



This quiet scene along Highway 3 in Keremeos caught our eye last week and contains some of the big, healthy pumpkins Similkameen Valley organic growers are known for throughout the world. \*

## Youth group plans project

A Princeton Youth Workshop held September 30th at Riverside Centre was designed to identify a capacity building project for area young people.

The Community Capacity Building Strategy (CCBS) is a BC Healthy Living Alliance (BCHLA) initiative of the Canadian Cancer Society.

The Community Development Leader for the day long workshop was Shauna Hassell.

The project timeline extends into 2010 and is broken down into seven key components.

The first step was last week's Youth Workshop.

The second step will take place sometime this month which will see

the creation of a working group which will hold meetings to define their project. The next step is to generate community support and create connections between groups. In November plans are to see the working group write a draft funding application followed later in the month with the finalization of the funding application, identification of a financial steward and the submission of the application for approval.

In December the funding application is expected to be approved.

The final step of the timeline is dated from January 2009 to March 2010 when the youth project is expected to be implemented and in operation.

## Logan issues comprehensive report from Area H

Gerri Logan, Area H Director

Well another Union of BC Municipalities Conference is over. This year it was held in Penticton and over 1,700 local government and Provincial politicians attended.

I was able to obtain an appointment with Minister Penner, Ministry of the Environment to discuss the issue of coal bed methane. Below are the briefing notes that were submitted along with the requests that were made of the Minister.

### Purpose of Meeting:

To inform the Province of potential risks to the environment and public safety due to coal bed methane exploration and extraction and to request that a moratorium on any exploration and extraction until such time these can be assessed.

### Overview:

Recently there has been interest expressed by a petroleum based company to begin testing for coal bed methane and then potentially begin extraction of the resource.

While there may be economic benefits to the community, these benefits may be far outweighed by the potential health, environmental and social impacts that such an extraction process may entail. Some of the damages to the groundwater supplies could be irreparable. The Regional District of Okanagan Similkameen is concerned about these impacts and would like to ensure the health, safety and well being of our respective communities before any work begins. While we understand that an Environmental Impact Assessment may be required once the proponent decides to pursue the mining of the resource, we are also concerned about the damages that could occur through exploration.

### Issues:

Studies show that there is a positive connection between ground water and methane in the Princeton area. Dr. Gilles Wendling showed that 50% of some 16 wells spread over the Princeton area contain methane gas. The geology in the area may not be conducive to exploration or extraction as identified in Dr. Hughes report "The Local Princeton Ground Formation." The ground forma-

tions asserted by the petroleum company are not what we believe are to be factual and may not be based on any sound science. Given the possible risk to public health and the environment, we believe that a risk assessment should take place before any exploration is considered and a full Environmental Impact Assessment should occur should any methane extraction be considered.

As a consequence of these concerns the RDOS Board has resolved:

**"THAT the RDOS support the resolution passed by the UBCM which requested a moratorium in the Province of BC on coal bed methane drilling and development until such time that the safety and well being of the residents of those affected areas can be guaranteed."**

Also, we have applied for a Federal/ Provincial grant under the "Water Supply Expansion Program" in order to assess groundwater and surface water supplies in the area and their vulnerabilities.

Should you decide to permit the exploration of methane gas in our communities we believe that the

following should be at minimum considered due diligence:

Prior to Exploration, a Risk Assessment of the areas being considered (this should consider, but not be limited to the following):

- Each of the drilling locations should be identified and a review of the specific geology of a drilling site should be completed. This should include a geophysical survey and must be completed prior any drilling. The assessment should include local well logs and a lithology literature review.
- A risk assessment should be completed based local site information to ensure that any risks are properly mitigated, or to ensure that exploration does not occur in areas of high risk.
- Any wells that could have potential risk of contamination, and other areas of risk to public health and the environment should be identified and tested prior to any drilling.
- The lithology should be reviewed as any exploratory well is being drilled to confirm any assumptions. This should be reviewed before any groundwater activity occurs.
- Testing should occur after any exploratory testing or drilling to ensure that any nearby wells or

sources of risk to public health (i.e. rivers) and to the environment have not been adversely affected.

- The proponent should be prepared to pay for any damages caused by his or her activities.
  - This should be an independent review paid for by the proponent and controlled by the Ministry of Environment.
  - Environmental Impact Assessment should occur prior to any project being approved.
  - This should include all social impacts - positive and negative
  - Identify land uses being considered and its compatibility with existing land use bylaws
  - Native claims
  - All economic impacts - positive and negative
  - All potential environmental impacts
  - All potential health impacts
- I also conveyed to him the feeling of the Similkameen Valley regarding coal bed methane drilling in the Princeton area, and that our communities have been in turmoil since early spring. As well I found it irresponsible that the Province of BC would be satisfied with the assurances from the proponent
- ..... continued on Page 10

**CARTER'S**  
Sudoku Challenge  
PAGE 16 - IN YOUR TV GUIDE SECTION



# Village of Keremeos launches new website

The Village of Keremeos has a fresh, new website. Council asked staff for a site that gives colour and appeal to the Village slogan, "Healthy Living, Naturally". Council also wanted information for residents to be more accessible. They wanted a business section that attracts investment to the area and a tourism portal that shows off area attractions.

Administrator Joni Heinrich engaged EDO Michael McLaughlin to develop the website content and local website designer Terry Findlay to design and build the site. The banner sports the new Village logo, created by local designer Signz.ca.

The new logo creates a fresh, modern look. The choice of colours, font types and lots of local photos combine to create an image of a healthy, safe, thriving community. Visitors to the site are "hooked" by a set of revolving photos on the home page.

Council business is found on the Village page. Residents can access Council and Committee schedules, Council minutes and reports. By-laws and permit applications can also be found in that section.

The Community Services section provides contacts and information on services not directly provided by the Village. Community events and recreation and leisure opportunities are also posted. Current weather is displayed and detailed forecasts and traffic conditions can be accessed from two locations on the site.

McLaughlin researched several community sites to determine what should be in the business section. Potential investors can now access information on the demographics and business advantages of locating in Keremeos, including comparisons of property and tax costs.

The Visitor section is not meant to duplicate the site operated by

Similkameen Country. The Village site is designed to catch a potential tourist's attention. Links to the Similkameen Country site and to the Visitor Information Centre are

provided.

Council and staff are certain that residents will find the site attractive and more useful for finding information on Council activities, civic

information and what is happening around town. Contact Michael McLaughlin at (250) 499-5130 or edo@similkameen.org to give your comments on the site.



Cst. Brad Matchim is the latest addition to the Princeton RCMP Detachment. Matchim, who has been a policeman for the past six years, transferred to the Similkameen from Fernie. He started his new duties in Princeton on September 15th bringing the Detachment to a full compliment of staff. \*

## UPCOMING PRINCETON TOWN COUNCIL MEETING DATES:

**Monday, October 20**  
**Monday, November 3**  
**Monday, November 17**



## Princeton Town Hall News

### Town of Princeton Tax Exemption Bylaw

At the October 20 regular meeting town council will consider providing permissive tax exemption for the following properties for the 2009 taxation year in accordance with section 224 of the Community Charter.

Name	Civic Address	2008 Exemption
Roman Catholic Church	43 Billiter	305.65
Princeton Silver Crest Housing Center	30 Billiter	89.08
Princeton Silver Crest Housing Center	23 Fenchurch	167.02
Foursquare Gospel Church	38 Kenley	154.98
Foursquare Gospel Church	Kenley Ave	103.61
Foursquare Gospel Church	Kenley Ave	293.56
Foursquare Gospel Church	Hallford Ave	13.81
Pentecostal Assemblies	165 Vermillion	99.29
W. Long - St Paul's Presbyterian Church	190 1st St	199.45
Princeton Long Term Care Society		171.75
Interior Health Authority	595 Ridgewood	2,120.84
Princeton Congregation of Jehovah's Witnesses	604 Ridgewood	257.30
Crown Provincial BC - trails	Trans Canada Trail	16.41
Crown Provincial BC - trails	Trans Canada Trail	19.86
Baptist Church of Princeton	160 Old Hedley Rd	290.11
Crown Provincial BC - trails	Trans Canada Trail	11.66
Crown Provincial BC - trails	Trans Canada Trail	68.21

This bylaw proposes to exempt properties from taxation that would have otherwise generated approximately \$4,300 annual tax revenue.

### LOST AND FOUND

Have you lost or would you like to adopt a pet?  
The town has two very friendly grey cats, found in the tunnel area. These cats are looking for homes.



Please contact the Animal Control Officer at the Town office at 250-295-3135 for more information.

### FREE LANDFILL DAYS

#### TOWN OF PRINCETON AND REGIONAL DISTRICT AREA "H"

FREE DUMPING is being offered once again at the LANDFILL on OCTOBER 25<sup>th</sup> & 26<sup>th</sup>, 2008 for Town of Princeton and Regional District Okanagan Similkameen Area "H" residents only.

Free Dumping is an opportunity to drop off trash items that are regularly charged a fee such as:

Home renovation materials (i.e. floor coverings, drywall, roofing, etc.), refrigerators, air conditioners, televisions, old furniture, etc.

Free landfill tipping Does NOT include commercial refuse.

### EMPLOYMENT OPPORTUNITY

The Town of Princeton Community Recreation & Culture Department is looking for an energetic person who enjoys working with youth in offering late night youth activities on weekends. This is a casual on call position where the employee would help organize and supervise late night events with youth beginning mid October. Drop off your resume at Town Hall or call Nadine at 250-295-6067

### RECREATION PROGRAMS

REGISTER TODAY-250-295-6067  
PRESCHOOL FUN

CREATIVE DANCE MOVES is for the preschooler wants to explore dance through rhythm, music & movement. 10 sessions/\$38.00 Thursdays Oct. 9 2-2:45pm Riverside Ages: 4-Kindergarten

DAD/MOM & ME SPORTS is perfect for the working parent who would love to participate with their preschooler. This class consists of a warm up, main activity and cool down. Ages: 3-Kindergarten

#### SCHOOL AGE FUN

CLAY FOR KIDS is for the creative young person who wants to learn about the basics of hand building with clay and creating unique pottery art. Ages: 8-12 yrs. 4 classes/\$40.00 3:30-4:45pm Wednesdays October. 8 to 29

HIP HOP DANCE is for the young person who would like to learn the latest in hip hop & dance coordination in this funky energetic class. Beginning Thursday Oct 9 at Riverside Centre Ages: 6-8 3:15-4:15pm & Ages: 9-12 at 4:30-5:30 pm

#### SCHOOLS OUT CAMP-OCTOBER 24

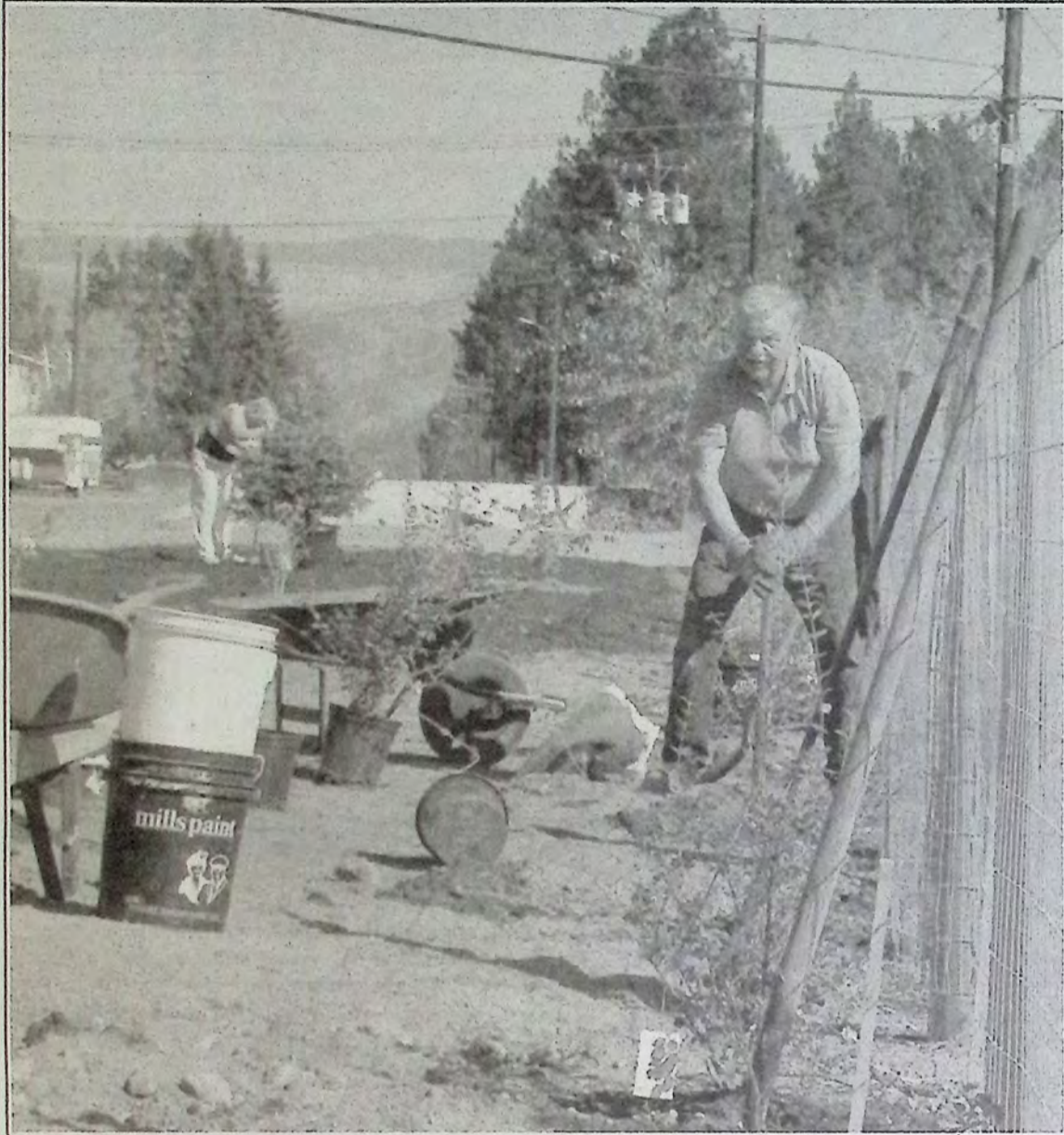
Are you looking for a great place to hang out when schools give you a day off? Why not hang out with our fantastic day camp leaders for fun, adventure, friendships, crafts, games, sports and skating. Grade 1-7 1 day/\$21.00 9am-3pm at Vermillion Forks Elementary.

#### ADULT ACTIVITIES

JAZZ DANCE is a high energy fun program that includes warm ups, stretching, learning basic steps and choreography. Enjoy a great dance workout with Kat Hewitt. 10 Sessions/\$70 7-8pm at Vermillion Forks Elementary. beginning Wednesday, Oct. 8

RESTORATIVE YOGA with Dell Hall & Lynne Thomas is beginning Wednesday Oct.15 at Riverside Centre from 9:15-10:30am. Punch Cards available or register for 10 classes.





Princeton Lions Club members spent part of last week working on the general landscaping of the park on Mayne Avenue at Highway 3. President Wayne Passey is seen prepping a hole for some shrubbery. His wife, Anne, is working in the background. Many members pitched in over the past week.\*

## Re-elect Alex Atamanenko

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## Building on B.C.'s Strengths What Choices Would You Make?

