



We love the look of the new Town Square and can't wait for it to be completed. Curbing went in last Friday providing more definition of the 'new' Vermilion Avenue intersection at Bridge Street. *

Council addresses local traffic concern

A local resident wrote to Town Council regarding the poor driving habits of local residents in town and the high speed of traffic on Highway 3 within Town boundaries.

Council was aware of the problems and sympathetic to complaints about people parking on yellow lines, especially in front of the Post Office.

Council will have a bylaw enforcement officer who can issue tickets in January. That officer will have the power to ticket improperly parked vehicles, and ticket or report persons speeding downtown.

However, Council had to refer speeding on Highway 3 to RCMP traffic police, as the Town does not have jurisdiction.

Quad drivers boost their sport

Terry Wardrop, representing Quad Riders ATV Association of BC, made a presentation to Town Council on October 20 regarding ATV tourism.

This group has negotiated a Memorandum of Understanding with the provincial government on environmental stewardship. The Association will work toward regulating ATV activity to improve the image of the sport.

Wardrop stated groups must share trails and be economically and environmentally sustainable.

For the most part, ATV owners are well-heeled professional people who drop a lot of money in any area where they are welcomed and their needs met. Across Canada and the States, ATV owners spend billions of dollars to go out and enjoy their sport.

There are an estimated 65,000 quad riders in BC, 140,000 in Alberta and 110,000 in Washington. To date, only two BC

communities, Elkford and Prince George, have hung out a "Welcome" sign in to ATV groups. Elkford insists the ATVs be registered and licensed by the town before given the freedom to roam the trails, but the quads may use

town streets when licensing is done.

To be a welcoming community, local trails groups and ATV groups must work together to share the trails.

Wardrop told Town Council the

Association is trying to change the sport to be more "green", but he emphasized trails must be multi-use, with a balance between motorized and non-motorized users before ATV tourism can contribute to the community economy, and

local government and businesses must be receptive to ATV tourism.

Mayor Randy McLean thanked him for his presentation. Wardrop had given an earlier presentation to community members interested in learning more about ATV tourism.

Come and sing yuletide songs!

*Wassail, wassail all over the town,
Our bowl it is white and our ale it is brown,*

*Our bowl it is made of the white maple tree,
And a wassailing bowl we'll drink unto thee.*

So go the words of an old English song sung at the hearths and in the streets during the yuletide season. If you'd like to sing such songs in a

group surrounded by lusty voices you might be interested in joining the Princeton Waits.

"Waits" is an old English word meaning a group of people who make music outside. The Princeton Waits is one of the activities of the Princeton Traditional Music Society, the people who brought you this summer's music festival. Last year the Waits, led by Jon Bartlett and

Rika Ruebsaat, sang from door to door in the streets of Princeton. They also sang in people's homes, at the annual Songfest at the Baptist Church and at Overwaitea.

This year they plan to do the same as well as participating in Princeton's Christmas Light-Up celebration.

There are no qualifications or auditions needed to join the Waits - all

you need is a love of singing. Jon and Rika will teach the songs. If this sounds like your cup of tea - or ale or mulled wine - then come to the first Waits singing session on Thursday, October 30th at 7:00 PM at Jon and Rika's house - 154 Halliford Avenue (the old Community Services building).

If you'd like more information call Jon and Rika at (250) 295-6010.

Princeton BC News?
www.princetonbcnews.com

CARTER'S
Sudoku
Challenge
PAGE 16 - IN YOUR TV GUIDE SECTION

SINCE 1973

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Town of PRINCETON
NOTICE OF ELECTION BY VOTING

PUBLIC NOTICE IS HEREBY given to the electors of the Town of Princeton that an election by voting is necessary to elect one Mayor and four Councillors for a three-year term commencing December 2008 and terminating December 2011, and that the persons nominated as candidates and for whom votes will be received are:

Mayor - One (1) to be elected

Surname	Usual Names	Jurisdiction of Residence
DONOVAN	Christine	1260 Highway 3 Princeton, BC
MANION	Jim	681 Highway 5A Princeton, BC
MCLEAN	Randy	239 Sunset Avenue, Princeton, BC
SADEGUR	Maria	307 Panorama Crescent, Princeton, BC

Councillor - Four (4) to be elected

Surname	Usual Names	Jurisdiction of Residence
ALLISON	Solana	202 Highway 5A Princeton, BC
ARMITAGE	Frank	130 Edgewood Drive Princeton, BC
BABIAK	John	143 Tipton Avenue Princeton, BC
BARTLETT	Jon	154 Haliford Avenue Princeton, BC
BERNARD	Jim	212 Tulameen Avenue Princeton, BC
DOBIE	Darrell	102-185 Luard Avenue Princeton, BC
EARLE	Jason	1148 Copper Mountain Road, Princeton, BC
GIBSON	Randall	411 Huey Road Princeton, BC
GUERSTER	Tom	386 Tulameen Avenue Princeton, BC
HARKNESS	Marilyn	106 Glenview Crescent Princeton, BC
HART	Bob	551 Coalmont Road Princeton, BC
HUDSON	Rick	2-406 Brandlmayr Gate Princeton, BC
JARVIS	Ray	48-263 Highway 3 Princeton, BC
MAYNARD	Kim	905 Highway 3 Princeton, BC
REBAGLIATI	Douglas	110 Glenview Crescent Princeton, BC
SLOWIKOWSKI-CAMPBELL	Dina	444 Corina Avenue Princeton, BC

GENERAL VOTING DAY will be open to qualified electors of the Town of Princeton on Saturday, November 15, 2008 between the hours of 8:00 AM and 8:00 PM at the following locations:

Royal Canadian Legion Hall 170 Bridge Street, Princeton BC

Elector Registration

If you are not on the list of electors, you may register at the time of voting by completing the required application form available at the voting place. To register you must meet the following qualifications:

- 18 years of age or older
- Canadian citizen
- resident of BC for at least 6 months immediately preceding voting day
- resident of OR registered owner of real property in the Town of Princeton for at least 30 days immediately preceding voting day, and
- not otherwise disqualified by law from voting.

Resident electors will also be required to produce 2 pieces of identification (at least one with a signature). Picture identification is not necessary. The identification must prove both residency and identity.

Non-resident property electors must produce 2 pieces of identification (at least one with a signature) to prove identity and residency.

Non-resident property elector certificates can be obtained from the Chief Election Officer or Deputy Chief Election Officer at the Town of Princeton office during regular office hours prior to 4:30 PM on Friday, November 15, 2008. On advance and general voting days, certificates can be obtained from the Chief Election Officer at the voting place during voting hours.

Advance Voting Opportunities

Advance voting will be open at the Town of Princeton Council Chambers, 169 Bridge St., Princeton BC on Wednesday, November 5, 2008 between the hours of 8:00 AM and 8:00 PM.

Patrick Robins
 Chief Election Officer



Princeton's Lions Club continues to put funding back into local community projects. Last week Lions Club President Wayne Passey presented Kathy Froese, centre, and Lorna Gregson, right, with a cheque for \$600.00 in support of the Princeton Communities For Kids program. Photo: Anne Passey

Seniors want affordable housing

The campaign for affordable housing ramped up on October 20, when Tom Parsons, representing Senior Citizens Branch #30, spoke to Town Council.

Parsons referred to the conversion of Princeton Manor into condo apartments, saying 21 people were affected.

He spoke of concerns regarding the future of the mobile home park on Penryn Avenue which recently was purchased. He asked Council to keep mobile home parks as they are, and to discourage rezoning.

Parsons stressed the need for more affordable housing for seniors.

Mayor Randy McLean responded that he had acquired an application for a grant for a feasibility study and needs analysis.

He emphasized that although he personally is concerned about the need for affordable housing for local people, he is not interested in

building "a haven for low income people from across the province". He said Council's task is to first find out the level of need in Princeton, then address that need.

As to handling matters related to mobile home parks, Mayor McLean said Council has certain discretionary powers regarding land use, but Council must balance the rights of property owners with the rights of tenants.

Sylvia Bailey, who brought the matter to Council months ago, asked if Council would commit to providing some land for affordable housing, and put this in a letter of intent to be used for the Attainable Housing Society to apply for future grants. Council passed a motion to provide an unspecified amount of land after a feasibility study and needs assessment had been done.

Burn request denied

In a letter to Town Council, Dennis Mills asked for a controlled burn on the hillside behind his place of residence.

He stated dead trees and debris on the slope pose a fire hazard.

Town Council discussed the problem on October 20, and agreed the area had the potential for wildfire hazard.

Councillors Ray Jarvis and Jim Manion had inspected the site, and had some reservations about a controlled burn, as there is so much debris on the very steep slope that a controlled burn might do too much damage to the fir trees, which

appear to be the majority on the hillside.

The other problem is the steepness of the incline and the need to keep tree roots in place to maintain the integrity of the slope.

A further problem prevents the Town from doing anything, as the land in question is outside Town boundary, and is private property.

Council suggested some alternatives, including having a geotechnician and forest technician study the problem together to come up with a viable solution. In any case the owner of the property must be involved.

Heather Johnson & the Century 21 Team

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Who are the Eastern Star?

by Eva Mitrovitz

The Order of the Eastern Star is the largest fraternal organization, for men and women, in the world.

Started in the mid-1880s there are over two and a quarter-million members worldwide, with approximately 8,500 members in British

Columbia and Yukon.

The moral and social purposes of the Order are designed to build character, to promote friendship

and harmony among the members, and to practice charity. The Order provides them the opportunity to give a part of their time to the many projects that benefit all mankind. It is through this fraternal service to humanity that together we help build a better life for all.

The Eastern Star members are your neighbours, your friends, your co-workers and the people you see in the stores and around town. Thousands have contributed their time and energy in unselfish service.

Many of you who will read this article know me personally as the Stamp Lady from Princeton Eastern Star. I have retired to another community nearby, but continue to collect used stamps and post cards for our cancer projects. The Similkameen News Leader newspaper in Princeton is our depot and will accept your donations.

In Keremeos call (250) 499-2702 for pick up. If you do not use your Christmas and Easter seals, we will be happy to accept them as well. Unfortunately, we do not have a market for metered stamps. We do

NOT ask for money just a few minutes of your time to remove the stamp from its envelope, package it and drop off where we can collect it.

We require lots of paper around the stamp, from which we will trim, sort and pack the various denominations to be sold to stamp dealers and collectors. The money raised in this way goes directly to the B.C. Cancer Society in Vancouver, which supplies us with bandage material. We cut, fold and pack these bandages in the sizes required for use free-of-charge by anyone in B.C. who needs them. You may ask your Doctor about this service.

It is early we know, but Christmas is only a few weeks away, the busiest mail time of the year. When you open your cards and packages, pause for a few minutes and think of the many people who can benefit from those stamps and save them for us.

Many thanks for all your previous donations.

Warmest greetings for a wonderful Christmas and joyous New Year from all of us.



Princeton Lions Club President Wayne Passey, right, presents a cheque for \$250.00 to the Princeton Special Olympics participants. They are, from left, Vallerie Snyder (bowling), Mary Sol (bowling, golf and bocce), Diane Driscoll (bowling, golf and bocce), Jessica McIvor (in front, bowling) and Brian Liberatore (bowling). The cheque will come in very handy as the Bocce team has made it to the Provincials and look forward to competing at that level. Photo: Anne Passey

www.thenewsleader.ca



REGIONAL DISTRICT OF OKANAGAN-SIMILKAMEEN NOTICE OF ELECTION BY VOTING Electoral Area 'H' (Princeton Rural)



PUBLIC NOTICE IS HEREBY given to the electors of Electoral Area 'H' (Princeton Rural) of the Regional District of Okanagan-Similkameen that an election by voting is necessary to elect an Electoral Area Director for a three-year term commencing December 2008 and terminating December 2011, and that the persons nominated as candidates and for whom votes will be received are:

Electoral Area 'H' (Princeton Rural) Director - One (1) to be elected

Surname	Usual Names	Jurisdiction of Residence
HOPE	BRAD	985 Summers Creek Road, Princeton, BC
LOGAN	GERRI	1168 Princeton-Summerland Road, Princeton, BC

GENERAL VOTING DAY will be open to qualified electors of Electoral Area 'H' (Princeton Rural) on **Saturday, November 15, 2008** between the hours of **8:00 AM and 8:00 PM** at the following locations:

Royal Canadian Legion Club No. 56, 170 Bridge Street, Princeton, BC
Tulameen Community Hall, 2597 Otter Avenue, Tulameen, BC

Advance voting opportunities will take place at the **Town of Princeton, Council Chambers, 169 Bridge Street, Princeton, BC** on **Wednesday, November 5, 2008**, between the hours of **8:00 AM and 8:00 PM**.

Electoral Qualifications

There is no need to pre-register to vote as the registration of all electors for this election will take place at the time of voting. You will be required to make a declaration that you meet the following requirements:

- 18 years of age or older (born November 15, 1990 or earlier)
- Canadian citizen
- resident of BC for at least 6 months immediately preceding voting day (May 13, 2008)
- resident of OR registered owner of real property in the Electoral Area 'H' (Princeton Rural) for at least 30 days immediately preceding voting day (October 15, 2008), and
- not otherwise disqualified by law from voting.

Resident electors will also be required to produce 2 pieces of identification (at least one with a signature). Picture identification is not necessary. The identification must prove both residency and identity.

Non-resident property electors must produce 2 pieces of identification (at least one with a signature) to prove identity, proof that they are entitled to register in relation to the property, and, if applicable, written consent from the other property owners.

Tracey Batten
Chief Election Officer



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keremeos and area news



The Bear on the hillside, upper right, now has a cowboy companion. - photos submitted

Cowboy rides into town

Over the weekend of October 18th the village of Keremeos was surprised by an addition to it's well known "Bear Peeking Over the Mountain," mascot for Bear's Farm Fruit Stand.

It was installed by Kelowna-based artist Scott August, with the hopes of offering travelers a "friendly reminder that Keremeos is awesome and that this unique town, surrounded by history and mountains, will forever have a place in my heart and all who travel it!!"

On a small note left at the site August left only his initials "S.W.A." and an e-mail address. To this e-mail he received a welcoming message from the daughter of Barry Frasch, the owner of the fruit stand and man behind the

bear.

