hockey: Eastern Conference Semifinal Game 7 -- Rangers at Penguins	SpongeBob OddParent	Hockey: West Semifinal -- Avalanche at Red Wings	Daily Show	Daily Planet (N)	Emperor Proud	Friends Hollywood	CSI: Crime Scn	TV Made Ad Pers
5 PM	Movie: "The 6th Day" (2000)	News (N) (E)	(5:35) Heads Up Mechanics	News-Lehrer	News (N) Raymond	News (N) Hollywood	CSI: Miami (E)	News ABC News	News (N) Global	(4:59) News (N) (E)	Conference Semifinal Game 7 -- Rangers at Penguins	SpongeBob	Drake Drake	News (N) (E)	Dirty Jobs (E)	Zoey 101 Life Derek	Rock of Love Unleashed (E)	UFC Unleashed	Family Guy Seinfeld
6 PM	Arnold Schwarzenegger. (E)	Ad Pers News	News	News-Lehrer	News (N) Raymond	News (N) Hollywood	CSI: Miami (E)	News ABC News	News (N) Global	ET Canada Entertain	Drake Drake	Malcolm Prank Ptrl	SportsCentre (Live) (E)	Law & Order "Strike"	Mayday (N)	So Raven Smart Guy	Two Men Two Men	The Ultimate Fighter (N)	Seinfeld
7 PM	Seinfeld	Jeopardy!	Undersea	Secrets of the Dead (N)	Jeopardy! Fortune	Friends Scrubs	CSI: Miami (E)	Entertain The Insider	Entertain ET Canada	Movie: "Raiders of the Lost Ark" (1981) Harrison Ford. (E)	News (E) Just-Gags	Fries That? Monster	In Corner	Criminal Minds (N) (E)	Daily Planet	Sadie	News (N) (8:35) News	DEA (N) (E)	Family Guy Married...
8 PM	Friends	Deal or No Deal (E)	What the Ancients Did	The Head (E) (DVS)	Deal or No Deal (ITV) (N) (E)	Price Is Right	CSI: Miami (E)	Wife Swap (N) (E)	Movie: "Raiders of the Lost Ark" (1981) Harrison Ford. (E)	News Hour Final (N)	National	Falcon Beach	Boxing: Wednesday Night Fights. (E)	American Idol (E)	MythBusters (E)	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld
9 PM	Frasier	Stunt Stars "Far Cry"	Ultimate Factories (E)	American Masters (N)		Criminal Minds (N) (E)	CSI: Miami (E)	Supernanny (N) (E)		Family Guy	News Hour Final (N)	National	Falcon Beach	Boxing: Wednesday Night Fights. (E)	American Idol (E)	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld
10 PM	Movie: "The 6th Day" (2000), Tony Goldwyn (E)	Stunt Stars (E)	In Korea	Amer. Masters	Law & Order "Strike"	CSI: NY (N) (E)	CSI: Miami (E)	Audition		Family Guy	News Hour Final (N)	National	Falcon Beach	Boxing: Wednesday Night Fights. (E)	American Idol (E)	School Cory	(10:06) Movie: "Keeping the Faith" (2000) Ben Stiller.	Murder (E)	Married... Fresh Pr.
11 PM	Cheers	News (N)	Edge	Charlie Rose (N) (E)	News (N) Tonight	News (N) Late Show	Simmons Simmons	News (11:35)	News (E)	Entertain ET Canada	(11:05) The Hour (E)	Mystery Ghost	SportsCentre (Live) (E)	News (N)	Mayday	Suite Life Life Derek	Star Trek: Voyager (E)	Frasier The Nanny	



# Horoscopes

May 7 - 14, 2008

**Aries** - You are going to be in the mood for having fun this weekend, even tho' it means you are going to have to do the work to make the fun. Resist your temptation to overspend.

**Taurus** - What you own and what you spend will be linked to your home this week. Maybe you want to do some clean-up, renovation or redecoration. You aren't in the mood for laziness.

**Gemini** - You may express yourself too aggressively this weekend. Home and family seem a burden, or depressing. Don't take out your temper on those who love you. Be alone.

**Cancer** - This weekend you want to do something about what you value. Plans can be fulfilled in a pleasing way. You might want to do some serious talking. Partner or friend is a pain.

**Leo** - Career runs smoothly, plans can be advanced. Starting this weekend, your energy climbs. Watch out for being careless in your exuberance, or you could injure yourself. Work!

**Virgo** - Something sparks a lot of irritation in your mind. Don't put foot in mouth. Guard your health. Make changes slowly so nobody really notices. Career keeps you busy, travel is fun.

**Libra** - You could be running a lot of errands or taking short trips. Drive carefully. This weekend starts a time when you should begin doing some longterm planning. Don't spend!

**Scorpio** - Job keeps you very busy running around, making contacts. Activity brings good health. Career or parents could be problem. Partner, friends are agreeable. Home life is pleasant.

**Sagittarius** - Any problems you have may be from factors at a distance from you. You may have a crisis of faith, or may question long-held beliefs. Focus on job, health, partner.

**Capricorn** - You need to deal with estates, investments, insurance, and other financial matters. A personal crisis may force you to reconsider your plans. Young people come to your aid.

**Aquarius** - For the next two months, you will be involved in a lot of activity with friends, partner. If single, this could be a time when you find a partner. Caution: don't be pushed.

**Pisces** - Job or health could give you problems starting now and for the next two months. Make sure you get plenty of exercise, guard against cuts, burns and infections. Home activity is good.

## Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall, Rocklin Avenue.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym
- Little Folks Nursery School Parent/Board Meetings, 3rd Wednesday of each month, 7:00 PM at the school.
- Legion Ladies Aux., second Tuesday each month, 7:00 PM, Legion.

