Similkameen



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News Leader

Manion praises PXA, hamber

Councillor Jim Manion reported to Town Council on May 5 that Princeton Exhibition Association (PXA) has done a remarkable job on the grounds.

He told Council the user groups are working well together, they have a lot of enthusiasm, and the Rodeo Club has a lot of energy. The Fall Fair Association, he said, has a good cross-section of members of different ages, and is well-organized.

Mayor Randy McLean complimented Councillor Manion on getting the groups working together.

a \$100-million, 10-year flood pro-

tection program and by expanding

the network of 'early warning'

hydrometric monitoring stations on

water courses across the province.

During the first year of the pro-

gram, 40 projects with a total value

were

of nearly \$10-million

Manion also reported to Town Council on May 5 that the Chamber of Commerce is "coming into their own".

He stated the Chamber is going out to businesses to see what they would like done, and is welcoming new business people. Plans are in the works for "Business After Hours" to resume as a networking method, as was done several years ago and has been a regular 'networking' opportunity used by Similkameen Country, the Chamber of Commerce serving the Keremeos and Hedley areas.

on the 7th annual Princeton Rodeo on Page 11. Many more photos on Page 12 & 24. *

eve

At the peak of snow accumulation in mid-April, much of British Columbia had near normal snowpacks, with a few areas above normal, such as the Peace and the south, central and north coasts.

However, as a result of one of the coldest Aprils in the last 50 years, spring snowmelt has been delayed, and additional snow has accumulated.

As of May 1st, basin snow water indicators range from a low of 99 per cent of normal in the mid Fraser, to near 120 per cent of normal on Vancouver Island and along coastal drainages. The Upper Fraser River basin and the Peace River are both at 116 per cent of normal, and the North Thompson is at 114 per cent.

Most other basins, including the Nechako, Mid Fraser, South Thompson, Columbia, Kootenay, Okanagan and Similkameen are near normal.

The Fraser River snow index,

Sudoku Challenge PAGE 16 - IN YOUR TV GUIDE SECTION

Similkameen

which includes all of the river's major water-producing areas, from its headwaters down to Mission, is 107 per cent of normal, up from 102 per cent on April 1st.

As of May 1st, snow conditions are likely to produce near normal or slightly above normal volumes in major rivers as the snow melts from . now through July. These snow conditions provide a positive outlook for water supplies in most of the province, including community water supplies, in-stream flows, ground water and aquifers.

Cold spring weather and the resulting delay in snowmelt could also result in above normal water levels on rivers in the major Interior basins in late May and June (Upper Fraser, North Thompson, South Thompson, Shuswap Lake, Skeena, Bulkley, Nass, Kootenay, Columbia and others).

If spring weather conditions are near normal (not unusually wet or unusually hot) there is low likelihood of flooding on major rivers. The forecast for the Fraser River at Hope is a peak discharge in June that could meet last year's peak discharge of 11,000 cubic metres per second.

Flooding on Vancouver Island and other coastal drainage areas, such as areas surrounding the South Coast mountains, is unlikely, as high flows in these areas typically result from fall and winter rain storms not spring snowmelt.

Environment Minister Barry Penner says the BC government is working to reduce risks by funding

approved. - submitted by Ministry of Environment The Ministry of Environment's airport appreciation day lown hosts

In celebration of the hard work the Airport Select Committee has been doing for the community over the past two years, the public is invited to attend the first ever Princeton Airport Appreciation Day on Saturday, June 7th from 11:00 AM to 3:00 PM at the Princeton Regional Airport.

This celebration follows the Radio Air Controlled jet flyers exhibition the weekend before.

Grab your lawn chairs, wear a hat and sunscreen and join us for a spectacular air show featuring the Fraser Blues Flying Demonstration Team, a five-member team who showcase their World War II Navion aircraft in a crowd pleasing display of true airmanship and thrilling precision flying. The five-member team includes former Canadian Air Force Snow Bird pilots. Everyone will have a chance to meet with the pilots and view the aircraft up close.

Stop by for a barbeque lunch donated by Billy's Restaurant, visit the weather station and enjoy children's activities throughout the day. Fun, food and entertainment for all ages is what you will find at this free community event hosted by the Town of Princeton. Gates off of Airport Road will open to the public at 10:30 AM.

"The Airport Select Committee has been working extremely hard on behalf of the Town of Princeton for notes several years now," Committee Chair Ray Jarvis. "We are celebrating our successes

water levels, and releases advisories and warnings as conditions warrant. For more information visit: http://www.env.gov.bc.ca/rfc/

River Forecast Centre (RFC) moni-

tors snowmelt, weather and stream

flow conditions. The RFC produces

forecasts of river discharge and

with the community by hosting a free Airport Appreciation Day and Air Show."

Although an airport committee has been in existence for several years, Town Council officially created the Airport Select Committee in 2006 and their first order of business was retaining the consulting services of William R. Neale and Associates to conduct an airport feasibility study. Neale presented his report to the committee and council in July 2006.

The community will observe some modest changes at the airport when they visit on the Saturday and the Town of Princeton will be making an important announcement about the bright future of the airport.

- submitted by Town of Princeton

THIS WEEK Page 11 - Princeton Rodeo Final Results / Page 12 & 24 - Princeton Rodeo Photos

WS Leader Page 4 - Keremeos / Page 11-18 - TV Guide / Page 22 - Editorial / Page 23 - Current Comment

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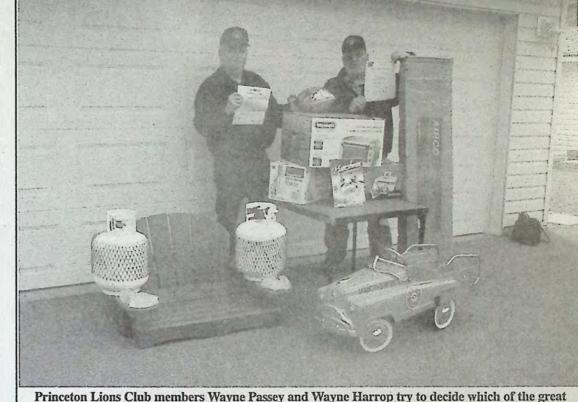
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Princeton Performing Arts Society presents Angels in Love A comedo bo Hayh Mills

Riverside Wellness Centre May 29, 30, 31 and June 1 - 7:30 pm May 31 - 2:30 pm

Advance Ticket Sales Adults \$15 Students/Seniors \$12 All tickets \$20 at the door (Not recommended for children under 12)

Tickets at Princeton Pharmasave (250) 295-3353



Princeton Lions Club members Wayne Passey and Wayne Harrop try to decide which of the great donations to the Lions Club Auction they will use for the 'Pay What You Spin' Wheel of Fortune Raffle. This year's annual auction is set for Saturday, May 17th in Princeton Arena. Photo: Anno Passey

A foot bridge on the TransCanada Trail, called the Bridge of Dreams, is one step closer to reality. On May 5, Town Council entered into an agreement with the Union of BC Municipalities (UBCM) for

\$96,973, money allocated from gasoline taxes.

The project is estimated to cost \$960,000, with \$75,000 coming Southern Interior from Development Initiative Trust and \$150,000 from TransCanada Trail Foundation. Town Council is hoping to receive the remainder from provincial the government LocalMotion Program. This final funding was applied for earlier this year and if granted, will allow for the construction of the foot bridge without drawing on local property taxes.

of the TransCanada Trail across the Tulameen River parallel to the existing Highway 5A bridge for automobile traffic. The project was proposed to Town Council seven years ago by John Sandness, who noted the unsafe conditions faced by persons using the trail who had to cross the highway to use the bridge then cross it again to go back to the trail.

Construction of the foot bridge should begin this year as soon as all funding is confirmed. Vermilion Trails Society has accepted a proposal from StructureCraft Builders of Delta, B.C. to construct the

The foot bridge completes a section bridge. **Jarvis** hears local youth

Councillor Ray Jarvis was impressed with young people from Princeton Secondary School who spoke at the CYC meeting held last month. He told Town Council on May 5 that Princeton's youth favour an aquatic centre, as they feel there is not enough to do in town.

The youngsters would really like to have a driving instruction school in Princeton, as they and their parents find it too expensive to go to Penticton for driving instruction.

When asked about whether they would do volunteer work in the community, the young people said they would be happy to volunteer for local projects, but they would need to be asked. A bulletin at the school was suggested as a means of requesting volunteers.

The students at the meeting said most young people leave Princeton after graduating from Grade 12 because Princeton is "boring" and because there are not enough jobs available locally.



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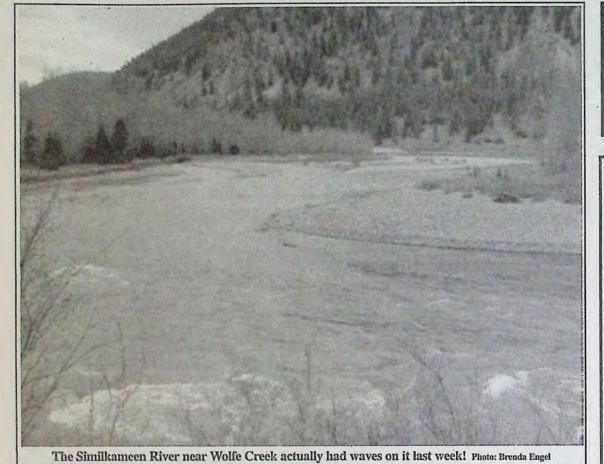
Topics of Discussion:

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ers express park study concerns

Directors of the Similkameen Valley Planning Society, which represents the communities and First Nations of the Similkameen Valley, recently issued a statement of concerns to Parks Canada.

A study of the feasibility of a new national park is reaching its final stages. The proposed boundaries place over 80% of the proposed park in the Similkameen watershed. The SVPS says the study method is flawed and results provided so far ignore the interests of Similkameen residents.

SVPS Chair, George Hanson, says there are three main concerns.

"First, there has been no consultation with our organization, our Economic Development Officer or other managers of the Similkameen economy about our economic realities and strategies. The Parks Canada consultants have done their analysis in isolation from local knowledge and expertise.

"Secondly, we have voiced concerns that residents of the Similkameen will suffer economic and social losses if the park goes ahead, while primary benefits might go to the South Okanagan. We will lose range lands and ranches, most of the last free Crown Land will be protected from development and the last unrestricted sports and recreation lands used by local residents will be off limits. Should the park go ahead, then in compensation we expect the park headquarters and visitor centre to be located in the Similkameen. As far as we can tell, Parks Canada has made no commitment to that equitable trade-off.

"And, thirdly, the Lower Similkameen Indian Band has crucial issues with park development related to traditional rights and title. Band members will be the most effected by a park, because it would surround their reserves, cutting them off from their traditional and historic land base."

Chief Joe Dennis of the Lower Similkameen Indian Band says that while the rights and title issues are most important, lack of economic benefits for his people is another concern.

"Right now (Parks Canada) is offering us almost nothing in the way of jobs for our people."

Parks Canada began studying the feasibility of a new national park in 2004. In 2006, a tourism impacts study was completed without input from the SVPS. The final socioeconomic feasibility study is being completed by a consultant from Vancouver. Michael McLaughlin is Similkameen Valley Economic Development Officer. He says he is puzzled by the consultant's failure to contact him.

"You would think that, without someone on their team who is familiar with the area's economic plans, they would ask for information. And you would think that if Parks Canada wants to build an economics benefits case for the park, they would want to show the park will be complementary to existing strategies and developments. Instead, they work in isolation, as if a park is not connected to the economy around it."

The SVPS has stopped short of expressing opposition to the park. In the words of SVPS Director Joe Nitsch, "results of the current study are irrelevant and unsuited as a basis for a park proposal."

Hanson has written to Parks Canada Feasibility Study Project Manager Tom Hurd requesting a dialogue on dealing with concerns in the Similkameen.

It is a question of credibility, says Hanson.

"Parks Canada has to prove to us that they have the sensitivity to develop a park on an occupied landscape in a way that respects and addresses the lifestyle and interests of the people who live here."



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Let's talk. We're listening.

Since our visit to Princeton in April, we've been hearing your concerns about Petrobank's proposed coalbed gas (CBG) evaluation project. It is important to us that we maintain an open and honest dialogue with the community through personal conversations, email correspondence, our open house, interviews with the newspapers and ads such as this one.

Land use, produced water disposal, drilling practices and environmental impact are all important issues that should be discussed openly and truthfully. Since drilling our first CBG evaluation well in the area in 2004, we have upheld this communication approach. In the coming weeks, we will continue to share information about our project and CBG drilling in this newspaper.

We encourage you to learn the facts about CBG not just from us. For details on government regulations which we follow and, at times, exceed, go to the BC government CBG website at www.coalbedgas.gov.bc.ca. Or for information on CBG drilling in Canada, visit the Canadian Society for Unconventional Gas at www.csug.ca. Of course, if you wish to speak with us directly, we are always available at the



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lunches will be provided.

on activities will include origami,



ds PGH cuts restored

Harry Lali, NDP MLA for Yale-Lillooet, called on the Minister of Health to restore cuts to the Princeton Hospital and presented a petition May 8th on behalf of Princeton residents that protests the cuts to community health services.

"The people of Princeton are very clear about the failure of the Campbell-Liberal government to provide much-needed health services to their community," said Lali.

"The petition containing 662 signatures from residents in the Princeton area calls on the government to keep the Emergency Room open and to reinstate surgical services at the Princeton Hospital."

During debate May 7th in the Legislature on Bill 25 entitled Health Professionals (Regulatory Reform) Amendment Act, 2008 Lali said, "On behalf of my community, they've asked me to lobby the Minister. I'm lobbying the Minister to give a little bit of attention to these communities who have been hurt by the Campbell-Liberal government's agenda of cuts."

Since 2001 the Campbell government cut services in small, rural communities.

"The result has meant fewer acute care beds, loss of surgical procedures, and the closure of the natal care units, including the one in Princeton," said Lali.

"Now patients must travel long distances to places like Penticton, Chilliwack Kelowna, and Kamloops for care they previously received in local hospitals in the 1990s. It is simply unacceptable. No one in Princeton can forget Jessica Obey giving birth to her son on the roadside in her family's SUV while the child's father received emergency instructions for delivering the baby over the cell phone,"

said Lali.

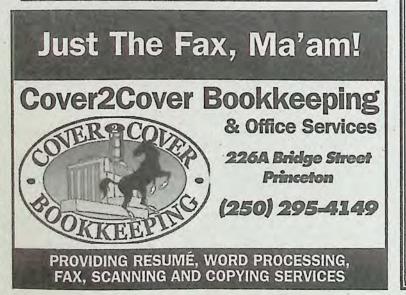
"The family had to rush the pregnant mom 110 kilometres, over mountain passes, to the Penticton hospital all because the Campbell government shut down the natal unit in Princeton. Unfortunately, the BC Liberal government is again handing down more cuts," said Lali.

"And in Princeton people are facing further cuts to the Emergency

Room and surgical services. When will this Liberal government stop hurting small communities?" asked Lali from the Legislature.

"The Campbell-Liberals approach has led to crisis after crisis in small communities. The reality is communities in my constituency look forward to the day the Minister rectifies the situation so we don't have





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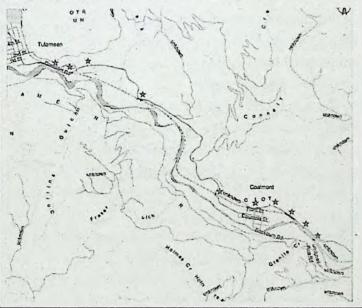
Land Act: Notice of Intention to Apply for a Disposition of Crown Land

Take notice that FortisBC Inc. of Westbank, BC intends to make application to Integrated Land Management Bureau (ILMB), Southern Service Region - Kamloops Service Centre, Crown Land Adjudication office, for a Right-of-Way for Utility purposes covering Block B, District Lot 128, Former part of District Lot 181, unsurveyed Crown Land in District Lot 749, part of District Lot 151, part of District Lot 99, Lot A, District Lot 378 Plan 9184, part of District Lot 360 on Plan CG115, part of District Lot 281 all of Yale Division Yale District situated on Provincial Crown land located in the vicinity of Tulameen and Coalmont.

The Lands File Number that has been established for this application is 3411822. Written comments concerning this application should be directed to the Section Head, Crown Land Adjudication at 3rd Floor, 145-3rd Avenue, Kamloops, BC V2C 3M1. Comments will be received by ILMB until June 9, 2008. ILMB may not be able to consider comments received after this date.

website Please visit our http://www.arfd.bc.ca/ApplicationPosting/index.js p --> Search --> Search by File Number: insert Lands File Number for more information.

Be advised that any response to this advertisement will be provided to be public upon request.