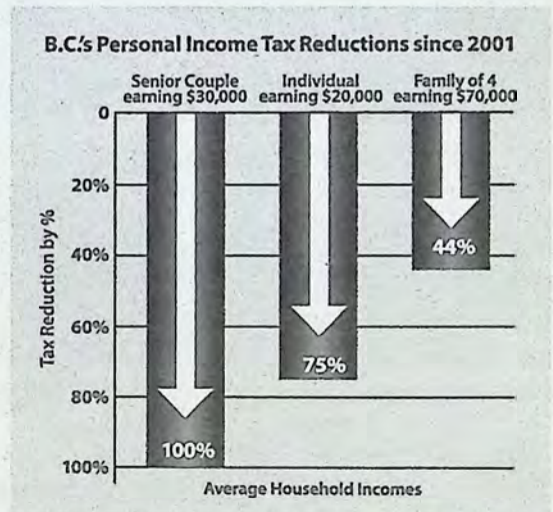
- BUDGET 2009 CONSULTATION PAPER -

As we develop B.C.'s 2009 Balanced Budget we want to hear your priorities.

**You've told us tax relief is important.** In the last seven years, we've cut over 100 taxes. On July 1st, personal income taxes were reduced for all British Columbians. B.C. now has the lowest personal income taxes in Canada on incomes up to \$111,000. And, in January 2009, personal income taxes will be reduced again.

### Tell Us Your Choices

We're inviting you to take part in B.C.'s Budget Consultation process. Find out how in the Budget Consultation Paper arriving in your mailbox. Together, we can make the best choices to shape B.C.'s future.



For more information visit [balancedbudget2009.ca](http://balancedbudget2009.ca) or call 1-877-428-8337





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## keremeos and area news



Rustic Roots Winery hosted an open house October 4th at Harker's Organics in Cawston. From left, Kathy, Bruce, Sara and Troy Harker in the 'rustic' wine tasting room which celebrates the Harker family roots with portraits of the five generations of family involved in the business. \*

## Council issues meeting highlights

Here are the Media Highlights from the Village of Keremeos September 22nd Regular Council Meeting:

Council heard from representatives of the Canadian Mental Health Association, who outlined the services they provide. The representatives noted that many people in all walks of life will be affected by one or more mental illness in their lifetime, and support and understanding is key to recovery.

Council heard from J. Herbert Watt who wishes to rezone his property on 6th Avenue and subsequently subdivide the property. He noted that he is tired of dealing with difficult tenants and wishes to subdivide and develop the property for a subsequent sale.

Joe Littlefield of the Similkameen Trails Society asked that Council put the request that was on the agenda in abeyance pending further information from the

Regional District Okanagan Similkameen as well as the Provincial Ministry of Sport Tourism and the Arts relating to the use of provincial rights-of-way for trail development.

Council received a letter from the Hedley Temple Society asking for an exemption from municipal taxation for their Lodge Hall in Keremeos. Council received the letter, discussed the issue, and asked staff for more information on possible options for potential reductions in taxation to non-profit groups within the Village.

Council received a demonstration from Michael McLaughlin, Economic Development Officer on a proposed new website for the Village. Positive comments were noted by Council about the new site, and the site went live on October 3rd after providing a brief time for Council to provide additional comments about the site.

The CAO was asked to provide

additional information on options for a public input session relating to the draft road network study that has been conducted.

Council received William Duff's resignation from the Board of Variance and authorized the CAO to advertise for another individual to replace him. Duff has agreed to stay on with the Board until a new person is appointed.

Council approved the purchase of Christmas turkeys for Village staff members in appreciation of their efforts throughout the year, and agreed to close the Village office on December 24, 2008 at 1:00 PM and again on Friday, July 2, 2009 in addition to the statutory holiday closures at Christmas.

Council revisited an earlier decision to deny support for a local property owner to subdivide their property within the Agricultural Land Reserve. Council discussed the issue and delivered the same decision as previously made – to deny support for the application – Mayor Despot was recorded as opposed to that decision.

Council adopted Mobile Business License Bylaw No. 752, 2007, Amendment Bylaw No. 752-1, 2008 which removes the District of Sicamous from the list of participating municipalities and adds the District of Westside to that list.

- submitted by Village of Keremeos

**RESUME**  
NEED SOME WORK?

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# Fall pottery classes offered

Princeton Community Recreation has an exciting slate of pottery classes at Riverside Centre this fall.

Susan Delatour LePoidevin is the Centre's resident potter and brings over 25 years of experience as a professional ceramic artist and community program teacher. Her children's classes and adult classes on handbuilding and using the potter's wheel are well received by those who take them. LePoidevin offers classes in the fall and spring and children's classes in the summer.

This fall LePoidevin will offer a six week evening Adult class starting Tuesday, October 14th (new starting date) in handbuilding, wheel work, glazing and firing. Participants can work at their own pace under LePoidevin's guidance or make tiles to contribute to a community mural for Riverside Centre.

Learn to make a pot on the wheel or hand build those personal Christmas gifts!

LePoidevin will offer her popular Clay For Kids class on Wednesday

afternoons beginning October 8th. Session #1 will be a harvest theme for students ages 8 to 12 and they will learn the basics of handbuilding with clay, and glazing.

Session #2 will be a winter holiday theme starting November 12th for ages 5 to 7.

There is also an opportunity to use the pottery studio on an individual basis through membership in

## Group examines mushrooms

The next evening lecture offered by the Vermilion Forks Field Naturalists will be on October 14th and will feature Jim Ginns who will give a presentation on mushrooms.

If you are interested, you are welcome to attend. These evening ses-

sions are now being held on the second Tuesday of each month beginning at 7:00 PM at Riverside Centre. A half-hour business meeting will precede the presentation. There is an opportunity following the presentation to ask questions. Refreshments are served.

Princeton Potter's Guild on Thursdays with a punch card system. For more details on classes and workshops pick up a copy of the Princeton Fall Leisure Guide or call LePoidevin at (250) 295-0527 or Nadine McEwen at Riverside Centre (250) 295-6067 to register. Space is still available in all classes so sign up now! - submitted



6-year old Nadine Paquette applies a colourful glaze to a clay birdhouse as part of a pottery class she attended. - photo submitted

**GO, POSSE, GO!**  
NEXT HOME GAME IS OCTOBER 15  
AGAINST SUMMERLAND STING

OCTOBER 2008

5	6	7	8	9	10	11
12	13	X	<b>This Tuesday, vote.</b>			

**A federal general election is taking place on October 14, 2008.**



For information on where and when to vote, check your voter information card. It tells you where and when to vote. You'll get through the voting process more quickly if you have it with you.

You will find the voting hours for your polling station on your voter information card or at [www.elections.ca](http://www.elections.ca) by clicking on "Voter Information Service".

If you haven't received this card, you are probably not on the voters list. To register, all you need to do is go to your polling station on election day, where you must prove your identity and address.

**New identification rules to vote**

When you vote, you must prove your identity and address.

For the list of acceptable pieces of identification authorized by the Chief Electoral Officer of Canada, please see the pamphlet you received by mail from Elections Canada or visit [www.elections.ca](http://www.elections.ca) and click on "Voter Identification at the Polls".

To vote, you must:

- be a Canadian citizen
- be at least 18 years old on election day
- prove your identity and address

**Vote. Shape your world.**

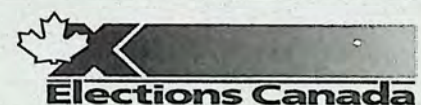
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## BETWEEN THE SHEETS

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### AGM

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Time to mingle and try out the ice...

Early Registration, basic curling instruction will be available and a warm atmosphere welcomes you!

NEW CURLERS ARE ENCOURAGED TO ATTEND.

7:00 - 9:00 PM

Wednesday, October 22

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Mary Gunn (250) 295-3719

#### TUESDAY MENS

Bob Paterson (250) 295-3205

#### WEDNESDAY LADIES

Carol McDonald (250) 295-6798/Marg Ovington (250) 295-6188

#### THURSDAY DAY LEAGUE

Shirley Campbell (250) 295-3379/Mona Willis (250) 295-6288

#### THURSDAY MIXER

Shauna Hassell (250) 295-0112/Ian Elko (250) 295-8416

#### YOUTH CURLING

Wanda Marshall (250) 295-3319/Rosemary Clarke (250) 295-3706

#### SPECIAL OLYMPICS

Gloria Gagnon (250) 295-7218

## news leader health and lifestyle page

### Alleviate your dry skin – Dermatologist's top 10 tips

(NC)—For many people, the colder days of fall bring more than just a rosy glow to the cheeks. They also bring uncomfortable dryness to the skin. For some people, the problem is worse: their skin gets so dry it results in flaking, cracking, even eczema and irritation.

"As soon as you turn the heat on indoors, the skin starts to dry out," says Dr. Mary McKenzie, a dermatologist from Toronto. "When it comes to skin care, many people find that they must use different skin care regimens in the fall/winter compared to the summer."

When humidity inside drops, skin begins to lose moisture, causing you to feel the dryness and itching. Modifying your skin care regimen to address the change in humidity is an important consideration for maintaining healthy skin.

Here are 10 helpful tips provided by Dr. McKenzie to prevent and

relieve your dry skin:

1. *Soak your skin with moisturizers*  
Using a non-irritating, hypoallergenic moisturizer, such as a barrier repair formulation like IMPRUV Cream, can make a significant difference in your skin. This treatment works differently than mainstream moisturizers. Not only does it reduce water loss, it helps build the skin, as well as calm the burning and itching sensation.

2. *Ban Superhot Baths/Showers*  
Taking a hot bath may feel great on those cold days, but the intense heat of the shower or bath actually breaks down the lipid barriers in the skin, which can lead to moisture loss.

3. *Avoid using heavily fragranced soaps*

It's best to use fragrance-free, non-detergent, neutral-pH products to cleanse your skin.

4. *Hook Up the Humidifier*

Help restore moisture indoors by placing a humidifier in your home to prevent your skin from drying out.

5. *Wear skin-loving fabrics*

Natural fibers, such as cotton and silk feel wonderful and allow your skin to breathe.

6. *Avoid fragranced detergents and*

*fabric softeners*

Use fragrance-free detergents that won't irritate your skin and try skipping fabric softeners.

7. *Hydrate your Skin*

Drinking water helps your skin stay young looking and is good for your overall health.

8. *Keep wrapped up*

Try to limit your skin's exposure to harsh temperatures and damaging winds, which are the main culprit to dry skin problems.

9. *Protect your hands*

Chapped and irritated dry skin on the hands is common for many with dry skin. Try rubber gloves to protect them from hot water and harsh detergents. Wearing cotton gloves underneath may also be a good idea, especially if you are latex allergy-prone.

10. *Seek Medical Treatment*

If your skin condition does not improve, or if it worsens, it is important to see your physician for an appropriate course of treatment.

These tips on dealing with dry skin will help you initiate good skin care. With healthy living and good common sense, you can have moist, luxurious skin at any age.

For more information and tips on dry skin, visit [www.impruv.ca](http://www.impruv.ca).

### GO, POSSE, GO!



### GO, POSSE, GO!

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Check these sites out today!

## living past 100

### Healthy kids are smarter

A curious medical fact is that those people who are above average intelligence live longer than those of mediocre or reduced levels of intelligence. Strange, but true. The latest research on human intelligence points to fish as the accelerant for intelligence.

A recent study done on thousands of children discovered that those children who consume the most Omega-3 fatty acids (what we get from cold water fish) did better on their intelligence tests than those who were deficient in Omega-3. Another curious fact followed: when supplemented with Omega-3 fatty acids, girls improved twice as much as boys when tested. The conclusion was that the female body needs Omega-3 more than male bodies. Research has found that females of child-bearing age store large amounts of Omega-3 in their hips, possibly to ensure adequate Omega-3 for development of a healthy brain in a child during pregnancy.

Deficiency of Omega-3 fatty acids have been linked to violent behaviour, depression, bipolar disorder, inflammatory diseases and heart disease.

The best Omega-3 source is cold water fish, such as salmon, lake trout, mackerel. Other sources include nuts and flax oil (but the flax oil must be cold pressed and used immediately).

Now we know how we can improve our children's intelligence, and help them live longer, healthier lives.

This is great news for children, but what does it do for the adult population, especially in this time of an increasing percentage of elderly in our population?

Adults can eat more fish, or take Omega-3 supplements, to improve mental alertness, and to improve many other aspects of health. Omega-3 fatty acids are essential nutrients.

Some foods can decrease the positive effects of Omega-3. Foods containing a lot of cooked fat, such as French fries and potato chips, will interfere with Omega-3 uptake. Foods such as margarine, corn oil, soybean oil, and safflower oil, contain a great deal of Omega-6, which tends to interfere with Omega-3.

Medical research continues to study not only fats we consume, but fats we store. This may change our outlook on what fats we should have in our daily diets. In the meantime, researchers are telling us to eat more Omega-3 (two servings of cold water fish weekly) and less of those Omega-6 fats.

Although there are warnings about eating some fish, such as tuna and swordfish, due to mercury toxicity, lake trout and wild salmon may be eaten without much concern. If you are worried, Omega-3 is available from chia. Check with your health food store or pharmacy for advice on quality Omega-3 supplements.





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**485 Corina Avenue**  
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**291 Angela Avenue**  
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**117-3rd Street**  
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Beautiful 364 acre parcel located 14km from town. KVR runs through property. MLS 46654  
**\$990,000**



**Lot 3 Highway 3 West**  
CONTINGENT - Nearly 3 acres on major highway. View lot next to established pub. MLS 42537  
**\$144,900**



**106 Deerview Crescent**  
Executive rancher in Deerview Estates. MLS 42103  
**\$399,900**



**31-263 Highway 3**  
Immaculate mod/line, new flooring. MLS 100261  
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**2595 Victoria Avenue**  
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**\$389,900**



**125 Missezula Lake Road**  
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**\$349,900**



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**2846 Princeton-Summit Rd**  
Outstanding 8.32 acre creekfront property 28km from town. Level, all usable. MLS 100772  
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**Heather Johnson**  
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**Woodward's**  
INSIGHTS INTO BC'S HISTORY

Published by: Similkameen News Leader

**by Nick Mills, Princeton Museum & Archives**

The Woodward's building was in the Downtown Eastside of Vancouver. The original portion of the building was constructed in 1903 for Woodward's Department Store when that area of Cordova Street was the heart of Vancouver's shopping district; this was the premiere shopping area of the City.

The store was famous for its Christmas window displays, its basement Food Floor and the "W" sign at the top of the building was a distinctive landmark on the Vancouver skyline.

After the bankruptcy of Woodward's in 1993, the building remained vacant except for numerous incidences of squatting. Developing the building was seen by many as a key to the revitalizing the Downtown Eastside, however the demolition of the structure in 2006 and the redevelopment of the site has met with some resistance from existing residents of the neighborhood.

The building was built in 1903 by Charles Woodward as the second location for the Woodward's Department Store. In BC he pioneered the concept of one-stop shopping; the new store included a

food floor, household items, men's and women's fashions and provided cheque cashing, travel booking and other services. The store soon became a feature attraction in Vancouver and it expanded over twelve separate phases to a final size of 12 storeys.

The popularity of the Store attracted many other businesses to the area and in 1944 the landmark "W" was installed aloft the building on the top of a 25 metre replica of the Eiffel Tower. The sign replaced a pre-war searchlight beacon which had until then been the building's hallmark, but had been shut down at the beginning of World War II because of its potential use as a landmark for aerial attacks.