## thursday movies

### MORNING

10:00 am CITY (29) ★★ "Charlie's Angels" (2000, Action) Cameron Diaz. Three private detectives try to rescue a kidnapped computer pro whose voice-ID software would threaten global security. (E)

### EVENING

6:00 pm WTBS (3) ★★ "Passenger 57" (1992, Action) Wesley Snipes. An airline-security expert tries to bring down a skyjacker who, with his gang, has seized a jet. (E)

9:00 pm WTBS (3) ★★ "Passenger 57" (1992, Action) Wesley Snipes. An airline-security expert tries to bring down a

skyjacker who, with his gang, has seized a jet. (E)

CHBC (4) "Family in Hiding" (2006, Suspense) Brenda Strong. After seeing a murder, a single woman and her two children enter the Witness Protection Program. (E)

10:06 pm CITY (29) ★★ "Hollywood Homicide" (2003, Action) Harrison Ford. A veteran Los Angeles detective and his partner investigate the slaying of a rap group. (E)

## Princeton Area Ghost Towns - The DVD



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## friday movies

### MORNING

10:00 am CITY (29) "Identity Theft: The Michelle Brown Story" (2004, Docudrama) Kimberly Williams-Paisley. A young woman faces a nightmarish battle to restore her good name after a stranger steals her identity and racks up a massive debt. (E)

5:00 pm WTBS (3) ★★ "Hard Rain" (1998, Action) Morgan Freeman. A thief, a sheriff and the nephew of an armored-truck driver seek money bags in a flooding Indiana town. (E)

### EVENING

7:00 pm CITY (12) ★★ "Robots" (2005, Comedy) Voices of Ewan McGregor. Premiere. Animated. A robot leads a revolution against a corporate bigwig who wants to send older models to the scrapheap. (E)

7:30 pm FAM (26) ★★ "The Goonies" (1985, Adventure) Sean Astin. Premiere. Coastal Oregon kids follow the treasure map of pirate One-Eyed Willie past his deadly traps to gold.

8:00 pm BCTV (11) ★★ "Robots" (2005, Comedy) Voices of Ewan McGregor. Premiere. Animated. A robot leads a revolution against a corporate bigwig who wants to send older models to the scrapheap. (E)

9:00 pm WTBS (3) ★★ "Hard Rain" (1998, Action) Morgan Freeman. A thief, a sheriff and the nephew of an armored-truck driver seek money bags in a flooding Indiana town. (E)

FAM (26) ★★ "Camp Nowhere" (1994, Comedy) Jonathan Jackson. Youths dupe their parents into sending them to an unsupervised summer camp.

10:06 pm CITY (29) "Sex House 4" (2004, Adult) Beverly Lynne. Premiere. Roommates have erotic encounters.

10:35 pm FAM (26) ★★ "Ghostbusters" (1984, Comedy) Bill Murray. Parapsychologists with nuclear guns go into business ridding New York of poltergeists. (E)

11:00 pm WTBS (3) ★★ "In the Line of Fire" (1993, Suspense) Clint Eastwood. An assassin toys with a White House Secret Service agent haunted for 30 years by his failure in 1963 Dallas.

SPIKE (44) ★★ "The Naked Gun 2 1/2: The Smell of Fear" (1991, Comedy) Leslie Nielsen. Frank and Ed of "Police Squad" blunder through another case, an energy-related plot in Washington, D.C. (In Stereo)

## Similkameen News Leader

Recipe Corner (Recipe #218)

Brought To You By: Similkameen News Leader

# Cheddar Broccoli Tart

Have some breakfast for dinner

(NC)—There is nothing so versatile than the egg. In this simple recipe from Knorr (www.knorr.ca), the egg is brought to new heights with the addition of Cream of Leek Soup mix and broccoli. Bon Appétit!

## Cheddar Broccoli Tart

- 1 x 9-inch/22.5 cm frozen deep-dish pie crust
- 1 1/2 cups milk
- 4 eggs
- 1/2 tsp dried basil
- 1 pkg Knorr Cream of Leek Soup Mix
- 1 pkg (10 oz/300 g) frozen broccoli, thawed and drained well
- 1 1/2 cups grated Cheddar or Swiss cheese

Preheat the oven to 375° F (190° C).

Place the frozen pie crust on a baking sheet.

In a large bowl, whisk together the milk, eggs, basil and soup mix.

Stir in the broccoli and cheese.

Pour mixture into the pie crust and bake 40 to 45 minutes or until a knife inserted in the centre comes out clean.

Let stand for 10 minutes before serving. Serves 8.

- News Canada

If you have a favourite recipe you would like to share, contact us for details!

**226A Bridge Street, Princeton**

## Princeton Posse 2006/07 - The DVD



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# CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

## HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

### CHALLENGE #87 - Rated Easy

			7			2	5	
8	3		9					4
6				4	3			
		4					2	7
		3		8		6		
9	2		5			1		
			3	2				1
	6				9		7	2
	1	9		4				

### CHALLENGE #88 - Rated Hard

9	8							
		2	1		8			
5	6				4	1		2
6		7		4		5		3
	5			2			6	
8		9	6				2	1
			3		1	8		
							5	9

THIS WEEK'S SOLUTIONS:  
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2007 Carter Boswell, Princeton, BC and published by Similkameen News Leader

## saturday movies

### MORNING

- 8:30 am WTBS (3) ★★★½ "Fly Away Home" (1996, Drama) Jeff Daniels. A Canadian sculptor builds an ultralight plane so his teen daughter can lead geese south. [E]
- 10:30 am WTBS (3) ★★½ "Feeling Minnesota" (1996, Comedy-Drama) Keanu Reeves. Two lowlife lovers and a dog flee with loot to Las Vegas with angry people on their trail. [E]
- 11:00 am A&E (9) ★★★ "The Thomas Crown Affair" (1999, Suspense) Pierce Brosnan. A billionaire looking for new challenges attracts the attention of an investigator when a priceless Monet is stolen. [E]

### AFTERNOON

- 12:00 pm FAM (26) "Spymate" (2003, Comedy) Chris Potter. A former agent and his onetime chimpanzee partner reunite for a final mission to save the man's brilliant daughter from a villainous scientist.
- 12:30 pm WTBS (3) ★★½ "Corrina, Corrina" (1994, Comedy-Drama) Whoopi Goldberg. A housekeeper brings joy to a Jewish widower and his young daughter in 1959 Los Angeles. [E]
- 1:30 pm FAM (26) "Wendy Wu: Homecoming Warrior" (2006, Adventure) Brenda Song. A popular teen learns she is the reincarnation of a Chinese warrior who must save the world from an evil villain.
- 4:00 pm YTV (18) ★★ "Garfield: The

