News Leader

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Downtown Princeton streets were closed and filled with classic cars as part of the 8th annual Show 'n' Shine hosted by Overwaitea and A&W with proceeds to support Princeton General Hospital. *

Fall Fair gains support

Sponsors have come forward to help the Fall Fair.

Copper Creek Ranch has donated \$1,000, Reichert's Sales & Service donated \$500, Douglas Lake Equipment has contributed \$100.

Three local donors are sponsoring the horseshoe tournament: Dennis and Jordie Cook, and Jim Byrne. The Fall Fair expects many more sponsors to come forward.

Exhibitor booklets have been distributed to schools, and Pharmasave. Booklets and vendor forms are at the Tourist Information Centre.

Anyone wishing to exhibit under any category should consult the booklet in advance. Registration information is in the booklet. Exhibitor registration will be held Thursday, September 4, and Friday, September 5.

The Princeton ATV Club has volunteered to do an obstacle race at the fair. Individual machines will go through the course and be timed.

Fall Fair welcomed a new member, Bud Davies, at the June 24 meeting. The other men assured him he would soon be involved in projects.

Local RCMP report rash of accidents

Princeton RCMP report attending a number of motor vehicle accidents during a seven day period at the end of June. Police say "driver inattention" was the primary cause of many of the accidents.

On June 22nd at 11:00 AM a motorcyclist lost control two kilometres east of Eastgate on Highway 3 where the motorcycle went off the road to the right, striking a tree stump. The rider was air lifted to the Royal Columbian medical facility suffering a fracture along with internal injuries which were not believed to be life threatening.

On June 27th at 6:25 AM a single vehicle roll-over occurred approximately eight kilometres north of Princeton on Highway 5A. The lone occupant and driver suffered minor injuries, he faces a charge of Fail to Maintain Right and was issued a 24 hour driving prohibition.



On June 26th at 1:00 AM a single vehicle collision occurred where the driver lost control of his vehicle and entered the ditch in the Whipsaw Creek area. The lone male occupant/driver, a resident of Abbotsford, did not suffer any injuries but faces a charge of impaired driving.

On June 28th at 4:20 PM a collision occurred on Highway 3 by

Billy's Restaurant where the driver of a Dodge Neon intending to turn north into the parking lot was struck by a westbound Dodge Dakota causing the pick up to roll. Both occupants were transported to the Princeton General Hospital where they were treated for minor injuries.

On June 28th at 10:15 AM a two vehicle collision occurred east of

Manning Park Lodge where a driver of a vehicle intending to slow and turn into Boyd Meadows Monument turn off was struck from behind by another vehicle. A charge of following too close was served on the motorist who caused the collision.

On June 29th at 1:00 PM a motorcycle rider lost control on Old Hedley Road 15-kilometres east of Princeton. The rider suffered undetermined back injuries and was transported to Princeton General Hospital.

On June 29th at 6:30 PM a two vehicle collision occurred on Tapton Avenue as a motorist was leaving the Ponderosa Motel parking lot. Minor damage occurred with no injuries.

- submitted by Princeton RCMP Detachment

Students DARE to succeed!

This was another successful year for the DARE program in Princeton.

A total of 47 students graduated from the program celebrated by a graduation party and presentation of certificates.

Cst. Mike Leiding says parents of the students, teachers and the staff at Vermilion Elementary School are to be thanked along with others who have supported the DARE program and for "helping give these children the tools necessary to make healthy lifestyle choices." DARE is a program that deals with issues about drugs and alcohol but also addresses issues that children

face every day including peer pressure, bullying, how to say no and how to stay in charge of a situation.

DARE is also a decision making model where the D stands for Define; A stands for Assess; R stands for Respond and E stands for Evaluate.

"In this model kids learn to define the problem, come up with choices on how they will respond to the situation, respond to the situation by choosing one of the choices and then evaluating that decision," Leiding explains.

During the grad ceremonies, the children performed a number of skits and songs portraying some of the things they learned in DARE this year.

"They were quite funny."

Overwaitea Foods and Dairy Queen donated food, drinks and ice cream treats for all the DARE graduates and their family members who attended the ceremonies. "I think the Dilly Bars were the highlight of the whole event," says Leiding, who added his personal thanks.

"Again, thanks for the opportunity to be involved in these children's lives in this positive way. Thanks again, Princeton."

The DARE program is held each school year and Cst. Mike Leiding of Princeton's RCMP Detachment teaches the class following a DARE program outline.

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News Leader

THIS WEEK
Page 13-16 - Treasures of the Tulameen Special Pull-Out Section

Page 4 - Keremeos / Page 9-20 - TV Guide / Page 24 - Editorial / Page 25 - Current Comment

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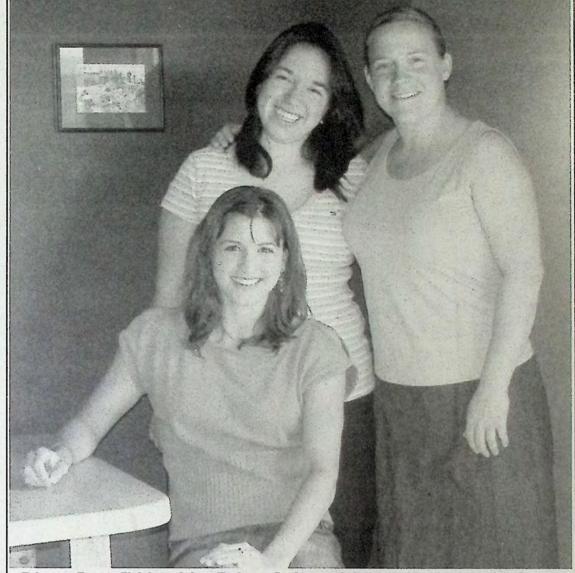
Senior Citizens Branch 30

SPECIAL MEETING

To discuss automatic doors for handicapped

1:30 PM Wednesday, July 9th





Princeton Rotary Club hosted three Exchange Students at their July 2nd luncheon meeting. Current Rotary Exchange Student Hannerl Huber (standing, left) returns to her home in Mexico this week. Former Princeton Rotary Exchange Student Tess Lawrence (standing, right) and former Exchange Student from France Cyrielle Bon (seated) shared memories and future plans with the Club.*



Celebrating 150 Years

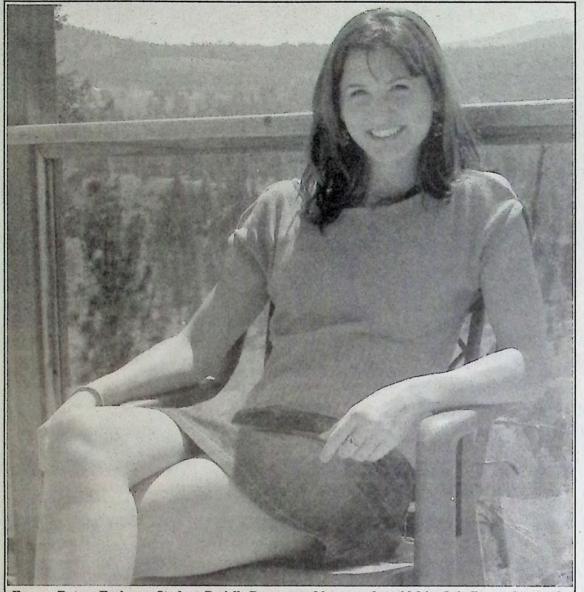


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Former Rotary Exchange Student Cyrielle Bon stopped by to see her old friends in Rotary last week. Bon, from France, will be continuing her education in Mexico this Fall and will be spending most of this month visiting with friends and families she lived with while in Princeton two years ago. We managed to take her away long enough for this casual photo at Copper Mountain Bar & Grill. *

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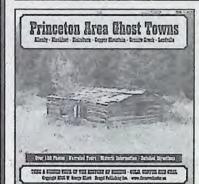


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Since the drilling of our first coalbed gas (CBG) evaluation well in 2004, Petrobank has heard a number of questions about CBG and our proposed evaluation project. We know there still are questions in the community and we believe there is nothing more important than a reasoned, fact-based discussion that involves everyone's voice.

We encourage you to connect with us about our proposed CBG evaluation program, and we want to continue the community discussion by asking for your questions. We will try to answer every question and share our answers through ads in this newspaper.

Many of our ads to date are in direct response to your questions such as:

- · How are nearby water wells and the aquifer protected?
- · What is the typical footprint of a CBG well site?
- · How can I learn more about CBG activity in Canada?
- How is CBG activity in Canada different from other countries such as the United States?

If you have a question we haven't addressed, you can reach us by:

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Phone: 1.866.764.457

write: Attention: CBG Information Request
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2600, 240 – 4th Avenue SW
Calgary, AB Canada T2P 4H4

To see some of our ads that have run:

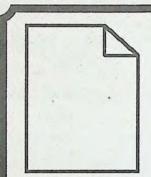
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keremeos and area news



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Accident sends many to hospital

On Saturday, June 28th, at approximately 3:00 PM, Keremeos RCMP Detachment, Keremeos Fire Department, and three ambulances attended to a two vehicle collision on Highway 3 at the Ashnola Road turnoff, near the historic Red Bridge.

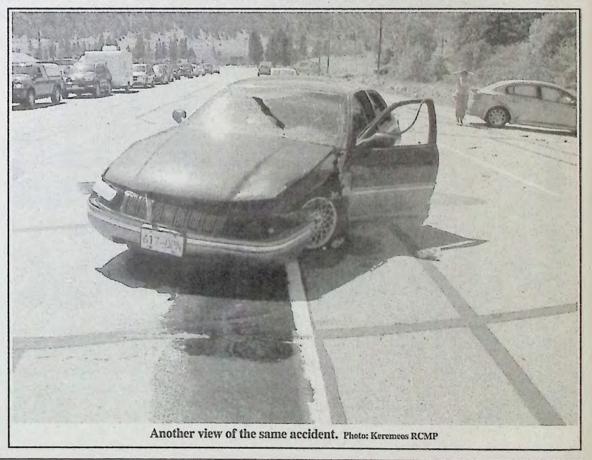
"A family of three were travelling eastbound on Highway 3 to Keremeos when it was struck by another car exiting Ashnola Road," explains Sgt. G. Dickie of Keremeos RCMP.

"The resulting collision sent both vehicles across the highway, one vehicle caught fire but was it put out by motorists prior to the Keremeos Fire Department attending."

All three occupants from the eastbound car were taken to hospital by ambulance for evaluation, two of the four occupants from the car that exited on to the highway werealso taken to hospital by ambuInnce

"The driver of that vehicle was believed to be under the influence of alcohol and samples of his blood were seized at the Penticton Hospital and charges of impaired driving are pending lab analysis of the blood."

Both vehicles were totalled and towed from the scene. Luckily, injuries were minor, although two people were admitted overnight for observation. - submitted by RCMP



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Keremeos celebrates Canada's 141st in style

Canada Day was a full day of activity in Memorial Park, Keremeos.

The celebration started with a Lions Club Pancake Breakfast, included kite flying, face painting and the Kanadian Idol Dance Competition for children.

Adults enjoyed live entertainment featuring local singers and performers in the gazebo.

Opening Ceremonies featured

greetings from Keremeos Mayor Walter Despot, Similkameen Indian Band Chief Joe Dennis, Regional District Director Joe Nitsch and Keremeos RCMP Detachment Sgt. G. Dickie. There were two free swim sessions at Keremeos Pool, provided by Pharmasave, and a huge Canada Day Cake from Valu Plus Foods.

"Everyone had a great time," says Canada Day Celebration MC

"People came and went all day with some spending the entire day with us at Memorial Park."

COPS operated a hot dog stand and the Elks ran the concession stand providing food all day during Canada Day activities.

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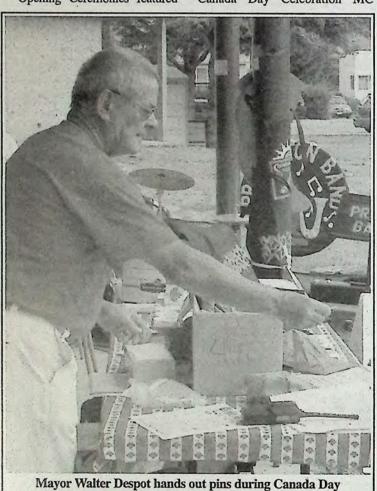
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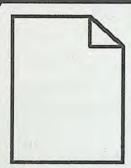
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Butt Out For Good: Strategies to Help Smokers Quit

(NC)—Quitting smoking is no easy feat. And since quitting cold turkey is extremely difficult to do, there are many quit smoking methods available to help smokers quit successfully.

Using Nicotine Replacement Therapies (NRTs), such as Nicorette gum and lozenges and the Nicoderm patch can help you

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Home & Garden News ttp://myhomeandgardennews.blogspot.com reduce or quit smoking safely and successfully. In fact, using NRTs can double a smoker's chance of quitting successfully.

The following tips can help you achieve the goal of quitting smok-

Pick a quit date

Your quit date should not be too far in the future, and it should fall on a fairly stress-free day.

Remind yourself why you're quit-

Keep a list of the reasons why you are quitting on you at all times and read them when you are tempted to light up. Use nicotine replacement therapies to help reduce cravings and keep withdrawal symptoms under control.

Avoid triggers

Avoid places you know people will be smoking and avoid alcohol, coffee, or other beverages you associate with smoking.

Change your habits

When you feel like smoking, try

taking a walk, practicing deep breathing or calling a friend. Instead of smoking after a meal, try brushing your teeth or chewing gum.

Reward yourself for being smoke-free

Put your cigarette money aside and save it for something special like taking a vacation!

For smokers who are not ready to quit entirely, Health Canada has recently approved a new Reduce-to-Quit strategy, which offers smokers an approach to quitting that helps address nicotine addiction by substituting cigarettes gradually with nicotine gum. Smokers now have the option of gradually reducing their cigarette consumption while taking nicotine replacement therapy to help increase their chances of quitting once and for all.

Speak with your doctor or pharmacist for more information or visit www.reducetoquit.ca to learn more tips and strategies to become smoke

living past 100

Dealing with heat shock

Summer is upon us, and for most of us, this is the favourite time of year. Summer does hold some threats to your health due to extremes of heat, such as the heat wave that hit southern British Columbia at the end of June. Strong sunshine can damage skin. This is well-advertised, but the heat and its hazards are not so well advertised because there are no products to sell to prevent heat exhaustion or heart attack due to heat.

Heat exhaustion can be extremely dangerous for anyone, but it is the very young and the elderly who are most likely to show the effects of heat first. Heat exhaustion symptoms are the result of too little liquid, or inability to sweat enough to cool the body. The symptoms include a pounding headache, nausea, thirst, dizziness and weakness. Heat exhaustion means your vital organs are not getting enough blood. In serious cases, a person with heat exhaustion may have a weak pulse, fatigue, confusion or anxiety. Heat exhaustion can come from loss of electrolytes, which are minerals that prevent muscle cramps. Mineral drinks, such as Gatorade, are good. If you are sweating a great deal, you may need something salty.

Warning: If you feel very hot, do not gulp down an icy cold drink. You could faint from the shock, or you could experience severe stomach cramps. Sip your cold drink.

Getting out of the heat is a must. Find some shade or a cool spot. Dousing yourself with water is effective, and so is going into cool water. Warning: If you are feeling very hot and could possibly have heat exhaustion, do not jump into cold water! This can cause shock and possibly lead to heart attack.

