



Ian Elko examines the green during the Copper Mountain Bar & Grill 4th annual Golf Tournament held September 20th at Princeton Golf Club. The event was held in honour of Logan Johnson-Lay and raised over \$4,000 for BC Children's Hospital Neurosurgery Department. Photo: Jay Akerley

Chamber hosts election forum

The Princeton & District Chamber of Commerce has announced the Public Election Forum for the upcoming Federal election will be on Thursday, October 9, at 7:00 PM in the Princeton Legion Hall.

Doors will open at 6:40 PM and the program will start at 7:00 PM.

The forum will comprise of welcomes and introductions, opening remarks from each candidate, a series of prepared questions posed by the moderator alternated with open questions from the floor and closing remarks from each candidate. The evening is expected to end around 9:00 PM.

To provide the best possible overview of the community the Chamber asks you to provide your input into this process via questions

or issues you wish addressed during this forum. You can submit your questions to them by 4:00 PM on October 7th. Submit your question(s) with your contact name and phone number via fax to (250) 295-3255, e-mail to: chamber@nethop.net or in writing to PO Box 540, or drop them off at the Chamber office. No questions will be accepted via the telephone.

The order of opening remarks, question replies, and closing remarks will be determined by a random draw done in advance of the meeting.

The Chamber of Commerce provides these forums as a service for the community and businesses they serve. For further information, contact Chamber Manager, Lori Thomas at (250) 295-3103.

Community Services receives accreditation

Members of Princeton and District Community Services Society met September 22 for the annual general meeting. President Joanne Gabriel reported on another successful year of operation, and thanked employees and the community for helping to keep Community Services "a solid organization".

Derek Schreurs, of KMPG chartered accountants, presented the financial report for 2007/08, showing Community Services is maintaining solvency. In fact, Community Services is operating very well financially. Schreurs advised the Board not to become too concerned about the crisis in the American financial institutions, as Canadian institutions are more regulated.

Administrator Lynn Pelly gave an overview of the past year's activities, with emphasis on the accreditation process. Community Services received a three year accreditation.

What Community Services does
Community Services provides housing and care services for developmentally disabled adults. A two bedroom house, six self-contained apartments, and a four bedroom house offer independent living, with care support.

Community Services has a long term loan wheelchair service, and Adult Day Centre for seniors who live in their own homes, and the New Beginnings Day Program to assist people with developmental disabilities.

Vermilion Court is a large residence for low income elderly and physically handicapped persons. The 18 unit complex provides housing, meals, assisted personal care, and security.

Meals on Wheels is another form of care for disabled and elderly who reside at home. This program operated every day.

The Home Support Program is a means of keeping elderly, disabled and handicapped living at home.

In partnership with BC Transit and the Town of Princeton, Community Services operates a 20 passenger wheelchair lift equipped minibus. Those wishing to use the service must first register with Community

Services and discuss their needs with the dispatcher.

In special needs cases, Community Services partners with Community Living BC to offer one on one support for individuals to develop self-help skills to encourage and support independent living.

Families and caregivers can have temporary respite care through

Community Services.

Aspen Court, comprised of 15 three bedroom family housing units for low income families, is owned by BC Housing but managed by Community Services.

The Accessibility Committee, which encourages the Town and local businesses to make changes to provide greater accessibility for the

disabled, is part of Community Services' Board of Directors.

As the meeting concluded, there was some discussion about the need to increase low income housing for seniors. The Board of Directors will address this issue in coming months to find whether Community Services has a role to play in solving the problem.

Fair earns top marks

Princeton's annual Fall Fair is judged every year by BC Fairs Association. The judge attends one day of the fair, sees what the fair offers, talks to members of the Fair Board, volunteers and those who attend the fair. This year, Princeton's Fall Fair received top marks.

The judge commented on what a shame it was that 4-H chose not to be represented in the fair this year, as BC Fairs, as well as Princeton's Fair Board, has always promoted 4-H activities in conjunction with fairs. This is the first time local 4-H have not participated.

Another area of concern was the decrease in the livestock component of the fair, but the judge admitted

even the PNE has very few animals these days.

The judge wrote, on his evaluation, he was "very impressed with the fair. Keep up the good work."

The Fall Fair Association met September 23 for a review of the finances, and all matters pertaining to the fair, as well as a letter of complaint about an infraction of one of the rules. The financial review indicates this year's fair did not make a profit and may have lost money. The final figures will not be in until the end of October.

There was some discussion about the reduction in the number of exhibitors this year, although the exhibits were good quality. The

Junior Fair numbers were down substantially from three years ago, despite the Junior Fair booklets being in schools last June. Fair Board members wondered whether parents were unable to bring their children and children's projects to the fair, as more than one child's entries were brought in by Grandma!

Two new members joined the Fall Fair Association and were welcomed to the meeting. The next meeting will be held on October 28 at Town Hall. The annual general meeting will take place November 25 at Town Hall.

New members welcome with new ideas.



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The 'finish line' of the recent Weekend to End Breast Cancer was at Thunderbird Stadium in Vancouver. There the Princeton participants gathered for a victory photo. From left, Tammy Holland, Barb Gagnon, Trina Adams and Sandy Yee. The Breast Friends team raised \$10,720 this year and the Princeton Peaks, (Trina and Sandy) raised \$4,576. Along with the \$34,019 raised by the 21 Sweater Kittens from Tulameen, Princeton has a lot to be proud of. "We thank everyone who supported us, you were with us every step of the way," Gagnon said. "We would also like to thank Overwaitea Foods and Booster Juice for helping to support the Terry Fox run held on the following weekend. Thank you too to all the walkers and runners who came out to keep Terry's dream alive." Holland and Gagnon have already started fundraising for next year. "We call it Driving to a Cure. If you are having a special event, wedding, anniversary, bonspiel, or any special event that you may need designated drivers, we would be happy to drive people safely home. You can call us to book an evening at (250) 295-4050 or (250) 295-1371." - photo submitted

Teachers celebrate World Teachers' Day

World Teachers' Day was proclaimed by UNESCO in 1994 to raise awareness, understanding, and appreciation of the challenges facing teachers and the work they do every day.

"On October 5, teachers in Princeton will join educators around the world in millions of

classrooms to celebrate the role teachers have in our communities," said Robert Tarswell, President of the Princeton District Teachers' Union.

"The world community set aside this day to recognize teachers and the central role they play in nurturing and guiding children and youth."

One of the key goals of World Teachers' Day is to mobilize communities to ensure the needs of future generations are met by passing knowledge from one generation to the next. Here in British Columbia, teachers work hard every day to do just that.

"This World Teachers' Day, we want parents, students, and educators to think about the role standardized testing has in education," said Tarswell.

"Teachers know that learning is much more than standardized tests and we cannot undervalue the ben-

efit of a broad education. Princeton teachers are concerned about a growing focus on testing," said Tarswell.

"There is too much emphasis on ranking schools and not enough support or resources to make a difference when there are challenges like class size and class composition."

This school year, British Columbians will also have the opportunity to vote in three elections. Here in Princeton, teachers will build on World Teachers' Day to raise awareness about public education issues and how voters can make a difference.

"Teachers in Princeton know the year ahead is an important one for public education," said Tarswell.

"We will be working with parents to ensure the students in our classrooms get the resources and the support they need to reach their full potential." - submitted

Resident raises dike issue

Local resident Mary Masiel wrote to Town Council to ask that they take action to ensure public access to the dikes along both the Similkameen and Tulameen Rivers. She pointed out how important these walkways are to local people, and how good they could be as tourist attractions.

Mayor Randy McLean responded to the letter at the September 15

Council meeting, saying Council agrees with Masiel's desire to have the dikes open to public access. At the same time, he pointed out that Council cannot force private property owners to allow access.

Mayor McLean said a portion of the grant for diking will allow for a survey to establish exactly where private ownership is located and where it is not.

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Councillor Pam Jones cuts the ribbon to officially start the annual Terry Fox Run earlier this month. The event continues to be popular since the route was moved to the Trans Canada Trail a few years ago. Many Princeton area residents continue to support Terry's dream of finding a cure for cancer. - photo submitted




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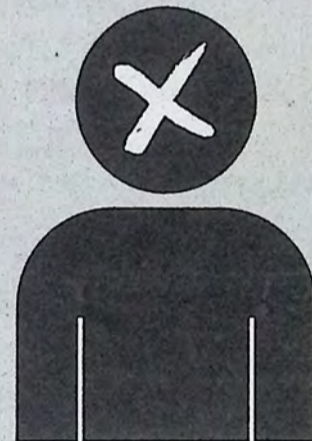
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Explore The History Of Mining - Gold, Copper and Coal

A federal general election is taking place on October 14, 2008.

New identification rules to vote!

WHEN YOU VOTE, YOU MUST PROVE YOUR IDENTITY AND ADDRESS.



YOU HAVE THREE OPTIONS:

Provide one original piece of Identification issued by a government or government agency containing your photo, name and address.
e.g.: driver's licence

OR

Provide two original pieces of Identification authorized by the Chief Electoral Officer of Canada. Both pieces must contain your name and one must also contain your address.
e.g.: health card and hydro bill

OR

Swear an oath and be vouched for by an elector who is on the list of electors in the same polling division and who has an acceptable piece or pieces of identification.
e.g.: a neighbour, your roommate

PIECES OF IDENTIFICATION AUTHORIZED BY THE CHIEF ELECTORAL OFFICER OF CANADA

IDENTITY CARDS

- Health Card
- Hospital Card
- Social Insurance Number Card
- Birth Certificate
- Driver's Licence
- Provincial/Territorial Identification Card
- Canadian Passport
- Certificate of Indian Status
- Certificate of Canadian Citizenship or Citizenship Card
- Credit/Debit Card with elector name
- Canadian Forces Identity Card
- Veterans Affairs Canada Health Card
- Employee Card Issued by employer
- Old Age Security Identification Card
- Public Transportation Card
- Student ID Card
- Library Card
- Liquor Identification Card
- Canadian Blood Services/Héma-Québec Card
- Fishing Licence
- Wildlife Identification Card
- Hunting Licence
- Firearm Acquisition Card/Firearm Possession Card
- Outdoors Card and Licences
- Local Community Service Centre Card (CLSC)

ORIGINAL DOCUMENTS (containing name and address)

- Credit Card Statement
- Bank Statement
- Utility Bill (residential telephone, cable TV, public utilities commission, hydro, gas or water)
- Attestation of Residence issued by the responsible authority of an Indian band or reserve
- Local Property Tax Assessment
- School, College or University Report Card or Transcript
- Residential Lease, Residential Mortgage Statement or Agreement
- Canada Child Tax Benefit Statement
- Income Tax Assessment Notice
- Insurance Policy
- Government Cheque or Government Cheque Stub with elector name
- Statement of Employment Insurance Benefits Paid (T4E)
- Canada Pension Plan Statement of Contributions/Quebec Pension Plan Statement of Participation
- Statement of Old Age Security (T4A) or Statement of Canada Pension Plan Benefits (T4AP)
- Statement of Benefits from provincial workplace safety or insurance board
- Statement of Direct Deposit for provincial works or provincial disability support program
- Vehicle Ownership
- Vehicle Insurance
- Attestation of Residence Issued by the responsible authorities (shelters, soup kitchens, student/senior residences, long-term care facilities)
- Letter from public curator

Note: The pieces of Identification required under the *Canada Elections Act* are not the same as those for provincial or municipal elections. The above information is also available in a number of heritage and Aboriginal languages on the Elections Canada Web site at www.elections.ca.

www.elections.ca

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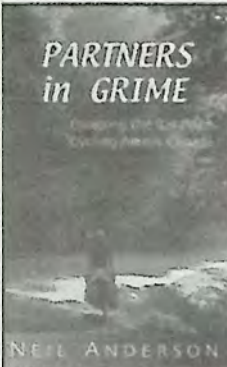
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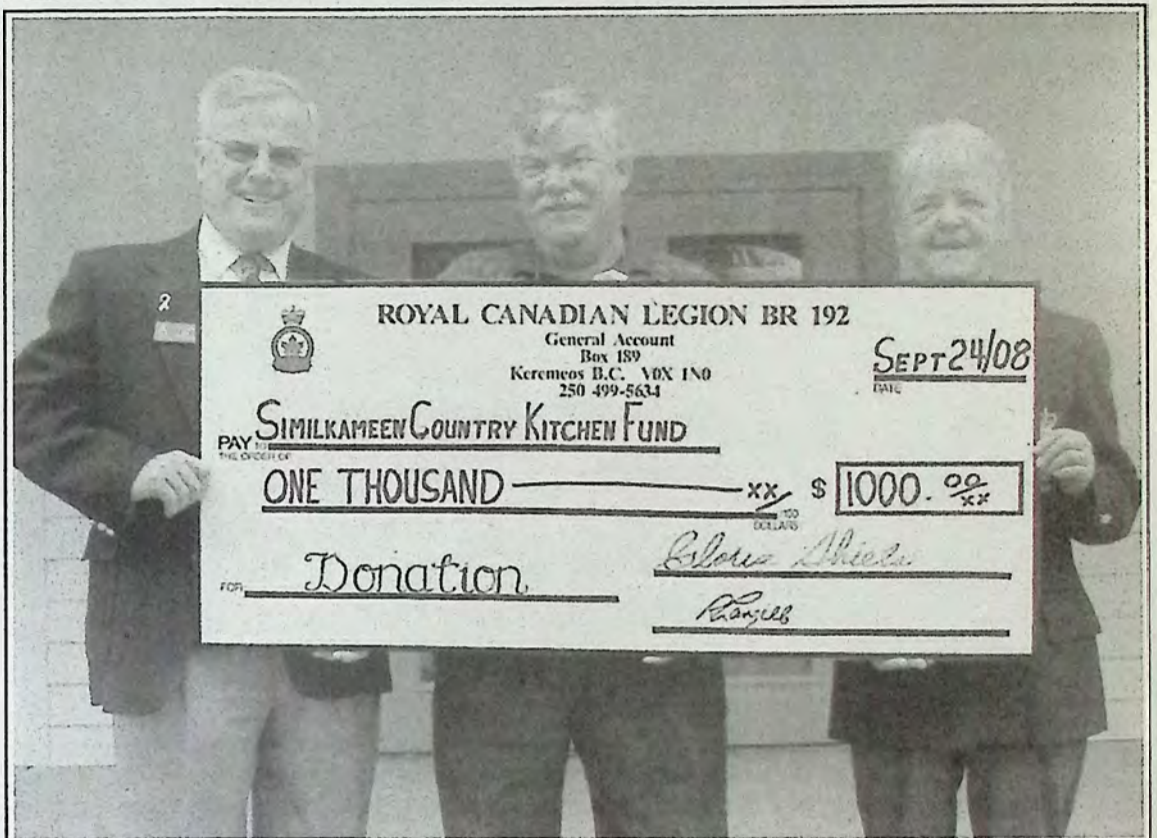
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keremeos and area news



Keremeos Royal Canadian Legion Branch 192 President Rae Langille, left, and Past President Gloria Shiels, right, present Similkameen Country President Carroll MacLean with a cheque worth \$1,000.00. The donation is to go towards equipment purchasing costs for the Community Kitchen. Langille says his Legion has contributed upwards of \$10,000 to local community events and charitable organizations this year. *

RDOS plans waste collection

Residents in Penticton, Naramata, Kaleden, West Bench, Heritage Hills and Carmi will receive Yard Waste collection starting the week of September 29th.

Residents in Okanagan Falls, Twin Lakes, Oliver, Rural Oliver, Osoyoos, Rural Osoyoos, Keremeos and the Similkameen will receive their pickups the week of October 6th.

Residents are asked to place bags out by 7:00 AM on their regular

garbage collection day.

Residents should place yard waste in clear sturdy bags and bundle branches with twine or string. Bags and bundles should only weigh a maximum of 23-kilograms/50 pounds each. The maximum size for branches or stumps is 7.5-centimetres/3 inches in diameter and 1-metre/3 feet in length. An unlimited amount of acceptable bagged or bundled yard waste will be picked up from each property.

Construction wood waste will not be picked up due to the possible damage it can cause to the compression equipment used in garbage trucks.

Invasive weeds, such as knap weed or hounds tongue, should be placed in your regular garbage or brought to your local landfill for free disposal as garbage. Contact the RDOS for more information on invasive weeds and what you can do to reduce them in our area.

There will be one more yard waste collection this year in November. For more details check your Curbside Collection Calendar or contact the RDOS or your local municipality.

All local landfills will accept up to 500-kilograms/1,100 pounds of yard and wood waste free of charge. The free yard waste drop-off at your local landfill is a great way to reduce air pollution from burning piles. For details on this program contact your local landfill.

If you have any questions regarding yard waste collection, contact the RDOS or your local municipality. The RDOS Solid Waste Department can be reached at (250) 490-4129, toll free at 1-877-610-3737 ext. 4129 or e-mail info@rdos.bc.ca. Information on the Yard Waste Collection program is also available at www.rdos.bc.ca. -submitted

Keremeos VFD Report

On Friday, September 19th, at 9:45 PM Keremeos Volunteer Firefighters responded to a structure fire on Newton Road, Cawston.

The fire in the single storey home was fully involved when the firefighters arrived. The building was unoccupied.

Firefighters worked to extinguish the fire and quickly had it knocked

down. After working further to put out the fire, mop-up, check trucks and equipment, wash hoses and lay fresh ones on the hose beds, the volunteer firefighters returned to their homes at 1:30 AM.

A crew of three firefighters and a truck remained at the scene overnight.

The fire is being investigated.

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Similkameen Country started moving into their new community resource building last week. Manager Colleen Christensen looks forward to working in the building located in Memorial Park. *

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- BUDGET 2009 CONSULTATION PAPER -

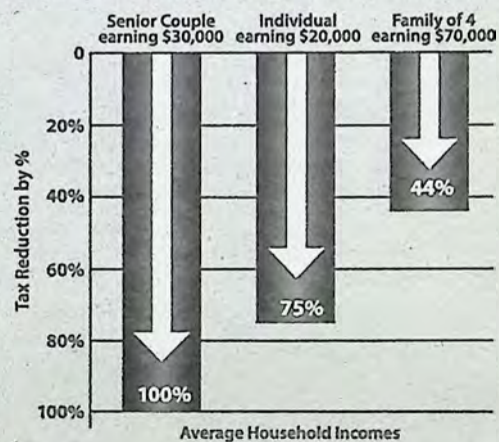
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news leader health and lifestyle page

Not following doctor's orders and paying the price in pain

(NC)—Canadians living with arthritis report they are feeling the pain. In fact, according to a new Leger Marketing survey, nine out of 10 patients are frequently frustrated by their arthritis pain, and say it has a significant impact on their lives. Even basic activities like physical exercise, socializing with friends, and going to work can be a challenge.