Movie" (2004, Comedy) Breckin Meyer. Live action/animated. An orange cat tries to save his owner's new dog after a television personality kidnaps it. (In Stereo) [E]

5:00 pm WTBS (3) ★★½ "Pay It Forward" (2000, Drama) Kevin Spacey. In response to a challenge by his teacher, an 11-year-old proposes an idea for individual deeds to change the world. [E]

### EVENING

- 6:00 pm CITY (29) ★★½ "Where the Truth Lies" (2005, Drama) Kevin Bacon. An ambitious reporter probes the reasons behind the sudden split of a 1950s comedy team. [E]
- 7:30 pm WTBS (3) ★★½ "Serendipity" (2001, Romance-Comedy) John Cusack. A man and a woman try to find each other after spending one night together 10 years earlier. [E]
- 8:00 pm CHBC (4) "Me, Mom, Dad and Her" (2008, Drama) Melora Hardin. Upset about her parents' divorce, a teen develops a hostile relationship with her pregnant stepmother. [E]
- KSPS (6) ★★★ "The Apartment" (1960, Comedy-Drama) Jack Lemmon. A corporate climber, whose boss and others use his apartment for hanky-panky, aids a young woman.
- VTV (22) "Playing House" (2006, Romance-Comedy) Colin Ferguson. A charming man tempts a woman plunger into domesticity after a sur-

prise pregnancy. (In Stereo) [E] (DVS)

9:00 pm KXLY (10) ★★ "Snow Dogs" (2002, Comedy) Cuba Gooding Jr. A Miami dentist travels to Alaska to claim his inheritance, a mischievous team of sled dogs.

CBC (13) ★★½ "The Adventure of Sherlock Holmes' Smarter Brother" (1975, Comedy) Gene Wilder. The renowned detective's sibling becomes involved with foreign spies, Professor Moriarty and a damsel in distress. [E]

FAM (26) ★★½ "3 Ninjas Kick Back" (1994, Comedy) Victor Wong. Young martial artists face their grandfather's foes when they accompany him to Japan to deliver a priceless dagger. [E]

CITY (29) ★★ "Revenge of the Nerds II: Nerds in Paradise" (1987, Comedy) Robert Carradine. Skolnick, Poindexter and Booger attend a big fraternity convention in Fort Lauderdale, Fla. [E]

10:33 pm FAM (26) "Get a Clue" (2002, Comedy) Lindsay Lohan. A 13-year-old student enlists the aid of her friends in order to rescue her English teacher. [E]

11:00 pm CBC (13) ★★★ "The Birdcage" (1996, Comedy) Robin Williams. In Miami Beach a gay couple pretend to be man and wife when a son's future father-in-law and family visit. (In Stereo) [E]

## sunday movies

### MORNING

- 8:00 am WTBS (3) ★★ "Feeling Minnesota" (1996, Comedy-Drama) Keanu Reeves. Two lowlife lovers and a dog flee with loot to Las Vegas with angry people on their trail. [E]
- 9:00 am A&E (9) ★★★ "Carrie" (1976, Horror) Sissy Spacek. A social misfit with psychic powers wreaks havoc at her prom to get even with pranksters. [E]
- 10:00 am WTBS (3) ★★½ "Corrina, Corrina" (1994, Comedy-Drama) Whoopi Goldberg. A housekeeper brings joy to a Jewish widower and his young daughter in 1959 Los Angeles. [E]
- 11:00 am A&E (9) ★★½ "Alien Resurrection" (1997, Science Fiction) Sigourney Weaver. Cloned Ellen Ripley and others aboard a spaceship battle rampaging aliens. [E]

### AFTERNOON

- 12:00 pm FAM (26) ★★★ "Stuart Little" (1999, Comedy) Geena Davis. Based on the book by E.B. White. Two human parents adopt a mouse as a little brother for their son.
- 12:30 pm WTBS (3) ★★½ "Pay It Forward" (2000, Drama) Kevin Spacey. In response to a challenge by his teacher, an 11-year-old proposes an idea for individual deeds to change the world. [E]
- 1:30 pm FAM (26) ★★ "Going to the Mat" (2004, Drama) Andrew Lawrence. A blind teenager becomes a high-school wrestler after his family moves from New York to the Midwest.
- 2:00 pm CHBC (4) ★★ "Message in a Bottle" (1999, Romance) Kevin Costner. A woman learns that the author of a romantic note that washed ashore is a shipbuilder whose wife died young and tragically. [E]
- 3:00 pm WTBS (3) ★★½ "Serendipity" (2001, Romance-Comedy) John Cusack. A man and a woman try to find each other after spending one night together 10 years earlier. [E]
- VTV (22) ★★ "Murder in the Hamptons" (2005, Docudrama) Poppy Montgomery. Amid a bitter split from his wife, multimillionaire Ted Ammon is found dead at his East Hampton estate. (In Stereo) [E] (DVS)
- 4:00 pm YTV (18) ★★★ "The Princess Bride" (1987, Adventure) Cary Elwes. A storybook stableboy turns pirate and rescues his beloved, who is about to marry a dreadful prince. (In Stereo) [E]
- CITY (29) ★★½ "I Heart Huckabees" (2004, Comedy) Jason Schwartzman. An environmental activist and an executive hire existential detectives to examine their lives. [E]
- 5:00 pm WTBS (3) ★★★ "Selena"

(1997, Biography) Jennifer Lopez. A beautiful Mexican-American singer's skyrocketing international career ends abruptly. [E]

SPIKE (44) ★★★ "Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo) [E]