Home & Garden News http://myhomeandgardennews.blogspot.com

Tuesday, May 13, 2008

news leader health and lifestyle page May is speech and hearing awareness month

(NC)—Many of us take our hearing and ability to speak for granted. Whether we are talking with a group of friends, playing a sport or listening to the radio, our ability to communicate is vital in our everyday activities. For one in ten Canadians however, speech, language or hearing problems are a daily challenge.

These communication disorders significantly affect the work, school and social aspects of the lives of tens of thousands of Canadians, of all ages. Few of us could ever know the isolation and frustration they face.

The Canadian Association of Speech-Language Pathologists and Audiologists (CASLPA), and our 5,000 members across the country are working together throughout the month of May to raise public awareness concerning the professions and the many issues surrounding speech, language and hearing disorders. Speech-language pathologists and audiologists are highly trained professionals who work daily with Canadians of all ages to help them deal with many different types of communication disorders. Whether working with an autistic child, or a person recovering from a stroke, they strive tirelessly to help improve the quality of life and health of the people they serve.

May Month promotes and celebrates both the professions and the contributions made by speech-language pathologists and audiologists to the health of our country. Watch for exciting events in your community such as hearing screenings, speech clinic open houses, contests, radio talk shows and other activities.

Similkameen

News Leader

CASLPA is a not-for-profit association supporting the professional needs of its members through a wide variety of services, programs, and personal benefits, including a national certification program for individuals and accreditation for facilities.

If you would like to know more, please visit our website www.caslpa.ca or contact your provincial Speech and Hearing Association. -News Canada

What's all the fuss about fibre? Benefits beyond bran (NC)-Did you know that the right found at pgx.com. gerous. Research indicates that the

(NC)—Did you know that the right type and amount of dietary fibre could help you lose weight, balance cholesterol, prevent blood sugar problems and even change the glycemic index of the foods you eat?

Everyone knows that fibre is important for regularity, but when most people think of fibre, they think of only one kind, insoluble fibre like bran. While bran is an excellent food, it can't compare to newly developed soluble fibres like PGX, a proprietary fibre blend that is being called a 'super fibre' for its unique properties. Dr. Michael Murray explains, "Bran and other non-soluble fibres add bulk for better elimination and, like tiny brushes, they help clean out the lower digestive tract. The new combinations of highly soluble fibres, like those that make up PGX, are more like sponges - they can absorb hundreds of times their weight in water giving them incredible healthenhancing benefits." More about the benefits of soluble fibre can be

Dr. Murray, co-author of a new book from Atria Press called Hunger Free Forever, explains that soluble fibre can make a person feel full even with a small amount of food. Soluble fibre combines with food and water and expands in the digestive tract, slowing digestion and therefore helping the body receive nutrition, especially glucose, at a more controlled rate. This is extremely helpful for anyone with blood sugar problems such as Metabolic Syndrome, pre-diabetes or Type II diabetes.

"When blood sugar soars and then plunges, you have a virtual blood sugar roller coaster. Extreme high or low levels of blood glucose are dangerous. Research indicates that the blood sugar roller coaster contributes to excessive cravings and weight gain, heart health problems and of course diabetes and its complications. We've shown that PGX, because it is a highly soluble fibre, helps 'derail' the blood sugar roller coaster, so people can get their appetite and blood sugar under control," explains Dr. Murray.

If you always feel hungry; if you have irresistible food cravings; if you often feel exhausted or low on energy; consider getting OFF the blood sugar roller coaster. Talk to any natural health practitioner or your medical professional about adding more soluble fibre to your diet. -News Canada

living past 100 Eat the decoration!

Parsley is used to decorate plates of meat and vegetables, but most people ignore it as a food. Wrong! Parsley is a wonderful food, and when it is used to garnish a plate, eat it.

Parsley looks like just a few leaves of green to make things look prettier, but a sprig of parsley has more Vitamin C than an orange. Parsley is packed with Vitamin A, too, to help keep your skin strong and your nasal passages clear.

Parsley is known as a cancer preventative food, as well as an excellent aid in combatting kidney inflammation. Dried parsley tea can be used to treat inability to urinate, painful urination, kidney stones, and fluid retention. Take one cup of parsley tea daily with meals.

Parsley tea is believed to be a good cure for improving your sex life if taken a half hour before sexual activity. Lovers should keep parsley in the cupboard to enjoy a busy sex life!

If you have a problem with bad breath, chew parsley. If you want your dog's breath to improve, chop some parsley into very small bits and stir into wet dog food.

For better health, make a point of adding parsley to salads, put finely chopped parsley on potatoes or in rice, or to top a plate of tomatoes.

If you would like to have fresh parsley in your garden, purchase seeds and plant now. Parsley grows well in the Similkameen Valley, and will come back year after year.

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hibition.

On January 14, Maynard was dri-

his lawyer presented evidence showing the notification was sent to his counsel's office by regular mail and arrived after the date Maynard was charged.

In Provincial Court in Princeton on May 8, Kevin J. Reinhardt attended for sentencing. He had entered guilty pleas to common assault, breach of undertaking and breach of recognizance. All charges arose out of an incident on June 8, 2007, at Linguini's Restaurant in Princeton.

Reinhardt had been a business partner in the restaurant, and had been drinking after hours with guests at the restaurant. He ordered more drinks for himself and friends, and although his partner allowed it, she told him he should not be out there drinking when the restaurant was closed.

Staff was becoming concerned at his rude behaviour. At midnight, Reinhardt's partner told his friends they would have to leave, and Reinhardt became abusive and assaulted her, pushing her to the floor and injuring her leg. He threatened to kill himself and her. The abuse, both physical and verbal, went on until his partner was able to flag down a police cruiser on Vermilion Avenue.

The partner was taken to hospital, but police could not find Reinhardt until the next morning. He was charged, and ordered to stay away from the restaurant and his partner. Instead, he went back and was charged for the breach of undertaking.

He was later placed under a court ordered recognizance with a condi-

tion that he not consume alcohol. On June 16, he was drinking in the Coalmont Hotel and followed customers to a residence in Coalmont where he became a nuisance. A pre-sentence report indicated

Judge sets limits for chef

Reinhardt showed no remorse for what he had done. The 42 year old chef saw no reason to change his behaviour and said he thinks of making people angry as an amusement. He blamed his partner for what happened.

The partner submitted a victim impact statement which outlined living in constant fear of Reinhardt, as well as loss of business and some permanent physical damage due to injuries he inflicted.

Judge G. Sinclair made it clear he had no grounds to send Reinhardt to jail, but emphasized Reinhardt had a long standing history of alcohol related incidents, and the alcohol problem must be addressed. He sentenced Reinhardt to 15 months probation for the assault, and three months for the breaches. Reinhardt is opening a restaurant in Bowden, Alberta, and was ordered to leave Princeton by May 13, 2008.

If he must come back for any reason, he must notify his probation officer. Recommendations were made for Reinhardt to undergo alcohol abuse counselling, as well as counselling for anger management and domestic violence. He is to have no weapons and must give a DNA sample.

More Court News - Page 10 **Princeton Area Ghost Towns - The DVD** Princeton Area Chost Towns 5 **INCLUDES GST** Available at: Similkameen News Leader www.thenewsleader.ca

Judge G. Sinclair ruled Maynard was not guilty, as he had done all that he needed to do, and he, or his lawyer, should have been notified immediately that the decision was not in his favour.



How will you spend your \$100?

Starting in late June, British Columbians will receive a Climate Action Dividend of \$100. Together with new cuts to personal and business taxes and over \$1 billion in climate action initiatives, the dividend is intended to help people make climate friendly choices. By making smart choices with your \$100 dividend on everyday purchases like energy-efficient light bulbs, or shopping locally for produce, your decisions can make a big difference.

To learn more about the dividend and other climate smart measures, visit smartchoicesbc.ca or call 1-877-387-3332.



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similkameen News Leader

Tuesday, May 13, 2008

weekly entertainment guide

TUESDAY, MAY 13, 2008 THROUGH MONDAY, MAY 19, 2008



Princeton Rodeo Queen 2008 Janine Esdale was officially crowned at the opening of Princeton's Rodeo. *

Rodeo Club hosts another great show

The 7th annual Princeton Rodeo was an awesome weekend of activity at Sunflower Downs.

The Saturday, May 10th performance started with the official crowning of Rodeo Queen Janine Esdale, included - an amazing demonstration by the Cariboo Cowgirls team of Williams Lake and featured some of the toughest cowboys and cowgirls matched up with even tougher livestock.

There was also a break in the action to officially dedicate the large indoor arena building at Sunflower Downs the 'Kenny McLean Memorial Arena' with members of the late rodeo great's family on hand for the ceremony. The unofficial rodeo results from both days are as follows:

In the Bareback event there was only one qualifying ride on Saturday. Justin King of Sagal, Washington scored 82 riding Billy. On Sunday, Kevin Lusk of Buckley, Washington tied that score on XXL. Dan Keller of Roy, Washington scored the next highest with 76 after riding Bad Company.

In Tie-Down Roping, Keegan Smith (150 Mile House, BC) took first place with his Saturday score of 12.9 seconds. Riley Isnardy (Cache Creek, BC) earned second on Sunday with a time of 13.8 seconds. Third went to Derek Mobbs of Merritt with his Saturday time of 15.3 seconds.

In Saddle Bronc only three cowboys had -qualifying rides on Saturday. Steve Hohmann (Quesnel, BC) scored 81 on Casino Royal and Jay Louis (Vernon, BC) earned a 74 on Step 'n' Stone. Third place went to Jeff Gray (Williams Lake) who scored 73 on Sunday riding Insomnia. It was just enough to drop Princeton's Justin Buhler to fourth place with his Saturday ride on Grey Area which scored 70 points.

In Steer Wrestling, Willie Twan (Alkali Lake, BC) topped the leader board Saturday with a time of 6.3 seconds. Wade McNolty (150 Mile House, BC) took second with his Sunday time of 6.6 seconds. Third place went to Jordie Maurice (Alexis Creek, BC) who scored a time of 8.0 seconds on Sunday.

In Breakaway Roping, a BCRA standard event, all winners came from runs made during the Sunday performance. Charlie Soffel (Vanderhoof, BC) took first place with a time of 5.0 seconds with Chad Braaten (150 Mile House,

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Phone: (250) 295-4149 Fax: (250) 295-4103 BC) in second with 5.9 seconds and Keely Durrell (Riske Creek, BC) in third with 13.8 seconds.

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When It's Your Turn To Drive... You Get To Play With The Siren

SUPPORT LOCAL EMERGENCY SERVICES BY BECOMING A VOLUNTEER FIREFIGHTER

Princeton Volunteer Fire Department has 8 openings for regular members (ages 19-65) and junior members (ages 16-18, still attending school).

If you are a business owner, a retiree, male or female (with Class 5 Air Endorsement Drivers License) you may qualify to become part of a team that works hard but provides you with free training, insurance coverage and a chance to play with lights and sirens.

Applications are available at the Fire Hall (162-2nd Street) Wednesdays from 6:30 - 7:30 PM and at the Town Office, or leave a message at (250) 295-3325.

CENTURY 21 Princeton Realty Congratulates Carol & Gil Bertrand



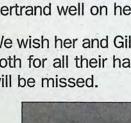
Heather Johnson and everyone at Century 21 would like to wish Carol Bertrand well on her new adventure: Retirement!

We wish her and Gil all the best and would like to say thank you to them both for all their hard work and dedication, their presence in our office will be missed.





CENTURY 21 Princeton Realty 224 Bridge Street, Princeton Phone: (250) 295-6977 - Fax: (250) 295-3411 www.princetonbc.com



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Similkameen **News Leader**



Clayton Moore of Pouce Coupe earned a 'no time' with this ride May 10th in the Tie-Down Roping event. *





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1

TUESDAY, MAY 13, 2008

		WTBS 3	CHBC (4)	KNOW	KSPS	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC (13)	YTV (18)	TSN 19	VTV 22	DISC (24)	FAM (26)	CITY 29	SPIKE	TROP 45
1	AM	All-Family	News (N)	Bali 🖭	Caillou (EI)	Company of the second sec	News (N)	and the second se			(4:30) News	CBC News:			Canada AM	the second se	and the second sec	Rachael		F/X: The
6	;30	All-Family	2nd Chnce	George S.	Thomas	E	News (N)	Crossing Jordan 🖽	(5:00) News (匠)	(5:30) News (N) (11)	(4:30) News (N) (E)	Morning	Erky Perky Viva Pinata	e 🖾	Canada A.M	Daily Planet	King (E)	Ray (E)	Voyager [E]	A REPORT OF A REPORT OF
	AM	Temptation	Body	Clifford	Barney	Today	The Early	The	Good	1		(N) Gofrette	Gross	SportsCentr		What's	K. Possible	CityLine (E)	VIP. "Why	Due South
7		Temptation	Past Lives	Dora	1		Show (N)	Sopranos	Morning					e I		That			2 Kny" [E]	(ff)
-	:30		1-	the second second	Arthur (EI)	Buffett;	E	œ	America (N)			Curious	Hawks			About?	(7:24)			
8	AM	Jeffersons	Room	(7:54) Hi-5	Curious	James Frey.		American Justice	œ		100 Huntley Street [E]		Pokemon	SportsCentr e 🗊		Worst Handyman	Weekend	The Tyra Banks Show	Disorderly Con.	North of 60
0	:30		That News	Magic Bus	Clifford	(14) 00		Justice			Ducce (Busytown	Flamingo			Laboyman	Lloyd	Damia Outra	com	uu
0		Sanford	The Mom	Bereustain	Super Why!		The 700	Cold Case	Regis and	100 Huntley		Super Why!	Timothy	Off-Record	Regis and	Daily Planet	Feet	News (N)	Disorderly	ET Canada
9	:30	Sanford	Show E	(9:34)	Dragon		Club @	Files [Kelly	Street (E)	Vision (E)	Gofrette	George S.	Fishing	Kelly		Tigger	City	Con.	What
10	AM	Harvey	Debbie	Franklin 📧	Sesame		The Price Is	CSI: Miami	The View	Hospital	Room	Wilbur (C)	Erky Perky	ATP Tennis:	The View	Megabuilde	Mickey	Movie:	Most	Videos
10	:30	Harvey	Travis' Facelift		Street (EI)		Right (N)	(III)	(N) 🖭	1	House	Doodlebop	Jane	Masters	(N) 🖭	rs 🗊	Sprites	"Dancing at	Amazing	Grace
20	AM	Cosby	Clean	Rolie Polie	Big World	Ellen	Young and	Crossing	Paid Prog.	Past Lives	(10:59)	Martha	Care Bears	Series Hamburg	eTalk [[]]	What's	Benj Bear	Lughnasa" (1998) [[]]	Videos Most	The Nanny
11		Cosby	House (Pancakes	Sit-Be Fit		the Restless	Jordan 🖽	Paid Prog.	House	News (N)	Stewart	Jacob	Early	Instant	That	(11:25) King	(1.550) 44	Amazing	Frasier
	_	Still Stud	News (N)	History	Charlie	Show Paid Prog.	News (N)	Crossing	All My	-	E	N	1	Rounds,		About?			Videos	
12					Rose E			Jordan (E)	Children	News (N)	Days of our Lives (N)	News 🗈	Being Ian	From Hamburg,	Degrassi	Greatest Ever	(11:49)	CityLine []]	Most Amazing	Seinfeld
	:30	A. C. Starter	Birth	Scattering		Paid Prog.	Bold & B.		(N) 🖭			CBC News: Today (N)	Gross	Germany.	Bold & B.		Weekend		Videos	Seinfeld
-1		Fresh Pr.	Design	Planet	Your Brush	Days of our Lives (N)	As the World	The Sopranos	One Life to Live (N)	As the World	As the World		George S.	(Same-day	Sue Thomas:	Worst Handyman	Dragon	Ellen DeGeneres	Star Trek: Voyager (E)	Beverly Hills, 90210
	:30	Fresh Pr.	Home	Homes	Quilting	and the second	Turns (N)	(C)	Live (iv)	Turns (N)	Turns (N)	Dinner	Viva Pinata	Tape)	FBEye	nandyman	Emperor	Show	voyager un	11113, 50210
0	PM	King	The Steve	Pan Asia	Word	Millionaire	Guiding	American	General	Gulding	Guiding	Steven and	Ruby	Euro 2008	General	How-Made	(1:48)	News [Star Trek:	Fresh Pr.
2	:30	King	Wilkos Show	Undersea	Lions	Jane	Light (N)	Justice	Hospital (N)	Light (N)	Light (N)	Chris 🔃	Flamingo	Interruptio	Hospital (N)	How-Made	Weekend		Voyager [E]	Family Guy
-	PM	Friends	Christine	Blue's Clues	Maya	Judge		Cold Case	Rachael	Young and	Young and	Food	Team	Off-Record	Dr. Phil (E)	Mega	K. Possible	News (N)	CSI: Crime	Inside Box
3	:30	Seinfeld	Design	œ	Arthur (EI)	Judge		Files 🔃	Ray 🖾	the Restless	the Restless	Frasier	Pokemon	Sports	() () () () () () () () () ()	Builders 📧	Replace	œ	Sen	Vanity
-	2401	Family Guy	Judge J.	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Inside	Oprah	(3:59) News	NHL	SpongeBob	NHL	Daily Show	Daily Planet		Friends	CSI: Crime	a province of the
4		Family Guy		(4:35) Little	Fetch! With	La	Winfrey [Cops (E)	Winfrey (Global	Hockey:	OddParent	Hockey:	Colbert	(N)	Proud	Hollywood	Sen	That News
	01420	in the second second	in the second se	Bear [1.1.1.1.1.1.1.1.1	Playoffs		Playoffs			1			
5		Movie: "Assassins"	News (N)		BBC World		News (N)	The First 48		News (N)	(4:59) News (N) (E)	Teams TBA. (Live)	OddParent	Teams TBA. (Live) [E]	News (N)	How-Made	Suite Life	Beauty and the Geek	CSI: Crime Scn	
2	:30	(1995,		(5:35) Babar	Business	NBC News	CBS News	E. t. and I	ABC News	Global	1	(SpongeBob	(Larte) LL	1.5.1.5	How-Made	Montana	ine occu		What
C	PM	Action)	Ad Pers	Monster's	News-	News (N)	News (N)	The First 48	News	News (N)	ET Canada		Drake		News (N)	Smash Lab	Zoey 101		CSI: Crime	Family Guy
6	:30	Sylvester Stallone. [6]	News	(6:35) CG	Lehrer	Raymond	Hollywood	œ	News	Œ	Entertain		Drake		EE	(N)	Life Derek	Kitchen (N)	Sen	Seinfeld
-	PM		El News	Gardens	Nova (N)	Jeopardy!	Friends	Simmons	Entertain	Entertain	Boston	News (#	Malcolm	SportsCentr	eTalk (ff	Deadliest	So Raven	Entourage	DEA 🖾	Seinfeld
1	:30	Frasier	Jeopardy!	Eden	(DVS)	Fortune	Scrubs	Simmons	The Insider	ET Canada	Legal (N)	Mercer	Prank Ptrl	e (Live) 🖽	Hollywood	Catch (N)	Smart Guy	Batter Up		Frasier
-	PM	Seinfeld	Star	Sahara-	Savage Seas	Moments	NCIS	Simmons	Jim	NCIS	NCIS	To Be	Fries That?		American	Daily Planet	Suite Life	News (N)	CSI: NY	Family Guy
8	:30		Moments	Palin		Moments	"About Face" (N)	Simmons	Jim	"About Face" (N)	"About Face" (N)	Announced	Monster	In Corner	Idol 🖽		Sadie	(8:35) News	"Tri- Borough"	Married
-	PM	Movie:	Law &	Paris	Frontline	Law &	Shark (N)	The First 48	Dancing	Shark (N)	Shark (N)	To Be	Futurama	Score Golf	Dancing	Smash Lab	Montana	(9:06)	CSI: Crime	Seinfeld
9	:30	"Assassins" (1995,	Order: SVU	Stories	"Storm Over Everest" (N)	Order: SVU		œ	With the Stars	Œ	œ	Announced	Shadow	Motoring	With the Stars		Life Derek	Jimmy Kimmel	Sen	Seinfeld
	PM	Action)	Women's	Continuous	I (DVS)	Law &	Criminal	The First 48		Boston	News Hour	National	Falcon	EURO	Law &	Deadliest	School	(10:06)	Star Trek:	Married
10	:30	Sylvester Stallone, (6)	Murder Club	Journey		Order: SVU	Minds (2)	œ `	Women's Murder	Legal (N)	Final (N)		Beach	Classic Soccer	Order: SVU	Catch	Согу	Movie: "Anywhere	Voyager [f]	Fresh Pr.
5	PM	Charloner (E)	News (N)	Edge	Charlie	News (N)	News (N)	Simmons	News	News (N)	Entertain	(11:05) The	Mystery	SportsCentr	News (N)	How-Made	Suite Life	but Here"	Deep Space	Frasier
11	:30	"Tiger	Guy Stuff	Wild	Rose (N) @	Tonight	Late Show	Simmons	(11:35)	œ	ET Canada	Hour (Ghost	e (Live) [News (N)	How-Made	Life Derek	(1999) 団	9	The Nanny
5.0	.00			a l'anna							minut		-							