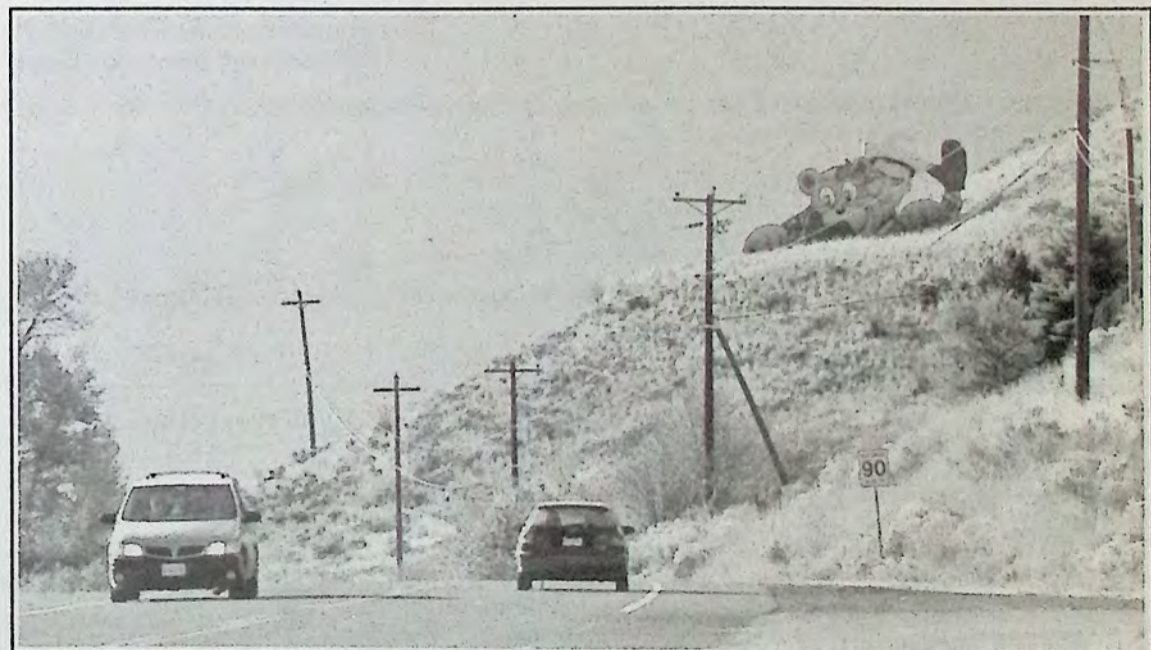
Robynne Frasch wrote, "Your hard work and dedication to the promotion of our beautiful valley is greatly appreciated. Our only hope is that lots of people will have the chance to see your work before a windstorm takes it away!"

August's inspiration behind this work comes from his many childhood trips to Vancouver along Highway 3, long before the Coquihalla Connector opened. Some may also remember when August's larger than life cowboy made an earlier appearance in 2006 when it stood waving on the corner of Ellis and Clement at the site of the CN Railway building in Kelowna.

Works derived from his

Keremeos installation will be exhibited in the coming months at exhibitions in Chicago and the Lower Mainland.

August is a Kelowna-based artist and a graduate of UBC Okanagan. His work has been exhibited at the Alternator Centre for Contemporary Art (Kelowna), the Duotone Arts Festival (Kelowna), the Kelowna Art Gallery and the Pop Montreal art and music festival (Québec). August is also an internationally recognized musician with two records on the Vancouver indie label Scratch Records as half of Vote Robot and a solo production as French Paddleboat. He has performed at Avant-garde music festivals in Europe and the United States. - submitted





A Town of Princeton vehicle sits on the new roadway which will feed traffic from Bridge Street onto Vermilion Avenue as the Town Square Project continues to take shape. The roadway became visible last week.

Citizens worry about new square

The construction at the north end of Vermilion Avenue has created some concerns for a number of local citizens. On October 20, Council addressed those concerns. The Legion wanted assurance that the construction would be finished by November 11. They were told the curbing and paving would be done before Remembrance Day. A Vermilion Avenue merchant expressed concern due to lack of

foot traffic resulting in loss of business. Sidewalks are now under con-

Mayor praises candidates

Town Council chambers were packed for the October 20 meeting. The crowd included a number of Council candidates, and Mayor Randy McLean congratulated them. "It speaks well for a community

struction and the street will be open to pedestrian traffic as soon as the concrete sets.

that so many are interested in giving time to serve," Mayor McLean said. All but two of the candidates left the meeting halfway through. Election day is set for Saturday, November 15th.

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PUBLIC NOTICE

Copper Mountain Mine
Permit Amendment Application
Mines Act Permit M-29

A public information Open House will be held on

Thursday, November 6, 2008
From 2:30 PM to 8:30 PM
at the

Princeton & District Community Skills Centre
206 Vermilion Avenue,
Princeton, BC

regarding the proposed Restart of
Open Pit Mining Operations at the existing
Copper Mountain Copper Gold Mine
located about 20km south of Princeton, BC

For further information contact:
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Anyone interested in the Amendment Application
is invited to attend.

From The Hip

Opinion by Ed Vermette

Civic politics is not unlike horse racing...

Anyone who knows me would also know about my love of horse racing and that I frequently reference things to the sport.

Our upcoming civic election is somewhat like a horse race. We have little to go on other than the short platform provided through the newspapers and an all candidates forum. I study this information just like I would with a race form and attend the forum just as I would the paddock.

Armed with this information, I can place my bet, but the smart wager is to put experienced finishers with young newcomers. This is the best combination for any race, because you know the past performance of the experienced runners, and a young newcomer could use his speed and youth to be a threat at the finish line.

We have three separate races featured on November 15, 2008. The first important race is that of the Mayor candidates - seasoned thor-

oughbreds with a newcomer should make for an interesting sprint. Not unlike how I pick horses, I would have to choose experience and hope that a bad leg won't hamper his positioning.

The second feature race will be for Area H representative.

Again, I will go with the home town favourite and her past experience. I would probably bet the farm on this one, she is a filly with a lot of heart.

The third race of the day has a full field of 16 candidates running for Councillor positions.

This is a tough one, my Pick 4 for this race would include all past council experience and a young newcomer. A wise bet is to box the four picks, because even a young newcomer to this track could overtake the field. But I am guessing that should that happen, the experienced runners will be right behind him.

This is an action packed day of racing you won't want to miss. Make sure you vote on November 15th!

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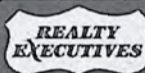
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news leader health and lifestyle page

How healthy is the air in your home?

(NC)—With winter temperatures approaching we'll soon be spending more time indoors and it's time to think about indoor air-quality. Indoor air pollutants can be more harmful to our families' health than the air outside. Poor indoor air-quality can cause or aggravate asthma, headaches, chronic fatigue and insomnia.

To ensure your home and family

Eco-friendly décor with more

(NC)—Gone are the days of doing just about anything without first considering the environment. Many Canadians feel eco-friendly features are important to the home because they add value. The good news is it doesn't require major renovations to be ecological. Consider the following simple décor trends from The Home Depot Canada to increase the green quotient of your home.

Colour confident – Even after the paint smell has gone, chemical solvents such as benzene and formaldehyde still linger. Choose paint with low levels of volatile organic compounds (VOCs), as they release fewer pollutants and are virtually odourless.

Happy wall – Select wallpaper made from responsibly managed forests. Several wallpaper companies are now certified by the Forest Stewardship Council and continue to offer the same high quality textures and designs.

Cut a green rug – Consider carpet manufactured from 100 per cent post-consumer recycled content, such as plastic bottles. It is still soft to the touch and available in a wide variety of colours and styles.

Cover me – Solar films can be applied directly to any window, working to conserve energy by

stay healthy, follow this simple checklist from The Home Depot Canada:

• Box in the toxins

Electronic furnace filters, like ToxBox electronic filters, use a small electrical charge to attract toxins. They are up to 45 times more efficient than pleated furnace filters and reduce the chance of spreading flu or cold viruses within your

home.

• Clean the 'green' way

Use non-toxic, biodegradable cleaning products instead of chemical-based ones. Brands like Method and Eco Mist both offer 'green' alternatives that are just as effective and emit no VOCs.

• Manage mould and mildew

Mould sprays like Concrobium Mold Control manage moisture levels by coating surfaces with an antimicrobial layer. It's made from a blend of naturally occurring compounds - preventing fungal and mould spores from developing.

• Release the flower power

Indoor plants are an easy way to improve indoor air-quality. Be sure to give them as much sunlight as possible and use an organic fertilizer, like Perfectly Natural's Garden and Flower Fertilizer.

• Wipe away water worries

Use an ultraviolet light water filtration system to disinfect water. The UV rays penetrate bacteria, mould and viruses, destroying their ability to reproduce. The TrojanUVMax Pro Series filter promises to destroy at least 99.99 per cent of harmful micro-organisms, including E. coli and giardia.

More information on this topic is available online at www.homedepot.ca, or at a store in your community.

- News Canada

living past 100

Spice up your health, Italian style

A common herb used in Italian cooking has a lot of health benefits. This herb is oregano, and for many people, it is their best friend in cold season, which will be upon us soon.

Oregano contains more than 130 medicinal and nutritional compounds that support your body's immune system, respiratory system and digestive system. This herb helps act as both a healer and a preventative measure for many conditions that affect those systems. Oregano is an antispasmodic, antibacterial, anti-inflammatory, antiplaque, antifungal, and works against candida. When used as oregano oil, its benefits are multiplied many times over, and can be used externally as an antiseptic and pain killer. Rubbing oregano oil on spider and insect bites relieves the distress, and is beneficial externally for treating rheumatism, arthritis, eczema, shingles, psoriasis and neuralgia. It has been used successfully in treating head lice infestations.

Oregano oil is so powerful you should never use it pure. It is most frequently diluted with olive oil. Oregano is often used as a food preservative because of its antibacterial qualities.

All this is great news, but perhaps you are not looking for a cure, just a regular dose of oregano as an herb, which is a good way to build up your health. The Italians have become masters of good tasting food that incorporates oregano leaves and garlic bulbs, both powerful health-promoting herbs that add good taste to almost any dish.

Oregano is good on pizza, essential in good spaghetti sauce, and delightful on fish and chicken. Yes, you can combine it with garlic on all of these dishes. Oregano and garlic work well on lamb, pork, and beef. Of course, you can add other herbs and spices, and you can vary the combinations to suit your own taste. You don't want all your cooking to taste the same!

Cold and flu season is going to challenge all of us to keep the bugs away. If you feel a cold coming on, try a cup or two of oregano tea. You can make it with oregano leaves and for an extra boost, add a drop of oregano oil. This is a powerful drink, limit yourself to one cup in the morning and one at night. This is great for reducing congestion. Oregano tea will pull mucous out of your lungs and put it into your intestinal system, so don't adopt the attitude that if a little is good a lot is better. Use oregano oil in moderation when using it internally, and make sure the kind of oregano oil you are using is safe for internal use. Some oils will specify "for external use only."

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www.frameyourpets.com

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\$315,000



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\$7,700,000



282 Lawless Creek Road
3bedroom double wide near Tulameen. MLS 43108
\$339,900



543 San Ang Way
Highly efficient home features many updates. MLS 43289
\$344,900



210 Prospect Place
Fabulous family get-away! MLS 43941
\$329,900



114 Deerview Crescent
Stunning spacious home! MLS 43708
\$459,000



Lot 3 Highway 3 West
CONTINGENT - Nearly 3 acres on major highway. View lot next to established pub. MLS 42537
\$144,900



145 Prospect Drive
Solid 2bed, 2bath cottage at Missezula Lake. MLS 101102
\$369,900



199 Angela Avenue
2 separate titled duplex zoned lots near river. MLS 42668
\$149,900



196 Vermillion Avenue
Superior downtown location, includes 20 deeded parking spots. MLS 43825
\$499,900



368-400 Rainbow Lake Road
3 lakefront houses! MLS 43550
\$2,899,000



511 Similkameen Avenue
Remodeled home with upgrades. MLS 43447
\$139,900



207 Vermillion Avenue
Solid 2bedroom home downtown.
\$145,000



164-2nd Street
Cozy 1-bedroom cabin in Tulameen. MLS 101086
\$215,000



24 Aspen Street
Country getaway in Princeton. MLS 43633
\$139,900



575 Cedar Creek Road
329 acres with panoramic views. MLS 43615
\$1,499,900



121 Halliford Avenue
Character home with wood accents. MLS 43469
\$189,900



235 Penryn Avenue
Central location in downtown area with easy walk to all amenities. MLS 43272
\$39,000



189 Angela Avenue
2 separate titled duplex zoned lots near river. Just a short walk to downtown. MLS 42666
\$129,900



226 Sunset Avenue
Location, private and view! MLS 44129
\$249,900



260 Penryn Avenue
Cozy home located downtown. MLS 43446
\$159,900



207 Angela Avenue
House on 2 duplex-zoned lots. MLS 42667
\$179,900



103-66 Angela Avenue
Equisite apartment renovation, top quality! MLS 101113
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4 Eagle Crescent
Immaculate 3-bedroom rancher is virtually maintenance free! MLS 101082
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Dan Pippin
295-6977



Heather Johnson
295-8591



Doug Haayer
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295-1990



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BRAD HOPE



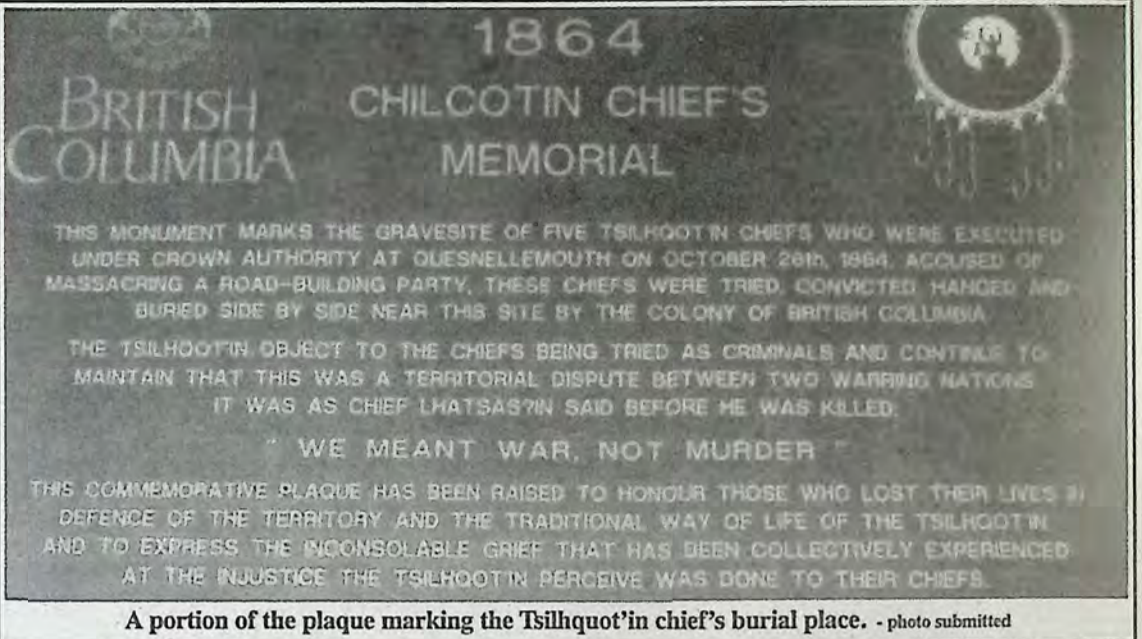
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- Transparency
- Land Stewardship
- Land Owner Rights
- Clean, Sustainable Industry

ON NOVEMBER 15 VOTE:

X Hope, Brad Area H Director

PAID FOR BY THE COMMITTEE TO ELECT BRAD HOPE



A portion of the plaque marking the Tsihqot'in chief's burial place. - photo submitted

BC 150 YEARS
The Best Place on Earth

The Road From Bute - Pt. 2

THE CHILCOTIN WAR
INSIGHTS INTO BC'S HISTORY

Published by: Similkameen News Leader

by Nick Mills, Princeton Museum & Archives

The Chilcotin War of 1864 was a British Columbian confrontation between members of the Tsihqot'in (Chilcotin) people and white settlers. Fourteen workers employed by Alfred Waddington in building of a road from Bute Inlet were killed, as well as a number of men with a pack train near Anahim Lake and a settler at Puntzi Lake.