### EVENING

- 6:00 pm YTV (18) ★★½ "Ella Enchanted" (2004, Romance-Comedy) Anne Hathaway. A young woman embarks on a journey to break the curse of obedience placed upon her by a fairy godmother. (In Stereo) [E]
- CITY (29) ★★½ "Land of the Dead" (2005, Horror) Simon Baker. Premiere. A mercenary leader squares off against a rebellious comrade, while flesh-eating zombies threaten their fortified city. [E]
- 7:30 pm WTBS (3) ★★★ "Selena" (1997, Biography) Jennifer Lopez. A beautiful Mexican-American singer's skyrocketing international career ends abruptly. [E]
- 8:00 pm SPIKE (44) ★★★ "Star Wars IV: A New Hope" (1977, Science Fiction) Mark Hamill. Robots and other allies help a youth and a space jockey rescue a rebel princess and battle dark forces bent on intergalactic rule. (In Stereo) [E]
- 9:00 pm FAM (26) ★★★ "The Rookie" (2002, Drama) Dennis Quaid. A high-school baseball coach makes it to the major leagues as a middle-aged relief pitcher.
- 11:00 pm SPIKE (44) ★★★ "Fist of Fury" (1972, Adventure) Bruce Lee. In turn-of-the-century China, a martial-arts student declares war against the rival fighters who murdered his mentor. (In Stereo) [E]

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SATURDAY, MAY 10, 2008

TV schedule for Saturday, May 10, 2008. Columns include channel (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and time slots (6:00-11:30 AM, 12:00-11:30 PM) with corresponding program titles.

SUNDAY, MAY 11, 2008

TV schedule for Sunday, May 11, 2008. Columns include channel (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP) and time slots (6:00-11:30 AM, 12:00-11:30 PM) with corresponding program titles.



MONDAY, MAY 12, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	All-Family	News (N)	Bali (E)	Caillou (E)	News (N)	News (N)	Crossing Jordan (E)	(5:00) News (E)	(5:30) News (N) (E)	(4:30) News (N) (E)	CBC News: Morning (N)	Erky Perky	Sports	Canada AM (E)	Daily Planet	Henry's King (E)	Rachael Ray (E)	Star Trek: Voyager (E)	F/X: The Series (E)
6:30 AM	All-Family	2nd Chnce	George S.	Bob Build								Viva Pinata	SportsCentre (E)						
7 AM	Temptation	Body	Clifford	Barney	Today (N)	The Early Show (N) (E)	The Sopranos (E)	Good Morning America (N) (E)				Gofrette	Grossology		Daily Planet (N)	K. Possible (7:24)	CityLine (E)	V.I.P. (E)	Due South (E)
7:30 AM	Temptation	Past Lives	Dora	Arthur (E)			American Justice					Curious	Team	SportsCentre (E)					
8 AM	Jeffersons	Room	(7:54) Hi-5	Curious								Pokemon			How-Made	Weekend	The Tyra Banks Show	Disorderly Con.	North of 60 (E)
8:30 AM	Jeffersons	That News	Magic Bus	Clifford					100 Huntley Street (E)	Bo On Go	Flamingo	Hockey: IIHF World Champ. Qualification Round -- Teams TBA		Regis and Kelly	Daily Planet	Feet	News (N)	Disorderly Con.	Tube Tales
9 AM	Sanford	The Mom Show (E)	Berenstain (9:34)	Super Why!								Dewitt	George S.						
9:30 AM	Sanford		Dragon									Gofrette							
10 AM	Harvey	Debbie	Franklin (E)	Sesame Street (E)								Erky Perky	Jane						
10:30 AM	Harvey	Travis' Facelift																	
11 AM	Cosby	Clean House (E)	Rolie Polie Pancakes	Big World Sit-Be Fit	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan (E)	Paid Prog. Paid Prog.	Past Lives House	(10:59) News (N) (E)	Martha Stewart	Care Bears Jacob	ATP Tennis: Masters	eTalk (E)	Super Ships (E)	Benj Bear (11:25) King			
11:30 AM	Cosby													Instant			CityLine (E)	Disorderly Con.	Seinfeld
12 PM	Still Stnd (E)	News (N)	History Reach-Top	Charlie Rose (E)	Paid Prog.	News (N)	Crossing Jordan (E)	All My Children (N) (E)	News (N)	Days of our Lives (N)	News (E)	Being Ian		Degrassi	Mean				
12:30 PM	Still Stnd (E)																		
1 PM	Fresh Pr.	Design	Oh Baby "To Feel" (E)	Fine Art Sewing	Days of our Lives (N)	As the World Turns (N)	The Sopranos (E)	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Living Dinner	George S.	Hockey: IIHF World Champ. Qualification Round -- Teams TBA	Sue Thomas: F.B. Eye	Extreme Engineering	Dragon Emperor	Ellen DeGeneres Show	Star Trek: Voyager (E)	Beverly Hills, 90210
1:30 PM	Fresh Pr.	Home										Viva Pinata							
2 PM	King	The Steve Wilkos Show	Macphee	Word	Millionaire	Guiding Light (N) (E)	American Justice	General Hospital (N)	Guiding Light (N) (E)	Guiding Light (N) (E)	Steven and Chris (E)	Ruby	Flamingo	General Hospital (N)	How-Made	(1:48)	News (E)	Star Trek: Voyager (E)	Fresh Pr.
2:30 PM	King																		Family Guy
3 PM	Friends	Christine	Blue's Clues (E)	Maya Arthur (E)	Judge	Dr. Phil (E)	Cold Case Files (E)	Rachael Ray (E)	Young and the Restless	Young and the Restless	Food Frasier	Team Pokemon	Off-Record	Dr. Phil (E)	Man vs. Wild (E)	K. Possible Replace	News (N)	CSI: Crime Sen	Inside Box
3:30 PM	Seinfeld	Design																	Vanity
4 PM	Family Guy	Judge J.	Dora	Cyberchas	Judge J.	Oprah Winfrey (E)	CSI: Miami "Rampage"	Inside Cops (E)	Oprah Winfrey (E)	(3:59) News Global	NHL Hockey: Playoffs -- Teams TBA. (Live) (E)	SpongeBob OddParent	NHL Hockey: Playoffs -- Teams TBA. (Live) (E)	Friends	Daily Planet (N)	Emperor	Friends	CSI: Crime Sen	Diva Dime
4:30 PM	Family Guy	Judge J.	(4:35) Little Bear (E)	Fetch! With BBC World	Judge J.									Frasier			Hollywood		Diva Dime
5 PM	Movie: "Cop Land" (1997)	News (N)	(5:35)	Business	News (N)	News (N)	Intervention "Corrine"	News ABC News	News Global	(4:59) News (N) (E)	News (Live) (E)	SpongeBob	News (Live) (E)	News (N)	MythBuster's Ninjas.	Suite Life Montana	American Gladiators (Season Premiere) (N) (E)	CSI: Crime Sen	ET Canada
5:30 PM	Movie: "Cop Land" (1997)																		What
6 PM	Sylvester Stallone.	Ad Pers News	Skooled! renegade	News-Lehrer	News (N) Raymond	News (N) Hollywood	Intervention "Emily"	News	News (E)	ET Canada	Entertain	Drake	News (E)	News (E)	Dirty Jobs	Zoey 101 Life Derek	Movie: "Today You Die" (2005)	Steven Seagal.	Family Guy
6:30 PM	Sylvester Stallone.											iCarly (E)							Seinfeld
7 PM	Frasier	E! News	Edge	Served	Jeopardy!	Friends	The First 48 (E)	Entertain	Entertain	Brothers & Sisters (N)	News (E)	Malcolm Prank Ptrl	SportsCentre (Live) (E)	eTalk (E)	Worst Handyman	So Raven Smart Guy	Bachelor-Lond	Steven Seagal.	Seinfeld
7:30 PM	Frasier	Jeopardy!	Wild	Wait God	Fortune	Scrubs		The Insider	ET Canada		Red Green			Degrassi					Frasier
8 PM	Seinfeld	How I Met	Continuous Journey	Antiques Roadshow (N)	American Gladiators (Season Premiere)	Big Bang How I Met	Crime 360 (E)	Dancing With the Stars (E)	Bones (N) (PA) (E)	Bones (N) (PA) (E)	To Be Announced	Fries That? Adrenaline	Off-Record	Dancing With the Stars (E)	Daily Planet	Suite Life Sadie	News (N) (8:35) News	Prisoners-Ctrl	Family Guy
8:30 PM	Seinfeld	How I Met																	Married...
9 PM	Movie: "Cop Land" (1997)	Rules	Homefront (N) (E)	American Experience (Part 1 of 2)	Premiere	Two Men Rules	Intervention "Corrine"	Samantha	House "House's Head"	House "House's Head"	To Be Announced	Futurama	UEFA	Dirty Jobs	Montana Life Derek	Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Sen	Seinfeld
9:30 PM	Movie: "Cop Land" (1997)																		Seinfeld
10 PM	Sylvester Stallone.	Paradise Hotel 2 (E)	Targets-Iraq (E) (DVS)	Medium (N) (E)	CSI: Miami (N) (E)	Intervention "Emily"	Bachelor-Lond	Brothers & Sisters (N)	News Hour Final (N)	National	Falcon Beach (E)	EURO Classic Soccer	CSI: Miami (N) (E)	Worst Handyman	School Cory	Movie: "Showtime" (2002)	Robert De Niro. (E)	Star Trek: Voyager (E)	Married... Fresh Pr.
10:30 PM	Sylvester Stallone.																		Frasier
11 PM	Movie: "Philadelphia"	News (N)	Profiles of Nature (E)	Charlie Rose (N) (E)	News (N) Tonight	News (N) Late Show	The First 48 (E)	News (11:35)	News (E)	Entertain ET Canada	(11:05) The Hour (E)	Mystery Ghost	SportsCentre (Live) (E)	News (N)	MythBuster's Ninjas.	Suite Life Life Derek			The Nanny
11:30 PM	Movie: "Philadelphia"																		