WEDNESDAY, MAY 14, 2008

		WTBS	CHBC (4)	KNOW	KSPS	KHQ (7)	KREM 8	A&E	KXLY 10	BCTV	CITV 12	CBC	YTV 18	TSN (19)	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
	AM	All-Family	News (N)	Bali @	Caillou (El)		News (N)	Crossing	(5:00) News		(4:30) News	CBC News:	Erky Perky	the second se	the second s	Daily Planet		Rachael	Star Trek:	F/X: The
6	ALC: 1 1	All-Family	2nd Chnce	George S.	Bob Build	•		Jordan 🔢		(N) (E)	(N) (E	Morning (N)	Viva Pinata	e Œ	œ		King 🔃	Ray 🖽	Voyager 🔃	Series [
7	AM	Temptation	Body	Clifford	Barney	Today Mark Bittman; five		The Sopranos	Good Morning		1	Gofrette	Grossology	SportsCentr e (ff)		Survivorma n 健	K. Possible	CityLine [VJ.P. Œ	Due South "Asylum"
1	:30	Temptation	Past Lives	Dora	Arthur (El)	Construction of the construction of	Œ	G	America (N)		1	Curious	Team	e un		n tee	(7:24)			Asylum
-	AM	Jeffersons	Room	(7:54) Hi-5	Curious	before get-		American	œ		100 Huntley	Bo On Go	Pokemon	SportsCentr		How-Made	Weekend	The Tyra	Disorderly	North of 60
8	:30	Jeffersons	That News	Magic Bus	Clifford	ting married. (N) (E)		Justice			Street @	Busytown	Flamingo	e 🖽		How-Made	Lloyd	Banks Show	Con.	Œ
~	MA	Sanford	The Mom	Berenstain	Super Why!		The 700	Cold Case		100 Huntley	World	Super Why!	Timothy	Off-Record	Regis and	Daily Planet	Feet	News (N)	Disorderly	ET Canada
9	:30	Sanford	Show (C)	(9:34)	Dragon	4	Club (ff	Files [Kelly	Street [Vision	Gofrette	George S.	Motoring	Kelly		Tigger	City	Con.	What
10	AM	Harvey	Debbie	Franklin	Sesame	1 1 3	C 45. C 5.	CSI: Minmi	Real and the second sec	World	Room	Wilbur 🔃	Erky Perky	Hockey:	The View	Smash Lab	Mickey	Movie: "The	VLP. (ff)	Videos
10	:30	Harvey	Travis' Facelift	New friend.	Street (EI)		Right (N)	(E	(N) (E)	Vision	House	Doodlebop	Jane	IIHF World Champ.	(N) [E]		Handy	Scorpion King"		Grace
	AM	Cosby	Clean	Rolie Polie	Big World	Ellen	Young and	Crossing	Paid Prog.	Past Lives	(10:59)	Martha	Care Bears	Quarterfinal	eTalk (ff	Air Dogs	Benj Bear	(2002) The	Most	The Nanny
11	:30	Cosby	House (E)	Pancakes	Sit-Be Fit	DeGeneres Show	the Restless	Jordan (E)	Paid Prog.	House	News (N)	Stewart	Jacob	Teams TBA	Instant	Air Dogs	(11:25) King	Rock.	Amazing Videos	Frasier
	PM	Still Stnd	News (N)	History	Charlie	Paid Prog.	News (N)	Crossing	АШ Му	News (N)	Days of our	News [tt]	Being Ian		Degrassi	Building the	(11:49)	CityLine G	Disorderly	Seinfeld
12	:30	Still Stud	Birth	Water	Rose E	Paid Prog.	Bold & B.	Jordan (#	Children (N) [5]	Œ	Lives (N)	CBC News:	Grossology		Bold & B.	Biggest	Weekend		Con.	Seinfeld
	PM	Fresh Pr.	Design	Moving On	Art Work	Days of our	As the	The		As the	As the	Today (N)	George S.	IIHF World Champ.	Sue		Dragon	Ellen	Star Trek:	Beverly
1	:30	Fresh Pr.	Home	Edge	Sewing	and the second se	World Turns (N)	Sopranos		World Turns (N)	World Turns (N)	Dinner	Viva Pinata	Quarterfinal	Thomas: F.B.Eye	s Ninjas.	Emperor	DeGeneres	Voyager 🖽	Hills, 9021
-	PM	King	The Steve	Entrada	Word		Guiding	American	General	Guiding	Guiding	Steven and	Ruby	Teams TBA	General	Deadliest	(1:48)	News (G)	Star Trek:	Fresh Pr.
2	:30	King	Wilkos Show	Landscape	Lions	Millionaire E	Justice	Hospital (N)	Light (N)	Light (N)	Chris 🖽	Flamingo	Iba	Hospital (N)	Catch	Weekend		Voyager [Family Gu	
-	PM	Friends	Christine	Blue's Clues	Maya	Judge	Dr. Phil (Cold Case	Rachael	Young and	Young and	Food	Team	Off-Record	Dr. Phil 🕮	How-Made	K. Possible	News (N)	CSI: Crime	Inside Box
3	:30	Seinfeld	Design	œ	Arthur (El)	Judge		Files (Ray [the Restless	the Restless	Frasier	Pokemon	Sports		How-Made	Replace	Œ	Scn	Vanity
-	PM	Family Guy	Judge J.	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Inside	Oprah	(3:59) News	NHL	SpongeBob	Hockey:	Daily Show	Daily Planet	Emperor	Friends	CSI: Crime	TV Made
4	:30	Family Guy	Judge J.	(4:35) Little	Fetch! With	Judge J.	Winfrey [6]	œ	Cops 📧	Winfrey 📧	Global	Hockey: Playoffs	OddParent	LIHF World Champ.	Colbert	(N)	Proud	Hollywood	Scn	Ad Pers
	PM	Movie:	News (N)	Bear (E	BBC World	News (N)	News (N)	CSI: Miami	News	News (N)	(4:59) News	Teams TBA.	OddParent		News (N)	Really Big	Suite Life	Next Top	CSI: Crime	ET Canada
5	:30	"Cliffhanger "(1993)	[66]	(5:35)	Business	NBC News	CBS News		ABC News	Global	(N) (C)	(Live) (SpongeBob	Teams TBA	Œ	Things (N)	Montana	Model	Scn	What
	PM	Sylvester	Ad Pers	Heads Up	News-	News (N)	News (N)	CSI: Miami	News	News (N)	ET Canada		Drake		News (N)	Dirty Jobs	Zoey 101	Rock of	UFC	Family Gu
6	:30	Stallone.	News	Mechanics	Lehrer	Raymond	Hollywood	Œ	News	00	Entertain		iCarly [SportsCentr	Œ	Œ	Life Derek	Love	Unleashed	Seinfeld
-	PM	Frasier	E! News	Lemur	The Brain	Jeopardy!	Friends	CSI: Miami	Entertain	Entertain	Movie:	News [#]	Malcolm	e (Live) 🖭	eTalk 💷	Mayday	So Raven	2Half Men	The	Seinfeld
7	:30	Seinfeld	Jeopardy!	Undersea	Fitness Program	Fortune	Scrubs	"Slow Burn"	The Insider	ET Canada	"Indiana Jones and	Just-Gags	Prank Ptri	Hockey	Hollywood	"Gimli Glider"	Smart Guy	2Half Men	Ultimate Fighter (N)	Frasier
	PM	Friends	Deal or No	What the	1	Deal or No	Price Is	CSI: Miami	Contract of the local sector	Movie:	the Temple	To Be	Fries That?	Sports	Criminal	Daily Planet	Suite Life	News (N)	Ways Die	Family Gu
8	:30	Friends	Deal (N) (Ancients Did	Change	Deal (N)	Right	(CE)	(N) 🔃	"Indiana Jones and	of Doom" (1984) [8]	Announced	Monster	Off-Record	Minds (N)		Sadie	(8:35) News	Ways Die	Married
9	PM :30	Movie:		Ultimate Factories	Your Brain, Change		Criminal Minds (N)	CSI: Miami	Supernanny (N) [g]	the Temple of Doom" (1984) [g]	Family Guy	To Be Announced	Futurama Shadow	Boxing: Wednesday Night Fights.	American Idol 🖽	MythBuster s Ninjas.	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld Seinfeld
	PM	"Cliffhanger " (1993)	Stunt Stars	ALCO	Secrets of	Law &	CSI: NY	CSI: Miami	and the second se	1	News Hour	National	Falcon	Œ	CSI: NY	Really Big	School	(10:06)	Star Trek:	Married
10	:30		(ff)		the Dead (N)	Order (N)	"Taxi" (N)	(CE)	Legal (N)	Family Guy	Final (N)		Beach ("Taxi" (N)	Things	Cory	Movie: "Hollow	Voyager 🖽	Fresh Pr.
	PM	Stallone.	News (N)	Paris	Charlie	News (N)	News (N)	CSI: Miami		News (N)	Entertain		Mystery	SportsCentr		Mayday	Suite Life		Deep Space	Frasier
11	:30	Cheers	Guy Stuff	Stories	Rose (N) [[]	Tonight	Late Show	"Slow Burn"	(11:35)	œ	ET Canada	Hour (ff	Ghost	e (Live) 🔃	News (N)	"Gimli Glider"	Life Derek	Kevin Bacon. [ff]	9	The Nanny

Similkameen **News Leader**



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May 14 - 21, 2008

Aries - Minding your money and looking after your possessions is a key interest this week. Chances are you want to own nicer things. Go to yard sales for bargains. Enjoy.

Taurus - Home may seem increasingly hectic this week, or you may need to do repairs on your home. Check your home for safety hazards. You feel well now, and your mind is relaxed.

Gemini - You are moving into your own element at the end of this week, and you may feel strong and self-confident, but watch out! You should be very cautious while driving.

Cancer - You could have a lot of mixed feelings this week about what you own, and about siblings or neighbours. You make some plans for more happy times with partner or friends. Fun!

Leo - You are in the grip of ego this week and until the end of June. Try not to be a pain while you go through this. Remember, the world does not revolve around you! Steady!

Virgo - Enjoy yourself this week, as next week you must deal with problems arising in your career or with parents. You may have to take responsibilities you hadn't planned for. Be alert!

Libra - What you own and what you owe, as well as how much you earn, may be bothering you, but things will change next week. Look for a career opportunity. Go for it!

Scorpio - Partner is amiable for another week. Career could be too hectic or stressful. Matters dealing with debt, insurance, banking, investments should be checked carefully. Life is busy.

Sagittarius - Clear up day to day chores this week, as next week looks like it could be filled with challenges. Money situation brightens, but be cautious about spending. Conserve.

Capricorn - You will be very active, and your job could be very demanding. Matters related to debts, investments, need to be attended to. You would feel better having some carefree fun.

Aquarius - Young people and friends occupy your interests this week. Others may press you to do more than you should. Money could challenge you next week: don't spend!

Pisces - You can enjoy going places and doing things if you are prepared to go alone. Friends seem distant, and disinterested. Short trips are fun, and neighbourhood activity brings pleasure.

Similkameen News Leader Recipe Comer (Recipe #219) Brought To You By: Similkameen News Leader



(NC)-Here's a delicious breakfast of fruit, yogurt and granola. For convenience, make the yogurt filling a day ahead, then assemble everything just before you serve breakfast (if you do it sooner, the granola will lose its crunch). Assemble using individual bowls.

- 1 1/4 cups Regular or Low Fat Eagle Brand Sweetened Condensed (300mL) Milk
- 2 cups thick plain yogurt (500mL)
- 1/4 cup lemon juice (juice of 1 lemon) (50mL)
- 1 tbsp zest of 1 lemon (15mL)
- 1 tsp vanilla (5mL)
- 4 cups fruit (sliced strawberries, blueberries, raspberries) (1L)
- 3 cups granola (375 mL)

Mix yogurt and condensed milk. Add lemon juice, zest and vanilla. Whip until mixture thickens.

Place 1 cup (250mL) granola in bottom of an 8 cup (2L) bowl. Spoon 2 cups of yogurt mixture. Layer 2 cups (500mL) fruit, 1 cup (250mL) granola, remaining yogurt mixture, fruit and granola.