But despite being fed up with their arthritis pain, more often than not, Canadians are not following their doctor's instructions when it comes to pain relief medication. For example, they often alter doses and frequency as they see fit, or skip doses altogether, and do so without medical supervision. In fact, the majority find their medication works, but

87 per cent do not take it properly – if at all.

The most common reason patients give for not taking their medication as prescribed is concern about over-medicating themselves. It's the, "it's not so bad today, so I'll just grin and bear it" approach. Pain relief medication was found in the study to be altered more often than any other medication.

"Canadians should take their pain relief medication consistently because it not only works to relieve pain, but it can also prevent pain from getting worse," says Dr. Vivien Brown, family physician. "I recommend first trying over-the-counter medications with acetaminophen, found in products like Tylenol Arthritis Pain, because it is

proven to be a safe active ingredient when used alongside medications you are taking for other conditions."

Taking medication as prescribed is just one of the things Canadians should do to actively manage their arthritis and joint pain. Other simple steps include improving eating habits to maintain a healthy weight and avoid putting undue stress on joints, and becoming more active to keep joints loose.

The Just Diagnosed Toolkit is a new tool from The Arthritis Society that can help Canadians living with arthritis learn how to better manage their pain and get back to the life they enjoy. The toolkit is now available online at www.arthritis.ca/just-diagnosedkit, www.tylenol.ca, and www.livingwell.ca. - News Canada

Fresh Poached Salmon Salad with Raspberry-Orange Vinaigrette

(NC)—Turkey again? Not this year! This California salmon salad offers a nice light alternative to the traditional heavy holiday meal. If you don't want to end up belly up on the couch after dinner another year, then buck tradition and break out the salad spinner.

- 4 Fresh California King Salmon Fillets
- 2 cups white wine or vegetable broth (500 mL)
- 2 cups clam juice or fish stock (500 mL)
- 1 lemon, quartered
- 2 mint sprigs
- 8 oz mixed salad greens (250 g)
- 2 cups fresh pineapple cubes, well drained (500 mL)
- 1 1/3 cups fresh raspberries (325 mL)
- 2 kiwis, peeled and sliced
- 1/2 cup chopped cilantro (125 mL)

In a medium skillet or fish poacher, bring to a boil wine, clam juice, lemon and mint sprigs. Add the salmon, skin side up. Reduce the heat to a simmer and cook covered for 8-10 minutes until cooked through. Remove salmon from poaching liquid. Cool to room temperature and remove skin. Arrange salad greens on each of four large dinner plates. Arrange salmon, pineapple, raspberries and kiwi on the greens. Drizzle with Raspberry-Orange Vinaigrette and sprinkle with chopped cilantro.

Raspberry-Orange Vinaigrette

- 1/2 cup raspberry vinegar (125 mL)
- 1/4 cup orange juice (50 mL)

- 3 tbsp olive oil (45 mL)
- 3 tbsp shallots, minced (45 mL)
- 3 tbsp fresh mint leaves, chopped (45 mL)
- 1/2 tsp salt (2 mL)
- 1/8 tsp white pepper (0.5 mL)

In a small bowl, whisk together the raspberry vinegar, orange juice, olive oil, shallots, mint leaves, honey, salt and white pepper.

Recipe Courtesy of: The California Salmon Council - News Canada

living past 100

Don't let Winter age you

The months from September 21 to March 21 are the most unhealthy months for Canadians. Many Canadians suffer winter blues. The clinical term for this is "seasonal affective disorder", or SAD. Basically, SAD is caused by lack of sunlight. SAD, if not treated, can age you.

During the fall and winter months, most working people and many children do not spend enough time in sunlight to meet their physical needs. We wake up in the dark, drive to work in the dark, work indoors all day and then drive home in the dark. This pattern can lead to lack of Vitamin D, and the symptoms of SAD.

Lack of sunlight can contribute to depression, loss of energy, a desire to sleep long hours, and a need for sweet starchy foods which pile on the weight. Worse still, your body may start to lose bone density, leading to osteoporosis, a dangerous condition that can shorten your lifespan.

There are many ways to fight back. The first way is to make sure you spend no less than a half hour in natural light every day. You may think you need sunshine, but there is a lot of the light you need even on a cloudy day. If you are one of those people who go to work in the dark, work indoors, and go home in the dark during the winter months, you need to go for a walk at noon hour. Weekends and holidays should involve a lot of outdoor activity.

All children should be outdoors during recess, lunch hour and after school, and most of each day on weekends and holidays.

About this time of year, Health Canada will issue an advisory regarding Vitamin D. The second way to combat SAD is to take Vitamin D supplements in the form of cod liver oil or halibut liver oil. We cannot manufacture our own Vitamin D without sunlight, but these deep sea fish can do it for us by storing Vitamin D in their livers. Many people do not like the taste of these oils, but they can swallow it in capsule form. Children's dosages may vary according to the child's weight. Consult your pharmacist for guidance for children's Vitamin D supplements.

The third way to stop the effects of lack of sunlight is to buy a lamp which radiates light like sunlight. These lamps are costly, usually between \$100 and \$150, but if you are a person seriously affected by lack of sunlight, you will feel the money well spent.

Up to about 20 years ago, SAD was not given clinical recognition as a serious condition. It was often seen as a mental disorder "all in your head". These days, it is taken seriously due to damage done to overall health, as well as the damage done to bones. Vitamin D is essential for proper bone development and maintenance. Whether you simply want to maintain good bone density, or you want your children's bones to develop properly, you need Vitamin D during the fall and winter, or from one equinox to another.

Vitamin D is essential in fighting off infectious diseases such as flu and colds. Lack of Vitamin D has been linked to high blood pressure, dry skin, low energy, and a number of nerve disorders. Fortunately, Vitamin D supplements are inexpensive.

GO, POSSE, GO!



GO, POSSE, GO!



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480 Mayne Avenue
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304 Burton Avenue
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4031 Princeton-Summerland
Lakefront cabin on Osprey Lake. MLS 45318
\$499,900



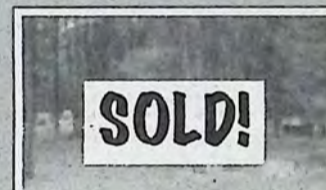
119 Ridgewood Drive
Nicely renovated townhouse in great neighbourhood, next to school. MLS 44386
\$179,900



428 Highway 3
Over 2 acres of riverfront! MLS 44691
\$339,900



L1-115 Angela Avenue
Fabulous new townhouse strata developed by one of Princeton's finest, Fred & Co. Builders. MLS 44671
\$340,000



2244 Bromley Crescent
.62 acre lot on Old Hedley Road. MLS 43626
\$100,000



189 Fenchurch Avenue
Over 3,000 sq ft offered, substantially upgraded and wonderful views and lovely bay breakfast nook, new furnace and appliances. MLS 44852
\$329,900



2141 Highway 5A
27 acres with Dry Lake view. MLS 45206
\$454,900



225 West Place
Amazing setting soaks up Tulameen River view. One owner and it shows. MLS 44850
\$310,000



401 Highway 3 W
Outstanding building on small acreage. MLS 45358
\$529,000



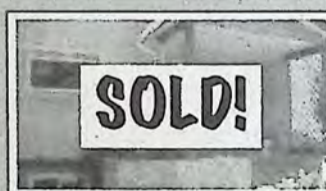
10-459 Huey Road
Located at peaceful Martins Lake. MLS 45257
\$58,000



2804 Coalmont Road
Rare 1-acre Tulameen lakeview lot! MLS 44891
\$249,900



Lot 7 2nd Street
Tulameen building lot! Drilled well. MLS 45014
\$169,900



116 Ridgewood Drive
Show & sell. Extensive renovations throughout including windows, roof and furnace, oak floors laundry up, finished basement. MLS 44539
\$189,900



178 2nd Street
Amazing Tulameen cabin with vaulted ceilings, private low maintenance lot. MLS 45966
\$339,900



2846 Princeton-Summit Rd
Outstanding 8.32 acre creekfront property 28km from town. Level, all usable. MLS 100772
\$239,900



Dan Pippin
295-6977



Heather Johnson
295-8591



Doug Haayer
295-1585



Marty Gray
295-5044



Lee Mowry
295-1990



Alana Meston
295-1580



Christy Stein
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The BC Museum of Mining at Britannia Beach. - photo submitted

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The Britannia Mines
INSIGHTS INTO BC'S HISTORY

Published by: Similkameen News Leader

by Nick Mills, Princeton Museum & Archives

Britannia Beach is a small community located on Howe Sound, twenty miles north of Vancouver on the Sea-to-Sky highway. With a population of about 300, on the grounds of the old Britannia Mine is the home of the British Columbia Museum of Mining.

The community took its name from the nearby Britannia Range of mountains, which form the east wall of the mountainous shore of Howe Sound. Around 1859, Royal Navy hydrographer Captain Richards of HMS Plumper named the range of mountains after HMS Britannia, the third of a series of vessels to bear the name. The Britannia never entered these waters.

A copper discovery on Britannia Mountain in 1888 by a Dr A. A. Forbes led to the development of the Britannia Mine. In 1899 a mining engineer named George Robinson was able to convince financial backers that the property had great potential. For several years after, Companies were formed, merged and dissolved in efforts to raise more capital.

The Britannia Mining and Smelting Company commenced mining in the early 1900's and owned the site for the next sixty years. The first ore was shipped in 1904 to the Crofton smelter on Vancouver Island and the mine reached full production in 1905.

A town grew-up around the mine and on January 1st, 1907, a Post Office was opened, it was named after the nearby mine.

In 1912 authorization was given to upgrade the operation and increase production from the mine. A new mill was completed in 1916 (Mill No 2) that was capable of producing 2,000 tons of ore per day. The onset of World War I increased the demand for copper and the price rose sharply.

On March 21st, 1915 an avalanche destroyed the Jane Camp, sixty people were killed and it was a terrible blow to the tiny community. Construction began immediately on a new and safer town. With the end of the War copper prices began to fluctuate. During a brief period of closure in 1921, Mill No 2 burnt to the ground. In October of the same year a massive flood destroyed the community on the banks of

Britannia Creek killing thirty-seven people. The flood was caused because the mining company had dammed up a portion of the creek during the construction of a railway and when the dam broke the town below was flooded. A new town was constructed and the No 3 mill, which still stands today, was built. Being an isolated, close-knit community that could only be accessed by boat, life in Britannia was never dull!

The mine boomed in the late 1920's and early 1930's, under the management of mine manager C. P. Browning and by 1929 it had become the largest producer of copper in the British Commonwealth.

Miners unionized in 1946 and organized their first strike. Low copper prices slowly reduced the work force; finally it had declined to just seven employees and in 1959 it went into liquidation.

In 1963 the Anaconda Mining Company bought the property and production continued for the next eleven years. 300 employees produced 60,000 tons of concentrate per year.

Ferries stopped in May 1965 after the highway and railway had been constructed. The connections made it easier to transport the copper, but high operating costs and taxes eventually forced the mine to close on November 1st, 1974.

In 1975 the BC Museum of Mining was opened to the public and designated as a Historic Site in 1988. The following year the Museum site was designated a British Columbia Heritage Landmark.



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www.fortisbc.com Saving energy makes sense

Sweater Kittens help raise \$4.1-million for breast cancer

On September 6 and 7, the sun was shining on 1,600 participants who each walked 60 kilometers through the streets of Vancouver in the Weekend To End Breast Cancer. The BC Cancer Foundation announced that the walkers raised over \$4.1 million in its fifth annual event.

The Sweater Kittens are a group of dedicated women who fundraised a whopping \$33,969.87 and trained extensively to prepare for the two day event. Felicia Northway, from Tulameen, is the youngest member of the Sweater Kittens at just 14. With sheer determination and dedication to find a cure for breast can-

cer, Felicia single-handedly raised over \$2,600 and walked every step of the route!

The other members of this group of walkers include Adrienne Bauder (Coquitlam), Carrie Massullo (Coquitlam), Steph Hassell (Port Coquitlam), Mardi Hassell (Tulameen), Barb Jones (North Vancouver), Kelsey Keglovic (Princeton), Sandra Gunn (Tulameen), Lori and Samantha Koerbel (Surrey), and Colleen Laferriere (Surrey).

The Sweater Kittens fundraising events over the past year have included The Boobie Ball, Snow Golf, a clothing drive, silent auction,

raffle and t-shirt sales. The team is honoured to have a wonderful group of family and friends who support and cheer them on every step of the way.

After an uplifting opening ceremony early Saturday morning at the UBC Rugby Field, The Sweater Kittens embarked on the first 30 km of their walk through the city. Saturday night, they camped at Killamey Park where Bif Naked performed during a fabulous barbecued chicken dinner.

The weekend journey ended with emotional Closing Ceremonies at the UBC Thunderbird Stadium on Sunday. Family, friends, and sup-

porters were there to greet, cheer on and congratulate the Walkers as they arrived at the stadium.

"Everyone participating this weekend is a true hero in the fight against breast cancer," says Nick Locke, Senior Vice President of Development at the BC Cancer Foundation. "The Weekend to End Breast Cancer® benefiting the BC Cancer Foundation is helping us build a world-class breast cancer research program in British Columbia."

"Thanks to these walkers and their donors we've acquired specialized equipment and funds for research projects that otherwise would not be

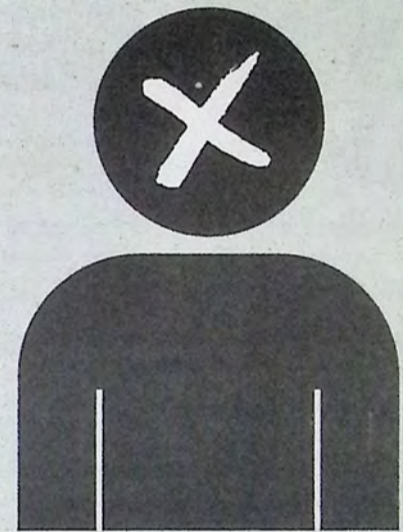
happening here in B.C.," says Dr. Sam Aparicio, head of breast cancer research at the BC Cancer Agency.

The Weekend to End Breast Cancer funding of over \$13 million over the past four years has played a crucial role in many projects at the BC Cancer Agency. Over this past year the funds have been used to support breast clinical trials across the province, the establishment of a Chair in Breast Reconstructive Surgery and a new international research study that will result in a better understanding of the many different types of breast cancer, leading to more targeted treatments and continued on Page 26

A federal general election is taking place on October 14, 2008.

New identification rules to vote!

WHEN YOU VOTE, YOU MUST PROVE YOUR IDENTITY AND ADDRESS.



YOU HAVE THREE OPTIONS:

Provide one original piece of identification issued by a government or government agency containing your photo, name and address.
e.g.: driver's licence

OR

Provide two original pieces of identification authorized by the Chief Electoral Officer of Canada. Both pieces must contain your name and one must also contain your address.
e.g.: health card and hydro bill

OR

Swear an oath and be vouched for by an elector who is on the list of electors in the same polling division and who has an acceptable piece or pieces of identification.
e.g.: a neighbour, your roommate

PIECES OF IDENTIFICATION AUTHORIZED BY THE CHIEF ELECTORAL OFFICER OF CANADA

IDENTITY CARDS

- Health Card
- Hospital Card
- Social Insurance Number Card
- Birth Certificate
- Driver's Licence
- Provincial/Territorial Identification Card
- Canadian Passport
- Certificate of Indian Status
- Certificate of Canadian Citizenship or Citizenship Card
- Credit/Debit Card with elector name
- Canadian Forces Identity Card
- Veterans Affairs Canada Health Card
- Employee Card issued by employer
- Old Age Security Identification Card
- Public Transportation Card
- Student ID Card
- Library Card
- Liquor Identification Card
- Canadian Blood Services/Héma-Québec Card
- Fishing Licence
- Wildlife Identification Card
- Hunting Licence
- Firearm Acquisition Card/Firearm Possession Card
- Outdoors Card and Licences
- Local Community Service Centre Card (CLSC)

ORIGINAL DOCUMENTS (containing name and address)

- Credit Card Statement
- Bank Statement
- Utility Bill (residential telephone, cable TV, public utilities commission, hydro, gas or water)
- Attestation of Residence issued by the responsible authority of an Indian band or reserve
- Local Property Tax Assessment
- School, College or University Report Card or Transcript
- Residential Lease, Residential Mortgage Statement or Agreement
- Canada Child Tax Benefit Statement
- Income Tax Assessment Notice
- Insurance Policy
- Government Cheque or Government Cheque Stub with elector name
- Statement of Employment Insurance Benefits Paid (T4E)
- Canada Pension Plan Statement of Contributions/Quebec Pension Plan Statement of Participation
- Statement of Old Age Security (T4A) or Statement of Canada Pension Plan Benefits (T4AP)
- Statement of Benefits from provincial workplace safety or insurance board
- Statement of Direct Deposit for provincial works or provincial disability support program
- Vehicle Ownership
- Vehicle Insurance
- Attestation of Residence issued by the responsible authorities (shelters, soup kitchens, student/senior residences, long-term care facilities)
- Letter from public curator.

Note: The pieces of identification required under the *Canada Elections Act* are not the same as those for provincial or municipal elections. The above information is also available in a number of heritage and Aboriginal languages on the Elections Canada Web site at www.elections.ca.