monday movies

MORNING

10:00 am CITY (29) ★★½ "One Fine Day" (1996, Romance-Comedy) Michelle Pfeiffer. On a hectic day, architect Melanie, single mom of a small boy, meets news columnist Jack, divorced dad of a little girl. (E)

AFTERNOON

5:00 pm WTBS (3) ★★½ "Cop Land" (1997, Crime Drama) Sylvester Stallone. The sheriff of a small New Jersey police community confronts key men on both sides of a law-enforcement cover-up. (E)

EVENING

6:00 pm SPIKE (44) "Today You Die" (2005, Action) Steven Seagal. A world-class thief escapes from prison to exact revenge on the partners who doubled-crossed him.  
 9:00 pm WTBS (3) ★★½ "Cop Land" (1997, Crime Drama) Sylvester Stallone. The sheriff of a small New Jersey police community confronts key men on both sides of a law-enforcement cover-up. (E)

ment cover-up. (E)  
 10:06 pm CITY (29) ★½ "Showtime" (2002, Comedy) Robert De Niro. A straight-laced cop must work with a bumbling patrolman on a reality-based TV show. (E)  
 11:00 pm WTBS (3) ★★ "Philadelphia" (1993, Drama) Tom Hanks. Fired by his firm, a lawyer with AIDS fights back in court with help from his lawyer.

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Beth Norman Harris

Treat me kindly, by beloved master, for no heart in all the world is more grateful for kindness than the loving heart of me. Speak to me often, for your voice is the world's sweetest music, as you must know by the fierce wagging of my tail when your footsteps fall upon my waiting ear. When it is cold and wet, please take me inside, for I am now a domesticated animal, no longer used to bitter elements. And I ask no greater glory than the privilege of sitting at your feet beside the hearth. Though had you no home, I would rather follow you through ice and snow than rest upon the softest pillow in the warmest home in all the land, for you are my god and I am your devoted worshipper. Keep my pan filled with fresh water, for although I should not reproach you were it dry, I cannot tell you when I suffer thirst. Feed me clean food, that I may stay well, to romp and play and do your bidding, to walk by your side, and stand ready, willing and able to protect you with my life should your life be in danger. And beloved master, should the great Master see fit to deprive me of my health, do not turn me away from you. Rather hold me gently in your arms as skilled hands grant me the merciful boon of eternal rest - and I will leave you knowing with the last breath I drew, my fate was ever safest in your hands.