Preparation Time: 15 minutes Baking Time: n/a Makes: 8 servings Freezing: not recommended

- News Canada

If you have a favourite recipe you would like to share, contact us for details! 226A Bridge Street, Princeton

Regular Meetings

MORNING

EVENING

10:00 am CITY 29 "Dragonwheel" (2002, Romance-Comedy) Krista MacDonald. An insecure band man-ager and a neurotic music lover find

romance on a trip around the world.

Otter Valley Fish & Game Club regular neetings 3rd Saturday of month, noon, at clubhouse

Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up • Princeton Writers Group meets every econd and fourth Thursday 7pm at Riverside Wellness Centre Hospital Auxiliary meets 2nd Monday

each month at 2 pm Hospital board room • PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom

Hedley Library open 2-7pm Thursdays Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673 Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150. Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.

Princeton Chamber of Commerce meets

every 3rd Thursday at Chamber office 7 pm Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall • Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena

Mezzanine Southern Cruisers Similkameen Chapter #53 meets for rides every

Thursday night. • Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room. • Princeton GSAR meets first 3 Tuesday of

the month, 7:00 PM in GSAR Hall, Rocklin Avenue Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the

Chamber of Commerce meeting room. Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion

Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie U'th Group 7 PM, 1st and 3rd Tuesdays,

iving Water Church

• U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church • Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM

PSS Gym Little Folks Nursery School Parent/Board

Meetings, 3rd Wednesday of each month, 7:00 PM at the school. - Legion Ladies Aux., second Tuesday each month, 7:00 PM, Legion.

7:00 pm CITV 12 **"Dr. Seuss' The Cat in the Hat" (2003, Comedy) Mike Myers. Looking for fun, a mis-chievous feline invades the home of two children while their mother is

10:00 am CITY 29 **"The Blue Lagoon" (1980, Romance) Brooke Shields. A boy, a girl and a burly cook are shipwrecked on a Fiji island, where the boy and girl grow up as lovers. (2)

MORNING

EVENING

two children while their mother is away. [E]
7:30 pm FAM [2] ★★½"Gotta Kick It Up" (2002, Drama) Susan Egan. A teacher inspires a group of Latina schoolgirls to reach for their full potential and become a championship dance team. [E]
8:00 pm BCTV []] ★★"Dr. Seuss' The Cat in the Hat" (2003, Comedy) Mike Myers. Premiere. Looking for fun, a mischievous feline invades the home of two children while their moth-

tun, a mischievous reine invades the home of two children while their mother is away. [29]
9:00 pm WTBS [3] * "Men of War" (1995, Action) Dolph Lundgren. Former special-forces agents hired to invade an exotic island learn they were duped by con artists. [2]

FAM 2€ ★ * "Ghostbusters II" (1989, Comedy) Bill Murray. Now the parapsychologists are trying to rid New York of stress-related pink slime. 10:06 pm CITY 20"Sex House 5" (2004, Adult) Beverly Lynne. Roommates have assorted erotic encounters

- encounters. 10:48 pm FAM [26] ***"Freaky Friday" (2003, Comedy) Jamie Lee Curtis, Two fortune cookies cause an

Curtis, Iwo fortune cookies cause an engaged psychotherapist and her teenage daughter to magically exchange bodies. 11:00 pm SPIKE (4) **"Naked Gun 33 1/3: The Final Insult" (1994, Comedy) Leslie Nielsen. Ed coaxes his "Police Squad" pal Frank out of retirement to thwart a terrorist bomb-ing. (In Stereo)

ing. (In Stereo) 11:30 pm WTBS (3) *%"Playing God" (1997, Drama) David Duchovny. A decertified surgeon accepts a job as personal doctor for a Los Angeles mob-star cought by the EPI ster sought by the FBI.

www.frameyourpets.info



- CHBC (4) "Trophy Wife" (2006, Suspense) Brooke Burns. When a woman's wealthy husband is found dead, a ruthless blackmailer threat-ens to frame her for murder. (2) 10:00 pm KNOW (5) *** "The Slanted Screen" (2006, Documentary) Filmmaker Jeff Adachi examines Hollywood's portrayal of Asian men in movies. (2) 10:06 pm CITY (2) "Dragonwheel" (2002, Romance-Comedy) Krista MacDonald. An insecure band man-ager and a neurotic music lover find
- romance on a trip around the world.

11:30 pm WTBS ③ ★★"Mimic" (1997, Horror) Mira Sorvino. Married scientists battle killer cockroaches with the ability to assume human form.



Explore The History Of Mining - Gold, Copper and Coal

6:00 pm WTBS ③ ★%"Driven" (2001, Action) Sylvester Stallone. At the request of the team owner, an the reduest of the team owner, an auto racer comes out of retirement to mentor an immature hotshot. 9:00 pm WTBS ③ ★%"Driven" (2001, Action) Sylvester Stallone. At the request of the team owner, an auto racer comes out of retirement to mentor an immature hotshot.

thursday movies

friday movies

similkameen News Leader

THURSDAY, MAY 15, 2008

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		WTBS 3	CHBC 4	KNOW	KSPS	KHQ (7)	KREM 8	A&E	KXLY 10	BCTV	CITV [12]	CBC	YTV (18)	TSN (19)	VTV (22)	DISC 24	FAM (26)	CITY	SPIKE 44	TROP
	AM	All-Family	News (N)	Bali (Caillon (EI)	A state of the second s	News (N)	Crossing	(5:00) News	(5:30) News	(4:30) News	a contraction of the second	and the second se	and the second se		Daily Planet	the second se	Rachael	Star Trek:	F/X: The
6	:30	All-Family	2nd Chnce	George S.	Thomas	œ		Jordan (#)	œ	(N) (E)	(N) 🖭	Morning (N)	Viva Pinata		E		King (E)	Ray (E)	Voyager [B]	
Long	AM	Temptation	Body	Clifford	Barney	Today	The Early	The	Good	1		Gofrette	Grossology	SportsCentr		Canadian	K. Possible	CityLine IE	VIP.	Due South
1	1.00	Temptation	Past Lives	Dora	Arthur (EI)	Angelina Jolie; Jack	Show (N)	Sopranos	Morning America (N)		10 3	Curious	Hawks	e 🖪		Geographic	(7:24)		"Analyze Val"	œ
0	AM	Jeffersons	Room	(7:54) Hi-5	Curious	Black. (N)		American	œ		100 Huntley	Bo On Go	Pokemon	SportsCentr		Deadliest	Weekend	The Tyra	Disorderly	North of 60
8	:30	Jeffersons	That News	Magic Bus	Clifford	(GD)		Justice	1		Street [E]	Busytown	Flamingo	e 🖪		Catch	Lloyd	Banks Show	Con.	Œ
9		Sanford	The Mom Show [6]	Berenstain	Super Why!]	The 700 Club [E]	Cold Case Files [6]	Regis and Kelly	100 Huntley	World	Super Why!	Timothy	Off-Record	a state of the second se	Daily Planet	Feet	News (N)	Disorderly	ET Canada
3	:30	Sanford	CHION LEL	(9:34)	Dragon		Ctub (15)	rues (m	Keny	Street [Vision (ff)	Gofrette	George S.	Motorcycle	Kelly	1	Tigger	City	Con.	What
10	AM		Debhie	Franklin @	and an an an array of the			CSI: Miami		Hospital-	Room	Wilbur 🖭	Erky Perky	ATP Tennis:		Really Big	Mickey	Movie:	Most	Videos
10	:30	Harvey	Travis' Facelift		Street (EI)		Right (N)	(C)	(N) (E)	Sick	House	Doodlebop	Jane	Masters Series	(N) (E)	Things	Sprites	"Dragonwhe el" (2002)	Amazing Videos	Grace
11		Cosby	Clean House 🕮	Rolie Polie	Big World	Ellen DeGeneres	Young and	Crossing	Paid Prog.	Past Lives	(10:59)	Martha	Care Bears	Hamburg	eTalk [#]	UFO Stories	Benj Bear	Krista	Most	The Nanny
11	1000	Cosby		Pancakes	Sit-Be Fit	Show	the Restless	Jordan 🔃	Paid Prog.	House	News (N)	Stewart	Jacob	Early Rounds.	Instant		(11:25) King	MacDonald.	Amazing Videos	Frasier
10		Still Stad	News (N)	History	Charlie	Paid Prog.	News (N)	Crossing	All My	News (N)	Days of our	News (#	Being Ian	From	Degrassi	Mega	(11:49)	CityLine [6]	Disorderly	Seinfeld
12		Still Stud	Birth	Scattering	Rose 🗊	Paid Prog.	Bold & B.	Jordan 🖽	Children (N) 征	Œ	Lives (N)	CBC News:	Grossology	Hamburg, Germany.	Bold & B.	Builders (ff)	Weekend		Con.	Seinfeld
-		Fresh Pr.	Design	Planet	Simply	Days of our	As the World	The	One Life to Live (N)	As the	As the	Today (N)	George S.	(Same-day	Sue	Dirty Jobs	Dragon	Ellen	Star Trek:	Beverly
1	1.0	Fresh Pr.	Home	By Design	Quilting	Lives (N)	Turns (N)	Sopranos (G)	Live (N)	World Turns (N)	World Turns (N)	Dinner	Viva Pinata	Tape) [ff]	Thomas: F.B.Eye	(ff)	Emperor	DeGeneres	Voyager [8]	Hills, 90210
0		King	The Steve Wilkos	Avventura	Word	Millionaire	Guiding	American	General	Guiding	Guiding	Steven and	Ruby		General	Mayday	(1:48)	News [6]	Star Trek:	Fresh Pr.
2		King	Show	Undersea	Lions	Millionaire	Light (N)	Justice	Hospital (N)	Light (N)	Light (N)	Chris 🔃	Flamingo	Interruptio	Hospital (N)	"Gimli Glider"	Weekend		Voyager [C]	Family Guy
3		Friends	Christine	Blue's Clues	Maya	Judge	Dr. Phil [6]	Cold Case	Rachael	Young and	Young and	Food	Team	Off-Record	Dr. Phil 📧	How-Made	K. Possible	News (N)	CSI: Crime	Inside Box
3	:30	Seinfeld	Design		Arthur (EI)	Judge		Files (Ray (C)	the Restless	the Restless	Frasier	Pokemon	Sports		How-Made	Replace	Œ	Scn	Vanity
Л	PM	Family Guy	The second second second	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Inside	Oprah	(3:59) News		SpongeBoh	NBA	Daily Show	Daily Planet	Emperor	Friends	CSI: Crime	Big Screen
4	:30	Family Guy	Judge J.	(4:35) Little	Fetch! With	Judge J.	Winfrey ()	(CC)	Cops [f]	Winfrey (@)	Global	Hockey: Playoffs	OddParent	Basketball: Playoffs	Colbert	(N)	Proud	Hollywood	Scn	Big Screen
E	PM	Friends	News (N)	Bear (E)	BBC World	News (N)	News (N)	The First 48	News	News (N)	(4:59) News	Teams TBA.	OddParent	Teams TBA.	News (N)	The	Suite Life	Ugly Betty	CSI: Crime	ET Canada
5	:30	Friends	Cent.	(5:35)	Business	NBC News	CBS News	Œ	ABC News	Global	(N) (C)	(Live) [SpongeBob	(Live) (G	[[]	Lusitania: Murder on	Montana	(N) (E)	Scn	What
6	PM	Movie: "Driven"	Ad Pers	Mentors	News-	News (N)	News (N)	The First 48	News	News (N)	ET Canada		Drake	1	News (N)	the Atlantic	Zoey 101	Supernatur	TNA	Family Guy
6	:30	(2001)	News	Book Bad	Lehrer	Raymond	Hollywood	(N) (6)	News	G	Entertain		Drake		Œ		Life Derek	al (N) EE	iMPACT! (N)	Seinfeld
7		Sylvester	E! News	Profiles of	Lost	Jeopardy!	Friends	Crime 360	Entertain	Entertain	'Til Death	News [C	Malcolm	SportsCentr		MythBuster	So Raven	Bio.: Martn		Seinfeld
7	:30	Stallone. [[]]	Jeopardy!	Nature 🖭	Pyramids	Fortune	Scrubs	(N) 🖭	The Insider	ET Canada	Back	22 Minutes	Prank Ptri	e (Live) [Chicago Way"	s (t)	Smart Guy	Short		Frasier
0		1	You Smarter?	Big Ideas ·	New Tricks	My Name Is Earl (N)	CSI: Crime Scn	The First 48		My Name Is Earl (N)	My Name Is	and the second	Fries That?		CSI: Crime	Daily Planet	Suite Life	News (N)	The	Family Guy
8	1000	Frasier		e2 @			1.00		(N) (C)	Earl (N)	Earl (N)	Announced	Monster	Off-Record	Scn		Naturally	(8:35) News	Ultimate Fighter	Married
9	PM	Movie: "Driven"	Movie: "Trophy	Lai Man	Globe Trekker	The Office (N) [6]	CSI: Crime Scn	The First 48	Grey's Anatomy	The Office	The Office	To Be	Futurama	Boxing	Grey's	Dirty Jobs	Montana	(9:06)	I Bet You	Seinfeld
3	:30	(2001)	Wife" (2006)		"Iran"			1	(N)	(N) 🖪	(N) (#)	Announced	Shadow		Anatomy (N)	[[[Life Derek	Jimmy Kimmel	I Bet You	Seinfeld
10	PM	Sylvester Stallone. (6)	Brooke Burns, Ittl	"The Slanted Screen"	Sandwiches Lk	(10:01) ER "The	(10:01) Without a	The First 48	(10:02) Lost (N) [E]	(10:01) 'Til	News Hour Final (N)	National	Falcon Beach [ft]	Poker Night (Taped)	(10:02) Lost	The Lusitania:	School	(10:06) Movie:	Most Amazing	Married
10	:30					Chicago	Trace (N)			Back			Deach (M)	(Taped)	0.0 00	Murder on	Cory	"Dragonwhe	Videos	Fresh Pr.
11		Frasier	News (N)	In Korea	Charlie Rose (N) [E]	News (N)	News (N)	Crime 360	News	News (N)		(11:05) The	Mystery	SportsCentr	News (N)	the Atlantic	Suite Life	el" (2002)	Disorderly	Frasier
	:30	"Mimic"	Guy Stuff		rense (ity (b)	Tonight	Late Show		(11:35)	CEL .	ET Canada	Hour (Ghost	e (Live) [News (N)		Life Derek	Krista MacDonald.	Con.	The Nanny