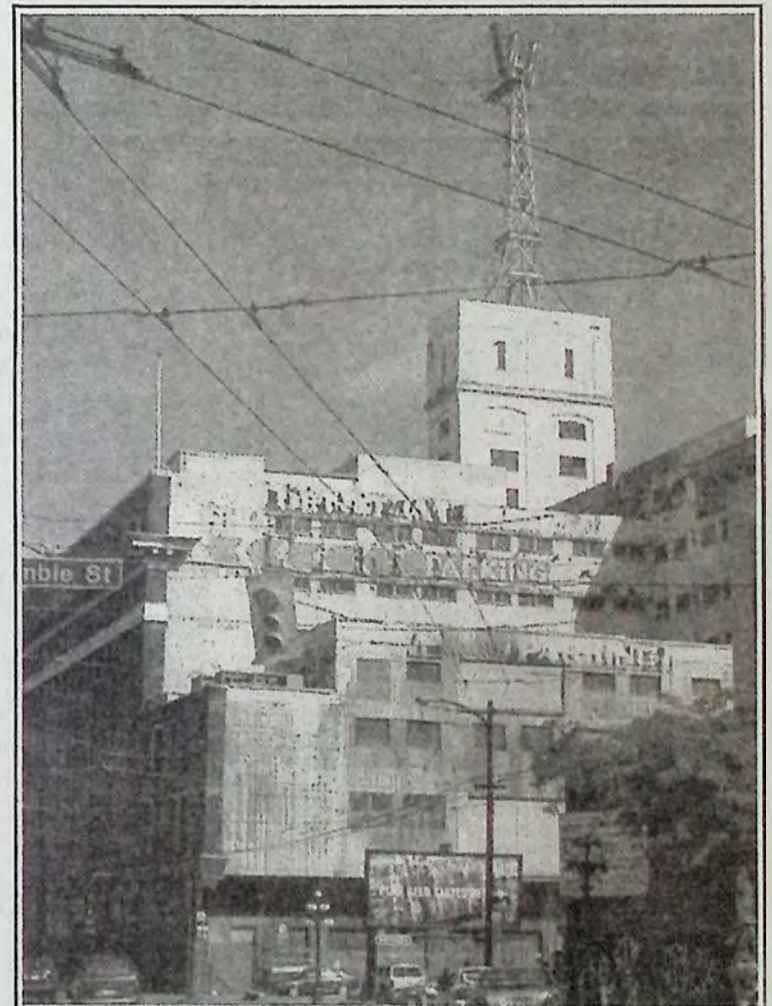
Woodward's fortunes declined as customers gravitated to more suburban malls, but the Vancouver

location was also greatly impacted by the transfer of the close-to-Eaton's store to the uptown location of Pacific Centre, just across the street from The Bay, this in turn signaled the demise of West Hastings Street as the central retail district in the City.

In the 1980's Woodward's sold the food floor, long known for its quality and unusual specialties, to Safeway.

During the same time, the area around the Woodward's building started to decline socially and economically.

In 1993 Woodward's went bankrupt and closed its doors. Many of the Store's suburban locations were sold to HBC for conversions to Zellers and Bay stores, but there was to be very little interest shown in the downtown building.



The Woodward's Building in 2005. - photo submitted

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A Community Capacity Building Strategy Youth Workshop was hosted September 30th at Riverside Centre by the BC Healthy Living Alliance and Canadian Cancer Society. The group spent the day identifying a capacity building project that Princeton area youth would take ownership of and operate. \*



Troy Harker pours a sample during the Rustic Roots Winery open house October 4th at Harker's Organics, Cawston. Troy represents part of the fifth generation of family with business at the site. \*

[www.lovechunk.info](http://www.lovechunk.info)

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**Regional District Okanagan-Similkameen**

**Rural Land Use Bylaw Amendment Application**  
1725 Princeton-Summerland Road, Electoral Area 'H'  
Lot 5, Plan KAP51323, District Lot 3775, KDYD

**NOTICE OF PUBLIC HEARING:**  
Monday, October 20, 2008 - 6:00 PM  
Riverside Wellness Centre  
148 Old Hedley Road, Princeton, BC

**PURPOSE:**  
*Proposal:* amend the Official Community Plan and Zoning Bylaw in order to subdivide the subject property into two separate parcels of approximately 3.5 hectares (ha) and 8.0 hectares (ha) in area.

*Amendment Bylaw No. 1725.21, 2008:* to amend the Official Community Plan Bylaw No. 2463, 2008 and the Zoning Bylaw 2464, 2008 by changing the land use designation of the subject property from Resource Area (RA) to Small Holdings (SH) and zoning from Resource Area (RA) to Small Holdings 2 (SH2).

Permitted uses within the proposed SH2 (Small Holdings Two) designation include: agriculture; forestry; stables; kennels; animal hospitals; single family dwellings; home occupation; home industry; auxiliary dwellings; care centre; public parks; fruit and vegetable stand; processing and sale of farm products; buildings and auxiliary structures including roof shelters over travel trailers.

Amend Official Community Plan Bylaw No. 2463, 2008:

from: Resource Area (RA)  
to: Small Holdings (SH)  
*indicative only*

Amend Zoning Bylaw No. 2464, 2008:

from: Resource Area (RA)  
to: Small Holdings Two (SH2)  
*indicative only*

1725 Princeton-Summerland Rd

**VIEW COPIES OF THE BYLAWS & SUPPORTING INFORMATION AND MATERIALS AT:**

Regional District Okanagan-Similkameen 101 Martin Street, Penticton, BC Monday to Friday - 8:30 AM to 4:30 PM	Princeton Town Hall 169 Bridge Street, Princeton, BC Monday to Friday - 8:30 AM to 4:30 PM
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The public and all persons who believe that their interest in property is affected by the proposed bylaw amendments can present written information or speak at the public hearing. All correspondence for the public hearing to be addressed to: Public Hearing, Bylaw No. 1725.21, c/o Regional District Okanagan-Similkameen. No letter, report or representation from the public will be received after the conclusion of the public hearing. This public hearing has been delegated to a Director of the Regional District.

**FOR MORE INFORMATION PLEASE CONTACT DEVELOPMENT SERVICES:**  
Telephone (250) 490-4107 - Fax (250) 492-0063 - e-mail: [planning@rdos.bc.ca](mailto:planning@rdos.bc.ca) - Web: [www.rdos.bc.ca](http://www.rdos.bc.ca)

Tracey Batten, BBA  
General Manager of Administrative Services

[www.thenewsleader.ca](http://www.thenewsleader.ca)

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**Heather Johnson & the Century 21 Team**

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Town of  
**PRINCETON****Notice of Zoning Amendment  
Bylaw No. 809, 2008**Pursuant to the provisions of Section 893 of the *Local Government Act*, notice is hereby given that Town Council will consider amending the Town of Princeton Zoning Bylaw No. 646, 1994.

The proposed Amendments are as follows:

Town of Princeton Zoning Bylaw No. 646, 1994

- a) That Lots 6 and 7, Plan 51, District Lot 706, Yale (formerly Osoyoos) Division, Yale District, Plan 51 (civic address 68/74 Billiter Avenue) to rezone the properties from I1 Institutional to RM2 Multi-family Residential (low density).

The purpose of which is to facilitate the redevelopment of the property at 68/74 Billiter Avenue for residential apartment use.

A public hearing is being waived under the provisions of Section 893 of the *Local Government Act*, as the subject properties are consistent with the Town of Princeton Official Community Plan designating the property as residential.

A copy of the subject Bylaw No. 809, 2008 is available for examination during normal business hours 8:30 AM to 4:30 PM, Monday to Friday inclusive in the Town Office, 169 Bridge Street, Princeton, BC.

Patrick Robins,  
CAO  
Town of Princeton

NDP Forest Critic Bob Simpson (MLA Cariboo North) was the guest speaker at a casual meeting September 30 in the Skills Centre. He was joined by Yale-Lillooet MLA Harry Lali, right. \*

**Forest critic visits Princeton**

Should the NDP form the next provincial government, Forest Critic Bob Simpson will likely be appointed Minister of Forests thanks to the homework he has done through a series of tours throughout the province.

Simpson says the tours he has taken over the past three and a half years involved a lot of conversations with British Columbians and their thoughts on forestry.

"I've been on tour to get some insight and feedback on what direction the industry should go."

Oddly enough, in the four tours he has taken across BC, his first stop in Princeton, what many would consider a forestry town with history built on and a future hinged on lumber, was last week.

Simpson, the MLA for Cariboo-North, was accompanied by Yale-Lillooet MLA Harry Lali and spoke to a handful of Princeton residents September 30th at the Skills Centre.

The basis of Simpson's new forest management document revolved around a single, simple fact: every economic activity is created from the Earth.

"We need to understand our land base is changing," he explained citing forest fires, bug infestation and climate change are impacting the forests and emphasized the need to invest in land rehabilitation.

Simpson says there is a need to re-inventory BC's forests, factor climate change into the plan and create 25, 50 and 100-year plans.

"We have to start thinking about the forest industry as lumber and pulp." He said suggesting a wood substitute to fossil fuels and the use of wood fibre in the creation of other products along with the development of a bio-mass industry. The latter of which Simpson said would attract young people drawn to the 'green' concept, which would drive that industry.

Another point he made was the requirement of removing forestry decisions from the hands of government where forest stewardship decisions would replace economic decisions.

**Logan issues report from Area H**

..... continued from Front Page themselves on the safety of the drilling process. I told him that Petrobank had offered up a very limited information session at the Legion from 10:00 AM to 4:00 PM and that this was wholly inadequate. At the very least Petrobank must return as well as the Ministry of Energy and Mines and the Oil and Gas Commission.

Mayor McLean was scheduled to attend this meeting with me but he had a meeting conflict and could not. However he did take me by surprise when he asked that his name be removed from the briefing notes given to Minister Penner. He stated to me that he and his council did not agree with what I was asking of the minister and their stance was that they did not want any coalbed methane drilling in the area at all.

I can understand that to be asking for the above makes it sound as if we are giving in. That if the government can do what we have asked and they can guarantee the safety of our water and environment then we are still going to end up with coalbed methane drilling in our valley.

But we must stay on tract and our history with our opposition to coalbed methane drilling is lengthy. Your Regional District of Okanagan Similkameen has asked twice now for a moratorium on coalbed methane drilling. In 2003 UBCM members endorsed resolution B129 which requested that the provincial government issue no further drilling license, tenures, or other permits for coalbed methane exploration and development until local communities, their local government and First Nations are consulted and their concerns are

Simpson agreed it would be a tough transition to help position the province for the future.

"If we do this right, it'll be the most exciting thing to happen in this province."

fully considered and until adequate policies, regulation, and guidelines are enacted to ensure the safe development of coalbed methane in the Province of BC.

In 2007 the UBCM endorsed resolution B149 which requested that the Province "coordinate a community meeting process for all local governments in a watershed potentially affected by coalbed methane development where a balance of government agencies, industry, community groups and environmental organizations make presentations so residents have the variety of viewpoints they need to make a knowledgeable decision about such development."

This year Prince Rupert put through Resolution B42 which was fully endorsed by the members of the UBCM that:

Immediately suspend coalbed methane exploration in the Klappan-Groundhog tenure area;

Engage in comprehensive consultations with all the residents of the Skeena, Nass and Stikine Watershed and estuaries; and

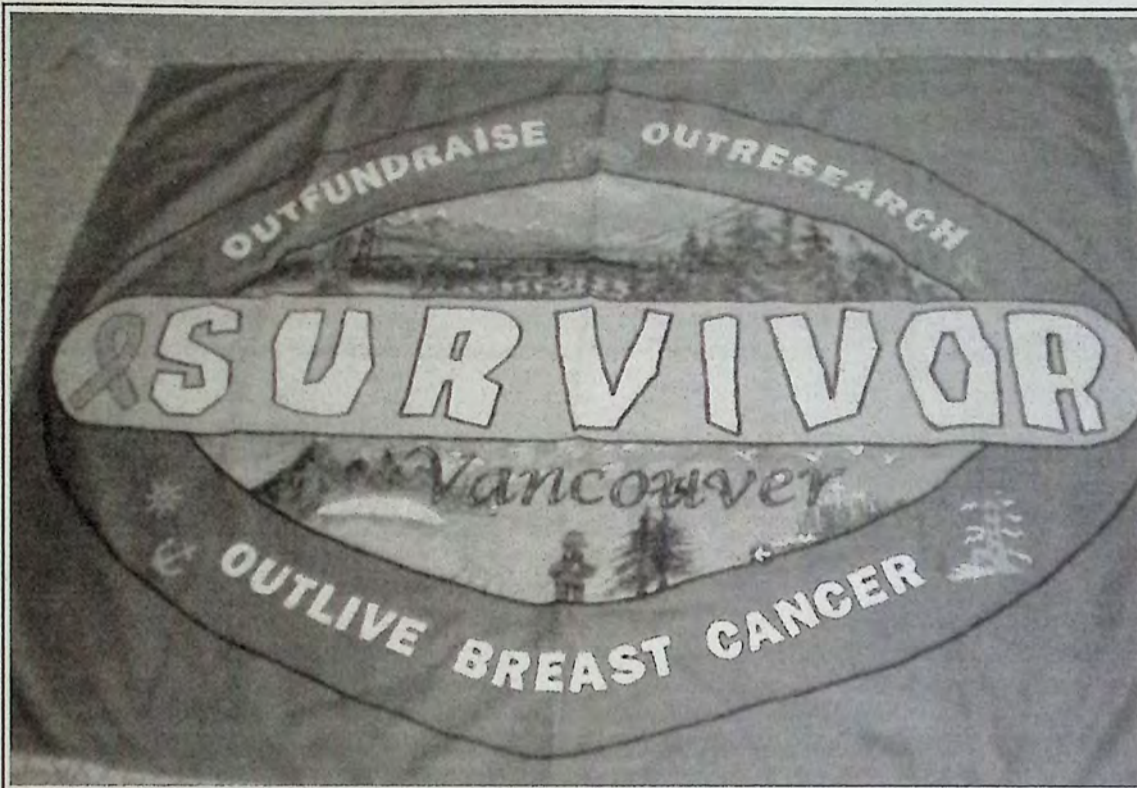
Not proceed with coalbed methane development in the Klappan-Groundhog area until there is compelling evidence of environmental safety, such that the majority of residents in the region are satisfied such development does not jeopardize their values and existing economic activities.

We are certainly not alone in our concerns over coalbed methane. Minister Penner will be reviewing the requests made and will be reporting back to the RDOS board and I will keep you advised and up to date on any developments.



# weekly entertainment guide

TUESDAY, OCTOBER 7, 2008 THROUGH MONDAY, OCTOBER 13, 2008



October is Breast Cancer Awareness Month. Princeton's 'Breast Friends' snapped this photo during the Weekend To End Breast Cancer Walk in Vancouver and shared it with us as a reminder. - photo submitted

## Be thankful for our food

The first Thanksgiving in the United States has become part of our heritage, as we feast on this special day with foods eaten in that first Thanksgiving. Few of us think about what those early Pilgrims ate but those foods are North American foods, and therefore part of our heritage, too.

The first Thanksgiving featured turkey on the menu. The native people ate turkey on a regular basis, as it was one of the wild birds that was easy to catch and made a good meal. Turkeys we eat today are domesticated, but wild turkeys still roam in North American woodlands. The turkeys at the first Thanksgiving were purely North American. The English did not have turkeys.

Corn was on the menu at the first Thanksgiving. Corn was a grain new to the Pilgrims. What the English called "corn" we would describe as "grain", whereas what we call corn is actually maize. Native American tribes planted three kinds of corn (or more). The corn on the cob variety is one we are most familiar with, but other corn was used for cereal, and still other corn became flour, or meal.

Pumpkin would have been another food the native people brought to the first Thanksgiving. Pumpkin was not only a vegetable, but a food dried and turned into flour to be used for gruel and bread. Along with pumpkins, the native people grew squash. There are many different kinds of squash, all edible, and all good food, but the winter squash was highly nutritious and prized as a vegetable.