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Application forms may be picked up at Princeton Secondary School, Princeton, or online at [www.sd58.bc.ca](http://www.sd58.bc.ca), listed under 'Jobs' and returned by **May 16, 2008**.

Only those applicants being interviewed will be contacted.

For further information, please call Jim Garfield at (250) 315-1113.

### Regional District Okanagan-Similkameen

#### General Manager - Finance

The Regional District Okanagan-Similkameen is looking for a General Manager of Finance to perform the statutory duties of the Chief Financial Officer. This position is responsible for the overall financial management of this progressive organization and will be expected to provide sound and professional financial advice as well as strong leadership to both the elected officials and the organization's dedicated staff. The General Manager oversees a budget of approximately \$30-million, 124 services and takes a lead role in the strategic and financial processes of the Okanagan-Similkameen.

This sun drenched wine growing region extends from Summerland in the north, to Princeton in the west and south to Osoyoos. Other communities in this region include Penticton and Oliver in the Okanagan Valley; and Keremeos in the Similkameen Valley.

The Regional District's Administrative headquarters are located between Okanagan and Skaha Lakes in the beautiful City of Penticton.

The successful candidate will be an exceptional communicator who will collaborate with the Chair, liaising regularly with Electoral Area Directors, Municipal Directors, member municipality staff and First Nation organizations. You will be creative and energetic and have proven financial management skills. A strong record of accomplishment in the public or private sector and impeccable credentials will be important attributes. Experience in local government would be helpful but not essential.

Working very closely with the Chief Administrative Officer, members of the Board and Senior Managers you will assume responsibility for the financial operation of the Regional District and liaise regularly with the Electoral Area Directors, Municipal Directors and staff of the member municipalities.

Those wishing to apply should submit an electronic application by Monday, May 19 to:

James R. Craven and Associates,  
Care of: George Paul, Associate  
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SOLUTIONS TO PUZZLES ON PAGE 16

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491 768 253  
832 951 746  
657 243 819  
584 196 327  
173 482 695  
926 537 184  
748 325 961  
365 819 472  
219 674 538

CHALLENGE #88 - Hard

981 265 734  
472 138 695  
563 974 182  
627 849 513  
154 723 968  
398 516 247  
839 657 421  
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## Yogi Bear

January 27, 1995 - April 29, 2008



So long, Yogi - our 'little' tire biter. You'll be missed by all the friends you made when fulfilling your duties as 'official greeter' at the Similkameen News Leader

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## my turn

### I lost a friend this week

Our first meeting went something like this:

I knew her 'mom' and as a favour I house sat for her for a few days. That was when we met...along with her sister.

I must admit that at first I wasn't all that attracted to them. They weren't really my type and after all, the house sitting was a favour. She was the quiet one and her sister was the loud one - two complete ends of the spectrum. I couldn't see how anything would develop between us, but it did and one night I let them sleep with me.

This was my introduction to life with Australian Shepherd/Border Collies that made me realize dogs could be pretty good friends.

There was no way of knowing at the time that I would eventually marry their 'mom' and between three dogs (hers) and a cat (mine) we would end up with our own blended family. We lost Boo Boo (the sister) five years ago to a rare cancer. Shortly after that Yogi started to come out of her shell. She was no longer shy and quiet, and there was something very special about her. She was playful and polite. She would chase a ball, a rock, a stick or anything as long as you kept throwing it and still want more after she'd wear you out, then afterwards she'd wait at the door for you to invite her in and then she'd wait inside the door to be invited into the rest of the house.

As she got older, we had to quit throwing the ball so far as Yogi would stiffen up overnight after a vigorous workout the day before. So the games continued, but with fewer and shorter throws as to not wear her out.

We started taking her to work because she was great with everyone and it gave her something to do for part of the day. It turned out that many of our customers started to grow so fond of Yogi that they would ask specifically to see her. Yogi made many friends, a few she couldn't wait to see daily.

She gave our office a certain feel. Call it homey, but it was nice to have her there, even if she spent a lot of time 'hoover' ing crumbs off the floor around my workstation or barking at a certain someone to hurry up with his coffee and sit down so he could feed her some treats.

It was two weeks ago she started to show signs of illness we weren't really sure of. She had a few accidents, started drinking a lot more water than we've ever seen her do and days later she lost her appetite. At first we thought she was just 'getting old' on us. After all, she turned 13 in January. She even greeted me one day after work last week with a ball in her mouth and stumbled her way to me hoping I'd play with her. After I kicked the ball less than a foot away she just looked at it. I knew she wasn't herself.

A trip to the vet revealed she had canine diabetes and although it was treatable, we considered her age, the fact that she was now deaf, was going blind, was already arthritic and well...Yogi did not come home and I lost a friend this week. I had no idea how attached I was to her until she was gone. We still have another dog and the cat, but more importantly, I still have the person who introduced Yogi to me in my life.

And I'm okay with that.

## TIS TOONS



## your turn

### Stefan shares more great ideas

Dear Editor:

RE: Princeton clean up and painting

I hope it will be a little less frosty at night the next few weeks that we can go on painting the downtown core completely.

I hope I will be done with our storefront by the time you read this paper...(by the way in my case it adds up to just over 75 dollars in paint and brushes which I find a tiny investment to help give this town a jumpstart!)

If we ALL do that paint job without exception you will see what it will do for our self esteem and pride - never mind the awesome

#### Letter To The Editor

### Joe gets pumped up at the pumps

To The Editor;

The high price of gas triggers the mind for solutions which are opportune. Drive only on the 31st of the month and return to the wonderful joy of walking and focusing on the forgotten sole/soul after all it's going to take you to your final destination.

A good time to create a rickshaw industry. When's the last time you've allowed your Sweetie to rickshaw you through a drive-thru?

Ladies like to pull their own weight keeping themselves ever more beautiful enhancing their unencumbered mystical disposition thus doing their share in alleviating the pressure on the health care system.

Retire the auto to the museum. Convert the sidewalk and parking lane into three divided lanes - 1)

look of this downtown! You will feel the difference instantly. Even if you have brick walls or plastic siding - there is the right paint for you at our local stores and GREAT DEALS as well!