The never completed road was intended to provide a new route to the goldfields of the Interior. According to Waddington it would reduce land travel from 359 miles to 185 miles and the total days consumed in packing freight from 37 to 22 compared to the Yale-Fraser Canyon route known as the Cariboo Road favoured by Governor

Douglas.

The Bute Inlet Wagon Road was to follow the Homathko River valley from the mouth of Bute Inlet, cross Mount Waddington and then swing to the Northeast across the Chilcotin Plateau to join the Bentinck Arm Trail at Puntzi Lake and the mouth of the Quesnel River. It was also one of the routes considered and advocated by Waddington for the transcontinental railway that was eventually constructed to Vancouver instead.

Construction had been underway for two years when, on April 29th 1864, a ferryman called Timothy Smith, stationed 30 miles up the river was killed after refusing a group of natives food. Smith was shot and his body thrown into the river, food and supplies were looted and half a ton of provisions were taken. The following day the natives attacked the workers' camp in daylight. Three men, although injured escaped and fled down the river, but the remaining crew were killed and their bodies thrown into the river.

Four miles further up the trail the band came upon the foreman, William Brewster and three of his men blazing the Trail, all were killed. Brewster's body was mutilated and left whilst the others were thrown into the river. A settler at Puntzi Lake was also killed. A pack train led by Alexander McDonald, though warned, continued into the area and three of the drivers were killed in the ensuing ambush.

In all nineteen men died.

In New Westminster on May 14th, just a month into his term, Governor Seymour received news of the attacks. The next day Chartres Brew and 28 men were sent to Bute Inlet aboard HMS Forward, but were unable to make their way up the trail to the scene of the incident and returned to New Westminster.

A second party of 50 men under Gold Commissioner William Cox went to the area using an overland route, met an ambush and retreated.

Brew, aboard HMS Sutlej, along with the Governor and 38 men, set out again to reach the Chilcotin from Bentinck Arm. They arrived on July 7th and met Cox. One Donald McLean led out a scouting party to reconnoitre the surrounding area, hearing a rifle click a guide urged him to get down. He ignored the advice and was shot though the heart.

Chief Alexis subsequently met with Cox and was given an assurance of friendship. The next day six other Chiefs arrived and were promptly arrested. Although denied by Cox, they claimed to have been offered immunity. Returned to Fort Alexandria, five of them were charged with murder; Judge Matthew Begbie tried them in Quesnel during September 1864. In defence of their actions it was claimed that they were waging war, not committing murder, but the five were found guilty and sentenced to hang.

The incident cost the Colony about \$80,000, but a petition to the Imperial Government to share the cost was declined. Donald McLean's widow was given a pension of \$100 for five years. Waddington sought compensation of \$50,000 from the Colony saying that his party had been given no protection, but it was denied as the Colony said that none had been requested and that no state could guarantee its citizens safe from murder.

Many reasons were later given as reason for the unrest including the introduction of smallpox, the provision of firearms to the Chilcotin, lack of food, concern over land title, the desecration of graves and interference with valuable spring waters.

Whatever the causes, in 1993, as a result of an enquiry by the BC Government, the Attorney General apologized for the hanging of the Chilcotin Chiefs and provided funding for the archaeological excavation of their graves to ensure a proper burial.

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Dave and Lynda invite you to 'come check us out!'

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GIFT CERTIFICATES AVAILABLE!



As work continued last week on the Town Square Project we managed to get this photo of a section of the new sidewalk outside Bugnuts Toys. The sidewalk is expected to be open to foot traffic soon. *

Rec department performs well

Lyle Thomas reported to Town Council on October 20 regarding the financial performance of the recreation department. Community recreation programs

administered by Nadine McEwen recovered 55 percent of costs, up from 42 percent last year. Centennial swimming pool recovered 28 percent of costs.

Both these recreation areas are considered to have performed well in terms of cost recovery, as the average for BC is 15 to 20 percent.

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Trades Open House Looking for a Job or a Career?

The Inside Track to a Successful Career in the Trades Starts Here!

Trades Assistance Program	Upcoming Sessions
- Prepare for employment	• OCT.21 Penticton 9:30 am
- Maintain employment	• OCT.23 Oliver 9:30 am
- Learn job search techniques specific to trades	• OCT.24 Summerland 9:30 am
- Find job placement in trades	• OCT.27 Keremeos 9:30 am
- Obtain trade specific labour market information	• OCT.28 Osoyoos 9:30 am
The trades may be for YOU!	• OCT.30 Princeton 9:30 am
Let's Make It Happen!	

Southern Interior Construction Association (250) 486-5158

All sessions at WorkZone Centres

The Government of Canada has contributed funding to this initiative



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Thank You Princeton & Area for your support!

POINTS OF PROGRESS Housing Development

- 1) We need to encourage developers to build more small homes and residences that are disabled and senior friendly in order to meet the needs of those who want to move out of larger houses but still maintain their independence.
- 2) We need to promote the development of enough attainable housing to accommodate the residents of Princeton who may require them, and yet not provide a haven for low income residents from around the province.
- 3) Homes that are being built or renovated in our community should be encouraged to be constructed as energy efficient as possible, which would especially benefit those on fixed incomes.
- 4) We need to coordinate housework, gardening or household repair businesses so that seniors and the disabled can utilize them and stay in their homes that much longer.
- 5) There are incentives and support for retro-fitting homes and buildings more energy efficient and we need to get that information gathered and distributed to our residents.
- 6) We need to acquire a professional needs assessment that will provide reliable information about those in Princeton who require attainable housing in order to determine the level of land and taxpayer support that is warranted.



Leadership You Can Trust

POINTS OF PRIDE

- Accessing the water funding for East Princeton, airport and Jacobson Road residents.
- Organizing public input, funding and beginning construction of town square
- Assisting with Bridge of Dreams
- Attaining funding and starting construction of airport fuel system and building
- Hiring of new personnel and restructuring of staff and municipal governance
- Undertaking of Official Community Plan and resultant public input
- Two Rivers Park enhancement
- Working with arena expansion
- Providing assistance with wellness centre expansion
- Landfill and waste removal restructuring
- Surveying and servicing plan for Industrial Park and infrastructure grant application
- Renewal and recommitment of Memorandum of Understanding with Upper Similkameen Indian Band
- Assisting in improving paramedic qualifications and hospital interaction
- Forest Corporation's substantial investment in the community

Can you imagine these additions as only the beginning to a striking enhancement of Princeton and our entire quality of life, serving to create a self esteem that will help attract countless additions to our community whether it be doctors, medical professionals, workers, businesses, new residents or tourists? If projects such as the aquatic centre, the heritage park, and others receive local resident endorsement we will be able to continue to construct a town that we can admire that much more and market that much easier.



RANDY McLEAN
Candidate for Mayor



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Explore The History Of Mining - Gold, Copper and Coal



The view of Blakeburn aerial tramline Tower #11. Chilliwack resident, and Blakeburn historian, Terry Malanchuk, announced last week the release of two new products. The "Blakeburn DVD - Photographic Documentary" contains over 300 images and short film for a total running time of two hours. Malanchuk's first book, "Blakeburn - BC's Forgotten Ghost Town" was released last week in a revised second edition with 226 pages, many new photographs, enhanced tourist information and the most up-to-date Blakeburn Directory available. The follow-up to Malanchuk's first book has also been completed. "It Was A Good Blakeburn" contains 146 pages and over 100 photographs. All products are currently available online and will be in Princeton locations soon.

Photo: Terry Malanchuk

Letter To The Editor

Candidate says 'thank you'

Editor;

I would like to acknowledge the very generous sentiments I have received from many of the residents of BC Southern Interior regarding the results of the election on October 14th.

While the results were not what we were anticipating, I felt that it was a positive campaign.

Many issues of importance to this riding were discussed with residents during the campaign and I look forward to working with various groups to get action on them.

In closing, I would like to express my gratitude to those who volunteered not only on my campaign,

but on the other candidate's as well.

The right to vote has been hard won, a memory we will once again celebrate on November 11, and those that get involved should be

commended for their volunteerism.

- Rob Zandee,
Candidate of Record,
Conservative Party of Canada
BC Southern Interior

Schneider keeps winning

Local cowgirl Taylor Schneider of Hedley continues to win competitions in the British Columbia High School Rodeo Association (BCH-SRA).

Schneider's recent wins in the past month include First Place in Breakaway Roping and First Place in Goat Tying (both at the BC High

School Rodeo in Chetwynd); First Place in Breakaway Roping and First Place in Goat Tying (both at the BC High School Rodeo in Peachland) and Second Place in Pole Bending and First Place in Goat Tying (both at the BC High School Rodeo in Hudson's Hope).

The High School Rodeos are for students in Grades 9, 10, 11 and 12.

**2008 Santa Presents
CRAFT SHOW**
Saturday, November 1st
10:00 AM - 5:00 PM
Sunday, November 2nd
10:00 AM - 4:00 PM
Lakeside Resort & Casino
21 Lakeshore Drive, Penticton

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Breast Cancer support

May 2009 Provincial Referendum on Electoral Reform Call for Applications for Referendum Group Funding - Application Deadline Dec. 1, 2008

On May 12, 2009, British Columbians will vote in a provincewide referendum on whether to adopt the single transferable vote (STV) electoral system for electing Members of the Legislative Assembly.

The Government of British Columbia will provide \$500,000 in funding to one group on each side of the debate to support or oppose the STV electoral system proposed by the Citizens' Assembly on Electoral Reform.

How Can Funds be Used?

Each group will be able to use its funding for specific activities to support or oppose STV, including:

- producing brochures, posters, buttons or other communications materials;
- creating or sponsoring print, radio and TV ads;
- holding events such as rallies or debates; and
- paying related administrative expenses.

Who Can Apply?

Only non-profit organizations in British Columbia may apply. Political parties and constituency organizations are not eligible and other restrictions apply. See the referendum funding information on the Ministry of Attorney General website (www.ag.gov.bc.ca/legislation/referendum.htm) for further information about eligibility.

How Will the Two Groups be Chosen?

The two groups will be chosen by the deputy attorney general based on the applicant organizations':

- experience in conducting public information campaigns;
- capacity to conduct a provincewide information campaign about STV and our current first-past-the-post electoral system;
- structure and stability and the involvement of the organization's members in supporting its mandate.

Applications must be submitted by Dec. 1, 2008. For information and application forms, visit: www.ag.gov.bc.ca/legislation/referendum.htm or contact:

Strategic Planning and Legislation Office
Ministry of Attorney General
PO Box 9283 Stn Prov Govt, Victoria BC V8W 9J7
Facsimile: 250 953-4072
E-mail: agwebfeedback@gov.bc.ca

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Health & Safety News
<http://myhealthsafetynews.blogspot.com>

Generation 50 News
<http://mygeneration50news.blogspot.com>

Home & Garden News
<http://myhomeandgardennews.blogspot.com>

weekly entertainment guide

TUESDAY, OCTOBER 28, 2008 THROUGH MONDAY, NOVEMBER 3, 2008



Princeton Posse home Captain Kyle L'Arrivee tries to score during a shoot-out in the October 24th game against Beaver Valley Nitehawks. Nitehawk goalie Thomas Talariski blocks L'Arrivee's shot. *

Posse take shoot-out

The Valley First Princeton Posse hosted Beaver Valley Nitehawks October 24th in what was expected to be a hard-hitting, action-packed, high-scoring affair.

Well, there was some hard hitting, at least.

Both teams struggled throughout the first period to control the play, and after the first twenty-minutes were finished, neither team had scored a goal.

The second period seemed to be pretty much a carbon copy of the first frame until Princeton's Brooks Christensen fed the puck to Kyle L'Arrivee who smacked a shot on goal, then got his stick on his own rebound and scored the first goal of the game at 9:14.

The second period ended with the home team leading 1 to zip.

The third period saw both teams ramp it up and the action-packed part of the game took over.

Both teams chased pucks in corners, wrestled them free from each other, duked it out once or twice to set boundaries and spent some time in the penalty box to cool down.

Beaver Valley tied the game at 9:36 after which Posse netminder Tanner Sheridan took exception to something that happened in his crease and displayed his frustration by firing his water bottle into the following face-off. That action earned Sheridan a gross misconduct call and Michael Garteig took over between the pipes.

Beaver Valley took the lead with another goal at 3:14.

By this time it was obvious the home team wanted to tie the match up to force overtime.

Posse Head Coach Dale 'Duner' Hladun called a time out with 1:28

left in the game, pulled Garteig for an extra man and Princeton just pounded the Nitehawk goal with pressure and pelting it was flying pucks from every direction imaginable.

Then with only 28-seconds to play Kyle L'Arrivee sent a shot high and over the Beaver Valley net. It bounced off the plexiglass and back out in front of the goal where Brooks Christensen slapped it down and Kyle L'Arrivee popped it into the net to tie the game at 2-all. Derrick DeLisser also received an assist on the goal.

This forced a five-minute overtime period, which disappeared quicker than a plate of fresh French fries from the concession stand.

After an overtime period and a game is still tied, the KIJHL moves to a five-man shoot-out format. Basically, each team picks five shooters and they alternate taking a shot on goal. Whichever team scores the most goals in the shoot-out earns a 'goal' to break the tie and win the game.

Princeton's Brooks Christensen went first and scored. Beaver Valley's Kris Davis did not score, nor did Princeton's Kyle L'Arrivee or Beaver Valley's Zak Majkowski.

Princeton's third shooter, Spencer Brooks, did not score but Beaver Valley's Dave Williams did, bringing the shoot-out to a one-all tie with two shooters left for each team.

Princeton's Derrick DeLisser added the second shoot-out goal for his team and Beaver Valley's Scott Morisseau could not match it.

The final two shooters, Brody Brewster (Posse) and Nitehawk Graham Proulx did not score.

With the shoot-out results Princeton 2, Beaver Valley 1, the home team earned a 'goal' to win the game.

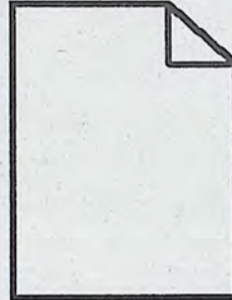
Final score: Princeton 3, Beaver Valley 2 (SO), shots on goal: Princeton 65, Beaver Valley 64.

Next home game action for Princeton will be a three-game stretch against Revelstoke (October 31), Creston (November 1) and Sicamous (November 2).

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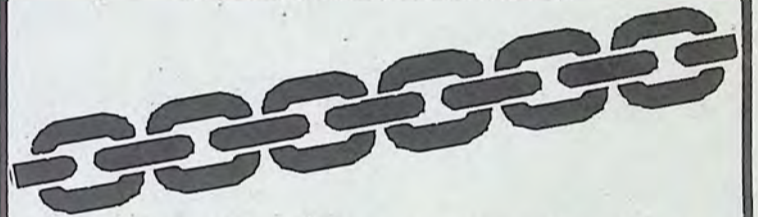
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Princeton Curling Club kicked off the start of the new season with a Funspiel over the weekend. *



Princeton Posse beat Beaver Valley 3-2 in a shoot-out October 24th. *



More curling action from the Curling Club's first Funspiel of the season. *

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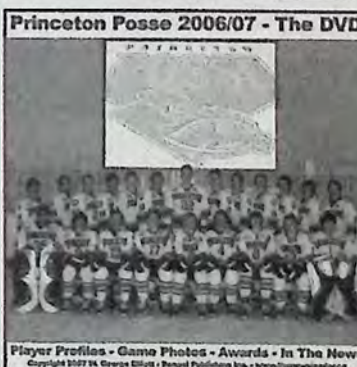
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TUESDAY, OCTOBER 28, 2008

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11 PM) listing TV programs and channels.