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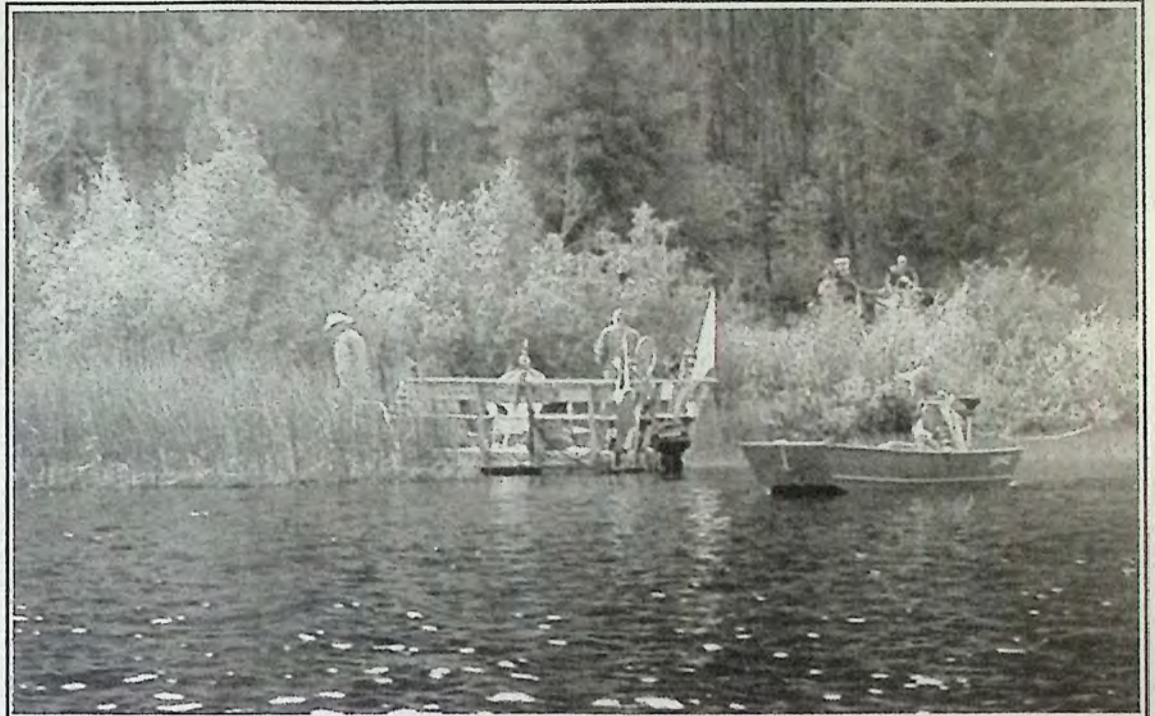
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The TD Great Canadian Shoreline Cleanup took place September 20th at Osprey Lake. - photo submitted

Volunteer program focuses on Osprey Lake

Seventeen enthusiastic volunteers took part in the TD Great Canadian Shoreline Cleanup on Saturday, September 20th.

National Cleanup Week was September 20 to 28 this year and this was the first year Osprey Lake was the 'target' in the TD Cleanup program which marks it's 15th anniversary across Canada.

The purpose of the cleanup is to keep shorelines clean and healthy for the animals, birds and plants that rely on them.

Participants met at Tellier's Fisherman's Cove then combed the shoreline of Osprey Lake looking for litter. Many different methods were used to gather garbage, which included walking, using kayaks, boats, a motorized

raft and an ATV with a trailer.

All debris was taken to Tellier's where it was sorted. Data cards are used to record and summarize the items collected. The event ended with a barbeque and campfire hosted by Terry and Greg at Tellier's Fisherman's Cove.

Items found along the shoreline and in the shallow water are a direct result of human activity including:

- a) shoreline and recreational - plastic bags, cans, cups, toys
- b) waterway - bait containers, fishing line, tarps
- c) smoking-related - cigar tips, cigarette butts
- d) dumping - batteries, car parts, tires
- e) medical/personal hygiene

Any sized article can have serious consequences for our waterways and marine life. Fish, amphibians and even small rodents can perish as a result of

swallowing cigarette butts. The material does not break down and can block their digestive tract.

During the cleanup event, some campers at Osprey Lake reported a mallard duck with fishing line entangled around its wing. The volunteers were unable to rescue the bird but report it could still use both wings.

The floor of an abandoned ice fishing hut lodged in an important bird breeding area was removed as well as metal roofing and part of an axle.

Organizers thank all volunteers who helped with the Osprey Lake Cleanup. It is up to all of us to do our part to keep our shorelines free of litter and healthy for all to enjoy.

For more information or to become involved next year visit www.vanaqua.org/cleanup.

- submitted by Terry Tellier, TD Great Canadian Cleanup Volunteer Coordinator

There's a Golden Sneaker Award?

There's times when we get items sent to our office where we just aren't too sure if we are being pulled into a prank or if it's a legitimate 'news' item.

We scratched our heads over this one. Tom Smyth apparently won the Golden Sneaker Award from the PSS PE Department.

"Tom's participation in the Ultimate Frisbee Unit was impressive," says a News Release.

"Linked with his leadership abilities by involving his classmates in activities, Tom over exceeded the expectations of him, especially in adapting rules and modeling self respect and self confidence."

The release thanks Smyth for

assisting others in the class to enjoy a successful unit.

The release ends with: "Keep up the good work, Tom!!!"



Tom Smyth

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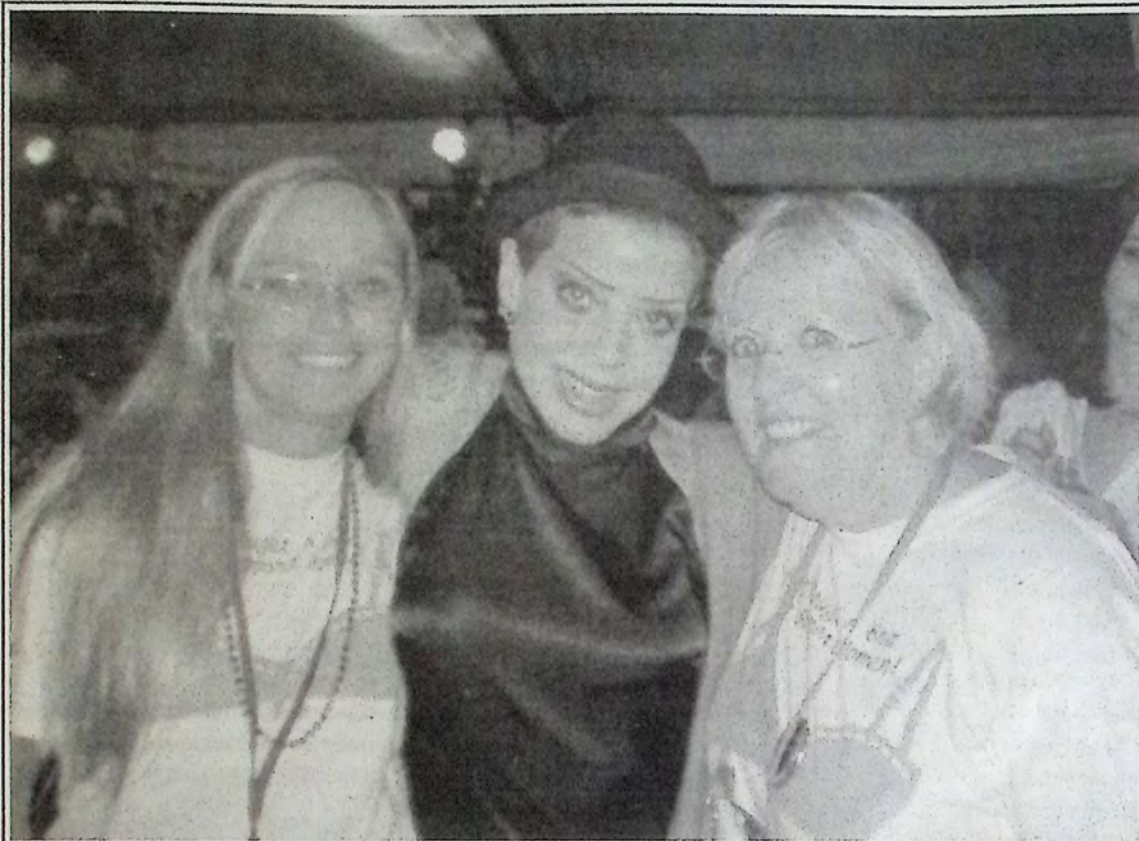
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weekly entertainment guide

TUESDAY, SEPTEMBER 30, 2008 THROUGH MONDAY, OCTOBER 6, 2008



Weekend to End Breast Cancer walkers Tammy Holland and Barb Gagnon meet performer Bif Naked after the Vancouver walk earlier this month. Bif is currently battling cancer. - photo submitted

Posse conquer Rockies

Valley First Princeton Posse hosted Columbia Valley Rockies September 26th.

Posse Assistant Coach Kevin Robillard predicted prior to the opening face off during their webcast the Rockies would "play the physical brand of hockey we like to play" and he was spot on with that statement.

Both teams battled the full sixty minutes of regulation time to control the game which saw a number of firsts including four Posse players earning their first goals of the season and the first time the Posse webcast crew went on camera during an intermission.

"Someone thought looking at us would be more interesting than watching the ice cleaner but I'm not convinced," Posse play-by-play announcer George Elliott quipped.

The game also saw the return of former Posse goalie Tanner Sheridan who had an incredible year and post-season run with Fernie last season.

"Tanner has grown a lot since he was here and we were very happy to be able to have him back in a Posse jersey," Robillard said during the game webcast.

Columbia Valley put the first goal on the scoreboard at 4:03 in the first period and held that lead into the second frame.

Princeton tied the game at 13:04 when Spencer Brooks fired a shot on goal and Kyle L'Arrivee popped the rebound in for his first goal of the season.

Princeton took the lead at 10:27 when Jared Hidber scored his first

Posse goal on the power play. Assists went to Dylan Becker and Wade Masch.

The home team widened their lead at 4:13 with another power play goal (Derrick DeLisser from Spencer Brooks and Wade Masch).

The third period saw more of the physical intensity that had kept both teams jumping in the first two-thirds of the game. In fact, the intensity level never waned in the entire game which made for some incredible action for the spectators and amazing plays for players.

At one point, Princeton held the play in the Rockie zone for quite some time while killing a penalty. A Rockie got his stick on the puck and tried to clear it when Spencer Brooks, holding his position on the blue line, jumped and hit the ice stretched out completely and managed to trap the puck with his stick, hop back on his skates and fire the puck back into the play.

Princeton added two more goals in the final frame (11:42, Jason Alessio's first goal assisted by Brody Brewster and at 5:54, Spencer Brooks added his first goal of the season assisted by Brooks

Christensen and Wade Masch).

Columbia Valley added their final goal of the night at 2:46.

Although the score was in favour of Princeton, both goalies deserve credit for keeping their teams in the game. Many scoring opportunities were spoiled by both Sheridan and Columbia Valley's Brandon Anderson.

As with a physical game, there were a lot of penalties, but only two for fighting. There was a lot of action along the boards and roughing after the whistle or hooking/slashing calls dominate the stats sheet.

Posse Assistant Coach Kevin Robillard said the game was an important win for Princeton.

"We had to send a strong message to the rest of the teams in the league that we are a force to be reckoned with."

Final score: Princeton 5, Columbia Valley 2. Penalty minutes: Columbia Valley 39, Princeton 35. Shots on goal: Princeton 36, Columbia Valley 33.

The next home game for Princeton is October 15th against Summerland Sting.

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WEDNESDAY LADIES
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THURSDAY DAY LEAGUE
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THURSDAY MIXER
Shauna Hassell (250) 295-0112/Ian Elko (250) 295-8416

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2008 Fall Fair Winners List - Part 2

- | | | |
|--|---|--|
| <p>Cake
Sponge (no entries)
Angel (no entries)
Chiffon (no entries)
Chocolate
1. Helene Ramsay
White
1. Helene Ramsay
Pie
Apple, double crust
1. Marg Eyre
Pumpkin (no entries)
Cherry or berry, two crust
1. Kim Macahonic
2. Ruth Murphy
Lemon
1. Rose Flegel
Tarts
Butter
1. Helene Ramsay
2. Marg Eyre
Fruit tarts
1. Shauna Hassell
2. Helene Ramsay
Any other tart
1. Marg Eyre
2. Helene Ramsay
Muffins
Bran (no entries)
Vegetable (carrot, zucchini) no entries
Any other muffin
1. Helene Ramsay
2. Helene Ramsay
Cookies
Chocolate chip
1. Helene Ramsay
Unbaked
1. Helene Ramsay
2. Kim macahonic
Rolled cookies (no entries)
Drop cookies
1. Helene Ramsay
Bars/squares
Brownies
1. Helene Ramsay
Bottom crust squares
1. Rose Flegel
2. Helene Ramsay
Any other
1. Marg Eyre
Candy
Fudge
1. Helene Ramsay
Brittle (no entries)
Popcorn candy (no entries)
Fruit candy (no entries)
Biscuits
Baking powder biscuits (no entries)
Scones
1. Helene Ramsay
2. Marg Eyre</p> <p>-----
HOME CANNING
Thirteen people entered 57 exhibits in this category.
Preserves
Apricots (no entries)
Blueberries
1. Rose Flegel
Cherries
1. Albert Erb
2. Dawn Johnson
3. Rose Flegel
Fruit salad (no entries)
Peaches
1. Rose Flegel
2. Judy Short
3. Dawn Johnson
Pears (no entries)
Plums</p> | <p>1. Albert Erb
2. Rose Flegel
3. Dawn Johnson
Asparagus (no entries)
beans (no entries)
beets (no entries)
Carrots (no entries)
Corn (no entries)
Tomatoes
1. no name
2. Rose Flegel
Tomatoes, stewed
3. Rose Flegel
Pickles
Beans (no entries)
Beets
1. Helene Ramsay
2. Dawn Johnson
Bread & Butter Pickles (no entries)
Cucumber pickles, sweet (no entries)
Mixed pickles
1. Albert Erb
Onions
1. Albert Erb
Zucchini (no entries) Dill
Cucumber
1. Kim Macahonic
2. Albert Erb
Dill Beans (no entries)
Dill carrots (no entries)
Relish
Beet (no entries)
Cucumber
1. Helene Ramsay
Pepper (no entries)
Corn (no entries)
Chutney
Rhubarb
1. Albert Erb
Peach (no entries)
Any other kind
1. Helene Ramsay
2. Michelle Jarvis
Sauce
Tomato
1. Marg Anderson
Chili
1. Michelle Jarvis
HP sauce (no entries)
Spaghetti sauce
1. Michelle Jarvis
Hot sauce
1. Rose Flegel
2. Christine Simpson
Apple sauce (no entries)
Jam
Apricot
1. Dawn Johnson
2. Helene Ramsay
3. Doug May
Blueberry (no entries)
Mixed fruit
1. Doug May
2. Doug May
3. Doug May
Currant (no entries)
Peach
1. Dawn Johnson
Plum
1. Dawn Johnson
Raspberry
1. Albert Erb
2. Rose Flegel
3. Dawn Johnson
Strawberry
1. Helene Ramsay
2. Noreen Barkley
Freezer jam
Strawberry
1. Sylvia Bailey</p> | <p>Raspberry
Sylvia Bailey
2. June Hope
Wild fruit jam
Wild raspberry
1. Doug May
Huckleberry (no entries)
Saskatoon (no entries)
Blackberry
1. Doug May
Wild blueberry (no entries)
Marmalade
Orange (no entries)
Lemon/orange/grapefruit
1. June Hope
Jelly
Apple
1. Albert Erb
Blackberry
1. Marg Eyre
Beet (no entries)
Blueberry (no entries)
Crabapple
1. Marg Eyre
Grape
1. Helene Ramsay
Sour cherry
1. June Hope
Raspberry
1. Noreen Barkley
Mint (no entries)
Red currant (no entries)
Wild fruit jelly
Oregon grape
1. Dawn Johnson
Rose hip (no entries)
Saskatoon (no entries)
Chokecherry
1. Judy Short
Wild raspberry (no entries)
Huckleberry (no entries)
Elderberry
1. Judy Short
Hawthorn berry (no entries)
Fruit butters
There were no entries in any of the five classes.
Beer & Wine
Only two exhibitors entered, with Marg Eyre gaining the most points.
Marg Eyre won first for red dry wine, first for red sweet wine and a first for white sweet wine. E.R. Jones placed second for red sweet wine. There were no entries in the beer classes.

Flowers and Plants
There were 18 exhibitors and 64 exhibits in this division, with Rose Flegel as top exhibitor.
Flowers
Asters, one
1. Sylvia Bailey
Assorted asters
1. Sylvia Bailey
Mini zinnia (no entries)
Giant zinnia
1. Vince Milligan
Dahlias, 2 of a kind
1. Terry Inglis
2. Vince Milligan
3. Rose Flegel
Dahlias, 1 bloom on flat dish
1. Terry Inglis
2. Vince Milligan
3. Rose Flegel
Daisies
1. Helene Ramsay
2. Sylvia Bailey
..... continued on Page 26</p> |
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TUESDAY, SEPTEMBER 30, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:15)	Thomas	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Married... Married...	F/X: The Series
7 AM	Montel Williams	Room That News	Martha Dora	Arthur (EI)	Today Sarah Ferguson; Kellie Pickler; Jewel (N)	The Early Show Interview with Gov. Sarah Palin.	American Justice	Good Morning America (N)				Poko Animal	Hawks Monster	SportsCentre	What's That About?	(6:56) Phineas	The Tyra Banks Show	Married... Married...	The Outer Limits
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious			Cold Case Files			100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre	Dirty Jobs	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60	
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700 Club	The First 48	Regis and Kelly	100 Huntley Street (N)	Hospital for Sick Kids	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet Tigger	News (N)	Married... Married...	Soap
10 AM	Trivial	The Mom Show	Noonbory (10:31)	Sesame Street (N) (EI)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Debt Part House	Wilbur	Erky Perky	Motorcycle Racing	The View (N)	Mega Builders	Mickey Movers	The O.C.	Married... Married...	Survivor-Aust. Outback
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears	UEFA	Twice in a Lifetime	Mayday	Benj Bear (11:25) King	The Bonnie Hunt Show	Married... Married...	Deal No
12 PM	Fresh Pr.	News (N)	(12:05)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News	SpongeBob	Champions League Soccer: Teams TBA.	eTalk	Sport Science	(11:49) Weekend	CityLine	Married... Married...	Seinfeld
1 PM	Still Stnd	Home to	Maggie	Painting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Dewitt Ruby	Sue Thomas: F.B.Eye	Dirty Jobs	Dragon Emperor	ER "Kisangani"	Married... Married...	King	
2 PM	King	Guiding Light (N)	BluesClues	WordWorld	Millionaire	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54) K. Possible	News	Married... Married...	King
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo o "Playtime"	Big World	Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young and the Restless	Living Food	Being Ian	Off-Record	Dr. Phil	What's That About?	Replace Emperor	News (N)	CSI: Crime Scn	Soap
4 PM	Payne	Debt Part	Paddington	Fetch! With Judge J.	Oprah Winfrey	The First 48	Inside Deal No	Oprah Winfrey	(3:59) News Global	Fashion	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Proud (4:36)	Law & Order: SVU	CSI: Crime Scn	Beverly Hills, 90210	
5 PM	Movie: "My Best Friend's Wedding"	News (N)	Martha (5:37)	Business	News (N)	News (N)	The First 48	ABC News	Global	(4:59) News (N)	Simpsons	OddParent	Preseason Hockey: Red Wings at Canadiens	News (N)	How-Made	Suite Life Montana	Opportunit y Knocks (N)	CSI: NY "Buzzkill"	Soap
6 PM	(1997)	Global	Mechanics	News-Lehrer	Millionaire	Hollywood	The First 48	News	News (N)	ET Canada	News	Drake	News (N)	Destroyed	Zoey 101	Privileged (N)	CSI: NY "YoungBlood"	Family Guy	
7 PM	Cheers	E! News	Gardens	Nova (DVS)	Jeopardy!	The Doctors	The Cleaner	Entertain	Entertain	90210 (N)	Coronatn	Malcolm	SportsCentre (Live)	eTalk	Mighty Ships "Becrux"	Wizards So Raven	New York Friends	CSI: NY	Seinfeld
8 PM	Family Guy	The Biggest Loser	World of Albert Kahn	Wild!	The Biggest Loser: Families (N)	NCIS "Agent Afloat" (N)	The Cleaner	Opportunit y Knocks (N)	House (N)	House (N)	Mercer	Malcolm	In Corner	Without a Trace (N)	Daily Planet	Suite Life Sadie	News (N)	CSI: NY "Bad Beat"	Family Guy
9 PM	Movie: "My Best Friend's Wedding"	Museum	P.O.V. "Critical Condition"	Law & Order: SVU	Without a Trace (N)	The First 48	Dancing With the Stars	90210 (N)	(9:01) Kitchen Nightmares	The Tudors (N)	Futurama	UEFA Champions League Soccer: Teams TBA.	Dancing With the Stars	Destroyed	Montana	(9:05) Jimmy Kimmel	CSI: NY "Buzzkill"	Seinfeld	
10 PM	(1997)	Pam	Rage Against the Darkness	Change	Without a Trace (N)	The First 48	Half Their Size: Weight	Kitchen Nightmares	News Hour Final (N)	National	Mystery	Adrenaline	Soccer: Teams TBA.	Law & Order: SVU	Mighty Ships "Becrux"	School Cory	American Gladiators	Star Trek: Voyager	Married... King
11 PM	Cheers	News (N)	Grannies	Charlie Rose (N)	Tonight	Late Show	The Cleaner	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	How-Made	Suite Life	Judge	Deep Space 9	King