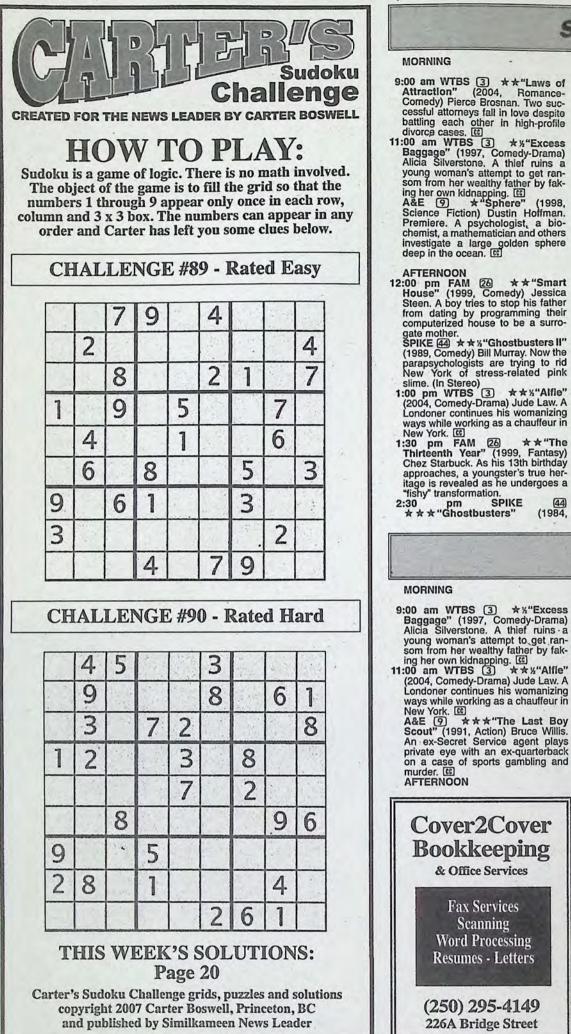
FRIDAY, MAY 16, 2008

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		WTBS 3	CHBC 4	KNOW	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV 12	CBC 13	YTV 18	TSN 19	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
6		All-Family All-Family	News (N) 2nd Chnce	Bali () George S.	Caillou (El) Bob Build	News (N)	News (N)	Crossing Jordan (#)	and the second second second second	(5:30) News (N) [E]	(4:30) News (N) [E]	CBC News: Morning	Erky Perky Viva Pinata	and the second second		Daily Planet		Rachael Ray 📧	Star Trek: Voyager [ff]	F/X: The
7		Temptation	Body Past Lives	Clifford	Barney Arthur (El)	Kids on the	The Early Show (N)	The Sopranos	Good Morning			(N) Gofrette Curious	Grossology	SportsCentr e [£]		American Shark [tt]	K. Possible	CityLine @	Disorderly Con.	Due South
8		Jeffersons Jeffersons	Room That News	(7:54) Hi-5 Magic Bus	Curious	Block. (N)	Œ	[ff] American Justice	America (N)		100 Huntley Street [6]		Pokemon Flamingo	SportsCentr e [65]		MythBuster s [ff]		The Tyra Banks Show	Disorderly Con.	North of 60
9	AM	Sanford Sanford	The Mom Show (E)	Berenstain (9:34)	Super Why! Dragon		The 700 Club 📧	Cold Case Files @	Regis and Kelly	100 Huntley Street [ff]	World Vision	Super Why! Gofrette	Timothy George S.	Off-Record Score Golf	Regis and Kelly	Daily Planet		News (N) City	Disorderly Con.	ET Canada What
10	AM	Harvey Harvey	Debbie Travis'	Franklin (@)	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		The Price Is Right (N)	CSI: Miami	The View (N) @	World Vision	Room House	Wilbur (E)	Erky Perky	Hockey: IIHF World	The View (N) [E]	Birth of a Sports Car	Mickey (10:31)	Movie: "The Blue	Disorderly Con.	Videos
11	MA	Cosby	Facelift Clean House	Rolie Polie Pancakes	Big World Sit-Be Fit	Ellen DeGeneres	Young and the Restless	Crossing Jordan 🖽	Paid Prog. Paid Prog.	Past Lives	(10:59) News (N)	Martha Stewart	Care Bears	Champ. Semifinal – Teams TBA	eTalk 🔃	How Do They Do It?	Benj Bear	Lagoon" (1980, Romance)	Most Amazing	The Nanny
12	PM	Still Stnd	Clutter. News (N)	Gregg	Charlie Rose [ff]	Show Paid Prog.	News (N)	Crossing Jordan (#)	All My Children	House News (N)	Days of our Lives'(N)		Dewitt Being Ian		Instant Degrassi	MythBuster		Œ CityLine Œ	Videos Disorderly Con.	Frasier Seinfeld
1	PM	Still Stnd Fresh Pr.	Birth Design	Edge Animals	Watercolor	Paid Prog. Days of our, Lives (N)	Bold & B. As the World	The Sopranos	(N) छ One Life to Live (N)	As the World	As the World	CBC News: Today (N)	Grossology George S.	ATP Tennis: Masters	Bold & B. Sue Thomas:	The Lusitania:	Weekend Dragon	Ellen DeGeneres	Star Trek: Voyager [tt]	Seinfeld Beverly Hills, 90210
2	1000	Fresh Pr. King	Home The Steve Wilkos	Dotto Tech Dotto Tech	Scrapbook Word	Millionaire	Turns (N)- Guiding Light (N)	(ft) American Justice	General	Turns (N) Guiding Light (N)	Turns (N) Guiding Light (N)	Dinner Steven and	Viva Pinata Ruby	Hockey: IIHF World	F.B.Eye General	Murder on the Atlantic	Emperor (1:48)	Show News [tt]	Star Trek:	Fresh Pr.
4	:30 PM	King Friends	Show Christine	Working Blue's Clues	Lions WordGirl	Friend Judge	Dr. Phil (II)	Cold Case	Rachael .	CC Young and	CC Young and	Chris 🔃	Flamingo Team	Champ. Semifinal	Hospital (N)	How-Made	Weekend K. Possible	News (N)	Voyager [t] CSI: Crime	Family Guy Inside Box
3	:30 PM	Seinfeld Family Guy	Design Judge J.	Pool party. Dora	Arthur (EI) Cyberchas	Judge Judge J.	Oprah	Files (ff) CSI: Miami	Ray [ff]	the Restless Oprah	the Restless (3:59) News	Frasier NHL	Pokemon SpongeBob	Teams TBA	Daily Show	How-Made Daily Planet	Replace Emperor	(E) Friends	Scn CSI: Crime	Vanity Tribute
4	:30 PM	MLB Baseball:	Judge J. News (N)	(4:35) Little Bear [6]	Biz Kid\$ BBC World	Judge J. News (N)	Winfrey [f]	CSI: Miami	Cops 📧 News	Winfrey (C)	Global (4:59) News	Hockey: Playoffs – Teams TBA.	OddParent OddParent	NBA Basketball:	Colbert News (N)	(N) Worst	Proud Suite Life	Hollywood	Scn CSI: Crime	Bands (E)
5		Oakland Athletics at Atlanta	EE Ad Pers	(5:35) Fetch! With	Business News-	NEC News News (N)	CBS News News (N)	"Invasion" CSI: Miami	ABC News	Global News (N)	(N) 📧 ET Canada	(Live) 🕼	SpongeBob Prank Ptrl	Playoffs Teams TBA. (Live) [E]	E	Handyman Bone	Montana Zoey 101	Gladiators	Sen	What
6	:30		News E News	Creatures	Lehrer Wash Wk	Raymond	Hollywood	(E) CSI: Miami	News	œ	Entertain		Endurance		(III)	Detectives	Buzz		UFC Fight Night	Family Guy Seinfeld
7	PM :30	Family Guy	Jeopardy!	Emily of New Moon	McLaughlin	1000	Scrubs	"Wannabe"	The Insider	Entertain ET Canada	Movie: "Dr. Seuss' The Cat in the	News [E] Air Farce	Ghost Adrenaline	SportsCentr e (Live) 📧	eTalk 🔃 Hollywood	A Haunting	Wizards Movie: "Gotta Kick	Reaper "The Leak" (N)		Seinfeld Frasier
8	PM :30	Seinfeld Frasier	Extreme- Home	The Royal "Fever" (10)	Foreign	American Gladiators [@]	Ghost Whisperer (N)	The Sopranos	America's Funniest Home	Movie: "Dr. Seuss' The Cat in the	Hat" (2003)	To Be Announced	Naruto Avatar	Record	Ghost Whisperer (N)	Daily Planet	It Up" (2002)	News (N) Party		Family Guy Married
9	PM :30	Movie: "Men of War" (1995)	True Hollywood Story	Sahara- Palin	Bill Moyers Journal (N)		Moonlight "Sonata" (N)	CSI: Miami "Invasion"	Videos (N)	Hat" (2003)	NUMB3RS (N) @	To Be Announced	Futurama Bleach	Boxing: Friday Night Fights.	Moonlight "Sonata" (N)	A Haunting	Movie: "Ghostbuster s II" (1989)	(9:06) Jimmy Kimmel	Ways Die MXC 🕮	Seinfeld Seinfeld
10	PM :30		20/20 [6]	10 [fi] Cinema Pioneers of Dateline NI	NUMB3RS (N) [E]	CSI: Miami	20/20 [66]	NUMB3RS (N) [E]	News Hour Final (N)	National	Death Note Gundam	(Same-day Tape)	To Be Announced	Bone Detectives	Bill Murray.	(10:06) Movie: "Sex	Game Game	Married Fresh Pr.		
11	PM :30	Frasler "Play God"	News (N) Guy Stuff	Homefront 363	Austin City Limits (E	News (N) Tonight	News (N) Late Show	CSI: Miami "Wannabe"	News (11:35)	News (N)	(11:03) ECW [ff]	(11:05) The Hour @	Shadow Hawks	SportsCentr e (Live) @	News (N) News (N)	Worst Handyman	(10:48) Movie: "Freaky	House 5" (2004) Beverly Lynne,	"Naked Gun 33 1/3"	Frasier The Nanny

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saturday movies

- 9:00 am WTBS 3 **"Laws of Attraction" (2004, Romance-Comedy) Pierce Brosnan. Two suc-
- Comedy) Pierce Brosnan. Two successful attorneys fall in love despite battling each other in high-profile divorce cases. [6] 11:00 am WTBS 3 ★%"Excess Baggage" (1997, Comedy-Drama) Alicia Silverstone. A thief ruins a young woman's attempt to get ran-som from her wealthy father by fak-ing her own kidnapping. [6] A&E 9 ★ "Sphere" (1998, Science Fiction) Dustin Hoffman. Premiere. A psychologist, a bio-chemist, a mathematician and others investigate a large golden sphere deep in the ocean. [6]

- AFTERNOON 12:00 pm FAM 20 ** Smart House" (1999, Comedy) Jessica Steen. A boy tries to stop his father from dating by programming their computerized house to be a surro-
- gate mother. SPIKE 4 ★ ★ % "Ghostbusters II" SPIKE [4] ** "Ghostbusters II" (1989, Comedy) Bill Murray. Now the parapsychologists are trying to rid New York of stress-related pink slime. (In Stereo)
 1:00 pm WTBS [3] ** "Alfle" (2004, Comedy-Drama) Jude Law. A Londoner continues his womanizing ways while working as a chauffeur in New York. [E]
 1:30 pm FAM [26] ** "The Thirteenth Year" (1999, Fantasy) Chez Starbuck. As his 13th birthday approaches, a youngster's true her-
- approaches, a youngster's true her-itage is revealed as he undergoes a "fishy" transformation. 1:30 pm SPIKE (44)
- 30 pm SPIK ★★★"Ghostbusters" (1984,

Comedy) Bill Murray. Parapsychologists with nuclear guns go into business ridding New York of Bill

- go Into business ridding New York of poltergeists. (In Stereo) 4:00 pm YTV [13] **%"The Goonles" (1985, Adventure) Sean Astin. Coastal Oregon kids follow the treasure map of pirate One-Eyed Willie past his deadly traps to gold. (In Stereo) [25] 5:00 pm SPIKE [44] ***"Planes, Trains and Automobiles" (1987, Comedy) Steve-Martin, Premiere, An
- Comedy) Steve Martin. Premiere. An ad exec and a shower-curtain-ring salesman become co-travelers on the way to Thanksgiving in Chicago. (In Stereo)

- EVENING 6:00 pm CITY (29) "Manufacturing Dissent" (2007, Documentary) Failing to score an interview with the man himself, two filmmakers assem-ble a profile of documentarian Michael Moore by interviewing fig-ures from his past. (E) 8:00 pm WTBS (3) **"Suspect Zero" (2004, Suspense) Aaron Eckhart. With help from his former partner, an FBI agent searches for a
- partner, an FBI agent searches for a man who is hunting and murdering serial killers. (2) CHBC (4) "Love Sick: Secrets of a Sex Addict" (2008, Drama) David James Elliott. A married woman who lives a seaminghy normal life tries to

KSPS (a) ★★★★ "Strangers on a Train" (1951, Suspense) Robert Walker. A psychopath and a tennis player meet in a club car and plot that each will murder someone for

the other. KXLY ID ★★★"Hitch" (2005, Romance-Comedy) Will Smith. Premiere. A smooth-talking man falls

for a hardened columnist while help-ing a shy accountant woo a beauliful heress. (in Stereo)
VTV(2) "Prom Queen" (2004, Docudrama) Aaron Ashmore. Media and legal storms descend when a gay teenager fights for the right to bring his boytriend to the prom. (in Stereo) (E) (DVS)
9:00 pm CBC (13 ***"Mayor of the Sunset Strip" (2003, Documentary) Rodney Bingenheimer. Filmmaker George Hickenlooper chronicles the life of Los Angeles disc jockey and pop star impresario Rodney Bingenheimer. (in Stereo) (E)
FAM (2) "Minutemen" (2008, Comedy) Jason Dolley. Three high-school outcasts face unexpected problems when they use a time machine to change the past. (E)
CITY (2) ** "White Chicks". Yoo male FBI agents pose as female socialites to foil a kidnapping plot and save their jobs. (E)
10:30 pm FAM (2) ***"One Small Hero" (1999, Adventure) Nathan Kiley. A diminutive but determined boy secretly follows along after fail-ing to qualify for a wilderness camp-ing trip. (E)
11:50 pm SINE (4) *** "Planes, Trains and Automobiles" (1987, Comedy) Steve Martin. An ad exec and a shower-curtain-ring salesman become co-travelers on the way to Thanksgiving in Chicago. (In Stereo)
11:15 pm CITY (2) ***'Jay and Silent Bob Strike Back" (2001, Comedy) Ben Affleck. Two slackers venture to Hollywood to sabotage the production of a new movie based on their alter egos. (E)

- production of a new movie based on their alter egos. (3)

sunday movies

12:00 pm FAM (26) *** "Double Teamed" (2002, Docudrama) Poppi Monroe. Twins Heather and Heidi Burge develop a budding rivalry in high school and make it to the WNBA. (EE) 1:00 pm WTBS (3) *** "The Net" (1995, Suspense) Sandra Bullock. Software allowing Internet access to

Software allowing Internet access to classified government files makes a computer nerd the target of a British hacker's criminal organization. (E) A&E (9) ★★%"Alien Resurrection" (1997, Science Fiction) Sigourney Weaver. Cloned Ellen Ripley and others aboard a spaceship battle rampaging allens.

1:33 pm FAM (26) **"Kazaam" (1996, Fantasy) Shaquille O'Neal. Freed from imprisonment in a portable stereo, an outsize, rapping genie grants a harassed urban youth three wishes. [6]

three wishes. [15] 3:00 pm WTBS [3] *%"Two If by Sea" (1996, Romance-Comedy) Denis Leary. After stealing a price-less painting, a man promises his long-time girlfriend it will be his last heist. [16]

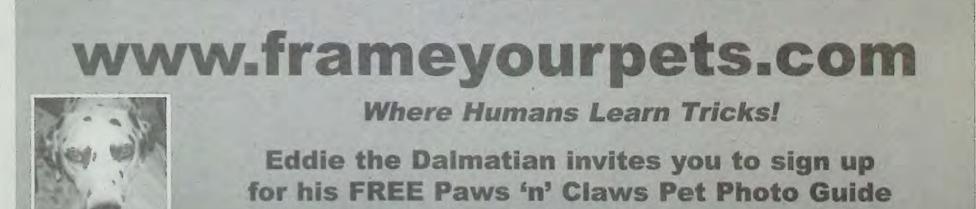
heist. (E) VTV (2) "Fast Food High" (2003, Comedy-Drama) Alison Pill. A teenage risks losing her job, boyfriend and social status to start a union at the burger joint where she works. (In Stereo) (E) (DVS) 5:00 pm WTBS (3) ** ** "Forrest Gump" (1994, Drama) Tom Hanks. JFK, LBJ, Vietnam, Watergate and other history is seen through the eyes of an Alabama man with an IQ of 75. (E)

of 75. (E) SPIKE (44) ****Star Wars V: The Empire Strikes Back" (1980,

Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Leia, as Darth Vader returns to threaten the rebel forces trying to save the galaxy. (In Stereo)

EVENING

- 2:00 pm WTBS ③ ★★★% "Forrest Gump" (1994, Drama) Tom Hanks. JFK, LBJ, Vietnam, Watergate and other histo-8:00 Drama) Tom Hanks. JFK, LBJ, Vietnam, Watergate and other histo-ry is seen through the eyes of an Alabama man with an IQ of 75. Ed CBC II + *** An American Tall" (1986, Fantasy) Voices of Cathianne Blore. Animated. A Russlan immigrant mouse finds him-self alone in New York City after being separated from his family. (In Stereo) Ed SPIKE 44 **** Star Wars V: The Empire Strikes Back" (1980, Science Fiction) Mark Hamill. Yoda teaches Luke Skywalker to be a Jedi knight, and Han Solo woos Princess Lela, as Darth Vader returns to threaten the rebel forces trying to save the galaxy. (In Stereo) 9:00 pm FAM 20 *** Short Circuit" (1986, Comedy) Ally Sheedy. An animal lover befriends hamless runaway military robot No. 5, followed by its inventor. 10:00 pm KSPS (D ***"Tie a Yellow Ribbon" (2007, Drama) Kim Jiang. A troubled woman finds friendship with other Asian-Americans in New York. 10:38 pm FAM 26 "Adventures of the Cactus Kid" (2000, Adventure) Thomas Curtis. A boy fantasizes about robbing a bank in the style of his comic-book hero. [E]