In hot weather, wear loose clothing made of cotton, and wear a wide brimmed hat in the sun. Dress like a Mexican! This way you can avoid a "prickly" heat rash caused by sweat stuck in the pores. A bath or shower can help if a heat rash breaks out.

HEAT STROKE CAN BE FATAL

Heat stroke is a condition which requires immediate medical attention. When the body's internal organs are reaching a dangerously high level, the person has hot red skin, slurred speech, rapid pulse, headache, dilated pupils and perhaps muscle spasms. Cooling the internal organs should be done with cool liquids, and a cold cloth around the neck to cool the blood. Cooling the skin with a cold wet towel can bring down the temperature of the skin, but the most danger arises from the internal organs being too hot. Many athletes have died suddenly from a heart attack brought on by heat

WATCH YOUR KIDS!

Children under the age of 10, and especially under age 5, require constant monitoring in hot weather. Children can ignore symptoms, or not understand what is happening to them, when heat exhaustion is present. Make sure small children have plenty to drink and have frequent resting times out of the sun. Wading pools are great for toddlers, and so are splash parks. Travelling with children in hot weather can be dangerous for them if they do not have frequent drinks. Follow all of the advice that applies above, and watch your children carefully.

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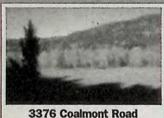












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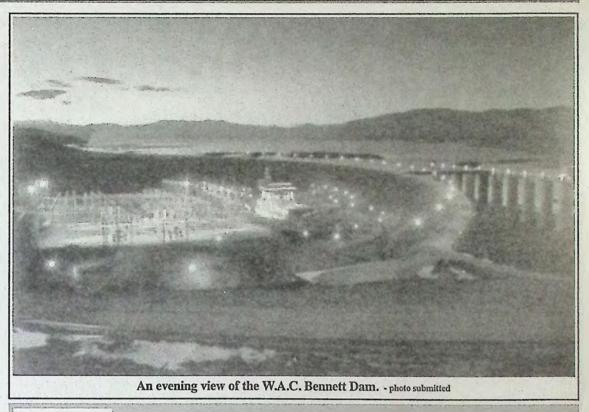
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BC50 YEARS

The W.A.C. Bennett Dam INSIGHTS INTO BC'S HISTORY

by Nick Mills, Princeton Museum & Archives

The W.A.C. Bennett Dam is a large hydroelectric earth fill dam on the Peace River, in Northern British Columbia. The dam is located 12 miles west of Hudson's Hope and 53 miles northwest of Chetwynd and is named after the late former Premier William A. C. Bennett and came online in 1968.

The complex consists of the main earth-filled dam, which holds back Williston Lake, and the underground Gordon M. Shrum Generating Station. It is one of the largest hydroelectric dams in the World.

It was originally conceived by the British Columbia Electric Company (now BC Hydro) under the direction of Dal Grauer. The assets of the private electric utility company were expropriated by the Provincial Government just before construction of the Peace River dam was about to commence.

Dal Grauer quit the Company and was soon followed by his head of operations for the dam project who was now being asked to work under the direction of two political appointees, Gordon Shrum and Robert Bonner.

After the dam was built and the reservoir flooded to create what was the largest man-made lake in the World, the heads of the Provincial Government, Bennett and Williston, named both the dam and the lake after themselves.

Premier Bennett absolved his

Government of all responsibility for the aboriginal inhabitants of the valley, the Tsay Keh Dene, who had been formerly known as the Ingenka band.

Some 125 families were moved from their traditional village site, where they supported themselves by hunting and trapping, to what was supposed to be a model reserve over 100 miles away near the mill town of Mackenzie. The entire band received a total compensation of \$35,000.

The move was a disaster for the Tsay Keh Dene, many of whom spoke no English and over the following two years many drifted away. Some returned to Ingenika Point, a low bluff overlooking the water that now covered their traditional home.

In 1988 minister Stephen Rogers called the conditions that they were living in as "The most primitive I have ever seen." A great many of the Band ended up living shortened lives on the streets of Prince George and Vancouver.

The Tsay Ke Dene finally received additional compensation from the Province in the fall of 2006.

The man born on September 6th, 1900, at Hastings, New Brunswick and who was usually referred to as W.A.C. Bennett, but to many, affectionately or mockingly, was simply "Wacky" Bennett, lived for another eleven years until 1979

when on February 23rd, aged 78, he passed away. The dam bearing his name stands as a lasting monument to a person who, in anyone's book, was an extraordinary man.

He was a hardware store proprietor in Kelowna before becoming the Conservative MLA for the South Okanagan. Bennett then changed sides to become an Independent MLA, before joining the Social Credit League.

When, in 1952, the minority Socred Government first gained power, he defeated Philip Gaglardi for the position of Party Leader and Premier elect on July 15th, 1952 with a majority of one, the voting being 10-9 in his favour.



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weekly entertainment guide

TUESDAY, JULY 8, 2008 THROUGH MONDAY, JULY 14, 2008



3-on-3 Basketball Tournament results

The results are final from the 3on-3 street basketball tournament held during Racing Days weekend. Junior Division

1st - Justin Gill Team (with Drayden Larsen and Ryder Stone) 2nd - Angie Marshall Team (with Julia Reichert and Colby Williams)

3rd - Josh Coyne Team (with Lindsey MacLellan and Quinton Kent)

4th - Mort Johnston Team (with Ciara Bamford, Daniel Kostiuk and Cache Cook)

Senior Ladies Division

1st - Amber Thomas Team (with Nicole Thomas and Kailee Thomas)

2nd - Jana McKenzie Team (with

Ashley Folk and Cyrielle Bon)
3rd - Ashlee Cathro Team (with
Rachel Halipchuk and Milan
Wilkinson)

4th - Makenzie Johnston Team (with Karis Bergsma, Marlee Rice and Kelcy Banks)

5th - Katelin Marshall Team (with Frankie Reichert and Meegan Haaver)

Senior Boys Division

1st - Jonas Montgomery Team (with Logan McKenzie and Jesse McLean)

2nd - Blake Tarswell Team (with Mike Bedard and Paul Houben) 3rd - Lewis Smith Team (with Brian Shewchuk and Ian McKenzie)

4th - Randy McLean Team (with

Travis MacKenzie and Garrett Rains)

5th - Rob Marshall Team

6th - Dean Johnston Team (with Richard White and Kirk McConnell)

7th - Russ Tjernstrom Team (with Kevin Alvarenga, Vian Maritz and Jarrid Lay)

3-Points

Travis MacKenzie

Drayden Larsen

Ciara Bamford

Jana McKenzie

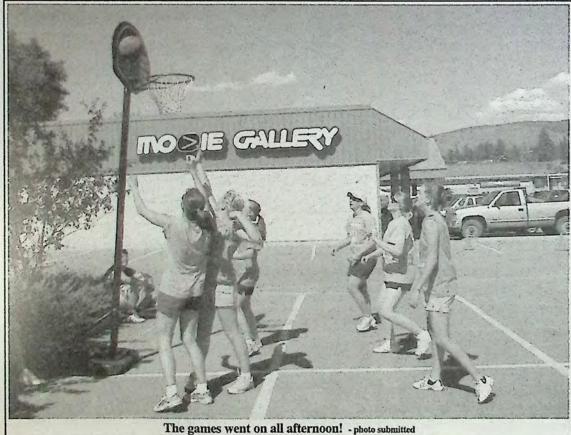
Daniel Kostiuk

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Rob Marshall Jana McKenzie Ciara Bamford

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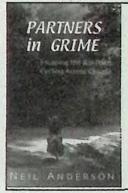
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The News Leader's George Elliott MC'd Canada Day celebrations in Keremeos. Photo: Brenda Engel



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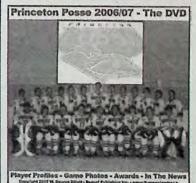
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TUESDAY, JULY 8, 2008

		WTBS	CHBC	KNOW	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV	CBC	YTV (18)	TSN 19	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE	TROP 45
6	2000	All-Family	News (N) 2nd Chnce	George S.	Caillou (EI)		News (N)		(5:00) News	(5:30) News (N) [II]	1 - C - C - C - C - C - C - C - C - C -	Morning	Erky Perky Jane	SportsCentr e 🖫	Canada AM	Daily Planet	Henrys King [6]	Rachael Ray 🖽	The second second	F/X: The Series [6]
7	AM	In the Heat of the Night	Body	Clifford	Barney	Today David	The Early Show (N)	The First 48	Good Morning				Jacob	SportsCentr		What's That	K. Possible	CityLine [ff]	V.I.P. "ThunderVal	Due South
-	:30	Jeffersons	Past Lives Room	Dora (7:54) Hi-5	Arthur (EI)	Maraniss; the Sotto's;	(F)	The First 48	America (N)		100 Huntley		George S. Viva Pinata	SportsCentr		About? Dirty Jobs	(7:24) Weekend	The Tyra	" The Kill	North of 60
8		Jeffersons	That News	Magic Bus	Clifford	Susie Castillo. (N)		Œ			Street [#]	Busytown	Flamingo	e Œ		œ	Lloyd	Banks Show	Point (N)	Œ
9		Sanford Sanford	The Mom Show [6]	Berenstain (9:33)	Super Why! Dragon		The 700 Club 🕮	The First 48	Regis and Kelly	100 Huntley Street 🕮	Wiston	Super Why! Gofrette	Timothy George S.	Off-Record Fishing	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	Ines	ET Canada What
	3,000	Harvey	Debbie	Franklin	Sesame		The Price Is	The First 48	The View	Fighting for		Wilbur (E)	Erky Perky	Champ.	The View	Mega	Mickey	Movie: "Too	Most	Are You
10	.00	Harvey	Travis' Facelift	Sagwa	Street (EI)		Right (N)	(E)	(N) (E)	Canada	House	Doodlebop	Dewitt	Darts	(N) E	Builders [6]	Sprites	Cool for Christmas"	Amazing Videos	Smarter
11	0.3120	Cosby	Clean House [#]	Rolie Polie (11:33)	Big World Sit-Be Fit	Ellen DeGeneres	Young and the Restless	The First 48	Paid Prog.	Past Lives House	News (N)	Martha Stewart	Jacob Being Ian	Bowling	Degrassi Instant	Mayday @	Benj Bear (11:25) King	(2004)	Most Amazing	Mad Abt. Frasier
10	PM	Still Stnd	News (N)	Miss BG	Charlie	Show Paid Prog.	News (N)	The First 48	All My	News (N)		News 🔃	Pokemon	Bowling	eTalk (t)	Super Ships	(11:49)	CityLine [6]	Videos Most Amazing	Seinfeld
12	52313	Still Stnd	Birth		Rose [ts]	Paid Prog.	Bold & B.	The First 48	(N) (E)	As the	Lives (N)	CBC News: Today (N)	Monster Grossology	Motoring NASCAR	Bold & B.	Dirty Jobs	Weekend Dragon	Ellen	Videos Star Trek:	Seinfeld Melrose
1		Fresh Pr. Fresh Pr.	Design Home	Pancakes Daniel	Painting Quilting	Days of our Lives (N)	World Turns (N)	E	Live (N)	World Turns (N)	World Turns (N)	What's-	Viva Pinata	Racing	Thomas: F.B.Eye	Œ	Emperor	DeGeneres Show	Voyager [6]	A STATE OF THE STA
2	PM	King	Queer Eye	Paddington	WordWorld	111111111111111111111111111111111111111	Guiding Light (N)	The First 48	General Hospital (N)	Guiding Light (N)	Guiding Light (N)	Steven and Chris [f]	Ruby	Horn Interruptio	General Hospital (N)	MythBuster s [#]	(1:54) K. Possible	News (#)	Star Trek: Voyager [f]	Fresh Pr. Family Guy
_	100	King Friends	Christine	BluesClues Dora the	Lions	Millionaire	Dr. Phil [6]	The First 48		Young and	Young and	Food	Hawks	Off-Record	Dr. Phil 🔃	What's	Replace	News (N)	CSI: Crime	
3		Seinfeld	Design	Explorer [Arthur (El)	Judge		Œ	Ray (f)	the Restless	the Restless	Fashion	Pokemon	Sports		That About?	Emperor	(6)	Scn	Vanity
4	2 (20.3)	Family Guy Family Guy	The state of the s	Little Bear George	Cyber Fetch! With	Judge J.	Oprah Winfrey 🖽	The First 48	Inside Cops (ff)	Oprah Winfrey (f)	(3:59) News Global	Frasier Mercer	SpongeBob OddParent	MLB Baseball:	Daily Show Colbert	Daily Planet (N) (#)	(4:36)	Friends Hollywood	CSI: Crime Scn	That News
3		Movie:	News (N)	Shrinks	BBC World		News (N)	The First 48		News (N)	(4:59) News	Simpsons	OddParent	Orioles at	News (N)	How-Made	Suite Life	Japanese	CSI: Crime	
5	:30	"John Q" (2002,	Œ	(5:33) Arthur (E)	Business	NBC News	CBS News	(E)	ABC News	Global	(N) (E)	Arrested	SpongeBob	Toronto Blue Jays. (Live)	T. mark	How-Made	Montana	Game Show	Tana a	What
6	PM :30	Drama) Denzel Washington.	Ad Pers News	(DVS) (6:35) CG	News- Lehrer	News (N) Raymond	News (N) Hollywood	The First 48 (N) (E)	News	News (N)	ET Canada Entertain	News Œ	Drake Genie	Œ	News (N)	Smash Lab	Zoey 101 Life Derek	Hell's Kitchen (N)	A STANK TALKSAMINE	Family Guy Seinfeld
7	PM	(3)	E! News	Gardens	Nova (E) (DVS)	Jeopardy!	Friends	CSI: Miami "Shock"		Entertain	Shark (tt)	Coronatn	Malcolm	SportsCentre (Live) @	eTalk &	Deadliest Catch (N)	So Raven Smart Guy	Two Men Role	CSI: Crime Sen	Seinfeld Frasier
		Frasier Seinfeld	Jeopardy! Real	Eden Himalaya-	Savage	Fortune Celebrity	Scrubs NCIS [E]	CSI: Miami		ET Canada Wipeout (N)	Wipeout (N)	Just-Gags Mercer	Prank Ptrl Fries That?		The	Daily Plane		News (N)	CSI: NY	Family Guy
8	:30	Frasier	Housewives	Palin	Planet [6]	Family Feud		"Rampage"	Œ	Œ	Œ	22 Minutes	Futurama	In Corner	Moment of Truth	Œ	Sadie	(8:35) News	"The Fall"	ET Canada
9	PM :30	Movie: "John Q" (2002,	Kimora Keep Up	And They Danced	Wide Angle (N) Œ	America's Got Talent	48 Hours Mystery [#]	The First 48	Japanese Game Show	In Plain Sight (N)	In Plain Sight (N)	The Tudors	Prank Ptrl Mystery	Boxing [ff]	Canadian Idol [ff]	Smash Lab	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld Seinfeld
10	PM :30	Drama) Denzel	Lohan Richards	The Golden Bridge @	Women- Tibet	Law & Order: SVU	Without a Trace [tt]	The First 48 (N) @	Primetime	Shark @	-	National	Falcon Beach [#]		Law & Order: SVU	Deadliest Catch	School Cory	(10:06) Movie: "Ali G	Star Trek: Voyager [tt]	Mad Abt. Fresh Pr.
11	PM		News (N)	Edge	Charlie Rose (N) [65	News (N)	News (N)	CSI: Miami		News (N)	Entertain	(11:05) 2008 Calgary	Maria I	SportsCentre (Live) @		How-Made	Suite Life	Indahouse" (2002,	Deep Space	
11	;30	"Hair	Guy Stuff	Wild	Ause (14) III	Tonight	Late Show	Dilouk	(11:35)		ET Canada	Stampede	Ghost	, , , , ,	News (N)	How-Made	Life Derek	Comedy) [ts		Grace