Another North American food that was likely at the first Thanksgiving

was beans. North America provided a wide variety of beans. The majority of beans were dried and preserved in hide sacks. The English did have one type of bean, the fava bean, but the many different kind of beans we have today stem from North America.

Potatoes would have been on the menu of the first Thanksgiving. Native people had been growing potatoes for at least 1,000 years, although we would not recognize them as the kind of potatoes we grow today. The natives of the east coast did not grow as many varieties as the southwestern tribes, but they did grow a hardy variety.

Tomatoes and tomato sauce are associated with Mexican and Italian foods, but tomatoes would have been available for the first Thanksgiving, as they are a North American plant. Many Europeans would not eat tomatoes until about 100 years ago, as they believed tomatoes were poisonous, because tomatoes belong to a family of plants which number deadly nightshade among them.

There may have been peanuts at that first Thanksgiving, but they would have been obtained by trade with tribes far to the south. There were very few peanuts available in those days. There definitely would have been hickory nuts and beech nuts, which the native people roasted, dried, and ground into flour (or just ate from the shell). Sunflower seeds would likely have been a treat at that first Thanksgiving.

Wild carrots were available, but eaten sparingly, as the native people associated them with liver disease.

We seldom think of native people of North America having raisins,

but on the east coast, wild grapes grew in most woodland areas where there was a moist clearing. Native people were experts at preserving dried fruits and vegetables. No doubt there were dried berries of various kinds, and probably cranberries among them.

The leaves of many kinds of native North American plants were blended and used as teas, often for medicinal purposes, but we can be sure there would have been a refreshing tea blend to go with the meal, as the kind of tea the English were accustomed to would have been very expensive to import in those days.

The end of the feast, with its abundance bringing the relaxation of full stomachs, probably brought out the pipes and tobacco (the gift or curse of native Americans).

As we go through the list of foods which were probably part of that feast day, we are reminded of the abundance of food the native Americans had at their disposal, foods which have spread their bounty worldwide today. As a final note of things to be thankful for, we can be thankful for the abundance of the land that the original people have shared with the world.

Today we live in a land where we take this abundance of food for granted. Here in the Similkameen Valley, as harvests come off the fields and trees, we can be especially thankful for the abundance produced in our valley.

Whether or not you have a traditional turkey dinner with pumpkin pie to celebrate Thanksgiving, please take the time to be thankful for our abundance and for the people who produce it.

Happy Thanksgiving!

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#### Shirley's Annual Sale & Open House

10:00 AM - 4:00 PM October 10 - 20  
This includes the Thanksgiving weekend!  
Giftware and supplies - 20% OFF Regular Price!  
Bring a friend and you will both get 30% OFF!  
Bring 2 or more friends and you all get 40% OFF!  
This offer includes all Giftware and supplies but does not apply to class fees and firing, etc.  
There will also be SOME REAL SPECIALS on what Shirley calls 'FACTORY SECONDS'

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I am here, somewhere! Just knock on the door.





She's a breast cancer survivor and credits early detection for saving her life. Heather Johnson, along with the many other Princeton area women who have beat the disease, remind you October is Breast Cancer Awareness Month. The Canadian Cancer Society says "many women who have had breast cancer are alive today because their cancer was detected and treated early." Visit [www.cancer.ca](http://www.cancer.ca) for information. \*

# Ranching Ain't Easy

## Mobile Hitching Post

by Lyn Melnechenko

Ned was half Indian, half Irish, and all cowboy. He was the best ranch hand anywhere for miles. He could rope either end of a steer in belly deep mud, heavy brush, or at full gallop across the open range.

His dog, Buddy, was an excellent cattle dog that worked long, hard days alongside his owner. Ned liked to tell people that he was the smartest dog ever born.

The only flaw in this team was Ned's horse, Pinto. The gelding was a big, raw-boned Paint-Draft cross. He was red and white pinto, strong as an ox and big as a moose. And just as homely. He could work all day and barely break a sweat. He could pull a cow out of the bog or stop a full sized charging bull at the end of a rope. He was almost the perfect horse.

Almost!

He just had one minor flaw. He wouldn't stay tethered anywhere. Ned would tie him to the hitching rail and go in for lunch. Pinto would be high-tailing it out to the field when Ned came out.

Ned would tie Pinto to a tree and get off to fix the fence. The horse would be half-way home before Ned knew it.

If Pinto couldn't untie the knot, he'd just pull back until he broke the rope, halter or bridle.

We had all wasted plenty of time waiting for Ned to catch that blasted horse so we could finish the job.

One day Ned was bragging about Buddy and how brilliant he was. We all chuckled and suggested that if the dog was so damned smart maybe Ned should give him Pinto

to take care of, so maybe the horse wouldn't get away again.

For the next few weeks we didn't see much of Ned. Oh, sure, he showed up for work as usual. He was too responsible to shirk his duty. But in the evenings he would disappear somewhere, coming back to the bunkhouse just in time to crawl into bed for the night. We all speculated that he had a new girlfriend that he visited and we couldn't help but tease him about his nightly rendezvous.

Ned was a master at keeping his expression...well, expressionless. I have no doubt this trait came from his native background. In spite of raising four rowdy boys with half Irish blood running through their veins and the devil riding around in their back pockets, his mother never got upset. If she showed any expression at all it was only a Mona Lisa-like smile. Ned was the son the most like his mother.

Ned continued to disappear each evening with no explanation. He took all manner of kidding with no answer as to where he had been. Then one afternoon, after we'd had the luxury of a sit-down lunch in the ranch kitchen, we went out to saddle up our horses. Ned was ahead of us and deftly dropped a loop over his horse's head. With a practiced hand he saddled and bridled the pinto and led him out toward the back of the barn.

"Where you headed?" Jim asked. "Outhouse!" was all Ned answered.

We all groaned and rolled our eyes. The same thing was running through each of our minds. Ned

was going to tie that blasted horse to the hitching rail while he was answering the call of nature and Pinto was going to break loose and escape. Then the rest of us would have to help catch him.

Damn!

We still had to finish tacking our mounts, which would give old Pinto a good head start. We hurried to get done before he could get too far. Don and I jogged around back of the barn with Jim hot on our tails.

We all stopped dead. Standing by the outhouse door, head down and quite passive, was Pinto. Buddy stood in front of him, face to face, with the reins grasped firmly in his teeth. Every time the horse moved a whisker Buddy would growl with a teeth baring snarl. We all stood dumb-founded and stared at the pair.

After a few moments Ned emerged from the outhouse and held out his hand. Buddy gently laid the reins in his palm. They weren't even wet.

Buddy remained in front of Pinto and snarled one last time as Ned tossed the reins over Pinto's neck and mounted up with the smooth agility that showed a lifetime spent on horseback.

Buddy stepped aside and took up his usual position at the horse's right flank.

With that illusive Mona Lisa smile Ned glanced over his shoulder and stated "Smartest dog ever born!"

Then he galloped off ahead of us. (Lyn has released a collection of her poems and drawings in "Cowgirls Cuss Too!" Contact her at [lyn@nethop.net](mailto:lyn@nethop.net) to purchase your copy.) copyright 2008 Lyn Melnechenko

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TUESDAY, OCTOBER 7, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:15) George S.	Thomas Lions	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Grossology	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Star Trek: Voyager	F/X: The Series
7 AM	Montel Williams	Room That News	Martha Dora	Arthur (El) Martha	Today Russell Crowe; the Pretenders; Marcella Hazan;	The Early Show (N)	American Justice	Good Morning America (N)			Poko Animal	Hawks Monster	SportsCentre		What's That About?	(6:56) Phineas	The Tyra Banks Show	Sports MXC	The Outer Limits
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious Sid			Cold Case Files		100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre		Dirty Jobs	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60	
9 AM	Fam. Feud	Three Takes	Berenstein Clifford	Super Why! Clifford	Martin Landau. (N)	The 700 Club	The First 48	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why! Gofrette	Timothy George S.	Off-Record Motoring	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	Married... Married...	Soap What
10 AM	Trivial	The Mom Show	Noonbory (10:31)	Sesame Street (N) (El)		The Price Is Right (N)	The First 48	The View (N)	World Vision	Debt Part House	Wilbur	Erky Perky Jane	NASCAR Racing	The View (N)	Mega Builders	Mickey Movers	The O.C. "The SnOC"	Married... Married...	Survivor-Aust. Outback
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog. Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	Billiards	Twice in a Lifetime	Mayday	Benj Bear (11:25) King	The Bonnie Hunt Show	Married... Married...	Deal No The Nanny
12 PM	Friends	News (N)	(12:05) Arthur	Charlie Rose	Paid Prog. Paid Prog.	News (N) Bold & B.	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News CBC News	SpongeBob Grossology	2007 Poker Million (N)	eTalk	Sport Science	(11:49) Weekend	CityLine	Most Amazing Videos	Seinfeld
1 PM	Still Std	Home to Buy Me	Maggie Daniel	Painting Quilting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Dewitt Ruby		Sue Thomas: F.B.Eye	Dirty Jobs	Dragon Emperor	ER "Out of Africa"	Most Amazing Videos	King King
2 PM	King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	Millionaire Jane	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata Jib Jab	Horn	General Hospital (N)	MythBuster's	(1:54) K. Possible	News (N)	Most Amazing Videos	King Family Guy
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo o "Horses"	Big World WordGirl	Judge Judge	Dr. Phil	The First 48	Rachael Ray	The Doctors	Young and the Restless	Living Food	Being Ian Pokemon	Off-Record Sports	Dr. Phil	Naked Science	Replace Emperor	News (N)	CSI: Crime Scn	Soap Big Screen
4 PM	Payne	Debt Part Deal No	Paddington George S.	Fetch! With Cyberchaz	Judge J. Judge J.	Oprah Winfrey	The First 48	Inside Deal No	Oprah Winfrey	(3:59) News Global	Fashion Mercer	SpongeBob OddParent	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Proud (4:36)	Law & Order: SVU	CSI: Crime Scn	Beverly Hills, 90210
5 PM	Movie: "Before and After"	News (N)	Martha (5:37) Business	BBC News	News (N) NBC News	News (N) CBS News	The First 48	News ABC News	News (N) Global	(4:59) News (N)	Simpsons Fortune	OddParent SpongeBob	Series of Poker	News (N)	How-Made How-Made	Suite Life Montana	Opportunity Knocks	CSI: NY (N)	Soap What
6 PM	Meryl Streep	Global News	Mechanics Nationals (Live)	Presidential Debate (Live)	Presidential Debate (Live)	Presidential Debate (Live)	The First 48 (N)	Presidential Debate (Live)	News (N)	ET Canada	News Drake	Drake iCarly	Series of Poker	News (N)	Destroyed Destroyed	Zoey 101 Life Derek	Privileged (N)	CSI: NY	Family Guy Seinfeld
7 PM	Cheers	ET News	Gardens				The Cleaner (N)	Analysis	ET Canada	90210 (N)	Coronatin Jeopardy!	Malcolm Home Imp.	SportsCentre (Live)	eTalk	Mighty Ships "Maersk"	Wizards So Raven	New York Friends	CSI: NY "Jamalot"	Seinfeld King
8 PM	Family Guy	Biggest Loser	World of Albert Kahn	Nova (N) (DVS)	Biggest Loser	NCIS "Capitol Offense"	The Cleaner	Opportunity Knocks	House "Ugly" (PA)	House "Ugly" (PA)	Mercer 22 Minutes	Malcolm Sabrina	In Corner	Dancing With the Stars	Daily Planet	Suite Life Sadie	News (N) (8:35) News	CSI: NY "Trapped"	Family Guy Married...
9 PM	Movie: "Before and After"	Inside Hollywood (N)	The Mu Art	Krakatoa	Millionaire Jeopardy!	The Unit	The First 48	Dancing With the Stars	90210 (N)	Kitchen Nightmares	The Tudors (N)	Futurama Prank Ptrl	Boxing: Ricardo Mayorga vs. Shane Mosley	Criminal Minds	Destroyed Destroyed	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: NY	Seinfeld Seinfeld
10 PM	Meryl Streep	Pam	Coma Facts of condition.		Fortune	To Be Announced	The First 48	News Entertain	Kitchen Nightmares	News Hour Final (N)	National	Mystery Adrenaline	Law & Order	Mighty Ships "Maersk"	School Cory	Judge EP Daily	Star Trek: Voyager	Married... King	
11 PM	John Carpenter's Ghosts of Mars	Sunset Tan	"Calavera Highway"		Raymond	News (N) Tonight	The Cleaner	News (N)	News (N)	Entertain (11:35)	(11:05) The Hour	Mystery Ghost	SportsCentre (Live)	News (N)	How-Made Life Derek	Suite Life News	Bullrun	King King	