Fax Services

Scanning Word Processing

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SATURDAY, MAY 17, 2008

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		WTBS 3	CHBC 4	KNOW	KSPS	KHQ (7)	KREM (8)	A&E	KXLY (10)	BCTV	CITV 12	CBC (13)	YTV	TSN 19	VTV 22	DISC (24)	FAM (26)	CITY	SPIKE	TROP
-	AM	Paid Prog.	News (N)		Animal	(5:00) Today		Sell House	Good	Fishing	Fishing	Super Why!	and the second se	SportsCentr	and the second sec	What's	Overdrive	About You	Disorderly	That News
6	:30	Paid Prog.	Body	Paddington	Fly Tying	(N) (II)	Early Show (N)	Sell House	Morning America	Hunter	Fishn	Busytown	Viva Pinnta	e 📧	Kingdom	That About?	Rangers	Dharti	Con.	Paid Prog.
-	AM	Subaru	Design	Dora	MotorWeek	News (N)	Care Bears	Sell House	Good	News (N)	News (N)	Bo On Go	Pokemon	Fishing	Katie-Orbie	Bone	Yin Yang	Eye on Asia	Disorderly	Ellen III
1	:30	Paid Prog.	Design	Clifford	Animal		Strawberry	Sell House	Morning Northwest	002	362	Pinky	Urban	Motoring	Kids	Detectives	(7:20) Pucca		Con.	Mad Abt.
0	AM	Videos	Let's Build	George S.	Field Guide		Cake [E]	Flip This	Saturday	1		Wilbur (SpongeBob	2008	Good	A Haunting	Suite Life	Polish	Disorderly	Grace
8	:30	Videos	Whata	Magic Bus	Hometime	1	Horseland	House [6]				Goldfish	OddParent	ATP Tennis:	Morning Canada [6]	œ	(8:43) Zoey	Studio III	Con.	The Nauny
0	AM	Movie:	Foodles	(9:07)	Workshop		Sushi Pack	Flip This	So Raven		Driving TV		Barnyard	Masters Series	Continuin (21)	How-Made	Cory	Bio.:	Hrsepwer	Seinfeld
9	:30	"Laws of Attraction"	Biker TV	Upside	Old House		Dino	House I	So Raven		Fishing	Pereault	Phantom	Hamburg	8	How-Made	So Raven	Priestly	MuscleCar	Seinfeld
10	AM	(2004) ()	Bodies	Word	Ask This	Jacob	Paid Prog.	Dead Men	Montana	Fishn	Energy TV	Chilly	Thk	Semifinals. From	Wildlife	Mayday	Phil	CityLine (II)	Trucks! (N)	Family Guy
10	:30		Paid Prog.	Little Bear	Test Kitch	NHL	Paid Prog.	Talking	Suite Life	Fishing	CEO TV	Chilly	Hawks	Hamburg,		Trains col- lide.	Wizards		Xtreme 4x4	Family Guy
44	AM	Movie:	E! News	Rolie Polie	Baking	Hockey: Eastern	Technology	Movie:	Emperor	Fishing	Fishing	Diving:	Transform	Germany.	PLAN	Deadliest	School	Leo Laporte	MXC (E)	Frasier
11	:30	"Excess Baggage"	Daily 10	(11:36)	Gourmet	Conference	and Golf	"Sphere" (1998)	Replace	Mining TV	Knockout	Canada Cup	Legion		Canada 📧	Catch III	Suite Life		MXC [1]	Frasier
10	PM	(1997) 国	50 Most	Macphee	Garden	Final Game 4 Teams	PGA Tour	Dustin	Paid Prog.	News (N)	Malcolm		Pokemon	Hockey:	Daily Planet		Movie:	Reviews	Movie:	Friends
12	:30		Shock	Planet	Garden	TBA. (Live)	Golf: AT&T Classic	Hoffman, Sharon	WNBA	PGA Tour	Seinfeld	MLS	Yu Gi Oh	IIHF World Champ.	œ	Things [E]	"Smart House"	Electric	"Ghostbuster s II" (1989)	Friends
4	PM	Movie:	50 Most	Avventura	The	(CD)	Third	Stone,	Basketball: Sparks at	Golf: AT&T Classic	Seinfeld	Columbus	Fantaste 4	Bronze	Fishing	Worst	(1999)	Jack Nation	Bill Murray,	Beverly
1	:30	"Alfie" (2004) Jude	Shock	Entrada	Adirondack s (N) [E]	Horse	Round. (Live) (E)	Premiere.	Mercury	Third	Simpsons	Crew at	Shuriken	Medal Teams TBA	Outdoor	Handyman	Movie: "The	Countdown	Dan Aykroyd.	Hills, 90210
0	PM	Law, Omar	10 Ways	Pan Asia		Racing: Preakness		Cold Case		Round.	Simpsons	Toronto FC.	Urban	1	Car	Mayday [tt]	Thirteenth Year" (1999)	Paid Prog.		Deal or No
4	:30	Epps. [6]	10 Ways	Pan Asia	k	Stakes.		Files [ff]	NASCAR		Simpsons		Urban	Sports	Animals			Paid Prog.	Movie:	Deal (N)
2	PM	King	Britney	Dora	Swiss Rall	(Live) 匪	Paid Prog.	Cold Case	NBA Acc	Simpsons	Family Guy	Sat. Report	Hawks	SportsCentr	The second s	How-Made	Lizzie	News (N)	"Ghostbuster s" (1984)	Family Guy
3	:30	1	Spears: Fall	Go Diego	Journeys	Friend	Paid Prog.	Files [ff]	Paid Prog.	Simpsons	Family Guy	Hockey	Hawks	e (Live) 💽	Opens- Ethiopia	How-Made	Cory	Speakers	Bill Murray,	Family Guy
Λ	PM	MLB Baseball:	Extreme Hollywood	Zoboomafo o "Buddies"	Europe	af2	Access	Crime 360	Paid Prog.	Family Guy	Family Guy		Movie: "The	NASCAR	Sue Thomas	What's	Suite Life	Stargate	Dan Aykroyd.	Frasier
4	:30	Oakland	Honywood	E (DVS)	Travels	Football: Tri-Cities	Hollywood (N)	"Fatal Feud"	Edition	Family Guy	Global	Hockey: Playoffs	Goonies" (1985) Sean	Racing: Sprint Cup	F.B.Eye	That About?	Proud	Atlantis		Frasier
F	PM	Athletics at Atlanta	News (N)		Summer	Fever at	News (N)	The First 48	News	Family Guy	(4:59) News	 All the second se	Astin. 📧	Sprint All-	First Story	Dirty Jobs	K. Possible	Murdoch	Movie:	Friends
5	:30	Braves.	Sports	George S.	Keep Up	Spokane Shock.	CBS News	œ	ABC News	Global	House .	(Live) E	1	Star Race. From	First Story	Œ	Montana	Mysteries	"Planes, Trains and	Friends
G	PM	(Live)	That News	Lemur	Lawrence	(Live)	News (N)	The First 48	News	News (N)	Real Fight		Prank Ptri	Lowe's	News (N)	Deadliest	Sadie	Movie:	Automobiles	Seinfeld
6	:30		What	Gardens	Welk Show		Scrubs		The Insider	Œ	Club		Prank Ptrl	Motor Speedway in	(E)	Catch	Flight 29	"Manufactur ing Dissent"	" (1987)	Seinfeld
7	PM	Seinfeld	E News	National	May-Dec.	CSI: Miami	The second second second second	The First 48	Entertainm ent Tonight	Real Fight Club	Mutant X "Wasteland"	Movie	Ghost	Concord,	W-Five-My	Angel	So Raven		The	Family Guy
1	:30		Fashion	Geographic	JackBenny		"Joseph"	1921	ent rongit	Ciuo	wasterand		Ghost	N.C. (Live)	Messy Life	Angel	(7:22) Zoey	Role	Ultimate Fighter	Family Guy
0	PM	Movie: "Suspect	Movie: "Love Sick:	Heartbeat	Movie: "Strangers	Medium (E)	Cold Case "Thrill Kill"	Flip This House [6]	Movie: "Hitch"	Mutant X "Wasteland"	Andromeda		Mystery		Movie:	MythBuster	Life Derek	News (N)	TNA	That News
0	:30	Zero" (2004)		- Carl	on a Train"		Tahin Kui	House Ga	(2005) Will	wasteland	(FE)		Mystery	Rent	"Prom Queen"	s (ff	Montana	Tree	IMPACT!	What
9	PM :30	Aaron Eckhart.	Sex Addict"	Midsomer Murders "Destroying	(1951, Suspense)	Law Order: CI	CSI: NY (E)	The First 48	Smith, Eva Mendes, Kevin	Andromeda E	renegade renegade	Movie: "Mayor of the Sunset	Adrenaline Adrenaline	Sports Motorcycle	(2004) Aaron Ashmore,	Dirty Jobs	Movie: "Minutemen " (2008) 🖽	Movie: "White Chicks"		Friends Friends
40		King	True	Angel"	Last of the	Law &	48 Hours	The First 48	James.	renegade	News (N)	Strip" (2003)	Mystery	EURO	Comedy	Angel	(2000) [20	(2004)	Disorderly	Seinfeld
10	:30	Seinfeld	Hollywood Story		Breed [ff]	Order "fillegal"	Mystery [(E)	Premiere.	renegade	Driving TV	œ	Mystery	Classic	Comedy	Angel	Movie:	Shawn Wayans.	Con.	Seinfeld .
11		24 @	The Soup E News	Mrs. Pritchard	My Hero Roost	News (N)	News	The First 48	1 million and	News (N)	J.R. Digs	News E	Ghost	SportsCentr e (Live) [ff]		Deadliest Catch	"One Small Hero"	"Jay and Silent Bob"	"Planes, Trains"	Deal or No Deal (E)
-	:30		E News		Roost	Sat. Night	Without		Paid Prog.	Sat. Night	Sat. Night	"High	Ghost		News (N)		(1999)	and a second		

SUNDAY, MAY 18, 2008

4.

		WTBS 3	CHBC (4)	KNOW 5	KSPS 6	KHQ (7)	KREM (8)	A&E	KXLY 10	BCTV	CITV 12	CBC 13	YTV 18	TSN 19	VTV 22	DISC 24	FAM (26)	CITY 29	SPIKE	TROP 45
	AM	Animal R.	Pioneers		Pocoyo		Paid Prog:	Private	Good	Is Written	Hunter	Nanalan'	Flamingo	SportsCentr		Mega	Overdrive	Mix TV	Trucks!	Let's Build
6	:30	Ultimate	Thste	Paddington	SeeMore	TET	Paid Prog.	Sessions 🕮	Morning	Fishful	Let's Build	Lunar Jim	Dewitt	e 💷	Kids	Builders (#	Rangers		Trucks!	Paid Prog.
	AM	and the second s	Design .	Dora	Zula Patrol	News (N)	CBS News	The	America News (N)	Foodies	Canada	Doodlebop	LazyTown	Reporters	Good	Secrets of	Yin Yang	Eye on Asia	Hrsepwer	Ellen (R)
7	:30	1	Design	Clifford	Animalia	2010/01/01/01/01	Sunday	Sopranos	œ	Canada	Is Written	Coronatn	Winx Club	Reporters	Morning	Egypt's	(7:20) Pucca	Lycon Asia	Hrsepwer	Mad Abt,
-	100	C. C. C. L.	Paid Prog.	George S.	Reading	Meet the	Morning (N) @	(E) The	2	News (N)	TribalTrail			2008 BLG	Canada 📧	Lost Queen	Suite Life	E. A.L		
8	MA	0				Press (N)	1.0	Sopranos		INCWS (IN)	5	Coronatn	Ruby	Awards (N)		Œ		Eye-Asia	Hrsepwer	Grace
	:30	Videos	Powerboat	Magic Bus	Mama	E	Nation	C			Marriage	Coronatn	Viva Pinata				(8:43) Zoey	Festival Italiano di	MuscleCar	The Nanny
9	MA		Neighborho od		Wishbone	National Heads-Up	Paid Prog.	Paranormal	This Week With		Hour of Power [tt]	Coronatn	Barnyard	Snowbrd	PLAN Canada 📧	Funniest Animals	Cory	Johnny	Trucks!	Seinfeld
3	:30	Baggage"	-	Upside	Coll Frm	Poker	Paid Prog.	Paranormal	George		romer (m	Coronatn	OddParent	Pregame	Canada og	Annuals	So Raven	Lombardi	Xtreme 4x4	Seinfeld
	AM	(1997) 🔳	Foodies	Word	Field Guide	The residence in the second second	Backroads	Paranormal	1 - 10 - C - C - C - C - C - C - C - C - C -	Driving TV	Listen Up	CBC News:	SpongeBob	Hockey:	Amnesty	Ultimate	Phü	(In Italian)	Disorderly	Fresh Pr.
10	:30		Marriage	Little Bear	European	hip From Las Vegas.	Paid Prog.	Paranormal	Racing: Indianapolis	Listen Up	Foodies	Sunday 🔃	Being Ian	TIHF World Champ.	Balance	Ten 📧	Wizards		Con.	Fresh Pr.
40	AM	Movie:	How Do I	Rolie Polie	Ride, Lives	(Taped)	McCarver	Movie: "The	The second se	Hour of	Energy TV		iCarly 📧	Gold Medal	Jeff	Secrets of	School	Paid Prog.	CSI: Crime	Frasier
III	:30	"Alfie" (2004) Jude	Look?	Madeline	Trek	-	Paid Prog.	Last Boy Scout"	Qualifying	Power 🖾	Driving TV	1	Naked	- Teams TBA	Pringle	Egypt's Lost Queen	Suite Life	Role	Scn	Frasier
10	PM	Law, Omar	50 Most	Mechanics	Men Get	NHL	PGA Tour	(1991) Bruce	NBA Count	News (N)	PGA Tour	Marketplc	Fries That?	1.54	Question	C	Movie:	Battlestar	CSI: Crime	Friends
12	:30	Epps. @	Shock	(12:45)	Depression	Hockey: Western	Golf: AT&T Classic	Willis.	NBA	PGA Tour	Golf: AT&T Classic	Land Sea	Fries That?	Sports	Period ["Double Teamed"	Galactica	Scn	Friends
-	PM	Movie: "The	50 Most	Heads Up	Struggling	Conference	Final Round.	Movie:	Basketball: Conference	Golf: AT&T Classic	Final Round	Steven and	15/Love	ATP Tennis:	W-Five-My	Dirty Jobs	(2002)	World	CSI: Crime	The Singing
1	:30	and a second of	Shock	Heads Up	in Silence	Final Game	(Live) (E	"Alien	Semifinal	Final Round.	(Live) छ	Chris 🕼	Holmes	Masters	Messy Life	(EE)	(1:33)		Scn	Bee III
	PM	M Bullock. (2) 50	50 Most	Profiles of	All	5 Teams TBA. (Live)		Resurrection " (1997) @	Game 7	Œ		Fashion	Mystery	Series Hamburg -	Twice in a	How-Made	Movie:	Œ	CSI: Crime	AmneSia
2	:30		Shock	Nature	Creatures				Teams TBA.			Antiques	Ghost	Final.	Lifetime 🖽	How-Made	"Kazaam" (1996)		Scn	(N) 🖭
-		Movie:	30 Most	Dora	History	Paid Prog.	Paid Prog.	Cold Case	Matthews	Simpsons	Family Guy	Mansbridg	Adrenaline	SportsCentr	Movie:	MythBuster	Shaquille	News (N)	CSI: Crime	Vou
3		"Two if by	Outrageous	Go Diego	Detectives	Jane	Paid Prog.	Files I	Ebert	Simpsons	Family Guy		Prank Ptri	e (Live)	"Fast Food	s (ff)	O'Neal. [t] Cory	Chris	Scn	Smarter?
	:30		Celebrity Fends (E)	Zoboomafo	Chronicles		Extra (N)	Cold Case	Extreme		Family Guy			Poker	High" (2003)	Daily Planet		Bio.:	CSI: Crime	Tasida
A		Denis Leary.	reads (m)	o Zoboo	and the second second	"Recoil"	C C	Files [6]	Team:		and the second	Hockey:	iCarly (E)	and a second	Alison Pill.	Dany Fiance	C. C. LUNCH		Sen	Hollywood
-4	:30			invents a	Hometime				Stories	Family Guy	1-	Playoffs	iCarly [f]	Hockey: IIHF World		1. 1.	Proud			-
5	PM	Movie: "Forrest	News (N)	game.	Workshop	News (N)	News (N)	The First 48		Family Guy	(4:59) News	Teams TBA. (Live) (E)	Drake	Champ.	Sue Thomas:	Animal Face-Off	K. Possible		Movie: "Star Wars V: The	
1	:30	Gump"	Ad Pers	George S.	Old House	NBC News	CBS News	1	ABC News	Global	Mysteries		Drake	Gold Medal	F.B.Eye	Colossal	Montana	Academy of	Empire	Friends
C	PM	(1994.	That News	Emily of New Moon	St. Helens-	News (N)	News (N)	The First 48		News (N)	renegade		Nickelodeon 's 2008	TBA	News (N)	squid; sperm whale, (N)			Strikes Back"	TV Made
0	:30	Drama) Tom Hanks,	What	THEN MOOD	120	Fortune			Explorer	1991	Simpsons		Kids'		-	whate. (IN)	Flight 29	Awards	(1980) Mark	Tube Tales
-	PM	Robin	Extreme-	National	Nature "Rhinoceros	Dateline NBC (E)	60 Minutes	The Sopranos	Extreme- Home	renegade	Family Guy	A CONTRACTOR OF THE OWNER OWNER OF THE OWNER OWNE	Choice	SportsCentr	the second s	MythBuster	So Raven	(Live) [Hamill.	What
11	:30	Wright.	Home	Geographic	"	MBC 05	00	"Moe 'n'	nome	Simpsons	King of Hill	Back @	Awards [t]	e (Live) [Announced	s Œ	(7:22) Zoey			Coreys
10	PM		Extreme-	Rosemary	Masterpiece	The Office	The 43rd	Joe" [[]	Extreme-	Simpsons	Simpsons	a contract of the second	Dance on		To Be	Daily Planet	Life Derek	News (N)	Movie: "Star	That News
8	:30	"Forrest Gump"	Home	and Thyme	"Cranford" (N) [6]	The Office	Annual Academy of	TBA	Home	King of Hill	King of Hill	American Tail" (1986,	Sunset [ff]	Boxing (tt)	Announced		Montana	Party	Wars V: The Empire	What
-	PM	125.00	Psych III	New Tricks	(DVS)	The Office	Country	The First 48	A REAL PROPERTY OF A LONG TO A	Family Guy	Family Guy	and the second se	Falcon		Desperate	Animal	Movie:		Strikes	Friends
9	:30	Drama) Tom Hanks,	2	CIE)		The Office	Music Awards	œ	Housewives "The Gun	Amer Dad	Amer Dad		Beach [1	Housewives "The Gun	Face-Off Colossal	"Short Circuit"	Poker Tour	Back" (1980) Mark	Friends
-	PM	Inanas.	The Soup	Mrs.	Movie; "Tie	Law & (Same-day	The First 48		Family Guy	News (N)	CBC News:	Falcon	1	Song; Free"	squid; sperm	(1986)	CEL .	Hamill.	Seinfeld	
110	:30	Wright, [6]	Keep Up	Pritchard	a Yellow Ribbon"	Order: SVU		1. 1	King of Hill	Can Files	Sun.	Beach [@]	Euro 2008		whale.	(10:38)			Seinfeld	
	PM	In the Heat	News (N)	The Last	(2007)	News (N)	News (N)	The	News	News (N)	Popoff	News (E)	Oracle	SportsCentr	News (N)	MythBuster	"Adventures	Access	CSI: Crime	
111	:30	of the Night	Ad Pers	Detective	America	Paid Prog.	McCarver	Sopranos	Van Impe	House	Key-David	Paris Hilton		e (Live) [News (N)	s 🖽	of the Cactus Kid"	Hollywood	Sen	Smarter?
-	:00			THE			1000000	11051				1		112	+			(N)		