WEDNESDAY, OCTOBER 29, 2008

Table with 20 columns (WTBS to TROP) and 24 rows (6 AM to 11 PM) listing TV programs and channels.

Horoscopes

October 29 - November 5, 2008

Aries - Health problems should improve now, other concerns could cause worry. Watch out for upsets in career, debts, and insurance. Don't panic, you have protection.

Taurus - Things you share with partner/spouse, and resources you share with others, can be very beneficial this week although you have to make adjustments. Keep life balanced. Stay calm.

Gemini - Partner is good to you. Career is hectic with a number of upsets or difficult problems. Siblings may have troubles but you can't solve everything. Be strong, creative.

Cancer - Children or pets may be demanding of your time, and you may be faced with a lot of work. Ask kids for help, and they will give it this week and next. You can do what you need to do.

Leo - You are probably tired of financial stress, but there is no let-up. Take it in stride this week, and just stick to a plan. Your health, job will see you through. Stay home weekend.

Virgo - Home and family are your greatest source of enjoyment. Partner, friend or family member may cause upset this weekend. Remain calm, be aware of support from others. It blows over.

Libra - Focus on your financial situation and develop plan to solve problems. Home and family give support. Problems on job are solved with patience. Don't be depressed. Live!

Scorpio - Energy level remains high. Expect money to come to you, or need to spend, or both. Groups you belong to may be a burden, and children surprise you. You can expect good news.

Sagittarius - You need to take a whole new creative look at your career in order to generate money-making opportunities. Home life conflicts with career, balance solves problem.

Capricorn - You can take stock of your life in a new way this week and solve some problems to your own satisfaction. Weekend may bring upset in group you belong to. Stand back.

Aquarius - Career plans may have to change suddenly this weekend. You may face upsets in income or financial situation. Seek help from associates, keep emotions positive.

Pisces - Your faith may be shaken this weekend and you may turn to a new approach to spiritual matters. Partner may demand more action from you re: shared resources. No play time now.

Regular Meetings

- Otter Valley Fish & Game Club regular meetings 3rd Saturday of month, noon, at clubhouse
- Similkameen Christian Riders meet at Dairy Queen every Wednesday evening at 6 pm for a ride. To join, show up
- Princeton Writers Group meets every second and fourth Thursday 7pm at Riverside Wellness Centre
- Hospital Auxiliary meets 2nd Monday each month at 2 pm Hospital board room
- PGH/Ridgewood Lodge Foundation meets 2nd Monday, 12:15 Hospital Boardroom
- Hedley Library open 2-7pm Thursdays
- Princeton Paintball Club meets every Sunday at 10 a.m. Contact 295-0673
- Princeton Rifle and Revolver Club meets every Thursday at 7 p.m. from October 1 to May 30 at the indoor range in the Cultural Centre. 295-6150.
- Princeton Fish & Game Club meets first Monday of month at 7 p.m. at Weyerhaeuser training building Call Ray 295-7508.
- Princeton Chamber of Commerce meets every 3rd Thursday at Chamber office 7 pm
- Legion Branch 56 meets 3rd Sunday of month 1:00 p.m. Legion Hall
- Princeton Motor Sports meets the first Tuesday of month 5:30 pm Arena Mezzanine
- Southern Cruisers Similkameen Chapter #53 meets for rides every Thursday night.
- Vermilion Trails Society meets 2nd Wednesday of the month, 7:00 PM in Chamber of Commerce meeting room.
- Princeton GSAR meets first 3 Tuesdays of the month, 7:00 PM in GSAR Hall, Rocklin Avenue.
- Princeton Lions Club meets 1st and 3rd Tuesday of the month, 6:30 PM in the Chamber of Commerce meeting room.
- Course Of Miracles Group meets every Tuesday, 7:00 PM at The Anchorage on Vermilion.
- Learn How To Relax and Meditate Group meets Tuesday, 7 PM at Riverside Centre. Last Tuesday of the month will feature a Spiritual Movie.
- U'th Group 7 PM, 1st and 3rd Tuesdays, Living Water Church.
- U'th Social Night 7 PM, 2nd and 4th Fridays, Living Water Church
- Princeton Badminton Club welcomes new members. Mondays 7:30 - 9:30 PM PSS Gym
- Little Folks Nursery School Parent/Board Meetings, 3rd Wednesday of each month, 7:00 PM at the school.
- Legion Ladies Aux., second Tuesday each month, 7:00 PM, Legion.

thursday movies

EVENING

- 6:00 pm YTV (8) ★★ "Flintstones Meet Rockula and Frankenstone" (1979) Voices of Mel Blanc. Animated. When Fred, Wilma, Barney and Betty win a trip to Rocksylvania, Count Rockula mistakes Wilma for his bride. (In Stereo) (E)
- 7:00 pm WTBS (3) ★★ "Seed of Chucky" (2004, Horror) Jennifer Tilly. Resurrected by their offspring, the murderous doll and his twisted bride learn about a new movie featuring their killer exploits. (E)
- 9:00 pm CHBC (4) ★★ "The Hills

Have Eyes" (2006, Horror) Aaron Stanford. A family road trip takes a terrifying turn when the travelers become stranded in a government atomic zone inhabited by a band of bloodthirsty mutants. (E)

10:00 pm WTBS (3) ★★ "Seed of Chucky" (2004, Horror) Jennifer Tilly. Resurrected by their offspring, the murderous doll and his twisted bride learn about a new movie featuring their killer exploits. (E)

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friday movies

MORNING

- 6:00 am SPIKE (4) ★★ "The Omen" (1976, Horror) Gregory Peck. A U.S. diplomat and his wife adopt the infant Damien in Rome, then find out he's the Antichrist. (In Stereo)
- 8:30 am SPIKE (4) ★★ "Damien: Omen II" (1978, Horror) William Holden. A couple send their orphan nephew, the Antichrist, to military school, where he learns who he is. (In Stereo)
- 11:00 am SPIKE (4) ★★ "Omen III: The Final Conflict" (1981, Horror) Sam Neill. Now ambassador to England, Antichrist Damien leads a global manhunt for his age-old enemy. (In Stereo)

strip joint where vampires lurk. (E)

FAM (26) ★★ "Ghostbusters" (1984, Comedy) Bill Murray. Parapsychologists with nuclear guns go into business ridding New York of poltergeists. (E)

10:00 pm KNOW (5) ★★ "The Fog of War" (2003, Documentary) Robert S. McNamara. Former Defense Secretary Robert McNamara discusses military issues and the Vietnam War with filmmaker Errol Morris. (E)

10:45 pm FAM (26) ★★ "Ghostbusters II" (1989, Comedy) Bill Murray. Now the parapsychologists are trying to rid New York of stress-related pink slime.

AFTERNOON

- 5:00 pm WTBS (3) ★★ "From Dusk Till Dawn" (1996, Action) Harvey Keitel. Desperado brothers kidnap a preacher and his kids, commandeer their RV and wind up in a Mexican strip joint where vampires lurk. (E)

EVENING

- 7:00 pm YTV (8) ★★ "Addams Family Values" (1993, Comedy) Anjelica Huston. Upon arrival of their mustachioed baby, Morticia and Gomez hire a greedy nanny who targets Uncle Fester. (In Stereo) (E)
- 7:30 pm FAM (26) "Return to Halloweentown" (2006, Comedy) Sara Paxton. An 18-year-old witch must use magic to stop a devious plot to destroy Halloweentown.
- 9:00 pm WTBS (3) ★★ "From Dusk Till Dawn" (1996, Action) Harvey Keitel. Desperado brothers kidnap a preacher and his kids, commandeer their RV and wind up in a Mexican

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Similkameen News Leader

Recipe Corner (Recipe #243)

Brought To You By: Similkameen News Leader

Classic Sloppy Joes

(NC)—Sloppy Joes are a kid-approved meal. So quick and easy to prepare, kids can help set the table while the beef simmers, and the meal will be a family treat.

Ingredients:

- 1 tbsp (15 mL) vegetable oil
- 1 small onion, chopped
- 1/3 cup (75 mL) chopped green pepper
- 1 lb (500 g) lean ground beef
- 1 1/2 cup (375 mL) Heinz Tomato Ketchup
- 1 tbsp (15 mL) Lea & Perrins Worcestershire Sauce
- 2 tbsp (30 mL) brown sugar
- 1/4 tsp (1 mL) each salt and pepper
- 8 sandwich buns

Preparation:

Heat oil in a large frying pan set over medium-high heat. Sauté onions and green pepper for 5 minutes. Add beef to the pan. Cook, stirring until browned, about 5 to 10 minutes. Drain off fat. Stir in ketchup, Worcestershire sauce, sugar, salt and pepper. Simmer over medium-low heat, stirring occasionally, for 10 minutes or until slightly thickened. Serve on sandwich buns. Makes 8 servings.

Twists:

Twist 1 For burger-appeal, jazz-up Sloppy Joes with additional toppings such as shredded lettuce, chopped tomato, grated cheese, sour cream or ranch dressin. Twist 2 For a meat variation, use lean ground chicken or pork instead of beef. Twist 3 For a Veggie-boosted Joe, stir in 1 cup (250 mL) each shredded carrot and chopped mushrooms. Twist 4 For a high fibre alternative, try whole wheat pitas or rolls instead of sandwich buns. Twist 5 For a chunkier Joe, use Heinz Chili Sauce, Chunky with Sweet Peppers instead of ketchup.

Nutritional Information:

Per Serving: (with bun) 332 calories, 11 g fat, 17 g protein, 41 g carbs, 738 mg sodium. Excellent source vitamin B12 and zinc.

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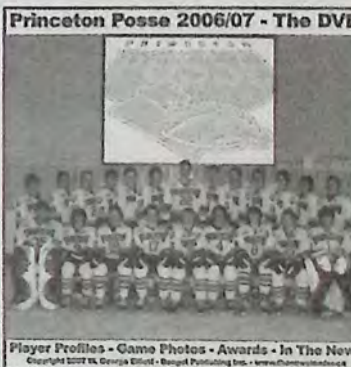
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THURSDAY, OCTOBER 30, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:15)	Thomas	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Grossology	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Star Trek: Voyager	FX: The Series "Thief"
7 AM	Montel Williams	Room That News	Martha Dora	Arthur (EI) Martha	Today Tina Fey; exotic beach vacations; Maya Angelou; Everyone	The Early Show (N)	American Justice	Good Morning America (N)			Poko Animal	Hawks Yu GI Oh	SportsCentre		Machines	(6:56) Phineas	The Tyra Banks Show	Sports MXC	The Outer Limits
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious			Cold Case Files		100 Huntley Street	World Vision	Bo On Go Busytown	Pokemon Flamingo	SportsCentre		Mighty Ships	Weekend K. Possible	Rachael Ray	Married... Married...	North of 60
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!	Has a Story (N)	The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street	World Vision	Super Why! Gofrette	Timothy George S.	Off-Record Fishing	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	Married... Married...	Make What
10 AM	Trivial	The Mom Show	Noonbory (10:31)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View (N)	Hospital-Sick	Debt Part House	Wilbur Doodlebop	Erky Perky Jane	Equestrian	The View (N)	Cash Cab Factory	Mickey Movers	The O.C.	Disorderly Con.	Survivor: Africa
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog. Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	NFL Films ATP Tennis: BNP Paribas Masters -- Early Round.	Twice in a Lifetime	Blueprint for Disaster	Benj Bear (11:25) King	The Bonnie Hunt Show	Most Amazing Videos	Deal No The Nanny
12 PM	Fresh Pr.	News (N)	(12:05)	Charlie Rose	Flawless	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News CBC News	SpongeBob Grossology		etalk	Mayday	(11:49) Weekend	CityLine	Married... Married...	Seinfeld
1 PM	Still Stad	Home to Buy Me	Maggie Daniel	Painting Knitting	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Dewitt Ruby	From Paris. (Taped)	Sue Thomas: F.B. Eye	Monster Moves	Dragon Emperor	ER	CSI: Crime Scn	Frasier
2 PM	King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	Raymond Millionaire	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata Jib Jab	Interruptio	General Hospital (N)	MythBusters	(1:54) K. Possible	News	Unsolved Mysteries (N)	Frasier Family Guy
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo (DVS)	Big World WordGirl	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living Food	Neutron Creepie	Off-Record Sports	Dr. Phil	How-Made	Replace Emperor	News (N)	Unsolved Mysteries (N)	Make Fashion
4 PM	Payne	Debt Part	Paddington	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Inside Deal No	Oprah Winfrey	(3:59) News Global	Fashion 22 Minutes	OddParent Neutron	Hockey CFL	Ellen DeGeneres Show	Daily Planet (N)	Proud (4:36)	Law & Order: SVU	CSI: Crime Scn	Beverly Hills, 90210
5 PM	Friends	News (N)	Martha (5:37)	BBC News Business	News (N) NBC News	News (N) CBS News	The First 48	News ABC News	News (N) Global	(4:59) News (N)	Simpsons Fortune	OddParent SpongeBob	Football: Saskatchewan Roughriders at Toronto Argonauts. (Live)	News (N)	Investigation X	Suite Life Montana	Ugly Betty "Ugly Berry"	CSI: NY	Make What
6 PM	Friends	Global News	Creatures Animals	News-Lehrer	Millionaire Jeopardy!	News (N) Hollywood	The First 48	News	News (N)	ET Canada	News "Flintst.-Rock."	Roughriders at Toronto Argonauts. (Live)	News (N)	True Stories-Amityville	Zoey 101	Curb 30 Rock	TNA IMPACT! (N)	Family Guy	
7 PM	Movie: "Seed of Chucky" (2004)	EI News	Edge Big Ideas	Educating Spokane	Fortune Raymond	The Doctors	Jacked	Entertain The Insider	Entertain ET Canada	Life on Mars (N)	Coronatn Jeopardy!	Charlie B. Garfield	SportsCentre (Live)	etalk	MythBusters	Wizards Friends	Friends	Frasier	
8 PM	Family Guy	Name Earl Kath &	Himalaya-Palin	Sherlock Holmes	Name Earl Kath &	Survivor: Gabon	Crime 360	Ugly Betty "Ugly Berry"	Survivor: Gabon (N)	Survivor: Gabon (N)	The Nature of Things	Sabrina Sabrina	CSI: Crime Scn	Daily Planet	Suite Life Sadie	News (N) (8:35) News	MANswers	Married...	
9 PM	Family Guy	Movie: "The Hills Have Eyes" (2006)	Art of the Heist (N)	Globe Trekker	The Office (9:31) 30	CSI: Crime Scn	The First 48	Grey's Anatomy (N)	The Office Billable	The Office Billable	Doc Zone (N)	Futurama Prank Ptrl	UEFA Champs	Grey's Anatomy (N)	Monster Moves	Montana Life Derek	(9:06) Jimmy Kimmel	MXC	Seinfeld
10 PM	Movie: "Seed of Chucky" (2004)	News (N)	Kidfluence: Kid	Charlie Rose (N)	News (N) Tonight	News (N) Late Show	Jacked	News (11:35)	News (N)	ET Canada	(11:05) The Hour	Mystery Ghost	SportsCentre (Live)	News (N)	Suite Life Life Derek	News (N) Paid Prog.	2008	Frasier	