Even if you think of renovating completely in 2 or 3 years - get at least a coat of nice paint on your building NOW.

Maybe someone can donate a nice 6-foot fence beside the old Curves??...I personally think that it would be a huge step if the town could talk to Jim Pattison (or still Steve?) about leveling out the old hotel area and temporarily top it up with some nice gravel to give

additional parking for busses, campers and cars who always have trouble to find parking all Summer long...I can't see why they wouldn't agree to temporarily donating the land until the new food store is built.

The other day I walked my dog along the river coming from the silver bridge and walking towards the brown bridge...when I arrived at the bridge I was basically running against the concrete foundation of the bridge - no idea why there is NO stairs to walk straight up, cross the street and be able to follow the trail further.

- Stefan Dietz, Princeton

senior electric-powered scooters and golf carts, etc. 2) bicycles, roller blades, etc. 3) wheelchair, walker and foot traffic.

Can't revert to the horse and buggy days. As with cattle their manure is greenhouse gas unfriendly and hay is used in agri-fuels but we are considering the little Middle East burro. It eats next to nothing of anything and Sweetie says me and the little donkey should be quite compatible.

She cautions however, the burro might contravene a city bylaw that might even be enforced.

After all, what area wants to be known as the home of the jackass?

There are other alternatives to the world oil, greenhouse gas and food crises. Become a sardine rancher rather than cattle. The sardine provides both oil and food. Can be raised in any fish bowl or

body of water. Princeton could become world famous for it's memorable 'Sauerkraut - Sardine Sandwich' replacing the McDonald burger.

Imagine the priceless publicity during the Olympics.

Future housing development units will require a food growing balcony or window box and include a bicycle, rickshaw and roller blades. All lawns and golf courses will be plowed under for food or agri-fuels. Every auto fuel fill up will require a donation of a cob of corn towards agri-fuel and also a food product for the world food bank.

The times call for a radical mind set change and bold new initiatives.

Just need the incentive. Regards, Joe Schwarz, Princeton

#### EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

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George Elliott  
Brenda Engel  
Dawn Johnson



Current Comment:

# What would futurists predict now?



Dawn Johnson  
editor@thenewsleader.ca

Way back when I was a teenager, there were all kinds of predictions about our future. Pundits (people who are supposed to know what they're talking about) predicted we would have satellites in space (true) and there would be so many people on earth that we would see half the people starve to death (maybe true).

Another prediction was that Elvis would be a flash in the pan and nobody would know his name in 20 years. False.

Predictions included four out of every 10 adult North Americans would suffer from some kind of mental disorder. That proved to be true. The most promising prediction was that, by the year 2000, we would have a cure for cancer. That was the biggest falsehood of the lot!

The Cold War was a daily topic, and there were dire predictions about what might happen to bring on World War 3. Fortunately, none of those things happened. What was not predicted was that the USSR and communism would fail miserably, and the Soviet Union would end with a cheer from its satellite citizens.

Rachel Carson's book, *Silent Spring*, hit the best seller list. She predicted we would poison our planet, but most people did not believe her until her prediction came true.

During the 1970's, Alvin Toffler became the most well-known "futurist" of the lot. I recall reading *Future Shock*, a book about all of the technological changes that would take place in the next 20 years.

To a large extent, Toffler was correct. What he did not foresee was the proliferation of home computers and the incredible expansion of the "information

highway". He addressed that issue in his next best selling book, "The Third Wave".

During the 1990's, Laurie Garrett's book, *The Coming Plague*, was not a best seller, but it should have been. Garrett predicted the spread of malarial mosquitoes to places they had never gone before. Garrett predicted the spread of bacteria and viruses due to being transported on ships and airplanes. Remember SARS? Garrett was right.

A flood of predictions about global warming came in the 1990's, and continue to today.

Of course, I am ignoring the predictions made by religious fanatics who predicted the end of the world on a certain date (I don't know how many of those I've survived!) and I am ignoring the equally crackpot predictions about space alien invasions.

We have entered a new millennium as well as a new century, and there seems a real lack of predictions about the future. I was waiting for a book called *The Fourth Wave*, but haven't seen it yet. Maybe the real fourth wave will be about saving our planet and all its creatures from the effects of the second and third waves?

One of the things futurists predicted was that we would live in a "post-industrial" society. Nearly everything would be done by electronic machines. I know this prediction was made by a man who worked in an office and lived in a city.

I know it was a man, because women know supper is not planned and prepared by an electronic machine, floors and toilets are not cleaned by electronics, and laundry is still washed in water and ironed by female humans, for the most part. None

of us leave our babies in the care of electronic machines. In fact, there is growing evidence to show that some of these electronics, such as the wireless phones and other wireless equipment, may be bad for our health.

I know this man lived in a city because electronic machines are not ploughing fields, birthing calves or laying eggs. Electronic machines are not cutting down trees, although we do use electronic machines to manufacture lumber in sawmills. Electronics may assist miners, but you still have to pull the rock out of the ground, mash it up and separate the minerals, and it is people who do it.

Fish and lobsters are still caught by hand. My point is that there are still a whole lot of things that will never be done by computers or robots.

Predicting the future is really about interpreting trends. What trends are we seeing now? First, I see a trend toward improving our food supply, and ensuring it is good food, not contaminated by the poisons we have manufactured and dumped on our planet. I see a trend of ordinary people becoming increasingly disillusioned by modern medicine producers and looking for alternative ways to cure what ails them. I see the gap between poor and rich is wider than ever. I see our romance with oil and cars is coming to an end.

All things considered, isn't it odd that nobody is making big predictions these days (except for David Suzuki)? Have we reached a point in human wisdom saying we cannot predict, or are people afraid to predict? Or, worse yet, are people making predictions and nobody cares?