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MONDAY, MAY 19, 2008

		WTBS	CHBC	KNOW	KSPS	KHQ	KREM	A&E	KXLY	BCTV	CITV	CBC	YTV	TSN	VTV	DISC 24	FAM 26	CITY 29	SPIKE	TROP 65
-		3	4	5	6	7	8	9	10	1	12	13	18	19	22	Daily Planet	the second se	Rachael	Star Trek:	F/X: The
6	1000	All-Family All-Family	News (N) 2nd Chnce	Bali (E) George S.	Caillou (EI) Bob Build	News (N)	News (N)	Crossing Jordan 🖽	(5:00) News	(5:30) News (N) (E)		CBC News: Morning (N)	Viva Pinata		Pringle Has	1767	King (E)	Ray [Voyager [2]	Series @
1	AM	Temptation	Body	Clifford	Barney	Today (N)	The Early	The	Good			Gofrette	Grossology	1 million and the second se	Canada AM	How Do	K. Possible	CityLine @	VJ.P. (C)	Due South
7	:30	Temptation	Past Lives	Dora	Arthur (EI)	ee		Sopranos	Morning			Curious	Team	e 🖽	Œ	They Do It?	(7:24)			35
		Jeffersons	Room	(7:54) Hi-5	Curious		Œ	[6] American	America (N)		100 Huntley	Bo On Go	Pokemon	SportsCentr	1.1	How-Made	Weekend	The Tyra	Disorderly	North of 60
8		Jeffersons	That News	Magic Bus	Clifford		1	Justice		e 1	Street 🖭	Busytown	Flamingo	e 🖽		How-Made	Lloyd	Banks Show	Con.	[60]
		Sanford	The Mom	Berenstain	Super Why!		The 700	Cold Case	Regis and	100 Huntley	World		Dewitt	Record	Regis and	Daily Planet		News (N)	Disorderly	Tube Tales
9			Show [t]	(9:34)	Dragon			Files [Kelly	Street [Vision [cc]	Golrette	George S.	Fishing	Kelly	THE	Tigger	City	Con.	What
~	1.5.5.2	Sanford					The Price Is	CSI: Miami	The View	World	Room	Wilbur (@)	Erky Perky	Billiards	The View	de transmission	Mickey	Movie: "The	Most	Videos
10	-	Harvey	Debbie Travis'	Franklin 🔃	Street (EI)		and the second	Cor. Whath	Hot topics.	Vision	House	Doodlebop		Dimartas	Hot topics.		Handy	Stork	Amazing	Grace
10	:30	Harvey	Facelift						(N)				Jane		(N)		1	Derby"	Videos	
-1-1	AM	Cosby	Clean House Pack	Rolie Polie	Big World	Ellen DeGeneres	Young and the Restless	Crossing Jordan (C)	Paid Prog.	Past Lives	(10:59) News (N)	Martha Stewart		Motoring 2008	eTalk (ff)	Super Ships		(2002) Megan	Disorderly Con.	The Nanny
	:30	Cosby	rat.	Pancakes	Sit-Be Fit	Show			Paid Prog.	House	(1)	N. C.	Jacob		Instant		(11:25) King	Follows.	1	Frasier
10	PM	Still Stnd	Dress Nest	History	Charlie	Paid Prog.	News (N)	Crossing	All My Children	News (N)	Days of our Lives (N)	News [ff]	OddParent		Degrassi	Mean	Movie: "High	CityLine @	Most Amazing	Seinfeld
12	:30	Still Stnd	Birth	History	Rose G	Paid Prog.	Bold & B.	Jordan 🔃	(N) E	CHE I	Lives (iv)	CBC News:	OddParent	Olympics	Bold & B.	Mean	School		Videos	Seinfeld
-4	PM	Fresh Pr.	Style Star	Oh Baby!	Fine Art	Days of our	As the	The	One Life to	As the	As the	Today (N)	SpongeBob	Incredible	Sue	And all the state of the second se	Musical 2"	Ellen	Star Trek:	Beverly Hills, 90210
1	:30	Fresh Pr.	Style Star	"To Belong"	Sewing	Lives (N)	World Turns (N)	Sopranos	Live (N)	World Turns (N)	World Turns (N)	Dinner	The Fairly	Dog	Thomas: F.B.Eye	Engineering	(2007)	DeGeneres Show	Voyager [@]	11115, 90210
-	PM	King	Sarah	Macphee	Word	Millionaire	Guiding	American	General	Guiding	Guiding	Steven and	OddParents	UEFA	General	How-Made	"Roxy	News (E)	Star Trek:	Fresh Pr.
2		King	Jessica Parker	Macphee	Lions	Millionaire	Light (N)	Justice	Hospital (N)	Light (N)	Light (N)	Chris 🔃		Interruptio	Hospital (N)	How-Made	Hunter and Mystery of	-	Voyager [6]	Family Guy
-	100 C 100 C	Friends	Women of	Blue's Clues	Maya	Judge	Dr. Phil @	Cold Case	Rachael	Young and	Young and	Frasier	SpongeBob	Off-Record	Dr. Phil (Man vs.	Moody	News (N)	CSI: Crime	Inside Box
3	1	Seinfeld	Sex and the	(CE)	Arthur (EI)	Judge		Files [ff]	Ray 🔃	the Restless	the Restless	Arrested	SpongeBob	Sports		Wild	Ghost"	6	Scn	Vanity
		Family Guy	City: True	Dora	Cyberchas	Judge J.	Oprah	CSI: Miami	Inside	Oprah	(3:59) News	NHL	SpongeBob	Hockey	Friends	"Sahara" Daily Planet	Emperor	Friends	CSI: Crime	Diva Dime
4	10.00	Family Guy	U.U.J		Fetch! With	10.00	Winfrey 📧	(EE)	Cops @	Winfrey (#)	Global	Hockey:		Boxing:	Frasier	(N) ·	Proud	Hollywood	Scn	Diva Dime
-	12.10	I wanted and a second	News (N)	Bear [BBC World		News (N)	Intervention		News (N)	(4:59) News	Playoffs - Teams TBA.	SpongeBob	Alfredo	News (N)	MythBuster		American	CSI: Crime	ET Canada
5	1.1	Movie: "Nothing to	CE .	15-051	Business	NBC News	CBS News	"Chuckie"	ABC News	Global	(N) (E	(Live) E	OddParent	Angulo vs. Richard	Œ	s 🖽	Montana	Gladiators	Sen	What
•	:30	Lose" (1997)		(5:35)							DT C.			Gutierrez.		Dist. Taba		(N) (E)	CCT. Calma	
6	PM	EE	Ad Pers	Skooled!	News- Lehrer	News (N)	News (N)	Intervention (EE)	1	News (N)	ET Canada		The Fairly OddParents	(Taped)	News (N)	Dirty Jobs Wine mak-	Zoey 101	-	Scn	Family Guy
0	:30		News	renegade		Raymond	Hollywood		News		Entertain	in and			17 - K	ing.	Life Derek	Entourage	1	Seinfeld
7	PM	Frasier	E! News	Edge	Served	Jeopardy!	Friends	The First 48	· · · · · · · · · · · · · · · · · · ·	Entertain	Durham County (N)	News [6]	Nickelodeon 's 2008	e (Live) (E)		Worst Handyman	So Raven	Bio.: Priestly	CSI: Crime Scn	
1	:30	Frasier	Jeopardy!	Wild	Wait God	Fortune	Scrubs		The Insider	ET Canada	(County (IV)	TBA	Kids'	C (LITC) LES	Degrassi		Smart Guy			Frasier
0	PM	Seinfeld	How I Met	From	Antiques	American	Big Bang	Crime 360	Dancing	Bones (N)	Bones (N)	To Be	Choice		Dancing	Daily Planet	Suite Life	News (N)	CSI: Crime	Family Guy
8	:30	Cheers	How I Met	Harling Point (N)	Roadshow (N)	Gladiators (N) [E]	How I Met	Œ	With the Stars	œ	Œ	Announced	Awards @	Off-Record	With the Stars		Naturally	(8:35) News	Scn	Married
-	PM	Movie:	Rules	Cracking	American		Two Men	Intervention	(9:02) The	House	House	To Be	Futurama	EURO	Two Men	Dirty Jobs	Montana	(9:06)	CSI: Crime	Seinfeld
9	:30	"Nothing to Lose" (1997)	Rules	Up 健	Experience: FDR: The	Dateline	Rules	"Chuckie"	Bachelorett e (Season	"Wilson's Heart"	"Wilson's Heart"	Announced	Shadow	Classic Soccer	Robson	Wine mak- ing.	Life Derek	Jimmy Kimmel	Scn	Seinfeld
-	PM	Lose (1997)	Paradise	From Grief	Grandest	NBC C	CSI: Miami	Intervention		Durham	News Hour	National	Falcon	EURO	CSI: Miami	Worst	School	(10:06)	Star Trek:	Married
10	:30		Hotel 2	to Action	Job in the World		(N) 🖽	(EE)	(N) (E	County [6]	Final (N)		Beach "Vigil"	Classic Soccer	(N) 🔃	Handyman	Cory	Movie: "White	Voyager 🔃	Fresh Pr.
1	PM	Cheers	News (N)	Profiles of	World	News (N)	News (N)	The First 48	News	News (N)	Entertain	(11:05) The	Mystery	SportsCentr	News (N)	MythBuster	Suite Life	Noise"	Bullrun (Frasier
11	:30	"The Toy"	Guy Stuff	Nature 🔃	NW Profi	Tonight	Late Show	Œ	(11:35)	Œ	ET Ganada	Hour 🖽	Ghost	e (Live) 🖭	News (N)	s (@)	Life Derek	(2005) Michael	-	The Nanny

monday movies

MORNING

10:00 am CITY 29 "The Stork Derby" (2002, Docudrama) Megan Follows. A wealthy lawyer offers \$1 million to the Toronto woman who gives birth to the most babies in 10 years. [E]

AFTERNOON

12:00 pm FAM (2) "High School Musical 2" (2007, Musical Comedy) Zac Efron. A teenager befriends members of a wealthy family while working at a country club.
2:15 pm FAM (2) "Roxy Hunter and the Mystery of the Moody Ghost" (2007, Mystery) Aria Wallace. Premiere. With help from her best friend, a 9-year-old tries to solve an enigma related to the supernatural. (E) 5:00 pm WTBS (3) **'s" Nothing to Lose" (1997, Comedy-Drama) Martin Lawrence. A dispirited white ad executive teams up with a black car-jacker for a crime spree. (E)

EVENING

9:00 pm WTBS (3) * * % "Nothing to Lose" (1997, Comedy-Drama) Martin Lawrence. A dispirited white ad execu-

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tive teams up with a black car-jacker for a crime spree. 10:06 pm CITY (2) ★%"White Noise" (2005, Suspense) Michael Keaton. An architect believes his dead wife is using electronic devices to communi-cate with him. (DVS) 11:30 pm WTBS (3) ★★"The Toy" (1982, Comedy) Richard Pryor. An unemployed man agrees to become a high-paid companion for a multimillion-aire's spoiled son.

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LOCAL NEWS/SPORTS - LETTERS TO THE EDITOR - EDITORIALS **COURT NEWS - CLASSIFIEDS - WEATHER - ROADS**





Similkameen News Leader

Tuesday, May 13, 2008





Similkameen News Leader



Similkameen News Leader, 226A Bridge Street, P. O. Box 956, Princeton, B. C., VOX 1W0

my turn

No news is good news

We turned off our TV.

22

Well, actually, I should clarify that statement. We no longer have programming fed to our television. It was an option we had discussed quite some time ago thinking that maybe the flickering box in the livingroom was alive because we wanted it to be, and because it was alive, it sucked the life out of us after staring at it's flickering lights for hours on end.

It baby sat us. It kept us company. It told us when to eat and sleep. It encouraged us to buy products it endorsed. It allowed us to watch channels only it could give us.

That flickering box in the livingroom was controlling our evenings. We planned meals around it. I even came home early one night a week so I wouldn't miss the latest episode of my favourite show. This was seriously getting out of hand and something had to give, so it was with some level of relief when the program provider finally shut us out of their world.

Just about a month has passed since the flickering box went dark. I don't really miss it, either. I have to say there's a few programs I may miss a little, but not so much that I need a fix by going over to someone else's house to stare at their flickering box.

I think I'm doing pretty good without it ... so far.

I have to admit I thought it would be a tough addiction to beat, but almost immediately there was a change in the livingroom without the flickering box teasing us with it's hypnotic stare. We started to do other things in the livingroom.

We played cards. We read more. We talked about painting the livingroom. Hmmm, come to think of it, that's right. We talked. I forgot how much fun that could be. And how funny she could be. Imagine that.

The flickering box that communicated to us forced us to stop communicating with each other.

Funnier still when you consider both of us work in the 'communication of information' business.

So the once flickering box that kept the livingroom alive with entertainment has been replaced by us entertaining each other with our stories and laughter. We've replaced the flickering box with our own reality show.

A show I can't wait to tune into each night.





Jay runs for Children's Hospital

To The Editor;

I train for distance running year round on Princeton-Summerland Road near Chain Lake.

On June 1st, I'll be participating in the 23rd annual HSBC Childrun to raise funds for BC Children's Hospital.

Each year in BC, 130 new cases of childhood cancer are diagnosed - the equivalent of five classrooms full of kids from all over the province.

Anyone can take inspiration from these children fighting for their lives and the dedicated staff who support them and their families. I appreciate pledge donations,

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(250) 295-4149 226A Bridge Street and they can be made by visiting www.akerleydesign.com/childrun.

It will automatically redirect to my page on the Childrun's secure donations site (which has a nasty long address). Donations are tax deductible. If you are in the Princeton area and would prefer to donate offline (cash, cheque or card) please call me at (250) 295-0010 and I'll visit you with an offline donations form.