FRIDAY, OCTOBER 31, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITY (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:15)	Bob Build	News (N)	News (N)	The Sopranos	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian Grossology	SportsCentre	Canada AM	Daily Planet	Henry's King	CityLine	Movie: "The Omen" (1976)	FX: The Series
7 AM	Montel Williams	Room That News	Martha Dora	Arthur (EI) Martha	Today Halloween; costume ideas. (N)	The Early Show (N)	American Justice	Good Morning America (N)			Poko Animal	Edgar Team	SportsCentre		Mayday	(6:56) Phineas	The Tyra Banks Show	Gregory Peck, Lee Remick.	Outer Limits
8 AM	Cosby	Ad Pers	Hi-5 (N)	Curious			Cold Case Files		100 Huntley Street	World Vision	Bo On Go Busytown	Robot Boy Flamingo	SportsCentre		MythBusters	Weekend K. Possible	Rachael Ray	Movie: "Damien: Omen II" (1978)	North of 60
9 AM	Fam. Feud	Three Takes	Berenstain	Super Why!	Has a Story (N)	The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street	World Vision	Super Why! Gofrette	Jacob George S.	Off-Record Equestrian	Regis and Kelly	Daily Planet	Feet Tigger	News (N) City	"Damien: Omen II" (1978)	Tube Tales
10 AM	Trivial	The Mom Show	Sid (10:31)	Sesame Street (EI)		The Price Is Right (N)	CSI: Miami	The View (N)	World Vision	Debt Part House	Wilbur Doodlebop	Erky Perky Jane	Equestrian	The View (N)	Survive	Mickey Handy	The O.C. "The O Sea"	William Holden. Lee Grant.	Survivor: Africa
11 AM	Harvey	Eat, Shrink	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog. Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles Antiques	Care Bears Jacob	BNP Paribas Masters -- Quarterfinals. From Paris. (Taped)	Twice in a Lifetime	Dirty Jobs	Benj Bear (11:25) King	The Bonnie Hunt Show	Movie: "Omen III: The Final Conflict" (1981) Sam Neill.	Deal No The Nanny
12 PM	Fresh Pr.	News (N)	(12:05)	Charlie Rose	Paid Prog.	News (N)	The Sopranos	All My Children (N)	News (N)	Days of our Lives (N)	News CBC News	Edgar Grossology		etalk	Investigation X	(11:49) Weekend	CityLine	Conflict! (1981) Sam Neill.	Seinfeld
1 PM	Still Stad	Home to Buy Me	Maggie Daniel	Watercolor Beads Bbl	Days of our Lives (N)	As the World Turns (N)	American Justice	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	Ruby	NASCAR Racing: Sprint Cup Qualifying	Sue Thomas: F.B. Eye	True Stories-Amityville	Dragon Emperor	ER "One for the Road"	Wild World	Fresh Pr.
2 PM	King	Guiding Light (N)	Franklin BluesClues	Barney WordWorld	Raymond Millionaire	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Ruby	Ruby	General Hospital (N)	MythBusters	(1:54) K. Possible	News	Unsolved Mysteries (N)	Fresh Pr. Family Guy
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo (DVS)	Big World WordGirl	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Figure Skating: Skate Canada International	Neutron Creepie	Sports	Dr. Phil	Cash Cab	Replace Wizards	News (N)	Unsolved Mysteries (N)	Tube Tales
4 PM	Payne	Debt Part	Paddington	Fetch! Ruff	Judge J.	Oprah Winfrey	CSI: Miami	Inside Deal No	Oprah Winfrey	(3:59) News Global	Fashion 22 Minutes	OddParent Neutron	Hockey CFL	Ellen DeGeneres Show	Daily Planet (N)	Wizards	Law & Order: SVU	CSI: Crime Scn	Beverly Hills, 90210
5 PM	Movie: "From Dusk Till Dawn" (1996)	News (N)	Martha (5:37)	BBC News Business	News (N) NBC News	News (N) CBS News	CSI: Miami "Invasion"	News ABC News	News (N) Global	(4:59) News (N)	Simpsons Fortune	Prank Ptrl	Pregame	News (N)	Greensburg (N)	Wizards	Secret-Teen	CSI: NY "Boo"	Tube Tales
6 PM	Global News	Heads Up	News-Lehrer	News (N) Hollywood	Millionaire Jeopardy!	News (N) Hollywood	CSI: Miami "Rap Sheet"	News	News (N)	ET Canada	News Prank Ptrl	Prank Ptrl	CFL Montreal	News (N)	Man vs. Wild (N)	Zoey 101 Buzz	Crusoe (N)	The Ultimate Fighter	Family Guy
7 PM	Harvey	E News	Emily of New Moon (N)	Wash Wk McLaughlin	Jeopardy!	The Doctors	CSI: Miami "Deadline"	Entertain The Insider	Entertain ET Canada	Life "Jackpot" (N)	Coronatn Jeopardy!	Movie: "Addams Family Values" (1993)	Sports	etalk	What's That About?	Wizards	Kaya	Family Guy	
8 PM	Family Guy	Deal or No Deal (N)	The Royal (N)	Bill Moyers Journal (N)	Deal or No Deal (N)	Ghost Whisperer (N)	Criminal Minds	Wife Swap (N)	Life "Jackpot" (N)	Life "Scan Man" (N)	Air Farce Mercer	Movie: "Return to Halloweentown" (1999)	Sports	Ghost Whisperer (N)	Daily Planet	News (N) (8:35) News	News (N)	Married...	
9 PM	Movie: "From Dusk Till Dawn" (1996)	You Smarter?	Daniel and Pascoe (N)	NOW Served	Crusoe (N)	The Ex List (N)	CSI: Miami "Invasion"	Supernanny (N)	The Ex List (N)	The Ex List (N)	Doctor Who (N)	Smallville "Lara" (N)	Supernanny (N)	Man vs. Wild	Movie: "Ghostbusters" (1984)	Wizards	(9:06) Jimmy Kimmel	MANswers	Seinfeld
10 PM	In the Heat of the Night	News (N)	Movie: "The Fog of War" (2003)	Vicar-Dbly	Life "Jackpot" (N)	NUMB3RS "Scan Man" (N)	CSI: Miami "Rap Sheet"	20/20	NUMB3RS "Scan Man" (N)	News Hour Final (N)	National Oracle	Mystery	NFL Films	Without a Trace	Greensburg	(10:45) EP Daily	News (N)	Disorderly Con.	Fresh Pr.
11 PM	Guy Stuff	News (N)	Austin City Limits (N)	News (N) Tonight	News (N) Late Show	News (N) Late Show	CSI: Miami "Deadline"	News (11:35)	News (N)	(11:03) ECW (N)	Mystery Ghost	SportsCentre (Live)	News (N)	What's That About?	News (N) Paid Prog.	News (N)	Disorderly Con.	Family Guy	

CARTER'S Sudoku Challenge

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HOW TO PLAY:

Sudoku is a game of logic. There is no math involved. The object of the game is to fill the grid so that the numbers 1 through 9 appear only once in each row, column and 3 x 3 box. The numbers can appear in any order and Carter has left you some clues below.

CHALLENGE #137 - Rated Easy

	2	5	1	4				
8				5		6	9	
7					8			
	1				7			
		7	5	1	3	8		
			2				3	
			3					9
	6	2		7				3
			9		6	7	8	2

CHALLENGE #138 - Rated Hard

	7		5					3
3				7		9	8	
9	8	3		4				
		3				5		
	2	9				8	7	
			9	1				
			8		5	4		2
	8	6		2				9
	3			6				1

THIS WEEK'S SOLUTIONS:
Page 20

Carter's Sudoku Challenge grids, puzzles and solutions copyright 2007 Carter Boswell, Princeton, BC and published by Similkameen News Leader

saturday movies

MORNING

9:00 am WTBS (3) ★★½ "Mouse Hunt" (1997, Comedy) Nathan Lane. Brothers inherit a dilapidated mansion inhabited by a resourceful rodent that refuses to leave.
11:00 am WTBS (3) ★★ "Rat Race" (2001, Comedy) Rowan Atkinson. A hotel owner devises a contest where six Las Vegas gamblers frantically search for a bag containing \$2 million.

AFTERNOON

12:00 pm FAM (26) ★½ "Air Bud: Golden Receiver" (1998, Comedy-Drama) Kevin Zegers. A golden retriever with a flair for sports helps a boy handle football and the new boyfriend of the boy's widowed mother. (E)

12:30 pm CHBC (4)

★★★½ "Poltergeist" (1982, Horror) Craig T. Nelson. A suburban couple's little girl is drawn from her bedroom into a nightmarish other dimension. (E)

1:30 pm FAM (26) ★★ "Blank Check" (1994, Comedy) Brian Bonsall. An 11-year-old cashes a crook's check for \$1 million and becomes the envy of his family. (E)

4:00 pm YTV (18) "Shredderman Rules" (2007, Comedy) Devon Werkheiser. Premiere. A 14-year-old creates a superhero alter ego to avenge father-and-son bullies. (In Stereo) (E)

5:00 pm WTBS (3)

★★ "Dreamcatcher" (2003, Horror) Morgan Freeman. While staying at a cabin in the woods, telepathic friends confront aliens that are being hunted by the military.

A&E (9) ★★½ "The Shining" (1980, Horror) Jack Nicholson. A writer goes mad while serving as caretaker with his wife and clairvoyant son at a snowbound Colorado hotel. (E)

EVENING

6:00 pm CITY (29) ★½ "My 5 Wives" (2000, Comedy) Rodney Dangerfield. Premiere. A bank officer and a gangster conspire to take land away from a real-estate developer. (E) (DVS)

7:00 pm KSPS (6) ★★½ "Giant" (1956, Drama) Elizabeth Taylor. A cattleman and his spoiled wife watch an upstart oilman try to take over Texas.

7:30 pm WTBS (3) ★★½ "The Last Castle" (2001, Suspense) Robert Redford. A court-martialed general leads a revolt against a corrupt warden in a military prison.

8:00 pm SPIKE (44) ★★½ "Boyz n the Hood" (1991, Drama) Larry Fishburne. Three boys become men, one guided by his father, in their racially divided Los Angeles neighborhood. (In Stereo)

9:00 pm A&E (9) ★★½ "The Shining" (1980, Horror) Jack Nicholson. A writer goes mad while serving as caretaker with his wife and clairvoyant son at a snowbound Colorado hotel. (E)

FAM (26) ★ "Dungeons & Dragons" (2000, Fantasy) Jeremy Irons. Premiere. Evil Mage Profion seeks Empress Savina's magic scepter in his quest to overtake the kingdom of Izmer for his group of magic users. (E)

10:30 pm FAM (26) ★★ "Ernest Goes to Jail" (1990, Comedy) Jim Varney. A case of mistaken identity lands a bumbling bank janitor in the slammer and his criminal look-alike on the streets. (E)

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sunday movies

MORNING

10:00 am WTBS (3) ★★ "Rat Race" (2001, Comedy) Rowan Atkinson. A hotel owner devises a contest where six Las Vegas gamblers frantically search for a bag containing \$2 million.

AFTERNOON

12:00 pm WTBS (3) ★½ "Dreamcatcher" (2003, Horror) Morgan Freeman. While staying at a cabin in the woods, telepathic friends confront aliens that are being hunted by the military.

FAM (26) ★★ "The Baby-Sitters Club" (1995, Drama) Schuyler Fisk. Seven girls balance the growing pains of adolescence with the demands of operating a daycare camp for children. (E)

1:35 pm FAM (26) ★★ "Dennis the Menace" (1993, Comedy) Walter Matthau. The comic-strip moppet plays pranks on Mr. Wilson, the

crotchety fellow who lives next door. (E)

2:30 pm WTBS (3) ★★½ "The Last Castle" (2001, Suspense) Robert Redford. A court-martialed general leads a revolt against a corrupt warden in a military prison.

3:00 pm CHBC (4) ★★½ "Dead Calm" (1989, Suspense) Sam Neill. An Australian in a sinking yacht tries to reach his wife, trapped on another vessel with a killer. (E)

4:00 pm YTV (18) ★★½ "The Flintstones" (1994, Comedy) John Goodman. Betty's Barney helps Wilma's Fred move up the ladder at Slate & Co. in Stone Age Bedrock. (In Stereo) (E)

5:00 pm WTBS (3) ★★ "Lara Croft: Tomb Raider" (2001, Adventure) Angelina Jolie. A beautiful globe-trotter battles otherworldly creatures for possession of a powerful artifact.

CBC (13) ★★ "Stick It" (2006, Comedy-Drama) Jeff Bridges. A final brush with the law sends a teenage gymnast to a legendary coach's elite

academy, where her rebellious attitude makes her both friends and enemies. (In Stereo) (E)

EVENING

6:00 pm YTV (18) ★★ "Fat Albert" (2004, Comedy) Kenan Thompson. Live action/animated. A lonely teen's tears create a portal through which the 1970s cartoon character and his pals emerge into flesh-and-blood reality. (In Stereo) (E)

7:00 pm WTBS (3) ★★ "Lara Croft: Tomb Raider" (2001, Adventure) Angelina Jolie. A beautiful globe-trotter battles otherworldly creatures for possession of a powerful artifact.

9:00 pm WTBS (3) ★★ "Mimic" (1997, Horror) Mira Sorvino. Married scientists battle killer cockroaches with the ability to assume human form.

FAM (26) ★★½ "The Goonies" (1985, Adventure) Sean Astin. Coastal Oregon kids follow the treasure map of pirate One-Eyed Willie past his deadly traps to gold. (E)

10:55 pm FAM (26) ★★ "Only You" (1994, Romance-Comedy) Marisa Tomei. A Pittsburgh teacher leaves her fiancé for Italy in pursuit of a man with the name of her soul mate. (E)

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SATURDAY, NOVEMBER 1, 2008

Table of TV programs for Saturday, November 1, 2008. Columns include time slots (6 AM to 11 PM) and channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP). Rows list program titles and descriptions.

SUNDAY, NOVEMBER 2, 2008

Table of TV programs for Sunday, November 2, 2008. Columns include time slots (6 AM to 11 PM) and channels (WTBS, CHBC, KNOW, KSPS, KHQ, KREM, A&E, KXLY, BCTV, CITY, CBC, YTV, TSN, VTV, DISC, FAM, CITY, SPIKE, TROP). Rows list program titles and descriptions.