WEDNESDAY, OCTOBER 8, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:15) George S.	Bob Build Lions	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Grossology	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Star Trek: Voyager	F/X: The Series
7 AM	Montel Williams	Room That News	Martha Dora	Arthur (El) Martha	Today (N)	The Early Show (N)	American Justice	Good Morning America (N)			Curious Animal	Hawks Skunk Fu!	SportsCentre		The Ultimate	(6:58) Phineas	The Tyra Banks Show	Sports MXC	The Outer Limits
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious Sid			Cold Case Files		100 Huntley Street (N)	Bo On Go	Pokemon	SportsCentre		How-Made	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60	
9 AM	Fam. Feud	Three Takes	Berenstein Clifford	Super Why! Clifford		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street (N)	World Vision	Super Why! Gofrette	Timothy George S.	Off-Record Fishing	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	Married... Married...	Reality What
10 AM	Trivial	The Mom Show	Sid (10:31)	Sesame Street (N) (El)		The Price Is Right (N)	CSI: Miami	The View (N)	Fighting for Canada	Debt Part House	Wilbur	Erky Perky Jane	Motorcycle Racing	The View (N)	Destroyed Destroyed	Mickey Handy	The O.C.	Married... Married...	Survivor-Aust. Outback
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog. Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	Billiards	Twice in a Lifetime	Bone Detectives	Benj Bear (11:25) King	The Bonnie Hunt Show	Married... Married...	Deal No The Nanny
12 PM	Fresh Pr.	News (N)	(12:05) Arthur	Charlie Rose	Paid Prog. Paid Prog.	News (N) Bold & B.	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News CBC News	SpongeBob Grossology	2007 Poker Million (N)	eTalk	Verminator's	(11:49) Weekend	CityLine	Most Amazing Videos	Seinfeld
1 PM	Still Std	Home to Buy Me	Maggie Daniel	Art Work Sewing	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S. Ruby		Sue Thomas: F.B.Eye	Mighty Ships "Maersk"	Dragon Emperor	ER "The Greater Good"	Most Amazing Videos	'70s Show '70s Show
2 PM	King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	Raymond Zula Patrol	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata Mr. Men	Horn	General Hospital (N)	MythBuster's	(1:54) K. Possible	News (N)	Most Amazing Videos	'70s Show Family Guy
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo o (DVS)	Big World WordGirl	Judge Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors (N)	Young and the Restless	Living Food	Being Ian Pokemon	Off-Record Sports	Dr. Phil	How-Made How-Made	Replace Emperor	News (N)	CSI: Crime Scn	Reality Ad Pers
4 PM	Payne	Debt Part Deal No	Paddington George S.	Fetch! With Cyberchaz	Judge J. Judge J.	Oprah Winfrey	CSI: Miami	Inside Deal No	Oprah Winfrey	(3:59) News Global	Fashion Laughs	SpongeBob OddParent	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Proud (4:36)	Law & Order: SVU	CSI: Crime Scn	Beverly Hills, 90210
5 PM	Movie: "Vertical Limit"	News (N)	Martha (5:37) Business	News NBC News	News (N) CBS News	News (N)	Dog the Bounty Hunter	News ABC News	News (N) Global	(4:59) News (N)	Simpsons Fortune	OddParent SpongeBob	NHL on TSN Season Preview	News (N)	Cash Cab Factory	Suite Life Montana	Secret-Teen	CSI: NY (N)	Reality What
6 PM	(2000) Chris O'Donnell	Global News	Sparks Wild	News-Lehrer	News (N) Millionaire	News (N) Hollywood	Dog News	News	News (N)	ET Canada	News Drake	Drake iCarly	(Live)	News (N)	Monster Moves (N)	Zoey 101 Life Derek	Hell's Kitchen (N)	UFC Unleashed (N)	Family Guy Seinfeld
7 PM	Family Guy	ET News	Meerlant Undersea	Liquid Assets: The Story	Jeopardy!	The Doctors (N)	Jacked	Entertain	ET Canada	Crime Stories (N)	Coronatin Jeopardy!	Malcolm Home Imp.	SportsCentre (Live)	eTalk	Mayday	Wizards So Raven	The Ultimate Fighter (N)	Seinfeld '70s Show	
8 PM	Family Guy	Knight Rider (N)	Chinese School	Assets	Jeopardy!	Christine Gary	Angel	Pushing Daisies (N)	Bones (N) (PA)	Bones (N) (PA)	Mosque Sophie (N)	Malcolm Fresh Pr.	Off-Record	So You Think You Can Dance	Daily Planet	Suite Life Sadie	News (N) (8:35) News	MANswers	Married...
9 PM	Movie: "Vertical Limit"	Biggest Loser	The Four Seasons (N)	Latinos '08 (N)	Biggest Loser	Criminal Minds (N)	Dog the Bounty Hunter	Private Practice (N)	NCIS	NCIS "Capitol Offense"	fifth estate	Futurama Prank Ptrl	Boxing: Yuriokis Gamboa vs. Marcos Ramirez	Canada (N)	MythBuster's	Montana Life Derek	(9:06) Jimmy Kimmel	CSI: NY	Seinfeld Seinfeld
10 PM	(2000) Chris O'Donnell	True Hollywood Story	In Performance	P.O.V. "Up the Yangtze" (N)	Lipstick Jungle (N)	CSI: NY "Turbulence"	Dog	(10:01) Dirty Sexy Money (N)	Crime Stories	News Hour Final (N)	National	Mystery Adrenaline	CSI: NY "Turbulence"	Cash Cab Factory	School Cory	Judge EP Daily	Star Trek: Voyager	Married... '70s Show	
11 PM	Sanford	Guy Stuff	Montreal Jazz	Digital	News (N) Tonight	News (N) Late Show	Jacked	News (N)	News (N)	Entertain (11:35)	(11:05) The Hour	Mystery Ghost	SportsCentre (Live)	News (N)	Mayday	Suite Life Life Derek	News	Bullrun	'70s Show



# Horoscopes

October 8 - 15, 2008

**Aries** - Plans you and your partner have made must be revised now. Big ideas may be scaled down to meet the test of reality. Don't be discouraged. Move ahead next week.

**Taurus** - You need to pay attention to health advice. Partner will give help but may be demanding. You want to have fun, take things easy, but you will run into opposition. Do your share!

**Gemini** - Job and health may be an issue this month. Job will be demanding, health may be affected by burns, scrapes, infections, colds. Take precautions, hang in there!

**Cancer** - You can have more fun now, even if work at home remains your focus. Be careful doing high energy physical work - you must do it with caution. Good time for fall cleaning.

**Leo** - Job runs smoothly, health is good, but finances must be restrained. Pride in your home is great, but don't overspend on impressing others. Siblings may change plans.

**Virgo** - Avoid conflict with those in your immediate area, and choose your words carefully. Others may take you the wrong way if you seem flippant. Focus on clearing up finances.

**Libra** - This is your best time of year, but this year you may have money problems, either not enough or spending too much. Take time to review finances, make budget for future.

**Scorpio** - Energy levels begin to climb now, but don't expect miracles. Worries decline about groups you belong to. Issues that began in September can be resolved now. Move ahead.

**Sagittarius** - Career and money must remain your focus. Problem with a parent will resolve itself this month. Look to groups, associates, to bolster income and goodwill.

**Capricorn** - Focus on career. You can make gains now. Ignore gossip, problems among associates, but do offer sympathy and cheer. Don't let news upset you, take a philosophical approach.

**Aquarius** - Career is hectic, but you are not upset by it. Life seems good now. Resources such as loans, legacies, must be handled carefully. News from far away is good but changes.

**Pisces** - You may have to change your mind about something you were sure of last month. Don't let this bother you: you may not have had the right information then. Travel now goes well.

## Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesday of the month, 7:00 PM in GSAR Hall, Rocklin Avenue.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym
- Little Folks Nursery School Parent/Board Meetings, 3rd Wednesday of each month, 7:00 PM at the school.
- Legion Ladies Aux., second Tuesday each month, 7:00 PM, Legion.

## thursday movies

### AFTERNOON

5:00 pm WTBS (3) ★★½ "Cellular" (2004, Suspense) Kim Basinger. A young man tries to help a kidnapped stranger after she contacts him on a cell phone. (G)

### EVENING

9:00 pm WTBS (3) ★★½ "Cellular" (2004, Suspense) Kim Basinger. A young man tries to help a kidnapped stranger after she contacts him on a cell phone. (G)  
 CHBC (4) "Abducted" (2007, Drama) Sarah Wynter. Premiere. The wife of a prison warden learns about the ulterior motives of her kidnapper. (G)

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## friday movies

### AFTERNOON

5:00 pm WTBS (3) ★★½ "A Knight's Tale" (2001, Adventure) Heath Ledger. An English commoner dons the armor of a dead jousting knight, with the help of friends, competes against nobles in 14th-century France. (G)

### EVENING

7:00 pm YTV (18) ★★½ "Ella Enchanted" (2004, Romance-Comedy) Anne Hathaway. A young woman embarks on a journey to break the curse of obedience placed upon her by a fairy godmother. (In Stereo) (G)  
 7:30 pm FAM (26) "Twitches Too" (2007, Mystery) Tia Mowry. Twin sisters who have magic powers uncover evidence that their missing father is alive. (G)  
 9:00 pm WTBS (3) ★★½ "A Knight's Tale" (2001, Adventure) Heath Ledger. An English commoner dons

the armor of a dead jousting knight and, with the help of friends, competes against nobles in 14th-century France. (G)  
 KNOW (5) "Dalziel & Pascoe: A Clubbable Woman" (1996, Mystery) (Part 2 of 2) Colin Buchanan. Detectives seek the killer of a member's wife at a rugby club near York, England. (N) (G)  
 FAM (26) ★★ "Beetlejuice" (1988, Comedy) Michael Keaton. Premiere. A ghoul helps a newly dead couple haunt the tasteless new owners of their beloved home.  
 10:00 pm KNOW (5) ★★ "Project Grizzly" (1996, Documentary) Canadian scrap-metal dealer Troy Hurtubise devotes his life to building a suit that can withstand a grizzly attack. (N) (G)  
 10:30 pm FAM (26) "Stuck in the Suburbs" (2004, Comedy-Drama) Danielle Panabaker. Two friends set out to reveal the true persona of a pop star whose flashy image was manufactured by his record company. (G)

## Similkameen News Leader

Recipe Corner (Recipe #240)

Brought To You By: Similkameen News Leader

# Citrus Mustard Basted Turkey

Butter based mixture of Dijon mustard, orange and lemon zest for a new take on the Thanksgiving favourite.

Prep Time: 25 minutes / Total Time: 4 hours (approximately)

- 1/2 cup (1 stick) softened, unsalted butter
- 3 tbsp chopped fresh tarragon
- 3 tbsp chopped fresh marjoram
- 2 tbsp chopped fresh sage
- 1 tbsp lemon zest
- 1 tbsp orange zest
- 2 tsp Dijon mustard
- 1/2 tsp kosher salt
- 1/4 tsp ground black pepper
- 1 Butterball Turkey (15 lb)

\*If fresh herbs are not available, substitute 1 teaspoon dried herbs for each tablespoon of fresh.

#### Directions:

1. Prepare turkey as per package directions.
  2. Preheat oven to 325°F/165°C. Combine butter, herbs, zest, mustard, salt and pepper in work bowl of blender or food processor; cover. Process until well blended.
  3. Remove butter mixture from blender. Carefully work fingers under skin on breast of turkey. Place half the butter mixture under breast skin. Rub remaining butter mixture over breast and legs.
  4. Place turkey, breast side up, on a flat rack in a shallow baking pan. Roast turkey approximately 1 1/2 hours. Then, cover breast and top of drumsticks loosely with foil to prevent overbrowning.
  5. Roast another 1 1/2 hours, or until thermometer reaches minimum 180°F / 83°C deep in the thigh.
  6. Let turkey stand for 15 minutes before carving.
- Recipe from the Butterball Kitchen www.butterball.ca

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# CARTER'S Sudoku Challenge

CREATED FOR THE NEWS LEADER BY CARTER BOSWELL

## HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

### CHALLENGE #131 - Rated Easy

			5		7			
3	5				1		6	8
8				6				4
		3				8		
	8		3	9	6		2	
		6				4		
6				7				1
1	4				5		3	7
			1		8			

### CHALLENGE #132 - Rated Hard

			9	1		6		
1	7		3			8	2	
3			2					
						5	4	8
	4			2				6
8	3			5				
							6	1
	8	1		4	7		9	
		4			9			

THIS WEEK'S SOLUTIONS:  
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2007 Carter Boswell, Princeton, BC and published by Similkameen News Leader

## saturday movies

### MORNING

- 8:30 am WTBS (3) ★★☆☆ "Who Framed Roger Rabbit" (1988, Comedy) Bob Hoskins. Live action/animated. In a world where cartoons coexist with humans, a private eye tries to clear a long-eared fugitive of murder charges. [E]
- 10:30 am WTBS (3) ★★☆☆ "Pay It Forward" (2000, Drama) Kevin Spacey. In response to a challenge by his teacher, an 11-year-old proposes an idea for individual deeds to change the world. [E]
- 11:00 am A&E (9) ★★☆☆ "The Terminator" (1984, Science Fiction) Arnold Schwarzenegger. Premiere. A cyborg from the future arrives in 20th-century Los Angeles to kill the woman who will give birth to mankind's post-apocalyptic savior. [E]

### AFTERNOON

- 12:00 pm FAM (26) ★★☆☆ "The Haunted Mansion" (2003, Comedy) Eddie Murphy. A real estate agent and his family encounter ghosts in an old New Orleans house on a remote bayou. [E]
- 1:00 pm A&E (9) ★★☆☆ "Any Given Sunday" (1999, Drama) Al Pacino. Premiere. A football head coach and an aging quarterback clash with the new, contemporary, money-oriented owner of their team. [E]
- 1:30 pm FAM (26) "Phantom of the

Megaplex" (2000, Adventure) Taylor Handley. A theater employee wonders if a legendary spirit is up to its old tricks after a series of strange occurrences. [E]

- 4:00 pm YTV (18) ★★☆☆ "Son of the Mask" (2005, Comedy) Jamie Kennedy. Chaos reigns when a cartoonist's son is born with extraordinary powers and the god Loki returns to retrieve his mask. (In Stereo) [E]
- 5:00 pm WTBS (3) ★★☆☆ "Enough" (2002, Suspense) Jennifer Lopez. After running away fails, a terrified woman empowers herself in order to battle her abusive husband. [E]

### EVENING

- 6:00 pm CITY (29) ★★☆☆ "These Girls" (2005, Comedy) Caroline Dhavernas. Before heading off to college, a teenager and her two friends try to seduce a married man. [E] (DVS)
- 7:30 pm WTBS (3) ★★☆☆ "Tin Cup" (1996, Comedy) Kevin Costner. A curvy customer and a smarmy golf-pro pal motivate a down-and-out Texas driving-range owner to try for the U.S. Open. [E]
- 8:00 pm KSPS (6) ★★☆☆ "Wall Street" (1987, Drama) Michael Douglas. Oliver Stone's tale of the career of an ambitious stockbroker and his involvement with a ruthless corporate raider.

- 9:00 pm FAM (26) ★★☆☆ "Ghostbusters" (1984, Comedy) Bill Murray. Parapsychologists with nuclear guns go into business ridding New York of poltergeists. [E]
- 10:30 pm SPIKE (44) ★★☆☆ "Marked for Death" (1990, Action) Steven Seagal. A former drug agent and his old Army buddy exterminate a so-called Jamaican drug posse. (In Stereo)
- 10:45 pm FAM (26) ★★☆☆ "The Witches" (1990, Fantasy) Anjelica Huston. A Norwegian and her grandson outwit British witches after one turns him into a mouse. [E]
- 11:00 pm WTBS (3) ★★☆☆ "Open Water" (2003, Suspense) Blanchard Ryan. Scuba divers struggle to survive in shark-infested waters after their tour boat accidentally leaves them behind.

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## sunday movies

### MORNING

- 10:00 am WTBS (3) ★★☆☆ "Excess Baggage" (1997, Comedy-Drama) Alicia Silverstone. A thief ruins a young woman's attempt to get ransom from her wealthy father by faking her own kidnapping. [E]

### AFTERNOON

- 12:00 pm WTBS (3) ★★☆☆ "Enough" (2002, Suspense) Jennifer Lopez. After running away fails, a terrified woman empowers herself in order to battle her abusive husband. [E]
- FAM (26) "Twitches Too" (2007, Mystery) Tia Mowry. Twin sisters who have magic powers uncover evidence that their missing father is alive. [E]
- SPIKE (44) ★★☆☆ "Marked for Death" (1990, Action) Steven Seagal. A former drug agent and his old Army buddy exterminate a so-called Jamaican drug posse. (In Stereo)
- 1:30 pm FAM (26) "Now You See It..." (2005, Adventure) Alyson Michalka. While producing a reality TV show, a teenager meets a magician whose powers are real but put him in danger. [E]
- 2:00 pm SPIKE (44) "Urban Justice" (2007, Action) Steven Seagal. A former government agent begins a relentless pursuit of his son's murderer. (In Stereo)
- 2:30 pm WTBS (3) ★★☆☆ "Tin Cup" (1996, Comedy) Kevin Costner. A curvy customer and a smarmy golf-pro pal motivate a down-and-out Texas driving-range owner to try for the U.S. Open. [E]
- 4:00 pm YTV (18) ★★☆☆ "Thunderbirds" (2004,

Science Fiction) Bill Paxton. An adventurer and his family battle a criminal mastermind after he attacks their base and plans to rob the world's largest banks. (In Stereo) [E]

- 5:00 pm WTBS (3) ★★☆☆ "Sleepless in Seattle" (1993, Romance-Comedy) Tom Hanks. A Baltimore newswoman falls for a Seattle widower she hears on talk radio, thanks to his moppet son. [E]
- CBC (13) ★★☆☆ "Nancy Drew" (2002, Mystery) Maggie Lawson. The famous teenage sleuth enters her freshman year at college and investigates an on-campus mystery. (In Stereo) [E]