WEDNESDAY, OCTOBER 1, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:15)	Bob Build	News (N)	News (N)	Angel	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Married... Married...	F/X: The Series
7 AM	Montel Williams	Room That News	Martha Dora	Arthur (EI)	Today National Breast Cancer Awareness Month; Martha on Today; Connie	The Early Show (N)	Angel	Good Morning America (N)				Poko Animal	Hawks Skunk Fu!	SportsCentre	Ultimates	(6:56) Phineas	The Tyra Banks Show	Married... Married...	The Outer Limits
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious			Cold Case Files			100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre	How-Made	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60	
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	Hospital for Sick Kids	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet Tigger	News (N)	Married... Married...	Reality
10 AM	Trivial	The Mom Show	Sid (10:31)	Sesame Street (N) (EI)		The Price Is Right (N)	CSI: Miami	The View (N)	Hospital for Sick Kids	Debt Part House	Wilbur	Erky Perky	Champions League Soccer: Teams TBA.	The View (N)	Destroyed	Mickey Handy	The O.C.	Married... Married...	Survivor-Aust. Outback
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Criss Angel Mindfreak	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears	UEFA	Twice in a Lifetime	Bone Detectives	Benj Bear (11:25) King	The Bonnie Hunt Show	Married... Married...	Deal No
12 PM	Fresh Pr.	News (N)	(12:05)	Charlie Rose	Paid Prog.	News (N)	Angel	All My Children (N)	News (N)	Days of our Lives (N)	News	SpongeBob	Champions League Soccer: Teams TBA.	eTalk	To Be Announced	(11:49) Weekend	CityLine	Married... Married...	Seinfeld
1 PM	Still Stnd	Home to	Maggie	Art Work	Days of our Lives (N)	As the World Turns (N)	Angel	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S.	Sue Thomas: F.B.Eye	Mighty Ships "Becrux"	Dragon Emperor	ER "Now What?"	Married... Married...	70s Show	
2 PM	King	Guiding Light (N)	BluesClues	WordWorld	Dragon	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54) K. Possible	News (N)	Married... Married...	70s Show
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo o "Buddies"	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Being Ian	Off-Record	Dr. Phil	How-Made	Replace Emperor	News (N)	CSI: Crime Scn	Reality
4 PM	Payne	Debt Part	Paddington	Fetch! With Judge J.	Oprah Winfrey	CSI: Miami	Inside Deal No	Oprah Winfrey	(3:59) News Global	Fashion	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Proud (4:36)	Law & Order: SVU	CSI: Crime Scn	Beverly Hills, 90210	
5 PM	Movie: "Steel Magnolias"	News (N)	Martha (5:37)	Business	News (N)	News (N)	Dog	News	News (N)	(4:59) News (N)	Simpsons	OddParent	Preseason Hockey: Red Wings at Canadiens	News (N)	Cash Cab	Suite Life Montana	Secret-Teen (N)	CSI: NY	Reality
6 PM	(1989) Sally Field, Dolly Parton	Global	Sparks	News-Lehrer	Millionaire	Hollywood	Dog the Bounty Hunter	News	News (N)	ET Canada	News	Drake	News (N)	Monster Moves (N)	Zoey 101	Hell's Kitchen	UFC Unleashed (N)	Family Guy	
7 PM	Cheers	E! News	Meerkat	Vote! 2008	Jeopardy!	The Doctors	Angel	Entertain	Entertain	Crime Stories	Coronatn	Malcolm	NHL Preseason Hockey: Flames at Canucks	eTalk	Mayday	Wizards So Raven	Lipstick Jungle (N)	The Ultimate Fighter (N)	Seinfeld
8 PM	Family Guy	Knight Rider (N)	Chinese School	Secrets of the Dead (N)	Knight Rider (N)	Christine Gary	Criss Angel Mindfreak	Pushing Daisies (N)	Bones (N) (PA)	Bones (N) (PA)	Mosque	Malcolm	Flames at Canucks	So You Think You Can Dance Canada	Daily Planet	Suite Life Sadie	News (N)	MANswers	Married...
9 PM	Movie: "Steel Magnolias"	Deal or No Deal	Ode to a Requiem (N)	Where We Stand	America's Got Talent	Criminal Minds (N)	Dog the Bounty Hunter	Private Practice (N)	NCIS "Agent Afloat" (N)	NCIS "Agent Afloat" (N)	fifth estate	Futurama	Sports	MythBusters	Montana	(9:06) Jimmy Kimmel	CSI: NY	Seinfeld	
10 PM	(1989) Sally Field, Dolly Parton	Charlize Theron	Bryn Terfel	P.O.V. "In the Family" (N)	Lipstick Jungle (N)	CSI: NY "Page Turner"	(10:01) Dirty Sexy Money (N)	Crime Stories	News Hour Final (N)	National	Mystery	Adrenaline	E:60 (N)	CSI: NY "Page Turner"	Cash Cab	School Cory	American Gladiators	Star Trek: Voyager	Married... 70s Show
11 PM	Cheers	News (N)	Montreal Jazz	Digital	Tonight	Late Show	Angel	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	Mayday	Suite Life	Judge	Deep Space 9	70s Show

Horoscopes

October 1 - 8, 2008

Aries - You need to be concerned with your resources. Look at your financial position, particularly debts, investments, and resources you share with others. Plan a budget, work it!

Taurus - Health issues can be a concern, but others will help you. Difficulties on the job may affect relationships. Look for win-win solution. Travel this weekend will be a pleasure.

Gemini - Your job is going to become hectic, even if fun. Health is good now, but take care! Weekend offers opportunity for good investment or financial windfall. Be alert!

Cancer - High level of activity at home continues. Children are cooperative but this could change soon. You can enjoy weekend activities with family at home. News from sibling is good.

Leo - Home is where you find peace this week, but this could change soon. You may have family squabbles, or you may be working very hard on your home. Job and health are good.

Virgo - Relationship with sibling is good, but could become contentious. Keep ego out of it. Expenses continue to trouble you. Hard work pays off this week. Make good impression.

Libra - You are still fired up, and will have a good month, but watch your spending. You could go overboard this weekend on items for home. Family could be fun on weekend.

Scorpio - You look good these days and energy climbs this weekend. You need to take time to look into inner self and set priorities for the future. Weekend brings good news, visitors.

Sagittarius - Concentrate your efforts on career and income opportunities. Use creative juices this weekend to add to income. Be cautious about temper: keep foot out of mouth.

Capricorn - Groups you belong to can bring a lot of pleasure this weekend. A combined effort on a work project can turn into fun. You are realistic about spiritual matters. Travel goes well.

Aquarius - Be cautious while driving this weekend. Career may involve difficulties, but hard work and good attitude solves problem. Matter from month ago must be done now.

Pisces - Partner is still working hard, but you can spend a good weekend at home and have fun. Examine investments with a keen eye: there may be assets you hadn't considered! Focus!

Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall, Rocklin Avenue.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym
- Little Folks Nursery School Parent/Board Meetings, 3rd Wednesday of each month, 7:00 PM at the school.
- Legion Ladies Aux., second Tuesday each month, 7:00 PM, Legion.

thursday movies

AFTERNOON

5:00 pm WTBS (3) ★★ "Bridget Jones: The Edge of Reason" (2004, Romance-Comedy) Renée Zellweger. An attractive lawyer and Bridget's former boss threaten her newfound happiness with Mark Darcy. (E)

newfound happiness with Mark Darcy. (E)
9:00 pm CHBC (4) "Whispers and Lies" (2008, Suspense) Melissa Joan Hart. A woman uncovers a dark secret when her cousin disappears on an island. (E)

EVENING

8:00 pm WTBS (3) ★★ "Bridget Jones: The Edge of Reason" (2004, Romance-Comedy) Renée Zellweger. An attractive lawyer and Bridget's former boss threaten her

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friday movies

AFTERNOON

5:00 pm WTBS (3) ★★ "The Prince & Me" (2004, Romance-Comedy) Julia Stiles. A premedical student falls in love with a Danish prince who keeps his identity a secret. (E)

in love with a Danish prince who keeps his identity a secret. (E)
9:00 pm KNOW (5) "Dalziel & Pascoe: A Clubbable Woman" (1996, Mystery) (Part 1 of 2) Colin Buchanan. Detectives seek the killer of a member's wife at a rugby club near York, England. (N) (E)

EVENING

7:00 pm YTV (18) ★★ "Cheaper by the Dozen 2" (2005, Comedy) Steve Martin. Premiere. While on vacation, Tom Baker discovers old rival Jimmy Murtaugh and his family are also there; the Bakers and Murtaughs find themselves in less-than-friendly competition. (In Stereo) (E)

FAM (26) ★★ "Air Bud: Golden Receiver" (1998, Comedy-Drama) Kevin Zegers. Premiere. A golden retriever with a flair for sports helps a boy handle football and the new boyfriend of the boy's widowed mother. (In Stereo) (E)
10:30 pm FAM (26) ★★ "Remember the Titans" (2000, Drama) Denzel Washington. A Virginia high school hires a black football coach after undergoing integration in 1971. (In Stereo) (E)

7:30 pm FAM (26) "Twitches" (2005, Fantasy) Tia Mowry. Reunited on their 21st birthday, twin sisters use their magic powers to save their kingdom from the forces of darkness.
8:45 pm WTBS (3) ★★ "The Prince & Me" (2004, Romance-Comedy) Julia Stiles. A premedical student falls

Similkameen News Leader

Recipe Corner (Recipe #239)

Brought To You By: Similkameen News Leader

Peanut Butter Brown Sugar Scones

- 2 cups Robin Hood Nutri Flour Blend
- 1/2 cup brown sugar
- 4 tsp baking powder
- 1/4 tsp salt
- 3/4 cup Jif Creamy Peanut Butter, cold
- 1/3 cup Crisco All Vegetable Shortening, cold
- 1 egg
- 1/2 cup milk

Topping

- 1/2 cup chopped, salted peanuts
- 1/3 cup brown sugar

- 1) Preheat oven to 425°F (220°C). Line a baking sheet with parchment paper.
 - 2) Combine flour, brown sugar, baking power and salt in a medium sized bowl.
 - 3) Cut in shortening and peanut butter until mixture resembles coarse meal. Add egg and milk, stirring with a fork to create a soft, slightly sticky dough. Knead gently and press dough into a ball. Place remaining brown sugar and peanuts on work surface. Press dough into mixture and shape into 3/4" (2cm) thick round. Turn dough over and press into any remaining mixture. Cut into 12 triangles and place on prepared cookie sheet.
 - 4) Bake in preheated oven for 12-15 minutes or until golden. Let cool on racks.
- Preparation Time: 15 minutes / Baking time: 15 minutes / Makes: 12 scones

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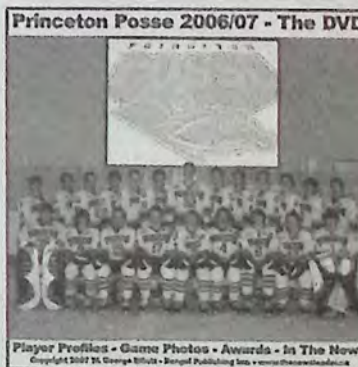
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THURSDAY, OCTOBER 2, 2008

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6 AM	Jeffersons	News (N)	(6:15)	Thomas	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's	CityLine	Married...	F/X: The Series	
6:30	Jeffersons	Christine	George S.	Lions								Grossology				King		Married...		
7 AM	Montel Williams	Room That News	Martha Dora	Arthur (EI) Martha	Today Greg Kinnear; Deborah	The Early Show (N)	American Justice	Good Morning America (N)			Poko	Hawks	SportsCentre		Maclines	(6:56)	The Tyra Banks Show	Married...	The Outer Limits	
7:30											Animal	Yu Gi Oh		Machines	Phineas			Married...		
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious	Copaken Kogan; Sloan		Cold Case Files			100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre		Mighty Ships "Becrux"	Weekend K. Possible	Rachael Ray	Married...	North of 60	
8:30	Cosby	What	Magic Bus	Sid							Busytown	Flamingo						Married...		
9 AM	Friends	Three Thkes	Berenstain	Super Why!	Barnett; Alan Alda. (N)	The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	Married...	Make	
9:30	Friends	Clifford	Clifford								Gofrette	George S.	Timber		Tigger	City	Married...	What		
10 AM	Trivial	The Mom Show	Noonbory (10:31)	Sesame Street (N) (EI)		The Price Is Right (N)	CSI: Miami	The View (N)	World Vision	Debt Part House	Wilbur	Erky Perky	UEFA Champions League	The View (N)	Cash Cab	Mickey	The O.C.	Married...	Survivor-Aust. Outback	
10:30	Trivial										Doodlebop	Dragon		Factory	Movers			Married...		
11 AM	Fam. Feud	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears	Soccer: Teams TBA.	Twice in a Lifetime	Blueprint for Disaster	Benj Bear (11:25) King	The Bonnie Hunt Show	Married...	Deal No	
11:30	Fam. Feud	Guys	Berenstain	Sit-Be Fit							Antiques	Jacob						Married...	The Nanny	
12 PM	Fresh Pr.	News (N)	(12:05)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News	SpongeBob	2007 Poker Million (N)	eTalk	Mayday	(11:49)	CityLine	Married...	Seinfeld	
12:30	Fresh Pr.	Design U	Arthur								CBC News	Grossology		Bold & B.		Weekend		Married...	Seinfeld	
1 PM	Still Std	Home to	Maggie	Painting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Dewitt		Sue Thomas: F.B.Eye	Monster Moves	Dragon	ER "The Lost"	Married...	Frasier	
1:30	Still Std	Buy Me	Daniel	Knitting							Ruby				Emperor			Married...	Frasier	
2 PM	King	Guiding Light (N)	Franklin	Barney	Raymond	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters Whirlpools	(1:54)	News	Married...	Frasier	
2:30	King		BluesClues	WordWorld	Zula Patrol						Jib Jab	Interruptio		K. Possible				Married...	Family Guy	
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo (DVS)	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living	Being Ian	Off-Record	Dr. Phil	How-Made	Replace	News (N)	CSI: Crime Scn	Make	
3:30	Seinfeld		WordGirl	Judge							Food	Pokemon	Sports	How-Made	Emperor				Fashion	
4 PM	Payne	Debt Part	Paddington	Fetch! With Judge J.	Oprah Winfrey	CSI: Miami	Inside	Oprah Winfrey	(3:59) News Global	Fashion	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Proud	Law & Order: SVU	CSI: Crime Scn	Beverly Hills, 90210		
4:30	Payne	Deal No	George S.	Cyberchas	Judge J.						Fortune	OddParent	Interruptio		(4:36)					
5 PM	Movie: "Bridget Jones: The Edge of Reason"	News (N)	Martha (5:37)	Business	NBC News	CBS News	The First 48	ABC News	Global	(4:59) News (N)	Simpsons	OddParent	Boxing: Ricardo Mayorga vs. Shane Mosley	News (N)	In the Shadow of the Moon	Suite Life Montana	Ugly Betty (N)	CSI: NY (N)	Make	
5:30											SpongeBob								What	
6 PM	Edge of Reason"	Global	Creatures	Vice	Vice	Vice	The First 48	Vice	Political Debate (Live)	Political Debate (Live)	Political Debate (Live)	Drake	Shane Mosley	Political Debate (Live)	MythBusters	Wizards	Friends		Seinfeld	
6:30		News	Animals	Presidential Debate (Live)	Presidential Debate (Live)	Presidential Debate (Live)	Jacked	Jacked			iCarly	H2O Just	SportsCentre (Live)		So Raven	Friends			Seinfeld	
7 PM	Family Guy	E! News	Edge				Jacked	Analysis			Prank Ptrl				Friends				Frasier	
7:30	Family Guy	The Insider	Big Ideas												Friends				Frasier	
8 PM	Movie: "Bridget Jones: The Edge of Reason"	Name Earl	Himalaya-Palin	Sherlock Holmes	Name Earl	Survivor: Gabon	Crime 360	Ugly Betty (N)	Survivor: Gabon (N)	Survivor: Gabon (N)	Coronatn	Malcolm	Jeopardy!	Sabrina	Off-Record	News (N)	Daily Planet	Suite Life	News (N)	The Ultimate Fighter
8:30		Name Earl																	Married...	
9 PM	Edge of Reason"	Movie: "Whispers and Lies"	Art of the Heist (N)	Globe Trekker	Millionaire Jeopardy!	CSI: Miami	The First 48	Entertain	The Office	The Office	The Nature of Things	Futurama	Score Golf	CSI: Crime Scn	Monster Moves	Montana	(9:06)	Married...	Seinfeld	
9:30												Prank Ptrl				Life Derek	Jimmy Kimmel	Married...	Seinfeld	
10 PM	Friends	(2008)	Libeskind	Soundstage	Fortune	To Be Announced	The First 48	News	90210	News Hour Final (N)	National	Mystery	NFL Films	To Be Announced	In the Shadow of the Moon	School	(10:06)	Married...	Married...	
10:30	In the Heat of the Night	News (N)	Growing Up Online	Charlie Rose (N)	News (N)	News (N)	Jacked	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	Suite Life	Judge	The Ultimate Fighter	Frasier		
11:30	Sanford	Guy Stuff	Haida Art		Tonight	Late Show	Jacked	(11:35)		ET Canada		Ghost		News (N)	Life Derek	News			Frasier	