WEDNESDAY, JULY 9, 2008

		WTBS	CHBC 4	KNOW 5	KSPS	KHQ (7)	KREM 8	A&E	KXLY 10	BCTV	CITV.	CBC	YTV 18	TSN (19)	VTV 22	DISC 24	FAM 26	CITY 29	SPIKE 44	TROP 45
		All-Family	News (N)		Caillou (El)	The latest and the la	News (N)	The	(5:00) News		(4:30) News (N) EE	CBC News:	Erky Perky	SportsCentr		Daily Planet	Henrys	Rachael Ray 🕾	Star Trek: Voyager [ff]	F/X: The Series 🔃
	185194	All-Family	A 749 E-S (25-1)	George S.	Bob Build			Œ		(14) (41)	(11)	(N)	Jane				King (f)			
7	AM	In the Heat	Body			AND THE SECOND S	The Early Show (N)	1290 AND THE RESERVE TO SERVE THE RESERVE TO SERVE THE RESERVE THE RESERVE TO SERVE THE RESERVE THE RE	Good Morning	1		Gofrette	Jacob	SportsCentr			K. Possible	CityLine [#]	V.J.P. "K- Val" 🔃	Due South
1	:30	of the Night		Dora	Arthur (EI)	Stewart; Dr.			America (N)			Curious	George S.			Ult Cars	(7:24)	m . m		
		Parameter Property of the	No. of the last	(7:54) Hi-5	Curious	Philip Tierno. (N)		Cold Case Files @	Œ		100 Huntley Street [#]	STATE STATE	Viva Pinata	SportsCentr		How-Made	Weekend	The Tyra Banks Show	The Kill Point	North of 60
		CONTRACTOR OF THE		Magic Bus	Clifford	(EE)						Busytown	Flamingo	* *	Danie and	How-Made Daily Planet	Lloyd	News (N)	Pros vs.	ET Canada
9			The Mom Show (E)	Berenstain	Super Why!		The 700 Club (f)	Cold Case Files @	Regis and Kelly	100 Huntley Street [6]	Vision (t)	Super Why!	Timothy	Off-Record	Kegis and Kelly	(FE)		City	Joes	What
3	7.631	Sanford		(9:33)	Dragon		A C C C C C					Gofrette	George S.	Fishing	The Miles	Smash Lab	Tigger	Movie: "The	Most	Are You
10	2000	WALL STORY	Debbie Travis'	Franklin	Sesame Street (EI)	1	The Price Is Right (N)	CSI: Miami	(N) E	World Vision	Room	Wilbur @	Erky Perky	Champ. Darts	The View (N) [E]	200000000000000000000000000000000000000	Handy	Master of	Amazing	Smarter
10	V 1000	Harvey	Facelift	Sagwa							House	Doodlebop	Dewitt			2000		Disguise"	Videos Most	Mad Abt.
11		CHAIN THE CO.	Clean House (f)	Rolie Polie	The state of the s	Ellen DeGeneres	Young and the Restless	Crossing Jordan (E)	Paid Prog.	Past Lives	(10:59) News (N)	Martha Stewart	Jacob	Bowling	Degrassi	(ee)	Benj Bear	(2002) [Amazing	Frasier
11		Cosby		(11:33)	Sit-Be Fit	Show			Paid Prog.	House	EE	100000	Being Ian	Bowling	Instant		(11:25) King	1	Videos	
10		Still Stnd	News (N)	Miss BG 🖽	Charlie Rose @	Paid Prog.	News (N)	The Sopranos	All My Children	News (N)	Days of our Lives (N)	News @	Pokemon	Bowling	eTalk Œ	Really Big Things	(11:49)	CityLine @	Most Amazing	Seinfeld Seinfeld
12	-11/20	Still Stnd	Birth			Paid Prog.	Bold & B.	Œ	(N) (E			CBC News: Today (N)	Team	Motoring	Bold & B.		Weekend	-	Videos	
4		Fresh Pr.	Design	Pancakes	Art Work	Days of our Lives (N)	As the World	ALCOHOLD STATE OF THE STATE OF	One Life to Live (N)	As the World	As the World		Grossology	NASCAR Racing	Sue Thomas:	MythBuster s @		Ellen DeGeneres	Star Trek: Voyager [6]	Melrose Place [6]
1	:30	Fresh Pr.	Home	Daniel	Sewing		Turns (N)			Turns (N)	Turns (N)	Dinner	Viva Pinata		F.B.Eye		Emperor	Show		
2		King	Queer Eye	Paddington			Guiding Light (N)	Cold Case Files Œ	General Hospital (N)	Guiding Light (N)	Guiding Light (N)	Steven and Chris tt	Ruby	Horn	General Hospital (N)	Cotch	(1:54)	News @	Star Trek: Voyager [tt]	Fresh Pr.
2	100	King		BluesClues	Lions	Millionaire	(6)	1000000		(tt)	(#)		Flamingo	Interruptio			K. Possible			Family Gu
2		Friends	Christine	Dora the Explorer @	WordGirl	Judge	Dr. Phil @	Cold Case Files (ff)	Rachael Ray (#)	Young and the Restless	Young and the Restless	Food	Hawks	Off-Record	Dr. Phil @		Replace	News (N)	CSI: Crime Scn	
3	4.75	Seinfeld	Design		Armur (EI)							Fashion	Pokemon	Sports		1 1 1 1 1 1 1 1 1 1	Emperor	Time -		Vanity
Λ		Family Guy		Little Bear	Cyberchas	The state of	Oprah Winfrey @	CSI: Miami	The state of the s	Oprah Winfrey (ff	(3:59) News		SpongeBob	MLB Baseball:	Daily Show	(N) (C)		Friends	CSI: Crime Sen	
4		Family Guy		George Shrinks	Fetch! With		William Cy (Ca)		Cops @	wintey as	Global	Just-Gags	OddParent	Baltimore	Colbert		(4:36)	Hollywood		TV Made
E	PM	Movie: "The Whole Ten	News (N)	Sittaiks	BBC World	News (N)	News (N)	The First 48	News	News (N)	(4:59) News (N) Œ	Simpsons	OddParent	Orioles at Toronto Blue	News (N)	ren	Suite Life	Make Me a Supermodel	CSI: Crime Scn	
5	:30	Yards"	Cel	(5:33)	Business	NBC News	CBS News		ABC News	Global		Arrested	SpongeBob	Jays. (Live)			Montana			What
6		(2004) 🖭	Ad Pers	Heads Up	News- Lehrer	News (N)	News (N)	Dog	News	News (N)	ET Canada	News [#	Drake	Œ	News (N)	Sport Science (N)	Zoey 101	Rock of Love	UFC Fight Night	Family Gu
6	:30		News	Mechanics		Raymond	Hollywood	Dog	News		Entertain		iCarly 🖽				Life Derek			Seinfeld
7		Frasier	E! News	Lemur	Click & Clack	Jeopardy!	Friends	Angel	Entertain	Entertain	ReGenesis	Coronatn	Malcolm	SportsCentr e (Live) [120000000000000000000000000000000000000	Mayday "Fatal Flaw"	So Raven	Entourage		Seinfeld
		Seinfeld	Jeopardy!	Undersea	Clack	Fortune	Scrubs	Angel	The Insider			22 Minutes	Prank Ptrl	C (Live) III	Cana. Idol		Smart Guy	Entourage		Frasier
0		Friends	Zoe Busiek: Wild Card	Ancient	Dancesport World	The Baby Borrowers	Price Is Right	Angel	Wife Swap	The Office	The Office	Mosque	Fries That?		So You Think You	Daily Planet	Colonia mag	News (N)	MANswers	Family Gu
8	22.0	Friends		Ciues	World			Angel		Name Earl	Name Earl	Sophie	Futurama	Off-Record	Can Dance		Sadie	(8:35) News	Factory	ET Canada
9	PM :30	Movie: "The Whole Ten	Celebrity Circus (N)	USS Monitor	Nova scienceNO	The Baby Borrowers	Criminal Minds [8]	The First 48	Supernanny	NCIS @	NCIS Œ	fifth estate	Prank Ptrl Mystery	Boxing: Wednesday	The top 12. (N)	MythBuster s 🖭	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld
-	-	Yards" (2004) @	J. Dickinson	For King	W (N) Carrier	(N) Celebrity	CSI: NY IS	Dog	Primetime:	ReGenesis	News Hour	National	Falcon	Night Fights.	CSI: NY EE	Dirty Jobs	School	(10:06)	Star Trek:	Mad Abt.
10	:30	(2007)	J. 270 Min. 301	and Empire	The second secon	Circus (N)		Dog	Crime @	Œ	Final (N)		Beach 🖭			Œ	Cory	Master of	Voyager [#]	Fresh Pr.
40		Frasier	News (N)	Don	Charlie	News (N)	News (N)	Angel	News	News (N)	Entertain	(11:05) 2008 Calgary	The second	SportsCentr	News (N)	Mayday "Fatal Flaw"	Suite Life	Disguise" (2002) @	Deep Space	
11	:30	"Mimic"	Guy Stuff	Giovanni	Rose (N) [ts	Tonight	Late Show	Angel	(11:35)	(E)	ET Canada	Calgary Stampede	Ghost	e (Live) 🕮	News (N)	ratai riaw	Life Derek	(2002) [15]		Grace

Horoscopes

July 9 - 16, 2008

Aries - You will start this week in a great mood, but wishing for a little more personal freedom. While you are still enjoying home and family, you need a break from all the work.

Taurus - You have such an urge to go places and do things, and you feel you're not having much fun. Pay attention to your money situation and firm it up now. Fun at home this weekend.

Gemini - You can talk about what you want, what you value, and what your priorities are now. Family does not respond well, but you feel better. Spend time with sibling this week.

Cancer - This is a good time to express yourself. Watch spending this weekend, but buy lotto ticket. If sibling does not contact you, take the initiative. You need to talk. Take time for fun.

Leo - You are in good humour and ready for fun. It is time for self care, perhaps a personal makeover. Don't let mouth get you in trouble. Money situation still demands caution.

Virgo - Your feeling of loneliness may turn to frustration now. Take it easy. Good things come from friend, partner. Do some planning this weekend. Work out frustration by exercising.

Libra - Sense of frustration on the job could be harmful to your health. Career is going smoothly, don't rock the boat. You may do something stupid to make matters worse. Calm!

Scorpio - Active, solid planning now works in your favour in the future, but a lot of things can make planning seem impossible. Tie up loose ends in career. Prepare for fun this weekend.

Sagittarius - Career is plain hard work these days, and you could feel a little short-tempered at times. Chill out. Work productively and frustration disappears. Look for fun.

Capricorn - People respond to you well now. They want to talk to you and share with you. Open yourself to others, but don't lose sight of what really counts in life. Let them solve problems.

Aquarius - Starting this weekend, you are going to feel a lot better. Look for some romance and some fun to come your way. Debts, mortgage, or other financial worry bothers you.

Pisces - A nasty reaction from a partner or friend may be about venting. Try to take it in stride. You can safely retreat to home and family and talk it over in a situation of trust. Don't flip lid!

1-1/2 lb trimmed, 1-inch (5 cm) thick, top sirloin steaks (about 2 steaks) 750 g

rice. Serve with lemon wedges. Makes 6 servings. Source: www.riceinfo.com

1 cup each chopped onion, green pepper and celery 250 mL
 1 cup U.S. long grain white rice 250 mL
 1-1/2 cups each chicken broth and seeded, diced tomato 375 mL

cious summer supper.

1/4 cup honey mustard 50 mL 3 cloves garlic, minced

1/2 cup white wine 125 mL

green olives (optional) Lemon wedges

News Canada

-1 tisp dried oregano 15 mL
-1 tisp each paprika, salt and pepper 5 mL
-4 tisp hot pepper sauce (to taste) 20 mL
-3 tisp canola oil (divided) 45 mL

2 bay leaves
 1/2 cup chopped green onion 125 mL
 2 tbsp finely chopped 30 mL

Similkameen News Leader Recipe Comer (Recipe #227)

Brought To You By: Similkameen News Leader

Creole Grilled Rice Pilaf

(NC)—When it's too hot to cook inside, keep the house cool by preparing your entire meal on the grill. Serve with a leafy green salad for a deli-

Steak: Place steaks on a plate. In a small bowl, blend honey mustard with garlic, oregano, paprika, salt and pepper. Divide mustard mixture in half. Stir the hot pepper sauce and 1 tbsp (15 mL) of the oil into one portion; rub evenly over the steak. Reserve steak at room temperature for 15 minutes. Turn one burner on the grill to medium-high, one to medium setting. Place a foil lasagna pan over the medium burner. Add remaining oil, onion, green pepper and celery to the foil pan. Cook, stirring often, for about 5 minutes. Add rice and remaining mustard mixture; stir to coat each

grain of rice. Stir in chicken broth, tomato, white wine and bay leaves. Cover pan with a baking sheet (to act as a lid). Close BBQ lid and cook for 20 minutes, stirring occasionally. Remove pan from the grill and let rest for 5 minutes. Stir in the green onion and olives (if using). Discard bay leaves. Fluff rice with a fork and season with additional hot sauce to taste. Meanwhile, grill steak over the medium-high burner for 6 to 8 minutes per side or until cooked to preferred doneness. Rest for 5 minutes. Slice steak thinly across the grain. Arrange the steak decoratively over the

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Regular Meetings

Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse Similkameen Christian Riders meet at

Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up • Princeton Writers Group meets every

second and fourth Thursday 7pm at

Riverside Wellness Centre

• Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room

• PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital

Hedley Library open 2-7pm Thursdays Princeton Paintball Club meets every unday at 10 a.m. Contact 295-0673

Princeton Rifle and Revolver Club neets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.

• Princeton Fish & Game Club meets first

Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.

Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm Legion Branch 56 meets 3rd Sunday of nonth 1:00 p.m. Legion Hall

Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena

Southern Cruisers Similkameen Chapter #53 meets for rides every hursday night.

• Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in hamber of Commerce meeting room.

Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall, Rocklin Avenue,

Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room. Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on

• Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feaure a Spiritual Movie.

U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.

• U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church • Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM

Little Folks Nursery School Parent/Board Meetings, 3rd Wednesday of each month,

7:00 PM at the school. Legion Ladies Aux., second Tuesday each month, 7:00 PM, Legion.

thursday movies

MORNING

10:00 am CITY 29 "Murder at My Door" (1996, Suspense) Judith Light. A woman's efforts to hold her troubled family together are threatened following the murder of a neighbor's dependent. bor's daughter. [66]

AFTERNOON

5:00 pm WTBS 3 ***AIr
Force One" (1997, Suspense)
Harrison Ford. Demanding the
release of a political prisoner, a terrorist and his gang hijack the U.S.
president's plane.
DISC 24 ***Dust to Glory"
(2005, Documentary) Mario Andretti.
Filmmaker Dana Brown follows racers competing in the annual Baja
1000.