### EVENING

- 6:00 pm YTV (18) ★★☆☆ "The Adventures of Sharkboy and Lavagirl" (2005, Adventure) Taylor Lautner. A 10-year-old and his imaginary friends try to save a distant planet from the forces of darkness. (In Stereo) [E]
- SPIKE (44) "Today You Die" (2005, Action) Steven Seagal. A world-class thief escapes from prison to exact revenge on the partners who double-crossed him. (In Stereo) [E]
- 7:15 pm WTBS (3) ★★☆☆ "Sleepless in Seattle" (1993, Romance-Comedy) Tom Hanks. A Baltimore newswoman falls for a Seattle widower she hears on talk radio, thanks to his moppet son. [E]
- 8:00 pm BCTV (11) "Futurama: Bender's Big Score" (2007, Comedy) Voices of Billy West. Animated. Alien invaders force Bender the robot to travel back in time and steal great treasures. [E]

CITY (12) "Futurama: Bender's Big Score" (2007, Comedy) Voices of Billy West. Animated. Alien invaders force Bender the robot to travel back in time and steal great treasures. [E]

- CBC (13) "Booky Makes Her Mark" (2006, Drama) Tatiana Maslany. A spunky 15-year-old Canadian girl dreams of becoming a writer during the Great Depression. (In Stereo) [E]
- 9:00 pm FAM (26) ★★☆☆ "Ghostbusters II" (1989, Comedy) Bill Murray. Now the parapsychologists are trying to rid New York of stress-related pink slime.
- 9:30 pm WTBS (3) ★★☆☆ "Excess Baggage" (1997, Comedy-Drama) Alicia Silverstone. A thief ruins a young woman's attempt to get ransom from her wealthy father by faking her own kidnapping. [E]
- 10:00 pm KNOW (5) "Dalziel & Pascoe: A Clubbable Woman" (1996, Mystery) (Part 2 of 2) Colin Buchanan. Detectives seek the killer of a member's wife at a rugby club near York, England. (N) [E]
- 10:49 pm FAM (26) ★★☆☆ "Address Unknown" (1997, Mystery) Kyle Howard. A boy suspects his father's death was no accident after receiving a letter from him dated 10 years ago. [E]

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SATURDAY, OCTOBER 11, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)	
6 AM	Paid Prog.	News (N)	Bali [E]	America	Today (N)	(5:00) The Early Show (N)	Sell House	Good Morning America	Fishing	Whata	Super Why!	Being Ian	SportsCentre [E]	OWI/TV Kingdom	Survivor	Overdrive	About You	TNA IMPACT!	Let's Build	
6:30 AM	Paid Prog.	Powerboat	Timothy	Fly Tying	[E]		Sell House		Fishing	Fishn	Busytown	Grossology				Rangers	Dharti		Paid Prog.	
7 AM	Subaru	Ad Pers	Martha	MotorWeek	News (N)	Cake [E]	Business	Good Morning	News (N)	News (N)	Bo On Go	Viva Pinata	Fishing	Katie-Orbie	Man vs. Wild [E]	(6:54)	Eye on Asia		'70s Show	
7:30 AM	Paid Prog.	Big Coast	Clifford	Lassie		Horseland	Sell House				Animal	Skunk Fut	Motoring	Lit. Hobo	(7:20) Pucca				'70s Show	
8 AM	Videos	Foodies	George S.	Everyday		Dino	Flip This House [E]	Emperor			Wilbur [E]	SpongeBob	NASCAR Racing	Good Morning Canada [E]	Unsolved History [E]	Suite Life (8:43) Zoey	Polish Studio [E]	Hrsepwer	Raymond	
8:30 AM	Movie: "Who Framed Roger Rabbit" (1988) [E]	El News	(9:07)	Workshop		Sushi Pack	Replace				Goldfish	OddParent								
9 AM	Movie: "Pay It Forward" (2000, Drama)	Daily 10	Upside	Old House		Strawberry Care Bears	Flip This House [E]	College Football: Oklahoma vs. Texas. From Dallas. (Live)	Driving TV	Bold Presents (N) [E]	Mighty B	Triathlon: Ironman			Cash Cab	Cory	Paid Program [E]	Trucks! (N)	Seinfeld	
9:30 AM	Kevin Spacey. [E]	Blossom: True Story	Maggie (10:31)	Test Kitch	Zula Patrol	Paid Prog.	Flip House		Fishing	Real Invest	Antiques	Monster	Ricardo Mayorga vs. Shane Mosley. [E]	PLAN Canada [E]	A Haunting [E]	School Suite Life	Paid Prog.	Video Justice	Amer Dad	
10 AM	Movie: "Pay It Forward" (2000, Drama)	Cosby Kids: THIS	Dora Franklin	Food Sara	World of Adventure Sports (N) [E]	Paid Prog.	Movie: "The Terminator" (1984) Premiere. [E]	College Football: Tennessee at Georgia. (Live) [E]	Mining TV	Fishing	Track and Field: IAAF World Final. (Taped) [E]	Transform	Hawks	Wolverine	Equestrian	Daily Planet [E]	Deadliest Catch [E]	Movie: "The Haunted Mansion" [E]	Hospitality	Prisoners-Ctrl
10:30 AM	Kevin Spacey. [E]	Blossom: True Story	Maggie (10:31)	Test Kitch	Zula Patrol	Paid Prog.	Flip House		Real Invest	Big Coast	World Final. (Taped) [E]	Transform	Hawks	Wolverine	Equestrian	Daily Planet [E]	Deadliest Catch [E]	Movie: "The Haunted Mansion" [E]	Hospitality	Prisoners-Ctrl
11 AM	Kevin Spacey. [E]	Cosby Kids: THIS	Dora Franklin	Food Sara	World of Adventure Sports (N) [E]	Paid Prog.	Movie: "The Terminator" (1984) Premiere. [E]	College Football: Tennessee at Georgia. (Live) [E]	Real Invest	Big Coast	World Final. (Taped) [E]	Transform	Hawks	Wolverine	Equestrian	Daily Planet [E]	Deadliest Catch [E]	Movie: "The Haunted Mansion" [E]	Hospitality	Prisoners-Ctrl
12 PM	Kevin Spacey. [E]	To Be Announced	Rolle Polie (12:35) Miss	Garden	Garden	College Football: Tennessee at Georgia. (Live) [E]	Movie: "Any Given Sunday" (1999, Drama) Al Pacino. Premiere. [E]	College Football: Tennessee at Georgia. (Live) [E]	Energy TV	Simpsons	Rodeo: 2008 Canadian Tour	Dinosaur	Series of Poker	Stratus	Greensburg Ice storm.	Cut Corners	Movie: "Phantom of the Megaplex" [E]	Nite Life	UFC Fight Night	Wipeout [E]
1:30 PM	Friends	To Be Announced	Paddington Lilly [E]	Antiques Roadshow	PGA Tour Golf: Champions	College Football: Tennessee at Georgia. (Live) [E]	Movie: "Any Given Sunday" (1999, Drama) Al Pacino. Premiere. [E]	College Football: Tennessee at Georgia. (Live) [E]	Energy TV	Simpsons	Rodeo: 2008 Canadian Tour	Dinosaur	Series of Poker	Stratus	Greensburg Ice storm.	Cut Corners	Movie: "Phantom of the Megaplex" [E]	Nite Life	UFC Fight Night	Wipeout [E]
2:30 PM	American Chopper [E]	To Be Announced	George S.	Swiss Rail Journeys		College Football: Tennessee at Georgia. (Live) [E]	Movie: "Any Given Sunday" (1999, Drama) Al Pacino. Premiere. [E]	College Football: Tennessee at Georgia. (Live) [E]	Simpsons	Simpsons	Championship. [E]	Barnyard	Series of Poker	Car Breeder	How-Made	Haunted Pumpkin	News (N)	Amazing		Family Guy
3:30 PM	Seinfeld	TBA	Babar [E]	Travels	Fortune	College Football: Tennessee at Georgia. (Live) [E]	Movie: "Any Given Sunday" (1999, Drama) Al Pacino. Premiere. [E]	College Football: Tennessee at Georgia. (Live) [E]	Simpsons	Family Guy	Sat. Report	Barnyard	SportsCentre (Live) [E]	MTV Shuffle [E]	How-Made	Haunted Pumpkin	News (N)	Amazing		Family Guy
4:30 PM	Payne	To Be Announced	WordGirl (4:32) Taste	Rudy Maxa	Turbo	College Football: Tennessee at Georgia. (Live) [E]	Movie: "Any Given Sunday" (1999, Drama) Al Pacino. Premiere. [E]	College Football: Tennessee at Georgia. (Live) [E]	Family Guy	Focus	NHL Hockey: Red Wings at Senators or Canadiens at Maple Leafs	Movie: "Son of the Mask" (2005) Jamie Kennedy	NASCAR Racing: Sprint Cup - Bank of America 500. From Lowe's Motor Speedway in Concord, N.C. (Live) [E]	Twice in a Lifetime [E]	Mighty Ships "Maersk"	Suite Life Proud	Survivorman [E]	UFC Unleashed	Amer Dad	
5:30 PM	Movie: "Enough" (2002)	News (N)	Fetch! With Heads Up	Summer Keep Up	News (N)	College Football: LSU at Florida. (Live) [E]	CSI: Miami "Deviant"	College Football: LSU at Florida. (Live) [E]	Family Guy	Global	(4:59) News (N) [E]	Movie: "Son of the Mask" (2005) Jamie Kennedy	NASCAR Racing: Sprint Cup - Bank of America 500. From Lowe's Motor Speedway in Concord, N.C. (Live) [E]	First Story	Monster Moves [E]	K. Possible Montana	Role Kaya [E]	UFC Unleashed	Friends	
6:30 PM	Jennifer Lopez, Billy Campbell.	That News	Gardens	Lawrence Welk Show	News (N)	College Football: LSU at Florida. (Live) [E]	CSI: Miami "Collision"	College Football: LSU at Florida. (Live) [E]	Global	Disaster-Cent.	NHL Hockey: Vancouver Canucks at Calgary Flames. [E]	Wolverine	Adrenaline	News (N)	Verminator s [E]	Sadie Flight 29	Movie: "These Girls" (2005) Caroline Dhavernas. [E]	Ultimate Fighting Champions hip 87: Seek and Destroy (N)	Seinfeld	
7:30 PM	Movie: "Tin Cup" (1996)	E News	National Geographic	May-Dec. Time Goes	CSI: NY "Officer Blue"	College Football: LSU at Florida. (Live) [E]	The Sopranos [E]	College Football: LSU at Florida. (Live) [E]	Disaster-Cent.	Passchenda ele	NHL Hockey: Vancouver Canucks at Calgary Flames. [E]	Wolverine	Adrenaline	News (N)	Verminator s [E]	Sadie Flight 29	Movie: "These Girls" (2005) Caroline Dhavernas. [E]	Ultimate Fighting Champions hip 87: Seek and Destroy (N)	Seinfeld	
8:30 PM	Kevin Costner, Rene Russo. [E]	Richardson Lohan	Heartbeat [E]	Movie: "Wall Street" (1987) Michael Douglas.	Celeb. Catwalk	College Football: LSU at Florida. (Live) [E]	The Sopranos [E]	College Football: LSU at Florida. (Live) [E]	Passchenda ele	Turning Points	NHL Hockey: Vancouver Canucks at Calgary Flames. [E]	Wolverine	Adrenaline	News (N)	Verminator s [E]	Sadie Flight 29	Movie: "These Girls" (2005) Caroline Dhavernas. [E]	Ultimate Fighting Champions hip 87: Seek and Destroy (N)	Seinfeld	
9:30 PM	Kevin Costner, Rene Russo. [E]	Dr. 90210 (N) [E]	Midsomer Murders (N) [E]	Rita Rudner: Live	Chuck [E]	College Football: LSU at Florida. (Live) [E]	CSI: Miami "Deviant"	College Football: LSU at Florida. (Live) [E]	Turning Points	Kenny	NHL Hockey: Vancouver Canucks at Calgary Flames. [E]	Wolverine	Adrenaline	News (N)	Verminator s [E]	Sadie Flight 29	Movie: "These Girls" (2005) Caroline Dhavernas. [E]	Ultimate Fighting Champions hip 87: Seek and Destroy (N)	Seinfeld	
10:30 PM	Kevin Costner, Rene Russo. [E]	Dr. 90210 (N) [E]	Midsomer Murders (N) [E]	Rita Rudner: Live	Chuck [E]	College Football: LSU at Florida. (Live) [E]	CSI: Miami "Deviant"	College Football: LSU at Florida. (Live) [E]	Turning Points	Kenny	NHL Hockey: Vancouver Canucks at Calgary Flames. [E]	Wolverine	Adrenaline	News (N)	Verminator s [E]	Sadie Flight 29	Movie: "These Girls" (2005) Caroline Dhavernas. [E]	Ultimate Fighting Champions hip 87: Seek and Destroy (N)	Seinfeld	
11:30 PM	Kevin Costner, Rene Russo. [E]	Dr. 90210 (N) [E]	Midsomer Murders (N) [E]	Rita Rudner: Live	Chuck [E]	College Football: LSU at Florida. (Live) [E]	CSI: Miami "Deviant"	College Football: LSU at Florida. (Live) [E]	Turning Points	Kenny	NHL Hockey: Vancouver Canucks at Calgary Flames. [E]	Wolverine	Adrenaline	News (N)	Verminator s [E]	Sadie Flight 29	Movie: "These Girls" (2005) Caroline Dhavernas. [E]	Ultimate Fighting Champions hip 87: Seek and Destroy (N)	Seinfeld	

SUNDAY, OCTOBER 12, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Stars	Pioneers		Maya	Today (N)	Paid Prog.	Private Sessions [E]	Good Morning America	Is Written	Driving TV	Nanalan'	Being Ian	Formula One Racing	Good Morning Canada [E]	Cut Corners	Overdrive	Mix TV	Married...	Fish TV
6:30 AM	Saved-Bell	Pioneers	Timothy	Fetch! With	[E]	Paid Prog.			Fishful	Let's Build	Lunar Jim	Dewitt				Rangers		Married...	Paid Prog.
7 AM	Saved-Bell	Hunter	Martha	Zula Patrol	News (N)	CBS News Sunday Morning	The Sopranos [E]	KXLY Good Morning	Foodies	Canada	Doodlebop	Winx Club	Reporters		Mystery of the Crystal Skulls [E]	(6:54)	Eye on Asia	Married...	King
7:30 AM	Videos	Fishing	Clifford	Animalia		(N) [E]	The Sopranos [E]	Good Morning	Canada	Is Written	Coronatn	Viva Pinata	Reporters			(7:20) Pucca		Hrsepwer	King
8 AM	Videos	Let's Build	George S.	Reading	Meet the Press (N) [E]	NFL Today (Live) [E]	The Sopranos [E]	Northwest HD Sunday (N)	News (N)	TribalTrail	Coronatn	Being Ian	NFL Countdown (Live) [E]	Kids		Suite Life	Eye-Asia	Hrsepwer	Raymond
8:30 AM	Videos	Powerboat	Magic Bus	Real		Nation	The Sopranos [E]	HD Sunday (N)		Marriage	Coronatn	Ruby		PLAN	(8:43) Zoey	Festival Italiano di Johnny Lombardi (In Italian)	MuscleCar	Raymond	
9 AM	In the Heat of the Night	Neighborhoo od	(9:07)	Wishbone	Friend	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
9:30 AM	Kevin Costner, Rene Russo. [E]	Neighborhoo od	Upside	Biz Kid\$	Paid Prog.	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
10 AM	Movie: "Excess Baggage" (1997) [E]	In Fashion	Maggie (10:31)	Place	Paid Prog.	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
10:30 AM	Kevin Costner, Rene Russo. [E]	In Fashion	Maggie (10:31)	Place	Paid Prog.	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
11 AM	Kevin Costner, Rene Russo. [E]	Marriage	Go Diego	Foreign	Paid Prog.	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
11:30 AM	Kevin Costner, Rene Russo. [E]	Marriage	Go Diego	Foreign	Paid Prog.	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
12 PM	Movie: "Enough" (2002)	Macaulay Culkin: THIS	Rolle Polie (12:35) Miss	Vote! 2008	Paid Prog.	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
12:30 PM	Jennifer Lopez, Billy Campbell.	To Be Announced	Paddington Secret World of Og	American Experience "Reagan: Lifeguard"	Paid Prog.	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
1:30 PM	Jennifer Lopez, Billy Campbell.	To Be Announced	Paddington Secret World of Og	American Experience "Reagan: Lifeguard"	Paid Prog.	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
2:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
3:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
4:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
5:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
6:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
7:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
8:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
9:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
10:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	
11:30 PM	Kevin Costner, Rene Russo. [E]	To Be Announced	George S.		Mountain Biking	NFL Today (Live) [E]	The Sopranos [E]	HD Sunday (N)	Hour of Power [E]	Coronatn	Coronatn	OddParent		PLAN Canada [E]	Funnest Animals	Cory	Trucks!	Seinfeld	