FRIDAY, OCTOBER 3, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	Jeffersons	News (N)	(6:15)	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's	CityLine	Married...	F/X: The Series	
6:30	Jeffersons	Christine	George S.	Lions								Grossology				King		Married...		
7 AM	Montel Williams	Room That News	Martha Dora	Arthur (EI) Martha	Today Consignment shops; Katrina Szish. (N)	The Early Show (N)	American Justice	Good Morning America (N)			Poko	Hawks	SportsCentre		Mayday "Ghost Plane"	(6:56)	The Tyra Banks Show	Married...	The Outer Limits	
7:30											Animal	Team						Married...		
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious	Katrina Szish. (N)		Cold Case Files			100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre		MythBusters	Weekend	Rachael Ray	Married...	North of 60	
8:30	Cosby	What	Magic Bus	Sid							Busytown	Flamingo			K. Possible			Married...		
9 AM	Fam. Feud	Three Thkes	Berenstain	Super Why!		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	Married...	Tube Tales	
9:30	Fam. Feud	Clifford	Clifford								Gofrette	George S.	In Corner		Tigger	City	Married...	What		
10 AM	Trivial	The Mom Show	Sid	Sesame Street		The Price Is Right (N)	CSI: Miami	The View (N)	World Vision	Debt Part House	Wilbur	Erky Perky	NHRA Drag Racing: O'Reilly	The View (N)	Storm Chasers	Mickey	The O.C.	Married...	Survivor-Aust. Outback	
10:30	Trivial										Doodlebop	Jane			Handy			Married...		
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears	Mid-South Nationals. From	Twice in a Lifetime	Dirty Jobs "Shrimper"	Benj Bear (11:25) King	The Bonnie Hunt Show	Married...	Deal No	
11:30	Harvey	Guys	Berenstain	Sit and Be							Antiques	Jacob						Married...	The Nanny	
12 PM	Friends	News (N)	(12:05)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News	SpongeBob	Memphis, Tenn.	eTalk	MythBusters	(11:49)	CityLine	Married...	Seinfeld	
12:30	Fresh Pr.	Design U	Arthur								CBC News	Grossology		Bold & B.		Weekend		Married...	Seinfeld	
1 PM	Still Std	Home to	Maggie	Watercolor	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S.	Triathlon: Ironman	Sue Thomas: F.B.Eye	In the Shadow of the Moon	Dragon	ER "Dear Abby"	Married...	Fresh Pr.	
1:30	Still Std	Buy Me	Daniel	Scrapbook							Ruby				Emperor			Married...	Fresh Pr.	
2 PM	King	Guiding Light (N)	Franklin	Barney	Raymond	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54)	News	Married...	Fresh Pr.	
2:30	King		BluesClues	WordWorld	Penguins						Mr. Men	Interruptio		K. Possible				Married...	Family Guy	
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo (DVS)	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living	Being Ian	Off-Record	Dr. Phil	Cash Cab	Replace	News (N)	CSI: Crime Scn	Tube Tales	
3:30	Seinfeld		WordGirl	Judge							Food	Pokemon	Sports	How-Made	Emperor				Tube Tales	
4 PM	Payne	Debt Part	Paddington	Fetch! With Judge J.	Oprah Winfrey	CSI: Miami	Inside	Oprah Winfrey	(3:59) News Global	Fashion	SpongeBob	CFL Football: BC Lions at Toronto Argonauts. (Live)	Ellen DeGeneres Show	Daily Planet (N)	Proud	Law & Order: SVU	CSI: Crime Scn	Beverly Hills, 90210		
4:30	Payne	Deal No	George S.	Cyberchas	Judge J.						Air Farce	OddParent			(4:36)					
5 PM	Movie: "The Prince & Me" (2004)	News (N)	Martha (5:37)	Business	NBC News	CBS News	CSI: Miami "Burned"	ABC News	Global	(4:59) News (N)	Simpsons	OddParent	Fortune	SpongeBob	Greensburg (N)	Suite Life Montana	Survivorman (N) (DVS)	CSI: NY "Child's Play"	Tube Tales	
5:30																			What	
6 PM	Julia Stiles	Global	Heads Up	News-Lehrer	News (N)	News (N)	CSI: Miami "Kill Switch"	News	News (N)	ET Canada	News	Mighty B		News (N)	Man vs. Wild (N)	Zoey 101 Buzz	Secret-Teen	UFC Fight Night	Family Guy	
6:30		News	Animals	Millionaire	Hollywood					Entertain	iCarly								Family Guy	
7 PM	(7:15)	E News	Emily of New Moon	Wash Wk	Jeopardy!	The Doctors	CSI: Miami "The Score"	Entertain	Entertain	Life (N)	Coronatn	Movie: "Cheaper by the Dozen 2" (2005)	CFL Football: Calgary Stampeders at Saskatchewan Roughriders.	eTalk	Tutankhamun	Wizards	Kaya		Seinfeld	
7:30	(7:45)	The Insider		McLaughlin	Fortune			The Insider	ET Canada		Jeopardy!			Hollywood		Movie: "Twitches" (2005, Fantasy)	Chris		Family Guy	
8 PM	(8:15)	You Smarter?	The Royal	Bill Moyers Journal (N)	Toughest Jobs	Ghost Whisperer (N)	Criminal Minds	Wife Swap (N)	Life (N)	NUMB3RS (N)	Air Farce	Mercer	Saskatchewan	Daily Planet	Ghost Whisperer (N)	Man vs. Wild	Movie: "Air Bud: Golden Receiver"	(9:06)	Married...	Seinfeld
8:30	(8:45)																		Married...	
9 PM	Movie: "The Prince & Me" (2004)	Deal or No Deal (N)	"Dalziel-Pascoe"	NOW	Deal or No Deal (N)	The Ex List "Pilot" (N)	CSI: Miami "Burned"	Supernanny (N)	The Ex List "Pilot" (N)	The Ex List "Pilot" (N)	Doctor Who	Smallville	n	Supernanny (N)	Man vs. Wild	Movie: "Air Bud: Golden Receiver"	(10:06)	Game	Married...	
9:30				Vicar-Dbly															Seinfeld	
10 PM	Julia Stiles, Ben Miller	20/20 (N)	The Champagne Safari	Vicar-Dbly	Life (N)	NUMB3RS	CSI: Miami "Kill Switch"	20/20 (N)	NUMB3RS (N)	News Hour Final (N)	National	Oracle	SportsCentre (Live)	Law Order: CI	Greensburg	Movie: "Remember the Titans"	Judge	Disorderly Con.	Fresh Pr.	
10:30				NW Prof							Mystery								Game	
11 PM	In the Heat of the Night	News (N)	Guy Stuff	Haida Art	Austin City	News (N)	News (N)	CSI: Miami "The Score"	News	News (N)	(11:03) ECW	(11:05) The Hour	Mystery	SportsCentre	News (N)	Tutankhamun	News		Family Guy	
11:30					Tonight	Late Show		(11:35)			Ghost		News (N)						Family Guy	

CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #129 - Rated Easy

		3	1					5
	6			4				1
1					5	3		
8					3	5		9
	5			8				3
		2	7					4
		6	4					1
	9			3				7
5					8	2		

CHALLENGE #130 - Rated Hard

	4	9				7	6	
3								2
2			3		9			1
		2	4		3	6		
	8							3
		4	8		6	9		
6			5		1			9
9								5
	5	1				8	2	

THIS WEEK'S SOLUTIONS:

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saturday movies

MORNING

9:00 am WTBS (3) ★★ "Feeling Minnesota" (1996, Comedy-Drama) Keanu Reeves. Two lowlife lovers and a dog flee with loot to Las Vegas with angry people on their trail. (E)
 11:00 am WTBS (3) ★★½ "Corrina, Corrina" (1994, Comedy-Drama) Whoopi Goldberg. A housekeeper brings joy to a Jewish widower and his young daughter in 1959 Los Angeles. (E)

AFTERNOON

12:00 pm FAM (26) "Now You See It..." (2005, Adventure) Alyson Michalka. While producing a reality TV show, a teenager meets a magician whose powers are real but put him in danger. (In Stereo) (E)
 1:30 pm FAM (26) ★★ "Mom's Got a Date With a Vampire" (2000, Adventure) Caroline Rhea. A brother and sister must save their mother from the bite of a bloodsucking suitor. (E)
 4:00 pm YTV (18) ★★ "Doogal" (2005, Adventure) Voices of Daniel Tay. Animated. A youngster and her animal friends must stop an evil wizard from creating another ice age. Based on the cult TV series "The Magic Roundabout." (In Stereo) (E)
 5:00 pm WTBS (3) ★★½ "Twisted" (2004, Suspense) Ashley Judd. With help from her partner, a police inspector searches for a killer who is

murdering her former lovers. (E)

EVENING

6:00 pm CITY (29) ★★½ "Hide and Seek" (2000, Suspense) Daryl Hannah. Premiere. A pregnant woman is kidnapped by a childless couple who plan to raise her baby as their own. (E) (DVS)
 7:00 pm WTBS (3) ★★½ "Twisted" (2004, Suspense) Ashley Judd. With help from her partner, a police inspector searches for a killer who is murdering her former lovers. (E)
 CBC (13) ★★ "Glory Road" (2006, Drama) Josh Lucas. Coach Don Haskins leads the first all-black basketball team to NCAA victory during the 1966 season. (In Stereo) (E)
 8:00 pm KSPS (6) ★★ "Ocean's Eleven" (1960, Comedy-Drama) Frank Sinatra. Veterans of the 82nd Airborne Division devise an elaborate plot to simultaneously rob five casinos on New Year's Eve.
 YTV (18) "Justice League: The New Frontier" (2008, Action) Voices of Jeremy Sisto. Premiere. Animated. Superman, Batman, Wonder Woman, the Green Lantern, the Flash and others form an alliance to battle evil. (In Stereo) (E)
 VTV (22) "Doomstown" (2006, Drama) Chris "K.C." Collins. A man searches for answers after an attempt on his life kills his best friend. (In Stereo) (E)

9:00 pm FAM (26) "Bailey's Billions" (2005, Comedy) Dean Cain. Two embezzlers plot to steal money from a talking dog that has inherited a fortune. (In Stereo) (E)
 10:33 pm FAM (26) ★★ "Father and Scout" (1994, Comedy-Drama) Bob Saget. A man gets a chance to demonstrate his total lack of athleticism when he joins his son on a weekend camping trip. (In Stereo) (E)
 11:00 pm WTBS (3) "The Vector File" (2002, Suspense) Casper Van Dien. An innocent child unknowingly possesses a document containing the code for a mutant strain of smallpox.
 11:30 pm CBC (13) ★★½ "Spaceballs" (1987, Comedy) Mel Brooks. President Skroob pits evil Dark Helmet against Lone Starr and the half-man, half-dog Barf. (In Stereo) (E)
 11:35 pm KREM (8) ★★½ "Six Days, Seven Nights" (1998, Romance-Comedy) Harrison Ford. An emergency landing strands a New York magazine editor and a South Pacific cargo pilot on an unknown Tahitian island.

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sunday movies

MORNING

8:30 am WTBS (3) ★★½ "Corrina, Corrina" (1994, Comedy-Drama) Whoopi Goldberg. A housekeeper brings joy to a Jewish widower and his young daughter in 1959 Los Angeles. (E)
 11:00 am WTBS (3) ★★ "What About Bob?" (1991, Comedy) Bill Murray. A patient follows a pop psychiatrist on his vacation and annoys him while charming his family. (E)
 11:30 am SPIKE (44) ★★½ "Animal" (2005, Drama) Ving Rhames. A fellow inmate helps a brutal convict transform himself into a civil citizen. (In Stereo)

AFTERNOON

12:00 pm CHBC (4) ★★½ "The Bodyguard" (1992, Drama) Kevin Costner. An ex-Secret Service agent falls for his client, an actress/singer someone wants dead before the Academy Awards. (E)
 FAM (26) "Twitches" (2005, Fantasy) Tia Mowry. Reunited on their 21st birthday, twin sisters use their magic powers to save their kingdom from the forces of darkness.
 1:00 pm WTBS (3) ★★½ "Twisted" (2004, Suspense) Ashley Judd. With help from her partner, a police inspector searches for a killer who is murdering her former lovers. (E)
 KSPS (6) ★★ "The Natural History of the Chicken" (2000, Documentary) The poultry industry generates \$40 billion in revenue each year while others choose to domesticate their birds.
 1:30 pm FAM (26) "Don't Look Under the Bed" (1999, Fantasy) Erin

Chambers. A girl calls on her brother's imaginary friend to banish a mischievous boogeyman who has framed her for his pranks. (E)
 SPIKE (44) ★★ "Colors" (1988, Crime Drama) Sean Penn. A veteran policeman and his rookie partner fight Los Angeles street gangs. (In Stereo)
 3:00 pm WTBS (3) ★★½ "Trapped" (2002, Crime Drama) Charlize Theron. A young anesthesiologist and his wife try to turn the tables on three kidnappers who have their 6-year-old daughter. (E)
 YTV (18) ★★½ "Superman" (1978, Science Fiction) Christopher Reeve. Jor-El of Krypton sends his baby to Earth, where he grows up as Clark Kent and works at the Daily Planet. (In Stereo) (E)
 4:00 pm SPIKE (44) ★★½ "Boyz n the Hood" (1991, Drama) Larry Fishburne. Three boys become men, one guided by his father, in their racially divided Los Angeles neighborhood. (In Stereo)

5:00 pm WTBS (3) ★★ "The Wedding Date" (2005, Romance-Comedy) Debra Messing. A desperate woman pays a male escort \$6,000 to accompany her to London for her sister's wedding. (E)

EVENING

6:00 pm YTV (18) ★★½ "Superman Returns" (2006, Adventure) Brandon Routh. Premiere. While Lex Luthor plots against him, the Man of Steel tries to reconnect with Lois Lane and find his place in a world that learned to survive in his absence. (In Stereo) (E)
 SPIKE (44) ★★ "Training Day" (2001, Crime Drama) Denzel

Washington. A rookie cop meets a corrupt Los Angeles narcotics officer who wants to include him in his schemes. (In Stereo)
 6:45 pm WTBS (3) ★★ "The Wedding Date" (2005, Romance-Comedy) Debra Messing. A desperate woman pays a male escort \$6,000 to accompany her to London for her sister's wedding. (E)
 8:00 pm CBC (13) "Celine" (2008, Biography) Christine Ghawi. Premiere. Impoverished as a child, singer Celine Dion rises to stardom, selling more than 200 million albums. (In Stereo) (E)
 8:30 pm WTBS (3) ★★ "Escape From New York" (1981, Action) Kurt Russell. A hardened criminal is offered a pardon if he rescues the president from convicts in the prison city of Manhattan.
 SPIKE (44) ★★ "Training Day" (2001, Crime Drama) Denzel Washington. A rookie cop meets a corrupt Los Angeles narcotics officer who wants to include him in his schemes. (In Stereo)
 9:00 pm FAM (26) "Zenon: Girl of the 21st Century" (1999, Science Fiction) Kirsten Storms. A mischievous youngster who has spent her whole life in space has a lot of adjusting to do on Earth. (E)
 10:00 pm KNOW (5) "Dalziel & Pascoe: A Clubbable Woman" (1996, Mystery) (Part 1 of 2) Colin Buchanan. Detectives seek the killer of a member's wife at a rugby club near York, England. (E)
 10:37 pm FAM (26) ★★½ "Short Circuit" (1986, Comedy) Ally Sheedy. An animal lover befriends harmless runaway military robot No. 5, followed by its inventor.