EVENING

9:00 pm WTBS 3 ***Air Force One" (1997, Suspense) Harrison Ford. Demanding the

release of a political prisoner, a terrorist and his gang hijack the U.S. president's plane.

10:00 pm DISC 24 **%"Dust to Glory" (2005, Documentary) Mario Andretti. Filmmaker Dana Brown follows racers competing in the annual Baia 1000

lows racers competing in the annual Baja 1000.

10:06 pm CITY 29 ** "Tears of the Sun" (2003, Action) Bruce Willis. A Navy SEAL and his squad try to protect a doctor and Nigerian refugees from ruthless rebels.

11:00 pm SPIKE 44 ** "Boondock Saints" (1999, Crime Drama) Willem Dafoe. Two brothers, believing themselves to be on a mission from God, begin killing members of

from God, begin killing members of Boston's underworld. (In Stereo) 11:30 pm WTBS 3 * "The Patrlot" (1986, Adventure) Gregg Henry. A dishonorably discharged officer can clear his record if he can locate, retrieve and disarm a stolen nuclear warhead.

Princeton Area Ghost Towns - The DVD



Available at: Similkameen **News Leader**

www.thenewsleader.ca

Explore The History Of Mining - Gold, Copper and Coal

friday movies

MORNING

10:00 am CITY ② **The Baby-Sitters Club" (1995, Drama) Schuyler Fisk. Seven girls balance the growing pains of adolescence with the demands of operating a day-care camp for children.

AFTERNOON

5:00 pm WTBS 3 ***"Ocean's Eleven" (2001, Comedy-Drama) George Clooney. A parolee organizes a gang to steal \$150 million from three Las Vegas casinos in a single heist.

EVENING

7:30 pm FAM ② "High School Musical 2" (2007, Musical Comedy) Zac Efron. A teenager befriends members of a wealthy family while working at a country club.
8:00 pm YTV (18) ** **Batman" (1989, Action) Jack Nicholson. The Caped Crusader saves dismal Gotham City and gorgeous Vicki Vale

from the freaky Joker. (In Stereo)
9:00 pm WTBS 3 * * *"Ocean's
Eleven" (2001, Comedy-Drama)
George Clooney. A parolee organizes
a gang to steal \$150 million from
three Las Vegas casinos in a single
heist.
9:15 pm FAM 26 "Johnny Kapahala:
Back on Board" (2007, Comedy)
Brandon Baker. A snowboarder from
Vermont goes to Hawaii for the wed-

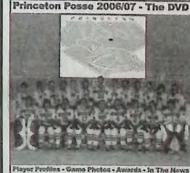
Vermont goes to Hawaii for the wedding of his grandfather, a legendary surfer. (E).

10:06 pm CITY (29"Sex Talk 5" (2004, Adult) Lovely women find erotic bliss.

10:47 pm FAM ② ★"3 Ninjas Knuckle Up" (1995, Comedy) Victor Wong. Three boys stop a polluter's henchmen with martial arts learned from their Asian grandfather.

www.frameyourpets.info

Princeton Posse 2006/07 - The DVD



\$19.9 **INCLUDES GST**

Similkameen News Leader

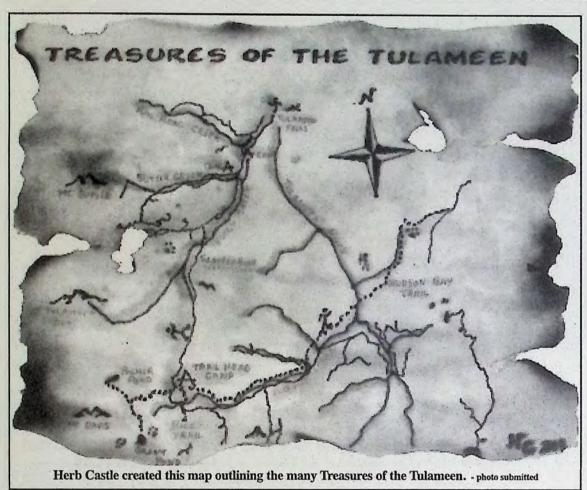
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Treasures of the Tulameen

BY KELLEY COOK - EDITED BY SHARON ANDERSON



Honour the past, experience the present on July 26th, 2008

"Here they can relive history and most important live as part of nature rather than apart from - Harley Hatfield, Okanagan Historical Society, Volume 40, 1976

The beginning...

I have been asked how I became involved in the Treasures of the Tulameen project. To answer that question I will have to take you back. My love of the area began long before I was involved in preservation or helping develop the area for recreational use. I have been visiting this region for many years. Many local families have been exploring and enjoying this area since the early seventies. There is something special about the Tulameen area that speaks to my heart. It draws me back, time and again. It revives and rejuvenates me. One of my friends jokes that when I finally leave this world a helicopter will have to be hired to spread my ashes. I have such a list of beloved places on which I would like my remains to be spread that she says only a helicopter could get the job done in a reasonable amount of time. Given my passion for the area it was inevitable that I would become involved. ...the name...

Where does the name 'Treasures' come from? To be honest, I am not sure. It appeared on a draft brochure I was preparing as I became immersed in project details. I typed the name as a working title without giving it much thought. The inspiration: my love of the area. It was full of treasures from waterfalls to pristine mountain ponds. The name stuck despite initial misgivings. The more research and work I did on the project the more obvious it became that 'treasures' was the perfect description. "Tulameen" was derived from the native band "Zu'tsamEn" or "Red Paint Band." The red paint refers to a red ochre rock that is found on the banks of the river closer to Princeton.

...the beauty...

I cannot describe the beauty or mystique of this area. It must be experienced. I encourage locals and visitors to get out and explore the area. We are fortunate to live surrounded by such natural beauty. The official opening is a way to challenge people to investigate this breathtaking area and take a guided hike to Palmer Pond and witness its wonder.

The best example I can give of Tulameen's natural beauty and history combining to create magic is the following:

I was working on the Treasures of the Tulameen project with Sharon Anderson near Horse Guard Camp, Horse Guard Camp is located below a sheer rock bluff wall on a dramatic bend of the Tulameen River. After working in the area most of the day we began hiking back to base camp. As we departed, Sharon remarked wistfully, "If you listen carefully you can almost hear

Blackeyes. I keep expecting to see him walking over the next rise."

History

The Treasures of the Tulameen project became a distant possibility in June 2005 when the responsibility for managing recreation sites and trails was transferred from the Ministry of Forests and Range (MFR) to the Ministry of Tourism, Sport & the Arts (MOTSA) as part of a government initiative to integrate the various tourism and recreation programs in British Columbia. Since its inception as a new ministry, MOTSA has developed many programs linking tourism and recreation setting the stage for the 'Treasures' project.

A network of designated government recreation trails already existed in this area but needed a little tender loving care. Some of these trails needed mapping and minor work. Others needed to be relocated as it had been years since anyone had used or maintained them. This is when I became officially involved, in the summer of 2005. Ed Abels, MOTSA Recreation Officer announced a new contract to locate and map these recreation trails. I was thrilled to be awarded the contract. After I had completed the commitment, Ed and I sat down and evaluated the trails and their attributes. A combination of the historical significance, the existing recreational camping sites and the natural attractions continued on Page 16

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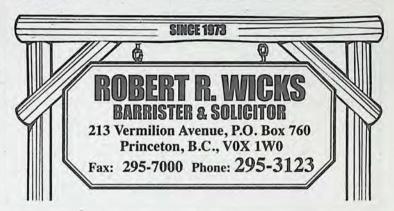
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BC is taking action against global warming.

Many parts of BC have been warming at a rate that is twice the global average. It isn't hard to see the impact that climate change has already had on our province: the mountain pine beetle epidemic, the storms that devastated Stanley Park, the floods of 2007, the loss of water supply to over 900,000 people in 2006, the wildfires of 2003 and the depletion of our glaciers.

These effects of global warming have already taken a heavy toll on our economy, our natural resources and people's homes and livelihoods. It's clear that it's hurting our province. It's time for all of us to take action.

- 11 of the last 12 years were among the warmest ever since 1850.
- Over the last century, BC has lost up to 50 per cent of its snow packs, and glaciers have melted away.
- Warm winters have created the mountain pine beetle epidemic.
- 80 per cent of our pine forests will be "red and dead" by 2013.

How you can benefit from BC's carbon tax shift.

On July 1, 2008 a carbon tax on fossil fuel emissions was introduced. What this means to you is 2.34 cents per litre added to your cost of gas. In BC, 36% of all greenhouse gas emissions come from transportation. It's estimated that BC's carbon tax will save up to 3 million tonnes of CO² emissions annually; this is equal to taking nearly 790,000 cars off the road each year.

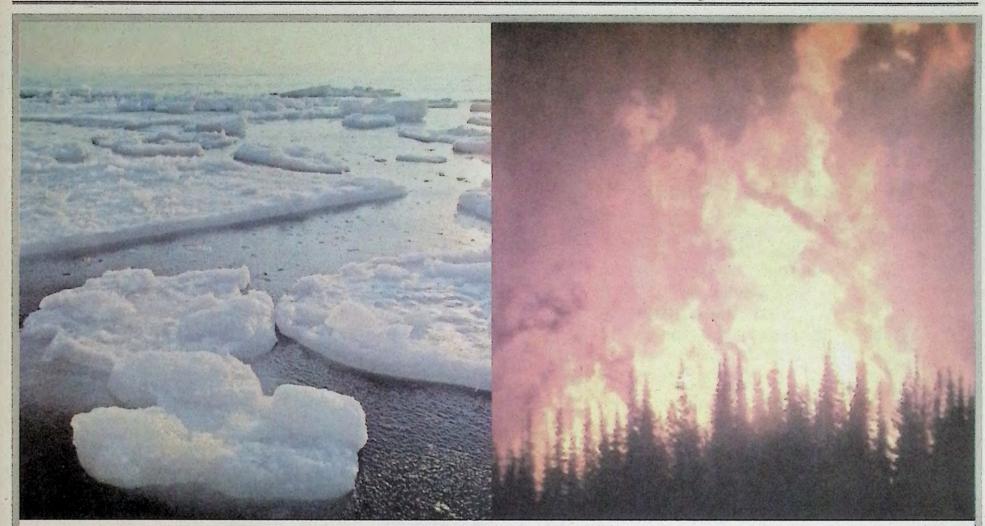
With even small adjustments you can reduce your fuel usage. In fact, most drivers can offset their carbon tax with one less fill-up per year.

By law, every penny of the carbon tax must be used to cut other taxes.

In fact, over the next 3 years, over \$1.8 billion will be returned to individuals and businesses in reduced taxes.

You choose, you save.

- If you drive only 5% less a year, you can typically save twice what you will pay in carbon tax over the next two years.
- If you drive a Ford Ranger 30,000 Km per year, you can save \$535 on fuel by driving 10% less. That's over five times more in savings than the \$84 you would otherwise pay this year in carbon tax.
- If you are buying a new car or truck, you can save up to \$4,000 this year in sales tax by choosing a fuel-efficient vehicle.
- Trade-in your old vehicle for a cleaner one and you can save up to \$2,000 or more under the expanded province-wide "Scrap-it" program.
- Keeping your car or truck tuned up and your tires properly inflated can save you \$200 a year in fuel costs.



Income taxes decreased on July 1st.

New tax relief is a key part of the carbon tax shift. On July 1st, 2008 provincial income taxes were reduced. On July 1st, 2009 they will be reduced again. While pollution will cost more, income will be taxed less and take-home pay will grow. Lower income earners will be eligible for an additional tax credit and every woman, man and child in BC will receive a \$100 cheque from the Climate Action Dividend.

Businesses will also see their income taxes cut over the next few years to become the lowest in Canada. As well, other new measures will provide new sales tax exemptions, financial incentives and cash rebates to reward "carbon smart" choices. These are all in an effort to conserve energy, reduce waste, increase fuel efficiency and promote cleaner transportation.

- British Columbia has the lowest personal income taxes in Canada at every level up to \$111,000.
- New tax cuts will save most families between \$100 and \$400 this year, net of the carbon tax, even if they do nothing to reduce their emissions.
- A single parent earning \$30,000 per year, with one child, will typically save \$285 net of their carbon tax this year and will save \$196 net next year.
- Since 2001, over 100 tax cuts have been introduced in British Columbia.
- All taxpayers earning over \$30,000 a year have had their provincial income taxes reduced by at least 30-37%.
- Low income taxpayers earning under \$20,000 a year have had a 75% tax cut since 2001.
- Provincial income taxes were eliminated completely for everyone earning under \$15,500 a year; 250,000 more citizens now pay no provincial income taxes at all.

It's time to lead on climate change.

Together, we can meet BC's new legal target to reduce our provincial greenhouse gas emissions by 33% over the next 12 years. It won't be easy and it will oblige us all to change. But, we can achieve that target in ways that will save us energy, time and money, while also improving our air, water quality, and stimulating innovation,

investment and job creation. We can't wait for others to tackle global warming. Waiting for others to act is not a solution, it's just an avoidance of our responsibility. Unless we act today, it will be our children and their families who will pay the biggest price.

The time has come to act – to reduce our own emissions and lighten our carbon footprint. That is what BC's new carbontax shift is all about.



It's our choice, It's their future

To learn more about how you can benefit from BC's climate action plan, check out LiveSmartBC.ca



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Treasures of the Tulameen July 26, 2008



Rick Jacobson (age 11) and Harley Hatfield on fifteen feet of hard packed snow on Manson's Ridge along the Hudson Bay Brigade Trail in August of 1971.- photo submitted

..... continued from Page 13 along the Tulameen River made the area unique. There was enormous potential for both local and out of town tourist activities. The growing demand for tourist activities that promote active lifestyles while minimizing environmental impact was a perfect fit for the area. From a historical perspective our initiative to revitalize and enhance tourism and recreation in this area was well timed. Our project coincided with the planned celebrations for the 150th birthdays of British Columbia in 2008 and Princeton in 2010.

The Treasures of the Tulameen trails were the first overland routes to the interior that carried supplies inland and furs back to the coast. The passages through the mountains were first established to access the traditional hunting grounds of the Similkameen Aboriginal people. Blackeyes, the "Headman" of the tribe, frequented the area and led the first white men through the rugged country. The Hudson Bay Company used the established paths as the main commerce routes in British Columbia from 1846-1861. Most of this area is still pristine and allows people the opportunity to experience nature in an undisturbed setting while retracing the routes used by their forefathers.

These trails were preserved

through the efforts and foresight of many people and organizations. If not for their interest and dedication to locate, identify, and document the trails we would not be aware of them today. In the summers of 1937 and 1938, Podunk Davis, a long time Princeton area trapper and prospector, accompanied by John C. Goodfellow, retraced sections of the Hudson Bay Company route around Lodestone Lake and Horseguard Camp.