MONDAY, OCTOBER 13, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:15)	Bob Build	News (N)	News (N)	The Cleaner	News	(5:30) News (N)	(4:30) News (N)	Arthur	Being Ian	SportsCentr	Canada AM	Daily Planet	Henry's	CityLine	Star Trek: Voyager	P/K: The Series
6:30 AM	Jeffersons	Christine	George S.	Lions							Lunar Jim	Grossology				King			
7 AM	Montel Williams	Room	Martha	Arthur (N)	Today (N)	The Early Show (N)	The Cleaner	Good Morning America (N)			Curious	Hawks	SportsCentr		How Do They Do It?	(6:56)	The Tyra Banks Show	Sports	The Outer Limits
7:30 AM		That News	Dora	Martha							Animal	Dinosaur			Phineas			MXC	
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious			The Cleaner			100 Huntley Street	Bo On Go	Pokemon	SportsCentr		How-Made	Weekend	Rachael Ray	Married...	North of 60
8:30 AM	Cosby	What	Magic Bus	Sid							Busytown	Flamingo		How-Made	K. Possible			Married...	
9 AM	Fam. Feud	Celebrity Weddings	Berenstain	Super Why!		The 700 Club	The Cleaner	Regis and Kelly	100 Huntley Street	World Vision	Super Why!	Timothy	Off-Record	Regis and Kelly	Daily Planet	Feet	News (N)	Married...	TV Made
9:30 AM	Fam. Feud		Clifford	Clifford							Gofrette	George S.	CFL Pre		Tigger	City	Married...	What	
10 AM	Trivial	Celebrity Divorces	Sid	Sesame Street (EI)		The Price Is Right (N)	The Cleaner	The View Hot topics. (N)	World Vision	Debt Part	Wilbur	Erky Perky	CFL Football: Hamilton	The View Hot topics. (N)	Blueprint for Disaster	Mickey Handy	The O.C.	Sports	Survivor-Aust. Outback
10:30 AM	Trivial		(10:31)							House	Doodlebob	Jane						MXC	
11 AM	Friends	Forbes 20 Under 25	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	The Cleaner	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears	Tiger-Cats at Montreal Alouettes.	Twice in a Lifetime	Megabuilders	Benj Bear	The Bonnie Hunt Show	Married...	Deal No
11:30 AM	Harvey		Berenstain	Sit-Be Fit							Antiques	Jacob			(11:25) King			Married...	The Nanny
12 PM	Fresh Pr.	Supermodels	(12:05)	Charlie Rose	Paid Prog.	News (N)	The Cleaner	All My Children (N)	News (N)	Days of our Lives (N)	News	Charlie Br.	(Live)	eTalk	Super Ships	(11:49)	CityLine	CSI: Crime Scn	Seinfeld
12:30 PM	Fresh Pr.		Arthur		Paid Prog.	Bold & B.					CBC News	Garfield		Bold & B.	Weekend				Seinfeld
1 PM	Still Std	Cash Queens	Maggie	Fine Art	Days of our Lives (N)	As the World Turns (N)	The Cleaner	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Movie: "Garfield: The Movie" (2004, Comedy)	CFL Pre	Sue Thomas: F.B. Eye	Sport Science	Dragon Emperor	ER	CSI: Crime Scn	Raymond
1:30 PM	Still Std		Daniel	Sewing									CFL Football: Saskatchewan Roughriders at Calgary Stampeders.	Dr. Phil	Canada's Worst Driver	Replace	News (N)	Unsolved Mysteries (N)	That News
2 PM	King	Guiding Light (N)	Franklin	Barney	Raymond	Guiding Light (N)	The Cleaner	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris			Ellen DeGeneres Show	Cash Cab	Hunter and the Secret	Law & Order: SVU	CSI: Crime Scn	TV Made
2:30 PM	King		BluesClues	WordWorld	Millionaire										Cash Cab				Very Bad Men
3 PM	Seinfeld	Billionaire Heiresses	Zoboomafo o (DVS)	WordGirl	Judge	Dr. Phil	The Cleaner	Rachael Ray	The Doctors	Young and the Restless	Living	SpongeBob		Dr. Phil	Canada's Worst Driver	"Roxy Hunter and the Secret"		Unsolved Mysteries (N)	That News
3:30 PM	Seinfeld				Judge						Great Canadian Food	SpongeBob							That News
4 PM	Payne	Debt Part	Paddington	Fetch! With Judge J.	Oprah Winfrey	The Cleaner	Inside	Oprah Winfrey	(3:59) News	Simpsons	SpongeBob			Ellen DeGeneres Show	Cash Cab	Suite Life	Chuck (N)	CSI: NY (N)	What
4:30 PM	Payne	Deal No	George S.	Cyberchas	Judge J.										Cash Cab	Suite Life			
5 PM	Movie: "Shrek" (2001, Comedy)	News (N)	Martha	News	News (N)	News (N)	The Cleaner	News	News (N)	(4:59) News (N)	Fortune	SpongeBob	NFL Football: New York Giants at Cleveland Browns. (Live)	News (N)	Verminator s (N)	Suite Life	Celebrity Fit Club	Unsolved Mysteries	Make TV Made
5:30 PM	Comedy	Global	Taste Buds	News-Lehrer	Millionaire	Hollywood	"Rebecca"	News	News	ET Canada	News	Drake				Suite Life			
6 PM	Fresh Pr.	News	renegade							Entertain		iCarly				Suite Life			
7 PM	(7:15)	E! News	Undersea	Benny	Jeopardy!	The Doctors	The Cleaner	Entertain	Entertain	Prison Break	Coronatn	Malcolm		eTalk (N)	Dirty Jobs	Movie: "Camp Rock" (2008)	News (N)	UFC 89 Countdown	Final 24 "JFK Jr"
7:30 PM	(7:45)	The Insider	Landscape	Wait God	Fortune			The Insider	ET Canada		Jeopardy!	Home Imp.		Hollywood	Turkey farm.				Reality
8 PM	(8:15)	Movie: "Shrek"	Hockey	Antiques Roadshow	Chuck (N)	Big Bang	The Cleaner	Dancing With the Stars	Prison Break	My Own Worst Enemy	Dragon's Den (N)	Malcolm		Dancing With the Stars	Cash Cab	Sadie	(8:35) News		
8:30 PM	Movie: "Shrek"	How I Met				How I Met						Fresh Pr.	SportsCentr	Cash Cab					
9 PM	(2001)	Do Not	Stones and Paper	American Experience "Nixon"	Heroes (N)	Two Men	The Cleaner	Heroes (N)	Heroes (N)	The Border (N)	Futurama	Prank Ptrl	ATP Tennis: Masters Madrid	(9:31)	Verminator s	Montana	(9:06)	CSI: NY	Seinfeld
9:30 PM	Voices of Mike Myers	Worst				Worst		Samantha								Life Derek	Jimmy Kimmel		Seinfeld
10 PM	Movie	(10:01)	Autism is a World	(DVS)	My Own Worst Enemy	CSI: Miami (N)	The Cleaner	(10:01) Boston Legal (N)	My Own Worst Enemy	News Hour Final (N)	National	Mystery		CSI: Miami (N)	Dirty Jobs	School	Judge	Star Trek: Voyager	Married...
10:30 PM		News (N)	Haida Art									Adrenaline			Turkey farm.	Cory	EP Daily		The Nanny
11 PM		Guy Stuff	Landscape		Tonight	Late Show				Entertain	(11:05) The Hour	Mystery	SportsCentr	News (N)	MythBuster s	Suite Life	News	Deep Space 9	Raymond
11:30 PM										ET Canada		Ghost	(Live)	News (N)		Life Derek	News		Raymond

monday movies

AFTERNOON

1:00 pm YTV (18) ★★"Garfield: The Movie" (2004, Comedy) Breckin Meyer. Live action/animated. An orange cat tries to save his owner's new dog after a television personality kidnaps it.  
 3:30 pm FAM (26) "Roxy Hunter and the Secret of the Shaman" (2008, Mystery) Aria Wallace. Premiere. A girl believes the town's old vagrant is a shaman in disguise.  
 5:00 pm WTBS (3) ★★½"Shrek" (2001, Comedy) Voices of Mike Myers. Animated. In order to save his home, a monster with a donkey makes a deal with a mean lord to rescue a beautiful princess. (E)

EVENING

7:00 pm FAM (26) "Camp Rock" (2008, Musical Comedy) Joe Jonas. Premiere. A talented singer works in the kitchen at a summer camp for aspiring musicians. (E)  
 8:15 pm WTBS (3) ★★½"Shrek" (2001, Comedy) Voices of Mike Myers. Animated. In order to save his home, a monster with a donkey makes a deal with a mean lord to rescue a beautiful princess. (E)

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## CRAFT FAIR - BAKE & GIFT SALE

9:00 AM - 3:00 PM Saturday, November 1  
Hedley Happy Hall (OAPO Branch #64)

Table Rental \$8.00 (two for \$15.00)  
Call Margaret or Oly Skaar at (250) 292-8679 to book your table(s)

to Oct 28

## Princeton Crisis Assistance Society

ANNUAL GENERAL MEETING  
2:00 PM Thursday, October 9  
Princeton Elks Hall

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Posse Player Kyle L'Arrivee's parents Don and Charlene have copies!

George Elliott's  
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2-bedroom house on Corina Avenue. \$750.00 per month. No pets. Non-smoking. References required. Call Century 21 Princeton Realty (250) 295-6977. Sep 30th

2-bedroom apartment, \$700.00 per month inclusive. Chalets from \$1,200/\$1,500/\$2,500 per month. Princeton Castle Resort. (250) 295-7988. Sep 30 Oct 21

Halloween medieval costumes and party dresses from \$10 to \$50. Princeton Castle Resort. (250) 295-7988. Sep 30 Oct 21

to give away

3 part Himalayan kittens. Litter trained, eating on their own and ready to go. Will give away to loving homes only. Call (250) 295-0722. Sep 23 Oct 07

for sale

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lost

Kodak Timeshare Camera in a Swiss case with a pair of extra rechargeable batteries. \$50.00 reward offered. Call (250) 295-0031. Sep 30 Oct 14

4 light truck snow tires, on rims. Arctic Claw 245/70R16. Used two winters. Asking \$450.00. Call (250) 295-7996. Oct 07 21

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PSS Grads/Athletics has firewood for sale. \$50.00 for pick-up and \$65.00 for your wood delivered. Proceeds to support Grad and athletics at PSS. Call the school at (250) 295-3218. Oct 07th

Gorgeous tri-coloured Pinto filly, 15HH, 2 years, quiet, beautiful condition. Will consider trade for small single footer, white shepherd or Standard Poodle...Quarter horse, Welsh mare, 13 years, 13.3HH, suitable for ladies or childrens horse. \$1,500.00. Call (250) 499-5861. Sep 30 Oct 14

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1994 Chev Sprint. 3-cylinder, 169K, runs good, great on gas. Asking \$1,800.00. (250) 295-3861. Sep 30 Oct 14

1990 Ford Tempo GL, \$1,775.00 OBO. Pigs for sale. Call (250) 295-3925. Sep 30 Oct 14

found

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Blackberry. Call the News Leader at (250) 295-4149 to describe and claim. Sep 30 Oct 14



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## CARTER'S Sudoku Challenge

SOLUTIONS TO PUZZLES ON PAGE 16

CHALLENGE #131 - Easy

264	587	319
359	241	768
871	963	254
523	714	896
487	396	125
916	852	473
632	479	581
148	625	937
795	138	642

CHALLENGE #132 - Hard

452	918	637
179	365	824
368	274	159
216	793	548
945	821	376
837	456	912
793	582	461
581	647	293
624	139	785

### HOME

### AWAY

Wed, Oct 15 - Summerland  
Sat, Oct 18 - Spokane  
Fri, Oct 24 - Beaver Valley  
Fri, Oct 31 - Revelstoke

Sat, Nov 1 - Creston  
Sun, Nov 2 - Sicamous  
Sat, Nov 8 - Nelson  
Fri, Nov 14 - Grand Forks  
Sat, Nov 15 - Kamloops  
Fri, Nov 28 - Castlegar  
Sat, Nov 29 - Summerland

Fri, Dec 12 - Kamloops  
Sat, Dec 13 - Chase

Fri, Jan 2 - Sicamous  
Sat, Jan 3 - Summerland  
Wed, Jan 21 - Chase  
Fri, Jan 30 - Revelstoke  
Sat, Jan 31 - Kamloops

Fri, Feb 6 - Kimberley  
Sat, Feb 14 - Revelstoke  
Sun, Feb 15 - Sicamous  
Fri, Feb 20 - Chase

**HOME GAMES  
ARE WEBCAST ON:**

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Fri, Oct 3 - Castlegar  
Sat, Oct 4 - Nelson  
Fri, Oct 10 - Kamloops  
Fri, Oct 17 - Sicamous  
Sat, Oct 25 - Revelstoke

Fri, Nov 7 - Summerland  
Fri, Nov 21 - Sicamous  
Sat, Nov 22 - Col. Valley  
Sun, Nov 23 - Golden

Fri, Dec 5 - Chase  
Sat, Dec 6 - Kamloops  
Fri, Dec 19 - Beaver Valley  
Sat, Dec 20 - Spokane  
Sun, Dec 21 - Grand Forks

Sun, Jan 4 - Summerland  
Fri, Jan 9 - Sicamous  
Sat, Jan 10 - Revelstoke  
Fri, Jan 23 - Fernie  
Sat, Jan 24 - Kimberley  
Sun, Jan 25 - Creston

Sun, Feb 8 - Summerland  
Fri, Feb 13 - Chase  
Wed, Feb 18 - Summerland  
Sat, Feb 21 - Revelstoke

**2008/09 SCHEDULE**

26 HOME GAMES  
26 AWAY GAMES



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## my turn

### I'd still bail her out

The cooler weather has changed the deer activity in our neighbourhood.

Instead of them just walking by our yard on their daily trip to the river for a dip or a day at the beach, they have taken notice of the fine job I have done in my sporadic lawn-cutting and weed-whacking chores.

The other night we arrived home to find a mother and her two fawns snoozing. We had to cut through their campsite to get to the back door, and like your average weekend camper they looked a little disturbed by our disturbance but put up with it for the duration of time it actually took.

Then one day I'm shown digital photos of deer munching on the vegetation I missed with the weed whacker and one creative youngster on it's hind legs pulling fruit off the only tree in the yard.

Sure, they are cute, but they are pruning just a little too much off the top as far as I'm concerned.

Then it happened. A couple nights later I'm watching a deer pull the same stunt in the same tree with my own eyes.