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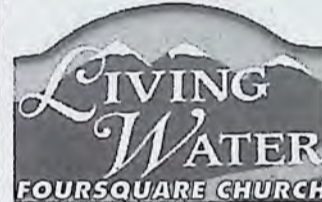


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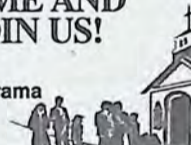
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New signs appeared on existing trails around the Princeton area in the past couple of weeks. They are no joke and warn of serious penalties for those causing environmental damage. Photo: Kelley Cook

### Letter To The Editor

## Ken thanks you for your support

Dear Readers,  
This year's MS Walk in Penticton was the best in recent memory. The weather, while slightly cool, was perfect for people with MS and those who chose to run the route.

Gyro Park was set up with a village theme and each town in the South Okanagan - Similkameen had its own tent and seating area.

The music was loud, the food was good, and the air was full of excitement. This year there were more than 200 registered walkers and over 20 registered teams. Princeton was well represented by walkers, runners, and wheelers.

This year approximately \$68,000 was raised to support programs and services in the South Okanagan-Similkameen, and to fund national research programs. Research is the key to ending Multiple Sclerosis. In my fund raising efforts, I asked

supporters to designate their contribution to research. As a result, I raised over \$15,000 that will be dedicated to research, as well as \$500 for local programs and services.

On behalf of everyone with Multiple Sclerosis and their families, thank you for your support. Your encouragement and your generosity have put us one step closer to finding a cure...and when that day comes, we will all be able to proudly say that we set a goal, worked together, and played a role in ending Multiple Sclerosis.

Yours truly,  
Ken Carlson, Princeton

## Princeton Highland Dancers present Spring Fling & Tea



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Princeton Lions Club Flea Market was held on May 3rd at Princeton Arena - the first time the club has split their flea market and auction events. There were some great deals for those who attended. \*

Princeton Hospital Auxiliary Society

**Spring Tea**  
 and Fashion Show

2:00 PM Saturday, May 10<sup>th</sup>  
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**MELS needs your continued support**

No one expects to suffer illness or injury that affects their mobility, their independence or dignity, yet it happens to thousands of people in BC every day: The child who needs crutches after a fall from a bike, or a senior who requires a wheelchair, cane or walker after slipping in the bathtub.

Health care reform has reduced the duration of hospitalization,

requiring more Canadians to recover from illness, surgery or injury while at home -- where equipment to provide comfort and mobility is often not available.

The cost of purchasing or renting medical equipment is far beyond the means of many of those who need it most.

The Canadian Red Cross, Medical Equipment Loan Service (MELS) Centre is a volunteer-driven, community-based program that lends medical equipment on a short term basis to people of all ages who are recovering from surgery, illness or injury. The equipment is available 'by donation' for up to three

months. This is an important service that supported approximately 230 people in Princeton last year.

Donations from the public are used to maintain and operate this service. Red Cross is looking for two more individuals to help the Princeton centre.


Responsibilities will include the lending and cleaning of a variety of medical equipment such as canes, crutches, wheelchairs, walkers and bathing aids. Full training and support will be provided.

If you have some time available, Red Cross would like to hear from you. For more information call Susan at (250) 763-1824. -submitted

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**7:00 PM**  
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Gillies Wendling, Hydrologist - Owner/Operator GW Solutions

Karen Campbell, BA, LLB, LLM - Staff Counsel & Director of BC Policy, Pembina Institute (specializing in mining law, aboriginal law and environmental assessment)

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The Lions Club Flea Market May 3rd also included raffles along with shopping bargains.\*

## MP tables Private Members Bill

NDP Agriculture Critic Alex Atamanenko, M.P., BC Southern Interior, tabled his Private Members Bill, An Act to bring the Food and Drug Regulations in line with the Guidelines for Canadian Drinking Water Quality, that would require bottled water regulations to be raised to the same standards as municipal water.

"Independent scientific studies have found numerous contaminants in many brands of bottled water," stated Atamanenko.

According to the NDP agriculture critic, Industry giants such as Nestle are allowed to tap into ground water while corporations like Pepsi and Coca Cola use municipal water systems to produce a product that is often not as safe as ordinary tap water.

"These companies pay little or nothing for water they take from rural springs or public systems then package it in plastic bottles made of environmentally toxic chemicals and then get to sell it at prices hundreds or thousands of times more

than ordinary tap water," declared Atamanenko.

"Ensuring that bottled water meets the same strict standards as the Guidelines for Canadian Drinking Water Quality is a crucial step towards ensuring we have democratic control of the bottled water industry in the public interest," stated the NDP agriculture critic.

Atamanenko hopes that once people are more aware of the exploitive practices this industry engages in they will change the way they think about water and support the growing movement of restaurants, city governments, campuses and schools that are resisting the bottled water industry. "There is an urgent need for comprehensive health and environmental regulations of the bottled water industry," said Zoe Maggio, bottled water campaigner for the Polaris Institute.

"The bottled water industry is vastly unregulated. For example, when we look at health issues, we know that bottling plants only

receive government inspections on average every 3 to 5 years. We also know that there have been at least 27 recalls of bottled water since 2000. By contrast, tap water is tested very regularly: The City of Toronto, for example, conducts tests every 4 hours for bacteria, and City of Ottawa staff conducts over 125,000 tests per year."

According to Atamanenko, billions of plastic bottles that require massive amount of fossil fuels to manufacture and transport wind up in landfills every year just to supply consumers with bottled water they really don't need.

"This is a huge and unnecessary impact on the environment which everyone needs to be much more concerned about these days," concluded Atamanenko.

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**I do not agree with the reassessment provided by the CRA; do I have any options for recourse?**

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If you make a full disclosure before we start any compliance action or investigation, you may only have to pay the taxes owing, plus interest. If the CRA comes to you first, you could end up paying penalties and fines and even face jail time.

For more information about the Voluntary Disclosures Program, visit [www.cra.gc.ca/voluntarydisclosures](http://www.cra.gc.ca/voluntarydisclosures).

THESE TIPS AND INFORMATION ARE INTENDED TO HIGHLIGHT GENERAL TAX RULES AND PLANS AND SHOULD NOT BE USED AS A SUBSTITUTE FOR APPROPRIATE PROFESSIONAL ADVICE RELATED TO YOUR SPECIFIC CIRCUMSTANCES.

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