Throughout the 1960s and 70s a group of dedicated and enthusiastic people from the Okanagan Similkameen Parks Society and the Okanagan Historical Society located and mapped these important routes. Subsequently they managed to convince the government that in order to protect the trails they must be declared Heritage Trails. Clearing of these trails was done with the help of many Boy Scouts. Some local Boy Scouts were Terry Wright and Rick Jacobson who traveled sixty miles on foot from Jacobson Lake to Hope in August of 1971. Terry was a reluctant participant but went along 'because someone thought it was a good idea.' Rick Jacobson was the youngest of the group of twentynine and was commended for carrying his pack the entire trip without a complaint.

Locating and clearing the trails was a laborious endeavor as described by Eric Jacobson of Princeton. He spent many years searching the area with his good friend Harley Hatfield of Penticton along with many other volunteers from various parts of the province. Harley even went as far as England to gather information from the Hudson Bay Company Archives. Harley Hatfield was rewarded for his dedication to the locating and re-marking of these historic trails with a Heritage Canada Award. Mr. Bob Harris, member of the North Shore Hikers and the Vancouver Natural History Society, described by Harley as 'mapmaker par excellence,' sketched and produced all the maps. Mr. Harris, an engineer by profession, served with the Royal Engineers but was a historian at heart. In more recent years, many horsemen and women have volunteered their time and efforts to maintain sections of these trails. Uniting the past with the present brought about the creation of the "Treasures of the Tulameen" concept. Ed Abel's commitment to this project went well above his obligations as Recreation Officer for this area. Working with Ed on this pro-

area. Working with Ed on this project has given me a whole new appreciation for the area that I once hiked solely for personal enjoyment. Long time local residents have provided a wealth of historical information. For example, Eric Jacobson and Danny Rice were instrumental in confirming places and names of the past. Their stories and recollections, as well as their devotion to the restoration of the trail are admirable. I am grateful to these people for helping ensure the preservation of accurate historical details and for sharing their

"In our times young and old can benefit greatly from it. In the future its benefits will doubtless be greater, its acquirement more and more difficult." - Harley Hatfield, Okanagan Historical Society, Volume 40, 1976

remarkable stories.

On July 26th, 2008, focus will be on this area rich in history and abundant natural beauty. The public will gather for a celebration. The ceremony will honour the pioneers of this province and the Treasures of the Tulameen, an area many have dedicated to preserve and protect for present and future generations. The celebration is a must for anyone interested in the beauty and history of the Tulameen region. Mark the date on your calendar! Watch for more upcoming articles on the area and its history. The day's events and times will be published closer to the opening

For more information contact Lori Thomas at the Chamber of Commerce at (250) 295-3301.

THURSDAY, JULY 10, 2008

		WTBS	CHBC 4	KNOW	KSPS 6	KHQ	KREM 8	A&E	KXLY (10)	BCTV	CITV 12	CBC	YTV (18)	TSN 19	VTV	DISC 24	FAM 26	CITY 29	SPIKE	TROP
6	AM :30	All-Family All-Family	News (N) 2nd Chnce	George S.	Caillou (El) Thomas	News (N)	News (N)	The Sopranos	(5:00) News	(5:30) News (N) III	(4:30) News (N) [E]	CBC News: Morning (N)	Erky Perky Jane	SportsCentr e 🕮	Canada AM	Daily Planet	Henrys King (ff)	Rachael Ray [#]		F/X: The Series [6]
7	AM :30	In the Heat of the Night	Body Past Lives	Clifford	Barney Arthur (EI)	Today Dr. Nancy	The Early Show (N)	American Justice [6]	Good Morning America (N)			Gofrette Curious	Jacob George S.	SportsCentr		Science	K. Possible (7.24)	CityLine [E]	VJ.P. "Mudslide Val"	Due South
8	AM :30	Jeffersons Jeffersons	Room That News	(7:54) Hi-5 Magic Bus	Curious	grilling; Ed Helms. (N)	(E)	Cold Case Files [4]	(R)		100 Huntley Street [6]	Bo On Go Busytown	Viva Pinata Flamingo	SportsCentr		Deadliest Catch	Weekend Lloyd	The Tyra Banks Show	The Kill Point	North of 60
9	AM :30	Sanford Sanford	The Mom Show [6]	Berenstain (9:33)	Super Why!	Œ	The 700 Club [6]	Cold Case Files [6]	Regis and Kelly	100 Huntley Street [6]	World Vision	Super Why!	Timothy George S.	Off-Record Fins Skins	Regis and Kelly	Daily Planet	Feet Tigger	News (N)	Pros vs. Joes	ET Canada What
10	AM :30	Harvey	Debbie Travis'	Franklin Sagwa	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami "Slow Burn"	The View	World Vision	Room	Wilbur [6]	Erky Perky Dewitt	Champ. Darts	The View	Dirty Jobs	Mickey Sprites	Movie: "Murder at		Are You Smarter
11	AM :30	Cosby	Facelift Clean House [6]	Rolie Polie	Big World Sit-Be Fit	Ellen DeGeneres	Young and the Restless	Crossing Jordan @	Paid Prog.	Past Lives House	(10:59) News (N)	Martha Stewart	Jacob Being Ian	Tyson Boxing:	Degrassi Instant	Worst Handyman	Benj Bear (11:25) King	My Door" (1996) Judith Light.	Videos Most Amazing	Mad Abt.
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1	PM :30	Fresh Pr.	Design Home	Pancakes Daniel	Painting Ouilting		As the World	American Justice (ff)	One Life to Live (N)	As the World	As the World	Today (N)	Grossology Viva Pinata	In Corner	Sue Thomas:	Sport Science	Dragon Emperor	Ellen DeGeneres	Videos Star Trek: Voyager [6]	Melrose
2	PM :30	King	Queer Eye	Paddington BluesClues	WordWorld	Millionaire	Turns (N) Guiding Light (N)	Cold Case Files [6]	General Hospital (N)	Turns (N) Guiding Light (N)	Turns (N) Guiding Light (N)	Steven and Chris @	Ruby	Horn Interruptio	F.B.Eye General Hospital (N)	MythBuster s [#]	(1:54) K. Possible	Show News [#]	Star Trek: Voyager [6]	Fresh Pr. Family Guy
3	PM :30	Friends Seinfeld	Christine	Dora the Explorer (WordGirl Arthur (EI)	Judge	Dr. Phil 🔢	Cold Case Files [6]	Rachael Ray [6]	Young and the Restless	Young and the Restless	Food Fashion	Hawks Pokemon	Off-Record Sports	Dr. Phil 📧	How-Made	Replace Emperor	News (N)	CSI: Crime Scn	Tube Tales Vanity
4	PM	Family Guy	Judge J.	Little Bear	Cyberchas	Judge J.	Oprah Winfrey [6]	CSI: Miami "Slow Burn"	Inside	Oprah Winfrey (#)	(3:59) News Global		SpongeBob OddParent	CFL Football:	Daily Show	Daily Planet		Friends Hollywood	CSI: Crime Scn	
5	:30 PM			George Shrinks	Fetch! With BBC World	News (N)	News (N)	The First 48		News (N)	(4:59) News	Simpsons	OddParent	Calgary Stampeders at Montreal	News (N)	Movie: "Dust to	Suite Life	Ugly Betty	CSI: Crime Scn	
6	:30 PM	(1997)	Ad Pers	(5:33) Mentors	News-	NBC News News (N)	CBS News News (N)	The First 48		Global News (N)	ET Canada	News [E]	SpongeBob Drake	Alouettes. (Live) [ff]	News (N)	Glory" (2005) Mario	Montana Zoey 101	Supernatur	TNA iMPACT!	What Family Guy
7	:30 PM	Oldman.	News . E! News	Reach Profiles of Nature [E]	Mike Douglas:	Raymond Jeopardy!	Hollywood Friends	The First 48		Entertain	Entertain Swingtown (N) [ff]	Coronatn	H2O Just Malcolm	CFL Football:	eTalk @	Andretti. MythBuster		Hopkins (N)	(N) Œ	Seinfeld Seinfeld
0	2700	Frasier Seinfeld	Jeopardy! Greatest American	Big Ideas	Moments Sherlock Holmes	Fortune Last Comic Standing	Scrubs Greatest American	Crime 360	The Insider Ugly Betty	ET Canada Last Comic Standing	Last Comic Standing	Who Do jPod "Feed the Need"	Prank Ptrl Fries That?	Toronto Argonauts at Edmonton	Hollywood CSI: Crime Scn	Daily Planet		News (N)	UFC Unleashed	Frasier Family Guy
8	:30 PM	Frasier Movie: "Air Force One"	Dog True H'wood	Design e2 Around the World	Globe Trekker	Last Comic Standing	Dog CSI: Crime Sen		Yan and	(N) EE	(N) EE	My Life	Futurama Prank Ptrl	Eskimos. (Live) (You Can Dance	Sport Science	Sadie Montana	(8:35) News (9:06) Jimmy	MANswers	ET Canada Seinfeld
10	:30 PM	(1997) Harrison	Charlize Theron	No. 57: History-	Soundstage	(N) (E)	Swingtown	The said	Hopkins (N)	Swingtown (N) EE	News Hour Final (N)	My Life National	Mystery Falcon Beach [tt]	SportsCentre (Live) @	Law Order:		Life Derek School	Kimmel (10:06) Movie:	Factory Wild World	The second
10	:30 PM	Ford, Gary Oldman.	News (N)	House For King	Charlie	News (N)	News (N)	The First 48		News (N)	Entertain	(11:05) 2008		SportsCentr		Glory" (2005)	Cory Suite Life	"Tears of the Sun" (2003)	Wild World "Boondock	Fresh Pr. Frasier
11	:30	"Patriot"	Guy Stuff	and Empire	Rose (N)	Tonight	Late Show	(E)	(11:35)	Œ	ET Canada	Calgary Stampede	Ghost	e Œ	News (N)	Mario Andretti.	Life Derek	Bruce Willis	Saints"	Grace

FRIDAY, JULY 11, 2008

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		All-Family All-Family	News (N)	George S.	Caillou (El) Bob Build		News (N)	The Sopranos		(5:30) News (N) [E]	(4:30) News (N) @	Morning		SportsCentr e	Canada AM	Daily Planet	Henrys King 🖼	Rachael Ray @	Star Trek: Voyager 🔃	F/X: The Series @
7	AM :30	In the Heat of the Night	Body Past Lives	Clifford	Barney Arthur (EI)	Today Rascal Flatts performs.	The Early Show (N)	American Justice	Good Morning America (N)	- 1		Gofrette	Jacob George S.	SportsCentr e		Mayday "Flying Blind"	K. Possible (7:24)	CityLine @	VI.P. "Raging Val" (£)	Due South
8	AM		Room That News	(7:54) Hi-5 Magic Bus	Curious	(N) III		Cold Case Files [tt]	Œ		100 Huntley Street [tt]	Bo On Go Busytown	Viva Pinata Flamingo	SportsCentr e @		MythBuster s 🕮	Weekend Lloyd	The Tyra Banks Show	The Kill	North of 6
0	AM	Sanford Sanford	The Mom Show [6]	Berenstain (9:33)	Super Why!		The 700 Club @	Cold Case Files [f]	Regis and Kelly	100 Huntley Street [tt]	Fighting for Canada	Super Why!	Timothy George S.	Off-Record Poker	Regis and Kelly	Daily Planet	Feet	News (N)	Pros vs. Joes	ET Canada What
0	AM	Harvey	Debbie Travis'	Franklin	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View	Hospital- Sick	Room	Wilbur @	Erky Perky	Champ. Darts	The View	Man Made Marvels (#)	Mickey (10:31)	Movie: "The Baby-Sitters	Most Amazing	Are You Smarter
1-4	AM	Harvey Cosby	Facelift Clean House (ff)		Big World	Ellen DeGeneres	Young and the Restless	Crossing Jordan (ff)	Paid Prog.	Past Lives	(10:59) News (N)	Ctowns	Jacob Jacob	High School Basketball:	S. Well-Lin	Mayday 🖭	Benj Bear	Club" (1995) 国	Videos Most Amazing	Mad Abt.
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1	:30	Fresh Pr. King	Home Queer Eye	Daniel Paddington	Scrapbook	Lives (N)	World Turns (N) Guiding	Justice Cold Case	Live (N) General	World Turns (N) Guiding	World Turns (N) Guiding	Dinner Steven and	Viva Pinata Ruby	Racing: Nationwide Series	Thomas: F.B.Eye General	Glory	Emperor (1:54)	DeGeneres Show News [#]	Voyager [ff] Star Trek:	Place (f)
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5	10000	Movie: "Ocean's Eleven"	News (N)	Shrinks (5:33)	BBC World Business	News (N) NBC News	News (N) CBS News	CSI: Miami	News ABC News	News (N) Global	(4:59) News (N) @	Simpsons Arrested	OddParent SpongeBob	CFL Football: BC Lions at	News (N)	Worst Handyman	Suite Life Montana	Bio.: Wthrspoon	CSI: Crime Scn	ET Canada What
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7	PM		E News Jeopardy!	Emily of New Moon	Wash Wk	Jeopardy!	Friends	CSI: Miami	Entertain	Entertain ET Canada	Very Bad Men @	Coronatn Laughs	Hawks Hawks	Bombers. (Live) (E)	eTalk (ff)	"Ecuador" Doomed Sisters	Wizards Movie:	The Collector	Most Amazing	Seinfeld Frasier
8	PM	Frasier Seinfeld	Mysteries	The Royal	Foreign NOW	Moments	Ghost Whisperer	Criminal Minds (E)	Dance Machine	Very Bad Men [6]	Friday Night	Air Farce Comedy	Movie: "Batman"	Sports NASCAR	Ghost Whisperer	Daily Planet	"High School Musical 2"	"The VJ" News (N) Party	Videos Disorderly Con.	Family Gu
_	PM	Frasier Movie: "Ocean's	Mysteries Dr. 90210	Himalaya- Palin	Bill Moyers Journal (N)	Dateline	NUMB3RS	CSI: Miami	(N) (E) Duel (N) (E)	NUMB3RS	NUMB3RS		(1989, Action) Jack Nicholson,	Racing: Nationwide Series –	Greek [ff]	Man vs. Wild	(9:15) Movie:	(9:06) Jimmy	Factory	Seinfeld Seinfeld
10	PM	Eleven" (2001) George	20/20 [6]	Masterpiece			Flashpoint "Scorpio"	CSI: Miami	20/20 国	Friday Night	News Hour Final (N)	National	Michael Keaton. [#]	Dollar General 300.	Flashpoint "Scorpio"	"Ecuador" Worst Handyman	"Johnny Kapahala: Back on	Kimmel (10:06) Movie: "Sex	Game	Mad Abt.
10	:30 PM	Clooney.	News (N)	TANGE OF STREET STREET	f Austin City		News (N)	CSI: Miami	News	Lights (E) News (N)	(11:03)	(11:05) 2008 Coloner		SportsCentr	News (N)	Doomed	Board" [t] (10:47) "3	Talk 5" (2004,	MANswers Disorderly	Fresh Pr. Frasier
17	:30	Movie	Guy Stuff	Age (E)	Limits (6)	Tonight	Late Show		(11:35)	Œ	ECW (N)	Calgary Stampede	Hawks	e (Live) @	News (N)	Sisters	Ninjas Knuckle Up"	Adult) (Con.	Grace

Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #105 - Rated Easy

				3		- 1		
	8	5	2			1	9	13.0
2				8		6		
3			5		9			
	4			6		9		
		1				3	4	
		4				5		
6	5			1	3	8	7	
		7	8	100				4

CHALLENGE #106 - Rated Hard

	8	1			3			
	3			Y	9	1	2	7
	4			1	5			6
	9	2	5	1	4			
		V)		7				
			6	3	8	9	7	
5			8				1	
4	1	9	3				6	
			2	1			4	10.10

THIS WEEK'S SOLUTIONS: Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2007 Carter Boswell, Princeton, BC and published by Similkameen News Leader

saturday movies

MORNING

11:30 am WTBS 3 * *"Snow Day"
(2000, Comedy) Chris Elliott.
Students steal a snow plow and fend
off its crazy driver in an attempt to
keep school closed for a second day.