I mentioned it to my wife (the photographer of the digital photos shared days before) and we share a moment watching this really athletic deer pulling fruit off the tree standing almost straight up on it's hind legs.

We chat that small talk a couple uses as if we were admiring our own children saying things about how big they've grown and how much they are improving in certain tasks now that they are older.

"You know, it would probably be a lot easier if we just went out and pulled the fruit off the tree and left it on the ground for the deer," I said and as soon as the words were out I realized what I said and added, "But I wouldn't want start feeding them or we'd never get rid of them."

I left it at that and went back to what I had been doing earlier.

I thought maybe I could pretend I had never said those words.

Then minutes pass and I start to wonder where she is, so I checked outside.

There she was, with the dog, pulling fruit from the tree and dropping it all to the ground.

"That was a great idea of yours," she said.

"Keep that up and I'll call the bylaw enforcement officer," I warned.

I expect a visit sometime this week.

And I promise I'll bail her out.

#### EDITORIAL GUIDE

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The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

## Similkameen News Leader

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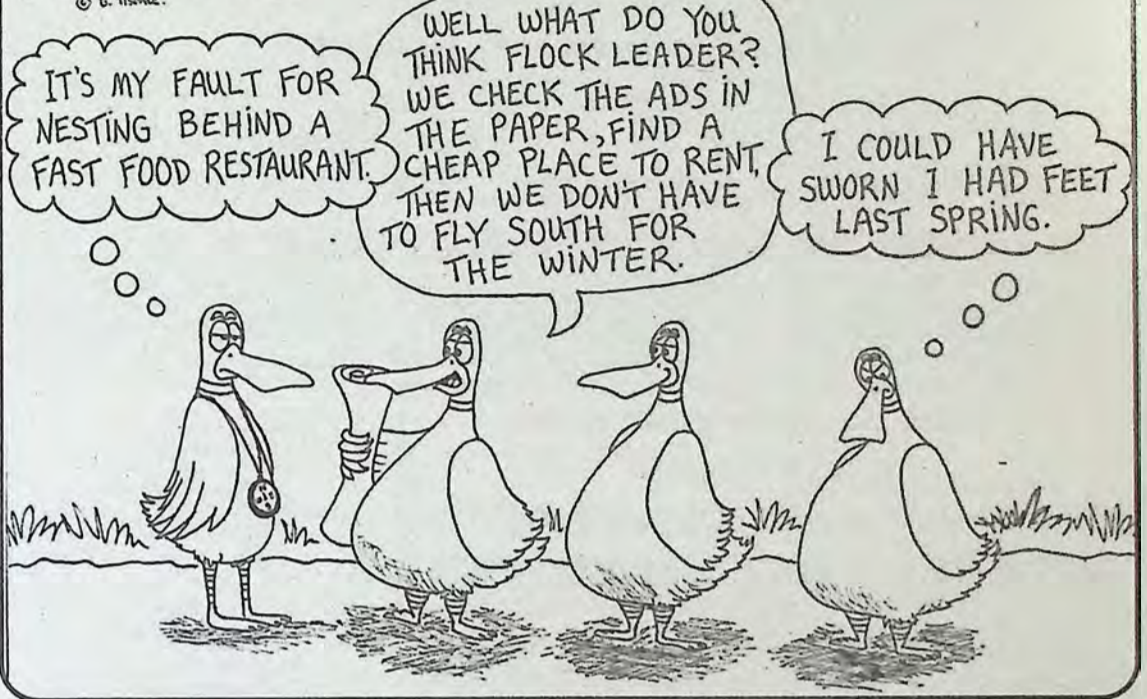
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Office Administrator:  
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George Elliott  
Brenda Engel  
Dawn Johnson

## TIS TOONS



## your turn

### Man not thrilled about election

To The Editor:

This election was not supposed to happen for a year according to a law passed about having a fixed election date. This is a good idea, because, if this law is taken seriously and followed, then the government of the day can't pull an election when things are going well economically or put one off until the last possible minute when things are going badly, (we have to have one every five years) the BC government has a fixed election date, we're having a provincial election next spring (this is a good thing).

Mr. Harper, the federal Conservative guy, felt that the US was in for a serious economic slow down and thought that when the wash from it started shaking our boat, he, being the skipper would take the blame. The various opposition parties would make sure of it. So, even though his heart is big for law and order, he ignored the law and ordered an election, this in spite of the fact that the first of his propaganda post cards which we all paid for on the free mailing privileges of various Conservative MPs this one shows some slovenly young person sitting on a couch holding what is very likely a bottle of beer and probably watching TV and asks brightly, Jail?? then goes on to say serious crimes deserve serious time, this is true, the British for example chopped off the head of Charles II for ignoring laws of parliament. We should at least sue

the Conservatives for ignoring the law. Too bad we don't have a death penalty; I'd like a death penalty for child molesters, for example. But we do lock them up and throw away the key. Olsen and Bernardo are in for keeps.

This is a simple solution. The young TV watching beer drinker, hope it's Okanagan Spring, will get out again after some years and given the shape of our prison system, we put in some kind of loser, drunk, brawler or moderate pot head and get out a vicious hate chocked criminal, who has learned every sneaky vicious trick and is filled with hate for the world. Not everyone will write 'pilgrims progress' or 'the book of revelation' while in the slammer. The Dutch realized this and totally modernized their prison system with psychiatrists and lots of accountability. We can't afford to do this, so a parole officer and community service is a better option than literally throwing a dumb loser to the wolves.

Since we're committed to the Afghanistan mission, serious army time would be a good option for parole violations, we really need psychiatric service in our jails to isolate the real incurables and cure the people who can be turned straight. There really is no simple solution. The other mail outs are similarly simplistic and try to take credit for the on going work of the RCMP and the various departments of the civil service. To quote Robert Service "the

simple things, the true things, the silent men who do things" these folks (the cops and the bureaucrats) just shake their heads and go on with the excellent job they are doing. You've got to hand it to Mr. Harper no other politician has thought of taking credit for their work. He blew it on the army however, he wants to spend a gazillion bucks on aircraft, when our folks in Afghanistan need decent armoured cars like the US got for their marines last year, they will be glad to sell us their used armoured Humvees since they have been replaced by slower but more heavily armoured vehicles.

This letter comes with a cartoon you have to picture it, can't draw. There is Porky Pig (Walter Lantz Inc.) wearing blue coveralls and a blue hard hat with a bright yellow badge saying 'pig oil' on the side of it in his back pocket is a little Stephen Harper hollering "the carbon tax is evil, Gord Campbell is evil, Steph Dion is evil."

This guy is not Robert Stanfield but he has done us a great favour he has called into question our way of generating party leaders. We should perhaps get a system like the USA where all the registered conservatives pick a leader and the same with the other parties we could perhaps eliminate the sleazier folks. Another idea I'd like to see is a run off vote second vote three weeks later of the top two. No one gets in with less than 51%.

- Glen Allison, Princeton

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Current Comment:

# Are our leaders crazy?



Dawn Johnson  
editor@thenewsleader.ca

The financial "meltdown" in the United States should teach every Canadian a lesson about leadership and listening to the people. We have an election on October 14, and we should look at what our leaders were trying to get us into.

Our leading parties, Liberal and Conservative, have been busily putting together a package that would have linked Canada, its corporations and its resources, into the American economy as never before.

I refer to the Security and Prosperity Partnership, or SPP as it is more commonly known. It soon became clear the American corporate heads were setting the standards for all kinds of things, like how much pesticide is permissible in our food supply.

Our leaders appointed corporate CEOs as negotiators in this deal, along with American corporate CEOs, and their counterparts from Mexico.

This deal kept being touted as a great deal for all of North America. Were our leaders crazy? Probably, but the media called people who objected "left-wing rabble rousers", and our leaders kept the protesters far from where their complaints would have been noted by the leaders.

In fact, many of the protesters were manhandled by the police even though the protests were peaceful and orderly. Sounds like insanity ruled the House of Commons.

Were our leaders so lacking in self-confidence that they felt embarrassed that their own people would object to tying themselves to the so-called "greatest nation on earth" (Bush quote)?

What happened to American financial institutions, including their major insurance company, is now under investigation by the FBI. The bailout to the tune of 700 BILLION dollars is still a bone of

contention within the American government, never mind how the taxpayers feel about it. It will be American taxpayers who pay for the bailout, not the politicians they elected. We would have tied ourselves, hand and foot and pocketbook, if the SPP had been completed. Did any of us vote for that? No!

We have seen American corporations abandoning their own economy for the past 25 years, and expecting the American people to thrive.

Six months ago, I listened to an American business analyst on an American news program, tell people the American economy was relying on consumerism, not production, to keep the economy afloat. She warned it could not go on.

Last week, I watched an American news broadcast out of Seattle. A group was lobbying city council for permits for car campers to use vacant lots to park their vehicles.

Do you know what a car camper is? It is a person living in an automobile. Apparently more than 100 such people had been identified in Seattle. What does this tell us about the American economy? Were our leaders paying attention to the homelessness in the U.S.A. that has become rampant in the past 10 years?

The mortgage crisis is being blamed for the financial fiasco, but I noted one thing in the bailout negotiations that I thought expressed a certain level of greed and lack of common sense. Congress refused to allow a piece of legislation that would permit desperate homeowners to negotiate a new contract permitting reduced mortgage payments. Now, wasn't that either greed or stupidity?

Isn't a smaller piece of the pie better than no pie at all? Apparently not, especially if those same homeowners and taxpayers are going to bail out your lending company!

Yes, these are the people our Liberal and Conservative leaders

were going to tie us to for God knows how long. Strangely enough, the SPP agreement is not an election issue. I believe it should be.

We Canadians were under economic attack. Our medicare system was considered open to negotiation, and our leaders were ready to go to privatization. Our water, natural gas and petroleum resources were open to a sharing plan to benefit Americans. Who knows what they wanted from Mexico?

I never lived through the Great Depression. My parents did, and my older siblings. They knew it was the strength of the Canadian financial institutions that kept this little country strong. That does not mean our people did not suffer, but they did not suffer as badly as the Americans in terms of money lost down a paper pit. We were going to risk our financial strength to play on a level playing field with the Americans. Pardon me, but I don't want to sink to that level.

It is probably a good thing this financial crisis has erupted because it has exposed the fundamental weakness of corporate America.

Until they can assure us, with evidence from the FBI, that their economy is being managed properly, I say we refuse to have any sort of trade agreement that ties us any closer to the American economy.

Were our leaders crazy? I firmly believe they were delusional and wanted to stay that way. Despite protests from Canadians, and objections from the New Democrats in the House of Commons, both the Liberals and Conservatives went ahead with secret negotiations that even some people in Washington, D.C. did not approve of.

What amazes me is that the sanity of our biggest parties' leaders is not an item for debate in this election. Don't we have a right to know whether or not we are electing people who are sensible, and sane?

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Mark Cimbaro is the PSS Student of the Month for September. The Grade 10 student was nominated for "battling back from a life threatening illness and running for the cross-country team." Mark's dedication to his team has also seen him improve his times. Student of the Month is sponsored by PSS PAC. \*

## Communities for Kids hosts conference

Communities for Kids is pleased to announce that its Fourth Annual Parenting Conference will be held on Saturday, October 25th from 8:30 AM to 4:00 PM, at the Similkameen Elementary Secondary School in Keremeos.

The conference is an opportunity for parents, grandparents, early childhood educators, and child care providers to hone their skills, increase their knowledge, have fun, and share parenting tips and experiences. The registration fee of \$20 per person or \$30 per couple includes a choice of three workshop sessions, a keynote address, information booths, door prizes, refreshments, lunch, and entertainment. People are encouraged to register early to secure their workshop selections.

In the keynote address, Gary Anaka, a Brain-Based Learning Facilitator, will discuss the secrets of brain longevity and workable strategies for life long brain wellness. Gary will also lead a workshop entitled How to Grow a Child's Brain. Other workshops include: Block Party, Alphabet Soup, Healthy Opportunities for Preschoolers, Readers Theatre, Family Creativity, and Infant Massage.

Communities for Kids is a not-for-profit early childhood development initiative in the South Okanagan-Similkameen that promotes the healthy development of all children from conception to age 6. We are a community-based movement of parents, educators, social service providers, and early childhood development professionals. Our dedicated volunteers are organized into "Community Tables" that work to help meet the needs of young children in their communities.

Communities for Kids is a coalition of three initiatives including Success By 6® and Understanding the Early Years. Our partners include the Osoyoos Credit Union, Summerland and District Credit Union, Valley First Credit Union, Interior Savings Credit Union, the United Way of the Central and South Okanagan Similkameen, the Ministry of Children and Family Development, and the Government of Canada.

The Understanding the Early Years initiative is funded by Human Resources and Social Development Canada. For further information, visit [www.hrsdc.gc.ca](http://www.hrsdc.gc.ca). For more information contact: Lynn Cook at (250) 496-5511, [communitiesforkids@telus.net](mailto:communitiesforkids@telus.net). -submitted

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Alysha Harker, who now lives and works in Las Vegas as a professional model and entertainer, performs during the grand opening of Rustic Roots Winery at Harker's Organics in Cawston on October 4th. \*

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### Letter To The Editor

## Roofers do a good deed

Dear Editor;

I just wanted to pass along my story of some very helpful workmen in our community.

The other day I had parked behind the Pharmasave to do some banking at CIBC. When I got back inside my truck, I noticed it making a really bad noise in the front end.

I had my window down trying to listen to this sound and while I was creeping along trying to figure this thing out I heard, "STOP! STOP!"

It was all the fellows working on the roofing job at the Pharmasave. They could hear this racket, too!

I stopped!! These fellows took the time to check my wheels, look

under the front and side of my truck. We were all trying to think of what was causing this.

One of the fellows got on his cell phone and called one of our local auto places so I could go right away.

The best thing they said would be a rock in the wheel, the worst could be a bolt that had come undone and was in the wheel.

The good news is it was a rock and all the bolts were just fine. The really good news is that these fellows never thought twice about helping someone out.

Many thanks, Guys!!!  
- Bonnie Theal, Princeton

## Court Report

Now it's October - so Fall has definitely arrived. And our thoughts pivot towards the winter months. But before winter we look forward to our Bazaar. Many new items are being created and assembled.

It's unfortunate colds seem to thrive in this weather, but they soon go and life carries on. Sale items are piling up and baking has begun. We hope to see many attending our variety of tables - Surprise! Surprise! Surprise! Enjoy meeting friends while enjoying a cup of coffee or tea.

Just because we're thinking 'Bazaar' does not mean other things are forgotten. Our round table discussions continue - word search and other games besides our exercises. Bingo, shuffleboard and indoor bowling never go out of fashion. What would we do without the help of our friends who come and share their days with us?

Hope to have more to report next week.  
- submitted by D. Stevold

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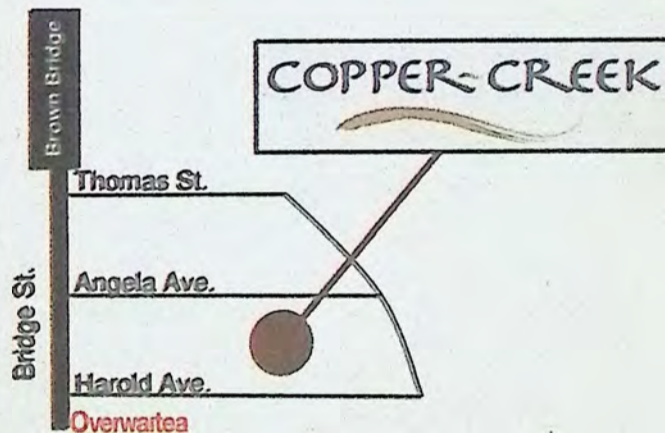


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