MONDAY, NOVEMBER 3, 2008

	WTBS (3)	CHBC (4)	KNOW (5)	KSPS (6)	KHQ (7)	KREM (8)	A&E (9)	KXLY (10)	BCTV (11)	CITV (12)	CBC (13)	YTV (18)	TSN (19)	VTV (22)	DISC (24)	FAM (26)	CITY (29)	SPIKE (44)	TROP (45)
6 AM	Jeffersons	News (N)	(6:15)	Bob Build	News (N)	News (N)	The Sopranos "Kaisha"	News	(5:30) News (N)	(4:30) News (N)	CBC News: Morning (N)	Being Ian	SportsCentre	Canada AM	Daily Planet	Henry's	CityLine	Star Trek: Voyager	F/X: The Series
:30	Jeffersons	Christine	George S.	Lions							Grossology					King			
7 AM	Montel Williams	Room	Martha	Arthur (N)	Today (N)	The Early Show (N)	American Just.	Good Morning America (N)			Curious	Hawks	SportsCentre		Daily Planet (N)	(6:56)	The Tyra Banks Show	Sports	The Outer Limits
:30		That News	Dora	Martha							Animal	Dinosaur			Phineas		MXC		
8 AM	Cosby	Ad Pers	Hi-5	Curious			Cold Case Files			100 Huntley Street	Bo On Go	Pokemon	SportsCentre		How-Made	Weekend	Rachael Ray	Married...	North of 60
:30	Cosby	What	Bus	Sid							Busytown	Flamingo		How-Made	K. Possible		Married...		
9 AM	Fam. Feud	Three Takes	Berenstein	Super Why!		The 700 Club	Cold Case Files	Regis and Kelly	100 Huntley Street	Hospital for Sick Kids	Super Why!	Timothy	Fishing	Regis and Kelly	Daily Planet	Feet	News (N)	Married...	TV Made
:30	Fam. Feud		Clifford	Clifford							Gofrette	George S.	Motoring		Tigger	City	Married...		
10 AM	Trivial	The Mom Show	Sid	Sesame Street (N)		The Price Is Right (N)	CSI: Miami	The View Seth Meyers.	World Vision	Debt Part	Wilbur	Erky Perky	PBA Bowling: Denny's Champ.	The View Seth Meyers.	To Be Announced	Mickey Handy	The O.C.	Disorderly Con.	Survivor: Africa
:30	Trivial		(10:31)	(E)						House	Doodlebop	Jane		Twice in a Lifetime	Megabuilders	Benj Bear	The Bonnie Hunt Show	Married...	Deal No
11 AM	Harvey	Dinner	Rolie Polie	Dragon	Ellen DeGeneres Show	Young and the Restless	Crossing Jordan	Paid Prog.	Debbie Travis' Facelift	(10:59) News (N)	Miracles	Care Bears	NASCAR Now (N)		Super Ships	(11:49)	CityLine	Most Amazing Videos	Seinfeld
:30	Harvey	Guys	Berenstein	Sit-Be Fit				Paid Prog.			Antiques	Jacob	UEFA		Weekend				Seinfeld
12 PM	Fresh Pr.	News	(12:05)	Charlie Rose	Paid Prog.	News (N)	The Sopranos "Kaisha"	All My Children (N)	News (N)	Days of our Lives (N)	News	SpongeBob	NASCAR Now (N)	etalk	Super Ships	(11:49)	CityLine	Most Amazing Videos	Seinfeld
:30	Fresh Pr.	Design U	Arthur		Paid Prog.	Bold & B.					CBC News	Grossology		Bold & B.					Seinfeld
1 PM	Still Stnd	Home to	Maggie	Fine Art	Days of our Lives (N)	As the World Turns (N)	American Just.	One Life to Live (N)	As the World Turns (N)	As the World Turns (N)	Martha Stewart	George S.	NFL Primetime	Sue Thomas: F.B.Eye	Sport Science	Dragon Emperor	ER "Damaged"	CSI: Crime Scn	Raymond
:30	Still Stnd	Buy Me	Daniel	Sewing							Ruby								Raymond
2 PM	King	Guiding Light (N)	Franklin	Barney	Raymond	Guiding Light (N)	Cold Case Files	General Hospital (N)	Young and the Restless	The Doctors	Steven and Chris	Viva Pinata	Horn	General Hospital (N)	MythBusters	(1:54)	News	Unsolved Mysteries (N)	Raymond
:30	King		BluesClues	WordWorld	Millionaire						Mr. Men	Interruptio							Raymond
3 PM	Seinfeld	Whose Wedding Is It?	Zoboomafo o (DVS)	Big World	Judge	Dr. Phil	Cold Case Files	Rachael Ray	The Doctors	Young and the Restless	Living	Being Ian	Off-Record	Dr. Phil	To Be Announced	Replace Emperor	News (N)	Unsolved Mysteries (N)	That News
:30	Friends			WordGirl	Judge						Food	Pokemon	Sports						That News
4 PM	Payne	Deal No	George S.	Cyberchas	Judge J.	Oprah Winfrey	CSI: Miami	Inside Deal No	Oprah Winfrey	(3:59) News	Fashion	SpongeBob	Hockey	Ellen DeGeneres Show	Daily Planet (N)	Proud	Law & Order: SVU	CSI: Crime Scn	TV Made
:30	Payne				Judge J.					Global	Red Green	OddParent	Countdown	News (N)	MythBusters	Suite Life	Friends	CSI: NY	Very Bad Men
5 PM	Movie: "Anaconda" (1997)	News (N)	Martha	BBC News	News (N)	News (N)	Intervention	News	News (N)	(4:59) News (N)	Simpsons	OddParent	NFL	News (N)	Dirty Jobs	Zoey 101	Celebrity Fit Club	Unsolved Mysteries	Make
:30	Jennifer Lopez.	Global News	Taste Buds renegade	News-Lehrer	News (N)	News (N)	Intervention "Charles"	News	News (N)	ET Canada	News	Drake	Football: Pittsburgh Steelers at Washington Redskins. (Live)	News (N)	Dirty Jobs	Life Derek			TV Made
6 PM	Jennifer Lopez.	Global News	Taste Buds renegade	News-Lehrer	News (N)	News (N)	Intervention "Charles"	News	News (N)	ET Canada	News	Drake	Football: Pittsburgh Steelers at Washington Redskins. (Live)	News (N)	Dirty Jobs	Life Derek			TV Made
:30	Jennifer Lopez.	Global News	Taste Buds renegade	News-Lehrer	News (N)	News (N)	Intervention "Charles"	News	News (N)	ET Canada	News	Drake	Football: Pittsburgh Steelers at Washington Redskins. (Live)	News (N)	Dirty Jobs	Life Derek			TV Made
7 PM	Harvey	E! News	Life in Cold Blood (N)	Benny	Jeopardy!	The Doctors	I Survived	Entertain	Entertain	Prison Break (N)	Coronatn	Malcolm	Washington Redskins. (Live)	etalk	Canada's Worst Driver	Wizards	Curb	CSI: Crime Scn	Soap
:30	Family Guy	The Insider		'Allo, 'Allo!	Fortune			The Insider	ET Canada		Jeopardy!	Home Imp.		Hollywood	So Raven	Less-Kind			Reality
8 PM	Family Guy	Deal or No Deal (N)	Hockey	Antiques Roadshow (N)	Deal or No Deal (N)	Big Bang	The First 48	Dancing With the Stars	Prison Break (N)	Saturday Night Live Presidential	Dragon's Den (N)	Malcolm		Dancing With the Stars	Daily Planet	Suite Life	News (N)	CSI: NY	Final 24
:30	Seinfeld					How I Met				Saturday Night Live Presidential							(8:35) News		John Belushi.
9 PM	Movie: "Anaconda" (1997)	How I Met	Movie: "In Search of Mozart" (2006)	Frontline "The Choice 2008" (DVS)	Saturday Night Live Presidential	Two Men	Intervention	Samantha	Bash 2008 (N)	News Hour Final (N)	National	Mystery	Series of Poker	CSI: Miami	Canada's Worst Driver	School	Judge	Star Trek: Voyager	Married...
:30	Jennifer Lopez.	Boston Legal (N)			Bash 2008 (N)	CSI: Miami (N)	Intervention "Charles"	(10:01) Boston Legal (N)	Bash 2008 (N)	News Hour Final (N)	National	Mystery	Series of Poker	CSI: Miami (N)	Canada's Worst Driver	Cory	EP Daily		The Nanny
10 PM	Jennifer Lopez.	Boston Legal (N)			Bash 2008 (N)	CSI: Miami (N)	Intervention "Charles"	(10:01) Boston Legal (N)	Bash 2008 (N)	News Hour Final (N)	National	Mystery	Series of Poker	CSI: Miami (N)	Canada's Worst Driver	Cory	EP Daily		The Nanny
:30	Jennifer Lopez.	Boston Legal (N)			Bash 2008 (N)	CSI: Miami (N)	Intervention "Charles"	(10:01) Boston Legal (N)	Bash 2008 (N)	News Hour Final (N)	National	Mystery	Series of Poker	CSI: Miami (N)	Canada's Worst Driver	Cory	EP Daily		The Nanny
11 PM	In the Heat of the Night	News (N)	Haida Art	Charlie Rose (N)	News (N)	News (N)	I Survived	News	News (N)	Entertain	(11:05) The Hour	Mystery	SportsCentre (Live)	News (N)	MythBusters	Suite Life	News	Deep Space 9	Raymond
:30		Guy Stuff	Landscape		Tonight	Late Show				ET Canada		Ghost		News (N)		Life Derek	Paid Prog.		Raymond

monday movies

AFTERNOON

5:00 pm WTBS (3) ★"Anaconda" (1997, Suspense) Jennifer Lopez. A snake hunter commandeers a documentary crew in the Brazilian jungle, forcing them to battle a monster boa.

forcing them to battle a monster boa. KNOW (5) "In Search of Mozart" (2006, Documentary) Filmmaker Phil Grabsky examines the great composer's life and music.

EVENING

9:00 pm WTBS (3) ★"Anaconda" (1997, Suspense) Jennifer Lopez. A snake hunter commandeers a documentary crew in the Brazilian jungle,

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WEEKLY DEADLINE IS 12 NOON FRIDAYS



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CRAFT FAIR - BAKE & GIFT SALE

9:00 AM - 3:00 PM Saturday, November 1
Hedley Happy Hall (OAPO Branch #64)

Table Rental \$8.00 (two for \$15.00)

Call Margaret or Oly Skaar at (250) 292-8679 to book your table(s)

to Oct 28

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General Manager,
Princeton Golf Club

The PGC is seeking a person for the position of General Manager of Operations, responsible for the daily operations of the golf course which includes the pro shop, restaurant and RV park. Please submit resume no later than November 15, 2008 to pgc@persona.ca or fax (250) 295-6246. For more information call Larry at (250) 295-6130.

Oct 28/Nov 04

MARY KAY

Customers and friends are invited to my annual Open House.
WHEN: Monday, November 3, 2:45-3:30 PM
Tuesday, November 4, 2:45-3:30 PM
Wednesday, November 5, 2:45-3:30 PM
WHERE: My apartment, #1 Panorama Place
If Friday, November 7 would be more convenient phone me at (250) 295-3273 to arrange a suitable time.
PLEASE drop in for refreshments and a visit and bring a friend if you wish!
-Ruby Cappos

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BIRTHDAY,
JODY!!!**



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Oct 14/28

Thank you to all my customers for your patience and understanding. I have been able to get some needed rest...now I'm back to being "ON THE RUN" SERVICES. (250) 295-1866 or (250) 295-7566. Call Wayne for all your professional driving needs. Registered and licenced.

Oct 14/28

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Jul 08-tfn

for rent

House on acreage with view, 20 kilometres out Highway 5A. 2-bedrooms, 2-bath. \$900/month. Non-smoking. Must have references. Call Century 21 Princeton Realty (250) 295-6977. Aug 19/28

List your rental ad here for \$6.50 a week. Call (250) 295-4149. Sep 09/28

Shared accommodation - own bedroom, share kitchen, laundry, bathroom, etc. \$300.00 per month. No pets, non-smoking, references required. Call (250) 295-0869 or 293-6053 and leave a message. Oct 14/28

to give away

1 Siamese neutered kitten, 5-months old (donation to offset vet fee appreciated), 1 neutered 2-year old black cat - excellent mouser!. Call (250) 295-0043 (home) or (250) 487-8733 (cell).

Oct 14/28

4 kittens. 1 male, 3 female. Call (250) 295-6468 after 6:00 PM.

Oct 14/28

1.5 bedroom house, downtown Princeton. Wheelchair accessible, natural gas heat. \$575.00 per month, plus utilities. Available November 1st. Need excellent references, etc. Call (604) 484-2783 and leave a message. Oct 14/28

wanted

Scrap Metal Removal. Cars, appliances, farm implements, etc. You call - I'll haul. (250) 295-5102 or 295-3055.

Aug 05/Nov 11

WANTED: DEAD OR ALIVE!

Large construction equipment. Cats, bulldozers, etc. Call Scotty at (250) 295-0101.

Oct 28/28

found

One item of jewellery between PSS and Arena on October 22. Please describe to claim. Call (250) 295-6515.

Oct 29/Nov 11

for sale

PSS Grads/Athletics has firewood for sale. \$50.00 for pick-up and \$65.00 for your wood delivered. Proceeds to support Grad and athletics at PSS. Call the school at (250) 295-3218. Oct 07/28

Trailer. ATVs, skidoos, dirt bikes. 4'x13'x3' - waterproof lid, fold down tailgate. Asking \$800.00 OBO. Call (250) 295-3857. Oct 21/Nov 04

1996 Chev Camaro. 85,000kms. Asking \$4,500.00. Call (250) 295-3310. Oct 14/28

1987 Okanagan motorhome model 'C' (truck: Toyota 1-ton, 2.4litre, 4-cylinder). 89,526kms. Excellent condition. Shower, tub, sinks, toilet, stove, fridge, microwave, TV, air conditioning, new tires, muffler, tail pipe and exhaust pipe. Sleeps 4. Call (250) 295-4048. Oct 14/28

1985 Jayco 7-foot crank top camper for import/mid-sized truck. Very good condition. Call (250) 295-6507. Oct 14/28

1992 Nissan Pathfinder, V6, auto, 4x4, good condition, runs good. \$2,500.00 OBO. Call (250) 295-6156. Oct 28/Nov 11

SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN) SURPLUS GOODS SALE

Offers are invited for the purchase of used surplus goods including stereo equipment, piano, commercial riding mower, tire changer, photocopier, wooden garage doors, and various miscellaneous items.

Items will be on display beginning **October 29, 2008**, on School District #58 (Nicola-Similkameen) website (www.sd58.bc.ca) and click on Auction for a list of inventory and for placing bids. All bids will be in accordance with School District #58 (Nicola-Similkameen) regulations as indicated on the bid site.

The surplus goods auction closes **November 15, 2008**. Surplus goods items are purchased on an 'AS IS-WHERE IS' basis and are to be picked up as per their location. For further information, please contact (250) 315-1100.



**SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)**

CHILD CARE WORKER

School District No. 58 is accepting applications for a Child Care Worker at the Directed Studies Centre in Merritt. This is a 20 hour per week position, 10 months per year, school days only.

Applicants must have completed a minimum of one year of post-secondary education in a recognized program in Social Work, Child and Youth Care or Human Services Certificate, and have ten months successful experience working with children with severe social and emotional behavioural needs. The successful applicant must provide their own transportation as the applicant is expected to travel during their work day on district business and will be paid in accordance with the contract. A complete job description is available at the School Board Office.