For my part, I'll attempt to finish the hilly, probably congested 5kilometre Childrun course in under 24-minutes! Regards,

Jay Akerley, Princeton

Reader dislikes Bill C-51

Dear sir;

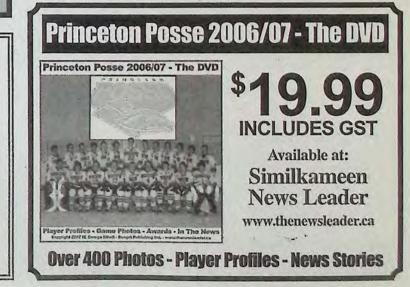
As a responsible adult living in a free country I take exception to Bill C-51.

I expect to have freedom of choice regarding how I manage my health care. I have been using alternative methods of health care for the last 40 years paying my own way, using the mainstream health system only when absolutely necessary.

This is, in my opinion, a savings for the health care system. I am only one of many. Do you want us all relying on government funded health care? It's our money be careful in your stewardship. If you are really concerned about the state of health care in Canada you WILL vote AGAINST this bill.

It is our RIGHT to have the freedom to make our own choices. Respectfully,

Karen Manion, Princeton (Editor's Note: This is a copy of a letter Manion sent last week to government officials including Prime Minister Stephen Harper and BC Southern Interior MP Alex Atamanenko).



Why we can beat high food prices



Dawn Johnson editor@thenewsleader.ca

My article on the anticipated increase in food prices brought me a lot of response, and indications that some people intend to do things differently this year, such as planting a food garden and canning or freezing food. This is a good idea because we are going to see some foods increase dramatically.

When I talked about the expected increase in food prices, I was not aware of how desperate the world food shortage actually was. I warned of increased food costs due to the high cost of oil for transporting food. A world food crisis is in the making, which means we will see very high prices for some foods.

Grain will be in short supply, especially rice and corn. The rice shortage is due to bad weather. The corn shortage is due to the use of corn to produce ethanol. I believe corn should be used for ethanol, it is good for out environment. Unfortunately, in the American heartland, corn is a primary feed source for livestock (actually, it makes livestock too fat).

We can manage quite nicely without corn. We can easily make the transition from corn flakes to oatmeal or buckwheat. We can give up rice cereals too without starving. In fact, we are in a really good position in the Similkameen Valley to beat the higher cost of food. I know bread prices will keep on climbing, because we pay not only for the cost of transporting the flour for bread, but also for the transporting of the loaves of bread from the big bakeries. Oil and more oil!

We can avoid using so much bread, and we can switch to other things. Pasta will cost more, too, because the price of semolina flour has doubled in a year. Well, we can cut back our use of pasta. You might wonder what we are going to eat. I can tell you about products that you can grow if you can keep the deer away. Those of you who have seen my garden know I keep the deer out with heavy plastic netting with chicken wire along the bottom to stop the deer from crawling under it (they have done it, believe me!) If you cannot grow a garden, there are other ways to beat the costs.

Keremeos and Cawston are my greatest resources. I buy in bulk and can or freeze everything possible. For example, I buy 10 kg. of onions in the fall and it lasts until spring. I store potatoes, too, in a cool dark place in my basement. Squash is excellent food, and you can store it at room temperature for months. In September, I buy peppers in bulk and freeze what I don't use in spaghetti sauce.

When it comes to canning, I buy fruit in bulk: cherries, apricots, pears, peaches, plums and tomatoes. I make my own spaghetti sauce for one-third the cost of store bought, and I use fresh produce such as peppers, onions, carrots and zucchini to make the sauce full-bodied. I grow apples, and put up applesauce and apple juice.

When blueberries are in season, I buy them in bulk and make jam, and freeze the rest. I freeze asparagus, raspberries, peas, carrots, peppers, grated zucchini, raspberries and strawberries. I make my own pumpkin pie filling and can it. I make pickled beets, and could make cucumber pickles and relishes, too, if I am so inclined. I pick Oregon grapes and elderberries and make jelly from them. If it is a good year for buckthorn berries, I make jelly from them, too.

If you have kids, show them how to pick berries and teach them

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how to turn them into jelly for the winter.

We live in a valley of such great abundance that it seems a pity to me that so many people do not bother to do canning and freezing, especially families with children. I estimate the cost of a jar of peaches canned at home at about half the cost of an equal amount bought in tins, even counting the cost of jar lids, electricity, and the cost of gasoline to go to Keremeos.

Every trip to Keremeos and Cawston includes not only the fruit I buy in bulk, but a wide variety of fresh fruits and vegetables to eat in the next few days. For example, if I buy 30 lbs. of apricots, I will also buy a basket of those delicious golden plums, some field tomatoes, and whatever else is available, including a basket of cherries.

You may find yourself changing your eating habits a great deal, and you will probably feel better for it.

In our valley, we can substitute potatoes for rice and pasta. We can eat fruit instead of pastries, and we can eat a lot more vegetables.

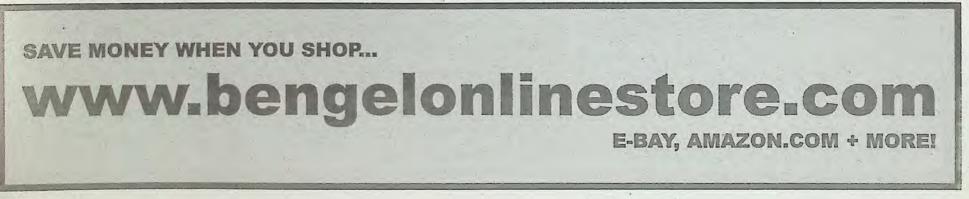
We could buy our beef locally by sharing costs of a whole beef among friends and relatives. This would be a great help to beef producers as they are getting a pittance these days for our good grass fed beef.

The more we buy locally, the more we will encourage farmers to produce more, and the more secure our food supply will be.

This is a good year to start making these changes. The latest report says this year will not be nearly as bad as next.

For me, there is a really good bit of news: many American farmers will turn their soybean crops over to corn. Maybe we won't have soybeans added to so many foods. We can only hope!





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similkameen News Leader



PRINCETON PLAZA PARKINGLOT Thank you!

The Grad Class of 2008 would like to thank the many people who helped make the 2008 Family Fair and our recent car wash a success.

Thanks to the parent organizers and helpers Heather, Donna, Janine, Joan, Sandee, Carol, Kathy, Maggie, Laurie, Lyle, Charlene and Marivie. Thanks also to Mac's Auto Parts, Mr. O'Malley and Cafeteria students. Ms. Cappos and her Art class, the Princeton Ambassadors and candidates, community members Pam McKenzie, Debbie Grigg and Dani Leochko and everyone who donated items - including Pharmasave, Young's Variety and Lynn Vermette of Hype - to the white elephant sale. Thanks to all our customers and the enthusiastic young game players. If we have forgotten anyone, we apologize.

The Grad Class of 2008 would also like to thank Ron Harkness for the use of Princeton Plaza for the car wash fundraiser and the Musgroves for donations of supplies for the BBQ sales.

Your support of our class is appreciated.

...... continued from Page 11 Sunday earned 69 points. Devin Graham (Anahim Lake, BC) finished in third place with a Saturday score of 67.

In Ladies Barrel Racing, Julie Leggett (Kamloops, BC) took first with her Sunday time of 17.732 seconds. Monica Oram (Logan Lake, BC) finished in second with her Sunday time of 17.856 and Dana Marie Muskett (Chilliwack, BC) took third place with her Saturday run of 17.904 seconds. Former Princeton cowgirl Aimee Willis (Prince George, BC) finished in fourth with her Sunday time of 18.013 seconds.

In Junior Barrels, Montana Enns (Courtney, BC) took first with her Saturday time of 18.144 seconds. Brooke Wills (Quesnel, BC) finished second with a Saturday time of 18.145 seconds and Vanessa Leggett (Kamloops, BC) finished in third with a Sunday time of 18.613 seconds.

In Team Roping, the top three fin-

ishes all came from Saturday runs. Jay Louis (Vernon. BC) and Elliott Benjamin (Morley, Alberta) took first place with a time of 6.3 seconds. Second place went to Chad Evanson (Pritchard, BC) and Rod Spiers (Arras, BC) with their time of 6.7 seconds with the pair of Luke Pozzobon and Derek Mobbs (both of Merritt, BC) finishing third with a time of 8.2 seconds.

In Bull Riding, there were only three qualifying rides on Saturday and they took the top three spots. Justin Davis (Williams Lake, BC) scored 77 on Nic Nac, Brandon Daniel (Cache Creek, BC) also scored 77 riding First Strike with Ty Pozzobon (Merritt, BC) scoring 76 on High Roller. Two other riders scored 76 on Sunday including Charlie Attrill (Maple Ridge, BC) riding First Strike and Mike Gill (Merritt, BC) on Dark Side.

Princeton Rodeo Club is currently finalizing plans for their first ever fundraising Trail Ride (July 5th and 6th) and the BC Professional Bullriders Association BC Finals (September).

CONGRATULATIONS PRINCETON RODEO CLUB ON HOSTING ANOTHER SUCCESSFUL RODEO

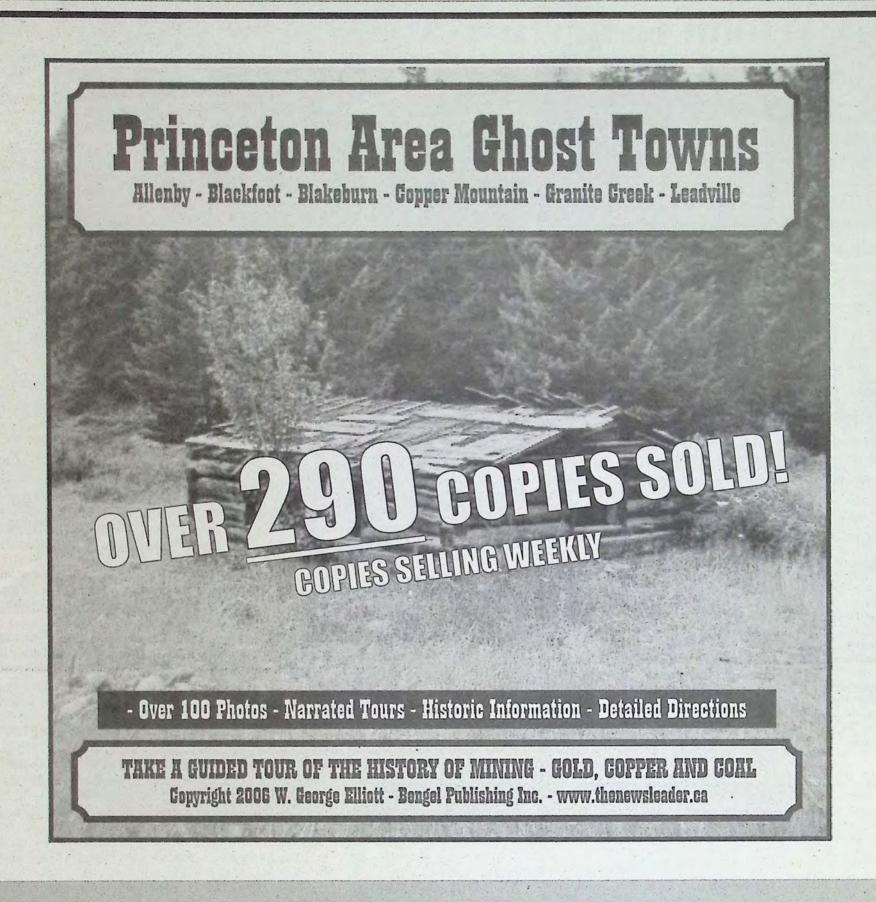
We were proud to be part of it!

Similkameen News Leader





Riley Isnardy of Cache Creek finished second in the Tie-Down Roping event with a time of 13.8 seconds. *



Princeton Area Ghost Towns - The DVD WRITTEN & PRODUCED BY: News Leader Owner/Publisher George Elliott



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away. Very odd indeed.

off the property. They seemed to be

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a full house, with many added seats. Maureen Turner welcomed everyone and thanked the Youth Ambassadors for their participation and the community for the generosity in giving to the Thrift Shop. The fashions on display came from Letter To The Editor

needs for the Princeton area. In addition, the Auxiliary gives a \$2,000 bursary to a Grade 12 student.

Sean Hearty and Christina

It is Everyone's Concern 7:00 PM Wednesday, May 28 **Princeton Legion Hall**

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Gillies Wendling, Hydrologist - Owner/Operator GW Solutions

Guest Speaker Karen Campbell, BA, LLB, LLM - Staff Counsel & Director of BC Policy, Pembina Institute

INVITED GUEST PANEL INCLUDES:

The Lifeblood of Our Valley

Petrobank Vice President Gregg Smith - Minister of Energy & Mines Richard Neufield Minister of Environment Barry Penner - Princeton Town Council Princeton Mayor Randy McLean - RDOS Area H Director Gerri Logan

> What Does Coalbed Methane **Development Mean For You?**

ayor explains the process To The Editor: I was disappointed by the head-

lines in the two newspapers last week, (i.e. 'Council goes off the deep end' and 'New aquatic centre in the works for Princeton').

During the meeting and throughout the community I have said over and over that this process is not a result of a direction determined by Town Council or Area H Director Gerri Logan. This process is a direct result of town and Area H residents who have expressed through questionnaires and public meetings the priority of investigating the viability and costs of an aquatic centre.

That is the process we are in, to give residents an opportunity to describe to the consultants what calibre of aquatic centre they might want so that the capital and operating costs to the taxpayers can be determined. Once the public has

been made aware of those figures and had an opportunity to increase or decrease the projected costs then that proposal will be put before town and Area H residents in a referendum.

A majority of yes votes is necessary in both the town and Area H for that referendum to succeed.

As you can see, it is the residents and not your elected officials who will make that decision. While it is the mandate of us as elected officials to provide an opportunity for residents to determine what major projects they will support, and while council and the Area Director may feel that this facility would help attract doctors, medical professionals and industry and be an economic generator, it is ultimately those residents who will decide what major projects will proceed. - Randy McLean, Mayor Town of Princeton



Similkameen News Leader

Congratulations!

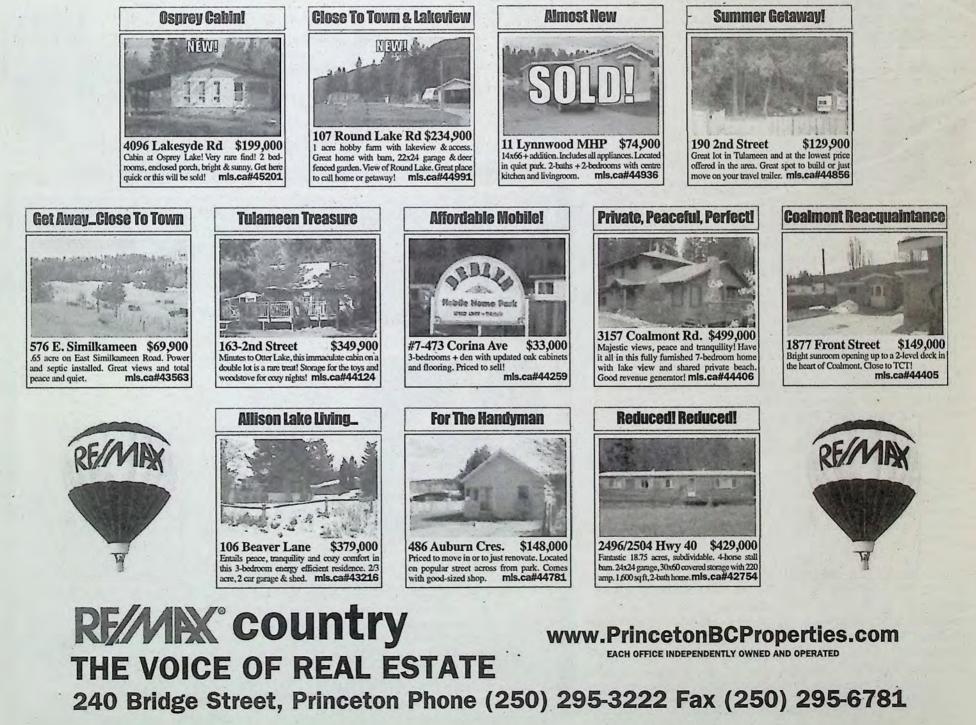
Jim receives 2007 Executive Club Award

Judy Klassen proudly presents Jim Junkin with his Executive Club award from RE/MAX International. This award is based on Jim's sales for 2007.

Jim's superior service and dedication to his client's needs helped him achieve this honour. Jim is a very important member of the RE/MAX country team and more than deserving of the award. Winning this award is a tremendous accomplishment and we are very proud of him.

When you are looking to buy or sell a home in the Princeton area be sure to call Jim and get the RE/MAX country team working for you!





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