AFTERNOON

12:00 pm FAM 25 ***"Honey I Shrunk the Kids" (1989, Comedy) Rick Moranis. An inventor's ray gun zaps his son, his daughter and a neighbor's boys down to pea-size in his jungle of a lawn. EE

1:33 pm FAM 26 ***"The Muppets Take Manhattan" (1984, Comedy) James Coco. Kermit and company try to take their variety show to Broadway, while Miss Piggy grows jealous of a friendly waitress.

4:00 pm YTV 18 "Batman: Mystery of the Batwoman" (2003, Action) Voices of Kevin Conroy. Animated. Batman and a new crime-fighter bat-

Voices of Kevin Conroy. Animated. Batman and a new crime-fighter battle the Penguin and his arms-smuggling operation. (In Stereo) (E) 5:00 pm WTBS (3) ***"Klss Klss, Bang Bang" (2005, Suspense) Robert Downey Jr. Hoping to land a movie role, a thief learns investigative techniques from a detective. (E) 5:30 pm SPIKE (44)

5:30 pm SPIKE 44 ★★%"Predator" (1987, Science Fiction) Amold Schwarzenegger. A sneaky alien monster attacks com-mandos on a jungle mission in South America. (In Stereo)

EVENING

6:00 pm CITY ② "Proof of Lies"
(2006, Suspense) Amanda Detmer.
On the verge of gaining fame and fortune, a research scientist suspects that her husband is trying to kill her. ② (DVS)
7:00 pm WTBS ③ *%"Lucky Numbers" (2000, Comedy) John Travolta. A TV-weatherman in financial trouble teams with his girtfriend to rig the state lottery. ②
8:00 pm KXLY ⑩ * *"The Princess Diaries 2: Royal Engagement" (2004, Romance-Comedy) Anne Hathaway. While living with her royal grandmother, a young princess must find a suitable husband in 30 days or give up the throne. (In Stereo) ②
VTV② "Burn: The Robert Wralght Story" (2004, Docudrama) Jonathan Scarfe. An activist goes against his mentor when protests turn violent against the oil company they believe polluted their land. (In Stereo) ©
9:00 pm CBC ③ * * %"Godzilla" (1954, Science Fiction) Raymond Burr. A U.S. newsman in Tokyo recounts the story of a huge dinosaur roused from the sea by an atomic blast. ②
FAM ② * * "Holy Man" (1998, Comedy-Drama) Eddie Murphy. Premiere. Sales skyrocket when a burnt-out TV programmer puts a quru on his home shopping network.

CITY 29 ** "The Day After

Tomorrow" (2004, Action) Dennis Quaid. A climatologist tries to locate his son after global warming leads to

worldwide natural disasters. 随
10:00 pm SPIKE ④ ★★"The
Thomas Crown Affair" (1999,
Suspense) Pierce Brosnan. A billion-

Suspense) Pierce Brosnan. A billionaire looking for new challenges attracts the attention of an investigator when a priceless Monet is stolen. (In Stereo)

10:53 pm FAM 26 **"Jumanji" (1995, Fantasy) Robin Williams. A magic board-game brings forth African perils and a guy who disappeared in 1969 while playing it. (In 130 pm CBC (I) **"Godzilla, King of the Monsters" (1954, Science Fiction) Raymond Burr. A U.S. newsman in Tokyo recounts the story of a huge dinosaur roused from the sea by an atomic blast. (In 150)

CITY (In 150

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sunday movies

MORNING

7:00 am DISC 24 ★★%"Dust to Glory" (2005, Documentary) Mario Andretti. Filmmaker Dana Brown follows racers competing in the annual

lows racers competing in the annual Baja 1000.
9:00 am WTBS ③ ★★"Snow Day" (2000, Comedy) Chris Elliott. Students steal a snow plow and fend off its crazy driver in an attempt to keep school closed for a second day.

A&E (9) (1989, ★★%"Lean on Me" (1989, Docudrama) Morgan Freeman. Principal Joe Clark goes to bat against drugs, crime and bad grades in his Paterson, N.J., high school. (E)

10:30 am SPIKE (44) ★★½"Predator" (1987, Science Fiction) Arnold Schwarzenegger. A sneaky alien monster attacks commandos on a jungle mission in South America. (In

Stereo)

11:00 am WTBS ③ ★½"Lucky Numbers" (2000, Comedy) John Travolta. A TV-weatherman in financial trouble teams with his girlfriend to rig the state lottery. [©]

DISC ② ★★½"Dust to Glory" (2005, Documentary) Mario Andretti. Filmmaker Dana Brown follows racers competing in the annual Baja 1000.

11:30 am A&E 9 Morning, Vietnam" (1987, Comedy) Robin Williams. In 1965 Saigon, disc jockey Adrian Cronauer turns Armed Forces Radio on its ear with his irreverent brand of humor. [EE]

AFTERNOON

12:00 pm FAM 26 ★★%"Cadet

Kelly" (2002, Comedy-Drama) Hilary Duff. A new cadet at a military academy must prove that she is stronger than the upperclassman

who wants to break her.

1:00 pm WTBS 3 ** *"Kiss
Kiss, Bang Bang" (2005,
Suspense) Robert Downey Jr.
Hoping to land a movie role, a thief
learns investigative techniques from
a detective.

SPIKE 44 ** "Scrooged"
(1988, Comedy) Bill Murray.
Premiere. A ruthless TV-network
chief meets the ghosts of
Christmases past, present and yet to
come. (In Stereo)

1:40 pm FAM 26 ** "Madeline"
(1998, Comedy-Drama) Frances
McDormand. A fearless French
orphan involves her schoolmates
and headmistress in a series of mis-

and headmistress in a series of mis-adventures. [6]

adventures. (☑ 3:00 pm WTBS ③ ★ ★ ½"Forces of Nature" (1999, Romance-Comedy) Sandra Bullock. A bridegroom hurries by plane to his wedding, but he and his seatmate must find other modes of travel. (☑ YTV [⑧ ★ ★ ½"Batman Forever" (1995, Action) Val Kilmer. The Caped Crusader woos a criminal psychologist, takes on a sidekick and battles Two-Face and the Riddler. (In Stereo) (☑ VTV [② "Black Widower" (2006, Suspense) Kelly McGillis. Authorities become suspicious about a man whose wives have died under myste-

whose wives have died under mysterious circumstances. (In Stereo)

SPIKE 44 * * "The Blg Bounce" (2004, Comedy-Drama) Owen Wilson. A seductive woman asks a drifter who works for a judge to help

her double-cross a shady developer. (In Stereo)
4:00 pm CITY 29 **Radio" (2003, Drama) Cuba Gooding Jr. Premiere. A high-school football coach becomes a mentor to a mentally impaired young man in 1970s.

coach becomes a mentor to a mentally impaired young man in 1970s South Carolina. (£)

5:00 pm WTBS ③ ★★*"Kate & Leopold" (2001, Romance-Comedy) Meg Ryan. A Manhattan woman falls in love with the 19th-century Duke of Albany who has stepped through a time portal.

EVENING

6:00 pm YTV (18) ** "Batman Returns" (1992, Action) Michael Keaton. The Caped Crusader clashes with Catwoman and saves gloomy Gotham City from the foul Penguin's plot. (In Stereo) (1992) (1993) ** ** "Kate & Leopold" (2001, Romance-Comedy) Meg Ryan. A Manhattan woman falls in love with the 19thcentury Duke of Albany who has stepped through a time portal.

9:00 pm FAM (26) ** * "Tiger Cruise" (2004, Drama) Hayden Panettiere. Terrorists strike on Sept. 11, 2001, while a teenager is visiting her father aboard the USS Constellation. (1993) Total Constellation. (1993) Danielle Panabaker. Two friends set out to reveal the true persona of a poperar whose flashy image was manu-

out to reveal the true persona of a pop star whose flashy image was manu-factured by his record company. ©



Eddie the Dalmatian invites you to visit his blog



www.frameyourpets.com

SATURDAY, JULY 12, 2008

		WTBS	CHBC 4	KNOW	KSPS 6	KHQ (7)	KREM 8	A&E	KXLY	BCTV	CITV	CBC	YTV 18	TSN 19	VTV	DISC 24	FAM 26	CITY	SPIKE	TROP
	AM	Paid Prog.	News (N)		Animal	(5:00) Today	The second second	Sell House	Good	Fishing	Fishing	Super Why!		SportsCentr		Naked	Overdrive		Disorderly	That News
6		Paid Prog.	Body	(6:37)	Fly Tying	(N) (E)	Early Show	Sell House	Morning America	Hunter	Fishn	Busytown	Viva Pinata	e 🕮	Kingdom	Science	Rangers	Dharti	Con.	Paid Prog.
_ /	AM	Subaru	Design	Dora	MotorWeek	News (N)	Care Bears	Sell House	Good	News (N)	News (N)	Bo On Go	Urban	Fishing	Katie-Orbie	Man vs.	Yin Yang	Eye on Asia	Disorderly	Are You
7	:30	Paid Prog.	Design	Clifford	Animal		Strawberry	Sell House	Morning	(6)	Œ	Pinky	Hawks	Motoring	Hobo	Wild	(7:20) Pucca		Con.	Smarter
	AM	Videos	Let's Build	George S.	Secrets		Cake [tt]	Flip This	Northwest Saturday			Wilbur @	SpongeBob	NASCAR	Good	"Ecuador" Doomed	Suite Life	Polish	Disorderly	Rosennne
8	:30	Videos	Whata	Magic Bus	Hometime		Horseland	House [4]	Œ		1 5	Goldfish	SpongeBob	Now (N)	Morning	Sisters	(8:43) Zoey	Studio [ff]	Con.	Rosenne
	AM	Movie	Foodies	Arthur	Workshop		Sushi Pack	Flip This	So Raven		Driving TV	Track and	Barnyard	NASCAR	Canada (ff)	How-Made	Cory	Bio.:	Hrsepwer	Seinfeld
9	:30		Biker TV	Upside	Old House		Dino	House [11]	So Raven		Fishing	Field	OddParent	Racing		How-Made	So Raven	Wthrspoon	MuscleCar	Seinfeld
10	AM		Bodies	Large Fam	Ask This	Dragon	Paid Prog.	Flip This	Montana	Fishn	Energy TV	MLB	Tak	X Games	Wildlife	Deadliest	Phil	CityLine [80]	Trucks!	Family Guy
10	:30		Paid Prog.	Rolie Polie	Test Kitch	Zula Patrol	Flawless	House (ff)	Suite Life	Fishing	CEOTY	Baseball: New York	Monster	Golf:		Catch [E]	Wizards		Xtreme 4x4	Family Guy
	AM		Control of the Contro	Paddington	Baking	TBA	Paid Prog.	Coreys	Emperor	Fishing	Fishing	Yankees at .	Transform	American	PLAN	Mega	School	Leo Laporte	MXC [B]	Married
ור	:30	Movie:		Little Bear	Sara	Beach	Paid Prog.	Coreys	Replace	Mining TV	Knockout	Toronto Blue Jays. (Live)	Pokemon	Championshi	Canada (E)	Builders 📧	Suite Life		Factory	Frasier
40	РМ	"Snow Day" (2000) Chris	Split Ends	Mechanics	Garden	Volleyball: AVP Crocs	PGA Tour	I Survived	Paid Prog.	News (N)	Malcolm	CE	Pokemon	P	Daily Planet	Machines	Movie:	Reviews	Factory	Friends
12	:30	Elliott. @	(E)	Mechanics	Garden	Tour	Golf: John Deere	[te]	Paid Prog.	PGA Tour	Seinfeld		Yu Gi Oh	CFL Pre	(IE)	Machines	"Honey I Shrunk the	Electric	MuscleCar	Friends
	PM		Rich Kids	Heads Up	Antiques	Golf:	Classic	I Survived	Old House	Golf: John Deere	Seinfeld	Equestrian:	Fantaste 4	CFL	Outdoor	Worst	Kids"	Jack Nation	Trucks!	Friends
1	:30	Friends	Cattle Drive	Heads Up	Roadshow	American	Third Round.	(6)	Nicklaus	Classic	Simpsons	Chrysler Classic.	Urban	Football: Saskatchewa	Fishing	Handyman	(1:33)	Countdown	Xtreme 4x4	Friends
	PM	Cheers	Fight for	Wild	Great	Championshi	Carlotte Statement	I Survived	NASCAR	Third Round. [60]	Simpsons	(Taped) [tt]	Hawks	n	Car	5th Gear	Movie: "The Muppets	Real Invest	MXC [6]	Roseanne
2	:30	Cheers	Fame [t]	Animals	Lodges- Parks	P		Œ	Angels	reale. HE	Simpsons		Hawks	Roughriders at Hamilton	Time	5th Gear	Take	Real Invest	Factory	Married
0	PM	King	True	Animals	Click &	Athlete	Paid Prog.	Crank:	NBA Acc	Simpsons	Family Guy	Sat. Report	Hawks	Tiger-Cats.	MTV	How-Made	Manhattan" (1984)	News (N)	Factory	Deal-No
3	:30	Seinfeld	Hollywood Story (E)	Wildness	Clack	Penguins	Wall St	Made in America [t]	Paid Prog.	Simpsons	Family Guy	Marketple	Hawks	Œ	Shuffle [60]	How-Made	Cory	Speakers	Disorderly	Deal
- /4	2000	Family Guy		Walk on the	Europe	Veggie	Access		Paid Prog.	Family Guy	Family Guy	The Nature	Movie:	Sports	Sue	Naked	Suite Life	Stargate	Con.	Are You
4	:30	Family Guy		Wild Side	Travels	Babar 🔃	Hollywood (N)		Edition	Family Guy	Global	of Things	"Batman: Mystery of	NASCAR	Thomas: F.B.Eye	Science (N)	Proud	Atlantis [4]	Disorderly	Smarter
-		Movie:	News (N)	Life of	Summer	News (N)	News (N)	Intervention	News	Family Guy	(4:59) News	To Be	the	Racing: Sprint Cup	First Story	Dirty Jobs	K. Possible	Murdoch	Con.	Friends
	:30	"Kiss Kiss, Bang Bang"	Sports	Mammals	Keep Up	NBC News	CBS News	"1ill., (E)	ABC News	Global	House	Announced	Batwoman"	Tel. (1997) 1997 (1997) 1997	First Story		Montana	Mysteries	Movie:	Friends
6	PM	(2005) [[]	That News	Lemur	Lawrence	News (N)	News (N)	Intervention	News	News (N)	Andromeda		Prank Ptrl	m 400. From Chicagoland	News (N)	Deadliest	Sadie	Movie:	"Predator" (1987)	Seinfeld
6	:30		What	Gardens	Welk Show	Raymond	Scrubs	Œ	The Insider	Œ	æ		Prank Ptrl	Speedway in	Œ	Catch	Flight 29	"Proof of Lies" (2006)	Amold	Seinfeld
7		Movie: "Lucky	E News	National	May-Dec.	CSI: Miami	Cold Case		Entertainm	Andromeda	Largo Winch @	2008	Ghost	Joliet, III.	W-FIVE-	Angel	So Raven	Amanda	Schwarzeneg ger.	Family Guy
-		Numbers"	Be Real	Geographic	Benny	"Collision"	(E)	"Sandra"	ent Tonight	Œ	Winch (tt)	Calgary Stampede	Ghost		Forgiveness	Angel	(7:22) Zoey	Detmer.		Family Guy
0		(2000) John Travolta.	Movie	Heartbeat	Anne of Green	Name Earl	The Unit "Outsiders"	Intervention "Charles"	14,000	Largo	Andromeda	7.7.7.	Mystery		Movie:	A Haunting	Life Derek	News (N)	TNA	That News
8	:30	Havona.		CEL	Gables	Name Earl	Outsiders	Charles	Princess Diaries 2:	Winch (N)	Œ	Calgary. (#	Mystery	SportsCentr	"Burn: The Robert	Œ	Montana	Tree	IMPACT!	What
0	PM	Cheers		Midsomer Murders "A	Anne of Green	Law & Order @	48 Hours Mystery (E)	Intervention	Royal Engagement	Andromeda (N) @	renegade	Movie: "Godzilla"	Adrenaline	e (Live) 🖽	Wraight Stone"	Dirty Jobs	Movie: "Holy Man"	Movie: "The		Friends
9	:30	Cheers		Worm in the	Gables		100000	JIII LELI	"	(A) EE	renegade	(1954)	Adrenaline	IndyCar	(2004)	1	(1998) Eddie	Day After Tomorrow"		Friends
		King	Out There	Bud" (E)	Everly Brothers	Law Order: CI		Intervention	Eli Stone	renegade	News (N)	Raymond	Mystery	Racing: Firestone	Comedy	Angel	Murphy. 🔃	(2004)	Movie: "The Thomas	Seinfeld
10	.00	Seinfeld	Out There	1				œi .	CEL	renegade	Driving TV	Burr. @	Mystery	Indy 200.	Comedy	Angel		Dennis Quaid. [4]	Crown	Seinfeld
11	PM	24 🖽	Guy Stuff	Life Begins	My Hero	News (N)	News (N)	Intervention "Sandra"	News	News (N)	J.R. Digs	News @	Ghost	SportsCentr		Deadliest Catch	(10:53) Movie:		Affair" (1999)	Deal-No Deal
11	:30		Driving TV		Roost	Sat. Night	Without	Sanda	Paid Prog.	Sat. Night	Sat. Night	"Godzilla"	Ghost	e (Live) [#	News (N)	Catter	"Jumanji"	"Druids"	(1999)	Deat