Application forms are available at the School Board office, 1550 Chapman Street, Merritt, BC, Princeton Secondary School, 201 Old Merritt Road, Princeton, BC or on-line at www.sd58.bc.ca, click on Jobs, Support Positions. Applications will be accepted until **October 29, 2008**. Please forward to:

Attn: Secretary-Treasurer
School District #58 (Nicola-Similkameen)
P. O. Box 4100, 1550 Chapman Street,
Merritt, B. C., V1K 1B8
Fax: (250) 378-6263

Only those applicants selected for an interview will be contacted.

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AWAY

Fri, Oct 31 - Revelstoke

Fri, Nov 7 - Summerland

Sat, Nov 1 - Creston

Fri, Nov 21 - Sicamous

Sun, Nov 2 - Sicamous

Sat, Nov 22 - Col. Valley

Sat, Nov 8 - Nelson

Sun, Nov 23 - Golden

Fri, Nov 14 - Grand Forks

Fri, Dec 5 - Chase

Sat, Nov 15 - Kamloops

Sat, Dec 6 - Kamloops

Fri, Nov 28 - Castlegar

Fri, Dec 19 - Beaver Valley

Sat, Nov 29 - Summerland

Sat, Dec 20 - Spokane

Fri, Dec 12 - Kamloops

Sun, Dec 21 - Grand Forks

Sat, Dec 13 - Chase

Sun, Jan 4 - Summerland

Fri, Jan 2 - Sicamous

Fri, Jan 9 - Sicamous

Sat, Jan 3 - Summerland

Sat, Jan 10 - Revelstoke

Wed, Jan 21 - Chase

Fri, Jan 23 - Fernie

Fri, Jan 30 - Revelstoke

Sat, Jan 24 - Kimberley

Sat, Jan 31 - Kamloops

Sun, Jan 25 - Creston

Fri, Feb 6 - Kimberley

Sun, Feb 8 - Summerland

Sat, Feb 14 - Revelstoke

Fri, Feb 13 - Chase

Sun, Feb 15 - Sicamous

Wed, Feb 18 - Summerland

Fri, Feb 20 - Chase

Sat, Feb 21 - Revelstoke

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CARTER'S Sudoku Challenge

SOLUTIONS TO PUZZLES ON PAGE 16

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625	194	378
831	752	694
749	638	251
316	487	925
297	513	846
584	269	137
478	321	569
962	875	413
153	946	782

CHALLENGE #138 - Hard

672	598	134
314	276	985
958	314	627
143	782	596
529	643	871
867	951	243
791	835	462
486	127	359
235	469	718

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my turn

I've made my choices

Voting in the upcoming Municipal Election may look like quite the task, what, with all the interesting people to choose from...but if you really dig a little deeper into the pile of candidates it isn't really all that hard to figure out.

Or at least it wasn't so hard for me once I starting thinking about possible outcomes.

Let me tell you how I did it.

I looked into the past.

I basically examined the performance of Councils Before Methane (or CBM for short) and before I knew it, I had my full five choices (one for Mayor, 4 for Councillor) all picked out.

When I looked back at the CBM, I realized that most of our previous Town Councils have contained a mix of experienced and new members. It's not uncommon for a completely 'green' candidate to win a seat on Town Council. But in most cases, it's only one seat when you look at CBM.

So, I allowed for that. A new face is good. Maybe two new faces would be good.

Then I did what most Canadians have done, as well as voters in Princeton (using CBM as my evidence) and that is the habit of voting against Candidates rather than for certain Candidates.

This Election will be fun for a lot of you who do this. Pick an issue then vote against those in favour of that issue. It's the Canadian way of voting in any kind of Election right down to non-profit organizations.

If you've ever said something like, "I can't vote for (fill in the blank) because of (fill in the blank) but on the other hand so-and-so does (fill in the blank) so I guess I'll have to vote for the lesser of two evils," then you understand fully from which I speak.

Need some issues to kick around to see if this really works? Off the top of my head ask who's in favour of the swimming pool or where the next housing development in Princeton should go. How about whether or not you're in support of the mine completing a complete environmental impact study. Surely someone's thought of that. I can't be giving you ideas you didn't already have.

How about increases to the fire department budget to properly serve the new Town of Princeton residents following boundary expansion? Should all Town employees receive a 10-pound or 12-pound turkey at Christmas or should we save the environment a little and cancel the staff Christmas party? What will the Town Square (actually more of a triangle) be called? There has to be something better than Cenotaph Park or Princeton Town Square. Maybe the money saved from the Christmas party should be used as a prize to the resident who comes up with the best name.

I have veered.

All I'm saying is I was able to sort through the list of Candidates and pick who I'm voting for by using a little common sense. On November 15th I hope I'm not alone in wanting our town to move forward instead of getting bogged down in too many issues related to something other than progress.

Unless, of course, you like voting against that sort of thing.

EDITORIAL GUIDE

We would like you to write to us, but please remember to abide by anti-discrimination laws.

The News Leader reserves the right to refuse to print any letter which is not signed by the writer or is slanderous, libelous or of uncommon sense!

The Editor reserves the right to condense any letter or to substitute proper language for improper language.

Similkameen News Leader

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Dawn Johnson



your turn

More on the local election

To The Editor;

It's time to vote for a new Town Council in Princeton and there's more than a dozen Candidates plus the Incumbents to choose from so we need to look at what was accomplished in the past three years. The Recreational Administrator, Lyle Thomas who acts as the Town Planner, says we need to make change. I, for one taxpayer, don't like the changes the Council members have chosen, therefore the most needed change is a change of Council and take a chance on what some new blood will do for Princeton.

Firstly, I was alarmed at what I heard from Council at the October 20, 2008 meeting. I sensed Mayor Randy McLean was speaking with a forked tongue in his response to the speaker for senior citizens in their request for low cost rental housing. In reference to the sale of the OAP Branch 185 property in the centre of town which was to be given third reading for the two lots to be rezoned for multiple family dwelling Maria Sadegur had indicated she would be in favour of it being developed for low income families.

Ideally, I thought the property would be purchased by the Town of Princeton for that purpose.

In the Mayor's spiel he said Council has to serve two masters when making a decision. Now

The Bible says we can't serve two masters for we will love the one and hate the other. With that in mind, the obvious conclusion for me was that Council chose to love the new private owner and developer of that property and hate those in need of low cost rental housing. That was apparent also in Council's decision to permit the change from affordable housing in Princeton Manor and the Riverside Motel units for the benefit of private enterprise which literally put people on a fixed income out on the street.

Now Ray Jarvis' assessment of the request for Town Council to provide a solution to the problems the needy are facing, he stated they would have to come up with a business plan to start with. Did Council have a business plan for the development of the airport? Now Randy had said he didn't want to provide housing for people who might come from across the country to take advantage of the affordable housing that Princeton offered, yet it's regarded as a good investment to provide the facility at the airport for people to fly in from across the country and enjoy the luxury of relaxing in a 30' by 50' building, plus a 10' by 50' covered verandah. Having heard there are about 18 homeless people here that are sleeping in the bush does Council think it would be a loving gesture to provide

some bunk beds and heat in that vacant building for those less fortunate?

What about the Mason's Hall that was purchased by a former Town Council but the recent Council chose to lease it back to them to use for their meetings? Why would this Council choose to receive no revenue for that choice location where there is plenty of parking when it would have made an ideal facility for the Library? Why would this Council buy a condemned Goldion Restaurant for use as a Library which could cost taxpayers upwards of a million dollars when completely renovated yet without parking?

This brings me to my objection as a Veteran of the million dollar change being made to the Cenotaph Park. This is an absolute waste of money being spent to attract tourists while the former arts and culture building owned by the Town of Princeton is to be utilized for washrooms. Maybe some of the homeless could find comfort there also.

What about the loss of about a dozen parking spaces in the heart of town which adversely affects the established businesses on Vermilion Avenue? If this is progress I fail to see it.

Secondly, Council takes great pride in erecting a million dollar catwalk over the Similkameen continued on Page 24

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Current Comment:

Let this mineral save your life



Dawn Johnson
editor@thenewsleader.ca

Once a year, I write a column about selenium, an essential trace mineral. This mineral is so important in our daily diets we should not go without it, yet most British Columbians do not get enough. We live in a province where this mineral is almost non-existent.

Selenium is absorbed by our bodies to incorporate into 25 different kinds of protein. Our bodies are built of protein, and selenium is essential in keeping our bodies healthy.

Selenium prevents damage to our cells by free radicals, regulates thyroid function and helps the immune system fight off disease. When you have adequate amounts of selenium in your body, you can fight off virus infections like flu and colds, and even HIV/AIDS.

Medical researchers have found that selenium levels drop as we grow older. As selenium levels drop, life expectancy is shortened, not only due to susceptibility to viral infections and cancer, but due to damage to the nervous system and brain function.

I first learned of the importance of selenium as a cancer-fighter from the beef ranching industry. More than 60 years ago, cancer in cattle was common, particularly eye cancer. Since that time, cattle are injected with selenium and are given selenium rich salt blocks. These days, cancer in cattle is rare. Strangely enough, our health care system has not leaped on this discovery and insisted we take selenium daily, but the Chinese government did, and provided free selenium tablets to all of the people who live in selenium deficient areas.

A study done between 1957 and 1963, and reported in the Journal of the American Medical Association, showed the incidence of most common cancers can be cut by 50 to 60 percent simply by providing a supplement

of 200 mcg of selenium. A study done by another group of American researchers proved people who take selenium are less likely to have polyps in their intestines. Polyps in the intestines are precursors of cancer. Selenium was particularly effective in preventing prostate cancer.

Studies have shown that selenium helps prevent oxidation of LDL (bad) cholesterol, thereby preventing it from adhering to the arterial walls, which is the main reason we want low cholesterol. This saves you heart, but even more important for your heart is the fact that selenium increases muscle strength and health. Remember, your heart is all muscle, and so are your arteries and veins.

Those who do not take selenium are more likely to suffer from arthritis. Selenium is desperately needed by people suffering from rheumatoid arthritis. Selenium helps prevent asthma attacks, too. In Britain, a selenium deficient area, studies showed patients taking selenium supplements recovered more quickly from depression.

There is a widespread truth that selenium is poisonous in large doses. This is true also for iron, zinc, calcium, phosphorus and all of the other minerals our bodies need. Too much is dangerous. In China, where the government has authorized studies of selenium deficiency for the past 50 years, the top level of dosage is 800 mcg a day. In selenium deficient areas of Canada, such as the Similkameen Valley, you can safely take 200 to 400 mcg a day.

A word of warning: when you take selenium, do not take it with Vitamin C, as the two work against each other.

Selenium in your daily diet can best be found in beef, turkey, seafood, mushrooms, eggs and brewer's yeast, but the amount varies widely. One of the best sources is Brazil nuts, the kind you crack yourself (another good reason to keep the rain forest of South America from devastation!). You have no way of knowing how much you are getting from your food, so it makes sense to take a supplement.

Selenium is the least expensive supplement you can buy, but it is the single most important supplement you can take. The Chinese began using it to prevent heart disease, but are well aware of selenium as a cancer preventative. In Canada, selenium has prevented cancer in cattle, and has been effective in maintaining muscular strength in cattle during calving, during the past 60 years. I have no idea why it is not regularly recommended by our health care system.

What if we could cut cancer rates in half? What if we could improve the strength of the circulatory system in every citizen? Wouldn't you think that would be a real saving in health care costs?

If the government will not tell us to take selenium, then it is up to us as individuals. Wouldn't most people like to reduce their risk of cancer, flu, heart disease, depression and arthritis? And yes, I take selenium, and have done so for the past 25 years. And yes, I am rarely ill with anything.

Similkameen News Leader

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Letter To The Editor

Stefan adds his perspective

Dear Editor:

I Just want to say a few things here about what the upcoming election is all about - it's YOUR (everyone's!) future here in beautiful Princeton!

There is plenty of proof (20 candidates) that Princeton wants a change in November. And I just want to say that (unfortunately) it can't be done without hurting a few people.

Never mind what the previous Town Council did or has not done I find it irritating that there is a remote chance that we have the same Mayor again...to be honest I have zero problems with the current one personally - but - Mayor is NOT a lifetime job - it should be the lone wish to bring this town or any town to better heights if elected.

A half year ago I was hoping for Pam to run for Mayor because the few times I heard her talking about issues I could hear passion - and that is what we need! I hear she is leaving town so I wish her all the best!

There is a reason why a President can be re-elected only once - there is only SO MUCH a person can give to improve a country, or in our case town, and what hasn't been done in 12 to 20 years is not going to happen next year or the year after.

I would rather see the current Mayor support one of the new guys who is running for that position and leaving the Mayor's seat on a good note.

After reading the paper last week with 4 candidates I can see passion only in ONE. That would be

Esther in case someone is wondering.

I really DON'T want to see a close race this time...just imagine Jim 25%, Maria 25%, Esther 24% and Randy 26%...

- Stefan Dietz, Princeton

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Letter To The Editor

Hardy talks about the election

..... continued from Page 22
River to complete the Kettle Valley trail, mainly for passers by.

Why aren't there referendums on these hefty expenses? Which Master are these Council members serving? Is making change merely for their own fame and glory?

Lastly, what happened to the enormous financial surplus left by the

former Council and Town Manager?

The greatest need is for a new slate for Council that will consider what's in the best interests of the tax paying residents of Princeton. Taxes were increased this year and with the water project for the expansion of the town boundaries we need a Council that will put a business plan in place to be voted

on by taxpayers.

Why should these types of major decisions be left to a half dozen selected people?

With only 18% of voters electing the Council three years ago, I hope the readers will all cast their ballots and encourage others to do likewise while putting the needy ahead of the greedy.

- Kay Hardy, Princeton



Mary Seniuk, wife of Staff-Sergeant Marshall Seniuk and daughter of Margaret and Bob Cormack of Princeton, has recently been promoted to Corporal and assigned to the Pemberton-Mount Currie RCMP Detachment. - photo submitted

From the desk of...

Esther Donovan - Candidate for Mayor

Dear Princeton Residents:

I have the qualifications, experience and the energy to represent the people of Princeton as your new Mayor. As a newcomer to local politics I realize how important it is to show credibility to this community. I have a strong background in business, having owned the largest log construction company in Canada with my husband and have proven organizational and management skills. Later I initiated, developed and managed a successful community daycare with over 50 children and 10 employees. I know what reasonable, responsible spending is all about and have a good understanding of balanced financial management.

We moved to Princeton 9 years ago and chose the Similkameen Valley as our retirement paradise because of its lifestyle opportunities, recreation, clean air and friendly people.

If elected I will:

- actively pursue new business and industry for our rather sad, empty industrial park, encouraging new employers to establish their businesses in our friendly, welcoming town. This will provide employment for our young families and therefore encourage them to remain here.
- encourage our business owners to come alongside the country heritage theme that has been started by sprucing up the storefronts, painting and repairing the dilapidated areas, giving incentives as needed. Our core commercial area represents all of us.
- actively pursue with Interior Health to provide more resident doctors and supportive health workers to maintain our hospital in a viable and healthy position to provide for all of the health needs in this community.
- encourage and support development of affordable housing for our seniors and underprivileged people presently living in our town, working with the various community organizations that are already lobbying for such facilities.
- promote Princeton as a destination for all seasons, and as new businesses come alongside in the retail sector it will become a happier place for all of us to shop.