Eddie the Dalmatian

invites you to visit his blog



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SATURDAY, OCTOBER 4, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Paid Prog.	News (N)	Bali (E)	America	Today (N)	(6:00) The Early Show (N)	Sell House	Good Morning America	Fishing	Whata	Super Why!	Being Ian	SportsCentre (E)	OWLTV Kingdom	Survivorman (E) (DVS)	Overdrive	About You	TNA IMPACT! (N) (E)	Let's Build
:30	Powerboat	Timothy	Fly Tying						Fishing	Fishn	Busytown	Gross		Kingdom	Rangers	Dharti		IMPACT! (N) (E)	Paid Prog.
7 AM	Subaru	Ad Pers	Martha	MotorWeek	News (N)	Cake (E)	Business	Good Morning	News (N)	News (N)	Bo On Go	Viva Pinata	Fishing	Katie-Orbie	Man vs. Wild	(6:54)	Eye on Asia		'70s Show
:30	Big Coast	Clifford	Lassie			Horseland	Sell House	Morning			Animal	Skunk Fu!	Motoring	Hobo	Wild	(7:20) Pucca			'70s Show
8 AM	Videos	Foodies	George S.	Everyday		Dino	Flip This House (E)	Emperor			Wilbur (E)	SpongeBob	NASCAR	Good Morning Canada (E)	Tutankhamun	Suite Life	Polish Studio (E)	Hrsepwer	Raymond
:30	Whata	Magic Bus	Hometime			Sushi Pack	House (E)	Replace			Goldfish	OddParent	Racing	Canada (E)	Man vs. Wild	(8:43) Zoey		MuscleCar	Raymond
9 AM	Movie: "Feeling Minnesota" (1996) (E)	El News	(9:07)	Workshop		Strawberry	Flip This House (N)	So Raven	Driving TV	NHL	Mighty B	Timber			Cash Cab	Cory	Paid Prog.	Trucks! (N)	Seinfeld
:30	Daily 10	Upside	Old House	LPGA Tour Golf: Samsung World Championships	Care Bears		House (N)	So Raven	Fishing	Hockey: New York	Barnyard	Rings			How-Made	So Raven	Program	Xtreme 4x4	Seinfeld
10 AM	How Do I Look? (E)	Maggie	Ask This		Paid Prog.	Rocco-Real	Montana	Fishn	Energy TV	Rangers vs. Tampa Bay Lightning.	Thk	NASCAR	Amnesty	Worst Handyman	Phil	CityLine (E)	UFC Fight Night	Family Gay	
:30	Look? (E)	(10:31)	Test Kitch		Paid Prog.	Parking	Suite Life	Fishing	Real Invest		Monster	Sprint Cup - Amp Energy 500 Qualifying.	Amnesty		Wizards			Family Gay	
11 AM	Movie: "Corrina, Corrina" (1994)	The Big Party Plan-Off	Dora	Food	College Football: Stanford at Notre Dame. (Live) (E)	Backroads	Parking	NASCAR	Mining TV	Fishing			FLAN	A Haunting	School	Paid Prog.		Amer Dad	
:30	Whoopi Goldberg.	Franklin	Sara	Garden	College Football: Notre Dame. (Live) (E)	Paid Prog.	Parking	Cougar	Real Invest	Big Coast	(11:45) NHL Hockey: Ottawa Senators vs. Pittsburgh Penguins. (E)	Hawks	Wolverine	Daily Planet (E)	Deadliest Catch (E)	Movie: "Now You See It..." (2005)	Hospitality		King
12 PM	Mugshots	Paddington	Antiques Roadshow		College Football: Kentucky at Alabama. (Live) (E)	Parking	College Football: Teams to Be Announced. (Live)		Energy TV	Simpsons	Simpsons	Simpsons	Simpsons	Stratus	Greensburg (E)	"Mom's Got a Date-Vampire"	Jack Nation Countdown	The Ultimate Fighter	Raymond
:30	King	Lilly (E)	Swiss Rail Journeys			The New Skinheads	Back in the Hood		Seinfeld	Simpsons	Simpsons	Simpsons	Mighty B	Brunswick	Mayday "Flying Blind"	Nite Life	The Ultimate Fighter	Wipeout (E)	
1 PM	American Chopper (E)	Scream Play (E)	George S.			Gang Unit	Redemptn		Simpsons	Family Guy	TBA	Mighty B	Mighty B	Car	Run Your Own Race	Lizzie	News (N)	The Ultimate Fighter	Family Guy
:30	Seinfeld	True Hollywood Story	Babar (E)	Click	Fortune				Family Guy	Family Guy	To Be Announced	Mighty B	Mighty B	Breeder	How-Made	Cory	Amazing	The Ultimate Fighter	Family Guy
2 PM	Payne	Kardashian	WordGirl	Europe	Veggie	Access Hollywood (N)	CSI: Miami	Paid Prog.	Family Guy	Focus	To Be Announced	Movie: "Doogal" (2005)	CFL	Twice in a Lifetime (E)	Mighty Ships "Becruz"	Suite Life Proud	Survivorman (E) (DVS)	UFC Unleashed	Amer Dad
:30	Payne	(4:32) Taste	Rudy Maxa	Turbo		CSI: Miami "Fade Out"	College Football: Teams to Be Announced. (Live)		Family Guy	Global	To Be Announced	Voices of Daniel Tay.	Blue Bombers at Edmonton	First Story	Monster Moves (E)	K. Possible	Role	UFC Unleashed	Friends
3 PM	Movie: "Twisted" (2004)	News (N)	Fetch! With	Summer	News (N)	News (N)	CSI: Miami "Fade Out"	College Football: Teams to Be Announced. (Live)	Focus	(4:59) News (N)	To Be Announced	Voices of Daniel Tay.	Eskimos. (Live) (E)	First Story	Verminator s	Sadie	Movie: "Hide and Seek" (2000)	Daryl Hannah.	Family Guy
:30	Ashley Judd. (E)	That News	Gardens	Lawrence Welk Show	News (N)	News (N)	CSI: Miami "Skeletons"	Announced. (Live)	News (N)	Disaster-Cent.	Sat. Report	Adrenaline	News (N)	Verminator s	Flight 29	So Raven	News (N)	Family Guy	
4 PM	Movie: "Twisted" (2004)	E News	National Geographic	May-Dec. Time Goes	CSI: NY "Rain" (E)	Cold Case (E)	The Sopranos (E)		Disaster-Cent.	Painkiller Jane (E)	Movie: "Glory Road" (2006) Josh Lucas. (E)	Wolverine Transform	Boxing: Yuriokis Gamboa vs. Marcos Ramirez. (Live) (E)	W-FIVE-Sledhead	Angel	(7:22) Zoey		Family Guy	
:30	Ashley Judd. (E)	Richards	Heartbeat (E)	Movie: "Ocean's Eleven" (1960) Frank Sinatra.	Knight Rider (E)	48 Hours Mystery (E)	The Sopranos (E)	Movies	Painkiller Jane (E)	Sinking a Destroyer	Movie: "Justice League: The New Frontier" (E)	Wolverine Transform	Chris "K.C." Collins.	A Haunting	Life Derek	News (N)	Reviews	Married... What	
5 PM	Cheers	Dr. 90210 (E)	Midsomer Murders "Ghosts of"	Paul McCartney: Space	Law & Order: SVU	CSI: Miami "Skeletons"	Entertainment Tonight	Kenny	News (N)	City Chase (N) (E)	Hawks	Series of Poker	Verminator s	Movie: "Bailey's Billions" (2005)	Thomas	MANswers	Amer Dad		
:30	Family Guy	Celebrity Weddings	Christmas Past"					Trailer	Trailer	Driving TV	Oracle	Law & Order: SVU	Angel	(10:33)	Paid Prog.	Married... Seinfeld			
6 PM	King	E News	Montreal Jazz	Peter, Bethany & Rufus	News (N)	News (N)	The Sopranos (E)	News	News (N)	J.R. Digs	News (E)	Mystery	SportsCentre (Live) (E)	A Haunting	Movie: "Father and Scout"	Role	Most Amazing Videos	Raymond	
:30	Seinfeld	ANatical			Sat. Night	"6 Days"		Paid Prog.	Sat. Night	Sat. Night	"Space	Ghost	News (N)			Body Tech		Raymond	

SUNDAY, OCTOBER 5, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Stars	Pioneers	Maya	Today (N)	Paid Prog.	Private Sessions (N)	Good Morning America	Is Written	Driving TV	Nanalan'	Being Ian	SportsCentre (E)	Good Morning Canada (E)	Mayday "Flying Blind"	Overdrive	Mix TV	Married... Married...	Fish TV	
:30	Saved-Bell	Pioneers	Timothy	Fetch! With	Paid Prog.			Fishful	Let's Build	Lunar Jim	Dewitt			Rangers					
7 AM	Saved-Bell	Hunter	Martha	Zula Patrol	News (N)	CBS News Sunday Morning	The Sopranos (N) (E)	Foodies	Canada	Doodlebop	Winx Club	Reporters		In the Shadow of the Moon	(6:54)	Eye on Asia	Married... Married...	King	
:30	Videos	Going	Clifford	Animalia				Canada	Is Written	Coronatn	Viva Pinata	Reporters		(7:20) Pucca					
8 AM	Videos	Let's Build	George S.	Reading	Meet the Press (N) (E)	Nation	The Sopranos (E)	News (N)	TribalTrail	Coronatn	Being Ian	NFL Countdown (Live) (E)	Kids	Suite Life	Eye-Asia	Hrsepwer	Raymond		
:30	Movie: "Corrina, Corrina" (1994)	Powerboat	Magic Bus	Real	Friend	NFL Today (Live) (E)	The Cleaner (E)	This Week With George	Marriage	Coronatn	Ruby	PLAN	PLAN	(8:43) Zoey	Festival Italiano di Johnny Lombardi (In Italian)	MuscleCar	Raymond		
9 AM	Whoopi Goldberg. (E)	Neighborhoo	(9:07)	Wishbone	Friend	NFL Today (Live) (E)	The Cleaner (E)	This Week With George	Hour of Power (E)	Coronatn	OddParent	PLAN	PLAN	(8:43) Zoey	Festival Italiano di Johnny Lombardi (In Italian)	MuscleCar	Raymond		
:30	Whoopi Goldberg. (E)	Upside	Biz Kid\$	Paid Prog.					Hour of Power (E)	Coronatn	OddParent	PLAN	PLAN	(8:43) Zoey	Festival Italiano di Johnny Lombardi (In Italian)	MuscleCar	Raymond		
10 AM	Movie: "What About Bob?" (1991) Bill Murray.	Neighborhood	Upside	Biz Kid\$	Paid Prog.				Hour of Power (E)	Coronatn	OddParent	PLAN	PLAN	(8:43) Zoey	Festival Italiano di Johnny Lombardi (In Italian)	MuscleCar	Raymond		
:30	Whoopi Goldberg. (E)	In Fashion	Maggie	Design	Paid Prog.	NFL Football: San Diego	The Cleaner (E)	NASCAR Countdown	Driving TV	Listen Up	Foodies (N)	SpongeBob	NASCAR Racing: Sprint Cup - Amp Energy 500. From Talladega, Ala. (Live) (E)	To Be Announced	Phil	Wizards	Disorderly	King	
11 AM	Movie: "Twisted" (2004)	E News	Go Diego	Foreign	Paid Prog.	Chargers at Miami Dolphins. (Live) (E)	The Cleaner (E)	NASCAR Countdown	Hour of Power (E)	Energy TV	NHL Hockey: Ottawa Senators vs. Pittsburgh Penguins. (Live) (E)	SpongeBob	NASCAR Racing: Sprint Cup - Amp Energy 500. From Talladega, Ala. (Live) (E)	In the Shadow of the Moon (E)	Suite Life	EP Weekly	Movie: "Animal" (2005) Ving Rhames, Jim Brown.	'70s Show	
:30	Ashley Judd. (E)	Daily 10	Franklin	European	CORR Off Road Racing (Tapod) (E)				Hour of Power (E)	Mining TV	NHL Hockey: Ottawa Senators vs. Pittsburgh Penguins. (Live) (E)	SpongeBob	NASCAR Racing: Sprint Cup - Amp Energy 500. From Talladega, Ala. (Live) (E)	In the Shadow of the Moon (E)	Suite Life	EP Weekly	Movie: "Animal" (2005) Ving Rhames, Jim Brown.	'70s Show	
12 PM	Movie: "Twisted" (2004)	Kevin Costner, Whitney Houston. (E)	Secret World of Og	All Creatures	LPGA Tour Golf: Samsung World Championship	NFL Football: New England Patriots at San Francisco 49ers. (Live) (E)	The Cleaner (E)	Superspeedway in Talladega, Ala.	Big Coast	Seinfeld	Simpsons	Legion	Legion	Sue Thomas: F.B.Eye	How-Made	How-Made	Football: Teams to Be Announced. (Live) (E)	Movie: "Colors" (1988) Sean Penn, Robert Duvall.	Raymond
:30	Ashley Judd. (E)	Whitney & Bobby: The E! True Hollywood Story	Babar (E)	History Detectives (E)	Paid Prog.				Big Coast	Seinfeld	Simpsons	Legion	Legion	How-Made	How-Made	Football: Teams to Be Announced. (Live) (E)	Movie: "Colors" (1988) Sean Penn, Robert Duvall.	Raymond	
1 PM	Movie: "Trapped" (2002)	Whitney & Bobby: The E! True Hollywood Story	Babar (E)	History Detectives (E)	Paid Prog.				Big Coast	Seinfeld	Simpsons	Legion	Legion	How-Made	How-Made	Football: Teams to Be Announced. (Live) (E)	Movie: "Colors" (1988) Sean Penn, Robert Duvall.	Raymond	
:30	Charlize Theron. (E)	WordGirl	Chronicles	Football Night	Extra (N) (E)	CSI: Miami "Innocent"	Paid Prog.	Family Guy	Family Guy	Global	The Girls of Summer	Movie: "Superman" (1978)	SportsCentre (Live) (E)	Question Period (E)	Daily Planet (E)	Suite Life	Movie: "Boyz N the Hood" (1991), Ice Cube	Soap	
2 PM	Movie: "The Wedding Date" (2005)	News (N)	Mechanics	Workshop	(5:15) NFL Football: Pittsburgh Steelers at Jacksonville Jaguars. (Live) (E)	60 Minutes (N) (E)	CSI: Miami "Shattered"	News	News (N)	renegade	Jeopardy!	Movie: "Superman Returns" (2006) Brandon Routh.	Steelers at Jacksonville Jaguars. (Live) (E)	In Fashion	Mystery of the Crystal Skulls (E)	K. Possible	Valentine "Pilot" (N)	Friends	
:30	What	Emily of New Moon	Spain-On Road	Up Front					News (N)	renegade	Jeopardy!	Movie: "Superman Returns" (2006) Brandon Routh.	Steelers at Jacksonville Jaguars. (Live) (E)	In Fashion	Mystery of the Crystal Skulls (E)	K. Possible	Valentine "Pilot" (N)	Friends	
3 PM	Movie: "The Wedding Date" (2005)	Instant Beauty Pageant	Nefertiti, Lost Dynasty	Nature (E) (DVS)					News (N)	renegade	Jeopardy!	Movie: "Superman Returns" (2006) Brandon Routh.	Steelers at Jacksonville Jaguars. (Live) (E)	In Fashion	Mystery of the Crystal Skulls (E)	K. Possible	Valentine "Pilot" (N)	Friends	
:30	Extreme-Home	The Impressionists (E)	Masterpiece Contemporary (N)	Sports	The Amazing Race 13				News (N)	renegade	Jeopardy!	Movie: "Superman Returns" (2006) Brandon Routh.	Steelers at Jacksonville Jaguars. (Live) (E)	In Fashion	Mystery of the Crystal Skulls (E)	K. Possible	Valentine "Pilot" (N)	Friends	
4 PM	Movie: "Escape From New York" (1981. Action)	To Be Announced	New Tricks (N) (E)	Mystery!	Law & Order: SVU	Cold Case (N) (E)	CSI: Miami "Shattered"	Desperate Housewives	Family Guy	Family Guy	Amer Dad	Amer Dad	Christine Ghawi. Premiere.	The Next Star (E)	Desperate Housewives	Mystery of the Crystal Skulls (E)	"Zenon: Girl of the 21st Century"	The O.C. (E)	Friends
:30	American Chopper (E)	Final 24 "Keith Moon"	"Dalziel-Pascoe"		CSI: NY (E)	The Unit (N) (E)	CSI: Miami	(10:01) Brothers & Sisters (N)	(10:01) Brothers & Sisters (N)	News (N)	Disaster	CBC News: Sun.	Falcon Beach (E)	Series of Poker	(10:01) Flashpoint (E)	(10:37) Movie: "Short Circuit"	Role	Prisoners-Ctrl	You Smarter?
5 PM	Heat	Okanagan	Montreal Jazz	Chronicles	News (N)	News (N)	CSI: Miami	News	News (N)	Paid Prog.	News (E)	Mystery	SportsCentre (Live) (E)	News (N)	MythBuster s (E)	Body Tech		You Smarter?	

MONDAY, OCTOBER 6, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	Jeffersons	News (N)	(6:15)	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Star Trek: Voyager	FX: The Series	
:30	Jeffersons	Christine	George S.	Lions								Grossology								
7 AM	Moatel	Room	Martha	Arthur (N)	Today (N)	The Early Show (N)	American Justice	Good Morning America (N)			Curious	Hawks	SportsCentre		Daily Planet (N)	(6:56)	The Tyra Banks Show	Sports	The Outer Limits	
:30	Williams	That News	Dora	Martha							Animal	Dinosaur			Phineas			MXC		
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious			Cold Case Files			100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre		How-Made	Weekend	Rachael Ray	Married...	North of 60	
:30	Cosby	What	Magic Bus	Sid							Busytown	Flamingo		How-Made	K. Possible			Married...		
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	Married...	TV Made	
:30	Fam. Feud		Clifford	Clifford							Gofrette	George S.	Fishing			Tigger	City	Married...	What	
10 AM	Trivial	The Mom Show	Sid	Sesame Street (N)		The Price Is Right (N)	CSI: Miami "Broken"	The View (N)	World Vision	Debt Part	Wilbur	Erky Perky	PWBA Bowling	The View (N)	Blueprint for Disaster	Mickey Handy	The O.C.	Married...	Survivor-Aust. Outback	
:30	Trivial		(10:31)	(EI)						House	Doodlebob	Jane						Married...		
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears	Rings	Twice in a Lifetime	Megabuilders	Benj Bear	The Bonnie Hunt Show	Married...	Deal No	
:30	Harvey	Guys	Berenstain	Sit-Be Fit				Paid Prog.			Antiques	Jacob	UEFA Champs	eTalk	Super Ships	(11:25) King		Married...	The Nanny	
12 PM	Fresh Pr.	News (N)	(12:05)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children	News (N)	Days of our Lives (N)	News	SpongeBob	NFL Films			(11:49)	CityLine	Most Amazing Videos	Seinfeld	
:30	Fresh Pr.	Design U	Arthur		Paid Prog.	Bold & B.		(N)			CBC News	Grossology			Weekend				Seinfeld	
1 PM	Still Stnd	Home to	Maggie	Fine Art	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S.	NFL Primetime	Sue Thomas: F.B. Eye	Sport Science	Dragon Emperor	ER "Shifts Happen"	Most Amazing Videos	Raymond	
:30	Still Stnd	Buy Me	Daniel	Sewing							Ruby								Raymond	
2 PM	King	Guiding Light (N)	Franklin	Barney	Raymond	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54)	News (N)	Most Amazing Videos	Raymond	
:30	King		BluesClues	WordWorld	Millionaire						Mr. Men	Interruption			K. Possible				Raymond	
3 PM	Friends	Whose Wedding Is It?	Zoboomafo o "Bovine"	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Being Ian	Off-Record	Dr. Phil	Canada's Worst Driver	Replace Emperor	News (N)	CSI: Crime Scn	That News	
:30	Seinfeld			WordGirl	Judge														That News	
4 PM	Payne	Debt Part	Paddington	Fetch! With	Judge J.	Oprah Winfrey	CSI: Miami "Broken"	Inside Deal No	Oprah Winfrey	(3:59) News	Fashion	SpongeBob	Monday Night Countdown	Ellen DeGeneres Show	Daily Planet (N)	Proud	Law & Order: SVU	CSI: Crime Scn	TV Made	
:30	Payne	Deal No	George S.	Cyber	Judge J.					Global	Red Green	OddParent			(4:36)				Very Bad Men	
5 PM	Movie: "Panic Room"	News (N)	Martha	BBC News	News (N)	News (N)	Intervention "Leslie"	News	News (N)	(4:59) News (N)	Simpsons	OddParent		News (N)	MythBusters	Suite Life	Chuck (N)	CSI: NY (N)	What	
:30			(5:37)	Business	NBC News	CBS News		ABC News	Global		Fortune	SpongeBob			Montana					
6 PM	(2002) Jodie Foster	Global	Taste Buds	News-Lehrer	News (N)	News (N)	Intervention "Dan"	News	News (N)	ET Canada	News	Drake	Football: Minnesota Vikings at New Orleans Saints	News (N)	Verminator	Zoey 101	Celebrity Fit Club	CSI: Crime Scn	Make TV Made	
:30		News	renegade	Millionaire	Hollywood			News		Entertain		iCarly	(Live)		Life Derek					
7 PM	Cheers	E! News	Undersea	Benny	Jeopardy!	The Doctors	Intervention	Entertain	Entertain	Prison Break (N)	Coronatr	Malcolm	Jeopardy!	Home Imp.	Dirty Jobs	Wizards	Curb	CSI: Crime Scn	Soap	
:30	Family Guy	The Insider	Landscape	Wait God	Fortune			The Insider	ET Canada	Life (N)	Dragon's Den (N)	Fresh Pr.	SportsCentre (Live)	Dancing With the Stars (Same-day Tape)	Daily Planet	Suite Life	News (N)	CSI: Crime Scn	Final 24 Marvin Gaye.	
8 PM	Family Guy	Til Death	Hockey	Antiques Roadshow	Chuck (N)	Big Bang	Crank-America	Dancing With the Stars (Same-day Tape)	Prison Break (N)	Heroes (N)	The Border (N)	Futurama	Prank Ptrl	UEFA	Verminator	Montana	(9:06)	CSI: NY	Seinfeld	
:30	Seinfeld	How I Met				How I Met									Sadie	(8:35) News				
9 PM	Movie: "Panic Room"	Do Not	Vienna 1900 (N)	American Experience Jimmy	Heroes (N)	Two Men Worst	Intervention "Leslie"	News	News (N)	News Hour Final (N)	National	Mystery	NASCAR Racing	CSI: Miami (N)	Dirty Jobs	School	(10:08)	Star Trek: Voyager	Married...	
:30		Worst										Adrenaline			Cory		American Gladiators		The Nanny	
10 PM	(2002) Jodie Foster	Boston Legal (N)	Toxic Trespass (N)	Carter captured the White House in 1976.	Life (N)	CSI: Miami (N)	Intervention "Dan"	Boston Legal (N)	Life (N)	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	MythBusters	Suite Life	Judge	Bullrun	Raymond
:30											ET Canada		Ghost		Life Derek					Raymond
11 PM	In the Heat of the Night	News (N)	Haida Art		News (N)	News (N)	Intervention	News	News (N)	Entertain	(11:35)									
:30		Guy Stuff	Landscape		Tonight	Late Show														

monday movies

AFTERNOON

5:00 pm WTBS (3) ★★★ "Panic Room" (2002, Suspense) Jodie Foster. A single woman and her daughter must play a cat-and-mouse game after three thieves invade their New York brownstone. [E]

EVENING

9:00 pm WTBS (3) ★★★ "Panic Room" (2002, Suspense) Jodie Foster. A single woman and her daughter must play a cat-and-mouse game after three thieves invade their New York brownstone. [E]



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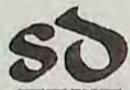


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**SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)**

RELIEF BUS DRIVERS

Applications are invited for the position of Relief Bus Driver with School District No. 58 (Nicola-Similkameen) in Princeton, BC.