SUNDAY, JULY 13, 2008

Itimate lars lideos lideos lideos lovie: Snow Day" 1000) Chris liliott. (E) Iovie: Lucky umbers" 2000) John ravolta. Iovie: Kiss Kiss, ang Bang"	Design Paid Prog. Powerboat Neighborho	(6:37) Dora Clifford George S. Magic Bus Arthur Upside Large Fam Rolie Polie Lilly El Little Bear Avventura Avventura Entrada Entrada	Animalia Reading Mama Wishbone Coll Frm Design e2	Today (N) Today (N) Today (N) Today (N) Today (N) Today (N) To Be Announced Beach Volleyball: AVP Crocs Tour Golf: American Century	Paid Prog. Paid Prog. Paid Prog. CBS News Sunday Morning (N) Ration Paid Prog. Backroads Paid Prog. Cycling PGA Tour	Private Sessions (E) The Sopranos (E) The Sopranos (E) Movie: "Lean on Me" (1989) Morgan Freeman. (E) Movie:	Good Morning America News (N) E This Week With George Matthews Old House Paid Prog.	II) Is Written Fishful Foodies Canada News (N) E Driving TV Listen Up Hour of	Hunter Let's Build Canada Is Written TribalTrail Marriage Hour of Power © Listen Up Foodies	Doodlebop Coronatn Coronatn Coronatn Coronatn Coronatn MLB Baseball:	Flamingo Dewitt LazyTown Winx Club Ruby Viva Pinata Barnyard OddParent SpongeBob	SportsCentre () Reporters Reporters Softball: Canada vs. U.S. National Team. (Taped) Incredible	Kingdom Kids Good Morning Canada (E) PLAN Canada (E) Amnesty	5th Gear Sth Gear Movie: "Dust to Glory" (2005) Mario Andretti. Funniest Animals	Qb Overdrive Rangers Yin Yang (7:20) Pucca Suite Life (8:43) Zoey Cory So Raven	Eye on Asia Eye-Asia Festival Italiano di Johnny Lombardi (In Italian)	Factory Trucks! Hrsepwer Hrsepwer Hrsepwer Trucks! MuscleCar Trucks! Xtreme 4x4	45 Let's Build Paid Prog. Debt Part Debt Part Roseanne Roseanne Seinfeld Seinfeld
Itimate tars ideos ideos ideos Iovie: Snow Day" 1000) Chris Iliott. (II) Iovie: Lucky tumbers" 2000) John ravolta. Iovie: Kiss Kiss, ang Bang"	Design Design Paid Prog. Powerboat Neighborho od Foodies Marriage Whose Wedding Is It? Style Style Star E! News	Dora Clifford George S. Magic Bus Arthur Upside Large Fam Rolie Polie Lilly [6] Little Bear Avventura Avventura Entrada	Zula Patrol Animalia Reading Mama Wishbone Coll Frm Design e2 European Great Performanc es at the Met "Macbeth"	News (N) G Meet the Press (N) G Paid Prog. To Be Announced Beach Volleyball: AVP Crocs Tour Golf: American	CBS News Sunday Morning (N) (E) Nation Paid Prog. Backroads Paid Prog. Cycling PGA Tour	The Sopranos The Sopranos Movie: "Lean on Me" (1989) Morgan Freeman. Movie:	America News (N) This Week With George Matthews Old House Paid Prog.	Foodies Canada News (N) (E) Driving TV Listen Up Hour of	Canada Is Written TribalTrail Marriage Hour of Power © Listen Up Foodies	Doodlebop Coronatn Coronatn Coronatn Coronatn Coronatn MLB Baseball:	LazyTown Winx Club Ruby Viva Pinata Barnyard OddParent	e [5] Reporters Reporters Softball: Canada vs. U.S. National Team. (Taped)	Kids Good Morning Canada (E) PLAN Canada (E)	Movie: "Dust to Glory" (2005) Mario Andretti. Funniest Animals	Yin Yang (7:20) Pucca Suite Life (8:43) Zoey Cory So Raven	Eye-Asia Festival Italiano di Johnny Lombardi	Trucks! Hrsepwer Hrsepwer Hrsepwer MuscleCar Trucks! Xtreme 4x4	Debt Part Debt Part Roseanne Roseanne Seinfeld Seinfeld
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MONDAY, JULY 14, 2008

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6	AM :30	All-Family All-Family	News (N) 2nd Chnce	George S.	Caillou (EI) Bob Build	News (N)	News (N)	The Sopranos		(5:30) News (N) Œ	(4:30) News (N) 🖭	CBC News: Morning (N)			Canada AM			Rachael Ray [6]	Star Trek: Voyager [f]	F/X: The
7	AM :30	In the Heat of the Night	Body Past Lives	Clifford	Barney Arthur (EI)	Today (N)	The Early Show (N)	Amer. Justice	Good Morning			Gofrette	Jacob George S.	SportsCentr		Naked Science [6]	K. Possible	CityLine [6]	VJ.P. @	Due South
8	AM	Jeffersons Jeffersons	Room That News	(7:54) Hi-5 Magic Bus	Curious		Œ	Cold Case Files @	America (N)		100 Huntley Street [ff]	Bo On Go Busytown	Viva Pinata Flamingo	SportsCentr			Weekend	The Tyra Banks Show	The Kill Point	North of 60
9		Sanford	The Mom Show &	Berenstain	Super Why!		The 700 Club @	Intervention "Jason"		100 Huntley Street @	World Vision	Super Why!	Timothy	1.000	Regis and Kelly	Daily Planet	Feet		Pros vs. Joes	Tube Tales
10		Sanford Harvey	Debbie Travis'	(9:33) Franklin	Sesame Street (EI)		The Price Is	Intervention "Emily"	The View Gary	World Vision	Room	Gofrette Wilbur (E)	George S. Erky Perky	Fishing Champ. Darts	The View	Super Ships	25	Movie: "The Ron Clark	,	What X-Weighted "Kendra"
14	1304	Cosby	Facelift Clean	Sagwa Rolie Polie	Big World	Ellen DeGeneres	Young and	Crossing Jordan (£)	Oldman. Paid Prog.	Past Lives	(10:59)	Doodlebop Martha	Jacob Jacob	Bowling	Oldman. Degrassi	Blueprint	Handy Benj Bear	Story" (2006)	Videos Most	Mad Abt.
11	:30 PM	Cosby Still Stnd	House [t]	(11:33) Miss BG (£)	Sit-Be Fit Charlie	Show Paid Prog.	News (N)	The	Paid Prog.	House News (N)	News (N) E Days of our	Stewart News [tt]	Being Ian Pokemon	Bowling Bowling	Instant eTalk (ff)	for Disaster Marvels-	(11:25) King (11:49)		Amazing Videos Pros vs.	Frasier Seinfeld
12	:30 PM	Still Stnd Fresh Pr.	Design	Pancakes	Rose @	Paid Prog. Days of our	Bold & B. As the	Sopranos E Amer.	Children (N) [E] One Life to	As the	Lives (N) As the	CBC News: Today (N)	Team Grossology	Boxing E:60 (£)	Bold & B.	Asia Mega	Weekend Dragon	Ellen	Joes Star Trek:	Seinfeld Melrose
1	:30 PM	Fresh Pr.	Home Queer Eye	Daniel Paddington	Sewing WordWorld	Lives (N)	World Turns (N) Guiding	Justice Cold Case		World Turns (N) Guiding	World Turns (N) Guiding	Dinner Steven and	Viva Pinata Ruby	Horn	Thomas: F.B.Eye General	Builders [6] MythBuster	Emperor (1:54)	DeGeneres Show News [6]	Voyager [6] Star Trek:	Place [6]
2	:30	King		BluesClues	Lions	Millionaire	Light (N)	Files 🖽	Hospital (N)	Light (N)	Light (N)	Chris @	Flamingo	Interruptio	Hospital (N)	s (tt)	K. Possible		Voyager 🖭	Fresh Pr.
3	:30	Friends Seinfeld	Christine Design	Dora the Explorer @		Judge Judge	Dr. Phil @	Intervention "Jason"	Ray 🕮	Young and the Restless	Young and the Restless	Food Fashion	Hawks Transform	Off-Record Sports	Dr. Phil @	Canada's Worst Driver	Replace Emperor	News (N)	CSI: Crime Sen	Smarter
4	PM :30	Family Guy	n	Little Bear George	Cyberchas Fetch! With	Judge J. Judge J.	Oprah Winfrey 🖽	Intervention "Emily"	Inside Cops @	Oprah Winfrey @	(3:59) News Global	Frasier Red Green	SpongeBob OddParent	Billiards	Friends Frasier	Daily Planet	(4:36)	Friends Hollywood	CSI: Crime Scn	Deal-No Deal
5	PM :30	Friends Friends	News (N)	Shrinks (5:33)	BBC World Business	News (N) NBC News	News (N) CBS News	Intervention "Dan" @	1/2	News (N) Global	(4:59) News (N) Œ	Simpsons Arrested	OddParent SpongeBob	PartyPoker. net Women's	News (N)	MythBuster s 🔃	Suite Life Montana	American Gladiators (N)	CSI: Crime Scn	ET Canada What
6	PM :30	Movie: "The Cookout" (2004) [6]	Ad Pers News	Skooled! renegade	News- Lehrer	News (N) Raymond	News (N) Hollywood	Intervention "Marie" (N)	News News	News (N)	ET Canada Entertain	News @	Drake iCarly @	World Open (Taped)	News (N)	Really Big Things	Zoey 101 Life Derek	Mole	CSI: Crime Scn	X-Weighted
7	PM :30	Frasier	E! News Jeopardy!	Edge Wild	Served Wait God	Jeopardy! Fortune	Friends Scrubs	Psychic Kids	Entertain The Insider	Entertain ET Canada	Risk Takers	Coronatn Count	Malcolm Prank Ptrl	SportsCentr e (Live) [tt]	eTalk (#) Degrassi	Dirty Jobs	So Raven Smart Guy	The Mole (N) 🖽	CSI: Crime Scn	Are You Smarter
8	PM :30	Seinfeld Frasier	My Boys How I Met	Treeshoe- River	Antiques Roadshow	American Gladiators (N)	Big Bang How I Met	Paranormal Paranormal		Bones (PA)	Bones (PA)	Maria City Chase	Movie: "King of the Camp"	Off-Record	Canadian Idol Top 10 perform.	Daily Planet	Suite Life Sadie	News (N) (8:35) News	MANswers MANswers	Deal-No Deal
9	PM :30	Movie: "The Cookout" (2004) &	Nashville Star @	Dragon Sons, Phoenix	History Detectives (N)	Nashville Star (f)	Two Men Big Bang	Intervention "Dan" @		House "Ugly" (PA)	House "Ugly" (PA)	The Border	(2008), Luc Forgeron	Golf: 2008 TELUS Skins Game	Robson	Really Big Things	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: Crime Scn	Seinfeld Seinfeld
10	PM :30	Cheers	X-Weighted		The War of the World	Dateline NBC (N) @	CSI: Miami "Kill Switch"	Intervention "Marie"		Risk Takers	News Hour Final (N)	National	Falcon Beach (#)	Day 1.	CSI: Miami "Kill Switch"	Dirty Jobs	School Cory	(10:06) Movie: "View of	Star Trek: Voyager @	Married Fresh Pr.
11		Cheers Movie	News (N) Guy Stuff	Profiles of Nature @	Charlie Rose (N) @	News (N) Tonight	News (N) Late Show	Psychic Kids	News (11:35)	News (N)	Entertain ET Canada	(11:05) The Hour @	Mystery Ghost	SportsCentr e (Live) @		MythBuster s @	Suite Life Life Derek	Terror" (2003) Shannen	Deep Space 9	Frasier Grace

monday movies

MORNING

10:00 am CITY 29 **%"The Ron Clark Story" (2006, Biography) Matthew Perry. Premiere. A small-town teacher moves to New York and makes a difference in the lives of his students.

EVENING

6:00 pm WTBS ③ ★%"The Cookout"
(2004, Comedy) Ja Rule. After her son signs a contract with an NBA team, a woman invites friends and family to a wild barbecue at his new mansion. [€]
8:00 pm YTV [18] "King of the Camp"
(2008, Musical) Justin Stadnyk. A kitchen worker at a summer camp competes in wakeboarding and tries to win the heart of a counselor.

competes in wakeboarding and tries to win the heart of a counselor.