- be available to the community as I do not have another occupation to distract my time and energies. I will be present in the town office several days a week to meet with the local community and want to be informed of needs and issues. I believe that communication is essential on an ongoing basis.

- ensure that money spent by this council will be for the benefit of all the community and for the progress and successful future of Princeton. I have considerable experience in procuring construction bids, understand the building process and will make sure that this town does not spend unnecessary funds on questionable efforts.

I have a fresh vision for Princeton. It is needed and timely and I would consider it an honour to represent this community as your Mayor.



Thank you, Esther

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Councillor - Town of Princeton

PAID FOR BY THE COMMITTEE TO ELECT MARILYN HARKNESS



The Town Crew has been working very hard to complete portions of the Town Square before November 11th. Sidewalks went in last week and we really like the elimination of the 'slingshot' turnaround. *

Vermilion Court hosts annual bazaar

On Saturday October 18th the doors were finally opened for Vermilion Court's Adult Day Centre's annual bazaar. Residents, staff and volunteers had been busy crafting out an assortment of items to sell.

Many of you out in the community had also donated many items and all of them were greatly appreciated. As in the past, the baking table was most popular. We hope all of you who made purchases are enjoying your pies, tarts, loafs etc.

To all of you who stayed for refreshments, we thank you for your donations.

It was great to see old friends chatting over cups of tea and coffee. Extra thanks go to Jessica for helping serve and to Paul for doing all the extra dishes.

To all Staff, Volunteers, Residents and families, friends and people in the community we thank you. In the words of Aida, the ADC programmer, your love, support, hard work, dedication and generosity towards our program has proven

that good teamwork equals success. We could not have done it without your input and help. Congratulations to all.

Monies from this sale will go towards ADC outings. You may have already read in Dorothy's articles of the many different outings we have enjoyed over the past year. With the extreme success of this year's Bazaar we'll be able to look forward to many more outings.

There were five door prizes to be won this year. Ruth Kavanaugh

whose name was drawn by Marg Cormack won the Christmas Wreath. Tannis Noble won the Christmas Candle set drawn by Myrt Small.

Ruth Kavanaugh also won the Candle Set drawn by Noreen Pringle. Debbie Scarpelli drew Ruth Murphy's name to win the Christmas Centerpiece and Sandra Wilson also drew Ruth Murphy's name to win the Knitted Vest. Congratulations to all you winners.

- submitted by E. Blomme

Dorothy's Court report

The beautiful Fall leaves are gradually littering lawns and streets. Yet the lovely sunshine we have been enjoying recently has made the world so cheerful we are not worrying about the cooler days ahead.

Our Bazaar is over.

Thanks to all who attended and all who contributed. Without the help of all residents, staff, volunteers and the community we couldn't have managed. Those who won our draws are listed elsewhere in this paper (see above).

Now we can think of Halloween and Christmas.

You would think the Bazaar work and excitement would be enough

for us. But no, we had a lovely invitation to Tulameen where Marg Reichert and her friends and neighbours gave us a lovely lunch.

The hall had been beautifully decorated in the Halloween theme. The food was delicious and hospitality great. It was thoroughly enjoyed. Thank you so much.

Some of us had a tour of Tulameen noting many favourable changes while others shopped. Fall colours of trees, shrubs and grasses were admired.

Now we look forward to another bus trip before the end of this month. We're hoping good weather will continue.

- submitted by D. Stenvold

Air fuel yields profit

The third stage of airport development was approved by Town Council on October 20. This stage will see the laying of a concrete pad and construction of a framed shell of what will be an aviator's rest station. Thanks to grants, the Town will be able to afford the \$310,000 cost.

Aviation fuel was installed and in

operation in late June. Aviators bought \$67,000 worth of avgas since the service became available, and the Town made \$12,000 profit.

Mayor Randy McLean thanked Councillor Ray Jarvis and Dave Woodruff for the work they had put in to make airport development possible, and congratulated them on the success of their projects.

2008 Candidate Profiles

Part 1 - Continued On Page 28



Frank Armitage
Candidate for Councillor

Frank Armitage and his wife, Darnella, are both raised in Princeton, and have always seen Princeton as home, no matter where Frank's jobs in the mining industry have taken them.

Armitage is a member of the Merritt TSA Sustainable Forest Management Advisory Committee and Princeton District Chamber of Commerce. He has prior experience on municipal council and regional district in northern B.C. He was Alderman for the Town of Stewart and Director of the Kitimat Stikine Regional District, both for six years.

He sees challenges arising in Princeton's future that he experienced during his time in office in the north.

Armitage sees a need to broaden Council's approach and work closely with the local forest industry leaders to assist them as they deal with the major problems facing them. He sees a need to draw on local expertise to assist in economic development. Armitage sees a great need to work more closely with Princeton's seniors, particularly in regard to senior housing. He would like to see Town Hall styled meetings on a regular basis to address these issues.



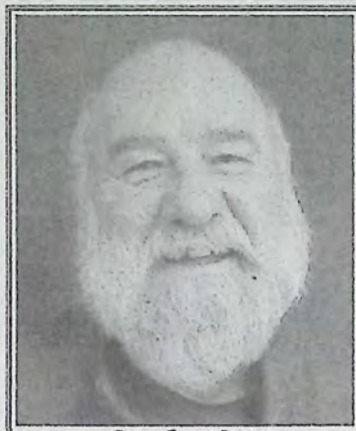
John Babiak
Candidate for Councillor

John Babiak was raised in Saskatchewan, and worked in Manitoba for Inco for six years. He studied Business Management for four years, then moved to northwest Ontario, where he opened his first restaurant. He was quite involved in economic development, the Northwest Ontario Chamber of Commerce and was President of the local Chamber of Commerce. While in Ontario, he obtained his pilot's license.

In 1981, Babiak moved to Winnipeg and developed 14 outlets of a pizza franchise.

In 1992, Babiak moved to BC to work as Regional General Manager Interior BC with Pepsi Cola Canada. In 1995, he started a restaurant in Langley, then bought the Dairy Queen in Princeton in 1999.

Babiak loves sports and has been competitive in several, and retains his love of a good hockey game. He describes himself as an "action oriented" person who works hard and puts people first. His goal is to build a vibrant community to effectively find solutions to the public's concerns, such as health care, transportation and highways, new jobs, and affordable housing.



Jon Bartlett
Candidate for Councillor

Jon Bartlett bought a house in Princeton in November 2004, and has become an active member of the community while settling into his new "home town" with Rika. He and Rika have had an active career in the music industry, specializing in folk music. Bartlett is currently Secretary of Princeton & District Arts Council. Although Bartlett has held no previous elected municipal positions, he is offering his skills to benefit Princeton. Those skills include vision: the ability to identify challenges to be faced in the near future; drive to bring about the changes we need, and the competence to do this job properly, accurately and in a timely fashion.

Bartlett says, "I think the critical areas needing attention in the next few years have to do with work, housing and the changing demographics of the town."

He foresees changes in Princeton in many areas if the mine opens, particularly in education and recreational facilities. He believes we need to ensure housing security for all Princeton residents. The big change in demographics will be through an aging population which will need assistance with many things, most vitally health care and transportation.



Esther Donovan
Candidate for Mayor

Esther Donovan and her husband moved to Princeton nine years ago, choosing the Similkameen Valley to retire because of its lifestyle opportunities, recreation, clean air and friendly people. Donovan has a strong background in business, having owned, with her husband, the largest log construction company in Canada, and later initiating, developing and managing a successful community day care with more than 50 children and 10 employees. Donovan says, "I know what reasonable, responsible spending is all about and have a good understanding of financial management from the private sector."

Donovan would actively pursue new business and industry and encourage new employers to locate in Princeton to provide employment for young families. She would promote our downtown "country" theme. Donovan says she would pursue having more resident doctors and supportive health workers, and would encourage and support development of affordable housing for seniors and needy people in our community, and would be available at town office several days a week.



Marilyn Harkness
Candidate for Councillor

Marilyn Harkness recently retired as health care administrator for Princeton General Hospital and Ridgewood Lodge, and the South Similkameen health care complex. She has been a Princeton resident for eight years. Her previous experience included three years experience on a rural municipal council in Valemount, and six years experience on the College Board in Prince George, two years as Chair.

Harkness was a registered nurse and also holds a B.A. in English and a Masters degree in Conflict Analysis and Management. Harkness is married to Ron, a local businessman.

Harkness says, "I am running on a Healthy Communities platform."

This means that public policy is based on the health and well-being of the community's citizens. She says any decision she might make on Town Council would involve considering how her decision affects the health of the individual citizen. Harkness' concerns would include environmental issues, social issues that involve housing and employment, encouragement of the cultural aspects of the community, and creating a positive business environment.



Brad Hope
Candidate for Area H Director

Brad Hope is 66 years old, has degrees in Sociology and Political Science, and has worked with and supported many volunteer and charitable organizations. He and his wife moved to Princeton 21 years ago, purchasing a ranch. Until recently, both worked from home on a number of businesses, primarily in product development, marketing and consult-

ing. He sees a need for good strong community based businesses and sustainable industries, and understands challenges faced by local businesses operating in rural areas.

Hope says Area H is a rapidly growing community near the top of the list in RDOS building permits each year. He sees a need for a development strategy involving all communities through Area H. "We need to know what we want our community to be, how we wish it to develop, and how we can most effectively achieve our goals." His commitment, if elected, would be to ensure that on all matters of relevance, information will be made available, discussion will take place and all areas of the constituency will be consulted. Hope says, "We are fortunate to have inherited one of the most beautiful places in the world. We owe it to ourselves and future generations to tend it wisely. The question is, do we drift aimlessly, or consciously pursue a chosen direction?"

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2008 Candidate Profiles

Part 1 - More Profiles Next Week



Gerri Logan
Candidate for Area H Director

Gerri Logan has lived most of her life in Princeton. Married, the mother of three, she has worked for both the federal and provincial governments, and is now the owner of her own small business. She has served as a Director on the boards of Princeton General Hospital, Princeton Chamber of Commerce, Minor Hockey, Minor Fastball and on the Public Affairs Committee of BC Cattlemen's Association. She has been active in the Provincial Emergency Program for 16 years and served for five years as a volunteer in the Red Cross Personal Disaster Victims Program. She has served three terms as Director of Regional District Area H, sitting on such committees as Princeton Recreation, Rails to Trails, Low Income Housing (including Princeton's Affordable Housing), Air Quality, Policing, Okanagan Regional Hospital District, Okanagan Film Commission and the Regional Governance Task Force. Logan describes her platform as "keeping it rural". She says, "Agriculture, forestry and mining play an important role in the economics of our area and with continued planning and management, these industries can, and must, survive."



Jim Manion
Candidate for Mayor

Jim Manion is a lifetime resident of the Similkameen Valley and is currently serving on Town Council. His platform is to have Princeton achieve its potential and maintain the lifestyle "we all appreciate". He wants housing for all people - low income, seniors and new people who will come here to fill jobs. He sees a need to provide a framework for developers who can create this housing. He says, "The current high level of outside investment in Princeton indicates the developers are very aware of the potential in our community."

To preserve our quality of life, Manion sees the need to maintain the quality of our water. To do this, he advocated improving our infrastructure. He sees the airport and the industrial park as " keystones in the creation of employment and expanding the town tax base."

Manion believes in a vibrant downtown where you can find all of the goods and services you need without being forced to take expensive trips to other communities. He would provide entrepreneurs with a clear set of guidelines and definitions of needed service in order to encourage them to improve existing buildings and redevelop obsolete structures. He would advocate for cultural and recreational opportunities.

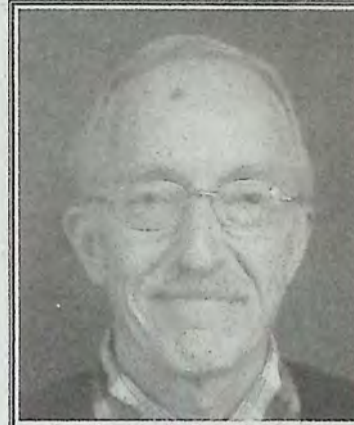


Randy McLean
Candidate for Mayor

Randy McLean is 57 years old, has been married 33 years and has three children. He grew up in Princeton and runs a business in town. He is a member of Rotary and the Legion, and has had an ongoing interest in, and has participated in, most local sports. McLean has served on Town Council for seven years as Councillor and for nine years as mayor. He served three years on the Fisheries Renewal Board, served on the Southern Interior Trust Board, and currently serves on the Southern Interior Beetle Action Coalition, from which he intends to deliver more funding to Princeton.

McLean says, "Looking back at the past three years, I am proud of many of the accomplishments of this council and have been impressed with each and every Councillor. From the beginning, they bought into two of the few things that I insisted on: that there would be no hidden agendas, we would put everything on the table."

McLean takes pride in what has been achieved during his recent term as mayor: airport renovation, Bridge of Dreams, Town Square. He wants to "keep Princeton moving forward."



Doug Rebagliati
Candidate for Councillor

Doug Rebagliati grew up in Lytton, B.C. and graduated from UBC with a degree in Geological Engineering. He came to Princeton 35 years ago to work at Newmont Mines. He later invested in a new venture, The Apple Tree Restaurant, and operated it until he retired in 1996.

Rebagliati sets his priorities for Town Council as preparing for a rough period by reviewing all spending, adjust priorities taking into consideration the growing number of seniors, promote keeping young people physically active, help start a farmer's market, and designate a Town staff member to assist with grant applications.

Rebagliati says, "To have a vibrant community we have to recognize that our world has changed and will continue to change. Manufacturing type jobs are in steady decline while clean service sector employment, which includes health care, is growing steadily."

In his view, Princeton is ideally situated to prosper from tourism due to the interesting history and clean rural environment. Location is another plus for Princeton, Rebagliati says, ideally situated between Vancouver and the Okanagan. He would work to attract more jobs in information technology.



Maria Sadegur
Candidate for Mayor

Born in Holland, Maria Sadegur came to Canada in 1952. She moved to Princeton in 1965, and has been actively involved in the community. Sadegur is a Life Member of the Legion, and has earned top honours for her work. She has been Princeton unit President of the Heart and Stroke Foundation of BC & Yukon since 1983 and received the Heart of Gold Award in 1996 and the Leadership Award of Excellence in 2002.

In 1993, Sadegur was one of three Princeton citizens to receive the Governor General's Canada 125 Commemorative Medal for significant contributions to Canada and to her community. She has received a Princeton Woman of the Year Award (1994) and Town Council's Certificate of Appreciation (1998) for her efforts in the community.

Sadegur spearheaded a fundraiser in 1987 that raised \$100,000 for a child needing specialized surgery.

In 2005, Sadegur was elected to Town Council for a first term and has served on various committees, including the Regional Library Board and the Board of Princeton District Museum Society.

Maria Sadegur's goal, if elected mayor, would be to see Princeton move forward while retaining its small town charm.



REALTY EXECUTIVES PRINCETON - Gateway to the Okanagan

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