Successful applicants will be required to have a Class 2 with air or better license, and provide a Driver's Abstract.

Application forms are available at Princeton Secondary School, 201 Old Merritt Road, Princeton, BC or online at www.sd58.bc.ca, click on Jobs, Support Positions. Applications, including a detailed resume with a minimum of three references, will be accepted until **October 3, 2008**. Please forward to:

Attn: Secretary Treasurer
School District No. 58 (Nicola-Similkameen)
P. O. Box 4100, 1550 Chapman Street,
Merritt, B. C., V1K 1B8
Fax: (250) 378-6263

For further information, contact Mr. Jim Garfield at 315-1113.
Only those applicants being interviewed will be contacted.



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Document: 59026_ElectionsCan_sep_eppr Page: 1-Format: 3.250 x 5.000 *Plate: Composite Date: Sep 23, 2008 15:22:30; LOW RESOLUTION

Timber



It is with great sorrow that we announce the passing of Timber (AKA Timmy, AKA Timothy Findley, AKA Timbit) Allison on September 22nd at the age of roughly 11, after a short illness precipitated by immersion in the river.

Although an avowed enemy to coyotes, Timber was a modest and friendly fellow, kind and gentle and ultimately trustworthy with cats, kids and babies. He especially liked making new doggy friends at the park and riding shotgun anywhere the drive happened to be going - particularly Dairy Queen and Irvy Bird.

Timber is mourned and missed by his Jim and Annie, Sol and Toby, Unk and Lucy, and Asia, Hayden and Sonja. He will also be missed by his kitties, K'wala, Steve, Sauterne, Muscat and most especially, Evinrude.

Happy trails little buddy.

In lieu of flowers donations should be made to the SPCA.

notices

MOVING SALE

**9:00 AM - 2:00 PM
Saturday, October 4**

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(watch for the signs)**

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for rent

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List your rental ad here for \$6.50 a week. Call (250) 295-4149. Sep 09th

3-bedroom mobile on the river. Adult-oriented. \$750.00 per month. Call (250) 295-3532 - office or (250) 295-5429 - cell for information. Sep 23th

for rent

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Office measures approx. 12 feet by 12 feet, plus shared 'lobby/waiting area.' Rent is set at \$350.00 per month which includes free internet access.

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FOR SALE: 3-bedroom + den house, with 5 appliances and fenced yard in Princeton. Asking \$225,000.00 OR WILL RENT: \$750.00 per month. Non-smoker. Available November 1st. Call (250) 295-1397 or 295-6557. Sep 09 Oct 07

2-bedroom house on Corina Avenue. \$750.00 per month. No pets. Non-smoking. References required. Call Century 21 Princeton Realty (250) 295-6977. Sep 30th

to give away

3 part Himalayan kittens. Litter trained, eating on their own and ready to go. Will give away to loving homes only. Call (250) 295-0722. Sep 23 Oct 07

lost

Kodak Timeshare Camera in a Swiss case with a pair of extra rechargeable batteries. \$50.00 reward offered. Call (250) 295-0031. Sep 30 Oct 14

for sale

Sheltie Doodle puppies. One boy, one girl only. Asking \$500.00 FIRM. Black/white in colour. Mom is a Standard Poodle/Dad is a Large Sable/White Sheltie. First shots given and dewormed, beautiful, happy dogs. Mom, Dad and Grandma can all be seen. All parents CKC registered. Call for more information. (250) 295-0409. Sep 16 30

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wanted

Scrap Metal Removal. Cars, appliances, farm implements, etc. You call - I'll haul. (250) 295-5102 or 295-3055. Aug 05 Nov 11

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1990 Ford Tempo GL, \$1,775.00 OBO. Pigs for sale. Call (250) 295-3925. Sep 30 Oct 14

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2008/09 Similkameen News Leader Clip 'n' Save Game Schedule

HOME

Wed, Oct 15 - Summerland
Sat, Oct 18 - Spokane
Fri, Oct 24 - Beaver Valley
Fri, Oct 31 - Revelstoke

Sat, Nov 1 - Creston
Sun, Nov 2 - Sicamous
Sat, Nov 8 - Nelson
Fri, Nov 14 - Grand Forks
Sat, Nov 15 - Kamloops
Fri, Nov 28 - Castlegar
Sat, Nov 29 - Summerland

Fri, Dec 12 - Kamloops
Sat, Dec 13 - Chase

Fri, Jan 2 - Sicamous
Sat, Jan 3 - Summerland
Wed, Jan 21 - Chase
Fri, Jan 30 - Revelstoke
Sat, Jan 31 - Kamloops

Fri, Feb 6 - Kimberley
Sat, Feb 14 - Revelstoke
Sun, Feb 15 - Sicamous
Fri, Feb 20 - Chase

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AWAY

Fri, Oct 3 - Castlegar
Sat, Oct 4 - Nelson
Fri, Oct 10 - Kamloops
Fri, Oct 17 - Sicamous
Sat, Oct 25 - Revelstoke

Fri, Nov 7 - Summerland
Fri, Nov 21 - Sicamous
Sat, Nov 22 - Col. Valley
Sun, Nov 23 - Golden

Fri, Dec 5 - Chase
Sat, Dec 6 - Kamloops
Fri, Dec 19 - Beaver Valley
Sat, Dec 20 - Spokane
Sun, Dec 21 - Grand Forks

Sun, Jan 4 - Summerland
Fri, Jan 9 - Sicamous
Sat, Jan 10 - Revelstoke
Fri, Jan 23 - Fernie
Sat, Jan 24 - Kimberley
Sun, Jan 25 - Creston

Sun, Feb 8 - Summerland
Fri, Feb 13 - Chase
Wed, Feb 18 - Summerland
Sat, Feb 21 - Revelstoke

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SOLUTIONS TO PUZZLES ON PAGE 16

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483	197	625
765	342	918
129	865	347
847	213	569
651	984	732
932	756	184
376	429	851
298	531	476
514	678	293

CHALLENGE #130 - Hard

985	246	713
317	684	592
265	379	481
792	413	658
186	795	234
534	826	917
628	541	379
973	268	145
451	937	826

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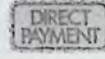
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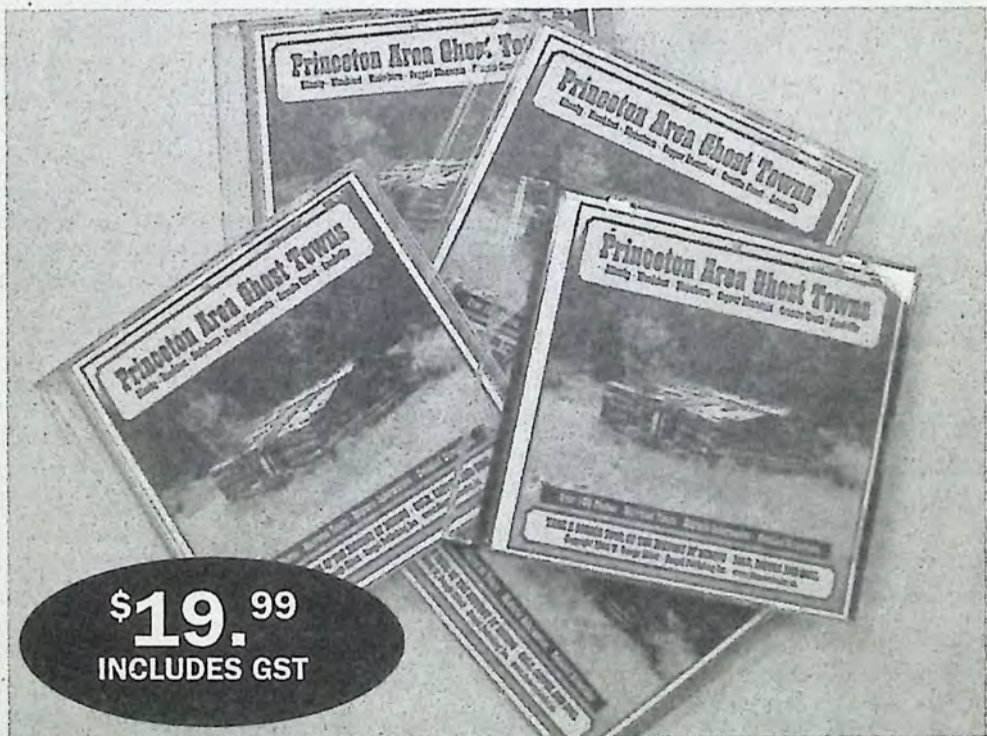
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my turn

Election time can be fun

Okay, I have to make this very clear in the beginning.

I am a voter. I don't think I've ever not voted in a local, provincial or federal election I was qualified to vote in since I became old enough to vote.

I strongly believe that I do not have the right to criticize any elected official representing me or my community if I did not make the effort to vote in the election that representative won.

That being said, I have a confession to make.

I did spoil my ballot - once.

It was a few years ago and I've never done that since. A spoiled ballot is a wasted vote, I eventually reasoned and therefore I forfeited my right to say anything negative about whoever won that election as I spoiled my ballot, which was a stupid move on my part as I thought I was protesting the system or the choices or whatever it was that possessed me to mark more than one name.

I'm sure it wasn't because I couldn't make up my mind. Choosing who to vote for has always been a simple process for me, and, no, it's not because I support one particular party over another.

I am a sucker for incumbents, though.

That doesn't mean I don't like to see change, I think it has a lot to do with the length of the average term in office.

I'll use local government as an example. It's a three year term. It's written practically in stone but how much can a complete room of newcomers do in three years? Maybe, under the right circumstances they can do a lot of good. Three years is also a lot of time to cause a lot of damage.

I can't stress this enough, I think it's very important to have a level of consistency in our elected positions. Sure, a new face or two often enhances things, but I think consistency is the best way to go which probably explains my personal tendency to lean towards incumbents.

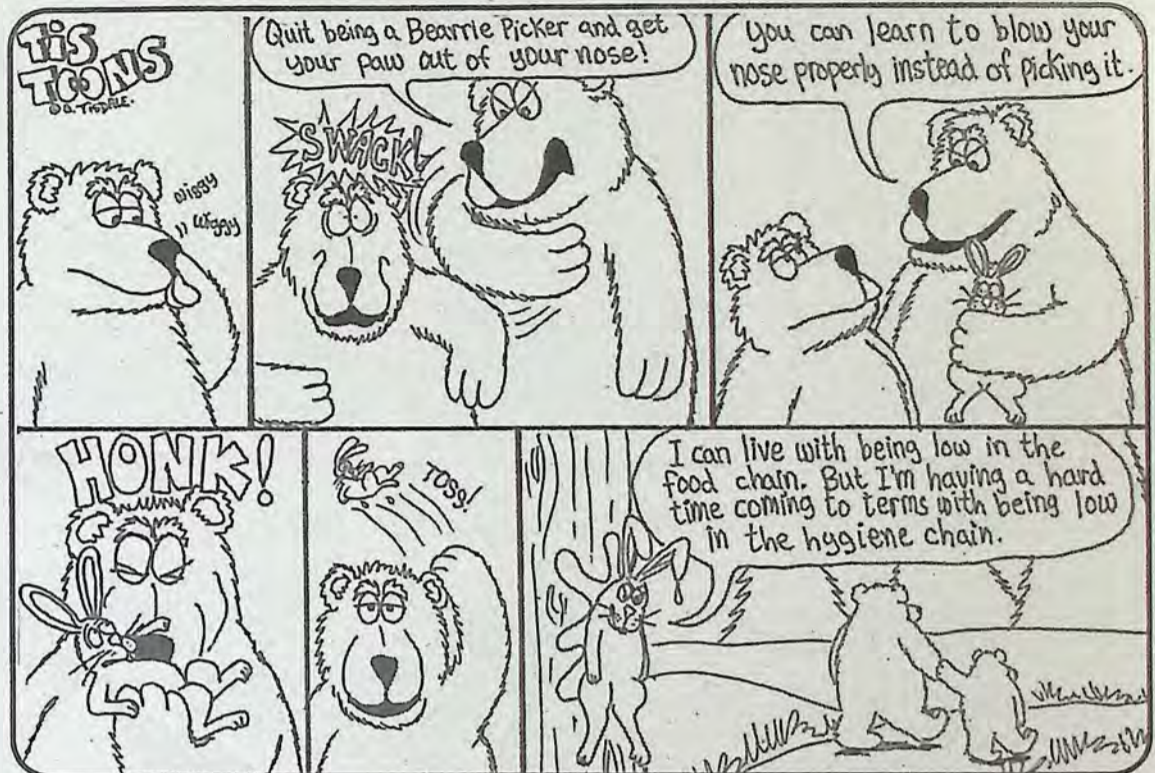
But that's just me.

All-Candidate Forums are - in my view - not a lot of help to me but I have seen where they are a very useful tool and valuable resource to voters who don't really know the candidates or the policies they or their party support.

It's also a pretty good excuse to have coffee and snacks with your neighbour and talk about politics for a change since the weather hasn't really been all that interesting to talk about lately.

Regardless of where you stand on elections, it's really important to vote. Especially if you think your vote doesn't matter. There's been many elections decided by only a few votes and maybe could have gone the other way of someone who didn't think their vote counted had actually voted.

Or didn't spoil their ballot.



your turn

Mayor discusses doctor issue

To The Editor;

Last week Health Minister George Abbott met with Town Council to discuss local health care problems. The primary concern was recruitment and retention of permanent doctors, nurses and professionals.

The Minister was made aware of the fact we are very appreciative of our present level of locums, yet from a cost and convenience perspective we are doing everything we can to attract and retain permanent family practitioners.

The Minister was very aware of the high cost of locums and complimented us on our efforts to help secure permanent doctors and asked council to forward any suggestions we may have in that regard. His ministry is doing everything it can to solve this personnel problem but he also commented that while his government was in power we would have the same level of locum service until long-term physicians were in place.

We also made him aware of our nurse situation, where returning nurse graduates intent on making Princeton their home are not being given full time status. Minister

Abbott commented that he was aware of that problem here and in other areas and his staff was working on an acceptable solution. His view was that it didn't seem to make sense as small towns need to retain any professionals that wish to stay and there wasn't a real cost saving when you considered the high price of overtime when staffing was short.

When asked whether we would ever have an OR again, he suggested "he would never say never," if a number of large industries caused the population to substantially increase there could be a review of the situation. With respect to a helipad next to the hospital he was interested in the

Letter To The Editor

Tourist thanks locals

To The Editor;

The kindness of strangers, make the world a better place. I want to publicly acknowledge two Princeton residence.

On September 2nd my husband and I stopped in Princeton while travelling to Vancouver.

We went to Chaps Family Restaurant for supper. A couple

municipalities approach to a cost effective initiative in order to speed up trauma evacuation to regional centers.

Finally, the Minister expressed his appreciation for the work of Council in helping to facilitate the training which saw Emergency Medical Respondents upgrading to Primary Care Paramedics in order to give Princeton a higher level of trauma and primary care.

Following the meeting, council members agreed on calling together the public in order to obtain any recommendations relating to our concerns that could be acted on or forwarded to Minister Abbott.

- Mayor Randy McLean, Princeton

hours later, I discovered I did not have my cell phone. After searching our camper we returned to Chaps Restaurant where co-owner, Catherine Alexandre helped me search her premises for my phone. Not finding it, she suggested she dial my cell phone number and see if someone had found it.

Darlene Wilkie answered and offered to walk back to the restaurant to return my phone even though it was already dark and by rough estimate a one-kilometre hike.

My thanks to Darlene and Catherine for your helpful, honest effort to assist a stranger. You both made our visit to Princeton memorable.

- Norma Kunzel, Calgary

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

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Watch what is happening



Dawn Johnson
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A few months ago, I wrote an article in which I said the American economy was not healthy. A short time later, we heard about the mortgage crisis in the United States. This did not make a big impression on most Canadians, although Canadian auto workers were finding their jobs were suddenly not there. Two months ago, my Australian cousin told me how a big American retailer had suddenly shut down its shops, using the excuse that things were so bad in the American economy that they were pulling out of Australia and taking their money home to the U.S.A. Australians were bitter, as many people were left jobless.