9:00 pm WTBS ③ ★%"The Cookout"
(2004, Comedy) Ja Rule. After her son signs a contract with an NBA team, a woman invites friends and family to a wild barbecue at his new mansion. ⓒ
10:06 pm CITY ② "View of Terror"
(2003, Suspense) Shannen Doherty. A mysterious yoveur stalks a young

(2003, Suspense) Shannen Doherty. A mysterious voyeur stalks a young woman after she moves into an apartment. (E) (DVS)

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Princeton Co-Generation Corporation, PO Box 2440, 301 Old Hedley Road, Princeton, BC VOX 1W0 Attention: Lynne McCutcheon. No phone calls

obituary

obituary

Evelyn Mary Smith (nee Roy)

November 22, 1920 - June 27, 2008

Evelyn Mary Smith was born on November 22, 1920 in Maidstone, Saskatchewan, and passed away peacefully at Ridgewood Lodge in Princeton on June 27, 2008. Evelyn was predeceased by her grandson Ken Rupp on August 7, 2006, and her daughter-in-law Dlana Smith on December 28, 2007. Evelyn leaves behind her 10 loving children, Emil Smith (Maureen), Darlyn Lofroth (Brian), Ethel Rupp (Bruce), Gwynne Russell (Jerny), Spencer Smith (Shelly), Brian Smith (Jan), Maitland Smith (Lori), Darryl Smith (Bev), Patricla Sharpe (Clyde) and Gerry Smith. Evelyn also leaves behind 32 grandchildren, 34 great-grandchildren, and 2 great-great-grandchildren as well as numerous life long friends she made in the last 60-plus years in the Similkameen Valley.

"Grams" as everyone called her, moved from Vegreville, Alberta to the Similkameen Valley in the 1940's and started her family. She originally worked in the cookhouse up on Copper Mountain and later cooked at various establishments throughout the Similkameen Valley. Grams finished her working life cooking for the former Outward Bound Adventure Camp just west of Keremeos. After moving to Hedley in the late 50's, Grams was very rarely found far away from her beloved home, unless it was to visit children and grand children, or to go to work. There is no funeral service as per her wishes. A Celebration of Life will be held at a later date as announced by our family.

Arrangements entrusted to HANSONS' PRINCETON FUNERAL & CREMATION CENTRE, 1-250-295-6102

Carl Henning Meyer Stenvold March 22, 1916 - July 3, 2008



Carl passed away quietly after a long battle with Alzheimers disease. He leaves to mourn his death his wife of 66 years Dorothy Lilian (Ash), his family Sandra Louise Wilson of Princeton, Roger Alan Stenvold of Edmonton, Alberta, Norman Lee Stenvold of Port Coquitlam, BC, and four grand-children; Michael William Stenvold of Edmonton, Alberta, Sarah May (Stenvold) Snider of Edmonton, Alberta, Jessica Lee Stenvold of Australia and Terrance Alexandre Stenvold of Port Coquitlam, BC and one great grandson; Allan Maurice Stenvold of Edmonton, Alberta.

Doreen Sanderson

Family and friends are warmly invited to attend a Memorial Service on Saturday, July 19, 2008 at 12:00 PM for Doreen Sanderson.

We ask that our guests gather at the Tulameen Trestle for a memorial bench dedication, with a gathering to follow at Keith & Betty Sanderson's home.

In lieu of flowers, donations in Doreen's memory can be made to the BC Cancer Society at www.bc.cancer.ca.

My wife, our mother and our nana will be missed, but never forgotten, and those who knew her, will celebrate her life through precious memories.

card of thanks

To Home Care, Princeton General Hospital staff and Ridgewood Lodge staff, a sincere THANK YOU to each and every one of you for the compassion and care shown our mother, Evelyn

Forever grateful, The Smith Family

card of thanks

Thank you for the opportunity to express my thanks to the Doctors and nurses both here and in Kelowna and to the paramedics - you were awesome! To my daughter and grandson for their love and thoughtfulness, to all my friends - what can I say? You all know who you are - so please accept my sincere thanks for all you have done for me!

- Irene Muir

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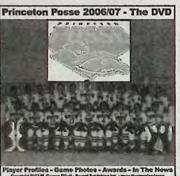
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my turn

Rationing the donations

One of the things I've noticed most of us business owners have in common in Princeton is the flood of requests we get for donations.

It slows down every now and then, but on the average week we get asked for some sort of contribution to a worthy cause probably once every other day. The requests come in e-mail, over the phone through the fax machine, through personal contact on the street and through the front door. As much as I'd like to help each and every cause, it's impossible so I've had to ration my donations.

I'm also aware of the fact I'm not the only business owner in town doing this.

Don't get me wrong, we do what we can in many different ways, but sometimes it feels as if all we are doing is giving and not receiving.

Typically we give ALL non-profit groups a cut in the advertising, which, in many cases, we can tell is appreciated greatly. Other times we aren't so sure

For example, one group once appealed to us for free advertising for an event they were hosting that they were charging a healthy fee for tickets. We understand the concept of fundraising, but after we gave the group our standard advertising discount (25% off, if you really must know) they expected us to purchase tickets at full price.

I think I was more insulted than anything else, but I got over it.

By contrast, another group invites us to two of their annual events, feeds us, makes sure we have a wonderful social experience with their group and includes us as much as they can in the other events they host. They know we're going to talk about them in the paper, so it's probably worth it to them to do what they do, which we also appreciate.

And they are a fun bunch of volunteers to be around, which takes the 'work' part out of the equation.

Overall I don't mind the flood of requests. What gets me is the ones that don't remember our name, forget to thank us, get upset when we say no or assume we are just going to fall over ourselves to help because they happen to represent Group X.

Helpful Hint: Someone else was already here an hour ago telling me the same thing about Group Y and someone else will be here tomorrow to tell me the same thing about Group Z.

I should clarify, some of these are groups from out of town trying to take a chunk out of an already small piece of the pie and take it out of the Valley. The majority of local groups have a better handle on the community and understand all business owners are getting hit up for something on a regular basis.

Some have actually figured out some business owners talk to each other about these things. And sometimes their timing is just off.

The other side of the coin is that if it wasn't for the generosity of local businesses, many of these groups could not continue to function nor could they afford to host their annual events.

Something to consider the next time someone says in a meeting it's time to canvass businesses for more donations.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

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your turn

Dorothy shares her recent report

July really has arrived with our first hot spell of summer. Are we ever satisfied with the weather? It's always too cold, too wet, too dry or too hot!

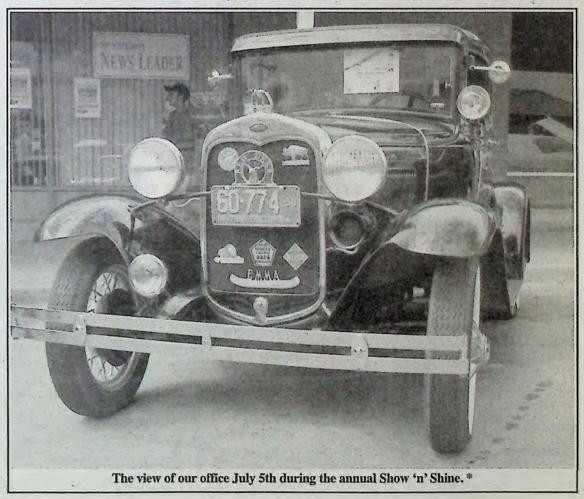
The residents here have been busy as usual. So far the deer have not destroyed our gardening efforts. The flowers are doing well and rewarding us with their pretty colours.

The line dancers came one afternoon and entertained us with their rhythmic foot work and arm and hand movements. Beth had us thinking! She scrambled the letters of words in a sentence - we had to decipher the words. Then she made a crossword puzzle - a fairy tale one, i. e. Having a blended family was a nightmare for this poor girl - 10 letters (Goldilocks).

Later we did a so-called easy Sudoku Challenge. We did finally solve it. Another day the names of countries with the letters mixed was another challenge.

We had a bus trip to Oliver via Osoyoos. We all watched for various things - the Osprey nest, Spotted Lake and all the roadside flowers. All the orchards in full leaf with fruit forming. So different from Princeton. We stopped in Oliver for a short time to shop while Aida bought us chicken and chips, salad and fluids, which we thoroughly enjoyed under shady trees in their lovely Centennial RV Park. Then on again to a local ice cream shop for our dessert just as it started to rain.

Another happy day for us! More next week! - submitted by D. Stenvold



Current Comment:

Cash and Carbon Tax: A dumb idea



Dawn Johnson editor@thenewsleader.ca

My husband and I have received \$100 each from the government. Along with the cash was a letter telling us this was a way to encourage us to reduce our carbon impact on the planet.

This is one of the dumbest ideas to come along in a long time. At our house, we use those powersaving light bulbs, drive a fuel efficient car, use as little natural gas as possible (to save money) and we recycle everything we can. We are earth-conscious people.

For people like us, and probably for the majority of British Columbians, reducing our carbon impact any further would mean going to solar power. That would do more for the planet than anything else we could do right now.

I believe our provincial government and our federal government could do a lot more with our tax dollars than doling out \$100 to each of us.

What can we do with \$100 to reduce our carbon? Could we buy a new furnace to run on electricity?

No.

I cannot think of one effective thing we could do that would reduce our carbon output with only \$100 to spend.

I do not believe our government really wants to reduce the carbon in our atmosphere. If reducing carbon was the goal, they would have established a fund to help us turn to solar powered homes.

Let's say two million British Columbians receive \$100 each every year. This creates a fund of \$200,000,000 per year to assist homeowners to convert to solar power.

At a rate of \$40,000 per home, the government could assist 5,000 homeowners per year. I believe a reduction of gas or oil heating by 5,000 homes per year would make a significant decrease in carbon emissions. At the same time, the solar powered homes would feed

back into the electrical power grid and bring revenue to power-hungry cities south of the border.

Dumb idea for the north

Residents of our northern territories are already complaining about the carbon tax, asserting it is a dumb idea for the north.

Residents of the territories no longer live in igloos and burn whale oil, but Ottawa has not noticed this change. Residents of the territories are oil and gas dependent, and this will hurt them a lot.

What do the residents of the northern territories want? They want the government to help them develop solar power systems to heat their homes, or provide some other system (whale oil is out: we're trying to save whales).

What should we be promoting? Solar power is not the only option for reducing carbon emissions from our homes.

We could be building different kinds of homes, such as cordwood, compacted earth, and straw bale homes, which are more energy efficient. Just try to get a building permit! These kinds of homes are not included in most building code books, and everybody must adhere to the local building codes.

We could have programs to retrofit for better insulation. This would cost more than \$100, but would be a better way to spend tax dollars if you really want to save the planet.

Nobody wants to talk about stopping air travel, but airplanes put carbon directly into our atmosphere in the most blatant way. Why not make air travel so expensive that people go back to railroads and ships, which are more energy efficient?

The city syndrome

I watch a Vancouver channel every moming, and news broadcasts are regularly interrupted for an update on traffic. I see thousands of cars converging on the city for the day's work. Taxing those people makes good sense, in my opinion, unless they do not have the option of taking any other form of transportation.

Why are there so many cars on the highway in the Lower Mainland? Could the government look a lot more closely at cities and find out what incentive could take the vehicles off the streets?

I invite all of you to share your ideas on creative, sensible ways to reduce carbon emissions for our planet, except for one: do not say electric cars.

Do you know how much pollution takes place to manufacture one automobile? Similkameen
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Brenda Engel
OFFICE ADMINISTRATOR
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Schneider takes People's Choice

Vermilion Artists hosted another successful Art Show during Racing Days weekend which featured a total of 56 pieces of art by 20 local artists.

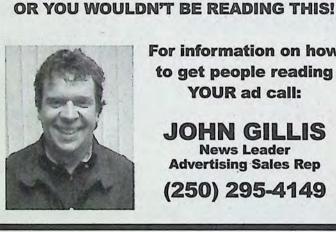
The art show, held in the former Goldion Restaurant, The Gallery, at 117 Vermilion Avenue, saw a total of 167 people view the

Popular artist Kathy Schneider won the People's Choice Award with a total of 20 votes for her work 'Market Day.'

Honourable mentioned went to Bob Cormack's 'Ruckles Point,' Lyn Melnechenko's 'Barrel Racer,' Penny Sovde's 'Nightfall At Missezula Lake,' Lyn Melnechenko's 'Building A Hoop.' Kathy Schneider's 'Don't Say A Word,' Lyn Melnechenko's 'Stetson,' Kathy Schneider's 'Curious,' Penny Sovde's 'Lone Tree Falls,' Ruth Kavanaugh's 'Fossil #4' and Sue Crompton's 'Guatemalon Woman.'

The winning works are currently on display in the window of The Gallery.

Former PSS Grad continues studies



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Fiona Rowe.

Former PSS student, Fiona Rowe graduated in June 2003 to study at the University of Calgary. On June 11th of this year she graduated from Calgary with a Bachelor of Science First Class Honours Degree in Primatology.

To complete her studies the past two years have involved much travelling for Fiona. The spring semester of 2007 took her to Central America and the jungle of Monkey River, Belize, while 2008 saw her in Ghana, West Africa, at the Boabeng-Fiema Monkey Sanctuary where she was researching features of Lowe's Guenon monkeys.

For a year, starting in September of 2008, Fiona will continue her work in Oxford, England, on a course that has recently won a Queen's Anniversary Award for the Environment. While at the University she will be studying for her Masters Degree in Primate Conservation.

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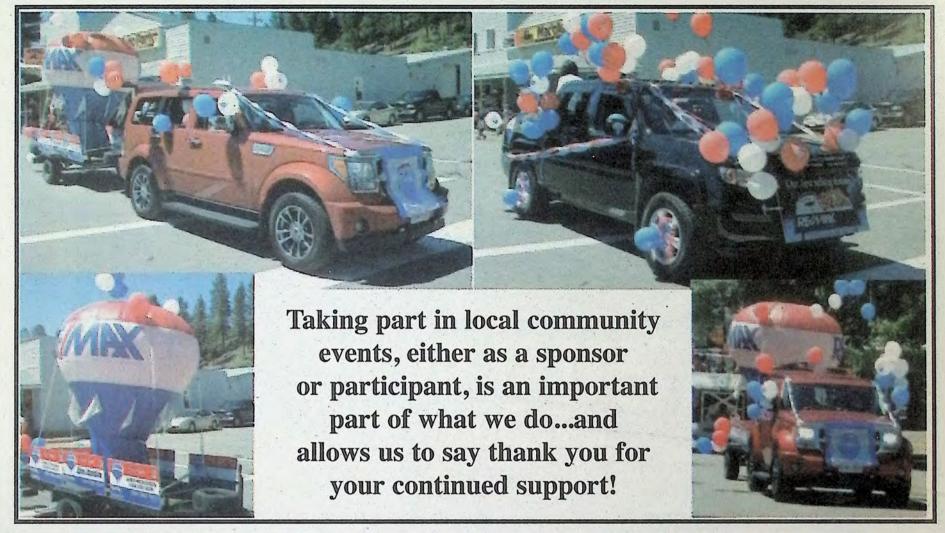
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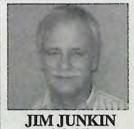
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4263 Highway 40 \$1,888,300 I just pulled six 2-pounders of trout out of Osprey Lake and I'm sitting on my deck with a glass of wine and the fish on the BBQ. That was the owner yesterday. Freedom 55 - retire here at 55 on this 55 acre parcel. mis.ca#40057





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