Two weeks ago, we learned that a huge investment company in the United States, Lehman Brothers, had gone belly-up, taking Merrill Lynch with it. Stock markets worldwide went into a decline.

There was one laugh to the situation. Senator John McCain, the Republican candidate for the presidency, had been reassuring Americans the economy was strong. He was saying it right up to the Lehman Brothers/Merrill Lynch announcement, following the George W. Bush line, "The economy is strong."

This statement has been a Republican answer to the questions Democratic candidate Barack Obama had been raising regarding conditions the average American has been facing.

McCain changed his tune the next day, the same day AIG announced it was in big trouble and needed an \$85 billion bail-out by the federal government. McCain blamed Wall Street for the problems, much as George W. Bush accused Wall Street of being "drunk" and causing the mortgage industry problems.

Many people do not realize how awful it is to have a huge insurance company say it is in trouble. Having been in the insurance business, I know how sacrosanct insur-

ance companies are supposed to be. Insurance companies are NEVER to be in a position in which they do not have enough in reserves to meet their probable obligations (payouts). For an insurance company to need a bail-out is a disgrace to the industry.

Few people realize how dangerous it is when a big investment group and a big insurance company are insolvent. FIRE is the code name for the richest sector of any economy in an industrialized capitalistic nation. FIRE stands for financial institutions, insurance companies and real estate. In the United States, this is the sector which is in big trouble. When a major investment company like Lehman Brothers bites the dust along with real estate and insurance, the impact hits everything from pension plan investments to house insurance to banking to the stock market, and on and on. This is why the FIRE sector is supposed to be the strongest, most dependable sector of the economy. That this sector is failing should ring warning bells in every financial quarter, and it did.

Under Republican administrations, there is the so-called conservative stance that government should not interfere in the conduct of business. Whether we call it right wing or conservative, the attitude is that business works best when government keeps hands off. Yet there is a danger in not regulating the conduct of business, especially when we live in a world where global corporations have so much power to influence everybody's economy. A true conservative attitude would be one that insists corporations meet their obligations to be a backbone of the economy.

After the Savings and Loan scandal in the United States, the Enron fiasco and a few others, the American government demanded that the SEC crack down on corporations, making them reveal the true state of the corporation's financial position. Obviously, this was not carried out, or somehow slacked off, or we would not have seen the financial mess of recent weeks.

I am not a business analyst nor an economist, but I have been alarmed at the growing trend of heedless corporate expansion without sufficient capitalization. I have been alarmed for many years over the trend toward increasing head office costs in corporations. By this, I mean paying huge salaries to the people who make the decisions and count the beans. Too much money has been spent in too many corporations on upper echelon personnel, their perks, and their offices. The people who make corporations profitable are the people who do the real work of the corporation. The people at the top can count beans and make decisions and study market trends and sign cheques, but it is the front line workers who make the business profitable or not, providing the customer is happy. (Airlines are the exception - high cost of avgas is killing them!)

McCain says it is greed and corruption on Wall Street causing the problems in the economy. Pointing a finger and laying blame does not solve the problem. Wall Street is a product of America, both the government and the people who invest. Wall Street is simply the old marketplace where people used to barter goods and services.

What launched the present distress in U.S. financial institutions was a lot of mortgages that could not be paid. What the government should be asking is this: why couldn't the people pay their mortgages? I watched NBC one evening as a reporter interviewed ordinary American citizens about their personal financial positions. Jobs loss affected a number of people, which in turn affected businesses depending on consumers. People out of work cannot afford to pay their mortgages. It is that simple.

The American government is bailing out the financial institutions to the tune of more than \$100 BILLION! Who is going to pay for it? The American taxpayers who still have jobs, and hopefully, a lot of those institutions who are being bailed out.

Keep watching what happens. We are seeing economic history being made right before our eyes.

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Alex Atamanenko, NDP candidate for re-election in BC Southern Interior was in Princeton on Monday, September 22 for the official opening of his Princeton office. Atamanenko spent the day in Princeton canvassing, visiting local businesses and discussing current issues with residents. At the office opening, Alex pledged to continue to work for his constituents and asked that his supporters help him to be re-elected as our representative in Ottawa. Photo: Susan Hamilton

Goldcliff continues drilling program

Leonard W. Saleken, Chairman of Goldcliff Resource Corporation (GCN.TSXV) reports that the diamond drilling is underway on the Bonanza Trench area on Goldcliff's 100%-owned Panorama Ridge gold property, which is located near Hedley.

The Company plans to drill 24 large-diameter HW core holes (1,600 metres) from three setups to better define the extensiveness of the Bonanza Trench's gold mineralization at depth. The Bonanza Trench was excavated late in the 2007 field season in the southwest corner of the York-Viking zone. The trench returned bonanza-grade gold values of a weighted average of 4.089 ounces gold per ton over 5.00 metres, including a one metre sample grading 17.368 ounces gold per ton. The four samples were taken over a 5.0 metre length and a 0.05 metre width of cut channel.

In July of 2008, the 2007 Bonanza Trench sample area was extensively expanded by surface stripping and sampled in greater detail. Within a ten square metre area (2.00 by 5.00 metres) containing 55 samples, the average gold values returned 0.790 ounces per ton. Within this area, a five square metre area, averaged 1.341 ounces gold per ton in 32 samples. The multi-ounce Bonanza grades occur in a bedded, skarn-altered, sedimentary horizon that contains additional quartz-enrichment.

Though not in the immediate vicinity of the trench, previous drilling near this trench area returned highly anomalous bismuth (Bi) and tellurium (Te) values over core intersections of 10 to 18 metres, thereby indicating the presence of the gold-bearing mineral hedleyite that is associated with

high-grade gold values. As evidence that the Bonanza gold horizon has been intersected, gold grades within the Bi-Te intersections contain gold grades of 1.54 grams per tonne gold to 20.00 grams per tonne gold. The core from the Bonanza Trench area drilling will be given high-priority for cutting, sampling and assaying.

During July and August, Goldcliff completed 4,190 metres of NQ diamond drilling in 52 holes on the Nordic zone. This core is being cut, geologically mapped and sampled. Sample dispatch to the lab is underway, but will be interrupted during the processing of the Bonanza Trench core.

In addition, Goldcliff completed approximately 1,000 metres of trenching in 10 trenches. The trenching has concentrated on the York-Viking zone, particularly around the Bonanza Trench, and the extension of gold mineralization to the southwest. Trench 169 is located 150 metres down slope from the Bonanza Trench and contains bedded, skarn-altered, sedimentary rocks. The trench has exposed outcrop that is favourable to gold mineralization for 240 metres to the southwest.

The York-Viking gold zone is the largest of several gold zones discovered on the Panorama Ridge property. The Panorama Ridge property is located four kilometres east of the historic Nickel Plate-Mascot mines that once produced 2.5 million ounces of gold. The Panorama Ridge property was discovered in 2000 when Goldcliff prospected new logging road outcrops. The property has mine-related infrastructure and is readily accessed by roads.

Goldcliff has identified multiple

gold zones that have economic potential.

The Panorama Ridge property contains a large surface area of gold mineralization related to silica-iron alteration (skarn) in sedimentary rocks from the Hedley Formation of the Triassic Nicola Group. The gold mineralization is related to the skarn alteration and occurs over an area of approximately two square kilometres. Contained in the alteration area from northeast to southwest are the Nordic, York-Viking (Bonanza Trench) and Tower gold zones. These zones are separate entities occurring over a distance of approximately 1,000 metres, and the trenching and drilling have narrowed the gap between the zones. The trenching continues to expand the potential of the gold mineralization on the Panorama Ridge property.

Eco Tech Laboratory Ltd. of Kamloops, B.C., a subsidiary of Alex Stewart Group Ltd., an accredited laboratory, is conducting the sample preparation and analysis. All sample analysis is 30 gram fire assay-A.A. finish for gold and 35 multi-element ICPMS. The sample stream is subject to check analysis on repeat and re-split samples, and standards to maintain quality control.

Leonard W. Saleken, PGeo, and Grant F. Crooker, PGeo, are the qualified persons as defined by National Instrument 43-101 who supervised the preparation and verification of the technical information in this release.

For further information, contact George W. Sanders, President, at (250) 764-8879, toll free at 1-866-769-4802 or email at sanders@goldcliff.com. -submitted



Oliver Legion Senior slo-pitch team mates Jim Cade, Gil Lalonde and Princeton's Jack French celebrate their victory at the BC Senior Games in Prince George earlier this month. The trio, along with other members from the Okanagan, won five games in a row including the final match over Kamloops to take the gold medal. The 'Ogopogos' included senior league slo-pitch players from throughout the Okanagan. French's Oliver team also ended their season with the 'A' Division win in the Randy Newell Tournament August 26-28 in Summerland. - photo submitted

CMMC receives approval to trade on TSX

Copper Mountain Mining Corporation (CMMC or the Company) announced September 18th that it had received final approval for the listing on the

Letter To The Editor

Noppe vs. Harper

To The Editor;

The hidden 'Harper Agenda' is becoming apparent - Harper purged the PC party of the progressives, replaced them with more toadies and deleted Progressive from the party name.

He gags and intimidates his members and if you recall the transition from Reform to Conservative he is adept in sleazy tactics and lying without batting an eye!

He wants a majority government in order to tie Canada to the SPP 'agreement,' which would effec-

Letter To The Editor

Coffee House changes

To The Editor;

I would like to thank everyone who has come out to support the Backdoor Coffee House held at Living Water Foursquare Church (38 Kenley Avenue).

We are in the process of changing our dates to the second Friday of each month. All musicians are welcome to join us whether you play the spoons or any other musical instrument.

The fourth Friday of each month we plan to feature Christian Youth Bands traveling from Vancouver and the lower mainland. Everyone is invited to come join us.

The coffee and goodies are free of charge. We believe that the future of our church is in our youth.

Toronto Stock Exchange (TSX) of the Company's common shares (the Shares) and the Company's common share purchase warrants (the Warrants) that were trading

on the TSX Venture Exchange. The Company's Shares and Warrants were listed and commenced trading on Toronto Stock Exchange at the opening on September 19th under the symbol "CUM" and CUM.WT.

Jim O'Rourke, Chief Executive Officer of Copper Mountain stated: "we are pleased with the graduation to the senior stock exchange in Canada as we advance our copper project towards the production target by the end of 2010."

As a result of this graduation, there was no further trading under the symbol "CUM" and CUM.WT on TSX Venture Exchange after market close on September 18th, and the Company's Shares and Warrants will now trade on the TSX Exchange rather than the TSX Venture Exchange.

- submitted by Cooper Mountain Mining Corp.

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World Teachers' Day

October 5

Teachers know that learning is so much more than tests can ever measure. We inspire our students to create a better world and we nurture the love of learning every day.



A message from the Princeton District Teachers' Union



Princeton & District Community Services new Board of Directors left to right: Russ Pederson, Torry Small, Joanne Gabriel, Janice Stevens, Councillor Ray Jarvis and Ken Carlson. Photo: Dawn Johnson

2008 Fall Fair Winners List - Part 2

..... continued from Page 12

Gladiolus (no entries)

Marigolds, small

- 1. Nancy Telford
- 2. Helene Ramsay
- 3. Onna Onfrechuk

Marigolds, large

- 1. Ben Mazzarella
- 2. Helene Ramsay

Pansies

- 1. Helene Ramsay
- 2. Sylvia Bailey

Snapdragons

- 1. Helene Ramsay

Petunias, single, 4 of a kind

- 1. Sylvia Bailey
- 2. Rose Flegel
- 3. Helene Ramsay

Petunias, double, 4 of a kind

- 1. Rose Flegel
- 2. Helene Ramsay
- 3. Sylvia Bailey

Rose, single

- 1. E.R. Jones

Roses, mixed (no entries)

Sweet peas

- 1. Glow Lemon
- 2. Rose Flegel

Sunflowers, 3 of a kind

- 1. Vince Milligan
- 2. Ben Mazzarella
- 3. Rose Flegel

Sunflower, large

- 1. Rose Flegel
- 2. Onna Onfrechuk

Cosmos

- 1. Helene Ramsay
- 2. Marg Eyre

Any annual

- 1. Marg Eyre
- 2. Ben Mazzarella
- 3. John Sandness

Any perennial

- 1. Rose Flegel
- 2. Glow Lemon
- 3. John Sandness

Mixed or single arrangement

- 1. Terry Inglis
- 2. June Manning
- 3. Helene Ramsay

Mini arrangement

- 1. Rose Flegel

2. Helene Ramsay

3. Sylvia Bailey

Potted plants

African violet

- 1. Kim Macahonic

Cactus

- 1. Rose Flegel

2. Glow Lemon

3. Noreen Barkley

Fern

- 1. Ken Heuser

Ivy

- 1. Rose Flegel

Eggs & Dairy

Vince Milligan was the only exhibitor in this division, with one dozen prize-winning eggs.

Sorry, we have no report for the winners of Art or Pet Parade.

3rd annual George Merrill/Keith Robinson Memorial Horse Shoe Tournament results:

Mens: 1st - Joe, 2nd - Arnie, 3rd - John

Ladies: 1st - Michelle, 2nd - Kim, 3rd - Judy

Mixed Doubles: 1st - Michelle & Arnie, 2nd - Dale & Joe, 3rd - Judy & John

Overall Winner: Michelle Johnson with thanks to J. S. Cook Contracting, Dennis & Bonnie Cook, Jebway Logging and Steelworkers Union Local 1-423 for contributions to the tournament.

Sweater Kittens raise \$\$\$

..... continued from Page 9 improved breast cancer survival rates.

The Weekend to End Breast Cancer benefits the BC Cancer Foundation, which raises funds to support research and enhancements to care at the BC Cancer Agency, an international leader in the fight against cancer.

The BC Cancer Agency has developed a breast cancer research program built on its unique strength in translational research and its province-wide cancer control sys-

tem. The BC Cancer Agency is also dedicated to early detection of breast cancer - a critical factor in improving patient outcomes. With cancer survival rates better than any other province in Canada, the BC Cancer Agency has become a model for cancer care and control around the world.

The sixth annual Weekend to End Breast Cancer is already planned for August 14-16, 2009 and The Sweater Kittens are up for the challenge again! For more information on the event, www.endcancer.ca.

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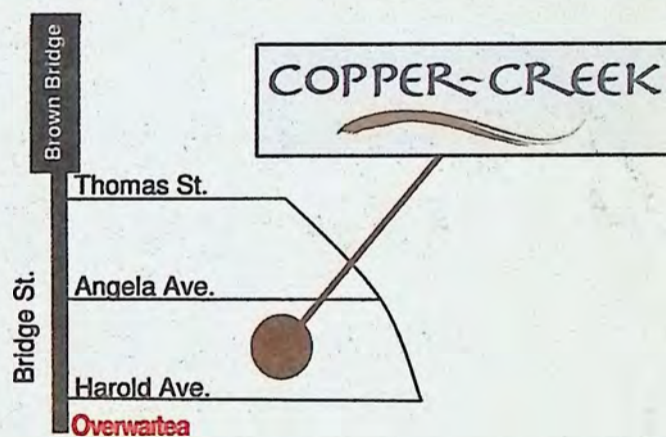


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349 Sunflower Estate Rd · MLS 100406 \$558,300

Land, lots of land underneath starry skies, don't fence me in! Remember that song? Well, this is it! 10+ acres but comes with a beautiful 2,600 sq ft rancher with a fully completed basement done to the nines. Hardwood floors, tile floors, super kitchen, big fireplace and big rooms throughout. Double car carport, along with two workshops or garages. Close to town and nestled in Sunflower Estates makes this the buy of the year!

MORTGAGE DETAILS

DOWN PAYMENT	RATE	MONTHLY COST
20.00 %	4.15%	\$ 1,895.00
10.00 %	4.15%	\$ 2,178.00
5.00 %	4.15%	\$ 2,316.00




255 Luard Avenue · MLS 45631 \$149,900

Just bring your furniture and move into this newly renovated home! 3-bedrooms, 1-bath. New floors throughout, new kitchen cabinets, new roof. New sliding glass door allowing lots of light and opens onto freshly painted deck. Don't miss out on this one!

MORTGAGE DETAILS

DOWN PAYMENT	RATE	MONTHLY COST
20.00 %	4.15%	\$ 509.77
10.00 %	4.15%	\$ 584.96
5.00 %	4.15%	\$ 622.00




486 Auburn Crescent · MLS 44781 \$142,900

Priced to sell. Move or renovate. This home features 3 bedrooms. Good sized yard plus bonus workshop for the handyman. Bring your ideas!

MORTGAGE DETAILS

DOWN PAYMENT	RATE	MONTHLY COST
20.00 %	4.15%	\$ 485.97
10.00 %	4.15%	\$ 557.65
5.00 %	4.15%	\$ 592.95




112 Edgewood Drive · MLS 46779 \$259,900

Close to school and hospital and in a great family area. Great views from the fully fenced back yard overlooking the town and valley. Drive through carport for your boat or RV storage. This bright home has 3-bedrooms up and one bedroom/office down. Gas fireplace in the livingroom and woodstove in the rec room for the cozy winter evenings. 10x17 wired shop plus a 6x33 covered wood storage area.

MORTGAGE DETAILS

DOWN PAYMENT	RATE	MONTHLY COST
20.00 %	4.15%	\$ 883.85
10.00 %	4.15%	\$ 1,014.00
5.00 %	4.15%	\$ 1,078.00




1753 Main, Coalmont · MLS 100414 \$127,500

This is the great getaway cabin! Very cozy and warm 2-bedroom cabin at the end of a no through road in Coalmont. Some original fir flooring in bedroom and bathroom. Remodeled bathroom with claw foot tub. Great wood cook stove in the kitchen. There is a fire pit in the yard for the evening's story telling, and a porch overlooking your private front yard. Make the escape from everyday living and relax in your own cabin.

MORTGAGE DETAILS

DOWN PAYMENT	RATE	MONTHLY COST
20.00 %	4.15%	\$ 433.00
10.00 %	4.15%	\$ 497.00
5.00 %	4.15%	\$ 529.00



484B Corina Avenue · MLS 46649 \$323,800

Waterfront location, price, price! These words always echo throughout the real estate world. This deluxe half duplex is located on the Tulameen River and sits on a 233x35 foot lot that is totally breathtaking with the landscaping and view of the river. Big sweeping trees line the river bank and it's a picture right out of 'the best camping spots in BC.' This home is totally upper end in quality and has 3-bedrooms, 3-bathrooms, 2 fireplaces and so much more. This home is truly set up for relaxation and enjoyment.

MORTGAGE DETAILS

DOWN PAYMENT	RATE	MONTHLY COST
20.00 %	4.15%	\$ 1,101.00
10.00 %	4.15%	\$ 1,263.00
5.00 %	4.15%	\$ 1,343.00



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